



November art events

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Two girls honor their revered alley neighbor

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Celebrating 40 years of award-winning, community-supported news

Park Bugle

St. Anthony Park / Falcon Heights
Lauderdale / Como Park

www.parkbugle.org
November 2014

Boo!

Here is a list of spooky and not-so-spooky Halloween activities that are close to home

By Alex Lodner

Halloween is here, and with it, myriad fun events that will amuse everyone from the tiniest goblin to the most discerning theater buff.

One popular Halloween-themed event is in our own backyard. Each year, Como Park Zoo hosts **ZooBoo**, a whimsical festival that draws crowds from around the state. Guests wind through the lanes of the zoo while collecting treats, meeting more than 200 costumed characters and playing games.

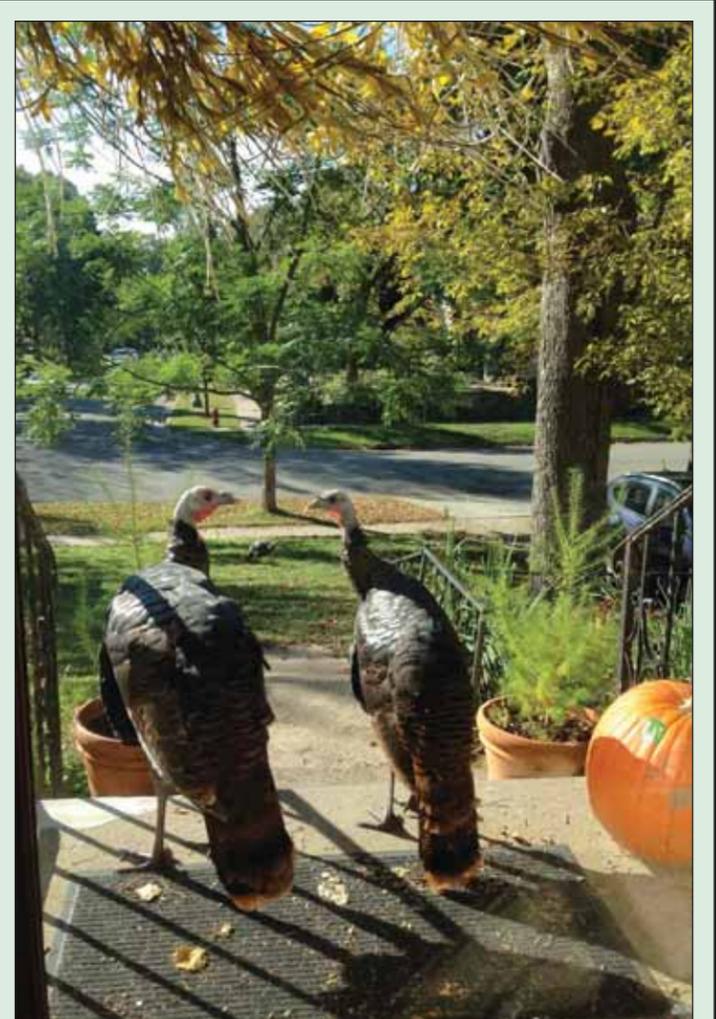
You can catch the last two nights of ZooBoo from 4:30 to 7:30 p.m. Friday, Oct. 24, and Sunday, Oct. 26. Tickets can be purchased for \$6 in advance at www.comozooconservatory.org/support/zooboo/#/zooboo-2 or at the gate for \$7. All proceeds support Como Park Zoo and Conservatory.

St. Anthony Park Elementary School, 2180 Knapp St., will hold its annual **Fall Festival and Silent Auction** from 5:30 to 8 p.m. Friday, Oct. 24. Festivities will begin with a family-friendly Pumpkin Fun Run around Langford Park (check in at 4:45 p.m., run begins at 5:15 p.m.), then all are welcome to attend a community-building evening that will include live music, a pumpkin-carving contest, creative crafts, a silent auction and many more activities for the whole family.

Admission is free, but tickets may be purchased for activities, food and refreshments. All proceeds go to enrichment programs at the school.

Gibbs Museum welcomes one and all to **Olde Halloween** from 10 a.m. to 4 p.m. Saturday, Oct. 25. Celebrate Halloween the way the pioneers did: make popcorn balls, hunt for pennies in a haystack, compete in costume contests and trick-or-treat at the farmhouse. Tickets are \$8 for adults, \$7 for seniors and \$5 for children over 4. Find out more at www.rchs.com.

Hold on to your brooms, because BareBones Productions' 21st Annual **Halloween Outdoor Puppet Extravaganza** at Hidden Falls Regional Park in St. Paul is explosive. The show, "Metamorphosoup," promises to be "a spectacle pageant of larger-than-life puppetry, drama, stilting, dance, fire, song and music that honors the circle of life by celebrating its seasonal arc of death in the fall," according to the BareBones website. After the performance, the audience is invited to partake in refreshments served by Sisters' Camelot, a Minneapolis free organic food-distribution collective, along with rousing live



Talking turkey

St. Anthony Park resident Anna Gambucci opened her front door on a late-October morning to find these two birds hanging out on her front steps. If the turkeys could talk, what would they be saying to each other? We welcome your photos of scenes from around the community. (We can't guarantee publication in the print paper, but we can post them at our website, www.parkbugle.org, or on our Facebook page.) Send them to editor@parkbugle.org. Photo by Anna Gambucci

Boo! to 2

Why do we vote for judges?

A look at the flip side of the ballot

By Judy Woodward

They are among the "other" races.

They are the candidates who rarely have name recognition and hardly ever turn up in campaign literature.

Yet, if you work your way through the major federal and state races at the top of the ballot, you'll find a long list of nonpartisan judicial races at the bottom.

Minnesota's judicial candidates are overwhelmingly incumbents, judges who are usually running unopposed. This November there are 15 judicial elections to be decided in this district—so many that they take up nearly the entire back page of the ballot. Yet only two of those races—for Minnesota associate Supreme Court justices—have challengers' names on the ballot.



Former Gov. Al Quie works with a group that wants to ban the presence on the judicial ballot of party-endorsed or independent candidates. Photo by Griff Wigley, Locally Grown Northfield.

The boldface instructions at the bottom of each side of the ballot say, "Vote Front and Back of Ballot." But with tepidly contested offices like these, it may be easy advice to overlook. Why bother, you may ask, with a list of semi-anonymous judges who seem destined for re-election anyway?

Those long lists of unopposed judges represent a kind of compromise between deference to judicial expertise and a populist instinct to make every branch of government accountable to the will of the voters. Those in favor of the Minnesota system of selecting judges say it's worked without problems for at least 150 years, but there are others who warn of dark days ahead if Minnesota doesn't make some changes.

The proposed remedies vary. Some endorse recent moves to open the system to increased public involvement though political endorsements of judicial candidates. Others—including a blue-ribbon, bipartisan group of former legislators and judges—want to act to preserve the nonpartisan nature of Minnesota's judiciary, shielding it from the kind of knock-down political brawls that have erupted in judicial races in states like neighboring Wisconsin.

In theory, any Minnesotan over the age of 21 in possession of a state license to practice law and the \$300 filing fee can run for judge. In practice, it doesn't work anything like that.

Flip side of the ballot to 9

CITY FILES

Como Park

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streetcar Station, 1224 N. Lexington Parkway.

Annual Halloween Pancake Breakfast and Silent Auction

The District 10 Como Community Council will host its annual Halloween Pancake Breakfast and Silent Auction fundraiser 8:30-11 a.m. Saturday, Oct. 25, in the cafeteria at the Hubert H. Humphrey Job Corps Center, at the corner of Snelling and Arlington avenues.

The event will feature an all-you-can-eat breakfast, kids' activity area, costume parade and silent auction featuring unique, local items and experiences.

Tickets are \$7 for adults and \$4 for ages 3-12 and are available at the door. For more information, visit district10comopark.org.

Como Business Network fall meeting set for Oct. 24

The Como Business Network, representing businesses located in or serving the Como Park neighborhood, will have its fall

meeting and networking breakfast 7:30-9 a.m. Friday, Oct. 24, in the Bistro at the Hubert H. Humphrey Job Corps Center. Meet fellow business owners and representatives and enjoy an informative speaker. The cost is \$5, payable at the door.

RSVP to district10@district10comopark.org or call 651-644-3889.

Staff transition

District 10 is recruiting a new staff member to replace Ted Blank, who is leaving to serve as executive director of the Forest Lake Area Chamber of Commerce. During the transition, office hours will be reduced and there will be a delay in returning phone calls and emails. The district council members appreciate your patience during this time.

St. Paul Saints topic of next Sunday Speaker Series

"Home Runs and Pigs at Midway Stadium: The Legacy of the St. Paul Saints Baseball Team," is the title of the October installment of the District 10 Como Community Council's Sunday Speaker Series program at 1 p.m. Sunday, Oct. 26, at the Historical Streetcar Station, 1224 N. Lexington Parkway.

The event is free, but donations are welcome.

Dale Street Task Force open house

The Dale Street Task Force, a joint committee of the District 10 Como Community Council and District 6 Planning Council, will host a community open house at 6:30-8 p.m. Thursday, Oct. 23, at North Dale Rec Center, 1414 St. Albans St. N. Drop in and meet the committee co-chairs, learn how to be part of the task force, and share your thoughts, concerns and ideas about improving Dale Street.

Falcon Heights

The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2077 W. Larpenteur Ave.

Bring unwanted electronics to Falcon Heights TechDump

Bring your unwanted electronics to the TechDump at Falcon Heights City Hall, 2077 Larpenteur Ave., 9 a.m.-1 p.m. Saturday, Nov. 1. You can drop off game consoles, cellphones, flat-panel monitors and TVs, disk drives, laptops, and more. CRT monitors and TVs will require a fee of \$15-\$45. Do not bring humidifiers, freezers, refrigerators, dishwashers, microwaves, water heaters, space heaters, washers or dryers.

The City of Falcon Heights needs five volunteers for this event. Backpacks will be given to the volunteers. Call 651-644-5050 for more information about volunteering.

Go to TechDump.org/Tri-City for more information about TechDump.

After-Thanksgiving yoga detox

Detox after Thanksgiving with a yoga workshop taught by Shaila Cunningham at Falcon Heights City Hall. The workshop will be held 11 a.m.-1:15 p.m. Saturday, Nov. 29, in the community room at the city hall. Cost is \$20. You can register online at www.falconheights.org.

Lauderdale

The Lauderdale City Council meets on the second and fourth Tuesday of each month at 7:30 p.m. in Lauderdale City Hall, 1891 Walnut St.

Trick-or-treat at City Hall

The City of Lauderdale will host its annual Lauderdale Halloween Party at 5-7 p.m. Friday, Oct. 31, at Lauderdale City Hall, 1891 Walnut St. The city promises ghoulish games, freaky fun and frightening food. All ages are encouraged to participate. Residents are asked to drop off cash or candy donations at City Hall before the event and to consider volunteering.

Call Lauderdale City Hall at 651-792-7650 to find out more. Residents are welcome to help set up the event at noon-4 p.m. Sunday, Oct. 26.

St. Anthony Park

The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at South St. Anthony Recreation Center (SSA), 890 Cromwell Ave. The district's Land Use Committee meets on the first Thursday of each month at 7 p.m. at SSA. The Energy Resilience Group generally meets at 7 p.m. on the third Thursday of each month. Email erg@sapcc.org to find out locations and dates. The Environment Committee meets at 7 p.m. on the fourth Wednesday of each month at SSA. The Transportation Committee meets the first Monday of each month at SSA.

New staff member at District 12

The St. Anthony Park Community Council welcomes a new staff member, Cailin Rogers, who will work as the operations and outreach coordinator. Cailin comes with a commitment to the St. Anthony Park neighborhood from her years of volunteering at the Hampden Park Co-op. She is a Macalester College graduate with a degree in political science.

Rogers has worked with the Minnesota Women's Consortium, Transit for Livable Communities and MoveMN. You can reach her at cailin@sapcc.org.

