Madcap Merrinerit.

Our holiday shopping and fun guide starts on page 11



#### We need you!

It's that time of year: Please give to the Bugle fund drive and support your awardwinning, nonprofit community resource.

#### Page 4



#### What's cooking?

We asked a few of our local chefs to share their favorite family holiday recipes—our gift to you.

#### **Pages 9-10**



Celebrating years of awardwinning, communitysupported news



Lauderdale / Como Park

## **Dave Ray Ave**

St. Paul City Council honors 'co-names' portion of Franklin Avenue in St. Anthony Park in honor of influential bluesman Dave Ray

#### By Kyle Mianulli

portion of Franklin Avenue **A**between Berry and Eustis streets in St. Anthony Park will be renamed "Dave Ray Avenue" in honor of the late influential bluesman known to his fans as Dave "Snaker" Ray. Though the official name of the street will remain the same, the Department of Public Works will place appropriate commemorative signage denoting the honorary designation.

The St. Paul City Council passed a resolution Oct. 22 sponsored by City Councilmember Russ Stark to "co-name" the street after Ray, who grew up in the area and later took over his father's insurance company in a house at 2517 Franklin Ave. near the corner of Curfew Street.

The family business played

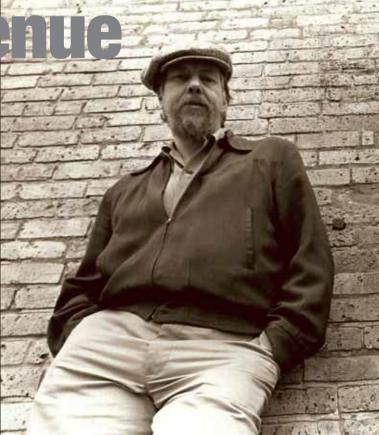
home to many practice sessions with a wide array of local music luminaries, including Tony Glover and "Spider" John Koerner, who Ray often played with as the seminal blues trio Koerner, Ray and Glover.

The trio is lauded as being hugely influential in stretching the folk scene into the emerging rock movement of the late '60s and beyond, with artists like David Bowie and John Lennon, Bonnie Raitt, Lucinda Williams and Beck, citing them as influences.

'We both had very similar tastes in blues, preferring the deep, downhome raw numbers," Glover said in a statement. "After the initial learning-by-rote process we made a point of going for the feel of a song, trying to capture its aura rather than doing a note-by-note cover."

Dave Ray to 6





The late Dave "Snaker" Ray grew up near Berry and Eustis streets in St. Anthony Park. Photo courtesy of Red House Records

## Hampden Park Co-op sounds call to action

Recession, light-rail construction and the closing of Raymond Avenue for construction work have contributed to store's low sales in last several years

#### By Kristal Leebrick

Last summer, Hampden Park Co-op put out a call to action to its members

#### Score!

With graduation looming, a local athlete's epic high school soccer career comes to a close.

Page 17

#### Look who's going to Washington

St. Anthony Park residents Mark and Dave Hansen of Hansen Tree Farm near Cambridge, Minn., sent seven trees to Washington, D.C., on Nov. 5. The trees will be displayed in federal offices and lobbies to complement the Capitol Christmas Tree, which came from the Chippewa National Forest. Minnesota growers are supplying trees to more than 70 government offices, Dave Hansen said. He credits his brother Mark as a key player in organizing the state's participation in the D.C. tree event this year.

to increase sales at the Raymond Avenue food cooperative. General manager Greg Junge says that call appears to have been heeded.

As of Nov. 1, the co-op's sales were 6.5 percent above what they were a year ago, Junge said. Still, the store needs to see a 9 percent increase in sales and earnings by September 2015 to secure an alternative loan to pay back the \$641,750 loan the co-op took out in 2008 to purchase the building at 928 Raymond Ave.

The board's 365-Day Campaign Call to Action listed two pages of strategies aimed at bolstering the financial health of the store. First on the list was to hire a new general manager. Junge stepped into that role on Aug. 4.

Other steps include asking members to donate their discount. Each year, the co-op gives back nearly \$170,000 to its members in the form of a discount. The goal is to reach \$10,000 in donated discounts, Junge says. Members can donate the discount by simply telling the cashier at the time they make their purchase.

The board is also considering decreasing the 15 percent senior citizen discount, as that discount amounted to nearly \$45,000 last year.

Board members were in the store each week in October to talk about the co-op's status with shoppers. Next up: Canvassing the neighborhood to raise awareness of the co-op. Junge wants members to get the word out to friends and neighbors that the co-op needs their business and wants the community to come to Hampden Park to shop for the holidays. The store sells gifts and

Hampden co-op to 6

#### ΙΤΥ F ILE

#### **Como Park**

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway. Contact 651-644-3889 or www.district10comopark.org.

#### Meet Alison Kirgis

District 10's new administrator, Alison Kirgis, traces her passion for community organizing to watching her parents lead an initiative to get sidewalks placed in her suburban Cincinnati, Ohio, community when she was a kid.

Their success showed her that "when a community works together, great improvements can be made," said Kirgis, who joined District 10 on Oct. 27. She takes the place of Ted Blank, who took the position of executive director of the Forest Lake Area Chamber of Commerce.



#### Alison Kirgis

businesses. She is a 2012 graduate of the University of Cincinnati, where she studied international affairs, political science and professional writing.

She gained her community Kirgis moved to St. Paul in organizing experience with Amnesty August from Cincinnati, where she International as Ohio student worked for two years in finance, coordinator and then Ohio legislative specifically working with small coordinator. In those roles she helped

fundraising initiatives, with petitioning campaigns and coordinating meetings with students, community members and their elected officials.

"Como Park is a beautiful and vibrant neighborhood with many amenities," she said. "I want to work to ensure that Como Park residents of all ages have an opportunity to get involved in the community whether it be through our community garden, Sunday Series, attending our committee meetings or through another event or initiative."—Kristal Leebrick

#### District receives recycling grant

A new Community POWER grant from the Solid Waste Management Coordinating Board will help the Como Community Council create an online forum for residents to learn about how to reduce waste and recycle more.

The grant will go toward Como Composts, an online project aimed at educating residents to help reduce the amount of organic waste entering the solid waste stream as well as too much phosphorus leaching from organics in street gutters, which pollutes Como Lake. With this grant, the council hopes to increase neighbors' knowledge of how to compost at home and use Ramsey County yard waste sites as an organics recycling option.

involved in this initiative, contact Frank Dolejsi by email at fdolejsi@comcast.net. To find out more about how to take simple steps to reduce waste, visit RethinkRecycling.com.

#### **Falcon Heights**

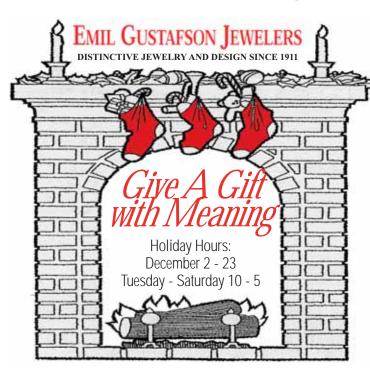
The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpenteur Ave. Contact 651-792-7600 or www.falconheights.org.

#### Film honors Human Rights Day

In honor of Human Rights Day on Dec. 10, the Falcon Heights Human Rights Commission will host a screening and facilitated discussion on the film *Coexist* on Monday, Dec. 8, at 7 p.m. at Falcon Heights City Hall, 2077 W. Larpenteur Ave. *Coexist* tells the stories of survivors learning to cope with trauma and loss in the wake of the 1994 Rwandan genocide, while simultaneously learning to coexist with newly released perpetrators. The event is free and open to the public.

#### After-Thanksgiving yoga detox

Detox after Thanksgiving with a yoga workshop taught by Shaila Cunningham at Falcon Heights City Hall. The workshop will be held 11



Como Avenue / St. Paul /

If you are interested in getting a.m.-1:15 p.m. Saturday, Nov. 29, in the community room at the city hall. Cost is \$20. You can register online at www.falconheights.org.

#### St. Anthony Park

The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at South St. Anthony Recreation Center (SSA), 890 Cromwell Ave. To find when council committees meet, go to www.sapcc.org or call 651-649-5992.



**Cailin Rogers** 

New staff member at District 12 The St. Anthony Park Community Council welcomes Cailin Rogers, who will work as the operations and outreach coordinator. Rogers is a Macalester College graduate and has a degree in political science. She has worked with the Minnesota Women's Consortium, Transit for Livable Communities and MoveMN, and has been a volunteer at Hampden Park Co-op. You can reach her at cailin@sapcc.org.

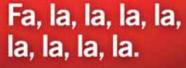
#### Public meeting Nov. 19 on **Raymond Ave. reconstruction**

The City of St. Paul will host a public meeting on the second phase of Raymond Avenue reconstruction on Wednesday, Nov. 19, 6-8 p.m., at Langford Recreation Center, 30 Langford Park. City officials will present the latest plans on the project, the first phase of which was completed last spring with the reconstruction of Raymond Avenue between University and Hampden avenues. Phase II is slated to begin in 2015 and will focus on the section of the road between Hampden Avenue and Energy Park Drive.

Nominations sought for St. Paul







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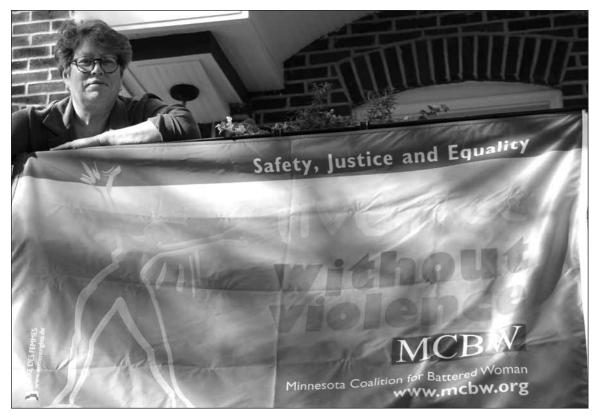
City Files to 16

#### Hidden away since 1930 LAURA INGALLS WILDER Laura Ingalls Wilder's original Pioneer Girl autobiography reveals the true stories of her The And Ehidly PAMELA SMITH HILL pioneering life. Wilder details the Ingalls family's journey through Kansas, Missouri, Wisconsin, Minnesota, Iowa, back to Minnesota, and on to Dakota Territory- sixteen years of travels, unforgettable stories, and the everyday people who became immortal through her fiction. Using additional manuscripts, diaries, and letters, editor Pamela Smith Hill adds valuable context and explores Wilder's growth as a writer.





651-646-5506 / www.micawbers.com / www.micawbers.blogspot.com 2238 Carter Ave., St. Paul - In Milton Square on Carter at Como Hours: M-F 10 a.m. - 8 p.m. / Sat 10 a.m. - 6 p.m. / Sun 11 a.m. - 5 p.m.



Liz Richards, executive director of the Minnesota Coalition for Battered Women, raises the Live Free Without Violence flag to honor people who have been killed due to intimate partner violence. Photo by Kristal Leebrick

## 'Live Free' flags open public conversation on domestic violence

#### By Kristal Leebrick

Liz Richards draped her Live Free Without Violence flag from the brick railings at 97 Langford Park in St. Anthony Park for most of October to honor four people killed in 2014 due to intimate partner violence.

She raised it for two weeks, beginning on Oct. 9, to honor Amelia Analesse Ramirez and Amber Elena Lechuga. Amelia, a 13-monthold from Cottage Grove, died on March 15 as a result of multiple blunt-force traumatic injuries caused by her father, who admitted during questioning that the night before Amelia died he was upset with the child's mother so he went to the

stomach and in the back of the head. Lechuga, 22, was killed by a gunshot wound to the head on Sept. 25 in Springfield, Minn. Her boyfriend, Miguel Angel Vasquez, has been charged with her murder.

Richards had just taken down the flag when she received word that more than 500 flags, lawn signs and banners would be raised on Oct. 18 to honor 85-year-old Lorraine Swor of Minneapolis, who was killed by her husband in a murder-suicide on Oct. 6. The Minnesota Coalition for Battered Women (MCBW) sent out another press release on Oct. 23, asking people to raise their flags in honor of Angel Linderman, 28, a Lake City woman who was shot to infant's crib and punched her in the death on Sept. 9 by her boyfriend,

who has been charged with felony counts of first-degree intentional homicide, hiding a corpse and possession of a firearm by a felon.

October was national Domestic Violence Awareness Month, but the MCBW wants its Live Free Without Violence public-awareness campaign to keep the conversation about domestic violence going the entire year

Richards, executive director of the MCBW, said the campaign began as a way to connect people throughout the state when someone dies at the hands of an intimate partner.

For more than 30 years, the MCBW has released its annual

Flags to 6

## **SAP** Community Foundation annual meeting set for Dec. 4

As part of its yearlong 15th anniversary celebration, the Saint Anthony Park Community Foundation will host a panel discussion and neighborhood forum on Thursday, Dec. 4, at its second annual State of the Park public meeting and





dining, ample 14' by 26' living room with wood burning fireplace. 2279 Hoyt Ave. W. \$449,900.



nonprofit fair.

The event, titled Preparing for the Best: Demographics, Designs and Development, will be held at St. Anthony Park Elementary School, 2180 Knapp St. Doors will open at 6:30 p.m. to give attendees the opportunity to check out the informational booths of local nonprofit organizations before the program portion begins at 7 p.m.

Jay Schrader, foundation chair, says the event was created to give the community a chance to reconnect once a year with its public institutions and nonprofit service providers. "We wanted to give all these organizations an annual platform to tell their stories to the neighbors they depend on for support," Schrader said. "We also want to get everyone together to hear how they feel about issues that matter to our community. How we prepare a sustainable plan for our future needs to be at the top of everyone's list."

The panel will consist of experts in all three areas mentioned in the event title and there will be updates from our schools, St. Anthony Park Area Seniors' recent Wilder-led community assessment, and from the Energy Resilience Group's Transition Town initiative, winners of the foundation's 15th anniversary grant competition. A representative of the District 12 Community Council will also be on hand to explain the comprehensive planning process required every 10 years by the City of St. Paul.

Jon Schumacher, foundation executive director, says community participation is critical to the success of that plan. "I was around for the last comprehensive planning session and a very small percentage of our population ended up determining our priorities for 10 years," he said. "The world does belong to those who show up, but in order for a plan to have credibility, it has to be approved by more than a few dozen neighbors. This is a way to get people interested from the start."

Finally, the foundation will introduce its new board members and officers.

The annual meeting is free and open to public. St. Anthony Park Elementary School is located at 2180 Knapp Street. Visit sapfoundation.org or contact Jon Schumacher, jon@sapfoundation.org or 651-641-1455, for more information.

Mid-century home designed by Lisl Close features two story atrium. 2014 restoration includes new sky lights, roof, insulation, exterior paint, and poolroom. 1586 Burton \$655,000.

