Catholic Charities opens new facility

South St. Anthony Park residences will house 120 men

by Natalie Zett

The four-story rectangular building — with a hint of Bauhaus — at 902 Hersey St. in south Saint Anthony Park, is a long-anticipated addition to Catholic Charities that will house 120 chronically homeless men.

According to Tracy Bergland, director of housing at Catholic Charities, the new facility is one building that serves two different populations. The 80-unit St. Anthony Residence is for late-stage alcoholic men. The St. Paul Building, also 80 units, serves homeless men. Half of those units come with a kitchen.

“We do this because it’s humane. Many of the men who are unable to stop drinking and up going through treatment and failing over and over.” — Tracy Bergland, Catholic Charities

One need look no further than Bill Hockenberger for an example of how Catholic Charities can change a life. “I’m a chronic alcoholic myself who has been in recovery since 1995,” he said. “I’ve been around the corner drunk with these guys,” he said, “and I’ve been around the corner with them. I even went to school with some of them.”

Hockenberger said he went through six attempts at treatment before one finally “took.” He started working at Catholic Charities in 1995 as a janitor and eventually moved up to his present position.

“Weighing here helps keep me sober,” he said. Hockenberger said that “harm reduction,” the treatment model used at St. Anthony Residence, differs from the total abstinence approach of Alcoholics Anonymous. “Those are late-stage alcoholics,” he said, “and our goal is not to stop them from drinking. We’re working with them on reducing the harm by moving them away from drinking rubbing alcohol or drinking vodka, for instance. Then we might get them to cut down on the vodka.”

Bergland added, “We do this because it’s humane. Many of the men who are unable to stop drinking and up going through treatment and failing over and over…”

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Rock-Tenn fuel debate heats up

Rock-Tenn to 4

The future power source for St. Paul Rock-Tenn recycling plant, and it’s got a lot of people spending a lot of time trying to figure out what to do next.

After six meetings, the 15-member Rock-Tenn Community Advisory Panel has gathered a mountain of data, analyzed a facilitator and launched an experiment in democracy that draws praise from participants but can appear impenetrable to those not involved in its deliberations.

Impaneled by the St. Paul Port Authority, as directed by the Minnesota Legislature, the group is charged with recommending a power source that will help the Rock-Tenn plant keep its operations, and therefore its hundreds of jobs, in St. Paul.

Rock-Tenn needs steam, and when the Xcel Energy High Bridge plant shuts down in August, Rock-Tenn began employing its backup system burning natural gas — a source the company says is too expensive to serve long-term.

The leading alternative appears to be burning “biomass,” either plant material or waste, and many neighbors fear the air-quality implications, both from smokehaze and from muck bringing in fuel. Oh, as the panel’s outreach coordinator, Nina Axelson, put it: “Fuels, technology and emissions. It boils down to those three things.”

Those are running out to be three very large topics, each with a long list of subtopics. Panel members say the panel’s diversity of opinion and expertise is a good thing, but it’s clear that each issue quickly takes as many directions as there are people discussing it.

For example, should the power source serve only Rock-Tenn, or should a granular vision serving other Midway industries be considered?

A recent “Energy Independent” endorsement in neighborhood newspapers, published by the Port Authority, tips the hand as...
Como Park

The District 10 Communications Committee is looking for volunteers to help reach out to the Como Park neighborhood. If you have writing, editing or Web experience, contact John Marino: john@comopark.org.

Five new members were elected to the Community Council Board at the council’s annual meeting on October 16. Newly elected were David Arbeit (chair), Marcy Micek (secretary), Chai Insook, Michael McDonald and Matt Schmitt. John Marino, who recently had been appointed to the board to fill a vacant seat, was elected to serve a full term. This election brings the board to its full size of 15 members.

Falcon Heights

The following commissions will have openings in 2008: Planning, Environment and Parks/Recreation. For more information and to apply, visit www.falconheights.org.

Lauderdale

Residents with opinions on the need for a sound wall along Highway 280 should contact our state and federal representatives. Their contact information is on the city’s Web site: www.ci.lauderdale.mn.us.

St. Anthony Park

Planning sessions for Central Corridor stations will take place December 3 (Westgate) and December 4 (Raymond). Each session will have an open house from 5:30 to 6:30 p.m. to display workshop results, then public “pin-up” and feedback sessions from 6:30 to 9 p.m. Both sessions will take place at the Central Corridor Resource Center, 1080 University Ave. For additional information, contact Donna Drummond: 266-6556, donna.drummond@ci.stpaul.mn.us.

A community meeting will be held on Tuesday, November 27, at 7 p.m., to discuss plans for Highway 280, especially completion of a sound wall on the east side of the highway. The meeting, sponsored by Communities Concerned for Habitable Neighborhoods, will take place at St. Anthony Park United Church of Christ, 2121 Commonwealth Ave.

The Community Council now offers welcome kits to new residents of St. Anthony Park. If you are a new resident, or if you know of one, e-mail amy@sapcc.org, call 649-5992 or stop by the office at 890 Cromwell Ave. The welcome kits include brochures and discounts from local businesses, as well as information on the neighborhood, programs and services.

If you are interested in starting a block club, contact Renee at renee@sapcc.org or 649-5992.

— Anne Holmman
Rendering the Psalms ecumenically

by Judy Woodward

Allyson Lomax hesitates as she tries to explain the meaning of a word from the Psalms to a non-Jewish speaker. The word is “selah,” and Lomax says it is understandable. Most people can even try to say an English equivalent for the word.

“So, St. Anthony Park resident and a member of Mt. Zion Synagogue, eventually dedicates the term “untranslatable.” Then she goes ahead and tries to define it anyway. “It’s not a comma, but in the Psalms, you read several lines and the word ‘selah’ appears. It means to pause,” the treasurer.

The exchange could represent a small struggle for dexterity in an interfaith dialogue, but it’s also an illustration of the challenge that Lomax will face next month when she — along with nearly two dozen other artists, fiber artists, calligraphers and craftspersons — attempts to translate their personal visions of the Psalms into art for an exhibit at St. Matthew’s Episcopal Church in St. Anthony Park. “I Lift Up My Eyes to the Hills” will open December 1.

Pastor Blair Pogue of St. Matthew’s says, “My passion to spirituality. There’s something in Psalm 150. ‘Praise God in his sanctuary’ — that the psalmist urges be used psaltery, harp, timbrel and the rest of instruments. ‘The Psalms, those beautiful songs that we worshiping that object but says, “not because you’re remembering what your theology.”

Lomax chose to illustrate Psalm 88, which she describes as “dark and despairing as it can be.” The psalmist has really hit rock bottom, but with a glimmer of hope. “I think there is beauty in despair.”

Another artist brings a personal understanding of suffering to her interpretation of Psalms 150 and 145. Falcon Heights resident Judy Dodds, 63, discovered that undertaking meant for thyroid cancer actually deepened her faith.

“She poses questions to God.”

Lomax, a Jew, says, “My best reaction to ‘selah’ is ‘I’m aging myself, and that psalm says it’s important to be aware of the finiteness of life. We don’t want to think about that, but we must.”

Will visitors to the exhibit notice stylistic differences between the Christian and Jewish arts? No one is sure. Dodds, a Christian, does Hebrew calligraphy, and Fisher’s concern with aging touches on universal fears.

