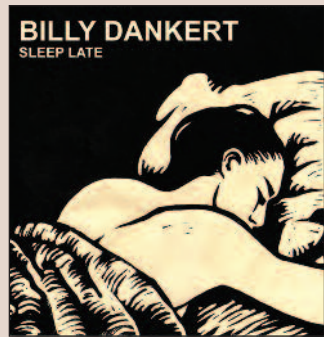


They're born  
with wit and  
beauty, with  
virtue,  
pluck, and  
fortitude, but  
somewhere in  
between  
once-upon-a-  
time and

Poetry Palooza VI

Read the winning poems from our sixth annual poetry contest.

Pages 6 & 7



New music

Two area musicians release new recordings.

Page 8



Spring flowers

Native woodland plants are first to bloom.

Pages 10 & 11

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# Bugle

St. Anthony Park / Falcon Heights  
Lauderdale / Como Park

www.parkbugle.org  
April 2016

## Como girls basketball team's 'belief' carries Cougars to state tournament

By Eric Erickson

Amid a trying and tumultuous news cycle with several events in early March that challenged the Como Park Senior High School community emerged an accomplishment representative of the school and its proud history. The Como girls basketball team won the Section 4AAA championship and advanced to the state tournament.

The team defeated DeLaSalle 76-71 on March 10 and played their state tournament quarter-final game against Becker High School on March 16. Although the Cougars lost to Becker 62-57, the achievement of getting to state was cherished.

A loud and proud Como crowd enjoyed the ride, and the team will never forget the feeling of playing on the state's biggest stage. In fact, they plan to be back.

The cornerstone of the Cougars is Andrayah Adams, who played in more than 100 varsity games wearing the black and gold of Como. She scored more than 3,000 points in her high school career. After dealing with college recruiters for years, she has committed to study and play at St. John's University in New York. She now gives interviews with the ease of a seasoned professional.



The Como Girls' Basketball team defeated DeLaSalle 76-71 on March 10 and won the Section 4AAA championship. The Cougars' magical ride came to an end at the state tournament quarter-finals on March 16, but the St. Paul City Champs delighted the community with their spirited play, finishing with an overall record of 24-6.

But what she and her teammates experienced on March 10 was entirely new, fulfilling, rewarding and emotional to the point of joyful tears.

Adams led the Cougars with 35

points in a highly charged, fast-paced and furious game against De La Salle to win the championship. When the final horn blew, she was in a group hug with her teammates and coaches celebrating a 76-71 victory that

secured a berth in the state tournament, where every high school basketball player dreams of playing.

The dream transitioning to

Como girls to 17



Bonnie's served more than 800 eggs a week for nearly 40 years on University Avenue. Photo by Bill Lindeke

## Last supper comes early at Bonnie's Café

By Bill Lindeke

"It's sad," was all that the waitress said before she took my order. There was almost a tear in the corner of her eye when she plunked down the pot of coffee into our green booth.

After almost 40 years, Bonnie's Café has lost its lease and will serve its last breakfast and lunch on March 26.

"I feel a lot of anger about how this went down, but I have to let go of that to carry out my mother's legacy," Becky Moosbrugger said.

Bonnie's was named after Moosbrugger's mom, Bonnie Roell, who grew up on St. Paul's West Side and had always dreamed of owning her own restaurant.

The Vandalia Avenue location was one of two that she started along University Avenue, under the motto "nobody goes hungry," and to hear people tell tales of Bonnie is to be

inspired: She never missed a day of work, and for years opened the café at 4 a.m. to serve the early shift. She treated everyone equally, no matter how down on their luck, and took pains to hire folks from the Dorothy Day Center or nearby neighborhoods.

She died three years ago. Ever since, Moosbrugger has been trying to fill her shoes, learning to cook and keeping the place looking fresh. The menu and decor are a living homage. Bonnie's favorite color, an old-fashioned pale-green, dominates the café's color palette and the potatoes and eggs (more than 800 served each week) dominate the food.

Signs hawking different specials adorn the walls, stickers showing the gradually inflating prices are the only signs of change. It's the kind of place

Bonnie's to 20



## C I T Y F I L E S

**Como Park**

*The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Contact 651-644-3889 or [www.district10comopark.org](http://www.district10comopark.org).*

**Family Safety Fair set for April 1**

Keeping yourself, your family, your home and our neighborhood safe is a nonstop project. For the best tips available, join the Como Community Council on April Fool's Day at the Como Family Safety Fair at North Dale Recreation Center, 1414 N. St. Albans St. The free event is co-sponsored by District 10 and St. Paul Parks and Recreation.

More than a dozen organizations will share advice, precautions and resources on increasing safety for you, your kids, for elderly relatives or neighbors, for pets and more at the fair on Friday, April 1, 5:30-7 p.m.

The fair will offer free, one-on-one advice and tips on crime-prevention and crime-victim services, home-fire safety, food safety, pet safety and internet precautions. Volunteers will demonstrate proper fitting of bicycle helmets and explore how to make streets safer for walking, transit users and students on their way to and from school.

General health advice will also be available.

**Dinner and a movie:** Because the Safety Fair is being held at dinnertime, Cave Café food truck will offer a creative menu of burgers, salads, wraps, curries and "Afro-Italiano" fusion dinners. For dessert, the local folks from Cravin' Pies will sell slices. The night will culminate with a 7 p.m. screening of the family friendly movie "Shaun the Sheep" (from the creators of "Chicken Run").

Participating agencies include Allina Health, Citizens Awareness

Network, Como Composts, Como Park Falcon Heights Block Nurse Program, the Crime Victim Services Program of the Council on Crime and Justice, District 10 Como Community Council, Eureka Recycling, Metro Transit, Minnesota Brain Injury Alliance, Ramsey County Library, Safe Routes to School, St. Paul Animal Control, St. Paul Fire Department, St. Paul Parks and Recreation, St. Paul Police Department, St. Paul Walks, State Services for the Blind, University of Minnesota College of Pharmacy, University of Minnesota Extension and the U.S. Postal Service.

**How to stop Sunday boredom**

District 10's free Sunday Series concludes in April with two sessions to make sure the community is up to speed with new developments in the city.

**The Truth About St. Paul's Bike Plan:** St. Paul is adding more paint and paths to make bicycling safer, more accessible and more useful for more riders. This session will examine District 10's bike plans, including the Grand Round on Wheelock Parkway through Como Park and along Como Avenue. The discussion will cover the timetables of potential projects, the different types of bicycle amenities (lanes, paths and "sharrows") and the needs of different types of riders.

The Truth About St. Paul's Bike Plan will be held Sunday April 10, 1 p.m., at the Historic Streetcar Station.

**Garbage 101:** Think you know the best way to get rid of all your waste? The fact is, trash and recycling are constantly changing in St. Paul and Ramsey County.

Representatives from the city, county, Eureka Recycling and District 10 will discuss the do's, don'ts and what's coming next in recycling, trash, yard waste, composting and

more. The event includes an overview of St. Paul's latest initiative to organize trash collection, plus the scoop about District 10's own organics composting drop-off site.

Garbage 101 will be held Sunday April 17, at 1 p.m. at Como Park Lutheran Church, 1376 W. Hoyt Ave.

**Interested in joining the Como Community Council board?**

Eight seats on the Como Community Council Board of Directors will be up for election at District 10's annual meeting on Tuesday, April 19. Elections will be held this year for vice chair, treasurer, one director from each of the neighborhood's four sub-districts and two at-large directors.

Any District 10 resident who is age 18 or older is eligible to run for the board, and so are authorized representatives from a business or nonprofit organization located in District 10.

Board members elected this year will serve from April 26, 2016, to April 24, 2018. They are required to attend the monthly Community Council meeting, serve on at least one committee and to share other duties.

Candidates interested in running for a board position must submit their name and a brief biography by Tuesday, April 5. Late submissions will be treated as write-in candidacies.

Submit your nomination to [district10@district10comopark.org](mailto:district10@district10comopark.org). You can find a map of the four sub-districts, at the District 10 website, [www.district10comopark.org/Neighborhood.html](http://www.district10comopark.org/Neighborhood.html).

**How to vote at the annual meeting**

Community residents will vote in person, using secret ballots, at the District 10 Annual Meeting on April 19. Community members must register in order to vote; if you are new to the neighborhood or have not previously voted, you can:

Register online. (Just fill out the form at [bit.ly/1WSvF22](http://bit.ly/1WSvF22).)

Send your name, address and phone number to the District 10 office by postal mail. Our address is 1224 N. Lexington Parkway, St. Paul, MN 55103

**Look at energy in a new way**

Trying to make sense of community solar and other new options in electricity? Wonder how we're really doing in reducing reliance on fossil fuels? Get answers at District 10's Clean Energy Forum.

The free event will be held Sunday, April 24, 1-2:30 p.m. at the Como Park Streetcar Station.

Exhibitors will include Fresh Energy, a clearinghouse on clean-energy projects and policy initiatives, including community solar, making rental housing more energy-efficient, net-zero development, and electrifying public transit; Just Community Solar Coalition, a group working to develop equitable, renewable energy systems; and Neighborhood Energy Connection, which provides practical tips to

reduce home-energy bills through energy audits and other services.

For more details, check the Como Community Council website, [www.district10comopark.org](http://www.district10comopark.org).

**Put these dates on your calendar**

District 10 will be organizing these additional events this spring. For details, stay tuned to our website [www.district10comopark.org](http://www.district10comopark.org).

Como Park Neighborhood Garage Sale: Saturday, May 14

Como Park Neighborhood Seed and Seedling Swap: Saturday, May 21, 11 a.m.-2 p.m., Como Park Streetcar Station

**Are you on our list?**

To keep up to date on what's going on down the block, across the street, and around the corner, sign up for District 10's free weekly e-newsletter. We send it to your inbox every Friday.

Go to the district website, [www.district10comopark.org](http://www.district10comopark.org), and click on the sign-up icon in the right column.

**Falcon Heights**

*The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpentour Ave. Contact 651-792-7600 or [www.falconheights.org](http://www.falconheights.org).*

**Falcon Heights to host community solar garden workshop**

Are you interested in going solar but unable to do so on your own? Find out about becoming a subscriber to a Community Solar Garden (CSG) at a workshop with an expert from Clean Energy Resource Teams (CERT).

The one-hour informational event will be held on Tuesday, April 5, at 7:30 p.m. at Falcon Heights City Hall, 2077 W. Larpentour Ave. The city's Environment Commission is sponsoring the workshop for residents as well as those living in surrounding communities.

Trevor Drake of Metro CERTs will explain what a CSG project is, who the key players are in getting the project up and running, and how subscribers support the project and determine the level at which they participate.

City resident Phil Behrens will be on hand to give an overview of his recent experience signing up with a solar garden developer. Other pertinent topics will also be covered as time permits, with a question-and-answer session following the presentations.

**Mayor Lindstrom joins mayors' transportation caucus**

Falcon Heights Mayor Peter Lindstrom has joined 30 other mayors from Greater Minnesota and suburban communities as a member of a mayoral caucus designed to give increased visibility to the importance of safer and better transportation infrastructure for pedestrians and bicyclists throughout Minnesota.

Known as the Minnesota Mayor Active Transportation

Caucus, the informal group was created to help create a broader understanding of the need for and importance of investing in quality pedestrian and bicycle infrastructure, such as safer street crossings and routes to school, sidewalks and bicycle lanes.

The caucus was founded by the mayors of Rochester, Apple Valley and Frazee.

The caucus will serve as an informational resource for legislators from both political parties who represent constituencies throughout Minnesota. It will also work to educate policymakers and others on the transportation safety needs that exist in Minnesota's communities.

City and county leaders in Minnesota have reported a backlog of \$1.3 billion in projects for sidewalks, curb ramps, safer intersections and bike routes. Better pedestrian and bicycle infrastructure is viewed as essential to helping to improve safety and health in Minnesota's communities.

In 2013, 11 percent of traffic fatalities in Minnesota involved people who were walking or bicycling and more than 1,680 pedestrians and bicyclists were injured.

Members of the caucus include the mayors of Rochester, Frazee, Apple Valley, Eyota, Worthington, White Bear Lake, Le Sueur, Center City, Grand Marais, Wabasha, Maplewood, Inver Grove Heights, International Falls, Royalton, Perham, Bemidji, Granite Falls, Falcon Heights, Owatonna, Northfield, Marshall, Hawley, Willmar, Hopkins, North Mankato, Coon Rapids, Redwood Falls and Fergus Falls.

**St. Anthony Park**

*The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at Jennings Community Learning Center, 2455 University Ave. To find when council committees meet, go to [www.sapcc.org](http://www.sapcc.org) or call 651-649-5992. The council offices are now located at 2395 University Ave., Suite 300 E.*

**Kasota Ponds cleanup is April 25**

The annual Kasota Ponds cleanup will be held Saturday, April 25. At press time, the details and times of the event had not been finalized.

To find out more, go to the District 12 website, [www.sapcc.org](http://www.sapcc.org). The St. Anthony Park Community Council is seeking volunteers for the event.

Contact [cailin@sapcc.org](mailto:cailin@sapcc.org) or call 651-649-5992 to find out how to volunteer.

**Equity Committee needs members**

The District 12 Community Council Equity Committee is looking for new members to join to help share diversity and inclusivity within the St. Anthony Park Community Council.

Contact [cailin@sapcc.org](mailto:cailin@sapcc.org) or call 651-649-5992 to find out how to volunteer.

## SAP Library seeks donations for annual June book sale

The St. Anthony Park Library Association is seeking donations for its annual book sale to be held Saturday, June 4, during the St. Anthony Park Arts Festival.

