Making a name in St. Anthony Park
by Judy Woodward

St. Anthony Park — home of the historic, focus of the famous and nurturing place of the notorious? Well, that might be overstating it a bit, but there's no doubt that the neighborhood, along with adjacent University Grove, has numbered some illustrious residents over the years.

The area has seen a lot in its century and a quarter of existence, and some of what its walls could reveal include the private moments of people whose names are still talked about in circles far larger than the few square miles at the extreme northwest corner of St. Paul.

Maybe it has to do with the way the neighborhood got its start. St. Anthony Park was founded as an elegant suburb that aspired to be the summit of worldly achievement for Minnesota luminaries. In the 1880s, two competing land development companies built several elegant mansions clustered about modern-day Langford Park.

Although the area never became the upper-class preserve its founders had hoped for, it did attract a number of well-known Minnesotans as residents. Two early governors, William B. Marshall and Andrew McGill, both owned large houses in the neighborhood. McGill's home on Scudder Street still stands.

The early mansions of Langford Park and environs were much admired but not much imitated because people couldn't afford them. To the likely disappointment of its first developers, St. Anthony Park was not destined to take its place among the gilded retreats of the robber baron elite of the Industrial Age.

The area was growing, to be sure, but it was a more middle-class group of residents that the neighborhood ended up attracting. In 1887, the area was annexed to the city of St. Paul, with the stipulation that the sale of alcohol would be forbidden within the new addition's precincts. It was a ban that Andrew Ryan McGill, Minnesota's governor from 1887 to 1889, lived on St. Anthony Park's Scudder Street in a house that still stands.

Paws in the Park treats lonely dog syndrome
by Natalie Zett

In a society where too much time is consumed by long work hours and lengthy commutes, families — including pets — can get shortchanged.

Dogs, particularly, can experience separation anxiety when parted from their owners, sometimes manifesting behavioral and physical problems, such as weight gain due to lack of exercise.

To deal with these challenges, pet day cares began popping up a few years ago. Today, they've become a necessity for many pooch parents who hate the idea of leaving their "babies" alone during the day.

For dog owners in the St. Anthony Park vicinity, the newly opened Paws in the Park may be the perfect solution. Located near Raymond and University avenues, the service has been open since September 19, 2006.

Owner Jennifer Albrecht has made "Paws" a true family affair, with her mother, Jean — a librarian who recently retired from the Department of Forest Resources at the University of Minnesota — as her full-time co-worker. Jennifer's 10-year-old daughter, Brianna, also lends a hand after school, playing with her mom's charges.

Albrecht said the facility can accommodate as many as 30 dogs. Currently, Paws in the Park has nine clients.

Albrecht said that although the Twin Cities has quite a few dog care facilities for dogs, they're not widely known — but they should be.

At Paws in the Park, the dogs spend much of the day playing with each other. A fenced outdoor area even has its own faux fire hydrant. Dogs who stay all day take a two-hour nap.

When asked how she gets

Hmong Academy moves to Como Park neighborhood
by Lisa Steinmann

“This is a wake-up time in the community,” says Christianna Hang, director and co-founder of Hmong Academy, a charter school that relocated this fall from Minneapolis to the Como Park neighborhood.

Hang said she got the opportunity to make a move when many current and prospective students petitioned for a change. "Two state-of-the-art computer labs, classrooms and a film production facility — Hmong Academy has 72,000 square feet, twice the size of its former site. Inside, the building has been outfitted with new lockers, carpet, classroom furniture and two state-of-the-art computer labs.

Nearly 500 students, in grades 6 through 12, dressed in uniforms, move through the halls and stand in greeting when visitors enter a classroom.

Currently the student body is 95 percent Hmong, but the school hopes to attract more than just Hmong students with its focus on college preparation and a disciplined atmosphere.

Hang says the school plans growing up (in Falcon Heights), we had a lot of close family friends who had their own businesses.”

Albrecht said she got the idea for her business when her dog was a puppy. “I wanted to put him in day care when I went to work, but all the places I looked at had long waiting lists. I also wanted a space that had an open area for my dog. I wanted it to be a welcoming environment. Then I found an opportunity to make that happen, and here I am. It’s a great space, and it’s heated and air conditioned.”

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When asked how she gets

Paws in the Park to 3

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Christianna Hang is the director of Como Park’s Hmong Academy.

Hmong Academy to 8

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When asked how she gets

Paws in the Park to 3

Brianna Albrecht plays with one of the dogs at Paws in the Park, a dog day care facility owned by her mother, Jennifer Albrecht.
**Falcon Heights**

Residents can now sign up to receive notices via e-mail from the city, including announcements, park and rec information, and crime alerts.

The City Council has approved construction of a community garden at Falcon Heights Community Park. The next step is to obtain approval from the University of Minnesota, which owns the site, and to form a steering committee of gardeners to oversee the operation. Those interested in serving on the committee may attend a 7 p.m. meeting at City Hall on January 8.

**Lauderdale**

The city has extended its recycling contract with Eureka Recycling for another two years. Eureka representative Alex Stanovich said that Lauderdale has an excellent recycling program. It is Eureka’s only customer that provides service to 100 percent of multifamily units. Lauderdale’s service collects 233 pounds of recyclables per year per unit, compared to St. Paul’s 239 and Roseville’s 139. The curbside program generates 630 pounds per year per household, compared to 500 pounds in St. Paul and 660 pounds in Roseville.

**St. Anthony Park**

The Community Council welcomes people interested in serving on a transportation study task force. Interested volunteers should contact the office: 649-5992 or sapcc@sapcc.org.

Following up on the October 26 meeting to discuss crime in St. Anthony Park, the District 12 Community Connections Committee will attempt to increase the number of block clubs and block workers. People interested in helping organize their block should contact the office: 649-5992 or sapcc@sapcc.org.

The future of power generation at Rock-Tenn drew over 100 people to a November 14 public meeting hosted by the Community Council. Due to the scheduled closing of Xcel Energy’s coal-fired High Bridge power plant, Rock-Tenn will lose the steam heat that has been pumped to its paper recycling plant on University Avenue.

Rock-Tenn is considering installing a plant on its property that would burn refuse-derived fuel (RDF). At the public meeting, Rock-Tenn officials explained the company’s plans and fielded questions. They estimated it could take as long as five years to get an RDF burner built and permitted. Until then, they will burn a combination of natural gas and fuel oil.

Carole Livingston has been hired as coordinator of the Senior Chore Service.

—Susan Conner

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Paws in the Park from 1

several dogs to take a two-hour nap at the same time, Albrecht said, “It’s actually easy. They’re playing a lot with each other, so they naturally get tired and start to lie down on the floor. They each have their own kennel, so they can sleep undisturbed.”

If owners want their dogs to be fed during the day, they bring their own food.

Paws in the Park screens all applicants and maintains a vigilant watch over the dogs they accept. Most dogs aren’t used to other dogs, Albrecht said, but they adapt well.

Aggressive behavior is grounds for dismissal. “If one dog attacked another dog and drew blood,” Albrecht said, “that dog would be out. If a dog snapped at another dog, we would tell the owner and watch to make sure it doesn’t continue. But we can’t have dogs that are aggressive.”

When dogs arrive, they are “introduced” to one another in a small room that acts as a staging area. Said Albrecht, “We let the dogs in one at a time until the new dog has met all the dogs. Then we let them out into the general play area.”

Albrecht said the building has a special floor “that’s good for the dogs’ joints and also resistant to ‘accidents,’ though we have very few of those.”

She’s in the process of hiring two additional helpers.

“It’s hard to find people for this work,” she said. “Some people think it’s easy; playing with dogs all day long, but it’s not. The dogs are constantly monitored and are never alone.”

