She knows who Satan is
Como Park author publishes essay collection

by Judy Woodward

A while ago, Como Park resident Sara J. Ford took a sabbatical from her teaching post at Inver Hills Community College in order to do a scholarly examination of the varieties of American humor. As she pursued her sabbatical, she was struck by a couple of revelations. First, a large percentage of professional humor “either flatters the audience by putting someone down or it makes us laugh by shocking us by its audacity and self-revelation.” The cheap shots come from political wits on both the right and the left, she realized, and for those who don’t follow the issues, there’s always Howard Stern going after “dumb blondes.” And when we’re not being invited to laugh at the expense of others, there are the humorists who offer themselves as sacrificial lambs on the Altar of Laughs.

It’s this second group that deals in shameless self-revelation, finding so-called humor in “their cocaine addiction, their mother’s sexual proclivities.” Which led Ford to her second insight. After absorbing super-sized helpings of other people’s wit, she realized, “I could write funnier stuff myself.”

“And when we’re not being invited to laugh at the expense of others, there are the humorists who offer themselves as sacrificial lambs on the Altar of Laughs.”

At the end of her sabbatical, she returned with an impressive annotated bibliography of contemporary comics, but her academic colleagues were probably surprised by the second half of her work. “Apparently I Know Who Satan Is: My Fight Against Maturity and Other Imitating Social Norms,” a collection of humorous essays based on her bemused and mostly fond backwards look at her childhood and youth, was published earlier this year by Seaboard Press.

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Sara Ford to 11

Sara Ford’s collection of humorous essays is a bemused look back at her childhood and youth. Photo by Neza Guevara.

Cities grapple with budget cuts
September deadline looms for setting city tax levies

by Anne Holzman

It’s not much fun these days to serve on a city council. Still reeling from the state’s second payment reduction in a row and bracing themselves for a third, officials in Lauderdale, Falcon Heights and St. Paul will spend August and September preparing painful budget proposals and most likely boosting property taxes for 2010.

The effects of recent budget shortfalls are subtle so far, city leaders say. Grass doesn’t get trimmed as often in the parks; permits take a little longer to turn around; a question doesn’t get answered at city hall quite as quickly as it once would have. Children make do with old playground equipment because its replacement has been put on hold. There are two summer community events instead of the usual three.

But as city council members in Lauderdale, Falcon Heights and St. Paul sift through piles of reports and juggle scenarios, it’s getting harder to find services that can be cut. Cities have to set next year’s tax levies at their September meetings, and they say we can all expect at least a moderate increase...
Falcon Heights
The cities of Falcon Heights and Lauderdale both celebrate their 60th anniversaries this year, and they will team up for a Family 5K Fun Run/Walk starting at 8 a.m., Aug. 15, at Falcon Heights Community Park, 2050 Rosalawn Ave. Race day registration and check-in will begin at 7 a.m. Those who have pre-registered by July 31 will receive a T-shirt. Parking will be at the Rose Hill Alliance Church, 2105 Rosalawn Ave. The fee is $15 for an individual or $40 for a group or family up to four. Register at www.falconheights.org or call Falcon Heights Parks and Recreation, 792-7616.

Parks and Recreation will offer several activities in August. To register for any of these, visit www.falconheights.org or call 792-7616.

Tennis Camp, Aug. 10-14, Community Park. Ages 5-7, 9-10:30 a.m. Ages 8-12, 10:45 a.m.-12:45 p.m. Cost: $45 residents, $50 nonresidents. M e a s y Art, Fridays, Aug. 7-28, Curtis Field Park. Ages 3-4, 9:30-10 a.m. Ages 5-6, 10:45-11:45 a.m. Cost: $35 for residents, $40 for nonresidents. Watercolors, Aug. 6-7, City Hall. Ages 7-14, 10:30 a.m.-3:30 p.m. Cost: $50. Bring a bag lunch.

The Falcon Heights Human Rights Commission is sponsoring a poster contest for school-age children. The theme is based on the question: “How can we make sure that our actions display fairness to all in order to avoid the mistakes of our past?” Posters will be judged on clarity of message, originality, creativity and neatness. Entries must be no larger than 18 x 24 inches. Any two-dimensional must be no larger than 18 x 24 inches. Entries will be judged on clarity of message, originality, creativity and neatness. Entries must be no larger than 18 x 24 inches and no smaller than 8.5 x 11 inches. Any two-dimensional media may be used.

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CITY FILES

Falcon Heights

Lauderdale

The office of mayor and two council seats will be up for election in November. Filing for candidacy begins Aug. 25 at Lauderdale City Hall and ends at 5 p.m., Sept. 8. The filing fee is $20. Candidates must be an eligible voter, 21 years of age or more on the date assuming office, a U.S. citizen, and have maintained residence in the city for 30 days before the municipal election.

