Seal Hi-Rise enriches St. Anthony Park

Building houses diverse mix of residents by Natalie Zett

At 14 stories, the Seal Hi-Rise is the tallest building in St. Anthony Park. Built in 1976, Seal, located on Raymond Avenue a block north of University Avenue, is one of 16 hi-rise apartment buildings

owned and managed by the St. Paul Public Housing Agency A visitor learns quickly that there is no such thing as a "typical" Seal resident. Take Linda Mainquist, who came to Seal eight years ago but only recently has finished decorating

her apartment how she wants it.
"The rest of the building is
pretty 1970s," she said, "but I vanted to have a Swedish cottage look. It's taken a few years but I finally have it."

The building and

apartments feature elevators, laundry, individually controlled thermostats, refrigerators, stoves cable access TV, mailboxes and controlled entry with a security camera system. In addition, a building manager and resident caretaker live on the premises.

Mainquist, who grew up in Buffalo, Minnesota, has two

master's degrees, but was hit with a series of physical and emotional blows that make holding down a full-time job impossible.

"There's a common nisunderstanding that people should just be able to pull themselves up by their bootstraps," she said. "Not everyone can do that, and I wish people would understand."

Mainquist, who's very happy as Seal credit; the resident

at Seal, credits the resident

at Seal, credits the resident council for much of its harmony. "They're interested in solving problems and they take care of things," she said. "You ask them to do something and it's done. When our old flag was getting shredded, they replaced it. Also, thanks to them we have really good vending machines, and now the community room and laundry room are open late

at night." Beth Forest, a humar services coordinator with the St. Paul Public Housing Agency, said one challenge facing public housing administrators is

Seal Hi-Rise to 8



Linda Mainquist has lived at the Seal Hi-Rise in south St. Anthony Park for eight years. Her cat, Ruby, has been with her for five years

They know if you've been bad or good

Security cameras are showing up in schools, businesses, public streets by Anne Holzman

How many of our daily steps around the neighborhood get recorded by cameras?

No one quite knows, but the number is steadily growing. As the city of St. Paul installs

new security cameras this winter along University Avenue, paid fo by a federal transit grant, St. Paul schools are preparing to add cameras this spring at Como High School and Murray Junior

Homeowners and businesses also increasingly rely on cameras Speedy Market, at Como and Doswell, has had a video security system in place for 11 years, according to co-

owner Tom Speigl.

He said that while keeping employees and customers safe from violent crime is the main purpose of the cameras, they have proved useful in other ways as well.

"I'm in the office and I see, oh, they're busy out there," Speigl said. "I can go give them some help."

Ned Wesenberg, owner of the BP station at Como and Raymond, said he beefed up security there after "a really violent robbery in October." His 16 cameras now cover the whole intersection and could record a traffic accident as well as alerting him to suspicious persons approaching the store.

He said it's sometimes important to look back through several days' worth of videos to pick up on patterns of behavior, such as someone hanging around at the edge of the property

looking for opportunities.

Wesenberg's cameras are backed up by prominent signs warning that the area is under video surveillance.

"Hopefully, it can cut down

on violence," he said. "I'd encourage it all around the neighborhood."

"It's a fundamental change in the way we're going to do police work in St. Paul."

— Cmdr. Doug Holtz St. Paul Police Department

The 1,100 cameras operated statewide by the University of Minnesota include surveillance of St. Paul campus building entrances and also high-risk areas inside buildings, according to Bob Janoski, the university's director of security

director of security.

Janoski noted that the
university's security policy
requires blocking out any part of
a camera's view that strays outside
campus property, and also
protects the privacy of persons
inside buildings.

"I might care about who is
lurking around the outside of a

residence hall," Janoski said, "but what's going on inside those windows should not be on video."

The university's cameras are watched around the clock by live viewers at a central security office, and the images are st for 30 days. Images are released only for a formal investigation, Janoski said — for law enforcement or for an audit.

"A community member (faculty, staff or student) can't just request to see video of someone else," he said. Speedy Market and BP's

owners said they also store their video records as well as monitoring them live. Some St. Paul schools have

security cameras. Director of Security and Emergency Management William Waterkamp said the district's policy distinguishes between common areas such as hallways and lunchrooms, where cameras are thought to improve safety, and classrooms, where there's "a little more expectation of privacy than you'd have in a common

. He said none of the cameras are hidden, and they do not record sound. "I think that's been an issue in some towns," he added.

St. Paul police anticipate a

Emily Program takes over Como Avenue bank building

Organization helps people overcome eating disorders by Judy Woodward

February is nearly here, and by now your New Year's resolutions have begun to lose their first bloom. Those diligent promises to yourself about working out more, eating less and giving up junk food altogether — have they begun to seem just a little ..

It's just too cold and dark to jog on winter mornings, right? And, besides, can't a healthy life include an occasional stop for fast food without alerting the

diet police? When it comes to diet and exercise, backsliding is normal, and carrying a few extra pounds at this time of year is standard. But it's not universal. Some people are psychologically unable to stop dieting, even as their already slender frames become dangerously emaciated. Other

dangerously overweight people

are never able to begin.

Then there are the normalsized but neurotic, like the perfectly ordinary-sized woman who eyes her wardrobe fearfully while dressing for work, wondering if she can still fit into

her pencil skirt after having dessert the night before. Scientists tell us that over half of American adults are overweight, and it sometimes seems as if all of us are obsessed with food and body images.

Eating should be so simple and pleasurable. Instead it's become a minefield of negative attitudes and self-destructive

For some unfortunates, it becomes an agonizing, never-

Emily Program to 6







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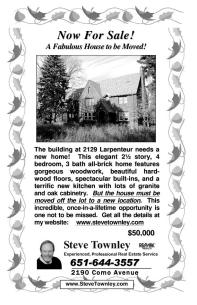
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FILES C I T Y

Como

Three District 10 residents were honored on January 11 at the St. Paul Volunteer Awards Night as outstanding volunteers of 2007: Sehoya Cotner, Josh Leonard and Chet Mirocha.

In a special election during the January 15 District 10 Community Council board meeting, four board vacancies were filled. Three new members were elected: Kim Klose, secretary; Susan Phillips, at-large member: and Tony Hainault, atlarge member. Outgoing secreta Marcy Micek was elected to fill the vacant treasurer position. At the end of the meeting, at-large board member Nancy Sabin resigned after serving for eight vears, creating a new vacancy

Falcon Heights

The Falcon Heights Human Rights Commission currently has a vacancy. The commission works to promote the preservation of human rights for all Falcon Heights residents. Meetings are the first Monday of each month at 6 pm. For applications, go to www.falconheights.org or call 792-7600.

Lauderdale

The public comment period is open for Lauderdale's Comprehensive Plan. All residents are encouraged to review the document, available at www.ci.lauderdale.mn.us. Anv omments may be directed to City Hall.

The St. Anthony Police Department will host its third Citizen Police Academy on Wednesday evenings from 6 to 9 p.m., starting March 26 and ending May 14. This program is designed to educate community members about the inner workings of a police department, including patrol procedures,

Resiting your house like & hong

property and personal crimes, criminal procedures, use of force, defensive tactics, firearms and the Police Reserve Unit.

The Citizen Police Academy is free of charge. Participants must be at least 21 years old and either work or reside in St. Anthony, Falcon Heights or Lauderdale. Applicants must also submit to a background investigation and sign a waiver. For more information or to

request an application, contact officer Tressa Sunde: 612-782-3371 tressa sunde@ci saint-

St. Anthony Park

The Northwest St. Paul Senior Chore program will be providing spring yard cleanup services April 17 through May 5. Call 649-5984 to sign up or to obtain additional information about the program.

Hamline Midway residents are planning a bulk purchase of residential solar hot water systems and are looking for more neighbors to join them. A typical solar hot water system will meet about 75 percent of the hot water demand of an average family. Financing is available, and systems may qualify for a federal tax credit. For more information, call Jamie Borell: 612-801-5999.

Three St. Anthony Park neighbors were included in St. Paul's 2007 Neighborhood Honor Roll on January 11: Gregg Richardson, for his many years of service on the St. Anthony Park Community Council and the Environme Committee; Jon Schumacher, for his leadership as executive director of the St. Anthony Park Community Foundation; and Ned Wesenberg and his Park Service Station staff, for their extraordinary cleanup efforts following the devastating torm last August.

Int. /Ext. Painting

Wallpapering / Stripping

Wood Stripping / Refinishing

Plaster / Sheetrock Repair

The St. Anthony Park Community Council seeks interested individuals to run for the board of directors. Elections will be held in April; terms begin in May. Board members have general responsibility for overnance of the organization, neluding planning, finance and governance of the organization, including planning, finance and policy decisions. Applications are available at www.sapcc.org or by calling 649-5992. The application deadline is March 17.

The St. Anthony Park Community Council will consider a bylaws amendment regarding elections procedures at its February 14 board meeting. Check www.sapcc.org to see the proposed changes.

Three listening sessions sponsored by the Metropolitan Council, concerning the proposed Central Corridor lightrail line, will be held in February February 6, noon–2 p.m., Weisman Museum, 333 East River Road, Minneapolis; February 7, 5:30–7:30 p.m., Metro Transit offices, 560 6th Ave. N., Minneapolis; February 11, 5:30–7:30 p.m., Metropolitan Council chambers 390 N. Robert St., St. Paul.

On January 10 the St. Anthony Park Community Council voted to request that four more stations be added to the Central Corridor light-rail project. They supported the District Council Collaborative and other neighborhood groups in calling for the addition of stations at Hamline, Victoria, Western and Cleveland.

St. Paul

Sen. Ellen Anderson, Rep. Alice Hausman, and Rep. John Lesch will hold a town meeting on Saturday, February 23, from 10 a.m. to noon, at the Lakeside Pavilion in Como Park.