Nominations open for St. Paul Neighborhood Honor Roll

The St. Anthony Park Community Council is looking for nominations to the St. Paul Neighborhood Honor Roll of people who should be recognized for their outstanding contributions to the neighborhood.

Honorees will be treated to a special dinner in January, along with other outstanding community members from neighborhoods across St. Paul. Their names will then join the names of neighborhood honorees from past years on a plaque hung in St. Paul City Hall.

Do you know someone who regularly goes above and beyond in service to the community? Send the name and a 50-word description of the person's work and contributions to Cailin Rogers, cailin@sapcc.org by Dec. 1.

You can nominate up to three residents or St. Anthony Park business people.

Learn about shaping city's transportation systems

The St. Paul Healthy Transportation for All (SPHTFA), a one-day event designed to educate, engage and empower citizens from diverse backgrounds to play an active role in shaping the city's transportation systems, will be held from 8:30 a.m.-4 p.m. Saturday, Oct. 25, at Carpenters Hall, 710 Grove St., St. Paul. Mayor Chris Coleman will kickoff the event at 9 a.m. The Minnesota commissioner of health, Dr. Ed Ehlinger, and state transportation commissioner, Charlie Zelle, will present keynote speeches.

Other policy officials and legislators will participate throughout the day as session leaders and participants addressing a variety of healthy transportation issues, tools and processes.

Learn more at stphealthytransportation.wordpress.com.

Como Park bridge project underway

After several delays, work has begun on the footbridge project near the Historic Streetcar Station in Como Park.

First, LS Black Constructors of Maplewood will clear vegetation from around the bridge and lay a bituminous bicycle trail that will follow the alignment of the old streetcar tracks.

Then, either this fall or in the spring, bridge restoration work will

get underway, with the bridge opened for pedestrian use next summer, according to Don Varney, City of St. Paul Parks and Recreation Department project manager.

The footbridge, listed in the National Register of Historic Places, once formed a main entrance to Como Park but was neglected and became little more than a ruin over time.—Roger Bergerson

Boo! from 1

music performed by local bands, including Gypsy brass-Americana party band the Brass Messengers.

Hidden Falls Regional Park is located at 1313 Hidden Falls Drive, just off S. Mississippi River Boulevard in the Highland Park neighborhood. Shows will be held at 7 p.m. on five nights: Saturday, Oct. 25; Sunday, Oct. 26; Thursday, Oct. 30; Friday, Oct. 31; and Saturday, Nov. 1.

The show is considered appropriate for all ages. There is a suggested donation of \$5-\$20. Find

out more at barebonespuppets.org/halloween-show.

The People's Gallery, 2496 University Ave. W., will hold a reception for its Halloween exhibit, "Shadowed Visions," from 6:30 to 10 p.m. Saturday, Oct. 25. The exhibit, which features more than 40 pieces by 25 local artists, will be on display through Saturday, Nov. 14. You can find out more about the show and the gallery's hours at peoplesgallery.org.

St. Anthony Park Area Seniors presents: 2014 Senior Cinema Series

"Saving Mr. Banks"
Thursday, November 13, at SAP Library, 1-3 p.m.

Tom Hanks and Emma Thompson star in this \$83,000,000 box office hit! Author P.L. Travers reflects on her childhood after reluctantly meeting with Walt Disney, who seeks to adapt her Mary Poppins books for the big screen.
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Local groups win Knight Arts grants

By Kristal Leebrick

The vintage fire-hose cabinet recessed into the exterior wall of the vacant storefront at 2399 University Ave. W. caught Shannon Forney's eye when she and Ty Barnett toured the building while looking for a home for WORKHORSE COFFEE BAR.

The coffee shop (which is spelled in all caps for aesthetic reasons, Forney said) is slated to open in the former Edge Coffee House space in January. And the 2-by-3-foot cabinet will host its first exhibit as the "Smallest Museum in St. Paul" in June, thanks to a \$5,000 Knight Foundation grant.

The museum project is one of 42 winners in the Knight Foundation \$1.4 million arts challenge that drew 868 entrants. Winners were announced in late September.

Founded in 1950 by newspaper executives John S. and James L. Knight, the foundation is focusing on the 26 communities—including St. Paul—where the brothers owned papers. The Knights once owned the St. Paul Pioneer Press.

The foundation began its \$8 million investment into the city in January by giving \$3.5 million to five major arts organizations: TU Dance on University Avenue, the St. Paul Chamber Orchestra, Penumbra Theatre, the Ordway Center's Arts Partnership and the nonprofit Springboard for the Arts.

The application for the latest challenge was simple: pitch a good idea in 150 words or less.

Forney's idea is to create a streetscape gallery in the old fire-hose cabinet with monthly rotating



Ty Barnett and Shannon Forney, WORKHORSE COFFEE BAR co-owners, and the future home of the Smallest Museum in St. Paul. Photo courtesy of Pavlica Photography

exhibits curated by local artists, customers and residents. A call for museum proposals will begin in January. The first exhibit will open in June with a formal ribbon-cutting ceremony, "where we plan to invite the mayor and other Smallest Museum of St. Paul dignitaries," she said.

The grant proposal said Forney and Barnett would encourage submissions that celebrate the local industrial history of the area and history of St. Paul in general. The call for proposals will be announced at www.WORKHORSECOFFEE.com, to customers and through social networks such as Facebook and Twitter, as well as through posters and postcards sent out in the 55114 ZIP code.

Several projects submitted by organizations or artists in the St. Anthony Park area won Knight grants. They include:

Photographer Alec Soth and Little Brown Mushroom, 856 Raymond

Ave.: \$35,000 to create "The Winnebago Workshop," a mobile classroom where teens are paired with artists to create multimedia stories.

Independent Filmmaker Project Minnesota, 2446 University Ave. W., Suite 100: \$60,000 to help develop local screenwriters through a fellowship competition where all finalists receive mentoring and classes to improve their work.

Mizna, a forum for Arab American film, literature and art, 2446 University Ave. W., Suite 115: \$40,000 to introduce new audiences to Arab American artistic expression by bringing local and national Arab writers and filmmakers to the city's parks, art spaces and cafés.

The Bindery Projects, 708 Vandalia Ave.: \$50,000 to ensure the city is part of the national discourse on contemporary art by showcasing prominent artists at this artist-run exhibition space.

Gibbs wraps up anniversary year with Halloween fun, fall festivities

By Kristal Leebrick

Gibbs Museum of Pioneer and Dakota Life will wrap up its 65th anniversary year with Gibbs Halloween on Saturday, Oct. 25. The Ramsey County museum, located at 2097 W. Larpenteur Ave., will give visitors a peek of Halloween celebrations of the past: making popcorn balls, finding pennies in the haystack, a costume contest, trick-or-treating at the Gibbs' farmhouse and more.

Gibbs celebrated its anniversary year with a summer Saturday series of talks that explored the farm's amenities: the tipi, the animals, the gardens and restored prairie, and the "soddy," a log home with a prairie roof, as well as its regular annual events: Pioneer Sampler, Dakota Day, Apple Festival and Gibbs Halloween.

Gibbs Farm Museum opened on Oct. 2, 1954, thanks to Ethel Hall Stewart, a St. Anthony Park resident who grew up on Bayless Avenue in the late 1800s. She



Apple pressing was one of many activities at Gibbs Museum's Apple Festival in October. Photo by Kristal Leebrick

married her childhood sweetheart, Clarence Stewart, and they made their home on Commonwealth Avenue.

Ethel Stewart is credited with being a hardworking historian for the area. She helped the Ramsey County Historical Society acquire the Gibbs farm, where Jane and Heman Gibbs established a home and farm in

1849. The museum's farmhouse is the original house built by the Gibbs, which they moved into after living in a dugout sod house. The remains of that soddy were excavated and the museum built a replica sod house.

Over the years, the museum has expanded to incorporate a Dakota-

Gibbs Museum to 20

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P.O. Box 8126
St. Paul, MN 55108
www.parkbugle.org
651-646-5369

Editor

Kristal Leebrick
651-646-5369
editor@parkbugle.org

Production Manager

Stephen D. Parker
612-839-8397

Obituaries Editor

Mary Mergenthal
651-644-1650
mary.mergenthal@gmail.com

Delivery problems?

Stephen D. Parker
612-839-8397
editor@parkbugle.org

Subscriptions and billing

Fariba Sanikhatam
651-239-0321
fariba@parkbugle.org

Calendar submissions

calendar@parkbugle.org

Copy Editor

Emily King

Proofreader

Christine Elsing

Display advertising

Clare Caffrey
651-270-5988
clare.caffrey@parkbugle.org

Bradley Max Wolfe
952-393-6814
bradley.wolfe@parkbugle.org

Classified advertising

651-239-0321
classifieds@parkbugle.org

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Nov. 5. The paper
will be published
on Nov. 18.**

The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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EDITORIAL

A goodbye and a hello

Lloyd Smith, the man who had managed the delivery of 14,500 Park Bugles each month for more than a decade, died on Aug. 29 after a yearlong battle with cancer. I never met Lloyd face-to-face, but I talked to him every month to share the complaints or requests the Bugle may have received about its delivery.

There are two camps in the complaints department of the free-distribution newspaper world: people who want the paper and didn't get it and people who don't want the paper and got it anyway. And there are those who don't want it wrapped in a plastic sleeve for environmental reasons and those who do want it wrapped in a plastic sleeve to protect it from the elements, those who don't want it wound tight and tied with a rubber band, and those who worry about the paper landing on their sidewalk and wreaking havoc on their snow blowers—even in July.

Lloyd never complained about the complaints and said he'd do his best.

And though he didn't make everybody happy all the time, he tried.

Sara Nelson has stepped in to take over the distribution of the Bugle. She has a lot of energy and ideas, and we are very happy to have her manage the Bugle's delivery.

For those of you who want a more pristine delivery of your community newspaper, you can buy a subscription and have it delivered through the U.S. Postal Service to your mailbox each month by sending a check for \$30 to Fariba Sanikhatam at the Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

If you have questions or requests about your delivery, call our production manager, Steve Parker, at 612-839-8397 or send an email to editor@parkbugle.org.

We may not make you happy all the time, but we will try.—*Kristal Leebrick*

LETTERS

The Park Bugle welcomes letters and commentaries from our readers. Opinions expressed by our readers do not necessarily represent the opinions of the Bugle staff or board members. Send your submissions to editor@parkbugle.org or to Editor, Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

The deadline for the December issue is Wednesday, Nov. 5.

Connect with Transition Town

Last month, Transition Town All St. Anthony Park, with its mission to work on a positive, local response to climate change, won a generous grant from the Saint Anthony Park Community Foundation. We are very grateful for this support and the many neighbors who voted for our work. Your vote of confidence means a lot.

We value the proposals of the other two finalists—Mid-Continent Oceanographic Institute and Shakespeare in the Park—and hope to share creative forces with these groups in the time ahead.

There are many ways to connect with the neighborhood's Transition Town activities. To receive our news bulletin, to join an action group or to participate in the monthly planning group, e-mail the Energy Resilience Group at erg@sapcc.org.

*Mindy Keskinen,
Duane Schriever, Allie Rykken,
Ranae Hanson, Mimi Jennings,
Barry Riesch, Janet Dietrich,
Marilyn Benson, Tim Wulling,
Suzanne Garfield, Regula Russelle
and Michael Russelle*

Thanks to businesses at Raymond and University

For the last nine years, a friend and I have organized a fall scavenger hunt for our co-workers. This past Saturday afternoon, the latest version used the Green Line from Snelling to Raymond avenues. Seven costumed teams of four hustled from business to business, performing silly tasks and taking photos.

The consensus at the after-party was that this race was the most fun of them all, and we owe that to the enthusiastic cooperation we received from every business we approached. The racers especially enjoyed the great vibe of the University and Raymond area. Many vowed to return and explore it more thoroughly.

For their open-minded spirit, the Gnome-Masters feel we should publicly thank the fun and friendly folks at Barely Bros. Records,

Hampden Park Co-op, Junk Love, MidModMen+Friends, Roller Revolution, Sharrett's Liquor Store, Succotash, as well as Ax-Man and the Love Doctor.

