

## For the love of a **Frenchie**

by Lisa Steinmann

It isn't unusual to see Reba, a young French bulldog, swaddled in blankets in a tattered baby carriage, enjoying a ride along Hillside Avenue in St. Anthony Park. Young Meg and Nate Stover enjoy the neighborhood strolls with the Frenchie their family is caring for.

Reba has the bat ears typical of her breed, but of generous size. They soften the effect of her pug-nosed face, as do her round, nut-brown eyes.

She's gentle but insistent on getting a hands-on greeting from everyone she meets. That's no small effort because she has to drag herself along to say hello. Reba started having trouble walking last fall and has been diagnosed with meningitis.

Meg (11), Nate (7), and their parents, Rebecca Merica and Carl Stover, agreed to provide foster care for Reba this winter when her medical condition, along with a divorce,

forced her owners in Minneapolis to surrender her.

At this point, many dogs would have been euthanized. Reba, however, was placed in the care of the French Bulldog Rescue Network (FBRN), a nonprofit organization devoted to rescuing, rehabilitating and finding new homes for Frenchies in need. After several months of rest and therapy, Reba will be ready for adoption this spring.

The Stover family was chosen to care for Reba because of their proximity to and association with the U of M Veterinary Clinic. Rebecca Merica is an instructor in the School of Veterinary Medicine and thus well qualified to oversee the care that Reba requires.

Soon after Reba arrived at the Stover's home she was taken to a veterinary neurologist at the U of M. A spinal tap revealed that she had been suffering from



Photo by Rebecca Merica

Meg Stover shares a quiet moment with Reba, a French bulldog her St. Anthony Park family is caring for through the French Bulldog Rescue Network. The Stovers hope Reba will be ready for adoption this spring.

Love of a Frenchie to 15

## Como Ave. subject of two planning efforts

by Dave Healy

Planning efforts in St. Anthony Park are benefiting from a confluence of two initiatives designed to parlay citizen participation into more livable and sustainable neighborhoods.

One of these programs, the Corridor Housing Initiative (CHI), is coordinated by the Center for Neighborhoods (C4N), a nonprofit formed in 1994 to facilitate cooperation among neighborhoods and city and regional policy-makers.

CHI was created in part to address a 2002 projection by the Metropolitan Council that the Twin Cities region would grow by 600,000 over the next 20 years.

CHI provides technical expertise to communities looking to maximize their housing choices. St. Anthony Park recently received a \$30,000 grant in services from C4N to help plan for future development along Como Avenue.

Which brings up a second tool that neighborhoods can use to help shape their future: a small area plan. An area plan focuses on a specific geographic portion

of St. Paul. Guidelines for area plans were first created by the St. Paul Planning Commission in 1999.

St. Anthony Park has recently begun a small area plan for a 1.4-mile section of Como Avenue between the U of M Transitway and Highway 280.

*"One goal of the Corridor Housing Initiative is to help people envision market realities."*

— Gretchen Nichols, executive director  
Center for Neighborhoods

Dubbed the Como Avenue 2030 plan, the undertaking is being coordinated by the District 12 Community Council, with financial support from the St. Anthony Park Community Foundation.

The Como 2030 plan will address more than housing. According to Amy Sparks, executive director of the Community Council, the plan will consider the mix of housing, businesses, schools and services that currently occupy Como, as well as new developments that might take place there.

Planning Commission guidelines suggest that area plans address the following: housing,

jobs and economic development, community development, land use, environmental quality/aesthetics, circulation (including vehicular traffic, bicycles and pedestrians) and adjacent areas. In addition, an area plan should take into account any existing plans.

The small area plan now underway for Como Avenue comes on the heels of a larger effort recently completed by the Community Foundation

and Community Council: a revised district plan. Both the district plan and the area plan are part of St. Paul's comprehensive plan for the whole city.

Sparks said that because the district plan focused on south St. Anthony Park, it made sense to undertake an area plan for north St. Anthony Park.

And because Como Avenue is currently witnessing several development projects — including a new bank building, condominium conversion and gas station/convenience store remodeling — that particular area seemed appropriate for the

Como Avenue to 12

## Java Train faces detour in pursuit of liquor license

by Anne Holzman

Perched above a candy dispenser inside the Java Train coffee shop is a box with a slot in the top and a stack of paper slips next to it. A handmade sign invites customers to weigh in on whether Java Train should seek a liquor license so that wine and bottled beer can be sold there.

So far, this looks like any small business appealing to its neighbors to take a chance on something new. But Java Train, at 1341 Pascal St., has to jump through an extra hoop. Because it's located in St. Paul and within a half mile of the State Fairgrounds, it needs a vote from the state Legislature granting a special waiver before it can launch the usual process of seeking a liquor license from the city.

Instead of requesting a waiver on Java Train's behalf, though, the city is now seeking to remove the Fairgrounds-based restriction on wine and beer sales altogether, with bills sponsored by Sen. Ellen Anderson (introduced in mid-February as S.F. 723) and Rep. Sheldon Johnson. A similar restriction on businesses close to the U of M campus is not affected by the proposed change and would remain in place.

No one seems to know why the Fairgrounds restriction exists, enshrined in Minnesota Statute 340A.412, subdivision 4.

One official guessed that the general unrest of the 1960s made the neighborhoods near the Fairgrounds nervous enough to get the bill passed, fearing that alcohol would fuel the flames of anti-war protests, racial tensions and other social movements. Another said distaste for rowdy campers during the Fair might

Java Train to 8

Vote in this month's Bugle poll at [www.parkbugle.org](http://www.parkbugle.org): Does Como Avenue need a new look?

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## Family Concerts 2007

Friday March 2 - 6:15 & 7:30 p.m. *tickets limited!*  
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## Como Park

The Parks Department will present planting plans for Midway Parkway at the March 20 District 10 Board meeting, 7 p.m. at the Streetcar Station. Neighbors are invited to attend and discuss the plans.

## Falcon Heights

The new City Code, approved by the City Council on January 24, is now available online. From the city's homepage at [www.ci.falconheights.mn.us](http://www.ci.falconheights.mn.us), choose "City Government," then "Ordinances" to find a link to the document.

## Lauderdale

Comcast and the North Suburban Communications Commission are accepting applications for their annual scholarships. Lauderdale residents are eligible.

Applicants must have completed at least one year of college or vocational training, with a primary field of study in mass communications, journalism, television production, video engineering or a similar course of study.

Applications, available at Lauderdale City Hall, are due by 4 p.m., April 13. More information can be found at [www.ctv15.org](http://www.ctv15.org) or by contacting Pat Doocy or Coralie Wilson at 792-7500.

The city has amended its rental housing license. Interested parties can call City Hall (631-0300) for more details.

Lauderdale is in the process of redesigning its Web site and is seeking input from residents.

Contact Heather Butkowski ([heather.butkowski@ci.lauderdale.mn.us](mailto:heather.butkowski@ci.lauderdale.mn.us), 792-7657) with suggestions.

## St. Anthony Park

At its March 8 board meeting, the St. Anthony Park Community Council will consider revisions to the bylaws defining who can vote in elections for SAPCC board members.

Proposed revisions include restricting voting to residents and allowing residents to vote for board members only in their part of St. Anthony Park (north or south). In addition, a proposal to raise the voting age from 16 to 18 has been offered.

Also under discussion is changing the method by which business delegates are appointed. Currently, the Midway Chamber of Commerce appoints business delegates.

The meeting will begin at 7 p.m. at South St. Anthony Rec Center, 890 Cromwell Ave.

The Como Avenue 2030 Plan Task Force is organizing a series of workshops for public participation in drafting the plan. The first three workshops are scheduled for March 21, April 11 and May 2. More information can be found at [www.sapcc.org](http://www.sapcc.org).

A temporary Transit Oriented Development Zoning Overlay

District will be requested by the St. Anthony Park Community Council for University Avenue in St. Anthony Park.

The purpose of the overlay is to encourage a mix and density of development along University Avenue that maximizes the current investment in bus service and proposed investment in light rail.

Specific objectives are to achieve a compact pattern of development more conducive to walking and biking; allow for a mix of uses to attract pedestrians; encourage people to walk, ride a bicycle or use transit; and provide a sufficient density of employees, residents and recreational users to support transit.

For more information, call the SAPCC office at 649-5992.

The Community Council will host an open house at 6 p.m. on March 8 at South St. Anthony Recreation Center. This will be an opportunity to find out about attending meetings, joining a committee or serving on the board of directors.

The District 12 Board of Directors election will be April 10. Anyone interested in serving on the board must file an application by March 12. Applications can be found at [www.sapcc.org](http://www.sapcc.org) or by calling 649-5992.

Participation in the St. Anthony Park e-mail group continues to grow. To keep up with the latest announcements, scroll to the bottom of the page at [www.sapcc.org](http://www.sapcc.org) and sign up.

## St. Paul

The Minnesota Department of Transportation is seeking three volunteer citizen representatives to serve on the State Bicycle Advisory Committee. For more information or to apply, visit [www.mnhsac.org](http://www.mnhsac.org).

— Anne Holzman

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## A surprising mix of obsessions at MICAWBERS!

Join us at Micawbers on Wednesday, March 7th. as **Ander Monson** reads from his new book *Neck Deep and Other Predicaments* (Graywolf Press and winner of the Graywolf Press Nonfiction Prize)

Monson uses unexpectedly nonliterary forms - the index, the Harvard Outline, the mathematical proof - to delve into an equally surprising mix of obsessions: disc golf, the history of mining in northern Michigan, car washes, snow, topology and more!



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Photo by Christy Myers

Customers check out at the Dairy Food Products Salesroom. The store is run by the Department of Food Science & Nutrition on the St. Paul campus of the University of Minnesota.

## Getting the inside scoop on dairy sales

by Judy Woodward

What's maroon and gold, hard to find and good to eat?

How about Gopher Gold ice cream, a tempting mixture of lush French vanilla and raspberry/chocolate ripple? For the dedicated Gopher fan, what better way to break a fledgling New Year diet than with a large bowl of ice cream whose very colors should excite the palate of any true Minnesotan?

But there's only one place you can find genuine Gopher Gold, and the catch is, it's only open for two hours on Wednesday afternoons.

Welcome to that rarest and most elusive of retail food outlets — the Dairy Food Products Salesroom of the Department of Food Science & Nutrition on the St. Paul campus of the University of Minnesota.

A small, windowless room at the end of a long corridor, it's outfitted with two freezers and a deli-style cheese display case. Enshrined in that deceptively simple setting are some of the best flavors in Minnesota.

It's a living tribute, you might say, to that golden (as in French vanilla) era when dairy was one of the four major food

groups and cholesterol was but a distant, ugly rumor.

According to manager Jodi Nelson, the salesroom has been offering cheese, yogurt and ice cream — she refers to it collectively as "product" — to the general public for nearly 40 years.

Nelson, who is senior lab services coordinator and a graduate of the Food Science & Nutrition Department, said that some of the product, like Gopher Gold ice cream, was developed with a specific purpose in mind.

Nelson remembers when the university ordered one ton of the maroon-and-gold treat to serve at freshman orientation. Much of the time, however, the salesroom stocks more conventional flavors and varieties, from chocolate ice cream to the their trio of best-selling cheeses: blue, aged cheddar and Gouda.

