



## One happy ending

Residents at Como by the Lake celebrate new owners

**Page 8**



## Hollywood Court

Don't blink, or you will miss this hidden Falcon Heights neighborhood.

**Page 9**



## Don't forget...

...to look in on your neighbors.

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# Bugle

St. Anthony Park / Falcon Heights  
Lauderdale / Como Park

[www.parkbugle.org](http://www.parkbugle.org)  
February 2016

## Old King Koil factory is still a dreamland

*By Judy Woodward*

**I**t used to be a mattress factory, so you might say that the building at 550 Vandalia St. at the edge of south St. Anthony Park has always been in the dream business. These days, though, the old King Koil factory is fostering the kind of dreams that emerge when young entrepreneurs and artists stay wide awake.

Under the leadership of the First & First Developers of Minneapolis, the renamed Vandalia Tower campus is becoming a hive of activity for arts-related and creative businesses in the area's burgeoning Creative Enterprise Zone. Vandalia Tower already numbers more than 40 tenants, and the presence of the Green Line Light Rail continues to provide impetus for further development.

Two of the anchor tenants in the Tower are Lake Monster Brewing and the Independent Filmmaker

Project Minnesota (IFP MN). Matt Zanetti, director of operations at Lake Monster, which opened its taproom to the public in December, says they looked at "maybe 50 different sites" before he and his partners settled on Vandalia Tower.

"This place had all the attributes we were looking for," he says. "Great

aesthetics with the original brick walls and the polished cement floor, lots of space," including easy parking and a 1,500-square-foot patio that they plan to put to good use in warm weather. And, of course, "location," by which he means proximity to both I-94 and the Green Line.

"Our customers can enjoy themselves and then take the train

safely home," Zanetti jokes.

Lake Monster currently offers seven hand-crafted beers on tap. Their Empty Rowboat IPA is the most popular brew, but Zanetti reports that Last Fathom Dark Lager has been moving up fast ever since it was named "Beer of the Week" by

**Vandalia Tower to 12**

## Public hearing will address zoning changes along St. Paul's Green Line

*City wants to allow accessory dwelling units along Central Corridor; St. Anthony Park Community Council supports local ADU Task Force recommendations.*

*By Kristal Leebrik*

The City of St. Paul Planning Commission will hold a public hearing Friday, Feb. 5, at 8:30 a.m. at City Hall, 15 W. Kellogg Blvd., to discuss zoning changes that would allow accessory dwelling units (ADUs) to be built on single-family lots in neighborhoods one-half mile north and south of the Green Line Light Rail. That includes south St. Anthony Park.

ADUs are separate living quarters added to the back or inside of a house, over a garage or built as freestanding structures.

The public hearing comes just as the St. Anthony Park Community Council's ADU Task Force presented its yearlong study of the issue to the council in January. The council's Land Use Committee created the task force to review ADUs and make a recommendation as to whether or

not they are appropriate for the entire St. Anthony Park neighborhood.

The group studied ADU ordinances in other cities, and after two public meetings and two public commentary periods, the task force recommended that only internal and attached ADUs be allowed in the district and that they be owner-occupied "with clear, reasonable enforcement provisions for verifying owner occupancy." Detached ADUs would not be allowed in the task force's recommendations.

The recommendations were presented to the District 12 Community Council on Jan. 14. The council voted to send a letter to the St. Paul City Council and Planning Commission endorsing the St. Anthony Park ADU Task Force's recommendation for consideration of a citywide ADU ordinance outside the transit corridor. The

council also voted in favor of sending a letter to the city's Planning Commission in support of the draft ordinance establishing ADUs as a permitted accessory use along the Green Line.

You can read the St. Anthony Park ADU Task Force's entire recommendations at sapcc.org. A

copy of the city's proposed zoning changes can be found at [www.stpaul.gov/departments/planning-economic-development/planning/current-activities](http://www.stpaul.gov/departments/planning-economic-development/planning/current-activities).

Scroll down to "Green Line Accessory Dwelling Unit Zoning Text Amendment."

## Post office to move into Eyedeals space

The U.S. Postal Service (USPS) will relocate the Como Avenue branch post office to the former Eyedeals storefront at 2309 Como Ave., but the timeline for the move has not been determined. The goal is to open the post office by late June or early July, according to USPS spokesperson

Pete Nowacki.

The USPS closed the Como Avenue post office at 2286 in November. The post office had been in the building since 1970. Frattalone's Ace Hardware has bought that building and is planning to open a hardware store in March.

## C I T Y F I L E S

**Como Park**

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Contact 651-644-3889 or [www.district10comopark.org](http://www.district10comopark.org).

**Music Under Glass offers music Sundays through February**

Como Park's Marjorie McNeely Conservatory is hosting "Music Under Glass" featuring local musicians on Sundays, 4:30-6:30 p.m., through February. The concerts take place in the sunken gardens at conservatory and beer, wine and snacks are available for purchase. The concerts are free. February's schedule includes:

**Feb. 7:** Katy Vernon Trio

**Feb. 21:** Erik Brandt and the Urban Hillbilly Quartet

**Feb. 28:** The Hobo Nephews of Uncle Frank

**Falcon Heights**

The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpenteur Ave. Contact 651-792-7600 or [www.falconheights.org](http://www.falconheights.org).

**Winterfest!**

The City of Falcon Heights annual winter get-together, Winterfest!, will

be held Sunday, Jan. 31, 1-4 p.m. at Community Park, 2050 Roselawn Ave. Activities will include hayrides, a falcon hunt, snowshoeing, and other indoor and outdoor fun. The city will also have some snacks and warm beverages available for attendees.

**Learn about the Good Acre**

Are you interested in fresh produce? Supporting small local farmers? Community cooking classes? Or you simply want to know what's going on inside that new building on Larpenteur Avenue?

Come to Falcon Heights City Hall, 2077 Larpenteur Ave., on Monday, Feb. 22, at 7 p.m. to hear Good Acre executive director Rhys Williams and CSA director Sarah Libertus talk about the Good Acre's mission and how you can participate through its CSAs, farmers markets and cooking classes.

The Good Acre is a nonprofit food hub providing small immigrant and underserved local farmers with a facility for warehousing, packing, cleaning and storing produce as well as a classroom and teaching kitchen that will be open to the community.

Williams has an extensive background in all areas of food production. He began farming apples and pears on the East and West Coasts before landing in southeastern Minnesota as a partner

in Featherstone Fruits and Vegetables, an organic produce farm, where he worked for 11 years. He then moved to Minneapolis where he was a buyer for certified organic wholesale distributor Co-op Partners for seven years.

Williams has been on the board of the Land Stewardship Project, Home Grown Minneapolis and worked in Washington, D.C., as a USDA grant reviewer on community.

The Feb. 22 event is co-sponsored by the Falcon Heights-Lauderdale Lions Club and the cities of Falcon Heights and Lauderdale.

**Lauderdale**

The Lauderdale City Council meets on the second and fourth Tuesday of each month at 7:30 p.m. in Lauderdale City Hall, 1891 Walnut St. Contact [www.ci.lauderdale.mn.us](http://www.ci.lauderdale.mn.us) or 651-792-7650.

**Free Fix-It Clinic Jan. 30**

Have broken stuff lying around? Don't trash it—fix it! Bring in your small household appliances, clothing, electronics and more to Lauderdale City Hall, 1891 Walnut St., Friday, Jan. 30, 1-4 p.m., to help you disassemble, troubleshoot and repair your item. Fix-It Clinics are family-friendly events organized by Ramsey County Public Health. First come, first served. Items must be carried in; no oversized items are allowed. Please bring any tools that might be helpful to fix your item.

**St. Anthony Park**

The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at Jennings Community Learning Center, 2455 University Ave. To find when council committees meet,

go to [www.sapcc.org](http://www.sapcc.org) or call 651-649-5992. The council offices are now located at 2395 University Ave., Suite 300 E.

**SAP Community Council says goodbye to 890 Cromwell Ave.**

The St. Anthony Park Community Council is moving out of South St. Anthony Recreation Center at 890 Cromwell Ave to an office space above Workhorse Coffee Bar on the third floor of 2395 University Ave., Suite 300 E.

The council will be in the new office on Monday, Feb. 1.

The location is just steps away from Jennings Community Learning Center, where the council is now holding its Land Use Committee and board meetings.

**SAP progressive dinner is Feb. 27**

The 30th annual St. Anthony Park progressive dinner will be held

Saturday, Feb. 27.

The fun, food and neighborliness will begin with appetizers at 5:30 p.m. at St. Anthony Park United Methodist Church, 2200 Hillside Ave. Then diners will fan out across the neighborhood to partake in a series of salad, dinner and dessert courses hosted at the homes of progressive dinner participants.

For more information and participant registration, go to [www.sapcc.org/event/sap-progressive-dinner](http://www.sapcc.org/event/sap-progressive-dinner) or send an email to [progressivedinnersap@gmail.com](mailto:progressivedinnersap@gmail.com).

**New board members**

Charlie Christopherson and Max Herzberg have joined the community council. Christopherson will represent the north side of the neighborhood and Herzberg will represent the south.

**Black Lives Matter topic of series at Roseville Library**

It's been called one of the most vibrant protest movements in recent history, and it's attracted its share of critics as well. Join Macalester professor Duchess Harris as she talks about the historical roots of the Black Lives Matter movement in the three-part series, Black Lives Matter: A Movement in Context, at Roseville Library, 2180 N. Hamline Ave., in February.

The series will be held on three consecutive Tuesdays, Feb. 2, 9 and 16, at 12:30 p.m. The series is free and no registration is required.

The schedule is listed below:

**Feb. 2**—Part I: Reconstruction to Brown v. Board of Education.

**Feb. 9**—Part II: Civil Rights to the Clinton Administration

**Feb. 16**—Part III: Black Lives Matter in the Age of Obama

A compelling speaker as well as a ground-breaking scholar, Harris is the author of the new book, *Black Lives Matter*, published by Essential Library. The series is co-sponsored by the Osher Lifelong Learning Institute of the University of Minnesota with financial support from Minnesota's Arts and Cultural Heritage Fund.

**Call for artists**

The St. Anthony Park Arts Festival is accepting artist applications for the 47th annual event, to be held Saturday, June 4, at the corner of Como and Carter avenues in St. Paul.

The festival includes more than 70 juried artists, music, food, activities, a plant sale and a used book sale. All proceeds support programming at the St. Anthony Park Library.

Applications will close March 4. Artists can apply at [www.sapfest.org](http://www.sapfest.org).

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# Falcon Heights park flood-mitigation project awarded

By Roger Bergerson

The City of Falcon Heights recently received a 2015 Watershed Steward Award for its efforts to mitigate flooding in Curtiss Field park.

The recognition came from the Capitol Region Watershed District, which also collaborated on the work in the park, located southeast of the intersection of Larpenteur and Snelling avenues.

"It was truly an honor to be named Partner of the Year by the Watershed District," said Falcon Heights Mayor Peter Lindstrom. "This was an excellent example of two agencies working well together for the benefit of the public."

The Watershed District is a unit of local government with the mission of managing and protecting the Mississippi River Basin, as well as the bodies of water within its jurisdiction that drain into it. That includes trying to restore as much of the natural hydrological cycle as possible, getting rainwater into the ground rather than running off.

"There is never an absolute solution to flooding," said Bob Fossum, engineer with the Watershed District and manager of the Curtiss Field project. "We can't totally eliminate it, but we can greatly

reduce the likelihood, the area of inundation and the duration of the event."

Curtiss Field gets its name from Curtiss Northwest Airport, the flying field that operated on the site in the 1920s. At that time, the airport's manager described the field as level, and an aerial photo from 1919 confirms that assessment.

By the 1950s, however, there had been dredging to handle rain runoff as Snelling was widened and residential and commercial development boomed. The lowest area on the site became known as "The Hole," an informal recreation spot that included a pond that collected storm water. Without an outlet, the pond could lose water only through evaporation or seepage into the ground.

In 1991, a grant from the State of Minnesota was used to create a formal park and enlarge the pond in an effort to deal with the flooding that was becoming increasingly common.

It was the first of several such attempts, none of which were successful. After one particularly heavy storm, two homes on the south side of the park came close to being inundated, a city building in the park was flooded and there was

also a safety issue, because the unfenced area remained under water for many hours.

Falcon Heights officials already had worked successfully with the Watershed District and asked for its help again.

A feasibility study was conducted and the solution chosen was installing 390 feet of 10-foot perforated pipe beneath the surface of the parkland. Overflow from the pond and storm water feeds into the pipes and subsequently percolates into the ground. A computerized control system monitors National Weather Service data and, when heavy rain is predicted, lowers the pond level to create more room for storm water.

The main portion of the work was completed in 2014, the remainder in 2015. All told, the project cost about \$550,000, with the city contributing about one-third and the Watershed District the rest.

The big question: Does the system work?

"Early last November, we had just under 3 inches of rain in 12 hours," Fossum said. "Previously the area would have flooded, but it didn't this time and there was still 3 feet of capacity in the pipes. This was very reassuring."



Installation of the piping system under Curtiss Field. Photo courtesy of Capitol Region Watershed District

To learn more about the Capitol Region Watershed District, go to [capitolregionwd.org](http://capitolregionwd.org). For a video on the Falcon Heights installation, go to

"Our Work," scroll down to "Water Resource Improvement Projects," and then to "Curtiss Pond Improvements."

## HealthPartners to purchase land from seminary for new clinic

*The site at corner of Eustis Street and Como Avenue will be home of to a new HealthPartners Como Clinic across from the current clinic.*

By Kristal Leebrik

HealthPartners announced Jan. 20 that it has reached an agreement to purchase land from Luther Seminary. The land, which is across the street and on the north side of HealthPartners Como Clinic, will be the new location for a new clinic.

That is the same tract of land on which nonprofit developer Ecumen had proposed in September to build a 121-unit apartment building and 112-unit memory-care facility.

HealthPartners' land purchase is the first step in a multi-year process that will start with an extensive community engagement and design phase, according to a press release. Groundbreaking is expected in three to four years and construction would take an estimated 18 months. The current clinic will continue to offer all services until the new facility opens.

The new building is expected to be roughly the same size as the current clinic and will offer similar services, including primary, specialty and urgent care, dental and pharmacy.

The land purchase is part of Luther Seminary's plan for long-term development. These plans include a senior housing project with 49 units that will be built by Ecumen and other renovations to the campus.

Ecumen has purchased land to build a three-story senior cooperative

on 1.6 acres at the southeast edge of the seminary's campus just north of the corner of Como Avenue and Luther Place. Sales for the cooperative will begin this spring. The project is expected to be completed in late 2017.

Michael Morrow, Luther

Seminary's vice president of finance and development, said HealthPartners approached the seminary last fall with interest in the property.

*HealthPartners to 7*

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The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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## COMMENTARY

Welcome to the Bugle editorial page, the place where we exchange ideas and opinions. The views reflected in the commentaries and letters printed here each month are the opinions of the individual writers. We encourage community participation on this page. Bugle contact information is in the box at left.

## Caring is contagious—and empowering

By Ted Bowman

One measure of a community's vitality is the way it responds to its grieving members. St. Anthony Park has a rich mix of what are called formal supports (consider HealthPartners, the Emily Program, an assortment of psychotherapists in various locations, St. Anthony Park Area Seniors) and informal support (family, friends, companion animals and neighbors).

A blend of formal and informal support can be found in support groups, especially those that are linked with community organizations. In 2008, a Caregiver Group was launched at St. Anthony Park United Church of Christ. Started by its then new minister, Victoria Wilcocki, for member caregivers, the Caregiver Group soon had other people from the neighborhood and beyond asking if they could attend.

Over time, the group gathered additional sponsors: St. Anthony Park United Methodist Church, St. Matthew's Episcopal Church, St. Anthony Park Lutheran Church and St. Anthony Park Area Seniors. Recently, Peace Lutheran Church in Lauderdale and the Church of St. Cecilia added their support.

