



Spirit of the Park
Rick Beeson named
this year's recipient.
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Surprise!
Gardens are full
of them.
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4th in the Park
Here's the complete
schedule
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Park Bugle

St. Anthony Park / Falcon Heights
Lauderdale / Como Park

www.parkbugle.org
July 2017

'Falcon Heights will never be the same'

One year after Castile shooting, residents and mayor reflect on the aftermath and the future.

By Kristal Leebrick

Philando Castile.

Twelve months ago, most Falcon Heights residents had never heard the name.

That changed July 6, 2016, when Castile, a 32-year-old black man from Robbinsdale, was shot and killed by St. Anthony police officer Jeronimo Yanez during a traffic stop on Larpenteur Avenue.

Now, the man whose mother said "never talked much here" is "making a lot of noise." Those words of Valerie Castile are etched into a wooden pillar erected at the makeshift memorial site next to where her son was killed, and Philando Castile's legacy is shaping public policy in this small St. Paul suburb.

Valerie Castile's words "struck home with me," said Falcon Heights Mayor Peter Lindstrom. "Philando Castile was not a member of our community, did not live in our community, but what happened to him was transformational for our community and hopefully far beyond. People are talking now, and we have been since July 6."

Yanez, 29, was charged with second-degree manslaughter in the shooting and two counts of dangerous discharge of a firearm for endangering Castile's passengers, girlfriend Diamond Reynolds and her 4-year-old daughter.

Prosecutors argued that when Yanez stopped Castile for a nonworking brake light, Yanez failed to follow protocol when Castile told Yanez he had a gun. Defense attorneys argued that though Castile volunteered he had a gun with him, he did not disclose that he had a permit to carry it. When Castile reached for his pocket, Yanez claimed he believed Castile was reaching for his gun.

Yanez was found not guilty on all counts on June 16.

"This is not the verdict that we should have gotten," said Melanie Leehy shortly after the verdict was announced. Leehy served as co-chair of the Falcon Heights Task Force on Policing and Inclusion, which came together in December to help the city develop new police policies and establish inclusive and welcoming practices for all residents and guests in the city.

"This case was supposed to be different," she said. "This shows that we still need reform in police unions, in our judicial system. The way



The memorial site for Philando Castile on Larpenteur Avenue serves as a daily reminder to Falcon Heights residents that "The Nation Is Watching." Photo by Kristal Leebrick

things are written, it favors the police."

"My heart hurts for Philando's family and friends," said Paula Mielke, a Falcon Heights resident who is part of a group that pushed for police reform in the city after the shooting. "For their sake, we can't stop pushing for changes in policing that so desperately need to happen. We have to continue to be loud for Philando."

"Falcon Heights will never be the same," Leehy said, "but I've got to believe we are on the path to bring about change that will be a lasting improvement on us as individuals and as a collective called the city of Falcon Heights."

As the green signs that dot lawns throughout the city say, the nation is watching Falcon Heights as city officials and residents continue to deal with this high-profile shooting,

the trial and its aftermath.

Center of the volcano

Mayor Lindstrom got the call from the city administrator around 10 p.m., less than an hour after Castile was shot last July. When the mayor showed up at the scene just a quarter-mile from his home, he was told only that there had been an officer-involved shooting.

He's not sure when he first saw

Falcon Heights to 10

Minneapolis' Midtown Greenway could get extension into St. Paul

By Bill Lindeke

Minneapolis' Midtown Greenway is a crown jewel of American urban bicycling, an off-street trail along an old railroad corridor used by thousands every day. But it ends abruptly at the old railroad bridge over the Mississippi River, where a sturdy chain fence keeps cyclists from connecting east to St. Paul.

That might change as neighbors, working with the city, hope to make use of empty railroad runs along the Minneapolis

Greenway and into St. Paul neighborhoods, such as St. Anthony Park, Merriam Park and beyond. At a packed meeting this month, led by the Union Park District Council, dozens of people gathered to discuss the hopes and hurdles for linking the streets of St. Paul with the Minneapolis bike trail.

For those who have not biked or walked it, the Midtown Greenway is a wide 10-mile, off-street trail running east and west, just north of Lake Street to Lake Calhoun and then to the Mississippi. It was

constructed in phases, with a nonprofit coalition raising funds and coordinating city and other grants to transform an abandoned railroad into today's well-used urban space. One of its key features is that, because it has almost no at-grade crossings, it allows cyclists, runners and others to travel through the heart of the city without interacting with cars.

According to St. Paul city engineer John Mascko, who spoke at

Bikes to 6

C I T Y F I L E S

Como Park

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Here's how to connect: 651-644-3889, district10comopark.org or District 10 Community Council on Facebook.

Ice Cream Social set for July 14

It doesn't get any better than this: A night to enjoy free ice cream, lawn games, live music and the best neighbors in the city. It's District 10's annual Ice Cream Social.

Come for the ice cream and colorful toppings. Stay for music from District 10's Paul Seeba, visits from St. Paul police officers and firefighters, meet-and-greets from neighborhood organizations and giant bubbles, face-painting, outdoor games and plenty of lawn for the young ones to run, jump, roll and dive across.

Details: Friday, July 14, 5:30-8 p.m. at the Historic Streetcar Station, 1224 N. Lexington Parkway.

This ought to get their attention

District 10 is launching a "safety flag" project at hazardous crosswalks in the neighborhood. The concept is simple: As a pedestrian, you (1) grab a fluorescent orange flag that's mounted on one side of the crosswalk, (2) wave it to get motorists' attention and (3) walk across safely. Once you reach the other side, deposit the flag in the canister mounted there. State law requires drivers and cyclists to stop for pedestrians in any crosswalk, marked or unmarked.

District 10 is mounting the flag kits at six crosswalks that, based on surveys, residents say are hazardous: Como Avenue at Pascal Street, Front Avenue at Chatsworth Street, Hamline Avenue at Nebraska Avenue, Lexington Parkway at Como Lake Drive, Nagasaki Road in the park near the fishing pier and south parking lot, and Van Slyke Avenue, Horton Avenue and Churchill Street.

Sponsor a crosswalk: If you want to sponsor a flag kit for a different crosswalk that's important to you, round up \$31.50, and District 10 will make and mount another kit.

Find a list of more than a dozen available intersections on the District 10 website, district10comopark.org, make your choice, then email district10@district10comopark.org or call 651-644-3889. District 10 will handle the rest.

Hmong Prep Academy expanding

The Hmong College Prep Academy, located on Brewster Street, just east of Snelling Avenue and south of Como Avenue, is building a classroom and office addition, a football field and track, a seasonal sports dome, and a parking deck adjacent to its existing campus. The charter school purchased 10 acres of what was mostly bus and trucking barns between the Snelling service road, Brewster, Pascal Street and the

railroad right-of-way.

Hmong College Prep Academy opened in 2004 and now has 1,300 students in kindergarten through Grade 12. With the expansion, it expects enrollment to rise to 2,200.

Major construction, which began in April, will be carried out in two phases in 2017 and 2018. The expansion plans include:

- A 98,500-square-foot addition of classroom, office and gymnasium space west of the existing building, on what is now a school parking lot. The expansion will serve primarily as the elementary school.

- 441 off-street parking spaces for cars and buses, including a two-level parking deck hugging the Snelling service road south of Brewster.

- An 85,000-square-foot sports dome, locker rooms, and athletic field north of the railroad right-of-way. The 75-foot-high dome is expected to be inflated about half the year.

- A football and soccer field, track, and playground south of Brewster, adjacent to Pascal. The plan, as proposed, does not include bleachers or a permanent sound system, but does include lights.

City cleanup is really in October

Yep, the city messed up on this one. As some of you are painfully aware, St. Paul's annual Reduce and Recycle Citywide Drop-Off Event at the State Fairgrounds was not in June. The flier mailed to your home advertised an incorrect date. The good news: The event will be held at the fairgrounds on Saturday Oct. 7, from 8 a.m.-1 p.m.

Need help with your party?

District 10 has street barricades and portable recycling containers that community members can use for block parties or other neighborhood or family events. You can borrow the recycling containers without a fee. There are two kinds: one for cans, bottles and other items you can include in your weekly recycling, and one for food scraps and other compostable organics.

The city of St. Paul requires street barricades to block off streets or alleys during neighborhood events. The district has a more-affordable option than Public Works, however: A \$50 deposit is required to reserve the barricades, but \$45 will be returned when the barricades are returned.

Reservations are on a first-come, first-served basis. To borrow the barricades, you must have an event permit from the city. To reserve any of this equipment, call 651-644-3889 or send an email to district10@district10comopark.org

Streetcar Station open Sundays

The Historic Streetcar Station is now open every Sunday noon-4 p.m. District 10 board members staff the station. You can drop in to pick up organics recycling bags or starter kits (including kitchen bins), see the new paint job inside, learn a little bit

about the history of Como Park, or just share comments and suggestions with us. The Streetcar Station is at the northeast corner of Lexington Parkway and Horton Avenue.

Upcoming District 10 meetings

- Como Community Council June meeting: Tuesday, June 20
- Environment Committee: Wednesday, June 28
- Land Use Committee: Wednesday, July 5

- Neighborhood Relations and Safety Committee: Tuesday, July 11
- Como Community Council July meeting: Tuesday, July 18

Community members are always welcome to attend and participate. All meetings begin at 7 p.m. at the Historic Streetcar Station.

Lauderdale

The Lauderdale City Council meets on the second and fourth Tuesday of each month at 7:30 p.m. in Lauderdale City Hall, 1891 Walnut St. Contact information: 651-792-7650 or www.ci.lauderdale.mn.us.

Farmers market returns

The July Lauderdale Farmers Market will be held Thursday, July 20, 4-7 p.m. at Lauderdale Community Park, 1885 Fulham St. The market will include fresh fruits, vegetables, breads and pastries, and handmade goods.

Interested in being a vendor? There is no fee to participate. Contact Susie for an application at 651-329-8401 or LauderdaleFarmersMarket@gmail.com. The market will continue on the third Thursday of each month through October. You can follow the

market on Facebook at Lauderdale Farmers Market.

Falcon Heights

The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpen-teur Ave. Contact information: 651-792-7600 or falconheights.org.

University Grove street work may be completed by mid-July

The City of Falcon Heights and the St. Paul Regional Water Service are working together on a water-main-replacement and street-repaving project in the University Grove neighborhood.

City engineer Jesse Freihammer said the project is scheduled for completion by Aug. 18, but will probably be done by mid-July.

Mark July 20 on your calendar

Falcon Heights' annual ice cream social will be held Thursday, July 20, 6-8 p.m., at Falcon Heights Community Park, 2050 Roselawn Ave. The night will include ice cream treats, musical entertainment, kid activities, an inflatable bouncy castle and games. Twenty-five-cent tickets

will be sold for games and food. Proceeds will benefit the city's Parks and Recreation Dept.

St. Anthony Park

The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at Jennings Community Learning Center, 2455 University Ave. The council offices are located at 2395 University Ave., Suite 300E. Contact information: 651-649-5992 or www.sapcc.org.

New staff at District 12

The St. Anthony Park Community Council welcomes two new staff members: incoming operations and outreach coordinator Sarah Goodspeed and summer intern Arleigh Truesdale.

Goodspeed has a long background in community work, advocating for environmental policies with local nonprofits and helping communities navigate government processes with various state and local agencies. Truesdale is a St. Olaf College Social Entrepreneurship Scholar and will support community outreach.

Read more about them at www.sapcc.org.



New faces at District 12: Sara Goodspeed and Arleigh Truesdale

Catch 'Much Ado About Nothing' in College Park on Thursday and Friday

Shakespeare, neighbors and summertime.

If you love all those things, catch Shakespeare in St. Anthony Park, Thursday, June 22, and Friday, June 23, at College Park in St. Anthony Park. Performances will be held at 7 p.m. both nights and an 11 a.m. matinee will be held on June 23.

Don't miss local youth

performing William Shakespeare's comedy "Much Ado About Nothing" and its "skirmishes of wit" and "plagues right well prevented"—all with the iconic willows of College Park for a backdrop. While retaining Shakespeare's time-honored language, the actors have situated the play squarely in the St. Anthony Park of today. Look for scouts from Troop

17, members of the local 4-H chapter and even some errant crossing guards keeping watch over the town.

Performances are free, but donations are appreciated.

Bring a blanket or a folding chair, your friends and family.

Delicata could open before State Fair

The District 10 Board will vote June 20 on waiving the 45-day waiting period for a beer-and-wine license for Delicata. That could help the restaurant open in the old Java Train/Como Park Grill space before the Minnesota State Fair.

Restaurant owner Matty O'Reilly told District 10's Land Use Committee on June 7 he hopes to have the restaurant established enough so it can survive the hit in business he expects during the fair. In the worst case, Delicata would

open shortly after Labor Day, he said.

The casual, counter-service restaurant at 1342 Pascal St. will feature Neapolitan-style pizzas and gelato. O'Reilly said he and chef JD Fratzke think "the neighborhood could use diversity in its food options" and that "the spot is dying to be something cool."

Hours would be 11 a.m.-9 p.m. weekdays and 11 a.m.-10 p.m. Fridays and Saturdays. "I'm sensitive to the fact that this neighborhood is

residential," O'Reilly said.

O'Reilly has admired the space and its patio for a long time, and noted he has experience repurposing restaurants in established buildings. He currently operates Republic in the former Sgt. Preston's space on the West Bank in Minneapolis, Bar Brigade in the former Luci's space in Macalester-Groveland and Red River Kitchen at City House on the St. Paul riverfront.—*Michael Kuchta, District 10*

Community foundation to honor Rick Beeson

Sunrise Banks vice president has been ‘unfailing supporter of all things St. Anthony Park’ since 1988

Longtime Sunrise Banks executive Rick Beeson will be honored with its Saint Anthony Park Community Foundation’s 2017 Spirit of the Park Award at the Fourth in the Park celebration at Langford Park July 4.

Beeson currently serves as executive vice president for corporate development and government relations at Sunrise Banks, following 20 years as president and chief executive officer of Sunrise-owned Park Midway Bank. Under Beeson’s leadership, the bank has been an unfailing supporter of all things St. Anthony Park, said Jon Schumacher, executive director of the foundation.

“Rick has been instrumental in so many aspects of our community life. I can’t really think of an institution, group, initiative, charity, or event he hasn’t had some impact on,” Schumacher said.

Beeson was a member of the founding group that started the community foundation, and the bank was a lead donor in the foundation’s successful endowment campaign in 2008. He played a similar role as fundraiser and committee member for St. Anthony Park Library’s children’s room expansion in 1998 and has served on many neighborhood committees and boards, including the District 12 Community Council, the St. Anthony Park Business Association, the District 12 Comprehensive Plan and Como 2030 Small Area Plan Task Force, the Luther Seminary Planning Committee, the St. Anthony Park Arts Festival and the Midway Chamber of Commerce.

Sunrise Banks has also played lead roles in support of St. Anthony Park’s retail community on Como Avenue and the Creative Enterprise Zone in south St. Anthony Park. The banks’ dedication of a new headquarters on Wabasha Avenue has added jobs and customers to that area.

“His door is literally always open and he makes it a point to take the



Rick Beeson stands at the corner of Doswell and Como avenues with Sunrise Bank in the background. Photo by Mike Krivit

time to just chat with neighbors,” Schumacher said. “I have relied on his wisdom, expertise and friendship throughout my 17 years with the foundation. He truly embodies the spirit of this wonderful community.”

