Park Bugle St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park Volume 32, Number 8, February, 2006

New life for Linnea Home

by Dave Healy

If Ray Peterson has his way, the name Linnea will not disappear from the local landscape.
Peterson, who has lived in

St. Anthony Park for 25 years, wants to preserve the building at 2040 W. Como Ave. that until recently housed the Twin City Linnea Home. That facility closed Oct. 21 and went up for

Peterson and a group of investors hope to purchase the Linnea Home and convert it to condominiums. The proposed facility would be called Linnea Gardens and would contain about 20 units ranging from 1,000 to 1,500 square feet each.

The group is negotiating with Ecumen, the company that owned and managed Linnea Home, and Peterson hopes they will have a signed purchase agreement by Feb. 1.



Photo by Christy Myers

In the Heart of the Beast Puppet and Mask Theater held a two-week residency at St. Anthony Park Elementary School from Jan. 17-30. Here Cyrie Holman, a sixth-grader, shows off her latest creation.

Park Midway Bank relocation plans continue

Zoning Committee approves conditional use permit for new site by Dave Healy

Park Midway Bank cleared another hurdle in its plans to erect a new building when the St. Paul Zoning Committee unanimously approved its request for a conditional use permit at the proposed site on Como Ave. at Doswell.

At its Jan. 5 meeting at St. Paul's City Hall, the Zoning Committee considered a two-part conditional use permit that would accommodate the bank's intention to construct a two-story, 16,630square-foot building on the site where its drivein bank is currently located.

The permit would allow the bank to locate ingress/egress access lanes less than the 60 feet from residentially zoned property required by St. Paul's zoning code. It would also allow for 38 parking spaces, three fewer than city requirements, based on a formula reflecting the building's square footage.

The Zoning Committee decision followed District 12 Community Council approval of the bank's conditional use permit request. The committee's recommendation will now be forwarded to the St. Paul Planning Commission for final approval.

The Jan. 5 meeting was a public hearing. Speaking in favor of the request were Rick Beeson, bank president, and Mary Ann Milton, owner of Milton Square in St. Anthony Park.

Beeson said that even with

"We are accustomed to community involvement in this neighborhood,."

-Joseph Michels

three fewer spaces than the 41 required by code, the parking situation at the proposed building would be a significant improvement over the current one at 2265 Como Ave., where the bank leases space.

He said the main bank building's parking lot has 28 spaces and noted that 45 employees work there, whereas the new building would house only 24 employees.

Furthermore, said Beeson, the building where the bank now leases space has other tenants that make significant demands on available parking spaces, while at the new building the bank would be the only occupant.

Milton said she has owned Milton Square, on the southeast corner of Como and Carter Aves., since 1957. She said she supports the bank's building proposal because "their plan will improve

the property on that corner.

Speaking against the permit request were Joseph Michels and Eileen Michels, who live in

St. Anthony Park. Joseph Michels, an architect, acknowledged that he is a partowner of the building at 2265 Como and that he designed the drive-in bank building at 2300 Como. He said that an

adequately publicized neighborhood meeting about the bank's plans had not been held. We are accustomed to community involve-ment in this

neighborhood," he said, "and I do not believe we have been given an opportunity for that.'

In the swim at Twin Cities German Immersion School

School takes over former union hall by Lisa Steinmann

A new school is taking root during its first year in St. Paul. The Twin Cities German Immersion School has set up shop at 1399 Eustis St., in a former union hall across the street from Murray Field. A visit to the school on any given day finds the former office building transformed by the presence of busy children.

The entryway is decorated with hand-cut paper snowflakes. The central staircase in the open foyer of the building is draped with flags from Germany, Switzerland, the United States, Peru and other nations that represent the national backgrounds of students in the school. A large auditorium on the first floor serves multiple purposes including coatroom and lunchroom.

Another clue that the building is a school now is the Fundsachen, the lost and found basket, beneath the stairway. It contains one small blue glove, several pink plastic pearls parted from their strand and a lone Fisher Price figure.

The second floor of the building houses the two classrooms in use this year. By 9 a.m. Herr Stephenson's first grade class can be found "Guten Tag, wie gehr's Emily?" A girl in a pink plaid poncho with

a gem-studded golden crown perched on her head squirms to her knees and breaks into a classic six-year-old grin—the one with two top front teeth missing. "Super!" she says with a German accent. She goes on to explain, excitedly and in German, that she has been invited to two birthday parties. Now it is her turn to greet a classmate seated on the floor in a circle: "Guten Tag, wie geht's Abby?"

Most of these children began the school year speaking no German. Now they respond instantly as their teacher, Scot Stephenson, guides the flow of chatter with questions and instructions in German. "Schneidersitz!" he reminds them, which means "Sit like a tailor!"-with legs crossed and seat on the floor.

He then asks Marlene, who has brought a small wooden nutcracker man for Show and Tell, "Kann er wirklich Nüsse knacken?" (Can it really crack nuts?) This meets with a chorus of replies.

"Nein!" say many children. Someone says (in English), "Too small mouth!" In an immersion language classroom, all the instruction is in the foreign language. Here, if a child responds in English, it shows good progress in understanding and listening to German. Herr Stephenson

calls the group back to order by clapping his hands and slapping his knees. "Wer hat die Nuss aus dem Nussknacker geklaut?"

The children recognize that this is a variation on one of their favorite chanting games:



Hannah Mulholland, a first-grader at Twin Cities German Immersion School, plays "Wer hat die Nuss aus dem Nussknacker geklaut?

Who stole the cookie from the cookie jar? They fall into the rhythm of clapping and chanting: "Brianna hat die Nuss aus dem Nussknacker

Accused of stealing the nut from the nutcracker's mouth, she shifts the blame and points to a young woman seated among them, "Frau Gissman hat die Nuss

Bank relocation to 6

German Immersion to 14



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St. Anthony Park Home Sales 2005 Real Estate Update

Number of Homes	2005	2004
that Sold	39	31
Lowest Home Price	\$162,000	\$179,900
Highest Home Price	\$816,500	\$765,000
Average Home Price	\$376,109	\$340,179
Average Market Time	74 days	66 days

- The average sale price was 92.7% of the list price.
- The average sale price increased by 10.6% this year.
- At the end of the year, there were 5 houses for sale that had been on the market an average of 95 days.
- 5 homes failed to sell.
- This information does not include duplexes, condominiums or townhouses.

Please call us if we can be of any assistance to you.

(Based on information from the REGIONAL MULTIPLE LISTING SERVICE OF MINNESOTA, INC. for the period January 1, 2005 through December 31, 2005.)



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CITY FILES

Como Park

The District 10 Land Use Committee has submitted a draft neighborhood plan to St. Paul's Department of Planning and Economic Development. The plan may be reviewed at www.comopark.org. The plan is tentatively scheduled for a public hearing in March 2006.

Falcon Heights

The annual Dead of Winter Inspirational Event will be held Sunday, Feb. 5 from 1-4 p.m. at Community Park, Roselawn and Cleveland. Activities include sleigh rides, a treasure hunt, ice skating, kids' activities and refreshments.

Lauderdale

Denise Hawkinson has been appointed by the City Council to fill a vacant seat on the council previously held by Moose Giannatti. Her term will run until 2007.

St. Anthony Park

The District Council has launched a new Web site: www.sapcc.org.

An ad hoc Advisory Committee has been established to work with Park Midway Bank and the St. Anthony Park Community Council in reviewing plans for the bank's new building at Como and Doswell. The committee met on Jan. 18 to review site plans for the project and to establish a timeline for community input.

The next opportunity for public comment will be Feb. 2 at St. Anthony Park Elementary School. The 6 p.m. Land Use Committee meeting will include a presentation from the bank regarding the two-story building they plan to erect on the site of their current drive-thru bank building.

At the meeting, neighbors will have a chance to make suggestions on the proposed site plan, exterior façade and environmental design of the

project. Following this meeting, the Advisory Committee will continue to meet with the bank as they finalize design plans.

Plans can be reviewed at the council office (890 Cromwell Ave.) or at Park Midway Bank. Comments regarding the site plan, exterior façade and environmental design can be forwarded to the Advisory Committee by contacting Nina at nina@sapcc.org or 649-5992. Final plans will be presented to the community in late spring.

JPI Development is in the process of seeking city approval to build student-oriented housing at 2669 Territorial Rd. The District Council has approved an appeal of portions of their plans. A similar proposal by JPI for a site adjacent to this one was rejected by Minneapolis.

-Susan Conner

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One hundred years ago this month, 11 women organized a home for indigent Norwegian immigrants. Today, lyngblomsten serves over 400 residents and hundreds of additional outreach clients.

