Success stories
The Hubert H. Humphrey Job Corps Center helps students find a trade.

The versatile zucchini
Wondering what to do with your summer squash? Read on.

The new gate and transit station will be built on the Minnesota State Fairgrounds near the Giraffe Lot on the northwest side of the fairgrounds. The bus hub and gate will open just to the west of the grandstand (shown at left) at the site of Heritage Square next August. You can see one of the old train cars that were part of the fair's history museum at right, which will be moved to accommodate the project.

Fair's new transit hub will open in August 2014
By Kristal Leebrick
When the Minnesota State Fair opens in August, traffic congestion should improve on both Como and Larpenteur avenues, if the fair's new transit hub and gate on the northwest side of the fairgrounds works as planned, says Jerry Hammer, the fair's general manager.

The new entrance's affect on traffic on Cleveland and Commonwealth avenues near the University of Minnesota St. Paul campus is an unknown.

In August, the fair announced its plans to build the $10 million hub and exhibit area to the west of the Grandstand at the site of the nearly 50-year-old Heritage Square, home to the State Fair History Museum, the Minnesota Newspaper Museum, and unique vendors such as a blacksmith and a taxidermist.

The project will include a new stage and vendor area and a new gate and transit station that will accommodate buses coming off the University of Minnesota Transitway.

The small gate on Commonwealth used mostly by pedestrians will be closed and walkers coming from the St. Anthony Park neighborhood will be able enter the fairgrounds through the new gate.

The site for the new entrance backs up to one of the State Fair parking lots, which is shared with the University of Minnesota when the fair is not in session. Some of the parking there will be removed to accommodate buses that will be funneled to the hub through the transitway, which connects U of M Minneapolis and St. Paul campuses and runs along the west side of the fairgrounds.

The project will include a new fence line that will place the parking lots on the north and west sides of the grandstand outside the fair's gate.

"This will have a tremendously positive impact on traffic all around the fairgrounds," Hammer said. "Right now when cars come into the gate at Hoyt and Snelling or on Larpenteur, they are doing two transactions: admission tickets and parking. The lots that we have south of Como fill much easier because they are outside the gate. All you have to do is buy a parking ticket and that's it." Making just one transaction when you pull into a lot will move the lines of cars more quickly, he said.

Making just one transaction when you pull into a lot will move the lines of cars more quickly, he said. At press time, Hammer could not say whether cars would be able to access the new gate from Commonwealth. "Details aren't worked out yet," he said, but he didn't expect the fair would want to mix car traffic with the bus traffic coming off the transitway next to Commonwealth.

"The majority of car traffic comes into the fair at entrances on Larpenteur on the north side of the grounds and Hoyt Avenue on the east side of the grounds, " he said.

The St. Anthony Park Community Gardens were all abuzz at the end of September with ripe tomatoes, blooming flowers and a bounty of beautiful bees. Photo by Kristal Leebrick

The bees, the birds, the bounty
The St. Anthony Park Community Gardens were all abuzz at the end of September with ripe tomatoes, blooming flowers and a bounty of beautiful bees.

HOME SWEET HOME
There's no place like home, and this month we're writing about just that in our annual Home Sweet Home section.

Judy Woodward tells the history of the Falcon Heights neighborhood University Grove and its unique leasehold arrangement. Alex Lodner looks at what makes homes in Bugleland so appealing. And some area realtors and contractors weigh in on today's trends and those that have gone by the wayside.

It all starts on page 11.
Como Park
The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of the month at the Como Streetcar Station, 1224 N. Lexington Parkway.

Learn how to prevent food waste While no one buys food with the intention of throwing it away, recent estimates show that the average household wastes nearly $100 in food every month. Learning simple tips and tools to prevent food waste at a workshop, co-sponsored by the District 10 Como Community Council and Eureka Recycling, on Sunday, Oct. 6, at 3 p.m. at the HiStoric Streetcar Station, 1224 N. Lexington Parkway. Advance registration is required; workshop cost is $5. Call 651-222-7878 to register.

Pancake breakfast fundraiser will feature a silent auction this year The District 10 Como Community Council will host its annual fall pancake breakfast fundraiser on Saturday, Oct. 26, from 9 to 11 a.m. in the cafeteria at the Hubert H. Humphrey Job Corps Center. This year to reach the city’s goal of 100 tons of food waste at a workshop, co-sponsored by the District 10 Como Community Council and Eureka Recycling, on Sunday, Oct. 6, at 3 p.m. at the HiStoric Streetcar Station, 1224 N. Lexington Parkway. Advance registration is required; workshop cost is $5. Call 651-222-7878 to register.

Falcon Heights
The Falcon Heights City Council meets the second and fourth Monday of each month at 7 p.m. at Falcon Heights City Hall, 2077 W. Larpenteur Ave.

Styrofoam can now be recycled Did you know that: Tennis Sanitation, the city’s recycling company, now accepts Styrofoam? The Styrofoam must be bundled in a plastic bag. For more information on what Tennis Sanitation recycles, call 651-459-1887.

Adopt-A-Crop needs your veggies D-oned for your garden produce to Falcon Heights’ Adopt-A-Crop program. The city accepts all produce and delivers it daily to our local food shelf, just come into City Hall, 2077 W. Larpenteur Ave., to drop off your produce. Help increase donations this year to reach the city’s goal of 2,000 pounds.

St. Anthony Park
The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at St. Anthony Recreation Center (SSA), 800 Cromwell Ave. The district’s Land Use & Committee met the first Thursday of the month at 7 p.m. at SSA. The Energy Resilience Group meets at 7 p.m. on the third Thursday of the month. Email engrp@scpco.org to find out the location each month. The Environment Committee meets at 7 p.m. on the fourth Wednesday of the month at SSA.

City Meetings
Meet reps at Town Hall All Meeting
Connect with your community and elected officials at the St. Anthony Park Town Hall Meeting, Tuesday, Oct. 8, at 6:30 p.m. at Luther Seminary Olson Campus Center, at the intersection of Fulham Street and Hennedy Avenue.

Come together as a community to learn about and discuss some of the work in the neighborhood. St. Anthony Park Community Council committees and groups will host interactive displays and presentations on current projects and initiatives. After browsing, socializing and learning, the group will convene for a brief discussion before splitting into small groups to discuss particular issues and interests.

Each small group will come up with a question or two toPose to the elected officials who will be present: City Councilmember Russ Stark, County Commissioner Toni Carter, Mayor Commission Jon Connors, Sen. Richard Cohen of District 64 and Sen. John Marty of District 66.

Board elections are Oct. 29 The election for the St. Anthony Park Board of Directors will be held on Tuesday, Oct. 29, from 4 to 8 p.m. at Speedy Mart, 2310 Como Ave., and Hamplond Park Co-op, 928 Raymond Ave.

There are openings on the board. Serving on the board is a great opportunity to connect with the community and work on important issues and initiatives. The board makes important decisions about a wide array of topics, from transportation and development, to sustainability and the environment.

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Job Corps is ‘high school, college and trade school mixed together’

The school’s self-paced learning helps students get on a career track

By Roger Bergerson

Angeljalec Givens confesses that she used to dislike school, and if teachers and administrators at the Job Corps Center hadn’t intervened, that attitude might have cost her dearly.

Givens, now 21, dropped out of Como Park Senior High School and worked several jobs that she could see were going nowhere. Her mother suggested she give the Job Corps, the federal education and career training program for disadvantaged young people, a try.

She was accepted at the Hubert H. Humphrey Job Corps Center, 1480 N. Snelling Ave., last October and entered the program with a new sense of purpose.

“I decided to come here, get my GED (high school equivalency degree) and get my life started,” she said.

As things turned out, it wasn’t quite that simple. Givens, who is among the 15 percent of St. Paul Job Corps students who do not live on campus, reverted to her old ways and began missing classes.

She is grateful to school officials who sat her down and warned her that she was in danger of being dropped from the program.

Job Corps to 10

The pedestrian bridge will be restored to its Classic Revival architectural style. Courtesy City of St. Paul

Como Park pedestrian bridge project has been moved to 2014

By Roger Bergerson

The same phenomenon affecting public works projects across the metropolitan area has delayed the restoration of the historic footbridge in Como Regional Park.

It was originally thought that the bridge, which lies just northeast of the Horton Avenue and Lexington Parkway intersection, would be well along in the renovation process by now, but no work will be done this year.

“We have plans and specifications ready, but the current bidding climate is very poor,” said Don Varney, a landscape architect with the City of St. Paul’s Parks and Recreation Department and the project manager.

The improving economy, a shortened construction season because of a wet spring and other factors have left contractors with plenty of work and others skipping other a lack of interest in projects or bids much higher than anticipated.

“We will bid the project for construction in the spring of 2014 and have more contractors available to seriously consider bidding on the work,” Varney said. “The details of the project scope remain the same.”

