By Kristal Leebrick

The Como Station post office will reopen in a new location in St. Anthony Park, but that location has not been determined.

The U.S. Postal Service (USPS) has approved funding to lease a new site in the neighborhood. The next step is finding 966 square feet of space to house the operation, said USPS spokesperson Pete Nowacki.

Before a space can be leased, the USPS is required to hold a public meeting to gather community input. That meeting is set for Tuesday, Dec. 8, at 5 p.m. at Loring Seminary’s Olson Campus Center, dining room A & B, 1490 Fulham St. USPS representatives will present a proposal for the relocation at the meeting. Written comments on the proposal will be accepted until Jan. 7, 2016, and may be submitted to Greg Shelton, real estate specialist, USPS, 200 E. Kentucky Ave., Denver, CO 80209-9950.

The USPS plans to open the new post office “as close to the original facility as possible,” Nowacki said. The new facility will have the same amount of post office boxes and counter space as the former site, he said.

The U.S. Postal Service’s lease at 2286 Como Ave. expired in Nov. 13. Post office boxes at that station have been temporarily moved to the Roseville Branch at 2000 W. County Road B2. The Como Station post office had been in that building since 1970.

Word that the post office may close began when the building went on the market a year ago. In December 2014, the building’s owner, Ann Reed, the face behind the counter there for nearly 30 years, made a bid for the property. In June, co-owner Tom Frattallone said the company had planned to open a store in late February 2016. The Bugle has not been able to get an update on the company’s plans.

In the meantime, area post office branches and stations are listed below:

- Roseville station, 2000 W. County Road B2. Retail hours are Monday-Friday, 8:30 a.m.-3 p.m. and Saturday, 9:30 a.m.-1 p.m. The lobby is open 24 hours a day.
- Minnesota Transfer Station, 2343 W. University Ave. Hours are Monday-Friday, 8:30 a.m.-1 p.m. and 2:30-5 p.m.
- University Station, 2811 University Ave. S.E., Minneapolis. Retail hours are Monday-Friday, 8:30 a.m.-5 p.m. and Saturday 9 a.m.-1 p.m.
- St. Paul Student Center, 201 Buford Ave., has a postal station at the center’s information desk on the lower level. That station is open Monday-Friday, 8 a.m.-7 p.m. and Saturday, noon-5 p.m.

Looking for a place to process a passport? The closest locations to do that are the Roseville License Center, 2737 N. Lexington Ave., or the Minneapolis Main Post Office, 100 S. First St., Room 106. The downtown Minneapolis post office has free parking in a lot adjacent to the building, something that many visitors don’t realize, Nowacki said.

You can read more about the Como Station post office and Annette Edembroski, the face behind the counter there for nearly 30 years, on page 3.

By Kristal Leebrick

The October sing started off with the “Sound of Music,” a song made famous by Julie Andrews, who was born on Oct. 1. The group sang “American Pie” by Don McLean (born Oct. 2), “Sister Suffragette” from the movie Mary Poppins (Glynis Johns, who played Mrs. Banks in the film, was born Oct. 5), “Yesterday” by John Lennon and Paul McCartney (it was the No. 1 hit that week 50 years before) and “Beautiful Dreamer” by Stephen Foster. That was one of Eleanor Roosevelt’s favorite songs and she was born Oct. 11.

“Ann and I each bring our own particular, and peculiar, I might say, tastes,” Chouinard says. “We try to keep a balance of styles and generations, and we get requests every month.” Some are sent to them via email and others are “scribbled out at the previous sing along.”

Chouinard, a freelance pianist, accordionist and writer who does work for the Minnesota Historical Society and Minnesota Public Radio, spends two nights a month leading community sing. For years he’s been leading one in the recreation building at Loring Park, Minneapolis. The group there tends to sing more pop radio tunes and classic Broadway, more Rodgers and Hammerstein, more Beach Boys, more Beatles,” Chouinard says.

The St. Anthony Park group has varied tastes, “but we do keep
We support the Bugle
and here’s why

“I have worked in the housing and community-development field my entire career and have seen how a robust and widely supported neighborhood newspaper signals a vital and engaged community. I think the Park Bugle is one of the finest neighborhood newspapers I’ve ever come across. It provides the connective tissue and the thought leadership that helps makes the communities of Falcon Heights, St. Anthony Park, Como Park and Lauderdale great places to live. The Bugle not only connects us within our neighborhood, it’s inviting to the broader community. The coverage of current issues like the proposed new housing developments and school board elections is excellent. Ann, in particular, loves reading about the next generation of families and individuals in the community and the energy and new ideas they bring.

“We have lived in the St. Anthony Park for 23 years and raised our three children here. The Bugle has kept us connected to the people, life, activities and key issues of our community.

“Yearly, Ann and I support the Bugle because we want to live in an engaged, caring and well-informed community. We hope you’ll be generous in your support of this extraordinary community resource.”

Paul Fate
Former president and CEO
CommonBond Communities

Give to the Bugle this year and help this 41-year-old community resource keep on keeping on.
Go to www.parkbugle.org and click on the green GiveMN button on the right.

Making organics recycling easier
Como Composts is working with St. Paul Parks and Recreation to locate an organics drop-off site in the neighborhood, most likely at the west end of McMurray Field along Boushell Lane. Now, the closet place to dispose of organic compost is Ramsey County’s yard waste site on Pierce Butler Route. In a recent community survey, 87 percent of respondents said they would prefer a location in the neighborhood.

McMurray Field’s trash bins and kitchen compost starter kits are available at the District 10 office in the Historic Streetcar Station. You can pick them up on Sunday, Dec. 6, noon-4 p.m. Or call 651-644-3889 and arrange to pick up by appointment.

Interested in a seed exchange? The District 10 Environmental Committee is setting up a seed exchange for heirloom garden vegetables, native plants and other growing things, starting in spring 2016. If you want to take part, contact Dawn Lamn, comoseedswv@gmail.com. Or find out more on Facebook: www.facebook.com/comoseedswv.

Are you on the D10 newsletter list? To keep up-to-date on Como, sign up for District 10’s weekly e-newsletter, which is sent out every Friday. Visit district10comopark.org, then click on the sign-up icon in the right column.

Lauderdale public hearing
The Lauderdale City Council held elections for members of the board in November. New council members are Michael Russelle and John Mark Lucas, who will represent north St. Anthony Park, and Ian Luby, who will represent south St. Anthony Park. Outgoing members are Seth Levin, Mini Jennings, Jodanne Makela, John Seppanen and Linda Hodge.

It’s Honor Roll time again
The St. Anthony Park Community Council is looking for nominations of residents who have made outstanding contributions to the neighborhood for the city’s Neighborhood Honor Roll. Honor rollees will be treated to a special dinner in January. Their names will then join the names of neighborhood honorees from past years on a plaque hung in St. Paul City Hall. Send the name and a 50-word description of the person’s work and contributions to Calin Rogers, StPaulCouncil.org by Thursday, Dec. 4.

Go to wwww.sapcc.org or call 651-649-5992.

New board members at D12
The St. Anthony Park Community Council held elections for members of the board in November. New council members are Michael Russelle and John Mark Lucas, who will represent north St. Anthony Park, and Ian Luby, who will represent south St. Anthony Park. Outgoing members are Seth Levin, Mini Jennings, Jodanne Makela, John Seppanen and Linda Hodge.

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Meet the familiar face behind the PO. counter for nearly 30 years

Annette Edburn, the familiar face behind the counter at the Como Avenue post office for nearly 30 years, will return to the Como Avenue-—but no one is quite sure when that will be, or exactly where. (See the story about USPS plans to open a new post office in St. Anthony Park on page 1.)

Until those decisions have been made, you can find Edburn at the Roseville branch, 2000 Country Road B2.

The Como Avenue branch closed on Nov. 13 after the lease it was held since 1970 expired. In June, co-owner Tom Frattalione said the company had planned to open a store in late February 2016. Recent reports indicate that opening may not happen in February, but a hat is passed to pay the musicians and to cover piano tuning and the cost of printing posters that advertise the sing. Luther Seminary donates the space and St. Anthony Park Community Council donates the projector and screen that are used to display the song lyrics.

The group welcomed Chouinard back in October after a two-month hiatus. He was in Italy working on a movie.

"I was an accordion-playing leader of a little dance band that shows up on a hay wagon and plays 'Rudolph' or 'Deck the Halls.'" But he doesn't want to short-change the December birthdays, he says, as he scans his "big long document with dates and names and notes and songs," and notes Walt Disney was born Dec. 5 and Ira Gershwin on the fourth Monday of the month at 7 p.m. Dubliner events are for those 21 and older.

The Urban Growler, 2325 E. 47th Street, hosts an all-ages Shanty Sing on the fourth Monday of the month at 7 p.m., but beware: "There will be some mild cussing, reference to the joys of liquor and sex, and probably some references to women and/or ethnic origin that will offend the thin-skinned. But if your kid is up for it, and knows not to sing about how much he loves whiskey in front of Aunt Bathilda, come on down!"

We asked Edburn a few questions about her time working on Como Avenue:

What are the more peculiar items you've shipped in your time with the USPS? "Mufflers and exhaust pipes. They are long and hard to fit into boxes. And bikes, mailing bikes to Africa."

Biesta day of the year at the post office? "The day after Thanksgiving."

Odd anecdotes? "People leave things here all the time. People leave car keys and never come back to get them."

Favorite things? "It's funny to see the dogs press their noses against the glass door [because they know] we keep a jar of dog treats behind the counter. At one time, the hardware store next door [in the current Michelle site] and Ned's Park Service across the street all had dog treats. It was dog heaven.

"We keep a basket of Dum Dums [candy suckers] for the kids. All post offices should have candy. It brings the kids in and makes people interested in the post office."—Kristal Leebrock

Don't worry, she'll be back.

