Volunteering Matters
St. Anthony Park
Home resident Margaret Jagodzinski is a regular participant in a ceramics class taught by volunteer Ann Fendorf.

Rev. Victoria Wilgocki, the new pastor at St. Anthony Park United Church of Christ, thinks the selection committee that hired her was taking a chance.

School News
Two Como Park High School students competed in the State Wrestling Tournament: senior Joe Guzman (189 pounds) and junior Mark Dooley (119 pounds).

Vote in this month’s Bugle poll at www.parkbugle.org: What’s your favorite landscaping tree?

Egoless design: the Alzheimer’s garden
by Michelle Christiansen

Unless you know someone with Alzheimer’s disease, you may never have heard of an Alzheimer’s garden. The concept is popular on both coasts but isn’t well-known in Minnesota. That’s changing, however, through the efforts of St. Anthony Park resident Erik Jorgensen and his business, Wandering Designs, which specializes in therapeutic gardens.

An Alzheimer’s garden is usually conceived as part of a nursing home or retirement home in an area protected from the elements. There must be a solid

Oh the noise noise noise
Options are limited for turning down volume on 280
by Dave Healy

Noise is in the ear of the listener. That’s one conclusion to be drawn from a March 12 meeting to discuss noise reduction on Highway 280 in the St. Anthony Park area. About 20 people turned out to hear a presentation by MnDOT officials on what might be done to reduce noise levels on a road that has seen sharply increased traffic since the August collapse of the 35W bridge in Minneapolis.

The meeting was sponsored by a St. Anthony Park group called Citizens Concerned for Habitable Neighborhoods, in response to indications from MnDOT that any formal request for noise abatement should reflect neighborhood consensus.

Some consensus did emerge at the March 12 meeting. Residents said they’d like to pursue an asphalt overlay for the southern portion of 280, despite MnDOT officials’ skepticism that it would produce noticeable results.

MnDOT’s Chris Roy said the department calls a given measure “noise reduction” only if it results in a change of at least 5 decibels. He said that altering the surface of a roadway might result in a 5 db reduction, but MnDOT would need some other reason for an overlay, such as in case of maintenance.

A poem as lovely as a tree

Earth Day will launch tree replanting program
by Dave Healy

This year’s Earth Day celebration on April 22 will be a special one for St. Anthony Park, and especially for College Park. The occasion will mark the beginning of a program to replace trees lost to last August’s storm. The replanting will include 22 new trees in and around College Park, with an additional 17 trees along boulevards that were in the storm’s path.

Mayor Chris Coleman will be on hand, along with Parks and Recreation Director Bob Bierscheid, for a 10 a.m.
unleash something powerful
conquer something complicated
become something great

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CITY FILES

St. Anthony Park
The annual Kastor Ponds peony sale will be April 13 from 9 a.m. to noon. A total of 50 tables will be available. The sale is open to the public. For more information, call 651-645-5992 or visit www.parkpeace.org.

Elections for the St. Anthony Park Community Council Board of Directors will be held Tuesday, April 8, from 4 to 8 p.m. North and South St. Anthony Park residents may vote at the St. Anthony Park Library. South St. Anthony Park residents may vote at Falcon Heights City Hall, 792 Snelling Ave., or at Dunn Bros. Coffee, 2505 University Ave.

There are 82 CERT members already serving Falcon Heights and Lauderdale neighborhoods. To register, call the Eureka Recycling hotline (222-7678) or check their Web site: www.eurekarecycling.org.

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2051 Larpenteur Avenue East, St. Paul, MN • 651-748-5577 • www.moundsparkacademy.org
By Judy Woodward

Pastor Victoria Wilgocki of the St. Anthony Park United Church of Christ thinks the selection committee that hired her was taking a chance.

Although she has a resume stuffed with experience in both the sacred and the secular realms, the 40-year-old minister had never held a pastoral post before taking up her present position in February.

“There were many other applicants with more years of experience,” she says. “It showed courage and openness and faithfulness to call me to my first pastorate.”

Wilgocki served for many years as director of music and office administrator at the Lyndale United Church of Christ in Minneapolis while she was completing her studies for the ministry at United Theological Seminary in New Brunswick.

She says her sense of vocation evolved gradually over the years after she earned her bachelor’s degree in music from St. Olaf College in 1989.

“The UCC has been in the forefront of the Christian progressive movement ever since. In spiritual movements then the abolitionists and female suffragists of the 19th century. In our own era, the UCC was first to ordain women and openly gay men. Wilgocki notes, “The UCC has an independent streak. We don’t have a hierarchy, and the emphasis is on the autonomy of people’s consciousness our pastoral mission to keep “in front of people’s consciousness our commitment to an open and affirming role for the church.”

Wilgocki calls herself “the new kid on the block” when it comes to ordination. “I needed other life experience and a sense of personal maturation before becoming a pastor.”

Over the years Wilgocki worked as an academic administrator at area colleges, as well as a prominent at the Minnesota Women’s Press. It all added up to what she calls a “baffled compost pile of experience to draw on.”

Wilgocki calls herself a moderate, but there are those who might not describe her the same way. Perhaps best known these days as Barack Obama’s denomination, the best known these days as Barack Obama’s denomination, the United Church of Christ (UCC) was founded in 1957 through the union of three denominations, the United Church of Christ and the Congregational Christian Church.

The UCC has been in the beginning to get a sense of where women and openly gay men. Era, the UCC was first to ordain women and openly gay members in a move that Wilgocki characterizes as “somewhat divisive” for the congregation at the time. Although only a small percentage of the local congregation is gay, Wilgocki says, “If a gay couple walks into our church, they know they will be welcome.”

A decade after the “open and affirming” vote, Wilgocki says she considers this stance “moderately progressive,” but far from radical.

“Wilgocki notes, “There are other churches that way, way out there,” she notes, explaining that her previous congregation at Lyndale UCC voted not to allow their minister to sign the legal paperwork for marriage, as a protest against the state of Minnesota’s refusal to recognize gay marriage.

She regards it as part of her pastoral mission to keep “in front of people’s consciousness our commitment to an open and affirming role for the church.”

Although Wilgocki does not consider this stance “moderately progressive,” she has never held a pastoral post before taking up her present position in February.

