History of St. Anthony Park

The neighborhood's petition for a village charter was submitted in 1885. St. Anthony Park Association President John Knapp was instructed by the Board of Public Works to map out a suburb of large country estates. Cleveland firmly believed in the necessity of human occupation and "adaptation of natural features to the town's acts of glaciation provided an interesting topography in St. Anthony Park."

It’s that time of year: Please give to the Bugle fund drive and support your award-winning, nonprofit community resource.

Dave Ray Avenue

St. Paul City Council honors co-names portion of Franklin Avenue in St. Anthony Park in honor of influential bluesman Dave Ray

By Kyle Mianulli

A portion of Franklin Avenue between Berry and Eustis streets in St. Anthony Park will be renamed "Dave Ray Avenue" in honor of the late influential bluesman known to his fans as Dave "Snaker" Ray. Though the official name of the street will remain the same, the Department of Public Works will place appropriate commemorative signage denoting the honorary designation.

The St. Paul City Council passed a resolution Oct. 22 sponsored by City Councilmember Rus Stank to "co-name" the street after Ray, who grew up in the area and later took over his father's insurance company in a house at 2517 Franklin Ave. near the corner of Curfew Street.

The family business played home to many practice sessions with a wide array of local music luminaries, including Tony Glover and "Spider" John Koerner, who Ray often played with as the seminal blues trio Koerner, Ray and Glover. The trio is lauded as being hugely influential in stretching the folk scene into the emerging rock movement of the late '60s and beyond, with artists like David Bowie and John Lennon, Bonnie Raitt, Lucinda Williams and Beck, citing them as influences.

"We both had very similar tastes in blues, preferring the deep, homey raw numbers," Glover said in a statement. "After the initial learning-by-rote process we made a point of going for the feel of a song, trying to capture its aura rather than doing a note-by-note cover."

The late Dave "Snaker" Ray grew up near Berry and Eustis streets in St. Anthony Park. Photo courtesy of Red House Records

Hampden Park Co-op sounds call to action

Recession, light-rail construction and the closing of Raymond Avenue for construction work have contributed to stores' low sales in last several years

By Kristal Lebrick

Last summer, Hampden Park Co-op put out a call to action to its members to increase sales at the Raymond Avenue food cooperative. General manager Greg Junge says that call appears to have been heeded.

As of Nov. 1, the co-op's sales were 6.5 percent above what they were a year ago, Junge said. Still, the store needs to see a 9 percent increase in sales and earnings by September 2015 to secure an alternative loan to pay back the $641,750 loan the co-op took out in 2008 to purchase the building at 928 Raymond Ave.

The board's 365-Day Campaign calls to action listed two pages of strategies aimed at bolstering the financial health of the store. First on the list was to hire a new general manager. Junge stepped into that role on Aug. 4.

Other steps include asking members to donate their discount. Each year, the co-op gives back nearly $170,000 to its members in the form of a discount. The goal is to raise $10,000 in donated discounts, Junge says. Members can donate the discount by simply telling the cashier at the time they make their purchase.

The board is also considering decreasing the 15 percent senior citizen discount, as that discount amounted to nearly $45,000 last year.

Board members were in the store each in October to talk about the co-op's status with shoppers. It set up a canvassing the neighborhood to raise awareness of the co-op. Junge wants members to get the word out to friends and neighbors that the co-op needs its business and wants the community to come to Hampden Park to shop for the holidays. The store sells gifts and...
Como Park
The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Loring Parkway. Contact 651-644-3889 or www.district10como.org.

Meet Alison Kirgis
District 10’s new administrator, Alison Kirgis, traces her passion for community organizing to watching her parents lead an initiative to get sidewalks placed in her suburban community when she was a kid. Their success showed her that “when a community works together, great improvements can be made,” said Kirgis, who joined District 10 on Oct. 27. She takes the place of Ted Blank, who took the position of executive director of the Forest Lake Area Chamber of Commerce.

Kirgis moved to St. Paul in August from Cincinnati, where she worked for two years in finance, specifically working with small businesses. She is a 2012 graduate of the University of Cincinnati, where she studied international affairs, political science and professional writing. She gained her community organizing experience with Amnesty International as Ohio student coordinator and then Ohio legislative coordinator. In those roles she helped with fundraising initiatives, petitioning campaigns and coordinating meetings with students, community members and their elected officials.

“Como Park is a beautiful and vibrant neighborhood with many amenities,” she said. “I want to work to ensure that Como Park residents of all ages have an opportunity to get involved in the community whether it be through our community garden, Sunday Series, attending our committee meetings or through another event or initiative.” — Krista Labrink

District receives recycling grant
A new Community POWER grant from the Solid Waste Management Coordinating Board will help the Como Community Council create an online forum for participants to learn about how to reduce waste and recycle more.

The grant will go toward Como Composts, an online project aimed at educating residents to help reduce the amount of organic waste entering the solid waste stream as well as too much phosphorus leaching from organics in street gutters, which pollutes Como Lake. With this grant, the council hopes to increase neighbors’ knowledge of how to compost at home and use Ramsey County yard waste sites as an organics recycling option.

Alison Kirgis
Owner
Rogers is a Macalester College graduate and has a degree in political science. She has worked with the Minnesota Women’s Consortium, Transit for Livable Communities and MoveMN, and has been a volunteer at H-ampden Park Co-op. You can reach her at cailin@sapcc.org.

Public meeting Nov. 19 on Raymond Ave. reconstruction
The City of St. Paul will host a public meeting on the second phase of Raymond Avenue reconstruction on Wednesday, Nov. 19, 6-8 p.m., at Langford Recreation Center, 30 Langford Park. City officials will present the latest plans for the project, the first phase of which was completed last spring with the reconstruction of Raymond Avenue between University and Larpenteur avenues. Phase II is slated to begin in 2015 and will focus on the section of the road between H-ampden Avenue and Energy Park Drive. Nominations sought for St. Paul

Hidden away since 1930,
Laura Ingalls Wilder’s original autobiography reveals the true stories of her pioneering life. Wilder details the Ingalls family’s journey through Kansas, Missouri, Wisconsin, Minnesota, Iowa, and on to Dakota Territory—sixteen years of travels, unforgettable stories, and the everyday people who became immortal through her fiction. Using additional manuscripts, diaries, and letters, editor Pamela Smith Hill adds valuable context and explores Wilder’s growth as a writer.
SAP Community Foundation
annual meeting set for Dec. 4

As part of its yearlong 15th anniversary celebration, the Saint Anthony Park Community Foundation will host a panel discussion and neighborhood forum on Thursday, Dec. 4, at its second annual State of the Park public meeting and nonprofit fair.

The event, titled Preparing for the Best: Demographics, Designs and Development, will be held at St. Anthony Park Elementary School, 2180 Knapp St. Doors will open at 6:30 p.m. to give attendees the opportunity to check out the informational booths of local nonprofit organizations before the program portion begins at 7 p.m.

Jay Schrader, foundation chair, says the event was created to give the community a chance to reconnect once a year with its public institutions and nonprofit service providers. "We wanted to give all these organizations an annual platform to tell their stories to the neighbors they depend on for support," Schrader said. "We also want to get everyone together to hear how they feel about issues that matter to our community. How do we prepare a sustainable plan for our future needs to be at the top of everyone's list."

The panel consists of experts in all three areas mentioned in the event title and there will be updates from our schools, St. Anthony Park Area Seniors’ recent Wilder-led community assessment, and from the Energy Resilience Group’s Transition Town initiative, winners of the foundation’s 15th anniversary grant competition. A representative of the District 12 Community Council will also be on hand to explain the comprehensive planning process required every 10 years by the City of St. Paul.

Jon Schumacher, foundation executive director, says community participation is critical to the success of that plan. "I was around for the last comprehensive planning session and a very small percentage of our population ended up determining our priorities for 10 years," he said. "The world does belong to those who show up, but in order for a plan to have credibility, it has to be approved by more than a few dozen neighbors. This is a way to get people interested from the start."

Finally, the foundation will introduce its new board members and officers.

The annual meeting is free and open to public. St. Anthony Park Elementary School is located at 2180 Knapp Street. Visit sapfoundation.org or contact Jon Schumacher, jon@ sapfoundation.org or 651-641-1455, for more information.

‘Live Free’ flags open public conversation on domestic violence

By Kristal Lebrick

Liz Richards draped her Live Free Without Violence flag from the brick railings at 571 Longfellow Park in St. Anthony Park for most of October to honor four people killed in 2014 due to intimate partner violence.

She raised it for two weeks, beginning on Oct. 9, to honor Amelia Añalee Ramirez and Amber Elena Luchs. Añalee, 23, was killed by a gunshot wound to the head on Sept. 25 in Springfield, Minn. Her boyfriend, Miguel Angel Vazquez, has been charged with her murder.

Richards had just taken down the flag when she received word that more than 500 flags, lawn signs and banners would be raised on Oct. 18 to honor 85-year-old Lorraine Swor, who was killed by her husband in a murder-suicide on Oct. 6. The Minnesota Coalition for Battered Women (MCBW) sent out an informational call to the MCBW, said the campaign would be raised on Oct. 18, asking people to raise their flags in honor of Angel Linderman, 28, a Lake City woman who was shot to death on Sept. 9. Her boyfriend, who has been charged with felony counts of first-degree intentional homicide, hiding a corpse and possession of a firearm by a felon.