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Editor Kristal Leebrick 651-646-5369 editor@parkbugle.org

**Production Manager** Stephen D. Parker 612-839-8397

**Obituaries Editor** Mary Mergenthal 651-644-1650 mary.mergenthal@gmail.com

> **Delivery problems?** Stephen D. Parker 612-839-8397 editor@parkbugle.org

Subscriptions and billing Fariba Sanikhatam 651-239-0321 fariba@parkbugle.org

Calendar submissions calendar@parkbugle.org

> **Copy Editor Emily King**

Proofreader Christine Elsing

**Display advertising Clare Caffrey** 651-270-5988 clare.caffrey@parkbugle.org

Bradley Max Wolfe 952-393-6814 bradley.wolfe@parkbugle.org

**Classified advertising** 651-239-0321 classifieds@parkbugle.org

#### Next deadline: Dec. 3. The paper will be published on Dec. 16.

The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation. Opinions expressed in the Bugle by the editor, writers and contributors do not necessarily represent the opinions of the board of directors, Park Press, Inc. Copyright 2014, Park Press, Inc. All rights reserved.

### DITORIAL E The Bugle needs your financial support

For more than 40 years, the Park Bugle has been the trusted source of news and information for our neighborhoods. Not only has it won numerous awards for coverage of local news, many of us eagerly await its arrival on our doorstep every month. It's a rare month that I don't learn something new about the people, places, businesses, institutions and history that make our community such a unique place to live and work.

You might not realize that the Bugle is a nonprofit organization that relies on the financial support of our neighbors to continue to serve our community. While advertising revenues cover some costs, donations from our readers form an important part of the funding needed to produce, publish and deliver the paper free to 14,500 homes and businesses and to help beef up our online presence. Many neighborhoods have lost their community newspapers in recent years, so it's more important than ever for each of us to

help sustain this important resource.

Whether you live in Como Park, as I do, or the other neighborhoods the Bugle serves—St. Anthony Park, Falcon Heights and Lauderdale—I hope you will join hundreds of our neighbors in becoming a financial supporter of the Bugle. There is a return envelope inserted with this issue for your donation, or you can visit our website at www.parkbugle.org and click on the "Donate Now" button in the upper right-hand corner to give online.

Together, with your financial support, we're confident that the Bugle can continue to be part of our community conversations in the years ahead.

> Ted W. Blank Fundraising chair, Park Press Inc., publisher of the Park Bugle

## Our advertisers are our community

It's easy to take community assets for granted, and this is the time of year community assets that make your life here just a little more pleasant. when many of those assets are asking for your support. Read Jon Schumacher's commentary below, and then close your eyes and imagine what your community would be without that one business, that one school, that one organization that makes you call your community home.

does need your financial help to continue our mission of being one of those and individuals, this 40-year-old nonprofit newspaper would not exist.

We also ask that you take some time with this issue of the paper and look at every advertisement on these 24 pages and then go out and support those businesses and services—our neighbors—that offer the things you need.

Support the Bugle's advertisers, and thank them for supporting the As Park Bugle board member Ted Blank wrote above, the Bugle really Bugle, because without those community-spirited businesses, organizations

#### M M E N T A R Y **C O**

## Shop local this holiday season. Your neighborhood depends on it

#### By Jon Schumacher

The holidays are coming, and for retailers, especially independents, anticipation is high. As you visit our local stores you will probably notice that the shelves look a little fuller with newer merchandise, their best guess as to what we will want to buy to celebrate the season. I'm not sure of the percentages, but I think it's fair to say the next few months will literally make or break their year.

A recent article in the Star Tribune about one of our local independents, Micawber's Books, shines some light on the challenges of running an independent business make a difference.

navigate the challenging waters and changing times. One of the outcomes of those meetings was to set up a series of Monday night shopping events at Micawber's hosted by various interested neighbors that have proved successful in helping Tom stock up his shelves for the holidays.

Micawber's short-term picture is certainly rosier than it was a month ago, but I don't think we can relax and assume that the crisis is over or that come Jan. 1 the road forward will be obvious and fruitful. Not for Tom and Micawber's and not for the and the power of a community to other retailers, in north or south St. from electronics to answer your Anthony Park.

Bielenberg, to try to help him me the nearest Target is 2.3 miles from my house, so that's about 5 miles round trip. That means you can tack on another \$3 per trip, not to mention the time spent and driving hassles.

> And then there's the service. Target is a fine store and we shop there, but next time you can't find what you want, ask them to order it and see how that works for you. Last time I asked Tom Spriegl at Speedy Market for a different blend of lettuce, it was there the next time I went in.

Or ask the clerk in the Target hardware section who was called over worthy causes. No \_\_\_\_\_ for question about the intricacies of toilet So, when purchasing, think of replacement parts. Steve Garfield over at Noll Hardware on Raymond Avenue will not only get you the right part, he'll draw you a diagram and talk you through the repair. You can find that level of expertise and personal service throughout our district.

Independent retailers know they can never appeal to shoppers who care only about the lowest price. They trust neighbors will understand these wider benefits of buying from people you know by name. No matter where you live in our community, think about what it would be like with no independent retailers.

No running to Bibelot or Peapods for that last-minute gift, or stopping into the Little Wine Shoppe or Sharrett's on your way to a friend's dinner party.

No Speedy gift cards donated to

You fill in the blanks with your

The Park Bugle is published by Park Press, Inc., a 501(c)3 nonprofit organization guided by an elected board of directors.

Currently serving on the board are Grant Abbott, Lynn Abrahamsen, Ted Blank, Emily Blodgett, Betsy Currie, Ann Fendorf, Michael Griffin, Molly MacGregor, John Landree, Bob Milligan, P.J. Pofahl, Glen Skovholt,

Jan Sedgewick and Kathy Wellington.



It described Micawber's efforts to develop a new business plan in the midst of difficult economic times for independent bookstores. It also referenced a group of neighbors supported by the St. Anthony Park Community Foundation that have been meeting with owner, Tom

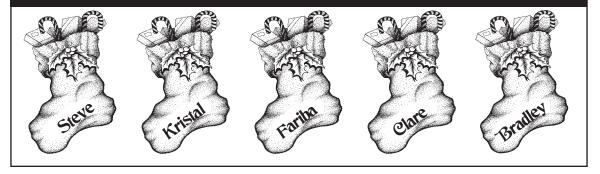
your neighborhood first, then expand your search. And go ahead and do price comparisons, not just of single items but across the board. Don't forget to add the cost of driving, which AAA averages as 60 cents a mile these days. Google tells favorite of the 50-plus independents in our area.

Finally, when it comes to independent retail, once a store goes, it's difficult to get another one like it to take it's place. No matter the circumstances of the failure, the impression left is that the neighborhood will not support that type of store. We've been there and done that.

We are fortunate now to have good stores, good merchants and good business neighbors. Let's support them and help them be the best they can be. I know I wouldn't want to lose any of them.

Jon Schumacher is the executive director of the St. Anthony Park Community Foundation.

Happy holidays from the Bugle staff



#### MMENTARY C Ο

## Everyone's invited to help envision a community roadmap to 2040

#### By Michael Russelle

The year 2015 will be a big one for planning in St. Anthony Park. Our District 12 Community Council will work with neighbors and businesses to develop its 10-year plan, which eventually will become part of a plan for the entire city of St. Paul.

At the same time, because of the wonderful support received from the Saint Anthony Park Community Foundation, Transition Town All St. Anthony Park will be able to develop a roadmap to create a positive, local response to climate change-the most important environmental issue of our time. We hope many will participate: neighbors homeowners, renters, apartment owners, students, businesses, organizations and industry.

Our focus will be threefold. We will search for ways to decrease our "carbon footprint," the root cause of climate change; build resilience against severe weather and power outages; and strengthen social bonds and mutual support among those who live, work, study and worship in the community.

We will explore ways to live away?

more lightly on the Earth and hope to do this artfully and with a sense of joy. We will draw on the wisdom of neighbors of diverse backgrounds, abilities and insights. We are seeking student interns to help develop the plan, communicate its highpoints, run community meetings and learn organizing skills.

Please help us envision the year 2040 in St. Anthony Park. We currently are gathering ideas for Transition Town's first neighborhood-wide meeting in midwinter.

In general terms, of all the energy used in the U.S., individuals control about two-thirds-in housing, food and transportation. Should our goal be for our neighborhood to be 80 percent energy-independent? Should we aim to obtain most of our food from within 25 miles, and possibly even own a nearby farm? Should we plan to decrease the urban "heat island" by 4 degrees in the neighborhood? How about offsetting all our electrical needs with large, community-owned solar arrays or cutting back to only 10 percent of what we now throw

Of course, big goals are achieved in little steps. In the coming year, we'll work with the District 12 Community Council to incorporate short-term steps into the new 10-year plan.

But for now, let's think big! We in St. Anthony Park can make long strides together toward reducing our footprint.

We'll be sharing goals through a Facebook new page (facebook.com/transitionasap) and e-newsletter (Transition an Times-ASAP). To receive the enewsletter, email Mindy Keskinen, mindy.keskinen@comcast.net.

If you have ideas for the 2040 roadmap, or if you would like to help draft it, if you're able to help with the midwinter meeting, if you would like to be a community leader intern or if you have some other thoughts to contribute, email Mimi Jennings at lenandmimi@usfamily.net or write her at 2222 Hillside Ave., St. Paul MN 55108.

Michael Russelle is a longtime resident of St. Anthony Park.

#### Τ L E Τ E R S

#### Days of volunteer-led story time at St. Paul libraries ends

May I express my gratitude to my fellow St. Anthony Parkers for allowing me to work with your small children for the past decade at the St. Anthony Park Library?

Being a past elementary and secondary student, and a teacher and principal at St. Anthony Park School, I was looking for an opportunity to give back something in my retirement years to the library for the service received there throughout my life.

The door was opened to me to serve as a story time volunteer for preschoolers, doing puppet shows and reading stories teamed with

library workers.

During the past decade of well. programming, our team has averaged 40 to 50 patrons every Friday.

This attendance has exceeded any other library in the city, I am told.

We will be ending our presentations in December, as library leaders have decided that volunteers should no longer be allowed to interact with children. Library professionals will assume the responsibility in the future, and I'm sure will do a good job.

I appreciate teaming with wonderful people in the past, including Rose, John, Carla, Susan together. and Deena.

Our children have been served

Tom Foster Tom Foster retired as principal of St. Anthony Park Elementary School in 1999.

#### Childhood injuries revisited

In his column in the November Park Bugle regarding wearing a helmet on the stairs, i.e., child safety, Adam Granger spoke derisively of an M.D. When I worked in the emergency room of a board-certified trauma center it was standard practice to have an injured toe "buddy taped"

Elizabeth Ellis St. Paul



5



### Thank you for supporting the Park Bugle

We thank the following individuals who have already given to our 2014-15 fund drive. This list reflects those who gave up to Nov. 8. We'll publish more donors in the next issue. The Bugle relies on tax-deductible donations to help defray the newspaper's annual operating costs. Our goal this year is to raise \$35,000. You can donate online at www.parkbugle.org. Click the green DONATE NOW button at the top of the page. Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

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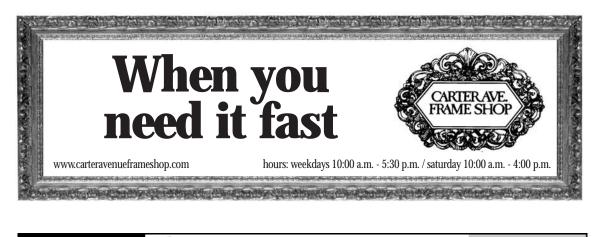
Conveniently located in the Baker Ct Bldg (1 Blk East of 280 at corner of Territorial & Raymond) at 821 Raymond Ave - Ste 310, St Paul 55114.

Call for an appointment **651-999-0123** or visit my website at: www.danbanecpa.com



#### Dave Ray from 1

Ray's raw and authentic style which some say channeled early blues pioneers of the 1920s, '30s and 40s—reverberated throughout the national music scene in the 1960s. He was one of the first white blues artists to study and emulate the early blues legends, which were nearly







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## Lay School of Theology 2014-2015

#### **Revelation**, Faith and the End

Instructor: Eric Barreto, Associate Professor of New Testament Noon-2 p.m.

#### Corinthians

Instructor: Sarah Henrich, Professor Emeritus of New Testament 7-9 p.m. (Webcast available)

forgotten at the time, according to said. "They are part of a very rich Beth Friend of Red House Records.

[Glover] hit the scene, they were performing this music much more people wouldn't know that." authentically than anyone else from Peltoniemi, president of Red House Records, which recently released Legacy, a three-disc homage to Ray that contains 55 previously unreleased and rare tracks. Peltoniemi compiled the box-set along with Glover.

Ray gained national recognition on world stages like the Newport Folk Festival, but closer to home, he was integral in the Dinkytown and West Bank music scene during the folk revival that spawned many music greats, including Bob Dylan.

Ray is remembered as a determinately individualistic personality who approached his craft with singular dedication and Thanksgiving Day in 2002. He had precision. Peltoniemi worked with continued to perform with Ray on a Bob Dylan tribute project called Nod to Bob, for Dylan's 60th birthday in 2001.

"It was really interesting watching him work over that guitar part in the studio—his care and how particular he was about it. I was really impressed by that," Peltoniemi said.

Despite his sweeping influence on the local and national music scenes, Ray has remained relatively underappreciated outside of the elite music circles, according to Friend.

"I think that many times blues musicians don't get their due," she

#### Hampden co-op from 1

personal care items, as well as fresh produce and a complete line of grocery items.

Hampden Park Co-op was founded in 1972 as St. Anthony Park Foods, a nonprofit grocery near the University of Minnesota St. Paul campus, riding a national wave of coop grocery formations serving a growing market for natural foods. In 1979, SAP Foods acquired the Green Grass Grocery, in the co-op's current location, and renamed it SAP Too.

Green Grass rented space from the Odd Fellows fraternal organization, which had owned the building since its construction in 1903.

In the early 1990s, corporate

American musical tradition. Groups "When he and [Koerner] and like the Beatles were influenced by people like Dave Ray, but most

In an effort to give Ray his due, their generation," said Eric both mayors of Minneapolis and St. Paul declared Nov. 9 "Dave Ray Day." To mark the occasion, Red House Records partnered with the Minnesota History Center to produce a sold-out tribute show. Acclaimed artists who played with Ray during his four-decade career performed along with admirers who cite him as a major influence.

Coinciding with the release of the Legacy box-set, the crowd was treated to performances, stories and anecdotes about the artist's life from Koerner, Glover, Charlie Parr, Camile Baudoin of the Radiators and others.

Ray died of cancer at age 59 on characteristic charisma and dedication until only a few weeks before his death.

"His fierce individuality and artistry never declined with time, but increased in depth, nuance and richness every passing year," reads the resolution passed by the St. Paul City Council.