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Don't worry, she'll be back.
Thoughts on the Luther Seminary development

Transition Towns—All St. Anthony Park, as many Bugle readers know and to which many have contributed, works toward a positive, local response to climate change.

We applaud Ecumen, OneTwoOneDevelopment and Kaia Workers Cooperative (the team) for their willingness to work with the neighborhood on their threefold design on two parcels of the Luther Seminary campus: senior cooperative housing for active, independent living; apartments that include affordable rental rates; and a senior-care facility.

This development can help our neighborhood achieve some of the visions it put forth for our 2040 Plan (which you can find at directions.assist.com). Specifically, the team is offering ways our community can address needs for housing, healthcare, quality of life and support of local businesses. They are also committed to sustainability, in terms of energy conservation, storm water management, transportation and green space. These are very welcome steps.

In the final designs and construction of the buildings, we urge them to significantly exceed current minimum building energy standards and to engineer the structures to permit conversion in the future to geothermal, solar, energy storage or other technologies that are on the horizon.

To the extent possible, we ask that they include opportunities for flexible use of space in all buildings—meeting rooms, workshop spaces and emergency shelters, for example—and outdoor garden areas for food, beauty, habitat and community-building.

We recognize change often is not welcome: the loss of a tree, on-street parking near light rail, a favorite business or a beloved neighbor who has had to move away; expansion of Murray School, the library or a neighbor’s garage; the need for new priorities and habitats in the face of global climate change.

This proposed development will alter two areas of our neighborhood look and have raised some concerns. But our community is huge. Let’s continue a respectful, creative and constructive dialogue.

Marjory Benson, Lois Beaus, Lynn Engeland, Ranae Hansen, Mimi Jessing, Mindy Kiekhofer, Michael Baezelli, Reginald Baezelli, Patrick Thompson and Tim Walling, on behalf of the Transition Towns—All St. Anthony Park planning group

And more . . .

The Land Use Committee of the St. Anthony Park Community Council recognizes and appreciates the efforts Ecumen has made to listen and respond to the community’s concerns about the proposed development of property currently owned by Luther Seminary.

This development would be the largest our neighborhood has experienced in decades. It proposes a senior cooperative living complex at Como Avenue and Luther Place as well as affordable to market-rate apartments and a “living with services” building at Como Avenue and Eutis Street. Neighbors have expressed great interest and a desire for input on how this development should proceed.

Ecumen has demonstrated a spirit of cooperation. They have made efforts to include residents in the planning process by means of community meetings as well as the promise of a advisory committee, with monthly reporting to the Community Council and the Community Council as this process moves forward.

For the best overall result, we hope Ecumen and the Seminary will give due consideration to the ideas and concerns from members of the community. Ecumen has responded positively to the Land Use Committee’s recently issued development guidelines (www.spc.org/lund-use-committee).

We welcome Ecumen’s continued cooperation. Their representatives will meet monthly with our committee to keep us and the community up-to-date on plans and progress. Our regular meetings are on first Thursdays at 7 p.m. (publicized on our website and the Bugle).
Thank you for supporting the Park Bugle

We’ve raised one-third of our $36,000 goal for the Park Bugle’s 2015-16 fund drive. Thanks to the following Park Bugle readers who have contributed. This list reflects those who gave from through December 7. We’ll publish more donors in the next issue. The nonprofit Bugle relies on tax-deductible donations to help defray the newspaper’s annual operating costs. If you haven’t had a chance to donate, you still can by going online at www.parkbugle.org. Click the green DONATE NOW button on the right side of the page.

Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108. Thank you!

Lynn Abraham
Edith Affeldt
Ferial Abraham
Clay Ahrens & Jana Johnson
Teri Albertico
Gordon Alexander & Arlene Spiegel
Catherine Anderson
Genevieve Anderson
Karin昂son
Robert Andorno
Claire Anson
Lee Barry & Margaret Hall
Linda Ricklefs Baudry
Marvin Bauer
Joshua Becerra & Sonia Ellis
Renger Bergmon & Val Cunningham
Drew Bjorklund
John & Frieda Boeke
Wally & Jan Borner
David Bower & Suzanne Zander
Willand & Susan Boyd
Barry & Melissa Bridges
Kevin Brown & Donna Burch-Brown
Gary & Robin Carlson
Clay & Jean Christensen
Philip & Lynette Clausen
Tom Countryman & Susan Murphy
Dean & Kimberly Current
Gordon & Lanay Davis
David & Page DeLong
Mary Dietrich
Frank Dolga
Arthur & Colleen Dorman
Jay Driggs & Meredith Sommers, in memory of Watters Fogarty
John & Patricia Duncan
Mel & Georgia Duncan
Judith Duran
Michael Erben & Courtney Hoard
Todd & Christina Erickson
Leslie Everitt
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Kay Fellows
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Sandra Godden
Granger Family
Willa Dean Gray
Michael Griffin & Martha Nicolle
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William & Kristen Swanson
Krag Swartz
Thomas Tangney
Georgia Todd
Lucie Tierotte
Linda Valeri
John & Bevey Van Hecke
Paul Von Draex
Dorothy Wallenrud
Robert & Susan Warde
Huber Warner
Marion Watson

A cuppa joe for the Bugle

You’re got until Monday, Nov. 30, to support the Bugle by purchasing a beverage at Sunrise Banks’ charitable coffee bar, Park Perks. The 2300 Como Ave. bank has dedicated the profits from November sales at the coffee bar to the Bugle. Each month, Sunrise designates an area nonprofit to benefit from the coffee sales. Now go get a cup of coffee.
Affordable housing 101

There is a rule of thumb that says in north St. Anthony Park, at least occupancy in 2016. Some of these complicated.

Beyond that, things get more increasing along the Green Line on projects will include affordable for those making less than median however, “affordable” isn’t just a

Neil Reardon of Urbanworks Architecture, the firm responsible for the proposed “micro-unit” complex to be located behind Carleton Lofts at University Avenue and Carleton Place, emphasized that he will be a market-rate project. Rents for the units will average around $800, less than the typical cost for the area, but that is because the apartments themselves will run between 350 to 400 square feet in size, far below the norm for even the smallest conventional apartment.

What defines “affordable”? Housing must meet strict legal definitions set by the federal and state government to qualify for subsidized rents, according to Patty Lilledahl, director of housing for the City of St. Paul. The definition of who is eligible for affordable housing depends on a great extent on the financial underpinnings of a particular housing project, Lilledahl says.

Depending on which state or federal funding mechanisms are used to create new housing, an affordable unit may be defined as one that costs no more than 30 percent of the income of those making at least 60 percent of the median income of the Twin Cities area. Some projects have much more stringent requirements, setting aside units for those making only 30 percent of the area median income. And, in a few cases, families and individuals can qualify with incomes up to 80 percent of the median.

To further complicate things, the income definitions change annually and the resulting rents that can be charged are tied to family size. The demand for affordable housing is huge, Lilledahl says. There are 28,000 households in St. Paul living in extreme poverty, but there are only 7,490 housing units available to those who can’t afford market rate, and blocks of designated affordable units are set aside in what are otherwise market-rate building projects.

An example of such a “mixed-use” building project is 2700 University Ave., a $94 million housing-and-shopping complex going up just over the St. Paul city line at the edge of south St. Anthony Park. In their promotional materials, developers Flaherty & Collins stress their environmentally friendly building practices, the sustainability of the new units to the Green Line, but they also call attention to luxury features, such as the planned fitness center, free Wi-Fi, 9-foot ceilings and the 3,000 square feet that will be devoted to a “storefront amenity area.” Twenty percent of the units there, says Lilledahl, will be reserved for tenants making no more than 50 percent of the median Twin Cities income.

Lilledahl allows herself a small measure of pride in the outcome, calling 2700 University Ave. a “good example from the standpoint of the St. Paul Housing Department.

New HUD regulations Last summer, the U.S. Department of Housing and Urban Development (HUD) introduced a new element into the affordable housing mixture; new regulations were intended to make sure that federal housing funds could be in jeopardy if states do not act to reduce concentrations of affordable housing in racially segregated and low-income areas. Lilledahl’s response to the new regulations is to describe what she calls “two schools of thought.” Her office recognizes the importance of “investing in place,” which means supporting pre-existing affordable housing buildings; but the Housing Department is also committed to expanding affordable housing in new directions. The HUD regulations urge communities to “strike a balance” between the two, she says.

One example of continued investment in place is the Como by the Lake Senior Housing project located near the Como Park Zoo and Conservatory. Currently, a little more than half the units are designated affordable housing, but the 30-year-old government contract that guaranteed those rates was set to expire in the next few months, raising the possibility that rents would be allowed to rise and creating fear and uncertainty among the elderly tenants. After her office worked to reach a satisfactory resolution of the problem, Lilledahl notes with satisfaction that nonprofit Minneapolis-based developer Aeon has signed a purchase agreement to acquire the building. Aeon spokesperson Alicia Cordes-Mayo confirms that the new owners are committed to “keeping Como by the Lake senior affordable housing. . . . [We] support the residents and the pricing that’s already there.”

Obviously, keeping low-income senior units is an important priority for affordable housing, but what about the admission to support affordable housing to higher income areas of innovation? According to Lilledahl, the St. Anthony Park and Como Park areas are already classified as “non-impacted areas” by the Office of Minority Concentration,” meaning that the
Ecumen revises senior co-op site plan, forming neighborhood design group

By Kristal Leebrick

By Anne Holzman

The changes of land use in the works on the Luther Seminary campus and Healy Building site along Como Avenue in St. Anthony Park appear to be the first major projects opened up by Como 2030, an addendum to St. Paul’s city plan that altered zoning along some stretches of Como Avenue to “traditional neighborhood” uses.

Adopted by the city in 2011, Como 2030 was requested and proposed by the St. Anthony Park Community Council (District 12), then revised by city leaders before final approval. It guides zoning, traffic, streetscaping and other development choices for properties along Como Avenue, from just west of Eastis Street to the point where Como Avenue meets the state fairgrounds at Carlinn Street.