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EDITORIAL

I frequently mused that we or we male through the dense trees to keep an appointment with a bush trout, or a yellow trout, or an old acquaintance among the pines. — Henry David Thoreau, “Walden”

Perhaps because they dwarf us as do no other living thing, trout invoke a reverence unmatched in the natural world. And because they reside in, or are an ongoing reminder of human footprint.

“Only God,” the poet averred, “can make a tree” — a noble sentiment but one that human science has challenged mightily. Indeed, the complex relationship between humans and the natural world is illustrated as well by man as by any other species. Trout grow without cultivation, yet certain varieties would not exist without the gardener’s art. Some forests are invaded by fire, yet generations of children have learned from Smokey the Bear that preventing forest fires is a sacred trust. Should we, as much as possible, be Mother Nature alone, or should we try to help her along?”

The concept of disturbance is an everyday practice in the natural world. In Genetics the distinguishing feature of fertility is the knowledge of good and evil, which is symbolized as a tree. Trees have a long and rich association with streams.

Walt Whitman asked, “Why are there trees? Never walk under a large and melancholy thought descended upon me!”

And William Wordsworth famously asserted, “One impulse from a fresh world / May teach you more of man / Of moral evil and of good / Than all the sages can.”

Conversely, when an artist wants to depict the pernicious effects of human intervention in nature, nothing less than a "sea of trees" will do. So it is with salmon, which constitute a sizeable chunk of our food system. They've got potholes, which create a surface change. “Be careful what you wish for,” he said.

Roy also pointed out that noise walls can’t be built everywhere. Such variables as visibility, slope and right-of-way requirements severely limit the potential to add isolated barriers. On 280 in St. Anthony Park, he said,

“Any neighborhood that wants a noise wall is competing with a lot of other neighborhoods.”

And a good thing, too, in the final analysis the judgment of what to do is left to the neighborhood and the people who live there.

The Poem the Poet

To plant a tree is to take the long view, to express optimism, to put one’s hopes along with a seedling. Planting trees is a quintessentially human endeavor, for it illustrates both the grandiose and the altruism. In the words of a Greek proverb, “A society grows great when it plants trees.”

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A deep ambivalence runs through Americans’ attitudes toward trees. It’s illustrated by the fact that we have made folk heroes of a man who planted trees — Johnny Appleseed — and one who cut them down — Paul Bunyan.

“Indeed, the complex relationship between humans and the natural world is illustrated as well by trees as by anything. It is illustrated by the fact that we have made folk heroes of a man who planted trees — Johnny Appleseed — and one who cut them down — Paul Bunyan. The fable, the titular hero, the Lorax, proclaims, “I speak for the trees.”

New pastor from 3

Elanor J. Anderson

Female pastors excite no special connotation in a denomination where about 60 percent of Wilgocki’s fellow seminarians were women. But even so, a pregnant minister is somewhat unusual, any Wilgocki. Still, the reports that the congregation is being supportive.

“arid, for we are all human beings. The church is committed to support the needs of both the family and the pastor.”

Elanor J. Anderson
District 12 Community Council elections will be April 8

Elections for the St. Anthony Park Community Council Board of Directors will be held Tuesday, April 8, 4-8 p.m. Residents can vote at Hampden Park Co-op, 528 Raymond Ave.; Dunn Bros. Coffee, 2650 University Ave.; or the St. Anthony Park Library, 2265 Como Ave. All District 12 residents age 16 or older are eligible to vote. Write-in votes are accepted. A write-in candidate must have submitted a candidate statement of 100 words or fewer to be displayed at polling places. To be elected, a write-in candidate must receive at least three votes.

Candidates for the board were asked to describe what citizen participation means to them. Their statements appear below.

NORTH ST. ANTHONY PARK

Gary Carlson
Citizen participation means that the average person is able, in collaboration with other members of the Council, to influence decisions of government and benefit the essential character of St. Paul’s best neighborhood. I believe that my life experience, strong knowledge of current issues at all levels, general enthusiasm, and ability to work collaboratively with people from all walks of life will serve the work of the Council well. I have been a St. Anthony Park resident for 33 years. I pledge to give the job my very best effort.

Brian Longley
I’ve lived in the Park for 22 years and am completing my second term on the Council. I currently serve on the Community Connections Committee and the Transportation Task Force. Citizen participation is about making room for all members of the community to be heard and valued. This is a crucial time for us to hold the potential to bring new opportunities, but it will also elicit new pressures on our small businesses and neighbors. I welcome your support as I continue to engage in the process of positive urban change.

Roger Purdy
I’m running for re-election to the District 12 Community Council because I believe there is important work to be finished. We are slow to file the Como Avenue Small Area Plan. We have had some important groundwork to make our community “green” and more livable. The development of the Central Corridor light rail and Rock-Tenn pose interesting land use questions. I’d like to continue to work on all these issues and would appreciate your vote.

John Sappanos
In general, citizen participation is working together for the common good. More specifically in St. Anthony Park, citizen participation is meant to improve the neighborhood and strengthen a sense of community. It is a member of the SAPCC. I will bring a range of skills and interests that I consider critical to the work of the Council. As an architect, my professional skills and knowledge will help discuss issues related to improving our environment. As a resident, my interests include ensuring that we have a safe, vibrant and sustainable community. I look forward to the opportunity to serve.

SOUTH ST. ANTHONY PARK

Matt Hass
Matt Hass has lived in St. Anthony Park (north and south) for six years, as a renter and homeowner. He is a south alternate on the full council and on the Environment Committee. He is also the district representative on the Rock-Tenn Community Advisory Panel, which is looking into alternatives to the Rock-Tenn plant. A prepared statement reads: “We live in a very unique community that faces many future challenges. I look forward to working on these challenges through the council and with the community as a whole. Our community can only be as strong as WE ALL make it.”

Sheldon Gitts
Why does the District Council have “Good Neighbor” agreements to distribute propaganda for University of Minnesota parking lot projects and the Rock-Tenn garbage burner? How could any legitimate representatives of any neighborhood decide to promote increased motor vehicle traffic and toxic air emissions? When legitimate elections are held in the south St. Anthony Park neighborhood, they are held at the high-rise on the corner of Raymond and Ten-Terrional Road. Why two private businesses, both of which have staff and clientele whose only connection to the neighborhood is that they drive in and drive out, select as polling places?