Beeson worked with the St. Paul Dept. of Planning and Economic Development as senior project manager, before joining what was St. Anthony Park Bank in 1988. He holds a bachelor of arts in political science from the University of Minnesota and an MBA from the University of St. Thomas. He serves on the board of the F.R. Bigelow Foundation and is past chair of the St. Paul Area Chamber of Commerce and the Central Corridor LRT Partnership. He has served as treasurer of the St. Paul RiverCentre, the St. Paul Conservatory for Performing Artists and Women Venture and currently serves on the Board of Regents of the University of Minnesota and had a two-year term as its chair.—Bugle staff

A whole lot of fun in July

ComoFest returns this summer with three weekends of activities.

The Como Park neighborhood will celebrate its eighth-annual ComoFest the last three weekends in July with a variety of events, including a movie night and campout, an ice cream social, an art fair, a 5K walk and run, and summer celebrations at Beloved Studios, Lyngblomsten and TopLine Federal Credit Union.

ComoFest will kick off with the District 10 Ice Cream Social, Friday, July 14, 5:30-8 p.m., at the Historic Streetcar

Station, 1224 N. Lexington Parkway. The night will include free ice cream, lawn games, live music and a few surprises.

Need more information? Call District 10 at 651-644-3889.

ComoFest to 6

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Next deadline: July 3. Bugle will hit the streets July 18.

The Park Bugle is a monthly nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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Currently serving on the board are Grant Abbott, Ted Blank, Betsy Currie, Elizabeth Danielson, Michael Griffin, John Landree, Gabrielle Lawrence, Beth Mercer-Taylor, Bob Milligan, Merry Rendahl, Glen Skovholt, Matt Vierling and Kathy Wellington.



EDITORIAL

Wish the 4th in the Park a happy 70th by volunteering at this annual celebration

For 70 years, volunteers have been pulling together the annual 4th in the Park celebration in St. Anthony Park. What would Independence Day here be without all the decorated trikes, bikes and wagons, unicyclists and lawn-chair brigades snaking their way down Como Avenue in the Grand Parade?

And don't forget all the fun at Langford Park that follows the parade: horseshoe, tennis and volleyball tournaments, music, family picnics.

It can't be done without help. The event is run solely by volunteers and, according to the group of folks organizing it this year, the event is very low on volunteers.

Want to keep this 70-year-old neighborhood institution going? Volunteer. Log on to 4thinthepark.org/volunteer.php and pick the task and the time. Even an hour of volunteer time helps. And if you'd like to find out more about all the happenings at the July 4 celebration, turn to page 24 for a complete list of activities.

Speaking of volunteers

The St. Anthony Park Arts Festival, the annual June fundraiser for the St. Anthony Park Library Association, is another volunteer-run institution. We

give a shout out to Patty Stolpman, who did a heroic job managing the festival this year, and Susan Dean, who for years has been running the used-book sale, an integral part of the festival and the St. Anthony Park Library Association's main fundraiser.

You can wait until next year, when the call goes out for help or put it on your to-do list now. Email Info@sapfest.org to find out how you can help with the festival.

And the winners are . . .

Speaking of the arts festival, we had more than 30 readers participate in our photo contest in last month's Bugle, and all who brought their entries to the Bugle's booth at the St. Anthony Park Arts Festival on June 3 correctly matched each photo with the article with which it appeared and the date it appeared. Well done, Bugle readers.

We placed all the entries into our magic Bugle photo contest box and drew two sheets from the pile. The winners are Zander Albrecht and Courtney Oleen, both of St. Anthony Park. They each won \$50. Congratulations, and thanks for reading the Park Bugle.

LETTERS

Welcome to the Bugle editorial pages, the place where we exchange ideas and opinions. The views reflected in the commentaries and letters printed here each month are the opinions of the individual writers, not the Bugle staff or board of directors. We encourage community participation on this page, but we do retain the right to edit letters and commentaries for clarity and brevity. Letters should be kept to 400 words or fewer and commentaries should be 800 words or fewer. Send your commentaries or letters to editor@parkbugle.org

The Real American History Book Group aims to 'learn whole story' of America's past

The American story: How much do

we really know of our country's story? Most of us know, at best, the dominant, commonly accepted narrative. But there is much more.

Much of our history lies hidden

from us, especially the histories of minority and marginalized groups in our country. What has made our country great has been our willingness to expand our community to include more and more outside and oppressed groups into the mainstream of American society and its history.

This has never been an easy process, but we have accomplished much and, yet, there is so much more that needs to be done.

The Real American History Book Group: Learning the Whole Story is offering an opportunity for interested people to come together to expand their knowledge of American history. Each month a different topic will be covered. There will be presentations, but there will also be plenty of time for discussion.

All interested persons are invited to attend. You don't have to have attended the previous meetings to attend.

The fourth meeting, Tuesday, July 18, 7-9 p.m., at St. Matthew's Episcopal Church, 2136 Carter Ave., will have discussion of the three books the group is reading this

summer: Kelly Brown Douglas' "Stand Your Ground: Black Bodies and the Justice of God" (in light of the trial due to the killing of Philando Castile), Scott W. Berg's "38 Nooses: Lincoln, Little Crow, and the Beginning of the Frontier's End" (in light of the controversy over the scaffold sculpture at the Walker Sculpture Garden) and Ronald Takaki's "A Different Mirror: A History of Multicultural America" (the basic theme of the book group).

The group will divide into small groups, depending upon which book people are reading, for the first hour and then gather together to share what they are learning with those reading the other books.

Prospectus and bibliography available. Contact Grant Abbott at granthabbott@gmail.com for more information.

The Real American History Book Group was formed in honor of David W. Noble, emeritus professor, American Studies, University of Minnesota.

*Grant Abbott
St. Anthony Park*

Deadlines, publishing dates and where to find a Bugle

Want to submit something to the Bugle?

Here are the deadlines and publication dates for the next four months:

August issue: The deadline is Monday, July 3, and it will hit the streets Tuesday, July 18

September issue: The deadline is Wednesday, Aug. 9, and it will hit the streets Tuesday, Aug. 22

October issue: The deadline is Wednesday, Sept. 6, and it will hit the streets Tuesday, Sept. 19

Got a story idea?

Give us a holler: editor@parkbugle.org or 651-646-5369. We take traditional mail, too: Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

Missing your Bugle?

If your house was missed during our delivery week, we apologize. Here are some spots where you can pick up a Bugle:

- District 10 Como Community Council office, 1224 N. Lexington Parkway
- Dogwood Coffee Bar, 825 Carleton St.
- Finnish Bistro, 2264 Como Ave.
- Hampden Park Co-op, 928 Raymond Ave.
- Falcon Heights City Hall, 2077 Larpenteur Ave.
- Lauderdale City Hall, 1891 Walnut St.
- Little Wine Shoppe, 2236 Carter Ave.
- Roseville Library, 2180 Hamline Ave.
- Schneider Drug, 3400 University Ave., Minneapolis
- Speedy Market, 2310 Como Ave.
- St. Anthony Park Library, 2245 Como Ave.
- Urban Growler, 2325 Endicott St.
- Workhorse Coffee Bar, 2399 University Ave.

Or go to www.parkbugle.org/delivery/ for a more complete list of places that carry the Bugle. You can also read the Bugle online at www.parkbugle.org.

Park Press annual meeting set for July 10

The annual meeting of the members of Park Press Inc., publisher of the Park Bugle, will be held at 8 a.m. Monday, July 10, at St. Anthony Park Lutheran Church, 2323 W. Como Ave. The agenda will include the election of directors and other matters that may be raised by members. All are welcome to attend. Park Press Inc., is a 501(c)3

nonprofit organization guided by an elected board of directors. Current board members are Grant Abbott, Ted Blank, Betsy Currie, Elizabeth Danielson, Michael Griffin, John Landree, Gabrielle Lawrence, Beth Mercer-Taylor, Bob Milligan, Merry Rendahl, Glen Skovholt, Matt Vierling and Kathy Wellington.



Transition Town – All St. Anthony Park

This is one of a series of occasional columns from Transition Town–All St. Anthony Park, the neighborhood-based group working for a local response to climate change: a smaller carbon footprint and a stronger community. You can find out more about Transition Town at www.TransitionASAP.org.

Transition Town conference comes to St. Paul in July

By Mimi Jennings

As more Americans look beyond fossil fuels to power their lives, members of the growing national Transition network will gather for the first time July 27–30. And they're coming here, to Macalester College in St. Paul, from Transition Towns across the country, ready to share a range of approaches—homegrown to tech-savvy—for creating climate-ready towns and cities.

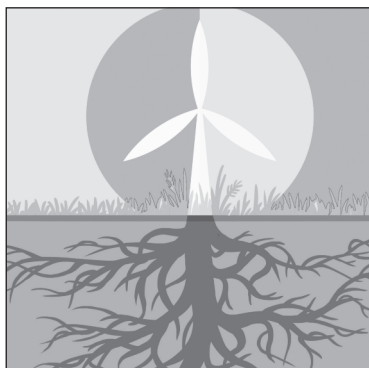
Titled “Growing a Movement for Resilient Communities,” the conference welcomes all who are working toward sustainability. Tickets are available for single events, including the film “Tomorrow,” and the opening lineup of one- and two-day workshops led by national speakers (see box below).

The main gathering kicks off Friday, July 28. Keynote speakers are author-animator Richard Heinberg (whose “300 Years of Fossil Fuels in 300 Seconds” won a YouTube honor) and Phyllis Young, Standing Rock elder and water protector.

Over the weekend, 30 concurrent workshops will help “broaden, deepen and scale up” the change that's needed. A variety of ticket passes are available at TransitionGathering.org.

Transition in your back yard

Bugle readers may already be aware



The Transition Town conference logo was designed by Ruby Thompson of St. Anthony Park

of Transition Town–ASAP. You may know it as the green group asking zero-waste questions like “Where is ‘away’?” at the recent St. Anthony Park Arts Festival. Or as the winner of the St. Anthony Park Community Foundation's publicly voted three-year grant award in 2015. Maybe you've joined in a resource fair, cider-pressing, poetry reading or survey, or you've seen the “t” symbol in windows. You've noticed our projects for clean energy, local food, and greener housing and transit—and for closer ties between south and north St. Anthony Park, between homeowners, renters and businesses, between neighbors of different cultures, ages and views. You might have lifted a pint at the monthly

Transition Tap.

Or not. There's a lot going on in American lives at the moment; other groups work to these ends as well. But this conference offers a chance to learn more about Transition, to face tough questions in good company, to realign our daily lives with a sustainable future and to respond with whatever energy our heart calls us to invest.

Transition worldwide

As grassroots groups responding to peak oil, climate disorder, and economic injustice and instability, we recognize the human tendency to behave as if current conditions will continue—until it's too late. We respond by taking positive steps in common, reducing isolation and fear.

We invite newcomers; we tell stories of epiphanies, successes and do-overs. From its origins in the UK in 2005, Transition has grown to a worldwide network (TransitionNetwork.org). In the United States, the nonprofit Transition US serves as an umbrella group (TransitionUS.org). The Twin Cities is an active area: other groups include Transition West Side/West St. Paul, and in Minneapolis, Transition Longfellow, Transition Northeast and Corcoran Grows. Learn more at TransitionTwinCities.org.

Choose from six intensive workshops

Details and tickets at TransitionGathering.org

Thursday and Friday, July 27–28 (two-day sessions)

Skilling Up for Local Economic Resilience with Jay Tompt. For civic leaders, entrepreneurs, community organizers—anyone who wants a strong, inclusive local economy that meets real needs in uncertain times.

Effective Collaboration Training with Don Hall. Grassroots group work has its pitfalls. In this participatory workshop, Hall shows how to boost network-style cooperation and avoid drifting into top-down systems.

Thursday, July 27 only

Community Rights and the Transition Movement with Paul Cienfuegos. Lessons from the activists who, in eight states, have helped claim local rights to a healthy climate and sustainable energy, water, and food.

From Meetings to Movements: Social Permaculture Strategies for Transition with Adam Brock. How can “relocalization” advocates shape local public policy, find unlikely allies, and reach beyond the choir?

Friday, July 28 only

Deep Resilience: From Me to We with Rebecca Blanco. For trailblazers who want to tap into the inner resources that sustain action, then explore how that deep resilience can foster community well-being.

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Thank you, Bugle readers

Thanks to all who helped raise \$42,240 in the Park Bugle's 2016-17 fund drive.

We thank all of you who have contributed, including the following people and businesses that gave between Feb. 16 and March 31.

The nonprofit Bugle would not be here without your contributions. We rely on tax-deductible donations to help defray the newspaper's annual operating costs. And, of course, we are always happy to accept more contributions. If you haven't had a chance to donate, you still can by going online at www.parkbugle.org.

Click the green DONATE NOW button on the right side of the page. Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

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Bikes from 1

the recent Union Park meeting, 10 years ago the city had made plans to connect Minneapolis' Greenway to St. Paul. The trail would have made use of the 100-year-old railroad bridge that crosses the river near 27th Street. However, despite the city receiving more than \$10 million in federal funding for the project, a lawsuit by the Canadian Pacific Railway, which owns the tracks, kept the city from moving ahead, Mascko said. Plans for the St. Paul greenway have languished ever since.

"What we learned is, if we're going to be anywhere near the railroad, we have to have [the railway] on board," said Mascko.

But now the St. Paul connection might have new life. One thing working in the community's favor is that, as more of the railroads' industrial users have disappeared, the old tracks are increasingly obsolete. At the packed room in the Episcopal Homes building at University and Fairview avenues, many seemed to

believe that the time is right to try again.

"We need an elected official to stand up on this, maybe from Hennepin County, and maybe Ramsey," said Soren Jensen, president of the Midtown Greenway Coalition.

Jensen and others on the panel suggested that, if east metro officials take the lead in building bike connections on their side of the border, funding the bridge crossing could be an achievable goal.

During the meeting, St. Anthony Park resident Karen Nelson asked the panel about the possibility of connecting the bridge north to Prospect Park and the parts of St. Paul west of Highway 280. According to Nelson, by using the abandoned railroad tracks that had served the Weyerhaeuser facility on the city border, any future Greenway trail could become a bridge between south St. Anthony Park and the surrounding neighborhoods to the east and south.

Yet others on the panel, like

Mike Madden, head of an activist group called Neighborhoods First!, preached caution. Railroads "are not philanthropic" and have "obligations to their shareholders" that make it difficult and expensive to negotiate community benefits, Madden said. He was most optimistic about building a bike trail on the portion of the Canada Pacific right-of-way between Cleveland Avenue and the Mississippi River.

After a discussion with community members from Union Park, St. Anthony Park and across St. Paul, a consensus emerged to continue to work and plan for a St. Paul greenway connection. Someday, people may be able to bike and walk across the Mississippi River on a dedicated greenway, from St. Paul to the chain of lakes. For many St. Paulites, it would be a dream come true.

Bill Lindeke is an urban geographer and writer living in St. Paul.

ComoFest from 3

The ComoFest Art Fair will be held Saturday, July 15, 10 a.m.-2 p.m., at Como Lakeside Pavilion, 1360 Lexington Pkwy. Artist registration deadline is Friday, June

30. Cost is \$30 per table, with \$20 for each additional table an artists requests.

For more information, contact AndreaLynn Johnson at 651-283-9165 or register for the fair at district10comopark.org/2017_art_fa

ir.html. Studio M Fitness will offer free yoga outside the pavilion during the art fair, but the schedule was not available at press time.

The July 15 festivities will culminate with the Beloved Studios Summer Party, 6-9 p.m., at the studios, 1563 Como Ave.

Lyngblomsten Mid-Summer Festival will be held Friday, July 21, 2-8 p.m., at the Lyngblomsten campus, 1415 Almond Ave. This year's festival will include an indoor Wellness Lounge and performances from Lakeshore Players Theatre of White Bear Lake.