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Liz Richards, executive director of the Minnesota Coalition for Battered Women, raises the Live Free Without Violence Awareness Month, but the MCBW wants its Live Free Without Violence public-awareness campaign to keep the conversation about domestic violence going the entire year.

Richards, executive director of the MCBW, said the campaign began as a way to connect people throughout the state when someone dies at the hands of an intimate partner.

For more than 30 years, the MCBW has released its annual informational flag for each October.

The 2014 flags were raised on Oct. 18, asking people to raise their flags in honor of Angel Linderman, 28, a Lake City woman who was shot to death on Sept. 9. Her boyfriend, who has been charged with felony counts of first-degree intentional homicide, hiding a corpse and possession of a firearm by a felon.

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Don’t miss Santa’s 4:30 visit and 5 p.m. tree lighting! 

Sunday, Dec. 7
noon-3 p.m.

Milton Square, lower level
Corner of Carter and Como
St. Anthony Park

Handmade hats & purses, pottery, whimsical light-switch plates, flower fairies, gourmet cookies and granola, holiday trail mix, ornaments, stationery, jewelry, accessories & home décor, quirky photos, greeting cards, hand-printed tea towels, felted tapestries, vessels and woolen creatures, garrishly cute monsters & other surprises.

Come home to University Grove...

Lovely two-story Colonial with four bedrooms, two baths, formal dining, ample 14’ by 26’ living room with wood burning fireplace.

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Mid-century home designed by Lisl Close features two story atrium. 2014 restoration includes new sky lights, roof, insulation, exterior paint, and poolroom. 1586 Burton $655,000.

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Featuring your favorite local artists

Saturday, Dec. 6
10 a.m.-5 p.m.

Don’t miss Santa’s 4:30 visit and 5 p.m. tree lighting!

Sunday, Dec. 7
noon-3 p.m.

Milton Square, lower level
Corner of Carter and Como
St. Anthony Park

Handmade hats & purses, pottery, whimsical light-switch plates, flower fairies, gourmet cookies and granola, holiday trail mix, ornaments, stationery, jewelry, accessories & home décor, quirky photos, greeting cards, hand-printed tea towels, felted tapestries, vessels and woolen creatures, garrishly cute monsters & other surprises.

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The Bugle needs your financial support

For more than 40 years, the Park Bugle has been the trusted source of news and information for our neighborhoods. Not only has it won numerous awards for coverage of local news, many of us eagerly await its arrival on our doorstep every month. It’s a rare month that I don’t learn something new about the people, places, businesses, institutions and history that make our community such a unique place to live and work.

You might not realize that the Bugle is a nonprofit organization that relies on the financial support of our readers to continue to serve our community. While advertising revenues cover some costs, donations from our readers form an important part of the funding needed to produce, publish and deliver the paper free to 14,500 homes and businesses and to help keep up our online presence. Many any neighborhoods have lost their community newspapers in recent years, so it’s more important than ever for each of us to help sustain this important resource.

Whether you live in Como Park, as I do, or the other neighborhoods the Bugle serves—St. Anthony Park, Falcon Heights and Lauderdale—I hope you will join hundreds of our neighbors in becoming a financial supporter of the Bugle. There is a return envelope inserted with this issue for your donation, or you can visit our website at www.parkbugle.org and click on the “Donate Now” button in the upper-right-hand corner to give online.

Together, with your financial support, we’re confident that the Bugle can continue to be part of our community conversations in the years ahead.

Ted W. Blank
Funding chair, Park Press Inc., publisher of the Park Bugle

Our advertisers are our community

It’s easy to take community assets for granted, and this is the time of year when many of those assets are asking for your support. Read Jon Schumacher’s commentary below, and then close your eyes and imagine what our community would be without that one business, that one school, that one organization that makes you call our community home.

As Park Bugle board member Ted Blank wrote above, the Bugle really does need your financial help to continue our mission of being one of those community assets that make your life here just a little more pleasant.

We also ask that you take some time with this issue of the paper and look at every advertisement on these 24 pages and then go out and support those businesses and services—our neighbors—that offer the things you need. Support the Bugle’s advertisers, and thank them for supporting the Bugle, because without those community-spirited businesses, organizations and individuals, this 40-year-old nonprofit newspaper would not exist.

Commentary

Shop local this holiday season. Your neighborhood depends on it.

By Jon Schumacher

The holidays are coming, and for retailers, especially independents, anticipation is high. As you visit your local stores you will probably notice that shelves look a little fuller with fewer markdowns; their best guess as to what we will want to buy to celebrate the season. I’m not sure of the percentages, but I think it’s fair to say the next few months will literally make or break their year.

A recent article in the Star Tribune about one of our local independents, M’Cawber’s Books, shines some light on the challenges of running an independent business and the power of a community to make a difference.

It described M’Cawber’s efforts to develop a new business plan in the midst of difficult economic times for independent bookstores. It also referenced a group of neighbors supported by the St. Anthony Park Community Foundation that have been meeting with owner, Tom Bielenberg, to try to help him navigate the challenging waters and changing times. One of the outcomes of those meetings was to set up a series of Monday night shopping events at M’Cawber’s hosted by various interested neighbors that have proved successful in helping Tom stock up his shelves for the holidays.

M’Cawber’s short-term picture is certainly rosier than it was a month ago, but I don’t think we can relax and assume that the crisis is over or that come Jan. 1, the road forward will be obvious and fruitful. Not for Tom and M’Cawber’s and not for the other retailers, in north or south St. Anthony Park.

So, when purchasing, think of your neighborhood first, then expand your search. And go ahead and do price comparisons, not just of single items but across the board. Don’t forget to add the cost of driving, which AAA averages as 60 cents a mile these days. Google tells me the nearest Target is 2.3 miles from my house, so that’s about 5 miles round trip. That means you can tack on another $3 per trip, not to mention the time spent and driving hassles.

And then there’s the service. Target is a fine store and we shop there, but next time you can’t find what you want, ask them to order it and see how that works for you. Last time I asked Tom Sprigle at Speedy Mart for a different blend of lettuce, it was there the next time I went in.

Or ask the clerk in the Target hardware section who was called over from electronics to answer your question about the intricacies of toilet replacement parts. Steve Garfield over at Noll Hardware on Raymond Avenue will not only get you the next part, he’ll draw you a diagram and talk you through the repair. You can find that level of expertise and personal service throughout our district.

Independent retailers know they can never appeal to shoppers who care only about the lowest price. They trust neighbors will understand these wider benefits of buying from people you know by name. No matter where you live in our community, think about what it would be like with no independent retailers.

No running to Bibelet or Peapods for that last-minute gift, or stopping into the Little Wine Shoppe or Sharrett’s on your way to a friend’s dinner party.

No Speedy gift cards donated to worthy causes.

You fill in the blanks with your favorite of the 50-plus independents in our area.

Finally, when it comes to independent retail, once a store goes, it’s difficult to get another one like it to take its place. No matter the circumstances of the failure, the expression left is that the neighborhood will not support that type of store. We’ve been there and done that.

We are fortunate now to have good stores, good merchants and good business neighbors. Let’s support them and help them be the best they can be. If there is a store you wouldn’t want to lose any of them.

Jon Schumacher is the executive director of the St. Anthony Park Community Foundation.
COMMENTARY

Everyone’s invited to help envision a community roadmap to 2040

By Michael Russelie

The year 2015 will be a big one for planning in St. Anthony Park. Our District 12 Community Council will work with neighbors and businesses to develop its 10-year plan, which eventually will become part of a plan for the entire city of St. Paul.

At the same time, because of the wonderful support received from the Saint Anthony Park Community Foundation, Transition Town All St. Anthony Park will be able to develop a roadmap to create a positive, local response to climate change—the most important environmental issue of our time. We hope many neighbors will participate homesteaders, renters, apartment owners, students, businesses, organizations and industry.

Our focus will be threefold. We will explore ways to decrease our “carbon footprint,” the root cause of climate change; build resilience against severe weather and power outages and strengthen social bonds and mutual support among those who live, work, study and worship in the neighborhood.

We will explore ways to live more lightly on the Earth and hope to do this artfully and with a sense of joy. We will draw on the wisdom of neighbors of diverse backgrounds, abilities and insights. We are asking student interns to help develop the plan, communicate its highpoints, run community meetings and learn organizing skills.

Please help us envision the year 2040 in St. Anthony Park. We currently are gathering ideas for Transition Town’s first neighborhood-wide meeting in midwinter.

In general terms, all the energy used in the U.S., individuals control about two-thirds—housing, food and transportation. Should our goal be to reduce energy use in our neighborhood to be 80 percent energy-independent? Should we aim to obtain most of our food from within 25 miles, and possibly even own a nearby farm? Should we plan to decrease the urban “heat island” by 4 degrees in the neighborhood? How about offsetting all our electrical needs with large, community-owned solar arrays or cutting back to only 30 percent of what we now throw away?

Our children have been served by programs, our team has averaged 40 to 50 patrons every Friday. This attendance has exceeded any other library in the city. I am told we will be ending our presentations in December as library leaders have decided that volunteers should no longer be allowed to interact with children. Library professionals will assume the responsibility in the future, and I’m sure will do a good job.

I appreciate learning with wonderful people in the past, including Rose, John, Carla, Susan and Donna.

