

# Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 32, Number 9, March, 2006

## Carleton Lofts project gets underway on University Ave.

by Jane McClure

Transformation of the former Johnson Brothers Liquor Company warehouses into the Carleton Lofts is in full swing. The first residents should be ready to move into 169 new loft apartments at University Ave. and Carleton St. in spring 2007. Eventually the south St. Anthony Park site will include more than 400 apartments.

City officials see the Carleton Lofts as a key part of turning the University-Raymond area into a vibrant commercial-residential neighborhood.

Ward 4 Council Member Jay Benanav said the housing, which is just blocks east of the new Emerald Garden and Berry

*"I don't know of any other converted warehouses in the area that will have units available for rent."*

—Brad Johnson  
University Carleton Development

Place neighborhoods, will add to the area's appeal for new residents.

"We're very excited about the development and we're on track for the first occupants to start moving in in late spring 2007," said Brad Johnson, chief development officer for University Carleton Development. "It'll be great to see this area turn into an urban village."

Johnson said the rental lofts will provide a unique opportunity for those who want to try warehouse loft living without making a larger investment in a loft condominium.

"I don't know of any other converted warehouses in the area that will have units available for rent," he said. This will not only appeal to

Carleton Lofts to 6



An exhibition of paintings by Chinese artist He Qi will run from March 1 to April 16 at St. Anthony Park Lutheran Church. Some 20 works will be on display, including this one: "The Women Arriving at the Tomb." See story on p. 9.

## Tales told out of school build literacy in St. Anthony Park

by Anne Holzman

With an elementary school, a junior high, a seminary and a university campus, it's pretty obvious that education is a major industry in St. Anthony Park.

What's not so obvious is the constellation of literacy and English language learning programs that support those institutions, programs that run largely on hour-by-hour volunteer power but add up to a significant contribution.

And as volunteers often do, these literacy "stars" say they receive as much as they give, learning about new cultures or drawing inspiration from young learners.

The St. Anthony Park Library serves as a hub of language instruction, not only by providing the space, materials and expertise, but by referring volunteers to programs that might interest them and by offering get-to-know-the-library tours to newcomers.

From a third grader who needs help with spelling, to a graduate student looking to polish pronunciation, people seek more than books at the library.

On a cold Thursday afternoon, De la Salle High School freshman Kendra Eull

Literacy to 10



Photo by Christy Myers

Juan Domingo, a third-grade student at Brimhall Elementary, works on his reading skills at St. Anthony Park Library.

## S. St. Anthony Park development sparks debate

JPI proposal could have far-reaching implications in St. Paul

by Jane McClure and Dave Healy

A development proposal to put 500 college students in three buildings in an industrial area in St. Anthony Park could generate debate well beyond that neighborhood.

At its Feb. 22 meeting, the St. Paul City Council voted to overrule a December 2005

judgment by the St. Paul Board of Zoning Appeals (BZA) that would have designated a 150-unit student housing development at 2669 Territorial Rd. as an apartment building rather than a rooming house.

The BZA decision was itself the result of an appeal by JPI Development of a decision by St. Paul's zoning administrator that the project should be classified as a rooming house.

The distinction between rooming houses and apartment buildings is somewhat arcane. Both types of dwellings require code compliance inspections, but rooming houses face more regulations, including licensing,

that apartments do not have to follow.

Last year the city's zoning administrator decided that the proposed student housing development is a rooming house. That designation was applied because each bedroom in a 2- to 4-bedroom unit would be leased separately. Each bedroom occupant would share a kitchen,

*"We feel industrial zoning is a more appropriate land use than housing."*

—Ray Bryan, District 12  
Community Council

bathroom and living room space with 1–3 other residents in a suite arrangement. Each person leasing a bedroom would have his or her own key for that room. Each bedroom would also be equipped with a telephone with an exclusive phone number.

JPI disagreed with the zoning administrator's decision, arguing that the building they want to put up is an apartment house.

Attorney Eric Galatz noted that St. Paul has 33 rooming houses, including fraternities and sororities. The key difference between the JPI proposal and rooming houses, he said, is that in rooming houses, landlords — not tenants — control kitchen, bathroom and living room space. In JPI's buildings the tenants would control those spaces, just as any other apartment dwellers would.

JPI appealed the zoning administrator's decision to the BZA, which voted 4-3 in December 2005 to uphold

the appeal and redesignate the property as an apartment building.

The District 12 Community Council in turn appealed the BZA decision, which sent the matter to the City Council, which ruled that the development has characteristics of both a rooming house and an apartment building.

The council directed JPI to

Development debate to 8

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## CITY FILES

### Falcon Heights

Plans have begun for a "Treasures of Falcon Heights" city tour on May 13 from 1 to 4 p.m. The tour will include homes and landmarks. A bike tour is also being considered. Interested volunteers should contact City Hall (644-5050).

The idea is the brainchild of Neighborhood Commissioner Laura Kwong, age 18. At the January 25 City Council meeting, Mayor Sue Gehrz thanked Kwong for her dedication and enthusiasm and said the city is grateful to have teens serving as commissioners.

Falcon Heights Computer Emergency Response Teams (CERTs) will have a continuing education event on March 20 that will also be relevant for all Neighborhood Liaisons interested in making preparations for a pandemic flu.

Ramsey County and Minnesota Department of Health staff will present information about the flu, possible scenarios and their preparations. Dan Johnson-Powers, lead CERT trainer, will lead a discussion about what individuals can do. Mel Baughman, also a CERT trainer, will present practical advice and samples of his personal preparations.

The event takes place Mar. 20, 6:30 to 8:30 p.m. at Falcon Heights City Hall. RSVP to Kris Grangaard (647-4419 or [kbrd44@comcast.net](mailto:kbrd44@comcast.net)) by Mar. 15.

Since Hurricane Katrina, Falcon Heights residents have been asking City Hall about evacuation plans for the city. On Apr. 27 from 6:30 to 8:30 p.m., Falcon Heights will host a presentation about what circumstances might trigger an evacuation or shelter-in-place, evacuation plans made by the county and city, and how families and CERTs should respond.

The City Council has approved proceeding with a Roselawn Avenue Reconstruction Project. Improvements will be made to Roselawn Ave. from Snelling to Hamline. The road will be widened from 32 to 34 feet with a sidewalk the entire length of the project. Construction is expected to begin in May 2006 and be completed before the State Fair.

### Lauderdale

The City Council has begun discussions about the possibility of licensing single-family and duplex rental properties.

The city of Lauderdale is reviewing its comprehensive plan. The Metropolitan Council requires an update of the plan every 10 years, and Lauderdale needs to have its plan updated in 2008. The current plan can be viewed at City Hall.

The city is looking for volunteer candidates to serve on a comprehensive plan committee. Candidates should be residents of Lauderdale and have a vision for the future of the city, though no previous planning experience is required.

The commitment will involve one or two meetings per month from April 2006 until September 2008. It will include participating in public forums and encouraging other residents to share their ideas with the committee. Call City Hall (631-0300) for more information.

A citywide garage sale is planned for May 20. Citizens can register their sale at City Hall and have their sale included on a map.

The City Council has approved a decision to purchase a larger tractor mower with attachments, including a brush and a cab. This will be used on city property.

### St. Anthony Park

About 80 citizens attended a Feb. 2 meeting to hear about plans for a new bank building on the corner of Como and Doswell Avenues. Since then, representatives from the bank have met with an advisory group of citizens to discuss concerns. The bank is working on revised plans in response to neighborhood suggestions.

JPI wants to build housing for 500 students on a site behind Hubbard Broadcasting. The District Council has opposed the necessary rezoning.

District Council elections will be held on Apr. 11. Applications must be submitted by Mar. 15. Applications are available at the office (890 Cromwell) or at [www.sapcc.org](http://www.sapcc.org).

Mayor Coleman plans to attend the full council meeting on Mar. 9. As always, the public is welcome to attend. The location may be changed in anticipation of larger attendance than usual. Call the office (649-5992) or check the council Web site ([www.sapcc.org](http://www.sapcc.org)) before the meeting.

Eureka Recycling will hold a roundtable discussion at South St. Anthony Rec Center on March 14 from 7 to 9 p.m. The topic is improving the quality and quantity of green space in St. Paul. The roundtable is open to everyone. For more information, e-mail [roundtable@eurekarecycling.org](mailto:roundtable@eurekarecycling.org).

The city of St. Paul has begun a traffic study of the St. Anthony Park area. It is referred to as the Northwest Quadrant Study Area Traffic Study.

The Community Council has launched a new committee: Community Connections, composed of current board members and interested citizens. Tracey Warnberg-Lemm will chair the new committee.

The Community Connections Committee will serve two main purposes: (1) offer greater stewardship to existing council programs such as crime prevention, senior programming and strategies for low-income residents, and (2) create new opportunities for citizen participation, engagement and new initiatives. This will include, but not be limited to, engaging the voices and participation of residents in the rental, artist, minority, GLBT, business, student, senior, youth and immigrant communities.

—Susan Conner

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The Langford Park Booster Club serves to organize, promote and sponsor recreational, athletic, social and civic activities for the benefit, enjoyment and advancement, especially for the young people of the St. Anthony Park community.



# So you wanna be a rock 'n' roll star

by Michelle Christianson

When you watch the Grammy Awards on television, do you ever wonder how those artists reached that pinnacle? Everyone has known kids in garage bands who stopped playing and went on to other pursuits. What makes some musicians press on?

One could ask that question of the musicians themselves. Or one could ask it of their parents. Two couples in St. Anthony Park, Bob and Mary Jane Munson and Barbara and Rich Cain, are well-positioned to talk about the road to musical fame.

The Munson's son, John, has been in the music business since 1985, as a member of the groups Trip Shakespeare (1985-1992), Semisonic (1992-2001), the Flops (2001-2005) and, most recently, The New Standards.

Josh Cain has been involved with a changing roster of musicians, but his present group, Motion City Soundtrack (1999 to the present), is really beginning to take off.

Of course, it helps to have the right genes. Mary Jane Munson's father was both a singer and a trombone player, and she plays the piano and was a talented singer. Barbara Cain says that no one else in the family is a musician, although her sister and mother both played the piano.

Both Bob Munson and Rich Cain were accomplished in technical professions (Bob with a Ph.D. in agronomy and soil science and Rich as an engineer), passing on a drive to excel.

As a child, John Munson was allowed to follow his own path. After one day at preschool, he said he'd have more fun at home, and his parents let him choose to be there.

He took up the trombone, sang in the Metropolitan Boys Choir and played in the Greater Twin Cities Youth Symphony through high school, where he also sang in the chorus and played trombone in the concert band and jazz ensemble.

He also played basketball and football, but when that interfered with his music he decided to let both sports go — a decision that might have

dismayed other fathers, but not Bob Munson.

"We always let our children go their own way," he says. "We told them they were important and loved, and then we let them go."

John studied humanities at the University of Minnesota, but after a trip to China with his parents, he decided to switch to Chinese language and literature. He finished his degree in June 2003.

In 1985 he hooked up with Dan Wilson and his brother Matt, along with drummer Elaine Harris, to form the group Trip Shakespeare, becoming proficient on guitar, bass, double bass, harmonica and keyboards.

In 1992 Matt and Elaine left the group, and Jake Slichter joined them to form Pleasure, which later became Semisonic. That group had huge success with their second album, "Feeling Strangely Fine" and the single "Closing Time," which was nominated for a Grammy in 1999.

After Semisonic broke up in 2001, Munson got back together with Matt Wilson to form the Flops and now is a member of The New Standards, with singer/pianist Chan Poling and vibraphonist Steve Roehm.

It's been exciting for the Munsons, including siblings Susan and Anthony, to follow John's progress as a musician. Both Bob and Mary Jane are proud of his success and thrilled to know he's doing what he loves to do. But they say it has sometimes been hard to see his bands struggle to achieve recognition, the long road trips and the fleeting nature of fame.

"We just keep encouraging him and letting him know that we support him," says Bob.

The Cains are just beginning that journey of support. Josh was not a natural musician as a child, but he did take violin lessons in third grade. After serving as a crew member in the film "The Mighty Ducks," he used his paycheck to buy a guitar, and that became the love of his life.

"He practiced all the time — on the phone, in the living room, in front of the television," laughs Barbara.

At Central High School Josh took a songwriting class and began to write his own songs. After high school he met Stillwater High School graduate Justin Pierre, who writes lyrics and with whom Cain creates the music for their songs.

Together they were in many bands, but in 1999 they formed Motion City Soundtrack, their current group. The band produced a CD, playing and touring extensively before Epitaph Records picked them up and remixed and released their first album, "I Am the Movie," in 2002.

Their first single and video, "The Future Freaks Me Out," brought even more acclaim, and they were asked to open for the group Blink-182 on their European and Japanese tours.

They have been part of the Warped and Epitaph Record tours, and they released their second album, "Commit This to Memory," early last year. They have appeared on the Conan O'Brien and Jimmy Kimmel programs, and their video "Everything is Alright" has

Rock 'n' roll to page 14

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## EDITORIAL

He says: Some people just need to develop a thicker skin. In today's world, we all have to accept the free flow of ideas, even if some of us find some of those ideas offensive. So-called blasphemy doesn't violate anyone's civil rights. Plus, it's impossible to avoid offending everyone. Someone somewhere sometime is going to find almost anything objectionable. You can't walk around on eggshells all the time.

She says: As the world continues to shrink, as information highways are extended and widened, as nations and cities and neighborhoods become increasingly multicultural, cultural sensitivity becomes not just a virtue but a necessity. Perhaps there was a day when like-minded individuals could safely make jokes at the expense of others' ethnicity or religion or sexual identity, but that day is over. Some things just aren't funny.

What does it mean to take offense? Recently we've been forced to confront that question on an international scale as shock waves continue to emanate from the publication of cartoons depicting the prophet Muhammed. Muslims consider any physical likeness of Muhammed to be blasphemous, and many have been especially offended by drawings of him that they believe show disrespect.

Closer to home, a reader writes in a letter to the editor this month that he found an ad in the February Bugle to be offensive. That ad trades on a popular television show, "The Sopranos," which some Italians and Italian-Americans object to because they believe it unfairly stereotypes their ethnicity.

What responsibility do newspapers have to avoid offending readers?

What is the function and value of humor? What does it mean to make, and take, a joke? What topics should be off-limits for joking?

What makes something sacred? Who gets to decide which objects

or personages or ideas are sacred? What happens when something you believe is sacred gets ridiculed?

What is the difference between the sacred and a sacred cow? Who gets to decide which objects or personages or ideas represent balloons that need to be pricked?

Should blondes be able to laugh at "dumb blonde" jokes? Should alcoholics be able to laugh at jokes about drunks? Should Scandinavians be able to laugh at Ole and Lena jokes? Should blacks be able to laugh at blackface? Should gays be able to laugh at lisps and limp wrists?

What's the difference between insiders making jokes about each other and outsiders making jokes about them?