Lyngblomsten to celebrate centennial

by Judy Woodward

Early in 1903, Anna Quale Fergstad organized seven of her friends into a book club. It was a time of feminine selfimprovement, and like many other married women of their era, Mrs. Fergstad and her friends were eager to enjoy friendship and an occasional break from the routines of motherhood and housekeeping.

Similar groups were springing up all around the state, but the Fergstad reading circle was distinctive in two ways. First, the women were all Norwegian immigrants to Minnesota, so the meetings were conducted in the language of the old country. Second, and more important, their leader was the formidable Mrs. Fergstad.

A woman of vision and energy, Fergstad soon persuaded her circle—by now increased to 11 women—to add a worthy charitable project to the agenda of their monthly meetings. She pointed out that there was no shelter available for the many elderly Norwegian emigrants to the area who could no longer care for themselves.

Reminding group members of the system of tidy little houses available to fishermen's widows in Norway, she urged the group to dedicate themselves to founding an equivalent shelter for old folks in Minnesota.

The group adopted Mrs. Fergstad's vision with enthusiasm and pledged to raise \$30,000 (about \$615,000 in modern currency) for the construction of a home for the elderly. It was a daunting task for a group that had collected, according to its minutes, precisely \$1.40 in dues at its first meeting.

Still the women persisted, and in February 1906 they incorporated their new project under the name of Norway's national flower, the blooming

heather, known in Norwegian as Lyngblomsten.

A hundred years later, the project they set in motion is still at its original location in Como Park, but it has grown from a simple shelter for 44 indigent Norwegian immigrants to a sophisticated complex that coordinates the efforts of hundreds of volunteers to serve the needs of over 400 residents and many hundreds of additional outreach clients of all faiths and cultures.

The original residence was torn down in 1993 to make way for The Heritage at Lyngblomsten, a senior apartment complex, but the organization prides itself on remaining true to its original mission of "compassionate care and innovative services to older adults."

This month, the project that got its start in Mrs. Fergstad's imagination will celebrate a century of service with a special Centennial Celebration Worship Service in the Chapel of the Incarnation at Luther Seminary at 2 p.m. on Feb. 16.

Additional activities are planned throughout the year. They range from the Lyngblomsten Foundation's Spring Rhapsody Gala, which will feature period costumes and a 1906 State Fair theme, to a community ice cream social in

July and the organization's annual Scandinavian cookie fair on Dec. 1. All are open to the public.

It's been a long journey from 1906, but Patricia Montgomery, Lyngblomsten's director of marketing communications, thinks it's one that Fergstad would approve, if she could somehow return for the centenary.

"I still feel she's here, watching over us, guiding us along," says Montgomery of the woman whose portrait hangs in her office. "We think she'd be happy."

Sadly, Fergstad died shortly before the original Lyngblomsten Home was dedicated in 1912. By then her group of women had put in six years of fundraising. Their methods were traditional. They held bake sales, sold quilts, ran a dining hall at the State Fair and appealed to the generosity of the business and professional leaders of the community.

But traditional methods were put in service of a vision that was anything but conventionally modest. The ladies thought big.

They recruited additional members by setting up "branch" Lyngblomsten fund-raising circles all over the upper Midwest, wherever there were Norwegian immigrant communities.

Lyngblomsten to 8

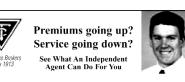


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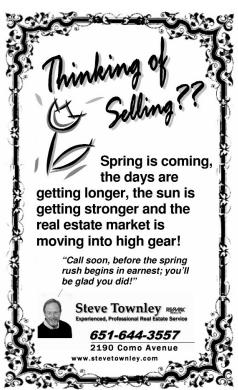


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EDITORIAL

Whose land is this, anyway?

What does it mean to own property? In some cultures, private ownership of land is a foreign concept—though even to describe something as "foreign" betrays an ownership orientation, for it suggests that people can lay claim to a particular locality. There can be no foreigners unless there are residents.

In a country that once tied voting rights to property ownership, it's difficult for most of us to imagine a world where no one owns land. But can land truly be owned?

If you buy a piece of property, what do you get? And what rights do you have? What if something you dump on your land leaches into the groundwater? What if the smoke from something you burn drifts next door?

Say a tree in your yard provides welcome shade for a neighbor. Of course you have a right to cut down that tree. But should you? Say you want to add on to your house. Your building permit

Say you want to add on to your house. Your building pern has been approved. Nothing stands in the way of your new addition, but it will stand in the way of a view your neighbors enjoy. Should that matter?

Say that what's new about your addition is primarily aesthetic. It won't look like anything else in the area. Some people don't like the fact that your house no longer "fits in." Should that matter?

What is ownership? Who owns the air that bar or restaurant patrons breathe? Should someone be able to distribute leaflets in a shopping mall? Should someone be able to force property owners to sell their land for a public project—say a new road? And what is public property, anyway?

The sidewalk that runs in front of homes, apartment buildings and businesses is public property. Who should shovel it and what should be the consequences of not keeping it shoveled?

Who owns the land that lies between a public sidewalk and the street? Should businesses or homeowners be able to do what they want with that property?

Say a business sets up outdoor tables and chairs, for its patrons to use, on space adjacent to a public sidewalk? What happens when other people sit at those tables?

Property ownership is a legal matter. Zoning regulations, for example, limit what kinds of structures can be built in particular locations. Someone owning land owns mineral rights on that property and may choose to lease those rights to someone else, and such a lease would have legal stipulations.

But beyond legality, property ownership is a moral and ethical matter because one piece of property exists in relation to others, just as one person exists in relation to others. Property, by definition, is owned and bounded. What are an owner's social responsibilities to those on the other side of the boundary?

This land is your land, this land is my land. Was this land made for you and me?



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The Park Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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Keep bank amenities

When I think of the welcoming nature of the Doswell/Como corner, where Park Midway Bank plans to build, I think of a few things I've come to depend on.

There's the surprising widening of the sidewalk there, which creates a generous little plaza. There's the lacy locust tree that shades it—the healthiest, largest locust on a block that needs shade badly, as we who shop in July and August well know. There's the fine garden Prescription Landscapes created for the bank, with the graceful serviceberry trees.

And then there's Ginkgo's, with "Steve's Place," a symbol of the relaxed, friendly and sensitive service the staff has provided over the past six years, service that considers the needs of children and dogs as well as adults.

Naturally a person is reluctant to give these things up. They are part of the nourishing character of the neighborhood.

In the January Bugle, Rick Beeson is quoted as saying, "I hope they (Ginkgo's) can find a spot to relocate within St. Anthony Park." This sounds like an incomplete plan. If the bank invited Ginko's to put down roots here (pun intended), then the bank has an obligation to include them in their building plans.

Speaking of building plans, Park neighbors need to know what the intention is for the "old," once new, bank building, and whether that intention is driving the decision to abandon the main bank.

Alice Duggan St. Anthony Park

Thanks Joe

The neighborhood is having an important debate about the design of the new bank building planned for the corner of Como and Doswell. Our letter is not about that debate, but rather about the building that occupies that site for a little while longer.

The drive-in/walk-in bank has graced our community for over four decades. It is time we celebrate this beautiful building, which St. Anthony Park resident and architect Joe Michels designed for our neighborhood bank. For this building, Michels was honored with the Minnesota Society of Architects award for design excellence.

Because it is so attractive and welcoming, we two typically choose to do our business in the "little" bank. It's by far the classiest bank building we know. Our community will lose a treasure when it is torn down.

A few years ago, the bank had the vision to invite Ginkgo's to the Park and the neighborliness to provide an open door between their

C O M M E N T A R Y

Look upon my works, ye mighty, and despair

by Oliver Steinberg

Do you remember the "Frosty the Snowman" song? It's a corny children's ballad that starts out with a cheerful lilt to tell the story of a snowman who comes to life. Frosty comes alive, but not for long. At the end of the song he melts.

Frosty's soggy demise was all too predictable, and maybe even slightly amusing, to the adult author of the song. But it upset me when I first heard the ditty, some 50 years ago. As would most kids, I would have liked a happier ending. Wasn't it a pretty low grade of magic that could get Frosty going, only to leave him as a puddle of slush?

Five decades later, I still don't care much for the song, but I realize that the story of Frosty is actually a poignant parable for our own transient lives, and the magic that brings Frosty alive symbolizes the life force, or soul if you prefer, that animates our own existence. I understand why we are supposed to be consoled by the final verse of the song, when Frosty gasps out his dying promise: "I'll be back again some day!"

Yes, skeptic that I am, I have seen it myself.

After our late December snowstorm, the weather warmed up to create perfect snowman conditions. A short stroll along University Grove's Folwell Avenue revealed that Frosty had returned in a dozen or more reincarnations. No, that's not quite accurate. I believe the correct term must be "re-frigerations."