*Mike Holmes
Como Park resident*

City of Roseville's Alzheimer's and dementia supports are open to all area residents

I was pleased to read Warren Wolfe's article in the October 2014 Park Bugle about one man who is a dementia caregiver, the ACT on Alzheimer's statewide collaborative and the Oct. 21 Roseville ACT on Alzheimer's community meeting. This is important information for members of our community.

Wolfe's article stated, "The Roseville Act on Alzheimer's project was launched by the Roseville Alzheimer's and Dementia Community Action Team" (Roseville A/D). As one of the founders of Roseville A/D, I am writing to convey additional information about ongoing efforts of Roseville A/D that are immediately beneficial to your readers, particularly caregivers and people with memory loss.

Our most exciting and recent action is a collaboration between Roseville A/D and the City of Roseville to publish monthly updates about local dementia-related resources and events on the City of Roseville website. The homepage for these updates is www.cityofroseville.com/dementiainfo. The updates are useful to people in communities surrounding Roseville also, because all of the events and resources are open.

The webpages are a combined effort of Roseville A/D members, Roseville city manager Pat Trudgeon and Roseville communications manager Garry Bowman.

Roseville A/D recently collaborated with the Ramsey County Library to co-sponsor two dementia-related brain health presentations at the Roseville branch, which were facilitated by Ramsey County Commissioner Mary Jo

McGuire, her assistant Melissa Jamrock, Ramsey County reference librarian Laura McDermott and a Roseville A/D member.

The presentations were open to anyone, regardless of residence, and we hope they are the beginning of a long and informative collaboration between Roseville A/D and the Ramsey County Library.

Roseville A/D's earliest long-term accomplishment was the development of a Caregiver Survey that was administered to members of a memory café and resulted in immediate changes in programming and the stimulation of productive discussions.

The survey is available to anyone. Send your request to sara.barsel@q.com.

Roseville has four memory cafés for caregivers and people with memory loss, thanks to Alzheimer's Speaks founder and Roseville A/D member Lori La Bey. To our knowledge, La Bey started the first memory café in the U.S.: Arthur's Memory Café (formerly J. Arthur's Memory Café) in Roseville in 2011. This memory café has now expanded to three groups. The memory cafés pull people into Roseville from surrounding areas as far as one hour away, due to the need for these gatherings. La Bey has helped establish at least five other memory cafés in Minnesota, including the fourth Roseville memory café, Cherrywood Pointe Memory Café.

Roseville A/D member Heritage Place of Roseville offered free Alzheimer's Foundation memory screening last November on National Memory Screening Day. Check the Roseville A/D webpage to find additional memory screening events in 2014 and 2015.

Roseville A/D is pleased to have launched the Act on Alzheimer's project and will work to accomplish some of the ideas that came forth from the Oct. 21 Roseville ACT project community meeting, in addition to other initiatives.

We welcome suggestions and additional members. We meet on the first Friday of each month, 9:30 to 11:30 a.m., at Roseville City Hall.

For additional information, contact sara.barsel@q.com.

*Sara Barsel, Ph.D.
Co-organizer
Roseville Alzheimer's and
Dementia Community
Action Team*

Fighting cancer in Washington

I traveled to Washington, D.C., in September to join more than 600 American Cancer Society Cancer Action Network (ACS CAN) volunteers from across the country urging Congress to support lifesaving policies that help people prevent and fight cancer. I called on lawmakers to protect federal funding for cancer research and prevention programs, co-sponsor legislation to improve patient quality of life and remove cost barriers to colorectal cancer screenings for seniors.

I met with Rep. Betty McCollum, Sen. Al Franken and Sen. Amy Klobuchar and made it clear that Congress needs to put partisanship aside on behalf of cancer patients and survivors in St. Paul and the nearly 14 million cancer survivors in the United States and make cancer a top national priority.

I let our lawmakers know that people and families touched by cancer in Minnesota and in every state across the country are counting on them to support legislation that would help make cancer history. With one in two men and one in three women being diagnosed with cancer in their lifetime, we can't let another year pass without making the fight against cancer a national priority.

I know I made a difference this past week, and I encourage everyone to get involved and make your voice heard. Visit www.acscan.org to be connected to people like me in your community.

*Kayla Hansen
Volunteer, American Cancer
Society Cancer Action Network
St. Anthony Park*

C O M M E N T A R Y

Como Park-Falcon Heights block nurse program enhances the lives of seniors and volunteer

By Jody McCardle

The Como Park-Falcon Heights Living at Home Block Nurse Program works annually with 50-plus neighborhood volunteers who care for seniors in many fantastic ways that embody this caring community. Many of these volunteers live in your community.

We cannot say enough about our volunteers: They provide rides to medical and dental appointments, prepare and share meals together, run errands, help make appointments, assist with yard work, and become lifelong friends. Committed and talented volunteers are the primary reason we are able to accomplish 4,500-plus hours of direct service to seniors and caregivers within our humble budget of \$100,000.

One of our beloved seniors, Mary, has the beginning symptoms of dementia and lives alone in her home. Mary wants to stay in her home as long as possible. She loves

her garden, she knows the layout of her home, and her house is filled with memories that help remind her of her life as her memory begins to fail. Mary has two volunteers who provide her with the friendship and practical support that make her dream of staying in her home a reality.

Dementia is tricky. Patients have good days and bad days, many outside factors affect dementia, such as nutrition, hydration, stress, transitions and medication. Some patients have what is called “sundowning,” meaning that during the day they exhibit less memory loss, but nearing the end of the day symptoms worsen and they can become agitated. Caregivers often describe caring for a loved one with dementia as living on a roller coaster with no controls. When our volunteers visit, one of the first things they do is bring the senior a glass of water. It is a small gesture, but if you

ask any nurse, dehydration is common with seniors and can set off more health issues. Here are some facts about dementia:

- The number of people age 65 and older in the metro is expected to increase to 770,000 seniors by 2040. In Minnesota, 12 percent of the senior population has dementia, meaning more than 92,000 people will be living with dementia in the metro area by 2040.

- There are two and a half times more women than men providing intensive “on-duty” care 24 hours a day for someone living with dementia.

- In 2013, 15.5 million family members and friends provided 17.7 billion hours of unpaid care to those with dementia and this care is valued at \$220.2 billion.

We feel fortunate that Mary reached out to us for the professional and volunteer help she needs. Mary, however, is unusual in that way.

Many seniors choose not to reach out for help. The most difficult aspect of our job is getting seniors to accept a little bit of assistance before a crisis occurs. We provide useful no-cost services, one of the most important being a nurse visit for health assessment and a home safety check. Having a registered nurse available to provide free home visits is key to understanding how we can begin to help those in need.

Volunteers visiting in the homes of seniors make a huge difference to the quality of life for both the senior and volunteer. For some seniors it is the only outside contact they have beyond medical personnel. As winter approaches, helping your elderly neighbor with snow shoveling, garbage and recycling removes a danger for them that could result in unseen falls. We hope that you contact us if you or someone you know would benefit from our services.

The Como Park-Falcon Heights block nurse program serves residents bounded by Roselawn and Snelling avenues and the railroad tracks on the west and Larpenteur, Dale and Maryland avenues on the east. You can find out more at the website, www.comobnp.org or by calling 651-642-1127.

This year, we ask for your help with a donation to support our continued work to serve our neighborhood seniors. Donations are tax deductible and accepted through a secure site at www.comobnp.org or by sending a check to 1376 Hoyt Ave. W., St. Paul, MN 55108.

Jody McCardle is the executive director of the Como Park-Falcon Heights Living at Home Block Nurse Program. You can find out more about the program at www.comobnp.org or by “liking” them on Facebook.

Kids: Don’t forget to wear a stair helmet

By Adam Granger

The following passage should be read on an empty stomach: In 1958, when I was 9 years old, on the day my dad bought our first television to watch the Wimbledon finals, I fell off of the wooden clothesline pole on which I’d been playing and, on my way down, impaled myself on one of the hooks by my wrist, my feet dangling off of the ground.

A neighbor who was mowing his lawn ran over and unhooked me. The bones in my hand were visible. And so, instead of an afternoon of beer and tennis, my dad spent three hours at the hospital, his head between his knees (all the blood had made him woozy), while I was knocked out and sewn up. Eighteen stitches later, we came home, the tennis match, in that pre-video era, gone forever.

We hold a nostalgic 1950s image of kids protected by a cohort of village moms, but the fact is, in my hometown at least, no one was watching us kids and we pretty much did what we wanted as long as we didn’t disturb the grownups. This type of injury was not uncommon. My brother and I would make torches out of lit rolled-up newspapers and run about the neighborhood waving them and howling. And when we played army, one neighborhood kid shouldered a real machine gun—supposedly disabled—that his dad had brought home from World War II. (In the 21st century, an 11-year-old running through back yards waving a submachine gun and screaming like

a banshee would elicit a SWAT team response, but back then, we were just kids playing guns.)

Fireworks were completely unsupervised, and injuries from them were pandemic. My brother blew off part of his toe when he was 12, and my mother was so mad at him for his carelessness that she didn’t take him to the doctor until it became infected.

Everyone just assumed that there would be a certain number of injuries, and once in a while someone died. I knew two kids who were blind in one eye and several with missing fingers, teeth and toes, all the results of misadventure. I chopped off the tip of my left thumb in a bicycle sprocket when I was 7. The missing piece couldn’t be found, so the doctor just folded the skin over the top and bandaged it and sent me home. When I broke a toe, the same doctor just taped it to the toe next to it.

Adam Granger to 6

Correction: Shopping on Como Avenue

Due to a production error, an article about shopping in the Carter and Como avenue business district in St. Anthony Park, which was printed in the October issue of the Park Bugle, was missing a large segment of text. You can read the article, “They’ve got (almost) everything you need,” written by Judy Woodward, in its entirety on our website, www.parkbugle.org. We have also printed the text that was left out of the article below.

Our apologies to those who were cut out of the original article.

But don’t forget your inner self. Both Micawber’s Books and the St. Anthony Park branch of the St. Paul Public Library offer plenty to interest your mind and engage your soul. Owner Tom Bielenberg thinks Micawber’s is the oldest independent bookstore in St. Paul, and he still offers a 10 percent discount to anyone who signs up for Micawber’s Frequent Buyers Club.

And if you’ve got inner depths, why not flaunt them? Vanessa Carrara and Sharri Keller of Satôri Photography at Milton Square begin every session with quirky questions designed to help them reveal the personality of their subjects.

“We try to peel back the layers to tell the unique story of our clients,” says Carrara. “Do you secretly color coordinate your wardrobe to match your family?” is one of their jumping-off points. Answer “no” and you might find yourself choosing an outdoors setting for your photography session. A “yes” answer could lead to an “architectural” setting featuring “clean lines” and “contemporary appeal.”

Questions like these are just part of what Jon Schumacher, executive director of the Saint Anthony Park Community Foundation, the co-sponsor of Park B4 Dark and other special shopping events, thinks is the survival strategy of local businesses like those on Como Avenue. Ever alert to the threat of “big box stores,” he says, “[they] never can compete in price. Their way to compete is service, proximity and personal connections to the customers.”

In other words, think of the Como Avenue stores as a social experience as well as a shopping one.

They’re also an economic boon to the neighborhood, says Mary Hamel, Executive Director of the Metro Independent Business Alliance. “Shopping districts like Como Avenue help hold the value of our homes steady,” she says. “It’s lucky that so many businesses are locally owned. The profits stay in the community and the business decisions are made locally.”

Read the entire article at www.parkbugle.org.

Give to the Max on Nov. 13

Give to the Max Day is a 24-hour opportunity from GiveMN.org to give to the Park Bugle. From midnight to 11:59 p.m. on Thursday, Nov. 13, you can give to the max by going to givemn.org/organization/Park-Bugle. Our annual fund drive will begin in late November. Get a headstart by donating on line on Nov. 13.



