

Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 34, Number 4, October 2007



Park Midway Bank President Rick Beeson, left, welcomed Lauderdale resident Keith Dyrud, the first customer to use the bank's new lobby on opening day, September 10.

New Park Midway Bank building is up and running

Open House events scheduled for October 1-6

by Dave Healy

A project over two years in the making came to fruition on September 10, when Park Midway Bank opened a new building on the corner of Como and Doswell avenues. The 5-million-dollar building replaces a drive-up facility at that location. Operations formerly split between two Como Avenue facilities are now consolidated.

The 15,000-square-foot building houses 32 employees and has three drive-up lanes. In addition to offices and conference rooms, it includes an employee exercise room and showers.

According to Rick Beeson, bank president, the new building is expected to obtain certification from Leadership in Energy and Environmental Design (LEED), a voluntary national standard for developing sustainable buildings. It will be the first LEED-certified bank in Minnesota.

Energy-efficient features include waterless urinals and sensor-operated faucets with low-flow aerators, as well as sensor-operated lighting. The 38-stall parking lot has reserved spots for an HOURCAR vehicle and for

New bank building to 6

Hampden Park is ailing

by Renee Lepreau

An untrained eye might look at Hampden Park and see a healthy green space with abundant trees. Unfortunately, many know better.

South St. Anthony Park resident Karlyn Eckman works in forestry and watershed management. In the 1970s, she rented an apartment on Bayless Avenue. At the time, she said, Hampden Park was treeless except for a couple of large ash trees, which still remain.

When Eckman moved back to the neighborhood 15 years later, she found that the city had

planted the trees one sees in the park today. However, she said, the planning and planting were not done well technically.

"Although the plan was desirable from a landscape point of view," she said, "from a forestry perspective it was doomed. The trees were planted too close together and included non-native trees ill-suited for the region."

A 2001 study conducted by the St. Anthony Park Community Council (SAPCC) and

Hampden Park to 14

Home tour to take place October 27

by Judy Woodward

Shortly after they acquired their multistory, center-hall colonial house on Chelmsford Avenue, the Van Hecke family faced a harrowing dilemma.

John, the husband and father, was diagnosed with muscular dystrophy, a wasting disease that eventually forces its victims into a wheelchair. Their new home, with its many steps, was exactly the opposite of what the doctor might have ordered for a man who would soon find himself too tired to walk upstairs.

"We spent a fair amount of time agonizing if we should move to a one-story house in the suburbs," said John's wife, Betsy. The suburbs, that is, where the houses are as low and flat as Betsy's tone of voice when she considers the lack of attraction that suburban life held for the young family.

The Van Hecks loved their

house and their St. Anthony Park neighborhood. Eventually, they decided to stay where they were, but with a few changes.

The result of those changes was a three-story, handicapped-accessible addition to their house, plus a showplace front-yard garden that effectively transforms their wheelchair ramp from an adaptive mobility structure to an elegant counterpoint to the surrounding flowers.

Visitors will get a chance to examine their work on October 27, when the Van Hecke residence will be open to the public from 11 a.m. to 4 p.m. as part of the 2007 St. Anthony Park Home Tour.

The Van Hecke home will join other houses on display because of recent remodeling projects or for their historic or architectural importance.

One noteworthy addition to

this year's tour is the 1844 Old Muskego Church, one of the oldest houses of Christian worship in the Upper Midwest. The church, which was built by hand by Norwegian immigrant families, originally stood near Racine, Wisconsin. In 1904, the structure was disassembled and moved with painstaking care to its present site on the campus of Luther Seminary.

The Van Hecke family is enthusiastic about the results of their remodeling effort, but no one would say that the project, which included installing an elevator with four stops to link John to all floors of the house plus the garage, was easy.

"We lived in the house during construction," says Betsy, "and it was every bit as bad as I was told it would be."

Home tour to 4

Keeping it festive and local in St. Anthony Park

by Dave Healy

This year's 20th annual St. Anthony Park Fall Festival will feature some new twists. In addition to the usual carriage rides, bagpipers, artisans, food and entertainment, the event will include a fundraiser for St. Anthony Park Elementary and the inauguration of the St. Anthony Park Community Foundation's "Keep It. In the Neighborhood" campaign.

The October 6 festival, sponsored by local businesses, takes place from 10 a.m. to 5 p.m. in and around Milton Square. Tim and Tom's Speedy Market will serve food from 10 a.m. to 1 p.m. The Moldy Figs will provide musical entertainment, and there will be a variety of activities for children.

From 2 to 5 p.m. in the Milton Square courtyard, The Little Wine Shoppe and the St. Anthony Park Community Foundation will sponsor a wine tasting and sale, along with chocolates from Chocolat Céleste and appetizers from Muffuletta Cafe. A \$25 donation is suggested, and a percentage of the proceeds will benefit the St. Anthony Park School Association.

The festival also marks the beginning of the community

foundation's campaign to encourage residents to support their neighborhood by shopping at local establishments along Como, Cleveland, Raymond and University avenues.

The campaign grew out of a 2006 survey the foundation conducted to gauge the health of the local retail community. Results indicated that 97 percent of respondents believe a vibrant retail sector is important for the neighborhood's health.

"We took those results as a mandate from the community to take action," said Clare Caffrey, foundation board member. "So we put together a group of neighbors and came up with the campaign."

The campaign will repeat a successful venture from last December: "Shop Home for the Holidays." On Saturday, December 8, from 9 a.m. to 4 p.m., Como Avenue merchants will offer holiday specials, and carolers will welcome shoppers to a seasonal Holiday Village in the lower level of Milton Square.

The campaign launch on October 6 will begin at 2 p.m. with the reading of a proclamation from St. Paul Mayor Chris Coleman. For more information about the campaign, visit www.sapfoundation.org or call Jon Schumacher at 641-1455.

A community meeting to discuss the Como 2030 small area plan will be held at 7 p.m. on Thursday, October 25, at St. Anthony Park Elementary, 2180 Knapp St. For a copy of the plan, e-mail amy@sapcc.org. The Como 2030 plan addresses future development along Como Avenue between Hwy. 280 and the U of M transitway. It reflects an extensive community involvement process, including several public meetings. The October 25 forum will be the first opportunity for residents to see a draft of the plan.

Vote in this month's Bugle poll at www.parkbugle.org: Does Hampden Park need additional amenities?

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Lauderdale

This year's Halloween party at City Hall will be 5-7 p.m. October 31, and will feature a maze and cartoon movies. There will be mini-donuts, hot dogs, apple cider, hot chocolate and trick-or-treat bags for the kids. Costumes are traditional for both adults and children. Donations of candy and money, which make the event possible, are welcome at City Hall, open 8 a.m.-4:30 p.m., Monday-Friday.

The Lauderdale/Roseville District 623 School Board election will be held November 6. Polls are open at City Hall from 7 a.m. to 8 p.m. To register to vote, or to vote by absentee ballot, call City Hall at 792-7650.

St. Anthony Park

The St. Anthony Park Community Council is planning improvements for Hampden Park. Surveys about the park are available at Hampden Park Co-op, the St. Anthony Park Library and the Artist's Grind. They are due by October 15. A community forum will be held at 7 p.m. on Wednesday, November 7, at South St. Anthony Recreation Center.

The annual St. Anthony Park Home Tour will take place from 11 a.m. to 4 p.m. on Saturday, October 27. Advance tickets are available at Biblot, Micawber's and The Little Wine Shoppe. Tickets may also be purchased online at www.sapcc.org and will

be available the day of the event at the St. Anthony Park Library.

The first draft of the Como 2030 small area plan will be released at a kick-off event at 7 p.m. on October 25 at St. Anthony Park Elementary School, 2180 Knapp St. For a copy of the plan, e-mail amy@sapcc.org.

At its September meeting, the Community Council supported a liquor license application for a new restaurant at 2650 University Ave. in the Metro Lofts Building.

The Mississippi Watershed Management Organization is accepting nominations for a Science Advisory Group to help create a Third Generation Watershed Management Plan. They are looking for representation from the local scientific community. E-mail renee@sapcc.org for more information.

— Anne Holzman

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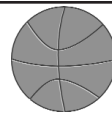
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University of Minnesota ups its horsepower

by Anne Holzman

The University of Minnesota veterinary school has long held its own in treating, teaching about and researching horses, but it has never had a building dedicated solely to equine programs.

That's about to change. The U's new Equine Center, set for a grand opening on October 15, will house not only an expanded veterinary program but also the university's mounted police horses and the therapeutic We Can Ride program for children with disabilities.

The center's director, Stephanie Valberg, is more than a little excited. A recent tour started at the expansive parking lot, which she said will solve the first problem clients have been complaining about when they bring horses to the old facility on Gorton Avenue, where horses share space and resources mainly with dogs and cats.

"We designed this so that you can unload in a nice covered area," she said — then waved toward the trailer-length parking spaces and turnaround area — "park and drive out of here without going into reverse."

Just inside the doors is a room full of leather-upholstered furniture, rather puzzling, perhaps, until one considers that clients have to wait for what might turn into hours while the vet staff figures out what's making a horse lame. Valberg said Internet hookups and other services will be available to keep clients from getting bored or losing precious business hours.

But beyond that, everything is horse-scale, right down to door-open buttons placed on the left sides of hallways (because you lead a horse walking on the left side of its head) and ceiling beams everywhere rigged with lift equipment to convey a seriously injured or anesthetized horse from room to room.

Valberg said eight years of planning gave her staff plenty of



Dr. Stephanie Valberg, director of the U of M's Equine Center, and her horse, Brooke. Brooke was donated to the university because she suffered from equine rhabdomyolysis, which is one of Dr. Valberg's specialties. Valberg cured her with a low-starch diet.

time to figure out exactly what they wanted. They brought in an architecture firm that specializes in equine accommodations to work out the interior details. The place is infused with high-tech solutions, such as a computerized pharmacy that uses fingerprint recognition for security, and an air-mattress chamber that protects a horse as it recovers from anesthesia and wants to stand up too soon.

The 60,000-square-foot, 14-million-dollar facility will mainly serve the growing population of horses raised as

pets. Valberg said they expect to see 5 to 10 clients a day. Thirty-three stalls will be available for short- and long-term stays (the university has about 20 horses for study at any given time, many of which will be housed there), with more planned as the means are found to expand the building.

A large arena will be used to watch horses in action, the way an auto mechanic tries to duplicate that clunking under the hood by taking it for a test drive.

U of M horsepower to 16

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The Park Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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The Park Bugle is published by Park Press, Inc., a nonprofit organization guided by an elected board of directors.

