This distinguished funnyman did more than bring satirical comedy to the Twin Cities. He gave us espresso.

Como Park update

Kilmer Memorial restoration one of many projects underway at regional park

By Kristal Leebrick

Como Regional Park never sleeps. The 347-acre park has been an ever-evolving work in progress since the first 259.95 acres of farmland were purchased in 1873.

In June, the park opened its new Polar Bear Odyssey exhibit. Construction on the zoo’s next new habitat, the Gorilla Forest, is slated to begin in late 2011. Ground broke for the new aquatic facility in October. It will replace the 1960s-era Como Pool. In November, the city’s Parks and Recreation Department began work on the Como Woodland Outdoor Classroom project, which will provide an outdoor learning area and the restoration of the Joyce Kilmer Memorial Fireplace site.

WPA-era memorial restored

In the southern area of the park, just west of the pool site, stands a half-hidden stone fireplace dedicated to a New Jersey poet known best for his work “Trees” (“I think that I shall never see/ A poem as lovely as a tree . . .”). The Joyce Kilmer Memorial—also known as the “Dutch Oven”—was built by the Works Progress Administration in 1936. That structure, which had been covered with graffiti and in general disrepair, is in the heart of theComo Woodland Outdoor Classroom and is now being restored.

The park received a $250,000 Legacy Grant from the Minnesota Arts and Cultural Heritage Fund to help remove the graffiti and paint on the fireplace, replace the broken stone, rebuild the fireplace, and install fireplace gates and restore the fire ring, said Bryan Murphy, landscape architect with the Parks and Recreation Department. The restoration, which is scheduled for completion in April, comes just in time for the memorial’s 75th anniversary in 2011. A rededication is scheduled for May.

St. Paul parks overhauled to be addressed at public hearing

If you haven’t had a chance to review the city’s draft plan to overhaul the parks and recreation system, there’s still time.

A special Parks and Recreation Commission public hearing will be held Monday, Jan. 10, from 6:30 to 8 p.m. at the Phalen Golf Course clubhouse, 1615 Phalen Drive, to hear public comments on the Parks and Recreation System Plan.

Last spring, the St. Paul Parks and Recreation Department released a preliminary draft plan for overhauling the current parks and recreation system. A series of five community meetings were held to hear public comment about the plan, which was scheduled to go before the Parks and Recreation Commission on Dec. 8. There was such a great response from city residents that the plan was rescheduled for a public hearing in January. Residents who have concerns about changes to the city’s parks system can express those concerns at the public hearing.

Readers can view comments from the five community meetings, along with submitted content through the Systems Plan website, at www.tinyurl.com/systemplan. The site also contains the draft plan.
Como Park

A special election to fill vacancies for board positions for subdistricts 2 and 3 will be held Tuesday, Dec. 21, at 7 p.m. at the District 10 Community Council meeting at the Historic Shererton Station, 1224 N. Lexington Pkwy.

 Falcon Heights

Shaila Cunningham, a certified yoga instructor with 10 years of experience teaching yoga, will present a class focused on slow, repetitive motion, emphasizing breath with movement. Classes began Dec. 18; however, late starters are welcome and rates will be prorated. Saturday classes run for nine weeks from 9:30–10:30 a.m. Cost is $26 for Falcon Heights residents and $30 for nonresidents. Register online at www.falconheights.org or call the Falcon Heights Parks and Recreation Department at 651-792-7617.

Falcon Heights Parks and Recreation is offering a Tai Kwon Do-Little Tigers program for youth ages 3-5. Kids learn basic self-defense and martial arts skills, while developing coordination and flexibility with their peers. A new season will begin Dec. 28 from 5-5:30 p.m. at Falcon Heights City Hall, 2077 W. Larpenteur Ave. Cost is $52 for Falcon Heights residents and $30 for nonresidents. Register online at www.falconheights.org or call 651-792-7617.

New recycling carts will be delivered to homes in December. The city chose Santas Tennis to serve as the city’s recycling hauler beginning in 2011. The new system will be “single-sort” meaning all recyclable materials may be placed in one cart. Pickup days will be every Friday instead of every other week. Residents may keep their blue bins, or they can place them in the new tennis/recycling cart and they will be recycled.

AARP volunteers will provide free tax-preparation assistance on Tuesdays and Thursdays from 9 a.m.-noon at Falcon Heights City Hall, 2077 W. Larpenteur Ave., starting Feb. 1. Volunteers will assist with state, federal and property-tax/rental-credit returns. Tax service will run through Tuesday, April 12. This is a walk-in-only service and is provided for senior citizens and low-income and handicapped taxpayers. Volunteers are trained by the IRS and Minnesota Department of Revenue. Complicated tax returns will not be prepared. Please bring a copy of last year’s return and your Social Security card.

Lauderdale

Don’t let Old Man Winter keep you at bay. Brave the cold and make a Commotion in the Snow at Lauderdale Community Park Saturday, Jan. 29. For more information, check the city’s website at www.ci.lauderdale.mn.us.

St. Anthony Park

The St. Anthony Park Community Council has announced its 2010 Honor Roll, which recognizes three people who have been doing outstanding work on behalf of the neighborhood. This year’s honorees are listed below:

Nancy Dills has led the Environment Committee and the entire South St. Anthony Park neighborhood through the years. A long process of developing a tree, landscaping and rain-water-management plan for Hampden Park. She helped the neighborhood arrive at a plan that will replace damaged trees and make a park that can be sustained and enjoyed by residents.

Roger Purdy has been an active member of the District 12 Council and currently serves as co-chair of the Land Use Committee. He is collaborative and creative in his approach to important issues in the community, shows outspoken support and dedication to the neighborhood and is a strong spokesperson for local people. His leadership of the Como Avenue 2030 Small Area Plan task force is one of many examples of his vision and care for the vitality of St. Paul.

Shawn St. Peter, the principal of Saint Paul Academy, is offering a class focused on slow, gentle, restorative yoga, building strength and flexibility while building interaction and coordination. Classes began Dec. 18 and continue through April 12. Cost is $15 for falcon heights residents and $20 for nonresidents. Register online at www.551club.com or call 651-632-5320 or gmrutz@lyngblomsten.org

720 Como Ave St. Paul 55105-4796

5-5-1 Club & Cafe Community Center | Lower level of 1415 Almond Ave., St. Paul, MN 55108 lyngblomsten.campus Hours: M-F 10 am - 8 pm / Sat 10 am - 6 pm / Sun 11 am - 5 pm

Please join us on Friday, January 28th at 7 p.m.
when Charles Baxter, the chair of the University of Minnesota English department, reads from “Gryphon” which is a collection of new and selected stories.

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2238 Carter Ave., St. Paul – In Island Square on Carter at Como

Hours: M-F 10 am - 8 pm / Sat 10 am - 6 pm / Sun 11 am - 5 pm

5-5-1 Club & Café

Saturday, January 8, 2011
Enjoy lunch & festivities! $5 pre-paid by 1/4/11, $10 at the door
Soup Sampling & Voting 11:30 AM - 1 PM (or until samples run out)
Soup Lunches 11:30 AM - 2 PM
5-5-1 Club & Café Community Center | Lower level of 1415 Almond Ave., St. Paul, MN 55108 lyngblomsten.campus

Questions? Contact Geri Rutz at (651) 632-5320 or gmrutz@lyngblomsten.org

• Day Trips
• Adult Education
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• Adult Education
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• Travel

Fun for Life!

