By Kristal Leebrick

24-unit apartment project could break ground at N.E. corner of Doswell and Como this fall

If all goes according to plan, Ned Wesenberg says there should be a lot of new housing inventory on the market in St. Anthony Park come spring 2016.

That's when Wesenberg—owner of Park Service and the BP station on Como Avenue, as well as the Healy Building at 2301 Como Ave. and the apartment building behind it—hopes a three-and-a-half-story 24-unit apartment complex will be open for rent at the northeast corner of Como and Doswell avenues.

Developers Tanya Bell and Judd Fenlon, along with architect Pete Keely of Collage Architects on Raymond Avenue, presented plans for the project at the District 12 Land Use Committee meeting on March 12.

The project, which Wesenberg has named Park 24, will include underground heated parking and market-rate one- and two-bedroom apartments that Wesenberg says will appeal to local residents who have hit a point in their lives where their children have grown; they are tired of taking care of "yards, facia, soffits and gutters"; they "want to travel and do things" without the burden of a home to care for; and they are not ready for assisted living. And it'll be right on "Main Street," kitty-corner from Tim & Tori's Speedy Market, across from Sunrise Bank and—if another proposed project comes to fruition—a hardware store.

At press time, Wesenberg had been trying to talk with representatives at the U.S. Postal Service to offer space on the ground floor of his building to house a new post office, to replace the building at 2286 Como Ave., which is being purposed as a hardware store.

Neighborhood response to the project has been positive, Wesenberg said, as neighbors have been stopping by for updates.
Como Park

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of each month at the Historic Streater Station, 1224 N. Leigon Parkway. Contact 651-644-3889 or www.district10comopark.org

Como garage sale is May 16

Registration for the 2014 Como Neighborhood Garage Sale is now open. This year’s sale will take place on Saturday, May 16. The registration fee is $15. Registration includes a listing on the printed and online garage sale map. Fees will fund newspaper advertising and yard signs to promote the sale. You can register online at district10comopark.org/2015_garage_sale.html.

District 10 annual meeting board elections are April 21

District 10 residents and business owners are invited to join the District 10 Como Community Council for its annual meeting and elections on Tuesday, April 21, at 7 p.m. at the Historic Streater Station, 1224 Leigon Parkway. N. T he meeting will include a review of District 10’s work in 2014 and an interactive update on the district’s planning process.

The meeting will also feature the annual election of the District 10 Como Community Council, the neighborhood volunteers who govern and support District 10’s work.

For more information on voting eligibility requirements and procedures, go to www.district10comopark.org/Membership.Voting.html.

Falcon Heights and Lauderdale

The Falcon Heights Community Council meets the second and fourth Wednesdays of each month at 7 p.m. in Falcon Heights City Hall, 2057 W. Larpenteur Ave. Contact 651-792-7600 or falconheights.org.

The Lauderdale City Council meets the second and fourth Tuesday of each month at 7:30 p.m. in Lauderdale City Hall, 1891 Walnut St. Contact www.district10comopark.org or 651-792-7650.

Bike path improvements planned for Rondo Avenue

By Anne Holzman

Planning and improvements to Franklin Avenue just west of trunk Highway 280 will cause street closures and other traffic disruptions this summer.

St. Anthony Park Community Council member Brad Engelmann said it will be worth the trouble. The council met with city officials in early March and reacted with enthusiasm to the plan, which Engelmann said will make the street friendlier to pedestrians and bikes and help draw the neighborhood back together.

“It included nearly all the elements we look for in a street plan,” said Engelmann, who co-chairs the community council’s transportation committee.

The project, which stretches from St. Paul’s western border at Curfew Street east to Eustis Street, will be funded by city street improvement bonds and assessments to adjacent properties. Eustis Street serves as a frontage road along the western edge of 280 where it meets Franklin Avenue.

In addition to the typical updates to sewers and utilities, Engelmann said, the plan includes installation of sidewalks and boulevards where there have long been gaps and replacement of lighting with a “lantern style” that better serves bikes and pedestrians.

Curfew Street also has improved crosswalks and bike lanes are also planned. “We’re excited about it,” Engelmann said.

The council has asked for bike lanes/striping to continue Franklin east to University. A request that is still pending, he said.

All property owners directly affected by the Franklin Avenue project should have received a letter from the city in early March. Construction is scheduled to begin in May. St. Paul Public Works engineer Jay Farrell, who is heading up the project, noted that he’s aware that Curfew Street residents will need access during construction, “as it’s a dead-end street.”


Engelmann and his colleagues also have proposed improvements to Terminal Road, aiming to connect the rapidly growing edge of St. Paul to the older neighborhoods on the east side of 280, as well as to serve trucking access to their old University Avenue routes.

“We are asking for

Franklin Avenue to 8

Franklin Avenue Task Force holds ADU information meeting

The District 12 ADU Task Force held an informational meeting on accessory dwelling units (ADUs) March 16 at St. Anthony Park Lutheran Church. The meeting presented results of research conducted by the nine-member volunteer task force, which was created last fall to explore the pros and cons of changing the City of St. Paul’s zoning code to allow ADUs to be built in St. Anthony Park. You can access the information shared at the meeting at the District 12 website, www.sapcc.org. The task force also solicited public comment at the meeting. If you would like to share your comments, contact Suyapa Miranda at District 12 (suyapa@sapcc.org or 651-651-649-5992) to find out how to obtain a comment sheet to share with the task force.

Franklin Avenue to be repaved and improved for bikes and pedestrians

By Anne Holzman

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“We are asking for
Climate Rally 2015 will celebrate Earth Day, climate work in state

By Krista Leibrick

There is a lot of good work going on in Minnesota to address climate change, said Dawn Tanner, she and her husband, Jim Perry, are working on a party of sorts at the State Capitol on Earth Day to celebrate.

Climate Rally 2015, set for Wednesday, April 22 (April 23 has been reserved as a rain day), will include speakers who are working on climate change projects in the sciences and in policy-making along with music, food and more.

The day will begin with music at 12:30 p.m., followed at 1 p.m. by speakers, who will talk about their efforts in addressing climate-change issues in Minnesota. A poster and letter presentation and group photo will be at 2:30 p.m.

Speakers include Mark Sorey of the Minnesota Climate adaptometry Working Group; Minnnesota State Rep. Rep. Matt Dean of the Job Growth and Energy Affordability Policy and Finance Committee; Scott Strand, executive director of the Minnesota Center for Environmental Advocacy; Clarence Lehman, associate dean at the University of Minnesota College of Biological Sciences; Erin Murphy, Minnesota House minority leader; Suzanna Savanick Hansen, sustainability manager and professor at Macalester College; Peter Reich, senior chair in Forest Ecology and Tree Physiology at the University of Minnesota; Ellen Anderson, executive director of the University of Minnesota’s Energy Transition Lab; Jothsna Harris and youth leaders; Will Sieger Foundation; and Julia Frest-Nerbonne of the Department of Fisheries, Wildlife and Conservation Biology.

The impetus to organize the event came from Tanner’s own struggle with understanding climate change.

A conservation biologist and teaching specialist at the University of Minnesota, who “prefers to study focal species, lizards in the Park Bugle 3
EDITORIAL

A poetic month

There is poetry everywhere this month: Read the lovely story about Dave Healy’s poetry-writing venture at St. Anthony Park Home on page 1. Check out the winning poems in our fifth annual poetry contest on page 7. (Thank you, Alicea Dugan, for being a long-ago sponsor of the winners.) We pulled a poem out of a 1955 St. Anthony Park Antique Club meeting program to help tell the story of the 75-year-old club on page 10. And here we offer two more contributions to our poetry contest for your reading pleasure, simply because they both reference spring. And it is spring now, after all. (Go to www.parkbugle.org to read all of the poems entered in our 2015 contest.)

The Early Bird

It’s said that robins hunt by sight, eye cast in beady readiness, looking to spot the prey a centimeter’s depth from death at the surface of the lawn.

But you can’t tell me they’re not listening when they cock their heads, gone mum themselves, catching the gob of chatty grubs, picking up the chime of earthworms contracting and expanding deep in summer’s soil.

Their bearing makes the birds seem smart, like our old spoiled spaniels, all attention, one rag-eared drooping, inclined to snack when we offer treat, a word she knows, along with sit and stay.

The bird brain, though, being what it is, hears not the lyrics but the melody.

The Heron

T’heron hops to a swastik on the subterranean babbie the way the rapt disc of the sunflower tilts toward the clamon of the noonday glare, convinced by what it has to say.