The legislators want to hear the views of local residents on education, jobs and economic development, health care, housing, energy and the environment, transportation, taxes and other issues.

Precinct caucuses will be held at 7 p.m. on Tuesday, February 5. To find caucus locations, visit http://caucusfinder.sos.state.mn.us

— Anne Holzman



In search of a smaller kitchen

Muffuletta's new chef says he's more than happy to downsize by Kristal Leebrick

After more than two years of working as sous chef in the fast-paced kirchen of Figlio in uprown Minneapolis, Jason Schellin says he's looking forward to cooking in the smaller, 'made to order' environment at Muffuletra, 2260 Como Ave.

Schellin crossed the river in lawart to proper deal.

Schellin crossed the river in January to replace chef J.D. Fratzke, who left to start a new restaurant on St. Paul's East Side. When Fratzke's name comes up. Schellin simply says, "big shoes." He's confident, however, that he can fill them.

"I'm young, ambitious and full of energy," he says. "With that in mind, what could come out of the kitchen is endless."

Like Fratzke, Muffuletta's new chef plans to focus on fresh, locally grown vegetables and

meats.

"That's exactly where I'm
at," he says. "The core menu will
stay as when J.D. was here."

There are some items on the menu of this 30-year-old restaurant that do not change. The beer cheese soup, for example, won't go, Schellin says, and the restaurant will continue with its globe-trotting monthly themes.

"The overall concept of Muffuletta is not going to change at all," Schellin says, "although the influences may."

For Schellin, those influences

For Schellin, those influences are French. "I am into French because they are very talented and ingenious in the way they cook," he says. "The French, they go everywhere. They take what some think are unusable meats and create something wonderful.

"I personally like foods besided with a support of the personal to the support of the s

"I personally like foods braised, almost crock-potish," he says. "I like slow French foods, long-roasted meats, fork tender. I am very into potatoes made any way. I'm a meat and potatoes kind of guy." Schellin says he likes to make food that's prepared "simply and correctly," and he thinks the clientele at Muffuletta wants to see that kind of cooking reflected on the menu.

Though Schellin professes to be enamored with French culinary arts, he says you won't see what he describes as "froo-froo weird foie-gras-stuffed-oysterstype food." on his menu.

see what he describes as "froo-froe wird foie-gras-stuffed-oysters-type food," on his menu. Schellin joined Parasole — which owns Muffulerta as well as Manny's Steakhouse, Chino Latino and Salur — in October 2005. That was after spending three years at Bobino Café and Wine Bar in northeast Minneapolis, where he was the executive chef for two of those years.

years.

Before Bobino he attended the culinary school at Art

Muffuletta to 10







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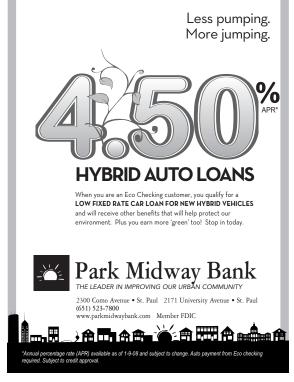
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The Park Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these com-munities. The Bugle strives to promote freedom of expression. enhance the quality of life in the participation. Opinions expressed in the

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Currently serving on the board are Tom Bielenberg, Polly Cartford, Tom Countryman, Audrey Estebo, Rose Ann Foreman, Dave Greenlund. Dave Griffin, Lynn Jenkins, Karen Lilley, Connie Powell, Thue Rasmussen, Eva Rogness Milton Sherburne, Nicole Sveen and Cindy Vik Thrasher.

EDITORIAL

The way the camera follows us in slo-mo, the way we look to us all. — Paul Simon, "The Boy in the Bubble"

Don't look now but you're being followed.

Stepping into the post office for some stamps, pumping gas at the corner station, popping into the convenience store, walking down the hallway at school, waiting to catch a bus — in these and a hundred other actions, you're on camera.

The surveillance camera has become as much a part of urban life

as wi-fi and gridlock. For some cities, you can go online and find maps that locate every camera. Those maps require almost constant updating. Surveillance cameras first began showing up years ago in private businesses — banks, stores, gas stations. More recently, the public bescrot has gotten into the game. St. Paul is installing them along University Avenue, one of many instances in which we've followed the lead of our twin city to the west.

In the early days of surveillance, cameras were likely to be hidden, In the early days of surveillance, cameras were likely to be hidden, so you often werent aware you were being filmed. Later it was determined that the crime-prevention function of cameras could be enhanced by making them visible, the theory being that ne'er-do-wells would think twice if they knew their actions were being monitored.

The thing about a camera, though, is that it doesn't distinguish between criminals and noncriminals. It records everything and everyone it sees. In "1984," George Orwell described the effects of being subject to Big Brother's "telescreen:"

There was of course no way of knowing whether you were being watched at any given moment. How often, or on what system, the Thought Police plugged in on any individual was guesswork. It was

Thought Police plugged in on any individual was guesswork. It was even conceivable that they watched everybody all of the time. But at any rate, they could plug in your wire whenever they wanted to. You had to live — did live from habit that became instinct — in the assumption that every sound you made was overheard, and, except in

darkness, every movement scrutinized."

Orwell is not the only one to find the prospect of constant Orwell is not the only one to find the prospect of constant monitoring a chilling one. In 1996, New York City witnessed the birth of the Surveillance Camera Players, a group of acrors who follow maps locating all the cameras in a given block, stopping to perform a skit in front of each one. Lest anyone think their efforts are lighthearted, the group describes itself as "completely distrustful of all government," a phrase they took from NYC Police Commissioner Howard Safir: "Only someone completely distrustful of all government would be conceed to when we are desire with numerilence converte."

opposed to what we are doing with surveillance cameras."

Protests about the ubiquity of surveillance cameras in modern life are rare. Whereas a few have argued that cameras violate a right to privacy, others reply that cameras do not infringe on privacy as long as their use is confined to places where people can readily be seen by others. And the question of the extent to which the U.S. Constitution enshrines a right to privacy has been much contested by jurists and constitutional scholars.

But for many Americans, legal definitions of privacy are moot. There is considerable evidence that we no longer care whether others

There is considerable evidence that we no longer care whether cloners see us; indeed, increasingly we go out of our way to be seen.

Teenagers used to keep diaries, which were carefully hidden from prying eyes. Now they join social networking sites like MySpace or Facebook, and they post blogs on the Web in which mustings that once might have been written in a diary are broadcast to anyone with an Internet connection

When was the last time you heard someone described as "camera shy"? Watch the camera pan the crowd at a baseball game. Do you see people hiding their faces?

The only question many people are likely to ask about their appearance on a surveillance camera is, "Does my hair look OK?"

LETTERS

Thanks to Bibelot

I would like to express gratitude to the owners of the Bibelot Shoppe. They provided a significant donation to the Como Park High School Close Up program, which brings students to Washington D.C. for a week of civics education. Fifteen Como students will

be immersed in their nation's government and history through study visits, seminars and simulations with other students from across the country.

The Bibelot's financial support will assist some of our students in getting to Washington for this once-in-a lifetime opportunity. Thank you

to the Bibelot for being such a positive force in our community and supporting our local students' experience in our nation's capital.

Eric Erickson Social studies teacher Como Park High School

Join the Progressive Dinner

On the Frogressive United St. Anthony Park Progressive Dinner on Saturday, March 8. The dinner will begin with appetizers at St. Anthony Park United Methodist Church at

Thanks, readers, for contributing to the Bugle fund drive

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BUSINESSES Bargain Upholstery Larson Decorating Micawber's Books Park Midway Bank Sandy's Barber Shop Tim and Tom's Speedy Market

Neighborhood perks up with Park Perks

Almost everyone uses a bank, but few people think of their bank as a place to grab a cup of coffee.

Park Midway Bank's coffee bar
makes them different from most other banks. But Park Perks is not only a place to get a shot of America's favorite beverage; it's also a reflection of the bank's commitment to community

service. Each month, the bank donates all the profits from Park Perks to a local nonprofit organization. That amounts to over \$1,000 a month.

According to President Rick Beeson, the bank is especially interested in benefiting small nonprofits.

"We're targeting organiza-tions where this addition to their income will really make a difference," he said. "These are places that don't have a professional fundraising effort."

Vice President Terri zewski said that so far. profits from Park Perks have mainly gone to organizations that work with kids — a Boy Scout troop, day care providers and so forth. February's donee will be St. Anthony Park Elementary's DestinationImagination teams.

Beeson said that in addition to giving money that can be used to shore up whatever an organization's current needs are. organizations current needs are, the bank is also interested in targeting specific projects that might otherwise go unfunded. Vice president Connie Powell said the bank pays all the expenses for Park Perks, which

besides coffee and espresso also offers several kinds of cookies.

baked fresh on site.

"Every dollar we take in goes to the designated organization of the month," she said.

Park Perks is the centerpiece

of Park Midway Bank's new building, which opened in September at 2300 Como Ave. on land formerly occupied by the bank's drive-up facility. The 15,000-square-foot building is the first bank in Minnesota to be LEED certified. LEED

(Leadership in Energy and Environmental Design) is a national standard for developing environmentally sustainable

buildings.
What was originally called
Park Bank was established in
1916 and has occupied four different locations on Como Avenue. The new building's design reflects input from an advisory committee the bank created to help it be responsive to community input.

"Banking, like many things,

has become increasingly electronic," said Beeson, "But for those customers of ours who still physically come to the bank, we wanted to create an inviting atmosphere, and Park Perks helps do that. It's more than just an amenity, though. We see it as a way to help strengthen the neighborhood. It's great to put a smile on the face of community people who are doing good work."

Letters from 4

5:30 p.m. We hope you join us for a wonderful evening. It's a great way to see old friends and meet new neighbors. Please sign up by March 1. To participate, or for more

information, contact Karen Kistler (645-7706) or Fariba Sanikhatam (Fariba.Sanikhatam@ comcast.net).

