



St. Anthony Park resident Mikel Clifford will help the Minnesota Shakespeare Company, a group she helped found, celebrate its 40th anniversary in January by directing a production of “Hamlet, Prince of Denmark.”

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The Birdman of Lauderdale

At just eight inches tall, the northern saw-whet is Minnesota’s smallest owl. It gets its name from its call, an endless “whoop-whoop-whoop” that sounds like someone sharpening a saw blade. And in the Birdman’s experience, it’s devilishly hard to spot.

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Music in the Park Series

The award-winning Pacifica Quartet will perform two all-Beethoven concerts, Jan. 30 and 31, as part of a three-year project to perform the complete Beethoven string quartet cycle. This will be the Pacifica’s fourth appearance with Music in the Park Series.

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Park Bugle

www.parkbugle.org

January 2010

Locavores track where their food comes from

by Anne Holzman

A really hungry person eating her way from Raymond and University up to Como and Doswell could get very full, entirely on locally produced food.

And that’s what St. Anthony Park customers have long been begging for, according to Speedy Market manager Tom Speigl. “In this neighborhood I’ve been hearing about it for years,” he said.

A preference for organic foods has, for some consumers, given way to a preference for local food, whether it’s organic or not. Some do it in the interest of shortening shipping distances and thus reducing the amount of planet-warming carbon dioxide pumped into the air for each calorie consumed.

Many other benefits are cited, though. Food quality, relationships with farmers, and conservation of land and water also motivate people to cut down on exotic imports.

Lois Braun, a University of Minnesota researcher who is developing hazelnuts as a new local crop, said that while she’s concerned about personal health, the sustainability of farms and natural resources takes priority.

“I’m much more motivated by environmental health,” Braun said. She doesn’t just want locally grown food; she’s also concerned about a

single crop (corn) taking up too much land, and the mismanagement of land that would be more appropriate for grazing or other uses.

Her studies have led to a particularly nuanced preference: She likes her dairy products not only local but from cattle that are rotationally grazed, spending a short period in one field, then moving to another, allowing land to recover from their impact. She finds them by getting to know her producers.

“I would rather drink milk from rotationally grazed cows than organic, although most of them are organic,” Braun said.

Entomologist Margot Monson said it was field work in rural Minnesota years ago that got her started buying local products. She visited struggling farmers and “became intrigued with how some of them were living.”

Interest turned into respect, then a desire to support a way of life that kept the land healthy. “It’s an evolution,” she said.

Many of the small farms that Monson, Braun and nearby businesses patronize are also using organic methods. Getting certified as an organic operation is expensive, Monson said, so she develops

Locavores to 10

Making reading a social experience

Local book groups celebrate the printed page

by Natalie Zett

Reading is a solitary pursuit. But for many local book lovers, being part of a reading group or book club enhances the reading experience by creating a social component, expanding individual horizons and adding to members’ burgeoning bookshelves.

For over a decade, Audrey Estebo, an attorney and St. Anthony Park resident, has enjoyed her reading group’s social aspect as much as the books.

“We started in 1997,” she said. “There are about 15 members, all women, generally over 40.”

Each month they meet in members’ homes, where one person hosts and another reports on that month’s book. In December, members do a book exchange at a restaurant or in someone’s home and

pick books for the upcoming year, but those selections are subject to change.

“As the year progresses, we change the list if someone reads the book she picked and decides it isn’t very good,” Estebo said. “We’re pretty eclectic and read fiction and nonfiction. We have a Web site (www.sapbookclub.org) that lists books we’ve read from 2002 to the present. What we don’t have is a name.”

Estebo attributes the group’s longevity to the right balance between socializing and discussion.

“Sometimes, you hear of book groups getting into disagreements, but that doesn’t happen here,” she said. “We’ve had one or two people

Local book groups to 8



On Dec. 5, as part of St. Anthony Park’s Shop Home for the Holidays event, Park Midway Bank sponsored reindeer sleigh rides. Enjoying a ride are Jill Galstad, Pam Galstad and Noah Sullivan, all of whom recently moved to St. Anthony Park.

Traffic on Snelling stopped when ’32 Chevy ran wild

by Roger Bergerson

There was no reason to think that anything out of the ordinary was going to happen on that summer evening in 1938. Teenager Paul Anderson was doing his usual chores at the Texaco station at Snelling and Breda avenues, just south of Como Avenue. He pumped gas that sold for 20 cents a gallon, checked oil levels and cleaned windshields.

This was a busy commercial area 70 years ago. North of the station was Hecht’s Barbershop and Painter’s Ice Cream Store. Farther on, across Como, was a Standard Oil station, a roller skating rink in what had been the Como-Snelling Commercial Club, Hassett’s Restaurant and an icehouse.

The Berglund Lumberyard, Fuller’s Tavern, Satler Drug, a barbershop, Stoffels’ Sweet Shop and the stable for the Midway Creamery’s delivery horses were on the other side of Snelling. All of this disappeared as Snelling was widened and service roads were added over time.

Snelling was just a two-lane street in the 1930s, with the nearby railroad tracks crossing at grade. At one point, James Quinlan had a small farm on the east side of Snelling, near today’s Energy Park Drive. He would wave a long staff, stopping traffic on Snelling to allow his dairy cows to get to and from their pasture to the west.

Anderson, who still lives in the Como Park neighborhood, worked part-time at the Texaco station, trying to save money for college.

’32 Chevy to 6

As part of a focus on local history, the Bugle solicited readers’ stories of “getting by”: things people did in the past to live frugally. Our current project is family traditions. We want to hear about some traditions in your family, including, perhaps, how you’ve altered or updated a long-standing one. You can submit your stories by mail (Park Bugle, Box one, 8126, St. Paul, MN 55108), e-mail (editor@parkbugle.org) or at parkbugle.org. We’ll publish some of these in the paper and keep a complete list on our Web site.

C I T Y F I L E S

Como

The District 10 Council congratulates this year's neighborhood honor role winners.

Sally Worku has been active in the Como Park community for years as a volunteer and committee member; she has also attended countless community meetings.

Chris Martineau skillfully facilitated the recent parking issue, which took much time and skill, more than is typically asked from a board chair.

David Arbeit, board chair from 2007 to 2009, helped stabilize the District 10 board and created a framework and process for work plans. He held the board together and strengthened its role during a time of many volatile issues in the district.

hunt, bonfire, ice skating, refreshments, warm treats and musical entertainment by Daddy Squeeze—Dan Newton.

New this year, the Minnesota Youth Ski League—Como Club will provide cross-country ski equipment for school-age children to try out and instructors to teach the basics.

The event is free. Tickets are required for food and for some activities. For more information, call the Falcon Heights Parks and Recreation Department at 792-7616 or visit falconheights.org.

The city and Falcon Heights Elementary School will hold a community-wide food drive Feb. 8–12. Nonperishable food items, paper products, toiletries and cash donations are needed. All donations will go to Keystone Community Service, a local food shelf.

Donations can be dropped off at Falcon Heights City Hall, 2077 W. Larpeteur, or at Falcon Heights Elementary, 1393 Garden Ave., during regular business hours.

Falcon Heights

The city is seeking residents to serve on the following volunteer commissions:

Planning Commission members meet the fourth Tuesday of each month and advise the City Council on long-range community planning goals and policies, immediate planning issues and specific development proposals.

Neighborhood Commission members meet the fourth Monday of the month and encourage residents to work together on block parties, emergency preparedness and other city-wide activities.

Applications are available at falconheights.org or by calling City Hall: 792-7600.

Lauderdale

Commotion in the Snow will take place 1–4 p.m., Jan. 30, at Lauderdale Community Park. The event includes games, winter activities, a bonfire and treats. At 1:30, kids 12 and under can join a medallion hunt. The second annual Snow or Ice Sculpture Contest will be judged that morning. Call City Hall (792-7650) to enter the sculpture contest. Prizes will given for 1st, 2nd and 3rd place.

There will be a reception at 7 p.m., Jan. 12, at City Hall for outgoing City Council members Clay Christensen and Karen Doherty.

Winterfest will be 1–4 p.m., Jan. 31, at Community Park, located at Roselawn and Cleveland. The day's activities include hay rides, a falcon

St. Anthony Park

All current and aspiring block captains, leaders and coordinators are invited to a gathering of Blockheads Jan. 20, 6:30 p.m., at United Methodist Church, Como and Hillside. Meet other blockheads and share ideas and information. Todd Seabury-Kolod will lead a discussion on organizing your block for a single trash hauler.

Participants will also talk with someone from Paint the Pavement, a program that promotes community building and "placemaking" through creating neighborhood art. Dinner from a neighborhood business will be served. Contact Renee (649-5992, renee@sapcc.org) to sign up.

