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An orphanage in Africa with ties to St. Paul marks 10 years.

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# Park Bugle

www.parkbugle.org

March 2014

## Last call of the wild

*For one man who has dedicated his life to protecting the environment, there's no doubt climate change is real*

By Judy Woodward

Ask Chuck Dayton for the name of the most beautiful place on Earth and you're in for a long wait. When the retired environmental lawyer finally responds he asks, "Do I have to pick only one?"

Dayton may have a hard time choosing, but ask him about the fate of his eventual pick (Tonga's coral reefs) and all the other places of natural beauty in his world, and his answer is immediate and decisive: "Because of global warming, we are the last people on Earth who will know [Earth] as it has been for [millennia]."

For Dayton, there is no question that major climate change is coming. "... [T]he effects of global warming are long-term," he says, and addressing the causes requires immediate action.

"Factors affecting climate change are ubiquitous," he says, "and there are incredibly large [financial] resources on the other side."

Dayton views global warming as a moral issue. Most pollution, he says, is caused by rich industrialized countries. "Most of the suffering that will result from climate change ... is going to affect people who have not contributed to the problem."

He's an energetic member of Minnesota Interfaith Power and Light, a group that is trying "to intensify the conversation" around issues of global warming.

"We're speaking to the choir," he says of his efforts, "but the choir isn't singing."

He adds that "70 percent of Americans understand" issues of global change, but "only 30 percent talk about it. Global warming has got to become more of a front-page issue."

In some ways combatting global warming is like battling slavery in the first half of the 19th century, Dayton says.

"Not only did [abolitionists] face indifference in the North, but huge economic forces in both North and South were tied to slavery. [The fight for abolition] started out with a small group. It took 50 years to bring about the Emancipation Proclamation."

At 74, the Falcon Heights resident is an old campaigner in the environmental struggle, with a lifetime of accomplishment behind him. As a young attorney, he was instrumental in achieving the greatest



We may be the last people on Earth to see some of the natural wonders of the world before they are gone, says Chuck Dayton. The retired environmental lawyer dedicated his professional life to protecting the natural resources of Minnesota. Now, he is working to "intensify the conversation" around issues of global warming. Last summer, Dayton traveled 2,500 miles across the Pacific Ocean and saw dying coral reefs, an effect of climate change on the planet, he says. Above, Dayton is surveying a reef in Tonga, where his group found healthy reefs after seeing many dead and dying ones on other legs of the trip.

of all victories for Minnesota environmentalists, the 1978 federal legislation that protects the Boundary Waters Canoe Area Wilderness from logging, motorboats and commercial exploitation.

His professional life has been dedicated to protecting the natural beauty of Minnesota for the simple

reason that, "It's something I love very deeply."

He believes the BWCA is still vulnerable, and in some ways, he thinks the work is harder now. The threat nowadays comes, he contends, from mining interests who want to extract rich copper-nickel deposits from lands adjacent to the region,

potentially affecting the BWCA watershed.

"There's more money at stake for industry now," he says, "whereas in 1978 Congress could help timber companies [during the BWCA controversy] by making timber tracts

Dayton to 12

## Ideas festival comes to Como Park Senior High—and the public is invited

Inspire MN, a local ideas festival spearheaded by Como Park Senior High School teacher Kathryn Kahn and senior Marshal Landrum, will be held on Thursday, March 20, at the high school.

Kahn and Landrum brought their inspiration for a local ideas festival to St. Paul after attending the Aspen Ideas Festival in Colorado last summer.

Landrum was one of 12 American Bezos Scholars, high school students who survived a rigorous screening process to receive an all-expenses-paid trip to the

prestigious Colorado festival. There, the students—each with a teacher from his or her school—rubbed elbows with heavy-hitters such as

## Falcon Heights sets minimum age to sell tobacco products

If you are under 18 in Falcon Heights you can't buy or sell tobacco or electronic smoking products.

On Jan. 22, the Falcon Heights City Council voted unanimously to institute a minimum age of 18 for

Supreme Court Justice Elena Kagan, world-famous cellist Yo-Yo Ma and Internet crowd-sourcing innovator

Ideas festival to 16

anyone selling tobacco or tobacco-related products and electronic smoking devices, such as e-cigarettes. The ordinance also put e-cigarettes under the same regulations as

Tobacco sales to 14



## C I T Y F I L E S

**Como Park**

*The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of the month at the Historic Streetcar Station, 1224 N. Lexington Parkway.*

**Como Sunday Series addresses sustainable energy on March 23**

Power from the sun? The wind? What are the options for an urban neighborhood like Como Park? What's happening right now, and what can happen in the future?

Join the District 10 Como Community Council Environment Committee on Sunday, March 23, 1-2:30 p.m., at the Historic Streetcar Station, 1224 N. Lexington Parkway, for the panel discussion, Envisioning a Sustainable Energy Future.

The discussion will be moderated by Timothy DenHerder-Thomas from Cooperative Energy Futures and featuring Como neighbors speaking about their experiences on the green energy path.

The event is free, but donations are welcome.

**Give your input on St. Paul****Public Works' bike plan in Como**

The City of St. Paul's proposed citywide Bikeways Plan seeks to guide the development of a network of bicycle routes and facilities throughout St. Paul.

Rueben Collins, sustainable transportation engineer and planner with St. Paul Public Works, will discuss the bikeway plan and answer questions at the District 10 Como Community Council's District Planning Committee's meeting on Monday, March 10, 7-9 p.m., at the Historic Streetcar Station.

Attendees will have the opportunity to provide input into bike transportation recommendations for the Como neighborhood, which are being drafted by the committee. Refreshments will be provided.

**Como Walkabout meets weekly**

Join your neighbors for a fun, friendly one-hour walk around Lake Como or the nearby park every Saturday. Meet at 9 a.m. in front of the Como Lakeside Pavilion. Walkers of all speeds, families and pets welcome. Email [julie.tholen@district10comopark.org](mailto:julie.tholen@district10comopark.org) for more information.

**District 10 annual meeting and elections will be held on April 15**

The District 10 Como Community Council will hold its annual meeting and elections on Tuesday, April 15, at 7 p.m. at the Historic Streetcar Station in Como Regional Park, 1224 N. Lexington Parkway.

Half of the seats on the council will be up for election at this meeting. Residents and business representatives from District 10 are eligible to run for these two-year terms.

To learn more about the work of the council and to obtain an election nomination form, visit [www.district10comopark.org](http://www.district10comopark.org) and click on "Board and Committees."

Election nominations are due by Tuesday, April 1, at 5 p.m. at the District 10 office.

Questions? Call District 10 at 651-644-3889.

**Learn about the city's response to the emerald ash borer infestation**

Rachel Coyle, from the City of St. Paul's Forestry Department, will give a presentation on the city's response to the emerald ash borer infestation in the Como Park neighborhood on Tuesday, March 18, at 7 p.m. at the Historic Streetcar Station. Learn which trees are being removed, how private trees are affected and get answers to your questions.

**Falcon Heights**

*The Falcon Heights City Council meets the second and fourth Wednesdays of each month at 7 p.m. at Falcon Heights City Hall, 2077 W. Larpeur Ave.*

**Community garden plots are open to Falcon Heights residents**

The City of Falcon Heights has several plots open this year at the community garden plot in Community Park, 2050 Roselawn Ave. The cost is \$25. Water is available. Priority goes to apartment dwellers and Falcon Heights residents. The application deadline is April 1. Call 651-792-7600 for more information.

**Card club meets twice a month at Falcon Heights City Hall**

The Falconers Card Club meets the second and fourth Mondays of the month at 1 p.m. at Falcon Heights City Hall to play cribbage and 500. Call Dorothy at 651-645-6036 for more information.

**Free tax help is offered on Tuesdays**

Low-income, elderly and disabled individuals can get free tax assistance on Tuesdays from 9 a.m. to noon through April 10 at Falcon Heights City Hall, 2077 W. Larpeur Ave. AARP volunteers can help complete and electronically file basic state, federal and rental or property-tax returns. Bring a picture I.D. and Social Security cards of all individuals, including dependents who will be listed on the tax returns. This is a walk-in service only; no appointments may be made.

**Park and Rec registration open**

Registration for Falcon Heights Park and Recreation spring and summer programs for children opened Friday, Feb. 21. You can find the program listing at [www.falconheight.org](http://www.falconheight.org). Click on Parks & Recreation and then Youth.

Residents will also receive a Parks and Recreation Program Guide attached to the city's newsletter in the mail by March 3. If you don't receive a program guide, call City Hall at 651-792-7600 or stop in to pick up a guide.

**St. Anthony Park**

*The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at South St. Anthony Recreation Center (SSA), 890 Cromwell*

*Ave. The district's Land Use Committee meets on the first Thursday of the month at 7 p.m. at SSA. The Energy Resilience Group generally meets at 7 p.m. on the third Thursday of the month. Email [erg@sapcc.org](mailto:erg@sapcc.org) to find out the location and date each month. The Environment Committee meets at 7 p.m. on the fourth Wednesday of the month at SSA. The Transportation Committee meets the first Monday of the month at SSA.*

**Help plan light-rail launch party**

Light-rail trains will start rolling down the Green Line on University Avenue on June 14. The St. Anthony Park Community Council and Creative Enterprise Zone have been invited to host a festive celebration at the Raymond Station as part of a Green Line Launch Party along the corridor. Organizers say they are expecting as many as 250,000 riders that day. This is a great opportunity to showcase the neighborhood. If you would like to be involved in the festivities, contact Amy Sparks at [amy@sapcc.org](mailto:amy@sapcc.org).

**Safe routes to school topic of March 3 committee meeting**

The St. Anthony Park Community Council's Transportation Committee will discuss safe routes to school for children in the neighborhood on Monday, March 3, at 6:30 p.m., at South St. Anthony Rec Center, 890 Cromwell Ave. Minnesota state Rep.

Alice Hausman will be present to participate in the discussion. The meeting is open to the public. Questions and comments can be directed to Lauren Fulner, the community council's transportation and sustainability coordinator, at [Lauren@sapcc.org](mailto:Lauren@sapcc.org).

**West Midway Industrial Area public hearing is March 21**

The St. Paul Planning Commission has scheduled a public hearing on Friday, March 21, at 8:30 a.m. at City Hall, Room 40, to receive comments on the West Midway Industrial Area Plan. The draft West Midway Industrial Area Plan document may be viewed at <http://www.stpaul.gov/WestMidway>.

**Connect to #SAPark**

The St. Anthony Park Community Council is teaming up with the St. Anthony Park Community Foundation, the Park Bugle and other neighborhood organizations to expand its efforts to build community through social media. Get timely announcements, neighborhood news and information, and engage in community conversations by following the council on Twitter @SAParkCouncil or liking the council on Facebook. If you're on Twitter or Instagram, use #SAPark to connect and see what others are

saying in the neighborhood. You can also follow the Park Bugle on Twitter @parkbugle or like the Park Bugle on Facebook.

**Luther Seminary updates**

The public is invited to attend the St. Anthony Park Community Council Land Use Committee meeting regarding the potential sale of the Burntvedt and Sandgren apartments on the Luther Seminary Campus on Thursday, March 6, at 7 p.m. at South St. Anthony Rec Center.

**Spots open at community garden**

The St. Anthony Park Community Garden, located on Robbins Street just east of Raymond Avenue, has 24 spots open for new gardeners this year. You can find the application at [sapcc.org/garden](http://sapcc.org/garden) or stop by the Community Council office at 890 Cromwell Ave. to pick one up.

**Student positions added to District 12 Community Council**

The St. Anthony Park Community Council voted to add two student positions to its board at its monthly meeting in February. Students will serve one-year terms and must be at least 16 years old and live or attend school in St. Anthony Park. Interested students should contact Amy Sparks at [amy@sapcc.org](mailto:amy@sapcc.org).

# Como Park, Falcon Heights gardeners wanted for annual tour

The Como Park Neighborhood Garden Tour is looking for gardeners of all abilities interested in sharing their hard work during the annual event on Saturday, June 21. This year, District 10 is teaming up with the City of Falcon Heights to expand the tour to include gardens in both Como Park and Falcon Heights.

Each year, 12 to 15 private gardens are featured on the tour, which attracts more than 200 people from across the Como Park neighborhood and the Twin Cities. Don't worry if you don't think your garden is perfect. Organizers are looking for a variety of gardens to showcase the diversity of the communities and the variety of gardens.

If you are interested in participating, or wish to nominate a neighbor, contact Val Cunningham (Como Park) at [writers2@comcast.net](mailto:writers2@comcast.net) or Chelsea Petersen (Falcon Heights) at [chelsea.petersen@falconheights.org](mailto:chelsea.petersen@falconheights.org) by April 11.

# Poetry contest deadlines March 7

Poets: The deadline for the fourth annual Park Bugle Poetry Contest is Friday, March 7.

The top three winning entrees will be published in the April issue of the Bugle in honor of National Poetry Month. All submissions will be posted on the Bugle website, [www.parkbugle.org](http://www.parkbugle.org).

This year's prompt is *repeat*.

Here are the rules of the contest:

- Poems can take any form you choose.
- The word *repeat* does not have to appear in your poem. Use the word as inspiration to go in any direction it takes you.
- The contest is open to all Bugle readers. Current Bugle employees and Park Press board members and their families are not eligible to enter.
- The contest is limited to one submission per person and it must be received by March 7.

Send poems to Editor, P.O. Box 8126, St. Paul, MN 55108, or to [editor@parkbugle.org](mailto:editor@parkbugle.org).

Poems will be judged anonymously by Falcon Heights writer Susan Thurston Hamerski. First place wins a gift certificate to Micawber's Books.

# Hammer to give update on fairground changes

Jerry Hammer, general manager of the Minnesota State Fair, will give an update on changes at the fairgrounds at Falcon Heights City Hall, 2077 W. Larpeur Ave., on Monday, March 24, at 7 p.m. Hammer will also be available to answer questions and listen to suggestions.

The public is invited to attend.

The event is co-sponsored by the Falcon Heights-Lauderdale Lions Club and the cities of Falcon Heights and Lauderdale.



# 30 hugs from Uganda

*A woman's dream of providing a home for orphaned girls in Uganda continues —with help from St. Paul, Minnesota*

By Natalie Zett

St. Anthony Park resident Karen Lilley huddled in her kitchen during one of those double-digit below-zero days in January, reflecting on her recent trip to the Blue House, a residence for orphan girls in rural Kazo, Uganda. The memories warmed her heart and brought tears to her eyes.

For more than 10 years, Lilley has served as webmaster and board member for Hope Multipurpose Inc. and the Blue House in St. Paul. December 2013 marked her first trip to the East African country.