Karen Kistler, Falcon Heights Fariba Sanikhatam, St. Anthony Park

Support the elderly

I count among my blessings a large family that has remained close throughout the years. During the recent holidays, however, I thought of those who do not share that blessing — in

ticular, the elderly.

Being isolated and alone can

be extremely hard for the elderly in our community. Many experience loss, grief, depression and other changes as they age. Within the next three years,

the large baby boom generation begins turning 65, and the percentage of those 65 and older who are living alone will increase rapidly. By 2030 it is expected that the number of people over the age of 85 will triple.

If you know an older person who is isolated and alone neighbor, co-worker, member of your spiritual community, etc. — think about how you might help alleviate that person's loneliness. If you are unable to do that, consider referring him or her to one of the organizations that can

needing companionship, transportation or mental health

services, please contact one of the organizations designed to help

If you are blessed with a large social circle, give thanks and consider sharing your time with elders in our community.

Executive director
Little Brothers-Friends of the Elderly









St. Anthony Park Neighbors for Peace

Monday, February 11, 7 p.m.

Kathy Magnuson's home 2040 Como Avenue #306 (Linnea Gardens) (651) 645-2475

Join Your Neighbors

Attend your caucus. Newcomers Welcome!

Tuesday, **February 5**, 7 pm. Come early! **Check your location** some have changed. Take the Peace First! Resolution

Discuss the book

The End of Poverty by Jeffrey Sachs

Tuesday, February 12, 7 pm.

at Micawbers (Carter and Como)

We will serve hot cider and popcorn.

Come on over, even if you haven t read the book.

FOR DETAILS ON BOTH, VISIT OUR FABULOUS WEBSITE AT:

www.ParkPeace.org



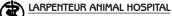


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Emily Program from 1

ending war between temptation and self-denial, where the battlefield is the human body itself and the only victor is despair or even, sometimes,

And that's where the rapidly growing Emily Program comes in. Founded in 1993 by psychologist Dirk Miller, the program is named for his sister, a woman who successfully recovered from an eating disorder 15 years ago. The Emily Program runs four metro-area clinics, each offering a full menu of treatment options for eating disorders that range from anorexia nervosa to binge eating.

In September, the Emily
Program purchased the building
at 2265 Como Ave. with plans to convert it to the organization's headquarters. They hope to complete the remodeling process later this month and relocate administrators and about 25 therapists and other clinical workers to the site. The formal opening is scheduled for March. Lindsay Brown, director of

business development, said the new location meshes well with the program's goal of offering treatment in a "warm, noninstitutional setting where clients will like to come for treatment and where they will feel safe

But first there's something she wants to make clear. "We are not a weight loss

program in any way," cautioned

Instead, the goal of the program is to restore to clients

"a healthy relationship with food and their bodies," said Dr. Jillian Croll, director for education, research and program development. They do that with a variety of treatment options, from nutritional counseling to yoga to psychiatric and

There are programs tailored to anorexic teenagers, but Croll pointed out that eating disorders are hardly confined to stereotypical overachieving, affluent, young white girls with control problems.

"We have those patients, of course," she said, "but there are also 45-year-old men, ethnic minorities and people on public

their skeletal appearance.
"With a lot of our clients, said Croll, "you don't just look at them and say to yourself, 'You have a problem.' They may look normal in weight, but maybe they're exercising three or four hours a day." Croll said that 1 in 10

women have some sort of eating disorder but that only about 10 percent of affected women ever receive treatment. When it comes to eating problems, women out number men 9 to 1.

Perhaps the gender imbalance is a reflection of society's obsession with the youthfully slender female form, but Croll said that the news for men is not good either. Eating disorders among men are rising, as is a willingness to accept a painfully thin ideal of beauty

"Fifteen years ago when I would do presentations at colleges about anorexia, the young men thought that the images I showed of extra-thin women were gross," she said.
"Now they don't. There is a really strong societal prejudice against women of normal weight, not just overweight."

Combating eating disorders

presents a variety of challenges. For starters, eating — like breathing — is one of those fundamental activities that keep us alive. Alcoholics at least have the possibility of total abstinence "But you can't just stop eating, said Croll, to cure an eating disorder.

Sometimes an eating disorder is exacerbated by personal qualities that are admirable even sought after — in other

"Perfectionism is a good trait in a tax accountant," said Croll, "but not so good in your relationship to food and exercise." Then there's a problem that

adolescent anorexics in particular must face. Thanks to our society's sometimes warped notions of feminine beauty, said Croll, "the girls feel that they are coping well. They fulfill society's ideals, they're thin, they're wearing size 00. They don't want to be

In psychological terms, she In psychological terms, she said, anorexia is an "egosyntonic" disorder, meaning that "it's internalized and synonymous with a person's belief system. It's part of who they are." And that an make anorexia especially difficult to treat.

Fortunately, even the most

unwilling patient can be helped. When asked by the therapist what her treatment goals are, a girl may respond, "I want to get my parents off my back.

That gives Croll the kind of opening she's looking for. "I ask, 'Well, how can you get to that result?"

Even the most resistant young patient knows that the answer to that one involves

eating.

Programs like Emily do not come cheap. Intensive outpatient programs that meet daily can run as high as \$1200 a week.
Fortunately, insurance often picks up much of the tab.

Eating disorders are tough problems but they're not intractable. Croll said that up to 75 percent of their clients recover. Which is not to say that all (or any) of them achieve the weightless elegance of fashionably "ideal" bodies. Instead, they gain something simpler but much

more important. "We define success as being able to eat according to the body's needs," said Croll. "It's joyful movement, positive coping skills and the ability to maintain healthy relationships with



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by Kristi Curry Rogers

Greetings, No Bones readers! I hope you are settled in for a nice warm, wintry read of this month's installment.

There have been so many new dinosaur discoveries plastered all over the headlines lately, and I've been excited to share a little

I've been excited to share a little "inside" information with you.

The first story is one long in coming — 110 million years of history and more than 50 years of discovery. Back in the 1950s, a team of French scientists searching for dinosaur bones in Niger came upon the bones of an unusual long-necked dinosaur. Fast forward to 1999, when

paleontologist Paul Sereno and his team unearthed the partial skeleton of a 30-foot-long plant-eating dinosaur that included a skull with more than 500 replaceable teeth. Sereno and his team named the new dinosaur Nigersaurus.

Even with only a few available bones, they could see that this sauropod was bizarre. The dino's strangest feature was its skull, which housed columns of teeth, all lined up tightly with the squared-off end of the front of the iaw.

CT-scanning allowed the team to gaze inside the skull, where eight rows of replacement teeth lay in wait just under the

bone of the jaw.

Brains have a lot to tell us about the posture and behavior of dinosaurs, but they are often difficult to access in the fossil record. Since soft parts are rarely preserved, we rely on studying the aces those soft parts once

In the case of Nigersaurus, CT scanning the skull allowed a new perspective on posture. It

turned out that the semicircular canals, the parts of the brain that influence balance, were visible in those CT scans. Their orientation indicated that Nigersaurus' muzzle was aimed directly at the ground, unlike the forward-pointing snouts of most other dinosaurs.

In other words, Nigersaurus was perfectly adapted for cropping food at ground level. Its long neck served to increase the scope of its low graze, not stretch to the tops

Another exciting new discovery is a duckbilled dinosaur nicknamed "Dakota." As you might guess, it was uncovered on a ranch in North Dakota. The finder was a young graduate student looking for bones on his family farm.

The thing I liked most about The thing I liked most about this story is that the discoverer, Tyler Lyson, got his start when he was just a kid, searching around the family acreage for dino bones. He's now a graduate student at Yale University writing a discontinuous of food justless. dissertation on fossil turtles

His family's ranch is a grea place to find dinosaurs, and like other well-preserved duckbilled dinosaurs from Montana, "Dakota" also vielded skin skeleton.

The trickier part of this story is that the research on the specimen hasn't yet been done or reviewed by the team's

paleontological peers.
This means the wild claims that Dakota is a "dinosaur mummy" and "the best preserved dinosaur ever found," or that it will "change our view of dinosaurs forever," remain to be tested in the paleontological litera

Usually, scientists first spend a lot of time studying their fossils and then publish on them before inviting TV crews to join them on their expeditions. The scientific community of paleontologists is now waiting for the publication so that we can all think about this well-preserved new dinosaur for ourselves.

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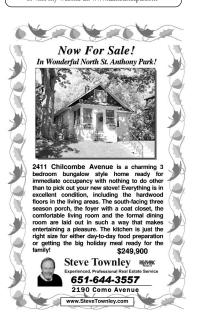
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Seal Hi-Rise from 1

changing demographics.

"Recent immigrants from Somalia, Eritrea and Ethiopia now make up a sizable number of residents, and there are 15 different languages spoken," she said. "Public housing provides an interpreter, but there are also individuals, such as one resident's mother, who teaches English as a second language. This helps because many of the immigrants include older women."

Besides immigrants, those dealing with mental illness or physical limitations, along with students, seniors and vets, all figure into the mix. The common denominator is low income.

The upper income limit for public housing residents is \$41,700. Residents pay 30 percent of their income for rent. Those with no income, such as students, pay \$50 a month.

Forest said the diversity of Seal residents makes it challenge to connect the different populations with each other. She also noted that many residents would like to feel a stronger connection to the surrounding neighborhood.

Along with changing demographics, social services cutbacks in recent years have also affected Seal.

"The challenge is helping folks financially," said Forest. "It's

tighter now than it has been in years. Services such as mental health have been considerably scaled back, and they've cut dental from MNCare. When one of our residents couldn't afford dental care, she ended up in the emergency room with a tooth problem. That wouldn't have happened if she'd been able to go to a dentist initially."

