

Success stories

The Hubert H. **Humphrey Job Corps** Center helps students find a trade.

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Back to school

Here's the September news from our area institutions.

Page 16



The versatile zucchini

Wondering what to do with your summer squash? Read on.

Page 24

St. Anthony Park Falcon Heights Lauderdale Como Park

Park C October 2013 www.parkbugle.org



The new gate and transit station will be built on the Minnesota State Fairgrounds near the Giraffe Lot on the northwest side of the fairgrounds. The bus hub and gate will open just to the west of the grandstand (shown at left) at the site of Heritage Square next August. You can see one of the old train cars that were part of the fair's history museum at right, which will be moved to accomodate the project.

Fair's new transit hub will open in August 2014

By Kristal Leebrick

When the Minnesota State Fair opens in August 2014, traffic congestion should improve on both Como and Larpenteur avenues, if the fair's new transit hub and gate on the northwest side of the fairgrounds works as planned, says Jerry Hammer, the fair's general manager.

The new entrance's affect on traffic on Cleveland and Commonwealth avenues near the University of Minnesota's St. Paul campus is an unknown.

August, the announced its plans to build the \$10 million hub and exhibit area to the west of the Grandstand at the site of the nearly 50-year-old Heritage Square, home to the State Fair History Museum, the Minnesota Newspaper Museum, and unique vendors such as a blacksmith and a taxidermist. The project will include a new stage and vendor area and a new gate and transit station that will accommodate buses coming off of the University of Minnesota Transitway.

gate The small Commonwealth used mostly by pedestrians will be closed and walkers coming from the St. Anthony Park neighborhood will be able enter the fairgrounds through the new gate.

The site for the new entrance backs up to one of the State Fair parking lots, which is shared with the University of Minnesota when the fair is not in session. Some of the parking there will be removed to accommodate buses that will be funneled to the hub through the transitway, which connects the U's Minneapolis and St. Paul campuses and runs along the west side of the fairgrounds.

The project will include a

new fence line that will place the we have south of Como fill much aren't worked out yet," he said, parking lots on the north and west sides of the grandstand outside the fair's gate.

"This will have tremendously positive impact on alľ traffic around fairgrounds," Hammer said. "Right now when cars come into the gate at Hoyt and Snelling or on Larpenteur, they are doing two transactions: admission tickets and parking. The lots that

easier because they are outside the gate. All you have to do is buy a parking ticket and that's

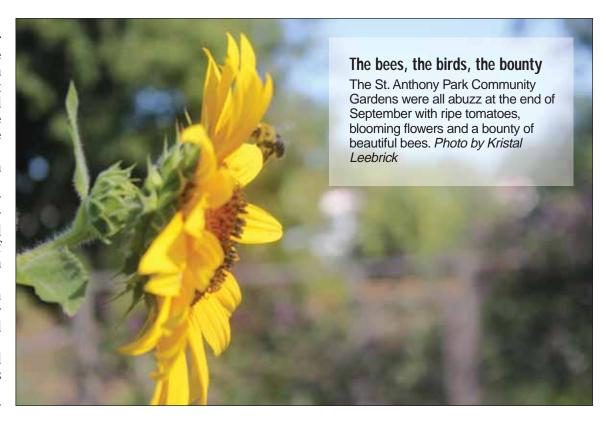
Making just one transaction when you pull into a lot will move the lines of cars more quickly, he said.

At press time, Hammer could not say whether cars would be able to access the new gate from Commonwealth. "Details

but he didn't expect the fair would want to mix car traffic with the bus traffic coming off the transitway next Commonwealth.

The majority of car traffic comes into the fair at entrances on Larpenteur on the north side of the grounds and Hoyt Avenue on the east side of the grounds,

State Fair to 6





HOME SWEET HOME

There's no place like home, and this month we're writing about just that in our annual Home Sweet Home section.

Judy Woodward tells the history of the Falcon Heights neighborhood University Grove and its unique leasehold arrangement. Alex Lodner looks at what makes homes in Bugleland so appealing. And some area realtors and contractors weigh in on today's trends and those that have gone by the wayside.

It all starts on page 11.

Como Park

The District 10 Como Community Council meets at 7 p.m. on the third Tuesday of the month at the Como Streetcar Station, 1224 N. Lexington

Learn how to prevent food waste

While no one buys food with the intention of throwing it away, recent estimates show that the average household wastes nearly \$100 in food every month. Learning simple ways to shop smarter and store food better helps the environment and our

Learn tips and tools to prevent food waste at a workshop, cosponsored by the District 10 Como Community Council and Eureka Recycling, on Sunday, Oct. 6, at 3 p.m. at the Historic Streetcar Station, 1224 N. Lexington Parkway.

Advance registration is required; workshop cost is \$5. Call 651-222-7878 to register.

Pancake breakfast fundraiser will feature a silent auction this year

The District 10 Como Community Council will host its annual fall pancake breakfast fundraiser on Saturday, Oct. 26, from 9 to 11 a.m. in the cafeteria at the Hubert H. Humphrey Job Corps Center. This fun, family event includes a kids' activity corner and costume parade. New this year: A silent auction will feature unique, local products and

Tickets are \$6 for adults and \$3 for kids 3-12. Tickets for children under 3 are free. Admission includes all-you-can-eat pancakes, sausage, juice and Velasquez Family Coffee.

Tickets are available at the door

in advance www.district10comopark.org.

Block club leaders meet Oct. 24

Block club leaders form the backbone of many neighborhood activities in the Como Park neighborhood, including crime prevention work, National Night Out events and other initiatives. District 10 is recruiting block leaders to join its network of nearly 70 block

If you are interested in learning more, come to the quarterly blockclub leaders meeting on Thursday, Oct. 24, at 6:30 p.m. at the Historic Streetcar Station, 1224 N. Lexington Parkway.

Falcon Heights

The Falcon Heights City Council meets the second and fourth Wednesday of each month at 7 p.m. at Falcon Heights City Hall, 2077 W. Larpenteur Ave.

Styrofoam can now be recycled

Did you know that Tennis Sanitation, the city's recycling company, now accepts Styrofoam? The Styrofoam must be bundled in a plastic bag. For more information on what Tennis Sanitation recycles, call 651-459-1887.

Adopt-a-Crop needs your veggies Donate your extra garden produce to

Falcon Heights' Adopt-a-Crop program. The city accepts all produce and delivers it daily to our local food shelf. Just come into City Hall, 2077 W. Larpenteur Ave., to drop off your produce. Help increase donations this year to reach the city's goal of 2,000 pounds.

OLLI classes are back

The courses below are being offered this fall. Full descriptions and registration information can be found at www.falconheights.org.

- Genes, the Blueprints for Life: How Genes Determine our Structure, Functions, and Behavior: Wednesdays, Sept. 18-Nov. 6, 10:30 a.m.-noon
- Mammals: Adaptations, Diversity, Ecology: Wednesdays, Sept. 18-Nov. 6, 12:30-2 p.m.
- Namibia: Challenges and Opportunities: Fridays, Sept. 20-Nov. 8, 12:30-2 p.m.
- Here It Comes—the Affordable Care Act: One session, Tuesday, Oct. 15, 1:30-3:30 p.m.

Tae Kwon Do classes start soon

Children and parents can learn selfdefense and martial arts skills while developing coordination and flexibility at a Tae Kwon Do class this fall. Basic kicks, punches and strikes are taught through exercises and games. This program promotes fitness, basic protection skills and

Classes for ages 6 to adult will be held on Tuesdays, Sept. 26-Oct. 31, and again Nov. 5-Dec. 10, from 5:30 to 6:15 p.m. The cost is \$50 for residents and \$57 for nonresidents.

Go to www.falconheights.org to find out how to register.

Fire department open house

It's time for the annual fire department open house on Saturday, Oct. 5, 11 a.m.-2 p.m. at City Hall, 2077 W. Larpenteur Ave. Experience what it's like to be a Falcon Heights firefighter. Meet local volunteer firefighters, tour the fire garage, sit in fire trucks and check out firefighter

Stove and car burns will be demonstrated in the parking lot during the event. Also, learn how to properly use a fire extinguisher. Car burnings will be held at 12:30 p.m. and 1:30 p.m. Fire extinguisher demonstrations will be held at noon and 1 p.m.

Lauderdale

The Lauderdale City Council meets on the second and fourth Tuesday of the month at 7:30 p.m. at Lauderdale City Hall, 1891 Walnut St.

Join the Park & Community **Involvement Committee**

If community-building events in Lauderdale are important to you, consider volunteering or joining the city's Park & Community Involvement Committee, which meets about seven times per year on Mondays at 6:30 p.m. Contact Jim Bownik at City Hall, 651-792-7656, for more information.

St. Anthony Park

The District 12 Community Council meets on the second Thursday of each month at 7 p.m. at South St. Anthony Recreation Center (SSA), 890 Cromwell Ave. The district's Land Use Committee meets on the first Thursday of the month at 7 p.m. at SSA. The Energy Resilience Group meets at 7 p.m. on the third Thursday of the month. Email erg@sapcc.org to find out the location each month. The Environment Committee meets at 7 p.m. on the fourth Wednesday of the month at SSA.

Meet reps at Town Hall Meeting

Connect with your community and elected officials at the St. Anthony Park Town Hall Meeting, Tuesday, Oct. 8, at 6:30 p.m. at Luther Seminary Olson Campus Center, at the intersection of Fulham Street and Hendon Avenue.

Come together as a community to learn about and discuss some of the work in the neighborhood. St. Anthony Park Community Council committees and groups will host interactive displays and presentations on current projects and initiatives. After browsing, socializing and learning, the group will convene for a brief discussion before splitting into small groups to discuss particular issues and interests.

Each small group will come up with a question or two to pose to the elected officials who will be present are City Councilmember Russ Stark, County Commissioner Toni Carter, Metro Council Commissioner Jon Commers, Sen. Richard Cohen of District 64 and Sen. John Marty of District 66.

Board elections are Oct. 29

The election for the St. Anthony Park Board of Directors will be held on Tuesday, Oct. 29, from 4 to 8 p.m. at Speedy Market, 2310 Como Ave., and Hampden Park Co-op, 928 Raymond Ave.

There are openings on the board. Serving on the board is a great opportunity to connect with the community and work on important issues and initiatives. The board makes important decisions about a wide array of topics, from transportation and development, to sustainability and the environment.

City Files to 10



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Swan song

You know summer's over when school buses start rolling down the streets, daylight dwindles and outdoor music events come to an end. Como Zoo and Conservatory concluded its six-week-long "Groovin' in the Garden" music series on Sept. 11 with a concert by the Melvilles. The weekly series began on Aug. 7 and featured food, beverages and a bouncy house and climbing wall for kids. This is the second year the park has hosted the event. Photo by Becky Kapell

Job Corps is 'high school, college and trade school mixed together'

The school's self-paced learning helps students get on a career track

By Roger Bergerson

Angeljalec Givens confesses that she used to dislike school, and if teachers and administrators at the Job Corps Center hadn't intervened, that attitude might have cost her dearly.

Givens, now 21, dropped out of Como Park Senior High School and worked several jobs that she could see were going nowhere. Her mother suggested she give the Job Corps, the federal education and career training program for disadvantaged young people, a try.

She was accepted at the Hubert H. Humphrey Job Corps Center, 1480 N. Snelling Ave., last October and entered the program with a new sense of purpose.

"I decided to come here, get my GED (high school equivalency degree) and get my life started," she

As things turned out, it wasn't quite that simple. Givens, who is among the 15 percent of St. Paul Job Corps students who do not live on



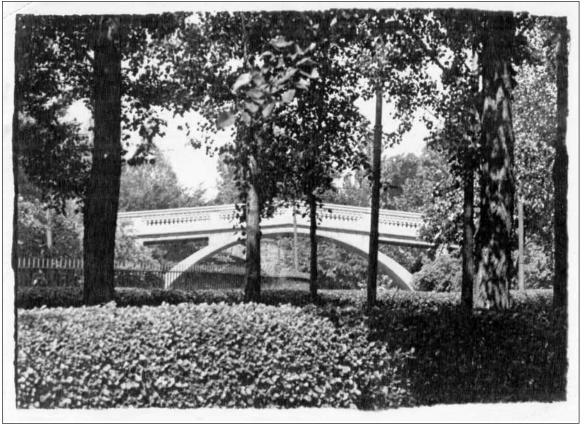
Angeljalec Givens, left, and Cate Smith Edlund Photo by Roger Bergerson

began missing classes.

She is grateful to school officials who sat her down and warned her

campus, reverted to her old ways and that she was in danger of being dropped from the program.

Job Corps to 10



The pedestrian bridge will be restored to its Classic Revival architectural style. Courtesy City of St. Paul

Como Park pedestrian bridge project has been moved to 2014

By Roger Bergerson

The same phenomenon affecting public works projects across the metropolitan area has delayed the restoration of the historic footbridge in Como Regional Park.

It was originally thought that the bridge, which lies just northeast the Horton Avenue and Lexington Parkway intersection, would be well along in the renovation process by now, but no work will be done this year.

"We have plans

bidding climate is very poor," said Don Varney, a landscape architect with the City of St. Paul's Parks and Recreation Department and the project manager.

shortened construction season because of a wet spring and other factors have left contractors with plenty of work and cities seeing either a lack of interest in projects or bids Highway Administration funding much higher than anticipated.

"We will bid the project for \$1.1 million restoration.

specifications ready, but the current construction in the spring of 2014 and have more contractors available to seriously consider bidding on the work," Varney said. "The details of the project scope remain the same."

The footbridge near the The improving economy, a Historic Streetcar Station once formed a main entrance to Como Park but was reduced to little more than a ruin over time.

A combination of Federal and city bonding will be used for the

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Next deadline: Oct. 9. The paper will be published on Oct. 22.

The Park Bugle is a nonprofit community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community

Opinions expressed in the Bugle by the editor, writers and contributors do not necessarily represent the opinions of the board of directors, Park Press, Inc. Copyright 2013, Park Press, Inc. All rights reserved.