The Blue House story reads like a Lifetime movie script: Beatrice Garubanda, her husband, James, and their young children moved to St. Paul from their native Uganda in 1987 so James could attend the University of Minnesota. Beatrice, who was a teacher and childcare worker, also continued her education at Luther Seminary.

In 2001, Beatrice Garubanda returned to Uganda and visited Kazo, where she was stunned by the number of children whose immediate families had been decimated in the HIV/AIDS pandemic. It is estimated that 2.2 million children have lost one or both parents in Uganda to AIDS.

In Kazo, Garubanda saw caregivers in charge of 20 or more children or children who headed households, and she became particularly concerned about the fate of the orphaned girls. Without adequate nutrition, shelter, clothing, healthcare and education—much less, caring adults—the girls faced a dire future. Garubanda wanted to establish a home for girls to give them a safe childhood and help them learn life skills, attend school and, later, contribute to their society.



Karen Lilley and three of the Blue House girls. All children in primary school in Uganda—girls and boys alike—are required to wear their hair shaved close to their heads, Lilley said. Photo by Marian Lilley

Upon returning to St. Paul, she promoted her idea and garnered enough people and funds to purchase living quarters for the girls. In 2004, she established the 501(c)(3) Hope Multipurpose Inc. (HMI), a nonprofit in St. Paul and a nongovernmental organization (NGO) in Uganda to operate the home. Initially, the residence housed about a dozen girls and one housemother. It was named the Blue House because “blue,” for Beatrice, was the color of hope.

Just a year after the organization was established, Garubanda died at age 49 of a heart attack.

Yet the story did not end there. In fact, it was just beginning.

Karen Lilley met Garubanda in

the late 1980s. “Many people in St. Anthony Park knew Beatrice and her family since Beatrice attended Luther Seminary, St. Anthony Park Lutheran [Church] and St. Matthew’s [Episcopalian Church],” Lilley said. “Beatrice did childcare for my son for a year, but later I lost track of her.”

Lilley’s interest in Africa transpired before her involvement with Blue House when she and her sister, Marian, visited South Africa in 2006.

“When I returned home, there was a newsletter from Hope Multipurpose in the stack of mail.

30 hugs to 15

## Luther Seminary in negotiations to sell Eustis Street apartments

Luther Seminary is in discussions with a potential buyer for the Sandgren and Burntvedt apartment buildings, located on the lower part of the seminary campus on Eustis Street.

The potential buyer owns property in the area and, if the sale goes through, plans to maintain the buildings as apartments with seminary students receiving priority leases, said seminary spokeswoman Diane Hummon. The apartments would then open to area residents, she said.

Both the buyer and Sonshine Learning Center, an early-childhood education center located in the Sandgren building, have indicated interest in keeping the center in the building, Hummon said.

The seminary has gone through an extensive process to get to this

point, Seminary President Rick Foss said in a news release. In November, requests for proposals were sent out. In early December, the property task force began sorting through many offers.

“Having a partner who is committed to both the seminary and the surrounding communities is critical,” Foss said.

“We were looking for the buyer who would best meet our requirements for the sale by continuing to offer affordable housing to Luther Seminary students, upgrading the buildings both inside and out, and paying us a fair market value. We believe we have found a strong partner for this project.”

On Feb. 8, the Luther Seminary board approved the task force’s recommendation to proceed with the

purchase agreement and due diligence phases of the purchase process with the potential buyer.

Assuming everything progresses according to plan, the deal will be signed and the sale of the two apartment buildings, along with the maintenance building to the south of the apartments, will be completed in July. The open green space on the south end of the property along Como Avenue is not part of the negotiations, Hummon said.

Luther Seminary plans to keep the community informed and involved by providing regular updates at the monthly St. Anthony Park Community Council Land Use Committee meetings. The next meeting will be held Thursday, March 6, at 7 p.m. at South St. Anthony Rec Center, 890 Cromwell Ave. —Kristal Leebrick

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St. Anthony Park Area Seniors presents: 2014 Senior Cinema Series

**“Beautiful Creatures” 1-3 p.m.  
Thursday, March 13, at SAP Library**

Charming romantic leads and esteemed supporting cast in a supernatural love story set in the South.

Starring Alice Englert, Viola Davis,  
Jeremy Irons and Emma Thompson.



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Announcing...

**The Saint Anthony Park  
Community Foundation  
2014 Grants Program**

**Deadline:** Applications must be submitted by  
Monday, March 31, 2014 to PO Box 8038, St. Paul, MN 55108

**Grantmaking Priorities:** Improving our environment,  
Strengthening learning opportunities, Enhancing livability,  
Supporting aging-in-place solutions, Promoting business  
vitality, Cultivating life-long appreciation for the arts

**Eligible Organizations:** Not-for-profit organizations,  
neighborhood, and community-based groups serving the  
needs of the St. Anthony Park/District 12 area

**Grant Application Forms:**

Available on-line at [sapfoundation.org](http://sapfoundation.org) or  
contact the Foundation

**Grant size:** \$5,000 maximum

**Questions:** Contact Jon Schumacher  
at 651-641-1455 or on-line at  
[jon@sapfoundation.org](mailto:jon@sapfoundation.org)



SAINT ANTHONY PARK  
**COMMUNITY  
FOUNDATION**



# Park Bugle

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**Next deadline:**  
**March 12. The paper**  
**will be published**  
**on March 25.**

The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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The Park Bugle is published by Park Press, Inc., a 501(c)3 nonprofit organization guided by an elected board of directors.

Currently serving on the board are Grant Abbott, Lynn Abrahamsen, Ted Blank, Emily Blodgett, Bruno Bornshtein, Ann Fendorf, Nate Flink, Michael Griffin, Mark Johanson, John Landree, Bob Milligan, Nancy Olsen, Glen Skovholt, Jan Sedgewick and Kathy Wellington.



## EDITORIAL

# Milestones

There's a whole lot of anniversaries going on in the community in 2014.

The Music in the Park Series, founded by St. Anthony Park resident Julie Himmelstrup, is celebrating its 35th season of bringing chamber music to audiences in St. Anthony Park. Now under the auspices of the Schubert Club, Music in the Park is teaming up with the St. Anthony Park Community Foundation—which is celebrating its 15th year of giving—to celebrate their combined 50 years of being part of the St. Anthony Park community.

The two organizations will revel with Twin Cities-based trio the New Standards on Mother's Day, May 11, at the St. Anthony Park United Church of Christ with two concerts, one at 4 and one at 7 p.m. Tickets are on sale now and you can find out more at [www.schubert.org](http://www.schubert.org).

The real granddaddy of the birthday celebrants is the Bugle, which is about to mark 40 years.

In 1974, Richard Nixon resigned as president of the United States, newspaper heiress Patricia Hearst was abducted by the Symbionese Liberation Army and girls were accepted into Little League baseball. People wore Earth shoes and listened to Barry White. And in July, the Park Bugle published its first edition.

The paper's first front-page stories reported on residents petitioning for a spotlight at the corner of Doswell and Como avenues and listed the events

for the July 4 celebration at Langford Park. Those stories were formatted on a typesetting machine. The paper was “pasted up” on a light board. The tools of the trade were X-Acto knives, wax machines and pica poles.

A lot of stories have been told over four decades, and throughout the rest of 2014, we plan to take you on a nostalgic tour of the Bugle's early days. We'll post an article or photo from the paper's first 10 years on these pages starting next month. And we might throw in a few surprises.



## LETTERS

*The Bugle welcomes commentaries and letters to the editor. Send them to [editor@parkbugle.org](mailto:editor@parkbugle.org).*

### Thanks and remember to support your local bookstore

I would like to express my greatest thanks to the Bugle for its very kind piece in the last issue regarding my departure from Micawber's Books.

The St. Anthony Park neighborhood became a second home to me—it was a place where a quick walk to Speedy Market or the post office would often take 20 minutes because of various conversations with neighbors, friends and other workers in neighborhood businesses.

Tom, Karen and Althea have been and will be working hard to keep Micawber's as the neighborhood bookstore you can depend on for the bestsellers and the under-the-radar stars. It was my pleasure to work with them and do hope that when you make a decision to purchase a book you decide to keep that money, and those tax dollars, in your neighborhood.

With thanks,

*Hans Weyandt*

### Rezoning? Let's not fix something that isn't broken

Think back to the time you discovered St. Anthony Park. It might have been 20 years ago or it might have been two months ago. Something drew you in, made you say to yourself, “Yes, I'd like to live here.”

You probably weren't thinking, “Wow, what this neighborhood needs is some decent zoning!”

We have all seen neighborhoods that would be better served by better zoning. St. Anthony Park is not one of them. In fact, it is one of the most desirable urban neighborhoods in the Twin Cities.

There is a recent effort by some residents to rezone St. Anthony Park. This new zoning would allow

residents to build additional houses (referred to as “granny flats” or “accessory dwelling units”) on lots where houses already exist, and to modify existing houses to accommodate more than one family. The single-family lot as we know it today would become a thing of the past.

When considering something as critical as rezoning a whole neighborhood, it's important to look beyond the immediate wishes of individuals, and to think about the needs of the community so that St. Anthony Park can continue to be a desirable place to live, not only for current residents, but for new people and new families.

At a time when many apartments, townhouses and condominiums are being built in neighborhoods all across the metropolitan area, neighborhoods like ours must try harder than ever to attract new residents. That's how healthy neighborhoods survive.

What will attract people to St. Anthony Park? What attracted you?

Is St. Anthony Park going to be able to retain and strengthen its unique small-town atmosphere? Will it continue to be an oasis in the middle of urban density? Or will it slowly erode into an anonymous, over-built and over-populated neighborhood, complete with all the accompanying issues of too much traffic, too many cars parked on the streets, smaller yards, less privacy and less open space?

Imagine that you are sitting out on your deck or patio, only now, instead of enjoying a view of a neighbor's garden, you find yourself looking directly into the windows of a granny flat. That's something you never imagined when you bought your house, and when the time comes to put your house on the market, that will not be a strong selling point.

Zoning exists not to obstruct

change, but to protect and support the things that work in neighborhoods like ours and, when necessary, direct change so that it will serve in the best interests of the whole community.

Just as building codes protect the health, safety and welfare of building occupants, zoning laws can protect the health, safety and welfare of neighborhoods. The reason granny flats and accessory dwelling units require rezoning in St. Anthony Park is because they would increase population density in areas of the neighborhood that are planned and designed to accommodate the needs of fewer residents.

We have zoning in place today for multifamily and mixed-use housing in specific areas of our neighborhood. Unlike granny flats and accessory dwelling units, these types of housing could allow residents to locate in areas of St. Anthony Park with even better access to public transportation, shops and businesses.

This could be attractive to both individuals and families, and could be of benefit to older residents in particular.

It is an example of good zoning, not only in terms of the cost-efficiency of constructing housing for multiple occupants, but for the social and environmental benefits as well. It works especially well when combined with another example of good zoning in our neighborhood: the single-family lot.

From the perspective of an architect who has practiced for more than 25 years and has served as a planner in a regional planning office, this neighborhood is very fortunate to be zoned in a way that is sound, sensible and sustainable. Let's not try to fix something that isn't broken.

*Fred Foster*  
*St. Anthony Park*

### Land Use group will publicize zoning recommendations soon

With a great turnout on a very cold night, and with 11 local “example” designs to consider, the design forum review meeting on Jan. 28 yielded a great deal of input from neighbors and others on the issue of allowing accessory dwelling units (ADUs) in St. Anthony Park. Since then, we've been using what we learned to help refine our vision of what ADUs, if permitted, should be like and which zoning code controls will be necessary to ensure that that vision is realized.

By late February we expect to have a final version of the ADU-related code revisions that will be recommended for approval of the Land Use Committee and the District 12 Community Council.

When the final (pre-approved) version becomes available, it will be posted on the Land Use Efficiency (LUE) group's page of the District Council website ([www.sapcc.org](http://www.sapcc.org)). We intend to publicize its availability on the District 12 home page, in an ERG newsletter and by posting a link to the documents on the SAPark listserv.

We hope that the document will be reviewed carefully by as many neighbors as possible, and that we receive any comments they have as quickly as possible.

With the comments (positive or negative) we expect to receive, we hope to fine-tune the code revisions being proposed. With them we hope to ensure the best possible outcome as we move forward (hopefully) toward allowing ADUs in our neighborhood, under the terms we, as a neighborhood, request.

*Phillip Broussard*  
*St. Anthony Park*  
*Land Use Efficiency Action Group*



C O M M E N T A R Y

# Support teachers: Lower class size

*Note: As the Bugle went to press, St. Paul Public Schools and the St. Paul Federation of Teachers had reached a tentative agreement on their 2013-15 labor contract after a 24-hour mediation session. The contract included "the means for ensuring consistency and predictability in class sizes," as well as other language that addressed standardized tests and early-learning opportunities.*

*This commentary was written prior to the tentative agreement. The teachers union had planned to vote on a strike on Monday, Feb. 24, but the vote was canceled and the union planned to meet that day to discuss the details of the agreement. The Bugle was being printed on the day of the meeting.*

**By Megan Marsnik**

It is time we parents stand up for our children, too.

Although I have been less than pleased with the buildings, the libraries, the resources and the access to full-time nurses, I have been extremely satisfied with the quality of teachers in St. Paul Public Schools. Whether at St. Anthony Park Elementary, Murray Middle School, Central or Como Park high schools, my children have had the opportunity to learn from individuals who are well-trained in their subject matter, globally aware, compassionate and dedicated.

At St. Anthony Park, the teachers know how important it is to establish relationships with their students. They put in countless extra hours supporting the kids they love. A few years back, before a Destination ImagiNation competition, my daughter looked into the crowd and noticed that four of her former teachers were in the audience.

"Mom," she said. "We have to be extra good. My teachers are here." I know that all of these teachers had better things to do on a Saturday morning than travel 45 minutes to watch a six-minute skit about a broccoli spaceship; yet, here they were.

When one of my daughters went through a rough time in her life, it was her high school teachers who helped get her through it. They changed her life, and I'm sure she was not the only one to benefit from their guidance. Como Park Senior High School is one of the most welcoming schools I've ever set foot in. I've been impressed with the rigor of the AP classes and with the teachers who have high expectations, yet never seem to forget that their students are children.

Despite these gifted teachers, I am not completely satisfied with the education my children are receiving. It is because I believe in public education that I am willing to fight to improve it. I want my children to see more of their teachers. I want them to have less time testing and more time learning. Although I am not opposed to all tests, I am opposed to all tests that do not directly benefit students, including the MAP and the MCAs, which streamline curriculum and can stunt the creativity of both teachers and students.