Forest praised community services, such as the Block Nurse Program and Meals on Wheels, that help residents live independently. Pat Bushnell, who has lived

Pat Bushnell, who has lived at Seal for 12 years, said, "Everyone here is like a big family. There are lots of students who are trying to make themselves better, and there is such a variety of people here that you wouldn't believe it."

As building orientator, Bushnell meets everyone at Seal. She welcomes new residents and answers their questions.

"There's so much going on here," she said. "A lot of people showed up for our Thanksgiving dinner in the community room. We had a holiday potluck in December when people brought desserts."

desserts."

In addition to her work at
Seal, Bushnell is also attending

classes.

"Fifty-five years old and I'm going to school," she said. "The

school (East Metro Opportunities Industrialization Center) is really great, and I'm going to learn to be an administrative assistant so I can get a part-time job."

Falcon Heights resident Nina Semmelroth worked with Minneapolis Public Housing for 10 years before coming to St. Paul Public Housing six years ago.

Public Housing six years ago.

"The great residents are the best thing about Seal," she said.
"It's a calm, peaceful existence here — in a very diverse building. We call it a vertical small town, and, like any small town, people have different issues based on the makeup and the personality of the building."

Semmelorth said at a

Semmelroth said at a corporate training session she once attended, the facilitator asked people what perks their jobs had.

had.

"They talked about their benefits or their bonus," she said. "My benefits are that I work with really amazing people who make me realize how fortunate I am. Each day I see people who struggle to get dressed and come downstairs, but they do, and they always greet me with a smile and say hello."

Semmelroth noted that in a building with many college-aged students, one might expect a lot of wild parties, but that's not the case at Seal.

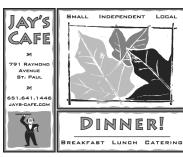
"These are serious students," she said, "and they're sitting in the community room on Friday and Saturday nights doing their homework." Semmelroth said that public

Semmelroth said that public housing sometimes receives

mousing soficiants received unwarranted negative publicity.

"Many people are unaware of what public housing is," she will all with a public housing is," and will all will be under the low- to mid-income bracket who qualify. They should know that we have plenty of great apartments and that these are safe buildings. There's a thorough screening process that takes weeks, but beyond that there's not usually a long wait for hi-rises."

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Yoga

Yoga Bliss Studio, 1563 Como Ave., will celebrate its one-year anniversary on February 14. The studio offers yoga classes, meditation workshops and Embodyment® therapy. For more information, visit www.blissyogastudiomn.com.

MOMS Club

The St. Anthony Park/Como West chapter of MOMS club will host a Valentine's Party Open House at Como Park Lutheran Church on February 8 from 9:30

to 11:30 a.m. MOMS Club is an international nonprofit organiza-tion that offers daytime activities and support for mothers who are home during the day with their children. For more information, contact Julie Fortier: 645-7557.

Raptor Center

Raptor Tails Story Time continues with two sessions: February 12: Can you hear what

I hear?

I hear? February 26: Raptor feet The program is geared for ages 3–5 with an adult. Participants will listen to a story, meet a live raptor and make something to take home. Cost is \$5 per child; adults are free. Registration is necessary: 612-624-9453 or raptor@umn.edu.
Sessions are 10–10:45 a.m. The Raptor Center is located at 1920 Fitch Ave. on the U of M's St. Paul campus.

Benefit Concert

Pianist Reed Tetzloff and violinist Emily Anderson will perform at 4 p.m. on Saturday, February 16, at St. Anthony Park Lutheran Church, 2323 Como

. The concert is a benefit for the Anaphylaxis & Food Allergy Association (AFAA) of Minnesota. Both performers have food allergies. The concert will be preceded by a silent auction at

3 p.m. AFAA is looking for volunteers, both short- and long-term. People are needed to help set up and take down chairs for the February 16 concert. Volunteers are also needed for office work: data entry, phoning,

typing, and other tasks.

For more information about volunteer activities, contact Nona Narvaez: asaa@att.net, 644-5937. For more information about AFAA, visit www.minnesotafoodallergy.org.

Model Railroads

The Twin Cities Model Railroad Museum will have two special events this month. On Sunday, February 10, from noon to 5 p.m., a special circus train will be featured. It was inspired by displays at the Circus World Museum in Baraboo, Wisconsin.

On Monday, February 18, from 11 a.m. to 3 p.m., the museum will feature the Twin Cities Zephyr.

The museum also includes a railroad art gallery and gift shop. It is located at 1021 Bandana Blvd. in Bandana Square. For more information, call 647-9628 or visit www.tcmrm.org.

Sustainable Agriculture

The U of M's School of Agriculture, together with the Minnesota Institute for Sustainable Agriculture and Northern Plains Sustainable Agricultural Society, will sponsor three discussion sessions. February 20: A Banquet of Consequences, a chapter from "The Party's Over," by Richard Heinberg. February 27: Sustainability and Community, a chapter from "Sustaining the Common Good," by John B. Cobb, Jr. March 5: The WTO, NAFTA, CAFTA and the FTAA, a chapter in "From the Farm to the Table: What All Americans

Need to Know about

Agriculture."

Discussions will be led by Gary Holthaus from Northern Plains Sustainable Agriculture Society. Sessions will be held at St. Anthony Park Library from 7 to 8:30 p.m.

Materials are free and may

be picked up at the library. To receive copies by mail, call Helene Murray: 612-625-8325.

Lyngblomsten

Lyngblomsten, a nonprofit social ministry organization located in the Como Park neighborhood, has received a \$40,000 grant to develop a national model for its "The Gathering" program, which provides respite for in-home family caregivers of persons experiencing memory loss

The grant was given by Thrivent Financial for Lutherans Foundation and Lutheran Services in America, through the

Aging in Community Initiative. For more information about Lyngblomsten, visit www.lyngblomsten.org.



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Susan Haigh, president of Twin Cities Habitat for Humanity, has been elected to the board of directors of Park

Midway Bank.
Previously, Haigh served for 10

years as a Ramsey County commissioner.





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The Saint Anthony Park **Community Foundation 2008 Grants Program**

Deadline:

Must be postmarked by Friday, March 14, 2008 to PO Box 8038, St. Paul, MN 55108

Grantmaking Priorities: Arts & Humanities, Community Economic Development,

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Eligible Organizations:

Not-for-profit organizations, neighborhood, and community-based groups serving the needs of the St. Anthony Park/District 12 area.

Grant Application Forms:

Available on-line at sapfoundation.org or at the St. Anthony Park Branch Library.

Grant size:

\$5,000 maximum



Questions: Contact Ion Schumacher at 651/641-1455 or on-line at jon@sapfoundation.org

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Muffuletta from 3

Institutes International Minnesota in Minneapolis and worked at Tiburon, a now-defunct restaurant in downtown

Minneapolis.
Growing up in Brainerd,
29-year-old Schellin got his start in the restaurant business as a dishwasher at Madden's on Gull

PLYMOUTH

Lake near his hometown. He worked his way up to sous chef over seven years.

Cooking at such a large

resort meant sometimes cooking 50 prime rib dinners at one time. "I learned at an early age the

i rearned at an early age the buffers and banquers and got all that out of the way," he says.

He's excited about working in a smaller kitchen. "Figlio is fast paced," he says. "That place will do a thousand covers on any

given night. I'm going back to where I wanted to be. I want to get back to creating food on a daily basis."

Schellin was a wrestler in high school, which meant he was constantly trying to maintain his weight and watch his food

weight and watch his food intake.

"Once I decided not to go to college as a wrestler, the idea of working as a chef carried me away," he says.

So now that he isn't obsessed with weighing in at the gym anymore, what's his favorite

meal?

"Some kind of braised beef "Some kind of braised beef short rib, a mashed potato — very creamy, buttery, rich potato — and a simple veal reduction. I would probably eat that every day if I could."

day if I could.

Will that find its way onto the Muffuletta menu?

"We'll be experimenting with short ribs," he promises.



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If dog lovers are anything like dogs, they're loyal. That may explain the faithful commitment of volunteer dog walkers at the Animal Humane Society in St. Paul.

On a recent winter day, "the morning crew," a group of five walkers, could be found leashing up dogs for their eagerly awaited first walk of the day. The crew includes Como Park resident Svlvia McAlpine, who's been walking dogs along Beulah Lane and around the block up Horton and Hamline for some 18 years.

"My kids told me to get out and do something — and not involving kids," she said, adding that dog walking has been a family affair for years. Her children are animal lovers and occasional volunteers at the Animal Humane Society

McAlpine is part of a group of volunteers who are not only loyal to the dogs and the mission of the Animal Humane Society but also to each other. "We are honestly and truly friends," she said. "We go to

Black Bear Crossings for coffee, meet for lunch, dinner or a concert.

concert."

The dog walkers arrive by 8:30 each morning at the white stucco and gray cement building on Beulah Lane. After signing in and loading up on plastic bags and leashes, they greet the barking dogs by name: Lester, Buck, Shadow and others — a deepe in all. dozen in all.

Heather Teuffel opens the door of Buck's kennel and calmly steps in beside the excited dog, quickly clipping a leash to the Siberian Husky's collar. Once outside, the barking and tugging stop and Buck falls into step with Teuffel as she, McAlpine and Gary Hovey circle the block with their charges.

"The exercise is great for me," she said. "On the days I don't walk dogs I run on the treadmill."

Teuffel said the dog walkers get attached to their charges and "rejoice when they're adopted."

She recounted a recent conversation with a dryer repairman. They got to chatting repairman. They got to chatting about pets and he told her he had met "the love of his life" at the Animal Humane Society. It turned out the dog he adopted was well known by Heather and other volunteers. She was thrilled to see a wallet photo of the pet and learn that the dog is still well-

Brad Glorvigen, a St. Thomas chemistry professor who volunteers up to four times a week, said he loves dogs but doesn't own one. "I figure I can do a little good for a lot of dogs rather than a lot of good for just

one dog," he said.