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EDITORIAL

"It takes a heap o' livin' in a house t' make it home."
— Edgar Guest

The distinction between house and home is a complex one.

Presumably, a house is simply a structure that a person or people live in, whereas a home is . . . what, exactly? Something more than a house, supposedly, but just what that something is may be hard to specify.

On the one hand, there's the story of the young girl whose family was displaced by a tornado. When a friend remarked that it must be difficult to be homeless, she replied, "Oh, we have a home. We just don't have a house to put it in."

Still, we describe people with no place to live as homeless, not houseless.

If you live in an apartment building, you don't, strictly speaking, have a house, but you can still have a home.

Which would you rather go on, a house tour or a home tour? What do you mean when you describe a place as "homey"? What's the difference between people setting up housekeeping and making a home together? Why do sellers organize an open house but not an open home?

Home, of course, can refer to something other than a mere abode. We have home towns (not home cities, interestingly), and "going home" can mean returning to an area rather than to a particular dwelling place. One can get homesick, but not housesick.

So how does a house become a home? For some people,

remodeling a place — making one's own mark on it — is an important part of the process. That's why visiting a house you used to live in can be an unsettling experience if subsequent owners have modified it.

But even if you don't physically change your dwelling place, simply dwelling there alters its essence. It's Edgar Guest's "heap o' livin'" that's at work in turning house to home. When you first move into a new place, it won't feel like home. But eventually it will, and that has much to do with the experiences you have there.

In some settled neighborhoods, a house will be known by a particular family, perhaps long after they've moved away. "Oh, you live in the Peterson place," an old-timer says to the newly installed Carlsons, perhaps thrice removed from the property's namesake.

Homelessness is an existential condition that can transcend mere dwelling place. Even someone with a place to live may feel perpetually not at home.

The American experiment depended on people willing to leave home, but also on those who kept, and keep, the home fires burning.

"I'm just a poor wayfaring stranger," says the folk song, "travelling through this world of woe. But there's no sickness, toil or danger in that sweet home to which I go."

This notion, that there's some supernal home we're bound for, is a powerful one that finds some kind of expression in most religions. But even the most irreligious among us have probably, at least from time to time, felt the truth of Dorothy's mantra near the end of "The Wizard of Oz": "There's no place like home."

Home tour from I

She developed an eye infection from drywall dust, and to save money she did all the painting herself. By the time she finished, her do-it-yourself skills had improved so much that she could no longer tolerate the less-than-perfect work in the first room she'd worked on. So she painted that room all over again to bring it up to the standards of the rest of the house.

"We were happy that our kids were in school while the really horrible stuff was going on," Betsy says. But then came the unseasonable cold snap at the end of September. "One night, the entire back of the house was open to the elements."

In addition to the normal hassles of construction, the Van Hecks had to do some careful planning for the future. Things that are difficult for John to bend down for now will become easier to reach when he is eventually confined to a wheelchair — factors they had to consider when establishing counter heights and the placement of doorknobs and drawer pulls.

Planting a frontyard garden was partly an effort to distract the eye from the newly built wheelchair ramp, but it was also a labor of love for Betsy, who, despite working full-time as an attorney, describes herself as a "huge gardener" who tends her flower beds for relaxation.

Now that the work is done, the family is delighted with the result. "It's an accessible house that looks like anybody's house," says Betsy. "We're home a lot and we wanted to really enjoy our home."

While the Van Hecke family celebrates the transformation of their house, Ann Brey takes quiet pleasure in the unchanging quality of hers. Brey's landmark Queen Anne Victorian near Langford Park remains much the same as it

was in 1946, when she, her widowed mother and her five nearly grown siblings moved in.

"I had just finished college when we moved in," says Brey, who was the oldest of the brood. "The house is very well-built and it was spotless when we came. We've never made any drastic changes in it."

The few changes that were made can be accounted for more by the march of time than any alteration of taste or fashion. The Brey garage was once a stable with wooden floors for the horses and accommodation for the chickens that belonged to an earlier owner. Instead of city water, the house once used a brick cistern, which was cleverly located beneath the stable so that the horses' drinking supply wouldn't be interrupted in

freezing weather.

Built between 1889 and 1891, the house at one time belonged to a branch of the Pillsbury family. They left a historic millstone beside the garage, says Brey.

Although Brey notes proudly that the beautiful pocket doors of the original dining room are still in place "and never warped," her favorite memories are not of the room itself but of what it contained.

"My favorite times were when we were all at home at mealtimes, having lots of good arguments," she says. "My brother loved to argue politics. He would take whatever side the rest of us weren't on."

Over the years, all of the siblings but one brother moved away and established families of

their own. Brey, a retired teacher, and her younger brother, Paul, now look forward to milestone birthdays "like a 75th" that serve as an occasion to gather their multigenerational family once more in the much-loved dining room with the elegant pocket doors.

Advance tickets for the Home Tour can be purchased at Bibbelot, Micawber's and The Little Wine Shoppe. Tickets are also available at the St. Anthony Park Community Council's Web site: www.sapcc.org. On the day of the event, tickets will be sold at the St. Anthony Park Library (2245 Como Ave.). Tickets are \$12 in advance and \$15 on the day of the tour, with proceeds to benefit the St. Anthony Park Community Council.

LETTERS

Norman Borlaug: one of us

We were pleased to see your article about the U of M Plant Pathology Department's centennial events, its many faculty who have been residents of St. Anthony Park and alumnus Norman Borlaug, who is a Nobel Peace Prize laureate and recent Congressional Gold Medal honoree.

Not noted was that Borlaug and his late wife, Margaret, also lived in this neighborhood for many years when he was a student in the Forestry and Plant Pathology departments on the St. Paul campus. He has friends still living here.

It may also be of interest to neighborhood readers that in 2004 state Sen. Ellen Anderson and Rep. Alice Hausman sponsored legislation designating every October 16 as Norman

Borlaug World Food Prize Day in Minnesota.

This is also the date when the World Food Prize Foundation — originated and still guided by Dr. Borlaug — confers its annual award for extraordinary contributions to international food production. And October 16 is the annual United Nations World Food Day.

This year, because the Plant Pathology centennial events occurred in September and loyal alumnus Borlaug attended, Gov. Pawlenty proclaimed September 20 as Norman Borlaug Day — and Plant Pathology Day — to help honor him and the many other esteemed scientists from this world-renowned department.

Don Henry
St. Anthony Park

Library gives thanks

The St. Anthony Park library is grateful for several recent contributions. The St. Anthony Park Association donated \$5,500, which was matched by the St. Anthony Park Library Association and city funds and paid for the new ceramic flooring in the library's community meeting room.

Park Midway Bank donated plantings to the St. Anthony Park Garden Club, which sold the plant material and raised \$200 to purchase several gardening books for the library.

We invite you to stop in and visit us as we celebrate our 90th year in St. Anthony Park.

Rosie Foreman, director
St. Anthony Park Library



The Odd Fellows lodge, at Hampden and Raymond avenues in south St. Anthony Park, is the site of several folk dances each month.

Kickin' up your heels with the Odd Fellows

by Natalie Zett

"It's the Odd Fellows up there again, dancing," said the clerk at Hampden Park Co-op, explaining the thunderous pounding coming from the ceiling.

St. Anthony Park resident Teresa Neby Lind might not consider herself an odd fellow, but she's happy to be one of many musicians and dancers who use the upstairs hall at the corner of Raymond and Hampden avenues.

"We have a nice relationship with the co-op," said Neby Lind, "even though the noise can be a bit much. They're good sports."

The building that houses the co-op and Parkview Cafe is owned by the Grand Lodge of Minnesota-Independent Order of Odd Fellows, a fraternal organization similar to Kiwanis, Lions or the Masons.

One purpose of the Odd Fellows is education, which the Hampden and Raymond lodge meets through folk dance instruction. The second floor of the building has offices, meeting

space and a large room with a maple floor, perfect for dancing.

The Odd Fellows began in England in the 1700s as a labor group. Christened the "Odd Fellows" by some of its detractors, the group decided to embrace the moniker rather than fight it.

The organization was brought to the United States in the 1800s, and lodges sprouted up throughout the country. The Minnesota Odd Fellows started in Stillwater in 1849, and there are several lodges throughout the state, including the one on Hampden and Raymond.

The Twin Cities is known as a haven for folk music and dancing. "There are a lot of folk aficionados in town," said Neby Lind, a former member of the Wild Goose Chase Cloggers. She said the Odd Fellows have been making their space available to dancers for at least 25 years.

Neby Lind, a fiddler, started the Old Time Toe Jam on Tuesday nights at Odd Fellows. "It's mostly fiddles and guitars," she said, "but there's some

clogging as well. I would encourage anyone to attend. One thing about clogging is you don't need a partner. Lots of single people show up since this is a good alternative to the bar scene, plus it's great exercise."

Another regular at the Odd Fellows hall is Jim Brooks, who has been involved in folk dancing since the 1970s.

According to Brooks, "Clogging comes from the English. The heavy nail boots that factory workers wore in the 1800s were called 'clogs,' and the workers would beat out rhythms that were akin to the machines that they were working on. When they settled in the U.S., they brought that style with them and incorporated what they'd seen from Native-American ceremonial dancing and African-American dancing."

Brooks joined the Wild Goose Chase Cloggers (www.wildgoosechasecloggers.org)

Kickin' up your heels to 8

St. Anthony Park Neighbors for Peace



Planning meeting (all are welcome):
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employees who carpool.

Employees who do not carpool are encouraged to park off site. The bank leases parking places for that purpose at Children's Home Society and Luther Seminary.

"It's already clear that our new facility has a much more advantageous parking situation than the old building," said Beeson. "The lot is deeper, making it easier to get in and out of parking spots. Also, our customers are not competing with the customers of other businesses, as they were at our previous location."

Visitors entering the new building from Como Avenue are greeted by Park Perks, an espresso bar that sells coffee and cookies. Profits will be donated to various Twin Cities nonprofits. In September and October, the beneficiary is Eco Education.

Park Midway Bank has a 90-year history on Como Avenue. Established in 1916, what was originally Park Bank first occupied an office at the corner of Como and Carter avenues. Within a year the bank had its own building at 2250 Como Ave., current site of Children's Home Society and Family Services.

In 1974 the bank built a drive-up facility on land it had purchased at Como and Doswell, and in 1986 the main bank moved across the street to 2265 Como Ave., where it leased space.

The inefficiencies of maintaining two facilities, along with the impending expiration of its lease at 2265 Como, led the bank to consider erecting a new building at 2300 Como.