Caregivers can be defined as

family members or close friends who care for someone who has lost abilities to the degree that they are compromised in their daily living. They need care. That care may occur in the care-receiver's home, a family member's home (often daughter, son or sibling), or in a group-living facility, such as St. Anthony Park Home. In most cases, the caregiver and care-receiver reside in proximity, but there are those who care from long distance. The caregiver may live here, while the care-receiver may be with a brother in New Jersey or Iowa.

Whatever the case, the caregiver lives day-by-day with stress and concern for another person. Mild to major impairment can be occurring with the care-receiver. Common adult conditions are Parkinson's, dementia (especially Alzheimer's), certain cancers or congestive heart conditions.

Consider this definition of loss: loss refers to being deprived of or ceasing to have something that one formerly possessed or to which one was attached. Caregivers, by this definition, can lose conversation, touch, normalcy, a role, friends, future plans and energy given the demands of caregiving. Hence, a support group, skillfully led and linked to community resources, can be a place for support, awareness of

resources, off-loading and moving from isolation to community.

Such care is available monthly at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. (See times and dates below.)

Newly launched in January, the Bereavement Group is being offered to anyone grieving a death or deaths. The group is sponsored by the same organizations named above and is open to anyone grieving a death. You do not need to have been part of the Caregiver Group to join.

It's important to emphasize that the bereavement process may occur soon after a death or occur and continue long after a death. Current losses or deaths can evoke previous deaths. Hence, bereavement care may be for a death long past.

While there is overlap in caregiver and bereavement groups, the differences are major. Caregivers are caring for a living person and all that entails. Those who are bereft are grieving a death and all that entails.

Support for caregivers and those dealing with a death should also be part of what neighbors can provide. Here are some ideas that individuals or households can initiate and provide:

- Cook a hot meal and deliver it.
- Offer to run errands (pick up a prescription, get groceries).

- Find a caregiving colleague at work and offer some of your vacation days.
- Offer to sit with, play games with or go for a walk with the care-receiver.
- Help your neighbor get their technology working well.
- Shovel snow or be a handyman/woman.
- Affirm your congregation's sponsorship of the caregiver and bereavement groups.

The Caregiver and the Bereavement Groups both meet the first Thursday of each month from 10 a.m. to 11:30 a.m. at St. Anthony Park UCC, located at the corner of Commonwealth Avenue and Chelmsford Street. Informational and supportive sessions will also be offered in spring and autumn on Saturday mornings for any caregiver or those grieving deaths. Watch the Bugle for announcements of dates and topics. Questions or comments can be directed to Ted Bowman, one of the coordinators for these groups, at [tedbowman71@gmail.com](mailto:tedbowman71@gmail.com) or at 651-645-1836.

Ted Bowman is a member of St. Anthony Park United Church of Christ.

## LETTERS

### A little bulb-planting advice

Barry Buckley takes aim at the squirrel ("Yet another problem, St. Anthony Park: squirrels," January 2016), apparently in dismay at the little critters digging up his bulbs. Despair not. Plant your bulbs as deeply as possible. Bulbs usually have a planting depth range, so aim for the lower limit. After planting your bulbs, get out the hose, not the watering can. Soak the planted area completely, sit back and enjoy.

Jeanne Weigum, manager  
Great Plains Landscape  
Arboretum  
Mobridge, S.D.

### District 12's ADU task force members worked hard and deserve praise

I want to take this opportunity to thank a select few of my neighbors.

Over the past couple of years this neighborhood has had a discussion about accessory dwelling units (ADUs). This topic has occasionally been one of controversy. We still have neighbors who feel strongly about this issue and disagree.

One thing that is not in dispute is the tremendous effort that was

done recently by some of our neighbors, the members of the ADU task force.

Our neighborhood task force was appointed by our local St. Paul planning district, the St. Anthony Park Community Council. Specifically, it was appointed by the members of the council's Land Use Committee. I was on the committee and the council board of directors at the time of their appointment.

I know that the task force members met many times and sacrificed a great deal of their time in volunteering. They did this for all of us, to serve all of our interests.

The scope of their task was deliberately left vague: what is the appropriateness of ADUs in St. Anthony Park—all of St. Anthony Park. The discussion of ADUs can be complex, with many variables in terms of how they can be constructed, which types of ADUs, and it involves zoning jargon I will not get into here. What I mean to say is that it was not an easy task, even if it were not controversial. They had much to consider.

But of course, it was controversial. Prior to the task force being appointed, the community

council hosted a few meetings and these were well-attended and included some spirited discussions among neighbors. Even before their work began, I greatly appreciated those who applied for the task force. Some might wonder, who would be willing to do this?

Thank you to the members of our ADU task force. I appreciate you. I appreciate all the time you took to meet, to research, to hold your public meetings, taking of notes, everything. Thank you for stepping up during a time of need. Thank you also for setting a great example in your public comments, both in front of the Land Use committee while I served and at your own public meetings. You rose above controversy and showed how St. Anthony Park works together.

Brad Engelmann  
St. Anthony Park

### Hats off to the City Council for restricting flavored tobacco

I am proud that the St. Paul City Council adopted an ordinance restricting the sale of flavored tobacco products. As a public health professor who has spent years researching prevention of commercial tobacco

use, I know this policy will reduce youth tobacco use. When this ordinance takes effect in April, fruity and candy-flavored tobacco products will not be sold in stores where kids can enter. Research shows reducing access to tobacco products decreases youth tobacco use.

The tobacco industry has a long history of promoting their products to young people. About nine in 10 adult smokers began smoking before they were 18 years old. The tobacco industry knows it needs to attract young people in order to remain profitable. Strawberry-kiwi- and mango-flavored cigarillos and electronic cigarettes are one way the tobacco industry attempts to addict youth and attract a lifelong customer. Unfortunately, the consequences are not realized until after the person is fully addicted.

I am thankful the City of St. Paul took bold action to reduce the tobacco industry's influence on our young people. Reducing access to these candy-flavored products is the next step in preventing kids from beginning a dangerous addiction.

Jean L. Forster  
Como Park

## C O M M E N T A R Y

## Pinball geezer (how do you think he does it?)

By Adam Granger

Throughout my adult male life, I've entertained the notion of owning a pinball machine, but there have always been impediments against getting one—purchase cost, space needed and expense of maintenance paramount among them. Thus did the pinball-acquisition dream languish on my bucket list (the other two items include my plan to run for Congress and my dream of opening a mambo studio). No pinball machine for Adam.

Until, that is, one August evening, when I returned home to find my 38-year-old son, Ben, playing pinball in my garage. Happy birthday, Dad! He had bought me a "pin" (as aficionados call it) and, mind you, not some Smurf-themed tabletop battery-operated toy, but a real, 6-foot-tall, 300-pound pinball machine. And not just any pinball machine, but my favorite of all time (a fact which I apparently had revealed to Ben in a prior conversation).

My son buying me this machine—a 1977 Mata Hari made by the Bally Manufacturing Co. of Chicago—isn't quite the random act of kindness it seems. He's a tournament pinball player who has been ranked first in Minnesota for most of the last two years. He and his girlfriend, Jackie, travel to compete nationwide. Jointly, they own 12 machines. (When I first met Jackie, I asked if she was as into pinball as Ben was. She held up her arms to reveal flippers tattooed on the undersides of her wrists.)

Pinball reached its peak of popularity in the three decades preceding the proliferation of video games in the mid-'70s, after which it ebbed but never quite disappeared. There are currently only two companies making pins, but there are, of course, hundreds of thousands of machines still in good nick out there. One of the larger agglomerations in the Twin Cities can be found at Blainbrook Bowl, in Blaine, which hosts regular tournaments played on some 50 machines. Private holdings dwarf that figure, with hundreds of pin owners scattered through the metro area alone. One collector in a western Twin Cities suburb owns more than 100 machines, all in working order. Closer to home, several St. Anthony Park residents own pins, including my neighbor, who has a Bally Eight Ball Deluxe.

So there was Mata Hari, sitting in my garage. Acquisition realized. For the nonce, it was fine where it was (and who uses their garage to keep cars in, anyway?), but winter was looming, and I didn't need to be Enrico Fermi to have a good sense that pinball machines and subzero temperatures don't mix. Miraculously, the 21-square-foot space needed was created by reconfiguring one of our upstairs



Bally Manufacturing Co.'s 1977 Mata Hari "pin."

rooms (and, no, it wasn't our bedroom). I removed Mata Hari's legs and back box (the upright section where the scores are shown), and Ben and I humped everything into the house and upstairs, just

ahead of Old Man Winter.

While reassembling Mata Hari, I inserted Tab A into Slot C, as it were, and ended up with a dead machine. Enter the third original impediment to pinball acquisition: cost of maintenance. There's a guy in the metro area, Bill, who is the go-to guy, and he stays very busy. Not only is he the tech for Blainbrook Bowl, but also for dozens of guys like me who have pins in their homes. (I should have mentioned earlier, although it probably goes without saying, that pinball is mostly a guy thing.)

Bill cut his teeth working in the '60s and '70s at Rifle Sport, which longtime Twin Citians will remember as one of the more colorful establishments in that era along Hennepin Avenue in downtown Minneapolis. As an employee there, he taught himself how to fix pins and video games and today, in 2016, he charges \$100 to walk through your door. The man is a pinball genius, and he's worth every penny. He figured out, in short order, that I had inserted a connection backward while reassembling the machine and, that corrected, Mata

Hari was back in business.

The prohibitive cost of hiring the Bills of the world compels most pin owners—myself included—to becoming bespoke repairmen and, in truth, most things that go wrong with pinball machines are simple fixes: short circuits, cold solder joints, dirty contacts, burned out bulbs and the like.

From a pure curiosity standpoint, pinball machines are amazing creatures, their insides being every bit the works of art that their outsides are. Perforce they are completely handmade, with a thousand solder joints connecting a half-mile of wiring to 20 coils, 40 switches and more than 100 lights. I ordered schematic diagrams for my machine (themselves hand-drafted works of art), a few pin-specific tools, dusted off my multimeter and now I'm set. I've thus far been able to fix everything that's gone wrong—and make no mistake, things regularly go wrong with a 40-year-old pin.

OK, so, I can remove pinball machine acquisition from my bucket list. Now it's time to get going on that congressional campaign and that mambo studio.

# Community Worship Directory



## ❖ LIVING WORD ANTIOPH CHURCH

A multicultural conservative Lutheran church  
Meeting at Falcon Heights City Hall  
At the intersection of Cleveland and Larpenteur  
9:30 a.m. Sunday School, 10:30 a.m. Worship  
5 p.m. adult Bible study fellowship  
Affiliated LCMC/NALC  
Perry Toso, Pastor  
Barson Mahafaly, Associate Pastor

## ❖ LYDIA PLACE COLLABORATIVE COMMUNITIES ELCA

Rev. Scott Simmons, pastor, 612-859-1134, lydiaplace.com  
Hymntap beer and hymns, first Monday of each month  
7 p.m. Dubliner Pub, 2162 W. University Ave. 55114  
Sunday Worship, 7 p.m., Dow Art Gallery,  
2242 W. University Ave., St. Paul, MN 55114

## ❖ MOUNT OLIVE LUTHERAN CHURCH —WELS

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1460 Almond Ave., Saint Paul, MN 55108  
651-645-2575  
Sunday Worship 9 a.m.  
Bible Study and Sunday School 10:30 a.m.  
Pastor Al Schleusener

## ❖ PEACE LUTHERAN CHURCH—ELCA

1744 Walnut St. (at Lone), Lauderdale, 651-644-5440  
[www.peacelauderdale.com](http://www.peacelauderdale.com)  
Sunday worship: 10 a.m.  
Reconciling in Christ Congregation  
All are welcome. Come as you are.

## ❖ SPIRIT UNITED CHURCH

3204 S.E. Como Ave., Minneapolis, 612-378-3602, [www.spiritunited.com](http://www.spiritunited.com)  
Sundays: 10:30 a.m. Message and Music. Kids With Spirit Sunday School.  
Come as you are. Handicapped accessible. All are welcome.

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## ❖ ST. CECILIA'S CATHOLIC CHURCH

2357 Bayless Place, 651-644-4502  
Website: [www.stceciliapsm.org](http://www.stceciliapsm.org)  
Handicapped accessible  
Saturday Mass: 5 p.m. at the church  
Sunday Masses: 8:15 a.m. and 10 a.m. at the church

## ❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth Ave. (corner of Commonwealth and Chelmsford)  
651-646-7173 [www.sapucc.org](http://www.sapucc.org)  
9:15 a.m. Christian education for all ages; 10:30 a.m. worship  
Pastor: Victoria Wilgocki  
Christian tradition ♦ Progressive faith ♦ All are welcome

## ❖ ST. ANTHONY PARK UNITED METHODIST CHURCH

A Reconciling Congregation. All are welcome!  
[www.sapumc.org](http://www.sapumc.org), 2200 Hillside Ave. (at Como), 651-646-4859  
Pastor: Rev. Pat Hinker  
Sundays: 10 a.m. Worship celebration and Sunday School  
11 a.m. Fellowship and refreshments  
6:30 p.m. Free young adult dinner in parlor  
Mondays: 7 p.m. Community Bible study in parlor

## ❖ ST. ANTHONY PARK LUTHERAN CHURCH

2323 Como Avenue W. 651-645-0371  
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Pastor Glenn Berg-Moberg and Pastor Jill Rode  
Web, Facebook, & Twitter: SAPLC  
Sunday 8:30 & 11:00 a.m. with education hour for all 9:30 a.m.  
Ash Wednesday, February 10, 7 p.m. worship  
Soup Supper - Wednesdays in Lent 5-6:30 p.m.  
Worship every Wednesday in Lent 7 p.m.

## ❖ ST. MATTHEW'S EPISCOPAL CHURCH

Rev. Blair Pogue, Rector 2136 Carter at Chelmsford. [www.stmatthewsmn.org](http://www.stmatthewsmn.org)  
Sundays: 9:15 a.m.: Education for all ages  
10:30 a.m.: Worship with sermon and communion  
Nursery care provided 9:00 a.m. -11:20 a.m.  
5:30 p.m: Night Prayer with evening meal at 6:30 p.m.

To add your church to the directory, contact Bradley Wolfe at 952-393-6814 or [bradley.wolfe@parkbugle.org](mailto:bradley.wolfe@parkbugle.org)

# We love you, Bugle readers

We are so grateful to our supporters. You've helped us raise more than \$4,000 above our \$36,000 goal for the Park Bugle's 2015-16 fund drive.

We thank all of you who have contributed, including the following people and businesses who gave between Dec. 1 and Jan. 13.

The nonprofit Bugle would not be here without your contributions. We rely on tax-deductible donations to help defray the newspaper's annual operating costs. And, of course, we are

always happy to accept more contributions. If you haven't had a chance to donate, you still can by going online at [www.parkbugle.org](http://www.parkbugle.org).

Click the green DONATE NOW button on the right side of the page. Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

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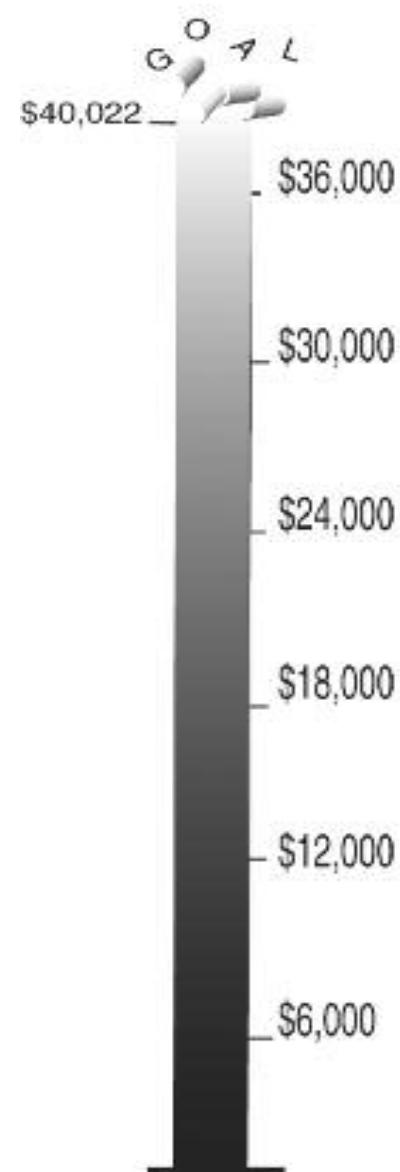
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## Sixth annual Bugle poetry contest deadlines on Friday, March 4

Poets: It's time to sharpen your pencils and start thinking about the sixth annual Park Bugle poetry contest.

