Senior housing update

Sept. 24 forum will show preliminary plans for the Luther Seminary senior development

By Kristal Leebrick

Preliminary site plans and renderings of the proposed senior housing complex to be built on the Luther Seminary campus will be presented at a community forum on Thursday, Sept. 24, at 4:30 p.m., in Room 148.

The forum, which is being hosted by nonprofit developer Ecumen and the District 12 Land Use Committee, will be held from 3:30 to 5:30 p.m. and at 6:30 to 8 p.m. There is no formal program planned.

Interested individuals are encouraged to attend at their convenience. Members of Ecumen’s development team will be on hand to field questions, receive feedback and discuss the project’s work to date, as well as next steps.

It was announced in August that Luther Seminary had entered into a nonbinding agreement with Ecumen to build a senior housing complex on the lower campus of the seminary’s 37-acre property. Sites at both the corner of Como Avenue and Luther Place and the corner of Como and Euclid Street are under consideration for the development, according to Michael Morrow, the seminary’s vice president of finance and business development.

The project could include a 50- to 60-unit owner-occupied senior housing co-op, a 121-unit apartment building that would include some assisted-living components and 20 percent affordable rates, and a 112-unit memory-care facility. No dates for the start of the project were available at press time.

Luther Seminary has been exploring redesign and redevelopment on the campus to meet the institution’s future needs, said Michael Morrow, the seminary’s vice president of finance and development, who attended the Augsburg Land Use Committee meeting with representatives from Ecumen to explain the project.

In 2012, the seminary reported a $4 million budget deficit. Since then, Luther has cut staff, sold the Sandgren and Burnsville apartment buildings on Eustis Street, and has recently rented space to Augsburg College to house Augsburg’s physician’s assistant program. That will bring up to 60 students to the Luther campus each semester.

The campus needs to be refuged to meet the size of the current student body. Morrow said.

Back-to-school bike rodeo

First-grader Ayla Bornsztein takes her turn on the skills track at the St. Anthony Park Elementary School Bike Rodeo Sept. 18. The school received a $2,500 Safe Routes to School grant from the Minnesota Department of Transportation to create a program that will help families who live within two miles of the school learn how to bike and walk safely to and from school. Along with the bike rodeo, the money will go toward bike and scooter racks, safety curriculum and new supplies for the school patrols. Bike rodeo participants traversed a course that included hazard avoidance, handling, starting and stopping, straight-line riding, turning and yielding. There was also a bike helmet-fitting station and a how-to-bike-repair station. And despite the rain, the event (organized by Dan Clark, the school’s technology coordinator) was well attended. Photo by Kristal Leebrick

Ward 4 development district may bring more liquor licenses to area

By Kristal Leebrick

Current and potential restaurant owners along the Green Line in St. Paul may see changes in the city’s liquor ordinance if a proposed Ward 4 Green Line Commercial Development District comes to fruition.

Ward 4 City Councilmember Russ Stark’s office is exploring the establishment of a new commercial district that would remove restaurants from the ward’s liquor patrol list and allow more licenses to be sold in the district.

Liquor licenses are sold to both off-sale establishments and restaurants that have a full liquor menu, and each ward has a specific number of liquor licenses. The citywide cap on liquor licenses is currently 215. Ward 4, which has a cap of 36, has no available liquor licenses. The only way to obtain one is if an establishment with a liquor license goes out of business. This is a deterrent for restaurateurs who may be eying the light-rail corridor to establish a new business, according to Dan Niziolek, deputy director of the city’s Department of Safety and Inspections (DSI).

St. Paul’s City Charter and the Legislative Code do not limit the number of “wine-and-beer-only” licenses that can be issued to restaurants.

Niziolek and Stark’s legislative aid, Samantha Henningson, gave a presentation on the commercial development district at the Sept. 1 District 12 Land Use Committee meeting. Stark’s office visited district councils through September to get feedback on the proposal.

“We would like to get something to the council sometime in October,” Henningson said.

If established, the district would stretch from Lexington Parkway to the Mississippi border and include Raymond Avenue and the area to the east of Raymond between I-94 and Pierce Butler Route in south St. Anthony Park (see the map on page 6 for the entire proposed district).

The section stretching from Lexington to Snelling Avenue is part of Ward 1.

The new district may also

Liquor licenses to 6

Ward 4
Como Park
The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Nystrom Streater Station, 1224 N. Larpenteur Parkway. Contact 651-644-3889 or www.district10como.org

Council 5. He will begin his work County and Municipal Employees American Federation of State, new District 10 executive director. Michael Kuchta has been hired as the Tuesday of each month at the Historic Council meets at 7 p.m. on the third
mattresses and box springs. There are separate fees for dropping off furniture, electronics and appliances, as well as fees for dropping off furniture, mattresses and box springs.

We are very excited to have the cleanup. For more information, call 651-792-7600.

Cromwell Ave. Contact information: Recreation Center (SSA), 890 City Hall, 1891 Walnut St. Contact 651-792-7600.

Questions? Go to techdump.org/tri-

Chili cook-off is Oct. 3 The Falcon Heights City Council meets the second Thursday of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larson Ave. Contact 651-792-7600 or www.falconheights.org.

City of Lauderdale, Falcon Heights and St. Anthony Village will host an extensive experience working on logistics for conferences, community working with, coordinating and training, popcorn and refreshments.

Lauderdale The Lauderdale City Council met on the second and fourth Tuesday of each month at 7:30 p.m. in Lauderdale City Hall, 8191 Walnut St. Contact www.ci.lauderdale.mn.us or 651-792-7600.

The Falcon Heights City Council meets the second Thursday of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larson Ave. Contact 651-792-7600 or www.falconheights.org.

Recycle your electronics Oct. 17 The cities of Lauderdale, Falcon Heights and St. Anthony Village will hold an electronics recycling collection with TechDUMP on Saturday, Oct. 17, 9 a.m.-1 p.m., at two locations: Falcon Heights City Hall, 2077 Larson Ave., and St. Anthony Village City Hall, 3301 Silver Lake Road, St. Anthony.

It can be a very long journey to have a home office and children to do it. It can be a very long journey to have a home office and children to do it. It can be a very long journey to have a home office and children to do it. It can be a very long journey to have a home office and children to do it. It can be a very long journey to have a home office and children to do it.

The eight-member ADU Task force was formed a year ago by the District 12 Land Use Committee to recommend whether or not ADUs are appropriate for the neighborhood after the Land Use Efficiency Committee recommended it as a way to help increase the housing stock, as well as provide more opportunities for people to live in the area. The task force is set to meet nine times over the next year, with the first meeting scheduled for Oct. 12.

Lauderdale The Lauderdale City Council met on the second and fourth Tuesday of each month at 7:30 p.m. in Lauderdale City Hall, 8191 Walnut St. Contact www.ci.lauderdale.mn.us 651-792-7650.

Visit Lauderdale’s farmers market The last Lauderdale farmers market will be held at Community Park, 1885 Fulton St. Saturday, Oct. 17, 4-7 p.m.

St. Anthony Park The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at Anthony Park Recreation Center (SRA), 890 Cromwell Ave Contact information: www.apac.org contact 651-649-5992.

Neighborhood cleanup is Saturday The annual neighborhood cleanup will be held at 11 a.m. every Saturday beginning at 11 a.m. in the northeast corner of the fairgrounds just off Larpenteur Avenue and west of Snelling Avenue. The District 10 Como Community Council will be involved in the cleanup for more information, call 651-644-3889 or go to www.district10como.org.

Raymond Ave. project to last through mid-Nov. The Energy Park Drive intersection on Raymond Avenue is expected to be closed mid-November, which is the projected time frame for the completion of the project.

The new 18,700-square-foot building will provide living space for 44 fraternity members, a housemother suite and an elevator to help with accessibility. The current building has 9,600 square feet. The new building will also address problems the current building has had with the water tower at Dickey and Cleveland avenues, which drains water onto the property during the City of St. Paul’s periodic water tower recharging process.

