

Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 33, Number 1, July 2006

Native American artists demonstrate their craft at Gibbs Museum

by Natalie Zett

"I was raised in the Twin Cities in an era when it wasn't good to be known as a Native American," said Antone LeBeau, a self-taught artist and member of the Cheyenne River Sioux. "When you're up on the reservation, you don't know there's another world out there. You don't see it. Living as a city boy, though, I learned quickly how things were. I guess I got a better understanding of the real inside picture."

Now living in Benson, Minnesota, with his fellow artist and business partner, Mimi Alexander, LeBeau believes in the power of his ancestors' art. His connection to it during his early years helped him walk through his own life's challenges of drugs and alcohol, and now the art of his ancestors serves as his livelihood.

Besides creating jewelry, artifacts, beadwork and quillwork, LeBeau and Alexander spend a great deal of time doing educational demonstrations. On June 11, they traveled to the Gibbs Museum to demonstrate Dakota-style plaited quillwork and Lakota-style lazy stitch beadwork.

"A lot of the work we do is educating the public — what we do and how we use things," said LeBeau. "I've had animal activists come by and comment about my using animal parts. I explain to them that I don't kill these animals. The things I use in my work are a part of our spirituality where we can stay connected with what's left and what's been given to us by the Creator."

LeBeau points out that Native Americans were the world's first recyclers:

Native American Craft to 6



Station owner changes plans for Como-Raymond BP site

by Dave Healy

Ned Wesenberg, who purchased the BP station at Como and Raymond three months ago, has decided not to pursue a zoning change that would have enabled him to add a Subway restaurant at the site.

Wesenberg said he was unable to come to a financial agreement with Subway that would have enabled him to make the necessary changes to the site.

"I continue to have a great relationship with Subway," he said, "but in the end they were not willing to make the kind of deal I would need for the project to be financially viable."

Wesenberg plans to maintain the site as an auto convenience store. He will continue to sell gas, and will remodel the building in order to

expand the convenience store. Current plans call for some new landscaping, but not as extensive as previously conceived.

Wesenberg said he briefly considered going ahead with a zoning change from B2 to TN2, but eventually decided not to pursue another restaurant tenant, making the zoning change unnecessary.

Wesenberg, who also owns Park Service at 2277 Como Ave., said he will not restore the car wash or service bays that formerly operated at the Como-Raymond location. Both of those services are available at Park Service.

He said the BP station will eventually have 24-hour pumps, which Park Service also has.



Photo by Kristal Leebick

The Fromage Heads: Maddy Hickel, Aaron Levin, Tom Stinar, Ian Olesak, Ned Leebick-Stryker and Rachel Hartnett

Helping reduce summer crime

by Nina Axelson

The St. Anthony Park Community Council hosted a Summer Crime Summit on June 13, when a variety of suggestions were discussed for responding to neighborhood crime.

Drag Racing

Residents have reported observing drag racing on Energy Park Drive, Highway 280 and University Avenue. Suggestions:

1. Call 911. Increased calls from the neighborhood will highlight this problem as a priority.

2. Talk to your neighbors. If you are seeing this activity, it is likely your neighbors are too. Encourage them to call 911, or start a phone tree for recognizing and reporting problems.

3. Track incidents. This will help the council in presenting information to authorities.

4. Attend meetings. The council will work with Ward 4 City Council Member Jay Benanav's office to schedule a meeting with neighbors, St. Paul Police and the State Patrol to discuss this problem.

Break-ins

Thefts from garages, autos and homes tend to rise every summer. Residents can take immediate steps to reduce vulnerability to theft.

1. Don't leave objects of

Summer crime to 3

Just imagine: Struttin' your stuff in Knoxville, Tennessee

by Lisa Steinmann

Sometimes the first problem is the hardest: Can we get along well enough to solve the next problem?

That was certainly the case for the Fromage Heads, a group of six fifth-grade students from St. Anthony Park Elementary School who participated in an after-school problem-solving program called Destination Imagination this past year.

When the six first got together in November, they had a hard time. Group member Ned Leebick-Stryker said, "At

the time, we didn't work very well together."

That's a serious roadblock in a program that assigns a challenge to a group of students, who must meet it by using not only academic skills but also their abilities in goal setting, time and budget management, and team building.

The Fromage Heads had the assistance of two volunteer parents, but as team managers their role was peripheral; they were not part of the DI problem-solving process.

The group finally found some harmony when they developed what they call "a special circle order," where each would get a turn to talk about an idea. Over time, they grew to appreciate the different skills and perspectives that each person brought to the group.

Everyone had a role. Ned was the leader, Rachel Hartnett the funny one, Maddy Hickel the creative one, Aaron Levin the artistic one, Ian Olesak the talkative one, Tom Stinar the engineer.

Once the group made it over that first hurdle, their creative energies merged and surged, carrying them to regional and state tournament victories. Then it was off to the University of Tennessee in Knoxville for the DestiNation Imagination global finals held May 24-27.

There were 20,000 people in attendance, including teams from nearly every state and province in North America and several other countries. The Fromage Heads

Destination Imagination to 8

On Thursday, July 13, Park Midway Bank will present revised plans for their new building to the District 12 Community Council. The 7 p.m. informational meeting at the South St. Anthony Rec Center is open to the public.

Vote in this month's Bugle poll at www.parkbugle.org: Should the St. Paul School District fund DestiNation Imagination?

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Como Park

Residents who want to close their street for a block party may request permission from the St. Paul Police Department. Applications must be submitted 60 days before the event.

Rain gardens are being installed on and around Midway Parkway. They are being funded and maintained by the Capitol Region Watershed District. Rain gardens reduce the amount of storm runoff, which helps Como Lake, and ultimately the Mississippi River, stay cleaner. Gardens are designed to infiltrate within 24 hours, alleviating potential mosquito breeding areas.

The District Council Land Use Committee is investigating the viability of relocating Police Department horses to a stable in Como Park.

Falcon Heights

Hamline Avenue street reconstruction, scheduled to begin after the State Fair, actually started in May. Mayor Sue Gehrz told the Falcon Heights City Council that the city had not yet given permission to St. Paul or the construction company to begin the reconstruction. She extended her apologies to businesses and residents in the affected neighborhood, adding that Falcon Heights does not normally handle projects in this manner. Falcon Heights residents can expect a letter from the city

of St. Paul explaining the mix-up. Gehrz asked residents to continue shopping at Hamline Avenue businesses during construction.

Falcon Heights will hold its annual Ice Cream Social at 6 p.m. on Thursday, July 27, at Community Park, Roselawn and Cleveland. The event includes games, crafts, food and musical entertainment by Kidsdance, an interactive DJ service.

The new Falcon Heights city administrator, Justin Miller, started work on June 19.

Lauderdale

The city has changed its animal control ordinance regarding noise nuisance and the definition and management of dangerous dogs. The changes bring Lauderdale's ordinance in line with state statutes and with recent rulings in other cities. The revised ordinance states that a dog that is barking or otherwise making a disturbing noise for five minutes, with no more than a one-minute pause during that time, is a nuisance. An officer can then take action. The full revised statute has been published in the Roseville Review.

The May 9 Walkable Community Workshop, sponsored by Active Living Ramsey County, generated several suggestions for creating more walking paths throughout the city. Many focused on Eustis, south of Larpenteur. Active

Living Ramsey County will be working with the city to explore and implement workshop ideas.

St. Anthony Park

The Community Council passed a resolution opposing an extension of Pierce Butler Road through St. Anthony Park. Specifics of the resolution are as follows:

Whereas District 12 already has three major east-west corridors; and

whereas District 12 is trying to build connections rather than separate the north part of the neighborhood from the south; and

whereas a Pierce Butler extension could remove existing homes and businesses from our community; and

whereas a Pierce Butler extension would add noise and air pollution; and

whereas it is inconsistent with our District Plan;

therefore, the St. Anthony Park Community Council opposes an extension of Pierce Butler westward connecting it with Granary Road.

At its June 28 meeting, the Environment Committee will hear a presentation from Rock-Tenn and Eureka Recycling regarding a plan to use refuse-derived fuel (RDF) at Rock-Tenn's location on University Avenue. The 7 p.m. meeting at the South St. Anthony Rec Center is open to the public.