Kyle Mianulli is a Twin Cities freelance writer and frequent contributor to the Park Bugle.

reorganization established Hampden Park Co-op as a cooperative rather than a nonprofit. This means its primary objective is to provide services to members, and it distributes an annual "patronage refund" if income has exceeded expenses. It is governed by a member-elected board. Each member (individual or household) purchases a share for \$30 in order to join the co-op.

Just before the global financial crisis of 2008, Hampden Park Co-op purchased 928 Raymond Ave. from the Odd Fellows. A recession, lightrail construction on University Avenue and the closing of Raymond Avenue for traffic-calming reconstruction in 2013 contributed to the economic downturn at the store.

The Lay School of Theology is a program of informal, non-credit classes taught by seminary professors for anyone who wants to learn more about matters relating to their Christian faith and life.

Mondays, Jan 26-Feb. 23

Lutherans in America: **Beyond the** Alphabet Soup

Instructor: Mark Granquist, Associate Professor of Church History 7-9 p.m.

Fee: \$60 per course; only \$25 for first-time students!

For more information or to register: www.luthersem.edu/layschool, 651-641-3416 or kairos@luthersem.edu

www.luthersem.edu/layschool

Olson Campus Center | 1490 Fulham St. | St. Paul, Minn.



Flags from 3

Femicide Report, which documents domestic violence in Minnesota.

"When we put out information about homicide, people feel awful and hopeless and helpless," Richards said. "The flag campaign is a way for us to try to do something." A homicide in Park Rapids impacts "all of us at some level," she said. The flags "open the door to conversation. It's an easy way to put out an image that says, 'We would love to live in a community where there isn't violence, where this doesn't happen,' and to honor the life that was lost."

Now, the more than 500 individuals and organizations that are part of the flag campaign are notified

whenever there is a domestic violence homicide in Minnesota and are asked to display the flag for one week in memory of the victim and to help raise public awareness of domestic violence in their communities. Richard's condo association joined the campaign in October.

The MCBW sells flags, banners and yard signs at cost and is looking at producing inexpensive window decals to display on vehicles. The coalition will also supply social media images for people to post on their Facebook pages at no cost.

To find out more about the MCBW and how to order a flag, banner or yard sign, go to www.mcbw.org or call the coalition office at 651-646-6177.

LL1016-14

## Forum brings Roseville closer to 'dementia-friendly' action plan

#### By Warren Wolfe

A Roseville group has begun shaping a plan to help the community "dementia friendly," become following a public forum this fall where 53 people offered advice on increase community awareness of what to do.

"We're very happy with the energy and thoughtful ideas that came out of the forum," said Kitty Gogins, who coordinates the Roseville ACT on Alzheimer's volunteer group. "Now we're ready to make some decisions and put together a plan for what actions to take."

Those actions could go in several directions. Among suggestions: Within a year, Roseville might find itself home to a program training scores of residents and business employees as "dementia friends" ready to step forward to help people with Alzheimer's and their families. Or it might see ecumenical religious services for people affected by memory loss, or one or two local nonprofit groups serving as the first place to call for help getting access to memory-care services.

Begun early this year, the ACT on Alzheimer's project was launched by the Roseville Alzheimer's and Dementia Community Action Team as one of its initiatives to help people in the city become more effective neighbors, friends and businesses to cope with the rising number of people with dementia, now estimated at about 750 in Roseville.

Those attending the Oct. 21

forum at the Roseville Community Center suggested that the ACT group focus on three major areas: Increase services for people with dementia and their caregivers; dementia and reduce the stigma surrounding Alzheimer's and similar diseases; and make it easier for anyone to make referrals to helpful resources.

"Most of us want to be helpful for people with Alzheimer's, but we don't always know what to do, what to say," said Colleen Lehn, a realtor based in Vadnais Heights who sells houses in Roseville and other northern suburbs.

"That's true for businesses, too," Lehn said. "Most businesses have customers who may have Alzheimer's or families who are caring for people with dementia. A little training would make me feel more comfortable, more effective."

On average, dementia occurs in one of nine people age 65 and older and one of three 85 and older. In Minnesota, an estimated 95,000 people have Alzheimer's or another form of dementia. That is expected to grow to 110,000 in 10 years as the number of older people continues to swell.

Those numbers convinced a coalition of more than 50 organizations around Minnesota to start the ACT on Alzheimer's project. The growing statewide effort now involves 32 communities taking actions to help communities become more effective in helping those affected by dementia.

The Roseville group conducted a survey of city residents and businesses earlier this year, then developed five areas of potential action and asked for advice on them from those at the October forum.

The advice was to pursue a project in three of the areas, but hold off for now on two others: working to raise business awareness of Alzheimer's and increasing volunteer opportunities. However, the group said both those areas actually might benefit from projects that are being planned.

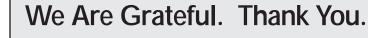
The Roseville ACT on Alzheimer's group received an \$8,000 grant last spring through the Metropolitan Area Agency on Aging (MAAA) to convene and assess the needs of the community. The money came from the Medica Foundation, Blue Plus HMO and the Greater Twin Cities United Way.

By the end of this year, the group will choose between one and three projects for 2015 to help make the community more dementia friendly. In December it will seek an additional \$10,000 grant from MAAA to help fund the work.

Warren Wolfe wrote about aging issues for 21 years at the Star Tribune. He retired last year. He and his wife, Sheryl Fairbanks, helped care for their four parents, two with dementia, and have been active in the Roseville ACT on Alzheimer's project.







Saint Anthony Park Area Seniors (SAPAS) Board wishes to extend heartfelt thanks to our many supporters who enthusiastically stepped up in 2014.

To all the Participants in our Focus Groups and Forum who shared time and insights

To all of the Seniors who use our services and participate in our activities

To all of the Caregivers who are caring for our most vulnerable neighbors

To all of the Volunteers who donate their precious time and energy

To all of the Donors who support our work with their treasure

To our mighty Staff of three who work with love and compassion

To local Businesses, Churches and Community Partners who support us with finances, know-how, service, and space

- Cub Scouts
- Junior Girl Scouts
- Lauderdale City Hall
- Luther Seminary
- Meals on Wheels
- Peace Lutheran Church
- SAP Library

- Senior Leisure Center Speedy Market
- Sunrise Banks

SAP Lutheran Church

SAP United Church of Christ

SAP United Methodist Church

St. Matthew's Episcopal Church



Bart Fischer, Falcon Heights city administrator, left, and Michael Poeschl, fire chief, show off the city's new ladder truck. Photo by Roger Bergerson

#### New fire rig to serve Falcon Heights, Lauderdale

The Falcon Heights Fire Department recently took delivery on a highcapability replacement for its aging ladder truck.

City officials used \$715,000 in bonding to finance the new fire truck, purchased from a custom manufacturer in Appleton, Wis.

"We're going to be much betterprepared to respond to both rescue and fire calls," said Michael Poeschl, the city's fire chief. "The new truck operates more smoothly, will be more reliable, can carry an additional firefighter and will reach about two stories higher than the old truck."

Poeschl, a 13-year veteran of the department, recently was named to succeed Clem Kurhajetz, who retired after nearly 30 years of service. Falcon Heights fire also serves Lauderdale. — Roger Bergerson

To our generous Foundations who support our work

- Allina Charitable Contributions Committee
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- Otto Bremer Foundation
- Hubbard Broadcasting Foundation
- St. Anthony Park Community Foundation
- Stevens Square Foundation

To our partner The Wilder Foundation for guidance and education To our health provider Recover Health for dedication and expertise

SAPAS Board wishes the joy of the season to all.









2278 Como Avenue / St. Paul

## Black Bear Crossings offers free Thanksgiving dinner one last time

#### By Alex Lodner

It has always been about community for David and Pam Glass, owners of Black Bear Crossings on Como Lake, especially around the holidays.

Growing up surrounded by extended family, David's home was filled with loved ones on holidays. His parents took care of others, he recalls, their home often overflowing with friends and family, especially on Thanksgiving.

"Growing up with Native American values, we were taught to give," he said. When his mother died in 2006, the Glasses decided to honor those values by providing a free Thanksgiving meal to anyone in need of a helping hand or a friendly face.

"We had never opened (Black Bear Crossings) on Thanksgiving," he said. "We believe it is a time to be with loved ones. After my mother died, we decided that if we were going to open on Thanksgiving, we were going to do it our way, by giving. Thanksgiving became a way of living the values instilled by my parents to give back."

On that first Thanksgiving, David and Pam weren't sure what to expect, but they found folks were looking for companionship, not just food.

"It wasn't all about financial necessity," David said. "We had college students, single people living far from family, lonely elderly. It was about providing community, not just food."

Although Black Bear Crossings is slated to close its doors on Nov. 30, the couple will offer a free Thanksgiving meal one last time on Thursday, Nov. 27. This will be the ninth year that the Glasses, along with a slew of eager volunteers, have



Black Bear has never had a problem getting volunteers to help with the annual free Thanksgiving dinner.

offered a traditional Thanksgiving meal to anyone who would like to join them. There will be plenty of turkey, wild-rice apple dressing, veggies and, of course, pie.

Even folks out for a walk around the lake, possibly working off their own holiday feast, will be welcome for coffee and pie.

"We've never had to turn anyone away," David said. Except volunteers.

Every year Black Bear gets more volunteers for Thanksgiving than they can use. "So many people want to help," David said.

One volunteer group is particularly close to Pam's heart. Every year she visits a juvenile detention center in Jordan, Minn., with one of David's cousins. They volunteer with the youth the day before Thanksgiving, and the next day, a group of kids makes the journey to St. Paul and pays it forward.

"They help out in any way they can. They visit with the elderly people, they clean up, they work hard. We send them home with pies," David said.

This year the dinner will be extended by an hour, and will be served from noon to 3 p.m. Accordion player Dan "Daddy Squeeze" Newton will donate his time to entertain the crowd, as he has in the past. The Glasses are looking forward to seeing old friends and making new ones.

"We've really enjoyed these dinners," David said. "It's been so gratifying to work hand-in-hand with the community."

#### Free Thanksgiving meal

Thursday, Nov. 27 noon-3 p.m. Black Bear Crossings Como Lakeside Pavilion 1360 N. Lexington Parkway 651-488-4920

## Local Boy Scout troop founder inducted into Founders Hall

#### By Michelle Christianson

Every year, the North Star Museum of Boy Scouting and Girl Scouting (which contains historic information and displays from scouting in and around Minnesota) inducts six community members into its Founders Hall. This year, one of the honorees was James "Dad" Drew, the founder and first scoutmaster for Troop 17 in St. Anthony Park. The ceremony took place at the museum on Nov. 1, and was attended by nearly 75 people, including current scout leaders Mike Smith, Clay Helmer, Chris Jacobsen, Dean Schafer and Mark Hansen, as well as four current scouts-Nick Jacobsen, Ben Schafer, Ethan Helmer and Liam Anderson-who lead the flag ceremony at the opening. Drew





was honored in the category of Founder, defined as "a visionary

Boy Scouts to 16

James "Dad" Drew teaches early Boy Scouts how to tie knots. Drew started and was the leader of the first Boy Scout troop in St. Anthony Park from 1916 to 1926.

## Favorite family recipes

We asked a few local chefs and restaurant owners what they like to cook this time of year

#### **By Alex Lodner**

uring the winter months, holidays take center stage for most families. They get us through the darker days and longer nights, and give us something to look forward to. Living in Minnesota during the six—OK, eight—months of winter can be grueling, but nothing makes winter more tolerable than getting together with family and friends, sharing a glass of wine and some great conversation, and stuffing ourselves silly.

In our neck of the frozen woods, we are fortunate to have several stellar food establishments that welcome residents in from the cold with steaming bowls of soup or luscious desserts that make you almost forget the 12 feet of snow outside.

Ever wondered what the chefs at your favorite local eatery like to whip up for their families during the holidays? Here, a few local purveyors share their favorite holiday recipes and why they love it.

#### Italian stuffed shells

Elizabeth Tinucci, partner owner Colossal Café, 2315 Como Ave.

A favorite family recipe for the Tinucci family, owners of the Colossal Café, is the simple yet elegant Italian stuffed shells. This recipe is fun to make together as a family, or easy to prepare ahead for a quick weeknight dinner, according to owner Elizabeth Tinucci.

#### Makes 30 shells.

- 30 jumbo pasta shells
- 1/2 cup butter
- 1/2 cup chopped onion
- 2 cloves minced garlic
- 2 lb. ground Italian sausage, mild or spicy
- 4 lb. fresh spinach, blanched and chopped
- 1 cup ricotta cheese

#### Chocolate mascarpone-filled pizzelles

Tim Cheesebrow, owner

Underground Music Café, 1579 N. Hamline Ave.

Krumkaker, Norwegian cookies made popular in the Midwest by Norwegian immigrant descendants, are traditionally made in preparation for Christmas as a light dessert after the traditional Christmas Eve dinner. Underground Music Café's owner Tim Cheesebrow has perfected the Italian version, called Pizzelles, and likes to share this gorgeous chocolate mascarpone version with friends. You will need a special tool to make these: a pizzelle maker.

#### Makes 2-3 dozen pizzelles.

- 3 large eggs
- 3/4 cup sugar
- 1 stick unsalted butter, melted and cooled
- 1 Tbsp. vanilla extract
- 1 3/4 cups of flour
- 2 tsp. baking powder

- 4 eggs
- 2 Tbsp. salt
- Parmesan cheese
- Mozzarella cheese
- 16 oz. tomato sauce (homemade or quality purchased marinara)

#### Filling

Sauté butter, onion and garlic. Add ground Italian sausage and brown, then remove from heat. Add spinach, ricotta cheese, eggs and salt.

Cook and drain pasta shells according to package instructions. Fill each shell with heaping tablespoons of filling. Place in buttered casserole dish. Pour tomato sauce over shells. Sprinkle with shredded parmesan and mozzarella cheeses. Bake at 350 degrees for 30 minutes. These stuffed shells freeze well. Prepare as directed;

you may freeze them completely assembled or leave off the sauce and cheese and add those later.

Cream eggs and sugar in a mixing bowl. Add butter and vanilla extract. Stir in flour and baking powder. Bake 1 Tbsp. per mold in pizzelle maker until golden brown, about 45 seconds, then remove. While they are still hot, quickly bend them into a cone shape and cool on rack.

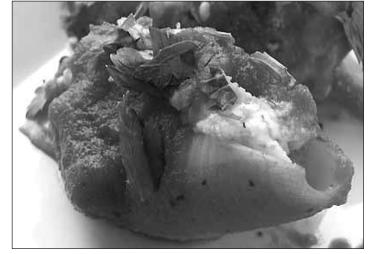
#### Chocolate mascarpone filling

- 2 cups Mascarpone cheese
- 1 cup dark chocolate chips
- 1/2 cup heavy whipping cream
- Pinch of salt
- Sweetened coconut flakes

Heat chocolate chips in a microwave-safe bowl with cream until just melted; be careful not to burn the chocolate. Add the cheese and pinch of salt and blend carefully.