Join your neighbors for the 5-5-1 Club & Café Soup-Off

5-5-1 Club & Cafe

Saturday, January 8, 2011

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American Family Insurance

5-5-1 Club & Café

5-5-1 Club & Café

Two workshops are scheduled in January and February. Jan. 22, 10-noon, at Hennepin Recreation Center, 1006 Hubbard Ave., or Tuesday, Feb. 8, 6:30-8 p.m. at the St. Anthony Park Branch Library, 2245 Como Ave.

For more information or to RSVP call 651-649-5992. Seating at the library is limited. Another option is to schedule a 30-minute mini-workshop for you and your neighbors.

City of St. Paul

If you are planning to travel this winter, the St. Paul Volunteer Police Reserve will conduct a housewatch for you. They will walk around the outside of your home to make sure that it is secure while you are gone and will do this for up to 30 days. The reserve officers can conduct a premise survey and give you inexpensive solutions to securing your residence and making it less inviting for burglars. Contact the reserve at 651-266-5485.

The city’s Snow Emergency Lot is located at Catlin and Como avenues, not at Linwood Recreation Center, as was posted in some city information pages. The impound lot phone number is 651-266-5642.

The St. Anthony Park Community Council is looking for 150 people to allow the Energy Squad to make improvements to their homes. The program includes the installation of a programmable thermostat, weather stripping and adding compact fluorescent, water-saving devices and a water heater blanket.

Soup Lunches

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Shift rates into NOW

Volunteers are trained by the IRS and specializes in answering questions. The impound lot phone number is 651-266-5642.

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N
owadays, topical humor dominates the scene from Jon Stewart to Saturday Night Live to the Twin Cities own never-closing Brave New Workshop in Uptown M innea-
polis. At the same time, M innesota residents have seemingly traded the old-time coffee-percolator on mase for the no-
longer-exotic pleasure of lattes and cappuccinos.

Not surprising, since he grew up on the road as part of a multi-
gerational circus family. “You might say I ran away from the circus,” he said. Dudley Riggs grew up on the road as part of a multi-
gerational circus family. “You might say I ran away from the circus,” he said.

Dudley Riggs is probably an unlikely resident of an
unusual detail and astonishing events that it probably wouldn’t make it as a

But it’s all true, and so recently the M innesota H istor y T heatre did the only sensible thing and turned him into a play. Dudley Riggs for Laughter ran for several months in late 2010.

A 25-year resident of the Grove, thanks to his marriage to University of M innesota professor emerita
Pauline Boss, Riggs with his bow ties and his perennially impish grin might seem an unlikely resident of any neighborhood.

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recycling program is
sponsored by the Recycling Asso-
ciation of M innesota in partnership with the Clean Energy Resource
Teams (CERTs), W C O D T V , K seal Energy and Ace H ardware Stores in M innesota.

A benefit to recycling the lights is that it requires the copper in the lights. By one estimate, recycling copper takes about 10

percent of the energy it takes to extract it. According to estimates by the Clean Energy Resource Team,s recycling 50,000 pounds of lights in
M innesota would save about 530,000 kilowatt hours, or about 960,000 pounds of carbon dioxide. That’s assuming 20,000 pounds of lights are replaced by LED’s and that
homeowners with lights use them for about six hours a day from Thanksgiving to New Year’s D ay.

Recycle your old Christmas lights

You can recycle your old, broken
holiday lights at a number of
dates and locations during this month.

The Como Park Zoo and
Conservatory and Ace Hardware in
Edina are two of the area drop-off sites.
A map of all participating locations that will accept the lights through Jan. 13 can be found at the website
www.cleaneveryresourceteams.org/comm-
unity-projects/campaigns/recycle-
holidays-2010. The recycling program is sponsored by the Recycling Asso-
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Caffeine and comedy

A conversation with Dudley Riggs

By Judy Woodward

The Roseville City Council rejected the
conditional-use request from
Bituminous Roadways to allow outdoor storage for materials needed to
make asphalt on Nov. 29.

The proposed storage facility
would have been located on Walnut
Street, in the northeast corner of the
city.

City staff recommended the
conditional-use request from
Bituminous Roadways to allow outdoor storage for materials needed to
make asphalt on Nov. 29.

The proposed storage facility
would have been located on Walnut
Street, in the northeast corner of the
city.

In their deliberations, City
Council members considered infor-
mation from the ongoing environ-
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city.
Here comes the sun

Michele Siller helps to organize the village, Jeannine Schacht and Emily Bolgered, lend their graphic marketing expertise, Dr. Paul Kirkegaard pays for the musicians, and Terri Banaszewski and the Park City Band crew always provide a hospitable, one-day home for Santa, Mrs. Santa and the ever-popular reindeer.

It really takes a community effort and we are lucky to have these leaders willing to volunteer their time and energy to make it happen. Don’t forget to support our local businesses all year round. If we don’t use them, we’ll lose them. 

Jon Schumacher
Executive Director
St. Anthony Park Community Foundation

Mark your calendars for the progressive dinner March 5

Next month you will see flyers posted around the St. Anthony Park neighborhood announcing the 25th annual St. Anthony Park Progressive Dinner. The holidays will be over and there will be in the seeming colddurums of winter, slowly lengthening days. This quiet expansiveness inevitably leads to spring and the SAP Progressive Dinner. This is an opportunity for personal expansion by inviting neighbors into your home to share conversation, food and wine. It is also an opportunity to meet new people, get to know some of them better and reconnect with those you have lost touch with.

Be a part of this fun neighborhood tradition by putting March 5 on your calendar and offering to host a group of six for a salad, main or dessert course. We will meet at the SAP United Methodist Church at 5:30 p.m. for appetizers and progress through the evening until the desert course is finished at around 8:30 p.m. In addition, encourage new neighbors to join the fun and get themselves connected. We look forward to answering questions that you have and of course, seeing you on the March 5th.

Jenny Off, Farida Sanikistam and Karen Kistler

Fund Drive Contributors

Thanks to our readers who have contributed to the Park Bugle’s 2010 fund drive.