Thank you for supporting the Park Bugle

We thank the following individuals who have already given to our 2014-15 fund drive. This list reflects those who gave up to Nov. 8. We’ll publish more names in the next issue. The Bugle relies on tax-deductible donations to help defray the newspaper’s annual operating costs. Our goal this year is to raise $35,000. You can donate online at www.parkbugle.org. Click the green DONATE NOW button at the top of the page.

Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

If you have ideas for the 2040 roadmap, or if you would like to help draft it, if you’re able to help with the midwinter meeting, if you would like to be a community leader or if you have some other thoughts to contribute, email M. Jennings at lenandmimi@usfamily.net or write her at 2222 Hildale Ave., St. Paul MN 55108.

Michael Russelie is longtime resident of St. Anthony Park.
Dave Ray from 1
Ray’s raw and authentic style—which some say channelled early blues pioneers of the 1920s, 30s and 40s—reverberated throughout the national music scene in the 1960s. He was one of the first white blues artists to study and emulate the early blues legends, which were nearly forgotten at the time, according to Bath Friend of Red House Records. "When he and [Koerner] and [Glover] hit the scene, they were performing this music much more authentically than anyone else from their generation," said Eric Peltoniemi, president of Red House Records, which recently released Legacy, a three-disc homage to Ray that contains 55 previously unreleased and rare tracks. Peltoniemi compiled the box-set along with Glover.

Ray gained national recognition on world stages like the Newport Folk Festival, but closer to home, he was integral in the Dinkytown and West Bank music scene during the folk revival that spawned many music greats, including Bob Dylan. Ray’s raw and authentic style—determinedly individualistic personality who approached his craft with singular dedication and precision, Peltoniemi said. Despite his sweeping influence on the local and national music scenes, Ray has remained relatively underappreciated outside of the elite music circles, according to Friend. "I think that many times blues musicians don’t get their due,” she said. "They are part of a very rich American musical tradition. Groups like the Beatles were influenced by people like Dave Ray, but most people wouldn’t know that.”

In an effort to give Ray his due, both mayors of Minneapolis and St. Paul declared Nov. 9 “Dave Ray Day.” To mark the occasion, Red House Records partnered with the Minnesota History Center to produce a sell-out tribute show. Acclaimed artists who played with Ray during his four-decade career performed alongside admirers who cite him as a major influence.

Coinciding with the release of the Legacy box-set, the council was treated to performances, stories and anecdotes about the artist’s life from Koerner, Glover, Charlie Parr, Camille Baudoin of the Radiators and others.

Ray died of cancer at age 59 on Thanksgiving Day in 2002. He had continued to perform with characteristic charisma and dedication until only a few weeks before his death. “His fierce individuality and artistry never declined with time, but increased in depth, nuance and richness every passing year,” reads the resolution passed by the St. Paul City Council.

KyleMianulliisaTwinCitiesfreelance writer and frequent contributor to the Park Bugle.

Hampden co-op from 1
When you need it fast
www.carteravenueframeshop.com                           hours: weekdays 10:00 a.m. - 5:30 p.m. / saturday 10:00 a.m. - 4:00 p.m.

Do you need a restful place to heal between hospital and home? Consider the Transitional Care Unit (TCU) at Lylngblomsten. For more information, visit www.lyngblomsten.org/TCU.

Lay School of Theology 2014-2015
The Lay School of Theology is a program of informal, non-credit classes taught by seminary professors for anyone who wants to learn more about matters relating to their Christian faith and life.

Monday, Jan 26-Feb 23
www.lutherseminary.edu/layschool

www.mcbw.org or call the coalition office at 651-646-6177.

To find out more about the MCBW and how to order a flag, banner or yard sign, go to www.mcbw.org.

Flag from 3
"Femicide Report, which documents domestic violence in M innesota. "We have people feel awful and hopeless and helpless," Richards said. "The flag campaign is a way for us to try something." A homicides in Park Rapids impacts ‘all of us at some level,’ she said. The flags ‘open the door to conversation. It’s an easy way to put out an image that says, ‘We would love to live in a community that have high violence, where this doesn’t happen,’ and to honor the life that was lost.”

Now, the more than 500 individuals and organizations that are part of the flag campaign are notified whenever there is a domestic violence homicide in M innesota and are asked to display the flag for one week in memory of the victim and to help rare public awareness of domestic violence in their communities. Richard’s condo association joined the campaign in Odtber.

The MCBW satisfies flags, banners and yard signs and is looking at producing inexpensive window decals to display on vehicles. The coalition will also supply social media images for people to post on their Facebook pages at no cost.

The MCBW does not order a flag, banner or yard sign, go to www.mcbw.org or call the coalition office at 651-646-6177.

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Kyle Mianulli is a Twin Cities freelance writer and frequent contributor to the Park Bugle.
Forum brings Roseville closer to ‘dementia-friendly’ action plan

By Warren Wolfe

A Roseville group has begun shaping a plan to help the community become “dementia friendly,” following a public forum this fall where 53 people offered advice on what to do.

“We’re very happy with the energy and thoughtful ideas that came out of the forum,” said Kitty Gogins, who coordinates the Roseville ACT on Alzheimer’s volunteer group. “Now we’re ready to make some decisions and put together a plan for what actions to take.”

Those actions could go in several directions. Among suggestions within a year, Roseville might find Half Home to a program training scores of residents and business employees as dementia friends, ready to step forward to help people with Alzheimer’s and their families. Or it might see ecclesiastical religious services for people affected by memory loss, or one or two local nonprofit groups serving as the first place to call for help getting access to memory-care services.

Begun early this year, the ACT on Alzheimer’s project was launched by the Roseville Alzheimer’s and Dementia Community Action Team as one of its initiatives to help people in the city become more effective neighbors, friends and businesses to cope with the rising number of people with dementia, now estimated at about 750 in Roseville.

Those attending the Oct. 21 forum at the Roseville Community Center suggested that the ACT group focus on three major areas:

Increase services for people with dementia and their caregivers;

Increase community awareness of dementia and reduce the stigma surrounding Alzheimer’s and similar diseases; and make it easier for people to make referrals to helpful resources.

“One of my sons has Alzheimer’s,” said Colleen Lehn, a realtor based in Vadnais Heights who sells houses in Roseville and other northern suburbs.

“That’s true for businesses, too,” Lehn said. “Our businesses have customers who may have Alzheimer’s or families who are caring for people with dementia. A little training would make me feel more comfortable, more effective.”

On average, dementia occurs in one of nine people age 65 and older and one of three 85 and older. In M Innesota, an estimated 95,000 people have Alzheimer’s or another form of dementia. That is expected to grow to 110,000 in 10 years as the number of older people continues to swell.

Those numbers convinced a coalition of more than 50 organizations around M Innesota to start the ACT on Alzheimer’s project.

The growing statewide effort now involves 32 communities taking coalitions of three and more to help the community more dementia friendly. In December it will seek an additional $10,000 grant from M AAA to help fund the work.

Warren Wolfe wrote about aging issues for 21 years as the Star Tribune. He retired last year. He and his wife, Sheryl Fairbanks, helped care for their four parents, two with dementia, and have been active in the Roseville ACT on Alzheimer’s project.

We’re going to be much better prepared to respond to both rescue and fire calls,” said Michael Poeschl, anyone who first chief. “The new truck operates more smoothly, will be more reliable, can carry an additional firefighter and will reach about two stories higher than the old truck.”

Poeschl, a 13-year veteran of the department, recently was named to succeed Clem Kurhajetz, who retired after nearly 30 years of service.

Falcon Heights fire also serves Lauderdale — Roger Bergerson

New fire rig to serve Falcon Heights, Lauderdale

The Falcon Heights Fire Department recently took delivery on a high-capability replacement for its aging ladder truck.

City officials used $715,000 in bonding to finance the new fire truck, purchased from a custom manufacturer in Appleton, Wis.

“We’re going to be much better prepared to respond to both rescue and fire calls,” said Michael Poeschl, anyone who first chief. “The new truck operates more smoothly, will be more reliable, can carry an additional firefighter and will reach about two stories higher than the old truck.”

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Falcon Heights fire also serves Lauderdale — Roger Bergerson
Black Bear Crossings offers free Thanksgiving dinner one last time

By Alex Lodner

It has always been about community for David and Pam Glass, owners of Black Bear Crossings on Como Lake, especially around the holidays. Growing up surrounded by extended family, David’s home was filled with loved ones on holidays. His parents took care of others, he recalls, their home often overflowing with friends and family, especially on Thanksgiving.

“Growing up with Native American values, we were taught to give,“ he said. When his mother died in 2006, the Glasses decided to honor those values by giving a free Thanksgiving meal to anyone in need of a helping hand or a friendly face.

“We had never opened (Black Bear Crossings) on Thanksgiving,” he said. “We believe it is a time to be with loved ones. After my mother died, we decided that if we were going to open on Thanksgiving, we were going to do it our way, by giving. Thanksgiving came to be a way of living the values instilled by my parents to give back.”

On that first Thanksgiving, David and Pam weren’t sure what to expect, but they found folks were looking for companionship, not just food. “It wasn’t all about financial necessity,” David said. “We had college students, single people living far from family, lonely elderly. It was about providing community, not just food.”

Although Black Bear Crossings is closed on Thanksgiving, the Glasses are looking forward to seeing old friends and making new ones. “We’ve really enjoyed these dinners,” David said. “It’s been so gratifying to work hand-in-hand with the community.”

Black Bear has never had a problem getting volunteers to help with the annual free Thanksgiving dinner.