After the pizzelles have cooled, fill each with a generous scoop of filling and sprinkle with sweetened coconut flakes. If you're feeling really adventurous, take the rest of the cream, add some powdered sugar and whisk vigorously to form fresh whipped cream. Add cinnamon or espresso powder and top your pizzelle with a dollop of flavored whipped cream.





Pat Trotter, owner Trotter's Café, 232 Cleveland Ave. N.

The good folks at Trotter's Cafe have been serving these addictive sweet rolls for more than 25 years. In the early years, owners Pat and Dick Trotter would close up shop over New Year's and head up north with their young son to Camp du Nord, taking with them frozen unbaked maple caramel rolls from Trotter's. On New Year's Day they would bake the rolls for a sweet start to the New Year.

The restaurant no longer closes on New Year's Day, thanks to dedicated staff, but Pam and Dick still go up north with their extended family, and everyone still enjoys those warm caramel rolls fresh out of the oven each Jan. 1.

Makes 1 dozen rolls.

#### Dough • 6 Tbsp. warm water • 1 Tbsp. yeast

- 6 Tbsp. sugar • 3/4 cup milk
- 2 eggs
- 1 tsp. salt
- 3 1/4 cups white flour
- 1/2 cup wheat flour

Mix yeast with warm water (95-105 degrees) and wait until yeast begins to activate. While waiting, heat milk. Add beaten eggs, butter and sugar to the warm milk (milk should be 95-105 degrees). Add milk mixture and then flours to the yeast. You can knead by hand or with a standing mixer. Knead 5 minutes. Place in greased bowl and cover. Let rise until doubles in size, 15 to 20 minutes or longer, depending on the temperature in your kitchen.

#### Maple smear

• 4 oz. butter

- 1/2 cup brown sugar
- 2 Tbsp. pure maple syrup

Whip all together until smooth.

Chefs' favorite family recipes to 10



Chefs' favorite family recipes from 9

#### Filling

- 3/4 cup pecan halves
- 1 Tbsp. butter, softened
- 1/2 cup brown sugar

Place maple smear in the bottom of a 9x13-inch pan. Top with pecan halves. Roll out dough into a 9x12-inch rectangle. Spread butter and brown sugar on dough and roll up.

Slice into 12 rolls and place in pan. Let rise again until rolls double in size. Bake at 350 degrees for about 20-25 minutes.

Caramel should be bubbling. Invert immediately onto a platter.



#### Grandma's custard pie

Christine Finnegan, owner Como Park Grill, 1341 Pascal St. N.

When Como Park Grill owner Christine Finnegan bought her first home, her grandmother gave her the recipe to Finnegan's favorite childhood pie. Her grandmother made the pie for special occasions or holidays and insisted that the secret to a perfect pie was to use a ceramic pie pan instead of metal or glass.

"The paper she hand-wrote the recipe on years ago is torn and tattered," Finnegan said. "But I couldn't bring myself to rewrite it so I laminated it. I hope it lasts another 25 years."

This Thanksgiving, Finnegan plans to make this special dessert for her dad. "The best part is that it doesn't refrigerate well so you have to eat the entire pie in one day," she explained. "What a shame!"

#### Crust

- 1 2/3 cup graham crackers crushed fine
- 3 Tbsp. brown sugar
- 1/2 cup melted butter

Mix together ingredients. Save 3 Tbsp. for topping. Pat the remainder into pie pan. Bake at 350 degrees for 8 minutes. Cool.

#### Custard

- 3/4 cup sugar
- 3 Tbsp. flour • 2 cup half & half
- 1 tsp. vanilla
- 3 egg yolks (keep whites for meringue topping)

Mix sugar and flour together then stir in egg yolks. Heat half & half in double boiler, then just before boiling, add the sugar, flour and egg mixture slowly to the hot cream. Stir consistently to avoid lumps. Cook until it thickens and coats the back of the spoon.

Remove from heat, add vanilla and pour into the pie shell. Let stand to cool down.

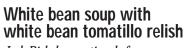
#### Meringue topping

• 3 egg whites

• 2 Tbsp. sugar

Beat egg white (from 3 eggs) until stiff. Add sugar and beat again until peaks are formed. Spread the meringue gently over custard (meringue will be about 1 to  $1 \frac{1}{2}$ inches thick). Sprinkle reserved 3 Tbsp. of graham cracker mixture over the top. Bake pie at 325 degrees for 25 minutes until

meringue is golden brown. Serve cool.



Jack Riebel, executive chef Paddy Shack, 1013 Front Ave.

Soup has always been a staple in Jack Riebel's family. One of his fondest childhood memories is the Christmas time trek to his grandparents' home in Redwood Falls, Minn., where his grandmother would have lunch prepared upon their arrival. The family would enjoy a relish tray complete with homemade pickles, followed by bean and ham soup, his grandpa's favorite. There was always enough food for all who made the journey, and for anyone who might stop by unannounced.

"As a chef I have continued this tradition for the love of soup, not just for my personal love, but the nourishment of others," said Riebel. "This type of hospitality stays with me today. As a chef I make sure there is always enough food. A tradition endowed onto me and one I am happy to pass on, one pot of soup at a time."

#### Soup

• 2 lb. white beans, soaked overnight

- 2 Tbsp. sherry vinegar
- Salt and black pepper
- Favorite hot sauce, optional

In a large pot, sauté onion, celery and garlic in the bacon fat. Add beans, ham hock, bay leaf and sherry vinegar and cover with water. Cook until done, 2 to 2 1/2 hours, or until beans are tender.

Remove ham hock and 1 cup of beans and reserve for relish. Blend remaining soup with immersion blender or transfer to a blender. Season with salt and pepper to taste. Add hot sauce if you like.

#### Relish

- 1 cup reserved cooked white beans and ham hock meat
- 1/2 cup tomatillos, diced small
- 4 pieces of scallion, sliced small
- 1 small clove garlic, minced
- 1 Tbsp. sherry vinegar
- 1 Tbsp. virgin olive oil
- Salt and black pepper
- Hot sauce, optional

In a bowl place reserved beans and pulled meat from ham hock, mix in other ingredients and stir to combine. Season aggressively, using salt and cracked pepper and hot sauce if desired. To prepare, warm your favorite soup bowls, add the bean soup and garnish with a heaping spoonful of the bean relish. Serve hot with saltine crackers or crusty bread and butter.



- 1 ham hock
- 2 cups onions, sliced
- 1 stalk celery, sliced
- 2 cloves garlic, mashed
- 2 Tbsp. bacon fat or lard
- 1 bay leaf



#### Potato pancakes

Matthew Ellison, executive chef Muffuletta in the Park, 2260 Como Ave.

Makes about 10 pancakes.

As a young child, Matt Ellison spent many hours in the kitchen with his Polish grandmother as she made potato pancakes for the holidays. She always kept the recipe very simple since that was all she could afford, Ellison explained, but he suggests adding fresh herbs like thyme, a kicky whole-grain mustard or even parmesan cheese to spruce up the dish a bit. With a timeless recipe like this, the possibilities are endless.

- 1 and 3/4 cups strained, dried grated russet potatoes
- 2 eggs
- 1 cup flour (more might be needed, depending on the moisture in the potato)
- Salt and pepper to taste
- Canola oil

Grate the potatoes and place in a strainer to let the water drain out. Press on them a few times to dry them as much as possible. Mix together the potato, egg, and flour. Adjust flour until the batter looks thick enough to hold together. Form into patties about 5-6 inches around and 1/4 inch thick.

Get a tray ready and fry the pancakes two or three at a time in canola oil until golden brown on both sides.

# Madcap Mærrimærit. all morith lorig 2900

## Your guide to festive fun in Bugleland

THE SEASON OF FUN BEGINS just before Thanksgiving, when Falcon Heights ballet school Pas de Deux brings the Nutcracker to the St. Paul Student Center, 2017 Buford Ave., on Saturday, Nov. 22, at 2:30 p.m. and 6 p.m. The performance will feature many local dancers. Tickets are \$10 in advance or \$15 at the door. You can find out more at the studio's webpage, www.pasdedeuxdance.com/nutcracker-performance.html.

**SHOP THE BLOCK** at Raymond and University for the second annual Block Friday and Small Business Saturday extravaganza, Nov. 28 and 29. Junk Love will host an artist sale Friday, 1-6 p.m., and Saturday, noon-3 p.m.; shop owners say their stores will be full of merchandise; and eateries will have food specials. Just west on University Avenue, MidModMen is promising warm apple cider and holiday cookies and 25 percent off all vintage glassware, barware, framed art, and glass, wood and pottery décor. Urban Growler will open at 11 a.m. that day and is offering a free growler with the purchase of \$100 in merchandise or gift cards.

**THE SIBIRICA BOUTIQUE**, a benefit for the charter school Laura Jeffreys Academy in St. Paul, will be held Friday-Sunday, Nov. 28-30, and Saturday and Sunday, Dec. 6-7, 10 a.m.-6 p.m. each day at 966 N. Oxford St. in Como Park. Artists and crafters will be selling hand-painted silk scarves, jewelry, whimsical toys and accessories, herbal bath products, upcycled ornaments and décor, indie kids' books and recordings of local musicians.

SANTA'S EVERYWHERE, MAN: He'll pose for photographs with Mrs. Claus at Sunrise Bank on Como Avenue, 9 a.m.noon on Saturday, Dec. 6 (and he's bringing reindeer with him). He'll be hanging out at Milton Square later that day at 4:30 p.m. and will light the tree in the courtyard at 5 p.m.

St. Paul Parks and Recreation will host a dinner with Santa and Mrs. Claus on Friday, Dec. 5, from 5:30-7 p.m. at Langford Park Recreation Center, 30 Langford Park. The event will include a spaghetti dinner, a craft project, cookie decorating and face-painting. Cost is \$5 per person. Register at any St. Paul recreation center or call 651-298-5765. Register online at www.stpaul.gov/parks.

Tots age 1-4 can meet Santa at a free holiday party on Tuesday, Dec. 9, 10-11:30 a.m. at Langford Recreation Center, 30 Langford Park. The party will include gym time, refreshments, a craft project and a visit with the jolly guy.

Santa and his friend Christmas Carol will hold an evening of storytelling for children at Micawber's Books at Milton Square, on Tuesday, Dec. 9, 6-7 p.m.

Madcap merriment to 12

SHOP HOME FOR THE HOLIDAYS SUPPORT ST ANTHONY PARK'S RETAIL COMMUNITY ♦ Friendly merchants ♦ Unique offerings ♦ Convenient parking ♦

#### JOIN YOUR NEIGHBORS TO KICK OFF THE SEASON SATURDAY, DECEMBER 6, 9:30-5:00

SUNRISE BANK COMO AVENUE Santa and Reindeer sleigh rides, 9:00-Noon

MILTON SQUARE + Visit with Santa and Christmas Carol-4:30 + Tree Lighting in courtyard with Santa-5:00

#### SHOP NORTH

Acupuncture with Cadance The Bibelot Shop Carter Avenue Frame Shop Como Raymond BP Como Rose Travel Complexions on Carter Emil Gustafson Jeweler eyedeals Luther Seminary Gift Shop Micawber's Books Peapods Natural Toys Thistle

#### WINE & DINE NORTH Bruegger's Bagels Dunn Bros Coffee

Colossal Cafe

Finnish Bistro

Lady Elegant's Tea Room

the little wine shoppe

Lori's Coffee

Mim's Café

Muffuletta

Pho '79

SHOP SOUTH Agharta Records

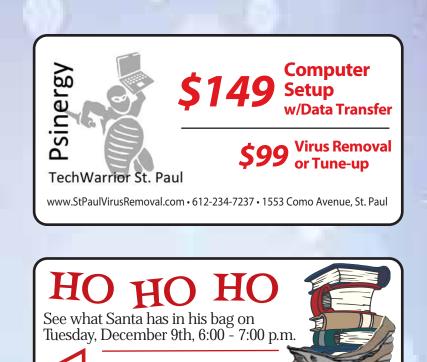
Barely Bros. Records Classic Retro@Pete's Hampden Park Co-op J Ring Glass Junk Love MidModMen+friends Noll Hardware Shag Succotash **Twin Cities Reptiles** 

#### WINE & DINE SOUTH

Bang Brewery Bonnie's Café Caffé Biaggio Chocolat Celeste The Dubliner Pub Dunn Bros Coffee Egg & I Foxy Falafel Keys Sharrett's Liquors Urban Growler Brewery

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2238 Carter Ave., St. Paul – In Milton Square on Carter at Como Hours: M-F 10 a.m. - 8 p.m. / Sat 10 a.m. - 6 p.m. / Sun 11 a.m. - 5 p.m.



Nadcap N

Madcap merriment from 11

**SHOP HOME FOR THE HOLIDAYS,** St. Anthony Park's annual celebration of local businesses, will be held Saturday, Dec. 6, with merchant specials; reindeerpulled sleigh rides and Santa photo-ops at Sunrise Bank, 9 a.m.-noon; cookie decorating at Tim & Tom's Speedy Market, 2310 Como Ave., 10 a.m.-2 p.m.; a wine tasting at the Little Wine Shoppe, 2236 Carter Ave., 1-4 p.m.; an open house at Complexions on Carter in Milton Square; and a raffle for a gift basket filled with Milton Square merchant gifts. You can put your name in for the raffle at the Best Holiday Sale Ever! in the lower level of Milton Square that Saturday.

Thistle will have a raffle for Miss Mustard Seed Milk Paint classes taught by Thistle owner Heather O'Malley in the Milton Square shop, located right at the corner of Carter and Como avenues. Peapods Natural Toys, 2290 Como Ave., is offering a free canvas shopping bag with any purchase that day.

**THE BEST HOLIDAY SALE EVER!** will be held two days, Saturday, Dec. 6, 10 a.m.-5 p.m., and Sunday, Dec. 7, noon-3 p.m., in the lower level of Milton Square. Local artists will sell handmade hats and purses; pottery; whimsical light-switch plates; flower fairies; gourmet cookies, granola and holiday trail mix; Christmas ornaments; stationery; jewelry; accessories; home décor; quirky photos; greeting cards; hand-printed tea towels; felted tapestries, vessels and woolen creatures; garishly cute monsters; and a lot of surprises. A raffle for a gift basket from Milton Square merchants will be held at the end of the day on Saturday.

**LEARN TO MAKE YARN DOLLS.** Gibbs Museum of Pioneer and Dakota Life will host a free children's yarn doll workshop on Saturday and Sunday, Dec. 6 and 7, in the former Bungalow Pottery store in the lower level of Milton Square. Saturday hours are noon-2 p.m. and Sunday hours are 1-2:30 p.m.



