

#### **Changes at Como Golf** Course

The City of St. Paul is looking to privatize Como and Phalen golf courses.

Page 7



#### Meet the candidates

Learn about the District 12 board candidates on page 8. City and school board Voters Guide follows on page 11.

Pages 8 and 11



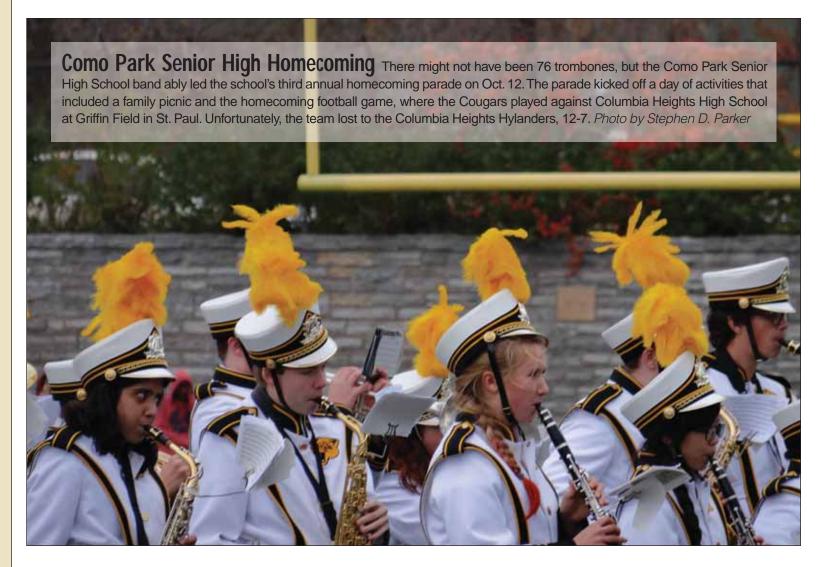
#### Como boys soccer heads to state

The St. Paul Public Schools boys soccer champs are competing in the state tourney this week.

Page 21

### **St. Anthony Park Falcon Heights Lauderdale Como Park**

# Park Park www.parkbugle.org November 2013



### 30 years of song at St. Matthew's Church

By Natalie Zett

n Nov. 1, J Michael Compton will mark his 30th year as music director of St. Matthew's Episcopal Church in St. Anthony Park. For Compton, who trained as a violinist at Boston University and studied organ at the Cathedral Church of St. Mark in Minneapolis, being a church music director isn't just one of the five jobs that he juggles.

"This is just like a minister of the church—it's who you are," said Compton. "I'm constantly trying to develop my program and coming up with plans for the future."

A native of Bloomington, Compton always loved music and began teaching violin, viola and cello while still in high school.

"Back then, Schmitt Music was renting out stringed instruments to school kids," he said. "When you rented, you got six free lessons, and Schmitt needed someone in Bloomington to teach kids. After the free lessons ended, I convinced parents to have [their] kids continue with me. So I had a parade of 30 students a week in my parents' living



J Michael Compton Photo by Lori Hamilton

also a choir director at a nearby Lutheran church and, although he was raised in the Evangelical Church, Compton joined the Lutheran church.

"I didn't attend college directly after high school. Instead, I became active in the Lutheran Church and learned to play the new Casavant Frères pipe organ they'd just purchased," he said. "I didn't know anything about pipe organs, but this Compton's piano teacher was was so much more exciting than supersized sounds produced electronically.'

During that time, Compton also met church musician Jayson Engquist, who eventually became the thought, 'This is what I want to do.'

When Engquist left St. Matthew's for the East Coast, Compton applied for his position. "They didn't hire me. But the person they did hire left after a year, so they called me back," he said. That was 1983 and Compton has been there

"St. Matthew's has every type of music and is not limited to a certain style," Compton said. "In terms of

congregational singing, we do about half from the Episcopal hymnal and the other half is geared toward the international makeup of the congregation. Since St. Matthew's music director—and Compton's has people from all over the world, predecessor—at St. Matthew's. it's meaningful to them if we do "Jayson spoke of music ministry as a music from their country. Every vocation," Compton said. "His January is devoted to a specific example rubbed off on me, and I country, and so a lot of my job is research-based.

> Two years ago, St. Matthew's decided to do music from China since the congregation has several university students from China.

> "There are many hymns, but I couldn't find any liturgical music from China, so I wrote it," said Compton. In order to compose

> > St. Matthew's to 8

### Annual fund drive kicks off in November

In 2014, the Park Bugle will celebrate 40 years of being your community newspaper. Help us continue by contributing to the Park Bugle's annual fall fund drive. Turn to page 4 to read more about it.

#### ILE

#### Como Park

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of the month at the Como Streetcar Station, 1224 N. Lexington Park-

#### **Halloween Pancake Breakfast** and Silent Auction is Oct. 26

Bring your family and join your neighbors for the annual Halloween Pancake Breakfast and Silent Auction fundraiser for the District 10 Como Community Council on Saturday, Oct. 26, from 9 to 11 a.m. at the Hubert H. Humphrey Job Corps Center cafeteria (enter on Arlington between Arona and Snelling avenues).

The event will feature all-youcan-eat pancakes and sausage, juice and Velasquez Family Coffee. New this year will be a silent auction offering unique, local items and experiences to the highest bidder. A kids' costume parade will begin at 10

Tickets are available at the door and the cost is \$6 for adults, \$3 for kids 3-12 and free for those under 3.

#### November District 10 meeting will present Parks and Rec overview

Mike Hahm, director of St. Paul Parks and Recreation, will present an overview of the department at the Tuesday, Nov. 19, Como Community Council meeting. Hahm will discuss the various planning processes for Como Regional Park and respond to neighborhood questions at the meeting, which will begin at 7 p.m.

#### District 10 bylaws to be revised

The Nov. 19 District 10 board meeting will include a vote on bylaw revisions necessitated by the boundary change between Districts 6 and 10 that will take effect on Jan. *month at 7:30 p.m. at Lauderdale* 1, 2014. Proposed bylaw revisions viewed district10comopark.org.

If approved, a special election to fill the new seats will take place in December. You can read more about the proposed changes on page 7.

#### Falcon Heights

The Falcon Heights City Council meets the second and fourth Wednesday of each month at 7 p.m. at Falcon Heights City Hall, 2077 W. Larpenteur Ave.

#### **Recycle your film plastics**

What are film plastics? Grocery bags, retail bags (without strings), trash bags, newspaper bags, dry-cleaning bags, bread bags, stretch wrap (not shrink wrap) and frozen food bags. Falcon Heights' recycling company, Tennis Sanitation, has a partnership with Rational Energies, a company that takes recycled film plastics and converts it to crude oil. About 10 pounds of densified plastic make 1 gallon of clean crude oil. For more information on this process go to rational energies.com.

#### Become a firefighter

Join the Falcon Heights Fire Department and see why people love being firefighters. The department offers full firefighter and EMT training, pay for night drills and fire calls (drill nights are Tuesdays, 7-9 p.m.), and a pension credit. If you live within 7-8 minutes of the fire station (you don't have to be a resident), you are eligible to join. For more information or to apply go to falconheights.org or call 651-792-

#### Lauderdale

The Lauderdale City Council meets on the second and fourth Tuesday of the City Hall, 1891 Walnut St.

#### **Lauderdale Halloween Party**

Lauderdale's annual Halloween Party will be held Thursday, Oct. 31, 5-7 p.m. at City Hall.

There will be hot dogs, popcorn, apple cider, hot chocolate, trick-or-treat bags and spooky fun for children. Costumes are traditional for both adults and children. Donations of candy or money make the event possible. Bring your donations to City Hall Monday through Friday 8 a.m.-4:30 p.m.

The city needs help setting up the event on Sunday, Oct. 27, 12-4 p.m. at City Hall. You can also help at the event itself.

If community-building events in Lauderdale are important to you, please consider volunteering or joining the Park & Community Involvement Committee, which meets about seven times per year on Mondays at 6:30 p.m. Contact Jim Bownik, 651-792-7656, for more information.

#### St. Anthony Park

The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at South St. Anthony Recreation Center (SSA), 890 Cromwell Ave. The district's Land Use Committee meets on the first Thursday of the month at 7 p.m. at SSA. The Energy Resilience Group meets at 7 p.m. on the third Thursday of the month. Email erg@sapcc.org to find out the location each month. The Environment Committee meets at 7 p.m. on the fourth Wednesday of the month at SSA.

#### Don't miss next Give & Take

Mark your calendars for the next Give & Take on Wednesday, Oct. 29, 6:30-9:30 p.m., at TU Dance,

2121 W. University Ave. The event is free and open to the public.

#### Nominations are open for **Neighborhood Honor Roll**

It's time for the district council to choose three neighbors who have been doing outstanding work on behalf of St. Anthony Park for the St. Paul Neighborhood Honor Roll.

Do you know someone who is doing something above and beyond the call of duty for St. Anthony Park? If so, nominate them for the honor Send Amy Sparks, 50-word amy@sapcc.org, a description of the accomplishments or reasons you believe your nominee should be honored. Nominees without this description will not be considered. The council will elect three candidates from those nominated. Nominations can be of residents or St. Anthony Park business people.

Descriptions are due by Saturday, Dec. 7. Please send photos if you can.

#### **Raymond reconstruction update**

The reconstruction of Raymond Avenue is on track to be finished by mid-November, according to Mike Vanbeusekom, project inspector with the city. The first phase of construction between Hampden and Long avenues is now complete, and the road is open to local businesses again. Through traffic will still be directed via the detour at Hampden Avenue.

The second phase of construction, between Long Avenue and Territorial Road, is expected to be finished by the end of October. Next up will be the intersection at Territorial and Raymond, which is being completely redone. The intersection will be closed entirely, though this is planned to be finished in a single weekend. The final section between Territorial and University Avenue will be a simple resurfacing and will not involve substantial renovation of the street.

#### **Community Meeting on Nov. 5**

Ten years ago, Macalester College professor David Lanegran identified the lack of affordable housing in general, and for seniors in particular, as two problems in St. Anthony Park. Recently, District 12's Land Use Efficiency action group has been evaluating ways to improve the range of housing options.

One option is to allow small, accessible, easily maintained dwellings, often called "alley houses" or "granny flats," to be added to the back yard of some single-family

Learn how these structures have worked in other places and consider whether they fit here at a community meeting on Tuesday, Nov. 5, at 7 p.m. in the auditorium of Luther Seminary's Northwestern Hall, 1501 Fulham St. The District 12 Community Council will hold an open discussion at the meeting to hear neighbors' response to a proposed local zoning ordinance that would allow these dwellings to be built in the neighborhood.

#### St. Anthony Park District 12 board election is Tuesday, Oct. 29

The St. Anthony Park Community Council Board elections will be held Tuesday, Oct. 29, 4-8 p.m., at Speedy Market, 2310 Como Ave., and Hampden Park Co-op, 928 Raymond Ave. All residents over the age of 16 can vote. You can request an absentee ballot by emailing amy@sapcc.org. Go to page 8 to read the candidates' statements.

### Scams on rise as healthcare act rolls out

#### By Michelle Christianson

Have you noticed that when you look up a phone number online, the age of the person is listed as well as the phone number and address?

That tool can be used to target seniors for fraud. And the confusion surrounding the launch of the Affordable Care Act (nicknamed "Obamacare") seems to have given some criminals a new opening for exploiting seniors.

Typical scammers begin by telling the senior that the rollout of the new law requires new Medicare

cards. They repeat the basic information easily found online and then ask for the person's bank name and account number. Often the caller will say, "This is your last chance," or "You have a limited time to act."

First, never give out your financial information over the phone to someone you don't know. If you have any doubts, say that you will investigate and call the person back. Second, Medicare is not sending out new cards, and no one from

Scammers to 8



#### **Town Hall Meeting**

What are the issues and opportunities for St. Anthony Park? That was the question attendees tried to answer at the Oct. 8 St. Anthony Park Town Hall meeting held at the Olson Campus Center at Luther Seminary. Above, St. Paul City Council member Russ Stark takes his turn answering residents' questions at the meeting, where neighbors broke into small groups to address their concerns and then gathered back as a group to talk with officials. Local government representatives at the meeting included, from left, State Sen. Richard Cohen, State Sen. John Marty, Stark, Ramsey County Commissioner Toni Carter and Jon Commers, a St. Anthony Park resident who serves on the Met Council. Photo by Kyle Mianulli



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# How can seniors downsize and stay in the neighborhood?

District 12 Land Use Efficiency group will ask residents if St. Anthony Park is ready for zoning changes that would allow 'granny flats' and 'alley houses' at a community meeting on Nov. 5.

#### By Michael Russelle

"I've started to look at a senior housing complex," a beloved neighbor tells you. "I simply cannot take care of my big house and yard anymore."

How can you reply to this heartbreaking news? With so few options, most seniors have to move away from the neighborhood they know and from the neighbors and businesses that know them.

There's no single answer to this problem, but at a community meeting on Tuesday, Nov. 5, the St. Anthony Park Land Use Efficiency (LUE) action group will ask residents to decide whether the neighborhood is ready to welcome "granny flats" or "alley houses" (a.k.a. accessory dwelling units or ADUs) to the neighborhood as a partial answer.

These small units, constructed as separate backyard structures or as attached units on the main residence, can be highly energy efficient, easy to maintain and accessible. They can house seniors, family members or others. They can provide rental income or allow a property owner to downsize and rent out the main house. The ADU also can house a caretaker for the residents of the main home.

"I know many people in the



Illustration by Stephen D. Parker

neighborhood interested in aging in place but looking to be done with yard chores and upkeep of larger homes," said Ellen Watters. "Some of the ideas being discussed, like 'alley houses,' 'granny flats' and even communal housing are very intriguing and seem like they are worth exploring for our neighborhood."

In the May 2003 profile of St. Anthony Park, Macalester College professor David Lanegran reported that the top housing-related issues for current residents were lack of affordable housing options for families, lack of affordable housing options for seniors and the presence of too many run-down properties. Similarly, businesses were concerned

about the lack of affordable housing options.

In response to similar concerns elsewhere, communities are changing their zoning codes to allow ADUs. Their experiences can inform our decision making, said Philip Broussard, chair of the LUE group.

"Our group formed in February and is one facet of the Community Council's effort to reduce the neighborhood's carbon footprint, improve the local economy and develop stronger neighborhood connections," Broussard said. "We feel our local architects can maintain and improve the aesthetics of the neighborhood by designing small,

Alley houses to 6

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#### 2235 Como Avenue \$424,900



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### **Poetry underfoot**

Jean Miriam Larson of Falcon Heights is the winner of her hometown's second annual Sidewalk Poetry Contest. Larson's poem was chosen from 11 submissions by the Mayor's Sidewalk Poetry Panel, which includes Falcon Heights Mayor Peter Lindstrom and residents Jane Dickerson, Susan Thurston Hamerski and Kent Paulson.

The contest is sponsored by the City of Falcon Heights, in association with the Falcon Heights-Lauderdale Lions Club.

The poem has been stamped into the sidewalk on the southwest corner of the intersection of California Avenue and Albert Street.

"We were thrilled to see the enthusiasm from last year's contest continue," said Lindstrom. "Jean, like many of our residents, was born and raised in Falcon Heights, so this city is truly 'the soil of my youth' for

#### **Eventually**

the soil of my youth kneads into my skin breathes into my bones and I love this place like an old cottonwood or open fields and sparrow swirls like State Fair music drifting up through stars and smoke.

—Jean Miriam Larson

Jean Miriam Larson of Falcon Heights is the winner of her hometown's second annual Sidewalk Poetry Contest. Larson's poem was

Club for their generous donation that made this contest possible for another year."



Jean Miriam Larson and Falcon Heights Mayor Peter Lindstrom

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#### **Next deadline:** Nov. 6. The paper will be published on Nov. 19.

The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community

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#### ORIAL

### Thanks for your support

November is the month of thanksgiving, and the staff and board of directors Park, Lauderdale, Falcon Heights and Como Park. at the Park Bugle thank our readers and advertisers for supporting us throughout the year.

