Double disruption
Como Ave. construction, Zvago housing co-op on to-do list for St. Anthony Park next summer

By Kristal Leebrick

Two major construction projects may test the patience of north St. Anthony Park residents and visitors next spring.

The city of St. Paul will continue its multi-year Como Avenue repaving project with work from Bromptom Street to Commonwealth Avenue, and Zvago, a three-story 49-unit housing cooperative, will be in the three of building at Como and Luther Place.

Tim Nichols, part of the Zvago development team, sees the two simultaneous projects as positive. "All the disruption will be happening at once," he said.

Plans for new housing at the southeast edge of the Luther Seminary campus have been in the works for two years, after Ecmen, a Lutheran-affiliated nonprofit developer, signed a land purchase agreement with the seminary.

Nearly all of the units in the housing project have been sold, Nichols said, and the development has completed a lengthy historical review process. The Minnesota Historic Preservation Office and the U.S. Department of Housing and Urban Development "have agreed to sign our long-awaited memorandum of agreement," he said. The groundbreaking date for the project will be announced in late November.

The Como Avenue repaving project will be divided into several stages to avoid construction in the area east of Buford Avenue during the St. Anthony Park Arts Festival June 2 and the Fourth in the Park parade July 4. The project staging will also ensure that Doswell and Carter avenues are not closed at the same time.

Pending St. Paul City Council approval in February, the project should begin by the end of May between Bromptom Street and Hendon Avenue, project engineer Barb Mundahl said.

That short section is expected to take less than a month, and then work will move to the section between Hendon and Buford avenues, she said. Work between Buford and just past Doswell Avenue will begin after July 5, and then the work to Commonwealth Avenue will begin after Sept. 5.

The project includes adding new concrete curbs and gutters, new pavement, concrete driveway aprons, utility upgrades, new sidewalks, Americans with Disabilities Act-compliant pedestrian ramps and new lantern-style street lighting with LED lights; re-sodding boulevards; removing all ash trees, dead trees and stumps; planting new trees on the boulevards; and removing the old street-car tracks under the surface of the road.

The repaving project began last summer on Como between Raymond Avenue and Commonwealth. The street was first paved in 1921 and was last paved in 1960. The sidewalks along the street were installed in 1969.

Phase 2 of the project is scheduled to be finished by Oct. 31, 2018. Phase 3 will be from Eustis Street to Emerald Street and the city limits in 2020.

You can find out more at www.stpaul.gov/departments/publi c-works/road-construction/como- avenue-paving-project.

R.I.P., Muffuletta

After 40 years as a landmark in St. Anthony Park and a reputation as a cozy restaurant for fine dining for people from all over the Twin Cities, Muffuletta closed on Nov. 11.

The fledgling idea of major restaurateurs-to-be Pete Mihajlov and Phil Roberts, Muffuletta continued to thrive in the Twin Cities.

Introduced in 1977, the beer cheese soup was on the Muffuletta menu up to the end. Photo by Kristal Leebrick

December Fun Guide

The Bugle's annual holiday shopping and event guide starts on page 11.
Como Park

Traffic, employment and population elsewhere in the neighborhood. Residents say they want on Dale or the kinds of businesses that the good news for Como residents is that analysis performed for the District 10 environment, according to a market firm did of the Dale Street corridor will outline the market analysis his consulting firm of Perkins + Will. By the consulting firm Perkins + Will. Jay Demma will talk about the studies during the District 10 Como Community Council meeting on Tuesday, Nov. 21. The meeting will begin at 7 p.m. at the Historic Streetcar Station, which is at the northeast corner of Lexington and Horton Avenue. The studies are part of an effort by the Como Community Council to build a foundation for additional business investment and amenities in the neighborhood.

More on Como, Front and Dale

The St. Paul Public Works and Planning and Economic Development departments will hold a community meeting Thursday, Dec. 14, 6-8 p.m., to discuss proposed improvements to the Como, Front and Dale intersection. The infrastructure and landscaping improvements are part of the city's Commercial Vitality Zone investment, first announced in 2016. In addition, Jay Demma from the consulting firm of Perkins + Will outlined the market analysis his firm did of the Dale Street corridor and how that ties to potential development near the intersection. The meeting will be held at the city Public Works, 891 Dale St.

Tired of saying 'nobody told me'?

In addition, Jay Demma from the consulting firm of Perkins + Will outlined the market analysis his firm did of the Dale Street corridor and how that ties to potential development near the intersection. The meeting will be held at the city Public Works, 891 Dale St.

Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Here’s how to connect: 651-644-3889, district10comopark.org or District 10 Community Council on Facebook.

New board members at SAPCC

SAPCC welcomes new and renewed board members. North delegates include Michael Russelle, Pat Thompson and John Mark Lucas. Lucas is filling a vacant seat. South delegates are JohnConnell and Karen Nelson. Organization delegates include Sheryl Eagles, Scott Simmons and Ray Bryan. They join sitting board members Charlie Christopherson and Melissa Williams.

Thank you to outgoing board members Max Heringh, Betsy Fuchs and Ian Luby, who have provided wonderful leadership to SAPCC. Please reach out to SAPCC if you are interested in serving on our board or a committee.

Business survey is online now

SAPCC's business survey is now open for all organizations in St. Anthony Park to help guide changes over the next 10 years. Whether you are a small retailer or restaurant; home business or entrepreneur; industrial site, service provider or nonprofit organization; SAPCC wants your perspective on building a strong community together. Take the survey attinyurl.com/SAPBiz.

Dear neighbor:

Nominations are open for the 2017 Neighborhood Honor Rolls. Each year St. Paul’s 17 District Councils recognize outstanding neighbors and volunteers at the annual Neighborhood Honor Roll event in January. You can recommend your neighbors and community partners for their recognition at www.sapcc.org/2017-honor-rolls.
The Singing Sinatra

This one-man show finds he can brighten a few people’s lives with a song.

By Rob Passons

Bill Rasmussen never planned to be a Frank Sinatra cover artist. The 72-year-old native New Yorker didn’t even know he possessed the talent until he was nearly 50 years old.

“I wasn’t a singer,” Rasmussen said. “I mean, doo wop on the playground when I was a kid, but that was about it.”

Rasmussen was born in Brooklyn, N.Y., in 1945 and spent his formative years with Sinatra (and others of his ilk) supplying the soundtrack for his childhood. “My sister was seven years older than me, and she loved Sinatra,” Rasmussen said. “She was playing those albums all the time.”

In 1965 Rasmussen joined the Navy after he dropped out of high school. “I joined the Navy because the Navy gave me a home,” Rasmussen said. “I was one of those kids just running the streets and hanging out in pool halls and bowling alleys.”

Rasmussen met his wife, Jenny, in 1967 while the two were serving on the same aircraft carrier. “The Navy gave us a great wedding present,” Rasmussen said. “They posted us in England for three years.”

The pair traveled the world together for the next 18 years and viewed Como Park Productions, Rasmussen found he could do with the tune, but he declined. Three years later, he returned to Old Mexico for karaoke night, and he finally got up the nerve to take the stage. “I’d had a few beers,” he said. “I sang ‘New York, New York’ and I brought the house down. It felt great.”

After the performance, Jenny said it sounded like he’d been singing Sinatra for years, and for his next birthday, she purchased karaoke lessons for him. Rasmussen sang “New York, New York” for his instructor, who suggested he add “All the Way” and “My Way” to his repertoire. Jenny was Bill’s biggest fan until she died in 2016.

Rasmussen may have continued his three-song karaoke hobby if not for a chance meeting at church. “Her name was Jeanne Rogers, and she introduced me to summer theater at Como Park Pavilion,” he said. Rasmussen sang “New York, New York” for his instructor, who suggested he add “All the Way” and “My Way” to his repertoire. Jenny was Bill’s biggest fan until she died in 1996.

Rasmussen has continued his Singing Sinatra show since then. Rasmussen landed a part in the Como Park Pavilion 1988 productions of Rasmussen, Rasmussen said. “It was the 100th birthday show for Frank Sinatra.”

When the curtain came down on his final show, Rasmussen took the entire cast (and spouses) out to Old Mexico. “I brought them all dinner,” he said. “It was like the Sinatra era, when they would finish a show and they’d all go out.”

Three years later, he returned to Old Mexico for karaoke night, and he finally got up the nerve to take the stage. “I’d had a few beers,” he said. “I sang ‘New York, New York’ and I brought the house down. It felt great.”

After the performance, Jenny said it sounded like he’d been singing Sinatra for years, and for his next birthday, she purchased karaoke lessons for him. Rasmussen sang “New York, New York” for his instructor, who suggested he add “All the Way” and “My Way” to his repertoire. Jenny was Bill’s biggest fan until she died in 1996.

Rasmussen has continued his Singing Sinatra show since then. Rasmussen landed a part in the Como Park Pavilion 1988 productions of Rasmussen, Rasmussen said. “It was the 100th birthday show for Frank Sinatra.”

When the curtain came down on his final show, Rasmussen took the entire cast (and spouses) out to Old Mexico. “I brought them all dinner,” he said. “It was like the Sinatra era, when they would finish a show and they’d all go out.”

Through it all, Rasmussen continued his Singing Sinatra show. He and his cocker spaniel, Garth, traveled to 32 states, Canada and Mexico and put 52,000 miles on his motor home. His three-song lineup quickly grew. Sinatra recorded 1,088 songs, Rasmussen said. “I learned 70 of them.”

In 2015, he retired Como Park Productions. Rasmussen found he had a little more time on his hands than he desired, and he cast about for something to do. With the demise of Como Park Productions, Rasmussen found he had a little more time on his hands than he desired, and he cast about for a way to fill the hours while contributing to the community.

The creation of Rasmussen’s show corresponded with the theater group’s disbanding, and he took over the vacant slot. Rasmussen introduced Como Park Productions in 2001, and for the next 14 years, he produced summer shows at the Como Lakeside Pavilion with casts of more than a dozen performers. Some of the shows were essentially a song-and-dance variety show, while others drew upon themes like “The Love Boat,” a USO show and a Hawaiian beach party. “I planned the last show I did in 2015 for 10 years,” Rasmussen said. “It was the 100th birthday show for Frank Sinatra.”

When the curtain came down on his final show, Rasmussen took the entire cast (and spouses) out to Old Mexico. “I brought them all dinner,” he said. “It was like the Sinatra era, when they would finish a show and they’d all go out.”

Through it all, Rasmussen continued his Singing Sinatra show. He and his cocker spaniel, Garth, traveled to 32 states, Canada and Mexico and put 52,000 miles on his motor home. His three-song lineup quickly grew. Sinatra recorded 1,088 songs, Rasmussen said. “I learned 70 of them.”

In 2015, he retired Como Park Productions. Rasmussen found he had a little more time on his hands than he desired, and he cast about for a way to fill the hours while contributing to the community.
We thank our community-spirited businesses and organizations

It is easy to take community assets for granted. This is the time of year when many of those assets — our local nonprofit organizations, the Bugle included — are asking for your support.

But there are many community assets we often overlook as we head into this season of giving and spending. Imagine what our community would be without the local businesses that make our lives easier and richer because they are here.

Yes, the Bugle does need your financial help to continue our mission of being one of those community assets that make our lives here just a little more pleasant, but we ask that you take some time with this issue of the paper and look at every advertisement on these 24 pages. Now go out and support those businesses and services — our neighbors — that offer the things you need.

Support the Bugle’s advertisers, and thank them for supporting the Bugle, because without those community-spirited businesses, organizations and individuals, this 44-year-old nonprofit newspaper would not exist.

Menthol restrictions a good move

As a mom and someone who works with cancer survivors, I am grateful to our St. Paul City Council members for restricting the sale of menthol tobacco products to adult-only tobacco shops and liquor stores.

Preference for menthol among Minnesota students has more than doubled since 2008, according to the Minnesota Department of Health. The council voted with courage to be among the first in the nation to restrict the sale of menthol tobacco, a product that is the tobacco industry’s cash cow and best tool for addicting young people. I applaud their leadership to protect young people from this deadly product.