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10 a.m. - 1 p.m., and try their hand at cookie decorating. Sprinkles and frosting provided. Previous experience not required.



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## errinerit &

**BLUE HOUSE BOUTIQUE:** Check out this unique boutique on Saturday, Dec. 6, 9 a.m.-3 p.m., and Sunday, Dec. 7, 9 a.m.-1 p.m., at St. Matthew's Episcopal Church, 2136 Carter Ave. The boutique is a major fundraiser for the Blue House, an orphanage in Uganda that was started by the late Beatrice Garubanda, a native of Uganda who had lived in St. Anthony Park. Saturday's sale features a homemade lunch (from 11 a.m. to 1 p.m.), coffee and pastries.

The sale will include gourmet goodies, a Christmas shop, pottery, knit accessories, jewelry, purses, fun baby and kid stuff, greeting cards, kitchen items, new African crafts and a raffle for a lace shawl.

**IT'S THAT CHRISTMAS SAUSAGE TIME AGAIN**: Every year Tim Faacks at Tim & Tom's Speedy Market, 2310 Como Ave. W., cranks out more than 2,000 pounds of the Lindquist family's Christmas sausage. He's been mincing meat since just after Halloween and plans to keep the stuff in stock through New Year's Day.

The Christmas sausage comes from a secret recipe handed down to Faacks by the family of Harry Lindquist, a butcher in Minneapolis from the 1920s to the 1960s. Lindquist was the grandfather of St. Anthony Park residents Dave and Mark Hansen, who own Hansen Tree Farm.

**AN ELEGANT HOLIDAY TEA:** Lady Elegant's Tea Room, 2230 Como Ave. in Milton Square in St. Anthony Park, will host a holiday tea with live music and a special Christmas menu on Saturday, Dec. 20, 11 a.m.-4 p.m. To find out more, go to www.ladyelegantstea.com or call the tearoom at 651-645-6676.

**ROCKIN AROUND THE CHRISTMAS** ... record store! Rumor has it Barely Brothers Records, 783 Raymond Ave., will be rocking to live Christmas tunes all day long on Saturday, Dec. 13. The store opens at 10 a.m.



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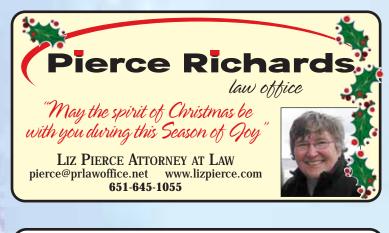
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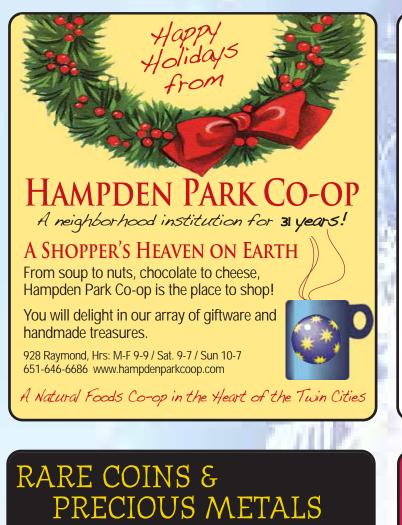
## Madcap Merrinerit.

#### Madcap merriment from 13

A COMO CHRISTMAS TEA: Como Park Zoo and Conservatory continues its three-course holiday tea tradition in the Marjorie McNeely Conservatory's North Garden. The tea will have two seatings, at 11 a.m. and 2 p.m., on Thursday, Dec. 11. Tickets are \$35 per person if reserved before Thanksgiving and \$40 per person after Thanksgiving. Reservations are required. Call 651-487-8250.

**LIVE NATIVITY ON A COLD WINTER'S NIGHT:** Bethel Lutheran Church, 670 W. Wheelock Parkway, will host a live nativity Saturday, Dec. 20, in four 15-minute enactments at 6, 6:30, 7 and 7:30 p.m. The event, which is free to the public, features a retelling of Jesus' birth, the Christmas story, with actors and live sheep, goats and a cow in an outdoor stable setting. Between shows, guests will be invited to pet the animals and enjoy coffee, hot cocoa and cider, cookies and treats.

ALL ABOARD THE NIGHT TRAINS: *Night Trains* is a holiday tradition at the Twin City Model Railroad Museum in Bandana Square, 1021 Bandana Blvd., Suite 222. The show opens Saturday, Nov. 29, and runs every Saturday evening, 6-9 p.m., through Feb. 28. The museum's dozens of model railroad layouts will be displayed with the lights turned down and the buildings and streetlights aglow. Admission is \$10 per person or \$25 for immediate families and \$30 for extended families (maximum of 10 people). Admission is free for children ages 4 and under. Find out more at www.tcmrm.org.



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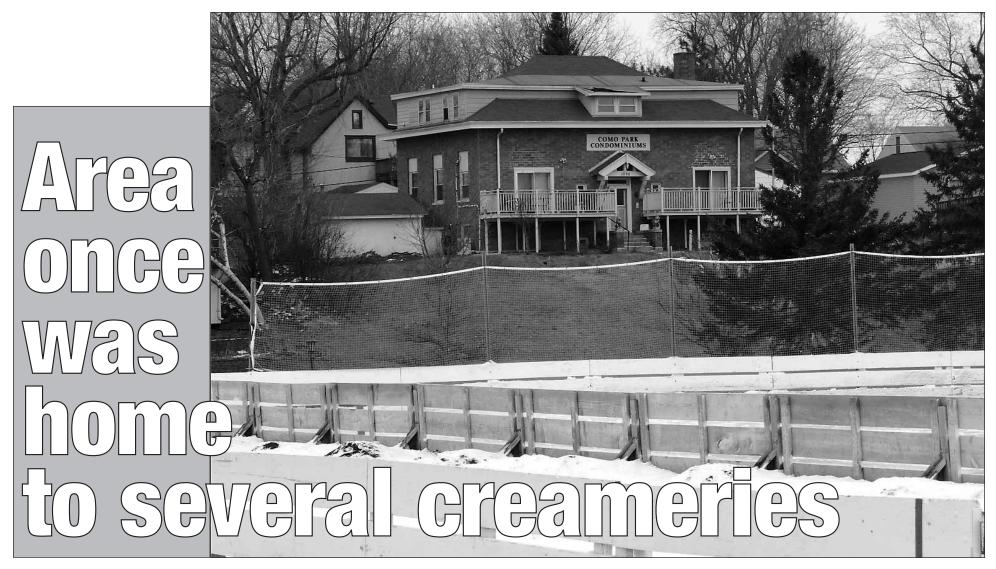
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#### By Roger Bergerson

One hundred years ago, there were several creameries in the Como area and two of the sturdy buildings that housed them are still in use today.

in use today. For example, the Como Park Condominiums at 1098 N. Lexington Parkway, on the hill overlooking the McMurray Fields, were once the site of the Eden Valley Creamery owned by Elov Ericsson. The creamery specialized in supplying cultured cream to butter makers across the region. Ericsson moved to St. Paul from Mankato in about 1915 and built the residence that is now the Como Lake Bed and Breakfast at 1205 W. Como Blvd.

At about the same time, the Midway Creamery was moving into a new building at 1565 W. Como Ave., near Snelling Avenue. Its origins dated back to 1888, when Jens Nelson bought a dairy farm just south of what is now the Minnesota State Fair Coliseum. With a horse and wagon, he began making deliveries in the St. Anthony Park area. The milk was neither pasteurized nor refrigerated, and he decanted it into his customers' pitchers or other containers. Nelson died in 1902 and Hans Gammel and Walter Nielsen took over, developing the Midway Creamery into a full-blown commercial enterprise, complete with a slogan: "The milk with the deep cream line."



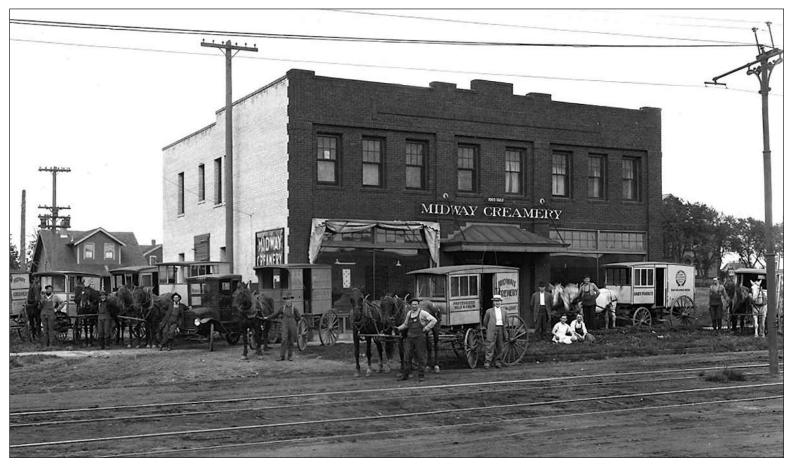
Above: The one-time Eden Valley Creamery on Lexington Parkway is now condominiums. *Photo by Roger Bergerson* 

#### Left:

Midway Creamery horses were stabled on the south side of Como, west of the creamery. *Photo courtesy of John Gammel* 

#### Bottom:

The building that housed the creamery at 1565 W. Como Ave. is now home to several small businesses. *Photo courtesy of John Gammel* 



Bottling had begun at the farm in 1915, but a more modern facility was needed, spurring the move to Como Avenue.

Trucks gradually replaced the horse-drawn wagons, a changeover that was complete in 1934. By this time, Gammel and a brother owned the creamery in partnership with Sanitary Farm Dairies. At its peak, the creamery had 30 delivery routes in St. Paul, Minneapolis and as far north as Lake Johanna.

#### LIV E S Ι E D

The Park Bugle prints obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal at mary.mergenthal@gmail.com or call 651-644-1650.

#### Janet Christianson

Janet Lou Christianson, 95, of St. Anthony Park, died Nov. 8 surrounded by her loving family. She was born in St. Paul to Fred and Clara (Lockman) Heinz on April 22, 1919.

She had two older half-brothers, Harvey and Elmer, from her father's previous, short marriage, who were raised by Fred's sister Josephine. Three other siblings followed Janet: Lorraine, Fred and Mary Lou.

In 1935, times were hard, and at age 16, Janet was asked to leave school to work in her uncle's plumbing shop. Through this she learned skills and earned money to help support her family. Perhaps that was the start of her remarkable ability to always make the best of any situation.

Janet was active at Warrendale Presbyterian Church (Como Park) in the Christian Endeavor program for youth. That grounding in faith became a central part of her life. She was a person of strong faith, reading the Bible daily and praying diligently for her family and those around her. Worship and service in her church, St. Anthony Park Lutheran since 1952, were constants.

In January 1943 she met her husband-to-be, Jim Christianson. While Janet was still living with her family on Kilbourne Avenue, Jim spied her out in the yard while he was visiting her neighbor. They met, a year-long courtship followed, and they were married on March 25, 1944. The next week they moved to Oak Park, Ill., where Jim had just been transferred and promoted to office manager at Consolidated Freightways.

While in Oak Park, three children were born: Susan, Carol and David. In 1952, Jim was moved back to St. Paul be a terminal manager. Jim and Janet bought a house at 1492 Raymond Ave. and Janet lived died. She then lived at the Luther Place Condominiums. In fall 2007, she went into transitional care at Lyngblomsten Care Center, where she lived the rest of her life in various locations.

In the 1950s and early 1960s there was a great need at Children's Home Society to board children while they awaited adoption. Janet, along with several other neighborhood women, met that need. One by one, 22 babies were boarded at the Christianson home for as short as a few weeks to as long as two months. Great care and love were given and her children learned a lot about caring for babies. Janet's love and care continued as she doted on her 10 grandchildren and nine great-grandchildren.

Janet could be called the bionic woman. She had rheumatoid arthritis since an early age and was left with gnarled hands, where no two finger segments pointed in the same direction. She faced detached retinas and corneal transplants at a time where the treatment was not as advanced as it is today. She had both hips (one twice), both shoulders and one knee replaced. In 2007, a severe eve infection damaged the cornea of her right eye, while macular degeneration was taking away sight in her left eye. After two transplants she was seeing again, but soon a stroke to her optic nerve left her blind.

Through all of this Janet accepted her plight and adapted to each situation, finding new ways to do what she wanted and needed to do. Janet was very active in church groups and her local homemakers group. She also enjoyed traveling (such as 25 trips to Guam to visit her daughter Susan and her family), and yes, of course, conversing (a lot). She traveled with daughter Carol to Germany the day after her replaced hip popped out of joint. She always to do things.

She also had a great sense of humor and wit. After years of saying, "If I ever have to go to a nursing home, just shoot me," she spent her last seven years at Lyngblomsten Care Center. Was she bitter and sad? No. She was thankful to the staff and became a friend to staff and residents alike.

At the end of her life, she was somewhat incoherent, but the words "I love you" came out loud and clear, a fitting close to a life of devotion to her children and her God.

Janet was preceded in death by her husband, parents, sister Lorraine Harding, and brothers, Harvey and Elmer Hinz. She is survived by her children, Susan (Charles) Freeman, Carol (Rickard) Malmberg and David (Michelle); 10 grandchildren; nine great-grandchildren; siblings, Fred (Arline) Heinz and Mary Lou (Richard) Sturm; brother-in-law, Al Harding; and many nieces and nephews.

A funeral service was held Nov. 14 at St. Anthony Park Lutheran Church, with interment at Elmhurst Cemetery. Memorials preferred to the church or the Salvation Army Lakewood Corps.

#### Michael Gruttadaurio

Michael Lane "Grutt" Gruttadaurio, 62, of Lauderdale, died Oct. 17 with family and friends by his side.

Mike enjoyed his time on the road, playing cards, watching Vikings and Gopher football on his deck, and he had a special talent for ad-libbing songs and commercials. He was a people person, a social butterfly and a great friend. Best of all, Mike made sure that everyone around him was happy.

He was preceded in death by his parents, Sam and Lorna; brother, Gary; and niece, Gina. He is survived by his wife, Lindsey; nephew and

there until 1991, two years after Jim stayed positive and found new ways godson, John Michael (Nicole); and sister-in-law, Elizabeth.

> His funeral service was held Oct. 24 at Washburn-McReavy Northeast Chapel.

#### Cecilia Lexcen

Cecelia L. Lexcen, 100, formerly of Falcon Heights, died Oct. 8. She was preceded in death by her husband, Al; brother, Harry; and sisters, Helen and Mary. She is survived by sons, Mick (Mary) and Jim (Cheryl); sisters, Dorothy Conley and Kathryn Robertson; six grandchildren; and 11 great-grandchildren.

Mass of Christian Burial was celebrated Oct. 15 at Holy Childhood Catholic Church in Como Park, with interment at Roselawn Cemetery. Memorials preferred to Holy Childhood Catholic Church.

#### **Florence Richards**

Florence (Michel) Richards, of Falcon Heights, died Oct. 28, her 87th birthday, due to complications from Alzheimer's disease.

