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## **Tell us what** you think

Take the Bugle survey. Page 6



## **Twin City Auto Show**

It was the place to go in the 1920s.

Pages 10 & 11







Lauderdale / Como Park

www.parkbugle.org February 2018

## Care for caregivers

Local groups offer support to caregivers and those coping with the death of a loved one.

## By Kristal Leebrick

One man's wife was diagnosed with Alzheimer's six years ago and is now living at a nearby nursing home. He couldn't be with her on Christmas Day in December because he was suffering from a bad cold, he says. "She didn't remember, but it was a big deal for me."

A woman's husband suffered a stroke nine years ago and was diagnosed with cancer four years after that. "I'm just trying to cope," she says

Another man describes a friend whose health is in serious decline and a family member dealing with cancer. He asks how he can be a good caretaker when he's "overwhelmed emotionally."

One by one, the circle of men and women who showed up to the monthly Caregiver Support Group at St. Anthony Park United Church of Christ (SAP UCC) on a bitterly cold morning in January, describe why they are there: Each is taking care of a loved one suffering from a debilitating illness. Each of these caregivers could use some care themselves.

"Part of support is simply to be here together," explains Ted Bowman, an educator, author and trainer, who has helped facilitate the group since it began 10 years ago. We share information of what has worked for us, resources we have found. We aren't here to fix or advise or rescue. We are here to aid participants in gaining support and confidence for decisions they face." The group meets in tandem with the Bereavement Support Group the first Thursday of each month at 10 a.m. at the church, located at 2129 Commonwealth Ave. in St. Anthony Park. The caregivers' group began after Pastor Victoria Wilgocki came to the church in 2008. She saw a need for the group and asked Bowman to co-lead a group for members of the church. Word spread quickly to neighbors, and as members of the caregiver group experienced the loss of their loved ones, a new group was formed to support the bereaved. Wilgocki and SAP UCC member Marilyn Benson lead that group, while Bowman, Pam



## Farewell to the ash trees

The Nordic ski trails in Como Regional Park are likely to be closed through mid-February as St. Paul Parks and Recreation removes nearly 165 trees on the golf course, including 150 ash trees. St. Paul Forestry will cut down nearly 60 more boulevard ash trees this winter in the Como Park neighborhood. The trees, all of which are infested with emerald ash borer, will include those on Alameda Street from Wheelock Parkway south to Maryland Avenue and from Hoyt Avenue south to Arlington Avenue, Arlington from Victoria Street east to St. Albans Street, Maywood Street from Cottage Avenue south to Wheelock, and Nebraska Avenue near Alameda Street. The city is projected to remove 1,600 boulevard ash trees and 600 parkland ash in 2018. Photo by Roger Bergerson

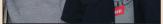
## **Como boy vies for 'Top Chef Jr.' title**

Milo Fleming calls himself the "Picasso of Food" because he loves being creative in the kitchen. The 13-year-old has been cooking for nearly eight years, he says, which would put him at age 5 when he started tinkering in the kitchen.

That love of cooking landed him on the Universal Kids network reality show "Top Chef Jr.," where his friends and family have been watching him compete for the Top Chef title and a \$50,000 prize since October. On Friday, Feb. 2, the final episode of the show's inaugural season will air at 7 p.m., and the Top Chef of the 12 contestants, ages 11-14, will be named. Fleming, the son of Stephanie Colgan and Eric Fleming of Como Park, auditioned for the show last summer in Chicago. "Then I got a callback to go to L.A.," and he was off to California to tape all 14 episodes. Over the course of the shows, he created more than two dozen dishes. One of the more interesting meals was "Sweet and Sticky Roasted Quail with Miso Sea Beans, Blue Crab Salad and Ossetra Caviar," he said. Would he do it again? "Yes, 100 percent," he said. "It was so fun." Fleming is an eighthgrader at Upper Mississippi Academy and a St. Anthony Park Elementary School alum.—Kristal Leebrick

## Sow your poetry seeds here

April is National Poetry Month and that means it's time for all you writers out there to think about entering the Park Bugle's eighth annual poetry contest. The first-place winner will receive \$50 and be published in the April issue of the Bugle. We will also publish the second- and third-place winning entries. All entries will be published





## **Business news** And lots of it.

Pages 18 & 20

Caregivers to 3

online.

Here's what you need to know:

• We want to read poems that address "cultivation."

• Poems can take any form you choose.

• The words "cultivate" or "cultivation" do not have to appear in your poem. Use them as inspiration to go in any direction they take you.

• The contest is limited to one entry per person. Entries must be received by Tuesday, March 6.

The contest is open to all Bugle readers. Current Bugle employees, Park Press board members and their families are not eligible to enter. Send poems to Editor, P.O. Box 8126, St. Paul, MN 55108, or to editor@parkbugle.org. The poems will be judged anonymously by a local poet. Get out those pens (or pencils or laptops). On your mark, get set, compose!

### Y E S F Ί

## **Como Park**

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Here's how to connect: 651-644-3889, district10comopark.org or District 10 Community Council on Facebook.

### Council to review traffic, parking issues arising during State Fair

The Como Community Council is launching a wide-ranging review of possible changes to parking, traffic and city enforcement activities during the Minnesota State Fair.

The District 10 board approved six areas of action at its Jan. 16 meeting. The district council's Land Use Committee developed the proposals, which are intended to study and limit the impact that State Fair traffic and activities have on the neighborhood.

Exploring the changes would include public meetings and surveys. The review also will require talking and partnering with neighborhood residents, city staff members and elected officials, State Fair management, and a variety of businesses, schools and other institutions. The proposals would:

 Work with institutions and businesses in and near the neighborhood to make their unused parking lots available as shuttle lots or off-street parking, especially on weekends during the fair. A survey taken during the 2017 fair indicates there could be more than 3,000 unused parking spaces available.

• Explore expanding the number of neighborhood streets in which parking is restricted to one side during the fair. Streets to be considered are those west of Victoria Street between Larpenteur and Nebraska avenues and those between Lexington Parkway and E. Como Boulevard, south of the lake and north of the railroad tracks. Currently, parking is restricted to one side of streets during the fair in other parts of the neighborhood, primarily from Hoyt Avenue south and from Chelsea Street west.

• Explore expanding the existing Parking Overlay District to add all blocks between Hamline, Lexington, Arlington and Larpenteur. This

www.district10comopark.org.

### Sunday series starts in February

District 10 has scheduled its first three Sunday Series presentations for 2018 and they are listed below.

State Fair History, Part 2: Minnesota State Fair director Jerry Hammer picks up where he left off last year. He'll share forgotten photos, facts and stories about the fair from 1920 to today. The free presentation will be held Sunday, Feb. 25, from 1 to 2:30 p.m. in the Newman-Benson Chapel at Lyngblomsten, 1415 Almond Ave.

The Next Step: Pedestrian Safety in St. Paul: Last year, drivers crashed into 192 pedestrians and 99 bicyclists in St. Paul. That's 24 people a month. What will it take to stop that? Fay Simer, the city's new pedestrian safety advocate, and Sgt. Jeremy Ellison, who leads enforcement efforts in the citywide Stop for Me campaign, will lead the discussion. The free presentation will be held Sunday, March 18, from 1 to 2:30 p.m.

Crime Prevention Through Landscape Design: Patty Lammers, the crime-prevention coordinator for the St. Paul Police Department's Western District, gives hands-on advice about how and where you plant-or don't-can make your home an inviting target for burglars (or not). The free presentation will be held Sunday, April 15, from 1 to 2:30 p.m.

### Neighborhood heroes

Congratulations to the District 10 honorees named to the 2017 St. Paul Neighborhood Honor Roll. Honor roll members were honored at an awards dinner on Jan. 26 at the University of St. Thomas. Here are the honorees from District 10:

Mike Ireland is District 10 board member and chair of the District 10 Environment Committee. He has brought new and interesting projects to the committee, and he champions projects brought by others. Some of the projects include the Como Seed Library and an

expanded Sunday Series, a series of lectures and

neighborhoods around it. The named Gabriel, a fence-mounted network helped with the voluntary hanging herb garden growing in removal of leaves from the streets to recycled plastic 7-Up bottles, a prevent degrading of the lake's water replica of Como Zoo's resident quality. He was also an active Galapagos tortoises, Marco and member of Storm Drain Mural Project at Lake Como, which was completed last fall.

Frank P. Liu has lived in St. Paul for residents and four years and has jumped into the community with both feet. He serves the St. Paul community as a volunteer chaplain for the St. Paul Police Department. He organized his congregation to serve lunch to

officers after they delivered free toys and books to the local children's hospitals at the Cops and Kids holiday event and to members of

police department's bicycle patrol class in the spring.

As a neighbor, he has volunteered his time serving at the citywide picnic in the summer, actively participated in Como Curb Cleanups each fall, continually shoveled his neighbor's sidewalks during winter months and planted hundreds of flowers at the Churchill Triangle Garden in the spring.

Quentin Nguyen began transforming his front yard shortly after he moved into his home at one of Como's busiest corners. He has entertained neighbors with topiaries of magical shapes, a large whimsical giraffe

Erwin, and a lawn planted with bright green mounds of Scotch moss. Since

2015, Como

commuters have admired his work, often lingering as the traffic light at Lexington

Parkway and Hoyt Avenue cycled from red to green and back to red again.

From his high-traffic corner, Nguyen quickly responded to Hurricane Maria by launching a GoFundMe website to raise money for victims, offering clumps of his Scotch moss to donators. "I love to make other people happy, and this is something I can do: remind people to do something nice to each other, especially in this situation." He raised \$3,800 for relief efforts in Puerto Rico.

Quentin Nguyen

### Upcoming District 10 meetings

All District 10 committee and council meetings begin at 7 p.m. at the Historic Streetcar Station, which is at the northeast corner of Lexington Parkway and Horton Avenue. Community members are always welcome to attend and participate. Whenever possible, agendas are posted in advance in the "Board News" section of District 10's

website. The Feb. 20 meeting will be streamed live on the Como Community Council Facebook page. Here are the upcoming meetings:

•Environment Committee: Wednesday Jan. 31

• Neighborhood Relations and Safety Committee: Tuesday Feb. 6

•Land Use Committee: Wednesday Feb. 7

 Como Community Council Monthly Meeting: Tuesday Feb. 20

## Falcon Heights

The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpenteur Ave. Contact information: 651-792-7600 or visit the website at falconheights.org.

### Community visioning meeting set

The city of Falcon Heights invites the community to a "community visioning" meeting Monday, Feb. 26, 6-8 p.m., at Falcon Heights City Hall, 2077 W. Larpenteur Ave.

This event will kick off the update to the Falcon Heights Comprehensive Plan, a document that helps shape the city through the year 2040. The city is seeking input from residents to help guide the city's direction for the next two decades.

The meeting will be fun and informal. All attendees will have the opportunity to participate as much as they would like in a variety of interactive exercises designed to gather ideas about the future direction for the city. Falcon Heights residents, business owners and



## Annual progressive dinner set for March 3 in St. Anthony Park

Every year since 1986, St. Anthony Park neighbors have enjoyed a progressive dinner that sends them from south St. Anthony Park to University Grove.

participants will celebrate the main course at 7:30 p.m. At 8:45 opportunity to see old friends, meet new neighbors and enjoy food in host homes across the neighborhood.

coming to their home. Those who sign up for appetizers "host" at the church and help with setup and cleanup.

Participants leave the church to The 2018 event will be held on arrive for their salad course by 6:30 Saturday, March 3, when p.m. and move on from there to the

team will send you a link to the online registration form. If you prefer another method of registration (over the phone or a paper form), please indicate that in the email message, or call or text Jane Leonard at 651-303-5263 and a Progressive Dinner coordinating team member will get back to you. The registration deadline is Friday, Feb. 23. No walk-in registrations will be accepted on the evening of the event.



would allow homeowners to use their lawns for parking during the 12 days of the fair. The current Overlay District extends roughly from Hoyt on the north, Chelsea on the east, Wynne Avenue on the south and Winston Street on the west.

• Explore a range of trafficcalming tactics on residential streets during the fair, including temporary speed reductions, speed bumps, barrels, stop signs and other measures.

• Work with the city of St. Paul to implement universal and reliable enforcement of violations during the fair, including vending, peddling and parking.

 Clarify what types of signs and advertising residents, businesses and institutions can use to promote offstreet parking during the fair.

You can find more details at

events designed to bring а variety of topics the neighborhood (see above). He has worked to improve the

Mike Ireland

organic

to

compost drop-off site located in the district by championing it to the district board and the neighborhood, as well as volunteering his time to maintain the site.

He helped the Environment Committee develop web-based mapping applications for a number of projects, including mapping of the distinctive trees and the paths within and around Como Park.