The deadline for submissions is Friday, March 4. The top three winning entries will be published in the April issue of the Bugle in honor of National Poetry Month. All submissions will be posted on the Bugle website. This year's prompt is *privilege*.

Here are the contest particulars:  
 • Poems can take any form you choose.

• The contest is limited to one submission per person and it must be received by March 4.

• The word *privilege* does not have to appear in your poem. Use the word as inspiration to go in any direction it takes you.

The contest is open to all Bugle readers. Current Bugle employees and Park Press board members and their families are not eligible to enter.

Send poems to Editor, P.O. Box 8126, St. Paul, MN 55108, or to [editor@parkbugle.org](mailto:editor@parkbugle.org).

The poems will be judged anonymously by a local poet. First place wins a gift certificate to a local business.

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# Neighborhood Honor Roll named in St. Paul Districts 10 and 12

Five Como Park and St. Anthony Park residents were placed on the City of St. Paul's Neighborhood Honor Roll in January. Each year, residents of all 17 districts in the city are encouraged to nominate neighbors who make their neighborhoods a better place to live, work and play. The award recipients will be honored at a celebration at the University of St. Thomas on Jan. 29. District 10 honorees are Roger Bergerson, Frank Dolejsi and Teri Heyer. The District 12 honorees are Daniel Sarasti and Betty Wheeler. Learn more about each honoree below.

**Roger Bergerson** is a historian and former Pioneer Press reporter who grew up in Como and is now "an exemplary resident of and ambassador for our neighborhood," his supporters say.



**Roger Bergerson**

Publicly, he is known for exploring and sharing the neighborhood's heritage—through articles on Como history that he writes regularly for the Park Bugle, through popular presentations and through his book, *Winging It*, which tells the story of the airport that used to exist at Snelling and Larpenteur avenues, the state's first.

Privately, Bergerson's activities include helping to take care of an elderly neighbor.

"For the last several years, he has been taking this gentleman twice a week on errands to shop, bank and visit the library," his nominators say. "Even when facing his own health challenges recently, he made sure this man's needs were being met. Rog demonstrates true neighborliness every day."

**Frank Dolejsi** is another one of those retirees who hasn't slowed down. The 30-year Como resident is a Master Gardener who uses his talent, knowledge and commitment to environmental stewardship not only at home but in the community as well.

He is a member of the District 10 board who has served on the Land Use Capital Improvement Budget committees. Dolejsi now chairs the district's Environment Committee. As chair, he oversees a wide range of citizen initiatives, including several designed to protect and ultimately improve the water quality of Lake



**Frank Dolejsi**

Como. Most recently, he is spearheading efforts to increase organic composting by neighborhood residents and to establish a convenient food-waste drop-off site in the neighborhood.

Dolejsi is a frequent volunteer at neighborhood events, whether he's wearing his "Como Composts" shirt or not.

**Theresa "Teri" Heyer** is a forester who is longtime chair of the Como Woodland Advisory Committee. The committee provides ongoing guidance and advice to St. Paul Parks



**Teri Heyer**

and Recreation on the development, use and maintenance of the Como Woodland Outdoor Classroom.

Heyer played an important role in securing resources to create the "outdoor classroom" status, in securing "school forest" designation for the woodland from the Minnesota Department of Natural Resources and in forging partnerships with schools that use the classroom. She is also a hands-on mentor for school field trips, leads tours of the outdoor classroom, and volunteers with Parks and Recreation's EcoStewards program. "It's a labor of love," she says.

## HealthPartners from 3

"We brought Ecumen and HealthPartners together and sat the three parties down," Morrow said. "As we looked at options, it became clear that the better use of the property was to go with HealthPartners."

"[HealthPartners] is very committed to this area," he said.

Como Clinic opened in 1957 as the first clinic for what was then

**Betty Wheeler** is longtime member of the St. Anthony Park community. She has been an immense asset to District 12. Betty goes above and beyond in her service to the community, especially in regard to environmental and transportation issues. From single-handedly securing an air-quality monitoring



**Betty Wheeler**

station in South St. Anthony Park to spearheading grant proposals, Wheeler offers support and leadership on a wide variety of community projects. She not only leads on community initiatives, she builds community through her both passionate and inclusive attitude.

**Daniel Sarasti** embodies community engagement. Whenever



**Daniel Sarasti**

the neighborhood needs more hands on deck, Sarasti volunteers first. From helping to plant rain gardens and plant medians, to attending all community functions, Sarasti makes sure he stands up to help on any project.

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St. Anthony Park Area Seniors' Senior Cinema Series

## "Maleficent" 2 p.m. Thursday, February 11th, at SAP Library

Maleficent explores the untold story of Disney's most iconic villain from the classic Sleeping Beauty and the elements of her betrayal that ultimately turn her pure heart to stone. Starring Angelina Jolie, Elle Fanning and Shallot Copley. 97 minutes, PG.



St. Anthony Park Library, 2245 Como Ave.  
651-642-0411 / [www.sppl.org](http://www.sppl.org)  
651-642-9052 [www.sapaseiors.org](http://www.sapaseiors.org)

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## The Saint Anthony Park Community Foundation 2016 Grants Program

**Deadline:** Applications must be submitted by Thursday, March 31, 2016 to PO Box 8038, St. Paul, MN 55108

**Grantmaking Priorities:** Improving our environment, Strengthening learning opportunities, Enhancing livability, Supporting aging-in-place solutions, Promoting business vitality, Cultivating life-long appreciation for the arts

**Eligible Organizations:** Not-for-profit organizations, neighborhood, and community-based groups serving the needs of the St. Anthony Park/District 12 area

### Grant Application Forms:

Available on-line at [sapfoundation.org](http://sapfoundation.org) or contact the Foundation

**Grant size:** \$5,000 maximum

**Questions:** Contact Jon Schumacher at 651/641-1455 or on-line at [jon@sapfoundation.org](mailto:jon@sapfoundation.org)



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Alan Arthur, CEO of nonprofit housing developer Aeon; Janet Troutman-Simmons, chair of the tenant's group at Como by the Lake apartments; and St. Paul's Ward 5 councilmember Amy Brendmoen were on hand Jan. 14 to celebrate Aeon's purchase of the apartment building.

## Como by the Lake residents celebrate complex's new owners

*By Kristal Leebrick*

Residents of Como by the Lake apartments packed the social room of the building during a reception Jan. 14 that celebrated their new landlords and the end of fears that they may have to move.

Nonprofit housing developer Aeon closed on the purchase of the building on Jan. 4. This story began last April when residents were informed that the owners of the building, which houses mostly elderly and disabled residents, was selling the building and not renewing the Section 8 contract which gives federal subsidies to help keep rents low.

Fifty-seven of the 99 units in the

30-year-old building are under a Section 8 contract.

With the help of the tenants organization, HOMELINE, Brendmoen and other elected officials, and the District 10 Como Community Council, the tenants organized and got their news out in the city and neighborhood press. "We became important to the community," Troutman-Simmons said.

In August, Aeon announced a purchase agreement had been signed and the organization closed on the property Jan. 4.

Arthur said he was "impressed by the fortitude of the residents" when they came into his office last

spring and said, "We need your help."

"We are excited to start on this journey together," he said, "but this isn't just about Como by the Lake. It's happening all over the country." Section 8 contracts are expiring and residences that had been kept affordable for low-income residents are disappearing.

That has prompted Brendmoen to work with Rep. Betty McCollum to gather a list of all Section 8 contracts in St. Paul and the state that are nearing renewal and work with the owners to keep them in the program, "so we can prevent the alarm that happened here," she said.

## Music in the Park announces 2016 Family Concert schedule

The Schubert Club's Music in the Park Series opens its 26th season of Family Concerts on Friday, March 4, with the Twin Cities-based brass quintet Copper Street Brass. Created for children of all ages and their families, the interactive concerts are held at St. Matthew's Episcopal

Church, 2136 Carter Ave., in St. Anthony Park at 6 p.m. and 7:15 p.m. Suggested donation is \$5. For more information, call 651-292-3268 or go to schubert.org/family.

Here is the concert schedule:

- **Friday, March 4**, Copper Street Brass, "A Brassy Night at the

Movies"

- **Friday, April 15**, Chiara String Quartet, "Mole Music Live!"
- **Friday, May 13**, Lau Hawaiian Collective, "Being Aloha! A Musical Journey to Hawaii"

## Cellist Julie Albers to perform at February Music in the Park concert

The Schubert Club's Music in the Park Series will present cellist Julie Albers with pianist Orion Weiss on Sunday, Feb. 7, at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. A preconcert discussion will be held at the church at 3 p.m.

Albers, who joined the St. Paul Chamber Orchestra this season as principal cello, is recognized for her supravital artistry and charismatic

performing style. In addition to solo and orchestral performances, Albers regularly participates in chamber music festivals around the world. Her Twin Cities recital debut in the Music in the Park Series will feature works by Janacek, Poulenc, Beethoven and Grieg.

One of the most sought-after young American pianists, Orion Weiss has performed with major orchestras, including the Chicago

Symphony, Boston Symphony, New York Philharmonic and Los Angeles Philharmonic.

Tickets are \$30 for adults and \$12 for student rush. There is a limited availability. Buy tickets online at schubert.org/musicinthepark or call 651-292-3268.

For more information on the Schubert Club and its programs please visit schubert.org.



This model home opened in 1928 in what was initially called Cross Roads Court. Photo courtesy of Briana Vogen

## Falcon Heights Hollywood Court neighborhood is off beaten path

**By Roger Bergerson**

It's likely that many of the motorists who regularly whiz by on Snelling Avenue in Falcon Heights have never noticed a residential enclave on the west side of the busy street.

Tucked in between the TIES Education Technology Collaborative on the north and the Minnesota State Fairgrounds land to the south, Hollywood Court isn't easy to spot or get to.

"Visitors will say, 'How neat, I didn't even know this was here,'" says longtime resident Judy Bailey.

When Jay Axelrod, an architect and builder, put what he initially called Cross Roads Court on the market in 1928, much of the surrounding area was agricultural fields and Snelling was just a two-lane road. That June an estimated 25,000 people made the trek to see the development's model home in a two-week period.

"Cross Roads" drew on the name of the mansion that stood at the time on what is now the TIES site; "Hollywood Court" echoed Axelrod's marketing imagery: "a California dream in St. Paul."

The authors of St. Paul's *Architecture: A History* (University of Minnesota Press, 2006) credited Axelrod with introducing "...the St. Paul incarnation of the English Cottage variant known as the 'bungalow court.'

"The fashion flew into the city in 1925, fluttered about for three years in the city's western suburbs, particularly on and around Cleveland Avenue, took on an increasingly Mediterranean air, then winged its way out," wrote the authors.

Of the half-dozen such courts Axelrod built, the best example was said to be at 1657-67 Randolph Avenue, still extant today.

Cross Roads Court clearly was Axelrod's most ambitious

undertaking up to that point. The land had been part of "the beautiful Snyder estate" to the north and was directly across Snelling from an airport, Curtiss Northwest Field, today the site of Curtiss Field Park.

Axelrod platted 26 home sites and designated a 40-foot boulevard down the center of the site as green space that all the homes would face. Traffic would follow a roadway encircling the addition and "thus every home will face on a quiet, beautiful park unmarred by unsightly delivery trucks and safe for children to play in without risk from automobiles."

Besides an ornamental gateway at the Snelling entrance, Axelrod

planned an arbor at the west end of Hollywood Court and a fountain in the middle. Part of his sales pitch was that only county taxes would apply, since the development was beyond the St. Paul city limits.

Thirty local firms contributed goods and services to the construction of the model home, said to be the first in St. Paul with linoleum floors throughout and textured and tinted plaster walls.

Within weeks, a St. Paul Daily News headline announced "Cross Roads Court Model Dwelling Is Bought by Woman." It turned out that Mrs. Dagmar Hoffbeck,

*Hollywood Court to 10*



Neighborhood residents, left to right, Judy Bailey, Briana Vogen and Roger Aiken shown in front of the one-time model home, now owned by Vogen.



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**North St. Anthony Park Home Sales 2015 Real Estate Update**

Number of Homes that Sold	2015	2014
36	35	
Lowest Home Price	\$61,000	\$169,900
Highest Home Price	\$685,000	\$572,500
Average Home Price	\$337,199	\$379,267
Average Market Time	100 days	53 days

The average sale price was 91% of the original price.  
 • The average sale price decreased 11.1% this year.  
 • At the end of the year, there were 4 houses for sale that had been on the market an average of 63 days.  
 • 10 houses failed to sell.  
 • This information does not include duplexes, condominiums or townhouses.

(Based on information from the REGIONAL MULTIPLE LISTING SERVICE OF MINNESOTA, INC. for the period January 1, 2015 through December 31, 2015.)

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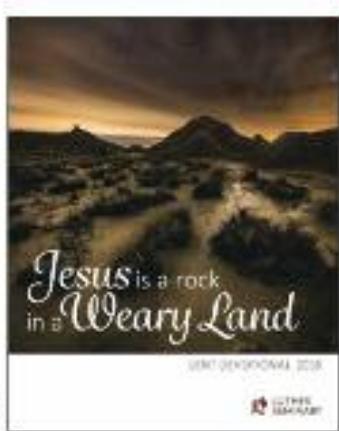
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### 2016 Lent Devotional



[www.luthersem.edu/lent](http://www.luthersem.edu/lent)

#### Luther Seminary invites you to pray and reflect with "Jesus is a Rock in a Weary Land."

This year's Lent devotional is written by Luther Seminary staff who are Luther Master of Arts graduates. The devotion explores the hymn "Jesus is a Rock in a Weary Land."

It is available online as printed collections. Sign up to receive God Pause daily devotions at [www.luthersem.edu/lent](http://www.luthersem.edu/lent) to have "Jesus is a Rock in a Weary Land" emailed to you daily.

May these devotions be a source of peace and reflection for you this Lenten season. Questions? Email [semrel@luthersem.edu](mailto:semrel@luthersem.edu).

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### Como Park High School Showcase Night!

Prospective students and families are invited to visit and learn about all the great academic and extra-curricular opportunities at Como!

**Thursday, February 4**  
**6:00 - 7:30 p.m.**



Como Park Senior High School  
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Theresa Neal, Principal

## It's a long street, but not that long

After the Park Bugle published an article about Auguste Larpenteur ("Larpenteur got a street named after him, but not the one he wanted" January 2016 issue) Falcon Heights Mayor Peter Lindstrom told us of a modern-day "French Connection."

In summer 2011, some 175 Larpenteur relations from the United States and France gathered in St. Paul and one of the reunion events was held at the Ramsey County Historical Society's Gibbs Farm, Larpenteur and Cleveland avenues.

There, Lindstrom presented the group with a Larpenteur street sign that today adorns a vineyard wall in Thomery, France, the Larpenteur ancestral home.—Roger Bergerson



A Larpenteur Avenue street sign adorns a vineyard wall in Thomery, France. Photo courtesy of Larpenteur family

### Hollywood Court from 9

apparently a widow, had toured the home during the opening and fell in

love with it.