The idea of Como 2030 was to envision a change of direction for the aging infrastructure of “downtown” St. Anthony Park—and the aging population that went with it—and to revitalize the area with denser housing and more vibrant business uses. The plan also calls for improved transportation options, emphasizing walking, biking and public transit.

Other aspects of the plan include environmentally sustainable architecture, preservation of wetlands and the inclusion of public gathering places.

As a result of Como 2030 (and the subsequent enactment of its zoning), the Healy Building site at the corner of Dowsell and Como avenues, where a 24-unit market-rate apartment building will be constructed starting soon, is now zoned Traditional Neighborhood 2 (TN2), which allows a mix of single- and multiple-family housing, retail, services, and limited production and processing. The Luther Seminary parcel, which Ecumen has proposed developing parts of, is a Traditional Neighborhood 1 zone, with mixed uses but more restricted options than TN2.

John Seppanen, who serves on the community council’s Land Use Committee, said that when owner Ned Wensberg approached the committee with a plan to build an apartment building at the Healy Building site, Como 2030 guided their recommendation that the city accept the proposal.

“They were asking for variances,” Seppanen said. “We used Como 2030 as reason to give those variances.”

The St. Anthony Park Community Foundation, business leaders, residents and city planning staff worked with the community council to draft the plan.

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Family concert part of WindSync St. Anthony Park music residency

Hailed as “revolutionary chamber musicians,” the Houston-based wind quintet WindSync will be in residence at St. Anthony Park Nov. 20-23.

WindSync will perform a chamber concert, a family concert, and outreach performances. Playing exclusively from memory, WindSync engages audiences of all ages with creative and interactive concerts that incorporate elements of theater.

The Music in the Park Series Family Concert takes place on Friday, Nov. 20 at 6:30 p.m. at St. Anthony Park Lutheran Church, 2323 Como Ave. In the program “Oh, the Places You’ll Go,” inspired by the writing of Dr. Seuss, WindSync will take the audience on a musical and emotion-filled journey. Participants will learn about the sounds of the instruments, the teamwork of musicians and your own potential to grow, change and conquer adversity.

The concert is co-presented by the Schubert Club/Music in the Park Series and St. Anthony Park Lutheran Church. No tickets are required, but donations will be accepted.

Music in the Park Series will present WindSync in a chamber music concert on Sunday, Nov. 22, at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., with a 3 p.m. pre-concert discussion.

There are a limited number of tickets left. You can order online at schubert.org/musicinthePark or call 651-292-3268.

This residency is supported by the Arts Midwest Touring Fund, a program of Arts Midwest that is funded by the National Endowment for the Arts, with additional contributions from the Minnesota State Arts Board, the Czewick Group and General Mills Foundation.

WindSync’s Music in the Park Series residency is also supported by the Saint Anthony Park Community Foundation, Trillium Foundation, Elenor L. and Eleanor J. Andersen Foundation and Bos Foundation.

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If you've driven through the Lexington Parkway/Como Avenue intersection on the eastern edge of Como Regional Park lately, you may have noticed what appear to be clusters of white stakes near the Como Pool.

"Our primary goal is to use this method in urban forest regeneration and to provide research and outreach that give communities additional options for replanting in parks, boulevards and other public areas," said Chad Giblin, research fellow, Department of Forest Resources, University of Minnesota.

The project is a joint partnership between the university and City of St. Paul and comes at a time of particular stress for the urban forest in general, given factors such as aging oak populations and the anticipated devastation of the emerald ash borer, as well as storm damage and the effects of intensive human use in the park.

Giblin said the grow tube technology has been in use for a long time but has been improved significantly in recent years and, in the case of oaks in particular, may be a more successful approach to establishing trees than the traditional balled-and-burlapped or containerized nursery stock.

Members of the Oak Regeneration Project team include, from left: Chad Giblin, research fellow, Department of Forest Resources, University of Minnesota; St. Paul Parks and Recreation employees Zach Jorgenson, urban forester; Lauren Stufft, natural resource technician; and Dan Anderson, urban forester; Rebecca Bies, undergraduate research assistant, Department of Forest Resources, University of Minnesota; and Joe Lais, CEO, Plantra Inc., the manufacturer of the grow tubes.

The color of the tube enhances the light wavelength transmitted for optimum plant growth, said Giblin, and the tube also stimulates stem development by allowing multidirectional movement.

The seedlings are planted in clusters to help reduce soil compaction around them, increase water retention and provide some additional physical protection. A few years from now, a decision will be made about which of them will be transplanted to other locations.

In addition to Como Park, there are related oak-regeneration projects at the Trow Brook Nature Sanctuary in St. Paul, at Lake Nokomis in Minneapolis and Lions Park in Shakopee.

The first country club in this area is celebrating its 125th anniversary near the Marshall Avenue bridge over the Mississippi River in St. Paul.

But the Town and Country Club actually got its start in 1897 in a rented residence just south of Como Pool. It was located on land that is now part of Como Park, where northbound Como Avenue takes its bend to the west, just past the railroad crossing.

A description on the back of the above photo states: “The rooms of the clubhouse at Lake Como are headquarters for those who delight in boating, tennis and skating, and for participants in the sports of St. Paul’s winter carnival, as well as for the pleasant social reunions of the club.”

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One of Muffuletta’s signature dishes is the 1977 Beer Cheese Soup, a creamy and satisfying bowl topped with fresh popped corn. This season, make sure to also try the popular Walleye Chowder, a Manhattan-style, tomato-base soup with local wild rice and smoky bacon, served with grilled bread.

Take a comfort-food tour of the ’hood

By Alex Ludner

It’s the time of year that calls for flavors in the fireplace, extra blankets and warm foods to prepare us for the chill of the evening. If you’re looking to venture away from the hearth, here’s a comfort-food tour of local eateries that offer the dishes we crave when the nights get colder and the days get oh-so-much shorter.

Urban Growler

2325 Endicott St. St. Anthony Park

The Urban Growler is known for its seasonal craft brews like the popular Coconut Porter or Pumpkin Saison, but did you know the brewery serves one of the most crave-worthy desserts around? The nectar, molten De-Lovely brownie is made with Urban Growler’s De-Lovely Porter, topped with whipped cream and drizzled with a warm caramel sauce. It will make you swoon, guaranteed.

Colossal Café

2315 Como Ave, St. Anthony Park

It’s a no-brainer. A moody Minnesota morning calls for Colossal’s yeasty, doughy, heavenly flappers. The Apple Walnut and Brie Flappers— yeast-based pancakes topped with honey and brown-sugar syrup, apple slices, walnuts and creamy Brie—will stick with you for the long haul, and even the short stack is easily shareable. Pair with a bottomless cup of True Stone coffee and conquer the day.

Paddy Shack

1013 Front Ave., Como Park

You don’t need windows when it’s bitter cold outside, so huddle inside the Como Park neighborhood’s most iconic bar, Half Time Rec and nosh on Paddy Shack’s quintessential Irish comfort dishes. Try the Beer Cheese Mac served with mushy peas and add lobster meat for a bit of flair. This is not your mom’s mac and cheese.

Foxy Falafel

791 Raymond Ave., St. Anthony Park

Nothing thrills off the chill like a spicy kick in your sandwich and Foxy Falafel can help. Choose any of Foxy’s falafel sandwiches (or try all three flavors with the Stoplight combo sandwich) and drizzle liberally with spicy harissa sauce, a smoky, garlicky touch that is not too much for our Midwestern blood. Add a side of Ellsworth Creamery’s white cheese curds tossed with dill and served with local honey for a little reminder of warmer days.

Finnish Bistro

2204 Como Ave., St. Anthony Park

On blustery days, sometimes we just want to stay in bed. If you must leave the house, at least indulge in Finnish Bistro’s all-day breakfast. Carb-o-kud with the Pulla French Toast, made with their hearty, slightly sweet cardamom raisin bread, topped with sliced almonds, powdered sugar, syrup, fresh berries and whipped cream. It may seem a bit sacrilegious, but the reindeer sausage (which also includes pork and beef) is a nice addition of protein.

The Best Holiday Sale

Featuring 16 local artists and vendors—2 DAYS! Saturday, Dec. 5 10 a.m.-5 p.m. Don’t miss Santa and Christmas Carol at the 5 p.m. tree-lighting in the Milton Square courtyard!

Sunday, Dec. 7 Noon-3 p.m. Milton Square, lower level Corner of Carter and Como St. Anthony Park

Handmade hats, aprons & quilts, pottery, gourmet baked goods, holiday wreaths & greens, guitars by Lee Acoustics, paintings, ornaments, jewelry, accessories and home décor, quirky photos, (titled) tapestries, vessels and woolly creatures, and many other surprises. New artists!

It’s back...

Our Famous Christmas Sausage is back for the holidays!

T & T’S SPEEDY MARKET

2310 Como at Doswell

Open daily 7 a.m. - 10 p.m. 651-645-7360 ttsspeedy@msn.com

The eat beat

By Alex Ludner

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A guide to shopping, Santa and song

SHOP HOME FOR THE HOLIDAYS, St. Anthony Park’s annual celebration in the business district along Como Avenue, will be held Saturday, Dec. 5. The day’s activities include strolling carollers; reindeer-pulled sleigh rides and Santa photo-ops at Sunrise Bank, 2300 Como Ave., 9 a.m.-noon; cookie decorating at Tim and Tom’s Speedy Market, 2310 Como Ave., 10 a.m.-2 p.m.; a wine tasting at the Little Wine Shoppe, 2236 Carter Ave., 1-4 p.m.; and Mischief Toys, 2290 Como Ave., will have hot cider and cookies on hand and free glitter tattoos. The Best Holiday Sale Ever will be in the lower level of Milton Square from 10 a.m.-5 p.m. The occasional shop, Thistle, in Milton Square will be open all weekend.