The project would also add a parking lot to the east of the current parking lot. The new parking lot would be approximately 400 square feet and would provide space for 10 vehicles.

The Falcon Heights City Council met the second Thursday of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larson Ave. Contact 651-792-7600 or www.falconheights.org.

City Files to 12
Compo/Front/Dale intersection slated for ‘user-friendly’ upgrade

By Roger Bergerson

The planning process has barely begun, but it appears the area around the busy intersection at Como and Front avenues and Dale Street will receive some economic stimulus and possibly a modest facelift starting next year.

The area is one of two—the West Seventh and Arcade street-intersection centers the other—designated to receive $337,500 each in development funds under the new Commercial Vitality Zone Program recently initiated by the City of St. Paul.

Using sales tax revenue created by the 5-cent local sales tax, the program will promote city-wide vitality, growth, and equity, according to its sponsors.

The Como/Front/Dale intersection “is a great example of a serious economic engine tucked into a neighborhood—such a variety of shops and so many jobs in a two-block radius,” said Amy Brendmoen, Fifth Ward city council member. She joined First Ward representative Dai Thao in seeking the designation for the area.

“We are both excited to work with community members to create a vibrant, user-friendly community node where the North End and Como come together,” she said.

The Commercial Vitality Zone program is an outgrowth of Mayor Chris Coleman’s 8-80 Vitality Fund, approved by the city council to provide money for projects such as street reconstruction, bicycle infrastructure and green space development along the Green Line. Representatives of the city’s Planning and Economic Development Department will be meeting with community groups in the Como/Dale/Front area to determine how the funding will be invested. The intersection lies on the border between the District 6 Planning Council on the west and the District 10 Como Community Council on the west.

“It is great that funds are moving into neighborhood corridors,” said Kery Antrim, executive director for District 6. She noted that the area already had been identified by the district as a prime candidate for redevelopment.

In fact, a major set of improvements for the intersection were recommended in a study prepared by the Metropolitan Design Center of the University of Minnesota in 2011. Although those recommendations were not pursued at the time, the study helped build the case for including the intersection in the Commercial Vitality Zone Program.

So what can one expect to accomplish for $300,000-plus around a six-legged intersection most agree is difficult to negotiate no matter what the mode of transportation?

(University of Minnesota study noted that there is such a large amount of pavement in the intersection that the St. Paul Cathedral would fit comfortably there.)

“We hope to see an engineering plan, maybe some active real estate recruiting, perhaps some temporary applications to experiment with intersection improvement, small business incentives and ideally a larger plan of action that will spur private investment in the area, too,” said Brendmoen.

At least one parcel of land is a candidate for redevelopment, the former site of Schroeder’s Bar and Grill on Front Avenue, whose owner decided not to rebuild after a devastating fire early this year.

Representatives of the city’s Commercial Vitality Zone Program recently initiated by the City of St. Paul.

St. Paul residents are invited to submit poems to the annual St. Paul Sidewalk Poetry Contest. Above, a winning poem from a previous year.

St. Paul’s Sidewalk Poetry Contest deadline is Oct. 16

The St. Paul Sidewalk Poetry Contest is taking submissions through Friday, Oct. 16.

Writing poems will be stamped in city sidewalks and their writers will receive $100 each. The entry fee is $3.

The contest guidelines are listed below:

You must be a St. Paul resident to enter. All residents—young or old, professional writers or amateur—are eligible. Past winners are not eligible.

Past honorable mention recipients are eligible to enter again.

Submit up to two poems. Text and subject matter must be appropriate for the general public.

Poems must be in English.

Poems cannot exceed 10 lines, 44 characters per line, including spaces, and an overall total of 250 characters, including spaces.

Poems must be original work by the entrant and can be previously published or unpublished.

All entries are reviewed by a panel in a blind selection process.

Up to five selected poet will receive a $100 prize and installation of their poems in city sidewalks.

Selected poems may receive editing suggestions from the panel.

The deadline for submissions is Friday, Oct. 16, at midnight.

Winners will be announced on Nov. 17 at Readings by Writers at the University Club on Summit Avenue and on Nov. 18 at www.stpaul.gov/poetry.

Entries are accepted online only at www.stpaul.gov/poetry. A $3 entry fee is required at the end of this submission process.

If submitting on behalf of a school group, please review the online submission form well in advance for additional instructions. Entry fees are waived for school groups.

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Five tours of the state fair and here’s his story

By Barry Buckley

Thank you, St. Anthony Park. My problem is simple: I can walk to the fair. I don’t have to get on the trolley bus with a bum air conditioner. This year I completed five visits to the Minnesota State Fair and can show receipts for $300 in cheese curds. There must be a Fair-Olicy support group, but until then I’ll be crossing the fancy $30 million dollar entrance again and again next year.

I started with attending the Fine Arts Preview the Tuesday before opening day. Entering the gate, police were checking trunks of vehicles. I think they were checking for chicken smugglers because chickens weren’t allowed this year. Some sort of Chicken Pox. We went to the show with another couple, friends of my wife who pretend to like me. I hung out at the free wine and veggie dip bar tilting my head sideways at a couple of pieces that looked upside down.

Do this, and people think you have an eye for art. A few wines later I’m scarred we bought a painting. I wouldn’t know what I hope it does playing poker.

Later, and missing my wallet, we moved onto the Tour of the Bayless House. The oldest building on the fairgrounds, it houses fair history with renderings of beautiful buildings that have been knocked down and replaced with Pronto Pups. My wife’s friends then sneaked an unattended ride down the big yellow slide in cinnamon napkins. I know this. I saw it on Snapchat.

Day One, the farm animals. You can tour barns, gawk and spend an entire day just on pigs. I know nothing about pig judging, but I like watching the kids steer them, using sticks or car antennas. Odd that some of these oinkers end up on sticks and dipped in chocolate.

The trick to navigating the fair crowd is timing. It depends on the tide, moon, air temperature and wind speed. The heavier days, when I’m elbow to elbow with a gazillion visitors, I opt for the scooter and borrow a compression boot from a friend. I hit the scooter rental depot, pass a driver’s test wearing the catarsic shield, and I pick out a candy apple red ride with little chrome wheels. A scooter and an air horn will part a city of rhinoceros jeans like Mies and the Red Sea.

This fair thinks of everything by providing cool water scooter misters.

They’re crowded with smart-nosed kids washing candy orange or pickle juice off their faces, so I bark out a 30-mph command: “M’o-overflow my diet. I got barn dust on my ride!”

With that aggressive driving, am I hungry? You betcha. I’m hungry.

That’s why I carry a grill spatula and the orange tumbler bucket. Full charge and burning rubber, I can scrape a billion Sweet Martha patties off the pavement in six minutes.

Sorry Mr. Z., love your show, but the best fair food is not the circus. My vote is the Cluck and M’O served at the Blue Barn. It’s Thanksgiving Dinner in a bowl just like my Nana’s Thanksgiving minus deflated football.

Retirement advice at the fair? Open letter to Anna Gambucci

Dear Anna,

Thank you for bringing up for scrutiny the special advantages due to being white in America. Like talking about your talking is moving toward its end. We need words we need to assume the best of intentions of everybody who engages in the conversation; we need to understand that it can get meany. Our comfort may be at stake, but that’s certainly preferable to the status quo. If the rewards can be brilliant. This is progressed.

With all it, it could be easy for you and me to pass over this, after all, we know mostly kind, good and well intentioned. Woe don’t mean any harm, aren’t at fault. I often feel frustration that I was handed this through struggle without asking for it, without tools and without knowing how to fight it or with whom. I do know that the inequality in society that’s unearned and hurtful—dangerous, brutal, mortal—and it’s been around unabated since this country was formed. The sense of separation that this brings breaks my heart, brings urgency to the work.

I do try to enrich my understanding and broaden my choice of actions—to be an ally to those who are targeted in any way. Really. @BlackLivesMatter is a resource here.