Please donate new or gently used books, CDs and DVDs. Textbooks or VHS/cassette tapes will not be accepted.

Bring the materials to the book cart in the lower level of St. Anthony Park Library, 2243 Como Ave., during regular library hours through Friday, June 2.

Questions? Contact Susan Dean at [smdean16@gmail.com](mailto:smdean16@gmail.com).

## Family Law Mediation



**Carla C. Kjellberg**  
Attorney at Law



# Recycling 101

*As the City of St. Paul deliberates over its municipal recycling contract, we take a look at how the current contractor operates.*

By Bill Lindeke

After years of practice, recycling has become automatic for many people, an instinct like buckling a seatbelt.

Yet the nuts and bolts of recycling remain a mystery to many of us. What happens to the stuff in the blue bins after the truck cleans them out every week?

The behind-the-scenes details matter because, in the next few months, the City of St. Paul will decide on its municipal recycling contract. The current city recycler, local nonprofit Eureka Recycling, will test its unique business model on cost and quality against larger rivals, such as Waste Management, the nation's largest garbage company. With Minneapolis and neighboring Lauderdale recently choosing Eureka as their municipal hauler, St. Paul's decision raises questions about how cities think about reducing their waste lines.



A Eureka Recycling workers sorts through recyclable materials at the material recovery facility near Highway 280. Photo courtesy of Eureka Recycling

## Recycling 101

There are two components to the recycling business: collection and processing. Picking up the recycled stuff—sorted or not—is one thing; refining it and selling the material for re-use is another.

For example, Eureka's new Minneapolis contract is just for processing, but in St. Paul the company performs both duties, picking up waste and taking it to their plant, just on the Minneapolis side of Highway 280.

"Garbage goes to the landfill, but recyclables go to a material recovery facility (MRF)," Steve Cohen, a former Eureka board member, said. "What's garbage and what's recyclable depends on where you live. Some of it goes to a landfill, where the recycler comes and picks it up and then throws it away or burns it."

In the world of municipal recycling, Eureka is unique. It started as a program out of the Neighborhood Energy Connection (NEC), a St. Paul environmental nonprofit. Because of that, Eureka uses a "triple-bottom-line" approach that sets goals for social, environmental and economic sustainability, according to Eureka marketing materials.

"Fifty percent of what we throw away in Minnesota is recyclable," Lynn Hoffman, Eureka's chief of community engagement, said. "Bottles, glass and paper are easily recyclable. We have our own fleet of trucks and own MRF facility, and that's where the recycling is sorted. It all comes in in one giant pile. We have some machines, like magnets, that do some of the separating of the material, but also a lot of people that physically hand-sort the material."

Eureka's insistence on reusing recycled material—selling it to another manufacturer, for example—and to hire permanent employees at living wages, makes it

difficult to compete merely on price. By contrast, industry standards typically rely more on temp workers or burning recycled material in electricity-producing incinerators.

"Glass is perfect in that it's 100 percent reusable over and over again," Cohen said. "This is also [true] with metal. Other than plastics, all the materials, for all practical purposes, are infinitely recyclable, and in a worse-case scenario you compost it. That's the fundamentally different view of Eureka."

There are more details: how "pure" can the post-recycled material become? (A lot depends on the sorting process, and paper tends to get into everything.) How far are companies willing to ship it for re-use? (Eureka focuses on Minnesota and a few neighboring states.) What kinds of plastic do cities collect or not collect? (Minneapolis will take all plastics; St. Paul rejects #3 and #6.)

"Ninety percent of our material is sent to markets in Minnesota,"

Hoffman said. "We have different markets for all of our material, and they're shopped around, locally, to emissions from that transportation. We need to make the numbers work and also make sure we're taking care of the environmental benefits."

For example, much of the paper that Eureka collects goes right to the former Rock-Tenn plant on Vandalia Street between University Avenue and I-94.

## The future of recycling

At its root, recycling is a commodities market, which means that today's low oil prices and shaky demand make it difficult to turn a profit. When prices are high, it's easier to sell recycled matter, but when they're low, it can be cheaper to use raw material. The balance between commodities recycling and reducing waste is the main tension between different recycling

Recycling to 14

## St. Paul City Council wants your input on local trash collection

The City of St. Paul is asking city residents to give their input on whether or not the city should move to an organized trash-collection system.

Currently, St. Paul has an open system of trash collection where residents contract individually with private haulers. This means several haulers could work in the same city block. In an organized system, one or multiple trash haulers would be authorized to collect trash from a specific service area.

The St. Paul City Council has stated that if the city moves to an organized collection system, the city

would maintain opportunities for small, local, minority- and women-owned garbage haulers and support living-wage jobs.

The council is asking city residents to provide input on which benefits they value most. The comment period will close in April. In May, information collected from residents will be presented to the city council

You can take the survey at <http://tinyurl.com/sp-trash>. You can also learn more about this at [www.stpaul.gov/residents/live-saint-paul/utilities/organized-trash-collection](http://www.stpaul.gov/residents/live-saint-paul/utilities/organized-trash-collection).

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**April 13. The paper  
will be published April 25.**

The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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# EDITORIAL

## Hope springs eternal

### *Three signs that the world isn't going to hell in a handbasket*

#### 1. How about those Cougars?

As Como Park Senior High School government teacher (and Bugle writer) Eric Erickson said on page 1, the month of March saw some unfortunate events at the school as one teacher was placed on leave after posting controversial Facebook comments about student misbehavior and another was involved in a scuffle with two students.

But on March 10, the Cougars' girls basketball team clinched a historic win against DeLaSalle High School in Minneapolis and headed to the state tournament at the U. Many teachers, students and parents at the school want the public to know that those girls' hard work and tenacity are more representative of student work at the high school than the antics that got the headlines last month. And to show the community that the students and teachers at the school want a safe environment for learning, some 150 Como students, teachers and supporters held a Peace Walk for Safe Schools at Lake Como on March 19.

Go, Cougars!

#### 2. Poets

As the late poet laureate Stanley Kunitz said, "We are hungry for the secret

news about life." Poetry gives us a new look at our daily work and our world. We are grateful to those who toil at digesting our world events and to those who contributed to the Bugle's sixth annual poetry contest. Go to pages 6 and 7 to see the results.

#### 3. And then there's this:

Those spring flowers poking through the dirt right now are proof that we will keep on keeping on. Happy spring.



# COMMENTARY

*Welcome to the Bugle editorial pages, where we exchange ideas and opinions. The views reflected in the commentaries and letters are the opinions of the individual writers, not the Bugle staff or board of directors. We encourage community participation on this page.*

*Send your commentaries or letters to editor@parkbugle.org*

## Cats-22

*By Adam Granger*

I have owned 22 cats in my life. Not all at once, mind you—no crazy cat guy here.

I can still remember their names: Clementine, Baskerville, Belle, Belle II, Bert, Smuckers, Francie, Patsy, Tulip, Albert, Franks, Whitey. . . . They generally found me as I roamed my Oklahoma neighborhood, a lonely kid at whom stray kittens would pitifully meow. I would pick them up and bring them home in tears or, alternately, they were adult alley cats that I took on as a challenge to tame.

My poor mother, a professional artist who probably would have been better off living alone in an atelier or a loft, was barely coping with a house and a yard and a husband and two unhousebroken boys. I might as well have been bringing home a wildebeest (and, in truth, these cats were usually feral and were never spayed or neutered). I would plead and cry, and she would heave a monumental sigh and acquiesce. I must say here that one difference between other children who promise to take care of their pets and me is that I actually did. I was responsible that way; I also took care of neighbors' pets while they were away and babysat from age 12 on.

As I indicated, many of these "pets" were straight-up alley cats, right out of Central Casting: large, scary, flea-infested beasts with abscessed teeth, conjunctivitis-plagued eyes and shredded ears. I spent days getting some of them simply to let me near them. These cats all experienced death or disappearance by misadventure; I



**Milhaus: a good and patient hunter**

found one run over in the street while I was riding to school one morning, and the remains of others would surface around the 'hood from time to time. In short, few of them ever achieved warm-furry-fuzzball-purring-in-the-lap status.

In the early days of A Prairie Home Companion, I wrote commercial spots for Bertha's Kitty Boutique, which featured things like the Eye-to-Eye Catwalk System, suspended 5 feet in the air throughout one's house, which put cats, literally, on an equal footing with their human housemates, thus bolstering their self-esteem (never mind that I've never seen a cat whose self-esteem needed bolstering). Throughout the history of his show, Garrison Keillor referenced cats frequently because he thought the mere mention of them was funny, and he was right: Write a cat into a

script and you've got an automatic laugh and, if you've got the best sound-effects guys in the world on your payroll, you get double the yucks.

The difference between dogs and cats is best summarized thus: Dogs will come when you call them, and cats will get back to you. If you want a cat in your lap, you have to make him think it's his idea. You sit down and pat your thighs a couple of times to announce the existence of an available lap, you glance briefly at the cat and then—and this is important—you look away. Give it 10 beats and the cat will jump into your lap with what my mother used to call a grundle: a short little mini-purr forced out of the cat by the exertion of the jump.

My most recent cat was Milhaus, a beautiful tabby. He started out as an outdoor cat, but we

sentenced him to house arrest after he cleared our yard of songbirds. We tried putting bells—loud ones—on his collar, to no avail. He was a good and patient hunter and could have had a klaxon strapped to his head and still gotten his daily catch. (In addition to his foraging prowess, there was also gentle pressure from our vet to keep him indoors: cat injury and mortality skyrocket outside the house.)

I lost Milhaus about five months ago, at age 13, from a liver ailment, and taking him in to be euthanized broke my heart. I sense now that my period of mourning is drawing to a close and that new cat acquisition is imminent, and there are a couple of options hovering in the wings. A dear friend brought me adoption papers from a foster cat group, but the problem is that if I go into a foster house full of cats, I'm going to want them all. Our golden doodle, Molly, is acclimated to cats and enjoys having one around, but a clowder of felinity on her turf might be a bridge too far.

A more likely candidate, perhaps, is Iggy, an overweight, neurotic cat owned by my older son's girlfriend, Jackie. He needs more companionship and a bigger house, and Jackie keeps threatening to bring him over. I think I could handle that, except for the competition issue: I want to be the only overweight, neurotic creature in my house.

*Adam Granger lives in St. Anthony Park with his wife and dog, Molly, and is a regular contributor to the Park Bugle.*



## Hausman backs amendment to disclose money spent in elections

House DFLers have unveiled the Minnesota DISCLOSE (Democracy Is Strengthened by Casting Light on Spending in Elections) Act, a constitutional amendment that would reform the state's campaign finance system by giving the voters a right to know who is paying to influence their vote.

"Campaign literature from unknown groups fill our mailboxes every two years, often stating incorrect or untrue charges against a candidate," said Rep. Alice Hausman, DFL-District 66A. "If the DISCLOSE Act is passed by the Legislature and placed on the November ballot, Minnesotans will know the sources of this mysterious funding."

The Minnesota DISCLOSE Act aims to eliminate a campaign finance loophole that currently exempts certain political groups from reporting spending on "issue-based" communications, even if they advocate for or against a candidate with close proximity to an election.

Article VII Section 9 of the Minnesota Constitution currently states that, "The Legislature shall provide by law for disclosure of contributions and expenditures made to support or oppose candidates for state elective offices." That was written long before the Supreme Court's decision in Citizens United v. FEC, which ruled that the First Amendment prohibited the government from restricting

independent political expenditures by a nonprofit corporation.

If approved, the constitutional amendment question on the ballot would read: "Shall the Minnesota Constitution be amended to require public disclosure of contributions and expenditures made for communications that expressly advocate for or against a candidate for state elected office, or which could be interpreted by a reasonable person as advocating the election or defeat of a candidate for state elected office?"

House Democrats said they will urge passage of the DISCLOSE Act this session so that it could be placed on the 2016 ballot.

## Chinese fine arts sale coming in May

China Service Ventures will mount a show and sale of stunning Chinese fine arts in early May. The show will be held May 4-7 at 1407 N. Cleveland Ave., St. Paul. Hours will be 10 a.m.-5 p.m., Wednesday, May 4; 10 a.m.-8 p.m., Thursday, May 5; 10 a.m.-5 p.m., Friday, May 6; and 10 a.m.-3 p.m., Saturday, May 7.

All items have been donated to support and strengthen the mission of China Service Ventures (CSV).

CSV works mainly in southeastern Henan Province of China, providing scholarships, clothes and food to rural poor, including the stay-behind children whose parents have gone to distant cities to work.

The sale will include more than 90 paintings, photographs and fine prints. Additionally, decorative arts and antiques will be represented with 25 pieces, including FoShan pottery, a Korean chest with distinguished

metalwork and special textiles from the artist He Qi.

China, Australia and Europe will be represented in this international exhibit and sale. Chinese tea and refreshments will be served. Educational material on CSV will be available. If you are unable to come, please go to [www.chinaserviceventures.org](http://www.chinaserviceventures.org) for information.

## Learn about advance-care planning

April 16 is National Healthcare Decisions Day (NHDD), a 50-state annual initiative that encourages adults to "start the Advance Care Planning (ACP) discussion," clarify their health care wishes and select someone to speak for them when they can't speak for themselves.

Come and learn why ACP is important in the work of a hospital physician, first responder and lawyer, and why ACP should matter to you at a free event Saturday, April 16, 9-11 a.m. at Centennial United Methodist Church, 1524 W. County Road C2, Roseville.

The event is free and open to the public, not just Roseville residents.

The event is sponsored by Honoring Choices MN, the City of Roseville, Roseville Community Health Awareness Team (CHAT) and Centennial United Methodist Church.