The small site at Como and Doswell left room for only 38

parking spots out of the 41 required by city code. Getting a variance for the parking shortfall required the bank to go before the District 12 Community Council and St. Paul's Zoning Commission.

At these meetings, some residents lamented the loss of a coffee shop attached to the drive-up building and expressed reservations about the design for the proposed building.

In response, the bank formed an advisory committee composed of local residents and business owners. Their deliberations resulted in several changes to the building.

A proposed tower was eliminated, a canopy over the drive-up lanes was moved back from the sidewalk and the windows were redesigned. Also, more benches were added outside the building, and plans were made for the espresso bar inside.

The bank's new facility drew on the talents of two local residents. Landscape architect John Thomas, who lives across the alley from the new building, coordinated all the plantings on the site. Tim Smith, a St. Anthony Park resident who owns the Carter Avenue Frame Shop at 2186 Como Ave., framed all the artwork in the new bank.

The new bank building is open from 9 a.m. to 4:30 p.m. Monday through Friday, and 9 a.m. to noon on Saturday. Special Grand Opening events will be held October 1-6.

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Murray Junior High alum is Discovery Channel Science Challenge semifinalist

by *Antonie Young*

St. Anthony Park resident Matthew Buechler, a ninth grader at Como Park High School, was recently nominated as a semifinalist in the Discovery Channel's 2007 Young Scientist Challenge for a project he did last year at Murray Junior High.

Buechler is one of 400 students in grades 5-8 from around the country who were selected as semifinalists. Finalists will be chosen this month.

Buechler's eighth-grade science project was his winning venture. As a student in Murray's magnet science program, he was required to participate in the annual science fair.

"From the school fair, you can go on to regionals and even state if you're selected," Buechler said. "At regionals, the judges looked over my project and decided to nominate me for the Discovery Award."

To complete the nomination process, Buechler wrote essays on various project-related topics.

"I had to write a few 500-word essays," he said. "One was on my idea for the project: how I came to think of what I was going to do. Another was filling out a survey on my extra-curricular activities, and another was on why I like science and how my project could make a contribution to the future of science."

According to the Discovery Channel's Discovery Education Web site, semifinalists were selected from tens of thousands of students in grades 5-8 participating in science fairs in 44 states. From the 400 semifinalists, 40 entrants will be chosen as finalists and will head to Washington, D.C., to compete in the finals October 21-24.

The Young Scientist Challenge is in its ninth year and, according to the Discovery Channel Website, is "designed to encourage the exploration of science during the critical middle school years [and] . . . to nurture the next generation of American scientists at a critical age when interest in science begins to decline."

The 2007 Challenge focused on environmental issues and sustainable development.

Buechler's project was titled "The effect of culvert inlet design on the efficiency of culverts operating on inlet control."

"I was basically finding which culvert is most efficient at transferring water from an upstream point to the downstream point," he said.

He made a model from wood and PVC but did not bring it to any of the fairs, relying on his board presentation to describe his project and findings.

"I've always been interested in hydrological studies and water and stuff," Buechler said. "In seventh grade I did my science project on storm sewer inlets, but this year I switched to culverts because I thought it would be a harder topic. There's more variation to inlets. I've always been interested in making models and things that deal with buildings, doing real calculations instead of simulations on the computer."

Buechler said his project could have practical benefits. "Theoretically, it could help make culverts safer and more efficient, and ultimately more efficient for a city to install," he said. "There are many things you could do to make them more efficient and better for the environment."

Buechler said science and math are his favorite subjects. "I might become a scientist," he said. "My projects have been on civil engineering, so that's something I'm interested in—right now, at least."

He added, "This whole Discovery Channel contest is just a side thing. The big accomplishment was getting my project done and going to state. This is just extra. I liked doing it, and I'm glad I did well."

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in 1984, first as a dancer and now as the leader.

"I like folk arts and old-time music," he said. "I love the movement, the rhythm involved with clogging, and I also like to perform."

The group has been on the Prairie Home Companion radio show and recently performed in Eau Claire at an international folk dance festival.

Brooks is also the organizer of a contra dance held the first Saturday of each month at the Odd Fellows. He's helped by Adam Granger and Annie Spring, musicians who live in St. Anthony Park.

The contra dance session draws 50 to 80 people each month. Instruction starts at 7:30 p.m. and dancing at 8 p.m., though as Brooks says, "We teach each dance as we go, so there's actually teaching going on all night."

Brooks is also president of the Oak Floor Folk Music and Dance Association (OFFMDA), a

coalition of groups that use the Odd Fellows hall. A common thread among these dance organizations is education.

"By the Odd Fellows charter, this second floor has to be used for teaching as well as social purposes," said Brooks.

Another member of OFFMDA is Scoil na dTí (pronounced skull-na-dree), an Irish dance academy that holds classes and dances for all ages at the Odd Fellows. The name means "school of the three," since it was founded by three teachers: Brenda Buckley, Joe Richter, and Gillian Osborn. According to Buckley, the school focuses on competition and performance.

"I came into Irish dancing as an adult," said Buckley. "My brother went to the Winnipeg Folk Festival and came back with a tape of Irish music. My feet started moving and it called me like a pied piper."

A dance teacher encouraged Buckley to get into competition, and eventually she became

certified to teach Irish dancing by the Dublin-based Irish Dance Commission.

Scoil na dTí has five championship-level dancers who appear at a variety of venues, including the Minnesota Irish Fair, the Festival of Nations and various St. Patrick's Day celebrations. They have also performed at Orchestra Hall, the Minnesota Folk Festival, schools, weddings, corporate events and even powwows.

"It's hard to categorize our students," said Buckley. "They come for a variety of reasons: fun, exercise, love of Irish dance or whatever calls them." Scoil na dTí holds adult lessons for beginners at Odd Fellows on Sundays from 3 to 4:30 p.m. Other classes are listed on their Web site: www.scoilnadtir.com/classes.php.

The newest addition to dance instruction at Odd Fellows is an Argentine tango group (www.mntango.org). Tango started in the slums of Buenos Aires, caught on in Europe — especially Paris in the 1920s — and remains popular throughout the world.

Organizer Lindsay Orr said a group of 8 to 10 people has been meeting at the Odd Fellows from 8 to 10 p.m. on Monday nights for about a year.

"Tango takes a lot of practice," she said. "We hold introductory lessons where you learn to lead and to follow. It's not about learning basic steps, but is heavily into improvisation."

She said visitors are always welcome.

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The Birdman of Lauderdale

by Clay Christensen

I watched a lady take a shower the other morning out on our front lawn.

It was a female ruby-throated hummingbird that had landed on the sedums out front just as the sprinklers were rotating toward her. I expected she'd flush when the water hit her, but she sat there and seemed to enjoy the coolness on a day headed for 90 degrees.

All this occurred four days after my return from a six-day birding trip to Ecuador.

While we see only the ruby-throated hummingbird regularly in Minnesota, the Andes in northwestern Ecuador are home to more than 50 species of hummingbirds. I was fortunate enough to see 34 of them, 20 of which were new life birds for my list.

In this country, we typically think of birds living in certain geographical ranges, north or south, depending on the season.

But hummingbirds in the Andes often live in ranges that are limited by altitude, up and down, and not so much north and south. They depend on the nectar in flowers, and these bloom only at certain altitudes and at certain times of the year.

Migration of birds in the tropics is therefore often a vertical migration, to an altitude where food is available.

One of the most impressive hummingbirds was one we saw on the slopes of the Pichincha Volcano in the Yanacocha Reserve at 11,500 feet. It was the sword-billed hummingbird with its five-inch body and a four-inch bill. When perched, the bird raises its bill nearly vertical, probably to help maintain balance so it doesn't take a nose dive off the branch.

As my buddy Bill said, "There's a bird that can't groom itself." Talk about not being able to scratch where you itch!

We stayed at a place called the Tandayapa Bird Lodge, near Mindo, west of Ecuador's capital, Quito. Tandayapa is at 5,700 feet and features half a dozen hummingbird feeders around its balcony.

Here was where we saw the most hummingbirds. One superstar was the booted racket-tail. This little guy is just over four inches long, including a pair of tail feathers that have evolved as narrow "strings" that end in large, blue-black rackets, which the male proudly displays as it flits and feeds.

As the name suggests, this hummingbird also has some fabulous white puffy boots. So with the white boots and racket tails, it's a gorgeous bird.

One of the most spectacular hummingbirds we saw was the rare and elusive empress brilliant, a five-inch beauty with a deeply



The booted racket-tail hummingbird is one of several exotic varieties that frequent northwestern Ecuador, home to more than 50 species of hummingbirds.

forked tail and body feathers that reflect the sun in a brilliant green underneath a flickering gold sheen.

How rare is this bird? If you look on a birding map for its range, you won't find a gray shaded area marking its habitat. Instead, you'll see just two small black dots west of Quito (where we were) and one dot on the border with Columbia.

Most of the birds in the tropics have names consisting of two or more words strung together, and hummingbird names are no exception. They're usually very descriptive.

For example, we saw the white-whiskered, tawny-bellied and stripe-throated hermits, small hummingbirds with decurved (downward curved) bills.

Then there were the brown, green and sparkling violet-eared, four-inch hummers with violet ear patches that flare out when they confront one another at the feeders. They looked like gill covers to me.

Some names evoke magical, fairy-like scenes: green-crowned woodnymph, shining sunbeam, gorgeted sunangel, Tyrian metal, rainbow-bearded thornbill, purple-throated woodstar and buff-tailed coronet. There's even one called the purple-crowned fairy. I didn't see it but others did.

As I mentioned, the ruby-throated hummingbird is the

only hummer we see regularly in Minnesota. It nests in the metro area and farther north, with the northerly ones migrating through in the spring and fall.

But we do sometimes see other hummingbirds in Minnesota. There are usually a couple of vagrant, rare hummingbirds each year that hang out at someone's feeder into the cold winter months.

I think of the calliope hummingbird that came to a feeder in south Minneapolis as winter arrived a few years ago and was captured and almost successfully flown to the southwestern United States on an airplane. Unfortunately, it died on its way to the airport.

We can also get an occasional rufous hummingbird, a northwestern United States bird. A few stragglers wander through Minnesota from time to time.

Personally, I'm still thrilled to see the ruby-throated hummingbirds come through the yard. I look for the young males that don't have the full ruby gorget at the throat yet. The females have distinctive white tips on their tail feathers.

Just watching them hover and feed in flight, reverse direction, challenge one another — and even larger birds — is pretty exciting for this Minnesota birder. And it all takes place just 980 feet above sea level!