"Needless to say, I am very well-satisfied with the house," she was

quoted as saying. "I expect to take a great deal of pleasure in the complete equipment of the house and the many features of convenience so thoughtfully included in its design." Selling price: \$9,500.

Strangely, Axelrod did not follow up the initial publicity with an advertising campaign to sell lots in the development. This may have been a sign that he was running into financial difficulties, possibly brought on by the downturn in the real estate market that preceded the Great Depression.

About 1930, Axelrod brought his 20-year architectural practice to a close and went to work for a firm selling building materials, supplies and equipment.

During the 1930s, it appears that only a few homes were constructed on Hollywood Court. Late in the decade, contractors Adam and Arvie Ackerman, father and son, began building in what had been scaled back to an 18-home development. They constructed at least six homes, possibly more, in the next decade.

Most of Hollywood Court apparently filled in during the post-World War II period, within a few years after Falcon Heights was incorporated as a village in 1949.

By then the ornamental entry from Snelling was long gone and the park-like boulevard replaced by a conventional street.

The Hollywood Court of today may not match Axelrod's vision, but the people who live there seem to like it just fine.

"What attracted my husband and I was the variety of houses and all the evergreen trees," said Irene Gengler, a resident on Hollywood Court since the mid-1970s.

"The closing of access from the Snelling and Larpenteur intersection meant one must come in from Hoyt and go north up the service road to get here. It can be a nuisance getting in and out, but I think it's worth it most of the time. We certainly get less traffic."

Judy Bailey has been a resident since the late 1960s and she's optimistic about the future for Hollywood Court. "There's been an influx of wonderful young families and I think it's a time of renewal in the neighborhood," she says.



### Calling All Neighbors

We are reaching out to local residents, offering the opportunity to be part of this exceptional lifestyle. As an owner-occupied cooperative community, for ages 62+, the proposed Zvago St. Anthony Park will have 49 homes and be located just off of Como and Larher Place. Construction is anticipated to start late 2016.

Join our interest list as we finalize development plans and details to be unveiled this spring 2016.

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# MN ADOPT supports families before, during and after adoption

*St. Anthony Park-based group is a hub of resources for families dealing with a variety of adoption-based issues.*

By Alex Lodner

Formerly called the Minnesota Adoption Resource Network (MARN), MN ADOPT is the only nonplacing agency in Minnesota, and possibly the country, dedicated to supporting adoptive families through the entire adoption process.

The nonprofit organization was founded in 1980 as a grassroots support system by a group of adoptive and foster families who saw a clear need for building a strong community around adoption.

Now contracted by the Department of Human Services, the organization's mission is simple: to promote and support successful adoptions for Minnesota families.

"It's about creating stable home environments," said Emily Alewine, program manager and clinical specialist at MN ADOPT HELP, a program of MN ADOPT. "We take that very seriously here."

Located at 777 Raymond Ave. in St. Anthony Park, the program includes assistance for a wide gamut of adoptive families.

"We might have questions from parents of 30-year-old adoptees dealing with depression to families just thinking of entering the adoption process," Alewine said. "Adoption is not a one-time event, it's a lifetime process."

The organization, which employs 11 staffers, is not a placement agency but rather a hub of resources and information for families dealing with a variety of adoption-based issues. MN ADOPT offers advice on questions such as the complexities of the adoption process, assistance with expenses, and referrals to local and national organizations that specialize in specific adoption issues. MN ADOPT HELP, run by Alewine, is an initiative started in 2011 that focuses on offering support to families post-adoption through phone support from clinical specialists, referrals to vetted therapists, training sessions and support groups.

"Families preparing for adoption get a lot of support, even praise from everyone around them," Alewine explained. "They are not necessarily made aware of the issues that might arise after the adoption is finalized for these kids who have had hard beginnings. No one tells them that this is going to be difficult, that there will be unique challenges."

"Our goal is to set up families with enough resources ahead of time so that we take less of those crisis calls," said Rachel Walstad, MN ADOPT executive director.

MN ADOPT also runs the State Adoption Exchange, a photo listing of some of Minnesota's Waiting Children—children in the foster care system waiting for a permanent home—as well as events that bring families together with waiting children in interactive ways.



Emily Alewine (left), program manager of MN ADOPT HELP, and Rachel Walstad, MN ADOPT executive director, hold the group's Angels in Adoption award from the Congressional Coalition on Adoption Institute.

Other events, such as the annual Circus of the Heart that runs during National Adoption Month in November, are fun-filled activities for all families who are impacted by adoption to come together and celebrate.

Because MN ADOPT doesn't place children in homes or handle specific cases, it is able to be more effective in its handling of the families' concerns, Walstad said. Often, families in the process of adoption hesitate to ask their caseworker for help because of how their family might be perceived.

"Because we are not a placement agency, we can be perhaps more neutral in our dealings with families," Walstad said.

"We can be more objective and collaborative with other resource outlets because we are not the caseworkers. We support the work that the counties and agencies are doing to find homes for kids."

Families with a child who is struggling to adjust might feel safer coming to MN ADOPT for answers and resources rather than the agency that placed the child in their care. Additionally, finding resources for

families is all MN ADOPT staff does, making them experts in finding the right help for the right situation.

"Caseworkers have full plates," Alewine said. "They may not have their fingers on the pulse of what is available out there. We have years of experience doing this day in and day out—finding answers and help for families."

To that end, the organization recently received the Angels in Adoption award from the Congressional Coalition on Adoption Institute. The Angels in Adoption Program honors individuals and organizations that work on behalf of children in need of permanent homes.

"We were nominated for the award by both Sen. Amy Klobuchar and Rep. Tom Emmer. This was a great honor for us," Alewine said. "We were told that we were named for the award because we are the only place in the country they know of that supports both aspects of adoption, before and after."

You can find out more about MN ADOPT at [www.mnadopt.org](http://www.mnadopt.org).

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**Vandalia Tower from 1**

the Pioneer Press in January. Zanetti's personal favorite is Untethered Sour Brown Ale, which is riding a popularity boomlet of its own.

"People's palates are evolving," Zanetti comments, "and sour beer is now a big thing."

For those who want a snack with their beer, the Lake Monster website, [lakemonsterbrewing.com](http://lakemonsterbrewing.com), maintains a schedule of the various food trucks that park outside their building daily.

Zanetti and brew master Matt Lange agree that they want the pub to reflect their unpretentious, friendly values. For example, Lange says that they're looking forward to instituting what they call "Acoustic Tuesdays," when they'll offer live music that's "relaxed, gentle . . . jazz or folk."

Lange adds that their customers are a "total mix," ranging from college students to families to passersby from the neighborhood. Their pub even features a children's

play area where beer-drinkers of the distant future can enjoy toys and games while their parents are having a quiet lager and conversation.

We want to be part of the community," says Zanetti, "We're welcoming to everybody. You don't have to be a craft beer enthusiast when you come. There's always time to become one once you taste our beer."

Across the parking lot from the brewery, IFP MN deputy director Reilly Tillman says their organization is also looking to welcome the community.

"There's something here for everyone," says Tillman, even if you don't want to make movies."

Although the organization does house a photography gallery, most of its members do, in fact, aspire to some sort of role in film-making. IFP MN offers a wide range of classes and technical support for those who want to learn the craft.

"One of our primary goals," says Tillman, "is to educate people in the tools of film-making with a focus on

storytelling." IFP MN also offers a computer-editing lab and equipment rental to its members.

"We serve everyone from hobbyists to beginning professionals," says Tillman.

Many of the students do go on to professional careers, and the IFP MN offices are decorated with posters of movies on which former students have worked. Although Minnesota's pre-eminent filmmakers, brothers Joel and Ethan Coen, have never belonged to IFP MN, several members of the organization worked on *A Serious Man*, the locally made film about St. Louis Park in the 1960s that Tillman calls his favorite Coen Brothers production. Tillman points with pride to posters for the 2005 film *Sweet Land* (directed by long time IFP MN member Ali Selim from a short story by Minnesota author Will Weaver) and the award-winning *Dear White People* (filmed in Minnesota and edited at IFP MN).

More recently, IFP MN helped jury and organize the 2016 MNTV series of short works by Minnesota

filmmakers. Although Tillman wasn't part of the selection committee, he's eager to put in a word for one of the winning films, IFP MN veteran Michael Forstein's *Meat*, a "quirky film about a college grad who takes a job selling meat door-to-door." Filmed under harsh Minnesota winter conditions, *Meat* is not only a technical tour-de-force where "snow adds to the impact of the film," says Tillman, but it's also a "plug for making movies in Minnesota."

IFP MN, which grew out of the old Film in the Cities Company, has been a fixture of the Twin Cities art scene for many years. It moved from its previous location at University Avenue and Pelham Boulevard to the Vandalia Tower complex in June 2015.

"It's night and day being here in terms of our relationship to First & First," Tillman says. "They love artists and arts organizations. [Vandalia Tower] is becoming a hub for artists of all disciplines."

That hub of artists includes nearly 40 creative industries ranging from small marketing groups, a recording studio, a coffee roaster, a theater group and Adventures in Cardboard, a group that leads play-focused arts workshops for kids using, of course, cardboard.

That suits Dee Horwitz. She's the 89-year-old author of *Who Made*

*My Bed?* (iUniverse, 2010), a company history of the U.S. Bedding Company, the mattress maker who occupied the Vandalia premises from 1928 until the company was sold in the mid-1980s. Horwitz is the widow of one of the grandsons of Samuel Bronstien, the Russian-Jewish immigrant founder of the company. Like all male members of the family, Horwitz's husband, Don, worked in the business, and Horwitz had a ringside seat on the inner workings of the company made famous by their trademark King Koil logo—an anthropomorphic bedspring bearing a scepter and wearing a jaunty crown. (See the accompanying sidebar.)

Horwitz remembers that in her day the factory atmosphere was "unpretentious, with no special offices" for the Bronstien men who ran the place.

"They were a nice family . . . interested in the arts," she says. Asked what the Bronstiens would think of the latest transformation of the building, Horwitz says, "They'd be delighted that great things are happening there again."

*When she's not writing about community news, Judy Woodward spends her time as a reference librarian at the Roseville Library.*

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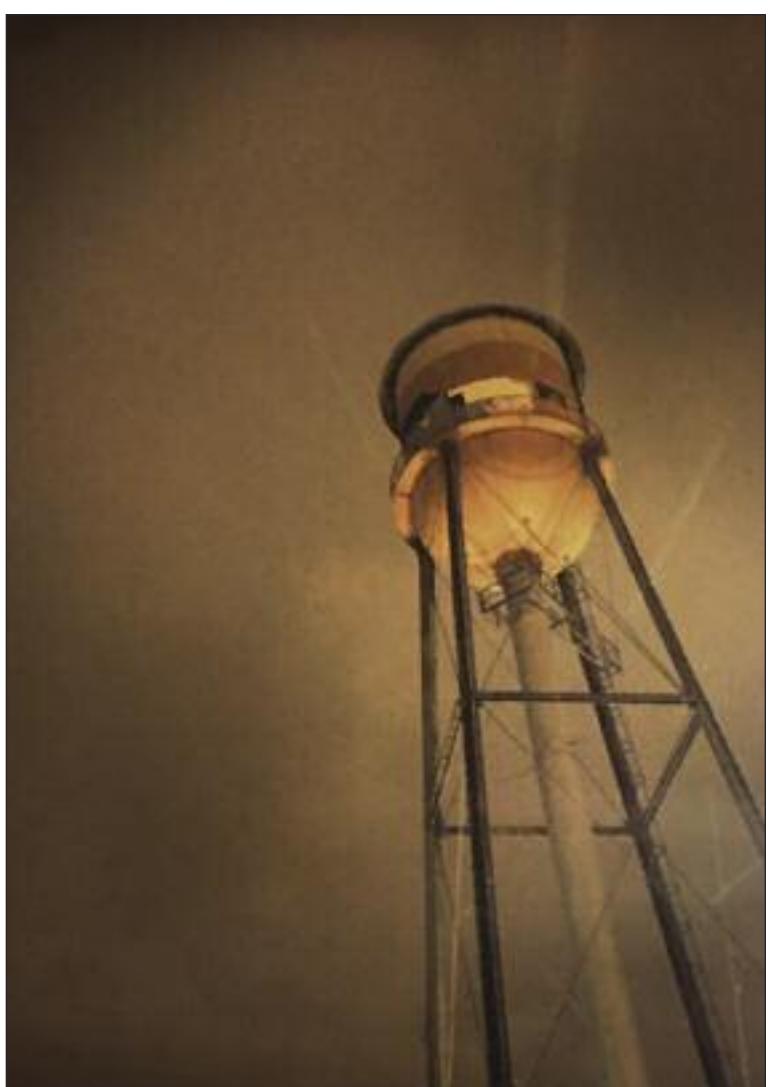
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The water tower outside the complex serves as a beacon at night.  
Photo by Becky Kapell

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Above, Matt Zanetti, director of operations at Lake Monster Brewing, stands behind the bar at Lake Monster.

At left, a wall inside the Vandalia Tower complex highlights some of the businesses there.

At right, Lake Monster's beer menu is displayed in a refashioned canoe.

*Photos by Kristal Leebrick*



## How KING KOIL® got his name

*By Judy Woodward*

The King Koil trademark now belongs to others, but the faded logo can still be seen on an old sign at the entrance to the Vandalia Tower complex. It's a name that has sold mattresses for close to 80 years, but the story of its origins is as memorable as anything brought to the screen at IFP MN.

According to Dee Horwitz's account in the company history *Who Made My Bed?*, it was during the depths of the Great Depression of the 1930s when the owners of the not-very-memorably-named U.S. Bedding Company decided they needed a catchy new brand name for their redesigned mattress. The Bronstien family hit on the idea of sponsoring a public naming contest with a \$25 grand prize.

Hundreds of entries poured in from all around the Midwest, and the judges soon settled on a winner. Miss Erla Bell Thompson of North Dakota was summoned to St. Paul to collect her prize. When her train pulled into the St. Paul depot, company officers plus photographers and advertising representatives were all there to meet her. It was a middle-aged, all-male, all-white welcome committee, and when train doors slid open, out stepped a 13-year-old African-American girl.

The shock was palpable. In those distant days, diversity wasn't exactly high on the public agenda, and no one knew that better than the family of an immigrant Jewish businessman who was never completely sure of his welcome in Scandinavian Minnesota. The plans for a publicity campaign were quietly shelved, and young Miss Thompson was sent home with her \$25 prize. But the name of her winning entry, King Koil, caught on, and the rest is mattress history.

The story does not end there, however. Many years later, one of the men who had been at the train station that day was now president of the company. One day Edward Bronstien happened to flip through an issue of *Ebony* magazine in a doctor's waiting room. On the masthead he saw the name of the journal's international editor—Erla Bell Thompson. Recognizing her name at once, he sent her a note—although the account doesn't record whether it contained an apology. Thompson responded, in Horwitz's words, with "a warm and gracious reply" in which she "explained that the money had gone to further her education."

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# FEBRUARY

## Events

VENUE INFORMATION IS LISTED AT THE END OF THE CALENDAR. SEND YOUR EVENTS TO CALENDAR@PARKBUGLE.ORG BY WEDNESDAY, FEB. 10, TO BE INCLUDED IN THE MARCH ISSUE.

### 1 MONDAY

Old-Time Maker Series: A THOUSAND YEARS OF SPINNING, St. Anthony Park Library, 6:30-7:45 p.m. All interested spinners are encouraged to bring their wheels and spindles. Extra spindles will be available for beginners.

### 2 TUESDAY

Baby/toddler story time, infants to 2 years old, St. Anthony Park Library, 10:30-11 a.m. and 11:30-noon.

### 3 WEDNESDAY

English Conversation Circles, St. Anthony Park Library, 4-5:30 p.m.

