

Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 32, Number 10, April 2006



Dave Greenlund, pastor of Peace Lutheran Church in Lauderdale, challenged his congregation to rethink their worship space. One result was a labyrinth that church members painted themselves.

Finding one's way at Peace Lutheran Church

Minister helps Lauderdale congregation explore its artistic side

by Natalie Zett

What does a small Lutheran church in Lauderdale, Minn., have in common with the great Cathedral of Our Lady of Chartres in France? Only one thing: Each has its own labyrinth.

For Pastor Dave Greenlund, a potter and visual artist, installing a labyrinth at Peace Lutheran Church fulfilled a vision he had for the congregation when he arrived two years ago.

When Greenlund came, the group was down to about 20 congregants. He decided to enlist

the power of art along with the power of prayer.

"I love art," he says. "I have it all around and I believe in its power to tap into people's creativity. When I first came here, it was a matter of do something or die. I wanted to try."

Surveying the physical space, Greenlund thought that the church, which was built in 1954, needed a makeover.

"The sanctuary was inaccessible to wheelchairs, for one thing," he says. "And we wanted to open up the space.

The old pews had to go."

Greenlund and Dan Mackerman, an artist and parishioner, lined up a group of people and removed the pews and carpet. Then the volunteers "marbleized" the floor by painting over the tile.

"That transformed the space," said Greenlund. "Instead of pews, we have chairs and benches in a circle. It's intimate, like a Quaker-style service."

Lutherans facing each other? Greenlund laughs. "It

Peace Lutheran to 6

One hundred years of flowers

Hermes Floral anchors Larpenteur Ave.

by Lisa Steinmann

Imagine the intersection of Cleveland and Larpenteur avenues a hundred years ago. The two thoroughfares were narrow, unpaved roads, rutted by the narrow wheels of horse-drawn buggies. Rose Township was countryside on the edge of the growing twin cities of St. Paul and Minneapolis.

"Our tulips really stand out. They are grown in Hudson, harvested fresh and sent right over to the shop."

— Jill Quednow, Hermes Floral director of marketing and purchasing

The fields along the road belonged to families like the Gibbsses, the Hermeses and others who homesteaded the grassy prairie and oak forest on the heels of the Dakotah people who had lived there.

Farming was good in the area's rich soil. Many families grew vegetables that they trucked in and sold at farmers' markets in the cities. Some began to grow flowers for market as well.

Greenhouses were built along West Larpenteur to extend the growing season. Larpenteur became known as "The Avenue of Flowers" with ten nurseries and greenhouses.

One of the first floral businesses belonged to the family of Peter Hermes, with a homestead just east of what is now the Gibbs Museum of Pioneer and Dakotah Life. Hermes Floral, established in 1906, is celebrating their hundredth year as a family business along Larpenteur Avenue.

Peter Hermes' grandsons, Don and Jim Hermes, now own and run the business, along with great-granddaughter Whitney Hermes.

Hermes Floral has grown beyond its humble beginnings as a community greenhouse well known for providing fine roses to the Twin Cities. While it has maintained its community presence with a retail shop at 1750 West Larpenteur, Hermes Floral has found a regional and national market for its wholesale flowers, shrubs, annuals and perennials. They grow plants on several acres of land near Hudson, Wisconsin, and have just opened a new wholesale division in Grand Forks, North Dakota.

In addition to growing flowers year round, Hermes purchases plants from the Pacific Coast, South America, Holland and Israel. According to Jill Quednow, director of marketing and purchasing, Hermes is known for providing hardy varieties, good colors and plants native to Minnesota.

She says, "Our tulips really stand out. They are grown in Hudson, harvested fresh and sent right over to the shop."

The business employs about a hundred people, including floral

100 years of flowers to 16

Women's groups: A legacy of neighborliness

by Michelle Christianson

People who grew up in the first half of the 20th century may remember neighborhood women's clubs. Some met just for coffee, some to discuss books or to study the Bible, some for card games or sewing. Whatever the reason for getting together, these clubs provided close-knit support for women and a chance for their children to play with friends.

St. Anthony Park resident Carol Mulroy remembers such a group that met in the Alden Square neighborhood, the area near Brewster and

Women's groups to 8



On Mar. 9, St. Paul Mayor Chris Coleman attended the St. Anthony Park Community Council meeting. The mayor discussed priorities for his administration, including light rail and a bioscience corridor. Here Coleman chats with council member Suzanne Garfield.

Announcing the St. Anthony Park Elementary 50th Anniversary Carnival and All-School Reunion

All staff, students and families, former staff, alumni, and families and neighbors are welcome to attend this event on May 5 from 5:30 to 8 p.m.

Contact Tom Holman (645-2121, thh@comcast.net) or
Cindy Vik Thrasher (644-4794, cbthrasher@comcast.net)
for more information.

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at Saint Anthony Park Lutheran Church
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(between Hwy 280 and Snelling on Como)

CITY FILES

Como Park

The annual cleanup of District 10 parks will be on April 15. The Ward 4 meeting site is the Picnic Pavilion at Horton and Midway Parkway. The Ward 5 meeting site is at the Lakeside Pavilion. The event begins with coffee and rolls at 8:30 a.m., with the cleanup going from 9 to 11 a.m.

Falcon Heights

The Rose Bed and Breakfast has been sold to the Ramsey County Historical Society, which plans to continue running a B & B with a historical theme.

The City Council heard a presentation from the Neighborhood Energy Consortium about the HourCar service available to residents of Falcon Heights through the Park Midway Bank hub at Doswell and Como. Members can make reservations for the 2005 Toyota Prius on the Web or by phone. The Environment Commission will attempt to promote use by Falcon Heights residents.

The Falcon Heights Human Rights Commission (FHHRC) has been meeting regularly since summer 2005. The City Council has accepted their revised statement of purpose:

"The purpose of the commission is to secure for all citizens equal opportunity in employment, housing, public accommodations, public services and education and full participation in the affairs of this community by advising the council on long-range programs to improve community relations in the city by (a) advising the council on long-range programs to improve community relations in the city, (b) actively participating in the human rights programs and services sponsored by the city, and (c) conducting programs and activities to promote an understanding of human rights issues, needs and requirements in the city."

The city is a member of the League of Minnesota Human Rights Commissions and has a community response plan to be used in the event of a reported bias/hate crime. The plan does not involve the FHHRC in investigating such crimes but does take on initiating and coordinating community support for the victims of such crimes.

The City Parks and Rec Commission has reduced the user fee for open gym. The new fee is \$2 for adults and \$1.50 for children.

Lauderdale

On May 9 from 1 to 5 p.m., Lauderdale will host a walkable community workshop. The purpose is to look at ways to increase the safety and quality of life for residents by interconnecting parts of Lauderdale with a pathway system.

The area being studied is the northeast section of the city that includes Lauderdale Community Park and Walsh Lake, adjacent to the Midland Hills Country Club and the University of Minnesota Golf Course.

The city was awarded the workshop upon application to an organization called Active Living Ramsey County (ALRC) and is being sponsored by the National Center for Bicycling and Walking. ALRC is an active living initiative to bring about and sustain changes in design, transportation and public-private policies to cultivate a way of life that integrates physical activity into daily routines in Ramsey County. The workshop involves a meeting and a walking tour. Residents are encouraged to attend.

A citywide garage sale is planned for May 20. Citizens can register their sale at City Hall and have it included on a map.

The Lauderdale City Council is currently examining ways to improve and maintain the city's housing stock, to ensure that the city has a variety of safe housing options for current and future residents. The council is considering a comprehensive licensing and inspection program for rental properties in the city.

The program would institute annual licensing of all rental properties and a physical inspection every other year. The inspection would verify compliance with the International Property Maintenance Code, which is being proposed to replace the existing property maintenance code.

The City Council encourages residents interested in learning more about the proposed rental housing licensure

program or the International Property Maintenance Code to request a copy of the proposal or leave comments at City Hall. Call City Hall (631-0300) for more information.

Lauderdale restricts the weight allowed on streets during the spring thaw. Residents are asked to plan spring projects, such as cement work, around these restrictions, which usually begin in March and end in early May, depending on the thaw. Call City Hall (631-0300) to see if weight limits are in effect.

April is spring cleanup month for Lauderdale. Residents are urged to be sure that the exterior of their property is meeting city codes. Inspections will be performed in May, and violators will receive a letter from the city.

St. Anthony Park

The St. Anthony Park Community Council approved a resolution to begin discussions of a small area plan for the north St. Anthony Park business district. The council will work with the St. Anthony Park Community Foundation to create a plan that would guide business development in the area.

Serving on the task force are Paul Fate, Rose Gregoire, Charlie Nauen, Roger Purdy, Jane Rauenhorst and Jon Schumacher. Anyone with questions about or suggestions for the task force may contact the District 12 office: 649-5992.

The Community Connections Committee has begun meeting. Current members are Traci Warnberg-Lemm, Belinda Escalante and Matt Carlson. The committee is exploring ways to improve citizen participation.

Elections will be held Tuesday, April 11 for representatives to the District 12 Community Council. Polls are open 4-8 p.m. at the St. Anthony Park Library (2245 Como Ave.) and Hampden Park Co-op (928 Raymond Ave.), and 4-7 p.m. at 808 Berry Pl. Voting is open to all neighborhood residents age 16 and up.

Residents of north St. Anthony Park will elect three delegates and two alternates. Residents of south St. Anthony Park will elect two delegates and two alternates.

Call the Community Council office (649-5992) with questions or to receive an absentee ballot.

— Susan Conner

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Annual District 12 Community Council elections take place April 11

Elections will be held Tuesday, April 11 for representatives to the St. Anthony Park (District 12) Community Council. Polls are open 4-8 p.m. at the St. Anthony Park Library (2245 Como Ave.) and Hampden Park Co-op (928 Raymond Ave.), and 4-7 p.m. at 808 Berry Pl. Voting is open to all neighborhood residents age 16 and up.

Residents of north St. Anthony Park will elect three delegates and two alternates. Residents of south St. Anthony Park will elect two delegates and two alternates.

Call the Community Council office (649-5992) with questions or to receive an absentee ballot.

In the statements below, candidates responded to the following question: What does citizen participation mean to you, and what skills, strengths or knowledge would you bring to the Community Council?

NORTH ST. ANTHONY PARK

Matt Carlson College student

Citizen participation is being a part of a whole. This means playing an active role in strengthening and building community relationships, not only between St. Anthony Park and surrounding communities but also between our neighbors in the Park. For me, this is



serving on the St. Anthony Park Community Council. I bring to the council a year of experience, part of which was helping to form the Community Connections Committee. I also have a lifetime of experience of living in the Park, which gives me an intimate knowledge of the geography and culture of the Park.

Wilbur D. "Chris" Donaldson Retired

Citizen participation is an opportunity to sustain and improve the quality and vitality of the District 12 neighborhoods and communities, whether residential, commercial, industrial or mixed. I have been a resident of St. Anthony Park for 39 years. I am a retired public broadcasting executive and state government manager. I have a B.S. degree from Iowa State University and completed the Humphrey Institute Leadership Program. I am a WW II and Korean War Air Force veteran, a Civil Air Patrol member and former Minnesota Wing Commander, and former chair of the St. Paul Red Cross and North Central Blood Region. Other activities include Boy Scouts, Better Business Bureau, Citizens League and Center for Policy Studies. I am married with two children and two grand-children. I am a member of Hamline United



Methodist Church. Assets include government, business and nonprofit experience; public policy familiarity; and ability to work cooperatively with others in problem situations.