I trust the teachers to create their own assessments that directly reflect the material taught. I want the teachers to have flexibility so they can adapt the curriculum to relate to the lives of the students who are sitting before them. I want the teachers to have the freedom to set a pace that is appropriate and allows for questions and low-stake failures. I want students assessed frequently by professional educators who see them every day, not by a multiple-choice test designed by a for-profit corporate reform group.

But mostly, I want my kids to have smaller class sizes. Much smaller. I have read the research and I know that the results are inconclusive. However, my personal research, which consists primarily of talking to my children and their friends, is conclusive. My kids learn more in small classes. In smaller classes, shy kids feel more comfortable engaging



St. Anthony Park Elementary School teachers braved the snow on Jan. 30 before the start of the school day to participate in the St. Paul Federation of Teachers walk-in at 55 schools in the district. The walk-ins were staged to demonstrate the St. Paul teachers union's push for contract proposals that include limits on class sizes; expanded access to pre-K; guaranteed staffing of school nurses, social workers, media specialists and other support staff; and a decrease in the number of standardized tests students have to take each year. The district has argued that class sizes and expanding pre-K are outside the scope of negotiations. The union was planning to vote on striking on Feb. 24, just as the Bugle went to print. *Photo by Kristal Leebrick*

in discussion. "Spirited" children have fewer distractions and are better able to focus. They are also less likely to disrupt class, making learning less challenging for others.

In a high school class of 25, group presentations (which are important) can take perhaps three class days. In a class with 40 or more students, they can take up to 10 days. Those classes lose seven teaching days. In smaller classrooms, transitions between learning activities are short. In St. Paul, some of the classes are so big that a less experienced teacher can spend a third of the instruction time getting kids to quiet down and listen. Even an experienced teacher who knows the "tricks" of classroom management can lose valuable instruction time due to the number of bodies in a room.

When teachers are overburdened, students suffer. When a middle or high school teacher has 200 students spread over six class

periods, as opposed to 150 or 120, their paper load increases.

How do they handle this? Some require shorter writing assignments. Some give fewer comments. Some take weeks to grade the papers, making prompt, useful feedback a rarity. Many of the teachers stay up late, give up their social lives and their health, and manage to maintain the same standards they had when their class size was manageable. The teachers deserve better than that. I want them to have more time to focus on fewer children.

In addition, when a teacher's workload increases, the safety of schools can be compromised. In most schools, teachers are asked to monitor the hallways during passing time. With large classes, more students stay past the bell to get make-up work or ask questions. Sometimes, a teacher has so many students to help between passing times, that a child never gets his or her missing work. The hallways are left under-supervised, and some children feel threatened. It is difficult to focus on learning when you feel unsafe.

Our children suffer because class sizes are too big.

We have an achievement gap that must be addressed. Would a smaller class help teachers reach struggling students? Ask a teacher. Their answer won't surprise you. But here's the bonus: smaller classes would also benefit students who aren't struggling academically.

I have expressed my concerns to every member of the school board and to Superintendent Valeria Silva. One board member and Dr. Silva sent me thoughtful replies. Both assured me that decreasing class size was important to them.

Just not important enough to fund it.

As a parent, I will not accept that. I stand with the teachers union in stating that class size must be a priority. The union decided to make this a contract issue because, despite the referendums, levies and budget increases, the school district is not being held accountable. Putting class size and resources in the contract is one way to ensure that the money spent is spent the right way.

Because we voters put education as a priority, St. Paul Public Schools has one of the largest unrestricted fund balances of any school district in the state. The district has the responsibility to use the funds in a way that will positively impact all students.

Who knows what is needed more than parents and teachers, who are on the front lines every day? Value their judgment. I do. My kids do.

And parents, we need to do our part. We need stop complaining to each other and start making change.

Speak up. Fight for our kids.

*Megan Marsnik has two children in St. Paul Public Schools and is a teacher at Southwest High School in Minneapolis.*

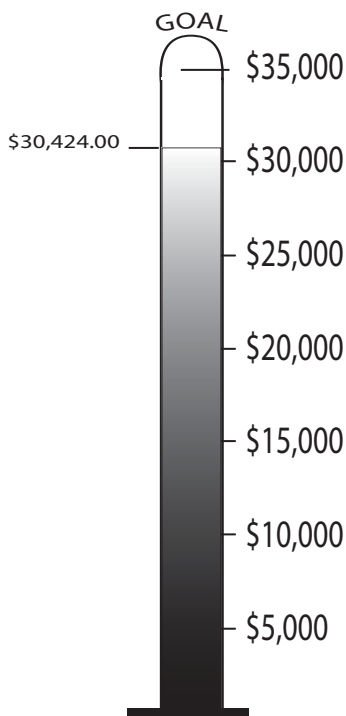
## Thank you for supporting the Park Bugle

Thanks to the following Park Bugle readers who have contributed to the Bugle's 2013-14 fund drive. This list reflects those who gave up to Feb. 12. The Bugle relies on tax-deductible donations to help defray the newspaper's annual operating costs. Our goal this year is to raise \$35,000 and we are nearly \$4,500 shy of that. If you haven't contributed to the fund drive, you still can. Donate online at [www.parkbugle.org](http://www.parkbugle.org) (click the green DONATE NOW button at the top of the page) or send a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

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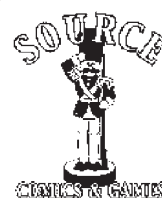
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# 2014 Summer camp guide

## ACADEMICS

### Camp Invention

Students take apart appliances, design a magnet-powered city and explore the intersection of science, art and math during the four- to five-day session. Locations vary.

**Who:** Entering grades 1-6

**When:** June 16-Aug. 15

**Cost:** \$215-\$255

(online & family discounts)

**Contact:** 800-968-4332 or

[campinvention@invent.org](mailto:campinvention@invent.org)

**Website:** [www.campinvention.org](http://www.campinvention.org)

### School Chess Association

Four-day sessions include all levels of chess instruction. Other activities include swimming, soccer, fishing and tennis. Half- or all-day options. St. Louis Park Recreation Center, 3700 Monterey Drive.

**Who:** Grades K-12

**When:** June 23-Aug. 14

**Cost:** \$245-\$270

**Contact:** 763-593-1168

**Website:** [www.schoolchess.org](http://www.schoolchess.org)

### Summer Algebra Institute for Kids

Weeklong, half-day enrichment

programs for average and talented students using music, games and hands-on activities to establish algebra concepts. Four Twin Cities locations, including Roseville.

**Who:** Grades 3-7

**When:** July 7-Aug. 8

**Cost:** \$170-\$195

**Contact:** 651-645-4432

**Website:** [www.algebraforkids.com](http://www.algebraforkids.com)

## ANIMALS

### Animal Humane Society:

#### Unleashed

Full-day weeklong sessions, including educational activities, animal interaction, "guest" visits, field trips and community-service projects. Locations vary.

**Who:** Grades 3-10

**When:** June 9-Aug. 15

**Cost:** \$300

**Contact:** 763-489-2220

**Website:**

[animalhumanesociety.org/services/youth/unleashed](http://animalhumanesociety.org/services/youth/unleashed)

### Bunker Park Horse Day Camp

Learn grooming, tacking and riding in half-day to five-day sessions. Located in Andover.

**Who:** Ages 5-12+

**When:** June 9-Aug. 29

**Cost:** \$80-\$525

**Contact:** 763-757-9445

**Website:** [bunkerparkstable.com](http://bunkerparkstable.com)

## ARTS

### Adventures in Cardboard

Build castles and costumes, role-play

and more. Three locations, including Arden Hills.

**Who:** Ages 7-14

**When:** June 9-Aug. 15

**Cost:** \$299 a week

**Contact:** 612-370-4960

**Website:**

<http://julianmcfaul.com/summer-workshops-2014/>

### Articulture Art Day Camp

Explore various art disciplines and diverse media, ranging from claymation to theater to food as art. Full- and half-day options. Located at 2613 E. Franklin Ave., Minneapolis.

**Who:** Pre-K-grade 6

**When:** June 9-Aug. 29

**Cost:** \$135-\$260

**Contact:** 612-729-5151 or

[info@articulture.org](mailto:info@articulture.org)

**Website:** [www.articulture.org](http://www.articulture.org)

### Artstart Art & Creativity Camp for Teens

Camps are geared toward youth who want to explore their imaginations through a variety of art media and gain new skills in making art. Located at 1459 St. Clair Ave., St. Paul.

**Who:** Ages 13-15

**When:** June 16-20 & June 23-27

**Cost:** \$140-\$250

**Contact:** 651-698-2787

**Website:** [artstart.org/signatures](http://artstart.org/signatures)

### IFP Film & Photography Camps

Weeklong camps that include photography, screenwriting, filmmaking and more. Located at 2446 University Ave. W., St. Paul.

**Who:** Ages 11-17

**When:** June-August

**Cost:** \$225

**Contact:** 651-644-1912

**Website:** [www.ifpmn.org](http://www.ifpmn.org)

### Mill City Museum: Arts on the River Day Camp

Play music, bake bread, make books while exploring the culture of the Minneapolis riverfront district. Each day is spent at one of each of these downtown Minneapolis art centers: Mill City Museum, Guthrie Theater, Minnesota Center for Book Arts and MacPhail Center for Music.

**Who:** Ages 9-11

**When:** July 7-10

**Cost:** \$250 (\$225 MHS members)

**Website:** [mnhs.org/summercamps](http://mnhs.org/summercamps)

### Northern Clay: Summer Clay

Half-day and full-day camps in a variety of themes (from teapots and dog bowls to spaceships and garden gnomes) with plenty of room for exploration and decoration. Located at 2424 E. Franklin Ave., Minneapolis.

**Who:** Grades 9-12

**When:** June 16-Aug. 18

**Cost:** \$170-\$305 (discounts for members)

**Contact:** 612-339-8007

**Website:** [northernclaycenter.org](http://northernclaycenter.org)

### Sewing Lounge

Learn to stitch fearlessly, beginning with the basics and progressing to understanding patterns, choosing fabrics and mastering seamstress skills. Located at 987 Selby Ave., St. Paul.

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**A** Animal Visitors ♥ Host an Art Show ♥ Camponi Art Park  
Acting Lessons ♥ Adventure ♥ Awesome Teachers

**M** Explore Museums ♥ Make New Friends ♥ Create a Music Video  
Follow a Treasure Map ♥ Move & Groove ♥ Maximum Fun

**P** Picnics ♥ Walk to the Park ♥ Plant a Garden ♥ Splash Pad  
Bounce Palace ♥ Picture Perfect Summer!

Spring/summer openings also available for infants through pre-kindergarten

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ages 4-14 • June 16-July 18  
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SESSION 2: LET'S MAKE BOOKS!	JUNE 9-JUNE 20
SESSION 3: RED, WHITE AND BLUE!	JUNE 23-JULY 3
SESSION 4: WATER FUN!	JULY 7-JULY 18
SESSION 5: HEALTHY & FUN FOOD FOR KIDS!	JULY 21-AUG. 1
SESSION 6: JOURNEY TO THE JUNGLE!	AUG. 4-AUG. 15

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**Who:** Ages 8-13  
**When:** June 9-Aug. 18  
**Cost:** \$250 (+\$50-\$70 for supplies)  
**Contact:** 651-645-7645  
**Website:** www.sewinglounge.com

**Textile Center Camps: Sewing, Knitting, Felting, Dyes & More**  
 Twenty-five-plus hands-on weeklong summer camps to choose from. Textile Center, 3000 S.E. University Ave., Minneapolis.  
**Who:** Ages 6-16  
**When:** July 7-Aug. 22  
**Cost:** \$160 (\$140 members)  
**Contact:** 612-436-0464  
**Website:** www.textilecentermn.org

**Simply Jane Art Camps**  
 Half- or full-day weekly camps, including mosaic, mask-making, clay, art wearables and drawings. Located at 5411 Nicollet Ave. S., Minneapolis.  
**Who:** Ages 4-18  
**When:** June-August  
**Cost:** \$35-\$275 (\$30-\$250 members) + supplies  
**Contact:** 612-354-3961.  
**Website:** simplyjanestudio.com

## DANCE

**TU Dance Center**  
 Toni Pierce-Sands, Uri Sands and TU Dance Center teaching artists lead summer programs for children 5 and up, including a two-week Junior Summer Program for children, and a three-week Summer Intensive for beginning, intermediate and advanced aspiring artists. Classes include ballet, modern, West-African, conditioning, repertory, yoga and pilates; 2121 W. University Ave., St. Paul  
**When:** July-August  
**Who:** Ages 5+  
**Cost:** \$175-\$850  
**Contact:** 612-605-1925 or www.tudance.org

## GENERAL

**Friends School of Minnesota: Create Something Great**  
 A variety of summer classes and camps that include academics, creativity, community service and fun. Friends School, 1365 Englewood Ave., St. Paul.  
**Who:** Ages 4-14  
**When:** June 16-July 18  
**Cost:** \$125-\$275 (scholarships available)  
**Contact:** 651-621-8941  
**Website:** www.fsmn.org

## HISTORY

**Finishing School for Young Ladies**  
 Young ladies will explore the world of Victorian fashion, music, art and etiquette. Located Alexander Ramsey House, 265 S. Exchange St., St. Paul  
**Who:** Ages 9-12  
**When:** July 14-16  
**Cost:** \$220 (\$200 MHS members)  
**Contact:** 651-296-8760 or www.mnhs.org/summercamps

**Ramsey House Detectives Camp**  
 Become a super-sleuth and use artifacts, journals and recipes to solve a mystery at the Ramsey House. Located Alexander Ramsey House, 265 S. Exchange St., St. Paul  
**Who:** Ages 11-13  
**When:** June 23-25  
**Cost:** \$210 (\$190 MHS members)  
**Contact:** 651-296-8760 or go to www.mnhs.org/summercamps

**Little House in the Big Fort**  
 Experience 1800s life just like Laura Ingalls Wilder at Historic Fort Snelling.  
**Who:** Ages 7-11  
**When:** Dates in June, July & August  
**Cost:** \$235 (\$200 MHS members)  
**Contact:** 612-726-1171 or www.mnhs.org/summercamps

## Gibbs Museum

**Gibbs Girl Day Camp:** Three days, three experiences to live as a Pioneer girl, Dakota girl and Victorian girl. This craft-based camp offers girls a first-hand appreciation of the daily lives of girls in the 1800s. Gibbs Museum, 2097 Larpenteur Ave.  
**Who:** Ages 6-11  
**When:** Aug. 5-28  
**Contact:** 651-646-8629 or gibbs@rchs.com  
**Website:** www.rchs.com

**Say It In Dakota:** Campers experience a year in the life of the Dakota in the early 1800s. During this week-long, hands-on camp, kids explore seasonal activities, including the maple sugar camp, wild rice village, life in the tipi, hunting games, methods of travel and more. Activities and crafts are integrated with Dakota language and song. Gibbs Museum, 2097 Larpenteur Ave.  
**Who:** Ages 6-11  
**When:** June 16-20  
**Cost:** \$75

**Contact:** 651-646-8629 or gibbs@rchs.com  
**Website:** www.rchs.com

**Pioneer Days & Pioneer Peewees:** Half-day camps allow kids to experience the pioneer life. Play marbles, make pies and attend school in a one-room schoolhouse. Gibbs Museum, 2097 Larpenteur Ave.  
**Who:** Ages 3-11  
**When:** July 8-Aug. 20  
**Cost:** \$19-\$99  
**Contact:** 651-646-8629 or gibbs@rchs.com

**Website:** www.rchs.com

## MUSIC

**Greater Twin Cities Youth Symphonies String Orchestra**  
 Players with 2-4 years experience will master music fundamentals and include social activities.  
**Who:** Ages 8-13  
**When:** July 14-18  
**Cost:** \$315 plus \$20 registration fee (scholarships and early-bird pricing available)  
**Contact:** 612-371-5656 or

Camp Guide to 8

### School Chess Association

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-Unknown



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## Gibbs Museum Day Camps



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[www.rchs.com](http://www.rchs.com) or 651-646-8629  
 Gibbs Museum is a program of Ramsey County Historical Society

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## Camp guide from 7

mail@gtcys.org  
**Website:** www.gtcys.org

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**Who:** All ages  
**When:** All seasons  
**Cost:** Varies with lesson  
**Contact:** 651-330-4738  
**Website:** www.swiftmusic.net

### OUTDOOR

#### Camp Voyageur

Wilderness camping, hiking, and land and water sports, including archery, basketball and more. Two-, four-, six- and eight-week overnight camps in the Boundary Waters Canoe Area Wilderness.