She added that Paws in the Park is certified by the Red Cross in pet first aid.

If there were an additional certification for “dog whisperer,” Albrecht would qualify, as evidenced by her happy charges. Although they vigorously announce the arrival of a visitor, the dogs are soon quiet and playing with each other as Albrecht walks inside the play area and oversees them.

In addition to day care, Paws in the Park has contracted with other professionals to offer additional services, such as training classes and grooming.

For more information about Paws in the Park, call 646-9433 or visit www.pawsintheparkinc.com.
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Progressive Dinner
Mark your calendar now for the 21st annual St. Anthony Park Progressive Dinner on Saturday, February 24, starting at 5:30 p.m. For more information or to be added to the mailing list, contact Karen Kuebler (645-7706) or Fariba Sanikhahram (pnunt@mcg.net).

Fariba Sanikhahram
St. Anthony Park

Thank you for the ideas that you shared with me during the campaign. Your advice was helpful to me at the Capitol. I hope you will contact me whenever you have concerns.

Sen. John Marty
St. Paul adds conditions to JPI development

by Bill Hoffmann

Construction is expected to start in the spring on three apartment buildings in St. Anthony Park, housing up to 552 college students. They will be located on what was once industrially zoned land behind the KSTP building on University Avenue just west of Highway 280. The opening is projected for fall 2008.

Both the District 12 Community Council and the Prospect Park East River Road Neighborhood Association in Minneapolis argued against rezoning to allow the housing development. In response, St. Paul planning staff added conditions regarding student safety, tenant behavior and transportation.

Before the City Council approved rezoning the site this year, District 12 representatives argued that industrial development would be more appropriate than housing on the site.

JPI Development, a Texas-based student housing and apartment complex developer, sought rezoning to develop a vacant 4.5-acre site at 2669 Terrace Rd., the northwest corner of Berry Street.

JPI purchased the land from Hubbard Broadcasting, which operates KSTP radio and TV. Only the city-county line separates the site from a 5.6-acre parcel owned by Hubbard in Minneapolis. Hubbard has a contract with JPI for developing the Minneapolis parcel, which is zoned industrial. JPI wants to build student housing there as well.

According to its Web site (www.jpi.com), JPI has developed 35 student-oriented apartment communities in 19 states, housing 24,000 residents. Those developments are part of its 200 multifamily projects in 30 states or provinces in 107 cities in the United States and Canada.

The St. Paul parcel is bounded by the University of Minnesota’s transitway on the south, and the Minneapolis parcel, containing a new parking lot, on the west.

West of that, 4th Street S.E. in Minneapolis contains townhouses and single-family houses.

Nearby, across University Avenue, are condominium developments, including Emerald Gardens, which have recently opened with several hundred units, along with Berry Place and its 267 rental units. Also, Wellington Development plans a mixed-use condominium and grocery development at University and Emerald Street.

JPI’s student housing project approval is subject to 13 city planning staff conditions for subdivision plat approval. Some appear to address District 12 and Prospect Park concerns about isolation of the site, student vulnerability to crime, problem student behavior and transportation.

The conditions include providing police and the District Council with the name and telephone number of a 24-hour answering service that will respond to neighborhood complaints about tenant behavior and property conditions. Conditions also call for a checkpoint system and foot patrol. An apartment would be provided at no cost for an off-duty police officer hired for escort services and nighttime foot patrol.

The conditions also require subsidized resident memberships in car-sharing programs, such as the university’s ZipCar program. Also stipulated is a wide sidewalk to University Avenue on the west side of Berry and, where possible, a boulevard with trees and grass. Five parking spaces must be eliminated from the original plan to provide room for landscaping and to strengthen the pedestrian orientation.

Two tenants may share a single bedroom within an apartment unit in the project, the conditions state, provided that the total number of students housed in the project at any time does not exceed 552, and that no more than four unrelated persons occupy any apartment unit. Each bedroom in a 2- to 4-bedroom unit would be leased separately, but each occupant would share the entire unit.

“The conditions that relate to operations are consistent with JPI’s general operating policies,” said Eric Galatz, a lawyer for JPI to 6
JPI from 5 representing JPI. “They were added to the zoning approvals to reassure the city that any successor to JPI will be subject to the same operating conditions.”

In Prospect Park, JPI also developed the University Commons student apartment complex, now owned and operated by Real Property Systems. It manages complexes in several states. JPI officials noted that University Commons is 98 percent occupied. Parents guarantee students’ leases, which include a code of student conduct.

Galazt said JPI expects to proceed later on development of the Minneapolis portion of the site.

However, rezoning it from industrial to residential may have become more difficult after the Minneapolis City Council on November 3 adopted an Industrial Land Use Study and Employment Plan, intended to preserve land for industry and jobs. The plan specifies that industrial employment districts are “prioritized for industrial uses and that residential uses are strongly discouraged.”

However, JPI officials said earlier they would apply for rezoning for a mixed-use designation, and that if the land use study appears to prohibit rezoning for residential use, they would request an amendment to the study.

The Prospect Park Neighborhood Association raised concerns about rezoning and development of both parcels for student housing. Joe Ring, president of the association, said the neighborhood is already overwhelmed by housing for university students, which make up 60 percent of residents. He added that students living in large-scale housing complexes, such as Melrose Place and University Village, have become targets and victims of crime, including robbery and theft.

Ring argued that the neighborhood would benefit from industrial development and good-paying jobs at the Hubbard site, which is within walking and biking distance of the residential neighborhood.

JPI officials argued that the site is well suited for student-oriented housing. Students are more likely to take the University Avenue bus to campus than drive, they said, adding that students could also walk and bike to campus on the university’s transitway between the St. Paul and Minneapolis campuses. The transitway is restricted to university buses and vehicles.

JPI asked the U of M to add a bus stop at the Hubbard, but the university declined. JPI later said if it approaches the university again, it would likely be in cooperation with neighbors to seek a single stop that would serve JPI and others.

However, according to Bob Baker, U of M Director of Parking and Transportation, the university is unlikely to add any stops to the transitway.

“The transitway was built to move students as quickly as possible between the St. Paul and Minneapolis campuses,” he said. “Additional stops would slow that process down.”

JPI said it is committed to a transit-oriented development at the St. Paul site, and to similar incentives if the Minneapolis parcel is developed.

JPI intends to provide tenants with a “U-pass” for their first semester to encourage use of the bus. Incentives would include participation in HourCar and ZipCar programs to provide an alternative to car ownership.

The parcels in St. Paul and Minneapolis are part of the former Schnitzer industrial site. Later, the property was acquired by the U of M, which directed pollution cleanup.

Funding for cleanup included tax increment notes. Minneapolis paid off its note. St. Paul’s note has a balance of $800,000.

The site was sold to Hubbard Broadcasting, which planned a satellite broadcast operation there. However, the satellite business was merged and moved to California. Hubbard has been marketing the site since 1999.

JPI was selected and it purchased the St. Paul portion of the site. A St. Paul City Council ruling directed JPI to seek conditional use permit, and it set certain conditions to proceed. Later in the process, JPI successfully received rezoning for the St. Paul portion.
Suka-Rama: Finding your dream job(s)

by Michelle Christianson

Everyone has a dream job — the one you envision that would make him or her happier than any other. But what if you could decide between two dream jobs? How would you choose? Luckily for Sue Rohricht, she doesn’t have to make that choice. She does both jobs.

Rohricht, a St. Anthony Park native, had a job at Donaldson Company in the gas turbine systems division. She didn’t hate it but she didn’t love it anymore, and rather than wait until she was miserable, she decided to quit.