Ireland is also on the board of the Como Active Citizen Network, a group of residents working to improve Lake Como and the

Participation is easy. You have to make just one course: appetizer, salad, main dish or dessert. You need to host just 6 to 10 people, including yourself.

team of neighbors А coordinates the master plan. They sort participants into groups that change for each course, so you can meet up to 40 people throughout the evening. Accessibility needs and food preferences (vegetarian, food allergies, etc.) are accommodated.

The evening begins at Centennial United Methodist Church–St. Anthony Park for appetizers and punch at 5:30 p.m. Participants will receive their list of destinations for the night and hosts

p.m., groups move again and meet for dessert in various host homes to end the evening.

To participate, send an email to progressivedinnersap@gmail.com and the Progressive Dinner volunteer

## Artist applications open for SAP arts fest

now accepting artist applications for the 49th annual event, to be held Saturday, June 2, at the corner of Como and Carter avenues in St. Anthony Park.

The one-day, outdoor, juried arts festival includes more than 70 artists offering fine arts and crafts as will receive the names of the guests part of a celebration of arts and the Artists can apply at www.sapfest.org.

The St. Anthony Park Arts Festival is community. The event is free to the public and includes music, food, fun activities, a plant sale and a usedbook sale. All proceeds support programming at the St. Anthony Park Branch Library, including the summer reading program for children.

Applications will close March 2.



## **Caregivers from 1**

Dragseth and Mary Hayes cofacilitate the caregiver group.

The two groups are now cosponsored other by area churches—St. Anthony Park Lutheran, Centennial United Methodist-St. Anthony Park Branch, St. Matthew's Episcopal in St. Anthony Park, Peace Lutheran in Lauderdale, the Church of St. Cecelia in St. Anthony Park, and Catholic Church of Corpus Christi in Roseville—and St. Anthony Park Area Seniors (SAPAS), a nonprofit senior service program.

Steadily, the word has spread and Bowman often sees people from Lauderdale, Roseville, the Como and Hamline areas, and even Minneapolis attend.

A man from Roseville came for the first time in January, after he heard Bowman's talk "The Ongoing Losses of Living with Dementia" in December at Roseville Library. The 87-year-old's wife was diagnosed with Alzheimer's four years ago. He's looking to move them out of their family home and was curious about others' experiences moving into an assisted-living situation.

"The support comes from the collective of being in a safe, nurturing space with other caregivers," Bowman says. "It also comes from personal support for challenges or joys that members share. Members help each other by sharing things



Caregiver Support Group co-facilitators Ted Bowman, Mary Hayes and Pam Myhre Dragseth. *Photo by Kristal Leebrick* 

they are doing, perspectives they have and decisions they have made." Resources are shared and sometimes guest speakers come to talk about specific matters such as dementia, Parkinson's or how to ask for help.

As the January group comes to a close, Bowman asks the caregivers what they are doing to take care of themselves.

"I go for a walk," says a woman, who has kept quiet through most of the meeting. "It's the best thing I can do."

Daily journal writing, daily scripture reading, meditation, swimming, Samuel Barber's *Adagio for Strings*. One man tries to see the sunrise several times a week and often drives to a park in Roseville to do that.

Despite the fatigue and isolation that being a caregiver can bring, members do find some levity and positive moments to share: like a canceled trip to the East Coast that week due to a spouse's health decline. Ends up, the caregiver had dodged the mammoth winter storm that hit the eastern seaboard that very day.

The Caregiver and Bereavement Support Groups meet the first Thursday of the month from 10 to 11:30 a.m. at St. Anthony Park United Church of Christ. To learn more, call 651-646-7173 or go to www.sapucc.org.

## Feeling stretched?

The following is a list of recommendations for caregivers or others who are feeling stretched, compiled by Ted Bowman from a variety of sources.

Practice self-care (respite, sleep, good food, body care, exercise).

Routinely engage in nurturing activities (music, nature, things of beauty).

Take time to escape (books, hobbies, friends who don't talk about caregiving).

Seek recognition (spend time with friends and professionals who give you feedback).

Talk about it; be heard.

Ask for help.

Multiply choices (be creative; seek creative options).

Make informed decisions with the best information that you have at that time, and then don't second guess yourself.

Engage in spiritual practices.

Say no to some things so that you can say yes to others.

Maintain the value-based reasons for what you do.

Challenge your negative beliefs and assumptions.

Participate in community activities.

Plan ahead, including advanced directives of all kinds.

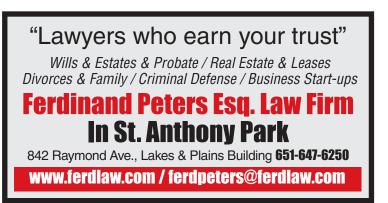
## Caregiver support is a big part of Como Park block nurse program

### By Jason DeMoe

For 30 years, the Como Park Falcon Heights Living-at-Home Block Nurse Program has helped countless seniors stay in their own homes while giving their caregivers a helping hand.

"Block nurse programs speak to the idea that communities can organize to help older adults stay in their homes," Living at Home Network executive director Mary Quirk said. "These programs stimulate caring for older adults. In all of the 32 neighborhoods that we work with, including Como Park and Falcon Heights, there are people who have banded together to say we want to do more."





Lisa Kane is the executive director of the Como Park Falcon Heights program.

"We offer many services at no cost such as transportation to medical appointments, respite care, companion care, help with chores and nursing outreach visits," she said. "Also, we offer some services at an affordable cost, including nondiabetic foot care, housekeeping and home health-care arrangement."

Although seniors are the ones who benefit most from the block nurse program, caregivers are also able to take advantage of the extra assistance.

"Caregiver support is actually a big part of what we do," Kane said. "Whether it is a spouse or an adult child or even a caring neighbor who

Lisa Kane, executive director of the Como/Falcon Heights Block Nurse Program, plays cribbage with a program participant. *Photo by Kristal Leebrick* 

is taking care of a senior, we offer a variety of services to give people a break." are willing to provide rides to food shelves twice a month, others provide companionship over coffee once a

For services to be provided, however, a team of volunteers is needed. Maria Duwenhoegger, a registered nurse with the block nurse program, said that with the babyboomer generation coming into their 70s there is a big awareness of an incoming increase for need. Volunteers of all ages who are willing to commit to a wide variety of amounts of time are all needed, Kane said.

"There is no minimum number of volunteer hours that we require," she said. "There are plenty of opportunities available. Some people are willing to provide rides to food shelves twice a month, others provide companionship over coffee once a month, and some provide help on a weekly basis. No matter how much time someone has, if they want to volunteer, we can find something for them."

Kane also said that her volunteer coordinator does an excellent job of matching potential volunteers with seniors who share matching interests. "We recently had a Germanspeaking senior and we found a volunteer who also spoke the language," she said. "Things like that are what make our program so special to these people that we serve."

### Block Nurse to 14

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## Next deadline: Feb. 14 Publication date: Feb. 27

The Park Bugle is a monthly nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation. Opinions expressed in the Bugle by the editor, writers and contributors do not necessarily represent the opinions of the board of directors, Park Press, Inc. Copyright 2018, Park Press, Inc. All rights reserved. The Park Bugle is published by Park Press, Inc., a 501(c)3 nonprofit organization guided by an elected board of directors. Currently serving on the board are Josh Becerra, Ted Blank, Betsy Currie, Elizabeth Danielson, Michael Griffin, Gabrielle Lawrence, Beth Maddock Magistad, Joey McGarvey, Beth Mercer-Taylor, Bob Milligan, Merry Rendahl, Steve Plagens, Matt Vierling and Kathy Wellington.

## EDITORIAL

## Tell us how you feel

What is the role of a community-supported, neighborhood paper in this era of Internet newsfeeds, social media and "fake news"? And how can the Park Bugle best serve the community and the businesses that support it?

We want to hear from our readers. This month, the Bugle's board of directors has launched a survey to give you a chance to tell us what you think about this nonprofit community resource. The survey is short and you can take it online by going to http://parkbugle.org/survey, or you can turn to page 6 and take the survey on paper, cut it out and mail it to us at Editor, Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

It's an anonymous survey, but if you'd like to put your name into a drawing for a \$50 gift card from Speedy Market please fill out the appropriate form either online or on the paper survey.

We hope the survey will provide us with a deeper understanding of community preferences and help the board determine priorities and develop short-term goals.

The Bugle exists because it is supported entirely by the community readers and businesses. We are proud of your confidence in us and grateful for the support.

Now it's your turn: Tell us how you feel.

## Deadlines, publishing dates and where to find a Bugle

Want to submit something to the Bugle?

Here are the deadlines and publication dates for the next three months:

*March issue:* The deadline is Wednesday, Feb. 14, and it will be published Tuesday, Feb. 27

*April issue:* The deadline is Wednesday, March 7, and it will hit the streets Tuesday, March 20.

*May issue:* The deadline is Wednesday, April 11, and it will be published Tuesday, April 24.

## Got a story idea?

Give us a holler: editor@parkbugle.org or 651-646-5369. We take traditional mail, too: Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

## Missing your Bugle?

If your house was missed during our delivery week, we apologize. Here are some spots where you can pick up a Bugle:

- District 10 Como Community Council office,
- 1224 N. Lexington Parkway
- Dogwood Coffee Bar, 825 Carleton St.

## A poetic touchdown

The Vikings' nail-biting Jan. 14 win against the New Orleans Saints at the U.S. Bank Stadium was the muse for this poem, written by Don Stryker, of St. Anthony Park. The poem is based on the 1888 baseball poem "Casey at the Bat" by Ernest Lawrence Thayer.

## Case-K at the Bank

## By Don Stryker

The outlook wasn't brilliant for the 'Sota club that day The Saints were up by one with less than 20 ticks to play Then when J-Wright slipped and fell and Rankins got in Case's face A pall-like silence fell upon the patrons of the place.

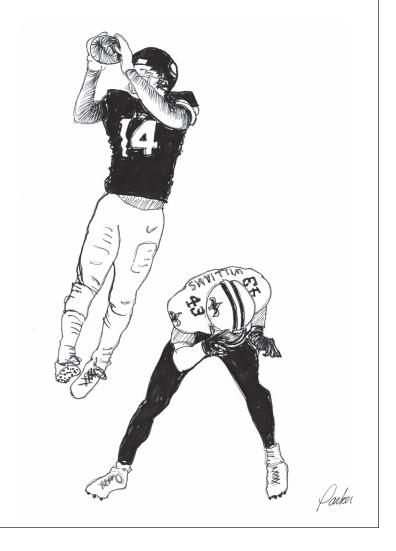
A straggling few got up to go in deep despair. The rest Clung to the hope that springs eternal in the human breast; They thought, "If only Paddy Shurmer could come up with a call We'd put up even money now, when Case-K throws the ball."

Then from sixty thousand throats and more there rose a lusty yawl; It rumbled 'cross the frozen lakes, it rattled to St. Paul; It pounded on the prairie, people started dancing jigs, For Case-K, mighty Case-K, had thrown the ball to Diggs.

There was ease in Case's manner as he stepped into his throw; There was pride in Case's bearing as he absorbed a blow. And when, responding to the cheers, Diggs nimbly left his feet, No Norseman in the crowd could doubt the Saints just might get beat.

The smile is gone from Diggs' lip, he seeks a playoff win, But safety Williams nears, and he is set to do him in; And now Diggs surely sees the ball, it's seventh-heaven lit, And now the air is shattered by the force of Williams' hit.

Somewhere Drew Pearson's ghost is pushing off on Nathan Wright, And somewhere Anderson and Walsh miss every kick wide right, And somewhere Saints and Giants think of cruel past pain and cackle, But there is no curse in Mill-Town, Marcus Williams missed the tackle.



- Finnish Bistro, 2264 Como Ave.
  - Hampden Park Co-op, 928 Raymond Ave.
  - Falcon Heights City Hall, 2077 Larpenteur Ave.
  - Lauderdale City Hall, 1891 Walnut St.
- Little Wine Shoppe, 2236 Carter Ave.
- Roseville Library, 2180 Hamline Ave.
- Schneider Drug, 3400 University Ave., Minneapolis
- Speedy Market, 2310 Como Ave.
- St. Anthony Park Library, 2245 Como Ave.
- Urban Growler, 2325 Endicott St.
- Workhorse Coffee Bar, 2399 University Ave.

Or go to www.parkbugle.org/delivery for a more complete list of places that carry the Bugle. You can also read the Bugle online at www.parkbugle.org.

# We're so close

We are less than \$2,000 away from meeting our \$42,000 goal in the Bugle's 2017-18 fund drive. Thanks to the following Park Bugle readers who have helped the Bugle raise \$40,021. This list reflects those who gave through Jan. 19. We will publish more donors in the next issue.