In the early 1990’s invited, through the Army Program, a young man from La Cote d’Ivoire. West Africa, to assist in my St. Paul Central High School French classroom. Several St. Anthony Park families hosted him and his become a friend. My husband, Len, gave him use of a car and not long afterward he was driving it south on Highway 100 when a policeman slid in behind him in traffic and changed lanes as he did.

After this happened a couple of times our guy exited and pulled over to the curb, and so did the policeman. He got out of the cruiser and came up to our friend, asking, “Why did you stop?” I thought we might just as well get this over with,” was my friend’s answer. A check of license, registration and insurance all in order, and the policeman told him he was free to go. There was no mention of any violation or suspicious activity.

Nothing that struck me about this incident was our friend’s measured response. The fact that he had been brought up in Africa where the police are the same color as the citizens, likely contributed to his confidence in how this would turn out. He wasn’t afraid, merely deeply annoyed.

I’ve also considered the many ways that his confidence was unwarranted—the situation delicti—the incident subject to escalation. Len’s documents could have been out of date the policeman might have had a hair trigger. I am still grateful for the way it felt personal to me. On hearing it, I myself felt fear, anger, vulnerability, relief. There’s a lived knowledge in me now, a better understanding of the fragility of black peoples life. I have more words.

Let’s keep going on this. Let’s try to understand how gentrification hurts, how subtle and subliminal cues (tone of voice, background noise) include or estrange other people. Let’s stand up, and do so for those who continue to work to reach real comfort with differences of all kinds, especially the ones that carry a huge social price—real solidarity in the face of oppression. Let’s invite the neighborhood—oh, right, you already know. Thanks very much.

Mimi Jennings, for Mimi and Len, St. Anthony Park

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Ramsey County opens applications for next class of Master Gardeners

By Joe Baltrukonis

Ramsey County Master Gardener

Sixteen years ago, I moved to the small town of Cheshire, just north of New Haven, Conn. My grandma, as a young child, came to this country from Lithuania. She was what some would call a peasant, a person with an inborn love of the soil, plants, dirty fingernails and good food.

She grew raspberries, peach varieties we cannot grow here in Massachusetts. She went on to study some of the newest varieties of super-sweet corn.

That same summer, I started in the Master Gardener Program. I have made many dear friends in that program and have told him that that was the last thing I was going to have to do it in front of God and my parents and everyone else.

To make it through the performance, I did quite a lot of practice. I would sing to myself at home while doing the dishes. When I received a houseplant or lawn question, I know exactly what to do with a flock of my head. I would write down the questions and answer them.

And became a medical laboratory technologist and blood-bank specialist. Yet in a 20-year career, I learned that the world is OK and is heading in the right direction.

I am not scared of it or see "beans on the boulevard" and then he smiles, and when I see display gardens and thousands of hours in a hospital, I don't know the name of and convince her that she need not spray the heck out of my credit, I made it through the darkness, I was struck by the Mother Earth, the house lights came down, and the introductory music (which I can still remember clearly) swelled and faded, and the right things came down, and the director prepared to open the curtain.

In that moment of silence and darkness, I was struck by the Mother Earth. After my performance, I asked the director what was wrong and I told him I couldn't go on. "You have to go on!" he hissed. "The whole play depends on you!"

So I went onstage and started the show, he would stand still and pull the curtain shut if I signaled to him to do so with a flick of my head. Deaf.

I took my place, and opened the curtain and I opened the monolog, which looked and sounded something like this: "I sure am lonesome out in this field by myself." (lick) "I sure wish I had some one to talk to." (flick) "I haven't been anyone for such a long time." (FLICK FLICK FLICK)

Of course, the director, whose grueling student reputation rested upon the success of this production, want about to close the curtain. If I was going to torpedo his baby. I was going to have to do it in front of God and my parents and everyone else. To make it through the performance, but that was pretty much the end of my acting career. I do did more drama classes, since I enjoyed them, but Iesch all the confidence in myself to supporting roles such as "townswoman," where my main function was to move the stage in a pack with other actors mumbling on cue ("watermelon, watermelon!).

In that same summer, I started playing guitar and discovered that being in front of people thus armed was not scary. Fifty years and 10,000 performances later, I ponder this paradox. How and why can I stand alone on the stage of the Fitzgerald Theater and sing and play with 1,400 people staring at me (and another 2 million listening on the radio) with little deviation in my blood pressure, when even this thought of speaking lines under similar circumstances elicits the panic of my scarecrows.

"Gogling "stage fright" reveals no specific cure, but rather a palette of approaches and solutions, and one must find the approach best suited to him or her. For me, there is a logic to music that transcends any prosaic order or system, and that logic is what keeps me calm.

I couldn't remember the one sentence I had to recite at my wedding (I left out the phrase about being faithful), but I can recall lyrics, choruses and melodies to 3,000 songs and tunes. My confidence in this skill—and the assurance that no matter what happens on stage I can cover as long as I've got a guitar in my hands—keeps me cool under fire. Another person will feel the opposite: confident handling the spoken word, but experiencing panic if faced with keeping a bunch of musical stuff straight.

No one knows who that was first to say that art imitates life, but to that quote, my greatest pleasure and satisfaction, I do tell him that I am in this program. "Then you know everything there is to know about gardening," they say. I just smile, laugh a little, and reply, "No, it is impossible to know everything about gardening. The only reason that I know so much about plants is that I have managed to kill many more than you have. I don't know all the answers, but I certainly know where to find out."

I have made many dear friends in the Master Gardener Group, and I can call any of them to find the answer. Although M aster Gardeners learn about all aspects of gardening, I observe that everyone tends to become quite an expert in one or two areas of gardening. I have a black thumb when growing houseplants and tend to kill them.

I hate lawns and can mow my lawn with a pair of scissors in less than 30 seconds. When I receive a houseplant or lawn question, I know just who to call. I can also read the many well-written articles on the University of M innesota Extension website. I have access to a statewide database of talented M aster Gardeners who will answer my question by email.

Extension educators and University faculty gladly share their knowledge and time to answer the especially difficult question. There is always someone available to help you. University experts and partners often start exciting training sessions, where we learn even more.

When I see a volunteer work thousands of hours in a hospital, teaching ill children the joys of gardening, when I see others start a community garden in an empty lot, when I see display gardens and educational gardens throughout the state or talk to a woman about a suspicious bug on a plant she doesn't know the name of and convince her that she need not spray the heck out of it or see "beans on the boulevard" and seed libraries springing up, when I see a child in the city get his very own first tomato on a plant that he has grown himself (with just a tiny bit of help from a M aster Gardener) and then he smiles, and when I see the thousands of hours that the M innesota M aster Gardeners donate to their communities, then I know that the world is O.K. and is heading in the right direction.

I love the volunteer aspect and friendship of M aster Gardening and enjoy sharing my knowledge. Ramsey County is recruiting a new crop of M aster Gardeners. Applications can be found at: co.ramsey.mn.us/mastergarden er/eBm/abergardener.htm.

You can also email the program assistant for a request for application materials at aus0004@umn.edu or call 651-704-2053.

The application deadline is Thursday, October 1, at 4 p.m. Hop to meet you at one of the Ramsey County Master Gardener meetings in 2016.
recent projects include the $110 million Abiitan Mill City project in downtown Minneapolis, which broke ground in May. The five-story senior-living project will have 151 rental units and include options for independent living and memory care. Residents will be in walking distance to the river, to the Guthrie Theater, Gold Medal Park, the Mill City Farmers Market, the light rail and the new Vikings stadium. It is scheduled to open in fall 2016.

Representatives from Luther Seminary and Ecumen will also attend the Oct. 1 District 12 Land Use Committee meeting to give more updates on the project. The committee meets at 7 p.m. at South St. Anthony Recreation Center, 890 Cromwell Ave.

Liquor licenses from 1 remove restaurants with full liquor licenses from St. Paul’s “60 percent law,” which was established in the 1990s and requires restaurants that serve alcohol to have 60 percent of sales attributed to food sales. Two years ago, the Minnesota Statute changed to eliminate the 60 percent requirement from the definition of restaurant. Minneapolis changed its statute shortly after that.