November also marks the beginning of our 2013-14 fund drive. We hope you will consider contributing to this award-winning newspaper.

The Park Bugle began publishing in 1974 and became a nonprofit newspaper a year later, when Andrew Boss, Gerald McKay and Joseph Skovholt signed the articles of incorporation that brought Park Press Inc. into being. The Bugle is still run by a board of volunteers, who will celebrate the paper's 40th anniversary in 2014.

We hope you'll celebrate with us and consider giving a tax-deductible contribution to your community-supported newspaper.

We can't continue our work without you. Like most nonprofits, the Bugle relies on donations to help defray its annual operating costs. Your donations go toward the cost of producing and printing a newspaper that is delivered, free of charge, to 14,500 households and businesses in St. Anthony

This year, we hope to raise \$35,000 in donations from readers like you. As a business, the Bugle does not take your support for granted. We are committed to earning it by covering the stories, personalities and issues that people want and need to know about—and won't find anywhere else.

If you've donated to the Bugle in the past, thank you; please consider giving more this year. If you've not given, please consider doing so this year.

The Bugle has been your neighbor for nearly 40 years. Your gift will make it possible for the Bugle to keep telling your stories for another five, 10 or 40 years.

You can donate by going to http://www.parkbugle.org/give/, or look for the green GiveMN.org button at the top of our web page, www.parkbugle.org. You can also set up automatic monthly payments or mail a check to Park Bugle, P.O. Box 8126, St. Paul, MN 55108. Thanks for your support.—Board of Directors, Park Press Inc.

#### An endorsement for Chue Vue

As you think about how to keep our St. Paul schools strong, I hope you will consider the contributions that Chue Vue would bring to the school

In St. Paul, 75 percent of the students are students of color with over 30 percent being Asian-American. Currently we do not have an Asian-American or immigrant person serving on the school board. In order to be successful with all students, I believe the voice of the Asian and immigrant communities must be present in the boardroom.

Besides, Chue is a highly successful role model for students. He came to America at age 10, not speaking English, graduated from college, worked 10 years, then got a law degree and now runs his own law

Please consider supporting Chue Vue for one of your three votes in the St. Paul School Board election on Nov. 5.

> Al Oertwig, former St. Paul School Board member and chair

#### SPPS home visits build trust

If you are a parent in St. Paul Public Schools, there is a growing chance that you might get called by your teacher and asked if it is OK for them

to visit your home. Parent/Teacher Home Visit Project in St. Paul trains teachers to build partnerships with parents and see those parents as assets in their child's education, using a model that started in Sacramento, Cal., more than 15 years ago. Today, the model is not only used in St. Paul and Sacramento, but in 15 other states.

Last year more than 14,000 homes were visited nationwide. The project is still growing in St. Paul. However, in other cities, buildings that have a majority of the teachers doing home visits find things like achievement and attendance going up and suspensions and vandalism going down.

This is an idea that originated with parents in Sacramento, and in St. Paul, with our teachers. A small group of teachers brought the idea to our district three years ago after hearing about the success in Sacramento, Denver and other urban districts around the country. We wanted to pilot this at our Achievement Plus Community Schools and Promise Neighborhood schools, where it seemed to be a logical starting place. We were turned down due to different priorities around parent engagement and because there were costs associated with training and compensating teachers for visits that occur outside of their workday—a non-negotiable of the Sacramento model.

The parents who started the Sacramento program insisted on that, and they've found that over 15 years of experience, those projects that had compensation in place were most likely to endure.

Because our district wanted no part of this, our small group went to our union. The St. Paul Federation of Teachers (SPFT) budgeted for the cost of the training, and we volunteered our time doing visits the first two years. As more members saw the value of this and started going out on visits, our numbers grew and we went to our bargaining teams to request that it be brought to the bargaining table. Collectively our voices were heard. That new approach to engaging parents—one where teachers and parents work together as partners—was needed.

We now have a full program, run by SPFT members and parents. We have gone from about 15 homes visited that first year to more than 200 visited last year. SPFT has now been asked to be a regional training site and we have begun to train school staff in other districts in our model. None of this would have happened without my union, a place where teachers can go to advocate for effective means for meeting the needs of students and families.

important time for teachers and parents to be talking with one

Historically, parent-involvement programs and home visits have been designed to only account for deficits of the parents or families we work with. We reject that approach. A major principle our project operates under is that no matter where you are in life, you, the parent, care about your child and want the best for them. We believe you are an asset in your child's education. You know things that we don't know about your child that can make a difference in how we work with them. We are

We feel home visits are the first step toward being able to develop partnerships with the families that will enable students to connect to their own potential and passions and realize their own hopes and dreams. We also recognize that time needs to be spent establishing relationships with parents and finding out what they want to work on with their child.

Like the instruction in our classrooms, schools need to be responsive to the wants and desires of families and differentiate our parent work, not provide a one-size-fits-all model. Home visits through our model do this, and in a time when parents may be threatened by less say in how their school is run or if their There has never been a more school stays open, establishing partnerships with them is a welcomed and appreciated effort that we feel should be nurtured with stronger communities as a result.

> The SPTF believes a strong public school exists in the context of, and in collaboration with, its community. We believe that our members become better teachers and better advocates for their students if they are encouraged to go beyond the school campus and engage themselves in the life of the community. The Parent/Teacher Home Visit Project is one effective way to do that.

> > Nick Faber, coordinator, St. Paul Federation of Teachers Parent/Teacher Home Visit Project

### Give to the Max on Nov. 14

Give to the Max Day is a 24-hour opportunity from GiveMN.org to give to the Park Bugle and help us receive matching grants for your donation. From midnight to 11:59 p.m. on Thursday, Nov. 14, you can give to the max by going to http://www.parkbugle.org/give/.



#### MMENTARY

N O V E M B E R

### A son-to-father chat

By Adam Granger

**Q**eware the article that begins,  $\mathbf{B}$  "When I was a boy. . . . " It threatens a dose of paternal solipsism guaranteed to anesthetize the hardiest of souls.

When I was a boy, such monologs were pandemic: aural snapshots of dad walking 10 miles to school in blizzards, or of dad working 60 hours a week in a jute mill, or of dad killing a wildebeest and feeding his shipwrecked family on it until the next steamer passed by.

But alongside the usually apocryphal content of these fatherto-son chats were dollops of actual useable wisdom, gained by Dad often through hard, cruel life experience and passed on to my brother and me in the hope that we would fare better than he in adulthood.

Note that I'm writing from a male point of view; I know mothers and daughters have their tête-à-têtes also, but I had no sisters and was not privy to their contents. Note also that I'm not talking about the universal and timeless values all parents should teach their kids: morals, ethics, manners and the like. I'm referring here to nuts-and-bolts skills and knowledge—like bleeding brakes, writing checks, and changing television and radio vacuum tubesthat boys used to need to know.

Used to. These skills are no longer needed. Never in history has evolution occurred so rapidly as in the last 50 years. The skills I acquired as a youth—replacing faucet washers, waxing ("Simonizing") the family car (in spring and fall, always on a Saturday afternoon), defrosting the freezer, changing a tire, extracting whale oil from blubber—all right, I threw that last one in to see if you were paying attention—these all bore an urgent functionality in the time of my childhood.

Nowadays, find me a man who changes his own oil and I'll show you an evolutionary throwback.

But wait, there's more. Not only has the majority of practical advice from my generation been rendered null and void, it's now our children who are the crucibles of useable knowledge, thanks to technological advances they have, literally, grown up with.

Now, if you are 40 or younger, you are of the generation that already has this knowledge, in which case I have no idea what your kid is teaching you. What I can say, from

a 22-year-old son is smart to keep his eyes open and his mouth shut, and I'm guessing you'd do well to do the

Technology has existed since the wheel, but the advances of the last 30 years have put children behind that wheel and relegated parents to the backseat where, safely belted into their backward-facing parent seats, they watch a world whizzing by that leaves their gray heads spinning.

My son lives in a different world from me, and I can only hope that I have enriched his as much as he has mine. I have taught him the life skills I know, but many of these are irrelevant in the 21st century. Handwriting is dead to him. Physical books are his nemeses. Formatting and typing letters, reading maps, using library card catalogs, balancing checkbooks, shining shoes, opening doors for ladies—there are apps, software programs, hardware and electronic sensors that do all of these for us, and do them better. (Maybe not shining shoes, but it's coming: My dad taught me how to get stuck toast out of a toaster with a fork, usually without getting shocked, but my son has a Safe Toast app that does this for him, I don't quite know how. He puts his phone into the empty toaster slot and . . .)

I still love physical books. Long after everyone else is reading words projected onto the inside of their eyelids while they sleep, old Adam will be sitting in a creaky Shaker chair, turning real pages, reading by lamplight (using whale oil he rendered himself). Nevertheless, our house is laced with systems, wired and wireless, that can display any digital content from any of our desktops, laptops, netbooks, tablets and cellphones onto any LED screen or display or, for that matter, onto any other surface.

There are little boxes attached to our TVs and wall outlets that do Geek only knows what. Our son gave us a gizmo last Christmas that plugs into our bedroom TV, and I still don't know what it does. I know that a \$6.99 debit shows up on our Visa bill each month, and I know better than to question why that thing is sitting there.

So what can I teach our son about getting along in the 21st century?

Well, those values. No matter whether we're communicating with others through EyelidVision (don't

experience, is that a 64-year-old with try to steal this idea; it's mine, and I'm going to try to sell it to the boy) or, heaven forfend, talking face-to-face, the basic modi homo sapiens should still be valid. Honesty, empathy and compassion for all creatures great and small will never go out of style. Promise?

> Adam Granger lives in St. Anthony Park with his wife and son and is a regular contributor to the Park Bugle.

Dr. Todd Grossmann, DDS 651-644-3685 tagdds.com

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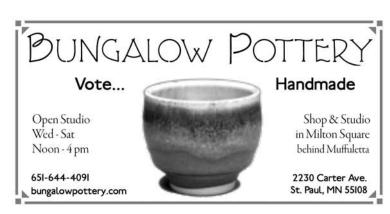
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# U of M's College of Biological Sciences, CFANS may merge

A task force will study the possibility Gary Muehlbauer, Distinquished recently stepped down. of merging two colleges on the University of Minnesota's St. Paul campus.

A recommendation on whether the College of Food, Agricultural and Natural Resources and the College of Biological Sciences should be joined and their faculties and staff integrated is expected by the start of the spring 2014 semester.

Co-chairs of the task force are

McKnight professor and head, Plant Biology, and professor, Agronomy and Plant Genetics, and Michael Sadowsky, professor, Soil, Water and Climate and director, Bio Technology Institute.

In appointing the task force, Karen Hanson, senior vice president for Academic Affairs and provost, said the consideration was timely because the deans of both colleges

"I will ask the task force to consider whether a new college devoted to agriculture, life sciences and the environment might consolidate the strengths of the university in ways that would advance our academic mission and our engagement with local and global communities," Hanson said.—Roger Bergerson

#### Alley houses from 3

affordable homes that fit in the back yard of single-family lots."

In August and September, the LUE conducted listening sessions with 36 residents of north and south St. Anthony Park. Those one-on-one sessions revealed that nearly all supported the idea of allowing ADUs and duplexes. They said some of the potential benefits include longerterm property ownership as family needs change, easier accommodation of adult children who need or want to live at home again, and more beautiful and secure alleys.

Several said they wanted to live in a multigenerational neighborhood and would welcome a chance for seniors to "age in place" and remain part of their extended families.

There was unanimous

agreement to require owner occupancy of either the main house or the ADU, to help address issues of property maintenance and nuisance control. Other potential problems include parking and building appearance, height and screening. The same benefits and issues relate to conversion of a single-family home to a duplex, so the LUE action group is exploring ways to integrate the concepts of ADUs and duplexes that would fit the neighborhood.

"We have a good mix of options already," said one person. "There are affordable condos, apartments and other rentals."

But others disagree. Ben Lockhart said he has begun looking for a smaller home but would rather stay on his property. "I am the sole resident of my house, which is far larger than I need or wish to care for.

If I could live in an alley house, I could keep some of the back yard to garden and let one of my children and their family move into our community. And I could still walk to work!"

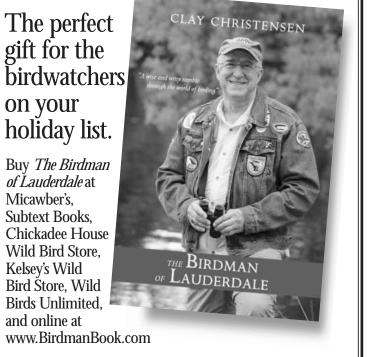
There is little undeveloped land available in St. Anthony Park for construction of smaller, accessible and more easily affordable rental units suitable for small families, young workers, disabled people and

St. Paul Planning and Zoning is considering a draft ordinance to allow ADUs along the Central Corridor. Among requirements, the current draft states that the property must be owner occupied and be at least 5,000 square feet in area, that only one ADU be permitted and that only two other accessory units (such as garages and sheds) be allowed on the same zoned lot. The dwelling units may be separate from or attached to the main house or built over a garage.

This draft ordinance arose from the goal in PED's current Housing Action Plan to study ADU zoning for sub-geographic areas of the city.

The community meeting on Nov. 5 will be held in the auditorium of Luther Seminary's Northwestern Hall, 1501 Fulham St. Speakers will describe how other communities have successfully integrated ADUs existing single-family into neighborhoods.

The draft zoning ordinance will be presented by staff from St. Paul Planning and Zoning. Residents will have an opportunity to share their views and to vote on whether to support the draft ordinance or a modified version for St. Anthony Park.





#### Lyngblomsten Scandinavian Cookie Fair Saturday, December 14, 2013 10:00 AM - 2:00 PM

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New this year: lunch, coffee & treats available for purchase, cookie decorating for all ages, demos & live entertainment, and pictures with Santa.

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### City plans to privatize golf courses but will still run Como ski center

#### By Kristal Leebrick

Kathy Zieman was caught off guard when she got news last week that the St. Paul City Council would be voting on a resolution this week that would initiate a request for proposals (RFP) process to find a private vendor to take over the management of the Como and Phalen golf courses by next

Zieman, president of the golf course's Como Women's Club and a member of the Como Regional Task Force, said the news "came out of the

When Parks and Rec director Mike Hahm spoke at District 10's District Plan Ad Hoc committee meeting on Sept. 9, he assured attendees that the Como Golf Course was not closing, Zieman said. "I guess he was right. They were looking at something totally opposite. No one said, 'We are looking at outsourcing.'"

The city's golf courses had been "put under a microscope" for the last three years, said Brad Meyer, public services manager at St. Paul Parks and Recreation, and "our expenses far exceed our income. We went through multiple years of trying to improve performance. It didn't improve.

The purpose of the action is to keep the golf courses open, Meyer said. He used Ramsey County, which contracts with private vendors to run some of its golf courses, as an example of how it can work.

The city will continue to operate the Como Park Ski Center, Meyer said. The ski center's 2013-14 brochure and schedule were being printed last week, he said.

full-time More than 20 employees will be affected by this change, according to an email sent to stakeholders from the city's special

services manager, Susie Odegard.
The city will work to reassign employees into available positions at the Highland 9 and Highland National golf courses or within the parks department, the email said.

The District 10 Community Council had not been officially informed about the city's decision at press time. The council has wanted to see the golf course stay open, council chair Jon Knox said, and neighbors want cross-country skiing to be maintained at the park.

"We haven't had enough conversation with [the city] to understand how this came about," Knox said. "We are definitely looking to have some input in the process. Coincidentally, Hahm, the Parks and Rec director, is scheduled to speak at the District 10 meeting on Tuesday, Nov. 19, at 7 p.m. at the Hisotric Streetcar Station, 1224 N. Lexington

Zieman wants to see the courses stay open, but she's unhappy that the city did not have a community conversation about opening bids to private vendors.