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Volunteering Matters

by Lisa Steinmann

In this era of the overscheduled life, it sometimes seems as if the only time available to think about exercise is while sitting in the doctor's waiting room, paging through magazines, where the smiling faces of the fit and the fabulous deliver the same message: Exercise will improve your health.

For Wendy Rahn, St. Anthony Park resident and associate professor at the University of Minnesota, it took an upsurge of adversity to make her realize how seriously she needed to heed that message.

During the summer of 2006, while putting on her bathing suit, Rahn detected a lump beside her breastbone. She dutifully followed up with her doctor.

A mammogram and ultrasound didn't detect the lump, but she decided to have it removed and biopsied anyway. Her doctor said that in 90 percent of such cases, the lumps are benign. The phone call she received from her doctor on November 1 hit her "like a ton of bricks." It was cancer.

Rahn, a petite blonde with a strong jaw and blazing blue eyes, didn't let the news slow her down. It was the beginning of an odyssey that would include surgery—a bilateral mastectomy—drug therapy, breast reconstruction and simply surviving.

"I have cancer," she says. "Present tense. You never know if they got all of it." She adds that getting the cancer diagnosis was liberating. "What's the worst that can happen? Cancer? I already have it."

That kind of bulldog tenacity helped Rahn focus on a course of action that would help her survive. She asked herself, "What is it I do well?"

As a professor, she knew that not only was she a good researcher but she also had access to information and resources that others do not.

With the same energy she brought to earning a Ph.D. in political science, she studied cancer. One thing stood out, something her oncologist never talked about. Rahn found that there are impressive survival benefits to regular exercise.

She learned that regular physical activity after a breast cancer diagnosis lowers the chance of cancer recurrence by 40 percent.

She also learned that regular physical activity improves the chances of surviving cancer by 50 percent and provides other benefits such as improved immune system function, reduced fatigue, gains in muscle mass and bone density, and enhanced well-being.

Rahn hired a personal trainer and got serious about her exercise regime. She established a routine



Photo by Lori Hamilton

St. Anthony Park resident Wendy Rahn, left, gets weightlifting pointers from Sandra Swami, her personal trainer.

that includes aerobic and weight training and stretching. She thought she should share her experience with other women surviving cancer by making an exercise DVD, and started looking for money to produce it.

She turned to the Lance Armstrong Foundation for funding but discovered that to apply for money she had to be part of a nonprofit organization.

Rahn knew that many nonprofits focus on diagnosis and treatment, not quality of life after treatment ends. She saw a need for an organization to provide information about the importance of exercise for cancer survivors.

Rahn got in touch with the Minnesota Council on Nonprofits last spring, and they provided her with a how-to kit. She put together a board of directors, who met for the first time in June. By July 2007 it was official; Rahn became president and founder of a nonprofit organization called Survivor's Training.

One of the first things she did was launch a Web site: www.survivorstraining.org. It includes "Training Day," Rahn's gutsy, funny, personal and sometimes academic blog devoted to cancer, exercise, health care policy and social science.

She also plans on getting her message out through speaking engagements. In September she

was invited to a rally and workshop for franchise owners of Curves, a chain of women's exercise studios.

Rahn's mission includes making exercise part of the national conversation about health care reform. She would like to see insurance policies that reward physicians for providing this information to cancer patients and enable patients to get reimbursed for exercise.

"It makes bottom-line sense," says Rahn. "I spent \$1500 working with a personal trainer for three months. A recurrence of breast cancer results in direct medical costs of \$80,000."

Rahn acknowledges that the message "exercise will improve your health" is out there, in magazines and other media. She also worries that the message could be getting lost in its own mass production.

She found that in her own life, when things got really busy, like they did nine years ago after the birth of her son, Aaron, exercise was the first thing to get eliminated from the schedule. Even after cutting back to part-time hours at the university, she had little time to exercise.

"It felt selfish," she says. "Exercise became reclassified as a luxury."

Now she believes that exercise is a survival tactic. "I have the perfect excuse to exercise. It's not selfish. It's medicine."

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Arts Events

Music in the Park Series will present the **Parker String Quartet** with pianist Soyeon Lee at 4 p.m. on Sunday, October 21, at St. Anthony Park United Church of Christ, 2129 Commonweath Ave. For ticket information, call 645-5699.

On Friday, October 19, the quartet will perform two family concerts, 6:15 and 7:30 p.m., at St. Matthew's Episcopal Church, 2136 Carter Ave. Tickets are \$5 in advance, \$6 at the door. For ticket information, call 645-5699.

Encore Winds, a 45-piece ensemble of wind and percussion instruments, will perform at 4 p.m. on Sunday, October 28, at St. Anthony Park Lutheran Church, 2323 Como Ave. For more information, call 645-0371.

On October 10, from 5 to 7 p.m., a reception will be held for artist **Duain Viewor** in the Olson Campus Center at Luther Seminary.

The film "Enemies of Happiness," part of the Women's Human Rights Film Series, will be shown at the St. Anthony Park Library on Tuesday, October 23, at 7 p.m. The event is free and open to the public. For more information, call 222-3242.

Lecture

Rev. Wanda Deifelt, associate professor of religion at Luther College in Decorah, Iowa, will deliver the annual Burgess Lecture at 11 a.m. on October 10 at Luther Seminary in the Olson Campus Center's Chapel of the Incarnation. Her title is "The Quotidian and the Mission of the Church: Saving Souls, Feeding Bodies, Healing Lives."

Sales

Como Park Lutheran Church, 1376 Hoyt Ave., will hold a meatloaf dinner, bake sale and bazaar on Saturday, October 13, from 4:30 to 7 p.m. Tickets are \$7.50 for adults, \$5 for children 4-12, and \$3 for children under 4. Call 646-7127 for more information.

Holy Childhood Church, 1435 Midway Parkway, will hold a rummage sale on October 11 and 12. Hours are 9 a.m. to 7 p.m. on Thursday and 9 a.m. to noon on Friday.

Holy Childhood's **Oktoberfest celebration**, "A Taste of Como," will take place on October 5, from 5 to 9 p.m. The event will include food sampling, beer and wine tasting, and German music. No minors will be admitted. Tickets are \$15 in advance and \$20 at the door. Call Larry McMahon (489-2428) for ticket information. **Falcon Heights United Church of Christ**, 1795 Holton St., will hold a rummage sale from 8 a.m. to 5 p.m. on October 4 and 5. Call 646-2681 for more information.

YMCA Camps Widiwagan and du Nord will hold their annual fall garage sale October 3-6 in the Merchandise Mart at the Minnesota State Fairgrounds. Hours are 9 a.m. to 7 p.m. Wednesday through Friday and 9 a.m. to noon Saturday. All proceeds go to the camps. For more information, call 645-6605.

The **Lyngblomsten Auxiliary** will hold their annual fall rummage sale on October 17-19 at 1415 Almond Ave. Hours are 9-4 Wednesday, 9-2 Thursday and 9-noon Friday.

Donations of new and gently used items will be accepted October 8-13. For more information, call 646-2941.

Churches

Falcon Heights United Church of Christ, 1795 Holton St., will hold a **Parenting and Faith** series on Thursday evenings, October 11-November 15, from 6 to 7:30 p.m. A light supper and child care will be provided.

Discussion topics will include praying with children, sharing Bible stories, observing the seasons of the church year, helping children cope with grief and loss, and teaching children about stewardship. The series will be facilitated by church member Jo Behm, a licensed early childhood family education specialist, and Rev. Jane McBride, associate pastor. Call 646-2681 to register or for more information.

St. Anthony Park United Methodist Church, 2200 Hillside Ave., will hold its annual **Country Festival** on Saturday, October 27, from 9 a.m. to 2 p.m., with lunch served from 11 a.m. to 1:30 p.m. Lunch is \$6 for adults, \$3 for children. The festival includes an indoor garage sale, craft sale and bake sale. Call 646-4859 for more information.

Green Roofs

A green roof workshop hosted by the Capitol Region and Ramsey Washington Metro Watershed Districts will be held October 15, from 6:30 to 8:30 p.m., at 1410 Energy Park Dr.,

#4. The work-shop is free but registration is required: 644-8888 or elizabeth@capitolregionwd.org.

The workshop will explain how to create a green roof for garages, porches, sheds or outbuildings. A green roof is a vegetative roof cover made up of plants, a growing medium, drainage layer and waterproofing membrane. Green roofs reduce stormwater runoff and can extend the life of a roof. For more information, visit www.mingreenroofs.org.

Recreation

Registration for **Langford Park hockey** will be October 4 from 6 to 8:30 p.m. at Langford Rec Center. Basketball registration will take place October 15-26.

Gardening

The **St. Anthony Park Garden Club** will present a panel of three club members — Ann Stout, Mary Maguire Lerman and Philippe Gallandat — at its October 2 meeting at St. Anthony Park Library. A business meeting will start at 6:30 p.m., with the panel at 7:15 p.m. All are welcome.

Raptor Center

The Raptor Center's **Senior Learning Series** continues with an October 17 session on falcons and falconry. The session, from 1 to 2 p.m., will take place at the Raptor Center on the U of M's St. Paul campus. For more information, call 612-624-2756.

Model Railroads

Bandana Square's Twin City Model Railroad Museum will present **Burlington Day** on

Sunday, October 14, from noon to 5 p.m. Admission is \$4, free for children under 5. For more information, call 647-9628 or visit www.tcmrm.org.

Citizenship Classes

The **International Institute of Minnesota**, 1694 Como Ave., will offer free citizenship classes beginning October 27. Call 647-0190, ext. 307, for more information or to make an appointment.

Como Park

The fall flower show at the Marjorie McNeely Conservatory will run from October 6 through November 25. The show will feature chrysanthemums, with accents of Swiss chard and ornamental peppers.

On October 7, from 1 to 3 p.m., the conservatory will host "The Medicine Cabinet." The event includes a tour to discover plants used in health care, as well as hands-on activities.

Wolf Awareness Day at Como Zoo, on October 14 from 10 a.m. to 4 p.m., will include educational activities for the whole family.

ZooBoo, Como Zoo's annual nonscary Halloween festival, will take place on October 20, 21, 26, 27 and 28, from 4:30 to 7 p.m. Over 200 costumed characters entertain children. The event is sponsored by Cub Foods.

People

Como Park resident **Mel Duncan**, executive director of the Nonviolent Peaceforce, has received the 2007 Pfeffer Peace Prize from the U.S. Fellowship of Reconciliation.

The Nonviolent Peaceforce is a federation of more than 80 organizations from around the world that works to train a global civilian corps of unarmed peacekeepers.