There will be an arts showcase featuring paintings, sketches, pottery and other pieces created by Lyngblomsten residents, tenants and community participants over the past year and make-and-take art activities led by Northern Clay Center, the Polymer Clay Guild of Minnesota, Art with Heart, COMPAS, artist Jan Gunderson and the Weavers Guild of Minnesota.

Live music and entertainment, food and ice cream, and children's activities will also be a part of the festival.

After the festival, head to North Dale Recreation Center, 1414 St. Albans St., for a movie night at 9 p.m. The featured movie will be "Sing."

Como Fest will culminate the weekend of July 28 and 29 with a movie night and campout at Northwest Como Recreation Center, 1515 Hamline Ave., Friday, July 29, and a community-appreciation picnic at TopLine Federal Credit Union, 976 Lexington Parkway, Saturday, July 29.

The Northwest Como campout will begin at 6 p.m. and include a showing of the movie "Finding Dory."

The TopLine picnic will be held 11 a.m.-1 p.m. at the credit union, 976 Lexington Parkway, and include Como Park's "shortest marathon."

For complete details, see www.ComoFest.org.

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The Linnea Home in 1927. Below center: the Linnea Gardens Condominiums as they appear today. *Photos courtesy of Ann Derr*

Linnea Gardens to celebrate building’s centennial

Twin City Linnea Home first served as a refuge ‘for the lonely and a home for the homeless’

By Michelle Christianson

In the early 1900s, government services for the elderly and indigent were nearly non-existent. So a group of Swedish immigrant women, headed by Anna Bennett of St. Paul and Ida Kindvall of Minneapolis, came together as the Linnea Society to build “a free city for the lonely and a home for the homeless, a refuge where the stranger feels at home.” The fruit of their efforts was the Twin City Linnea Home for the Aged, 2040 Como Ave., which served the St. Anthony Park neighborhood from 1918 to 2005, when the building was sold to developers.

Now the Linnea Gardens Condominiums, residents there will celebrate the building’s centennial on Sunday, July 23, from 1 to 3 p.m. at Alden Square Park, 1169 Gibbs Ave.

From the beginning, the women of the Linnea Society decided that they would have no men on the board (though men were allowed to attend meetings after 1916) and that tradition held until the building was turned over to the Board of Social Ministry of the Lutheran Church in America in 1968. The Linnea Society purchased the land and built and maintained the residence through memberships (it cost 50 cents to join, and

members were charged 10 cents at every meeting), aid from the St. Paul Community Chest, a loan from Catholic Charities and by their own fundraising, which included ice cream socials, concerts, silver teas, businessmen’s luncheons, smorgasbords, a lutefisk supper, a food stand at the Minnesota State Fair, raffles and solicited donations. Even after the home was in operation, the society continued to solicit not just money, but donations of fruits, vegetables, chickens and furniture.

The east wing of the building was finished in 1917, the center wing in 1925, and the west wing in 1926. The mortgage was burned at the 20th-anniversary celebration of incorporation in 1929, at which time there were 86 residents. Though one of the original purposes of the building was to house young women between jobs, none ever lived there. The first resident was a Norwegian man.

As there was no skilled care available, residents had to be able to care for themselves to a certain degree and to climb stairs, as there was no elevator in the building until 1994. When they moved in, the men and women who lived there paid a fee, based on a sliding scale, and were allowed to stay as long as they liked.



From the beginning, the community supported the home by donating money but also by visiting residents and helping them out in their apartments. Carol Mulroy, who grew up in the neighborhood and still lives nearby, recalls volunteering there, as her mother had before her, running the bingo game, ironing and helping with cooking. Neighborhood children visited residents and scouting groups raised money to support the facility. Since the residence was not affiliated with any specific denomination, neighboring churches sent visiting clergy and for a time drove residents to services.

By 1968, there were fewer

members in the Linnea Society and those members were getting older, so the group donated the home to the Board of Social Ministry of the Lutheran Church in America, which later became Ecumen.

In 2005, Ecumen sold the building to a group of developers and the residents were relocated. Many artifacts and documents associated with the home were donated to the Swedish Institute at that time. The developers hired architect Doug Derr, who designed the 22 condominiums that make up Linnea Gardens today. Vanman Construction finished the project by doing the working drawings and gutting and restructuring the

building. Derr took care to preserve the character of the original structure—uncovering and incorporating four of the six original skylights and the exposed brickwork from the original porch, plus some components of the original building, such as the boiler doors and a wood buffet—while updating the infrastructure. Arches in most units replicate the porch arches, yet updates like gas fireplaces, garages, baseboard heating, a rain garden and new landscaping bring the condominium into the present.

Ann Derr, resident of Linnea Gardens and wife of architect Doug Derr, planned the July 23 celebration, which includes an ice cream social in Alden Park, historical displays of pictures and memorabilia about Linnea, memories from local residents and a history of Alan Hagstrom’s family (Hagstrom is the great-nephew of founder Anna Bennett and her sister Emily Rystrom), a timeline and an open mic for reminiscences about Linnea Home and Gardens, as well as a performance by comedienne Penne Sewall.

Linnea Home was named for the linnea flower, a low-growing,

Linnea Gardens to 8



The women of the Linnea Society, date unknown.

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Gremlin Theatre will open first show in Vandalia Tower July 7

Gremlin Theatre will open its 20th season in its new performance space at 550 Vandalia St. in the Vandalia Tower Friday, July 7, with "Don't Dress for Dinner."

Described as "the perfect farce" by "Chicago Style Magazine," the play features Bernard, who is planning a romantic weekend with his chic mistress in his charming converted farmhouse (while his wife, Jacqueline, is away, of course). He has arranged for a cordon bleu cook to prepare gourmet delights and has even invited his best friend, Robert, to provide the alibi. What could possibly go wrong?

"Don't Dress for Dinner" will run through Sunday, July 30. Tickets

are \$28 for general admission and those under 30 pay half their age every night. Discounts are available for seniors and for Fringe button holders.

Go to www.gremlin-theatre.org for the schedule and for tickets or call 888-71-TICKETS.

Gremlin Theatre's new 120-seat theater and performing arts facility will serve as home to the Gremlin Theatre company and provide performance space to other theater and performing arts groups in the Twin Cities.

Located off I-94 and University Avenue, it's within walking distance of the Green Line, Vandalia Tower is home to the Independent Film

Project, the St. Paul Neighborhood Network, the offices and studios of many artists and performing arts groups, and Lake Monster Brewery. Vandalia Tower features a large courtyard and patio with rotating food trucks on evenings and weekends next to the Lake Monster tap room. Founded in 1998, the nonprofit Gremlin Theatre has staged nearly 60 productions, been honored with numerous awards, built two performance spaces and hosted dozens of diverse performance groups. Since closing its facility at 2400 University Ave. in 2013, Gremlin has produced at a variety of locales before moving into Vandalia Tower.

CELLOici concert series debuts with four performances in July

CELLOici, a new four-concert series, will be presented by the International Cello Institute (ICI) this summer at venues in Minneapolis and St. Paul. ICI is an intensive program for serious cellists between the ages of 12 and 23 held at St. Olaf College in Northfield. Four of ICI's esteemed artist faculty members will present

recitals. St. Anthony Park resident Laura Sewell is co-director of the institute.

ICI is in its seventh year of hosting a three-week summer camp at St. Olaf. Information about each concert in the series is listed below:

Tuesday, July 18, 7 p.m., Hennepin Avenue United Methodist

Church, 511 Groveland Ave., Minneapolis: Tanya Remenikova, professor of cello at the University of Minnesota, will perform works of Shostakovich, Stravinsky and Strauss with pianist, Ivan Konev.

Tuesday, July 25, 7 p.m., Hennepin Avenue United Methodist Church: Silver Ainomäe, Minnesota Orchestra assistant principal cellist, will perform works of Beethoven, Schumann, Debussy and Piazzolla with pianist, Timothy Lovelace.

Monday, July 31, 7 p.m., Hennepin Avenue United Methodist Church: Emmanuel Feldman, professor of cello at Boston's New England Conservatory, will present a program of Copeland, Barber and Gershwin with pianist, Mary Jo Gotthmann.

Thursday, Aug. 3, 7 p.m., Courtroom 317, Landmark Center, 75 W. Fifth St., St. Paul: Co-sponsored by the Schubert Club, Cicely Parnas will perform works of Kabalevsky, Rachmaninoff and Brahms with pianist, Peter John.

Tickets are \$20 for adults, \$15 for seniors and students are free. For more information, go to celloanamericanexperience.com.



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Linnea Gardens from 7

small, purple twinflower native to Sweden and Minnesota named after Swedish botanist Carl von Linnaeus. "Just as this little insignificant-looking flower spreads its beautiful fragrance in all directions and is carried by the wind to distant places, we hope to spread joy to lonely persons, helping them along life's way," Anna Bennett said.

At the celebration, Hagstrom and Ann Derr will recite a poem in Swedish about the flower as a way of honoring those long-gone Swedish-immigrant women who saw a need and did something about it.

Michelle Christianson lives in St. Anthony Park and is a longtime contributor to the Park Bugle.



The Birdman of Lauderdale by Clay Christensen

Spring reflections 2017

Spring migration is well past, so I thought I'd take a tour of my journal, "The Birds of Retirement," and share some highlights from here in Lauderdale.

By the first day of spring, male red-winged blackbirds had returned to my feeders. They arrive ahead of the females to scout out and lay claim to the best territories they can find in and around neighborhood wetlands. The first female redwings showed up a couple of weeks later, in the first week of April.

In mid-March, we had regular visits from a Cooper's hawk. As I often say, when you have a yard full of bird feeders, you will feed birds—including birds that eat birds. It can be jarring, but it's nature, red in tooth and claw. I recently observed a car stop in the middle of the street. Ahead of it—about 50 feet—was a Cooper's hawk in the road, standing on a European starling. That's how Cooper's hawks kill their prey: Standing on the chest suffocates the victim.

After a few moments, it grabbed the starling, flew off, and the car proceeded on its journey. I don't like to pick winners and losers, but in my humble opinion, starlings are expendable. They are not native to America and have become ubiquitous in commandeering nest sites of native birds, as well as attacking them on their nests.

Speaking of birds that supplant other birds, March also brought back the first brown-headed cowbirds of the year. Most birders know them as parasitic nesters. The cowbird drops her egg in another bird's nest, leaving the "host" birds to raise the nestling, which competes with the host's own nestlings for food. Some of the hosts have developed strategies to counter this invasion, but it's an ongoing duel between species.

On our regular dog walks, Chance and I usually try to get over to Walsh Lake, about four blocks away. This spring, the belted kingfisher was back by mid-April. We also saw a couple of ruby-crowned kinglets in the shrubbery along the nearby golf course. The flitting little kinglets, among our smallest birds, are early migrants, gleaning spider eggs and other morsels from the bushes.

While sitting in the Lauderdale dog park on a sunny April day, I watched two dozen white pelicans turning in the sky as they headed north to their prairie pothole breeding grounds. These are some of our largest birds, yet as you watch them wheel in the sky, they can seem to disappear as they edge on.

Speaking of large birds, there's a wild turkey that wanders through the neighborhood every once in a while. I always wondered how a bird that size can hide so well and just pop up seemingly out of nowhere. Chance and I discovered a female turkey nestled down along the golf-course

fence on one of our morning walks. She was hidden by heavy weeds and we didn't see the turkey until we passed her by. She stood up and just slowly walked away, while Chance was very vocal in his opinion of this large stranger. We'd have been in big trouble if the turkey had turned on us. They have sharp spurs on the back of their legs.

On April 19, I saw one of my favorite spring migrants, the white-throated sparrow. Its song, often transliterated to "Poor Sam Peabody, Peabody, Peabody," is mournful and haunting in its minor key. Lumberjacks used to call it the loneliness bird. By the end of April, we had many singing in the neighborhood. Glorious!

Walsh Lake borders Midland Hills Golf Course and is a regular stopover for migrating pied-billed grebes, fascinating water birds to watch. They are listed as 13 inches long, but that includes a neck that sticks up about 5 inches. There were four or five out on the lake at a time. They not only dive down to feed on

vegetation and fish, but they can sink like a submarine, submerging until just their head is above water. That makes them hard to spot. I've even seen one surface under some floating weeds, wearing them as camouflage while looking around the lake. They hang around here for a week or two.

The last week of April brought some light snow and our first sighting of a house wren for the year. We have a wren house on the side of the garage and always hope that the wrens will find it "worthy." From my June vantage point, I can say that these active little songsters have set up housekeeping in our wren house.

So now we settle in to a summer of wren song from our cheerful companions. And watch for nestlings and fledglings from neighborhood nests. And take some more notes in the journal. Birds add life to our lives.

Clay Christensen lives and writes in Lauderdale. His book, "The Birdman of Lauderdale," is available in local bird stores, bookstores and BirdmanBook.com

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Falcon Heights from 1

the viral video of the shooting's aftermath that Reynolds had posted on Facebook, but it didn't take long for him to learn that the news had spread quickly—and widely.

"My phone started ringing off the hook about midnight with calls



Mayor Peter Lindstrom

from people across the globe," he said. Some callers were reporters, but most were angry people who saw his cellphone number after it was posted on social media.

He unplugged his landline and turned off the cellphone. The next morning, more than 60 messages were waiting for him.

He described those first days as being "at the center of the volcano."

Lindstrom has lived in Falcon Heights since 1996. He's married, has two boys ages 8 and 10, and said the city has "good schools, good neighbors" and is "a great place to raise a family." He often rides his bike to his day job as local government outreach coordinator for the Clean Energy Resource Teams on the University of Minnesota's St. Paul campus.

Lindstrom ran for mayor in 2007, after serving two terms on the City Council. He was re-elected to his third term in 2015. He loves to work with people and "brainstorm solutions, try things out," he said. Before July 6, 2016, the city's brainstorming sessions tended to address issues such as whether or not to install a sidewalk in front of the elementary school, he said.

Now Falcon Heights, which does not have its own police force, is preparing to end its long-term contract with the St. Anthony Police Department and is in contract

negotiations with the Ramsey County Sheriff's Office. Along with that, the five-member City Council is looking to institute

encouraging us to cut the contract with [St. Anthony police] right then," Lindstrom said. "The council didn't feel comfortable breaking the

Mielke came up with the slogan "Falcon Heights We Can Do Better" for a coalition of residents who came together after the shooting to ask:

when we all do better."

Then her marketing skills kicked in: She had T-shirts printed with the slogan and "started getting them out to people."

For Mielke, doing better meant the City Council needed to move more quickly in communicating with residents and making decisions about the city's relationship with the St. Anthony Police Department. The City Council held a special meeting just after the shooting to consider hiring a public relations person, but ultimately decided not to.

Communications from the city were "lackluster," said Mielke, "so a group of us started meeting. We have met pretty much every Sunday since July 31."

One of the first orders of business for the fledgling Falcon Heights We Can Do Better group was to submit a letter to the City Council requesting that it tell the acting St. Anthony police chief that he must appear before the next council meeting. When Lindstrom's call to form a task force appeared to be stalled, the group submitted a resolution on Aug. 10 to the council proposing a task force on policing. And when it was learned that neither Falcon Heights nor the St. Anthony police had analyses of data on arrests and ticketing in the city, Mielke's son Luke gathered it.

The group's initial mission was to help the council, Mielke said. "We had this mindset that we were this small city, with a council of five, nonpartisan, that we should do something." But when communication and responsiveness from the city "wasn't happening," Mielke's group organized its own panel discussions at the Falcon Heights United Church of Christ (UCC).

The first We Can Do Better panel addressed Models for Community Policing on Sept. 29. More than 200 people showed up.