"I was not expecting this. I'm really disappointed in how this was handled," she said. "This is not the city that I'm used to working with. This is a total change. It's like Congress, the Minnesota Orchestra and now the City of St. Paul. Why can't you be open and honest about

The City Council will be voting on the resolution at its regular meeting at 3:30 p.m. Wednesday, Oct. 23, in the City Council chambers, 300 City Hall, 15 W. Kellogg Blvd.

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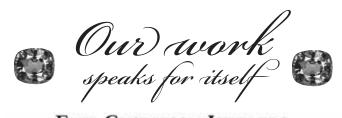
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### District 10 to vote on boundary changes at November meeting

#### By Kristal Leebrick

District 10 Como Community Council will vote on bylaw changes that will reflect an adjustment in service boundaries between St. Paul Districts 6 and 10 and increase the size of the council at its Nov. 19 meeting, which will be held at the Historic Streetcar Station, 1224 N. Lexington Parkway, at 7 p.m.

Since April 2013, a group of volunteers from District 10 and the South Como neighborhood have been working to revise the district's bylaws to allow the move of more than 3,500 South Como residents from District 6 into District 10.

The change will take effect on Jan. 1, 2014.

The committee presented its final recommendations for changes to the District 10 bylaws at a Sept. 25 community meeting and to the council on Oct. 15.

The committee had hoped to receive comments and responses in October to the changes, but at the District 10 meeting, Pete Bolstad, who co-chaired the boundary-change committee, said no comments had been received.

One of the larger issues of the boundary change was to create subdistrict boundaries. Currently, the district is divided into three subdistricts. The 15member community council includes two members from each subdistrict.

The boundary change committee has recommended that a fourth subdistrict be added with changes to all subdistrict boundaries. Council members currently representing the original three subdistricts will continue to their respective represent subdistrict within the adjusted boundaries and all officers of the Council April regular election. If the bylaw changes are approved, a special election will be held in December to vote for two representatives from Subdistrict 4.

Subdistrict 4 will include all areas south of the railroad tracks, including most of the South Como and Energy Park areas.

South Como areas north of to Subdistricts 2 and 3.

Each of the four subdistricts will have a nearly equal number of residents, committee co-chair David Arbeit explained at the September meeting.

boundary change between the two districts was initiated in January at a public both South Como and North meeting spearheaded by City End.

board will stay in office until the Brendmoen, a South Como resident. Brendmoen, who was elected in 2011, said that during her campaign she heard many South Como residents' concerns about being represented in a district closer to home. Much of South Como borders on Como Regional Park, which is part of District 10.

Park issues were not the only the railroad tracks will be moved concerns of South Como residents. Brendmoen's campaign literature addressed a 2011 change in the Multiple Listing Service (MLS) used by realtors that moved South Como homes out of Como and into the North End designation.

District 6 currently serves

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For more info, call St. Anthony Park Area Seniors at 651-642-9052 www.sapseniors.org





### Meet the candidates for the District 12 Board of Directors

Residents of St. Anthony Park age 16 and older can vote for the District 12 Board of Directors on Tuesday, Oct. 29. Voting will take place at Speedy Market, 2310 Como Ave., and Hampden Park Co-op, 928 Raymond Ave., from 4 to 8 p.m.

There are eight openings on the board, five in the south part of the neighborhood and three in the north.

#### Meet the candidates: North St. Anthony Park Mimi Jennings

"I've lived here since 1974. A public school advocate, I was secretary for a [St. Paul Public Schools] district school community partnership, taught French at Central High School, chaired our department and our multicultural committee for eight years each, earned Fulbright Exchange and NEH Africa travel grants, taught numerous St. Anthony Park students, mentored beginning teachers and raised two daughters.

"St. Anthony Park has been an ideal place for my husband, Len, and me to share a home. Currently I work with the district council's

Resilience Group— Energy confronting climate change while building community—as school liaison. Joining the council would permit me to continue and expand this vital work."

#### Wanjiru Mugo

"I am impressed with St. Paul's system of community governance through the district councils and I would like to participate more meaningfully in my community by serving on the St. Anthony Park Community Council. The works of Grace Lee Boggs have greatly influenced my re-imagining the neighborhood as a 'beloved community' and my desire to work for its well being.

"I am particularly interested in engaging the participation of immigrants in our neighborhood and moving toward zero waste. To the position I will bring creativity, energy and cooperation.'

#### Michael Russelle

"We have grown to love this community since moving here with our small family 30 years ago. I served on the council and Environment Committee in the 1990s and currently volunteer on the Environment Committee, the Energy Resilience Group and action groups focused on improving housing options, developing community-supported solar electricity and increasing local food production.

"It's not that I like meetings, but I do like to get things done. My main priority is to help us mitigate and adapt to global climate change. I would be happy to serve on the full council."

#### South St. Anthony Park Kevin Caufield

"I have lived in the neighborhood for over five years and want to get more involved with what's happening to the neighborhood, instead of just sitting back and watching. I bring a knowledge of the St. Paul area after living here for over 30 years.

"I am a very fair and honest person, and I get along with others. I feel my strength for this board is that I know many people in this area, and I feel I could bring people together."

#### Brad Engelmann

"The neighborhood has made a positive impression on me. This is an opportunity to be connected to the community. Areas of importance to me are community involvement, civic activities, our neighborhood schools and community education, transportation infrastructure, and parks and green spaces.

"I believe I can have a positive impact on our local governing process. I studied accounting at Gustavus [Adolphus College] and public affairs at the University of Minnesota. I have worked at the U as an accountant since 2003."

#### Christina Morrison

"I am a senior planner with Metro Transit, and have lived in the south St. Anthony neighborhood for seven years. As a former St. Paul city planner, I have had the opportunity to work closely with businesses and neighbors on many aspects of Central Corridor design and construction. I bring knowledge of local bicycle and pedestrian issues, transit-oriented development, parking management and regional

transportation policy. I am passionate about creating inclusive, meaningful participation and hope to be able to serve my neighborhood and city. In my free time, I enjoy traveling, making jewelry and drinking lots of

#### JoAnne Makela

"A council member since 2009, I have learned much about my neighborhood through serving. I live in south St. Anthony Park and know first-hand the impact of the new light rail on residents as well as businesses. This impact inspired my recent master's thesis on art and commerce in St. Anthony Park.

"I am energized by the possibilities transit-oriented development will bring to this area. Working together with residents, business and city government, I have experience in providing a voice for neighborhood concerns as well as neighborhood championing endeavors. As an arts and community-involvement advocate, I have high expectations for the future of this vibrant area."

#### St. Matthew's from 1

liturgical music that sounded authentic, Compton consulted with local Chinese musicians and learned to play various Chinese instruments.

In October, St. Matthew's features Celtic music from Ireland. "I couldn't find music that had Irish authenticity, so I wrote my own Celtic Mass," said Compton. "If you visit in October, you will feel as if you're transported to Ireland!"

When the Episcopal bishop asked when the Mass would be

published, Compton replied, "It probably will be someday, but for now, it's only for St. Matthew's. There are just some things that you can only get at St. Matthew's."

In terms of planning a liturgical calendar, Compton claimed that he used to be "more organized," but since he has other jobs, he does a lot of his planning in his car and does research when he's back home in front of his computer. "I do the research late at night usually. The running gag is I'm sending stuff to setting for the piece and first the church secretary at 2 a.m."

Compton is involved in other

musical projects throughout the year. "On the fourth Sunday of Advent, we celebrate Mary by doing a "Magnificat (Song of Mary)." A few years ago, I found 14 "Magnificats" by French composer Marc-Antoine Charpentier  $(16\overline{4}3-1704)$  that were written in his own handwriting. I went to our local music seller to try to find a modern performing edition of a particular "Magnificat" by Charpentier, but none existed."

Compton created a modern performed it in December 2011, which was probably the first North

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American performance of that work.

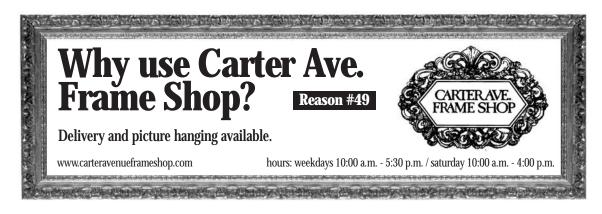
On Nov. 1, when St. Matthew's celebrates the 30th anniversary of having Compton as its music director, the program will include a performance of Charpentier's 'Magnificat" and Engquist (St. Matthew's music director from 1979 to 1982) will be the organist for the service.

In terms of the future, Compton has been eyeing the Church of St. Agnes's full-orchestral masses (Mozart, Beethoven, Hayden,

Schubert and so on) and wants to do something similar at St. Matthew's.

"These Masses were not meant to be played inside a concert hall. They were written for the church," he said. "I want to continue creating programs that bring music to life for people."

Natalie Zett has been writing for the Bugle since the early 1990s. Her work has appeared in a number of Twin Cities publications.



Please join us on **Saturday, November 9, at 4 p.m.** for a very

special event. Andy Sturdevant, author of "Potluck Supper With Meeting to Follow," and Carrie Elizabeth Thompson, who took the photos in the book, will lead a walking tour of St. Anthony Park.

This event will be fun and informative—and free!



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#### Scammers from 2

Medicare will contact you over the phone, by email or in person as a door-to-door representative. Any website that purports to give information should end in the .gov

Even discussing your medical history, treatments or insurance may open you up for identity theft.

Why the emphasis on seniors? The fastest-growing segment of our population is also the group that controls about 70 percent of the nation's wealth, according to Commerce Minnesota Commissioner Mike Rothman. Pair this with the fact that financial capacity is one of the first abilities to decline as cognitive impairment develops, according to the AARP, and you have a recipe for disaster. Between one in 10 of those over age 65 have been victims of financial fraud (and this does not take into account the many who do not report these crimes because they are too confused, fearful or embarrassed to

Of course, seniors are not the only ones susceptible to fraud. A Kaiser Health Tracking Poll showed in late August that about half the public still does not understand the

Affordable Care Act and how it could affect them. If you are not sure about what to divulge over the phone, ask a lot of questions and hang up if you are pressured.

There are several resources for seniors concerned about any kind of fraud. The Metropolitan Area Agency on Aging has a Senior LinkAge Line (800-333-2433) staffed by specialists trained in health and human services. They will talk with you and can send out a packet about fraud and identity theft. Information on consumer education and avoiding scams can be found at www.mn.gov/commerce/consumers.

If you want to verify a caller's legitimacy before giving out information. call 800-318-2596. Minnesota's health MNsure, insurance marketplace, has set up an email address where consumers can report fraud, abuse and ethical violations

(mnsurecompliancehotline@mnsure. org) and you can call the Contact Center line at 855-366-7873 with any questions.

Michelle Christianson is a longtime contributor to the Park Bugle and a resident of St. Anthony Park.

### Birdman tales gathered in new book

#### By Roger Bergerson

Unlike the fictional characters with similar names—you know, the ones starting with Super-, Bat-, Spider- and so forth—there's no mystery about the identity of the Birdman of Lauderdale.

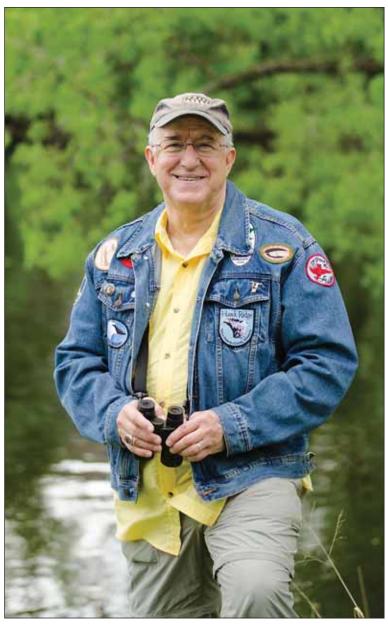
Clay Christensen leads bird walks, gives talks, conducts bird surveys and for nearly 10 years has been making bird watching accessible and fun through his Park Bugle columns, a collection of which has just been published in book form.

An early reviewer had this to say:
"Reading (The Birdman of Lauderdale) is like going birding with Christensen, then closing the afternoon with a cup of coffee or glass of beer," posted Jim Williams, Minneapolis Star-Tribune columnist, birder and blogger. "He's good company. He tells sharply seen stories"

Christensen recalls that he started bird watching about 25 years ago, when he and his wife, Jean, were walking around Lake Como and became intrigued by some large black birds that turned out to be cormorants. He was hooked.

Gradually, the Birdman, as his wife began calling him, got more and more involved in the pastime, honing his skills and becoming an active member of the St. Paul Audubon Society, serving as chapter president at one point.

Birdman book to 10



Clay Christensen, the Birdman of Lauderdale. Photo by Chase Vanderbilt

### In the weeds

#### Lauderdale herbalist publishes guide to edible and medicinal wild plants

By Judy Woodward

Ah, dandelions! And plantains, those broad-leaf green weeds that spring up everywhere they shouldn't be. Not to mention stinging nettles, our landscape's very own answer to the Portuguese manof-war. Three good reasons to be glad

that lawn care season is behind us for a while, right?

Not if you're Matthew Alfs. Where the average person sees garden weeds, Lauderdale resident Alfs finds nutritional and medicinal possibilities. A clinical herbalist in private practice in Roseville, Alfs has

just brought out a new edition of his book, Edible and Medicinal Wild Plants of the Midwest (Revised Edition, Old Theology Book House, 2013). In it, he offers practical advice (and beautiful color photos) to help you recognize and use the plants that most of us ignore or overlook.

Take the plantain, for example.

Alfs calls it the weed you

encounter "around the driveway or on the way to the garbage can." A weed to be sure, but it's also a remedy hiding in plain sight, according to Alfs, who devotes nearly 10 pages to describing its curative powers for everything from oral abscesses to mosquito bites.

Then there are dandelions. They could be just the thing to undo the damage from an overly enthusiastic night on the town. Did you party a little too hard on Saturday night? Drag yourself out to the front lawn on Sunday morning and harvest a few dandelions. You can use them in salad or steam them to taste. Either way, your liver will thank you.

As for stinging nettles, Alfs waxes positively rhapsodic. "They're the most nutritious food on the planet," he says. "High in vitamin D, and did you know they are 42 percent protein?" Alfs says he eats more nettles than any other edible wild plant. A quick five-minute simmer removes the sting, and then "they're better than spinach." Just don't forget your gloves when you harvest them.

Alfs, a self-described "outdoor

Medicinal plants to 10



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Ad blocks are sold first-come first-serve, so contact your sales representative now.

Contact Genevieve Plagens if you are a business on the north side of Como Avenue: 651-325-7189 genevieve@parkbugle.org

Contact Ruth Weleczki if you are a business on the south side of Como Avenue: 651-335-0299 ruth.weleczki@parkbugle.org

The space reservation deadline for the Shopping Guide is Wednesday, Nov. 6.







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#### Birdman book from 9

A lot of his personal bird watching is done simply by looking out the windows of the Malvern Street home in Lauderdale where the Christensens have lived for more than 40 years and raised their family. But he's also birded in the Peruvian Amazon, Ecuador, the Dry Tortugas off Key West, Fla., and on pelagic trips off the California coast, among other places, as well as across the United States and Canada.

His favorite spot locally is Reservoir Woods Park in Roseville, particularly the portion just east of Dale Street that shares the dog park entrance on the north side Larpenteur Avenue.

"I've seen black-billed cuckoos, pileated woodpeckers and great horned owls there," he said. "It's surprisingly varied habitat for being in the city."

He's got a regular coterie of birding buddies who are familiar with Christensen's enthusiasm for electronic gadgetry, high-tech clothing, Culver's ice cream and an occasional glass of Guinness.

"Clay is not averse to anthropomorphisms," observes one such friend, Ellen Lowery. "After observing mating birds take a break, he commented, 'Now they're having

#### Medicinal plants from 9

person" who estimates that he's spent "a third of my life in the wilderness," is never happier than when he has the time to go out and gather herbs. "I know every field and vacant lot in the Twin Cities," he says, although the demands of running a busy clinical practice force him to prescribe mostly

a cigarette.' "

Adds Julian Sellers, "Whenever we have to retrace our steps, Clay says, 'Oh, good! Now we'll see the other side of the birds.'