By Michelle Christianson

Every year, the North Star Museum of Boy Scouting and Girl Scouting (which contains historic information and displays from scouting in and around Minnesota) inducts six community members into its Founders Hall. This year, one of the honorees was James “Dad” Drew, the founder and first scoutmaster for Troop 17 in St. Anthony Park.

The ceremony took place at the museum on Nov. 1, and was attended by nearly 75 people, including current scout leaders Mike Smith, Clay Hines, Chris Jacobson, Dean Schafer and Merrick Hanan, as well as four current scouts—Nick Jacobson, Ben Schafer, Ethan Hiner and Liam Anderson—who lead the flag ceremony at the opening. Draw was honored in the category of Founder, defined as “a visionary person who has contributed significantly to the Scouting program and its success.”

Every year, the Glasses make a thank you gift to all volunteers. This year they’re giving away free Thanksgiving meals to anyone away. “So many people want to help,” David said.

One volunteer group is particularly close to Pam’s heart. Every year, she visits a juvenile detention center in Jordan, Minn., with one of David’s cousins. They volunteer with the youth the day before Thanksgiving, and the next day, a group of kids makes the journey to St. Paul and pays it forward.

“They help out in any way they can. They visit with the elderly people, they clean up, they work hard. We send them home with pies,” David said.

This year the dinner will be extended by an hour, and will be served from noon to 3 p.m. Accordion player Dan “Daddy Squeeze” Newton will donate his time to entertain the crowd, as he has in the past. The Glasses are looking forward to seeing old friends and making new ones.

“We’ve really enjoyed these dinners,” David said. “It’s been so gratifying to work hand-in-hand with the community.”

Local Boy Scout troop founder inducted into Founders Hall

By Michelle Christianson

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Local Boy Scout troop founder inducted into Founders Hall
Favorite family recipes

We asked a few local chefs and restaurant owners what they like to cook this time of year

By Alex Lodner

During the winter months, holidays take center stage for many families. They get us through the darker days and longer nights, and give us something to look forward to. Living in Minnesota during the winter—OK, eight—months of winter can be brutal, but nothing makes winter more tolerable than getting together with family and friends, sharing a glass of wine and some great conversation, and stuffing ourselves silly.

In our neck of the frozen woods, we are fortunate to have several stellar food establishments that welcome residents in from the cold with steaming bowls of soup or luscious desserts that make you almost forget the 12 feet of snow outside.

Ever wondered what the chefs at your favorite local eatery like to whip up for their families during the holidays? Here, a few local purveyors share their favorite holiday recipes and why they love it.

Italian stuffed shells
Elizabeth Tinucci, partner owner
Colossal Café, 2315 Como Ave.

A favorite family recipe for the Tinucci family, owners of the Colossal Café, is this simple yet elegant Italian stuffed shells. This recipe is fun to make together as a family, or easy to prepare ahead for a quick weekday dinner, according to owner Elizabeth Tinucci.

Makes 30 shells.

• 30 jumbo pasta shells
• 1/2 cup butter
• 1/2 cup chopped onion
• 2 cloves minced garlic
• 1 lb. ground Italian sausage, mild or spicy
• 4 Tbs. fresh spinach, blanched and chopped
• 1 cup ricotta cheese
• 1/2 cup wheat flour
• 3 1/4 cups white flour
• 1 tsp. salt
• 2 eggs
• 3/4 cup milk
• 2 oz. butter
• 6 Tbs. sugar
• 3/4 cup milk
• 2 eggs
• 1 tsp. salt
• 3 1/4 cups white flour
• 1/2 cup wheat flour

Filling

Sauté butter, onion and garlic. Add ground Italian sausage and brown, then remove from heat. Add spinach, ricotta cheese, eggs and salt. Cook and drain pasta shells according to package instructions. Fill each shell with heaping tablespoons of filling. Place in buttered caserole dish. Pour tomato sauce over shells. Sprinkle with shredded parmesan and mozzarella cheeses. Bake at 350 degrees for 30 minutes.

These stuffed shells freeze well. Prepare as directed; you may freeze them completely assembled or leave off the sauce and cheese and add those later.

Chocolate mascarpone-filled pizzelles
Tim Chesebrow, owner
Underground Music Café, 1579 N. Hamline Ave.

Krumkaker, Norwegian cookies made popular in the Midwest by Norwegian immigrant descendants, are traditionally made in preparation for Christmas as a light dessert after the traditional Christmas Eve dinner. Underground Music Café’s owner Tim Chesebrow has perfected the Italian version, called Pizzelles, and likes to share this gorgeous chocolate mascarpone version with friends.

You will need a special tool to make these: a pizzelle maker.

Makes 2-3 dozen pizzelles.

• 3 large eggs
• 3/4 cup sugar
• 1/2 stick unsalted butter, melted and cooled
• 1 Tbsp. vanilla extract
• 1/2 cup of flour
• 2 tsp. baking powder
• 1/2 cup heavy whipping cream
• 1 cup dark chocolate chips
• Pinch of salt

Cream eggs and sugar in a mixing bowl. Add butter and vanilla extract. Stir in flour and baking powder. Bake 1 Tbsp. per mold in pizzelle maker until golden brown, about 45 seconds, then remove. While they are still hot, quickly bend them into a cone shape and cool on rack.

Chocolate mascarpone filling

• 2 cups mascarpone cheese
• 1 cup dark chocolate chips
• 1/2 cup heavy whipping cream
• Pinch of salt

• Sweetened coconut flakes

Heat chocolate chips in a microwave-safe bowl with cream until just melted; be careful not to burn the chocolate. Add the cheese and pinch of salt and blend carefully.

After the pizzelles have cooled, fill each with a generous scoop of filling and sprinkle with sweetened coconut flakes. If you’re feeling really adventurous, take the rest of the cream, add some powdered sugar and whisk vigorously to form fresh whipped cream. Add cinnamon or espresso powder and top your pizzelle with a dollop of flavored whipped cream.

Maple pecan caramel rolls
Pat Trotter, owner
Trotter’s Café, 232 Cleveland Ave. N.

The good folks at Trotter’s Café have been serving these addictive sweet rolls for more than 25 years. In the early years owners Pat and Dick Trotter would close up shop over New Year’s and head up north with their young son to Camp du Nord, taking with them frozen unbaked maple caramel rolls from Trotter’s. On New Year’s Day they would bake the rolls for a sweet start to the New Year.

This restaurant no longer closes on New Year’s Day, thanks to dedicated staff, but Pat and Dick still go up north with their extended family, and everyone still enjoys those warm caramel rolls fresh out of the oven each Jan. 1.

Makes 1 dozen rolls.

Dough

• 6 Tbsp. warm water
• 1 Tbsp. yeast
• 2 oz. butter
• 6 Tbsp. sugar
• 3/4 cup milk
• 2 eggs
• 1 tsp. salt
• 3 1/4 cups white flour
• 1/2 cup wheat flour

Mix yeast with warm water (90-105 degrees) and wait until yeast begins to activate. While waiting, heat milk. Add beaten eggs, butter and sugar to the warm milk (milk should be 90-105 degrees). Add milk mixture and pinch of salt and blend carefully.

After the pizzelles have cooled, fill each with a generous scoop of filling and sprinkle with sweetened coconut flakes. If you’re feeling really adventurous, take the rest of the cream, add some powdered sugar and whisk vigorously to form fresh whipped cream. Add cinnamon or espresso powder and top your pizzelle with a dollop of flavored whipped cream.
Chefs’ favorite family recipes from 9

**Potato pancakes**
M attthew Ellison, executive chef
M unfferta in the Park, 2260 Como Ave.

M akes about 10 pancakes.

As a young child, M att Ellison spent many hours in the kitchen with his Polish grandmother as she made potato pancakes for the holidays. She always kept the recipe very simple since that was all she could afford, Ellison explained, but he suggests adding fresh herbs like thyme, a kicky whole-grain mustard or even parmesan cheese to spruce up the dish a bit. With a timeless recipe like this, the possibilities are endless.

- 1 and 3/4 cups strained, dried grated russet potatoes
- 2 eggs
- 1 cup flour (more might be needed, depending on the moisture in the potato)
- Salt and pepper to taste
- Canola oil

Grate the potatoes and place in a strainer to let the water drain out. Press on them a few times to dry them as much as possible. Mix together the potato, egg, and flour. Adjust flour until the batter looks thick enough to hold together. Form into patties about 5-6 inches around and 1/4 inch thick.

When hot, fry the pancakes two or three at a time in canola oil until golden brown on both sides. Roll up.

**Muffuletta in the Park,** 2260 Como Ave.

**Jack Riebel,** executive chef
M rain Paddy Shack, 1013 Front Ave.

Soup has always been a staple in Jack Riebel’s family. O ne of his fondest childhood memories is the Christmas time trek to his grandparents’ home in Redwood Falls, Minn., where his grandmother would have lunch prepared upon their arrival. The family would enjoy a relish tray complete with homemade pickles, followed by bean and ham soup, his grandpa’s favorite. There was always enough food for all who made the journey, and for anyone who might stop by unannounced.

“As a chef I have continued this tradition for the love of soup, not just for my personal love, but the nourishment of others,” said Riebel. “This type of hospitality stays with me today. As a chef I make sure that there is always enough food for all who made the journey, and for anyone who might stop by unannounced. There was always enough food for all who made the journey, and for anyone who might stop by unannounced.”