The next feature in the Green on the Screen series is "Precious Waters," Jan. 28, 7 p.m., at United Methodist Church, Como and Hillside. This short film takes a hard look at the sulfide mining industry's history of failed predictions and toxic pollution.

Several mining companies have set their sights on northeastern Minnesota to explore for minerals on public land, much of which is just outside the Boundary Waters Canoe Area Wilderness.

"Precious Waters" was produced by the Friends of the Boundary Waters Wilderness and written, directed and edited by St. Anthony Park resident John Whitehead.

As always, Green on the Screen is a free event with cookies.

The St. Paul Senior Chore Service welcomes Noreen Huntington as the new coordinator for the St. Anthony Park neighborhood. She brings extensive experience in working with seniors and volunteer outreach and management.

She will continue part-time in her role with the Macalester Groveland Seniors as she works with their block nurse program. The Chore Service can be reached at 649-5984.

— Anne Holzman

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What, has this thing appeared again tonight?

Local resident directs Minnesota Shakespeare Co. production of "Hamlet"

by Anne Holzman

The Minnesota Shakespeare Company celebrates its 40th birthday in January with a production of "Hamlet, Prince of Denmark," directed by St. Anthony Park resident Mikel Clifford.

After Nick James' performance in her production of Jane Martin's "Good Boys" last summer, Clifford realized she'd found herself a Hamlet. "I figured we'd go for something really big," she said.

The company recruited actors mostly by word of mouth, she said, adding, "We've got a gaggle of young people in this one, which is nice."

Clifford and three others involved in the current production were among the group that started Minnesota Shakespeare. "It started the usual way," she said. "People just decided it would be fun to do a show."

Their first play was "Two Gentlemen of Verona."

"We set it in the Wild West," Clifford recalled with a chuckle.

There have been some gaps in their seasons, Clifford said, and she herself spent many years in

California, where she got busy starting another Shakespeare company in the Bay area. But the Minnesota group revived several years ago and has been mounting productions every six months or so.

Over the years, they've played Bryant Lake Bowl, Hennepin Center for the Arts and "a whole lot of parks," Clifford said.

She has also directed at Park Square Theatre, acted at Theatre in the Round and participated in many other productions in Minnesota, California and Alaska. Her resumé lists skills in "various accents, stage combat, French, Dutch, German and poker."

Clifford, who is also a nurse, credits her father for her Shakespearean sideline. Her parents had a recording of Macbeth, and by the age of 3 she'd become fascinated with it.

"They told me I used to ask to hear the witches when I went to bed," she said.

The production notes for the character Hamlet suggest timeless relevance: "He is a student

intellectual, oppressed by an older generation whose lives are governed by political expediency and by military force."

But in contrast to the common approach of setting old plays in modern times, Clifford said, "We are going full-tilt boogie into about 1350." Among the costumes she's rounded up are some treasures she bought years ago from the Paris Opera.

Hamlet opens Jan. 8 at the Lowry Lab Theatre, a black-box theater that seats about 100.

"Hamlet"
Lowry Building
350 St. Peter St.
Downtown St. Paul
Friday-Sunday,
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Tickets: \$20
786-9102
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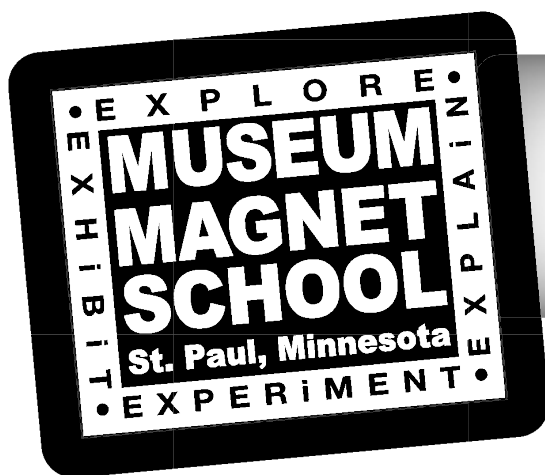
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The Park Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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Soup or salad? Baked or au gratin? White or whole wheat? Two percent or skim? Regular or decaf?

Because humans can consume just about anything, we're constantly making choices about what to eat. Author Michael Pollan calls our plight "the omnivore's dilemma." His book by that name describes the origins of four meals Pollan ate and the farming and harvesting methods required to create them.

Choice is tied to standard of living. The more money you have, the more options there are for food, shelter, clothing, transportation and other goods and services. It might seem that the more choices, the better. But choice turns out to be a mixed blessing.

In "The Paradox of Choice: Why More is Less," Barry Schwartz begins by describing a day at the supermarket, where he encountered 85 varieties of crackers, 285 types of cookies (including 21 kinds of chocolate chip), 230 soups, 175 salad dressings 13 sports drinks, 65 box drinks, 85 other flavors and brands of juice, and 75 iced teas and adult drinks. According to Schwartz, a typical supermarket carries more than 30,000 items, and more than 20,000 new products are introduced every year.

How do we respond to such variety? Schwartz describes a study set in a grocery store where a table offered free samples of jam. Twenty-four flavors of this brand of jam were for sale. In one experiment, people could try 6 varieties of jam; in another, all 24 flavors were available for tasting. The larger array attracted more people, but in both cases individuals tasted about the same number of jams. When it came to purchasing jam, about 30 percent of people exposed to the smaller array actually bought a jar, compared to only 3 percent of those exposed to all 24 varieties.

Schwartz has many other examples illustrating that beyond a certain point, expanded choices are counterproductive. Because we can only handle so many, we devise ways to limit the field.

Brand loyalty is one such device. If you declare your allegiance to Skippy's creamy peanut butter, you don't have to look at all the other kinds when you shop.

Another way of artificially restricting one's choices has been adopted by locavores. A person or family may decide to eat only food raised within a certain radius of their home. Most locavores have other reasons for such a restriction, but it does represent one way to make food choices more manageable.

The tyranny of choice is a result of affluence. While some of us dither about which of 230 kinds of soup to buy, billions of people don't have enough to eat. According to the World Health Organization, about a third of the earth's inhabitants are well-fed, a third are underfed and a third are seriously malnourished.

The statistics are boggling and, for many of us in the top third, numbing. Every year, 15 million children die of hunger. Malnutrition has been implicated in over half of all child deaths worldwide. Malnutrition can contribute to mental retardation and a host of physical ailments. Food prices are soaring worldwide, and some of the world's poorest people spend up to 80 percent of their income on food.

How do we respond to such facts?

One thing that can be said unequivocally is that we must not ignore the numbers or the people they represent. Just as an overabundance of choices can cause us to shut down, to ignore potentially beneficial options because we can't face the prospect of choosing, so too can a glut of appeals for our charitable contributions lead to "donor fatigue" and inaction.

There are many worthy causes in the world, and deciding which ones to support is difficult. But it's hard to think of any cause more worthy than making sure people have enough to eat.

Opinions differ on the best ways to address world hunger. Distribution of food can be problematic. Short-term responses to pressing needs must not result in neglecting long-term approaches. There is room for debate about the best way to respond.

What there is no room for is failing to respond. There is one choice that those of us with means must make: Do something.

L E T T E R S

Get involved

Now that 2010 has almost arrived, I hope that as Minnesotans we will turn our attention to what will be an important election later this year. The Democratic-Farmer-Labor Party, Republican Party and others will hold precinct caucuses on Tuesday, Feb. 2.

The process of selecting major parties' candidates for governor, Congress, and Minnesota House and Senate begins at precinct caucuses.

As small, neighborhood-level meetings, caucuses are an excellent opportunity to engage the process, present your views about our state's most pressing issues and learn more about candidates who wish to represent you. I hope you will consider attending your party's precinct caucus on Feb. 2.

More broadly, I also want to encourage members of our community to participate in this year's election process, and I welcome you to contact me if I can assist you in getting involved.

Alice Hausman
State Representative
District 66B

Join the progressive movement

Every year since 1986, St. Anthony Park neighbors have enjoyed a progressive dinner that ranges from south St. Anthony Park to University Grove. This year's event will be Feb. 27, when more than 100 happy souls will again seize the opportunity to meet neighbors and enjoy fabulous food.

Participating is easy. You only have to make one course: appetizer, salad, main course or dessert. And you only need to host 6 to 10 people, including yourself.

The master plan is coordinated

by a team of neighbors. They sort participants into groups that change for each course. No one eats with anyone else more than once. Accessibility needs and food preferences (vegetarian, food allergies, etc.) are accommodated.

The evening starts at St. Anthony Park United Methodist Church for appetizers and punch at

5:30 p.m. When you arrive, you receive your list of destinations for the night and the names of the guests coming to your house. Those who sign up for appetizers "host" at the church and help with set-up and clean-up.

Folks leave the church to get to their salad course by 6:30 and move on from there to the main course at

7:30. At 8:45, groups move again and reconfigure for dessert.