Christensen estimates he's led example is a nighttime owl search during the annual St. Paul Audubon Warbler Weekend at Frontenac, Minn. Things can get a little dull if the owls aren't cooperating and Christensen uses jokes and puns to liven things up. If a dog is heard in the distance, that becomes a "Barked Owl." A train: "A Great Northern." Sure, some of the quips may have a few miles on them. One fellow was brought on the owl walk by his parents and then returned 10 years later with his fiancé. "Same jokes," he later told his mother.

Christensen took up writing during a career transition and wrote a few general assignment stories for the Park Bugle before then-editor Dave Healy gave the go-ahead for a bird-watching column in 2004. About 80 installments of "The Birdman of Lauderdale" have appeared since.

"Clay has introduced many new people to the pleasures of bird watching, with his nonjudgmental and humorous style," says Val Cunningham, Minneapolis Star-

Tribune bird columnist and member of the St. Paul Audubon Society. "And his columns are in the same vein, bringing the world of birds and bird watching to a broad audience."

Christensen estimates he's led
100 bird walks over the years. One example is a nighttime owl search during the annual St. Paul Audubon Warbler Weekend at Frontenac, Minn. Things can get a little dull if the owls aren't cooperating and Christensen uses jokes and puns to Levins Publishing editor Jane Dickerson had read and enjoyed the columns over the years and after listening to Christensen give his highly entertaining "In Defense of Crows" presentation, asked him if he was interested in doing a book. He

"Clay is so friendly and charming and I think that really comes across in the book," Dickerson said

There will be a launch event for The Bird Man of Lauderdale at 7 p.m. on Thursday, Nov. 7, at Micawber's Books, 2238 Carter Ave., St. Paul.

It will also be available at SubText: A Bookstore, 165 Western Ave. N., St. Paul; Chickadee's House, 1771 Lexington Ave. N., St. Paul; Kelsey's Wild Bird Store, 121 Village Center Drive, North Oaks; Wild Birds Unlimited, 2050 Ford Parkway; and online at BirdmanBook.com.

Roger Bergerson writes from his home in Como Park.

commercially obtained plans substances to his clients.

Surprisingly, it wasn't so much his love for the outdoors as an inconsolable baby that showed Alfs the path to his life's work. He's now 56, but in the late 1970s Alfs and his wife were the parents of a colicky infant son.

"We had tried everything," he recalls, but relief didn't arrive until one evening when the family was visiting friends. The baby was so fussy that Alfs and his wife almost packed up and departed for home. At the last minute, their friends made an unusual suggestion.

"Catnip tea," reports Alfs. "They grew it in the backyard." They put a little in the baby's bottle, and the effect on their son was immediate and dramatic.

"He immediately calmed down," says Alfs, recalling that the effect on his wife and himself may have been even more dramatic. "The

plant whole incident made a powerful impression."

A year later, Alfs found lasting relief from a duodenal ulcer in an herbal preparation recommended by a local pharmacist. He had been interested in edible wild plants since his rural boyhood, but now he had found a calling. Over the next few years, Alfs attended an herbal college in Canada and later did advanced work in Chinese herbal medicine. He's been a practicing herbal clinician since the late 1990s.

Alfs describes his work as "complementary medicine" and adds that he never encourages his clients to discontinue or forego standard medical treatment. "Some alternative practitioners think of medical doctors as the enemy," he says. "I think of them as colleagues."

Judy Woodward is a reference librarian with Ramsey County Libraries and a regular contributor to the Park Bugle.

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# 2013 VOTERS GUIDE —

it's your right

Tuesday, Nov. 5, is Election Day. Voters in Falcon Heights and Lauderdale will cast their ballots on a levy referendum for Roseville Area Schools and will choose between four candidates to fill three seats on the Roseville School Board.

Falcon Heights voters will also be asked to choose between three candidates vying for two

at-large seats on the Falcon Heights City Council.

St. Paul voters have four candidates to choose from for the mayor's seat and five candidates running to fill three seats on the St. Paul Public Schools Board of Education. Meet the candidates

### Mayor, City of St. Paul

Four candidates are running for the four-year term of mayor for the City of St. Paul. This will be the first mayoral election in St. Paul to use ranked-choice voting, which voters approved in 2009. Voters will be asked to choose their first, second, third and fourth choice. Voters cannot choose the same candidate for more than one choice. The winner will be the candidate who gets the majority of the first-choice votes on Election Day.

You can hear the candidates at a League of Women Voters forum scheduled for Thursday, Oct. 24, at 7 p.m. at the St. Paul Public Schools Central Office, Rooms A and B, at 360 Colborne St.

We asked the candidates to submit a short biography and tell us what they thought were the biggest challenges facing the city. Sharon Anderson, a retired real estate entrepreneur who filed for candidacy, did not return phone calls or emails, so she is not listed.



#### **Chris Coleman**

Chris Coleman is a lifelong St. Paul resident, attorney and former city council member. He has served as mayor since 2005 and is running for his third term. Born and raised in St. Paul, he earned his undergraduate and law degrees at the University of Minnesota. He worked for a decade as a public defender and prosecutor before going into private practice. Active as a neighborhood leader and activist, including president of a local district council, he won election to the City Council to represent Ward 2. He took office as mayor in 2006.

Why are you running for a third term as mayor? "Seven years ago, I was honored to become the mayor of my hometown. When I started, my daughter, Molly, was 14 and my son, Aidan, was 11. Now they are both off at college. But these last seven years weren't simply a passage of time. They have been an incredible period of change in our city.

"Light rail, after three decades of discussion, is now more than 96 percent complete. Downtown will soon see a Lund's grocery store sell its first bag of groceries. Once-dormant parcels at the Schmidt and Hamm's breweries are now filled with activity as new housing and new businesses rise out of the remnants of those facilities. And, while the story of St. Paul as a brewery town has taken a new direction, it is still strong with Summit Brewery expanding, Flat Earth looking at a new home on the East Side, tap rooms poised to spring up across the city and microbreweries filling the void of the large brewhouse departures.

"Over the last several years, new partnerships have been forged in economic development, regional cooperation, environmental initiatives and education. We know that we are stronger when we act together. The momentum that has been built over these last several years must be sustained. That's why I'm seeking a third term as mayor."

What is the biggest challenge facing the city of St. Paul and if reelected, what would you do to overcome that challenge? "The most important long-term challenge facing St. Paul is closing the achievement gap. One of our top goals must be to work with the school district to become a national model of how to close the persistence of an achievement gap between white students and students of color. Every child, whether born in St. Paul or brought here from another part of the country or the world, must have the same opportunity to reach his or her full potential.

"I have consistently advocated for city government and leaders to take an active role in supporting education. The work that we have done in St. Paul to build a seamless network of out-of-school-time programs is nationally recognized, enabling children to continue learning after the school doors are closed for the day, the weekend or the summer. I have developed a strong working relationship with the school district, so we have been able to integrate our efforts and establish a network of programs that transform education.

"We have also partnered with local businesses to engage students in developing vital workplace skills before graduation as a part of a new initiative called 'Right Track.' Through this new partnership between the City of St. Paul's Youth Job Corps, the school district, Genesys Works and our local business community, students receive valuable career-readiness training and coaching. Participants are eligible for a full summer of career preparation

and college-readiness training and will be afforded the opportunity to partake in a year-long paid internship at one of many local companies.

"Education is my job strategy, my economic strategy and my public safety strategy."



#### **Kurt Dornfeld**

Kurt Dornfeld's campaign tag is "I don't walk their walk or talk their talk." Dornfeld, who goes by the moniker "Dirty Kurty," is a street-maintenance worker for the City of St. Paul. He was born at St. Joseph's Hospital in downtown St. Paul and is a 1977 graduate of Harding High School. Dornfeld says he's neither a Democrat nor a Republican and has voted for candidates from both parties in the past.

Why are you running for mayor? "I am sick of the way politicians are spending our money. Every time they need something, they just give us a tax or a fee.

"Here we are building a stadium and our streets are the crummiest they've been for as long as I can remember. Instead of sticking money into the stadium they should have put it into the streets. I am out on the streets all the time and some of the streets are so horrible, another bad winter like last winter and we're really going to be bumming."

What is the biggest challenge facing the city of St. Paul and if elected, what would you do to **overcome that challenge?** "We need to figure out a way to get businesses

into downtown because it's pretty empty down there. We need to help small businesses and keep business in St. Paul. We have a lot of empty real estate. They built a train that probably won't ever get the money to pay the engineer let alone the cost of it and they don't have a snow plan for that street right now. Right now we put the snow on the tracks. As soon as [the trains] start running, where are we going to put the snow? The street's right on top of the sidewalk. Where are we going to put the snow?

"We need to quit spending so much money and get back to basics, make sure we have a good police department. [With the Saints baseball stadium being built downtown], they are running into more and more problems with that. What are you going to do with the farmers market and the people who live down there? You want people to live down there, but you take away their parking spots.

"I'm not sure that I'm the best politician in the world, but every job I've done I've gotten really good at it. I make sure I have successful people working with me."



#### Tim Holden

Tim Holden has lived in West St. Paul and St. Paul almost all of his life. He graduated from St. Thomas Academy and St. Cloud State University, earning a degree in criminal justice. Holden has worked with special task forces for both the St. Paul and Newport police. He is a licensed realtor and general contractor

and has run his own contracting company for more than 20 years.

Why are you running for mayor?

"I am running for mayor to work for all the citizens of St. Paul. Too often the mayor's pet projects are funded at the expense of our recreation centers, businesses and citizens. The light-rail work on University Avenue persuaded me that someone had to speak for the rest of us. My colleagues and friends convinced me I was that person."

What is the biggest challenge facing the city of St. Paul and if elected, what would you do to overcome that challenge? "I would listen carefully to the people and visitors to our city, work together to work within our budget to keep our streets maintained, bring in livablewage jobs, and work with neighborhoods and communities to ensure educational excellence."

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### 2013 VOTERS GUIDE it's your right

### St. Paul Public Schools **Board of Education**

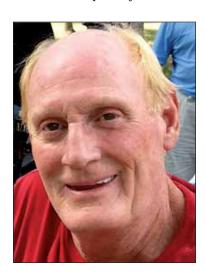
The St. Paul Public Schools Board of Education has three seats open in the 2013 election and five candidates are running. Meet the candidates below.



#### John Brodrick

John Brodrick says he's a product of St. Paul Public Schools along with his two daughters, who graduated from Como Park Senior High School, where Brodrick worked as a teacher and coach before retiring. He worked in St. Paul schools for 34 years and has served on the district's school board for three terms.

What is the biggest challenge in the St. Paul schools and what would you do as a board member to help the district overcome that challenge? "The biggest problem facing the St. Paul Public Schools is the achievement gap in its many iterations. To close these gaps, I am working to ensure that every school is a welcoming place, where students feel safe and can learn, teachers can teach and parents feel comfortable. As a board member I have consistently supported principles and will continue to do so. The details may shift from school to school, but these guiding premises are a consistent pathway to success."



#### **Terrance Bushard**

Terrance Bushard has lived his whole life, 64 years, in the Merriam Park neighborhood of St. Paul. He graduated from Cretin High School in 1967, and the University of Minnesota with a degree in business in 1979. He worked in the printing business.

What is the biggest challenge in the St. Paul schools and what would you do as a board member to help the district overcome that **challenge?** "I filed for school board to advocate for changes in the curriculum being taught to high school seniors. The main change I would make is in the area of instruction about the political

"Here is what our seniors need to know about the political process: that politics is, among other things, an ongoing process through which financial advantages disadvantages are distributed throughout society. They need to know that politicians have distributed some serious financial disadvantages to them in the form of their share of the national debt, currently at \$53,478 per student, and in the form of the 'unfunded federal entitlement liabilities.'

"They need to know that these financial disadvantages are real and they are going to have a depressing influence on their financial futures. And they need to know that the only reason politicians don't have to explain to them why they should be happy to accept these financial disadvantages is because they are not organized for the purpose of insisting

"If elected to the school board, I will develop, at little or no cost, a 10hour course for seniors which I am currently calling, 'The Importance of Financially Accountable Politics,' and I can have the course ready for this year's senior class.

"I believe that if seniors are taught why they might want to organize for the purpose of directly questioning elected officials, especially U.S. senators and representatives, about the financial disadvantages they are distributing to money on direct student instruction. our youth, they just might do it. At I am committed to making

"A course like this could easily be incorporated into a current events or civics course."



#### **Greg Copeland**

Greg Copeland has lived in the Payne-Phalen neighborhood since 1992. A widower since 2008, Copeland was his wife's caregiver for 16 years after she be-

came disabled due to a 1992 auto accident. He worked as city manager for the City of Maplewood and as a public administration consultant. Copeland has a cable TV show on SPNN, "The Greg Copeland Show."

What is the biggest challenge in the St. Paul schools and what would you do as a board member to help the district overcome that challenge? "Boost the high school graduation rate. In 2011, only 64 percent of our St. Paul Public School [seniors] obtained a high school diploma. A failure rate of 36 percent is unacceptable.

"Our community can no longer afford to continue with a status quo public school system, which has for well over 20 years discussed and studied the achievement gap. Two decades of school boards have spent untold millions on consultants, air and hotel travel to send its administrators to costly seminars and conferences, recruited superintendents to convince voters to raise their property taxes in several referendums, and now our St. Paul achievement gap is a national embarrassment.

"In 2013, 44 percent of St. Paul students taking the Minnesota Comprehensive Achievement test were proficient in math, a 3 percent gain from 2010. In science, proficiency was 27 percent in 2013, a 1 percent decline since 2010. In St. Paul, reading proficiency was at only 37 percent for our students on the new 2013 MCA reading test, which is 20 points below the 58 percent of students reading proficiently in Minnesota across all districts.

"The current school board has embarked on a new answer to this achievement gap: Race Equity training for employees of the school district. The board has already spent \$1.2 million on this program run by a California-based consultant.

"The No. 1 priority of our schools should be to spend our least they'll know they have a choice. institutional change. I will listen to those who are not represented on the board, especially people in the two East Side wards, 6 and 7, and the West Side. There is not one resident from these areas, which make up a third of the city, on the school board.

> "In St. Paul, where over 22 percent of our citizens are lowincome, the issues of poverty must be addressed in the education system if we are to be a sustainable city."

#### Jean O'Connell

Jean O'Connell grew up in St. Paul, attended St. Mark and St. Luke grade schools, Our Lady of Peace High School, and graduated from Central High School. She started her career with 3M as an engineer. After years working in manufacturing and quality management, she joined the 3M Foundation and worked with the St. Paul Public Schools, where she volunteered as a tutor, science "visit-

ing wizard," quality coach to a number of principals and teachers, and as a Girl Scout leader. She has two grown daugh-ters and two grandchildren. She and her husband, John, live in the Como Park neighborhood. She is seeking a second term on the school board.



What is the biggest challenge in the St. Paul schools and what would you do as a board member to help the district overcome that **challenge?** "The persistent and predictable gap in achievement between white students and students of color. While many students are achieving a high level of academic success, we must ensure that all students have that same opportunity.

"St. Paul Public Schools is addressing the achievement gap in many ways to meet the differing needs of our students, families and communities. We are providing support and learning opportunities for parents, including Parent Academy, a seven-week program offered free to parents and guardians of our students. Partnering with our community to provide social services in our school buildings is another critical effort. Providing consistent, quality curriculum and instruction and the resources to deliver learning in every school in every neighborhood is key.

"We are providing Racial Equity training to all staff, including all school board members, and are working with each employee to help us identify the underlying causes of racial inequity. Together we can work to change our systems so that all children have an opportunity for greater success. This is not about taking things away from one group of students and giving it to another; it is about rapidly leveling the playing field for all. To be successful in removing racial disparities from St. Paul, we will need help from our entire community.