**Soup**
- 2 lbs. beans, soaked overnight
- 1 ham hock
- 2 cups onions, sliced
- 1 stalk celery, diced
- 2 cloves garlic, mashed
- 2 Tbsp. bacon fat or lard
- 1 bay leaf

**Soup**
- 1/2 cup melted butter
- 3 Tbsp. brown sugar
- 1 2/3 cup graham crackers crushed fine

When Como Park Grill owner Christine Finnegan bought her first home, her grandmother gave her the recipe to Finnegan’s favorite childhood pie. Her grandmother made the pie for special occasions or holidays and insisted that the secret to a perfect pie was to use a ceramic pie pan instead of metal or glass.

“Tellap er she hand-wrote the recipe on a recipe card and left it under the Christmas tree for me,” Finnegan said. “But I couldn’t bring myself to rewrite it so I laminated it. I hope it lasts another 25 years.”

**Crust**
- 1 2/3 cup graham crackers crushed fine
- 3 Tbsp. brown sugar
- 1/2 cup melted butter

**Meringue topping**
- 3 tsp. whites
- 2 Tbsp. sugar

**Soup**
- 2 Tbsp. sherry vinegar
- Salt and black pepper

Favorite hot sauce, optional

In a large pot, sauté onion, celery, garlic, bacon and the bacon fat. Add beans, ham hock, bay leaf and sherry vinegar and cover with water. Cook until done, 2 to 2 1/2 hours, or until beans are tender.

Remove ham hock and 1 cup of beans and reserve for relish. Blend remaining soup with immersion blender or transfer to a blender. Season with salt and pepper to taste. Add hot sauce if desired.

**Relish**
- 1 cup reserved cooked white beans and ham hock meat
- 1/2 cup tomatillos, diced small
- 1 small clove garlic, minced
- 1 Tbsp. sherry vinegar
- 1 Tbsp. vinegar olive oil
- Salt and black pepper
- Hot sauce, optional

In a bowl, add in other ingredients and stir to combine. Season aggressively, using salt and cracker pepper and hot sauce if desired.

To prepare, warm your favorite soup bowls, add the bean soup and garnish with a heaping spoonful of the bean relish. Serve hot with saltine crackers or crusty bread and butter.
**Your guide to festive fun in Bugleland**

**THE SEASON OF FUN BEGINS** just before Thanksgiving, when Falcon Heights ballet school Pas de Deux brings the Nutcracker to the St. Paul Student Center, 2017 Buford Ave., on Saturday, Nov. 22, at 2:30 p.m. and 6 p.m. The performance will feature many local dancers. Tickets are $10 in advance or $15 at the door. You can find out more at the studio’s webpage: www.pasdeduxdance.com/nutcracker-performance.html.

**SHOP THE BLOCK** at Raymond and University for the second annual Block Friday and Small Business Saturday extravaganza, Nov. 28 and 29. Junk Love will host an artist sale Friday, 1-6 p.m., and Saturday, noon-3 p.m.; shop owners say their stores will be full of merchandise and eateries will have food specials. Just west on University Avenue, M1D OD1M en is promising warm apple cider and holiday cookies and 25 percent off all vintage glassware, barware, framed art, and glass, wood and pottery décor. Urban Growler will open at 11 a.m. that day and is offering a free growler with the purchase of $100 in merchandise or gift cards.

**THE SIBERICA BOUTIQUE**, a benefit for the charter school Laura Jeffreys Academy in St. Paul, will be held Friday-Sunday, Nov. 28-30, and Saturday and Sunday, Dec. 6-7, 10 a.m.-6 p.m. each day at 966 N. Oxford St. in Como Park. Artists and crafters will be selling hand-painted silk scarves, jewelry, whimsical toys and accessories, herbal bath products, upcycled ornaments and décor, indie kids’ books and recordings of local musicians.

**SANTA’S EVERYWHERE, MAN:** He’ll pose for photographs with Mrs. Claus at Sunrise Bank on Como Avenue, 9 a.m.-noon on Saturday, Dec. 6 (and he’s bringing reindeer with him). He’ll be hanging out at Milton Square later that day at 4:30 p.m. and will light the tree in the courtyard at 5 p.m.

St. Paul Parks and Recreation will host a dinner with Santa and Mrs. Claus on Friday, Dec. 5, from 5:30-7 p.m. at Langford Park Recreation Center, 30 Langford Park. The event will include a spaghetti dinner, a craft project, cookie decorating and face-painting. Cost is $5 per person. Register at any St. Paul recreation center or call 651-298-5765. Register online at www.stpaul.gov/parks.

Tots age 1-4 can meet Santa at a free holiday party on Tuesday, Dec. 9, 10-11:30 a.m. at Langford Recreation Center, 30 Langford Park. The party will include gym time, refreshments, a craft project and a visit with the jolly guy.

Santa and his friend Christmas Carol will hold an evening of storytelling for children at Micawber’s Books at Milton Square, on Tuesday, Dec. 9, 6-7 p.m.
SHOP HOME FOR THE HOLIDAYS, St. Anthony Park’s annual celebration of local businesses, will be held Saturday, Dec. 6, with merchant specials, reindeer-pulled sleigh rides and Santa photo-ops at Sunrise Bank, 9 a.m.-noon; cookie decorating at Tim & Tom’s Speedy Market, 2310 Como Ave., 10 a.m.-2 p.m.; a wine tasting at the Little Wine Shoppe, 2236 Carter Ave., 1-4 p.m.; an open house at Complexions on Carter in Milton Square; and a raffle for a gift basket filled with Milton Square merchant gifts. You can put your name in the raffle at the Best Holiday Sale Ever! in the lower level of Milton Square that Saturday.

Thistle will have a raffle for Miss Mustard Seed Milk Paint classes taught by Thistle owner Heather O’Malley in the Milton Square shop, located right at the corner of Carter and Como avenues. Peapods Natural Toys, 2290 Como Ave., is offering a free canvas shopping bag with any purchase that day.

THE BEST HOLIDAY SALE EVER! will be held two days, Saturday, Dec. 6, 10 a.m.-5 p.m., and Sunday, Dec. 7, noon-3 p.m., in the lower level of Milton Square. Local artists will sell handmade hats and purses; pottery; whimsical light-switch plates; flower fairies; gourmet cookies, granola and holiday trail mix; Christmas ornaments; stationery; jewelry; accessories; home décor; quirky photos; greeting cards; hand-printed tea towels; felted tapestries, vessels and woolen creatures; garishly cute monsters; and a lot of surprises. A raffle for a gift basket from Milton Square merchants will be held at the end of the day on Saturday.

LEARN TO MAKE YARN DOLLS. Gibbs Museum of Pioneer and Dakota Life will host a free children’s yarn doll workshop on Saturday and Sunday, Dec. 6 and 7, in the former Bungalow Pottery store in the lower level of Milton Square. Saturday hours are noon-2 p.m. and Sunday hours are 1-2:30 p.m.
Merriment
BLUE HOUSE BOUTIQUE: Check out this unique boutique on Saturday, Dec. 6, 9 a.m.-3 p.m., and Sunday, Dec. 7, 9 a.m.-1 p.m., at St. Matthew’s Episcopal Church, 2136 Carter Ave. The boutique is a major fundraiser for the Blue House, an orphanage in Uganda that was started by the late Beatrice Garubanda, a native of Uganda who had lived in St. Anthony Park. Saturday’s sale features a homemade lunch (from 11 a.m. to 1 p.m.), coffee and pastries. The sale will include gourmet goodies, a Christmas shop, pottery, knit accessories, jewelry, purses, fun baby and kid stuff, greeting cards, kitchen items, new African crafts and a raffle for a lace shawl.

IT’S THAT CHRISTMAS SAUSAGE TIME AGAIN: Every year Tim Faacks at Tim & Tom’s Speedy Market, 2310 Como Ave W., cranks out more than 2,000 pounds of the Lindquist family’s Christmas sausage. He’s been mincing meat since just after Hallowe’en and plans to keep the stuff in stock through New Year’s Day.

The Christmas sausage comes from a secret recipe handed down to Faacks by the family of Harry Lindquist, a butcher in Minneapolis from the 1920s to the 1960s. Lindquist was the grandfather of St. Anthony Park residents Dave and Mark Hansen, who own Hansen Tree Farm.

AN ELEGANT HOLIDAY TEA: Lady Elegant’s Tea Room, 2230 Como Ave in Milton Square in St. Anthony Park, will host a holiday tea with live music and a special Christmas menu on Saturday, Dec. 20, 11 a.m.-4 p.m. To find out more go to www.ladyelegantstea.com or call the tearoom at 651-645-6676.

ROCKIN’ AROUND THE CHRISTMAS . . . record store! Rumor has it Barely Brothers Records, 783 Raymond Ave, will be rocking to live Christmas tunes all day long on Saturday, Dec. 13. The store opens at 10 a.m.

Madcap merriment to 14
Madcap Merriment from 13

A COMO CHRISTMASTEA: Como Park Zoo and Conservatory continues its three-course holiday tea tradition in the Marjorie McNeely Conservatory’s North Garden. The tea will have two seatings, at 11 a.m. and 2 p.m., on Thursday, Dec. 11. Tickets are $35 per person if reserved before Thanksgiving and $40 per person after Thanksgiving. Reservations are required. Call 651-487-8250.