The event will include a panel presentation with Thaddeus Pope, director of the Health Law Institute

at Mitchell Hamline School of Law; Dr. Ryan Greiner of North Memorial Medical Center, Robbinsdale; and Greg Peterson, battalion chief and emergency manager with the Roseville Fire Department.

After the panel, attendees will participate in small group discussions led by trained facilitators. Copies of health care directive forms and the Roseville Fire Department's "Vial of Life" form will be available for participants to complete and take home.

If you are interested in attending, RSVP at [itstimetotalk-advancecareplanning.eventbrite.com](http://itstimetotalk-advancecareplanning.eventbrite.com), call 651-633-7644, ext. 21, or email [parishnurse@centennialumc.org](mailto:parishnurse@centennialumc.org).

RSVPs are encouraged, but walk-ins are welcome.

The City of Roseville has scheduled a month of activities in the community that address health-care planning.

Find out more at [www.cityofroseville.com/documentcenter/view/19252](http://www.cityofroseville.com/documentcenter/view/19252).

## Thanks again, and again, Bugle readers

Thanks again, and again, Bugle readers

We are so grateful to our supporters. You've helped us raise \$40,760 for the Park Bugle's 2015-16 fund drive. We thank all of you who have contributed, including the following people and businesses who gave between Feb. 10 and March 12.

The nonprofit Bugle would not be here without your contributions. We rely on tax-deductible donations to help defray the newspaper's annual operating costs. We've reached our fundraising goal, but we are always happy to accept more contributions. If you would like to contribute, you can do it online at [www.parkbugle.org](http://www.parkbugle.org). Click the green DONATE NOW button on the right side of the page. Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

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# Poetry Palooza VI

*Here are the results from our annual ode to verse.*

“Ashes to Ashes,” a poem by St. Anthony Park writer Susan Warde, is the winner of the 2016 Park Bugle poetry contest.

Our judge, poet LeRoy Sorenson of St. Paul, says Warde’s poem “is an excellent twist on the Cinderella story.”

“An ideal outcome is not always perfection,” Sorenson writes. “In an unusual turn of affairs, Cinderella misses some aspects of her previous life. As the poet writes: ‘ . . . a brown bird who lavishes limpid notes on her . . . ’ The ache in those words tells it all.”

This is the second time Warde has won the Bugle contest. She won first place in 2013 for her poem “The Seven Months That Aren’t Winter.”

Sorenson chose St. Anthony Park writer Garvin Davenport’s “Winter’s Edge” as first runner-up because of the poem’s “excellent rhythm” and Como Park writer Nancy White’s “Missing Friends” as second runner-up.

Warde will receive the first-place prize of \$50.

The prompt for this year’s contest was the word “privilege.” Contestants were not required to use the word in their work.

We have printed the three top poems here, along with a poem by Sorenson, a prolific writer and a participant in the Loft Literary Center’s Mentor Series and Foreword program. He was a semi-finalist for the Pablo Neruda Prize for Poetry, given annually by the *Nimrod International Journal of Prose and Poetry*. His work has appeared in a number of journals, and in February his book *Forty Miles North of Nowhere* was published by Main Street Rag of North Carolina. (You can find the book at [mainstreetragbookstore.com](http://mainstreetragbookstore.com) and learn more about Sorenson at [leroysoorensonauthor.com](http://leroysoorensonauthor.com).)

You can read all 15 contest entries at [www.parkbugle.org](http://www.parkbugle.org).

## Ashes to Ashes

They're born with wit and beauty, with virtue,  
pluck, and fortitude, but somewhere in between  
once-upon-a-time and happily-ever-after  
they run out of luck: the poisoned apple  
of a jealous queen, a thirteenth fairy scorned,  
a father who takes a spiteful second wife.  
But righteousness prevails in fairy tales.

Take the case of Cinderella, who rose one day  
from the ashes of her servitude. The story's end  
was only her beginning. Breakfast now comes  
on a golden tray with an unfurled lily, grown  
in the castle hothouse, by her morning tea.  
The glass slippers are chipped and drab but she  
has a slew of jeweled shoes jumbled in her closets  
and gowns galore. And the prince is very ardent,  
when he isn't hunting or tending to the kingdom.

Do you think the lass might sometimes mourn  
her maiden days? Not the cold stones before  
the hearth, of course, nor the scalding wash  
that so hurt her tiny hands. Still, perhaps the girl  
pines now and then for the fragrant dirt of the kitchen  
garden with its serried lines of fledgling peas. Perhaps  
she yearns for the modest brown bird who lavished  
limpid notes on her from the knurled plum tree.

—**Susan Warde**

## Winter's Edge

As first flurries start to fall, I head out back  
To pick the year's last raspberries from the garden patch.  
Against the bushes' mottled leaves  
Icy flakes patter softly like distant snare drums  
As I carefully fold back the sun-scalded bridal net  
That kept the summer birds at bay.

We've had some frost already.  
The oak leaves fell three weeks ago.  
Night comes earlier and earlier.  
All Saints has been celebrated, and candles lit  
Against the darkness of our forgetfulness.

The drooping canes, distant cousins to the princely rose,  
Provide last sanctuary as I bend to tug each berry from its stem.  
My harvest is a cupful and barely that,  
But she will put them on her shredded wheat with sugar  
And smile at me for my thoughtfulness.

My task complete, I retrace old steps across the withered lawn  
Toward house and wife and kitchen fire.  
Watching tiny flakes of snow etch themselves  
Against my jacket sleeve before they too disappear.  
I smile myself—and muse unspoken thanks

That canes and grass and rose will bloom again come spring—  
That even at this icy edge of winter,  
No one has been forgotten.

—**Garvin Davenport**

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## Missing Friends

I can't erase you from my address book  
and I don't want a new book without your name  
in its alphabetical order.

I can't throw away the expired jar of jam you  
gave me two years ago for Christmas  
even though pantry shelf real estate is at a  
premium and there is a can of tomato soup calling for space.

The wicker furniture you sold me, at the  
most ridiculous low price ever, sits proudly in the sun porch.  
It needs paint but, I can't seem to find a new color.

The books your husband called me to come and get at your request  
are packed in cardboard boxes—  
I have the same books...now, I have a second set.  
I couldn't bring myself to tell him that—and I can't donate them to charity.

Today I went to send out an email to "our group"—there was your name, I  
couldn't erase it, so I didn't send the memo—I made someone else do it.

The scarf you gave me three years ago, still gets raves whenever  
I wear it. No one knows it's filled with spilled tears that come on suddenly  
especially on gray days—because you're not here for our 3:00 cup of tea  
and gossip.

I am mad at you because you left lightly, without luggage—no tangible  
pieces to weigh you down. And here I am—  
I can't even escape your laughter which lingers heavy in the stillness  
of Saturday mornings when we would go shopping.

—**Nancy P. White**

## Daze

No hills. Unchecked wind brings  
words of the dead in a language  
just north of English. Farms  
scattered like matchsticks. Crows  
circle miles away. On the farms,  
houses stripped to shallow  
gray, bare chapels hard earned.  
They demand worship in coin unknown  
to the young. Everyday magic consigned  
to the pig sty. How can anyone measure  
love here? On the plains, words  
appear on the horizon, jump aboard gale—  
a cheap ride to the next folly. Leave  
the speakers dazed at their disappearance.  
In some places, the dead and the living  
are afterthoughts. Not here. Farmers  
cling to what they know, who they  
know. Their faces hard set against  
prairie glare, the prayer on the edge  
of their tongues poised for the last amen.

—**LeRoy Sorenson**

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# Como songwriter is back with more Iron Range tales

By Roger Bergerson

For musical inspiration, Paul Seeba draws heavily on his Iron Range roots, as certainly was the case with the Como-based musician's 2014 award-winning debut album, "Last Call for the Mitchell Yards."

And he's back at it with "The Republic of Kinney," a new CD featuring a title track that celebrates the David-vs.-Goliath adventure of a northern hamlet nearly 40 years ago.

"I really enjoy creating the kinds of narratives that get people to connect the past to the present," says Seeba, who will perform his songs at a fundraiser for Chelsea Heights Elementary School at 7 p.m. on Saturday, April 16, at Gabes by the Park, 991 N. Lexington Parkway. (The fundraiser begins at 5:30 p.m.)

"Kinney" is an eclectic collection of Seeba-penned material in a folk/rock format, the title track chronicling the creative approach taken in the 1970s by a small Iron Range community when its efforts to replace a failing municipal water system were thwarted.

Town leaders, with tongues firmly in cheek, decided they would fare better as a foreign country and notified the federal government they were seceding from the union.

"Kinney" was recorded at Sparta Studios in Eveleth, Minn., and the musicians accompanying Seeba on the CD included his brother, Bob. The CD's release is scheduled for May, and more information can be found at [www.paulseeba.com](http://www.paulseeba.com).



Paul Seeba Photo by Lori Hamilton

Mitchell Yards was a railroad facility near Hibbing that played a key role in the movement of iron ore to Lake Superior ports, particularly during World War II. Seeba's music formed the soundtrack for a WDSE-Duluth TV documentary about the effort to save the yards' historic roundhouse that won a regional Emmy last year. A history teacher at

White Bear Lake High School, Seeba also developed a lesson plan to accompany the documentary.

In addition, "Last Call for Mitchell Yards" was honored by the Preservation Alliance of Minnesota as a contribution to raising awareness of the value of historical sites.

# Gear Daddies drummer (and local dad) to host record release April 9

After a decade-long hiatus from songwriting, Gear Daddies drummer and St. Anthony Park resident Billy Dankert has released "Sleep Late," a compilation of new songs written and recorded over the past two years.

Dankert will host a record-release show at the 331 Club, 331 N.E. 13th Ave., Minneapolis, on Saturday, April 9, with his new band the Sanchose Four, along with Doug Collins and the Receptionists. Performances begin at 10 p.m.

After the 2005 breakup of his band the Real Austinaires, Dankert got married, became a dad and pursued visual art. In 2014, he found that his recent experiences had reawakened his interest in songwriting and he began working on a new album.

Dankert says the tracks on his new album "fit comfortably under the broad umbrella of 'Americana' music."

The Austin, Minn., native joined the Gear Daddies in 1984 when he was a senior in high school. The Minnesota rock band, whose early 1990s hit "Zamboni" was used in the soundtracks for the Disney "Might Duck" movies, experienced some great highlights, including playing in New York City's punk rock/new wave club CBGB, appearing on David Letterman's show and warming up for the Replacements at one of their "last shows" in 1991. The Gear Daddies broke up in 1992, Dankert went back to school, got a day job and played drums for Slim Dunlap in the

early 2000s. The Gear Daddies have reunited to play a few shows a year around the region.

You can learn more about Dankert and his work at [www.billydankert.com](http://www.billydankert.com).



Billy Dankert  
Photo by Dave Biljan

St. Anthony Park Area Seniors' Senior Cinema Series

**"The Intern" 2 p.m.**  
**Thursday, April 14th, at SAP Library**

70-year-old widower Ben Whittaker has discovered that retirement isn't all it's cracked up to be. Seizing an opportunity to get back in the game, he becomes a senior intern at an online fashion site, founded and run by Jules Ostin.

Starring: Robert DeNiro, Anne Hathaway, Rene Russo. PG-13 121 min.



St. Anthony Park Library, 2245 Como Ave.  
651-642-0411 / [www.sapl.org](http://www.sapl.org)

651-642-9052 [www.sapaseniors.org](http://www.sapaseniors.org)



## History: One darn thing after another

Roger Bergerson chronicles our remarkable past

### St. Anthony Park had early boosters

In a 1903 article entitled “Public Spirit in Suburban Development,” the St. Paul Daily Globe described an up-and-coming community on the western edge of the city.

The reference was to St. Anthony Park and the public spirit was that of the St. Anthony Park North Improvement League, a group of residents that included leading businessmen, as well as faculty from the University of Minnesota’s St. Paul campus.

Since its formation two years earlier, the league had raised the money to lay three miles of concrete sidewalk, trim trees and purchase the land for Commonwealth Park.

It also provided snowplowing, presumably with horse teams, since the city did not fund the service.

“St. Anthony Park may well be called a suburb of magnificent distances, for it includes a very long stretch of territory which extends north and south,” declared the paper. “Both the interurban and Como streetcars run through the park and for the accommodation of those passengers who wait for the cars, the league last summer had benches placed at the corners of Raymond,

Scudder, Commonwealth and Carter avenues.”

To mark Arbor Day 1902, the league gave each child attending the Murray and Gibbs schools, the latter at Cleveland and Larpenteur avenues, plum and apple seedlings for planting at home, a practice that was continued for several years.

But there were instances when the league became an opposing force when it felt an issue warranted. For example, in 1902, it was proposed that a tuberculosis hospital be located in St. Anthony Park.

“Instantly, the members were up in arms,” the newspaper recounted, “for they were naturally averse to having their beautiful suburb injured by the erection in it of any institution for the treatment of contagious diseases.” At the members’ urging, the St. Paul City Council passed an ordinance blocking such an action if a majority of property owners objected.

And although St. Anthony Park’s original development was as a “railroad suburb” with a commuter train connection, the article stated that “the residents ... have always deplored the noise caused by the

many engines that pass over the railroad tracks that cut the district in two.”

A league committee chaired by Col. William Liggett (see accompanying article) negotiated with railroad officials and “some relief was obtained, but the quiet of the park is still occasionally disturbed by the shrill tooting of the whistles.”

On the league’s agenda for the future was the widening of its main thoroughfare, today known as Como Avenue, acquiring additional park land, placing street signs at all corners and convincing the city to get more help for the one policeman assigned to the district.