Paula Mielke (right) stands at the memorial site with John Thompson and Thompson's son, My'zjoh, 8. Photos by Kristal Leebriek

recommendations from the Task Force on Policing and Inclusion.

"We did have total trust in the St. Anthony Police Department. For 22 years, it was a good relationship," Lindstrom said.

He was aware that the stretch of busy, four-lane Larpenteur that crosses through Lauderdale and Falcon Heights and is patrolled by St. Anthony police had a reputation for an easy traffic ticket, "but I can honestly say it did not come up with racial overtones, that [police] were racially profiling," he said.

Residents attending a community forum one week after the shooting shared anecdotes that indicated a different view.

"Right away, there were groups of people—both from within the city and outside the city—that were

contract until we had a chance to really think it through in a thorough and deliberate manner."

He called for the creation of a policing task force at a July 13 community forum. "And it took a while to get it up and going. We had to, as a council, identify what the goals of the task force and what the charge of the task force would be," he said. "And, quite frankly, what really was challenging was anytime we met, there would be 100 people in the audience. It was challenging to have a conversation when people were shouting you down. But we got it done. We created the task force."

'We Can Do Better'

With a background in public relations and marketing, Paula

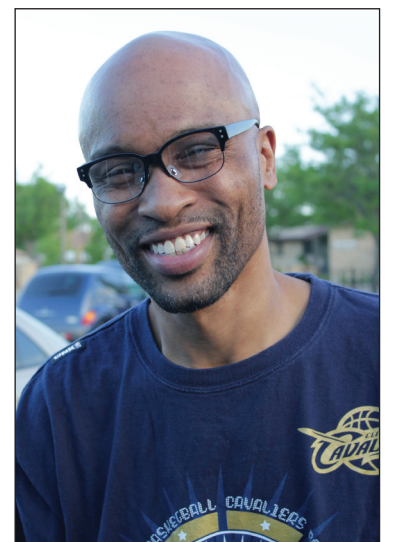
"What can we do?"

A resident of Falcon Heights since 1990, Mielke loves the community, she said, so much so that when her family outgrew their first house on Arona Street, they bought a larger home across the street. She was heavily involved in the PTA and in volunteering at Falcon Heights Elementary School while her two sons attended. Her husband, Bruce, served on the city's Parks and Recreation Commission and helped establish the Neighborhood Commission in 2001 in the aftermath of 9/11. Community activism runs deep in the family: While in high school, the Mielkes' older son, Luke, also served on the Parks and Rec Commission and younger son, Isaac, served on the Environment Commission. "We've always been involved in our community," she said.

Mielke lives six blocks from Larpenteur and takes it daily to her upholstery business in Minneapolis. "I drive past that spot every day," she said.

When she heard about the shooting, she was filled with shock and disbelief, she said. "We always thought we were this progressive city, right? We're a highly educated community. We have U of M professors everywhere," she said. "When this happened, we asked, 'What were we missing?'"

Her first reaction was, "We can do better," a reference to the late Minnesota Sen. Paul Wellstone's renowned quote: "We all do better



Michael Wade

'I'm just so tired of this'

Michael Wade attended the Sept. 29 meeting after co-workers brought it to his attention. It was in his neighborhood and "I was interested in hearing what people had to say," he said.

Wade lives at 1550 Larpenteur, the Falcon Heights Town Square apartment complex at the corner of

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'Philando's Garden'

Victor Toso has spent the last year tending the memorial site to Philando Castile next to the Larpenteur Avenue entrance to the Minnesota State Fair, a spot many refer to as "Philando's Garden."

Last summer, he coordinated with the fair's grounds crew and removed all of the signs, flowers and adornments so the crew could mow. Through the winter, he kept torches burning, until he was told by fire officials that the flames were a hazard and he needed to stop. This spring, he decided to mow the site himself.

He describes his caretaking as "self-selected." Toso lives a quick walk from the site, which makes it easy for him to maintain the area.

The night Castile was killed, Toso encountered the police blockade on the street as he made his way home after picking up a generator from a friend. A storm that had moved through the Twin Cities on July 5 had left areas of Falcon Heights without electricity. Toso stopped to get electrical cords from his shop, the Nada-Chair company on Larpenteur at Hwy. 280. When he got back onto Larpenteur, he saw the emergency lights. "I drove around the back way and because I had no electricity, there was zero news," he says.

The news came at 6 a.m. the next day in a text from a friend in Europe who sent a link to an article from the London Times.

Toso grew up as a missionary kid in the former French colony of Madagascar. Castile's death has made him question the U.S.'s colonial past, he says, and his own experience growing up in what he calls "a whole compound set up to be where the white man lives—apartheid with a crucifix."

His best friend was the family cook's daughter. "I never went anywhere without her, but whenever we played at my home, she never got past the porch," he says. "I am 63 years old and pondering these things: How is it that child and I could not play together in my home?"

Last July's shooting made him think about apartheid in his own community, he says. "I really would like to see something change."

The fact that an officer was charged was a first step, Toso says. "They just have to say they feared for their life, but underneath that phrase they are really saying, 'I'm afraid because he was black.' The black man has been made into the bogeyman," he says. "It's inherent. It's instinctive."

There is a movement to make this pop-up memorial site permanent. Sue Gehrz, who served as mayor of Falcon Heights for 12 years before stepping down in 2007, has formed a steering committee to work on that. Committee members include Castile's mother, Valerie; his sister, Allysa; State Fair general manager Jerry Hammer, and Don Gault, a retiree who worked in violence prevention for Ramsey County Public Health. A public launch of a campaign to fund the memorial is being planned.

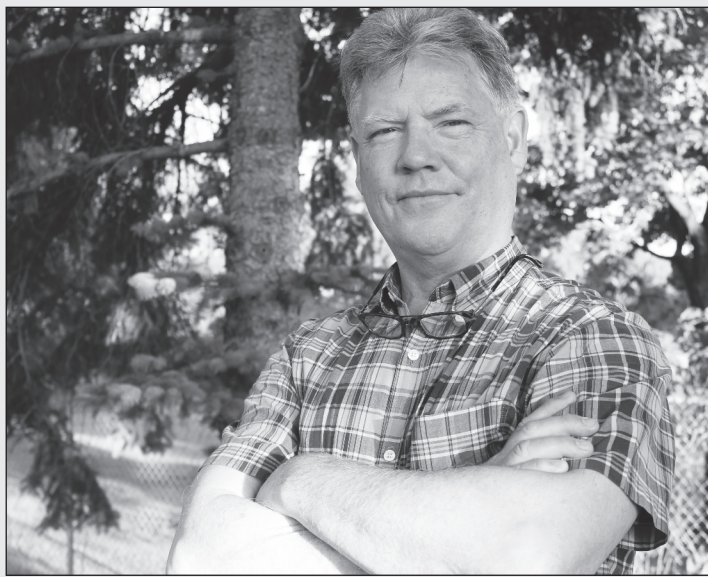
Gehrz says she understands that not everyone will be happy. She also expects a backlash from people who she says "will try to make [Castile] into a bad person."

But Castile had a reputation at his job as a cafeteria supervisor at J.J. Hill Montessori School in St. Paul as giving a lot to the kids at that school, Gehrz says. "The principal described him as 'Mr. Rogers with dreadlocks.' For many kids who didn't have fathers, he was a surrogate father. He gave extra graham crackers to kids who were struggling."

Gehrz envisions the memorial to be a "major healing-related piece."

It "will mark the future," Gehrz says. "People are eager to have a way to do something. How do we continue to grow and learn and work with law enforcement? How do we keep the community conversations going?"—*Kristal Leebrick*

The wooden memorial erected at the site in February includes this quote from Philando Castile's mother. The memorial was spearheaded by members of Falcon Heights We Can Do Better: Chuck Laszewski, designed by Kate Lindgren and constructed by Bruce Mielke, Cody Austin and Laszewski.



Victor Toso



Falcon Heights from 10

Snelling Avenue — "the most diverse corner," he said, in this community of 5,384 people, 7.3 percent of whom are black, according to 2015 census figures.

Town Square consists of "two realities," said Wade, who has lived there for three years. The complex has two buildings: One is for seniors, who are mostly white, while the other houses mostly African-Americans and Somali immigrants, he said.

"There have been people at these community meetings, white folks, who have claimed that it's considered the black corner," Wade said. "We try to avoid walking around that corner," they said.

He smiled, adding: "I was glad for the honesty. People need to know that that ideology is out there."

Last July 6, after spending a day in the heat laying asphalt, Wade drove down Larpenteur on his way home from work.

"By the time I got home a little bit after 8:30, my muscles were cramping up bad," he said. "At the same time that Philando was getting shot," Wade said, he was lying on his couch, icing his shoulder and watching TV. When the news reports broke about the shooting, "I realized this is just down the street. I had just come up that same way."

He became quiet, and then: "I am glad I didn't fit nobody's description that day. I was like, wow, I'm just so tired of this."

Wade—who in August self-published the book "Mirror on the Wall: Reflections of Racism and Social Justice," addressing the struggles of living through the setbacks systemic oppression causes—attended the September panel discussion but found it frustrating.

"The NAACP was there, ACLU was there, the women's league was there and a retired black officer, but I got fed up," he said. "You called us here and you talked for like an hour and a half and you really said nothing. So I got up and I asked them, 'Why do we have to train white officers not to shoot black children, but we don't have to train them not to shoot white children?'"

"Nobody answered my question."

Several people came up to him afterward, however, and that's when he was encouraged to join the task force the city was forming.

"I remember talking to the mayor that night. I thought about it, wasn't sure I wanted to put myself out there like that. I've never been one to stand up for government," he said. "I've been burned by a government that wasn't developed for me."

Wade has never been stopped by police in Falcon Heights, but his oldest son, now 22, has. In his front yard.

"He and his buddies were hanging out in front of the [apartment] building" where Wade lives. "Police came up and said, 'What are you doing?' Well, hey, they live here. This is private property. If you don't see them doing anything wrong, you don't need to stop them,"

Wade said. "I mean, four black kids at an apartment building? Is that strange?" He laughed.

"I decided to join the task force."

'Reform, justice and healing'

Leehy heard sirens and vehicles race past her home the night of July 6 but didn't learn of the Castile shooting until the next morning. As soon as she heard, she went to City Hall to offer help.

Leehy has lived in Falcon Heights for nearly 12 years and has served on and chaired a number of



Melanie Leehy

city commissions. Born in Minneapolis, she attended grade school there until her family moved to Brooklyn Park in the 1970s. There, she was one of three African-American girls in her middle school. In high school, she had no African-American friends.

"Some of my best friends from high school, a decade out of high school, told me that their whole family was prejudiced until they met our family," she said. "I've seen the good, bad and ugly of racism both in the city as well as in the suburban areas."

Leehy, an ordained minister, runs a nonprofit called Mobilizing and Releasing Caring Hearts, or MARCH. She works with churches and other organizations in their outreach missions, work she refers to as "social justice and spiritual renewal."

One project she's proud of is her work in Anoka in the 1990s at a coffeehouse that provided a safe place for young people who "didn't fit into cultural norms and needed to be loved for who they are." They were all white. She still calls them "my kids."

Leehy has never experienced police bias in Falcon Heights, and she has friends who are police officers in other cities, she said. Nevertheless, she said she's "seen it come against me and my family members."

Despite the good relations built with the Anoka program years ago, "there were times I could not be the last one there and had to have escorts home because my staff knew that there was racism stuff going on [in the community]. They stayed around to protect me," she said.

A Garden of Surprises

Look closely and you will find a wide variety of life in your gardens.

By Sharon Shinomiya

One of the great pleasures of a garden is that you never know what you will find in it. You design, plant and tend your garden, but it has a mind of its own. It issues its own invitations to the wider world. Every day can bring delightful surprises along with disappointments and a few horrifying discoveries. Thankfully, the pleasant ones usually outnumber the unpleasant.

If you let your garden do what it wants to do, at least some of the time, you might find it has good ideas. Let your woodland wildflowers make seeds and ants will plant them around your garden for you. What if your violets or hepatica decide they don't like your garden, but prefer the path or a wood-chipped area instead? Let them grow there and you may be rewarded with a stunning colony.

Allow those volunteer blackberry lilies or chrysanthemums to grow and your garden might become home to its own unique hybrids. Don't deadhead some of your spent flowers and enjoy a second bloom of interesting seed heads and a free buffet for the birds in the fall.

If you are observant, you will come across a wide variety of life in your garden—all sorts of insects, spiders, amphibians, birds, mammals, mushrooms and more.

Many kinds of birds will be attracted to your garden: the usual robins, chickadees, blue jays, cardinals and goldfinches, and less common birds as well. Early spring brings melting snow, and while the

ground is still frozen temporary ponds can form in low areas. These ponds can draw in a Cooper's hawk for a bath-and-preening session. Tiny ruby-crowned kinglets may search for insects in shrubs and trees. Eastern towhees, wood thrushes or white-throated sparrows may scritch and scabble about in the undergrowth. Ruby-throated hummingbirds may sip nectar from columbine in spring and impatiens in fall. Winter wrens may hide in tangles of vines, or maybe a turkey will just happen to wander through.

A garden can be exciting in a dangerous sort of way. You never know when you might witness a robin barely escape a chase by a hungry pair of Cooper's hawks. Or it can be a place full of sorrow when you find a not-so-lucky ovenbird, victim of an unfortunate collision with your window.

A particular delight of spring and summer is encountering baby rabbits. Yes, they do grow up to do terrible things to your garden, but if they've survived the onslaught of predators (and avoided becoming a horrifying discovery), these little innocents will softly and quietly appear before you, and you will not be able to do anything but hold your breath and smile.

Watching the mammals that share your garden can help you forget the distressing things they sometimes do—like the chipmunks that dig up your potted plants, the squirrels that lop off your tulips and adult rabbits that mow down your pansies, crocuses and whatever else you really wanted to bloom. If you



Look closely at your plants and you might find caterpillars, like this black swallowtail on parsley. Photos by Sharon Shinomiya

are especially unlucky, your garden will become a buffet for a rotund woodchuck or a deer, though urban gardeners seem to be safe from them.

Spring brings out one of the enchanting sounds of a garden. On warm dry evenings, you can hear earthworms rustling the leaves you left on your gardens for mulch. That's when you know your garden is alive. Another sound of life in your garden

is the buzzing of bees around the blooms of your prairie willow in spring, foxglove beardtongues in summer and coralberry in fall.

Speaking of bees, if you have patches of bare ground, you might find ground bees have moved in. Their homes look like anthills with extra wide entrance holes.

Fascinating mushrooms appear in all seasons. In the spring, you might find the large black cups of devil's urns on a thick old lilac branch you left in the garden to decompose. In late summer, tiny bird's nest mushrooms might grow on woodchips and look first like little bicolored buttons and then, appropriately, like nests with eggs inside. Or a mass of tiny red-orange eyelash cups will crop up in the cracks of your old sidewalk next to green feathery moss. Or stinkhorns, smelly mushrooms known for their phallic shape, will shoot up overnight and attract flies who will distribute the mushroom's spores.

In spring while removing leaves from your garden, you might be astonished to uncover a toad still ensconced in the cold soil, just

waking up from hibernation. Tree frogs seem to make themselves known in late summer by appearing suddenly as frog-shaped silhouettes on your window screen. Another creature that appears in late summer is the orb-weaver spider, whose intricate webs are amazing works of engineering and art.

Many kinds of caterpillars eat the leaves of your plants. Look closely at your pussytoes and you might find a spiky black caterpillar with spots of yellow, red and iridescent blue. It will become a painted lady butterfly. Or you might find black-, white- and yellow-striped monarch caterpillars on milkweed, or white-and-black-striped, orange-spotted black swallowtail caterpillars on parsley or dill. While you're on the lookout for caterpillars, you may come across an enormous common green-darner dragonfly at rest on a stalk.