The Community Council has entered into a good neighbor agreement with Catholic Charities regarding Midway Residence, their new construction on Hersey Street in south St. Anthony Park.

— Susan Conner

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On Wednesday, June 21, a grand opening celebration was held for the new playground at Langford Recreation Center. The \$380,000 project includes new playground equipment and landscaping, and resurfaced tennis and basketball courts.

Summer crime from 1

value in plain view. Consider covering open windows in garages. Place valuables in car trunk before you reach your destination.

2. Lock car doors when you are away. Close garage doors and lock them.

3. Record serial numbers of purchased items to aid in their recovery in the event they are stolen.

4. Talk to your neighbors. They can help you keep an eye out for suspicious activity.

Block Clubs

1. Find out who your block club leader is.

2. If you don't have one, talk to your neighbors and designate a block club leader and connect your block to the council.

3. Create a phone tree to stay connected and quickly alert one another to problems.

4. Communicate. We have the Bugle, Newworker, District 12 Web site and the St. Anthony Park Internet discussion group for staying in touch with each other.

5. Talk to your neighbors about organizing a National Night Out Block Party on August 1, and contact the District Council to get registered.

Remember that crime affects us as a community and can only be solved as a community. Please contact the District 12 office (649-5992) if you have concerns or are interested in becoming a block worker. Crime statistics are posted on our Web site at: www.sapcc.org/crime/statistics.php.

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EDITORIAL

What does it take to be a philanthropist?

The Greek word *philanthropia* has two roots: *philein* ("to love") and *anthros* ("man"). So does loving humankind make one a philanthropist?

Most people would say that philanthropy goes beyond a generalized feeling of good will to one's fellows. Philanthropists, we're likely to insist, are distinguished by their actions. They give something away — usually money or other tangible resources.

Andrew Carnegie, to take a famous example, financed many charitable causes, including libraries. Anyone who's used the St. Anthony Park Library has benefited from his largesse. Carnegie built 2,811 free or subsidized libraries — 1,946 of them in the United States.

Carnegie had a long history with books and libraries. His father helped create the Tradesman's Subscription Library in Scotland. While working for a telegraph company as a young man, Andrew borrowed books from the personal library of the company's owner, Colonel James Anderson.

Carnegie's example suggests that philanthropy involves more than just giving something away. True philanthropy issues from convictions about what's important. Carnegie believed that reading books had

contributed mightily to his success, and he wanted others to have the same opportunity he had.

But while Andrew Carnegie may be perceived as a philanthropist par excellence, it would be wrong to associate philanthropy exclusively with his ilk. For despite the publicity that follows heavy hitters like Carnegie or Bill Gates, one needn't be at the top of the earnings pyramid in order to influence life in the middle or at the bottom.

And public giving, while certainly not to be criticized, is, in the words of the Koran, inferior to anonymous acts of charity: "If you publish your voluntary offerings, that is good; but if you conceal them, and give them to the poor, that is better for you."

Philanthropy ought not be assessed by the size of the gift, but the spirit. That's what Jesus had in mind when he praised a widow who contributed only two small coins to the treasury, telling his disciples that her gift was greater than anyone else's because she gave all that she had.

Thoreau called philanthropists to an even higher standard. In "Walden" he wrote, "If you give money, spend yourself with it." His challenge reminds us that our most important resources are not tangible, that the greatest gift we can give each other is ourselves.

COMMENTARY

by Kristal Leebick

On a Saturday night in May, I sat in an athletic arena at the University of Tennessee in Knoxville and listened to a 3M representative tell some 5,000 kids from all over the world that they are the creative future of our world. They are the thinkers, the problem-solvers, the people who know the value of working as a team.

I was attending the Destination Imagination (DI) global finals as a team manager of kids who won at both the regional and state competitions here and advanced to the international competition.

DI is a program designed to foster creativity and problem solving in elementary- to university-level students. Each year teams of two to seven

students compete in one of five challenges.

The best part about the program is that all the ideas and work are done by kids, not parents or teachers or other adults. Kids learn to think for themselves, do things for themselves and to work as a team.

The six kids I worked with were a dynamic group that had to work hard to come together as a team. They had some raucous times as they learned to respect their teammates' opinions and listen to each other.

St. Paul Public Schools has been involved with DI and its predecessor, Odyssey of the Mind, for years. The school district once sponsored the program, paying for team registration and all competitions. Five years ago, when a sixth-grade team from

St. Anthony Park went to the international competition, the district gave them \$5,000 for registration and travel expenses.

The district stopped paying for this program about two years ago, and St. Anthony Park Elementary's parent-teacher organization, SAPSA, has picked up the costs. This year our school sent six teams to the regional competition and four teams to state. SAPSA paid for that.

When we found out that one of our teams won at the state level and was heading to globals, we were shocked to find the registration was \$500 per team member and team manager. We were the only team from St. Paul or Minneapolis that went to this competition this year.

It's too bad that our school district doesn't sponsor this

program anymore. At our school, any kid who had the time and motivation to participate in this time-consuming and challenging program could. Now, it's another parent-run and parent-paid-for program.

While in Tennessee, we met teams from Anoka and Coon Rapids whose districts sponsored the whole thing. We ran into teachers who were paid stipends to be team managers. We also encountered teams whose districts did not support them. In Wayzata, the program is run through the community education program. Those teams are hand-picked by their team managers.

The danger in not having any district support is that the

Commentary to 5

LETTERS

Thanks Garden Club

A hearty and heartfelt thank-you to all Garden Club members who worked at Langford Park on Saturday, May 27.

In collaboration with St. Paul Environmental Services employee Nate Johnson, they hauled brush and put mulch around newly planted oak, maple and birch trees. In addition, they planted and put

mulch around 12 new pagoda dogwood and high brush cranberry shrubs. All of this in 90-degree heat!

This work is significant because many of the trees in Langford Park are reaching the end of their life span. These young trees belong to the future.

Mulching protects young trees in two ways. First, it provides a ring around the trunk

and prevents the mowing crew from nicking the bark, which hinders proper growth. Second, the mulch maintains soil moisture and allows root systems to develop adequately for a long life.

Removing invasive trees and shrubs was also on the itinerary. In their place, native shrubs were added.

If you are out and about and

see one of these amazing women, please thank them for their stewardship and outstanding effort at beautifying the park.

Thank you, Helen Foster, Verena Larson, Gitte Mohr, Judy Probst and Lori Shuster.

Jenny Offt
St. Anthony Park

Park Bugle

Office: 2190 Como Ave.

Mailing Address

P.O. Box 8126
St. Paul, MN 55108

www.parkbugle.org
phone: 651-646-5369
fax: 651-646-0159

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Editor

Dave Healy
651-646-5369
editor@parkbugle.org

Obituaries Editor

Mary Mergenthal
651-644-1650
mary.mergenthal@comcast.net

Arts Editor

Antonie Young
awol007@hotmail.com

Calendar Editor

Raymond Yates
parkbugle@yahoo.com

Art Director

Stephen D. Parker

Subscriptions and Delivery

Raymond Yates
651-646-5369 ext. 3

Billing

John A. Knutson & Co.

Display Advertising

651-646-5369
Dan Schultz (ext. 1)
Raymond Yates (ext. 2)

Classified Advertising

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The Park Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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CONTEST WINNERS

Visitors to the Bugle's booth at the St. Anthony Park Arts Festival had a chance to enter a drawing by answering questions about neighborhood lore.

Congratulations to the following winners:
Mike Hesano
Joan Knoblauch
Margot Monson
Mary Schreifels

ANNUAL MEETING

Park Press Inc., the nonprofit corporation that publishes the Park Bugle, will hold its annual meeting at 7 a.m. on Monday, July 10, in the lower level of Park Midway Bank, 2265 Como Ave. The public is invited to attend.

CONTRIBUTIONS

Carol M. Pearson
Ann Scott
Diane & Nevin Young

IN-KIND CONTRIBUTIONS

Lisa Adwan, Christine Elsing,
Nancy Healy, proofreading



The June 3 St. Anthony Park Arts Festival, in addition to displays by artists, featured food, musical entertainment and several activities for children, including a petting zoo.