Don't wait until you notice all the neighborhood traffic on Feb. 27 to imagine what fun it would be to join the party. To participate, e-mail Fariba.sanikhatam@comcast.net.

Arlene West
St. Anthony Park

As a free monthly newspaper, the Bugle reaches over 10,000 readers in St. Anthony Park, Falcon Heights, Lauderdale and Como Park. As a 501(c)3 nonprofit, the Bugle conducts an annual fund drive to supplement its advertising revenue. Our thanks go to the individuals and businesses who have contributed to this year's drive, some of whom are listed below. Contributions are welcome any time. They can be mailed to Park Bugle, P.O. Box 8126, St. Paul, MN 55108. Contributions can also be made online by going to the Bugle Web site (parkbugle.org) and clicking on the GiveMN button. Thanks to everyone who contributed during GiveMN's Match Day Nov. 17.

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Contributors to 5



These are the people in your neighborhood

Tim Smith

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Why frames?

I came to St. Paul to attend Luther Seminary. While I was a student there, I got a part-time job in a framing shop and discovered that I really enjoyed the work. About the time I was finishing at Luther, my boss asked if I wanted to buy the shop. I did, and I'm still here.

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Why here?

We outgrew our previous locations, the first of which was actually on Carter Avenue — in Milton Square. The first move took us around the corner on Como, and in 1994 I bought the building at 2186 Como and moved the shop here.

I decided that when you move, you shouldn't also change your name, or people will think you're out of business. So we're still the Carter Ave. Frame Shop, even though we're

located on Como Avenue.

I've lived in St. Anthony Park since I took over the store, and this has been a great neighborhood in which to live and work.

How long?


Next year we'll be celebrating our 35th anniversary. We've been at our present location for 15 years.

Who else?

I have two employees: Pam Johnson, who's been with me for 10 years, and Rachel Nelson, who's been here for 2 years.

What else?

I'm very interested in music. I recently got serious about playing the guitar and have been taking lessons from Adam Granger, who lives in St. Anthony Park. I especially like jazz, and I go to a lot of shows at the Dakota. Also, my wife, Karen Miller, and I enjoy gardening and cooking.



St. Anthony Park Neighbors for Peace

Monthly planning meeting (all are welcome):
Monday, January 4, 7 p.m.
 Russelle's home, 1480 Chelmsford Street, 646-3620
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www.ParkPeace.org

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Martin Luther King

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Check out the new Bugle bloggers

The Bugle is proud to host two local bloggers on our Web site (parkbugle.org).

Clay Christensen, better known as the Birdman of Lauderdale, has been writing a column by that name in the Bugle since 2004 and has been a serious birdwatcher for over 20 years. He's active in the St. Paul

Audubon Society, leads field trips, takes part in numerous bird counts and surveys, and speaks to a variety of groups about his hobby.

Adam Granger, now known as the Blog Captain, is a 21-year resident of St. Anthony Park. A self-taught musician, Granger has been teaching and playing banjo and guitar

professionally for 45 years.

In the 1970s, Granger played with the Powdermill Biscuit Band, the first house band for Garrison Keillor's A Prairie Home Companion, and he has substitute-hosted for Keillor several times on the show. He owns Granger Publications, a music publishing business.

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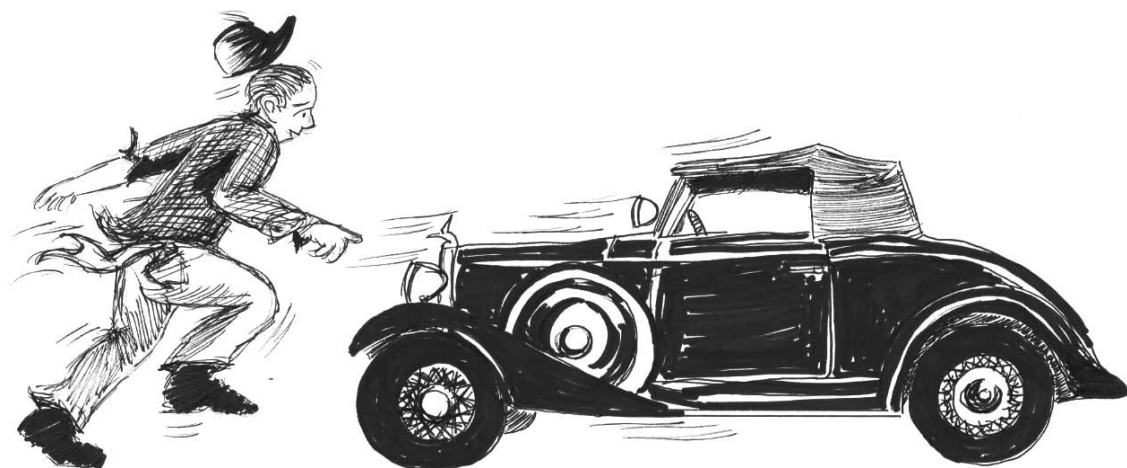


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'32 Chevy from 1

"Cars had six-volt batteries in those days," he recalled, "and they often needed recharging, which meant an owner would leave the battery with us and rent a temporary replacement for 25 cents a day. One such customer came in — I've long since forgotten his name — and my boss, Howard Calvert, asked me to put the recharged battery back in the fellow's car."

Like many cars of the era, the 1932 Chevrolet's battery was located under the floorboard, beneath the driver's feet. To remove the floorboard, it was necessary to jockey the shift lever and emergency brake a

bit. With the owner helping, Anderson accomplished the transfer, neither noticing that the shift stick had been left in reverse and the emergency brake in the off position.

The customer pressed the starter button. Nothing happened. Anderson went into the station to report the situation to Calvert, but the car's owner took action on his own. He got out and began to hand crank the engine from the front.

"As Howard and I came out of the station, the car started with a roar, throttle wide open, and headed in reverse toward Snelling," Anderson said. "The owner grabbed the

bumper and dug his heels into the dirt, trying to hold the car back. But when he got to the sidewalk, there was nothing to dig into anymore. He lost his grip and wound up lying in the street, somewhat disoriented, I think. A couple of men had to restrain him, because he got up as if to stand in front of the car and stop it."

Dusk was approaching as the car, its front wheels turned to the right, began circling on Snelling. Anderson ran with a flashlight to stop cars coming south past the State Fairgrounds, while someone else did the same for cars heading north.

"People parked their cars and got out to watch the spectacle, and others came from nearby houses and lined the sidewalk," Anderson said. "I was hoping the car wouldn't somehow get straightened out, because somebody would get hurt."

With each revolution the car came closer to the curb, and eventually the left front wheel started to hit it. That would slow the car briefly, but it quickly picked up speed again. A headlight came loose and hung down from its mount. Finally, the tire blew, making it possible for one of farmer Quinlan's sons to jump on the running board and turn off the ignition.

"We put the spare tire on the car, reattached the headlight and the fellow left, somewhat shaken," Anderson said. "The whole episode probably only took four or five minutes, but it was exciting while it lasted."

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Local boys make good (place)

The 3rd Place will provide co-working space for independent professionals

by Dave Healy

Sometimes it seems as though nobody goes to the office anymore. More people are working from home, which has some obvious advantages: no commute, no dress code, no nosy or noisy office mates.

But what happens when you need to meet with someone and your home office is only built for one? Or what if it turns out you work better with other people around?

Until recently, about the only escape for the home-bound solo practitioner was a coffee shop. But now there's another option: co-working.

With co-working, a group of people share a workspace and amenities. There may also be opportunities for networking, socializing and professional development.

Starting Jan. 4, St. Anthony Park will be home to a new co-working venture called the 3rd Place. It's the brainchild of three friends who grew up in the neighborhood — Zack Steven, Josh Becerra and Colin Hirdman — and who wanted to provide an opportunity for other entrepreneurs and independent professionals to share space.

Steven helped launch a co-working group at Crema Cafe in Minneapolis that currently has 18 members. They have exclusive use of the facility from 8 a.m. to 4 p.m. on Tuesdays, when the cafe is otherwise closed.

The 3rd Place will be open Monday through Friday. Memberships range from one day a week to full-time. Full-time memberships can be shared within a family.

The facility will be located at 2190 Como Ave., a building owned by real estate agent Steve Townley. Plans call for a bathroom, kitchenette, lounge, conference room and co-working space.

To encourage connectivity, members will be invited to use the space on the same day as other like-minded professionals. For example, Tuesday is designated for nonprofits, artists and social entrepreneurs; Wednesday for social media, PR and marketing; Thursday for technology

and business.

Townley said that Steven, Becerra and Hirdman approached him at the suggestion of Jon Schumacher, executive director of the St. Anthony Community Foundation. Schumacher knew that Townley had some space for rent in the building where his real estate office is located.