Lynn Abrahamson
Muti & Tim Abrahamson
Dorothy Appol
Robert Agrimson
Clay Abrams & Jana Johnson
Deborah Allan
Amy Ambrose
Genevieve Anderson
Joel & Teresa Anderson
Damon Anderson & Julia Loupe
John & Nina Archabal
Jeff & Julie Babineau
Carol Baglioli
Lindal & Al Saurdy
Luella Bean
Bill Quile & Sons
Steve and Shelley Barven
David & Eleanor Blonhoff
Rob Blair
Kay Blair
Overland Anderson & Norm Bailey
Jane Bose
Ted Bowman & Margie Graham-Bowman
William Boyd
Paul D. Bray
Barry and Mélisa Bridges
R. H. Brokopp
Julie & Bill Burkey
Gary & Sally Cagle
Shirley Campbell
Margaret & Rod Carlson
H. M. and June C. Curt
Chuck & Jessie Cermak
Arthur & Gwendolyn Christiansen
Marc & Jack Christiansen
Mike & Lis Christiansen
Kathy & Paul Ciernia
Philip J. Clausen
Mike Clift
Bob Clove & Cindy Pelhat
Como Rose Traval
Frederick Cooper & Helen Foster
Patricia Cooper & Susan M Cabe
Mr. & Mrs. John Crowley
Valerie Cunningham & Rog Bergerson
Dae & Karen Davis
Jeff & Donna Dowkin
L. B. Hochrad
Richard & Florence Holmstam
Chuck Kilbri & Linda Campbell
Ken & Tina Hughes
Sachiai (sumra)
Carla & Marjorie len
Barbara Johnson
Larson Johnson
Joanen Johnson & Gary Johnson
June B. Joseh
Karen Duke & Geirne Kimpcke
Joanne Kendall
Sylvia Kerr
Virginia M. Kivits
Dorothy Belgium Knight
Gretchen Knaut
Jeffrey and Gertie Long
Virginia & Viola Larson
David W. Larson
Milton & Jean Larson
Barbara & Rolfe Leary
Krista Nelson
Chuck Holst & Linda Campbell
Kerry Agreement
Debra Bordsen & Norm Bailey
Kay Blair
Marilyn Lopez
Nance & Brian Longley
Jane Leonard & Lori Lipert
Gregory B. Lien
Karen Lilley & Dave H ansen
Sue & Brian Longley
Marlyn Lopez
Margaret Lunders
Jean T. Lupton
Kathy Magnuson
Kathy Malchow
Chapman and Lohini M ayo
Bian J. M. Cuddy
Gay M. Cumber
Pat M. Odom
Virginia M. Ba m
Jim S. Linda M. anelli
Philippa & Henrietta Miler
David & Donna Mirocha
Greg M. Iannone
Fred and Lynda Morko
Carol Murphy
Gary & Barbara M urdock
Nancy Myers
Mary Neustaden
Krista Nelson
Jeffrey Nelson &
Cardinal Garcia-Nd
Ruth Rubrück
Eric & Lisa N. Nichol
Carl & Connie Noach
Gal & David Noble
Mike & Marie O'Connor
Alis & Byron Olsan
Battye O'con
Kathryn & Matt Ostrue-Olsio
Laura Park & Erik Jordan
Carol M. Pearson

Contributors to page 5
By Michelle Christianson

My daughter, Rachel, bought a house this year, not far from where I live in St. Anthony Park—near Hamline University. She was excited to have her own place and room for all the things she had packed away at our house. One of those things was a set of dishes that had belonged to my mother.

Mom bought her china long before she got married and always loved it. It is a beautiful pattern—pastel roses on a creamy background with gold edging. She gave it to Rachel when she was 5 years old in 1984, the year my parents sold their home and moved to Arizona. The dishes have spent the last 26 years in our attic, waiting to be brought out and used.

Each piece was wrapped in newspaper, so it took a while to unpack. Of course, we had to take a break to look at the news from that day and laugh about the grocery prices, but eventually everything was sitting on the dining room table.

I remember it being a pretty complete set, but thought some pieces must have broken over the course of my parents’ marriage. They were all there except for two cups. Twelve place settings, including dinner plates, luncheon plates, bread plates, dessert plates, small bowls (for sauces), soup bowls and quite a few serving pieces. We marveled at how everything had withstood the ravages of time and what a wonderful gift it was.

After we had washed everything and put it away in her new china cabinet, Rachel announced that she wanted to have Thanksgiving at her place. She had my husband’s mother’s flutabare and many serving pieces from her, too. Rachel would cook the dinner with help from her parents and my sister, and my mother-in-law would leave the nursing home for a few hours to have dinner in a home with some of her family. Everyone was delighted.

When the day came, I realized that it was not just Gramma’s dishes that we were using, but both grandma’s recipes—Gramma’s dishes in Gramma’s dishes, so to speak. We all use my mother’s dressing recipe, which really came from my grandmother. (We are so careful, that I believe my grandmother would recognize it as her own even now.) We add raisins, apples, prunes, walnuts and sausage to the usual bread, onions, celery and butter.

My mother-in-law always made orange-cranberry relish, saying every time, “It’s so refreshing!” (After a while it just became known as “refreshing cranberries,” or even just “refreshing”) I made that and wept it in Gramma’s white crystal bowl she had always used. When she heard that it was there, she broke into a huge smile.

“Oh! I thought that had gotten broken!” she exclaimed. “I gave that to me the first year we were married.” Though she can’t see anymore, it was enough just to know that it was there and we were using it.

Not everything on that table was heirloom. We had wine in the glasses Rachel hand-carried from Prague when we visited there in 2001. And instead of the usual green-bean-and-fried-onion casserole, she prepared fresh green beans with garlic sauce. There will be new items to pass on to future generations.

But inside the dishes there was one more thing, a third layer nestled in the middle of everything. It was the love with which each dish was cherished and preserved, each recipe recollected just like Gramma made it,” the sense of family and tradition carefully nurtured. They may be moved to a new home, but those dishes hold the soul of our family as surely as they hold the mashed potatoes and gravy.

Michelle Christianson writes and teaches piano in the house where she has lived for 35 years, just a few blocks from where her mother-in-law lived for 38 years.

Corrections

In an article about the proposed parking lot at Como Regional Park (“Park paradise and put up a parking lot?”) in the December issue of the Park Bugle, the lot location was incorrectly listed as Levington and Hamline avenues. The parking lot was proposed for the corner of Arlington and Hamline avenues.

The manager of Finnish Bistro was incorrectly listed as Sarah Weise in our December holiday shopping guide. Her name is Sandra Weise.
Artists at 2402 University Ave. are packing up and moving out

There’s a lot more than paint and brushes being carried out of the Chittenden and Eastman Building this winter, as artists vacate their studios in the old warehouse to make room for its likely renovation as housing.

“Generations of artists have come through my doors,” says potter Charles Solberg. “It’s a community.” Others are simply moving their businesses to their homes or scattering to studio space elsewhere.

Built in 1917 for furniture and mattress makers Chittenden and Eastman Co., the warehouse has become a neighborhood gathering place, hosting open-house sales that draw curious families, as well as art collectors.

The city of Minneapolis viewed us with alarm. The vice squad was convinced that the espresso machine was somehow illicit.” —Dudley Riggs

Chuck Solberg with some of his work in his University Avenue studio in November during the last sale at the artist studios in the Chittenden and Eastman Building.

“We'd take a newspaper headline and ask the audience what they thought. ‘Whodo you love?’ ‘Who do you hate?’ ‘Even in those distant days, long before Watergate, the answer to the second question was frequently ‘Nixon!’ ” —Dudley Riggs

“The mix of topical wit and improvisational comedy that Riggs helped develop has never been more influential. Times and targets change, but the improv style seems here to stay,” Riggs refers to improv as “theater without a net.”

“Once people become accustomed to working in that form,” he explains, “it’s very liberating, because you can trust your companion (on stage).”
Alternative cold remedies are nothing to sneeze at

By Natalie Zett

Ah, the sights and sounds of winter: the first blizzard, crunching snow, and the sneezing and wheezing colleague or classmate.

We can run, but we can’t escape the common cold. While there’s no cure, there are many local practitioners who provide alternative treatments for these pesky viruses.

“Acupuncture is effective in treating the aches and pains, stuffy nose and dripping sinuses associated with colds and flu,” according to Lauren Fehr, licensed acupuncturist at Lauderdale Wellness Center, 2442 W. Larpenteur Ave.

Fehr encourages people to schedule an appointment at the first sign of the sniffles. “I hate the best time because the body is trying to fight off the cold and the treatment can help,” she said. Fehr also uses herbal remedies to help treat a cold.

If the thought of acupuncture makes you uncomfortable, Fehr offers assurance to needle wavers: “Acupuncture needles are extremely thin and solid,” Fehr said. “It’s nothing like a shot or having blood drawn. The sensation you usually get is one that’s a little bit tingly but seldom painful.”