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Bugle writer honored for Ramsey County history story

Bugle writer Roger Bergerson was given an honorable mention for a story he wrote for the Ramsey County Historical Society's *Ramsey County History* magazine.

Ramsey County History is the quarterly publication of the Ramsey County Historical Society. Awards were announced at the society's annual meeting Oct. 16.

The article, "At Home and Abroad, St. Paul's Own Impresario Cut a Swath," told the story of Nettie Snyder, a woman who built a reputation as the only female concert promoter in the city in the early part of the 20th century. She was credited with bringing the world's opera stars to Minnesota in her day.

Bergerson also wrote about Snyder in the April 2012 issue of the Park Bugle.

Bergerson began exploring the history of this area after he retired. In



Roger Bergerson

2008, he published the book *Winging It at a Country Crossroads*, the story of the 1920s airport that once stood at Snelling and Larpenteur avenues, and began writing about historical people and events in the Como Park, Falcon

Heights, Lauderdale and St. Anthony Park area for the Bugle that same year.

Bergerson has been interested in history "at least as far back as fourth grade, when I was fascinated by the Spanish Conquistadors." (He's since found they weren't the great guys he had thought they were, he said.)

He has written longer pieces for *Ramsey County History* that describe the lives of "three remarkable people that have largely been forgotten or nobody knew about in the first place." Take Nettie Snyder, the woman he wrote about in the article that was honored: "I stumbled onto her through the summer home that she owned across from the old airport and gradually came to know and admire a person who helped bring the stars of grand opera to St. Paul and foster an appreciation of serious music." —*Kristal Leebrick*

Adam Granger from 5

In the 1960s, when I did construction grunt work, no one wore respirators or safety glasses. I shudder to think of the hours I spent breathing who-knows-what while demolishing old construction and pulling vintage insulation out of crawl spaces. And in 1973, while running a large drill while doing winter maintenance on a refrigeration chiller in Oklahoma, I ripped out half of my hair when I caught it on the drill shaft.

This stuff just happened: Kids lost body parts, grownups trashed their respiratory systems and people got decapitated in car accidents. We figured it was our own stupid faults, somehow, and we just sort of accepted it.

The Occupational Safety and Health Administration (OSHA) was formed in 1971 but didn't seem to really kick in until around 1980, the same time parents began deciding to reduce their families' casualty rates. Kids started wearing bike helmets, and then their parents did too (although many still don't wear them

properly). Everyone started wearing seat belts. Playground equipment lost the sharp edges and square metal corners; the inherently lethal teeter-totter was vanquished. Kiddie car seats were improved, and then improved again. Ditto for strollers and cribs.

Thus we inch along a safety continuum that started with Thog the Cave Dweller snatching up Thog Junior before he could toddle into the fire Mrs. Thog had just discovered. Further down this continuum, we might end up wearing helmets in cars, and why shouldn't we? I'm pretty sure automobile head injuries outnumber bike head injuries. And only a handful of states require seat belts on school buses, in which—although they are extremely safe—eight kids a year die nevertheless.

And how about helmets for going up and down stairs? Admittedly, this puts us in range of Woody Allen's story of his mother making him wear a helmet to play chess, but I daresay someone

somewhere has suffered a head injury while playing chess. It sounds like I'm making fun, but I'm not: Stair helmets only sound funny only because we don't currently use them. A good friend of mine died in a fall down his basement stairs a few years back, and a stair helmet would have saved his life.

I can well remember thinking, 30 years ago, that it was ridiculous to make a 4-year-old on a scooter wear a helmet (remember, most of my friends were missing body parts). Kids now feel naked without helmets while on bikes and scooters, and they will adjust to whatever future measures we decide to take on their behalf. Stair helmets will probably never be mandated, but if they are, we will, after the usual period of derision and disobedience, adapt and comply.

If Allen's mom had her way, we'd wear helmets all of the time.

Adam Granger lives in St. Anthony Park with his wife and son and is a regular contributor to the Park Bugle.



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Community says no to amusement park—in 1904

By Roger Bergerson

A century ago, St. Anthony Park residents were up in arms over promoters' plans for an elaborate amusement park near what is now the junction of Como Avenue and Highway 280.

At a mass meeting in August 1904 in the old Central Hall at Blake and Raymond avenues, there was unanimous support for a resolution objecting to "... an undesirable and questionable place of amusement in the immediate vicinity of the United Norwegian Lutheran Seminary, which was induced to locate (here) partially because of its remoteness from such features.

"It would be also located in the same vicinity and on the same electric line as the state agricultural school, where hundreds of young men and women from rural homes are sent for their education," it noted ominously.

Said one supporter, a "college professor," according to the newspaper: "We have a quiet, orderly neighborhood and we wish to preserve it against the undesirable element that would be attracted."

The clear suggestion was that con artists and purveyors of alcohol would flourish if such a park were built.

The early 20th century was the heyday of amusement parks across the United States, often developed by streetcar or "trolley" companies at the end of their lines to generate extra revenue, particularly on weekends and holidays.

Locally, the Twin City Rapid Transit Co. acquired and upgraded Wildwood Park on White Bear Lake in 1899 and opened Big Island amusement park on Lake Minnetonka in 1906.

The investors who wanted to build the Interurban Amusement Park in St. Paul didn't own a streetcar line, but knew it was essential that they situate their attraction near one at a time when car ownership was rare. Their initial focus was along University Avenue.

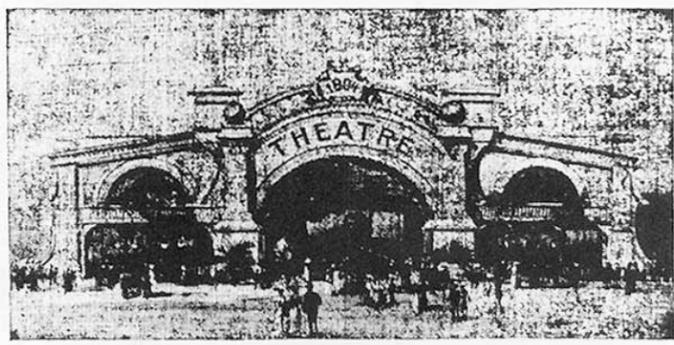
Emerging as the company's spokesman was George S. Porter, said to have helped develop Ingersoll Park in Des Moines, Iowa, and reputed to be "a well-known fireworks expert and manufacturer."

"All the joyous hilarity of gay Coney Island ... will fall to the lot of young and old in Minneapolis and St. Paul next summer," declared the *Minneapolis Journal* in October 1903. Initially planned for University and Fairview Avenues, the park drew immediate opposition from nearby residents and the promoters shifted their focus to Snelling and University avenues.

But that site, too, was abandoned in early 1904 in the face of strenuous objections from Hamline University and Macalester College.

Undaunted, the promoters looked westward, and in March

INTERURBAN PARK WILL HAVE SPLENDID THEATRE



Murky though the newspaper reproduction was, one gets a sense of the "high-class" vaudeville theater planned for the St. Anthony Park site. *Minnesota Historical Society*

announced that they had secured the necessary land on the northeast corner of Raymond and University avenues.

The Interurban Park would open that June, Porter declared, featuring a lagoon, "electrical theater," Ferris wheel, scenic railroad, vaudeville theater and fireworks four nights a week.

One newspaper was naïve enough to state, "It appears there will be no further opposition."

The very next day, it was announced that residents had organized the St. Anthony Park Citizen's League specifically to fight the proposal. The proximity of the amusement park to Baker School, nearby on Raymond, was a particular sore point.

June came and went with no further news, but in July 1904 the St. Paul City Council passed an ordinance banning fences higher than six feet in the city, a move clearly intended to block the development.

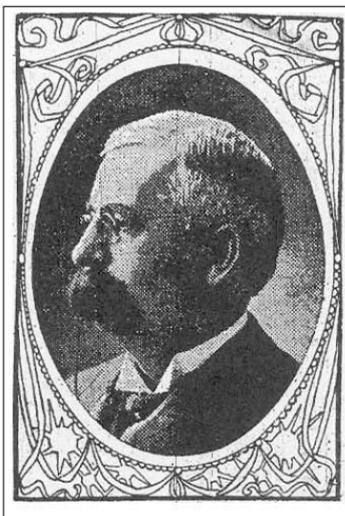
No doubt exasperated, Porter and colleagues decided on a new strategy. They would shift their sights north to the Como-Harriet streetcar line and westward to find a location beyond the interference of city officials, and, not incidentally, city police.

The city limits of St. Paul and Minneapolis were not contiguous at the time and Porter secured acreage just outside St. Paul's western boundary in Rose Township. He told reporters the park definitely would open in the summer of 1905.

While the citizenry fumed at this latest tactic and appealed for help from the Ramsey County attorney and commissioners, Porter disclosed plans for a 3,500-seat vaudeville theater on the site, claiming that prominent actors and animal acts already were under contract.

Details are sketchy, but it's clear that construction was at least begun in the vicinity of Como Avenue and Highway 280, because it is known that workers in the employ of the Interurban Amusement Company were camped there in January 1905.

However, the park's opponents had another card to play. The state senator representing St. Anthony Park during that period was Andrew McGill, a former one-term governor, who lived in one of the first homes



State Sen. Andrew McGill secured passage of legislation that doomed the park. *Minnesota Historical Society*

built in the area at 2203 Scudder St. During the 1905 session of the Minnesota Legislature, McGill authored and secured passage of a bill that allowed St. Paul to extend its western boundary to bring the park site within its jurisdiction.

This was probably the final blow to Porter and his fellow investors who already had been outpaced by the developers of the Wonderland Amusement Park in Minneapolis. Located on the new Lake Street streetcar line, the 10 acres of attractions opened in May 1905 at 31st Avenue S. in Minneapolis.

Wonderland, "10 acres of fun for 10 cents," was everything that Porter had promised and more.



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The devotions, written by Luther Seminary graduate Shelley Cunningham, '98, will be available online as printable collections in early November. Sign up to receive God Pause daily devotions at www.luthersem.edu/advent. When the devotional is ready for download, we'll send you an email notification.

We hope you enjoy "Your People Long to Greet You!" Questions: Email semrel@luthersem.edu.

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Gallery opens in Dow Building

When industrial supplier Fastenal vacated the storefront in the Dow Building, 2242 University Ave., Khanh Tran moved his frame shop out of a quiet corner of the building and into the space. He also expanded his business to include an art gallery.

Frame by Frame: Dow Art Gallery and Picture Framing now features the work of many of the 30-plus artists who have studios in the building. Tran hopes to bring in more local artists and enlarge the space. His gallery formula is unique, he says: Instead of taking a commission from the sales of the art, he charges the artists a flat rate to display their work. When the art sells, the artist gets 100 percent of the sale.



Khanh Tran in his Frame by Frame gallery in the Dow Building on University Avenue. Photo by Kristal Leebrick

Tran has been framing art in the Dow Building for four years. He grew up in Apple Valley and began framing to make ends meet while attending college. He opened his first

frame shop in the Seward neighborhood of Minneapolis in the late 1990s, then moved to Billings, Mont., where he operated a frame shop for four years before moving back to the Twin Cities in 2008.

With the Green Line running outside his gallery doors, he's hoping the new transit system will bring people to this part of University Avenue to explore and to shop.

The gallery is open 10 a.m.-6 p.m. Monday-Friday and 11 a.m.-5 p.m. on Saturdays. It will be open during the Do the Dow Fall Art Crawl Nov. 14-15. See the article below for more information on the art crawl.—Kristal Leebrick

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Do the Dow on Nov. 14-15

You can still catch some fall color in November at the annual Do the Dow art crawl in the Dow Building, 2242 University Ave. Nearly 30 artists will open their studios 6-10 p.m. Friday, Nov. 14, and noon-6 p.m. Saturday, Nov. 15.

Work will include oil, acrylic, watercolor and encaustic painting, collage, printmaking, photography, stained glass, pottery, sculpture and drumming by the Women's Drum Center.