**Who:** Boys 9-18  
**When:** June 8-Aug. 2  
**Cost:** \$1,900-\$7,200  
**Contact:** 800-950-7291  
**Website:** www.campvoyageur.com

### SPECIALTY

#### Adoption Day Camp

Open to all adopted children or siblings of adopted children, regardless of placing agency. Children's Home Adoption Day Camp is a classic full-day summer camp that combines adoption-specific programming with more

traditional camp activities. YMCA Camp Streefland, Lake Kinsgley, Lakeville.

**Who:** Ages 6-13  
**When:** June 16-20  
**Cost:** \$250  
**Contact:** camp@chfs.org  
**Website:** www.chfs.org/adoptiondaycamp

#### Autism Society of Minnesota Summer Camps

Day camps and residential camps specifically for children with autism. Day camps are at Lake Butwin in Eagan; residential camps are held at Camp Knutson, Crosslake, and Courage North, Lake George.

**Who:** Ages 6-25  
**When:** June-August  
**Cost:** \$700-\$1,690 (scholarships available)  
**Contact:** 651-647-1083, ext. 16  
**Website:** www.ausm.org

#### Facing Cancer Together Summer Kids Kamp

The Angel Foundation hosts three days of outdoor games, art, fun and camaraderie for kids who have a parent with cancer. The camp closes with a family celebration and dinner. A drop-in parent group meets each morning to talk about parenting through cancer. Held at Eden Wood Center in Eden Prairie.

**Who:** Ages 5-18  
**When:** June 12-14  
**Cost:** Free  
**Contact:** 612-627-9000, ext. 503, or jhaines@mnangel.org  
**Website:** www.mnangel.org

**Cost:** \$99-\$599

**Contact:** admin@joyofthepeople.org  
**Website:** www.joyofthepeople.org

### Minnesota Sword Club

Beginners will learn basic concepts of fencing; veterans will partake in intensive training sessions, emphasizing technique and strategy. Equipment provided. Chicago Avenue & 48th Street, Minneapolis.

**Who:** Ages 8-17  
**When:** June-August  
**Cost:** \$139 (\$119 for members)  
**Contact:** 612-825-9935  
**Website:** mnsword.com/summer-camps.html

### SPORTS

#### Carrie Tollefson Training Camp

High-paced, performance-driven running residential camp for boys and girls that includes one-on-one interaction with Carrie Tollefson and other elite runners and coaches. Held at St. Catherine's University.

**Who:** Grades 7-12  
**When:** July 10-13  
**Cost:** \$350-\$400  
**Contact:** jcksonerevents@yahoo.com  
**Website:** www.carrietollefson.com

#### Carroll Goalie School: Focus on Fundamentals

Three-day camps are led by Steve Carroll, a USA Hockey Level 4 certified coach and goalie coach for Gustavus Adolphus women's hockey team. Located at Richfield, Eagan, White Bear Lake, Lakeville and Blaine arenas.

**Who:** Ages 7-15  
**When:** June 20-Aug. 24  
**Cost:** \$350 for 6 hours of on-ice instruction  
**Contact:** 612-869-2719  
**Website:** www.carrollgs.com

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**Who:** Ages 5-14  
**When:** June 9-Aug. 29

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**Who:** Ages 15-18  
**When:** June 16-20  
**Cost:** \$400  
**Contact:** 651-523-2047 or cwp@hamline.edu  
**Website:** www.hamline.edu/cwp/young-writers-workshop.html

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**Who:** Ages 9-11  
**When:** June 16-20  
**Cost:** \$131.25 (discounts for members and low-income families)  
**Contact:** 612-379-8999  
**Website:** www.loft.org




Photo by Michelle Horan

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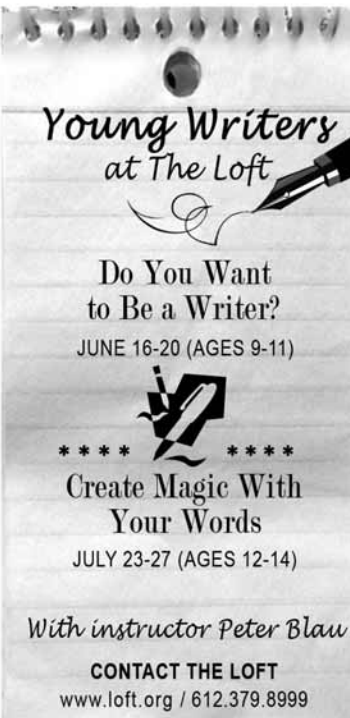
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Camp guide to 9



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R T Y U I O P  
 F G H J K L



# Minnesota Prison Writing Workshop

*Local writer brings the love of literature and the art of creative writing to Lino Lakes Correctional Facility*

**By Judy Woodward**

What disaffected student hasn't occasionally compared his classroom to a jail? But how about his teacher? Faced with another trudge through the curriculum with a class who would rather be doing almost anything else, does the instructor ever feel the same way?

Not if the teacher is St. Anthony Park resident Jennifer Bowen Hicks. She is one educator who knows the difference between a classroom and a prison.

Now in her third year as the founder and coordinator of the all-volunteer Minnesota Prison Writing Workshop, Hicks, 40, brings her love of literature and the art of creative writing inside the prison walls every week when she teaches a group of 10 students at the Lino Lakes Correctional Facility.

"I have to go through security and there may be a guard outside," she says, "but when I'm in the classroom, it's this rigorous discussion about literature—what's enduring, what's transcendent."

Hicks, who previously taught composition to community college students, cites one huge difference between her earlier work and teaching behind bars: "The prison population who takes [my course] is pretty motivated. They *all* want to be there," she says.

The prisoner students are well aware of the distinction between what happens inside and outside of their classroom. Hicks recalled the time that one of her students used the "N" word in his writing. "One man said, 'That word is not allowed in the Yard.' But another man told him, 'This is not the Yard. This is an academic setting. Here we're focused on literature, words and each other's work.'"

To enroll in Hicks' class, there are two requirements: The men must not have committed a recent infraction of the prison rules and they must be able to read at a 10th-grade reading level, Hicks says.

Once in class, the men find that the rules are straightforward.

"I tell them, 'We're going to listen to each other respectfully... [and] I'm here as a writing instructor,



Jennifer Bowen Hicks Photo by Lori Hamilton

not a therapist.'"

Maintaining professional detachment can be difficult. Lino Lakes houses many of the state's sex offenders, for example, but regardless of their crimes, the men's work often deals with deeply personal, sometimes harrowing, themes. The students read their work aloud and discuss it as a group.

"It can sometimes feel awkward to deal with a [highly emotional work] as a piece of writing," says Hicks, "but it's my job. I'm not trained as a therapist."

Her students are not necessarily looking for healing through their writing, although that's what some of them say they achieve. "Some feel the writing helps them express themselves better and understand themselves and their world in a safe way," says Hicks. "Someone in the class always wants 'the craft secret' of good writing."

And sometimes the goal is simply picking up a knack for empathy. Hicks recalls one student whose initial lack of social skills sandbagged any attempt at normal

class participation. After much effort, the man finally learned to "pause and frame his comments in a socially acceptable way" instead of lashing out at his classmates.

"It was such a victory for all of us," says Hicks, "He got this enormous smile. That was one of my most rewarding moments [as a teacher.]"

Beyond that, Hicks' students are as varied as any group of adult students on the outside, she says. Some are interested in literature about prison life, but, "just as many don't want to read and write about prison. Some would rather be anywhere else in their minds."

The Writing Workshop grew out of a single class that Hicks volunteered to teach in 2011 at Lino Lakes. Inspired by the prison work of authors like Wally Lamb and her own mentor, writer and poet David Jauss, Hicks had long wanted to try teaching behind bars. There was also a personal factor.

"I grew up in the sort of family where family didn't stick around," she says. Among the reasons for their

absence was incarceration. Although she never knew her imprisoned kin, Hicks notes, "knowing that 'my people' spent time in jail certainly influences the way I experience my students."

Once she devised the idea of a prison class, Hicks was persistent. "I sent an email to officials at all the corrections facilities in Minnesota, but [only] Lino Lakes replied."

And once she started teaching, she knew she'd found something important. "I kept extending the class because I didn't want it to end," she says.

The next step was to recruit other writers to join her.

"With all the writers in the Twin Cities," she says, "I thought it shouldn't be hard to get other people through those doors."

Hicks looks for "active, serious writers who love to teach" and so far, she's proved to be a good recruiter for the workshop. "We have zero attrition," she says.

Nico Taranovsky, 42, of Falcon Heights, is one writer Hicks found. An MFA candidate at Hamline who is completing his first novel, Taranovsky is honest about "the fear factor when you walk into prison for the first time," but his apprehension was quickly dispelled by the enthusiasm of his students.

"It's a revelation when you meet the students," he says. "They're just people ... and in prison people are so grateful that [writing instructors] are there."

Taranovsky believes in writing as a force for rehabilitation: "It gives [the students] a creative outlet, which makes prison less of a soul-crushing experience."

For Bill Breen, 45, the workshop is an alternative to his regular pursuits teaching English at a local community college and working on a novel for middle-grade readers. A resident of Como Park, Breen thinks a visitor to his class at Lino Lakes would be surprised by "how laidback it is."

Comparing his prison workshop to a "group of guys hanging out," Breen finds the Lino Lakes class a refreshing contrast to the "goal-grade-and-deadline"-driven atmosphere that marks his college

teaching. As for dealing with his students, he says, "You have to be aware. You don't give up personal information. You have to have that kind of savvy. We just focus on the work."

Breen also values his fellow instructors. "I'm really grateful for finding this group," he says. "It's great to be working together for a purpose we all believe in."

Hicks, too, is a working writer who will soon publish her first book of essays. She has two sons in local schools and a husband who works as an allergist.

"He is part of the reason," she admits wryly, "that I can be so impractical."

And then there are her chickens, which she hatched from eggs and raised in the backyard. Her voice takes on a different note when she remembers a certain rooster named Maggie "because we didn't know at first that she was a boy."

According to Hicks, "Maggie was so sweet and personable. He sat on my shoulder, looked in my eyes. And then, unfortunately, he began to crow."

Out of deference to Hicks' neighbors, Maggie and his brethren have been relocated to a farm on the St. Croix, but Hicks and her neighbors continue to enjoy fresh eggs from the home-raised hens.

Hicks acknowledges that it's easier to talk about her chickens than her students. That reflects a natural concern for her students' privacy and her awareness of the latitude her group has been given by the Department of Corrections.

"It feels like a privilege to do this work," she says. "We're fortunate that the Department of Corrections is going to the lengths they are to let us do it."

But there may be another reason, which has to do with the mystery operating at the heart of her classroom.

"Talented, creative, smart people do terrible things," Hicks says. "At the base level, that is what is insoluble."

*Judy Woodward is a reference librarian at Roseville Library and a regular contributor to the Park Bugle.*

## Camp guide from 8

### “Create Magic With Your Words?”

This class will give you the tools you need to shake your creativity loose and let that writer out to play. If you write, you are a writer. If you want to be a better writer, you should write more, and that's exactly what this class is about.

**Who:** Ages 12-14

**When:** July 23-27

**Cost:** \$131.25 (discounts for members and low-income families)

**Contact:** 612-379-8999

**Website:** www.loft.org

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**When:** July 7-11

**Who:** Ages 9-11

**Cost:** \$525 (discounts for members and low-income families)

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In its day, the Hippodrome ice sheet was considered the largest in the world. *Minnesota Historical Society*

## The man who put the ice in the fairgrounds Coliseum reminisces

By Roger Bergerson

Like many people, Dick Holmsten was sorry to hear that this will be the last season for the ice rink at the Lee & Rose Warner Coliseum on the Minnesota State Fairgrounds. But Holmsten's connection with the facility is a little different than the hockey players and other skaters who will be looking for an alternative next winter.

The rink was one of 250 that his St. Paul-based Holmsten Ice Rinks Inc. built between the early 1960s and the early 1990s, from Australia to Saudi Arabia, from Alaska to Mexico. Sixty of them were in Minnesota alone.

"During our heyday, we were the top company of our kind in the United States," said Holmsten, a lifelong area resident now living in the St. Anthony Park Home.

State fair officials are happy that their Holmsten equipment lasted 40 years. However, now they say the

52,000 feet of piping that circulates refrigerant under the floor of the Coliseum rink has deteriorated beyond repair, and not enough people use the rink to warrant replacing it.

The news prompted Holmsten to share a few memories with the Park Bugle, some dating back to the original Hippodrome, the building that preceded the Coliseum on the same site.