Photos by Christy Myers



Commentary from 4

program becomes one for kids whose families can manage the expense. It becomes a very different kind of program.

Schools in Minneapolis and St. Paul are dropping out of DI. Yet we need programs like this now more than ever.

That's what corporate executives said to the 800-plus teams from all over the world who spent Memorial Day weekend in Knoxville, Tennessee: The future of our global community relies on children who learn to work together, respect each other and think of creative ways to solve problems.

Learning to takes tests well just isn't going to give them the skills they'll need in our more complicated world. As we devote more of our finite education dollars to standardized testing, I find that instead of leaving no child behind, we are leaving a whole lot of children behind.

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Our next planning meeting (all are welcome):
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Native American Craft from I

"When I cut down a tree to use, I will plant two. It's replacing whatever I take from nature and recycling a lot of things. Once I explain this to people, they get a different outlook."

LeBeau is a versatile artist, moving nimbly and skillfully among native artifacts, jewelry, beadwork and apparel. Many of his pieces are a combination of several forms.

He pointed to a breastplate, the center of which is made up of porcupine quills, noting, "I used coyote leg bones and antique trade beads, which can be 100 to 500 years old."

Quillwork is perhaps the oldest form of embroidery used by Native Americans, LeBeau said. Before glass beads were brought to America, Native Americans used porcupine quills to decorate clothing and other items.

Indian quillwork involved softening and dyeing stiff porcupine quills and weaving them onto leather or birch bark. War shirts, medicine bags, moccasins, jewelry and baskets were frequently quilled in the past. Porcupine quills are difficult to work with, and quilled leather is more difficult to take care of than beaded leather.

Most quillworkers switched to beadwork since beading uses many of the same skills as quilling but is less grueling. However, some Native artists are working to maintain traditional quill art today, and LeBeau is one of those.

"I'm not sure how many people are doing it," he said, "The younger kids aren't into this

so much, so there are fewer quillworkers every day. The vests can take up to two years to make."

LeBeau has bags of quills of various colors for his demonstration. "I pick them off roadkill sometimes," he said, "but mostly I buy them from traders." His main suppliers are in Michigan and northern Minnesota.

While LeBeau learned to become a quillworker mainly by reading books, he does have a mentor in Dorothy Brave Eagle, a quillworker who lives in Denver, Colorado. "I would do a piece and she would tell me where it was working and where I needed to do some fine-tuning," he said.

He also specializes in Native American artifacts. "I have some buffalo bones that are thousands of years old," he said. "They were used for ceremonies and in sweat lodges. I've collected them from riverbanks, swamps and suppliers and use them to educate the public. Those are pieces of art that can't be replaced."

LeBeau also makes his own rattles from turtle shells and buffalo hoofs. Once, after fashioning a new rattle, he ran across one of the same design in a book of ancient Indian artifacts. "It made my hair stand on end," he laughed.

LeBeau became a jeweler out of necessity. "I saw that the artifacts weren't moving quite as quickly as the jewelry was," he said. So he hit the books again and learned how to do jewelry.

Working with a variety of stones — agate, turquoise, amber and fossil marble — LeBeau

makes bracelets, earrings and pendants. He cuts the stones himself.

When they're not creating the art and doing demonstrations, LeBeau and Alexander appear at fine art shows.

"We go to a lot of Native American art shows," he said, "but we don't do powwows. At powwows, they sell a lot of cheap, imported stuff, and I can't compete with the price."

LeBeau has won many awards for his work. About the only thing he will not do is a commissioned piece.

He said, "I've never taken commission work because it would take so much away from my art and my personal feelings about it. Then it's like I'm working for someone again. Once I got away from that, I never wanted to work for anyone again in my life."

LeBeau is philosophical about his journey. "Growing up in the Cities and connecting with the Lakota artwork was a way for me to get away from the drugs and alcohol. I consider that I grew up on one side of the tracks, and now I'm on the other side. I'm trying to walk the Red Road now and live the proper lifestyle. When I see the younger kids now I think, OK, they have to learn and experience it. But some will make the transition. I was able to do that through the art, and I hope they will be able to too."

Some of LeBeau's jewelry can be purchased from the Prairie Edge Trading Co. & Galleries Web site: www.prairieedge.com.

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The Birdman of Lauderdale

by Clay Christensen

Next time you have two nickels in your pocket or purse, take them in the palm of your hand and feel their heft. What you have is the weight of the average male house wren, a small brown bird with a great singing voice. Two nickels weigh 10 grams. Add a dime to your hand and you've actually exceeded the weight of a female house wren, which averages 12 grams.

My wife, Jean, had the chance to hold such a little wonder on a Sunday morning just a few weeks ago. We went to see how bird banding is done, and Jean was allowed to release the wren after it was processed.

Ron Refsnider headed a bird banding team at the Carl and Janet Schuneman Wildlife Area, just north of Dellwood in Washington County. Refsnider is one of 3,000 licensed master bird banders in the United States. He's also a U.S. Fish and Wildlife Service staffer, specializing in endangered species, including the gray wolf.

Birds are captured in mist nets, 12 meters long by three meters high, which are designed to hang with loose pockets across the length. Refsnider's crew of 11 volunteers had 16 nets set up throughout the wildlife area that morning.

When a bird flies into the net, it drops into the pocket. The banding team then gently untangles the bird, puts it into a small cloth sack that looks like a miniature pillowcase and ties the top shut.

The "bagged" birds are brought to the banding station, a picnic shelter, where Refsnider has set up his equipment and logs. There a volunteer carefully removes the bird from the cloth bag and transfers it to a zippered mesh bag before weighing it.

Based on the species, Refsnider selects the appropriate leg band from a set of 22 band sizes. He reads the number embossed on the band so the volunteer can enter that number on the log sheet.

After the weigh-in, Refsnider takes the bird and, using special pliers, first spreads the selected band open, then puts it around the bird's leg and gently closes the band, without putting pressure on the leg itself.

Then, while he has the bird in hand, Refsnider examines and measures the bird, dictating the information to the volunteer maintaining the log. He measures wing and tail length. Wing length alone is useful in determining the sex in some species.

He also holds the bird's belly up and gently puffs to raise the feathers on the bird's underside. This allows him to examine several things.

First is the amount of fat

stored on the chest, which can give a clue to the bird's migratory status. If a bird retains a great deal of fat, it probably hasn't completed migration and will be taking off for points north as soon as it gets an evening with a favorable wind. A bird with little or no fat reserve has either completed its migration or just arrived, and will take a day or two to replenish its fat stores before continuing its migration.

Examining the chest also shows whether there is a "brood patch," a patch of skin where the blood supply lies close to the surface. This indicates a female bird that has been sitting on eggs, warming them with her chest.

An examination just below the belly can also reveal the bird's sex. Males have what is called a cloacal protuberance, evident only during breeding season.

Refsnider looks at feather wear and color. Older, unmolted feathers are faded and lighter than newly replaced ones, which is another clue to the bird's age.

All of these facts and statistics are entered next to the band number on the log page by the volunteer seated next to Refsnider. When all the measurements and assessments are completed, Refsnider releases the bird or may hand it to another person to release.

The bird is turned right side up in one hand, with the other hand gently over the top, as the handler steps away from the banding table into a clear area. When the upper hand is removed, the bird flies away, usually to a nearby tree, where it spends a few moments realigning its feathers before heading off to continue its day. The entire process from weighing to release usually takes five to ten minutes.

The house wren that Jean

released had been banded last year and had been caught twice already that morning. Refsnider supposed that the wren was feeding nestlings and the mist net was right on its route between nest and food source.

Refsnider does bird banding year-round at Elm Creek Park Reserve in western Hennepin County, Springbrook Nature Center in Fridley and in his back yard. He's at Schuneman Marsh twice a year or so. All of his bird banding is done on a volunteer basis.

Refsnider says he's especially interested in winter bird-banding because it can reveal details about site fidelity, that is, how often birds return to the same sites in the winter. But he can't use mist nets in winter and has to resort to live traps, near feeders or other food sources.

