

One vibrant volume of verse: *It's the spring poetry issue!*



## Kasota Ponds needs you

to help with the annual cleanup April 8.

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## Remember the stores at Bandana Square?

Roger Bergerson looks back.

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# Park Bugle

St. Anthony Park / Falcon Heights  
Lauderdale / Como Park

www.parkbugle.org  
April 2017

## A window into *poetry*

By Kristal Leebrick

Naomi Cohn sometimes uses tiny windows to help her poetry students choose what to write about.

Her tool is a simple piece of paper with a hole cut out of it that students look through to narrow their field of vision. Whether the writing group is inside a room on the 10th story of a senior high-rise or a basement with opaque windows, using this “viewfinder” can give participants a tool to focus on subject matter.

Cohn, a St. Anthony Park poet and creator of Known by Heart, an enterprise that specializes in providing writing experiences with older adults and people with disabilities, says the first time she tried this was at Ebenezer senior living complex in Minneapolis. She assumed her students would take the viewfinders to the windows and look at the street or up into the sky or at a tree or the city skyline, but “people wrote about a hand or their friend’s face.”

“That’s one of the things poetry does is it takes a specific,” Cohn says. “We might be writing about the universal theme of love or loss or winter or whatever, but we take a particular twig with ice on it or a particular gesture that our friend does, and that’s our window into that writing.”

Cohn is bringing her writing work to St. Anthony Park in April



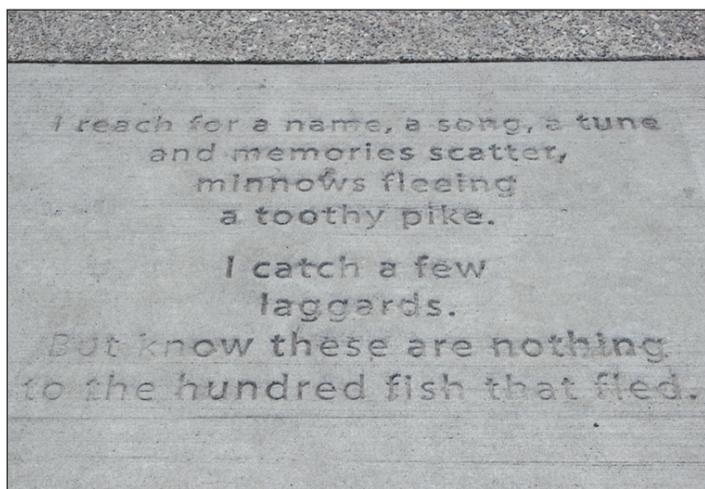
Poet Naomi Cohn uses a simple piece of paper with a hole cut out of it to help her poetry students narrow their writing subjects. Photo by Kristal Leebrick

with a series of workshops through St. Anthony Park Area Seniors (SAPAS), a nonprofit that provides a variety of services to seniors, and to Seal Hi-Rise in South St. Anthony this summer. Workshops with Hamline Midway Elders are in the works.

These workshops are part of a 2015 Knight Arts Challenge grant Cohn received to develop arts activities for older adults. Additional funding for the project has come from Saint Anthony Park Community Foundation, Trillium Family Foundation and Friends of the St. Paul Public Library.

Cohn, 53, studied genetics, history and visual arts as an undergraduate at Cornell University in Ithaca, N.Y. Her post-college work

Window to 3



Cohn’s poem, “Dementia,” was stamped into a Carter Avenue sidewalk in St. Anthony Park in 2008.

## Poetry Palooza VII

*Yes, sir, this is our seventh-annual poetry contest. Meet the 2017 winners, and happy National Poetry Month.*

By Kristal Leebrick

Como Park writer Joel Van Valin’s poem “Fairy Tale” is the winning entry of the 2017 Park Bugle poetry contest.

Our judge, poet John Krumberger of Prospect Park, chose a first-, second- and third-place poem and two honorable mentions out of the 29 entries.

“In the way it combines playfulness with seriousness, the poem ‘Fairy Tale’ can be compared to the work of the Metaphysical Poet,” Krumberger said, “as it both subverts and invigorates a clichéd form by introducing an unexpected twist of plot. The reader is challenged to consider his or her elusive notion of happiness.”

Van Valin, who lives with his wife and “a few assorted pets near the entrance to the State Fairgrounds,” works as a writer at a small software company. In 2015, his novel *The Grand Dissolute*, a time-travel novel set in St. Paul, was published by 5 Prince Publishing. His poetry has appeared in the journals *Talking Stick*, *The Avalon Review*, *Rochester Post-Bulletin* and (forthcoming) *Knockout*.

What does he do for fun? “My hobby is *Whistling Shade*, a semi-annual literary journal I’ve published since 2001,” he said. You can learn more about him at his webpage, [www.whistlingshade.com/joel.html](http://www.whistlingshade.com/joel.html).

Krumberger chose St. Anthony Park writer Garvin Davenport’s “Souvenirs,” as the second-place winner. “The poem ‘Souvenirs’ accumulates interesting, accurately observed details the way a narrative poem does but then surprises us with what the poet

Poetry contest to 8

## C I T Y F I L E S

### Como Park

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Here's how to connect: 651-644-3889, [district10comopark.org](http://district10comopark.org) or District 10 Community Council on Facebook.

### Survey participants say Lexington needs improvements

Participants in a District 10 survey overwhelmingly support a range of ideas—for changes big and small—to address traffic, bicycle and pedestrian safety issues along Lexington Parkway. More than 700 people took the online survey, the largest response in District 10's history.

Though the survey is not "scientific," the preferences of residents who participated are clear. Five of the ideas got more than 80 percent support. They are:

- Changing lane markings to eliminate the "weave" where northbound Lexington passes under the railroad tracks and heads toward the Wynne/Como intersection; 90 percent of participants support this change.

- Creating a safe way to get to the golf clubhouse, ski center and Cozy's Pub on foot or bicycle; 89 percent support this idea.

- Creating specific left-turn-only, straight and right-turn-only lane markings on northbound Lexington at the Como/Horton intersection; 88 percent support this idea.

- Installing a pedestrian-activated, flashing warning light where the existing path crosses Lexington at East Como Lake Drive; 86 percent support this idea.

- Improve the warning signs where Energy Park Drive crosses the bicycle path on the west side of Lexington; 81 percent support this idea.

Full survey results are on the District 10 website. District 10's Land Use Committee created the survey. The committee will use results to suggest improvements to the City of St. Paul, Ramsey County, Minnesota Department of Transportation and St. Paul Parks and Recreation officials.

### Get the facts on butterflies

District 10's Sunday Series will continue on April 2, when Sarah Weaver from the University of Minnesota's Monarch Lab will talk about the precarious state of everyone's favorite butterfly. Her discussion will include an overview of the monarch's biology and life cycle, why the population of monarchs is crashing, and what individuals can do to turn this around. The free talk will be held Sunday April 2, 1-2:30 p.m., at Great River School, 1326 Energy Park Drive.

### D10 supports Sholom Home request for tax-exempt financing

The Como Community Council board voted in February to support the request by developers of Como Park Senior Living for \$18 million in tax-exempt revenue bonds through the City of St. Paul. The bonds would provide about half the funding and leverage additional private financing to redevelop the former Sholom Home property at 1554 Midway Parkway.

The new owners hope to convert the abandoned nursing home into 168 units of assisted-

living and memory-care apartments, most of which would classify as "affordable" housing for seniors. The bond request will now enter a competitive process before the city's Housing Redevelopment Authority. If the bonds are approved, developers say construction could begin as soon as May.

### D10 board opposes longer patio hours at Gabe's by the Park

The Como Community Council board voted Feb. 21 to oppose a request from Gabe's by the Park to expand patio hours outside the restaurant at 991 Lexington Parkway.

The new owners of Gabe's, as part of their liquor license application, want to keep the patio open until 12:30 a.m. daily and to install speakers on the patio. The current liquor license forbids outdoor music and requires the patio (which is on the Lexington side of the business) to close by 11 p.m.

The District 10 board voted to oppose any changes after hearing from nearby residents who say loud patrons and current patio hours already are too disruptive. The St. Paul City Council will make the final decision on which conditions are allowed under the liquor license.

### Join the District 10 board

Nine positions on the Como Community Council Board will be up for election at District 10's annual meeting on Tuesday, April 18. The positions are:

- Chair
- Secretary
- One representative from each of the four geographic sub-districts
- Three at-large representatives

Any resident of District 10 who is 18 or older is eligible to run. So are authorized representatives from a business or nonprofit organization located in District 10.

Candidates interested in running for a board position must submit their name and a brief biography by Tuesday, April 11.

Nominations submitted after that date will be treated as write-in candidacies. Send nominations to [district10@district10comopark.org](mailto:district10@district10comopark.org). You can find a map of the four District 10 subdistricts at [www.district10comopark.org/Neighborhood.html](http://www.district10comopark.org/Neighborhood.html).

Board members elected this year will serve from April 25, 2017, until April 23, 2019.

### Upcoming District 10 meetings

Community members are always welcome to attend and participate in District 10 meetings. All meetings begin at 7 p.m. at the Historic Streetcar Station, which is at the northeast corner of Lexington and Horton. Here is a list of upcoming meetings:

- Como Community Council Board: Tuesday, March 21
- Environment Committee: Wednesday, March 29
- Neighborhood Relations and Safety Committee: Tuesday, April 4
- Land Use Committee: Wednesday, April 5

### Falcon Heights

The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpenue Ave. Contact information: 651-792-7600 or [falconheights.org](http://falconheights.org).