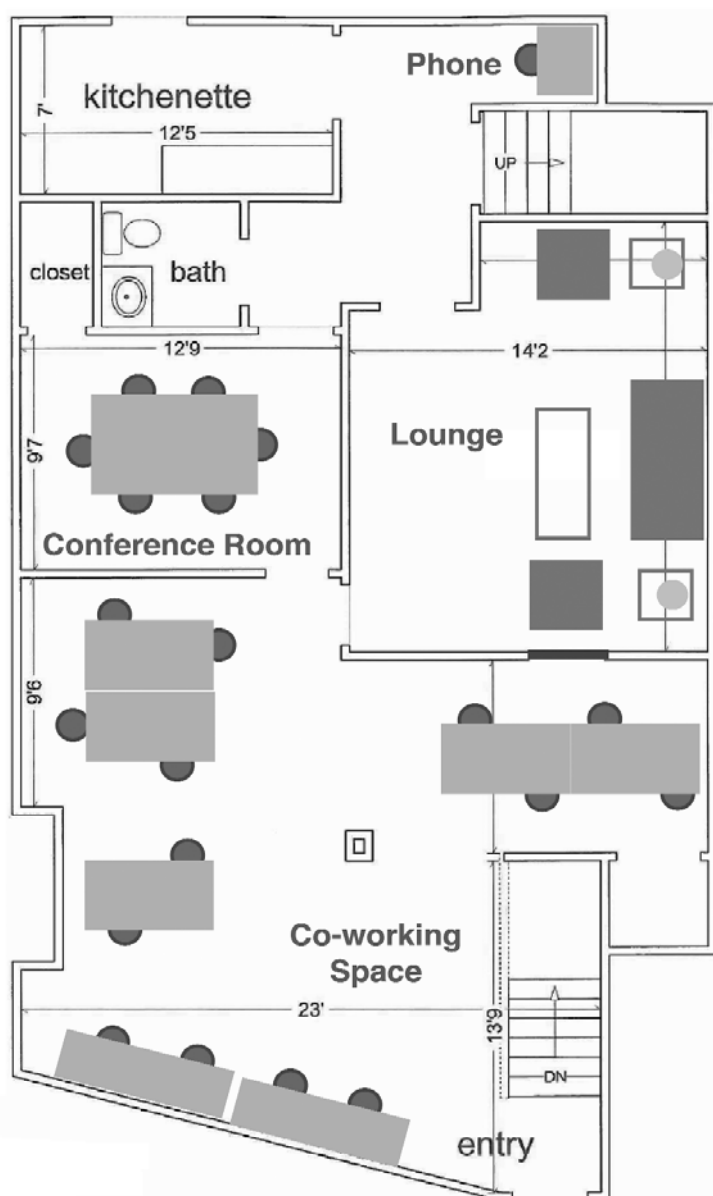
"This seemed like a natural location for what they have in mind," Townley said. "For those who work at home, there's often a point at which

you need some contact with other people, and this will provide that."

Schumacher said the foundation is interested in getting groups together that have a lot in common but don't regularly talk to each other, adding that the 3rd Place would facilitate that.

"The kinds of conversations I imagine taking place there would not only help individuals but also the community," he said.

3rd Place to 15



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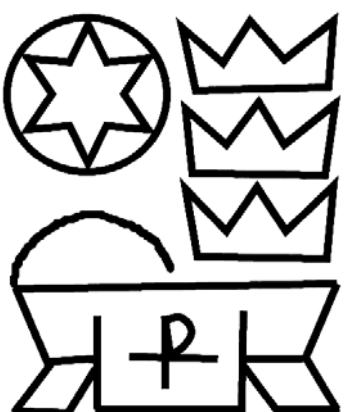
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Wanda Lorentzen, Julie Hartmans and Nancy Healy discuss "Perdido Street Station" at Micawber's Bookstore, where their book group meets the last Sunday of each month.

Local book groups from 1

leave because of changes in their lives, but otherwise we've been a stable group."

Estebo said that members can feel free to come even if they haven't read the book. "Nobody gets upset because we understand that schedules can get busy," she added.

Estebo said that since most members live in the neighborhood, they have connections beyond the book club. Because they're a large group, they're not looking to add new members at this time.

The group sometimes invites an author to attend their discussion. "We had Faith Sullivan visit, and that was a lot of fun," Estebo said.

Another book club in St. Anthony Park is the Sunday Afternoon Book Group, which meets at Micawber's Bookstore the last Sunday of the month at 2:30 p.m. Longtime member Wanda Lorentzen said, "We started meeting in 2006 and have a core of 6-8, mostly women."

Their biggest crowd was when author Kao Kalia Yang came to talk about her book, "The Latehome-comer: A Hmong Family Memoir."

The Sunday Afternoon Book Group reads some things that aren't especially well-known, such as China

Mieville's "Perdido Street Station," which is part science fiction, part fantasy.

"It's 630 pages and there were only three of us there to discuss it," Lorentzen said. She admitted that she normally would not have read this type of book but was up to the challenge.

Lorentzen said that when they started, the person who founded the group picked the books and led the discussion.

"But now we bring in suggestions, and whoever is going to lead the discussion that month picks the book they want," she said. "As a result, we end up with a wide variety of books."

Lorentzen said that their group welcomes new members.

"We talk about the writing and the book's theme, but we don't try to be hoity-toity," she said.

Lorentzen said she reads close to a hundred books a year, which she would do even without a book group. "But this has broadened my horizons tremendously," she said.

Another book club that accepts new members meets at 7 p.m. the first Wednesday of the month at St. Anthony Park Library. Library employee Carla Foley started the

group in 2006.

"I'd been thinking about starting a book club for a while," she said. "I didn't do anything about it until a woman who was new to the neighborhood came to the library. She was looking for a book club and that was the impetus for me to start one."

Foley said a typical turnout is 8-10 people. She chooses the books but is open to suggestion, as long as the library has at least 10 copies so people don't have to buy the book if they don't want to.

"I try to mix it up," she said, "but it tends to be more fiction and memoirs. Right now, we're reading 'Song Yet Sung,' by James McBride."

Foley said that group members "like to read books that they might not pick themselves, and that's part of the reason why I do the book group."

Foley said anyone who is interested in joining their group can just show up at the library. They'll be reading Elizabeth Strout's "Olive Kitteridge" in January.

"I let people check the book out until the next meeting, but after that fines apply," she said. For more information, call 642-0411 or visit www.sppl.org/reading/stanthony-bookclub.html.

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The Birdman of Lauderdale

by Clay Christensen



At eight inches tall, the northern saw-whet owl is Minnesota's smallest owl. Photo by Ben Wilson.

I really don't like crowds. I was reminded of that a few weeks ago when my wife, Jean, and I attended a Minneapolis Youth Symphony concert at Orchestra Hall.

Afterwards, the lobby was packed with parents reuniting with their young musicians and grandparents offering congratulations. Although it was a friendly crowd, there was still enough bumping and jostling to bring a sigh of relief when we finally exited the lobby.

There is, however, one type of mob that I enjoy: a group of squawking birds, usually harassing a predator.

Crows are especially good at spotting a predator and calling in their brethren from all over the neighborhood to mob the culprit. Watching and listening for crow mobs is a good way to find an owl, one of their favorite mobbing targets.

Owls and crows are arch enemies. Rumor has it that an owl can pick off a roosting crow without disturbing the ones on either side of it. So my theory is that crows mob owls during the day to prevent owls from getting the sleep they need to maraud at night.

Other birds that mob predators or intruders include blue jays, song birds in breeding territory and red-winged blackbirds, which will harass a person walking by their marsh.

Kingbirds chase and attack hawks that approach their nesting grounds. I saw a photo of a western kingbird riding the back of a red-tail and pecking away at its head. The hawk looked very distressed.

We still have much to learn about mobbing behavior, but it seems the primary purpose is to drive away the predator. It may also be a way to educate younger birds about what the raptor looks like and how to mob it without getting killed yourself. There's definitely a mixture of fear and aggression among mobbing birds.

Perhaps the mob assembles just to keep an eye on the predator,

because it's better to know where the threat is than to be surprised by it.

The other morning, some friends and I witnessed a different kind of a mob. We were in the Crepeau Woods, in Arden Hills, when my buddy Val noticed a dozen or more chickadees scolding in a cluster of trees. They were joined by downy woodpeckers and white-breasted nuthatches.

When chickadees scold, it's much more genteel than the raucous crows — more of a "chsh-chsh-chsh" — but still persistent, mad and definitely a warning.

We suspected there might be an owl nearby. I started scanning tree limbs, especially near the trunks, for a snoozing barred or great-horned owl. I wasn't seeing anything.