The City Council will discuss the 2010 budget at its Aug. 11 and 25 meetings. They plan to set the preliminary levy at the Sept. 8 meeting. Residents are encouraged to attend meetings, ask questions and state opinions. Meetings start at 7:30 p.m. at City Hall.

Lauderdale Day in the Park, 12-3 p.m. Aug. 15, will include a parade, puppet show and music by D’ony and the Dawgs. Lining up for the parade begins at 11:30 a.m., with the parade starting at noon.

St. Anthony Park

All St. Anthony Park neighbors are invited to attend a National Night Out ice cream social Aug. 4 at Alden Square, at the corner of B lender and Gibbs streets. Accompanied by the music of the St. Anthony Park Community Band, neighbors will eat ice cream and catch up on the news. The festivities will begin at 7 p.m. To find out if your block is having a National Night Out party, or to add your party to the list, contact Renee at 649-5992 or renee@apgc.org.

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This month’s feature in the St. Anthony Park Community Council’s Green on the Screen film series is “The Power of Community: How Cuba Survived U.S. Blockade.” The screening is 7 p.m., Aug. 17, 7 p.m., at the St. Anthony Park Library. The co-sponsoring St. Anthony Park Resilience Study Group will lead a discussion following the film. Refreshments will be provided.

As part of the 2009 Green Neighborhood Project, the Community Council has set a goal to convert residents to 100 percent wind power. More than 40 St. Anthony Park residents are now signed up. Through a program offered by Xcel Energy, residents can guarantee that their entire electricity bill is building new wind energy. The program adds about $3.50 to a monthly bill. To sign up, visit www.apgc.org/windsource.

St. Paul Smart Trips has established a committee to develop a vision for a St. Paul Greenway, a proposed extension of the M Willmington Greenway. The committee will meet over the next several months and submit a draft plan to the adjacent district councils. The St. Anthony Park Community Council is looking for community members to join this committee. Contact City Hall at renee@apgc.org or 649-5992.
Old church finds new mission of salvation
by Judy Woodward

The stone building stands at the corner of Buford and Cleveland avenues in north St. Anthony Park, across from the St. Paul campus of the University of M innesota. It spent most of the last century in service to the spiritual hunger of several generations of Roman Catholic congregations.

Now the structure that formerly housed Corpus Christi and St. Andrew Kim churches will be used to address the problems of another kind of hunger.

The church has been sold to the Emily Program, the Como Avenue-based clinic specializing in the treatment of eating disorders. In December it is slated to reopen as the Anna Westin House, a 16-bed, inpatient treatment facility.

Jillian Croll, the Emily Program director of education, research and program development, suggested that repurposing this church as a therapeutic center makes sense.

“There is a pretty diverse spiritual dimension” to the work of the Emily Program, she said. “They hope to promote a sense of peace and healing” in the new Anna Westin House, and she thinks the “solid beams and space of the church will support the sense of healing.”

Architects’ plans call for enlarging the current choir loft to accommodate eight double-occupancy rooms. The main entrance will be moved to the side of the building. The large stained-glass window that now overlooks the east door of the church will have its glass replaced with clear panes and will become the focal point of a new two-level meeting space, where it will face a patio built of old stone like that used in the former St. Paul courthouse.

“We’re striving for an Ivy League, collegiate look,” said Lindsay Brown, director of business development for the Emily Program. “Honey, but strong.”

“We’re striving for an Ivy League, collegiate look. Honey, but strong.” — Lindsay Brown

The Anna Westin House, which previously operated on a smaller site in Chaska, was founded in memory of a young woman who died in 2000 as a result of her encounter with anorexia. Anna Westin was 21 when she committed suicide after a five-year struggle with the disease that, according to Croll, takes the lives of one in five sufferers, either through suicide or malnutrition.

Patients at Anna Westin go on outings in the community, but the main work of the program is therapy. There will be a vegetable and herb garden on the site, and therapy. There will be a vegetable and herb garden on the site, and

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When confronted with the task of explaining something complicated or elusive, one sometimes falls back on the line, “I know what it when I see it.” Trying to define humor is an effort that usually results in some variation of that sentiment. You know what it is, but trying to explain why you find something humorous is almost hopeless.

What does it mean to say that someone has “a sense of humor”? Presumably, it involves more than merely laughing a lot. Laughter can reflect a variety of emotion states—delight, certainly, but also nervousness, surprise, embarrassment.

For most of us, saying that someone has a sense of humor usually means that person has a sense of humor. For the fact is, not everyone finds the same thing funny.

Do you laugh at British humor? The question implies that a sense of humor can vary by nationality. But does that mean there is such a thing as Canadian humor, or French humor, or Japanese humor? And if there are, how would one begin to explain them?