It’s hard for many food establishments to make most of its sales in food, Niziolek said, as the rise in more expensive craft beers and liquor has made drinks more expensive than food.

The proposed Ward 4 Green Line Commercial Development District would extend along University Avenue to Snelling Avenue and north on Snelling a half block east and west to Englewood Avenue and one block west of Snelling to I-94. It would extend several blocks north and south, starting at Aldine Street and include former industrial sites that are being converted for mixed-use redevelopment, including the area on Prior Avenue, where Can Can Wonderland is opening an indoor mini-golf course and entertainment venue in a former can factory. The area would include south St. Anthony Park, from Transfer Road to the Minneapolis border and I-94 to Pierce Butler Route. The section stretching east from Snelling to Lexington on the map at left is in Ward 1 and would be included in the district.

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Avalon School science teacher to attend UN climate summit in Paris

By Kristi LeBrick

Lauren Leith, a science teacher at Avalon School, 700 Glendale St., St. Anthony Park, will travel to France in December to participate in the 21st Conference of the Parties (COP21) in Paris, an international summit sponsored by United Nations Framework Convention on Climate Change (UNFCCC).

Leith is one of 10 education ambassadors selected to be part of the delegation from Climate Generation: A Will Steger Legacy. The ambassadors are a group of teachers that come from a variety of subject areas, grade levels and educational settings in New York, North Carolina, Georgia, Minnesota and Colorado.

The goal of the summit, to be held Nov. 30-Dec. 11, is to have leaders from the 195 countries of the United Nations adopt a binding agreement on reducing carbon emissions to limit global warming.

Leith has been a high school physics and chemistry teacher at Avalon for eight years. She taught in Cloquet for a year and Duluth for 10 years before coming to Avalon. She just completed her master’s degree in environmental education at Hamline University. Her master’s thesis was based on teaching renewable energy in her physics class.

Leith and her students are quite familiar with Steger and his organization. She has taken classes through Steger’s summer institute and she and Avalon’s student environmental club have done work at Steger’s homestead in Ely. Part of her role at the Paris conference is to “share our students’ views as well as our community’s views,” Leith said. “The majority of my students are really concerned about [climate change]. I want them to have hope for the future, and that’s part of teaching about climate literacy—giving hope that wecan, as a world, make a difference and change the course.”

Leith is eager to learn about the challenges nations face in making a commitment to reduce carbon emissions, she said. She is also excited to learn more about renewable energy and technology “that can lead us down the path to clean energy.”

Avalon school will host a public presentation about COP21 and Leith’s role as a delegate on Thursday, Oct. 22, from 7 to 8:30 p.m. Call 651-649-5495 for more information.

Climate Generation: A Will Steger Legacy was founded by polar explorer, educator and climate advocate Will Steger. The organization works with educators, youth and the general public to build climate literacy and promote approaches to addressing climate change.

To learn more about Climate Generation, go www.climategen.org. You can learn more about the UN conference at www.cop21.gouv.fr/en.
Movies, talks aim to help people cope with Alzheimer's

By Warren Wolfe

After drawing more than 400 people last spring to programs about Alzheimer's disease, a Roseville group has launched a fall series of expert talks and documentary movies on the topic.

The Roseville ACT on Alzheimer's project is part of a statewide effort of 34 groups to create "dementia-friendly" communities. The project works to help area people better understand dementia, build skills and gain confidence as they learn more about Alzheimer's disease and similar illnesses.

Coping with dementia is a growing issue as people live longer. About 90,000 Minnesotans have dementia, a number projected to triple by 2050 and reach 120,000 in 10 years. In 2013, about 750 with the disease lived in Roseville, according to the Alzheimer's Association.

They are:

- Oct. 8, neurologist Dr. Michael Rosenthal, director of the HealthPartners Mmemory Clinic, St. Paul, "Understanding Dementia & Alzheimer's Disease"
- Oct. 15, neuro-psychologist Dr. Sonia Mach of the HealthPartners Mmemory Clinic, "Testing for Dementia Diagnoses to Treatment & Real World Implications"
- Oct. 22, Dr. Beth W. Nystad of Arthur's Residential Care in Roseville, "Practical Tips for Avoiding Power Struggles"
- Oct. 29, Catherine Engstrom of Wilder Foundation Caregiver Services, "Caregiver Stress/Burnout (Taking Care of You)"

On two Sundays in November, documentary movies about how the arts help people with dementia will be presented at Lyngblomsten care center campus, 1435 almond Ave., St. Paul, near the State Fairgrounds.

The fall program started Sept. 20, with the HBO documentary "The Alzheimer's Project: Caregivers," shown at Lyngblomsten.

Roseville ACT focuses on building awareness, education and skills so that those with dementia can continue to live as independently as possible in their communities, helped by family, friends, neighbors, businesses and city services.

Alzheimer's is the most common type of dementia, a group of diseases that interfere with memory, judgment and ability to tackle daily tasks. There is no cure, and treatments so far only can ease symptoms in about half of patients for a time.

The Roseville ACT project is sponsored by the Roseville Alzheimer's and Dementia Community Action Team (Roseville A/D), a consortium of community volunteers, service providers and government officials organized in 2013. Among its projects, Roseville A/D this year launched a website with information and resources about Alzheimer's and dementia.

Roseville A/D received two grants totaling $18,000 from the statewide A/D program in 2014 and 2015 to survey community members, hold a community meeting to set goals, then choose and complete programs aimed at helping people cope with dementia issues.

In addition, the group seeks volunteers to help with two area projects: P.S. I Understand, a peer-support program with Wilder Caregiver Services matching current caregivers with former caregivers, and the Gathering, a day program operated by Lyngblomsten at Centennial Methodist Church in Roseville that, with new volunteers, has been able to expand services.

The Roseville ACT project will end this year, but the Roseville A/D group is considering projects for next year, which could include efforts to help churches, businesses and families caring for people with Alzheimer's disease.

The Minnesota ACT on Alzheimer's project has won two national awards this year for engaging communities in education about dementia. Now a national program called Dementia Friendly America, based on the MInnesota project, is starting with pilot projects in D.C., Colo., Texas, Ariz., Santa Clara County, Calif.; Prince Georges County, Md.; Knoxville, Tenn.; and the state of West Virginia.

For more information about the Roseville A/D program, Roseville ACT or other resources, go to www.C.GroveRoseville.com/dementia.

Warren Wolfe is a former reporter for the Star Tribune, where he wrote about aging and health care issues for more than 20 years. He is retired and active with the Roseville Alzheimer's and Dementia Community Action Team.

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Trio con Brio Copenhagen returns to Music in the Park Series in Oct.

Trio con Brio Copenhagen will make a welcome return to Music in the Park Series on Sunday, Oct. 25, at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. A pre-concert discussion will begin at 3 p.m. at the church.

Founded in 1999 in Vienna by violinist Soo-Jin Hong, her sister, cellist Soo-Kyung Hong, and pianist Jens Elvekjær, these musicians have acquired a worldwide reputation for the freshness of their approach to the core repertoire. Trio con Brio will open their Music in the Park Series program with "Spill," a piano trio by Per Nørgård, the most prominent Danish composer after Carl Nielsen and one of the most famous figures in the cultural life of Denmark.

The trio's sound benefits from the superb instruments all three play: Soo-Jin plays violin built by Andrea Guarneri from the 17th century, Soo-Kyung plays a Guarneri del Gesu, and Jens is Denmark's first Steinway Artist. The ensemble was coached by the Alban Berg Quartet, Frans Hartmann, M. Rasha Martin, and H. ard Schoneweg at the Cologne University of Music. The trio members are the founders and artistic directors of the Copenhagen Chamber Music Festival, which was launched in 2011.

A limited amount of tickets are still available. Order tickets online at schubert.org/musicinthepark or call 651-292-3266.

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Trio con Brio Copenhagen: Soo-Jin Hong, violin; Soo-Kyung Hong, cello; and Jens Elvekjær, piano.
Warrendale was suburban dream in 1885

By Roger Bergerson

Warren residential lots went on sale in a “beautiful suburban village” adjacent to Lake Como in 1885, prospective buyers were assured that not just anybody would be allowed in.