St. Anthony Park Book Club, "STATION ELEVEN," by Emily St. John Mandel, St. Anthony Park Library, 6:30-8 p.m.

### 4 THURSDAY

CAREGIVER SUPPORT GROUP, FIRST Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 a.m.

BEREAVEMENT SUPPORT GROUP, first Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 a.m.

PRESCHOOL STORY TIME IN MANDARIN CHINESE, St. Anthony Park Library, 10:30-11:30 a.m.

Dialoggers Toastmasters meets every Thursday, U of M St. Paul Campus, NORTHERN RESEARCH STATION, 1992 Folwell Ave., 11:30 a.m.-12:30 p.m.

### 5 FRIDAY

PRESCHOOL STORY TIME, St. Anthony Park Library, 10:30-11:30 a.m.

### 8 MONDAY

St. ANTHONY PARK AREA SENIORS, ARTS AND CRAFTS, St. ANTHONY PARK UNITED METHODIST CHURCH, 10 a.m.-noon. COST IS \$5. Call 651-642-9052 TO REGISTER.

THE REV. SUSAN SHOPEK WILL EXAMINE WHAT 2016 HOLDS FOR ALL OF US ACCORDING TO NUMEROLOGY, SPIRIT UNITED INTERFAITH CHURCH, 7 p.m.; \$10, suggested donation.

### 9 TUESDAY

BABY/TODDLER STORY TIME, St. ANTHONY PARK LIBRARY, 10:30-11 a.m. AND 11:30-NOON.

### 10 WEDNESDAY

ENGLISH CONVERSATION CIRCLES, St. ANTHONY PARK LIBRARY, 4-5:30 p.m.

### 11 THURSDAY

CHINESE FOLK DANCING, MORNING EXERCISE FREE AND OPEN FOR ADULTS, St. ANTHONY PARK LIBRARY, 10:30-11:30 a.m.

Dialoggers Toastmasters meets every Thursday, Northern Research Station, 1992 Folwell Ave., 11:30 a.m.-12:30 p.m.

St. ANTHONY PARK AREA SENIORS CINEMA SERIES, "MALEFICENT," St. ANTHONY PARK LIBRARY, 2-4 p.m. ALL WELCOME. FREE.

WOMEN'S HUMAN RIGHTS FILM SERIES: "LÉVATE MIS AMORES (ALL OF ME)," St. ANTHONY PARK LIBRARY, 6:30-8:30 p.m.

### 12 FRIDAY

PRESCHOOL STORY TIME, St. ANTHONY PARK LIBRARY, 10:30-11:30 a.m.

### 15 MONDAY

COMMUNITY SING, OLSON CAMPUS CENTER, LUTHER SEMINARY, 6:30 p.m. GATHERING, 7-8:30 p.m. SING. THE EVENT IS FREE, BUT A HAT WILL BE PASSED FOR OUR MUSIC LEADERS AND TO MAKE THE SINGS POSSIBLE.

### 16 TUESDAY

BABY/TODDLER STORY TIME, St. ANTHONY PARK LIBRARY, 10:30-11 a.m. AND 11:30-NOON.

### 17 WEDNESDAY

ENGLISH CONVERSATION CIRCLES, St. ANTHONY PARK LIBRARY, 4-5:30 p.m.

### 18 THURSDAY

PRESCHOOL STORY TIME IN MANDARIN CHINESE, St. ANTHONY PARK LIBRARY, 10:30-11:30 a.m.

Dialoggers Toastmasters meets every Thursday, Northern Research Station, 1992 Folwell Ave., 11:30 a.m.-12:30 p.m.

### 19 FRIDAY

PRESCHOOL STORY TIME, St. ANTHONY PARK LIBRARY, 10:30-11:30 a.m.

GAME DAY WITH ST. ANTHONY PARK AREA SENIORS, St. ANTHONY PARK UNITED METHODIST CHURCH, 10 a.m.-noon. FREE.

### 22 MONDAY

"AN EVENING WITH GURDJIEFF," SPIRIT UNITED INTERFAITH CHURCH, 7 p.m. THE GURDJIEFF SOCIETY WILL RECREATE A DRAWING ROOM DISCUSSION WITH THE MYSTIC GURDJIEFF; \$10 DONATION.

OLD-TIME MAKER SERIES: A THOUSAND YEARS OF SPINNING, St. ANTHONY PARK LIBRARY, 6:30-7:45 p.m. ALL

INTERESTED SPINNERS ARE ENCOURAGED TO BRING THEIR WHEELS AND SPINDLES. EXTRA SPINDLES WILL BE AVAILABLE FOR BEGINNERS.

### 23 TUESDAY

BABY/TODDLER STORY TIME, St. ANTHONY PARK LIBRARY, 10:30-11 a.m. AND 11:30-NOON.

HAMLINE STUDENT MUSIC RECITAL, St. ANTHONY PARK UNITED METHODIST CHURCH, 1-2 p.m. FREE-WILL DONATION.

### 24 WEDNESDAY

ENGLISH CONVERSATION CIRCLES, St. ANTHONY PARK LIBRARY, 4-5:30 p.m.

### 26 FRIDAY

PRESCHOOL STORY TIME, St. ANTHONY PARK LIBRARY, 10:30-11:30 a.m.

TABLET/SMARTPHONE HELP CLINIC ARE FOR ALL TABLETS AND SMARTPHONES, St. ANTHONY PARK LIBRARY, NOON-2 p.m.

CO-ED DRUM CIRCLE, WOMEN'S DRUM CENTER, 6:30 p.m. ALL LEVELS WELCOME; \$10 AT THE DOOR. DRUMS PROVIDED.

### 28 SUNDAY

SUNDAY AFTERNOON BOOK CLUB, "CLEOPATRA" BY STACY SCHIFF, MICAWBER'S, 2:30 p.m.

### 29 MONDAY

OLD-TIME MAKER SERIES: A THOUSAND YEARS OF SPINNING, St. ANTHONY PARK LIBRARY, 6:30-7:45 p.m. ALL

INTERESTED SPINNERS ARE ENCOURAGED TO BRING THEIR WHEELS AND SPINDLES. EXTRA SPINDLES WILL BE AVAILABLE FOR BEGINNERS.

### SENIOR EXERCISE

ST. ANTHONY PARK AREA SENIORS

TUESDAYS AND FRIDAYS, St. ANTHONY PARK LIBRARY, 2:30-3:30 p.m.

WEDNESDAYS, St. ANTHONY PARK UNITED METHODIST CHURCH, 10:30-11:30 a.m.

MONDAYS AND THURSDAYS, LAUDERDALE CITY HALL, 2-3 p.m.

COMO PARK/FALCON HEIGHTS BLOCK NURSE PROGRAM

TUESDAYS AND THURSDAYS, FALCON HEIGHTS TOWN SQUARE SENIOR APARTMENTS, 9:30-10:30 a.m. AND ARBOR POINTE SENIOR APARTMENT, 11 a.m.-noon

WOMEN'S DRUM CENTER, 2242 W. UNIVERSITY AVE., WWW.WOMENSDRUMCENTER.ORG

### FREE SENIOR BLOOD PRESSURE CLINICS

ST. ANTHONY PARK AREA SENIORS:

WEDNESDAYS, St. ANTHONY PARK UNITED METHODIST CHURCH, 11:30 a.m.-noon

COME PARK/FALCON HEIGHTS BLOCK NURSE PROGRAM:

THIRD THURSDAYS, ARBOR POINTE SENIOR APARTMENTS, 10-11 a.m.

FOURTH THURSDAYS, FALCON HEIGHTS TOWN SQUARE SENIOR APARTMENTS, 11 a.m.-noon

### VENUE INFORMATION

ARBOR POINTE SENIOR APARTMENTS, 635 MARYLAND AVE. W.

FALCON HEIGHTS TOWN SQUARE SENIOR APARTMENTS, 1530 W. LARPENTEUR AVE.

LAUDERDALE CITY HALL, 1891 WALNUT ST., 651-631-0300

MICAWBER'S BOOKS, 2238 CARTER AVE., 651-646-5506

OLSON CAMPUS CENTER, LUTHER SEMINARY, 1490 FULHAM ST.

SPIRIT UNITED CHURCH, 3204 S.E. COMO AVE., MINNEAPOLIS, 612-378-3602

ST. ANTHONY PARK LIBRARY, 2245 COMO AVE., 651-642-0411

ST. ANTHONY PARK UNITED CHURCH OF CHRIST, 2129 COMMONWEALTH AVE., 651-646-7173

ST. ANTHONY PARK UNITED METHODIST CHURCH, 2200 HILLSIDE AVE., 651-603-8946

ST. MATTHEW'S EPISCOPAL CHURCH, 2136 CARTER AVE., 651-645-3058

WOMEN'S DRUM CENTER, 2242 W. UNIVERSITY AVE., WWW.WOMENSDRUMCENTER.ORG

## Community art show welcomes all artists

The Undercroft Gallery at St. Matthew's Episcopal Church, 2136 Carter Ave., will host the 18th annual Celebration of Community Art Show this year, Feb. 7 through April 8. The gallery welcomes all artists, 18 and older, from St. Anthony Park and its surrounding communities who wish to display their work in a local gallery.

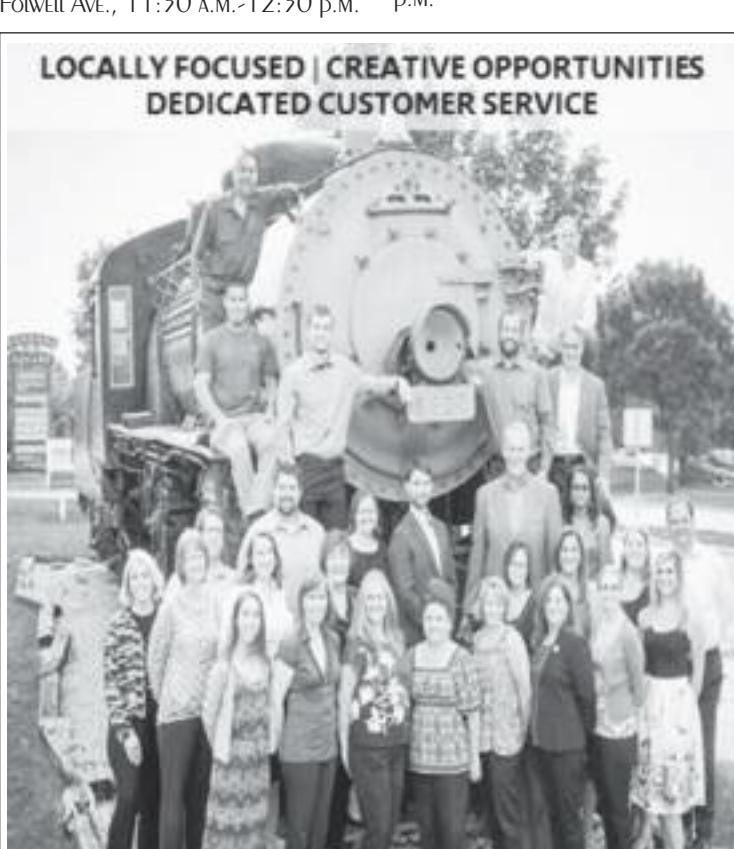
Art can be dropped off at St. Matthew's on Saturday, Jan. 31, 10 a.m.-1 p.m. A registration form is required as well as a \$10 registration fee. All work must be ready to hang or display.

The Community Art Show will be a juried show this year. Prizes will be awarded as follows: \$150, Best of Show; \$150, James P. Houck Memorial; \$100, first place; \$75, second place; and \$50, third place.

In addition, awards sponsored by local businesses will be given for the best work in each of the following categories: photography, oil or acrylic, watercolor and other (print, textile, pottery, paper, 3-D, etc.).

These will be awarded at the opening reception Sunday, Feb. 7, 6-8 p.m. For more information, contact Janet Murphy, at jmurow@aol.com.

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## Neighbors

# Pastor Glenn Berg-Moberg celebrates 30 years in ministry

The congregation at St. Anthony Park Lutheran Church celebrated the 30th anniversary of Pastor Glenn Berg-Moberg's ordination into the ministry Dec. 13. His ministry has been characterized by excellence in preaching and music, among many other strengths.

He has been senior pastor of the congregation since he arrived in 2001. That means he has done the majority of the preaching when there was no associate pastor, and he still shares that responsibility with Jill Rode, the current associate pastor.

When Berg-Moberg was asked what parts of ministry bring him the most joy, he replied: "Preaching, particularly when I find out what people have done or decided when they have been influenced by a sermon. When that happens, I can sense the Holy Spirit is moving through the congregation as the word is proclaimed. I don't take personal credit for this. I always remember that Jonah's sermon to the people of Ninevah was possibly the worst sermon ever delivered in the history of preaching, but God still used it for good."

"What gives me joy is seeing and hearing about the ways congregation members care for one another," he continued. "What gives me joy is singing in a crowd of worshippers who are united both in the singing and in service to the world that grows out of hearing the Good News at worship. Baptisms. Potlucks. Kids who brighten up the congregation with their beauty and innocence."

As senior pastor, Berg-Moberg does the majority of hospital and home visits, handles a variety of counseling requests, oversees a staff of 10, meets with the church cabinet monthly and serves on synod committees. He also handles most of the funerals in the parish.

"The more I'm around Pastor Glenn the more I appreciate his subtlety," said Andy Sackreiter, congregation president. "He's thoughtful in his messages without necessarily delivering a black or white outcome. He guides and nudges and leaves space for people to draw their own conclusions. In this complex world I appreciate feeling like I have a partner who can help with navigating tough questions, not by giving me the answer but by giving me tools to find the answer myself."

"Also, Glenn is a great songwriter and can remember an absurd number of song lyrics."

In 2011, Berg-Moberg was awarded a Lily Endowment sabbatical leave to follow the missionary journeys of Paul, sailing the Aegean Sea. The pastor's teaching and preaching were greatly enriched by this experience, plus it fit in nicely with his great love of sailing.



St. Anthony Park Lutheran Church Pastor Glenn Berg-Moberg

Before coming to St. Anthony Park in 2001, Berg-Moberg served St. John Lutheran Church in Janesville, Wis., and First Lutheran Church in Beaver Dam, Wis.

At the celebration service in December, Berg-Moberg was pleased that Dr. Fred Gaiser (a congregation member and former professor at Luther Seminary) was able to preach. Gaiser used the Old Testament text chosen by Berg-Moberg for his ordination Dec. 8, 1985. At that service, the late Dr. Loren Halvorson, also a seminary professor, had preached.

To celebrate this timely anniversary in a more relaxed way, the congregation hosted an open house at the Urban Growler, 2325 Endicott in St. Anthony Park, that afternoon.—*Mary Mergenthal*

### Dow Art Gallery to host artist talk by Robert Delutri Jan. 28

Dow Art Gallery will host an artist's talk by Robert Delutri Thursday, Jan. 28, 6-9 p.m. at the gallery, located at



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2242 W. University Ave. Delutri will introduce new insights and "results" from his Theoretical Aesthetic Research.

Delutri will also provide details and insights into his yearlong public art of politics, fantasy politics project, "The End of Hope and Change in America," and related Kickstarter campaign, both of which are in progress. The project involves

[More Neighbors to 16](#)



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# Seminary Sampler

## Saturday, Feb. 20

Carla Dahl, Professor of Congregational and Community Care Leadership—"Purity, Disgust and Love: Welcoming the Other"

Paul Daniels, Archivist/Curator—"Picture the Reformation: Luther, Cranach and the Power of the Visual"

Dirk Lange, Associate Dean, GTE; Associate Professor of Worship; Chair of History/Theology Division—"Sacramental Disruption: Liturgy and Life in Martin Luther"

Luther Seminary, Olson Campus Center  
1490 Fulham St., St. Paul, Minnesota

Please register by Monday, Feb. 15  
The fee is \$30 and includes lunch.