Or should one even try? It’s a truism of humor that if you have to explain a joke, then it isn’t funny. Explanation is the enemy of humor. In the words of E. B. White, “Humor is like dissecting a frog. Few people are interested and the frog dies of it.”

Besides reflecting cultural differences, humor, also varies by gender. Sociologist D. O. Bahrenfuss Tannen notes that women are less likely than men to tell jokes in groups. She cites a study of college students that found men tell a comparable number of jokes to other men, to women, and to mixed groups, whereas women tell most of their jokes to other women, fewer to men and fewer still to mixed audiences. Men are more likely to tell jokes to a larger audience, women less so.

Practical joking—playing a joke on someone else—is also largely a male activity. Whether he is telling a joke or telling one, he is exercising a form of power. Tannen says she cited a fellow linguist’s observation that “at the moment of laughter, a person is temporarily disabled.”

Humor can easily become competitive. He tells a joke that gets a laugh; now someone else has to get a bigger laugh.

But in addition to prompting competition, humor can be used to solidify group membership—hence, the power of the in-joke. Many families develop a store of shared humor that nonfamily members cannot raise in laughter. M arry m arries a family, then, inaugurates a process of initiation into that group’s peculiar brand of humor.

In groups that use humor to reinforce a sense of belonging, being the butt of a joke can be a sign of acceptance: We feel comfortable enough with you to tell a joke on you.

But humor is a two-edged sword. It’s gratifying to evoke laughter when you’re trying to be funny but degrading when you’re not. Among the most damaging things a parent can hear a child say is, “They laughed at me.”

Which is perhaps another way of saying that the line between comedy and tragedy is not clear-cut. For example, laughter can be an instinctive initial response to another’s misfortune. Indeed, prurient humor is common enough in comedies that it probably qualifies as its own genre.

A well-dressed gent slips and falls in the mud. That’s funny. But it turns out he broke an arm. Oops, that wasn’t funny after all. Or maybe it was. Perhaps he finds the whole thing absolutely hilarious, despite having a cast on his arm for weeks, and delights when others replay the event over and over. Or maybe he doesn’t find it funny at the time, or for quite a while afterwards, but eventually comes to see the event through laughter’s lens.

But would our mud-splattered friend be likely to laugh at himself if others didn’t laugh at him first? If a man falls in a forest and no one sees, does he make a funny? Humor, it turns out, is largely social. Most people rarely laugh out loud when alone, but laughter is infectious.

In the early days of television, many shows had live studio audiences, and if the show was a comedy, the people watching it on TV would hear the studio audience laughing. But when laughter was not always as predictable as producers wanted, sound engineers began “sweetening” it by adding pre-recorded laughter.

When shows began dispensing with studio audiences in the 1960s, producers became more dependent on “canned” laughter. When shows began dispensing with studio audiences in the 1960s, producers became more dependent on “canned” laughter.

It’s hard to define humor and hard to generalize about it. But it’s not difficult to recognize laughter, and laughter, it turns out, may really be the best medicine. Research suggests that “mirthful laughter” can raise good cholesterol, lower inflammation and help prevent heart disease.

So go ahead and snicker, titter, giggle, chuckle, chortle, cackle, guffaw, shriek, howl, split a side, but a gut, roll on the floor. It’ll be good for you.
Janet Black
Midwest Youth Dance Theatre
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www.mydtdance.com

Why dance?
My daughter, Emily, was a dancer from age 5. When she went to college, I missed being around dance, so I decided to open my own studio. I used to work for MnDOT, so until I retired there I had two full-time jobs.

At MYDT, we emphasize performance rather than competition. We put on two shows a year.

Although I've done a little dancing as an adult, I'm not an expert, and I don't do any instruction. I do make some of our costumes. Recently I painted 65 unitards to look like cats.

Why here?
We've always been located at 1557 Larpenteur. At first we just had the basement, and in 2000 we added the upstairs space. But now we're moving to Rosedale Commons, at County Rd. B2 and Fairview. We hope to be up and running there by Aug. 3.

We'll have a little more space at the new location, and it will be all on the same level.

How long?
We opened in 1994.

Who else?
We have nine teachers and about 250 students. Two of the teachers have been here since the beginning. My daughter, Emily, is one of those, and she also helps me run the studio.

What else?
I enjoy knitting and sewing, and I'm a big baseball fan.

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Stark City Council member Russ Stark said the city’s losses of LGA, compounded by inflation, add up to “a big hit” to the city’s budget. He said the city absorbed D Emerson’s unallowable with a hiring freeze but will have to resort to layoffs and other measures as they approach the 2010 budget.

“We’ve got more than $20 million to make up for,” Stark said.