Banding birds is useful in research and management projects. It helps scientists study migration patterns, habitat preferences, breeding sites, behavior, social structure, disease and toxicology, lifespan, survival rate, reproduction success and population growth. The federal government uses banding data collected from waterfowl to help determine hunting limits for different species.

The first bird bander in America is generally agreed to be John James Audubon, who in 1883 tied silver cords around the legs of phoebe nestlings in Philadelphia to see if they'd return to the same place next year. Several of them did.

Perhaps the next time you have a few coins in your hand, you'll think about how delicate those little birds around us really are. And if you happen to see a phoebe with a silver cord around its leg . . .

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4-H News by Kristina Abbas

In June we had our Pie and Ice Cream Social. We sold almost all of the pies. Thanks to everyone who came to the social I also think everyone enjoyed the Community Band's wonderful music. I hope everyone had a great time.

The County Fair is coming up July 12-16. Lots of 4-Hers will enter their terrariums, which they made during the April meeting. Others will enter paintings they made in art class, or projects about their pet or first-aid kits. Hope to see you there!

Destination Imagination from 1

were among the youngest participants.

The DI program at St. Anthony Park Elementary starts in fourth grade. In other communities DI includes students from kindergarten to college.

For the Fromage Heads, this was their last chance to perfect and present the skit they had been working on for months. In addition to performing, the team got to meet and trade DI pins with other participants from around the world.

DI participants choose one of six challenges. The Fromage Heads selected "How'd tHat Happen?" This category involves creating a skit that takes place in another country, including a bizarre event that must be portrayed through manipulation of props, and a hat that transforms a character.

The team brainstormed in their typically boisterous but eventually effective way. Based on Ian's trip last summer to Paris, as well as the team's technical abilities and interests in fine arts, their skit took its inspiration from famous works of art in the Louvre Museum in Paris.

The judges were impressed. The Fromage Heads won fourth place in a field of 74 competitors at Knoxville, and they also brought home a Renaissance Award, given for outstanding skill in engineering, design or performance.

It's ironic that this group of young and noisy personalities won the hearts of the competition appraisers with their silence. Not

a word was spoken from their entrance to their exit on stage. The story was told in the style of a silent film.

Thanks to a system of hinges and pulleys, the audience watched as Leonardo da Vinci's "Mona Lisa" merged with the famous headless statue of the Greek goddess Nike, also known as the Winged Victory. The "Winged Lisa" journeyed through Paris to music provided by keyboard, clarinet and trumpet while placards helped narrate the adventure. Wearing a magical Disneyland Paris hat made of papier-mâché, she met and fell in love with Charlie Chaplin. Alas, in the end the fantasy creature was forced to return to the museum.

In addition to the challenge of creating their skit, the team had a financial task. They scheduled extra performances and made special appearances to raise money to travel to Knoxville. Thanks to generous support from individuals and businesses in the St. Anthony Park community, the team raised \$3,000.

The students also gave credit to the parents, Kristal Leebrick and Seth Levin, who volunteered their time as team managers. Ned said, "Without them, we would've lost."

Reflecting on the past year, Aaron remarked, "DI is really worth it, every single second... except maybe five."

The whole team seems to agree. They are all looking forward to another effort next year.

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No bones about it

by Kristi Curry Rogers

This month's column is dedicated, once again, to my favorite dinosaurs, the long-necked sauropods. You must be wondering how it's possible for there to be this much dino news related to those behemoths.

The crazy thing is, even though the sauropods were the largest animals ever to live on land, we still have lots to learn about all aspects of their biology, and every new sauropod discovery yields amazing and often ground-shaking new data.

The biggest dino news during June came in the form of a brand-new sauropod from Germany called Europasaurus (since it was discovered in Europe). Usually when we think of sauropods we think of "thunder lizards," "ground-shakers" and "giants."

Europasaurus is unique because of its small size. When fully grown, Europasaurus would have been around 20 feet long from head to tail, and weighed in at only a ton. For comparison, a typical African elephant can be up to 13 feet long and weigh about seven tons.

Most sauropods are much bigger. Apatosaurus, for example, may have been up to 70 feet long as an adult and weighed in at over 25 tons. That's more than three elephants!

Lots of questions pop up when we begin to think about little sauropods. First, are the fossils that were found in Germany of full-grown, or still growing, dinos? If they're of adults, what changes in their growth patterns allowed them to stay small while other sauropods lived large? And what might have prompted the evolution of small size?

My colleague, Martin Sander, is a professor at the University of Bonn. The two of us have lots of intersecting research interests, including the growth rates and lifestyles of the largest dinos ever.

Martin and his colleagues took thin slices of Europasaurus leg bones and polished them until they were thin enough to see through under a microscope.

When Martin looked at the bones of the biggest of these sauropods, he saw patterns of bone mineral that confirmed his hypothesis that these little dinosaurs were already grown-ups.

He then compared these patterns to those of other large-bodied sauropods. He thinks the differences reflect an overall slower growth rate in Europasaurus. In other words, Europasaurus is a dinosaur dwarf, and it got that way by

slowing down its growth rate, not by shortening the length of time it grew.

Martin and his colleagues next tackled the question of what might have reversed the trend toward big in this group of sauropods. To answer it, they looked to the geological history of the rocks that preserved Europasaurus.

About 150 million years ago, Europasaurus lived on a "paleo-island" in what is now Germany. The biggest island in the shallow Tethys Sea was only around 200,000 km².

That's about half the size of modern-day Madagascar (587,041 km²) and isn't a very big place for huge sauropods to live.

Resources were probably limited, and smaller body size might have been advantageous.

Martin thinks the pressures of living life in a small, restricted habitat might have prompted the "dwarfing" of dinosaurs living on these islands.

You can hear more about this story on National Public Radio's Thursday, June 8, archive of "All Things Considered," and hear Martin and me commenting on the significance of this new find.

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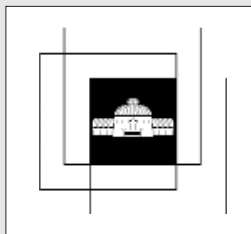
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My baby wrote me a letter:

"She's real fine my 409"

by Clay Christensen

Imagine a 1962 Ford stock car racing out the front of the post office building at 2286 Como Ave. It could, if the doors were wider. There's still a curb cut in front of the building that testifies to its earlier history.

The building was built in 1950 and housed the Phillips Garage, an auto repair business. It had large wooden doors that folded back on each side to admit vehicles. As one drove through the doorway, there was an office to the right, with work bays to the left and extending to the back of the building.

In 1960, H.L. "Buzz" McCann bought the building, moving his Statewide Engine Builders there from University Avenue. He and his crew of five employees rebuilt engines for the trucking industry. McCann himself built and perfected his race cars there, including the aforementioned '62 Ford.

McCann and some of his friends raced their cars just a few blocks away at the Minnesota State Fairgrounds race track. They'd work on their cars in McCann's building, then drive out the front doors and down Como Avenue, turning left on Commonwealth and straight through to the Fairgrounds. The trip through the neighborhood gave the motors time to warm up before the race.

McCann still holds the track record for dirt racing at the State Fair. No one beat him before they paved the track with asphalt, so his record stands.

After a fire gutted the building in the late 1960s, McCann moved his business to Territorial Road. The U.S. Postal Service was interested in the site, so McCann rebuilt it to their specifications, using prestressed concrete. His wife, Lorraine, says they used concrete to reduce the chance of another fire.

In 1970, the USPS moved in.

Tim Hanschen is the manager of the Roseville Post Office, which has

jurisdiction over the Como Avenue branch. He says that although it's a small building, it's great for a walk-up window operation and does good business. He says he gets positive feedback from customers about the staff.

"It's like a little Mayberry over there," Hanschen says, adding that if the USPS ever tried to close that office, he thinks they'd have a riot on their hands.

The USPS leases the entire building and used to house its vehicles in the back part of the building. Now those vehicles have moved to the Roseville site. The McCanns still own the building, and the USPS just signed a five-year lease, so they'll be in the building for the foreseeable future.