If you have questions, please contact  
Lynne Moratzka at 651-641-3419 or  
[lmoratzk@luthersem.edu](mailto:lmoratzk@luthersem.edu).

[www.luthersem.edu/friends](http://www.luthersem.edu/friends)

 LUTHER SEMINARY

1000-16

**Neighbors from 15**

sending 44, social media-exhibited works of "Art as Research," i.e. POTUS 44 to President Obama at the White House during his final year in office. The project is intended as a catalyst for an energized public art conversation.

There will be a drawing for a piece of original work by the artist and, depending on the turnout, Delutri may also engage the attendees in creating a participative work of art during the talk.

Contact Khanh Tran, 612-607-9203, for details.

**Garden plots open at Merriam Station Community Garden**

It's time to apply for a community garden plot at Merriam Station Community Garden. Email [mscg@unionparkdc.org](mailto:mscg@unionparkdc.org) to find out how to apply.

**Mothers First program seeks childcare, driving volunteers**

The Mothers First program provides prevention and intervention services for pregnant women who are abusing chemicals. The goal is to produce healthy infants through drug-free births and healthy families by reducing the chemical usage of pregnant women through intensive in-home involvement. The project has been in existence since 1990 and has had a success rate of 85 to 87 percent as measured by the total number of births and babies born drug-free.

Mothers First is seeking a child care assistant volunteer to help agency staff in providing care for children while mothers attend counseling sessions.

Volunteer drivers are also needed to provide transportation to mothers in recovery to and from

groups. Reimbursement for mileage will be provided.

Contact Ramsey County Health and Wellness Service Team Volunteer Services at 651-266-4090 for more information.

**Pottery show opens at Raymond gallery**

Patterns and Colors in Nature, an exhibit of the pottery of Wade Scheel, will be on display at Raymond Avenue Gallery, 761 Raymond Ave., Feb. 19-March 25. An opening reception will be held Friday, Feb. 19, 6-8 p.m. Gallery hours during the exhibit are Monday to Friday, 10 a.m.- 4 p.m., and Saturday, noon- 4 p.m.

Scheel received his bachelor of fine arts from the University of Northern Iowa and master of fine arts from Edinboro University of Pennsylvania.

He is a master potter, glaze chemist and lead potter at Deneen Pottery. He has also been an instructor, studio artist and gallery artist at the Northern Clay Center in Minneapolis and a kiln-building technician with Master Kiln Builders.

The clay, latex sculptures and paintings of Raymond Avenue Gallery owner and artist Joseph G. Brown will be on view in the lower level gallery during the exhibit.

**Friends of the Ramsey County Libraries to host annual gala**

The Friends of the Ramsey County Libraries have announced the theme for their third annual gala: "Spies, Lies & Literature." This celebration of the spy thriller genre will be a public fundraiser held on Saturday, Feb. 6, at the Roseville Library, 2180 N. Hamline Ave.



A plate by potter Wade Scheel

The gala will run from 6:30 to 9:30 p.m. and feature a silent auction, a live auction, hors d'oeuvres, wine, live music, dancing, a spy hunt, prizes and more. Kerri Miller from Minnesota Public Radio will emcee the program. All proceeds benefit the seven Ramsey County libraries.

The live and silent auctions will feature dining and sightseeing experiences, sports memorabilia and tickets, artwork, comedy and theater tickets, autographed books and gift baskets. Authors William Kent Krueger and David Housewright will attend the event and auction off the opportunity to name characters in their next novels. Additional auction items will include the opportunity to operate a bulldozer or giant excavator in the ultimate sandbox experience or win an exclusive, live meet-and-greet with the Como Zoo giraffes.

The 2015 Friends Gala was attended by more than 250 people and raised \$30,000 to add 1,500 new items to the lending collection of the Ramsey County libraries located in Maplewood, Mounds View, New Brighton, North St. Paul, Roseville, Shoreview and White Bear Lake.

Costumes or festive evening attire are encouraged but not required. Prizes will be awarded for the best costumes. Gala-goers aiming for an "elegant espionage" feel can dress as secret agents from all kinds of authors' work. Costumes can be as simple as wearing a trench coat, sunglasses and a hat.

This event is open to the public and tickets may be purchased online or by mail for \$50 per person in advance or \$60 at the door; \$25 of each ticket is tax deductible as a donation. Learn more at [www.rclfriends.org/gala2016](http://www.rclfriends.org/gala2016).

**Group helps grieving parents**

One Bright Star is a community resource for parents whose children have died. Founded in 1998 by four grieving mothers in Mankato, Minn., the organization has become a regional and national resource for other parents experiencing grief in their life. One Bright Star mails out free Star Journals and other support mailings to families in need.

The organization is seeking volunteers to partner with One Bright Star to provide service events in local communities. If you would like to find out more about the organization, visit One Bright Star on Facebook or go to [www.onebrightstar.org](http://www.onebrightstar.org). You can also email [director@onebrightstar.org](mailto:director@onebrightstar.org) or call 507-345-1920.

**NAMI offers mental illness workshop in St. Paul**

NAMI Minnesota (National Alliance on Mental Illness) will hold a free, interactive workshop that provides families and individuals with information on mental illnesses, practical coping strategies and hope for recovery. The workshop will be held in St. Paul at Gloria Dei Lutheran Church, 700 S. Snelling Ave., on Saturday, Feb. 13, 9 a.m.-3 p.m.. For information or to register call 651-645-2948 or go to [namihelps.org](http://namihelps.org).

**Valentine's at Marjorie McNeely Conservatory**

This Valentine's Day, enjoy a candlelit dinner in the warm confines of Como Park's Marjorie McNeely Conservatory's indoor gardens. String musicians will play while guests enjoy a dinner that includes salad, a hearty double entree, dessert, and two glasses of wine or beer.

Reservations are being accepted for the event, which will take place on Friday, Feb. 12 Saturday, Feb. 13; and Sunday, Feb. 14.

The cost is \$170 per couple. For more information, to make a reservation, or to view the menu, visit [www.comozooconservatory.org](http://www.comozooconservatory.org).

**Irish music center hosts Éigse**

The Center for Irish Music (CIM), Peter Killen of Cara Irish Pubs and Claire Killen of Emerald Real Estate will celebrate Minnesota's Irish music roots at Éigse CIM, a Gaela Event,

Saturday, Feb. 20, at Celtic Junction, 836 N. Prior Ave., St. Paul.

Éigse (pronounced "EG-shuh") is an Irish word for a celebration of traditional Irish music and culture. The semi-formal fundraiser includes dinner provided by Cara Irish Pubs, a silent auction, a raffle, and traditional Irish music concert, featuring the acclaimed musicianship of Center of Irish Music instructors. Guests have two ticket options: a sit-down dinner beginning at 5 p.m. (\$60) or silent auction reception and concert beginning at 7 p.m. (\$25).

All proceeds will benefit the Center for Irish Music. Tickets are available now at [centerforirishmusic.org](http://centerforirishmusic.org) or call 651-815-0083.

**Learn about pollinators March 8**

The Pollinator Friendly Alliance and Pollinate Minnesota will hold People for Pollinators symposium Tuesday, March 8, 8:30 a.m.-4:30 p.m., at Dakota Lodge, 1200 Stassen Lane, West St. Paul.

Attendees will learn about pollinators and their relationship to birds, wildlife and biodiversity, farm and urban habitat, pesticides and advocacy issues. Presenters will include global pollinator and organics advocate Jim Riddle; Sarah Foltz Jordan, pollinator conservation specialist for the Xerces Society; Dan Arnosti, conservation program director for Izaak Walton League; Lex Horan, Midwest organizer with Pesticide Action Network; Dr. Vera Krischik, director of the Center for Urban Ecology and Sustainability; and Robert Engstrom of the Urban Land Institute and the Sensible Land Use Coalition.

Lunch will be provided by Birchwood Café, the Lone Grazer Creamery and Red Table Meats.

Register and learn more at [www.pollinatorfriendly.org](http://www.pollinatorfriendly.org).

**Spend Valentine's Day with Ten Strings and a Goat Skin**

A bilingual traditional folk fusion trio from Prince Edward Island will perform on Sunday, Feb. 14, at the Celtic Junction, 836 N. Prior Ave., St. Paul. The band weaves the music of the Irish, Scottish, Acadian, Francophone and Maritime cultures and their original creations with modern and world rhythms. February 14. Music will start at 7 p.m.

Tickets are \$15 advanced or \$20 at the door. Buy tickets at [thecelticjunction.com](http://thecelticjunction.com) or call 612-874-8892. A student discount is available.

**Alan Kelly Gang kicks off American tour in St. Paul**

The Alan Kelly Gang will kick off its nine-city American tour in St. Paul on Friday, March 4, at the Celtic Junction, 836 N. Prior Ave. Music will start at 8 p.m. Tickets are \$17 in advance and \$20 at the door. Buy tickets at [thecelticjunction.com](http://thecelticjunction.com) or by calling 612-874-8892.

**Langford girls place second in MYAS tourney**

Langford Park took second place in December in the MYAS Brooklyn Center Basketball Tournament, Fourth Grade Girls Division. Pictured here are coach David Blank, Siri Pattison, Alice Wagner-Hemstad, Greta Seppanen, Jessina Heard, coach Cory Tennison, Julia Pletch, Harriet Spencer, Clare Marchant, Ellery Tennison and Mairin Blank. Team members missing from the photo are coach Nat Hemstad, Ashley Hartich, Naomi Kempcke and Sadie March.

## LIVES LIVED

*The Park Bugle prints obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal at [mary.mergenthal@gmail.com](mailto:mary.mergenthal@gmail.com) or call 651-644-1650.*

### Richard Brust

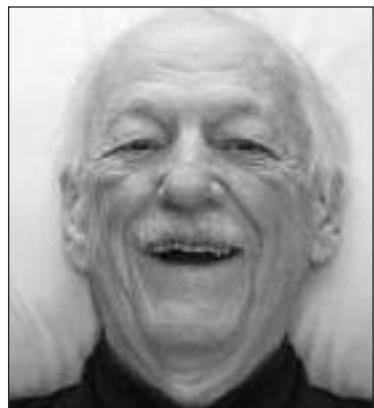
Richard Waldo Brust, 93, formerly of Falcon Heights, died peacefully Jan. 3 with his family around him.

He was preceded in death by his parents, Anna and Waldo Brust, and sister, Virginia Peirson. He is survived by his wife of 67 years, Joan; five children, John, Suzanne (John Shepard), Rick, Nan Michaud (Mike) and Barbara; five grandchildren; and two great-grandchildren.

As a 40-year employee of 3M, Dick started and became corporate vice president of the Tax Division. He grew up in New Richmond, Wis., earned an accounting degree from the University of Wisconsin-Madison and a JD from William Mitchell.

He was a golfer, hunter and avid collector of duck decoys, a Shriner and president of the National Tax Association in 1986-87. He made connections with people wherever he went. He loved leading his family in multi-part harmonies, and led a full and wonderful life.

The family thanks his Allina Hospice team and caregivers at the Episcopal Homes. A celebration of Dick's life will be held June 4 at Falcon Heights United Church of Christ.



### Dennis Grebner

Dennis William Grebner, FAIA, was born in Faribault, Minn., on Dec. 19, 1932. He lived in St. Anthony Park for many years. He died at Rochester Mayo on Dec. 16 after battling an aggressive form of acute myeloid leukemia.

He found a passion for architecture early in life. He graduated from the University of Minnesota with a bachelor's degree in architecture in 1955 and continued onto Harvard Graduate School of Design on a full scholarship and received a master's degree. He became a member of the American Institute of Architects, Twin Cities Chapter, and later held office. In 1988, he became a fellow of the American Institute of Architects, of which he was extremely proud.

Dennis was a professor at the University of Minnesota School of Architecture for 32 years. He helped with course revisions, development, curriculum design, as well as

extension classes for the U. While at the U, he taught in France with English architect Gordon Cullen and produced both academic and professional publications.

He was a guest lecturer for workshops in many locations, including Iowa State University College of Design, the American Institute of Architecture, the Walker Art Center, Rhode Island School of Design and MIT. He held many professional jobs, working a short time with Harry Weese in Chicago and with I.M. Pei in New York before he founded Community Planning and Design Associates in 1959. After the company dissolved, he opened Grebner Associates in 1978.

He received various awards, including the MSA/AIA Design Award and National Schools Design Award, for his progressive architecture on projects such as the Control Data headquarters in Bloomington, Adams Elementary School in St. Paul and West Saint Paul's shopping center.

After his retirement from the U, he and his wife moved to their farm in the Maiden Rock Township in Wisconsin. He saw that his yard was manicured and his vegetable garden was planted. He found joy in many things: classical music, reading, traveling, gardening, woodworking, drawing, water coloring and volunteering for the Habitat for Humanity in St. Paul and Guatemala. He dedicated much of his time to these passions.

Dennis is survived by his wife, Mary Jane; sons, Kurt, Erich and Peter; daughter, Michelle; daughter-in-law, Karyn; and five grandchildren, Bryan, Greg, Jeffrey, Wil and Britta.



### Lisa Griffin

Lisa Carlson Griffin, 62, died from complications of multiple myeloma on Dec. 22. Lisa was born March 23, 1953, in Sidney, Mont., to Joyce and Harley Carlson and lived there until age 5. Lisa spent her early years on the plains of eastern Montana enjoying time with her maternal grandparents on the farm where her mother had been raised.

The Carlson family moved to Rochester, Minn., in 1958. Lisa spent her formative years there, graduating from John Marshall High School in 1971. After high school

graduation she started college at St. Olaf in Northfield, Minn., and after two years, transferred to the University of Montana and graduated with a bachelor's degree in anthropology.

Following graduation she moved to Columbia, Mo., for graduate studies and obtained her master's degree in anthropology from the University of Missouri. During her graduate studies Lisa participated in archaeological surveys and excavations in the Midwest and Northern Plains. She also served as an archivist at the Missouri State Historical Society and the Western Manuscripts Collection at the University of Missouri.

While in graduate school, Lisa met her future husband, David. They were married in 1979 in Rochester, Minn. Their first daughter, Berit, was born in Columbia in 1982, and their second daughter, Kirsten, was born in Rochester in 1983.

In 1983 the Griffin family moved to St. Paul and raised their daughters in St. Anthony Park.

Lisa taught in the St. Paul Public Schools for many years, principally in high schools. At the end of her career, she taught at Como Park Senior High School, where her children had been students. Lisa loved her students and she enjoyed her job immensely.

She was an excellent teacher, encouraging students to excel and giving them the time and support to do so.

Lisa was an active volunteer both in the St. Paul schools and at St. Anthony Park Lutheran Church. She was loved by all who came into contact with her. She enjoyed time with all of her family, particularly in the mountains of Montana at the family cabin.

She was an avid gardener and reader and a friend to all. The home she created for her immediate family served as a second home to her large extended family and network of friends.

Lisa was a bright light to her family and friends, and her absence will be keenly felt for a long time.

She was preceded in death by her father; mother-in-law, Isabelle Griffin; and father-in-law, David Griffin Sr. She is survived by her husband and daughters; mother, Joyce Carlson; and siblings, Hans (Carol) Carlson, Janna (Paul) Carlson-Donohoe, Leif (Jessie) Carlson and Berit (Peter) Andreone.

Her memorial service was held at St. Anthony Park Lutheran Church on Jan. 9.

### Stacey Hunter Hecht

Stacey Hunter Hecht, 47, of Falcon Heights, died Dec. 9.

Stacey was an associate professor of political science and chair of the political science department at Bethel University. She was the author of articles and book chapters on religion and politics, social policy and state politics.

She was a regular commentator for the local media (TPT's Almanac). She was a generous and valuable member of the local Twin Cities Chinese Community and an active member of Como Park Lutheran Church.