St. Paul will likely see reduced police and fire services, Stark said, meaning fewer officers will be on patrol and response times will be longer. Mayor Chris Coleman is expected to announce his budget proposal for 2010 on August 11.

Stark said he expects libraries and recreation centers to be hit hard. He is participating on a citizen task force to find a way to keep the Hamline Branch and Library open, possibly through a partnership with a nonprofit. A similar effort is underway for the South St. Anthony Recreation Center. Griggs Recreation Center is also in danger of losing staff, Stark said.

Stark said citizens may not notice some effects of the current belt-tightening but will wind up paying for them for years. For example, he said, the city attorney’s office will likely have its staff reduced, and when local attorney Paul Coleman isn’t on call, the city, the staff has only so much time to comb through the details of the case, looking for defenses and sharpening arguments. Smaller staff could mean more expensive settlements, Stark said, turning short-term savings into long-term loss.

City councilors will begin considering 2010 budgets in August, and all meetings are open to the public. Each city sets its maximum levy in September, then refines its 2010 budget by working within that levy limit.

Stark said his happy to set up meetings with groups of constituents to listen to their concerns. He is accessible by phone (266-8640) or e-mail (Russ.Stark@stpaulmn.us).

Lauderdale City Manager Lara MacLean said the city is going to be “very careful” with its cuts in 2010.

For example, she said, they have to resort to layoffs and other measures as they approach the 2010 budget.

“We’re going to be very careful with our cuts in 2010,” MacLean said. “We’re going to make sure that we’re doing the right things and that we’re not over-correcting.

We are still trying to ferret out what’s going to mean.”

Spokesman said federal changes in the reimbursement formulas have helped control what the governor’s unallowable requests that advantage. She said demand is increasing in human services and workforce assistance.

“We’re still alive,” she added, but she’s still surprised no one has asked her what advantage. She said demand is increasing in human services and workforce assistance.

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College Park, the bucolic green space that slopes like a hidden valley below street level in the heart of St. Anthony Park, never seemed busier than it did earlier this summer. While young tennis players swung their rackets (St. Paul Urban Tennis opened a site at the College Park courts for its popular program), parents and young children arrived at the playground bearing balls and shovels. Folks of all ages dotted the landscape, either in search of a quiet corner or a space big enough to throw a football with friends.

Another welcome addition to College Park’s summer bustle was a daily work crew of about eight young people, ages 14 to 19, hard at work digging, positioning and leveling 65-pound modular blocks to create a retaining wall.

The project, which took place during June and July, came at the request of city maintenance workers who found the sidewalk along Raymond Avenue difficult to plow in winter and who were concerned about erosion along the steep slope bordering the basketball and tennis courts. At a time when the city’s budget is whittled to the bone, one wonders where the money for the project was found. That’s where Tree Trust comes in.

Tree Trust, whose administrative offices are located in St. Paul, is a nonprofit organization devoted to improving community environments and providing training and jobs for young people.

Crews of young people, provided by Tree Trust’s summer Youth Conservation Corps program, work on projects in public parks and recreation areas. They build retaining walls and trails, clear diseased trees and plant new ones, and provide other work for municipalities at substantial savings.

The organization received federal stimulus funds this year for young people who might otherwise have gone without work this summer. Pierre Williams, age 14, was one of Tree Trust’s job trainees at College Park. He reported that last year, as a student at Como College Park, he came to the park during June and July building a retaining wall at College Park in St. Anthony Park. Pictured here (left to right) are Elvis Moua, Mary Xiong and Brian Carroll.

"B Crew," one of two alternating work crews on the College Park project, included Mary Xiong, M. Xiong, Xa Thao, Brian Carroll, Cory Kemp and Elvis Moua. They worked under the supervision of Sarah M. Arkegard, crew leader, and Andrew Haas, site supervisor.

H Ans was warmed up the crew when he arrived with his Fact of the Day Example: "Did you know that when a person sneezes it’s at category five hurricane speed?"

Getting to know each other was tough for a group of youth who haven’t held jobs before. H Ans and M. Arkegard, both recent graduates of the University of Minnesota, played an important role in teaching the skills needed to work as a team.

Mary Xiong said that one of the things she learned this summer was “how to speak to a crew leader — not be rude.” The relationships the youth maintained with co-workers were important and would carry over as references for their next job. Over the course of six weeks the crew shifted 14 pallets of 36 blocks, dug trenches doze of feet in length and created a wall that skirts the basketball court, including a double tier on the south end. Perhaps the most difficult part, according to Xiong, was that “you have to make it accurate so all the pieces fit well together.”

The crew members said they would like people in the community to know who they are and, as Elvis Moua put it, that building the wall wasn’t easy. Tree Trust asks the crew members to write letters to the community. These are often laminated and left near the project when it is finished for passers-by to read.