— Susan Warde, St. Anthony Park

River

In spring the river sighs in pain, Her surface cracked. Hi’r blood exposal, bursting Warmed by fickle sun whose gaze Could melt the core of hell

T’han a brief ecstatic shout

T’hen an piercing, outspread on the plain

Stretching catlike through languid summer

Until sun, ungenerous, withdraws

Leaving silent soul encased in

Frozen shell again

— Priscilla T. Thomas, St. Anthony Park

THE BUGLE SEeks board candidates

The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, a strong connection to experience, a sense of community and the ability to comfortably approach potential volunteers.

The Park Bugle seeks board candidates from the Como Park neighborhood, the cities of Lauderdale and Falcon Heights to help with the co-chairs of the Fourth in the Park Committee, which organizes St. Anthony Park’s annual July 4 celebration.

Contact

If you have a question or concern, please contact the editor at editor@parkbugle.org.

 psycopg2

Correction

The article “Fourth in the Park launches new website and a T-shirt contest,” which appeared in the March issue of the Park Bugle, incorrectly identified Emma Sealey as Emily Sealey. Emma Sealey is one of the co-chairs of the Fourth in the Park Committee, which organizes St. Anthony Park’s annual July 4 celebration. We apologize for the error.

Thank you for supporting the Park Bugle

T thanks to the following Park Bugle readers who have contributed to the Bugle’s 2014–15 fund drive. T’his list reflects those who gave up to March 13.

If you haven’t had a chance to contribute, you still can. The Bugle relies on tax-deductible donations to help defray the newspaper’s annual operating costs. Donation online at www.parkbugle.org.

Click the green DONATE NOW button on the right side of the page. Or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108. Thank you!

Mary Jane Addison

Marge and Charlie Aviles

Robert Halloway

Bill Huth & Sally M du Guin

Erica Inman

Jerry & Jan Sedgwick

L E T T E R S

The Bugle welcomes comments and letters to the editor. Send them to editor@parkbugle.org.

State’s transportation infrastructure belongs to all

Minnnesota needs a transportation system that provides equitable access to all and better connects us to our jobs, housing and education. The state’s transportation infrastructure belongs to all of us and it impacts us each in unique ways. Our ability to move around efficiently affects our finances, our health and the ability to do our jobs or run our businesses effectively. Transportation is one of the highest costs in household budgets, greater than education and health care.

Minnesota’s transportation system needs to be a priority for the state Legislature in 2015. Our state is competing with the rest of the country to retain and attract the best young talent. The Twin Cities region is losing its young talent to cities such as Austin, Denver and Portland as these workers seek out cities with vibrant downtowns and accessible transit.

Unfortunately only 1 percent of jobs in the Twin Cities are conveniently served by public transit. It is time for the state Legislature to invest in transportation infrastructure in 2015.

— Joan Phillips, Falcon Heights
Meet the bus (the train and ...) St. Anthony Park Transition Town group invites neighbors to explore how to get from here to there without using your car.

By Pat Thompson

I don’t know about you, but once I was an adult, I felt like I was supposed to know how to drive. And since I had never ridden a Metro Transit bus, not knowing how it works is one of the things that kept me from taking the bus instead of driving.

There are some useful bus lines in the St. Anthony Park neighborhood, connecting us with places we need to go. Now you can join some of your St. Anthony Park neighbors to ride the bus together as part of Meet the Bus, a program created by the Transportation Action Group of Transition Town—All St. Anthony Park.

We have four dates scheduled where we will meet at specific locations, have a chance to see how the Metro Transit prepaid Go Cards work and have bus schedules to share. In the meantime, we will meet up and talk. So even if the weather warms up, we still do some biking, too. Here are some dates, times and places where you can meet your neighbors and learn how to ride the bus.

Saturday, April 18, 1 p.m.: Meet at the northwest corner of Raymond and Como avenues (by Salon Lingi) to take the No. 87 bus down Raymond to Hampden Park Co-op. If it’s nice, we can sit in Hampden Park for a while, then return on the bus. Bring cloth shopping bags or your own cart if you have one, or just come along for the ride. (Anyone within walking distance of the co-op is welcome to meet us there, too.)

Saturday, May 16, 1 p.m.: Take a dry run to the airport. Meet at 65th and Como avenues (at the northeast corner, kitty-corner from Spaddy’s Market) to take the No. 3 bus to the Blue Line light rail to the airport. This is an affordable way to get to the airport. If you want to, you can split off on the return trip to visit the M of America.

Friday, June 19, 1 p.m.: Meet in the park-and-ride lot at Como Avenue and Erstwhile Street (kitty-corner from HealthPartners) to take the No. 9 bus to the Green Line to Surly Brewing Co. in Prospect Park. South St. Anthony Park folks can meet up at the Green Lines Raymond Avenue Station around 1:25 p.m. We’ll go into the brewery for a snack or a beer and then return.

Saturday, July 18, 1 p.m.: Meet at the community garden on Robbins Street just off of Raymond Avenue with your bike. We’ll take the University of Minnesota Transitway to Dinkytown, then cross the M tibagopp on the bike-only bridge, return by the Stone Arch Bridge and finally make our way back to the neighborhood. We may make a stop for a malt at Anniel’s Parlour in Dinkytown, or other ideas are welcome. This is a great trip for families and anyone who wants to understand the bike connections into M inneapolis.

Bus fare will be $1.75 each way for the May 16 and possibly June 19 trips, depending on how long we stay at Surly. The co-op trip should be short enough to allow a return trip on the original fare payment. Exact change will help.

If you are interested in working on transportation, or have any questions about the Meet the Bus events, email Pat Thompson, transportation@transitionasap.org.

Pat Thompson is a member of the Transportation Action Group of Transition Town—All St. Anthony Park.

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Micawber’s readings will celebrate Poetry Month and Earth Day

Celebrate National Poetry Month and Earth Day, on Wednesday, April 22, at 7 p.m., at Micawber’s Books, where poets Dave Hely, Naomi Cohn, John Krumbenger and Sharon Chmielarz will read works suitable for the occasion.

Hely, author of The Paul Mau of Style and Nothing is Lost, is a freelance writer and editor and was the editor of the Park Bugle from 2000-2010.

Cohn, author of Between Eater & Eternity, is the creator of Known by Heart, an collaborative project on poetry, memory and the arts (see knownbyheartpoetry.com), and she provides poetry activities at Ebenezer, a senior housing and care center in M innneapolis.

Krumbenger, author of In Starshaped and The Language of Rain and Wind, works as a psychologist in private practice in St. Paul.


Poetry class from 1

always get to the point where we were generating sentences or lines,” Hely said.

The class participants appreciate Hely’s efforts. Lillian Finley has lived in the nursing home for several years but had never seen anything like Poetry Class before.

“I like it; it makes me think. It challenges me,” she said. Finley added that she enjoys the connection that the class gives her to the outside world. “In a nursing home you may be unsure of your family,” she said.

Poetry Class lets Richard H orbeg pursue something he loves. “It’s the highlight of my being here,” he said. “It’s the most interesting thing I’ve done since being here.”

Like Hely, Horberg also once taught writing classes. “I like David’s manner. He doesn’t rush, I like the way he constructs a poem,” he said.

Horberg writes outside of poetry class, too. He has 12 (unpublished) novels on his computer. Some good, some bad, he admits. In the 1970’s and 80’s, Horberg had 15 short stories published by various magazines and quarterlies. After nights of cigarettes, beer and prose, he could go to bed happy knowing that he had written something good.

“I really love to write. I feel more alive at any other time, so I have to write,” he said.

Poetry Class met the following week, and Healy shared the completed Ted Hughes-inspired poem:

A Dog’s Life

I sit by the fire and sleep,
I hear a noise and growl
I answer my master’s call.
I eat whatever is given to me.
I love children; I protect the elderly.
I love you master; kiss me in return.

I am alive than at any other time, so I have something good.

The Language of Nothing Is

For me, writing is its own reward.

Teresa Woodward is a freelance reporter and coffee roaster in St. Paul.

And the class moved on to the next poet. Perhaps A Dog’s Life will not be published outside of this newspaper, it doesn’t need to be important. The pleasure of writing the poem challenged the students, made them think and gave them a chance to write.

As Horberg said, “For me, writing is its own reward.”

There is work suitable for the occasion.
Poetry contest winners

April is National Poetry Month and the Bugle is marking this annual celebration of verse with our fifth annual poetry contest. Thirty-four poems were submitted, including 13 from a high school English class at Great River School on Enerly Park Drive. The poems were judged anonymously by St. Anthony Park poet Alice Duggan.