There were at least three Frosty the Snow Forts, each one showing distinct architectural styles worthy of the Grove; a Frosty the Snow Witch replete with broom and pointy hat, looking like an enchanted trick-ortreater from the Halloween blizzard of '91; and a Frosty the Unicorn sporting an icicle horn and somehow suffused with a mysterious, translucent, pale-green tint.

I encountered a Frosty Snowperson walking a Frosty Snow Dog while a Frosty Snow Cat kept them

Home Contacting the Bugle

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St. Anthony Park Neighbors for Peace



Planning meeting (all are welcome): Wednesday, February 8, 7 p.m. Karen Lilley's home, 2079 Dudley Ave., 651-644-3927

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Thank you, U of M employees, for \$1 million in contributions to the community fund drive.

During October 2005, University faculty and staff on the Twin Cities campus donated more than \$1 million through payroll deductions to individual non-profit organizations and charitable federations in Minnesota, including United Arts, United Negro College Fund, Community Health Charities Minnesota, Community Solutions Fund, Minnesota Environmental Fund, Greater Twin Cities United Way, and Open Your Heart to the Hungry and Homeless.

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In 1986, groundbreaking ceremonies were held for a new building at 2265 Como Ave., which has housed the main offices of Park Midway Bank. The bank plans to build a new building at 2300 Como. Left to right: Steve Wellington, George Latimer, Andy Boss and Kiki Sonnen.

Bank Relocation from 1

He also questioned why the bank could not put up a smaller building with fewer drivethrough lanes than the one being proposed. "The area already has a parking deficit," he said. "This new building will make that deficit worse." He added that the proposed site plan would result in the loss of open space at Como and Doswell.

Eileen Michels described herself as a resident of St. Anthony Park for 45 years. She affirmed the importance of the bank as part of the local business community, but she said that the St. Anthony Park Community Council's Land Use Committee meeting was not adequately publicized and that consequently the neighborhood was not given sufficient opportunity to comment on the bank's plans.

Beeson reiterated that the proposed plan would improve the parking situation in the neighborhood. He added, "We believe that we have fully participated in the process outlined by the city and have followed all the rules."

He said the bank is anxious to continue talking with the neighborhood about its plans and noted that the bank and the Community Council are in the process of establishing an ad hoc group to promote that discussion.

On Feb. 2, Park Midway Bank will present their building plans to the St. Anthony Park Community Council Land Use Committee. The bank will show





WINTER SPORTS FESTIVAL!

Photos by Christy Myers

During the first week in January, the 47th Annual Winter Classic was held at Langford and South St. Anthony Rec Centers. A stint of warm weather had imperiled the skating events, but by dint of heroic efforts from the Langford Park Booster Club and a couple of colder nights, the ice was saved, making Langford one of only three outdoor rinks in the Twin Cities with usable ice that weekend.









Pierce Richards

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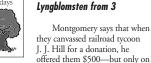
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Montgomery says that when

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hesitate. "They thought bigger,"

Nor was Fergstad a retiring

lifelong temperance advocate, she

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says Montgomery.

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was born in Norway, a place where women had held the right to vote in some local elections since the 19th century.

The Lyngblomsten Home was officially dedicated in 1912 and stood until 1993.

YNGBLOMSTEN HOME

"Her group wrote the Minnesota legislature advocating votes for women," says Montgomery. "We have the letter in the archives."

A history of Lyngblomsten written in 1936, at the time of the organization's 30th anniversary, notes that "several weary husbands [found that fundraising] took a great deal of time away from housewifely duties,' but the women remained adamant advocates for their cause The same history states proudly, "Lyngblomsten was wholly a woman's undertaking.

Nor did the ladies move to the sidelines after the original Lyngblomsten residence opened.

"Until the 1960s," says marketing communications specialist Sarah Melander, "Lyngblomsten was run by the original women and their daughters. Administration was all volunteer.

As Lyngblomsten expanded and additional services were added, the administrative demands became more complex. In 1961, the center was given to the precursor of the modern

Evangelical Lutheran Church in America. In 1985, a separate fund-raising arm, the Lyngblomsten Foundation, was created.

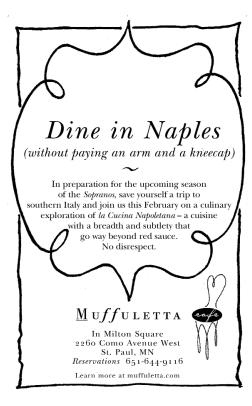
Although Lyngblomsten is now managed by professional staff, volunteers remain crucial to the operation, which, in addition to the residences, now includes a coffee shop, a gift shop, home health nurses, a senior community center, a respite program for caregivers, and a host of supportive and educational services that enable the elderly and infirm to remain in their own homes whenever possible.

"It's really neat to see how the volunteers can fit in," says Montgomery, citing the example of the "Fancy Fingers" crew, a group of high school girls who volunteer to paint the nails of residents.

Volunteers help with all aspects of the work of Lyngblomsten, but the need for volunteer van drivers and wheelchair escorts is especially great, she says.

"We have a 100-year tradition of generous donors and volunteers," says Montgomery. "We couldn't do it without







Female athletes say "Count Me In!"

by Lisa Steinmann

"Count Me In" is the slogan of this year's 20th annual National Girls and Women in Sports Day, which will be celebrated with a variety of events early in February. A little random counting yields some interesting numbers:

- Years that conference team sports have been available to boys in St. Paul: 113 for football, 100 for baseball and hockey.
- · Year that girls got their first team sport (track and field):
- Number of boys sports teams at Central High School in 1924: 10. Number of teams for girls: 0.

Today girls at local high schools like Central, Como Park and Roseville can choose from roughly 15 sports teams. Girls can be found dribbling a ball down the soccer field, gliding on cross-country skis over winter snow or smacking a tennis ball across the net for their high school team.

It is easy to see that since 1972, when Congress passed Title IX, things have changed for girls interested in high school sports. An increase in opportunity has resulted in an increase in participation. Since the early 1970s the number of girls participating in high school sports has risen from 1 in 27 to 1 in 3 today.

Recently I asked a small group of local high school girls to comment on their experiences as high school athletes. They could be called members of the Title IX generation since they have grown up with so many of its benefits.

Participants

Erin Babineau, sophomore, Roseville Area High School. Soccer, hockey, track. Amanda Muehlbauer, sophomore, Como High School. Cross country, swimming, cross-country skiing. Lucy Steinmann, sophomore, Roseville Area High School. Tennis.

Rose Wright, sophomore, Como High School. Tennis, golf.

What do you know about Title

Erin knows quite a bit about Title IX. Her English teacher knew of Erin's interest in sports and recommended the topic for a composition paper. "Writing the paper made me realize how lucky we are. It was interesting to hear about how funding works.

Do you feel that your opportunities to participate in sports are equal to boys?

Lucy: "Well, guys' sports get more promotion.

Erin: "There are some sports girls don't typically do. I think right now girls' wrestling sounds weird. I don't think about it being fair. It's just the way it is."

What is good about participating in sports, especially for girls?

Erin: "It's cool to be able to say vou're on the team. But you should really be on the team to make friends and have fun with your sport."

Rose: "Sports keep you in shape. You meet new people; it breaks you out of your cliques. It also keeps you involved in your

What got you interested in your sport?

Rose: "My whole family plays tennis. I've been playing since I was really young. Lucy: "I play tennis because Rosie here, one of my best friends, plays tennis. I just hopped on the bandwagon.' Amanda: "My parents want me to have a sport to keep me active. I got interested in crosscountry skiing last year. It is something to do outside in winter. I like being outside. It feels awesome when you get home and you've done something like that." Erin: "I play soccer and hockey because my parents are very athletic. Everyone in my family is involved in sports, even my

Do you have role models?

Amanda: "There are a few people on the team I like talking to. One of my good friends, Virginia, is really going far with her career. I have started to follow other high school athletes. It gets you thinking about how good you could be."

Erin: "My grandpa is a role model. He was good at everything he did. He was a minor league baseball player." Rose. "I like Mary Pierce, a tennis player. I liked her when I was little because I thought she was pretty. Now she is making a comeback, winning a lot."

What are the tough parts to participating in a high school

team sport?

Erin: "If you're not committed, it could be hard. You miss out on social outings. But if you're into your sport, that makes up for it." Rose: "It's hard to find the time to practice all the time. Sometimes you don't feel like you have the energy for it, but afterwards you feel better."

Amanda: "Yeah, it's hard motivating yourself. There are other things to do. I like painting

Lucy: "There are days that are too full. Everything falls on the same day. I feel too busy.

Is losing hard?