H Ans said that people should know that Tree Trust’s Youth Conservation Corps program “provides an awesome opportunity for these kids.” He did like to see the word spread so that more work sites could be opened in St. Paul.

The experience was more than just a job for the young people on the Tree Trust work crew. In addition to earning a paycheck and a high school credit, they view it as a community service. As Pierre Williams said, “I think that it’s good to help clean up parks and make everything better. People will continue to care for it.”

Participants in the Youth Conservation Corps, a program operated by Tree Trust, spent June and July building a retaining wall at College Park in St. Anthony Park. Pictured here (left to right) are Elvis Moua, Mary Xiong and Brian Carroll.
How would you feel if someone came to your door and said, “Did you know this house used to be a barn?”

When that happened to Como Park resident Sharon Shinomiya, it wasn’t a total surprise because she’d heard rumors about her home’s history before. She just hadn’t believed them.

But here on a winter day in early 2001 was Richard Brace of Bessemer, Michigan, stopping at 1382 N. Albert St. to ask if he could take a photo of what was once a barn that belonged to his grandfather.

“I started to think it must be true,” said Shinomiya, who with her husband, Hiro, bought the house in 1995. “And when Mr. Brace later sent a photo of Thomas Frankson’s buffalo barn, there no longer was any doubt.”

Frankson was a prosperous real estate dealer and state legislator from Spring Valley, Minnesota, who moved to St. Paul in 1913 and began selling lots in a 120-acre development he recently acquired.

Frankson’s Como Park Addition was bounded by Snelling and Hamline avenues on the west and east and by Nebraska Avenue and Midway Parkway on the north and south.
In Spring Valley, Thomas and Hannah Frankson and children had lived in a farmhouse that was a showpiece, every bit as impressive as the new green-and-white tile mansion they would occupy in 1915 at 1349 Midway Parkway. (This latter home, with the lion statuary in front, has been a familiar landmark for generations of Como Park visitors.) It was at the farm that Frankson started collecting animals: buffalo, deer, Shetland ponies and other assorted creatures, including a two-headed colt.

In the new St. Paul development, Frankson held aside five acres on the north side of Midway Parkway and named the half-circle forming it Bison Avenue. He brought at least a portion of his herd north by rail and penned the animals there. The barn was in place by August 1913, and a real estate atlas of the era suggests it was located behind today’s 1431 Midway Parkway.

In October 1913, newspaper ads urged prospective customers to “join the procession and take a Como-Harriet car from either city to Snelling Avenue, three blocks north to Addition. You can make this trip for pleasure as well as profit. Frankson’s private buffalo and deer park is now ready where you can see domesticated deer and buffalo, the only thoroughbred American buffalo (bison) in captivity in the state of Minnesota.”

The novelty must have gradually worn off because in June 1915, Frankson, soon to begin a successful campaign for lieutenant governor, offered his remaining animals and the five-acre plot to the city. It had been an unusually wet summer, and one newspaper noted that “the...
At the Fourth of July celebration in Langford Park, St. Anthony Park resident Fred Steinhauser received the Spirit of the Park award from St. Paul Mayor Chris Coleman. The annual award is sponsored by the St. Anthony Park Community Foundation.
book at True Colors Bookstore on Chicago Avenue in Minneapolis on July 30, at 6:30 p.m., and at The Coffee Grounds Café at 1379 H in line Ave. on Aug. 17, at 7 p.m.

Ford says her preoccupation with humor grew out of her “dear in politics” during the recently concluded administration of George W. Bush. “I was feeling less and less room for joy,” she says. “I wanted to explore the sense of old-fashioned delight in storytelling at the back of the classroom.”

A restless tomboy who grew up to be a devoted lesbian partner and the mother of two young boys, Ford might be excused if she emphasized the pain and alienation of finding herself a quick-witted comedian in her “lumber, cerebral, scholarly” (and straight) family of origin. Instead, she chose to see the funny side.

For Ford, the essence of humor is shared appreciation of youthful absurdity refracted through a lens constructed from the sheer quirksiness of daily life. “There has to be a place in life for humor that isn’t divisive,” she says. “I wanted to make people laugh at ourselves together as we try to make sense of the world.”

Making sense of the world is a project that has engaged all of Ford’s energies since she was Big Wheel-loving toddler growing up to be a foolish in order to produce at the grocery store to get a rise out of her parents, and adds, “To get my quiet, cerebral father to open up and laugh was always a joy.”

And the family comedy continues. As the mother of two boys, 6 and 7, Ford is well aware absurd is parenting two crazy kids,” she says. She acknowledges that any future book may well turn the focus on the next generation. “Another wellspring of the absurd is parenting two crazy kids,” she says. She acknowledges that any future book may well turn the focus on the next generation.