Building permits in Warrendale would not be issued for homes valued at less than $1,500, “so that all who go there to build may be confident of being surrounded with a good class of neighbors.”

One of the “railroad suburbs” that the expansion of rail service made possible, Warrendale was a 52-acre portion of the former Aldrich farm. It was bounded by Chatsworth Street and Lexington Avenue on the east and west, respectively, and Jessamine Avenue (in that era, McKenty Street) on the north and West Como Boulevard on the south.

An ad described the quality of life a new homeowner might expect after an easy commute home from his downtown St. Paul office: “He may take a row on the lake before supper, or a game of croquet or lawn tennis. His children thrive in the pure country air, and have ample grounds all around them. The butcher, grocer and baker come to his door every morning for orders.

He has city gas and water in his house and a graded school for his children and if he wishes to go to the theater he can get to the performance in half an hour and a late train brings him home afterward at a reasonable hour.”

If he wishes to go to the theater he can get to the performance in half an hour and a late train brings him home afterward at a reasonable hour. (That turned out to be an expensive and ultimately futile exercise.)

The principal developer of Warrendale, Cary Warren, after himself, of course. A recent transplant from Louisville, Ky., he built himself a splendid home at what is now 1265 W. Como Blvd., a residence that existed today.

For his occupation, the 1890 city directory listed “capitalist.”

The city workhouse was located directly across Lexington Avenue from Warrendale and as a city councilman, Warren decried the practice of prisoners being turned loose on the residents of Warrendale and vicinity.” He wanted them taken downtown and discharged at the central police station.

In 1893, Warren established Warrendale Greenhouses at 1236 Churchill Ave., an enterprise that continued in operation there until about 1925. But the stock market and banking collapse that became known as the Panic of 1893 probably proved too visually appealing. City officials pledged to raise the level by 4 feet and pump in city water to keep it there. (That turned out to be an expensive and ultimately futile exercise.)

The home Cary Warren built on West Como Boulevard. Photos courtesy of Minnesota Historical Society.

Some of the lots in the development were in foreclosure. Warren’s home may have been on the market for a while, because the Commercial Cyclers Club—a bicycling craze was on—rented it for the club’s headquarters in 1898 and 1899. One July Sunday, about 50 members of the club, spouses and lady friends enjoyed an afternoon on the veranda and lawn of the clubhouse. They also had a baseball game on the workhouse grounds.

By the turn of the 20th century, the economy had improved and an enthusiastic writer in the St. Paul Globe newspaper compared Warrendale to the land adjacent to New York City’s Central Park 20 years earlier and predicted the same type of appreciation in value.

Warrendale was on the move again, although more than half the lots were still vacant and it was several more decades before the development filled in.

Roger Bergerson writes about local history and community news from his home in Como Park.
Yoga studio opens on Luther Seminary campus

By Kristal Leebrick

Melanie McRae describes her new yoga studio in St. Anthony Park as a “healing and restorative practice.” A grief support and hospice counselor, McRae’s yoga training includes an emphasis in emotional health and grief. She received her training at the Yoga Center of Minneapolis and had been teaching yoga classes to friends and neighbors at her home in M inneapolis’s Longfellow neighborhood before opening Bright Heart Yoga in the large yellow house at 2235 Luther Place in late April.

Bright Heart will host an open house on Saturday, Sept. 26, from 2 to 5 p.m., to introduce the studio to the community. Attendees will be able to meet the studio’s four instructors, each of whom offer drop-in classes each week.

McRae teaches two Slow Flow Vinyasa classes each week.

Marnie Sanborn Myhre, a resident of St. Anthony Park, offers a Soma Yoga class on Wednesdays. Myhre is a physical therapist with advanced certification in ergonomics, holistic health, energy healing, Reiki and yoga therapy. She has been practicing yoga for more than 14 years. Soma yoga combines the science of somatics, a neuromuscular retraining of the pathways to the brain, with yoga.

Drake Powe, a life coach and meditation instructor, has been teaching Kripalu yoga for 15 years. He offers a Movement and Meditation class each week.

Emily Ennis enjoys working with students of all ages and abilities and has additional training in prenatal and children’s yoga. She offers a Yin and Restorative class on Saturdays.

McRae and her husband, Scott, also run Sojourners Spiritual Direction Program for people who work in the helping professions and keep an office on the second floor of the Luther Place house. The McRaes both hold masters of divinity degrees from Yale University and are ordained Lutheran pastors.

Sunrise Banks, Wellington named some of the ‘Best Places to Work’

By Roger Bergerson

Two businesses in the Park Bugle area were recently ranked among the “Best Places to Work” in 2015 by Minneapolis/St. Paul Business Journal.

Sunrise Banks and Wellington Management Inc. were among 65 Minnesota employers recognized by the publication for “creating and maintaining engaged workforces.” The companies were honored at an August awards reception in St. Paul.

Employees for the winning companies gave their employers high marks for the work environment, people practices, day-to-day operations and other factors in an anonymous survey.

The Business Journal asked Joel Johnson, Sunrise executive vice-president and director of human resources, “How does your company create opportunities for individual development and career growth at all levels?”

He replied that the bank uses an “entrepreneurial operation system,” which “involves all employees at all levels to be part of the business.”

In turn, Steve Wellington, president of the property development and management firm, was asked how being a “Best Place to Work” affected the bottom line.

“No one does well in a workplace with no humor, no compassion and no recognition for a job well-done,” he responded.

“Without a great group of happy employees, we never would have celebrated our 30th anniversary last year.”

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PETERSON DENTAL GENTLE TOUCH • AFFORDABLE CARE
Mischief Toy Store to open on Como

Former Peapods owners to focus on older kids, teens and young adults

Dan Marshall and Millie Adelsheim are filling their storefront at 2290 Como Ave. with toys once again, but this time the focus is on older kids, teens and young adults.

Mischief Toy Store—which Marshall says will be “fun, adventurous and a little subversive”—is opening Thursday, Oct. 1, in the former Peapods space. Peapods, which specialized in natural baby and early childhood products, closed in June.

“Some of our favorite toys from Peapods will be part of Mischief,” Marshall said, “but mostly we’ll be offering an entirely new mix of toys, games, and kits that encourage everyone to unplug and make a little mischief.”

Marshall said there’s a lack of resources for older children and teens in the Twin Cities. “We couldn’t find interesting and unique gifts for our kids and we were tired of giving them gift certificates for music or video-game downloads,” he said. “So we decided to turn our creative energies away from babies and young children and create a store that reflects who our family is today.”

Marshall’s building at 2290 Como is still for sale, he said. Because Mischief doesn’t need the building’s 3,200 square feet, Marshall plans to relocate Mischief once the building is sold.

You can find out more at www.mischieftoy.com.

Mischief will be managed by Adelsheim and Marshall, along with their daughter Abigail Adelsheim-Marshall, a student at Hamline University. — Kristal Leebrick
City Files from 2

may project 6 feet into the required setback), on the side yard setbacks (20 feet is required, but the southside existing setback is currently 10 feet and the proposal is to leave it at 10 feet; the Dudley Avenue side is proposed to be set back 37 feet), lot coverage (the maximum allowed coverage for the house excluding a porch is 4,328 square feet; the proposed coverage is 4,688 square feet) and on the building’s height. The maximum height for a three-story home is 40 feet and the project’s proposed height is 45 feet.

The project will require reviews from the city’s zoning committee and planning commission building project.—Kristal Leibrick

Meet the Bike

The Transportation Group of Transition Town—All St. Anthony Park is sponsoring a final Meet the Bike event on Saturday, Oct. 3, at 1 p.m. The group will meet at St. Anthony Park Library at Como and Payne. They will then circle back to Como Dockside at the Como Lakeside Pavilion for refreshments. High school students, parents of students, and anyone interested in visiting Como Park by bike are encouraged to join in. Bring your bike and any accompaniments you need for the ride. Questions? Email transportation@transitionasap.org.