The Bugle relies on tax-deductible donations to help defray the newspaper's annual operating costs. You can donate online at www.parkbugle.org. Click the green DONATE NOW button on the right side of the page. Or send a check to: Park Bugle, P.O. Box 8126, St. Paul, MN 55108

Thank you.

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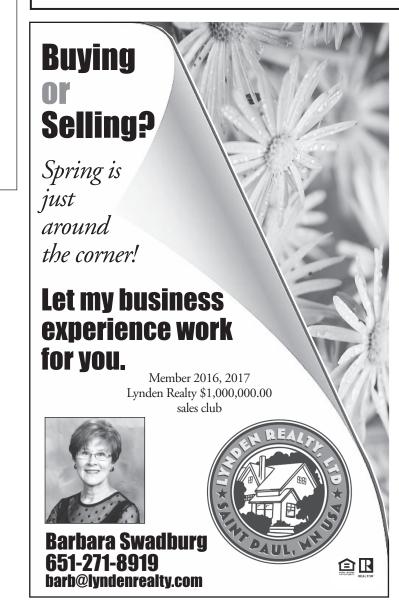
## Schubert Club • Music in the Park Series

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## **Take the Bugle survey**

We'd like your feedback to help the Park Bugle become an even better resource for our community. This 14-question anonymous survey is short and shouldn't take long to complete. We will share the survey results in a future issue of the Bugle.

You can take the survey online at parkbugle.org/survey, or fill out the survey

## 1. During the year how often do you look at or read the 12 publications of the Bugle?

[] I look at or read between 7 and 12 publications of the Bugle.

[] I look at or read about 6 of the 12 publications of the Bugle.

[] I look at or read about 3 of the 12 publications of the Bugle.

[] I don't look at or read the Bugle.

2. How well does the Bugle fulfill its mission: "The Park Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Park Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Park Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation."

Scale: From 1 to	10,	with	1 1	meaning	Str	ongly	Disa	gree	and	10 meaning
Strongly Agree.	1	2	3	4	5	6	7	8	9	10

## 3. Tell us what you read.

	l always read this	l read this on occasion	I rarely read this	I never read this	l'm not sure
Front Page	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
City Files	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Editorial / Letters to the Editor	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
History: One Darn Thin After Another	g 🔿	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Events (calendar)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Neighbors	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Lives Lived (obituaries)	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Classifieds	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
School News	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
Business News	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$
The Birdman of Lauderdale	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$	$\bigcirc$

4. Tell us how you read the Bugle.

[] I read the printed edition.

[] I read the Park Bugle on the website, www.parkbugle.org.

[] I read the Park Bugle both in print and online.

5. Please use the space below to provide suggestions or feedback to the editor

here, cut it out, and mail it to Editor, Park Bugle, P.O. Box 8126, St. Paul, MN 55108. ATTN: Survey.

For survey takers who would like to participate in a drawing for a \$50 gift card to Tim and Tom's Speedy Market, please include your name, phone number and email address at the end of the survey.

7. In the last month, have you purchased any of the following products or services from a local independent business in the Bugle's distribution area (Como Park, Falcon Heights, Lauderdale, St. Anthony Park)?

	Yes	No	l don't know
Retail & Grocery	$\bigcirc$	$\bigcirc$	$\bigcirc$
Restaurants & Cafes	$\bigcirc$	$\bigcirc$	$\bigcirc$
Home Improvement (Painters, Plumbers, Remodelers, etc.)	$\bigcirc$	$\bigcirc$	$\bigcirc$
Medical/Health Services (Dentists, Chiropractors, Veterinarians, etc.)	$\bigcirc$	$\bigcirc$	$\bigcirc$
Education & Fitness (Nursery Schools, Tutors, Yoga, etc.)	$\bigcirc$	$\bigcirc$	$\bigcirc$
Other Services (Lawn Care, Snow Removal, etc.)	$\bigcirc$	$\bigcirc$	$\bigcirc$
Personal Care Services (Hair Salons, Beauticians, etc.)	$\bigcirc$	$\bigcirc$	$\bigcirc$
Banks, Lawyers, Real Estate, Insurance	$\bigcirc$	$\bigcirc$	$\bigcirc$

8. Do you plan to move in the next two years?

[]	Yes	[]	No

9. Have you done more than \$3,000 in remodeling, renovations or home improvement on your home in the past year?

[]Yes []No

### 10. How old are you?

[] 5-9 years	[] 10-14 years	[] 15-17 years	[] 18-24 years
[] 25-34 years	[] 35-44 years	[] 45-54 years	[] 55-64 years
[]65-74 years	[] 75-84 years	[] 85 years and	older

11. How long have you lived in the Bugle's distribution area (Como Park, Falcon Heights, Lauderdale, St. Anthony Park)?

[] 0-5 years	[] 6-10 years	[] 11-20 years	[] 21-30 years
[] Over 30 yea	ars [] l live ou	tside the actual d	istribution area

12. What is your home ZIP code?

## 13. What is your living arrangement?

[] I own a single-family detached home.

[] I rent a single-family detached home.

[] I live in and own a duplex/triplex [] I rent in a duplex/triplex

[] I own a multi-family home (usually a condominium)

[] I rent a multi-family home (usually a townhome)

[] Rented unit in an apartment building

on the editorial aspects of the Bugle (news, feature stories, columns and opinion pieces).	<ul> <li>Other</li> <li>Unknown</li> <li><b>14. Please use the space below to provide any additional feedback for the Park</b></li> </ul>
	Press Board of Directors.
	To enter the drawing for a \$50 gift card from Tim and Tom's Speedy Market, fill out the information below. [Please note: Your email address will not be linked in any way to the responses you provided on the survey.]
6. How often do advertisements that you see in the Bugle help you decide where to shop for goods or services?	Name:
	Phone number:
	Email address:

## MLK Day speaker: 'We should never get comfortable with injustice.'

### By Mary Mergenthal

Luther Northwestern Seminary in St. Anthony Park celebrated Martin Luther King Day, Jan. 15, by hearing from King scholar, the Rev. Ken Wheeler from St. Louis, Mo. A large crowd heard his keynote address that morning, worshipped together with Wheeler preaching and shared a community meal provided by the seminary.

Wheeler asked: "Is Martin Luther King safely dead?" as he spoke of current threats not only to those in America with black skin, but to all who value freedom and justice. We make King into a mythical figure, taking the edge off his humanity, he said.

Wheeler, who grew up in Vicksburg, Miss., told about the Southern apartheid he and King experienced growing up.

"That system was based on the un-making of those with black skin," he said. "But dreamers and dreams are meant to agitate.

"I grew up seeing three pictures



The Rev. Ken Wheeler spoke at Luther Seminary on Martin Luther King Day. Photo by Brandon Woller

hanging on the wall of our home: Jesus, John F. Kennedy and Martin Luther King," he said.

J. Edgar Hoover, the first director of the FBI, considered King the "most dangerous man in America," Wheeler said, "but Hoover said nothing about the Ku Klux Klan."

Speaking of today's social

conditions, Wheeler stressed this: "Injustice is never OK. We should not get comfortable with injustice.

We have leaders who would drive a wedge between black and white," Wheeler added. "But this is no time for silence, no time for equivocation. People of courage must be ready to act, to cry out against racism.

## **Community Conversations will look** at micro-aggressions in February

Aggressions, the second in a four-part based in race and ethnicity. series of Community Conversations for Racial and Ethnic Reconciliation Have you experienced these kinds of and Understanding, will be held Saturday, Feb. 24, from 2 to 5 p.m. at Hamline United Methodist Church, 1514 Englewood Ave, St. Paul.

Micro-aggressions are everyday slights, snubs or subtle insults that them? You are invited to this demean or send denigrating messages to groups that are marginalized in society. One of the most pervasive is required. Get yours at Hamline United Methodist Church.

The Impact and Damage of Micro- types of micro-aggression is the kind tinyurl.com/racialforum2.

Does this sound familiar to you? micro-aggressions, against yourself or others? You may even be making these kinds of micro-aggressions toward others, without knowing it. Do you want to learn more about them, including how best to avoid discussion.

Community Conversations for Racial and Ethnic Reconciliation and Understanding are funded through a grant from the Episcopal Church in Minnesota. Holy Trinity Episcopal Church, 1636 Van Buren Ave., is sponsoring the conversations, along with St. Matthew's Episcopal Church in St. Anthony Park, Hamline-Midway business Mosaic on a Stick, Hamline University, Concordia Space is limited and a free ticket University, Luther Seminary and









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onservative news outlet the Daily Wire, will visit the University of Minnesota's St. Paul Campus to be available closer to the event," he Monday, Feb. 26, as part of his 2018-19 campus tour. The event, which will be held in the North Star Ballroom in the Student Center, 2060 Buford Ave., is being sponsored by Students for a Conservative Voice, a student group that is independent of the university, Steve Henneberry, said communications director for the Office of Student Affairs. Shapiro's presentations at other schools have attracted protestors, including one at the University of California, Berkeley last September, where hundreds of protestors gathered and nine arrests were made.

Ben Shapiro, editor-in-chief of University of Minnesota Police giving a talk sponsored by Collegians Department "per protocol.

Conservative commentator Ben

Henneberry said the student group organizing Shapiro's visit to the St. Paul campus is working with the Student Activities Office and the

"We expect more information said

Shapiro to speak at St. Paul campus

Nearly 200 demonstrators gathered outside Anderson Hall on the east bank of the U of M campus in October, where right-wing commentator Lauren Southern was

for a Constructive Tomorrow Students for a Conservative Voice. Nearly 80 people attended the talk

Several scuffles broke out outside the hall and police sprayed a chemical irritant into the crowd. One person was arrested for disorderly conduct.—*Kristal Leebrick* 

## 'Race, Policing and More' with Duchess Harris

Professor Duchess Harris of Macalester College will present a new series, "Race, Policing and More," on Tuesdays in February at Roseville Library, 2180 N. Hamline Ave.

On Feb. 6, she will talk about her recently published book "Race and Policing" and other related

topics. On Feb. 13, she'll present "Sexism and Politics," and on Feb. 20, she'll present "Freedom of the Press." Each presentation begins at 1 p.m

The series is free, and no registration is required.

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## City Flles from 2

community members are all encouraged to attend this hands-on event.

The meeting will have an open house format, meaning you may arrive at any time and stay for as long as you are able. For more information, contact Paul Moretto, development community coordinator, 651-792-7613.

Lions Club is offering scholarships The Falcon Heights/Lauderdale Lions Club is sponsoring two \$1,000 college scholarships for 2018 Roseville Area High School graduates. Applicants must be residents of either Lauderdale or Falcon Heights. The scholarship application can be found in Naviance and in the high school career center. Applications are due Tuesday, Feb. 27.

## Lauderdale

The Lauderdale City Council meets at the Lauderdale City Hall, 1891 Walnut St. Contact information: 651-792-7650 or visit the website at lauderdalemn.org.

### Help plan Lauderdale's future

If you haven't already, check out the information on Lauderdale's 2040 Comprehensive Plan at www.lauderdaleplan2040.com, and complete the survey on that site. Then come to the Comprehensive Plan open house Wednesday, March 14, at City Hall, from 6 to 8 p.m. All residents are encouraged to attend.

## St. Anthony Park

The District 12 Community Council (SAPCC) meets on the second Thursday of each month at 7 p.m. at Jennings Community Learning Center, 2455 University Ave. The council offices are located at 2395 University Ave., Suite 300

E. Contact information: 651-649-5992 or www.sapcc.org.

### Two goodbyes and one hello

The St. Anthony Park Community Council (SAPCC) said goodbye to executive director Suyapa Miranda and operations and outreach coordinator Sarah Goodspeed in January. Miranda, who worked with the board for nearly four years, has accepted a position with the American Heart Association. Goodspeed,



accepted

position

youth

at

Will

Generation: A Kathryn Murray Steger Legacy.

Kathryn Murray has been hired as the new outreach and operations coordinator. A former resident of St. Anthony Park and board member of SAPCC, Murray was one of the founding members of the council's Equity Committee. She is an artist, professional photographer and nonprofit administrator. She enjoys spending time with her husband and daughter, experimenting with alternative photography and natural dyes, gardening and going up north.

## 2017 Neighborhood Honor Roll

Congratulations to the St. Anthony Park honorees named to the 2017 St. Paul Neighborhood Honor Roll. Honor roll members were celebrated at an awards dinner Jan. 26 at the University of St. Thomas. Here are the honorees from District 12:

Janet Lawson has brought art and culture to the neighborhood by developing the Shakespeare in the Park summer theater program for youth. The program started as a simple summer activity for a few teens and has grown into a neighborhood cultural program for dozens of young people, many of whom have not tried theater before. The program includes four outdoor performances.