Fischer has chosen to illustrate Psalm 90:12, the well-known verse that has been used for a measure of aging in recent years. “We’re going to talk about creating art that is profoundly religious no matter what your theology.”

Fischer, who creates art on glass plates and bowls, encounters a particular technical problem when interpreting the Psalms in her chosen medium. “I have to write backwards on the glass in Hebrew,” she explains. Fischer has chosen to illustrate Psalm 90:12. She well-known verse that begins “Teach 30 to number our days.”

Fischer, 63, says the verse has personal significance for her: “In aging myself, and that psalm says it’s important to be aware of the finiteness of life. We don’t want to think about that, but we must.”

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It's been argued that we live in the age of therapy. Twenty years ago, sociologist Robert Bellah and colleagues, in their book “Habits of the Heart,” traced the development of therapy as “a general outlook on life that has spread over the past few decades from a relatively small, educated elite to the middle-class mainstream of American life.” The therapeutic mindset was most behaviorally and relationally problems as amenable to change by the right kind of treatment. For problems, the treatment of choice is increasingly likely to be pharmacological, but although we are a much more medicated society than that has spread over the past few decades from a relatively small, education elite to the middle-class mainstream of American life.”

While the admonition to “get counseling” can be well-intentioned, it can also be a way of avoiding problems by forcing them on someone else. It may look like a timely, reasonable, or even desirable course of action, but it can also be a way of avoiding problems by foisting them on someone else. It may look like a timely, reasonable, or even desirable course of action, but it can also be a way of avoiding problems by foisting them on someone else.

Such places make many of us uncomfortable. Visiting them is difficult because the people there are different but because the very existence of such places seems to represent an admission of failure. In a therapeutic culture, we want to believe that anyone can be cured.

But despite our discomfort with institutional space, or perhaps because of it, most of us believe that the institutionalized deserve dignity. If we, like many others, see mental health care as an effort to help people, we will be willing to offer them our support.
Molly Breen tends the musical garden

by Michelle Christiansen

Anyone who knows five-year-old Henry Breen could tell you he's a child who knows what he wants. He wears a suit and tie to school (his choice), mentions his younger brother about all appropriate, and not so appropriate, "boy" behavior and, most especially, loves music.

As the age of two he wanted to stand on the podium and conduct, and he's developed a keen interest in playing and exploring any musical instrument he comes across.

Because of this interest and her own, Henry's mother, Molly Weiss Breen, began to look for a program that would keep him stimulated and involved with music. After considering many classes (and thinking, "I could do better than that"!), Breen found the Musikgarten program.

She learned to teach the classes herself and now offers them at St. Anthony Park Lutheran Church.

The Musikgarten curriculum uses listening, singing, movement and instruments to help parents reinforce their children's natural curiosity about and love of melody and rhythm.

Developed by music educators in 1994, Musikgarten offers workshops, materials and support to teachers who want to work with children. The organization has established programs for teachers in Canada, China, Germany, Malaysia, South Africa, South Korea and Taiwan, as well as throughout the United States.

Breen grew up in St. Anthony Park and the Midway area, graduating from Central High School and the University of Minnesota with a B.A. degree in dance. She also trained in vocal performance and, after graduation, performed at the Chanhassen Dinner Theater in Oklahoma. But after returning, she attended training workshops and seminars on early childhood music and movement education. She first taught through the community education program at Orchard Recreation Center, but just this fall eagerly at a private business. "I really prefer this to community education because I am in control of how families are treated from beginning to end," she says. "I can welcome them in my own way and can do the kind of publicity I want to let them know better than the program entails."

Breen believes that music education needs to be accessible for all families, so she keeps her fees to a minimum and offers eight-week sessions that may be easier for young parents to commit to. Because schools have cut music programs, she knows that classes like the ones she teaches are even more valuable than in the past.

This music program helps children with abstract thinking, building math and science neural pathways. It also encourages social interaction, empathy with others, self-confidence, memory skills, coordination, creativity and emotional development. In addition, children bond with their parents and local families get to know each other.

Breen offers classes for newborns through age 2 (Family Music for Babies, on Friday mornings), for toddlers aged 2 to 3 (Cycle of Seasons, on Friday mornings), for children aged 3 to 5 (Family Music for Toddlers, on Monday mornings), for children aged 4 to 7 (Musikgarten, on Tuesday mornings) and for children aged 7 to 9 (Ensemble 21, on Wednesday mornings). The winter session begins January 8. Registration forms are available on Breen's Web site: www.orchardmusiktime.com, where there is also a coupon for a free preview class. Class size is from 3 to 10 children.

If there is more interest, Breen may add classes and even teach in a space of her own. If that happens, she wants to stay in the area and keep the quality of instruction high.

Watching Breen at work, one believes it when she says she loves every child she teaches. "I look forward to seeing them each week," she says. "It would be hard to find another teacher who loves children the way I do."

Breen also teaches a baby music class for St. Anthony Park Lutheran. "I grew up in this community and want to serve people in my home area," she says. "This is my stewardship as a member of the neighborhood."

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Many of you may have already heard the recent reports about the discovery of a new giant long-necked dinosaur in Argentina. Back in October, several of my Argentinean and Brazilian colleagues and their newly named dinosaur, Futalognkosaurus dukei, took the media by storm. It’s not every day, after all, that a dinosaur estimated to reach a full size of 105 feet long (roughly the length of three school buses) is discovered.

The full report from the authors gives even more interesting insight into giant dinosaurs. First off, though the popular media has implied that the new dinosaurs were discovered “yesterday,” in the case of Futalognkosaurus, the first bones of its skeleton were excavated on the shores of Lake Barreales in northern Patagonia in 2000. Over the next seven years — and a ton of excavated rock — the group discovered the entire length of the dino’s long neck, its back vertebrae (including their associated ribs), and all three bones of the hip (which together comprise the hip socket). They also found one vertebra from the base of the tail.

Wait a minute, you might be thinking: How in the world can we know the full length of a dinosaur if we only have the neck, and not all the bones in the tail?

That’s a great question, particularly when we consider how variable the length of the tails of sauropods can be — ranging from only 35 or so tail bones to more than 80. The answer to the question is that we cannot know for certain the total length of Futalognkosaurus — or any other incomplete dinosaur, for that matter. The scientists who published this paper, like most other paleontologists, estimated the length of this dinosaur by comparing the length of the bones they had.

For example, one of the hip bones was 54 inches long. That’s bigger than the thigh bone of most other dinosaurs and helps attest to the large size of Futalognkosaurus.

Without question, Futalognkosaurus is among the biggest of the giant dinosaurs. Its huge hip bones and very long neck (the neck alone is 36 feet long — more than five Kevin Garnets laid out head to toe) demonstrate its massive size, but it’s important to remember that for most dinosaurs, maximum size estimates are just that — estimates.

One thing is certain: The sauropods like Futalognkosaurus have a lot to tell us about the extremities of living life on land, and they leave a lot of questions still unanswered. My favorite is how in the world they achieved those massive sizes. What were they eating? How fast were they growing? How long did they live? My colleagues and I are trying to figure out some of these answers. Stay tuned for our results. Until next time, enjoy the holidays!
The downy woodpecker in our area is the downy woodpecker — just under 7 inches long, about a half-inch longer than a house sparrow. It should save that bird lengths are measured with the bird reclining on its back, tip of bill to tip of tail.