Jason Morkel
As St. Anthony Park’s challenges of energy, transportation and environmental issues emerge, its residents must participate and have an active voice. It is this active voice that allows communities to evolve, define participation and what makes a good community. As a U of M graduate and current health care professional, I believe that both live and work within our community. I hope to help bring a voice to the pressing regulation that makes up about 50 percent of St. Anthony residents—bringing all types of participation for the benefit of the community.

Paul Mix
As a St. Anthony Park business owner and 15-year south St. Anthony Park resident, I have recently completed two consecutive terms as a resident delegate for the Community Council. I now wish to forfeit my pending appointment to the business delegation in favor of serving the residents of south St. Anthony Park. My four years of service to the council have shown me the importance of citizen input and participation in the governmental process. This stems as the community level and, as your representative, I’ll work with the community to bring about positive change.

George Zanmiller
I’m a 30-year-plus resident of south St. Anthony Park, married, with one grown daughter, and a long-time neighborhood homeowner. I am an avid gardener and conservationist and also an experienced teacher and speaker. I am very familiar with the public project bidding, in particular with MnDOT. My hope is that now my diary of raising my daughter has been discharged, I might be able to serve the community that made it possible to raise her.
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**Alzheimer’s garden from 1**

fence at least eight feet high — so no resident can try to leave or become disoriented by what happens outside the garden — and a locked gate. Pathways should be easy to follow.

The garden should be calm and peaceful but have many sources of stimulation: brightly colored flowers with pleasant scents, plants and pathways with varied textures. Often Jorgensen includes water features or wind chimes, as well as fountains that attract birds and other wildlife.

At the farthest point of the garden a major focal point — a table with a brightly colored umbrella, wishing well, gardens, ponds — to suit people along the paths, and there are frequent cut-up with benches that have back and arm rests. Benches are angled rather than facing each other because most Alzheimer’s patients don’t like to look at other people straight on.

Jorgensen tries to evoke childhood memories by using old-fashioned plants such as hollyhocks, cloverhens, picket fences, wishing wells and arbors. He adds an open area for activities: having a barbeque, planning flowers or vegetables, meeting with therapy animals.

“The garden must be an active rather than a passive place,” he says.

Jorgensen grew up in Como Park and attended North Dakota State University and the University of Minnesota, where he got a bachelor's degree in environmental design. He worked for Bachman’s in Eden Prairie, where he ran the garden center, and later joined McCarron Designs, where he did interior landscape design. He did “The Mighty Axe” at the Mall of America and the landscaping for the Episcopal Home on University Avenue.

In 1999 the American Society of Landscape Architects Jorgensen "One Hundred Years, One Hundred Gardens," a pro bono project on the occasion of its 100th anniversary. McCarron Tours a garden in the courtyard of the HealthEast Marion Center in St. Paul. That lead to other jobs, and he started his own company, Wandering Designs, in 2003, with Alzheimer’s gardens as his specialty. About 85 percent of his business is therapy gardens. "This feels so much better to me than doing corporate landscaping," Jorgensen says. “That is often just to feed someone’s ego by constructing a fabulous interior space. This is an egoless endeavor — to design a place that feels more like home than an institution for people who are at the end of their lives. It feels right.”

Besides continuing to design therapy gardens, Jorgensen would like to get involved with community planning.

“Baby boomers are moving back into the cities,” he says, “and I’d like to do some consulting on how cities could be redesigned for older people. There will be more multi-use buildings and more neighborhood action to attract those like drugstores and hardware stores. I can see therapeutic landscaping being part of this.”
Como Park Senior High
740 Rose Ave. 295-8800

Ms. Pat Wojcik, math and study skills teacher at Como for 10 years, recently retired.

Students needing extra time or help with their school work can ask Ginger Carty-Johnson, an after-school homework help session that meets every Wednesday in the library from 2:15 to 3:00 p.m. A light snack is provided and bus tokens are available.

Como Carter Preschool will start a six-week session on April 15. Classes meet 9-10:30 a.m. at the school. Cost is $40. For more information, contact Nickie Busch-Chilby: 612-743-1629, nickie-busch@bpsbys.org.

On March 6, members of Como’s media team attended the Nobel Peace Prize Festival at Augsburg College. Brain Todd and Ali Williams were selected to emce the event.

The Como Park Environmental Club will host the metro-area Youth for Habitat’s Advocates meeting on April 8. Student environmental groups from Minneapolis, St. Paul and surrounding suburbs will attend. They will discuss ways to address global warming.

These students from AP Environmental Science at the University of St. Thomas with Gov. Tim Pawlenty and arctic University of St. Thomas with

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These students from AP Environmental Science at the University of St. Thomas with Gov. Tim Pawlenty and arctic University of St. Thomas with
ceremony at the corner of Raymond and Carter. Also attending will be the third-grade class from St. Anthony Park Elementary School, who will share poems written in honor of the day.

Local resident and arborist Mary Lerman will describe the Earth Day from landscape design and the various tree species planned for the area. The first new tree will be planted on the boulevard. Plantings will continue when the ground has firm ed up. The original tree replacement plan, to be funded by the city, was limited to College Park. A $4,235 donation by the Keep It Green Fund of the St. Anthony Park Community Foundation enabled an expansion of the plan to include the additional boulevard trees.

According to Jon Schumacher, foundation executive director, the response to their call for financial help to accelerate the replanting process was generous and immediate. “This is a neighborhood that loves its parks and trees, and they showed it,” he said. “That support will help extend the city’s resources, and that’s good news for other hard-hit areas like Como Park.” The mix of trees includes burr oaks, Norway spruce, sycamores, locusts and a new disease-resistant elm species.

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Join Neighbors in a Community Discussion:
Rock-Tenn's Energy Plant Proposal
Saturday, May 3rd. The St. Anthony Park Community Council will host a learning and listening session at the South St. Anthony Park Recreation Center (10 am - noon).

SAPCC has been participating in the Rock-Tenn Community Advisory Panel (RCAP), which has been advising on a study of fuel and technology options for the paper recycling operations at University and Vandafla. Rock-Tenn is currently using on-site boilers to burn a mix of natural gas and fuel oil. The St. Anthony Park representative will present preliminary findings from the energy study and the choices being considered. This meeting is an opportunity for neighbors to share questions and concerns.

Neighbors can also learn more about the project through the Rock-Tenn Community Advisory Panel meetings and website www.rocktenny.org. Rock-Tenn’s plant recycles 50% of the state’s paper and requires as much energy as 20,000 homes. So it is important for this neighborhood to consider how this decision will affect the environment, public health, air quality, safety and efficiency of energy production, and St. Paul’s economic and job vitality.