Starting its fifth season under Lawson's leadership, Shakespeare in the Park offers two workshops each summer: Scenes and Speeches for younger teens and a full Shakespeare play for older teens, all prepared in only two weeks. The program is guided by Guthrie-trained actor and director Sam Bardwell and a committee of neighbors.

Shadaria Brown has helped provide work experience and stability for youth experiencing homelessness. As the woodworking coordinator at Elpis Enterprises, based in St. Anthony Park, she works with dozens of youth to turn reclaimed wood into new products, including planters, bird feeders and nesting boxes. She leads her team members to host workshops for youth to build their own birdhouses through park programs, schools and other outreach events. Elpis prepares youth interns



Neighborhood Honor Roll inductee Janet Lawson and the Shakespeare in the Park committee, from left: Lawson, Sam Bardwell, Rita Goodrich, Michelle Hamilton, Sue Conner and Lisa Sackreiter.

kits, learning entrepreneurial skills and leading workshops.

Anton Jerve has gone above and beyond in modeling best practices for city of St. Paul staff members to support the work of the city's district councils. He has been a supportive partner through his role as a senior planner with the Department of Planning and Economic Development, where he intersects with the St. Anthony Park Community Council on a wide range of projects.

He provided valuable feedback as the St. Anthony Park Community

for career readiness by assembling Council worked to create its Developer Guidelines and played a key role in helping secure a new 2.6acre public

green space as part of the redevelopment of the Weyerhaeuser

lumberyard near Highway 280. Jerve advocates for

community

voices,



Anton Jerve

responsive in navigating city procedures and consistently brings constructive and valuable perspectives to collaborative work.

is

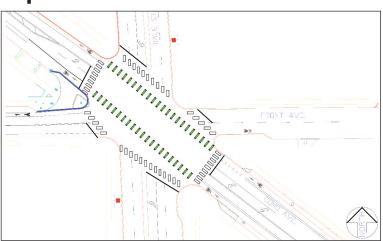
## Four Como-Dale-Front Projects get thumbs up from District 10

The District 10 Como Community Council voted Jan. 16 to support four of five infrastructure projects that the city of St. Paul is proposing for the intersection of Como Avenue, Front Avenue and Dale Street. The projects are part of a \$350,000 Commercial Vitality Zone initiative that the St. Paul City Council authorized in 2015.

The District 10 board voted to support:

• Painting higher visibility crosswalks in all current locations and painting stop bars ahead of the crosswalks, in hopes of discouraging drivers from encroaching on the crosswalks

• Painting green lane extensions across the intersection for the Como bike lanes



The city's proposed projects in District 10 include higher visibility striping for crosswalks, painted extensions of the Como Avenue bike lanes through the intersection (green) and eliminating the dedicated right-turn lane from Como onto westbound Front Avenue (blue).



## One hundred flowers mark 100 years

St. Anthony Park Library branch manager Mary Knox shows off the library's new mosaic, a project that commemorates the library's 100th anniversary. Community members helped create the piece with the guidance of mosaic artist Lisa Arnold. The mosaic contains 100 flower designs to mark the 100 years. Knox, who joined the staff at the library last summer, hosted a party Jan. 20 to unveil the art and celebrate the library's centennial one more time.—Kristal Leebrick

Installing landscaping

• Moving the bus stop on northbound Dale from in front of the strip mall to the south side of the intersection (in front of John's Pizza Café)

The board did not support a

proposal to eliminate the dedicated right-turn lane from southbound Como to westbound Front. That proposal would replace the lane by expanding the existing pedestrian island and shortening the crosswalk on Como.

The board's actions came after it conducted an online survey that received more than 525 responses. Details of the survey results and of the proposed infrastructure projects can be found on the District 10 website, district10comopark.org.

## Lauderdale, Falcon Heights administrators part of affordable housing panel discussion

The League of Women Voters of Roseville Area will host a panel of city officials-including the city administrators from Falcon Heights and Lauderdale, Tuesday, Feb. 20, at 6:30 p.m. at Autumn Grove Park Building, 1365 W. Lydia Ave., Roseville.

Speakers will explain the status of their city's affordable housing goals that are being proposed as they update their comprehensive plans.

Panelists Heather are Butkowski, city administrator, Lauderdale; Kari Collins, community development director, Roseville; Joel Hanson, city administrator, Little Canada; DuWayne Konewko, environmental and economic development director,

Maplewood; and Sack Thongvanh, city administrator, Falcon Heights.

There will also be a recorded viewing of the program at 9:30 a.m. Wednesday, Feb. 21, at Lutheran Church of the Resurrection, 3115 N. Victoria St., Roseville.

Both events are free and open to the public.

The Birdman of Lauderdale by Clay Christensen

## A few lessons on birdseed, peanuts, suet and more

In a cartoon in the Star Tribune in early January, a guy says he'd planted some birdseed a while back and was still waiting for the birds to come up. I thought that was rather clever. Why had I never thought of that?

Truth to tell, I've had pretty good luck attracting a variety of birds over the years, so I thought I'd share some things I've learned.

The one seed that every bird seems to love is black oiler sunflower seed. It has a high nut-to-shell ratio. (Did you know there was such a ratio? A small nut-to-shell ratio means there is not as much nutmeat as the shell size suggests.) There's also a high-oil, high-calorie content that birds value, especially in winter. Cardinals, finches, blue jays and sparrows have strong beaks that can crack the seeds open. Even blackcapped chickadees can chisel their way into the seed by pinning it between their toes and pecking it open to get at the meat.

One drawback with black oilers is the shells. They have a natural herbicide in them, and you'll notice that where they accumulate, nothing grows. That's not a problem if they're falling on a deck or patio, but in the yard or the garden, they're killing off whatever's growing under the feeder.

You can buy sunflower seeds without the shells. It's a little bit more expensive, but you're not paying for shells and you'll have grass under your feeder.

I buy seed in bulk, usually in 30pound bags and store it in a small metal garbage can with a tight-fitting lid. It's kept in the garage since birdseed often contains eggs from moths or other insects that could hatch in the warmth of your home. This avoids unpleasant surprises when you open the lid.

I mix black oiler sunflower seeds in equal parts with safflower seeds. Safflower seed has a white shell and if dropped on the ground, it will germinate. But as my friend Kraig Kelsey from Kelsey's Wild Bird Store says, "Any seeds with shells should germinate." That means the seeds are viable, not rotten or moldy. Most birds can crack the shell, but house sparrows don't seem to like it. That's one of the reasons I use it.

I have kind of a geeky way of storing my sunflower/safflower seed mix: I made a barrier out of cardboard that fits down the middle of the trash can. I put the barrier in and then pour sunflower seed on one side of the barrier, safflower seed on the other. Then I pull out the barrier. Now whenever I need to bring out some more seed mix, I dig a scoop right down the midpoint where the two seeds meet, getting half of each into the scoop. I dump the mix into a heavy-duty plastic bag, hold the top closed, and then shake and tumble the bag until I've got a fairly even mix.

Goldfinches really love nyger seed. I buy a ready-made mix of nyger and tiny sunflower chips in a 10-pound bag. The sunflower chips are so tiny they fit through the narrow slits on the tube feeder.

One food that all the birds seem to relish is peanuts. I use a tubular peanut feeder that has a sliding shell on the outside, frustrating any squirrel that jumps on it but allowing birds to feed.

I ran out of my usual peanuts a few weeks ago and picked up a bag of red-skinned peanuts at a hardware store to tide me over. They haven't been disappearing very fast. When I got back to Kelsey's to get some other seed, I confessed to Kraig that I'd temporarily switched from his peanuts to the red-skinned ones. "Yah, birds don't like 'em," he said. It turns out red-skinned peanuts are unroasted and just don't taste as good as the roasted ones, the ones that fell on the floor at the peanut factory and can't be sold for human consumption.

I also have a suet feeder, a kind of cage arrangement that holds square suet cakes. Woodpeckers, blue jays, starlings, nuthatches and chickadees like to work on these.

To feed juncos, mourning doves, rabbits and squirrels, I toss seed on the flat limestone pieces bordering our back garden. This seed comes ready-mixed with cracked corn, white and red millet. It's a favorite of white-throated sparrows, as well as other sparrows, during their migration.

If you haven't tried black oiler sunflower seeds, get 5 pounds and give them a try. And maybe mix them with 5 pounds of safflower seed. Better seed and better seed choices should mean better birds. But remember those shells.

This column is about birdseed, but to really pull in birds, add a heated birdbath.

Clay Christensen lives and writes in Lauderdale. His book "The Birdman of Lauderdale," is available at local bird stores, bookstores and www.Birdman-Book.com.

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1435 Midway Parkway, St. Paul, 55108 Pastor, Fr. Timothy Cloutier Parochial Vicar: Fr. Joseph Fink Weekend Masses: Sat. 5 p.m., Sun. 9:15 a.m. Weekday Masses: Monday-Saturday 7:45 a.m. Confession: Sat. 7 - 7:30 a.m. & 4 - 4:30 p.m. Parish office: 651-644-7495, mcmadigan@holychildhoodparish.org

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## **Auto show gained traction in Midway years**

In late winter for much of the 1920s, people knew to head to a huge building halfway between St. Paul and Minneapolis, not just to see the latest Pierce-Arrows or Hupmobiles on display, but for style shows, vaudeville acts and to dance to the music of live orchestras.

Yes, the auto show was the place to go and up to 20,000 people a day paid 50 cents to enter the Overland Building, today called Court International, 2550 W. University Ave., St. Paul.

For the rest of the year, it was a distribution and service center for the Willys-Overland Co., one of America's top carmakers.

Madison Square Garden in 1903, Cities had its own eventleading the way in 1907. The choice of the Overland site for 1918 was conducive to a cooperative effort by the cities.

As the local shows became more successful, the newspapers of the era used the same hyperbole they applied to the Minnesota State Fair ("bigger and better than ever before"): "The show will be double the size and have double the number of exhibits and floor space of any previous show, equaling the great auto shows held at New York and Chicago in all essentials and surpassing them in some."

The first auto show in the 1918 when the Overland played host country was held in New York City's for the first time to what was called the Twin City Auto Show and and subsequently, each of the Twin Industrial Exposition. It was to be, one newspaper declared, "the greatest

sporadically-with Minneapolis of its kind ever held in the world."

There's no doubt that the Overland was big enough. With nearly a half-million square feet of floor space spread over four floors, it was said to take 27 tons of coal a day to heat the place.

World War I was raging in Europe and, befitting the times, the show had a serious emphasis, particularly on the use of motor vehicles to support the war effort. On display, for example, were "many attachments for converting ordinary passenger cars into light farm tractors.'

The Overland was unavailable And there was no slacking off in in 1919, having just been vacated by a U.S. Army Air Service Mechanics School (Park Bugle, " 'West Point of the sky' once slated for Midway," March 2017). But the show returned in 1920 and again from 1922 through 1927.

In a given year, there might be 40 brands of cars on display, along with trucks and tractors, and dozens and dozens of exhibitors from the ever-expanding ranks of parts and accessory suppliers.

In 1920, Bill Kidder, manager of Curtiss Northwest Airport at Snelling and Larpenteur avenues, displayed an Army surplus Curtiss Jenny trainer, as well as the new Curtiss Oriole five-seater. He boasted at having sold seven planes on the first day of the show.

Franchised dealers from across the region attended and placed orders for cars. It was not uncommon for an automaker to have several hundred dealers in attendance, hosting them at luncheons and dinner banquets during show week.

Members of the public could also buy cars, which started at \$300. In 1922, a Rolls-Royce five-passenger touring model sold for \$15,000 to a customer who demanded anonymity. Several years later, Theodore Minnesota Gov. Christianson bought a modest sedan Eddie Rickenbacker, World War I for his personal use.



This poster for the 1925 auto show gives a sense of all that was going on.

communication medium staged live broadcasts (Headline: "Mysteries of Radio Revealed"), including a performance by Tom Brose and His Purple Derbies Orchestra.

In 1925, there was a "Boulevards of Paris" theme for a fashion show, which claimed to feature \$100,000 worth of imported gowns.

Newspapers in the region sponsored contestants in a Miss Newspaper beauty contest. And flying-ace-turned-racecar-driver,

tell you that the automobile business is going to smash because of a shortage of petroleum. There's a lot of talk about the end of the gasoline supply being in sight, but that's a long way off."

In 1927, the second floor of the Overland was decorated in a springtime theme, with singing caged canaries artfully hidden among the cherry blossoms.