Rose: "Yes! I get so frustrated. I think about expectations from my teachers and coaches. Erin: "I feel disappointment in myself, my own expectations."

What is the influence of parents?

Rose: "Moms and dads make you go."

Amanda: "I hate it; it's horrible when they come and watch. They came up to Duluth when I was in sectionals for cross-country

skiing." *Rose:* "For tennis, it's nice to have an audience. Not many people come to watch girls' tennis Erin: "It puts on pressure to do really good.'

Lucy: "I don't like it when parents coach.'

What makes a good coach?

Erin: "They earn your respect. Like my hockey coach, Steve Sertich, is a former Olympic hockey team player. He really knows what he is talking about." Lucy: "I like my tennis coach, Anne (Barnes). She is strict but she's also fun.'

Count Me In to 10



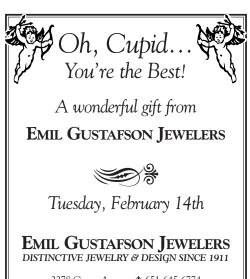
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WordMasters Challenge shows elementary students are truly above average

by Anne Holzman

Two St. Anthony Park third graders earned perfect scores, and each grade's top-10 team scored well above the national median, in the first round of this year's WordMasters Challenge, which tests students' vocabulary and logic by using analogies.

Teachers at St. Anthony
Park Elementary announced in
January that Olivia Nofzinger
and Ellen Purdy were among
127 third graders nationwide to
receive perfect scores in the
contest's Blue division
(approximately 25,000 students
took the test). Other students at
the school who achieved
outstanding scores were third
graders Celia Comers, Nate
Hamel-Snapp, Tychimba Ralasi
and Rachel Williams, and fourth
graders Evan Boening and Cal
Nicholson.

All classes at St. Anthony
Park Elementary participate in
the program, taking six weeks to
prepare for each of three rounds
based on lists published by a
company in Allendale, N.J.
About an hour a week of class
time goes into preparation.
SAPSA, the school's parent
organization, pays the
registration fee of about \$300 for

all classes combined.

Fourth grade teacher Bill Leslie said he introduced WordMasters to teachers after hearing about it from a colleague at another St. Paul school. Leslie, who has also taught courses for gifted students, touts the intellectual benefits of WordMasters: new vocabulary, methods of analyzing and comparing words, approaches to the analogies that often appear in standardized tests.

"The competition is not our main interest," Leslie said, "but it does motivate some kids and it gives us a yardstick for measuring how we're doing," This is the school's sixth year competing.

The company that publishes materials also judges the competition, selecting the top 10 scores at each grade level from each school to compare against schools across the country. Students learn how to solve analogies, a common tool for testing vocabulary and an exercise in logical thinking. Students compete in one of two divisions, the easier Blue or the more difficult Gold.

A sample Blue division analogy for third graders reads,

"Blood is to vein as water is to _____," the five choices being pond, rain, hose, bathtub and

In December's round,
St. Anthony Park Elementary's
top 10 third graders had a team
score of 176, compared to the
national median score of 134.
Fourth graders earned 170
compared to national median
101; fifth graders scored 162
compared to 119; and sixth
graders rounded out the aboveaverage performance with a top10 team score of 142 compared
to a national median of 117.

"Our grade-level team scores are always above the national median," Leslie said, "but we haven't cracked the top 10 yet. Over the years, we have had several kids place near the top nationally as individuals."

There will be two more rounds of vocabulary lists and tests this school year, culminating in awards for the highest-achieving and most-improved students at the national level. Teachers received a new word list in January for tests to be given in the last week of February.

Count Me In from 9

What's in the future for girls in high school sports?

Lucy: "I don't think things are changing so dramatically anymore. I don't think we'll see a girls' football team in the future. Rose: "I think more girls will try breaking barriers to boys' sports, like wrestling, maybe football." Erin: "Right now, girls' wrestling sounds weird. I think girls' sports will be improving. Each year girls will be better and better athletes. There will be more opportunities to get college scholarships." Amanda: "We'll never see coed teams. Boys' physiques are so different. Girls' and boys' teams will remain separate.

What advice do you have for parents of young girls who would like to encourage their daughters to be active and healthy through sports?

Rose: "It is way easier to start a sport when you're young."
Lucy: "Encourage kids to stick with things and don't overload them."

Amanda: "Parents of both boys and girls should do things with them, like ride bikes and go on hikes. I've done a lot of that with my family in California and Scotland and I'm really glad. There's a life lesson in sports. It applies to everything and it can help you get through the teen years, to stay disciplined and focused."

Erin: "Langford (Parks and Recreation) sports are the most fun ever! They are noncompetitive and they help connect you to friends and community. Think of sports as a fun thing. Do sports with friends."

The Roseville School District will host its own special event to celebrate National Girls and Women in Sports Day. Count Me In is an event for all ages on Saturday, Feb. 4 from 1-4 p.m. at Roseville Area High School, 1240 W. County Rd. B2. An opening program will feature Minnesota Lynx head coach Suzie McConnell-Serio, followed by an exhibition of over 30 booths. This event is free and open to the public.

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by Kristi Curry Rogers

Hey out there No Bones readers!

After last month's installment dedicated to grass in dinosaur dung, you'd think that I might've gotten my excitement for titanosaurs (the long-necked, gargantuan dinos that survive

gotten my excitement for titanosaurs (the long-necked, gargantuan dinos that survive until the end of the Cretaceous Period) off my chest. Well, not quite!

The last two months have been so busy for me and my favorite dinosaurs—especially for Rapetosaurus, the titanosaur from Madagascar that I discovered and named—that I just have to fill you in on all the latest happenings.

Rapetosaurus (ruh-pay-toosore-us) is the most complete titanosaur ever found, which is funny because its relatives are found all over the world (there's an interesting dinosaur called Alamosaurus from Texas that's a close Rapetosaurus relative). Most of these animals are known only from a handful of bones. A partial skull here, a vertebrae there, here a femur, there a toe, but none so complete as Rapetosaurus.

We know more about Rapetosaurus than any dinosaur like it ever found, and that prompted the Field Museum of Natural History in Chicago to include Rapetosaurus in the renovation of their dinosaur and fossil gallery. In March, the Field Museum will open a brand new exhibit, called "Evolving Planet," and Rapetosaurus is one of the dinosaur stars!

To get the skeleton ready, I've spent the last several months working with a team of blacksmiths, computer specialists and artists to reconstruct Rapetosaurus. Just before the holidays, my colleague Janice came for a visit and brought with her 30-percent scale models of the actual bones of Rapetosaurus. The real bones had been three-dimensionally scanned, scaled down on computer and "printed" in a plaster medium from a rapid prototyping machine.

I was able to put the hips together (they included a total of 30 very complicated bones) with this small scale model to help guide the blacksmiths working on building an armature to hold this very special skeleton.

Janice also brought all the skull bones that we have for this dinosaur. The skull had proven particularly tricky to imagine, mainly because we had the perfectly preserved back half of a juvenile skull and the more poorly preserved front half of an adult.

We only had a few bones that were preserved for both the adult and juvenile, and needed to try to fit them together, at the appropriate scale, for the final mount. Janice "squished" the adult face bones in her computer program and printed them out, rescaled to fit the juvenile bones from the back of the skull.

Similarly, sometimes we had a bone from the right side of the head, but not its left-hand counterpart. With the rapid-prototyping technology we

employed, Janice was able to flip the bones horizontally in her computer program and print the opposite side. Now, we have a complete view of Rapetosaurus' skull!

It was amazing for me to see it all come together so perfectly, and I can't wait until the opening party for the new exhibit in Chicago. I just returned from a quick trip there to help make the final adjustments to the mounted skeleton. It looks amazing, with a neck alone that is nearly 15 feet long. It was the coolest thing ever to see my dino in 3-D, with all of its amazingly preserved bones carefully put together. Rapetosaurus came "alive" before my eyes.

Just another note until next month's installment. Janice's background was almost entirely via the gaming industry. She's an avid video game player and developer. So parents, there may be a use for all that gaming that your kids do after all. There's work to be had building dinosaurs!



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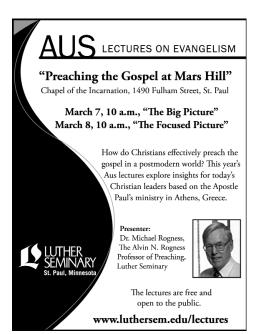
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Arts Events

"Borders," an installation by Lauderdale artist Barbara Claussen, continues through Feb. 18 at Augsburg College's Gage Family Art Gallery. On Feb. 15 Claussen will participate in an art and politics roundtable in Lindell Library at Augsburg.