St. Anthony Park Community Discussion:
May 3rd, 10 am - noon, #10 Chautauqua Avenue

Additional Community Meetings:
Minneapolis, April 26th, 10am, Lorton Recreation Center
Macalester Groveland, May 7th, 7pm, Bethel Christian Fellowship
Hamline-Midway, May 17th, 11am, Hamline-Midway Library
Rock-Tenn Community Advisory Panel (RCAP), April 7th & 21st and May 5th & 19th, 7 pm, Wilder Center (451 Lexington Pkwy N)

For more information contact Nina Axelson:
Nina@sapcc.org or 612-788-4151

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No Bones about it

by Nicki Cary Rogers

No Bones readers: Have you ever wondered if Jurassic Park could ever become a reality? Have you ever asked whether we could really throw in a little frog DNA and reconstitute dinosaurs on the planet?

There are certainly interesting questions to ponder, and you are already considering them. A number of scientists are thinking long and hard about these questions, too.

They are experimenting with dinosaur bones and with the embryos of modern dinosaurs (chickens and other birds) to see if it might be possible to "make" a dinosaur.

Through most of us typically think of paleontology as up to their elbows in dirt, digging for bones in some dusty badlands, that image isn't entirely accurate. Sure, most of us who work on dinosaur bones still love to get out into the field to discover new fossils, but the real work of paleontology often happens back in the laboratories when we spend the majority of our time.

I don't just mean cleaning off dinosaur bones and putting them together, either. In some cases, fossilized bones have very little to do with the immediate research question being asked.

My colleague Hans Larsson, of the Redpath Museum at McGill University in Montreal, is a perfect example of a paleontologist on the cutting edge of his discipline. His research is, in part, focused on an interesting merging of paleontology and genetics.

This branch of science is called evolutionary developmental biology — "evo-devo" for short. Evo-devo is based on the discovery that modern animals (including us) share many of the same body-building genes, and that some of these genes have been around for millions of years.

Practitioners of evo-devo compare the development of different animals in order to investigate the ancestral relationships among these animals and to determine how the end product evolved.

This involves rewinding the evolutionary clock in embryos — turning important genes on and off at different times to understand how organisms change their shape during their ontogeny (the history of an individual's life) can reveal clues about phylogeny (the history of evolution). The notion that "ancestral recapitulation," or "ontogeny recapitulates phylogeny" has been around since the 1800s.

Take a human embryo, for example. At different points in our own developmental history, we develop the same features (like a stiffening notochord, chord, ventralis, or ears from "branchial arches") as the gill pouches of our fishy relatives or other members of our long family tree. These appear and are modified into structures that we begin to recognize as our own as development proceeds.

Hans and his graduate assistant Erin Masswell are looking at this process in the embryos of chickens, which are as different from us as any No Bones readers know. The Huygens center has a long history of work on dinosaur bones and feathers. They are attempting to reconstruct the long bony tails of dinosaurs in modern, tail-less descendants. So how do they do it? They start by operating on developing chicks in their eggs. At a particular point in development, they cut a small hole in the hard outer shell of the egg. Then, under a microscope they implant a small bead of protein on the developing vertebral bud (where the tail doesn't normally form in chicks).

The basic ingredients for constructing the tails of dinosaurs are the proteins produced by the common body-building genes. Hans and Erin are working on cutting the recipe — turning genes on and off, turning them "up" or "down" or simply manipulating the timing of when they are active.

Hans' goal isn't recreating dinosaurs or mutant chickens, but instead is focused on tracing the genetic signals that may have been important in the evolutionary history of modern birds. Hans and his team continue to experiment with chick embryos and have managed "to make" embryos with slightly longer tails, though these embryos have not been permitted to hatch.

Amusing stuff, and certainly different than the typical view of dusty, dirty bone hunters. Until next time, happy dinosaur genetic manipulation!
Volunteering Matters
by Lisa Steinmann

Sharon Sandgren, who grew up in St. Anthony Park, remembers the children who lived in the orphanage at 2237 Commonwealth Ave. They were her friends and classmates at Gutterson Elementary School on Como Avenue.

Many years went by before she found herself visiting her elderly parents in the same white stucco building, which had since become a nursing facility. Even though it has been several years since her parents were at the St. Anthony Park Home, she continues to come regularly, usually with her cat, Lady Guinevere.

Sandgren says, “So many people here don’t have anyone — no family.”

Lady Guinevere is a magnificent Maine coon cat with a long, brown fur coat trimmed with a leonine collar of white. Sandgren began bringing Lady G along to the nursing home so that her mother could see her pet. The regally calm Lady G would sit on the lap of Sandgren’s wheelchair-bound mother as they went from room to room. Lady G was a welcome visitor.

Sandgren volunteers twice a month at St. Anthony Park Home, usually bringing Lady G along. She built a shelf so that wheelchairs can support the 16-pound cat.

“She’s a perfect, very docile cat,” says Sandgren. “She allows herself to be petted and hugged.” Some residents with poor vision enjoy petting Lady G’s long fur. Others, says Sandgren, won’t ever speak except to the cat. Lady G has special costumes for Halloween and Christmas.

Today Lady G is visiting clay class, watching as some of the residents paint pastel glazes on clay Easter baskets. Volunteer instructor Ann Fendorf supervises the effort and will take the painted pieces to be fired in the kiln at her south St. Anthony Park home.

One resident turns over her basket to inspect it and says, “It’s cracked.” Fendorf reassures her, “No, no, it’s okay. That’s what makes it creative.”

A potter and instructor at Northern Clay Center, Fendorf has been doing clay classes at St. Anthony Park Home for six years. Her involvement came about when a friend’s mother became a resident. Besides volunteering her time and skills, she donates the materials for the class.

“It makes you wonder about their lives. You learn so much.”

St. Anthony Park Home resident Margaret Jagodzinski is a regular participant in a ceramics class taught by volunteer Ann Fendorf.

If you are interested in volunteering at St. Anthony Park Home, please contact Lisa Amsler, activities director, at 632-3502.
The horned lark looks like a smaller version of the meadowlark.

My wife and I saw our first horned larks in Winona County, in southeastern Minnesota, in March 1988. At first we thought they were spending the weekend at a bed and breakfast, and took an afternoon to drive around the country looking for birds. Neither of us remembers where we stayed, but we both remember the horned larks. “What gorgeous birds!”