But the two biggest projects, the laying of gas and sewer lines, already were underway and the league was keeping a close eye on their progress.

“The park is still lighted by gasoline lamps,” noted the newspaper, “but by the terms of the new gas franchise agreement, its interests will be well taken care of.”

*Roger Bergerson writes about local history and community news from his home in Como Park.*



St. Anthony Park in 1902. Photo courtesy of Minnesota Historical Society

### Liggett’s career was public service

Col. William Liggett was one of the founders of the St. Anthony Park North Improvement League, but that was by no means the extent of his public service.

During his 25 years in Minnesota, Liggett was a University of Minnesota regent, dean of its agricultural college and director of the experiment station, a state railroad and warehouse commissioner, and member of the State Agricultural Society Board, the parent of the Minnesota State Fair.

He even managed the 1890 fair, a successful six-day exposition, although rain and cold cut the attendance at St. Paul Day to 9,000, one-third of the crowd that was anticipated.

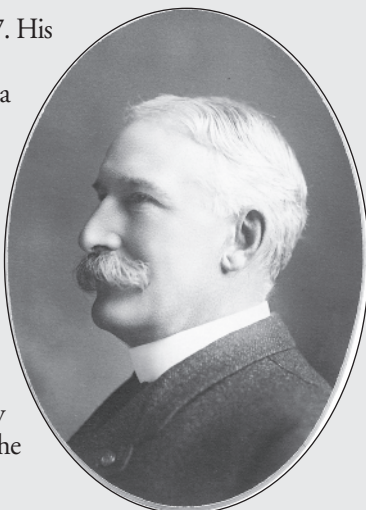
Liggett was an Ohio farm boy and Civil War enlistee at the age of 17. His military title was earned in later service with the Ohio National Guard.

After working in banking, he brought his young family to Minnesota in 1884, where he and a partner started a livestock-raising operation near Benson in Swift County. It soon became regarded as one of the most successful farms in the state.

A series of appointments to public positions followed and a contemporary biographer noted, “It is Col. Liggett’s strongest point that he never disappoints expectations. With good judgment, a clear mind and rare executive ability, he easily takes rank with the leading agriculturists and breeders of the country.”

Declining health forced him to resign from the university in 1907, and he died two years later at his home at 2245 Knapp St. in St. Anthony Park. Only 63, Liggett was said to have succumbed to “tightening of the arteries, caused primarily from nervous trouble.”

A street in the fairgrounds is named after him.—Roger Bergerson



William Liggett  
Photo courtesy of Minnesota Historical Society

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# Native woodland plants are first to bloom in the spring

By Sharon Shinomiya

After a long cold snowy winter what could be more delightful than early spring flowers? Many people plant early-blooming bulbs like snowdrops, squill, or crocus in the fall and buy cold-tolerant annuals like pansies as soon as they're available in the spring. But no one should overlook our own beautiful early spring woodland native plants, so perfectly adapted to our area and climate.

Woodland native plants grow well under deciduous trees or in shady spots in the garden. Many are ephemerals—they grow and bloom before the trees leaf out in spring and then become dormant and die back in the heat of summer. Many of these wonderful plants spread themselves around nicely in the garden and work well with other native and non-native spring garden favorites like crocuses, magnolias, bleeding hearts, species tulips, serviceberries, violets, primroses and hostas.

Anyone who's visited Eloise Butler Wildflower Garden and Bird Sanctuary in Minneapolis in April or May has seen carpets of these lovely blooms. Two of the earliest to bloom

are bloodroot and hepatica. Bloodroot's white daisy-like blossoms emerge cloaked in a single curled-up leaf soon after the snow melts. Its name comes from its red sap. Hepatica's dainty lavender or white flowers bloom before any new leaf growth and nod on their hairy stalks before opening. Hepatica comes in two varieties: round-lobed or sharp-lobed (describing the shape of its leaves). These cold-hardy flowers open whenever it is warm and bright enough for insects to be out and about.

Following soon after are rue anemones, airy, delicate little bushy plants with white or, more rarely, pink blooms. The flowers emerge enclosed in reddish leaves, which turn green as they unfurl. Rue anemones look especially beautiful interspersed among Pennsylvania sedge, a low-growing native grass that forms clumps and colonies but isn't overly aggressive. Pennsylvania sedge sends up its yellow-brown flower spikes a bit later. As the grass grows longer it arches gracefully.

Virginia bluebells bloom next. These mid-size ephemerals have smooth oval-shaped leaves and send

up racemes of pendulous trumpet-shaped pale blue flowers. The buds are pink before opening, creating a lovely pastel display. Masses of Virginia bluebells look stunning anywhere in the garden. Plant them with hostas to cover the bare spots in summer. This is also the time for trilliums. Native trillium flowers are white, have three petals and are either upright or nodding. All trilliums have one thing in common: Each stalk has only three green leaves below its blossom. Trilliums form slow-growing clumps.


Though each of these woodland plants blooms for only a short while, together they make a spectacular and ongoing early spring show.

Two excellent local sources for native woodland plants are the Friends School Plant Sale from May 6-8 at the State Fair Grandstand (friendschoolplantsales.com) and Landscape Revival Native Plant Sale (saintpaulaudubon.org/events/2016) on June 4 at the Community Pavilion at the Roseville Cub Foods.

Sharon Shinomiya has gardened for 21 years in the Como Park neighborhood.



Trillium (top of photo) and rue anemone. Photo by Sharon Shinomiya



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Top left: Virginia bluebells can look stunning in a spring garden. Top right: After a long winter, what can be more delightful than a garden full of spring woodland flowers? Bottom: Bloodroot is one of the earliest plants to bloom in the spring. *Photos by Sharon Shinomiya*



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# APRIL

# Events

VENUE INFORMATION IS LISTED AT THE END OF THE CALENDAR. SEND YOUR EVENTS TO [calendar@parkbugle.org](mailto:calendar@parkbugle.org) BY Wednesday, April 13, TO BE INCLUDED IN THE MAY ISSUE.

## 2 SATURDAY

MEN'S Club of St. Stephanus ANNUAL spaghetti dinner, St. Stephanus LUTHERAN Church, 739 Lafond Ave., 5-7 p.m.; \$10 for 13 and older, \$5 for children 5-12, free for children under 5. Takeout available. For tickets, call the church at 651-228-1486 OR DENNIS AT 651-644-9432. Tickets also available at the door.

## 5 TUESDAY

Baby/toddler story time, infants to 2 years old (siblings welcome), Tuesdays in April, St. Anthony Park Library, 10:30-11 a.m. & 11:30 a.m.-noon.

Microsoft Word Basics-PART 1, St. Anthony Park Library, 10:30 a.m.-12:30 p.m. Class is limited to four. Call 651-642-0411 TO REGISTER.

St. Anthony Park Garden Club hosts "Hosta Popularity Polls: What Are the Top Hostas That Should Be in Your Garden?" presented by GREGG PETERSON, past president of the MINNESOTA HOSTA SOCIETY, St. Matthew's Episcopal Church. Refreshments at 7 p.m., program, 7:30-8:30 p.m. Find out more at [facebook.com/SAPGardenClub](https://www.facebook.com/SAPGardenClub) or [stanthonyparkgardenclub.com](http://stanthonyparkgardenclub.com).

## 6 WEDNESDAY

MAKER BREAK: SCIENCE FUN WITH THE Bakken Museum, AGES 6-12, St. Anthony Park Library, 1-3 p.m.

SAPAS NUTRITION GROUP, St. Anthony Park United Methodist Church, 12:45-1:30 p.m. FREE.

English CONVERSATION CIRCLES, EVERY Wednesday in April, St. Anthony Park Library, 4-5:30 p.m.

St. Anthony Park Book Club, "THE DINNER" by HERMAN KOCH, St. Anthony Park Library, 6:30-8 p.m.

## 7 THURSDAY

CAREGIVER SUPPORT GROUP, first Thursday of each month, St. Anthony Park UCC, 10-11:30 a.m.

BEREAVEMENT SUPPORT GROUP, first Thursday of each month, St. Anthony Park UCC, 10-11:30 a.m.

PRESCHOOL STORY TIME IN MANDARIN CHINESE, St. Anthony Park Library, 10:30-11:30 a.m.

Microsoft Word Basics-PART 2, St. Anthony Park Library, 10:30 a.m.-12:30 p.m. Class is limited to four. Call 651-642-0411 TO REGISTER.

DIALOGGERS TOASTMASTERS MEETS EVERY Thursday of the month, U of M St. Paul Campus, NORTHERN RESEARCH STATION, 1992 Folwell Ave., 11:30 a.m.-12:30 p.m.

## 8 FRIDAY

PRESCHOOL STORY TIME, EVERY Friday in April, St. Anthony Park Library, 10:30-11:30 a.m.

SAPAS GAME DAY, St. Anthony Park United Methodist Church, 10 a.m.-noon. FREE.

## 9 SATURDAY

FALCON HEIGHTS ELEMENTARY KIDS STUFF SALE, 1393 W. GARDEN AVE., 8:30 a.m.-12:30 p.m. Gently used kids clothing, toys, sporting equipment, furniture and more. Half off on marked items begins at 11 a.m. FREE admission. NO STROLLERS OR OUTSIDE BAGS

PLEASE. Find out how to donate gently used kids items (donations through April 4) ON FACEBOOK: FALCON HEIGHTS ELEMENTARY KIDS STUFF SALE.

## 11 MONDAY

St. Anthony Park AREA SENIORS, ARTS AND CRAFTS, St. Anthony Park United Methodist Church, 10 a.m.-noon. Cost is \$5. Call 651-642-9052 TO REGISTER.

COOKING FOR ONE: Nourishing You, NORTH DALE RECREATION CENTER, 1414 N. St. Albans St., 11 a.m.-12:30 p.m. LEARN tips and recipes on cooking for one, for AGES 55 and older. Light lunch provided. Cost is \$5. Call 651-558-2329 TO REGISTER.

## 12 TUESDAY

HAMLIN STUDENT MUSIC RECITAL, St. Anthony Park United Methodist Church, 1-2 p.m. FREE-will donation.

## 14 THURSDAY

St. Paul BRANCH of the AMERICAN ASSOCIATION of UNIVERSITY WOMEN ANNUAL book sale, 990 Summit Ave., 10 a.m.-6 p.m.

LEARN CHINESE FOLK DANCING, MORNING EXERCISE FREE AND OPEN for adults, St. Anthony Park Library, 10:30-11:30 a.m.

St. Anthony Park AREA SENIORS CINEMA SERIES, "THE INTERN," St. Anthony Park Library, 2-4 p.m. All welcome. FREE.

## 15 FRIDAY

GAME DAY with St. Anthony Park AREA SENIORS, St. Anthony Park United Methodist Church, 10 a.m.-noon. FREE.

St. Paul BRANCH of the AMERICAN ASSOCIATION of UNIVERSITY WOMEN ANNUAL book sale, 990 Summit Ave., 10 a.m.-6 p.m.

## 16 SATURDAY

St. Paul BRANCH of the AMERICAN ASSOCIATION of UNIVERSITY WOMEN ANNUAL book sale, 990 Summit Ave., 10 a.m.-5 p.m.

RISE UP! GIVE US WINGS 17th ANNUAL CELEBRATION AND silent AUCTION, McNAMARA ALUMNI CENTER, 200 S.E. Oak St., Minneapolis, 6:30-9:30 p.m. GIVE US WINGS is an AREA nonprofit that connects with local families in KENYA and UGANDA. LEARN MORE AT [www.giveuswings.org](http://www.giveuswings.org).

CHelsea HEIGHTS ELEMENTARY School fundraiser, Gabes by the Park, 991 N. Lexington Pkwy., 5:30 p.m. Tickets are \$15 at the door.

## 17 SUNDAY

NORTH SUBURBAN EVENING Lions Club "All The Waffles You Can Eat" Breakfast, Roseville Skating Center, 2661 Civic Center Drive, 8 a.m.-12:15 p.m. SAUSAGE, coffee, milk and

ORANGE juice, and a CAKE walk; \$8, free for 5 and younger. Bring old eyeglasses TO DONATE.

St. Paul BRANCH of the AMERICAN ASSOCIATION of UNIVERSITY WOMEN ANNUAL book sale, 990 Summit Ave., noon-4 p.m.

## 18 MONDAY

"Anyone Can Fall" presentation for SENIORS, LAUDERDALE City Hall, 1 p.m.

COMMUNITY Sing, OLSON CAMPUS CENTER, LUTHER SEMINARY, 6:30 p.m. gathering, 7-8:30 p.m. sing. FREE, but a HAT will be passed to make the sings possible. Co-sponsored by the DISTRICT 12 COMMUNITY Council.

## 21 THURSDAY

PRESCHOOL STORY TIME IN MANDARIN CHINESE, St. Anthony Park Library, 10:30-11:30 a.m.

## 22 FRIDAY

"Anyone Can Fall" presentation for SENIORS, St. Anthony Park Library, 1:30 p.m.

Firing It Up in South Como Spring St. PAUL ART CRAWL RETURNS TO FRONT AVENUE POTTERY, featuring South Como CERAMIC ARTISTS Mary Jo Schmith and Jason Trebs and photographer Jim Gindorff, and eight other local artists. Exhibit, sale, free workshops, 5-10 p.m. Try your hands at the POTTER'S wheel, 6-9 p.m. Classical and jazz piano by Vicky Mackerman of LAUDERDALE, 6-8 p.m.