River City Clinic, 2265 Como Ave., suite 204, welcomes parent coach and trainer **Tina Feigal**. The author of "The Pocket Parent Coach," Feigal teaches therapeutic parenting techniques. She has been featured on KARE 11 TV and in several newspapers and magazines. She can be contacted at 646-8985 or tina@nurturedheart.com.

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Undercroft Gallery hosts rare mother-son exhibition

by Dave Healy

For much of human history, a son was expected to follow in his father's footsteps. Erick Wiger gave the long-standing formula a twist. He became an artist, and he credits some of the influence for that career decision to his mother, Jeanne, who counts art among her many vocational and avocational pursuits.

Mother and son will be featured in a joint exhibition that opens October 30 at the Undercroft Gallery, located in St. Matthew's Episcopal Church. This is a first for Jeanne and Erick, as well as for the Undercroft.

For Erick, "Having an artist as a parent has an inevitable influence. She was always encouraging and she exposed me to a whole world that many people just get to glimpse. I eventually had to find my own path separate from what my mother was doing. Ultimately, though, she taught me to see the world differently than others,

which is a gift I will always treasure."

Erick, who works primarily in three-dimensional media, describes his art as "largely nonrepresentational and intuitive. The forms tend to be very organic."

As a sculptor and glass artist, he finds that the two media regularly inform each other.

"I find that I'm increasingly interested in bringing some of the fluidity and spontaneity of the glass into my ceramics and some of the textural elements of the ceramic pieces into my glass work," he says.

Erick's work has also been influenced by his interest in geology.

"I love rock formations," he says. "The textures, colors and forms that both pristine and eroded rocks and landscapes have are constantly informing my work."

Jeanne Wiger, besides being an artist, is an art educator and

therapist, author, marriage and family therapist, and life coach. Her art takes many forms, including collage, watercolor, printmaking and sculpture. Recurrent themes in her art reflect her commitment to spirituality, human development, native cultures and nature.

"I believe the visual arts should serve as a springboard viewers can use to enrich their lives and deepen their understanding of themselves, God and the world around them," she says. "Art helps people search and probe for meanings that otherwise might have been missed."

The Wigers' Undercroft exhibition will continue through December 1, and is free and open to the public. The gallery, located at Carter and Chelmsford avenues in St. Anthony Park, is open Tuesday through Friday from 9:30 a.m. to 2:30 p.m. For more information, call 645-3058.



Erick Wiger, left, and his mother, Jeanne Wiger, above, will be featured in an exhibition at the Undercroft Gallery, Carter and Chelmsford avenues, from October 30 to December 1.

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Hampden Park from 1

funded by the Department of Natural Resources found that out of over 100 trees in Hampden Park, 92 percent of the deciduous trees and 52 percent of the coniferous trees were injured from the city's planting, pruning and mowing practices.

Gregg Richardson, also trained as a forester, has lived on Bayless Avenue for 18 years. During that time, he said, at least a dozen sugar maples in the park have died from strangling root (the result of misplanting) or have been blown over by storms. In 10 years, he predicts, they will all be gone.

Partly spurred by the poor health of the trees, the SAPCC has secured funding from the Ramsey County Soil and Water Conservation District and the Capitol Region Watershed District to implement substantial changes in the park.

Also, the Metropolitan Design Center created a survey that the SAPCC Environment Committee is using to solicit neighborhood input for the park. The committee wants to hear from residents and the many

people who use the park on their lunch break.

Ideas from two community forums include a drinking fountain with a lower faucet for dogs, a decorative fountain centerpiece, rain gardens, ornamental or path lighting, greeting signage that identifies the park, tree planting and culling, more seating or tables for lunch visitors, and a larger community gathering space.

Some committee members agree that the abundance of grass in the park may not be the best use of the land. They would like to see the park maintain open space for active play but balance that with other uses where appropriate.

Stephen Mastey, a landscape architect who lives on Bayless, said, "Some of these spaces you just look at but don't actually experience." Instead of lawn, he said, a decorative rain or butterfly garden would be more visually stimulating and also provide ecological benefits.

With such additions come obligations for maintenance. With that in mind, the SAPCC

plans to establish Friends of Hampden Park to help care for the park. Mastey said if neighbors think of the park as "simply an extension of our own yards, then we could all help take care of it."

The SAPCC is emphasizing the need for the city and neighbors to work together to ensure a healthy future for current and future trees and other vegetation.

If the city doesn't change its pruning, planting and mowing practices, then "we'll be back to square one in 10 years," warned Eckman. Meanwhile, she said, there are preventive measures that can be taken to protect trees from lawnmower damage, such as installing mulch rings.

For the SAPCC, the most crucial component of any change is a community process that includes everyone.

If the council can properly facilitate that process, said Ranae Hanson, council co-chair, the park can be "a better community gathering place, a place that we can use to build community, to meet our neighbors and feel more comfortable in our neighborhood."

Surveys are available at the St. Anthony Park Library, Hampden Park Co-op and the Artist's Grind. They are due October 15. A public meeting to discuss the future of Hampden Park will be held at 7 p.m. on November 7 at South St. Anthony Recreation Center.

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No bones about it

by Kristi Curry Rogers

Greetings, No Bones readers!
The fall semester is upon us, the leaves are beginning to change, the temperature is steadily dropping and dinosaurs are being discovered at a rapid rate all over the globe.

This month I thought I'd feature a brand-new tiny dinosaur recently discovered in the fantastic Mongolian dinosaur graveyard, more commonly known as the Gobi Desert.

A team led by Alan Turner, a graduate student at the American Museum of Natural History, uncovered portions of the skull, limbs and most of the spinal column of a dinosaur that was only a little over two feet long from head to tail.

The little dinosaur is named Mahakala omogovae, a name that references a Tibetan Buddhist protector deity known for being comprehensive and all-embracing. As an addition to our understanding of dinosaur evolution, this name makes a lot of sense.

Mahakala is yet another dinosaur that solidifies the link between meat-eating theropod dinosaurs and their descendants, the modern birds. More importantly, it sheds light on how the evolution of modern birds transpired.

It's clear that Mahakala and its close dinosaur relatives (including Velociraptor, of Jurassic Park fame) already sported full-fledged feathers, which blurs the distinction of birds as the only creatures on earth with feathers.

Other closely related dinosaurs, like the Mongolian theropod Oviraptor, also exhibited some bird-like behaviors, including sitting on nests of eggs.

So, many of the features that we used to associate just with birds have been moved down to the dinosaur part of the bird family tree. Mahakala adds yet

another of those features to the mix: small size.

One of the key features that scientists associate with the development of flight in birds is the evolution of smaller body size. There were feathered dinosaurs over 80 million years ago, many of which were significantly larger than modern flightless birds like the ostrich.

In order to fly, an animal needs to be light enough to get its body mass off the ground. Most of us think of dinosaurs as behemoths, and many of them were some of the largest land-living animals of all time.

Of course, not all dinosaurs were large, and some, including Mahakala, were very small. The big question that Mahakala helps answer is: Did the already small dinosaurs like Troodon,

Velociraptor and their close relatives shrink even further in size after they took to the skies as birds, or did their body size decrease significantly before they could fly?

The first assumption has been popular, but it's primarily been based on a lack of fossil data to the contrary. Mahakala adds a new twist to the story. It appears that some true dinosaurs, including Mahakala, experienced miniaturization well before the evolution of birds and that this small size may have been a crucial evolutionary step in the success story of modern birds. After all, they are the only dinosaurs that survived the mass extinction event at the end of the Cretaceous period.

Until next time, happy dinosaur hunting!

Pierce Richards

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"We're going to have to adapt to that," Valberg said of the piles of data. "What do you do when there's so much more you can see? But that's a good problem to have."

Once the cause of a problem has been identified, a horse can go into surgery if that's needed. With or without surgery, a whole new world of physical therapy becomes available, including a treadmill on which a horse can run at up to 30 miles per hour (about as fast as a good race horse can go), and an underwater treadmill that will offer fine-tuned resistance training and encourage proper posture as the horse regains its gait. A powerful MRI machine will be shared with the small-animal hospital.

The new facility will also upgrade the vet staff's ability to help with breeding problems. Valberg said the campus's proximity to a large airport is an advantage when the staff wants to send frozen embryos to a remote location.

But the Equine Center isn't strictly about diagnosis and treatment. Its main functions, as part of the vet school, will be to train students in equine specialties and to support research. And it will house the We Can Ride program and rent space to local horse organizations for their gatherings.

Valberg said the horse therapists have already begun an exchange with the human therapists, to the enrichment of both fields. We Can Ride works mainly with children who have cerebral palsy and other physically limiting diseases.

She also cited continuing collaborations between equine and human health research in muscle disease, genetics and arthritis.

"Results will benefit human health care," she said, "including muscular dystrophy, obesity, nutrition and arthritis."

And if the Equine Center seems extravagant in an era of crises in human health care, Valberg said, concerned citizens should know that horse owners

and other private donors have picked up half the tab, with the university covering the other half. The center was built at Fairview and Dudley, on land already owned by the university.

"There was no legislative support for the project," Valberg said. "No human health institution went unfunded because of this addition to veterinary medicine."

Valberg and others also point to the growing horse population in Minnesota, expressing confidence that the wealth of horse owners will contribute to the region's economy.

The facility is already drawing top-notch personnel at every level, Valberg said, from beginning students to specialists, and will thus attract a growing circle of clients and researchers.

She said raising a horse in frigid Minnesota requires more commitment than in warmer climates. "We have really dedicated horse owners," she said, who will seek good care for their financial and emotional investments.

As for neighbors curious about the new Equine Center, Valberg said drop-in touring will be limited, but the grand opening is designed to wow the general public. It will take place from 2 to 4 p.m. on Monday, October 15. She hopes the U's summer children's camps will find ways to use the facility, and interested neighbors can contact her with questions (lah@umn.edu) or get more information from the Equine Center's Web site: www.cvm.umn.edu/umec/home.

And yes, the horses will still be turned out to a paddock where neighborhood children can greet them, but the walk might be a little farther now.

Valberg credits University of Minnesota President Robert Bruininks, a horseman and educator, for bringing the project to fruition.

"It's amazing what a building does for you," she said. "It's an acknowledgement of the importance the horse has."

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- Nina Axelson
- Kristen Wiersma
- Steve Mastey
- Roger Purdy
- Dean Fisher
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School News

by Antonie Young

Como Park Senior High

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The Como Park Site Council will meet on Monday, October 8, at 6 p.m. in the library. The Hmong Parent Group will meet on Wednesday, October 10, at 6 p.m. in the library. All are welcome.