Photo by Sabra Waldfoegel

St. Anthony Park Library — an architectural gem

Reason for community pride

by Sabra Waldfoegel

The Carnegie libraries, built between 1900 and 1920, are some of the loveliest buildings in the United States. Built as a testament to the power of learning, their comfortable spaces encourage reading and dreaming. They are also touchstones for community pride and community involvement. St. Anthony Park's library is a Carnegie library to the core.

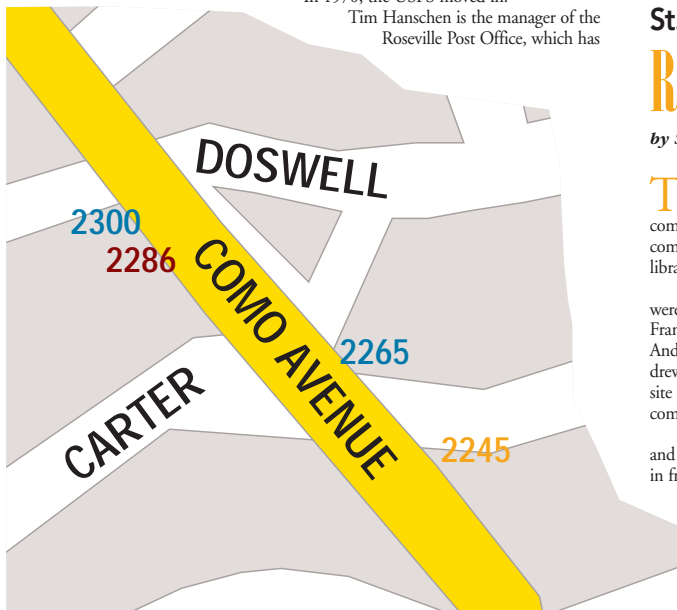
St. Anthony Park was always a "bookish" neighborhood, and as early as 1905 people were relying on the book-lending services of Fiesler's Drug Store and, later, Wallace and Franke's Grocery. By 1914 the community wanted its own library. They appealed to Andrew Carnegie for a \$25,000 building grant. Charles Hausler, St. Paul's city architect, drew up plans in 1915. Despite delays in submitting the plans, legal wrangling over the site and a budget shortfall that changed the building's exterior detail, construction was completed in 1917.

Hausler designed a stately building in the Beaux Arts style, with a sweeping entrance and large arched windows. He set the building at an angle and planned for green space in front. Architect Phil Broussard, who designed the library's 2000 addition, calls the siting "the nicest in the Twin Cities."

The library rapidly became a place for informal gathering and formal civic involvement. Children were among the library's most frequent patrons.

"Historically," Broussard said, "kids were one of the main reasons for the library. In the 1930s they would sit in the library doing homework."

In endowing libraries, Carnegie funded the building but not the budget for



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The Bugle continues its series profiling businesses along Como Avenue in St. Anthony Park. The area is part of a recent retail survey conducted by the St. Anthony Park Foundation, and it is the subject of a small area plan recently begun by the District 12 Community Council. This series will continue through the summer.

books or maintenance. To assist in that effort, community members formed the St. Anthony Park Library Association in 1934. That group raised money for the library through book drives and events — activities it would continue throughout the century.

The early 1950s saw the creation of the Community Interest Center, a neighborhood program for the arts, which used the library's space. Other community organizations, including the PTA and the Camp Fire Girls, met in the library. The late 1950s also saw the library's first update according to the taste of the day. The ceiling was lowered, fluorescent lights were added and the walls were painted spruce green.

By the 1980s, Carnegie libraries all over the country, many of them "octogenarians," were showing their age. Faced with expensive renovation, many communities decided to demolish their Carnegie buildings. In St. Anthony Park, the community preferred to preserve its architectural gem.

In 1987, the building was renovated again. Leaks were fixed, windows were upgraded and the dropped ceiling from the 1950s came out. Broussard said, "When the 1950s ceiling came down, people could experience something close to the original."

As use increased, the library's 1915 design became increasingly out of kilter with late 20th-century needs. By 1995 the children's area was so crowded that patrons had to take turns at the shelves finding books. Also, the building needed an accessible entrance.

The remodeling of 1996–2000, like the building's original construction, was a combination of financial and legal difficulties and community involvement. The city architect's office, thinking the building's redesign was a simple matter, proposed a garage and an elevator, at a budget of a little over \$300,000.

The Library Association assembled a design team and came back with a counter-proposal for an addition that included a children's space as well as accessibility and

storage. The city accepted the new plan but said they could not provide full funding.

The proposal called for a 1,520-square-foot addition for children's materials, an elevator, a large mechanical and storage room, and a new circulation desk, cabinets and bathrooms. The Library Association began a fund drive to augment city funding.

Construction began in 1998, but there were problems. The first contractor had to be replaced. Because of legal and construction delays, the library was closed for nine months. The biggest sticking point was the addition's exterior detail. A second contractor finished the project, and the library reopened in April of 2000.

Broussard designed the addition to complement the original without provoking comparisons to it. "The old building was a beautiful example and didn't need a thing aesthetically," he said. "It was a challenge to make the addition fit as comfortably as possible. The round shape reduced the penchant for comparison."

He said the biggest compliment for his design is that most library patrons "don't feel different about the building. They still see it as the old building."

The circular shape means that materials can be arranged by the age and size of the children. "For the youngest kids, everything is down low," Broussard said. "The parents stay with the kids and read to them."

Following the curve of the circle brings one to materials for older children. The room also has space for computers and seating, and it's visible from the circulation desk, which, Broussard says, "gives a sense of presence and security."

Carnegie's vision and Hausler's design are undisturbed in the remodeled library. People still sit, read and dream, but they also use the computer. The old building is a lovely space from a previous era that is still useful in a contemporary way.

Banking on the future:

The fourth move is a charm

by Judy Woodward

If the groundbreaking goes ahead as scheduled this fall on a new bank at the corner of Doswell Street and Como Avenue, that will make the fourth time Park Midway Bank has found itself a new home in St. Anthony Park.

The history of the bank is intertwined with the history of the community it has served for 90 years. The buildings that have housed the bank during that time form a portrait gallery of banking architecture over the course of the last hundred years.

Most bank customers probably don't spend much time reflecting on the design of the place where they keep their money, but if they stopped to think about it, they'd probably want their banks to resemble the investments the bankers handle — solid, conservative and, above all, safe. The Park Bank buildings have been doing their best to project fiduciary reliability since 1916, when Andrew Boss joined with six other prominent residents of the neighborhood to establish a bank with capital reserves of \$30,000.

The first location for the bank was in a small office at the back of the building now occupied by the Finnish Bistro at the Como-Carter intersection. By the next year, the bank had built its own building at 2250 Como Ave., where the Children's Home Society and Family Services offices now stand. Old photos show elaborate hexagonal-tiled floors and the sort of barred tellers' cages that were meant to be impregnable and looked it.

With its arched windows and brick facade, the original bank building mirrored the St. Anthony Park Library across Como Avenue, and that was by intention. Both buildings were designed by architect Charles Hausler and both were completed in 1917.

Current St. Anthony Park resident Andy Boss, 74, remembers that early bank as the backdrop to family gatherings throughout the 1930s and '40s. His grandfather and namesake was the bank president, and many of his relatives owned shares. "I remember



Photo courtesy of Park Midway Bank

going to the bank for special events," he says. "My memories were affected by the pictures that were taken."

There are no photos commemorating one particular event from Boss' childhood, but the memory of it is etched in family lore nonetheless. Boss says, "My grandfather was president of the Bank Board in 1937, and he convened a meeting of the shareholders. It was mostly a question of 'could the bank survive?'"

It was the depths of the Great Depression, and without the guarantees of federal deposit insurance, small, community-owned banks like the St. Anthony Park State Bank, as it was known in those days, were collapsing with ominous regularity, wiping out the life savings of all those who had trusted in them.

Boss remembers that the meeting was so large it had to be held at a hall on the U of M's St. Paul campus. When picturing the mood of that tense and dramatic convocation, he finds himself reaching for comparisons with the era's classic Hollywood tale of heroic small-town banking. "It's a Wonderful Life."