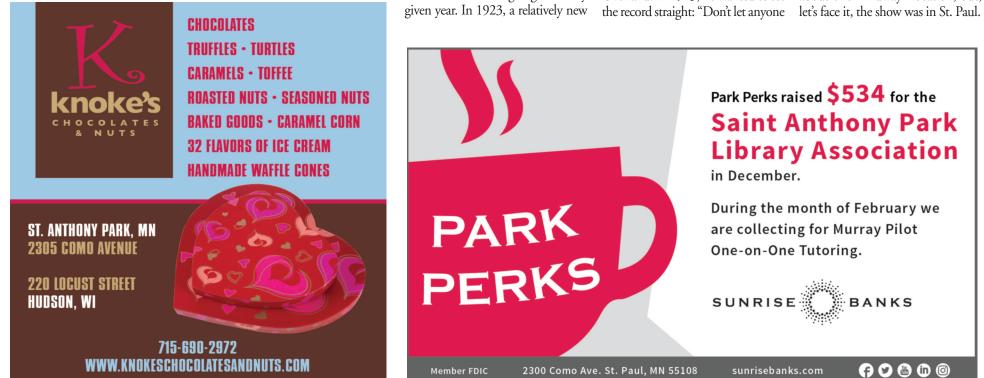
But that was the finale at the Overland. Behind the scenes, there was likely discontent on the part of Minneapolis interests right along. And beyond the show floor, made several appearances at the You could say what you wanted there was a lot more going on in any Overland. In 1923, he wanted to set about this "midway" location, but,





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## Ku Klux Klan promoted auto show

The 1917 Twin City Auto Show had what in retrospect appears to have been a bizarre sponsor: the Ku Klux Klan.

In that year, prior to its first staging at the Overland Building, the show was held in the Mazda Lamp Building, a light bulb factory on Broadway Street in northeast Minneapolis.

Participants were invited to don Klan robes with "Auto Show" on the back and ride in a parade from the show headquarters to downtown St. Paul where the Winter Carnival was wrapping up.

"Nightriders to Ride in Broad Daylight," was one headline. "Auto 'Clansmen' Ready for Raid" was another.

The Minneapolis police chief not only OK'ed the parade but also said he might participate himself.

A post-Civil War alliance of white supremacists in the South, the Klan was experiencing a widespread resurgence at the time, partly inspired by the 1915 film "Birth of a Nation," originally titled "The Clansman."

Although there were relatively few African-Americans in Minnesota in that era, Catholics, Jews and "foreigners" were tempting targets for those uneasy about the nation's impending

THE MINNEAPOLIS MORN Ku Klux Klan Is Coming! Girl Night Riders in This Raid, Too

In its second incarnation, the Ku Klux Klan clearly was attempting to broaden its appeal.

involvement in World War I, urbanization/industrialization and a perceived assault on "Americanism." Members often went about unmasked, and the new Klan tended to portray itself as a fraternal organization, which can clearly be seen in the case of the auto show. Its influence in Minnesota, where there reportedly were more than 50 Klan chapters, peaked in the mid-1920s.



The Overland—now Court International—Building looks much the same today, although the railroad spur and loading docks on the east side are long gone. Photos courtesy of the Minnesota Historical Society

As far back as 1923, E.B. purchased the building. Stinson, executive secretary of the Minneapolis Citizens Municipal predecessor to the Chamber of Auditorium Committee, said the Commerce, sponsored its own auto Overland was ill-suited to the event show in 1928 and briefly tried to and his city needed a facility of its block Minneapolis from using the own.

Anyway, the Overland no longer was available. Once the No. 2 auto manufacturer to Ford, Willys-Overland was selling off assets and, cooperation. in 1928, International Harvester

The St. Paul Association, Twin City Auto Show name for a competing event in its new auditorium.

So much for intercity



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VENUE INFORMATION IS LISTED AT THE END of the calendar. Send your events to calendar@parkbugle.org by Wednesday, Feb. 14, to be included in THE MARCH ISSUE.

## **1 THURSDAY**

CAREGIVER AND BEREAVEMENT SUPPORT Groups, first Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 A.M.

Preschool storytime in Mandarin Chinese, St. Anthony Park Library, 10:30 a.m.

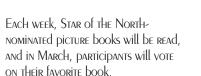
Dialoggers Toastmasters meets every Thursday, U of M St. Paul Campus, Northern Research Station, 1992 Folwell Ave., 11:30 A.M.-12:30 p.M.

## **2 FRIDAY**

Preschool NatureSmart storytime Fridays in February, St. Anthony Park Library, 10:30-11:30 A.M.

Walking in the Langford Park gym from 2-3 p.m. every Friday. Free and ODEN TO Adults.

"I Read, I VOTE" book club for children in grades K-2, St. Anthony Park Library, 4-5 p.m. Fridays in February.



## **3** SATURDAY

Sweet Rhubarb, Underground Music Саfé, 7-9 р.м.

The Ace Box Blues Band will play at THE DUDLINER PUD, 9 p.m.

## **5 MONDAY**

Middle School Book Club, St. Anthony Park Library, 6:30 p.m. Students in grades 6-8 are welcome.

## **6 TUESDAY**

BAby/toddler storytime begins each Tuesday at St. Anthony Park Library, AT 9:30 A.M. AND AT 10:30 A.M.

## **7 WEDNESDAY**

English Conversation Circles, every Wednesday, St. Anthony Park Library, 4-5:30 р.м.

ST. ANTHONY PARK Adult Book Club, St. Anthony Park Library, 6:30-8 р.м. All are welcome.

## Learn to grow winter greens

Learn how to grow fresh salad greens this winter at an indoor gardening workshop Friday, Feb. 23, at 7 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. Lee Olson of Macalester College will lead a hands-on indoor gardening workshop on growing sprouted seeds without expansive roots. You can enjoy delicious salads in 10 days.

First-time and experienced

gardeners may discover a new way to grow winter at home. All are welcome to join in the fun. Seeds and supplies will be provided.

Transition Town - ASAP, the sponsor of the workshop, is asking

sustainablefood@transitionasap.org.

## **8 THURSDAY**

SAPAS CINEMA SERIES, "THE GLASS Castle," St. Anthony Park Library, 2 D.M. All welcome. Free.

## **9 FRIDAY**

SAPAS GAME DAY, CENTENNIAL UNITED Methodist Church, 10 a.m.-noon. No CHARGE OR REGISTRATION REQUIRED.

## **10 SATURDAY**

Co-ed Introduction to Hand Drumming workshop, Women's Drum REGISTER AT WOMENSDRUMCENTER.ORG.

Lisa Kane at the Underground Music Cafe, 11 A.M.-1 D.M.

Dubliner Pub. 5-7:30 D.M.

## **13 TUESDAY**

Club Book: Egyptian-Canadian NOVELIST OMAR EL AKKAd, AUTHOR OF "American War," St. Anthony Park Library, 7 p.m.

St. Anthony Park Garden Club: "Flowers of Iceland," presented by MASTER GARDENER ANN STOUT, ST. Matthew's Episcopal Church Fellowship Hall (ENTRANCE ON Chelmsford Street). Refreshments, 7 p.m.; program, 7:30-8:30 p.m. CONTACT SANDEE KELSEY, kelse005@umn.edu or 651-645-9053 with questions.

## **15 THURSDAY**

TEA 101 with TEASOURCE: A WINTER Wellness event, St. Anthony Park Library, 6-7 p.m.

## **16 FRIDAY**

SAPAS GAME DAY, CENTENNIAL UNITED Methodist Church, 10 a.m.-noon. No CHARGE OR REGISTRATION REQUIRED.

TABLET/SMARTPHONE DROP-IN Clinic, St. Anthony Park Library, NOON-2 p.M. For all tablets and smartphones.

## **19 MONDAY**

COMMUNITY SING, OLSON CAMPUS CENTER, LUTHER SEMINARY, 6:30 p.m. GATHERING, 7-8:30 p.m. sing. Free, but a hat will be passed for our music leaders. Children welcome.

## **23 FRIDAY**

SAPAS GAME DAY, CENTENNIAL UNITED Methodist Church, 10 a.m.-noon. No CHARGE OR REGISTRATION REQUIRED.

## **25 SUNDAY**

Sunday Afternoon Book Club. "Truckload of Money" by Tracy Kidder, Micawber's, 1:30-3 d.m. All are welcome.

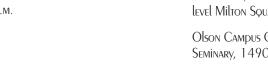
The She Shells, Underground Music Café, 11 a.m.- 1 p.m.

## SENIOR EXERCISE

St. Anthony Park Area Seniors Mondays and Thursdays, Lauderdale City Hall, 2-3 p.m. No class Feb. 19.

TUESDAYS AND FRIDAYS, ST. ANTHONY Park Library, 2:30-3:30 p.m. Chair yoga offered Feb. 2 & 16.

Wednesdays, Centennial United Methodist Church, 10:30-11:30 A.M.



## **FREE SENIOR BLOOD PRESSURE CLINICS**

**COMO PARK/FALCON HEIGHTS Block Nurse Program:** 

FOURTH MONDAY, FALCON HEIGHTS Сіту Hall, 12:45-1:30 р.м.

Third Thursdays, Arbor Pointe SENIOR ADARTMENTS, 10-11 A.M.

FOURTH THURSDAYS, FALCON HEIGHTS TOWN SQUARE SENIOR ADARTMENTS, 11 A.M.-NOON

SAINT ANTHONY PARK AREA SENIORS (SAPAS):

Wednesdays, Centennial United Methodist Church, 11:30 A.M.-NOON.

Friday, Feb. 2, St. Anthony Park Library, 2-2:30 p.m.

TUESDAY, Feb. 13, SEAL HI-RISE, 3-3:30 р.м.

## VENUE INFORMATION

Arbor Pointe Senior Adartments, 635 W. Maryland Ave.

Centennial United Methodist Church SAP CAMPUS, 2200 Hillside Ave., 651-603-8946

Dubliner Pub, 2162 W. University AVE., 651-646-5551

Falcon Heights City Hall, 2077 W. LARDENTEUR AVE.

Falcon Heights Town Square, 1530 W. LARDENTEUR AVE.

Lauderdale City Hall, 1891 Walnut St., 651-631-0300

Micawber's, Carter & Como, lower level Milton Square, 651-646-5506

Olson Campus Center, Luther SEMINARY, 1490 Fulham St.

SEAL HI-RISE, 825 SEAL ST., 651-298-4673

St. Anthony Park Library, 2245 Сомо Але., 651-642-0411

St. Anthony Park United Church of



## for a \$5 donation to help defray expenses, but no one will be turned away.

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Center, 10 A.M.-2 D.M., \$30.

**11 SUNDAY** 

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St. Matthew's Episcopal Church, 2136 CARTER AVE., 651-645-3058

Underground Music Café, 1579 N. HAMLINE AVE., undergroundmusiccafe.com

WOMEN'S DRUM CENTER, 2242 W. UNIVERSITY AVE.





## Neighbors

## Music in the Park to present Parker Quartet, Family Concerts Series

Series Family Concerts are coming up in St. Anthony Park.

The Grammy Award-winning Parker Quartet will perform with the Music in the Park Series Sunday, Feb. 11, at 4 p.m., at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave.

The quartet made its debut at the Music in the Park Series in 2007. The Parker's Music in the Park Series concert will feature works by Mozart, Ligeti and Bartok.

The Music in the Park Series Family Concerts will open its 28th year Friday, March 16, with a performance by the Minnesota Percussion Trio.

A February concert by the Parker Friday, April 13. The performance Quartet and the Music in the Park will include current Lark Quartet members, as well as the original members. Laura Sewell, of St. Anthony Park, founded the quartet and was a member for its first five years. The original members will join the current members to perform a movement from the Mendelssohn Octet, written when the composer was 16 years old.

> Copper Street Brass will close the 2018 series on Friday, May 11 performance of "Tools of the Trade: Building Music With Brass."

Each concert will have two performances, one at 6 p.m. and one at 7:15 p.m. All performances will be held at St. Matthew's Episcopal Church, 2136 Carter Ave. (entrance The Lark Quartet will perform on Chelmsford Street), St. Paul.

Participants may choose their own price, suggested at \$0-\$5. Advance reservations are strongly encouraged. Tickets are required for all audience members ages 1 and older. Go to schubert.org/family or call 651-292-3268 for tickets.

## 'Jackie Robinson Story' opens

Just in time for Black History Month comes the story of an athlete who changed sports-and changed opinions about race-through his strength, courage and tenacity. "MVP, the Jackie Robinson Story" will be performed by the Youth Performance Co., Feb. 2-18, at the Howard Conn Performing Arts Center, 1900 Nicollet Ave., Minneapolis.