Healthcare Professionals

St. Anthony Park Area Senior Senior Cinema Series

“Bright Star” 2 p.m.
Thursday, October 8th, at SAP Library
The three-year romance between 19th-century poet John Keats and Fanny Brawne near the end of his life.

The Land Use Committee approved the project. There will be no additional off-street parking permits would be provided in areas where parking is restricted. No additional on-street parking space would be required. There would be a minimum and maximum size for an ADU. Typical minimums elsewhere are 300 to 400 square feet; typical maximums are 800 to 1,000 square feet. The task force has not reached consensus on the size limits. After considering community input from the Oct. 5 meeting, the task force will decide if it wants to rework the recommendation. It would then go to the District 12 Land Use Committee, said Phil Carlson, one of the task force members. Other task force members include Karen Hovland, Glen Skovholt, Jon Seltz, Kristal Leebrick, Franklin J. Stein, DDS

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Underground Music Café aims to be area’s ‘affordable bistro’

By Alex Lodner

Dan Ratte and Tim Cheesebrow, lifelong friends and purveyors of Underground Music Café at 1579 N. Hamline Ave. in Falcon Heights, are both self-educated home cooks whose dream of bringing high-quality, accessible food to the neighborhood hub is becoming a reality.

Chef Steve Rinker, owner of Roma in Mahtomedi and one of the founders of Lift Bridge Brewery, is serving as a consultant for menu selections, strategy and direction as the team introduces new items to its already expanded menu. The new menu includes sharable plates and homemade desserts, as well as pastas, sandwiches and entrees. The Wild Mushroom Ragout, for example, is a blend of wild mushrooms in a red wine reduction served with roasted potatoes and seasonal vegetable, perfect for the cooler, crisper evenings that are right around the corner.

“We always planned to introduce a better menu, but the feedback we got when we first opened Underground Music Café was not to change too much,” Cheesebrow said. “At first we added better sandwiches and pizzas. Now it’s time to focus on bringing the menu up to a new level.”

The duo’s motto is “eat well, do good, make music.” While the café features musical acts every night, supports the nonprofit organization Music Works Minnesota and hosts events for the community, it was time to concentrate on the food.

“It was time to focus on the first part of our vision,” Ratte said. “We wanted the food to be at the quality level of the music, beer and wine we had brought in,” Cheesebrow said.

The menu is also accessible, with the highest item ringing in at $18 and lunch averaging under $10. “My goal is to keep everything on the menu under $20,” Cheesebrow said. “We want neighbors to bring the family for dinner, hold a business meeting here, enjoy lunch with a group of friends. We want it to be a neighborhood spot where everyone feels comfortable visiting regularly.”

Cheesebrow is also proud of the beer and wine selection. The wine list does not contain any selection over $8.

“We used to have fancy glasses and higher end wines,” he said. “But it wasn’t really needed in the neighborhood. We listened to what the neighborhood wanted.”

Underground Music Café is hiring for the fall. “As we hire new staff, we have made it clear that the position will now include full service. There will be a learning curve, we realize it’s in a transitional period,” he said.
**Venue information is listed at the end of the calendar. Send your events to calendar@parkbugle.org.**

**1 THURSDAY**
Caregiver Support Group, first Thursday of each month, St. Anthony Park United Church of Christ, 10 a.m.-12:30 p.m. Registration is required. Call 651-642-0411 for details.

Craft fair, Bethlehem Lutheran Church, 10 a.m.-3 p.m. Limited to 10 participants; $10 per table. Register by calling SAPAS, 651-642-0411.

**2 FRIDAY**
Preschool Mandarin Chinese story time, St. Anthony Park Library, 10:30-11:30 a.m.

**3 SATURDAY**
Holiday boutique, Holy Childhood Church, 9 a.m.-4 p.m. Waterfall, Tsudeshi Simple, Aven, handcrafted kems, wooden toys and more.

**5 MONDAY**
Artful Expressions, presented by COMPA, calligrams workshop taught by Pat Owen, St. Anthony Park United Methodist Church, 10 a.m.-noon. Registration is required and is limited to 10 participants. Register by calling SAPAS, 651-642-9052.

**6 TUESDAY**
English Conversation Circles, every Wednesday, St. Anthony Park Library, 4:30-5:30 p.m.

**7 WEDNESDAY**
English Conversation Circles, every Wednesday, St. Anthony Park Library, 4:30-5:30 p.m.

**8 THURSDAY**
YMCA Camps Wijijagawan and du Nord Fall Garage Sale, Minnesota State Fairgrounds Merchandise Mart, 9 a.m.-7:30 p.m.

**9 FRIDAY**
Coffee and games with St. Anthony Park Area Seniors, St. Anthony Park United Methodist Church, 10 a.m.-12:30 p.m.

**10 SATURDAY**
YMCA Camps Wijijagawan and du Nord Fall Garage Sale, Minnesota State Fairgrounds Merchandise Mart, 9 a.m.-7:30 p.m.

**11 SUNDAY**
Retirement party for Betty Lotterman, 2267 Piriottta St., 3-5 p.m. Special entertainment. Make your prepaid reservations by Oct. 7 by calling SAPAS, 651-642-9052.

**12 MONDAY**
Internet Basics for Building Job Skills, St. Anthony Park Library, 10:30 a.m.-12:30 p.m. Call 651-642-0411 to register.

**13 TUESDAY**
Coffee and board games with St. Anthony Park Area Seniors, St. Anthony Park United Methodist Church, 10 a.m.-noon.

**14 WEDNESDAY**
Artful Expressions, presented by COMPA, calligrams workshop taught by Pat Owen, St. Anthony Park United Methodist Church, 10 a.m.-12:30 p.m. Call 651-642-0411 to register.

**16 FRIDAY**
Coffee and board games with St. Anthony Park Area Seniors, St. Anthony Park United Methodist Church, 10 a.m.-12:30 p.m.

**19 MONDAY**
Community Sing, Olson Campus Center, 6:30 p.m.

**20 TUESDAY**
Public presentation on Paris climate change conference with delegate Lauren Lieb, Avalon School, 700 Glendale St., St. Paul, 7-8:30 p.m.

**23 FRIDAY**
St. Anthony Park Elementary School Fall Festival, 5-10 p.m.

**24 SATURDAY**
Appetizers, entrees, desserts, beer and wine are welcome and encouraged to attend. Cost is $10 at the door. Drums provided.

**25 SUNDAY**
Craft fair, Bethlehem Lutheran Church, 9 a.m.-3 p.m. Crafts, bake sale, lunch and raffle.

**29 THURSDAY**
Preschool Mandarin Chinese story time, St. Anthony Park Library, 10:30-11:30 a.m.

**30 FRIDAY**
Coffee and board games with St. Anthony Park Area Seniors, St. Anthony Park United Methodist Church, 10 a.m.-12:30 p.m.

**31 SATURDAY**
Tue-Tuesdays, 5035 Maryland Ave. W., 6:30-8 p.m.

**VENUE INFORMATION**
Arbor Pointe Senior Apartments, 635 Maryland Ave. W.
Bethlehem Lutheran Church, 436 N. Roy St., 651-343-9317
Chelsea Heights Elementary School, 595 Huron St., 651-233-8790
Fairview Community Center, 1190 W. Country Road B, Roseville
Felton Heights Town Square Senior Apartments, 1530 W. Larpenteur Ave.
Laurelton City Hall, 1891 Walnut St., 651-631-0300
Holy Childhood Church, 1435 Midway Parkway, 651-644-7495
King of Kings Lutheran Church, 2330 N. Dale St., 651-343-9317
Micawber’s Books, 2238 Carter Ave., 651-646-5506
Micawber’s Books, 2238 Carter Ave., 651-646-5506
O’Leion Campus Center, Luther Seminary, 1490 Fulham St.
Spirit United Church, 3224 Como Ave. SE, Minneapolis, 651-235-6645
St. Anthony Park Library, 2245 Como Ave., 651-642-0411
St. Anthony Park United Church of Christ, 2139 Commonwealth Ave., 651-646-7173
St. Anthony Park United Methodist Church, 2200 Hilden Ave., 651-631-8944
St. Matthew’s Episcopal Church, 2136 Carter Ave., 651-645-3058
Women’s Drum Center, 2242 W. University Ave., www.womensdrumcenter.org

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NAMI hosts walk to raise awareness about mental illnesses

More than 4,000 people from around the state are expected to join in NAM! Walks in M innnesota, a 5K walk to raise awareness about mental illnesses at Minnehaha Park, M innepolis, Thursday, Sept. 26, at 1 p.m.