Flossy loved playing bridge, golf and the piano. She will be remembered for her kindness, positive attitude and strong Catholic faith.

She was preceded in death by her parents, Henry and Mildred Michel; sister, Betty Kronschnabel; granddaughter, Emily Richards; and great-granddaughters, Gemma, Blythe and Elle Miller. She is survived by her husband of 63 years, Herb; children, Suzanne Robinson, Terry (Greg) Alton, Robert (Jean), Cressy Kovich, Tom (Terri), Liz (Steve) Hammer and Henry (Janet); and sister, Mary Poston. She is also survived by 24 grandchildren, eight great-grandchildren, and many nieces, nephews, godchildren and Nov. 9 at Luther Seminary. close friends.

Mass of Christian Burial was

celebrated Nov. 4 at Church of the Assumption in downtown St. Paul, with interment at Resurrection Cemetery.

#### Maxine Rogers

Maxine N. Rogers, 77, of Lauderdale, died Oct. 14. She was preceded in death by sons, William Lynn III and John Wesley, and her parents, Cleamon and Evelyn Howell.

She is survived by her husband of 58 years, Bill; sons, Robert (Barb), Kenneth (Karen) and John (Kristine); seven grandchildren; and brother, Monroe (Dorothy) Howell.

Her funeral service was held Oct. 20 at Emmaus Lutheran Church, Falcon Heights, with interment at Fort Snelling National Cemetery.

#### George Vognar

George William Vognar, 77, of St. Anthony Park, died at home Oct. 27 with his friends and family around him. He was born July 25, 1937.

George was a revered family therapist and the recipient of the Minnesota Association of Marriage and Family Therapy's Distinguished Service Award. A magnetic teacher and beloved mentor, he had a great impact on many people. His humor was unforgettable.

George was the eldest of six, born to Estelle and George Vognar of Chicago. He was preceded in death by his parents and his brother, Robert. He will be fondly remembered by his many nephews and nieces and deeply missed by his wife, Christine Midelfort; two daughters, Helga and Signe; his family; his students; and his colleagues.

His memorial service was held

Boy Scouts from 8

leader who has played a meaningful Minneapolis-area troops in 1910. He boy's training experience at Itasca friend, Andrew Boss, wrote of him, of life and make the best possible out

role in the creation, innovation or direction of [Boy or Girl] Scout institutions over a significant number of years."

James Meddick Drew was born on Feb. 17, 1863, in Rollingstone, Minn. He attended and taught at Cornell University in New York, later returning to his father's farm. His articles on the value of having a forge on a farm caught the attention of the University of Minnesota, and in 1893 he joined the staff of the school of agriculture as an instructor of blacksmithing. He also taught mathematics and poultry raising, later becoming the registrar of the school.

The farm school of the university had strong ties with the earliest scouting programs in the Twin Cities, and Drew became a badge counselor merit for

joined the board of directors of the Hennepin Council in 1913.

Drew lived on Commonwealth Avenue and had developed a special relationship with many of the neighborhood boys, including Gale Frost, Ken Boss and Gerald McKay. The boys asked him to start and lead a neighborhood Boy Scout troop, and in 1916 Troop 69 (quickly changed to Troop 17) was formed. It is the second oldest continuously registered troop in the council today.

Drew led the troop from 1916 to 1924 and was brought back as a committee member from 1942 to 1945, even serving as scoutmaster for a brief time at the age of 82.

Drew served as the first chairman of the Scoutmaster's Association in St. Paul, and connected scouting with the university's desire to hold an older

State Park. This experience was called the University of Scouting (formed in 1918), and Drew was on the faculty of this organization from then until 1943.

At Troop 17's 75th anniversary celebration in 1994, Gale Frost told how Drew had taught the boys not only how to tie many different knots, but how to tie them quickly, helping them to win a citywide competition. He also taught them how to make and shoot a bow and arrow. Upon his death. St. Paul scouts raised funds to dedicate the new archery range at Tomahawk Scout Reservation in his honor. Drew was recognized by both the local council and Region 10 with the Scoutmaster's Key, the Silver Beaver and the Silver Antelope.

When Drew was honored in *The Agrarian* (the yearbook of the university's school of agriculture), his

"While teaching (young men) to tie knots in ropes and shoestrings, he taught them how to untie knots in their minds; while welding iron, to weld thoughts into good deeds; and while splicing rope to take firm hold upon the frayed ends of the strands

of it." His legacy is still important today.

Michelle Christianson is a piano teacher, musician and longtime contributor to the Park Bugle.

#### City Files from 2

#### **Neighborhood Honor Roll**

The St. Anthony Park Community Council is looking for nominations to the St. Paul Neighborhood Honor Roll of people who should be recognized for their outstanding contributions to the neighborhood. Honorees will be treated to a special dinner in January, along with other outstanding community members from neighborhoods across St. Paul. Their names will then join the

names of neighborhood honorees from past years on a plaque hung in St. Paul City Hall.

Do you know someone who regularly goes above and beyond in service to the community? Send the name and a 50-word description of the person's work and contributions to Cailin Rogers, cailin@sapcc.org by Dec. 1. You can nominate up to three residents or St. Anthony Park businesspeople.



Eric Erickson highlights Como Park Senior High School athletics each month in the Bugle.

## Will Kidd's epic Como soccer career concludes

#### By Eric Erickson

St. Paul City All-Conference three times, St. Paul City Conference Player of the Year, two-time All-Metro player, two-time All-State player, two-time member of the all-Pioneer Press team, Mr. Soccer finalist—Will Kidd has collected more individual honors and awards than can be efficiently listed in a newspaper article.

That's fine. Kidd says he cares more about the awards he and his teammates have earned and are displayed in the trophy case at Como Park Senior High School than the personal ones he has received.

In Kidd's four seasons of varsity soccer at Como, his team played in three state tournaments, winning three section championships, two conference championships and one state championship. He was voted captain for both his junior and senior seasons, and teammates, opponents, coaches and fans will testify that Kidd's high energy and work rate is constant. He has a burning passion for the game, and it's contagious his dad to show him the money. within a team.

inspired such hard work? What Will's soccer journey wound its way

has with a soccer ball?

The short answer is the Kidd family, who resides on Doswell Avenue, up the hill from Speedy Market.

Bill and Cari Kidd didn't grow up playing soccer. They liked athletics, and they promoted activity for their children, beginning with Emily (a 2007 Como graduate, now an athletic trainer at the University of Minnesota). Emily's youth sports at Langford Park led to club soccer and frequent trips in the family van to games and tournaments all over the metro. Young Will was always in the van and on the sidelines with a soccer ball, emulating what he saw on the field.

Bill Kidd saw Will's skills progressing and challenged him at age 10. "Juggle the soccer ball 100 times, and I'll give you \$100" is the quote Will recalls. It didn't take long for the determined and competitive towhead to pull off this highly technical skill and show his dad.

Will claims he's still waiting for

From the van rides and the Where did it all begin? What good-natured father-son wagers,

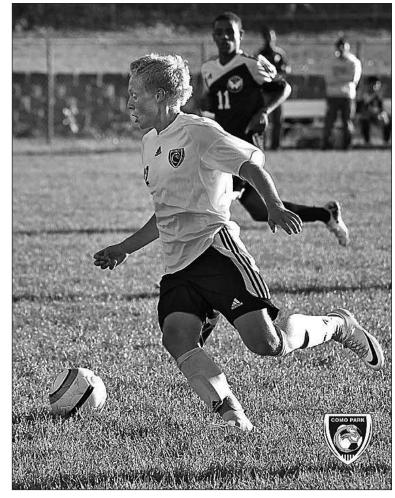
drives him to spend any free time he through Langford Park, local clubs, select teams, elite camps, Murray Middle School and onward to Como, where he ended up at the summit of Minnesota high school soccer.

Will is narrowing down college choices for next year, knowing he wants to study in a math or science field and continue to compete on the soccer field. Coaches from several NCAA D1, D2 and D3 schools have expressed interest, and he's traveled to tour campuses and meet with coaches.

Kidd says he will definitely play soccer-somewhere-and that he'll make a decision in the next few months.

Above and beyond soccer achievements and a bright future, Will Kidd is an unselfish and modest leader, who is adored by the Como Park Senior High School community for being first-class, on and off the field.

Como social studies teacher Eric Erickson coached Will Kidd for his first three varsity seasons at Como, including the 2013 state championship.



Will Kidd led Como Park Senior High School's boys soccer team to historic heights. He plans to continue his soccer career in college after he graduates this spring. Kidd has several NCAA D1, D2 and D3 schools actively recruiting him. Mike Krivit Photography

## Here's a roundup of falls sports at Como Park Senior High School

#### By Eric Erickson

#### **Boys soccer**

First-year head coach Jonah Fields led the Cougars back to the state tournament for a third straight year. Como concluded the season with class in a close quarterfinal loss to Chaska, finishing with a record of 14-5-2. A strong defense secured 11 shutouts, including two over St. Paul Richie Gulner, Erik Hoonsbeen and Trey Clay. Graff received Honorable and Billy Kray.

#### **Cross country**

As reported in last month's Bugle, the The Lady Cougars posted an 8-4 committed training and spirit of the team made for a memorable season. Both the boys and girls teams placed third in the conference meet. Innocent Marwanashyaka and Geleto Roba both placed in the top five out of 40 participants. Sisters Kathleen and Mary Miles duplicated the feat on the girls side, finishing second and fourth, respectively. Academically, the boys team achieved the Gold Award for a team GPA of 3.99, and the girls earned the Silver Award for a team GPA of 3.64.

Flores earned All-Conference, as did Academy. Jenna Krivit, Delilah Wolf and Emily LaCroix-Dalluhn were selected All-Conference, with Bekah Mention, along with Isaiah Wallace Hausman and Elianna Wiersma receiving Honorable Mention.

#### **Girls soccer**

conference record. Coach Steve Cox noted unselfish teamwork was critical to the success, along with solid defensive play led by All-Conference seniors Grace Maruska (goalie) and Ellen Purdy (defender.) All-Conference junior forwards led the offense with 12 goals each. Season highlights included decisive wins over Harding and a buzzer-beater over Johnson with a last-second goal by senior midfielder Celia Commers. The varsity squad dedicated this season to the recovery of MaryHelen Tapio, Como athletics secretary, who is fighting breast cancer.

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Central, and one against top-ranked Minneapolis Washburn in the Section 3A play-offs.

Senior goalkeeper John Wenger, junior defender Ryan Yang and sophomore Tyler Johnson formed the spine of the defense, while Will Kidd tallied 18 goals and 12 assists to lead the attack (see story above).

#### Football

The Cougars football team advanced to the second round of the section play-offs following a gritty 10-6 win over Minneapolis Roosevelt. The St. Paul City season was punctuated with a convincing and memorable 30-6 victory over rival Highland Park.

Coach Kirby Scull credited captains Jacob Graff, Devon Nelson and Isaiah Flores for demonstrating outstanding leadership. Nelson and

#### Volleyball

The Cougars had a solid season and were in the running for the conference championship until the final match. A loss to Highland left the Cougars in second place, with an overall record of 14-7 (10-2 conference). They advanced to the second round of the section play-offs following an impressive opening round triumph over Minnehaha

#### **Girls tennis**

Como's courts were in constant use as practices and matches took place throughout the warm fall weather. The tennis team beat Humboldt and Washington for a 2-4 conference record, and added a nonconference

Como Park sports to 18

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Thank you for your business, I look forward to

serving you in the

future!

## Murray Pilots fall sports round up

#### By Eric Erickson

#### Volleyball

Coach Malcolm Little's volleyball squad won the regular season championship of the St. Paul City Conference with a 10-1 record. After a season-opening loss, the Pilots rattled off 10 straight wins to claim the title. The competition at the top of the conference was intense with Capitol Hill, Highland and Murray playing close matches against each other during the regular season and in the year-end tournament, where Murray finished third. record of 6-2-1. The returning eighth-grade players included Anna Erickson, who led the team in scoring with 13 goals; Gigi Gabrielli, a fierce outside midfielder; goalie Cecilia Wulff; and defenders Celia Olson and Ruby Beckman. The team also featured a strong sixthgrade class of 12 players, including four starters. The girls finished on a roll with a five-game winning streak, while allowing no goals.

#### **Boys soccer**

The Pilots played quality soccer against talented opponents and improved throughout the season evidenced by a three-game winning streak in October. The strong finish propelled the team to an overall mark

of 4 wins and 6 losses. Experienced eighth-graders led the team and set a wonderful example of hard work and commitment for the sixth- and seventh-graders to build on next season.

#### Flag football

Several key returning players from last year's team brought the Murray Pilots Flag Football team to the top tier of the St. Paul City Conference. With a record of 8 wins and 3 losses, including big victories over rivals from Ramsey and Highland Park, the season was very successful. The losses were all close games, with the total point differential of those three games being just nine points.



Twenty-nine middle school girls committed to a successful and fun season that produced an overall

#### Como sports from 17

victory over Fridley. The doubles team of seniors Tessa Portuese and Mackenzie Olson earned All-Conference and advanced in the section tournament by defeating a strong Central team. Junior Emma Hartmann and sophomores Mira Kammueller and Lizzy Larson earned All-Conference Honorable Mention. and sophomore Maggie McGuire won All-Conference awards, and junior Lia Chin-Purcell and

#### **Girls Swimming**

The swim team finished third in the conference. Senior Rachel Williams



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pierce@prlawoffice.net www.lizpierce.com

won All-Conference awards, and junior Lia Chin-Purcell and sophomore Claire Sponheim received Honorable Mention. Rachel also was the winner of the Roger Bosveld Spirit award. This prestigious honor is given to the most outstanding swimmer in the conference based on success in swimming, academics and other sports, as well as community service.

Eric Erickson is a social studies teacher at Como Park Senior High School. He has coached a variety of school and youth sports teams in St. Paul over the last 20 years. Follow twitter @eestp for current school sports news.