She is survived by her husband, Stephen; daughter, Rosalind; mother, Sherry (Donald) Peters; and sister, Amy (Daniel) Zugell; mother- and father-in-law, Janet and Charles Hecht; and brothers- and sisters-in-law, Edward Hecht, John and Julie Hecht, and Katie and Paul Koch.

A gathering to remember Stacey was held Dec. 16 at Holcomb-Henry-Boom-Purcell Funeral Home in Shoreview.

Her memorial service was held Dec. 17 at Como Park Lutheran Church.

### Theresa Solheid

Theresa A. "Terry" Solheid, 54, died Dec. 29 with her husband, Rick, by her side. She was well-known to many in the Como/Falcon Heights area because of the many years of friendly service she provided while working at Blomberg Pharmacy in Falcon Heights.

She was preceded in death by her parents, James and Patricia Waska.

She is survived by her husband of 34 years, Rick; children, Matt (Christina) and Joe (Melody); grandchildren, April and Parker; and siblings, James, Mary, Patty, Tammy and Tom.

Her funeral service was held Jan. 5 at Roseville Memorial Chapel, with

interment at Fort Snelling National Cemetery.

### Greg Ustruck

Greg Ustruck, 64, of White Bear Lake, died Jan. 2.

He died in the home he and his wife, Kim, built together more than 30 years ago, surrounded by his family. The laughter, wisdom, strength and love he shared with his family will never be forgotten.

He is survived by his wife, Kim; daughters, Jackie (Ed) Kellner and Danielle Ustruck (fiancé Chase Henagin); and three grandchildren. He is also survived by brothers, Gary and Tom Ustruck, and sisters, Sandy (James) Olsen and Judy (Kevin) Simeon.

A celebration of life service was held Jan. 9 at Falcon Heights United Church of Christ, with interment at Roselawn Cemetery.

### Carol Wetherby

Carol Justine Wetherby, 64, a lifetime resident of St. Paul, died Dec. 14. She was the daughter of Clyde and Leona Wetherby and grew up in St. Anthony Park.

She graduated from Murray High School and attended the University of Minnesota before deciding to live a life in service to the Lord.

She is survived by her brothers, Bruce and Duane, and sister, Donna Connors. Interment will be at Acacia Park Cemetery in Mendota Heights, with a memorial service to be held at a future date.

## Thank You!

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# Getting fit at Como Park Lakeside Pavilion

By Alex Lodner

Melissa Malen is a spunky woman with many passions. She believes that exercise should be fun, that community is vital to our well being, and that adults and children with attention deficit hyperactivity disorder (ADHD) can be helped by incorporating fitness into their therapeutic roster.

In May, Malen started Studio M Spinning & Fitness in hopes of building a community around fitness. She rents one of the sun-streaked community rooms on the lower level of the Como Lakeside Pavilion and runs classes in spinning, strength and flexibility at all hours of the day, including 5:45 a.m. for those who like a little sunrise with their sweat sessions.

Malen's classes include spinning

with strength, which combines 20 minutes of spinning followed by 20 minutes of strength-building exercises off the bike for all ability levels. Malen also sees personal training clients in the space, as well as ADHD clients.

"Combining fitness with attention coaching is really one of my great passions," Malen said. "We use the bikes or do other high interval training, then we talk about skills development for focus and attention persistence."

Additionally, Malen, who has a background in counseling, offers classes for students that combine exercise and tutoring targeted at increasing achievement in school. Workshops are also offered for parents and educators that cover individual education plans (IEP) and



504 plans (an educational plan that gives students with disabilities individualized help) and developing accommodations for students.

This spring, Malen, who lived in the Como neighborhood for 17 years, partnered with Meegan Hall of Como Park Yoga and Wellness to offer a larger variety of ways to stay fit in 2016.

Hall and Malen share the space and many clients who enjoy the ability to take a heart-pounding spinning class one morning and a stress-relieving yoga session the next. Clients can purchase a punch card from either instructor and use it for both yoga and spinning classes.

Hall recently left the corporate world to follow her passion: yoga.

"I loved my job," she said in the studio overlooking the docks at the pavilion. "But I thought, 'I don't want to be at this desk when I'm 50.' It was time to follow my dream."

One of Hall's most popular offerings is Yin Yoga, which focuses on connective tissues of the body by



Meegan Hall of Como Park Yoga and Wellness and Melissa Malen of Studio M Spinning & Fitness offer a variety of classes at Como Lakeside Pavilion. At top, Malen takes a class through some spinning exercises. Photos by Kristal Leebrick

holding poses for extended lengths of time to increase circulation and improve flexibility.

Hall has had extensive training in teaching yoga and is continuing to take additional training in hopes of

increasing the offerings at Como Park Yoga.

Alex Lodner lives in Como Park and is a regular contributor to the Park Bugle.

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## Wellness center to move into former Peapods/Mischief building

By Kristal Leebrick

A wellness center offering yoga and meditation classes, holistic healing services and a retail shop that will sell bulk herbs, tea, essential oils, and natural and organic health supplements is moving into the former Peapods/Mischief space at 2290 Como Ave.

Samantha Huet, owner of Healing Elements in northeast Minneapolis, said her business has outgrown its current location on

Stinson Boulevard. She will begin renovation of the Como Avenue shop in late January and expects to open in St. Anthony Park in April.

"It is a humbling, beautiful reality that our healing center is able to grow and expand at this time," Huet said.

Dan Marshall and Millie Adelsheim had operated Peapods in the 3,000-square-foot space for four years before announcing last June that Peapods would close and the building was for sale. They opened

Mischief last fall. Their new store, which is aimed at older kids, teens and young adults, is moving to 818 Grand Ave., a half block east of Cafe Latte. Mischief's last day on Como Avenue was Jan. 23.

Huet closed on the Como Avenue property Dec. 30. Marshall and Adelsheim closed on the Grand Avenue property in early January.

You can find out more about Healing Elements at [healingelementsmpls.com](http://healingelementsmpls.com).



Dr. Nate Cogswell has been a familiar face at St. Anthony Park Dental Care for the last four years, but recently purchased Dr. Todd Grossman's side of the practice. Photo by Kristal Leebrick

## St. Anthony Park Dental Care welcomes Dr. Nate Cogswell

Dr. Nate Cogswell has purchased the dental practice of Dr. Todd Grossman at St. Anthony Park Dental Care, 2278 Como Ave. Grossman retired in January but may return after some time off to work part time, Cogswell said.

Cogswell is a familiar face at St. Anthony Park Dental Care. He started shadowing and observing the practice in spring 2012 while in dental school. He graduated from the University of Minnesota School of

Dentistry in 2014 and began working at the Como Avenue practice in July 2015. He purchased Grossman's side of the practice on Jan. 4.

A native of Rockford, Ill., Cogswell attended college in Lincoln, Neb., and came to the U of M because of its focus on "patient care and comfort." He did a residency at a hospital in Kansas City where he worked in emergency medicine. He is trained in sedation and emergency

care and will bring surgical services such as wisdom teeth extraction and anesthesia to the practice.

Cogswell says he and his wife, Daniella, a native of Honduras, are embracing their lives as Minnesotans. He is an avid bicyclist, recently tried snowshoeing for the first time and was sad to see the Vikings lose to the Seahawks on Jan. 10 (but was happy to see the Green Bay Packers win their game a few hours later). —Kristal Leebrick

## New owner at Underground Music Café on Hamline Ave.

By Alex Lodner

It has only been a couple of years since Tim Cheesebrow and his parents purchased Coffee Grounds at 1579 N. Hamline Ave., Falcon Heights, and renamed it Underground Music Café.

While Cheesebrow invested time, money and heart into the coffee shop, tweaking the interior to be more conducive to live music and adding an extensive menu, he recently sold the café to Ursula Shute.

"It was a tough but necessary decision. Dennis and Bonnie (Cheesebrow) moved up to Pine City, and it's hard to manage a cafe from that distance," Cheesebrow explained. "I have seen so much growth with my nonprofit that I had to choose what I was more passionate about, which is music education. But you're in good hands with Ursula."

Shute, for her part, doesn't plan on any drastic changes anytime soon. It was the music that attracted her to Underground Music Cafe in the first place, so she plans to keep the program strong while hoping to diversify the musical offerings. The menu will eventually see a bit of

tweaking—mainstreaming the dishes toward more familiar coffee house fare like sandwiches and soups. Shute would like to see more families using the space, especially stay-at-home parents and their little ones looking

for a place to relax and play.

"I've talked to a lot of customers, some have been coming here for years through several owners," Shute explained. "I want to maintain and strengthen the community feel here."

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## School News

The Bugle welcomes news about students and schools in the area. The deadline for the March issue is Wednesday, Feb. 10. Send your news to [editor@parkbugle.org](mailto:editor@parkbugle.org).

### Avalon School

700 Glendale St., 651-649-5495  
[www.avalonschool.org](http://www.avalonschool.org)

#### Two open houses in January

Avalon School, a 6-12 charter school located in South St. Anthony Park by Raymond Station on the Green Line, has two upcoming open houses: Saturday, Jan. 30, 10-11:30 a.m., and Thursday, Feb. 25, 7-8:30 p.m.

Families are invited to take tours, ask questions and learn about what a day at Avalon looks like. Avalon's focus is helping students learn through independent projects designed by students.

Questions? Contact Gretchen Sage-Martinson for more information at 651-649-5495, ext. 204, or [gretchen@avalonschool.org](mailto:gretchen@avalonschool.org).

### Chelsea Heights Elementary

1557 Huron St., 651-293-8790  
[www.chelsea.spps.org](http://www.chelsea.spps.org)

#### I Love to Read Month

In celebration of I Love to Read Month, Chelsea Heights will hold its annual Literacy Night on Friday, Feb. 19, 6-8 p.m. There will be many fun stations set up, including storytelling, a book walk, pizza dinner and more. Back by popular demand, Brian the Story Man from England will be joining the fun again. This is a great event for the whole family.

### Como Park Senior High

740 Rose Ave., 651-293-8800  
[www.comosr.spps.org](http://www.comosr.spps.org)

#### Robotics Team has 45 members

The Como Robotics Team is 45 members strong this season under the leadership of teachers Donna Norberg and Mike Fisher, with assistance from community experts and dedicated parents. The team is working on developing its robot in preparation for the FIRST Robotic Competition (FIRST is the acronym "For Inspiration and Recognition in Science and Technology") in mid-February, followed by the regional competition at Williams Arena in early April. Elected captains are senior Evan Hulick and junior Marie Wulff. Safety captains are seniors Chrys Sowards and Garrett Yzaguirre.

#### An eye on the caucuses

AP Government students will take a road trip to Iowa after school on Monday, Feb. 1, to be political observers of the Iowa Caucus. After studying presidential politics and the significance of the early caucuses and primaries, students will get a first-hand view of the democratic process by attending both the Republican and Democrat caucuses in Mason City. Students will return from the whirlwind political adventure late Monday night and have a unique experience to share during the presidential campaign and beyond.

#### Music to our ears

Over the last month, the Como Park choirs sang for more than 2,000 students at the five Area E elementary schools: Chelsea Heights, St. Anthony Park, Como Park, Galtier, Hamline and Je Ming elementary schools. The singers enjoyed performing for the young and attentive audiences, and the grade-school students and staff enjoyed the music and performances.

The Como Park bands and orchestra performed a concert in the Como Auditorium on Jan. 25. The concert featured the intermediate band, concert band, jazz band and the orchestra.

Musical selections included Mozart's Symphony No. 6, arrangements from Vivaldi's Spring, famous marches and an improvising ensemble.

#### Quiz bowl set for Feb. 3

Two foursomes of Como students will participate in the annual Academic WorldQuest quiz bowl competition on Wednesday, Feb. 3. The statewide event is sponsored by the Minnesota International Center and tests student knowledge of global affairs in a wide range of topics. The competition will take place at the University of Minnesota's McNamara Alumni Center and will be emceed by the Current's Mark Wheat.

**Prospective students can shadow**  
Prospective students who are interested in experiencing a day of Como Park Senior High School are invited to shadow a current student. Opportunities for shadowing are on Tuesdays, Wednesdays and Thursdays through February. Interested students can register online at [comosr.spps.org](http://comosr.spps.org) by clicking "Prospective Students and Parents" under "Popular Links." Tours are also available upon request through Sandy Kestner, parent coordinator.

She may be reached at 651-744-3997.

#### Showcase Night is Feb. 4

Como's Showcase Night for prospective students and families is an opportunity to learn more about Como's academic offerings and extra curricular activities. Students and families interested in attending Como are invited to visit the school on Thursday, Feb. 4, 6-7:30 p.m.

Students, teachers, staff and community members will be present to show a sample of programs, answer questions, provide tours and highlight what new students can choose to do as a Como Park Cougar.

### Murray Middle School

2200 Buford Ave., 651-293-8740  
[www.murray.spps.org](http://www.murray.spps.org)

#### Murray to perform Lion King Jr.

Murray Middle School will present Lion King Jr. March 11-13 in the school auditorium. Students will be producing and performing additional "back story" skits based on the play. It promises to be familiar for fans of the original movie and, in many ways, a fresh take on this Disney classic.

Tickets will be \$10 adults, \$5 for children under 10 at the door. Reduced-price advance tickets will be available online at [pay.spps.org](http://pay.spps.org) through March 8.

More information about the show times will be available in the next issue of the Bugle.

#### Pilot One-on-One needs tutors

Murray Middle School is looking for tutors to provide support to seventh and eighth-grade students in English, math, science or social studies.

Tutoring is needed during the following hours: 11:25 a.m.-12:14 p.m., 12:18-1:07 p.m. and 1:11-2 p.m.

Tutors choose the day(s) and time(s) that work best with their schedule. All volunteers are asked to participate in a 90-minute training and orientation session prior to tutoring. Students work with a tutor/mentor individually each day. Students work on developing the tools they need to improve their study skills.

Studies show that developing a caring relationship is critical to academic success in school. Volunteers get to know the student because they see each other every week.

Contact Cindy Thrasher, program coordinator, at 651-744-5232 or [cindy.thrasher@spps.org](mailto:cindy.thrasher@spps.org).

#### Special thanks to the Murray PTA

The Murray PTA hosted a successful Book Fair on Dec. 3 at Barnes and Noble in HarMar Mall. It was an evening with student performances—band, orchestra and rock band—interactive game tables,

reading, conversations and fun. It was an amazing celebration of student talent, parent support and community commitment to the school. The event resulted in classroom book donations and money for the classroom grant program through the PTA.

Thanks to all of you who supported the event.

#### Raptor Center partnership

Murray is excited to continue the partnership where our seventh-grade life science students have opportunities throughout the year to experience interaction with a Raptor Center professional and the raptors both at Murray and at the U of M. Students recently had their first visit of the year and it was a big success.

In addition to the scheduled program visits, the Raptor Center notifies the school of any birds that will be released into the wild. This provides students with additional opportunities for learning, interacting and experiencing science in action.

This program was made possible by the alumni from the class of 1965 and the St. Anthony Park Community Foundation.

#### Trout in the Classroom

Trout in the Classroom, a Minnesota Department of Natural Resources and Minnesota Trout Unlimited joint program, allows trout to be raised in a classroom from eggs to fingerlings, which will then be released into a local body of water.

Seventh-grade science teacher Nick Altringer and his life-science classes are hosting rainbow trout throughout the school year as part of the program.

Earlier this year a group of seventh-graders took a field trip to learn about trout as an introduction to the program. Now they get to use their knowledge in the classroom.

Of the 500 eggs that have been donated to Murray, only about 50 percent will survive. Out in the wild, 10 percent of trout survive to adulthood, but in captivity they live much longer.

It's hoped the trout raised at Murray will be released into the wild by the end of the year.

#### Creative approaches to science

Murray Middle School's annual science fair held Jan. 12 and 13 included 200 projects and 80 judges.