Pet adoption has long been the cornerstone of the St. Paul Humane Society's mission. Their



Photo by Lisa Steir

Volunteers help with

Volunteer opportunities are described at monthly

informational meetings. Prospective volunteers fill out

receive training.

applications and provide references. Those who are selected

Many volunteers serve with

remarkable devotion. John Melin,

a volunteer dog walker, died in 2002. McAlpine said that after he

everything from dog walking and cat cuddling to assisting in the office or at special events.

Sylvia McAlpine, a volunteer dog walker for the Animal Humane Society, leashes up Utah.

open admissions policy means they don't turn any animals away, and there's no limit to the length gth of stay. McAlpine remembered a

dog that had been on the adoption floor for over nine months, a rowdy mix of golden retriever and shepherd. People walking by the dog in the kennel were put off by her size and wildness. McAlpine agreed to provide foster care for the dog

provide foster care for the dog for a week.

"As soon as I got her home she settled down," said McAlpine. "She was the best dog ever — the gentle demeanor of a retriever and the smarts of a shepherd."

Her comments were part of

Her comments were part of a profile that accompanied the dog back to the adoption floor. "Within a week, people were fighting to adopt that dog," she

Formerly known as the Humane Society for Companion Animals, the organization, with sites in St. Paul and Woodbury, merged last year with two other Twin City animal welfare organizations: the Greater West Metro Humane Society and the Animal Humane Society. The entire organization is now called the Animal Humane Society.

The merger came about after the three organizations worked together to rescue animals after hurricanes Katrina and Rita. They realized that they could accomplish much more working together than separately. Susan Connolly oversees

about 500 volunteers at the St. Paul and Woodbury sites. She described them as "vital to helping us accomplish our

retired from his job, Melin visited the Animal Humane Society

every day at noon.

"He wouldn't go home until
he had walked every dog," she

Now a plaque honoring Melin graces the hallway near the dog kennels, and a bench dedicated to him sits at the crest of the hill overlooking McMurray Field, in front of the Humane

Society building.

Como Park will be the location of the West Walk of the

annual Walk for the Animals on May 3. (The East Walk takes place on the same day in Golden Valley.) The event is the nation's largest walk for animals. It raises more than \$1 million to help homeless and unwanted pets For information about

becoming a pledge-raiser, call 763-432-4842. For more information about volunteering at the Animal Humane Society, contact Susan Connolly (788-4614) or visit www.animalhumanesociety.org.

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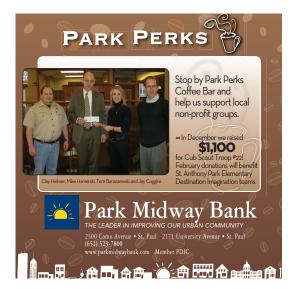
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by Clay Christensen

The adventure began while I was watching Sunday afternoon football

I heard a "whomp" on the window behind me. Buffy, our cocker spaniel, woke up and barked. It sounded like a large bird had glanced off the living room window. Could it have been one of the mourning doves
I'd seen at the bird bath earlier?
I saw the bird recover and

head off to the north, but because I thought something more might be going on, I opened the front door just enough to peek around it. Buffy ran out and scouted his ground-level territory.

I looked up and saw a sharp-

shinned hawk perched on my neighbor's porch railing.

The sharp-shinned hawk is

in the accipiter family. It eats other birds, which puts bird watchers in a love-hate quandary The sharpie is an aggressive hunter, about 14 inches tall, with a gun-metal gray head and back, breast covered in rusty stripes and tail barred in lighter gray. It has a small head with piercing

red eyes.

As I stood there with the storm door slightly aiar, the hawk flew up to the maple tree in the neighbor's front yard and sat

there watching me and the dog. Then I felt something brush past my leg into the house. Hmm. Bird? Mouse? Or what? I got Buffy back in the

house, then closed the door to the basement and all the doors down the hallway. I told my wife, Jean, I suspected a bird had gotten in,

but I hadn't seen anything.

"I'd expect we'd see it
fluttering around, trying to get out a window, wouldn't we?" she

asked. I agreed.

I searched the living room and kitchen, but nothing was

Feeling a bit mystified, I opened the doors to the other rooms and settled down to the

rooms and settled down to the football game again.

Within a few minutes, Buffy went "on point," to the extent that a cocker goes on point. He had his nose down, snorting, excited, and his stubby little tail was wagging like crazy. There was something between the lawses at something between the loveseat and the end table. Sure enough, a junco

skittered out across the room and

under the davenport.

The junco is about the size of a house sparrow. Some folks call them snowbirds because they seem to show up as the snows start in the winter.

The junco has a slate-gray body with a hooded appearance, and it looks like its tummy has been dipped in a shallow tray of white paint. It has white outer tail feathers that flash when it flies, perhaps to distract or confuse a pursuing predator. The junco must have

ducked into a shrub next to the front door, out of the hawk's way, but then popped out of hiding when I opened the door and, in a panic, flew right into the

house.

I collared Buffy and enlisted Jean to barricade the pup in the back room, then re-shut all the doors. Thankfully, both cats were asleep elsewhere.

I drew the blinds and window shades, darkening the room. Then I opened the front door and storm door to give the bird a clear and brightly lit avenue of escape.

I leaned over the davenport.

There was one frightened junco looking up at me with those dar eyes that rival a field mouse's in beauty. I tried hanging a dish with those dark towel over the couch and using the tip to persuade the junco to head toward the open door. Nope. It headed under the

couch, leaving behind just the tiniest dab of whitewash (forgivable nervousness on its part)

I had to move the davenport. The junco sat frozen in place. I tossed the dish towel over the little guy, gently wrapped it up and took it

Then I think I made a critical mistake that affected the junco's future: I released it right off the front porch.

It flew 20 feet to the Juneberry tree. The sharpie had been watching from the maple. It swooped down, zigging and zagging, applying its air brakes, and chased the junco up over the

roof of the house.

The sharp-shinned hawk has short, powerful wings, designed for chasing birds and other prey through forests. It's a formidable raptor.

I ran to the back bedroom window to see if I could catch any more of the pursuit. All I saw were a couple of crows heading farther west, probably off to harass the hawk.

Even though raptors have to eat, if there's a next time, I'll walk eat, if there's a next time, I'll walk the would-be prey until it's safely out of the hawk's line of sight before releasing it. After all, this little guy had already been freaked out by a predator, a barking dog and a monster that threw a cloth over it.

It's a reminder that even in a zero Minnesota winter, it's still a jungle out there.



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Hein-Fry Lecture
Living Together in the 2 lst Century:
Lutherans and World Christianities
Speaker: Dr. Donald A. Hagner
Professor of Missions and

March 14, 10:45 a.m. & 1:15 p.m.

www.luthersem.edu/lectures

LUTHER SEMINARY



by Antonie Young

Como Park Senior High

740 Rose Ave., 293-8800 http://comosr.spps.org

The College Board has named 63 Como students Advanced Placement Scholars: 39 were named Scholars, 11 Scholars with Honor and 13 Scholars with Distinction. These designations are from results of scores on Advanced Placement exams in a

variety of subject areas.

AP Scholars were Aida Abebe, Aaron Avenido, Michael Beach. Alexander Brown, Eric Buhr, Andrew Burnes, Jolani Daney, Kyle Davy, Elisabeth Edgerton, Kelsev Edin, Kirstvn Erickson, Emily Fate, Tomas Glowka, Erik Halvorson, Ashleigh Haves, Anders Hellem, Brian Heuer, David Hoang, Nathan Juergens, Nathaniel Kingswriter, Benjamin Knuth Samuel Krall, Mai Lee, Katherine Lister, Hannah Longley, Charles Moos, Rachel Nauen, Kenneth Nelson, Samuel Powers, Luke Rustad, Anna Sherman, Matthew Smith, Britta Swedenborg, Benjamin Tetlie, Nou Vang, Yang Y. Vang, Lauren Whatley, Samue

Woodman and Kia Yang.

The Scholars with Honor are
Grace Holdreith, Erik Jackson, Margaret Jackson, Zachary Johnston, Andrew Kingswriter, True Moua, Adrianne Ngam, Jill Pettit, Thomas Ryan, Larissa Sage and Thomas Smith.

The Scholars with Distinction are Andrew Brown Kele Cable, Michela Dimond, Renee Dorman, Caitlin Durkee, Jasmine Erickson, Lauren Haefemeyer, Amanda Muehlbauer, David Walsch, William Wolf, Hannah Worku and William Wright.

Como's Music Department will perform Gilbert and Sullivan's "The Mikado" on February 7 at 7 p.m., February 8 and 9 at 7:30 p.m. and February 10 at 2 p.m. Tickets are \$9 for adults, \$5 for students and seniors.

Friday is Food Shelf night Those bringing a nonperishab food item will get \$1 off their ticket price.

A dinner theatre package is available Saturday, February 8, beginning at 6 p.m., with a salad bar and pasta buffet. Reservations are required for the dinner; the package cost is \$23 for adults, \$18 for children under 12. For information or reservation ontact Carole Whitney: 293-8800, ext, 1209, or carole.whitney@spps.org

Students from Mr. Frickson's AP Government classes saw first-hand what they had studied when they boarded a bus after school on January 3 to head for the Iowa caucuses in Mason City.

Como students had a chance

to meet Minnesota Governor

Tim Pawlenty at the Republican caucus. At the Democratic caucus, students watched the process of caucus-goers standing with their "preference groups and then recruiting undecided or uncommitted participants.

In addition to gaining a

deeper understanding of the political system, dinner at the Pizza Ranch and the five-hour bus ride were also highlights.