The downy woodpecker is a strongly patterned black and white bird with white on the back and below. The male has a red patch at the back of the head. 

A close relative is the hairy woodpecker. It looks like the downy but is just over 9 inches long. Its back has black and white stripes, with a pale brown underbelly. The male has a red stripe at the base of its bill and goes right over the head to the nape. The female’s red patch starts just back of its crown, also extending to the nape. The name “red-bellied” seemed a misnomer to me until I happened to be looking up at one in a wind and saw that the belly really was covered with downy red fluff. 

The red-bellied woodpecker is as big as the hairy woodpecker, about 9 inches long. Its back has black and white stripes, with a pale brown underbelly. The male has a red stripe at the base of its bill and goes right over the head to the nape. The female’s red patch starts just back of its crown, also extending to the nape. The name “red-bellied” seemed a misnomer to me until I happened to be looking up at one in a wind and saw that the belly really was covered with downy red fluff. The red-bellied woodpecker is an infrequent visitor to the Twin Cities area, but spectacular when it does show up. It’s been reported in Lauderdale, but I haven’t seen it here. It’s also about 9 inches long but features bold, solid-color patterns. 

On a perched bird, the color sequence from head to tail is red, black and white. The head and neck are bright red. The wings are solid black on the upper part, solid white on the lower. It’s a very striking bird, whether working a limb or in flight. 

The grosbeaks are a large family, at least here in Minnesota, in the pigtailed woodpecker. It’s almost as big as a crow at 16 inches. It’s mostly black bird with black and white striped on the face.

This is the original “Woody Woodpecker.” Both male and female have a prominent red spot at the back of the head, with the male’s color going all the way to the bill and school in a red moustache strip extending back from the bill. The underwings are mostly white in flight.

We had a phaetorn woodpecker visit our yard last January. It was pretty dramatic to see that huge bird come swooping through and land on the trunk of the neighbor’s maple tree. From what I’ve heard, if they take a liking to your feeder, they can destroy it with just a few blows.

It’s a very big bird with a strong, heavy bill.

How in the memo area, we have another member of the woodpecker family, the northern flicker, but it usually doesn’t spend the winter.

During spring and fall migration, it can be seen burning acorn on the ground. It’s 12 inches long with a brown/black barred back, a black patch below the neck that looks like a collegiate V-necked sweater, a spotty belly and a red crescent on the nape of the neck. The male has a black moustache stripe. Both have yellow underwings in flight.

Now, get out there and spot the woodpeckers that will be stopping up, down and around those winter trees. And if you find an noisy-billed woodpecker (20 inches long and, until recently, thought extinct since 1994), give me a call.
Most people at the meeting live near the park, and geographical proximity revealed another fault line in the discussion. Ellen Watters, who lives across the street from the park, said, “I consider Hampden Park an extension of my front yard.” Ranae Hanson, who lives a block away from the park, took issue with that sentiment. “I want to feel like Hampden Park is just as much my park as it is for someone who lives across the street,” she said. Other participants pointed out that the park is public space, owned by the city, and some people who use it don’t live in the neighborhood.

Environment Committee member Gordon Murdock stressed that the Community Council can only make recommendations to the city. He said the committee has no definite timeline for doing so. Murdock encouraged people to attend Environment Committee meetings, which take place at 7 p.m. the fourth Wednesday of the month at the South St. Anthony Recreation Center.

Please join us
December 24
5:30, 7:00 and 11:00 p.m.
December 25
10:00 a.m.

Sundays in December
8:30 & 11:00 a.m. except Dec. 30 @ 10:00 a.m.

Art Exhibit: The Nativity by painter Anic Bink
Mon.-Fri. 9 a.m. to 5 p.m. & Sunday mornings.

St. Anthony Park Lutheran Church
2325 Como Avenue W
St. Paul, MN 55108
Staf/office available Sunday mornings.
Church office: (651) 645-2071
Visit us on the web at www.saplc.org
One of Murray Junior High School’s signature events is the annual science fair. Murray, a science and math magnet, conducts the largest junior high school science fair competition in Minnesota. Several hundred of the school’s seventh- and eighth-grade students present projects and papers to judge. It is Gen Nakanishi’s job to recruit 150 volunteers to help pull off this ambitious annual event.

Nakanishi is the volunteer coordinator at Murray. She works half time in a position that Principal Winston Tucker says, “pays for itself fifty times over.” One job is to recruit volunteers for events such as arranging for 4000 award certificates to be printed.

She helps market the school to prospective students and their families. She puts together the annual showcase evening and arranges for shows. Putting it mildly, Nakanishi remarks, “It takes a lot of coordination.”

She wants to get the tutor and student settled at a table in the building, arranging for volunteer tutors and chauffeurs for field trips, and doing sundry jobs such as arranging for 4000 award certificates to be printed.

She helps to get the tutor to the student. Nakanishi is the volunteer coordinator who checks in for his first day on the job. She makes sure he has a nametag, puts a name tag in his shirt, then grabs a hallway pass for the student. He’s being meeting with the teacher, and he’s being meeting with the student. “I want you to work with the student and see what he doesn’t get. “It’s a real job,” she says. “A volunteer in the library, she speaks directly with the student. “I want you to work with him on what you don’t get.” She finds him in the eye and asks, “What don’t you get?”

The student appears shy but finds the help. He admits that he doesn’t turn in homework and that he hasn’t understood some things in math class this year. And, no, he doesn’t have his math book with him right now.

“Ah, yes, you two got to know each other,” says Nakanishi. “I’ll be back with a math book for you.”

She turns up for a few more books from the math teacher, explaining that she likes to have extra for the tutors so they can take them home and study them. A former teacher, Nakanishi hopes that the one-on-one attention will help boost some of these students. Last year she had requests for 15 students to receive help with math. This year she has had 40 students referred. “Put that in the newspaper, please,” she says. “I need to find about 30 additional tutors.”

Volunteers are hard to come by these days. Back in the mid-80s, when Murray had its first volunteer coordinator, there was a steady stream of any-who home parents available to fill the ranks. Now, according to Nakanishi, the majority of families have parents who both work. The estimates that only about 10 percent of families have parents who both work. The percentage of families who have parents who both work is 10 percent.

Nakanishi also arranges the complex scheduling that goes into conferences (2500 time slots), and she is in charge of placing student tutors in the building, arranging for volunteer tutors and chauffeurs for field trips, and doing sundry jobs such as arranging for 4000 award certificates to be printed.

She signs the tutor in and she signs the student in. She removes the nametag from the table, puts a name tag in the shirt, puts a name tag in the shirt, then signs the student in and signs the tutor in. She signs the tutor in and signs the student in.

She helps market the school to prospective students and their families. She puts together the annual showcase evening and arranges for shows. Putting it mildly, Nakanishi remarks, “It takes a lot of coordination.”

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Playing with favorites in the kitchen

by Kristal Leebrick

There can never be too many cooks in Jay Randolph’s kitchen at holiday time. The owner of Jay’s Café on Raymond Avenue says his idea of a great holiday is “to get together with my family and hang out in the kitchen. There’s something really wonderful about a big event where you need everyone to help you and they’re all in the kitchen.”