The event will include live music, speakers, a kids tent, resource tables, a bake sale, and first prize and second prize will be awarded at noon.

Find out more by calling 651-645-2948 or go to www.namihelps.org and click on the NAMI Walks logo.

Suicide-prevention workshop to be held at Rondo Library Oct. 1

The National Alliance on Mental Illness (NAMI) M innnesota will hold a free suicide-prevention workshop called SAVE! at Rondo Community Library, Thursday, Oct. 1, 1-4 p.m. Registration is required. Call 651-645-2948 to do that.

Free youth mental health first aid course offered in St. Paul

NAMI M innnesota will hold a free youth mental health first aid training course Friday, Oct. 9, 8:30 a.m. to 5 p.m. at CommonBond Communities, Skyline Tower, 1247 St. Anthony Ave., St. Paul.

The course is designed to teach participants the risk factors and warning signs of mental health problems in adolescents, build understanding of the importance of early intervention and teach individuals how to help a youth in crisis or who is experiencing a mental health or substance-use challenge. Participants will also learn a five-step action plan to support an adolescent developing signs and symptoms of a mental illness or emotional crisis.

Registration is required. Contact NAMI M innnesota at 651-645-2948.

Symposium to address plight of North Korean refugees

A symposium designed to educate participants about the plight of North Korean refugees and to influence public policy will be held Monday, Oct. 10, at the Humphrey School of Public Affairs, 301 19th Ave. S., Room 207, University of M innnesota in M innepolis. The symposium hours are 8:30 a.m.-4:30 p.m. Cost is $25 for adults and $15 for students.

The event was initiated by H yon Kim, a Twin Cities entrepreneur whose interest in this group of refugees comes out of her personal life story. Like many other North Korean Americans, Kim comes from a family that was divided when Korea was divided into two. Separated from parents and siblings in 1951, she was brought up by an aunt in South Korea and immigrated to M innepolis at age 24.

Dr. Eric Schwarze, dean of the Humphrey School of Public Affairs, will host the event. Jack Rendler, a human rights expert and the Amnesty International country specialist for North Korea, will be the keynote speaker. Congresswoman K eith Ellison (D-Fifth District) will also speak. M innepolis Sen. Sandy Rappas will also be in attendance.

The day will also include testimonials from former North Korean refugees and new North Korean refugees now living in South Korea, including film director Sang Hoon Lee, creator of the popular South Korean TV show Now Or M y Way To Me. You, which introduces the stories of North Korean defectors to the South Korean public.

Learn more about the event at www.freedominiummnm.org.

“Spopartalk” used book sale at Rossville Library Oct. 21-25

The Friends of the Ramsey County Library is hosting a “Spopartalk” used book sale Wednesday-Sunday, Oct. 21-25, at Rossville Library, 2180 N. M aine line Ave. T housands of books, movies, talking books and CDs from all seven branches of Ramsey County Library, as well as private donations, will be sold. Most items sell for $1 or less.

Sale hours are 3-6 p.m. Oct. 21 for an exclusive “Friends members only” sale. A membership can be purchased for $20 at the sale.

Public sale hours are 6-8:30 p.m. on Oct. 21, 10 a.m.-8:30 p.m. Oct. 22, 10 a.m.-4:30 p.m. Oct. 23 and 24, and noon-4:30 p.m. Oct. 25.

A $3 bag sale will be held on the last day.

For more information go to www.rcrlfriends.org.

Tapped and Uncorked! features M innepolis brews, wines and food

Tapped and Uncorked! is a fundraiser organized by the Friends of Rosville Libraries to raise money for Rosville Library green spaces.

Tickets are $30 in advance and $40 at the door. You can buy tickets purchased online at www.rosevillelibrary.dukeblue.org or at the library or in the library office at Rosville City Hall, 2660 Civic Center Drive.

St. Paul Hiking Club will host three local hikes in October

The St. Paul Hiking Club is offering three hikes in the B isgau area in October. The club offers hikes throughout the St. Paul area each month. Sunday hikes start at 2:30 p.m., go approximately 5 miles, and last one and a half to two hours. Tuesday hikes start at 7:30 p.m., go approximately 3 miles and last about an hour.

You can learn more about the club at www.spuhike.org.

On Sunday, Oct. 4, the club will meet in the parking lot of Central Park in Rossville at 2:30 p.m. The park is between County Roads B2 and C on L eonard Avenue. Hike hosts are Vic and Vi Fickling.

On Tuesday, Oct. 20, hikers will meet in the parking lot near the beach house at Lake Phalen, 1400 Phalen Drive, St. Paul, and then hike around the lake. Phyllis Swenson is the host. Questions? Call her at 651-426-8551.

On Sunday, Oct. 25, hikers can meet at the Lossy home, 509 Lovell Ave. N., Roselle, for a paced-trail hike with a shortcut available for those who can’t go on a full five-mile hike. You can reach the hike host, Daryl Losey, at 612-940-5097.

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Ann Brey
Ann Brey, 92, longtime St. Anthony Park resident, died Sept. 5 in Rochester, Minn. Ann graduated from the University of Minnesota in 1946 with a degree in home economics. While she was a student, she worked with young people and adults with special needs, teaching living skills. She was an active member of the Church of Corpus Christi, the St. Paul Garden Club, the St. Paul Antique Club and local book clubs. She was preceded in death by her sister Virginia O’Storbaeur. She is survived by two sisters, Theresa Haliday and Judith Dubrul, and two brothers, Alois and Paul. She is also survived by three generations of nieces and nephews who will always remember Aunt Ann and the many wonderful times at Easter, July 4, Thanksgiving and Christmas, at the beautiful home she and Paul shared in St. Anthony Park.

A memorial service was held Sept. 19 at Charter House in Rochester.

Jennifer Donnelly
Jennifer Maira Donnelly, 45, of Falcon Heights, died peacefully at home Aug. 29 in the loving care of her husband, John Keogh, and her mother, Joan.

Jennifer battled cancer for 18 months. Born March 13, 1970, in Chattanooga, Tenn., she attended high school in Stoughton, Wis., and earned a bachelor’s degree in psychology in 1992 from the University of Minnesota. She also earned an M.B.A in 2006 from the Carlson School of Management. For more than 20 years she was a key member of the nationally renowned Minnesota Twins Family Study, where she served as principal psychophysiologist.

Jen loved the outdoors. She enjoyed biking, especially along beautiful trails of Minnnesota. She delighted in long walks with her dogs, Bentley and Maxwell, around Como Park. She took many vacations to Florida and Mexico.

Dr. William Hilgedick
Dr. William Hilgedick, 85, died peacefully surrounded by family on Aug. 14. He had been a neighborhood physician on Como Avenue in St. Anthony Park for a number of years.

William received his undergraduate degree and M.D. from the University of Minnesota and its Medical School, where he met his future wife, William. They were married in 1957. That same year he enrolled at Luther Theological Seminary in St. Paul. Loren married Shirley J. Wassink on June 17, 1960, in Valders, Wis., where Loren was serving his seminary internship. He graduated from Luther in 1963. His first parish was in Bryant, S.D., for many years. Before his retirement, he also served rural parishes in Center and Johnsonville, Minn.

Loren loved art, music and nature enriched the expression of Loren’s spiritual life and impacted those he encountered through his preaching, pastoral care and numerous projects, organizations and activities. He was a member of the board for the Redwood Falls Concert Series and a singer in the Prairie Arts Chorale. He taught piano lessons and worked with gifted school children in areas of art and music. He also was a discussion leader for Junior Great Books.