SANTA, SANTA, SANTA: You’ve got three opportunities to see the jolly old elf in St. Anthony Park the first weekend in December. St. Paul Parks and Recreation will host a dinner with Santa and Mrs. Claus on Friday, Dec. 4, 5:30-7 p.m. at Langford Park Recreation Center, 30 Langford Park. The event will include a spaghetti dinner, a craft project, cookie decorating and face-painting. Cost is $5 per person. Register at any St. Paul recreation center or call 651-298-5765. Register online at www.stpaul.gov/parks.

On Saturday, Dec. 5, Santa and some of his elves and reindeer will be at Sunrise Bank on Como Avenue, 9 a.m.-noon, on Saturday, Dec. 5. He’ll be hanging out at Milton Square with Christmas Carol about 4:30 p.m. to light the Christmas tree in the courtyard at 5 p.m.

LOOKING FOR A HANDMADE GIFT? The Best Holiday Sale Ever! will be held two days, Saturday, Dec. 5, 10 a.m.-5 p.m., and Sunday, Dec. 6, noon-3 p.m., in the lower level of Milton Square. Local artists will be selling paintings, pottery, guitars crafted by Lee Acoustics, handmade hats and purses, quilts and aprons, wreaths and holiday greens, gourmet cookies, Christmas ornaments, jewelry, accessories, home decor, quirky photos, greeting cards, felted tapestries, vessels and woolen creatures, and other surprises. There will be a number of new artists this year.

Ginkgo Coffeehouse, 721 N. Snelling Ave., will hold its annual art and craft fair on Saturday, Dec. 5, Festive fun to 12
Festive fun from 11

9 a.m.-4:30 p.m. The fair will host 15 local artists, whose products include handmade glass beads, knit and felted items, quilted products, wooden items, metal sculptures, chain maille and other types of jewelry, and more.

BLUE HOUSE BOUTIQUE: Check out this unique boutique on Saturday, Dec. 5, 9 a.m.-3 p.m., and Sunday, Dec. 6, 9 a.m.-1 p.m., at St. Matthew’s Episcopal Church, 2136 Carter Ave. The boutique is a major fundraiser for the Blue House, an orphanage in Uganda. Saturday’s sale features a homemade lunch (from 11 a.m. to 1 p.m.), coffee and pastries. The sale will include gourmet goodies, a Christmas shop, pottery, knit accessories, jewelry, purses, fun baby and kid stuff, greeting cards, kitchen items, new African crafts and a raffle for a lace shawl.

YULEFEST, YULETIDE SING & HOLIDAY HOOLEY: Celtic Junction, 836 N. Prior Ave., has three holiday events coming up in December:

Yulefest VIII, a benefit for the Food Group, will be held Friday, Dec. 5, at 7 p.m. The evening includes an all-Irish lineup with Barra, the Hi-B’s, Patsy O’Brien and the Eddies and a silent auction. All proceeds from the fest will go toward stocking food shelves in Minnesota. A $15 donation will be requested at the door.

Charlie Heymann’s Yuletide Sing, with special guests Paddy

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A Natural Foods Co-op in the Heart of the Twin Cities
O’Brien and Erin Hart, Tom Klein, Shawn McBurnie and Hannah Flowers, will be held Sunday, Dec. 12, at 5 p.m. The program promises a mix of rare and popular seasonal songs and tunes to sing. All ages are welcome. Admission is $10 at the door.

Celtic Holiday Hooley—a family-friendly event—will be held two nights, Friday, Dec. 18, and Saturday, Dec. 19. The evening will include traditional folk music by Aidín Ni Shé, Todd Menton, Cory Froelich, Cormac O’Sc and John Wright; Irish step dance by the O’Shea Irish Dancers; Christmas carols; cute kids; mulled wine and popcorn; and Santa! Doors will open at 7 p.m. and the show will start at 7:30 p.m. Advance tickets are $15; tickets will be $18 at the door. A $50 family ticket covers two adults and up to three children under 18. For tickets, visit thecelticjunction.com.

COMMUNITY CAROL SING-ALONG: Members of the Roseville String Ensemble will host their annual Community Carol Sing-Along Monday, Dec. 7, 7:30-8:30 p.m. at Centennial United Methodist Church, 1524 W. County Road C2. The group will be under the direction of Joel Johnson and accompanied by Karen Johnson. The evening will feature special guests Finn Hall.

Everyone’s invited to venture out for an evening of music and singing to celebrate the holidays. Admission is free. Nonperishable goods will be collected for a local food shelf. In the event of severe weather, check the Roseville String Ensemble website, www.rosevillestrings.org, for cancellation updates.

Festive fun to 14
Festive fun from 13

HO HO HO DOWN: Join in the fun at a free country-and-western holiday party at North Dale Recreation Center, 1414 N. St. Albans St., on Thursday, Dec. 10, 5:30-7:30 p.m. There will be food, square dancing and other activities, including a visit with Santa.

IT’S THAT CHRISTMAS SAUSAGE TIME AGAIN: Every year Tim Faacks at Tim & Tom's Speedy Market, 2310 Como Ave. W., cranks out more than 2,000 pounds of the Lindquist family's Christmas sausage. The Christmas sausage comes from a secret recipe handed down to Faacks by the family of Harry Lindquist, a butcher in Minneapolis from the 1920s to the 1960s. Lindquist was the grandfather of St. Anthony Park residents Dave and Mark Hansen, who own Hansen Tree Farm.

A COMO CHRISTMAS TEA: Como Park Zoo and Conservatory continues its tradition of offering a three-course holiday tea that includes a behind-the-scenes tour in the Marjorie McNeely Conservatory. This year's tea will have two seatings, at 11 a.m. and 2 p.m., on Thursday, Dec. 10.

The tea will be held in the conservatory’s North Garden and will include savory petite sandwiches, and an assortment of desserts. Guests will get a tour of the building’s production greenhouse space and Sunken Garden after the tea. Tickets are $40 per person. Reservations are required. Call 651-487-8250.

ALL ABOARD THE NIGHT TRAINS: Night Trains is a holiday tradition at the Twin City Model Railroad Museum in Bandana Square, 1021 Bandana Boulevard, Suite 222. The show displays dozens of model railroad layouts with miniature Christmas lights and decorations. It runs every Saturday, 6-9 p.m., through Feb. 27. Admission is $10 per person with special group rates for families. Find out more at www.tcprrm.org.
Two local projects awarded Knight Arts Challenge grants

By Kyle Mianulli

Two Knight Arts Challenge grants were recently awarded to projects in the Creative Enterprise Zone (CEZ).

The CEZ represents the area bounded by Interstate 94 to the south, Prior Avenue on the east, the railroad tracks by Energy Park Drive to the north and Minneapolis to the west.

One project will see the water tower outside the American Can Building at 755 Prior Ave. transformed into a beacon for creativity that shines across the region. A stained-glass mural by artist Karl Unnasch will be wrapped around the top of the tower and backlit to create a stunning display that will mark the building and CEZ as a hub of creativity.

The other, awarded to poet, CEZ resident and CEZ Action Committee member Naomi Cohn, will build community and increase the well-being of older adults by engaging a professional writer to conduct high-quality arts activities with seniors.

Cohn is the creator of Known by Heart, a collaborative project that connects people at the intersection of poetry, memory and other art forms.

Working as a poet teaching people ages 70-90 in a senior high-rise in Minneapolis, Cohn says she’s seen elders create amazing work and build community through art-making.

Naomi Cohn

"Art reduces isolation and depression for elders," she says. "When we overcome participation barriers, elders can create inspiring writing, fueled by a lifetime of experience."

Cohn will develop writing workshops for older adults in the CEZ, while working with local designers and artists to create poetry broadsides—giving a voice and visibility to elders in the community.

"I’m excited to bring work I love doing—helping older adults have a creative voice—into my own community," she says, "I see this work as part of creating the kind of community that I want to grow old in myself."

Cohn’s own poetry has been published widely, including in the Star Tribune, on National Public Radio, in various journals and other publications, and has been cemented into the sidewalks of St. Paul as part of the city’s Sidewalk Poetry program. She’s also author of an urban watershed organizing handbook, Voices of the Watershed, and is a former editor of Dickinsonian, a national publication on community organizing. In addition to writing, Cohn has worked in several visual art media, from clay to sculpture to print-making to guerrilla street art.

Cohn received a $10,000 grant from the Knight Arts Challenge for her project.

With work on display in educational facilities, medical wings, banks, theater lobbies and public gathering spaces across the United States, Unnasch has pushed the possibilities of what can be done with stained-glass to new levels.

His whimsical style evokes a familiar sense of quirkiness that entertains, excites and stimulates his audience in clever ways. Unnasch mastered his craft in Winona, Minn., which has been dubbed “the Stained Glass Capital of the United States.”

Over the years, his work has evolved from smaller display pieces, which have been exhibited across the world and received accolades in publications such as the New York Times and Art in London Magazine, to larger scale public installations.

Though he still exhibits today, his focus is now on public and architectural art, for which he has received numerous awards.

Unnasch has developed some of his own techniques, such as the incorporation of reclaimed and dumped glassware into his work, and using sculpture and other media to evoke a broad range of impressions, from the dramatic and refined, to the playful and exuberant.
DECEMBER

Events

Voice lessons are held at the end of the calendar. Send your news to calendar@parkschool.org.

1 TUESDAY
Baby/toddler story time, St. Anthony Park Library, 10:30-11 a.m. and 11:30-noon.

"Minnesota State Horticultural Society: 150 Years of Helping Us Grow" presented by Mary MacLean Lenzen, St. Anthony Park Congregate Club, St. Matthew’s Episcopal Church, 7 p.m. social time and refreshments, program 7:30-8:30 p.m., www.stanthonyparkcongregateclub.com.