Then Val said, "There's an owl in there!" She pointed to a cluster of tangled vines and leaves just above eye level. It looked like some critter's nest from last year. "What?" I thought. "An owl on a nest this time of year? Not very likely."

I studied the clump through my binoculars. We were only about 10 yards away, but I still wasn't seeing an owl. "Not on the nest," said Val. She directed me to look lower and to the left, below the clump.

There sat a saw-whet owl. It looked like it was wearing the tangled vines as a hat. Unless it opened those golden eyes, you could hardly tell it was there. But it was beautiful when you realized what you were seeing.

At just eight inches tall, the northern saw-whet is Minnesota's smallest owl. It gets its name from its call, an endless "whoop-whoop-whoop" that sounds like someone sharpening a saw blade.

Saw-whets eat mostly rodents and insects but will take an occasional small bird. They hunt at dawn and dusk, spending the day snoozing on a perch or in a cavity.

Saw-whet owls are more often heard than seen. I've heard them in the northern latitudes, but in over 20 years of birdwatching, I'd never seen

one of the little rascals. Now I got an up-close view.

It was an adult bird (both sexes look alike) with brown streaks down its cream-colored tummy, and no ear tufts like the slightly larger screech owl. It looked fluffy, all puffed up. We couldn't see its feet.

Ben, another in our group, said he'd read that the saw-whet's usual defense is to sit perfectly still, hoping it won't be discovered. And Val may not have found it if it hadn't opened its eyes to see who was standing there, looking at it.

With Val's discovery, I'm now determined to pay attention to scolding chickadees. You have to scan the trees and clumps around them very carefully, but finding a mob of these little birds can lead to some great sightings. It's a mob I've learned to love.

Got a question about a bird, or a suggestion or observation? You can contact me through the Bugle Web site: www.parkbugle.org. Click Blogs, then Birdman of Lauderdale. Once you're at my blog, click Contact me.

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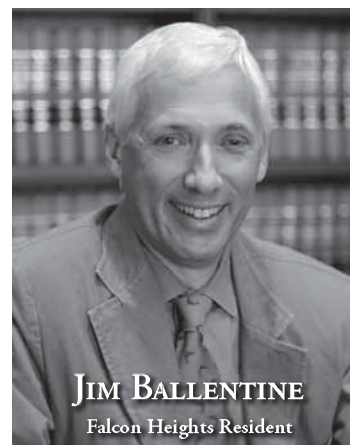
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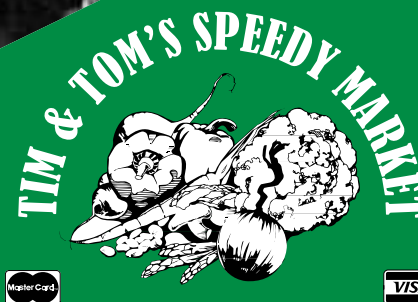
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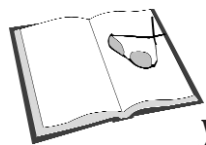


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Locavores from 1

relationships with growers and trusts that they're doing their best.

"If I have a choice between two items, I'll buy the one that's more local," Braun said.

Both "locavores" (folks who try to get their food from local sources) point to Hampden Park Co-op as an important source. "I just feel so lucky that I've got that so close by," Monson said.

Not only does the market carry many local products but members reinforce each other's commitment to the movement.

"I read a lot of books for inspiration through the co-op book clubs," Hampden board member Roseanne Rivers wrote in an e-mail. She said her locavore efforts have included keeping chickens and taking up hunting and fishing.

Jay Randolph, who managed Jay's Café on Raymond for five years before recently selling the business (but not the property), said it has become much easier during his tenure there to buy local produce at competitive prices.

"The ease of getting food right from the local farmer is unprecedented in my 30 years in the food business," Randolph said.

He, too, mentioned Hampden Co-op and admitted he scoped their aisles for business reasons. "They've become a mirror of what the neighborhood is willing to pay" for produce grown locally, he said.

New owner Tony Panelli said he'll keep Jay's Café going through the winter, continuing to feature locally produced foods as he can. In spring, he plans to convert the restaurant to a Caribbean theme, and as much as he admires local sourcing, there aren't many coconuts or mangoes to be had here, in any season.

Signs that appeared recently above the counters of the Finnish Bistro reflect the twin priorities of local and organic. Owner Soile Anderson said she tries to stick to both in summer, when her soups consist entirely of locally grown products.

Year-round, she said, "we do lots of organic baking. Flaxseed, wheat berries — that's easy."

She said customers do ask about local sources, but she uses them mainly to support farmers. "I'm happy to pay a little bit extra," she said. "It's nice to do."

Chef Jason Schellin at Muffuletta Restaurant said local farmers help him out by storing some vegetables well into the winter. He gets greenhouse tomatoes grown in Minnesota, as well as meat, cheese and apples.

"In my mind, the quality is far superior," he said. Advantages include "visual quality" as well as better taste, and the ability to offer something that no other restaurant has.

"I can say in spring I might want some weird tomato," Schellin said, "and they'll grow it for me."

While winter is the biggest obstacle to eating locally, problems of distribution still limit the availability of local produce.

Tom Speigl said Speedy Market doesn't buy large enough quantities to make it worth the trip for some farmers, or they can't take the time to help him unload. "Every year I try to get pumpkins from somebody local,"

he said. "They want to dump the pumpkins and run."

He said restaurants can sell at higher prices, and larger grocery stores can buy larger quantities. So he mainly resorts to distributors, which may or may not use nearby sources. And for a few items he has established specific connections. "The apples have all been pretty local," he said.

Speigl said a few years ago he tried carrying brown eggs from a farm co-op that distributes Minnesota-grown food in the Twin Cities, but the supply wasn't steady enough. "I need brown eggs all the time," he said.

"If I have a choice between two items, I'll buy the one that's more local."

— Lois Brown

In spite of the frustrations, Speigl remains interested in local sourcing, and he knows that's something many customers want. "We're always looking," he said. "I never turn somebody away, and I'm always glad to talk to people."

Shopping and choosing restaurants is only part of the locavore playbook. Gardening, preserving and meal planning also figure in their strategies, as do direct relationships with farmers such as CSAs (community-supported agriculture).

Margot Monson, a St. Anthony Park resident, said she maintains three gardens and has become more vegetarian over the years. She buys grain and other foods from Whole Farm Co-op and supplements that with shopping trips to farmers markets and Hampden Park Co-op.

She said she's been scolded by friends for using a car for those shopping trips, but she can't carry her food home any other way.

Monson takes her locavore passion beyond her own kitchen. Several years ago, at the suggestion of a farmer, she helped organize a locally

sourced meal at Grace University Lutheran Church. It was a hit and has become a monthly habit, with many members sharing the work.

And during the recent apple season, she came up with a creative way of getting locally grown apples into the hands of neighborhood kids. The school district's lunch distribution network proved too large for her to handle, but she was told St. Anthony Park Elementary's snack time would be an option.

So one day last fall, children in kindergarten through third grade received apples at snack time, courtesy of Monson and SAPSA, the school's parent group. She said she and her husband spent about \$80, with SAPSA picking up the other half. The Monsons also donated apples to the school's fall festival to be sold as a fundraiser.

St. Paul Schools do use some local produce. The lunch menus for December noted that some vegetables on the salad bar "will be locally sourced while the season lasts."

Lois Braun praises the soil quality at the St. Anthony Park Community Gardens. "The place where annual crops belong is where the soil is rich," she said. And because she's an apartment dweller, she's had to get creative about home gardening and storage options.

Braun said she's established a "guerilla garden" on railroad and school property near her building.

Not having a basement reduces cool-storage options, but she does have a chest freezer. "I do sometimes fret about the energy cost of it," she said.

Braun said rice used to be a staple in her winter diet, but she has largely replaced it with homegrown winter squash.

Raised in the tropics, she does crave the occasional mango, and life wouldn't be the same without bananas, she said. "And never give up chocolate," she added.

RESOURCES

Whole Farm Co-op
33 2nd St. South, Lower Level
Long Prairie, MN 56347
320-732-3023
info@wholefarmcoop.com
wholefarmcoop.com

Slow Food Minnesota
Box 14059
Minneapolis, MN 55414
slowfoodmn.org

Grace University Lutheran Church
324 Harvard St. SE
Minneapolis, MN 55414
612-331-8125
graceattheu.org/index.php

Minnesota Grown Directory
Minnesota Dept. of Agriculture
201-6648; MN.Grown@state.mn.us
mda.state.mn.us/en.aspx

City of St. Paul Healthy and Local Food Listing
stpaul.gov/index.aspx?nid=3517

St. Anthony Park Community Gardens
c/o St. Anthony Park Community Council
890 Cromwell Ave, St. Paul MN 55114
649-5992
sapcc.org/garden

School News

Chelsea Heights Elementary

1557 Huron St., 293-8790
http://chelsea.spps.org

Students expanded their learning horizons on Dec. 3, when the **Climb Theatre group** performed a play titled "Fantasy Football" for 4th, 5th and 6th graders.