The gallery is located in the library, 22nd Ave. S at 7th St. Hours are Monday-Friday, 10 a.m.-7 p.m., Saturday and Sunday, 1-5 p.m.

Two St. Anthony Park residents, Jean Krinke and Kathryn Ulvilden Moen, will participate

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in an organ program at the Cathedral Church of Saint Mark, 819 Grove St. in Minneapolis, across from the Guthrie Theater and Walker Art Center. The program, sponsored by Thursday Musical of Minneapolis, takes place Feb. 23 at 10:30 a.m.

Krinke is the organist at St. Anthony Park United Church of Christ. Moen was formerly organist at St. Anthony Park Lutheran Church. They will be joined by Raymond Johnson, organist at Cathedral Church of Saint Mark, and Melanie Ohnstad, organist at Westminster Presbyterian Church in Minneapolis.

Music in the Park Series presents the first of its 2006 Family Concerts on Friday, Feb. 10 at

6:15 and 7:30 p.m. Ross Sutter and Friends will present an evening of music and stories from Sweden, Norway and Finland.

The concert takes place at St. Matthew's Episcopal Church, 2136 Carter Ave. Season tickets are \$12; single tickets are \$5 in advance, \$6 at the door. Call 645-5699.

On Sunday, Feb. 6 at 4 p.m., Music in the Park Series presents Nordic Voices in concert at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. The six singers will perform works ranging from the Renaissance to the contemporary in a program called "Studies After Nature: Nature in Music as Sound and Metaphor."

Schools

Twin Cities German Immersion School, 1399 Eustis St., will host a Kinder Karneval from 3-5 p.m. on Feb. 11 for children ages 4-8. Students from the charter school will perform a theater piece, songs and dances. There will be games and activities for children. For more information, call 492-7106.

Gardening

The St. Anthony Park Garden Club welcomes Phillippe Galandat at its Feb. 7 meeting. He will discuss home plant propagation. The 7:15 p.m. meeting takes place at the St. Anthony Park Library.

The St. Paul Audubon Society will present a program on lawns, water quality and rain gardens at its Feb. 9 meeting. Richard Markus will discuss

how to convert a portion of one's yard or garden to a rain garden.

The 7 p.m. event takes place at the Fairview Community Center, 1910 W. County Rd. B in Roseville.

Valentine Trees

Friends of the Parks and Trails makes it possible to give a tree as a Valentine's Day gift. For \$50, anyone can have a tree planted in someone's honor in a Ramsey or Dakota County park.

The recipient receives a valentine in February and a map showing the tree's location once it has been planted.

Send a check for \$50 to: Friends of the Parks and Trails 1621 Beechwood Ave. St. Paul, MN 55116

Include the name and address of the person you wish to receive the card and how the card should be signed, along with the park area where you would like the tree planted.

For additional information, call 698-4543 or visit www.friendsoftheparks.org.

Recreation

Spring sports registration for boys and girls ages 7-18 will take place Feb. 6-10 at St. Paul recreation centers, including Langford, South St. Anthony and Northwest Como. Spring sports include volleyball, indoor soccer and floor hockey.

Six-week Hatha yoga classes will be offered at Falcon Heights City Hall. Adult classes meet Thursdays, Feb. 23-Apr. 6 from 2:30-3:30 p.m. or 6:30-7:30 p.m. Seniors classes meet Thursdays 1:15-2:15 p.m. or Fridays, 11 a.m.-noon.

Registration forms are available at www.ci.falconheights.mn.us or by calling 792-7616.

MOMS Club

The St. Anthony Park/Como West chapter of MOMS Club will host a Valentine's Party/ Open House at 10 a.m. on Feb. 8 at Como Park Lutheran Church, 1376 Hoyt Ave. The event features crafts and games for children and snacks for all.

MOMS Club is an international nonprofit organization that offers daytime activities and support for mothers who are home during the day with their children.

For more information. contact Joanna at 646-5990.

Raptor Center

Raptor Tails Story Time continues in February with two sessions: Feb. 9, Can You See What I See? and Feb. 16, Raptor Feet.

Participants will meet a live raptor, listen to a story and participate in a craft project to

Call 612-614-9753 to register. Space is limited. Cost is \$5 per child. One adult per five children required.

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Town Meeting

Sen. Ellen Anderson will host a public meeting from 10 a.m. to noon Saturday, Feb. 4 at the Como Park Pavilion. The meeting will be an open forum for citizens to ask questions and share input on a variety of topics. Information will be available on issues likely to face lawmakers during the 2006 legislative session, which begins Mar. 1.

Sen. Anderson represents Senate District 66, which includes St. Paul and Falcon Heights. For more information on the meeting, contact her office at 296-5537 or sen.ellen.anderson@senate.mn.

People

Four students from Como Park High School have been selected for membership in Minnesota Music Educators Association All-State Choirs. The four were among 571 students selected from over 2200 who auditioned for a position in one of the seven MMEA All-State performing groups.

Representing Como are Jackie Duchschere (Women's Choir) and Inga Carlson-Clark, Justin Hammar and Reagan Lee (Mixed Choir). They will perform Feb. 17 and 18 at Orchestra Hall and the Minneapolis Convention Center.

Henry Weiner was the only player from St. Paul or Minneapolis to make the Academic All-State team.

Weiner, a senior at Como Park High School, has a weighted GPA of 4.72 and a nonweighted GPA of 3.94.

He was a first-team All-City Conference selection as linebacker in 2005 after leading the Cougars in tackles. He was

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also all-conference in baseball last season.

Falcon Heights resident Jean Bauer was selected as a Fellow by the National Council on Family Relations at their annual conference in Phoenix, Ariz. NCFR Fellows are nominated by

their peers for their contributions to the field of family studies through publications, teaching, social policy

support and program development.

Dr. Bauer is a professor of family social science at the University of Minnesota and director of graduate studies for that department. Her research interests include welfare reform, the relationship between economic and emotional wellbeing in rural families, and the economic well-being of the elderly.

St. Anthony Park resident Mary Maguire Lerman received the 2006 Friend of the Environment Award from the Minnesota Nursery and Landscape Association during the Minnesota Green Expo held Jan. 4-6 at the Minneapolis Convention Center.

The award honors an MNLA-affiliated company or individual for their environmental efforts and leadership. Maguire Lerman has been the environmental coordinator of horticulture programs for the Minneapolis Park and Recreation Board since 1976.

She has designed gardens and landscapes for the Minneapolis park system, reintroduced native habitats and educated the public about native sites. She is well-known for her efforts to eliminate invasive plants, especially buckthorn.



Left to right: Bill Lerman, Frances Maguire, Bert Swanson, Mary Maguire Lerman.

Murray Junior High School will send 40 students to the Twin Cities Regional Science Fair on Feb. 24 and 25. They advance from a Jan. 17 school-wide competition involving 340 students. Regional qualifiers were:

Mara Chin-Purcell, Haley Friesen, Chandini Nair (Behavior & Social Science)

Meghan Besse, Holly Marple, Michael Berndt (Biochemistry)

Brock Purtell, Jennifer Lee, Jessany Williams (Botany) Justin Miller, Amy Scott, Rachel Keller (Chemistry)

Mary Scott, Tyler Rose, Jillian Marchio (Earth Science)

Matthew Buechler, Rachel Lee, Luke Marshall (Engineering)

Laura Burnes, Sebastian Greider, Paul Quach (Environmental

Samuel Ihlenfeldt, Khow Lee, Zoekia Matthews (Math & Computer Science)

Parker Hoffman, Lauren Berger, Christy Fang (Medicine and Health)

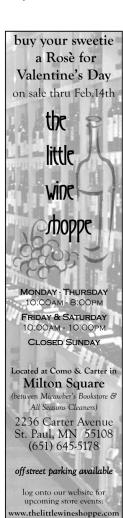
Kristin Brintnell, Robin Olson, Tseng Yang (Microbiology)

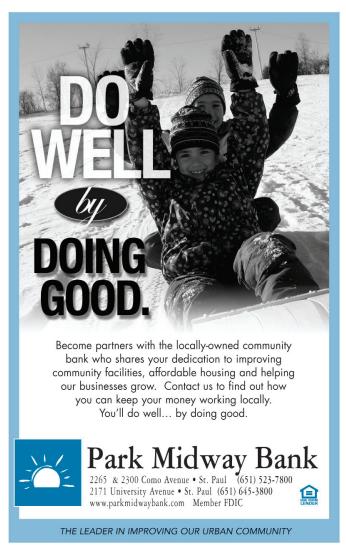
Hanna Gulden, Steven Mantell, Shawn Halvorson (Physics)

Gena Sherman, Eva Lee, Margaret Moburg (Product Testing)

Julie Karvel, Cassandra Lopez, Connor O'Leary (Zoology)

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German Immersion from 1

"Wer, ich?" she laughs. She is Doreen Gissmann, an Amity aide from Heidelberg, Germany. Gissmann is part of the school community for five months. The Amity program provides teaching experiences for teachers from other countries.