According to science teacher Tim Chase, the judges were impressed with the quality of the projects, "but the comments on how 'creative the students are with their approach to the process of science' were the comments I was most proud to hear."

The Twin Cities Regional Science Fair will be held Friday and Saturday, Feb. 26 and 27. Those who qualified to go on to the regional fair include Will Altman, Lily Gordon and Olivia Barnes, animal science;

Olivia Ahrens, Amelia Moseman and Lucille Black, behavioral and social science; Ong Vang, Mason Salverda and Aaliyah McQueen, biochemistry; Carter Brown, Molly Swanson and Morgan Nichols, cellular and molecular biology; Sunniva Berg, Bridget Lee and Sawyer Wall, chemistry; Janey Post, Maeli Engelmann and Paola Guerrero, earth science; Maasia Apet, Charlie Rogers and William Gray, energy and transportation; Nicholas Jacobsen, Lillian Barnes and Phelameena Lee, engineering; Noah Putz-Yang, Keith Deal and Jillian Brenner, environmental science; Amelia Schucker, Sami Banat and Ethan Mills, medicine and health; Alena Almanza, Jonas Lundquist and Ronald Spiegelberg, microbiology; James Carlson, Claire Olson and Peter Fortier, physics and astronomy; Tana Ososki, Ian McKenna and Alejandro Najera-Wolcot, plant sciences; and Anna Gaudio, Hedges Gregory and Madeline Thompson, product comparison.

### St. Anthony Park Elementary

2180 Knapp St., 651-293-8735  
[www.stanthony.spps.org](http://www.stanthony.spps.org)

#### Raise a glass and support SAP

Visit with friends and neighbors, raise a glass and support the students of St. Anthony Park Elementary School at a fundraiser Feb. 5 at the Urban Growler Brewing Co., 2325 Endicott St.

The St. Anthony Park School Association (SAPSA) would like to invite members of the community to attend the event, which will be held Friday, Feb. 5, 7-10 p.m.

Money raised by SAPSA goes to support arts- and environmental-education programs, defray costs of classroom supplies and subsidize field trips.

This year SAPSA has committed an additional \$11,000 to support the tutoring program at the school, but help is needed to close the gap.

If you would like to co-host the event by providing a donation before the event, please contact Anita Severt, [akord@comcast.net](mailto:akord@comcast.net), or sign up online at <http://bit.ly/1NcZKCB>.

#### School will undergo redesign

St. Anthony Park Elementary has been selected as one of eight St. Paul public schools to receive money to begin the design process for major building upgrades.

The school board set aside \$6 million for the initial design work. Funding for construction is likely to be decided in March.

The work is part of the district's 10-Year Facilities Master Plan. Stay tuned for opportunities to participate in the process as it winds down.

For more information on the district's Facilities Master Plan, visit <http://facilities.spps.org/fmp>.



# 100 years of Scouting

*Boy Scout Troop 17 will celebrate its centennial at St. Anthony Park UCC on Feb. 27*

**By Mike Smith and  
Nick Jacobsen**

*This is the third and final article marking the centennial of Troop 17, Boy Scouts of America.*

The December 2015 Bugle article covered the beginning through the 1940s. The January 2016 Bugle article covered the time period of the 1950s through the 1980s. This article takes us from the 1990s to today.

Troop 17 is the second oldest continuously chartered troop in Minnesota, and the oldest troop in Minnesota continuously chartered by one organization, St. Anthony Park United Church of Christ (formerly St. Anthony Park Congregational Church) and meeting in the same building—2129 Commonwealth Ave.—since its beginnings in March 1916.

A brief recap: The troop began when a group of St. Anthony Park boys decided to start a Boy Scout troop. They sought out James "Dad" Drew, a professor at the University Farm School. They knew of him from a previous troop start-up in 1910, when St. Anthony Park Congregational Church was in its previous location on the corner of Raymond Avenue and Wheeler Street. Dad Drew happened to live across the street from the new church building, built in 1914. The troop received permission from the church and began meeting on Tuesday nights. Troop 17 has been meeting almost weekly ever since.

### Part 3: The 1990s to the present

The 75th anniversary of Troop 17 was held on Feb. 9, 1991. A historical video celebrating the anniversary was created and produced by Michelle Christianson and Philip Kibira. This video is now included in "A Digital Time Capsule," the accompanying DVD to *Honor Bright: A Century of Scouting in Northern Star Council*, written and compiled by Dave Kenny in 1910 for the Northern Star Council Centennial. Several pictures, materials and stories of Troop 17 are included.

In 1998, the troop won a grand prize at the State Fair Scout Exposition for its pioneering display that featured several signal towers and a rope bridge. These pioneering feats continue to appear annually at the St. Anthony Park Fourth of July parade and picnic.

Another annual event began in 2004 with campouts in late October and early November to cut evergreen boughs for Christmas wreath making, the annual fundraiser for Troop 17 and Pack 22. Scouts can earn their way to Tomahawk Summer Camp through wreath sales. The troop regularly provides greens, wreaths, garland, treetops and large trees for the Advent and Christmas season in St. Anthony Park churches and community.

Troop 17 celebrated its 90th anniversary in 2006 with a canoe trip and dinner at Fred C. Andersen

Scout Reservation on the St. Croix River in Wisconsin, with historical displays created by Steve Granger. Many former Scouts, families and friends attended.

In 2007, Scouter Mark Hansen was awarded the Silver Beaver, the highest award that can be bestowed by a council to a volunteer Scouter. In 2009, Troop 17 and St. Anthony Park UCC together joined the Northern Star Council's Centennial Commission, which provided leadership and funding for the 100th anniversary of the Boy Scouts of America. Scoutmaster Jerry Wallace was awarded both the North Star District Scoutmaster of the Year Award and the Scoutmaster Award of Merit in the same year.

In 2010, John Wolf became Troop 17's 90th Eagle Scout in the Boy Scouts of America's centennial year. In 2011, the troop celebrated its 95th year, along with St. Anthony Park United Church of Christ's 125th anniversary. Also in 2011, Scouter Mike Smith was awarded the Silver Beaver.

In addition to the usual troop camping, recent High Adventure trips have included backpacking trips in the Bob Marshall Wilderness and Glacier National Park in Montana and Isle Royale National Park in Lake Superior. There have been Boundary Waters Canoe Area Wilderness trips. There have been several bike trips: from western Wisconsin to Wisconsin Dells; from Grand Rapids on the Mesabi Trail through the Iron Range, down to Two Harbors, along Lake Superior through Duluth and connecting to the Munger Trail to Pine City; and from Duluth to Ashland, Wis., by the south shore of Lake Superior with some kayaking and sailing around Bayfield and Madeline Island.

Also currently in progress since 2013 is a five-plus year project to section canoe the Mississippi River from Itasca to St. Paul. We are busy Scouts!

What do our current Scouts have to say about Troop 17 and Scouting?

Ethan Helmer: "Some of my favorite things about Boy Scouts is getting leadership opportunities in a scout-led trip. I also love how Boy Scouts provides me with knowledge that can be useful in all sorts of situations."

Ben Schafer: "My favorite part is the camping, since so often it's a great chance to unplug and get away from technology."

Brian Whalen: "I think the biggest thing I've gotten out of Boy Scouts is the leadership opportunities, the teamwork and the outdoor skills."

Elliot Helmer: "The knowledge you get from Boy Scouts is great because it can prepare you for the future and help with everyday life."

Aiden Batchelor: "I think Boy Scouts is great because it's a chance to get together with your peers."



Scouts pose for a photo during Troop 17's 90th anniversary celebration in June 2006 at Fred C. Andersen Scout Camp.

### Centennial celebration

The Troop 17 centennial celebration will be held on Saturday, Feb. 27, at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., from 4:30-8 p.m. The evening will begin with a social hour and open house. Scouts will have displays of artifacts, pictures and memorabilia, and the Troop Room will be open for visiting. At 6 p.m. there will be a buffet dinner, followed by a program at 7 p.m. The guest speaker will be Northern Star Council chief scout executive John Andrews.

All are invited, with a special invitation to former Troop 17 scouts and their families. If you know someone who was a member of the troop or members or families of any former Boy Scout units that were in St. Anthony Park, please let them know.

Tickets are \$10 per person. You can register and pay online. You can go to [troop17.sap.org](http://troop17.sap.org) and click on "Register." There is also a Facebook group, "St. Anthony Park Troop 17 Centennial Celebration," with links to register and where you can share pictures and stories of Troop 17. You

can also register by mail and send a check to: St. Anthony Park Troop 17 Centennial Celebration, c/o St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., St. Paul, MN 55108.

For information, contact Mike Smith, Troop 17 Centennial Celebration Committee, 651-398-5552 or [johnmichaelsmith@comcast.net](mailto:johnmichaelsmith@comcast.net).

## League to host new superintendents from Roseville, N. St. Paul

Superintendents of North St. Paul-Maplewood-Oakdale Schools (Christine Osorio) and Roseville Area Schools (Dr. Aldo Sicoli) will assess their school districts at a meeting hosted by the Roseville, Maplewood and Falcon Heights Chapter of the League of Women

Voters Tuesday, Feb. 16, at 6:30 p.m. at the Little Venetian, 2900 Rice St., Little Canada.

Both superintendents are midway through the first school year in their new districts.

Osorio came from the St. Paul

Public Schools, where she held various roles, from bilingual teacher to chief academic officer. Sicoli was superintendent in Robbinsdale Area Schools for six years before coming to Roseville. He also served in other Minnesota and Nebraska school districts.

The meeting will be recorded for review at a meeting Wednesday, Feb. 17, at 9:30 a.m., at Resurrection Lutheran Church, 910 County Road D, Roseville. Both events are free and open to the public.

## Authors Dave Eggers and Marlon James will talk about books Feb. 4

*The event is a fundraiser for University and Raymond tutoring center, Mid-Continent Oceanographic Institute*

Award-winning authors Dave Eggers and Marlon James will join forces in conversation to raise money for creative writing nonprofit, Mid-Continent Oceanographic Institute (MOI), the tutoring hub located at 2388 W. University Ave.

The authors will discuss topics related to recent books, MOI and 826 National, a nonprofit network founded by Eggers. The event will be held at Hamline Church United Methodist, 1514 Englewood Ave.. Doors for the event open at 7:30 p.m. and the event begins at 8 p.m.

Eggers is author of *The Circle*,

*The Wild Things, A Hologram for the King, Zeitoun* and *A Heartbreaking Work of a Staggering Genius*. James is author of *A Brief History of Seven Killings* and *The Book of Night Women* and the 2015 winner of the Man Booker Prize. James serves on the board of MOI and is the guest

author for this year's Young Authors Book Project. MOI is currently a chapter-in-development with Eggers' 826 National. 826 National chapters work with under-resourced students in seven cities across the country on exploring creativity and improving writing skills.

All proceeds from the event will support MOI's creative writing and academic programs. Eggers and James are helping MOI reach their 2015-16 school year goal of providing more than 1,200 Twin Cities students with a variety of free programming.

Go to [www.moi-msp.org](http://www.moi-msp.org) to find out how to purchase tickets. Tickets for a VIP Pre-Party Event and Post-Party at the Turf Club are also available. Eggers and James will be available for book signing at the Post-Party.



## CPHS Cougar Sports by Eric Erickson

*Eric Erickson highlights Como Park Senior High School athletics each month in the Bugle.*

# 'Have a plan' is anthem for Como wrestlers

A multitude of voices echoed through the gym. Fans screamed for the dueling wrestlers, teammates shouted encouraging words, coaches communicated instruction, and Tijl Van der Wege knew his plan.

When the final whistle blew, the 15-year-old Como Park sophomore (with previous education at St. Anthony Park Elementary and Murray Middle schools) had qualified for the state wrestling tournament. He competed in two more state tournaments at the Xcel Energy Center, placing fourth in his senior year, before becoming a Como graduate in 2002.

Fast-forward to the 2016 high school wrestling season, and Van der Wege is back at Como serving as the program's new head coach. While studying and playing baseball at the University of Minnesota, and around employment, his connection to Como continued as he volunteered and assisted the program as much as possible.

The tradition of Como Park wrestling includes 10 St. Paul City titles and more than 70 wrestlers who have participated in state tournaments as individual qualifiers. Many of them revisited the Como

gym on Jan. 14 for alumni night when "Como Pride" was out in full force.

Handshakes and hugs were abundant. Storytelling and reminiscing produced smiles and laughs. Helping Van der Wege orchestrate the activity was Roy Magnuson, who coached wrestling at Langford Park, Murray and Como for nearly 40 years.

Magnuson stepped down from his wrestling responsibilities in 2015. Greg Petrie, another longtime Como teacher and coach ran the Cougars' program with Magnuson for more than 20 years. Together, they created a culture of hard work accompanied by humor. Van der Wege credits his coaches for the success and tight friendships he and his teammates experienced.

In turn, Magnuson credits Van der Wege and all of the wrestling alumni for their drive and leadership that helped create the right mindset for the unique individual battles that the sport requires.

"You can't get better without each other," explained Magnuson. "The best teams won and lost with each other. One kid won, everybody was happy. One kid lost, people were



Como Park Wrestling Coach Tijl Van der Wege provides instruction to freshman Morris Walker as the varsity team views the 170-pound match in the Jan. 7 meet at Harding. Photo by Mike Krivit, [www.krivit.com](http://www.krivit.com)

down."

A high school wrestling meet is a series of individual matches with potential points being earned by the team's representative from each of 14 weight classes, progressing from 106 pounds up to the heavyweights. With this format each team member

is the center of attention for a few moments of the meet, representing his team and school alone against one opponent.

As results are accumulated, emotions can be mixed. While some may feel satisfaction for a well-executed victory, some may feel the mental pain of being pinned. Successful programs help kids realize they're not ever really alone out there on the mat. The solidarity of Como wrestling is a fundamental component Magnuson and Petrie clearly passed on to Van der Wege.

That solidarity is passed on to the current wrestlers through other alumni as well. Van der Wege has assembled help in the form of assistant coaches J Frasl (2008) and Lah Htoo (2014). Together, they have a plan, and they're working on implementing it for this next generation of Cougar wrestlers.

The current version of the Cougars is young. Some are raw athletes with limited wrestling experience. Because of this, Van der Wege is teaching them how to use their basic techniques and plan their strategy.

"Have a plan" is a soundbite Van der Wege still lives by today. He remembers Magnuson saying it, to the point where it replayed in his head. It helped Van der Wege win matches as a wrestler and now helps him coach the freshmen, sophomores and juniors that form the core of his team.

Junior Tha Dah is an extremely quick athlete wrestling at 152 pounds. A soccer player the rest of the year when he's not wrestling, assistant coach J Frasl marveled at the fitness level Tha Dah has brought to the first day of practice every season. It sets a high bar for the team and their

conditioning expectations.

Juniors John Barton and Kayode Ajao are also veterans who know how the program works. They demonstrate commitment to less experienced teammates, and they have grown into the role of reliable point producers.

A talented sophomore class is headed by returning letter-winner Drew Barnard at 145 pounds and heavyweight Corey Guenther. During the winter break, Como participated in the Andover Holiday Tournament, which featured 12 teams, including some suburban and exurban powers.

Guenther took second place in the heavyweight class, and had a 12-3 record as the Bugle went to press. He was an all-district football player in the fall, and his wrestling future looks quite promising too.

Going forward, there is a plan for Como wrestling. It's not to achieve a certain record. It's not directly tied into the team winning city titles. It's not necessarily to qualify individuals for state.

The team will learn to appreciate accomplishments when they happen, but the focus is on getting better.

"I am most concerned about our level of improvement," Van der Wege said. "I feel a true measure of a high school coach is how much improvement you are able to get out of your kids."

Spoken like an experienced educator, and true to the traditions of Como wrestling, Coach Van der Wege has a plan.

Eric Erickson is a social studies teacher at Como Park High School and a long-time coach of school and youth sports in St. Paul.

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