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Banking on the future from 12

"Jimmy Stewart was leading the charge" is the way he puts it. Just as in a Frank Capra film, the decency and loyalty of ordinary citizens carried the day. The community rallied and saved the bank by pledging collectively to put up more capital.

"There was never a run on the bank," Boss recalls. "It was the people's confidence that saved the bank."

Thirty-five years later, Boss had a different perspective on the bank. He had just become president. The date 1917 was still engraved over the front door, but inside it was 1971, and the bank was suffering growing pains.

In order to accommodate the public's demand for the new fashion in banking from the driver's seat, the bank had been forced to lease 10 feet of land from the Children's Home Society next door to build a driveway to its two drive-up windows.

Boss remembers this as the "craziest drive-in" banking system imaginable, so when an opportunity arose to acquire more land barely a block away, the bank didn't hesitate.

The lot on the corner of Como and Doswell had been occupied by the Hopkins gas station as far back as 1939. By the early 1970s the current owners were looking forward to retirement and hoping to sell.

It was a perfect chance for the bank to acquire more space, and Boss knew just the architect that he wanted to trust with the job of transforming the space

from a filling station to a drive-in branch bank.

"I asked Joe Michels to design it because I wanted to have an attractive facility," he says.

Local resident Michels had designed many residential buildings in St. Anthony Park, but this was to be one of his first commercial structures. The building, which eventually won a Minnesota Society of Architects Award, opened in 1974.

The original bank building at 2250 Como had been remodeled and expanded once before in the mid-1950s, but by the mid-'80s, it had outlived its usefulness. A group of investors that included Boss began to eye an attractive site across the street at 2265 Como Ave.

The first building erected there had been a foursquare brick school that opened in 1906. Bethel Academy, the forerunner of the modern day Bethel University in Roseville, was established by Swedish Baptists to educate immigrant youth.

When the school expanded, the site was taken over by the St. Paul Mutual Insurance Co. By the mid-1980s, the H.B. Fuller Co. was running a research laboratory there.

As a lab facility, the site was somewhat outmoded, but as the future home of the growing St. Anthony Park Bank, it had renewed potential.

The original bank headquarters was replaced by the Children's Home Society, and the bank moved into its new quarters in 1986.

Twenty years later, the bank, led by current president Rick Beeson, has decided that changing times once more dictate new construction. The bank has affiliated with several other local banks, changing its name in the process to Park Midway Bank.

Boss and the other owners of the current headquarters building at 2265 Como no longer have a financial stake in the bank. "Our relationship with the building became arms-length when Andy sold the bank," says Beeson.

Plans call for bank operations to be consolidated and the number of employees in St. Anthony Park to be reduced from 46 to 25. Beeson does not anticipate renewing the bank's lease at 2265 Como when it ends in November 2007.

Instead, Beeson intends to replace the 1974 drive-in bank with a new, much larger facility. It's a development that has attracted opposition among some local residents, including, not surprisingly, Michels himself.

Michels says that previous modifications have so altered his original architectural vision that "Maybe it's better to put it out of its misery, but I don't want to be around the day the bulldozers come to knock it down."

He adds, "New Orleans had Hurricane Katrina, and St. Anthony Park now has unfortunate but unavoidable destructive forces."

Beeson hopes to allay neighborhood concerns with a revised design plan to be released later this month. "Just as our predecessors saw the need to create new spaces for the bank," he says, "we're excited about the next generation of bank building."

Pointing out that the bank has more than quadrupled its assets since he was hired in 1988, Beeson adds, "We're planning to be here for many decades. I'm optimistic about the future of the community."



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Churches

Peace Lutheran Church in Lauderdale will hold its third annual **Christmas in July** on Friday and Saturday, July 28 and 29. Church members help homeowners with repair or remodeling projects. The labor is free, and through the contributions of businesses and individuals, a portion of the cost for materials may also be paid for.

To donate money or materials, to volunteer your time or to request renovations/repair, call Jeff Nelson at 633-2458. Possible projects include painting, carpentry, roofing, fence repair, landscaping, etc.

Falcon Heights United Church of Christ recently dedicated a memorial garden in honor of Sue Reitan, a longtime member who died in December 2005.

The garden, located around the church sign at Gordon and Holton avenues, includes balloon flower, ligularia, purple dome aster, globe thistle and lychnis. It was planted by church members Sue Nelson and Marge Zimmer of Falcon Heights, with assistance from Peggy Hall.

Reitan, who worked in education and government, spent much of her retirement volunteering for the Roseville and Falcon Heights Boy Scouts and for Brimhall and Falcon Heights elementary schools. Herself a gardener, Reitan often helped tend the church grounds.

North Como Presbyterian Church is hosting a series of public issue forums that are open to anyone with an interest in the topics. Forums are from 6:30 to 8 p.m. on Sunday evenings at the church, 965 Larpenteur Ave.

July 9: Health Care Access. Facilitated by Dr. David Moseman.

August 6: Peacemaking in the Middle East through Education. Presented by Dr. Earl Schwartz, Hamline University.

September 17: Faith, Politics and Poverty. Presented by Brian Rusche, executive director of the Joint Religious Legislative Coalition.

October 22: Global Warming — What's Cooking? Presented by Mark Rust, Minnesota Office of Environmental Assistance.

For more information, visit www.northcomochurch.org or call 488-5581.

Self-Defense for Women

Running Tiger Shaolin Kenpo will host a workshop on self-defense for women on Saturday, July 15 from noon to 4 p.m. Workshop leaders are Robyn Linggen, first-degree black belt, and David Meyer, fourth-degree black belt.

Cost of the workshop is \$49.

It will be held at Running Tiger Studio, 783 Raymond Ave. For more information, contact David Meyer (runningtiger@comcast.net; 247-6602) or visit www.runningtiger.com.

Garden Tour

The **Prospect Park Garden Walk** will be held Saturday, July 15, from 10 a.m. to 3 p.m. In case of rain, the event will be Sunday, July 16.

This free, self-guided walking tour of neighborhood gardens is sponsored by the Prospect Park Garden Club. Maps will be available three days before the event at Schneider Drug, Cupcake and Signature Café.

Youth Commission

In January, St. Paul Mayor Chris Coleman launched the **Second Shift Initiative** to improve after-school learning and enrichment opportunities for St. Paul students.

The mayor's office is currently recruiting high school students to serve on a citywide youth commission that will make policy recommendations regarding after-school learning opportunities.

Interested high school students may contact Kari Denissen of the Community Education Youth Program: kari.denissen@ci.stpaul.mn.us or 325-2687.

Excellence Award

Episcopal Homes received a Walter & Lydia Deubener Award at the 25th Annual Small Business Awards of Excellence luncheon hosted by the St. Paul Area Chamber of Commerce on May 19.

Episcopal Homes is a faith-based nonprofit that operates a continuing care campus at University and Fairview avenues.

This summer, construction will begin on two new projects: a \$6.2 million improvement of their Midway campus, and a HUD 202 residence for low-income adults age 62+, Carty Heights, which will be located at University and Lexington avenues.

People

Luther Seminary has appointed **Rev. Dr. John Martin Mann** as seminary pastor. He currently serves as senior pastor at Trinity Lutheran Church in Canton, Ohio. He will begin his new duties in August.

Mann is a graduate of Clarion State College in Clarion, Pennsylvania. He earned Master of Divinity and Master of Theology degrees from Duke Divinity School, and a Doctor of Ministry degree from the Ohio Theological Consortium and Hama Divinity School.

He is the founding president of UrbanArk Inc., an organization that provides food, clothing and shelter for the urban poor.

**THE FOURTH IN THE PARK**

8:30 a.m.

LANGFORD PARK DISTANCE RACES

Registration 8:30 at the Recreation Building (small registration fee). Races start at 9:00. 4 miles: Divisions for men, women, and masters (40 and over). 2 miles: Joggers and juniors (15 and younger).

10:30 a.m.

GRAND PARADE ASSEMBLES

Children's bikes, trikes, wagons, etc. assemble at Park Station. Bands, vehicles and marching units assemble on Luther Place. Get your free American Flag!

11:00 a.m.