January issue: The deadline is Wednesday, Dec. 6, and it will hit the streets Tuesday, Dec. 19.

February issue: The deadline is Wednesday, Jan. 17, and it will be published Tuesday, Jan. 30.

March issue: The deadline is Wednesday, Feb. 14, and it will be published Tuesday, Feb. 27.

Got a story idea? Give us a holler: editor@parkbugle.org or 651-646-5369. We take traditional mail, too: Park Bugle, P. O. Box 8126, St. Paul, Mn 55108.

Missing your Bugle? If your house was missed during our delivery week, we apologize. Here are the deadlines and publication dates for the next three months:

• District 10 Como Community Council office, 1224 N. Lexington Parkway
• Degroof Coffee Bar, 825 Caledron St.
• Finnish Bistro, 2264 Como Ave.
• Hampden Park Co-op, 928 Raymond Ave.
• Falcon Heights City Hall, 2077 Larpenteur Ave.
• Lauderdale City Hall, 1891 Walnut St.
• Little Wine Shoppe, 2236 Carter Ave.
• The Owl House, 2180 Hamline Ave.
• Schneider Drug, 3460 University Ave., Minneapolis
• Speedy Mart, 2310 Como Ave.
• St. Anthony Park Library, 2245 Como Ave.
• Urban Grower, 2325 Edinloc St.
• Workhouse Coffee Bar, 2399 University Ave.

E D I T O R I A L

Letters

Welcome to the Bugle editorial pages, the place where we exchange ideas and opinions. The views reflected in the letters and commentaries printed on these pages are the opinions of the individual writers, not the Bugle staff or board of directors. We encourage community participation here, but we do retain the right to edit letters and commentaries for clarity and brevity. Letters should be kept to 400 words or fewer and commentaries should be 800 words or fewer. Send your commentaries or letters to editor@parkbugle.org.

As a mom and someone who works with cancer survivors, I am grateful to our St. Paul City Council members for restricting the sale of menthol tobacco products to adult-only tobacco shops and liquor stores.

Preference for menthol among Minnesota students has more than doubled since 2008, according to the Minnesota Department of Health. The council voted with courage to be among the first in the nation to restrict the sale of menthol tobacco, a product that is the tobacco industry’s cash cow and best tool for addicting young people. I applaud their leadership to protect young people from this deadly product.

We are reauthorizing the National Flood Insurance Program. Our communities have or will receive flood insurance, and the costs to taxpayers around the country can be enormous.

Recently, while some states require flood-risk disclosure for new homeowners and renters, many families in our state are left in the dark.

Unfortunately, while some states require flood-risk disclosure for new homeowners and renters, many families in our state are left in the dark. That means that they don’t know if they live in a floodplain, if they should buy flood insurance, or if their homes have been previously damaged by floods.

The fact that some of our neighbors are unaware of their flood risk and could unknowingly be in harm’s way during the next flood is immoral and needs to be addressed by Congress.

But there are many community assets we often overlook as we head into this season of giving and spending. Imagine what our community would be without the local businesses that make our lives easier and richer because they are here.

Send payment to P.O. Box 8126, St. Paul, Mn 55108.

Copyright 2017, Park Press, Inc. All rights reserved.

The Park Bugle is published by Park Press, Inc., a 501(c)3 nonprofit organization governed by an elected board of directors.

Editor: Fariba Sanikhatam

Managing Editor: Kaitlyn Loebrick

Production Manager: Sue McLaughlin

Delivery problems? editor@parkbugle.org or 651-646-5369

Subscriptions & billing: Fanita Sanikhatam

651-239-0321

fanita@parkbugle.org

Ad rates: $80 for one year

Send payment to P.O. Box 8126, St. Paul, Mn 55108.

Event submissions: calendar@parkbugle.org

Copyeditor: Mary Mergenthal

Proofreaders: Christine Eling, Mary Mergenthal

Display advertising: Mary Hamel, New Business Development Director

651-387-0738

hammmap@yahoo.com

Bradley Wolffe

651-239-0814

bradleywolffe@parkbugle.org

 Classified advertising: classified@parkbugle.org

Production Manager: Sue McLaughlin

612-839-8397

Oblinaries Editor: Mary Mergenthal

651-644-1630

mary.mergenthal@gmail.com

Next deadline: Dec. 6.

Painting dates: Dec. 19.

The Park Bugle is a monthly nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities.

The Bugle strives to promote freedom of expression, enhance the quality of life in the neighborhood communities and encourage community participation.

Opinions expressed in the Bugle by the editor, writers and contributors do not necessarily represent the opinions of the board of directors, Park Press, Inc. Copyright 2017, Park Press, Inc. All rights reserved.

Congratulations on the board of directors: Christine Eling, Mary Mergenthal, Bradley Wolffe, Fanita Sanikhatam, Mary Hamel, New Business Development Director.

We encourage community participation here, but we do retain the right to edit letters and commentaries for clarity and brevity. Letters should be kept to 400 words or fewer and commentaries should be 800 words or fewer. Send your commentaries or letters to editor@parkbugle.org.

As a mom and someone who works with cancer survivors, I am grateful to our St. Paul City Council members for restricting the sale of menthol tobacco products to adult-only tobacco shops and liquor stores.

Preference for menthol among Minnesota students has more than doubled since 2008, according to the Minnesota Department of Health. The council voted with courage to be among the first in the nation to restrict the sale of menthol tobacco, a product that is the tobacco industry’s cash cow and best tool for addicting young people. I applaud their leadership to protect young people from this deadly product.

On this issue, I wanted to let my neighbors know about a free text-messaging program for Minnesota parents that aims to boost a child’s learning as well as increase parent engagement.

As a mom and someone who works with cancer survivors, I am grateful to our St. Paul City Council members for restricting the sale of menthol tobacco products to adult-only tobacco shops and liquor stores.

Preference for menthol among Minnesota students has more than doubled since 2008, according to the Minnesota Department of Health. The council voted with courage to be among the first in the nation to restrict the sale of menthol tobacco, a product that is the tobacco industry’s cash cow and best tool for addicting young people. I applaud their leadership to protect young people from this deadly product.

On this issue, I wanted to let my neighbors know about a free text-messaging program for Minnesota parents that aims to boost a child’s learning as well as increase parent engagement.

As a mom and someone who works with cancer survivors, I am grateful to our St. Paul City Council members for restricting the sale of menthol tobacco products to adult-only tobacco shops and liquor stores.

Preference for menthol among Minnesota students has more than doubled since 2008, according to the Minnesota Department of Health. The council voted with courage to be among the first in the nation to restrict the sale of menthol tobacco, a product that is the tobacco industry’s cash cow and best tool for addicting young people. I applaud their leadership to protect young people from this deadly product.

On this issue, I wanted to let my neighbors know about a free text-messaging program for Minnesota parents that aims to boost a child’s learning as well as increase parent engagement.

As a mom and someone who works with cancer survivors, I am grateful to our St. Paul City Council members for restricting the sale of menthol tobacco products to adult-only tobacco shops and liquor stores.

Preference for menthol among Minnesota students has more than doubled since 2008, according to the Minnesota Department of Health. The council voted with courage to be among the first in the nation to restrict the sale of menthol tobacco, a product that is the tobacco industry’s cash cow and best tool for addicting young people. I applaud their leadership to protect young people from this deadly product.

On this issue, I wanted to let my neighbors know about a free text-messaging program for Minnesota parents that aims to boost a child’s learning as well as increase parent engagement.

As a mom and someone who works with cancer survivors, I am grateful to our St. Paul City Council members for restricting the sale of menthol tobacco products to adult-only tobacco shops and liquor stores.

Preference for menthol among Minnesota students has more than doubled since 2008, according to the Minnesota Department of Health. The council voted with courage to be among the first in the nation to restrict the sale of menthol tobacco, a product that is the tobacco industry’s cash cow and best tool for addicting young people. I applaud their leadership to protect young people from this deadly product.

On this issue, I wanted to let my neighbors know about a free text-messaging program for Minnesota parents that aims to boost a child’s learning as well as increase parent engagement.
COMMENTARY

Two books suggest modest ideas for improved regulation of firearms

By Christopher R. Tyndall

Mass shootings, like the Nov. 5 church shooting in Texas or the concert shooting in Las Vegas on Oct. 1, seem to occur with an almost absurd level of regularity. Prior to these events, in February 2017, members of the Minnesota House of Representatives proposed legislation—HF 1660—that would require criminal background checks for all firearms transfers. Although background checks are required for any firearms purchase from a licensed dealer, a great many transactions occur outside of the scope of the law. Such legislation, which is intended to fill this gap, help prevent tragedies like those mentioned above. Or does it represent another misguided effort in inhibiting the rights of gun owners? For anyone frustrated and troubled by gun violence, confused by the nature of the gun-control debate and ultimately powerless to do anything to improve the situation, I recommend consulting two valuable books.

The first is public health researcher David Hemenway’s 2004 book, “Private Guns, Public Health” (University of Michigan Press). Hemenway attempts to take the debate surrounding guns and gun violence out of the emotional and sensationalistic realm of partisan politics and move it into the relatively calmer and more objective realm of public-health research. He shows us that guns represent a public-health challenge not unlike that of automobiles when they were taking root as the principal form of mass transportation in this country. Automobile manufacturers, public officials and even the general public operated under the belief that automobile deaths and injuries were caused exclusively by driver error. In other words, “automobiles don’t kill people; people kill people.” The medical and public-health community began to see the limits of this thinking. Human error could never be entirely eliminated, but designs could be improved so that occasional error was not always fatal. Seatbelts and other safety features eventually became the norm, and traffic deaths and injuries greatly declined. Hemenway expresses confidence in his book that this same public-health approach can also help reduce gun deaths and injuries.

“Private Guns, Public Health” examines a variety of topics related to firearms as a consumer product:

- Traffic deaths and injuries greatly declined over four centuries is a long time for something, we don’t need it. We’re not going to jeopardize our estimable credibility with Bugle readers, I treat “gifting” as a new word and subjected it to my two-part Neologism Smell Test. First, is the word necessary (or does it simply duplicate an extant word) and, second, is the word too, well, silly to be usable? “Gifting” passes the test, but barely. It has a more nuanced meaning than “giving,” and it’s not so goofy that an adult wouldn’t want to use it.

- OK, let’s talk gifting. We all give or receive gifts as a way to show affection and appreciation. We give them to express our feelings for someone, or to simply say “thank you.”

- The new year brings new things at the Bugle. And we welcome Mary Hamel, the St. Anthony Park neighborhood.

The new year brings new things at the Bugle

We are saying both goodbye and hello this month at the Bugle. Mary Caffrey, who has worked as the advertising sales representative for the Bugle’s south of Como Avenue territory, is moving on to new projects. Clare joined the Bugle in January 2014. We thank her for her hard work and wish her well in her new endeavors. (We miss you, Clare)

And we welcome Mary Hamel, who will take over Clare’s advertising accounts and help the Bugle establish new advertising relationships in her new role as director of New Business Development.

Hamel has deep ties to the Twin Cities business community and to the St. Anthony Park neighborhood. She served as executive director of the St. Anthony Park School Association, where she helped develop Park B4 Dark, the summertime business and community festivity in the Como and Carter avenue business district that takes place the last Thursday of June, July and August; volunteered with the St. Anthony Park Community Council, where she helped produce a neighborhood directory; and was fundraising chair and newsletter co-editor for the St. Anthony Park School Association (SAPSA) for several years.

Welcome, Mary Hamel, the Bugle’s New Business Development Director.

Four centuries is a long time for a word to lay fallow so, not wanting to jeopardize our estimable credibility with Bugle readers, I treat “gifting” as a new word and subjected it to my two-part Neologism Smell Test. First, is the word necessary (or does it simply duplicate an extant word) and, second, is the word too, well, silly to be usable? “Gifting” passes the test, but barely. It has a more nuanced meaning than “giving,” and it’s not so goofy that an adult wouldn’t want to use it.