### Community Conversations seeks input on building inclusion here

The City of Falcon Heights Inclusion and Policing Task Force is seeking input from residents and guests who visit the community in developing recommendations on how to build a more inclusive and welcoming community and develop policing practices that reflect the values of the community.

A series of five Community Conversation sessions was launched Feb. 16 and will continue through May or June. Each session will meet at Falcon Heights United Church of

Christ, 1795 Holton St., from 6:30 to 8:30 p.m.

The schedule for the last three meetings is listed below:

- Conversation 3, Monday, April 3: Participants will provide feedback on the task force draft recommendations to the city council on policing values, policies and practices.

- Conversation 4, Monday, May 1: Participants will provide feedback on the task force's draft recommendations to the city council on how to best be an inclusive and welcoming community.

- Conversation 5, May or June (to be determined): This meeting will take place after the Falcon Heights City Council has acted on the task force's recommendations.

Questions? Contact Falcon Heights city administrator Sack Thongvanh, 651-792-7611 or [sack.thongvanh@falconheights.org](mailto:sack.thongvanh@falconheights.org).

### AARP offers free tax assistance at Falcon Heights City Hall

AARP volunteers will provide free tax assistance for low-income, elderly and handicapped individuals at Falcon Heights City Hall, 2077 W. Larpenue Ave., on Tuesdays and Thursdays, 9 a.m.-noon, through April 13.

Volunteers will be able to help complete and electronically file basic state, federal and rental/property tax refund returns.

Please note: individuals will need to provide a valid driver's license or official ID card and last year's tax returns. The IRS also requires the verification of tax documents with a Social Security card.

This is a walk-in service only.

### St. Anthony Park

The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at Jennings Community Learning Center, 2455 University Ave. The council offices are located at 2395 University Ave., Suite 300 E. Contact information: 651-649-5992 or [www.sapcc.org](http://www.sapcc.org).



Chiara Marano

### New staff member

In February, St. Anthony Park Community Council hired Chiara Marano as executive assistant. Marano, who recently completed her master's degree in Advocacy and Political Leadership at Metropolitan State University, will work part time at the council. She grew up and still lives in Como Park. She attended

City Files to 5

## Come home to St. Anthony Park...

I have many buyers who would like to do just that, but our inventory is down by 25% as compared to last year at this time. If you would like to jump into this sellers' market please give me a call for a free market analysis.



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### Schubert Club

#### Music in the Park Series

Alina Ibragimova, *violin*  
Cedric Tiberghien, *piano*

Sunday, March 26 • 4 PM

Pre-concert talk at 3 PM Saint Anthony Park UCC

651.292.3268 • [schubert.org](http://schubert.org)



### Family Concerts 2017

for children of all ages & their families

Friday, March 24 • Ross Sutter Scandinavian Trio

Friday, April 21 • Daedalus String Quartet

Saint Matthew's Episcopal Church • 2136 Carter Ave (at Chelmsford)

[schubert.org/family](http://schubert.org/family)

**Window from 1**

included community organizing, copyediting at Encyclopedia Britannica, nonprofit communications and grant writing. She became more interested in doing her own writing in her late 20s, as writing tasks became more complicated when she began to lose her eyesight from myopic degeneration, a condition that damages the retina.

“At first, [creative] writing was kind of a way of exercising a different muscle, and then I got addicted to it,” she says.

In 2010, Cohn went back to school for a degree in psychotherapy. In 2014, she enrolled in a master’s program in family therapy. An internship at Ebenezer was the spark that ignited her writing workshops with older adults.

“I was there as a family therapist intern, but they have great lifelong learning programs, and I realized that I love working in that capacity with older adults,” she says. “I think family therapy and psychotherapy can be useful,” yet the people she worked with “didn’t feel broken, but they were perfectly willing to come to a poetry or creativity group and through that process build relationships.”

Which is essentially what you aspire to do in a family therapy session, Cohn says. That made her realize that poetry is a powerful intervention, and she began to look for ways to use it in her work with older adults.

Cohn wanted to bring the work into her own community and reach the “80 to 90 percent of us who are aging in our homes, often isolated, often with mobility issues. How do we serve those folks?”

“From a gerontology perspective, where you are on the spectrum from isolation to connection is indicative of outcomes



**Chocolate Kiss**

What are you made of,  
oh package of purple?  
Shall I pull on your string  
or leave you?

How sweet you are.  
Unwrapped  
you become  
a memory.

—Fran Nelson

Ebenezer—Minneapolis Poetry Group  
Known by Heart Poetry Posters, 2016  
Teaching Artist: Naomi Cohn. Photo/Poster ©: Naomi Cohn, Known by Heart  
Poem: © Frances Nelson

This poster was created in one of Naomi Cohn’s workshops at Ebenezer in Minneapolis.

in terms of quality of life,” Cohn says. “Social connection and reducing isolation is incredibly important in the mental and physical health of older adults. I certainly have seen that anecdotally in how people come into a [writing] session and how they leave.”

People offer “incredible support” to each other in these groups, Cohn says. “Poetry gets personal pretty fast.”

Society has internalized ageism, she says, “so to empower older adults to authentically share their experience feels important to me.” And a

gathering of people learning, writing and sharing their creations “is a powerful form of community.”

The SAPAS classes will be held four Mondays in April and May, 10 a.m.-noon, at Centennial United Methodist Church, 2200 Hillside Ave. The first class, “Writing Home: Building Blocks of Poetry,” will be held April 3. Subsequent classes will be held April 17, May 1 and May 15.

The classes are free, but registration is required and space is limited. You can call the SAPAS office at 651-642-9052 to register.

**Want to write a poem?**

*Here’s your prompt: A Sidewalk Poetry discovery walk*

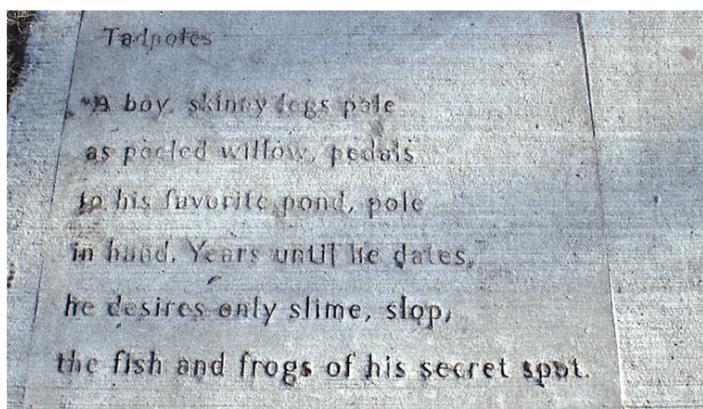
Naomi Cohn’s poem about memory is stamped into a sidewalk on Carter Avenue just south of Keston Street in St. Anthony Park. That poem, “Dementia,” was placed there in 2008 as part of Everyday Poems for City Sidewalk, the brainchild of Marcus Young, a former artist in residence for the City of St. Paul. Since 2008, some 950 poems have been stamped into St. Paul sidewalks and there are a number of them in the Como Park and St. Anthony Park neighborhoods.

Cohn suggests using the city’s Sidewalk Poetry as your prompt to write a poem. First, seek a poem.

Take a walk along these St. Anthony Park streets—Valentine Avenue, Keston Street, Chilcomb Avenue, Carter Avenue or Bourne Avenue—or, in Como Park, walk along Victoria Street between Larpenteur and Arlington avenues and or on Arlington just east of Victoria. There, you’ll find a number of poems stamped into the walks.

If you want to venture elsewhere in the city, check out the poetry location finder at [publicartstpaul.org/project/#find-poetry-locations](http://publicartstpaul.org/project/#find-poetry-locations).

While you’re on your walk, Cohn suggests you pay attention to what you are noticing along the way: What do you see? What do you hear? What do you smell on this April walk?



“Tadpoles” by Dallas Crow is stamped into a sidewalk on Hythe Street in St. Anthony Park.

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The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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Currently serving on the board are Grant Abbott, Ted Blank, Betsy Currie, Deborah Cushman, Elizabeth Danielson, Michael Griffin, John Landree, Gabrielle Lawrence, Brian Longley, Beth Mercer-Taylor, Bob Milligan, Merry Rendahl, Glen Skovholt, Matt Vierling and Kathy Wellington.



## C O M M E N T A R Y

### Individuals' ideas and energy help build community

By Ryan Flynn

A community exists wherever people share a connection. It is more than a collection of homes near one another. It is a bond we form through the blessing of sharing experiences and efforts.

So many examples occur so often that we frequently overlook their significance. Examples can be as small as shoveling a neighbor's sidewalk while they're away or as prominent as planting a community garden or hosting a block party. Community is formed through calls to catch up and visits to welcome new neighbors.

In the Como Park neighborhood, the District 10 Como Community Council is simply an extension of our shared experiences and efforts. Our purpose, since 1975, is to continually bring our community together while working to improve the quality of life here. We do this by hosting engaging events, undertaking meaningful projects and advocating for residents. To that end, we've been busy.

We organize events throughout the year. Each event provides a specific service, whether it is a cost-effective opportunity to clean out old



Ryan Flynn

belongings through the Citywide Drop-Off, learning about our neighborhood's history and ecology in a Sunday Series presentation, or enjoying an affordable, family event with neighbors during ComoFest.

District 10 committees, board members and volunteers also lead and complete projects of all kinds. District 10 partnered with Ramsey County to establish an organics drop-off site on Beulah Lane: that site allows residents to recycle their

organic waste for composting instead of throwing it into the trash. District 10 helped neighbors establish a large, native garden at the intersection of Horton, Churchill and Van Slyke: that garden adds beauty and filters storm water.