GRAND PARADE BEGINS

Proceeds from Luther Place and down Como Avenue to Langford Park. Parade includes color guard, neighborhood units, bands, floats, VIP's, music, kids and much more!

12:00 noon

REFRESHMENT STAND OPENS

Get your hotdogs, pop and ice cream by the tennis courts! Sponsored by the Langford Park Booster Club.

HORSESHOE TOURNAMENT

Registration from 12:00 to 1:00. Pre-register by calling 651-298-5765. Doubles tournament begins at 1:00.

VOLLEYBALL TOURNAMENT

Registration from 12:00 to 1:00. Pre-register by calling 651-298-5765. Tournament begins at 1:00. Two tournaments include a power tournament and a recreational tournament. Sign up individually or as a team.

TENNIS TOURNAMENT

Registration from 12:00 to 1:00. Pre-register by calling 651-298-5765. Tournament begins at 1:00. Parent-Child doubles tournament. 12 and under, 13 and over.

1:00 – 4:00 p.m.

PONY RIDES

1:00 – 6:00 p.m.

LOCAL MUSICAL TALENT AT THE BANDSTAND

2:30 – 4:00 p.m.

CHILDREN'S RACES AND CONTESTS

Events for kids of all ages. Ribbons for all participants. Family events, too!

4:00 p.m.

DOOR PRIZES

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Early evening

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Call Mary Joat 651-642-9052 or email sapbnp@bitstream.net for more information



Aging Gracefully by Mary Jo Tarasor

There is no doubt that electronic communication has made our lives easier in many ways. Whether this constitutes an improvement is another question entirely.

We are all grateful for the machines that make it possible for us to view news from all over the globe, send e-mail messages to loved ones far away and get emergency telephone messages even when we are out grocery shopping. But how many of us find ourselves mindlessly channel surfing in front of the television set or hooked on Internet communication?

What happens when we begin to think of the characters in a soap opera as we do family members, or feel that when we miss our regular morning TV or radio talk show we've somehow lost touch with a true friend?

Rituals have always been part of human life. Repeating activities over and over because they have symbolic meaning is part of what makes us human beings.

As cultural rituals developed over millennia have been abandoned, those in the profit-driven communications industry have been all too ready to hand us synthetic replacements for them. Older adults who have outlived many of their friends and relatives are especially

susceptible to their sales pitches.

These same companies have spent millions of dollars researching what will make people watch their show or log on to their Web site, so it should come as no surprise that many people begin to live lives almost entirely within the confines of their virtual world.

Education and privilege are no guard against this addiction. Those who are more affluent can afford more sophisticated toys as well as the education to learn how to use them.

But the meaninglessness at the core of many virtual rituals is profound. The more time and energy we spend on these activities (more accurately inactivities), the more real they become to us. They soothe us and lull our fears about the rapidity of change and the level of uncertainty in this world.

We can depend on these electronic companions not to deviate or challenge us in the way a real person or activity would. We can also cut off the "relationship" whenever we want to without any explanation, just by severing the connection.

This rut becomes a place in which we feel safe. Especially for those of us who suffer physical limitations, we can come up with all kinds of excuses not to do much of anything else.

If you're thinking "I know someone like that, but it isn't me," here's a way to find out how dependent you are on virtual rituals.

Challenge yourself this summer. For one week, turn off your television. Use the Internet for essentials only, such as paying bills. When you're tempted to log on to a chat room, call an old friend you've lost touch with or take a walk. Turn off the car radio or Walkman or iPod and sing or hum an oldie or an operatic aria as you motor or walk along.

Look for ways to create rituals with real meaning in your life. Volunteer with youth, plant a garden in memory of an old friend, start a book club with others who don't want to limit themselves to virtual reality.

Human beings are social animals, and we wither spiritually without the society of others we care about. Overreliance on virtual relationships maintained through electronic media can only hasten our spiritual demise.

The St. Anthony Park Block Nurse Program offers services to older adults and those who care for them. Aging Gracefully is one way we communicate with our community. We welcome ideas and feedback for this column at 642-9052 or sapbnp@bitstream.net.



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WORDWISSE

Readings

Saturday, July 22, 3 p.m.
Micawber's. Liz Winstadt ("Final American").

Groups

Wednesday, July 5, 6:30 p.m.
St. Anthony Park Library.
St. Anthony Park Writers Group.
All welcome.

Wednesday, July 12, 7 p.m.
St. Anthony Park Library Book Club. Carla Foley will lead a discussion of "Extremely Loud and Incredibly Close," by Jonathan Safran Foer. All welcome.

The Probers' Book Group is on break until September 11, when the book under discussion will be "Collapse: How Societies Choose to Fail or Succeed," by Jared Diamond (Prologue and Part One). All welcome.

Library Events

A summer journaling workshop for girls ages 9-14 continues in July. The workshop is led by Shelley Swanson Sateren, children's and young adult author. It meets on Tuesdays from 11 a.m. to noon on July 11 and 25, and August 8 and 22. The workshop is free but

reservations are appreciated. Call 642-0411.

The 2006 Summer Reading Program "Catch the Beat at Your Library" continues in July. Participants who read 10 books receive a free paperback book of their choice. After reading additional books, children will receive a free book bag.

Teens have their own Summer Reading Program. They can set their own reading goal and will receive a free paperback book after reaching it.

The Summer Reading Program includes Wednesday performances at 10:30 a.m. and 2 p.m. July 5, Dana Gasch (puppeteer) July 12, The Laras (Latin folk music)

July 19, Dakota Wild Animals July 26, Bob Tschida (music)

People

Falcon Heights resident Becky Omdahl, a professor in Metropolitan State University's Communication, Writing and the Arts Department, has co-edited a recently published book titled "Problematic Relationships in the Workplace."

Omdahl and her colleague, Janie Harden Fritz of Duquesne University, wanted to publish an

exploration of workplace relationships that would be based on empirical data. More than 1,000 people participated in interviews or completed questionnaires for the book.

Omdahl either wrote or co-wrote four of the book's chapters, including one on stress. The volume also includes contributions from 13 other scholars.

Omdahl observed a strong correlation between difficult workplace relationships and burnout, anxiety, stress, depression, reduced job commitment and increased cynicism.

"If employees are unhappy, frustrated or cynical, they aren't as motivated and focused on their job," Omdahl said. "So that leads indirectly to less productivity."

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July 2, 6pm

Real Book Jazz
July 3, 7:45pm

John Mischke
July 7, 8pm

Real Book Jazz
July 10, 7:45pm

Bill Cagley's Roots Music
July 13, 7pm

The Pickin' Parlor
July 14, 8pm

Sendero Flamenco
July 15, 8pm

Open mic with Bill Hammond
July 16, 6pm

Real Book Jazz
July 17, 7:45pm

Brian Muller
July 21, 8pm

Lost in the Grass
July 22, 8pm

Real Book Jazz
July 24, 7:45pm

Bill Cagley's Roots Music
July 27, 7pm

Feigning Interest Blues Band
July 28, 8pm

Heritage
July 29 8pm

Ginkgo Coffeehouse
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Lindsay Mac
July 6, 7:30pm

Fruit
July 13, 7:30pm

Peter Mulvey
July 20, 7:30pm

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July Calendar

1 Saturday

• Nocturnal Bowling (612-625-5246), 10:30 A.M. - 5 P.M. at the Copher Spot, St. Paul Student Center, 2017 Buford Ave., St. Paul Campus. Every Saturday.

3 Monday

• AA, St. Anthony Park Lutheran Church (644-0809), 8 P.M. Every Monday.

• Como Park recycling. Every Monday.

4 Tuesday

• July 4th Celebration at Langford Park Rec Center, 8 A.M. to 9 P.M. Distance races; Grand Parade; Horseshoe, volleyball and tennis tournament; pony rides; local Musical talent; children races; door prizes; dance music. Register ahead of time for the tournaments: 298-5765.

• St. Paul Farmer's Market, Twin City Co-ops Federal Credit Union parking lot (2025 Larpenteur Ave W. in Falcon Heights) is open every Tuesday morning from 7:30 A.M. to noon through October.

• Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 A.M.-12 Noon. Every Tuesday.

• Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 A.M. Every Tuesday.