The play told the story of a boy who wanted only to play professional football. Through the support of his family and some eye-opening experiences with his friends, he learned that he had many more options. The message was that hard work, perseverance and good choices can determine a positive future.

After the performance, each class hosted an actor who led students through a variety of creative learning activities designed to connect personal interests to post-high school goals.

Climb Theatre is funded by a variety of corporate sponsors and grants.

St. Anthony Park Elementary

2180 Knapp St., 293-8735
www.stanthony.spps.org

The **sound of music** was heard during a variety of December events and special performances. In vocal music teacher Mr. Ollmann's classroom, students could be heard practicing winter classics. Instrumental music teacher Leo Bjorlie conducted the school band and orchestra in a concert on Dec. 16.

Thanks to the efforts of a group of parents and volunteers, the **instrumental music program** at the school has recovered from a budget cut last fall. The fundraising goal this year is \$8,700. Parents Sonja Betalden and Anne Holzman lead a committee that is looking at the future of the instrumental music program. The goal is to ensure that students continue to have the opportunity to play in band and orchestra at school.

Those interested in supporting the instrumental music program can contact Sonja Betalden (Sonja.betalden@yahoo.com). Also, during February, proceeds from Park Perks sales at Park Midway Bank will be donated to the music program.

Fundraising is an ongoing activity at St. Anthony Park Elementary. The school thanks **Micawber's Books** on Carter Avenue for hosting a school fundraiser on Dec. 5. A portion of sales that day went to the school.

St. Anthony Park Elementary will be one of many schools with a booth at the **2010 Parent Information Fair**. The event, a St. Paul schools showcase, takes place from 9:30 a.m. to 2 p.m., Saturday, Jan. 9, at St. Paul RiverCentre's Grand Ballroom, 175 W. Kellogg Blvd.

St. Anthony Park Elementary is a popular school choice because of high test scores, a curriculum that includes creative arts and environmental education, and the friendly neighborhood school setting.

For more information about the school, visit stanthony.spps.org and click on "For Prospective Parents."

Tours for families interested in a visit to the school are always available. Call the office after Jan. 4 to make an appointment.

The **artist-in-residence program** will begin in January with an In the Heart of the Beast Puppet and Mask Theatre residency for fourth- and sixth-grade students.

Important dates in January:

4: School resumes after winter break.
7: In the Heart of the Beast art residency begins.
9: St. Paul Parent Information Fair.
11: Site Council, 5-6:30 p.m.
SAPSA, 6:30-8 p.m. Topic: bullying prevention.
14: Coffee and conversation with the principal, Room 115, 9:15 a.m.
15: Martin Luther King, Jr. program, 10 a.m.
18: Martin Luther King, Jr. Day. No school.
28: Coffee and conversation with the principal, Room 115, 9:15 a.m.
29: Professional development day. No school.

Como Park Senior High

740 Rose Ave., 293-8800
http://comosr.spps.org

Two Como students, freshmen **Peder Erickson** and **Michael McMahon**, were among 20 Minnesota winners in a contest called How to Save the Planet, based on an excerpt from Thomas Friedman's book, "Hot, Flat, Crowded."

"**Music That Sings**," a choral concert featuring the Concert Choir, Donna di Cantare, Women's Choir, Men's Choir and Sound Reinforcement Vocal Jazz will take place Jan. 21 at 7 p.m. Tickets are \$2 for adults, \$1 for students and senior citizens.

On Jan. 12, from 6 to 7:30 p.m., Como will hold **Financial Aid Night** in the library. The presenter will be James Hammer from the University of St. Thomas.

National Honor Society students will lead **tours of the building** on Jan. 20 and 22. Call Sandi Smith (293-8800

ext. 5031) to schedule a tour.

The following students received **National Merit** recognition:

Finalists: Amelia Kahn, Hannah Nauen, Leah Roth
Commended students: Stefan Brancel, Mara Chin-Purcell, Ted Olsen, Robert Porter

Outstanding participant referred to colleges: Zoekia Matthews

Murray Junior High

2200 Buford Ave., 293-8740
http://murray.spps.org

Important dates in January:

4: School resumes.
9: Parent Information Fair at the Civic Center in downtown St. Paul, 9 a.m.-2 p.m. An opportunity for prospective junior high students and parents to get information about all junior high schools in St. Paul.
11: Murray Parent Association forum on Internet safety and cyber bullying, 7 p.m.
18: No school, Martin Luther King, Jr. Day.
19: Judging for Science Fair projects, 6-9 p.m. Contact Gen Nakanishi (293-8740) if you want to be a judge.
20: Open house, 6:30-8 p.m., for parents and community to view Science Fair projects.
29: No school for students.



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Also, don't miss Dean at the FirstThird Dialogues, offering youth workers more robust theology, March 1-3, 2010. Learn more about this event at http://firstthird.org

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Pacifica Quartet performs Jan. 30, 31

All-Beethoven concert by award-winning group part of Music in the Park Series

When one of the nation's pre-eminent string quartets, the Guarneri, announced its retirement earlier this year, New York's Metropolitan Museum of Art appointed the Pacifica Quartet as the Guarneri's successor as quartet-in-residence.

That was a signal to music lovers everywhere that the torch has been passed and a new luminary has appeared on the American musical scene.

Happily, you don't have to go to New York to hear the Pacifica's unmistakable brand of musical mastery. Music in the Park Series will present the Pacifica in a special two-concert, all-Beethoven performance on Saturday, Jan. 30, and Sunday, Jan. 31. Both performances are at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. (at Chelmsford), with a pre-concert discussion at 3 p.m.

On Saturday, the Pacifica will perform Quartet in F Major, Op. 18,

No. 1; and Quartet in B-flat Major, Op. 130 ("Liebquartett") with the Grosse Fugue, Op. 133.

On Sunday, they'll play the Quartet in D Major, Op. 18, No. 3;

Rostad, viola; and Brandon Vamos, cello — is returning for the second part of its ambitious three-year project to perform the complete Beethoven string quartet cycle.

There is hardly a musical award that the dynamic young group hasn't captured. In addition to earning the Naumburg Chamber Music Award, the Cleveland Quartet Award from Chamber Music America and the prestigious Avery Fisher Career Grant, the Pacifica was named 2009 Ensemble of the Year by Musical America. It also won the 2009 Grammy Award for Best Chamber Music Performance.

The Pacifica's appearance is supported by the Performing Arts Fund, a program of Arts Midwest. Tickets are \$25 for one performance, \$45 for both and \$15 for students. Order tickets at 645-5699 or musicintheparkseries.org.



Quartet in F Major, Op. 135; and Quartet in C Major, Op. 59, No. 3 ("Razumovsky").

Making its fourth appearance with Music in the Park, the Pacifica — Simin Ganatra and Sibbi Bernhardsson, violins; Masumi Per

Ward 4 City Council Member Russ Stark briefs District 12 board

by Dave Healy

On Dec. 9, Ward 4 City Council Member Russ Stark joined the St. Anthony Park Community Council meeting to talk about his priorities for the coming year and field questions.

Stark said much of his time recently has been devoted to plans for the Central Corridor. The City Council has voted to supplement the streetscaping that will be part of that project. Yet to be determined is how much University Avenue business owners will be assessed for those improvements.

Stark said he is interested in the possibility of organized trash collection in St. Paul. "The present situation is inefficient and environmentally unsound," he said. "On some blocks there are four or five trucks going down the alley every week. Plus, we pay more than communities that have organized collection."

He said it may be possible to divide the city into regions, each of which would be served by only one or two collectors.

Stark invited questions, and Community Council Member Greg Haley asked if there's been any discussion about expanding St. Paul's curbside recycling program.

"I think we should be doing more," Stark said. "The challenge is finding viable, long-term markets for what we collect."

Roger Purdy asked what can be done in the future to avoid last summer's traffic construction headaches.

Stark admitted that the city doesn't do a very good job of transportation planning, adding that he will recommend that a Transportation Committee be created as part of St. Paul's Planning Commission. He said that even with such a committee in place, it would have been difficult to predict the "perfect storm" of projects that made many Ward 4 residents' commuting

lives difficult last summer.

Matt Haas expressed concern about the fate of University Avenue businesses during construction on the Central Corridor. He asked how the city plans to help businesses.

"We're exploring whether we can create a fund to mitigate some of the losses that businesses might sustain," Stark said. "We're not sure where the money would come from. And we're also not sure whether it's fair to help one group of businesses when other projects in other locations disadvantage a different group."