Swapping acupuncture needles for colored lights sounds like the latest variety of snake oil, that is, until you speak with Esogetics practitioner Schäön (pronounced “Shawn”) Blodgett. He uses what he calls “Colorpuncture.”

“It’s like acupuncture, except that colored lights, instead of needles, are used,” he said. Founded in Germany, Esogetic Colorpuncture is a newer therapy that draws from Chinese medicine.

When describing this Blodgett asks skeptics to consider M C Donald’s brand colors, red and yellow. “They conducted extensive and expensive marketing research and found the color yellow helps to motivate employees,” Blodgett said. “It also increases the digestion rate, so when customers come in, they feel hungry. For employees, red will make them work faster. When customers arrive, red will make them want to get their food, eat and leave quickly.”

Esogetic applies a similar color-based theory to its treatments. “We have therapies for the cold and flu that encourage the lymphatic system to start moving, which strengthens your immune system,” Blodgett said. “Much of the immune system is based in your intestines, so we want to flush out the toxins. To fight a cold, we have about 50 specific therapies that we can use just because each situation is different,” Blodgett, who sees clients at Shen-Men, a Healing Arts Collaborative, in the Baker Court Professional Building, 821 Raymond Ave., doesn’t have a problem treating clients who have a cold. “I come on in. I see sick clients all the time,” he said.

A good offense

When dealing with a cold, “the best defense is a good offense,” said Dr. William Skon, a St. Anthony Park resident who practices at Skon Chiropractic Clinic, 1567 Selby Ave.

“I’m chiropractic, we talk about innate intelligence—the body’s ability to heal itself,” Skon said. “I have nervous system controls innate intelligence and the connection from the brain to the rest of the body comes through the spinal column. With colds and fevers, we adjust the upper cervical area, the upper neck—lots of stuff happens there.”

Skon recommends taking extra precautions this time of year: “I tell number one thing is to increase your water. When we get into winter, with heat running in the house, it gets drier—plus we’re in enclosed spaces, which makes it easier to catch the viruses. The virus invades the body and kills off the normal cells.”

If you succumb, however, you’re not out of luck. “Remember, when water consumption and don’t [eat] dairy products which create more congestion,” Skon said.

“Wile it’s O.K. to eat fruit when you’re sick, Skon cautions against drinking juice. ‘There’s so much sugar in juice that it compromises the immune system. ’ He also encourages people to exercise four to five times a week, get enough sleep and decrease stress.

Although studies are inconclusive about the efficacy of many vitamins and supplements, Skon said, “It’s best if you get vitamins and minerals from foods, but that’s not always possible, so well often recommend a daily supplement. Tens (black and green) can be help-ful, and garlic is a natural antibiotic.”

Matt Caldwell, a chiropractor at Lauderdale Wellness Center, said a craniosacral adjustment helps reduce stress for patients with colds or the flu. He also advises eating a balanced, plant-based diet and lowering sugar and alcohol intake. “Increasing sleep also helps,” he said.

Kris Groth, a registered occupational therapist at Lauderdale Wellness Center who began doing CranioSacral therapy about 14 years ago, said CranioSacral therapy can get the body a jump-start. It involves the manipulation of the skull bones (the cranium) and the sacrum. “[It] treats the whole body.” Groth said, "helping it to balance out and boost the immune system. It helps clear sinus drainage and anything that got stuck.”

“[If the body has] been wanting to kick that cold, a treatment will give it an extra boost.”

Chiropractor Carla Breuning uses homoeopathic remedies in her practice at Roots WellCare, 570 Aubury St., Suite 102 (she is a certified classical homoeopath by the Council for Homeopathic Certification). “With colds [upper respiratory infections], the clearer the symptoms, the more likely there will be a positive response with homeopathy,” she said.

“Colds are self-limiting, meaning that they often clear up on their own with time. However, if the cold develops into a deeper condition (for example, bronchitis) and persists and worsens rather than improves, consult your medical physician.”

Natalie Zett is an award-winning writer and frequent contributor to the Park Bugle.
The original memorial, which was funded by the Joyce Kilmer American Legion Post (St. Paul parks superintendent at that time, W. Lamont Kaufman, was a member), was a larger complex that included a cascading waterfall, a wooded grove, the fireplace and a plaque with Kilmer’s poem “Trees” hanging from a nearby tree. Only the fireplace remains.

The Como Woodland Outdoor Classroom project includes a 1.7 3/4-acre woodland restoration with seven woodland “classrooms”: oak savanna, coniferous forest, transitional woodland, oak woodland, sedge meadow, ephemeral wetland and tall grass prairie. Each area will have a series of trails meandering through it, providing visitors with a view of what these respective woodlands are like, Murphy said. Also, each classroom will contain a small clearing with groupings of logs or boulders for seating to accommodate six to eight students. It is hoped the classrooms will be used by local schools, Murphy said.

A $218,000 Minnesota Environmental and Natural Resources Trust Fund grant will be used for the first phase of the outdoor classroom project, Murphy said. That work includes removal and management of invasive species, construction of gravel trails, construction of the small paved parking lot, Murphy said. The trust fund grant will be used for the construction of the small parking lot, construction of the small classroom project, Murphy said. That work includes removal and management of invasive species, construction of gravel trails, construction of informational signage, the development of an outreach program and an “Educate the Educator” program for teachers in outdoor environmental education.

**Pool construction begins**

Despite the increased number of amenities planned for the new aquatic center in the park, the new pool area will not be much larger than the one it is replacing, Murphy said. The old facility totaled 28,949 square feet (that included 7,647 square feet of water surface and 21,302 square feet of deck space). The new facility will be 29,231 square feet, 16,218 of which will be dedicated to water surface and 13,013 to deck space. The bather load will be 548, Murphy said.

Ground was broken for the new aquatic center in October. So far, grading has been done for the parking lot and pool area and excavation for the administrative and shower buildings has begun.

The city recently received a $150,000 Solar Energy Legacy Grant from the Minnesota Department of Natural Resources, which will go toward installing a solar system that will be used to heat the showers, sinks and pool, Murphy said. That system will also offset some of the heating needed for the winter, as the offices that will be built at the pool will be used year-round by the St. Paul Municipal Athletic Center.

Completion is expected by September 2011, Murphy said, and the pool is tentatively planned to open Memorial Day weekend of 2012. There are three pools planned for the project:

- A six-lane lap pool with an adjacent diving well. The pool will flow into a two-lane 25-meter lap pool, featuring a zip-line (a pulley suspended on a cable that bathers can use to traverse across the pool).

- A splash pool with a zero-depth, beach-like entry that will rise to a depth of 3 feet. The splash pool will have some small water slides along with ground sprays and interactive features where bathers will be able to turn water sprays on and off.

- The third pool will be a lazy river in which guests can float in a tube down a waterway that will split into either a water slide or an area where there will be spray cannons and guests can spray their friends from the side as they float along.

The project includes the realignment of Como Avenue near the pool. Two new buildings will house showers, restrooms, admissions, offices and concessions. A number of trees were removed to accommodate the new facility, but Murphy said they were ash trees that would probably have been removed in the next several years due to the local emerald ash borer infestation.

More than 200 new trees will be planted in the area. The new aquatic facility will provide more shade than the old pool, Murphy said, as there will be trees and landscaping inside the pool fencing.

The new 215-space parking lot is larger than the old lot to accommodate both pool parking and activity at McMurray Field. The pool restrooms will be accessible to pool guests only.