These are just a few of the intriguing things you can happen upon in a garden, and you are certain to discover many more.

Sharon Shinomiya has gardened for 22 years in the Como Park neighborhood.



You might find a tree frog on your window! This one is on an impatiens in a window box.



Dragonflies don't just hang out near lakes. This common green darner rests on dill in the herb garden.



Seed heads, like this pasque flower, can be as beautiful as the blooms.



Devil's urns appear in spring on sticks and logs, just one of the many mushrooms you may come across in a garden.

Those pesky rabbits

By Sharon Shinomiya

It doesn't take long for new gardeners to discover that rabbits also love their gardens. Those new little asters so full of potential are nothing but stalks the next morning, the tender leaves devoured by a hungry rabbit. What can you do?

Eastern cottontail rabbits are ubiquitous in Minnesota. They are prolific breeders, giving birth to litters of four to six rabbits several times each spring and summer. Females dig shallow nests in the ground and line them with grass and their own fur. Mothers visit their nests only twice a day at dawn and dusk to nurse their young. After about three weeks, young rabbits are ready to go out into the garden and fend for themselves.

If every young rabbit survived, they would inundate our gardens. But the truth is, the world is a dangerous place for rabbits. Nearly 80 percent of the rabbit population dies from weather, predators or disease each year, according to the Minnesota Department of Natural Resources. Few live beyond their first year, and only the rare rabbit makes it to age three. Predators include hawks, owls, foxes, coyotes, raccoons, skunks, dogs, cats and people—who hunt them and run them over with their cars and lawn mowers.

Gardens provide the perfect

habitat for rabbits, offering both food and shelter. Rabbits eat a variety of plants during the growing season and in winter switch to twigs, bark and buds. There are effective ways gardeners can cope with rabbits.

One option is to grow some of the wonderful plants rabbits don't like to eat (see sidebar for some ideas). But keep in mind that if rabbits are hungry enough, they will eat almost anything, and they will also taste new and unfamiliar plants.

If you share the same taste in plants as your rabbits, or you're a vegetable gardener, you will experience less heartache if you protect your plants. An effective but not necessarily attractive way to protect plants is to use enclosures that exclude rabbits. A fence can protect large areas. Fences should be 18 to 24 inches high and made of 1-inch galvanized steel mesh (chicken wire) or hardware cloth, according to an article by Jennifer Menken University of Minnesota Extension website. If your rabbits are particularly determined, it might be best to bury several inches of the fence to prevent access from digging. Cylinders of fencing can protect individual plants during summer, and small trees and shrubs in winter.

If you can't bring yourself to use enclosures, you can try taste-deterrent sprays, but you will need to

be vigilant and reapply them frequently.

Another way to thwart rabbits is to use raised planters (18 to 24 inches off the ground), hanging baskets and window boxes for annuals or vegetables. Rabbits don't seem to come onto steps or decks, so smaller pots in these places may not be bothered.

Rabbits to 24



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Saturday, July 22
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1650 North White Bear Ave.
Saint Paul, MN 55106

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JULY

EVENTS

VENUE INFORMATION IS LISTED AT THE END OF THE CALENDAR. SEND YOUR EVENTS TO calendar@parkbugle.org by Monday, July 3, to be included in the August issue.

4 TUESDAY

FOURTH IN THE PARK, All day long, St. Anthony Park. PARADE line up begins at 10:30 A.M. SEE THE EVENTS SCHEDULE ON PAGE 24.

5 WEDNESDAY

English CONVERSATION CIRCLES, Wednesdays, 4-5:30 p.m., St. Anthony Park Library

St. Anthony Park Book Club, title TBD, St. Anthony Park Library, 6:30-8 p.m.

MAKER CAMP, Wednesdays in July and

AUGUST, St. Anthony Park Library, 1-3 p.m., HANDS-ON, drop-in activities for youth ages 8-12. PARENTS AND GUARDIANS ARE ENCOURAGED TO JOIN IN THE FUN.

6 THURSDAY

CAREGIVER SUPPORT GROUP, first Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 A.M.

BEREAVEMENT SUPPORT GROUP, first Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 A.M.

PRESCHOOL STORY TIME IN MANDARIN CHINESE, St. Anthony Park Library, 10:30 A.M.

DIALOGGERS TOASTMASTERS MEETS EVERY Thursday, U of M St. Paul Campus,

NORTHERN RESEARCH STATION, 1992 Folwell Ave., 11:30 A.M.-12:30 p.m.

Middle School Book Club, St. Anthony Park Library, 1-2 p.m., for students in grades 6-8. REGISTER AND pick up the book at the library.

7 FRIDAY

MiniMaker STORY TIME, Fridays in July, St. Anthony Park Library, 10:30-11:30 A.M.,

HANDS-ON FUN as participants explore books, songs, crafts, science activities and more. For preschool and early-elementary schoolchildren.

Walking in the Langford Park gym from 1-2 p.m. EVERY Friday. FREE AND open to adults.

SAPAS blood pressure check, St. Anthony Park Library, 2-2:30 p.m.

8 SATURDAY

SUMMER SPARK: TEN PENNY TUNES, St. Anthony Park Library, 1 p.m. LISTEN, sing and dance to a variety of music from many different cultures, performed on an array of fun and unusual instruments.

11 TUESDAY

SUMMER SPARK: MAGICAL MIA, St. Anthony Park Library, 10:30 A.M. AND 11:30 A.M.: STUNNING TRICKS AND illusions.

CREATING Writing for Middle School Students, Tuesdays in July starting July 11, St. Anthony Park Library, 12:30-2 p.m. This five-week class will explore writers' personal life experiences through directed writing activities and art projects. Space is limited. REGISTRATION IS REQUIRED.

SAPAS blood pressure check, Seal Hi-Rise, 3-3:30 p.m.

13 THURSDAY

St. Anthony Park AREA SENIORS CINEMA SERIES, "Zootopia," St. Anthony Park Library, 2 p.m. All welcome. FREE.

RACISM AND Health: A COMMUNITY CONVERSATION, HealthPARTNERS Como Clinic, 2500 Como Ave., 7-8:30 p.m. A CONVERSATION ON HOW RACISM affects the health of people in the U.S. and in our community, how people of color can promote their own health in the face of everyday racism, and ways

TO RECOGNIZE THE LEGACY OF RACISM AND PROMOTE THE HEALTH OF EVERYONE. COREY YEAGER, M.A., LMFT, will lead the discussion. A DOCTORAL CANDIDATE AT THE U of M, YEAGER works with the Office of Black Male Student Achievement in Minneapolis Public Schools.

14 FRIDAY

SAPAS GAME DAY, City Cables, 10 A.M.-NOON. FREE. NO REGISTRATION REQUIRED.

17 MONDAY

St. Anthony Park Library CENTENNIAL CELEBRATION, 5-7 p.m. BRING A picnic dinner to enjoy on the library lawn and enjoy a puppet show, art activities for all ages, garden tours, a chance to share your library stories and more. WATCH for information about a community art project this fall.

COMMUNITY SING, Olson Campus Center, LUTHER SEMINARY, 6:30 p.m. gathering, 7-8:30 p.m. sing. THE event is FREE, but a HAT will be passed for our music leaders and to make the sings possible. Children welcome.

18 TUESDAY

PUPPET SHOW THEATRE PRESENTS "Cardboard Explosion," St. Anthony Park Library, 10:30 and 11:30 A.M. RECOMMENDED for AGES 5+.

21 FRIDAY

SAPAS GAME DAY, City Cables, 10 A.M.-NOON. NO CHARGE OR REGISTRATION REQUIRED.

23 SUNDAY

SUNDAY AFTERNOON Book Club, "The Unlikely Pilgrimage of Harold Fry" by Rachel Joyce, Micawber's, 1:30-3 p.m. All ARE WELCOME.

28 FRIDAY

Co-ed DRUM Circle, Women's DRUM CENTER, 6:30 p.m. \$10 at the door.

SENIOR EXERCISE

St. Anthony Park Area Seniors

Mondays and Thursdays, Lauderdale City Hall, 2-3 p.m.

Tuesdays and Fridays, St. Anthony Park Library, 2:30-3:30 p.m. (Chair

yoga July 7 & 21. No class July 4.)

Wednesdays, Centennial United Methodist Church, 10:30-11:30 A.M.

Como Park/Falcon Heights Block Nurse Program

Tuesdays and Thursdays, Falcon Heights Town Square Senior Apartments, 9:30-10:30 A.M. and Arbor Pointe Senior Apartment, 11 A.M.-NOON

FREE SENIOR BLOOD PRESSURE CLINICS

Como Park/Falcon Heights Block Nurse Program

Third Thursdays, Arbor Pointe Senior Apartments, 10-11 A.M.

Fourth Thursdays, Falcon Heights Town Square Senior Apartments, 11 A.M.-NOON

Saint Anthony Park Area Seniors

Wednesdays, Centennial United Methodist Church, 11:30 A.M.-NOON.

VENUE INFORMATION

Arbor Pointe Senior Apartments, 635 W. Maryland Ave.

Centennial United Methodist Church, 2200 Hillside Ave., 651-603-8946

City Cables, 1611 Pleasant St., Lauderdale

Falcon Heights Town Square, 1530 W. Larpenteur Ave.

Lauderdale City Hall, 1891 Walnut St., 651-631-0300

Micawber's, Carter & Como, lower level Milton Square, 651-646-5506

Olson Campus Center, Luther Seminary, 1490 Fulham St.

Seal Hi-Rise, 825 Seal St., 651-298-4673

St. Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., 651-646-7173

Women's Drum Center, 2242 W. University Ave., womensdrumcenter.org

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Neighbors

Local man is Dunwoody College's Instructor of the Year

Pablo Villamil, an adjunct instructor in architectural drafting and design at Dunwoody College in Minneapolis and a resident of St. Anthony Park, was honored with an Instructor of the Year Award in May. The award is given annually to faculty members who demonstrate commitment to students' academic success, serve as a professional role model to students and colleagues, and aim for academic excellence in curriculum development and instruction.

Nominations for Instructor of the Year awards come from current Dunwoody students.



Pablo Villamil

Seminary presents conference on Luther and the Reformation

A free, two-day conference on Martin Luther and the Reformation of the Catholic Church will be held Aug. 18 and 19 at Luther Seminary, 2481 Como Ave.

"Contemporary Perspectives on Luther" will include addresses from theologians on how Luther's reforming insights speak to and are redefined by a range of current topics and issues.

Talks on Friday, Aug. 18, include "Of Smelly Diapers and Cranky Kids: How Luther Turned His World Upside Down" by Mark Thranvik; "Luther in an Age of Trump: A Feminist Proposal" by Deanna Thompson; "Dangerous

Luther: the Sound, the Fury and the Fun of Deus Absconditus" by Steve Paulson; and "The Problem of Sanctification in Luther Reconsidered" by Kyle Roberts.

Lectures on Saturday, Aug. 19, include "Totus Homo: the Embodied Person in Luther's Thought and Its Usefulness for Theologies of Embodiment" by Mary Lowe; "Luther as Political Theologian" by Silas Morgan; "Luther, Faith and Cognitive Science" by Guillermo Hansen and a table talk by Paul Capetz and Lois Malcolm.

You can learn more about the conference on Facebook at facebook.com/events/771495863024433/.

The conference is sponsored by Luther and United Theological

seminaries and is free and open to the public.

19th-century sailing topic of Roseville Library's history talk

Historian J.B. Andersen will present a talk on life aboard an 1800s sailing vessel Wednesday, June 28, at 12:30 p.m. at Roseville Library, 2180 N. Hamline Ave. "High Seas, Tall Ships and Brave Men: the Story of 19th-Century Sailing," will present how life aboard a sailing vessel in the 1800s was arduous, cramped and frequently cut short by accident or disease. It was also the stuff of high adventure.

Group supports families, friends of those living with mental illness

NAMI Minnesota sponsors free support groups for families and

friends of individuals living with a mental illness. A family support group meets in Roseville on the second and fourth Wednesdays of the month at 6:30 p.m. at Centennial United Methodist Church, 1524 Co. Rd. C-2 West (at Snelling Ave.).

For information, call Anne Mae at 651-484-0599.

Smallest Museum in St. Paul's exhibition list announced

The Smallest Museum in St. Paul (SMSP) has announced its July through December 2017 exhibits. Six local artists have been chosen to create exhibits spanning a variety of disciplines.

SMSP is a 3-by-2-foot micro museum housed in a vintage fire-hose cabinet outside Workhorse

Coffee Bar, 2399 University Ave.

Here is a list of the next six exhibits:

July: "Ahan On Spoon"—poems on a refugee's forgiveness by Saymoukda Vongsay

August: "Behemoth in the Neighborhood"—Midway Stadium by Yousif Del Valle

September: "Eight Places You Are Right Now"—a postcard documentary by Larsen Husby

October: "I Spy Art All Around Me"—3D butterflies from historic Prospect Park photos by Becka Rahn

November: "Souvenir Plates of Midway Landmarks" by Rebecca Meszler

December: "Reflection" by Angie Courchaine

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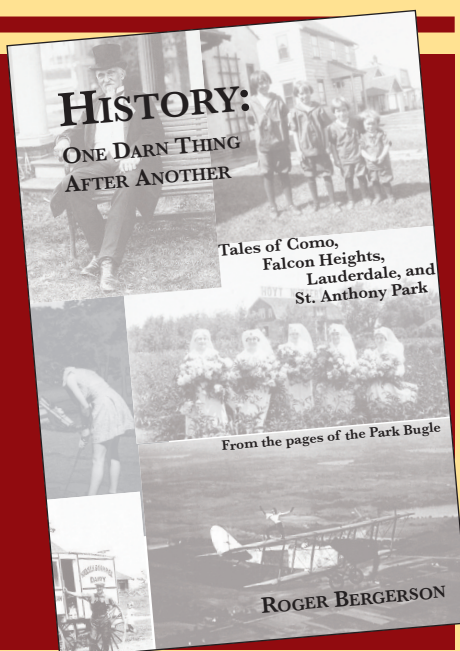


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You can find the booth along the sidewalk on the south side of the St. Anthony Park Library, 2245 Como Ave.



Available now at Micawber's, the Como Avenue Bibelot Shop and the Minnesota History Center bookstore.

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Business News

St. Anthony Park business to sell kits to grow microgreens at home

Frigid North Farms, an online business that sells kits for growing microgreens, is coming to St. Anthony Park. It will open for business Monday, July 10. Microgreens are tender, young vegetables a bit bigger than bean sprouts and smaller than baby lettuces. They are flavorful, low in calories, dense with nutrients and expensive. A package smaller than a container of raspberries can cost \$10 at the grocery store.

Frigid North Farms aims to make microgreens more accessible with durable, reusable growing kits that include trays, seeds, growing medium and instructions designed for people who have never grown plants indoors.

Margaret Taylor, the founder of Frigid North Farms, has a degree in plant biology from the University of Minnesota. She became interested in growing microgreens after watching her brother-in-law grow them in his

kitchen with a homemade rig. She researched and found microgreen-growing kits now sold online are single-use, disposable and expensive.

Frigid North Farms will sell kits to grow Brassica Blend (broccoli, kale and arugula), Spicy Brassica Blend (broccoli, kale, arugula and radish), and sunflower shoots. The kits will be at frigidnorthfarms.com. Taylor says she plans to expand kit varieties and will offer a CSA this winter.