Co-ed DRUM Circle, WOMEN'S DRUM CENTER, 6:30 p.m.; \$10 at the door. Drums provided

## 23 SATURDAY

SOUTH Como St. PAUL ART CRAWL AT FRONT AVENUE POTTERY, open HOUSE, social and sale, 10 a.m.-8 p.m. FREE clay hand-building workshop, noon-4 p.m. (CREATE A FATHER'S Day teapot! FREE, but donations to cover materials will be accepted.) Try your hands at the POTTER'S wheel, noon-5 p.m. Blues Guitar by Tim Gadban of Como Park, noon-4 p.m.

## 24 SUNDAY

SOUTH Como St. PAUL ART CRAWL AT FRONT AVENUE POTTERY, open HOUSE, social and sale, 10 a.m.-5 p.m. FREE workshop: WATERCOLOR POSTCARDS for AGES 7 and older, noon-4 p.m. (FREE but donations to cover materials will be accepted.) Try your hands at the POTTER'S wheel, noon-4 p.m.

Sunday AFTERNOON Book Club, "The Sparrow" by Mary Doria Russell, Micawber's, 1:30 p.m. All are welcome.

## 29 APRIL

Tablet and Smartphone Clinic, St. Anthony Park Library, noon-2 p.m.

## SENIOR EXERCISE

**St. Anthony Park Area Seniors**

**Tuesdays and Fridays**, St. Anthony Park Library, 2:30-3:30 p.m.

**Wednesdays**, St. Anthony Park United Methodist Church, 10:30-11:30 a.m.

**Mondays and Thursdays**, LAUDERDALE City Hall, 2-3 p.m.

## Como Park/Falcon Heights Block Nurse Program

**Tuesdays and Thursdays**, Falcon Heights TOWN SQUARE SENIOR APARTMENTS, 9:30-10:30 a.m. and ARBOR POINTE SENIOR APARTMENT, 11 a.m.-noon

## FREE SENIOR BLOOD PRESSURE CLINICS

**St. Anthony Park Area Seniors:**

**Wednesdays**, St. Anthony Park United Methodist Church, 11:30 a.m.-noon

## Como Park/Falcon Heights Block Nurse Program:

**Third Thursdays**, Arbor Pointe Senior Apartments, 10-11 a.m.

**Fourth Thursdays**, Falcon Heights TOWN SQUARE SENIOR APARTMENTS, 11 a.m.-noon

## VENUE INFORMATION

ARBOR POINTE SENIOR APARTMENTS, 635 W. Maryland Ave.

FALCON HEIGHTS TOWN SQUARE SENIOR APARTMENTS, 1530 W. LARPEUR AVE.

FRONT AVENUE POTTERY, 895 FRONT AVE., 651-489-4374

Holy Childhood Church, 1435 Midway Parkway, St. Paul

LAUDERDALE City Hall, 1891 WALNUT ST., 651-631-0300

Micawber's Books, 2238 CARTER AVE., 651-646-5506

OLSON CAMPUS CENTER, LUTHER SEMINARY, 1490 FULHAM ST.

St. Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Anthony Park United Church of Christ, 2129 COMMONWEALTH AVE., 651-646-7173

St. Anthony Park United Methodist Church, 2200 Hillside Ave., 651-603-8946

St. Matthew's Episcopal Church, 2136 CARTER AVE., 651-645-3058

WOMEN'S DRUM CENTER, 2242 W. UNIVERSITY AVE., [www.womensdrumcenter.org](http://www.womensdrumcenter.org)

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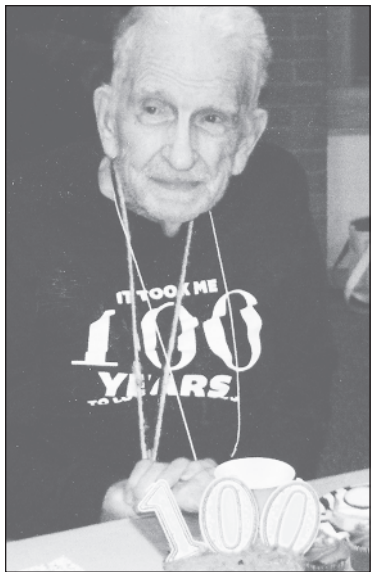
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## Neighbors



Bill Treumann

### It took him 100 years 'to look this good'

Bill Treumann, longtime resident of Como by the Lake apartments by Lake Como, celebrated his 100th birthday on Feb. 23 doing what he loves best: playing bridge. Treumann's bridge group, the OLLI/Como Park Bridge Club, prepared a great celebration with lots of food and live entertainment.

Sporting a shirt that read, "It took me 100 years to look this good," Treumann really did look good. This was 81 years after Treumann left a tuberculosis sanitarium in Jamestown, N.D., with a doctor's diagnosis that he would die within a year.

Though his hearing and eyesight have diminished, Treumann, who taught chemistry at Minnesota State University Moorhead and served as dean of mathematical and natural sciences there, is still a formidable bridge opponent.

Tyrin Anderson, a junior at Como Park Senior High School, provided the live piano music at the party.

### Hausman awarded for parks and trails work in Legislature

The Parks & Trails Council of Minnesota has recognized Rep. Alice Hausman, DFL-District 66A, as a Legislator of Distinction for her work securing significant investments in state parks and trails.

As past Capital Investment committee chair, Hausman chief authored bills that helped create, upgrade and improve our parks and trails.

Parks & Trails Council of Minnesota executive director Brett Feldman said in 2008 Hausman helped secured \$57 million worth of investment in Minnesota's parks and trails, including the establishment of the newest state park at Lake Vermilion. In 2014, she helped pass a bonding bill that included \$14 million for development at Lake Vermilion State Park and \$22 million for local parks and trails throughout the metro and Greater Minnesota.

### Back to the '80s

Remember the Replacements, the Suicide Commandos, Hüsker Dü

and other groups of the 1980s? It's 1984 again—the era of Ronald Reagan, Rubik's cubes, hair bands and the underground music scene of Minneapolis. Tag along with two young misfits who discover themselves in the musical madness pouring out of First Avenue, as the Minnesota History Theatre presents a free preview of its upcoming production "Complicated Fun: The Minneapolis Music Scene" Thursday, March 31, at 7 p.m. at Roseville Library, 2180 N. Hamline Ave.

### Feast of the Golden Fork April 26

The Church of the Holy Childhood will host the annual Feast of the Golden Fork, Saturday, April 26, at 6:24 p.m. in Buchanan Hall, 1435 Midway Parkway.

A six-course dinner will include green pea soup, lobster ravioli, lemon sorbet, chicken braised in Marsala over polenta with green beans, orange and fennel salad, tiramisu, wine and other beverages.

The event is a fundraiser to support the seven Masses with orchestral accompaniment for the choir. Tickets are \$65 per person and may be obtained by calling 651-644-7495.

### Register for summer sports

Summer sports registration is going on now at all Parks and Recreation Centers. Listed below are events happening at area rec centers.

Call the rec centers to find out times and to register or go online at [www.stpaul.gov/departments/parks-recreation/](http://www.stpaul.gov/departments/parks-recreation/).

#### Langford

30 Langford Park, 651-298-5765

*Babysitting Training*, ages 11 and up, Thursday, April 7

*Spring Blast*, ages 6-12, begins Monday, April 4

*Henna Body Art*, ages 11 and up, Friday, April 22

*Aerospace Engineering—Up, Up and Away*, ages 7-12, Wednesday, May 4

*Minecraft Game Designer*, ages 7-11, begins Monday, April 11

*Jazz/Hip Hop*, ages 7-11, begins Tuesday, April 12

*Pilates for Adults*, Thursday mornings

#### North Dale

1414 N. St. Albans, 651-558-2329

*Spring Break No School Days*, ages 6-12, begins Monday, April 4

*Computers: Clay Animation*, ages 7-11, begins April 23

*Babysitting Training*, ages 11 & up, Saturday, May 14

*Pilates/Mind/Body/Strength*, adults, Mondays and Wednesdays

*Earth Moon Yoga*, adults, Tuesdays and Saturdays

#### Northwest Como

1550 N. Hamline Ave., 651-298-5813

*Barnyard Buddies Art Class*, ages 3-5, Friday, April 15

*Artist Workshop*, ages 7-13, Wednesday, April 13

*Science: Mineral Mania*, ages 6-12, Monday, May 9

*Spring break programs* include Scooby Dooby Doo Art Camp, Environmental Engineering-Go Green, Tennis, Paint Like Picasso

*Senior Gamers*, Tuesdays, 1-3 p.m.

### Learn about women in history

Join women's history scholar Jill Zahniser for a look at some fascinating women from American history in Women Making History, a new three-part series at Roseville Library, 2180 N. Hamline Ave., Tuesdays, March 29, April 5 and April 12, at 12:30 p.m.

On March 29, Zahniser will present "The Audacity of 'Mum Bett': Elizabeth Freeman Sues for Her Liberty in Revolutionary America." Elizabeth Freeman, an enslaved woman known as "Mum Bett," successfully sued for her freedom in 1780. On April 5, "Bloomers and Bicycles: Sports, Fashion and Women's Liberation," will look at how the bloomer created a dramatic change in women's clothing and allowed women to ride bikes and participate in other sports, and forever change the notion of what women should wear.

"Jane Addams and the Immigration Crisis of the late 1800s," the last of the series, will be presented on April 12. Zahniser will examine how Jane Addams founded Hull House, sparked the new field of social work, and shaped the debate about immigrants and much more in

late 19th-century America.

### Ramsey County seeks advocates

Ramsey County Detoxification Center is seeking peer-support advocates. Call 651-266-4090 for additional information or e-mail [HumanServicesVolunteer@co.ramsey.mn.us](mailto:HumanServicesVolunteer@co.ramsey.mn.us).

### Holy Childhood to present "Messe Solennelle" on Easter Sunday

The Schola Cantorum of the Church of the Holy Childhood will perform the "Messe Solennelle" by Louis Vierne on Easter Sunday, March 27, at the 10 a.m. The church is located at 1435 Midway Parkway.



Dick Wenkel's "Vegetative Taxidermy." Photo by Angela Dimler

## 'Vegetative Taxidermy'

Falcon Heights artist's show open at Smallest Museum in St. Paul

Falcon Heights artist Dick Wenkel's "Vegetative Taxidermy" is on view in the Smallest Museum in St. Paul at WORKHORSE COFFEE BAR, 2399 W. University Ave., through the month of March.

Wenkel's tongue-in-cheek scientific display of "previously undiscovered flora and fauna inhabiting the fields, forests and lakes of Minnesota" such as the Albino Walleye Leech (*Predatorium sander*), Gauzy Freshwater Jellyfish

(*Sinolumina daphnia*) and Deerefly (*Pseudo-tractorium depris*).

The Smallest Museum is a micro-museum housed in a vintage fire hose cabinet just outside the front door of the coffeehouse. WORKHORSE was awarded funds to create the Smallest Museum in St. Paul, as part of the John S. and James L. Knight Foundation's City Arts Challenge.

You can find out more at [smallestmuseum.com](http://smallestmuseum.com)



## Good Food and Stories From a Life of Home Cooking

Holly Harden (Mrs. Sundberg),  
Writer, A Prairie Home Companion

Saturday, April 16

### Event schedule:

10-11:30 a.m.—The County Store open (selling dish towels, cloths, utensils, etc.)

10:15 a.m.—Campus Art Tour

11:30 a.m.—Luncheon, featuring a course from each of the three Mrs. Sundberg Cookbooks, and program concluding with book signing and sales

Please register by Monday, April 11. The fee is \$30 and includes lunch.

If you have questions, please contact Lynne Moratzka at 651-641-3419 or [lmoratzk@luthersem.edu](mailto:lmoratzk@luthersem.edu).

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## Chiara String Quartet to perform in April with Music in the Park

Lauded for its “highly virtuosic, edge-of-the-seat playing” (*The Boston Globe*), the Chiara String Quartet is renowned for bringing fresh excitement to traditional repertoire as well as for creating insightful interpretations of new music. Chiara String Quartet will perform two Family Concerts on Friday, April 15, and a chamber music program on Sunday, April 17, in St. Anthony Park as part of the Schubert Club’s Music in the Park Series.

The Family Concerts will be held at 6 and 7:15 p.m. April 15 at St. Matthew’s Episcopal Church, 2136 Carter Ave. The program will include a live re-telling of the story *Mole Music* by David McPhail. Quartet members will act as narrators and characters as they weave music by Dvorak, Gabriela Frank, Shostakovich, Haydn and Beethoven through the story line.

No tickets are required for the Family Concerts, but donations will be accepted.

The chamber music program on April 17 will feature “Leyendas: An Andean Walkabout,” composed for the Quartet by Gabriela Lena Frank, along with Bela Bartok’s String Quartet No. 4 and String Quartet in A minor, Op. 51, No. 2, by Johannes Brahms. The program begins at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave.

Tickets are \$30 for adults and

\$12 for student rush. There are a limited amount of tickets available.

You can order tickets online at [schubert.org/musicinthepark](http://schubert.org/musicinthepark) or call 651-292-3268.

Renowned for bringing excitement to traditional string quartet repertoire as well as for creating insightful interpretations of new music, the Chiara String Quartet (Rebecca Fischer and Hyeyung Julie Yoon, violins; Jonah Sirota, viola; Gregory Beaver, cello) are currently the quartet-in-residence at the Metropolitan Museum of Art in New York.

Chiara (key-ARE-uh) is an Italian word, meaning “clear, pure or light.” You can learn more about

them at [www.chiaraquartet.com](http://www.chiaraquartet.com).