The Homecoming football game will be at 7 p.m. on Friday, October 12, at Griffin Stadium against Johnson. The Homecoming dance will be at 7 p.m. on Saturday, October 13, at the school.

At press time the Como football team was 3-0, with wins against Highland Park (40-20), Central (28-19) and Henry Sibley (21-13). The next game is on October 5 at 7 p.m. against Arlington at Bakken Field. Schedules for all St. Paul City Conference athletic events can be found at www.stpaulathletics.org.

The PSAT will be offered on Wednesday, October 17, from 7 to 11 a.m. in the Field House. On Thursday, October 25, the PLAN test will be given at 7:30 a.m. in the Field House.

Statewide teacher meetings will occur on October 18 and 19. There will be no school on those days.

Josh Leonard and the Como Woodland Advisory Committee will lead an environmental science field day for 61 Como students on October 4.

Como students will participate in a Buckthorn Bust in Como Park on Saturday, October 27, from 9 a.m. to noon. Everyone will meet at the Como Pool parking lot. Bring gloves and hand saws if you have them. Heavy tools, gloves and refreshments will be provided.

The entire community is welcome to volunteer. Contact Deb Robinson: dmrobinson@bitstream.net. Visit www.comowoodland.org for more information. This event is sponsored by the Como Woodland Outdoor Classroom Advisory Committee and the St. Paul Park and Recreation Department's EcoPartners.

Cougar Catch-Up, an after-school homework help session, is offered Wednesdays from 2:15 to 3:30 p.m. in the library. A light snack is provided and bus tokens are available.

Como's Theatre Department will present "30 Reasons NOT To Be in a Play," by Alan Hachnel. Performances will take place in the auditorium on October 25 at 7 p.m., and October 26 and 27 at 7:30 p.m.

On October 18, social studies teacher Roy Magnuson will receive the Heroes for Children Award from the Minnesota Children's Law Center. The award recognizes an individual who has made significant contributions to Minnesota children. Magnuson was nominated by state Sen. Mee Moua for his 25 years of teaching, coaching and mentoring students in St. Paul.

The award will be presented at the MCLC annual benefit at the Millennium Hotel in Minneapolis. The event will run from 5:30 to 8:30 p.m., with a program at 6:45 p.m. For information, call 644-4438.

Murray Junior High

2200 Buford Ave., 293-8740
http://murray.spps.org

On October 8, Murray will host a Parent Association forum on how to help your child succeed in the Science Fair. The forum will be at 7 p.m. in the band room.

On October 15 (3:30-6:30 p.m.) and 16 (5:30-8:30 p.m.) Murray will hold parent conferences in the cafeteria.

St. Anthony Park Elementary

2180 Knapp St., 293-8735
www.stanthony.spps.org

During September, parent volunteers, led by Holly Jordan and art teacher Courtney Oleen, placed the final mosaic pieces in a work of art that was started last spring by students in art class.

The mosaic, on the wall near the front doors, represents the "spider tree" that spreads its multiple trunks skyward near the playground. Each classroom created part of the trunk and background, and each student created a leaf for the tree using chips of dinnerware and a special button, bauble or trinket.

The following new staff members started this fall: Jeffrey Budin, third-grade teacher; Jane Batcheller, sixth-grade teacher; Eliza Tocher, ELL teacher; Leslie Radloff, librarian; Mary Anderson, literacy coach; Leo Bjorlie, orchestra teacher; and Bill Leslie (former fifth-grade teacher), math specialist.

The St. Anthony Park School Association (SAPSA) had its first meeting on September 10. Meetings will continue throughout the school year on the second Monday of each month, from 6:30 to 8 p.m. Free child care is always provided.

SAPSA co-chairs this year are Deb Borden and Doreen Theverapperuma. All parents are welcome to attend meetings.

Fundraising activities this fall kicked off with a wrapping paper sale during September. The school's Fall Festival will take place on Friday, October 26, from 6 to 9 p.m. There will be homemade food and crafts for sale, and a silent auction will be held. The community is welcome to attend.

The St. Anthony Park Fall Festival on Saturday, October 6, will include an event to benefit St. Anthony Park Elementary. A wine tasting and sale sponsored by The Little Wine Shoppe and the St. Anthony Park Community Foundation will take place in the Milton Square courtyard from 2 to 5 p.m.

A donation of \$25 is suggested, and a percentage of the proceeds will be given to SAPSA. Fundraising helps support activities such as the sixth-grade students' annual environmental learning trip to Wolf Ridge on October 8.

Science teacher Jim Schrankler will host first-grade family science night on Monday, October 22, from 6:30 to 7:45 p.m., and second grade family science night on Monday, October 29, from 6:30 to 7:45 p.m.

Holy Childhood School

1435 Midway Pkwy., 644-2791
www.holychildhoodparish.org/schoolindex.htm

Holy Childhood welcomes three new staff members: Megan Maury, the new multiage classroom teacher; her classroom aide, JaLisa O'Connor (a graduate of Holy Childhood); and the new middle school language arts teacher, Joni Sundstrom.

Parents should ask their children for the emergency phone chain. Each family's youngest child was given this document to take home on the first day of school. The phone chain is used in case of an emergency closing. Parents will receive a school directory once all registration forms (from the Back to School Night folders) are returned.

Students may receive out-of-uniform passes for special events. Passes must be used during the school year in which they were issued. Passes from previous years are not valid and should be thrown away. This year, passes may be used only on Fridays, except for a Holy Day.

The new policy for school sweatshirts (regular navy as well as the middle school sweatshirts) states that they are only allowed to be worn from November 1 to April 1.

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Knitting a community together with hats

by Dave Healy

After 21 books, Warren Hanson finally said yes.

Hanson, a prolific St. Anthony Park author and illustrator, has people approach him all the time with "this great idea for a book."

"I've learned many diplomatic ways of saying no," Hanson said.

But when his longtime friend and neighbor Kiki Gore called in the summer of 2005, Hanson agreed to listen to an idea she had.

The result was "Kiki's Hats," Hanson's 22nd book, and the first one based on a real person.

The book tells the story of Kiki, who loves to knit hats, which she gives away.



Furthermore, Kiki encourages the recipients of her hats to take an extra one and give it to someone else. Eventually, the hats end up all over the world.

The woman in Hanson's book doesn't look like Kiki Gore, but the real Kiki is indeed a knitter of hats. A retired teacher, Gore said she started knitting 65 years ago.

"I'm addicted to knitting," she said. "I guess you could call me a 'chain knitter' instead of a chain smoker. I'm never without my knitting."

While the book is Hanson's creation, he did consult with Gore during the process, and he used scanned textures from one of her hats to help create the book's textured drawings.

"The drawings for this book took a long time to finish," Hanson said. "In fact, for the first time I had to ask my publisher for an extension so that I could complete the illustrations."

Hanson said he hopes the book finds an audience beyond children and knitters.

"The book is about doing something for others that outlasts you," he said. "I think that message should resonate with a lot of people."

Hanson and Gore will sign copies of the book at Micawber's on October 20 at 2 p.m.

There's something special about our neighborhood. Let's keep it.

St. Anthony Park is a neighborhood like no other. The library, the post office, the schools, parks, shops and restaurants. And, of course, the people. But our city, and our world, are changing. To keep this neighborhood the same vital, lively, independent and unique place it has always been, we will all have to do our part. So what can we do?

Think of St. Anthony Park first. North and South. Walk, don't drive, for what you need. Learn about the issues that affect our community. Support the people and businesses that make this neighborhood unique. Just because they've always been here, doesn't mean they always will. There's something special about St. Anthony Park. Let's all help to keep it.

Join your neighbors at the Fall Festival for our "Keep It" campaign kick-off at 2 pm on Saturday, October 6, in the courtyard of Milton Square!



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WEDNESDAY ISSUE

Readings

Saturday, October 20, 2 p.m.
Micawber's, St. Anthony Park
author **Warren Hanson** will be
joined by St. Anthony Park
resident **Kiki Gore**, the
inspiration for his latest book,
"Kiki's Hats."

Tuesday, October 23, 7 p.m.
Micawber's, Fiction writers
Alyson Hagy ("Snow, Ashes")
and **Benjamin Percy** ("Refresh
Refresh").

Wednesday, October 24, 7 p.m.
Micawber's, Poets **Terri Ford**,
Barry Casselman and **Cathy
Peterson**.

Groups

Wednesday, October 3, 7 p.m.
St. Anthony Park Library.
St. Anthony Park Writers Group.
All welcome.

Monday, October 8, 7 p.m.
Micawber's, **Probers' Book
Group**. "Measuring Time," by
Helen Habula.

Wednesday, October 10, 7 p.m.
**St. Anthony Park Library Book
Club**. "The Memory Keeper's
Daughter," by Kim Edwards.
New members welcome. For
more information, call Carla at
642-0411.

Sunday, October 14, 2:30 p.m.
Micawber's, **Sunday Afternoon
Book Club**. "The Shadow of the
Wind," by Carlos Ruiz Zafon.
For more information, call Joy at
319-2630.

Tuesday, October 16, 7 p.m.
Falcon Heights United Church of
Christ. **Monthly Book Group**.
"Mountain Beyond Mountains,"
by Tracy Kidder. All are welcome.
Call 646-2681 for more
information.

St. Anthony Park Library Events

Tuesday, October 23, 7 p.m. The
Friends of the Saint Paul Public
Library present the film,
"Enemies of Happiness."

Book Exchange

A book exchange has been started
in the basement level of **Milton
Square** near Bungalow Pottery.
Hours are T-F, 11-4, and second
Saturdays, 11-5, and whenever
the outside door is open. Anyone
is welcome to drop off or pick up
books.

Minnesota Book Awards

Nominations for the 20th annual
Minnesota Book Awards are
open. Eligible books must be
written by a Minnesota author,
have a 2007 publication date and

AMERICAN LIFE IN POETRY

By Ted Kooser, U.S. Poet Laureate, 2004-2006

Poet Marianne Boruch of Indiana finds a bird's nest near her
door. It is the simplest of discoveries, yet she uses it to
remind us that what at first seems ordinary, even "made a
mess of," can be miraculously transformed upon careful
reflection.

Nest

I walked out, and the nest
was already there by the step. Woven basket
of a saint
sent back to life as a bird
who proceeded to make
a mess of things. Wind
right through it, and any eggs
long vanished. But in my hand it was
intricate pleasure, even the thorny reeds
softened in the weave. And the fading
leaf mold, hardly
itself anymore, merely a trick
of light, if light
can be tricked. Deep in a life
is another life. I walked out, the nest
already by the step.