New this year: a silent auction to help support ComMUSICation, a youth-development choral program based in the Promise Neighborhood of St. Paul. ComMUSICation's mission is to empower youth with lifelong skills through music making and community building. Two of their choral groups will perform Friday night at 7 p.m. and 8 p.m. in Khanh Tran's new Dow Art Gallery, where the silent auction will be held, and outside the second-floor elevators.

Enter the Dow Building



Bettye Olson, 91, will open her studio during the Do the Dow art crawl. Olson is shown here with a painting from her early years (the 1940s) to one she painted in 2014 (right). Photo by Kristal Leebrick

through the gallery's front door on University Avenue.

The Women's Drum Center will host drum circles throughout the Friday-night art crawl and drum circles and demos at noon-1 p.m. and 3-5 p.m. Saturday. Drumheart, the center's performance group, will host a public rehearsal 1-3 p.m. Saturday.

Do the Dow artists include Steve Wewerka, Jill Waterhouse, Noreen Tyler, Karen Searle, Debra Ripp, Emmett Ramstad, Erik Pearson, Patty Paulus, Bettye Olson,

Kelly Meister, Ann Meany, Anne Labovitz, Laurie R. Johnson, Martha Kuzzy, Anders Himmelstrup, Bart Galle, Gretchen Driesbach, Robert Delutri, Ruth Donhowe, Don Dickinson, Marisa Cuneo-Linsly, Ann Deprey, Anne DeCoster, Joan Cox, Mike Conroy, Kevin Caufield, Carolyn Brunelle and Ute Bertog.

The Dow Building is partially handicap accessible. There are some stairs at all entryways, but there is an elevator to access all floors once in the building.

Open house at 2010 Artblok

A loosely knit cooperative of artists calling themselves 2010 Artblok will host an open house and sale at their studios in the General Mills Research Labs, 2010 E. Hennepin Ave., Minneapolis, on Friday, Nov. 21, and Saturday, Nov. 22. Many of the artists were longtime tenants in the Chittenden and Eastman building (now C&E Lofts) who were evicted from the University Avenue building after it was sold in 2010.

The open house will include paintings, drawings, pottery, printmaking, metal sculpture, jewelry, textile arts and blown glass.

Built in 1928, "The Labs" complex is an assortment of buildings connected by underground tunnels and what is reputed to be Minneapolis' first skyway. General Mills built the space and occupied it through the 1970s. It was used for



An untitled oil painting by St. Anthony Park resident Karlyn Eckman

munitions manufacturing during World War II, and "Alvin," a three-person submarine (among one of its 4,600 dives was the discovery of the

Titanic), was likely to have been built in a space affectionately called "The Cell Block," now home to Foci, Minnesota Center for Glass Arts.

The studios will be open noon - 9 p.m. Friday, Nov. 21, and 11 a.m. - 7 p.m. Saturday, Nov. 22.

Artists participating include glass artists Steve Claypatch and Nicole Fierce; printmakers Mike Elko and Faye Passow; potter Chuck Solberg; painter and sculptor Dan Mackerman; calligraphers Karen Sontag Sattel and Jack Sattel; stained-glass artist Barbara Eckley; jewelers Heinz Brummel and Lily Carlson; leather artist Faye Fisher Ward; fiber artists Linda Nelson Bryan, Melissa Nellis and Georgia Beckman; and painters Larry Rostad, Karlyn Eckman, Mary Rannestad, Kate Renee, Linda Hatfield, Deb LaVoie and Rick Fournier.

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NOVEMBER

Events

Venue information is listed at the end of the calendar. Send your events to calendar@parkbugle.org by Wednesday, Nov. 5, to be included in the December issue.

1 SATURDAY

Tour Korea! Learn about the Children's Home & LSS summer 2015 birth country travel experience for Korean adoptees and their families, CHLSS, 10:30 a.m.-noon

4 TUESDAY

Baby/toddler lap-sit storytime (birth-2), every Tuesday except Nov. 11, St. Anthony Park Library, 10:30-11 a.m. and 11:30 a.m.-noon

David Zlesak, associate professor of horticulture at the University of Wisconsin, will give a presentation on growing northern-adapted garden lilies, St. Matthew's Episcopal Church Fellowship Hall, 7:30 p.m. Social time begins at 7 p.m. All are welcome.

5 WEDNESDAY

English Conversation Circles, every Wednesday, St. Anthony Park Library, 4 p.m.

St. Anthony Park Book Club, "Think Like a Freak" by Steven D. Levitt, St. Anthony Park Library, 6:30-8 p.m.

7 FRIDAY

Preschool storytime (ages 3-5), every Friday, St. Anthony Park Library, 10:30-11:30 a.m.

8 SATURDAY

Adoption Fair: Meet adoptive families and talk with staff about adoption, CHLSS, 9 a.m.-noon

10 MONDAY

Falconeers Card Club, Falcon Heights City Hall, 1 p.m.

Como Park Senior High School will host a coffee and cookies event for eighth-graders and parents to learn about the school at Sunrise Bank, 2300 Como Ave., 6:30-7:30 p.m.

The Birdman of Lauderdale: Attracting Winter Birds, Clay Christensen will give a presentation on how to attract birds to your yard in winter. A family-friendly event, St. Anthony Park Library, 6:30-7:45 p.m.

Mary Hayes Grieco, spiritual counselor and author, will speak on forgiveness in a special public meeting of the Theosophical Society, Spirit United Interfaith Church, 7 p.m.

11 TUESDAY

Libraries are closed for Veterans' Day

Adoptive parents group, for parents whose adopted children are now adults themselves, CHLSS, 6-8 p.m.

Adoptive parents group, Minnesota's Waiting Children, for parents who adopted children through Minnesota's foster care system, CHLSS, 6:30-8:30 p.m.

13 THURSDAY

Preschool Mandarin Chinese storytime, St. Anthony Park Library, 10:30-11:30 a.m.

St. Anthony Park Senior Cinema Series, "Saving Mr. Banks," St. Anthony Park Library, 1-3 p.m.

14 FRIDAY

Do the Dow, artist studios open in the

Dow Building, 2242 University Ave., 6-10 p.m. All are welcome.

15 SATURDAY

Minnesota's Waiting Children information session, learn about adopting children who live in foster care, CHLSS, 10 a.m.-noon

Do the Dow, artist studios open in the Dow Building, 2242 University Ave., noon-6 p.m. All are welcome.

Fall Craft Hour for school-aged children; art supplies provided, St. Anthony Park Library, 1 p.m.

16 SUNDAY

Fall Festival Fundraiser, Spirit United Interfaith Church, noon-4 p.m. Luncheon, bake sale, healers, readers, silent auction, vendors. All welcome.

18 TUESDAY

Domestic & international adoption information session, CHLSS, 6-8:30 p.m.

International adoption search and reunion group, CHLSS, 7:30-9 p.m.

19 WEDNESDAY

Women's Human Rights Film Series: "Not My Life," presented by the Advocates for Human Rights and the Friends of the St. Paul Public Library, St. Anthony Park Library, 7-9 p.m.

22 SATURDAY

Barn dance with caller, all ages, Hamline United Methodist Church, 6:30-8:30 p.m. Cost is \$5 for individuals, \$15 for a family. Snacks available for a small fee. Call Jean, 651-771-8421, with questions.

23 SUNDAY

Sunday Afternoon Book Club, "Americanah" by Chimamanda Ngozi Adichie, Micawber's Books, 2:30 p.m.

24 MONDAY

Falconeers Card Club, Falcon Heights City Hall, 1 p.m.

28 FRIDAY

Co-ed Drum Circle, Women's Drum Center, 6:30 p.m. All levels of experience welcome; \$10 at the door. Drums provided.

SENIOR EXERCISE CLASSES

St. Anthony Park Area Seniors class schedule:

Tuesdays and Fridays, St. Anthony Park Library, 3-4 p.m.

Wednesdays, St. Anthony Park United Methodist Church, 10:30-11:30 a.m.

Mondays and Thursdays, Lauderdale City Hall, 2-3 p.m.

Como Park/Falcon Heights Block Nurse Program class schedule:

Tuesdays and Thursdays, Falcon Heights Town Square Senior Apartments, 9:30-10:30 a.m., and Arbor Pointe Senior Apartment, 11 a.m.-noon

BLOOD PRESSURE CLINICS

Como Park/Falcon Heights Block Nurse Program offers these blood pressure clinics each month:

Third Thursdays, Arbor Pointe Senior Apartments, 10-11 a.m.

Fourth Thursdays, Falcon Heights Town Square Senior Apartments, 11 a.m.-noon

VENUE INFORMATION

Arbor Pointe Senior Apartments, 635 Maryland Ave. W.

CHLSS: Children's Home Society & Lutheran Social Services, 1605 Eustis St., 651-255-2355

Falcon Heights City Hall, 2077 Larpenteur Ave., 651-644-5050

Falcon Heights Town Square Senior Apartments, 1530 W. Larpenteur Ave.

Hamline United Methodist Church, 1514 Englewood Drive.

Lauderdale City Hall, 1891 Walnut St., 651-631-0300

Micawber's Books, 2238 Carter Ave., 651-645-5506

Spirit United Interfaith Church, 3204 Como Ave. S.E., Minneapolis, 651-235-6645

St. Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Anthony Park United Methodist Church, 2200 Hillside Ave., 651-603-8946

St. Matthew's Episcopal Church, 2136 Carter Ave.

Women's Drum Center, 2242 University Ave. W., www.womensdrumcenter.org

Ensemble Caprice brings 'Salsa Baroque' to Music in the Park

The Schubert Club's Music in the Park Series will present Ensemble Caprice at 4 p.m. Sunday, Nov. 23, at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. The Montreal-based ensemble makes its Music in the Park Series debut with "Salsa Baroque," a program of 17th- and 18th-century pieces from Latin America and Spain, performed

on flutes and recorders, guitar, violon, cello and various percussion instruments.

The five-member Ensemble Caprice has received national and international acclaim for its performances under the artistic direction of recorder and baroque flute virtuosi Matthias Maute and Sophie Lariviere. The other members

of the group are David Jacques, baroque guitar; Susie Napper, baroque cello; and Ziya Tabassian, percussion.

Tickets are \$35 for adults and can be ordered online at Schubert.org/musicinthepark or by calling 651-292-3268. A preconcert discussion will begin at 3 p.m. at the church.

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Neighbors

A sign of good neighbors

By Kristal Leebrick

Kiki Gore calls the dead-end alley behind her house on Raymond Avenue in St. Anthony Park “the best alley in the world.” The neighbors who share the alley call it “Kiki’s Alley.”

That moniker became official (somewhat) thanks to Maggie Fuller and Maddie Thompson, who created a red sign decorated with rainbow hearts declaring that the paved path that connects that block’s residents to each other as Kiki’s Alley.

The story began at Colossal Café on Como Avenue, where Maggie, a fourth-grader at St. Anthony Park Elementary School, and her family took her dad, Tim Fuller, for a summer birthday celebration. At Colossal, customers order their food at the cash register and then are given signs to place on their tables so servers know where to bring the food. The signs look like street signs and bear the names of many of the streets in St. Anthony Park.

Maggie asked her mom, Rita Goodrich, if alleys had names. Her mom said she didn’t think so, then asked Maggie if she were to name the alley behind their house, what would it be.

Kiki’s Alley, of course.

“She’s the ruler of the alley, in the nicest way possible,” said Maddie Thompson, a sixth-grader at Murray Middle School, who lives on the alley across from Gore.

The two girls teamed up, found a website where they could create a metal sign and went to work figuring out how to design it to reflect Gore’s



Maggie Fuller (left) and Maddie Thompson and the sign they created to honor their neighbor, Kiki Gore. Photo by Kristal Leebrick

personality.

“We didn’t want Kiki to know,” Maggie said, “so we pretended we were doing a math survey. We did a bar graph and asked her (about) her favorite color. She said red. We put in hearts and rainbows because Kiki loves people and she’s like a rainbow.”

“She’s like *everything*,” Maddie said, “and she’s so loving.”

The girls kept the sign a secret and presented it to Gore at what the two schemers told her was “just a regular potluck party.”