2 WEDNESDAY
English Conversation Circles, every Wednesday, St. Anthony Park Library, 4:30-5:30 p.m.

St. Anthony Park Book Club, "Amazons" by Clairemonts Naficy Adelhir, St. Anthony Park Library, 6-8 p.m.

3 THURSDAY
Caregiver Support Group, first Thursday of each month, St. Anthony Park United Church of Christ, 10-11:30 a.m.

Dialoguers Toastmasters meets every Thursday of the month, U of M Northeast Research Stations, 11:30 a.m. -12:30 p.m. Contact Jeff Schaefer or Noni Narvaez for more information, 651-644-5937.

4 FRIDAY
Preschool story time, St. Anthony Park Library, 10-11:30 a.m.

Drive with Mr. and Mrs. Claus, Como Park Fire Station, 7-10:30 p.m. Free. Mr. and Mrs. Claus for a special drive. Bring your camera and enjoy decor, cookies, cider, decorating, and live painting. $5 per person, maximum four per family is $25. Children under the age of 2 are free. Call 651-298-5765 to register.

5 SATURDAY
Sleep Home for the Holidays in St. Anthony Park. Mind/Even specials. Sausas, and more (see prices 11-14 for more information), 9 a.m.-5 p.m.

Blue Horse Boutique, St. Matthew’s Episcopal Church, 9 a.m.-5 p.m.

Saturday Jingle, 11 a.m.-1 p.m. Head-scratching gifts and homemade wares.

The Best Holiday Sale Ever, lowest local Milton Square, 10 a.m.-5 p.m. New arrivals this month.

Cash for, Gareth Colinthe, 721 N. Snelling Ave., 9 a.m.-3 p.m., www.gahlecloth.com.

Gifts, music and allergy-friendly refreshments at the ninth annual silent auction, 10 a.m.-4 p.m. Registration, $5 at the door. Drums provided.


10 THURSDAY
Preschool Mouselands Chinese story time, St. Anthony Park Library, 10-11:30 a.m.

Dialoguers Toastmasters meets every Thursday of the month, United Neighborhood Research Stations, 11:30 a.m.-12:30 p.m. Contact Mike Schuler or Nona Narvaez for more information, 651-644-3937.

Sausas and Christmas Carol In the air at Milton Square’s courtyard, 5 p.m.

11 FRIDAY
Preschool story time, St. Anthony Park Library, 10:30-11:30 a.m.

14 MONDAY
Community Sing, Olson Campus, Center, Luther Seminary, 6:30 p.m. Gathering, 7-8:30 p.m. Sing. The event is free, but a $10 will be passed for our music leaders and to make the sing possible. Co-sponsored by the District 12 Community Council.

René Sobol and Donald Pichaud will lead a mini-workshop on drawing with wood. Spirit United Church, 2-3 p.m. Sponsored by the Therapeutic Society, $10 suggested donation.

15 TUESDAY
Baby/toddler story time, SAP Library, 10:30-11 a.m. and 11:30-noon.

Rose Ensemble discussion and demonstration: "Christmas in Baroque Mikes. In search of mystery at Mikes Cathedrals," St. Anthony Park Library, 7-9 p.m.

17 THURSDAY
Learn Chinese Folk Dancing, morning concert line and open for adults, St. Anthony Park Library, 10:30-11:30 a.m.

Dialoguers Toastmasters meets every Thursday of the month, U of M Northeast Research Stations, 1992 Folwell Ave., 11:30 a.m.-12:30 p.m.

18 FRIDAY
Preschool story time, St. Anthony Park Library, 10:30-11:30 a.m.

Cosmol deem cheer, Women’s Drum Circle, 6:30 p.m. Cost is $5 at the door. Drum provided.

24 THURSDAY
St. Paul Public Libraries are closed.

25 FRIDAY
Christmas Day. St. Paul Public Libraries are closed.

30 WEDNESDAY
Winter Band: "Hark! O’er the Silent Air," St. Anthony Park Library, 1-3 p.m.

31 THURSDAY
New Year Eve. St. Paul Public Libraries are closed.

SENIOR EXERCISE
St. Anthony Park Area Seniors
Tuesdays and Fridays, St. Anthony Park Library, 2:30-3:30 p.m.
No exercise class on Friday, Dec. 25.

Wednesdays, St. Anthony Park United Methodist Church, 10:30-11:30 a.m.

Mondays and Thursdays, Larpenteur Apartments, 10-11 a.m.

Arbor Pointe Senior Apartments, 11 a.m.-noon

FREE SENIOR BLOOD PRESSURE CLINICS
St. Anthony Park Area Seniors:
Wednesdays, St. Anthony Park United Methodist Church, 11:30 a.m.-noon

Cono Park/Falcon Heights
Block Nurse Program:
Third Thursdays, Ashton Place Senior Apartments, 10-11 a.m.

Fourth Thursdays, Falcon Heights Town Square Senior Apartments, 11 a.m.-noon

VENUE INFORMATION

Arbor Place Senior Apartments, 675 W. Maryland Ave.

Central United Methodist Church, 1524 W. County Road C2, Roseville

Falcon Heights Town Square Senior Apartments, 1570 W. Larpenteur Ave.

Como Park Fire Station, 30 Como Park, 651-298-5765

Lindale City Hall, 1891 Walnut St., 651-651-0300

Micawber’s Books, 2238 Carter Ave., 651-646-7506

North Dale Rec Center, 1414 N. St. Albans St., 651-358-2529

Northwest Como Rec Center, 1515 Humbire Ave., 651-298-5813

Olson Campus Center, Luther Seminary, 1-450 Folwell St.

Spirit United Church, 3208 S.E. Como Ave., 651-235-6645

St. Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Anthony Park United Methodist Church, 2129 Commaoworthy Ave., 651-666-7173

St. Anthony Park United Methodist Church, 220616th Ave., 651-603-8546

St. Matthew’s Episcopal Church, 2136 Carter Ave., 651-645-3058

Happy holidays from the Bugle staff
Spanish teacher awarded
Betry Lotteman of St. Anthony Park, who taught Spanish at Mounds View High School for 27 years, received the Emma Biekmaier Award from the Minnesota Council on the Teaching of Languages and Cultures (MCTLC). This award is named after Emma Biekmaier, a well-known professor of language pedagogy at the University of Minnesota.
MCTLC selects one teacher each year for this award based on his or her dedication to the profession and outstanding success in teaching languages in the classroom, and promotion of language learning over a lifetime of service.
Lotteman taught all levels of Spanish at Mounds View and served as department chair and faculty advisor to a number of school clubs. She served on the boards of the Minnesota chapter of the American Association of Teachers of Spanish and Portuguese and MCTLC.

Family concert Nov. 20
In collaboration with the Schubert Club and Music in the Parks Series, St. Anthony Park Lutheran Church, 2235 Como Ave., will host a family music concert featuring WindSync, Friday, Nov. 20, at 6:30 p.m. WindSync is known for creative and engaging performances. The concert is open to people of all ages, but especially children. Children will be invited to sit up close to experience the ensembles’ performance and interact with the musicians. This concert will feature selections from Peter and the Wolf and many other fascinating pieces.

Zion fall craft and bake sale
Zion Lutheran Church, 1067 LaFond Ave., will hold a craft and bake sale on Saturday, Nov. 21, 9 a.m.-1 p.m. The sale will include a raffle, bakery goods, crafts, needlework, recycled Christmas decorations and many other holiday items. Cookies and coffee and a 48 light bulb will be available 11 a.m.-12:30 p.m.
Call 651-645-0851 or visit www.zlcmin.org for more information.

Support group for families
NAMI Minnesota (National Alliance on Mental Illness) sponsors free support groups for families that have a relative with a mental illness. Led by trained facilitators who also have a family member with mental illness, the support groups help families develop better coping skills and find strength through sharing their experiences.
A family support group meets at St. Paul at Goodwill Easter Seals, 535 N. Fairview Ave., Room 123, 6:30-8:30 p.m., on the fourth Tuesday of the month. For information, call Jennifer at 507-254-5524 or 651-645-2948.
NAMI partner and spouse group meets twice a month NAMI Minnesota sponsors a support group for partners or spouses of someone who lives with a mental illness. The meetings are held the second and fourth Tuesday of each month at 6:30 p.m., at Falcon Heights United Church of Christ, 1795 Holsten St. (Holton & Garden). For more information, call Melissa at 651-354-0825.

A photographic safari
Ben Wilson will present “Wildlife of the Masai Mara,” a photographic tour of his visit to the Masai Mara in Kenya in 2013 at the St. Paul Audubon Society meeting, Thursday, Dec. 10, at 7 p.m., at Fairview Community Center, 1910 W. County Road B, Roseville.
The Masai Mara National Reserve is a large game reserve in Narok County, Kenya, contiguous with the Serengeti National Park in Mara Region. Tanzania. The Mara is famous for its exceptional population of Masai lions, African leopards and Tanzanian chameleons and the Great Migration, the annual migration of zebras, Thomson’s gazelle and wildebeest to and from the Serengeti every year.
All members of the “Big Five” (lion, leopard, African elephant, African buffalo and black rhinoceros) are found in the Masai Mara.

More than 470 species of birds have been identified in the park, many of which are migrants, with almost 60 species being raptors. Birds that call this area home for at least part of the year include vultures, marabou storks, secretary birds, hombills, crowned cranes, ostriches, long-crested eagles, African pygmy-falcons and the lilac-breasted roller, which is the national bird of Kenya.

Everyone is invited to this free program. A social time with refreshments begins at 6:45 p.m. Contact Linda Goodepeed at 651-647-1452 with any questions.

St. Paul Parks & Rec news
Register now for upcoming events and classes at North Dale, Northwest Como and Langford recreation centers:

North Dale
1414 N. St. Albans St.,
651-558-2329

Como Miniature Art Class, ages 5-12, Wednesday, Dec. 23, 1-3:30 p.m. Cost is $25.