"School board members must support this important work. The Strong Strong Schools, Communities strategic plan provides a roadmap to significant improvement. We need the entire community—parents, teachers, community and business leaders, city and county officials—to work together to address issues around the racial disparities in St. Paul. I have consistently shown that I can bring people together from our city's diverse communities to address problems together."



Chue Vue

Chue Vue lives in St. Paul's eastside, is married and has five children, three of whom attend St. Paul public schools. Vue is an attorney who has worked in the Frogtown neighborhood for the last six years. Prior to that, he was a research chemist for the U.S. government for 11 years. Vue has volunteered for organizations such as Upward Bound, National Asian Pacific Âmerican Bar Association, Hmong American Bar Association, Lao-Hmong American Veterans Coalition and Hmong American Partnership, among others. He came to the United States at the age of 10, after his family was forced to flee their home in Laos.

What is the biggest challenge in the St. Paul schools and what would you do as a board member to help the district overcome that **challenge?** "The biggest challenge we face is closing the achievement gap in our district. Certain groups in our community are falling behind academically generation after generation. These are typically the poor, single-parent and minority students. Minnesota has consistently ranked nationally near the top academically but has one of the largest achievement gaps in the nation. This is inexcusable and we need to work to narrow or eliminate this gap. We know what works, such as early childhood education, high expectations for all students, or extended hours for those who need the extra help.

"I plan to be a voice for the parents, communities of color and recent immigrants by listening to their concerns and needs. Everyone needs to be involved for us to be successful in our quest—parents, teachers, administrators, the school board, and city, county, state and federal officials. I plan to work hard with all players and stakeholders to find solutions and implement action

"My involvement with different community groups has taught me that we all win if we stop pointing fingers and start working together. St. Paul schools have made great strides, but sometimes there is the perception that the district is not responsive to the community. I can help change

# 

### it's your right

### Roseville Area Schools

Voters in the Roseville Area School District will cast ballots on a proposed school levy to replace the one that will expire in June 2014. The proposed levy would generate \$1,575 per student in operating funds each year and expire in 2022. The district says that if passed, the new levy would not increase current tax levels on homes in the district through 2015, and then taxes would increase with the rate of inflation.

A public hearing on the proposed levy will be held on Wednesday, Oct. 23, at 7 p.m. in the Roseville Area High School auditorium, 1240 W. County

Voters will also cast ballots for three of the four candidates running to fill three four-year terms on the Roseville Area Schools School Board. The League of Women Voters will host a candidate forum at the Roseville City Council chambers, 2660 Civic Center Drive, on Thursday, Oct. 24 at 7 p.m.

Meet the candidates below.



#### Mike Boguszewski

Mike Boguszewski and his wife moved to Roseville from the Chicago area in 1991. They were expecting their first child at the time and chose to live in Roseville because it was in the ISD 623 School District, Boguszewski said. Their real estate agent had given them the rankings of all Twin Cities school districts and Roseville Area Schools was in the top

Boguszewski is director of strategy and growth for Park Nicollet Health Services. Boguszewski is a member of the Roseville Planning Commission and Variance Board. He also works with the Make-A-Wish Foundation of Minnesota, recently moving from the organization's Long Range Planning Committee to the Program Committee. He is a member of the District 623 Involvement and Communication Advisory Council, which provides advice, recommendations and ideas around district communications.

For the last 10 years, he's been active in the East Metro Integration District Site Council and Families Organization. In 2013, he testified at the Minnesota State Legislature on the integration model in place at East Metro and helped to support the move of Harambee Elementary Community Cultures and Environmental Science School into District 623.

What is the biggest challenge in the Roseville schools today? "There are several things we need to address. First, funding. I—as do, I believe, the other candidates—support the levy referendum that will be on the ballot. It's about 15 percent of the annual budget, which if lost would result in a need for possibly irreparable cuts to the district.

"Second, changing demographics and the 'achievement gap.' So-called minority students make up nearly half of the district kids, up from less than 10 percent when we moved here. The challenge lies in addressing the needs of these kids in a way that eliminates the predictability of failure or success tied to ethnicity, while ensuring that we don't leave the broader population of families feeling that their needs are being set aside.

"Third, excellence. There is no more important factor in the success of a community than the quality of its schools, period. It's why most families on the move choose a city; it's why families stay. Roseville schools must get back to that top tier, if we are to make good on our special role for the towns we serve."

What would you do as a board member to help the district overcome that challenge? "I am committed to ensuring that district funds are spent wisely and focused on overcoming these challenges. Dollars concentrated in the classroom, and in initiative that foctor and incent in initiatives that foster and incent family engagement in the education of their children, are top priority. I will push to learn all we can from our newest member, Harambee, and the methods and culture of inclusion of all students that it brings from its successful history as an integrated school. And I will listen to you, to parents and families, to teachers and staff, to the broader community. I will strongly support measures that more meaningful participation and dialogue between the board and those who depend on us as stewards of their children's education."



Kitty Gogins

Kitty Gogins and her husband both attended Roseville schools, graduating from high school in 1976. Their children also graduated from Roseville Area Schools, in 2005 and 2009.

Gogins has served on the school board for eight years, including as board chair several times. She has served on several districtwide committees and represents the district on the East Metro Integration School Board. Prior to joining the board, she was active in the PTA and volunteered in the schools for 14 years.

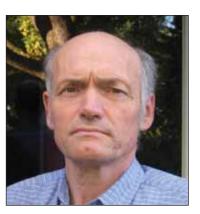
Gogins is a consultant with businesses, nonprofits and government entities. Previously, she worked for Pillsbury, General Mills and CHS in leadership positions in research and development, sales, operations and marketing. She has also served as the executive director of an independent board overseeing employment-training programs in Ramsey County.

What is the biggest challenge in the Roseville schools today? "While Roseville Area Schools provide a solid educational foundation for our youth—our high school is ranked in the top 5 percent of high schools in the nation by U.S. News and World Report—there is room for improvement. I believe the most important challenge is to raise the achievement of all of our students while closing the achievement gap and doing this in a fiscally responsible manner. Our student body continues to grow more diverse in many dimensions—ability level, learning style, race, ethnic background, family life style, religion, home language and we need to make sure each student is held to high standards and provided the education needed for their success in the global marketplace."

What would you do as a board member to help the district overcome that challenge? "I have and will continue to champion raising achievement of all students while closing the achievement gap. I have a track record of supporting policies and programs that build a respectful, equitable, learning environment; provide individualized, personally relevant instruction; offer classes and learning opportunities at the level appropriate for each student; and remove institutionalized barriers to student success. One such program I have supported is Reading Recovery that provides intensive, one-on-one daily reading instruction for 12 weeks to first-graders in the bottom 20 percent of reading skills. At the end of this period, 80 percent of the students' reading skills rise to grade level.

"Another example is better preparing students for Advanced Placement classes in high school and offering a broader selection of such classes.

"I have worked hard to strengthen achievement in a fiscally responsible manner. I have always voted for budgets focused on achievement and a property levy below the amount allowed by law. During my eight years on the board, this has added up to \$10.5 million in lower taxes."



Frank Shaw

Frank Shaw moved to Roseville with his wife and three children in 1993. His children attended Brimhall Elementary School, and two attended Roseville Area Middle School and graduated from Roseville Area High School. Shaw has taught mathematics at Hamline University since 1996.

Shaw served on the ISD 623 School Board from 2007 to 2009 (and was chair in 2008), but did not run for consecutive terms so he could work with Hamline students in England in 2010-11. Along with his time on the school board, he has served on several district committees both before and during his board tenure. That work included evaluating mathematics curricula at the high school and elementary school levels. He was also the board's representative in the teachers' union negotiations in 2009.

While his children were in school, he volunteered at the schools they attended, and after leaving the board, worked exclusively with struggling students, which he says gave him a deeper insight into the problems teachers and students face every day.

What is the biggest challenge in the Roseville schools today? "The demographic shift taking place in our community. When our family moved to Roseville, the schools were pretty homogeneous, white and middle class. That's no longer true (this has been a big challenge for a while, actually), and, in fact, we are nearing the point where white students are a minority in our schools. Many of our veteran teachers they are now performing, one with different opportunities and different pitfalls. The smooth adjustment to current conditions has been and will continue to be a huge challenge, requiring teachers and administrators to relearn their craft continuously."

What would you do as a board member to help the district **overcome that challenge?** "There is no easy answer to this question and no complete answer. The board can support the district's efforts in several ways. I would continue to encourage equity training for everyone and professional developmental work for everyone directly involved in our children's education. I would continue to adjust our policies to be inclusive and protective of the rights and needs of everyone who participates in the work of the

district. I would lobby the Legislature for the proper level of funding and for reason in legislative mandates, given the needs of the community we

"Diversity in our schools has made them more vibrant than they were in the past; this has not happened passively, though, and continued effort will be needed for us to continue to take advantage of this



Mark Traynor

Mark Traynor is married and has two children who are attending Roseville Area Middle School and Roseville Area High School. The family has lived in Roseville for 13 years and are members of Roseville Lutheran Church. Traynor has a law degree and master's degree in public affairs from the University of Minnesota. He is senior vice president and general counsel for a health care

His past civic efforts include serving as chair of the Roseville Area Schools Foundation Board, chair of the Roseville Planning Commission, member of the Brimhall Elementary PTA Executive Committee, ISD 623 Educational Planning Advisory Committee II and Imagine Roseville 2025 Steering Committee, and as a youth sports coach.

What is the biggest challenge in the Roseville schools today? "The most significant challenge facing Roseville Area Schools is ensuring all students are reaching their learning potential in an environment of came into a very different role than changing student and family demographics and limited resources. The achievement gap between students of color and other students is a particularly vexing challenge, but we also must work to engage students at all learning levels to help them achieve."

> What would you do as a board member to help the district **overcome that challenge?** "First, with respect to my leadership style, I am a collaborative, problem-solving leader who would work productively with other board members, district and school staff, parents, and the larger community to listen, gather data and foster the development of solutions that reflect community's best thinking and values.

> > Roseville schools to page 17

# 2013 VOTERS GUIDE

### it's your right

### City of Falcon Heights

The City of Falcon Heights has two at-large City Council seats open and three candidates running for those seats. Meet the candidates below.



### **Keith Gosline**

Keith Gosline is seeking re-election to the Falcon Heights City Council. Owner of Personal Fitness Systems in Roseville, Gosline is a licensed massage therapist and certified health and fitness in our city levy, as well as a 0 dollar specialist. He has lived in Falcon Heights since 2008 and joined the city's Planning Commission shortly after. He was elected to the City Council in

Gosline serves on the board of directors for Northeast Youth and Family Services (NYFS) as a representative of the City of Falcon expect to receive an increase in LGA

Heights. NYFS offers mental health programs to children, individuals and families with a focus on youth and youth-development programs.

What is the city's biggest challenge and how would you address it? "Our city has made much progress in the last four years. We are continually improving our short- and long-term physical, mental, social, environmental, educational and financial health. We spend our money and develop ordinances to reflect our values. Police, fire, streets,

storm and sewer, and parks make up a large bulk of where we spend our annual levy, special levies, and federal and state aid. "We expect a 0 percent increase

transfer from our enterprise funds to our general fund in 2014 due to sharing many services with surrounding cities, receiving grants to keep our city beautiful, active, safe and free of transient disease. We approved a new conduit bond, increasing our city's revenue and and local disparity aid for 2014.

"We have demonstrated consistent and committed leadership to keep our residents healthy. We now have new bike paths with a grant from the Northeast Suburban Campus Connector project, better nutrition for homeowners and businesses through adopt-a-crop, as well as our new relationship with Common Bond and the Pohlad Foundation.

"Our city is moving forward in carbon mitigation and sustainability. We use single-sort recycling, rain gardens, energy-efficient lighting in City Hall and solar panels on top of city hall.

"Our city is demonstrating best practices in storm water management through permeable pavement, new storm water reduction through the Capital Region Watershed District and working toward even cleaner air with help of the University of Minnesota's city carbon footprint analysis project. We are one of the few cities to receive Municipal Street Funding (MSA) due to our consistently high standard of maintenance of our city streets.

"Having four years of city council experience, I continue to actively listen, engage residents to speak their minds and hearts at every opportunity."



#### Pam Harris

Pam Harris is an attorney at Martin & Squires, PA, in downtown St. Paul and has practiced employment law for 35 years. She is currently working on a master's degree in library and information science from St. Catherine University.

Harris has lived in Falcon Heights since 1991 and has been a City Council member since 2005. She has served on the Planning Commission, the Human Rights Commission, has been council liaison to the Parks and Recreation Commission, served for two years as the city representative on the Ramsey County League of Local Governments, served on the Personnel Committee that hired the city administrator, participated in drafting and revising the city's 10-year Comprehensive Plan and has served as a city representative in Roseville Area Schools District 623 initiatives.

Her community activities include membership in the Roseville Rotary, board member of the Friends of the Ramsey County Libraries and board member of ServeMinnesota, which manages Minnesota's Americorps program.

What is the city's biggest challenge and how would you address it? "Maintaining our property-tax position in the bottom two Ramsey County cities.

"In the next few years we face three big expenses: (1) replacing a fire truck, (2) repairing Curtiss Field (with the Capitol Region Watershed District) and (3) continuing program.

'Through creativity and cooperative expense-sharing programs, we have maintained our property tax position in the bottom two Ramsey County cities since I joined the council. It will be a top priority to maintain that.

"We will do it by continuing our intelligent management of city assets; for example: (1) joining a

cooperative purchasing coalition to make sure we get the best price on the fire truck, (2) working directly with the Watershed District to restrain and share expenses, while making sure we accomplish the objective of preventing future flooding in Curtiss Field, and (3) conducting the street-repair program in the manner that best ensures good pricing for our services and also excellent service delivery."



#### Michael W. Thomas

Michael Thomas has lived in Falcon Heights for eight years. He served as a park commissioner for the city from 2006 to 2009. He is a graduate of the University of Minnesota, where he majored in urban planning and geography with a focus on cities and infrastructure.

#### What is the city's biggest challenge and how would you address it?

"Revenues are projected to increase for Falcon Heights in the property tax levy by 7 percent yet general operating expenditures, including the parks and public works expenditures, are increased by over 8 percent. Some of this could be in one-time assessments on properties adjacent to some public works projects. Regular employees' wages are increasing an average of over 6 percent. That 6 percent is not in line with market trends in the public sector.

"Rather than raising revenues implementation of our street-repair and growing into those new revenues, perhaps we should make good attempts to be more responsible and efficient with our resources and attempt to reduce tax increases on Falcon Heights residents."

> Thomas says that if elected, his top priorities would be preserving the city's parks and establishing a dog park at the Minnesota State Fairgrounds.

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#### LIVE

The Park Bugle prints obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal at mary mergenthal@gmail.com or call 651-644-1650.

#### Warren Aamodt

Warren F. Aamodt, 77, of Crystal River, Fla., formerly of Falcon Heights, died unexpectedly on Sept.

He was the 40-year owner of American Auto Trim of St. Paul and a former member of Forest Hills Golf

He is survived by Darleen, his wife of 58 years; daughters, Kim (Michael) Ďuethman and Lynn (Craig) Rohrbacher; son, Dean (Jeanne); seven grandchildren; and brothers, Richard (Sally) and Gerald (Adelaide).

Memorial services were held in Florida and at Roseville Memorial Chapel on Oct. 6.

#### **Elizabeth Anderson**

Elizabeth Ruth Anderson died Sept. 24. Born on Oct. 8, 1918, she was the oldest of seven children of Camburn and Ruth Shephard, who homesteaded near Crystal, N.D.

Liz, as she preferred to be called, began her schooling in a one-room schoolhouse and boarded to complete Crystal High School, where she starred as a basketball player. Liz graduated from Mayville State Teachers College in Mayville, N.D., where she met her husband of 54 years, Roy Anderson.