“I was blown away,” said Gore, who has known most of the children on that alley since they were infants. The alley sign is “just another example of how service-oriented” her neighbor kids are, she said. They are

always willing to help, even when they aren’t asked; if they see her bringing groceries into the house or taking out her recycling, they run over to do the heavy lifting.

Gore declined to be in the photo for this article because, she said, this story is about the girls not her.

“Boy, have they been raised by parents who understand service,” Gore said. “I happen to be the target this week. Someone else will be next.”

Gore has lived on that alley for four decades. “Everyone should live on my alley,” she said, “but there are no vacancies.” —*Kristal Leebrick*



Stargazer Oriental lily

Learn about growing garden lilies

David Zlesak, Ph.D., will give a presentation on growing northern-adapted garden lilies during the St. Anthony Park Garden Club monthly meeting at 7:30 p.m. Tuesday, Nov. 4, at St. Matthew’s Episcopal Church Fellowship Hall, 2136 Carter Ave. Zlesak is a professor of horticulture at the University of Wisconsin, River Falls. A social time with refreshments will begin at 7 p.m.

Electric cars, pumpkins and more at New Life Presbyterian Church

Learn about electric cars and then “Trunk or Treat” at 11:15 a.m. Sunday, Oct. 26, at New Life Presbyterian Church (formerly

North Como and Knox Presbyterian churches), 965 Larpenteur Ave. W. The Twin Cities Electric Vehicle Owners group will give a talk about the cars and then children will be invited to gather candy from the trunks of cars in the parking lot.

The church is also hosting a pumpkin patch in the church lot through Thursday, Oct. 30. Patch hours are 2 p.m. to sunset Monday-Thursday, 11 a.m. to sunset Fridays, 10 a.m. to sunset Saturdays and noon to sunset Sundays. Proceeds will help fund youth summer mission trips. For more information, call 651-488-5581 or visit northcomochurch.org/youth/pumpkins.html.

Hamline presents *Macbeth*

Hamline University Theatre will perform *Macbeth* by William Shakespeare Oct. 31-Nov. 8. Directed by Carolyn Levy, the play will run at Hamline’s Anne Simley Theatre, 1530 Hewitt Ave., at 7:30 p.m. on Friday, Oct. 31; Saturday, Nov. 1; and Thursday-Saturday, Nov. 6-8. Tickets are \$2-\$8. For more

information, contact the theater box office, 651-523-2905 or tickets@hamline.edu.

Holiday Fair Trade Market

Handicrafts and food items made by fair trade artisans from around the world will be featured at the annual Holiday Fair Trade Market 9 a.m. to 4 p.m. Saturday, Nov. 1, and 11 a.m. to 2 p.m. Sunday, Nov. 2, at New Life Presbyterian Church (formerly North Como and Knox Presbyterian churches), 965 Larpenteur Ave. W., Roseville. Enjoy soup and snacks in the café when you shop. For more information, call 651-488-5581.

Northwest Como Rec Center news

Northwest Como Recreation Center is still taking boys and girls basketball registrations for ages 3-10.

You can also register children for the Halloween craft party (ages 2-4) on Wednesday, Oct. 29; Glow in the Dark Halloween Art (ages 5-12) on Friday, Oct. 31; parent-child yoga (ages 2-4) beginning Nov. 7; youth

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Holiday Shopping Guide 2014

Merchants:

Use the Park Bugle’s four-color Holiday Shopping Guide to help you sell your wares this season. The shopping guide is published in the December Bugle, which will hit the streets on Nov. 18, right before Thanksgiving.

Ad blocks are sold first-come first-serve, so contact your sales representative now.

Contact Bradley Wolfe if you are a business on the north side of Como Avenue: 952-393-6814 or bradley.wolfe@parkbugle.org.

Contact Clare Caffrey if you are a business on the south side of Como Avenue: 651-270-5988 or clare.cffrey@parkbugle.org.

The space reservation deadline for the Shopping Guide is Wednesday, Nov. 5.



The Birdman of Lauderdale by Clay Christensen

Popcorn for squirrels

My wife, Jean, pops popcorn for the squirrels. If she sees a squirrel looking up at the kitchen window, she's sure it's saying, "Please make us some more popcorn." So she pops up a double batch and puts it out in the yard under the bird feeders. (No salt, no butter.)

For many of us who feed birds, squirrels are our archenemies, our nemeses. Squirrels have nothing but time on their paws and an insatiable hunger. They've got all day to try various routes and techniques to reach the goodies on any given feeder. They persevere with a try-and-try-again technique, seeming to learn from each approach that fails. Several YouTube videos demonstrate this persistence and ingenuity.

There are a variety of defenses against these tree rodents. For my feeders that are mounted on a pole, I use a cone-shaped steel baffle around the pole about 5 feet off the ground. A squirrel will start climbing the pole, look up and see just the underside of the baffle—and it's baffled. "Where did the feeder go?" Then it turns, head down, and slides back down the pole. I thought about greasing the pole, but that would not be good for any bird that happened to get the gunk on its feathers.

In the winter, when snow piles up on the baffle, it often tips it just enough so that an enterprising squirrel can crawl onto the baffle's snow pack and get to the feeder. Then I use a double deterrent technique of knocking the snow off the baffle and spraying the pole with water. It freezes on contact and makes the pole slippery without being a hazard for birds.

I put a dome or shield over my hanging feeders to keep these furry

bandits from coming over the roof and descending the chain. Guidelines for feeder placement suggest that the feeder be at least 6 feet off the ground and 10 feet or more from trees, fences, or other "launching sites."

We have several feeders suspended from our 2-foot roof overhang. But the squirrels can climb up the stucco on the front of the house and leap to the feeders, so I'm using one feeder inside a wire cage with 1-inch squares and another feeder with a spring mechanism that closes if a squirrel gets onto it. I'm having mixed success.

Maybe the popcorn keeps them off the feeders.

One of the benefits of putting out popcorn is that it often attracts crows. They really seem to like popcorn. Some of them even try to fit three or four kernels into their beak at once. Then they carry them off to peck them apart and eat them in private, away from any competition.

Having crows in the yard gives me a chance to study them up close and personal. I think we're getting a family group of four crows, two adults and two first-year birds. First year crows' eyes change from a dark blue-gray into a root beer brown. Adults' eyes are black. Youngsters also have a brownish hue to their necks and napes. When they come in for popcorn, I get a chance to observe those features of immature crows that are harder to see at a distance.

This family group seems to hang around our neighborhood, and they're not very tolerant of any crow that intrudes from somewhere else. They usually rise up and drive it off, giving quite a show of chases, dives and swerves with accompanying

caws and squawks.

The crows are, however, very cautious about any confrontation with a squirrel. If there's a squirrel near the popcorn, the crow usually approaches "side-on," side stepping toward the popcorn, showing its largest profile to the squirrel to see how it will react. If the squirrel doesn't seem to notice the crow, then the crow will pick up a nearby kernel and hop away.

But if the squirrel comes at the crow, the crow will immediately leap into the air and flap away just enough to get out of the squirrel's range. I think if a squirrel got ahold of a crow's leg, it could bite through it or at least severely injure the bird.

I've seen a Cooper's hawk take a dive at the popcorn-eating crows, but it was a juvenile hawk and I'd say not too bright. The crows all took off and chased the Cooper's across the street and into the trees. It was not heard from again that afternoon.

Our next-door neighbor Larry told Jean that if she keeps putting out popcorn for the squirrels, pretty soon they'll begin to expect a movie schedule. I'm sure she'll find a way to get them one.

Clay Christensen lives and writes in Lauderdale. His book, The Birdman of Lauderdale, is available at local book and bird stores and online at Birdman-Book.com.

You can hear Christensen talk about how to attract birds to your yard in winter on Monday, Nov. 10, at 6:30-7:45 p.m. at the St. Anthony Park Library, 2245 Como Ave.

Oil development's effect on birds is topic at next Audubon meeting

Hannah Specht will speak about the effects of oil and gas development on birds at the November St. Paul Audubon Society meeting. The meeting will begin at 7 p.m. Thursday, Nov. 13, at Fairview Community Center, 1910 W. County Road B, Roseville.

Specht is a candidate in the University of Minnesota's conservation biology graduate program.

The increasing development of hydrocarbon resources has impacted wildlife in North America across boreal, sage-steppe, grassland and deciduous forest ecosystems. Specht will provide an overview of how it is affecting different guilds of birds, provide examples of how this information is being used in regulation and mitigation, and how it has raised concerns in other areas.

The Audubon event is open to the public. A social time with refreshments begins at 6:45 p.m.

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1666 Coffman St., #215 - \$189,900

Overlooking the driving range of the University of Minnesota Golf Course, this home features both north and east views of the grounds of 1666 Coffman. It is a corner unit, with cross ventilation through windows on two sides. There are two bedrooms, two baths, **two balconies** and an "in-unit" laundry hook-up. The home has been all freshly painted and cleaned, with new flooring and is ready for you to move into immediately!

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This lovely condominium has a very open type of floor plan and offers exceptionally spacious living AND bedroom areas. The home has new carpeting and paint throughout. In addition, the unit features **two full bathrooms** and the closet space in the home is incredible! There is a large closet in the entry foyer and three large closets in the master bedroom suite. Finally, there are some wonderful bookshelves built into the master bedroom, perfect for your treasured collection of books and papers.

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Business News

Paddy Shack opens at Half Time Rec

By Roger Bergerson

The Half Time Rec is taking a big step up from toaster oven pizza.

The new Paddy Shack at the Rec opened Oct. 20, adding food service to the popular south Como bar. Now customers can order walleye and Irish poutine chips or the “County Cork Rec Dog,” featuring beer cheese mac, green chiles, stadium mustard and popcorn, or maybe the Dublin Lawyer Roll, a lobster sandwich with cheese and cream sauce along with a splash of whiskey.

Patrons come to the south Como bar at 1013 Front Ave. to watch televised sports, play bocce ball and listen to music on the weekends. But until now, when hunger pains struck, there wasn't much to keep them there.

“Ever since we bought this place five years ago, people would say, ‘We’ve had a great time, now we’re heading to Gabe’s or Schroeder’s (nearby bars with food) for something to eat,’” said Steve Mars, who co-owns the Half Time Rec with his brother, Scott.

“The bar business is complicated enough, we couldn’t imagine trying to figure out how to start up a restaurant,” he added, explaining the decision to seek a partner who would set up and run the restaurant operation.

The brothers chose a St. Paul native with some pretty solid culinary credentials: Jack Reibel, most recently chef and co-owner of the upscale Butcher and the Boar restaurant in downtown Minneapolis and a 2013

finalist for the prestigious James Beard Foundation Award for best chef in the Midwest.

He’s also one of the principals who have purchased and are renovating The Lexington restaurant at Grand and Lexington avenues.

Scott Mars knew Kevin Fitzgerald, one of Reibel’s partners at The Lexington, who had started the highly successful Smack Shack in downtown Minneapolis and introduced food service to the 1029 Bar, a favorite Northeast Minneapolis watering hole. The Mars brothers wanted to try a similar partnership at the Half Time Rec.

Reibel, who will function as executive chef, said he developed Paddy Shack menu items in the test kitchens of U.S. Foods, a leading restaurant supplier.

“I wanted what we offer to be

high-end, but not ‘cheffy,’ ” Reibel said. “We’ll make it fresh and make it different. And we’re going to have the best fish and chips in the city.”

“The Paddy Shack kitchen is definitely several steps above what you ordinarily see in a bar.”

About two dozen full- and part-time positions are being added to staff the food operation.

Steve Mars said the bar is known for live music and that will continue to be the case, although there will be one change: It will be acoustic music during the dinner hour.

Food service is available from 11 a.m. to 10 p.m. Sunday through Thursday, and until midnight on Friday and Saturday. A Paddy Shack launch party is planned for late November, the date still to be determined.



From left, Steve Mars, Scott Mars, Jack Reibel and head chef Billy Ring in the shiny new Paddy Shack kitchen. Photo by Roger Bergerson



Business Briefs

Colossal Cafe, 2315 Como Ave., ended its evening dinner service on Oct. 18 but continues its breakfast and lunch hours. The cafe is open seven days a week, 7 a.m.-3 p.m.