The footbridge near the Historic Streetcar Station once formed a main entrance to Como Park but was reduced to little more than a ruin over time.

A combination of Federal Highway Administration funding and city bonding will be used for the $1.1 million restoration.

4 In The Park

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Lindsey: 651-639-6432 lindseyesnaola@edinarealty.com

OCTOBER 2013 PARK BUGLE
Erratum: What we meant to say is, those bikes are cool

If you were scratching your head after reading the editorial in the last issue of the Park Bugle ("Cool community, cool creations"), there really was a punch line. Unfortunately, it was inadvertently cut out as we prepared the paper to go to press.

We wrote about artist Carrie Christensen’s Wayfinding Art Bikes, which are parked throughout St. Anthony Park now until the first snow. We published photos of two of the bikes, “One Week” and “Take Time to Read.”

Here’s what the last two paragraphs of our editorial was supposed to say:

While we were taking photos of “Take Time to Read,” a woman and her three children stopped to ask about the 15 bikes scattered throughout the neighborhood. After hearing about the project, she said, “Yay to our cool neighborhood.”

We agree.

Next deadline: Oct. 9. The paper will be published on Oct. 22.
Music in the Park Series presents Erin Keefe and Anna Polonsky

The Schubert Club’s Music in the Park Series will present violinist Erin Keefe and Russian-born pianist Anna Polonsky on Sunday, Oct. 27, at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave.

A pre-concert discussion will be held at 3 p.m. at the church. Keefe, who is concertmaster for the Minnesota Orchestra, makes her Twin Cities recital debut in a program that will feature works by Beethoven, Lutoslawski, Smetana, and “Valentines” for violin and piano by Minnesotan David Evan Thomas.

Keefe has been hailed as “an impressive violin soloist” by the New York Times and has established a reputation as a compelling artist who combines exhilarating temperament and fierce integrity.

Keefe earned a master of music degree from the Juilliard School and a bachelor of music degree from the Curtis Institute of Music. She performs on a Nicolo Gagliano violin from 1732.

Polonsky made her solo piano debut at the age of seven at the Special Central Music School in Moscow, Russia. She immigrated to the United States in 1990 and attended the Interlochen Arts Academy in Michigan. She received a bachelor’s degree from the Curtis Institute of Music and a master’s degree from the Juilliard School.

A member of the Schumann Trio, Polonsky also collaborates in a two-piano duo with her husband, pianist Orion Weiss. In addition to performing, she serves on the piano faculty of Vassar College.

Tickets for the performance are $24. You can buy them online at schubart.org/musicinthepark or call 651-292-3268.

The Music in the Park Series engages outstanding artists and chamber ensembles to present concerts in St. Anthony Park’s United Church of Christ.

Como Curb Cleanup starts Oct. 5

The Como Curb Cleanup will span the full month of October this year. The cleanup is a collaborative effort among Como neighbors and several cross-sector partners with a goal of cleaning up as much organic debris as possible from the neighborhood curbs and street gutters to help prevent the material from washing or blowing into the storm drains and subsequently being carried into Lake Como or the Mississippi River.

This year the cleanup will provide free chicken wire and zip ties to encourage neighbors to establish their own backyard compost piles. Learn how to join this growing movement of hundreds of your Como neighbors by calling 651-261-7416 or go to CLNN.org to see updates on the event.

Sunrise Banks’ Park Perks donates to Bugle

In August, Sunrise Banks’ charitable coffee bar, Park Perks, raised $639 for the Park Bugle, the nonprofit community newspaper that is provided free to residents in St. Anthony Park. Como Park, Falcon Heights and Lauderdale.

Thanks to Sunrise, for including the Bugle on its charitable giving list. Each month, Sunrise Banks donates the profits from its sales at the coffee bar at its Como Avenue branch to designated nonprofit community organizations.

St. Anthony Park Elementary School’s 18th Fall Festival and Silent Auction!

Friday, October 25 / 5:30-8 p.m.

• Live music w/ “Light of the Moon” • Dancing
• Fun crafts & activities • Bake sale • Pizza
• Tap-in-a-bag • Scholastic Book Fair
• Chinook Book sale
• Decorated/carved pumpkin contest

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Your neighbors in St. Anthony Park

Connect With Your Elected Officials

Learn about current work already making the neighborhood a standard for successful and sustainable community living.

Talk with elected officials about what else can be done to make St. Anthony Park an even better place to live and work.

Russ Stark, St. Paul City Council, Ward 4
Richard Cohen, M N. State Senator, D district 64
John Marty, MN State Senator, D district 66
Jon Commers, County Commissioner

Tuesday, October 8, 6:30-8:30 p.m.
Luther Seminary, 1490 Fulham St.
More info at sapcc.org/ townhall2013

ST. ANTHONY PARK DENTAL CARE

2278 Como Avenue / St. Paul

Your neighbors in St. Anthony Park
Letters About Literature essay contest open for grades 4 to 12

The Minnesota Book Awards calls all Minnesota students in grades 4-12 to participate in the Letters About Literature National Essay Contest.

Sponsored by the Center for the Book in the Library of Congress, the contest asks readers to write a letter to an author describing how his or her work touched their lives in a personal way. Authors can be of any genre or time period and can come from any country.

The contest has three competition levels: Level 1, grades 4-6; Level 2, grades 7-8; and Level 3, grades 9-12. State level judges will choose the top essays from each of the three competition levels who will advance to the national level. Prizes will be awarded to the top three winners of each level.

A panel of judges will select one national winner per competition level to receive a $1,000 cash award and one national honor per competition level to receive a $500 cash award.

Entries will be assessed on the writer’s achievement in addressing the contest theme; the writer’s use of language skills; and the writer’s style and originality of expression.

There are two deadlines for the competition: Dec. 10, 2013, is the deadline for Levels 1 and 2. Jan. 10, 2014, is the deadline for Levels 1 and 2.

For more information, visit www.thefriends.org.

State Fair from 1

and that won’t change, he said.

Heritage Square, originally called Teen Fair, opened in 1964 and had a separate entrance from the State Fair. Teen Fair, which went through a number of name changes over its 12 years—Teen Age Fair, Young America Center, Youth Expo—had a dance floor and held fashion and car shows. In 1975, the area was renamed Heritage Square in time for the 1976 U.S. Bicentennial.

“Everyone was wearing ‘Little House on the Prairie’ clothes,” Hammer said, “and that changed big time, which it should have.”

The stage on the western edge of the square was destroyed 25 years ago when a roof collapsed. The fair has been bringing in a temporary stage each year for the venue’s daily performances. The new facility will include a permanent stage and continue to offer the same type of music—Americana, old-time, blues, grunge, punk, and fiddle and guitar contests—that has been performed in the square over the last few years.

“(Heritage Square) was never meant to be permanent,” Hammer said. “The idea is that it would be around a little while—five or 10 years. Duct tape and paint are holding it together.”

The renovations will be similar to the 2007 remake of International Bazaar on Judson Avenue, Hammer said. Built in wood in 1970 and named the Mexican Village, the area was renovated in 1984 and expanded and rebuit in 2007 with a new stage, restrooms, and room for 120 concession and exhibit spaces.

One exhibitor that won’t return to the Heritage Square site is the Minnesota Newspaper Museum, a working 1930s-era newspaper office that prints a daily edition of the Maynard Minnesotan, a small-town newspaper which was printed from 1919 to 1979

Their building—originally built next to the fairgrounds—was razed 25 years ago.

As far as rental rates increase in the new venue, Hammer said rates for exhibit areas are set annually. “If they change, they change throughout the fairgrounds,” he said.

“Heritage Square was never meant to be permanent,” Hammer said. “It was the thinking that it will all return,” he said. All vendors have to re-apply to the fair each year.

“Nobody has space for more than one year at a time,” he said. All vendors have to re-apply to the fair each year.

“I hope that they will all return,” he said. All vendors have to re-apply to the fair each year.

“When you change, they change throughout the fairgrounds,” he said.

The new venue—which has yet to be named—will be nice. Hammer said. “We won’t let anybody down. The music there won’t change. It will just be a nice, new facility.”

Kevin Barry
Thursday Oct. 3 at 7 p.m.

Kevin Barry author of “City of Bohane” will read from and discuss his new collection of stories, “Dark Lies the Island” and “There Are Little Kingdoms.” There will also be a limited supply of Fulton beer courtesy of Fulton & Graywolf Press.
A bird’s bill indicates the food it eats and helps identify it.

The idea for this column came to me last March. It was given to me by a male red-bellied woodpecker. When a red-bellied lands on the suet feeder out in my yard, I usually grab my binoculars to check out whether it’s a male or a female. I then see the head of the male start at the base of the bill and goes up over the head and down the nape of the neck. On the female, it starts at the tip of the head. There may be a blush of red behind the bill, but then there’s no more till the top of her head.

I had my binos focused on this red-bellied woodpecker when I noticed that his upper beak was broken. The last half-inch or so of the tip was missing. It ended in an abrupt, but distinct, point. As the bird worked on the suet, I could see the tongue flicking out and back through the grove in the lower mandible. The tongue was as thin as a thread.

I wondered why the injury had happened. My peanut feeder is a steel tube with holes in it that the birds peck through to get at the shelled peanuts. It’s a good feeder, but I had a knot on the bottom. The woodpecker has what’s called a chisel-type bill: a hook and very sharp, that enable it to crack seeds. The American crow with what’s described as the Swiss Army knife bill, has a more broad beak and used for fishing. Hummingbirds use their probe bills to get nectar out of flowers, but also to snap up the occasional tiny gnat or spider for some protein. Hawks and owls to tear meat into bite-sized pieces. Some ducks have strainer bills, long, flat bills that strain small plants and animals from the water. Penguins, egrets and kingfishers have spear bills they use for fishing. Warblers have thin, pointed tweezers for nabbing insects.

For more information, call Linda Goodspeed at 651-647-1452.

The results have implications for how small herds are managed, as well as providing a glimpse into the strategies employed by bulls to achieve mating success.

The presentation is free and open to the public. A social time with refreshments begins at 6:45 p.m. For more information, call Linda Goodspeed at 651-547-1452.

And if you see a bird with a broken beak, you have some assurance that, if it can keep getting nutrition and defending itself from predators, that beak will grow back over time. Clay Christian watches and writes about birds from his home in Lauderdale. He blogs at www.BirdmanofLauderdale.com. His book, The Birdman of Lauderdale, is due out in November.

**A male red-bellied woodpecker. Photo by Ben Wilson.**

Prairie bison subject of next Audubon talk

Dr. Jon Grinnell, associate professor and chair of biology at Gustavus Adolphus College, will present “Bison on the Open Prairies” on Thursday, Oct. 10, at 7 p.m. at Fairview Community Center, 1910 W. County Road B, Roseville. The presentation is sponsored by St. Paul Audubon.

Although bison once roamed the American plains in the millions, the vast majority of them now exist as small herds of less than 400 individuals relatively small, private ranches.

Conservationists envision a return of bison to the open prairie, yet for the foreseeable future the conservation challenge with bison is the management of genetic diversity in small herds. To do so, many conservation herds rely on replacing older herd bulls with younger bulls from other lineages, yet these new bulls have no guarantee of achieving the kind of dominance status necessary to get substantial matings. Grinnell will discuss the findings from six years of data on bison behavior and mating success at ORPRAY on the American plains in the millions, as well as providing a glimpse into the strategies employed by bulls to achieve mating success.

The presentation is free and open to the public. A social time with refreshments begins at 6:45 p.m. For more information, call Linda Goodspeed at 651-547-1452.

The results have implications for how small herds are managed, as well as providing a glimpse into the strategies employed by bulls to achieve mating success.
A Gulf Coast journey and lessons in corporate change subjects of two recently released books by local writers

If you are yearning to take a trip to America’s Gulf Coast without leaving home or want to learn how to effect change in your organization, you may want to take a look at two recently released publications by a couple of St. Anthony Park residents.

In Learning From Alligators, a multimedia e-book by John and Nat Shepard, the father and son document their 2011 journey exploring the Gulf Coast from Florida to Texas by cabin cruiser, kayak, bicycle, airplane and minivan. Anthropologist and educator John Shepard and his videographer son, Nat, share encounters with alligators, oystermen, pelicans, scientists, cypress trees, deer hunters, dolphins, oil-spill workers and endangered whooping cranes.

The e-book combines writing with videos, panoramic photography, photo galleries and maps. You can find the in-depth travel guide on iTunes. Sales of the e-book support programs at Hamline University’s Center for Global Environmental Education, where John Shepard is a faculty member.

Patty Stolpman, co-founder and CFO of T echnIX inc., has co-written with St olpman and Smeby deliver sustainable change

F aint! Change Delivering

Corporate Change That Lasts with M ichelle Smeby. The writers describe their book as a pragmatic, clear, concise how-to that can help a company deliver sustainable change quickly.

Together, Stolpman and Smeby have 40 years of experience working with Fortune 500 companies, where they have developed the methodology they write about in their book.

Holistic Change: Delivering Corporate Change That Lasts is available through Amazon.com (paperback and Kindle formats), BarnesandNoble.com (Nook format) and Apple iTunes (iPad, iPhone, or iPod Touch format).
Business News

A new barbershop opens on Energy Park Drive

By Kyle Mianulli

Cutting hair is a passion that has followed Kingsford Ameyaw his whole life. From his childhood in Ghana to his new barber shop, A-Class Barbers, at 2233 Energy Park Drive in St. Anthony Park, he has taken pride in making customers look their best.

He sets a good standard for his customers, too. His chic appearance includes pressed slacks paired with a bright button-down. The look, of course, is completed by his clean-cut hairstyle.

Business might not be booming just yet for Ameyaw and his partner, barber Harvey Windom, but they're not worried. On a Friday afternoon, both of their chairs are occupied. Two more customers lend to the lively barbershop banter that fills the spacious, well-lit shop, while they wait.

"Not too good, not too bad," Ameyaw says of business. "We haven't really built up yet, but we have started seeing new faces."

Along with those new faces are some faithful regulars that come a good distance to get a cut from Ameyaw at his new location. He says he sometimes has customers come from as far away as Mankato and Red Wing.

That may seem like an awfully long way to come for a haircut, but it might not always be only about the cut. "Being an expert barber is not the only thing that makes you a good barber," Ameyaw says. "It's people skills. You get to know people and people get to know you. It's kind of an interesting profession."

Ameyaw moved to the U.S. from Ghana in 1997 to pursue this profession. He took classes at the Minneapolis Community and Technical College Beauty School and got his instructor's certification in 2011 from a barber school in New Brighton. He now lives in Shoreview with his wife and four children.

A-Class Barbers is open 9 a.m. to 6 p.m. Monday through Saturday. Service is $10 for kids and $12 for seniors.

Kym Mianulli is a freelance journalist in the Twin Cities and the communications coordinator at District 12.

Como Park early childhood center adds a classroom, rain garden and teachers

By Roger Bergerson

Although it's only been operating for two years, a local preschool has already expanded its facility to keep pace with enrollment demand.

Remodeling at Como Park Language and Arts Preschool and Childcare Center, 1503 N. Hamline Ave., has resulted in a bigger art room, a new classroom in the former garage, an additional bathroom, and, thanks to a grant from the Capitol Region Watershed District, a rain garden in the back.

Initially, co-owners Laurie Erickson and Nancy Shellum handled the teaching duties, but with enrollment growing—there will be 32 children a day for the 2013-14 school year—they've been able to add two full-time and two part-time teachers.

In fact, the additional space would actually allow them to enroll a total of 40 students, but they're going to grow into it gradually, Erickson said. "Our only regret is that we can't accommodate everybody," said Erickson.

Young Henry Zachman was the center of attention during an open house at the Como Park Language and Arts Preschool and Childcare Center. Co-owners Laurie Erickson and Nancy Shellum, second from right and right, respectively, showed their new classroom to Henry's parents, Lauren and Ben. The Zachmans are weighing future preschool options for their son. Photo by Roger Bergerson

Bang Brewing Co. open for business

By Kyle Mianulli

The doors to the diminutive grain-bin-lookalike brewery, located at 2320 Capp Road, will be open on Fridays from 5 to 10 p.m. and Saturdays from noon to 5 p.m.

Bang opened with its launch this summer. Photo by Kyle Mianulli

Beer began flowing at Bang Brewing Co. in south St. Anthony Park on Sept. 13.

The doors to the diminutive grain-bin-lookalike brewery, located at 2320 Capp Road, will be open on Fridays from 5 to 10 p.m. and Saturdays from noon to 5 p.m.

Bang opened with its launch this summer. Photo by Kyle Mianulli

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Bang opened with its launch this summer. Photo by Kyle Mianulli

Bear began flowing at Bang Brewing Co. in south St. Anthony Park on Sept. 13.

The doors to the diminutive grain-bin-lookalike brewery, located at 2320 Capp Road, will be open on Fridays from 5 to 10 p.m. and Saturdays from noon to 5 p.m.

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Bang opened with its launch this summer. Photo by Kyle Mianulli
Come Home to St. Anthony Park has been my tagline for 24 years

Nancy Meeden
Coldwell Banker Burnet
Office: 651-282-9650
Mobile: 612-790-5053
nmeeden@cbburnet.com

If you have the need to buy or sell real estate this Fall give me a call; you will have quality service from a neighborhood resident.

Job Corps from 3

“it was a real wake-up call,” Givens said. “I had to ask myself, ‘If I leave here, where do I go? Do I want to work minimum-wage jobs for the rest of my life?’”

She made the most of a second chance, winning several “student-of-the-month” honors and earning her GED.

“I feel proud of myself for the changes I’ve made,” she said.

Givens is in the office administration program, part of the center’s Finance and Business career path, and hopes ultimately to pursue a paralegal degree at one of the community colleges with which the Hubert H. Humphrey Job Corps partners.

Success stories

Cate Smith Edlund is the center’s community liaison, and she says that Givens is now a highly motivated individual and one of the Job Corps many success stories.

“Like Angeljalec, many of our students have been employed before they come here, but they were in jobs with no future and needed to fulfill some further educational requirements before they could start a real career,” Smith Edlund said.

In addition to the Finance and Business curriculum, the center offers Certified Nursing Assistant/Home Health Aide, Culinary Arts, Facilities Maintenance, Medical Office Support, and Painting and Wall Papering. There is also an advanced program associated with the Transportation Communications Union, which opens employment opportunities within the airline, railroad and barge industries. It’s self-paced learning, provided at no cost to young people ages 16 to 24, and typically lasts eight months to two years. All in all, two percent of those who complete the program get jobs, go on to higher education or enlist in the military.

In terms of academic quality, Smith Edlund said, the Hubert H. Humphrey Job Corps Center ranks 11th among the 127 centers administered by the U.S. Department of Labor around the country. The center opened on the former Bethel College campus in 1981 and is currently managed by the MINACT Corporation, headquartered in Jackson, Miss.

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University Grove: an architectural time capsule

By Judy Woodward

A host of famous Minnesotans, including legendary football coach Bernie Bierman, famed economist and presidential advisor Walter Heller, and classic children’s author Carol Ryrie Brink have lived there. The area has been celebrated as an eclectically designed 20th-century housing design by no less than the New York Times, which called it “St. Paul’s architectural time capsule.” But some visitors react to the University Grove section of Falcon Heights with a puzzled question: Why build your own place if you can’t own the land it stands on?

University Grove operates under a leasehold arrangement that is unique in the Twin Cities. The 103 architect-designed houses in the Grove belong to individuals who built or bought them, but the University of Minnesota, which grants the residents of the Grove long-term leases in return for a nominal annual rent, retains title to the land they stand on.

“Middlebrook had been in a house now,” says Gehrz, adding, “Mrs. Sue Gehrz, the former mayor of Falcon Heights, and her husband, Bob, a professor at the U. Gehrz says that in addition to the handcrafted wood moldings and custom trim, the original Middlebrook house had some unusual architectural features like Murphy built-in, fold-out beds. We use the space as closets now,” says Gehrz, adding, “Mrs. Middlebrook had been in a house fire, so she insisted that every bedroom have two exits. We have a lot more doors than most houses.”

The Grove grew slowly through the 1930s, and by the outbreak of World War II it covered about four square blocks. The University provided most services, and the intercampus streetcar ran conveniently along the base of Folwell Avenue. “The U was much more of a ‘mother’ to the Grove [in those days],” says Taff.

“The police came, people from the department, probably an escapee see a cow that had strayed onto the pathway where the tracks had been. Even after the streetcars stopped running in the 1950s, the wooded neighborhood turned out to remain a focus for the neighborhood. Children played there, and Gehrz remembers an incident in the 1960s when the whole neighborhood turned out to see a cow that had strayed onto the trolley path, probably an escapee from the nearby St. Paul campus. “The police came, people from the Grove, people from the neighborhood. Prospective buyers were outbuildings, swimming pools, extensive alterations to the rooftop and anything larger than an attached single-car garage.

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During the depths of the Great Depression, a tenured professorship was among the most financially secure jobs in a battered economy, and residents of the Grove even made occasional appearances in the society pages of local newspapers. Their houses in the Grove were built with attention to detail and solid confidence that the owner would remain able to pay his mortgage.

“You can pay mened time! And you would.”

The Grove was small and the sense of neighborhood was strong. Longtime resident Kay Winger Blair remembers “the streetcar stopping at the bottom of the stairs and the professors coming up the stairs [at the end of the day], They knew much other better in those days.”

University Grove to 12

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OCTOBER 2013 ■ PARK BUGLE 11
the veterinary school showed up, WCCO came with TV cameras,” she says. “Finally, some guy in a safari suit showed up and shot the cow with tranquilizers. Meanwhile, they had backed up a trailer onto the path, and the cow was supposed to collapse into the trailer.”

To the delight of the assembled neighborhood children, the cow refused to do anything of the sort, falling majestically to earth as the television network held.

Long before the cow came calling, the Grove had acquired some new neighbors by the end of World War II. The elegant architectural gems at the west end of Folwell Avenue and surrounding blocks were suddenly sharing the neighborhood with hastily erected Quonset huts at the east end of the street to house the influx of married students returning to college on the G.I. Bill.

Blair, who lives in the house that she and her late husband built on one of the last remaining lots in the “original” Grove in 1959, remembers when the metal pre-fabs were razed in the early 1960s to make way for an expansion of the Grove. “My older son [born in 1959] was very upset. He wondered where will all those [displaced] people live?”

When the middle-class students, probably the last to move into the Grove, were forced to leave when the metal pre-fabs were razed in the early 1960s to make way for an expansion of the Grove, the neighborhood went from being a quiet neighborhood with a few houses to a bustling community with new houses by the end of the 1960s. The elegant architectural gems at the west end of Folwell Avenue and surrounding blocks were suddenly sharing the neighborhood with hastily erected Quonset huts at the east end of the street to house the influx of married students returning to college on the G.I. Bill.

By 1991, there were no more empty lots in University Grove, and only one house has been built since then, replacing a home lost to fire in 2010. But problems with turnover began to surface in the late 1980s. The first time University Grove was having trouble recruiting newcomers. In November 1989, the University offered to sever its traditional ties with the community and sell all property titles to the residents. Retired agronomist Donald Rasmussen, who still lives in the house he built on Folwell in 1964, remembers that the University put a “$5,000 price for my lot,” which he thought was a pretty good deal. But Dworkin recalls a dark time. “The Grove is very civilized place, but this was a bitter, contentious debate,” he says. Eventually Grove residents decided by a narrow vote to retain their connection to the University of Minnesota.

William Middlebrook, the University of Minnesota vice president who devised the plan for University Grove, holds one of his children in front of his home on Folwell Avenue, the first to be built in the Grove. Photo courtesy of Sue and Bob Gehrz

The Middlebrooks’ Tudor-style home (at top) now belongs to Sue and Bob Gehrz (above).
For sale: accessibility, walkability and some neighborhood pride

By Alex Lodner

If you live in St. Anthony Park, Como Park, Lauderdale or Falcon Heights, you know the appeal of living in the area.

Flanked by Como Lake to the east and the University of MN illustrious St. Paul campus to the west, these charming communities are dotted with welcoming coffee shops, chef-driven restaurants, mom-and-pop purveyors, good schools and beautiful parks. Conveniently located near the University of MN illustrious St. Paul and MNIllustrious St. Paul campuses, as well as right between the downtowns of MNIllustrious St. Paul and St. Paul, the area has excellent bus connections to both.

This easy accessibility is one of the many things that appeal to buyers, according to realtors Peggy Spar and her son, Peter, who work with Edina Realty.

Accessibility and walkability, current real estate buzzwords, are “a desirable perk for buyers,” explained Peter Spar.

Walkability is an intangible benefit that adds to the village vibe many buyers love about the area. Intangibles, the way a place makes a buyer feel, are often what sets apart the many things that appeal to buyers, according to realtors Peggy Spar and her son, Peter, who work with Edina Realty.

“Neighborhood pride manifests itself through community-building events such as the annual arts festival and Fourth of July parade in St. Anthony Park, or the strong environmental ethic in the Como Park neighborhood that includes extensive tree plantings and community gardens. The robust diversity of residents thanks to its exposure to a variety of cultures that living by the U offers,”

Diversity of home styles is another attractive factor. More than 46 percent of homes in St. Anthony Park, for example, were built before 1959.

“There is a misperception about [St. Anthony Park] that all the houses are huge,” explained Peggy. “But that is not the case. There is a huge variety with many smaller, adorable homes in the area.”

The variety of housing styles, sizes and price points bodes well for area residents comes from the exposure to a variety of cultures that living by the U offers.

Many homes in St. Anthony Park, Como Park and Falcon Heights fall into the $200,000 to $500,000 price ranges, potentially adding to the neighborhoods’ future inventory.

Exclusivity or urban myth?

St. Anthony Park seems to have an aura of exclusivity that is backed by anecdotal tales of houses selling to friends of friends without ever hitting the open market. But is that just an urban myth?

Private sales, those that happen between seller and buyer without the use of a realtor or the Multiple Listing Service (MLS), are tough to track. Records of all sales are kept by Ramsey County, but they are often six months behind. Sales would then need to be reconciled against MLS pending sales in the Twin Cities were up 11.8 percent overall. The price range with the largest sales gain in the last year was $550,001 to $500,000, where pending sales increased by 41.5 percent. The price range that tended to sell the quickest, however, was $190,001 to $250,000, which stood at 84 days, while the price range that tended to sell the slowest was the $1,000,001 and above at 246 days.

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For sale in St. Anthony Park.

Design of home in the neighborhood
New Homes: Additions, Alterations, Transformations

SUNRISE BANKS

The most innovative bank empowering you to achieve.
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For sale to 14
It's the season of home tours in the Twin Cities, and one Minneapolis building-and-remodeling company is marketing its own home tour as “educational, realistic, affordable.”

Castle Building & Remodeling’s Educational Home Tour will feature smaller remodeling projects that focus on kitchens, bathrooms and mudrooms. The free tour, held Saturday and Sunday, Sept. 28 and 29, will feature 24 projects, mostly in northeast and south Minneapolis. Owner Loren Schirber says his company’s tour will focus on “realistic remodeling projects,” rather than large and expensive ones often featured on larger tours.

The tour includes the chance to win more than $10,000 in remodeling and prizes to those who visit the home or register online. Castle will give away $5,000 in remodeling as the grand prize. Other prizes include a $2,500 Cambria countertop and a $3,000 Warners’ Stellian gift card. Each home will also have a door prize.

The homes will be open to the public from 10 a.m. to 5 p.m. each day. To find out more, or to register for the prizes, go to castlehometour.com/what-is-the-castle-educational-home-tour.

The tour records to know which sale was actually private.

Yet, “under the radar” sales—those that involve a realtor but do not go on the open market—are in fact on the rise around the country. “It’s a sign of the market that there is more of this going on because of lack of inventory,” according to Peter Sparr. “It’s not just St. Anthony Park or St. Paul. In California, for instance, around 40 percent of sales are under the radar.”

There are several reasons why a seller may choose not to officially list a home. Privacy is the No. 1 reason sellers cite, according to Peggy Sparr. Sellers may also believe that showing their home through a realtor without being on the market may be easier. A buyer seeing a home before it is officially on the market may have lower expectations for the condition on the home. Buyers may be more understanding if the home has not been professionally cleaned or if new appliances have not been installed.

This lower expectation buys the seller more time to update a home while getting a jump on showings.

On the other hand, the exposure offered by listing on the MLS cannot be underestimated, Peter stressed. “If a seller expresses interest in showing their home before it hits the MLS, we want them to understand the pros and cons of trying to sell under the radar. Even though it costs the realtor more money to list a home on the open market due to things like hiring professional photographers and running the signs, we believe it is in the seller’s best interest to officially list their home. It’s really all about exposure.”

“We’ll do what our sellers want, but we really always want what is best for them,” added Peggy.

Ultimately, it may not be as difficult to get into a desirable neighborhood like St. Anthony Park as it may seem. The key is patience in this tight market and a keen eye for the subtle perks that each neighborhood has to offer.

Alex Lohn is a freelance writer who lives in the Como Park neighborhood.

### For sale from 13

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**LG SAVE $140 on this pair**

- 4.3 cu. ft. top-load washer, (WFT150CW) $629
- 23 cu. ft. electric dryer, (DEE110TW) Gas dryer extra.

**Electrolux SAVE $400 on this pair**

- 4.2 cu. ft. washer with 11 cycles, (EF512DRS) $799
- 8 cu. ft. electric dryer, (EEMD23ILP) Gas dryer extra.

**Offers end Oct. 6**

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On select brands $499 or more with your Warners’ Stellian credit card. Restrictions apply; see store for details.

**LG SAVE $450**

- French-door refrigerator, (LS25FHD/N x 51/10) $1849

**SAVE $200**

- 18.1 cu. ft. refrigerator Cfgangughters $1599
- Over-the-range microwave WWII H06FPH $200
- Dishwasher DESSPD5 WWII $200
- Electric range DESSPD5PF $200

**Stainless steel $1999**
Local housing market: Let’s do the numbers

While the market is still tight, things are looking up in some areas for both potential buyers and sellers, according to realtor Alex Moros of Better Homes and Gardens Real Estate. New listings and closings are both up in Como Park, Lauderdale and Falcon Heights, while St. Anthony Park still has a low inventory. The median sale price is up 46.2 percent in Lauderdale from this time last year. The news is less encouraging in Falcon Heights, where median sales prices have dropped by more than 19 percent.—Alex Lodner

Current inventory numbers (as of Sept. 9)
Como Park: 92 on the market
529 sold between Sept. 9, 2011, and Sept. 9, 2013

Falcon Heights: 30 on the market
281 sold between Sept. 9, 2011, and Sept. 9, 2013

Lauderdale: 7 on the market
48 sold between Sept. 9, 2011, and Sept. 9, 2013

St. Anthony Park: 11 on the market
68 sold between Sept. 9, 2011, and Sept. 9, 2013

What’s in, what’s out

We asked area realtors and home remodelers what’s in and what’s out in home buying, selling and remodeling. Realtors say the No. 1 factor for homebuyers right now is price/value. (“Buyers want to know why a house is worth its asking price,” says Barbara Swadburg.) Contractors say the biggest trend in home remodeling now is that homeowners are wanting to do it again. (“There’s more interest in remodeling these days than in the past five years,” according to Mel Salmi of Transformed Tree.)

Here’s the Bugle list of what’s in, what’s out, and what will drive a buyer away from a house that’s on the market:

In
Home gathering spaces that emanate from the kitchen
Cabinetry with contrasting woods and colors
More windows and a bigger connection to the outdoors
Screened porches
Cambria (natural stone) countertops
LED light bulbs
Gas fireplaces
Stand-alone tubs
Air tubs (Different from whirlpools, air tubs jet steady streams of air into a tub rather than circulate a mixture of water and air.)
Location, location, location

Out
Formica or laminate countertops
Vinyl flooring
W hirlpool tubs
Floral print wallpaper
Carpet in the bathroom and kitchen

Deal breakers
Foundation issues
Pet smells
Overpricing
Wet, moldy basement
Wallpaper
Busy street
Deferred maintenance
Large ticket items such as the need for a new furnace or roof

Realtors Nancy Meeden (Coldwell Banker Burnet), Barbara Swadburg (Lynden Realty), Peter Sparr (Edina Realty) and Steve Townley (RE/MAX) and contractors Mel Salmi (Transformed Tree) and John Guider (Heritage Remodeling) contributed to the lists.

Who says you can’t teach an old dog new tricks?

As one of Minnesota’s oldest roofing contractors some might think Garlock-French might be set in their ways.

While it’s true that Garlock-French still values and implements some of the traditional building methods, we also use new technologies and innovative solutions to provide the best long-term value for our customers. From roof debris recycling to cutting edge products, Garlock-French is always exploring ways to improve quality and efficiencies.

For 81 years, the Garlock-French Corporation has been providing long-lasting roofing solutions with friendly, reliable, detail-oriented customer service you can trust.

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School News

The next issue is Wednesday, Oct. 9.

Cougars start the year strong

Como Park Senior High School is off to a great start this year. The football team started the year strong with a victory over Johnson. The volleyball team was first in the conference with a victory over win over Harding. Girls swimming is 1-0 and in first place in the conference with a win over Harding. Cross-country has competed in several meets with the following runners placing well: Marshlandrum, Mary Miles, Kathleen Miles, Luke Larson and Valerie Cavende.

School’s out!

There will be no school on Thursday, Oct. 10. Thank you for your understanding.

PTO meeting is Oct. 21

The PTO will hold its monthly meeting on Monday, Oct. 21, from 6:30 to 7:30 p.m. Childcare will be available.

Murray Middle School

Murray M iddle School teacher Carrie Bitters’s AVID 7 class plans to report on happenings at the school each month in the Park Bugle. AVID, which stands for Advancement Via Individual Determination, is a class designed to help students prepare for high school and college.

The view from Murray Middle School

Murray M iddle School teacher Carrie Bitters’s AVID 7 class plans to report on happenings at the school each month in the Park Bugle. AVID, which stands for Advancement Via Individual Determination, is a class designed to help students prepare for high school and college.