They had five children. Elizabeth and Roy spent years working in schools and in support of children. Elizabeth was active in St. Anthony Park Lutheran Church, the community and neighborhood both before and following Roy's death in

Her son, Dick, preceded her in death in 2003. She is survived by four children, Lynne, Judy, Gregg and Mark; nine grandchildren; 19 great-grandchildren; two sisters, Joyce (Gee) and Donna (Rutford): and a brother. Albert.

A private family service was held, with burial at Fort Snelling National Cemetery.

#### Anthony Bell

Anthony (Tony) Bell, 34, formerly of St. Anthony Park, died unexpectedly on July 20, with his wife by his side.

Tony was born on Nov. 7, 1978. He went to grade school at St. Anthony Park Elementary, middle school at Murray Junior High, and graduated from Central High School in 1995. Tony attended the University of Minnesota before receiving a degree in media technologies from Brown Institute.

Tony loved adventure and lived his life to the fullest. His greatest joy was his two sons, Wyatt, 2 1/2, and Waylon, 1. He traveled whenever possible, played in bands on and off, pursued photography and was a fabulous cook. Tony married Emily Taragonski-O'Brien on May 26 of this year and their two sons participated in the ceremony.

Tony was best known for the unconditional love he had for his family and friends and his generous, fun-loving nature. Tony is survived

by his wife and sons; parents, Roy grandmother, Diane Fay; grandfather, Archie DuCharme; mother-in-law, Virginia Hedges; and father-in-law, Joseph O'Brien.

Jeff DuCharme, special uncle to Tony, was unable to make the funeral due to military obligations in Afghanistan; his absence was felt by his family. Tony will be greatly missed by all that knew him; his generous, loving spirit will be carried on through his children.

Memorials can be mailed to Diane Fay at 3 Round Lake Trail, Little Canada, MN 55117.

#### **Bonnie Blackmore**

Bonnie Marsh Blackmore, 71, died Sept. 12. She attended Tilden Grade School in Como Park; graduated from Murray High School in 1959; received a degree in journalism at the University of Minnesota in 1964; served as editor-in-chief of the Minnesota Daily in 1963–64; received her master's degree in journalism at the U in 1971; and was past president of the Minnesota Jung Association.

She was preceded in death by her son Ronald Cameron, and former husband, Ronald. She is survived by daughters, Jenny (Kevin Wall), Boulder, Colo., and Leah, White Bear Township; son, Murray (Dawn), Milwaukee, Wis.; brothers, Dan and John Marsh; three grandchildren; and dear friend David

A memorial celebration was held Oct. 6 at First Congregational Church of Minnesota.

#### **Antoinette Bossard**

Antoinette M. "Toni" Bossard, 95, of Como Park, died Sept. 16. She was preceded in death by her husband, Raymond; two brothers; Nick and Mike; and a sister, Christine. She is survived by two sons, Richard (Rita) and Larry (Sharon) of Casper, Wyo.; and two grandchildren.

Mass of Christian Burial was celebrated Sept. 20 at Holy Childhood Catholic Church, with interment at Resurrection Cemetery.

#### **Gerard Cafesjian**

Gerard L. Cafesjian, a major benefactor behind efforts to save the Minnesota State Fair Carousel that is now in Como Regional Park, died Sept. 15 in Florida at the age of 88.

executive Cafesjian, president in charge of marketing and advertising at West Publishing in St. Paul, gave more than a half million dollars to keep the carousel in Minnesota. At first the carousel was refurbished and relocated to St. Paul's Town Square and then was put into storage. It was renamed after Cafesjian and moved to Como Park in 2000.

#### **Eugene Giefer**

Eugene W. Giefer, 72, of Como Park, died Oct. 3.

He was preceded in death by his and Theresa; sister, Nicole; wife, Mary Jo, and son Gene. He is survived by two sons, Ron (LeAnn) and Chris (Kim); grandchildren; a sister, Mary Schroeder (Carl); two brothers, Jack and Dan (Sharon); and close friend Sandy.

Mass of Christian Burial was celebrated Oct. 11 at Holy Childhood Catholic Church, with interment at Resurrection Cemetery in Mendota Heights.

#### **Audrey Holland**

Audrey W. Holland, 96, of Falcon Heights, died Sept. 18. She was preceded in death by her husband,

She is survived by her children, Bob (Bonnie), Michael (Lenora), Barbara: Keith and grandchildren; and three greatgrandchildren.

Interment was at Fort Snelling.

#### Mary Lou Juhnke

Mary Lou Juhnke, 85, of Como Park, died peacefully on Sept. 14. She was born in Plainview, Minn., and graduated from Plainview High School. She moved to Rochester, Minn., and went to Kahler School of Nursing at Mayo Clinic.

She met her future husband, William, in Mankato, Minn., while nursing there.

She was preceded in death by two brothers and her husband. She is survived by two daughters, Elisabeth (Beth) Anthony and Mary (Dan) Hobbs; eight grandchildren; one great-grandson; and two brothers.

A memorial service was held at Lyngblomsten Chapel on Sept. 26, with interment for her and her husband at Greenwood Cemetery, Plainview.

#### **James Moses**

James J. Moses, 97, of Roseville, died Sept. 20. He and his wife had lived in Roseville for 56 years.

He was preceded in death by his wife of 74 years, Dorothy, and sister, Mary Arendt. He is survived by his sons, Jim (Nancy) and John (Barb); grandchildren; five greatgrandchildren; and sister-in-law, Betty Rykel.

His funeral service was held Sept. 26 at Falcon Heights United Church of Christ, with interment at Fort Snelling National Cemetery.

#### Mildred Schmidt

Mildred "Millie" Schmidt, 94, of St. Anthony Park, died Oct. 7.

She was preceded in death by her husband, Joseph. She is survived by her children, Nancy Bergquist, Ron (Mary) Schmidt and Janet Schmidt; six grandchildren; 11 greatgrandchildren; and one great-great grandson.

Mass of Christian Burial was celebrated Oct. 10 at St. Cecilia Catholic Church, where she had been a longtime parishioner, with interment at Fort Snelling.



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#### **"Hugo" 1-3 p.m.** Thursday, November 14, at SAP Library

An orphaned boy secretly lives in the walls of a busy Paris train station and looks after the clocks. He gets caught up in a mystery adventure when he attempts to repair a mechanical man.

Starring Sacha Baron Cohen, Ben Kingsley, Asa Butterfield. PG.

For more information, call the SAP library at 651-642-0411 or visit www.sppl.org. 2245 Como Ave.

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#### **Business News**



Mark Lange, owner and manager of the Minnesota School of Bartending Photo by Roger Bergerson

### Mixology, schmixology

After 45 years, Minnesota School of Bartending stays its course: bartending

By Roger Bergerson

There are privately operated career schools around that teach a variety of skills, among them, cosmetology, horseshoeing and piano tuning.

And just east of Highway 280, there's a place where you can learn to make mood-altering concoctions like chocolate martinis, purple hooters and peach kamikazes.

The Minnesota School of Bartending is celebrating its 45th year at 2426 W. University Ave., the only such school in the state and one of a very few in the Upper Midwest. It's licensed by the State of Minnesota and has an A+ rating with the Better Business Bureau.

The school was founded by Dick Lange, a bartender at Luigi's, a popular downtown St. Paul watering hole, who conceived of a new approach to bartender training.

"My dad had been to bartending school in Los Angeles and found the experience unsatisfying," said Mark Lange, owner and manager of the Minnesota School of Bartending. "His idea was to use oneon-one, behind-the-bar training, rather than group or class teaching.

The school has remained true to the hands-on vision of Dick Lange, who died in 2008. Students train at one of 30 professional bar stations under the tutelage of instructors who are all veterans of the bar business.

It's self-paced learning, although students typically finish the course in 25 to 35 hours. The test for graduation—there were 800 graduates last year—includes filling multi-drink orders quickly and efficiently.

Nearly 40 percent of enrollees are college students, working their way through school, Lange said. "It's really the ideal part-time job, because you can structure it to fit your schedule."

Some people who are employed full-time use bartending to supplement their income. Others who have been laid-off try it as a second career. And there are those who make it a full-time profession from the beginning.

The Minnesota School of Bartending offers lifetime placement service and several hundred taverns, sports bars, restaurants, hotels and country clubs rely on it for references. (By networking with counterparts elsewhere, the school can place students in jobs around the country.)

"Private events and parties also present an attractive opportunity and many people choose to work them exclusively, because the tips are great," Lange said.

Besides the basics of drink making, the school offers training in bartending-related skills such as mastering the latest cash register technologies. Students are also

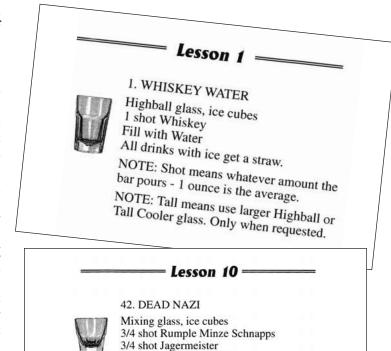
awareness and dram shop liability

"We emphasize friendly but professional customer service," Lange says, "and we set the bar high, because we want the bars to keep calling us."

The drinks mentioned early on in this story are popular with the younger set, so students at the Minnesota School of Bartending learn how to make them. But Lange said the school doesn't teach the kind of bottle-juggling, cocktail shakerflipping showmanship popularized by the 1988 Tom Cruise movie, Cocktail.

"Some bars encourage flair bartending, as it is known, though most don't. People can learn that elsewhere," he said, making it clear his enterprise isn't going to be renamed the Minnesota School of Mixology any time soon.

out more instructed in alcohol www.mnschoolofbartending.com.



Shake and strain into Nervous glass



### **Business News**

### A new opportunity to get F.I.T.

The F.I.T. Lab workout center has past 10. In all, there are five regimen. opened its doors at 1565 Como Ave., accredited trainers at the fitness the

that F.I.T. is an acronym for fitness, innovation and transformation. A weight aspirant, Minor has been a physical education teacher for more than 15

Snelling Avenue center, including Minor's wife, Jamie.

The F.I.T. Lab offers one-on-Owner Tyrone Minor explains one and group sessions in what are typically high-impact workouts lifting and cardio former track athlete and Olympic training—customized to the needs and abilities of the participants. Classes also are available for those years and a personal trainer for the seeking a less intensive conditioning

**CommonBond's Paul Fate** 

named to LISC Hall of Fame

Paul Fate, CEO and president of

CommonBond Communities and a

resident of St. Anthony Park, was

honored at an awards ceremony

sponsored by LISC (Local Initiatives

Support Corporation) on Oct. 9.

Fate received the Hall of Fame award

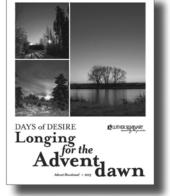
for his years of service.

"Although we work with athletes to develop their strength, speed and agility," Minor said, "our overall goal really is to help everybody get fit.'

Want more information? Contact Minor at 612-916-0930 or check out the F.I.T. Lab website at thefitlabinc.com.—Roger Bergerson

# Advent 2013 Devotional

**Luther Seminary invites** you to use this year's Advent devotional, "Days of desire: Longing for the Advent dawn" for personal or congregational use. The devotions, penned by seminary pastor Laura Thelander, '97, will be available online on or before Nov. 11.



We hope you enjoy "Longing for the Advent dawn!"

Questions: Email semrel@luthersem.edu

www.luthersem.edu/advent

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#### **Business Briefs**

#### **Buell Consulting moves to Energy Park Financial Center**

Buell Consulting moved into Wellington Management's Energy Park Financial Center, 1360 Energy Park Drive, in October.

Buell Consulting, which has more than 21 years of experience in telecommunications services, provides cell site acquisition, zoning, permitting, right-of-way agreements and wireless zoning ordinance redrafting. Buell Consulting also offers expertise in real estate acquisition and in project and construction management.

The firm moved into its new 4,955-square-foot office space in mid-October.

Wellington Management is a St. Paul-based commercial property developer and property manager. The company was established in 1984 and manages more than four million square feet of commercial space in the Twin Cities.

#### The following are a few of the remarks made by LISC in

acknowledging Fate's contributions and achievements, which include serving as the first executive director of the Twin Cities LISC: "Paul's leadership has helped grow key organizations that are now important parts of the community development

'fabric' in the Twin Cities region. . . .[H]e put in place a set of key relationships. practices and approaches that have fundamental to its ongoing success. .

. . Paul has consistently demonstrated the unique ability to garner

knowledge and ideas from across the country, then tailor those in innovative ways to best serve the constituents of Twin Cities organizations. And he never forgets that the most effective planning and implementation involve diverse

people and wide-ranging opinions. "Over the years, community developers could not have asked for a more steadfast advocate of the unique role they play in building and sustaining strong communities and a competitive region."

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#### Roseville schools from 13

"Second, to help close the achievement gap, I would support the district's efforts to try different ways to reach challenged students, measuring the effectiveness of initiatives to determine which programs to expand and which to stop doing. I also would support teachers and district leaders in enriching their understanding of racial and cultural differences and provide opportunities to strengthen their relationships with students and their families.

"Third, in working to engage students at all achievement levels, I would focus on initiatives that encourage individualized learning and instruction. Learning technology

could be an important tool, when applied with teacher training and aligned curriculum, to reach students in a more individualized way, and I would support the district to move toward being a 'fast follower' in the effective use of learning technology."



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### NOVEMBER

# Fvents

Venue information is listed at the end of the calendar. Send your events to calendar@parkbugle.org by Nov. 6 to be included in the December issue of the Bugle

#### 1 FRIDAY

First Friday Contra Dance, Celtic Junction, 836 N. Prior Ave., 7-10 p.m. No experience necessary. Call Adam Granger, 651-646-3732, for more information.

#### **5 TUESDAY**

Baby Lapsit Storytime, St. Anthony Park Library, 10:30-11 a.m. every

St. Anthony Park Garden Club meeting, "How Climate Change May Affect Minnesota Ecosystems," presented by Dr. Jeffrey Corney, managing director of the University of Minnesota's Cedar Creek Ecosystem Science Reserve, St. Matthew's Episcopal Church Fellowship Hall, 2136 Carter Ave. Business meeting, 6:30 p.m.; social time, 7-7:15 p.m.; program starts promptly at 7:15 p.m.

#### **6 WEDNESDAY**

St. Anthony Park Book Club, "The Lighthouse Road" by Peter Geye, St. Anthony Park Library, 6:30-8 p.m.

English Conversation Circles, St. Anthony Park Library, every Wednesday, 4-5:30 p.m.

#### 7 THURSDAY

Domestic & international adoption information session, CHLSS, 6-8:30

Tour Korea 2014 information session, CHLSS, 7-8:30 p.m.

#### 8 FRIDAY

Preschool Storytime, St. Anthony Park Library, 10:30-11:30 a.m. every Friday except Nov. 29.

)omo Kose°

#### 9 SATURDAY

Tour Korea 2014 information session, CHLSS, 10-11:30 a.m.

#### 11 MONDAY

Veterans Day, public libraries are

Bishop Bill Torvund to speak on "Breath of the Divine: The Sacred Tradition of Higher Intuition and Initiate Experience," an introduction to the Nov. 24 workshop (see entry at right), Spirit United Church, 7-9 p.m. Free refreshments and parking in the lot east of the church. \$10 suggested donation.

#### 12 TUESDAY

Adoptive Parents Group for parents whose adopted children are now adults, CHLSS, 6-8 p.m.

Adoptive Parents Group: Minnesota's Waiting Children, for parents who adopted children through Minnesota's foster care system, CHLSS, 6:30-8:30 p.m.

#### 13 WEDNESDAY

Preschool Mandarin Chinese Storytime, St. Anthony Park Library, 3-3:45 p.m.

#### 14 THURSDAY

St. Anthony Park Senior Cinema Series, "Hugo," St. Anthony Park Library, 1-3 p.m.

St. Paul Audubon program: Grasshopper Sparrows in Decline presented by Lisa Harn, Fairview Community Center, free and open to the public.