Christopher Kalla Attorney

I was born in St. Paul and have lived in St. Anthony Park for the past six years. I will bring 14 years of construction and



transportation experience to the District Council — six years as a surveyor for MnDOT, six years as a construction project manager and two years as a real estate/construction attorney. I have already begun to work with the District Council on a transportation task force, and if elected, I would also serve on the Land Use Committee. I think St. Anthony Park is a great neighborhood and I hope to make it even better.

Brian Longely Media services director

It seems development and change is coming faster to our neighborhood. Light rail transit, new housing and business developments, the vision of a bioscience district along Hwy. 280 — we as citizens must be proactive and guide these processes from the grassroots on up. There is real work to be done and there are exciting opportunities to make an even better community for everyone. I am finishing my first term on the Community Council, currently serving as co-chair of the Land Use Committee. I am still learning, as we all are. I believe we learn by doing.



Hannah Longely Student, Como High School

It is the role of good citizens to help their neighborhoods where

they can. As a high school student, I feel that it's important for people to exercise their role as citizens as early as possible, and for all ages to be represented on the Community Council. I'm very comfortable working with groups and love the atmosphere of open discussion. I'm also patient as a listener and a learner, while being decisive. I would love to add my input to the council and to gain more experience with local issues.



Roger Purdy Construction project manager

Citizen participation is a right and responsibility for each of us. My family has lived in St. Anthony Park for three years and I now feel ready to take on this responsibility. As a homeowner, a father and a neighbor, I'm very concerned that St. Anthony stay a friendly, healthy, safe and welcoming place for all in the face of some large upcoming changes. I want new development in St. Anthony Park to work for developers, homeowners and residents. My experience as a project manager at Kraus-Anderson Construction gives me experience seeing both sides of development issues.



SOUTH ST. ANTHONY PARK

Rick Macpherson Attorney

My family and I have lived in south St. Anthony Park for more than 20 years. I have been a delegate to the Community Council for the past two



years. My work has included review of the Catholic Charities and JPI student housing developments. My service on the Community Council has taught me how the city and Community Council operate. Development along University Ave. will bring significant changes to this neighborhood. The neighborhood must play a significant role in those developments. I want to use my experience and skills to help make those changes as positive as possible.

Mia Perron-Deeb Production assistant (former owner, Mia's Roasting Stones)

For the last six years I have been a strong part of this community by owning my own café on the southwest corner of University Ave. and Raymond. I have always loved the neighborhood, the community and the uniqueness that is St. Anthony Park. Although I no longer have my business, I am employed and live in St. Anthony Park. I am familiar with almost all the business owners and the organizations established in this area. I am a past executive director of Arts Off Raymond and plan on continuing my involvement. I relate in a comfortable, authentic way with the business owners, residents, artists, nonprofit and political organizations in the area. I would bring knowledge, energy and leadership to the community that I share with you all.



Arnold Ramler Automotive/motorcycle mechanic

I've served as an alternate and then delegate for south St. Anthony Park for a year, and sat on the Land Use Committee. Citizen participation means to give back to the community you live in.



You have to give to get. I am hard working and responsible and concerned about St. Anthony Park, and want to make it a better place to live.

Emily Woodall International Institute of Minnesota

I moved to south St. Anthony Park a few years ago, attracted by its small-town charm and big-city location — an optimal place to raise my family. This community has historic roots, progressive thinking and a future that is shaped by its passionate residents. I view myself as the next generation of St. Anthony Park and wish to bring forward my ideas of increasing sustainable transportation (light rail), facilitating urban connectivity (bike routes) and examining land use issues, all while maintaining the sense of community that makes this niche of St. Paul so special.



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EDITORIAL

"History," said Henry Ford, "is more or less bunk."

It's a prototypically American sentiment. The upstart young country that lacks history looks askance at its European forbears, mired in the detritus of history, and glories in its unencumbered commitment to the future, shimmering in the distance like the end of a vast assembly line. As St. Anthony Park's own David Noble argued 40 years ago in his book "Historians Against History," our great national historians — from George Bancroft in the 1830s to Daniel Boorstin in the 1940s — have seen as their task "delineating the ahistorical uniqueness of America."

And yet for all our supposed detachment from the complexities and entrapments of history, we inevitably find ourselves caught up in its grasp. Indeed, we sometimes willingly attach ourselves to others' traditions, recognizing in them a power to enrich and transform the present.

A dwindling Lutheran congregation in Lauderdale, casting about for a way to revive its religious and communitarian spirit, resurrects an ancient symbol: the labyrinth. In an otherwise nondescript building, the Peace Lutheran labyrinth, collaboratively painted on the floor of the sanctuary, becomes a focal point for the church's weekly gathering and a connection to a rich tradition. Walking the labyrinth, for some, is a way of joining the great parade of human history, a

procession evocatively described in Jim Harrison's "Marching," this month's installment in Ted Kooser's American Life in Poetry column.

Even much more recent history can exert a telling pull on the emotional life of a community, as witnessed in the attachment of some St. Anthony Park residents to a 30-year-old bank building, the impending loss of which is lamented by one letter writer in this issue.

History, it turns out, isn't bunk after all. A sense of history may be in part what motivates a prospective bride and groom to choose a local florist with a hundred-year-old reputation, the same florist, perhaps, that handled a grandmother's wedding.

A sense of history may prompt a group of neighbors to build a gazebo that helps perpetuate a local tradition of neighborhood gatherings, some of which date back to a women's club that started in 1920.

A sense of history may motivate a bank and its customers to ask how a new building might pay tribute to the existing and previous architecture of the neighborhood.

A sense of history may well make sense. In David Noble's words, "It is possible that . . . unless Americans admit they are connected to previous historical traditions and previous historical institutions, they cannot visualize a creative future."

LETTERS

Keep current banks

A good place to play, a good place to fall in love, a good place to grow old — that's the description of any beloved neighborhood, including ours. In sustaining such a place, one important factor is stability.

Just as we would not straighten the curving streets Grover Cleveland gave us, so we should not be careless of our remaining open space and the attractive little drive-up bank that embraces it.

We have thrown away the 1917 bank (it's been torn down) because we needed a more modern structure. We have torn down the Fuller Building, and sacrificed the green lawn that framed it, in order to have that more modern structure. It's time to stop tearing things down.

I ask that Park Midway Bank, both the owner and the leadership, try harder to make the main bank site work. I ask Park Development Associates — landlord to the bank — to do everything in its power to help their tenant make peace with the Como/Carter site.

Preservation and adaptation will help everyone. It will help our local businesses be profitable, because shoppers are drawn to our open spaces and the relaxed small-village feeling of our shopping area. It will help the city, because people will continue to want to live in St. Anthony Park. It will help the bank, because it will not then be in the position of having created something for their customers in the 80s only to take it away 20 years later. It will help all of us hang on to an endangered quality — the ability to love with passion and intelligence the place where we live.

Alice Duggan
St. Anthony Park

Remember our values

Change is afoot in St. Anthony Park. Along University Avenue old warehouses and industrial buildings are giving way to new neighborhoods. As the Central Corridor develops, there will be large-scale changes to both residential and commercial landscape in that area.

There will also be changes to north St. Anthony Park. The past few months have brought a flurry of conversation in response to Park Midway Bank's plans for a new building and the potential for redevelopment of other sites along Como Ave.

I think in all of this we must remember that our strength as a community lies in our values: how we treat and take care of each other, how we welcome new neighbors and how we ensure that those commonly held values lead us into the future. It's also important to remember that our elected representatives are working to support those values.

The Community Council puts in long hours of staff and volunteer time to help manage a host of development, environmental, communications and other issues critical to our neighborhood. They worked with the bank to establish a committee of neighbors with the interest and expertise to help shape development plans. The meetings were lively and I was impressed with the bank's openness to the many suggestions submitted by the community.

Together we fashioned what I think is a great template for the consideration of any development project. I am confident the result will be a building in which we can all take pride. It will serve the needs of a long-standing and committed business neighbor as well as the needs of our community. Will everyone be happy? No, but the community

will have had a strong presence in the conversation and outcome.

Change will come to St. Anthony Park. In order for our community to thrive, it must. But we can manage that change by working together to imbue every project with the values that mean so much to us all. I urge you to get involved and be a part of that ongoing conversation.

Jon Schumacher, executive director
St. Anthony Park Community
Foundation

Thanks to businesses

The families of St. Anthony Park Co-op Preschool would like to thank the following businesses for their support of our silent auction fundraiser in February:

A Piece of Cake
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Highland Grill
Holly House
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Midwest Youth Dance Theatre
Minnesota Zoo
Muffuletta
Music in the Park
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Noll Hardware
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The Little Wine Shoppe
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2005-2006 Bugle fund drive a success

The Bugle set a fund drive goal of \$20,000 for 2005-06. With the generous support of 503 individuals and businesses, we're almost there. To date \$19,474 has been contributed. Thanks to those listed below and to all who have made our fund drive a success.

Ehel M. Barrylla	M.G. Kwong	Laura Sewell
Joyce Beck	Kristal Leebrick &	Marietta Spencer
Patricia Benson	Don Stryker	Mary Volk
Edward Elliott &	Gene & Joan Mason	Alex & Joan Yue
Marla Bollig	Don & Joyce Pusch	

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The Park Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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St. Anthony Park Retail Survey

This survey is available online at www.sapfoundation.org, or you can return this copy to SAP Community Foundation, P.O. Box 8038, St. Paul, MN 55108 or deposit it in boxes provided at Hampden Co-op and Speedy Market. Please return or fill out online by April 16.

How important to you is a strong retail community in St. Anthony Park?

- ☐ Very important
☐ Somewhat important
☐ Not so important
☐ Unimportant

Why do you use local businesses? (Check any that apply.)

- ☐ Convenience
☐ Customer service
☐ Prices/cost
☐ Product selection
☐ Shopping experience
☐ I like to support local businesses
☐ I like to see my neighbors and friends
☐ Other (Please specify.) _____

Why do you NOT use local businesses? (Check any that apply.)

- ☐ Hours not convenient
☐ Customer service
☐ Prices/cost
☐ Limited product selection
☐ Shopping experience
☐ Not aware of retail options
☐ Limited parking
☐ Other (Please specify.) _____

What new retail would you like to see in St. Anthony Park? (Please print.)

What advice would you give to local businesses to help them serve you better? (Please print.)

What actions do you support to strengthen the St. Anthony Park retail communities? (Check any that apply.)

- ☐ Recruit new businesses
☐ Create marketing campaign
☐ Support to individual business owners to help them improve
☐ Develop more parking
☐ Develop more housing close to business districts
☐ Create more retail space
☐ Improve transportation options
☐ Other ideas _____

Other comments? (Please print.)

Please help us with the following information:

Do you live in St. Anthony Park area? ☐ Yes ☐ No
 If so, for how long? ☐ 0-3 years ☐ 4-10 years ☐ 11-20 years ☐ 21+ years
 Do you work in St. Anthony Park? ☐ Yes ☐ No
 What is your age? ☐ 18-30 ☐ 31-45 ☐ 45-60 ☐ 61-75 ☐ 76+
 Home zip code _____

St. Anthony Park Retail Survey

The Saint Anthony Park Community Foundation was created to strengthen our neighborhood by supporting nonprofit organizations and providing leadership on key issues.

A critical part of our mission has been an interest in bringing neighbors together to talk about change that would naturally come to a community situated in the heart of a rapidly growing metropolitan area. To prepare, we partnered with the Community Council on the neighborhood report and plan.

That change is now upon us. Some of it is driven by evolving housing needs, some by the fragile nature of our small business communities, some by a concern for the future of our neighborhood schools and other essential institutions. All of it will be affected by the proposal to put a light rail line on University Avenue by 2012.