She got a real estate license and started buying, rehabbing and selling houses. She’s learned, and is still learning, to do everything: painting, electrical work, plumbing, drywall, laying carpet, refinishing hardwood floors, remodeling kitchens and bathrooms.

“My father taught me there was nothing I couldn’t do,” she said. “So a problem would present itself, I just got a book or took a class and learned how to solve it.” She is also a skilled decorator, so she “rajas” the houses with furniture and cozy touches so they’re more attractive to buyers. That business earns her a living, so she is able to pursue her second dream job: running a boutique.

On a trip to Kenya and India last December, Rohricht found some interesting art and crafts she knew she would be able to sell easily. A vision of a store filled with such objects started to take itself, I just got a book or took a class and learned how to solve it.”

“You can’t dream your way to the top,” she said. “I couldn’t have pulled this off without my family and my friends’ support and help,” she said. “And I never would have known I could do all I’m doing if my parents hadn’t instilled that confidence and know-how in me.”

Rohricht said that she is happier than she has ever been before. The hard physical labor of rehabbing is balanced with the sheer delight she has in stocking and decorating her shop.

“It’s all about having fun and doing what you want to do,” she said.
who want to start feeding birds

You can put up a feeder, or even a brush pile, until you provide good cover near the yard is like. If it's mostly open, he said he first asks them what their neighbors will be doing.

So, I bought a roothing box and decided to forgo the thrill of making one myself.

I asked Kelsey how he works with people who want to put up bird feeders for the first time. He said he first asks them what their yard is like. If it's mostly open, he tells them they probably won't get many birds.

He encourages them to put in some plantings that will provide good cover near the feeder, or even a brush pile, until

Design this store feeds in the tube and allows the birds to get up to the glass with suction cups. Some poles have multiple arms that allow you to hang a variety of feeders. Again, a pole baffle might be necessary. Smearing the pole with silicone grease may also work, but it's very messy.

Another option is a suet feeder. They're really good for bringing birds in close so children can see them better.

It's possible, it would be great to provide a bird bath with heated water. Birds are attracted to a source of water, especially in the winter. You'll find such baths in catalogs and bird stores, but they're a bit pricey if you want one that will last more than a year. And you'll need an outdoor electrical outlet.

The seed you offer will determine the birds you attract. For example, cardinals like safflower seed and white sunflower seeds. I prefer to use sunflower seed without hulls, too, because there is a growth inhibitor in the hulls that harms the birds. Each feeder has a handout that lists feed and feeder preferences for over 50 birds.

You can find prepackaged seed mixes in many stores, but read the label to see what's included. The sequence of ingredients indicates which seeds make up the bulk of the mix. Watch out for packages that include a lot of cracked corn, wheat, buckwheat, flax, red millet or milo. Look for packages with clear plastic so you can see the contents. Examine bags for pieces of stem and stalk, empty hulls, even weed seed heads. You want to buy seed, not inferior scraps.

Besides seed, you can also offer peanuts, shelled or whole; cracked corn, mealworms, live or roasted. One of my friends raises mealworms at home and draws in bluebirds, warblers, robins and indigo buntings. I'm a little too squeamish to consider a worm ranch in my home — and I think my wife would have reservations, too.

For help in selecting a bird feeder or bird bath, buying seed or finding out where to buy your feeder, I'd recommend stopping at a wild bird store. Check the phone book under Birds & Bird Supplies.

Hardware stores and big-box stores also stock feeders and seeds, although the inventory varies and the know-how of the staff may be limited. There are catalogs and Web sites for Droll Yankees, Duncraft and other manufacturers.

The library or book store offers resources, including "Wild about Birds," by Carol L. Henderson. I'd also suggest "Help Birds," by Laura Erickson, where feeds and feeders are covered extensively.

Henderson even describes how to make your own feeder, but consider Kelsey's advice and perhaps feel free to do that work. I love birds and may spend hundreds of dollars to feed them, but I'm not willing to sacrifice any of my fingers for them.

The other day while I was at a small Whole Foods store catering to bird lovers, I spotted a roothing box, which is a wooden box designed for chickadees to roost in so they can be seen at night. Kelsey has a handout that lists feed and feeder preferences for over 50 birds.
Citizens Police Academy: Countering the CSI effect

by Dave Healy

What do police officers do all day?

For those whose main source of information about the police is television and movies, misconceptions abound, according to John Ohl, chief of the St. Anthony Police Department.

“We sometimes refer to it as the ‘CSI effect,’” he said.

In part to counter that distorted representation, Ohl’s department conducted a Citizen Police Academy this fall.

Twenty residents of the neighborhoods patrolled by the department — Falcon Heights, Lauderdale and the city of St. Anthony — participated in the eight-week academy, which met Thursday evenings from 6 to 9 p.m.

“To do effective policing, we depend on citizen participation,” Ohl said. “We thought that our traditional crime-prevention efforts needed a boost, and we decided that educating a group of residents about what we do would help accomplish that.”

Ohl said the purpose of the academy was twofold: to foster positive relationships in the community, and to create realistic expectations of police work by providing an introduction to law enforcement.

“We usually meet people under duress,” he said. “This was a great opportunity for the police and citizens to encounter each other under more positive circumstances.”

Two of the participants in the academy were Lauderdale residents John and Lara Mac Lean.

“After taking the eight classes, we have a whole new respect for what police officers do on a daily basis,” John said.

Week one of the academy included a tour of the department and an introduction to the procedures police use when taking someone into custody. The second week was about two specific tools police officers use: radar and fingerprinting.

Weeks three and four covered drugs and alcohol. Participants were divided into two groups and took turns doing controlled drinking and administering tests for alcohol consumption. John Mac Lean found the experience eye-opening.

“When we field tested members of the other group, it was up to us to determine — without blood testing or breathing — whether we would book them or let them go,” he said. “The results were amazing and almost frightening.”

During the fifth class session, officers explained the philosophy and use of “reasonable force.” Mac Lean was one of the volunteers who agreed to subject himself to a Taser.

“I can only suggest to people that they cooperate and not need to have it done,” he said.

Week six was about firearms and shoot/don’t shoot situations. The academy concluded with sessions about the use of K-9 units.

Police Academy to 10

This month has been a whirlwind of dinosaur fun, No Bones readers.

It began with our annual Society of Vertebrate Paleontology meeting in Ottawa, and ended here in St. Paul, where the BBC recently filmed me for a new dinosaur documentary.

Did you ever wonder how those dinosaur TV shows you see get put together? I had a firsthand lesson when the BBC showed up at my office yesterday morning.

Over the next eight hours, the small crew shot tons of video footage — all for just 5–10 minutes of screen time.

I never thought when I became a professional paleontologist that part of my job responsibility would be acting!

The filmmakers plan to play with the idea that dinosaurs never really went extinct, that they still exist among us today in their regular dinosaur form — not just as birds, which all No Bones readers know are just dinosaurs with feathers.

They wanted to talk to me because I study two topics relevant to the idea that dinosaurs were doing pretty well on the planet just before the big extinction event 65 million years ago.

Bone histology is the study of bones’ microscopic internal structure. When fossil bones are well preserved, we can determine how fast a dinosaur was growing and how old it might have been when it died by looking at patterns of blood vessels and bone minerals at a microscopic level.

The results of my research indicate that dinosaurs grew between 2 and 56 times faster than modern reptiles, depending on adult body size. The bigger the dinosaur, the faster the growth rate.

An inside look at bones tells us that dinosaurs were doing a good job being dinosaurs.

They weren’t exactly like mammals and birds, though their growth rates were on a par with those of modern warm-blooded animals, and they were certainly not like modern reptiles.