#### **16 SATURDAY**

Minnesota's Waiting Children Information Session, CHLSS, 10 a.m.-

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#### **18 MONDAY**

Neighborhood Sing, second floor, Olson Campus Center, 7 p.m., all

#### 23 SATURDAY

Domestic & international adoption information session, CHLSS, 9-11:30 a.m.

#### 24 SUNDAY

Workshop: "Breath of the Divine: The Sacred Tradition of Higher Intuition and Initiate Experience," led by Bishop Bill Torvund, sponsored by the Theosophical Society, Spirit United Church, 2-6 p.m., \$30 students, seniors, and members, \$35 for other adults. \$40 for couples and families.

Sunday Afternoon Book Club, "The Call of Stories: Teaching and the Moral Imagination" by Robert Coles, Micawber's Books, 2:30 p.m.

#### 28 THURSDAY

Thanksgiving Day, public libraries are

#### **BLOCK NURSE EXERCISE**

St. Anthony Park Area Seniors block nurse exercise classes meet at these times and places:

Tuesdays and Fridays, St. Anthony Park Library, 3-4 p.m.

Mondays and Thursdays, Seal High Rise, 12:30-1:30 p.m.

Wednesdays, St. Anthony Park United Methodist Church, 10:30-11:30 a.m.

#### Lauderdale City Hall classes

Mondays, 1-2 p.m., Nov. 4 & 18

**Tuesdays**, 11-noon, Nov. 12 & 26

**Thursdays,** 11-noon, Nov. 7, 14 &

#### **VENUE INFORMATION:**

CHLSS (Children's Home Society and Lutheran Social Services), 1605 Eustis St., 651-646-7771

Fairview Community Center, 1910 W. County Road B, Roseville

Lauderdale City Hall, 1891 Walnut St., 651-631-0300

Micawber's Books, 2238 Carter Ave., 651-646-5506

Olson Campus Center, Luther Seminary, Fulham Street and Hendon

Seal High Rise, 825 Seal St.

Spirit United Church, 3204 S.E. Como Ave., Minneapolis, 651-235-

St. Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Matthew's Episcopal Church, 2136 Carter Ave., 651-645-3058





### **Neighbors**

#### Fair trade holiday gifts sale

Handicrafts and food items from around the world will be on sale at the North Como Holiday Fair Trade Market Saturday and Sunday, Nov. 2-3, at North Como Presbyterian Church, 965 W. Larpenteur Ave., Roseville.

The market will run on Saturday, 9 a.m.-4 p.m., and Sunday, 11 a.m.-2 p.m. Items for sale will include knit products, jewelry, embroidered greeting cards, chocolate, cocoa, tea, and American Indian grown and harvested wild rice, jams and syrups. A light lunch will be available on Saturday, Nov. 2.

More information go to northcomochurch.org or call 651-488-5581.

#### Piano, cello recital at Cabrini **Catholic Church in November**

Rebekah Richards and Nickolai Kolarov will present a piano and cello recital of American and Eastern European music on Sunday, Nov. 17, at 1:30 p.m. at Cabrini Catholic Church, 1500 S.E. Franklin Ave., Minneapolis. The concert will include Beethoven's "Cello Sonata No. 4," Zoltan Kodaly's "Cello Sonata No. 1," Samuel Barber's "Excursions for Solo Piano" and pieces for solo cello and cello and piano by Bulgarian composers.

The concert is free with a freewill offering taken in support of Twin Cities Habitat for Humanity.

Kolarov is the founder of the Balkanicus series for Balkan new chamber music, which has performed throughout the Twin Cities.

Richards is a piano teacher in the St. Anthony Park neighborhood and director of the Piano Lab School at Gustavus Adolphus College, where she has taught theory and applied

#### Rec center news

You can register now for boys and girls basketball at Northwest Como Recreation Center or Langford Park for boys and girls ages 3-14. Registration is first come, first served. To register, go to stpaul.gov/parks, or visit or call the rec centers. Northwest Como, 1550 N. Hamline Ave., is open Monday through Thursday, 3-8 p.m., and Friday, 3-6 p.m. The phone number is 651-298-5813. To register at Langford, call 651-298-5765 or visit the center, 30 Langford Park, Monday to Wednesday, 2-8 p.m.; Thursday, 9 a.m.-8:30 p.m.; or Friday, 2-6 p.m.

Northwest Como is also offering Tae Kwon Do for ages 6 and up on Tuesdays and Thursdays and Babysitting Training for ages 11 and older, on Friday, Nov. 15.

The Southwest Area Halloween Party will be held at Palace Recreation Center, 781 Palace Ave., St. Paul, on Saturday, Oct 26., 11 a.m.-1 p.m. The event is free and is intended for children ages 10 and

#### Eat dinner with Santa at Langford It's not too early to think about

dinner with Mr. and Mrs. Claus, which will be held Friday, Dec. 6, 5:30-7 p.m. at Langford Recreation Center, 30 Langford Park. The event includes a spaghetti dinner, a holiday

Free admission and parking
For more informat
www.weaversguildmn.org.

craft project, cookie decorating, face painting and, of course, a visit with the Santa and Mrs. Claus (bring your camera).

The cost is \$5 per person or \$25 maximum per immediate family. Ages 2 and under are free. Register at www.stpaul.gov/parks (it is activity no. 11080) or call 651-298-5765 or visit your local recreation center to sign up.

#### **Hamline United Methodist Church hosts barn dances**

Hamline United Methodist Church, 1514 Englewood Drive, is hosting a family square dance with a band and caller in October and November. All ages are welcome and no experience is necessary.

The dances will be held on Saturdays, Oct. 26 and Nov. 23, 6:30 -8:30 p.m. Cost is \$5 for individuals and \$15 for a family. Snacks will be available for purchase. For more information, contact Jean at 651-771-8421 or thilmanyj@yahoo.com.

#### Weavers Guild to host annual sale

The Weavers Guild of Minnesota is hosting its 39th annual artist sale on Friday, Nov. 8, to Sunday, Nov. 10, at the Northrup King Building, 1500 N.E. Jackson St., Minneapolis. Hours are Friday, Nov. 8, 10 a.m.-7 p.m.; Saturday, November 9, 10 a.m.-5 p.m.; and Sunday, Nov. 10, noon-4 p.m. The sale will include handmade items from local fiber artists, such as scarves, bags, rugs, linens, hand-spun yarn and more. Free admission and parking.

For more information visit

#### St. Kate's Choral Society concert

The St. Catherine Choral Society is celebrating its 20th anniversary with a concert entitled "Sing for Joy" on Nov. 17 at 3 p.m. in the O'Shaughnessy Auditorium. The performance will feature Baldassare Galuppi's "Magnificat" and conclude with the finale of Beethoven's Ninth Symphony, "Ode to Joy." Tickets are \$10 for adults and \$5 for students and may be purchased at the O'Shaughnessy box office.

#### Earn Scout badges and more at **Maplewood Nature Center**

Scouts can work to earn their wildlife badges on Saturday, Nov. 23, at Maplewood Nature Center, 2659 E. Seventh St., Maplewood. The center will have hands-on learning stations set up 10 a.m.-noon and 1:30-3:30 p.m. Scouts will be able to identify common Minnesota wildlife and their signs, hike with binoculars to spy on critters in the wetland and woods, and learn about shrews, bats and birds. The nature center will not provide the badges. The fee is \$4 per child. Scout leaders should call 651249-2170 to make reservations by 19 or go https://activenet004.active.com/map lewoodmn.

Children ages 2-8 can learn about wild turkeys and other winteractive animals, gather acorns for winter, touch and feel animal feathers and fur, and explore all that a Minnesota autumn has to offer on Wednesday, Nov. 27, at 10:30 a.m. The event is free. You can register by calling 651-249-2170 or go to https://activenet004.active.com/map lewoodmn.

#### **Hamline University Theatre opens** season with 'Our Country's Good'

Hamline University Theatre opens its 83rd season with "Our Country's Good," directed by Jeff Turner. Tickets are \$2-\$8 and performances are at 7:30 p.m. on Friday, Nov. 1; Thursday and Friday, Nov. 7 and 8; and Saturday, Nov. 9; and at 8 p.m. on Saturday, Nov. 2.

For reservations contact the Hamline University Theatre Box Office at 651-523-2905 or tickets@hamline.edu.



St. Anthony Park's Troop 17 Boy Scouts make their own Christmas wreaths every year as part of their fundraising activities. If a scout didn't get to your door this year, email the troop at troop17info@gmail.com or buy one at Speedy Market starting Nov 23rd.

Help a scout earn his way to camp!



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### **SOURCE COMICS & GA**







### The village that built a playground

Monkey Island fans gathered at the new playground at 2260 Hendon Ave. in St. Anthony Park on Oct. 15 to cut a shiny gold ribbon and officially open the new facility. Deanna Seppanen (holding the scissors) and a group of neighbors spearheaded the effort to raise funds to build a new playground to replace the 1960sera equipment that was stripped from the park by the City of St. Paul's Parks and Recreation Dept. without public notice in spring 2012. Through contributions from area residents (including \$5,000 in seed money from June Estelle, whose children and grandchildren played at that park), grants from the BNSF Foundation, St. Anthony Park Community Foundation and Sunrise Banks, and working with the city, the park was landscaped and swings, a slide, a jungle gym, benches and a picnic table were added. The park is now officially open for business. Photo by Lori Hamilton













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Hmong College Prep Academy's 78,300-square-foot addition will house the school's 450 high school students. Photo by Kyle Mianulli

### Hmong academy seeks LEED certification for new addition

By Kyle Mianulli

The Hmong College Prep Academy in Como Park is thinking green as it expands to accommodate its rapidly growing student body. The K-12 charter school at 1515 Brewster St. is seeking LEED certification for the \$12.8 million, 78,300-square-foot addition that opened this year.

Designed by the Minneapolisbased Kodet Architectural Group, Ltd., the expansion will house the school's 450 high school students.

Superintendent Christianna Hang says by pursuing the highly regarded Leadership in Energy and Environmental Design (LEED) certification, the school hopes to further promote the good stewardship and environmental mindfulness already a part of the everyday classroom experience.

"We want to teach students and we want the community to know that we care about the environment and we care about the community and what happens here," Hang says.

The design relies on a number of features to achieve the requisite goals for LEED certification.

Compared to a typical school design, the renovation was planned to reduce overall power consumption by 10 to 15 percent, to reduce water use up to 40 percent, to capture and clean 100 percent of storm water, and to use environmentally friendly interior materials, according to a release from Kodet.

A permeable paving system with underground infiltration basins that capture storm water, all-native landscaping that requires no irrigation and high-efficiency plumbing fixtures will all help reduce water use, according to Kodet.

Large classroom windows

complement an energy-conservation program the building participates in through Xcel Energy. Using computer models, the program documents energy consumption and identifies strategic areas to invest in energy-efficient upgrades.

A centrally located 477-seat theater is another one of the new building's main features. It offers a full stage, green room, production area and other amenities that complement the school's fine arts offerings.

Though the school still lacks outdoor playfields for some of its 10 varsity and junior varsity sports, Hang says that is in the works, as

The renovation was financed by a combination of private investors and bonds issued by the City of St. Paul. Because charter schools are not allowed to own their buildings, Hang and her husband, Pao Yang, who is the academy's chief operating officer, started a nonprofit to buy and renovate the building in 2006.

Since its first year of operation in 2003, when 200 students were enrolled, the school has experienced rapid and steady growth.

This is the third renovation for HCPA since moving from Minneapolis to its current location in 2006. During that time, enrollment rates, according to Hang. has ballooned to nearly 1.150 students. The school's plan is to have 1,230 students by 2018, Hang says.

Hang decided to start the academy, which began as a high school only, while working in the Twin Cities public schools.

"I saw a lot of kids just really dropping out of school, definitely not interested in finishing middle school

maximize use of natural light and or high school," she said. "I went to the community and said, 'I had 50 kids in my class last year, but this year I only saw 25 come back. We have to do something about these kids."

That's when she decided to found HCPA. She wanted to start a school that wouldn't allow disenfranchised students to fall through the cracks. That involved establishing a culture that is both strict and caring.

There is no hiding at HCPA, Hang says. "Here, when you come, everybody knows your name and everybody knows how you perform. We make sure that kids . . . know that we expect them to achieve."

For some students at HCPA, that's a new expectation. Some students have been kicked out of their previous school where they might have attended class five days out of the year, says Hang.

"Here they go to school at least 95 percent of the time and that's because they feel like they're important. They're wanted, and they feel like somebody is finally paying attention," she said.

As a designated Title 1 school, a high percentage of students at HCPA from economically disadvantaged households. Eightyfive percent of the high school students receive free or reduced lunch

Though the school was identified as one of the state's 34 worst performing in 2009, they are designated as a Celebration Eligible school, meaning they rank in the top 25 percent of Title 1 schools in the

"That tells you that we really focus on student achievement,' Hang says.

The graduation rates at HCPA are notably higher than their public school counterparts. According to the St. Paul Public Schools Data Center, 66 percent of students graduated districtwide in 2012, while 73 percent graduated at HCPA, as shown in the school's 2011-12 annual report. In 2011 the school had an 80 percent graduation rate.

"We have a lot of work to do, but I think we will get there," Hang





#### **School News**

The Bugle welcomes news about students and schools in the area. The deadline for the next issue is Wednesday, Nov. 6. Send your news to editor@parkbugle.org.

#### **Chelsea Heights Elementary**

1557 Huron St., 651-293-8790 www.chelsea.spps.org

#### Local restaurants host fundraisers

The Chelsea Heights PTO has a number of fundraisers coming up. Davanni's, 1905 W. Perimeter Drive, Roseville, will donate a portion of its sales on Thursday, Oct. 24, 4-8 p.m., and again on Thursday, Nov. 21. Freestyle Yogurt in HarMar Mall will host an event on Monday, Nov. 4, 3-9 p.m. The shop, which is located next to Smashburger on the north end of the mall, will donate 15 percent of sales from the fundraiser. St. Paul Bagelry and Deli, 1702 N. Lexington Parkway, will donate 10 percent of its day's sales from Thursday, Nov. 14.

#### Conferences are coming up

There will be no school on Monday, Oct. 28. Parent-teacher conferences will be held on Friday, Nov. 15.

#### Como Park Senior High

740 Rose Ave., 651-293-8800 *www.comosr.spps.org* 

#### **Commended students**

Four Como Park seniors have been named Commended Students in the 2014 National Merit Scholarship Program. This honor is based on scores from the students PSATs, taken in October 2012. Congratulations to Jacob Cohen, Zachary Lee, Elliot Moorman and Stryker Thompson.

#### **AP Scholars**

Two lists of Advanced Placement scholars were left out of the October school news: the AP Scholars with Distinction, which is granted to students who receive an average score of at least 3.5 on all AP exams taken and scores of 3 or higher on five or more of these exams, and the 2013 National AP Scholars, students who

receive an average score of at least 4 on all AP exams taken and scores of 4 or higher on eight or more of these exams. All Como Park AP scholars will be honored at a reception on Oct. 28 at 4 p.m. in the school library. The lists left out of last month's paper are printed below.

AP Scholars with Distinction: Connor Burke, Scott Chase, Jacob Cohen, Lillian Coyne, Benjamin Hartmann, Lucjan Januszewski, Ian Johnson, Luke Larson, Zachary Lee, Jonah Leurquin, Isak Linstrom, Anastasia Macey, Douglas McCune-Zierath, Natasha Miller, Gabriel Ngam, Makiki Reuvers, Jessye Rodgers, Dylan Schmidt, Alec Shinomiya, Stryker Thompson, Thorbjorn Will and Kathryn Yetter.

2013 National AP Scholars: Benjamin Hartmann, Ian Johnson, Natasha Miller, Gabriel Ngam, Makiki Reuvers and Stryker Thompson.

Junior and senior mentors help freshmen transition to high school Juniors and seniors at Como Park

Juniors and seniors at Como Park have been paired with freshmen to help new students make a smooth and successful transition into high school. Como Park's mentoring program had its first meeting in September with 120 mentors and mentees in attendance. Participants meet every Thursday in the school cafeteria during the first part of the Empower Hour, from 1-1:30 p.m. A mentoring advisory board of 12 students meets monthly to help plan events for the large group. So far, participants have held an outside game day, gone bowling and visited the Walker Art Center.