Lyngblomsten is first senior-care group named a Service Enterprise

Lyngblomsten, a senior-care organization that has been serving older adults in the Twin Cities since 1906, recently was certified as a Service Enterprise, a designation given to a small percentage of nonprofits nationwide for their exceptional volunteer programs. Lyngblomsten is the first senior-care organization in Minnesota to become a Service Enterprise.

The Service Enterprise Initiative, or SEI, recognizes nonprofits that strategically engage volunteers and their skills across all

levels of the organization to deliver successfully on their social missions. Currently, more than 300 organizations in 20 states and Puerto Rico have been certified as Service Enterprises, including 35 in Minnesota.

Tim Overweg, manager of volunteer services for Lyngblomsten, coordinated the certification process for Lyngblomsten. The designation indicates how Lyngblomsten is a step ahead of other senior-care organizations when it comes to volunteer engagement and

management, Overweg said. Lyngblomsten provides a full continuum of services, including health care, housing and community-based resources.

Incorporated in 1906, Lyngblomsten is a Christian nonprofit organization that offers health care and housing facilities, and community-based outreach programs for seniors living independently. Learn more at www.lyngblomsten.org.

Area artists to sell at St. Kate's fair

Area artists Kate Daly, Greta Sandquist, Colleen Tabaka and Susan Fries will be showing their work at Art at St. Kate's, a one-day outdoor art fair Saturday, July 8, 10 a.m.-5 p.m., on the green triangular lawn at Cleveland and Randolph avenues on the St. Paul campus of St. Catherine University.

The fair will include clay, fiber, glass, leather, jewelry (gold, silver, stone, beaded), metal, paper, wood, mixed media, painting, watercolor,

photography, printmaking and sculpture. There will be everything from leather handbags and belts, watercolor paintings, cloisonné pendants, and stained glass to hand-dyed silk apparel, hand-woven rugs, turned wood, original cards, metal sculptures, gourd art, quilts, hand-blown glass paperweights, screen printing, hand-made paper, found-art chimes, plus pottery tiles, vases, plates, teapots and mugs.

The art fair will also feature

strolling musicians and food trucks.

Featured artists include M. Kelly Frost, jewelry, St. Louis Park; Nate Lynn, glass, Robbinsdale; Bill and Linda Sumner, fiber, Princeton; Rose Gianlorenzi, leather, Minneapolis; Janie Mork, paintings, Richfield; and Julia Timm, clay, Minneapolis. The emerging artist for 2017 is Anne Kueny, fiber, St. Paul.

Find out more at www.artistscircle.org.

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L I V E S L I V E D

The Park Bugle prints obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal at mary.mergenthal@gmail.com or call 651-644-1650.

Willis Enloe

Willis Enloe, 80, died May 11, 2017. He was a graduate of Bowman, N.D., High School and North Dakota State University in civil engineering. Willis was an engineer for the Minnesota Department of Transportation for 40 years and a member of Falcon Heights United Church of Christ.

He is survived by his wife, Margaret; sons, John (Deb) and Doug (Kris); step-grandson, Nic; sister, Arlene; and brothers-in-law, Ron Bartz and John Gustafson.

His memorial service was held May 27 at the church.

Joseph Jancsek

Joseph A. Jancsek, 96 of Red Wing, formerly of Falcon Heights, died May 7, 2017.

He was a veteran of World War II and had a career of more than 30 years as a structural steel engineer and draftsman. He was an avid golfer, fisherman and enjoyed all sports.

He was preceded in death by his wife of 52 years, Edna, and brother, Phil. He is survived by his children, Carol (Jerry) Brown, Robert (Alice), John (Shelly Fern) and Lois Bergerson; four grandchildren; a great-granddaughter; and companion, Joyce Faেকে.

His funeral was held May 17 at Morris Nilsen Chapel in Minneapolis, with interment at Fort Snelling.

Helen Krinke

Helen L. Krinke, 98, of North Oaks, died May 12, 2017.

She was born and raised in Winthrop, Minn. She was longtime resident of Roseville.

She was preceded in death by her husband of 71 years, Harold; daughter, Kirsten Ihrke; and son-in-law, Elliott McCollum. She is survived by daughters, Lorna McCollum and Myra (William) Hillburg; son, Roger (Mary Ann) Krinke; nine grandchildren; 11 great grandchildren; and sister in-law, Marian Krinke.

She was a 1940 graduate of the University of Minnesota and member of Alpha Gamma Delta Sorority. She was a former member of North Oaks Golf Club, Aristonian Book Club, Como Park Lutheran Church Circle, College Club (life member of AAUW) and numerous bridge groups.

Her funeral service was held May 19 at Como Park Lutheran Church, with interment at Roselawn Cemetery.

Donald Madole

Donald Scott Madole, 99, of Falcon Heights, died May 29, 2017.

Don was born in Bon Homme County, S.D., Aug. 16, 1917, to Hugh and Emma Madole. After losing the farm during the Great Depression, the family moved to Fort

Dodge, Iowa. He attended Yankton College and the University of Minnesota, graduating with a degree in mechanical engineering.

Don worked as an office manager for Fairbanks Morse Co. in St. Paul, where he met and fell in love with the office secretary, Adeline Ernst. They married in Somerset, Wis., on June 26, 1943. Don later worked for McCarthy Well Co., before becoming a partner and CFO for Northwestern Power Equipment Co.

He built the family home in Falcon Heights, where he and Adeline raised four children. Don enjoyed traveling, accomplishing household projects, as well as spending time with his children and grandchildren, but most of all just being with the love of his life, Adeline.

Adeline died April 9, 2007. Don will be remembered for his sense of humor, outgoing personality, constant smile, kind, kind heart and as an ultimate gentleman, seldom seen without a coat and tie.

Don is survived by his children, Scott (Gayle), Austin, Texas; Roxanne (Steve) DeCoster, Roseville; Doug (Jenny), Duluth, and Rolf (Kristine), Clifton, Va.; 13 grandchildren; and 27 great-grandchildren.

A celebration of Don's life was held June 8 at House of Hope Presbyterian Church Chapel in St. Paul.

Robert Megard

Robert O. Megard, 83, of St. Anthony Park, died May 25, 2017, surrounded by his family.

Bob was preceded in death by his parents, Isaac and Stella; grandchild, Jason Jones; and great-grandchild, La'Vonte King Jason Jones. He is survived by his loving wife of 59 years, Bobbi; children, Rachel (Jeff) Tranberry, Allison and Jason; six grandchildren; two great-grandchildren; brother, Stuart (Connie); and many other family members and friends.

Born in Garretson, S.D., he was a graduate of St. Olaf College in Northfield, Minn., the University of New Mexico and Indiana University, where he earned his doctorate.

His 42-year teaching-and-research career at the University of Minnesota was focused on limnology (fresh water). Research activities took him to England (Lake Windermere), Iran (Lake Zeribar), New Mexico (Deadman Lake), Lake Superior, Lake Itasca and the Mississippi River. Bob spent a sabbatical year at the Lake Kinneret, Israel, laboratory as a Fulbright Scholar.

Always willing to share his expertise, Bob was loved and respected by his graduate students and colleagues.

Multi-talented, Bob enjoyed music playing the saxophone, piano and recorder. He was a dedicated outdoorsman and enjoyed mountaineering, hiking and

camping. An avid gardener, he designed and maintained a perennial garden at his home of 50 years in St. Anthony Park. He was also an accomplished photographer, often exhibiting his work publicly.

After retirement, he and Bobbi spent many years in Mexico appreciating the people, language and culture.

A celebration of Bob's life will be held Saturday, July 8, at the Cargill Building, 1500 Gortner Ave., U of M St. Paul Campus, 2-4 p.m.

Memorials preferred to U of M Foundation, Itasca Graduate Research Fellowship, c/o Dean Valery Forbes, College of Biological Sciences, 123 Snyder Hall, 1475 Gortner Ave., St. Paul, MN 55108; memo "in honor of Bob Megard."

Robert Morrison

Robert Barclay "Bob" Morrison, 64, of Roseville, died tragically in a car accident on May 2, 2017, while traveling in the Czech Republic. He is survived by his wife, Jeanie Morrison; three children, Jessie (Eric) Bain, Peter (Eva) Morrison and William Morrison; and grandson, Ian Bain.

A man of the utmost integrity, Bob was a beloved father, husband, grandpa, uncle, brother, father-in-law, brother-in-law and friend. He was honest, hardworking, loyal, open-minded, grateful, genuine and humble. Bob was a kind man with a gentle soul.

Bob was a lifelong learner and born teacher. He served as faculty in the Department of Veterinary Population Medicine at the University of Minnesota since 1986. He was a brilliant data scientist and leader in his industry, guiding responsible vaccination and antibiotic use domestically and globally, responding to outbreaks and pandemics, and advocating for safe and ethical pork production.

Memorial contributions may be made to one of two organizations close to Bob's heart: the University of Minnesota Foundation Squash Scholars Scholarship, U of M Foundation, P.O. Box 860266, Minneapolis, MN, 55486-0266 or Global Health Ministries (Project 79 AL-P0001), 7831 Hickory St. N.E., Fridley, MN 55432.

Visitation will be at Falcon Heights United Church of Christ, 1795 Holton St., Thursday, July 6, 5:30-7:30 p.m. Funeral services will be at Roseville Lutheran Church 1215 W. Roselawn Ave., on Friday, July 7, at 7 p.m.

Richard Pervo

Richard Ivan Pervo, 75, died May 19, 2017, from leukemia, which he had for a number of years. His final years were spent in St. Anthony Park doing the scholarly work that he loved. He is best known for his pioneering views on the Acts of the Apostles. He was highly regarded as a teacher, writer, researcher and

collaborator by his peers and as a mentor of rising scholars.

Born in Lakewood, Ohio, to Ivan and Elizabeth Pervo, he attended public schools in Fairview Park, Ohio, through 11th grade. He transferred to Concordia College in Milwaukee, Wis., and went on to earn a bachelor's degree from Concordia Senior College in Fort Wayne, Ind., in 1964.

Richard worked until 1969 in social work and in community organizing in St. Louis, Mo. He then studied in Cambridge, Mass., at the Episcopal Divinity School (MDiv) and Harvard University (ThD, 1979). His dissertation was published as "Profit with Delight: Literary Genre of the Acts of the Apostles" in 1987. Other seminal books followed, including: "Dating Acts: Between the Evangelists and the Apologist" (2006), "Acts: A Commentary" (2008), "The Making of Paul: Constructions of the Apostle in Early Christianity" (2010), and "The Acts of Paul: A New Translation with Introduction and Commentary" (2014).

From 1975 to 1999, he taught at Seabury-Western Theological Seminary, Evanston, Ill., where he rose to the rank of full professor. He also served as treasurer to the board

of directors for the Anglican Theological Review in Evanston from 1984 to 1989. His last teaching post was at the University of Minnesota in the Department of Classical and Near Eastern Studies. He served as an Episcopal priest until 2003.

At the time of his death, he was a member in good standing of the Society of Biblical Literature, the North American Patristics Society, Studiorum Novi Testamenti Societas, the Midwest Patristics Seminar and the Chicago Society of Biblical Research.

Richard is survived by his wife, Karen (married April 2, 1967); his brother, Charles Pervo; and sister, Pamela Clifton.

He will be recognized at the fall Society of Biblical Literature meeting in Boston with a Festschrift volume prepared in his honor.

All are invited to a funeral mass on Thursday, July 6, at 11 a.m. at St. Mark's Episcopal Cathedral in Minneapolis. An RSVP to rkpervo@comcast.net would be appreciated for planning purposes.

Contributions in Richard's name to the Groveland Food Shelf (grovelandfoodshelf.org) are requested in lieu of flowers.

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Falcon Heights from 11

When Leehy was asked to co-chair the Task Force on Policing and Inclusion, she readily agreed. "I want to help bring about change, to bring about reform and justice and healing," she said.

She believes all of the public meetings, conversations and work done to create the recommendations for police and inclusion policies in the city will make a difference.

Community conversations

The Falcon Heights We Can Do Better group sponsored a second panel discussion at the UCC in November. This time, the focus was on Implicit Bias and Social Justice. More than 200 people attended.

On Dec. 13, the City Council's newly formed Task Force on Policing and Inclusion held its first meeting. As part of the task force's work, the city scheduled five monthly Community Conversations. The first was held Feb. 15 at Falcon Heights Elementary School.

Information gathered at these conversations was used to inform the task force as it developed recommendations that were made to the City Council. The council approved two sets of recommendations: one on policing in May and one on inclusion in June.

Policing recommendations include establishing a community-police work group with experts on equity, policing and public policy to guide the city; a call for comprehensive data collection on all police interactions and crime in the city; and a list of policing priorities, which includes the recommendation that non-moving motor vehicle violations be a low priority and have police issue more warnings rather than tickets.

Inclusion recommendations include creating a committee dedicated to racial reconciliation and healing; dedicating staff time to forge partnerships, find grants and recruit volunteers to accomplish the efforts; and providing a variety of avenues to get people involved by varying times and locations, providing childcare and minimizing costs to make opportunities more accessible. You can find the complete recommendations on the city's website, falconheights.org.

The last scheduled Community Conversation was held Monday, June 19, just after this issue of the Bugle went to press and three days after the Castile trial ended. It is not lost on many that the community event aimed at reviewing the task force's recommendations and discussing next steps for the city was held on Juneteenth, the holiday that commemorates the day in 1865

when slavery was abolished in Texas and, more generally, the emancipation of slaves throughout the Confederate South.

Wade was the only black member of the 12-member task force. Co-chair Leehy and co-facilitator Ken Morris, an adjunct professor at Hamline University, are also black. Despite a lack of racial diversity, both Leehy and Wade say there was a diversity of thought on the task force: "I feel there were both sides," Wade said. "What I would call the pro-police version—'Well, [Castile] did something wrong to be in that position. He needed to respect the police man' to 'Hold on man, he said he was a permit-to-carry holder and you asked for his I.D. and that's what he was reaching for.'"

He would have liked more time on the task force.

Leehy agrees that more could have been done had the task force run another six months, but said, "We cranked out a lot in a small amount of time. There comes a point where we have to let go and give it to the City Council and let them do their work."

Ending the St. Anthony contract

Falcon Heights We Can Do Better kept pushing for the City Council to end the contract with St. Anthony and renegotiate it.

In the end, actions taken by the St. Anthony City Council got it done. In late March, the council passed a resolution to change the police contract and make the city of Falcon Heights solely liable for any police incident within its borders.

That move came out of the blue, said Lindstrom, "which was very disappointing to me and the rest of the council. They must have known this was not something that any city would abide by."

"They wanted us to take full liability over officers that we did not hire, over officers we do not train, over officers that we have no oversight over," he said. "If there was a high-speed chase that started in St. Anthony, went through Roseville and some tragedy happened a foot into Falcon Heights, under their proposal, we would have 100 percent liability—and they did not do that for Lauderdale," which also contracts with the nearby Minneapolis suburb.

Falcon Heights put out a call for letters of interest to nearby law

enforcement agencies. Ramsey County is the only one that answered.

Getting it right

Every City Council and task force meeting, every City Council workshop, every Community Conversation has had at least one member from the Falcon Heights We Can Do Better group in attendance since July 6, Mielke said.

They wanted to make sure Castile was always on the agenda, she said.

The group has connected with "black allies"—groups like the African American Leadership Council and people such as Castile's good friend and co-worker John Thompson—who also have stayed focused on the council's actions in regards to St. Anthony police.

"I remember a meeting when [a group of people] turned around and faced us and thanked us," Mielke said.

"The person who has kept me going all these months is John Thompson. ... When I think I don't have the energy to go to or organize another meeting, I think of John," she said. "From the beginning, he has said, 'Falcon Heights, you have to get this right.'"