To illustrate these points, the BBC filmed me thin-sectioning bones and studying them under a microscope.

The other major research question the filmmakers highlighted was my interest in titanosaurians, among the last survivors of the major group of long-necked dinosaurs called sauropods.

Most of us think about those behemoth dinosaurs in the Jurassic period — the middle of dinosaur time.

It’s during that time period (150 million years ago) that we find the remains of Brachiosaurus, Apatosaurus, Diplodocus, and Camarasaurus.

These dinosaurs were all extinct by the beginning of the Cretaceous period, the last part of the “age of dinosaurs.”

Titanosaurs are cool because they lived on every continent and were an incredibly diverse group of dinosaurs. That surprises most people, who think of the sauropods as veritable icons for extinction.

Titanosaurs were an adaptable group of dinosaurs, capable of eating lots of different kinds of food (including newly evolved grass), living in lots of different environments and developing new anatomical specializations — like dwarfism and special “skin-bones” called osteoderms.

Titanosaurs are one of the best examples of how awesome dinosaurs were, even at the very end of their reigns on earth.

To get these points across, I used two “assistants” — casts of skulls from a juvenile and adult Rapetosaurus, the titanosaur that I named from Madagascar.

The best part of this experience was answering tough questions, such as, “If you could have a pet dinosaur, what would it be?”

I answered, “A sauropod genetically engineered to stay small. Otherwise I’d be eaten out of house and home — and owls, of course.”

Until next time, No Bones readers!
John Mac Lean said he's glad he and his wife participated in the academy. "I'd strongly urge anyone who has the chance to take this class," he said. "It will be the most worthwhile time you ever spend, and it will give you new appreciation for what police officers do day in and day out. It will also make you more aware of what goes on in your neighborhood."

"Shop Home for the Holidays," a special evening to promote St. Anthony Park businesses, will take place December 7 from 6 to 9 p.m.

Area retailers will offer in-store specials, performers will play and sing seasonal music, and there will be a raffle for gift baskets, along with wine and chocolate tastings and various holiday treats.

The event will be centered at Como and Carter avenues. Extra shopping space will be set up in the lower level of Milton Square, where local artisans will sell a variety of handmade crafts. Ten percent of their sales will be donated to the St. Anthony Park Foundation, which is sponsoring the event, along with local retailers.

Micawber’s Bookstore will contribute 10 percent of the day’s sales to St. Anthony Park Elementary School.

Jon Schumacher, foundation executive director, said, "We hope our residents will really turn out for some early holiday shopping and enjoy our one-of-a-kind Main Street."

Jeff Huff, owner of the Little Wine Shoppe and one of the event’s organizers, said, "We hope this becomes an annual tradition."
Arts Events

The Catherine G. Murphy Gallery at the College of St. Catherine presents a retrospective of Lauderdale artist Bertie Olson through December 17. “Persistence of Vision” includes works that span Olson’s six-decade artistic career. The gallery is located at 2004 Randolph Ave. in the Visual Arts Building. Hours are 8 a.m.—8 p.m. Monday-Friday, noon—6 p.m. Saturday and Sunday.

Music in the Park Series will present the Blue Banque Band in concert December 3 at 4 p.m. The performance will be joined by soprano Maria Jetter.

The Blue Banque Band consists of Brazilian recorder player Clára Galliano, along with four musicians from the St. Paul Chamber Orchestra: Daria Adams, violin; Cathryn Greenbank, oboe; Chalres Ullery, bassoon; and Layton James, harpsichord.

Their performance of Baroque and contemporary music will include works by J.S. Bach, Vaughan Williams and Telemann, along with the Midwest premiere of "Clarissa Grateful," a heroic-comical cantata by Minnesota composer David Evan Thomas.

The concert will take place at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. For ticket information, call 645-5699 or visit www.musicintheparkseries.org.

The Theatre Department at Como Park High School will present four performances of Rodger and Hammerstein’s “Cinderella” in December. Show times are December 7, 7 p.m.; December 8 and 9, 7:30 p.m.; December 10, 2 p.m. The December 9 performance will include a dinner theatre. For ticket information, call 645-8800.

On December 14, Como’s orchestra and concert band will be in concert at 7 p.m. Como High School is located at 740 Rose Ave.

Exultate, a professional choir and orchestra, will present favorite and traditional carols in a 7:30 p.m., December 9 concert at Luther Seminary Chapel, 1490 Fullham St. Included will be works by Anton Bruckner, Dietrich Buxtehude, John Rutter, Morten Lauridsen, Johann Sebastian Bach and others.

Tickets are $18 for adults and $15 for seniors (65+) and students (16 and under). To reserve tickets, call 707-0727 or visit www.exultate.org.

From December 3 to January 11, the Undercroft Gallery will host an exhibition of heirloom lace. Lace samples have been loaned by members of the congregation at St. Matthew’s Episcopal Church, where the gallery is located.

An opening reception will be held Sunday, December 3, at 11:45 a.m. The gallery is located at 2136 Carter Ave.

MOMS Club

The St. Anthony Park/Como West Chapter of MOMS Club offers a variety of daytime activities for mothers and their children, as well as a monthly Moms Night Out. MOMS Club is an international organization that supports women who are home with their children full- or part-time. For more information, call Tam at 646-2405.

Art Classes

Falcon Heights Parks and Recreation will offer two children’s art classes this winter.

A three-day art workshop will introduce 7-10-year-olds to ceramics, sketch board and pencil drawing, and acrylic and watercolor painting. The sessions will be led by N. Nigel Kojic and will take place December 27–29 from 9:30 to 11:30 a.m. Cost is $50 for residents, $55 for nonresidents.

Create with Clay, a class for ages 7–12, will be held Saturdays, January 6–27, from 10 to 11 a.m. Participants will create pots, human heads and animals. Cost is $40 for residents, $45 for nonresidents.

All art classes will be held at Falcon Heights City Hall. Registration can be done online (www.ci.falcon-heights.mn.us) or by calling 792-7616.

Play Group

The Garden Play Group, a preschool program for two- and three-year-olds, is enrolling children for second semester, January 9–May 3. The group meets Tuesdays and Thursdays, 9–11 a.m., at Falcon Heights United Church of Christ, 1795 Holton St. Call 426-9358 for more information.

Holiday Sales

A holiday craft boutique to benefit the Blue House orphanage for girls will be held at St. Matthew’s Episcopal Church, 2136 Carter Ave. The sale will take place Saturday, December 9, from 9 a.m. to 5 p.m. and Sunday, December 10, from 9 a.m. to 1 p.m.

Handmade clothing, Christmas ornaments, greeting cards and other items will be for sale. A silent auction will be held for a handmade quilt. For more information, call 387-8264.

The fourth annual Lake Como Holiday Art Show will be held at the Historic Streetcar Station, 1224 N. Lexington Ave. in Como Park, on Friday, December 8 (noon–6 p.m.) and Saturday, December 9 (10 a.m.–5 p.m.). Handcrafted and original works will be for sale, including photography, jewelry, watercolors, woven textiles, pottery and blown glass. For more information, call 488-4421.

Lyngblomsten Auxiliary’s annual Scandinavian Cookie and Craft Fair will take place December 1 and 2 from 9:30 a.m. to 2 p.m. at the Lyngblomsten chapel, 1415 Almond Ave. All proceeds will go to the Lyngblomsten Youth Scholarship Fund. For more information, call 466-2941 or visit www.lyngblomsten.org.

Businesses

Running Tiger Karate recently awarded black belts in Shodoin Kenpo karate to Robyn Mathews-Lingen, Lori Schmidt and Beth Shaw, the first women in the Midwest to achieve that level. Schmidt’s husband, Andy Schmidt, also earned his black belt.