Since 2001 he has served as pastor of St. Anthony Park Lutheran Church by baking bread for the monthly homeless breakfast and providing certificates and inscriptions. He was the accompanist for the St. Anthony Park Lutheran Choir School for many years and was known to many of the children (and their parents) simply as Grandpa Loren.

He is survived by his wife of 59 years, Barbara; children, Karen (Craig) Hertsgaard, Bill (Jane) Hligedick and Christine (Pete) Boyer; and eight grandchildren.

A memorial service was held Aug. 19 at Waverly Gardens in North Oaks, with interment at Fort Snelling National Cemetery.

A memorial service was held Aug. 25 at Mt. Olive Lutheran Church in Roselawn. For more information, visit www.lyndenrealty.com/TCU.
School News

Chelsea Heights Elementary

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Como Park Senior High

Teacher honored for JA work
Como Park Senior High Principal Theresa Neal collaborated with former Minneapolis Mayor Betsy Hodges to launch Junior Achievement of the Upper Midwest in 2002. The two leaders have engaged students with opportunities to see how businesses work, develop leadership skills, and gain insight into career options.

Thomson Reuters hosts Como's Academy of Finance academy and a growth mindset.

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including collaboration, desired skills of future employees, Publishing.

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Como’s football team ‘gets it done’ thanks to Coach Scull

It’s 4:30 on a Tuesday afternoon. Students have left their classrooms, but teaching and learning continue on Como Park Senior High School’s practice field west of the building. The varsity football team is gathered around Coach Kirby Scull. It’s players have made progress today, and the coach’s energetic encouragement lets them know it.

Scull has been teaching math and coaching football since 1992. For the past 12 seasons, Scull has been leading the Cougars, serving as head coach and running a program for 45 players in grades 9-12 with the help of his assistants.

That number is half of what it once was. In 2006 and 2007, the Como football program had a roster of around 90 players. That pinnacle of participation led to an undefeated 2007 season in the St. Paul City and conference championship. A shared [conference title was added in 2009. ]

While football all over the state and nation is experiencing declining participation due to a multitude of reasons, including fear of concussions and changing demographics, some city schools have seen the impact dramatically. Count Como in that category.

“Scull is in that category,” said Athletic director Mike Searles. “He has maintained a positive sentiment, ‘You can’t make it up!’” Searles retells a story that demonstrates the job of the head coach, and Kunz is part of the staff that includes official assistants.

In order to create a memorable experience for each player that is especially inexperienced with just 14 players returning from last year’s roster.

So, yes, there have been some challenges, and these began with three straight losses. And yes, Como is the only school playing football in the city that doesn’t have a stadium or turf field. And yes, Como has never played at home game. Even homecoming requires a bus ride down Lexington Avenue to Griffin Stadium next to Central High School.

Given all that, Scull continues to serve.

“He has maintained a positive outlook,” says Searles. “Coach Scull’s team practices hard each day. His student-athletes are dedicated and hard-working—very much a reflection of their coach.”

Scull doesn’t do it alone. In fact, a program motto that has been in place for years is TGID—Together Get It Done. Veteran offensive and defensive line coach Adam Kunz is part of the staff that includes official coaching positions and volunteer assistants.

Coach Kirby Scull addresses his football players at the end of practice on Sept. 3. Scull has been serving as Como’s head football coach for the past 12 years.

Scull gives tremendous credit to all his colleagues, both from the present and those that have served in the program in the past. But coordinating all the moving parts is the job of the head coach, and Kunz retells a story that demonstrates Scull’s adaptability.

In order to create a memorable event for the team, Scull planned a picnic at Como Park for the entire team and coaches. They grilled hot dogs, ate icy pops, played yard games and even tried mini-golf at the Putt’er T here course.

“Coach made sure guys got there, shuttling back and forth. It was a great time that coach planned and executed for all of us,” said Kunz.

Notice the story has nothing to do with the x’s and o’s of football. While ultimately the results for the record books will be played out on the field, it’s that overall quality experience for each player that successful coaches like Scull look to create.

“The details that go into guiding each player to be their best are difficult to convey. Many veteran coaches and teachers share the sentiment. ‘You can’t make it up!’”

The issues, challenges and obstacles are unique for each kid. Como football is a safe haven and family for many types of kids. The sense of belonging can be a guiding force in the lives of young men. It frequently provides a pathway to college and preparation for the workforce.

Scull and his staff are proud of the success former players have achieved. Employment, military service, college football, college degrees and families are examples of accomplishments that are rewarding to both the players who grew up and the coaches who helped guide them.

Additionally, there is much to be proud of in the present. The players on the 2013 team are improving every day and play hard, with their best effort, regardless of the score or their record.

Through the years, Scull has seen wins fluctuate, participation decrease and resources go unimproved. However, there is a constant: It’s the service to young men trying to improve their lives through the game of football and how it gets done at Como—together.

Eric Erickson is a social studies teacher at Como Park High School and a longtime coach of school and youth sports in St. Paul. Follow twitter @estp for current school sports news.
 Send your ad to classifieds@parkbugle.org or P.O. Box 8126, St. Paul, M N 55108, or call Fariba Sanikhiam, 651-239-0321. Ads are $5 per line. Add a box or art for $10. Next deadline: Oct. 9.


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Members of the Murray Class of 1965 and guests gathered at Murray Middle School Sept. 11 to give a $22,000 gift to Murray, $20,000 of which will go to the Murray program with the University of Minnesota Raptor Center. Half of that gift came from a match from the St. Anthony Park Community Foundation.

By Kristal Leebrick

They came from Colorado, New Jersey, Virginia, Connecticut, New Mexico, California, Arizona, North Dakota, New York, Alaska and, of course, various cities in Minnesota. Ninety of the 218 graduates of the Murray High School Class of 1965 gathered in St. Paul the second weekend in September for their 50-year reunion.

First stop: their alma mater (now Murray Middle School), where the group gave a gift of $10,000 to go toward the partnership program Murray shares with the University of Minnesota Raptor Center. That $10,000 was matched by another $10,000 from the St. Anthony Park Community Foundation. The money will be used to bring the Raptor Center’s programming into Murray’s seventh grade life science curriculum each year for six years.

The seeds for this project were planted five years ago when a group of 1965 alums gathered at Spill the Wine in Minneapolis, said class member Mick Peterson. “It was Myrna’s (Meadows) idea five years ago that we start this program,” he said. “With the foundation, we made things happen.”

Jon Schumacher, the foundation’s executive director, said Meadows—who works with nonprofits through Bremer Bank in International Falls, Minn.—contacted him about working with the foundation on the 50-year reunion gift.

“The first donation was in 2010,” Schumacher said. “The five years gave the foundation time to build its match.”

The class actually raised $11,000, all of which was matched by the foundation. The $20,000 will go to the raptor center program and the extra $2,000 is going into a “teacher wish list fund,” Schumacher said.

The class gathered at Murray on Sept. 11 for a short program that included a demonstration from Mike Billington of the Raptor Center. As the group milled around the entrance to the school when they first arrived, Murray Principal Stacey Theien-Collins said she made the mistake of asking attendees if they knew where the auditorium was.

“Unless you moved it, I know where it is,” said one classmate. The auditorium hasn’t moved or changed much other than some fresh paint and new carpet, but much else has. The school no longer educates students in grades 7 to 12. It’s a middle school for grades 6 to 8. T hen there’s no hockey team—or skating band—and the swimming pool has been filled. The pool area is now the cafeteria.

But one constant is the dedication and support the school receives from its alumni, Theien-Collins said. “In my 25 years in education I have not seen one single example of a school supported like Murray is by adults outside of the school. Alums call a lot to ask how they can help.”

The people who were pivotal in orchestrating the Raptor Center gift were classmates Meadows, Joann Hayenga and Leslie Curtis, said Peterson, who emceed the Murray gathering and gave a good summary of the event: “Good program, good school, good class.”

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See all 22 homes on September 26 - 27, Noon - 6 p.m.

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