As the group moves past the trial, members are now working on learning "why the city is so white," Mielke said. So far, research has found covenant clauses on many homes that said you "can't sell to a person of color," she said. Mielke's own house had one, but "it's scratched out and dated and notarized. It was there. You can read it, but lines are drawn threw it."

"We think it would be great to look at zoning and policies that have stayed in place, when people don't realize there's a racial bias," she said. "That's what we're looking at next."

Say hello

The city of Falcon Heights has a lot of work to do, Lindstrom said.

"Everything was pretty hunky dory for 22 years, but I now recognize it was not that way for everybody," he said. "The reality is if someone has a different skin color than mine, they may walk through this world with much different experiences than me. My skin color provides me with privileges that

others don't have, and all of us ought to be having those conversations to better educate us about those privileges and how to change it."

Lindstrom's advice to other communities: "Ask your police the hard questions around things like training: How much de-escalation training are they receiving? How much implicit-bias training are they receiving? How much critical-incident training—which covers things like mental health training—are they receiving? Look at your commissions: Do you actively outreach to make sure your commissions have broad representation?"

Prioritize diversity in the police department, he said. "Emphasize a culture of what I'd call a guardian mentality instead of a warrior mentality," he said. "You don't want your officers believing that they are under fire all the time and the occupiers."

Police need to know that they are partners with the community, he said.

For Wade, the path toward change in racial relations can't start until people start talking to each other. "We have so much to learn from each other and nobody wants to just reach out to the other," he said. "I used to work at a Holiday station out at White Bear Lake. I was told I was the first black guy to ever work at the store. Period. And my manager let me know that."

"That's nothing to be proud of," Wade said. "I'm their first black experience. Me, at 42 years of age, I shouldn't be the first black *anything*."

"White folks say, 'What can I do?'" One answer is simple, he said: Say, "Hi."

"Don't look shocked if you see me in Cub and I greet you," he said. "Have a conversation with me. Opportunity comes in the most mysterious ways."

"You're my neighbor. My interest is your interest. We may be able to help each other out," he said. "That's how it starts."

Kristal Leebrick is the editor of the Park Bugle.



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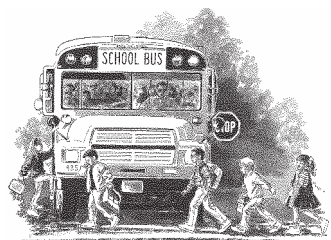
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Yanez ends career at St. Anthony

Within an hour after the verdict was announced in the Yanez trial, the city of St. Anthony sent this notice out to the cities of Lauderdale and Falcon Heights: "The city of St. Anthony has concluded that the public will be best served if Officer Yanez is no longer an officer in our city. The city intends to offer Officer Yanez a voluntary separation agreement to help him transition to another career other than being a St. Anthony officer. The terms of this agreement will be negotiated in the near future, so are not available at this time. In the meantime, Officer Yanez will not return to active duty."



School News

School news will return in our September issue, which deadlines Aug. 9. Send your news about local schools and students to editor@parkbugle.org.

Como Park Senior High

740 Rose Ave., 651-293-8800
www.comospps.org

A new field for a new year

A groundbreaking ceremony for the long-awaited turf field at Como Park Senior High School was held May 17. The turf is being installed directly west of the building inside the track. School board members, government

Band, Intermediate Band, Chamber Orchestra and Concert Band under the direction of Dr. Philip Fried. A large crowd enjoyed the variety of selections, including Como choir singers performing in one of the pieces.

The Como Marching Band took its show on the road May 16 for the annual St. Paul School Patrol Parade. The band proceeded along the parade route through downtown from Rice Park to CHS Field, home of the St. Paul Saints, and played in the stadium while the patrol units from all the schools entered. The Como Band then played the national

with friends and make a final Como Park Senior High School memory.

Murray Middle School

2200 Buford Ave., 651-293-8740
www.murray.spps.org

Thanks to the 114 Pilot One-on-One Program volunteers

Thank you to the 114 tutors who supported the Pilot One-on-One Program at Murray Middle School during the 2016-17 academic year. Each adult supported the Murray students in social studies, science, English and math, as well as in

How it's made me, me
My life so far fills me with glee

It's time to see what the future holds
I believe that it will be, close to gold

Hidden Meaning by FJS

There's a hidden meaning behind a smile
Where it comes from
Where it goes
Whether she's got dimples
Or freckles on her nose

There's a hidden meaning in the way she moves
Is her smile broken
Does it happen with ease
Does she see the color
Does she speak for the trees

There's a hidden meaning when she says she's okay
Seasons may change
People change too
They'll mix and they'll match
They'll catch the blues

There's a hidden meaning behind her laugh
Disguised as a drizzle
When she's really a hurricane
As the world keeps turning
She'll dance on penny lane

There's a hidden meaning
Where no one can see
She's losing herself in reality

Tick Tock by F.H.

The lucky get time, what will you do with yours?
You have been blessed with this thing that implores,
Implores you to read, implores you to write,
Implores you to get enough rest in the night,
Tick Tock
Not all get this blessing, for some it's

a curse,
Time can speed up the nice thoughts and slow down the worst,
And if ever you trip up and waste a few years,
It shows you no mercy and that time disappears,
Tick Tock
Your time is precious, a privilege, not a right,
For not all the saints in the world get this light,
And sometimes the darkest of people have time,
So watch yours closely, or some day you may have to climb,
Tick Tock Goes the Clock
The luck get time, what will you do with yours?

St. Anthony Park Elementary

2180 Knapp St., 651-293-8735
www.stanthony.spps.org

SAP's in the news

St. Anthony Park Elementary School and its school-forest program were featured in Log & Tally magazine's Spring/Summer 2017 issue. Log & Tally is published by the Hoo-Hoo International Order, an organization of people and businesses that produce products such as wood doors and window frames from forest products. The group had donated \$1,000 to the school last year to purchase school-forest supplies for staff to bring students outdoors for learning.

An article about the school's outdoor-learning program was published in May and students were featured on the cover and inside the magazine. You can learn more about Hoo-Hoo International and see a copy of the magazine at www.hoohoo.org.



Students, teachers and St. Paul Public Schools and city officials attended the groundbreaking ceremony for the new state-of-the-art turf athletic field at Como Park Senior High School in May.

officials, community supporters, staff and students gathered to celebrate, dig in and officially kick off Como's facilities improvement project.

Speakers shared remarks that revealed excitement and gratitude for the investment. That was followed by supporters in hard hats grabbing a shovel and breaking ground. The new field will serve physical education classes, soccer practices and games, football practices and games, and be able to host school and community events while withstanding the multi-purpose use.

Community partners such as St. Paul Parks and Rec, the St. Paul Blackhawks and North Area Football were also present at the ceremony. Support for the project also includes an NFL grant and cooperation from the Minnesota Vikings. The field is scheduled to be completed by Aug. 18. Along with a new field, the school building is also being remodeled, a project that will occur in stages over the next two years.

Honors and scholars

Honors Night was held on May 15 in the Como auditorium. Students were recognized for outstanding academic performances, service awards, community and athletic recognition. Hundreds of Como students crossed the stage after being introduced along with their accomplishments.

College scholarships earned by members of the senior class were announced, and several unexpected scholarships totaling more than \$10,000 were announced. Those included the Wallin Scholarships, Kopp Family Foundation Scholarships and Como Park Schultz Scholarships, among others.

Music news

The Como Gala Instrumental Concert on May 23 featured the Jazz

anthem for the crowd to officially start the event honoring the service of the patrols.

AOF students score internships

Academy of Finance (AOF) students secured summer internships with a variety of business partners, including Travelers, 3M, Ecolab and Xcel Energy. Students were busy at the end of the year with financial literacy and entrepreneurial projects. Presentations took place both at school and at corporate headquarters. Additionally, a field trip to Thomson Reuters on May 26 allowed students to participate in a digital marketing workshop.

A night on the town

The 2017 Como Prom, "A Night on the Town," was held May 20 at the U.S. Bank Stadium, on the suite level of the Vikings' new stadium. The venue received rave reviews from the Como juniors, seniors, guests and staff as everyone enjoyed the dance and atmosphere.

The end

The annual senior barbecue was held June 2 at school, the last day of classes for the 2017 graduates. The barbecue was hosted by the Como staff and community, with assistance from local businesses and boosters. The graduation ceremony was June 6 at Roy Wilkins Auditorium downtown in the RiverCentre. Student speakers included Eli Freberg, Divine Uchegbu and Angela Aryiku.

Graduation concluded with the 35th annual all-night party at school, which was transformed for the occasion by volunteers of the Como Booster Club. Activities included arcade games, dancing, basketball, swimming, catered food from local restaurants, caricaturists, airbrush-tattoo artists and henna artists all in a safe, fun environment to celebrate

developing good study skills. Students' grades and their confidence in their academic abilities improved significantly during the year.

We are very grateful for all of the volunteers who were willing to come to Murray each week.—Cindy Thrasher, Pilot One-on-One coordinator

And for your reading pleasure . . .

April Vaughn's Advanced English class has asked to share some poems from their work this spring:

Close to Gold by Rachel Erickson

People who care
Parents that are the perfect pair
A sister who speaks the truth
Intelligent and wise yet still in her youth

Friends with different pasts and futures
Each one still searching for the answers
Music to love and books to read
Movies to see and a garden to weed?

A life I've lived for just a few short years
Experiences to come, facing my fears
Though that is the future
And my life is my past
All my days, passing too fast

The life I've lived has given me much
There's future plans I have yet to touch
I aspire to give as much as I've been given
The life I've lived has been determined and driven

There have been struggles
There have been wins
I am ready for my next chapter to begin

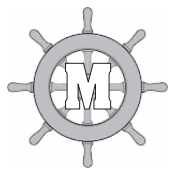
If I look back at my time
I see the mountain I've climbed



St. Anthony Park Elementary School students made the cover of Log & Tally magazine.



CPHS Cougar Sports



Murray Pilots Sports

by Eric Erickson

Eric Erickson highlights Como Park Senior High School athletics each month in the Bugle.

Como Park Cougars

Badminton—The Como Park Cougars varsity badminton team earned the third-place trophy at the Minnesota state tournament in mid-May. Johnson took first, defeating Harding in the finals.

St. Paul's most popular spring sport in the public high schools continues to be badminton. Como's program had more than 50 players competing on three levels this season, with fun and improvement evident all around. The varsity squad posted an overall record of 13-6 while competing in the state's toughest conference, concluding their season with the impressive run in the state tournament.

Of the 24 varsity badminton teams in the state, six of the eight quarter-finalists were St. Paul schools. The final four were all from St. Paul, featuring Johnson, Harding, Washington and Como.

In the semi-finals the Cougars lost to Johnson, the eventual state champion, by a score of 5-2. (Como was the only team to earn points against Johnson in the tournament). The Cougars bounced back with a 4-3 victory over Washington in the third place match.

Como junior Tu Lor Eh Paw was the Cougars' top singles player and was voted most valuable. Junior Taw Bee played second singles. Juniors Yia Yang and Zoua Xiong were the No. 1 doubles team for the Cougars. Of the top 10 players in the deep program, six will return next season.

Softball—Senior pitcher Kathryn Proper led the young Cougars back to the final four of the section tournament and a second-place finish in the St. Paul City Conference. The team's overall record was 15-6 with Proper centering the defense and amassing 290 strikeouts on the season, a Como all-time high. For her career, Proper finished with 52 wins and 834 strikeouts, which



Como Park's varsity badminton players posed with their third-place trophy and medals from the state tournament. First row (L to R): Trinh Nguyen, Hang Trinh, Yer Yang, Eh Dah and Shar Too. Back Row: Mai Lee Yang, Zoua Xiong, Ju Be Lee Thoo, Maria Aye Meh, Taw Bee, Tu Lor Paw, Ka Bao Xiong and Yia Yang.

are also both Como records. She was selected to the All-Metro and All-State teams.

Junior Alexis Barnes shifted to catcher this season and was voted St. Paul City All-Conference. Junior Adrianna Tarver, sophomore Gigi Gabrielli and freshman Bailey Huepenbecker were chosen All-Conference Honorable Mention. With the exception of Proper, every member of the team will return next year.

Girls' golf—The Cougars' Golf Team added a few more players this season. The team was led by St. Paul City All-Conference Honorable Mention selections Grace Commers and

Olivia Mancia-Chavez, who are both juniors. Three of the golfers are ranked in the top 10 of their classes academically, and the team grade-point average is 3.9. There are plans for summer golf events to develop more skills and confidence. With six golfers returning next season, the Cougars plan to keep it fun and strive for better scoring on the course.

Girls' Ultimate Frisbee—The Como "Aurora Ultimate" team was composed of 10 dedicated players who consistently competed against teams with rosters twice as big. Despite the lack of depth, the Aurora girls finished second place overall in the Division 2 end-of-the-year state tournament.

The team was frequently recognized for its mental strength and positivity. They earned the coveted Team Spirit Award at the Matoska Classic tournament in White Bear Lake. Individual honors included Georgia Langer earning All-Conference. Junior Claudia Patrin was selected All-Conference and Second-Team All-State. Junior Ana Caballero collected All-Conference and First-Team All-State honors.

Track and field—Senior Innocent Murwanshyaka qualified for the state track meet in the 1,600M and 3,200M races after winning those events in the Section 4AA finals. Innocent also was the St. Paul City champion in both of those long-distance events. Including his previous cross-country seasons, Innocent finished his Como running career with three state tournament

jump and fifth in the long jump. Lumin Johnson, also a junior, placed sixth in the triple jump.

Baseball—The Cougars had an overall record of 6-10 this season. In the St. Paul City Conference, Como finished 3-2 in third place out of the six teams that have varsity baseball. Senior Charlie Kray and juniors Gunnar Olson and Donny Ventrelli were All-Conference. Honorable Mention was earned by seniors Jackson Muehlbauer, Ricky Spears and Dylan McClellan, along with juniors Collin Columbus and Patrick Corneia.

The season's most impressive victory was a 10-5 victory over St. Anthony Village, a former state champion and perennial state contender. Ventrelli, who led the team in RBI, had two home runs in that game. Kray had the team's best batting average. Olson was the team's top pitcher.

Boys' tennis—The varsity team finished third in the St. Paul City Conference with a record of 4-2. The overall record of 8-8 included wins over nonconference opponents North St. Paul, Tartan, Simley and Mounds Park Academy. Junior Gabe Reynolds, sophomore Will Larson and Murray eighth-grader Riley



Innocent Murwanshyaka won the St. Paul City championship and the Section 4AA championship in both the 1,600- and 3,200-meter races. He represented Como in the state track meet June 9 and 10 at Hamline University.

appearances. He has committed to study and run at Iowa Central Community College, a perennial power on the national junior college level.

Como had another St. Paul City champ: Lukas Walton, a junior, ran to victory in the 300M Hurdles. In the Section 4AA Meet, he finished in sixth place. On the girls' side, junior Florence Uwajenza finished second at the city meet in the 800M and also placed sixth in Section 4AA. Also noteworthy from the city meet were Como's jumpers. Junior Tim Simmons was fourth in the triple

Eddins earned All-Conference. Senior Eli Freberg, junior Lah Htoo and sophomore Antero Sivula achieved Honorable Mention.

Boys' Ultimate Frisbee—Como Area Ultimate (CAU) finished its season with a record of 9-15. Senior Kayode Ajao recovered from an injury at the beginning of the season to regain his form and earn a spot on the Twin Cities All-Conference team. In the season-ending Division II tournament, CAU was competitive and took 11th place, winning their final match of the season 10-8 over



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Cretin-Derham Hall. CAU was coached by Como alum Jesus Caballero. Former coach and teacher Ross Savage was honored with the Steven Craig Miller Award for 14 years of leadership and service to the Como ultimate frisbee programs.