At about seven inches in length, the horned lark looks like a stouter, daintier version of a meadowlark. It sports a thin, V-shaped, black “sweatband” always displayed. The horns are behind the eyes, but they aren’t “horns” on its head, above and actually does have feathery V-necked sweater look. The male horned lark also has a dark streak that slants down the cheek and a matching dark, V-shaped breast band. The back is brown, the underside white. The female is similarly marked, but in muted colors.

The horned lark is the only lark native to North America, but there are over 20 species of them. The color of this bird has evolved to match the color of the earth in their local habitat. Those in the desert southwest have light brown habitat. Those in the desert have evolved to match the back has evolved to match the vegetation clinging to the earth.

Some horned larks spend the winter in southern Minnesota, sometimes as far north as Twin Cities. The horned larks that migrate south begin returning north into Minnesota in early February through late March. This year, they were reported near Rochester on February 5.

I’ve found them most regularly along quiet country roads as the snow is just beginning to disappear from the fields. They’re usually peeking along the edge of a gravel road in small groups. They’re often fairly tame and just crouch when you approach. But as you get closer, they will spook and then hover. From the air, they are as black and white as a funny comic strip.

Horned larks have a small, dark mask that droops down the cheek and a matching hint of yellow in the eyebrow. The chin and neck are yellow with a dark, V-necked breast band. The male is a smaller, slimmer version of a meadowlark. The horned lark looks like a smaller version of a meadowlark. Its wings are usually given in flight, the better to broadcast it over a wider area. The males are usually given in flight, the better to broadcast it over a wider area. When they’re on their breeding territory, their diet specialist.” The horned lark “a barren-ground specialist.”

When they’re on their breeding territory, their diet includes ants, butterflies, grasshoppers and large spiders. The males try to attract a mate by pouring out a “squeaks that remind one strongly of an old radio.” The females try to attract a mate by pouring out a tinkley sound, often hard to hear. In 1907, Dr. Charles W. Townsend described it as “a jingling metallic sound like distant sleigh bells,” accompanied by “squeaks that remind one strongly of an old radio.”

Since horned larks breed in feed lots and farmyards, looking for grass spills, they especially like plowed fields that have been freshly spread with manure. So this spring when I drove down Roselawn Avenue and noticed that pungent odor from the St. Paul campus fields, I’ll slow down and look for horned larks cropping among the furrows. Depending on the wind direction, I may leave the windows rolled up.

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A P R I L  2 0 0 8    P A R K B U G L E  11
Real World Economics
St. Anthony Park resident and Pioneer Press column Ed Lotterman will continue his Real World Economics lecture series with five sessions on issues, choices and trade-offs in the 2008 election. The 7:30 p.m. lectures on April 7 and 21, May 12 and 19, and June 2 will be at the History Theatre, 30 E. Tenth St. in downtown St. Paul. Single tickets are $15 ($12 for students and seniors), or $65 ($50) for the series. For tickets or more information, call 641-1326 or visit www.edlotterman.com.

7:15 p.m. session will be at the St. Anthony Park Library and is free and open to the public.

Cost of Freedom
Three contributors to a recently released anthology, “Cost of Freedom,” will discuss the book as part of the 1666 Coffman Condominium lecture series. The event, which is free and open to the public, will take place at 7:30 p.m. on April 8 at the condominium, located on Larpenteur Avenue, just west of Cleveland.

Poet Leigh Herrick, Gulf War veteran Chante Wolf and Rev. Henry Bechthold will talk about their contributions to the book, an anthology of stories about individuals and groups in the current American peace movement. The book is composed of letters, articles, sentencing statements, songs, poems, collages and photos. Copies will be for sale at the event.

Sales
The Lyngblomsten Auxiliary Spring Rummage Sale will be held April 16–18 in the 5-5-1 Club Community Center.

Gardening
At its April 1 meeting, the St. Anthony Park Garden Club will host a presentation by U of M entomologist Margo Monson: “Insects in the Garden: The Little Things that Run the World.”

Golf
The Como Men’s Golf Club will hold an organizational meeting April 18, 6:30–8 p.m., at the Como Clubhouse, 1452 N. Larpenteur Ave. Membership is $120 for the season. Application forms can be picked up at the clubhouse during business hours, or by calling Jim Johnson at 488-9673.

The club currently has 135 members, ages 18–95, with handicaps ranging from 0 to 36.

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1415 Almond Ave. Hours are 9 a.m.-4 p.m. Wednesday, 9 a.m.-3 p.m. Thursday and 9 a.m.-noon Friday.

Donations of new and gently used items (no electronics) will be accepted April 7-12, 8 a.m.-8 p.m., at the reception desk of the Lighthouses Care Center. 1415 Almond Ave. Proceeds will go towards serving older adults and their families in the community. For more information, call 666-2941 or visit www.lyngblomsten.org.

Rumage School

The St. Anthony Park Community Council will hold its annual rummage sale on Saturday, April 5, from 9 a.m. to 3:30 p.m. Cost is $0.40.

Women’s self-defense (ages 15 and older) will be taught Saturday, April 12, 1-3 p.m. Cost: $35 residents, $36 nonresidents.

Kids’ self-defense (ages 5-12) will be taught Saturday, April 12, 1-3 p.m. Cost: $35 residents, $36 nonresidents.

A parent/child craft class (ages 2-5) will be held Friday, April 18, 1-1:15 p.m. Cost: $5 residents, $11 nonresidents.

The Twin Cities German Immersion School, 1399 E. 35th St., will hold its annual rummage sale on Saturday, April 5, from 9 a.m. to 3:30 p.m. Cost is $0.40.

Veterinary School Open House

The U of M’s Veterinary School Open House will be held at the St. Paul Student Center from 10 a.m. to 1 p.m. The cost is 75¢.

An adult. Cost is $5 per child.

A faculty member will demonstrate the portion of the total cost of food products.

Raptor Center

The Raptor Center will hold its annual Immersion School on April 7, 4-8 p.m., at the reception desk of the Lighthouses Care Center. 1415 Almond Ave. One session on April 6, in conjunction with the Twin Cities German Immersion School, will hold its annual rummage sale on Saturday, April 5, from 9 a.m. to 3:30 p.m. Cost is $0.40.