AP Scholars announced

The College Board has announced Como Park’s Advanced Placement (AP) Scholars. AP Scholars are students who receive scores of 3 or higher on three or more AP exams. AP scholars with honors are students who receive an average score of 3.25. AP Scholars include Mikael Baschmagh, Michael Bebeke, Evan Berger, Amie Buckner-Stone, Rawley Crow, Peter Husnik, Jasmine H yder, Zachary Klinenborg, Sey Lee, Victoria Lee, Ernest Mantell, Ian McEck, Elizabeth Moeller, Elliot M oermann, Gabriel N g, Makaya O man, Lucas Panvier S ervais, Vu Phan, Ellen Purdy, Samuel Q uinley, James Scanlan, Franz Sherman, Hannah Stadler, Modora Swee t, Sharon U chegu, Kaitlin Waldier, Choua Yang, Ka Yang, Yer Yang and Karl Zinkel.

Parents Academy is sponsored by the St. Paul Public Schools’ Office of Family Engagement and Community Partnerships. Contact Stefanie Folkema at stefanie.folkema@spps.org or 651-293-8740 to find out more.

Wanted: old tech devices

If you have an old, unused (but working) iPod, Kindle, iPad or iPod you could donate to Murray? Teacher Jenny Wamsley is looking for examples of what will be offered throughout the year. MEP will begin Monday, Oct. 7, and will run Monday through Thursday from 2 to 4 p.m. Snacks will be offered daily, and

School News to 17

Music in the Park Series

Sunday, October 27

4 PM • St. Anthony Park UCC

Erin Keefe, violin

Anna Polonsky, piano

Music of Beethoven, Lutoslawski, Smetana, Thomas, Strauss

Pre-concert discussion at 3 PM

schubert.org

651.292.3268
School News from 16

transportation is provided to eligible students.

Students may register anytime.

Registration forms and schedule request forms are available outside of the school office.

M EP will begin Oct. 7 and run Monday through Thursday from 2 to 4 p.m. Snacks will be offered, and transportation will be provided to eligible students.

For more information, contact program coordinator Hue Liu at 651-744-5316 or hue.liu@spps.org.

Information can also be found online at www.murray.spps.org/ afterschool.

Tutoring at Murray

Contact Cindy Thrasher to volunteer with Murray’s One-on-One program. Tutors meet with one student for a class period to help with reading an assignment, catching up on homework or retaking a test.

Volunteers are needed every day. Call Cindy Thrasher at 651-293-8740 or email cindy.thrasher@spps.org.

Murray’s grade-level teams

Murray’s new middle school model teaches in teams. A team is a number of students assigned to a group of teachers for all their core subjects: math, science, social studies and language arts. Teams of teachers meet regularly to plan activities for the student team, coordinate curriculum and hold conferences with parents, students or the administration. Team teaching creates the environment of a small community within a larger school setting.

Currently, there are two teams at each grade level, and they are listed below.

Team Buford, grade 6: English, Carol Moran and April Vaughn; math, Kathy Brion; science, Kanina Zambreno; social studies, Courtney Major; and special education, Julie Reba.

Team Corno, grade 6: English, Liz Curran and Linda Morrison; math, Kate Hurzeler; science, Kristi Berg; social studies, Ron Beck; special education, Will Upton; and ELL, Lucy Juuerman.

Team Grantham, Grade 7: English, Carrie Bittner; math, Laura Burrows; science, Nick Altringer; social studies, David Hughes; and ELL, Antonia D’ampy.

Team Raymond, grade 7: English, Jill Elliot; math, Dawn Alapka; science, Sonja Dunlap; social studies, Carrie Newman; and special education, Eileen Sipple.

Team Luther, Grade 8: English, Kathy Romero; math, Mike Laska; science, Mary Crowley; social studies, Lucy Jueneman; and special education, Laura Wierhorst.

Team Hendon, Grade 8: English, Beth Boyer; math, Ryan Eggers; science, Tim Chase; social studies, Kristin Siskow; and special education, Jean Deker.

St. Anthony Park Elementary

2180 Knapp St., 651-293-8735

Wrapping paper, Chinook Books

The annual Innisbrook wrapping paper sale, which raises money for the school, starts Friday, Sept. 27, and runs through Wednesday, Oct. 16. If you know a St. Anthony Park student, ask him or her to show you the catalog.

Chinook Books, which have money-saving coupons to use at Twin Cities businesses, are now available for purchase. Books are $20, mobile apps are $14, and a book and app combo is $30 ($4 savings).

Contact Anne Aarnes at anne.aarnes@yahoo.com to find out how to buy one.

Fall Festival planning is under way

The annual Fall Festival will be held on Friday, Oct. 25. This is a fun event for the community and a major fundraiser for the school. If you have items you would like to offer for the event’s silent auction, please contact Sonia Ellis at 651-226-1274 or sell4s_montevideo@hotmail.com.

Bring in your box tops and labels

The St. Anthony Park School Association (SAPSA) is collecting Box Tops for Education and Labels for Education. You can clip box tops and labels from your food, bundle them up and drop them off at the school.

Find out more at boxtopseducation.com and www.labelsforeducation.com.

Notes from Principal Ann Johnson

Congratulations to St. Anthony Park students for excellent MCA scores, top in the city for reading and science. Our students are thrilled with the new computer lab, thanks to St. Paul voters who approved the levy. Stop by and smell the flowers; our garden is still beautiful thanks to John Whelan.

The school requests that St. Anthony Park Elementary School families and community members help reduce traffic congestion by using Gordon as a one-way street from Como Avenue toward Langford Park during school drop off and pickup, 8 to 8:40 a.m. and 2:45 to 3:15 p.m.

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Wanted: volunteer tutors

If you are interested in becoming a volunteer tutor, the St. Paul Public Schools Foundation can help match you with a volunteer tutoring experience at both nonprofit organizations, such as the Rock Star Supply Co. on University Avenue, and local schools, such as St. Anthony Park Elementary.

If you’re interested in tutoring or want more information, please contact Ellen Nikodym at 651-325-4205 or ellen.nikodym@apppsfoundation.org.


Come to Vienna!

Vienna Community Arts

2380 Hampden Avenue, St. Paul 651-808-5980 www.artsvienna.org

Urban Growler Brewing to hold fundraising open house Sept. 27
Urban Growler, a new brewery that's trying to open in south St. Anthony Park is hosting a fundraising open house on Friday, Sept. 27, from 5 to 9 p.m. The brewery will be selling t-shirts, caps, pints of beer and founding memberships. The night will include music by Five M'llies From Town and Nick Jordan and Robin Fox. The brewery is located at 2252 Endicott St. For more information call 612-591-1128.

Peer-support group for adults recovering from mental illness A NAMI Connection peer-support group for adults recovering from mental illness meets in St. Paul on the first and fourth Tuesdays at 6:30 p.m. at Goodwill/Easter Seals, 553 Fairview Ave, Room 119, St. Paul.
The free group is sponsored by the National Alliance on Mental Illness (NAMI) of Minnesota. Trained facilitators who are also in recovery lead NAMI Connection groups. For more information, contact Shelly at 651-228-1645 or call NAMi at 651-645-2948.

YMCA camp garage sale Oct. 2-5
YMCA Camps Wijdijagon and du Nord will host their fall garage sale Wednesday, Oct. 2, to Saturday, Oct. 5, at the Mendota/Canby Site in the Minnesota State Fairgrounds.
The sale will be open from 9 a.m. to 7:30 p.m. Wednesday to Friday. A bag sale will be held on Saturday from 9 a.m. to 4 p.m. More than 250 families contribute good-quality camping equipment, clothing, household items, toys, books, antiques, furniture, sports equipment and more. All proceeds will go the YMCA camps. For more information, call 651-645-6605 or go to www.du-nord-ymca-sale.com.

Toastmaster course starts Oct. 3
The Metropolitan Toastmasters invites you to attend a four-week course to help you develop communication skills used in everyday life work, social and community activities. The course will be held on Thursdays, Oct. 3-24, at 6:30 p.m. at Goodwill/Easter Seals, 553 N. Fairview Ave, St. Paul. To register in advance or for more information, contact Frank Mayers at 651-488-6139 or Frank62148@qcom.

Learn about bicycling in traffic
Nice Ride will present: Bicycling in Traffic 101 on Saturday, Oct. 5, 2-4 p.m. at the St. Anthony Park Library, 2245 Covo Ave.
Learn all the basic skills needed to safely drive a bicycle in an urban environment. Following the course, there will be a one-hour ride to practice and model the skills taught in the class. You must be 18 or older to participate in the ride. TweedRide bikes will be available at no cost for participants. Call 651-642-0411 to register.

Family bonfire at Langford
Langford Park will hold a family bonfire Wednesday, Oct. 16, from 6:30 to 8 p.m. Admission is free.

Northwest Como Rec update
Basketball registration begins Oct. 7 at Northwest Como Recreation Center for boys and girls ages 3-14. Registration starts at first-come-first-serve.

To find out more, contact the gallery at crc@peoplesgallery.org.
OCTOBER 2013
PARK BUGLE
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Events

Venue information is listed at the end of the calendar. Send your events to calendar@parkbugle.org by Oct. 9 to be included in the November issue of the Bugle.