Next Herr Stephenson directs the children's attention to a message written on the board in German. It contains several errors that the children are challenged to correct. Some of the words have numbers in place of the letters.

This is a follow-up to a math activity they have been doing lately called Zahlenmauern. They have learned how to build "number walls" using letters matched up to numbers, like a code.

The school's math and reading books are both imported from Germany. They fit in well with curriculum goals set by the Minnesota State Department of Education for all public school children. As a charter school, the Twin Cities German Immersion School must meet those goals.

Down the hallway, 11 half-day kindergartners are finished with their morning meeting and are engaged in a range of activities, which they must track on a weekly worksheet. It will show that they spent time playing Puppenhaus in the dollhouse and practicing all the vocabulary that goes on in the rooms of a house. They also spend time dressing up; practicing writing, math, reading or science; or playing a puzzle game (mini-Lük) that teaches logical thinking.

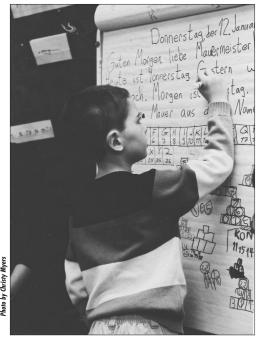
Ilogical thinking.

Their teacher, Frau (Bridget)
Mullan, is helping a student
practice her writing. Teacher and
student share a high five when
they are done. The student is
happy to show off the picture of
an igloo she drew and labeled
"ein kleine, kleine iglu."

The sunny classroom is filled with beautiful wooden toys: dollhouse, blocks, trucks and cars. A corner bookshelf has picture books imported from Germany.

In the afternoon, Frau Mullan will welcome another class of 11 kindergartners.

According to Mary-Fred Bausman-Watkins, director of



For students at the Twin Cities German Immersion School, all instruction is in German for the first three years. Here Sam Herr, a first-grader, shows his writing ability.



First-grade student Emily Schoonover shows off her crown.

operations, these kindergartners will be the first grade next year, the current first graders will make a second grade classroom and they will add a new kindergarten. This way the school will grow, year by year, until it becomes a K-8 school by 2013.

An important part of the immersion school method is that all instruction is in German for the first three years. In third grade, English language arts are introduced, and by eighth grade children are studying subjects in both German and English.

In addition to the daily routines in evidence on a visit to the German Immersion School, there are other exciting activities for children. A display features photos and CDs of the children at the Mall of America, where they performed music during December. Their music teacher, Frau (Christiane) Harrassowitz, had them drumming on Orff instruments (they look like wooden xylophones) and singing "Oh, Tannenbaum" and "Alle

meine Fingerlein."
In another class, students have
mastered the down dog or Hund
position through yoga practice
with creative movement teacher,
Frau (Theresa) Borgren. School
walls feature Kunst—
art class projects led by Frau
(René) Meyer-Grimberg.

An active parent group gathers at the school for coffee and conversation every Friday. Parent volunteer Adam Herr, who has donated and built computers for the school, says, "My son Sam didn't speak a word of German before starting at this school. Now it's incredible the way he speaks German. He is teaching me."

On Saturday, Feb. 11 the school will hold a Kinder Karneval from 3-5 p.m. The event includes a student performance, games and activities for ages 4-8. For more information call 492-7106 or visit www.germanschool-mn.org.

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During the January business meeting we discussed the February project meeting. Our roll call question was: "What's your favorite winter activity?"

We decided that during our

February meeting we will do cookie baking and coloring shirts. We will also have a potluck lunch and bring the cookies to the St. Anthony Park Nursing home.

Our February meeting will

be held on Saturday, February 11 at 10 a.m. If you have any questions, please call Amanda Weber at 488-7840.

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Catherine E Holtzclaw

Linnea Home from 1

When Peterson learned that the Linnea Home property was for sale, he got on the phone. "I just felt like it would be a shame for the neighborhood to lose that building," he says, "and I was afraid a developer might come in and level it."

His first call was to Doug Derr of CIS Architects, a company that specializes in converting buildings for condominiums. Derr looked at the building and said he thought a conversion could work.

Peterson describes himself as a preservationist, an orientation that led him and his wife, Terri, to buy an 1886 vintage house and restore it. "I prefer to try and improve something that's there

rather than tear it down and put up something new," he says.

Peterson sees the Linnea Home, which was built in 1917, as a perfect candidate for preservation. "It's a great looking building," he says, "and the engineers we've had look at it say that it's structurally sound.'

The Linnea Home originally served as a boarding house for Swedish immigrant women. By the 1960s it had evolved into a care center for the elderly.

According to Peterson, the way the building is laid out, including the placement of loadbearing walls, means that a conversion to condominiums could not preserve the existing rooms. Instead, the interior would have to be gutted.

"We would try to save and reuse anything that's architecturally significant," he says, including much of the building's oak and maple flooring. Energy-efficient windows would replace the existing ones. The rest of the building's exterior, Peterson says, would change very little.

Peterson says their group wants to create living units that will have all the modern

conveniences people look for, but in a building with historical significance. And they want the housing to be affordable.

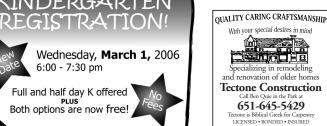
'We see a two-fold market for these units," he says. "One is people who live here and are ready to move out of their homes but who would like to stay in the neighborhood. The other is people who want to move into the neighborhood but can't afford a single-family residence. St. Anthony Park is a great place to live, but right now it doesn't provide many opportunities for entry-level housing."
Peterson says the Linnea

property is already properly zoned for condominiums. He noted that one potential obstacle to the project is parking. The city requires 1.5 spaces of off-street parking per unit. Because the existing parking lot presents some problems, the project may require a variance.

"We recognize that in any project like this, many details will need to be worked out," Peterson says. "But we're confident that our vision can be achieved.

He said that his group wants to work closely with the neighborhood to gain their support and to benefit from their suggestions. "Once negotiations with Ecumen are complete, we want to meet with the Community Council to share our plans. And we'll hold neighborhood meetings to get everyone's input."

Peterson says that if the sale and closing can be completed soon, the group hopes to complete construction by the end



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by Clay Christensen

Try this while standing on the shore of a lake or in an urban parking lot within earshot of an avid birdwatcher. Shout, "Look at all the seagulls!" You'll see the birdwatcher's face begin to go red, brows knit over a fierce stare, and she'll grumble, "There's no such bird as a seagull!"

And any field guide, including the one she'll have in her pocket, will prove that she's right. There are lots of different gulls and their relatives, but nothing called a "seagull." Our most common Minnesota gulls are the ring-billed gull and the larger herring gull.

So when I saw a posting on the Minnesota Ornithologists Union Web site of a black-legged kittiwake, an unusual gull, at Black Dog Lake, my birding buddy Bill and I decided we'd go see if we could find it. It was a sunny December day, temperature in the low 30s, with a light wind.

just across the Minnesota River in Burnsville. It provides cooling water for the Black Dog power plant, so part of the lake remains open nearly every winter. It's

Black Dog Lake is south on 35W

one of the most reliable places to find birds in the dead of winter, including gulls, some ducks and an occasional bald eagle. Bill and I started at the west end of

the lake where an outlet empties into the Minnesota River. We joined a couple of others at the edge of the river, which was flowing freely. The outlet stream from Black Dog Lake was open as well.

As we scanned the circling birds, several people announced they were seeing a Thayer's gull, very similar to the herring gull but with slate gray wingtips, not the black tips of the herring gull. In fact, we identified two Thayer's in the mixed flock of gulls. But no kittiwake.

Soon a pair of birders came across the road from the lake side and walked out to join us. "Did you see it?" That's always the first question birders ask one another at a spot where something special has been reported.

These two had seen a kittiwake take a fish out of the river about a half hour earlier, then watched as it flew south toward the lake. They followed it but didn't spot it again.

Bill and I decided to give the lake area a try. We crossed the road and hiked to the edge of the lake. Out on the ice, across an expanse of open water, four or five gulls sat on the ice, some snoozing, some grooming.

Bill set up his scope and we scanned the gulls. No kittiwake, but there was another Thayer's there. After a half hour of watching and waiting, we

decided to head back to the river. As we approached the riverside watching area, we noticed

that three more people had arrived. Before we could ask if they'd seen the bird, we saw the bird!