We took Randolph’s cue and invited four local chefs into our paper kitchen to create a holiday meal that entertains the turkey, plays with traditional favorites and adds heavily on ingredients grown and produced locally. The menu they’ve created can be treated as a casual buffet or a more formal holiday meal. We’ve included recipes for each dish.

The starter

J. D. Franko, chef of Muffuletta, suggests the restaurant’s signature sweet pirouettes garnished with Minnesota blue cheese, featuring St. Pete’s blue cheese. Franko calls the dish “a savory doughnut look.” He chose this recipe because “it’s not new vegetable time” and that means pimientos, potatoes and sweet potatoes are abundant.

In Franko’s four years at Muffuletta he focused on using local ingredients and seasonal produce. “One of the things I keep saying is that food that’s closer to the source,” he says. “When you buy food from local producers, “you trust the origin of the food a little more. When you know the grower or the producer, you put more love into the cooking, and they put more love into producing it.”

(Note: Franko’s last day at Muffuletta will be December 1. He’s leaving to be part of a new restaurant, the Strip Club, in the Dayton’s Bluff neighborhood. At press time, Muffuletta had not yet named a new chef.)

Sweet Potato Croquettes

3 / 4 cup flour
1 cup all-purpose flour
3 / 4 cup chopped garlic
Salt and pepper
2 table spoons olive oil

1. Melt the blue cheese in the food processor until all the ingredients are well mixed. Mix in flour, turning off the mixer every cup and a half to just enough for pieces to still be visibly chunky.

2. Place the root vegetables, garlic, eggs, oil, cheese and salt and pepper in the mixing bowl. Mix on low speed until ingredients are well incorporated.

3. One cup at a time, mix in flour, turning off mixer after each cup.

4. Heat 2 quarts of water and 3 heaping tablespoons of salt. Remove the heat. Carefully place the croquettes in the water until the bottom is just brown. Drain on paper towels or a rack.

5. Turn knife parallel to bottom of loin and begin to cut your way inward (parallel to bottom), keeping thickness of meat as even as possible, using your other hand to pile the meat into a bowl. Season with salt and pepper and cook in a 375-degree oven until the internal temperature of the largest end of the loin is at least 140 degrees. The roast will heat up another 5 degrees during a 10-15 minute resting period. Remove the twine evenly on the unrolled roast and roll it up. Use butcher twine to tie the roast.

The entrée

If you’re ready to move on from turkey, Randolph suggests Jay’s stuffed Minnesota pork loin. He buys his pork from Fischer Farms of Waseca, a family farm that avoids hormones and antibiotics with their livestock.

“The animals eat, its foraging environment and its eventual flavor are all vital,” Randolph says. “Buying sustainably raised Minnesota pork supports family farming, he says, “and it tastes great.”

Randolph’s restaurant will mark its third anniversary in St. Anthony Park in February. Under the direction of the chef Karl Gerstenberger, the café has seen a dramatic four nights a week live music using kitchen shears, and slice the roast in 1 / 2-inch slices. Drizzle with some high quality extra virgin olive oil and taste the Minnesota fall.

Randolph’s restaurant will mark its third anniversary in St. Anthony Park in February. Under the direction of the chef Karl Gerstenberger, the café has seen a dramatic four nights a week live music.

It’s Family Portrait Time!

Create a Treasured Image for Your Family Album

Christy Myers Photography
In St. Anthony Park
651-637-4776
www.christymyers.com

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Dec 1 to 22, 2007
Located at the corner of East Hamline Ave. & Johnson Blvd. 651-632-2297

Celebrate the 90th Anniversary of St. Anthony Park Branch Library
Monday, December 3, 2007
Cider, Coffee & Cookies from 10 am-2 pm & 4-6:30 pm
• Historical Displays All Day•
Sponsored by the St. Anthony Park Library Associates•
Witches of Old Time Movie Friday, February 22•

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orites in the kitchen

The entry

If you're ready to move on from turkey, Randolph suggests Jay's stuffed Minnesota pork loin. He buys his pork from Fischer Farms of Wacona, a family farm that avoids hormones and antibiotics with their livestock.

“The animals do it, foraging environment and its central role is all natural,” Randolph says. Buying sustainably raised Minnesota pork supports family farming, he says, “it's that simple.”

Randolph's entrée will mark his third anniversary at St. Anthony Park in February. Under the direction of chef Karl Gennembrugge, the café began serving dinner four nights a week last spring. Gennembrugge's cuisine includes Chef Panina in Berkeley, California. Locally, he's worked at the Birdwood Cub, D'Amico, and Sassa.

Jay's sells herbs to local and organic food. Randolph like the buy-local philosophy because he says, owning a small business is about creating relationships — with vendors and the people who eat there.

The vegetables

Sally Hammer spent her first 12 years living in New Zealand, where a traditional holiday meal always included lots of vegetables and a salad at the end to cleanse the palate. Dinner was served with assorted cheeses and port or other dessert wines.

Hammer moved to Lamoille when she was 12 and still lives in her family home, where she operates her business, Kiri Katering. One can find Hammer at the St. Paul Farmers Market just about every Saturday afternoon serving up a feast for the soul she'd use for that week’s menu. She says she'll continue to shop the market throughout the winter, looking for locally produced meat, dairy products, baked goods, apples and squash.

Preparing much of the meal ahead of time is Hammer's goal when she's entertaining. The two recipes she chose to complement the stuffed pork loin allow a cook to do just that: Hammer suggests sautéed parsnips and carrots glazed with Dijon and honey, along with a salad of fennel, bean and oranges.

Sautéed Parsnips and Carrots with Dijon-Honey Glaze

Sally Hammer

2 tbsp. extra virgin olive oil
1 pound carrots (julienne)
1 tsp. Dijon mustard
1 1/2 tbsp. honey
1 tbsp. Dijon mustard

Sautee carrots and parsnips in oil until caramelized and very lightly browned. Reduce heat to low, add in the spices and stir to coat. Cook for about 15-20 minutes. Remove from heat and let cool.

Fennel, Root and Orange Salad

Sally Hammer

5 fennel bulbs, 1 to 2 fennel bulb leaves, 1/2 c up extra virgin olive oil

1 tbsp. Dijon mustard

Dressing:
2 cups arugula
1 to 2 fennel bulbs, halved lengthwise and very thinly sliced crosswise
2 cups chopped orange

Dressing:
1/2 c up extra virgin olive oil
1 tbsp sherry or rum

To make the dressing, whisk all together until well mixed. Set aside until the vegetables are ready.

Fennel can be roasted and the dressing can be made one day ahead, she says, and they are easy for guests to dish up at a buffet.

Finding dessert ingredients that are grown locally is hard in the winter in Minnesota, but Hammer does use organic and locally produced dairy products and eggs. In summer she picks locally grown strawberries and freezes them to use in her winter desserts.

The dessert

Using local ingredients in her cooking is something St. Anthony Park resident Lesley Powers has been doing for years. Before moving to St. Paul in 1999, Powers owned and operated the Marim, a trendy restaurant in Townsville, Australia, that focused on fresh food. She grew her own herbs if she couldn’t buy them in town.

Powers' latest venture is her catering business, Bliss Gourmet Foods. During the holidays she adds gourmet cookie boxes to her repertoire for businesses to give as corporate gifts or for individuals to buy singly to enjoy at home. 