The Schubert Club is an internationally renowned performing arts organization dedicated to expanding the enjoyment of music through world-class recitals, premier educational programs and rare collections of musical treasures. Following decades of musical collaboration, Music in the Park Series became part of the Schubert Club in 2010. Founded more than 30 years ago, Music in the Park Series engages outstanding artists and chamber ensembles to present concerts in St. Anthony Park’s United Church of Christ.

Learn more at [schubert.org](http://schubert.org)

### Recycling from 3

operations.

“Eureka’s philosophy is awesome,” Cohen said. “They’re a zero waste organization, as opposed to the solid waste management. In the solid waste paradigm, there will always be garbage you have to deal with, but with zero waste, the end game is to get rid of waste completely.”

That is one of the reasons why Eureka’s focus includes consumer education, to alleviate the need for wasteful packaging or to encourage

more composting, he said. (Minneapolis is launching a citywide composting program, and St. Paul may join them in the next few years.)

“It helps to talk to people and give them an *aha!* moment about what’s in their hand and what happens to it next,” Hoffman said when asked about Eureka’s work at large public events. “People pause and recognize that there are choices and options for what happens to those products, and what those impacts are.”

The hope is that if a public event like St. Paul’s annual Grand Old Days in June can achieve the ambitious zero-waste goal, someday the whole city can follow suit.

Meanwhile, St. Paul is working on figuring out whether recycling can meet its livable wage and environmental goals. Look for the decision some time this year.

(Note: The City of St. Paul did not respond in time to media requests for this article.)

*Bill Lindeke is an urban geographer and writer living in St. Paul.*

## Community Worship Directory

### ❖ LYDIA PLACE COLLABORATIVE COMMUNITIES ELCA

Rev. Scott Simmons, pastor, 612-859-1134, [lydiaplace.com](http://lydiaplace.com)  
Hymntap beer and hymns, first Monday of each month  
7 p.m. Dubliner Pub, 2162 W. University Ave. 55114  
Sunday Worship, 7 p.m., Dow Art Gallery,  
2242 W. University Ave., St. Paul

### ❖ MOUNT OLIVE LUTHERAN CHURCH —WELS

A Caring Family of Christ-Centered Believers  
[www.mount-olive-lutheran-church.org](http://www.mount-olive-lutheran-church.org)  
Find us on Facebook  
1460 Almond Ave., Saint Paul, MN 55108  
651-645-2575  
Sunday Worship 9 a.m.  
Bible Study and Sunday School 10:30 a.m.  
Pastor Al Schleusener

### ❖ PEACE LUTHERAN CHURCH—ELCA

1744 Walnut St. (at Ione), Lauderdale, 651-644-5440  
[www.peacelauderdale.com](http://www.peacelauderdale.com)  
Sunday worship: 10 a.m.  
Reconciling in Christ Congregation  
*All are welcome. Come as you are.*

### ❖ SPIRIT UNITED CHURCH

3204 S.E. Como Ave., Minneapolis, 612-378-3602, [www.spiritunited.com](http://www.spiritunited.com)  
Sundays: 10:30 a.m. Message and Music. Kids With Spirit Sunday School.  
Come as you are. Handicapped accessible. All are welcome.  
A leading-edge spiritual community emphasizing the Unity of Spirit—one Source in all.

### ❖ ST. CECILIA’S CATHOLIC CHURCH

2357 Bayless Place, 651-644-4502  
Website: [www.stceciliasm.org](http://www.stceciliasm.org)  
Handicapped accessible  
Saturday Mass: 5 p.m. at the church  
Sunday Masses: 8:15 a.m. and 10 a.m. at the church

### ❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth Ave. (corner of Commonwealth and Chelmsford)  
651-646-7173 [www.sapucc.org](http://www.sapucc.org)  
9:15 a.m. Christian education for all ages; 10:30 a.m. worship  
Christian tradition ♦ Progressive faith ♦ All are welcome

### ❖ ST. ANTHONY PARK UNITED METHODIST CHURCH

A Reconciling Congregation. All are welcome!  
[www.sapumc.org](http://www.sapumc.org), 2200 Hillside Ave. (at Como), 651-646-4859  
Pastor: Rev. Pat Hinker  
Sundays: 10 a.m. Worship celebration and Sunday School  
11 a.m. Fellowship and refreshments  
6:30 p.m. Free young adult dinner in parlor

### ❖ ST. ANTHONY PARK LUTHERAN CHURCH

2323 Como Avenue W. 651-645-0371  
Staffed nursery available - Handicap-accessible  
Pastor Glenn Berg-Moberg and Pastor Jill Rode  
Web, Facebook, & Twitter: SAPLC  
Sunday 8:30 & 11 a.m. with education hour for all 9:30 a.m.  
Wednesdays Community Dinner 5 - 6:30 p.m.  
Coming Soon...  
June 4, SAP Art Fair Open House  
June 20-24 Vacation Bible School!

### ❖ ST. MATTHEW’S EPISCOPAL CHURCH

Rev. Blair Pogue, Rector 2136 Carter at Chelmsford. [www.stmatthewsmn.org](http://www.stmatthewsmn.org)  
Sundays: 9:15 a.m.: Education for all ages  
10:30 a.m.: Worship with sermon and communion  
Nursery care provided 9:00 a.m. -11:20 a.m.  
5:30 p.m.: Night Prayer with evening meal at 6:30 p.m.

To add your church to the directory, contact Bradley Wolfe at 952-393-6814 or [bradley.wolfe@parkbugle.org](mailto:bradley.wolfe@parkbugle.org)





## L I V E S L I V E D

The Park Bugle prints obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal at [mary.mergenthal@gmail.com](mailto:mary.mergenthal@gmail.com) or call 651-644-1650.

**Virginia Barrick**

Virginia Young Barrick, 99, of St. Anthony Park, died Feb. 15 at the St. Anthony Park Home.

Flora Virginia Young was born in St. Paul on July 24, 1916, to Flora (Ingram) and Frank X. Young.

She grew up in St. Paul and graduated from St. Joseph's Academy in 1933. After graduation, Virginia worked as a secretary at Prudential Insurance Co., where she met Emory V. Barrick. They were married in 1941.

After living in Miami and Tennessee, they returned to St. Paul and bought a house in the St. Anthony Park area and lived there the rest of their lives. Virginia was a full-time homemaker until her six children were grown. She was also an active member of Corpus Christi Catholic Church for more than 60 years.

Virginia was preceded in death by Emory, who died in 1989; her son, William, in 2012; her parents; and her siblings, Eleanor Young, Dorothy (John) Copeland and Robert (Catherine) Young.

She is survived by her daughters, Carolyn, Kathleen (Dennis) Born, MaryBeth (Gary) Englund, Patricia (Fred) Erickson and Barbara (Ray) Forliti; her daughter-in-law, Mary Ellen (Bill) Barrick; eight grandchildren; and eight great-grandchildren.

Her funeral service was held at Corpus Christi Catholic Church on Feb. 22.

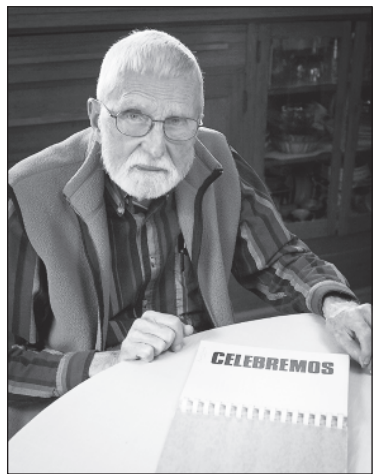
**Robert Burns**

Robert M. "Mickey" Burns, 65, died Feb. 15.

Robert's brave spirit touched the lives of many. He will be greatly missed.

He was preceded in death by his son, Bubba, and his parents, Robert and Gertrude. He is survived by his daughters, Michelle (Paul) Canterbury and Rebecca Bedner; their mother, Mary Anne Burns; and his siblings, Mary Burns (Ron) Samson, John (Janet) and Patrick.

Memorial Mass was held Feb. 23 at the Church of St. Cecilia.



Gerhard Cartford

**Gerhard Cartford**

Gerhard Malling Cartford, 92, a

former resident of St. Anthony Park, died Feb. 8 at home in Minneapolis, with his wife and granddaughter at his side. He was born March 21, 1923, in Fort Dauphin, Madagascar, to Richard and Marie (Mortenson) Cartford.

Gerhard left college in the middle of his sophomore year to serve in the U.S. Army (1943-46). He returned to St. Olaf College after World War II, graduated magna cum laude in 1948 with a bachelor of music degree and then attended New York's Union Theological Seminary, earning a master of sacred music degree in 1950.

After a year as a Fulbright Scholar in Norway, Gerhard worked as an organist and choirmaster in churches in Eau Claire, Wis., and the Twin Cities and at Luther Seminary in St. Paul.

After earning a Ph.D. in musicology from the University of Minnesota, he taught at Texas Lutheran University in Seguin, Texas, from 1961 to 1974. He went on to teach at Luther Northwestern Seminary (now Luther Seminary) in St. Paul from 1974 to 1977.

Gerhard was active throughout his life speaking and writing about worship and music and was published in domestic and foreign journals and books.

In 1958, he helped found the Lutheran Society for Worship, Music and the Arts and later served as the editor of the society's journal, *Response*.

From 1967 to 1978, he was a working member of the Liturgical Music Committee of the Inter-Lutheran Commission on Worship, the select group responsible for the publication of the *Lutheran Book of Worship*. His musical contributions to this book include settings of liturgical texts, psalm tones and a hymn tune.

Gerhard and his wife, Polly, spent time in South America, where he had been invited by the American Lutheran Church in Colombia to help its people contextualize their worship and develop their own cultural resources. Gerhard also worked closely with the national liturgical commissions of Brazil and Argentina, helping to produce provisional worship books in both countries.

He organized the first Latin American Liturgical Consultation, which took place in 1986 in Caracas, Venezuela, and in 1990 he coordinated the worship music for the Eighth Lutheran World Assembly. He also edited its worship book, *Supplement 1990 to Laudamus*, the LWF hymnal.

He retired from full-time work in 1990 but continued to be active in publishing music for worship, most recently serving as the general editor for a 1998 Spanish-language book of worship, *Libro de Liturgia y Cántico*.

Gerhard was preceded in death by his parents, brother Olaf, and sisters Alfa Aaland and Ragna Evenson.

He is survived by his wife, Pauline; three children, Jonathan (Patricia Stein) Escondido, Calif.; Peter of Overland Park, Kan.; and Mary (Eugene Stewart), Denver, Colo.; two grandchildren; and sister, Astrid Blackwell of Bend, Ore.

Gerhard's memorial service was held Feb. 20 at Central Lutheran Church in Minneapolis, with interment at Oaklawn Cemetery, Northfield, Minn.

**Marlys Ferguson**

Helen "Micky" Ferguson, 82, (née Nordstrom) died March 7 after a brief illness.

Micky was born Nov. 28, 1933, to Harrison and Dorothy Nordstrom of St. Paul. She attended school at Nativity and Derham Hall, where she was a member of the class of 1951. After attending the College of St. Catherine, she married and started her family.

Over the course of the next 16 years, she gave birth to 11 children. She raised her family in Roseville and Falcon Heights.

She married Robert Ferguson on July 28, 1984, and enjoyed more than 31 years of happiness and companionship.

Together they valued spending time with their children, grandchildren and many friends. Their favorite pastimes included travel to northern Minnesota and elsewhere, tending gardens at their Falcon Heights home, and attending the Minnesota State Fair, concerts, plays, parades and everything their grandchildren participated in.

She worked outside of the home for many years, eventually retiring from Unisys in Roseville. Along with several close friends, she volunteered at the Dorothy Day Center in St. Paul for many years, and she and Bob volunteered at St. Joseph's Home for Children in Minneapolis.

She was a longtime member of the Church of Corpus Christi in Roseville.

Throughout her life, Micky

showed those around her the power of friendship. She had many lifelong friends, and she continued to make new ones until the end. She was always good company.

She was preceded in death by her daughter Molly Yentes; her parents; and her brother Harry.

She is survived by her husband, Bob; sister, Sandy Guay (John); daughters, Ann Niedzielski (Ray), Kate Andersen (Gary), Sandi Healy-Johnson (Greg), Susan Dolan (Dan), Patty Nielson (Brett Laughlin) and Linda Healy (Randy Anderson); sons, John Healy (Jackie), Steve Healy (Patty), Peter Healy and Nick Healy (Helen); son-in-law Cliff Yentes (Debby); 21 grandchildren; 13 great-grandchildren; six stepdaughters, Susan Ferguson, Anne Ferguson, Mary Post, Jean Evers, Elizabeth [Ken] Hessevick and Patricia Ferguson; and six step-grandchildren.

Mass of Christian Burial was held March 12 at Corpus Christi Catholic Church, with interment at Roselawn Cemetery.

**Janet Keleher**

Janet Louisa Otter Keleher, 96, of St. Anthony Park and Lauderdale, died Feb. 27. She was born April 25, 1919, in Clark County, S.D. She was a proud World War II Navy veteran and founding member of Women Veterans of Minnesota. Her love of plants was shown in that she was a Master Gardener, as well as a volunteer at Como Park Conservatory and Japanese Garden. She was preceded in death by her husband, Joseph. She is survived by her children, Kathy (Tom Kurz), Paul (Barbara), Lou Ann (Greg Tromiczak), Patrick (Suzy), Maria, Frances (Andy) Kantar and Al; 11 grandchildren; and five great-grandchildren.

Her funeral service was held March 3 at St. Anthony Park United

Methodist Church, with interment at Fort Snelling.

**Robert Moore**

Robert L. Moore, 91, of Arden Hills, died Feb. 18.