Women’s self-defense (ages 15 and older) will be taught Saturday, April 12, 1-3 p.m. Cost: $35 residents, $36 nonresidents.

Kids’ self-defense (ages 5-12) will be taught Saturday, April 12, 1-3 p.m. Cost: $35 residents, $36 nonresidents.

A parent/child craft class (ages 2-5) will be held Friday, April 18, 1-1:15 p.m. Cost: $5 residents, $11 nonresidents.

College of Food, Agriculture and Natural Resources Sciences will offer eight mini-seminars on a variety of topics, including chocolates, trout streams, gardening, landscaping, bees, milk and soy. The cost is $25 ($20 for U of M Alumni Association members). An optional lunch following the seminars is $10. For information and to register, call 612-624-0822 or visit www.dup.uvm.edu/eng.

Kasota Pond Cleanup

The St. Anthony Park Community Council will hold its annual spring cleanup to remove trash in the Kasota Pond area. The event will be Saturday, April 19, 9 a.m.-noon. Volunteers should meet at the parking lot west of Hwy. 280 on the south side of Kasota Avenue, just beyond the RR tracks.

Gloves, litter pickers, trash bags and refreshments will be provided. Volunteers of all ages are welcome. Information 449-5992 or email@parcc.org.

Job Transition Group

Como Park Lutheran Church, 13% Heye Ave., will sponsor a six-week series for people who are changing jobs or planning to re-enter the workforce. The free Thursday evening sessions, 6:30-8 p.m., begin April 3.

All are welcome but space is limited. To register: 666-7127 or office@comoparklutheran.org.

People

Several local high school students had works selected for the 51st annual Las Farrington Rose 100 Art Show at the AZ Gallery in Lowertown, St. Paul. Como Park High School sophomore Leah Roth was represented with a drawing of her grandparents.

Three St. Anthony Park students who are seniors at Roseville Area High School were in the show: Ian Babineau’s (ceramic cups), and Casey Steenmann’s (painting). Babineau’s self-portrait received a Merit Award, and Steenmann’s painting (“Dancers”) won a Juror’s Award.

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Dear Card Shark,

At our poker game last week, I lost a bundle on the last hand. With K-J offsuit, I raised from the middle position. My neighbor checked. I bet $10, and he called. Then a jack turned, giving me top pair and a good kicker. He came out betting. I figure he flopped a set and is trying to trap me into staying, hoping I'll bet the turn, too.

They're all the rage in New York and L.A. Now, like all good ideas, they're making their way inland. They're cell phone booths, and their appearance is eagerly awaited in Lauderdale, where residents hope to be using them by spring.

LRT rerouted through St. Anthony Park
Will include park-and-ride station and Knapp Street El

In an abrupt change of plans announced this week, the Metropolitan Council has changed the route of the Minneapolis/St. Paul light rail transit line. The original plan called for the previously named Central Corridor to run down the middle of University Avenue, but results of a long-deployed geographical study indicate that the cheapest and most practical route runs through St. Anthony Park.

The new “topographically expedient” plan calls for the LRT line to follow an existing rail bed east out of Dinkytown, curve under the Highway 280 bridge, go through a tunnel under the U of M’s intercampus tramway and then down the middle of Hi-Bridge.

As the route turns onto Knapp Street, it becomes elevated and remains so until it connects to Como Avenue near St. Anthony Park Elementary School. From there, it proceeds eastward along Como.

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ENROLLMENT ENHANCEMENT
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Cellphone booth pilot project coming to Lauderdale
Impending installation sparks controversy among neighbors, activists

Lauderdale officials said that locations for the Cell Cells will be discussed at the April 8 City Council meeting.

Falcon Heights man does know squat

Falcon Heights resident Frankie Patella achieved his life’s goal recently when he established a new world squatting record.

Everybody keeps saying I had to learn to stand up for myself,” he said. When an observer noted that Patella had been squatting throughout the interview, the University of Minnesota sophomore acknowledged that he has been unable to stand since establishing the record.

“I’m sort of stuck,” he said, “but the good news is that the world record continues to increase. Unofficially, it’s 15 weeks and counting.”

14 P A R K B U G L E ■ A P R I L 2 0 0 8
Readings
Friday, April 11, 7 p.m.
Micawber’s. Bill Holm and Marie Shepherd Williams

Thursday, April 17, 7 p.m.

St. Anthony Park Library Events
On Sunday, April 20, at 2 p.m., actors from the Lex-Ham Community Theater will stage a reading of Jarnime Coulombs’s play “Bakers,” inspired by the 1989 conflict at Boise Cascade in International Falls.

Groups
Wednesday, April 9, 7 p.m.

Monday, April 14, 7 p.m.

Tuesday, April 15, 7 p.m.

Thursday, April 24, 7 p.m.
Micawber’s. The family of Rachel Corrie (“Let Me Stand Alone”).

Saturday, April 18, 11 a.m. and 2:30 p.m.
Lady Elegant’s Tea Room. Laura Childs. (Tea Shop Mystery Series). Call 645-6676 for reservations.

Sunday, April 27, 2:30 p.m.

St. Anthony Park Library Events
On Sunday, April 20, at 2 p.m., actors from the Lex-Ham Community Theater will stage a reading of Jarnime Coulombs’s play “Bakers,” inspired by the 1989 conflict at Boise Cascade in International Falls.

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Tickets: $5 advance, $6 door. Boxoffice: 651-649-5699
April Arts

Music

Celtic Gaucho
1729 Hudson Ave.
644-9919, 733-2400
Bill Cagley’s Roots Music Showcase
Every other Thursday, 7pm
Open mike with host Bill Hammond
Every other Sunday, 6pm
Blue Green
April 4, 8pm
Gleason Brothers
April 5, 8pm
Bill Cutler
April 11, 8pm
Lonnie Basile
April 12, 8pm
Art Lipatan
April 18, 8pm
Heritage
April 19, 8pm
Steve West
April 25, 8pm
Ruth Giegrich
April 26, 8pm

Music in the Park Series
St. Anthony Park UCC
2129 Commonwealth Ave.
645-1609
www.musicintheparkseries.org

Skampa String Quartet with
Iva Bittova, vocalist/violin
April 6, 4pm
Claremont Trio
April 27, 7pm
Family Concert: Mystical Asian
Sounds
April 11, 6:15 & 7:30pm
(Concert at St. Matthew’s Episcopal
Church, 2136 Carter Ave.)