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Currently serving on the board are Grant Abbott, Lynn Abrahamsen, Ted Blank, Emily Blodgett, Bruno Bornsztein, Ann Fendorf, Nate Flink,

Michael Griffin, Mark Johanson, John Landree, Bob Milligan, Nancy Olsen, Glen Skovholt, Jan Sedgewick and Kathy Wellington.



ORIAL

Word

A scrawled message on the Midwest Bicycle Supply building at Carleton Street and Charles Avenue in south St. Anthony could be worth a thousand of them.



Erratum: What we meant to say is, those bikes are cool

If you were scratching your head **L**after reading the editorial in the last issue of the Park Bugle ("Cool community, cool creations"), there really was a punch line. Unfortunately, it was inadvertently cut out as we prepared the paper to go to press.

We wrote about artist Carrie Christensen's Wayfinding Art Bikes, which are parked throughout St. Anthony Park now until the first snow. We published photos of two of the bikes, "One Week" and "Take Time to Read."

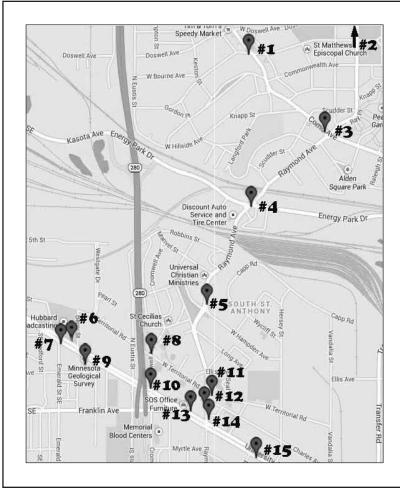
Here's what the last two paragraphs of our editorial was supposed to say:

While we were taking photos of "Take Time to Read," a woman and her three children stopped to ask about the 15 bikes scattered throughout the neighborhood. After hearing about the project, she said, "Yay to our cool neighborhood."

We agree.

At right is the Garden Bike, located at Milton Square at Carter and Como avenues.





Want to take a tour of the Wayfinding Art Bike project? This map shows the location of each bike.

St. Anthony Park Wayfinding Art Bikes

- #1 Garden Bike
- #2 Peace Bike
- #3 Take Time to Read Bike
- #4 Next Stop Co-op Bike
- #5 Moon and Stars Bike
- #6 Mermaid Bike
- #7 Green Line Bike

- #8 Public Design **Exchange Bike**
- #9 Geo Bike
- #10 Rainbow Bike
- #11 Recycling Bike
- #12 Time Flies Bike
- #13 Where 4 Art thou?
- #14 One Week Bike
- #15 Two Stools to the Wind Bike

Music in the Park Series presents Erin Keefe and Anna Polonsky

The Schubert Club's Music in the York Times and has established a Institute of Music and a master's Park Series will present violinist Erin Keefe and Russian-born pianist Anna Polonsky on Sunday, Oct. 27, at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave.

A pre-concert discussion will be held at 3 p.m. at the church.

Keefe, who is concertmaster for the Minnesota Orchestra, makes her Twin Cities recital debut in a program that will feature works by Beethoven, Lutoslawski, Smetana and "Valentines" for violin and piano by Minnesotan David Evan Thomas.

Keefe has been hailed as "an impressive violin soloist" by the New

reputation as a compelling artist who combines exhilarating temperament and fierce integrity.

Keefe earned a master of music degree from the Juilliard School and a bachelor of music degree from the Curtis Institute of Music. She performs on a Nicolo Gagliano violin from 1732.

Polonsky made her solo piano debut at the age of seven at the Special Central Music School in Moscow, Russia. She immigrated to the United States in 1990 and attended the Interlochen Arts Academy in Michigan. She received a concerts in St. Anthony Park's

degree from the Juilliard School.

A member of the Schumann Trio, Polonsky also collaborates in a two-piano duo with her husband, pianist Orion Weiss. In addition to performing, she serves on the piano faculty of Vassar College.

Tickets for the performance are \$24. You can buy them online at schubert.org/musicinthepark or call 651-292-3268.

Founded more than 30 years ago, the Music in the Park Series engages outstanding artists and chamber ensembles to present

bachelor's degree from the Curtis United Church of Christ. Como Curb Cleanup starts Oct. 5

The Como Curb Cleanup will span the full month of October this year.

The cleanup is a collaborative effort among Como neighbors and several cross-sector partners with a goal of cleaning up as much organic neighborhood curbs and street to encourage neighbors to establish

gutters to help prevent the material from washing or blowing into the storm drains and subsequently being carried into Lake Como or the Mississippi River.

This year the cleanup will updates on the event. debris as possible from the provide free chicken wire and zip ties

their own backyard compost piles.

Learn how to join this growing movement of hundreds of your Como neighbors by calling 651-261-7416 or go to CLNN.org to see

Sunrise Banks' Park Perks donates to Bugle

coffee bar, Park Perks, raised \$639 for the Park Bugle, the nonprofit provided free to residents in St.

Heights and Lauderdale.

community newspaper that is the Bugle on its charitable giving list. Each month, Sunrise Banks

In August, Sunrise Banks' charitable Anthony Park, Como Park, Falcon devotes the profits from its sales at the coffee bar at its Como Avenue Thanks to Sunrise, for including branch to designated nonprofit community organizations.

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St. Anthony Park Elementary School's 18th Fall Festival and Silent Auction: Friday, October 25 / 5:30-8 p.m. Live music w/ "Light of the Moon"
 Dancing • Fun crafts & activities • Bake sale • Pizza • Taco-in-a-bag • Scholastic Book Fair Chinook Book sale Decorated/carved pumpkin contest 2180 Knapp St., St. Paul 55108

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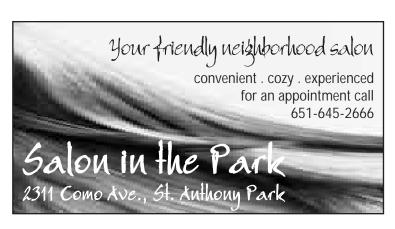
Tuesday, October 8, 6:30-8:30 p.m.

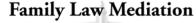
Luther Seminary, Olson Campus Center, 1490 Fulham St. More info at sapcc.org/townhall2013













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Letters About Literature essay contest open for grades 4 to 12

The Minnesota Book Awards calls all competition levels: Level 1, fgrades 4- cash award. Minnesota students in grades 4-12 to participate in the Letters About Literature National Essay Contest.

Sponsored by the Center for the Book in the Library of Congress, the contest asks readers to write a letter to an author describing how his or her work touched their lives in a personal way. Authors can be of any genre or time period and can come from any country.

The contest has three 6; Level 2, grades 7-8; and Level 3, grades 9-12. State level judges will choose the top essayists from each of the three competition levels who will advance to the national level. Prizes will be awarded to the top three winners of each level.

A panel of judges will select one national winner per competition level to receive a \$1,000 cash award and one national honor per competition level to receive a \$200

Entries will be assessed on the writer's achievement in addressing the contest theme; the writer's use of language skills; and the writer's style and originality of expression.

There are two deadlines for the competition: Dec. 10, 2013, is the deadline for Level 3. Jan. 10, 2014, is the deadline for Levels 1 and 2.

For more information, visit www.thefriends.org.

State Fair from 1

and that won't change, he said.

Heritage Square, originally called Teen Fair, opened in 1964 and had a separate entrance from the State Fair. Teen Fair, which went through a number of name changes over its 12 years—Teen Age Fair, Young America Center, Youth Expo—had a dance floor and held fashion and car shows. In 1975, the area was renamed Heritage Square in time for the 1976 U.S. Bicentennial.

"Everyone was wearing 'Little House on the Prairie' clothes," Hammer said, "and that changed big time, which it should have.

The stage on the western edge of the square was destroyed 25 years ago when a roof collapsed. The fair has been bringing in a temporary stage each year for the venue's daily performances. The new facility will include a permanent stage and continue to offer the same type of music—Americana, oldtime and bluegrass, polka, and fiddle and guitar contests—that has been performed in the square over the last few years.

"[Heritage Square] was never meant to be permanent," Hammer said. "The idea is that it would be around a little while—five or 10 years. Duct tape and paint are holding it together."

The renovations will be similar to the 2007 remake of International Bazaar on Judson Avenue, Hammer said. Built of wood in 1970 and named the Mexican Village, the area was renamed in 1984 and expanded and rebuilt in 2007 with a new stage, restrooms, and room for 120 concession and exhibit spaces.

One exhibitor that won't return to the Heritage Square site is the Minnesota Newspaper Museum, a working 1930s-era newspaper office that prints a daily edition of the Maynard News during the fair. The museum, established in 1987, used a vintage Linotype printer and a Babcock printing press to publish the paper, which is named after the small-town Minnesota newspaper where most of the equipment came

from.

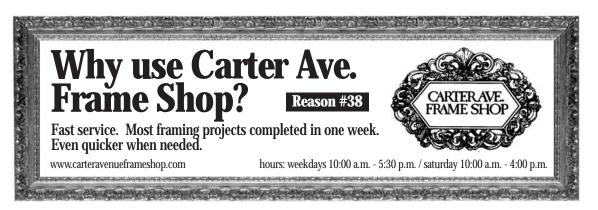
Costs to move the brick building to another site are too prohibitive for the Minnesota Newspaper Foundation, which runs the museum, but the fair is working with the foundation to relocate the museum on the fairgrounds, Hammer said.

'We'll do whatever we can to help get that done," Hammer said. "We have some buildings that might work."

Hammer expects many of the Heritage Square vendors to return to the area next year. "It's my hope that they will all return," he said. All vendors have to re-apply to the fair each year. "Nobody here has space for more than one year at a time," he said.

As far as rental rates increasing in the new venue, Hammer said rates for exhibit areas are set annually. "If they change, they change throughout the fairgrounds," he said.

The new venue—which has yet to be named—will be nice, Hammer said. "We won't let anybody down. The music there won't change. It will just be a nice, new facility."



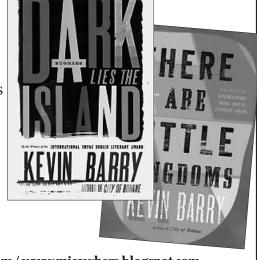
Kevin Barry Thursday Oct. 3 at 7 p.m.

Kevin Barry author of "City of Bohane" will read from and discuss his two new collections of stories, "Dark Lies the Island" and "There Are Little Kingdoms." There will also be a limited supply of Fulton beer courtesy of **Fulton & Graywolf Press.**



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The Birdman of Lauderdale

by Clay Christensen

A bird's bill indicates the food it eats and helps identify it

The idea for this column came to me out with my binocs every time he last March. It was given to me by a male red-bellied woodpecker. When a red-bellied lands on the suet feeder out in my yard, I usually grab my binoculars to check out whether it's a male or a female.

The red on the head of the male starts at the base of the bill and goes up over the head and down the nape of the neck. On the female, it starts at about the top of the head. There may be a blush of red behind the bill, but then there's no more red till the top of

I had my binocs focused on this red-bellied woodpecker when I noticed that his upper beak was broken. The last half-inch or so of the tip was missing. It ended in an abrupt, but clean, vertical cleft. As the bird worked on the suet, I could see his tongue flicking out and back through the grove in the lower mandible. The tongue was as thin as

I wondered how the injury had happened. My peanut feeder is a steel tube with holes in it that the birds peck through to get at the shelled peanuts. Had this bird broken his bill striking the steel or getting his beak stuck in one of the holes?

Or had the woodpecker been pecking at a tree trunk and hit a knot? Whatever it was, it must have been something violent to break off so much of his bill.

Even with half his upper bill missing, the bird didn't seem to be deterred, pecking away at both suet and peanuts. He used his lower beak, whacked at the food, pried a chunk loose, clamped it using what remained of his upper beak and then gulped it down.

our feeders nearly every day. How would he do with such a severely broken beak? I could certainly identify him, and so I checked him

showed up. Do birds' bills grow back? Or was this guy doomed to a partial beak for the rest of his life?

He was able to forage for food, but I would imagine he wasn't excavating any nesting cavities with such a blunt upper bill.

Over the weeks and months of our rainy spring, this woodpecker's bill showed a gradual lengthening. It even tapered as it grew, looking like it would end in a point like it had originally.

I did a bit of research and learned that a bird's bill is composed of keratin monomers and chitin that assemble into bundles. This gives the linear aspect to the bill. The bundles are tough and insoluble.

Birds also have chitin in their feathers. We have chitin in our fingernails and hair. And, like our fingernails, a bird's bill grows so that the cells on the end, which take all the impact from pecking and chiseling, are replaced constantly.

Birds' bills can grow from 1 to more than 3 inches a year. So this red-bellied woodpecker just needed time and good health to restore that last half-inch of his upper mandible.

The Norman Bird Sanctuary in Middletown, Rhode Island, has a posting on bird beaks that describes how you can often get a clue to bird identification by its bill shape. And the bill usually says a lot about what the bird eats.

For example, my woodpecker has what's called a chisel-type bill: long and chisel-like for boring into wood to eat insects, but also to chisel out a nesting or roosting cavity in a

Sparrows and cardinals have a The woodpecker returned to cracker bill: short and conical for cracking seeds.

Birds of prey have shredder bills, hooked and very sharp, that enable



A male red-bellied woodpecker. Photo by Ben Wilson.

hawks and owls to tear meat into bite-sized pieces.

Hummingbirds use their probe bills to get nectar out of flowers, but also to snap up the occasional tiny gnat or spider for some protein.

Some ducks have strainer bills, long, flat bills that strain small plants and animals from the water.

Herons, egrets and kingfishers have spear bills they use for fishing.

Warblers have thin, pointed tweezer bills for nabbing insects.