So, the Saint Anthony Park Community Foundation is responding. The survey below is one of the ways we will use to include your feedback in the decision-making process. Please take a few minutes to fill it out, clip it and return it, either by mail or by dropping it off at boxes provided at Speedy Market in North St. Anthony Park or at Hampden Food Co-op in South St. Anthony Park. Together we can strengthen our valuable retail districts and our community.

You can also fill out the survey on-line at www.sapfoundation.org.



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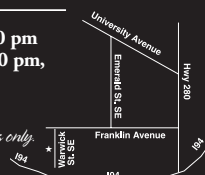
Hours: Lunch: Tuesday - Friday 11:00 am - 1:30 pm
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Moose and Brutus



Peace Lutheran's labyrinth was designed by Lisa Moriarty and executed by congregation members.

Peace Lutheran from 1

definitely changed the way people worship."

As much as people liked the new floor and seating arrangements, Peace Lutheran was still missing something. Greenlund, who was intrigued by labyrinths, thought that adding a permanent labyrinth would complete the building's transformation.

The church commissioned Lisa Moriarty to do the design, which was drawn onto the floor. Then Mackerman and crew cut a sponge to mimic a mosaic pattern in the labyrinth's outline. One has to look closely to realize that those aren't tile pieces but a painted floor.

The transformation worked and now, Greenlund says, "We have about 60 attending each Sunday. It doesn't sound like much but we've tripled our attendance."

The church has also begun adding art classes and wants to use the space for other artistic expression.

"I really believe in art and imagination as a catalyst for change," says Greenlund. "It helps sustain us."

As hip as now and as ancient as prerecorded time, labyrinths can be viewed both aesthetically and spiritually. A labyrinth is an archetypal design (usually a series of circle-shaped paths) found in many cultures (Celtic, Mayan, Greek, Cretan, Native American) and many eras (the earliest labyrinths date from 3000-4000

years ago).

Even nature has its own labyrinth designs, such as those found in seashells and spiders' webs. Our fingerprints also provide a labyrinth of sorts.

Architectural labyrinths have several designs, such as the Classical Seven Circuit Labyrinth, which has a cross, a right angle and a dot in each quadrant, and has seven paths. This is often called the "Cretan Labyrinth."

One early labyrinth legend is the story of the Minotaur, the half-man, half-bull creature that lived in the center of a labyrinth in Crete. Theseus managed to get to the center of the labyrinth, slay the Minotaur and find his way out again by following the thread he had trailed behind him on the way in.

Labyrinths can be as large as the one inside the Chartres Cathedral or as small as what can be drawn on a piece of paper. One can use one's feet, fingertips or even a computer mouse to "walk" the path.

The labyrinth has come a long way from the Minotaur legend. Today it is primarily used as a meditation device for personal and spiritual transformation. One moves along the path, pauses and reflects, moves again until reaching the center, then works one's way back out again.

A labyrinth is not a maze, however.

According to Moriarty, "A labyrinth is a single path with a

center. There are no tricks, no dead ends. It's not a maze, which is like a puzzle where there are a lot of choices."

Moriarty discovered labyrinths in 1991 and was captured by them. She even convinced her husband to mow a pattern of one in their back yard.

According to Moriarty, labyrinths' popularity ebbs and flows. "There was a resurgence of interest about 20 years ago," she says. "When the world is in turmoil, people seek a spiritual anchor. Many find such an anchor by walking the labyrinth."

Entering the sanctuary at Peace Lutheran might remind one of a European villa with the wash of warm neutral tones on the floor, juxtaposed with the staccato pattern of the labyrinth outlined in blues. In this setting the labyrinth is as open and expansive as the worship space. With a high ceiling hovering overhead, the labyrinth immediately becomes the organic focal point of the room, with the baptismal font in its center.

As one visitor remarked, "The baptismal font is the beginning of your journey through your Christian life, and what better place for it than in the labyrinth."

Peace Lutheran Church is located at 1744 Walnut St. in Lauderdale. Their worship service is at 10 a.m. on Sunday. For more information, visit www.peacelauderale.com or call 644-5440.

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The Birdman of Lauderdale

by Clay Christensen

We had a "bushwhacker" in our yard a few weeks ago. That's a term used to describe the way a sharp-shinned hawk beats the shrubbery to flush out its prey.

Last year we had a sharpie actually climb down among the red stems of our dogwood shrub, perhaps after a chipmunk in the leaf litter underneath.

This year's sharp-shinned hawk was perched in the Juneberry tree as we came home. It flew across the front of the house, skimming a couple of rhododendrons, perched on the porch rail for a moment, and wound up in the neighbor's mountain ash tree, watching our yard, well, like a hawk.

The sharp-shinned hawk is the smallest of the three accipiters (ak-SIP-ih-ter) that we have here in Minnesota and indeed in all of North America. The next larger accipiter, similar in appearance, is the Cooper's hawk. The largest is the northern goshawk, seldom seen in the Twin Cities except in the depths of winter.

Accipiters use a flap-flap-glide in open flight. They have short, square wings and long tails that allow them to fly through forests at high speed, dodging tree trunks and limbs in pursuit of fast-moving prey. And their usual prey is other birds.

In a description of fall migration in the Upper Peninsula of Michigan, one writer described warblers and other small birds crossing Lake Superior and settling into small trees and brush to rest and feed.

At about 3 p.m. a sharpie or Cooper's would swoop through the shrubbery and make chutney out of those lovely warblers. Shocking, perhaps, but nature isn't always pretty.

Here in the metro area, we put out feeders to draw birds to the seed. And in turn we draw birds to the birds. Sharpies and Cooper's hawks visit feeders to find a slow-moving bird.

If you see small birds in your yard suddenly freeze, barely moving even their eyes, look

around for an accipiter in a nearby tree.

The word "accipiter" comes from the Latin verb meaning "to seize." The accipiter will often watch from a perch and launch a sudden attack, sometimes gliding below a branch and turning quickly onto an unsuspecting bird.



We've had a Cooper's hawk fly from the side of our house, past the front-yard feeders and down the block to our neighbor's feeders, then turn the corner at the far end of the block to check out yet another back yard full of feeders. On such an ambush mission, the hawk effortlessly dodges the trees and buildings in its way.

Both sharp-shinned hawks and Cooper's hawks have a blue-gray back, head and upper wings. They have reddish-brown bands across the chest and stomach, and wide, alternating dark and light bands on a long tail. Each has a white terminal band on the tip of the tail, the Cooper's wider than the sharpie's. Spring birds have feather wear that can make that white band hard to see.

Sharp-shinned hawks have pencil-thin legs. The legs of a

Cooper's hawk are more robust. These hawks have a dark cap and often show a bit of a peak at the back of the head, while the sharpie head and nape are more uniformly colored.

The tail of the sharp-shinned hawk is normally square on the end, while a Cooper's hawk tail is rounded. But this isn't always a good differentiating mark. Female sharpies often have rounded corners that might make one think Cooper's. Again, feather wear can affect the appearance of the end of the tail.

The above attributes relate to adult accipiters. When it comes to juvenile birds, it's even more difficult to tell them apart. The juvenile sharp-shinned hawk has heavy dark-brown streaking from the chin to the belly. The juvenile Cooper's hawk has fine dark-brown streaking that thins out on the belly.

These two accipiters do differ in size, though if they're not standing next to each other, it's hard to get a relative fix on that.

I've read that bird banders, who sometimes have to restrain one bird while they process another, keep male sharpies in a pair of 6-oz. juice cans taped together. The female sharpie fits into a can from stacked potato chips. A Cooper's hawk takes a fruit punch can.

I was able to get a photo of the hawk that visited us in February and post it on the Minnesota Ornithologists' Union Web site to get confirmation on my identification.

I had several responses; most agreed with me that it was a sharp-shinned hawk, not a Cooper's hawk. But some were pretty sure it was a Cooper's hawk. And many of these folks have seen a lot of accipiters.

So if you see an accipiter doing some bird watching of its own in your yard, study the head, tail and legs, then check your field guide for the best approximation. And if you're still undecided, think about what size can you could stuff it into.

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The St. Anthony Park Darning Club met from the 1920s to the 1950s. Most members lived near Alden Square. Carol Mulroy (front row, far right) has fond memories of playing with other children during club meetings. Mulroy still lives in Alden Square neighborhood.

Women's groups from 1

Gibbs streets, south of Raymond Avenue and west of Como Avenue. The group, which began in 1920, was called the Darning Club, and at one time it included 18 women. They all had children, none of them worked outside the home and none drove.

The women met at 1118 Gibbs St., a house built by Mulroy's father, next door to where she lives now. Behind the house was a wetland, and across Como was a pasture. One landmark that remains from that era is the Linnea Home.

The women all had children, which meant lots of mending and sewing. They also did embroidery, knitting, tatting, lace-making, Hardanger embroidery and, of course, darning (repairing holes in socks and other clothes by hand-stitching over a wooden darning egg). During World War II they sewed for the soldiers.

But they also helped each other with child-rearing advice

and baby showers, then engagement, wedding and baby showers for those children. Later, some of those daughters joined the club, too.

One member of the original club, Mary Leinback, is still living. A Florida resident now, she was a young mother at the time and relied on her friends for advice about child-rearing.

The women usually had coffee and cookies or other desserts, and Mulroy remembers her mother's pies with great relish. It was an important occasion when it was your turn to host the group. Days were spent cleaning — Mulroy remembers carrying loads of newspapers and magazines to the basement — and baking.

Sometimes the group had picnics at Marine-on-St. Croix or Como Park, taking the streetcar, and occasionally they met for luncheons. In the early days the Darning Club had New Year's, costume, Halloween and "hard time" (dressing in rags) parties. In

later years they went on summer riverboat excursions with all the children.

Each member gave five cents at every meeting, and that money went toward cards and plants if anyone got sick. Once a year they drew names for "sunshine pals," secret friends to whom one sent cards and small gifts for holidays, birthdays and anniversaries. Then, of course, there was the party where everyone found out who her sunshine pal was — an afternoon's entertainment.

Mulroy's sister, Judy, remembers fondly the happy faces of those women, all of whom she knew cared about her. She enjoyed seeing all the baby things and the variety of sewing projects everyone was working on.

Carol, too, cherishes the memory of those days when she could stop at anyone's house for lunch or if she had a problem. She says they never knew who had money and who didn't because they were all friends.

In many ways the Alden Square neighborhood has stayed the same. Newcomers to the area get a welcome flyer describing what takes place during the year.

The neighbors all get together for a St. Patrick's Day party at Mulroy's house, a spring egg hunt, music in the gazebo (built by the neighbors with funds from a city grant), Oktoberfest and an ice cream social. They decorate the gazebo for different seasons and, until the Linnea Home closed, included some of those residents in their celebrations.

"It was important to the community to include older people," says Mulroy. "We were really sad to see them leave."

The old Darning Club is gone but the spirit lives on. All it takes is time and true concern for one's neighbors.

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No bones about it

by Kristi Curry Rogers

This month's No Bones installment is dedicated not to dinosaurs but to their much scrawnier compatriots, the mammals. How many of us have heard the long-standing myth that the mammals scurrying around the feet of dinosaurs were tiny and nocturnal? Or that mammals might have been partially responsible for the demise of dinosaurs by eating their eggs?

Exciting new discoveries from China are changing our view of the mammals that lived alongside the dinosaurs. Last month my colleagues in China and the United States described a new 164-million-year-old species of fossil beaver. They named it *Castorocauda lutrasimilis* — a combination of the Latin words for beaver (*castor*), tail (*cauda*), river otter (*lutra*) and similar (*similis*).

Its anatomy indicates that it had a flat, paddle-like tail, webbed feet and fur — and even an inner-ear structure similar to that of the modern beaver. There are some skeletal differences between the two mammals. The teeth of *Castorocauda* aren't made for gnawing on wood; instead, they are conical and seem to indicate a fish-eating lifestyle.