OK, let’s talk gifting. We all give or receive gifts as a way to show affection and appreciation. We give them to express our feelings for someone, or to simply say “thank you.”

The new year brings new things at the Bugle

We are saying both goodbye and hello this month at the Bugle. Mary Caffrey, who has worked as the advertising sales representative for the Bugle’s south of Como Avenue territory, is moving on to new projects. Clare joined the Bugle in January 2014. We thank her for her hard work and wish her well in her new endeavors. (We miss you, Clare)

And we welcome Mary Hamel, who will take over Clare’s advertising accounts and help the Bugle establish new advertising relationships in her new role as director of New Business Development.

Hamel has deep ties to the Twin Cities business community and to the St. Anthony Park neighborhood. She served as executive director of the St. Anthony Park School Association, where she helped develop Park B4 Dark, the summertime business and community festivity in the Como and Carter avenue business district that takes place the last Thursday of June, July and August; volunteered with the St. Anthony Park Community Council, where she helped produce a neighborhood directory; and was fundraising chair and newsletter co-editor for the St. Anthony Park School Association (SAPSA) for several years.

Welcome, Mary Hamel, the Bugle’s New Business Development Director.

The new year brings new things at the Bugle

We are saying both goodbye and hello this month at the Bugle. Mary Caffrey, who has worked as the advertising sales representative for the Bugle’s south of Como Avenue territory, is moving on to new projects. Clare joined the Bugle in January 2014. We thank her for her hard work and wish her well in her new endeavors. (We miss you, Clare)

And we welcome Mary Hamel, who will take over Clare’s advertising accounts and help the Bugle establish new advertising relationships in her new role as director of New Business Development.

Hamel has deep ties to the Twin Cities business community and to the St. Anthony Park neighborhood. She served as executive director of the St. Anthony Park School Association, where she helped develop Park B4 Dark, the summertime business and community festivity in the Como and Carter avenue business district that takes place the last Thursday of June, July and August; volunteered with the St. Anthony Park Community Council, where she helped produce a neighborhood directory; and was fundraising chair and newsletter co-editor for the St. Anthony Park School Association (SAPSA) for several years.

Welcome, Mary Hamel, the Bugle’s New Business Development Director.
Thank you for supporting the Park Bugle

Thanks to the following Park Bugle readers who have helped the Bugle raise $18,827 toward our goal of $42,000 in the 2017-18 fund drive. This list reflects those who gave through Nov. 10. We will publish more donors in the next issue.

The Bugle relies on tax-deductible donations to help defray the newspaper's annual operating costs. You can donate online at www.parkbugle.org. Click the green DONATE button on the right side of the page. Or send a check to: Park Bugle, P.O. Box 8126, St. Paul, MN 55108

Ferial Abraham
Lynn Abramanski
Clay Ahren & Jana Johnson
Gordon Alexander & Arlene Spiegel
Charles & Adam Anderson
Damon Anderson & Julia Loupe
Greg & Meredith Anderson
Joel & Teresa Anderson
Kristin Anderson
Robert Asmدورfer
Donald & Claire Amsden
Charles & Marjorie Arden
Jeanette Bach
Judith Bailey
William & Mary Baker
Lee Barry & Margaret Hall
Richard & Judith Bartz
Paul & Lisette Batalden
Linda Baudry
Marvin Bauer
Robert Beck & Mary Carpenter Beck
Roger Bergersen & Val Cunningham
Patricia Berglund
Howard & Jane Bergstrom
Kay Blair
Michael Blandford
Ted Blank
Jeff & Emily Bloodgot
John & Frinda Booke
Alex & Perry Bollman
Wally & Jan Borner
Rachel Bowers
Willard & Susan Boyd
Barry & Melissa Bridges
Michael Burbach & Mary Thomas
Donna Burch-Brow
Gary & Sally Cagle
Shirley Campbell
Marjorie Carlson
Gary & Robin Carlson
John & Marjory Christensen
Mike & Lu Christensen
Marllyn Conran
Philip & Lynette Clausen
Richard Conner & Mary Miller
Tom Conryman & Susan Murphy
Seth & Megan Crosby
Kevin Dahm
Liz Danielson
Virginia Darwin
William Davis
David & Page DeLong
Arundam Dos
Tim Dickinson
Wilbur & Jean Donaldson
Matan Denoue
Justine DiFluom
Berty Duholm
John & Patricia Duncan
Agnieszka Dynas
John Eaton & Audrey Esteso
Keith, Diana & Violer Fischer
Edward Elliott & Marla Bolling
Leslie Evert
Jodi Eversen
Joe & Sue Eversen
Toni & Jarmuth
Paul & Ann Fair
George & Carla Feldhammer
Ann Fendhor
Cheri Feis
Thomas Fisher & Claudia Wiegand
Mark & Lori Figgie
Richard & Nancy Foss
Jeanne Freirich
Derek Fried & Elizabeth Currie
Nancy Fruse
Fred & Barb Gaiser
Bob & Sue Gehrz
Ki Ji Gore
Granger Family
Adam Granger & Renee Bergersen
Yvonne Grierson
Darrell Srin
Robert Guentner & Deborah Kramer
Jeff Gustafson
Sandra Hall
Mary Hamel
Dave Hammer
Shaul & Nina Hanany
Peter & Terri Hanson
Tim & Kathleen Harding
Erik Haag
Dan & Mary Healy
David & Nancy Healy
Don Hedges
Robert & Carolyn Herman
Russell Hackendorf
Bill Hicks
Gordon & Louella Hinsh
Mollie Hoben
Peter & Jane Hoben
Esther Hope
Mark & Hive & Leslie Mackichan
Keith & Karen Howland
Cynthia Howard
Gloria Hutchinson
Susan Hunter
Mark & Paula Jelinek
Wayne Jennings & Joan Soterson
Paul & Hendi Jensen
Vernon & Kim Khan Jensen
Carl & Marjorie Jensen
Harlan Johnson
Jay Johnson & Diane Landis
Joel Johnson
Kimberly Johnson
Lavone Johnson
Verna Johnson
Nick Jordan & Debbie Smith
Dennis Joyce
David & Joanne Karvenon
Kyoko Katayama
Joanne Kendall
Helen Knox
Darryl Koum & Kim Chase-Koum
Gretchen Kroener
Alvin Knaal
Jeffrey & Gretchen Lang
David Larson
Jean Larson
Lonie Larson
Neal Larson
George & Nancy Laskaris
Peter Lusch & Nan Shelton
Rellie & Barbara Leary
Elizabeth Lubahl
David & Elizabeth Lee
Donald Lee
Dona Lehr
David Leitke
Terence Lemay
Bill & Mary Larson
Diane OwenWitter, Lewis
Vandora & Tiny Linck
Marilyn Lopez
Matthew Lohr
Nathan Luczk & Christine Ward
Mark & Kate Mabel
Rick & Susie MacPherson
Richard & Finette Magnuson
Scott Magnuson
Bernadette Mahon
Kathy Maclow
Bryn Manion
Robert & Susan Mantell
Ann McCormick
Patricia W. McDonald
Anne McNerney
Stewart & Kathleen McIntosh
David McKeena
Mike & Bunny Mennie
Delaine Meyer
Susan Moyer
Robert & Greta Michaels
Bruce & Paul Mielke
Gregory Miller
Bob Milligan & Shann Danes
Greg Mitton
Frederick & Lynda Morlock
Starke & Breanna Mueller
Louise Mullan
Carol Malmy
David & Lynne Murphy
Gordon & Channy Myers
Lorretta Ninch
Paul Nyquist
Thomas O’Brien & Stephanie Summers
Mike & Marcie O’Connor
Paul Oforld
Elaine Ogren
Linda Olson
Dennis & Turid Ormseth
Joseph & Colleen Osterbauer
Thomas & Frances Osterlau
Connie Pongsch
Pat & Annette Patel
Beverly Pennyson
Mickey & Trich Pederson
Joe & Ruth Peterson
Gary & Mary Anne Peterson
Ferry Pfahl
Catherine Poinik
Lesley & Michael Powers
Jonathan & Mary Presus
Hugh Pritzl & Fariba Smitscham
Willbur & Mary Jane Purcell
Paul & Betty Quie
Siegfried Ruhle
John Reay & Karen Hanson
Shirley Reider
Gary & Terry Reinecius
Jordane Rochlin
John Rotenberry & Marlene Zuk
William Rottschaefer
Karen Russel & Tracy Lave
Keni Sall & Jacalin Sall
Sharon Sanders
Michael Schald & Linda Kardma
Ken & Meg Schaefer
Amy Schoch
Anthony & Judy Schumacher
Green Schwebel
Gailmore & Virginia Sem
Bob & Nancy Serfass
William & Carol Seyfried
Steve & Susan Shokman
Harold & Virginia Sheff
William & Barbara Sippel
Tom Slaughter & Ann Merrell
Charles & Myrna Smith
Deborah Smith
James & Ellen Snowell
Pamela Spencer
Jack & Judy Sperbeck
Jim & Ann Stout
Ron Sundberg & Joan Duke
Wesley & Marcia Sundaquist
Stephen Sutton & Anna Cherry
Edward Swin & Mary Keintead
John & Gloria Swenson
Steven Tall & Susan Hoyt
Thomas & Jill Tangney
Sylvia Tashber
Theresa Joan Teel
David Thomas
Glenn Treu & Hemodiagou
Blaine & Cindy Thresher
Georgia Todd
Chuck Tracy & Anna Sokolofski-Tracy
Christopher Tryndall
Thomas & Katherine Ueland
Mark & Alexia Umbret
Joel Van Ylum
John & Betty Vanhecke
Diane Vener
Cynthia Verhey
Phillip & Julie Vogel
Paul Von Draex
Larry Wackett & Deborah Allan
Timothy & Gretchen Walker
Dorothy Wallenfels
Robert & Susan Wadel
Huber Warner
David Watkins
Ellen Watters
Bruce & Alisa Weber
Paul & Katharine Weiblen
Meg Whiston
John Whelstead & Suzanne Garfield
Jae & Mary Wild Cira
Tom Will & Kristen Nelson
Robert & Crystal Wiesen
Virginia Wipt
Paul & Judith Woodward
Donu Woolfre
Barbara Woshinsky
Tim Wulling & Marilyn Benson
Steve & Ann Trest
Carken Vucan
Nevin & Diane Young
Robert Zalama & Margaret Boler
Carol Zappel
Nico Zschack & Lucie Tiurco
Richard Zeyen & Carol Van Why
Benjamin Zibble & Katherine Kelly
Ed & Marge Zimmer
Ben Zimmerman
Hans & Kristine Zimmermann
Mary Zorn

Businesses
Bargain Upholstery
Ben Quie & Sons
Como Park Language & Arts
Como Park Travel
Lerner Foundation
Sandy’s Barber Shop
Skol Chocolate, Inc.
St. Anthony Park Home
Terra Firma Building & Remodeling
Once upon a time in Midway, trotters ruled at Kittsondale

Back when harness racing was one of America’s top spectator sports, the goings-on at a horse-breeding farm and racetrack in the Midway was the stuff of front-page news. This was Kittsondale in the 1880s, a sprawling operation that stretched between University Avenue and today’s I-94, and from Pascal Street almost to Lexington Parkway.

King of all the harness racers was Minnesota’s own Dan Patch. In 1905, he set a record for the mile—1 minute, 55 3/4 seconds, that stood for 30 years.

Later on, Kittson acquired the track property in 1903. In 1914, that same year, construction began on the Brown & Bigelow motorcycle-racing venue, opened at the west end of the former track in 1914. That same year, construction began on the Brown & Bigelow headquarters on University Avenue just east of Hamline Avenue.

The stables had been built so solidly that they were repurposed a number of times over the years before finally being torn down in 1942 to make way for a Pepsi-Cola bottling plant.