"The Hippodrome had a four- or five-piece band playing in the 1930s and my parents sometimes would get a babysitter and go over in the evening to skate," said Holmsten, who grew up in the Como Park neighborhood just east of the fairgrounds.

"On a Saturday, my mother would give me a dime and a bag



Dick Holmsten Photo by Roger Bergerson

lunch and I'd spend the whole day skating there," he recalled. Holmsten was in the eighth grade when he met Florence, his future wife, that way

*Coliseum to 11*



### Pulling the plug

The Como Park Senior High School hockey teams ended an era of skating at the Lee & Rose Warner Coliseum at the state fairgrounds in February. The junior varsity hockey team played its last game at the Lee & Rose Warner Coliseum on Feb. 8. The Como Cougars won that game against the Minneapolis Novas, 7-4. Here, the Zamboni finishes its work before the last period of the JV game. The Varsity team played its final game at the Coliseum on Feb. 10. Minnesota State Fair officials deemed it too costly to continue operating the ice rink in the building. The rink will close for good after March 1, but the Coliseum will still be used for horse shows and other activities. *Photo by Lori Hamilton*



It was at the Hippodrome Rink that the legendary Frank “Moose” Goheen and his St. Paul Athletic Club teammates thrilled hockey fans in the 1920s. *Minnesota Historical Society*



### Dayton from 1

available [to lumbering] outside of the area.”

There are also new allies in the struggle today, Dayton says. “Opposition to mining has more support than we had in the ’70s, because tourism is huge. There are also many more young people who understand the values of the wilderness now.”

Dayton is someone who came

to an appreciation of wilderness values at a young age. He grew up in northern Illinois, but in the summer of 1956, as a 16-year-old high school student, he made his first trip to the Boundary Waters. He already knew about commercial exploitation of the wilderness from high school biology class, but during the trip he had an epiphany.

“I was on the Lake One portage to Lake Two,” he explains, “and I thought I’d like to do something

about [logging].”

His first plan was to go into forestry, “but then I learned that foresters [deal with] cutting trees, not saving them.”

In 1964, fresh out of law school at the University of Michigan, he joined a Minneapolis corporate law firm. It was there, sometime around his 30th birthday, that the call of the wild became a summons he could not refuse. He resigned his downtown job, went to work for what would become the Minnesota Public Interest Research Group (MPIRG) and dedicated himself from that point forward to environmental law.

After a lifetime spent in a highly visible role in Minnesota’s public life, there’s one question that Dayton has come to expect.

“No,” he says, “I’m not related to the governor. I’m not part of the dry goods family.”

Although Dayton likes Gov. Mark Dayton, he tells about a time when Chuck Dayton was something of a millstone around Mark Dayton’s neck. Back in late 1970s, when Mark first entered public life, his nonrelative Chuck was notorious in certain parts of the community in the Arrowhead.

Among those who feared for their livelihoods in the wake of the commercial restrictions of the 1978 Act, says Dayton, “my name was anathema. [Mark] Dayton had to explain at the outset of every talk that he wasn’t related to me.”

Dayton has never been one to distance himself from the pleasures of outdoor life. Last year, he sailed with



Chuck Dayton aboard the Llyr, a 53-foot ketch, that he sailed on while participating in a citizen science project with Reef Check, an international nonprofit dedicated to the conservation of tropical coral reefs and California rocky reefs. (Find out more at reefcheck.org.)

a handful of companions across 2,500 miles of the Pacific Ocean, visiting remote atolls, including his cherished coral reefs of Tonga. The trip wasn’t all pleasure: He was with the group Reef Check, a nonprofit group dedicated to the conservation of tropical coral reefs and California rocky reefs.

Dayton still goes downhill skiing in Colorado with his two grown sons, although after 50 years on the slopes, he admits, “I don’t do as well on the moguls as I used to.”

So profound a lover of the natural world that he and his wife measure their marriage in “seasons” rather than years, Dayton is also a realist. Despite nearly half a century of struggle, he knows that not all his battles have ended in victory. Global warming, say most scientists, is already here, and many coral reefs are dying.

How does Dayton stay optimistic about the future? Or, as he puts it himself, “How do I deal with the fact the news is almost all bad?”

First of all he makes a careful distinction of terms. Quoting the 20th-century activist minister William Sloane Coffin, he says, “There’s a difference between optimism and hope. Optimism is the belief in change. Hope is the ability to hold in your heart the possibility of change.”

When optimism is in short supply, Dayton clings to hope, but he’s too much of a fighter to leave it there.

“Say that I’m optimistic,” he says carefully, “that we can avoid mass extinction.”

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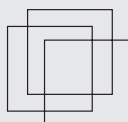
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At top: Coral reefs are some of the most beautiful and complex ecosystems on the planet, Dayton says. In heavily populated Tahiti and Moorea, the Llyr's crew saw a number of dead coral reefs, which he attributes to local nutrient pollution and overfishing. When the crew reached Suvarrow, a tiny atoll some 700 miles from the nearest land, they also found much of the coral dying. The citizen researchers attribute that to global warming: Warmer seas cause coral to lose the minute algae that provide their food and oxygen and the coral bleaches and dies. This photo shows a healthy reef near Nuka Hiva in the Marquesas in eastern French Polynesia.

At bottom: Named for a Welsh sea god, the Llyr sailed from Panama to French Polynesia, where Dayton came aboard, to survey coral reefs for a citizen science project, Reef Check.



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## Rose Ensemble will explore music of medieval Spain at family series

The Schubert Club Music in the Park Series Family Concerts will present members of the Rose Ensemble in an interactive, family-friendly program titled “Ancient Harmonies from Medieval Spain” on Friday, March 14, at St. Matthew’s Episcopal Church, 2136 Carter Ave. There will be two shows: one at 5:45 p.m. and one at 7 p.m. Tickets are \$7.

One of the Twin Cities’ premier

vocal groups, the Rose Ensemble will explore the music of medieval Spain, where Christians, Jews and Muslims lived together in a shared, artistic society.

The 45-minute shows will include singing, ancient stories and rhythmic instruments and are suitable for audiences of all ages.

The Rose Ensemble is a vocal ensemble working to reach young listeners with the sounds of medieval

music and the dramatic telling of ancient stories that speak to today’s world. Singing a cappella and playing a variety of early string and percussion instruments, the ensemble explores history, legend, cultures and faith.

Tickets may be purchased online at [www.schubert.org](http://www.schubert.org) or by calling 651-292-3268.

## Community foundation marks 15 years with enhanced grants program

The St. Anthony Park Community Foundation is celebrating its 15th year with an enhanced grants program. In addition to the foundation’s annual spring grant cycle, it will award a special three-year grant totaling \$15,000 this fall. Details of this special grant competition will be made public later this spring.

The regular grant cycle is open for applications through March 31. Applications can be downloaded online at the foundation website,

[www.sapfoundation.org](http://www.sapfoundation.org).

For additional information, contact Jon Schumacher, [jon@sapfoundation.org](mailto:jon@sapfoundation.org) or 651-641-1455.

Granting priorities for this year include improving the environment, strengthening learning opportunities,

enhancing livability, supporting aging-in-place solutions, promoting business vitality and cultivating life-long appreciation for the arts.

The foundation is particularly interested in ideas that increase access and encourage sustainability.

## St. Matthew’s community art show opens March 1-April 26

The Undercroft Gallery at St. Matthew’s Episcopal Church will celebrate its 16th annual Community Art Show March 1–April 26.

The event showcases art of all kinds from members of St. Anthony Park and the surrounding neighborhoods.

St. Matthew’s is located at 2136 Carter Ave. at Chelmsford Street. Gallery hours are Tuesday to Friday, 9:30 a.m. to 2:30 p.m., and Sundays, 9 a.m. to 1 p.m.

Artists, family and friends are invited to a festive opening reception, Sunday, March 30, 6 to 8:30 p.m. The reception will take place immediately following the Music in the Park concert at St. Anthony Park United Church of Christ next door.

All are welcome and warmly invited to attend.

## St. Paul to get single-sort recycling

Over the next year, the City of St. Paul and Eureka Recycling will phase in changes to the residential curbside recycling program that will include single-sort recycling.

Beginning the week of April 7, residents will no longer need to separate papers, cans and bottles and additional plastic food and beverage containers will be accepted.

Eureka will be mailing information about these changes to residents before the April launch of the changes. Residents must continue to separate paper products from cans and bottles before April 7.

Other changes include the switch from the blue recycling bins to wheeled carts in 2015.

## Tobacco sales from 1

tobacco products.

Mayor Pete Lindstrom said the city’s action “eliminates the pressure a 16- or 17-year-old feels when approached by another underage person looking to buy. This is a common-sense fix that we unanimously adopted.”

Under the new ordinance, retailers selling electronic delivery devices must submit to periodic compliance checks, cannot allow self-service for electronic devices and are no longer allowed to display the products in a public area of their stores.

“We’ve seen a big increase in e-cigarette businesses wanting to set up

shop in the city,” Lindstrom said. “We learned that the safety of e-cigarettes is unknown and that they’re not regulated at all at the federal level. We thought that they should be regulated at the local level in the same manner as cigarettes.”

Falcon Heights’ new ordinance setting an age limit on tobacco and e-cigarette sales is one of the strongest in the state, according to the Ramsey Tobacco Coalition.

The changes to the city’s ordinance pertaining to tobacco sales went into effect on Jan. 22.—*Kristal Leebrick*

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### 30 hugs from 3

They said they needed help with their website. I said, 'Yes.' "

Lilley was a communications specialist and webmaster for the University of Minnesota Extension until she retired last year. She has served as vice-president, communications for Hope for more than 10 years.

When Lilley's sister suggested they return to Africa more than a year ago, Blue House was the logical destination, Lilley said.

Joining Lilley and her sister was Marian's daughter, 15-year-old Hannah Crayton. Their December trip took a lot of preparation. Along with logistics, such as the timing for rabies vaccine and malaria medicine, Lilley did some "deeper" planning.

"I wanted to determine what my work would be once I was there," she said. "Also, this is Blue House's 10th year and we're using this time to reflect and plan the future."

Aine Abel, the director of the Blue House in Uganda, met the women at the airport.

"Aine had been to St. Paul and to my home in 2012, so he scouted out a hotel that he thought we'd like, which was about 30 minutes from Kazo," Lilley said, "and he found a driver for us. In a developing country, if you own a car, you are a taxi driver."

The night the travelers arrived at Blue House, all 30 of the girls who live there ran out to the car to greet them. "We each got 30 hugs," she said.

The girls then proceeded to lift their visitors' heavy suitcases (which contained clothing, games, books and other supplies for the girls) and carry them on their heads into the house.

"They brought us into the residence, gave us tea and, from the oldest [age 20] to the youngest [age 8], they were just so sweet," Lilley said. "Hannah, being a teenager, connected with them right away. Some girls are older than the traditional high school student, but they lost some years of their education while they were out there trying to simply survive."

The women visited the Blue House each morning. "When we arrived, we would get hugs from any girls who were there," Lilley said. "The girls cooked, washed dishes and cared for themselves and the younger girls without being told. There were two housemothers living there, but the girls all got along. By our standards, they don't have much, but they were so grateful for everything."

All the girls attend either public school or boarding school.

Lilley also met a couple who cared for the original orphans. "They had nine children of their own and were also caring for eight girls who were among the first residents of Blue House. The woman did not speak English, but began talking, and Aine interpreted. She thanked us and said, 'We never thought the Americans would stick with us after Beatrice died.' "

Along with growing food on their farm, the girls care for and milk their cows and prepare meals for more than 30 people every day.

"They also make traditional



Lilley's niece, Hannah Crayton, created a jump rope game that more girls could play. Photo by Karen Lilley



These girls are harvesting groundnuts (peanuts), which they then dried, shelled and roasted. Girls are learning how to grow and prepare some of their own food on the Blue House's nine-acre property. Crops include potatoes, corn, tomatoes, sweet potatoes, cassava, papaya and several kinds of greens. They've also planted fruit trees. Photo by Karen Lilley



Here, the girls shell the groundnuts and prepare them to roast. The nuts are smaller than our peanuts, have tender red skins and are very tasty, Lilley said. Photo by Karen Lilley

crafts and sew. One of the housemothers was a sewing instructor and is teaching the girls to sew their own clothes and garments they can sell in the local market," said Lilley.

Hope Multipurpose's immediate goal is to add more girls at Blue House, Lilley said.

"We built the new Blue House in 2008 and started adding more girls. We're up to 30 now. We have capacity for 40 and are adding girls as we can afford them. Sustainability is one of the goals of the Ugandan board, and they are looking at doing some of their own fundraising and other projects that could help them

become more financially independent."

Beatrice Garubanda's dream shows no signs of ending.

Karen Lilley will give a talk about her trip to Blue House on Tuesday, March 4, at 7 p.m. at Luther Seminary's Olson Campus Center lecture room in the lower level.

For more information visit [www.hopemultipurpose.org](http://www.hopemultipurpose.org).

*Natalie Zett has been writing for the Bugle since the early 1990s. Her work has appeared in a number of Twin Cities publications.*

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### Book review

## A Spiritual Life paints detailed picture of Harriet Beecher Stowe

By Michelle Christianson

For many readers, the knowledge of author Harriet Beecher Stowe is confined to her book *Uncle Tom's Cabin*. A few may know that she is from a well-known family of preachers and reformers, but that is probably the extent of what many learned about her in school.

In her new book, *Harriet Beecher Stowe: A Spiritual Life*, Como Park resident Nancy Koester does a remarkable job of filling in the blanks.

The book paints a detailed picture of Stowe, her family, her beliefs, her books, the times she lived in and, particularly, her growth as an author, crusader and evangelical Christian. Stowe was the best-selling author (man or woman) of the 19th century; the only book that sold more copies than *Uncle Tom's Cabin* at that time was the Bible.

Stowe was the wife of a seminary professor and the mother of seven children (six of whom lived to adulthood). Koester paints a vivid picture of what life was like for Stowe: She cooked, gardened, sewed, nursed the children and delighted in decorating her home, but her husband's salary was not enough to cover all expenses, so she began to write—mostly short articles for magazines.

Harriet's exposure to the evils of slavery (living across the river from a slave state) led her to write *Uncle Tom's Cabin*, first as a magazine serial and later as a book. As a mother and a Christian, she felt she could not remain silent. Her intent was to awaken sympathy for the slaves by

showing their humanity and to reveal how bad the circumstances were for many of them.

The book sold 300,000 copies in the United States and 1.5 million in the United Kingdom in the first year. In 1855, three years after it was published, it was called the most popular novel of its day.