Paul Hanscom, a business representative on the Community Council, said that businesses on or near University Avenue will experience a "double whammy": lost revenue during construction, followed by higher property values — and thus higher property taxes — after construction. He asked, "Is it possible to freeze property taxes for awhile?"

Stark said that not much can be done at the city level because the city is limited by state law and county assessments.

Roger Purdy asked how Stark feels about the mix of industrial, retail and residential property in his ward.

Stark said that much of the industrial property in south St. Anthony Park is not very productive, noting that "a lot of it is used for storage, it's low-density and doesn't contribute much to the tax base. However, we do need to preserve some industrial property in the city."

Gregg Richardson voiced concern about preserving a strong arts community in the neighborhood in the face of likely increases in property values and rents with LRT on University.

"I'm also concerned about artists getting priced out of the area," Stark said. "We should be taking a closer look at some of the underdeveloped industrial property in the area."

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All of us who live or work in the neighborhood have benefited from the St. Anthony Park Community Foundation. The Foundation's hard work has added immeasurably to the desirability of our neighborhood as a place to live and a community in which to take pride. When you consider the sale of your home, the work of the Foundation stands to benefit you yet again. Real estate values in a community closely reflect the quality of a neighborhood and, due in large measure to the work of the St. Anthony Park Foundation, there are none higher than those right here in The Park!

Let's demonstrate our mutual desire to preserve St. Anthony Park for generations to come. Join me in "giving something back" to our neighborhood by enrolling in the **Quarter Percent Solution** when it's time to sell your home.



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JANUARY

Events

1 FRIDAY

• Good Design: Stories from Herman Miller, through Jan. 17. GMD.

• Holiday flower show, through Jan. 18. Como Park Zoo & Conservatory.

• The Last Polaroid Show: Capturing the Flora and Architecture of Como Park's Marjorie McNeely Conservatory, through Jan. 19. Como Park Zoo & Conservatory.

2 SATURDAY

• Feng Shui Ninjas, 8 p.m. CG.

• Twin City Model Railroad Museum annual holiday Night Trains attraction, every Saturday 6-9 p.m. through Feb. 27. Bandana Square.

5 TUESDAY

• Red Cross blood drive, 2-7 p.m. Call 644-8833 for an appointment. SAPLC.

8 FRIDAY

• Atomic Flea, 8 p.m. CG.

9 SATURDAY

• Aimless Bliss, 8 p.m. CG.

11 MONDAY

• Aspen Book Club, 6 p.m. CG.

12 TUESDAY

• Reception for outgoing City Council Members Clay Christensen and Karen Doherty, 7 p.m. LCH.

15 FRIDAY

• Timeline, 8 p.m. CG.

16 SATURDAY

• Spruce Top Review, 7 p.m. CG.

19 TUESDAY

• Book discussion: "The Wordy Shipmates," by Sarah Vowell, 7 p.m. Dunn Bros Coffee, 2471 Fairview Ave. N. (FHUCC event).

20 WEDNESDAY

• Blockheads meeting, 6:30 p.m. SAPUMC.

22 FRIDAY

• Sweet Rhubarb, 8 p.m. CG.

23 SATURDAY

• The Gleason Brothers, 8 p.m. CG.

24 THURSDAY

Green on the Screen series: "Precious Waters," 7 p.m. SAPUMC.

29 FRIDAY

• Riverfolk, 8 p.m. CG.

30 SATURDAY

• Winter Wonderland Tea, 11 a.m. & 2:30 p.m. LETR.

• Lauderdales "Commotion in the Snow," 1-4 p.m. Lauderdale Community Park.

• Michael Basques with comedian Mark Miller, 8 p.m. CG.

31 SUNDAY

• Sunday Afternoon Book Group: "The Heart is a Lonely Hunter," by Carson McCullers, 2:30 p.m. MB.

• Falcon Heights Winterfest, 1-4 p.m. Community Park, Roselawn and Cleveland.

Items for February events should be submitted by Jan. 18 to calendar@parkbugle.org



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CG Coffee Grounds, 1579 Hamline Ave., 644-9959, 373-2600

CPCC Como Park Community Council, 1224 N. Lexington, 644-3889

CPLC Como Park Lutheran Church, 1376 Hoyt Ave., 646-7127

FHCH Falcon Heights City Hall, 2077 Larpenteur Ave., 644-5050

FHES Falcon Heights Elementary School, 1393 Garden Ave., 646-0021

FHES Falcon Heights Elementary School, 1393 Garden Ave., 646-0021

FHUCC Falcon Heights United Church of Christ, 1795 Holton St., 646-2681

GC Ginkgo Coffeehouse, 721 N. Snelling Ave., 645-2647

GM Gibbs Museum, Larpenteur and Cleveland, 646-8629

GMD Goldstein Museum of Design, 240 McNeal Hall, 1985 Buford Ave., St. Paul Campus, 612-624-7434

GT Gremlin Theatre, 2400 University Ave., 228-7008

HC Holy Childhood Church/School, 1435 Midway Pkwy., 644-2791

LAG Larson Art Gallery, U of M Student Center, 612-625-0214

LCH Lauderdale City Hall, 1891 Walnut St., 631-0300

LETR Lady Elegant's Tea Room, 2230 Carter Ave., 645-6676

LRC Langford Rec Center, 30 Langford Park, 298-5765

MB Micawber's Bookstore, 2238 Carter Ave., 646-5506

MJHS Murray Junior High School, 2200 Buford Ave., 293-8740

MPS Music in the Park Series, St. Anthony Park UCC, 645-5699

MSHS Minnesota State Horticultural Society, 1755 Prior Ave., 643-3601

OCC Olson Campus Center, Luther Seminary, Fulham & Hendon

PLC Peace Lutheran Church, 1744 Walnut St., 644-5440

RAAG Raymond Avenue Art Gallery, 761 Raymond Ave., 644-9200

SAPBL St. Anthony Park Branch Library, 2245 Como Ave., 642-0411

SAPCC St. Anthony Park Community Council, 890 Cromwell Ave., 649-5992

SAPES St. Anthony Park Elementary School, 2180 Knapp St., 293-8735

SAPLC St. Anthony Park Lutheran Church, 2323 Como Ave., 645-0371

SAPUCC St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., 646-7173

SAPUMC St. Anthony Park United Methodist Church, 2200 Hillside Ave., 603-8946

SHR Seal Hi-Rise, 825 Seal St.

SMEC St. Matthews Episcopal Church, 2136 Carter Ave., 645-3058

SSAPRC South St. Anthony Rec Center, 890 Cromwell Ave., 298-5770

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L I V E S L I V E D

Dora Alfveby

Dora Evelyn Alfveby died Nov. 22, 2009, in New Richmond, Wis.

She was preceded in death by her husband, Fred; sisters Laura, Ruby, Minnie, Violet, Annie and Lorraine; and brothers Herbert and Oliver.

She is survived by daughter Dona (Richard) Hofstede; sons Wayne and Dennis; one grandson; sisters-in-law Marguerite and Delores Welin; and friends at Como Park Lutheran Church.

William Gangl

William J. Gangl, 53, died Nov. 21, 2009. He lived life to the fullest despite having cancer and will be remembered for inspiring many others to do the same. As a teacher and coach, he made a lasting and deep impression on many young lives.

He was preceded in death by his mother, Laura. He is survived by his wife, Megan; children, Leah (Jim) and Joe; and father, William Gangl.

His life was celebrated Nov. 28, 2009, at St. Matthew's Episcopal Church in St. Anthony Park.

Mildred Mackie

Mildred J. "Midge" Mackie, formerly of Falcon Heights, died Dec. 11, 2009, at age 94, after a prolonged illness. Mildred was born in the small farming community of Blabon, N.D. After attending Concordia College in Moorhead, Minn., she taught English and music in Great Falls, Mont., and met her husband of 54 years, Edgar Mackie.

They later settled in Falcon Heights, where she raised three sons, taught piano lessons and became the consummate homemaker. She loved

sewing, crafts, cooking and entertaining in style.

After Edgar's retirement, they moved to San Diego, Calif., where she began a long and successful second career selling real estate, until age 80. Midge was a "people person" with a gift for close friendships and unbounded generosity.

Midge was preceded in death by husband, Edgar, and brother Raymond (Lorraine) Johnson. She is survived by brother Dwight (Jo Ellen) Johnson; sons Ed (Shirley), Bob (Marilyn) and Jim (Sandra); five grandchildren; six great-grandchildren; and beloved friend Joyce Hanson.

Services will be announced at a later date.

Thorwald Nelson

Thorwald R. Nelson, 88, of Eden Prairie, died Nov. 18, 2009. He was formerly of Lauderdale, where he was an active member at Rose Hill Alliance Church.

Thorwald served his country in the United States Army during World War II, receiving the Bronze Star and other service medals for action in the South Pacific.