Legend has it that the Turf Club, the venerable music bar just up University, was named in memory of Kittsondale. If so, that’s the only trace left.

‘Commodore’ led one action-packed life

Norman Kittson was a Canadian citizen of St. Paul, serving a term as a leading horseman in the area and that was the name associated with property he owned in the area and that was the name that stuck. It was an elegant facility, its stables built of wood and brick, with almost 100 stalls and sleeping quarters for trainers. The clubroom with a fireplace was well-suited for deal-making and wagering by horse owners.

By the time Kittson took over, the St. Paul track was neglected and run down, but it had been a busy place in the 1870s and not just for horse racing. In seven of those years, it was the site of the Minnesota State Fair before the annual festival found a permanent home. Horace Greeley and President Rutherford B. Hayes were among the luminaries who appeared there.

Recalled one old-timer of that 1878 appearance, “President Hayes spoke to the greatest crowd I ever saw packed together on the hottest day in my memory.”

Kittson renamed the track Midway Park, but Kittsondale was the name associated with property he owned in the area and that was the name that stuck. It was an elegant facility, its stables built of wood and brick, with almost 100 stalls and sleeping quarters for trainers. The clubroom with a fireplace was well-suited for deal-making and wagering by horse owners.

In a short time, Kittson acquired a stable-full of fine trotters, among them, a horse named Johnston, “King of the Turf,” for whom he paid $20,000, and Little Brown Jug, who ran the fastest heat in history to that point. There was also So-So, the dam of Oh-So, who won first place at the Chicago World’s Fair.

But Kittsondale’s glory days didn’t last long.

“If Commodore Kittson had been 20 years younger when he began to develop his grand idea of a breeding farm, we would have here today probably the finest one of the kind in the world,” a veteran horseman lamented.

Instead, after only seven years of ownership, Kittson succumbed to an apparent heart attack while on a train returning to St. Paul.

His heirs did not share his enthusiasm for horse breeding, and a month after Kittson’s death, his trotting stock of 42 horses was auctioned off. The same thing happened in Pennsylvania.

The terms of his will precluded the immediate sale of the Kittsondale land and a lesser-staged weekly trotter races there in the 1890s. Kittsondale was also the site of bicycling events, trap shooting, track and field, and cricket and baseball games, until at least 1910.

In 1898, the 14th Minnesota Volunteer Infantry camped there after returning home, having never gotten any farther than Georgia during the Spanish-American War.

The property began to be converted to industrial use around 1900. A refrigerator manufacturer acquired the track property in 1903. The Twin City Motoromne, a motorcycle-racing venue, opened at the west end of the former track in 1914. That same year, construction began on the Brown & Bigelow headquarters on University Avenue.

In 1880, Kittson developed a line of steamboats and barges on the Red River as a freight link to Fort Garry, modern day Winnipeg, hence his title of “Commodore.”

And Kittson reached millionaire status by joining James J. Hill in building the St. Paul, Minneapolis and Manitoba Railroad to serve Fort Garry. As his health declined, Kittson retired from business and devolved his time to raising racehorses.

Shortly after his death in 1888, the dismantling of his equestrian enterprises began.

Kittson’s mansion was also sold and by 1904 had become a steady boarding house when it was acquired and torn down to make room for Archbishop John Ireland’s new Cathedral.

Roger Bergerson chronicles our remarkable past
death and injury from guns, gun use for self-defense and to deter crime, gun manufacturing and sales practices. But the varieties of statistical data examined usually led back to the same inevitable conclusion: The presence of guns is strongly associated with an increased risk of injury or death.

Some of the most startling statistics that Hemenway examines relate to injury and death due to gun accidents and suicide attempts with a gun. Hemenway reports the startling figure that from 1965 to 2008, more than 60,000 Americans died in gun accidents. This is more than all of the Americans killed in all of our wars from the same period. And during this same period, more than 550,000 Americans committed suicide using firearms. These numbers suggest a monumental problem, and yet the polarizing nature of the gun debate makes us reluctant to take action to improve the situation.

Consider that: In the early 1990s, there were about six fatalities per year in the U.S. to children due to the faulty design of bunk beds. The Consumer Product Protection Commission recalled 630,000 beds and created new guidelines for a safer design, which manufacturers willingly embraced. In contrast, during the same period, there was an average of about 700 children per year between the ages of 0 and 14 killed by guns, yet this caused no public outcry whatsoever, and no laws concerning guns or gun safety changed.

But don’t guns also have benefits? Haven’t some gun advocates shown that an increased number of guns in society actually leads to reductions in crime? Hemenway examines the methodologies behind such claims, and more often than not, discovers flaws that greatly distort the results. For example, he discovers sample sizes that are too small for drawing statistically significant general conclusions, or he discovers specious interpretations of general data. Rural areas do indeed have higher rates of gun ownership, and lower rates of crime than urban areas. But the difference in crime rates has far more to do with varying levels of opportunity for crime than it does with gun ownership.

At the end of his book, Hemenway suggests what that means most of all is more research. The fact of the matter is we don’t have enough information to make definitive claims on either side about the possible effects of new gun legislation. The evidence we do have, though, is fairly straightforward and consistent: More guns means higher levels of death and injury.

"...[We don’t have enough information to make definitive claims on either side about the possible effects of new gun legislation. The evidence we do have, though, is fairly straightforward and consistent: More guns means higher levels of death and injury."

"...We can't use the evidence to predict how many more deaths or injuries would occur if we banned gun ownership. But we can use the evidence to predict how many fewer deaths or injuries would occur if we made gun ownership universally safe."

Hemenway believes that what we need most of all is more research. The fact of the matter is we don’t have enough information to make definitive claims on either side about the possible effects of new gun legislation. The evidence we do have, though, is fairly straightforward and consistent: More guns means higher levels of death and injury.

The second book that I would refer readers to addresses more specifically the potential effect and value of legislation like HF 1669. "Reducing Gun Violence in America" (Johns Hopkins University Press) is a book of essays by multiple authors resulting from a conference that was put together at Johns Hopkins University in the wake of the Sandy Hook Elementary School shooting in December 2012. The conference itself was put together quickly, but the essays included are the result of years of research.

Hemenway believes that what we need most of all is more research. The fact of the matter is we don’t have enough information to make definitive claims on either side about the possible effects of new gun legislation. The evidence we do have, though, is fairly straightforward and consistent: More guns means higher levels of death and injury.

"...We can't use the evidence to predict how many more deaths or injuries would occur if we banned gun ownership. But we can use the evidence to predict how many fewer deaths or injuries would occur if we made gun ownership universally safe."

Hemenway believes that what we need most of all is more research. The fact of the matter is we don’t have enough information to make definitive claims on either side about the possible effects of new gun legislation. The evidence we do have, though, is fairly straightforward and consistent: More guns means higher levels of death and injury.
Como Dockside closing after three years at Lakeside Pavilion

Como Dockside, the nearly three-year-old Louisiana-themed restaurant in Como Lakeside Pavilion, announced Nov. 10 that it would serve its last dinner on Wednesday, Nov. 22, but will continue with limited service through the end of the year.

"The city of St. Paul is seeking a new food-service at the pavilion," said Jon Oulman of Como Dockside in a city press release. "We had hoped a year-ago, the facility and competitive labor environment would be a better fit for this space." The team at the Dockside has literally transformed the Pavilion over the past three years," Brendmoen wrote. "The facility has a new kitchen, a new dock, a new concession at the lake level, a transformed stage area not to mention the updated decor, restaurant, infrastructure and more."

The city's press release said that it planned to have a new vendor in place for operations in early 2018.

Como Coastside closing after three years at Lakeside Pavilion

Como Dockside, the nearly three-year-old Louisiana-themed restaurant in Como Lakeside Pavilion, announced Nov. 10 that it would serve its last dinner on Wednesday, Nov. 22, but will continue with limited service through the end of the year.

"The city of St. Paul is seeking a new food-service at the pavilion," said Jon Oulman of Como Dockside in a city press release. "We had hoped a year-ago, the facility and competitive labor environment would be a better fit for this space." The team at the Dockside has literally transformed the Pavilion over the past three years," Brendmoen wrote. "The facility has a new kitchen, a new dock, a new concession at the lake level, a transformed stage area not to mention the updated decor, restaurant, infrastructure and more."

The city's press release said that it planned to have a new vendor in place for operations in early 2018.

Detective Club • Music in the Park Series

Calmus Vocal Ensemble

Sunday, December 3 • 4:00 PM

Saint Anthony Park UCC • Pre-concert talk at 3 PM

tickets: 651.292.3268 • schubert.org

Calmus vocal ensemble: from Leipzig—soprano, countertenor, tenor, baritone and bass—offers a program of carols from around the world.

Come home to St. Anthony Park and beyond...

Thank you for a wonderful year of real estate sales. How can I help you in 2018?

Stotz Cleaners, 1580 Grand Avenue South
#1901 @ 1181 Edgecombe Road
#414 @ 1181 Edgecombe Road
2159 Fellowship Avenue
2148 Fellowship Avenue
2173 Hendon Avenue
150 12th Avenue Northwest, New Brighton
1359 Spencer Road
1438 Charles Avenue
1572 Fulham
1572 Silver Lane Northeast, St. Anthony Village
1704 Pleasant Street, Unit B, Lauderdale
Dairy Queen, 149 Snelling Avenue

Nancy Meeden
Coldwell Banker Burnet
Mobile: 612-790-5053
nmeeden@cbburnet.com

Local artist’s work on display at MidModMen

MidModMen friends, 2401 University Ave., St. Paul, is featuring new works by St. Anthony Park artist Linda Ricketts Baudry as part of its "Future Holloom" series.

The collection of four originals in pastel and charcoal are inspired by the artist’s ongoing relationship with nature, as well as her heightened interest in mid-century modern design and architecture.

"I make my mark, using color as emotion, creating a space that invites contemplation," Baudry wrote in her mission statement. "Exploring the richness of color and playing with the vibrancy of life, I search beyond what the eye sees to find the inner vibrancy of life, I search beyond what.

The lens focuses tightens and blurs along the way, images overlapping—the old patterns shift to the unforeseen."

Baudry recently was juried as an associate member of the Pastel Society of America and is a member of Women’s Art Resources of Minnesota (WARM). Her works have been featured in a numerous local and regional galleries and arts events, including the Dow Art Gallery in St. Paul, Kias-Nees-Tah Gallery in Lumen, Minn., Lanesboro Arts Center in Lanesboro, Minn., and Art-A-Whirl in Minneapolis.

The pieces are available to view and purchase through Sunday, Dec. 31, at MidModMen friends. Store hours are Thursday through Sunday from 11 a.m. to 5 p.m.

All are welcome!

2nd Half with Lyngbyomsten Life enrichment centers support adults aging well in their communities, connecting them to opportunities that focus on:
- Education & the Arts
- Health, Wellness, & Spirituality
- Social & Outings
- Resources & Support
- Service Opportunities

Learn more at www.lyngbyomsten.org/2ndHalf

Healthcare, Housing, & Services for Older Adults Since 1906
www.lyngbyomsten.org  |  (651) 545-2941
Mosaic artist Lisa Arnold has been conducting workshops at St. Anthony Park Library this fall as part of a community effort to create a mosaic commemorating the library’s centennial. Neighbors have been working to create 100 mosaic flowers for the piece, which will be installed this winter, on a wall near the stairway of the library. A Nov. 2 gathering was a last-ditch effort to get the flowers done. Above left, Arnold works with Dina Kountoupes and Kountoupes’ daughters Kiki and Georgia Ruddy. At left, Alice Duggan shows off one of her flowers. Above, a box of glass shards ready to be used in the mosaic project, and below, some of the finished flowers.

Photos by Kristal Leebrick

One hundred flowers to mark 100 years
KICK OFF DECEMBER IN ST. ANTHONY PARK: Discover St. Anthony Park, north St. Anthony Park's newly formed business association, will host Shop Home for the Holidays Saturday, Dec. 2, 9 a.m. to 5 p.m. The businesses in the Como Avenue district are celebrating December with special offers and fun for the whole family.