LIVE NATIVITY ON A COLD WINTER’S NIGHT: Bethel Lutheran Church, 670 W. Wheelock Parkway, will host a live nativity Saturday, Dec. 20, in four 15-minute enactments at 6, 6:30, 7 and 7:30 p.m. The event, which is free to the public, features a retelling of Jesus’ birth, the Christmas story, with actors and live sheep, goats and a cow in an outdoor stable setting. Between shows, guests will be invited to pet the animals and enjoy coffee, hot cocoa and cider, cookies and treats.

ALL ABOARD THE NIGHT TRAINS: Night Trains is a holiday tradition at the Twin City Model Railroad Museum in Bandana Square, 1021 Bandana Blvd., Suite 222. The show opens Saturday, Nov. 29, and runs every Saturday evening, 6-9 p.m., through Feb. 28. The museum’s dozens of model railroad layouts will be displayed with the lights turned down and the buildings and streetlights aglow. Admission is $10 per person or $25 for immediate families and $30 for extended families (maximum of 10 people). Admission is free for children ages 4 and under. Find out more at www.tcmrm.org.
Area once was home to several creameries

By Roger Bergerson

One hundred years ago, there were several creameries in the Como area and two of the sturdy buildings that housed them are still in use today.

For example, the Como Park Condominiums at 1098 N. Lexington Parkway, on the hill overlooking the McMurray Fields, were once the site of the Eden Valley Creamery owned by Elov Ericsson. The creamery specialized in supplying cultured cream to butter makers across the region. Ericsson moved to St. Paul from Mankato in about 1915 and built the residence that is now the Como Lake Bed and Breakfast at 1205 W. Como Blvd.

At about the same time, the Midway Creamery was moving into a new building at 1565 W. Como Ave, near Snelling Avenue. Its origins dated back to 1888, when Jens Nelson bought a dairy farm just south of what is now the Minnesota State Fair Coliseum. With a horse and wagon, he began making deliveries in the St. Anthony Park area. The milk was neither pasteurized nor refrigerated, and he decanted it into his customers’ pitchers or other containers.

Nelson died in 1902 and Hans Gammel and Walter Nielsen took over, developing the Midway Creamery into a full-blown commercial enterprise, complete with a slogan: “The milk with the deep cream line.”

Bottling had begun at the farm in 1913, but a more modern facility was needed, spurring the move to Como Avenue.

Trucks gradually replaced the horse-drawn wagons, a changeover that was complete in 1934. By this time, Gammel and a brother owned the creamery in partnership with Sanitary Farm Dairies. At its peak, the creamery had 30 delivery routes in St. Paul, Minneapolis and as far north as Lake Johanna.
Janet Christianson
Janet Lou Christianson, 95, of St. Anthony Park, died Oct. 27, with his friends and family around him. He was born July 25, 1937.

Janet was a revered family member and deeply missed by his wife, Christine M. Defford; two daughters, Helga and Signe; four grandchildren, eight nieces and nephews, and nieces and nephews and deeply missed by his wife, Christine M. Defford; two daughters, Helga and Signe; four grandchildren, eight nieces and nephews, and nieces and nephews and deeply missed by his wife, Christine M. Defford; two daughters, Helga and Signe; four grandchildren, eight nieces and nephews, and nieces and nephews. George Vognar

George Vognar, 77, of St. Anthony Park, died at home Oct. 27, with his friends and family around him. He was born July 25, 1937.

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George Vognar, 77, of St. Anthony Park, died at home Oct. 27, with his friends and family around him. He was born July 25, 1937.
Will Kidd’s epic Como soccer career concludes

By Eric Erickson

St. Paul City All-Conference three times, St. Paul City Conference Player of the Year, two-time All-Metro player, two-time All-State player, two-time member of the all-Pioneer Press team, Mr. Soccer finalist—Will Kidd has collected more individual honors and awards than can be efficiently listed in a newspaper article. The coach, his teammates and everyone he has ever played with will tell you Kidd’s high energy and work rate is constant. He has a burning passion for the game, and it’s contagious within a team.

Where did it all begin? What inspired such hard work? What drives him to spend any free time he has with a soccer ball? The short answer is the Kidd family, who resides on Dosewall Avenue, up the hill from Speedy Malt.

Bill and Carla Kidd didn’t grow up playing soccer. They liked athletics, and they promoted activity for their children, beginning with Emily (a 2007 Como graduate, now an athletic trainer at the University of Minnesota). Emily’s big brother, Matt, was a star at Langford Park, leading the club soccer and frequent trips in the family van to games and tournaments all over the metro. Young Will would pile in the van and on the sidelines with a soccer ball, emulating what he saw on the field.

Bill Kidd saw Will’s skills progressing and challenged him at age 10. “Juggle the soccer ball 100 times, and I’ll give you $100,” is the quote Will recalls. It didn’t take long for the determined and competitive towelhead to pull off this highly technical skill and show his dad. Will claims he’s still waiting for his dad to show him the money. From the van rides and the good-natured-father-son banter, Will’s soccer journey wound its way through Langford Park, local clubs, the Vanke pastures, St. Anthony Park Senior High School and onward to Como, where he ended up at the summit of Minnesota high school soccer.

Will is narrowing down college choices for next year, knowing he wants to study in a math or science field and continue to compete on the soccer field. Coaches from several NCA A D 1, D 2 and D 3 schools have expressed interest, and he’s traveled to tour campuses and meet with coaches.

Kidd says he will definitely play soccer—somewhere—and that he’ll make a decision in the next few months.

Above and beyond soccer achievements and a bright future, Will Kidd is an unfussily and modest leader, who is adored by the Como Park Senior High School community for being first-class, on and off the field.

Como social studies teacher Eric Erickson coached Will Kidd for his first three varsity seasons at Como, including the 2013 state championship.

Here’s a roundup of falls sports at Como Park Senior High School

By Eric Erickson

Boys soccer

First-year head coach (onat Fields led the Cougars back to the state tournament for a third straight year. Como concluded the season with class in a close quarterfinal loss to Chaska, finishing with a record of 14-5-2. A strong defense secured 11 shutouts, including two over St. Paul Central, and one against top-ranked MInneapolis Washburn in the Section 3A play-offs.

Senior goalkeeper John Wenger, junior defender Ryan Yang and sophomore Tyler Johnson formed the spine of the defense, while Will Kidd tallied 18 goals and 12 assists to lead the attack. (see story above).

Cross country

As reported in last month’s Bugle, the committed training and spirit of the team made for a memorable season. Both the boys and girls teams placed third in the conference meet, Innocent Marwanashyaka and Gheorghe Roba both placed in the top five out of 40 participants. Sisters Kathonh and Mary M filled the feat on the girls side, finishing second and fourth, respectively. Academically, the boys team achieved the Gold Award for a team GPA of 3.99, and the girls earned the Silver Award for a team GPA of 3.64.

Volleyball

The Cougars’ volleyball team advanced to the second round of the section play-offs following an impressive opening round triumph over Minneapolis Academy. Jenifa Krivit, Dalliah Wolf and Emily LaCroix-Dalluhn were selected All-Conference, with Bakah Hausermann and Elianna Wierma receiving Honorable Mention.

Girls soccer

The Lady Cougars posted an 8-4 conference record. Coach Steve Cox noted unselfish teamwork was critical to the success, along with solid field and goal play led by All-Conference seniors Grace Mauskas (goalie) and Ellen Purdy (defender). All-Conference junior forwards led the offense with 12 goals each. Season highlights included decisive wins over Harding and a buzzer-beater over Johnson with a last-second goal by senior midfielder Celina Commers. The varsity squad dedicated this season to the recovery of Mary Helen Tangopi, Como athletics secretary, who is fighting breast cancer.

Girls tennis

Como courts were in constant use as practices and matches took place throughout the warm fall weather. The tennis team beat Humphrey and Washington for a 2-4 conference record, and added a nonconference win over St. Thomas Park.

Will Kidd led Como Park Senior High School’s boys soccer team to historic heights. He plans to continue his soccer career in college after he graduates this spring. Kidd has several NCAA D1, D2 and D3 schools actively recruiting him. Mike Krivit Photography
Wishing you the happiest of holidays and a most prosperous year to come! Thank you for your business, I look forward to serving you in the future!

Murray Pilots fall sports round up

By Eric Erickson

Volleyball
Coach M. Alam. Littles’ volleyball squad won the regular season championship of the St. Paul City Conference with a 10-1 record. After a season-opening loss, the Pilots rattled off 10 straight wins to claim the title. The competition at the top of the conference was intense with Capital Hill, Highland and M. urray playing close matches between each other during the regular season and in the year-end tournament, where M. urray finished third.

Girls soccer
Twenty-nine middle school girls committed to a successful and fun season that produced an overall record of 6-2-1. The returning eighth-grade players included Anna Erickson, who led the team in scoring with 13 goals. GiGi Gabelli, a fierce outside midfielder; goalies Cecilia Wulff; and defenders Celia Olson and Ruby Beckman. The team also featured a strong sixth-grade class of 12 players, including four starters. The girls finished on a roll with a five-game winning streak, while allowing no goals.

Boys soccer
The Pilots played quality soccer against talented opponents and improved throughout the season evidenced by a three-game winning streak in October. The strong finish propelled the team to an overall mark of 4 wins and 6 losses. Experienced eighth-graders led the team and set a wonderful example of hard work and commitment for the sixth- and seventh-graders to build on next season.