We are in the process of studying residents' preferences for developing a small area business plan near Como and Snelling avenues. We are constantly working to improve the parks in our community, acting on residents' concerns and preferences regarding traffic calming along Lexington Parkway, and examining how we can work more closely with local organizations, such as our schools, houses of worship and other nonprofit entities. These are just a few of our most recent efforts.

We continue to advocate for affordable housing for our senior citizens. A few years ago, District 10 lent support to the residents of Como by the Lake Apartments when there was real concern about what would happen when the property was sold. District 10 is currently urging the city to assist—through the use of tax-exempt bonds—in the redevelopment of the former Sholom Home property into new, assisted-living apartments.

The events, projects and advocacy that District 10 undertakes are possible because of community-oriented grants, the support of our three City Council members and our county commissioner, and the ideas and energy of numerous committed volunteers. In fact, it is because of residents who join our board and committees that we as a community council can effectively do so much work. Some of the examples described above came from an idea from a Como resident. We were happy to recognize these residents by adding them to the annual St. Paul Neighborhood Honor Roll in January.

If you have an idea that you think would benefit our neighborhood or a concern that we can address on behalf of the community, please reach out to us. In the same way that weeding a neighbor's garden or shoveling a sidewalk makes a difference in their lives, your ideas and energy make a difference in our entire community. With your help, we can always do more together.

*Ryan Flynn is chair of the District 10 Como Community Council.*

### St. Anthony Park residents: help clean Kasota Ponds April 8

Get outside, meet your neighbors, and do our waterways and wildlife a favor. Help with the annual cleanup Saturday, April 8, from 9 a.m. to noon.

To protect our neighborhood's Kasota Ponds, volunteers gather each spring to pick up debris that would otherwise make its way to the Mississippi River. All ages are welcome. Kids, K-12 can join local

entomologist Margot Monson, whose microscopes and expertise will help them discover what critters live in the ponds.

Volunteers meet at 9 a.m. at NAPA Auto Parts parking lot, 2530 Kasota Ave. (just west of the Highway 280 overpass and the railroad tracks, take a left). We'll strategize there, then walk to the ponds.

Refreshments will be provided. Bring gloves; extras will be available. Reflective vests will be provided for safety.

Dress for the weather. In light rain, wear a poncho and boots. If it is raining or snowing hard, we'll postpone the cleanup to Sunday, April 9.

You can find more about it at [www.sapcc.org/kasota-ponds-clean-](http://www.sapcc.org/kasota-ponds-clean-2017)

[www.sapcc.org/kasota-ponds-clean-2017](http://www.sapcc.org/kasota-ponds-clean-2017).—*The St. Anthony Park Community Council Environment Committee*

### Bugle board has openings

The Park Bugle is seeking candidates to fill openings on its board of directors. The board consists of residents and business owners from the communities served by the newspaper.

Skills and background desired include organizational or management skills, especially with nonprofits; fundraising and grant-writing experience; a strong connection to the community and the ability to comfortably approach potential donors; advertising experience, specifically sales, to support our sales representatives; and legal expertise.

If you'd like to help shape the strategic direction of your local, nonprofit newspaper, send a short note and biography to [editor@parkbugle.org](mailto:editor@parkbugle.org), with DIRECTORS in the subject line. Or send a letter to Park Bugle, P.O. Box 8126, St. Paul, MN 55108, Attn: Directors.



George Yetter, now a sophomore at Como Park Senior High School, stands with much of the garbage found at the 2015 Kasota Ponds Cleanup.

## Scandinavian Trio, Daedalus String Quartet in Family Concert lineup

The Schubert Club's Music in the Park Family Concerts series will host performances March 24 and April 21. The Family Concerts are held at St. Matthew's Episcopal Church, 2136 Carter Ave., and include two performances each night at 6 p.m. and at 7:15 p.m.

The Scandinavian Trio will perform Friday, March 24. The trio features Ross Sutter, guitar; Cheryl Paschke, nyckelharpa and fiddle; and Marya Hart, piano.

Daedalus String Quartet will perform Friday, April 21. The

quartet includes Min-Young Kim and Matilda Kaul, violins; Jessica Thompson, viola; and Thomas Kraines, cello.

Family Concert attendees can choose their own pricing: Tickets are \$0 to \$5 per person. Advanced ticket reservations are strongly encouraged (no tickets required for babes in arms up to age 1). You can order tickets online at [schubertclub.org](http://schubertclub.org) or call the box office, 651-292-3268.

Daedalus String Quartet will also perform at a Music in the Park Series concert Sunday, April 23, at 4

p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. A pre-concert talk will begin at 3 p.m.

The Daedalus String Quartet—Min-Young Kim and Matilda Kaul, violins; Jessica Thompson, viola; and Tom Kraines, cello—will be joined by Twin Cities cellist Wilhelmina Smith and actor Linda Kelsey for the April 23 performance. The quartet will also perform for St. Anthony Park Elementary School students and residents at St. Anthony Park Home on Monday, April 24.

### City Files from page 2

Murray Middle School and Como Park Senior High School.

**Find out more about District 12** Community members are welcome to attend District 12 meetings. Here is a list of the monthly meetings, the times and where the various committees meet.

- **Land Use Committee:** first Thursday of the month, 7-9 p.m., Jennings Community School, 2455 W. University Ave.

- **St. Anthony Park District 12 Board of Directors:** second Thursday of the month, 7-9 p.m., Jennings Community School, 2455 W. University Ave.

- **Transportation Committee:** first Monday of the month, 6:30-8 p.m., District 12 office, 2395 W. University Ave., Suite 300E

- **Environment Committee:** fourth Wednesday of the month, 7-9 p.m., District 12 office, 2395 W. University Ave., Suite 300E

- **Equity Committee:** first Friday of the month, 8-9:30 a.m., District 12 office, 2395 W. University Ave., Suite 300E

### City of St. Paul plans park area near Weyerhaeuser site

The City of St. Paul's bid to purchase 2.25 acres near the Weyerhaeuser development off University Avenue was accepted by the developers. The purchase was part of collaborative effort between the city, the developers, and the St. Anthony Park and Prospect Park neighborhoods.

The land is in St. Anthony Park at the border of Minneapolis's Prospect Park neighborhood. The St. Anthony Park Community Council's Land Use Committee worked closely with developers and the City of St. Paul in this process.

Last summer, Plymouth-based developer Dominion bought the 13.3-acre site next to 808 Berry Place, a mixed-income rental property that Dominion opened in 2004. The developer has proposed a 600- to 700-unit apartment complex.

The land purchased by the city will be set aside for a park area. Dominion also agreed to donate additional land for new streets. The St. Anthony Park Community Council plans to be an integral part

of the planning as it moves forward.

### Help create St. Anthony Park's Comprehensive 10-Year Plan

Join the St. Anthony Park Community Council steering committee, which is tasked with creating the neighborhood's Comprehensive 10-Year Plan. The committee will meet monthly to set the direction of the neighborhood. If you don't have time for monthly meetings, contact Cailin Rogers, [cailin@sapcc.org](mailto:cailin@sapcc.org), for more options on how to be involved.

JOIN US SUNDAY, APRIL 16TH FOR  
**EASTER BRUNCH**

Special Brunch Menu  
Finnish Meatballs  
Piiirakka  
Rutabaga Casserole  
Helsinki Torte

Thursday

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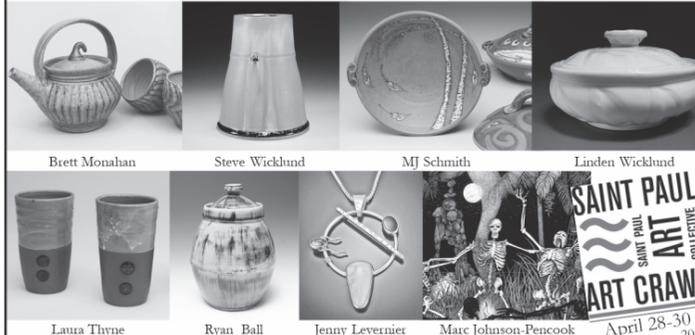
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The Carolina Chocolate Drops. Photo by Bruce DeBoer

## Local filmmaker's documentary on Carolina Chocolate Drops debuts

St. Anthony Park filmmaker John Whitehead's documentary on the African-American string band, the Carolina Chocolate Drops, will be shown at a free pre-release screening on Thursday, April 13, 7-9 p.m. at the Heights Theater, 3951 N.E. Central Ave., Columbia Heights.

Whitehead, a musician and roots-music fan, has been working on "Don't Get Trouble in Your Mind: The Carolina Chocolate Drops" for more than 10 years. The documentary tells the story of the Carolina Chocolate Drops, a string band from Raleigh, N.C., and their

mentor, fiddler Joe Thompson, who died in 2012. The film captures how three African-Americans from the hip-hop generation embraced a 19th-century genre and took it to new heights, winning a Grammy in 2010.

You can view the film's trailer at <https://vimeo.com/207367294>.

Whitehead's film is an outgrowth of his obsession with the origins and evolution of roots music, he says.

"Filming the Drops playing in Joe Thompson's living room or backstage at the Grand Ole Opry, these were once-in-a-lifetime

experiences that more than compensate for the effort of getting the film made," Whitehead says.

Whitehead has produced a number of documentaries for PBS and other outlets, including the Midwest Emmy Award-winning series "Minnesota: A History of the Land," "Wannabe: Life and Death in a Small Town Gang" and "Make 'Em Dance: The Hackberry Rambler's Story."

Find out more about the film at <http://southern documentaryfund.org/projects/dont-get-trouble-mind-carolina-chocolate-drops-story/>.