Sunrise Banks will host a visit from Santa and reindeer sleigh rides from 9 a.m. to noon, a 20-plus-year tradition that started with the bank's earlier incarnations as St. Anthony Park Bank and then Park Midway Bank. Children can look forward to sleigh rides, treat bags and photos with Santa.

Other neighborhood businesses are offering shopping specials, free gift-wrap, carolers and more.

Tim and Tom’s Speedy Market, 2310 Como Ave., will offer cookie-decorating for kids from 10 a.m. to 1 p.m., along with live music and free popcorn for everyone.

The Little Wine Shoppe, 2236 Carter Ave., will host a wine-tasting from 1 to 4 p.m.

The Bibelot Shop, 2276 Como Ave., will have a 20-percent-off ornament sale and samplings of tasty treats throughout the day.

Scarborough Fair, 2238 Carter Ave., will give shoppers a free scarf with any purchase over $100.

Healing Elements, 2290 Como Ave., will have a create-your-own-bath-salt-blend table set up (with gift-packing options available). Spend $50 on holiday shopping there that day and receive a free gift.

Frattaloni Ace Hardware, 2286 Como Ave., will have doughnuts for shoppers all day.

If you buy one entrée you can get the next one half off at Finnish Bistro, 2264 Como Ave., all day long.

Complexions on Carter Skincare Boutique in Milton Square will host an open house from 10 a.m. to 3 p.m. with demonstrations, product samples and holiday treats.

If you wear an ugly sweater to the new Milton Square shop Soleil Coffee Co. you’ll receive a 10 percent off.
Discover St. Anthony Park Dec. 2

**1. Colossal Café**
**2. Salon in the Park**
**3. U.S. Post Office**
**4. Knoke's Chocolates & Nuts**
**5. Karta Thai restaurant**
**6. Park Service**
**7. St. Anthony Park Library**
**8. Tim & Tom's Speedy Market**
**9. Sunrise Banks**
**10. Healing Elements**
**11. Frattalone's Ace Hardware**
**12. Dentists**
**13. Emil Gustafson Jewelers**
**14. Bibelot Shop**
**15. Finnish Bistro Café**
**16. All Seasons Cleaners**
**17. Little Wine Shoppe**
**18. Scarborough Fair**
**19. Milton Square Courtyard Shops:**
   - Micawber's Books
   - Lady Elegant's Tearoom
   - Soleil Coffee Co.
   - Creative Gathering Boutique
   - Turning Heads Salon
   - Complexions on Carter
**20. Como Rose Travel**
**21. Carter Avenue Frame Shop**
**22. Serendipity Flowers**

**MOVING SALE**
After over 20 years in the same location, Emil Gustafson Jewelers is moving!

20% - 70% OFF all in-stock merchandise*

Newly found “Lost” inventory

D **2236 Carter Avenue / 651.645.5178**

Mon.-Th 10 a.m. - 8 p.m., Fri-Sat. 10 a.m.-9 p.m., Sun 12-5 p.m.

www.milton-square.com


de小额 \$10 Off

purchase of $50 or more

Limit one per customer. Expires 12/31/17

See store for details

Happy Holidays from your Good Neighbor

2190 Como Avenue, St. Paul

Christmas Crafts, Cookies and Story time with Santa! Bring your camera!

December 1, 3 – 5 p.m.

Jim Roehrenbach
Agent, 651-644-3740

WANTED:
Sprinklers & Frosters

2310 Como at Doswell  Open daily 7 a.m. - 10 p.m.

651-645-7360  timandtomspeedymarket.com

Tim & Tom invite children of all ages with a weakness for Christmas cookies to stop by the store on Saturday, December 2, from 10 a.m. - 1 p.m., and try their hand at cookie decorating. Sprinkles and frosting provided. Previous experience not required.

Tim & Tom’s Sprinkles

2310 Como at Doswell  Open daily 7 a.m. - 10 p.m.

651-645-7360  timandtomspeedymarket.com

*Excluding Shared Treasures Estate Jewelry

**EMIL GUSTAFSON JEWELERS**
DISTINCTIVE JEWELRY AND DESIGN SINCE 1911

2278 Como Ave. / 651-645-6774 / gustafsonjewelers.com

**The Little Wine Shoppe**

2236 Carter Avenue / 651.645.5178

Mon.-Th 10 a.m. - 8 p.m., Fri-Sat. 10 a.m.-9 p.m., Sun 12-5 p.m.

www.thelittlewineshoppe.com

Join us for our annual Shop Home for the Holidays free-in-store wine tasting from 1 to 4, Saturday December 2nd.

**Thousands of holiday gifts for the foodies on your list!**

2475 Doswell Avenue, Saint Paul 651-256-0580
tuned to ApplianceSmart off Highway 280

RapidsRestaurantEquipment.com

8:30 am - 5:30 pm Monday-Friday, 9 am - 1 pm Saturday

Jim Roehrenbach

Agent, 651-644-3740

www.jrrsf.com

WANT Sprinklers & Frosters

2310 Como at Doswell  Open daily 7 a.m. - 10 p.m.

651-645-7360  timandtomspeedymarket.com

Tim & Tom invite children of all ages with a weakness for Christmas cookies to stop by the store on Saturday, December 2, from 10 a.m. - 1 p.m., and try their hand at cookie decorating. Sprinkles and frosting provided. Previous experience not required.

**Happy Holiday from your Good Neighbor**

2190 Como Avenue, St. Paul

Christmas Crafts, Cookies and Story time with Santa! Bring your camera!

December 1, 3 – 5 p.m.

Jim Roehrenbach
Agent, 651-644-3740

www.jrrsf.com

WANTED:
Sprinklers & Frosters

2310 Como at Doswell  Open daily 7 a.m. - 10 p.m.

651-645-7360  timandtomspeedymarket.com

Tim & Tom invite children of all ages with a weakness for Christmas cookies to stop by the store on Saturday, December 2, from 10 a.m. - 1 p.m., and try their hand at cookie decorating. Sprinkles and frosting provided. Previous experience not required.

**Happy Holiday from your Good Neighbor**

2190 Como Avenue, St. Paul

Christmas Crafts, Cookies and Story time with Santa! Bring your camera!

December 1, 3 – 5 p.m.
discount. The shop will have holiday gift-wrapping available and is accepting donations to a coat drive Thursday, Nov. 30-Sunday, Dec. 3.

Creative Gathering Boutique, also in Milton Square, has a whole weekend of activities planned Dec. 1-3. On Friday, Dec. 1, children can have their photos taken with Santa from 11 a.m. to 3 p.m. The store will have Christmas games during that time as well as a make-and-take Christmas ornament activity. Purchases over $75 will receive a 15 percent discount. On Saturday, Dec. 2, the boutique will have a vendor appreciation event from 11 a.m. to 4 p.m. (Meet the makers and check out their handmade items.) An ornament workshop will be held from 4 to 5 p.m. And on Sunday, Welcome to Whoville: The movie “How the Grinch Stole Christmas” will be playing in the store all day and customers can make their own Whoville ornaments. Wear an ugly Christmas sweater and receive 10 percent off your purchase.

Thistle, Milton Square’s occasional shop, has created a commemorative Christmas ornament to mark Milton Square’s 60th anniversary in St. Anthony Park. The ornaments will be available at Thistle and participating Milton Square merchants. Thistle is also offering free gift-wrap with a $25 purchase on Dec. 2.

Costumed carolers will roam the shops and streets that day, and at 5 p.m., Santa Claus will light the Christmas tree in the courtyard at Milton Square. Find updates at Shop Home for the Holidays on Facebook.

SHOP HOME FOR THE HOLIDAYS ARTISAN MARKET IS IN A NEW SPOT: Look for the annual market in the former Muffuletta cafe space, where local artisans will be selling Saturday, Dec. 2, 9 a.m. to 5 p.m., and Sunday, 11 a.m. to 4 p.m. Handmade goods will include up-cycled mittens and hats; paintings; photographs; greeting cards; ornaments; snow globes; art prints; wooden toys; Minnesota printed goods; crocheted hats, trees and toys; crocheted animals; jewelry; handmade aprons, hot-pad sleeves; and more. And Santa will be on hand from 3 to 5 p.m. for storytime, crafts and the annual tree lighting in the courtyard at Milton Square at 5 p.m.

DON’T FORGET THE BLUE HOUSE BOUTIQUE: Scroll up the street to St. Matthew’s Episcopal Church, 2136 Carter Ave., on Saturday, Dec. 2, or Sunday, Dec. 3, to the Blue House Boutique. The annual event is a fundraiser for the Blue House, an orphanage.
December fun guide from 13

in Uganda, and includes gourmet goodies, knit accessories, jewelry and African crafts will be sold.

Saturday’s sale will be held from 9 a.m. to 3 p.m. and will serve a homemade lunch from 11 a.m. to 1:30 p.m., along with coffee and pastries. Sunday’s sale will be held from 9 a.m. to 1 p.m.

SILENT AUCTION AND BENEFIT CONCERT: The 11th annual silent auction and benefit concert to support the Anaphylaxis & Food Allergy Association of Minnesota (AFAA) will be held Saturday, Dec. 2, 10 a.m.-1 p.m. at St. Anthony Park Lutheran Church, 2323 Como Ave. Bid on gifts for others or items and services for yourself while helping a volunteer-run nonprofit. Enjoy music provided by the Murray Middle School Orchestra, free craft-making for kids, allergen-friendly refreshments, coffee and apple cider. Contact info@minnesotafoodallergy.org for more information.

HOLIDAY FLOWER SHOW: The Marjorie McNeely Conservatory at Como Regional Park will host its annual holiday flower show Saturday, Dec. 2, through Sunday, Jan. 7. The show will be open daily, 10 a.m. to 4 p.m. The Holiday Flower Show tradition began in 1925.

A CUP OF HOLIDAY TEA: The annual three-course holiday tea at the Marjorie McNeely Conservatory will be held on Wednesday, Dec. 6, 11 a.m. and 2 p.m. Guests will dine on a three-course tea service and get a behind-the-scenes tour of the conservatory. Tickets are $40 if purchased before Thanksgiving or $45 after Thanksgiving. Space is limited and reservations are required. Call 651-487-8250.

SPAGHETTI WITH SANTA: Mr. and Mrs. Claus will dine with area children and families Friday, Dec. 8, at Langford Recreation Center, 30 Langford Park, from 5:30 to 7 p.m. The cost is $5 per person or $25 for a family of five or more. No charge for children 2 and under. Enjoy a spaghetti dinner, decorate a cookie and have your face painted. Walk-ins are welcome. Call Langford for more information: 651-298-5765.

WINTER WONDERLAND: Kids under 14 can join a wonderland of winter activities at Northdale Rec Center, 1414 N. St. Albans St., St. Paul, Thursday, Dec. 14, from 5:30 to 7 p.m. The event is free and there will be a special visit from Santa. Call 651-558-2329 for more information.

LIVING NATIVITY: Bethel Lutheran Church, 670 W. Wheelock Parkway, will host its fifth annual re-enactment of the Christmas story on Saturday, Dec. 16. The event will include actors portraying the biblical account of Jesus’ birth, a first-century Bethlehem marketplace (with vendors selling craft goods), live animals, warm beverages and treats. Doors will open for the Bethlehem marketplace at 5:30 p.m., with 10-minute live shows from 6 to 8 p.m. The event is free and open to the public (no tickets required). Free-will donations will be accepted. You can find out more at the event webpage: bethelstpaul.com/bethels-living-nativity-2017.

December fun guide from 13

in Uganda, and includes gourmet goodies, knit accessories, jewelry and African crafts will be sold.

Saturday’s sale will be held from 9 a.m. to 3 p.m. and will serve a homemade lunch from 11 a.m. to 1:30 p.m., along with coffee and pastries. Sunday’s sale will be held from 9 a.m. to 1 p.m.