Flag football
Several key returning players from last year’s team brought the Murray Pilots Flag Football team to the top tier of the St. Paul City Conference. With a record of 8 wins and 3 losses, including big victories over rivals from Ramsey and Highland Parks, the season was very successful. The losses were all close games, with the total point differential of those three games being just nine points.

Como sports from 17

victory over Fridley. The doubles team of seniors Teja Porteous and Mackenzie Olson earned All-Conference and advanced in the section tournament by defeating a strong Central team. Junior Emma Hartmann and sophomore Mia Kammueler and Lizzy Laron earned All-Conference Honorable Mention.

Girls Swimming
The swim team finished third in the conference. Senior Rachel Williams earned All-Conference Honorable Mention.

Boys Swimming
The swim team finished third in the conference. Senior Rachel Williams earned All-Conference Honorable Mention. Junior Lia Chin-Purcell and sophomore Claire Spurzem received Honorable Mention. Rachel was also the winner of the Roger B冰eld Spirit Award. This prestigious honor is given to the most outstanding swimmer in the conference based on success in swimming, academics and other sports, as well as community service.

Eric Erickson is a social studies teacher at Como Park Senior High School. He has coached a variety of school and youth sports teams in St. Paul over the last 20 years. Follow twitter @eestp for current school sports news.

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SENIOR APARTMENTS

BY THE LAKE

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School News

The Bugle welcomes news about students and schools in the area. The deadline for the January issue is Wednesday, Dec. 3. Send your news to editor@parkbugle.org.

Avalon School
700 Glendale St., 651-649-5405
www.avalonschool.org

Avalon presents M. adchet
Avalon School will present M. adchet on Friday, Nov. 21, and Saturday, Nov. 22, at 7 p.m. Tickets are $5 and all are welcome.

Chelsea Heights Elementary
1557 Huron St., 651-293-8790
www.chelsea.spps.org

Fighting against hunger
Chelsea Heights Elementary is holding a food drive to support NeighborHood House food shelves through Friday, Dec. 12. Families, friends and neighbors are asked to send unopened, non-perishable, unopened food items to school or drop off donations at Chelsea Heights. The classroom that collects the most food items will win a pizza lunch with Principal Jill Gabike.

Como Park Senior High
740 Rose Ave., 651-293-8800
www.comor.spps.org

Career Day opens doors
The Academy of Finance hosted Career Day at Como Park Senior High on Nov. 5. More than 35 professionals from 28 businesses ranging from private law firms to banks and the FBI spent the morning with students leading sessions and answering questions that relate to career and college readiness. They talked to more than 150 students.

Link Crew helps freshmen
Como’s Link Crew has been hard at work this fall on a number of initiatives and hosted a Halloween party. Link Crew leaders decorated the cafeteria, brought treats and played games with the freshmen participants. Link Crew is a mentoring program designed to help welcome freshmen and make a smooth transition into high school. Link Crew also just wrapped up its winter clothing drive, collecting hundreds of gloves, hats and jackets.

Volunteers are welcome at Como
Volunteer tutors enhance student learning and strengthen school-community relations. Como volunteers work with students individually or in small groups in a variety of content areas, both in the classroom and after school. If you are interested in volunteering one hour a week or more, please contact Maria Cocciarla at maria.cocciarla@spps.org.

Student news
Nate Parsons and Rachael Tietlow of the Como Park Orchestra continue in the first violin section of the Greater Twin Cities Youth Symphonies most advanced ensemble, Symphony, conducted by Mark Russell Smith. In addition, Parsons is a second-year member of the All State Orchestra first violins.

John Prosper is composing an original work for Como’s school band that will be performed at the Spring Gala Concert in May.

First science party
Science teacher Tim Chase says, “It’s an opportunity for seventh- or eighth-graders to meet a real scientist, discuss real science and develop a good experiment that builds the deep understanding of the scientific process that Mr. Urzua has had such a rich success in for decades.”

St. Anthony Park Elementary
2190 Knoopp St., 651-293-8735
stanthony.spps.org

Thanks for your support
Organizers for the annual St. Anthony Park Elementary School Fall Festival are grateful for all of the community support that helped to make another successful event possible. Now this year was a Pumpkin Fun Run for students before the festival started, and the children had a lot of fun, as well as a good dose of exercise. Inside the school, families participated in activities, worked on crafts and enjoyed tasty treats. More than 150 items were up for bidding at the silent auction. The school appreciates all of the local businesses that supplied auction items. The Fall Festival is one of the major fundraisers for the St. Anthony Park School Association, which raises money to support and enrich the education of elementary students.

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An eclipse party
Oct. 23’s partial solar eclipse brought more than 50 Murray Middle School students, parents, staff and some neighbors to College Park in order to observe the partial eclipse and help magnify the image so students could see the sun spots as well. Here, students are having fun making shadows along with making eclipse images.

Murray Middle School teacher Tim Chase snapped a photo of the eclipse party as Wolf Ridge environmental learning center on Nov. 6. More than 70 students trekked to the camp in northern Minnesota for a five-day science lesson. Murray has been taking students to Wolf Ridge since the 1970s, when the school was a high school. Students who go are chosen through a lottery system.

A selfe on the voyageur trail
Murray Middle School teacher Tim Chase snapped a photo of a selfie from a voyageur canoe at Wolf Ridge environmental learning center on Nov. 6. More than 70 students trekked to the camp in northern Minnesota for a five-day science lesson. Murray has been taking students to Wolf Ridge since the 1970s, when the school was a high school. Students who go are chosen through a lottery system.
## DECEMBER

### Events

Venue information is listed at the end of the calendar. Send your events to calendar@parkbugle.org by Wednesday, Dec. 3, to be included in the January 2015 issue.

#### 2 TUESDAY
St. Anthony Park Garden Club, “North Carolina Wildflowers,” presented by Sara Evans and C. Chuck Dayton. St. Matthew’s Episcopal Church Fellowship Hall. Business meeting, 6:30 p.m.; raffle, 7 p.m.; program, 7:30-8 p.m. Domestic and international adoption information session, CHLSS, 6-8:30 p.m.

#### 3 WEDNESDAY
St. Anthony Park Book Club, “Orange is the New Black,” by Piper Kerman. St. Anthony Park Library, 1:30-3:30 p.m.

#### 5 FRIDAY
Dinner with Santa and Mrs. Claus, Langford Recreation Center, 6-7:30 p.m. Contact Carolyn to find out how to join.

#### 6 SATURDAY
Shop home for the Holidays in St. Anthony Park. Merchant specials, Santa, and more (see page 11-12 for more information). 9 a.m-5 p.m.

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Adoptive Parents Group, for parents whose adopted children are now adults, CHLSS, 6-8 p.m.

St. Paul Audubon program: Carrol Henderson will talk about birds of Cuba, Fairview Community Center, 7 p.m. Free. Social time begins at 6:45 p.m.

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#### 9 TUESDAY
Holiday tot party with a visit from Santa, ages 1-4, Langford Recreation Center, 10-11:30 a.m.

Store to Door: A local nonprofit providing grocery shopping and delivery services, will train new order takers at its Roseville office to assist clients with grocery orders, 6-7:30 p.m. Contact Carolyn to find out more, 651-209-1856 or volunteer@storetodoor.org.

Adoptive parents group, Minnesota Waiting Children, for parents who adopted children through Minnesota foster care system, CHLSS, 6:30-8:30 p.m.

#### 10 WEDNESDAY
Minnesota Waiting Children information session, learn about adopting children who live in foster care, CHLSS, 6-8 p.m.

#### 11 THURSDAY
St. Anthony Park Antique Club will meet at 1 p.m. at St. Anthony Park Lutheran Church. Dan Cananong will speak on the topic: “Crystal Repair.” Call Jay at 651-644-8833 for more information.

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Adoption information session, CHLSS, 9-11 a.m.

#### 13 SATURDAY

#### 15 MONDAY
Community Sing, Olson Campus Center, Luther Seminary, 6-8:30 p.m. Free admission. Everyone welcome.

#### 20 SATURDAY
Live nativity, Bethel Lutheran Church; four free performances: 6, 6:30, 7, and 7:30 p.m.

#### 26 FRIDAY
Co-ed Drum Circle, Women’s Drum Center, 6:30-7, 7:30-8 p.m. Admission $10 suggested. Everyone welcome. Drums provided.

#### 26 FRIDAY

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VENUE INFORMATION

Arbor Pointe Senior Apartments, 635 Maryland Ave. W.
Bethlehem Lutheran Church, 670 W. County Road B, Roseville
Jehovah Lutheran Church, 1566 W. County Road B, Roseville
St. Anthony Park United Methodist Church, 2200 Hillside Ave., 651-645-0371
Theosophical Society, Spirit United Church, 3204 Como Ave., 651-642-0411

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St. Anthony Park received the Minnesota State Horticultural Society (MSHS) Life Award at the society’s annual awards ceremony Oct. 25 at Bachman’s Garden Center in Minneapolis.

Lerman represented MSHS all over the state, attending garden club meetings and horticultural days, speaking and encouraging others to join M SHS. She has helped maintain the M SHS State Fair garden along with other volunteers from the St. Anthony Park Garden Club. Most recently, her volunteer focus has been with the Garden-in-a-Box program and the St. Paul Midway YMCA Teaching Giving Garden, where M SHS installed 48 garden boxes.

Over the summer, Lerman worked with 130 students, teaching them about gardening and nutrition.