Is there such a thing as righteous indignation? If so, what distinguishes it from garden-variety anger? What's worth getting righteously indignant about?

The very notion of indignation is sometimes given a cultural slant. Certain ethnic groups are said to be more hot-blooded than others. Certain parts of the United States are considered more laid back. Locals might debate the validity of "Minnesota nice," but no such discussion is likely to be prompted by an assertion of "New York nice."

Are any generalizations justified about racial and ethnic groups, males and females, gays and straights, Midwesterners and Southerners? When do generalizations give way to stereotypes?

Those of us who are culturally or geographically or religiously or temperamentally inclined to live and let live may find it astonishing that other people can get worked up over a cartoon or an advertisement. And they in turn may find it equally astonishing that we never seem to get worked up about anything.

Can we all just get along?

## LETTERS

## Keep Ginkgo's

I heard that a new bank is going to be built. And Ginkgo's is going to have to be closed. That will make me sad. I like to go there to get ice cream with my mom and dad. And I think that the new bank should have a new Ginkgo's.

*Leo Wieffering  
St. Anthony Park*

## New bank good for area

I am writing to support the proposed new location for Park

Midway Bank. The current bank location has many limitations that will be solved by this location.

The bank's mission is to be a major player in urban development and a supporter of small business and nonprofits. This new location will cement the bank's long-term commitment to our neighborhood and ensure that the bank will continue to play its positive role in our city and neighborhood.

*Kent Eklund  
St. Anthony Park*

## Ad is offensive

The ad in your February issue for Muffuletta is very offensive.

Clever? Witty? Not! Stereotyping? Bigotry? Yes!

In our enlightened times, we are not supposed to slander "others," whether racial, ethnic or religious groups. That includes Italians and Italian-Americans.

"Dine in Naples (without paying an arm and a kneecap)." Cute? Not.

Save yourself a trip to Naples to watch the Sopranos and enjoy la Cucina Napoletana at

Muffuletta. Not likely. A cuisine that goes beyond red sauce. Get it?

Message: Those Italians may know how to cook, but they are more likely to cut your throat.

This is the kind of group defamation that demagogues got away with a hundred years ago. But not anymore, sonny boy.

The ad ends: "No disrespect." Just having fun at our expense? No you don't.

*Rudolph J. Vecoli  
St. Anthony Park*

## COMMENTARY

## by Rick Beeson

Park Midway Bank is excited to be working with the community on development of a new headquarters building in St. Anthony Park. This will be our fourth building project on Como Ave. since our inception in 1916.

As a neighborhood-founded and still St. Paul-owned-and-managed community bank, engaging in an open and participatory process is very important to our institution, and we welcome the continued input and involvement of this neighborhood, which we consider home.

The bank is in the process of redeveloping the site of our current drive-in location at 2300 Como Ave. This \$3 million project will start construction after Labor Day 2006.

The business decision to

undertake the project is not made lightly and is one that we have been deliberating for several years. We have sought alternative sites and solutions but have concluded that there are no other acceptable and developable sites in the vicinity. Also, we will not ask the community to vacate streets or rezone property as ways to accommodate our commercial needs.

The factors driving the decision include the need to consolidate two separate buildings for efficiency purposes, the desire to own our own real estate (we do not own the main bank building) and the necessity of controlling our high and increasing occupancy costs. The existing drive-in building, while architecturally unique and pleasing, has outlived its usefulness and has no functional life remaining.

The bank and its Sunrise Holding Company (we also own Franklin Bank in Minneapolis and University Bank in St. Paul) will consolidate some backroom functions and relocate 21 of our 45 current occupants elsewhere in St. Paul. All employees working with the public will remain on Como.

Finally, a new building will better serve customer needs with improved parking, circulation, privacy, security and technology.

Building a new facility in a vital urban area calls for community engagement. Unlike large chain businesses that make their facility decisions out of state and prefer "cookie-cutter" designs, we have elected to work with the community in a partnership. Beginning in November, the bank began appearing publicly before the District 12 Community Council

and other bodies, including two full board meetings, a Land Use Committee meeting, a Zoning Committee meeting and the Board of Zoning appeals (we received a three car parking variance).

On Feb. 2 at St. Anthony Park Elementary School, 85 neighbors joined the bank and District 12 in a town hall meeting. This was a particularly helpful evening, as we held small group break-out sessions and an open question-and-answer period. Much valuable input was received.

Two primary concerns have been expressed by community members: loss of the "gathering space" outside Ginkgo's, which the bank has improved over the years, and the appearance of the new building's exterior, as illustrated in preliminary drawings.

*Commentary to 5*



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The Park Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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On February 9, the St. Anthony Park Elementary School Band entertained residents of the St. Anthony Park Home. One of the band's alto saxophone players is sixth-grader Whitney Burke.

Photos by Christy Myers

### Thanks, readers, for contributing to the Bugle fund drive

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### Commentary from 4

To address these concerns, we have taken several steps. First, we have established an Advisory Committee comprising 10 St. Anthony Park residents. They are working on three things:

1. Site issues including landscaping and outside seating. John Thomas, well-known and respected professional landscaper and Doswell resident living behind the drive-in site, is taking the lead role and has been added to our design team.

2. Exterior design issues including massing, materials and compatibility. Dr. Thomas Fisher, dean of the University of Minnesota's College of Architecture and Landscape

Architecture, and St. Anthony Park resident, has been added as an unpaid consultant and is working closely with our architect.

3. Environmental and energy issues. We are working to qualify the new building for LEED certification. LEED, which stands for Leadership in Energy and Environmental Design, is a voluntary national standard for developing high-performance, sustainable buildings. Based on scientific standards, LEED emphasizes state-of-the-art strategies for sustainable site development, water savings, energy efficiency, materials selection and indoor environmental quality.

I want to especially thank those residents who have submitted their own design concepts and ideas. They all have worthy elements and are being forwarded to the Advisory Committee.

Yes, change is coming to St. Anthony Park. The neighborhood has a number of sites that developers and property owners would like to differently or more fully utilize. We need to prepare ourselves for this reality. Managing this change is the key to ensuring that our great community becomes even better.

Rick Beeson is president of Park Midway Bank.

## Reasons to visit the Bugle Web site:

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[www.parkbugle.org](http://www.parkbugle.org)



Some Bugle articles also appear on the Twin Cities Daily Planet, the community news wire of the Twin Cities Media Alliance. Check them out at: [www.dailyplanet.net](http://www.dailyplanet.net)

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### St. Anthony Park Neighbors for Peace

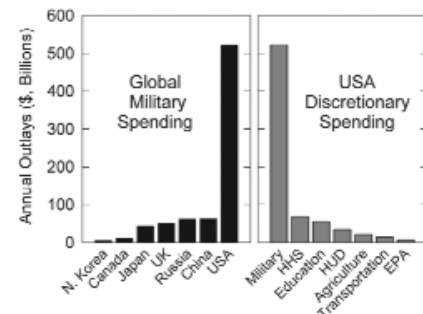
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\*Caucuses are Tuesday evening, March 7

Sources: OMB and the Center for Arms Control and Non-Proliferation. Reporting years varied from 2004 through 2006.



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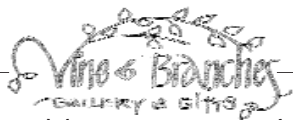
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### Carleton Lofts from 1

those in need of affordable housing, he added, it will also give prospective loft owners a chance to try lofts before buying one elsewhere.

The 6.22-acre site is bounded by Charles Ave. on the north, University Ave. on the south, Hampden Ave. on the east and Carleton St. on the west. The two square blocks include three brick warehouses that were built in the early 20th century and have "historic district" designation.

The development will make use of these warehouses, while newer additions will be torn down.

The University-Raymond Historic District, which the City Council established in February 2005, gives historic designation to 35 buildings along University Ave., including the three Johnson Brothers buildings. The district is in an area roughly bounded by Highway 280, Charles, Myrtle and Hampden.

The area is considered historic because of its status as a regional and national transportation center, and a key part of St. Paul's industrial past.

For many years the area was a major rail center, as well as a site where much of the Twin Cities trucking industry began. It's the first historic district created in St. Paul since 1992.

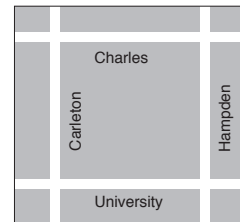
Because the former warehouses are in the University-Raymond historic district, building renovations required extensive review and approval from the St. Paul Heritage Preservation Commission. Johnson said that while historic designation created extra regulations for the project, he sees the historic status as a definite plus.

University Carleton Development, together with Dominion Development and Acquisition, a veteran Twin Cities apartment owner/developer, have worked together on the Carleton Lofts project.

The Johnson Brothers liquor distribution business operated out of the warehouses for more than 30 years.

The developers closed on the property at the end of 2005, Johnson said. In January demolition of nonhistoric structures, including the connections between the warehouses, got underway. That's being followed by building renovations.

Before the development could get started, the Carleton Lofts faced a series of reviews and approvals at the local, state and federal levels. In spring 2005 the property was rezoned from light industrial use to traditional neighborhoods use. This zoning



type allows for more dense, mixed-use development.

The St. Paul Planning Commission, which recommended approval of the rezoning, also granted approval for needed variances. The City Council, which gave final approval to the rezoning, also put the project in a tax increment financing (TIF) district. Other assistance came in the form of tax credits, including credits for the area's historic designation status.

Eventually the two-block development will hold about 420 dwelling units. Of the first phase's 169 units, 128 will be live-work lofts. Such lofts, with space where the apartment dweller can have an art studio or work space, are one of St. Paul's new residential development concepts in neighborhoods outside of downtown.

The development team includes Johnson family members, as well as BKV Group Architects and Dominion Development and Acquisition. Brad Johnson is part of the second generation at Johnson Brothers.

Brothers Lynn and Mitchell Johnson founded the liquor distribution firm. Johnson said family members like the idea of reusing and redeveloping buildings that have been part of their family business for decades.

In the first phase of the project, 2341 University Ave. will have its historic front restored and a new elevator and stairway core built to the north. This building will be remodeled into loft-style apartments targeted toward area workers.

The buildings at 2285 and 2295 University Ave. will also have their fronts restored. A new addition will connect these buildings and provide community space. These buildings will be remodeled into loft-style live-work apartments.

In the project's second phase, new multifamily housing will be built in the open lot between 2295 and 2341 University Ave. These units will have underground parking, as well as 160 parking spaces in a lot on Charles Ave.

The second phase will also include a new multifamily building at the corner of Hampden and University. That building might also include commercial or retail space. Construction there will mean demolishing a bar that has been closed for several years. This phase will result in the creation of 184 new housing units.



Work on the Carleton Lofts in south St. Anthony Park has begun with demolition of several warehouses. Developers plan to complete the project by spring 2007, when 160 new apartments will be ready.

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# Got sun? Local residents will heat water with solar power

by Lisa Steinmann

The latest fashion in home remodeling, despite a discrete profile, makes a provocative statement. A glassy roof panel that glints in the sun says "We're living green on the grid. We're Kyoto compliant and saving money on our energy bill."

Thanks to a novel pilot program launched by the Southeast Como Improvement Association (SECIA), 39 homes in Southeast Minneapolis and adjacent neighborhoods, including St. Anthony Park and Lauderdale, will soon be sporting solar roof panels that power residential water heaters.

The Solar Pilot Project was conceived in early 2005 by SECIA environmental staff. Housed in a brick office building at 15th Ave. and Kasota, SECIA represents the pie-shaped neighborhood north of Dinkytown and along Como Ave.

SECIA's idea was to pull together a group of 20 or so residents to get a discount on solar hot water equipment. Innovative Power Systems, one of the few solar equipment installers in the state, is located in the Como neighborhood. One goal of the project was to promote the benefits of solar energy and to make it more available locally.

To reach their goal of at least 20 participants by the end of 2005, SECIA opened up the program to adjacent neighborhoods in Minneapolis and St. Paul. By the deadline last December, 39 people had signed up.

Negotiating a group price with Innovative Power Systems resulted in a savings of \$1500 per system. The program also helps buyers take advantage of a federal tax credit that's available until December 2007. Finally, the program helps buyers find low-

interest local financing.

Combined, the discount and tax credit reduce the usual cost of a solar thermal heating system by almost half. In addition, the Minnesota Legislature recently passed a measure that exempts solar thermal systems from state tax, resulting in several hundred more dollars in savings.

According to Justin Eibenholz, environmental coordinator for SECIA, most residential water heating systems use gas or electricity, which is mostly generated by burning coal. Natural gas and coal are finite and expensive resources, Eibenholz pointed out, while solar energy is abundant and costs nothing.

There is no drilling, mining, processing or transporting of material. Best yet, he said, solar energy creates no air pollution and there is no waste to be disposed of.

Surprisingly, Minnesota gets the same amount of solar energy as some parts of Florida and Texas. Solar panels work well in many urban settings, Eibenholz said, adding that locations shaded by trees or other buildings are less successful.

Solar thermal water heaters are designed to work with existing water heaters. That backup insures adequate hot water in every season.

Participants will see their systems installed this spring and summer. The program will follow up with surveys through 2008. Participants may also choose to be part of the Minnesota Solar Tour, an annual self-guided tour of homes and other buildings using renewable energy.

Tamiko and Brian Saame, homeowners on Fulham St. in St. Anthony Park, are looking forward to their solar thermal system. The solar panels will sit

on a sunny dormer of their Craftsman-style house, built in the early 1920s. Tamiko Saame expects that it will provide plenty of hot water to meet the demands of their family, which includes two young children, and frequent visits from out-of-state family.

"Our number one reason for doing this is we feel it is the right thing to do," she said. "We believe in alternative energy. In an ideal world we'd like to have a solar electric system too. But it is so expensive that it's not cost effective right now."

Saame sees the thermal system paying for itself in savings at current gas prices. Solar heaters are designed to last for many

years. They require maintenance every five to ten years.

Saame said she sees no downside except the up-front costs, which she estimates will take 8-10 years to recoup. She also thinks their new solar thermal system will add value to the home because it reduces energy costs.

The Saames found the program appealing because it was presented in a package that included costs and all the information they needed. Tamiko Saame said she would like to see programs like this multiply. "As energy costs go up and the price of the systems comes down, solar energy will catch on."

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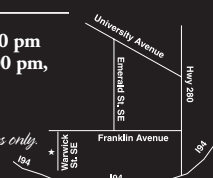
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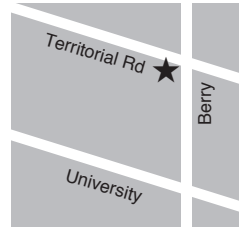
### Development debate from 1

apply for a conditional use permit, and it set certain conditions under which the project would be allowed to proceed. Those conditions are still subject to revision.

However, the Feb. 22 decision by no means marks the end of the wrangling, according to Jay Benav, Ward 4 City Council member. A bigger question than the rooming house/apartment building distinction is zoning.