So why is *Castorocauda* receiving such a media blitz of attention? Why did I choose to devote an entire No Bones to this Jurassic-aged beaver?

For one thing, *Castorocauda* provides great new data on a period during which mammals were newly evolved. This interesting creature indicates that the diversity and evolutionary history of early mammals might have been a lot more complex than we previously realized.

Castorocauda is the most primitive animal in the mammalian evolutionary tree known to have had fur — a characteristic we tend to think of as uniquely mammalian. How do we know for sure that *Castorocauda* was furry? No doubt there: Impressions of fossilized fur in the sediment surrounded the skeleton.

Another interesting piece of the puzzle is that mammals and other backboned animals "took the plunge" and evolved to live in water. For example, whales, sea lions, walrus, dolphins, otters and today's beaver all have land-locked early evolutionary histories. This new little mammal from China documents that mammals took to water early in their evolution — nearly 100 million years earlier than anyone had thought.

All that cool stuff certainly warrants a spot in No Bones About It. Until next month, keep your ears open for dino news!

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Roundtable highlights water stewardship

by Dave Healy

Forty-two percent of the surface area in St. Paul is impervious. What happens to the rain water that hits those surfaces? What can be done to reduce the amount of run-off and increase the quality of water in urban areas?

On March 14 about 25 people spent two and a half hours at the South St. Anthony Rec Center considering such questions. The event was one of a series of roundtable discussions sponsored by Eureka Recycling.

Ron Struss, a University of Minnesota Extension educator, told the group that in undeveloped areas only about 10 percent of rainwater runs off the earth, while in urban areas that amount can approach 50 percent.

In cities, run-off must be diverted to storm sewers, and it picks up various kinds of pollution on its way to the lakes and rivers where it ends up.

Struss called this nonpoint-source pollution "a thousand points of blight" and said that the challenge facing St. Paul and other urban areas is how to increase infiltration, thus recharging the ground water supply and reducing pollution.

He mentioned three strategies for increasing infiltration: rain gardens, porous pavement and green roofs.

Rain gardens consist of depressions with special plantings that can tolerate perpetually moist conditions. Storm run-off is diverted from street gutters, often via curb-cuts, to a rain

garden, where it soaks into the earth instead of going into the sewer system.

In St. Paul, said Struss, the best chance for creating rain gardens is when streets are repaved and curbs and gutters are replaced. That opportunity is being seized in the Como Park neighborhood this spring and summer, when the city will create several large rain gardens and encourage residents to add smaller ones to boulevards.

According to Struss, rain gardens capture up to 85 percent of run-off.

He said that some cities have experimented with various

kinds of porous surfaces as alternatives to concrete sidewalks.

Another way to reduce run-off, Struss said, is with "green roofs," where shingles or tar are replaced with plantings that absorb some of the rainwater.

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Starts: Thurs., March 30th
Time: 11am-12pm (Intermediate)
12:15pm - 1:15pm (Beginners)
Cost: \$70.00 or \$68.00 if you are a senior

SPRING CELEBRATION PARTY
Date: Tuesday, April 4th / Time: 4-5:30pm
Ages: 12 & under / Activities: Carnival games, egg hunt, petting zoo, face painting / Fee: FREE!

 The Langford Park Booster Club serves to organize, promote and sponsor recreational, athletic, social and civic activities for the benefit, enjoyment and advancement, especially for the young people of the St. Anthony Park community.

e t c e t e r a

Schools

On April 21, **Falcon Heights Elementary** will hold a School Carnival from 5:30 to 8:30 p.m. The event features games, food, country store, raffles, cake walk and fun for the whole family.

On Apr. 25 from 6 to 7:30 p.m., the school's fifth- and sixth-graders will use costumes and puppets to tell stories to the primary-grade students.

For more information call Kristi Wobbema at 646-0021.

Students at **Como Park High School** collected over 6,000 pounds of nonperishable food for local food shelves. The total was a combination of food and money, with each dollar contributed equaling one pound of food.

Como's **Madrigal Choir** participated in the Mardi Gras Madrigals held at Augsburg College on Feb. 28. The event was a medieval feast with jugglers, storytellers and a madrigal concert featuring high school choirs from Anoka, Como Park and Wayzata.

Nominations are being sought for the **Como Park High School Hall of Fame**. The award is presented to graduates who have made significant contributions to their community or who have distinguished themselves in their post-high-school endeavors.

Nominees must have graduated from Como at least 10 years ago. Nominations should be sent by April 21 to William Niemczyk, Como Park High School, 740 W. Rose Ave., St. Paul, MN 55117 or william.niemczyk@spps.org.

Four teams from **St. Anthony Park Elementary** will compete in the Destination Imagination State Tournament on April 22.

Two teams placed first in the East Metro Regional Tournament on March 4: the Chocolate Fishies (sixth-graders Whitney Burke, Rebecca Hervonen, Sophie Nielsen and Helen Wiewferring) and the Fromage Heads (fifth-graders Rachel Hartnet, Maddie Hickell, Ned Leebrick-Stryker, Aaron Liven, Ian Olesak and Tom Stinar.

Finishing second place in

their category were the Hawaiian Mad Monkeys (Hayley Shellum, Medora Sweet, Natalie VanWhy and Beth Young-Townsend) and the Wild Trolls (Madeleine Thurston Hamerski, Rachel Hausman, Whitney Manning, Dane Ostlie-Olson, Martha Torstenson, Lucas Wewerka and Anna Woronoff).

Destination Imagination is a creative problem-solving competition focusing on technology, mechanics, engineering, theater, goal-setting, time management and team-building.

The St. Paul Public Library has started a new program called **Live Homework Help**, an online tutoring service from Tutor.com that connects students to expert tutors in math, science, social studies and English via the Internet.

Students can access the service either from designated computer terminals at the St. Anthony Park Library or via their own computers at www.sppl.org/homework. For more information, call 642-0411.

Community Band

On April 11 the **St. Anthony Park Community Band** begins practicing for its 2006 summer concert series. Rehearsals are 7:15 p.m. every Tuesday at the Como Park High School band room.

New members are welcome. For more information, call Paul Husby at 642-1559.

Raptor Center

The Raptor Center will hold its annual **Spring Open House** on Sunday, April 2 from 11 a.m. to 4 p.m. The event includes live animal demonstrations and activities for kids of all ages.

The Raptor Center is internationally known for its work in avian medicine and surgery, restoring the peregrine falcon in the Midwest, and advancing the health of raptors and other avian species through ongoing research.

The Raptor Center is located at 1920 Fitch Ave. on the U of M's St. Paul Campus.

Raptor Tails Story Time concludes with two sessions in April: Raptor Grossology (April 6) and Mighty Migration (April 20).

The sessions are from 1 to 1:45 p.m. Participants meet a live raptor, hear a story and make

something to take home. The cost is \$5 per child; one adult per five children is required. Call 612-624-9753 to register.

Recreation

Hatha yoga classes will be offered this spring through the Falcon Heights Park and Recreation Department.

Beginning yoga classes are Thursdays from 2:30 to 3:30 p.m. and 6:30 to 7:30 p.m., April 27–June 1.

Yoga Lite classes are Fridays from 10 to 11 a.m., April 28–June 2.

The cost is \$54 for residents, \$64 for nonresidents. All classes are held at Falcon Heights City Hall, 2077 W.arpenteur Ave. Registration forms are available at www.ci.falcon-heights.mn.us or by calling 792-7616.

The Falcon Heights Park and Recreation Department will offer a **babysitter training course** on April 18 and 19 from 5 to 8:15 p.m. at Falcon Heights City Hall, 2077 W.arpenteur Ave.

The class (for ages 11–15) teaches skills in leadership, safety, basic care, first aid and professionalism. It is taught by Red Cross instructors. Participants will receive a babysitting kit and tote bag with reference materials.

Preregistration is required. The cost is \$64. Registration forms are available at www.ci.falcon-heights.mn.us or by calling 792-7616.

Religion

Luther Seminary is the first site in the country to host "Jews of the Luthertown Wittenberg in the Third Reich," an exhibit of photographs, letters, newspaper clippings, documents and narratives illustrating the destruction of Jewish life in Wittenberg, Germany, from 1933 to 1945. The exhibit was developed by the Saxony-Anhalt State Centre for Political Education and Luther Centre in Wittenberg.

It will be on display March 29 through May 31 in the seminary's Northwestern Hall, 1501 Fulham St. At 11 a.m. on March 29, Stephen Feinstein will speak. Feinstein is director of the Center for Holocaust and Genocide Studies at the University of Minnesota.

For more information, call 641-3456.

On April 22 at 11 a.m., Cynthia Moe-Lobeda will speak at St. Anthony Park Lutheran Church, 2323 Como Ave. Her presentation is entitled "Religious Language in Public: Call, Curse, Conundrums."

The free lecture will be followed by lunch and afternoon

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e t c e t e r a

discussion groups. All are welcome. Lunch is \$5. To register, contact the church at 645-0371 or info@saplc.org.

On May 6 at 6:30 p.m., St. Anthony Park Lutheran will host a Chinese meal. The speakers will be Rev. Lin Qiu, pastor of Faith Chinese Fellowship, which meets in the Lutheran church building, and Rev. Simon Lee of Hawaii, pastor of the ECLA's largest Chinese congregation.

They will discuss China Service Ventures, a training program for religious leaders in China.

Cost of the dinner is \$10. Contact Paula (645-0371, info@saplc.org) for reservations. A silent auction of Chinese artifacts begins at 5:30 p.m.

Sales

Lyngblomsten Auxiliary will hold a spring rummage sale April 5-7 at the Lyngblomsten Community Center, 1298 Pascal. Hours are 9 a.m. to 4 p.m. April 5, 9 a.m. to 2 p.m. April 6 and 9 a.m. to noon April 7.

The Twin Cities German

Immersion School will hold a rummage sale from 9 a.m. to 2 p.m. on April 8 at the school, 1399 Eustis St. There will be a puppet show at noon.

Environment

The annual **Kasota Pond Cleanup** will be held from 9 a.m. to noon on Earth Day, April 22. Volunteers of all ages are welcome. Meet at the parking lot west of Hwy. 280 on the south side of Kasota Ave., just beyond the railroad tracks.

A free workshop on **designing rain gardens** will be held from 6:30 to 8:30 p.m. on April 12 at the Capital Region Watershed District office, 1410 Energy Park Dr., Suite 4. Reservations are required. Call 644-8888.

Golf

The Como Golf Men's Club is recruiting new members. Application forms are available at the Como Clubhouse or by calling 488-9673.

An organizational meeting will be held April 21 from 6:30 to 8:30 p.m. at the clubhouse, 1432 Lexington Ave. Prospective

members are welcome.

Handicaps of current members range from -2 to 36. Membership costs \$100 for the season.

Gardening

The **St. Anthony Park Garden Club** will meet at 7 p.m. April 4 at the St. Anthony Park Library. Larry Cipolla with the Minnesota Water Garden Society will give a presentation on water gardening.

At its April 13 meeting, the **St. Paul Audubon Society** hosts Susan Wilkins, garden curator of the Eloise Butler Wildflower Garden and Bird Sanctuary in Minneapolis. She will discuss native and nonnative spring wildflowers.

The meeting is at 7 p.m. at Fairview Community Center, 1910 W. County Rd. B.

Classes

At **Classes Without Quizzes**, researchers from the College of Agricultural, Food and Environmental Sciences and the College of Natural Resources will present mini-seminars on topics such as Asian lady beetles, tree

care, the science of fishing, house plants, global warming and food safety.

The event takes place Saturday, April 1 from 9 a.m. to 2 p.m. at Borlaug Hall, 1991 Upper Buford Circle on the U of M's St. Paul campus. The cost is \$20 (\$10 for students). To register, call 612-624-1745 or visit www.coafes.umn.edu/CWQ.