He was preceded in death by his wife, Jane, and brothers Jerry and Gordon. He is survived by his sons, Mike (Kathy) Nelson and Randy (Nancy) Nelson; five grandchildren; and four great-granddaughters.

A service was held Nov. 24, 2009, at Grace Church in Eden Prairie, with interment at Fort Snelling National Cemetery.

Mary Salvatore

Mary C. (Fusco) Salvatore, 96, of St. Anthony Park, died peacefully on Dec. 13, 2009. She was preceded in death by her husband, Joseph, and daughter, Mary. She is survived by her children, John (Myrt), Helen (Brian) Nichols, Joanne Olson, Luanne (Jack) Palmer and Richard (Betsy); 22 grandchildren; and 30 great-grandchildren.

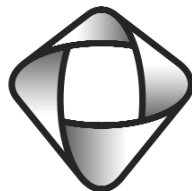
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Milton Square, Park Midway Bank, Dr. Paul Kirkegaard, Krivit Photography, our Keep It In the Neighborhood Task Force, especially, Clare Caffrey, Michele Slifer, Emily Blodgett; Park Service; and our local Artisans and Retailers.

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"Think St. Anthony Park first"
year-round...and have a healthy and prosperous 2009!

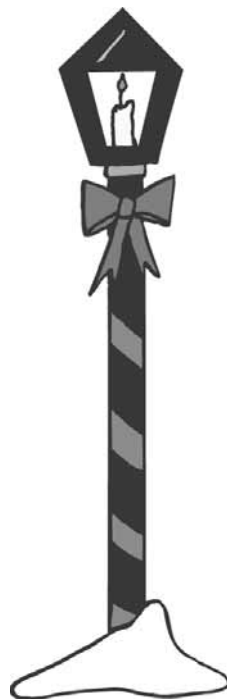


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Lives Lived to 16

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Classified ads are \$5/line. Enhancements are \$10. For more information about placing a classified, visit www.parkbugle.org or call 308-9726. Next classifieds deadline: Jan. 22. Next issue: Feb. 2.



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Announcements

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3rd Place from 7

St. Anthony Park resident Gary Leatherman said he's excited about the prospect of having a co-working location closer to home. Leatherman, an independent multimedia producer, has been using the Crema Cafe space in Minneapolis since November.

"My experience at Crema has been very positive," he said. "Sometimes you feel pretty isolated working alone. It's nice to have a place to meet people who are in the same boat."

The 3rd Place will host an open house at 2190 Como Ave. on Dec. 29 from 2 to 7 p.m. For more information about the 3rd Place, visit the3rdplace.ning.com.

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for the Little Red Stocking Fund. January donations will benefit the Roseville String Ensemble.



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Lives Lived from 14

Mass of Christian Burial was celebrated Dec. 16, 2009, at Church of St. Cecilia in St. Anthony Park, with interment at Calvary Cemetery.

Reuben Schmugge

Rueben E. Schmugge, 90, died Nov. 24, 2009. He lived at Pine Health Care Center, Sandstone, Minn., and was formerly of St. Paul, where he was active at Mount Olive Lutheran Church in Como Park. He married Norma Jeanette Davis there in 1940.

In 1943, he joined the St. Paul Fire Dept., where he worked for 38 years as a firefighter, fire engineer and fire captain. In 1959, he was appointed as a district chief, then deputy chief.

Reuben was drafted into the Navy in 1944 and given honorable discharge in 1946. He returned to the St. Paul Fire Dept. and worked as a deputy chief until he retired in 1981 and moved to Sandstone.

Reuben was preceded in death by his wife of 65 years, Norma; daughter, Linda Sorenson; two siblings; and one grandson. He is survived by sons Jon (Karen) and Mark (Paula); daughters Laurel (Steve) Hirte and Wendy (Glen) Hinz; 19 grandchildren; 16 great-grandchildren; one great-great-grandchild; four brothers; and four sisters.

His funeral service was Nov. 30, 2009, at Peace Lutheran Church in Finlayson, with burial at Fort Snelling National Cemetery.

Margaret VoPava

Margaret M. "Peggy" VoPava, 59, of St. Anthony Park, died Dec. 13, 2009. She was born and raised there, later lived for a number of years at Seal Hi-Rise and most recently lived in a nursing home for some time. She was an active member of St. Cecilia Parish, serving as one of its first Befrienders.

She was preceded in death by her parents, Gerald and Rosalie, also members of St. Cecilia; sister Theresa Jean; brother Joseph; and fiancé, David Edstrom. She is survived by a sister, Mary VoPava, of Rock Island, Ill.; brother, Martin VoPava (Shelley); and three nephews.

Mass of Christian Burial was celebrated Dec. 17, 2009, at Church of St. Cecilia, with interment at Resurrection Cemetery.

There is no charge for Bugle obituaries. Please alert the Bugle about the death of current or former residents of the area. Send more complete information if you have it. Obituaries are compiled by Mary Mergenthal: 644-1650, mary.mergenthal@comcast.net.

LIFE IN THE CHURCH: *Come and Share*

❖ BETHANY BAPTIST CHURCH

Skillman at Cleveland S., Roseville. 651-631-0211, www.bethanyroseville.org

Sundays:

9:30 a.m. Christian Education for nursery - adults
10:45 a.m. Sunday Worship, Dr. Bruce Petersen
Wednesdays 6:30 p.m.: Kid's Club, Youth Groups, Prayer

❖ COMO PARK LUTHERAN CHURCH - ELCA

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www.comoparklutheran.org

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CPLContact ministry 651-644-1897

Sunday Worship Schedule

8:30 and 10:45 a.m. Worship (nursery care provided from 8:15 a.m. to 12:00 p.m.)
9:35 a.m. Adult Education and Sunday School
Holy Communion on 1st and 3rd Sundays
Rides available for 10:45 a.m. worship- call the church office before noon on Friday.

God Talking: A Spiritual Meandering for the 21-40 Crowd

Thursday, January 7, 7:00pm

Bring a friend. Bring a God question or a God insight. Our main purpose is to get acquainted with each other. We will hear a bit about a God-book you might want to read: Tell It Slant, by Eugene Peterson. It's about the language and power of parables. Email Pastor Marty at ericson@comoparklutheran.org if you'd like to attend.

Preschool Playgroup: Thursday, January 14 & 28, 2:00 - 3:30pm

Come to the Como Park Lutheran preschool playgroup and have fun interacting with other parents and preschool children! If interested contact the church office to sign up.

Pastor: Martin Ericson

Director of Music Ministry: Thomas Ferry

❖ FALCON HEIGHTS UNITED CHURCH OF CHRIST

1795 Holton St. at Garden, 651-646-2681

www.falconheightsucc.org

Sundays: 10:30 a.m. worship

Communion, first Sunday of the month

9:15 a.m. nursery care, every Sunday

Jan. 10, 10:30 a.m. - Guest preacher: Wade Zick, MN Conference UCC

Jan. 19, 7 p.m. - Book discussion, The Wordy Shipmates
(at Dunn Bros Coffee, 2471 Fairview Ave. N.)

Jan. 31, 7 p.m. -- Juncture One, an innovative, intimate worship experience
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Mass Schedule: Daily 7:45 am, Saturday 5:00 pm

Sunday 7:45 and 10:00 am Confession Sat. 3:30-4:30 pm

❖ ST. CECILIA'S CATHOLIC CHURCH

2357 Bayless Place. 651-644-4502

Website: www.stceciliaspn.org

Handicap accessible

Saturday Mass: 5:00 p.m. at the church

Sunday Masses: 8:15 a.m. and 10:00 a.m. at the church

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www.sapumc.org

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Pastor Donna Martinson

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10:00 am Worship Celebration

10:20 am Sunday School

11:00 am Fellowship & Refreshments

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Education Hour for All: 9:45 a.m.

Sunday, Jan. 3, 2010 only one service 10:00 a.m.

Minnesota Faith Chinese Lutheran Church 1:30 p.m.

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❖ ST. MATTHEW'S EPISCOPAL CHURCH

The Rev. Blair Pogue, Rector

2136 Carter at Chelmsford. 651-645-3058

Website: www.stmatthewsmn.org

Sundays 8:00a.m. Holy Eucharist Rite I (Traditional language)

9:15a.m. Education for all ages

10:30a.m. Holy Eucharist (Contemporary language)

Nursery care provided 7:50-11:20a.m.

Jan. 12 7:00p.m. Taizé Candlelight Prayer (chants, readings & silence)

❖ PEACE LUTHERAN CHURCH - ELCA

1744 Walnut (at Ione) Lauderdale. 651-644-5440

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Sunday Schedule: 9:00 a.m. Education Hour 10:00 a.m. Worship

Tuesday 9:00 a.m. Bible Study

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