No School Days Dec. 28-30: Activities will vary each day. Please bring a lunch and beverage, snacks are provided. Space limited. Deadline to register is one week in advance or until the program is full. Fee is $10.

Laughter Yoga, Pilates, Senior Fitness, Square Dance and Yoga classes for adults and seniors are ongoing, as well as Tai Kwon Do for all ages.

On Dec. 10, North Dale will host the Ho Ho Ho Down, a country-western holiday party. There will be food, square dancing and other activities, including a visit with Santa. The party runs from 5:30 to 7:30 p.m. and is free.

Northeast Como
1515 Hamline Ave., 651-298-5813

How the Grinch Stole Christmas Art Class, ages 4-9, Wednesday, Dec. 23, 12:30-2:30 p.m. Cost is $26.

Tae Kwon Do for ages 6 and older and Senior Gams are ongoing activities at the center.

Langford
30 Longfellow Park, 651-298-5765

Winter Break Blast: Pre-register for these days of out-of-school fun. Space is limited and registration is taken first-come, first-served. Staff will lead activities in the gym and outside. Bring your own snack and beverage.

Holiday Ornament Making, ages 2-4, Thursday, Dec. 17, 10:30-11:30 a.m. Cost is $18.

Babysitting Training, ages 11-17 Thursday, Dec. 23, 8 a.m.-3 p.m. Cost is $60.

Soo Bahk Do, ages 5 and older, and Pilates and Badminton for adults are ongoing activities.

The annual Dinner with Santa and Mrs. Claus will be held Friday, Dec. 4, 9:30-7 p.m. Families are invited to join Mr. and Mrs. Claus for a spaghetti dinner and a craft, cookie decorating and face painting. Each family goes home with a maximum cost per family of $25.

The Weekly Weeder

By Mary Maguire Lerman
A dedicated crew of weeder was seen this summer on Tuesday and Friday mornings toiling on the new garden addition at the library. Last winter, the St. Anthony Park Garden Club arranged for all the woody invasive and aggressive plants (including box elder, mulberry, bedstraw and honeysuckle) to be cut down and removed from the hildides next to the children's wing. As a result, thousands of weed seeds that had been accumulating beneath these woody invaders sprouted.

Pickup truckloads of weeds were pulled and delivered to the compost site on Pierce Butler Road almost every week.

We are ordering flats of the pollinator perennial plant packs (say what?) from the Minnesota State Horticultural Society in October. Award winners are nominated by fellow community members for their outstanding contributions to horticulture and green efforts. The St. Anthony Park Garden Club has supported planting and maintenance of the gardens and window boxes at the St. Anthony Park Library for 20 years. Duggan organizes volunteers to do the planting, weeding and pruning of the grounds. Duggan is shown here with the Weekly Weeder: Carol Starkey, Pat Thompson, Verena Larson, Janet Kinney, Flo McNerney and Barb Sippel. Photo by Mary Maguire Lerman, another WW.

The Weekly Weeder
St. Anthony Park Garden Club’s volunteer organizer, Alice Duggan, named Minnesota Horticultural Society Garden Club Member of the Year

Alice Duggan (left) was named Garden Club Member of the Year by the Minnesota State Horticultural Society in October. Award winners are nominated by fellow community members for their outstanding contributions to horticulture and green efforts. The St. Anthony Park Garden Club has supported planting and maintenance of the gardens and window boxes at the St. Anthony Park Library for 20 years. Duggan organizes volunteers to do the planting, weeding and pruning of the grounds. Duggan is shown here with the Weekly Weeder: Carol Starkey, Pat Thompson, Verena Larson, Janet Kinney, Flo McNerney and Barb Sippel. Photo by Mary Maguire Lerman, another WW.

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Pearl Christenson

Pearl Darlene Christenson, 86, of Arden Hills, died peacefully, surrounded by her family on Oct. 11. Born to the Rev. Oscar and Mrs. Olga Jacobson on Aug. 21, 1929, in Chicago, Pearl grew up in parsonages the "Crazy Eight." Fellow teachers, they were passionate and devoted to their family events. Pearl was interested in everyone, and she is remembered as a beloved musician, a kind friend and wise woman and unconditional love. Pearl was a wonderful teacher and an accomplished pianist. She took her talents to the church, first as choir director for St. John's in New Brighton and later at St. Mary of the Lake in White Bear Lake, and always as music director extraordinaire for all Christenson family events.

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Send information about area deaths to Mary Margraf at mary.margraf@gmail.com or call 651-644-1650.

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Consider the Transitional Care Unit (TCU) at Lyngblomsten. For more information, visit www.lyngblomsten.org/TCU.

PARK BUGLE DECEMBER 2015

LIVES LIVED

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Send information about area deaths to Mary Margraf at mary.margraf@gmail.com or call 651-644-1650.
Wellness center opens in ‘big yellow house’

St. Anthony Park resident Marnie Sanborn Myhre has taken over Bright Heart yoga center’s space in the “big yellow house” at 2235 Luther Place, next to the parking lot on the Luther Seminary campus. Myhre says she wants to expand her center, RiverStones Wellness, to include acupuncture, massage, energy healing, as well as yoga and qigong.

She envisions a community center that may include a knitting group and book group or artistic workshops, “anything that pulls people together,” she said. “That in itself is healing.”

The idea for a community center that offers wellness services as well as creative outlets is “something I’ve been thinking about for years,” she said. “This is a start.”

Myhre is a physical therapist with advanced certification in ergonomics, holistic health, energy healing, Reiki and yoga therapy. She has been practicing yoga for more than 14 years.

Bright Heart proprietor Melanie McRae will continue teaching a yoga class in the building on Fridays. New morning and evening classes have been added and the first class is free. Check the schedule out at riverstoneswellness.com.—Kristal Leebrick

Good Acre opens on Larpenteur

The Good Acre opened its new facility at 1790 W. Larpenteur Ave., at the former Hermes Garden Center site, on Oct. 30. The day included tours of the facility, music and more. The Good Acre includes classroom space, a teaching kitchen and food storage. Spokeswoman Terry Egge says it will be used as a food hub for a multi-farm CSA (community-supported agriculture), where members can pick up a box of produce each week during the growing season; a place for classes taught through the University of Minnesota’s Extension program; and more. Here, Rhys Williams, general manager of the Good Acre, helps cut the ribbon along with Sara Fohlad, board chair; Lindsay Fohlad; Allie Fohlad; Jane Shey, board member of the Good Acre and policy associate for the Organic Farming Research Foundation; Jay Bell, Good Acre board member and professor in the College of Food, Agricultural and Natural Resource Sciences at the U; Falcon Heights mayor Pete Lindstrom; and representatives from the Hmong American Farmers Association. As programs develop at the site, information will be posted on the Good Acre’s website, www.thegoodacre.org, Egge said.—Kristal Leebrick

Eyedeals closes St. Anthony Park store

Eyedeals has moved out of its St. Anthony Park location and merged that operation with its longtime Minneapolis Uptown location, 3042 Hennepin Ave. Eyedeals has had a storefront at Lake Street and Hennepin since 1990. The space at 2309 Como Ave. is available for lease. Interested parties can contact proprietor Dave Daly 612-819-3475 for more information.

Happy Holidays from The Little Wine Shoppe

2236 Carter Avenue / 651.645.5178
M-Th 10 a.m. - 8 p.m., F-Sat. 10 a.m.-10 p.m.
www.thelittlewineshoppe.com

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Music in the Park Series
FREE FAMILY CONCERT

The Schubert Club

Featuring Peter and the Wolf

WindSync (wind quintet)

“Oh, the places you’ll go!”
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Friday, November 20 * 6:30 PM
St. Anthony Park Lutheran Church, 2353 Como Avenue, Saint Paul
schubert.org/family • 651.292.3288
Boy Scout Troop 17 in 1927: For 100 years, the troop has met nearly every week at St. Anthony Park United Church of Christ (formerly St. Anthony Park Congregational Church), 2129 Commonwealth Ave.

Scout troop celebrates centennial

Editor's note: This is the first of three articles highlighting the history of Troop 17 in St. Anthony Park. This first article describes the troop’s beginnings through World War I and II.

By Mike Smith

The year 2016 will mark the centennial of Troop 17, Boy Scouts of America (BSA). Troop 17 is the second oldest continuously chartered troop in Minnesota. It meets at St. Anthony Park United Church of Christ (formerly St. Anthony Park Congregational Church), 2129 Commonwealth Ave., nearly every week and has done so for the last 100 years. It is the oldest troop in the state continuously chartered by one organization and meeting in the same building as when it began.

The troop was formed and began meeting at St. Anthony Park Congregational Church the first week of March 1916. The first Scoutmaster was James "Dad" Drew, a professor in the University Farm School. Drew’s house was right across the street from the church, at 1307 Chelmsford St. The new church building on Commonwealth was completed in 1914, and the story goes that boys in the neighborhood came to Drew and asked him to start a new troop. With a new building for meetings right across the street, it seemed a perfect fit. They met with the deacons of the church to gain the church’s approval.

The troop was temporarily registered as Troop 69, but within a few months the number was changed to 17.

Drew had been part of a previous start of Troop 17 in St. Anthony Park, also associated with St. Anthony Park Congregational Church, but at its earlier location in south St. Anthony Park. That troop was organized in December 1910 by A.D. Wilhoit and had nearly 30 members. Drew and E.A. Norcross were assistant Scoutmasters. It appears the troop became inactive in 1911 or 1912. There were other startups about the same time. These included Twilight Troop 55 (formed in April 1911), whose member Roy Young was the first Eagle Scout in Minnesota and the third in the nation.