Currently the property where JPI wants to build is zoned I-1 (Light Industrial). According to Amy Sparks, executive director of the District 12 Council, to construct multiunit housing there, either the property would have to be rezoned, probably to TN-3 (Traditional Neighborhood).

The larger issue the St. Paul Planning Commission and City Council may face in the weeks ahead, then, is how multiunit buildings meant to house students should be regulated. The



buildings are growing in popularity for students who want to live off campus without the burden of traditional leasing.

But the current standards for apartment buildings and rooming houses, according to Benav, may not be adequate for what is a fairly new land use.

The immediate issue is a 4.2-acre site at the northwest corner of Territorial Rd. and Berry St., north of the KSTP broadcast studios near the Minneapolis-St. Paul border. The site is between University Ave. and the U of M Transitway, and is surrounded by industrial uses.

Both the Prospect Park East River Road Improvement Association, a Minneapolis community group, and the District 12 Community Council are against rezoning the JPI site. Ray Bryan, District 12 board member, said that the proposed development, regardless of whether it is classified as an apartment or a rooming house, would conflict with the neighborhood's recently updated district plan.

Bryan said the council wants to see the land remain zoned for industrial use. "We feel that's a more appropriate land use than housing," he said.

Sparks noted that while considerable energy has been expended on arguing whether the JPI project is an apartment or a rooming house, "the important thing is that this proposal would put 500 college students in what is largely an industrial area. The District Council is asking, 'Does that make sense?'"

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# Chinese painter explores boundaries of art

by Mary Mergenthal

"Artwork has no national boundary, but an artist always has his nationality," says He Qi (pronounced ho-chee) of China. Though a fine art citizen of the world, He Qi chooses to maintain his permanent home in his native country.

"I love my homeland because my life, my rejoicing and my suffering have been closely linked with it," he says. When in Minnesota, he lives in St. Anthony Park.

He Qi also loves something more than his homeland. During the Cultural Revolution, he was in the countryside painting images of Mao Zedong. One day he saw Raphael's "Madonna and Child" in an old magazine.

"I was very moved by the softness of the Virgin's smile," he says. "Everywhere around me people claimed to be seeking truth but had their knives out."

Raphael's painting alone did not convert He Qi, although it did capture his imagination.

"There are two different ways in China for a person to become a Christian," he says. "One is by a strong influence from his family background; another way is by his own choice, 'step by step.' I belong to the second way."

According to the Far Eastern Economic Review, He Qi "ranks as arguably China's most internationally sought-after contemporary Christian artist." His colorful and highly contemporary paintings emerge unmistakably from Christian contexts.

He Qi hopes to help change the "foreign image" of Christianity in China by using artistic language and at the same time supplementing Chinese art the way Buddhist art did in ancient times. His works blend Chinese folk customs and traditional Chinese painting techniques with those of western art.

"As we enter the 21st century with a jumble of conflicting emotions, we need to hear a peaceful voice from the angel in heaven," he says.

Dr. He Qi was the first among mainland Chinese to earn a Ph.D. in religious art after the Cultural Revolution. He wrote his dissertation while studying at Hamburg Art Institute in Germany, where he also did research on medieval art.

His work has been well-received overseas. He has exhibited in Kyoto, Hong Kong, Geneva, Hamburg, London, San Francisco, Berkeley and Madison, as well as in St. Paul and mainland China.

He Qi did postdoctoral studies in Europe and was a professor at Nanjing Theological Seminary for 20 years. He is now artist-in-residence at Yale and will have an exhibit there in March and April.

Art lovers are encouraged to see a major exhibit of He Qi's work at St. Anthony Park Lutheran Church, 2323 Como Ave., beginning Ash Wednesday, (Mar. 1). Some 20 pieces will be on display until Easter (Apr. 16). Those are in addition to the two He Qi works the church owns.

The public is invited to view the exhibit any weekday between 9 a.m. and 5 p.m. or Sunday from 8 a.m. to noon. Visitors should use the Luther Place entrance during the week.

He Qi learned about St. Anthony Park Lutheran through his wife, the director of music for Minnesota Faith Chinese Lutheran Church, which meets in the same building on Sunday afternoons.

Pastor Glenn Berg-Moberg says, "To me, He Qi's pieces, the more I see them, are not just illustrations of the Bible. They are thoughtful commentary on texts—visual sermons."

Each Wednesday, one of He Qi's paintings will be featured at the 7 p.m. Lenten service, with sermons by Luther Seminary professors on the biblical basis of the artwork. The theme of the Lenten series is "From Eden to Easter." Art subjects and sermon topics will move from Adam and Eve (a piece done in silk embroidery), to the defeat of the Egyptians at the Red Sea, to the Annunciation, the baptism of Jesus and on to the last days of Jesus' life.

All are welcome to attend these services. The church building is handicapped accessible, with handicapped parking on Como Ave. in front of the church and in a lot behind the church, off Doswell.

A soup supper is served each Wednesday beginning at 5:30 p.m. All are welcome to enjoy homemade soups, chili or macaroni and cheese.

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### Literacy from 1

walks up the library steps. She's not looking for help, she's offering it. In her second year as a tutor, she earns community service credit at school. This year, third grader Juan is spending an hour with her each week.

Eull plans each session, usually getting Juan to read out loud, then offering a related activity for which she either brings the materials herself or arrives early to find them at the library.

"Sometimes we'll play with play dough," she said, noting that Juan seems to learn by forming letters with the dough. In December she put together a Christmas lesson, bringing some of her own favorite books. She sometimes creates a crossword puzzle specific to her lesson plan, using a Web site that one of her sisters introduced to her.

"Toward the end of the year, there's a special project I like to do," Eull said. She brings a kit that allows students to make up a story, illustrate it and send it in to be produced as a book. "Whatever will help the kids learn," she said.

Eull is one of four tutors currently volunteering at the St. Anthony Park branch for the St. Paul "Read with Me" program. Ginny Brodeen, outreach librarian at the Lexington branch, oversees that and many other library programs.

"Many of the tutors will continue year after year," Brodeen said of the seven-year-old tutoring program. "To me, that's an indication of success."

The commitment of an hour a week, and the relationship that results over time, is as important to many students as the tutoring itself, Brodeen said. In addition, many of the students come from households where there are no adults literate in English.

"The value of this is immeasurable," Brodeen said. "None of our schools can give that one hour, one-on-one."

The program targets students in first through fourth grades but is open to older students depending on need, she said.

And the need is outstripping the supply of tutors. Brodeen said more volunteers are needed; prospective tutors can pick up a brochure at any branch library.

One day last spring, small-business owner Chris Miller approached the St. Anthony Park library desk. He was looking for an opportunity to volunteer, and library staff matched him up with a new program, this one run by a group of retirees from the University of Minnesota.

"Partners in English" hooks up local residents with international students who want to polish their language skills, mostly in casual conversation, in whatever subject areas the

students propose.

Miller met for an hour and a half a week during summer and fall terms with "anywhere from two to maybe eight or ten foreign students," he said. Most already spoke English fairly well but wanted to hone their skills.

So far the groups have met Wednesday afternoons at the St. Anthony Park Library. Volunteers generally run the sessions in teams, with one responsible for preparing conversation topics in case the students don't bring questions. But the students had plenty of ideas too, Miller said.

"Topics ranged all over the place — lots of interest in proverbs, local sayings," Miller said. "One session we had a long discussion about coffee." It turns out that in order to navigate the modern coffee shop, "you really have to know the jargon."

Miller, whose business involves research on how humans interact with computers, got to watch a different sort of interaction in his volunteer sessions.

*"You get to interact with people from a foreign culture. You introduce them to what you love."*

—Chris Miller  
Partners in English tutor

"You get to interact with people from a foreign culture," he said. "You introduce them to what you love."

One of his favorite sessions involved reading poems by Robert Frost aloud for the students. The satisfaction in tutoring, he said, comes from "sharing things that you love about the country, the city. You get to see the neighborhood through their eyes."

Caroline Rosen, education specialist at the U of M's Center for Teaching and Learning Services on the East Bank campus, said Partners in English grew out of a specific need: Graduate students who want teaching positions must demonstrate proficiency in spoken English.

She noted that they're in a bind because their coursework takes up so much time and energy that they have a hard time getting off campus to practice everyday conversation.

"We thought about creating some of those opportunities for them," Rosen said, and in winter 2005, Partners in English was launched.

Rosen said they chose the St. Anthony Park Library as a meeting place because so many of the students live in graduate student housing nearby.

Only a few dozen students have participated so far, but those involved say the need is great and they're anxious to recruit volunteers. Most of the students so far are from South



Photo by Christy Myers

De la Salle High School freshman Kendra Eull, left, a tutor for the St. Paul Public Library's "Read with Me" program, has Juan Domingo work with play dough to reinforce letter recognition.

Korea and China; their spouses and other family members are encouraged to attend the conversation sessions, too.

"There were some students who came with babes in arms," said Lucy Levitan, wife of retirees organizer Al Levitan, and an experienced tutor of adults learning English.

Even the International Institute of Minnesota, which has its own busy complex of literacy programs on Como Ave. across from the Fairgrounds, relies on the St. Anthony Park Library for at least one of its functions.

Students from the Institute, who come from all over the metro area, regularly tour the branch and get an introductory lesson on using libraries from staff.

The library hasn't forgotten its traditional role, either. In support of all the international efforts going on in the neighborhood, the St. Anthony Park branch recently dedicated \$1,000 of its precious acquisitions budget to English language learner materials, including sets with audiotapes, compact discs and DVDs to build both speech and literacy.

Librarians also conduct preschool story times on many Friday mornings throughout the year, livening up the basement reading room with flannel-board skits, finger puppets and a whole repertoire of routines to help children wiggle out their wiggles while learning about books.

"For many of the children," said head librarian and frequent wiggle-facilitator RoseAnn Foreman, "English is not their first language," adding that whatever their first language may be, early storytelling helps them get ready to read and to succeed in school.

In addition to schools,

libraries and other educational institutions, neighborhood churches pitch in with their own literacy volunteer programs.

Two blocks away from the library, Astrid Anderson coordinates a tutoring program at St. Anthony Park Lutheran Church, also serving international students and immigrants. The program has been running steadily since 1989.

Anderson said about 20 students are currently working with a dozen volunteers, usually in individual sessions in the students' homes, although group sessions materialize often enough when a student draws in a spouse or a friend.

Volunteers are asked to commit two hours a week and can receive training through the

Minnesota Literacy Council, which also refers some of the students needing tutors.

Anderson said she's been working with one student for two years, although many stay in the program for shorter periods.

"Most of the time it ends up that you become a friend," meeting needs that go beyond reading and conversation, she said. She added that many newcomers need advice about seemingly simple matters such as where to go shopping.

Partners in English tutor Lucy Levitan spoke warmly of her long experience as a volunteer tutor and the rewards she finds in the work. "I personally find them so brave and smart and interesting," she said of her students.

### Area literacy programs depend on volunteers. These programs would welcome inquiries.

**Partners in English**  
Caroline Rosen, 612-625-3017  
University Retirees Volunteer Center  
612-625-8016

**Read with Me**  
St. Paul Public Libraries  
Ginny Brodeen, outreach librarian  
651-632-5123

**St. Anthony Park Lutheran Church**  
Tutoring for immigrants  
Astrid Anderson, 651-645-5427  
Paula Carter, 651-645-0371

**Minnesota Literacy Council**  
Training and materials for tutors  
651-645-2277

# School learns to compete in the marketplace of ideas

by Dan Krivit

St. Anthony Park Elementary School has entered a new mode of marketing itself as a broad-based, nurturing, community school. The school's Marketing Committee is reaching out to the immediate neighborhood, school busing service areas and beyond to attract new students.

Like most schools today, this community elementary school must "compete" for every child by assuring excellence in education.

A generation ago, most public school students walked to their nearby neighborhood school. With today's system of school choice, St. Paul students can be bused throughout the city.

Currently, the St. Paul Public School Board is debating a change to this system. The board is considering a regional system that would reduce transportation costs, saving as much as \$3.5 million per year while continuing to ensure a quality education for all students.

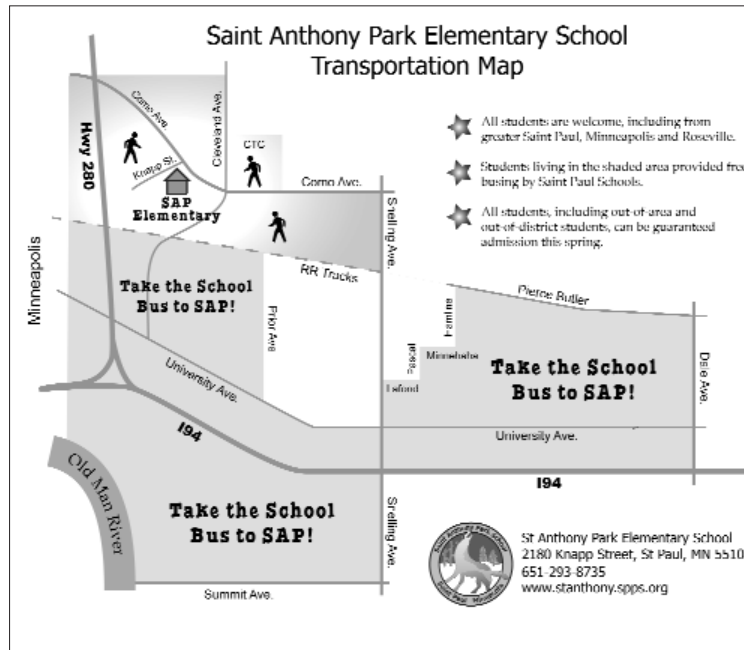
If implemented, this change would not go into effect until the 2007-08 school year. Yet the need for schools to market themselves would continue, according to Ken Chin-Purcell, chair of St. Anthony Park Elementary's Marketing Committee.

School choice would still exist but there would be reduced levels of student busing over long distances.

"We are positioning our school to grow and continue to succeed regardless of whether we formally compete citywide or on a smaller, regional basis," said Chin-Purcell.

"Each St. Paul school is financed largely through a per-pupil funding formula," he continued. Each additional student brings additional resources beyond those needed for the classroom teacher. We need to show our vitality at the district level. Over the long term it's strategically risky to underfill the school."

According to Principal Andrea Dahms, St. Anthony Park



Elementary draws students from all over St. Paul and adjacent cities, but the highest concentration of families live in the northwest quarter of the city.

Students in the north St. Anthony Park neighborhood, within about one mile of the school, must walk or get a ride from parents. Students in south St. Anthony Park and parts of the Merriam Park, Midway and Thomas-Dale neighborhoods currently receive direct bus service to the school.

"We are very proud of the diversity of neighborhoods and families that we serve," said Dahms. "We very intentionally create an open, warm and welcoming environment in our 'neighborhood' school. We recognize that as a public elementary school in the city of St. Paul, part of our mission is to serve a much broader urban community throughout this part of the metro region."