When she was accused of exaggerating the conditions of slavery, Stowe wrote a nonfiction book, *A Key to Uncle Tom's Cabin*, which confirmed that slaves were treated worse than she had written in her first book.

Stowe's writing had the effect that she intended—the abolitionist movement moved into the mainstream—but her goal of a peaceful end to slavery was not realized.

Koester clearly describes how Stowe's faith and her background as a daughter and sister of Christian preachers informed her stance in all matters. Later in life, she was involved in the fights for women's rights, the humane treatment of animals, and the betterment and education for former slaves.

Though as a woman she couldn't be a preacher, she had a pulpit in her writings and her life. Stowe spent much of her later life trying to reconcile her Calvinist upbringing with her experiences, finally resting in a belief in God's love above all else.

Koester, who is an ordained minister with a master of divinity and a doctorate from Luther Seminary, spent nearly eight years writing the book, while also teaching and doing other writings. She began her

research by reading books about Stowe and her times and learning about slavery, 19th-century theology, women's education, people in Stowe's life and other related topics.

Koester read many of Stowe's letters and private writings, then visited places that Stowe had lived and libraries that contained archival materials about her. She then began writing and rewriting, letting the material "grow cold" before looking back. After finishing writing, Koester was ruthless about editing her book, so that she had control of what was cut. She chose and paid for pictures that represented different periods of Stowe's life, the biggest factor being whether or not the image communicates something to a reader. She wanted pictures that didn't create barriers to sympathizing with Stowe, notably no pictures with outrageous bonnets or whiskers (on Stowe's husband, Calvin) that may have looked fine in their day, but look silly now.

Stowe used humor to lighten her books (even in *Uncle Tom's Cabin*) and so does Koester. Rich in detail and comprehensive in its theological approach, Koester's book is accessible for the layman and imminently readable.

*Harriet Beecher Stowe: A Spiritual Life* is available from Wm. B. Eerdmans Publishing Company, Micawber's Books in St. Anthony Park, and online at Barnes and Noble and Amazon.

Koester will have a book signing at Barnes and Noble at HarMar Mall in Roseville on May 17 from 2 to 4 p.m.

### Ideas festival from 1

Perry Chen, co-founder of Kickstarter.com.

Landrum's and Kahn's participation was funded by the Bezos Family Foundation, an education-oriented nonprofit run by

the parents of Jeff Bezos, founder of Amazon.com.

The two returned to Minnesota wanting to bring an experience similar to the Aspen Ideas Festival to the school. Inspire MN's mission is

to provide a gathering that inspires, ignites passions and spurs students and community action, Landrum and Kahn said.

Several successful Minnesotans have been invited to share their stories on March 20. The speakers include polar explorer Paul Schurke, \$1 Million Forever St. Paul Challenge winner Tracy Sides, children's book author Kurtis Scaletta and visual artist Seitu Jones.

The speakers will talk about their own inspirations, first attempts, obstacles they have encountered, the people who supported them and their ultimate success.

The community is invited to attend the event, which will be held from 1 to 6 p.m. in the school auditorium. Registration starts at 12:30 p.m. Participants must RSVP by March 15 to [bigideasfestival@gmail.com](mailto:bigideasfestival@gmail.com). A \$5 donation is suggested.

Kahn cautions that parking in the school's lot will be difficult. Participants are encouraged to take the MTC bus no. 3, which stops at Maryland Avenue and Grotto Street, a quarter block from the school, or to park on the street. —Kristal Leebrick

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L I V E S L I V E D

The Park Bugle publishes obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal at mary.mergenthal@gmail.com or call 651-644-1650.

Marjorie DeBoer

Marjorie Joan DeBoer, 82, died Feb. 8. She was the only child of Frank and Cora Mae Rockwell. She moved to Brookings, S.D., when she was 5, graduating from high school there in 1949. She attended South Dakota State University in Brookings, where she met Wendell DeBoer. They were married in 1951.

They moved to St. Paul in 1955 so that Wendell could attend graduate school. One of her passions was music, especially the piano works of Chopin, Tchaikovsky and Rachmaninoff. She was an accomplished pianist and frequently performed, starting at age 5 until her death. She played violin and harp in high school and college. She also taught piano and voice for 10 years before getting too busy with her growing family.

She was a member of St. Anthony Park United Church of Christ for 60 years, singing in the church choir for more than 50 of them. She served on numerous committees. As her children grew up, she had more time to develop her passion for writing and published six historical romance novels. She was active in several writing and music organizations in the Twin Cities throughout her life.

She also enjoyed traveling, including trips to several countries in Latin America and Europe, often to visit family.

She is survived by her husband, Wendell; five children, Steve (Gail), Dave (Elisa), Sharon (Leonard) Duban, Wendy and Bob (Katie); 10 grandchildren; six great-grandchildren; a brother and two sisters-in-law, Bill (Caroline) Pilgram and Betty Rockwell.

A memorial service will be held on March 8 at 2 p.m. at St. Anthony Park United Church of Christ. Memorials may be made to St. Anthony Park United Church of Christ to support the music program.

Robert Hammer

Robert H. Hammer, 89, of Como Park, died Feb. 10 in Destin, Fla., where he and his wife, Lu, had wintered for 21 years.

Bob was a World War II combat infantryman war hero with the medals to prove it. He was a member of Holy Childhood Parish and proud member and past-president of Construction Workers Local 132.

He is survived by his wife of 67 years; sons, Bob (LeAnne) and Jerry (Debby); daughter, Mary Beth Riebe (Bruce); seven grandchildren; two grandsons-in-law; three great-grandchildren.; and his brother, Dick.

A celebration of Bob's life will be held in early April.

John Kruschwitz

John Lester Kruschwitz, 53, died peacefully Feb. 14 surrounded by his loving family. He was born on June 27, 1960. John was the eldest son of

John and Rita of St. Paul and a brother of Mark (Frani) of Kirkland, Wash., Paul (Melissa) of Palm Harbor, Fla., and Julie of Woodbury. Many relatives and his special friend, Mark Zabawa, also mourn his passing.

John suffered from both mental illness and cancer.

A memorial service was held Feb. 18 at Mount Olive Lutheran Church in Como Park.

Helen Hoverstad

Helen Pierson Hoverstad, 85, of Manlius, N.Y., died Feb. 9.

Helen was born in St. Anthony Park. She attended Guttersten Elementary School and Murray High School, graduating in 1945. Helen excelled in music, English and athletics. She took classes at the University of Minnesota. Helen belonged to St. Anthony Park United Methodist Church.

She married Herbert Hoverstad in 1949 and they had three sons. They lived in St. Paul, Robbinsdale and Edina. She remained a devoted fan of the Twins and Vikings even after the family's move to New York in 1972.

Helen was predeceased by her husband Herbert in 2012 and her son Kevin in 2005. She is survived by two sons, Kent (Ann) and Keith (Lainie); three grandchildren; and many family members in the Twin Cities area.

A memorial service was held at Newell-Fay Manlius Chapel in Manlius, N.Y.

Helen MacDonald

Helen M. MacDonald, née Glaeser, 96, formerly of St. Paul, died peacefully Jan. 31. She was a longtime member of Como Park Lutheran Church.

She was preceded in death by her husband, James, and sisters, Tekla and Oradell. She is survived by her sons, James (Jeannette) and Bob; and five grandchildren.

Her funeral was held Feb. 5 at Mueller-Bies Funeral Home, with interment at Roselawn Cemetery.

Lois Nelson

Lois M. Nelson, 88, formerly of Falcon Heights, died Jan. 30. She was preceded in death by her husband, Gordon. She is survived by sons, William (Veronica) and Thomas; daughters, Donna (Joel) Jorgenson and Lori (Brian) Gullickson; and many grandchildren and great-grandchildren.

Her funeral service at was held at Como Park Lutheran Church on Feb. 3, with interment at Fort Snelling National Cemetery.

Joanne Peterson

Joanne Marie (Bloomdall) Peterson, 82, of Lauderdale and longtime resident of St. Anthony Park, died Feb. 10.

She was a pioneer in early childhood family education and leaves a legacy of devotion to children.

She was preceded in death by her brother, Richard Bloomdall.

She is survived by her husband, Robert; children, Diane (Peter Schaps), Daniel (Cindy), and Eric (Ann); eight grandchildren; and one great-granddaughter.

Her memorial service was held Feb. 15 at St. Anthony Park Lutheran Church, with private interment at a later date.

Harlund Routhe

Harlund G. "Hal" Routhe, 87, professor emeritus at the University of Minnesota Agricultural Extension Service, died Jan. 29 at his home in Falcon Heights after a five-month battle with small-cell cancer.

After graduating from high school in 1944, he served in the Navy as an aviation electronics technician.

He was passionate and proud of his 35 years with the University of Minnesota Agricultural Extension Service, beginning in Redwood County as 4-H club agent in 1946. He earned bachelor's and master's degrees with distinction from the U.

Hal was named a Paul Harris Fellow twice by his Roseville Rotary club and in 2010 received the Service Above Self award for leadership on the "Build a Chair for Bridging" project.

He delighted in working on Habitat for Humanity homes and traveled to Guatemala with a Common Hope Vision team to build a home there.

He shared his woodworking skills with family, friends and church in multiple ways.

Hal maintained his beloved '74

Airstream trailer in mint condition to travel throughout the United States, Mexico and, in 2001, to Panama as a honeymoon trip with Elaine.

He was preceded in death by his wife of 54 years, Helen. Hal is survived by his wife of 13 years, Elaine Christiansen; his four sons and their families, Rich (Louise), Mark (Debora), Carlyn (Thomas) King and Curt (Mary); Elaine's four sons and their families; and a host of relatives and friends in the U.S. and in Denmark.

A celebration of Hal's life was held Feb. 8 at Centennial United Methodist Church in Roseville, with interment at Roselawn Cemetery.

Muriel Widmer

Muriel E. Widmer, 88, died Jan. 23. She was a longtime resident of St. Anthony Park.

A graduate of Douglas College in chemistry, she worked at the University of Minnesota. Muriel enjoyed the church circle, knitting, reading and spending time with her family.

She was a beloved wife, mother and grandmother.

She was preceded in death by her husband, Richard, and brother, William Weinberger.

She is survived by daughters, Wendy (Mark) Tully and Linda (Brad) DeKanick; five grandchildren; sister, Dorothy Cribbs; and sister-in-law, Mary Weinberger.

Her memorial service was held Jan. 31 at St. Anthony Park United Church of Christ.

Community



Worship Directory

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Children's choir school (babies to Grade 6) every Wed. afternoon (call for times)

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7 p.m. Night Prayer with dinner at 5:30 p.m.,  
March 5: Ash Wednesday services at noon and 5:30 p.m., followed by soup supper.  
March 31: Lenten Taizé Candlelight Prayer, 7:00 p.m.  
The Undercroft Gallery hosts the "Celebration of Community" Art Show, March 1 - April 27. Opening reception Sunday, March 30, following the Music in the Park concert.  
Please join us - all are welcome!

To add your church to the directory, contact Clare Caffrey at 651-659-0346 or clare.caffrey@parkbugle.org





## School News

*The Bugle welcomes news about students and schools in the area. The deadline for the April issue is Wednesday, March 12. Send your news to [editor@parkbugle.org](mailto:editor@parkbugle.org).*

### Brimhall Elementary School

1744 W. County Road B  
651-638-1958, [www.isd623.org/bh/](http://www.isd623.org/bh/)

#### A busy month

February was a busy month at Brimhall Elementary School, with a school day added back on to the calendar to make up for five weather-related days off this winter. February featured PTA Family Bingo Night, parent-teacher conferences, a rescheduled and well-attended K-2 Family Reading Night, a 1.5-million-minute goal for the February Read-a-Thon and more.

A representative from Roseville Area Middle School visited the sixth-graders to give a preview of what to expect in the next stage of their ISD 623 education. The sixth-graders went downhill skiing at Afton Alps this winter and spent three days at the Audubon Center in Sandstone, Minn., exploring nature, team

building and problem solving.

Proceeds from this year's PTA Direct Appeal (Give from the Heart: Support the Arts!) raised more than \$4,000 to enable the music department to expand the drum collection and the art department to fund a new ceramics kiln.

One of two remaining PTA business meetings for the year will be held on Monday, March 3, at 6:30 p.m. Volunteer leadership opportunities for the 2014-15 school year, as well as scholarship opportunities for the Minnesota PTA conference, will be discussed.

### Chelsea Heights Elementary

1557 Huron St., 651-293-8790  
[www.chelsea.spps.org](http://www.chelsea.spps.org)

#### Box Tops for Education

This year, Chelsea Heights Elementary School has been conducting Box Tops for Education classroom contests in an effort to bring in more box tops and earn funds for classroom supplies, PTO activities and more.

The classroom that brings in the

most box tops during the contest wins a traveling trophy, a medal for each student and half of their classroom's earnings.

Lisa Arcand's first-grade class won the October contest and Carrie Cannon's third-grade class won the January-December contest.

So far this year, the contest has brought in 18,458 box tops. A drop-off box is located at the Chelsea Heights school office, and anyone in the community can drop off box tops. Neighbors and friends can learn more about what types of box tops to bring in and how to support Chelsea Heights on BTFE.com, then shop at more 300 stores at BTFE.com/marketplace.

### Como Park Senior High

740 Rose Ave., 651-293-8800  
[www.comosr.spps.org](http://www.comosr.spps.org)

#### Scholarships and honors

Each year the Minnesota State High School League recognizes top juniors that excel in athletics and fine arts and academics. This year, Ellen Purdy is one of 32 students statewide who received this honor.

Mo Chang and Susan Lee are semifinalists for the Dell Scholarship. This is a \$20,000 scholarship over six years that includes a computer, resources and mentoring for the students throughout college. This scholarship is awarded annually to 300 students nationwide.

#### FAFSA Night

Learn about FAFSA on Thursday, March 13, at 5-7 p.m. in the school library computer lab. Parents and students should bring W-2 forms, tax information and Social Security numbers. These are the forms that all students attending a post-secondary institution must fill out to qualify for financial aid.

Thompson qualified to attend the National Forensic League's championship tournament in Kansas this summer.

Sophomore Liam Anderson and freshman Aaron Coggins won third place in Junior Varsity at the Urban Debate League championships. In addition, all of Como debaters took home speaker awards.

#### Sports news

Ernesto Gomez and Jordan Guzman won St. Paul City Conference wrestling honors in their respective weight classes.

Congratulations to William Hanson for winning All-Conference honors in swimming in the 100 Breast Stroke. Also, the following swimmers were awarded Honorable Mention All-Conference: Harrison Thompson, Doug McCune-Zierath and Israel Higuera.