Como has its own weekly TV show. Science teacher Robyn Asher received a \$2,500 grant to produce the show. The money was used to buy two camcorders a digital camera, an external hard drive and other items. Topics for the show are identified by the students. Crew members include Chris Clemens, Janelle Flinner, DeMarkus Ball, Dan Worku and David Tilsen

Como's Showcase will be Thursday, February 21, 6:30-8:30 p.m. Prospective students and their families will have an opportunity to learn more about the school.

February 11, Site Council meeting, 6 p.m. February 13, Hmong Parent Group, 6 p.m. February 15, Financial Aid Night for seniors and their parents, 5:30 p.m. February 18, Presidents' Day, no school. February 22, Winter Fest Dance, 7 p.m.

Murray Junior High

2200 Buford Ave., 293-8740 http://murray.spps.org

Murray's appual science fair was held in January. Ten students will have their science fair paper compete in the Twin Cities regional competition February 15 and 16 at the University of Minnesota. Those students are Anna Nicholson, Harry Broderick, Paige Norman, Helen Wieffering, Anastasia Macey, Katja Lange, Aaron Levin, Cyrie Holman, Liam Dizio and Sawyer

Forty-two Murray students in total will display their science fair projects at the Twin Cities regional science fair. The January 14. The first-, second-, and third-place winners and their categories are as follows: Animal Science: Cameron Causey, Madeleine Lerner, Michael McMahon Behavioral and Social Science: Evan Berger, Riley Miller, Keenan Cashen-Smart Biochemistry: Ka Vang, Nalee Cellular/Molecular Biology:

Dylan Schmidt Chemistry: Charles Nelson, Natasha Miller, Claire Holdreith

Computer and Mathematics: Nick Boddy, Zack Shimek, Ic Scheunemann
<u>Earth Science:</u> Brianna Vigliotti, Jacob Gabrielli, Aurora Ziebel Engineering: Daniel Gould, Aidan Kronmiller, Elena

Environmental Science: Cyr Holman, Amanda Alden, Harry Broderick

Medicine and Health: Hannah Brady, Katja Lange, Samuel Brady

Microbiology: Panra Yang, Eric Smith, Karl Zinkl <u>Physics:</u> Madeline O'Meara, Hannah Perry, Tom Stinar Plant Sciences: Dao Xiong, Kristina Abbas, Sey Lee, Ellan Taube (the last two tied for third)

Product Comparison: Ana Macey, Nathan Rue, Hannah Stadler

Transportation and Energy: Jacob Johnson, Danny Curtis, Kyle Kottke

Murray will participate in the Parent Information Fair from 9:30 a.m. to 2 p.m. on February 2 at RiverCenter in downtown

The Murray Showcase will be February 11, 6:30–8:15 p.m., at the school. Prospective seventh graders and their parents can talk with teachers about the curriculum. Tours of the school, which last about two hours, will start at 9 a.m. on February 12, 19, and 26. No appointment is

essary. February 28 is the deadline for applying to St. Paul junior and senior high schools.

The Murray Parent Association will host a **forum**, "Tips for Taking Tests," on February 4 at 7 p.m. Murray teachers Mike ska (math), Carrie Bittner (English), and Ron Beck (social (English), and Kon Beck (social studies) will present concrete ideas and strategies for helping students prepare for daily quizzes and chapter/unit tests in the core subject areas.

Murray's girls basketball team is 11–0 with three games left in the

St. Anthony Park Elementary

2180 Knapp St., 293-8735 www.stanthony.spps.org

Third-grade students performed the musical "Let's Pass It On" on January 18 for an audience that included local preschoolers, family members and the entire school community. The musical's message to pass on good deeds as put into action with a for rive for the local food shelf. with a food

In other musical news, fifthgrade students in Ms. Mao Lee's class, led by music specialist Brad Ollmann, have been participating in a partnership with a classroom from Edgerton Flementary School in Roseville Pen pal letters are being exchanged, and both classro are learning songs they will sing together later this spring. On February 13, student pen

pals will meet one another for the first time at Stepping Stone Theatre, where they will watch the play "Almost to Freedom" and eat lunch together.

A team of sixth-grade students recently tied for fifth place in the nation in the WordMasters Challenge — a national language arts competition entered by over 230,000 students annually. Competing in the Blue Division, the sixth graders were one of 424 teams participating. With a perfect score, Martha Torstenson on highest honors for individual achievement.
Others who achieved

outstanding results in the meet were third graders Esther Lageson, Nate Stover, Phillip Snoxell, Jacob Frisell and Slater Bernstein; fourth graders Lisa Torstenson and Ethan Levin; fifth graders Lilly Thomey, Ellen Purdy and Chloe Duvall; and sixth graders Chloe Sekhran, Brooke Rodgers, Irene Moskowitz, Dan Katzman, Henry Johnson, Peter Husnick and Evan Boening.

The artist in residence program at the school began in January with artists provided by Community Programs in the Arts (COMPAS). Students in grades 2 and 4 will study West African and hip-hop dance with Kenna Sarge. Grades 3 and 5 will learn about digital photography with Usry

National African American Parent Involvement Day and the 2008–2009 prospective family open house will take place February 11, 9:30–11:30 a.m. All classrooms will be open for visiting so that families can observe everyday activities. Parents will be on hand to answer

The opportunity to register students for the 2008–09 school year will come up in March. Look for SAP Elementary yard signs that remind families that kindergarten registration will take place on March 27.

Jennings Community Learning

2455 University Ave., 649-5403 www.jehs.org

The next student project presentation night will be February 14, 5–8 pm. Students will present their independent and group projects to fellow

students, staff and parents. School fundraising events will also be held at this time. The community is welcome to attend and support students in their quest for knowledge.

The school continues to have its board meetings at the school on the second Wednesday of every month. The next meeting will be February 13, 4:30–6 p.m. All parents are welcome to attend meetings, which provide an opportunity to volunteer for fundraising activities, raise an issue and be more involved.

Jennings students have started their Community Outreach Program. Each Friday morning, students volunteer with a variety of nonprofit organizations committed to positive change and growth. Organizations interested in participating in the program can contact Ali: Anundson: 649-5403.

Chelsea Heights Elementary

1557 Huron St., 293-8790 http://chelsea.spps.org

Chelsea will hold its Kindergarten Roundup April 22, 3:15–5 p.m. Tours will run from 3:15 to 3:45, followed by various presentations from 3:45 to 5. Registration materials will be available. For more information about Chelsea, call the school office: 293-8790.

This fall Chelsea Heights had 10 teams participate in a computer simulation stock market game. Each team started with \$100,000. Students learned how to do research on companies and use the information to make decisions about which stocks to

buy.
Chelsea students competed against 86 teams in the upper Midwest. Teams from Chelse Heights came in first, second. third and fourth, scoring higher than many high school teams

The winning team came from Mr. Booth's sixth-grade class, with members Ryan Atz, Golden Mier, Crystal Bennett, Jonah Leurquin and Alexandra Tead.

Second-place winners were Jacob Longendyke and Lucas Clark from Mrs. Thames' class.

Third-place winners were Nang Vang, Phillip Siebels-Lindquist, Kyndra Plowman, Douglas McCune-Zierath and na Marshall

Fourth place went to Michael Teel, Brielle Sowards, Zachary Klinkenborg and Mariyam Mussa in Mr. Matuzak's room.



2007 - 2008

BRENTANO STRING QUARTET

with Michael Kannen, cello

Sunday, February 24, 2008 - 4:00 P.M.



Mark Steinberg & Serena Canin, violins; Misha Amory, viola; Nina Lee, cello

Technically brilliant and musically asture, the Brentano Quartet performs madrigals by Gesualdo, and the Midwest premiere of a work by Gabriela Lena Frank. Michael Kannen, a founding echnically brilliant and musically astute, the member of the quartet, will rejoin them for the Schubert cello quintet. 3 p.m. pre-concert discussion

ŠKAMPA STRING QUARTET with IVA BITTOVÁ, vocalist, violin April 6, 2008 - 4:00 p.m.

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February 8, 2008 Ross Sutter, folksinger & instrumentalist; Perrin Boyd, clown; Angelo Rulli, organ grinder

"MAGIC OF CELTIC MUSIC"

March 7, 2008

March 7, 2008

Andrea Stern, harp;

Laura MacKenzie, wooden flutes, whistles, pipes, concertina

"MYSTICAL ASIAN SOUNDS"

April 11, 2008 Gao Hong, *pipa;* Shubhendra Rao, *sitar;* Biplab Bhattacharya, *tabla*

St. Matthew's Episcopal Church -2136 Carter Ave. , St. Paul Tickets: \$5 advance, \$6 door - Season Tkts-3 concerts : \$12 Brochure/info: 651-645-5699

Cameras from 1

shift in the way they do their jobs as security cameras go in along University Avenue, thanks to a federal grant associated with the Central Corridor transit project. "It's a fundamental change

in the way we're going to do police work in St. Paul," according to Cmdr. Doug Holtz of the Western District.

A visit to Dallas convinced him of the cameras' value for law enforcement, he said. "It does create a safer environment. It resulted in a lot of arrests, and almost everybody pleads guilty" when a video record is brought to court.

Holtz said that like

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Minneapolis' camera system, St. Paul will have public kiosks where interested citizens can walk up and see what information the cameras gather. One kiosk will be at the Western District office, 389 N. Hamline.

On August 8, 2007, the St. Paul City Council voted 7-0, after a brief discussion, to apply for the grant "to install approximately sixty (60) cameras throughout the Central Corridor in an effort to reduce crime, increase business and the overall safety along the designated route," according to council minutes. No one is on record as

having objected to the project. Security cameras have not gone over so easily in other places. In the United Kingdom, reputedly the world leader in the use of video surveillance, an organization called Liberty has issued a report urging a broad review of privacy rights. Their concerns include

invasion of personal space and interference with personal

relationships, which means both the freedom to have certain relationships with others and the freedom to avoid them. The report, "Overlooked: Surveillance and Personal Privacy in Modern Britain," is available at

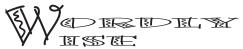
www.liberty-human-rights.org.uk. Some citizens have also questioned the cost of the cameras and how much community police work — cope on the beat — could have been purchased instead.