Her first-place choice is “Breakfast at the Colossal” by John Krumberger of Prospect Park as the first-place poem because “the author paints an imaginative landscape bereft of poetry or speech; uses wonderful images, never lets go of our attention.”

Her second-place choice is “Squirrel Talk,” by Susan Corey Everson of St. Anthony Park and Thousand Oaks, Calif. The poem is “an accurate portrait of an egotistical squirrel who speaks with his tail. It moves off into an imaginary world at the end, like a Beatrix Potter illustration.”

“Sour Salt,” Duggan’s third-place choice was written by Andrea Christian Zdenek, the English teacher at Great River School who challenged her students to submit poems for this contest. Duggan says this about the poem: “It is so well-observed; it shows anger without ever using the word. It’s a slice of life with lime. The author lets it be what it is.”

Duggan gave an honorable mention to Medha Faust-Nagar’s “to me” because “the author knows how to reach across history and make connections; she does a good job of engaging the reader [and] gets us interested in the demands our culture makes on women.”

Krumberger will receive a gift certificate to Micawber’s Books in St. Anthony Park. The winning poems are printed here. You can read all of the entries at www.parkbugle.org.

Breakfast at the Colossal

Before poetry came to exist, landscape was flat and sky was flat, both stretched endlessly unremembered in dreams. The trees did not speak to the shouts of golden retrievers, and if there were waitresses, they did not salaam while weaving between chairs. Male and female were two lines that paralleled, never to intersect. Words dangled off each other’s jagged undersides, never coupling to sound, or flowing into phrase simple as it’s all good honey just hold your shirt. Even the sun was cold, even the fires. The senses had yet to be discovered, beauty a small asteroid down a long, thin wire, both stretched endlessly unremembered in dreams. The trees did not speak to the shouts of golden retrievers, and if there were waitresses, they did not salaam while weaving between chairs. Male and female were two lines that paralleled, never to intersect. Words dangled off each other’s jagged undersides, never coupling to sound, or flowing into phrase simple as it’s all good honey just hold your shirt. Even the sun was cold, even the fires. The senses had yet to be discovered, beauty a small asteroid down a long, thin wire.

— John Krumberger

Sour Salt

“Hello, just the two of you?” I slide the menus on the table and nearly spill the water.

“Yes—I’d like a margarita, please, on the rocks.” Someone looks like she needs a drink.

“Alright, and you, sir?”

Darts fly. “Just give me a minute.”

“I’m here, I think. Is that you?”

“I’ve had a margarita, I don’t think we’re going to order anything else.”

“I, a woman should take the check.”

She shoves the ten dollar bill at me. He huffily pats for his wallet. “Come on—”

“No, she says, “well, just have drinks.”

“Another round?”

H is brow furrows. “No, well take the check.”

She shrugs the ten dollar bill at me. He quickly pats for his wallet. “Come on—”

“Plain, no—”

He huffs with exaggeration. I take the money from her shaking hand.

I bus their table, and see them arguing in front of the window.

The woman looks her eyes with me for a moment—I was staring. She starts the car. I get back to work.

I watch, and I see the scene play out:

I see the pitty flash for “those girls on the TV screen,”

Sage rage rush at the mother-in-laws,

But they don’t see—

The author lets it be what it is.

—John Krumberger

Squirrel Talk

The squirrel has a flair for acrobatics, courage to launch his body down a long, thin wire, stretch out his pear-shaped torso and gorge on birdseed from the feeder below. Shows no regard for juncos waiting a turn, but waves his tail gaily as if to tell of a table set with cranberry cakes and thimbles of blackberry wine.

— Susan Corey Everson

to me

Consume, or
Be consumed.
Two options, and eyes
On me waiting for
The choice.
Am I one of the self-superior
“we are a developed country —
in the fourth demographic transition—
Here in America . . .”

I watch, and I see the same play out: I see the pitty flash for “those girls on the TV screen,”

Sage rage rush at the mother-in-laws,

But they don’t see—

The author lets it be what it is.

—Andrea Christensen Zdenek

Breakfast at the Colossal

Before poetry came to exist, landscape was flat and sky was flat, both stretched endlessly unremembered in dreams. The trees did not speak to the shouts of golden retrievers, and if there were waitresses, they did not salaam while weaving between chains. Male and female were two lines that paralleled, never to intersect. Words dangled off each other’s jagged undersides, never coupling to sound, or flowing into phrase simple as it’s all good honey just hold your shirt. Even the sun was cold, even the fires. The senses had yet to be discovered, beauty a small asteroid down a long, thin wire, both stretched endlessly unremembered in dreams. The trees did not speak to the shouts of golden retrievers, and if there were waitresses, they did not salaam while weaving between chains. Male and female were two lines that paralleled, never to intersect. Words dangled off each other’s jagged undersides, never coupling to sound, or flowing into phrase simple as it’s all good honey just hold your shirt. Even the sun was cold, even the fires. The senses had yet to be discovered, beauty a small asteroid down a long, thin wire.

— John Krumberger

Sour Salt

“Hello, just the two of you?” I slide the menus on the table and nearly spill the water.

“Yes—I’d like a margarita, please, on the rocks.” Someone looks like she needs a drink.

“Alright, and you, sir?”

Darts fly. “Just give me a minute.”

“I’m here, I think. Is that you?”

“I’ve had a margarita, I don’t think we’re going to order anything else.”

“I, a woman should take the check.”

She shoves the ten dollar bill at me. He huffily pats for his wallet. “Come on—”

“No, she says, “well, just have drinks.”

“Another round?”

H is brow furrows. “No, well take the check.”

She shrugs the ten dollar bill at me. He quickly pats for his wallet. “Come on—”

“Plain, no—”

He huffs with exaggeration. I take the money from her shaking hand.

I bus their table, and see them arguing in front of the window.

The woman looks her eyes with me for a moment—I was staring. She starts the car. I get back to work.

I watch, and I see the scene play out:

I see the pitty flash for “those girls on the TV screen,”

Sage rage rush at the mother-in-laws,

But they don’t see—

The author lets it be what it is.

—Andrea Christensen Zdenek

Squirrel Talk

The squirrel has a flair for acrobatics, courage to launch his body down a long, thin wire, stretch out his pear-shaped torso and gorge on birdseed from the feeder below. Shows no regard for juncos waiting a turn, but waves his tail gaily as if to tell of a table set with cranberry cakes and thimbles of blackberry wine.

— Susan Corey Everson
Library gardens need your shade-loving plants

By Mary Maguire Lerman

Over several decades, members of the St. Anthony Park Garden Club (SAPGC) have purchased plants and helped provide labor to install and maintain the gardens and window boxes at St. Anthony Park Library. In recent years, the St. Anthony Park Library Association has also contributed funds and volunteers to the gardens and landscaping around the library. SAPGC raises money for these projects from its biennial St. Anthony Park Garden Tour, which will occur in July.

Now the club has taken on a bigger challenge on the library grounds. In December, garden club members arranged to have the invasive and aggressive woody plants removed from the hillside adjoining the children’s library addition. This spring, club members will plant perennial flowers on these slopes for stability and beautification. The club would like this area to become a “community” flower garden. How? The area is shady and fairly moist. Perennials that thrive in these conditions include hostas, ligularias, Rodgersias and Japanese anemones. Most perennials are best divided in April and early May. The club is asking for the public’s help in creating a diverse planting.

If you have any of the above-mentioned perennials in your garden, would you dig up one or more varieties and cut or saw a division to share with the garden? Club members do not need to know the cultivar name of these plants, however, members would like for you to indicate the height that they reach on a tag. These divisions will be installed in May. Look for the event date in the May Bugle.

Your plant divisions will help create a community garden that will bloom throughout the summer. For more information about donating divisions from your garden, contact Mary at 651-611-2116 or call her at 651-644-7388.

The garden club also welcomes all members of the community to assist with the annual planting of the window boxes and the gardens and regular maintenance during the summer. The gardeners meet once a week for two hours to maintain the plantings.

If you would like to help garden at the library, contact Alice Duggan at a.duggan@comcast.net.

Mary Maguire Lerman is a member of the St. Anthony Park Garden Club.

Schubert Club’s Music in the Park will bring music to our ears in April

The Schubert Club is bringing music to St. Anthony Park with April concerts from the St. Lawrence String Quartet on Sunday, April 19, and a Family Concert, Folk Music from Latin America with Leo and Kathy Lara, on Friday, April 10.