## FAITH AND CREATION LECTURE



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**April 25 | 7 p.m.**

**Ellen F. Davis**, Amos Ragan Kearns Professor of Bible and Practical Theology at Duke Divinity School

**Krista Tippett**, host of public radio's "On Being," will lead a conversation following the lecture.

Olson Campus Center | 1490 Fulham St., St. Paul, Minn.

[www.luthersem.edu/lectures](http://www.luthersem.edu/lectures)



**History:**  **One darn thing after another**  
 Roger Bergerson chronicles our remarkable past

## Bandana Square's saga as a retail mall

You know there's trouble when the owner of a shopping center says it was a mistake to build it and tenants take out an ad assuring the public that they're still in business.

That's what happened in 1989, when the Amherst H. Wilder Foundation said enough was enough at Bandana Square in the St. Paul Midway district's Energy Park.

By then, just six years in to the deal, Wilder had lost \$9 million on the retail mall. Foundation president Leonard Wilkening said the drain on the nonprofit's resources was threatening its ability to fund the health and social service programs that were its core mission.

Multiple restaurants and shops—Mama Lu's Barbeque, Mullarkey's, the Briar Patch and Teasley's—had come and gone, but several dozen others hung on, among them Europa Unlimited.

"The recruiters said it was going to be the Galleria of St. Paul," is the rueful recollection of former Europa owner Michael Jaruch, his reference being to the upscale Edina shopping destination. "In retrospect, it was not a very visible location," he said.

Commercial real estate firm Wellington Management now owns the complex, but in the early 1980s, principal Steve Wellington was deputy director of the City of St. Paul's Planning and Economic Development Department. As such, he was familiar with the discussions and negotiations involving Energy Park.

It was an era of big projects intended to revitalize the city, and Energy Park was an ambitious effort to develop a 210-acre parcel between Lexington and Snelling avenues on the east and west and the Burlington Northern Santa Fe railroad tracks on the north and south.

Along with Wilder, a key player from the beginning was the St. Paul Port Authority, a government agency originally established to manage the St. Paul harbor. In 1955, the state Legislature authorized the agency to engage in economic development elsewhere in the city, which it

proceeded to do by issuing tax-exempt bonds to finance projects.

Energy Park was initially envisioned as a business/industrial center, but evolved to include retail and housing, Wellington said.

"Both the Port Authority and Wilder had reservations about retail, but the mayor's office and City Council pushed hard for mixed use," Wellington said. He noted that it was a time when the specialty retail concept was in vogue across the country, Minneapolis's St. Anthony Main being a local example.

Bandana Square occupied a complex of buildings constructed in 1890 as the Northern Pacific Railway's Como Shops. There, passenger trains were repaired and maintained for much of the 20th century.

Wilder spent \$17 million converting the site to a shopping destination, retaining the brick walls and exposed wooden beams that harked back to its beginnings.

The new mall got off to a shaky start in late 1983, behind schedule and only partly finished. Occupancy was 20 percent, with Jaruch and a dozen other tenants on board. Within six months, the mall's management team had been replaced.

Slowly, things got better. The Dakota Bar and Grill opened in 1985, as did the Minnesota Children's Museum. The following year a motel, the Sunwood Inn, began operating next door.

By 1987, occupancy was at 90 percent.

"Things looked promising for a little while," Jaruch said. "There was a Victorian Christmas promotion and a beer festival in the summer, and you couldn't get near the place at those times."

Attracted by the prospect of a wider customer base, room to grow and lots of free parking, he had moved his gift shop there from Milton Square in St. Anthony Park. But Jaruch never was able to turn a profit. He eventually left retail and today is an analyst with a state

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government agency.

Occupancy started to slide, dropping to 65 percent by 1989, with fewer stores attracting fewer and fewer customers. Wilder wanted out, asking the Port Authority to take over, which the agency did, reluctantly. Developers had defaulted on eight other Port Authority projects since 1984 and now the commercial real estate market was depressed.

Understandably, there was unease among the remaining tenants. Richard Henke, owner of the Malt Shop restaurant, told the St. Paul Pioneer Press that he worried about the mall's future.

"The rents are too high for the volume of traffic out here," he said.

The Port Authority considered converting Bandana Square entirely to offices but chose instead to concentrate retail on the first floor, offices on the second.

In 1991, an investors' group paid \$3 million for the property and made several attempts to rejuvenate it. Wellington Management bought it in 2003 for \$6.1 million, eventually investing another \$11 million to convert it into an office and medical center.

"It took us quite a while, and



At top, this advertisement appeared in the April 1989 issue of the Park Bugle. Above, the Bandana Square logo is painted on a nearby tower. The photo, by Terry Johnson-McCaffrey, was published in the October 1983 Bugle with an article on development in Energy Park.

there was some pain involved," Wellington said. "Some of the retail tenants didn't necessarily want to leave."

Today, an Allina Health Clinic is the anchor tenant, occupying half of a complex that is 96 percent occupied, the only empty space being the former home of the Twin City Model Railroad Museum.

"I love the historic connections

that the building has, even though we have to get approval for every structural change we want to make because it's on the National Register of Historic Places," Wellington said.

"An office building may not be as exciting as a bustling collection of shops would be, but clearly that's the best use for the site," he added. "Bandana Square has a long and useful life ahead."

### Yesterday's news

Roger Bergerson shares headlines he has collected from old newspapers over the years.

**Do not revile Easter bonnet**

(the headline for a column by the dean of Harvard Theological School)

**Hermit soon will take vacation**

**Cheap novels cause boys to rob banks**

### Engage | Discover | Thrive

**2nd Half with Lyngblomsten** is a new life enrichment center in the Como Park neighborhood for adults 50+. It is located on the Lyngblomsten campus at 1415 Almond Ave., St. Paul.

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**Poetry contest from 1**

sees and how the poet then connects this to the name of the city in the poem,” Krumberger said. Davenport’s poem “Winter’s Edge” was last year’s second-place contest winner.

Third place went to “Night Windows,” by St. Anthony Park writer Sarah Clark. “I like the sparseness of the poem ‘Night Windows’ and the closing image of walls separating a lullaby from someone’s grief,” Krumberger said.

Two poems received honorable mention, “Something There Is,” by Dave Healy of St. Anthony Park and “Poem” by Andrea Blain, also of St. Anthony Park.

Van Valin will receive \$50 for his first-place win. The prompt for this year’s contest was the word “walls.” Contestants were not required to use the word in their work and the poems were judged anonymously.

We have printed the three top poems, two honorable mentions and a poem by our judge here. All entries can be found on line at [www.parkbugle.org](http://www.parkbugle.org).

Krumberger’s poem “Breakfast at Colossal” was the first-place poem

**1. Fairy Tale**

After their fairy tale has ended, how do they dream  
our prince, our young princess  
as, arms entwined, they share a lovers’ sleep?  
He has brought her through the dark forest  
to the gray-walled castle and now  
they have won a welcome bed.  
Still, there’s that wind on the casements  
always a fugitive, and the hiss  
of a guttering candle  
calling elsewhere . . .  
Perhaps in her slumber  
she’s a married doctor in suburban Cleveland  
with two kids. Perhaps he  
is a taxi driver, prowling the New York streets.

—Joel Van Valin

in the Bugle’s 2015 contest.

A psychologist in private practice in St. Anthony Park for 26 years, Krumberger has published a chapbook and two full volumes of

poetry, the latest one *Because Autumn*, was published by Main Street Rag in 2016.

**2. Souvenirs**

I’m off the Metro and onto the 980  
West Falls Church, Virginia,  
the last leg of my tourist day.  
I’ve seen the Bill of Rights,  
the Presidents, museums and monuments  
all verified with itemized receipts  
in a plastic bag of souvenirs laid out across

Not yet time to pull away for Hernando  
where son and grandson wait to meet  
our driver steps down to stretch his legs  
and take a smoke.

His weathered face and paunch reminding me  
rumped D.C. taxi drivers I used to see on  
They all spoke English then, and lots of Spanish  
between old National and your hotel  
they could give the real inside on any bill or book

“Hey, Joe,” our driver calls across the street  
to a younger man also in transit uniform  
like our driver a little hefty, wearing a small black cap  
Joe waves back, smiles, calls something I can’t hear  
then unrolls a small brown rug, lays it carefully on the ground  
takes off his shoes but not his cap  
bows, palms open in supplication  
kneels, touching forehead to cool November air  
while golden oak and fiery maple leaves  
across the asphalt roadway like letters of an unknown

Our driver boards again and puts the bus in gear  
Where exactly are the falls, I’ve always wondered  
the church that named this place  
Who knelt here first in powdered wig or sweat-soaked  
to pray or take the sacred bread  
All I’ve seen these twenty minutes are revolving lights  
and  
a man called Joe whose words I cannot hear  
but who with perfect grace kneels in West Falls Church  
which may just say it all.

—Garvin Davenport

980 bus,  
 a,  
 ay.  
 ,  
 nents of war,  
 eipts  
 cross my lap.  
 erndon,  
 eet my bus,  
 his legs,  
 mind me of  
 ee out here.  
 lots of it;  
 r hotel,  
 r beltway scandal.  
 s the lot  
 uniform,  
 black stocking cap.  
 I cannot hear,  
 ally on the sidewalk,  
 s cap,  
 tion,  
 mber pavement  
 eaves swirl  
 unknown alphabet.

e bus in gear.  
 wondered, and  
 lace?  
 sweaty homespun  
 ead?  
 g lines of diesel buses  
 cannot hear,  
 Church to pray his God—

3.