With material like that to draw on, no wonder Ford felt no need to include in her memoir an obligatory essay on Coming Out. When asked to explain the omission, she responds, “I felt funny.”

Ford says she originally wrote twice as many essays as are included in the book. Those that didn’t make the cut tended to be perhaps more reflective, but less funny. “I had to walk myself through the narrative,” she explains. “Before I could develop a position from which to look back.”

Her goal was humor, but that doesn’t mean she’s unaware of the link between laughter and tragedy. “Comedy and humor come from the ‘outsider’ perspective,” she notes, “but that’s also where human suffering comes from.” From the things that disconnect us.

Ford, who describes herself as the “class clown of the Quest program” at St. Paul’s Central High in the 1980s, has never had difficulty connecting through humor. She recalls over-the-top childhood stunts like juggling produce at the grocery store to get a rise out of her parents, and adds, “To get my quiet, cerebral father to open up and laugh was always a joy.”

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Our 31st Season
SAVE THE DATES!
Sunday, Oct. 11, 2009, 4:00 p.m.
OSMO VÄNSKÄ, clarinet
SARAH KWAK & VALI PHILLIPS, violins;
THOMAS TURNER, viola;
ANTHONY ROSS, cello
*Due to road construction, the Oct. 11 concert will be held at Sundin Music Hall, 1531 Hewitt Ave., Hamline University, in St. Paul.

Sunday, Nov. 29, 2009, 4:00 p.m.
The ROSE ENSEMBLE

Sunday, February 14, 2010 at 4:00 pm
KALICHSTEIN-LAREDO-ROBINSON TRIO

Sunday, March 14, 2010, 4:00 p.m.
ST. LAWRENCE STRING QUARTET

Sunday, March 28, 2010, 4:00 p.m.
JORJA FLEEZANIS, violin;
KARL PAULNACK, piano

Sunday, April 18, 2010, 4:00 p.m.
CAVANI STRING QUARTET

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BEETHOVEN FESTIVAL WEEKEND
Sat. & Sun., Jan. 30 & 31, 2010, 4:00 p.m.
PACIFICA STRING QUARTET
Beethoven Quartet Cycle, Parts Three & Four
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Thank You from the Fourth in the Park Committee!
Thank you to our St. Anthony Park neighbor’s and businesses for your generous support of the 4th of July celebration held in Langford Park. This event is made possible because of your volunteer time and financial contributions. It is with appreciation that we thank individuals and businesses that contributed at least $50 to our community celebration:

Patriot ($100 or more)
Sweatman’s Workshop

Rocket ($500 or more)
Park Midway Bank
Saint Anthony Park Community Foundation
The Emily Program
Wellington Management

Starburst ($200 or more)
Carter Avenue Frame Shop
Dunn Brothers
M & T Twins

Firecracker ($100 or more)
Gopher Spot
Murray Jr. High School
Paul K. Anderson DDS
Pierce Richards Law Office
Sharetts Inc.
St. Anthony Park Home
Tagteam Film and Video
Tiebout Construction
Tim and Tammy Strally’s Way

Sparkler ($50 or more)
Thomas Landscape
James Roehrenbach-State Farm
Serdapy
Andrew and Linda Boss
Blaine and Cindy Thielen
Brenda and Mark Hanes
Cindy Tang and Robert Damison
Dorothy Belgum Knight
Gary and Teresa Kline
Glen and Anna Skovholt
Greg Haley
Joan and Fred Steinhauer
John and Carol Smith
John and Judith Howe
Julie Gokeda
Kent and Katherine Elurd
Kinda T’Spelt
Kris Anderson
Michal Bubach and Maryl Thomas
Robert and Alice Hulman
Robert Arrindell
Scott and Donna Kist
Thomas Fisher and Claudia Wilgromski
Warner and K.K. Gore
Bruggers Bagels
The Little Wine Shoppe
Arties West and Kevin Bras
Esther Hope
Thomas Walling and Marilyn Benson
Charles and Mary Jo Aveida
Eric and Deborah Paulrud
Andrew and Janet Miller

We attempt to include the names of all who contributed to the Fourth in the Park celebration. If your name has not been included, please excuse the omission and let us know so that we may properly recognize your gift.

THE FOURTH IN THE PARK
**Events**

1 **SUNDAY**
- *Worlds by Tom Riggle, through Sept. 17.* LAG.
- *“Interaction: Where Art Meets Fashion,” through Nov. 1.* GMD.
- *Cajun jam session and lessons, 10 a.m.* CG.
- *Yates/Matherly, 8 p.m.* CG.

2 **SUNDAY**
- *Open mic, 6 p.m.* CG.