1 TUESDAY
Baby lap storytime, St. Anthony Park Library, 10:30-11 a.m. every Tuesday.

2 WEDNESDAY
YMCA C.A.P. Camp WideWigwam and du Nord Fall Garage Sale, runs through Oct. 5, 9-3, Marchandia Mart, Minnesota State Fairgrounds, 9 a.m.-7:30 p.m. Wednesday-Friday; Bag Sale on Saturday, 9 a.m.-4 p.m.

A basic English class, St. Anthony Park Library, Wednesdays through Nov. 13, 1-2:30 p.m. Call 651-642-0411 to register.

English conversation circles, St. Anthony Park Library, 4:30-5:30 p.m.

St. Anthony Park Book Club, “The End of Your Life Book Club,” by Will Schwalbe, St. Anthony Park Library, 4-5:30 p.m. Call 651-642-0411 to register.

4 FRIDAY
Preschool storytime (ages 3 to 5), St. Anthony Park Library, every Friday, 10:30-11:30 a.m.

5 SATURDAY
Adoption Fair, hosted by Children’s Home and Lutheran Social Service, 9 a.m.-noon. Find out more at chlss.org/events.

Domestic & international adoption information session, CHLSS, 12:15-1 p.m.

9 WEDNESDAY
Preschool Mandarin Chinese storytime, St. Anthony Park Library, 3:3-4:3 p.m.

10 THURSDAY
St. Anthony Park Seniors C i n e m a Series, “Big Miracle,” St. Anthony Park Library, 1-3 p.m.

Adoptive parents group, Minneapolis Waiting Children, for parents who adopted children through Minneapolis foster care system, CHLSS, 6:30-8:30 p.m.

12 SATURDAY
Twin Cities Book Festival, Progress Center, Minnesota State Fairgrounds, 10 a.m.-5 p.m.

Come Park High School Homecoming: parade begins at 11 a.m. Picnic at the school at 11:30. Powder Puff football game following picnic. Fan bus leaves for football game against Columbia Heights High School at 1 p.m. Football game at 2 p.m., Griffin Field, 274 N. Lexington Parkway.

Come Park High School Class of 1983 reunion, Half-Time Rec, 7:30 p.m. Classic ‘80s music by the Rock Godz; RSVP not necessary; $5 to $15 suggested donations to CHLSS Reunion, 624 W. Cottage Ave, St. Paul 55117. Call Kathy Weyandt Jackson, 651-486-2340, with questions.

13 SUNDAY
“Veterans Remember,” moderated by Jay Grammond, part of World War II Warriors: Behind the Legends series, Roseville Library, 2 p.m.

14 MONDAY
Minnesota Waiting Children Information session, learn about adopting children who live in foster care, CHLSS, 6-8 p.m.

21 OCTOBER
N. Heights Sing, second floor, Olson Campus Center, 7 p.m.

22 TUESDAY
Domestic & international adoption, CHLSS, 6-8:30 p.m.

23 WEDNESDAY
Preschool Mandarin Chinese storytime, St. Anthony Park Library, 3-3:45 p.m.

26 SATURDAY
Ol-fashioned Halloween, Gibbs Museum, 10 a.m.-2 p.m.

27 SUNDAY

BLOCK NURSE EXERCISE
St. Anthony Park Area Seniors block nurse exercise classes meet at these times and places:

Tuesdays and Fridays, St. Anthony Park Library, 3-4 p.m.

Mondays and Thursdays, Seal High Rise, 12:30-1:30 p.m.

Wednesdays, St. Anthony Park Methodist Church, 10:30-11:30 a.m.

EXERCISE CLASSES AT LAUDERDALE CITY HALL
Mondays, 1-2 p.m., Oct. 7 & 21
Tuesdays, 11-noon, Oct. 15
Thursdays, 11 a.m.-noon, Oct. 3, 10, 17 & 24

VENUE INFORMATION:
CHLSS (Children’s Home Society and Lutheran Social Services), 1605 Eustis St., 651-646-7777
Como Park Senior High School, 740 W. Rose Ave, 651-292-8800
Half-Time Rec, 1013 Front Ave, 651-488-8245
Hansen Tree Farm, 4400 N.W. Alpine Drive, Anoka, 651-214-2305
Lauderdale City Hall, 1891 Walnut St., 651-631-0300
Micawber’s Books, 2238 Carter Ave., 651-646-5506
Roseville Library, 2180 N. Hamline Ave, 651-648-2200
Seal High Rise, 825 Seal St.
Spirit United Church, 3204 S.E. Como Ave., Mpls, 651-235-6643
St. Anthony Park Library, 2245 Como Ave, 651-642-0411
St. Anthony Park United Methodist Church, 2200 Hi-Lo AVE, 651-693-8946
St. Matthew’s Episcopal Church, 2136 Carter Ave., 651-645-3058

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St. Anthony Park Area Seniors presents 2013 Senior Cinema Series
“Big Miracle” 1-3 p.m.
Thursday, October 10th, at SAP Library

When a family of whales is trapped by rapidly forming ice in the Arctic Circle, a small-town reporter and an animal-loving volunteer rally an unlikely coalition to save the whales from the frozen sea.

For more information, call the SAP Library at 651-640-0411 or visit www.sapl.org. 2245 Como Ave.

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Frances Bartz 
Frances A. Bartz, 84, died Sept. 2. She worked in the surgery department at St. Luke's Hospital in Fargo and the Veterans Administration Medical Center in MInneapolis. She suffered a severe stroke and died peacefully with her family at her side. She was preceded in death by her sister, Eileen Gustafson.

VFW Post 295 and a member of South St. Paul

Thomas Connelly

Thomas John Connelly died peacefully Aug. 12. As a longtime resident of Como Park, he spent many hours walking around Como Lake and greeted everyone he passed. He retired from Burlington Northern and St. Paul Railroads. He was a life member of South St. Paul VFW Post 295 and a member of Rosetown American Legion Post 542 and Lutheran League Lodge 5. Special thanks to the Veterans Administration Medical Center and Lyngbyombian Care Center for their compassion and care.

He was preceded in death by his mothers, father and brother.

He is survived by his wife, Rosemary; daughter, Kathy (Don) Wilken; son, Frank (Beth) Connelly; three grandchildren; and sister, Mary (Ron) Linn. A memorial service and celebration of Tom's life was held Aug. 19 at VFW Post 295 in South St. Paul, with interment at Fort Snelling.

Betty Galligan

Betty A. Galligan, 88, a lifelong resident of St. Paul, died peacefully surrounded by family on Aug. 21. Betty was a long-time 3M employee. She was known for her beautifully decorated Christmas tree, which was admired by many. She loved her family and her faith and was proud of her Irish heritage.

She was preceded in death by her daughters, Dr. John “Bud” Galligan and Bill Galligan; sister-in-law, Cecilia Galligan; and brother-in-law, William Downing. She is survived by her twin sister, Jean Downing, and sister-in-law, Mary Galligan.

Mass of Christian Burial was celebrated Aug. 27 at Holy Childhood Catholic Church with interment at Resurrection Cemetery.

Glen Halvorson

Glenn Halvorson, 66, of MInneapolis, died suddenly of natural causes on Aug. 13.

Glenn was a photographer at the Walker Arts Center for 25 years. In retirement he enjoyed bicycling, photography, and spending time with his photography. He frequently exhibited his panoramic photos at the State Fair Fine Arts show.

Glen was preceded in death by his mother, Betty Halvorson, of New London, Minn.

He is survived by his father, John, and John’s wife, Nancy; children, Anna and Theodore (Auralie); and sister, Sandy Halvorson, of WInnipeg.

A memorial service was held at St. M athew’s Episcopal Church on Aug. 20.

Frederick Herschler Jr.

Frederick Albert “Herky” Herschler Jr., died Sept. 2, in Grandnord, N.C., after a battle with cancer.

He was born in the Como Park neighborhood and graduated from Murry High School and the University of MInnesota, where he received a degree in economics in 1949. He served in the Navy during World War II and shared his stories of towing the Nagato, the Japanese emperor’s flagship, to Bikini Atoll for a-bomb tests following that nation’s surrender.

Besides having a productive career in sales management, Fred invented board games such as “Foil” and “I’m Thinking Man’s Golf,” which were marketed by 3M as part of its “Bookcloth” games series.

He served honorably as a St. Paul Rotarian for 36 years. He moved to North Carolina in 1985, where he married Anne M. Elwee.

Fred is survived by his wife, cat, Sammy; daughters, Kimberly and Andrae; a general; two great-grandchildren; and brother, Dick (Annette).

Lorraine Kemmer

Lorraine Kemmer, 86, of Falcon Heights, died Aug. 24 at the St. Anthony Park home, where she lived the last 10 months of her life.