Night Windows

Six houses and one stand between and his- and not. my son I read had died. silent nights his windows all rooms keeping company, Six houses and one I cradled freshly breathing, soothing. My his bright. walls between there that trap one	of walls city street our house between living That summer was born his wife In dark that summer would shine; less empty, more alive. (all asleep) street away my son, for midnight house dark, So many here and work to small lullaby.
--	--

—Sarah Clark

Como Zoo and Amusement Park, St. Paul  
 for Walt Whitman

I search for you here,  
 where horses elude and pursue;  
 while the calliope organ strains its steamy heart;  
 while the air over-ripe with the day's remainders,  
 and the protests and bargainings of children  
 fill the unwashed blue of an April Sunday.  
 The roller coaster starts its descent  
 with a sound like marbles spilled on a floor  
 as I see the same faces you saw,  
 convinced as you were that we are all immigrants  
 with varying shades of newness,  
 black, brown, yellow, pale, it doesn't matter;  
 the road to the America you sang about  
 begins here with the cycle of the carousel,  
 on the benches where we lick ice cream,  
 hearing the same music, breathing the same air,  
 waiting in line, no one of us outstripping the other,  
 for the Ferris wheel to lift us  
 into that sweaty heaven just beyond the trees.

—John Krumberger

Honorable mention

Something There Is

If we build it, will they come?  
 If we build it, how high and long?

High enough to shut out the sun?  
 Long enough to enclose our fear?

Will one be enough?  
 Will it ever be enough?

Can a partition admit contrition?  
 Can we safely hedge our bets?

Who will watch o'er this rampart?  
 Who will help us unlearn long division?

Can we call them out  
 without walling ourselves in?

When our progeny orbit this lonely planet  
 how many Great Walls will they see?

Hand me another brick.  
 I can still hear a heart beating.

—Dave Healy

Honorable mention

Poem

Donard is the highest peak  
 in mountains called The Mourne  
 along the east-edge of the North,  
 on Ireland's other side.  
 One climb to the top follows the bed of a creek  
 up the mountain's grainy slope.  
 Another route traces a well-worn path  
 of smugglers from the Newcastle coast.

A third inanimate climber's guide  
 is a wall built for cattle and sheep  
 —or rather, against them: to guide them like ghosts  
 through inevitable mist and the water's glide  
 to the flooded Silent Valley.

These days the wall, kept to right or left,  
 will take you upwards by tracks less steep  
 through fans of heather and clouds of gorse.  
 The living granite's weave of warp and weft  
 your stony sail to steer a course  
 to the shoulders of Mourne from its belly.

Ulster has been no stranger to fear or force  
 and borders line her beauty-beggared face  
 But this long wall tracing peak to peak  
 speaks less of prison than holy sweet release  
 And less of war than earth-hewn, heart-high peace.

—Andrea Blain



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## Neighbors

### St. Anthony Park man receives U's prestigious teaching award

Dan Philippon, an associate professor at the University of Minnesota and resident of St. Anthony Park, was honored with the U of M's 2016-17 Morse-Alumni Undergraduate Teaching Award. He and fellow English faculty member Katherine Scheil, will be honored at an April 27 awards ceremony. Both Philippon and Scheil will become members of the Academy of Distinguished Teachers and receive \$15,000.

Philippon has been the English department's director of undergraduate studies since 2013. He is a scholar of environmental literature and the editor of the 2009 compilation *Our Neck of the Woods: Exploring Minnesota's Wild Places* (University of Minnesota Press). Currently, he is working on a book about food writing, sustainability and the sense of place.

### Classes Without Quizzes offers real science in real language for all

The St. Paul campus of the University of Minnesota will offer Classes Without Quizzes, a morning of learning for participants old and young, on Saturday, April 1. Hosted by the College of Food, Agricultural and Natural Sciences (CFANS) Alumni Society, workshops will be

led by faculty and experts who present the latest research in real-world language to adults while children can participate in a concurrent Kids' Edition.

Professor Michael Boland will present the keynote, "The Geography of Food," which will focus on trends linked with the geographic origins of foods and increasing consumer demand for information about food. Breakout sessions will cover how nature affects the corn we eat; adaptations of plants living in lakes, rivers and wetlands; and trends that lead to future food security. Participants will also learn about environmentally friendly dairy production, what's going on in Minnesota's woods, raising chickens in a backyard and hydroponics.

The concurrent Kids' Edition will allow youth in grades K-6 to explore animal adaptations, tapping maple syrup and the up-close differences between many live raptor species.

For registration and details, go to [z.umn.edu/cwq](http://z.umn.edu/cwq).

### Metro Deaf School to hold spaghetti dinner and silent auction

Join the Metro Deaf School for its 23rd annual spaghetti dinner and silent auction fundraiser on Friday, April 21, 4:30-8 p.m. at the school,

located at 1471 Brewster St., St. Paul.

Metro Deaf School is a 24-year-old charter school for Deaf and hard-of-hearing children from preschool to grade 12. The school provides students and their families with a bilingual approach to education, using American Sign Language and English for instruction. Ninety-five students from 30 Twin Cities-area school districts attend the school.

The public is invited to attend the dinner. You won't need to know ASL to attend.

Cost of admission is \$8 for adults and \$5 for kids. Children 2 and under are free. The cost for families won't exceed \$25.

### 'Mask Theatre' offered at North Dale Rec Center

Homeward Bound Theatre Company will offer "Mask Theatre" for students ages 12-15, at North Dale Recreation Center, 1414 N. St. Albans St., Thursdays, April 6-27, 6-7:30 p.m. Participants will make a mask of their own face and use it to perform a drama together. Family and friends will be invited to attend the theatrical production on the last day of class.

For more information or to register, call St. Paul Parks and Recreation at 651-558-2329 or register online at

[www.stpaul.gov/activityregistration](http://www.stpaul.gov/activityregistration).

### Concert series to benefit Lutheran Social Services refugee programs

The InVocation Singers, a volunteer choir in its 10th season, is partnering with Lutheran Social Services Refugee Services, located in St. Anthony Park. Each year, the choir raises funds for a charity partner.

The concert theme is "Uncharted Waters." The concert schedule is:

- Saturday, March 25, 7 p.m., Macalester Plymouth United Church, 1658 Lincoln Ave., St. Paul

- Sunday, March 26, 4 p.m., Lake Nokomis Lutheran Church, 5011 S. 31st Ave., Minneapolis

- Friday, March 31, 7:30 p.m., Spirit of Hope Catholic Community, 2035 Charlton Road, Sunfish Lake

- Saturday, April 1, 7 p.m., SpringHouse Ministry Center, 610 W. 28th Street, Minneapolis

For more information, visit [www.invocationsingers.org](http://www.invocationsingers.org).

### Craft and bake sale at Jehovah Lutheran Church

Jehovah Lutheran Church, 1566 Thomas Ave., St. Paul, will host a craft and bake sale Saturday, April 8, 9 a.m.-3 p.m. The sale will be on the main floor of the church building. Turn left after entering the Thomas-side doors.

A share of the proceeds will go to the church and to Central Lutheran School. Crafters are asked to pay \$10 per table for their display. For information, contact Dawn Johnson, [dawn@edlunddental.com](mailto:dawn@edlunddental.com), or the church, 651-644-1421.

### Time to register for St. Paul rec spring and summer programs

Summer camps and classes at all St. Paul recreation centers will begin Monday, April 3. Register online at [stpaul.gov/activityregistration](http://stpaul.gov/activityregistration) or at the closest recreation center.

Here are some of the upcoming activities at Langford, Northwest Como and North Dale. Call the rec centers to find out specifics about times, dates and costs:

#### Langford, 651-298-5765

Kids can have lunch with the Bunny Saturday, April 22, 11:30 a.m.-1:30 p.m. The event is for all ages. Children will have an opportunity to visit with the Bunny as it moves around to visit everyone during lunch. Other activities include a craft project, egg hunt and real bunnies. Cost is \$2 per person or \$1 per person for families of five or more. Children 10 and under must be accompanied by an adult.

Other Langford activities are listed below. Please call Langford, 651-298-5765, or go online to [stpaul.gov/activityregistration](http://stpaul.gov/activityregistration) for details:

Spring Blast, ages 6-12, April 3-7, 1-4 p.m.

Babysitting Training, ages 11-17, April 6 (call for time)

Soo Bahk Do Karate, ages 5-adult, Thursdays (ongoing)

What Are Stem Cells?, ages 16-adult, May 2

#### Northwest Como, 651-298-5813

Artist Workshop, ages 7-12, begins April 18

Let's Make Toys, ages 4-6, begins April 13

Intro to Yoga & Mindfulness, ages 6-10, begins April 17

Taekwondo, ages 6-17, every Tuesday and Thursday

Let's Put on a Play, ages 7-9, begins May 10

Spring Break Tennis Lessons, ages 5-10, April 3-7

Floor Hockey, ages 7-12, begins April 20

#### North Dale, 651-558-2329

Adult Tennis, begins April 26

Basic Acting for Adults, begins May 8

Spring Break, activities for ages 6-12, April 3-7

Mask Theatre, ages 12-15, begins April 6

Telling Tales, ages 6-9, begins May 4

Tumbling, ages 3-5, begins April 11

Music Together, ages 1 month-5 years, begins April 3

Taekwondo, ages 4-17, Monday, Wednesday and Friday (ongoing)

# Community Worship Directory

#### ❖ LYDIA PLACE COLLABORATIVE COMMUNITIES ELCA

Rev. Scott Simmons, pastor, 612-859-1134, [lydiaplace.com](http://lydiaplace.com)  
Hymntap beer and hymns, fourth Monday of each month  
7 p.m. Dubliner Pub, 2162 W. University Ave. 55114  
Sunday Worship: 5 p.m., Dow Art Gallery,  
2242 W. University Ave., St. Paul

#### ❖ MOUNT OLIVE LUTHERAN CHURCH—WELS

A Caring Family of Christ-Centered Believers  
[www.mount-olive-lutheran-church.org](http://www.mount-olive-lutheran-church.org)  
Find us on Facebook  
1460 Almond Ave., St. Paul, MN 55108  
651-645-2575  
Sunday Worship: 9 a.m.  
Bible Study and Sunday School, 10:30 a.m.  
Pastor Al Schleusener

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[www.peacelauderdale.com](http://www.peacelauderdale.com)  
Sunday worship: 10 a.m.  
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Handicap-accessible  
Saturday Mass: 4:30 p.m.  
Sunday Masses: 8:15 a.m. and 10 a.m.

#### ❖ HOLY CHILDHOOD CATHOLIC CHURCH

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Pastor, Fr. Timothy Cloutier  
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Weekday Masses 7:45 a.m. – Tues., Wed., Fri., & Sat.  
Confession: Sat. 4 - 4:30 or call for appointment  
Parish office: 651-644-7495, [mcmadigan@holychildhoodparish.org](mailto:mcmadigan@holychildhoodparish.org)  
Upcoming Orchestral Mass - Easter Sunday, April 16, 10 a.m.  
Messe Solennelle de Paques – Charles Gounod

#### ❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth Ave. (corner of Commonwealth and Chelmsford)  
651-646-7173, [www.sapucc.org](http://www.sapucc.org)  
9:15 a.m. Faith Formation for all ages: Sunday School and Adult Forum  
10:30 a.m. Worship  
Holy Week worship services -- Maundy Thursday, 4/13, 7:00 p.m.;  
Good Friday, 4/14, 12 Noon, Easter 4/16 10:30 a.m.  
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Adult Choir: 7:30 - 9 p.m.

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Rev. Blair Pogue, Rector 2136 Carter at Chelmsford  
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10:30 a.m.: Worship with sermon and communion  
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5:30 p.m.: Night Prayer with evening meal at 6:30 p.m.  
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## Business News

# Urban Growler expansion under way

*New space and a canning line will be up and running by summer*

By Alex Lodner

After just a couple of years in business, St. Anthony Park's Urban Growler, Minnesota's first women-owned brewery, has hit maximum capacity. The popular brewery and taproom, which also boasts the Twin Cities' first taproom with a full kitchen, is now in the process of increasing its space.

The expansion comes after a successful fundraising campaign that helped owners and partners Jill Pavlak and Deb Loch get additional room adjacent to the original brewery, and begin the build-out of a new canning line.

"We ran the campaign for two reasons," said Loch, the master brewer at Urban Growler. "One was to help fund the canning line. It didn't cover the whole cost, but it definitely helped ease the burden. The other was to raise awareness for the new capabilities.

"We've always been a community-based brewery. Our founding members helped raise the funds we needed to get the original bank loan. We've had a lot of support."

The pair recently took the Park Bugle on a tour of the new space, and it is easy to see why it was so badly needed. A hallway that extends past what was the end of the brewery's space leads to an expansive area that once housed a consignment warehouse. It will soon be home to the new canning facility, which the owners hope will be up and running by summer.

The newest arrivals to the Urban Growler family: giant, shiny tanks, including four 40-barrel fermenters and bright tanks used for storage, have been placed in the there, and the canning line itself should be on its way soon.

"The goal is to increase our capacity," Loch said with a smile. "In order to can, first we need more beer."

"We can't take on anymore outside accounts right now," Pavlak added. "Clients like golf courses have been asking for cans, and we are so excited to expand what we can do for them and to be able to take on new clients."

The first brew to run through the new lines will be CowBell Cream Ale.

"It's our biggest seller by far," Loch said. The beer will be packaged in four packs of 16-ounce cans and sold to bars and liquor stores. Minnesota state law prohibits sales of cans directly from the brewery, although Urban Growler will begin bottling some of their featured beers in 750-ml bottles, which will be available for sale at the taproom.

Earlier this winter, Urban Growler brought on Jeremy King as its new head brewer and added a second event area, the Barrel Room,



Urban Growler proprietors Jill Pavlak (left) and Deb Loch show off their new cans. The brewery will start canning their own beer this summer. Photo by Alex Lodner

for larger events. Things are happening in this corner of the brewing world. Alex Lodner writes about food and community news regularly in the Park Bugle.



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APRIL

# EVENTS

VENUE INFORMATION IS LISTED AT THE END OF THE CALENDAR. SEND YOUR EVENTS TO [calendar@parkbugle.org](mailto:calendar@parkbugle.org). NEXT DEADLINE: Wednesday, April 5.

## 2 SUNDAY

NORTH SUBURBAN EVENING LIONS CLUB "All The Waffles You Can Eat" BREAKFAST, 8 A.M.-12:30 P.M., JOHN ROSE OVAL, 2661 CIVIC CENTER DRIVE, ROSEVILLE. SAUSAGE, COFFEE, MILK & ORANGE JUICE INCLUDED. FACE-PAINTING AND BALLOON ANIMALS. FREE FOR 5 AND UNDER; \$8 FOR 6 AND OLDER. BRING OLD EYEGLASSES AND HEARING AIDS TO DONATE.

## 3 MONDAY

SAPAS Writing Workshop with NAOMI COHN, CENTENNIAL UNITED METHODIST CHURCH, 10 A.M.-NOON. REGISTRATION REQUIRED. CALL 651-642-9052.

MAKER BREAK: Clay To Go, A WORKSHOP WITH NORTHERN CLAY CENTER, AGES 8-12, ST. ANTHONY PARK LIBRARY, 1-3 P.M. FREE. REGISTRATION IS LIMITED TO 20 KIDS. CALL 651-642-0411.

Middle School Book Club, GRADES 6-8, ST. ANTHONY PARK LIBRARY, 6:30

P.M. PICK UP A COPY OF "SOAR" BY JOAN BAUER AT INFORMATION DESK BEFOREHAND.

## 4 TUESDAY

Baby and toddler STORY TIME, AGES 0-2, SIBLINGS WELCOME, EVERY TUESDAY, ST. ANTHONY PARK LIBRARY, 9:30-10 A.M. AND 10:30-11 A.M.

SAP GARDEN Club: "Hydroponic Gardening," PRESENTED BY LARRY CHIPOLLA, HENNEPIN COUNTY MASTER GARDENER, ST. MATTHEW'S EPISCOPAL CHURCH FELLOWSHIP HALL. REFRESHMENTS AND SOCIAL TIME, 7 P.M. PROGRAM, 7:30-8:30 P.M.

## 5 WEDNESDAY

English CONVERSATION CIRCLES, EVERY WEDNESDAY, ST. ANTHONY PARK LIBRARY, 4 P.M.

ST. ANTHONY PARK ADULT BOOK CLUB, WILL DISCUSS "THE GIRLS" BY EMMA CLINE, ST. ANTHONY PARK LIBRARY, 6:30-8 P.M. ALL ARE WELCOME. NO REGISTRATION REQUIRED.

"Hello: A CONVERSATION GAME ABOUT Living and Dying Well," HEALTH-

PARTNERS Como Clinic, 7-8:30 P.M. THE GAME HELPS MAKE CONVERSATIONS ABOUT END-OF-LIFE ISSUES MORE COMFORTABLE AND FUN. REGISTER AT [comohealthclub@HealthPartners.com](mailto:comohealthclub@HealthPartners.com).

## 6 THURSDAY

CAREGIVER SUPPORT GROUP, ST. ANTHONY PARK UNITED CHURCH OF CHRIST, 10-11:30 A.M.

BEREAVEMENT SUPPORT GROUP, ST. ANTHONY PARK UNITED CHURCH OF CHRIST, 10-11:30 A.M.

PRESCHOOL STORY TIME IN MANDARIN CHINESE, ST. ANTHONY PARK LIBRARY, 10:30 A.M.

Dialoggers TOASTMASTERS MEETS EVERY THURSDAY, U OF M ST. PAUL CAMPUS, NORTHERN RESEARCH STATION, 1992 FOLWELL AVE., 11:30 A.M.-12:30 P.M.

## 7 FRIDAY

PRESCHOOL STORY TIME, EVERY FRIDAY, ST. ANTHONY PARK LIBRARY, 10:30 A.M.

Walking in THE LANGFORD PARK GYM, 1-2 P.M. EVERY FRIDAY. FREE AND OPEN TO ADULTS.

## 8 SATURDAY

SEE "MOANA" AT THE FREE FAMILY MOVIE NIGHT, CENTENNIAL UNITED METHODIST CHURCH, 4 P.M.

## 13 THURSDAY

ST. ANTHONY PARK AREA SENIORS CINEMA SERIES, "Southside With You," ST. ANTHONY PARK LIBRARY, 2 P.M. ALL WELCOME. FREE.

## 14 FRIDAY

SAPAS GAME DAY, CITY GABLES, 10 A.M.-NOON. FREE. NO REGISTRATION REQUIRED.

LEGO TIME FOR SCHOOL-AGED CHILDREN, ST. ANTHONY PARK LIBRARY, 12:20-2 P.M. FREE. NO REGISTRATION REQUIRED.

## 17 MONDAY

SAPAS Writing Workshop with NAOMI COHN, CENTENNIAL UNITED METHODIST CHURCH, 10 A.M.-NOON. REGISTRATION REQUIRED. CALL 651-642-9052.