• Chair Exercise Classes, Seal Hi-Rise, 825 Seal St. every Tuesday and Thursday at 12:30 P.M. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.

5 Wednesday

• Puppeter Dianne Gasch, 10:30 A.M. and 2 P.M., St. Anthony Park Library.

• Women's Connection, a women's networking organization (603-0954), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 A.M. Every Wednesday.

• Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 A.M.-1 P.M. Lunch reservations by Monday. Every Wednesday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11 A.M. to noon.

• Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal Hi-Rise (825 Seal St.), 1-2 P.M.

• St. Anthony Park recycling. Every Wednesday.

• Free in-store wine sampling at The Little Wine Shoppe, 2236 Carter Ave. Stop by anytime between 4:30 and 7:30. Must be 21 years of age or older to attend. All featured wines are 10% off during the tasting.

6 Thursday

• Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 A.M.-noon. Every Thursday.

• Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 A.M.-12:30 P.M. Every Thursday.

• Chair Exercise Classes, Seal Hi-Rise, 825 Seal St. every Tuesday and Thursday at 12:30 P.M. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.

• St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 890 Cromwell, 6 P.M.

7 Friday

• Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 A.M. Every Friday.

8 Saturday

• Falcon Heights recycling.

10 Monday

• Park Press, Inc., Park Bugle Board annual meeting, St. Anthony Park Bank community room, 7 A.M.

• Join the Falconers for 500 and cribbage at 1 P.M. at Falcon Heights City Hall.

• Lauderdale recycling.

11 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 P.M.

12 Wednesday

• The Laras (Latin folk music), 10:30 A.M. and 2 P.M., St. Anthony Park Library.

• Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 P.M.

13 Thursday

• Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7 P.M.

15 Saturday

• Prospect Park Garden Walk, 10 A.M.-3 P.M.

18 Tuesday

• District 10 board meeting. Call 644-3889 for details.

19 Wednesday 24 Monday

• Dakota Wild Animals, 10:30 A.M. and 2 P.M., St. Anthony Park Library.

• Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 A.M.-1 P.M. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays, 11 A.M. to noon.

• Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal Hi-Rise (825 Seal St.), 1-2 P.M.

• Langford Booster Club, Langford Park, 7 P.M.

20 Thursday

• Free in-store wine sampling at The Little Wine Shoppe, 2236 Carter Ave. Stop by anytime between 4:30 and 7:30. Must be 21 years of age or older to attend. All featured wines are 10% off during the tasting.

21 Friday

• Falcon Heights recycling.

• Join the Falconers for 500 and cribbage at 1 P.M. at Falcon Heights City Hall.

• Lauderdale recycling.

25 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 P.M.

26 Wednesday

• Music with Bob Tschida, 10:30 A.M. and 2 P.M., St. Anthony Park Library.

• Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 P.M.

• St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 P.M.

Items for the August Community Calendar must be submitted to the Bugle office by 6 P.M., Friday, July 21.

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LouAnn Trabing

LouAnn Kippes Trabing, age 70,
of Minneapolis, died May 21,
2006.

She and her late husband,
Edward, were active members of
St. Cecilia Catholic Church in
St. Anthony Park, where she was
the head of funeral lunches. Said
one church member, "LouAnn
provided incredible behind-the-
scenes service to members and
neighbors: rides to appointments,
meals, help with taxes."

In addition, LouAnn and Ed
were active with Korean War
veterans, playing a significant
part in getting the memorial in
St. Paul.

She was preceded in death by
her brother, Joseph Kippes. She is
survived by her children, Mona
(Myrle) Beckman, Marla
(Manuel) Antonio, Bradley

Trabing and Monica Trabing;
seven grandchildren; and seven
siblings.

A Mass of Christian Burial
was celebrated May 25 at
St. Cecilia, with interment at
Fort Snelling National Cemetery.

Suzanne Davies

Suzanne Marie Davies, age 75,
died May 31, 2006. She was born
July 11, 1930.

She is survived by her
brother, R. (Patricia) Scott; two
nieces; a great-nephew and great-
niece; and many special friends.

A Mass of Christian Burial
was celebrated June 5 at
St. Cecilia's Catholic Church in
St. Anthony Park, with interment
at Calvary Cemetery.

Carl Figg

Carl A. Figg, age 79, of Como
Park, died June 2, 2006. He is
survived by his wife, Betty; sons,
Ronald and Dennis; four
grandchildren; six great-
grandchildren; a brother, Ernest
(Lorraine) Figg; and a sister,
Marilyn Holmstrom.

A memorial service was held
June 13 at Knox Presbyterian
Church, with interment at Sunset
Memorial Park.

Colette Snyder

Colette A. Snyder, age 67, of
St. Anthony Park, died June 3,
2006. She was born in Chicago
on August 5, 1938. To her
friends, she was known as a free
spirit. She had strong opinions
and always stuck up for the
people she cared for, lending a
helping hand without judgment
whenever it was needed.

At the age of 6, Colette
decided to be a nurse when she
grew up; at the age of 11, she
chose Warren Snyder as her
future husband. She followed
through on both. In 1958,
Colette graduated from
St. Anne's School of Nursing in
Chicago as an RN, and in 1959,
she married Warren.

Colette and Warren moved
from Chicago to St. Paul in
1967, and to St. Anthony Park in
1971. They lived on Bourne
Avenue for 34 years.

Colette loved reading and
the ideas she found in books. She
also loved hearing about the
things that inspired the people in
her life and hearing stories of life
adventures from neighbors,
family and friends. She continued
writing letters until she died.

Lives Lived to 20

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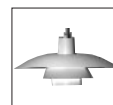
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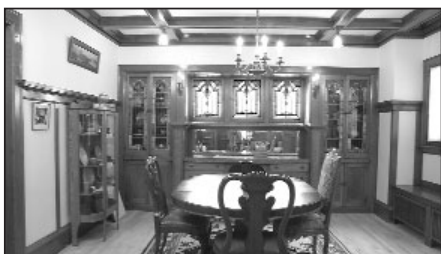
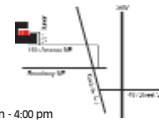


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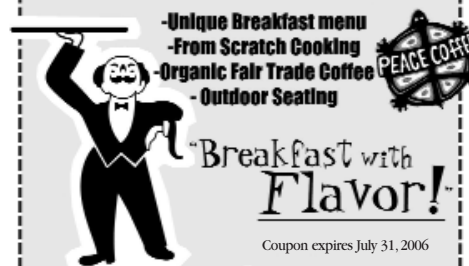
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Lives Lived from 18

She was preceded in death by her brother, Bill Waelti. She is survived by husband, Warren; daughters, Mary (Patrick) O'Dea, Anne (Amit) Pandey and Eileen Snyder (Jeff Hershberger); and grandchildren, Maddie Dahm, Nathan Hershberger and Asha Colette Pandey, born shortly after her death.

A memorial service was held June 9 at Holcomb-Henry-Boom Funeral Home. Interment arrangements are pending.

Jerome Vossberg

Jerome A. "Jerry" Vossberg of Lauderdale died June 12, 2006, at the age of 83. Originally of St. Cloud, he was preceded in death by one brother and four sisters, and survived by Ann, his beloved wife of 56 years; daughters, Kristine (John) Lavik and Jean (Bill) Kolstad; sons, Stephen and Tim (Marie)Vossberg; and eight grandchildren.

A Mass of Christian Burial was celebrated June 15, 2006, at Corpus Christi Catholic Church, with interment in Calvary Cemetery.

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8:30 & 10:00 a.m. Worship

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Rides available for 10:00 a.m. worship.

Call the church office before noon on Friday for a ride.

Service of Prayers for Healing: Sunday, July 2

Join us for worship at 8:30 and 10:00 a.m. We will invite those who choose to

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Sunday, July 2, 9:30 a.m. - Holy Communion

Sunday, July 9, 9:30 a.m. - Worship/V.B.S.

Sunday, July 23, 9:30 a.m. - Worship/V.B.S.

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Wednesdays - 10:00 a.m. Holy Eucharist (Rite I) & 7:00 p.m. Evening Prayer

Study/Discussion following Wednesday Evening Prayer