Finally, there's my favorite, the American crow with what's described as the Swiss Army knife bill, a multipurpose beak for omnivorous diet of fruit, seeds, insects, fish and other animals.

If you can get a look at a bird's bill, you can get a good idea what foods it prefers and help with identifying the bird.

And if you see a bird with a broken beak, you have some assurance that, if it can keep getting nutrition and defending itself from predators, that beak will grow back over time.

Clay Christensen watches and writes

about birds from his home in Lauderdale. He blogs at www.BirdmanofLauderdale.com. His book, The Birdman of Lauderdale, is due out in November.

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Prairie bison subject of next Audubon talk

and chair of biology at Gustavus Adolphus College, will present "Bison on the Open Prairies" on Thursday, Oct. 10, at 7 p.m. at Fairview Community Center, 1910 W. County Road B, Roseville. The presentation is sponsored by St. Paul Audubon.

Although bison once roamed the American plains in the millions, the vast majority of them now exist as small herds of less than 400 individuals on relatively small, private

Conservationists envision a return of bison to the open prairie, yet for the foreseeable future the conservation challenge with bison is the management of genetic diversity in small herds. To do so, many conservation herds rely on replacing older herd bulls with younger bulls

Dr. Jon Grinnell, associate professor from other lineages, yet these new bulls have no guarantee of achieving the kind of dominance status necessary to get substantial matings.

Grinnell will discuss the findings from six years of data on bison behavior and mating success at Ordway Prairie in South Dakota and the attempts to maximize herd diversity.

The results have implications for how small herds are managed, as well as providing a glimpse into the strategies employed by bulls to achieve mating success.

The presentation is free and open to the public. A social time with refreshments begins at 6:45 p.m.

For more information, call Linda Goodspeed at 651-647-1452.



A Gulf Coast journey and lessons in corporate change subjects of two recently released books by local writers

leaving home or want to learn how recently released publications by a couple of St. Anthony Park residents.

In Learning From Alligators, a multimedia e-book by John and Nat document their 2011 journey exploring the Gulf Coast from

If you are yearning to take a trip to kayak, bicycle, airplane and minivan. programs at Hamline University's to effect change in your organization, Nat, share encounters with alligators, you may want to take a look at two oystermen, pelicans, scientists, oil-spill workers and endangered whooping cranes.

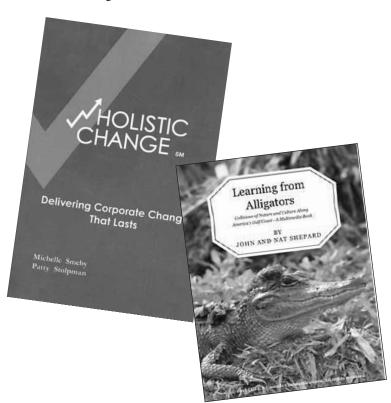
The e-book combines writing Shepard, the father and son with videos, panoramic photography, photo galleries and maps. You can find the in-depth travel guide on Florida to Texas by cabin cruiser, iTunes. Sales of the e-book support

America's Gulf Coast without Anthropologist and educator John Center for Global Environmental Shepard and his videographer son, Education, where John Shepard is a faculty member.

> Patty Stolpman, co-founder and cypress trees, deer hunters, dolphins, CFO of TEchNIX Inc., has cowritten wHolistic Change: Delivering Corporate Change That Lasts with Michelle Smeby. The writers describe their book as a pragmatic, clear, concise how-to that can help a company deliver sustainable change quickly.

> > Together, Stolpman and Smeby have 40 years of experience working with Fortune 500 companies, where have developed the methodology they write about in their book.

> > wHolistic Change: Delivering Corporate Change That Lasts is available through Amazon.com (paperback and Kindle formats), BarnesandNoble.com (Nook format) and Apple iTunes (iPad, iPhone, or iPod Touch formats).



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Spooktacular sale at Ramsey County libraries

The Friends of the Ramsey County Libraries is hosting a "Spooktacular" Used Book Sale Oct. 23-27 at Roseville Library, 2180 N. Hamline

Thousands of books, movies, talking books and CDs from all seven branches of Ramsey County Library, as well as private donations, will be sold. Most items will sell for

Books are presorted by genre in

fiction, several nonfiction categories, children and young adult books to make shopping easier.

Sale hours are 3-6 p.m. on Wednesday, Oct. 23, for an exclusive "Friends Members Only" presale. A membership can be purchased for \$20 at the sale.

Public sale hours are:

- Wednesday, Oct. 23, 6-8:30 p.m.
- Thursday, Oct. 24, 10 a.m.- 8:30 p.m.
- Friday and Saturday, Oct. 25-26, 10 a.m.-4:30 p.m.
- Sunday, Oct. 27, noon-4:30 p.m., \$3 bag sale

Proceeds from the Friends book sales and used book stores benefit Ramsey County public libraries in Maplewood, Mounds View, New Brighton, North St. Paul, Roseville, Shoreview and White Bear Lake.

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libraries











O C T O B E R

A new barbershop opens on Energy Park Drive



Kingsford Ameyaw opened A-Class Barbers on Energy Park Drive this summer. Photo by Kyle Mianulli

By Kyle Mianulli

Cutting hair is a passion that has followed Kingsford Ameyaw his whole life. From his childhood in Ghana to his new barber shop, A-Class Barbers, at 2233 Energy Park Drive in St. Anthony Park, he has taken pride in making customers look their best.

He sets a good standard for his customers, too. His chic appearance includes pressed slacks paired with a bright button-down. The look, of course, is completed by his clean-cut hairstyle.

Business might not be booming just yet for Ameyaw and his partner, barber Harvey Windom, but they're not worried. On a Friday afternoon, both of their chairs are occupied. Two more customers lend to the lively barbershop banter that fills the spacious, well-lit shop, while they

"Not too good, not too bad," Ameyaw says of business. "We haven't really built up yet, but we have started seeing new faces."

Along with those new faces are some faithful regulars that come a good distance to get a cut from Ameyaw at his new location. He says he sometimes has customers come from as far away as Mankato and Red Wing.

That may seem like any awfully long way to come for a haircut, but it might not always be only about the cut. "Being an expert barber is not the only thing that makes you a good barber," Ameyaw says. "It's people skills. You get to know people and people get to know you. It's kind of an interesting profession."

Ameyaw moved to the U.S. from Ghana in 1997 to pursue this

profession. He took classes at the Minneapolis Community and Technical College Beauty School and got his instructor's certification in 2011 from a barber school in New Brighton. He now lives in Shoreview with his wife and four children.

A-Class Barbers is open 9 a.m. to 6 p.m. Monday through Saturday. Ameyaw specializes in cutting all types of hair. A regular cut is \$15, \$10 for kids and \$12 for seniors.

Kyle Mianulli is a freelance journalist in the Twin Cities and the communications coordinator at District 12.

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Como Park early childhood center adds a classroom, rain garden and teachers

By Roger Bergerson

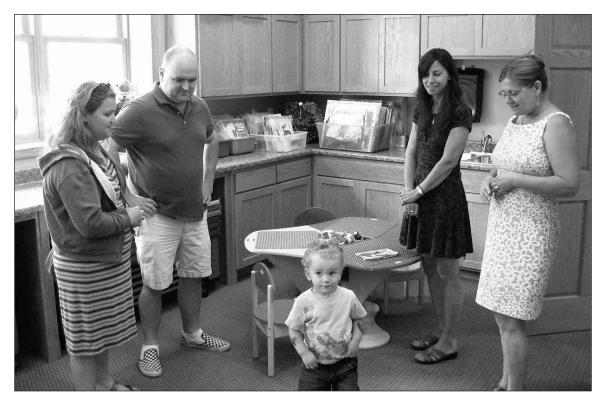
Although it's only been operating for two years, a local preschool has already expanded its facility to keep pace with enrollment demand.

Remodeling at Como Park Language and Arts Preschool and Childcare Center, 1503 N. Hamline Ave., has resulted in a bigger art room, a new classroom in the former garage, an additional bathroom and, thanks to a grant from the Capitol Region Watershed District, a rain garden in the back.

Initially, co-owners Laurie Erickson and Nancy Shellum handled the teaching duties, but with enrollment growing—there will be 32 children a day for the 2013-14 school year—they've been able to add two full-time and two part-time teachers.

In fact, the additional space would actually allow them to enroll a total of 40 students, but they're going to grow into it gradually, Erickson said. That means there's a waiting list.

"Our only regret is that we can't accommodate everybody," said Erickson.



Young Henry Zachman was the center of attention during an open house at the Como Park Language and Arts Preschool and Childcare Center. Co-owners Laurie Erickson and Nancy Shellum, second from right and right, respectively, showed their new classroom to Henry's parents, Lauren and Ben. The Zachmans are weighing future preschool options for their son. Photo by Roger Bergerson

Bang Brewing Co. open for business

Beer began flowing at Bang Brewing Co. in south St. Anthony Park on Sept. 13.

The doors to the diminutive grain-bin-lookalike brewery, located at 2320 Capp Road, will be open on Fridays from 5 to 10 p.m. and Saturdays from noon to 5 p.m.

Bang opened with its launch beer, Neat, a "very pale ale," and is

serving pints at the brewery and has growlers available for take away, according to proprietor Sandy Boss

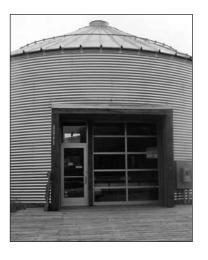
The beer is brewed with all organic ingredients, and Boss Febbo says she and her husband, Jay, are round, corrugated-metal grain bin looking forward to opening their doors to the neighborhood.

The 1,300-square-foot brew

house, which looks like a grain bin, is nestled to the south of the BNSF railroad tracks, just east of Raymond Avenue.

Bang Brewing Co.'s 42-footwas designed by Geoff Warner of

Alchemy Architects, another south St. Anthony Park business.



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City Files from 2

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Raymond construction update

Work on phase I of the reconstruction of Raymond Ave. is well under way. Last month, the St. Paul City Council approved the realignment of Bayless Avenue, which is scheduled to be finished by November, along with the rest of the project from University to Hampden avenues. At press time, curbs and medians had been installed in front

of Hampden Park Food Co-op.

Get the most up to date information about the project online at www.sapcc.org/raymond.

Friendly Streets party is Oct. 11

The Friendly Streets Block Party held in August to gather feedback for phase 2 of the reconstruction of Raymond Avenue was a big success. Live music and a homemade root beer keg were two of the highlights attendees enjoyed while they provided valuable feedback on construction planning for the second phase of the project.

If you weren't able to make it, but would still like to weigh in on phase II of construction—the stretch between Energy Park Drive and Hampden Avenue—you can fill out a survey online. Find it at sapcc.org.

Planning is underway for the

second Friendly Streets Block Party. This time, input will be gathered for the third phase of the Raymond reconstruction project—between Energy Park Drive and Como Avenue. The time and location will be posted when it's available at sapcc.org.

Next Give & Take is Oct. 30

Another Give & Take in the Creative Enterprise Zone will be held on Wednesday, Oct. 30, at 6:30 p.m. at Tu Dance, 2121 University Ave.

The Give & Take is an interactive evening of presentations, performances and a few surprises.

Give & Take events tap the knowledge and curiosity of participants, sparking unexpected conversations and connections. The event is free and open to the public.

Job Corps from 3

"It was a real wake-up call," Givens said. "I had to ask myself, 'If I leave here, where do I go? Do I want to work minimum-wage jobs for the rest of my life?"

She's made the most of a second chance, winning several "student-ofthe-month" honors and earning her

"I feel proud of myself for the changes I've made," she said.

Givens is in the office administration program, part of the center's Finance and Business career path, and hopes ultimately to pursue a paralegal degree at one of the community colleges with which the Hubert H. Humphrey Job Corps partners.

Success stories

Cate Smith Edlund is the center's community liaison, and she says that Givens is now a highly motivated individual and one of the Job Corps' many success stories.

students have been employed before they come here, but they were in jobs with no future and needed to fulfill further educational requirements before they could start a real career," Smith Edlund said.

In addition to the Finance and Business curriculum, the center offers Certified Nursing Assistant/Home Health Aide, Culinary Arts, Facilities Maintenance, Medical Office Support, and Painting and Wall Papering. There is also an advanced program associated with the Transportation Communications Union, which opens employment opportunities within the airline, railroad and barge industries.

It's self-paced learning, provided at no cost to young people ages 16 to 24, and typically lasts eight months to two years. Ninety-two percent of those who complete the program get jobs, go on to higher education or enlist in the military.

In terms of academic quality, Smith Edlund said, the Hubert H. Humphrey Job Corps Center ranks "Like Angeljalec, many of our 11th among the 127 centers

administered by the U.S. Department of Labor around the country. The center opened on the former Bethel College campus in 1981 and is currently managed by MINACT Corporation, headquartered in Jackson, Miss. MINACT also runs Job Corps Centers in seven other states.

Majority from Minnesota

It wasn't the case in the beginning, but today nearly 90 percent of the Hubert H. Humphrey Job Corps student body is from Minnesota.

Givens says she's dismayed by the image that Job Corps may have in the minds of some people, with members of her own family at first believing it to be a "juvenile delinquent center."

"I told them, it's a trade school, kind of like high school and college mixed together," she said.

"There's an amount of discipline needed to get through here and occasionally there are students who can't or won't conform," according to Smith Edlund. "We get them out of here pretty fast."

Givens says there were, in her opinion, "a few bad apples" in the student body when she arrived at the center, but they were not tolerated and since their departure, "there have been no dramas, no arguing, no fighting, just a great place for learning.'

Roger Bergerson lives in the Como Park neighborhood and is a regular contributor to the Park Bugle.