The three women have been studying with Sifu Dave Meyer since 2001. Meyer owns the Running Tiger Shodoin Kenpo studio at 783 Raymond Ave. For more information, call 247-6602 or visit www.runningtiger.com.

Park Midway Bank was recently designated a Community Development Financial Institution (CDFI) by the U.S. Department of the Treasury. According to Rick Beeson, president, the bank was recognized for commitment to strengthening local communities by financing local housing and small-business projects, offering socially responsible banking services, and volunteering for area nonprofits and boards.

For more information about Park Midway Bank, visit www.parkmidwaybank.com.

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Edina Realty
Bernie Bierman, a former resident of University Grove in Falcon Heights, coached the U of M football team from 1932 to 1950, with a hiatus during World War II. His Gopher teams were 93-33-6.

Making a name from 1

that would last the better part of a century.

Soler, God-fearing, hard-working and respectful of education. That’s the way residents might have been described at the dawn of the 20th century. And it may explain why the area became increasingly popular with people connected in some way with academic life.

Certainly, over the next few decades the most famous people from the area often had something to do with the University of Minnesota.

Take Bernie Bierman, for example. Only diehard Gopher fans know his name now, but at one time he may have been the best-known resident of the University Grove section of Falcon Heights.

From 1932 through 1941, the “Silver Fox of the Northland,” as he was known to Minnesota sports fans, led the Golden Gophers to five undefeated football seasons, six Big Ten championships and five national championships.

Those who liked Bierman said that he produced winning seasons without ever raising his voice or losing his temper. Those who were less fond of him — a group that included much of the sports press — decried his uncommunicative ways.

In reality, he was probably a typical Minnesotan who couldn’t make his point more eloquently.

Bierman took a long time out from football in order to serve three years in the Marines as a 5th something lieutenant colonel during World War II. When the war ended, he returned to coaching, but by that time his winning streak had ended.

After an embarrassingly bad season in 1950, he retired from the game, eventually moving from his Folwell Avenue residence to California, where he died in 1977.

Folwell was also briefly home to B.F. Skinner, the famous experimental psychologist and author, who taught at the U of M from 1936 to 1945.

Skinner’s two children were born during his Minnesota years, so his Folwell residence may even have been the site of the first “baby in a box” experiment, the neighbor of his infant daughter peering out.

Meanwhile, about a block down Folwell, another University Grove resident was making a name for himself in very different circles. Economics professor Walter Hefter had helped create the postwar German economic miracle with his astute tax advice to the U.S. military occupation.

With that track record of success, it was only natural that President Kennedy should call on Hefter to become chairman of the Council of Economic Advisors in 1961.

While serving in that position, he was credited with inspiring one of the few enduringly upbeat (and quotable) remarks associated with the dismal science: “A rising tide lifts all boats,” was Kennedy’s formulation of Hefter’s explanation for why tax cuts for the wealthy would result in prosperity for all income levels.

When Hefter’s time in the political limelight was over, he returned to a life of quiet satisfaction and achievement back in University Grove.

Other luminaries did not follow his example. Literary talent in particular has not had a lasting relationship with the neighborhood.

It’s not that literary ability is unknown among neighborhood residents. In fact, the area seems to produce more than its share of gifted wordsmiths. But by the time true fame strikes, the artist has usually decamped for other, more exotic locales.

Shortly after World War II, for example, a temporary lecturer in the English department at the University of Minnesota lived in a rented house on Commons Avenue.

When the Ladies’ Home Journal ran an article in 1945 on Skinner’s invention, with a photo of his infant daughter peering out of what appeared to be a clear plastic holding cell, the neighborhood may have achieved its first-ever touch of notoriety.

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Economics professor Walter Hefter had helped create the postwar German economic miracle with his astute tax advice to the U.S. military occupation.
The St. Paul Public Schools 2007 Parent Information Fair is scheduled for Saturday, January 20, from 9:30 a.m. to 2 p.m., in the Roy Wilkins Auditorium of the St. Paul RiverCentre. The fair is designed to inform the school choices available to students in St. Paul. Private, parochial and charter schools will have displays.

A committee will begin meeting soon to start work on this year’s Parent Information Fair. To participate, contact Kris Emerson: 767-8234, kris.emerson@spps.org.

St. Anthony Park residents and Como Park High School seniors Nate Juergens and Carilynn Durkee were named to the first team Minnesota Soccer Coaches Association Class A All-State soccer team. Emily Fate was named to the All-State honorable mention squad. Durkee, Juergens and Fate join St. Anthony Park residents Rachel Nasan and Emily Kold on the St. Paul City All-Conference team. Emma Lee and Katie Lister were named to the St. Paul Conference honorable mention squad. Durkee was named the St. Paul Conference girls MVP.

Congratulations to the Como High School Cougars football team and all of the coaches for their 8-2 season. Special congratulations to Como’s Kirby Scull, who was named the City Conference Coach of the Year.

The Como Music Department announces its production of Rodgers and Hammerstein’s “Cinderella,” Como’s annual fall musical production. It will be performed Thursday, December 7, at 7 p.m.; Friday, December 8 and Saturday, December 9, at 7:30 p.m.; and Sunday, December 10, at 7 p.m. All performances are in the auditorium at Como Park High School, 740 West Rose Ave.

Tickets are $9 for adults, $5 for students and seniors. Friday is food shelf night: Get $1 off your ticket price with a nonperishable food item. A dinner theatre package is available Saturday evening, December 8, with a social hour and salad bar beginning at 5:30, a buffet at 6:00 and theatricals at 7:30. Reservations are required for the dinner. The package cost is $23 for adults, $18 for children under 12. For more information, contact Carole Whitney: 293-8800, ext. 1209 or carole.whitney@spps.org.

Hennepin Theatre Trust’s 2006-07 SpotLight Musical Theatre Program includes Como High’s production of “Cinderella.” The program honors excellence in high school musical theatre. Shows are not compared or ranked against other musicals, so each category may have multiple award recipients. By working with schools across the Twin Cities, Hennepin Theatre Trust brings students from diverse social, economic, ethnic and cultural backgrounds together with professional artists.

Murray Junior High School will hold auditions for its school play on December 18 and 19. Lisa Schibel will arrange sign-up times for students. All students are welcome to audition.

Families at Holy Childhood School should remember that there is no school on Thursday, November 23, or Friday, November 24, when the school is closed for Thanksgiving break. Also, Wednesday, November 22 is an early dismissal day (11:30 a.m., no lunch) and the end of the first trimester for all students.

Parent-teacher conferences will be held Wednesday, November 29 and Thursday, November 30 from 8 to 8 p.m.

“Holidays in Buchanan Hall,” Holy Childhood’s annual winter festival, will be held Saturday, December 2. This year’s festival co-chairs, Mary and Curt Swenson and Lucy and Paul Schmitz, along with their cast of volunteers, are planning a fun evening that will capture the spirit of the classic movie “Holiday Inn.” The cost for each ticket is $25, which includes a dinner catered by Tunicci’s and two beverages per person (pop, beer or wine). Each ticket holder will also have the chance to win prizes and bid on silent and live auction merchandise. Doors will open at 5:30 p.m., with dinner at 7 p.m.

The live auction will begin at 8:30 p.m. Music of the 1930s and 1940s will be provided by Wior-g. Tickets can be purchased either at the school office or parish office, or after Sunday Masses. Call Curt Swenson (636-3482) for more information or ticket sales. Limited seating is available. All proceeds for this charitable event will go to support Holy Childhood School.

Central High School presents “Fame,” a student-directed musical about the trials and triumphs of students at New York’s Performing Arts High School. Performances will be December 1 at 7 p.m., December 2 at 2 p.m. and 7 p.m., and December 3 at 2 p.m. Tickets are $7 for adults and $5 for students. Central High is located at 275 N. Lexington Ave.

Students at St. Anthony Park Elementary School have been celebrating a lot lately. On November 17, second graders, teachers and families cheered for reading with the first of three St. Anthony Saints Reading celebrations planned for the year. Named for the St. Paul Saints minor league baseball team, the St. Anthony Saints Reading Program encourages students to get on base by reading as many books as they can: 15 books (or 400 pages) get a reader to first base, 30 books (or 900 pages) count as a double. The school’s music program will be celebrated in December. Students in grades 4–6 who participate in the instrumental music program, under the direction of teachers Anita McLaughlin and John Middleton, will rosin their bows and polish their brass for an orchestra and band concert to be held in the gym on December 14 at 2:30 p.m.

There will be a vocal music program on December 21 at 2:30 p.m. featuring students in kindergarten through fourth grade. Teacher Brad Ollmann has been working on a welcome song, with students that features greetings in languages representing their diverse cultural backgrounds.

The cultural tradition of Santa Lucia, a Swedish festival of light that coincides with the solstice, will also be celebrated with a program at the school on December 14 at 10 a.m. All year long, learning is supported and celebrated with an after-school program called Celebrate Learning After School (CLAS). Teacher Lena Mayer coordinates the program that serves up to 70 children who, she says, “need extra help with homework, organizational skills, math and reading.” Four other teachers, representing various grade levels, and volunteers from the University of St. Thomas work with students every Tuesday and Thursday, from the time school is dismissed until 5:45 p.m. The St. Anthony Park School Association provides the funds for a hot meal.

The community is invited to support St. Anthony Park Elementary on December 7 by purchasing books at Micawber’s Book Store, 1238 Carter Avenue. Please visit during store hours, 10 a.m. to 8 p.m., browse books, bid on silent and live auction merchandise. Ten percent of book sales that day will be donated to SAP Elementary. St. Anthony Park Elementary School is located at 2180 Knapp St. For more information, call the school at 293-8735 or visit the Web site: www.stanthony.spps.org.

By Antonie Young
As we look forward to a New Year, we often think of things we’d like to improve in ourselves. Thus we have the tradition of New Year’s resolutions. But like so many self-improvement schemes, after an enthusiastic start we often find ourselves back in the same slump as before, with no change in our unwanted habit. Frustrated, we may throw up our hands with a “Well, I tried” and go back to our old ways. If we really want to change something about ourselves, how can we ensure that the change is lasting? Here are a few tips:

1. Start small. If the goal is, say, walking a mile a day, start with several blocks, adding incrementally every few days until the total is reached. Starting small helps one adjust to a new activity or behavior and gives one time to get accustomed to the change. In the case of physical activity, it also helps one avoid injury.

2. Be patient. Unlike new activities, where starting small is essential, if one is trying to get rid of a bad habit, like tobacco or white sugar, it’s critical to start out with no tolerance for backsliding. Get out the sugary gum, ice cubes, carrots or whatever is needed to assuage the oral fixation, and don’t give in.

3. Tell those you care about what you’re trying to do and get their support. If you’re going to remove all sweets from the cupboards, other family members should know why. Let those close to you know your goal so they won’t inadvertently encourage you toward that which is forbidden.

4. Do it with a friend. Sharing our fitness or self-improvement goals with somebody else is a good way to make sure we don’t quit before we reach them. Human nature is such that if I know Mary is waiting for me to walk a mile around Har-Mar with her, I’ll be more likely to show up than if I were just for me. The team spirit is contagious, and self-improvement is an activity that needs all the support it can get.

5. Find a positive activity to occupy time freed up by your change in behavior. A row to discontinue watching QVC (for the blissfully uninstituted, a home shopping channel) will be easier to keep if one finds an activity to fill the time formerly spent as a couch potato. Find some volunteer opportunities, check out the library regularly, take a weekly class, make a commitment to visit a sick neighbor or friend frequently, or start that clean-up project you’ve been putting off. Keeping busy helps us fill time so we don’t miss our bad habit so much.

6. Reward yourself. Have you lost ten pounds, gone a week without smoking, reached the one-mile walking goal? Give yourself a pat on the back: a massage, an outing to a show or concert, perhaps a new item of clothing. When we recognize ourselves, we are honoring the time and effort we put into self-improvement, and we each deserve that recognition.

7. Get back on the horse. If we fail to keep the discipline we have established for ourselves, we don’t need to throw in the towel based on our “failure.” We can start over again and again until it comes out the way we want it to. Failure is the only practice we get for success. We can learn valuable lessons in how not to do something through experiencing failure by analyzing what didn’t work and avoiding it next time. Decide what you want to be, and take steps to become your dream. This option is open to all of us. Happy New Year, Happy New You!

The St. Anthony Park Block Nurse Program offers services to older adults and those who care for them. Aging Gracefully is one way we communicate with our community. We welcome ideas and feedback for this column at 642-9052 or sapbnp@bitstream.net.

As we look forward to a New Year, we often think of things we’d like to improve in ourselves. Thus we have the tradition of New Year’s resolutions. But like so many self-improvement schemes, after an enthusiastic start we often find ourselves back in the same slump as before, with no change in our unwanted habit. Frustrated, we may throw up our hands with a “Well, I tried” and go back to our old ways. If we really want to change something about ourselves, how can we ensure that the change is lasting? Here are a few tips:

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Readings
Monday, Nov 27, 2-4 p.m.
St. Anthony Park Library.
Memoirist Ruth Knutson (“On the Other Side of the Ocean”).

Wednesday, Dec. 6, 7 p.m.
St. Anthony Park Library.
Poet Mary Kay Rummel (“The Illuminations”).

Groups
Wednesday, Dec. 7, 6:30 p.m.
St. Anthony Park Library.
St. Anthony Park Writers Group. All welcome.
Monday, Dec. 11, 7 p.m.
Micawber’s. Probers’ Book Group. Discussion continues on “Collapse: How Societies Choose to Fail or Succeed,” by Jared Diamond. This month: Part Three, “Modern Societies,” about Rwanda, the Dominican Republic and Haiti, China and Australia. All welcome.
Wednesday, Dec. 13, 7 p.m.
St. Anthony Park Library Book Club will discuss “A Long Way Down,” by Nick Hornby. New members welcome. For more information, call Carla at the library: 642-0411.

Local Author
Lauderdale resident Ruth Knutson, who was profiled in the September Bugle, will read from her memoir, “On the Other Side of the Ocean,” on Monday, November 27, from 2 to 4 p.m. at the St. Anthony Park Library.

Knutson's book recounts her childhood and adolescence in the Swiss village of Dornach. She describes living in a three-generation household during the 1940s and 1950s.

Knutson’s first career was as a window dresser, both in Switzerland and Minnesota. Later she worked in nursing homes, until her retirement in 1980.

American Life in Poetry

Many of this column’s readers have watched an amaryllis emerge from its hard bulb to flower. To me they seem unworldly, perhaps a little dangerous, like a wild bird you don’t want to get too close to. Here Connie Wanek of Duluth, Minnesota, takes a close and playful look at an amaryllis that looks right back at her.

Amaryllis
A flower needs to be this size
to conceal the winter window,
and this color, the red
of a Fiat with the top down,
to impress us, dull as we’ve grown.

Months ago the gigantic onion of a bulb
half above the soil
stuck out its green tongue
and slowly, day by day,
the flower itself entered our world,
closed, like hands that captured a moth,
then open, as eyes open,
and the amaryllis, seeing us,
was somehow undiscouraged.