MidModMen+friends, a store that specializes in midcentury vintage and refurbished furniture and home décor, at 2401 W. University Ave., is celebrating two years at its University Avenue store. with a MidModMixer on Thursday, Oct. 23, from 6 to 9 p.m. at the store. The store is vacating the “annex” space next door that it has been using for overflow inventory. The annex is the new home to WORKHORSE COFFEE BAR, which is planning to open sometime in January.

MidModMen will also host two local fashion innovators—Marked Leather and Mill City Fineries—in a pop-up shop at the store in November. Marked Leather specializes in hand-crafted leather goods using hides with irregularities

like scratches, brands or scuffs that make each product unique. Mill City creates bow ties and pocket squares using high-quality fabrics, including vintage stock.

St. Paul artist Lisa Rydin Erickson will continue her yearlong collaboration with MidModMen+friends in a December showcase of new artwork, fabric creations and other items based on her art.

Bungalow Pottery is moving out of Milton Square in St. Anthony Park in November. Potter Ken Chin-Purcell is moving to Studio 414 in the Northrup King Building, 1500 Jackson St. N.E., Minneapolis, where he will be sharing a studio with another St. Anthony Park potter, Kate Daly.

“Milton Square has been a great location for eight years while my girls were growing up,” Chin-Purcell said in an email. “It’s been very convenient and I’ve enjoyed

developing pottery customers in the neighborhood.”

He says he’s looking forward to working in a larger space and in a community of artists. Northrup King is home to more than 130 artist studios.

Trotter’s Café, 232 N. Cleveland Ave. at Marshall Ave., is celebrating 25 years in business with the rollout of a new menu and a remodeled dining area.

The restaurant has expanded customer seating and created a larger area to host its monthly readings and “locals night” entertainment, Dick Trotter said.

Dick and Pat Trotter opened Trotter’s in 1989 as a whole-grain bakery with three tables. It now seats 65 and serves breakfast, lunch and dinner, along with local craft beers and wine.

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L I V E S L I V E D

The Park Bugle prints obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal, mary.mergenthal@gmail.com, or call 651-644-1650.

Marilyn Elliott

Marilyn L. Elliott, 87, died Sept. 28. She and her husband, Quentin, lived on Cleveland Avenue in St. Anthony Park for many years.

She was preceded in death by her parents, Eric and Lillian Tenquist; husband, Quentin; stepson, Quentin Jr.; and sister, Lorraine Weinberger. She is survived by her brother, Roy Tenquist; three nephews; and devoted friend, Dorothy Ritter.

To honor Marilyn's wishes, no visitation or funeral service was held. Interment was at Aurora City Cemetery, Aurora, Neb.

Mark Gilquist

Mark "Mr. G" Gilquist, 63, originally of Lauderdale, died Sept. 26 at Regions Hospital in St. Paul.

He grew up in Lauderdale, graduated from the University of Minnesota (BS) and St. Thomas (MBA) and became a mathematics and computer science teacher and swim coach extraordinaire. He taught in Independent School District 11 for 33 years at Roosevelt Middle School in Blaine and Champlin Park High School. He also taught at Nequa Valley High School in Illinois.

Mark had an intense desire to fix or build things, even if he didn't know how, which stemmed from his childhood years working at Park Hardware in St. Anthony Park. His love of food was grounded in his belief that butter was the most important food group. Mark passed on his love of teaching and working out to his children. He was an ironman of strength, living life to its fullest despite Lyme disease and Parkinson's disease.

He was preceded in death by his parents, Paula and Andrew LeRoy, and brother, Andrew II. He is survived by his husband of 23 years, Neil Anderson; three children, Gregory (Yeni Quintero), Ian (Chrisy) and Alexandra; and three grandchildren: Isabella, Landon and Savanna.

A memorial gathering was held Oct. 5 at the family home in St. Paul.

Dorothy Gupman

Dorothy Okonesky Gupman, 90, of Como Park, died peacefully Sept. 20. She was preceded in death by her husband, Maurice; daughter, Jane Ann; and brother, George. She is survived by her son, Richard; seven grandchildren; seven great-grandchildren; sister, LuVerne

Johnson; and godson, Howard.

Mass of Christian Burial was celebrated Sept. 26 at Holy Childhood Catholic Church, with interment at Roselawn Cemetery.

Cynthia Hanson-Scott

Cynthia (Cindy) Ruth Hanson-Scott died peacefully at home Sept. 30 with her daughters and husband by her side. After a long and courageous battle with cancer, Cindy is at peace.

She was born to David and Ruth Hanson on Aug. 1, 1958, in Marshall, Minn. She was raised in Dodge Center, Minn., and lived her adult life in St. Paul.

Loved by all who knew her, Cindy was a wonderful nurse and loving mother. Her smile, her kindness, her strength and her love will be missed by many.

Cindy is survived by her husband, Brian Manwarren, and two daughters, Mary and Britta Scott, who attended St. Anthony Park Elementary School. She is also survived by her parents, Ruth and David Hanson; four siblings, their spouses, and numerous nieces and nephews.

A celebration of Cindy's life was held at St. Mary's Episcopal Church in St. Paul on Oct. 4. Memorials may be directed to the college fund of her daughters, in care of her husband, Brian Manwarren.

Carol Isaacson

Carol E. Isaacson, 84, formerly of Lauderdale, died Sept. 28. A lover of the outdoors, she enjoyed many outdoor activities, including fishing and bird watching. For many years she worked for the City of Lauderdale as deputy clerk. She also volunteered as chief election judge for her precinct and was president of her local chapter of the Audubon Society. In retirement, she enjoyed spending summers at her lake home in Grantsburg, Wis., and winters in Sun City, Ariz.

She was preceded in death by her parents and three brothers, Arnold, Willis and Otis. She was a wonderful wife, mother, grandmother, great-grandmother and friend. She will be deeply missed by all who knew her.

She is survived by her husband, John; daughter, Mindy (Dave) Quade; son, Jeff Isaacson; sister Lois (Don) Shogren; four grandchildren; and three great-grandchildren.

Her funeral service was held Oct. 9 at St. Michael's Lutheran

Church in Roseville.

Deanna Lemm

Deanna M. "Dee Dee" Lemm, 74, of St. Anthony Park, died Oct. 4. Dee Dee was preceded in death by her parents, Charlotte and Arthur Lemm, and sister, Carolyn Morrison. She is survived by her brother, Roger (Anita) Lemm, and sister, Suzanne (Terry) Walford. Burial was held Oct. 11 at Sunset Memorial Park Cemetery.

Lois McTie

Lois I. McTie, 94, of Como Park, died peacefully on Sept. 21 with her family by her side. She was preceded in death by her husband, James; son, Mark; and siblings, Helen, Bob, John, Pete, Betty and Kay. She is survived by children, Kathleen Friedrich (Joe), Jim Jr. (Kathy), Mary and Peter; five grandchildren; six great-grandchildren; and sister, Marguerite Neunfeldt.

Mass of Christian Burial was celebrated Sept. 25 at Holy Childhood Catholic Church, with interment at Resurrection Cemetery.

Memorials preferred to Lyngblomsten Foundation or donor's choice.

Helen Peterson

Helen M. Peterson, 100, of Spring Valley, Wis., formerly of Arden Hills, Minn., died Oct. 10. She was preceded in death by her husband Wallace. She is survived by her sons, Richard (Sharon) and Robert (Lori), and three grandchildren.

Her funeral service was held Oct. 15 at Como Park Lutheran Church, with interment at Sunset Memorial Park.

Lois Thorstenson

Solveig Lois Thorstenson, (née Aanestad), St. Anthony Park, died peacefully Oct. 4, a few weeks after her 100th birthday. She was her congregation's oldest member at the time of her death.

She was preceded in death by her husband, Frederick W. "Woody" Thorstenson; seven brothers; and parents, Helge and Anna Aanestad. She is survived by her children, Sally Nelsen, Tom (Linda) and Tim (Gail Gentling); eight grandchildren; and eight great-grandchildren.

Lois was born and raised in Esmond, N.D. She attended Concordia College in Moorhead, Minn., where she sang in the choir. She graduated from the University of Minnesota with a bachelor's degree in music and education and taught high school music.

She focused on family and actively participated in her local community and at St. Anthony Park Lutheran Church. Her memorial service was held there Oct. 10, with interment at Roselawn Cemetery.

Memorials are preferred to St. Anthony Park Lutheran Church Music Education or donor's choice.



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School News

The Bugle welcomes news about students and schools in the area. The deadline for the December issue is Wednesday, Nov. 5. Send your news to editor@parkbugle.org.

Avalon School

700 Glendale St., 651-649-5495
www.avalonschool.org

Help with senior projects

Avalon School is seeking volunteers to help a senior with his or her project. Contact Kevin Ward at 651-649-5495, ext. 211, or kevin@avalonschool.org for more information.

Macbeth to be performed

Avalon will present *Macbeth*, directed by Theatre Pro Rata Artistic Director Carin Bratlie, at 7 p.m. Friday, Nov. 21, and Saturday, Nov. 22. Interested in helping out with costumes, props or running lines? Contact Kevin Ward at 651-649-5495, ext. 211, or kevin@avalonschool.org.

Avalon hosts two open houses

Avalon School open houses will be held at 7 p.m. Wednesday, Nov. 12, and Thursday, Dec. 11. More open houses will be held in January and February. Families are welcome to attend to learn more about Avalon's project-based approach.

Chelsea Heights Elementary

1557 Huron St., 651-293-8790
www.chelsea.spps.org

Sky Zone fundraiser

Sky Zone Indoor Trampoline Park in St. Paul is hosting a fundraiser for Chelsea Heights PTO 5-8 p.m. Thursday, Oct. 23. Tickets are \$9 and include 60 minutes of jump time. Visit skyzone.com/stpaul to order tickets in advance and use promo code SPSC010. Preorder is not required.

Como Park Senior High

740 Rose Ave., 651-293-8800
www.comosr.spps.org

Learn about Como at two events

Eighth-graders and parents: join Como Park Senior High School staff and students for two evenings in November. The school will host a coffee and cookies event at 6:30-7:30 p.m. Monday, Nov. 10, at Sunrise Bank, 2300 Como Ave., St. Anthony Park. And on Tuesday, Nov. 18, come to Como Park Senior High at 7 p.m. to learn about the school's Advanced Placement and College in the Schools programs.

Fifty-six AP Scholars!

Results of the Advanced Placement tests taken last spring are out and here are the names of the students who did well on their tests.

AP Scholars (students who have received scores of 3 or higher on three or more AP exams) are Abyan Abdisalam, Yassin Ahmed, Alomaja Oladunni, Vincent Atlobell-Velasc, Amie Bucher-Stone, Lia Chin-

Purcell, Aaron Coggins, Rawley Crow, Anna Fryxell, Isaac Hamilton, William Hanson, Sundus Hassan, Jchuechu Her, Kao Her, Peter Husnik, Matthew Klein, Anton Konieczny, Jenna Krivit, Marshal Landrum, Emma Marshall, Kathleen Miles, Philip Moulton, Tessa Portuese, Harrison Thompson, Loi Tran, John Wenger, Thorbjorn Will and Rachel Williams.

AP Scholars with Honor (students who have received an average score of 3.25 on all AP exams taken and scores of 3 or higher on four or more of these exams) are Duncan Anderson, Lillian Coyne, Alexandar Glebov-Mcloud, Stefan Hankerson, Stella Quale, Samuel Quiney, Benjamin Reynolds and Tuomas Sivula.

AP Scholars with Distinction (students who have received an average score of at least 3.5 on all AP exams taken and scores of 3 or higher on five or more of these exams) are Ruth Axtell-Adams, Connor Burke, Jacob Cohen, Celia Commers, Jacob Graff, Richie Gulner, Jacob Heiberger, Luke Larson, Zachary Lee, Jonah Leurquin, Douglas McCune-Zierath, Lydia Neus, Gabriel Ngam, Nathan Parsons, Vu T. Phan, John Proper, Ellen Purdy, Alec Shinomiya, Stryker Thompson and Kathryn Yetter.