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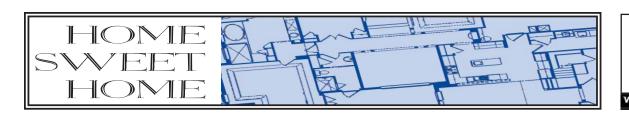
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University Grove:

an architectural time capsule

By Judy Woodward

host of famous Minnesotans, hincluding legendary football coach Bernie Bierman, famed economist and presidential advisor Walter Heller, and classic children's author Carol Ryrie Brink have lived

The area has been celebrated as an eclectic bouquet of 20th-century housing design by no less than the New York Times, which called it "St. Paul's architectural time capsule." But some visitors react to the University Grove section of Falcon Heights with a puzzled question. Why build your own piece of the American Dream if you can't own the land it stands on?

University Grove operates under a leasehold arrangement that is unique in the Twin Cities. The 103 architect-designed houses in the Grove belong to individuals who built or bought them, but the University of Minnesota, which grants the residents of the Grove long-term leases in return for a nominal annual rent, retains title to the land they stand on. Steve Taff, the current president of the University Grove Homeowners Association, sums it up succinctly: "The university can control the evolution of the property without bearing the risk [of development.]"

The unusual leasehold system was the brainchild of University vice president William Middlebrook, who devised the scheme in 1928 to transform open land near the St. Paul campus into faculty housing as a method of attracting new professors to the U. Middlebrook had learned about the system from the experience of other universities, most notably Depression, a tenured professorship Stanford, and he became so enthusiastic about the idea that he built the first house in the Grove for

Middlebrook's gracious Tudorstyle home on Folwell Avenue, completed in 1929, now belongs to Sue Gehrz, the former mayor of Falcon Heights, and her husband, Bob, a professor at the U. Gehrz says that in addition to the handcrafted wood moldings and custom trim, the original Middlebrook house had some unusual architectural features like Murphy (built-in, fold-out) beds.

"We use the space as closets now," says Gehrz, adding, "Mrs. Middlebrook had been in a house fire, so she insisted that every bedroom have two exits. We have a lot more doors than most houses."

The Grove grew slowly through World War II it covered about four



Martin and Nomi Dworkin's Hoyt Avenue home, designed by architect Joe Michels, reflects Prairie Style influences that placed it in the "architectural vanguard" in 1965, when it was built. Photo by Richard Thieme

square blocks.

The University maintained tight control over the nature of the neighborhood. Prospective buyers were limited to tenured faculty and high administrators at the U. Lots were small, and all housing plans had to be approved by the University, which originally placed a ceiling of \$10,000 on the cost of building a house. Fences were forbidden, as were outbuildings, swimming pools, extensive alterations to the roofline and anything larger than an attached single-car garage.

The University provided most services, and the intercampus streetcar ran conveniently along the base of Folwell Avenue. "The U was much more of a 'mother' to the Grove [in those days]," says Taff.

During the depths of the Great was among the most financially secure jobs in a battered economy, and residents of the Grove even made occasional appearances in the society pages of local newspapers. Their houses in the Grove were built with attention to detail and solid confidence that the owner would remain able to pay his mortgage.

The Grove was small and the sense of neighborhood was strong. Longtime resident Kay Winger Blair remembers "the streetcar stopping at the bottom of the stairs and the professors coming up the stairs [at the end of the day. They knew each other much better in those days."

Marilyn Fenske Heltzer, who grew up on Vincent Street in the 1940s, also remembers riding the inter-campus streetcar.

"You had a punch card [for the 1930s, and by the outbreak of fare]," she says. "If you ran out of punches, the conductor would say,

'You can pay me next time.' And you

Even after the streetcars stopped running in the 1950s, the wooded pathway where the tracks had been remained a focus for the neighborhood. Children played there, and Gehrz remembers an incident in the 1980s when the whole neighborhood turned out to see a cow that had strayed onto the trolley path, probably an escapee from the nearby St. Paul campus.

"The police came, people from

University Grove to 12

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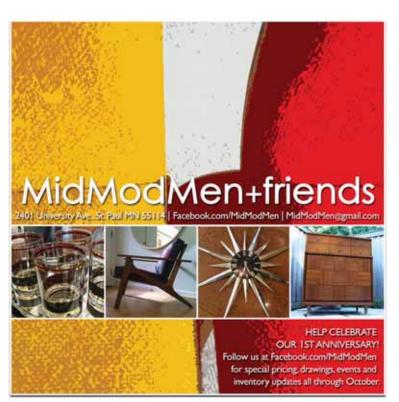




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U Grove from 11

the veterinary school showed up, WCCO came with TV cameras," she says. "Finally, some guy in a safari suit showed up and shot the cow with tranquilizers. Meanwhile, they had backed up a trailer onto the path, and the cow was supposed to collapse into the trailer.'

To the delight of the assembled neighborhood children, the cow refused to do anything of the sort, falling majestically to earth as the sedative took hold.

Long before the cow came calling, the Grove had acquired some new neighbors by the end of World War II. The elegant architectural gems at the west end of Folwell Avenue and surrounding blocks were suddenly sharing the neighborhood with hastily erected Quonset huts at the east end of the street to house the influx of married students returning to college on the G.I. Bill.

Blair, who lives in the house that she and her late husband built on one of the last remaining lots in the "original" Grove in 1958, remembers when the metal pre-fabs were razed in the early 1960s to make way for an expansion of the Grove. "My older son [born in 1959] was very upset. He wondered where will all those [displaced] people live.'

Most of the married students probably found new homes soon enough, but maybe a few of them eventually returned to the Grove as professors at their alma mater. The '60s was a booming decade for the with new houses by Rapson and Winston and Elizabeth Close springing up in the wake of the Quonset huts.

In addition to designing 14 houses in the Grove with his wife and partner, Elizabeth, Winston Close had a final say in many others. As the U's official advisory architect for more than two decades, "Winston Close had to approve all designs for the Grove," says Blair, "and he was opposed to ours. He suggested that our back wall be all glass, and he thought [we] should have open [floor] plan space ... not broken up into rooms.'

Traditionalists at heart, the Blairs were completely satisfied with their conventional split-level design, tucked into a steep hillside lot.

"I didn't want a back wall of glass," she says. So much for the architectural avant-garde. The Blairs stood their sloping ground, and Close eventually gave grudging approval to their plans. Blair quotes his final verdict: "He said there was nothing wrong with our house, but it didn't have modern ideas."

Perhaps Martin Dworkin's house met with more approval from Close. Designed by well-known St. Anthony Park architect Joe Michels, the house on Hoyt Avenue reflects Prairie Style influences that placed it "very much in the architectural vanguard" according to Dworkin, including "lots of glass, opening to the garden."

Now retired as a professor of microbiology, Dworkin and his wife, Nomi, have lived in the Grove since

distinguished local architects Ralph building their house in 1965. "My salary was about \$12,000 and the house cost \$34,000," Dworkin remembers. "My wife is from California, and she . . . wanted connection to the outside." Dworkin recalls a peaceful community where crime was so low that when a police department spokesman came to address the homeowners association, the officer spent most of his time "talking about vandalism of pumpkins on Halloween. That was our major crime issue."

By 1991, there were no more empty lots in University Grove, and only one house has been built since then, replacing a home lost to fire in 2010. But problems with turnover had begun to surface in the late 1980s.

"That was the winter of our discontent," says Taff. "People thought they couldn't sell their houses."

Housing prices were rising faster than University salaries, and for the



William Middlebrook, the University of Minnesota vice president who devised the plan for University Grove, holds one of his children in front of his home on Folwell Avenue, the first to be built in the Grove. Photo courtesy of Sue and Bob Gehrz

first time University Grove was having trouble recruiting newcomers. In November 1989, the University offered to sever its traditional ties with the community and sell all property titles to the residents.

Retired agronomist Donald Rasmussen, who still lives in the house he built on Folwell in 1964, remembers that the U put a "\$5,000

price for my lot," which he thought was a pretty good deal. But Dworkin recalls a dark time.

"The Grove is very civilized place, but this was a bitter, contentious debate," he says.

Eventually Grove residents decided by a narrow vote to retain

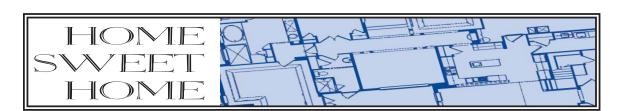
University Grove to 22







The Middlebrooks' Tudor-style home (at top) now belongs to Sue and Bob Gehrz (above).



For sale: accessibility, walkability and some neighborhood pride

By Alex Lodner

If you live in St. Anthony Park, Como Park, Lauderdale or Falcon Heights, you know the appeal of living in the area.

Flanked by Como Lake to the east and the University of Minnesota's St. Paul campus to the west, these charming communities are dotted with welcoming coffee shops, chef-driven restaurants, Momand-Pop purveyors, good schools and beautiful parks. Conveniently located near the University of Minnesota's St. Paul and Minneapolis campuses, as well as right between the downtowns of Minneapolis and St. Paul, the area has excellent bus connections to both.

This easy accessibility is one of the many things that appeal to buyers, according to realtors Peggy Sparr and her son, Peter, who work with Edina Realty.

Accessibility and walkability, current real estate buzzwords, are "a desirable perk for buyers," explained Peter Sparr.

Walkability is an intangible benefit that adds to the village vibe many buyers love about the area. Intangibles, the way a place makes a buyer feel, are often what sets apart one neighborhood from others. Realtors can point to the slightly larger lots in St. Anthony Park or wider streets in Falcon Heights, but it's the intangibles that make this area alluring for many people.

"There are things about [this area] that slow people down," Peter said. "It's the curvy streets, the mature trees, the well-tended flower beds."

"It's all about neighborhood pride," Peggy added.

Neighborhood pride manifests itself through community-building



events such as the annual arts festival and Fourth of July parade in St. Anthony Park, or the strong environmental ethic in the Como Park neighborhood that includes extensive tree plantings and community gardens. The robust diversity of residents thanks to its proximity to the U of M is also an intangible appeal to many buyers and a point of pride for locals. Peggy Sparr believes the welcoming nature of area residents comes from the exposure to a variety of cultures that living by the U offers.

Diversity of home styles is another attractive factor. More than 46 percent of homes in St. Anthony Park, for example, were built before 1939.

"There is a misperception about [St. Anthony Park] that all the houses are huge," explained Peggy. "But that is not the case. There is a huge variety with many smaller, adorable homes in the area."

The variety of housing styles, sizes and price points bodes well for the area in today's tight real estate market. Although inventory is currently low, things are looking up.

According to the St. Paul Area Association of Realtors, recent price gains should continue to add inventory, giving buyers more choices. Additionally, in the period spanning August 2012 to July 2013,

pending sales in the Twin Cities were up 11.8 percent overall. The price range with the largest sales gain in the last year was \$350,001 to \$500,000, where pending sales increased by 41.5 percent. The price range that tended to sell the quickest, however, was \$190,001 to \$250,000, which stood at 84 days, while the price range that tended to sell the slowest was the \$1,000,001 and above at 246 days.

Many homes in St. Anthony Park, Como Park and Falcon Heights fall into the \$200,000 to \$500,000 price ranges, potentially adding to the neighborhoods' future inventory.

Exclusivity or urban myth?

St. Anthony Park seems to have an aura of exclusivity that is backed by anecdotal tales of houses selling to friends of friends without ever hitting the open market. But is that just an urban myth?

Private sales, those that happen between seller and buyer without the use of a realtor or the Multiple Listing Service (MLS), are tough to track. Records of all sales are kept by Ramsey County, but they are often six months behind. Sales would then need to be reconciled against MLS

For sale to 14



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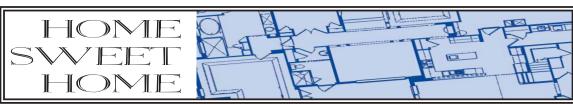


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A home tour that focuses on smaller projects

It's the season of home tours in the Twin Cities, and one Minneapolis

building-and-remodeling company is marketing its own home tour as "educational, realistic, affordable."

Castle Building & Remodeling's Educational Home Tour will feature smaller remodeling projects that focus on kitchens, bathrooms and

The free tour, held Saturday and Sunday, Sept. 28 and 29, will feature 24 projects, mostly in northeast and south Minneapolis. Owner Loren Schirber says his company's tour will focus on "realistic remodeling projects," rather than large and expensive ones often featured on castle-educational-home-tour. larger tours.

records to know which sale was

those that involve a realtor but do not

go on the open market—are in fact

there is more of this going on because

of lack of inventory," according to

Peter Sparr. "It's not just St. Anthony

Park or St. Paul. In California, for

instance, around 40 percent of sales

seller may choose not to officially list

a home. Privacy is the No. 1 reason

sellers cite, according to Peggy Sparr.

There are several reasons why a

on the rise around the country.

Yet, "under the radar" sales—

"It's a sign of the market that

For sale from 13

actually private.

are under the radar.'

The tour includes the chance to win more than \$10,00 in remodeling and prizes to those who visit the homes or register online. Castle will give away \$5,000 in remodeling as the grand prize. Other prizes include a \$2,500 Cambria countertop and a \$1,000 Warners' Stellian gift card. Each home will also have a door

The homes will be open to the public from 10 a.m. to 5 p.m. each day. To find out more, or to register the prizes, castlehometour.com/what-is-the-

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lower expectations for the condition on the home. Buyers may be more understanding if the home hasn't been professionally cleaned or if new appliances have not been installed.

This lower expectation buys the seller more time to update a home while getting a jump on showings.

On the other hand, the exposure offered by listing on the MLS cannot be underestimated, Peter stressed. "If a seller expresses interest in showing their home before it hits the MLS, we want them to understand the pros and cons of trying to sell under the radar. Even though it costs the realtor more money to list a home on the open market due to things like hiring professional photographers and renting the signs, we believe it is in the sellers' best interest to officially list their home. It's really all about

"We'll do what our sellers want, but we really always want what is best for them," added Peggy.

Ultimately, it may not be as difficult to get into a desirable neighborhood like St. Anthony Park as it may seem. The key is patience in this tight market and a keen eye for the subtle perks that each neighborhood has to offer.