Celebrating its 25th anniversary, the St. Lawrence String Quartet will perform at 4 p.m. April 19 at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. T tickets will perform two shows, at 6 p.m. and 7:15 p.m., April 10, at St. Matthew’s Episcopal Church, 2136 Carter Ave.

The St. Lawrence String Quartet, the Ensemble in Residence at Stanford University in California, will include in their April concert the M. incessa premiere of the “Second String Quartet”, written especially for the quartet by American composer John Adams, two quartets by Joseph Haydn and “Alla,” a work based on folk music by Marcus Goddard.

Tickets for the Schubert Club’s Music in the Park concert are $35. Tickets for the Family Concerts are $15 for adults, $10 for children (free for babes-in-arms). Order tickets online at schubertclub.org or call 651-292-3268.

Franklin Avenue from 2

reconstruction of Territorial Road, the entire length of it,” he said. “It’s pretty big vision.”

Highway 280 is “a big physical barrier,” splitting the growing residential population west of the freeway from South St. Anthony Park to the east, Engelman said. “If we do Territorial the way we’re asking, pedestrian access would be greatly improved.”

“We’re a block from the Green Line,” he added. “It’ll socially connect all these people.”

The other goal is to acknowledge that Territorial is the new truck route since University Avenue was reconfigured for light rail and lost its wide tornado lane, he said. “Vehicles are already using Territorial as an alternate,” Engelman said. “Let’s like it to be properly engineered.”

While trucks are sometimes viewed as a competing interest with pedestrians and bikes, “they are important partners,” Engelman said.

“South St. Anthony generates as much property tax as anywhere in the city. In large part because of commercial and industrial. We feel that they’re underserved right now. If the Territorial Road project would benefit them greatly,” he said.

Park 24 from 1

in at Park Service to inquire about the conditions of your child.”

“Not many kids know there was such a demand,” he said. “It’s going to be a hit. It will be filled by the time the showel hits the ground,” which he hopes will be in September.

Both the Healy Building and the apartment building behind it will, of course, be torn down to accommodate the project. Wieersberg met with tenants of both buildings in March to discuss the project. He said that Fenlon is available to assist businesses with finding new locations. Local businesses in the Healy Building include Como Rose Travel, dentist Frank Steen’s office, Acupuncture by Cadence, and a number of psychologists’ offices. Wieersberg described the building as “being on life support”: “the demand was so high.”

If we are going to get it back the way it used to be around here,” Park 24 will help existed and any new businesses on the street “take off,” he said.

Options for you & your family

Supporting your lifestyle as changes happen

- Home & Community-Based Services
- Senior Housing & Assisted Living
- Rehabilitation/Transitional Care
- Long-Term Nursing Care; Alzheimer’s Care
- Caregivers Support

- April is National Volunteer Appreciation Month
- Thank you, Volunteers
- Thanks for all that you do to help enhance the live of our older adults!
- www.lyngblomsten.org/volunteer
Citizen group demands action after five recent rail explosions

In the wake of five rail explosions in the last five weeks, Citizens Acting for Rail Safety-Twin Cities (CARS-Twin Cities), a newly formed citizen action group, is asking that Burlington Northern Santa Fe (BNSF), Canadian Pacific (CP) and Union Pacific (UP) railroads halt the transportation of oil by rail.

The group has also called on state and federal leaders to hold a public hearing on 36 proposed rail-expansion projects until a regional environmental study can be completed and recent accidents are thoroughly investigated.

According to a December 2014 Minnesota Department of Transportation report, 70 to 75 percent of oil pumped from the North Dakota Bakken oil fields travels through the heavily populated communities of the Twin Cities each day.

“People around the Twin Cities are waking up to the reality that the equivalent of a pipeline worth of oil is traveling through their backyards, by their schools and senior centers, and past our beloved parks,” said CARS-Twin Cities member and Como Park resident Cathy Villegas-Eberhart in a press release from the group. “With seven 110-car oil trains passing through our communities each day, we are terrified that it is only a matter of time before an oil train derailment happens here.”

Building on the work of Citizens Acting for Rail Safety group in La Crosse, Wis., more than 100 residents from throughout the Twin Cities have joined CARS-Twin Cities. Organizers say they hope to channel citizens’ fears and anger into action.

In a press release sent out to local media, the organization expressed compassion for people in communities where fuel train derailments have happened this year:

- Feb. 4: Three derailed ethanol tank cars erupted into flames and smoke in an explosion south of Timmins, Ontario.
- Feb. 14: N ine derailed tankers were at least partially breached in an explosion south of Galena, Ill., 20 miles from the rail explosions in Iowa four weeks before.
- March 7: An oil train derailed near Gogama, Ontario, with multiple tank cars on fire and in the river. 21 miles from the fiery derailment that leaked into the same waterway on Feb. 14.
- The group is asking elected leaders and state and federal agencies to do the following:
  - Immediately halt the shipping of Bakken oil by BNSF, CP and UP railroads until volatile gases are removed to a meaningful extent.
  - Halt the use of all versions of DOT-111 rail cars for the shipment of Bakken oil and ethanol, and mandate the use of the proposed DOT-117 rail cars in their place.
  - Launch a federal investigation into the safety of shipping Bakken oil by rail and changes to federal laws and regulations to ensure the safe transport of Bakken oil.
  - Enact a federal investigation into the structural integrity and safety of the national rail infrastructure.
  - Place a temporary hold on all rail expansion projects in the U.S.
  - Enact a federal impact statement (EIS) of the entire Twin Cities and Upper Mississippi rail corridor.

An EIS would help identify the impact and solutions (such as safer tank cars, speed controls, improved braking systems, and other changes) and regulations to ensure the safe transport of Bakken oil.

Gov. Dayton and EQB [Environmental Quality Board] are making important advances. I wanted to make a day to celebrate their work and to give people a chance to hear directly from them.

The event will include a letter and poster presentation at 2:30 p.m. Elementary school students are invited to write letters supporting M innesota’s efforts to address climate change, and participants are encouraged to bring posters (no wooden posters allowed). Letters will be presented by students and selected posters will be on display following the rally in the North Corridor of the Capitol.

G astrOTruck will be on site to offer local, sustainable and zero-waste food for lunch, Tanner said. The first 100 attendees will be treated with food for lunch, Tanner said. The first 100 attendees will be treated with food for lunch, Tanner said.

To learn about updates to the rally, follow the rally’s Facebook page, www.facebook.com/Climaterally2015.

If you’re interested in learning more about the organization, you can go to facebook.com/safarailsTwincities or to the group’s website, saferails. org, or email saferailsTwincities@gmail.com.

Climate Rally from 3

Galapagos and clouded leopards in Southeast Asia,” Tanner said she has found climate change “a daunting topic.” Her husband, Perry—a professor of water quality and environmental management at the U.S. Department of Fisheries, Wildlife and Conservation Biology—studies climate change and works on World Heritage Sites globally, she said.

“We know many people who do really understand and innovative work on climate change. I thought, if I find climate change daunting how can I expect and hope for our broader society to be acting that got me moving to plan this day,” Tanner wants the day to emphasize the positive work in the field. “There is so much in M innesota that is going right,” she said. “M innesota is being innovative in transitioning to clean energy sources, ramping up efforts in wind and solar. State agencies are being very proactive about climate plans

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A M A S S I M I L A T I O N

Ruthann Fries

2223 Energy Park Drive
St. Paul 55108
651-647.9000
thereasaloha.com

The Robert William Rautsollinen Rutten and Elizabeth Jane Rumm Rutten Lecture on Faith and Creation

Creation, Sin and Sacrament in the Anthropocene

April 21-22

Larry Rasmussen, Professor Emeritus of Social Ethics, Union Seminary

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Luella Bender Carr

The rosebuds that deck your china coat Are undimmed with the years, and your smooth white throat Still wears with an air its stiff blue bow; Staffordshire Cat, I would like to know What do you think about as tranquil and wise you watch time passing with cool green eyes? —Luella Bender Carr

Still collecting after all these years
St. Anthony Park Antique club marks 75 years of antiquing

By Kristal Lebrick

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We don’t know who Luella Bender Carr is, but her poem was printed in a 1955 program written about the first meeting of the St. Anthony Park Antique Club, held on April 8, 1940.

Lillian Lehman reported to the club that poems appropriate to antiques had often been recited at the early club meetings, so she included “Staffordshire Cat” in the 15th anniversary program.