Along with an article on the prevalence of security cameras in the United Kingdom last March, the Evening Standard's Web site (www.thisislondon.co.uk) posted (www.thisislondon.co.uk) posted a graphic showing surveillance cameras surrounding the historic home of George Orwell, the famous anti-authoritarian who wrote "1984."

The Standard counted 32

cameras within 200 yards of Orwell's flat.





Readinas

Sunday, February 24, 2 p.m. St. Anthony Park Library. Joseph Amato ("Jacob's Well: A Case for Rethinking Family History").

Friday, February 29, 7 p.m. Micawber's. Poet Chris Martin ("American Music").

Groups

Monday, February 4, 7 p.m. Micawber's, Prober's Book Group. "Out Stealing Horses," by Per Petterson.

Wednesday, February 6, 6:30 p.m. St. Anthony Park Library. St. Anthony Park Writer's Group. All welcome

Tuesday, February 12, 7 pm. Micawber's. St. Anthony Park Neighbors for Peace. "The End of Poverty," by Jeffrey Sachs Hot cider and popcorn. Come even if you haven't read the book. Details: www.ParkPeace.org.

Tuesday, February 19, 7 p.m. Falcon Heights United Church of Christ Book Club "Thin of Christ Book Club. "Thin Places: Where Faith Is Affirmed and Hope Dwells," by local author Mary Treacy O'Keefe. Nonchurch members welcome. Information: 646-2681.

Wednesday, February 13, 7 p.m St. Anthony Park Library Book Club. "Three Cups of Tea," by Club. "Three Cups of Tea," l Greg Mortenson and David Oliver Relin. New members welcome. Information: Carla 642-0411.

Recent Books

Two recent books have local

St. Anthony Park resident Katy Jensen contributed an essay to "Antarctica: Life on the Ice." to Antarctica: Life on the Ice," edited by Susan Fox Rogers. The book is a compilation of essays by people who have lived on the ice for extended periods. Jensen has spent more than four years in Antarctica, including the propriets of the

including three winters at the South Pole and two seasons as the station's first female manager. "Go If You Think It Your

Duty: A Minnesota Couple's Civil War Letters," by Andrea R.



Foroughi, consists of letters between Iames Madison Bowler and Elizabeth Caleff Bowler. James was the grandfather of St. Anthony Park resident

Betty Morlock. Another local resident, Anna Skovholt, Bowler's great-granddaughter, helped do the book's genealogy.





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North St. Anthony Park **Home Sales** 2007 Real Estate Update

Number of Homes	2007	2006
that Sold	26	30
Lowest Home Price	\$205,000	\$182,000
Highest Home Price	\$965,000	\$517,000
Average Home Price	\$379,957	\$342,283
Average Market Time	79 days	73 days

- The average sale price was 92.1% of the list price.
- The average sale price was 92.1% of the 1st price.
 The average sale price increased by 20.6% this year.
 At the end of the year, there were 4 houses for sale that had been on the market an average of 115 days.
 8 homes failed to sell
 This information does not include duplexes,
 - condominiums or townhouse

Please call us if we can be of any assistance to you.

(Based on information from the REGIONAL MULTIPLE LISTING SERVICE OF MINNESOTA, INC for the period January 1, 2007 through December 31, 2007.)



The Sparrs

Peggy: 651-639-6383 peggysparr@edinarealty.com Gary: 651-639-6304 garysparr@edinarealty.com Peter: 651-639-6368 petersparr@edinarealty.com Lindsey: 651-639-6432 lindseyesnaola@edinarealty

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Connecting U students to the community

Did you know...

the Career and Community Learning Center connects students with servicelearning projects in the community?

Did you know...

1,258 undergraduate students from 31 different U of M classes participated in service-learning opportunities throughout the Twin Cities last fall? The community served as a living textbook for students who volunteered in selected local nonprofit organizations to deepen their understanding of course concepts.

Do you want...

to know more? See www.servicelearning.umn.edu for more information about the Career and Community Learning Center.



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Roger Anderson FEBRUARY 9, 8pm

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Cliff Mitchell and Whitney Mann February 16, 8pm

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JazZen February 29, 8pm

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Bluegrass and Oldtime Jam Session February 27, 7pm

Open Stage First and third Wednesdays 6pm sign-up

Music in the Park Series

St. Anthony Park UCC 2129 Commonwealth Ave. 645,5699

Brentano String Quartet with Michael Kannen, cello February 24, 4pm

Family Concert: Ross Sutter, Perrin Boyd and Angelo Rulli St. Matthew's Episcopal Church February 8, 6:15 and 7:30pm

St. Anthony Park Lutheran

2323 Como Ave., 645-0371 www.saplc.org

KrisAnne Weiss, mezzo-soprano February 10, 7:30pm

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Anaphylaxis & Food Allergy Association of Minnesota (AFAA) Benefit Concert featuring pianist REED TETZLOFF AND VIOLINIST EMILY Anderson February 16, 4pm

Prevailing Winds Quintet Recital February 25, 7pm

Performing Arts

Como Park High School

Gilbert and Sullivan's "The Mikado" February 7, 7pm February 8, 7:30pm February 9, 7:30pm EFDRUARY 10 2DM

LAdy Elegant's TEA ROOM

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CHARACTERS FROM THIS CLASSIC STOR FEBRUARY 23, 11AM & 2:30pm

Visual Arts

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EEDRUARY CAIFNOAR

1 Friday

- Senior Citizen Fun Group (gym, bowling and darts), 9:30-11:30 a.m. South St. Anthony Rec Center, 890 Cromwell, 298-5770. Fuerd Fields.
- Falcon Heights recycling.

4 Monday

- AA, 8 p.m. St. Anthony Park Lutheran Church, 2323 Como Ave. 644-0809. Every Monday.
- Boy Scours, 7 p.m. St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. Every Monday.
- Chair exercise class, 12:30 p.m. Seal Hi-Rise, 825 Seal St. Every Monday and Thursday. These classes are free to all area seniors, but priregistration is necessary. Call 642-9052 to prefregister.
- Como Park recycling. Every

5 Tuesday

- Free Internet, word processing and Excel instruction, 7-8-30 p.m.
 St. Anthony Park Library, 2245 Como Ave., 642-0411. Every Tuesday.
- Tot Time (for 5-year-olds and younger), 10 a.m.-noon. Langford Park Rec Center, 298-5765). Every Tuesday.

6 WEdnesday

- Leisure Center for Seniors, 9 a.m.
 1 p.m. St. Anthony Pauk United
 Methodist Church, 603-8946.
 Every Wetherday, Luxch reservations
 by Movday. Free blood pressure
 clinic by St. Anthony Pauk Block
 Nutse Procogna 1 st and 3 kd
 Wednesdays at 11 a.m.
- St. Anthony Park recycling. Every Wednesday.

 English conversation classes,
 4-5:30 p.m. St. Anthony Park
 Library, 2245 Como Ave., 642-0411 Every Wednesday

7 Thursday

- Tot Time (for 5-year-olds and younger), 10 a.m.-noon. Langford Rec Center, 298-5765. Every Thursday.
- Chaire exercise class, 12:30 p.m.
 Seal Hi-Rise, 825 Seal St. Every
 Moxday and Thursday, These classes
 are free to all area seniors, but
 prrecipitation is necessary. Call 6429052 to prerecipiter.
- St. Anthony Park Community Council Land Use Committee, 7 p.m. South St. Anthony Rec Center, 890 Cromwell, 649-5992.

8 Friday

- Senior Citizen Fun Group (gym, bowling and darts), 9:30-11:30
 A.M. South St. Anthony Rec Center, 890 Cromwell, 298-5770. Every Friday.
- Preschool story time with pupper show, 10:30 a.m. St. Anthony Park Library, 642-0411.
- MOMS Club Open House, 9:30-11:30 a.m., Como Park Lutheran Church, 645-7557.

9 SATURDAY

 Calactic Bowling (612-625-5246), 10:30 p.m.-5 a.m. at the Gopher Spot, St. Paul Student Center, 2017 Buford Ave., St. Paul Campus. Every Saturday.

11 Monday

• Park Press, Inc., Park Bugle Board meeting, 7 a.m. St. Anthony Park Library, 646-5369.

Rock-Tenn Advisory Panel, 7 p.m UEL, 1000 Westgate Dr., Dorsey Ewald Conference Center, 612-

 Cribbage and 500, the Falconers, 1 p.m. Falcon Heights City Hall, 644-5050

788-4151

- St. Anthony Park Block Nurse Program Board Meeting, 7 p.m. St. Anthony Park United Methodist Church library, 642-9052.
- Neighbors for Peace planning meeting (all are welcome), 7 p.m Kathy Magnuson's Home, 2040 Como Avenue #306 (Linnea Gardens), 645-2475.
- Lauderdale recycling.

12 Tuesday

- Lauderdale City Council, 7:30 p.m. City Hall, 1891 Walnut St., 631-0300.
- Raptor Tails Story Time, 10 a.m. Raptor Center, 1920 Fitch Ave., 612-624-9453.

13 WEdnesday

- Falcon Heights City Council,
 7 p.m. City Hall, 2077 Larpenteur
 Ave. 644-5050
- Transportation Study Task force, 7 p.m. South St. Anthony Rec Center, 890 cromwell, 649-5992.

14 Thursday

 Full Council Meeting, St. Anthony Park Community Council, 7 p.m.
 South St. Anthony Rec Center, 890 Cromwell, 649-5992.

15 Friday

- Preschool story time with pupper show, 10:30 a.m. St. Anthony Park Library, 642-0411.
- Falcon Heights recycling.