Visual Arts

Goldstein Museum of Design
240 McNeal Hall, 1985 Buford Ave.
612-624-7434
www.goldsteinmuseum.umn.edu

Russel Wright: Living with Good
Design
Through April 20

Larson Art Gallery
U of M Student Center
612-625-0214
Works by Joanna Catalfo, Colleen
Lamb & Ann Bartges
April 10-May 15
Reception: April 10, 6-8pm

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APRIL 2008 PARK BUGLE 17

April Calendar

1 Tuesday
- Fun theme, word puzzles, and Excel instruction, 7-8 p.m. St. Anthony Park Library, 890 Cromwell, 649-5992. Entry Thursday.
- Ice Isle (for 5-year-olds and younger), 10 a.m.-noon. Lauderdale Park Rec Center, 298-5765. Entry Thursday.
- St. Anthony Park Community Center, 890 Cromwell, 649-5992.
- St. Anthony Park Rec Center, 890 Cromwell, 649-5992. Monday and Thursday.
- Leisure Center for Seniors, 9 a.m.-4 p.m. St. Anthony Rec Center, 890 Cromwell, 649-5992. Close for lunch.
- Seal Hi-Rise, 825 Seal St. Every Wednesday.
- Chair exercise class, 12:30 p.m. Thursday.

2 Wednesday
- English conversation classes, 4-5:30 p.m. St. Anthony Park Library, 890 Cromwell, 649-5992. Entry Thursday.
- Leisure Center for Seniors, 9 a.m.-4 p.m. St. Anthony Rec Center, 890 Cromwell, 649-5992. Close for lunch.
- Bible study at 7 p.m. St. Anthony Park Block Nurse Program Board meeting, 7 p.m. St. Anthony Park Library, 642-0411. Entry Thursday.
- St. Anthony Park Block Nurse Program Board meeting, 7 p.m. St. Anthony Park Library, 642-0411. Entry Thursday.

3 Thursday
- Ice Isle (for 5-year-olds and younger), 10 a.m.-noon. South St. Anthony Rec Center, 9052 to preregister. Preregistration is necessary. Call 642-4541. Monday.
- Chair exercise class, 12:30 p.m. Seal Hi-Rise, 825 Seal St. Every Monday and Thursday. These classes are free to all area seniors, but participation is necessary. Call 642-9032 in preregistration.
- Seal Hi-Rise, 825 Seal St. Every Monday.
- Cribbage and 500, the Falconers, 9:30-11:30 a.m. Falcon Heights City Hall, 1080 University Ave., 612-788-4151.
- Cribbage and 500, the Falconers, 11 a.m. Falcon Heights City Hall, 1080 University Ave., 612-788-4151.

4 Friday
- Senior Citizen Fun Group (gym), 7 p.m. Seal Hi-Rise, 825 Seal St. Every Thursday.
- Chair exercise class, 12:30 p.m. Thursday.

5 Saturday
- Garden class, 8 a.m. St. Anthony Park United Methodist Church, 2129 Commonwealth Ave. Entry Monday.
- Chair exercise class, 12:30 p.m. Seal Hi-Rise, 825 Seal St. Every Monday and Thursday. These classes are free to all area seniors, but participation is necessary. Call 642-9032 in preregistration.
- Cribbage and 500, the Falconers, 11 a.m. Falcon Heights City Hall, 1080 University Ave., 612-788-4151.

6 Sunday
- Bible study at 7 p.m. St. Anthony Park Block Nurse Program Board meeting, 7 p.m. St. Anthony Park Library, 642-0411. Entry Thursday.

7 Monday
- AA, 8 p.m. St. Anthony Park United Methodist Church, 2129 Commonwealth Ave. Entry Monday.
- Buy Some, 7 p.m. St. Anthony Park UCC, 2129 Commonwealth Ave. Entry Monday.
- Seal Hi-Rise, 825 Seal St. Every Monday and Thursday. These classes are free to all area seniors, but participation is necessary. Call 642-9032 in preregistration.
- Cribbage and 500, the Falconers, 11 a.m. Falcon Heights City Hall, 1080 University Ave., 612-788-4151.
- Community Foundation have worked together to keep trees that are in need of replacing. Call 642-9052 in preregistration.

8 Tuesday
- Lauderdale City Council, 7:30 p.m. City Hall, 1819 Webster St., 631-0500.
- Park Press, Inc., Park Bugle Board meeting, 7 p.m. St. Anthony Park United Methodist Church Library, 642-9052. Entry Wednesday.
- Family chess, 1-3 p.m. St. Anthony Park Library, 642-0411. Entry Thursday.

9 Wednesday
- Parkinson’s disease support group, 10 a.m.-noon. South St. Anthony Rec Center, 9052 to preregister. Preregistration is necessary. Call 642-4541. Monday.
- Seal Hi-Rise, 825 Seal St. Every Monday.

10 Thursday
- Full Council Meeting, St. Anthony Park Community Center, 7 p.m. South St. Anthony Rec Center, 890 Cromwell, 649-5992.
- Celtics, Brooklyn (6-12-62/64), 10:30 a.m. 5 p.m. or at the Courtyard Sport St. Paul Senior Center. 10 a.m. to 7 p.m. St. Anthony Park Library, 642-0411. Entry Friday.
- Falords (gym, bowling, and darts), 9:30-11:30 a.m. St. Anthony Rec Center, 9052 to preregister. Preregistration is necessary. Call 642-4541. Monday.

11 Friday
- Celts, Brooklyn (6-12-62/64), 10:30 a.m. 5 p.m. or at the Courtyard Sport St. Paul Senior Center. 10 a.m. to 7 p.m. St. Anthony Park Library, 642-0411. Entry Friday.

12 Saturday
- Celebrate Earth Day in College Park, 10:30 a.m. St. Anthony Park Library, 642-0411. Every Friday.
- Preschool story time with puppet show, 10:30 a.m. St. Anthony Park Library, 642-0411. Entry Friday.
- Cribbage and 500, the Falconers, 11 a.m. Falcon Heights City Hall, 1080 University Ave., 612-788-4151.
- Rock-Tenn Advisory Panel, 7 p.m. Rock-Tenn Advisory Panel, 7 p.m. Central Corridor Resource Center, 1080 University Ave., 612-788-4151.
- Cribbage and 500, the Falconers, 11 a.m. Falcon Heights City Hall, 1080 University Ave., 612-788-4151.