He was born in Rhinelander, Wis., to Elsa and Lewis Moore. He was a World War II Navy veteran aboard the USS *Trevor*. Moore retired from 3M, where he was a civil engineer.

He will be remembered for his sense of humor, his love of the cabin, Gopher athletics and his family.

He is survived by his wife of 68 years, Patricia Ames Moore; children Bruce (Lori), Doug (Samira), Jim (Carole), Cindy Duddleston (Peter), eight grandchildren and 12 great-grandchildren.

His service was held at Falcon Heights United Church of Christ on Feb. 27.

**Lucy Cutler**

A memorial service for Lucy Janet (Ehrlich) Cutler will be held Sunday, April 24, 1-3 p.m., at Lauderdale City Hall, 1891 Walnut St.

Lucy was born in New York City on April 26, 1943. She died May 2, 2015, in Lawrence, Kan. She had been a longtime resident of Lauderdale.

Online condolences are being accepted at [rumsey-yost.com](http://rumsey-yost.com).



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## School News

*The Bugle welcomes news about students and schools in the area. The deadline for the April issue is Wednesday, April 13. Send your news to editor@parkbugle.org.*

### AFSA Middle School

1435 Midway Pkwy., 612-260-2662  
[www.afsahighschool.com](http://www.afsahighschool.com)

### Open house March 31

The Academy for Science and Agriculture (AFSA) Middle School will host an open house Thursday, March 31, from 4 to 7 p.m. AFSA Middle School is a public charter school for grades 5-8.

### Chelsea Heights Elementary

1557 Huron St., 651-293-8790  
[www.chelsea.spps.org](http://www.chelsea.spps.org)

### Fundraiser at Gabe's April 16

A silent auction to benefit Chelsea Heights will be held Saturday, April 16, at 5:30 p.m. at Gabe's in the Park, 991 N. Lexington Parkway.

Local businesses, Chelsea Heights families, teachers and staff have donated more than \$10,000 in packages and items so far. All proceeds benefit Chelsea Heights.

This event is open to the public so come out and enjoy food,

### Como Park Senior High

740 Rose Ave., 651-293-8800  
[www.comosr.spps.org](http://www.comosr.spps.org)

### Choir sings with VocalEssence

Como Park choir students participated in a special concert with the Minneapolis group VocalEssence on Feb. 22. VocalEssence director G. Phillip Schoultz III led selected students in a concert at Como with members of VocalEssence.

The relationship between Como instructor Carole Whitney's choir program and Schoultz's renowned group is based on the VocalEssence Talented Tenth Apprenticeship Program (TTAP). TTAP is founded on the W.E.B. DuBois theory that if you train one-tenth of any population, the talent will work its way through the entire group.

Students selected to participate were Andrew Cardoza, Raphael Forrest, Jacoria Layrock, Natalie Moua, Justine Sanchez, Ethan Wesby, Nasue Xiong and Titi Yusuf. An enthusiastic and appreciative audience of other choir members and students from other classes gave rave reviews of the performance.

The choirs will host their next full concert in the Como

United for the May 14 game. AOF students and Como soccer players will be guests of the team.

The team is partnering with Como to provide service and employment opportunities, support existing programs, and potentially develop internships.

### Seniors go to Washington

Seventeen seniors studying AP Government and AP Macroeconomics recently returned from a unique and powerful experience in Washington, D.C. The students were part of the national Close Up program, which promotes civic engagement and uses the capital as a living classroom. Students visited monuments, memorials, the Smithsonian, Supreme Court, U.S. Capitol and prominent Washington neighborhoods. They had meetings with their senators and congresswoman on Capitol Hill and throughout the week discussed policy issues with professionals and political experts while interacting with peers from across the nation.

### Spanish Day at Chelsea

Como Park Spanish students hosted Spanish Day for second-graders at Chelsea Heights Elementary on

is \$8 for adults, \$5 for children and \$25 for families. Children under 2 are free.

For more information or to donate to the event's silent auction, contact Pam Weber, [pweber@mdsmn.org](mailto:pweber@mdsmn.org).

The Metro Deaf School is a charter school for Deaf and hard-of-hearing children in pre-school to grade 12.

### Murray Middle School

2200 Buford Ave., 651-293-8740  
[www.murray.spps.org](http://www.murray.spps.org)

### Science fair winners announced

Thirty-nine Murray students and 13 students from Como Park Senior High participated in the Twin Cities Regional Science Fair (TCRSF) held in the University of Minnesota on Feb. 26. The Murray students qualified for the TCRSF by competing in the Murray Science Fair on Jan. 12. The Como students either completed their projects over the summer at Wolf Ridge Environmental Learning Center through the Murray Environmental Inquiry Immersion class or through the new science club run by teacher Kathy Kahn new to Como this year.

The following students qualified for the Minnesota State Science Fair and many of the Murray participants received awards. The MN State Science Fair will be held on April 3, 4 and 5. Advancing to state are Janey Post, Lucy Black, James Carlson, Olivia Ahrens, Nora Thomey, Mason Salverda, Maasia Apet and Charlie Rogers. Alternates are Amelia Moseman and Claire Olson. Award winners are Maeli Englemann, American Meteorological Society; Olivia Ahrens, Anna Gaudio, James Carlson, Lucy Black, Janey Post, Charlie Rogers and Mason Salverda, Broadcam Masters; Nora Thomey, Sawyer Wall and Phelameena Lee, East Side Science Club Alumni; Will Altman, Twin Cities Regional Science Fair Excellence; Janey Post and Olivia Ahrens, Graduate Women in Science; Bridget Lee and Charlie Rogers, Integrated Approach to Science; Lucy Black and Kyra Underbakke, ISEF Alumni Award; William Gray, Minnesota Astronomical Society; Jillian Brenner, National Oceanic and Atmospheric Administration; Nick Jacobson, Radio City; Charle Rogers, Midway Party Rental; Lucy Black, U of M School of Social Work Research for the Common Good; and James Carlson, U.S. Navy/Marine Office of Naval Research.

### Murray students head to Regional History Day competition

The following students qualified for History Day Regionals 2016:

Those who won the school competition for individual exhibits are Jillian Brenner, Kendall Ross, Olivia Barnes, Mikaela Brady, Taylor Fairbanks, Analigia Batres-Pearson, Isaac Vu, Margaret Mosbeck-Morrison, Bill Lancman and Ida

Smith.

Group exhibit winners are Gelila Woldemariam and Nantale Bagurusi, Livia Havens and Caroline Gauthier, Leandra Dahlke and Elena Purcell, Lucy Hebble and Claire Fortier, Peter Wenger and Alex Miller, Sunni Berg and Eloise Rein, Arianna Kendall and Emma Luchsinger, Gavin Dobson and Aiden Batchelor, and Dylan Aarness and Joseph Hoang.

Individual documentary winners were Mira Seeba, Janey Post, Amira Boler, Madison DeGaetano, Robel Hayelom and Isabella Shapland.

Group documentary winners are Lily Barnes and Amelia Schucker, Lily Klett and Amelia Christ, Justine Wulff and Mary Holm, Anais Sax and Ong Vang, Tana Ososki and Emma Parker, and Mabur Bility & Eryka Edmond.

Individual performance winners are Amelia Moseman, Nora Thomey and Maddie Neal.

Group performance winners are Fiona Blank and Anna Gaudio; Bridget Lee, Claire Driscoll and Fiona Jaurez-Sweeney; Ruby Kosiak and Emilie Hanson; Lila Seeba, Emilie Pagel and Dina Thoresen; and Tess Turnure and Audrey Digirolamo.

Individual website winners are Wyatt Hanson, Bailey Huepenbecker, Sam Skinner, Latrese Johnson, Soren Sackreiter, Sam Holm and Chittra Xiong.

Group website winners are Sami Banat and Olivia Ahrens, Isa Andres and Stella LaCroix-Dalluhn, James Carlson and Sophie Kelly-Waldon, Kiersten Howatt and Lily Gordon, Dobry Kruszka and Kaellyb Sears, and Lay Kler Say and Sebastian Zarkower.

Those who won for papers are Audrey Power-Theisen, Aidan Reynolds, Ian Brudnak-Voss and Ethan Mills.

### St. Anthony Park Elementary

2180 Knapp St., 651-293-8735  
[www.stanthony.spps.org](http://www.stanthony.spps.org)

### DI teams head to state

Four of the 10 St. Anthony Park teams that competed at the regional Destination ImagiNation tourney at Harding High School March 12 are heading to the state tournament at Champlin High School April 9.

The winning teams are Cuddlesfish Croissantz (Oliver Pletch, Levi Nichols, Charles Wriedt, Molly Clement, Gustavo Juarez-Sweeney, Maggie Fuller and Caitlyn Coyle), Six Hovering Noodles (Kevin Torstenson, Emerson Spencer, Katherine Kozak, Liam Schwie, Greta Berg and Adam Gaudio), Mystery Making Machines (Hemetii Apet, Lydia Westerlund, Violet Eicher, Graham Whitney, Pia Banat and Emelia Philips) and Mischief Managed (Siri Pattison, Ella Prasch, Alice Wagner-Hemsted, Ashley Hartwich, Niki Ruddy and Maia McKane).



Students in Eric Erickson's AP Government and Politics classes at Como annually travel to Washington, D.C., as participants in the national Close Up program. The students are pictured with Sen. Al Franken in the Hart Senate Office Building on Capitol Hill.

beverages and entertainment from local musician Paul Seeba while bidding on awesome auction items. There will also be a 50/50 Raffle and Wine Pull. Tickets are \$15 per person and include food and one beverage. Tickets can be purchased at the door.

### And the plot thickens . . .

Seven Destination ImagiNation teams from Chelsea Heights competed at the regional tournament at Harding High School on March 12.

Chelsea Heights' fifth-grade team the Plot Thickens won both the Renaissance Award and first place for their performance in the Get a Clue Challenge. They are advancing to the State Tournament on April 9 at Champlin Park High School in Champlin.

Auditorium on Monday, March 28, at 7 p.m.

### Variety show on March 24

The Tri M program, Como's musical honor society, will host its annual variety show on Thursday, March 24, at 7 p.m.

### United Soccer partners with AOF

The Academy of Finance (AOF) has a new partnership with Minnesota United soccer team, which will make the Midway its home after the completion of a new stadium on Snelling and University avenues. AOF is a small learning community that gives students an opportunity to study accounting, international trade, business leadership and technology in preparation for college and careers in the financial services industry.

Teacher Kris Somerville has coordinated "Como Night" with

March 8. Como students prepared fun lessons that incorporated learning numbers, colors and storybook vocabulary.

### 'FUN'raiser was fun!

The Como Park Booster Club held its second annual "FUN"raiser at the Urban Growler on March 6. Owners Deb Loch and Jill Pavlak provided the perfect venue for the event in south St. Anthony Park. Nearly 200 boosters helped raise funds for Como arts, athletics and clubs.

### Metro Deaf School

1471 Brewster St., 651-224-3995  
[www.mdsmn.org](http://www.mdsmn.org)

### 22nd Annual Spaghetti Dinner

The Metro Deaf School will host its 22nd annual Spaghetti Dinner Fundraiser and Silent Auction on Friday, April 22, 4:30-7:30 p.m. Cost





## CPHS Cougar Sports



## Murray Pilots Sports

by Eric Erickson

*Eric Erickson highlights Como Park Senior High School and Murray Middle School athletics.*

### Como Park Cougars

**Girls basketball**—Senior all-state guard Andrayah Adams, who is headed to St. John's in New York on a full-ride scholarship this fall, led the Lady Cougars and the state in scoring. Como repeated as the St. Paul City Conference champion, earning the outright title with a 12-0 conference record. They handily defeated every conference opponent twice and played through a challenging nonconference schedule that helped raise their profile and earn a No. 3 state ranking by the end of the regular season.

In post-season play, the Lady Cougars won the Twin Cities Game over Minneapolis Southwest. They then advanced to the state tournament after winning the Section 4AAA Championship (see story on page 1).

**Girls hockey**—Several Como hockey players had key roles on the St. Paul Blades, which is a cooperative program for Como, Central, Highland, Great River and Nova. Coach Ryan Paitich said the team improved significantly, notching five more victories than a year ago. The team's motto was "outwork." The Blades' put an emphasis on outworking their opponents, and it showed with spirited effort and determination. The Blades swept the season series against Minnehaha United to win the inaugural Twin Cities Cup.

**Gymnastics**—Coaches Jill Bachmann and Marv Rouse led each gymnast to improvement. Josie Schermerhorn began the year as the only Como gymnast able to compete in the all-around. By the end of the season, five Como gymnasts had gained the skills needed to compete in the all-around, which includes the uneven bars, vault, balance beam and the floor exercise.

Patsy Thayieng, Taylor Owens, Kamaria Bradford, Lizzie Larson, and Rachel Ruskin were all team leaders. Schermerhorn was the MVP. Larson won the award for Hardest Worker and Best Attitude, and Bradford was voted Most Improved.

**Nordic skiing**—The boys and girls teams trained together throughout the season, with differentiated training methods based on ability and experience. Each skier improved his or her fitness and race times during the course of the season. The boys were led by senior Tuomas Sivula. The girls were led by senior Ellie Thorsgaard.

The Cougars participated in the prestigious Mesabi Invite up north at Giants Ridge before preparing for the city and section meets. Participation in the program was healthy with 25 skiers.

**Wrestling**—Sophomore Corey Guenther added to the Como

wrestling legacy by qualifying for the state tournament at the Xcel Energy Center. After winning the Section 4AA Championship in the heavyweight division, Guenther did not advance at state, but gained valuable experience and concluded his season in the arena where every wrestler wants to be.