SILENT AUCTION AND BENEFIT CONCERT: The 11th annual silent auction and benefit concert to support the Anaphylaxis & Food Allergy Association of Minnesota (AFAA) will be held Saturday, Dec. 2, 10 a.m.-1 p.m. at St. Anthony Park Lutheran Church, 2323 Como Ave. Bid on gifts for others or items and services for yourself while helping a volunteer-run nonprofit. Enjoy music provided by the Murray Middle School Orchestra, free craft-making for kids, allergen-friendly refreshments, coffee and apple cider. Contact info@minnesotafoodallergy.org for more information.

HOLIDAY FLOWER SHOW: The Marjorie McNeely Conservatory at Como Regional Park will host its annual holiday flower show Saturday, Dec. 2, through Sunday, Jan. 7. The show will be open daily, 10 a.m. to 4 p.m. The Holiday Flower Show tradition began in 1925.

A CUP OF HOLIDAY TEA: The annual three-course holiday tea at the Marjorie McNeely Conservatory will be held on Wednesday, Dec. 6, 11 a.m. and 2 p.m. Guests will dine on a three-course tea service and get a behind-the-scenes tour of the conservatory. Tickets are $40 if purchased before Thanksgiving or $45 after Thanksgiving. Space is limited and reservations are required. Call 651-487-8250.

SPAGHETTI WITH SANTA: Mr. and Mrs. Claus will dine with area children and families Friday, Dec. 8, at Langford Recreation Center, 30 Langford Park, from 5:30 to 7 p.m. The cost is $5 per person or $25 for a family of five or more. No charge for children 2 and under. Enjoy a spaghetti dinner, decorate a cookie and have your face painted. Walk-ins are welcome. Call Langford for more information: 651-298-5765.

WINTER WONDERLAND: Kids under 14 can join a wonderland of winter activities at Northdale Rec Center, 1414 N. St. Albans St., St. Paul, Thursday, Dec. 14, from 5:30 to 7 p.m. The event is free and there will be a special visit from Santa. Call 651-558-2329 for more information.

LIVING NATIVITY: Bethel Lutheran Church, 670 W. Wheelock Parkway, will host its fifth annual re-enactment of the Christmas story on Saturday, Dec. 16. The event will include actors portraying the biblical account of Jesus’ birth, a first-century Bethlehem marketplace (with vendors selling craft goods), live animals, warm beverages and treats. Doors will open for the Bethlehem marketplace at 5:30 p.m., with 10-minute live shows from 6 to 8 p.m. The event is free and open to the public (no tickets required). Free-will donations will be accepted. You can find out more at the event webpage: bethelstpaul.com/bethels-living-nativity-2017.

Opening Saturday, November 18

Closing: Sunday, December 17

Hours: Friday, Saturday, Sunday 9 a.m. - 3 p.m.

We planted pine, spruce and fir seedlings near Anoka in 1932, beginning the first commercial Christmas tree farm in Minnesota. The memories, like our trees and family, have been growing ever since.

Hansen TREE FARM

www.hansentreefarm.com

Mark Hansen 651-214-2305 / Dave Hansen 651-247-1952

Only 30 minutes to: 7440 Alpine Drive NW, Ramsey, MN 55303

Hansen TREE FARM

www.hansentreefarm.com

Mark Hansen 651-214-2305 / Dave Hansen 651-247-1952

Only 30 minutes to: 7440 Alpine Drive NW, Ramsey, MN 55303

Hansen TREE FARM

www.hansentreefarm.com

Mark Hansen 651-214-2305 / Dave Hansen 651-247-1952

Only 30 minutes to: 7440 Alpine Drive NW, Ramsey, MN 55303

Hansen TREE FARM

www.hansentreefarm.com

Mark Hansen 651-214-2305 / Dave Hansen 651-247-1952

Only 30 minutes to: 7440 Alpine Drive NW, Ramsey, MN 55303
AREA YOUTH PERFORM “NARNIA”: Prospect Park’s Youth Performance Co. (YPC) will present the play “Narnia” this holiday season. The play—a story about young people facing challenges and learning about courage, love and giving—is based on the C.S. Lewis book “The Lion, the Witch, and the Wardrobe.” The show will be performed at the Howard Conn Performing Arts Center, 1900 Nicollet Ave., Minneapolis, from Dec. 1 to 17. Tickets are $7-$15. To find out show times, call the box office at 612-623-9080 or go to youthperformanceco.org.

NIGHT TRAINS: The Twin City Model Railroad Museum’s annual display, Night Trains, is open every Saturday 6-9 p.m. through Feb. 4. The museum moved out of its longtime home in Bandana Square two years ago and is now located at 668 Transfer Road, Suite 8. Night Trains displays dozens of model railroad layouts in a magical way: The lights are turned down, the buildings and street lights glow, and the make-believe town of Matlin is buried in a blizzard. The layouts are adorned with miniature Christmas lights and decorations. Santa will visit the museum on Saturday, Dec. 23.

Admission is $15 per person and free for children four and younger. Discounted group rates are available for groups of four or more (cost for four guests is $45, six guests is $60, 10 guests is $90). Learn more at www.tcmrm.org.

A TALE AS OLD AS TIME: SteppingStone Theatre for Youth will open its holiday show, Disney’s “Beauty and the Beast Jr.,” Friday, Dec. 1, at SteppingStone Theatre, 55 N.Victoria St., St. Paul. Based on the Academy-Award-winning animated feature, the stage version includes all of the songs from the animated film plus a few new songs written especially for the Broadway musical. The opening night performance will be followed by a reception at the theater where patrons can meet the cast and crew and enjoy refreshments. Performances will run through Friday, Dec. 22. Ticket prices begin at $12. You can find out performance dates and times and purchase tickets at www.brownpapertickets.com/event/293969. SteppingStone Theatre is celebrating its 30th anniversary in the 2017-2018 production season.
DECEMBER

Events

Santa and more (see pages 11-15 for more information), 9 a.m.-5 p.m. Handcrafted gifts and treats.
Saturday luncheon, 11 a.m.-1:30 p.m. Chinese, St. Anthony Park Library, 10 a.m.-noon. No charge or registration required.
SAPAS Game Day, Centennial United Methodist Church, 10 a.m.-noon. No charge or registration required.

3 SUNDAY
Blue House Boutique, St. Matthew’s Episcopal Church, 9 a.m.-1 p.m.
Artisan Holiday Market, in the former Micawber space in Milton-Square, 11 a.m.-4 p.m.

4 MONDAY
Middle School Book Club, for students in grades 6 to 8, St. Anthony Park Library, 6:30-7:30 p.m. Space is limited. Sign up and pick up a copy of the book at the library information desk.

5 TUESDAY
Baba/oddin’ Sunday storytime, Tuesdays in December, St. Anthony Park Library, 9:30 a.m. and 10:30 A.M. No storytime Dec. 19 or 26.
St. Anthony Park Cakes Club “Auntie Dorothy in Bloom: A Photo Tour,” presented by Abby Mauer, St. Matthew’s Episcopal Church Fellowship Hall. Social time, 7 p.m. Pancakes, 7:30 p.m. Contact Skeide Kleiber, kkleib09@bom.net or 651-645-9055 with questions.

6 WEDNESDAY
English Conversation Circles, every Wednesday, St. Anthony Park Library, 4-5:30 p.m.

7 THURSDAY
Community Support Group, first Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 A.M.
Bereavement Support Group, last Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 A.M.
Preschool storytime in Mandarin Chinese, St. Anthony Park Library, 10-11 a.m.
Folwell Terrace Community Center, 1250 Larpenteur Ave., Falcon Heights, 10:30 a.m.

8 FRIDAY
SAPAS Coat Day, Centennial United Methodist Church, 10 a.m.-noon. No charge or registration required.

14 THURSDAY
St. Anthony Park Area Seniors cinema “All Is Lost,” St. Anthony Park Library, 2 p.m. All welcome. Free.
Women’s Drum Center, 5:30-7 p.m.

15 FRIDAY
SAPAS Coat Day, Centennial United Methodist Church, 10 a.m.-noon. No charge or registration required.

19 TUESDAY
Community Sing, Olson Campus Center, Luther Seminary, 10 a.m.-1 p.m.

21 FRIDAY
The Foundry, 2290 University Ave., St. Paul 55114. Contact Ruthann Ives or 651-603-9846 with questions.

22 FRIDAY
SAPAS Coat Day, Centennial United Methodist Church, 10 a.m.-noon. No charge or registration required.

24 SUNDAY-
26 TUESDAY
St. Anthony Park Area Seniors Mondays and Thursdays, Larpenteur City Hall, 2-3 p.m.

VENUE INFORMATION

Community Sing, Olson Campus Center, 10 a.m.-1 p.m.

WELLINGTON MANAGEMENT

Commercial Real Estate

LOCALLY FOCUSED
CREATIVE OPPORTUNITIES
DEDICATED CUSTOMER SERVICE

1625 Energy Park Drive #100 | St. Paul, MN 55108
651-292-9844
www.wellingtonmtg.com

TREAT YOURSELF
by gracing
your oasis

Diana Koren

2235 Energy Park Drive,
St. Paul 55108
651-647-9000
theresahair.com

Ruthann Ives

WELLPONG

MANAGEMENT

Commercial Real Estate

LOCALLY FOCUSED
CREATIVE OPPORTUNITIES
DEDICATED CUSTOMER SERVICE

1625 Energy Park Drive #100 | St. Paul, MN 55108
651-292-9844
www.wellingtonmtg.com

DAN BANE, CPA, LLC
Certified Public Accountant

Providing Individual & Business Tax Service.

Conveniently located in the Baker Ct Bldg (1 Blk East of 280 at corner of Territorial & Raymond) at 821 Raymond Ave – Ste 310, St Paul 55114.
Call for an appointment 651-999-0123 or visit my website at: www.danbanecpa.com

Tuesdays and Fridays, St. Anthony Park Library, 2-3:30-5:30 p.m. Chair yoga in place of exercise class on Dec. 1 & 15.

Wednesdays, Centennial United Methodist Church, 10:30-11:30 a.m.

FREE SENIOR BLOOD PRESSURE CLINICS

Cove Park/Falcon Heights Black Nurse Program:
Fourth Monday, Falcon Heights City Hall, 12-1:30 p.m.
Third Thursday, Arbor Pointe Senior Apartments, 10-11 a.m.
Fourth Thursdays, Falcon Heights Town Square Senior Apartments, 11 a.m.-noon.

Saint Anthony Park Area Seniors (SAPAS)
Wednesdays, Centennial United Methodist Church, 11:30 A.M.-1:30 p.m.

Friday, Dec. 1, St. Anthony Park Library, 2-2:30 p.m.
Tuesday, Dec. 12, Seal Hi-Rise, 3-3:30 p.m.

VENUE INFORMATION

Arbor Pointe Senior Apartments, 635 W. Marshall Ave.

Centennial United Methodist Church SAP Campus, 2200 Hidden Lake Ave., 651-603-8946
Falcon Heights City Hall, 2077 W. Larpenteur Ave.
Falcon Heights Town Square Senior Apartments, 1530 W. Larpenteur Ave.