For show times and tickets, call

the box office, 612-623-9080 or go to youthperformanceco.org. The Youth Performance Co.'s office and rehearsal space is located at 3338 S.E. University Ave., Minneapolis.

### 'A Whale of a Tale' Gala

The Friends of the Ramsey County Libraries' fifth annual gala, "A Whale of a Tale," will be held Saturday, Feb. 24, at Roseville Library, 2180 N. Hamline Ave., 6:30-9:30 p.m. and will feature live music; a silent auction; a live auction; hors d'oeuvres, wine and craft beer; prizes; a costume contest; a photo booth; and more.

All proceeds will benefit the

seven branch locations of the Ramsey County Library.

This event is open to the public. You can learn more and buy tickets at www.rclfriends.org/gala2018.

### A history of the relationship between Russia and the U.S.

Historian and public television commentator Nick Hayes will present "Russia and the United States: History of a Relationship" Tuesday, Feb. 27, at 1 p.m. at Roseville Library, 2180 N. Hamline Ave

Hayes will give an overview of the contentious and important links between the two countries.



## Help Bugle readers keep their new year's resolutions

Advertise in our March Wellness Special Section and let our 35,000 health-conscious readers learn about your wellness business.

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> Increase your visibility through an advertisement in the Bugle.

## 'Terrific Toddlers' looks at life from the perspective of a toddler

### By Ned Leebrick-Stryker

It may be called the "terrible twos," but to author Judy Schumacher, the stage between 12 and 36 months for a child can be "terrific."

"That is a critical time," said Schumacher, a resident of St. Anthony Park. "The first three years of life are the most important developmentally because 80 percent of the brain is developed by age 3."

Schumacher's new book, "Terrific Toddlers! Simple Solutions, Practical Parenting" explores "positive" parenting techniques and approaches to new and different behaviors in one's child.

"The older I got, the more I read these child-abuse stories," Schumacher said. "I reached the point where I could not read another abuse story without doing something about it."

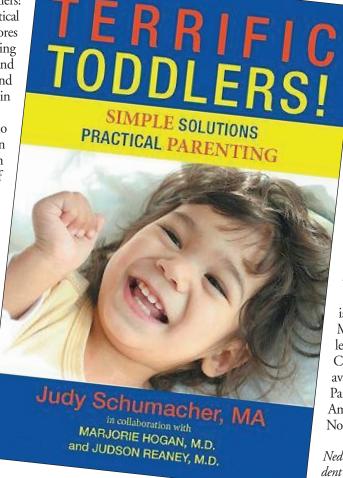
So she began learning about child development and acquired more than 25 years of experience in early childhood and parent education, including being a family education specialist with

St. Paul Public Schools. With the release of "Terrific Toddlers!" in 2017, Schumacher hoped that she could encourage parents to be more aware of their tot's experiences.

"The point of this book was to look at life from the child's perspective," Schumacher said. "I wanted to promote empathy and understanding about what it's really like to be 24 inches tall with everybody telling you exactly what to do, when to do it and why you're

doing it." Schumacher hopes that this book can have a positive effect on parents and children alike.

"Everything put into these children is important in terms of how they feel about themselves," Schumacher said. "Whether they feel loved and nurtured in the world around them is so critical at this time." "Terrific Toddlers!" available is at Micawber's, in the lower level of Milton Square at Carter and Como avenues in St. Anthony Park, and at LuLu.com, Amazon, and Barnes and Noble. Ned Leebrick-Stryker is a student in the University of Minnesota School of Journalism and Mass Communication.



Schumacher, who holds a master's degree in family education from the University of Minnesota, explained that the inspiration for her book and her career stemmed from a personal place.

"I was raised by loving, two wonderful, positive parents, who encouraged all of [their children] to be whoever we were," Schumacher said. "I thought everybody was raised like that."

But as Schumacher grew, she became more aware of how rare her familial situation was.

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## **AD DEADLINE: February 14**

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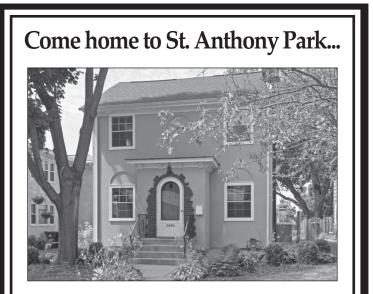
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## St. Paul business award nominations open

Nominations are open for the second annual St. Paul Business Awards. Recipients of the awards are named in seven categories and winners will be based on nominations from the community. Last year's winners were drawn from more than 500 nominations.

The program is part of the Open for Business initiative that began in 2015.

A committee of fellow business owners will select six of the winners and the community at large will select the People's Choice Award. The

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deadline for nominations is Saturday, Feb. 24. Anyone can nominate a business, including a customer, neighbor, employee or owner. Awards will be presented March 22 at the St. Paul City Council meeting with a reception to follow.

Here are the award categories. All nominees must be located in the city of St. Paul.

• Traditions Award honors a business that has been active in St. Paul for at least 20 years.

• New Kid on the Block Award honors a business that has opened in St. Paul within the last five years.

• Large Business Excellence

## Block Nurse from 3

Interested volunteers can contact volunteer coordinator Jennifer Grilliot at 651-642-1127.

The block nurse program is funded with county, state and federal dollars, as well as a grant from the Stevens Square Foundation.

"One other important funding source for us is community donations," Kane said. "We feel really lucky that people feel moved to contribute to the work we do. People give in all dollar amounts, large and small, and it really is amazing how much community support we are blessed with."

To donate to the program go to www.comobnp.org or mail a check to Como Park Falcon Heights

Award honors a business with at least 50 employees.

• Small Business Excellence Award honors a business with fewer than 50 employees.

• Alice O'Brien Award honors a woman-owned business.

• Reflecting St. Paul Award honors a business owned by a person of color.

 People's Choice Award honors a business that is recognized for its excellence by St. Paul residents.

Find more information and nominate a business today at www.stpaul.gov/bizawards.

Living at Home Block Nurse Program, 1376 Hoyt Ave., St. Paul, MN 55108.

The Como Park Falcon Heights Living at Home Block Nurse Program hosts a family friendly walk/run event the third weekend in July. Teams can walk to raise money to support the program. Kane would love to see neighborhood groups form teams, she said. More information about the walk/run will be available closer to the event date at www.comobnp.org.

Jason DeMoe is a news reporter in Forest Lake and an occasional contributor to the Bugle.

## Como Park/Falcon Heights Living at Home Block Nurse Program

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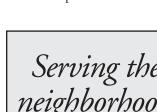
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### LIV E S Ι E V L D

The Park Bugle prints obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal at mary mergenthal@gmail.com or call 651-644-1650.

### Willard Anderson

Willard E. Anderson, 84, of Maplewood, formerly of Lauderdale, died Dec. 27, 2017. Willard was a former member of the Lauderdale City Council and served as mayor of Lauderdale.

Prior to retirement, Willard and his team of engineers at Honeywell helped make Project Apollo a successful mission to put the first man on the moon.

Willard was preceded in death by his former wife, Frances Anderson. He is survived by his wife, Mary Hebert; brothers, Glenn and Daniel Anderson; and sister, Laura Underwood.

Funeral services for Willard were held Jan. 3 at St. Christopher's Episcopal Church, with burial at Roselawn Cemetery.

## **Ronald Bartz**

Ronald E. Bartz, 80, died Jan. 6, 2018.

Ron graduated from North Dakota State University's School of Pharmacy in 1959. He enjoyed a long career as a pharmacist for Shoreview Pharmacy, Bober Drug and Lloyd's Pharmacy.

He was preceded in death by his wife, Frances; parents, George and Hazel Bartz; and brothers, Dale, Lowell and Harold Bartz. He is survived by three children, Rebecca (Michael) Fahey, Randall (Kim) Bartz and Gretchen (Scott) Grande; a brother, Gene Bartz; and seven grandchildren.

His funeral service was held Jan. 13 at Falcon Height United Church of Christ, with burial in Hillsboro, N.D.

## Kenneth Egertson

Kenneth Edward Egertson, 86, of Story City, Iowa, formerly of Lauderdale, died Jan. 1, 2018, following complications of a stroke.

Ken was a retired professor emeritus of agricultural economics from the University of Minnesota.

Cap is survived by his sons, Peter (Terri) and John (Debbie); and 12 two grandchildren, Noah and Anders.

His funeral was held Jan. 19 at St. Christopher's Episcopal Church in Roseville.

## Sheryl Ann Joyce

Sheryl Ann (Gibbs) Joyce, 72, of Lauderdale, died July 10, 2017. She was an accomplished porcelain artist.

Sheryl is survived by her husband of more than 50 years, Dennis; sons, Kelly (Susan) and Richard; sister, Corrine Gibbs; grandson, Ryan; the William B. Farrell family; and Christian Brother Uncle Bob.

### Jerry Koslowski

Jerry J. Koslowski, 76, of Falcon Heights, died Dec. 14, 2017, after a seven-and-a-half-year battle with cancer and other illnesses.

He was born in Waubay, S.D. He married his high school sweetheart in November 1960. He worked as a forklift operator and supervisor for Molin Concrete for more than 30 years.

Before his decline in health, he was a horseshoe and dart champion, loved to play cards and loved ballroom dancing, especially a good fast polka or two-step. Jerry will be remembered as a good, kind-hearted person, never one to complain.

He is survived by his wife of 57 years, Annette; daughter, Kimberly, and son, Kelly; twin sister, Lucille Ravellette; five grandchildren; and nine great-grandchildren. He was preceded in death by his parents, Joseph and Helen; brothers, Edmund and David; and sisters, Florence Weyer and Tina Biesch.

Mass of Christian Burial was celebrated Dec. 20 at St. Rose of Lima Catholic Church in Roseville, with burial at Calvary Cemetery.

### **Marilyn Jean Mitchell**

Jean Mitchell, 81, of Vadnais Heights, died Dec. 22, 2017. She was the daughter of George and Edna Nelson of St. Anthony Park.

Her funeral service was held Jan. at Holcomb-Henry-Boom-Purcell Funeral Home, with interment at Elmhurst Cemetery.

### Joseph Ronchak

Joseph Ronchak, 91, died Dec. 24, 2017, following a brief illness.

He is survived by two sons, Tim (Julie) and Michael; grandchildren, Alex and Kyle; and brother, Jim. He was preceded in death by his wife, Lucille.

A memorial service was held Jan. 12 at Falcon Heights Church.

### Judith Rosenblatt

Iudith E. Rosenblatt, 79, died Dec. 26, 2017, after suffering a heart attack.

Judy was born in 1938 in Chicago. She graduated from the University of Chicago with a degree in elementary education. She taught school in Chicago and Centralia, Mo., and lived in Riverside, Calif., before settling in Roseville, Minn., for 46 years.

She worked at the University of Minnesota Immigration History Research Center for 20 years, edited the book, "Indians in Minnesota," and worked at Hampden Park Food Co-op, as well as its predecessor, SAP Foods. Judy was a longtime writer and editor for the League of Women Voters in Roseville and the state organization, and she received their Hope Washburn Award.

She spent her last years in Jacksonville, Fla.

She was preceded in death by her parents and brother, Joseph. She is survived by two sons, Shais (Rochel) and Ira (Christine); eight grandchildren; ex-husband, Paul; and sister-in-law, Marion, who was by her side in her last hours. She was laid to rest at Congregation Sons of Israel

### Virginia Sem

Virginia "Ginnie" Lucile (Swedeen) Sem, 76, of Lauderdale, died Dec. Swedeen. She grew up with six siblings in Minneapolis, mostly on the riverbank under the Washington Avenue Bridge, where her father loaded and unloaded oil tanks.

She graduated from Roosevelt High School, Minneapolis, in 1959. She worked for Northwestern Bell Telephone Company for eight years after high school. She later worked for Miniature Merchants in Bandana Square, St. Paul.

On April 2, 1966, she married Gilmore Sem. They lived in Lauderdale ever since. In 1971, they adopted Sonya Su Sem. Their home was always shared with two cats. traveled extensively, They domestically and internationally.

Survivors include her husband; daughter, Sonya (Robert) Welch; sister, Lois Gibbs; brothers, Raymond (Loraine) Swedeen, Kenneth (Molly) Swedeen and Herbert (Beverly) Swedeen; sistersin-law, Patricia Swedeen and Marlene Swedeen. Her two tuxedo cats, Ole and Lena, miss her very much.

She was preceded in death by her parents; brothers, Donald and Wilfred; and brother-in-law, Richard Gibbs.

Her memorial service was held Jan. 13 at St. Anthony Park United

Church of Christ. Ginnie's ashes will be buried at Messiah Cemetery north of Underwood, Minn., later this year.