Lorraine was born March 29, 1927, in Chester, Iowa, to Henry Stevensen and Laura Nikoley. She graduated from Chester High School in 1945 and attended Mucadad College and the University of MInnesota, graduating with a degree in home economics in 1949.

In 1949 she also married Eugene Kemmer, of Spring Valley, Minn. They had three children, Steven, Jeff and Janine. They also had a fourth “child,” a pet crow, for 28 years, who used to liven up Halloween in Falcon Heights.

Celebrated Aug. 27 at Holy Childhood Catholic Church, with interment in St. Paul Cemetery.

Eldon Metaas

Eldon John Metaas, 64, died Aug. 30. He was born in Staples, Minn., and lived in south MInneapolis and Fridley for his adult life. He owned the Round Bobbin Sewing Center in Falcon Heights, and enjoyed both his staff and customers for nearly five decades. Boating and music were a big part of his life.

He was preceded in death by his wife, Laura, and sister, Leola Connery. He is survived by two daughters, Karleen Vanden Broecke and Shannon Vanden Broecke; and four grandchildren.

Lorraine was active in 4-H; Campfire Girls of St. Paul, for which she was a house manager with the Chimera Theater ushering program for many years the MInnesota Genealogy Association, particularly the Danish Group; the MInnesota Women’s Consortium, where she did legislative monitoring of women’s issues; and the MInnesota Women's Economists in Home-making.

She was named Home Economist of the Year in 1995. Lorraine loved nature and was an avid bird watcher and gardener. She will be missed by her family and all who knew her.

She was preceded in death by her husband, Eugene (1990). She is survived by her children, Steve (Joan), Jeff (Deb) and Janine, and granddaughter, Sara.

A private family service was held.

Paul McCarron

Paul McCarron, 79, of Spring Lake Park, died Aug. 11. He was a distinguished city and county public official and businessman who left a legacy for all. He was also a knowledgeable and kind man.

In 1972, M.C. aron was elected to the MInnesota House of Representatives, where he served for 10 years.

In 1982, he was elected to the Anoka County Board of Commissioners. He continued his service to Anoka County and the State, chairing his last meeting on June 25, 2002, before entering the hospital.

In the private sector, Paul was president and general manager of M.C. Gregor Agri-Corporation from 1976 until 2000.

Paul is survived by his wife Lois; son, Shane (Aimes) Lemen; daughter, Janet (Dennis) Jensen-Guthrie; six grandchildren, and 10 honorary grandchildren in Ireland, two in England, two in Peru, and Lions exchanged daughters in four countries. He is also survived by brothers-in-law, Walter (Bonnie) Buhl and Scott Johnson.

Mass of Christian Burial was celebrated Aug. 17 at the Church of St. Cecilia at St. Anthony Park.
Lives Lived from 20
(Mary (Mike) Cavanaugh, Dan (Christine), Sue (Jim) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, (Dan) D...
their historic relationship to the U, but new lease terms were worked out that broadened the Grove’s eligibility pool to include most permanent University staff. The new terms also provided crucial hardship waivers that allow sellers to turn to the open market when they can’t find buyers within the University community.

Most residents say that the dispute has been settled and there is no lingering bitterness. Estimates vary, but Taff says that the majority of residents are “still professors” and their families. Sue Weinberg, director of University Real Estate, notes that three hardship waivers have been granted since 2011.

Dworkin thinks about 10 percent of the houses belong to residents without University affiliations, but he says there are some other hard demographic truths to be considered.

“U Grove from 12

It’s no longer remotely possible for a faculty member in liberal arts to afford a house in the Grove [on one salary]. Nowadays the main wage earner must have income in the six figures... to afford [one].”

Other changes have come to the Grove as well. The young families of the 1960s have aged in place to become retired couples. By the start of the new century children were a rarity in an area that once pointed with pride to its open commons, which allowed the many neighborhood kids to roam safely about the area.

Census data from 2010 reveal that, even excluding the area that includes the University retirement facility at 1666 Coffman St., the median age for the rest of the Grove hovers around 50 years old. On some blocks, more than 75 percent of residents live in one- or two-person households.

Many residents say they have noticed an uptick in the number of young families moving in just the last few years. “On our part of the block,” says Gehrz, “there’s a ton of new families with young children.”

But turnover in the Grove is slow, with only a few houses changing hands each year. Says Dworkin, who is 85, “[M y wife and I] are at the stage when we think about what are we going to do when we get old. We’ve no intention of moving. It’s wonderful to live here. I hope to die peacefully in place.”

Judy Woodward is a Ramsey County librarian and a frequent contributor to the Park Bugle.

This article is part of a series of stories that look at different aspects of the Bugle’s communities as revealed by the findings of the 2010 U. S. Census. It has been made possible in part by the Arts and Cultural Heritage Fund through the vote of Minnesotans on Nov. 4, 2008. Administered by the Minnesota Historical Society.

Exercise Classes for Seniors in Lauderdale this Fall

THURSDAYS: 11–noon, Oct. 3, 10, 17 & 24 and Nov. 7, 14 & 21
MONDAYS: 1–2 p.m., Oct. 7 & 21 and Nov. 4 & 18
TUESDAYS: 11–noon, Oct 15 and Nov. 12 & 26
Lauderdale City Hall, 1891 Walnut St., Lauderdale
For more info, call St. Anthony Park Area Seniors at 651-642-9052 www.sapseniors.org


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Murray High School Homecoming 1953: University Grove teens, from left, Cara Nordly, Ann Snyder, Judy Piper, Marilyn Fenske Hetzler (second from right) and Kate O’Brien. Hetzler remembers riding the intercampus streetcar to and from University Grove while growing up on Vincent Street. Photo courtesy of the University Grove Homeowners Association.

A crowd of University Grove kids heading down Northrop Street in the 1940s. Photo courtesy of the University Grove Homeowners Association.
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By Alex Lodner

Planting zucchini in your garden is a big commitment. This variety of summer squash is prolific to a fault, leaving you with overflowing baskets this time of the year.

The bumper crop may be daunting even to the most inventive of cooks. But from the most complex stew to a simple grilled side dish, zucchini is as versatile as it is abundant. Zucchini can be used in cakes, soups, salads, sauces and much more.

An inattentive gardener might find a mammoth zucchini hiding under the prickly leaves; at that size they are perfect for stuffing. Even the lovely yellow blossoms are edible and are often stuffed or delicately fried tempura style. Best of all, zucchini is easily shredded and freezes well, so you can enjoy its freshness in your cooking and baking all year long.

Here is a fun fact to amaze and delight your friends: Although the zucchini is treated as a vegetable in cooking, botanically it is actually an immature fruit, harvested at about half its possible size. Fittingly, zucchini has a wonderful sweet flavor that can add moisture to pastries yet is subtle enough to use in savory dishes.

The eat beat is a new section in the Bugle that will feature occasional articles about food.

**Zucchini: versatile, prolific, tasty**

Matt Ellison, executive chef at Muffuletta in St. Anthony Park, loves using zucchini and a variety of other squashes at his restaurant. Through spring, summer and fall, he includes squash in a variety of dishes, including a delicate gnocchi and a flavorful fritto misto with calamari, shrimp and squash medallions. In winter, as the menu moves away from lighter dishes and toward a heartier profile, Ellison will begin using heavier squashes like butternut and pumpkin.

Getting hungry? Below is a simple recipe modified from myrecipes.com that uses zucchini and other vegetables abundant this time of year. You can substitute any vegetables you like, just be sure they are chopped into same-sized pieces.

Alex Lodner is a freelance writer who lives in the Como Park neighborhood.

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### Fall Pasta Primavera

1 tablespoon olive oil
5 cups peeled, chopped fall vegetables such as zucchini, carrots, turnips, peppers or broccoli
1 clove garlic, minced
1 cup low-sodium vegetable or chicken broth
12 ounces bow-tie or other shape pasta
1/4 cup chopped parsley
1 1/2 teaspoons grated lemon zest
Grated Parmigiano-Reggiano

Heat olive oil in large skillet over medium heat.
Add chopped vegetables and saute for 5 minutes. Add garlic, saute 1 minute longer.
Pour in broth. Cover, reduce heat to low and simmer until vegetables are slightly tender.
Transfer to a bowl.
Meanwhile, boil pasta in a pot of salted water until al dente. Reserve 1 cup cooking liquid; drain.
Add pasta to vegetables. Sprinkle with chopped parsley and lemon zest. Toss to coat (add cooking liquid 1 tablespoon at a time if pasta is dry). Top with grated Parmigiano-Reggiano.

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Saint Paul Officers earn $9,300 LESS annually than an RFD Prairie Officer

Contact Mayor Coleman, 651-266-5010 or mail@cityofstpaul.mn.us, tell him we need better than the 22nd-best recruits.