According to Dahms, the St. Paul School District now encourages its schools to market for new student enrollment in adjacent cities. She said this reflects the challenge schools face due to declining numbers of elementary-age children in the general population.

In response, said Chin-Purcell, the school's Marketing Committee, made up primarily of volunteer parents, has been developing promotional materials and encouraging strategies to attract new families.

One selling point the committee highlights, he said, is that St. Anthony Park Elementary regularly scores among the top elementary schools in the district.

One marketing effort is a change to offer free all-day kindergarten for interested families. Half-day kindergarten will still be available.

Another strategy will be to reach out to families in

Lauderdale, Falcon Heights, Roseville and Minneapolis. Parents will hold meetings with families that may wish to consider St. Anthony Park Elementary School as their school of choice, said Chin-Purcell.

According to Dahms, parents from every neighborhood served by this community school take great pride in a high level of volunteer involvement that goes well beyond a "sales pitch."

She emphasized that academic growth is the overriding goal of parents and staff, adding that changes affecting transportation and other school-choice procedures will only mean that long-term sustainability and improvement of St. Anthony Park Elementary School will continue to depend on how well the school serves an essential public function in the larger urban community.

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## e t c e t e r a

## Arts Events

**Music in the Park Series** presents two concerts in March. The Vienna Piano Trio will perform at 4 p.m. Mar. 5. The concert commemorates the birthdays of Mozart and Schumann. The trio will perform Mozart's Piano Trio in B-flat, Piano Trio No. 1 in D minor by Schumann and "Transfigured Night" by Schoenberg.

On Mar. 26 at 4 p.m., pianists Anthony de Mare and Steven Mayer present "The American Piano: The Black Virtuoso Tradition," featuring works by such composers as Gottschalk, Scott Joplin, Fats Waller, Jelly Roll Morton, Gershwin and Fred Hersch.

Tickets for each concert are \$18 in advance, \$20 at the door and \$12 for students (when available). They may be purchased at Bibelot and Micawber's, or by calling 645-5699.

Concerts take place at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave.

On Mar. 24, Music in the Park Series presents the second of its three **2006 Family Concerts** at St. Matthew's Episcopal Church, 2136 Carter Ave.

"Indonesian Gamelan" features traditional Indonesian dance performed by Tri Sutrisno, accompanied by a six-member gamelan ensemble playing an assortment of gongs, mellophones and drums.

Performances are at 6:15 and 7:30 p.m. Tickets are \$5 in advance, \$6 at the door. They may be reserved at 645-5699.

The Metropolitan Symphony Orchestra will return to St. Anthony Park Lutheran Church on Mar. 14 at 4 p.m. to perform "Song & Symphony," a concert featuring music by three composers: Edward Elgar ("Sospiri"), Osvaldo Golijov ("Three Songs") and Dimitri Shostakovich (Symphony No. 1). Joining the orchestra for the Golijov selections is soprano Lisa Habeck, a St. Anthony Park resident.

## Gardening

The St. Anthony Park Garden Club will meet Mar. 7 at 7 p.m. at St. Anthony Park Library. Amy Brandon from Outback Nursery will discuss native plants. The meeting is open to the public.

**GardenWorks**, a new program dedicated to promoting community gardening, will host a resource fair on Mar. 18 from 10 a.m. to 2 p.m. at the Center for Northern Gardeners, 1755 Prior Ave. N in Falcon Heights.

GardenWorks is conducting an inventory of community gardens. Surveys are available by calling 612-278-7123 or e-mail: gardenworks@greeninstitute.org.

The 15th annual **Greater Midway Home & Garden Show** will take place Mar. 18 at Crossroads Elementary School, 543 Front Ave. The free event features exhibits and workshops on home improvement, gardening and landscaping.

For more information, contact Beth Hyser: 771-2004, bjrhyser@hotmail.com.

## Environmental Roundtable

A discussion on clean water stewardship will be held Mar. 14 from 7 to 9 p.m. at the South St. Anthony Recreation Center, 890 Cromwell Ave.

This session is part of a series sponsored by Eureka Recycling. Environmental roundtable recommendations will be delivered to the St. Paul City Council in April. Draft recommendations are available at [www.eurekarecycling.org/environmentalroundtable](http://www.eurekarecycling.org/environmentalroundtable).

## Recycled Products Co-op

Eureka Recycling's recycled products co-op is accepting orders through Mar. 24. This service enables businesses, organizations and individuals to order recycled paper and compostable food service items at a discount.

For information, contact Eureka Recycling: 222-7678 or [buyrecycled@eurekarecycling.org](mailto:buyrecycled@eurekarecycling.org). For an order form, visit [www.eurekarecycling.org](http://www.eurekarecycling.org).

## Volunteers

The **Como Ordway Memorial Japanese Garden** seeks volunteers to greet and inform visitors about the philosophy, symbolism and key elements of a traditional Japanese garden. Training will be provided.

Volunteers commit to a three-hour shift at least twice a month from May through September. A required three-part training series will take place

April 8, 22 and 29.

For more information, contact Como Volunteer Services (487-8247) or visit [www.comozoconservatory.org](http://www.comozoconservatory.org).

## Scouting

To celebrate 90 years of scouting in St. Anthony Park, Boy Scout Troop 17 and Cub Scout Pack 22 will host a special gathering at **Fred C. Anderson Scout Camp**, located on the St. Croix River east of Stillwater.

All past and present scouts from troops 17, 22, 25, 48 and 80, along with their families, are invited to attend this event, which will be held June 9-11. For more information, visit [www.troop17.sap.org](http://www.troop17.sap.org) or contact Mark Hansen: 644-2561 or [mhansen01@fs.fed.us](mailto:mhansen01@fs.fed.us).

## Benefits

A garage sale to benefit Como High School's **Sound Reinforcement Vocal Jazz** group will be held at the school (740 W. Rose Ave.) on Mar. 4 from 9 a.m. to 3 p.m.

The Como Park Marjorie McNeely Conservatory's annual **Afternoon Tea** takes place Mar. 17 at 11 a.m. and 2 p.m. in the North Garden. Volunteer Tea Ladies will serve a five-course menu.

Guests receive a seasonal hand-made favor and the opportunity for a behind-the-scenes tour of the conservatory. The cost is \$40 per person, a portion of which is tax deductible. Reservations are required and can be made by calling 487-8233.

## Parish Dinner

The Church of St. Cecilia will hold its annual parish dinner on Sunday, Mar. 5 from 11:30 a.m. to 3 p.m. in the church basement. Turkey and all the trimmings are available for \$8;

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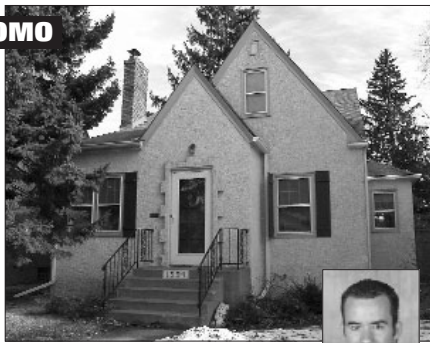
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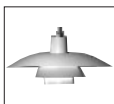
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children 8 and under eat free.

A raffle and silent auction will be held. The church is located at 2537 Bayless Pl. in south St. Anthony Park.

## Raptor Center

**Raptor Tails Story Time** continues in March with two sessions: March 2, Raptor Beaks, and Mar. 16, Fabulous Flight.

Participants will meet a live raptor, listen to a story and do a craft project to take home.

Call 612-624-9753 to register. Cost is \$5 per child. One adult per five children is required.

## Elections

The District 12 Community Council will hold an election in April for delegates to the board of directors. Applications will be accepted from residents of both north and south St. Anthony Park.

The District Council serves as a link between the neighborhood and the city. To find out more about the council's work, attend an open house on Mar. 9 at 6:30 p.m. at the South St. Anthony Recreation Center, 890 Cromwell Ave. Information about the council and the

election may also be obtained at [www.sapcc.org](http://www.sapcc.org) or 649-5992. The deadline for applications is Mar. 14 at 10 a.m.

The Republican HD66B caucus will be held at 7 p.m. on Mar. 7 at Murray Junior High School. For more information, contact Mark Lageson: 646-5395 or [mlageson@qwest.net](mailto:mlageson@qwest.net).

## Schools

St. Anthony Park Elementary School will hold **kindergarten registration** on Mar. 1 from 6 to 7:30 p.m.

Science Showcase projects for grades 3-6 will be on display Mar. 27 from 6:30 to 7:30 p.m. The public is welcome.

A new online tutoring program has been launched by the St. Paul Public Library. **Live Homework Help** is available in math, science, social science and English for students in grades 4-12.

The service is available in English every day from 3-10 p.m. and in Spanish from 3-9 p.m., Sunday through Thursday. It may be accessed at any public library or from home.

For links and more homework help options, visit [www.sppl.org/homework](http://www.sppl.org/homework).

## Vet School

On Mar. 4 from 9 a.m. to 4 p.m. **horse owners** can learn about horse first aid, feed and disease, as well as tour the Veterinary Medical Center. Two hands-on laboratory courses, taught by veterinarians, will be offered.

The cost is \$25, which includes lunch. For more information or to register, contact Veterinary Continuing Education at 612-624-3434 or [www.cvm.umn.edu/outreach/events/hands-on](http://www.cvm.umn.edu/outreach/events/hands-on).

On five Thursday evenings beginning Mar. 9, the College of Veterinary Medicine will sponsor **Mini Vet School II**. Sessions run from 6:30-8:30 p.m. Topics include breeding management, nutrition, infectious diseases and clinical investigations. Cost is \$125.

For more information, contact Veterinary Continuing Education: 612-624-3434 or [vop@umn.edu](mailto:vop@umn.edu), or visit [www.cvm.umn.edu/outreach](http://www.cvm.umn.edu/outreach). Participants must be 16 or older.

## Movies

On Mar. 3, the St. Anthony Park Library presents **Old Time Film Night**, silent movies with live piano music by Norris Anderson.

Popcorn will be sold for 25¢. The family event is from 7-8:30 p.m.

## Documentary and Discussion

On Mar. 14 at 7 p.m. the documentary film "**Voices of Minnesota Farm Women**" will be shown at Trotter's Cafe, 232 N. Cleveland Ave. Following the film, a discussion will be led by Dana Jaelson, director of the Farm and City Food Connection Program at the Land Stewardship Project.

## People

St. Anthony Park resident **Fritz Morlock** has been nominated for a 2005 President's Award by HealthPartners, where he is chief of services at the organization's St. Paul Dental Clinic. He is also a regional provider quality control coordinator and a practicing dentist.

**Belinda Escalante**, owner of Perfect Little Spa and Salon, has been selected as a learning coach for Bioelements in Minnesota, a professional skin care treatment. As a representative of Bioelements, Escalante attends trade shows and teaches other licensed professionals how to perform services using

Bioelements products.

Perfect Little Spa and Salon was featured in the Jan./Feb. issue of St. Paul Illustrated Magazine as part of an article titled "What's Your Pleasure? Comfort, Wellness and Beauty Abound in St. Paul Spas."

**Ann Hebble**, who teaches ESL at Murray Junior High School, received the U of M's College of Education and Human Development Impact Award for Distinguished Teaching for 2005-06.

Hebble, an alumna of the college, founded the St. Paul School District's first Hmong PTA. In addition, she and two colleagues recently published a book chapter about her ESL curriculum.

**Christa Heilman**, a first-year communications major at Loyola University in Chicago, was named to the Dean's List. A 2005 graduate of Central High School, she is the daughter of Jim and Lee Heilman of St. Anthony Park.

**Arthur Christopherson** of St. Anthony Park has been named a finalist in the National Merit Scholarship Program. He is a senior at Trinity School at River Ridge in Bloomington.



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### Rock 'n' roll from page 3

appeared on MTV and Fuse channel.

Josh's parents have been involved every step of the way. Barbara, an accountant by training, kept track of the group's finances and did their taxes until last year. She also helped the members form a partnership.

The Cains have taken band

members to the airport and picked them up, looked up weather reports when they are on the road, filled in for Josh at a funeral when he was traveling, and even taken care of parking tickets when he couldn't. They provided food and cleaned up after one of the group's videos was shot.

Josh is one of five brothers, and his siblings have also been an integral part of his success. His brother Brian came up with the name for the group, and Pat helped out with mechanical problems the group was having with their trailer. Jesse, a film student at Bard College, built the set for the "Future" video and spent time with Josh in England last month. Even Pat's children

helped out with the video, throwing glitter at the end.

The Cains are proud of Josh's drive and determination, noting that he read a book — "All You Need to Know About the Music Business," by Donald S. Passman — to learn how to run a rock group.

"He can do anything he wants to do," says Rich. "They accomplished what they set off to do and even have gone farther than they thought they would. We're just the support staff."

Both sets of parents know that fame is fleeting and their children could eventually be in other professions. But for now they are excited for them and happy to be their sons' biggest fans.

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St. Anthony Park Association  
St. Anthony Park Community Band  
St. Anthony Park Community Council  
St. Anthony Park Community Foundation  
St. Anthony Park Group  
St. Anthony Park Garden Club  
St. Cecilia's Church  
St. John Vianney Seminary  
St. Paul Area Chamber of Commerce Foundation  
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## No bones about it

by Kristi Curry Rogers

Close your eyes and imagine the fiercest dinosaur you can think of. I'm guessing you're thinking about a mouthful of sharp teeth, and hands and feet terminating in razor-like claws.

Maybe some of you are imagining the pack of velociraptors from "Jurassic Park," or perhaps your mind jumps to the "tyrant lizard king," *Tyrannosaurus rex*.

This month's installment of No Bones is dedicated to the evolutionary daddy of T. rex—a brand new dinosaur named *Guanlong wucaii*, recently recovered from 100-million-year-old rocks in China.

*Guanlong wucaii* is a distant cousin of the well-known T. rex but predated its more popular cousin by nearly 100 million years. Unlike T. rex, *Guanlong* is small. Even as an adult it was only around 10 feet long from head to tail (compared to the 40-foot T. rex).

Two new *Guanlong* skeletons provide a look at what the earliest tyrannosaurs looked like, and shed light on the evolutionary history of some of the most famous dinos.

My friend and colleague Greg Erickson, a professor at Florida State University, was among the authors of a recent paper on *Guanlong*.

Greg's specialty, like mine, is analyzing the growth rates and ages of dinosaurs. He investigated the insides of *Guanlong's* bones under the microscope to see if he could age the two specimens.

To do this, he searched for growth rings that occur inside some dino bones. These rings are akin to tree rings, and they allow the estimation of age in dinosaurs.

The larger *Guanlong* specimen lived to the ripe old age of 13 and was a fully grown adult. The smaller specimen was younger. Greg was able to rule out the hypothesis that one was male and one female.