Senior Marshal Landrum qualified for the state Nordic ski competition at Giants Ridge in Biwabik, Minn.

#### Clubs

The Como Park Future Educators won second place and \$500 in gift cards from Target for the club's video submission to the Martin Luther King Junior Video Tribute Contest, sponsored by the Office of Equity and Diversity at the University of Minnesota. They were honored at the MLK Tribute Event on Jan. 19 at Ted Mann Concert Hall at the University of Minnesota.

#### Como Park Robotics

On Saturday mornings, Room 1403 is filled with students creating a robot that will be able to throw, catch and complete a variety of tasks. The Beastbot, Como's robotics team, uses power tools, computer programming and the team members' minds to construct a machine to battle it out

tournament in May.

### Murray Middle School

2200 Buford Ave., 651-293-8740  
[www.murray.spps.org](http://www.murray.spps.org)

#### The Wiz is March 7-9

Flowergrams were sold during lunch times during the week of Valentine's Day at Murray Middle School to raise funds for the costs of producing *Murray's spring play*, The Wiz. The flowergrams were delivered during the seventh-hour class on Feb. 14. The play will be performed Friday and Saturday, March 7 and 8, at 7 p.m. and on Sunday, March 9, at 2 p.m. in the school auditorium.

#### Other news

French students will attend camp at Concordia Language Village in March. Parent and teacher conferences will take place on March 25 and 27. Spring break is March 31 to April 4. Boys basketball is in full swing and the Murray team has won all games so far.

Sports news is available on [spps.org/sports](http://spps.org/sports).

#### Science fair

Murray students who moved on to the regional science fair are Eva Hanson, Avery New, Flint Arnett, Alice Lightfoot, Beth Fryxell, Celia Olson, Lucille Omwena, Andrei Konieczny, Benjamin William, Lily Xiong, Noah Frese, Lana Parke-Reimer, Vincent Portuese, Emma Bearss, Ben Bogie, Philip Chervenak, Greta Morlock, Quincy Altman, Theo Lucy, Forrest Ahrens, Isaac Harker, Jackson Lee, Abigail Moseman, Eliza Donnelly, Cara Husnik, Ana Kurzer-Zlotnick, Alaina Portoghese, Trinity Vang, Valerie Bares, Jackson Kerr, Isak Stillwell-Jardine, Kelvin Nichols, Christian Berger, Daniel Ellis, Henrie Friesen, Brittney Berger, Isabel Anderson, Eli Powell, Ruby Beckman and Zoe Ward.

### Como Woodland Outdoor Classroom

Murray students in the e2 program conducted their first field investigation at the Como Woodland Outdoor Classroom in January. It was the first of six field investigations that will be completed between January and June.

The data is part of a phenology study of a section of Como Regional Park. Air temperature, soil temperature, snow depth, snow pH, cloud cover, light intensity and barometric pressure were collected during a snowfall of 1 inch per hour on Jan. 30.

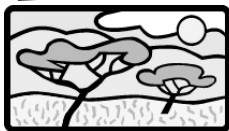
Students were helped by U.S. Forest Service staff member Teri Heyer, former Murray science teacher Art Payne and six former Murray e2 students, Kari Gurney, Lazeah Shields, Xeehlue Vang,

*School News to 19*

**Dr. Todd Grossmann, DDS**  
651-644-3685 [tagdds.com](http://tagdds.com)

**Dr. Paul Kirkegaard, DDS**  
651-644-9216 [www.pkdds.com](http://www.pkdds.com)

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Como debaters Yassin Ahmed and Stryker Thompson qualified to attend the National Forensic League's championship tournament in Kansas City this summer. They are pictured with Tim Edstrom, Como's varsity debate coach.

#### Debate news

In January, Como senior debaters Yassin Ahmed and Stryker

with robotics teams across the state. The season began in January and teams will compete in the state



### School News from 18

William Toney, Desiree Fuentes and Alyssa Brown, all of whom are currently enrolled in Como Park Senior High School's pre-AP biology course. Last year the students were able to brag about going out on the coldest days of the season; this year, the students can brag about collecting field data during the biggest snowfall of the season.

The Murray e2 students visited Wolf Ridge Environmental Learning Center Feb. 7-9 to continue learning how to collect field data in ways that can lead to good science experiments. They will return to Wolf Ridge for another weekend in April and two weeks during the summer to complete team inquiry projects that will be entered in the 2015 Twin Cities Regional Science Fair.

The course has received

generous support from the St. Anthony Park Community Foundation.

### St. Anthony Park Elementary

2180 Knapp St., 651-293-8735  
[www.stanthony.spps.org](http://www.stanthony.spps.org)

### Wolf Ridge

Fifth-graders at St. Anthony Park Elementary School will go on a new adventure at the end of March, as they travel to Wolf Ridge for their capstone outdoor education experience. Students will spend March 24-28 at the facility in northeastern Minnesota. Thank you to the St. Anthony Park Community Foundation, St. Anthony Park School Association and other supporters who help make the trip possible.

### Read-a-thon

The annual Read-a-thon was a big success, with St. Anthony Park Elementary School students reading more than 270,000 minutes over 10 days and raising more than \$12,000. Principal Ann Johnson wore a fox costume and joined the students for a school-wide dance party to celebrate their accomplishment.

### Lego League

Congratulations to the 7 Superior Unicorns and Jelly Bean Robots, two teams that represented St. Anthony Park Elementary School at the FIRST Lego League state tournament on Feb. 8. They were among the 66 teams out of 555 statewide that made it to the event. The teams were made up of fourth- and fifth-graders. Thank you to coaches Jim Schrankler, Dan Clark, Chris Manning and Mark Holm.

## Generosity wins at state Nordic skiing tourney

By Luke Rustad

Marshal Landrum had the best boys' Como Park finish ever at the 2014 Minnesota High School State Nordic Skiing Championship on Feb. 13.

Landrum placed 56th in a competitive field, besting a 78th place finish by Como's Andrew Brown in 2007.

Even with his impressive race, Landrum's skis (and generosity), were destined for a bigger finish.

After his race, as Landrum was heading out to watch the girls' classic pursuit, a friend asked about the type of bindings he used on his skis. Mattie Watts, a skier from Irondale High School, was minutes from her start—without her skis.

Landrum quickly grabbed his skis and gave them to the distraught Watts. She headed to the start line with skis made and waxed for a guy nearly 4 inches taller and 20 pounds heavier than her.

As the race began, it soon became clear that Watts had kick, but the skis were not ideal.

Vivian Hett, the No. 1-ranked skier in the state, started 23 seconds after Watts and began to erode the gap between them. Within 3 kilometers, Watts' lead was gone and Hett was on the tails of her skis, but



Como's Marshal Landrum and Irondale's Mattie Watts

Watts regained the lead and pulled away on the downhills, powering her way to a six-second victory.

Landrum was so impressed, he asked Watts for an autograph—on his skis.

*Luke Rustad is the assistant coach of the Nordic Ski team at Como Park Senior High School and a 2009 graduate of the school.*



### January Park Perks goes to Langford Hockey


Park Perks coffee bar at Sunrise Banks branch on Como Avenue raised \$526 for the Langford Park Hockey program in January. Pictured here is the Langford Park PeeWee team, coached by Andy Frisell, Mark Moormann and Paul Granovsky. During the month of March the bank's coffee bar will raise funds for the St. Paul Central High School band.

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## Neighbors

### NAMI peer-support group offered in St. Paul at Goodwill Easter Seals

A NAMI Connection peer-support group for adults recovering from mental illness meets in St. Paul on the second and fourth Tuesdays at 6:30 p.m. at Goodwill Easter Seals, 553 N. Fairview Ave., Room 119. The free group is sponsored by the National Alliance on Mental Illness (NAMI) of Minnesota. Trained facilitators who are also in recovery lead the groups. For more information, call Noah at 612-388-9631 or NAMI at 651-645-2948.

### NAMI support group for partners, spouses meets Tuesdays

The National Alliance on Mental

Illness of Minnesota is sponsoring a support group specifically for partners or spouses of someone who lives with a mental illness. The group meets on the second Tuesday of each month at 6:45 p.m. at Falcon Heights United Church of Christ, 1795 Holton St. For more information, call Lois at 651-788-1920 or Donna at 651-645-2948, ext. 101.

### Panel will discuss Scandinavian Modern design at U on March 6

Designing the Beautifully Useful, a panel discussion on Scandinavian Modern design, will be held on Thursday, March 6, at 6 p.m. at 33 McNeal Hall on the University of

Minnesota's St. Paul campus. A reception outside Gallery 241 will follow the program.

Panelists will explore the intersection of design and national identity as illustrated by Scandinavian Modern furniture and household products popular between the 1950s and 1970s.

### Spring Fever Reliever

The St. Paul North Ramsey 500 Lions Club will host Spring Fever Reliever, featuring local crafters and area vendors, a raffle, silent auction and entertainment, on Saturday, March 15, 10 a.m.-4 p.m., at the Guidant John Rose Oval, 2661 Civic Center Drive, Roseville. Proceeds will

support the club's charitable work in area communities.

### Jazz, Clay & Oils at Raymond Avenue Gallery through March

The Raymond Avenue Gallery, 761 Raymond Ave., will exhibit pottery by Chuck Solberg and paintings by Katie Aguado through March 29. Gallery hours are Monday-Friday, 10 a.m.-4 p.m., and Saturday, noon-4 p.m.

The clay and latex sculptures and paintings of Raymond Avenue Gallery owner and artist, Joseph G. Brown, will be on view in the lower-level gallery.

### Spring, summer registration open at Northwest Como Rec Center

Register now for youth classes at Northwest Como Rec Center, 1550 N. Hamline.

Classes that begin in March or April include: Yoga, ages 6-11; Lego Fungineering, grades 1-4; Ballet/Creative Movement, ages 3-5; Artist Workshop, ages 7-13; Big and Messy Art, ages 18 months-4 years; Tae Kwon Do, ages 6-older; Floor Hockey, ages 7-12; and Youth Jam, grades 5-8.

Register at [stpaul.gov/parks](http://stpaul.gov/parks) or call 651-298-5813.

### Babysitting training at Langford

Children ages 11 and older can develop skills in the American Red Cross-certified babysitting training course. Registrants should bring a

bag lunch and beverage for this full-day class, which will be held on Tuesday, April 1, 9 a.m.-4:15 p.m. Cost is \$60. To register, go to [www.stpaul.gov/parks](http://www.stpaul.gov/parks) or call 651-298-5765.

### Pilates at Langford

New Pilates classes taught by Fran Ouellette will begin on Thursday, March 20, at Langford Park Recreation Center. Beginning classes are at 12:15-1:15 p.m. and intermediate classes are at 11 a.m.-noon. Cost is \$73, or \$71 for seniors. Register at [www.stpaul.gov/parks](http://www.stpaul.gov/parks) or call 651-298-5765.

### Feast of the Golden Fork

Church of the Holy Childhood will host the Feast of the Golden Fork, a Polish gourmet four-course dinner on Saturday, April 5, at 7 p.m. in Buchanan Hall, 1435 Midway Parkway. Tickets are \$60 for one ticket or \$100 for two. Call the Holy Childhood Parish Office for more information, 651-644-9911. Proceeds will go toward the costs of the church's Orchestra Masses.

### Adoption Fair is April 5

An Adoption Fair, hosted by Children's Home and Lutheran Social Services, will be held Saturday, April 5, 9 a.m.-noon, at 1605 Eustis St. Learn about children who need families and the steps to become an adoptive parent. Please RSVP for this free event at [chsf.org/events](http://chsf.org/events).

## Author Rainbow Rowell to visit St. Paul for Read Brave series

Author Rainbow Rowell will visit St. Paul Thursday and Friday, Feb. 27 and 28, for the St. Paul Public Library's annual Read Brave program. Rowell's book, *Eleanor & Park*, is the library's 2014 Read Brave book.

Read Brave is the library's citywide program that encourages youth and adults to read and discuss a book that explores contemporary issues facing teens. *Eleanor & Park* is the story of two 16-year-olds whose love grows and transcends the teens' painful experiences with bullying and abuse. The book reached the top 10 New York Times Best Sellers list of young adult books.

Rowell will speak on Feb. 27 at Avalon School, 700 Glendale St., at 2 p.m. and at the Como Conservatory Rainforest Auditorium, 1225 Estabrook Drive, at 7 p.m. She'll speak at the Central Library, 90 W. Fourth St., on Friday at 9:30 a.m.

All events are free and open to the public.

## New immunizations rules will impact children this fall

Changes to Minnesota's immunization laws will impact children in daycares, pre-K, kindergarten and seventh grade this fall. The new Minnesota immunization rules adopted by the Minnesota Department of Health in 2013 will apply to children enrolling in programs beginning Sept. 1.

Among the biggest changes, the new rules for children in childcare and grades pre-K-12 now call for the following:

- Hepatitis A and B vaccination for children enrolling in childcare or early-childhood programs
- Replacement of the current seventh-grade tetanus-diphtheria (Td) vaccination with one that also includes pertussis (Tdap)
- Meningococcal vaccination for secondary students, beginning in seventh grade.

The new rules do not change the medical exemption or the option for parents to decline any or all vaccines for conscientious reasons.

Some additional changes to the school and child care immunization rules modify the timing of certain doses of required vaccines and put early childhood programs that meet regularly for six weeks or more under the immunization rule.

Find out more about the changes at [www.health.state.mn.us](http://www.health.state.mn.us).

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# MARCH Events

Venue information is listed at the end of the calendar. Send your events to [calendar@parkbugle.org](mailto:calendar@parkbugle.org) by March 12 to be included in the April issue.

## 1 SATURDAY

"Farewell to the Ice," free open skate, Warner Coliseum, fairgrounds, 4-7 p.m.

## 4 TUESDAY

Baby Lapsit Storytime, St. Anthony Park Library, every Tuesday, 10:30-11:30 a.m.

Computer classes at St. Anthony Park Library every Tuesday in March: Microsoft Excel, 10 a.m.-noon, and Microsoft PowerPoint, 1-3 p.m. Call 651-642-0411 to register.

Learn about the Blue House orphanage: Karen Lilley will show slides from her recent visit to this Ugandan orphanage with roots in St. Paul, Olson Campus Center, 7 p.m.

St. Anthony Park Garden Club, business meeting at 6:30 p.m.; speaker Diane Wilson: "Dream of Wild Health: Native American Indigenous Seeds" St. Matthew's Episcopal Church Fellowship Hall, 7:15 p.m.

Cerulean Fire presents "The Art of Imitation," Sundin Music Hall, Hamline University, 1536 Hewitt Ave., 7:30 p.m.; \$18 adults, \$8 students.