On a recent Wednesday afternoon, Nelson reflected on the virtues of their top sellers. A down-to-earth woman by nature, Nelson has nevertheless mastered the rarefied vocabulary of the cheese expert.

The cheddar, which is aged at least three months longer than required by law, has, according to

Nelson, "a nice rounded flavor, not overly strong." Her personal favorite, the creamy havarti, won two Minnesota cheese awards in the past year. It's "mild, with a buttery note," she said.

"We're artisan cheese makers," she added. "We don't

Dairy sales to 6



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The Park Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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## EDITORIAL

Are human beings capable of altruism?

That question has engaged both philosophers and scientists. From one perspective, the struggle for survival that has driven evolution renders altruism suspect.

According to this view, our nature, and the competitive conditions in which we live, predict self-interested behavior. We will contribute to another's survival only if doing so enhances our own.

In "The Selfish Gene," Richard Dawkins stated the matter baldly: "Be warned that if you wish, as I do, to build a society in which individuals cooperate generously and unselfishly towards a common good, you can expect little help from biological nature. Let us try to teach generosity and altruism, because we are born selfish."

Under these conditions, perhaps the best that can be expected of humans or other animals is what the primatologist Frans de Waal calls "reciprocal altruism."

Unlike cooperation with immediate rewards — for example, wolves collaborating to run down a deer — in reciprocal altruism there is an immediate cost to the performer and benefit to the receiver — and a level of uncertainty. One gives in anticipation of later being a recipient, but reciprocation is not guaranteed.

Reciprocal altruism, then, involves a risk. You spend time and effort helping your neighbors dig their car out after a snowstorm. Will they return the favor later? And what if having a garage makes it unlikely you'll ever need that kind of help?

But such questions leave many of us unsatisfied. Isn't there such a thing as pure altruism? Giving with no expectation of getting anything in return?

The best behavior springs from something deeper than a rational accounting of costs and benefits or a sober assessment of another's

worthiness. The purest acts arise from the emotional, rather than the solely intellectual, realm.

These acts start with a feeling: sympathy, empathy, compassion. But they move beyond feeling to doing. Caught in an intellectual trap — Is any motive pure? Is any behavior selfless? — we might never act. Yet act we do.

Seeing a woman get hit by a car, passersby come to her immediate assistance: directing traffic, delivering her letters to the post office. Later, neighbors bring her meals.

Learning about a dog suffering from meningitis, a family takes her in and nurses her back to health so that someone else can adopt her.

Hearing about a friend who discovers she has breast cancer, a group of women streak their hair pink as a show of support. A fund is started on her behalf to help with medical expenses.

Throughout our days, in a thousand ways, human beings exercise compassion, defined by Thomas Merton as "the keen awareness of the interdependence of all things."

Our minds weigh advantages and disadvantages. Our hearts go out to others because we realize that we are connected, and acting compassionately deepens and enriches that connection.

Compassion is, at base, an emotion. One can feel compassion without doing anything. But when the emotion is acted on, then com-*passion* can lead to com(m)-unity, a heightened sense of unification with those around us.

True community, then, is more than a feeling; it is people acting compassionately toward one another. It is by regularly enacting our common humanity that we turn a neighborhood into a community, a place to live into a place for living.

## COMMENTARY

by Dawn Tanner

My partner and I recently journeyed to the Middle East, a first for each of us. It was a time filled with unique encounters and an opportunity to test our unacknowledged preconceptions along the way. Considering the state of our world today and the fear many Western people express about Middle Eastern countries, our visit to Cairo, Egypt, raised apprehensions.

In Cairo, we were surprised to be regarded as something worth a stop and a long stare. As a woman, my uncovered head was unusual in this Islamic city, but the friendly curiosity exchanged in those moments was striking. People we met along the way looked us over, grabbed their friends and pointed, giggled and smiled; they were far from unwelcoming or aggressive.

I soon became accustomed to the shocked but friendly looks as people responded to my Western dress, which I considered quite conservative. Even so, I realized there might be times a headscarf would be appropriate, so we bought one I could carry along in my daypack.

This was especially useful when we decided to visit a mosque just outside the huge Khan el-Khalili market. This ancient market has catered to locals and tourists since 1382. Dozens of mosques surround the market, located in the oldest part of the city and in the traditional center of Islamic Cairo. We selected one to enter, I donned my headscarf and we walked up to the door.

The men inside the doorway motioned frantically for me to enter separately. I looked at my partner, shrugged and said, "OK, see you in a minute," thinking I was supposed to enter from the opposite side of the doorway.

I walked around the wide red carpet and attempted to enter from the other side of the same doorway. "No, no, no," the men inside answered, waving even more frantically and motioning with wide hand gestures for me to find a different entrance.

"Ah," I thought, "I need to go around to the other side of this big awning." Just then, a young girl appeared; she motioned for me to follow her and helped me fix my headscarf, which was slipping out of place.

We tried to talk but mostly communicated with smiles and gestures as we trekked around the mosque. Finally, we arrived at the women's entrance. My friend took off her shoes, motioned for me to remove mine and locked her arm in mine so we could go into the mosque together.

At the entrance, the man at the counter accepted my shoes and gruffly sent my young friend away. I timidly walked inside, still assuming I would find my partner nearby.

Instead, the room I entered was small, with two small walkways and an altar. The many women in the room were dressed all in black with black headscarves, and each held a Quran. They were seated on the

floor, literally filling the small space.

I didn't know where to go or what to do, standing out as I did in that company. It was clear that there was no opportunity to rejoin my partner from the women's entrance.

I wondered how I would get my shoes back, since my pocket money was wandering around on the men's side without me. Just then my partner appeared in the doorway and rescued me with a bill I could use to retrieve my shoes. Once that task was complete, I hurried back out into the sunlight and away from the segregation of the mosque.

As my partner and I rejoined

*Commentary to 5*

## LETTERS

If we hadn't known for a long time that St. Anthony Park is not only a pleasant area but also a great neighborhood, we would have found out as a result of my accident on January 10, when I was hit by a car at the Como/Carter intersection.

A big thank-you to all who provided assistance at the scene. I'm sorry I didn't have the presence of mind to ask for everyone's names, including the kind lady who immediately tried to contact my husband, carried my letters to the post office and

hand-delivered another letter.

Tony Deutsch, having observed the accident, made sure I was as comfortable as the situation allowed and guided other supporters, including police and emergency crews.

In the weeks that followed, friends and neighbors spoiled us with their attention, meals and well-wishes. We cannot thank you enough.

*Dorothee and Alfred Aepli  
St. Anthony Park*

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## Game maker says it's easy being green

by Michelle Christianson

When is a game not just a game?  
A. When it's the beginning of a new business.

B. When it's environment-friendly and biodegradable.

C. When it's a fun and challenging way to socialize with friends and family.

D. All of the above.  
If you picked D, you're correct. The game in question is Head1Liners, the brainchild of Como Park resident Tony Kvale. He describes it as simple in concept and easy to learn.

Each player writes a headline for the same photo. Then the headlines are read aloud in random order and everyone votes for their favorite caption. Each player moves one square for every vote his or her headline receives, and the first one around the board is the winner.

There are tip cards for those having trouble coming up with a headline, and theme assignment cards to narrow the scope for those who've passed the halfway point and are now "Senior Writers."

Kvale, who grew up in a game-playing family in the northern suburbs and attended North Dakota State University, has been keeping notebooks full of ideas for businesses all his life.

He worked in sales and marketing, gradually gravitating toward herbal supplements, organic foods, and natural vitamins and health care products.

Gradually, the idea of forming a business meshed with his interest in "green" products, and Kvale decided to begin designing and marketing environmentally friendly games.

Kvale Good Natured Games LLC was born in 2005, and its first product, Head1Liners, was released last November.

Kvale says coming up with the idea for the game was easy because of the popularity of CNN, fake news shows like the Daily Show and the Colbert Report, and the ubiquity of entertainment news.

Making the game as environmentally friendly as possible was another matter.

Kvale researched printers at the Great Printer Initiative — a coalition of 40 printers who exceed environment, health and safety standards — where he found the Anderberg Lund Company.

The boxes, game pads and cards are constructed with 100 percent recycled paper that is processed chlorine-free and printed with soy-based inks. The tokens are made from recycled wood composite, and the pencils are biodegradable and nontoxic. Even the electricity used in Kvale's home office comes from wind-energy sources.

Kvale had to procure a small-business loan, which he did with the assistance of the Small Business Development Center in

St. Paul. He also had help from Walt Pourier of Nakota Designs in devising a layout for the game and creating a logo and mascot (Henry, the monkey on the front of the box).

Kvale collected over a thousand photos from various locations in order to find the 386 pictures included in the game.

Kvale credits his family for all the help they've given him. His stepfather makes the tokens, and his mother, wife and four-year-old daughter have all been very supportive, even to the point of helping assemble the games.

Although it's been available only a short time, Head1Liners has been popular, Kvale says. He sold 150 games in the first few weeks and will sell out of the first run of 5000 in less than six months.

Head1Liners is for sale at Babelot, Source Comics, Borders, Love from Minnesota and Re-Gifts in Minneapolis, as well as at [www.Kvalegames.com](http://www.Kvalegames.com). Kvale hopes that Whole Foods and Barnes and Noble will pick up the game as well.

Eventually Kvale wants to produce more games and have his own building and employees. He knows that he could just sell game ideas, but he likes the notion of running his own company. He predicts his next game will be even more popular than this one — and good for the environment, too.



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### Commentary from 5

each other outside, I learned that the men's side was quite different. He said it was as large as a city block inside, carpeted with ornate rugs, with groups of men sitting together praying or scattered on benches. As we talked, the young girl (my self-appointed guide) found us again. We shared smiles and I nodded my thanks for her guidance, wishing I could communicate in her language.

Cairo grew on us; eventually, we stopped noticing the commotion we caused walking down the streets. I still dressed conservatively by my standards. We always smiled when we caught eyes watching us and

always got smiles in return. I also felt surprisingly welcomed in restaurants and other public places.

I am a woman and yet did not feel like a second-class citizen. I felt recognized as unique, respected for what I am, but . . . separate. Though I found the mosque experience uncomfortable, it reaffirmed my belief that we need adaptability and cultural sensitivity in encountering other lands and cultures.

Cairo is Islamic, and I traveled there as a Western woman. I was admired and questioned, challenged and accepted. It was enlightening

because Cairo took me out of my Western frame of reference. We arrived with apprehension about the Middle East and left with a better understanding and appreciation of cultural differences.

Even though this was a setting with rigid, culturally defined gender roles, it was apparent to me that this world of ours really is not such a lonely planet.

*Dawn Tanner is a graduate student in the Fisheries, Wildlife and Conservation Biology Department at the University of Minnesota. She lives in St. Anthony Park.*

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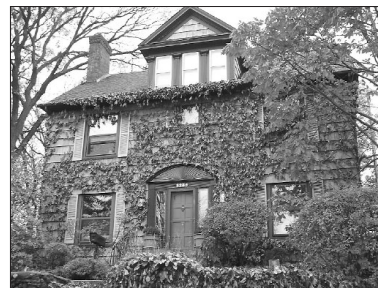
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### Dairy sales from 3

just push out as much cheese as possible."

Nelson said that on a typical Wednesday, she and her co-workers will sell about 150 pounds of product in all forms, at prices that are more than reasonable. A pound of cheddar, for example, sells for \$5.75. Comparable cheddar would cost at least \$10 elsewhere, she said.

"For blue cheese," she noted, "we're a steal at \$6 a pound." All profits from the salesroom go back into the operation.

Many of the dairy goods on sale are the delicious result of the department's classes in dairy processing and food engineering. Other products are the output of research into new techniques of food preparation. Then there are foodstuffs that have been produced in the department's pilot plant testing facility.

Judging by the reactions of the steady stream of customers on a recent Wednesday afternoon, all are delectable.

Like many customers, John

Speckhardt is on staff at the university. After work on Wednesday, the 32-year employee stops by the salesroom, just as he's been doing for the last quarter century, to pick up a chunk of his favorite cheese, the tomato-basil feta.

For Speckhardt, the location of the salesroom was one of the move-in tips he received from the previous owner of his Como neighborhood home. Over the years, said Speckhardt, "the staff has changed, but not the cheese. It's still the same great product."

St. Anthony Park resident Glen Skovholt swears by the Nuworld Spread, a soft blue cheese without the blue veins. Skovholt said he frequently gives pots of the spread as gifts.

Skovholt said that an earlier newspaper article about the salesroom left some longtime neighborhood residents mildly alarmed that a cherished neighborhood institution was about to be overrun.

"Some people were

concerned that there was too much publicity," he noted.

Fortunately for those who love it, the out-of-the-way salesroom carries its own guarantee of a select client base. After the publicity died down, the customer list settled back to the short list of those familiar or persevering enough to find the dairy hideaway.

Brö Just, a second-grade teacher at St. Anthony Park Elementary School, has been a fan of the salesroom ever since she brought her class to the food science pilot plant for a field trip.

"At the end of the tour, my colleague Ray Miller gave each student an ice cream cone," she said. One taste and it was the teacher who was hooked.

Just said she is one the salesroom's most distinctive customers, because "I always ask for yogurt. Their frozen yogurt is the best."

Her companion, a well-fed gentleman who would identify himself only as "Carl," has more robust tastes. Carrying an assortment of half-gallon cartons to the cash register, he announced happily, "Six nights of ice cream here. That's why we're back every Wednesday."

The Dairy Food Products Salesroom is open to the public on Wednesdays from 3 to 5 p.m. It's located in Room 166 of the Andrew Boss Lab of Meat Science, 1354 Eckles Ave., on the St. Paul campus. Gift certificates are available.

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# Cabin in the city veers from conventional

by Jc Drobac

Whatever your feelings on the teak-colored log cabin that appears surreally out of place, near bustling Highway 280 in Lauderdale, it can't be overlooked. And neither should the alternative and integrative practices offered within.

For over two years, Dr. Brian Malzer and his wife, Dana, planned the Lauderdale Wellness Center, which sits just blocks from their Lauderdale home. They wanted to create a unique environment of healing through progressive practices and practitioners.

On January 3, 2005, with the paint on the walls still damp, Brian, 30, and Dana, 31, opened the doors of their dream business.

The original building was built in the early 1940s and was owned by a husband-and-wife team who lived on the main floor and ran their weather-stripping business out of the lower level.

Decades later, it was sold to another family that operated a security camera business in the basement while living on the main floor.

When the Malzers purchased the building, it had been converted into four apartments, which were in disrepair. Brian did most of the renovation himself, enlisting friends and family when possible.

When it came time to open shop, the Malzers eschewed the typical open house in favor of invitations delivered to Lauderdale residents. They encouraged residents to drop by for a free spinal assessment, sweetening the offer with a free orthopedic pillow.

"A bit of a naive 'build it and they will come' mentality," said the entrepreneur, "but it has worked well."

Brian Malzer said his main goal for the first year was to get others to recognize and appreciate the difference in care offered at

the Wellness Center. He strives for more personal, unhurried service, "versus the two-hour wait for your five-minute doctor visit most of us have gotten used to."

As a U of M graduate in civil engineering, Malzer worked at a New Brighton firm for three years before the desire to flee from the purely mathematical overtook him.

*"A bit of a naive 'build it and they will come' mentality, but it has worked well."*

—Brian Malzer

It came from wanting to help people on a more personal level as well as witnessing his wife's sense of fulfillment with her nursing career.

As a labor and delivery nurse, Dana was familiar with the demands of the health care field and well prepared for her role as the office manager.

Patients who see the chiropractor's engineering diploma on his office wall often ask why he switched fields. Malzer doesn't see it as much of a leap, noting that both he and his wife have brought their previous skills to a different set of challenges.

He said the problem-solving skills taught in engineering school are similar to the clinical diagnostic skills taught in chiropractic school.

"The same compassion and detail-oriented nature that made Dana such a good nurse has carried over to making her a great office manager," he added.

The Wellness Center offers massage therapy, acupuncture, naturopathic medicine and a counselor/life coach, besides chiropractic services and functional medicine, which Malzer described as the "custom-tailored" nutritional treatment of chronic diseases.

There is always more than one

way to fix a problem, he said, and the more tools you have available, the more likely you are to have the best solutions.

He asked, "Why do two people with the same chronic condition respond differently to the same treatment? Because they are different people."

Malzer said that small genetic differences alter how people respond to their environments. Defining these differences can explain why a person has chronic problems, he said. Functional medicine can be a catalyst in finding a solution.

Malzer said he fights misconceptions about the chiropractic profession — that it's unsafe or addictive.

He encourages patients to communicate any such concerns to him and said he is committed to talking with them about any reservations prior to treatment.

Another obstacle is a perception among insurance providers that chiropractic care is complementary or alternative medicine.

"In truth, he said, "chiropractors are specialists in the treatment of musculoskeletal injuries and, in addition, may have subspecialties like clinical nutrition, orthopedics and radiology."

He said massage therapists use the tools of their trade to treat conditions related to muscles, and acupuncturists rely on traditional Chinese methods, which differ from the Western diagnostic and treatment system.

"Their systems of diagnosis and treatment are difficult to describe in Western vernacular," he said, "but they often arrive at the same positive outcomes. It's a completely different path to the same destination."

According to Malzer, the most common complaints that bring patients to Lauderdale Wellness Center are neck and back pain. Hand numbness and shoulder pain are a close second, and digestive problems such as irritable bowel syndrome also rank high for patients, who range in age from 2 months to 90 years.

"The most rewarding part of doing what I do is being able to give people individual attention and watch their health and quality of life improve," he said.

The Lauderdale business couple, who built their practice from the ground up, said they wouldn't change a thing they've experienced so far, and they're open to whatever the future brings.

"We have been in constant evolution along the way, and very little has been static," said Brian Malzer. "So far, it has been a great adventure."

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Intermediate, 12:15pm-1:15pm Beginners,  
**Fee:** \$70 or \$68 if you are a senior,  
**Location:** Langford Park Rec. Center

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**Start Date:** March 1st, **Time:** 5:30pm-6:30pm  
**Ages:** 6 and older, **Fee:** \$75.00, **Sessions:** 12  
**Location:** Langford Park Rec. Center



The Langford Park Booster Club serves to organize, promote and sponsor recreational, athletic, social and civic activities for the benefit, enjoyment and advancement, especially for the young people of the St. Anthony Park community.

### Java Train from 1

have inspired the law.

But as Christine Rozek, of St. Paul's Office of License, Inspections and Environmental Protection, pointed out, that doesn't explain why the law only restricts licenses in "cities of the first class," a reference to size that leaves Roseville and Falcon Heights unrestricted.

Rozek and others said the proposed legislation would not give businesses an easy pass to a liquor license because they'll still have to hold neighborhood meetings and comply with other standard requirements under the city's normal process for obtaining such a license.

"Our reasoning is, our system for administering a license is very thorough," said Wendy Underwood, of St. Paul's Intergovernmental Affairs Office, which has been working on Java Train's behalf to craft the proposed legislation. The liquor

licensing process, she said, "is very successful" and doesn't need the extra step to protect neighborhoods near the Fairgrounds.

If the bill passes, Java Train owners Chris and Steve Finnegan will seek to upgrade their current "limited restaurant" license to a "restaurant B" license and then seek a license to serve wine and beer.

Chris Finnegan said they plan to expand the restaurant space into part of the area now occupied by their other, adjacent business, the Fighting Iris flower shop. They'd like to attract an evening crowd, she said.

"Daily, we get requests for the wine and beer operation," she said. "The neighborhood is driving it."

District 10 Executive Director Sue McCall, in whose district Java Train is located, said the Community Council passed a resolution in December giving

preliminary support to Java Train's journey toward a license.

"The vote was to support seeking the waiver from the Legislature," McCall said. "It did not put any kind of stamp of approval on what Chris and Steve wanted to do."

That will have to wait for the liquor license process, McCall said, which will include at least one neighborhood meeting and other notifications. She noted that at the December council meeting, more neighbors seemed to be speaking against the license than for it, and the council approved the motion in spite of the opposition.

Chris Finnegan said that if the Legislature either grants them a waiver or changes the statute, and if the licensing goes through, they hope to have their business expanded sometime this summer.

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## Join your neighbors in planning The Future of Como Avenue



The St. Anthony Park Community Council is collaborating with the Center for Neighborhoods to host a series of public meetings to consider, discuss and imagine the potential for North St. Anthony Park's main street.

### Mark your calendar for the following dates:

**March 21** - Kick-off - SAP Elementary School, 7pm  
**April 11** - Block Exercise, SAP Elementary School, 7pm  
**May 2** - Como Avenue Forum, SAP Elementary School, 7pm  
**May 24** - A Vision for Como Avenue (location to be announced)  
**October 10** - Public Review - Como 2030 Plan Draft 1 (location to be announced)  
**November 10** - Public Review - Como 2030 Plan Final Draft (location to be announced)

By coming to the workshops, you will help shape the Como 2030 Plan which will include detailed visions, goals, concrete actions, design guidelines, recommendations for housing, commercial uses, zoning, environmental issues, and circulation until the year 2030. The Center for Neighborhoods will provide a variety of tools and formats for gathering and sharing information, analyzing policy, and increasing the ability of citizens to participate effectively in public decision-making.

Thanks to the Center for Neighborhoods and the St. Anthony Park Community Foundation for funding this work.

For more information, visit [www.sapcc.org](http://www.sapcc.org) or call 651-649-5992.



## The Birdman of Lauderdale

by Clay Christensen

My wife, Jean, and I, after nearly 44 years of marriage, have devised a number of ways to communicate with each other.

One way is to whistle softly a four-note phrase that sounds like "Hello sweetie," with the "Hello" on the same two lower notes, then going up on the "Sweetie" syllable and back down on the "ie."

We use this four-note whistle when we're roaming through different aisles of a big box store and are looking for each other. When I hear that tune, I stop to figure out where it's coming from and head in that direction.

One morning not long ago I was out with our dog in the back alley when I heard that soft whistle. What the heck was going on?

If Jean wanted to tell me the phone was for me, why didn't she use the garden bell outside the back door and clang it a few times? (Like Pavlov's dogs, I also respond to bells.)

My interest piqued, I walked toward the house, where I saw Jean leaning out the bedroom window, frantically waving.

"What's up?" I asked. "That big bird is back!" she stage-whispered. "The one that was here yesterday, out front. It's back."

I went in the side door so the dog wouldn't bound around the corner of the house and into the front yard, where he might spook the bird.

While hustling to get to the front window as fast as I could, I thought of the large bird we had seen the day before, which had grabbed a smaller bird out of a shrub right next to the front window and carried it to a tree.

We thought it was a sharp-shinned hawk, based on a fleeting glance at the size. And I thought I saw the black and white pattern of a junco in its clutches.

Was today's bird the same hungry one we had seen yesterday, or was this a new visitor?

When I arrived at the front window, Jean quickly updated me. The bird she had seen in the same shrub next to the birdbath was now perched in our neighbor's mountain ash tree.

It looked more like a Cooper's hawk, larger than the sharp-shinned hawk, but with a similar appetite for eating other birds.

These two accipiters, as they're called, are probably the toughest raptors for me to identify. Each of my hawk identification guidebooks has a bookmark stuck in the sharpie/Cooper's section.

I pull them off the shelf every time I see either of these birds and compare my visual notes to the photos and descriptions in the books.

Both birds have orange barring across the chest, white undertail coverts (feathers) and dark bands on the tail, with a narrow white band at the tip. The Cooper's hawk tail is more rounded than the sharpie's.

The sharp-shinned male is the size of a robin, the female as big as a pigeon. The male Cooper's is smaller than a crow, the female about the size of a crow.

Some guide books say a female sharpie can be larger than a male Cooper's. Another respectable book says they never overlap.

Despite the discrepancies, I pull out my books every time one of these beauties cruises into the neighborhood.

In a prior column, I noted that sharp-shinned hawks often beat their way into shrubbery to get to their prey. Through further research, I've learned that the Cooper's hawk is every bit as much a bushwhacker as the sharp-shinned.

I was pretty convinced that this morning's hawk was a Cooper's hawk: the large size, rounded tail and strong white terminal band at the end of the tail.

We got a good look at it. Since it was thrashing the same bush as yesterday's hawk, I believe we were seeing the very same hawk. It had success yesterday and was returning for another chance today.

This morning's hawk was spooked by a delivery man coming to the neighbors' house. It flew about 30 feet to the Juneberry tree outside our kitchen window.

Then, after a few moments' pause, it dropped to the sidewalk at the corner of the house.

I have no idea what it was going after, but we did have a Cooper's snatch a vole out of the yard a few weeks ago. And with birdseed scattered under the feeders in the front of the house, there may have been an unlucky rodent in the hawk's sights.

Having an accipiter grab a bird out of the yard reminds me that bird feeders are bird feeders, whether the food is seed or bird — a grim reality in nature.

As Jean says, "It seems everything is food for something else."

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## No bones about it

by Kristi Curry Rogers

Get ready, dinosaur fans! Get ready, artists! And most importantly, get ready, kids!

Dinosaurs are soon to take over downtown St. Paul and Minneapolis parks in honor of the Science Museum of Minnesota's 100th anniversary.

In the spirit of the Peanuts statues commemorating Charles Schultz, 100 long-necked dino sculptures will hit city streets for a whole summer of fun.

The dino sculptures are about nine feet long and four feet high — perfect for climbing on.

Though not anatomically accurate, they are incredibly cute and are the perfect choice for highlighting the history and importance of the Science Museum as a center for popular science education in the Twin Cities.

They are an even better choice when we reflect on the role that paleontology has played in the development of the Science Museum of Minnesota over its 100-year history.

Some of the first collections housed at the museum were of dinosaur bones, some of the first scientists on staff were paleontologists, and some of the oldest and most popular permanent exhibitions at the museum have paid homage to the research in paleontology that goes on in the bowels of the museum, behind the scenes.

The best part of these dinosaur statues is that they also allow us to highlight not just where the Science Museum of Minnesota started but also where we are now.

As you loyal readers of No Bones know, sauropods are my personal favorite dinosaurs, and the group is the subject of the biggest part of my own research. What a great way to bring our own real science research, and our iconic dinosaurs, to the public eye.

I'm already getting e-mails from kids filled with questions about sauropods, and just a few days ago at the press conference, kids rushed the sample statue to

give it a hug. Who doesn't love sauropods?

And believe me, those of you who read No Bones are probably the best-versed population of newspaper readers ever to observe sauropods. You already know more than most paleontologists about sauropods, just because I can't stop talking about them.

So, a little more information on the sauropods on parade.

They're modeled after a group of dinosaurs called rebbachisaurids (ruh-bach-ee-sore-ids).

Rebbachisaurids lived at the end of the age of dinosaurs in Africa and South America, and they are among the most poorly known of all sauropod groups. Only a few well-preserved skeletons have been recovered.

I find them particularly interesting because, along with the group of dinosaurs that I study (the titanosaurs), rebbachisaurids stuck around once other, more familiar groups of long-necked dinosaurs were extinct.

My colleagues Jeff Wilson and Paul Sereno described a new species of rebbachisaurid they called Nigersaurus, since they discovered it in Niger. Nigersaurus is one of the weirdest dinosaurs you'll ever see. I heard Paul describe it as a "Cretaceous lawnmower."

Unlike most other sauropods, who have weak, peg-like teeth that don't seem to be very adept at "in-mouth food processing" (aka chewing), Nigersaurus' delicate teeth are stacked together in what paleontologists call a "dental battery."

You can think of it as a conveyor-belt-like system of teeth that comprise a grinding surface perfect for macerating vegetation before swallowing. Only a few other groups of dinosaurs have this structure — the duckbilled hadrosaurs and horned ceratopsians.

Nigersaurus' dental battery packed up to 600 tiny teeth into a shovel-shaped skull — perfect for chomping on newly evolved grass. Comparing rebbachisaurids and titanosaurs is a project my colleagues and I are just beginning to explore.

The sculpted rebbachisaurids will be painted by local artists, and you could be one. A call for artists has just been released. Check out [www.diggindinos.org](http://www.diggindinos.org) for more information, and get those creative juices flowing.

I would love it if No Bones readers used their deep knowledge of sauropods to appropriately and beautifully outfit one of these little dinosaurs.

Until next time, stay warm!

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# Local women keep in the pink for a friend

by Dave Healy

As a fashion statement, streaked hair comes and goes. But as a gesture of solidarity, it's timeless.

St. Anthony Park resident Christina Huff learned that recently when a group of her friends and relatives gathered at Salon EQ to have their hair treated with pink streaks.

Huff learned in December that she has breast cancer. When her sister, Jennifer, heard the news, she told Chris about getting pink streaks in her hair to honor a friend who has the disease.

Huff mentioned the idea to her friend and hairstylist, Emma Quinlan-Connolly, who owns Salon EQ at 2464 Como Ave. Connolly started making calls.

The result was a combination fundraiser and show of support attended by about 40 women. They paid \$5 per streak, the money going to the Huff Breast Cancer Benefit Fund, which Connolly's husband, Pat, set up at Park Midway Bank.

Not everyone who attended the party got her hair streaked, but most did.

"I was surprised at some of the people who took the plunge,"

Connolly said.

Surprises were also in store for people attending a February 12 open house at St. Anthony Park Elementary, where several of the greeters were sporting newly streaked hair.

"Initially they were a little nervous that some guests might get the wrong idea about the school," Connolly said. "But once they explained things, people understood."

Connolly, who lives as well as works in St. Anthony Park, said she was amazed and gratified at the turnout for the party.

"This is such a great neighborhood," she said. "I know people here would do the same thing for me."

Huff is in the midst of chemotherapy, which she has every three weeks. She has been encouraged that tests show the cancer is shrinking.

She said the Pink Streak Party was a tremendous morale booster.

"It was a really wonderful show of support," she said. "I feel very blessed."

On February 10, about 40 women gathered at Salon EQ for a Pink Streak Party in honor of St. Anthony Park resident Christina Huff, who has breast cancer.



Photos by Pat Connolly

Salon EQ owner Emma Quinlan-Connolly (in pink) works on Katie Thomey, and stylist Laura Heil prepares Beth Breidel-Neus for a pink streak.

Huff's mother, Carol Brophy, proudly shows off her new 'do.

## Area dentists help kids brush up on oral health

by Dave Healy

Emily Durand had a problem.

After organizing a group of her fellow dental hygiene students to conduct a free dental health presentation in the Phillips-Powderhorn neighborhood in Minneapolis, she realized they had no toothbrushes to distribute.

Durand, who lives on Doswell Avenue in St. Anthony Park, turned to four dentists with nearby offices on Como Avenue.

Any chance, she asked, you might have a few extra toothbrushes to donate for a good cause?

Todd Grossman and Paul Kirkegaard of St. Anthony Park Dental Care, Bill Harrison of St. Anthony Park Dental Arts, and Franklin Steen dug through their drawers and collectively came up with 150 brushes.

"It was great to have these dental offices so close to home, and great that they were so willing to help out," said Durand.

Durand, a dental hygiene student at the University of Minnesota, leads the local student chapter of the American Dental Hygienists Association (SADHA).

February was National Dental Health Month, and SADHA was part of a program

called "Give Kids a Smile,"

which uses volunteers to provide free dental care and dental health education for children and parents.

Last year, the program provided free dental services for over 500,000 underserved children on the first Friday in February. Events took place at some 2,000 locations across the nation, with over 27,000 dental team volunteers and 12,000 dentists participating. This year, even more were expected to be involved.

"Give Kids a Smile" represents only part of SADHA's volunteer activities this year, Durand said.

"Service is a huge part of our professional education," she added.

The Phillips-Powderhorn project involved a K-8 after-school program. In the future, Durand said, SADHA will conduct presentations with preschool and daycare groups.

"Because some of our hygiene students have pretty full weekday schedules, we're looking for groups that meet on Saturdays," she said.

Anyone interested in learning more about SADHA's volunteer efforts can contact Durand at edurand@umn.edu.



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## Area legislators hear constituents' concerns at February 17 town meeting

by Dave Healy

On February 17, three Minnesota legislators — Sen. Ellen Anderson (DFL-66), Rep. John Lesch (DFL-66A) and Rep. Alice Hausman (DFL-66B) — held a town meeting at the Como Park Pavilion. Each made a presentation about his or her legislative priorities for the current session. Then the three entertained comments and questions from the audience.



Anderson began by warning that the size of the current budget surplus has been misrepresented in recent news reports. "The projected surplus doesn't take inflation into account," she said, "and all of us know that you can't ignore inflation."

Anderson said she is focusing on six areas this session:

1. Property tax relief and reform.
2. Transportation funding.
3. Early childhood education and all-day kindergarten.
4. Renewable energy.
5. Comprehensive health care.
6. Dedicated funding for the environment, recreation and the arts.

Anderson, who chairs the Environment, Energy and Natural Resources Finance Committee, said she is particularly excited by legislation that would require utilities to produce at least 25 percent of electricity from renewable resources by 2020.

Lesch was recently chosen by his colleagues as chair of the St. Paul delegation in the Minnesota House. He outlined six legislative priorities:

1. Enhancing public safety.
2. Improving access to health care.
3. Increasing funding for special education and English language learners.
4. Retaining the Ford plant site for manufacturing.



5. Restoring recent cuts to local government aid.
6. Expanding the West Side circulator.

Hausman said that this session has so far been characterized by a "back-to-the-basics" emphasis. For her, that means focusing on the following:

1. Education, especially closing the achievement gap and preserving school buildings.
2. Health care.
3. Property tax relief and reform.
4. Reinvestment in the environment.
5. Transportation.

Hausman said other cities are ahead of St. Paul in transportation planning and improvement, and the west metro area is ahead of the east metro. "We have some catching up to do, especially when competing for federal dollars," she said.



Hausman said transportation funding must serve both rural and metro Minnesota, both roads and transit. She argued that a sound transportation policy will improve economic health, public and environmental health, and access to affordable housing.

"If the availability of public transit can enable a family to give up a car, that means less pollution

and more money for them to put toward other needs, like housing," she said.

The second half of the two-hour meeting was given over to comments and questions from the audience. People expressed the following concerns:

- In-state long distance rates are too high.
- Property taxes are pricing some people, especially seniors, out of their homes.
- The school year should be lengthened.
- We need more affordable housing.
- Universal health care legislation should be passed.
- Local government aid should be restored so we can increase police and fire protection.
- Domestic partner benefits should be available for GLBT citizens.
- Prescription drug prices are too high.
- Minnesota should not tax federal and military pensions.
- Constitutionally dedicated funds should be split between conservation and the arts.

### Como Avenue from 1

neighborhood's planning efforts.

The first stages of the area plan have been guided by a task force that was formed by the St. Anthony Park Community Council.

The 21-member group, which includes residents and business owners, has been meeting since November. They will invite the public to participate in their work at a May 24 community forum, when they will start drafting a comprehensive vision for Como Avenue.

Before that, however, CHI will hold three workshops — on March 21, April 11 and May 2 — to solicit community input about what people would like to see in their neighborhood and to evaluate the viability of those ideas.

According to Gretchen

Nichols, executive director of C4N, the workshops will offer participants immediate, practical feedback on their vision for the neighborhood.

"Sometimes people have great ideas for how they want their community to develop," she said, "but some of those ideas may not be practical. Our goal is to help a neighborhood answer the question 'Is this vision doable?'"

Nichols said the first CHI session will be based on a visual preferences survey that asks residents what they value in their neighborhood.

At the second workshop, participants will engage in a "block party," a hands-on exercise that involves placing block models on an aerial photo.

"The block exercise fosters

creativity," said Nichols. "Because it doesn't involve formal proposals, it's a chance for people to be proactive rather than reactive."

The third workshop will be a Como Avenue forum.

Nichols noted that the current market is dictating higher density development than what an established neighborhood like St. Anthony Park may be used to.

"One goal of the Corridor Housing Initiative is to help people envision market realities," she said.

Nichols added that interested residents who are unable to attend the CHI workshops can follow their progress on the Center for Neighborhoods Web site: [www.center4neighborhoods.org](http://www.center4neighborhoods.org).

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## School News

by **Antonie Young**

**Como Park Elementary** will host an open house for prospective students Thursday, March 6, 6-7 p.m. Meet in the Planetarium to start the evening. All are welcome to take a tour, see the classrooms, talk with teachers and learn about the school's programs.

Kindergarten orientation will be held April 12, when faculty will be available to help complete registration forms.

March 8 is an early release day; students will be dismissed at 12:35 p.m. There is no school on Friday, March 9. Evening conferences will be held on March 20 and 22, and daytime conferences on March 23.

All St. Paul Public Schools will be on spring break April 2-6.

**St. Anthony Park Elementary** held an open house February 12. Some parents visited as part of National African-American Parent Involvement Day. They enjoyed breakfast in the school cafeteria before visiting classrooms with their child.

Parent volunteer Vicki Stewart said that the school's reputation for academic excellence drew some 50 families from neighborhoods throughout the Twin Cities.

One highlight of the tour was an Egyptian Museum Walk through Colleen Osterbauer's and Judy Roe's sixth-grade classrooms. Students had research projects on display and answered questions on the pyramids, mummies and clothing fashions of ancient Egypt.

A fundraiser kick-off will be held February 28 for the St. Anthony Park Elementary Read-A-Thon. Students are asked to read 30 minutes a day during a two-week period. The goal is for the whole school to read 100,000 minutes.

In addition to establishing a daily reading habit, the event will raise money for the school. Students are asking friends, neighbors and relatives to sponsor them.

Principal Andrea Dahms has promised that she will kiss a pig if the students reach their goal. The St. Paul Saints baseball team has promised to supply the pork for the culminating event on March 22.

On March 5, the Pacifica Quartet will give a concert at the school. Students will learn how folk music influenced the works of composers such as Haydn, Dvorak and Beethoven.

Second-grade students will be put to the test while working with guest artist and cartoonist Duane Barnhart during March.

Fifth graders will focus on environmental studies with an overnight field trip to Camp St. Croix near Hudson,

Wisconsin, March 28-30.

The last part of March will witness an art show, part of the Celebration of Talent, an annual rite of spring at St. Anthony Park Elementary. The celebration showcases visual, performing and literary art.

A talent show will take place in May, and the literary journal will be published at the end of the school year.

Fourth-grader Ellen Purdy and fifth-grader Cal Nicholson recently won highest honors in this year's WordMasters Challenge — a national language arts competition.

Other students who also achieved outstanding results were third-graders Avery Larsson and Maxine Lightfoot; fourth-graders Celia Commers and Rachel Williams; fifth-graders Dan Baden, Henry Johnson, Dane Ostlie-Olson, Dolan Cassidy, George Henson, Whitney Manning, Madison Ostergren, Bailey Perry and Chloe Sekhran; and sixth-grader Luke Lageson.

Fifth-grade teacher Bill Leslie, who organizes the program for the school, says that WordMasters was adopted into the school curriculum about six years ago to help with vocabulary.

"Our main motivation is not the competition," he says, "but it is fun to see how we do. We always do better than average."

Kindergarten registration will take place March 8, 6-7:30 p.m. Families from throughout the Twin Cities are welcome to register for full- or half-day kindergarten. Conferences will be March 22 and 23.

St. Anthony Park School is located at 2180 Knapp St. For more information, call the school at 293-8735 or visit [st.anthony.spps.org](http://st.anthony.spps.org).

**Chelsea Heights Elementary** will continue its Arts for All – Arts 25 Program this spring. The school was one of nine in St. Paul to receive a \$5,000 award to explore African and African-American art forms. January events included a musical performance in honor of Martin Luther King, Jr. Day, as

well as a workshop for teachers. Upcoming events include music, dance and storytelling performances.

The Arts for All – Arts 25 Program is funded by the St. Paul Public School District and is designed to stimulate students' imaginations and expand their understanding of the arts. Projects encourage long-term partnerships between schools and the local arts community.

Ninety cast members are gearing up for three performances of "Footloose" at **Murray Junior High**. Shows will run Friday and Saturday, March 2 and 3, at 7 p.m., and Sunday, March 4, at 2 p.m.

Tickets are \$7 for adults and \$5 for students. However, tickets purchased during school lunch the week of the show will be \$4 for all.

For more information, contact Lisa Schibel ([lisa.schibel@spps.org](mailto:lisa.schibel@spps.org)) or visit [www.murray.spps.org](http://www.murray.spps.org).

**Falcon Heights Elementary School** has started a new project, "Equity, Equity Read All About It." The program was created by school staff to help implement the district's Equity Vision, which was adopted several years ago to create a welcoming learning community for all.

The project includes teachers reading a carefully chosen set of picture books (one per month) and leading follow-up discussions. A goal of the discussions is to further awareness of difference and to understand how all people need to be treated respectfully.

**Como Park High School's** Music Department will present a choral concert — "Ready, Set, Go" — featuring the Women's Choir, Men's Choir, Donna di Cantare Concert Choir and Sound Reinforcement Vocal Jazz.

The concert will be Wednesday, March 14, at 7 p.m. Tickets at the door are \$2 for adults, \$1 for students and seniors.

Como Park High School is located at 740 Rose Ave., three blocks west of Dale and just south of Maryland.

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## Upcoming Events

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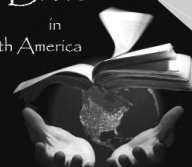
Silent Auction: 9:30 a.m.

Program: 10:30 a.m.

Luncheon: 12 p.m.

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George Eldon Ladd Professor of New Testament  
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## e t c e t e r a

## Arts Events

Music in the Park Series presents the **Pacifica String Quartet** in concert Sunday, March 4, at 4 p.m. Recent recipients of an Avery Fisher Career Grant, the quartet returns for its second residency. Their program will include works by Beethoven, Dutilleux and Britten.



For ticket information, visit [www.musicintheparkseries.org](http://www.musicintheparkseries.org) or call 645-5699. The concert will take place at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave.

An opening reception for the ninth annual Celebration of Community Art Show at the

Undercroft Gallery will be held Sunday, March 4, 6-8 p.m. The show continues through April 13.

The gallery is located in St. Matthew's Episcopal Church, 2136 Carter Ave. Regular gallery hours are 9:30 a.m. to 2:30 p.m. M-F, and 8 a.m.-noon Sunday.

The **Metropolitan Symphony Orchestra** returns Sunday, March 25, at 4 p.m. for its annual concert at St. Anthony Park Lutheran Church, 2323 Como Ave.

Adam Kuenzel, principal flutist of the Minnesota Orchestra, will perform with the orchestra in Mozart's Concerto #2 for Flute and Orchestra in D major, K. 314. Kuenzel will also present the world premiere of local composer John Tartaglia's "The Dreamcatcher" for solo flute, strings and harp. Also on the program is Beethoven's Symphony #6 (Pastoral) and his Overture to Coriolanus.

The concert is free. Donations will be accepted.

St. Anthony Park Lutheran Church will also host a **benefit concert** for China Service Ventures and the Hongzhi Donation Program, featuring award-winning young pianists from the Twin Cities. The concert will take place Saturday, March 3, at 7 p.m.

The Murray Junior High Theatre Department will present the musical "Footloose" at the school, 2200 Buford Ave. Performances will be March 2 and 3, 7 p.m., and March 4, 2 p.m.

## Caregiving

"Cooperative Caregiving," an educational program about caring for a loved one, will be offered by **Lyngblomsten Care Center** on March 1, from 3 to 4:30 p.m., at the Newman-Benson Chapel, 1415 Almond Ave.

The free session will cover creative conflict solving and building on a family's strengths to provide better care for a loved one together.

Registration is appreciated but not required. Call 952-261-5235 to register. Visit [www.lyngblomsten.org](http://www.lyngblomsten.org) for more information.

## Garden Club

On Tuesday, March 6, the **St. Anthony Park Garden Club** will host Marty Long for a presentation on soil amendment and composting. Long is the owner of Minnesota Mulch and Soil, and Scott County Nursery.

The business meeting will start at 6:30 p.m. and the program at 7:15 p.m. It will take place at the St. Anthony Park Library.

## Home and Garden Show

The 16th annual **Greater Midway Home & Garden Show** will be held at Crossroads Elementary School (Front and Dale) on Saturday, March 17. The event is sponsored by Sparc, a nonprofit community development corporation.

Workshops will be offered on energy-saving home improvements, choosing a contractor, planning for a kitchen remodeling project, mosaic tile for kitchens, creating landscaping spaces, city vegetable gardening and gardens for shady spaces.

The exhibit hall will feature local home improvement contractors and products, landscaping experts, master gardeners, senior resources and financing options. A children's birdfeeder building project will be led by Elpis Enterprises.

Workshops will be from 9 a.m. to 2:30 p.m. The exhibit hall will be open from 10 a.m. to 3 p.m. Admission and parking are free. For more information, call 481-1039.

## Raptor Center

As part of its spring lecture series, the **Raptor Center** will present Stan Tekiela and "Uncommon Facts about Common Birds." The talk will take place Sunday, March 18, from 1 to 2:30 p.m. at the Raptor Center, 1920 Fitch Ave. on the U of M's St. Paul campus.

Tekiela, director of Starring Lake Outdoor Center, is also an award-winning author, naturalist, columnist, wildlife photographer and radio personality.

Cost for the event is \$10 for adults, \$5 for seniors. To register, call 612-624-9753.

## Raptor Tails Story Time

continues with two sessions this

month:

March 8: Raptor beaks

March 22: Raptor grossology

Sessions are 1-1:45 p.m. at the Raptor Center, 1920 Fitch Ave. on the U of M's St. Paul campus.

Participants will hear a story, meet a live raptor and make something to take home. Call 612-624-9753 to register. Cost is \$5 per child; no charge for adults. One adult per five children is required.

The U of M's College of Veterinary Medicine has named **Julia Ponder** as executive director of the Raptor Center.

A graduate of Texas A&M University's College of Veterinary Medicine, Dr. Ponder practiced

small animal medicine in the Dallas area before moving to Minnesota in 1998.

She originally joined the Raptor Center as a volunteer,

working three mornings a week as a veterinarian in the center's clinic. She became staff veterinarian in 2002, providing medical care and rehabilitation to the more than 800 eagles, hawks, owls and falcons that are treated each year.

The Raptor Center reaches more than 250,000 people annually through public information programs.

## Parish Dinner

The Church of St. Cecilia invites friends and neighbors to its annual dinner on Sunday, March 4, from 11:30 a.m. to 3 p.m., in the church basement, 2357 Bayless Place, just north of University and Cromwell avenues in south St. Anthony Park.

The dinner features roast turkey and all the trimmings. Tickets are \$8; children 8 and under eat for free.

A raffle will be held. Prizes include a travel voucher, digital camera, iPod Nano, portable DVD player and mini-stereo.

A silent auction will include tickets to area theaters, sporting events and outdoor attractions; theme baskets; and gift certificates for local businesses and restaurants.

## Awards

The University of Minnesota's **Gopher Spot** game room renovation has been named Contract Magazine's 2007 Interiors Awards winner in the sports and entertainment category.

Renovation began in March 2006 and was completed in time for the start of school in September. Improvements include increased space for the bowling alley and convenience store, more seating, and new floors and lighting.

**Carter Avenue Frame Shop** has been selected as an Angie's List Super Service Award recipient, given annually to companies that maintain a superior service rating on the list ([www.angieslist.com](http://www.angieslist.com)). More than 283,000 companies are on the list, and fewer than 5 percent are eligible for the recognition.

Carter Avenue Frame Shop has also been named one of the top 100 art and framing retailers in the country by DECOR magazine. This is the fourth straight year the store has been named to that list, and it is the only Twin Cities frame shop to be so recognized.

Carter Avenue Frame Shop ([www.carteravenueframeshop.com](http://www.carteravenueframeshop.com)) has specialized in custom framing since 1975. The store (645-7862) is located at 2186 Como Ave.

## People

**Terri Fleming**, a senior vice president at Park Midway Bank, has been appointed by St. Paul Mayor Chris Coleman to a task force that will help plan a mixed-use development at the Ford plant in Highland Park. The 24-member task force includes community representatives along with planning and business professionals.

Fleming is a lifelong St. Paul resident who lives in Highland Park. She has been with Park Midway Bank for 10 years, and last year served as chair of the Midway Chamber of Commerce.

**Jim Ostlund**, a vice president at Park Midway Bank, has been appointed by the city of Arden Hills to serve on the Twin City Army Ammunition Plant Advisory Committee. The 500-acre plant site has been relinquished by the federal government for possible redevelopment.

Each year the city of St. Paul recognizes outstanding volunteers from the city's district councils. The St. Anthony Park Council selected three individuals for recognition this year: **Rose Gregoire**, **Suzanne Garfield**, and **Greg Haley**.

Recently, council member **Ferd Peters** was selected to serve on the Central Corridor Community Advisory Committee.

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Photo by Rebecca Merica

Nate Stover, 7, clowns around with Reba, a French bulldog.

### Love of a Frenchie from 1

meningitis, and she was put on a course of antibiotics. Reba is showing steady improvement in muscle tone and alertness, and has weekly physical therapy.

A committed and efficient network of people throughout the country supports Reba's care. FBRN, headquartered in Massachusetts, conducts much of its work via the Internet. It maintains a Web page that features information on the rehabilitation and adoption availability of dogs. There is a page for Reba featuring weekly updates and photos provided by the Stovers.

Visitors to the site can make monetary donations and designate them with a greeting or comment. "Get well Reba! Snorts and kisses from 4 Tennessee Frenchies: Buddy, Tonka, Gypsy and Dolly," reads one. Another says, "For Reba: I was treated at the U of MN too! Hope your treatment goes as well. XO Kat."

These donations, along with fees collected for adoption, will help FBRN pay Reba's medical bills, which the Stovers estimate will be several thousand dollars.

FBRN also sponsors two Yahoo chat groups. As foster dog caregivers, the Stovers seek advice and conversation on rehabilitation matters with others in the network.

This is the Stover family's first experience with FBRN, and they are impressed. "This organization has it all together," Merica says. "It runs like a well-oiled machine."

Purebred dog rescue organizations started appearing about 10 years ago. FBRN originated in 2001. Along with the familiar Humane Society,

dog rescue organizations offer a second chance for pets.

One advantage of FBRN is that the people involved have extensive knowledge about the particular breed with which they deal. Reba's care is a good example of the thorough attention to the health and temperament of surrendered dogs.

FBRN also vaccinates, spays or neuters, and plants an AVID microchip in each dog before adoption. The organization provides education about the breed for caregivers. It maintains rigorous requirements for foster families and prospective adopters.

Applicants who want to adopt Reba, Shosless Joe, Lucy Lou or others profiled on the FBRN Web site must submit an application that is reviewed by FBRN and the dog's foster family. A home visit is arranged before the adoption is final.

Merica says the foster experience has had many benefits for her and her family. As a microbiologist, she enjoys discussions with Reba's vets about the diagnosis and treatment of meningitis. Having Reba has been an opportunity to learn more about health care for dogs, particularly French bulldogs, a breed the family loves.

The whole Stover family, which includes a Frenchie named Gigi and a Sheltie named Sapphire, has grown fond of Reba. Nate and Meg have learned about the special needs and pleasures of caring for a disabled dog.

"It's about the dogs, but it's also about saving something," says Merica. "It's about pulling together and saving something."

## WORDLY WISE

### Readings

Wednesday, March 7, 7 p.m.  
Micawber's. **Ander Monson**  
("Neck Deep").

### Groups

Wednesday, March 7, 6:30 p.m.  
St. Anthony Park Library.  
**St. Anthony Park Writers Group.**  
All welcome.

Monday, March 12, 7 p.m.  
Micawber's. **Probers' Book Group.** "Three Cups of Tea," by Greg Mortenson and David Oliver Relin. Chosen in response to last month's reading of "The End of Poverty," by Jeffrey Sachs. All welcome.

Wednesday, March 14, 7 p.m.  
**St. Anthony Park Library Book Club.** "The Memory of Running," by Ron McLarty. New members welcome. For more information, call Carla at the library: 642-0411.

### Storytelling

Thursday, March 1, 6:30 p.m.  
Coffee Grounds. **PJ. Stories: A Storytelling Event for Families** featuring the **WonderWeavers**.

### Library Events

On Thursday, March 29, at 7 p.m., the 1997 version of the film "Twelve Angry Men" will be shown at the St. Anthony Park Library, 2245 Como Ave.

Michael Cromett, an assistant state public defender, will lead a discussion of the film.

The event is sponsored by the Friends of the Saint Paul Library, the Innocence Project of Minnesota and Minnesota Advocates for Human Rights. The event is free and open to the public.

### AMERICAN LIFE IN POETRY

By Ted Kooser, U.S. Poet Laureate, 2004-2006

My maternal grandparents got their drinking water from a well in the yard, and my disabled uncle carried it sloshing to the house, one bucket of hard red water early every morning. I couldn't resist sharing this lovely little poem by Minnesota poet Sharon Chmielarz.

#### New Water

All those years—almost a hundred—  
the farm had hard water.  
Hard orange. Buckets lined in orange.  
Sink and tub and toilet, too,  
once they got running water.  
And now, in less than a lifetime,  
just by changing the well's location,  
in the same yard, mind you,  
the water's soft, clear, delicious to drink.  
All those years to shake your head over.  
Look how sweet life has become;  
you can see it in the couple who live here,  
their calmness as they sit at their table,  
the beauty as they offer you new water to drink.

Reprinted by permission of Sharon Chmielarz, whose most recent collection of poems is "The Rhubarb King," Loonfeather Press, 2006. Copyright (c) 2006 by Sharon Chmielarz. This weekly column is supported by The Poetry Foundation, The Library of Congress, and the Department of English at the University of Nebraska-Lincoln. This column does not accept unsolicited poetry.

### Micawber's Bestsellers

#### Hardcover Fiction

1. Translation of Dr. Apelles—David Treuer. 2. Ines of My Soul—Isabel Allende. 3. What is the What—Dave Eggers. 4. Thirteen Moons—Charles Frazier. 5. Returning to Earth—Jim Harrison.

#### Hardcover Nonfiction

1. Long Way Gone—Ismail Beah. 2. Power of Art—Simon Schama.

3. Omnivore's Dilemma—Michael Pollan. 4. Curtain—Milan Kundera. 5. Back on the Fire—Gary Snyder.

#### Paperback Fiction

1. Miniatures—Norah Labiner. 2. Virgin of Flames—Chris Abani. 3. George and Rue—George Elliott Clarke. 4. The Inheritance of Loss—Kiran Desai. 5. Slow Man—J.M. Coetzee

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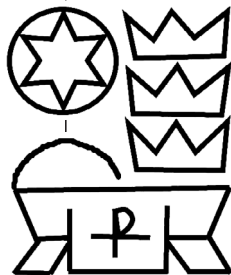
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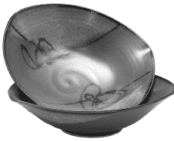
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Announcing...

The Saint Anthony Park  
Community Foundation  
2007 Grants Program

## Deadline:

Must be postmarked by Friday, March 16, 2007  
to PO Box 8038, St. Paul, MN 55108

## Grantmaking Priorities:

Arts & Humanities, Community Economic Development,  
Education, Environment, Health, and Housing

## Eligible Organizations:

Not-for-profit organizations, neighborhood, and  
community-based groups serving the needs of the  
St. Anthony Park/District 12 area.

## Grant Application Forms:

Available on-line at [sapfoundation.org](http://sapfoundation.org) or at the  
St. Anthony Park Branch Library.

## Grant size:

\$5,000 maximum

## Questions:

Contact Jon Schumacher at  
651/641-1455 or  
on-line at [jon@sapfoundation.org](mailto:jon@sapfoundation.org)



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## Music

## Coffee Grounds

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Real Book Jazz  
Every Monday, 7:30pm

Roots Music Showcase  
Every other Thursday, 7pm

Open Mic with Bill Hammond  
Every other Sunday, 6pm

Feigning Interest Benefit Concert  
March 2, 8pm

Wild Raspberries  
March 3, 8pm

Loud Ray  
March 9, 8pm

The Mirabellies  
March 10, 8pm

B.L.T. (Burke, Liddell, Tate)  
March 16, 8pm

Inish Mohr  
March 17, 8pm

Matthew Fox & Shaun Akers  
March 23, 8pm

Scott Bravo  
March 24, 8pm

Como Park High School  
740 W. Rose Ave., 293-8800

Choral Concert: Ready, Set, Go  
Women's Choir, Men's Choir,  
Donna di Cantare Concert Choir,  
Sound Reinforcement Vocal Jazz  
March 14, 7pm

## Ginkgo Coffeehouse

721 N. Snelling Ave., 645-2677

Bluegrass and Oldtime Jam Session  
March 28, 7pm

Open Stage  
First and third Wednesdays  
6pm sign-up

## Music in the Park Series

St. Anthony Park UCC  
2129 Commonwealth Ave.  
645-5699  
[www.musicintheparkseries.org](http://www.musicintheparkseries.org)

Pacific Quartet  
March 4, 4pm

St. Anthony Park Lutheran  
Church  
2323 Como Ave., 645-0371  
[www.saplc.org](http://www.saplc.org)

Benefit concert for China Service  
Ventures and the Hongzhi  
Donation Program featuring  
award-winning young pianists from  
the Twin Cities  
March 3, 7pm

Metropolitan Symphony Orchestra  
March 25, 4pm

PERFORMING  
ARTS

Murray Junior High  
2200 Buford Ave., 293-8740

"Footloose"  
March 2 and 3, 7pm  
March 4, 2pm

## Visual Arts

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Raymond Avenue Gallery  
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Opening reception, March 9,  
6-8pm

St. Anthony Park Lutheran  
Church

2323 Como Ave., 645-0371

Koffe Mbairamadi  
Through April 8

## Textile Center

Joan Mondale Gallery  
3000 University Ave.

"A Common Thread," Annual  
Members Exhibition  
Through March 10

## Undercroft Gallery

St. Matthew's Episcopal Church  
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# MARCH Calendar

## 1 Thursday

- KARATE: Soo Bahk Do classes start today at Langford Rec Center, 5:30-6:30 p.m. for ages 6 and older. \$75, 12 sessions.
- Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m.-noon. Every Thursday.

- Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.

- Chair exercise classes at Seal Hi-Rise, 825 Seal St. Every Monday and Thursday, 12:30 p.m. These classes are free to all area seniors, but preregistration is necessary. Call 642-9052 to preregister.

- St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 890 Cromwell, 6 p.m.

- Cooperative Caregiving program, Lyngblomsten Care Center, 1415 Almond Ave., 3-4:30 p.m. 952-261-5235.

## 2 Friday

- Movie: "Ethics and the World Crisis," 7 p.m. at Spirit United Church (3204 Como Ave SE, 612-378-3602). Donation, free popcorn, discussion follows.

- "Footloose" musical, Murray Junior High School Auditorium, 7 p.m.

- GIRLS RULE! 6-8 p.m., Langford Rec Center today through March 30. Ages 10-14, \$15. Dance parties, games, hair styling, nail painting, fashion and friends.

- Story Time for preschoolers, ages 3-5. Stories, puppet show and more. St. Anthony Park Library, 10:30 a.m. Every Friday.

- Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday.

- Falcon Heights recycling.

## 3 Saturday

- "Footloose" musical, Murray Junior High School Auditorium, 7 p.m.

- Nocturnal Bowling (612-625-5246), 10:30 p.m.-5 a.m., Gopher Spot, St. Paul Student Center, 2017 Buford Ave., St. Paul Campus. Every Saturday.

## 4 Sunday

- "Footloose" musical, Murray Junior High School Auditorium, 2 p.m.

- Parish Dinner, Church of St. Cecilia, 2357 Bayless Place, 9 a.m.-3 p.m.

## 5 Monday

- Neighbors for Peace planning meeting, 7 p.m. at Michael and Regula Russell's home (shared with a friendly dog and two cats), 1480 Chelmsford, 646-3620. All welcome.

- AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.

- Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.

- Chair exercise classes at Seal Hi-Rise, 825 Seal St. Every Monday and Thursday, 12:30 p.m. These classes are free to all area seniors, but preregistration is necessary. Call 642-9052 to preregister.

- Como Park recycling. Every Monday.

- Lauderdale recycling.

## 6 Tuesday

- St. Anthony Park Garden Club, St. Anthony Park Library, 6:30 p.m.

- Weekly Meditation Circle, 7 p.m. All experience levels welcome. Spirit United Church (3204 Como Ave. SE, 612-378-3602). Every Tuesday.

- Internet and word processing tips, 7-8:30 p.m. Every Tuesday at St. Anthony Park Library. Call 642-0411 for more information.

- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-noon. Every Tuesday.

- Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.

## 7 Wednesday

- Free in-store wine sampling at The Little Wine Shoppe (2236 Carter Ave.). Stop by between 4:30 and 7:30 p.m. Must be 21 years of age or older to attend. All featured wines 10 percent off during the tasting.

- Practice your spoken English skills, 4-5:30 p.m. Every Wednesday at St. Anthony Park Library. Call 642-0411 for more information.

- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program, 1st and 3rd Wednesdays, 11 a.m.-noon.

- St. Anthony Park recycling. Every Wednesday.

## 8 Thursday

- Early release day (students dismissed at 1:45 p.m.) at St. Anthony Park Elementary.

- Kindergarten Registration Evening, 6-7:30 p.m., St. Anthony Park Elementary.

- Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.

## 9 Friday

- No school for St. Anthony Park Elementary.

## 11 Sunday

- Site Council meeting, 5 p.m., St. Anthony Park Elementary.

## 12 Monday

- Park Press, Inc., Park Bugle board meeting, St. Anthony Park Bank Community Room, 7 a.m.

- St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.

- Join the Falconers for 500 and cribbage at 1 p.m. at Falcon Heights City Hall.

## 13 Tuesday

- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

## 14 Wednesday

- Hmong PTA meeting, Murray Junior High Library, 6 p.m.

- Falcon Heights City Council, City Hall, 2077 Larpeniteur Ave., 7 p.m.

## 16 Friday

- Falcon Heights recycling.

## 17 Saturday

- Greater Midway Home & Garden Show, Crossroads Elementary School (Dale and Front), 9 a.m.-3 p.m.

## 19 Monday

- Lauderdale recycling.

## 20 Tuesday

- SAPSA meeting, 6:30 p.m. at St. Anthony Park Elementary.

- District 10 board meeting. Call 644-3889 for details.

## 21 Wednesday

- Free in-store wine sampling at The Little Wine Shoppe (2236 Carter Ave.). Stop by between 4:30 and 7:30 p.m. Must be 21 years of age or older to attend. All featured wines 10 percent off during the tasting.

- Langford Booster Club, Langford Park, 7 p.m.

## 22 Thursday

- Evening parent, teacher, student conferences at St. Anthony Park Elementary.

## 23 Friday

- No school (parent, teacher, student conferences) for St. Anthony Park Elementary.

## 26 Monday

- St. Anthony Park Elementary Science Fair, 2:15-3:30 p.m., 6:30-7:30 p.m.

- Join the Falconers for 500 and cribbage at 1 p.m. at Falcon Heights City Hall.

## 27 Tuesday

- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

## 28 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpeniteur Ave., 7 p.m.

- St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 p.m.

## 29 Thursday

- Music Concert, 7 p.m., Murray Junior High School Auditorium.

- Pilates classes start today at Langford Park Rec Center, 12:15-1:15 p.m. beginners. \$70 (\$68 seniors).

## 30 Friday

- Falcon Heights recycling.

Items for the April Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, March 16.

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### Clifford Christenson

Clifford E. Christenson, age 91, who once lived on Brewster St. in St. Anthony Park, died on February 8, 2007, in South Carolina.

He is preceded in death by his wife, Marie, and sister, Marion. He is survived by his son, Noel E. (Suzanne) and daughter, Anne Lockwood; two grandchildren; two brothers; and three sisters.

A Mass of Christian Burial was celebrated February 14, 2007, at Corpus Christi Catholic Church in Roseville, with interment at Fort Snelling National Cemetery.

### Leslie Curtiss

Leslie B. Curtiss, age 91, of St. Anthony Park, died peacefully on February 10, 2007. He was a proud World War II veteran and an accomplished musician active in big bands and orchestras for 65 years. He was a member of the Evergreen Club, a prestigious musicians' fraternity, and was also active in Knights of Columbus, Masons, Shriners and Scottish rites organizations.

## LIVES LIVED

He was preceded in death by his wife, Jean, and is survived by a daughter, Lynn (Don) Kloek, a son, Todd (Trish) Curtiss, and five grandchildren.

A Mass of Christian Burial was celebrated February 16, 2007, at Corpus Christi Church, Roseville, with private interment.

### George Hewetson

George B. Hewetson, age 84, formerly of St. Anthony Park, died February 4, 2007. He was a jazz drummer, World War II veteran, CPA and good father. He is survived by his son, David Hewetson, of Las Vegas.

### Saulala Mafi

Saulala Mafi, former resident of St. Anthony Park and longtime employee of the Minnesota Housing Finance Agency, died peacefully, surrounded by family and friends, on January 18, 2007.

He is survived by daughters, Nunia and Akesa, and brothers, Sitiveni (Julie), Malani (Fine), Sioli and Fuatapu.

A memorial gathering was held January 26, 2007, at

American Legion Post 39 in North St. Paul.

### Vilma Melnudris

Vilma T. Melnudris, age 87, of Falcon Heights, died January 24, 2007.

She was preceded in death by her husband, Janis, and is survived by daughters, Gunta (Tom) Brace and Ausma Durfey, grandchildren and great-grandchildren.

A memorial service was held February 2, 2007, at Lakewood Cemetery Chapel, with interment at Lakewood Cemetery.

### Sir Bent Skovmand

Sir Bent Skovmand, an internationally renowned plant scientist and conservationist, died on February 6, 2007, in Kävlinge, Sweden, of medical complications related to a brain tumor.

A citizen of Denmark, he came to the University of Minnesota in 1966 as a participant in the Minnesota Agricultural Student Trainee program. He trained on a family farm in southwestern Minnesota, then returned to live in St. Anthony Park while he earned his B.S., M.S. and Ph.D. degrees (1971-1976) from the university in plant pathology.

His scientific career began at the International Maize and Wheat Improvement Center in El Batán, Mexico. There he worked with another U of M plant pathology alum, Dr. Norman Borlaug (1970 Nobel Peace Prize Laureate), in the wheat and triticale improvement programs.

From 1983 to 1989 he was on loan to a United Nations development project for wheat improvement in Turkey. Later, he headed a wheat genetic resources program, where his scientific, social and organizational skills, along with his ability to speak six

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# CLASSIFIEDS

**Classified deadline:**  
March 14, 6 p.m.  
**Next issue:** March 28

- Type or write down your ad, and which section your ad should appear in. Usually we put the first few words in capital letters.
- Count the words. A word is numbers or letters with a space on each side. A phone number with area code is one word.
- Figure your cost: \$1.00 x number of words (\$10.00 minimum).
- Mail your ad & check to: Bugle Classifieds  
P.O. Box 8126  
St. Paul, MN 55108  
or deliver to the Park Bugle drop box at the side entrance to 2190 Como Ave. (on the Knapp Place side of building) by 6 p.m. on the deadline day. We cannot bill you for your ad.
- Classifieds cannot be e-mailed, faxed or taken over the phone.
- Call us at 651-646-5369, voice mailbox #3, with questions.

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**JENNIFER'S PET SITTING** - Need someone to care for your pet while you're away? Don't put your pet in a cold and expensive kennel! I will give them a warm, loving place to stay whether you're gone for a while or just for the day. I have over 30 years experience loving & caring for pets, and a beautiful fenced-in yard for them to play. Must be a smaller animal and get along with other pets. All animals considered! Inexpensive rates, free consultation, and great deals for long-term care. References available. Call Jennifer at 612-729-6481 today!

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**FIBERGLASS TOPPER** - Dark green, Raven-Glasstite, excellent condition! Includes: front & side sliding windows, interior light (battery), double locks, and mounting clamps (6). Dimensions: Height: 23", Width: 71", Length: 81". Bought new in 2003 for \$1,300 for my Ford F-150 6 1/2 foot full-size pickup truck. \$600.00 or best offer. Call Wayne at 651-259-5223 (work) or 651-489-6258 (home).

## Housing

**HOST A FOREIGN** exchange student - earn extra cash! Como Zoo/Como Town is hosting 10-15 students this summer and is looking for suitable housing. If you are interested, please call Kathy at 651-487-2121.

## Home Services

**ROOF SNOW & ICE** removal - Careful work, 30 years experience. Licensed, insured #20126373. Burton Johnson, 651-699-8900.

**CARLSON WOODWORKING** - custom cabinets, built-ins, shelves, furniture repair/ refinishing. 651-429-0894.

## Professional Services

**SPECIAL/REGULAR ED** teacher available for tutoring. Also, get set for MCA. Local references provided. Free initial consultation. Sandra Miller, Educational Mastery, 651-644-6527.

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- 20 years experience
- All work performed by Certified Arborists
- Mr. Gini, owner, holds a B.S. & M.S. from U of M School of Forestry

**Lives Lived from 18**

languages, were great assets.

In 2003, Queen Margrethe II of Denmark awarded him the Knight's Cross of the Order of Dannebrog. He was knighted for his scientific achievements in wheat research and for conservation of wheat genetic resources. He was then appointed director of the Nordic Gene Bank in Alnarp, Sweden, an international center for the conservation and documentation of plant genetic resources funded by a consortium of Nordic countries.

His wife, Eugenia; daughters, Kirsten, Annelise and Astrid; and a son, Francisco, survive him.

Bent Skovmand was an enthusiastic advocate for higher education. He kept close ties to the University of Minnesota. The Skovmand family is establishing the Bent Skovmand Fellowship for support of a graduate student at the University of Minnesota.

*There is no charge for Bugle obituaries. Please alert the Bugle about the death of current or former residents of the area. Send more complete information if you have it. Obituaries are compiled by Mary Mergenthal, 644-1650, mary.mergenthal@comcast.net.*

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*Our present administration is damaging the essence of who we are as a nation. Do not let them define who we ought to be.*

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*Repeal would only help 13,000 rich families in the USA*

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*"No poor boy from Hope Arkansas will ever dream of becoming President again."*

Visit  
www.mnncn.org/estatetax.htm  
or call 651-642-1904 for more info.

3400 University Ave. S.E., Mpls  
612-379-7232

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across from KSTP

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Skilman at Cleveland S., Roseville. 651-631-0211  
9:30 a.m. Christian Education for nursery - adults  
10:45 a.m. Sunday Worship, Dr. Bruce Petersen  
1:00 p.m. Korean Sunday Worship, Pastor Jiyong Park  
6:30 p.m. Wednesday Kids' Club and Youth Groups

**✦ COMO PARK LUTHERAN CHURCH - ELCA**

1376 Hoyt Ave. W., St. Paul, MN 55108-2300  
651-646-7127

Handicapped Accessible  
office@comoparklutheran.org  
CPL Contact ministry 651-644-1897  
www.comoparklutheran.org  
Sunday Worship Schedule

8:00, 9:00, and 11:00 a.m. Worship (nursery care provided from 8:45 a.m. to 12:15 p.m.)  
10:00 a.m. Adult Education and Sunday School  
Holy Communion on 1st & 3rd Sundays  
Rides available for 11:00 a.m. worship - call the church office before noon on Friday for a ride.

Wednesday Lenten Worship and Soup Suppers: Worship at 7:00 p.m.  
Please join us for soup suppers every Wednesday during Lent  
(March 7, 14, 21 & 28) from 5:00 - 6:30 p.m. and worship at 7:00 p.m.,  
Suppers include soup, bread, fruit, dessert and beverages.  
Proceeds from soup suppers will be used to help youth pay for their summer mission trip and Bible camp.

Suppers: \$5 for adults and children 12+; \$3 for children 3 - 11.  
Sunday, March 18: Visiting Preaching Scholar Dr. Mary Hinkle Shore  
We welcome Dr. Mary Hinkle Shore from Luther Seminary as our visiting preaching scholar and adult forum leader. The topic for the adult forum at 10:00 a.m. is "Following to the Table." Please join us!

Pastors: Martin Ericson and Mary Kaye Ashley  
Director of Music Ministry: Thomas Ferry

**✦ FALCON HEIGHTS UNITED CHURCH OF CHRIST**

1795 Holton St. at Garden, 651-646-2681  
www.falconheightsucc.org

Sunday worship: 10:30 a.m.  
Education: 9:15 a.m.  
Lenten vespers: 7 p.m. Thursdays, March 1-29

An open and affirming, Just Peace church  
Handicap-accessible

**✦ NORTH COMO PRESBYTERIAN CHURCH**

965 Larpenteur Avenue W., Roseville  
651-488-5581, ncpmain@northcomochurch.org  
www.northcomochurch.org

Sunday Services: Worship 9:45 a.m., Education 11:00 a.m.  
We welcome all to attend.  
Handicapped accessible.

**✦ PEACE LUTHERAN CHURCH - ELCA**

1744 Walnut (at Ions) Lauderdale. 651-644-5440  
www.peacelauderdale.com

Lenten Wednesdays: 5:30 Soup Supper  
7:00 Marty Haugen Sung Vespers  
Thursdays: March 1-29 6:30 - 8:30 Stained Glass Window Making Class  
Sundays: Education at 9 a.m. "Peace In Our World", Worship 10 a.m.  
Questions or to sign up for class, please call 651 644-5440

Pastor: David Greenlund  
All are welcome - Come as you are

**✦ ST. CECILIA'S CATHOLIC CHURCH**

2357 Bayless Place. 651-644-4502

Website: www.stceciliaspn.org  
Handicap accessible  
Saturday Mass: 5:00 p.m. at the church  
Sunday Masses: 8:15 a.m. and 10:00 a.m. at the church  
(nursery provided during the 10:00 a.m. Mass)

St. Patrick Church Dinner: Sunday March 4th, 2007  
Dinner will be served from 11:00 to 3:00, silent auction, children games, and a raffle. Join us for a great day!

**✦ ST. ANTHONY PARK UNITED CHURCH OF CHRIST**

2129 Commonwealth at Chelmsford. 651-646-7173  
Website: www.sapucc.org  
Handicapped Accessible and an Open and Affirming Congregation.  
Rev. Howard Tobak, Transition Minister -  
Becky Stewart, Child & Youth Coordinator  
Adult Education 8:30 a.m.

Sunday Worship 10:00 a.m., Fellowship: 11:00 a.m.  
Nursery Care & Sunday School provided.  
March 4, Worship/Holy Communion: 10:00 a.m.

**✦ ST. ANTHONY PARK UNITED METHODIST CHURCH**

All are welcome!  
2200 Hillside Ave (at Como) 651-646-4859  
Pastor Donna Martinson  
Go to www.sapumc.org for more about our church.  
Sundays:  
10:00 a.m. Worship Celebration  
10:20 a.m. Sunday School for 3 years old to 5th grade  
11:00 a.m. Fellowship & Refreshments  
More to choose (call us for details);  
Faithful Fit Forever - Mondays, 10:00 - 11:00 a.m.  
Choir - Wednesdays, 7:00 - 8:30 p.m.

**✦ ST. ANTHONY PARK LUTHERAN CHURCH**

We are a community of believers called to joyfully serve God, one another, and the world.  
www.saplc.org  
2323 Como Ave. W. 651-645-0371  
Staffed nursery available. Handicap-accessible.  
Pastors Glenn Berg-Moberg and Amy Thoren, Email: info@saplc.org  
Worship: 8:30 a.m. and 11:00 a.m.  
Education Hour for all: 9:45 a.m.  
Wednesdays in Lent:  
Soup Supper 5:30 p.m.; Worship Service 7:00 p.m. "The Psalms"  
February 28: Psalm 3 (Personal lament), Dr. Michael Rogness, Preacher  
March 7: Psalm 121 (Pilgrimage), Dr. Rolf Jacobson, Preacher  
March 14: Psalm 126 (Deliverance), Dr. Kathryn Schifferdecker, Preacher  
March 21: Psalm 30 (Thanksgiving), Dr. Fred Gaiser, Preacher  
March 28: Psalm 148 (Praise), Dr. Doug Steinke, Preacher  
Minnesota Faith Chinese Lutheran Church 1:30 p.m.

信義教會 華語主日學

**✦ ST. MATTHEW'S EPISCOPAL CHURCH**

The Rev. Blair Pogue, Rector  
2136 Carter at Chelmsford. 651-645-3058  
Website: www.stmatthewsmn.org  
Sunday Services:  
8:00 a.m. Holy Eucharist (Rite I)  
10:30 a.m. Holy Eucharist (Rite II)  
Classes for all ages between the services at 9:15 a.m.  
Wednesdays - 10:00 a.m. Holy Eucharist (Rite I)  
Lenten Series: March 1, 8 & 15  
Soup supper @ 6:00p.m. followed by Taize Worship