Greg said that *Guanlong* isn't just the oldest tyrannosaur around, it's also the "sexiest." Unlike T. rex and other more recent tyrannosaurs, *Guanlong* was characterized by a stylish crest atop its head. This special crest was probably fully formed only when the dino reached sexual maturity.

These kinds of features are common among dinosaurs and may have been used for attracting mates or scaring off rivals. The name *Guanlong wucaii* comes from Chinese and roughly translates to "crowned dragon five colors," in honor of its fanciful skull crest.

China continues to be a hotbed of fabulous fossil finds, and *Guanlong* is the next in a long line of interesting, bizarre and important dinosaurs discovered in the area.

*Guanlong* comes from Junggar Basin, in the western reaches of the Gobi Desert, and Chinese dinosaurs have provided some of the best evidence of the relationship between meat-eating dinosaurs and birds.

Feathered dinosaurs and early birds are both common in Liaoning Province, northeast of Beijing. In fact, over 1000 specimens have been discovered in just a few localities there, including creatures ranging from pony- to pigeon-sized, and covered in scales, fluff and feathers.

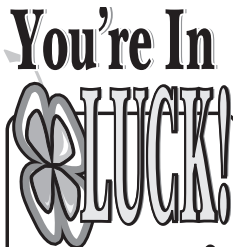
Until next time, keep your eyes on the news for more exciting dino discoveries!

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## 4-H News by Kristina Abbas

Our February meeting was very busy. During our special Saturday, our first three activities were rotated so we could do all three.

One activity was stamping shirts. We came up with many creative ideas for our shirts. Another activity was a

photography class. We learned about the subject, background and the light of a picture. The other activity was baking cookies. We baked sugar cookies and chocolate chip cookies.

After those activities we had a potluck lunch. Later in the day we went to a local nursing home

where we shared our cookies with the residents. We also had a talent show and made valentines for the residents. I think everyone had a great time!

Our next meeting will be held at Lauderdale Hall on Mar. 13. I hope you can come.

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Photo by Kristina Abbas

Northern Lights 4-H Club member Anne Drache leads a group of eager bakers at St. Michael's Lutheran Church. The group made chocolate chip and sugar cookies.

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## The Birdman of Lauderdale

by Clay Christensen

Even when I'm out walking my dog, I keep an eye on the sky. When I see a flock of birds, I instinctively start counting individuals.

But I'd seldom seen so many crows heading in the same direction as I did one afternoon in late January. I estimated there were at least 200 crows streaming over Buffy and me, all flying toward the southwest.

Most afternoons for the last several months, I've noticed small flocks of crows heading southwest over Lauderdale, but this was a new "outdoor record." I wondered where these flocks were headed.

I think the answer is related to a Saturday morning experience we had in January a year ago. My wife had an early morning checkup at the Phillips Eye Institute, near Franklin and Park Avenues in Minneapolis.

We arrived about 7:15 a.m. The sky was still dark, overcast with just a slight glow from the city lights, but there was a hint of dawn in the east.

As we got out of the car, I noticed hundreds of crows rising out of the trees in Peavey Park, north of the Eye Institute. Only one crow gave a brief call. Most were silently fanning out across the sky. We had found a communal roost site. The crows were heading out for a day of looking for food.

Crows, like herons and some other birds, are communal roosters. They gather by the thousands in the fall and winter to share the benefits of spending the night together.

Peavey Park is due southwest of Lauderdale. I think that's where my afternoon crows are heading. It's thought that crows choose a city location for their communal roosts for several reasons.

First, a city location — near a hospital parking lot, for example — offers a night light for the flock. If the roost is attacked by a predator (the great horned owl is often the culprit), it's easy enough to leave your perch and get out of the way.

But it's hard to see where you're going if it's pitch dark. And having a night light helps a crow find a branch to land on when returning after the attack.

Secondly, a city site offers

heat on a cold winter night due to the heat-island effect of the concrete, asphalt and buildings. The buildings may also offer some shelter from the wind.

Crows roost with the eldest individuals on the inside of the roosting trees, youngsters on the outside. This gives the elders more protection from an invading predator. The older crows repay this courtesy by leading the younger crows to preferred foraging spots in the morning.

Crows often gather in noisy morning "coffee klatches" just as the sun hits the tops of the trees. They seem to be warming their dark bodies with the early rays before they get down to the serious business of finding food, probably discussing where they're going to go for the day.

Then they head out in different directions in smaller groups, most likely extended family groups. Such groups are important for crows. Last year's juveniles often stay with their parents to help tend this year's fledglings.

So, I think I've solved the riddle of where these crows are heading when they fly over Lauderdale. But where have they come from? I haven't worked that out yet.

After individuals and extended family groups have spent the day foraging, they join

other family groups in smaller, satellite pre-roost gatherings. There's much chattering and shifting of positions in the pre-roost trees.

Then, perhaps based on sun angle, changes in temperature or barometric pressure — or the eldest crow saying, "Let's head for bed" — they begin to fly off to the main communal roost for the night, with extended family groups flying together.

One might suppose that these crows come from due northeast of Lauderdale, but I doubt that's necessarily true.

The old adage about "as the crow flies" being a straight line seems to be true in the afternoon between Lauderdale and Peavey Park, but I'm not certain the flocks all start out due northeast of us.

I imagine crows spending the winter day checking out trash bins around fast food places or looking for roadkill. There are several potential foraging sites to the northeast of Lauderdale: restaurants, shopping centers, Highways 36 and 35W. Are families of crows picnicking at these spots?

I guess I've just given myself more mysteries to investigate. Where do our crows forage? And where are their pre-roost sites?

That's another thing I love about birdwatching: There are always new puzzles to solve.

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## LIVES LIVED

**Margarita Billings**

Margarita F. Billings, a longtime area resident, died at home at the age of 90 on Jan. 23, 2006.

She was the widow of Thomas J. Billings, Jr., who died in 1990. They had been married for 45 years.

The daughter of Mary and William Moos, Margarita was born on Apr. 21, 1915, in St. Cloud, Minn. She was known as "Cheri" to family and friends.

Margarita earned a bachelor's degree in dietetics from Iowa State University in 1936.

She worked as a dietitian in various hospitals in the U.S. before joining the WAC in 1941.

Margarita rose to the rank of captain and company commander and served at Walter Reed Medical Center in Washington, D.C. It was there that she met her husband.

After World War II, Margarita and her family settled in St. Paul.

Once her children were grown, she joined the faculty of the University of Minnesota in the Food Science and Nutrition Department. She became tenured as an assistant professor and taught for 15 years. After retirement, she enjoyed traveling the world.

She is survived by five children: Margarita Sweeney of Minneapolis; John of Springfield, Mo.; Jim of Ogallala, Neb.; Mary of Tucson, Ariz.; and Kate of Falmouth, Mass. She also had 14 grandchildren and 2 great-grandchildren. Her sister, Katherine Mella, lives in Wilmette, Ill. Her brothers Phillip and William Moos preceded her in death.

A longtime member of St. Cecilia's Catholic Church, her memorial mass was celebrated there on Jan. 28. Interment was at Calvary Cemetery in St. Cloud.

**Larry Gleaton**

Lawrence "Larry" Gleaton, of St. Joseph, Mich., died Feb. 7, 2006, surrounded by his family. He was 61.

He will be remembered as a loving son, husband, father and grandpa (boppa).

He is survived by his wife of 34 yrs, Patricia; mother, Mary Amon; sons, Christopher (Cindy), Marcus (Kathryn) and Ryan (Steffanie); daughter, Victoria (Matthew) Cook; seven grandchildren, Trenton, Samuel, Alexander, Patrick, Derek, Nicholas and Micah; sister, Kathleen Jackson; and many in-laws, nieces and nephews.

A Mass of Christian Burial was celebrated on Feb. 14 at Holy Childhood Catholic Church in Como Park. Interment was at Resurrection Cemetery.

**Rev. Arndt Halvorson**

Luther Seminary Professor Emeritus Arndt L. Halvorson died Feb. 1, 2006, in Waconia, Minn.

He was born Mar. 3, 1915, to Agnes and Leonard Halvorson in Dell Rapids, S.D., the oldest of four children.

After graduating from Dell Rapids High School, Arndt attended Augustana College in Sioux Falls. He met his wife, Kaia Emily Elvestrom, there. After a two-year engagement, the two were married July 20, 1940, a marriage enjoyed for 65 years.

He graduated from Luther Theological Seminary in St. Paul and was ordained a pastor in the American Lutheran Church in 1940.

During his 20 years as a parish pastor, Arndt served congregations in Casper, Wyo.; West Hempstead, N.Y.; Forest City, Iowa; Minneapolis; and Prescott, Ariz. He was loved and respected as a powerful preacher and faithful pastor.

In 1958, Arndt accepted a position teaching homiletics and ministry at Luther Seminary, where he taught until he retired in 1982.

He returned two years later as professor of practical theology, and continued to teach until his retirement in 1982.

Throughout these years he studied at other institutions in the U.S. and Britain, as well as serving as guest pastor at the American Lutheran Church in Oslo, Norway. He authored four books and contributed to countless publications.

Throughout his life Arndt acted on his passions: the love and grace of Jesus Christ, learning and teaching, the dignity of every person, the proclamation of the Gospel and his family.

Guided often by the faith and values he learned in his father's blacksmith shop, Arndt and Emily passed these values on to their six children.

Arndt was preceded in death by son Richard and daughter Karen Hedland. He was grateful for having shared his life with them. He is survived by wife, Kaia Emily of Waconia; daughters, Martha Knutson (Richard), Plymouth, Sara Johnson (Randy), Bozeman, Mt. and Gretchen Mannix, Chaska; son, Leonard (Karen), Sioux Falls, S.D.; daughter-in-law, Mary Ann Solmonson (Al), Olympia, Wash.; son-in-law, John Hedland, Anchorage, Alaska; 17 grandchildren; 14 great-grandchildren; sister Bergie Benzon; brother-in-law Howard Glenn; and numerous nieces and nephews.

His memorial service was held Feb. 6 at St. Anthony Park Lutheran Church.

**Estelle Hanson**

Estelle M. Hanson, age 94, formerly of St. Anthony Park, died Feb. 3, 2006, in West Lafayette, Ind. She and her husband had moved there in 2001 to be closer to their daughter Karen when Wayne became ill.

She was born in Clinton, Minn., on June 5, 1911, to A.K. and Josephine Huselid Olson. She was a graduate of Miss Woods College in St. Paul.

On Nov. 26, 1936, she married Wayne Hanson from Door County, Wis. They moved to Houston County in southeastern Minnesota, where Wayne served as a county extension agent. For the next several years Estelle devoted herself to raising their daughters but taught whenever the local school called.

When Wayne was called to the U of M in 1960, Estelle became a primary school teacher in the St. Paul school system, enjoying it so much that she didn't retire until she was 72.

She and Wayne were active in St. Anthony Park, both before and after their retirements. Their beautiful garden was a visual witness to Estelle's presidency of the Minnesota Rose Growers Association. Both were active members of St. Anthony Park Lutheran Church. Estelle was a docent for the Ramsey County Historical Society, a volunteer for the St. Anthony Park Block Nursing program, and both were officers of Vondheim Lodge of the Sons of Norway.

They were participants in and spokespersons for the Elderhostel program, appearing in many of their promotional films. She and Wayne loved to travel and had visited most of the U.S. They also spent countless evenings with their bridge club.

Estelle's hobbies included stained glass, calligraphy, transparent oils on photographs, painted figurines, hat-making and sewing clothes for her children, as well as being church organist and pianist.

In recent years her blindness prohibited most of her hobbies, but she remained involved in her church and in all the activities at George Davis Manor, where she was an engaging conversationalist and encourager.

One week before she died, Estelle took great delight in Garrison Keillor's Prairie Home Companion broadcast from Purdue University.

Surviving are her three daughters, Karen (Don) Franzmeier, West Lafayette, Ind.; Sandra Hanson, Hollywood, Fla.; and Jayne (Jim) Flynn, Grand Forks, N.D.; eight grandchildren; and 21 great-grandchildren. She was preceded in death by her husband and five siblings.

A memorial service was held at St. Anthony Park Lutheran

Church on Feb. 10, with interment at Roselawn Cemetery.

**Loretta Holstein**

Loretta J. Holstein died peacefully on Jan. 3, 2006, at the age of 92. She will be remembered as a loving mother and grandmother. She was preceded in death by her husband, Henry, and six sisters.

She is survived by her daughters, Mary Ludes, Louise Jacobs and Eileen Hafften (Ken); grandchildren, Amy Boyer, Bridget Hancock (Jim), Meredith Ernst (Mitch), and Emily and Nicholas Hafften, as well as many nieces, nephews and friends.

A Mass of Christian Burial was celebrated Jan. 7 at Holy Childhood Catholic Church, with interment at Resurrection Cemetery.

**Laura Houge**

Laura Julia Houge, age 97, formerly of St. Anthony Park, died Jan. 25, 2006, at Presbyterian Home Health Care Center of Lake Minnetonka. She was born and raised in Minneapolis, attending North High School and Comptometer Institute. She worked for Pure Oil Company in the accounting office until the birth of her son, Donald.

She enjoyed reading, square dancing and sewing. Laura loved going to the cabin on Long Lost Lake. Over the years she was known for providing loving support, comfort and a sense of home to countless relatives and friends. In addition, she volunteered at the Children's Home Society Crisis Nursery.

Laura was preceded in death by her husband, Roy, and two brothers, Albert and Rudolph Rieschl. She is survived by her son, Donald, and his wife, Susan; five grandchildren; six great-grandchildren; and one great-great-grandchild, plus many nieces and nephews.

She was a member of St. Anthony Park Lutheran Church in her later years. Her funeral and burial were private.

**George Janisch**

George F. Janisch, former teacher at Murray High School, died suddenly on Feb. 5, 2006, at age 78. Janisch taught English and journalism in St. Paul for over 30 years, finishing his career at Murray after having taught and coached at Wilson, Mechanic Arts and Central. After retiring from teaching, he was elected to the St. Paul School Board, where he served from 1983 to 1987.

Janisch graduated from Cretin High School in 1945 and attended the College of St. Thomas, where he played football. He left college to serve in the Army for 18 months, and completed his studies in 1950.

He is survived by wife, Kathleen; sons, Jeffrey (Bernadette), Gregory, Mark (Mona), Michael (Raunatte) and George C. (Kimberly); and 12 grandchildren. A private ceremony was held.

**Miriam Johnson**

Miriam Florence Johnson died Jan. 8, 2006, at the age of 89. She lived in Roseville and was a member of Como Park Lutheran Church. She is survived by her husband of 62 years, Howard; daughter, Holly Frederick (Lee); son, Eric; granddaughter, Hayley; and many relatives and friends. A memorial service was held Jan. 13 at Roselawn Cemetery Chapel.

**William Kramlinger**

William L. Kramlinger died on Dec. 30, 2005, at age 83 after a courageous battle with cancer. He will be remembered as a devoted father, grandfather and great-grandfather.

He served in the U.S. Army Air Corps during World War II. His squadron flew 44 missions in the European theater. As the nose gunner in a B-24 bomber, he bravely served his country.

He was a 42-year employee of First Bank Systems, a 21-year part-time employee of Old Republic Title Co., a 48-year member of Holy Childhood Parish and Schola Cantorum, and a volunteer for Lyngblomsten Care Center and many other charities.

He was preceded in death by wife, Marion, and three brothers. He is survived by children, Kathleen Jarosch, Larry (Christine), Ronald (Jane), Richard (Patti) of Mankato, and Charles (Tracey); 11 grandchildren; six great-grandchildren; sister Lucille Ann Fohlmeister; and special friend Penny Noonan.

A Mass of Christian Burial was celebrated at Holy Childhood Catholic Church, with interment at Fort Snelling National Cemetery.

**Virginia Kippels**

Virginia D. Kippels, age 89, died February 13, 2006. She was born Dec. 16, 1916, in Fargo. Her family moved to St. Paul a few years later. She graduated from Derham Hall in 1934 and then attended the College of St. Catherine.

She worked for Mobil Oil but retired early to take care of her mother and to provide family child care. While in her 70s and early 80s, Virginia worked in the Foster Grandparents Program through Lutheran Social Services and as a child care worker at Wilder and at Model Cities. She enjoyed being with the babies

# Getting by with a little help from your friends

by Susan Triemert

As people age they often wonder what will happen when independent living becomes difficult. For some, an assisted living facility is necessary. This has not, however, been the case for Adeline, who turned 95 last month.

For more than 70 years, Adeline has lived in the same St. Anthony Park home, purchased right after she and her husband were married. Adeline attributes her ability to stay there to all the support available in the neighborhood.

Raised in South Dakota, Adeline and her eight siblings helped farm her family's 160 acres. Her initial plan to become a nurse was abandoned when the hospital she was training in went bankrupt.

With few employment options near her hometown, Adeline moved to Minnesota when she was offered a job caring for a woman in White Bear Lake. After that job ended, Adeline worked in an ice cream factory, which ended up being much more than an income source.

The factory owner's daughter arranged a blind date for Adeline and the man she would later marry.

Timid on the day of this first encounter, Adeline made it clear that if her date didn't show up by 8 p.m., the plans were off. Forced to race right over from the golf course, her date, much to Adeline's amusement, arrived promptly in his golfing attire.

Before living in her current house, Adeline rented the upstairs of the duplex next door. When the previous owners of her current residence packed up and left in the middle of the night, she and her husband bought the place.

Adeline thinks her late husband had great foresight to purchase real estate in St. Anthony Park. Asked about the value of area homes today, she said, "Well, my husband would roll over in his grave."

After her children moved away, Adeline worked at Montgomery Ward and the State Fair. In her 70s she became a nanny for two children on Hillside and still remains close to her former charges.

Eager to share her knowledge and wisdom, Adeline recently taught one of the two how to make an apple pie, and for Valentine's Day they made sugar cookies.

Although Adeline has 3 children, 10 grandchildren, and 12 great-grandchildren, none of her family lives nearby. Thus, she feels fortunate to have many friends and helpful community members.

Nurses from the St. Anthony Park Block Nurse Program stop by twice a month to check her

blood pressure and weight. The nurses also call in prescriptions for her, which are then delivered to her home. Since shoulder and knee arthritis have restricted her range of motion, the nurses help her bathe too.

Other than arthritis, Adeline remains quite healthy. In fact, people often mistake her for a woman a decade or two younger. "I guess I just have good skin," she said with a shrug.

Adeline doesn't need to worry about grocery shopping since the Block Nurse Program arranges a delivery from Speedy Market. Some of the store employees do more than just bring provisions.

"If Michelle (Gurney) is there, she even puts things away," Adeline said.

Reading, one of Adeline's favorite hobbies, doesn't need to cease simply because travel to a library or bookstore has become more difficult.

Volunteers at St. Anthony Park Library deliver books to her home. After specifying the genres and authors she likes, Adeline receives the books, usually six to eight at a time.

Adeline no longer needs to make the trek to a salon, either. Stylist Kim Senne from Salon in the Park goes to Adeline's home to cut her hair.

Rides to doctor and dentist appointments are arranged primarily through the Block Nurse Program. Adeline is driven by friends and neighbors to her frequent bridge games and to church, the same one she joined when she first moved to the neighborhood.

Because of all the transportation available, she doesn't recall ever needing a taxi.

Not everyone thought that Adeline's plan to remain in her home was a good one. After several people encouraged her to move, Adeline researched her options.

"A lot of my friends moved into assisted living, but I fought that," she said, adding that she was primarily deterred by the cost. "Anything extra is so expensive. Washing a load of laundry costs \$10. Taking a shower is even more," she said.

Plus, she really likes her home and couldn't bear leaving her constant companion, an orange tabby named Honey.

Adeline's sharp wit, gentle humor and lovely spirit explain why she is adored by so many. In her Christmas letter she wrote that she received 72 cards for her 94th birthday and hoped to receive 95 cards at her next one.

With the way things are going, she just might receive 100 cards for her 100th birthday, delivered to her right in her St. Anthony Park home.



## Readings

Thursday, Mar. 16, 7 p.m.  
Micawber's. Poet **Clare Rossini** ("Lingo").

Saturday, Mar. 18, 2 p.m.  
St. Anthony Park Library.  
**Moirra Harris** will discuss her new book on Sicilian hand-painted crafts.

Tuesday, Mar. 21, 7 p.m.  
Micawber's. Memoirist **H. J. Cummins** ("My Mother's Daughter").

Friday, Mar. 24, 7 p.m.  
Micawber's. Fiction writers **R. M. Berry** and **Noy Holland**, members of FC2. This event is cosponsored by Rain Taxi and the U of M's creative writing program.

## Groups

Wednesday, Mar. 1, 6:30 p.m.  
St. Anthony Park Library.  
**St. Anthony Park Writers Group**. All welcome.

Wednesday, Mar. 1, 7 p.m.  
Coffee Grounds, **Northstar Storytelling League** board meeting.

Wednesday, Mar. 8, 7 p.m.  
**Library Book Club** moderated by Carla. "The Dive From Clausen's Pier" by Ann Packer.

Thursday, Mar. 9, 10:15 a.m.  
**Storytelling for children** with Pam Schweitzer.

Saturday, Mar. 11, 3 p.m.  
Coffee Grounds. **Coffee Grounds Writers Group**.

Saturday, Mar. 11, 8 p.m.  
Coffee Grounds. **Irish Glamour: Stories of Mischief and Intrigue**.

Monday, Mar. 13, 7 p.m.,  
Micawber's. **Probers' Book Group**. "Our Endangered Values" by Jimmy Carter. All welcome.

## Library Events

Fridays through April, 10:30 a.m.  
St. Anthony Park Library.  
**Story time** for preschoolers ages 3-5. Call Rosie (642-0411) for more information and to register.

Saturday, Mar. 25. **Bookmaking class** with Mary Gotz. Pre-registration required (642-0411).  
11:15-12:30 Grades K-2  
12:45-2:00 Grades 3-4  
2:15-3:45 Grades 5-6

## People

St. Anthony Park resident **Regula Russelle** participated in two projects that have been nominated for a Minnesota Book Award in the Fine Press category. "Putting Tomatoes By," the text of which is by Paul Gruchow,

## AMERICAN LIFE IN POETRY

By Ted Kooser, U.S. Poet Laureate

Poets are experts at holding mirrors to the world. Here Anne Caston, from Alaska, shows us a commonplace scene. Haven't we all been in this restaurant for the Sunday buffet? Caston overlays the picture with language that, too, is ordinary, even sloganistic, and overworn. But by zooming in on the joint of meat and the belly-up fishes floating in butter, she compels us to look more deeply into what is before us, and a room that at first seemed humdrum becomes rich with inference.

Sunday Brunch at the Old Country Buffet

Madison, Wisconsin, 1996

Here is a genial congregation,  
well fed and rosy with health and appetite,  
robust children in tow. They have come  
and all the generations of them, to be fed,  
their old ones too who are eligible now  
for a small discount, having lived to a ripe age.  
Over the heaped and steaming plates, one by one,  
heads bow, eyes close; the blessings are said.

Here there is good will; here peace  
on earth, among the leafy greens, among the fruits  
of the gardens of America's heartland.  
Here is abundance, here is the promised  
land of milk and honey, out of which  
a flank of the fatted calf, thick still  
on its socket and bone, rises like a benediction  
over the loaves of bread and the little fishes,  
belly-up in butter.

Reprinted from "Flying Out with the Wounded," New York University Press, 1997. Copyright (c) 1997 by Anne Caston.

This weekly column is supported by The Poetry Foundation, The Library of Congress, and the Department of English at the University of Nebraska, Lincoln. This column does not accept unsolicited poetry.

was made by Russelle and CB Sherlock, with assistance from friends, interns and colleagues.

"There is No Other Way to Speak," edited by Bill Holm, features works by 12 Minnesota writers, including St. Anthony Park resident **Wang Ping**. The deluxe edition of this book was designed and bound by Russelle and Sherlock.

**Jack Fortin**, executive director of the Center for Lifelong Learning at Luther Seminary, has written "The Centered Life" (Augsburg Fortress Publishers).

The book refutes the idea that one can live a "balanced life," arguing that instead people should focus on what is at the center of their lives and attempt to live out their calling.

Two students from St. Anthony Park Elementary School will have writing published in an annual anthology from the COMPAS Writers in the School Program. **Sam Slifer** contributed "Colors" and **Lia Chin-Purcell** wrote "Orphan's Life." The book is titled "My Mind Can See the Night."

## Micawber's Bestsellers

### Hardcover Fiction

1. "Miraculous Journey of Edward Tulane," Kate DiCamillo
2. "Purity of Blood," Arturo Perez Revorte
3. "Zorro," Isabel Allende
4. "Fugitive Wife," Peter Brown
5. "Life All Around Me," Kaye Gibbons

### Hardcover Nonfiction

1. "Physics of Superheroes," James Kakliotis
2. "Alphabet in Color," Vladimir Nabokov
3. "Team of Rivals," Doris Kearns Goodwin
4. "She Got Up Off the Couch," Haven Kimmel
5. "Booking Passage," Thomas Lynch

### Paperback Fiction

1. "Gilead," Marilynne Robinson
2. "Bleak House," Charles Dickens
3. "Kite Runner," Khaled Hosseini
4. "Namesake," Jhumpa Lahiri
5. "Time Traveler's Wife," Audrey Niffenegger



# MUSIC IN THE PARK SERIES

2005 - 2006 Season

## VIENNA PIANO TRIO

March 5<sup>th</sup> 4:00 p.m.



Violinist Wolfgang Redik, cellist Matthias Gredler, and pianist Stefan Mendl perform Mozart's *Piano Trio in B-flat*, Schumann's *Piano Trio No. 1 in d minor*, and one of the great works of the 20th century, *Transfigured Night* by Schoenberg.



**MAR. 26 4 PM** **THE AMERICAN PIANO**  
Anthony de Mare & Steven Mayer, pianists, in *The Black Virtuoso Tradition*; works by composers ranging from Gottschalk to Scott Joplin, Fats Waller to Gershwin.

**APRIL 9 3 & 7 PM** **MARK O'CONNOR'S APPALACHIA WALTZ TRIO**  
Mark O'Connor, violin/fiddle  
Carol Cook, viola  
Natalie Haas, cello

**APRIL 30 7 PM** **CAVANI STRING QUARTET**

ALL CONCERTS ON SUNDAYS AT  
ST. ANTHONY PARK UNITED CHURCH OF CHRIST  
2129 Commonwealth Ave., in St. Paul.

### TICKETS/INFORMATION

(651) 645-5699

[www.musicintheparkseries.org](http://www.musicintheparkseries.org)  
email: [musicinthepark@sihope.com](mailto:musicinthepark@sihope.com)

Tickets: \$18 Advance, \$20 At Door  
Students: \$12 (when available)  
\* April 9 - Mark O'Connor \$25

Single tickets available at the Bibelot Shop  
& Micawber's Bookstore in St. Anthony Park.

## Family Concerts 2006

For children of all ages and their families

March 24 - Indonesian Gamelan  
April 28 - Cavani String Quartet

Tickets: 651-645-5699 Limited seating!

Family Concerts Fridays at 6:15 and 7:30 P.M.  
St. Matthew's Episcopal Church  
2136 Carter Ave., St. Paul

# MARCH ARTS

## Music

### Coffee Grounds

1579 Hamline, 644-9959

Raymond Yates Band  
March 3, 8pm

Ben Woolman  
March 4, 8pm

Open Mic with Bill Hammond  
March 5, 6pm

Real Book Jazz  
March 6, 7:45pm

Roots Music Showcase with  
Bill Cagley  
March 9, 7pm

Munkey Juice  
March 10, 8pm

Real Book Jazz  
March 13, 7:45pm

Inish Mohr  
March 17, 8pm

The Mamas  
March 18, 8pm

Open Mic with Bill Hammond  
March 19, 6pm

Real Book Jazz  
March 20, 7:45pm

Roots Music Showcase with  
Bill Cagley  
March 23, 7pm

Sendero Flamencos  
March 24, 8pm

Michael Morris, Brad Senne,  
Jeremy Fischer  
March 25, 7pm

Real Book Jazz  
March 27, 7:45pm

Brandy Evol  
March 31, 8pm

**Como Park High School**  
740 W. Rose Ave., 293-8800

Sound Reinforcement  
Vocal Jazz Pasta Concert  
March 2, 6:30pm  
Dinner reservations: 293-8800,  
ext. 1174  
Concert begins at 7:15pm

Improv Club Show: "It's My Line,  
for Sure"  
March 16, 7pm

Talent Show  
March 24, 7pm

**Ginkgo Coffeehouse**  
721 N. Snelling Ave., 659-9734

Aura  
March 2, 7:30pm

Lou Bartholome  
March 3, 8pm

Kate McDonnell & Pierce Pettis  
March 9, 7:30pm

Cina Dodds  
March 10, 8pm

Andrew Calhoun  
March 16, 7:30pm

Bluegrass and Oldtime Jam Session  
March 22 7pm

Open Stage  
First and third Wednesdays  
6pm sign-up

**Murray Jr. High School**  
2200 Buford Ave., 293-8740

Oliver! The Musical  
March 3, 7pm  
March 4, 7pm  
March 5, 2pm

**Music in the Park**  
[www.musicintheparkseries.org](http://www.musicintheparkseries.org)

St. Anthony Park UCC  
2129 Commonwealth Ave.,  
645-5699

Vienna Piano Trio  
March 5, 4pm

The American Piano:  
The Black Virtuoso Tradition  
Anthony de Mare & Steven Mayer  
March 26, 4pm

Family Concerts  
St. Matthew's Episcopal Church  
2136 Carter Ave.