3 **MONDAY**
- *Camp E.D.G.E. Vacation Bible school for kids and families, through Aug. 6.* FHUCC.

4 **TUESDAY**
- *National Night Out.*

5 **WEDNESDAY**
- *Backyard Talk: Composting, 7 p.m., 22 Ludlow. 649-5992.*
- *Atomic Fila, 8 p.m.* CG.

6 **THURSDAY**
- *Natalie Zugeran and Trina Harlin, 7:30 p.m.* GC.
- *P.J. Storytelling with Pam Schweitzer, “Stories Around the Campfire,” 6 p.m.* CG.
- *Movin’ in the Parks: “Kung Fu Panda,” dusk.* LRC.

7 **FRIDAY**
- *Bluthouse, 8 p.m.* GC.
- *Atomic Fila, 8 p.m.* CG.

8 **SATURDAY**
- *Woodcarving Weekend, G.W.*
- *Glory Muse, 8 p.m.* CG.

9 **SUNDAY**
- *Woodcarving Weekend, G.W.*

10 **MONDAY**
- *Roots Music Showcase, 7 p.m.* CG.

11 **FRIDAY**
- *Beguine Brothers, 8 p.m.* GC.
- *Don Fitzwater and Friends, 8 p.m.* CG.

12 **SATURDAY**
- *Kar/J BLT / Elbouts, 8 p.m.* CG.
- *Family 5K Fun Run/Walk, 8 a.m.* Falcon Heights Community Park, 2005 Rosedale Ave., 792-7616.
- *Lauderdale Day in the Park, noon.*

13 **TUESDAY**
- *Woodcarving Weekend, G.W.*

14 **WEDNESDAY**
- *Backyard Talk: Beekeeping, 7 p.m., 2207 Knapp St. 649-5992.*

15 **THURSDAY**
- *Random Acts, 7:30 p.m.* AT.

16 **FRIDAY**
- *Atomic Flea, 8 p.m.* CG.
- *Bluehouse, 8 p.m.* GC.

17 **SATURDAY**
- *Don Fitzwater and Friends, 8 p.m.* CG.

**FALL EVENTS**

**Bliss Yoga Studio**

Adult Hatha Yoga
Mon & Wed
7 pm

Kids Calming Yoga
Sundays
2 pm

1563 Como Avenue
Saint Paul MN 55108
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4:30-8:30

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Pre-School thru Adult Classes

- Ballet
- Lyrical
- Tap
- Jazz
- Pointe
- Modern
- Musical Theatre
- Hip Hop

**Events**

**Bliss Yoga Studio**

17 **MONDAY**
- *Green on the Screen: “The Power of Community: How Cuba Survived Peak Oil,” 7 p.m.* SAPBL.
- *Author Sara Ford, 7 p.m.* CG.

18 **TUESDAY**
- *Book discussion: “Waiting for Snow in a Banana,” by Carlos Eire, 7 p.m.* FHUCC.
- *Backyard Talk: Beekeeping, 7 p.m., 2207 Knapp St. 649-5992.*

20 **THURSDAY**
- *Random Acts, 7:30 p.m.* AT.

21 **FRIDAY**
- *Dinner show with Maria Sharp, 7:30 p.m.* AT.

22 **SATURDAY**
- *Michaël Bagues with comedian Mark Miller, 8 p.m.* CG.

23 **SUNDAY**
- *I Ice Cream Sundays Sundays featuring cones with sprinkles. G.N.*
- *Sunday Afternoon Book Group: “The Beautiful Things that Heaven Bears,” by Danaw Nguyeun, 2:30 p.m.* MB.

24 **MONDAY**
- *Student art opening, 7 p.m.* CG.

28 **FRIDAY**
- *Kevin Duva, 8 p.m.* CG.

Calendar@parkbugle.org by be submitted to Items for September Events should be submitted to calendar@parkbugle.org by Aug. 17.

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Robert Anthony
Robert C. Anthony, age 80, of North Oaks, died suddenly on June 20, 2009. Originally of Mpls., his beloved wife of 51 years, daughters, Gena Gutzman [Jeff] and Roberta Chadwell [Chad]; sons, Andrew (Anita), Russell [Hannah] and Matt [Tamar]; 15 grandchildren; brother, Eugene [Jean]; and sisters, Marie Raymond, Elaine Karls [Paul] and Mary Sanchez.

M's Crop Improvement program
M's Crop Improvement program is not a thing of the past!

We're on the verge of a great American Renaissance! We are the ones we have been waiting for. We can change society again and again until we come to grips with our prejudices and fears; with interment at Calvary Cemetery.