Alex Lodner is a freelance writer who lives in the Como Park neighborhood.







Local housing market: Let's do the numbers

While the market is still tight, things are looking up in some areas for both potential buyers and sellers, according to realtor Alex Moros of Better Homes and Gardens Real Estate. New listings and closings are both up in Como Park, Lauderdale and Falcon Heights, while St. Anthony Park still has a low inventory. The median sale price is up 46.2 percent in Lauderdale from this time last year. The news is less encouraging in Falcon Heights, where median sales prices have dropped by more than 19 percent.—Alex Lodner

Current inventory numbers (as of Sept. 9)

Como Park: 92 on the market 529 sold between Sept. 9, 2011, and Sept. 9, 2013

Falcon Heights: 30 on the market 281 sold between Sept. 9, 2011, and Sept. 9, 2013

Lauderdale: 7 on the market 48 sold between Sept. 9, 2011, and Sept. 9, 2013

St. Anthony Park: 11 on the market 68 sold between Sept. 9, 2011, and Sept. 9, 2013

Average sale price

Como Park July 2012: \$197,162 July 2013: \$209,314 Increase: 6.2%

Falcon Heights July 2012: \$298,300 July 2013: \$240,844 Decrease: 19.3%

Lauderdale July 2012: \$114,950 July 2013: \$168,000 **Increase: 46.2%**

St. Anthony Park July 2012: \$272,167 July 2013: \$271,750 Decrease: 0.2%



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What's in, what's out

We asked area realtors and home remodelers what's in and what's out in home buying, selling and remodeling. Realtors say the No. 1 factor for home buyers right now is price value. ("Buyers want to know why a house is worth its asking price," says Barbara Swadburg.) Contractors say the biggest trend in home remodeling now is that homeowners are starting to do it again. ("There's more interest in remodeling these days than in the past five years," according to Mel Salmi of Transformed Tree.) Here is the Bugle list of what's in, what's out and what will drive a buyer away from a house that's on the market:

Home gathering spaces that emanate from the kitchen Cabinetry with contrasting woods and colors More windows and a bigger connection to the outdoors

Screened porches

Cambria (natural stone) countertops

LED light bulbs

Gas fireplaces

Stand-alone tubs

Air tubs (Different from whirlpools, air tubs jet steady streams of air into a tub rather than circulate a mixture of water and air.)

Location, location

Out

Formica or laminate countertops Vinyl flooring Whirlpool tubs

Floral print wallpaper

Carpet in the bathroom and kitchen

Deal breakers

Foundation issues

Pet smells Overpricing

Wet, moldy basement

Wallpaper

Busy street

Deferred maintenance

Large ticket items such as the need for a new furnace or roof

Realtors Nancy Meeden (Coldwell Banker Burnet), Barbara Swadburg (Lynden Realty), Peter Sparr (Edina Realty) and Steve Townley (RE/MAX) and contractors Mel Salmi (Transformed Tree) and John Guider (Heritage Remodeling) contributed to these lists.





School News

The Bugle welcomes news about students and schools in the area. Send your news to editor@parkbugle.org. The deadline for the next issue is Wednesday, Oct. 9.

Chelsea Heights Elementary 1557 Huron St., 651-293-8790 www.chelsea.spps.org

Local restaurants host fundraisers

The Chelsea Heights PTO has a number of fundraisers coming up in October. Freestyle Yogurt in HarMar Mall will host an event on Monday, Oct. 7, from 3 to 9 p.m. The shop, which is located next to Smashburger on the north end of the mall, will donate 15 percent of sales from the fundraiser

St. Paul Bagelry 7 Deli, 1702 N. Lexington Parkway, will donate 10 percent of its day's sales from Thursday, Oct. 10.

Davanni's, 1905 W. Perimeter Drive, Roseville, will donate a portion of its sales from Thursday, Oct. 24, from 4 to 8 p.m.

School's out!

There will be no school on Thursday and Friday, Oct. 17 and 18, due to Education Minnesota's annual teachers' conference.

School will also be closed on Monday, Oct. 28, so teachers can prepare for conferences.

PTO meeting is Oct. 21

The PTO will hold its monthly meeting on Monday, Oct. 21, from 6:30 to 7:30 p.m. Childcare will be available.

Como Park Senior High

740 Rose Ave., 651-293-8800 www.comosr.spps.org

Cougars start the year strong

Although the season is young, the

Cougars have had some great moments. Here are a few highlights:

- The boys soccer team is undefeated and leading the conference. They are ranked second in the state with a 5-0-1.
- The volleyball team was first in the conference at press time with wins over St. Paul's Central, Washington and Harding.
- Cross-country has competed in several meets with the following runners placing well: Marshal Landrum, Mary Miles, Kathleen Miles, Luke Larson and Valerie Cavende.
- The football team started the year with a huge victory over Minneapolis North and lost in the waning seconds to St. Paul's Johnson.
- Girls soccer started conference play with a victory over Johnson.
- Girls swimming is 1-0 and in first place in the conference with a win over Harding.

Writing Center opens

Como Park Senior High School is opening a Writing Center this year to support student writers of all disciplines and abilities.

Members of the English department will staff the center.

The Writing Center will allow students to get individual help on their writing and provide a place to brainstorm, draft, outline, revise or edit their writing with a professional. In addition, this space will provide teachers from other subject areas a place to send students during class time where they can get more individualized help.

The goal of the Writing Center is to help students gain confidence, articulate ideas, acquire strategies and learn the skills to engage effectively in their writing processes.

An app club for girls only

Como will have a new after-school club for girls this year: the Apps Club. Girls who are interested in designing apps for mobile phones can learn how to use a program called App Inventor. No experience is necessary. Mentors will be on hand at meetings to help.

By January, the club hopes to have a team of girls compete in Challenge, Technovation nationwide app-inventing competition.

Stay tuned for more information.

AP Scholars announced

The College Board has announced Como Park's Advanced Placement (AP) Scholars.

AP Scholars are students who receive scores of 3 or higher on three or more AP exams. AP scholars with honors are students who received an average score of 3.25 on all AP exams taken, and scores of 3 or higher on four or more of these exams.

The AP Scholars include Mikal Baschnagel, Meseret Bekele, Evan Berger, Amie Bucher-Stone, Rawley Crow, Peter Husnik, Jasmine Hyder, Zachary Klinkenborg, Sey Lee, Victoria Lee, Ernest Mantell, Ian Mesick, Elizabeth Moeller, Elliot Moormann, Gabriel Ngam, Makayla Oman, Lucas Panvier Servais, Vu Phan, Ellen Purdy, Samuel Quiney, James Scanlan, Franz Sherman, Hannah Stadler, Medora Sweet, Sharon Uchegbu, Kaitlin Waldera, Choua Yang, Ka Yang, Yer Yang and Karl Zinkl.

AP Scholars with Honors include Alexander Glebov-Mccloud, Kao Her, Dylan Koltz-Hale, Joseph Krivit, Marshal Landrum and Mario Rosas-Chavez.

Murray Middle School

2200 Buford Ave., 651-293-8740 www.murray.spps.org

Murray to host Parent Academy

St. Paul Public Schools Parent





Murray's AVID 7 reporters: back row, from left, Audrey Dehler, Kenadid Farah and Barnabas Preble; front row, from left, Curtis Love Jr., Julia Yang and Lilianna Barton.

The view from Murray Middle School

Murray Middle School teacher Carrie Bittner's AVID 7 class plans to report on happenings at the school each month in the Park Bugle. AVID, which stands for Advancement Via Individual Determination, is a class offered to help students prepare for high school and college.

As the new school year began, we wondered, what is going through the minds of our classmates? So we asked them. Here is what they said:

- "I am surprised how many students are in a middle school."
- "It's really hot in here."
- "Middle school is exactly how I expected it to be."
 "I was scared at first and I didn't know what to do."
- "It is fun and I like it."
- "The teachers are nice; a lot of them have been here for a long time."
- "The sports are supposed to be good; I am excited to play sports."
- "Some kids are really tall."

This is about what we expected. Our friends are excited and a little nervous to be starting middle school. We know that things will get easier, and harder, as time goes on.—AVID 7

Academy is a free six-week parent program that includes a college tour and graduation designed for parents and guardians of children who attend

The goal of the academy is to bring schools, parents and guardians, and the community together as equal partners in the education of their children. The academy will start in

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the St. Paul Public Schools' Office of Family Engagement Community Partnerships.

Contact Stefanie Folkema at stefanie.folkema@spps.org or 651-293-8740 to find out more.

Wanted: old tech devices

Do you have an old, unused (but working) iPad, Kindle, iPod or Nook you could donate to Murray? Teacher Jenny Wamsley is looking for electronic resources to use in her health classes.

If you have items to donate, bring them to the office at the school (with the charging cord) and attach a piece of tape or paper to the items with Wamsley's name on them.

After-school classes include debate, art, hip hop and more

The Murray Extended Program (MEP) provides middle school students with quality academic, athletic and enrichment opportunities. Debate League, Rock Band, Digital Arts, Hip Hop Crew and Tutor Time are just a few examples of what will be offered throughout the year.

MEP will begin Monday, Oct. 7, and will run Monday through Thursday from 2 to 4 p.m. Snacks will be offered daily, and

School News to 17







Does anyone remember the SAP PTA ladies?

We found this photo in the Park Bugle's photo files with a piece of paper attached to it saying, "Does anyone remember?" The back of the photo says only, "SAP PTA ladies." The photo looks to be taken in the 1940s, when people dressed up to go to a school meeting.

School News from 16

transportation is provided to eligible

Students may register anytime. Registration forms and schedule request forms are available outside of the school office.

MEP will begin Oct. 7 and run Monday through Thursday from 2 to 4 p.m. Snacks will be offered, and transportation will be provided to eligible students.

For more information, contact program coordinator Hue Lieu at 651-744-5316 or hue.lieu@spps.org. Information can also be found online at www.murray.spps.org/afterschool.

Tutoring at Murray

Contact Cindy Thrasher to volunteer with Murray's One-on-One program. Tutors meet with one student for a class period to help with reading an assignment, catching up on homework or retaking a test. Volunteers are needed every day. Call Thrasher at 651-293-8740 or email cindy.thrasher@spps.org.

Murray's grade-level teams

Murray's new middle school model teaches in teams. A team is a number of students assigned to a group of teachers for all their core subjects: math, science, social studies and language arts. Teams of teachers meet regularly to plan activities for the student teams, coordinate curriculum and hold conferences with parents, students or the administration. Teaming creates the environment of a small community within a larger school setting.

Currently, there are two teams at each grade level, and they are listed below.

Team Buford, grade 6: English, Carol Moran and April Vaughn; math, Kathy Brion; science, Karina

Zambreno; social studies, Courtney Major; and special education, Julie Retka.

Team Como, grade 6: English, Liz Curran and Linda Morrison; math, Kate Hunziker; science, Kristi Berg; social studies, Ron Beck; special education, Will Upton; and ELL, Lucy Jueneman.

Team Grantham, Grade 7: English, Carrie Bittner; math, Laura Burrows; science, Nick Altringer; social studies, David Hughes; and ELL, Antonia Dempsey.

Team Raymond, grade 7: English, Jill Elliot; math, Dawn Nalepka; science, Sonja Dunlap; social studies, Carrie Newman; and special education, Eileen Slagle.

Team Luther, Grade 8: English, Kathy Romero; math, Mike Laska; science, Mary Crowley; social studies, A Yang; and special education, Laura Weghorst.

Team Hendon, Grade 8: English, Beth Boyer; math, Ryan Eggers; science, Tim Chase; social Bring in your box tops and labels studies, Kristin Siskow; and special education, Jean Decker.

St. Anthony Park Elementary 2180 Knapp St., 651-293-8735 www.stanthony.spps.org

Wrapping paper, Chinook Books The annual Innisbrook wrapping paper sale, which raises money for the school, starts on Friday, Sept. 27, and runs through Wednesday, Oct. 16. If you know a St. Anthony Park student, ask him or her to show you the catalog.

Chinook Books, which have money-saving coupons to use at Twin Cities businesses, are now available for purchase. Books are \$20, mobile apps are \$14, and a book and app combo is \$30 (\$4 savings).

Contact Anne Aarness at annearness@yahoo.com to find out how to buy one.

Fall Festival planning is under way The annual Fall Festival will be held on Friday, Oct. 25. This is a fun event for the community and a major fundraiser for the school. If you have items you would like to offer for the event's silent auction, please contact Sonia Ellis at 651-226-1274 or sellis_montevideo@hotmail.com.

The St. Anthony Park School Association (SAPSA) is collecting Box Tops for Education and Labels for Education. You can clip box tops and labels from your food, bundle them up and drop them off at the school.

Find more out at boxtops4education.com and www.labelsforeducation.com.

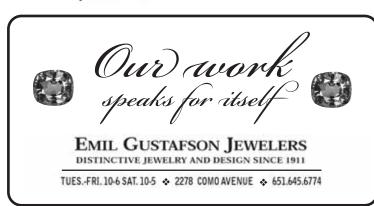
Notes from Principal Ann Johnson Congratulations to St. Anthony Park

students for excellent MCA scores, top in the city for reading and science. Our students are thrilled with the new computer lab, thanks to St. Paul voters who approved the levy. Stop by and smell the flowers; our garden is still beautiful thanks to

Beth Commers.

The school requests that St. Anthony Park Elementary School families and community members help reduce traffic congestion by using Gordon as a one-way street from Como Avenue toward Langford Park during school drop off and pickup, 8 to 8:40 a.m. and 2:45 to 3:15 p.m.





Wanted: volunteer tutors

If you are interested in becoming a volunteer tutor, the St. Paul Public Schools Foundation can help match you with a volunteer tutoring experience at both nonprofit organizations, such as the Rock Star Supply Co. on University Avenue, and local schools, such as St. Anthony Park Elementary.