13 Sunday
- Seal Hi-Rise, 825 Seal St. Every Monday.

14 Monday
- Park Press, Inc., Park Bugle Board meeting, 7 p.m. St. Anthony Park Library, 642-5769.
- Buy Some, 7 p.m. Central Corridor Resource Center, 1080 University Ave., 612-788-4151.
- Cribbage and 500, the Falconers, 11 a.m. Falcon Heights City Hall, 1080 University Ave., 612-788-4151.
- Seal Hi-Rise, 825 Seal St. Every Monday.

15 Tuesday
- Park Press, Inc., Park Bugle Board meeting, 7 p.m. St. Anthony Park Library, 642-5769.
- Cribbage and 500, the Falconers, 11 a.m. Falcon Heights City Hall, 1080 University Ave., 612-788-4151.
- Seal Hi-Rise, 825 Seal St. Every Monday.

16 Wednesday
- Falords (gym, bowling, and darts), 9:30-11:30 a.m. St. Anthony Rec Center, 9052 to preregister. Preregistration is necessary. Call 642-4541. Monday.
- Seal Hi-Rise, 825 Seal St. Every Monday.
LIVES LIVED

Bill Carlson


Bill had a connection with the Bugle area that many might not have known. He grew up across from the State Fairgrounds on Snelling Avenue and attended Murray High School. He is survived by his wife of 38 years, Nancy Nelson; daughter, Susan “Susie” (Jason) Michaelson; two granddaughters; and many family and friends. A memorial service was held March 6, 2008, at the State Theater in Minneapolis.

Edward Dvorak

Edward M. Dvorak, age 83, of St. Anthony Park, died peacefully on February 24, 2008. He was an honored WW II veteran.

He was preceded in death by his wife, Marjorie. He is survived by daughters, Debbie (Jim) Dexter, Donna Koran and Diane (Bill) Melgaard; five grandchildren; three great grandchildren; sister Patricia (William) Whittles; and special friends June Melgaard and Jen Domeier.

His funeral was February 28, 2008, at Kessler and Maguire Funeral Home, with interment at Fort Snelling National Cemetery.

Jeanne Meigs

Jeanne A. Meigs, age 71, the first female moderator of Falcon Heights United Church of Christ, died February 8, 2008.

Jeanne loved her garden and flowers, enjoyed reading, was an active bridge player, and looked forward to the women’s fellowship of her church. Together, Jeanne and her husband traveled to 35 countries for service projects or pleasure. She was active in the Macalaster Alumni Association, volunteered with polio immunization in India and Africa, was a Boy Scout volunteer gift buyer for United Hospital Gift Shop, and was past state and chapter president of PEO Sorority.

She is survived by her husband, Jerry; sons, Scott (Tara) and Bob, both of Wyoming; four grandchildren; her mother, Bernice Putz of Mapleton, Minn.; sister, Mary (John) Laverty of Rapid City, S.D.; and special friends June Melgaard and Jen Domeier.

Her funeral was February 14, 2008, at Falcon Heights United Church of Christ.

Dorothy Burnham Moore

Dorothy Burnham Moore, age 94, of St. Anthony Park, formerly of Grand Rapids, Minn., died March 5, 2008, and is remembered with love by family and friends.

She was preceded in death by her husband, Francis, and son, Richard. She is survived by her daughters, Beverly Jean (Jack) Stewart, Linda (Bob) Cramm and Maureen (Gene Friedlander) Moore; four grandchildren; and six great-grandchildren.

A celebration of her life will be announced at a later date. Contact Washburn-McReavy Southeast Chapel in Minneapolis for details.

Myrtle Nymon

Myrtle A. Nymon, age 98, formerly of St. Anthony Park, died March 3, 2008. Myrtle was a member of St. Anthony Park Lutheran Church, the Joseph Irwin VFW Post # 458 Auxiliary, St. Anthony Park OES Chapter #212, and Nobel Lodge Sons of Norway.

She was preceded in death by her husband, Harold, former state commander of the VFW. She is survived by her only son, Marcus.

Her funeral was March 7, 2008, at Hokemb-Henry-Roozem Funeral Home, with interment at Roselawn Cemetery.

Fred O’Neil

Fred C. O’Neil, Jr. born August 9, 1937, died March 6, 2008.

Fred was co-owner of O’Neil Amusements in Como Park, with involvement at the Minnesota and Oklahoma State Fairs. He was a graduate of Mechanic Arts High School and was a member of many groups, including Osman Shriners Temple, Tusler-Summit Masonic Lodge #263, Royal Order of Jesters, and Showman’s League of America.

Fred is survived by his children, Fred III (Cerise), Kelley (Marsha) and Jeannie O’Neil (Tom Paddock); five grandchildren; Carole O’Neil and his sister, Leah.

His funeral was March 12, 2008, at Mulfah-Butler Funeral Home in Roseville, with interment at Oakwood Cemetery.

Myrtle Nymon
Lives Lived from 18

Shirley Trapp

Shirley Jean Trapp, formerly a resident of Linona Home in St. Anthony Park, died February 28, 2008. She was preceded in death by her sister; Corrine (Allen) McCall, brother-in-law, Philip (Pete) Seany; nieces and nephews; and many loving friends. Her funeral was held at Bethlehem Lutheran Church in St. Paul on March 6, 2008, with internment at Rosevalley Cemetery.

Warron West

Warron A. West, age 87, formerly of Falcon Heights, died January 13, 2008, in Aurora, Ill., after an extended illness. He was born on September 24, 1920, and was a long-time St. Paul area resident. Warron was an active member at Falcon Heights United Church of Christ and was involved with the Ramsey County Family Shelter. He is survived by his wife of 61 years, Mildred; two daughters, Linda (John) Gaines of Arizona County Family Shelter.

United Church of Christ and member at Falcon Heights St. Paul on March 4, 2008, with Bethel Lutheran Church in many loving friends.

Shirley Jean Tapp, formerly a member at Falcon Heights United Church of Christ, died March 8, 2008, at Falcon Heights, Illinois and their families; and by Barbara (Paul) Clennon of Arizona and was a long-time St. Paul area resident.

BLISS YOGA STUDIO

From Intro Classes Saturday, 11 am April 5, 12 & 19

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For schedule and rates, visit our website: