

I think I can, I think I can: Residents learn about LRT plans

by Dave Healy

Most St. Paul residents and business owners know that light-rail transit (LRT) is coming to this neck of the woods, but many are confused about the details. To reduce that confusion, the Metropolitan Council, one of the chief players in the Central Corridor LRT project, has undertaken a series of meetings to inform people about project

plans and solicit suggestions for making the process run as smoothly as possible. One of those meetings was

held July 17 at the South St. Anthony Recreation Center The Met Council's Robin Caufman, manager of public involvement for the Central Corridor, made a presentation and fielded questions.

Caufman said that plans for the Central Corridor, which will run between downtown Minneapolis and St. Paul, mostly along University Avenue, have been buoyed by the success of the Hiawatha Line, which began operating in 2004. Ridership on that line averaged 28,146 per weekday in 2006, which exceeded preconstruction

estimates for 2020. Caufman said Metro Transit surveys reveal that up to half of LRT riders had not previously used mass transit.

The Central Corridor will be 11 miles long and will have 16 stations. Trains will run every 7.5 minutes during peak hours and every 10–15 minutes in off-peak periods. The line will operate 21 hours a day. A trip between the

two downtowns will take 35

minutes. Unlike the Hiawatha Line, which Caufman described as "pre-emptive," Central Corridor trains will operate on a priority basis. That means they will stop for traffic lights but will be able to shorten a red light or lengthen



Newgate student Bruce Lee tapes a car prior to painting.

One person's trash is another's ether

In St. Paul, choosing a waste hauler stirs up murky issues

by Anne Holzman

Before all the boxes are unpacked and the curtains hung, a homeowner moving in at a St. Paul address has a baffling question to resolve quickly: which trash hauler to hire. Considerations include price,

schedule, reliability and services. Some folks also want to know where their trash is going and what the relative environmental impact might be once it hits the landfill or the furnace.

Ramsey County Environmental Health Manager Zack Hansen said customers can and should ask where their trash is going. "As a good consumer, you should ask that question and insist on a clear answer." State law will back you up,

he said. The hauler has to divulge where the trash is going, and Hansen said most haulers licensed in Ramsey County take at least some of their trash to a

plant in Newport, Minn., which processes it into fuel that in turn is sent to Xcel Energy and burned to generate electricity. How that compares to other ways of disposing of waste, in terms of environmental impact, is a difficult meetion. Hanset is a difficult question, Hansen said. He noted that the county's priority is "to see waste get processed into energy" but added

Keeping the wheels turning at Newgate

A thriving school just over the border from St. Anthony Park credits two businesses in that neighborhood for much of its success. Newgate Education Center, which trains unemployed and underemployed adults to become mechanics and auto body specialists, has had a long-standing relationship with Park Service and Park Midway Bank.

Ron Severson, who founded

Newgate in 1975, said the school's 18-year connection with the bank has been invaluable. The relationship began in 1989, when a loan from the bank helped Newgate move from its original location on Dale Street to its current facility at 2900 E. Hennepin Ave. "They've been our sole bank

Booth Brown House anticipates expansion

by Antonie Young

Commuters on Como Avenue may have noticed the construction underway at the Booth Brown House, a shelter for adolescent girls operated by the Salvation Army. The Army is expanding its services at Booth Brown, which needs the additional living space being constructed at 1471 Como Ave.

The Salvation Army has other shelters throughout the Twin Cities, but St. Paul's Booth Brown House is the only location that provides transitional

residential services to youth When the renovation is complete, the location will be able to boast a unique long-term support program as well.

Major Jeff Strickler, a

Salvation Army administrator a Booth Brown House, said that the Army's services in St. Paul began in 1890 through providing maternity hospital services for unwed mothers. Strickler, along with his wife, has worked at Booth Brown House for 10

According to Strickler, in the early years the location of these maternity services varied. In 1913, seeking a permanent residence, the Salvation Army built the Booth Brown House on Como Avenue to house unwed mothers. He said the project was funded mainly by "a couple of brothers" in St. Paul who operated a department store downtown that has since gone under, but their business at the

Booth Brown House to 4









www.luthersem.edu/layschool

For more information and to register go to: www.luthersem.edu/layschool For additional information, call 651-641-3416 or e-mail kairos@luthersem.edu

C I T YFILES

Falcon Heights

The annual Falcon Heights city-wide garage sale will be held September 15 from 9 a.m. to 3 p.m. Any resident wishing to put a sale on the list should contact City Hall between August 13 and September 10. Locations will be publicized in local newspapers. For more details, call 792-7600 or visit www.falconheights.org.

Candidate filing for November's ballot opens at 12:25 p.m., August 28. This is the first day to file affidavits for candidacy in the November 6 municipal election for two council seats and the mayoral seat.

Volunteer firefighters are needed. Falcon Heights relies on a paidon-call, volunteer fire depart-ment. Although the Falcon Heights Fire Department is not a

rieigns rire Department is not a full-time department, volunteers will be trained as professionals. Applicants must be at least 18 years old, pass a physical exam (paid for by the department), live or work in the City of Falcon Heights, and live within a two-nile radius of the station or be mile radius of the station or be within a five-minute drive Applications not meeting these requirements will still be reviewed

by the department.

For more information and application materials, visit www.falconheights.org.

Lauderdale

The annual Day in the Park Festival will be from 4 to 7 p.m. on Saturday, August 18, with the parade starting at 4 p.m. at Lauderdale Community Park. Kids of all ages are invited to join the parade, either on bikes or on foot. Volunteers will be on hand starting at 3 p.m. to help with hike decoration

bike decoration.

Other festival activities will include bingo, mini-golf, a bounce house, hot dogs and brats for sale, and a water slide. New this year is a two-mile Fun Run starting at 8 a.m. Runners must register by August 15; registration materials are available at www.ci.lauderdale.mn.us.

The festival is free, except for food and beverages, and is organized and run by volunteers. donate or volunteer, contact lim Bownik at City Hall, 792-

A ribbon-cutting marked completion of the Community Park Improvement Project in July. The park, on Roselawn Avenue between Fulham and

Pleasant streets, has new basketball and tennis courts as well as trail improvements

The Park and Community Involvement Committee, which plans Day in the Park and helped with the recent park improvements, needs new members. Interested persons should call Jim Bownik at 792-7656.

St. Anthony Park

The St. Anthony Park Community Council has hired Renee Lepréau as its new part-time community organizer. She brings to the organization a record of community participa-tion and involvement.

Light-rail transit plans along University Avenue were presented at a July 17 open house hosted by the Community Council At this time, plans call for one station a few blocks east of Raymond and another west of Highway 280 in St. Paul, near the Westgate office building. A link to more information can be found at www.sapcc.org.

The Central Corridor Resource Center is open to the public every Wednesday (except holidays) from noon to 2 p.m. and by appointment. Stop in to view the work that created the Central Corridor Development Strategy. The center is located in the old Lexington Branch Library building at Lexington and University.

A limited number of gun locks are available free at the Community Council office. Contact the office (649-5992, amy@sapcc.org) to arrange a time to pick one up.

Free recycling bins are available at the Community Council office (890 Cromwell Ave.) Monday Thursday, 3–8 p.m.

- Anne Holzman





••• Over 500 volunteers enhance the lives of those Lyngblomsten serves, and we are always in need of more—especially van drivers!

••• Lyngblomsten is a resource for the families of older adults too—providing support groups, education, and resource & equipment lending libraries.

On July 19, Park Midway Bank hosted its annual Customer Appreciation Day at its main building on 2300 Como Ave. Lauren Ostlund and Sonya Aziz helped serve, while Joe Glass manned the grill.



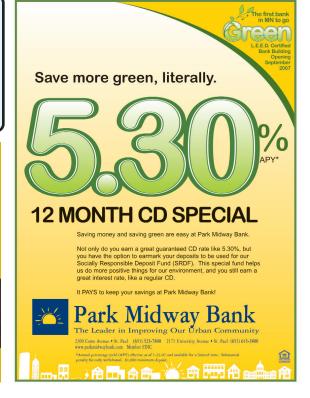


Minnesota Citizens for the Arts recently recognized Sen. Ellen Anderson and Rep. Alice Hausman with Arts All–Star Awards. On July 18, a reception to honor the legislators was held at the home of St. Anthony Park residents Craig Dunn and Candy Hart.

Left to right: Sheila Smith, MCA executive director; Sen. Anderson; Rep. Hausman; Larry Redmond, MCA lobbyist. Photo by Mark Albers.







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EDITORIAL

It's the journey, not the destination.

That oft-cited bit of wisdom is presumably a counteraction to the goal-driven orientation that characterizes much of modern life. It's a mantra for those of us who have never come up with a satisfactory answer to the question, "Where do you want to be in five years?"

Of course, the sorts of people who ask that question are probably

not looking for philosophical rumination. They want specifics, action steps, measurable outcomes, deliverables.

So, what would a journey without a destination look like?

In the physical realm, it might mean "going for a drive."

Supposedly, that practice was more common in days gone by, when gas was cheaper, commutes were shorter and cars were more of a novelty.

These days, the thought of filling the gas tank and spending a

couple more hours in the car, just for the sake of driving, doesn't hold much appeal. To say nothing of the guilt one should by all accounts feel at having contributed an unnecessary dose of CO₂ to the atmosphere.

But if going for a drive is at best a guilty pleasure, going for a ride offers more promise — especially if the mode of transport is one step removed from the motor vehicle. Although most trolley riders of yesteryear used the streetcar to get to a specific destination, a sizeable number, we're told, rode just to see the sights.

A similar phenomenon seems to be at work with light-rail transit.

In 2006, ridership on the Hiawatha line had already surpassed are consistent of the control of the

projections for 2020. Metro Transit's research indicates that many LRT riders have not previously used mass transit. It seems likely that some of those folks are boarding a train just for the experience of riding. And that experience is guilt-free. After all, the train would still be running

were if you didn't get on.

But going for a ride could also mean, as it does for millions, hopping on a bike. Bicycle sales are at an all-time high, and while some of those machines are being ridden to work or school or the grocery

store, many are used for purely recreational purposes — especially here in Minnesota, which has more miles of bike trails than any other state.

in Minnesota, which has more miles of bike trails than any other state.

Of course, a journey need not involve any means of conveyance at all. The person asking "Want to go for a walk?" probably has no particular destination in mind. Walking will get you from point A to point A to to me — is simply to get from point A to point A. It's the journey, not the destination.

Not all journeys, however, are physical ones. Indeed, there is no more ubiquitous metaphor for life than the journey. From the Odyssey to the Exodus, from "Easy Rider" to "Thelma and Louise," the road looped as a might observe the property of the propagation of the property of the propagation of the propa

to the Exodus, from "Easy Ride" to "Thelma and Louise," the road looms as a major character in many of our most popular stories.

Furthermore, we expect fictional characters who are on the road to experience a psychological or spiritual — as well as a physical — journey. We expect them to learn something about themselves, and about life, from having traveled. And if it's a good story, we're at least a little disappointed when they reach the end of the trip.

Mark Twain understood that, which is why he ended "Huddeberg time" members the outpresserial American and trave-

"Huckleberry Finn," perhaps the quintessential American road story—though the road is actually a river — with the hero, having completed one journey, already planning his next one. At the end of the book, Tom Sawyer wants Huck and Jim to go with him on some "howling" adventures amongst the Injuns, over in the Territory." Huck decides he should "light out for the Territory ahead of the rest, because Aunt Sally she's going to adopt me and sivilize me and I can't stand it. I been there

We've all been there before, and most of us have yielded to the Aunt Sallys of the world. We've been thoroughly civilized, and we come to enjoy the results.

Still, every so often, someone comes along with an invitation for a journey. Where you'd be headed if you took them up on it isn't entirely clear. They're gassed up and ready to go.

Are you coming?

LETTERS Booth Brown House from 1

Do they have to burn?

The legislature gave the Port Authority \$4 million to look into ways to power Rock-Tenn. Wouldn't it be interesting if could find a power source where we didn't have to burn anything? For instance, what about solar, geothermal, wind?

> Libby Fros Merriam Park

Thanks, readers, for contributing to this year's Bugle fund drive.

Eleanor J. Andersen R.K. Anderson Ann Bettenburg Christopher Call & John Thomas Robert Close & Cynthia Peltie Denise Copeland Liz & Shel Danielson Mari Espelund & Ken Dahlberg Joe and Sue Everso Russell & Enid Griffin

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Mary Volk

time was enough to fund purchase of the property and the facility's original brick building.

Booth Brown House operated as a Salvation Army maternity hospital until the early 1970s, when the organization, due to changing attitudes and available services, began to move into new areas of service.

"There were changes in funding and changes in how girls pregnant out of wedlock were looked at by society," said Strickler, "The Salvation Army began looking for different programs that could be operated from this facility, and they began working with what they called 'pre-delinquent girls'— those likely to be in trouble in other ways than unexpected

pregnancy."

This expansion of services and shift in focus led the Salvation Army to develop its residential treatment program and shelter services at Booth Brown House.

"By the early 1980s, shelter ervices for boys were added, and the treatment program became co-ed as well," said Strickler. "In 1998, that treatment program was phased out due to declining numbers, and we've continued doing shelter services since for girls."

Booth Brown House currently serves adolescent girls ages 12–17. According to Strickler, the majority of the young women in the house are placed through Child Protection as suspected victims of abuse or neglect. Others are runaways brought in by law enforcement. are referrals from other

social services, and others a under foster care with the Army.

Strickler said Booth Brown serves about 200 girls a year. The house is licensed to provide shelter for up to 90 days unless appealed by waiver. The average length of stay is about two weeks The shelter unit has five bedrooms, each of which houses several residents

While at Booth Brown, residents develop a set of goals to work on. "We usually set three goals, and we let them choose what issues they need to look Strickler said. "For instance, if a girl is placed here for running away, maybe one of her goals will be to learn other coping skills and ways to deal with her problems.

The Army also provides counseling services for residents, as well as educational groups on health and hygiene, independent living skills and cultural diversity. The St. Paul Public School District provides academic classes on site. The Booth Brown staff includes a social worker, a marriage and family therapist,

and a consulting psychiatrist.
In 2003, the Salvation Army launched its transitional living Foyer program at Booth Brow House, the first of its kind in the

"It's a model of transitional living that arose in France after World War II to support homeless young people," Strickler said. "We have 10 singleoccupancy apartments that we rent to young people, ages 16–21, at 30 percent of their income. Most of the youth we serve are just out of foster care

and have no place to go, and don't have independent living

Strickler said the program emphasizes living (in the house's safe quarters), learning (the Army helps occupants finish their education and also provides independent learning skills classes), and earning (the Army helps occupants develop résumés and work skills, and find jobs).

"About a third of our youth have enrolled in college while they've been here," he said.

The Foyer program also vorks to place participants in good jobs during their year-long

stay.
"The idea is that when they leave here, they'll be able to live independently," said Strickler. "About 85 percent of those we've served have left with permanent housing and a job.

The success of the Fover program led the Salvation Army to add 17 more apartments, the construction project currently underway and expected to be completed by April 2008. "We usually have a 30-plus

waiting list for each of our 10 apartments," said Strickler. With the new units, he added, Booth Brown will be able to serve more young people who need longer-term housing.

"We see a lot of youth who

can benefit from a longer stay and more supportive services," he said. "We feel if we can catch people before they get into a lifestyle of homelessness, we can do more to prevent chronic homelessness and help people learn to support themse

Coming home to Linnea Gardens

Linnea Gardens isn't what it used

to be.
The solidly constructed complex on Como Avenue started life as the Linnea Home a shelter for single Swedish women who had come to seek their fortunes in the New World, but found instead a solitary room in a sturdy brick barracks whose beguiling Swedish name didn't entirely disguise its institutional

Built in 1917, the Linnea Home was named for a small pink flowering shrub from the Scandinavian homeland that so many of its early residents had left behind. For almost 90 years it offered refuge, first to Swedish "hired girls" and later to elderly residents when it became a small

nursing home.

Lately, though, there are some newcomers who call Linnea

Over the last year and a half, the north St. Anthony Park landmark on Como Avenue has reinvented itself as a condominium development under the leadership of local resident Ray Peterson and other investors.

From the outside, the distinctive façade is relatively unchanged, surrounded by manicured landscaping that has provided the justification for attaching the name Gardens to the original Linnea. Inside, the building is

completely renovated. The 22 one- and two-bedroom units, with their spacious arched

windows, skylights, trendy Silestone countertops and walk-in closets, give no clue of the congregate living quarters they

For possibly the first time in its worthy existence, the venerable Linnea has become trendy. It's also good value, says real estate broker Steve Townley. For those who aren't ready

for those who acted the form or no longer want — a single-family house, Linnea Gardens offers the opportunity to buy into what Townley calls "one of the most stable real estate markets in the Twin Cities."

"Linnea Gardens is a neat

old building," he adds, "but it's the St. Anthony Park area above all that makes this so desirable." The units at Linnea Gardens

which range in price from around \$200,000 to the mid \$300,000s, are about half sold, says Townley
— most of them to residents who have previous connections to the neighborhood. The ages of the residents range from mid-20s to mid-80s, according to Townley.

"There are first-time buyers

"There are first-time buyers, last-time buyers and some in between," he says. Fiftyish Kathy Magnuson downsized from "a beautiful huge old house" near Langford Park to a 1300-square-foot condo at

"I've lived in St. Anthony Park all my adult life," she says, but the house that had suited a family of five so well was no longer appropriate for a divorced mother of grown children.

For some time, she had been looking forward to a situation with "no more lawn mowing, no more snow shoveling," but she also wanted to stay in the neighborhood.

Choices offering the right

combination of space, location and condo-like features were limited until the Linnea Gardens project came along.

"It's a historic building," says

Magnuson of her new home,
"but the inside was totally gutted.
There's new wiring, new plumbing, new appliances. I like the combination of old and new. Magnuson is especially impressed with the solid

construction of her new home

"There are those really thick walls and lots of cement between you and your neighbors," she says. "I don't think it would be a problem if the people next door gave a party."

And that's just what at least

one of her new neighbors plans to do. Twenty-something Kate Townley is planning to celebrate her move to Linnea Gardens.

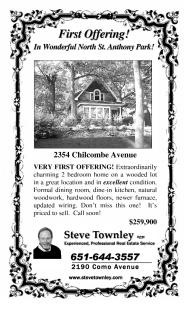




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"Dotmocracy" at Arts Festival



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For more photos & details visit

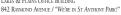
www.ParkPeace.org

Our next planning meeting (all are welcome): Monday, August 6, 7 p.m. Gary Carlson's porch, 1389 Grantham Street, 651-646-8922

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MINNESOTA STATE FAIR

ATTENTION:

Residents of St. Anthony Park

Sunday, August 26, the Minnesota State Fair will hold it's 23rd Annual 5K Milk Run. The race course begins on the fairgrounds and then winds its way through the St. Paul campus of the University of Minnesota and the St. Anthony Park neighborhood. The race begins at 7:45 a.m. and may affect traffic in your neighborhood between the hours of 7:30 a.m. and 9:00 a.m. Please

see the Milk Run map at www.mnstatefair.org for the specific route. If you have any route. It you - questions or concerns, please call the Milk Run

Trash from 1

that not enough is known about what comes out of the smokestacks of a plant burning refuse-derived fuel (RDF).

The answer may get clearer, though, in the course of the Rock-Tenn recycling company's quest for a new source of power. Rock-Tenn, on Vandalia near I-94 in St. Paul, will lose its main power source on August 15, when Xcel's High Bridge plant began its conversion from coal to natural gas. While it runs temporarily on

its own oil and gas burners, the company has both money and mandates from the Legislature to find a long-term fuel source that is environmentally acceptable as well as economically feasible.

St. Paul officials are anxious to retain Rock-Tenn's 500 or so

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jobs while they try to keep the air clean — priorities that can come into conflict. Hansen said it's not as if

everything we throw in our trash cans winds up as RDF. The waste is spread out on a floor at the Newport plant, where anything obviously inappropriate (an air conditioner, perhaps) gets yanked from the pile. The remainder goes through a series of shredders and sorters that draw out the wetter, heavier material, which is sent to a landfill. Magnets suck out the iron, and another process removes aluminum.

Hansen said that of the

original material hauled into Newport, about 85 percent winds up at Xcel burners, which used to burn coal and were retrofitted to burn RDF as an nvironmentally sound improvement

Burning RDF may be better than burning coal, but is it better than burning coal, but is it better than burying our trash? State Sen. Ellen Anderson's staff has come across this question while researching Rock-Tenn and other

"The jury really seems to be still out," according to Anderson's staffer Don Jorovsky. "There seems to be a genuine dispute among serious people about the environmental consequences" of burning RDE.

Jorovsky said he hopes the

Rock-Tenn debate will yield some data about what's coming out of the smokestacks.

And it might, said Nina Axelson, former community organizer at the St. Anthony Park Community Council and currently the community outreach coordinator for the recently formed Rock-Tenn Community Advisory Panel, Axelson said she expects the RDF issue to come up for discussion by the panel.

If the advisory panel

recommends that the city and the state pursue RDF as an option for Rock-Tenn, Axelson said, we can indeed hope for a better understanding of how the fuel affects air quality as more detailed environmental studies are

undertaken. Axelson (649-5992, nina@sapcc.org) can help neighbors track down the latest information on Rock-Tenn, although she said she is not an expert on RDF. The advisory panel has a Web site (www.rtadvisory.org). Its meetings are open to the public.

Thank You from the St. Anthony Park **Association!**



Thank you to our St. Anthony Park neighbor's and businesses for your generous support of the 4th of July celebration held in Langford Park. This year marks our 60th year of hosting this event which is made possible because of your volunteer time and financial contributions. It is with appreciation that we thank individuals and businesses that contributed at least \$590 to our community celebration:

Patriot (\$1,000 or more)

Starhurst (\$200 or more) Bungalow Pottery Carter Avenue Frame Shop Dave and Elizabeth Lee Carrier Avenue Frame Shop
Dave and Elizabeth Lee
Emil Gustafson Jewelers
Health Partners
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Sparkler (\$50 or more) American Chicle, Sharon Sandgre Andrew & Janet Miller Arlene West & Kevin Bevis

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We attempt to include the names of all who contributed to support the Fourth in the Park celebration. If your name has not been included, please excuse the omission and let us know so that we may properly recognize your gift.

etcetera

Arts Events

The Hillcrest Community
Theatre's production of "Seussical
the Musical" continues at the
Como Park Pavilion, 1360
Lexinton Pkwy, August 2–4 at
7 p.m. Tickets are \$9 for adults,
\$7 for 12 and under. For more
information, call 695-3706.

Christian and Jewish artists are invited to participate in a mixed-media art show at St. Matthew's Episcopal Church, 2136 Carter Ave. The exhibit will feature artists' meditations on their favorite Psalm or verse from a

The show will run from December 2 to January 11 in St. Matthew's Undercroft Gallery. Interested artists should contact Ruth Donhowe, 644-5759.

Community Garden Tour

The second annual Twin Cities Parade of Community Gardens will take place Saturday, August 18, from 10 a.m. to 2 p.m. This free event is coordinated by GardenWorks, a program of the Green Institute.

Participants are invited to visit as many gardens as they want around the Twin Cities. Maps and garden descriptions are available at 612-278-7123 or www.gardenworksMN.org. Participating gardens include St. Anthony Park Community

Participating gardens include St. Anthony Park Community Garden, 2217 Robbins St., and Falcon Heights Community Garden, 2050 Roselawn Ave.

Rain Garden Workshop

Friends of the Mississippi will hold a free workshop — Putting Down Roots: Rain Gardens in Residential Settings — at the St. Anthony Park Library on Monday, August 20, from 6:30 to 8:30 p.m.

The program will feature a presentation by landscape ecologist Gregg Thompson from the Association of Metropolitan Soil and Water Conservation Districts.

Because seating is limited, preregistration is required.
Contact Sue Rich: srich@fmr.org, 222-2193 ext. 14.

Antiques

The St. Anthony Park Antiques Club meets at 1 p.m. the second Thursday of each month at the St. Anthony Park Library, Each session features a speaker or field trip. The first meeting of the year will take place Spetmenter 13. New members are welcome. For more information, contact Judy Payne: JAPWeavse@aol.com.

Christmas in August

Peace Lutheran Church in Lauderdale will hold its annual Christmas in August this year August 24–25. Church members volunteer their time and talents helping home owners make repairs. Possible projects include painting, carpentry, roofing, fence repair, Indexing, etc.

repair, landscaping, etc.
To request assistance, or to volunteer or donate money or materials, contact the church office: 644-5440.

Benefit Concert

On Monday, July 16, the Northern Lights 4-H Club held a benefit concert at Peace Lutheran Church. Performers ranged from preschool to high school age. The concert nised \$80 and a barrel of food for local food shelves. In addition, club members donated another \$100.

Brain Injuries

The Brain Injury Association of Minnesota will hold an informational meeting on Wednesday, August 15, from 7 to 8 p.m., at the St. Anthony Park Library, 2245 Como Ave.

To RSVP or for more information, contact LinChing Nieh: niehx002@umn.edu, 612-238-3234.

People

Former St. Anthony Park resident Dr. Norman Borlaug was presented the Congressional Gold Medal on July 17 in Washington,

Dr. Borlaug, a Nobel Peace Prize laureate, earned his undergraduate and graduate degrees in forestry and plant pathology at the University of Minnesota. He is credited with saving more lives from starvation than any other person in history.

Three students from Como Park Elementary won scholarships to attend NASA Space Camp in Huntsville, Ala., at the end of July. The scholarships were offered by the Fish & Richardson

Vi Thao Pham, Neyvi Hernancez-Guillen and Ariana Lepson traveled with a teacher chaperone for the five-day camp,

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1/4 mile west of Hwy 280 across from KSTP which included simulated space shuttle missions and presentations on space exploration.

Dan Mesick, principal at Como Park High School, attended the sixth annual Summer Leadership Institute of the Principals' Partnership, a program created by Union Pacific to support public high school principals.

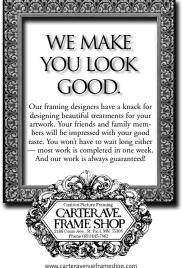




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Linnea Gardens from 3

"I definitely will have a little get-together with my friends," she says. Townley points out that she's not really the boisterous type but that those foot-thick walls are an encouraging sight as she plans her housewarming party.

party.

Townley, who works for the Minnesota Twins, says that the Linnea Gardens condo is "the very first place I've ever owned."

Because she travels frequently on business, she says she was attracted to the possibility of building up equiry without

signing on for yard care and the other burdens of home ownership.

ownership.

Kate Townley is one buyer who really trusts the investment advice she got from her real estate guy. For one thing, he happens to be her dad.

"I love the community and

the way St. Anthony Park sits between both (Twin) cities," she says. "I also like the uniqueness of Linnea. With only 22 units, you get to know your neighbors. I highly recommend Linnea Gardens, and not just because my dad is the real estate agent." Family relationships of another sort were a selling point for Joan Laux, one of the few Linnea owners who didn't have a previous connection with St. Anthony Park. Laux, 60, a retired school social worker from the Milwaukee area, moved to the Twin Cities to be closer to her married children and her 10-month-old granddaughter.

For Laux, an enthusiastic gardener in her previous home, one attraction of Linnea is the option to involve herself in as much — or as little — of maintaining the landscaped grounds as she desires.

much — or as little — of maintaining the landscaped grounds as she desires.

"In Wisconsin I owned quite a large yard," she explains, "but I had reached a point where I was thinking, 'This is taking a lot of time."

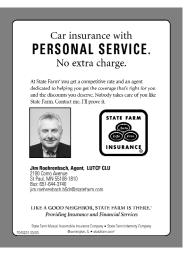
Laux is considering planting a vegetable garden in one of the plots being readied behind the garage space. As for the rest of the gardening, Laux says, "Residents will decide how much they want to do" and how much will be contracted out as part of the building maintenance plan.

Laux can pinpoint the moment she decided she'd made the right move to Linnea Gardens. She was sitting on the floor, looking out the large, arched windows of her unit.

arched windows of her unit.

"I could see a beautiful blue sky with cumulus clouds, and I thought, 'Oh yes!' This is a place where I can age well."

where I can age well."
For information about
Linnea Gardens, call 644-3557
or visit www.SteveTownley.com.





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Volunteering Matters by Lisa Steinme

Volunteering brings the Schroeder family of Falcon Heights full circle every summer when they return to YMCA Camp du Nord near Ely,

The circling reinforces family traditions and values that go back nearly 40 years. It's a pattern that's even echoed in the shape of their temporary summer dwelling: a yurt at Camp du Nord. The round tent-like structure has a window in the center of the roof that offers a 360-degree view of sky and treetops and a pileated woodpecker that checks in every

morning.

It's a unique dwelling among the cabins and canvas tents of the camp, one reserved for resource families.

During the camp's opening week of June 16, Sally and Kevin Schroeder and their sons — Zach, 11, and Ben, 9 — lived in the yurt and worked as a volunteer resource family.

The YMCA of Greater

St. Paul owns and operates Camp du Nord, a family camp near Ely on Burntside Lake and adjacent to the BWCA. Large pink and gray granite boulders, covered in lichen, define the shoreline and rocky foundation of the area. The forest is fragrant, soft underfoot, and thick with spruce, pine, birch

and aspen.

It's the perfect setting for the spirit of Camp du Nord, which promotes reverence and enjoyment of the area, with a good dose of joyful community.

It's a great place to learn about the BWCA with its hundreds of lakes and rivers, w howls, loon calls and history of

canoeing, camping and hiking.
For Sally Schroeder, a fourthgrade teacher, 2007 marks her 38th summer at Camp du Nord. She has grown along with the camp as it developed from a small cluster of 1930s log cabins to a place that offers accommodations for up to 60 families. The camp has also expanded from a summer to a year-round destination.

Sally introduced her husband, Kevin, to Camp du Nord 17 years ago during a winter cross-country ski trip, and now camp has become a family affair.

As a resource family, the

Schroeder's duties include welcoming other families to camp on the first day of their one-week stay. This year, they introduced rhemselves to folks in their part of the camp by delivering homemade poppy seed cakes to cabins and tent sites.

cabins and tent sites.

Each morning during the week they hosted the early morning "Polar Bear Swim." After breakfast, while the children were occupied, Sally and Kevin were busy with the adults, the contraction of the second of the contraction of the second of the se organizing hikes, canoe trips and other activities.



The Schroeders of Falcon Heights — Ben, Sally, Zach, and Ken — serve as a resource family at Camp du Nord near Ely, Minnesota.

Sally says, "It's a lot of fun. We get the benefit of socializing. We want to pass on our experiences and stuff we enjoy, like canoeing and our favorite trails.

Other duties included running a daily ferry service by pontoon boat from one end of camp to the other, setting tables for meals and sweeping up afterward. They were ready to pitch in when required — even cleaning biffies.

"A flexible attitude is

essential," says Kevin Schroeder, who works for Cox Insurance Associates in Roseville.

According to Camp du

Nord's Executive Director Dave Palmer, the role of resource family was created in 1971 during a staff shortage. Over the vears, the resource families continue to be an important link for new campers. They help new families feel comfortable and

learn what's going on.

"It's crucial to our vision at
Camp du Nord that everyone feel welcome here," Palmer says "Volunteers are the backbone of Camp Du Nord in many ways." The Schroeder family has

made volunteering part of their Du Nord tradition. Sally points to her parents as an inspiration. "My mom and dad are role

models for volunteering," she

says. "They have been the most amazing volunteers for this

place."

She says that whenever she sees the curtains hanging in the windows of the cabins, she is reminded of the summers when her mom, Sue Nelson, brought her sewing machine up to camp and "sewed nonstop." She thinks of her father, Doug Nelson, and brother, Tim

Nelson, who together made over 30 pine tables that now grace the dining hall. In addition, Sally's father has been on the board "for eons" and has been board chair for the past two years.

The Schroeders participate

in other volunteer activities during the year. In the fall, they make phone calls for the capital campaign, and they return to Camp du Nord for "work weekends," where trees are trimmed and cabins are repaired. In the spring, they donate items to the annual garage sale. Kevin also joined the Camp du Nord

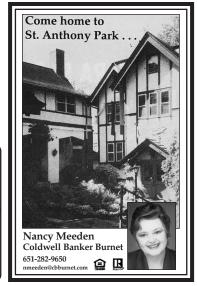
board recently. The Schroeders enjoy being regular campers at du Nord as well, something they had a chance to do in July. They took advantage of others' hospitality for a week, though it's doubtful anyone else there was better able to answer questions about Camp du Nord than the Schroeders.





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LRT plans from 1

a green one to facilitate their progress.

Asked how the trains will be

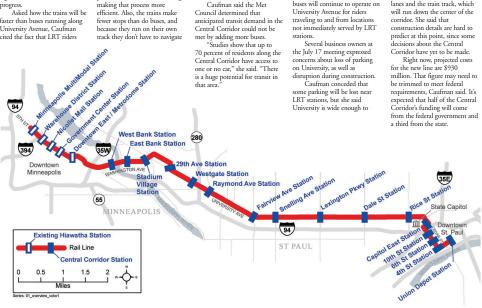
faster than buses running along University Avenue, Caufman cited the fact that LRT riders

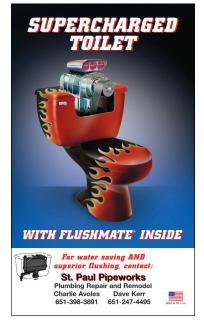
purchase tickets before boarding, making that process more efficient. Also, the trains make fewer stops than do buses, and because they run on their own track they don't have to navigate

in and out of traffic. Caufman said the Met

She noted that Route 16 buses will continue to operate on University Avenue for riders traveling to and from locations not immediately served by LRT stations.

accommodate parking, traffic lanes and the train track, which will run down the center of the corridor. She said that construction details are hard to predict at this point, since some decisions about the Central











The Como-Harriet streetcar line ran between Minneapolis and St. Paul. This view is looking east on Como at 22nd Avenue. Manning's Restaurant is on the right. Photo courtesy of "Twin Cities by Trolley."

Riding the rails, old-style, in the Twin Cities

Want to get from point A to point B in a motorized vehicle without driving a car? You're a good candidate for the bus. But what if you want an emotional, as well as a utilitarian,

"I like buses, but they're pretty mundane," says Aaron Isaacs. "They don't have the 'sizzle

factor' that rail does."

When Isaacs says "rail," he could be talking about LRT, a part of the Twin Cities transit scene since 2004, when light rail was added to Hiawatha Avenue in Minneapolis, and due to become an even bigger part when the Central Corridor comes on line in 2014 or so. More than likely, though, he's thinking of a much earlier manifestation of rail transportation: the streetcar. Isaacs, a retired Metro Transit

employee, has teamed with John Diers to create a book just published by the University of Minnesota Press: "Twin Cities by Trolley: The Streetcar in

Irolley: The Streetcar in Minneapolis and St. Paul." "People love streetcars," Isaacs says. "They're viewed now with nostalgia and great affection, something that just doesn't happen with buses but that we're starting to see with light rail.

At its peak in the 1920s, the Twin City Rapid Transit Company operated some 900 streetcars that carried more than 200 million passengers a year on 523 miles of track. Some of the most scenic of those miles, Trolley," were along the Como–Harriet line, which ran from Minneapolis to St. Paul and passed through St. Anthony Park and Como Park. Many riders, the book says, took that line just

for the experience.

The Como—Harriet line was in operation from 1891 to 1954. The Snelling line, between Hoyt Avenue on the north and Highland Parkway on the south, opened in 1905 and closed in 1952.

According to Isaacs, streetcars supplanted commuter trains that ran between

Minneapolis and St. Paul during the 1880s. St. Anthony Park had two train stations near Raymond Avenue. The streetcars in turn gave way to the increasing popularity of the automobile.

"Twin Cities by Trolley" documents 80 years of streetcar history in Minneapolis and St. Paul, and a transition from horsepower to steam to electricity. The book includes more than 400 photographs and 70 maps.

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Newaate from 1

and financial advisor and have always been available to help us whenever we needed it," Severson said, crediting Terri Fleming, Park Midway Bank's senior vice president, with helping Newgate get \$1.4 million for their 8,000 square-foot training facility three years

ago.
"Terri did most of the work

"Terri did most of the work to get us the loan, providing advice and helping us get the mortgage," he said.

Said Fleming, "Our mission really has to do with improving the urban community, and that fits so well with the mission of Newgate since they're training people to go out into the work force and earn a decent wage once they've completed the program."

To provide automotive training, Newgate depends on donated vehicles, many of which come from surrounding neighborhoods. Severson said that over the last 10 years. residents in the 55108 zip code have donated an average of 60 cars a year to the school.

Some of those donors have been referred by Park Service. Ned Wesenberg, the station's



Newgate student Kipp Mathews is part of the school's automotive mechanics program.

owner, said it's nice to be able to give his customers an option when they're faced with

"That's not easy to tell your customers," he said. "But to tell them I have an alternative for you where you can get a tax deduction, and these guys are nice enough to come and get it, whereas other places won't — it can ease their frustration some.

Wesenberg's business depends on fixing cars. But, he says, "as car owners we know there sometimes comes a point when it's a better investment to switch to something newer, safer and more fuel-efficient. So then they see the advantage in donating their cars while they're still usable. And since they're giving to a good cause, everyone wins.

Part of what makes donating to Newgate a good cause is the school's Wheels for Women program, through which it gives about 50 repaired vehicles a year to low-income single mothers. Since the program's inception, nearly 600 cars have been

Last year, Newgate added a Fix It for Families program, which provides car repair for low-income

ROGER'S

families referred by social services

agencies. Severson said the benefits of

Severson said the benefits of these programs work both ways. "Our students learn they're not just using their skills to provide a living for themselves and their families but are able to contribute to the community in an even broader sense," he said. "This builds a self-concept that they've got a lot to contribute and that doing the work they do helps other people. That carries over to how they feel about the world, other people and their place in it."

Although Newgate both

depends on and practices generosity, there's nothing generous about the school's expectations of its students. Auto body training takes an average of 18 months to complete, and auto mechanics is a 12-14-month program.

"We think they're really equipped," said Severson. "We won't certify a student until they've shown a good work

demanding excellence of its students hasn't hurt enrollment. Severson said, noting that the school always has a waiting list.

"It's a healthy environment,"

he said. "They're enthusiastic about what they're learning here. And they can look toward a real career job with real pay and a real

Newgate welcomes donated vehicles and inquiries about its programs. For more information, call 612-378-0177 or visit www.newgateschool.org.



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by Kristi Curry Rogers

Hello, No Bones readers!

Hello, No Bones readers!

I'm headed into the field in
August in search of ancient
dinosaur fossils, but you may find
yourself wondering where all of
the common modern dinosaurs
have gone this summer.

Lhope I'm not sterping on

I hope I'm not stepping on the Birdman of Lauderdale's toes, but alarming reports recently released by the National Audubon Society may signal the onset of a second, particularly significant extinction event for bird (aka dinosaur) populations.

For the last 40 years, the National Audubon Society has employed everyday citizen birdwatchers to conduct an uninterrupted annual bird census, commonly known as Audubon's Christmas Bird Count.

Data from the Christmas Bird Count were combined with the society's Breeding Bird Survey to see how common bird populations have fared over the last

40 years.

A lot of things have changed in that time. Think of pollution.

in that time. I hink of pollution, urban sprawl, industrialization, intensive farming practices, climate change.

The results of the study reveal that many common birds have seen steep population declines, in some cases as much as

68 to 80 percent.

The Audubon Society
reports that all 20 birds on the Common Birds in Decline List lost at least half their population in the last 40 years.

Species include the meadowlark, which is being constrained by urban sprawl, industrialization and intensive

Some tundra-breeding birds are in decline due to habitat changes associated with permafrost melt, which also leads

to migration of new predators into once "restricted" environments. They even include the field and grasshopper sparrows, common in Minnesota in the summer. Though most of us associate

extinction events with creatures like dinosaurs, wooly mammoths and dodos, seeing the effects of human interaction with the environment, particularly with animals that we view as a pervasive part of our existence, really brings home the point that we have an effect on our world even if those effects are unintentional.

The dinosaurs didn't experience gradual population declines over a number of years. They were wiped out - at least many of us think so - in a

single swoop of global calamity.

But one group of those
dinosaurs — the birds survived

Wouldn't it be a shame if we now wiped them out? Won't it be a shame if we don't realize the important, long-term member-ship of those animals in modern ecosystems? Or if we do realize it, but only when it is too late to do anything to prevent a full-fledged second wave of dinosaur extinction?

For information on the Audubon Society's report, including the affected birds, how citizen scientists contributed to citizen scientists contributed to
the census and what you can do
to help, visit the Raptor Center,
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moment to look out your window and appreciate your population of backyard dinosaurs.

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The Birdman

This column is about a lucky

I first met the bird when a neighbor rang my doorbell. I found her standing there with : white bakery bag, rolled closed at

the top.

"My cat just caught this bird," she told me. "I think it's all right; I didn't see any blood.

I peeked into the bag. The bird was active. It looked to me like a Swainson's thrush. They migrate through here in the spring on their way to their nesting grounds in the Boundary Waters Canoe Area.

The Swainson's thrush is related to the robin (also a thrush), but it's smaller and graybrown with prominent spots on

its chest and a buffy eye ring.

I was concerned that the cat
had broken the bird's tail feathers or pulled some out, which could be deadly. The July–August 2007 issue

of Audubon magazine reports on work by Wisconsin wildlife biologists Stanley Temple and John Coleman. They estimate America's cat population is 60 million and that the average outdoor cat has up to 28 kills per

My neighbor swore to me that she'd never have another outdoor cat after the two she has now go off to that great litter box in the sky.

I carefully put the bag and its

fragile contents into a box and headed over to the Wildlife Rehabilitation Clinic in Roseville. Back at home, I sent an e-mail to the clinic's Info Line, with the date, bird species and my name so they could let me know the status once they'd examined the bird.

A few days later I received an e-mail that said the bird was doing well and they expected it eventually could be released. My neighbor was concerned when she heard that news.

"They wouldn't release it

back here, would they?" she asked. She didn't want to risk one of her cats taking another shot at

No, I explained, they don't have to release it back where it was found, though they often do so if they can.

Two weeks after the bird had been admitted to the Rehab Center, I received a call from Phil Jenni, the director. He had seen the Swainson's thrush on the list of birds ready to be released. He thought it looked like a

pretty special bird and decided to pull its file and learn more about the circumstances that brought it there.

That's when he saw my name and gave me a call. Would I like to be involved in the bird's

Well, of course I would! My wife, Jean, and I went to the Rehab Center on a Friday morning and met Phil there. He said the bird didn't appear to have any wounds or injuries, and was active and responsive from the moment it was admitted. But after "cat exposure," as

they call it, they prescribe antibiotics to fight off the possibility of infection.
Phil took us back to see the

flight room, where the thrush

and other birds were exercising their wings and building up their muscles to return to the wild.

We also got a tour of the avian nursery — tiny robins and northern flickers huddled in plastic margarine tubs, like surrogate nests, with their mouths ever open waiting for the volunteer to come by on her eternal rounds.

eternal rounds.

Phil says it's like washing windows on a skyscraper: Finish one side and you just move on to the next, round and round, squirting little shots of mashed baby bird food into the gaping

As the birds grow, they move to juvenile cages so they can socialize with their peers. They finally graduate to the flight room, where we watched a volunteer net the thrush and put it into a small box. Phil transferred the bird

from the cardboard box to a pair of small plastic mesh baskets clamped together top to top Then he covered the basket arrangement with his sport coat to reduce the bird's stress. We substituted a towel for

Phil's jacket and took the baskets out the door and up the path toward the neighboring Harriet Alexander Nature Center.

We picked a spot under a large pine tree, set the baskets on the ground and removed the towel. The bird began nervously hopping around in the baskets. I removed the upper basket and it flear to a libit increases. flew to a limb just over our heads.

Jean was able to get a quick Jean was able to get a quick photo before it flew to another tree and disappeared into the foliage. My hope is that although this thrush had a two-week interruption in the middle of its migration, it was able to resume its trip and get up to the
Boundary Waters.

It may arrive later than its

peers, but it will have stories to tell its buddles about escaping from a cat and the time it spent in recovery with the nice folks at the Wildlife Rehabilitation



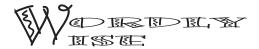
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AMERICAN LIFE IN POETRY

By Ted Kooser, U.S. Poet Laureate, 2004-2006

The subdivision; it's all around us. Here Nancy Botkin of Indiana presents a telling picture of life in such a neighborhood, the parents downstairs in their stultifying dailiness, the children enjoying their youth under the eaves before the passing years force them to join the adults.

All the roofs sloped at the same angle. The distance between the houses was the same. There were so many feet from each front door to the curb. My father mowed the lawn straight up and down and then diagonally.

And then he lined up beer bottles on the kitchen table.

We knew them only in summer when the air passed through the screens. The neighbor girls talked to us across the great divide: attic window to attic window. We started with our names. Our whispers wobbled along a tightrope, and below was the rest of our lives.

American Life in Poetry is made possible by The Poetry Foundation (www.poetryfoundation.org), publisher of Poetry magazine. It is also supported by the Department of English at the University of Nebraska-Lincoln. Poem copyright (c) 2006 by Nancy Botkin, Reprinted from "Poetry East," Spring, 2006, by permission of the author, whose full-length book of poems, "Parts That Were Once Whole," is available from Mayapple Press, 2007. Introduction copyright (c) 2007 by The Poetry Foundation. The introduction's author, Ted Kooser, served as United States Poet Laureate Consultant in Poetry to the Library of Congress from 2004-2006. We do not accept unsolicited manuscripts.

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Thursday, August 9, 7 p.m. Micawber's. Eireann Lorsung ("Music for Landing Planes by").

Groups

Wednesday, August 1, 6:30 p.m. St. Anthony Park Library. St. Anthony Park Writers Group. All welcome.

Wednesday, August 8, 7 p.m. Falcon Heights United Church of Christ. Summer Book Club. "The Spiral Staircase: My Climb Out of Darkness," by Karen Armstrong. Nonchurch members welcome. For more information, call the church office: 646-2681.

Sunday, August 12, 2:30 p.m. Micawber's Sunday Afternoon Book Group. "Water for Elephants," by Sara Gruen. For more information, call Joy: 319-2630.

Monday, August 13, 7 p.m. Micawber's. Probers' Book Group. "Animal, Vegetable, Mineral," by Barbara Kingsolver.



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join us as **Eireann Lorsung** reads from "Music For Landing Planes By" which is her stunning debut in poems. Lorsung is a homegrown talent whose style is all her own. Free and open to the public

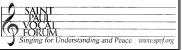


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BRENTANO STRING QUARTET with MICHAEL KANNEN, cello February 24, 2008 - 4:00 p.m.

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VIOLIN, CELLO, PIANO APRIL 27, 2008 - 7:00 P.M. (note time)

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August 21, 11am

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August 25, 8pm

Adrian Nightengale August 31, 8pm

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August 2, 7:30pm

Jeff Ray's CD Release Show August 4, 7 pm

SANTA CRUZ RIVER BAND August 9, 7:30pm

Dinner with The Biddies Claudia Schmidt, Jan Krist & Kitty Dovohoe August 11, 8pm (seating begins at 6:15 pm)

Christine Kane August 23, 7:30pm

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Como Park Pavilion

Hillcrest Community Theatre presents "Seusical the Musical" August 2-4 7pm

Visual Arts

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1 WEdnesday

- Counselog available at Como Pagk High School, 8 a.m.-noon. Every Wednesday. Call 293-8800 for MORE INFORMATION
- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m. P.m. Lunch reservations by
 Monday. Every Wednesday. Free blood pressure clinic by the St. ANTHONY PARK Block NURSE Program 1st and 3rd Wednesdays at 11 a.m.
- St. Anthony Park recycling. Every Wednesday.

2 Thursday

- Tot Time (for 5-year-olds and younger), South St. Anthony Rec CENTER (298-5765), 10 A.M.-NOON. Every Thursday
- TOASTMASTERS (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.: 12:30 p.m. Every Thursday.
- Chair exercise classes at Seal Hi-Rise, 825 Seal St. Every Monday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to preregister.
- St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 890 Cronwell, 7 p.m.

7 Friday

- SENIOR CITIZEN FUN GROUP (GYM, bowling and darrs), South St.
 Anthony Rec Center, 890 Cromwell,
 9:30-11:30 a.m. Every Friday.
- Falcon Heights recycling.

4 SATURDAY

Nocturnal Bowling (612-625-5246), 10:30 p.m.-5 a.m. at the

Copher Spot, St. Paul Student Center, 2017 Buford Ave., St. Paul CAMDUS. EVERY SATURDAY.

6 Monday

- AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every
- Chair exercise classes at Seal Hi-Rise, 825 Seal St. Every Monday AND THURSDAY AT 12:30 p.m. THESE classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to preregister.
- Neighbors for Peace planning MEETING, 7 p.m. Gary Carlson's porch, 1389 Gravitham St., 646-8922. All welcome.
- Como Park recycling. Every Monday.
- Lauderdale recycling

7 Tuesday

- FREE IN-STORE WINE SAMPLING AT THE Little Wine Shoppe (2236 Carrer Ave., 645-5178) between 4:30 and 7:30 p.m. Must be 21 years of age or older to attend. All featured wines are 10 percent off during the TASTING.
- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-noon. Every
- Toastmasters (645-6675), TRAINING IN Effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.

8 WEdnesday

- SUMMER READING PROGRAM: MAD Science of Minnesota. St. Anthony Park Library, 10:30 a.m. and
- Exicon Heights City Council City Hall, 2077 Larpenteur Ave., 7 p.

9 Thursday

• Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell,

10 Friday

 Movie Night: "The Great Secret." An interview with Peter Kincsley. 7 p.m. Spirit United Church (3204 Como Ave SE, 612-378-3602). Donation, free popcorn, discussion follows. All welcome

13 Monday

- Opening date for Como High School fall sports. Call 293-8800 for more information.
- Join the Falconers for 500 and cribbage at 1 p.m. at Falcon Heights City Hall.

14 TUESDAY

- Free in-store wine sampling at The Little Wine Shoppe (2236 CARTER Ave., 645-5178) between 4:30 and 7:30 p.m. Must be 21 years of age OR Older to ATTEND. All FEATURED wines are 10 percent off during the
- · Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m

15 WEdnesday

- SUMMED READING PROCESSM: THE Flyers (musical duo). St. Anthony Park Library, 10:30 a.m. and 2 p.m
- Langford Booster Club, Langford

17 Friday

Falcon Heights recycling.

20 Monday

Lauderdale recycling.

21 Tuesday

• District 10 board meeting. Call 644-3889 for details.

22 WEdnesday

- Free in-store wine sampling at The Little Wine Shodde (2236 CARTER Ave., 645-5178) between 4:30 and 7:30 p.m. Must be 21 years of age or older to attend. All featured wines are 10 percent off during the TASTING.
- Summer Reading Program: Schiffelly Puppers. St. Anthony Park Library, 10:30 a.m. and 2 p.m.
- Exicon Heights City Council City Hall, 2077 Larpenteur Ave., 7 p.n
- St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 p.m.

26 Sunday

 Lauderdale Wellness Center open House, 10 a.m.-7 p.m. Free demonstrations include acupuncture, chiropractic, life coaching, therapeutic massage and shiatsu Refreshments and door prizes. 645-0355

27 Monday

Join the Falconers for 500 and cribbage at 1 p.m. at Falcon Heights City Hall.

28 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

30 Thursday

- Back-to-School Open House,
 4:30-6:30 p.m., St. Anthony Park Elementary School. 293-8735, 632-3670.
- ERESHMAN ORIENTATION 5:30-8 p.m., Como Park High School. 293-8800.

31 Friday

Falcon Heights recycling.

ITEMS for the September Community Calendar must be submitted to the CARENDAR MUST be submitted to to Bugle office by 6 p.m., Friday, August 17.



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LIVES LIVED

Ronald Ambrosier

Ronald G. Ambrosier, age 71, of Lauderdale, died June 30, 2007. He was born March 23, 1936, in Cass Lake, Minn. Ronald worked at Midwest

Editions, a Minneapolis book bindery, for about 30 years and lived in Lauderdale about the

same length of time.

Ronald loved to hunt with
his buddies. He and his wife, Mary Ann, enjoyed fishing. "He was also a beautiful cook," Mary Ann said. "He knew just what to

do with spices and everything."

He was preceded in death by his son, John Christopher, and is survived by Mary Ann and many family members.

Mass of Christian Burial was celebrated July 5, 2007, at Corpus Christi Catholic Church, with interment at Fort Snelling National Cemetery.

Robert Bjorndahl

Robert W. Bjorndahl, a St. Anthony Park dentist for over 38 years, died suddenly at United Hospital of complica following lung cancer surgery on July 7, 2007. He was 73 years old, Biorndahl was a 35-year resident of Grant, Minn., where he built the family farm, "Uff Da Achers."

He is survived by his wife of 47 years, Sandra Merriman Bjorndahl, of Grant; sister, Betty Felix of White Bear Lake, Minn.; children, Jodi (Curt) Swanson of Minnetonka, Amy (Rick) Keenan of Thrall, Texas, Kirk Bjorndahl of Lago Vista, Texas, and Kirsten (Greg) Kawai of South Pasadena, Calif.; and thre grandchildren.

grandchildren.

His passion for the outdoors led to a lifelong support of YMCA Camp Widjiwagan, where he began camping as a teen and finished on the board of directors. He was a classic car enthusiast who loved his toys. He enjoyed his Belgian horses, winters in Texas and traveling in

K. v. He celebrated his Norwegian heritage frequently with lutefisk. He was proud to have served his country as a Navy pilot in the 1950s and maintained reserve status until he retired as a captain.

A celebration of Bob's life

was held at St. Andrew's Lutheran Church, Mahtomedi, on July 12.

Gale Frost

Gale C. Frost, 94, of St. Anthony Park, died Iuly 17, 2007, at Episcopal Homes, where he had lived recently.

Raised in St. Anthony Park Gale graduated in 1931 from Mechanic Arts High School and later attended St. Olaf College in

In the 1930s he served as an executive for the Boy Scouts Later he trained swimming instructors for the Army. For most of his working life, he sold agricultural products, retiring at

In retirement, Gale had two passions: the St. Anthony Park Association and the Minnesota State Fair. He helped found the former organization and served as president. He helped organize the first Fourth of July parade in 1947, and one year managed to set his own house on fire with the fireworks display.

In 1976, Gale created the

Minnesota State Fair Museum, which was stocked with memorabilia he had collected himself. He managed the museum until 2001 and continued to return whenever he was able.

Always curious and creative Gale enjoyed travel with his wife of 60 years, Elaine. He started learning to use a computer at 92 and built his latest model train

layout last year. "Gale Frost was a lot more than a museum at the Fair," said St. Anthony Park resident David Davis. "He was proud of the work he did, as well he should have been. He did well for

Minnesota agriculture."

Gale was preceded in death by Elaine. He is survived by daughters Judy Lewis (Steve) and Libby Frost; sons Jim (Karen), Tom (Leslie) and Bob; six grandchildren; and five greatgrandchildren.

His memorial service was 25, 2007, at St. Anthony Park Lutheran Church.

John Healy

John Patrick Healy was born in St. Paul on August 18, 1940, and died here June 26, 2007. He grew up and lived in St. Anthony Park, where he attended Gutterson Elementary School.

When he was five years old,

When he was five years old, he began helping in the family business, Healy Laboratories. He graduated from Murray High School in 1958 and was active on the high school football and swim teams, sang in the United Church of Christ choir and participated in Boy Scouts.

He received a B.S. degree in food science (dairy bacteriology) from the U of M in 1962. Like his father, he was a member of the Farm House Fraternity on the St. Paul campus.

After college, he continued

to work with the family business until he purchased it in 1970. He also bought the building on the corner of Como and Doswell, still called the Healy Building.

Healy Laboratories tested milk products for dairies and had clients such as Twin Cities Milk and Land O'Lakes. John worked to expand the business and had clients in greater Minnesota, Wisconsin and Iowa.

He also expanded the focus of Healy Laboratories to include testing meat and had clients such as Kentucky Fried Chicken and Kraft Foods. During this time, he developed a second business, Rovin' Equipment, which provided custom-made canoeing hacknacks and tents.

John had many hobbies. He loved to travel, swim, canoe, camp, fish, water ski, scuba dive, sing in choirs.

John was involved in several

churches in St. Anthony Park. During his college and early adult years, he was active in Boy Scout Troop 17 and started its Explorer Program. He was a member of the Midway Masonic Lodge. John worked towards his

ing license and was a member of the National Guard, as his

of the National Guard, as his father had been.

He met Ellen Heisterkamp on a ski trip in 1968 at Sugar Hills in Grand Rapids, Minn.
This was Ellen's first ski trip and John helped her through the day. John and Ellen were married in Clinton Lowa, in 1969. Their Clinton, Iowa, in 1969. Their son, William, was born in 1970 and their daughter Colleen in 1973. John and Ellen were divorced in 1979 but continued to be part of each other's lives In 1974, John suffered a

nervous breakdown, was hospitalized and suffered from chronic mental illness for the next 33 years. During this time, he was hospitalized numerous times and also experienced periods of

He was preceded in death by his sister, Marjorie Healy Johnson. John's funeral was held at

St. Anthony Park Lutheran Church on June 20, 2007.

Myrna Huebsch

Myrna Mercedes (Bradley) Huebsch of Falcon Heights died peacefully on June 28, 2007, after a 15-year battle with breast cancer. She was 71 years old.

She was born on October 17, 1935, on her grandfather's farm near Edgewood, Iowa, the only child of Edna and Charles Bradley. Myrna moved to Strawberry Point, Iowa, where she attended grade school and high school, and graduated in 1958 from Iowa State Teachers College (now the University of Northern Iowa) with a degree in music education. She taught music and

kindergarten for several years.

Myrna enjoyed time with her family, celebrating the holidays (particularly Christmas). watching her grandchildren grow, traveling with family and friends, Canadian fishing trips, spending time at her cabin on Deer Lake,

snowmobiling, s'mores around the campfire, playing the piano, French horn and hand bells, singing in the church choir, and visiting with friends and

visting with friends and neighbors.

Myrna appreciated nature and loved watching and feeding the birds at the lake, especially the hummingbirds. She loved the stars and watching for the Northen Liebter. Northern Lights.

Myrna is survived by her husband of over 48 years, William Louis Huebsch, whom she married on December 21, 1958, in Strawberry Point, Iowa They were blessed with four children, who all survive her: William Huebsch Jr. (Louann) Michael Huebsch (Cathy), Jos Huebsch (Katy) and Elizabeth Huebsch. She is also survived by

nine grandchildren.

Myrna was an active member
of Como Park Lutheran Church, where she worked and volunteered for many years. She enjoyed sharing her time and talents. Her funeral was July 3, 2007, at the church.

Clara Dettmers Koennecke

Clara Dettmers Koennecke ormerly of Lauderdale, died June 4, 2007, in Mountain Home, Ark. She was 87.

She was born September 13, 1919, in Oldenburg, Germany. Her father was a doctor; her mother died when Clara was quite young. Clara had been married just

three months when her husband was killed in WWII In 1954 she immigrated to the United Statess with her young son, Folker. She lived on Carl Street in

Lauderdale for 40 years and worked as a night nurse at St. John's Hospital.

Two years ago she moved to Mountain Home to be nearer her son and his wife.

She is survived by her son, Folker and his wife Barbara: two brothers and a sister along with their families in Germany; a sister and her family in Florida: grandsons Stan and Eric Koennecke in Minnesota; and three great-grandchildren.

Following cremation, Clara's ashes were scattered in the mountains, per her wishes.

Raymond and Marilyn Mykleby

A memorial service for Raymond Woodrow Mykleby, age 88, was held June 26, 2007, at St. Anthony Park Lutheran Church. The service was also in remembrance of his wife,
Marilyn.
Born on a farm near Eldred,

in northwestern Minnesota, Ray attended the Northwest School of Agriculture in Crookston and graduated from the University of

Minnesota, After receiving a master's degree from Pennsylvania State, he began a 33-year career with the Dairy Division of Land O'Lakes, Inc. and became vice resident of research and

development.
Ray and Marilyn lived in Lauderdale and were members of the St. Anthony Park Lutheran Church, where all three of their sons were confirmed.

Raymond retired from Land O'Lakes and moved to Barrington, Ill., to accept a position as CEO of DRINC,

Dairy Research, Inc., in Chicago After five years, Ray and Marilyn retired to Escondido, Calif., where they lived for 20 years. During these retirement years, Ray did consultant work for United Dairy International Association, which included traveling to Europe and Pakistan After Marilyn died on

December 4, 2001, Ray returned to Minnesota, living at RosePointe in St. Paul until his death on December 28, 2006. He was also preceded in death by an older brother, Hillard. He is survived by three sons:

re is survived by three sons: Steve, Gregory and Douglas; five grandchildren; and two great-grandchildren. Ray is also survived by five siblings: Eva Mildred Pearson, Opal Hedberg (both of St. Anthony Park), Forrest and Donald Mykleby, and Laurie Glenn.

Raymond served in the U.S. Army during the WWII and is interred at Fort Snelling National Cemetery.

Arthur Peterson

Arthur R. Peterson, Sr., age 79, a lifelong resident of Lauderdale, died in Arizona on June 13, 2007. He was born June 24,

1927, in Minneapolis.

He had owned Rosehill
Service Station since Septembe
1948. "He considered his customers at the filling station: his friends," said his wife of 55 years, La Vanche. Art liked to golf and to talk

to people. "He was a very emotional man," La Vanche said. "He especially liked riding his bike and looking for golf balls to give away. In his latter years, he enjoyed cooking."

He will be deeply missed by

La Vanche; son, Arthur Jr. (Charlene); sister, Dorothy Urman; brother, Joe Peterson (all of Lauderdale); and close family friend, Richard H. Hinrichs

A memorial service and celebration of Art's life was held on July 12, 2007, at Peace Lutheran Church in Lauderdale, with lunch at the Lauderdale City Hall.

Lives Lived to 20

CLASSIFIEDS

Classified deadline: August 17, 6 p.m. Next issue: August 29

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Margaret Rieck

Margaret M. Rieck, age 91, of ot Lakes, Minn., died June 13, 2007. She was born Feb. 11, 1916, in Owatonna, Minn.

Her family eventually moved to St. Paul, where Margaret graduated from Central High School and attended Hamline University, On October 11, 1941, she married C. Donald Rieck, and they raised their family in the Como Park area and attended St. Timothy Lutheran Church.

Margaret and Don were very

involved with the St. Paul Winter Carnival Association

In 1979, she moved with her husband to Pequot Lakes, where she continued to pursue her interests of golf, tennis, music, writing, gardening, reading, painting and wood carving. Until the day before her death, she remained in her home on the lake, still enjoying a game of Scrabble and using her

computer.

Margaret is remembered by her family and friends as an

elegant lady with great talent and a superb sense of humor. She was preceded in death by her husband of 54 years and a grandson. Her stepson, D. Allen Rieck, died four days after her. She is survived by her

daughters, Christina (William) Duffy and Cynthia Rieck daughter-in-law, Sandra Rieck; foster son, Kent (Valerie) Anderson; seven grandchildren; two great-grandchildren; a brother; and a sister-in-law.

Her memorial service was held June 30, 2007, at Our Savior's Lutheran Church in

Beret Stolp

Beret Patricia Gould was born July 11, 1925, in Fairmont, Minn. She died peacefully July 19, 2007, at age 82. Beret attended country

school and grew up involved in 4-H, Farm Club, the church and her family. She moved into Sherburn for high school, then vent on to Mankato State Teachers' College. She taught briefly in Hollandale, Minn.

She married Cy Jagerson in Sherburn on August 17, 1947. Beret taught there and Cy farmed until they moved to Chicago, where he went to

They later moved to Carver's Lake, Minn., where three daughters (Mary, Nancy and Jane) were born, and then to St. Paul. Beret worked at Applebaum's main office.

The Jagersons moved back to Woodbury in 1959. Beret was active in church, 4-H, Community Club, work and attending to

her girls. Cy died in 1965. Beret joined Parents Without Partners, and met and married recent widower Oscar Saari in 1970. Her family then grew to include his children and became even more active, with six children still at home. Beret and Oscar retired in 1975 and became winter Texans and travelers, spending more time at

Beret lost Oscar in 1992. Charlie Stolp, a longtime friend, lost his wife a month later. Beret and Charlie married in 1993. They spent long winters in Texas and traveled summers to visit family and his many friends across the country. Beret enjoyed collecting more friends.

Charlie died in 1995, leaving

Beret on her own again. She sold

the cabin and moved in with her daughter Iane in 1999. She

continued to winter in Texas.

Leisure Center on

Wednesdays at St. Anthony Park United Methodist Church is where Beret met Jim Whitcomb. The two were wonderful companions and shared activities. Beret loved Jim's big, warm family, and he became a part of

She is preceded in death by husbands Cy, Oscar and Charlie, and three step-grandchildren. She is survived by her daughters,

Mary Markgraf, Nancy (Tom) Moore, and Jane Jagerson; step-children Lil (Ray) Doenges and family, Claude (Mary Lou) Saari and family, Linda Saari (Jim Bovre), Jeanne (Russ) Ewen and Tom Saari; nine grandchildren; three great-grandchildren; and dear friend Jim Whitcomb and his family In addition Beret is survived by all five of her siblings.

Beret's funeral service was

held at St. Anthony Park United Methodist Church on July 23, 2007, with interment at Woodbury Methodist Cemetery.

Gift Certificates Available

Myrtle Viehl

Myrtle C. Viehl, age 96, died June 29, 2007. She was an avid baseball fan who watched her sons play and also the Twins. She enjoyed the outdoors and reading.

She is survived by her sons (Gloria); seven grandchildren;

and eight great-grandchildren. She was a member of the Dorcas Group at Como Park Lutheran Church, where her funeral service was held July 5. 2007, with interment at Elmhurst

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LIFE IN THE CHURCH: Come and Share

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* COMO PARK LUTHERAN CHURCH - ELCA

1376 Hoyt Ave. W., St. Paul, MN 55108-230 651-646-7127 Handicapped Accessible

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CPL Contact ministry 651-641-1897
www.comopatklutheran.org
Stummer Worship Schedule;
8:30 & 10:00 a.m. Worship
(Holy Communion on 1st and 3rd Sundays)
Rides available for 10:00 a.m. worship.
Mini-Concert Series: "Como Park Unpflugged" Sunday, August 19, 9:30 am
Join us between worship services, from 9:30 - 10:00 am, for a concert
featuring flustist Sue Woodhall.
Outdoor Worship Service and Picnic (Pig Roast):
Sunday, August 26, 10:00 a.m.
You are invited to join us at the Como Park East Picnic Shelter
(Midway Parkway & Horton Avenue) for our annual outdoor service
and pig roast, featuring a Live Community Band and guest preacher
Bishop Peter Rogness Worship service at 10:00 a.m. with picnic to
follow, Bring a firend or neighbor- free will donation accepted for
the pig roast. All are welcome!
Pastors: Martin Ericson and May Kay Ashley
Director of Misis Ministy: Thomas Ferry

* FALCON HEIGHTS UNITED CHURCH OF CHRIST

795 Holton St. at Garden ww.falconheightsucc.org

www.falconheightsucc.org
Sunday Summer Schedule:
9:00 a.m. Bible Study (through August 12)
10:00 a.m. Worship
Nursery care available
August 8 - Summer Book Club, 7 p.m. - all are welcome
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