19 Tuesday

 District 10 board meeting, 7 p.m. Como Streetcar Station, 1224 N. Lexington Parkway, 644-3889.

20 WEDNESDAY

- Sr. Anthony Park Community Council Community Connections Committee, 7 p.m. South St. Anthony Rec Center, 890 Cromwell, 649-5992.
- St. Anthony Park Booster Club, 7 p.m. Langford Park, 298-5765.

22 Friday

 Preschool story time with pupper show, 10:30 a.m. Sr. Anthony Park Library, 642-0411.

25 Monday

- Rock-Tenn Advisory Panel, 7 p.m. UEL, 1000 Westgate Dr., Dorsey Ewald Conference Center, 612-788-4151
- Cribbage and 500, the Falconers, 1 p.m. Falcon Heights City Hall, 644-5050.
- Lauderdale recycling.

26 Tuesday

- Lauderdale Ciry Council, 7:30
 p.m. Ciry Hall, 1891 Walnut St., 631-0300.
- Raptor Tails Story Time, 10 a.m.
 Raptor Center, 1920 Fitch Ave., 612-624-9453.

27 WEdnesday

- Falcon Heights City Council,
 p.m. City Hall, 2077 Larpenteur
 Ave., 644-5050.
- St. Anthony Park Community Council Environment Committee, 7 p.m. So. St. Anthony Rec Center, 890 Cromwell, 649-5992.

29 Friday

 Preschool story time with pupper show, 10:30 a.m. St. Anthony Park Library, 642-0411.

Items for the March Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, February 15.

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Sponsored by University of Minnesota School of Agriculture Endowed Chair in Agricultural Systems Minnesota Institute for Sustainable Agriculture Northern Plains Sustainable Agriculture Society

Wednesday, February 20, 2008. "A Banquet of Consequences" A chapter from The Party's Over by Richard Heinberg

Wednesday, February 27, 2008. "Sustainability and Community" A chapter from Sustaining the Common Good by John B. Cobb, Jr.

Wednesday, March 5, 2008. "The WTO, NAFTA, CAFTA, and the FTAA" A chapter in From the Farm to the Table: What All Americans Need To Know About Agriculture

Discussion Leader Gary Holthaus, Northern Plains Sustainable Agriculture Society

Materials are free, and may be picked up at the Saint Anthony Park Library during regular hours.
To receive copies via mail call Helene Murray at 612-625-8235.

For more information about specific conversations visit www.misa.umn.edu.

"UP FOR DISCUSSION" is made possible in part with funding from the University of Minnesota Endowed Chair in Agricultural Systems



LIVES LIVED

Eugene Boeckermann

Eugene E. "Gene" Boeckermann, of Falcon Heights, owner of Gene's Barber Shop, died peacefully on January 18, 2008, at the age of 80. He was preceded in death by his wife, Emma; five brothers,

Joseph, Gilbert, Herbert, Edwin and Virgil; and three sisters, Violetta, Loretta and Beatrice. He is survived by daughters Sandra (George) Higgs-Stephan, Bonnie Dasovic, Beverly (Michael) Locke and Michele (David) Dietz; eight grandchildren; four great-grandchildren; and two sisters, Violet Zigan and Rosemary (Chuck) Easbey.

Gene loved music and was Gene loved music and was very involved in the church choir at Corpus Christi Catholic Church. He took great pride in his garden, and most of all he loved his family and enjoyed them to the fuller.

(VIE)

l ectone

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Mass of Christian Burial was

celebrated January 22, 2008, at Corpus Christi, with interment at Roselawn cemetery.

Eloise Cermak

Eloise R. Cermak, age 63, of Lauderdale, died peacefully at home in her sleep on January 4, 2008. She was preceded in death by her mother, Ruth. Eloise is survived by her husband of 42 years, Charles; her daughters, Barb (Doug Peterson) Bell, Michele (Bob) Doran, Anne (Brian) Barrett and Andrea (Brian) Barrett and Andrea (Mike) Rogers; 13 grandchildren; her father, Frank Koren; and her siblings, Gene, Jim, Den, Mary, Mike, Nancy and Ed. Mass of Christian Burial was celebrated January 8 at Corpus

Christi Catholic Church, with interment at Fort Snelling National Cemetery.

Pearl Husby

Pearl G. Husby, age 96, of Como Park, died January 22, 2008.

She was preceded in death v her husband. Oscar, and aughter, Marilyn Ahlberg. She survived by her daughters, ouise (Carl) Feske and . Elizabeth (Joanne Sarrica) Iusby; son-in-law, Rik Ahlberg; ight grand-children; 17 greatrandchildren; and three others. Her memorial service was

eld January 26, 2008, at Como 'ark Lutheran Church, with nterment at Sunset Memorial 'ark. The family thanks the aring staff at Lyngblomsten Care Lenter. Pearl loved her God, her amily and life.

ivian Peterson

/ivian Z. Peterson died January 3, 2008, in Luck, Wis., at the

age of 94. Formerly a lifelong resident of St. Paul, she had been honored as a WCCO Good Neighbor and was a gracious and professional secretary at St. Anthony Park Elementary School for 23 years.

Viy was proceded in death

School for 23 years.

Viv was preceded in death
by her husband of 43 years, Walt,
a sister and a brother. She is
survived by three sons, Bill
(Natalie), Don (Pauline) and Mick (Ruth); seven grand-children; and 18 greatgrandchildren.

Viv will be remembered for her high energy level, willingness to help others, sense of adventure, conviction of faith

and strong love for her family.

Her funeral service was held
January 17, 2008, at Roseville Lutheran Church, with interment at Roselawn Cemetery.

Bernadine Smith

Bernadine C. (Hermes) Smith, 97, of Como Park, died December 17, 2007. Her father, Peter Hermes, started Hermes Floral on Larpenteur Avenue. Bernadine worked in the kitchen at the original Lido Cafe, also on Larpenteur, from its opening in the 1950s until she retired 29 years later.

years later.

She was preceded in death by her husband, William F.

Smith, Sr., and son-in-law, Joseph Burgoyne, Sr., as well as by seven brothers, two sisters and one step-sister. She is survived by her daughter, Geraldine Burgoyne, and son, William Jr. (Marshia); six grandchildren; 12 great-grandchildren; sisters, Alvina Neid, Melita (Leon) Rosenthal, Marie Edson and Mildred

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- Figure cost: \$1 x number of words (\$10 minimum).
- words (\$10 minimum).

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For more information about the position, contact Dave Healy: editor@parkbugle.org, 646-5369.



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(Robert) Moder: sisters-in-law

and a brother-in-law.

Mass of Christian Burial was celebrated December 21, 2007, at Holy Childhood Catholic Church, with interment at Calvary Cemetery. The family would like to thank the staff of Lyngblomsten Care Center and HealthEast Hospice for their loving care and help.

Eleanore Webber

Eleanore E. Webber, née Van Heel, age 90, died December 20,

She was preceded in death by her husband, John. She is survived by children, Shirley Preda, Kathleen (Marvin) Lindo, Rita (James) Themig and Robert (Diane) Webber; 10 grandchildren; eight great-grandchildren; and siblings, Marcella Schreifels, Juletta Hentges, Ernest (Maryann) Van Heel, Delores Tamm and Lucille (Vernie) Eibensteiner.

Mass of Christian Burial was celebrated at Holy Childhood Catholic Church December 22, 2007, with interment at St. Vincent Church Cemetery in

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Raymond Wirth

Raymond C. Wirth, age 90, of Falcon Heights, died Christmas Day, 2007. He was a math teacher for 30 years in the St. Paul Public Schools.

Raymond is survived by his wife, Jeanette; children, Brenda (Steven) Tilton, Rosanne (Steven Nosek) Wirth, Daniel (Karen) Nosek) Wirth, Daniel (Karen) Wirth and Jonathan Wirth; eight grandchildren; a great-grandson; and two step-grandchildren. His funeral was on December 31, 2007, at Central Baptist Church, St. Paul, with

interment at Fort Snelling National Cemetery.

There is no charge for Bugle obituaries. Please alert the Bugle about the death of current or former residents of the area. Obituaries are compiled by Mary Mergenthal: 644-1650, marymergenthal@comcast.net



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(nursery care: 8-45 a.m. to 12:15 p.m.)
10:00 a.m. Adult Education and Sunday School
Holy Communion: 1st and 3rd Sundays School
Holy Communion: 5rd and Sundays School
Holy Communion: 5rd Sunday School
Packer Schoo

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Nursery care available 9:15-11:45 a.m.
Martil Gras Workshop and Pancake Dinner, 5:30 p.m. Monday, February 4
Ash Wednesday service, 7 p.m. February 6
Lenten Vespers, 7 p.m. Thursdays, February 14, 21 and 28
Book discussion, 7 p.m. February 19 - Thin Places:
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February 3 - Worship Holy Communion 10 a.m.
February 6 - Ash Wednesday Service 7 p.m.

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Art Exhibit: "River Drawings"
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Minnesota Faith Chinese Lutheran Church 1:30 p.m.

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1st & 7th Thursday 7:20pl.n. Latze Canderight Frayer (chants, readings & silence) February 5, 5:00 p.m. "Pre-Caucus" Pancake Supper February 6, 10:00 a.m. & 5:30p.m. ASH WEDNESDAY SERVICES February 1:22, Interact Center Art Show by Artists with disabilities showing in Undercroft February 24 Community Art Show opens in the Undercroft Gallery.

* PEACE LUTHERAN CHURCH - ELCA

www.peacelaudertale.com Sundays Pebruary 3, at 900 join us for a discussion about our Faithful response to climate change. Wednesday February 13 Doubters of Faith group meets at 7:00 p.m. Lenten Schedule: Starting Wednesday February 13: Lenten Supper at 5:30 p.m.; Lenten Vespers at 7:00 p.m. All an welcome - Come as you are