Holiday should be calls and enjoyable, Powers says, and she achieves this in her own home by creating what she calls “boutique menus to prepare today and serve tomorrow.”

She chose two desserts for her holiday meal: a foamy trifle and St. Nicholas Torte. Powers describes the trifle as a “fun and easy dessert showcase of layered fruit, whipped cream, pastry cream and monted cake. To show off the layers use your most beautiful glass bowl.” The St. Nicholas Torte is gluten free. Both dishes can be made one day ahead, she says, and they are easy for guests to dish up at a buffet.

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Arts Events

Music in the Park Series welcomes back pianist Butch Thompson and cellist Laura Sewell for the annual Gus Donhowe Memorial Concert on Sunday, December 2, at 4 p.m. They will perform jazz classics from Hoagy Carmichael, Irving Berlin and Charlie Straight, as well as selections from their seasonal CD “Bedlam: After Dark” and a jazz version of Tchaikovsky’s “Nutcracker Suite.” There will be a preconcert discussion with Thompson at 3 p.m. The concert will take place at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. Tickets (645-5699) are $25.

The Midwest Youth Dance Theatre will present “The Nutcracker” at the Ann Simley Theatre, located in the Drew Fine Arts Center at Hamline University. Performances will be November 30, 7 p.m.; December 1, 2 p.m. and 7 p.m.; December 2, 2 p.m. Tickets (644-2438) are $10 for adults, $8 for children and students.

Recreation

Falcon Heights Parks and Recreation will offer several classes in December, all at City Hall, 2077 W. Larpenteur. Self-defense and safety training. Ages 5–12. Saturday, December 8, 1:15–3:15 p.m. Cost: $31 for residents, $36 for nonresidents.

Making snow people. Ages 2–5 with adult. Friday, December 14, 1–2 p.m. Cost: $9 for residents, $11 for nonresidents.

Make and take crafts. Ages 6–12. Friday, December 27, 10–11 a.m. Cost: $12 for residents, $14 for nonresidents.

Holiday Sales

The Lyngblomsten Auxiliary will host a Scandinavian Cookie and Craft Fair from 9:30 a.m. to 2 p.m. on December 7 and 8 at 1415 Almond Ave. Proceeds will benefit the Lyngblomsten Youth Volunteer Scholarship Fund.

The Minnesota State Horticultural Society, 1755 Prior Ave. N in Falcon Heights, will be open extended hours on Saturdays in December: 9 a.m.–2 p.m.

The Northern Gardener Bookstore will offer discounts on selected items, and there will be a used gardening book sale. In addition, poinsettias and holiday baked goods will be for sale.

Tree Fund

The St. Anthony Park Foundation’s Keep it Green Fund, created to facilitate replacement of neighborhood trees lost in the August storm, has resulted in the planting of two disease-resistant elms along Carter Avenue by College Park. The private funding will supplement St. Paul’s normal citywide tree planting and will result in additional replacements next spring. To contribute to the fund or to request a replacement, contact Jon Schumacher: jon@sapfoundation.org, 641-1455.

Make and take crafts. Ages 6–12. Friday, December 27, 10–11 a.m. Cost: $12 for residents, $14 for nonresidents.
December events: Variety and Jazz Band Concert, December 5, 7 p.m., auditorium. Site Council meeting, December 10, 6 p.m., library. "Round and Round We Go" Choir Concert, December 10, 7 p.m., auditorium. Holiday Parent Group meeting, December 12, 6 p.m., library.

Falcon Heights Elementary
1395 Garden Ave., 293-8740
http://saldfes.org

A Parent to Parent community education class will be held on December 20 from 10 to 11:30 a.m. in Parkway Parent Room A. The fee is $15. Child care is available upon request for a fee.

Parent to Parent is a bi-monthly educational discussion group for families of K–12 students. The class is facilitated by a licensed parent educator, and class content reflects the interests of the group.

Examples of class topics include school family communication, conflict management, mindfulness, nutrition for growing children, and positive discipline.

Murray Junior High
2280 Buford Ave., 293-8760
http://murray.spps.org

The Murray School Association will host a fund-raising event on November 28, at Barone and Noble Books in 16th St. Mall. Murray will receive a percentage of the sale price for each book sold that day if the customer uses a voucher. Parents, volunteers, and students will be at the store throughout the day to pass out vouchers. Murray students will provide live entertainment that evening at the store.

Both the Murray girls' volleyball team (8–1, 2–0) and the boys' football team (6–2, 3–2) tied for first place in the city junior high league. The girls' soccer team (4–2–1) placed third, and the boys' soccer team (3–5) finished last.

More than 70 Murray students attended Wolf Ridge in northern Minnesota November 5–9. Wolf Ridge is an accredited residential environmental school that immerses students in hands-on, direct experiences in nature.

An Orchestra Festival will be held at 5 p.m. on November 29 in the Murray auditorium. The concert features all orchestra ensembles at the school under the direction of Barbara Lamb. Murray's music department will host a Winter Holiday Concert on December 20 at 7 p.m. in the auditorium. Murray's second trimester begins December 3, and the School Site Council will meet at 6 p.m. that afternoon.

The Murray Parent Association will host a forum, "Choosing a High School," at 7 p.m. on December 4. The forum will help parents of eighth graders understand the process of choosing a high school in St. Paul.

St. Anthony Park Elementary
2180 Keystone Ave., 293-8749
http://stapark.spps.org

Bro June, a teacher at St. Anthony Park Elementary for 4 years, will host the annual Santa Lucia program on December 6. Students perform Swedish songs and games that celebrate the warmth and cheer of light as the days grow shorter.

On December 8, 10 percent of the day's sales at Micaher's Bookstore go to the school. Store hours are 10 a.m. to 8 p.m. Cookies will be provided by school families.

Band teacher Anna McLaughlin and orchestra teacher Lee Byrke will join forces and lead students in a concert on December 12 at 2:30 p.m. in the gym.

CLAS (Celebrating Learning After School) is a after-school program coordinated by third-grade teacher Laura Mayer and staffed by teacher Justin Terrence, Katie Iannone, Bill Leeki and Max Lee, along with educational assistant Dan Clark and Courtney Olson. About 60 students participate in the program, staying after school Tuesdays and Thursdays to receive assistance with school work. Fund raising through the Scholastic Book Fair in the fall helps pay for the program.

Jennings Community Learning Center
2495 University Ave., 659-5455
http://jclcs.org

Jennings student Kelsey Hanson received a scholarship for a trip to Washington, D.C., where she lobbied the Minnesota congressional delegation to support the Javits Act (H.R. 2654) to change funding practices and expand debt cancellation for 67 impoverished countries, mostly in Africa. She was the only high school student among the scholarship winners.

Kelsey voiced Minnesota Representatives Keith Ellison, John Kline and James Oberstar, and Senators Amy Klobuchar and Norm Coleman. Along with American politicians, she also met with members of parliament and UN ambassadors from several African countries.

In addition to her lobbying trip to D.C., Kelsey journeyed to Nepal this past summer, visiting human-trafficking agencies, orphanages and schools. When asked what was on her agenda, she replied, "It’s difficult to say. There’s so much that I want to learn and do. I’m staying open to the possibilities and simply looking for doors and windows that I can climb through to discover what’s on the other side."

In November, director Bill Zimmerman and eight students traveled to the East Coast, where they visited other projects-based schools, including the Urban Academy in Manhattan and the Met School in Providence, Rhode Island.