If you're interested in tutoring or want more information, please contact Ellen Nikodym at 651-325-4205 or ellen.nikodym@sppsfoundation.org.



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Neighbors

Urban Growler Brewing to hold fundraising open house Sept. 27

Urban Growler, a new brewery that's trying to open in south St. Anthony Park is hosting a fundraising open house on Friday, Sept. 27, from 5 to 9 p.m. The brewery will be selling tshirts, caps, pints of beer and founding memberships. The night will include music by Five Miles From Town and Nick Jordan and Robin Fox. The brewery is located at 2325 Endicott St. For more information call 612-501-1128.

Peer-support group for adults recovering from mental illness

A NAMI Connection peer-support group for adults recovering from mental illness meets in St. Paul on the second and fourth Tuesdays at 6:30 p.m. at Goodwill Easter Seals, 553 Fairview Ave., Room 119, St. Paul.

The free group is sponsored by the National Alliance on Mental Illness (NAMI) of Minnesota. Trained facilitators who are also in recovery lead NAMI Connection groups. For more information, contact Shelly at 651-228-1645 or 6:30 p.m. at Goodwill/Easter Seals,

call NAMI at 651-645-2948.

YMCA camp garage sale Oct. 2-5 YMCA Camps Widjiwagan and du Nord will host their fall garage sale Wednesday, Oct. 2, to Saturday, Oct. 5, at the Merchandise Mart in the Minnesota State Fairgrounds.

The sale will be open from 9 a.m. to 7:30 p.m. Wednesday to Friday. A bag sale will be held on Saturday from 9 a.m. to 4 p.m. More than 250 families contribute goodquality camping equipment, clothing, household items, toys, books, antiques, furniture, sports equipment and more. All proceeds will go the YMCA camps. For more information, call 651-645-6605 or go to www.dunord-widji-sale.com.

Toastmaster course starts Oct. 3

The Metropolitan Toastmasters invites you to attend a four-week course to help you develop communication skills used in everyday life, work, social and community activities. The course will be held on Thursdays, Oct. 3-24, at

register in advance or for more information, contact Frank Mayers at 651-488-6139 or Frank62148@aol.com.

Learn about bicycling in traffic

Nice Ride will present Bicycling in Traffic 101 on Saturday, Oct. 5, 2-4 p.m. at the St. Anthony Park Library, 2245 Como Ave.

Learn all the basic skills needed to safely "drive" a bicycle in an urban environment. Following the course, there will be a one-hour ride to practice and model the skills taught in the class. You must be 18 or older to participate in the ride. Twelve Nice Ride bikes will be available at no cost for participants. Call 651-642-0411 to register.

Family bonfire at Langford

Langford Park will hold a family bonfire on Wednesday, Oct. 16, from 6:30 to 8 p.m. Admission is free.

Northwest Como Rec update

Basketball registration begins Oct. 7 at Northwest Como Recreation Center for boys and girls ages 3-14. Registration is taken as first-come first-serve.

Go to www.stpaul.gov/parks, call 651-298-5813 with a credit card or come into Northwest Como Recreation Center, Monday through Thursday 3-8 p.m. or Friday 3-6 p.m.

Northwest Como Neighborhood Bonfire will be held Friday, Oct. 4, 6-8 p.m. The free event will include a DJ, face painting,

553 N. Fairview Ave., St. Paul. To a jump castle, a haystack scramble, crafts and other fun activities. The Northwest Como Booster Club will be selling concessions.

Register now for Tae Kwon Do for ages 6 and old (held on Tuesdays and Thursdays), Babysitting Training for ages 11 and older (will be held on Friday, Nov. 15), Basketball Clinic for ages 8-12 (will be held on Thursday, Oct. 17), and Flag Football Clinic for ages 8-12 on Friday, Oct. 18.

Palace Recreation Center, 781 Palace Ave., will host a free Halloween Party for ages 10 and under on Saturday, Oct. 26, 11 a.m.-

Aikido Seminar set for Oct. 11-13

Twin Cities Aikido, 2390 University Ave., will host its 2013 Autumn Aikido Seminar Friday, Oct. 11, to Sunday, Oct. 13. Donovan Waite, a seventh-degree black belt, will be the instructor for the classes. Waite, of Philadelphia, is a member of the technical committee for the U.S. Aikido Federation and travels extensively through North and South America, Europe and Asia.

All aikidoists of all styles are invited to participate and spectators are welcome. Cost for the seminar is \$80 for all three days, \$40 for the Friday class, \$60 for the Saturday class and potluck banquet, and \$40 for the Sunday class.

Find out more at tcaikido.com.

A dark and eerie art show

The People's Gallery, 2498 University Ave., October show "Quiet Nightmare" will open Wednesday, Oct. 16, and run for three weeks. A Halloween-themed reception will be held in late October. To find out more, contact the gallery at crc@peoplesgallery.org.

Old-time Halloween at Gibbs

Gibbs Museum will host an oldfashioned Halloween on Saturday, Oct. 26, 10 a.m.-2 p.m.. Find pennies in the haystack, make popcorn balls in the barn, hear notso-scary stories in the one-room schoolhouse and discover much more. Admission includes hotdogs, lemonade and ice cream. Cost is \$8 for adults, \$7 for seniors (62+) and \$5 for children ages 4-16. The event is free for Ramsey County Historical Society members.

Free young adult dinners

St. Anthony Park United Methodist Church, 2200 Hillside Ave., invites young adults to its free hot, homecooked dinners Sunday at 6:30 p.m. The group eats together in a casual style in the church parlor, and dinner is followed by conversation and packaging up the leftovers for guests to take home.

No reservations are required and young children are welcome. The church is at the corner of Hillside and Como avenues in St. Anthony Park.

Imagine No Malaria

St. Anthony Park United Methodist Church is working to wipe out malaria in Africa.

Malaria causes nearly 1 million deaths per year, and 85 percent of those who die are children under 5 years of age.

The church is taking donations for its Imagine No Malaria campaign. A donation of \$10 will buy a mosquito net.

To make a donation, write a check to St. Anthony Park United Methodist Church and write "Imagine No Malaria" in the memo line. Mail checks to St. Anthony Park United Methodist Church, 2200 Hillside Ave., St. Paul 55108, or drop them off at the church Monday through Thursday, 10 a.m.-2 p.m.

Explore St. Paul's dark past

The St. Paul Public Library is hosting five free events in October that will explore the gangster era during the Prohibition years of the early 20th century and the infamous murder case of Edward Phalen, one of the founding fathers of St. Paul.

The series begins at Sun Ray Library, 2105 Wilson Ave., on Saturday, Oct. 5, 2-4 p.m. when author Chad Lewis will talk about his book, The Minnesota Road Guide to Gangster Hot Spots

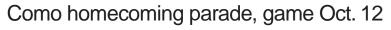
Paul Maccabee will discuss what the gangster era in the Twin Cities on Saturday, Oct. 12, 2-4 p.m. at Hamline Midway Library, 1556 W. Minnehaha Ave.

Gary Brueggemann will discuss his book, Minnesota's Oldest Murder Mystery: The Case of Edward Phalen, St. Paul's Unsaintly Pioneer, at Central Library, 90 W. Fourth St., on Sunday, Oct. 13, 3-4:30 p.m.

Central Library will also host the film Spirits of St. Paul: The Gangster Era on Sunday, Oct. 20, 2-4:30 p.m.

The True Crime series will wrap up at Hayden Heights Library, 1456 White Bear Ave., on Saturday, Oct. 26, 1-3 p.m. with author Elizabeth Johanneck presenting her book, Twin Cities Prohibition: Minnesota Blind Pigs and Bootleggers.

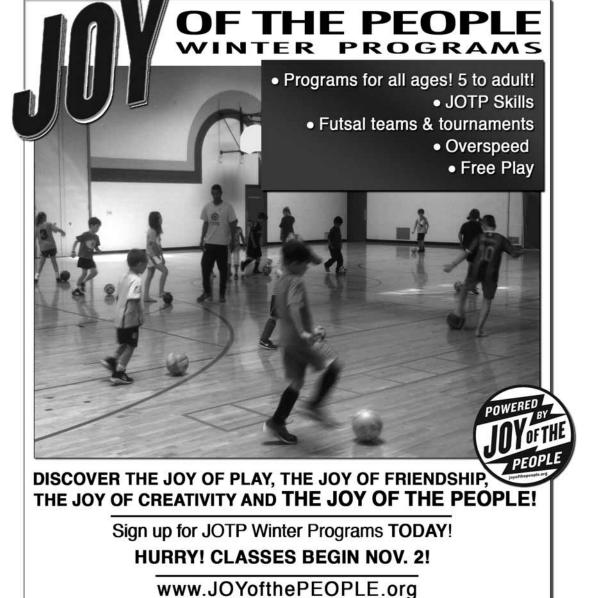
Find out www.sppl.org/true-crime.



Como Park Senior High School's homecoming parade and picnic will be held Saturday, Oct. 12. The parade begins at the school, located at 740 W. Rose Ave., at 11 a.m. A picnic lunch will follow at 11:30 a.m. Tickets for the lunch

A Powder-Puff football game between senior girls and junior girls will follow the picnic. A bus will leave at 1 p.m. for the school's homecoming football game at 1 p.m. The Como Park Cougars will play against Columbia Heights High School at 2 p.m. at Griffin Field, 274 N. Lexington Parkway, on the grounds of Central High School.





OCTOBER

Events

Venue information is listed at the end of the calendar. Send your events to calendar@parkbugle.org by Oct. 9 to be included in the November issue of the Bugle.

1 TUESDAY

Baby lapsit storytime, St. Anthony Park Library, 10:30-11 a.m. every Tuesday.

"Parks and Green Spaces in New York City," presented by Rose Cherlin, St. Anthony Park Garden Club monthly meeting, St. Matthew's Episcopal Church. Business meeting at 6:30 p.m., social time at 7 p.m., program begins at 7:15 p.m.

2 WEDNESDAY

YMCA Camps Widjiwagan and du Nord Fall Garage Sale, runs through Oct. 5, Merchandise Mart, Minnesota State Fairgrounds, 9 a.m.-7:30 p.m. Wednesday-Friday, Bag Sale on Saturday, 9 a.m.-4 p.m.

Adult basic English class, St. Anthony Park Library, Wednesdays through Nov. 13, 1-2:30 p.m. Call 651-642-0411 to register.

English conversation circles, St. Anthony Park Library, 4-5:30 p.m.

St. Anthony Park Book Club, "The End of Your Life Book Club," by Will Schwalbe, St. Anthony Park Library, 6:30-8:30 p.m.

4 FRIDAY

Preschool storytime (ages 3 to 5), St. Anthony Park Library, every Friday, 10:30-11:30 a.m.

5 SATURDAY

Adoption Fair, hosted by Children's Home and Lutheran Social Service, 9 a.m.-noon. Find out more at chsfs.org/events.

Domestic & international adoption information session, CHLSS, 12:15-1:45 p.m.

"Bicycling in Traffic 101" by Nice Ride, St. Anthony Park Library, 2-4 p.m.

6 SUNDAY

Barn dance and hayrides at the Hansen Tree Farm, 4:30-8 p.m. Live folk music and folk dance caller 6-7:30 p.m. Bonfire, refreshments available for purchase from 6-8 p.m. Suggested donation \$5 per person or \$10 per family. Proceeds benefit the CROP Walk to Stop Hunger.

"Mind Play: Deception in World War II," Dennis Kane, part of World War II Warriors: Behind the Legends series, Roseville Library, 2 p.m.

7 MONDAY

The Theosophical Society will host William Meader, author of "Shine

Forth: The Soul's Magical Destiny," Spirit United Church, 7 p.m. He will speak on "The Keys to Unlocking the Soul's Purpose." Free refreshments and parking in lot east of the church. \$10 suggested donation.

8 TUESDAY

St. Anthony Park District 12 Town Hall Meeting, featuring elected officials to discuss the state of the neighborhood, Luther Seminary Olson Campus Center, 6:30 p.m.

Adoptive parents group: Minnesota's Waiting Children, for parents who adopted children through Minnesota's foster care system, CHLSS, 6:30-8:30 p.m.

9 WEDNESDAY

Preschool Mandarin Chinese storytime, St. Anthony Park Library, 3-3:45 p.m.

10 THURSDAY

St. Anthony Park Seniors Cinema Series, "Big Miracle," St. Anthony Park Library, 1-3 p.m.

Adoptive parents group, for parents whose adopted children are now adults, CHLSS,6:30-8:30 p.m.

12 SATURDAY

Twin Cities Book Festival, Progress Center, Minnesota State Fairgrounds, 10 a.m.-5 p.m.

Como Park High School Homecoming: parade begins at 11 a.m. Picnic at the school at 11:30. Powder-Puff football game following picnic. Fan bus leaves for football game against Columbia Heights High School at 1 p.m. Football game at 2 p.m., Griffin Field, 274 N. Lexington Parkway.

Como Park High School Class of 1983 reunion, Half-Time Rec, 7:30 p.m. Classic '80s music by the Rock Godz. RSVP not necessary; \$5 to \$15 suggested donations to CPHS Reunion, 804 W. Cottage Ave., St. Paul 55117. Call Kathy Weyandt Jackson, 651-488-2340, with

13 SUNDAY

"Veterans Remember," moderated by Jay Grammond, part of World War II Warriors: Behind the Legends series, Roseville Library, 2 p.m.

14 MONDAY

Minnesota's Waiting Children information session, learn about adopting children who live in foster care, CHLSS, 6-8 p.m.

21 OCTOBER

Neighborhood Sing, second floor, Olson Campus Center, 7 p.m.

22 TUESDAY

Domestic & international adoption, CHLSS, 6-8:30 p.m.

23 WEDNESDAY

Preschool Mandarin Chinese storytime, St. Anthony Park Library, 3-3:45 p.m.

26 SATURDAY

Old-fashioned Halloween, Gibbs Museum, 10 a.m.-2 p.m.