Open House

On Sunday, April 2 the U of M's **College of Veterinary Medicine** will hold a spring open house from 11 a.m. to 4 p.m. at the Veterinary Medical Center on the St. Paul campus.

The event is free and open to the public.

Model Railroads

The Twin City Model Railroad Museum presents a special **Circus Train** on Sunday, April 9 from noon to 5 p.m. at the museum, located in Bandana Square.

Admission is \$3; children under 5 are free. For more information, call 647-9628 or visit www.tcmrm.org.

People

Kate and Ryan Howell of Falcon Heights are currently performing in the Children's Theatre Company production "Esperanza Rising."

This is seven-year-old Kate's first CTC role. Her brother Ryan, 12, is a Children's Theatre veteran, having performed in five previous mainstage productions. They are the children of Andrea and Pete Howell.

Performances of "Esperanza Rising" continue through Apr. 15. For ticket information, call 612-874-0400 or visit www.childrenstheatre.org.

Kristi Wobbema, media specialist at Falcon Heights Elementary School, has received a \$3,000 grant from the Education Minnesota Foundation. The grant will help fund Wobbema's project, "Audiobooks in Action: Impacting ELL Students and Struggling Readers."

Wobbema was one of 40 grant recipients who were recognized at Education Minnesota's 2006 Representative Convention in March.

ST. ANTHONY PARK COMMUNITY COUNCIL

Watershed Workshop April 1st 9-12

SAPCC will host a workshop on April 1st to review the study of Bridal Veil Creek Sub-watershed. The purpose of the study was to review all known, prior hydrologic and drainage studies; environmental, biological inventories, histories, pollution and ecosystem studies and reports; and other relevant materials and information on the BVC watershed, to be summarized in a narrative report. The study also includes an important collection of maps, natural inventories, historical documents and personal chronicles of the area. The workshop will be a review of the documents and an opportunity for stakeholders to make factual changes and ask questions. The study is available for review at the SAPCC office (890 Cromwell Avenue) and comments will be taken through April 8th by e-mail (nina@sapcc.org) or by mail.

Watershed Workshop April 30th 12-2

SAPCC will host a workshop on April 30th to decide next steps for the Bridal Veil Creek Sub-watershed. We encourage anyone to come, as the workshop is intended for all those who care about the future of the watershed. As with many urban watersheds, opportunities lie in the areas of stormwater management, aesthetics, historical interpretation, recreation, pedestrian accessibility and greenway development. We would also like to focus on the restoration of native plant communities and the connectivity to parks and natural areas.

Kasota Pond Cleanup April 22nd 9-12

The Kasota Ponds is one of St. Anthony Park's most precious environmental resources. Please join us in our annual spring cleaning to remove the trash (cans, paper, plastic, etc.) that has collected in the Kasota Ponds area. **For more information and to sign up to volunteer please contact our office.**

Or, just show up! Come to the parking lot west off HWY 280 on the south side of Kasota Avenue, just beyond the RR tracks.

Volunteers of all ages welcome

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**4-H
News** by Kristina Abbas

Wow! We sure got a lot of snow! But that didn't stop 4-Hers from coming to the March meeting. About 20 kids showed up.

During the meeting we started discussing the Pie and Ice Cream Social, which will be held in June. To help us get ready for

the Ramsey County Fair and Food-a-Rama, we had some examples of projects and some tips.

We also planned our April project meeting. Our project will be indoor gardens. We will be making terrariums. If you come,

please bring a container for the project.

We would be glad to see you at our next meeting, which will be held on Monday, April 10 at Lauderdale City Hall.

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Ask the Accountant

by Carey D. Balance, CPA, MBA, HAH

SW of Lauderdale writes:

Dear Carey,
I keep reading in the financial news about leveraged debentures tumbling to an all-time low. Should I be concerned? Should I liquidate my blue chips? What about my teal and aquamarine chips?

Carey responds:

Dear **SW**,
It all depends on whether your second-tier shortfall buyout jump-start forfeiture consolidations are solvent. If they are, go for it!

AG of St. Anthony Park writes:

Dear Carey,
Lately, my high-end, high-yield, no-fee, low-load inventory commodities look more like junk bond threshold deposit loss-leaders than the bearish

venture-capital trickle-down windfall accounts they're supposed to be. What gives?

Carey responds:

Dear **AG**,
Call me at my office, and we'll give your aggregate deposit balance subsidiary portfolio a thorough going-over. If we can't jump-start a supply-side, tax-incremented, balloon-driven, capital-spending upswing, then perhaps one of Equity Receivership Refinancing Consultants' malleable market management specialists can initiate a little venture-capital blowback incentive-deposit aggregate-increment commodities acceleration. Either way, you're in good shape.

*Have a financial question for Carey?
Send it to him care of this paper.*

Hybrid could be ultimate privacy hedge

by Frank N. Stein

A St. Anthony Park resident has developed a hybrid shrub she calls "the ultimate privacy hedge." The new plant, dubbed "Buck-Ivy," is a cross-pollination of buckthorn and poison ivy.

"I was tired of people walking past my house and looking into the yard," said Gogh N. Skrachett.

Skrachett said that her Buck-Ivy hedge was cheaper than a fence and looks much better.

"And if somebody tries to hold the branches apart and peck through — well, let's just say they won't make that mistake again." Skrachett added that Buck-Ivy is hardy to Zone 3.

Not all local residents are happy about having Buck-Ivy in their neighborhood. At a recent town meeting, University of Minnesota horticulturist Artie Chokeheart pointed out that the community has worked hard in

recent years to eradicate buckthorn.

Skrachett responded that the war on buckthorn isn't working any better than the war on drugs. "There's still plenty of buckthorn around," she said, "and we may as well take advantage of it."

Skrachett declined to comment on reports that she has been experimenting with the addition of kudzu to her Buck-Ivy hybrid.

MnDOT promotes signal-less automobiles

by Seymore Dents

The Minnesota Department of Transportation announced this week that they will promote the manufacture and sale of vehicles without turn signals, citing an almost complete absence of their use in the state.

"Not signaling turns and lane changes is almost a Minnesota tradition," said Ethel Gass, director of MnDOT's Public Safety Department. "I think we Minnesotans view using signals as showing off. We're not

the type to go around flashing our lights."

When asked if this move wasn't simply a capitulation to bad driving, Gass replied, "Sometimes you have to lose a battle to win the war. To be honest, if we can get motorists to point their cars straight down the road and push the 'go' pedal, we figure we're winning the war."

A survey of automobile manufacturers indicates that eliminating turn signals from a car

could lower its price by as much as \$600.

Gass said that MnDOT will be watching the turn signal elimination program carefully, and that if it is successful they will also consider doing away with crosswalks, yield signs and bike lanes.

"We're all about giving Minnesota drivers what they want," she said.

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Maundy Thursday
April 13, 7:00 p.m.

Good Friday
April 14, 7:00 p.m.

Easter Day
April 16, 8:30 and 11:00 a.m.
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designers, horticulturists, garden workers and business managers. Among the services Hermes Floral offers is a standing flower order program for homes and businesses, with delivery throughout the Twin Cities.

A stroll through the Hermes Floral retail shop is a particular delight in springtime, when Minnesotans hunger for the color and smell of fresh greenery after a long winter. There are inspired floral arrangements created by designers in the shop's back room. There is also a small cooler so that, in the European garden-market style, customers can choose, stem by stem, the flowers for a bouquet.

During a visit in March, the selection included tulips that ranged from ivory and yellow to variegated orange and pink. There were chartreuse calla lilies, deep purple irises and tightly

clenched daffodils revealing edges of bright yellow petals. There were three varieties of pussy willow: the familiar sturdy kind; an heirloom type with small, pale violet buds on a slender twig; or an intriguing, curvaceous, flattened stem studded with fuzzy buds.

The shelves are lined with different kinds of vases and baskets as well as a creative selection of gifts to complement a floral bouquet. The shop also carries specialty candies and chocolates, a line of organic soaps and lotions by Zum, candles and gift cards.

In addition, there are craft items from local artists, including the whimsical stained-glass work of Robert Calton. Soon they will add silver and copper jewelry and birch-bark art by Robyn Foster, a great-great-granddaughter of Jane Gibbs of Gibbs Farm fame.

To celebrate one hundred years of "cultivating flowers, family and community," Hermes Floral will plant a centennial garden in front of the store. It will be a nod to the past, with native plants combined with a contemporary aesthetic for color and texture.

The Garden Center that is part of the retail shop on Larpenteur will have an official opening on May 6 and 7. There will be door prizes, refreshments and seminars on starting seeds and plant care.

Hermes Floral maintains a Web site (www.hermesfloral.com) and offers a monthly online newsletter with special offers for customers and gardening tips. Look for the Hermes Floral float in Roseville's Rose Fest Parade on June 24.

Holy Childhood School

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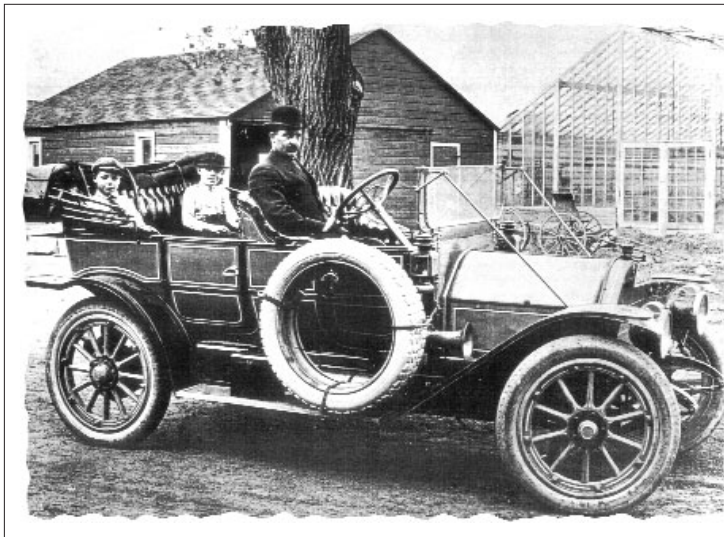
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Above: Peter Hermes, founder of Hermes Floral, takes his sons Norbert and Raymond for a spin in the family's first car.

Below (left to right): Peter Hermes' sons Norbert, Al, Bob and Ewald get ready to make a delivery.



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On May 5 from 5:30 to 8 p.m., St. Anthony Park Elementary School will hold a 50th Anniversary Carnival and All-School Reunion. The event will include games from the 1950s and 1960s as well as an alumni room where people can meet, talk and look at old photos like these.



St. Anthony Park Neighbors for Peace



Planning meeting (all are welcome):
Thursday, April 13, 7 p.m.
The home of Gary Carlson, 1389 Grantham Street
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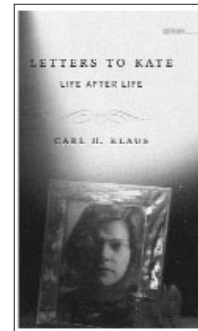
Carl H. Klaus reading from his book
Letters To Kate. Wednesday, April 19, 7:00 p.m.

A unique and deeply thoughtful contribution to the canon on grief, loss, and love
- Minneapolis Star Tribune



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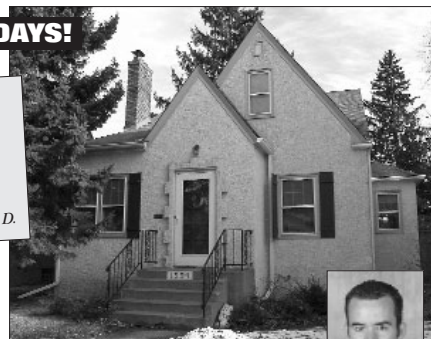
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March 29-May 31
Northwestern Hall
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1501 Fulham St., St. Paul

The exhibit is open during regular campus hours. Call 651-641-3456 for times. A discount is available for group tours. Call Suzanne Hequet at 651-641-3205.