Students also get to learn the fast-paced ways of New Yorkers by taking a jaunt in Central Park, engaging in a soothing meditation at Ground Zero, sitting on the edge of their scan at an off-Broadway show, suggesting public transportation and enjoying some delicious Chinese food.

On November 7, students presented their independent and group project interests to follow students, staff and parents. There are five remaining presentation nights: the next is December 13. School fund-raising events will also be held at this time. The community is welcome to attend and support students in their quest for knowledge.

As part of her independent poetry project, a Jennings student is hosting a free student Spoken Word Slam event on December 14. Students from surrounding charter and public schools are welcome to participate. The event will include spoken word performers, rappers, and dancers. Volumes for sound, lights, consecutivity, greetings and security are needed. The event will be held from 7 to 9 p.m. at the High School for Recording Arts, 550 Vandalia St. For more information on how to get involved, call Lydia McDonough (651-2780).
Catholic Charities from 1

St. Anthony Residence is less expensive than most of the alternatives.

"If they weren't here, they'd be using drugs, and that's $218 a night," said Jim. "Or they end up in ER at $500 a night. If they wind up in jail, that's $60 a night, and if they need an ambulance ride, that's $1000." In contrast, it costs $46 a night to house someone at St. Anthony Residence, which is funded by Ramsey County. Residents get three meals a day and case management services.

"We met them where they are," said Berglund. "We're not trying to change anybody. We have people who sober up and move on to an independent living situation. That's not typical and we don't expect it, but it is possible. This is a cost-effective and humane way to address a problem that has been with us throughout our history.

Berglund said that Catholic Charities' harm reduction model has been implemented by other groups, including the city of Duluth, which has a similar facility called San Marcos.

Hockenberger said that most St. Anthony residents come to realize that "this is the end of the line for them. If the county has a client coming in every seven days to detox, instead of spending thousands of dollars on detox, we offer a setting where they can maintain their sobriety. As long as they follow house rules, we have a nice safe place for them." Berglund said the staff helps residents get to medical appointments and makes sure they get the benefits they're eligible for.

"They receive preventive medical care, or they're staying in good health and are not using the system," she said. "Getting them safe, secure housing is the biggest thing because then they're off the street and less likely to come to harm.

Berglund said the Catholic Charities philosophy includes the idea of empowerment. "We don't do something for someone if he can do it himself," she said. She added that case managers meet with clients to set measurable goals. The case managers also meet as a team to review clients' files. Rooms are checked twice a day.

"No one disappears here or slips through the cracks," she said. Berglund started with Catholic Charities in 1999, running a shelter in Minneapolis for 100 men. She lamented the lack of affordable housing in the Twin Cities.

"I feel a passion for trying to build a solution to homelessness, and that solution is permanent housing," she said. "We also need services and supportive housing for those with mental health and chemical health problems, low income and bad credit history. We need to provide options besides a mat on the floor."

She said the St. Paul Residence, which is for homeless men, has received 85 applications, 51 of which are from the Dorothy Day Center, a Catholic Charities facility in downtown St. Paul providing temporary shelter, food and services for the homeless.

Jim said that starting using drugs at age 13 but now has four years of sobriety. "I'm going to be seeking some employment and eventually some permanent housing," he said. "I'm going to get back on my feet and get going again."

Though the building was designed to be functional, said Hockenberger, attention was paid to appearance as well. Hallways are tiled, yellow and blue, and there are plenty of windows. Other amenities include a lounge and computer room, as well as a kitchen for those making the move from the streets.

Berglund said Catholic Charities is a 501(c)3 organization that's open to people of all faiths — or no faith. "We've been very involved with the St. Anthony Park community for 20 years," said Berglund. "Overall folks are pretty accepting, and we also want to be part of the neighborhood."

The St. Anthony and St. Paul Residences are located at 902 Hensy St. More information is available at 612-664-9334 or www.ccppm.org.
Library Events
The St. Anthony Park Library will celebrate its 90th anniversary on Monday, December 3. Cake, coffee and coolers will be served from 10 a.m. to 2 p.m., and from 4:30 to 6 p.m., with historical displays on view all day.

Groups
**Lyngblomsten chapel.**
Warren Hanson ("A Cup of Christmas Tea"). Tea and treats served.

**St. Anthony Park Library.**
**St. Anthony Park Writers Group.** All are welcome. Call 642-6811 for more information.


**St. Anthony Park Library Book Club.** "The Glass Castle," by Jeannette Walls. All are welcome. Call 460-2681 for more information.


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**The library was placed on the National Register of Historic Places in 1988.**

**Join your neighbors to kick off the season Saturday, December 8 from 9:30 am – 4:30 pm.**
Prizes, carolers, and local artisans in Milton Square add to the retail fun!

**Followed by a special holiday concert by the Mamas and 3 Men and a Banjo at 7pm at St. Anthony Park Lutheran Church.**

**SAP has got a brand new bag**
Shop Home for the Holidays
**Join your neighbors to kick off the season Saturday, December 8 from 9:30 am – 4:30 pm.**
Prizes, carolers, and local artisans in Milton Square add to the retail fun!

**Followed by a special holiday concert by the Mamas and 3 Men and a Banjo at 7pm at St. Anthony Park Lutheran Church.**

**New Member Orientations Twice a Month!**
**Hampden Park Co-op**
Life’s finest Treasures Can be Faked in Small Packages!
Welcome to a neighborhood co-op with a full line of fresh natural foods, unique gifts, books and housewares

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**Wine and Dine**

**North**
- Abu Nader Deli & Grocery
- Bruegger’s Bagels
- Croon’s Deli & Pub
- Danish Bait
- Lady Margaret Tea Room
- Be Big Grace shoppe
- Lott’s Coffee Shop
- Men’s Café
- Muffuletta Restaurant
- Pho ‘79 Restaurant

**South**
- Artists’ Grind
- Bonnie’s Café
- Café Biaggio
- The Dubliner Pub
- Dunn Bros
- Egg & I
- Jay’s Café
- Keys Restaurant
- Parkview Café
- Signature Café

**Shops**

**North**
- Como Raymond BP Market
- The Bibelot Shop
- Bungalow Pottery
- Carter Avenue Frame Shop
- Colorful Quilts
- Emil Gustafson Jewelers
- Luther Seminary Bookstore
- Micawber’s Books
- Milton’s Bridal
- Speedy Market
- Suka-Rama Boutique
- Vine & Branches

**South**
- Chocolat Celeste
- Evenstar Bookstore
- Hampden Park Co-op
- Midtown Market
- Millian’s Market
- Noël Bakery
- Olympic Wine & Liquor
- Saratoga Square
- Twin Cities Reptiles
- Ugare Grocery Store
December Arts

Music

Coffee Grounds
1579 Hamline Ave.
644-9959, 373-2600

Real Book Jazz
Every Monday, 7:30pm

Bill Cagley’s Roots Music Showcase
Every other Thursday, 7pm

Open Mike with host Bill Weisser
Every other Sunday, 6pm

Heritage
December 1, 7:30pm
Bill Isles
December 7, 8pm
Tim Fast
December 8, 8pm
Last Known Whereabouts
December 14, 8pm
Steve Harlan Marks, Howard Krantz & Jim Feldman
December 15, 7:30pm
Winter Salsa Holiday Celebration
December 21, 7pm
Spruce Top Review
December 22, 7pm
Sally Heinz Showcase of Stars
December 29, 7pm
Como Park High School
740 W. Rose Ave., 293-8800
Varsity and Jazz Band
December 3, 7pm
Round and Round We Go Choir
December 10, 7pm
Ginkgo Coffeehouse
721 N. Snelling Ave., 645-2647
www.ginkgocoffee.com
Bluegrass and Oldtime Jam Session
December 26, 7pm