Larpenteur Recreation Center, 30 Larpenteur Ave., 651-298-5765
Larpenteur City Hall, 1891 W. Larpenteur Ave., 651-631-0300

Macarthy Center & Como, lower level Milton Square, 651-646-5506

Micawber’s, Carter & Como, lower level Milton Square, 651-631-0300

Olson Campus Center, Luther Seminary, 651-558-2329

Saint Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Anthony Park Library, 2245 Como Ave., 651-645-0371

St. Anthony Park Library of Christ, 2129 Commonwealth Ave., 651-646-7173

St. Matthew’s Episcopal Church, 2135 Como Ave., 651-645-3056

Women’s Drum Center, 2242 W. University Ave., 651-224-1200

womensdrumcenter.org
Learn about Somali history
A presentation and discussion with Adam Dirie, program director of the Somali Museum of Minnesota, will be held at Sunrise Banks Corporate Headquarters, 2525 Wabasha Ave., St. Paul, Wednesday, Nov. 29, 6-8 p.m.
Dirie will give a presentation, the pre-colonial, colonial and post-colonial Somali history that has forced thousands of Somalis to seek refuge and resettlement in the United States and other parts of the world.
Guests will get a chance to view artifacts from the museum showcasing Somali nomadic life, traditional homemaking, fashion and more.
Attendees will also receive a basic Somali language lesson, learn with several useful phrases to use with neighbors, and learn why Somalia is known as “the land of the bare.”
The presentation will be followed by time for questions.
This is a free event, but please register. Contact Kelly at 651-251-9874 or kyrdnfl@lituniversity.org.
This is a free event, but we ask that you please register in advance.

Calamus Ensemble sing 'Carols of the World' at Music in the Park
The Calamus Ensemble will present “Christmas Carols of the World” Sunday, Dec. 3, at 4 p.m., at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., as part of the Schubert Club’s Music in the Park Series. A pre-concert talk with the artists will begin at 3 p.m.
One of Germany’s most successful vocal groups, Calamus, has been awarded prizes in numerous international competitions, including the prestigious Concert Artists Guild Competition. Music in the Park Series brings the a cappella quartet to St. Paul with a program of carols from around the world, from 16th-century Italian madrigals to traditional carols of France, Germany, Sweden and England, to popular American holiday songs.
Calamus ensemble will also visit both St. Anthony Park Elementary School and St. Anthony Park Home, Dec. 4 as part of their Music in the Park residency.

Here is what’s happening at your Park residence.

Here is what’s happening at your Park residence.

Neighbors

A gift of greenery
A team from the University of Minnesota’s Farmhouse Fraternity on Cleveland Avenue joined staff members of the St. Anthony Park Garden Club in filling the St. Anthony Park Library window boxes with winter greens. Evergreens were donated by the Hansen Family Tree Farm Club in Cleveland Avenue.

Cleveland Avenue joined members of the St. Anthony Park Garden Club in filling the St. Anthony Park Library window boxes with winter greens. Evergreens were donated by the Hansen Family Tree Farm Club in filling the St. Anthony Park Library window boxes with winter greens. Evergreens were donated by the Hansen Family Tree Farm Club in filling the St. Anthony Park Library window boxes with winter greens. Evergreens were donated by the Hansen Family Tree Farm Club.
Our summer adventure working in a national park

By Janet Wight

Have you ever thought about doing something different from your normal routine? Perhaps immersing yourself in an out-of-the-ordinary destination? That is exactly what my daughters and I did this past summer.

It all started over a year ago when I came up with the idea of spending the summer living and working in a national park with my daughters, Margot and Mallory. Since our family is passionate about national parks it seemed like it would be the perfect fit for us. I discussed it with my husband, Jeremy (who would be staying home and working while we were gone), and he agreed that it was a promising idea. We decided that either the Grand Canyon in Arizona or Yosemite in California would be the best places to apply. Both of these parks have large visitor numbers, so they would have a great need for seasonal employees.

We applied at Xanterra first (which operates most of the Grand Canyon, South Rim properties) and by early December we had each received a job offer. We gladly accepted and immediately began to prepare for our summer adventure. We wanted to room together, so I requested one of the historic employee cabins. Since Margot and Mallory are college students, we realized that we would have tight turnarounds on both ends of the summer. We were determined to fulfill the three-month minimum job requirement, so we planned accordingly.

On May 11, we packed our Honda Civic with clothes, bedding and other necessities. We took four days to reach our destination, staying in Overland Park and Liberal, Kansas, then Albuquerque, N.M., and finally Flagstaff, Ariz., on our last night before arriving at the canyon.

When we finally arrived, our passports were reviewed and we completed drug screenings and orientation. Our fellow employees—mostly college students or recent graduates—came from many countries, including Thailand, the Philippines, Columbia, Romania, Bulgaria and Poland. They were thrilled to earn minimum wage since it was a much higher rate of pay than they could expect back home. Most of the middle-aged and retired employees were from the U.S. There were also quite a few employees from the nearby Navajo Nation. Some employees worked at the canyon year-round and raised their families there. It was their home.

We all worked in restaurants. I was a host at the Bright Angel Restaurant, Margot was an attendant in the beverage department. Each person was a host at the canyon lives in the village, so we would see people we knew everywhere we went, just as if we were tourists. The tourists we encountered were from all over the world speaking a wide variety of languages.

On our days off we usually alternated between staying at the canyon and spending time in Flagstaff, the closest city to the canyon. Since we were living in a remote area we developed an appreciation for urban amenities (taken for granted in St. Paul) such as movies, haircuts, outings to Walgreens or Target, and high-speed Internet. We thoroughly enjoyed a weekend in Page (hiking to Horseshoe Bend and cruising on Lake Powell) and another one in historic Williams. We also visited Sedona and the meteor crater near Window. We took full advantage of employee perks, including free guided bus tours and travel on the Grand Canyon Railway. We also attended ranger programs, walked along the rim trail, and hung out at the library and rec center.

In mid-August it was time to head back to Minnesota. After packing the car, returning our uniforms, completing the necessary paperwork and many emotional goodbyes, we drove all the way to Phoenix. It was a long and exhausting day. Margot and Mallory flew home the following morning (since they needed to be back to school), and I embarked on the solo drive home. After being at the canyon all summer Minnesota seemed so green and lush. We were all happy to be home.

We certainly accomplished our primary goals of spending quality time together and gaining valuable work experience, especially for Margot and Mallory. And we all developed a deeper and more intimate connection to the canyon. Most important, however, we established relationships with like-minded individuals from all over the world, and from many cultures, who share our spirit of adventure and friendship.

Janet Wight is a resident of Como Park, where she lives with her husband and daughters.
Take a trip on the Trans-Siberian Express

By Michelle Christianson

What is more exciting than getting ready to board a train? The crowds, the high ceilings of the train station, the nostalgia for a former era and, of course, the brass band in their bright red uniforms playing a welcome march as we search for our train car.

That was our experience as we prepared to leave Moscow on the Trans-Siberian Express in September. Our adventure included stops in Kazan, Ekaterinburg, Novosibirsk, Krasnoyarsk, Irkutsk, Lake Baikal and Ulan-Ude in Russia, Ulan-Baatar in Mongolia, and Erlian and Beijing in China. If many of these names don’t mean much to you, you are right where I was before embarking on this trip. Luckily, I had a guidebook that I read each night before bed.

We began our trip with two very rainy days in Copenhagen. Because of the rain, we had to forgo our plans to bike the city and spend time at Tivoli Garden, but we saw three of the rain, we had to forgo our plans.

As we crossed Siberia, the terrain became more mountainous and the weather (though beautiful) was colder. The churches and mosques were joined by Buddhist temples, and we noticed more and more people in the cities with Asian features.

Above left, a woman sells flowers in the square at Ekaterinburg, Russia. At top, a brass band serenades travelers in a Moscow train station, and above, author Michelle Christianson stands near the yurt, where she stayed while in Mongolia. Photos courtesy of Michelle Christianson
Donald Kelsey

Donald G. Kelsey, 78, a St. Anthony Park resident for many years and more recently of Como Park, died Oct. 26, 2017.

He is survived by his wife of 55 years, Carol; his children, Mark (Kimberly) Kelsey, Heather (Randall) Quale and Michael Kelsey and friend Kathleen; three grandchildren; sister, Linda (Glenn Strand) Kelsey; brother, Thomas (Ingrid Schaff) Kelsey; nieces and nephews; other relatives and friends.

Don worked for the University of Minnesota Libraries. He was a past Scout Master of Timmy 17 and on the staff of Tomahawk Scout Reservation. He was also past president of Minnesota Library Foundation and a dedicated volunteer and church member.

He was preceded in death by his parents, Clive and Mary; and sister, Judith Kopper. His memorial service was held Nov. 2 at Como Park Lutheran Church.

Thomas Polta

Thomas Alfred Polta, M.D., 70, of Spring Lake Park, Minn., died Oct. 25, 2017. Dr. Polta served in the U.S. Air Force as a captain stationed in Alaska with his first wife, Chris, and their sons Steve and Dan. Tom worked as an anesthesiologist at Unity and Mary Hospitals in the Twin Cities.

Mass of Christian Burial was celebrated Nov. 7 at Church of St. Cecilia in St. Anthony Park.

Eleanor Urbanski


She was preceded in death by her husband, Ancel, sisters and brothers. She is survived by her sons, Clem (Annette); daughter, Bonnie (Jim) Drey; five grandchildren; and five great-grandchildren.

Mass of Christian Burial was celebrated Nov. 7 at Church of the Holy Childhood in Como Park.

Jesse Zepeda

Jesse Antonio Zepeda, Jr., formerly of St. Anthony Park, died Oct. 29, 2017. He returned to St. Anthony the first afternoon, the Great Wall, the Ming tombs and the Spiritual Walk the next day, briefly in Beijing that evening and Tiananmen Square, the Forbidden City and the Olympic Games venue the next day. It was tiring, but so interesting.

That last night in Beijing, we had a dinner with all the people from the train. Our host recognized the countries we came from: Germany, France, Portugal, Brazil, Australia, Switzerland, Great Britain, the Netherlands and the U.S. (Sadly, our friends, the Thai-American doctors, had already left the group. They were such fun.)

In many ways, spending time with the group was the best part of the journey; it was a sort of traveling family. We got to know each other pretty well, and it was an adventurous and well-traveled (and fun) bunch of people. Being in such close quarters and sharing such interesting sites and activities made us quickly form good friendships. I hope to keep in contact with them and find out about their next adventures. Some are already my Facebook friends.

So, there is a short version of my trip on the Trains-Siberian Railway. If you want to know more, just ask me and I’d be happy to share more experiences (and photos) with you.
School News

We welcome news about area schools and students in our coverage area. Send your news about local schools and students to editor@parkbugle.org. The next deadline is Wednesday, Dec. 6.

Chelsea Heights Elementary
1577 Harun St., 651-293-8790
www.chelseheights.com

Easy fundraisers
Head to these participating establishments in December, tell them you are participating in the Chelsea Heights fundraiser, and a portion of the money you spend will be donated to the school:
• Thursday, Dec. 14: St. Paul Bagelry, 1702 N. Leignton Ave., 7 a.m.-3 p.m.
• Thursday, Dec. 21: Davennis, 1905 Westmore Road, Roseville, all day.

Como Park Senior High
740 Rose Ave., 651-293-8800
www.comoshs.org

Students learn about finance
Wells Fargo volunteers and mentors visited Como and guided all 350 Academy of Finance (AOF) students in grades 9-12 in small group discussions, mock interviews and in creating resumes, writing cover letters and filling out cover letters.

BEASTBot is a Hallowed treat at Mall of America
Como’s BEASTBot Robotics Club went to the Mall of America (MOA) on Hallowed for the Anaphylaxis and Food Allergy Association of Minnesota’s annual Allergy-Free Zone. Young superheroes and goblins were able to drive the robot and collect food-free treats thanks to these Coogar role models.

Grocery bagging at Cub helps students raise funds for D.C. trip
Fundraising is in full swing for the annual Cub Up trip to Washington, D.C., in March. Students from AP Government classes will bag groceries for the Burnsville Cub Foods on Larpenteur Avenue from 4 to 8 p.m. Tuesday, Nov. 21, for donations from Cub customers. More grocery bagging is scheduled during winter break in December. Interested in financially supporting the students? Contact trip coordinator Eric Enckenn, etc.enckenn@pps.org.

Learn about Como’s AP program
Como High School’s Advanced Placement (AP) Night is Monday, Nov. 27, from 6 to 7:30 p.m., in the school library. AP Night is an opportunity for prospective students and families to learn more about Como’s AP program from staff, parents and a student panel.