Seventy-five years after the antique club’s inaugural meeting in 1940, poems no longer show up in the minutes or meetings, the formal dress of heels and gloves has been tossed aside (“But we still don’t wear jeans,” said club historian Carole Mayers), and a silver coffee service and fine china aren’t required. In fact, when the group meets at a local church, they use paper plates and napkins.

But a group of women interested in “promoting the study and appreciation of antiques” still meets on the second Tuesday of the month from September to May (except in January when many of the members have left the state for warmer climes)—all of them collectors of many things old. (It takes just three of something to constitute a collection, M ayers said).

The club sometimes takes field trips to view collections. They have visited the Elmer L. Anderson Library at the University of Minnesota to tour the Kerlan Collection of children’s literature and the Sherlock Holmes collection (the former governor’s wife, Eleanor, was a member of the antique club; she once hosted a meeting on political campaign buttons). They have lunched at the Lake Elmo Inn, which sports a great collection of salt-and-pepper shakers, and in September, the club kicked off its 2014-15 year with a tour of historic Lakewood Cemetery in Minneapolis.

Regular meetings always include a speaker, and on March 14, the group gathered at Barb Swadburg’s home to hear Sandra Severt of Gloria’s Jewelry talk about Victorian jewelry.

As Severt walked attendees through the jewelry trends set by style maven Queen Victoria in the mid-1800s, she passed around antique pieces that included watch chains made of human hair (Queen Victoria wore a hair bracelet with her children’s baby teeth woven into it), cameos, and pieces made with precious stones popular in the queen’s day (coral was believed to fight off danger, and babies were given necklaces strung with coral beads for protection).

At the first club meeting in 1940, a Mrs. Kirk hosted and showed the group her paperweight and sandwich glass collections. The group began as an antique glass club, but eventually the name was changed to “antique club” and today’s members collect a variety of antiques.

Judy Payne, who joined in 1998, said she looks for textile tools, as she’s a knitter and a weaver. She created the

Save the Date for SAPAS Fundraising Event

Saint Paul Art Crawl

June 14

Tickets include: Craft beer tasting, food, beverages, music, and more. Come and enjoy the fun while supporting your area seniors!

Where: Giggles’ Campfire Grill at the MN State Fairgrounds. Tickets will go on sale soon. Watch for details!

By Kristal Lebrick

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Judy Payne, who joined in 1998, said she looks for textile tools, as she’s a knitter and a weaver. She created the
woven nametags members wear at each meeting.

Myrna Smith, who joined the club in 2012, collects antiques that have daffodils or lions on them, as well as Scandinavian items in honor of her Nordic heritage. Nancy Wenkel of Falcon Heights, who joined in 2006 when the club changed the bylaws to include members from outside of St. Anthony Park, collects a wide variety of things. Her home is filled with antique furniture, dolls, children’s books, treadle sewing machines and much, much more.

The most unusual collections of the group may be Mayers’ invalid feeder and baby bottle collections. Mayers, who joined the group in 1982, describes the invalid feeders as “an old person’s sippy cup.” They look like mustache cups with a spout, she said, and were used to feed people who couldn’t feed themselves. “They came very decorative,” she said, as did baby bottles, which Mayers said she’s “down to 200” of now. Mayers—who operated her own antique business for more than 20 years—said she’s trying to whittle down her collections.

The club keeps a roster of members and past members and the years that they joined. Current members who have been in the club the longest are Arla Savage, who joined in 1964, and Donna Teeter, who joined in 1968.

The most notable change to the club since its inception—besides the increase in annual dues from $1 in 1940 to $20 today—was to open the membership to women who live outside of St. Anthony Park in 2006.

Next month, the club will gather to hear Alice Neve, who joined the club last year after retiring from a career at St. Paul Public Library, speak about quilts. And members will revisit their bylaws once again. This time, to consider changing the words “open to women” in Article 3 of the bylaws to read “open to anyone” who is nominated by a current member.

Top: St. Anthony Park Antique Club members Linda Maschwitz and Barb Swadburg at the March St. Anthony Park Antiques Club meeting. The center photos show the 1947-48 program book and minutes from Nov. 13, 1947. At bottom: Victorian watch chains made of hair, displayed at the March meeting. Photos by Kristal Leebrick
Roseville project aims to help community cope with Alzheimer's

By Warren Wolfe

A volunteer group of residents, businesses and government leaders is about to launch its 2015 project seeking to make Roseville a more dementia-friendly community.

The kick-off event for the Roseville ACT on Alzheimer’s project will be held Thursday, April 23, 3-3:30 p.m., in the City Council chambers at Roseville City Hall. Organizers, government officials and others will describe how the project will benefit the community.

The effort is designed to expand services for people with dementia and their caregivers, and to help friends and neighbors better understand dementia issues.

The project will offer a series of eight presentations by experts from late April through May, four focused on dementia and the healthy brain, and four on effective caregiving.

A second series of eight presentations will be offered in October. In addition, the group will show four movies on those topics in September and November.

All events will be followed by discussions and will be free and open to the public.

The group also is recruiting volunteers to expand two programs serving people affected by dementia who live in or near Roseville. One is “The Gathering” day program offered by Lyngblomsten. The other is “P.S. I Understand,” a Wilder Caregiver Services program matching current unpaid caregivers with previous caregivers who will offer support.

The project, one of 33 statewide, was started by the Roseville Alzheimer’s and Dementia Community Action Team. That volunteer group was formed in 2013 with representatives of senior service providers, the Roseville school district, city administration, fire and police departments and City Council, the faith community and private citizens.

More about the 2015 program is on the Roseville city website at www.rosevillemn.us/2721/albe- trads-dementia, an information site maintained by the Alzheimer’s and Dementia Community Action Team.

Alzheimer’s disease is the most common type of dementia, an umbrella term for illnesses that typically disrupt a person’s memory, judgment and personality. There is no cure for Alzheimer’s, although some medications sometimes can slow its progression.

People with Alzheimer’s typically need increasing care and supervision from family members—and often causing rising emotional, physical and financial stress—and eventually may need nursing home care. Even businesses may be affected until employees learn how to best serve people with dementia and their caregivers.

Coping with the rising incidence of Alzheimer’s is important statewide, but especially in Roseville, where an estimated 750 people have dementia, most living at home and about 110 living alone.

Rising by a higher rate of dementia than average because 20.2 percent of its population is age 65 or older, compared with 12.9 percent statewide.

Warren Wolfe wrote about aging issues for 21 years at the St. Paul Tribune. He and his wife, Sheryl Fairbanks, are active in the Roseville ACT on Alzheimer’s project.
Hiking club will explore Roseville
Roald Carlson, 96, died Feb. 22.

The St. Paul Hiking Club will host two hikes in Roseville in April. Each hike will be about 3 miles long and will last about an hour.

Hikers will meet at Grumpy’s Bar and Grill, 1501 Terrace Dr., on Tuesday, April 7, at 7:30 p.m. and then explore the residential streets and parks in the area. The group will meet after stops at Grumpy’s for refreshments. To participate in this hike, call Nancy Duffina at 612-584-8594.

The club will meet at O’Mico Restaurant, 755 Lexington Ave. N., Roseville, on Tuesday, April 21, at 7:30 p.m., for an exploration of residential and park trails in the area. The group will stop for treats at Grumpy’s, then explore the residential streets and parks. To participate in this hike, contact Andrea Lee at 651-645-2948, ext. 106.

Contour feathers topic at April Audubon Society meeting
The Minnesota Audubon Society will host a free, six-session course designed to empower young people to take charge of their lives and deal with the issues they are facing in a healthy and effective way.

The course helps teens understand how to maintain good mental health; how to recognize signs of stress, anxiety, depression and bipolar disorder; how to help friends; siblings and parents understand what they are going through and different types of treatment options.

It will begin on Tuesday, April 7-May 12, 7-9 p.m., at Gloria Dei Lutheran Church, 700 S. Snelling Ave. Registration is required. For information, or to register for the class, contact Andrea Lee at 651-645-2948, ext. 106.

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It will begin on Tuesday, April 7-May 12, 7-9 p.m., at Gloria Dei Lutheran Church, 700 S. Snelling Ave. Registration is required. For information, or to register for the class, contact Andrea Lee at 651-645-2948, ext. 106.

Contour feathers topic at April Audubon Society meeting
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Turf Club brings new dining option to University Avenue

By Alex Lodner

When the owners of Minneapolis music club First Avenue bought the Turf Club in 2013, they did more than touch up the paint. They brand-new bathrooms and newly exposed racing mural behind the stage are lovely and much-needed improvements, but the renovation also included gutting and rebuilding the once-dilapidated escarp for a kitchen and bringing on chef Karl Lichtfuss to create soulful, satisfying dishes around the clock.