It stands before us now
as we eat our soup;
you pour a little of your drinking water
into its saucer, and a few crumbs
of fragrant earth fall
onto the tabletop.


This weekly column is supported by The Poetry Foundation, The Library of Congress, and the Department of English at the University of Nebraska-Lincoln. This column does not accept unsolicited poetry.

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December Arts

2006 - 2007 Season

Music

Coffee Grounds
1579 Hamline Ave.
644-9339, 373-2600

Red Rock Jazz
Every Monday, 7:30pm

Chris Miller
December 1, 8pm

Nic Garcia
December 2, 8pm

Open mike
December 3, 6pm

Sans Souci
December 8, 8pm

Violin Recital with Denise Guelker
December 10, 3pm

Roots Music Showcase
December 14, 7pm

Ivy Backyard
December 15, 8pm

Ivy’s Jazz Quartet
December 16, 8pm

Open mike
December 17, 6pm

Minnesota Blue Band
December 22, 8pm

Caden Court
Chamber Music Sing-A-Long
December 23, 7:30pm

Blue Cafe
Mainly Irish, soprano
December 3, 3pm

The Mandell’s CD Release
December 30, 8pm

Ginkgo Coffeehouse
721 N. Snelling Ave., 645-5699

Annual Holiday Arts and Crafts Fair
Artists from the metro area show and sell handmade items
December 2, 8:30am-4pm

Bluesguss and Olehne 1st Sunday
December 27, 7pm

Open Stage
First and third Sundays
6pm sign-up

Music in the Park Series
St. Anthony Park UCC
2129 Commonwealth Ave.
645-3699

Blue Baroque Band
Maria Jette, soprano
December 3, 4pm

Performing Arts

Como Park High School
740 Rose Ave., 293-8800

Rodgers and Hammerstein’s “Cinderella”
December 7, 7pm
December 8 and 9, 7:30pm
December 10, 2pm

A special December 9 Dinner Theatre package is available by advance reservation

Orchestra and Concert Band
Concert
December 14, 7pm

Visual Arts

Anodyne Artist Company
825 Cushman St., 642-1684

Visual Compositions
November 10 - December 1
Gallery Hours: Monday-Friday, 11am-4pm
Art...what is it?
Exhibition: Doors to 7pm

College of St. Catherine
Catherine G. Murphy Gallery
204 Powderly Hall
690-6644

Preservation of Vision: Bavye O’Connor’s Work in Retrospect

Goldenrod Museum of Design
240 McNeil Hill
1935 Holland Ave.
612-624-7174

American Folklore Retrospective
Four Modern Designers
Through January

Raymond Avenue Gallery
761 Raymond Ave., 644-9200

Cameras by College of Design
Through December

St. Anthony Park Lutheran Church
2323 Como Ave., 645-0371

Paintings by DeAnne Parks
December 3-January 7

St. Paul Student Center
University of Minnesota
612-625-0214

Faces of Change: Conservation Biology in Borneo
Photographs by Dawn Tanner
Through December

Paul Whitney Larson Gallery

Undenuncio Gallery
St. Matthew’s Episcopal Church
2136 Como Ave., 645-2038

“No Answer, Just Old Lace”
December 3-January 11
Opening reception, December 3, 11-1pm

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### December Calendar

**1 Friday**
- Story time for preschoolers ages 3-5. St. Anthony Park Library, 10:30 a.m. Preregistration required, 642-0411.
- Senior Center Fun Group (6:00 p.m. bowling and games), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday.

**2 Saturday**
- Nocturnal Bowling (612-825-5246), 10:30 a.m. to 5 p.m. at the Copliner Sport, St. Paul Student Center, 2007 South Ave., St. Paul Campus. Every Saturday.

**4 Monday**
- AA, St. Anthony Park United Methodist Church (644-0809), 8 p.m. Every Monday.
- Boy Scouts, St. Anthony Park United Methodist Church, 7 p.m. Every Monday.
- Chair exercise classes at Seal High School, 2078 Larpenteur Ave., 12:30 p.m. Every Thursday.

**5 Tuesday**
- Tot Time (for 3-5 year olds and younger), St. Anthony Park Library, 7 p.m. Every Tuesday.
- Story time for preschoolers ages 3-5. St. Anthony Park Library, 10:30 a.m. Preregistration required, 642-0411.
- Falcon Heights recycling, 10:30 a.m. to 5:00 p.m. at the Falcon Heights Rec Center, 2017 Buford Ave., St. Paul Campus. Ends today. A percentage of all proceeds benefits the Falcon Heights Library.

**6 Wednesday**
- Leisure Center for Seniors (605-5834), 9:30 a.m.-1 p.m. Tuesdays. Pre-registration required. 
- Toastmasters (645-6675), Tuesday. Call 207-645-6675 for membership information. 

**7 Thursday**
- Murray Junior High PTA Book Fair at Barnes & Noble. 11 a.m. to 2 p.m. Every Thursday.
- Chair exercise classes at Seal High School, 2077 Larpenteur Ave., 12:30 p.m. Every Thursday.

**8 Friday**
- Story time for preschoolers ages 3-5. St. Anthony Park Library, 10:30 a.m. Preregistration required, 642-0411.
- Falcon Heights recycling, 10:30 a.m. to 5:00 p.m. at the Falcon Heights Rec Center, 2017 Buford Ave., St. Paul Campus. Ends today. A percentage of all proceeds benefits the Falcon Heights Library.

**9 Saturday**
- Midway Animal Hospital. Offering high quality, compassionate care for your pets. Pete Kelley, DVM & Teresa Nolte, DVM. 731 North Snelling Avenue / 651-644-2100. Parking & Entrance in Rear / Mon - Fri 8 am - 6 pm, Sat 9 am - 1 pm.

**10 Sunday**
- St. Anthony Park Community Council Environment Committee, 10 a.m.-1 p.m. at the Falcon Heights Rec Center, 2017 Buford Ave., St. Paul Campus. Ends today. A percentage of all proceeds benefits the Falcon Heights Library.

**11 Monday**
- Site Council Meeting, St. Anthony Park Elementary School.
- Park Pals, Inc., Park Bowl bowling center, St. Anthony Park Book community room, 11 a.m. to 1 p.m. Falcon Heights City Hall.
- Falcon Heights recycling.

**12 Tuesday**
- Lumber City Council, City Hall, 10 a.m. to 12 noon.
- St. Anthony Park Block Nurse Program, 1st and 3rd Wednesdays, 11 a.m. to noon. Lunch is served by the St. Anthony Park Community Council Environment Committee.
- Fisher House for the holidays, 6-7 p.m. Special neighborhood shopping night on Como Avenue featuring artisans, wine and chocolate samplings, seasonal music and specials. Sponsored by the St. Anthony Park Community Foundation.

**13 Wednesday**
- Full Council Meeting, St. Anthony Park City Hall, 7 p.m.

**14 Thursday**
- Park Pals, Inc., Park Bowl bowling center, St. Anthony Park Book community room, 11 a.m. to 1 p.m. St. Anthony Park City Hall.

**15 Friday**
- Story time for preschoolers ages 3-5. St. Anthony Park Library, 10:30 a.m. Preregistration required, 642-0411. Story times will resume mid-January.

**16 Saturday**
- St. Anthony Park Block Nurse Program, 1st and 3rd Wednesdays, 11 a.m. to noon. Lunch is served by the St. Anthony Park Community Council Environment Committee.

**17 Sunday**
- St. Anthony Park Block Nurse Program, 1st and 3rd Wednesdays, 11 a.m. to noon. Lunch is served by the St. Anthony Park Community Council Environment Committee.