Performing Arts

Lady Elegant’s Tea Room
2270 Como Ave., 645-6674
informed versions of Christmas fan favorites. Price includes live music from 4-8pm. December 7, 8, 14, 15, 21, 22, 28, 29, 30, 1
Open Stage
First and third Wednesdays, 6pm sign-up

Christmas Concert
3 Men and a Banjo

7:00 pm Saturday, December 8
St. Anthony Park Lutheran Church, 2325 Como Ave.
Free Admission. Donations benefit St. Anthony Park Community Foundation

Visual Arts

Anodyne Artist Company
825 Carleton St., 645-1684
Art - what is it?
Exhibit: Midwinter
Dawns at 5pm
Performances start 7:30pm
Goldstein Museum of Design
240 McNicol Hall
1985 Buford Ave.
St. Paul Campus, 612-624-7434
How By Design: M. Pearsall and Pessberg
Through January 7
Lathan Art Gallery
U of M Student Center
612-624-2121
“Imprints,” Bruce’s Works by Deborah Gratt, Squared and Double Selvedges
Through December 13
Reynold Andersen Art Gallery
761 Broadway Ave., 646-2900
On the Surface: Contemporary Inuit by James Stirling
Through December 14
St. Anthony Park Lutheran Church
2323 Como Ave., 645-0131
Three Men and a Banjo, along with the Mamas
December 8, 7pm

All concerts at St. Anthony Park United Church of Christ
2191 Commonwealth Ave., St. Paul

Tickets Information
(651) 645-5699
Email: musicinfoparks@gmail.com

Concerts
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906 Adams Ave, St. Paul
Christmas Concert
3 Men and a Banjo

7:00 pm Saturday, December 8
St. Anthony Park Lutheran Church, 2325 Como Ave.
Free Admission. Donations benefit St. Anthony Park Community Foundation

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Email: musicinfoparks@gmail.com

Concerts
(651) 645-5699
906 Adams Ave, St. Paul
DECEMBER 2007 ■ PARK BUGLE 17

DECEMBER CALENDAR

1 Saturday
- Fine paints at ACT and SAE stars, St. Paul Library, Como 612-642-0411. 8 a.m. to 6 p.m. Call 310-7097 for information.
- Author Signing (612-625-5248), 10:30 a.m. to 3 p.m. at the Cupola Spot, St. Paul. Winner Circle, 2017 Robert Ave., St. Paul Campus. Every Saturday.

3 Monday
- Site Council, 4 p.m., Mannan Junior High School.
- Parent Forum: Cleo Moses, x High School, 7 p.m. Mannan Junior High School.
- AA, St. Anthony Park Lutheran Church (645-5162), 10 a.m. to noon. Monday. Every Thursday.
- Chair exercise classes at Seal High School, 1489 Hythe Street, 647-9354. Monday. Every Wednesday. Free to all seniors.

4 Tuesday
- Fine fringed, word processing, and Excel resources, 7 to 6 p.m. SAP Library, 2245 Como Ave., 642-0411. Every Tuesday.
- For fun (for 5-year-old and younger), Lighthouse Park Recreation Center (298-7565), 10 a.m. to 12 p.m. Every Friday.
- Trivia Trivia! (645-6875), morning to dinner speaking, Heidel Park, Burnsville, 2260 Como Avenue West Suite C, 2200 Hillside Avenue / 11th Floor. Every Tuesday.

5 Wednesday
- English conversation classes, 6:30 to 7 p.m. SAP Library, 2245 Como Ave., 642-0411. Every Wednesday.
- Nutrition for Personal Planning, free (all ages welcome), 7 p.m. Broadway and Concordia Lunch, 1409 Hyde Street, 647-9351.
- Screen Cities for Cancer (7 p.m., Tuesday), 9:40 to 11:30 a.m. Every Friday,
- Faulkner Hadley recycling, Every Wednesday.

6 Thursday
- For Fun (for 5-year-olds and younger), St. Anthony-Bloomington Library (299-7574), 10 a.m. to 12 p.m. Every Thursday.
- Chair exercise classes at Seal High School, 1489 Hythe Street, 647-9354. Monday. Every Wednesday. Free to all seniors.
- Faulkner Hadley recycling, Every Wednesday.

7 Friday
- Mom Nite at Spirit United Church (2204 Como Ave. SE in Minneapolis, 612-378-3602), FREE movie, “The Nursery Story,” 7 p.m. Discount follows the same costs.

13 Thursday
- Full Council Meeting, St. Anthony Park Community Council, South St. Anthony-Bloomington Library, 800 Congress, 7 p.m.

18 Tuesday
- Dance 10 Just dance, Call 644-3889 for details.

19 Wednesday
- Community Connections Community Council, 7 p.m. St. Anthony Park Library (645-5162), 10 a.m. to noon. Every Wednesday.
- St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays at 11 a.m.
- St. Anthony Park recycling, Every Wednesday.

21 Friday
- Faulkner Hadley recycling.

22 Saturday
- Winter Solstice Celebration at Spirit United Church (2204 Como Ave. SE in Minneapolis, 378-3602). Discussion, ceremony at 5:30 p.m., ceremony 7:30 to 9 p.m.

24 Monday
- Beginning of St. Paul Public Schools winter break.

All through the house not a creature was stirring.

They’re either marinating, grilling or roasting. Celebrate your holidays with the staff at Muffuletta and enjoy all of our seasonal specials, this month featuring hearty Minnesota comfort foods, locally sourced and lovingly prepared.

MUFFULETTA
In Milton Square
2200 Como Avenue West
St. Paul, MN
Reservations: 651-384-1340

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December Calendar is sponsored by Wellington
MANAGEMENT, INC.
Carol Kuettel
Paul Kuettel
Ruth E. Paskewitz
William Sandberg
Janet Stoebel
Sigrid Rothman
Joan Stoebel

Carol Kuettel
Carol M. Kraemer (née Olsen), age 77, of Falcon Heights, died on November 3, 2007, in St. Paul. She was survived by her husband, Frank Paskewitz, aging 83, of Falcon Heights, and by her children, James (Suzanne), Vicky (Ron) Childs, Sandy, Mark (Ruth), and Barry (Lisa). She was also survived by her grandchildren, James, James, Vicky, Ron, Sandy, Mark, and Barry. She was buried at Roseville Lutheran Cemetery on November 26, 2007.

Paul Kuettel
Paul Francis Kuettel, age 51, of St. Anthony Park, died on November 5, 2007, in an Ecuadorian hospital. He was the owner of Life's Savers, a candy shop, and he was a Bronson Bluff Chiller. Paul was a volunteer in the American Legion and the Caring Club. He will be remembered for his intelligence, engaging conversation, endless curiosity, and rich sense of humor. Paul was preceded in death by his parents, Frank and Nancie, his siblings, Jan and Dave, his nephews, N. Gene, Carol, and Mudgie Olson, and his mother, Jan Olson. The family wishes to thank the staff at HealthEast Hospice.