From breakfast to dinner and every minute in between, Lichtfuss and his crew brought classic diner dishes with a Southern influence to this iconic University Avenue music venue, making it a great place to duck in for a quick lunch or to start the night with a delicious dinner.

Thanks in part to the new and improved kitchen, the Turf Club recently received a Rookie of the Year award from the M I dway Chamber of Commerce. “There is so much history here,” explained First A venues marketing director Annie D’Souza. “We don’t want to fix a good thing, we want to protect this legend and add great food to the mix.” And with the addition of Lichtfuss, who is also at the helm at the Depot Tavern next to First Avenue in Minneapolis, they have.

“Our challenge is to serve food to a large variety of audiences,” said Lichtfuss, whose credos include working with Chef Marcus Samuelson in New York City’s famed Aquavit. “We serve brunch to families on the weekends, lunch to local businesses and late-night snacks to music fans. We want neighbors to come in here and get really good food any time of the day.”

“The Turf Club is obviously known as a music venue,” he explained. “But we want people to know it is a food destination, too.”

Lichtfuss has come up with a menu that calls Southern diner food. “We always try to do things a little different, but we also keep it simple,” he said. “I want it to be unique, but I want it to be food that people recognize. The specials is where I get to play.”

A recent Blue Plate Special, for example, boasted Asian M salad—made with spiced beef and pork and served with ginger rice and seared green bean—not your average dive-bar fare. Lunch and dinner includes traditional bar food like smoked brisket chil or Juicy Lucy burgers, but the menu also offers more nuanced items, such as a big chicken slider served on a fluffy yet crispy bun.

The Turf Club is as much a music destination as it is a food destination on University Avenue, according to its new chef, Karl Lichtfuss. Below, a March Blue Plate Special. Guiness-brasied corned beef and cabbage, served with house made Irish soda bread. Photos by Marina Lang.

St. Anthony Park Area Senior Center is Back!

“Monuments Men” 2-4 p.m. Thursday, April 9, at SAP Library

In the midst of WWII a small group of art experts were commissioned by Roosevelt as soldiers and sent to the European theater to protect historically important buildings and monuments, and to locate vast troves of priceless art looted by the Nazis.

Discovering art in castles and mines, they race against time as the Nazis scramble to destroy everything they can. Starring: George Clooney, Matt Damon, Cate Blanchett, Bill Murray. PG-13

St. Anthony Park Area Seniors’ Senior Cinema Series is Back!

Thursday, April 9, at SAP Library

“Monuments Men” 2-4 p.m.

Tickets: 57 per concert. Free admission for babes-in-arms.

Tickets at schubert.org or 651.292.3268

RE/MAX Results

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Music in the Park Series presents St Lawrence String Quartet

Sunday, April 19, 2015 - 4 PM
Music of Joseph Haydn, John Adams
Pre-concert talk 3 PM • St Anthony Park United Church of Christ

Music in the Park Series Family Concerts 2015
Friday, April 10, 6 PM & 7:15 PM • St Matthew’s Episcopal Church
Leo and Kathy Lara — “Yoko Music from Latin America”
Tickets: $7 per concert. Free admission for babes-in-arms.

Tickets at schubert.org or 651.292.3268

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Como Dockside to open early May

By Alex Lodner

The freshly painted walls and newly hung chandeliers at Como Dockside are beginning to form an image of what is to come: a sophisticated yet approachable space, where families and friends can gather for a lakeside meal or take in a concert on the promenade while sipping an elegant martini.

Now doesn’t that sound lovely?

The remodeled space harkens back to the refined days of yesteryear, when ladies strolled, twirling their parasols, children played unhindered on the grass, and all was right with the world. But the new restaurant at Como Lakeside Pavilion will be far from stuffy. The giant windows overlooking the lake and waterfall will keep things light and welcoming.

New owner Jon Oulman hopes to rekindle St. Paul’s love affair with Lake Como. His St. Paul roots go deep, and he hopes residents and visitors alike will enjoy the pavilion and the lake in all seasons.

His restaurant will act as a gateway of sorts, but the real star is the lake. Activities will abound with a variety of rental equipment and a guided, 30-foot boat to cruise passengers around the lake. The new owners hope to add winter activities as well.

Back inside the restaurant, the rich ebony hue now on the walls pulls the eye directly to the beautiful views outside the windows. The deep wood tones cast an air of comfort and elegant ease. Although the menu had not been finalized at press time, Oulman is excited about what he calls “New Orleans picnic food.” He thinks ’po’ boys and mussels, with a few great burgers and some grown-up mac and cheese thrown into the mix.

A full liquor license means you can pair those vittles with anything your heart desires, from a fancy Cosmo to a Hurricane. Oulman hopes to locally source as much of the menu as possible. The fish will all be sustainable fresh-water fish, for example, and the beer selection will be exclusively local.

Remember the tiny window in the back, where on a good day you could pick up some popcorn and a bag of M & M’s? Remember trying to prop yourself up on a boulder to sip your Diet Coke? The patio will now be sprinkled with comfortable seating, and the expanded window will offer a condensed version of the menu, complete with aforementioned local beers and a lovely wine list.

Music lovers need not fear. Oulman and his crew have taken over the music programming from Music in the Park and promise to add as much variety as possible.

“We welcome any and all input from the community when it comes to music, and anything else, really,” said recently, as we sampled some locally crafted popsicles. “We don’t want to disappoint anybody, and we want the community to know we are listening to the input we received.”

The Como Dockside plans to open after May 1, with hours running from 8 a.m. to 10 p.m., Sunday through Thursday, and 8 a.m. to midnight, Friday and Saturday.

Jon Oulman, above, hopes to rekindle St. Paul’s love affair with Lake Como. Photo by Alex Lodner

Colossal #3 to open on Grand Ave.

By Alex Lodner

Great news for the Twin Cities! There will soon be three locations where folks can satiate their Flapper cravings.

Colossal Café, the beloved neighborhood diner on Como Avenue at St. Anthony Park, will add a new location on Grand Avenue, where they can serve these crave-worthy yeasted pancakes to 70 guests, according to co-owner Elizabeth Tinucci.

The Tinucci family has deep roots in the restaurant business. Elizabeth’s grandfather opened Tinucci’s Restaurant in Newport in the 1940s and the restaurant is still going strong today.

Elizabeth, together with parents John and Carole, took over Colossal Café’s postage stamp-sized Minneapolis location in 2010 and opened the St. Anthony Park location in 2011. The Como Avenue café quickly became an iconic neighborhood hub, thanks to its earnest hospitality and delicious, innovative comfort food. Colossal Café in Minneapolis has been featured on Food Network’s Diners, Drive-Ins and Dives with Guy Fieri.

Colossal Café in Minneapolis has been featured on Food Network’s Diners, Drive-Ins and Dives with Guy Fieri in 2010.

Now the Lilliputian empire is growing. The new location, in the former Twisted Fork space at the corner of Grand and Hahl line Avenue, will open in April and offer the same menu at its other locations, serving breakfast and lunch until 3 p.m. As with the Como Avenue space, the restaurant will be available for private events at night.

A few additions at the new location will include an espresso machine for those who prefer a fancy mocha with their breakfast sandwich and full table service.

“People who want to grab their drink and pastry, or even a full meal, to go, will certainly be able to do that at the new location, but the larger space allows us to finally offer table service,” Elizabeth said.

“We are always looking for opportunity to grow,” Elizabeth said. And she and her father agreed that the new space is a good fit.

Colossal Café is taking its Flappers to a third location on Grand Avenue. Photo by Alex Lodner

Come home to University Grove...

1586 Burton, a mid-century modern home designed by celebrated architect Lisl Close, features unique sky lighted two story atrium, updated kitchen, formal dining room with French doors to patio, living room, 3 bedrooms, library/study, TV room, 3 bathrooms, exercise room with 14 ft. twirl jet swimming pool, laundry room, 2 fireplaces, heated two-car garage, and outside deck. 2014 restoration includes new skylights, roof, insulation, outside paint, and swimming pool room. Now open to all buyers for $622,000.

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Coldwell Banker Burnet
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March 2015
PARK BUGLE
Three decades and going strong

By Kristal Leibrock

When Kathy Magnuson, co-publisher of the Minnesota Women’s Press, reflects on the publication’s longevity, she says, “We have not worked ourselves out of a job.”