Murray Pilots

Baseball—The Pilots finished with an overall record of 10-3, tied for second place in the St. Paul City. Rainouts and rescheduled games were frequent, but the team had a lot of fun. In fact, the highlight of the season was a game played despite a downpour, leaving muddy field conditions. No one seemed to mind.

The team was led by pitchers Colt Wyman, Ian Culver and Damian Perryman, with excellent catching by Kaelby Sears. Dedicated eighth-graders included Stone Frasl, Sully Lucy, Amiel Webster, Keith Deal, Dixon Hedges, Dom Fitzgerald, Elvin North, Bill Lancman, Andrew Pounds, Nick Rein and Sam Holm.

Track and Field—All Pilot runners improved their times throughout the season and peaked at the year-end St. Paul City Meet. The girls' 4 x 200 relay team of Fiona Juarez-Sweeney, Hemetti Apet, Amelia Moseman and Audrey Power-Theisen were city champs.

The 4 x 100 relay team, featuring Jeanreane Titus with Apet, Moseman and Power-Theisen, finished in second place. The boys placed third in both relays with combinations of Aaron Ramsey, Dobry Kruszka, Jon Kieser, Sergio Newell and Soren Sackreiter. Keiser was also took second in the shot put. Newell claimed the city long jump championship with a 17-foot, 4-inch jump.

Softball—Murray softball enjoyed another successful season, finishing third in the St. Paul City, recording 7 wins and 2 losses. The team was led by eighth-graders Hannah Hausman, Morgan Nichols, Demya Riley, Jordan Allison and Adrian Henderson. Most of the team was made up of seventh-graders, many of whom played key defensive roles and contributed offensive firepower. The coaching staff expects that next year's team will be very strong and will contend with Highland and Capitol Hill for the top of the conference.

Badminton—The Pilots finished in the top half of the city standings with a winning record of 7-4. Eighth-grader Nag Poe was the team's top player and finished third in the St. Paul City Conference middle-school tournament. Eighth-graders Rachel Erickson and Abrianna Armenta were the No. 2 and No. 3 singles players, respectively, and sixth-grader Betty Hebble played No. 4. The

individual players learned to cover the court efficiently. The doubles teams all developed chemistry with each other. More than 30 girls played badminton for Murray this season.

Eric Erickson is a social studies teacher at Como Park High School and a long-time coach of school and youth sports in St. Paul.

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7 p.m. Dubliner Pub, 2162 W. University Ave. 55114
Sunday Worship: 5 p.m., Dow Art Gallery,
2242 W. University Ave., St. Paul

❖ MOUNT OLIVE LUTHERAN CHURCH—WELS

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Pastor Al Schleusener

❖ PEACE LUTHERAN CHURCH—ELCA

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Sunday Masses: 8:15 a.m. and 10 a.m.

❖ HOLY CHILDHOOD CATHOLIC CHURCH

1435 Midway Parkway, St. Paul, 55108
Pastor, Fr. Timothy Cloutier
Weekend Masses: Sat. 5 p.m., Sun. 9:15 a.m.
Weekday Masses (Tues., Wed., Fri., & Sat.): 7:45 a.m.
Confession: Sat. 7 - 7:30 a.m. & 4 - 4:30 p.m.
Parish office: 651-644-7495, mcmadigan@holychildhoodparish.org

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For additional information on other activities and events
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Foci MCGA glassblowing demonstrations were made possible by the voters of Minnesota through a grant from the Metropolitan Regional Arts Council, thanks to a legislative appropriation from the arts and cultural heritage fund. And, by the generous support of the St. Anthony Park Community Foundation.





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Como Park student anthology explores identity and culture

By Ned Leebrick-Stryker

For six months of their inaugural year of high school, 41 ninth-graders at Como Park Senior High School collaborated with the Mid-Continent Oceanographic Institute, a nonprofit on University Avenue that teaches writing skills to under-resourced students, to create an anthology of poems and prose called “Adventures Within Another.”

“We began the project by creating a community of learners and writers,” said Risa Cohen, the English teacher whose students created the book. “Each of us shared an artifact that represented our individual culture and community and explained what made it important to us. These artifacts became the focus of the first essay(s) students wrote for the book.”

The Mid-Continent Oceanic group proved to be a boon for the Como students. “[They taught me] that if I put my mind to it, I write something beautiful,” said Reebar Htoo, a member of Cohen’s class. Htoo’s poem “If you were here with me,” offers a bittersweet look back on an old memory, something the students were encouraged to do by the organization. Students had an opportunity to explore emotional situations that aren’t commonplace in a classroom.

“[In my] writing, I got to explore my grandparents and my hometown,” said student Ktru Moo, whose poem “Where I’m from” explores a rich ancestry.

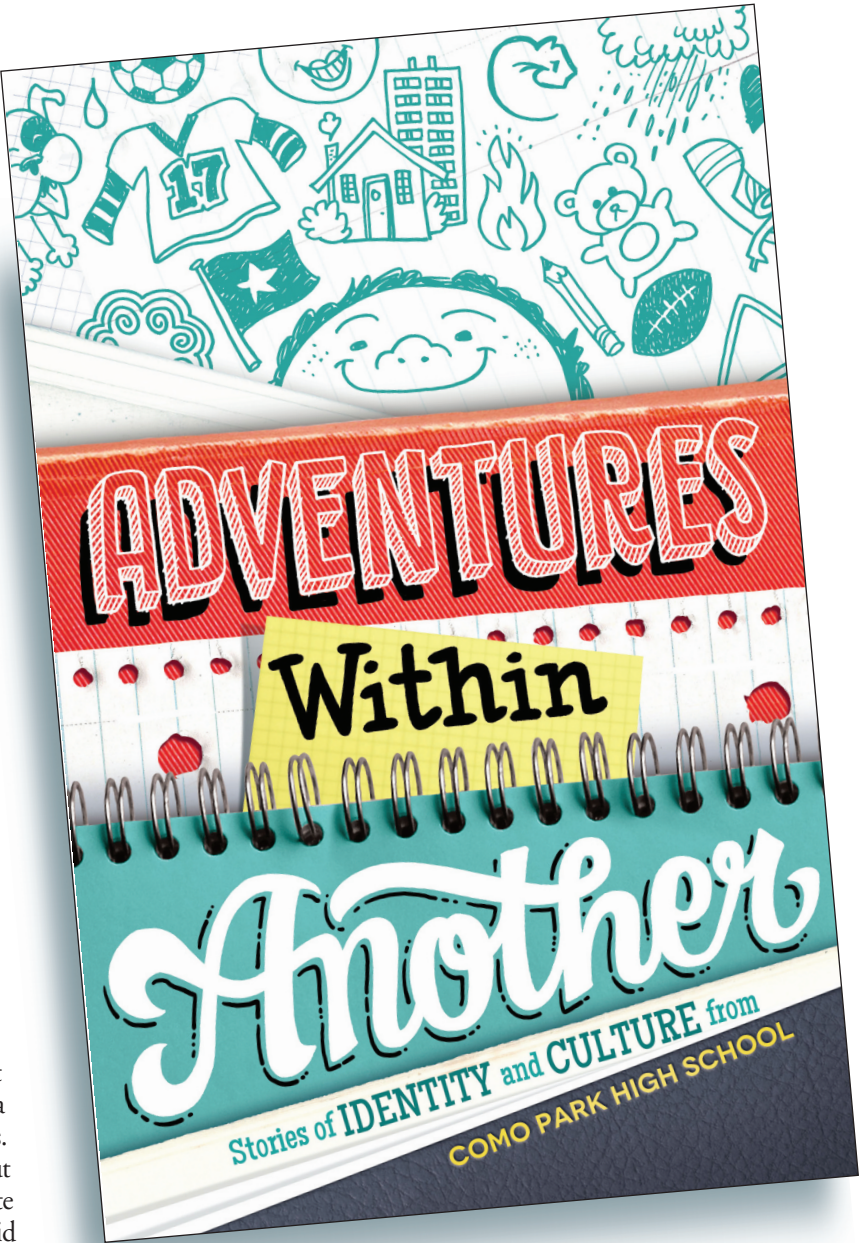
The students’ writing came from a personal place, Cohen explained. She guided students to choose topics and write about experiences that were meaningful to them. Working collaboratively with their peers on brainstorming exercises gave them a framework for their writing, she said. “(Students learned) how to write about memories, and they learned about life and everybody’s story.”

The students were ultimately the creative guides of the book during the creation process.

“They learned how to work in a group to create a published book, especially coming up with the title and the cover design,” Cohen said. That gave the students the experience of having their names and work in a published book.

“Adventures Within Another” can be purchased at the Mid Continent oceanographic Institute’s online store at moi-msp.org.

Here are two poems from the book:



Where I'm From By Ktru Moo

I am from where the rice is grown,
The weather is fresh, under the feet.
I'm from under a leaf, blanket, and covers,
Smiling face and fire burnt the candle.
I'm from where birds flew away to settle.
Like a seed under soil that needs water.
I'm from this little hand can pray,
And faith lead us like water.

I'm from houses, not a home, and crawling with feeling.
I'm from eight lives, eight minds, Eight hearts and smiles.
I'm from “don't sing while you eat” Or the tiger eats you.
I'm from the wind singing, leaf dancing,
And “things don't last forever.”

I'm from under a roof but not under a roof,
And even permanent marker doesn't last.
I'm from Hill Tribe house, made of bamboo,
Dirt, leaves, and smoke flying.
I'm from spicy food, wheat fields, green forest,
And strong root.

I'm from looking up at the moon, wishing on a star,
And moving on.

My family is like a watered flower.
When the flower is grown it becomes lovely, beautiful,
And it feels special like a dead tree still growing.
We are a blast of brightness,
To know it is a blessing from God,
Whether we are close or far,
We are a family in love like moon and star love each other.

Ktru Moo has a cat name Grey. They live with their parents and enjoy playing soccer.

Trips Through the Ocean By Anisa Smith

Orcas Island on a ferry
Kayaking in the ocean
Waves crashing
Feel the warmth of the sun
Sea lions, eagles, turkey vultures
Jellyfish, starfish
Sea lions gliding under the water
Salt water on my hands
Crashing through waves
Every island paddled by
Really cool

Anisa Smith loves hanging out with friends and family over the weekends. They live with their mom, dad and two siblings. Their favorite sports to play are volleyball and hockey.

Ned Leebrick-Stryker is a student in the School of Journalism and Mass Communication at the University of Minnesota.

Classifieds

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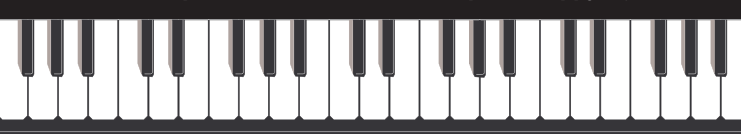
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Rabbits from 13

It is legal to trap rabbits to relocate or humanely destroy, but you must follow certain rules. You must use a live trap that poses no risk for children or other animals and check it frequently —no less than once every 24 hours. Also, be aware that new rabbits will quickly and continually move into open territory.

Poisoning is illegal. Rabbits should be relocated at least 5 miles away, and only with the prior permission of the public or private landowner. Within 24 hours of removing a nuisance rabbit, you must notify the Minnesota DNR Conservation Officer for your area. Full details are available at www.dnr.state.mn.us/livingwith_wildlife/taking.html.

Gardeners can learn to live with rabbits by using a variety of strategies, and even come to embrace them as a

gentle, integral part of their living garden. One benefit of rabbits you

you'll actually be pleased when rabbits prune them back—and the rabbits will be so full of asters they might not try those other plants.



Whether you like it or not, rabbits will enjoy your garden too. Photo by Sharon Shinomiya

may not have considered: Their droppings are an excellent fertilizer.

What about those little asters? Protect them until they're well-established, let them go to seed and spread themselves abundantly around the garden, and soon enough, you'll have so many asters

Rabbit-safe plants

Here is a list of plants that rabbits won't eat:

Daffodils
Alliums
Irises
Jack-in-the-pulpits
Ferns
Peonies
Bleeding hearts
Virginia bluebells
Lilies of the valley
Baneberries
Wild indigo
Ginger
Primroses
Jacob's ladder
Foxglove beardtongues
Daylilies
Turtleheads
Goldenrods
Chrysanthemums
Asparagus
Tomatoes
Basil
Mint
Impatiens
Salvias



It's almost that special time of year again, where you pull out your flag, grab your lawn chair and put on that red, white and blue. **The annual 4th in the Park parade and picnic are nearly here!**

This year will be the 70th anniversary and we're looking forward to celebrating the big anniversary. We will be adding new, exciting elements to the day, including new bands in the parade and at the bandstand, improved sound system, photo contest and free t-shirts. Look for the new kids' zone on the south end of the park, which will include face painting, pony rides, an inflatable obstacle course and races.

SCHEDULE OF EVENTS:

- 8 a.m.** **LANGFORD PARK RACES**
Registration at the recreation building (50-cent registration fee). Races start at 8:30 a.m.
4 miles: Divisions for men, women & masters (40 & over).
2 miles: Joggers & juniors (15 & younger).
- 10:30 a.m.** **GRAND PARADE ASSEMBLY**
Children's bikes, trikes, wagons, etc. assemble at Ned's Park Service. Bands, vehicles and marching units assemble at Luther Place.
- 11 a.m.** **GRAND PARADE BEGINS**
Proceeding from Luther Place, down Como Avenue to Langford Park via Knapp Street. Parade includes a color guard, neighborhood units, bands, floats, VIPs, music, kids and much more.
- Noon** **BANDSTAND PROGRAM**
Following the parade, a program including the patriotic essay winners and music from the St. Anthony Park Community Band will take place at the bandstand in Langford Park.
- REFRESHMENT STAND OPENS**
Purchase pulled-pork sandwiches, hot dogs, ice cream, veggie burgers and more vegetarian options by the tennis courts. *Sponsored by the St. Anthony Park Booster Club.*
- HORSESHOES, VOLLEYBALL & TENNIS TOURNAMENTS**
Registration and check in noon-1 p.m. Preregister by calling Langford Park Recreation Center at 651-298-5765 or sign up online at stpaul.gov/facilities/langford-park-recreation-center. Tournaments begin sharply at 1 p.m.

1-2:30 p.m.

PIG'S EYE JASS BAND & LIGHT OF THE MOON PERFORM AT THE BANDSTAND

1-4 p.m.

PONY RIDES & KIDS' ACTIVITIES
** New location ** because of construction at the elementary school all kids' activities will be on the south side of the park behind the recreation center. Kids can get their faces painted or take a turn on the inflatable obstacle course.

2:30-4 p.m.

RACES & CONTESTS

Family fun events for kids of all ages. Ribbons for all participants.

DJ PERFORMS AT BANDSTAND

4 p.m.

INSTAGRAM PHOTO CONTEST WINNER ANNOUNCED
(Must be present to win.)

**** This event happens only through the generosity of our local neighbors and businesses. Donations are greatly appreciated! ****

There are several ways to donate:

Online at: 4thinthepark.org/donate-now

Mail donation to: 4th in the Park Committee, P.O. Box 8062, St. Paul, MN 55108

Drop off donation at the information desk at Sunrise Bank.

The 4th would be nothing without our fabulous team of volunteers. We still need your help. Please lend a hand to this fun community event!
Go to: 4thinthepark.org/volunteer for more information.

The 4th in the Park is put on by the Fourth in the Park Committee & sponsored by the Saint Anthony Park Community Foundation, St. Paul Parks & Recreation & **YOU!**

Thank You!
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