St. Anthony Park resident received a horticulture faculty award
St. Anthony Park resident received a horticulture faculty award

North Carolina flowers topic of next garden club meeting
Sara Evans and Chuck Dayton will present “North Carolina Wildflowers” at the St. Anthony Park Garden Club Program on Tuesday, Dec. 2, at St. Matthew’s Episcopal Church Fellowship Hall, 2136 Carter Ave. The club’s business meeting will begin at 6:30 p.m. Refreshments and social time will begin at 7 p.m. The program will run from 7:30 to 8:30 p.m.

Evans and Dayton spend spring and fall in the mountains of western North Carolina. While neither is a botanist, Evans’ mother was a horticulture expert. Her unique collection of native Appalachian wildflowers and shrubs became the basis of the couple’s North Carolina native garden, which is open to the public.

Dayton is an accomplished photographer who has taken photos of many of these wildflowers. They will offer an illustrated talk about the unique ecosystem of the Appalachians. To find out more, call Sandee Kelsey at 651-645-9053 or go to www.SAPGardenClub.org.

Christmas
Please join us
December 24
4:00 & 6:30 p.m.
December 25
10:00 a.m.
Community Dinner
Dec. 10, 17
3-6:30 p.m.
Sundays
Dec. 21 8:30 & 11:00 a.m.
Dec. 28, 10:00 a.m.

St. Anthony Park Lutheran Church
2323 Como Avenue W
St. Paul, MN 55108

Steve Aryen available Sunday mornings
Church office: (651) 645-0371
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Neighbours

Mary Maguire Lerman (left) and Carol Hagerly work on the St. Anthony Park Garden Club’s winter garden in the flower boxes in front of the Como Avenue post office. Garden club members save their dried plant materials for the garden, which Lerman says provides something pleasant to look at “for two-legged mammals and the birds will enjoy having a seed source for their winter snacks.” Lerman recently received the Minnesota State Historical Society’s Life Award.

Photo by Kristal Leebrick

Busy December

On Oct. 12 five local children presented a piano program entitled, “The Half-Filled Cookie Jar” by David Glover, to the residents of St. Anthony Park Nursing Home. Emma Ingrawlon, Morgan Nichols, Lydia Westerlund, Josephine Schucker and Clara Dunne performed piano pieces and read a story to explain why a cookie jar is always half-filled. The girls range from first to sixth grade and study piano with Rebeakah Richards of St. Anthony Park.

Cookie concert
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**Newspaper delivery carriers wanted**

for delivery of the Park Bugle. Must be available during daytime hours on delivery days each month.

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**The best little facial spa in St. Anthony Park**

By Kristal Leebrick

In August 2013, Miley Kelly and her fiancé had just closed on a house; it was six weeks to their wedding, and M Innesota Monthly's September issue hit the streets, declaring Miley's business, Complexions on Carter, the 2013 Best Facial Spa in the Twin Cities.

"It was the same week we closed on a home," she said. "All of a sudden, I was completely full.

O ne year later, she's added the surname "Kelly" to her name, and she's brought a new esthetician into the M Ilton Square business, which is located at 2228 Carter Ave. in St. Anthony Park.

Kate Williams joined Complexions on Carter this summer, but her connection to Miley Kelly goes back 24 years, when Williams a native Alaskan, came to the Twin Cities to study at the Aveda Institute in Minneapolis, Miley Kelly was one of her instructors.

After her training, Williams worked as an esthetician in the medical field for a number of years. She found she wanted to spend more time with clients and that brought her to Complexions.

Both Williams and Miley Kelly offer a range of treatments, including facials, skincare peels, microdermabrasion, lash and brow tinting, and waxing. The spa also offers exclusive treatments for men. (The $87 Chuck Norris Treatment includes dermaplaning, exfoliation, brow, ear and nose hair cleanup, and more)

Complexions is open by appointment, which can be made online at the store's website, www.complexionsoncarter.com. Or call Williams at 651-884-7034 or Miley Kelly at 651-238-2338.

The store will be open on Saturday, Dec. 6, during the Shop Home for the Holidays celebration in St. Anthony Park from 10 a.m. to 4 p.m. and will offer gift certificates, skin care products and some gift items. The store is offering a December special: Buy $100 in gift certificates and receive a $25 gift certificate for yourself. The store also has a no-tipping policy, but for clients who can't shake the desire to throw some extra money toward Williams or Miley Kelly, they've established monthly charities as the recipients. November's charity is St. Ann's Place, a shelter for homeless women and children in M Inneapolis.

The December charity had not been chosen at press time.

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**Sunrise Banks Terri Banaszewski honored**

This year's class includes chief executive officers, chief financial officers, presidents and vice presidents, certified public accountants, attorneys, managers and financial advisers.

H onorees will be celebrated Nov. 20 at a dinner and award presentation at the Hyatt Regency Hotel in M Inneapolis.

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**Terri Banaszewski**

T erri Banaszewski, vice president at Sunrise Banks, was one of 50 honorees for Finance and Commerci 2014 Top Women in Finance program, which recognizes women who are making outstanding contributions to their professions and communities in M Innesota.

Nichol Beckstrand, chief operating officer with Sunrise, was also named in the list of honorees.

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**Thistle to open for two weekends in December**

T histle, at the corner of Carter and Como avenues in M Ilton Square, will be open for two weekends in December: Friday-Sunday, Dec. 5-7 and Dec. 12-14.

Friday hours are 10 a.m.-5 p.m., Saturday hours are 10 a.m.-4 p.m., and Sunday hours are noon-3 p.m.

O wner Heather O'Malley describes the occasional store as a "carefully curated shop" that features vintage furniture and flea market finds.

D uring the Shop Home for the Holidays event in St. Anthony Park, Thistle will have a raffle for Miss Mustard Seed Milk Paint classes taught by O'Malley at the shop. The paint is used for refinishing furniture and other household items.

Y ou can out more at www.thistlemiltonsquare.com.

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**Business News**

Kate Williams and Maggie Miley Kelly at Complexions on Carter in Milton Square

Photo by Kristal Leebrick

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**Business Briefs**

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**Thistle is all decked out for Christmas.**
PARK ANGELS CHILDCARE, Infant to 11 years old, near Como & Doswell. Call Addie, 651-644-5516.


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WANTED: Single parking space to rent in a garage within a block of Doswell & Hynes. Dorothy, 651-642-7008.

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Neighbors from 21

silent auction from 10 a.m. to 1 p.m. on Saturday, Dec. 6, at St. Anthony Park Lutheran Church, 2232 Como Ave. Admission is free, and funds raised by the silent auction will be used for food allergy education and awareness.

Featured will be a M unurr M iddle School bands and orchestra directed by Eric Dahlberg, crafts for kids, apple cider and allergy-friendly cookies. AFAA is a nonprofit organization headquartered in St. Anthony Park. Call 651-644-5937 to donate silent auction items and services.

Activities at Northwest Como Rec Northwest Como Recreation Center, 1515 Hamline Ave., is offering four afternoons of winter break activities for ages 8-15 in December. The rec center will be open from 1:30 to 4 p.m. for the following:
• Dec. 22: Floor hockey, scooter games and beach volleyball
• Dec. 23: M ini-tournaments in chess, table tennis, board games and football
• Dec. 29: Watch a movie, play in the gym, refreshments, a craft and a visit with Santa.

A free holiday party for tots ages 2-5 or younger to play in the gym. Drop-in time is for parents or day-care providers and their children ages 5-12; board games; and Power Up for ages 6-17. To find out more, contact Darcy Rivers, 651-298-5813 or darycrivers@csl.stpaul.mn.us.

Activities at Langford R ec C enter A weekly parent and tot playtime is held every Tuesday at Langford Rec Center, 30 Langford Park, 9:15 a.m.-11:15 a.m. The free unstructured gym time, refreshments, a craft and a project and a visit with Santa.

The first annual Yunomi Invitational is showing at Raymond Avenue Gallery, 761 Raymond Ave., through Friday, Dec. 19. The show has yunomis (a teacup without a handle) of 25 Minnesota potters, including Wayne Brunan, Robert Briscoe, Lisa Buck, Kevin Caufield, Linda Christilason, D ick C ooter, Guillermo Cuellar, Andrea Lelia Denecke, Craig Edwards, Richard G ruchall, Carin Rosseti, M ike H ake, Peter J atoomath, Sam Johnson, M att Krousey, Lee Love, W arren M acenzi e, M ike Korman, J eff M raczkowski, M onick O jofruto, Joe Singewald, Chuck Solberg, W ill S warson, J ason T rebes and Elaine Waldorfs. Gallery hours are Monday to Friday, 10 a.m.-4 p.m. and Saturday, noon-4 p.m.

Vendor Expo at Central Lutheran Central Lutheran School, 775 N. Lexington Parkway, will host its second annual Vendor Expo on Saturday, Nov. 22, 10 a.m.-3 p.m. The expo will include a variety of handmade items from local vendors. Questions? Call Jill at 651-645-8649.

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SAVE THE DATE December 4, 2014 from 6:30PM – 8:30PM Location – St. Anthony Park Elementary School

2ND ANNUAL STATE OF THE CITY EVENT INCLUDES Non-profit Information Fair - Find out how our local non-profits are helping keep St. Anthony Park strong. Foundation update - 2014 recap, officer & board introductions Preparing for the Best: Demographics, Designs and Development. A panel of experts will discuss current trends and neighborhood needs.