**Historic Streetcar Bridge**

There is funding to restore the Historic Streetcar Bridge, the footbridge near the Historic Streetcar Station at 1224 N. Lexington Pkwy., Murphy said. No plans have been finalized for this restoration, but it will likely be restored as a “triumph” with some parts of the bridge remaining and the installation of interpretive boards to show how the bridge was used, what it looked like and its history, he said.

**West Picnic play area**

Parks and Recreation has approximately $250,000 in funding to build a new play area at the West Picnic play area, Murphy said, but no architect has been assigned to the project yet and no plans have been made for the project.

**The only remnant of a Depression-era memorial to poet Joyce Kilmer at Como Regional Park is this fireplace, which is now being restored.”**

**Photo by Sharon Shinomiya***

**Ninety-five years ago, work on the conservatory begins.**

**Photo courtesy of the Como Zoo and Conservatory***

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**Photo courtesy of the Como Zoo and Conservatory***

**Como Zoo in its early days: This well-dressed woman doesn’t seem to understand the notion of “don’t feed the animals.”**
**Timeline**

**Since 1873, Como Park has been a work in progress**

By Sharon Shinomiya

- **1873:** St. Paul purchases 259.95 acres of farmland for a public park next to Lake Como, which was then located outside city limits. An economic depression stalls development for 14 years.

- **1878:** St. Paul erects a workhouse for prisoners “out in the woods” on park land. Five years later, the newly formed park board deems its location in the park and along battle to remove the “eyesore” begins.

- **1882:** The park board hires noted landscape architect H. Grace W. S. Cleveland to design St. Paul’s parks and parkways. Como Park is planned as a landscape park. During the next few years, several roads are constructed and grass is planted on the Hamlar picnic grounds. Inmates from the workhouse provide free labor.

- **1891:** Frederick Nussbaumer, a park gardener with experience in London and Paris, is promoted to superintendent of parks. During his 30-year tenure, Nussbaumer completes the park’s layout and adds many recreational amenities.

- **1894:** Gates Ajar, one of several topiary features in the park, is planted in the first of its three locations.

- **1895:** Nussbaumer creates floral display gardens and a “Banana Walk,” a pathway lined with tropical plants. A steam-heated pond, the “Aquarium,” is completed and holds a huge Victorian Water Platters.

- **1897:** The city of St. Paul is given a gift of three deer and Como Zoo begins.

- **1898:** Inmates from the workhouse provide free labor.

- **1899:** St. Paul erects a workhouse for prisoners “out in the woods” on park land. Five years later, the newly formed park board deems its location in the park and along battle to remove the “eyesore” begins.

- **1900:** It mysteriously disappears from all park records. Japan’s exhibit at the St. Louis World’s Fair. High water damages it three years later. After St. Paul purchases 259.95 acres of farmland for a public park next to Lake Como, 1873:

- **1904:** A new lakeside pavilion replaces an 1894 structure. A year later the park adds a bandstand that extends out into the lake.

- **1905:** A new stone streetcar station is built.

- **1906:** A new lakeside pavilion replaces an 1894 structure. A year later the park adds a bandstand that extends out into the lake.

- **1909:** On the northern shore of Cozy Lake, the first Japanese garden is created, inspired by Japan’s exhibit at the St. Louis World’s Fair. High water damages it three years later. After St. Paul purchases 259.95 acres of farmland for a public park next to Lake Como, 1873:

- **1910:** The N. Deweyum (Lexus) Pond and Rockery, or Frog Pond, is created in a natural depression. A semi-circular pergola and granite boulders are added years later.

- **1912:** Como Park is cut off and filled. Cozy Lake dries up for the last time. The city of St. Paul is given a gift of three deer and Como Zoo begins.

- **1918:** The Great Depression. A semi-circular pergola and granite bullfrog are added years later.

- **1920:** The park board reluctantly grants permission for the Como-Harriet Streetcar Line to extend through the park.

- **1921:** A new stone streetcar station is built. Como Golf Course opens with nine holes. Nine more are added two years later.

- **1924:** Como Golf Course opens with nine holes. Nine more are added two years later.

- **1925:** The Como Park Master Plan is completed and calls for the removal of many roads in the park and the rerouting of Lexington.

- **1926:** Construction workers take a break for a photograph in front of the newly built Como Park Conservatory.

- **1927:** Como Golf Course dozes for remodeling and reopens two years later.

- **1927:** The newly built Como Park Conservatory.

- **1930:** Como Golf Course dozes for remodeling and reopens two years later.

- **1930:** Construction of the glass-domed conservatory, Superintendent Nussbaumer’s dream, is completed. It is now listed on the National Register of Historic Places.

- **1931:** The Visitor Center opens.

- **1936:** A new 1-acre Japanese garden opens. It is designed by M. Seni M. Atuda of Nagasaki, Japan. St. Paul’s sister city.

- **1939:** A new 1-acre Japanese garden opens. It is designed by M. Seni M. Atuda of Nagasaki, Japan. St. Paul’s sister city.

- **1941:** Como Park is cut off and filled. Cozy Lake dries up for the last time.

- **1945:** Polar Bear Odyssey opens. Construction begins on a new aquatic facility.

- **1949:** Tropical Encounters exhibit opens.

- **1950:** Como Golf Course dozes for remodeling and reopens two years later.

- **1954:** The Como-Harriet Streetcar Line is reconstructed.

- **1957:** The Como-Harriet Streetcar Line is reconstructed.

- **1960:** The workhouse is removed. Two years later Como Pool is built on the site.

- **1962:** A hailstorm destroys the glass at the Conservatory.

- **1967:** The Hamm Memorial Water Falls is created on a hillside across from the lakeside pavilion. Following completion of a master plan for Como Zoo, many more new buildings and exhibits are constructed.

- **1970:** The Como Park Master Plan is completed and calls for the removal of many roads in the park and the rerouting of Lexington.


- **1978:** The park board reluctantly grants permission for the Como-Harriet Streetcar Line to extend through the park.

- **1981:** The Como-Mn. Water Falls is created on a hillside across from the lakeside pavilion. Following completion of a master plan for Como Zoo, many more new buildings and exhibits are constructed.

- **1992:** Como Golf Course dozes for remodeling and reopens two years later.


- **2001:** The streetcar station is restored and a new pedestrian bridge over Lexington safely links the park and lake.

- **2002:** The Visitor Center opens.

- **2003:** Como Town replaces the old amusement rides.

- **2006:** Como Golf Course reopens.

- **2008:** About 2.5 million people visit Como Park each year.

- **2008:** Como Pool closes.

- **2010:** Como Golf Course reopens.

- **2010:** A master plan is developed for a new Como Woodland Outdoor Classroom on the site of the former Joyce Kilmer Arboretum.

- **2010:** Polar Bear Odyssey opens. Construction begins on a new aquatic facility.

Sharon Shinomiya lives in the Como Park neighborhood. She enjoys historical research and writing.

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New store is strictly for the birds

It didn’t take Linnea Carlson long to come up with a name for her new wild-bird store, Chickadee’s House, because she’s long been enamored with the little black-white-and-gray creatures that zip around so many backyards. “It’s hard to say ‘chickadee’ and be in a fowl mood,” Carlson says. “I like to think of my store like that, a happy place, kind of a ‘Candyland’ for birds.”

Chickadee’s House opened recently in the Lexington Plaza Shopping Center at 1771 N. Larpenteur Avenue, featuring a full line of birdseed and food, bird feeders and houses and a variety of other products associated with backyard bird-watching. According to a U.S. Fish and Wildlife Service survey, one in five Americans watches birds around the home and a high percentage of those millions of people feed birds, as well. Carlson chose the location just north of Larpenteur Avenue in part, because there isn’t another wild-bird store within a five-mile radius.