“We planned for a year, found investors, found a designer, figured out distribution, what it would look like, who would read it,” she said.

And during that year, the women were told, “It will never work. You are crazy. It’s a waste of time and money,” she said.

“I remember that. We aren’t supposed to be here.”

Twin Cities publications at that time were run predominantly by men, Magnuson said. “Men decided what the stories would be, who the subjects would be. The subjects were written by men, photographed by men and edited by men.”

That hasn’t really changed in 30 years, she said. “It’s still in the decision-making roles, and the majority of the stories are about men. We still have a lot of work to do.”

Some of the MWP’s founding group had roots at the Park Bugle. H. Ober was editor of the Bugle in the early 1980s. Magnuson was business manager and sole advertising. Faye Kommedahl, who prides herself as being the M. Innesa Women’s Press first retailer, was a proofreader at the Bugle before joining the group that launched the MWP.

The publication began as a free-distribution, bi-weekly tabloid newspaper operating out of a office above Sharratt’s Liquor Store at Raymond and University avenues. It eventually moved to a nearby storefront on Raymond and now works out of offices at 970 Raymond Ave.

Today it is printed monthly and online. About six years ago, MWP changed from tabloid to magazine format. “Over time, less and less of our content was news. News was more what happened 10 minutes ago,” Magnuson said. “We became more commentary-opinion. A magazine format was a better container for the work we did.”

Magnuson credits the publication’s longevity, she says, “We have not worked ourselves out of a job.”

Minneapolis Women’s Press publishers Norma Smith Olson and Kathy Magnuson marked the 30th anniversary of the M. Innesa Women’s Press—the oldest, continuous women’s publication of its kind in the country.

The magazine is written exclusively about, by and for women, and that’s something that wasn’t happening in the mid-1980s.

“Men produced the stories for women—the supposed to be here.”

She knows that because every day, “We are really current for a month and a half. Really what happened 10 minutes ago. Story and connection and community building and commentary—that don’t get old. We are really current for a month and I know people save us.”

That shows that because every once in a while, the orthogonget a call from someone who is moving out of her longtime home, asking if the office would like her collection of her lifetime or perhaps her collection of her lifetime。”

The longevity of the Women’s Press isn’t just about the content, Magnuson said. “We have never really varied from our mission.”

“A strong mission that works with their audience, a delivery mechanism that works, content that matters, and an extremely loyal audience are the factors that have kept it going for three decades, she said.

Business Briefs

LYNGBLOMSTEN, 1415 W. Almond Ave., received the 2015 Leading Change Innovation Award in February from LeadingAge M. Innesa for its new web-based software tool, eMenuCHOICE. The Innovation Awards recognize and showcase innovative programs and ideas from older-adult service providers with the intent of reimagining the aging experience.

The award was presented at the annual LeadingAge M. Innesa Institute at the RiverCentre in St. Paul.

Lyngblomsten has provided healthcare, housing and services for older adults since 1906. Its focus is to enhance the quality of life for older adults.

Lyngblomsten’s custom-designed, web-based software tool, eMenuCHOICE, was created to assist long-term care residents and senior housing tenants in selecting their meals from a menu options. The technology enables residents to participate in a key activity of daily living: choosing what to eat for their meals.

The menu option items include photos, written descriptions and audio descriptions so that with the help of a caregiver, the resident can make informed choice about their meal options.

PINERGY TECHWARRIOR, 1353 Como Ave., has earned the Angie’s List Super Service Award, reflecting an exemplary year of service provided to members of the local service marketplace and consumer review site in 2014. This is the fourth consecutive year that the company has won this award.

“Only about 5 percent of the computer repair and services companies in the Twin Cities have performed so consistently well enough to earn our Super Service Award,” said Angie’s List founder Angie Hicks.

Pinergy is focused on sustainability and André Thomas, Pinergy’s co-owner and lead computer technican, “Just like the human being, computers need things like wellness checks (tuneups,) a strong immune system (up-to-date anti-virus software), and de-stressing routines (defragging). That’s what we do and it will help your computer last longer and you’ll be happier with it.”

Co-owner, SchlaBosnBledgett describes Pinergy TechWarrior’s Computer Rehabilitation Center as devoid of the cold, techy feeling some computer rehab stores may have. “We have plants, organic tea and coffee, and a friendly smile and personality to boot. We really show that even in this tech inundated world, we can still honor the nature around us.”

Angie’s List Super Service Award 2014 winners have met strict eligibility requirements; the company must be in good standing with Angie’s List, pass a background check and abide by Angie’s List operational guidelines.

You can find out more about Pinergy TechWarrior at www.stpaulvirusremoval.com.
School News

The Bugle welcomes news about students and activities in the area. Deadline for the May issue is Wednesday, April 8. Send your news to editor@parkbugle.org.

Avalon School
700 Glendale St., 651-649-5495
www.avalon.spps.org

Avalon competes in all-girl Technovation Challenge
Avalon School has two teams competing in the 2015 all-girl global coding competition, Technovation Challenge. The two teams must design and code an application for an Android device, like a phone or tablet, that works to improve the local community. The girls will take their finished product, along with a business and marketing plan, to the Technovation(M N)Appapalooza on May 3 (the location has not been determined) and make their pitch to a panel of judges. The class is taught by several local developers and computer scientists, including some from the University of M Innesta and Buzzfeed's Minneapolis team.

Chelsea Heights Elementary
1557 H uron St., 651-293-8790
www.chelsea.spps.org

Running club begins
Students have been cooped up all winter and are ready to run. Chelsea Heights Running Club starts Wednesday, April 6. Running Club is open to students in grades 3-5 and will meet every Monday and Wednesday at 3-4:15 p.m. Adult volunteers are needed. Contact the school for more information.

Como Park Senior High
740 Rose Ave., 651-293-8800
www.comor.spps.org

School News

A round table discussion
Murray Middle School will host its second annual Community Round Table on Tuesday, April 7, 6-8 p.m., at the school cafeteria. The event will provide an opportunity for all stakeholders to have a voice in identifying the school’s strengths, areas for growth and provide suggested solutions. For childcare and transportation requests, contact Stefanie Folkema at 651-744-3922.

Music news
The State High School Leagu

Region 4AA Vocal Solo and Ensemble Contest was held on March 5. Como singers who received ratings of “Excellent” were Anna Blaine, Margaret Coyne, Nathan Stover, Esther Vang, Peter Vuu, Zac Wells and the due of Angel Khang and Chimeng Jimmy Lor. Two Como ensembles, Donna di Cantare and A Cappellav, received ratings of “Superior” and also earned trophies.

In the Instrumental Solo and Ensemble M usic Regional Contest, two Como entries repeated their “Superior” ratings from last year. The strings performed Bach’s “Double Violin Concerto in D Minor.” Jake Haberg and Emmet O’Connell performed “Bop Duke” by Bugs Bower.

Senior Nate Parsons was awarded the Weston Noble music scholarship, totaling $6,000 a year, and free violin lessons for four years from Luther College in Decorah, Iowa.

The Como Chamber Singers attended a vocal jazz festival at M A All Smith College of Music in St. Paul on March 7. Two members, Emanuel Rivera and Chimeng Jimmy Lor, received recognition for their solo work with scholarships to the M A All Smith summer vocal camps.

The TriM Variety Show was held on March 13 and featured a variety of musical acts, talent and humor. The choir performed in the annual Choral Classics concert on March 16 in the Como auditorium.

Full scholarships awarded
Seniors Michelle Gallego-Guillen and Dal Duh received full scholarships to Bethel University in Arden Hills. Senior Detyn Land received a full scholarship to Augsburg College in M Innesta. These scholarships were earned through the Urban Ventures program ActSix and were awarded based on academic achievement, leadership, extra-curricular activities, letters of recommendation, essays and interviews.

National Merit Scholarship finalist
Senior Ellen Purdy is a finalist for the National Merit Scholarship. Finalists are the highest-scoring program entrants in each state and represent the top 0.5 percent of each state’s senior students.

Brain Bee
Senior Oladunni Alomaja placed fourth in the M Innesta Brain Bee, a statewide neuroscience competition for high school students held annually at the University of M Innesta.

Ruby Bridges visits Como
Como Park hosted civil rights icon Ruby Bridges on M arch 12 in the Como auditorium. The event consisted of a brief video and slide presentation, a talk by Bridges and a question-and-answer period.

Thirty compete in history day
Thirty Como Park freshmen World History students competed in the Regional History Day competition on M arch 14.