COMMUNITY SING, OLSON CAMPUS CENTER, LUTHER SEMINARY, 6:30 P.M. GATHERING, 7-8:30 P.M. THE EVENT IS FREE, BUT A HAT WILL BE PASSED FOR THE MUSIC LEADERS AND TO MAKE THE SINGS POSSIBLE. CHILDREN WELCOME. CO-SPONSORED BY THE DISTRICT 12 COMMUNITY COUNCIL.

## 21 FRIDAY

SAPAS GAME DAY, CITY GABLES, 10 A.M.-NOON. FREE. NO REGISTRATION REQUIRED.

Tablet/SMARTPHONE DROP-IN CLINIC, ST. ANTHONY PARK LIBRARY, NOON-2 P.M. NO REGISTRATION REQUIRED.

## 28 FRIDAY

SAPAS SPEAKER: ESTATE PLANNING WITH LIZ PIERCE, A TALK ABOUT WILLS, POWERS OF ATTORNEY AND HEALTH CARE DIRECTIVES, ST. ANTHONY PARK LIBRARY, 1:30-2:30 P.M. NO REGISTRATION REQUIRED.

## 23 SUNDAY

SUNDAY AFTERNOON BOOK CLUB, "My Brilliant Friend" by ELENA FERRANTE, MICAWBER'S, 1:30-3 P.M. ALL ARE WELCOME.

## SENIOR EXERCISE

ST. ANTHONY PARK AREA SENIORS Mondays and Thursdays, LAUDERDALE CITY HALL, 2-3 P.M.

Tuesdays and Fridays, ST. ANTHONY PARK LIBRARY, 2:30-3:30 P.M. CHAIR YOGA April 7 & 21.

Wednesdays, CENTENNIAL UNITED METHODIST CHURCH-SAP CAMPUS, 10:30-11:30 A.M.

## Como Park/Falcon Heights Block Nurse Program

Tuesdays and Thursdays, FALCON HEIGHTS TOWN SQUARE SENIOR APARTMENTS, 9:30-10:30 A.M. AND ARBOR POINTE SENIOR APARTMENT, 11 A.M.-NOON

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### Como Park/Falcon Heights Block Nurse Program:

Third Thursdays, ARBOR POINTE SENIOR APARTMENTS, 10-11 A.M.

Fourth Thursdays, FALCON HEIGHTS TOWN SQUARE SENIOR APARTMENTS, 11 A.M.-NOON

## St. Anthony Park Area Seniors

Wednesdays, CENTENNIAL UNITED METHODIST CHURCH-SAP CAMPUS, 11:30 A.M.-NOON.

Friday, April 7, ST. ANTHONY PARK LIBRARY, 2-2:30 P.M.

Tuesday, April 11, SEAL HI-RISE, 3-3:30 P.M.

## VENUE INFORMATION

- ARBOR POINTE SENIOR APARTMENTS, 635 W. MARYLAND AVE.
- CENTENNIAL UNITED METHODIST CHURCH, 2200 HILLSIDE AVE., 651-603-8946
- CITY GABLES, 1611 PLEASANT ST., LAUDERDALE
- FALCON HEIGHTS TOWN SQUARE SENIOR APARTMENTS, 1530 W. LARPENITEUR AVE.
- HEALTHPARTNERS COMO CLINIC, 2500 COMO AVE., 651-641-6200
- LAUDERDALE CITY HALL, 1891 WALNUT ST., 651-631-0300
- MICAWBER'S BOOKSTORE, CARTER & COMO, LOWER LEVEL MILTON SQUARE, 651-646-5506
- OLSON CAMPUS CENTER, LUTHER SEMINARY, 1490 FULLAM ST.
- SEAL HI-RISE, 825 SEAL ST., 651-298-4673
- ST. ANTHONY PARK LIBRARY, 2245 COMO AVE., 651-642-0411
- ST. ANTHONY PARK UNITED CHURCH OF CHRIST, 2129 COMMONWEALTH AVE., 651-646-7173
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**CPHS Cougar Sports**



**Murray Pilots Sports**

by Eric Erickson

*Eric Erickson highlights Como Park Senior High School athletics each month in the Bugle.*

# Winter sports summaries at Murray and Como

## Como Park Cougars

**Boys' swimming**—The Cougars had a special season, culminating with a tremendous team accomplishment. All swimmers achieved personal bests at the St. Paul City Conference meet. Sophomore Josef Miller, junior Cole

classification. Honorable mentions were achieved by junior Andrew Barnard at 145, sophomore Morris Walker at 182 and sophomore Alex Fusco at 220. Seniors John Barton and Kayode Ajao provided steady leadership, inspiration and solid spots in the lineup.



Como swimmers Cole Napierala, Josef Miller and Joe McCune-Zierath supported Jared Czech in the Section 4A Meet at St. Catherine University, where the Cougars' 4 x 100 freestyle relay team qualified for the state tournament. *Photo by Como Yearbook Staffer Heather Rogers*

Napierala and senior Joe McCune-Zierath all earned All-Conference. Juniors Jared Czech and Noah Frese, along with sophomore Frank McGuire, earned honorable mentions.

The 4 x 100 freestyle relay team of McCune-Zierath, Napierala, Czech and Miller swam the fastest time for Como in the last 15 years at the conference meet. The boys carried that momentum to the Section 4A meet at St. Catherine's University Feb. 24. They had a goal of a top-three finish in the section, which would fulfill a dream by qualifying for the state tournament.

Executing a strong and steady clip, Coach Steve Conery and the Cougars celebrated as the team touched the wall in third place. Medals were awarded on the stand and Como was represented in the Minnesota State High School League swim meet on March 3. While there were no medals at state, the experience of swimming in the premier event was a reward. The 2016-17 swim season was a well-earned success, and with more miles in the pool, the goal of state will remain in place for next year.

**Wrestling**—Como coaches and alumni Tijn van der Wege (2002) and J Frasl (2010) led a young team, focusing on fitness and technical moves. Many wrestlers continued to improve and be competitive in the St. Paul City Conference.

Sophomore Mu Ku Shi earned All-Conference in the 126-pound

**Boys' basketball**—Academic accountability was top priority for the Cougars, as reported in the Bugle last month. Grade point averages improved across the program, and the team represented Como with high energy and effort on the court. Close games were common. The margins between winning and losing were thin, evidenced by 14 of the team's 26 games being decided by 5 points or fewer. In those games, the Cougars were 5-9. The team's overall record was 8-18, but the takeaway from this season was a commitment to school and being a student.

**Boys' hockey**—As previously reported in the Bugle, the 2016-17 season was a new experience for the Como players who traditionally wore the black-and-gold Cougars uniform. The program's merger with Johnson High School led to a consistent Top 20 state ranking throughout the season. The boys put together an overall record of 18-7-2 and advanced to the Section 4A semi-finals, where they fell to the eventual section champion Mahtomedi in an intense, close game.

Major varsity contributions from seniors Charlie Kray and Dylan McClellan, and swing-line players junior Ben Williams and sophomores Tommy Etter and Aaron Lee, helped make a smooth transition as the cooperative team blended talents from the two schools. **Nordic skiing**—The boys' and girls' teams trained together when snow

was available at the Como Golf Course. To ensure practice over winter break, the team took a three-day trip to ski in Michigan's Upper Peninsula.

The fastest skier for the boys this season was sophomore Antero Sivula, followed closely by junior Eli Pattison. They served as team captains along with junior Dominic Wolters. The girls' team was captained by junior Eva Hanson, and seventh-grade phenom Saylor Landrum was the team's top racer. The season was deemed a success: team participation was high, and parental support and fundraising were strong.

The team, which will not lose any skiers to graduation, has a bright future. Nordic skiing is thriving at Como and the Cougars are excited for next season.

**Girls' basketball**—For the third consecutive season, the Como girls were the St. Paul City Conference basketball champions. In the last three years, the Cougars have achieved a conference record of 35-1. Como also won its third straight Twin Cities title game, defeating South, the Minneapolis champ.

The Cougars had a goal of returning to the state tournament after their debut in 2016; however, a loss to St. Anthony Village in the Section 4 semi-finals ended the season on March 4.

Junior Makayla Van Nett led the Cougars in scoring. Juniors Autumn Tucker and Raiyne Adams provided strong guard play, and sophomore Elaina Jones was a tenacious rebounder and defender.

Seniors Asiza Sheperd and Aazhra'rae Jackson will graduate, but the team's core will be back to defend their titles.

**Girls' hockey**—The St. Paul Blades are the cooperative hockey team for St. Paul Public Schools. Coached by Como alumni Ryan Paitich (2001), the Blades lineup featured Como girls in prominent roles.

Junior Maria Meggitt was a dependable defender bringing speed and grit to every game. Sophomore forward Gianna Gabrielli became a significant offensive threat, tallying 8 goals and adding 14 assists.

Freshman Anisa Smith stepped up to be an offensive contributor, skating on multiple lines to fill in gaps and help out on the power play.

The Blades were the top team in a three-day holiday tournament in Austin over winter break, which helped this team of girls from different schools bond.

**Gymnastics**—Personal bests were set this season as Cougar gymnasts continued to improve. Senior Josie Schermerhorn competed in the all-

around competition and was the team MVP. Sophomore Victoria Hartwich-Cedillo was voted most improved. Seniors Lizzy Larson and Rachel Ruskin both completed four years of participation in the program, providing leadership and demonstrating dedication.

The team was coached by Jill Bachmann and assisted by Marv Rouse. The coaches are looking to add new team members for next season and will be offering a program for community youth at Como this summer.