Since a lot of grocery stores and other outlets also sell birdseed, why shouldn’t people buy it there? “A lot of that birdseed is junk. Birds won’t touch it, so it goes to waste,” she says. “If you look at it another way, would you buy your milk and eggs at a bird store?”

Carlson particularly enjoys helping neophytes get started, selecting the seeds and feeders that will attract the most desirable birds for viewing. She grew up in Falcon Heights, where her parents still live, and started paying attention to birds on visits to her grandparents’ home near the University of Minnesota agricultural fields. “I’m crazy about nature and birds, although if someone were to ask me about the mating ritual of the indigo bunting, I would have to look it up.”

She’s hoping that customers will come in to share their birding experiences and will post photos they take on her website, chickadeeshouse.com. “I also hope parents will feel comfortable bringing their children here, because it’s a kid-friendly store and I think it would be great if we could get more youngsters interested in birding.”

Carlson left the security of a corporate job to pursue her dream of creating a store that’s “bird-friendly,” Carlson says. “I know birds, although if someone were to ask me about the mating ritual of the indigo bunting, I would have to look it up.”

She’s hoping that customers will come in to share their birding experiences and will post photos they take on her website, chickadeeshouse.com.

“Very few customers come up with a name for their new wild-bird store, Chickadee’s House, because she’s long been enamored with the little black-white-and-gray creatures that zip around so many backyards. “It’s hard to say ‘chickadee’ and be in a fowl mood,” Carlson says. “I like to think of my store like that, a happy place, kind of a ‘Candyland’ for birds.”

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School News

Chelena Heights Elementary
1557 Hunon St., 651-293-8760
www.chelena.spps.org

Chelena Heights students and families donated 1,600 pounds of food (that’s three truckloads) to Keystone Community Services food shelf as part of the school’s Thanksgiving Food Drive. This food drive was spearheaded by a group of student leaders. Way to go, Chelena Heights!

Como Park Senior High
740 Rose Ave., 651-293-8800
www.comorp.org

Como Park High School is beginning a partnership with Students in Action, a student-led program that promotes volunteer and public service initiatives through already-established school groups such as the National Honor Society and Student Council. Its purpose is to instill the ideas of service, leadership and ethics in high school students and to recognize and encourage their efforts.

Three of Jeff Caulum’s English language learners, Lay K’Por Paa, Dao Lee and Xai Xiong, had personal writings and poetry published in the most recent issue of Hmong Teen Magazine. They received a copy of the magazine as well as a small stipend for their work.

Fifty-one students with straight As were honored by the school and counseling department with a pizza party in the Career Resource room recently. Their academic accomplishments are a continual model for all students.

After-school tutoring with students from the University of Minnesota is occurring for a variety of subjects. There are limited spaces available for this intensive tutoring opportunity and requires a sign-up in the library. Como’s debate team is preparing for Varsity State in January after achieving great results in the Novice V State meet.

The Como Park High School Showcase House for prospective students, parents and guardians is Thursday, Feb. 3, from 6:30 to 8 p.m. Find out about Admission, Placement, music, science, College in the Schools, sports opportunities, world languages and mathematics. Talk to students, teachers and coaches and see what makes Como Park work as a high school. Tours can be arranged through the Career Resource Center and are on Wednesdays, Jan. 12 and 19, and Feb. 2, 9, 16 and 23.

Murray Junior High
2200 Buford Ave., 651-293-8740
www.murrayaps.org

Murray Junior High will host a forum on internet safety and cyber bullying Monday Jan. 10, at 7 p.m. in the school library. The site council will meet Jan. 10 at 4 p.m.

Murray science students will present their science projects individually to three judges at the largest Minnesota junior high science fair Tuesday, Jan. 18, from 6 to 9 p.m. Anyone interested in judging at the event should contact Genni Nakahishi, 651-293-8740. Parents and the community are invited to an open house to view the projects Wednesday, Jan. 19, from 6:30 to 8 p.m.

Parent conferences will be held Thursday, Jan. 27, from 3:30 to 6:30 p.m. and Thursday, Feb. 3, from 5:30 to 8:30 p.m. Conference forms will be sent to all homes to request a time with teachers.

There is no school for students Jan. 17 and 31.

St. Anthony Park Elementary
2180 Knapp St., 651-293-8735
www.stanthony.spps.org

This is a good time of year to thank the community that supports St. Anthony Park Elementary School. Donating to the school’s annual fundraising efforts is a way to show your support for programs and activities that keep our students learning and growing. Your donation will be matched dollar-for-dollar by a grant from Target. St. Anthony Park Elementary School is a proud member of Target’s Education Portfolios for Change initiative.

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_Important events in January_ include a theater music and movement residency for fourth-graders Jan. 6; site council meeting Jan. 10 at 5 p.m.; coffee and conversation with the principal Jan. 13 at 9:15 a.m.; Martin Luther King Jr. program Jan. 14 at 2 p.m.; SAPSA meeting Jan. 18 at 5 p.m.; coffee and conversation with the principal Jan. 27 at 9:15 a.m.; and School Spirit Day Jan. 31.

**St. Paul Public Schools parent fair set for Jan. 8**

St. Paul Public Schools is hosting its annual Parent Information Fair on Saturday, Jan. 8, in the Grand Ballroom at the St. Paul RiverCentre, 175 W. Kellogg Blvd. Staff from more than 60 St. Paul Public Schools will be available to answer questions and provide information. In addition, representatives from dozens of charter, parochial and private schools are expected to attend.

The fair will run from 9:30 a.m. to 2 p.m.

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For more information, contact the Minnesota International Center (MIC) at 612.625.9618 or www.micglobal.org email: mic@umn.edu.

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Addresses and phone numbers for the venues listed here are at the end of the calendar of events. Send your events to calendar@parkbugle.org by Jan. 19 to be included in the February issue of the Park Bugle.

3 MONDAY
Community Colorpuncture, 5:30-8 p.m., Shen-Men.

4 TUESDAY
Baby lost story time, 10:30 a.m., St. Anthony Park library.
Block nurse exercise program, 1:15 p.m., St. Anthony Park library.
Meditation Circle, 7-8 p.m., Shen-Men.

5 WEDNESDAY
English conversation group, 4 p.m., St. Anthony Park library.
Community Colorpuncture, 11:30 a.m.-2 p.m., Shen-Men.
St. Anthony Park Book Club, 6:30 p.m., St. Anthony Park library.

6 THURSDAY
52nd Annual Langford Park Winter Classic begins, Langford Park.

7 FRIDAY
Preschool story time, 10:30 a.m., St. Anthony Park library.
Block nurse exercise program, 3:15 p.m., St. Anthony Park library.
52nd Annual Langford Park Winter Classic, Langford Park.

8 SATURDAY
Be Well As You Age Film Series, “No Age Limit,” and presentation by Lucy Rose Fischer, 10:30 a.m.-12:30 p.m., St. Anthony Park Library.
52nd Annual Langford Park Winter Classic, Langford Park.

10 MONDAY
Community Colorpuncture, 5:30-8 p.m., Shen-Men.

11 TUESDAY
Sing, Play, Learn in Spanish and English with Week献 Hall for Music, 10:30 a.m., St. Anthony Park library.
Block nurse exercise program, 3:15 p.m., St. Anthony Park library.
Meditation Circle, 7-8 p.m., Shen-Men.