National AP Scholar (students who have received an average score of 4 on all AP exams and scores of 4 or higher on eight or more exams): Connor Burke, Jacob Cohen, Luke Larson, Zachary Lee, Douglas McCune-Zierath, Gabriel Ngam, Vu

T. Phan, Ellen Purdy, Alec Shinomiya and Stryker Thompson.

Choir presents fall musical

Como Park Senior High School choirs will present the musical *Finian's Rainbow* at 7 p.m. Wednesday, Nov. 6, and Thursday, Nov. 7. Tickets are available at the door \$7 for adults and \$5 for students and seniors.

Finian's Rainbow is an entertaining look at racism in America through the lens of Irish immigrants coming to this country to make a better life.

Debate team takes awards

The Como Park Senior High School debate team took home three awards from the season opener at Washington Tech on Oct. 4. The young debate team earned three individual speaker awards in the rookie division: Angela Aryiku (15th), Creole Taylor (sixth) and Stephen Boler (eighth) all received medals for being in the top 15 speakers.

Fall food drive

Como Park Senior High School's student council will be beginning its annual fall food drive in November. Students are encouraged to bring in nonperishable food and household items throughout the month. These donations will help to support the Keystone Community Services food shelf at Arlington Avenue and Rice Street. Students who donate will be entered into a drawing for prizes that include movie tickets, Como gear and gift cards. This year's donation

goal is 200 pounds. Community members can drop off donations in the front office.

Murray Middle School

2200 Buford Ave., 651-293-8740
www.murray.spps.org

Roadmap to Murray

Hear Murray Middle School students and parents talk about their experiences at the school at 6:30-7:30 p.m. Monday, Nov. 17, at the St. Anthony Park Library, 2245 Como Ave. Bring your questions.

For more information, contact Cindy Thrasher, 651-293-8740, ext. 45232.

Twin Cities German Immersion

1031 Como Ave., 651-491-7106
www.tcgis.org

TCGIS students nail MCAs

Twin Cities German Immersion School students performed well on the Minnesota Comprehensive Assessment tests last spring. Ninety-four percent of the students who took the test at the school ranked proficient in math and 89 percent ranked proficient in reading.

The school had the highest scores in both areas of any metro charter or public school, according to the listings in the Star Tribune, apps.startribune.com/no_child/.



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Community Worship Directory

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www.peacelauderdale.com
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❖ SPIRIT UNITED CHURCH

3204 Como Ave. S.E., Minneapolis, 612-378-3602, www.spiritunited.com
Sundays: 10:30 a.m. Message and Music. Kids With Spirit Sunday School.
Sunday, Nov. 16: Fall Festival Fundraiser noon to 4 p.m.
Luncheon, bake sale, healers, readers, silent auction, vendors, all welcome
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Sunday Masses: 8:15 a.m. and 10 a.m. at the church

❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

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11 a.m. Fellowship and refreshments
6:30 p.m. Free young adult dinner in parlor
Mondays: 7 p.m. Community Bible study in parlor

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Web, Facebook, & Twitter: SAPLC
Sunday Worship: 8:30 & 11 a.m. with education hour for all 9:45 a.m.
Wednesday Community Dinner: 5-6:30 p.m. Free will offering
Thanksgiving service: Wednesday, Nov. 26, 7 p.m. (no dinner that evening)

❖ ST. MATTHEW'S EPISCOPAL CHURCH

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Sundays 9:15 a.m. Faith Formation for all ages
10:30 a.m. Worship with sermon and communion
Nursery care provided 9 a.m. -11:20 a.m.
7:00 p.m. Night Prayer with reflection and communion,
Dinner at 5:30 p.m.
All are Welcome! www.stmatthewsmn.org

To add your church to the directory, contact Bradley Wolfe at 952-393-6814 or bradley.wolfe@parkbugle.org



CPHS Cougar Sports

Eric Erickson will highlight a Como Park Senior High School athletics each month in the Bugle throughout the school year.

Como cross-country team runs proud

By Eric Erickson

On a sparkling fall afternoon after a full day of classes, Como Park Senior High School's cross-country team headed out for an "easy" day of training. Forty runners—25 boys and 15 girls—headed out from Como's brand-new track, across Victoria Avenue and onto the path around Lake Como.

The runners kept a comfortable pace, discussing subjects ranging from AP Calculus class to the upcoming meets as they rounded the lake and headed across Lexington Parkway. The run proceeded along the south side of the park and Como Zoo. This "easy" route would extend down Como Avenue past the state fairgrounds into St. Anthony Park.

Add the return along a meandering route back to school and the Cougars covered 8 miles. Tomorrow, they would take it to another level.

Como cross country coach Tim Kersey, a St. Anthony Park native who grew up on Doswell Avenue, has a proven training regiment that his earnest runners know will maximize their potential. "Hard" days involve nearly 10 miles of overall distance, including a middle segment of repetitions that total three to four miles in total volume and are run at race pace.

This dedicated training has improved all runners' times and brought several to the upper echelons of competitive races.

On the girls' side, sisters Kathleen Miles (a senior) and Mary Miles (a junior) are serious contenders in qualifying for the state tournament. At the Blaine Invitational on Oct. 2, with a field of 70 competitors, Kathleen finished third overall and Mary finished fifth.

Girls' cross-country races in the Minnesota State High School League are 4 kilometers (2.5 miles.) Kathleen finished the Blaine course in 15:46 and Mary followed at 16:04. Rounding out Como's top six runners (five of whom count for the varsity team score) were Hope Helmin, Makayla Van Nett, Ana Caballero and Maddie Post. The team placed seventh out of 14 teams in Blaine.

Boys' Cross Country races are 5 kilometers (3.1 miles.) The team finished in sixth out of 19 teams at the Blaine Invitational. The top finisher was Geleto Roba with a time of 17:45, good for fifth place overall out of 95 participants. Senior John Proper finished at 18:49 in 21st place.

Other varsity contributors at Blaine were Stefan Hankerson, Jacob Heiberger, Tuomas Sivula and Matt



The Como Park cross-country team enjoyed another day of their successful season competing in the Roy Griak Invitational at the University of Minnesota on Sept. 27.

Klein. Kersey said the top finishers are usually the same from race to race. He is proud to note that every runner in the program supports all teammates across the finish line at every race. Being a team player and exhibiting kindness are key components of the team's philosophy.

The supportive and spirited bond of the team is nurtured at team events that include pasta carbo-loads, Saturday morning runs and breakfasts at team members' homes. The captains made similar comments about how tight the team bond is. "Everyone on this team supports each other because we are all friends," Hankerson said.

Some have been friends since their elementary days at St. Anthony Park or Chelsea Heights elementary schools. Some of the friendships are newer, with Como cross-country as the origin. Regardless of history, the present season is full of spirit. Heiberger noted that, "We are always the loudest team at every meet. We cheer on all our runners. There's a lot of pride and effort."

Kersey agreed. This group has "leaders by example when it comes

to support, caring about one another and acting as team players," he said. "It is a privilege to meet with them at practice and see them perform at meets."

The cross-country season concludes with the state meet on Nov. 1 at St. Olaf College in Northfield. If Como qualifies runners as it has in previous seasons, you can bet there will be some loud and proud support from the Como Cougars down in Northfield.

Check back in next month's Bugle for an update on this team and a season summary of all Como and Murray fall sports teams.

Eric Erickson is a social studies teacher at Como Park Senior High School. He has coached a variety of school and youth sports teams in St. Paul over the last 20 years.



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Classifieds

Send your ad to classifieds@parkbugle.org or P.O.Box 8126, St. Paul, MN 55108, or call Fariba Sanikhatam, 651-239-0321. Ads are \$5 per line. Add a box or art for \$10. **Next deadline: Nov. 7.**

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Happy 50th! Celebrate!

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WANTED: Single parking space to rent in a garage within a block of Doswell & Hythe. Dorothy, 651-645-7608.

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2267 CARTER AVENUE Family-owned for 64 years, Victorian triplex perfect for owner-occupant situation, hardwood floors, built-ins, stained glass, newer 3-car garage, separate utilities, 75x180 landscaped lot with many plantings/sprinkler system. Just reduced, \$399,000. Lynn Ritter, broker/associate, JPS Pro Realty, 612-599-0846 or lynn@lynritter.com.

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The Como Park Senior High School boys soccer team will compete in the state soccer tournament for the third year in a row.

Como soccer team heads to state tourney

For the third consecutive year, the Como Park Senior High School boys soccer team is headed to the state tournament. The Cougars claimed the Section 3A Championship on Tuesday, Oct. 14, by defeating the Blake Bears 2-1.

First-year head coach Jonah Fields has led the Como boys to an overall record of 14-4-2 as they enter the eight-team state tournament. Last season, the Cougars won it all in

the Metrodome. This season, first-round games will be at various sites with the semi-finals and championship culminating in St. Cloud on Oct. 29 and 30.

Games had not been scheduled when the Bugle went to print, but you can get up-to-date scheduling information at the Minnesota State High School League website, mshsl.org, or follow Eric Erickson on Twitter, @eestp.

Gibbs Museum from 3

style tipi and replica bark lodge to allow visitors to explore the traditional lifeway of the Dakota. Visitors can also see a native prairie, Dakota medicine garden, and traditional Dakota and pioneer crop gardens. The schoolhouse at the site was built in the 1880s and was moved from Chippewa County, Minn., in 1966.

You can read more about Stewart and the history of Gibbs in an article by Steven C. Trimble in the fall 2012 *Ramsey County History* magazine. You can find a link to it on our website at www.parkbugle.org. Click on the article "Gibbs ends 65th anniversary year with fall festivities" and the link at the bottom of the page.



Gibbs Museum has expanded in 65 years to include farm animals. Photo by Kristal Leebrick

Neighbors from 13

yoga (ages 6-11) beginning Nov. 7; ballet and creative movement (ages 3-5) beginning Nov. 5; and jaz, ballet, hip hop (ages 6-10) beginning Nov. 5; tae kwon do (ages 6+) beginning the first of every month; and dinner with Santa and Mrs. Claus on Friday, Dec. 5, at Langford Recreation Center.

To find out times, costs and to register, go to www.stpaul.gov/parks, call 651-298-5813 and use a credit card, or visit Northwest Como Rec Center, 1515 Hamline Ave., 3-8 p.m. Monday-Thursday or 3-6 p.m. Friday.

SPPS Foundation seeks tutors

The St. Paul Public Schools Foundation has volunteer tutoring opportunities at a variety of community organizations, including Mid-Century Oceanographic Institute on University Avenue and the St. Paul Public Library's "Reading Together" program. Contact Taylor

Clements, 651-325-4205 or taylor.clements@sppsfoundation.org.

Wednesday church suppers at Jehovah Lutheran Church

Jehovah Lutheran Church, 1566 Thomas Ave., hosts weekly church suppers from 5:30 to 6:30 p.m. Wednesdays in the church basement. The Wednesday suppers are open to all. There is a suggested donation is \$3 for adults and \$2 for children.

Mentors sought for children with mental health diagnoses

Metro Social Services Inc., 345 University Ave. W., is seeking reliable volunteers to be positive role models and support figures for children in grades K-12 with mental health diagnoses. The position requires a six-month commitment. The work averages 12 hours a month, or three hours a week. To find out more, contact Whitney Bey, \counselor, at 651-366-7075 or whitney@metrosocialservices.org.

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★ Please Vote November 4, 2014 7am-8pm ★



Re-Elect **JANICE RETTMAN**
COUNTY COMMISSIONER

Thank you for your past support and vote.

I would appreciate your vote November 4, 2014

AFL/CIO DFL LABOR womenwinning ENDORSED

Prepared and paid for by the Rettman Volunteer Committee, Box 17063 Rice Street, St. Paul MN 55117
To Contact Janice: 651-489-8630 www.ramsey3.com