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#### **ST. ANTHONY PARK UNITED CHURCH OF CHRIST**

2129 Commonwealth Ave. (corner of Commonwealth and Chelmsford) 651-646-7173 www.sapucc.org 9:15 a.m. Christian education for all ages; 10:30 a.m. worship Pastor: Victoria Wilgocki December 24: 4:00 PM Intergenerational Service; 10:00 PM Candlelight Service *God Is Still Speaking* 

#### **\*** ST. ANTHONY PARK UNITED METHODIST CHURCH

A Reconciling Congregation. All are welcome! www.sapumc.org, 2200 Hillside Ave. (at Como), 651-646-4859 Pastor: Rev. Dr. J. Samuel Subramanian. Sundays: 10 a.m. Worship celebration and Sunday School 11 a.m. Fellowship and refreshments 6:30 p.m. Free young adult dinner in parlor Mondays: 7 p.m. Community Bible study in parlor Sunday, December 28: 10 a.m. only

#### **\* ST. MATTHEW'S EPISCOPAL CHURCH**

- The Rev. Blair A. Pogue
   2136 Carter at Chelmsford
   651-645-3058

   Sundays
   9:15 a.m. Education Hour for all ages

   10:30 a.m. Worship and communion

   7:00 p.m. Night Prayer and 5:30 p.m. Dinner

   Dec. 2
   7:00 p.m. Advent Taize Prayer Service

   Dec. 7-8
   Blue House Boutique handmade, artisanal gifts to support the Girls of Uganda, Saturday, 9 a.m.-3 p.m., Sunday: 9 a.m.-1p.m.
- Dec. 24 4 p.m. Children's Living Creche Service with communion

10 p.m Candlelight Service with full choir and communion

Dec. 25 10:30 a.m Christmas Day service with communion All are Welcome! www.stmatthewsmn.org

To add your church to the directory, contact Bradley Wolfe at 952-393-6814 or bradley.wolfe@parkbugle.org





#### School News

The Bugle welcomes news about students and schools in the area. The deadline for the January issue is Wednesday, Dec. 3. Send your news to editor@parkbugleorg.

#### **Avalon School**

700 Glendale St., 651-649-5495 www.avalonschool.org

#### Avalon presents Macbeth

Avalon School will present *Macbeth* on Friday, Nov. 21, and Saturday, Nov. 22, at 7 p.m. Tickets are \$5 and all are welcome.

#### Chelsea Heights Elementary

1557 Huron St., 651-293-8790 www.chelsea.spps.org

#### Fight against hunger

Chelsea Heights Elementary School is holding a food drive to support Neighborhood House food shelves through Friday, Dec. 12. Families, friends and neighbors are asked to send unexpired, nonperishable, unopened food items to school with students or drop off donations at Chelsea Heights. The classroom that collects the most food items will win a pizza lunch with Principal Jill Gebeke.

#### Como Park Senior High

740 Rose Ave., 651-293-8800 www.comosr.spps.org

#### **Career Day opens doors**

The Academy of Finance hosted Career Day at Como Park Senior High on Nov. 5. More than 35 professionals from 28 businesses ranging from private law firms to Cargill and the FBI spent the morning with students leading sessions and answering questions that related to career and college readiness. They talked to more than 150 students.

#### Link Crew helps freshmen

Como's Link Crew has been hard at work this fall on a number of initiatives and hosted a Halloween party. Link leaders decorated the cafeteria, brought treats and played games with the freshmen participants. Link Crew is a mentoring program designed to help welcome freshmen and make a smooth transition into high school. Link Crew also just wrapped up its winter clothing drive, collecting hundreds of gloves, hats and jackets.

#### Volunteers are welcome at Como

Volunteer tutors enhance student learning and strengthen schoolcommunity relations. Como volunteers work with students individually or in small groups in a variety of content areas, both in the classroom and after school. If you are interested in volunteering one hour a week or more, please contact Maria Cocchiarella at

#### maria.cocchirella@spps.org.

#### Student news

Nate Parsons and Rachel Tetlie of the Como Park Orchestra continue in

#### Murray Middle School

2200 Buford Ave., 651-293-8740 www.murray.spps.org

#### Save the date

Murray's annual Barnes & Noble book fair will be held Thursday, Dec. 4, at HarMar Mall in Roseville. A percentage of all sales—books, food, games, toys and more-will go to Murray Middle School. Friends and relatives can visit bn.com/bookfairs between Dec. 4 and Dec. 9 to support the school online. Enter silent auction. The school appreciates Bookfair ID 11461589 at checkout. all of the local businesses that The Murray Parent Association sponsors this event.



#### A selfie on the voyageur trail

Murray Middle School teacher Tim Chase snapped a photo of the voyageur class at Wolf Ridge environmental learning center on Nov. More than 70 students trekked to the camp in northern Minnesota for a five-day science lesson. Murray has been taking students to Wolf Ridge since the 1970s, when the school was a high school. Students who go are chosen through a lottery system.

process that Murray has had such a rich success in for decades."

#### St. Anthony Park Elementary

2180 Knapp St., 651-293-8735 stanthony.spps.org

#### Thanks for your support

Organizers for the annual St. Anthony Park Elementary School Fall Festival are grateful for all of the community support that helped to make another successful event possible. New this year was a Pumpkin Fun Run for students before the festival started, and the children had a lot of fun, as well as a good dose of exercise. Inside the school, families participated in activities, worked on crafts and enjoyed tasty treats. More than 150 items were up for bidding at the

#### The friendly neighborhood drug store is not a thing of the past!

We're on the verge of a great American Renaissance! We are the ones we have been waiting for. We can change society and our world!





Keystone local food shelf on Arlington Avenue and Rice St. Donations will also be collected during parent-teacher conferences, and community members are invited to drop off any donations in the front office.

the first violin section of the Greater

Twin Cities Youth Symphonies most

advanced ensemble, Symphony,

conducted by Mark Russell Smith. In addition, Parsons is a second-year

member of the All State Orchestra's

original work for Como's school

band that will be performed at the

were awarded the Letter of

Commendation from the National

an Outstanding Participant in the National Achievement Scholarship

Paul youth with Mayor Chris

Coleman at the induction of the new

Front Avenue Skating Park in

October. They were featured in a

story and picture in the Pioneer Press.

The student council is running its

annual Fall Food Drive. Students are

encouraged to bring in nonperishable

food and household items through

the end of November. These

donations will help to support the

Spring Gala Concert in May.

Merit Scholarship Program.

John Proper is composing an

Jacob Graff and Isaac Hamilton

Oladunni Alomaja was named

Como students represented St.

first violins.

Program.

Fall food drive

#### An eclipse party

Oct. 23's partial solar eclipse brought more than 50 Murray Middle School students, parents, staff and some neighbors to College Park in St. Anthony Park to observe the event. Murray's Magnet Science II students had been studying astronomy before the eclipse. Murray science teacher Tim Chase had Sunspotter telescopes on loan from the Science Museum of Minnesota to allow safe viewing of the partial eclipse and help magnify the image so students could see the sun spots as well. Here, students are having fun making shadows along with making eclipse images.

#### Real science

Murray's magnet science students met with Dr. John Ward from the University of Minnesota and several of his graduate students on Oct. 22 to discuss science fair topics, ranging from measuring chlorophyll in plant leaves to extracting DNA. Ward has been reaching out to Murray Middle School students for more than a decade. Students can ask questions via email regarding their literature search, the development of their procedure, as well as getting help in analyzing their data.

Science teacher Tim Chase says, "It's an opportunity for seventh- or eighth-graders to meet a real scientist, discuss real science and develop a good experiment that builds the deep understanding of the scientific

supplied auction items. The Fall Festival is one of the major fundraisers for the St. Anthony Park School Association, which raises money to support and enrich the education of elementary students.

Thanks also to all who donated to SAPSA on Give to the Max day, which was Nov. 13.

#### **Destination ImagiNation begins**

Ten Destination ImagiNation teams have been organized for interested students in grades 3-5. Practice is underway as they prepare for competition in March. Thank you to teacher Nancy Hausman for organizing.

#### School tours, parent Fair

Tours for families interested in St. Anthony Park Elementary School for

School news to 24

We as a nation never came to grips with our history of slavery. It's time to call for a national conference on these past issues and how it affects our future.

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## DECEMBER

Events

Venue information is listed at the end of the calendar. Send your events to calendar@parkbugle.org by Wednesday, Dec. 3, to be included in the January 2015 issue.

#### **2 TUESDAY**

St. Anthony Park Garden Club, "North Carolina Wildflowers," presented by Sara Evans and Chuck Dayton, St. Matthew's Episcopal Church Fellowship Hall. Business meeting, 6:30 p.m.; refreshments, 7 p.m.; program, 7:30-8:30 p.m.

Domestic and international adoption information session, CHLSS, 6-8:30 p.m.

#### **3 WEDNESDAY**

St. Anthony Park Book Club, "Orange is the New Black," by Piper Kerman, St. Anthony Park Library, 6:30-8 p.m.

#### **5 FRIDAY**

Dinner with Santa and Mrs. Claus, Langford Recreation Center, 5:30-7 p.m. \$5, per person. Call 651-298-5765 to register.

#### **6 SATURDAY**

Shop Home for the Holidays in St. Anthony Park. Merchant specials, Santa, and more (see page 11-12 for more information), 9 a.m.- 5 p.m.

Blue House Boutique, St. Matthew's Episcopal Church, 9 a.m.-3 p.m

The Best Holiday Sale Ever!, lower level Milton Square, 10 a.m.-5 p.m.

Tour Korea: Learn about summer travel for Korean adoptees and families, CHLSS, 10:30 a.m.-noon

Chemists in the Library, ages 5 and up, St. Anthony Park Library, 1:30-3:30 p.m.

Matting & framing workshop, two Saturdays, Dec. 6 & 13, 9-11 a.m. Cost is \$70. Register at www.jackinthepulpitstudio.com.

Apollo Male Chorus holiday concert, Jehovah Lutheran Church, 6:30 p.m. Tickets are \$30 with discounts for children and students. Find out more at www.theapolloclub.org.

#### 7 SUNDAY

Blue House Boutique, St. Matthew's Episcopal Church, 9 a.m.-1 p.m.

Best Holiday Sale Ever!, lower level Milton Square, noon-3 p.m.

#### 8 MONDAY

Falconeers Card Club, Falcon Heights City Hall, 1 p.m.

Silent movie screening accompanied by live, original score performed by Dreamland Faces, St. Anthony Park library, 7-8:30 p.m.

Slide presentation on Greek Myth of

#### Persephone and Demeter, hosted by the Theosophical Society, Spirit United Church, 7 p.m. \$10 suggested donation. www.theosophical.org.

#### 9 TUESDAY

Holiday tot party with a visit from Santa, ages 1-4, Langford Recreation center, 10-11:30 a.m.

Store To Door, a local nonprofit providing grocery shopping and delivery services, will train new order takers at its Roseville office to assist clients with grocery orders, 6-7:30 p.m. Contact Carolyn to find out more, 651-209-1856 or volunteers@storetodoor.org.

Adoptive parents group, Minnesota's Waiting Children, for parents who adopted children through Minnesota's foster care system, CHLSS, 6:30-8:30 p.m.

#### **10 WEDNESDAY**

Minnesota's Waiting Children information session, learn about adopting children who live in foster care, CHLSS, 6-8 p.m.

#### **11 THURSDAY**

St Anthony Park Antique Club will meet at 1 p.m. at St Anthony Park Lutheran Church. Dian Clanening will speak on the topic "Crystal Repair." Call Joy at 651 644-8833 for more information.

Adoptive Parents Group, for parents whose adopted children are now adults, CHLSS, 6-8 p.m.

St. Paul Audubon program: Carrol Henderson will talk about birds of Cuba, Fairview Community Center, 7 p.m. Free. Social time begins at 6:45 p.m.

#### **13 SATURDAY**

Adoption information session, CHLSS, 9-11:30 a.m.

#### **15 MONDAY**

Community Sing, Olson Campus Center, Luther Seminary, 6:30 p.m. Free admission. Everyone welcome.

#### **20 SATURDAY**

Live nativity, Bethel Lutheran Church; four free performances: 6, 6:30, 7 and 7:30 p.m.

#### 26 FRIDAY

Co-ed Drum Circle, Women's Drum Center, 6:30 p.m. All levels of experience welcome; \$10 at the door. Drums provided.

#### SENIOR EXERCISE

#### St. Anthony Park Area Seniors:

Tuesdays and Fridays, St. Anthony Park Library, 3-4 p.m.

Wednesdays, St. Anthony Park United Methodist Church, 10:30-11:30 a.m.

Mondays and Thursdays, Lauderdale City Hall, 2-3 p.m.

Como Park/Falcon Heights **Block Nurse Program:** 

Tuesdays and Thursdays, Falcon Heights Town Square Senior Apartments, 9:30-10:30 a.m. and Arbor Pointe Senior Apartment, 11 a.m.-noon

#### **BLOOD PRESSURE CLINICS**

St. Anthony Park Area Seniors:

Wednesdays, St. Anthony Park United Methodist Church, 11:30 a.m.-noon

#### Como Park/Falcon Heights Block Nurse Program:

Third Thursdays, Arbor Pointe Senior Apartments, 10-11 a.m.

Fourth Thursdays, Falcon Heights Town Square Senior Apartments, 11 a.m.-noon

#### VENUE INFORMATION

Arbor Pointe Senior Apartments, 635 Maryland Ave. W.

Bethel Lutheran Church, 670 Wheelock Parkway, 651-488-6681

CHLSS: Children's Home Society & Lutheran Social Services, 1605 Eustis St., 651-255-2355

Fairview Community Center, 1910 W. County Road B, Roseville

Falcon Heights City Hall, 2077 Larpenteur Ave., 651-644-5050

Falcon Heights Town Square Senior Apartments, 1530 Larpenteur Ave.

Jehovah Lutheran Church, 1566 Thomas St., 651-488-6681

Langford Recreation Center, 30 Langford Park, 651-298-5765

Lauderdale City Hall, 1891 Walnut St., 651-631-0300

Milton Square, corner of Carter and Como avenues, St. Anthony Park

Olson Campus Center, 1490 Fulham St.

Luther Seminary, St. Anthony Park Library, 2245 Como Ave., 651-642-0411

Spirit United Church, 3204 Como Ave. S.E., Minneapolis

St. Anthony Park Lutheran Church, 2323 Como Ave., 651-645=0371

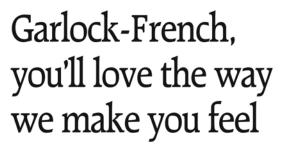
St. Anthony Park United Methodist Church, 2200 Hillside Ave., 651-603-8946

St. Matthew's Episcopal Church, 2136 Carter Ave.

Women's Drum Center, 2242 University Ave. W., www.womensdrumcenter.org

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## Neighbors

Mary Maguire Lerman receives state horticultural society award

Mary Maguire Lerman of St. Anthony Park received the Minnesota State Horticultural Society (MSHS) Life Award at the society's annual awards ceremony Oct. 25 at Bachman's Garden Center in Minneapolis.

Lerman worked for the Minneapolis Park and Recreation Department for 32 years, coordinating gardening efforts throughout the city. She also served on the horticultural society's board of directors for six years, including as board chair in 2013.

Lerman has represented MSHS all over the state, attending garden club meetings and horticulture days, speaking and encouraging others to join MSHS. She has helped maintain the MSHS State Fair garden along with other volunteers from the St. Anthony Park Garden Club. Most recently, her volunteer focus has been with the Garden-in-a-Box program and the St. Paul Midway YMCA Teaching Giving Garden, where MSHS installed 48 garden boxes. Over the summer, Lerman worked with 130 students, teaching them about gardening and nutrition.