Students and families interested in learning about Como’s award-winning AP curriculum will be able to visit with current AP students and teachers and ask questions about the AP experience. College in the Schools (CIS) classes are also offered at Como and also will be presented at the meeting. Questions? Call AP coordinator Molly McCarty, 651-744-5354.

Volunteer at Como
Como students and staff are looking for community members who would like to volunteer in the classroom. Interested individuals can contact Molly McCarty at 651-744-5354 to learn more.

Construction update
Construction on the Como’s new addition continues to progress. Steel beams are now two-stories high in the space south of the building toward the railroad tracks. Work crews are busy all day and manage the project so that the loudest, most intensive structural assembly adjacent to the existing walls is completed after the official school day ends at 2 p.m. Teachers with classrooms near the construction have been making accommodations to provide after-school help to students and do their grading and preparation in alternative locations away from the noise.

Murray Middle School
2200 Buford Ave., 651-293-8740
www.murraympp.org

Annual book fair is Dec. 7
Murray’s annual Barnes & Noble book fair will be held all day Thursday, Dec. 7, at the Barnes & Noble at HarMar Mall, 2100 N. Snelling Ave., Roseville. A percentage of books sold will go to Murray’s Parent Teacher Association.

The day will include a showcase of student work, musical performances and gift wrapping by the National Junior Honor Society.

Can’t attend? You can support Murray by ordering online Dec. 7-12. Enter the book fair ID 12003064 at checkout.

St. Anthony Park Area Seniors
St. Anthony Park Area Seniors coordinates volunteer opportunities to support residents of area senior living. Call 651-642-9052 to find out how you can get a ride or give a ride.

Como Park/Falcon Heights Living at Home Block Nurse Program
Your non-profit neighborhood agency designed to support residents 65 and older who wish to remain in the home and community they love.

• Resource and Referrals
• Volunteer Visitors
• Weekly Exercise with Volunteer
• Home Safety Checks
• Respite Care
• Transportation
• Homemaker and Companion Care

Your non-profit neighborhood agency designed to support residents 65 and older who wish to remain in the home and community they love.

• Resource and Referrals
• Volunteer Visitors
• Weekly Exercise with Volunteer
• Home Safety Checks
• Respite Care
• Transportation
• Homemaker and Companion Care

Como Park/Falcon Heights Living at Home Block Nurse Program—central Minnesota's annual Allergy-Free Zone. Young superheroes and goblins were able to drive the robot and collect food-free treats thanks to these Coogar role models.

Grocery bagging at Cub helps students raise funds for D.C. trip
Fundraising is in full swing for the annual Cub Up trip to Washington, D.C., in March. Students from AP Government classes will bag groceries for the Burnsville Cub Foods on Larpenteur Avenue from 4 to 8 p.m. Tuesday, Nov. 21, for donations from Cub customers. More grocery bagging is scheduled during winter break in December. Interested in financially supporting the students? Contact trip coordinator Eric Enckenn, etc.enckenn@pps.org.

Learn about Como’s AP program
Como High School’s Advanced Placement (AP) Night is Monday, Nov. 27, from 6 to 7:30 p.m., in the school library. AP Night is an opportunity for prospective students and families to learn more about Como’s AP program from staff, parents and a student panel.

Students and families interested in learning about Como’s award-winning AP curriculum will be able to visit with current AP students and teachers and ask questions about the AP experience. College in the Schools (CIS) classes are also offered at Como and also will be presented at the meeting. Questions? Call AP coordinator Molly McCarty, 651-744-5354.

Volunteer at Como
Como students and staff are looking for community members who would like to volunteer in the classroom. Interested individuals can contact Molly McCarty at 651-744-5354 to learn more.

Construction update
Construction on the Como’s new addition continues to progress. Steel beams are now two-stories high in the space south of the building toward the railroad tracks. Work crews are busy all day and manage the project so that the loudest, most intensive structural assembly adjacent to the existing walls is completed after the official school day ends at 2 p.m. Teachers with classrooms near the construction have been making accommodations to provide after-school help to students and do their grading and preparation in alternative locations away from the noise.

Murray Middle School
2200 Buford Ave., 651-293-8740
www.murraympp.org

Annual book fair is Dec. 7
Murray’s annual Barnes & Noble book fair will be held all day Thursday, Dec. 7, at the Barnes & Noble at HarMar Mall, 2100 N. Snelling Ave., Roseville. A percentage of books sold will go to Murray’s Parent Teacher Association.

The day will include a showcase of student work, musical performances and gift wrapping by the National Junior Honor Society.

Can’t attend? You can support Murray by ordering online Dec. 7-12. Enter the book fair ID 12003064 at checkout.
Como Park Cougars

Football
Coach of the Year. Mohamed coached the C-team and was soccer alum Hussein Mohamed program fields four teams. Como Conference selections. Owu and Kher Lin Kyaw were All-Senior captains Law Htoo, Kobby Harding in the Section 4A Final. section play-offs, ultimately falling to the regular season and into the winning streak at the conclusion of resolve, however, the team improved early wins. With hard work and the varsity boys struggled to find challenging St. Paul City Conference, Boys' soccer coaches.

Red Sub-District by the district Defensive MVP of the T win Cities lineman Donny V entrelli was voted Viar Johnson. Additionally, senior Johnson, Patrick Corniea and Jay Timitrius Simmons, Will Wooten Donny Ventrelli, Robert Adams, selected to the All-District team: Roberto Urbina, Lumin Gunnar Olson. Seniors receiving conference honorable mention: seniors receiving conference honorable mention. The team was young but had veteran leadership with senior captains Ti Lee Eh Paw and Emily Forestrom, along with junior captain Gigi Gabrielli. The team's strong nucleus of players returning for next season includes all-conference sophomores Shar Too and Rebar Htoo and all-conference junior defender Celia Olson.

Volleyball—The Cougars' volleyball program continued to have high participation with three teams consisting of the varsity, junior varsity and C-team. The varsity team finished with a winning record of 7-5 in the St. Paul City Conference and were led by all-conference seniors Maria Herh and Madison Skic Junior Sole Mala Chialamonti and sophomore Amina Smith were all-conference honorable mention. The youngest players in the program showed great promise as the C-team won the conference tournament at the close of the season.

Girls' soccer—It was a record-breaking season for the Cougars with all-time program highs reached for goals scored (91) and shutouts (13). That combination produced an overall record of 15-4 and a trip to the Section 4A Semi-Finals where Como fell to Mahtomedi, who went on to win the state championship. For the second straight season, Shar Too was chosen All-State. She tallied 25 goals and was the second-leading goal scorer in the entire state. The team was young but had veteran leadership with senior captains Ti Lee Eh Paw and Emily Forestrom, along with junior captain Gigi Gabrielli. The team's strong nucleus of players returning for next season includes all-conference sophomores Shar Too and Rebar Htoo and all-conference junior defender Celia Olson.

Volleyball—The Cougars' volleyball program continued to have high participation with three teams consisting of the varsity, junior varsity and C-team. The varsity team finished with a winning record of 7-5 in the St. Paul City Conference and were led by all-conference seniors Maria Herh and Madison Skic Junior Sole Mala Chialamonti and sophomore Amina Smith were all-conference honorable mention. The youngest players in the program showed great promise as the C-team won the conference tournament at the close of the season.

Girls' soccer—It was a record-breaking season for the Cougars with all-time program highs reached for goals scored (91) and shutouts (13). That combination produced an overall record of 15-4 and a trip to the Section 4A Semi-Finals where Como fell to Mahtomedi, who went on to win the state championship. For the second straight season, Shar Too was chosen All-State. She tallied 25 goals and was the second-leading goal scorer in the entire state. The team was young but had veteran leadership with senior captains Ti Lee Eh Paw and Emily Forestrom, along with junior captain Gigi Gabrielli. The team's strong nucleus of players returning for next season includes all-conference sophomores Shar Too and Rebar Htoo and all-conference junior defender Celia Olson.

Girls' tennis—Participation increased this season with the addition of several sophomores joining the program. The added depth brought more energy to practices and provided more flexibility for the varsity lineup and junior varsity exhibition matches. Sixteen girls were on the roster, led by senior captains Granda Sayavong who played No. 1 singles and Shyam Salverda who played No. 3 singles. Junior Victoria Hartwich-Cedillo played No. 2 singles. Sayavong was also Como's recipient of the Jeanne Arth Sportsmanship Award, determined by a vote of the conference coaches.

Girls' swimming—The Cougars combined with Johnson High School swimmers to form a deeper team and train together every day in the Como pool. The result was a third-place finish in the St. Paul City Conference. Senior Adrianna Tarver produced the best results of her career and achieved all-conference honorable mention. Sophomore Amira Boler also earned all-conference honorable mention.

Murray Pilots

Sideline—The Pilots put together another strong season on the court and finished the regular season with a 7-4 record. In the conference tournament, Murray demonstrated its improvement as they defeated Parkway, a team that beat the Pilots in the first half of the season. That tournament victory propelled the squad to third place out of the 12 teams. The coaches noted that all...
Send your ad to classifieds@parkbugle.org or P.O.Box 8126, St. Paul, MN 55108, or call Fariba Sanikhahatam, 651-239-0321. Ads are $5 per line. Add a box or art for $10. Next deadline: Dec. 8.
Farm 2 School brings local food to school lunch tables

By Alex Lodner

The Good Acre, a food hub at 1790 W. Larpenteur Ave., Falcon Heights, has its fingers in all things food. From cooking classes to serving as a CSA location to connecting local farmers with wholesale buyers, the Good Acre works to create opportunities to nourish and educate.

Now, the Good Acre is helping Twin Cities area schools provide healthy meals to students through its Farm 2 School program. The program was launched in 2016, when the Good Acre partnered with Fridley Public Schools. The Good Acre facilitated training for the school district's nutrition services staff, including technique training, recipe development and ideas on creating healthier menus for students. Over the next year, the program has grown to include 12 school districts in the greater Twin Cities area, including Roseville, St. Paul and St. Anthony-New Brighton.

With the ultimate goal of incorporating more local, small farmer-grown produce into their food-service programs, “Good Acre is incorporating local, small farmer-grown produce and introducing nutritional services staff to the produce they will receive from us throughout the school year, and work with them through hands-on culinary training. The staff is excited to learn, and many of them make the dishes that they learn in our trainings for their own families at home.”

The kids get in on the action as well. The Good Acre provides schools with materials to share with students so the kids can more easily connect the food they are eating with the farming communities that grow their food. “The kids get in on the action as well. The Good Acre provides schools with materials to share with students so the kids can more easily connect the food they are eating with the farming communities that grow their food,” Good Acre Farm to School Program Coordinator Natalie Vanderburg said.

The kids take their individual skills to higher levels, supported each other extremely well and team spirit was consistently positive.

Sports from 22

Girls’ soccer—With a winning record and a third-place finish in the St. Paul City Conference, the soccer girls stayed strong and continued to play with quality. In the final game, on a cold, gray and windy day on the Murray field, a late goal lifted the team to a 1-0 win over Washington and a satisfying conclusion to the season.

Boys’ soccer—With more than 50 players, the coaches formed an A- Team and B-Team and scheduled additional games to provide more participation opportunities. A talented group of seventh-graders stepped up to become the core of the A-Team and push the Pilots to a record of 6-3-1. Byron Mendoza was the team’s top scorer. The team captains were Damien Perrymen, Jordan Van Sant, Soren Berg and Gabriel Albornoz Ruiz, who all modeled a strong work ethic and provided positive leadership.

Flag football—For the second consecutive season, the Murray flag football team finished undefeated with a record of 11-0 and claimed the St. Paul City Conference championship. The Pilots started the season winning games by large margins over many rivals, but the toughest games against the other top teams, Highland and Washington, were scheduled for the last two days of the season. Murray rose to the challenge defeating Highland 21-13 and clinching the title with a 27-21 victory over Washington.

Eric Erickson is a social studies teacher at Como Park High School and a longtime coach of school and youth sports in St. Paul.