Domestic & international adoption information session, CHLSS, 6-8:30 p.m.

## 5 WEDNESDAY

English Conversation Circles, St. Anthony Park Library, every Wednesday, 4-5:30 p.m.

St. Anthony Park Book Club, "Eleanor & Park," by Rainbow Rowell, St. Anthony Park Library, 6:30-8 p.m.

## 7 FRIDAY

Free Baby Fundamentals class for baby and parent at Rondo ECFE, 560 Concordia Ave., Fridays in March, 9:30-11 a.m. Call 651-325-2793 for more information.

Preschool storytime, ages 3-5, St. Anthony Park Library, every Friday, 10:30-11:30 a.m.

World Day of Prayer: join an interdenominational community observance, St. Anthony Park Lutheran Church, 2-3 p.m.

Murray Middle School presents "The Wiz," 7 p.m.

Passport Stages presents "Buzzard Ball," a cross between "Golden Girls" and "Grumpy Old Men," featuring Como Park resident Mikel Clifford, Faith United Methodist Church, 7 p.m. March 7-8 and 14-15, 1 p.m. March 11, and 3 p.m. March 9 and 16. Tickets are \$15. Call 612-244-6420 or go to [passportstages.com](http://passportstages.com) for tickets.

## 8 SATURDAY

Murray Middle School presents "The Wiz," 7 p.m.

## 9 SUNDAY

Murray Middle School presents "The Wiz," 2 p.m.

## 10 MONDAY

Falconers Card Club, Falcon Heights City Hall, 1 p.m.

Terry Hunt, co-author of "Ancient Wisdom for a New Age," will speak on "The Path of the Spiritual Warrior," Spirit United Church, 7 p.m. Free refreshments and parking in lot east of church; \$10 suggestion donation.

## 11 TUESDAY

Resume workshop, St. Anthony Park Library, 1-3 p.m., call 651-642-0411 to register.

Adoptive parents group for parents whose adopted children are now adults, CHLSS, 6-8 p.m.

Adoptive parents group for parents who adopted children through Minnesota's foster care system, CHLSS, 6-8 p.m.

## 12 WEDNESDAY

Preschool Mandarin Chinese

storytime, St. Anthony Park Library, 3-3:45 p.m.

## 13 THURSDAY

Senior Cinema Series: "Beautiful Creatures," St. Anthony Park Library, 1-3 p.m.

St. Paul Audubon program, "The Powerful Vision of Raptors," presented by Mike Billington of the U of M Raptor Center, Fairview Community Center, 7 p.m. Social time begins at 6:45 p.m. Event is free.

## 15 SATURDAY

Minnesota's Waiting Children information session: Learn about adopting children who live in foster care, CHLSS, 10 a.m.-noon

## 18 TUESDAY

Social media workshop, St. Anthony Park Library, 1-3 p.m., Call 651-642-0411 to register.

## 22 SATURDAY

Domestic and international adoption information session, CHLSS, 9-11:30 a.m.

The Theosophical Society's symposium "Spirits and Voices from Distant Shores" will feature traditional spiritual music of the Andes and two authors describing new books on lost pre-Columbian civilizations, the time before Atlantis and ghosts, Spirit United Church, 2-7 p.m. Free refreshments and parking in lot east of the church; \$35 for adults; \$30 for students, seniors and TS members; \$45 couples and families. Registration accepted at the door.

## 23 SUNDAY

Como Sunday Series: Envisioning a Sustainable Energy Future, Historic Streetcar Station, 2:30 p.m.

## 24 MONDAY

Falconers Card Club, Falcon Heights City Hall, 1 p.m.

The Theosophical Society will show the movie "The Cross of Thoth" as part of

its Ancient Mysteries, Ancient Wisdom film series, Spirit United, 7p.m.; \$10 suggested donation.

## 25 TUESDAY

Online application workshop, St. Anthony Park Library, 1-3 p.m. Call 651-642-0411 to register.

## 26 WEDNESDAY

Preschool Mandarin Chinese storytime, St. Anthony Park Library, 3-3:45 p.m.

## 28 FRIDAY

Co-ed Drum Circle: Percussion, rhythm and freedom of expression explored. All levels welcome; \$10 at the door; drums provided, Women's Drum Center, 6:30 p.m.

## 30 SUNDAY

Sunday afternoon book club, "The Rape of Europa" by Lynn Nicholas, Micawber's Books, 2:30 p.m.

## 31 MONDAY

Maker Break extravaganza for kids ages 6-12: kaleidoscopes, art books, Lego structures, duct-tape wallets, presented by The Works, Minnesota Center for Book Arts, Daisy Duct and Peter Hoh, St. Anthony Park Library, 2-4 p.m.

## SENIOR EXERCISE CLASSES

St. Anthony Park Area Seniors exercise classes meet at these times and places:

Tuesdays and Fridays, St. Anthony Park Library, 3-4 p.m.

Thursdays, Seal High Rise, 12:30-1:30 p.m.

Wednesdays, St. Anthony Park United Methodist Church, 10:30-11:30 a.m.

Mondays and Thursdays, Lauderdale City Hall, 2-3 p.m.

## VENUE INFORMATION:

CHLSS, Children's Home & Lutheran Social Services, 1605 Eustis St., 651-646-7771

Faith United Methodist Church, 1530 Oakdale Ave., West St. Paul

Fairview Community Center, 1910 W. County Road B, Roseville

Falcon Heights City Hall, 2077 W. Larpentour Ave., 651-792-7600

Falcon Heights United Church of Christ, 1795 Holton St., 651-646-2681

Historic Streetcar Station, 1224 N. Lexington Parkway

Lauderdale City Hall, 1891 Walnut St., 651-631-0300

Micawber's Books, 2238 Carter Ave., 651-646-5506

Olson Campus Center, Luther Seminary, 1490 Fulham St., St. Anthony Park

Spirit United Church, 3204 S.E. Como Ave., Minneapolis, 651-235-6645, [www.theosophical.org](http://www.theosophical.org)

St. Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Anthony Park United Methodist Church, 2200 Hillside Ave., 651-603-8946

St. Matthew's Episcopal Church, 2136 Carter Ave., 651-645-3058

Warner Coliseum, Minnesota State Fairgrounds, just off Como Avenue

Women's Drum Center, 2242 W. University Ave., [www.womensdrumcenter.org](http://www.womensdrumcenter.org)

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## Business News

# Collaborative craft coffee roasting comes to St. Paul

By Kristal Leebick

Shawn Person will step into the shared-workspace trend when he opens Roundtable Coffee Works at Raymond Avenue and Territorial Road in early March in the space that was briefly occupied by the St. Paul Classic Cookie Co.

Person describes Roundtable as a “public commercial roasting space” with a walk-in counter that will be open limited hours to sell brewed coffee and pastries to-go and whole beans.

It’s a “coffee-roasting manufactory, influenced by craft guilds and modeled after collaborative workspaces,” according to the company website.

The space is designed to roast coffee and offer a place for small commercial coffee vendors to create their own specialty roasts, Person said. Vendors will be charged an

hourly rate and receive access to coffee-roasting equipment and roasting guidance and services.

Person is moving from an industrial space on Vandalia Street, where he has been operating his wholesale business, Moonshine Coffee Roasting. Moonshine coffee has been sold at farmers’ markets in Minneapolis and at France 44 Cheese Shop for several years.

Person has been in the coffee business since 2004, when he began working at Starbucks. He spent more than three years with the company, learning more about the business than about coffee itself, he said. He moved onto Dunn Bros. in 2008 and in 2009 bought his first roaster.

He began selling Moonshine coffee at the Northeast Farmers Market, then the Midtown and Uptown markets, and has most recently been selling at Fulton



Shawn Person stands at the gates to Santa Elena, a coffee farm in El Salvador. Person was on a tour with his coffee bean importer, Café Imports.

Farmers Market.

Erica Strait of Foxy Falafel recommended the Territorial Road storefront to him, he said.

“I drive through that part of St. Paul almost every day. It’s a very welcoming community and it fit a lot of criteria: affordability, access to the Green Line and other

transportation, and it’s centrally located.”

It’s also just around the corner from Strait’s restaurant, which is a favorite of his, Person said.

Roundtable will have limited hours of 7 a.m. to 1 p.m. when it first opens. Person doesn’t have an exact date for the opening yet, “but

we’re shooting for early March,” he said.

Though Roundtable is designed for commercial roasting, Person has had a lot of interest from home roasters. “I am seriously considering opening up [a small roaster] with supervision. I haven’t quite worked that out,” he said.

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## Run like a mother

By Alex Lodner

Let’s face it, unless you’re a 6-year-old, running is probably not at the top of many busy moms’ things-to-do-just-for-fun list.

Even with the best of intentions it can be hard to get motivated enough to leave the house when it’s 40 below. Add to that the demanding daily routine many mothers face and motivation might quickly be replaced by a bowl of ice cream and an episode or three of *Downton Abbey*.

That’s where Moms on the Run comes in.

Moms on the Run is a national program offering motivation and education through organized running classes. The program promises to help women “run their first 5K, improve speed and endurance, or stay motivated in their walking routine,” with classes available for walkers and beginning and intermediate runners. Costs for the classes range from \$189 for a 20-class pass to \$259 for three classes per week for 18 weeks.

Como Park resident Katie Keenan, a lifelong runner and a busy mom of three young girls, is the local franchise owner of Moms on the



Katie Keenan

Run St. Paul, with locations in Como Park and Highland Park. Keenan is a former ESL teacher who wanted to stay home with her girls. She was looking for a job she could do while spending as much time as possible with her family, when she began coaching a newly formed Moms on the Run group in Como. After a year of coaching classes, she purchased the Como Park franchise, and later, the Highland Park location.

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Run from 22

in community health and a passion for healthy living and exercise, Keenan is a big believer in the Moms on the Run philosophy of “Fitness, Fun and Friendship.”

“I love that every body type, style and ability level is represented in our classes,” she said. “This is about becoming a healthier version of who you already are.”

If you haven’t run a day in your

life or you are training toward a longer race, there is a class for everyone. Additional coaches work in each class to lead the various ability levels so that every member gets the attention and support they need.

And the program is open to all women, not just moms, Keenan is quick to point out.

Participation in the class offers accountability and a sense of community that encourages women and pushes them to reach personal

goals, explained Keenan. In addition to having fun and getting in shape, participants learn about better nutrition, receive advice from certified fitness instructors and physicians, participate in social activities like Ladies Night Out (this involves less running and more wine) and gain a sense of accomplishment from reaching their individual goals. With Keenan’s support, women form healthy lifelong habits, gain more energy and reduce their stress levels.

Keenan’s classes focus on interval training to increase cardiovascular fitness and maximize metabolism benefits. While running a race is not required, the class does participate in a Mother’s Day 5K around Lake Como, which Keenan called “our kick-off to the summer season” race.

“You can run, walk, or cheer,” she said. “It’s just fun to participate and it’s very motivating.” Additionally, the class joins the Officer Shawn Silvera Memorial Run at Long Lake Regional Park in New Brighton to end their season in August.

Moms on the Run’s hour-long classes include a warm-up, running and walking intervals for beginners, speed intervals for intermediates, strength and toning exercises, stretching and a cool down. Keenan focuses on injury prevention, good running form, strength building and overall health education. The group meets twice a week, while those training for longer distances can also

take a distance class on Thursday evenings to log in more miles.

Keenan offers several packages, including the Twice Per Week package, which she recommends for women who are serious about improving their running. Registration is currently open, and while prices go up after March 31, Keenan encourages women to ask about discounts and payment options.

“I love helping busy women challenge themselves and reach their goals while having fun,” Keenan said. Keenan is living her dream, and sharing her passion for better health with the women of St. Paul.

To find out more, you can email Keenan at [stpaul@momsontherun.com](mailto:stpaul@momsontherun.com).

*Alex Lodner is a freelance writer who lives in the Como Park neighborhood. She has written for Minnesota Monthly, Taste, the Northern Traveler, TCJewFolk and more.*

Pizza with an attitude comes to Falcon Heights

There’s a new local outlet of a pizza chain that describes itself as irreverent and eclectic, offering pizza toppings like mac ’n’ cheese and tater tots, chocolate-bacon cheesy bread sticks and chipotle pepper-ranch dipping sauce.

Toppers Pizza recently opened its pick-up and delivery service at 1539 Larpenteur Ave., just east of Snelling Avenue in Falcon Heights. It’s the second such store operated by former Hamline University roommates Brad Vinton and Dan Ogiba, the other being on Grand Avenue in St. Paul.

Although the Toppers chain, which operates more than 50 restaurants in 10 states, focuses on 18-to-34-year-olds, Vinton says the Grand Avenue store has been successful with all demographic groups.

“What distinguishes us from the competition are our unique toppings, signature Topperstix and wide range of dipping sauces,” said Vinton, “as well as our exemplary customer service.”

The Toppers’ delivery area is County Road C on the north to University Avenue on the south, Hwy. 280 on the west to Rice Street on the east.

Hours are 11 a.m. to 3 a.m. For more information, check out [www.toppers.com/locations/FalconHeights](http://www.toppers.com/locations/FalconHeights) or call 651-646-7000. —Roger Bergerson

Business Briefs

Record store opens on Raymond

Barely Brothers Records quietly opened at the end of February at 783 Raymond Ave., adding one more venue for retro shopping in south St. Anthony Park and the Creative Enterprise Zone.

With Succotash (1950s-70s furniture, art and clothing store) and Shag Studio (vintage clothing boutique) flanking both sides of the new store and MidModMen+Friends around the corner on University Avenue, Barely Brothers’ supply of vinyl LPs and 45s will bring one more stop on the vintage circuit.

The shop’s grand opening will be held on Saturday, March 22, and will include some local music acts.

Co-owners Mike Elias and Spencer Brook say they plan to host live music performances and art shows in the space.

What? No eight-track tapes?

MidModMen+Friends, the midcentury vintage home store at 2401 W. University Ave., is hosting “Sounds Fantastic, A Vintage Music Event,” through March 2 in the store’s new annex, which is the storefront next to the store that MidModMen is using as a pop-up venue. The store will stock console stereos, stereo components and speakers, portable record players and hundreds of LPs, 78s and CDs.

New stylist at Salon in the Park

Stylist Cindy Sorini Reistad has joined Salon in the Park, 2311 Como Ave. Reistad, who has 25 years of experience as a hair stylist, specializes in haircuts and color. Her hours are Mondays, 4-8 p.m. and Fridays 9 a.m.-5 p.m.

To find out more, call Salon in the Park at 651-645-2666.

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