Aging Gracefully by Mary Jo Tarasor

Two years ago I was diagnosed with cancer. The initial prognosis of "surgery, a few months of chemo and you'll be fine" did not materialize. There have been successive surgeries and chemotherapies, and my prognosis is at best unclear.

During this period one of my children "fell apart," experiencing severe personality problems, while another gained

about 20 pounds and my one minor child started wetting the bed. Deep down, my children are still my children even though they may be adults, and they're frightened.

Fear can prompt unhealthy responses to emotional situations, and that can spell disaster when a family is responding to the diminishing capacity of an aging parent.

The youth-oriented, pell-mell pace of our culture puts stress on the aging individual, and it is common for seniors to be "in denial" about their own diminishing capacity. A word of defense here: Since I've been diagnosed with cancer, I've realized that we all live in daily denial of our own death. If we didn't, many of us would go crazy worrying about all the ways we might die on any given day.

The difference with an aging individual is there comes a point when this ubiquitous denial becomes a risk factor rather than a technique for preserving sanity, and adult children should be prepared for this. It is important to discuss supportive services that can help your elder live independently.

But it is imperative that first you communicate clearly and lovingly: "You're not alone. Everyone feels like the problems of old age can't happen to them personally. But they do. You're having some problems because of your age. We need to talk about it."

Establishing this can make it easier for all concerned. Bear in mind that your message may require several repetitions to sink in. Marketing types say that we need to hear something six times to really hear it.

Stress is also a problem for adult children. Some cannot face the idea of their parent becoming less capable, and they may handle the stress by dropping out of the

family circle to some extent.

Another individual may try to take on everything out of the same fear. "If I can be there for Mom all the time, I can keep her from dying" is the emotional reasoning here.

Although these two people react to their fear in different ways, either can end up feeling hostile or resentful. One may believe that no matter what he does, it will never be enough to please the other. The other may feel that no one else cares, and if she doesn't do everything it won't get done.

Add to these psychological differences varying levels of family and job responsibilities, physical distance and other factors affecting one's ability to see and communicate with an aging parent, and you can see how confusion and crisis often develop in a family caregiving situation.

The solution is honest communication, and that's a tough thing to manage when you're operating out of primal fear. So cheat a little. If you're concerned about an aging parent, photocopy this article, underline relevant portions and give it to your siblings. Tell them, "I think this is you, I think this is me, and we have to start talking about Mom/Dad so we can learn how to help in this situation, rather than make it worse."

And call 489-2510 to talk to Mary Hayes, our caregiver coordinator, for support and guidance as you navigate this difficult time. You'll be glad you did.

The St. Anthony Park Block Nurse Program offers services to older adults and those who care for them. Aging Gracefully is one way we communicate with our community. We welcome ideas and feedback for this column at 642-9052 or sapbnp@bistream.net.



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Readings

Tuesday, April 18, 7 p.m.
Micawber's. **Speakeasy Speakout.**
Panelists Barrie Borich, Wang Ping and Quinton Skinner will discuss technology's effects on books and other media.

Wednesday, April 19, 7 p.m.
Micawber's. **Carl Klaus** ("Letters to Kate").

Tuesday, April 25, 6:30-8:30 p.m. St. Anthony Park Public Library. Patricia Hampl will discuss **Il Poverello: The Life of Saint Francis of Assisi.** Medieval and renaissance music provided by the Rose Ensemble. Sponsored by the Friends of the St. Paul Public Library.

Groups

Wednesday, April 5, 6:30 p.m. St. Anthony Park Library.
St. Anthony Park Writers Group. All welcome.

Saturday, April 8, 8 p.m.
Coffee Grounds. **Northstar Storytelling Concert.**
www.northstarstorytelling.org

Monday, April 10, 7 p.m., Micawber's. **Probers' Book Group.** "Our Endangered Values" by Jimmy Carter. All welcome.

Wednesday, April 12, 7 p.m. St. Anthony Park Library Book Club. "Before You Know Kindness" by Chris Bohjalian. Call Carla (642-0411) for more information. All welcome.

Thursday, April 13, 10:15 a.m. Coffee Grounds. **Storytelling for Children** with Pam Schweitzer.

Tuesday, April 18, 6:30 p.m. Coffee Grounds. **Pajama Party Storytelling for Children.**

Library Events

Fridays through April, 10:30 a.m. **Story time** for preschoolers ages 3-5. Call Rosie (642-0411) for more information.

Tuesday, April 11, 7 p.m. Celebrate National Poetry Month with local poet Gerhard Neubeck.

People

Hannah Nauen, a student at Murray Junior High School, took first place in the 7th- and 8th-grade category of a statewide essay contest sponsored by the Minnesota Alliance for Geographic Education. The topic was Migration: The Human Journey. Hannah is the daughter of PJ Pofahl and Charlie Nauen of St. Anthony Park.

Swedish Immigration to Minnesota

by **Hannah Nauen**

Minnesota, like the United States, has been deeply impacted by immigrants, including Swedish immigrants. Swedes began coming to Minnesota in the mid-19th century to escape undesirable conditions in their home country and to benefit from the land of Minnesota, which was similar to the land of Sweden. Swedish immigrants have personally contributed much to the culture, including the cuisine, of Minnesota.

Lack of adequate farmland, religious persecution, and mandatory military service were the primary reasons the Swedes wanted to leave their home country. In the mid-1800s, the population of Sweden was on the rise, which resulted in less available land for farming. This pushed many Swedes out of their homeland and across the ocean to the United States.

Minnesota beckoned to the Swedes because there was an availability of employment, usually with higher wages. There was also a thriving timber industry and vast farmlands.

The climate and vegetation of the region of Minnesota were very similar to regions in Sweden. Chisago County in particular was appealing to immigrants because its wooded areas and streams and rivers were reminiscent of Sweden's forested land. By 1910, 75 percent of the population of Chisago County was of Swedish descent. The immigrants were also attracted to Minneapolis and St. Paul.

The Swedish began to immigrate to these areas and the rest of Minnesota in the middle of the 19th century and continued through the early 20th century. The first Swedish immigrants arrived in Minnesota in 1851. They usually traveled by ship from Sweden, in northern Europe, across the Atlantic Ocean to Ellis Island in New York, and then took a train across the United States to Minneapolis or St. Paul. Then they settled either in the Twin Cities, if they wanted to work in a business or a factory, or in a small rural town, if they wanted to have a farm.

Because there were a lot of Swedes immigrating, they settled in all parts of the state as well as in various parts of the rest of the United States. Between 1880 and 1890, the percentage of Swedish immigrants in the Twin Cities population grew from 6.8 percent to 15.8 percent. Today, one out of every 25 American citizens has Swedish ancestors.

Ever heard the word "smorgasbord"? Well, that word is from the Swedish. Smorgasbord literally means "bread and butter table" in Swedish. Traditional Swedish smorgasbords always included Swedish meatballs and various herring dishes. Now the word is used to describe any large meal. Swedish meatballs, obviously from Sweden, are now a traditional Minnesotan food.

Swedish people have also contributed to our country's development. The aviator Charles Lindbergh and the poet Carl Sandburg were both Swedes. The liquid crystal display (LCD), computer mouse, and ball bearings were all invented by Swedes.

Swedish immigrants have heavily influenced Minnesota in their 150-year history here. The next time you eat a Swedish meatball or read a poem by Carl Sandburg, think of the Swedish immigrants and how they have helped shape our culture.

AMERICAN LIFE IN POETRY

By Ted Kooser, U.S. Poet Laureate

Walt Whitman's poems took in the world through a wide-angle lens, including nearly everything, but most later poets have focused much more narrowly. Here the poet and novelist Jim Harrison nods to Whitman with a sweeping, inclusive poem about the course of life.

Marching

At dawn I heard among bird calls
the billions of marching feet in the churn
and squeak of gravel, even tiny feet
still wet from the mother's amniotic fluid,
and very old halting feet, the feet
of the very light and very heavy, all marching
but not together, criss-crossing at every angle
with sincere attempts not to touch, not to bump
into each other, walking in the doors of houses
and out the back door forty years later, finally
knowing that time collapses on a single
plateau where they were all their lives,
knowing that time stops when the heart stops
as they walk off the earth into the night air.

"Marching," from Jim Harrison's "Saving Daylight" (2006) is reprinted by permission of Copper Cayon Press.

This weekly column is supported by The Poetry Foundation, The Library of Congress, and the Department of English at the University of Nebraska, Lincoln. This column does not accept unsolicited poetry.

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Natalie Haas, cello

Season finale
CAVANI STRING QUARTET
April 30th 7:00 p.m.



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Kirsten Docter, viola
Merry Peckham, cello

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* April 9 - Mark O'Connor \$25

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& Micawber's Bookstore in St. Anthony Park.

April Arts

Music

Coffee Grounds

1579 Hamline, 644-9959

Reed Schileman & Paul Dahlburg
April 1, 8pm

Open Mic with Bill Hammond
April 2, 6pm

Real Book Jazz Invitational Jam
April 3, 7:45pm

Bill Hammond & Barbara Piper
April 7, 8pm

Real Book Jazz Invitational Jam
April 10, 7:45pm

Bill Cagley's Roots Music Showcase
April 13, 7pm

Michael Jay Jazz Trio
April 14, 8pm

J.G. Everest
April 15, 8pm

Real Book Jazz Invitational Jam
April 17, 7:45pm

Trio Tip
April 21, 8pm

Jeff Goldstein Trio (jazz)
April 22, 8pm

Real Book Jazz Invitational Jam
April 24, 7:45pm

Bill Cagley's Roots Music Showcase
April 27, 7pm

B.L.T. (Karl Burke, Rich Lindel,
Rhode Tate)
April 28, 8pm

Cellotude (cello quartet with
Anna Vasquez)
April 29, 8pm

Como Park High School
740 W. Rose Ave., 293-8800

CONCERT CHOIR AT ORDWAY HONORS
CONCERT AND ART EXHIBIT, 7:30pm

Ginkgo Coffeehouse
721 N. Snelling Ave., 645-2677

Bluegrass and Oldtime Jam Session
April 26, 7pm

Open Stage
First and third Wednesdays;
6pm sign-up

Music in the Park Series
www.musicintheparkseries.org
St. Anthony Park UCC
2129 Commonwealth Ave.
645-5699

Mark O'Connor's
Appalachia Waltz Trio
April 9, 3pm & 7pm

CAVANI STRING QUARTET
April 30, 7pm

Family Concerts
St. Matthew's Episcopal Church
2136 CARTER AVE.