## Wesley Wharton

Wesley Keith Wharton died Jan. 4, 2018, with his wife of 61 years and loving members of his family surrounding him. He served as associate dean and acting dean at the University of Minnesota College of Agriculture during his 37-year career there.

Keith, originally from Texas, attended Texas Western College on a football scholarship. He was an allconference tackle, playing on the football teams that won the 1954 and 1955 Sun Bowl games. After completing his master's degree and doctorate at the University of Northern Colorado, he moved with his family to Minnesota to accept a position at the U of M. He concluded his time at the U back in the classroom, as a professor in the Department of Rhetoric, with students whom he loved to teach. Keith and his wife, Barbara, moved to Greensboro, N.C., and lived there for several years.

Memorial service plans are pending.



Cemetery in Spring Valley, N.Y.

He is survived by his wife Gloria; his children, Kathy (Garrett) Young and Paul, Karen, Jennifer and Sara Egertson; five grandchildren; step-daughters, Nancy (Dana) Kever, Ann (Daren) Smith and Patty Mote; (Kevin) five stepgrandchildren; and four great-grandchildren.

Ken was preceded in death by his wife, Barbara (Teisberg) Egertson; his son-in-law, Scott Kinkade; and his siblings, Vernon, Don and Betty Egertson.

His funeral service was held Jan. 6 at Bethesda Lutheran Church in Ames, Iowa. Burial will be at a later date in Ashby, Minn.

## **Casper Hanson**

Casper E. "Cap" Hanson, 98, of St. Paul, formerly of Falcon Heights, died Jan. 10, 2018. Cap was a teacher in Minnesota schools for 37 years.

Jean is survived by her husband of 61 years, Robert Mitchell; sister, Joan Schwartz (Steve); brother, Jim Nelson (Mary); sons, Scott (Jacqueline) and Todd (Caren); six grandchildren; and two greatgrandchildren.

## Mary Lou Moran

Mary Lou Moran, 90, of Falcon Heights, died Jan. 5, 2018.

She was preceded in death by her husband, Edward, and son, Timothy. She is survived by her children, Rebecca (Ian) McKinnon, Andrew Moran, Susan (Kevin) Borowick, Phillip Moran and Mary Moran; 10 grandchildren; and three great-grandchildren.

29, 2017. She was born July 9, 1941, in Minneapolis to Harley and Vergie

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# **CPHS** Activities

## Como debaters return to state

### By Eric Erickson

Stephen Boler stood at the podium and rapidly rattled off reasons to support his argument. Jackson Kerr scoured research notes on his laptop in preparation for cross-examination.

On the other side of the room, their opponents in the state debate tournament prepared their questions. A judge sat in the back, evaluating the evidence presented and the persuasiveness of the arguments.

Affirmative and negative positions for a resolution concerning increased federal funding and regulation for education in the United States were claimed and supported.

This was the scene in a University of Minnesota classroom on a frigid Friday evening in January. Boler and Kerr were in their fourth 90-minute debate of the day. They were tired but in their element.

The two Como seniors had been here before. The debating duo qualified for state together as juniors

Policy Division of the Section 4 tourney on Jan. 6. (The top five teams from each of four sections qualify for the state meet.)

The Minnesota State High School League (MSHSL) has been sponsoring debate since 1902. Yes, you read that correctly. Long before baseball, hockey or soccer state tournaments, there was debate. There have been 117 MSHSL State Debate Tournaments.

Participation varies by school. Como had 10 students on the debate team this season who went above and beyond the reading and writing required by their coursework.

Not every school offers debate. Not every school has kids with the interest, initiative and energy to spend multiple, in some cases, countless hours immersed in public policy research.

"I spend as much or more time preparing outside of school practices," Boler said. He and Kerr both access resources for their in 2017 and repeated the scenario in arguments independently when they

2018 by taking second place in the can. All Como debaters gather for a couple of two-hour practices each week after school.

The team's administration and practice sessions are organized by coach Deb Hansmeier. A special education teacher at Como since 2000, Hansmeier added debate to her responsibilities two years ago.

Prior to Hansmeier's coaching, former Como English teacher Abby Boehm-Turner led the debaters. Boehm-Turner also successfully guided Como students to state, including Stryker Thompson and Dai'Quan Robinson in 2013.

Como alum Ian Johnson, who is attending the University of Minnesota and has participated in debate there, has been assisting as a debate coach at Como since his graduation in 2013. Johnson's coaching role is critical because he's the debating guru and tactical expert.

"He [Johnson] has a lot of resources for research and has a lot of experience," Boler said. "He's taught us a lot of different strategies and techniques and different type of arguments."

Como debaters are grateful for the leadership they have. The presence of Hansmeier teaching in the building helps. "Ms. Hansmeier provides a lot of stability and organization, Kerr said, adding, "She's done a great job bringing new people into the program."

Hansmeier encourages newcomers to join by emphasizing that there is a Novice Division for beginners. There is also a Junior Varsity Division. (State is only for the varsity level.) With self-selection, intimidation is lessened, support is provided appropriately, and students can develop confidence.

Beyond Boler and Kerr, Como has two other experienced debaters who competed at the varsity level this season. Juniors Peter Schik and Henry Hansen earned honorable





Como Park seniors Stephen Boler (left) and Jackson Kerr placed second in the Section 4 Debate Tournament and, for the second consecutive year, qualified for the MSHSL State Debate Tournament at the University of Minnesota. Photo by coach Deb Hansmeier

mention in Section 4 by finishing in seventh place. They finished fourth a year ago as sophomores and qualified for state. Their goal will be to get back there next year as seniors.

Como junior varsity participants included Mason Salverda and William Gray. Novices this year were Roselyn Yeboah, Chiamaka Chijioke, Kaliah Hughes-Bester and Vincent Portuese. The coaches were proud of the risks team members took and the growth the debaters experienced.

"I am most impressed by their enthusiasm for the debates, and their interest in learning about the topics, and especially how they are able to take both sides of an issue and use their evidence to back that side up," Hansmeier said.

"In the debate rounds they don't know until right before they start if they are speaking for the affirmative or the negative, and they have to be ready to find evidence for the negative side of whatever argument they are given. This takes a lot of hard work and they have to really be able to take notes and follow what is going on in the debates. I have been lucky to be able to listen

to them all debate and it is truly fascinating."

Coaches at their best are educators who view their sport or activity as an extension of the classroom. Helping students explore an interest, collaborate, develop skills and reach for personal growth are some of the rewarding reasons for the work. And, as Hansmeier alluded, coaches often learn a lot from and are inspired by the kids they coach. That certainly has been the case with Como debate.

As for the state tournament, Boler and Kerr battled against the state's best in the preliminary rounds. While they enjoyed the challenge of tough competition, their one win in the prelims was not enough to advance into the quarterfinals.

Neither expected to win a state debate championship, but as freshmen, neither expected to make it to multiple state tournaments either. The improvement that occurred with time on task was an enjoyable journey. What it's done to enhance their educational experience at Como and supplement their learning is best described by the experts.

"I've learned so much about public policy and philosophy that





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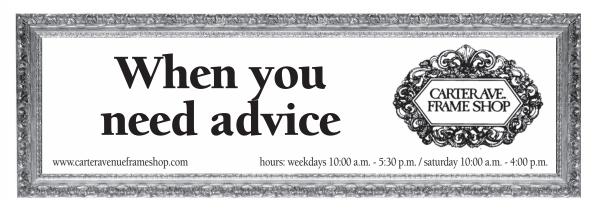




most people don't comprehend or glean from seeing debate on the surface," Kerr said.

"Debate has been a great way to make us think critically and look at issues from multiple angles," Boler said.

Eric Erickson is a social studies teacher at Como Park High School.





We welcome news about area schools and students in our coverage area. Send your news about local schools and students to editor@parkbugle.org. The next deadline is Wednesday, Feb. 14.

## Chelsea Heights Elementary

1557 Huron St., 651-293-8790 www.chelsea.spps.org

### Easy fundraisers

Chelsea Heights PTO will host three fundraisers in February at local eateries. Head to the participating establishments, tell them you are there for the Chelsea Heights fundraiser, and a portion of the money you spend will be donated to the school. The fundraisers will be held at St. Paul Bagelry, 1702 N. Lexington Ave., Thursday, Feb. 8; Davanni's, 1905 Perimeter Road, Roseville, Monday, Feb. 19; and Urban Growler, 2325 Endicott St., Sunday, Feb. 25.

### Mark your calendars

Tuesday, Feb. 13, is National African American Parent Involvement Day. The Chelsea Heights PTO will meet Tuesday, Feb. 13, at 6 p.m. at the school. There will be no school Friday, Feb. 23. And bring your family to Literacy Night at Chelsea, Friday, Feb. 23, at 6 p.m.

## **Como Park Senior High**

740 Rose Ave., 651-293-8800 www.comosr.spps.org

### Donate to the NHS book drive

National Honor Society (NHS) students at Como are organizing a

## **School News**

Como Park Elementary School. Como's NHS is coordinating with Children's Book Express, an organization that collects picture and chapter books and donates them to young, beginning readers.

The community is invited to bring children's books to the main office of the high school where donations are being collected. NHS students will deliver them in March.

### Super Bowl comes to Como

Super Bowl festivities will come to Como on Thursday, Feb. 1, when players NFL officials, and motivational speaker Reggie Dabbs will present a lesson on life choices. A theme of Dabbs' presentation is "You can never change your past, but you can change your future.'

### Como remodel is on schedule

Construction of the new academic wing is on schedule to be completed this fall. Readers can see the project's master plan at spps.org/Page/22920.

### **Robotics Challenge begins**

The Minnesota State High School League revealed the 2018 Robotics Challenge in early January and the Como BEASTBot Team is working on the robot every day after school.

The team is raising money to travel to a regional tournament in Duluth in March. The community is encouraged to support Como Robotics on the GIVEMN.com website. Donations are taxdeductible.

## Support Close Up, too

Como's annual student field trip to Washington, D.C., and participation book drive to support students at in the national Close Up program is



Students were judged at the Murray Science Fair in January.

also dependent upon fundraising support from the community. A fundraising dinner will be held on Tuesday, Feb. 13, from 4 to 8 p.m. at the Rosedale Shopping Center Chipotle. If customers tell the cashier they are supporting the Como Park Close Up trip, 50 percent of the order price will be donated to support the program.

### Shadow in February

Prospective students are invited to shadow a Como student Wednesday, Feb. 7, or Thursday, Feb. 8. Parents of prospective students may register the student on the school website, www.comosr.spps.org, under "Families," and then "shadowing and tours" link. Questions? Email patricia.hammond@spps.org or call 651-774-6825.

**Murray Middle School** 

2200 Buford Ave., 651-293-8740 www.murray.spps.org

## Pilots head to regional science fair

Forty-two Murray Middle School students will take their science projects to the Twin Cities Regional Science Fair March 2 and 3 at the Minnesota State Fairgrounds Coliseum. Here is a list of Murray's science-fair winners:

Abigail Altman, Adam Gaudio, Alec Richardson, Alexander Kamenov, Alexander Le, Annelise Purcell, Ayden Brudnak Voss, Betsy Hofer, Betty Hebble, Bodie Treiber, Cael Cookman, Campbell Wencel, Chal Lawson, Chineze Okolo, Ciaran Loughrey, Colin Farnham, David Ola-Kazeem, Gajan Dileepan, Gavin Dobson, Greta Laliberte, Hemetii Apet, Isabella Shapland, Isadora McGinley Myers, Jack Swenson, James Kahn, Joseph Hoang,

Katherine Kozak, Kaya Solheid, Kevin Torstenson, Levi Nicholas, Lydia Westerlund, Lyra Sato, Maggie Fuller, Max Mills, Oliver Pletch, Owen Finlay, Paw Wah, Peter Wenger, Samuel Skinner, Sebastian Zarkower, Soren Sackreiter and Taylor Branson.

### A cup of Joe for Murray

Sunrise Banks Parks Perks program proceeds for the month of February will go toward supporting the Pilot One-on-One Tutoring Program. Park Perks is a coffee bar inside Sunrise Banks Como Avenue branch at 2300 Como Ave. Each month, Sunrise dedicates from all sales at the coffee bar to a local nonprofit.

## St. Anthony Park Elementary

2100 Knapp St., 651-293-8735 www.spps.org/stanthony

### Parents' Night Out!

The St. Anthony Park School Association (SAPSA) will host its third annual Happy Hour/Parents' Night Out! and fundraiser Friday, Feb. 9, from 6 to 9 p.m. at the Colossal Café, 2315 Como Ave. St. Anthony Park Elementary School parents, neighbors, alumni and community are all welcome. Appetizers will be provided and there will be a cash bar.