12 WEDNESDAY
English Conversation Group, 4 p.m., St. Anthony Park library.
Community Colorpuncture, 11:30 a.m.-2 p.m., Shen-Men.

14 FRIDAY
Preschool story time, 10:30 a.m., St. Anthony Park library.
Block nurse exercise program, 3:15 p.m., St. Anthony Park library.
Open house, 5-8 p.m., Shen-Men and Painergy.

17 MONDAY
Community Colorpuncture, 5:30-8 p.m., Shen-Men.

18 TUESDAY
Baby Lapot Storytime, 10:30 a.m., St. Anthony Park library.
Block nurse exercise program, 3:15 p.m., St. Anthony Park library.
Meditation Circle, 7-8 p.m., Shen-Men.

19 WEDNESDAY
English conversation group, 4 p.m., St. Anthony Park library.

21 FRIDAY
Preschool story time, 10:30 a.m., St. Anthony Park library.
Block nurse exercise program, 3:15 p.m., St. Anthony Park library.
Friday Night Out: Kids, Values and Monday, 5:30-7:15 p.m., St. Anthony Park United Church of Christ.

24 MONDAY
Community Colorpuncture, 5:30-8 p.m., Shen-Men.

25 TUESDAY
Block nurse exercise program, 3:15 p.m., St. Anthony Park library.
Meditation Circle, 7-8 p.m., Shen-Men.

26 WEDNESDAY
English conversation group, 4 p.m., St. Anthony Park library.
Community Colorpuncture, 11:30 a.m.-2 p.m., Shen-Men.

27 THURSDAY
All St. Paul public libraries closed for customer-service improvements.

28 FRIDAY
Preschool story time, 10:30 a.m., St. Anthony Park library.
Block nurse exercise program, 3:15 p.m., St. Anthony Park library.

31 MONDAY
Community Colorpuncture, 5:30-8 p.m., Shen-Men.

CONTACT INFORMATION:
Langford Park and Recreation Center, 30 Langford Park, 651-266-2400.
St. Anthony Park United Church of Christ, 1129 Commonwealth, 651-646-7173.
St. Anthony Park Branch Library, 2245 Como Ave, 651-642-0411.

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The St. Anthony Park Garden Club invites area residents to become members of the organization.

The purpose of the club is to "stimulate the knowledge and love of gardening among amateurs, to encourage the study of northern horticulture, to aid in the protection of native plants and trees and to encourage civic planting." Each spring, members plan, plant and maintain the annual at the St. Anthony Park Branch Library at the corner of Carter and Como avenues.

If you live near Raymond and Carter avenues, you may have noticed a hard-working group of folks pulling out buckthorn, burdock and other invasive plants in College Park last October. In collaboration with the Minnesota Department of Natural Resources, the City of St. Paul Forestry Department and many volunteers, the garden club led this invasive species removal workday.

2011 will see a continuation of these efforts.

The most visible club events are the annual plant sale and garden tour. The 2011 plant sale at the St. Anthony Park Arts Festival will be held June 4 in the parking lot of Park Service, 2277 Como Ave. The 2011 garden tour is scheduled for June 25. Watch for announcements in the Bugle and at neighborhood merchants.

The funds generated from these two events and the member dues help provide financial support for Arbor Day activities, the library plantings, the Minnesota State Horticultural Society Fairgrounds gardens, horticulture student scholarships, invasive species removal and other gardening activities, and the speakers at the club's monthly meetings.

The first Tuesday of the month meetings are held at St. M athew's Episcopal Church, 2136 Carter Ave. The business meeting starts at 6:30 p.m. Watch for announcements in the Bugle and at neighborhood merchants.

The first-Tuesday-of-the-month meetings are held at St. M athew’s Episcopal Church, 2136 Carter Ave. The business meeting starts at 6:30 p.m. Watch for announcements in the Bugle and at neighborhood merchants.

The event will be rescheduled to a new date in January. That date had not been confirmed at press time.

The auction will allow attendees to bid on the actual photos that were displayed in windows along six miles of University Avenue last May through October.

In talking about why he chose University Avenue for the project, Huie said, "University Avenue is a microcosm of America. It is the future. It’s a colliding kaleidoscope of realities—people who have been here for generations and those who just arrived from other parts of the world. It’s one of the most dense concentrations of immigrants in the area."

The fundraising event was hosted by the Twin Cities Photography Group, 2500 University Ave. W. To find out more about the auction and sale, visit the website at theuniversityavenueproject.com.

SUKA RAMA
Boutique in the Park
~ Affordable Gifts, Clothes and Accessories from Around the World ~

Photo by Carlos Samaniego

Just hours before a blizzard ended the silent auction, W ing Young Huie discusses photographs from his University Avenue Project.

NEIGHBORS

The purpose of the club is to "stimulate the knowledge and love of gardening among amateurs, to encourage the study of northern horticulture, to aid in the protection of native plants and trees and to encourage civic planting."

Every spring, members plan, plant and maintain the annual at the St. Anthony Park Branch Library at the corner of Carter and Como avenues.

If you live near Raymond and Carter avenues, you may have noticed a hard-working group of folks pulling out buckthorn, burdock and other invasive plants in College Park last October. In collaboration with the Minnesota Department of Natural Resources, the City of St. Paul Forestry Department and many volunteers, the garden club led this invasive species removal workday.

2011 will see a continuation of these efforts.

The most visible club events are the annual plant sale and garden tour. The 2011 plant sale at the St. Anthony Park Arts Festival will be held June 4 in the parking lot of Park Service, 2277 Como Ave. The 2011 garden tour is scheduled for June 25. Watch for announcements in the Bugle and at neighborhood merchants.

The funds generated from these two events and the member dues help provide financial support for Arbor Day activities, the library plantings, the Minnesota State Horticultural Society Fairgrounds gardens, horticulture student scholarships, invasive species removal and other gardening activities, and the speakers at the club’s monthly meetings.

The first-Tuesday-of-the-month meetings are held at St. M athew’s Episcopal Church, 2136 Carter Ave. The business meeting starts at 6:30 p.m. Watch for announcements in the Bugle and at neighborhood merchants.

The event will be rescheduled to a new date in January. That date had not been confirmed at press time.

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LIVES LIVED

Nancy Brasel
Nancy Ann Brasel (née Steinson), 63, died of breast cancer at home in St. Anthony Park on Nov. 25, surrounded by her family.
She was born Dec. 11, 1946, in Winona, Minn. Nancy enjoyed a wonderful M IOC western education, including living for many years in Oman. A graduate of Grinnell College in Grinnell, Iowa, she married David Brasel on March 21, 1970, and they settled in St. Paul.
A caring friend, mother and wife, she was an active volunteer, including facilitating a grief group in recent years. At House of Hope Presbyterian Church, she served as sanctuary tour leader, deacon and elder. She was a gifted artist who returned to school as an adult for additional study in studio arts. An avid world traveler, she was always ready for a new adventure.
In recent years she worked as a patient librarian at the University of M Inesota H ople and she was much loved by her co-workers and by hospital patients. She was a remarkable woman who enjoyed life and made the people around her feel they were special and loved.
She is survived by David Brasel and Andrew Haukethild, children, Heather Wurtz (Nick), Christopher Mohn, and Mark (Mary Kennedy); six grandchildren; sisters, Barbara Steinson (John Schlottbeck) and Mary Steinson (Jerry Stock); mother-in-law, Martha; and beloved dog, Molly.
Memorials may be sent to the family, who will establish a fund to benefit the children’s section at the St. Anthony Park Library.
Her funeral was Dec. 1 at House of Hope in St. Paul, with private interment.