Drew was a merit badge counselor for area troops as early as 1910, the founding years of the Boy Scouts of America. He was an expert at knot-tying, archery and blacksmithing and was involved with both the Hennepin and Ramsey Bay Scout Councils as well as the local troop. It was Drew’s hands that were illustrated tying knots in early BSA Scout Handbooks. Dad Drew held many honors and awards from Scouting, and in 2014, he was included in the Founders Hall at the North Star Museum of Scouting for his many contributions.

In 1919, many of the older Scouts wanted a troop for themselves (and Troop 17 needed room for new 12-year-olds) so they formed Troop 25, "The Wyandots.""}

The 1920s

In 1920, some of the Scouts who attended a different church left Troop 17 to form Troop 22, meeting at St. Anthony Park Methodist Church, one block away. By 1921, knot-tying had become a specialty of Troop 17, with the expert teaching of Dad Drew. In 1924, Drew stepped down as scoutmaster (he was 61 at the time) and was replaced by E.T. Field. In 1926, the Wyandot troop merged back with Troop 17, and Samuel Hauger, the first Eagle Scout of Troop 17, became Scoutmaster. In 1927 Troop 17 won first place in the prestigious City Wide Scout Contest. Kenneth Bose, another former Troop 17 Scout, became Scoutmaster in 1928. The 1930s

In 1930 “wall-scaling” became a popular activity for area Scouts. Troop 17 constructed a wall for its exclusive use and practice behind the church. The troop celebrated its 25th anniversary in 1931 with a “review,” Scouts created their own regalia, and in 1932 participated in the Scout Show held at the Hippodrome on the Minnesota State Fairgrounds. Troop 17 became active in the St. Paul Scout Hockey League in 1936.

The 1940s

With the outbreak of World War II, Scouts frequently volunteered with paper and metal drives. The troop created a newsletter to keep in touch with former Troop 17 Scouts serving around the world. It was a real morale booster. Drew again served as Scoutmaster in 1944-45, at the age of 82. And 1949 found Elmer Andersen serving as Scoutmaster. Eleven years later, he became governor of Minnesota.

The list of Scouts, Eagle Scouts and leaders of Troop 17 during these years is a who’s-who of community leaders in St. Anthony Park and St. Paul.

Centennial celebration

If you or someone you know is a former member of Troop 17, let us know so that you can be recognized and participate in the centennial celebration, which will be held Saturday, Feb. 27, 5-8 p.m. at St. Anthony Park United Church of Christ. Contact Mike Smith: by phone, 651-398-5552; by email, johnnachellsmit@comcast.net; or by mail at Troop 17 Centennial, c/o St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., St. Paul, MN 55108.

Former Scouts of St. Anthony Park Troops 22, 25, 48 and 80 are encouraged to participate.

When you need it fast

www.cutterremediamnesiapark.com hours: weekdays 10 a.m. – 5:30 p.m. / saturday 10 a.m. – 6:00 p.m.
School News

The Bugle welcomes news about students and school in the area. The deadline for the January 2016 issue is a Wednesday, Dec. 2. Send your news to editor@parkbugle.org.

Avalon

700 Glendale St., 651-649-5495
www.schoolonavalon.org

Open house at Avalon

Avalon School, the school with 6-12 charter school located in south St. Anthony Park by Raymond Station on the Green Line, is having an open house on Tuesday, Dec. 8, from 7 to 8:30 p.m. Families are invited to take tours, ask questions and learn about what a day at Avalon looks like. Avalon’s focus is helping students learn through independent projects designed by students.

Questions? Contact Kevin Ward at 651-649-5495, ext. 211, or kevin@avalonschool.org.

Chelsea Heights Elementary

1557 Huntoon St., 651-253-8790
www.chelsea.spps.org

Food drive at Chelsea

Join Chelsea Heights Elementary School in the fight against hunger. Bring nonperishable, unopened, unexpired food items to Chelsea Heights through Friday, Dec. 4. The items will be donated to Neighborhood House Food Shelf, which assists disadvantaged families in St. Paul.

Como Park Senior High

740 Rose Ave., 651-293-8800
www.cumnor.org

Career Fair at Como

The Academy of Finance (AOF) held its second annual Career Fair at the school Oct. 20. More than 50 professionals spent the morning speaking with the 218 AOF students, as well as many ELL students, in small group settings. Many students were introduced to careers in finance, business and technology.

French students visit the U

College of Science (CIS) students spent a day in October at the University of Minnesota Field Day with 350 fellow French students from around the Twin Cities. The students interviewed professionals who use French in their careers, Francophone U of M staff members and professors, and U of M students. They also participated in a “French Fun Facts” scavenger hunt across the campus.

“A great, enriching experience was had by all,” Madame Patricia Torfy said.

National Merit finalist is now a QueenBridge finalist

Senior Keith Eicher has added another prestigious national award to accompany his National Merit Scholarship Finalist status. He’s a finalist for the National QueenBridge Scholarship, a scholarship for high-achieving, low-income students that provides students with full tuition, room and board, and books.

Students perform full musical

The fall musical “A Midsummer Night’s Dream” opens Nov. 5 and 6 in the Como auditorium. The cast and choir also performed a dress rehearsal during the day of Nov. 4 for Murray eighth-graders, who took a field trip to Como to see the production.

Leading roles were played by seniors Margaret Coyne, Raphael Forrest and Emmanuel Rivera, juniors Nicola Ovet, Janine Sanchez and Anna Amalados, and sophomores Alyssa Clark and Norah Vitali.

Students bag groceries to raise funds for Washington, D.C. trip

Bag groceries for customers at the Roseville Cub Foods on Larpenteur just before Thanksgiving on Tuesday, Nov. 24, from 4 to 8 p.m. Cub customers support the effort of the students with donations that help defray the expenses of the educational adventure.

There are two full days of grocery bagging for the Close Up students will be scheduled during winter break in December. We’ll provide those dates in the next issue of the Bugle.

Ultimate team visits Winnipeg

Como’s Ultimate Frisbee Team traveled to Winnipeg during MEA weekend to participate in the annual “Hold Back the Snow” tournament. This unique tournament is co-ed, with boys and girls competing together on the field at the same time.

The Como players stayed with host families in Winnipeg, building international relationships with peers from the St. John’s Ravenscourt School. Como’s longtime Ultimate Frisbee advisor and coach, Ross Sosage, described the tournament as “spirited, fun and sportsmakable.”

Minnesota Academy

3100 W. River Parkway, Minneapolis 612-728-7776
www.minnesotaacademy.net

Students send their work to space

Falcon Heights resident Colby Boehm and fellow students in Minnesota Academy’s Applied Research and Engineering class are beginning work on two experiments destined for the International Space Station. This will be the fourth year that Minnesota Academy students have sent an experiment into space and the first year that students will have the opportunity to send two experiments to the Space Station.

Students work with experts in the field to develop their experiments and to prepare for launch day. These mentors work with the students weekly, providing support and guidance as the teams work through the entire process, from developing concepts, to designing and creating experiments, to ensuring their work will meet the guidelines for materials’ launch on a NASA rocket.

Team One’s experiment will study vibration calculation in micro-gravity.

Team Two is designing an experiment that will study the effects of light on the direction of plant growth in a micro-gravity environment.

You can follow along as the two teams progress through their experiments on their blog, minnesotaacademy.wordpress.com.

Working models of the experiments are due on Dec. 7, and they will be launched at NASA’s Kennedy Space Center in spring 2016.

Murray Middle

2200 Buford Ave., 651-293-8740
www.murray.spps.org

Students lead at Murray

Student leaders at Murray are stepping up in ways big and small that make a real difference in our community. Here are a few examples:

Where Everybody Belongs (WEB)—Our WEB leaders have supported the fifth-to-sixth grade middle-school transition process from last spring and all fall through various activities. From visiting the elementary school, hosting sixth-grade orientation activities, designing and leading activities for foundations, and taking leadership on our anti-bullying campaign.

Dare 2 Be Real—This is a group of leaders whose mission is to take a lead in equity within our school community. They recently performed at an assembly and taught the school community about the impact of stereotypes.

National Junior Honor Society—This group is taking the lead on service to the school and has spent countless hours supporting school events, parent and student orientation, and the open house and iPod roll out. They are the first to step up when support is needed.

Genius Squad—This group of learners is also helping with the iPod roll out and support.

Wolf Ridge—Our Wolf Ridge leaders plan the five-day environmental and cultural retreat in November. Their role is to lead culture classes and support peers in this hands-on environmental learning experience.

St. Anthony Park Elementary

2180 Knupp St., 651-293-8735
www.stanthony.org

Thank you! The St. Anthony Park School Association extends a hearty thank you to all those in the community who helped support the annual Fall Festival fundraiser. It’s one of the biggest fundraisers of the year, and it could not be successful without help from the community. Money raised during the fun night of games, food and activities will go to fund student enrichment opportunities.

Thank you to Music in the Park and the Schubert Club for bringing musicians from Music in the Park concert series to St. Anthony Park Elementary School. Through these experiences, students can envision themselves as musicians as they develop a personal relationship with exceptional music. This fall students had the pleasure of listening to Borromeo String Quartet and WindSync.

Bike racks have arrived

Thank you to the St. Paul Public Schools facility department for the installation of the new bike racks and to the Safe Routes to School grant and Girl Scout Troop 53169 for the purchase. The permanent placement of bike racks encourages students to take an active role in their well-being by riding their bikes to school.

BOKS returns to SAP

A before-school physical activity program, Build Our Kids Success, promotes students for a day of learning and is an important step in helping them gain appreciation of the benefits of exercise and healthy choices that will last a lifetime. Thanks to Jenny Martineau for her vision, Chris Martineau and Ray Noble for their leadership, and the St. Anthony Park Wellness Committee.