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Aug. 18, 7 p.m. – Book discussion, Waiting for Snow in Havana

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Outdoor Worship Service and Picnic (Pig Roast): Sunday, August 23, 10:00a.m.

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www.comoparklutheran.org

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❖

BETHANY BAPTIST CHURCH

Special Worship Band: Sunday, August 30, 8:30 & 10:00am

Y

QUESTIONS?

LOCATION

HOURS

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The Worship Band from Messiah Lutheran Church in Mankato will lead both worship services. The band plays an eclectic blend of traditional hymns, bluegrass, country and Christian rock music.

Pastors: Martin Eisen and Maryl Kaye Ashley

Director of Music: Meryl Mistry

Thomas Ferry

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www.falconheightsuc.org

Sundays – summer hours:

- 10 a.m. worship
- Communion, first Sunday of the month
- N urcery available 9:45-11:15 a.m.
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Patrons:

Martin Eisen and Maryl Kaye Ashley

Director of Music: Meryl Mistry

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Lives Lived from 14

David Wamstad

David B. Wamstad, age 79, a St. Anthony Park native and 45-year resident of Roseville, died June 22, 2009. He was baptized, confirmed, and married in St. Anthony Park Lutheran Church. David and Muriel were married Aug. 10, 1957. For over 51 years, they enjoyed camping, traveling, skiing, golfing and their cabin. He designed the house in which he and Muriel lived and the makeover of their cabin.

D ave was actively engaged in the church for most of his life. He especially enjoyed being with the men’s prayer group that meets every Friday at noon. He received a mechanical engineering degree from the University of M innesota. He started his career with H oneywell, was drafted into the U.S. Army, and after training was shipped overseas to Germany as part of World War II. He also had a chance to visit relatives in Norway.

When he was discharged, he returned to H oneywell and worked in various divisions of the company, the last being the solid state division in Plymouth. He was a H. W. Sweatt Award winner — the highest technical award offered by H oneywell. He also received several technology awards and patents and was an engineering fellow. He also became a professional engineer.

He is survived by M urriel, children Lynn Wyman (All), M acen, M ias, Larry (Donna), of Shoreview and Andy (Jackie) of Brook Park; eight grandchildren; and two brothers, Telford (Shirley), of St. Paul, M arion, of H oofer, Al a.

A celebration of life was held July 6, 2009, at St. Anthony Park Lutheran Church.

There is no charge for Bugle obituaries. Please alert the Bugle about the death of current or former residents of the area. Send more complete information if you have it. Obituaries are compiled by Mary A. ergenthal: 644-1650, mary.mergenthal@comcast.net.

 Ramsey County’s mobile collection truck for harmful household chemicals is coming to St. Paul in August

Protect your family and the environment. Safely dispose of harmful chemicals and products from your home. It’s easy, convenient and free!

DATES

August 7-8, 14-15, 21-22, 28-29

HOURS

Friday 10 am - 6 pm
Saturday 9 am - 4 pm

LOCATION

Pleasant Ave Ice Arena, next to the County yard waste site

QUESTIONS?

Call 651.633.EASY (3279) or visit www.cco.ramsey.mn.us/ph

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Pleasant Ave Ice Arena, next to the County yard waste site

QUESTIONS?

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David Wamstad

David B. Wamstad, age 79, a St. Anthony Park native and 45-year resident of Roseville, died June 22, 2009. He was baptized, confirmed, and married in St. Anthony Park Lutheran Church. David and Muriel were married Aug. 10, 1957. For over 51 years, they enjoyed camping, traveling, skiing, golfing and their cabin. He designed the house in which he and Muriel lived and the makeover of their cabin.

D ave was actively engaged in the church for most of his life. He especially enjoyed being with the men’s prayer group that meets every Friday at noon. He received a mechanical engineering degree from the University of M innesota. He started his career with H oneywell, was drafted into the U.S. Army, and after training was shipped overseas to Germany as part of World War II. He also had a chance to visit relatives in Norway.

When he was discharged, he returned to H oneywell and worked in various divisions of the company, the last being the solid state division in Plymouth. He was a H. W. Sweatt Award winner — the highest technical award offered by H oneywell. He also received several technology awards and patents and was an engineering fellow. He also became a professional engineer.

He is survived by M urriel, children Lynn Wyman (All), M acen, M ias, Larry (Donna), of Shoreview and Andy (Jackie) of Brook Park; eight grandchildren; and two brothers, Telford (Shirley), of St. Paul, M arion, of H oofer, Al a.

A celebration of life was held July 6, 2009, at St. Anthony Park Lutheran Church.

There is no charge for Bugle obituaries. Please alert the Bugle about the death of current or former residents of the area. Send more complete information if you have it. Obituaries are compiled by Mary A. ergenthal: 644-1650, mary.mergenthal@comcast.net.