Curtis Larson
Curtis L. Larson died peacefully at his home in Falcon Heights on Nov. 15, just weeks after celebrating his 90th birthday on Oct. 10.
He was a farm-kid-turned-professor and an international hydrologist, whose diverse paths led him from a one-room schoolhouse to consulting on four continents to tutoring in St. Paul during retirement. He never met a problem he didn’t want to solve, he was a pragmatist and optimist to the end.
Brought into the world in 1920 by his midwife grandmother on his farm, he was the son of Leslie and Ruth Larson of Cottonwood, Minn., where he grew up. He was a descendent of immigrants of the Leif Erikson family. Curt loved fishing, and he exchanged visits and maintained contact.
At 16, Curt left the farm and earned a degree in civil engineering in 1943 from the University of M Inesota, h e m r t i r i a n (john) of south M Inesota at a dance, and they married.
Curt served as a Navy ship engineer on the USS Kenneth M. Willett in the South Pacific. Years later, he and M Miriam took the family to Stanford, Calif., where he earned his doctorate. Curt served 39 years on the Agricultural Engineering faculty at the U of M. He loved traveling and working in Latin America and around the world, especially Colombia, where he made lifelong friends. Consultinjg destinations ranged from Tunisia and Spain to Chile and the Panama Canal.
Curt co-developed with Russell M. Mein the Mein-Larson equation widely used to forecast rainfall runoff and infiltration in small watersheds. This work was cited as a “landmark paper” by McGraw-Hill. Last May, he was recognized for 60 years of membership in the American Society of Agricultural and Biological Engineers, which in 1964 honored him with the Hancor Soil and Water Engineering Award.
Curt was an advisor and mentor to dozens of international students and to his children and grandchildren. He encouraged them to pursue advanced education, world travel, service and hearty Norwegian food at Christmas.
Curt cared devotedly for Miriam through a long battle with rheumatoid arthritis. She died in 1983. Soon he married M Arjorie Olson (formerly Woodcock), also widowed. Upon retirement they tra-
veld the world and volunteered. They loved trips to their log cabin in Au Train, Mich., where they hosted grandchildren, canoed, fished and sailed, and brought home coolers filled with pasties.
Curt loved his family, Tatum Street, neighbors and community. He served in the choir at St. Michael’s Lutheran Church, as well as on the church council and building committees. He volunteered with the North Suburban Kiwanis, Meals on Wheels and Global Volunteers. For 12 years he tutored adults in math at the Ronald M. Hubbs Center in St. Paul. Then he rantricated other retired U of M professors to tutor also. He was a longtime resident of Falcon Heights and co-founder of Falcon Heights Community Park.
Curt was known as an amazing family. For 39 years of marriage, by his wife of 21 years, M Arjorie (Peterson); and by one brother.
Last year, Curt met his goal of publishing memoirs of his early life, M Memoirs of a Farm Kid. His funeral service was held Nov. 22 at St. Michael’s Lutheran Church in Falcon Heights and intermemorial at Roslawn Cemetery in Roseville.

Maraceline Mohn
Maraceline Mohn (formerly M atro), née Fish, died Nov. 25. She was born Nov. 15, 1929, M Ms. of C hristian Burial was celebrated at M aternity of Mary Catholic Church in Como Park on Nov. 30, with intermember at Cavay, and the State of Mary.
She was a member and founder of M aternity of Mary Craft Fair. M Maraceline was preceded in death by husbands, Angela M atro and Arthur Mohn; and brother, Dudley John Fish.
She is survived by her children, Victoria (Richard) M atro Kane and John Dudley M atro (Emily Brodman); two grandchildren, dear friend Dorothy Leo; special grand-
sons, Jason and Jay Roth; and dear friends from Tops.
There is no charge for Bugle obituaries.

Send information to Mary Mergenthal  
651-645-1650.

There is no charge for Bugle obituaries.

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Commody Community Directory

**ST. ANTHONY PARK UNITED CHURCH OF CHRIST**
2129 Commonwealth Ave. W., 651-646-4859
Pastor Donna Martinson
11:00 am Sunday Fellowship & Refreshments

**ST. ANTHONY PARK UNITED METHODIST CHURCH**
2200 Hillside Ave (at Como) 651-646-4859
Pastor Donna Martinson
Sunday Services: 9:15 a.m. Education for all ages
10:30 a.m. Holy Eucharist (Contemporary language)

**ST. MATTHEW'S EPISCOPAL CHURCH**
2136 Carter at Chelmsford.  651-645-3058
The Rev. Blair A. Pogue, Rector
7:00 pm Night Prayer with Dinner at 5:30 pm

**PEACE LUTHERAN CHURCH - ELCA**
2144 Walnut St. at Ione, Lauderdale. 651-644-5440
www.peace Lauderdale.com
Sunday Schedule Worship: 10:00 a.m.
All are welcome - Come as you are

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**COMO PARK LUTHERAN CHURCH - ELCA**
3470 Midway Parkway, Handicapped Accessible
www.comoparklutheran.org
Director of Music Ministry:  Thomas Ferry
7:00pm Como Evening Prayer Worship
9:35 a.m. Adult Education and Sunday School
8:30 and 10:45 a.m. Worship (nursery care 8:15 a.m. - Noon)

**HOLY CHILDHOOD CATHOLIC CHURCH**
3470 Midway Parkway, Handicap-accessible
www.holychildhoodparish.org
St. Anthony Park resident and Como Park High School graduate.

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Soccer defender speaks at JOTP
Retired English-American soccer defender Alan Merrick will speak at the Joy of the People Center, 890 Cromwell Ave, at 7 p.m. Friday, Jan. 21.

Merrick played professionally in England and with the North American Soccer League and the Major Indoor Soccer League. He was captain of the MI Minnesota Kiddos and later coached the Indoor Minnesota Strikers.

UCC hosts Friday Night Out
St Anthony Park United Church of Christ, 2129 Commonwealth Ave., will host “Friday Night Out: Kids, Values and Money” Friday, Jan. 21, from 5:30 to 7:45 p.m.

A spaghetti dinner begins at 5:30. The event will begin at 6:15 p.m. There will be supervised activities for children and a nursery.

Financial consultant Steve Mjagistad will lead the adult program, which will address how adults can talk to their children about money and values. The program is free and open to the public. Call 651-646-7173 for more information.

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Nate Juergens

Nate Juergens from 13 Como Park High School graduate named to All-America soccer team
St. Anthony Park resident and Macklester College senior defender Nate Juergens has been named to the National Soccer Coaches Association of America Division III All-America third team.

A three-time all-Minnesota Intercollegiate Athletic Conference honoree, Juergens is the MIAC’s only representative on the 40-man All-America squad. Macklester won the MIAC regular season title this season and made its second-straight NCAA Division III tournament appearance.

Juergens is a Como Park High School graduate.

Emma Lee

Lee earns All-America honors
St. Anthony Park resident Emma Lee earned All-America honors with her 10th-place finish at the NCAA Division III Cross Country Championships Nov. 20 at Wartburg College, Waverly, Iowa.

Lee is a sophomore at St. Olaf College in Northfield and a 2009 graduate of Como Park High School.

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Thanks to all our St. Anthony Park neighbors who befriended Dolly (1998-2010)
Helen and Joyce