Sophomore Andrew Barnard earned All-Conference at 138 pounds, along with Guenther at heavyweight. Coach Tijl van der Wege says the future is bright, with a team that features a critical mass of freshman, including Raymond Chester who placed sixth in Section 4AA at 152 pounds.

**Boys hockey**—The Como Cougars are a co-op team with Central, and the combination of players from both schools meshed seamlessly to play with unselfish unity. Coach David Bakken said the team worked hard in the weight room and on the ice. Senior leadership was strong.

Seniors who earned the coveted team awards include: Ian Tully for Best Practice Player, Locker Room Leadership and Strongman; Patrick Kolias for Most Improved; Sebastian Tippet for Most Effective Player; Kevin Smith for the Kevlar Vest Award for most blocked shots; Matt Hageman for the Iron Throat Award for craziest blocked shots; and Truman Emmings for a Strongman Award.

**Boys basketball**—Senior Demetrice Mitchell led the team in scoring again this season. He passed the 1,000-point mark for his high school career during the season and ended up with an average of 23.8 points per game. He was fourth in the state for total points scored.

The Cougars were tied for fourth place in the city and recorded a victory over conference co-champion Central, while also played two highly competitive, tight games against Johnson, the other co-champion. The Cougars' defense was upgraded with the instruction of coach John Robinson.

**Boys swimming**—As previously reported in the Bugle, the young and promising swimmers posted a third-place conference finish. Freshman Josef Miller swam an excellent race in the 50-yard freestyle at the Section 4AA meet, just a half-second shy of qualifying for state.

Miller and junior co-captain Joe McCune-Zierath earned St. Paul City All-Conference status. Honorable mention was earned by sophomore co-captain Cole Napierala, sophomore Jared Czech, and freshman Frank McGuire.

### Murray Pilots

**Wrestling**—With a deep roster of hard workers, 19 Murray wrestlers placed in the top five of their weight

class at the city meet. Coach Kirby Scull stated that was the highest number in the last five seasons.

Jessie Nelson, Ethan Mills and Dao Yang each finished second in their weight class. Feilong Lee and Pedro Acosta were city champions of their respective weight classes. Lee, Yang, and Simon Heck wrestled all three years at Murray and were commended for their commitment. Overall, the team finished in third place.

**Girls basketball**—The Pilots were undefeated in the regular season and finished at the top of the conference. The team improved dramatically

from last season, winning five more games than they did last winter.

Coach Brian Pearson commented that the girls practiced with diligence and consistently stayed later than official practice times in order to improve their skills. The city championships were led by Demya Riley, Dinnea Riley, Hannah Hausman, Jada James and Kamora Shambley.

**Boys basketball**—As the Bugle went to press, the team was in second place in the city conference with a record of 10-1 and on pace to play in the City Championship game. The boys have been working hard and are

blessed with talent. The team has two highly dynamic players in Amari Carter and Drew White. Both are able to dunk the basketball with ease, which is quite rare for middle school basketball.

**Spring sports**—Baseball, softball, badminton and track begin practice on March 28!

*Eric Erickson is a social studies teacher at Como Park Senior High School and a longtime coach of school and youth sports in St. Paul.*

### Como girls from 1

reality was sinking in at school the day after the big win, as Adams found herself being congratulated all day.

"I was tired and sore, but happy and just sort of in a daze last night and this morning," she said.

When asked to look back and break down the DeLaSalle game, she was quick to credit her teammates. "Every single one of us came to play, and we all did everything we could to win the game and get where we are now," Adams said.

In addition to Andrayah, the starting line-up for the Cougars features junior Asiza Shepherd, sophomores Makayla Van Nett and Raiyne Adams, and freshman Elaina Jones. Adams elaborated on their contributions: "Makayla had a steal and hit a clutch three when we needed it. Elaina was really tough on the boards. Raiyne is tenacious on defense consistently, and Asiza is always strong."

The full varsity team roster also includes Bekah Hausman, Aazhra'rae Jackson, Autumn Tucker, Ali

Goodale, Zarina Sementelli, Emely Inoa, Leslie Roberson, Sydney Jackson and Afiya Ward.

John Robinson was one of several happy Como educators cheering on the team at the section championship game, and the first to congratulate Adams with a big bear hug. Robinson coached the Lady Cougars for seven years, culminating in Como's first-ever St. Paul City basketball crown in 2015 before taking over the Como boys team this year.

This history-making 2016 Como girls team was led by first year head coach Alexis Gray-Lawson and her assistant coaches LaToya Turk, Alex Moore and Brian Pearson.

Gray-Lawson is a former WNBA player, who also played professionally in Europe. Her basketball acumen is extremely high, but the knowledge she passes on to her players is not limited to the X's and O's of the game.

Gray-Lawson, called "Coach Lex" by the girls, has instilled and modeled service to her players. She

and her staff serve the community and school by supporting the team academically and emotionally. The coaches expect academic responsibility and good citizenship, but also spend time with the girls tutoring and working through challenges, as well as bonding through events and activities filled with jokes and laughter.

In turn, the girls willingly work on the court and in the classroom. Coach Lex said the team's greatest strength is belief. They believe in themselves. They believe in each other. They believe in using their gifts and talents as best as they can to maximize their time together.

This season that time together extended into late March, into the final days of the high school basketball calendar. The season concluded at the state tournament, a destination that transformed dreams and belief into reality and pride. Pride for the team, and pride for the Como Park Senior High School community.



### Curtain call

The opening night and full run of Murray Middle School's spring musical, "The Lion King, Jr." were a great success. The acting and singing talent of the cast, paired with student-created props and the guidance of all the adult artists made for an experience that was not your typical Lion King experience. Pictured here is the cast from the play, which was held the weekend of March 11-13.



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## Business News

# Meal service company does all the prep and you just do the cooking

By Judith Sims

Tara Thompson is a supertaster.

She can tell if the ice cream was stored next to garlic bread in the freezer case. She can taste and identify additives and preservatives in bread. She knows if the nuts you're serving are rancid and which stage of rancidity they're in. And that's why, she says, the food she offers in her new business venture, Dinnerbella, is fresh and flavorful.

Dinnerbella is a meal service company that Thompson, of St. Anthony Park, is launching this spring.

"The food is going to be family friendly and easy to do, but a little bit beyond the basics," she says. "It's not going to be tuna hot dish, it's going to be Butter Chicken with Basmati rice and a little spice but not too much heat, or Hamburger Sliders with buns baked that day at the New French Bakery. Bread has to taste right. It'll be well-liked flavors in classic dishes from various regional and ethnic cuisines."

Thompson got the idea for Dinnerbella while working full time as a teacher.

"I would come home from a long day just frantic to have a homemade meal with my family, with everyone eating well," she said. "That was important to me. I thought, 'If somebody would just do all the planning and put the ingredients together, I could come home and put it together.' I love cooking."

She kept hearing from parents at the schools her three children attend that they, too, wanted an easy option for a home-cooked meal and were tired of struggling with the perennial "What's for dinner?" So Thompson has been experimenting with a meal plan of three dinners a week, delivered in a cooler, with ingredients measured and labeled.

She's fussy about food and its



Tara Thompson launched Dinnerbella this spring.

affordability, which means she'll drive to a food store in Bloomington that's having a sale on organic chicken breasts.

Thompson's supertaster talents got her work as a flavor consultant with General Mills where, in addition to testing products for flavor, texture and aroma, she specialized in food storage and baked goods. A personal interest in sustainability led her to recyclable packaging. Thompson's other interests—notably an obsession with TV cooking shows and food magazines—yielded great time-saving techniques that simplify cooking. And so Dinnerbella was launched.

But not everyone loves to cook. So Thompson is experimenting with offering the

ultimate convenience: food packaged in a liner that can be put in a crockpot.

Thompson has been marketing her business on Facebook and through word of mouth. As her business model evolves, she is brainstorming ways to accommodate customer requests for gluten-free, dairy-free or vegetarian options.

Her goal is to grow a group of regular subscribers in the area, but in the meantime, learn more at [Facebook.com/dinnerbella](http://Facebook.com/dinnerbella) or email [Thompson\\_email@dinnerbella.com](mailto:Thompson_email@dinnerbella.com).

*Judith Sims is a writer and educational media producer who lives in St. Anthony Park.*

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## Earth Day celebration aims to help people connect to trees and earth

St. Anthony Park resident David Nelson is inviting the public to join him in a free Earth Day celebration at Langford Park at 10 a.m. Saturday, April 23.

Nelson says he travels around the world teaching people how to connect more deeply with nature and "will show anyone who wants to meet by the horseshoe pit on the 23rd, how to connect with trees and the earth in a profound and fun way. All ages are welcome."

Nelson advises participants to dress in layers as they will be practicing leaning and sitting against trees, laying on the earth on a blanket and walking barefoot. A daily practice of being in nature "watching the birds and squirrels and feeling the sun and the wind . . . will change your life," he says.

You can learn more about Nelson at [www.earthmentor-davidnelson.com](http://www.earthmentor-davidnelson.com).



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# New and improved Mim's Cafe coming this spring

By Alex Lodner

In 1996, Mahmoud Shahin and his older brother bought Lori's, a laidback coffee house at the edge of the University of Minnesota's St. Paul campus. Soon, his brother went back to his home in the Middle East, and when the rest of the building went on the market, Shahin, a former teacher, bought the whole shebang.

He set out remodeling the upstairs apartments and figured it would take him another couple of years to complete the rest of the building. That was in 1999, and the building, on the corner of Cleveland and Buford avenues, is still in a constant state of improvement.

"I never like to make long-term plans," said the industrious Shahin with a smile. But he does have plans for a new-and-improved Mim's, the Middle Eastern cafe he now runs in

the building.

Big plans.

Mim's is known around the neighborhood as a comfortable place where students and locals enjoy some of the most authentic hummus, baba ganoush and falafel in town. They proudly serve made-from-scratch shawarma, which Shahin suspects is a rarity in the Twin Cities.

"At lunch, around 50 percent of our customers are from campus, and we offer them a variety of options like burgers and burritos along with the Middle Eastern specialties," Shahin explained. "But at dinner, people come in from all over for the specialties."

Under the new plan, Lori's Coffee House will return to its corner spot at the north end of the building, while the room next to it will become a common space for both the coffee shop and the restaurant. Mim's

Middle Eastern cuisine will be served in the next room, which will be outfitted with a greatly extended new kitchen. The space currently occupied by Mim's will become a pizzeria that will also serve a variety of fried items like chicken.

Got all that?

Both restaurants, as well as the coffee shop, will operate under the Mim's umbrella. Shahin also hopes to add weekend hours and expand Mim's catering business.

Construction has been underway for a while, and Shahin is aiming for completion in early April. Until then, both Mim's and Lori's is open and serving customers at its usual hours.

*Alex Lodner writes about food and community news from her home in Como Park.*



Mahmoud Shahin will be adding a pizzeria to his building at the corner of Cleveland and Buford avenues. Photo by Kristal Leebrick

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## Bonnie's from 1

with checked tablecloths, straight-backed wooden booths, and a well-thumbed stack of today's papers waiting on the counter.

"For her it was a dream come true; it was not work to her," Moosbrugger said. "Every single person meant as much to her as any other. She worked so hard, and she had no idea what she created. A lot of the attention she got was unfortunately after her death. So many people have cried because of the legacy, and they kept [coming to the] café as a way to hang on to her. This is my connection to my mom."

For decades the café has shared its building with the bar next door, first called the Ace Box bar and now the Dubliner, an Irish bar. The two joints have shared a delicate night-and-day relationship, "a bit like a roommate" according to the café's chef, Chris Johnson, especially since many of Bonnie's employees have been in recovery over the years. But it's always seemed amicable; on St. Patrick's day Bonnie's would provide hundreds of corned beef sandwiches for Dubliner's back-tent revelers.

Bonnie's lease ran out last year and Moosbrugger recently learned that owner M&J Enterprises would not be renewing it. Instead, the Dubliner will be expanding into Bonnie's space as early as this summer.

Originally Moosbrugger had thought she could keep the café open until April and planned celebratory events and a memorabilia garage sale. Then, in the second week of March, she learned they only had until Sunday, March 13, to get out. That date changed again. For now, it looks like March 26 will be Bonnie's last day.

"It isn't about me, because I'm a damn good cook, but it's about the regulars," said Johnson, who cooked

and managed Bonnie's for years. "It's been a 39-year run, a legacy of Bonnie's that Becky's tried to carry out.

"But where are the regulars going to go? We are their comfort zone. Where are they going to find the love and grace of all of us that serve them here? It's sad, but it's business."

The end of the Bonnie's era might be a sign of a changing neighborhood, as marginal industrial properties like the nearby Vandalia Tower transform into creative-class offices or apartments aimed at younger demographics. When Bonnie's closing was announced on the Internet a month ago, the news quickly spread around the country because, for years, the city's truckers made the café a haven. During light-rail construction, workers would eat at the counter and around the small tables stacked with hard hats.

Choking back emotions, Moosbrugger insisted on one thing. She wanted the last meal at Bonnie's to be enjoyed just as her mother would have wanted. Bonnie used to say a little prayer with each meal she sent out to the tables, and there was an almost spiritual feeling in the air during the café's last month.

"I want everyone to know that I did not give up, that I did everything I could," Moosbrugger said just days before closing. "I will walk away with a broken heart but with pride knowing that I lived up to her standards and her reputation to the bitter end."

"With the help of our phenomenal staff we will serve our final meal like she did her first. There might be a tear in that last bowl of soup, but it will be served with grace, love and dignity."

*Bill Lindeke is an urban geographer and writer living in St. Paul.*