American Life in Poetry is made possible by The Poetry
Foundation (www.poetryfoundation.org), publisher of
Poetry magazine. It is also supported by the Department of
English at the University of Nebraska-Lincoln. Poem
copyright (c) 1996 by Marianne Boruch, whose most recent
book of poetry is "Poems: New and Selected," Oberlin
College Press, 2004. Reprinted from "A Stick That Breaks
And Breaks," Oberlin College Press, 1997, with permission
of the author. First published in the journal "Field."
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The introduction's author, Ted Kooser, served as United
States Poet Laureate Consultant in Poetry to the Library of
Congress from 2004-2006. We do not accept unsolicited
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fit into one of the eight award
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fee. Eligibility guidelines and the
nomination form are available at
www.thefriends.org or by calling
366-6497. Nominations close
Friday, December 14, 2007.
Nominations are also being

accepted through Friday, October
12, for the Minnesota Book Artist
Award recognizing outstanding
career achievements in the book
arts and significant contributions
to Minnesota's book arts
community.

New Book

Former St. Anthony Park resident
Anne Ylvisaker has written a new
novel, "Little Klein," from
Candlewick Press. Ylvisaker's first
book, "Dear Papa," was recently
released in paperback. More
information is available at
www.aneylvisaker.com.

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RCAP will exchange ideas and information about the proposed
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This project could impact public health, air quality, the environment,
safe & efficient energy choices, paper recycling options for Minnesota,
and St. Paul's economic and job vitality.

RCAP Calendar

October

8th: RCAP Meeting, 7pm / **10th:** Rock-Tenn Tour, 6pm
12th: Rock-Tenn Tour, 9am / **13th:** Rock-Tenn Tour, 9am
22nd: RCAP Meeting, 7pm

November

8th: RCAP Meeting, 7pm / **22nd:** RCAP Meeting, 7pm

2007 RCAP meetings will be held at the
St. Anthony Park United Methodist Church, 2200 Hillside Avenue

Contact Information

Web: www.rcadvisory.org

Email: info@rtadvisory.org or panel@rtadvisory.org

Phone: 612-788-4151 / **RCAP Listserv:** To join, send an e-mail to
RTADVISORY-subscribe@yahoo.com



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LYDIA ARTYMIW, piano
NOVEMBER 11, 2007 - 4:00 P.M.

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VIOLIN, VIOLA, CELLO
JANUARY 20, 2008 - 4:00 P.M.

BRENTANO STRING QUARTET
with **MICHAEL KANNEN**, cello
FEBRUARY 24, 2008 - 4:00 P.M.

SKAMPA STRING QUARTET
with **IVA BITTOVA**, vocalist, violin
APRIL 6, 2008 - 4:00 P.M.

THE CLAREMONT TRIO
VIOLIN, CELLO, PIANO
APRIL 27, 2008 - 7:00 P.M. (note time)

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DECEMBER 2, 2007 - 4:00 P.M. \$25
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OCTOBER ARTS

Music

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1579 Hamline Ave.
644-9959, 373-2600

Real Book Jazz
Every Monday, 7:30pm

Bill Cagley's Roots Music Showcase
Every other Thursday, 7pm

Open Mike with host Bill Hammond
Every other Sunday, 6pm

Riverside
October 5, 8pm

Raymond Yates Band
October 6, 8pm

Karl Burke
October 12, 8pm

Greg Tiburzi
October 13, 8pm

Rick Caillish
October 19, 8pm

Irish Mohr
October 20, 7:30pm

B.L.T. (Burke, Lindell, Tate)
October 26, 8pm

Steve Haslam Marks
October 27, 8pm

Anna Vasquez
October 30, 6:30pm

Ginkgo Coffeehouse
721 N. Snelling Ave., 645-2647
www.ginkgocoffee.com

Bluegrass and Oldtime Jam Session
October 24, 7pm

Open Stage
First and third Wednesdays
6pm sign-up

Justin Roth
October 5, 8pm

October 6
7pm Erik Ritter
9pm Jeff Clark

Curtis and Loretta
October 11, 7:30pm

Oct. 13
7pm Davis Jones
9pm David Hakan

Cliff Eberhardt with Annis Mitchell
October 18, 7:30pm

Jake Armerding with Ben Tucker
October 19, 8pm

Luther Seminary
Chapel of the Incarnation

"Singing the Faith," Augsburg College
Choir
October 28, 7pm

Music in the Park Series
St. Anthony Park UCC
2129 Commonwealth Ave.
645-5699
www.musicintheparkseries.org

Parker String Quartet with
Soyeon Lee, piano
October 21, 4pm

Family Concerts: Parker String
Quartet
October 19, 6:15 and 7:30pm

St. Matthew's Episcopal Church
645-5699

St. Anthony Park Lutheran Church
2323 Como Ave., 645-0371
www.sapl.org

Encore Winds
October 28, 4pm

Performing Arts

Como Park High School
740 W. Rose Ave., 293-8800

30 Reasons NOT to be in a Play
October 25, 7pm
October 26 and 27, 7:30pm

Visual Arts

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Luther Seminary
OCC Auxiliary Dining Room

Works by Duane Viewrow
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Reception: October 10, 5-7pm

Larson Art Gallery
U of M Student Center
612-625-0214

Works by Rachel Vogt and
Randy Walker
Through October 4

Works by U of M students, faculty
October 11-November 8
Reception: October 11, 6-8pm

Raymond Avenue Art Gallery
761 Raymond Ave., 644-9200

"Red Dish, Yellow Dish," earthenware
poets by Lisa Buck
October 12-November 5
Reception: October 12, 6-8pm

St. Anthony Park Lutheran Church
2323 Como Ave., 645-0371

Minnesota By-ways
Photography by Doug Oliva
Through October 21

The Calligraphy of Judy Dodds
October 24-Thanksgiving

Undercroft Gallery
St. Matthew's Episcopal Church
2136 Carter Ave., 645-3058

Works by Marion Madison
Through October 19

Works by Jeanne Wiger and
Erick Wiger
October 30-December 1

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OCTOBER CALENDAR

1 Monday

• AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.

• Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.

• Chair exercise classes at Seal Hi-Rise, 825 Seal St. Every Monday and Thursday at 12:30 p.m. These classes are free to all area seniors, but preregistration is necessary. Call 642-9052 to preregister.

• Como Park recycling, Every Monday.

• Lauderdale recycling.

2 Tuesday

• Computer and word processing assistance, SAP Library, 7-8:30 p.m. Drop-in; no appointment necessary. Ongoing.

• Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-noon. Every Tuesday.

• Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.

• St. Anthony Park Garden Club, 6:30 p.m., St. Anthony Park Library.

3 Wednesday

• English conversation group, 4-5:30 p.m., SAP Library. New students welcome. Ongoing.

• Early release day at SAP Elementary. School dismisses at 1:40 p.m.

• Neighbors for Peace planning meeting, 7 p.m. (all are welcome). Tim Welling and Marilyn Benson's home, 1495 Raymond Ave., 644-6861.

• Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-

1 p.m. Lunch reservations by Monday. Every Wednesday. Free blood pressure clinic by St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays at 11 a.m.

• St. Anthony Park recycling, Every Wednesday.

4 Thursday

• Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m.-noon. Every Thursday.

• Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.

• Chair exercise classes at Seal Hi-Rise, 825 Seal St. Every Monday and Thursday at 12:30 p.m. These classes are free to all area seniors, but preregistration is necessary. Call 642-9052 to preregister.

• St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.

• Hockey registration, 6-8:30 p.m., Langford Rec Center.

5 Friday

• Story time for preschoolers ages 3-5, 10:30 a.m., St. Anthony Park Library. Every Friday.

• Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday.

6 Saturday

• 20th Annual St. Anthony Park Fall Festival, 10 a.m.-5 p.m. Como Avenue from Carter to Doswell. Free carriage rides, bagpipers, musical entertainment, kids' activities, neighborhood artisans and wine tasting in Milton Square Courtyard to benefit local nonprofits.

• Wine Tasting and Sale at Milton Square, 2 to 5 p.m. Sponsored by The Little Wine Shoppe and the St. Anthony Park Community Foundation. A donation of \$25 is suggested. A percentage of the proceeds will go to the St. Anthony Park School Association.

• Nocturnal Bowling (612-625-5246), 10:30 p.m.-5 a.m. at the Copher Spot, St. Paul Student Center, 2017 Bedford Ave., St. Paul Campus. Every Saturday.

8 Monday

• Murray Site Council meeting, 4 p.m., Murray Library.

• Murray Parent Association Forum: Science Fair Success, 7 p.m., Murray band room.

• Como Park H.S. Site Council meeting, 6 p.m. in the library.

• St. Anthony Park Elementary School Site Council meeting, 5-6:30 p.m. Parents, staff and community members are invited.

• St. Anthony Park Elementary School Association meeting, 6:30-8 p.m. in the school library.

• St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.

• Park Press, Inc., Park Bugle board meeting, St. Anthony Park Lutheran Church, 7 a.m.

• Join the Falcons for 500 and cribbage at 1 p.m. at Falcon Heights City Hall.

9 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

10 Wednesday

• Como Park H.S. Hmong Parent Group meets at 6 p.m. in the library.

• Hmong Parent Teacher Association Meeting, 6 p.m., Murray Library.

• Falcon Heights City Council, City Hall, 2077 Carpenter Ave., 7 p.m.

11 Thursday

• Full council meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.

12 Friday

• Como Park H.S. Homecoming football game vs. Johnson H.S. at Cassin Stadium, 7 p.m.

• Falcon Heights recycling.

13 Saturday

• Como Park H.S. Homecoming dance, 7 p.m. at the school.

15 Monday

• Lauderdale recycling.

16 Tuesday

• District 10 board meeting, Call 644-3889 for details.

17 Wednesday

• PSAT test, 7-11 a.m. at Como Park H.S. fieldhouse.

• Free in-store wine sampling at The Little Wine Shoppe (2236 Carter Ave.), 645-5178, 4:30-7:30 p.m. Must be 21 years of age or older to attend. All featured wines are 10 percent off during the tasting.

• SAP Booster Club, Langford Park, 7 p.m.

18 Thursday

• No school: state teachers' meetings.

19 Friday

• No school: state teachers' meetings.

22 Monday

• Join the Falcons for 500 and cribbage at 1 p.m. at Falcon Heights City Hall.

• First Grade Family Science Night at SAP Elementary, 6:30-7:45 p.m.

23 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

24 Wednesday

• Falcon Heights City Council, City Hall, 2077 Carpenter Ave., 7 p.m.

• St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 p.m.

25 Thursday

• PLAN test, 7:30-10:30 a.m., Como Park H.S. fieldhouse.