The black-legged kittiwake made a swooping pass up over the birdwatchers. It had the tail of a fish sticking out of its bill and headed south along the creek. A bald eagle that had been watching

from a nearby tree dropped

from its perch and gave chase, hoping to get the kittiwake to drop its catch. The smaller, swifter kittiwake easily out-maneuvered the eagle and disappeared over the lake in its characteristic buoyant, swallow-like flight.

This black-legged kittiwake was a first-year juvenile with a distinctive black M on the top of the wings. It's a striking sight. The kittiwake is just a bit smaller than the more common ring-billed gull, 17 inches long with a wingspan of 3-4 feet.

After its first year, most of the juvenile's black feathers are replaced with lighter colored feathers,

white and gray. This leaves the birdwatcher to focus on the small yellow bill, the sharp-edged black wingtips and, of course, the black legs of the more mature bird.

In his "Handbook of Birds of Eastern North America" (1911), Frank M. Chapman notes that the kittiwake's "hind toe (is) very small, a mere knob without a nail.

I think this was from the days of birding over the barrel of a gun. I've yet to meet a birdwatcher who can pick out the hind toe of a gull, whether standing or in flight.

Kittiwakes nest in colonies of thousands along coastal and island cliffs from the North Atlantic into the Arctic. Their nests are a foot across at the base, rounded and deep, made of seaweed, sod or moss, and cemented with mud onto a ledge so narrow that often only half the nest is supported by the ledge

Adult kittiwakes winter along the Atlantic coast as far south as Bermuda. Juveniles, on the other hand, head inland, often showing up on the Great Lakes. They move farther away from home in the next several years, returning to the colony to breed when four or five years old.

A black-legged kittiwake is reported somewhere in Minnesota nearly every other year. The first-year juvenile is easiest to identify, with that black M on the back. After the first year, look for a yellow bill, sharp-edged black wingtips and, especially, black legs with a stubby hind toe-if you

Photo by Dave Cahlander

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Consultation

Aging Gracefully by Mary Jo Tarasar

A few years ago, I attended a seminar entitled "Minnesota 2030," sponsored by the Minnesota Department of Human Services. Their research showed that, despite all the home health services and other programs for seniors, 90 percent of all care received by Minnesotans over 65 is provided by friends or family members—not professional agencies.

The stress of caring for an elderly friend or relative who is experiencing diminishing capacity cannot truly be appreciated by anyone who hasn't experienced it. Parents of small children feel stressed and isolated, but they can be assured that a child will become more independent with age and that the need for constant attention will diminish.

Caregivers for a senior never know how long their 24-hour attention will be needed, and they can pretty much count on their services becoming more necessary as time passes and their lives becoming more stressful.

This situation is headed for a crisis as our population changes. Due to the baby boomers now reaching middle age, there are currently about twice as many Minnesotans aged 40 to 60 as there are in the 70 to 90 age bracket. (The majority of caregivers are women between 40 and 70.) However, by 2030 this situation will be reversed and there will not be enough unpaid caregivers to care for the elderly.

Despite this projected trend, Minnesota still puts more than 75 percent of its resources for seniors into residential facilities and less than 25 percent into home-based services like the St. Anthony Park Block Nurse Program. A bill introduced in the legislature last year to increase the percentage of home-based services to a 40-60 ratio did not pass, nor did a bill to fund new Block Nurse programs.

(Please note: The St. Anthony Park Block Nurse Program receives funding through the state. We are not asking for more funds for our program here, but rather highlighting the need for more service like ours throughout Minnesota.)

Caregivers who are not at retirement age themselves typically give up a paying job or reduce their hours to part-time as their burden of caregiving increases. The stress of caregiving produces a need for support services, such as regular respite.

If we Minnesotans do not let our legislators know that we value our elders and that we value keeping them in their homes and communities as long as possible, we may find ourselves in a state that does not have enough homebased support for older adults. Where will they go then?

Nursing homes are closing down all over the state, just like mental hospitals did in the 1970s and 80s. Are seniors going to be the next population to be underserved by the social safety net? Many of us have heard stories about people with mental illnesses being released from

institutions but never receiving the home-based services they need following their release.

Our program has become increasingly aware of the diminished support for elderly persons living alone. While it is true that several area assisted-living residences have opened up in recent years, it is also true that such places are beyond the financial means of many. And what about the need for support when one is not yet at a point where assisted living is necessary?

Shared housing, cohousing, informal group homes for older adults and many other possibilities exist for improving quality of life for older adults. But unless a priority is placed on services for seniors in their homes, these possibilities are unlikely to be developed in communities across the state.

I'm not "technically" a senior yet, but because of where I work and my disability (I have an incurable form of cancer), I am very conscious of the need for more home-based services in our community. But it is the responsibility of each one of us who believes that seniors contribute something of value to our communities to make sure that our public servants know what we value, and that they fund programs consistent with those values.

A new legislative session is starting Mar. 1. To contact legislators and make your feelings on this issue known, call your senator (296-2146) and representative (296-0504), or log on to www.state.mn.us and click on the House Member or Senator link at the bottom of the page

The St. Anthony Park Block Nurse Program offers services to older adults and those who care for them. Aging Gracefully is one way we communicate with our community. We welcome ideas and feedback for this column at 642-9052 or sapbnp@bitstream.net.

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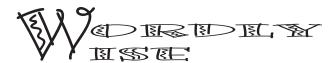


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Readings

Monday, Feb. 13, 7 p.m. St. Anthony Park Library. 15th anniversary reading by the writing group Widening Gyre (www.thewideninggyre.com): Susan Hamre, Erin Hart, Lynda McDonnell, Cheryll Ostrum, Claudia Poser, Elizabeth Weir.

Wednesday, Feb. 15, 7 p.m. Micawber's. Pat Crutchfield, daughter of Bernice Wilson, a longtime Rondo resident, will read from her mother's memoir.

Friday, Feb. 24, 7 p.m. Poet Stephen Burt ("Parallel Play") and Dobby Gibson ("Polar").

Groups

Wednesday, Feb. 1, 6:30 p.m. St. Anthony Park Library. St. Anthony Park Writers Group. All welcome.

Monday, Feb. 13, 7 p.m. Micawber's. Probers' Book **Group.** "Christians in a Land Called Holy" by Charles Lutz. All welcome.

Tuesday, Feb. 21, 6:30 p.m. Coffee Grounds. Storytelling Pajama Party with storyteller, songwriter and folk musician Rachel Nelson, who will present folk songs, stories and poems.

Library Events

Fridays through April, 10:30 a.m. St. Anthony Park Library. Story time for preschoolers ages 3-5. Call Rosie (642-0411) for more information and to register.

Tuesday, Feb. 14 and 21, 6:30-7:30 p.m. St. Anthony Park Library. Poetry appreciation class. Call 642-0411 for more information.

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AMERICAN LIFE IN POETRY

By Ted Kooser, U.S. Poet Laureate

Here is a poem by David Bengtson, a Minnesotan, about the simple pleasure of walking through deep snow to the mailbox to see what's arrived. But, of course, the pleasure is not only in picking up the mail with its surprises, but in the complete experience-being fully alive to the clean cold air and the sound of the wind around the mailbox door.

What Calls Us

In winter, it is what calls us from seclusion, through endless snow to the end of a long driveway where, we hope, it waitsthis letter, this package, this singing of wind around an opened door.

Reprinted from "What Calls Us," a Dacotah Territory Chapbook, 2003, by permission of the author, whose most recent book is "Broken Lines: Prose Poems," from Juniper Press, St. Paul, MN, 2003. Poem copyright (c) 2003 by David

This weekly column is supported by The Poetry Foundation, The Library of Congress, and the Department of English at the University of Nebraska, Lincoln. This column does not accept unsolicited poetry.

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SPECIAL CONCERT EVENT Nordic Voices

February 26th 4:00 p.m.



Six-voice a cappella ensemble from Norway performs a program from the Renaissance to the contemporary: Studies After Nature: Nature in Music as Sound and Metaphor. Tickets: \$20 - Students \$12

VIENNA PIANO TRIO MAR. 5 4 PM violin, piano, cello

MAR. 26 THE AMERICAN PIANO **4 PM** Anthony de Mare & Steven Mayer The Black Virtuoso Tradition

APRIL 9 MARK O'CONNOR'S 3 & 7 PM APPALACHIA WALTZ TRIO violin/fiddle, viola, cello

APRIL 30 CAVANI STRING QUARTET 7 PM

ALL CONCERTS ON SUNDAYS AT ST. ANTHONY PARK UNITED CHURCH OF CHRIST 2129 Commonwealth Ave., in St. Paul.

TICKETS/INFORMATION (651) 645-5699

www.musicintheparkseries.org email: musicinthepark@sihope.com

Tickets: \$18 Advance, \$20 At Door Students: \$12 (when available) * April 9 - Mark O'Connor \$25

Single tickets available at the Bibelot Shop & Micawber's Bookstore in St. Anthony Park.