Students who will compete at the state competition in M ay are Fatih Ahmed, Noah Freex, Jameson Kerr, Gabe Reynolds, Grace Chambers, Eva Hanson, Walter Mcnoff, Arturo Digidomino, Shukri Abdullahi, Houdin Bahir, Stephen Boter, Eli Patterson, Lucas Camarche-Tanaka, Allen Thorson, Shyann Sautera, Bari Flynn and Emma Wubalic.

Spanish Day for second-graders
Fourth-year Como Park Spanish students hosted Spanish Day for second-graders at Como. Spanish teachers tasked their students to prepare fun lessons that incorporated learning numbers, colors, and storybook vocabulary.

WorldQuest and Quiz Bowl news
Como sent two teams to General M ill’s Corporate Headquarters in February for the Academic WorldQuest Competition. Como’s teams placed 10th and 15th out of 35 entries in the annual event coordinated by the Minnesota International Center. M PR education news reporter and Compo parent Tim Post was this year’s master of ceremonies.

Como’s Quiz Bowl team of Celia Commers, Emily Purdy, Anton Konjiczy and Andrea Konjiczy has qualified for the National Academic Quiz Tournament at the Hyatt Regency O Hare in Chicago on M ay 30.

Science up north
Murray’s Environmental Inquiry Immersion class spent a February weekend at Wolf Ridge Environmental Learning Center, where students took their classroom camping expedition from M urray and applied it to the natural world. The students collect snow samples to bring back to the lab to test the snow’s pH (acidity). To do this they had to snowshoe across a frozen lake in whitout conditions.

Back at the lab, the students measured snowmelt water. There is a difference between accuracy and precision, made graphs of their results, Charlie Wilson Jackson and Seth Stover, from the Niersteins, and then write in their journals about experiments they

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History Day
Fifty-three Murray students advanced to Regional History Day at Harding High School on March 14, and 18 are heading to the state competition at the University of M Innesta M ay 2.

All sixth- and seventh-grade students participate in Murray History Day. Students who advanced to the regional competition include Xaviel Duval, M aisonet, J illian Bremmer, O mika Ledchard, M argie M obbed-Morrienn, O mg Yang, L eandra D alkis, Elena Purcell, Lucy Rogers, Mina M anic, Justin W utter, Ruby Kosak, Kendall Ross, Fiona Juarque-Sweeney, Mary H olm, Claire Driscoll, Emma Hedin, Alma Palahnik, Chitoka Xiong, M r. Sebas, W i Fees, Crow, Sami Albon, Nina Eronen, Mia Alberts, Steve L uccia, Donna di Cantare, W i Newton, Lucretia, Reg, New, Rachel Xander, Laura Kosiak, Kendall Ross, Emma Juarque-Sweeney and Ali Blunk.

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A roundup of winter sports at both Como and Murray

Como Cougars

Girls basketball: The Lady Cougars earned a St. Paul City Championship for the first time in program history with an 11-1 conference record (20-9 overall). Playing in the Twin Cities Championship game for the first time, they defeated Washburn, the M innapolis champion, 70-65 in overtime.

With two new titles under their belts, the girls entered the highly competitive section play-offs and knocked out St. Anthony Village High School, 64-59. The magic season came to an end in the semi-finals against D.LaSalle, a Top 10 team in the state rankings.

Junior D.J. recruit Andiyah Adams led the team, and the state, in scoring with an average of 30 points per game.

Girls hockey: Several Como skaters formed the nucleus of the St. Paul Blades, the competitive hockey team for girls in the St. Paul Public Schools. Team leaders included senior Mamako O is and juniors Maddy Greeley, Brianna Menssen and Cassie Prescott.

The signature victory for the team was one of their only. A 1-0 win over the Minneapolis Blades at M innnesota, when the Blades hosted the Como Lady Cougars in the first round. The team scored its season's best 30 points overall. The coaching staff emphasized fundamentals that improved play through the season, while building a foundation for future success.

Boys basketball:

Boys hockey:

Boys wrestling:

Boys track and field:

Boys tennis:

Boys golf:

Boys cross country:

Boys swimming and diving:

Boys track and field:

Spring sports: Baseball, softball, badminton and track began practice on March 23.

The Como Boosters are always looking for new ways to fundraise and engage the extended community. When they approached the Urban Growler Taphorn, owners Jill Pauk and D.B. Loch generously agreed to host Como’s event. All 150 advance tickets sold out quickly, and dozens more were sold at the door. The taproom’s comfortable, family-friendly environment was the perfect place for an event Principal Tim Kelleher described as “vibrant, with great ambiance.” Neal added that “the Booster Club parents are an amazing group of volunteer parents.” — Eric Erickson

Girls basketball: Winning five of their last seven games, the team finished with an overall record of 6-6. The Pilots were a young team with just two players returning from last year. After a loss to Hazel Park early in the season, the M urry girls’ turned the tables and defeated Hazel Park by seven points in the rematch. The coaching staff emphasized fundamentals that improved play through the season, while building a foundation for future success.

Boys basketball: As the Bugle went to press, the team was tied for first place in the conference with a record of 10-1 and on pace to play in the City Championship game once again. The boys have been working hard and carved out significant wins against other top-tier teams, including Hazel Park and Washington. The boys are also working hard off the court to become student role models in the M urry school community.

Spring sports: Baseball, softball, badminton and track began practice on March 23.

Eric Erickson teaches at Como Park Senior High School. You can follow him at twitter @jactt for current school sports news.
Classifieds

Send your ad to classifieds@parkbugle.org or P.O. Box 8126, St. Paul, MN 55108, or call Fariba Sanikhatam, 651-239-0321. Ads are $5 per line. Add a box or art for $10. Next deadline: April 10.


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Green home from 3

For an occasional corrective suggestion, they called on the expertise of fellow St. Anthony Park resident, Lucas Alm, founder of Alm Design Studio. “Lucas can look at our design and prevent our mistakes,” Tim says.

The net zero project offers distinct building challenges even to an experienced contractor like Tim. “We’ve incorporated green products and techniques in other projects,” he says. “But I’m mostly a remodeling contractor.”

Many of the subcontractors working on the new house have worked with Tim before, he says, “but they can’t believe how much insulation we’re using this time.”

When considering the design for their new home, Muffi Abrahamson and her husband, Tim, focused on sustainable energy (in their case, solar energy), employing a passive solar design and heavily insulating the structure of their new house. Photos by Marina Lang

One of their building solutions came in response to the need to strengthen the wall bearing the giant array of solar windows on the south face of the house. How do you create enough window area to be effective on sunny days without running the risk that the wall blows in when the weather turns stormy? With the memory of straight-line winds that had downed dozens of trees in the neighborhood several years ago fresh in their minds, they know that structural support was crucial.

“We created sheer walls with a 3½-inch-by-9-foot-high solid piece of laminated chip board with steel anchors that ran down to the footings,” Tim says. A 26-inch-wide beam connects the wood and steel supports.

Although they describe themselves as using “early adopter technology,” the Abrahamsons have what might strike some as a surprising affinity for traditional design. Their energy solutions of their new house may be radical, but the “look” of the house will not be.

“We want it to fit into the character of the neighborhood,” says Muffi. Their two-story, two-bedroom house will feature an open floor plan on the first floor: living area and lots of open space upstairs that can later be turned into additional bedrooms. A front porch and an exterior made of traditional lap-siding and cedar shakes will help the house blend in with its neighbors. The most eye-catching exterior feature may be the steel roof.

A steel roof may be unusual, but it will also pay off in the long run, Tim notes, comparing its 50- to 100-year life expectancy to the 20- to 35-year life of a conventional shingle roof.

And that raises a principle they’ve returned to often: “Building this house is more expensive than the conventional building process,” says Tim, “but I think people will realize that it will be more sustainable in the long run.”

Their roof may still be here in 100 years, but, of course, the Abrahamsons themselves will not. No matter. In their minds, they’re building not just a comfortable house but a better world.

“We hope the house will be an example to show that [net zero] construction can be done in an urban environment,” says Tim. “In order to move society forward, we need to be able to build houses that are both super-insulated and don’t ignore the position of the sun.”

The Abrahamsons think net zero houses like theirs will be the norm by 2040.”

“We feel [building the house] is the right thing to do,” Tim says. “It’s a moral imperative. Our children and grandchildren have to live in this world.”

For now, though, he concludes, “this project is unusual.”

“You need the right client,” he adds with a laugh, “and I have the right client.”

Judy Woodward is a reference librarian at the Roseville Library and a regular contributor to the Park Bugle.