27 SUNDAY

Sunday Afternoon Book Club, Micawber's Books, "The Round House," by Louis Erdrich, 2:30 p.m.

BLOCK NURSE EXERCISE

St. Anthony Park Area Seniors block nurse exercise classes meet at these times and places:

Tuesdays and Fridays, St. Anthony Park Library, 3-4 p.m.

Mondays and Thursdays, Seal High Rise, 12:30-1:30 p.m.

Wednesdays, St. Anthony Park United Methodist Church, 10:30-11:30

EXERCISE CLASSES AT LAUDERDALE CITY HALL

Mondays, 1-2 p.m., Oct. 7 & 21

Tuesdays, 11 a.m.-noon, Oct. 15

Thursdays, 11a.m.-noon, Oct. 3, 10, 17 & 24

VENUE INFORMATION:

CHLSS (Children's Home Society and Lutheran Social Services), 1605 Eustis St., 651-646-7771

Como Park Senior High School, 740 W. Rose Ave., 651-293-8800.

Half-Time Rec, 1013 Front Ave., 651-488-8245

Hansen Tree Farm, 7440 N.W. Alpine Drive, Anoka, 651-214-2305

Lauderdale City Hall, 1891 Walnut St., 651-631-0300

Micawber's Books, 2238 Carter Ave., 651-646-5506

Roseville Library, 2180 N. Hamline Ave., 651-486-2200

Seal High Rise, 825 Seal St.

Spirit United Church, 3204 S.E. Como Ave., Minneapolis, 651-235-6645

St. Anthony Park Library, 2245 Como Ave., 651-642-0411

St. Anthony Park United Methodist Church, 2200 Hillside Ave., 651-603-8946

St. Matthews Episcopal Church, 2136 Carter Ave., 651-645-3058



Our new address is: 2057 Snelling Ave. N. Roseville



SOURCE COMICS & GAMES 651-645-0386 www.sourcecandg.com

Open 10:00am to 9:00pm Mon-Sat & Noon - 6:00 pm Sunday!

St. Anthony Park Area Seniors presents: 2013 Senior Cinema Series

"Big Miracle" 1-3 p.m. Thursday, October 10th, at SAP Library

When a family of whales is trapped by rapidly forming ice in the Arctic Circle, a small-town reporter and an animal-loving volunteer rally an unlikely coalition to set aside their differences and free the whales before it's too late. Starring Drew Barrymore and John Krasinski. PG.

For more information, call the SAP library at 651-642-0411 or visit www.sppl.org. 2245 Como Ave.

2200 Hillside Ave / 651-642-9052

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The Park Bugle prints obituaries free of charge as a service to our communities. Send information about area deaths to Mary Mergenthal at mary mergenthal@gmail.com or call 651-644-1650.

Frances Bartz

Frances A. Bartz, 84, died Sept. 2. Frances attended school in Hillsboro, N.D., and St. Luke's School of Nursing in Fargo. She worked in the surgery department at St. Luke's Hospital in Fargo and the Veterans Administration Medical Center in Minneapolis. She suffered a severe stroke and died peacefully with her family at her side.

She was preceded in death by her sister, Eileen Gustafson.

She is survived by her husband, Ronald; children, Rebecca (Michael) Fahey, Randall (Kim) Bartz and Gretchen (Scott) Grande; sister, Margaret (Willis) Enloe; brother-inlaw, John Gustafson; and seven grandchildren.

Her funeral service was be held Sept. 7 at Falcon Height United Church of Christ, with burial in Hillsboro, N.D.

Thomas Connelly

Thomas John Connelly died peacefully Aug. 12. As a longtime resident of Como Park, he spent many hours walking around Como Lake and greeted everyone he passed. He retired from Burlington Northern and St. Paul Red Cross. He was a life member of South St. Paul VFW Post 295 and a member of Rosetown American Legion Post 542 and Landmark Masonic Lodge 5.

Special thanks to the Veterans

Administration Medical Center and interment at Resurrection Cemetery. A-bomb tests following that nation's Lyngblomsten Care Center for their compassion and care.

He was preceded in death by his mothers, father and brother, Franklin.

He is survived by his wife, Rosemary; daughter, Kathy (Don) Wilken; son, Frank (Beth) Connelly; three granddaughters; and sister, Mary (Ron) Linn.

A memorial service and celebration of Tom's life on was held Aug. 19 at VFW Post 295 in South St. Paul, with interment at Fort Snelling.

Betty Galligan

Betty A. Galligan, 88, a lifelong resident of St. Paul, died peacefully surrounded by family on Aug. 21. Betty was a longtime 3M employee. She was known for her beautifully decorated Christmas tree, which was admired by many. She loved her family and her faith and was proud of her Irish heritage.

She was preceded in death by her brothers, Dr. John "Bud" Galligan and Bill Galligan; sister-inlaw, Cecilia Galligan; and brother-in-law, William Downing.

She is survived by her twin sister, Jean Downing, and sister-in-law, Mary Galligan.

Mass of Christian Burial was celebrated Aug. 27 at Holy Childhood Catholic Church, with

Glenn Halvorson

Glenn Halvorson, 66, of Minneapolis, died suddenly of

natural causes on Aug. 13.
Glenn was a photographer at the Walker Arts Center for 25 years. In retirement he enjoyed bicycling, audiophile tinkering and continued with his photography. He frequently exhibited his panoramic photos at the State Fair Fine Arts show.

Glenn was preceded in death by his mother, Betty Halvorson, of New London, Minn.

He is survived by his father, John, and John's wife, Nancy; children, Anna and Theodore (Auralie); and sister, Sandy Halvorson, of Willmar.

A memorial service was held at St. Matthew's Episcopal Church on Aug. 20.

Frederick Herschler Jr.

Frederick Albert Ley Herschler Jr., died Sept. 2, in Greensboro, N.C., after a battle with cancer.

He was born in the Como Park neighborhood and graduated from Murray High School and the University of Minnesota, where he received a degree in economics in 1949. He served in the Navy during World War II and shared his stories of towing the Nagato, the Japanese emperor's flagship, to Bikini Atoll for surrender.

Besides having a productive career in sales management, Fred invented board games such as "Foil" and "Thinking Man's Golf," which were marketed by 3M as part of its "Bookshelf" games series.

He served honorably as a St. Paul Rotarian for 30 years. He moved to North Carolina in 1985, when he married Anne McElwee.

Fred is survived by his wife; cat, Sammy; daughters, Kimberly and Andrea; a grandson; two greatgrandchildren; and brother, Dick (Annette).

Lorraine Kemmer

Lorraine Stevensen Kemmer, 86, of Falcon Heights, died Aug. 24 at the St. Anthony Park Home, where she lived the last 10 months of her life.

Lorraine was born March 29, 1927, in Chester, Iowa, to Henry Stevensen and Laura Nikoley. She graduated from Chester High School in 1945 and attended Macalester College and the University of Minnesota, graduating with a degree in home economics in 1949.

In 1949 she also married Eugene Kemmer, of Spring Valley, Minn. They had three children, Steven, Jeff and Janine. They also had a fourth "child," a pet crow, for 28 years, who used to liven up Halloween in Falcon Heights.

They built their house in Falcon Heights in 1953, where Lorraine lived for the past 60 years. Lorraine was active in 4-H; Campfire Girls of St. Paul, for which she was a house manager with the Chimera Theater ushering program for many years; the Minnesota Genealogy Association, particularly the Danish Group; the Minnesota Women's Consortium, where she did legislative monitoring of women's issues; and Minnesota **Economists** Home Homemaking.

She was named Home Economist of the Year in 1995. She loved nature and was an avid bird watcher and gardener. She will be missed by her family and all who knew her.

She was preceded in death by her husband, Eugene (1990). She is survived by her children, Steve (Joan), Jeff (Deb) and Janine, and granddaughter, Sara.

A private family service was

Paul McCarron

Paul McCarron, 79, of Spring Lake Park, died Aug. 11. He was a distinguished city, county and state public official and businessman who left a legacy for all. He was also a Korean War vet.

In 1972, McCarron was elected to the Minnesota House of Representatives, where he served for

In 1982, he was elected to the Anoka County Board of Commissioners. He continued his service to Anoka County and the State, chairing his last meeting on June 25, two days before entering the hospital.

In the private sector, Paul was president and general manager of McGregor Agri-Corporation from 1976 until 2002.

Paul is survived by his wife, Lois; son, Shane (Alexis Lomen); daughter, Janet (Dennis) Jorgenson-Rathke; six grandchildren; and 10 honorary grandchildren in Ireland, two in England, two in Peru, and Lions exchange daughters in four countries. He is also survived by brothers-inlaw, Walter (Bonnee) Buhl and Scott Johnson.

Mass of Christian Burial was celebrated Aug. 17 at the Church of St. Cecilia in St. Anthony Park.

Eldon Metaxas

Eldon John Metaxas. 84. died Aug. 30. He was born in Staples, Minn., and lived in south Minneapolis and Fridley for his adult life. He owned the Round Bobbin Sewing Center in Falcon Heights and enjoyed both his staff and customers for nearly five decades. Boating and music were a big part of his life.

He was preceded in death by his wife, Laura, and sister, Leola Connery. He is survived by two daughters, Kathleen Vanden Broecke

Community

❖ MT. OLIVE EV. LUTHERAN CHURCH—WELS

www.mtolive-wels.net, 651-645-2575 1460 Almond Ave., St. Paul, MN 55108 Handicapped accessible Sunday worship: 9 a.m. Sunday School, 10:30 a.m. Pastor: Al Schleusener

❖ PEACE LUTHERAN CHURCH—ELCA

1744 Walnut St. (at Ione), Lauderdale, 651-644-5440 www.peacelauderdale.com Sunday worship: 10 a.m. Pasta dinner: Saturday, Oct. 26, 4 - 7 p.m.

Reconciling in Christ Congregation All are welcome. Come as you are.

SPIRIT UNITED CHURCH

3204 Como Ave. S.E., Minneapolis, 612-378-3602, www.spiritunited.com Sundays: 10:30 a.m. Message and Music. Kids With Spirit Sunday School. All are welcome. Come as you are. Handicapped accessible. International teacher, consultant & author William Meader here for workshops/talks Oct 3, 5, 6, 7. See website for full info.

ST. CECILIA'S CATHOLIC CHURCH

2357 Bayless Place. 651-644-4502 Website: www.stceciliaspm.org Handicapped accessible Saturday Mass: 5 p.m. at the church Sunday Masses: 8:15 a.m. and 10 a.m. at the church

❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth Ave. (corner of Commonwealth and Chelmsford) 651-646-7173 www.sapucc.org 9:15 a.m. Christian education for all ages; 10:30 a.m. worship Pastor: Victoria Wilgocki God Is Still Speaking

❖ ST. ANTHONY PARK UNITED METHODIST CHURCH A Reconciling Congregation. All are welcome!

www.sapumc.org, 2200 Hillside Ave. (at Como), 651-646-4859 Pastor: Melanie Homan Sundays: 10 a.m. Worship celebration and Sunday School 11 a.m. Fellowship and refreshments

Worship Directory

6:30 p.m. Free young adult dinner in parlor Mondays: 7 p.m. Community Bible study in parlor

❖ ST. ANTHONY PARK LUTHERAN CHURCH

2323 Como Avenue W., 651-645-0371 Staffed nursery available - Handicap-accessible Pastor: Glenn Berg-Moberg Web, Facebook, & Twitter: SAPLC Sunday Worship: 8:30 & 11 a.m. Children's choir school (babies to Grade 6) every Wed. afternoon (call for times) Wednesday Night Community Dinner every Wed. 5-6:30 p.m. (free-will offering)

❖ ST. MATTHEW'S EPISCOPAL CHURCH

The Rev. Blair A. Pogue 2136 Carter at Chelmsford 651 645-3058 Sundays 9:15 a.m. Faith Formation for all ages 10:30 a.m. Worship with sermon and communion Nursery care provided 9 -11:20 a.m. 7 p.m. Night Prayer with reflection and communion, Dinner at 5:30~p.m.

* Celtic Liturgy from Iona Abbey begins October 6 at the 10:30 a.m. service * Undercroft Gallery: "Side by Side" Paintings by Joan Hershbell, Photographs by Gary Johnson, through November 2. Gallery Hours Tuesday-Friday, 9:30 a.m. – 2:30 p.m.

* Used Book Sale: October 5 – 6, 9 a.m. – 1 p.m. both days All are welcome! www.stmatthewsmn.org

To add your church to the directory, contact Genevieve Plagens at 651-325-7189 or genevieve@parkbugle.org.

Lives Lived from 20

(Rob) and Cynthia Shellum (Alec); two grandchildren; and two sisters, Doralene Lekas and Marilyn Jensen.

A sharing celebration was held on Sept. 6, in Richfield. A memorial service was held in Fridley on Sept. 7.

Dorothy Moses

Dorothy R. Moses, 97, of Roseville, died Aug. 30. She was preceded in death by her brother, Marty. She is survived by her husband of 74 years, James; sons, Jim (Nancy) and John (Barb); six grandchildren; five greatgrandchildren; and sister-in-law, Betty Rykel.

Her funeral service was held Sept. 5 at Falcon Heights United Church of Christ, with interment at Fort Snelling National Cemetery.

Chris Ostertag

Chris Ostertag, 44, of St. Paul died unexpectedly on Sept. 9.

He is survived by his parents, Tom and Fran; and sisters, Melissa Deckert and Rebecca (Greg) Anderson.

Mass of Christian Burial was celebrated Sept. 17 at Holy Childhood Catholic Church, with inurnment at Calvary Cemetery.

Gregory Pease

Gregory J. Pease, 68, died Sept. 7. In his younger years he was active in local theater. Greg served the printing industry for many years in sales, management and technology innovation.