#### St. Anthony Park man receives Hamline faculty award

St. Anthony Park resident F. Garvin Davenport was recently honored with the Outstanding Faculty Award by the Hamline University College of Liberal Arts Alumni Association.

Every year, the association selects one current or former faculty member of the College of Liberal Arts who has exhibited exemplary teaching or writing in his or her field to receive this award.

Davenport graduated from Grinnell College in 1961 and completed his doctorate in American Studies at the University of Minnesota in 1967. He arrived at Hamline University in 1966, teaching many courses, including "Writing for the Sciences and Social Sciences" and seminars about Herman Melville, Emily Dickenson



Mary Maguire Lerman (left) and Carol Hagerty work on the St. Anthony Park Garden Club's winter garden in the flower boxes in front of the Como Avenue post office. Garden club members save their dried plant materials for the garden, which Lerman says provides something pleasant to look at "for two-legged mammals and the birds will enjoy having a seed source for their winter snacks." Lerman recently received the Minnesota State Historical Society's Life Award. *Photo by Kristal Leebrick* 

and William Faulkner. Davenport created the Hamline Writing Program, serving as its first director. He helped design and implement the College of Liberal Arts' core curriculum and taught a popular first-year seminar, "The Mighty Mississippi," which focused on important issues affecting the river.

In 1986, Davenport received the Burton and Ruth Grimes Outstanding Teaching Award. In 2000, he was selected as dean of Hamline's College of Liberal Arts. In 2004, he was named academic vice president and dean, serving as the transitional academic vice president between the terms of Hamline University presidents Larry Osnes and Linda Hanson. His publications include the book *The Myth of Southern History*, as well as articles, essays, short stories and poems.

Upon retirement from Hamline, he was granted professor emeritus rank and received special recognition from the president and the board of trustees for 40 years of extraordinary service to Hamline University.

### North Carolina flowers topic of next garden club meeting

Sara Evans and Chuck Dayton will present "North Carolina Wildflowers" at the St. Anthony Park Garden Club Program on Tuesday, Dec. 2, at St. Matthew's Episcopal Church Fellowship Hall, 2136 Carter Ave. The club's business meeting will begin at 6:30 p.m. Refreshments and social time will begin at 7 p.m. The program will run from 7:30 to 8:30 p.m.

Evans and Dayton spend spring and fall in the mountains of western North Carolina. While neither is a botanist, Evans' mother was a wildflower expert. Her unique collection of native Appalachian wildflowers and shrubs became the basis of the couple's North Carolina native garden, which is open to the public.

Dayton is an accomplished photographer who has taken photos of many of these wildflowers. They will offer an illustrated talk about the unique ecosystem of the Appalachians. To find out more, call Sandee Kelsey at 651-645-9053 or "like" the club on Facebook:





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#### **Cookie concert**

On Oct. 12 five local children presented a piano program entitled, "The Half-Filled Cookie Jar" by David Glover, to the residents of St. Anthony Park Nursing Home. Emma Ingwalson, Morgan Nichols, Lydia Westerlund, Josephine Schucker and Clara Dunne performed piano pieces and read a story to explain why a cookie jar is always half-filled. The girls range from first to sixth grade and study piano with Rebekah Richards of St. Anthony Park.

tacebook.com/SAPGarden Club.

Holiday bazaar at Zion Lutheran Zion Lutheran Church, 1697 Lafond Ave., will host a craft and bake sale bazaar on Saturday, Nov. 22, 9 a.m.-1 p.m. Baked goods, crafts, needlework, recycled Christmas decorations and other holiday items will be for sale. Coffee and cookies and a light lunch priced at \$4 will be available at 11 a.m.-12:30 p.m. Call 651-645-0851 or go to www.zlcmidway.org for more information.

#### December concert, silent auction to benefit food-allergy group

The Anaphylaxis and Food Allergy of Minnesota (AFAA) will hold its eighth annual benefit concert and

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for delivery of the Park Bugle. Must be available during daytime hours on delivery days each month. For more information, email Sara at saracelia@gmail.com





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## **Business News**

### The best little facial spa in St. Anthony Park

#### By Kristal Leebrick

In August 2013, Maggie Miley and her fiancé had just closed on a house, it was six weeks to their wedding, and Minnesota Monthly's September issue hit the streets, declaring Miley's business, Complexions on Carter, the 2013 Best Facial Spa in the Twin Cities.

"It was the same week we closed on a home," she said. "All of a sudden, I was completely full."

One year later, she's added the surname "Kelly" to her name, and she's brought a new esthetician into the Milton Square business, which is located at 2228 Carter Ave. in St. Anthony Park.

Kate Williams joined Complexions on Carter this summer, but her connection to Miley Kelly goes back 14 years, when Williams, a native Alaskan, came to the Twin Cities to study at the Aveda Institute in Minneapolis. Miley Kelly was one of her instructors.

After her training, Williams worked as an esthetician in the medical field for a number of years. She found she wanted to spend more time with clients and that brought her to Complexions.

Both Williams and Miley Kelly offer a range of treatments, including facials, skincare peels,



Kate Williams and Maggie Miley Kelly at Complexions on Carter in Milton Square Photo by Kristal Leebrick

microdermabrasion, lash and brow tinting, and waxing. The spa also offers exclusive treatments for men. (The \$87 Chuck Norris Treatment includes cleansing, exfoliation, brow, ear and nose hair cleanup, and more!)

Complexions is open by appointment, which can be made online at the store's website, www.complexionsoncarter.com. Or call Williams at 907-884-7034 or Miley Kelly at 651-238-2338.

The store will be open on Saturday, Dec. 6, during the Shop Home for the Holidays celebration The December charity had not been in St. Anthony Park from 10 a.m. to chosen at press time.

4 p.m. and will offer gift certificates, skin care products and some gift items. The store is offering a December special: Buy \$100 in gift certificates and receive a \$25 gift certificate for yourself. The store also has a no-tipping policy, but for clients who can't shake the desire to throw some extra money toward Williams or Miley Kelly, they've established monthly charities as the recipients. November's charity is St. Anne's Place, a shelter for homeless women and children in Minneapolis.



Bring the feeling of Christmas to your home this holiday season with vintage decor, fresh greens and handmade gifts from Thistle in Milton Square!

#### Holiday Hours

Nov. 14: 10-5 pm Nov. 15: 10-5 pm Nov. 16: 12-3 pm

Dec. 5: 10-5 pm Dec. 6: 10-5 pm Dec. 7:12-3 pm

Dec. 12: 10-5 pm Dec. 13: 10-5 pm Dec. 14: 12-3 pm

#### Holiday Drawing

Stop by during our shop hours and enter to win a "Miss Mustard Seed" paint workshop for two!

#### Contact

2228 Carter Ave, St. Paul, MN 55108 facebook.com/thistleinmiltonsquare www.thistlemiltonsquare.com



### Sunrise Banks Terri Banaszewski honored



This year's class includes chief financial advisers. executive officers, chief financial officers, presidents and vice Nov. 20 at a dinner and award certified presidents, accountants, attorneys, managers and Hotel in Minneapolis.

Honorees will be celebrated public presentation at the Hyatt Regency

### Thistle to open for two weekends in December



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Anita McKeown **ReMax Results** 651-271-3636

Terri Banaszewski

Terri Banaszewski, vice president at Sunrise Banks, was one of 50 honorees for Finance and Commerce's 2014 Top Women in Finance program, which recognizes women who are making outstandingcontributions to their professions and communities in Minnesota.

Nichol Beckstrand, chief operating officer with Sunrise, was also named in the list of honorees.

Thistle, at the corner of Carter and and other household items. Como avenues in Milton Square, will be open for two weekends in December: Friday-Sunday, Dec. 5-7 and Dec. 12-14. Friday hours are 10 a.m.-5 p.m., Saturday hours are 10 a.m.-4 p.m., and Sunday hours are noon-3 p.m.

Owner Heather O'Malley describes the occasional store as a "carefully curated shop" that features vintage furniture and flea market finds.

During the Shop Home for the Holidays event in St. Anthony Park, Thistle will have a raffle for Miss Mustard Seed Milk Paint classes taught by O'Malley at the shop. The paint is used for refinishing furniture

You can out more at www.thistlemiltonsquare.com.



Thistle is all decked out for Christmas.

# Classifieds

Send your ad to classifieds@parkbugle.org or P.O.Box 8126, St. Paul, MN 55108, or call Fariba Sanikhatam, 651-239-0321. Ads are \$5 per line. Add a box or art for \$10. Next deadline: Dec. 5.



PARK ANGELS CHILDCARE. Infant to 11 years old, near Como & Doswell. Call Adella, 651-644-5516.



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Art Sale

POTTERY SALE: handmade porcelain & stoneware, functional pottery, Dec. 6&7, 11-5, 1320 Keston St. Great gifts. Sue



WANTED: Single parking space to rent in a garage within a block of Doswell & Hythe. Dorothy, 651-645-7608.



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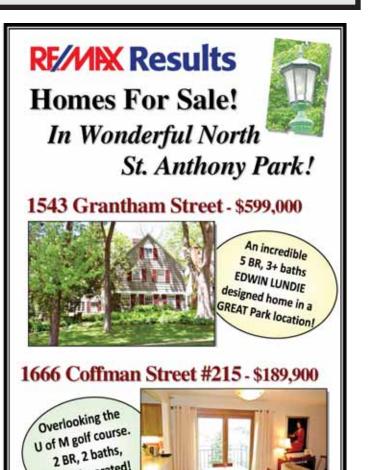


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#### School news from 19

the 2015-16 school year will begin in 2 p.m. Thursday, Nov. 20. Call 651-January.

The 2011 Parent Information Fair will take place 9:30 a.m.-2 p.m. January 10, 2015, at St. Paul RiverCentre. This event is for parents choosing a school. St. Anthony Park Elementary will be one of many St. Paul school choices showcased there.

St. Rose of Lima Catholic School 2072 N. Hamline Ave.,

651-646-3832, mysaintrose.net

#### School tour Nov. 20

A school tour will be held from 1 to

#### Neighbors from 21

silent auction from 10 a.m. to 1 p.m. on Saturday, Dec. 6, at St. Anthony Park Lutheran Church, 2323 Como Ave. Admission is free, and funds raised by the silent auction will be used for food allergy education and awareness.

Featured will be Murray Middle School bands and orchestras directed by Eric Dahlberg, crafts for kids, apple cider and allergen-friendly cookies. AFAA is a nonprofit organization headquartered in St. Anthony Park. Call 651 644-5937 to donate silent auction items and services.

#### Activities at Northwest Como Rec

Northwest Como Recreation Center, 1515 Hamline Ave., is offering four afternoons of winter break activities for ages 8-15 in December. The rec center will be open from 1:30 to 4 p.m. for the following:

• Dec. 22: Floor hockey, scooter games and beach volleyball

- Dec. 23: Mini-tournaments in chess, table tennis, board games and foosball
- Dec. 29: Watch a movie, play in the jump castle and make cut-out cookies

• Dec. 30: Nintendo Dance Dance Revolution, obstacle course and snowman building

Registration for winter and spring activities begins Monday, Dec. 8. Go to www.stpaul.gov/parks to 646-3832 for more information.

#### **Book fair**

St. Rose of Lima Catholic School will host a bookfair at Barnes & Noble-Har Mar Mall on Saturday, Dec. 6, 11 a.m.-4 p.m. Events include student carolers, author Gary Porter, magician Tom Staffa, author Mary Bleckwehl and student theatrical performances. The school will receive up to 25 percent of the purchased made for the school during the book fair. Tell the cashier you are there to support St. Rose of Lima.

**Twin Cities German Immersion** 1031 Como Ave., 651-491-7106 www.tcgis.org

#### **Tour TCGI**

The Twin Cities German Immersion School (TCGIS) will give school tours on the following Fridays at 8:30 a.m.: Dec. 5, Jan. 9, Jan. 23 and Feb. 6. Information sessions will be held on Tuesday, Dec. 15, at 5 p.m. and Sunday, Jan. 11, at 2 p.m. Register at the school's website, www.tcgis.org or contact the school office at 651-492-7106 or info@tcgis.org.

register.

January activities include Tae Kwon Do for ages 6 and older; ice skating lessons for ages 3-12; archery for ages 9-15; skating party on Friday, Jan. 30, 6-8 p.m.; horse drawing class for ages 5-12; board games; and Power Up for ages 6-17.

To find out more, contact Darcy 651-298-5813 Rivers. or darcy.rivers@ci.stpaul.mn.us.

#### **Activities at Langford Rec Center**

A weekly parent and tot playtime is held every Tuesday at Langford Park Rec Center, 30 Langford Park, 9:15-11:15 a.m. The free unstructured drop-in time is for parents or daycare providers and their children ages 5 or younger to play in the gym.

A class on the martial art Soo Bahk Do for ages 6-14 begins Thursday, Dec. 4, 5:30-6:30 p.m. After starting the class, the monthly fee is \$45 a month or \$120 for three months. For more information call Allen at 612-360-3787.

A free holiday party for tots ages 1-4 will be held Tuesday, Dec. 9, 10-11:30 a.m. The party will include gym time, refreshments, a craft project and a visit with Santa.

#### **Raymond Ave. Gallery** hosts Yunomi Invitational

The the first annual Yunomi Invitational is showing at Raymond Avenue Gallery, 761 Raymond Ave.,

through Friday, Dec. 19. The show has yunomis (a teacup without a handle) of 25 Minnesota potters, including Wayne Branum, Robert Briscoe, Lisa Buck, Kevin Caulfield, Linda Christianson, Dick Cooter, Guillermo Cuellar, Andrea Leila Denecke, Craig Edwards, Richard Gruchalla, Carrin Rosetti, Mike Helke, Peter Jadoonath, Sam Johnson, Matt Krousey, Lee Love, Warren MacKenzie, Mike Norman, Jeff Oestreich, Monica Rudquist, Joe Singewald, Chuck Solberg, Will Swanson, Jason Trebs and Elaine Waldorsky. Gallery hours are Monday to Friday, 10 a.m.-4 p.m. and Saturday, noon-4 p.m.

#### Vendor Expo at Central Lutheran

Central Lutheran School, 775 N. Lexington Parkway, will host its second annual Vendor Expo on Saturday, Nov. 22, 10 a.m.-3 p.m. the expo will include a variety of handmade items from local vendors. Questions? Call Jill at 651-645-8649.

#### Holiday art, craft fair at Gingko

Ginkgo Coffeehouse will host a holiday art and craft fair on Saturday, Dec. 6, 9 a.m.-4:30 p.m. Fifteen artists will be selling a variety of handmade items.

For more information, contact kathy@ginkgocoffee.com or call the coffeehouse, 651-645-2647.

December 4, 2014 from 6:30PM - 8:30PM SAVE THE DATE Location – St. Anthony Park Elementary School





Celebrating 15 Years Development. A panel of experts will discuss current trends and neighborhood needs.