**18 Monday**
- St. Anthony Park Block Nurse Program, 1st and 3rd Wednesdays, 11 a.m. to noon. Lunch is served by the St. Anthony Park Community Council Environment Committee.

**19 Tuesday**
- District 10 board meeting. Call 642-0411 to preregister.

**20 Wednesday**
- Langford Booster Club, Langford Park, 7 p.m.

**21 Thursday**
- Winter Holiday Concert, 7 p.m., Murphy School High auditorium.

**22 Friday**
- Falcon Heights recycling.

**23 Saturday**
- Nocturnal Bowling (612-825-5246), 10:30 a.m. to 5 p.m. at the Copliner Sport, St. Paul Student Center, 2007 South Ave., St. Paul Campus. Ends today. A percentage of all proceeds benefits the Falcon Heights Library.

**24 Sunday**
- St. Anthony Park Community Council Environment Committee, 10 a.m.-1 p.m. at the Falcon Heights Rec Center, 2017 Buford Ave., St. Paul Campus. Ends today. A percentage of all proceeds benefits the Falcon Heights Library.

**25 Monday**
- St. Anthony Park Block Nurse Program, 1st and 3rd Wednesdays, 11 a.m. to noon. Lunch is served by the St. Anthony Park Community Council Environment Committee.

**26 Tuesday**
- Lumber City Council, City Hall, 10 a.m. to 12 noon.
- St. Anthony Park Block Nurse Program, 1st and 3rd Wednesdays, 11 a.m. to noon. Lunch is served by the St. Anthony Park Community Council Environment Committee.

**27 Wednesday**
- Falcon Heights City Council, City Hall, 7 p.m.

**Items for the January Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, December 14.**
David Alexander
David J. Alexander, age 48, of Champlin, died of cancer on October 23, 2006. He grew up in St. Anthony Park, where he graduated from Murray High School in 1976 and attended St. Anthony Park Lutheran Church.

Dave was a devoted husband and father who will be dearly missed by wife, Deanne; children, Stephen, Andrew and Lauren; mother, Ruth; brothers, Tom (Sue) and Bob (Cindi); sister, Denise; other relatives and friends; and his loyal dog, Duke. He was preceded in death by his father, Gerald T. Alexander Sr.

Memorial services were held October 27 at Zion Lutheran Church in Anoka.

Doris Bernstrom
Doris E. (Lundell) Bernstrom, age 89, of Lauderdale, died peacefully, surrounded by her family, on November 8, 2006. She was born and raised in Lake Bronson, Minn.

Doris lived in Lauderdale and attended Rose Hill Alliance Church for over 50 years. She was a quiet woman of strong faith, devoted to her family.

Doris worked for almost 20 years at Paper Calmenson. More recently, she volunteered at her church and at Presbyterian Homes of Roseville.

She was preceded in death by her husband, Allen, and son, Blaine. She is survived by her daughter, Kathy (Bob) Lesfeldt; son, Roger (Kathy); Donna Bernstrom; grandchildren, great-grandchildren and other relatives.

Her funeral was held November 11 at Rose Hill Alliance Church, with interment at Fort Snelling National Cemetery.

Marlene Block
Marlene (Moldenhauer) Block, age 71, of Como Park, died on November 6, 2006, after a one-year battle with cancer. She had been active raising money for many organizations, especially the Danny Thomas Cancer Fund.

She was active in the Women's Club at Holy Childhood Catholic Church.

She was preceded in death by her husband, Lyle, and is survived by her son, James (Darcy); daughters, Mary Jo (Rick) Person, Jeanne Laramy and Patricia (Tom) Hombach; and three grandchildren.

A Mass of Christian Burial was celebrated November 9 at Holy Childhood Catholic Church, with interment at Fort Snelling National Cemetery.

Johanna Eide
Johanna (nee Larsen) Eide, age 100, died October 20, 2006. She was born in rural Frederic, Wis. She was a longtime resident of St. Anthony Park and most recently lived at Lyngblomsten Care Center. She was a member of Rosetown Memorial United 542 of the American Legion Auxiliary.

She was preceded in death by her husband, Carl, son, Charles; two brothers and three sisters. She is survived by her son, David (AnneMarie).

A family memorial service will be held at a later date. The family wishes to especially thank the caregivers in the Lund neighborhood of Lyngblomsten Care Center for their care of and attention to Johanna.

Dorothy Kapitan
Dorothy I. Kapitan, age 87, died October 26, 2006. She lived in Vadnais Heights but was a member of St. Anthony Park OES Chapter #212, Daughters of the Nile and the Order of Amaranth.

She was preceded in death by her husband, "Kap," and is survived by her children, Gwen (Syl) Reed, Bruce (Beverly) Kapitan and Beth (Mike) Cassidy; five grandchildren and two great-grandchildren.

A memorial service was held October 30 at Holcomb-Henry-Boom Funeral Home in Shoreview, with interment at Fort Snelling National Cemetery.

Juanita Nelson
Juanita E. Nelson was born December 28, 1921, in Bentley, N.D., and died October 31, 2006, of natural causes. Juanita was awarded a B.A., M.A. and a teaching certificate from the University of Minnesota. The University of Colorado granted her a doctoral degree in education. She taught recently, she volunteered at her church and at Presbyterian Homes of Roseville.

She was preceded in death by her husband, Allen, and son, Blaine. She is survived by her daughter, Kathy (Bob) Lesfeldt; son, Roger (Kathy); Donna Bernstrom; grandchildren, great-grandchildren and other relatives. Her funeral was held November 11 at Rose Hill Alliance Church, with interment at Fort Snelling National Cemetery.
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Mr. G. owns holds B.S. & M.S. from U of M School of Forestry.
Every grade from kindergarten to college credit courses in Wisconsin, North Dakota and at St. Anthony Park Elementary School. She retired 17 years ago. She enjoyed playing drums for senior centers, playing cards with friends, dining, dancing and traveling. She was named among the 1974 Outstanding Secondary Educators of America. Teaching people how to read was a passion for Juanita. She is loved and missed by many.

She is survived by her sister, Beverly (Ervin) Diehl of Carson, N.D.; her daughter, Laura, son, Myron H. Nelson Jr. of N.D.; her daughter, Laura and many grandchildren; two nephews and many nieces and nephews.

Her funeral service was held November 11 at St. Anthony Park United Methodist Church, with interment at Fort Snelling National Cemetery.

Eunice Peterson

Eunice K. Peterson, age 96, died October 18, 2006. She was born January 2, 1910, and was a lifelong St. Anthony Park resident. Eunice was preceded in death by her husband, Harry J. Peterson, and a sister. She is survived by her children, Janet (Ray) Swinton, Jerry (Beverly) Peterson and Nancy Peterson; two step-great-grandchildren; four nephews; and many great-granddaughters, four nephews and many great-grandnieces and nieces.

Eunice was missed by many. She loved and taught people how to read was a passion for Juanita. She is loved and missed by many.

Survived by her children, Janet (Ray) Swinton, Jerry (Beverly) Peterson and Nancy Peterson; four grandchildren; seven great-grandchildren; two step-great-grandchildren; and a sister.

Her funeral service was held October 24 at St. Anthony Park United Methodist Church, with interment at Samson Memorial Park.

There is no charge for Bugle obituaries. Please alert the Bugle if you know of any obituaries. Send more complete information if you know of any obituaries. St. Anthony Park was a passion for Juanita. She is loved and missed by many.

There is no charge for Bugle obituaries. Please alert the Bugle if you know of any obituaries. Send more complete information if you know of any obituaries. St. Anthony Park was a passion for Juanita. She is loved and missed by many.