26 Friday

• Fall Festival, silent auction, Scholastic Book sale, craft and bake sale, square dancing, St. Anthony Park Elementary, 2180 Knapp St., 6-9 p.m. 293-8735.

• Falcon Heights recycling.

27 Saturday

• Buckhorn Bust, 9 a.m.-noon at Como Park. Meet at Como Pool parking lot. Questions: dwardrobison@busteam.net. Community welcome.

29 Monday

• Second Grade Family Science Night at SAP Elementary, 6:30-7:45 p.m.

• Lauderdale recycling.

31 Wednesday

• Early release day at SAP Elementary. School dismisses at 1:40 p.m.

Items for the November Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, October 19.

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Dorothy Amundsen

Dorothy M. Amundsen, age 88, of Como Park, "the Cake Lady," died peacefully at home on September 11, 2007, surrounded by family. She had been diagnosed in June with multiple cancers.

She was born in Frederic, Wisc., on August 14, 1919, to Arthur W. and Ruth F. Bjorkman. Dorothy taught throughout her life, first in Wisconsin one-room schoolhouses and later as a wife, mother, grandmother, oldemor (great-grandmother) and friend.

In 1957, Dorothy took a cake decorating class and from then on became famed for her large, decorative occasion cakes. She made the cakes (large ones with pillars and fountains) for each of her six children's and most of her grandchildren's weddings.

She is survived by her husband of 64 years, Leif; children, Connie Parizek, Adrian (Marie) Bjorkman, Judy Mickelson, Ron (Flo) Bjorkman, Valorie (Jim) Gibbons and Bev (Don) Moulin; 17 grandchildren; and 22 great-grandchildren.

Her funeral service was September 15, 2007, at Como Park Lutheran Church, with interment at Roselawn Cemetery.

Alice Barton

Alice (Anderson) Barton of Lauderdale died on August 15, 2007, at age 93. She is survived by a daughter, Rosalie (Jim) Budke; three grandchildren; and three great-grandchildren.

A private service was held.

Paul Baumhoefner

Paul E. Baumhoefner, a 40-year postal worker, died on September 2, 2007, at age 87.

He is survived by his wife of 51 years, Millie; daughter, Karen (Paul) Dumais; two grandsons; a sister; and a brother-in-law.

His funeral service was held September 5, 2007, at Como Park Lutheran Church, where he had been a member for 46 years.

Interment was at Fort Snelling National Cemetery.

Frances Glendenning

Frances L. Glendenning, age 88, of Falcon Heights, died on September 3, 2007.

She was preceded in death by her sister, Mary L. Fieber, age 81, of Roseville, who died two days earlier. Mary was preceded in death by daughter Lori and is survived by two sons and a grandson.

A funeral service for Mary and Frances was held on September 6, 2007, at Roseville Memorial Chapel.

Marie Heron

Marie E. "Liz" Heron, age 88, died peacefully on August 27, 2007.

She was preceded in death by her husband, Alexander, and is survived by her daughters, Elizabeth "Betsy" (James) Sample and Alexandra "Sandy" (Ron) Sprafka, and three grandsons.

Her funeral service was held at St. Matthew's Episcopal Church on September 4, 2007, with interment at Fort Snelling National Cemetery.

Sharon Johnson

Sharon L. Johnson, age 57, of Shoreview, died peacefully on September 8, 2007. Sharon's courageous spirit and positive attitude touched everyone she met. She was a teacher in the Minneapolis Public Schools.

Sharon was preceded in death by her father, Robert Blomberg, owner of Blomberg Pharmacy, her sister, Barbara Bertula, and infant brother, Roger Blomberg. She is survived by her husband of 34 years, Chuck; daughters Carrie (Scott) Rose and Sandra Johnson; one granddaughter; her mother, Bonnie Blomberg; and brother, Douglas Blomberg.

Her memorial service was held September 13, 2007, at

Falcon Heights United Church of Christ, with interment at Roselawn Cemetery.

Taka Milligan

Taka Milligan, age 83, died peacefully, surrounded by her family, on September 7, 2007.

She grew up in Tokyo, Japan, and married Andrew Milligan of St. Paul, who preceded her in death in 1984. Taka was a long-time resident of St. Paul and since 1999 lived at Luther Place condominiums in St. Anthony Park. She loved to read, garden and cook. She was a member of a Japanese tanka poetry group for many years. In later years, she was a member of the Japanese singing group, Mumin.

Taka is survived by her daughter, Kyoko Katayama, and son-in-law, Dr. Eric Stull of St. Anthony Park; grandchildren, Nina, Dimitri and Tamara; and great-grandchildren, Solomon and Maya.

A memorial service was held September 23, 2007, at First Memorial Chapel in Minneapolis.

Rosella Stelmach

Rosella K. Stelmach, age 91, of Como Park, died on August 27, 2007.

She was preceded in death by her husband, Wilfrid, and is survived by her son, Vaughn (Sharon) Stelmach; daughter, Cheryl (John) Davis; two grandchildren; and a great-granddaughter.

Mass of Christian Burial was celebrated September 6, 2007, at Holy Childhood Catholic Church, with interment at Fort Snelling National Cemetery.

Ernest Stoll

Ernest Stoll, age 85, of Falcon Heights, died on September 3, 2007.

Ernest was in the food-service business for over 40 years and was the manager of several restaurants and country clubs.

He was preceded in death by his wife of 49 years, Geneva, and brothers, Raymond and Joseph. He is survived by his sons, Joseph Stoll and Peter (Patty) Stoll; sister, Mady; sister-in-law, Rose Jones; special family friends, Helen Lattary and Mary Anderson; and many other friends and relatives both in the United States and Europe.

A private family service was held.

Sally Stoppel

Sally J. Stoppel, who was born in 1933, died September 11, 2007.

Sally was a graduate of the

Lives Lived to 24

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- Mail your ad & check to: Bugle Classifieds P.O. Box 8126 St. Paul, MN 55108 or deliver to the Park Bugle drop box at the side entrance to 2190 Como Ave. (on the Knapp Place side of building) by 6 p.m. on the deadline day. We cannot bill you for your ad.
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Lives Lived from 22

University of Minnesota. She worked for Congressman Bruce Vento and was active in church, the League of Women Voters, volunteering and politics.

"She always had a wonderful smile and an open spirit," said Rep. Alice Hausman, a neighbor of Sally's. "She never, ever stopped working. She continued to contribute, whether it was politics or the community."

She is survived by her children, Sandra (Christopher) Payne, Keri Phillips (Glenn Huber) and Martin; six grandchildren; two sisters; a brother; and two sisters-in-law. She was preceded in death by her husband, David, who died last December, and a brother.

A memorial service was held at St. Anthony Park United Methodist Church on October 1, 2007.

Gary Wynia

Gary W. Wynia, of St. Anthony Park, died on August 26, 2007, following a long illness. He was 65.

Gary earned his Ph.D. from the University of Wisconsin and in 1969 joined the Political Science Department at the University of Minnesota, where he was appointed professor in 1979. At the time of his retirement, he was Keanan Professor of Latin American Studies at Carleton College.

The author of five books and numerous scholarly articles on Argentina and Latin America, Gary was above all a dedicated and caring teacher who found his greatest satisfaction in working with students. He will be remembered as a man of great determination and intelligence, gentle character and humanity.

A native son of California, Gary is survived by his wife, Ann; sisters, Jan (Richard) Jacobs and Jeanne Dikkers; brothers-in-law Bill and David (Debbie) Jobe; his much-loved nieces, nephews, great-nieces and nephews in California, Texas and Colorado; and special cousin, Kathleen Boice.

Special thanks to the staff of the Episcopal Church Home for their care and friendship and to the many family and friends who supported and cared for Gary and Ann throughout his illness.

A memorial service was held September 1, 2007, at St. Anthony Park United Church of Christ.


There is no charge for Bugle obituaries. Please alert the Bugle about the death of current or former residents of the area. Send more complete information if you have it. Obituaries are compiled by Mary Mergenthal, 644-1650, mary.mergenthal@comcast.net.

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Saturday, October 13: 4:30 - 7:00pm

Annual Meatloaf Dinner, Mini-Bazaar and Bake Sale.
Dinner tickets: \$7.50 for adults; \$5 children age 3-12;
\$3 children under 3. Dinner proceeds benefit Como Park Block Nurse Program; Bazaar proceeds benefit local and global missions.
Sunday Fall Worship Schedule & Sunday School Start-Up:

8:00, 9:00, and 11:00 a.m. Worship

(nursery care provided from 7:45 a.m. to 12:15 p.m.)

10:00 a.m. Adult Education and Sunday School

Holy Communion on 1st and 3rd Sundays

Rides available for 11:00 a.m. worship - call the church office before noon on Friday.

Wednesday Evening Activities:

7th & 8th grade confirmation, adult and children's choirs, bell choir, children's chime choir, senior high youth group, and adult education (varies during the year.) Meal provided 5:00 - 6:30 p.m. Adults \$5, Children \$3, Family maximum \$18.

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Fall Rummage Sale Oct. 4-5, 8 a.m.-5 p.m.

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Fellowship: 11:00 a.m.

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Regular Schedule begins September 9:

Sundays - 8:00a.m. Holy Eucharist (Rite I) &

10:30a.m. Holy Eucharist (Rite II)

Sunday School at 9:15a.m.

Mondays - 7:00p.m. Night Prayer

Wednesdays - 10:00a.m. Holy Eucharist (Rite I)

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We invite anyone who has been (or is still) connected with Peace to

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The celebration begins at 3 PM with a worship service at Peace.

Following the service, there will be a social period at the Lauderdale

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blocks away. All events are open to everyone, but reservations are a

MUST for the dinner. Please RSVP your dinner reservations by

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Doubters of Faith 2nd Wednesdays at 7pm.

Peace is hosting a new discussion group called Doubters of Faith

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Based upon the Post-resurrection text from Matthew's Gospel where it

says, And when they saw him they worshipped him; but some doubted.

We will delve into material from such authors as John Shelby Spong,

Marcus Borg, John Dominic Crossan, and others depending upon the

participants desires. We hope to model a community that can come

together voicing our differences and fundamental doubts and continue

to be faithful to our spiritual journeys. Our first meeting will be

getting to know one another.

Questions call: Pastor Dave Greenlund 276-3414

Community Pasta Dinner: Saturday, Oct. 27th 5-7pm,

adults \$7, ages 5-12 \$4, children under 5 free.

Sunday Schedule: 9am Adult Forum, 10:00 Worship

Tuesday: 9:30am Bible Study

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