#### Debate team takes first place

Como Park's varsity debate team, Yassin Ahmed and Stryker Thompson, took first place at the Southside Classic debate tournament at South High School in Minneapolis. In addition, Stryker won third-place speaker, an achievement made even more exciting because the top 12 speakers won a free trip to Dallas to

#### Como Cougars are going to state!

The Como Park boys soccer team won the St. Paul City Conference Championship and is heading to the state tournament after beating Blake School on Oct. 15. The Cougars are heading to the top tourney with a record of 16-0-3.

At press time, state tourney brackets weren't finalized. Playoffs begin Wednesday, Oct. 23. The first game is played at a neutral location, with semi-final and final matches at the Metrodome. Check the state high school league website for game details: mshsl.org. This is the second consecutive year that the Cougars won the city conference and the third win in the last five years.

This season's team was led by All-Conference co-captains Zach Lee, who led the defense, and Will Kidd, who led the team in scoring with 18 goals and nine assists. Joining them as All-Conference selections were Hsa D Moo, Seik Seik and Doug McCune-Zierath. All-Conference Honorable Mention was earned by Thor Will, Jacob Cohen and Abdikarin Diriye.

This season's varsity team was extremely hard-working and unselfish with every player making significant contributions to the team's success and fun times, according to coach Eric Erickson. The younger Como boys soccer teams also saw success this year. The Junior Varsity finished the season with a record of 13-2-1 and the C-Team finished at 9-3-2.

participate in a public economic debate sponsored by the Bush Institute for a chance to win up to \$20,000 worth of scholarships.

#### Murray Middle School

2200 Buford Ave., 651-293-8740 www.murray.spps.org

#### Parent forum

Murray Parent Association will host a parent forum entitled "Our Cyber World" on Monday, Nov. 4, at 7 p.m. in the school library.

#### **Conferences in November**

Parent-teacher conferences will be held on Tuesday, Nov. 12, 3-7 p.m., and Thursday, Nov. 14, 4-8 p.m. There will be no school on Friday, Nov. 15.

#### **Retreat empowers students**

Seventh-graders will participate in the Youth Frontiers Courage Retreat on Tuesday, Nov. 19. The retreat aims to empower students to act with moral courage and make positive decisions regarding social fears and peer pressure. Participation in this retreat helps students to make positive decisions while building a healthy school climate.

#### Thanksgiving holiday

School will close Thursday and Friday, Nov. 28 and 29, for Thanksgiving.

#### Murray fall sports update

More than 140 Murray students played on the school's four fall sports teams. The flag football and girls soccer teams were at or near the top of the city league standings at press time. Boys soccer and volleyball are putting together very competitive teams. This season ends on Saturday, Oct. 26, with the city championships. For game times, check spps.org/sports. Wrestling and girls basketball began in late October.

#### St. Anthony Park Elementary

2180 Knapp St., 651-293-8735 www.stanthony.spps.org

#### Fall Festival is Oct. 25

The annual Fall Festival will be held at St. Anthony Park Elementary School on Friday, Oct. 25, 5:30-8 p.m. The event includes music, dancing, crafts, bake sale, and silent auction. The community is welcome.

School News to 24

# 21 28 22 10

#### Victory!

There was a thrilling victory for Como Park at the Oct. 2 girls volleyball game against Washington at the Como Park field house. After Como won the first game, Washington came back and won the second game. In the decisive, back-and-forth third game, Como came out on top. It was parents night at the game, and parents were given a fresh rose for their support of the girls. Pictured here is the Cougar volleyball team. You can keep tabs on sports in the St. Paul Public Schools at http://sports.spps.org.

#### Roseville Area High School presents 'Wizard of Oz'

Roseville Area High School (RAHS) will present "The Wizard of Oz,"



Alex Polydoroff (left), as the Tin Man, and Maria Gisselquist, as Dorothy.

Nov. 1-10, at the high school's Nielsen Performing Arts Center. The school is located at 1240 W. County Road B2.

The performance will include a real dog, Mairi, playing the role of Toto. Mairi's previous theatrical credits include playing Toto in the Rosetown Playhouse production of "Oz" and an appearance with Circus Juventas

The performance schedule will include a free matinee for area seniors on Thursday, Nov. 7, at 1 p.m.

Other performances will be held on the following dates: Friday and Saturday, Nov. 1 and 2, at 7:30 p.m.; Sunday, Nov. 3 at 2 p.m.; Friday and Saturday, Nov. 8 and 9, at 7:30 p.m.; and Sunday, Nov. 10, at 2 p.m.

# the eat beat

### School lunch now comes with more veggies and an app

#### By Alex Lodner

Not so long ago, it was common to encounter a gleaming wall of colorful vending machines in any high school cafeteria. A bevy of sodas, candy and junk food beckoned students.

What teenager with a dollar bill wouldn't choose a bag of Cheetos and a bottle of Coke for their lunch instead of the blob of overcooked spaghetti and wilting salad they were serving in the lunch line?

Flash forward to 2010, when the Healthy Hunger-Free Kids Act was passed in an effort to combat the high rate of childhood obesity wreaking havoc on children's health. This landmark piece of legislation was the result of decades of hard work by parents, health professionals, advocates, members of Congress and the U.S. Department of Agriculture (USDA), who fought to update the nutrition standards for foods served through the National School Lunch and Breakfast Programs and to make school lunches not just more nutritious but also more appealing to

Many people have taken up the

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fight against childhood obesity, most famously First Lady Michelle Obama and British chef Jamie Oliver, but the road ahead of them is long. One out of every three American children is overweight or obese. Because more than 30 million children participate in the National School Lunch Program, the Healthy Hunger-Free Kids Act is a great place to begin building healthy eating habits in America's children.

The USDA now requires that school lunches provide a third of the Recommended Dietary Allowance (RDA) for protein, calcium, iron, vitamin A and vitamin C, as well as a third of the calories needed by growing children, based on the appropriate age and grade group. School breakfasts must provide a quarter of the RDA for those same five nutrients and a quarter of the necessary calories appropriate for the age and grade group.

As a result of this legislation, updated nutrition standards for school meals will be phased in over the next few years. These new standards include more fruits and vegetables, more whole grains, availability of low-fat milk and sensible limits on calories, unhealthy fats and salt.

In St. Paul Public Schools (SPPS), all school menus now meet

or exceed the new USDA standards. All grain-based items, such as buns and breads, are whole grain, and all menu items are trans-fat free. Many items are also locally sourced, according to Angie Gaszak, a nutrition specialist at St. Paul Public Schools.

"We currently have many items on our menu that are locally sourced like roasted carrots, herb roasted potatoes, baked beans, cabbage for our coleslaw, green beans and corn on the cob," Gaszak explained. "Year round, we are able to procure our fresh chicken drumsticks from Gold'n Plump in Cold Spring, our ground turkey for our turkey sloppy Joes from Ferndale Market in Cannon Falls, and our organic golden ground flaxseed for our Smart Rounds are from Askegaard Organic Farm in Moorhead."

Additionally, many vegetarian items are offered as often as possible, and that includes whole-grain grilled cheese sandwiches and veggie pizza with onions and green peppers. Students are also encouraged to build their own unlimited salad from a variety of vegetables, fruits and legumes offered at the Choice Bar at each school.

Anna Lovat, a second-grader at Chelsea Heights Elementary School, appreciates the accessibility to more veggies. "Now that they have more vegetables at lunch, there is less fat, which is good," she explained. "And if you want to be more of a vegetarian, you don't have to have meat."

sour chicken dish was adapted from a recipe given to us by Anna Fieser at True Thai restaurant [in Minneapolis]. Our Somali dish, chicken suqaar, was given to us by a member of the Somali community.

Students aren't the only ones enjoying the new-and-improved nutrition program at SPPS. Susan Watson, a teacher assistant at Ramsey Middle School, is thrilled with the healthier choices available to staff.

"As a middle-school staff member, I have found the school lunches to be a great option," Watson said. "The fresh fruit and multiple vegetable options provide a healthy and tasty lunch. And as a mom, I know my son might not like everything on the menu, but at least there are healthy options for him to try."

SPPS is also focused on offering many ethnically diverse food menu items such as Hmong beef fried rice, chicken suqaar and vegetable rice, teriyaki chicken and edamame, and Mexican pinto beans and rice. These fun entrees were developed in partnership with the community in an effort to enrich the children's culinary experience at the schools.

"Our recipes come from a variety of sources: students, families, the community, even restaurants," Gaszak said. "Our Thai sweet and

a recipe given to us by Anna Fieser at Thai restaurant True Minneapolis]. Our Somali dish, chicken suqaar, was given to us by a member of the Somali community. We had to make some slight changes in terms of production and scaling it up to feed as many children as we do—roughly 30,000 lunch servings on a typical day—but we took the recipe back to our Somali families at a parent advisory council meeting for the final seal of approval for authenticity and taste. We try to incorporate dishes onto our menu that are representative of the diverse cultures embodied in our district and also to give all of our students the opportunity to try varied, worldly cuisine."

The district's hope is that the healthy and diverse eating habits the children develop at school will encourage them to continue to make similar choices in other environments, such as at home and when venturing out to eat with their families.

The SPPS nutrition program is one of the first in Minnesota to launch its own mobile menu app. The app, called School Lunch, is free to download for the iPhone or Android. The app can be found on

School lunch to 24

# Community

#### ♦ MT. OLIVE EV. LUTHERAN CHURCH—WELS

www.mtolive-wels.net, 651-645-2575 1460 Almond Ave., St. Paul, MN 55108 Handicapped accessible Sunday worship: 9 a.m. Sunday School starts on September 15, 10:30 a.m. Pastor: Al Schleusener

#### \* PEACE LUTHERAN CHURCH—ELCA

1744 Walnut St. (at Ione), Lauderdale, 651-644-5440 www.peacelauderdale.com
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#### **ST. CECILIA'S CATHOLIC CHURCH**

2357 Bayless Place. 651-644-4502 Website: www.stceciliaspm.org Handicapped accessible Saturday Mass: 5 p.m. at the church Sunday Masses: 8:15 a.m. and 10 a.m. at the church

#### **ST. ANTHONY PARK UNITED CHURCH OF CHRIST**

2129 Commonwealth Ave. (corner of Commonwealth and Chelmsford)
651-646-7173 www.sapucc.org
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Pastor: Victoria Wilgocki
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### ❖ ST. ANTHONY PARK UNITED METHODIST CHURCH

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Worship Directory

#### **ST. ANTHONY PARK LUTHERAN CHURCH**

2323 Como Avenue W., 651-645-0371 Staffed nursery available - Handicap-accessible Pastor Glenn Berg-Moberg Web, Facebook, & Twitter: SAPLC Sunday Worship: 8:30 & 11 a.m. Education hour for all 9:45 a.m. Thanksgiving worship: Wednesday, Nov. 27, 7 p.m.

Children's choir school (babies to grade 6) every Wed. afternoon (call for times)
Wednesday Night Community Dinner every Wed. 5-6:30 p.m. (free-will offering)

#### ❖ ST. MATTHEW'S EPISCOPAL CHURCH

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November 1 7 p.m. Choral Evensong Refreshments to follow (RSVP: Yes only 651-645-3058) November 28 10:30 a.m. Thanksgiving Day Service, followed by a Thanksgiving Day Feast at noon

\* Undercroft Gallery: "Side by Side" Paintings by Joan Hershbell, Photographs by Gary Johnson, through November 2. Gallery Hours Tuesday-Friday, 9:30 a.m. – 2:30 p.m.

All are welcome! www.stmatthewsmn.org

To add your church to the directory, contact Genevieve Plagens at 651-325-7189 or genevieve@parkbugle.org.

# Classifieds

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#### Help Wanted

#### REIMBURSED SENIOR VOLUNTEER

POSITION The Senior Companion Program is looking for volunteers to provide friendly in-home visits and transportation to elderly seniors in the community. Must be 55+ and willing to commit to a minimum of 15 hrs/week. Must be comfortable driving and working independently. Volunteers receive a tax-free stipend plus mileage reimbursement. Contact Cory Ramel at: 651-310-9450 or cory.ramel@lssmn.org



Sales

**CRAFT SALE,** 1524 Fulham St., Saturday, Nov. 2, 10 a.m.-5 p.m. Weaving, knitted, crocheted items, jewelry, and more. Call 651-646-4565 for more information

**MOVING SALE, SAT. NOV. 23:** Power, lawn tools, misc. 9 a.m.-12, 1341Brompton

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### Panel Discussions:





#### Monday, October 28, 7 p.m.

Saint Anthony Park Library, 2245 Como Avenue, Saint Paul

Minnesota is the land of 10,000 lakes and even more stories! Join a distinguished panel of Minnesota Book Award-winning and finalist authors for "Writing Minnesota," moderated by **Ann Regan**, Editor in Chief of the Minnesota Historical Society Press. Authors include **Cary Griffith** (Opening Goliath, Lost in the Wild); **Dave Kenney** (Northern Lights, Honor Bright); **William Swanson** (Dial M, Black White Blue); and **Diane Wilson** (Spirit Car, Beloved Child).



#### Tuesday, October 29, 7 p.m.

Micawber's Books, 2238 Carter Avenue, Saint Paul

In the age of lightning-fast and ever-changing technology, with so many platforms for receiving information and literature, has the way we read changed... or the way we think? Join in a lively conversation with members of the Twin Cities' literary community, moderated by MPR News arts reporter Marianne Combs. Panel members include Hans Weyandt, co-owner of Micawber's Books and editor of Read This!; Chris Fischbach, publisher of Coffee House Press; Patrick Thomas from Milkweed Editions; Thirty Two Magazine editors Katie & Guy Eggers; and Laurie Hertzel, Star Tribune books editor.

Made possible through funding from the City of Saint Paul Cultural STAR program and with the generous support of:





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For more information, visit thefriends.org or call 651-222-3242.



St. Paul schools now offer Choice Bar with unlimited salads and fruits and vegetables. *Photo by Alex Lodner* 

#### Eat beat: School lunches from 22

SPPS's interactive website, spps.nutrislice.com. Choose a school and menu (lunch or breakfast) and the links to the apps will appear on the right-hand side.

The app allows students, families and district employees to see their school's menus as well as menu item descriptions and pictures, nutritional information, ingredient lists and potential allergens all in one place.

So whatever happened to those junk-filled vending machines that seemed so prevalent just a few years ago? While some are still present in St. Paul schools, only four nonwater vending machines are accessible to high school students in the district and even then only after school. The district is currently assisting these schools in reviewing the contents to ensure that they meet USDA guidelines.

We all know the old adage, "You can lead a child to the Szechuan chicken, but you can't make her eat it." So are St. Paul's kids giving the new menus a big thumbs up? Gaszak believes they are.

"The kitchen supervisors at all of our sites give us great feedback on what the kids are taking and what they are saying about school breakfast and lunch," she said. "Less food is ending up in the food recycling program buckets of leftovers and scraps that go to local farmers for animal feed, and that is very telling of the success and popularity of a dish."

Admittedly, there is some trial and error involved in choosing menu items that kids will appreciate. "Last year we had what we warmly embraced as a 'flop' when we tried a new dish called coconut chicken," Gaszak said. "Because of the turmeric in the recipe, the dish had a golden color, which apparently was too unfamiliar and unattractive to many of our students. Needless to say, this dish did not go over well and was pulled from the menu, but we learn from our mistakes as well as, if not better than, our successes."

Alex Lodner lives and writes in Como

#### School news from 21



#### **McCollum visits Como**

U.S. Rep. Betty McCollum was a guest speaker at Como Park Senior High School on Sept. 23. Sixty seniors in the AP Government and Politics this semester met in the school auditorium with McCollum, who discussed the U.S. Congress, her role in it, the media and the political process and fielded questions from students. Subjects ranged from the nation's educational system to the proposed air strikes in Svria