He was preceded in death by his brothers, Earl and Nicholas. He is survived by his wife of 47 years, Mary Lou; children, Sibyl (John) Niemann, Anna (Ed) Stelow, Martin (Carolyn), Dominic (Mika), Alicia (Brandon) Miller, and Gabrielle (Joseph) Doran; 22 grandchildren; brothers Paul (Rita) and Terry (Rita).

Mass of Christian Burial was celebrated Sept. 12 at Holy Childhood Catholic Church.

Kathleen Sellew

Kathleen S. Sellew, 60, of University Grove in Falcon Heights, died peacefully Aug. 22, at the St. Anthony Park Home after a long struggle with multiple myeloma.

Born in Santa Ana, Calif., in 1953 to Joan and Dick Troxell, she lived in Wyoming until age 12 and moved to Rochester, Minn., with her mother and sister, Sally, after her father's early death. At Macalester College in St. Paul she majored in linguistics and Spanish, spent a formative semester abroad in Bogotá, Colombia, and met her future husband, Philip, in the dorms the fall of freshman year.

After marrying on their graduation day in May 1975, Kathleen and Philip moved to Cambridge, Mass., where they lived until their return to St. Paul in 1984. Their only child, Charlie, was born five years later.

After studying at the Harvard Graduate School of Education with a focus on international education, Kathleen devoted her career of more than 30 years at Harvard University, the University of Wisconsin-River Falls and the University of Minnesota the developing world.

She traveled extensively and worked with agencies in Latin America, Africa and Papua New Guinea, with a particular passion for aiding universities in indigenizing their faculties, long staffed by American, British or Australian scholars. She led development American Scholarship Latin Program, the Asia Development Bank and the U.S. Agency for International Development, and authored books on the university systems of Central America and the Caribbean and visited South Korea as a Fulbright Scholar.

When she left her work at the University of Minnesota on medical disability in 2008, Kathleen was associate director of the Office of International Programs (now GPS Alliance), with broad responsibilities for leadership and management. The university honored her in 2009 with its Award for Global Engagement, citing her as "a strategic thinker, determined leader, and a visionary in the field of international education."

In her final years at home, Kathleen enjoyed gardening, cooking, hosting friends at brunches and quiet dinners, and spending time at family cabins on Lac Courte Oreilles in northwestern Wisconsin and in the Rocky Mountains of Colorado.

Kathleen was preceded in death by her father, Richard Troxell Jr., and stepfather, William Krage.

She is survived by her husband, Philip; son, Charles (David Fiocco); mother, Joan Krage; sister, Sally (Bruce) Van Der Kamp; sister-in-law, Jan (Bill) Barnes; nieces, Kavvy Sonhos and Whitney Van Der Kamp; nephew, Tucker Hollingsworth; aunts, Avis Taylor and Nancy Dahl; and five first

Rev. Edward Sheppard Sr.

The Rev. Edward Lee Sheppard Sr., 83, Episcopal priest in the Diocese of Minnesota, died Sept. 2 at Lyngblomsten Care Center.

Father Sheppard's ministry included a long-term connection to the Dakota Indian community, both in Morton, Minn., and St. Paul. In his retirement, Ed served the historic St. John's Church, Hassan (Rogers), Minn. He was also a planner and original board member of the Jules Fairbank Treatment Center, St. Paul.

A French horn player, he played with the Jewish Community Center Orchestra, Roseville Community Band and various Minnesota orchestras. He was a charter member of the Falcon Heights Coffee Grounds Breakfast Group.

Ed gave his body to the University of Minnesota's Anatomy Bequest Program. He is survived by his wife, Betty; daughters, Mary Elizabeth Sheppard and Ellen Sassenberg; son, Edward Lee Jr.; and two grandchildren. A memorial service was held at St. Christopher's Episcopal Church, Roseville, on Sept. 6.

Anne Underhill

Anne Mavall Underhill, 90, died Aug. 4. She was born in Duluth,

to strengthening higher education in Minn., and lived for many years in St. Anthony Park, the place she called

> Anne was preceded in death by her husband, Jim; son, Bill; and daughter, Susan. She is survived by her daughters, Sarah (Mark) Holm and Mary Underhill, and her trusted companion, Toby.

A special thanks to the staff of projects sponsored by Harvard's Lyngblomsten Care Center for their compassion and care.

Carol Unger

Carol J. Unger died Sept. 10 surrounded by her family. Carol was a proud graduate of Washington High School. She worked for the Minnesota House of Representatives and the late U.S. Congressman Bruce Vento.

She is survived by her husband of 65 years, Jim, her children and their families; sisters, Joanne (Dodie) Lytle and Charlotte (Shocky) Isaacs; and sister-in-law, Mary Hoffman and her husband, Richard.

Mass of Christian Burial was celebrated Sept. 14 at Church of St. Cecilia, with burial at Roselawn Cemetery.

Thomas Warner

Thomas Gary Warner, 61, died unexpectedly at his home on Aug. 20. He was a member of St. Paul Laborers Union Local 132 and was employed as a City of St. Paul gardener at Como Park Conservatory for 32 years.

Tom was a kind and gentle person with a mischievous sense of humor that will be fondly remembered. He loved the outdoors and camping, hiking, canoeing, travel and gardening. Tom showed great respect for all living beings and was especially known for adopting homeless cats.

Tom was always willing to offer help to others, was mechanically inclined and could repair just about anything. As an accomplished guitar player, he loved to play and sing for others. He was a proud St. Paulite and lived here his entire life.

He is survived by Darlene, his wife and partner of 10 years; sisters, Lorri (John) and Sue (Mike); brothers, Pat (Rita) and William; father-in-law, Andrew; and brothersin-law, Steve (Margaret) and Doug. His nieces and nephews have loving memories of "Uncle Tom."

A memorial service Aug. 27 at Christ Lutheran Church in Blaine.

Rosemary Young

Rosemary Young, 86, longtime Como Park resident, died Aug. 20.

She was preceded in death by her husband, Jerry; son, John; and brother, Jack Quinn.

She is survived by her children, Tim (Dalyce), Mary (Mike) Cavanagh, Dan (Christine), Sue (Jim) Dorfner, Jerry (Rhonda), Claire (Dan) Solem, Beth (Greg) Tegdesch, Tony (Ann), Joe (Diane) and Chris (Cheryl); 38 grandchildren; 20 greatgrandchildren; and sister, Patricia Richard.

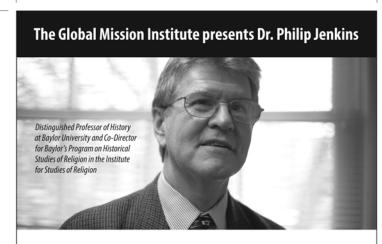
Mass of Christian Burial was celebrated Aug. 26 at Maternity of Mary Catholic Church, with interment at Fort Snelling National Cemetery.



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www.luthersem.edu/lectures/burgess



WEDNESDAY, OCTOBER 30

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THURSDAYS: 11-noon, Oct. 3, 10, 17 & 24 and Nov. 7, 14 & 21 MONDAYS: 1-2 p.m., Oct. 7 & 21 and Nov. 4 & 18 TUESDAYS: 11-noon, Oct. 15 and Nov. 12 & 26

Lauderdale City Hall, 1891 Walnut St., Lauderdale

For more info, call St. Anthony Park Area Seniors at 651-642-9052 www.sapseniors.org



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U Grove from 12

their historic relationship to the U, but new lease terms were worked out that broadened the Grove's eligibility pool to include most permanent University staff. The new terms also provided crucial hardship waivers that allow sellers to turn to the open market when they can't find buyers within the University community.

Most residents say that the dispute has been settled and there is no lingering bitterness. Estimates vary, but Taff says that the majority of residents are "still professors" and their families. Sue Weinberg, director of University Real Estate, notes that three hardship waivers have been granted since 2011.

Dworkin thinks about 10 percent of the houses belong to residents without University affiliations, but he says there are some other hard demographic truths to be considered.

for a faculty member in liberal arts to afford a house in the Grove [on one salary]. Nowadays the main wage earner must have income in the six figures ... to afford [one.]"

Other changes have come to the Grove as well. The young families of the 1960s have aged in place to become retired couples. By the start of the new century children were a rarity in an area that once pointed with pride to its open commons, which allowed the many neighborhood kids to roam safely about the area.

Census data from 2010 reveal that, even excluding the area that includes the University retirement facility at 1666 Coffman St., the median age for the rest of the Grove hovers around 50 years old. On some blocks, more than 75 percent of residents live in one- or two-person households.

Many residents say they have noticed an uptick in the number of *Minnesota Historical Society*.

"It's no longer remotely possible young families moving in just the last few years. "On our part of the block," says Gehrz, "there's a ton of new families with young children."

But turnover in the Grove is slow, with only a few houses changing hands each year. Says Dworkin, who is 85, "[My wife and I] are at the stage when we think about what are we going to do when we get old. We've no intention of moving. It's wonderful to live here. I hope to die peacefully in place."

Judy Woodward is a Ramsey County librarian and a frequent contributor to the Park Bugle.

This article is part of a series of stories that look at different aspects of the Bugle's communities as revealed by the findings of the 2010 U.S. Census. It has been made possible in part by the Arts and Cultural Heritage Fund through the vote of Minnesotans on Nov. 4, 2008. Administered by the



Murray High School Homecoming 1953: University Grove teens, from left, Carla Nordly, Ann Snyder, Judy Piper, Marilyn Fenske Hetzler (second from right) and Kate O'Brien. Hetzler remembers riding the intercampus streetcar to and from University Grove while growing up on Vincent Street. Photo courtesy of the University Grove Homeowners Association



A crowd of University Grove kids heading down Northrop Street in the 1940s. Photo courtesy of the University Grove Homeowners Association

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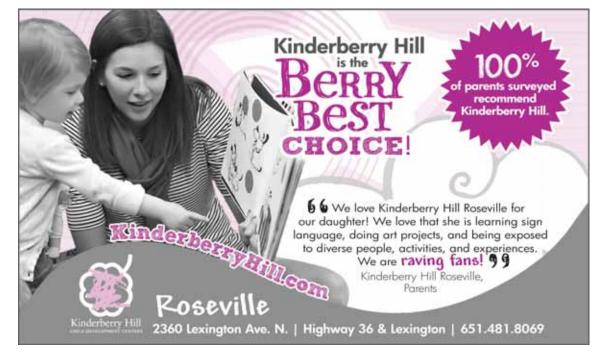
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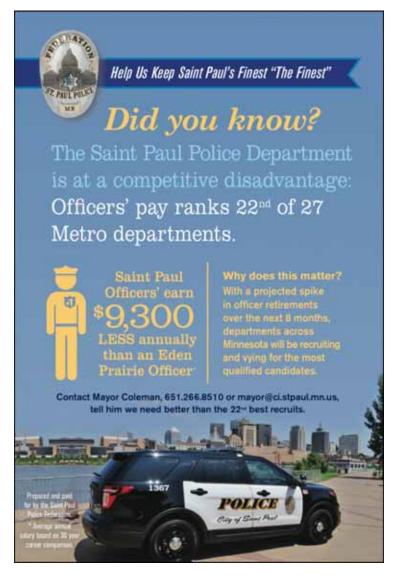
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the eat beat

The eat beat is a new section in the Bugle that will feature occasional articles about food.

Zucchini: versatile, prolific, tasty

By Alex Lodner

Planting zucchini in your garden is a big commitment. This variety of summer squash is prolific to a fault, leaving you with overflowing baskets this time of the year.

The bumper crop may be daunting even to the most inventive of cooks. But from the most complex stew to a simple grilled side dish, zucchini is as versatile as it is abundant. Zucchini can be used in cakes, soups, salads, sauces and much more.

An inattentive gardener might find a mammoth zucchini hiding under the prickly leaves; at that size they are perfect for stuffing. Even the lovely yellow blossoms are edible and are often stuffed or delicately fried tempura style. Best of all, zucchini is easily shredded and freezes well, so you can enjoy its freshness in your cooking and baking all year long.

Here is a fun fact to amaze and delight your friends: Although the zucchini is treated as a vegetable in cooking, botanically it is actually an immature fruit, harvested at about half its possible size. Fittingly, zucchini has a wonderful sweet flavor that can add moisture to pastries yet is subtle enough to use in savory dishes.



Zucchini can be used in cakes, soups, salads, sauces and much more. *Photo by Alex Lodner*

Matt Ellison, executive chef at Muffuletta in St. Anthony Park, loves using zucchini and a variety of other squashes at his restaurant. Through spring, summer and fall, he includes squash in a variety of dishes, including a delicate gnocchi and a flavorful fritto misto with calamari, shrimp and squash medallions. In winter, as the menu moves away from lighter dishes and toward a heartier profile, Ellison will begin using heavier squashes like butternut and pumpkin.

Getting hungry? Below is a simple recipe modified from myrecipes.com that uses zucchini and other vegetables abundant this time of year. You can substitute any vegetables you like, just be sure they are chopped into same-sized pieces. Use fresh chopped basil instead of parsley for a slightly different flavor.

Alex Lodner is a freelance writer who lives in the Como Park neighborhood.

Fall Pasta Primavera

1 tablespoon olive oil

5 cups peeled, chopped fall vegetables such as zucchini, carrots, turnips, peppers or broccoli

1 clove garlic, minced

1 cup low-sodium vegetable or chicken broth

12 ounces bow-tie or other shape pasta

1/4 cup chopped parsley

1 1/2 teaspoons grated lemon zest

Grated Parmigiano-Reggiano

Heat olive oil in large skillet over medium heat.

Add chopped vegetables and sauté for 5 minutes. Add garlic, sauté 1 minute longer.

Pour in broth.

Cover, reduce heat to low and simmer until vegetables are slightly tender.

Transfer to a bowl. Meanwhile, boil pasta in a pot of salted water until al dente. Reserve 1 cup cooking liquid; drain.

Add pasta to vegetables. Sprinkle with chopped parsley and lemon zest. Toss to coat (add cooking liquid 1 tablespoon at a time if pasta is dry). Top with grated Parmigiano-Reggiano.