CAVANI STRING QUARTET
April 28, 6:15 and 7:30pm

**St. Anthony Park
Lutheran Church**
2323 Como Ave., 645-0371

St. Paul Vocal Forum
"Singing for Understanding
and Peace"
April 30, 7:30pm

CYMANFA GANU (Welsh Hymns)
April 30, 2:30pm
Held at Prospect Park
United Methodist Church
Includes special Welsh music,
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Goldstein Museum of Design
240 McNeal Hall
1985 Buford Ave.
612-624-7434

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Human Ecology
Through April 9

**Luther Seminary
Olson Campus Center**
1490 Fullham St., 641-3390

"Jews of the Luthertown Wittenberg
in the Third Reich"
March 29 to May 31

**St. Paul Student Center
University of Minnesota**
612-625-0214

"Digital Discourse"
Images by James Michael Lawrence &
Emily Radosavljevic
Through April 6

"Aging With Indignity"
Lucy Rose Fischer &
Betty Globus Goodman
April 13 to June 1
Opening reception: April 26,
11:30am

**St. Anthony Park
Lutheran Church**
2323 Como Ave., 645-0371

Chinese artist He Qi
Through April 16
9am to 5pm weekdays, 8am to noon
Sundays

Photography by Paula Carter, digital
watercolors by Dale Goetzke
Opens April 23

**Undercroft Gallery
St. Matthews
Episcopal Church**
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8th ANNUAL COMMUNITY ART SHOW
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Visual Arts

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Sunday - 8am - 3pm

April Calendar

1 Saturday

• Nocturnal Bowling (612-625-5246), 10:30 a.m. - 5 p.m. at the Gopher Spot, St. Paul Student Center, 2017 Buford Ave., St. Paul Campus. Every Saturday.

2 Sunday

• College of Veterinary Medicine spring open house, 11 a.m. - 4 p.m. St. Paul campus.
• Raptor Center spring open house, 11 a.m. - 4 p.m. 1920 Fitch Ave., St. Paul campus.

3 Monday

• Free in-store wine sampling at The Little Wine Shoppe, 2236 Carter Ave., 645-5178. Stop by anytime between 4:30 and 7:30 p.m. Must be 21 years of age or older to attend. All featured wines are 10% off during the tasting. www.thelittlewineshoppe.com
• AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.
• Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.
• Como Park recycling. Every Monday.
• Lauderdale recycling.

4 Tuesday

• Como Wood Carvers, 7 p.m. at Coffee Grounds, 1579 Hamline Ave.
• St. Anthony Park Garden Club, St. Anthony Park Library, 7 p.m.
• Spring Celebration Party at Langford Rec Center, 4 - 5:30 p.m. for ages 12 & under. Carnival games, egg hunt, petting zoo, face painting. Free.
• Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m. - noon. Every Tuesday.

• Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35 - 8:35 a.m. Every Tuesday.
• Chair Exercise Classes - Seal High Rise, 825 Seal St. Every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.

5 Wednesday

• The Bead Ladies, 10 a.m. at Coffee Grounds, 1579 Hamline Ave. Every Wednesday in April.
• Women's Connection, a women's networking organization (603-0954), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.
• Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m. - 1 p.m. Lunch reservations by Monday. Every Wednesday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program, 1st and 3rd Wednesdays 11 a.m. - noon.
• Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1-2 p.m.
• St. Anthony Park recycling. Every Wednesday.

6 Thursday

• Karate: Soo Bahk Do classes start today at Langford Rec Center and go until May 25. 5:30 - 6:30 p.m., \$70 for 8 sessions, ages: 6 to adult.
• Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m. - noon. Every Thursday.
• Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m. - 12:30 p.m. Every Thursday.

• Chair Exercise Classes - Seal High Rise, 825 Seal St. Every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.
• St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 890 Cromwell, 6 p.m.

7 Friday

• Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30 - 11:30 a.m. Every Friday. First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.

8 Saturday

• Twin Cities German Immersion School rummage sale, 9 a.m. - 2 p.m., 1399 Eustis St.

10 Monday

• Park Press, Inc., Park Bugle Board meeting, St. Anthony Park Block community room, 7 a.m.
• St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.
• Join the Falconers for 500 and cribbage at 1 p.m. at Falcon Heights City Hall.

11 Tuesday

• Bridge Club card players and Como Wood Carvers, 7 p.m. at Coffee Grounds, 1579 Hamline Ave.
• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.
• St. Anthony Park Community Band rehearsal, Como Park High School band room, 7:15 p.m.

12 Wednesday

• Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.

13 Thursday

• Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.

14 Friday

• Falcon Heights recycling.

17 Monday

• Lauderdale recycling.

18 Tuesday

• District 10 board meeting. Call 644-3889 for details.

19 Wednesday

• Free in-store wine sampling at The Little Wine Shoppe, 2236 Carter Ave., 645-5178. Stop by anytime between 4:30 and 7:30 p.m. Must be 21 years of age or older to attend. All featured wines are 10% off during the tasting. www.thelittlewineshoppe.com
• Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m. - 1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11 - 11:45 a.m.
• Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1 p.m. - 2 p.m.
• Langford Booster Club, Langford Park, 7 p.m.

21 Friday

• Falcon Heights School Carnival, 5:30 - 8:30 p.m. Games, country store, food, raffles, cake walk, fun for the whole family.

24 Monday

• Join the Falconers for 500 and cribbage at 1 p.m. at Falcon Heights City Hall.

25 Tuesday

• Como Wood Carvers, 7 p.m. Coffee Grounds, 1579 Hamline Ave.

• "Characters Come Alive," 6 - 7:30 p.m. Falcon Heights Elementary School. Presentation by 5th and 6th grade students.

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

• Como Park High School Parent Advisory Council meeting, 7 p.m. in the library.

26 Wednesday

• Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.
• St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 p.m.

27 Thursday

• Como Park H.S. Top Ten students will be recognized at 7 p.m. in the cafeteria.

28 Friday

• Falcon Heights recycling.

29 Saturday

• Como Park High School Prom. Grand March at the school, 4 - 7 p.m. Prom at Bandana Square, 8 p.m.

For a schedule of St. Paul Public Schools athletic events, visit www.spaulathletics.org.

Items for the May Community Calendar must be submitted to the Bugle office by 6 p.m., April 21.

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St Anthony Park Block Nurse Program

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LIVES LIVED

Raymond Biermeier

Raymond H. Biermeier, 93, of Como Park died March 10, 2006. He had most recently been residing at Lake Ridge Care Center. Mr. Biermeier was preceded in death by his wife, Ellen Ryan (2000), and is survived by daughters Lois (Tim) Savoy of Texas, Ginger (Fred) Elias, Janet (Bill) Mahe, and Joan (Stan) Schmeckpeper; 11 grandchildren; 9 great-grandchildren; many nieces and nephews; and sister-in-law Helen Ryan.

A Mass of Christian Burial was celebrated Mar. 14 at Holy Childhood Catholic Church, with interment at Resurrection Cemetery.

Laurence Cutkomp

Laurence Kremer Cutkomp, 90, died peacefully Feb. 20, 2006, after a short illness, surrounded by his family.

He was born Jan. 24, 1916, in Wapello, Iowa, the son of Fred Morgan Cutkomp and Glen Kremer Cutkomp. He moved to St. Paul in 1947 and lived in St. Anthony Park for over 50 years.

Larry was professor emeritus of entomology at the University of Minnesota, where he conducted research and taught graduate students for nearly 40 years. His work on insect control took him around the world. He wrote several books and more than 100 articles about insects.

After graduating from Iowa Wesleyan, he received his Ph.D. from Cornell University. He sprayed for mosquitoes with the Tennessee Valley Authority in the 1940s. Later in his career, he worked on sterilization of fruit flies with the International Atomic Energy Agency in Vienna, Austria.

Larry kept himself physically fit by walking to and from work in St. Paul every day, playing handball, skating, skiing, bike riding, bowling and swimming. He was also a philanthropist and avid supporter of human rights.

Survivors include his wife, Ethel B. Longley, of St. Paul; daughters Kay (Dave) Bahan of New York, Terry (Esi) Ostovar of North Carolina and Lee (Dan) Ross of Hovland, Minn.; son Kent (Deb) Cutkomp of Minneapolis; four grandchildren; and two great-grandchildren. He is also mourned by Ethel's daughters Barbara and Mary Durfee and their families.

A memorial service is planned for April 29 at Unity Church in St. Paul.

Orville Johnson

Orville M. Johnson died peacefully, supported by his family, on Feb. 16, 2006. He was 81. He was born December 18, 1924, and spent his youth in St. Paul, where he graduated from Murray High School.

Orville entered the U.S.

Army at age 18, during the height of World War II. As a member of the 90th infantry division assigned to the European theater, he participated in the invasion of France. He was honorably discharged a decorated war hero for wounds sustained in combat.

Following military service, Orville attended the University of Minnesota. He graduated from the Institute of Technology with a degree in mechanical engineering. Throughout his life Orville maintained a passion for education in general and the U of M in particular.

Orville's professional life included work as an engineer in 3M's Tape Customer Engineering Department. He always spoke warmly of his career, but even more so of his relationships with his coworkers.

Orville was an active member of Como Park Lutheran Church for many years and held positions of leadership in the Vasa Order of America and the Kiwanis Club. He was an avid outdoorsman and active in the Nature Conservancy.

Orville was preceded in death by his sister, Irene Solstad. He is survived by his best friend, his wife of 50 years, Verna; daughters Linda (Brent) Bjornson, Nancy (Joel) Kangas and Susan (Craig) Anderson; and six grandchildren.

His memorial service was held Feb. 22 at Como Park Lutheran Church, with interment at Roselawn Cemetery.

Louise O'Neil

Louise H. O'Neil passed away suddenly on March 16, 2006, at the age of 92.

She was born April 12, 1913, in St. Paul to Rudolph C. Henninger and Leah Harmony Henninger. With her husband,

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Classified deadline:

April 21, 6 p.m.
Next issue: May 1

■ Type or write down your ad, and which section your ad should appear in. Usually we put the first few words in capital letters.

■ Count the words. A word is numbers or letters with a space on each side. A phone number with area code is one word.

■ Figure your cost: 90¢ x number of words (\$9.00 minimum).

■ Mail your ad & check to:
Bugle Classifieds
P.O. Box 8126
St. Paul, MN 55108
or deliver to the Park Bugle drop box at the side entrance to 2190 Como Ave. (on the Knapp Place side of building) by 6 p.m. on the deadline day.
We cannot bill you for your ad.

■ Classifieds cannot be e-mailed, faxed, or taken over the phone.

Instruction

INTRODUCTION TO Integrated Health Care - 4/18. Discover a comprehensive approach to feeling great.
SUPPORT FOR TOXIC DISTRESS - 4/19. Discuss internal cleansing for a healthy body.
RECONNECTING WITH SPIRIT - 4/25. Better understand the link between disease and the unconscious mind.
HATHA YOGA. Classes start week of May 8.
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Child Care

PARK ANGELS CHILD CARE. Lic. in home since 1994. NB-11 yrs. Near Como/Doswell. 651-644-5516.

Professional Services

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TIMMER'S PAINTING - interior and exterior painting and wood staining. Window pane and sash cord replacement. Park resident. Michelle 651-649-1566.

LAWNMOWING, hedge trimming, spring cleanup. Call Chris for free est. 651-690-2427 (home), 612-310-7934 (cell).

TREE TRIMMING/REMOVAL. Free estimates. Reasonable prices. Call Jonathan 651-497-6893.

WE SATISFY ALL YOUR PAINTING NEEDS - Professional painting, interior, exterior, paper-hanging, patching, taping, staining, ceiling spray texturing, water damage repair, and more. Family business in the Park - 50 years. Jim Larson, 651-644-5188.

ALOHA! Always a holiday with Rita's and Molly's cleaning service. Since 1985. 651-699-7022.

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HILLIARD E. SMITH - Const. block, stone, cement work, carpentry, remodeling. 651-644-0715.

CAN'T DECIDE int/ext paint colors? Reasonable rates. Beth, 651-292-0488.

RAIN GUTTERS CLEANED, repaired, installed. Burton's Rain Gutter service. Since 1973. Insured, License #20126373. 651-699-8900.

APPLIANCE REPAIR - Reasonable rates, friendly service, neighborhood references. Ron Wagner, 612-840-3598.

Housing

TOWNHOME available now, 2 bedroom, 2 baths, garage, patio. St. Anthony Park, \$975 651-214-8753.