Indonesian Gamelan  
March 24, 6:15 and 7:30pm

**St. Anthony Park  
Lutheran Church**  
2323 Como Ave., 645-0371

Metropolitan Symphony Orchestra  
Lisa Habeck, soprano  
March 19, 4pm

## Visual Arts

**Anodyne Artist Company**  
825 Carleton St., 642-1684

Art... what is it  
Each third Thursday  
Doors at 7pm  
Performance starts 7:30pm

**Goldstein Museum of Design**  
241 McNeal Hall  
1985 Buford Ave.  
612-624-7437

Celebrate! The College of  
Human Ecology  
Through April 9

**Raymond Avenue Gallery**  
761 Raymond Ave.  
644-9200

Night Light  
Metal work by Lisa Elias  
Paintings by Anne Elias  
Through March 24

**St. Paul Student Center**  
612-625-0214

Digital Discourse  
James Michael Lawrence &  
Emily Radosavljevic  
March 2-April 6  
Reception: March 2, 6-8pm

**St. Anthony Park  
Lutheran Church**  
2323 Como Ave., 645-0371

Paintings by He Qi  
March 1-April 16

**Textile Center**  
3000 University Ave. SE  
612-436-0464

Traditions Transformed:  
Contemporary Quilts  
March 17-April 29  
Opening reception:  
March 17, 6-9pm

**Undercroft Gallery**  
St. Matthews Episcopal Church  
2136 Carter Ave., 645-3058

8th Annual Community Art Show  
Through April 14  
Opening reception: March 5, 6-8pm

## Fired Up Studios™ Beginning Pottery Classes

Adults only. Eight weeks, starting week of March 20th, 2006

Contact Fired Up Studios at 612-852-2787 or  
[www.firedupstudios.com](http://www.firedupstudios.com) for more information

Fired Up Studios

1701 E. Hennepin (At the corner of East Hennepin & Stinson Blvd.) 612-852-2787



# MARCH Calendar

## 1 Wednesday

- Bead Ladies, 10 a.m., Coffee Grounds, 1579 Hamline Ave.
- SAP Elementary School kindergarten registration 6-7:30 p.m.
- Women's Connection, a women's networking organization (603-0954), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.
- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11 a.m. to noon.
- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1-2 p.m.
- St. Anthony Park recycling, Every Wednesday.

## 2 Thursday

- Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m.-noon. Every Thursday.
- Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.
- Chair Exercise Classes - Seal High Rise, 825 Seal St. Every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.
- St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 6 p.m.

## 3 Friday

- Como Boys Basketball game at Como Park High School. 5:30 p.m.

for both 9th grade boys and junior varsity, 7 p.m. for varsity.

- Murray Junior High's "Oliver! The Musical", 7 p.m. Cost is \$7. Murray auditorium.
- Old Time Film Night with live piano music, 7-8:30 p.m. at St. Anthony Park Library. Family event.
- Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.)
- Story time for preschoolers ages 3-5 every Friday through Apr. 28 at the St. Anthony Park Library, 10:30 a.m. Call Rosie (642-0411) for more info and to register.
- Falcon Heights recycling.

## 4 Saturday

- Como Park High garage sale to benefit Sound Reinforcement Vocal Jazz, 9 a.m.-3 p.m. at Como Park High School, 3 blocks west of Dale, south of Maryland and Grotto.
- Murray Junior High's "Oliver! The Musical", 7 p.m. Cost is \$7, Murray auditorium.
- Nocturnal Bowling (612-625-5246), 10:30 a.m.-5 p.m. at the Gopher Spot, St. Paul Student Center, 2017 Buford Ave., St. Paul Campus. Every Saturday.

## 5 Sunday

- Murray Junior High's "Oliver! The Musical", 2 p.m. Cost is \$7, Murray auditorium.
- Parish Dinner, 11:30 a.m.-3 p.m. Church of St. Cecilia, 2537 Bayless Pl.

## 6 Monday

- AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.

- Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.

- Como Park recycling, Every Monday.

- Lauderdale recycling.

## 7 Tuesday

- Free in-store wine sampling at The Little Wine Shoppe, 2236 Carter Ave., 645-5178, 4:30-7:30 p.m. Must be 21 years of age or older to attend. All featured wines are 10% off during the tasting.
- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-noon. Every Tuesday.
- Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.
- Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.
- St. Anthony Park Garden Club, 7 p.m., St. Anthony Park Library.
- Republican HD66B caucus, 7 p.m., Murray Junior High School.

## 8 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpenue Ave., 7 p.m.

## 9 Thursday

- Music Concert, 7 p.m., free, Murray Junior High auditorium.
- Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 7 p.m.

## 13 Monday

- Join the Falconeers for 500 and cribbage at 1 p.m. at Falcon Heights City Hall.

- Park Press, Inc., Park Bugle Board Meeting, St. Anthony Park Bank Community room, 7 a.m.

- St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.

## 14 Tuesday

- Bridge Club, 6:30 p.m., Coffee Grounds, 1579 Hamline Ave., 644-9959.
- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.
- Environmental Roundtable, 7-9 p.m., South St. Anthony Rec Center, 890 Cromwell Ave.

## 15 Wednesday

- Hmong PTO meeting, 6 p.m. at Murray Junior High.
- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11-11:45 a.m.
- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1 p.m. to 2 p.m.
- Langford Booster Club, Langford Park, 7 p.m.

## 17 Friday

- Falcon Heights recycling.

## 18 Saturday

- Moira Harris, author, talks on Sicilian hand-painted crafts. 2 p.m. at the St. Anthony Park Library.
- Greater Midway Home and Garden Show, Crossroads Elementary School, 543 Front Ave.
- GardenWorks Resource Fair, 10 a.m.-2 p.m., Center for Northern Gardeners, 1755 Prior Ave. N.

## 20 Monday

- Lauderdale recycling.

## 21 Tuesday

- District 10 board meeting, Call 644-3889 for details.

## 22 Wednesday

- Free in-store wine sampling at The Little Wine Shoppe, 2236 Carter Avenue, 645-5178, 4:30-7:30 p.m. Must be 21 years of age or older to attend. All featured wines are 10% off during the tasting.
- Falcon Heights City Council, City Hall, 2077 Larpenue Ave., 7 p.m.
- St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 p.m.

## 25 Saturday

- Bookmaking class with Mary Gotz. Registration required: 642-0411. Times are 11:15-12:30 p.m. for Grades K-2, 12:45-2:00 p.m. for Grades 3-4, and 2:15-3:45 p.m. for Grades 5-6.

## 27 Monday

- Join the Falconeers for 500 and cribbage at 1 p.m. at Falcon Heights City Hall.
- Science Fair at SAP Elementary School, 2:15-3:30 p.m. and 6:30-7:30 p.m. Public welcome.

## 28 Tuesday

- Bridge Club, 6:30 p.m. at Coffee Grounds, 1579 Hamline Ave., 644-9959.
- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

## 31 Friday

- Falcon Heights recycling.

Items for the April Community Calendar must be submitted to the Bugle office by 6 p.m., Mar. 17.



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## Aging Gracefully by Mary Jo Tarasar

### Come Home to St. Anthony Park



#### 2565 Franklin Avenue, Unit 405

Top floor condo with SW exposure overlooking Prospect Park. This bright corner unit has floor to ceiling windows, hardwood floors, granite countertops, stainless steel appliances, roughed in for a gas fireplace in the living room, great South and West views, 2 bedrooms, 2 baths and underground parking.

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This is the topic no one wants to talk about: incontinence.

On a very primal level, we associate toilet training with infancy, and the inability to control elimination processes puts us right back to the goo-goo ga-ga stage — or so we feel. But like many other problems that cause shame, incontinence can be dealt with only if we talk about it.

If you are caring for someone with incontinence, the most important thing to remember is that your loved one is not doing this deliberately.

Blaming an adult for “wetting the bed” is just as ineffective as blaming a child. Shaming people for a physical phenomenon they can't control just adds to their humiliation.

Far better to say, “You know, your bed sheets are wet again. We need to see a doctor to find out what can be done about this.”

Then follow through. Make sure that medical personnel understand the extent of the problem. Take notes on daily functions to help your memory (and counteract denial) when you get to the appointment.

Go to a medical supply outlet. Ask what products are available to mitigate the problem. Plastic mattress liners, adult protective underwear and protective seating pads are among the products that can reduce the

damage caused by incontinence. This will reduce the stress on both of you.

If you are not living with your loved one, your first clue there is a problem may come when you visit and notice the odor of urine. Again, be forthright but tactful, and don't avoid the issue.

There are different forms of incontinence and most can be treated successfully. Once the type of incontinence has been determined by a medical practitioner, you will be able to determine the best response to your loved one's problem.

For example, stress incontinence is caused by weakened pelvic floor muscles. Medication and exercises are effective treatments.

Urge incontinence is caused by an overactive bladder and chiefly affects elderly people. Avoiding caffeine and medication to relax the bladder are effective.

Overflow incontinence results from an overfilled bladder, usually due to an obstruction such as an enlarged prostate gland in men.

Functional incontinence encompasses a variety of physical problems that can prevent a person from getting to the bathroom quickly enough once the urge to urinate is recognized.

Here are some helpful strategies:

- Set a regular time for trips to the bathroom. A bladder can be trained to empty on schedule.

- If your loved one has dementia, a picture of a toilet on the bathroom door may help.

- Offer fluids regularly. This prevents dehydration and urinary tract infections. Although it may seem counter-intuitive, regular fluid intake prevents urine from becoming too concentrated, which can lead to overly frequent urination.

- If protective underclothing is worn, think of something to call them other than “diapers.”

- If your loved one has problems with mobility that prevent getting to the bathroom in time, consider a bedside commode.

But you can't solve the problem until you talk about it as frankly as possible. You and your loved one may both be suffering unnecessarily. Don't be too embarrassed to deprive yourselves of a solution.

*The St. Anthony Park Block Nurse Program offers services to older adults and those who care for them. Aging Gracefully is one way we communicate with our community. We welcome ideas and feedback for this column at 642-9052 or sapbnp@bitstream.net.*

Announcing...

## The Saint Anthony Park Community Foundation 2006 Grants Program

### Deadline:

Must be postmarked by Friday, March 17, 2006  
to PO Box 8038, St. Paul, MN 55108

### Grantmaking Priorities:

Arts & Humanities, Community Economic Development, Education, Environment, Health, and Housing

### Eligible Organizations:

Not-for-profit organizations, neighborhood, and community-based groups serving the needs of the St. Anthony Park/District 12 area.

### Grant Application Forms:

Available on-line at [sapfoundation.org](http://sapfoundation.org) or at the St. Anthony Park Branch Library.

### Grant size:

\$5,000 maximum

### Questions:

Contact Jon Schumacher at  
651/641-1455 or  
on-line at [jon@sapfoundation.org](mailto:jon@sapfoundation.org)



### Lives Lived from 18

and little children.

A devout Catholic, she was a member of St. Columba, Nativity, St. Mark's and, since 1991, St. Cecilia's parish. She had lived at Seal High Rise in south St. Anthony Park since 1991.

She enjoyed getting together with friends and family, shopping, going to movies and going out to eat. She was a big fan of Elvis Presley and of many movie stars: Errol Flynn, John Wayne, Gregory Peck and, more recently, Kevin Costner, Brad Pitt and Heath Ledger.

She enjoyed Laurel and Hardy and used their sayings to deal with many situations in life. She enthusiastically followed baseball and the Minnesota Twins. She loved animals, especially cats.

Kippels was preceded in death by her parents and two sisters. She is survived by brother-in-law, John Sonnen; nieces, Kiki Sonnen (Michael Samuelson) and Marcy Sonnen Leland (Thomas); nephews, Stuart Sonnen (Reggie) and Mark Sonnen (Ellen Witkowsky); grandnephews, Edward, Andrew and Kyle; and by many friends.

A Memorial Mass of Christian Burial was celebrated Feb. 17 at the Church of St. Cecilia, with interment at Calvary Cemetery.

### Florence Neilson

Florence V. Neilson, remembered as a loving mother, grandmother and great-grandmother, died at age 99 on Jan. 2, 2006. She was a member of St. Cecilia Catholic Parish in St. Anthony Park.

She was preceded in death by husband, Leonard, and son, James. She is survived by three children, Mary Lou (David) Brewer, Daniel Neilson and Kathleen (Stan) Rolfsrud; five grandchildren, Anthony Brewer, Melissa Blethen, Marcelline Harrisonfields, Jennifer Blethen and Heidi King; and three great-grandchildren.

Her funeral service was held Jan. 10 at O'Halloran and Murphy Funeral Home. Interment was at Fort Snelling National Cemetery.

### Roseann Nelson

Roseann E. (Goulette) Nelson died peacefully at Lyngblomsten Care Center on Feb. 4, 2006, at the age of 93. She was a Brown & Bigelow retiree, longtime Falcon Heights resident and a member of Holy Childhood Catholic Church in Como Park.

She was preceded in death by her husband, Roy; five brothers; and six sisters. She is survived by many nieces, nephews, other

relatives and friends.

Her Mass of Christian Burial was celebrated Feb. 7 at Roseville Memorial Chapel. Interment was at Roselawn Cemetery.

### Opal Olson

Opal Olson died Feb. 3, 2006, at Mount Olivet Care Center. She was a former resident of St. Anthony Park and a member of St. Anthony Park Lutheran Church during her residence there. While living in St. Anthony Park, she volunteered over 2,500 hours at Lyngblomsten Care Center in Como Park.

Opal was the second child of Edward and Vera Fournier and was born April 24, 1909, near Bemidji, Minn. She graduated from high school in Sandpoint, Idaho, where she worked as an executive secretary until she married Harold L. Olson, an intern from Luther Seminary.

While Harold finished his last year of seminary, Opal attended Lutheran Bible Institute and worked for the Lutheran Daughters of the Reformation.

After Harold finished seminary, they moved to Sherwood, N.D., where he served two churches. They were then

*Lives Lived to 24*

# CLASSIFIEDS

**Classified deadline:**  
**March 17th, 6 p.m.**  
**Next issue: March 29th**

- Type or write down your ad, and which section your ad should appear in. Usually we put the first few words in capital letters.
- Count the words. A word is numbers or letters with a space on each side. A phone number with area code is one word.
- Figure your cost: 90¢ x number of words (\$9.00 minimum).
- Mail your ad & check to:  
 Bugle Classifieds  
 P.O. Box 8126  
 St. Paul, MN 55108  
 or deliver to the Park Bugle drop box at the side entrance to 2190 Como Ave. (on the Knapp Place side of building) by 6 p.m. on the deadline day.  
 We cannot bill you for your ad.
- Classifieds cannot be e-mailed, faxed, or taken over the phone.

## Instruction

"Peace & Healing," Tuesday 3/28 - Stimulate your healing potential by better understanding the link between disease and unconscious thoughts. "Detoxification," Tuesday 3/21 - Discuss internal cleansing for a healthy body. "Introduction to Integrated Healthcare," Wednesday 3/22 - Discover a comprehensive natural approach to feeling great. "Hatha Yoga" - classes start week of March 13. Call Holly House @ 651-645-6951.