Twin Cities German Immersion

1031 Como Ave. 651-492-7106
www.tcgi.org

German Immersion School hosts German students through GAPP

GAPP provides “big trucks,” “friendly, open people” and “lots of squirrels.” This is how 25 exchange students from Bochum, Germany, described their Minnesota experience. They came to Twin Cities German Immersion School (TCGIS) as part of the German American Partnership Program (GAPP), a nonprofit exchange program that promotes multicultural understanding between schools in Germany and the U.S. German students stay with host families here and vice versa for two weeks each.

From the Mall of America to Sears Tower, the Germans participated in many culturally “American” things. Eighth-grade teacher Michael Mullins and Philipp Kevermann from Bochum’s Realshule facilitated the program at their respective schools. They both say the program is an excellent way to practice language, skills as well as foster intercultural understanding and lifelong friendships.

American GAPP students will travel to Germany and stay at their partner’s home in spring 2016.

Students participate in various activities, including, but not limited to:

- Visiting the German American Partnership Program (GAPP)
- Germany and the U.S. German schools in Germany and the U.S.
- GAPP students stay with host families here and vice versa for two weeks each.
- The Mall of America to Sears Tower, the Germans participated in many culturally “American” things.
- The program is an excellent way to practice language, skills as well as foster intercultural understanding and lifelong friendships.
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Colby Boehm

2200 Buford Ave., 651-293-8740
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A roundup of fall sports at Como Park Senior and Murray

Como Park Cougars

Boys soccer—For the fourth consecutive season, the boys soccer team qualified for the State Tournament. The 2015 team had a unique journey to get there (see story below). The regular season was a bumpy ride for the Cougars. While there were periods of quality soccer from the new combination of teammates, consistency and cohesion were challenges, evidenced by an 0-2-4 record to start the season.

Throughout the steady leadership of second-year head coach Jonah Fields and veteran captains Israel Castillo Guzman, Ryan Yang and Tyler Johnson, the team persevered and discovered their winning formula for the Section 4A Tournament, advancing to State and finishing with an overall record of 7-5-3.

Football—As previously reported in the Bugle, the Como Cougars Football team started the season facing the challenges of lower numbers, inexperience and some tough early losses. The resilient Cougars kept working and won three of their last six games, including a convincing 47-22 first-round section play-off win over Brooklyn Center. The team’s improvement throughout the season was undeniable. With football’s new competitive format, All-District honors were earned by seniors Troy Clay and Demetrie Mitchell, junior Donnie Ventrelli and sophomore Corey Guenther. Honorable Mention players included seniors Erik Hoonsbean and Zuriel Cushing, junior Charlie Kray and sophomore Robert Adams.

Cross Country—The boys and girls cross country teams bonded with disciplined training and traditional team dinners. The girls team featured All-Conference Honorable Mention runners Eva Hanson, Ana Caballero and Bridget Proper. Senior captain Mary Miles earned All-Conference, placing second overall in the City Conference meet. Junior Florence Uwajena finished in first place to become the St. Paul City Champion. Her brother, Innocent Murwanashyaka, finished in first place on the boys side (see story below).

Senior captain Tiaosma Sivula supplied support to all runners, along with fellow senior Geleto Roa who earned All-Conference. Freshman Isaac Harke earned All-Conference Honorable Mention.

Volleyball—The Volleyball team featured a special senior class of five players that Coach Kim Smisek said “has not only been important to our success this year, they have molded our program over the past four years.” The success this season was an epidemic.

Como athletics thrived this fall with multiple championships. The volleyball team (above) won the City Conference. Florence Uwajena and her brother, Innocent Murwanashyaka, (at left) each won the City Conference meet in cross-country. Innocent also ran well in the Section 4A meet to qualify for State. Boys soccer team (below) won the Section 4A championship, and returned to State for the fourth consecutive year.

Champs times

Como Park Senior High School’s fall sports season ended with the winning of city and section championships in three sports.

The volleyball team won the St. Paul City Championship for the second time in three years. They clinched the title in the Como gym against Central in the last match of the regular season, to finish 11-1 in conference (20-8 overall).

Coach Kim Smisek and her players were confident they could do it, but a packed gym of Como fans, and maybe even the team itself, was impressed by how they did it. Saving balls all over the court and converting kills with precision and power produced happy faces that beamed for the post-match photos. The Lady Cougars created a memory they will always cherish.

Cross Country involves individual competition within the team sport. Conference champions are crowned for both teams and individuals. Both the Como boys and girls teams finished third in the conference. The individual champions for each team were Como’s brother-and-sister dynamic duo of Innocent Murwanashyaka and Florence Uwajena.

This thrilling feat was celebrated and shared by teachers, friends and nummaters who gathered on the Como Golf Course to cheer them on and capture the historical event of siblings winning the city meet.

Innocent’s excellence carried over into the Section 4AA meet, where suburban and private schools of the northeastern metro competed for slots in the state meet against city teams. With a third-place finish (out of 80) in the section, Innocent qualified for state, slowing a larger audience that the city champ was the real deal.

Then there’s that Como soccer team. The St. Paul City is a gauntlet of fierce competition in boys soccer. Playing in it has always prepared the Cougars for section tournaments. The Cougars won the conference in 2012 and 2013 before heading to state, but it’s not a prerequisite.

The 2014 team went to State after a second-place finish in the conference. This year’s team finished third, and was the No. 4 seed for the Section 4A Tournament. Casual fans did not expect much from Como. Section competitors in the know feared losing to their Como opponents. Their fears were realized. After a come-from-behind quarterfinal win against city rival Washington, the Cougars traveled to play the No. 1 seed Mound-Mound in the semifinals. Como dominated the top seed, winning 1-0, and advanced to the section Championship vs. the No. 3 seed Mounds Park Academy.

With the opportunity to go back to state right in front of them, the Cougars seized the day and enjoyed everything about their convincing 3-0 victory. The resiliency of the team was remarkable. They never, ever quit. They improved and found their form with each game. And they created another fond memory for the school and Como community could celebrate with pride.

Eric Erickson is a social studies teacher at Como Park Senior High School and a longtime coach of school and youth sports in St. Paul.
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Next deadline: Dec. 4.
Sports from 22

11-1 conference record and the St.
conference championship (see story
on page 22). The conference title is
Paul City Championship (see story
strong.
conference champions season
Delilah Wolf and Sinead O’Duffy
the team combat injuries and still
freshmen in the starting lineup and
volleyball careers, but the returning
Berven, Emily LaCroix-Dalluhn,
8-6-3 was achieved with three
players and rising junior varsity talent
Angie Martin, junior defender Dah
Erickson.
15 goals, which earned her All-
Conference recognition.
All-Conference Honorable Mention
players included senior forward Angie Martin, junior defender Dah Dah and freshman midfielder Anna Erickson.

Girls swimming—Eleven dedicated
Como swimmers produced a fourth-
place finish in the conference.
Individual highlights included strong
performances in the conference men
from senior Katie Young in the 50-
and 100-yard freestyle.
Junior Geoginna Kimson
achieved personal bests in the 200-
and 500-yard freestyle. Senior Lia
Chin-Purcell achieved a second-place
finish in the 50-yard freestyle and third in the 100-yard free.
For the second consecutive year,
a Como swimmer won the Roger
Boesfeld Spirit Award. Chin-Purcell
earned the prestigious honor, given
to the most outstanding swimmer in
the conference, based on success in
swimming, academics and
community service.

Murray Pilots
Volleyball—The Pilots were the
undisputed champions of the St. Paul
City, winning all of their matches in
the regular season and sweeping
through the end of the season
tournament. The team was
dominant, finishing with an 11-0
record and winning every
tournament match in two straight
games. The peak moment came in
the intense championship match
against Capitol Hill. The Pilots
pulled out back-to-back 25-22 wins
to complete their perfect season.

Girls soccer—Thirty-five middle
school girls worked hard and had fun
developing their skills, noticeably
providing leadership to build on for next year's returning players. Standout players
included Abdul Aziz, Saw Ray and
Charles Rogers.

Flag football—Several key returning
players from last year's team brought
the Murray Pilots Flag Football team
to a second-place finish in the St.
Paul City Conference. With a record
of 9 wins and 2 losses, including an
eight-game winning streak, the
season was very successful. The team
had a high-powered offense led by
Jalen James, Drewwjan White,
Nicholas Jacobson, Ephraim Mau and
team MVP Amari Carter, who
had “the greatest one-hand catch”
Coach Pearson said he's ever seen.

Murray class proposes planting pollinator garden

Murray Middle School's 62.4 science class presented a pollinator garden proposal to Murray administration, St. Paul Public Schools facilities management, local concerned citizens and representatives from the University of Minnesota's Monarch Lab on Nov. 4. The students have proposed installing the garden in front of the school near the flag pole. The students are shown here in the area where they plan to plant, along with their teacher, Tim Chase, and guests at their presentation: assistant principal Jamin McKenzie; principal Stacey Theisen-Collins; Tony Schmit, a graduate student at the U who mentors at Murray; Mary Maguire Lerman, a horticulturist whose specialty is invasive species; Jon Schumacher, executive director of the St. Anthony Park Community Council; Todd Larson, from the district's facilities department; Lisa Sackreiter, a Murray parent who helped install a vegetable garden at the school; Michael Russell, a retired

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24 P A R K B U G L E  ■ D E C E M B E R  2 0 1 5

Jeremiah: Judgment, Trauma and Hope
Instructor: Michael Chia,
Assistant Professor of Old Testament
Noon-2 p.m.

“A People for God’s Name:” Believing and Belonging in Luke and Acts
Instructor: Eric Barreto,
Associate Professor of New Testament
7-9 p.m. (Webcast available)

Martin Luther—A Grand Assortment of Insights: Part 2
Instructors: Steven Paulson, Professor of Systematic Theology; Gracia Grindal,
Professor Emeritus of Rhetoric; Guillermo Hansen, Associate Professor of Global
Christianity, Societies and Cultures; Mark Granquist,
Associate Professor of Church History; Mary Jane Haemig, Professor of Church History
7-9 p.m.

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