## Murray Pilots

**Wrestling**—Just four wrestler returned from last year, but the Pilots took in a lot of eager participants and coach Kirby Scull assembled a roster of 20 student athletes. The dedicated group improved quickly and ended the season earning second place in the city meet. Murray wrestlers who finished in the top three of their

weight classes include Brandon Vue, Snow Ball, Johntae Hudson, Ryan Francisco, Kaelyb Sears, Kamp Ke and Sully Lucy. Individual city champions for Murray were Sergio Newell at 115 pounds and Asante Byakweli in the 135-pound classification.

**Girls' basketball**—The Pilots were the undefeated St. Paul City champions, finishing with an overall record of 12-0. The girls were dominant on the court and also excelled in the classroom. The team was full of mature leaders and posted an overall grade point average of 3.0.

Coach Brian Pearson credits the team's success to the contributions of every player. Several team members developed together in the last three years and took their game to another level as eighth-graders this season. Those players included Hannah

*Sports roundup to 16*

## RE/MAX Results

### HOMES FOR SALE

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## School News

The Bugle welcomes news about students and schools in the area. The deadline for the March issue is Wednesday, April 5. Send your news to [editor@parkbugle.org](mailto:editor@parkbugle.org).



New Jersey Sen. Cory Booker snapped this selfie of himself and Eric Erickson's AP Government and AP Macroeconomics students who happened to meet him while participating in the annual Washington, D.C., Close Up program on Capitol Hill.

### Legal Senior Issues Workshop

Apr. 28 1:30-2:30 p.m. at SAP library (2245 Como Ave.)  
May 1 1-2 p.m. at Lauderdale City Hall (1891 Walnut St.)

This class is ideal for seniors without estate plans or wills. Liz Pierce, a local attorney with 33 years of experience will walk you through the process and explain why you might need a will, power of attorney and health care directive. You will receive handouts and we will reserve ample time for you to ask questions. **No charge.**




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### Chelsea Heights Elementary

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#### D.I. teams heading to state

Two Destination ImagiNation teams are heading to the state tournament Saturday, April 22, at Champlin Park High School in Champlin. The two teams are fifth-graders, the Nightmare Hashbrowns, managed by Sara Lovat and Stacy Noll, and fourth-graders, Awesome in a Jar, managed by Jessica and Greg Deegan.

The Nightmare Hashbrowns are Lillian Bull, Kyle Kosiak, Soren Lofgren, Anna Lovat, Maddie Noll, Ben Stromberg and Sophie Warner. Awesome in a Jar members are Calvin Ust, Noah Hayes, Nora Hoen, Keegan Schou, Mason Deegan and Sophie Kokesch.

Capitol Hill and an impromptu meeting with Sen. Cory Booker of New Jersey. Booker introduced the Como group to the new Supreme Court nominee, Neil Gorsuch, who Booker was meeting in advance of confirmation hearings.

The Close Up closing banquet of 120 students featured six student speakers selected by their respective workshop groups, and two of them were from Como: Josie Schermerhorn and William Toney.

#### Thomson Reuters lends expertise in the Como finance classes

Professionals from Thomson Reuters, the international media and information firm, are working with Academy of Finance (AOF) students in a Business Ethics class and an Information Applications class.

#### Honors go to Como musicians

The Como Park String Orchestra was judged with the highest rating of "Superior" at the Minnesota State High School League (MSHSL) regional ensemble competition on Feb. 24, performing Mozart's "Eine kleine Nachtmusik." Amelia

Schucker's solo was also judged "Superior" for her performance of a Bach concerto.

Como Choir singers participated in the MSHSL regional vocal solo and ensemble contest on Feb. 28. The Sedoctave Pitches A Cappella group received a "Superior" rating. Members of the group are Devin Allison, Camryn Borrego, Daceon Coleman, Eh Th Dah, Olivia Helmin, Areya Khue, Jimmy Lor, Anthony Phelps, Justine Sanchez and Ethan Wesby.

#### JROTC cadets heading to D.C.

Cadets in the Como Marine JROTC earned a spot in the National Academic Bowl Finals for JROTC programs. Jacob Kingson, Joseph Newman, William Farley and Anderson Xiong advanced to the championships in Washington, D.C., June 23-27 at Catholic University.

#### Robotics team competes in Duluth

Como's Robotics Team, BEASTBot, took the first road trip in program history and headed up to Duluth for the Lake Superior Regional Tournament on March 2. Sixty-three teams participated from around the region. The next competition is the Minneapolis 10,000 Lakes Regional in April.

#### Murray Middle School

2200 Buford Ave., 651-293-8740  
[www.murray.spps.org](http://www.murray.spps.org)

#### Science fair results

Murray sent 45 science fair projects to the Regional Science Fair Feb. 24 and 25. All students had fantastic projects, and 10 were chosen to advance to State Science Fair March 24-26. Five projects were selected to participate in the Broadcom Masters National competition, which is based on the research paper that accompanies the projects, and several students received specialty awards. Students who went on to state and won awards include:

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**A little balance in the day**

Healing Elements of St. Anthony Park has partnered with Murray Middle School in offering restorative yoga classes to students as an alternative to recreation or reading time. Students meet in the school library to learn about stretching, breathing, balance and reflection on Tuesdays and Thursdays during the three lunch periods. Yoga has been so popular that the class will be extended through May.

develop a character and story. Vaughn and her students are planning a trip in April to Open Book in downtown Minneapolis create book covers for the books they are writing. Vaughn is seeking to raise funds for this project. For more information, contact her at april.vaughn@spps.org.

Burgess teaches at Macalester College in St. Paul and is the author of crime novels *Dogfight: A Love Story* and *Uncle Janice*.

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2180 Knapp St., 651-293-8735  
www.stanthony.spps.org

**Four DI teams are going to state**

Four St. Anthony Park Destination ImagiNation teams will compete at the state tournament Saturday, April 22, at Champlin Park High School in Champlin. The school had 10 teams compete at the regional competition in March, along with a St. Anthony Park alumni team. A big thank you goes to teacher Nancy Hausman for coordinating the program at the school.

Here are the teams that are going to state:

Over the Rainbow, grade 5, second place at regionals: Siri Pattison, Ella Prash, Alice Wegner-Hemstad, Ashley Hartwich, Kiki Ruddy, Maia McKane and Naomi Koempke.

The 7 Songs That Get Stuck in Your Head, grade 5, first place at regionals: Scout Kruszka, Louis Fligge, Elise Dunne, Liam Donegan, Hayden Ambriz, Gigi Becerra and Alvin O'Leary.

The Vanishing Emojis, grade 4, second place at regionals: Coco Pierach, Ian Bates, Levi Kallhoff, Madeline Moore, Caleb Nietz, Coralie Kozak and Lucas Nelson.

Mint Green Maniacs, grade 4, third place at regionals: Bella Severt, Wyatt Ambriz, Martha Boyt, Ingrid Otsby, Lily Larson, Clare Freberg and Malcolm Czarkowski.

**Sports roundup from 13**

Hausman, Morgan Nichols, Demya Riley, Iyanna Kelly and Mary Holm.

*Boys' basketball*—With a younger team that was playing without some superstars from the past couple of seasons, the boys worked to improve and be a competitive team in the city. There were ups and downs, but growth definitely occurred and the improvement was evident with more wins in the last half of the schedule. The Pilots always played hard and represented Murray with their best effort. Team leaders included Jalen Thomas, Donovan Clinton, Dylan Aarness and Jarvis Atkinson.

*Spring sports*—Murray baseball, softball, badminton and track will begin practice on March 27.

*Eric Erickson is a social studies teacher at Como Park High School and a longtime coach of school and youth sports in St. Paul.*

**School News from 14**

*Minnesota State Science Fair Competitors:* Anna Gaudio, Amen Gidwani, Tana Ososki, Mira Seeba, Sam Skinner, Nora Thomey, Peter Wenger, Sebastian Zarkower, Owen Finlay and Annelise Purcell.

*Broadcom Masters:* Anna Gaudio, Amen Gidwani, Tana Ososki, Peter Wenger and Sebastian Zarkower.

*Specialty Awards:* Owen Finlay, ASM Award; Michael Guevera Sanchez, Owen Finlay and Mira Seeba, East Side Science Club

Award; Marit Isaacson, Slatery Sales Group; Kaeden Warnber-Lemm, TCRSF Excellence Award; Bridget Lee, U.S. Air Force Award; Peter Wenger, 3M Film and Manufacturing Inventor Recognition Award; and Owen Finlay, 3M Commercial Solutions Division Award.

**Writer gives tips on creating a story**

Local author Matt Burgess visited April Vaughn's Creative Writing Class in March. He engaged students with tips on how to

**Music in the Park March 26 concert to include Bach, Brahms, Schumann**

The Schubert Club will present a concert with violinist Alina Ibragimova and pianist Cédric Tiberghien as part of its Music in the Park Series on Sunday, March 26, at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. A pre-concert talk will begin at 3 p.m.

Performing music from baroque to new commissions, on both modern and period instruments, Russian-born Ibragimova has a long-standing partnership with Tiberghien.

The program will include music from J.S. Bach, Johannes Brahms,

John Cage and Robert Schumann.

Ibragimova has established a reputation as an accomplished and intriguing violinist of the younger generation. She had a prominent presence at this year's BBC Proms.

Tiberghien's international career spans five continents, taking him to Carnegie Hall and the Kennedy Center in the U.S. and concert halls in London, Paris, Berlin, Salzburg, Sydney, Australia, and Tokyo.

To purchase tickets, go to schubert.org/musicinthepark, or call 651-292-3268 to find out about ticket availability.

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