## Child Care

PARK ANGELS CHILD CARE. Lic. in home since 1994. NB-11 yrs. Near Como/Doswell. 651-644-5516.

## Professional Services

**JENNIFER'S PET SITTING** - Need someone to care for your pet while you're away? Don't put your pet in a cold, expensive kennel! I will give your pet a warm, loving place to stay whether you're gone for a while or just for the day. I have over 30 years experience loving & caring for pets, and a beautiful fenced-in yard for them to play. Must be a smaller animal and get along w/ other pets. All animals considered! Inexpensive rates with great deals for long-term care. References available. Call Jennifer at 612-729-6481 today!

HOME CLEANING the way you like it. Non-toxic and thorough. Great references. Insured. Kay, 651-644-5079.

PROFESSIONAL MURALIST - twenty years experience designing and painting in many styles. Tutoring available for DIY. Kay, 651-644-5079.

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mvichealthmall.com.

**HALLE'S IN THE ALLEY** - expanding sewing business, same day alterations, wearable art. 30 years experience. 651-206-5054.

**BOOKKEEPER** - Do you need help with your Quickbooks? Too busy running your business? I can help! Reasonable rates. Jeff @ 651-764-4052.

**GRAPHIC DESIGN** - Want fast, quality graphic design services for a fraction of the cost? Big or small, let's talk about your next project! Call Raymond at 612-339-4679.

## Home Services

**BRICKWORK & STONEWORK**, new & repair. Peter Podulke 651-271-3319, Nedjo Podulke 651-278-7256.

**ARTISTS AT WORK** house cleaning, 651-633-2768.

**WE SATISFY ALL YOUR PAINTING NEEDS** - Professional painting, interior, exterior, paper-hanging, patching, taping, staining, ceiling spray texturing, water damage repair, and more. Family business in the Park - 50 years. Jim Larson, 651-644-5188.

**ALOHA!** Always a holiday with Rita's and Molly's cleaning service. Since 1985. 651-699-7022.

**ICE DAMS REMOVED** - stop water damage! Burton Johnson, Burton's Rain Gutter Service. License #20126373, bonded, insured. 30 years experience. 651-699-8900.

**CLEANING** - established business in SAP 12 years. Thorough, honest, and reasonable. Call Mary 763-789-7560.

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**CAN'T DECIDE int/ext paint colors?** Reasonable rates. Beth, 651-292-0488.

**RAIN GUTTERS CLEANED**, repaired, installed. Burton's Rain

Gutter service. Since 1973. Insured, License #20126373. 651-699-8900.

**APPLIANCE REPAIR** - Reasonable rates, friendly service, neighborhood references. Ron Wagner, 612-840-3598.

## Housing

**HOUSING WANTED** Summer 2006. Vassar College professor and family, former residents of St. Anthony Park, wish to sublet in or near the Park approximately mid-June through mid-August 2006. References from previous Park summer sublets available. Please contact Jim or Linda Merrell at 845-471-4028 or merrell@vassar.edu.

**TWO BEDROOM** apartment available March 1st. Near corner of Cleveland and Como. Call Dan 651-646-2851.

**BUYING OR SELLING** - Call a Certified Residential Specialist with over 35 years experience. Lauderdale resident. Donna Anfinson, CRS, Century 21 Jay Blank Realty, 651-633-0061.

## Employment

**CLEANING WOMAN SOUGHT**, routine household tasks. Quiet home, no pets. 6 hours per week. 15-20 minutes drive from Park. Reliability crucial. References required. Please call 651-631-2082, leave message.

**GROWING ST. PAUL CHURCH** seeking: Church Secretary/Administrator - PT (20 hrs/wk) or FT (35 hrs/wk). Children/Youth workers - must be mature, flexible, and youth-oriented. PT (4 hrs/wk). Musicians (keyboard/piano player, bass guitar player, and drummer) - PT (7 hrs/wk). Send resume to mail: NWC, 2429 University Ave. W., St. Paul, MN 55114. Fax: 651-644-1332, E-mail: nwcjobinfo@yahoo.com.

**WANT TO EARN** some extra cash this summer with that spare room or space in your finished basement? Host a foreign exchange student! Como Town @ Como Zoo will be hosting 10-20 young adults this summer and is looking for suitable housing. For more information, please call Kathy at 651-487-2121.

## Wanted

SAP NOVELIST seeks to interview

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**at the Senior Leisure Center**  
**2200 Hillside (SAPUMC)**  
**11:00 a.m. to 12:00 p.m.**  
**for more information call Mary Jo at**  
**651-642-9052**  
*a project of the St Anthony Park Block Nurse Program*

## Need someone to care for your pet while you're away?

Don't put your pet in a cold kennel! I will give them a warm, loving place to stay while you're away on business, on vacation, or just for the day. I have over 30 years experience loving and caring for pets, and a beautiful fenced-in yard for them to play. Must be a smaller animal and get along with other pets. All animals are considered! Inexpensive with great deals for long-term care. References available.



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**CALL FOR A TREE HEALTH AND SAFETY INSPECTION**

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Office: 851-636-7792

Cell: 612-251-8973

- 20 years experience
- All work performed by Certified Arborists
- Mr. Giri, owner, holds a B.S. & M.S. from U of M School of Forestry





### Lives Lived from 22

called by the Evangelical Lutheran Church to be missionaries in Colombia, South America, where they served for 32 years.

In addition to keeping the house and raising three children, Opal sometimes taught business and typing classes at the Bible School and also worked with the women of the churches they served.

After retirement, they moved to St. Anthony Park, where Harold was a visitation pastor and Opal served as treasurer for the Luther Place Condominium Association and volunteered at Lyngblomsten.

She is remembered by her family as "una mujer guapa" (a beautiful and brave woman) who kept things organized and regular, whether in the midst of chaos and danger in Colombia, or when Harold was out fishing. She is also remembered as a gracious host and excellent baker.

She was preceded in death by husband, Harold, and daughter, Rebecca. She is survived by brothers, Bill and Bud Fournier; and children, Miriam (Jorge Villanueva), Paul (Mary Willert) and Philip (Toni); two grandchildren; two great-grandchildren; and loving nieces and nephews.

Her memorial service was held at St. Anthony Park Lutheran Church on Feb. 7. She was buried at Roselawn Cemetery.

### Steven Olson

Steven H. Olson, age 43, of Eden Prairie, died January 28, 2006. He was preceded in death by his father, Lester. He is survived by his mother, Doris, and sister, Mary Susan. A memorial service was held Feb. 3 at Como Park Lutheran Church, where he was formerly a member.

### Dr. Sue Crowell Reitan

Dr. Sue Crowell Reitan, age 68, died peacefully at home on Dec. 30, 2005, comforted by family and Heartland Hospice nurse Susan.

Born and raised in Brainerd, Minn., Sue became an educator in home economics, then taught in Maynard, Echo and Albert Lea. She completed a master's degree, then proceeded to UW Stout to educate home ec. teachers.

Sue returned to the U of M to supervise home ec. student teachers, which led to her Ph.D. degree. Sue recently retired from the Social Security Administration, following her years with the IRS, where her teaching abilities were utilized.

Along with her studies and careers, Sue volunteered in the Boy Scouts of America and in her church's handbell choir and Christian education programs. Sue loved gardening, yard care at home and church, camping,

traveling with her family and Little Old Ladies On Tour friends, elder learning classes, and reading coaching at Falcon Heights Elementary School.

During her illness at home, Sue enjoyed many visits from friends, especially book readings by LOLOs Doris and Norma. The family also appreciated the support of hospice caregivers, Jan and Anne.

She is survived by husband, John; sons, Ben and Tom; brother, Danny; and sister, Jeanette. Sue will be missed, loved and remembered as an example to live by.

A celebration of Sue's life was held Jan. 6 at Falcon Heights United Church of Christ, where she was a member.

*There is no charge for Bugle obituaries. Please alert the Bugle about the deaths of current or former residents of the area. Send more complete information if you have it. Obituaries are compiled by Mary Mergenthal, 644-1650, mary.mergenthal@comcast.net.*

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## LIFE IN THE CHURCH: *Come and Share*

### ❖ BETHANY BAPTIST CHURCH

Skilman at Cleveland S., Roseville. 651-631-0211  
9:30 a.m. Sunday School  
10:45 a.m. Sunday Worship, Pastor Bruce Petersen  
("Fire and Reign" series January - March)  
1:00 p.m. Korean Sunday Worship, Pastor Jiyong Park  
6:30 p.m. Wednesday Kids' Club, Youth Group, Prayer

### ❖ COMO PARK LUTHERAN CHURCH - ELCA

1376 Hoyt Ave. W., St. Paul, MN 55108-2300  
651-646-7127  
Handicapped Accessible  
cplc@minter.net  
CPLContact ministry 651-644-1897  
www.comoparklutheran.org  
Sunday Worship Schedule:  
8:00, 9:00, & 11:00 a.m. Worship (nursery care provided 8:45 a.m. - 12:15 p.m.)  
10:00 a.m. Adult Education and Sunday School  
(Holy Communion on 1st & 3rd Sundays)  
Rides available for 11:00 a.m. worship;  
Call the church office before noon on Friday for ride.  
Wednesday Lenten Worship and Soup Suppers: Worship at 7:00 p.m.  
Beginning on Ash Wednesday, March 1, and every Wednesday during Lent:  
Please join us for soup suppers from 5:00 - 6:30 p.m. and worship at 7:00 p.m.  
Proceeds from soup suppers will be used to help youth pay for their summer mission trip and Bible camp. Suppers: \$5 for adults and children 12+; \$3 for children 3-11  
Sunday, March 12: Reverend Dr. Matthew Skinner  
Please join us as we welcome Matt Skinner. Dr. Skinner is Assistant Professor of New Testament at Luther Seminary. He will preach this Sunday at all three services and will be our guest speaker during the adult education hour at 10:00 a.m.  
Sunday, March 12, 19, 26 and April 9: Better Partners/Better Parents (1-5:30 p.m.)  
Pastor Mary Kaye and Dr. Kurt Wical (marriage and family therapist) will facilitate a group here at Como Park that will look at how parents can increase togetherness in their marriages and parenting. This group is for couples of any age who are also parents. (\$80/couple for four 4 hour sessions; \$72/couple if one or both are CPLC members). To sign up, please mail or bring your check made out to CPLC. Day care for children: \$6 per day per child.  
Pastors: Martin Ericson and Mary Kaye Ashley  
Visitation Pastor: Leonard Jacobsen  
Director of Music Ministry: Thomas Ferry

### ❖ CORNERSTONE ECUMENICAL CATHOLIC CHURCH

An Ecumenical Old Catholic Community  
2200 Hillside Avenue / 651-776-3172  
Sunday Eucharist: 5:30 pm in Upper Chapel  
Visit our website at: www.cornerstoneecc.org

### ❖ NORTH COMO PRESBYTERIAN CHURCH

965 Larpenteur Avenue W., Roseville  
651-488-5581, ncpmain@northcomochurch.org  
www.northcomochurch.org  
Sunday Services: Worship 9:45 a.m., Education 11:00 a.m.  
We welcome all to attend.  
Handicapped accessible.

### ❖ PEACE LUTHERAN CHURCH - ELCA

1744 Walnut (at Ione) Lauderdale. 651-644-5440  
www.peaceclauderdale.com  
Sunday Worship: 10:00  
Education: 9:00 a.m.  
Lenten Services - Wednesdays  
5:30 p.m. Soup Supper,  
7:00 p.m. Marty Haugen  
Sung Vespers  
March 22nd & 29th  
7:30 p.m. Women's Study Group of the Book of Ruth  
Pastor: David Greenlund  
All are welcome - Come as you are

### ❖ ST. CECILIA'S CATHOLIC CHURCH

2357 Bayless Place. 651-644-4502  
Website: www.stceciliasp.org  
Handicap accessible  
Saturday Mass: 5:00 p.m. at the church  
Sunday Masses: 8:15 a.m. and 10:00 a.m. at the church  
(nursery provided during the 10:00 am Mass)

### ❖ SPIRIT UNITED CHURCH

Honoring Spiritual Transformation  
www.spiritunited.com  
3204 Como Avenue SE, Minneapolis, 612-378-3602  
10:00 a.m. World Service Guided Meditation  
10:15 a.m. Aquarian Communion  
10:30 a.m. Sunday Service

### ❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth at Chelmsford. 651-646-7173  
Website: www.sapucc.org  
Handicapped accessible and an Open and Affirming Congregation.  
Rev. Howard Tobak, Transition Minister  
Adult Ed. 8:30 a.m.  
Sunday Worship 10:00 a.m., Fellowship: 11:00 a.m.  
Nursery care & Sunday School provided - 10:15 a.m.  
Sunday, February 5, 10:00 a.m. - Holy Communion  
Sunday, February 12, 10:00 a.m. - Worship/Scout Sunday

### ❖ ST. ANTHONY PARK UNITED METHODIST CHURCH

All are welcome!  
2200 Hillside Ave (at Como) 651-646-4859  
Pastor Donna Martinson  
Go to www.sapumc.org for more about our church.  
Sundays:  
10:00 a.m. Worship Celebration  
10:20 a.m. Sunday School for 3 years old to 5th grade  
11:00 a.m. Fellowship & Refreshments  
More to choose (call us for details):  
Faithfully Fit Forever - Mondays, 10:00 - 11:00 a.m.  
Faith 411 (youth) - Wednesdays, 7:00 - 8:00 p.m.  
Choir - Wednesdays, 7:00 - 8:30 p.m.

### ❖ ST. ANTHONY PARK LUTHERAN CHURCH

We are a community of believers called to joyfully serve God,  
one another, and the world.  
www.saplc.org  
2323 Como Ave. W., 651-645-0371  
Staffed nursery available. Handicap-accessible.  
Pastors Glenn Berg-Moberg and Amy Thoren. Email: office@saplc.org  
Ash Wednesday, March 1 - 7:00 p.m.  
Soup Suppers every Wednesday in Lent, 5:30 p.m.  
Wednesday Lenten Series featuring the art of He Qi, 7:00 p.m.  
Sunday Worship: 8:30 and 11:00 a.m., Education Hour for all: 9:45 a.m.  
Minnesota Faith Chinese Lutheran Church 1:30 p.m.

信義教會 星期天下午

### ❖ ST. MATTHEW'S EPISCOPAL CHURCH

The Rev. Blair Pogue, Rector  
2136 Carter at Chelmsford. 651-645-3058  
Website: www.stmatthewsmn.org  
Pancake Supper - February 28 (5-7pm)  
Ash Wednesday Services - March 1 (10am & 5:30pm)  
Sunday Services:  
8:00 a.m. Holy Eucharist (Rite I)  
10:30 a.m. Holy Eucharist (Rite II)  
4:00 p.m. Prospect Hill Friends Meeting