HOUSING WANTED summer 2006. Vassar College professor and family, former residents of St. Anthony Park, wish to sublet in or near the Park approximately mid-June through mid-August 2006. References from previous Park summer sublets available. Please contact Jim or Linda Merrell at 845-471-4028 or merrell@vassar.edu.

BUYING OR SELLING - Call a Certified Residential Specialist with over 35 years experience. Lauderdale resident. Donna Anfinson, CRS, Century 21 Jay Blank Realty, 651-633-0061.

Employment

CLEANING WOMAN sought. Routine household tasks. Quiet home, no pets. 6 hours per week. 15-20 minutes drive from Park. Reliability crucial. References required. Please call 651-631-2082, leave message.

Wanted

ACUPUNCTURIST needed - Lauderdale Wellness Center is seeking a new acupuncturist or TCM practitioner to join our team. Our previous TCM practitioner did very well here but has moved out of state and her services are sorely missed. All terms negotiable. We would love to hear from you. Call Brian at 651-917-9800.

SAP novelist seeks to interview men/women born 1942-6 who grew up in SAP for research on current novel. Victoria 651-641-1326.

CHILD CARE WANTED for St. Anthony Park family. 1-2 mornings per week with occasional full weekend day. Must love dogs. Graduate student preferred. 651-208-7834.

Sales

LYNGBLOMSTEN AUXILIARY'S spring rummage sale! April 5-7. (Wed. 9 a.m. - 4 p.m.; Thurs. 9 a.m. - 2 p.m.; Fri. 9 a.m. - noon). From furniture to clothing to linens and toys, you'll find everything you need for your home and family at great prices. Matching funds provided by Thrivent Financial for Lutherans. 1298 North Pascal Street, St. Paul. For more details: 651-646-2941 or www.lyngblomsten.org.

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is April 21
before 6 p.m.



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♥drive?	♥pour coffee?	♥pop popcorn?
♥push a wheelchair?	♥pray?	♥shop?

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Volunteers of all ages are welcome.

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Contact Darla Braun, Director of Volunteer Services at
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Lives Lived from 22

Fred, she helped create O'Neil Amusements in Como Park, which they ran for 57 years.

She was proud of her 65-year involvement with the Minnesota State Fair and being involved with the Oklahoma State Fair since 1935, as well as many other fairs and festivals around the nation.

She was a past president of the Ladies Auxiliary of the Showmen's League of America, the Ladies Auxiliary of the Midwest Showmen's Association, and a member of the World Wide Showmen's Association and the greater Tampa Showmen's Association.

Louise was a former member of Constellation 18 of the Eastern Star, Mat-Sha Temple #62, Daughters of the Nile, Eastern Star and the White Shrine.

She was preceded in death by her husband, Fred C. O'Neil; baby daughter Francis Louise; two brothers; and sister Leah. She is survived by children, Teddy, Fred Jr. and Leah O'Neil; seven grandchildren; and six great-grandchildren; along with numerous nieces, nephews, many beloved friends and her loving dog, Lucy.

A funeral service was held March 22 at Mueller-Bies Funeral Home in Roseville, with interment at Oakland Cemetery.

Agnes Razskazoff

Agnes G. Dewar Razskazoff died March 18, 2006. She was born in Stone City, S.D., of first-generation Scottish immigrants. Agnes was happy to have lived in St. Anthony Park since 1952. She worked as a labor/delivery room nurse at St. Luke's, Midway, and St. John's Hospitals.

She was preceded in death by her husband Igor (well-known to generations for his music at Fourth of July parades and other events) and two sisters.

She is survived by children Sharon (Dan) Cunningham, Don (Hilkka) Razskazoff, Meredith (Barney) Melby, Susan (Wayne) Ellingson; nine grandchildren; and six great-grandchildren.

The family wishes to thank the St. Anthony Park Block Nurse Program and neighbors who visited and helped Agnes.

A memorial service was held March 22 at St. Anthony Park United Methodist Church, with burial at Fort Snelling National Cemetery.

Paul Vierow

Paul H. Vierow, formerly of Lauderdale, died Feb. 26, 2006, at the age of 87. He is survived by his wife of 67 years, Bernice; sons Larry (Helen) and Paul (Mary); seven grandchildren; and seven great-grandchildren. A memorial service was held March 5 at Emmaus Lutheran Church in Como Park.

There is no charge for Bugle obituaries. Please alert the Bugle about the deaths of current or former residents of the area. Send more complete information if you have it. Obituaries are compiled by Mary Mergenthal, 644-1650, mary.mergenthal@comcast.net.

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LIFE IN THE CHURCH: *Come and Share*

♦ BETHANY BAPTIST CHURCH

Skillman at Cleveland S., Roseville. 651-631-0211

9:30 a.m. Sunday School

10:45 a.m. Sunday Worship, Pastor Bruce Petersen

1:00 p.m. Korean Sunday Worship, Pastor Jiyong Park

6:30 p.m. Wednesday Kids' Club, Youth Group

April 13th - Maundy Thursday Service 7:00 p.m.

April 16th - Easter Celebration service 10:45 a.m.

♦ COMO PARK LUTHERAN CHURCH - ELCA

1376 Hoyt Ave. W., St. Paul, MN 55108-2300

651-646-7127

Handicapped Accessible

cplc@minter.net

CPLContact ministry 651-644-1897

www.comoparklutheran.org

Sunday Worship Schedule:

8:00, 9:00, & 11:00 a.m. Worship (nursery care provided 8:45 a.m. - 12:15 p.m.)

10:00 a.m. Adult Education and Sunday School

(Holy Communion on 1st & 3rd Sundays)

Rides available for 11:00 a.m. worship;

Call the church office before noon on Friday for ride.

Wednesday Lenten Service: April 5th, 7:00 p.m.

Sunday, April 2nd: Mission Auction, 10:00 a.m.

Please join us for coffee and bagels and lots of fun as we conduct our annual

auction. Come and bid on some great items and services! All proceeds go

directly to local and worldwide missions.

Palm Sunday Services: April 9th: 8:00 a.m., 9:00 a.m., and 11:00 a.m.

Maundy Thursday Service: April 13th, 7:00 p.m.

Good Friday Services: April 14th, 10:00 a.m. Tenebrae Service

7:00 p.m. "Seven Last Words of Christ"

The Good Friday Choir presents the "Seven Last Words of Christ"

by Theodore Dubois with organ and chamber orchestra.

Easter Sunday, April 16th: 6:30 a.m. Sunrise Service

8:00, 9:30 and 11:00 a.m. Worship

Como Park Lutheran Church invites you to join us for worship and Easter

breakfast. Breakfast will be served from 7:30 - 11:00 a.m.

Pastors: Martin Ericson and Mary Kaye Ashley

Visitation Pastor: Leonard Jacobsen

Director of Music Ministry: Thomas Ferry

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♦ NORTH COMO PRESBYTERIAN CHURCH

965 Larpenteur Avenue W., Roseville

651-488-5581, ncpmain@northcomochurch.org

www.northcomochurch.org

Sunday Services: Worship 9:45 a.m., Education 11:00 a.m.

We welcome all to attend.

Handicapped accessible.

♦ PEACE LUTHERAN CHURCH - ELCA

1744 Walnut (at Lone) Lauderdale. 651-644-5440

www.peacelauderale.com

Sunday Worship: 10:00

Education: 9:00 a.m.

Lenten Service - Wednesday April 5th

5:30 p.m. Soup Supper.

7:00 p.m. Marty Haugen Vespers

Holy Week Worship

Thursday, April 13 - 7:00 p.m.

Friday, April 14 - 7:00 p.m.

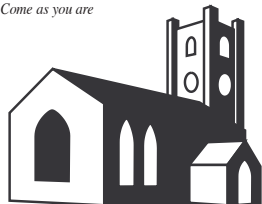
Easter Sunday, April 16

Breakfast - 8:30 a.m.

Worship - 10:00 a.m.

Pastor: David Greenlund

All are welcome - Come as you are

**♦ ST. CECILIA'S CATHOLIC CHURCH**

2357 Bayless Place. 651-644-4502

Website: www.stceciliaspn.org

Handicap accessible

Saturday Mass: 5:00 p.m. at the church

Sunday Masses: 8:15 a.m. and 10:00 a.m. at the church

(nursery provided during the 10:00 a.m. Mass)

Lent and Holy Week Schedule

Communal Penance Service - Sunday, April 2nd, 2:00 p.m.

Living Stations - Wednesday, April 5th, 6:30 p.m.

Living Stations - Friday, April 7th, 7:00 p.m.

Palm Sunday - Saturday, April 8th, 5:00 p.m.

Sunday, April 9th, 8:15 a.m. and 10:00 a.m.

Mass of the Lord's Supper - Thursday, April 13th, 7:30 p.m.

Good Friday Stations of the Cross - Friday, April 14th, 3:00 p.m.

Celebration of Our Lord's Passion and Death - Friday, April 14th, 7:30 p.m.

Easter Vigil - Saturday, April 15th, 8:30 p.m.

Easter Sunday Mass - Sunday, April 16th, 8:15 a.m. and 10:00 a.m.

♦ SPIRIT UNITED CHURCH

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10:15 a.m. Aquarian Communion

10:30 a.m. Sunday Service

♦ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

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Website: www.sapucc.org

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Adult Ed. 8:30 a.m.

Sunday Worship 10:00 a.m., Fellowship: 11:00 a.m.

Nursery Care & Sunday School provided - 10:15 a.m.

Sunday, April 2, 10:00 a.m. - Holy Communion

Sunday, April 9, 10:00 a.m. - Palm Sunday Worship

Thursday, April 13, 7:00 p.m. - Maundy Thursday Service

Sunday, April 16, 10:00 a.m. - Easter Worship

♦ ST. ANTHONY PARK UNITED METHODIST CHURCH

All are welcome!

2200 Hillside Ave (at Como) 651-646-4859

Pastor Donna Martinson

Go to www.sapumc.org for more about our church.

Sundays:

10:00 a.m. Worship Celebration

10:20 a.m. Sunday School for 3 years old to 5th grade

11:00 a.m. Fellowship & Refreshments

April 13, 6:00 p.m. - Maundy Thursday Supper & Worship

April 14, 7:00 p.m. - Good Friday Worship Service

Easter Sunday, 10:00 a.m. - Communion and Confirmation

♦ ST. ANTHONY PARK LUTHERAN CHURCH

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Soup Suppers every Wednesday in Lent, 5:30 p.m.

Wednesday Lenten Series featuring the art of He Qi, 7:00 p.m.

Palm Sunday, April 9th, 8:30 & 11:00 a.m.

Maundy Thursday, April 13th, 7:00 p.m.

Good Friday, April 14th, 7:00 p.m.

Easter Day, April 16th, 8:30 and 11:00 a.m. with Easter Breakfast at 9:30 a.m.

Sunday Worship: 8:30 and 11:00 a.m., Education Hour for all: 9:45 a.m.

Minnesota Faith Chinese Lutheran Church 1:30 p.m.

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♦ ST. MATTHEW'S EPISCOPAL CHURCH

The Rev. Blair Pogue, Rector

2136 Carter at Chelmsford. 651-645-3058

Website: www.stmatthewsmn.org

Palm/Passion Sunday - April 9th Services at 8:00 a.m. & 10:30 a.m.

Maundy Thursday Agape Meal & Eucharist - April 13

Supper 6:00 p.m. - Service 7:00 p.m.

April 14th - Good Friday Liturgy - Noon, Tenebrae Service - 7:00 p.m.

April 16th - Easter Sunday - Services at 8:00 a.m. & 10:30 a.m.

Sunday Services:

8:00 a.m. Holy Eucharist (Rite I)

10:30 a.m. Holy Eucharist (Rite II)

4:00 p.m. Prospect Hill Friends Meeting