You can RSVP, donate online and register for Langford Rec babysitting https://goo.gl/forms/uwon00kMleT UgHR43.

Questions? Email Anita Severt, akord01@gmail.com.

## Longtime Murray teacher retires

### By Ned Leebrick-Stryker

After 32 years of teaching and 30 years in one building, Murray Middle School math teacher Mike Laska has retired.





I have been teaching since 1985," Laska said. "Between my wife and I and our financial planners, I realized I could [retire] now."

After receiving a degree in math education from the University of Wisconsin, River Falls, Laska began teaching at Henry Sibley High School in Mendota Heights. Two years later, he moved to St. Paul Public Schools, taking a job at Murray in 1987. But, according to Laska, education was not the career path that he had originally planned on.

"My wife steered me into [teaching]," Laska said. "Prior to that, I was looking at an engineering degree."

young student that convinced him to become a teacher, he said.

"My wife was an elementary

Math teacher Mike Laska with some of his students in December.

teaching at the time. She needed help teaching a kid in her math class,' Laska said. "After a couple of times and seeing that the kid was actually making some progress and was happy about having me there, I thought, 'Oh, this is kind of neat.' "

His long tenure at Murray But it was an encounter with a allowed him to get to know many families there. "Because of the length of time in one building, you're working not just with one kid, but education major and student you're working with the brothers and

sisters of that kid," Laska said. "I'm at a point where I was actually teaching children of students, which is a second generation of kids, so that's kind of bizarre and kind of neat."

Now that he's retired, Laska plans to spend a lot of time bicycling and teaching cycling classes.

Ned Leebrick-Stryker is a student in the University of Minnesota School of Journalism and Mass Communication.

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# Business News

## It's a short drive to rotisserie meats and wood-fired pizza

## By Kristal Leebrick

If you're hungry for rotisserie-roasted meats, brick-oven pizza and locally brewed craft beers or even an easy Sunday brunch, check out Twin Cities 400 Tavern, a new bar and restaurant attached to the Ramada Plaza, 1330 Industrial Boulevard in Minneapolis. Some may recall the Anchorage, a seafood restaurant that sat in that space for years.

The eatery quietly opened in late October, serves breakfast, lunch and dinner, and boasts a lively happy hour weekdays from 3 to 6 p.m. It's a quick drive from Larpenteur Avenue: Just past Highway 280, take a right at the first light, Industrial Boulevard, and you're there in less than two minutes.

Scalzo Hospitality, the company that owns the TC 400 and the hotel attached to it, had hoped "to create a destination restaurant that neighbors and nearby businesses would come to," said Claire Holder, director of sales and catering.

Scalzo worked with Parasole Restaurant Holdings to consult on menu development, branding and staff training for the restaurant. Parasole is the company that brought Muffuletta Café, which closed last fall, to St. Anthony Park 40 years ago.

Many of the tavern's signature dishes include meats from the rotisserie, which patrons can watch turning in a bright red roaster next to the wood-fired pizza oven. The restaurant offers a takeout chicken dinner, with mashed potatoes, au jus and vegetables, for \$16.95 during the weekday happy hour from 3 to 6 p.m. It has been a big hit, Holder said. She also suggests trying her favorite: the rotisserie chicken pizza.

The tavern's namesake is the Twin Cities 400, a 1930s express train that ran between the Twin Cities and Chicago. While it's not a "train-themed" restaurant, there are subtle design elements that point to the rails: the bar has a taconite top and the foot rails are made from actual train tracks. The 60-seat private dining room at the back of the restaurant, the Pullman Room, has a sliding boxcar door. Shea Design of Minneapolis designed the restaurant.

Brothers Paul and Patrick Durand, owners of Scalzo, are Minnesotans, and they wanted to incorporate a local feel into the venue, Holder said. Hence the focus on partnerships with local breweries and distilleries. On Jan. 30, the tavern hosted an Insight Brewing (2821 E. Hennepin Ave., Minneapolis) paired dinner. Tattersall (1620 N.E. Central Ave., Minneapolis) is the featured distiller. Twin Cities Tavern is open for

breakfast at 6:30 a.m. Monday-Friday, and 7 a.m. on weekends. The restaurant stops serving at 11 p.m. each night. Find out more at TC400tavern.com.

Rotisserie-roasted meats are featured in many of Twin Cities 400's signature dishes.

## La Familia Tapatia offers authentic Mexican street food

### By Rachael Carlson

La Familia Tapatia means "the family from Guadalajara," and this familyrun business at 1237 W. Larpenteur Ave., is all about bringing you real, authentic Mexican street food.

In Mexico, if you are from Guadalajara, you refer to yourself as a "Tapatia," explained Abe Ponce, coowner of the new restaurant, which opened in late November in the spot that had been occupied by Fresh Munchiez. Ponce works alongside his three siblings and his mother, Martha, who is the main recipekeeper, passionate chef and the founder.

What started as a popular food truck four years ago (you can find



Martha Ponce and her son and co-owner Abe at La Familia Tapatia on Larpenteur Avenue.

their truck at local breweries most days of the week) has evolved into a small, charming takeout restaurant with modern, rustic décor and no outdoor sign—yet.

They have kept the menu simple, focusing on authentic Mexican street food from Martha's childhood, like their signature torta ahogada, drenched in sauce and your choice of meat. Think slow-cooked pork, seasoned cow tongue and marinated asada.

There are plans to expand and provide limited seating, but for now La Familia Tapatia is an ideal place to pick up dinner, talk with the friendly owners and delight in the fact that you didn't have to travel miles and miles to accidently stumble upon these delicious tacos. They're pretty much right in your backyard.

Pro tip: Try one of the slowcooked pork tacos with chips and guacamole (amazing guacamole). You'll also want to try their chocolate-dipped caramels topped with sea salt and chili. Trust me.

La Familia Tapatia is open Tuesday, Wednesday and Thursday 10 a.m.-8 p.m., Friday and Saturday 10 a.m.-9 p.m., and Sunday, 10 a.m.-5 p.m. It is closed Monday. You can find out more at www.facebook.com/LaFamiliatapati aMN, or call 651-253-6175.



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## Meet the new brews in town

Cousins Tim Kessler and Max Filter opened the taproom at Dual Citizen Brewing Co. (DCBC) Jan. 27, just in time to offer Super Bowl celebrants and local beer lovers a new spot to gather.

Housed in the former Loomis Armored Car garage at 725 Raymond Ave., DCBC offers 16 taps; an assortment of non-alcoholic beverages, including root beer, Kombucha and cold press coffee; and beef jerky and other snack items from Welcome Meats, a small butcher shop in Welcome, Minn. Naughty Greek, just around the corner on University Avenue, is offering table service. Customers can use their cell phones to order food from the Naughty Greek's website, and the

Cousins Tim Kessler and Max Filter opened the taproom at Dual Citizen Brewing Co. (DCBC) Jan. 27, just in Brewing Co. (DCBC) Jan. 27, just in

> Kessler and Filter both grew up in St. Paul. They began working on plans to open a brewery a decade ago. Both attended Siebel Institute in Chicago and Doemens Academy in Munich, Germany. Filter spent time in Colorado getting his brewing chops. He was head brewer at Renegade Brewing Co. in Denver.

Hours at DCBC are Tuesday-Thursday, 3-10 p.m.; Friday, 3 p.m.-midnight; Saturday, noonmidnight; and Sunday, noon- 8 p.m.

Find out more a dualcitizenbrewing.com.—*Kristal Leebrick* 



Cousins Tim Kessler and Max Filter opened Dual Citizen Brewing Co. Jan. 27.

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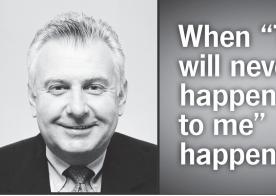
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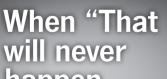
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# Business News

## Solar rebate program could help save on energy costs

## By Jason DeMoe

Just a few short years ago, people wondered whether solar power actually worked. Now, they wonder just how much they can save by using it.

"Solar is actually cheaper than the power you buy from the utility," said Michael Allen, president of All Energy Solar. "On a per kilowatt hour basis, solar is beating both nuclear power and fossil fuels."

Allen, a solar customer himself, started All Energy Solar with his brother Brian more than a decade ago and they have been building the St. Paul company ever since. The brothers and their team currently boast industry-leading certifications and full electrical and building licenses. The company is headquartered in the Merriam Park neighborhood.

Allen makes a case for solar energy that few can argue. Potential



Solar panels installed this summer on a home in St. Paul. Photo courtesy of All Energy Solar

clients may be able to eliminate their electric bills and find some extra money in their pockets.

"In many instances, solar power can save you as much or more than what you are already paying for electricity," he said. "Also, with Xcel Energy, we are allowed to install 20 percent more than what your home needs and so you could, essentially, get a rebate check every month."

One of the main concerns that people have is the upfront cost of installing solar panels on a property. All Energy Solar has recently begun working with finance companies to fund new systems.

"The thing that hits people hard sometimes is the fact that you are literally buying 20 to 25 years of electricity upfront," Allen said. "With the finance option, however, the payment can be less than what you have been paying for traditional electric. Also, once you pay it off, you are done and you can start putting some money into your own pocket as opposed to basically renting electricity from Xcel."

Another concern is whether a home is a good candidate for solar.

"More often than not we can find a way to make solar work on almost any property," he said. "My advice would be to give us a call or go to our website. We can do a quick online assessment of your property and ask a few questions about trees or other obstructions and get a pretty clear picture of what options are available."

Now may be a good time to look at solar, as Xcel Energy launched its Solar Rewards program Jan. 1, which could save customers 15 to 30 percent off the total cost of their project. The program is first-come, first-served with a limited number of discounts available, so consumers should take advantage of the program, Allen said. The program is available to anyone in the Xcel Energy coverage area. Interested parties can learn more about the rebate program and All Energy Solar at goo.gl/mLTtZ7.

"Paying a monthly electric bill is something we have gotten used to over the last 20 to 30 years," Allen said. "I can tell you from experience though that there is no better feeling than getting an electric bill and seeing that you have a credit or that they are cutting you a check. We have customers call all the time wondering about the rebate they are receiving. They can't believe it is real."

All Energy Solar is located at 1642 Carroll Ave. and can be reached at 1-800-620-3370 or on Facebook at www.facebook.com/AllEnergySola r1.

"Energy costs are rising on average 3 to 8 percent a year, but wages are not rising to compensate," Allen said. "Going solar is betting on costs continuing to rise, and that is a pretty safe bet."

Jason DeMoe's works as a news reporter in Forest Lake, Minn., but in his off time he occasionally writes for the Bugle.





## 'Back to drawing board' for Speedy expansion

### By Kristal Leebrick

Tom Spriegl at Tim and Tom's Speedy Market wants you to know that come November and December, Speedy will still be open with your Thanksgiving turkeys and Christmas sausage.

"We aren't going anywhere," Spriegl said.

After Spriegl and contractor Del Anderson presented preliminary plans last month to build a new store next to the current building to the St. Anthony Park Community Council's Land Use Committee, word on the street was that the beloved neighborhood grocery store was looking to move from its spot at the corner of Doswell and Como avenues in St. Anthony Park. Not true, Spriegl said. He and co-owner Tim Faacks were hoping to build a new store next to the current one while keeping the market open for business during construction. "Speedy Market is bursting at the seams," Spriegl said. They were planning to increase their current 5,000-square-foot store space by building a 12,000-square-foot twostory market with room for a restaurant next to the existing building by using the property just north of the store, which Speedy bought two years ago. Pedestrian access to the new store would have been on Como and a parking lot was planned on the Doswell Avenue side, where the current building stands. The property to the north would

need to be rezoned and that was part of the ask when Spriegl presented the plans at the Jan. 4 Land Use Committee meeting.

Land Use Committee members expressed concern about placing a parking lot on the corner of Doswell and Como and requested that plans be reworked to put parking at the rear of the proposed building, Spriegl said. That puts all plans back at "square one," he said. The plan was to keep the current building open while they built a new one next to it. Closing the market during any remodeling or expansion is not an option, he said.

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The Land Use Committee declined to recommend a zoning change at this time and requested that the market explore more design options.

Spriegl understands "what [the Land Use Committee is] trying to do," he said. "The city wants zero lot lines," which means to build a new building at the current location Speedy would lose the highly visible space on Como Avenue that the market uses for its garden center, where it sells plants in spring, summer and fall.

"We really are back to the drawing board," he said. Staying open in the current location and keeping the market's 40 employees working during construction "is our biggest priority."

They'll keep looking for new design ideas, he said, but it won't happen anytime soon.