Ruth E. Paskewitz
Ruth was born on November 26, 1916, in St. Paul. She attended Harding High School in 1933 and matriculated at Macalester College, receiving her teaching certificate in 1937. She was certified in English, French and German. She taught in Moorhead, Minn. Followed by the death of her mother, she returned to St. Paul and worked in the Earl Clinic.

William Sandberg
William Rose Sandberg, age 55, of Minneapolis, died on November 3, 2007, in San Francisco, Calif. He was formerly of St. Anthony Park resident but recently lived in Minnesota.

Janet Stoebel
Janet Ann Pearson Stoebel, age 89, of Minneapolis, died suddenly on November 5, 2007, in Minneapolis. She was a member of the American Legion Auxiliary, St. John's Lutheran Church, and the American Legion Auxiliary Auxiliary 25. She was a devoted grandmother.

Sigrid Rothman
Sigrid Anne Krohn Rothman was born on January 7, 1924, in Trenton, N.J. She died November 15, 2007, exactly 15 years after her husband, Paul Kuettel, died.

Lives Lived to 20
CLASSIFIEDS

Classified deadline: December 14, 6 p.m.
Next issue: December 27

Classifieds cannot be e-mailed, faxed, or taken over the phone.

Mail your ad & check to:
Bugle Classifieds
P.O. Box 8126
St. Paul, MN 55108
or deliver to the Park Bugle drop box at the side entrance to 2190 Como Ave. (on the Knapp Place side of building) by 6 p.m. on the deadline day. We cannot bill you for your ad.

Home Services

GUTTERS CLEANED, repaired, installed, insulated, bonded, license #20126373. Burton’s Rain Gutter Service, 1864 Grand Avenue, 651-699-8900.

CARLSON WOODWORKING - custom cabinets, built-ins, shelves, furniture repair/refinishing. 651-429-0894.

PROFESSIONAL SERVICES

GRAPHIC DESIGNER with 12 years experience will create your newsletter, forms, brochures, cards, etc. Free consult and quote. Reasonable rates. madenique@gmail.com 651-210-4612.

CONCRETE AND RETAINING WALLS. Call Goodmanson Construction, 651-636-4996. Serving your neighborhood for 36 years all year round.

Child Care

PARK ANGELS CHILD CARE - 651-644-5516. Licensed 13 yrs., 6 wks. to 12 years. Part-time after school available.

Housing

FOR RENT: 3 bedroom, 2 bath, laundry, large yard, off-street parking. $1500/month. Utilities paid. 651-645-4300 or 651-644-5907.

ACROSS FROM COMO PARK

Sales

ANNUAL LAKE COMO Art Show. Friday December 7, 11-6; Saturday December 8, 10-5. Handmade holiday gifts from local artists. Historic Como Streetcar Station, northeast corner of Lovington and Helms.

Help Wanted

PART-TIME AD REP sought by Park Bugle. Sales experience and knowledge of Bugle neighborhoods desirable. Send resume to: Park Bugle, P.O. Box 8126, St. Paul, MN 55108.


Need A Plumber?
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Cell: 612-865-2369

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**Lives Lived from 1919**

Born in Fort Wayne, Ind., to Joe and Margaret Pearson on December 9, 1919. Janet was very active in church life growing up at St. Anthony Park, where she attended the Congregational Church, now St. Anthony Park United Church of Christ. She went on to serve the University of Minnesota and served in the Women's Ministry during World War II as a staff sergeant at Camp Lejeune, N.C.

**OCTOBER 2007**

**BETHANY BAPTIST CHURCH**

100 Noon: Christmas Day Worship
11:00 a.m. Fellowship - Refreshments
11:00 a.m. Worship

**ST. ANTHONY PARK UNITED METHODIST CHURCH**

2800 Loring Ave. (at Como) 651-446-4889
Pastor: Diane Mohrman

10:00 a.m. Worship Celebration
10:30 a.m. Sunday School
Noon: Fellowship & Luncheon
12:30 p.m. Chancel Choir rehearsal
6:30 p.m. Christmas Eve Service

**CME PARK LUTHERAN CHURCH - ELCA**

17707 homeowner, W. - 850-1136-2308
651-664-3172

Worship Schedule:
8:30: 9:15, and 11:00 a.m. Worship
6:00 p.m. Advent Service
11:00 a.m. Youth Sunday School Service

**COMO LUTHERAN CHURCH - ELCA**

2321 Como Ave, W. - 651-646-1900

Worship Schedule:
8:30: 9:15, and 11:00 a.m. Worship
6:00 p.m. Advent Service
11:00 a.m. Youth Sunday School Service

**FALCON HEIGHTS UNITED CHURCH OF CHRIST**

7300 W. River St., Ramsey 651-664-2081

Worship Schedule:
9:30 a.m. Worship
10:30 a.m. Adult Sunday School

**HOLY CHILDHOOD CATHOLIC CHURCH AND SCHOOL**

2200 Hillside Ave (at Como) 651-646-4889
Pastor: Diane Mohrman

10:00 a.m. Worship Celebration
10:30 a.m. Sunday School
Noon: Fellowship & Luncheon
12:30 p.m. Chancel Choir rehearsal
6:30 p.m. Christmas Eve Service

**ST. MATTHEW’S EPISCOPAL CHURCH**

7 135th Street E, Saint Paul 651-446-3310
Pastors: Martin Ericson and Mary Kaye Ashley

9:30 a.m. Holy Eucharist, Rite I
10:30 a.m. Holy Eucharist, Rite II

**ST. CECILIA’S CATHOLIC CHURCH**

2129 Commonwealth at Chelmsford. 651-646-7173
Website: holychildhoodparish.org
Handicap Accessible

Christmas Eve services Dec. 24
9:00 & 11:00am Worship
9:00am on Sunday, December 9th.
11:00am Worship

ST. ANTHONY PARK UNITED METHODIST CHURCH

www.scmpc.org
All are welcome!
2200 Loring Ave. (at Como) 651-446-4889
Pastor: Diane Mohrman

10:00 a.m. Worship Celebration
10:30 a.m. Sunday School
Noon: Fellowship & Luncheon
12:30 p.m. Chancel Choir rehearsal
6:30 p.m. Christmas Eve Service

ST. CECILIA’S CATHOLIC CHURCH

11:00 a.m. Fellowship & Refreshments
11:00 a.m. Worship

ST. MATTHEW’S EPISCOPAL CHURCH

10:30 a.m. Holy Eucharist, Rite I
10:30 a.m. Holy Eucharist, Rite II

**PEACE LUTHERAN CHURCH - ELCA**

651-446-4889
Pastor: Diane Mohrman

December 23: 10:00 a.m. Christmas Eve Worship
December 24: 10:00 a.m. only
Christmas Day: 10:00 a.m.

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Pastors: Martin Ericson and Mary Kaye Ashley

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**PEACE LUTHERAN CHURCH - ELCA**

5720 W. River St., Lauderdale, 651-646-4889
Pastor: Diane Mohrman

December 23: 10:00 a.m. Christmas Eve Worship
December 24: 10:00 a.m. only
Christmas Day: 10:00 a.m.

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