Family Concerts 2006

For children of all ages and their families

February 10 - Ross Sutter & Friends March 24 - Indonesian Gamelan April 28 - Cavani String Quartet

For details, see separate Bugle ad, or visit: www.musicintheparkseries.org

All Family Concerts Fridays at 6:15 and 7:30 P.M. St. Matthew's Episcopal Church 2136 Carter Ave., St. Paul

FEDRUARY ARTS

Music

Coffee Grounds

1579 Hamline Ave., 644-9959

Real Book Jazz Every Monday, 7:45pm

Raymond Yates Band

Poor Bennie (bluegrass) February 4, 8pm

Open Mic with Bill Hammond February 5, 8pm

Bill Cagley's Roots Music Showcase February 9, 7pm

DAN RUMSEY February 10, 8pm

CHARLIE DUSH February 17, 8pm

Collective Unconscious February 18, 8pm

Open Mic with Bill Hammond February 19, 8pm

Bill Caglev's Roots Music Showcase February 23, 7pm

Amanda Fosberg & Skyline Citizen February 24, 8pm

Jennifer & Angela February 25, 8pm

Como Park High School

740 W. Rose Ave., 293-8800

Instrumental Pops Concert February 3, 7pm

CHORAL CONCERT February 23, 7pm

Mardi Gras Madrigals Dinner CONCERT CHOIR Augsburg College February 28

Sound Reinforcement Vocal Jazz Pasta Concert March 2. 6:30pm

Ginkgo Coffeehouse 721 N. Snelling Ave. 659-9734

Cliff Eberhart February 5

VANCE GILBERT February 16

Bluegrass and Oldtime Jam Session February 22, 7pm

Open Stage First and third Wednesdays 6рм sign-up

Music in the Park

www.musicintheparkseries.org

St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., 645-5699

Nordic Voices February 26, 4pm

St. Matthew's Episcopal Church 2136 CARTER AVE., 645-5699

Family Concerts 2006 Ross Sutter & Friends February 10, 6:15 & 7:30 pm

New Folk Collective

1017 Grand Ave., 293-9021 FIRST UNITARIAN SOCIETY CHURCH 900 Mount Curve Ave., Minneapolis

David Francey February 18, 7:30pm

Bill STAINES February 25, 7:30 pm First Unitarian Society Church

St. Anthony Park Lutheran Church

2323 Como Ave., 645-0371

Virgin Ground February 26, 4pm

Visual Arts

Anodyne Artist Company

825 Carleton St., 642-1684

ART. WHAT IS IT? Each third Thursday Doors at 7pm Performance starts 7:30pm

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241 McNeal Hall 1985 Buford Ave 612-624-7434

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Nude Truths: An Odyssey in Poetry, Painting and Prose

Through February 20

St. Paul Student Center

University of Minnesota 612-625-0214

Paintings by Steve Edmundson JANUARY 26 - February 23 Paul Whitney Larson Art Gallery

Undercroft Gallery

St. Matthew's Episcopal Church 2136 CARTER AVE., 645-3058

Madagascar: Digital and Disposal Photography by Pat Connolly Through February 24

8th Annual Community Art Show February 26-April 14





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1 Wednesday

- Women's Connection, a women's NETWORKING ORGANIZATION (603-0954), HHH Job Corps Center, 1480 Snelling, Building #1, 8 A.M. Every Wednesday
- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday Every Wednesday Erre blood pressure clinic by the St. ANTHONY PARK Block NURSE PROGRAM 1st and 3rd Wednesdays 11 a.m. to
- · Free blood pressure clinic and HEAlth resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1-2 p.m.
- St. Anthony Park recycling. Every WECKESCLAV

2 Thursday

- Tot Time (for 5-year-olds and younger), South St. Anthony Rec CENTER (298-5765), 10 A.M.-NOON Every Thursday
- TOASTMASTERS (649-5162) U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.
- Chair Exercise Classes Seal High Rise (825 Seal St.) every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but PRE-REGISTRATION IS NECESSARY. CAll 642-9052 to pre-register.
- St. Anthony Park Community Council Land Use Committee. South St. Anthony Rec Center, 890 CROMWELL 6 D.M.

7 Friday

- Senior Citizen Fun Group (gym, bowling and darts), South St. ANTHONY REC CENTER, 890 CROMWELL 9-30-11-30 a M. EVERY ERICAY FIRST Friday, blood pressure clinic by the St. Anthony Park Block Nurse PROGRAM, 9-10 A.M.
- Falcon Heights recycling.

4 SATURDAY

- Nocturnal Bowling (612-625-5246), 10:30 a.m. -5 p.m. at the Copher Spot, St. Paul Student CENTER, 2017 Buford Ave., St. Paul CAMDUS. EVERY SATURDAY
- Town Meeting Hosted by Sen. Ellen Anderson. Como Park Pavilion,

6 Monday

- · AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every
- . BOY SCOUTS, ST. ANTHONY PARK United Church of Christ, 7 p.m. Every Monday
- Como Park recycling. Every
- · Lauderdale recycling.

7 Tuesday

- St. Anthony Park Garden Club MEETING, 6:30 p.m. AT THE ST. Anthony Park Library meeting room
- Murray Jr. High Showcase. 6:30 p.m. All 6th grade students and THEIR DARENTS ARE WELCOME TO TOUR THE school and talk to teachers about CURRICULUM
- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-12 NOON. EVERY TUESDAY
- Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.
- Chair Exercise Classes Seal High Rise (825 Seal St.) every Tuesday and Thursday at 12:30 p.m. These classes ARE FREE TO ALL AREA SENIORS, BUT DRE-REGISTRATION IS NECESSARY. CAll 642-9052 to pre-register.

8 WEdnesday

• Falcon Heights City Council, City Hall, 2077 LARDENTEUR AVE., 7 p.m.

• Valentine's Party/Open House St. Anthony Park/Como West chapter of MOMS Club, Como Park Lutheran Church, 1376 Hoyt Ave., 10 a.m.

9 Thursday

- Full Council MEETING, St. ANTHONY Park Community Council, South St. Anthony Rec Center, 890 Cromwell,
- St. Paul Audubon Society Meeting: lawns, water quality and rain gardens. FAIRVIEW COMMUNITY CENTER, 1910 W. County Rd. B, 7 p.m.

 Mighty Oak Chirogractic grand opening, noon - 3 p.m., 2233

11 SATURDAY

- Energy Park Dr. www.mightyoak.org
- Kinder Karneval, Twin Cities German IMMERSION School (492-7106), 1399 Eustis St.

13 Monday

- Park Press, Inc., Park Bugle Board MEETING, St. ANTHONY PARK BANK COMMUNITY ROOM, 7 A.M.
- St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.

14 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

15 WEdnesday

- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by THE ST. ANTHONY PARK Block Nurse Program 1st and 3rd Wednesdays, 11-11-45 дм
- Free blood pressure clinic and HEAltH RESOURCES BY THE ST. ANTHONY PARK Block Nurse Program, Seal High Rise (825 Seal St.), 1-2 p.m.

• Langford Booster Club, Langford

17 Friday

Falcon Heights recycling.

20 Monday

- Fuse Beads class at Langford Park REC CENTER, 4-5:30 p.m., AGES 8-14, \$10 for 6 sessions.
- Air Hockey Tournament at South St. Anthony Rec Center, 4-6 p.m., AGES 8-13, \$1.
- Lauderdale recycling

21 Tuesday

- Murray Jr. High Book Fair at BARNES & Noble HAR MAR 9-11 a.m. Student entertainment by THE "Oliver" CAST, ORCHESTRA, HMONG dance and bands from 5-8:30 p.m. Ask for a voucher. A portion of each book sale is donated to MURRAY IR
- District 10 board meeting. Call 644-3889 for details.

22 WEdnesday

- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.
- St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890

Cromwell, 7 p.m.

23 Thursday

- Ping Pong tournament at Langford PARK REC CENTER, 4-6 p.m., AGES 8-13, \$1.
- · Mexican Enchiladas instruction at Langford Park Rec Center, 6:30-8:30 p.m., adults only, \$20.

27 Monday

• Basketball Skills class at South St. Anthony Rec Center from 5-7 p.m., AGES 8-13, \$10 for 4

28 Tuesday

- Falcon Heights Elementary Winter BAND AND ORCHESTRA CONCERT, 2 p.m. for staff and students and 6 p.m. for family and friends in the north gym. 1393 Garden Ave. W., Falcon Heights.
- Murray Jr. High History Fair, 6 p.m. If you'd like to judge history projects, contact Gen Nakanishi at 293-8740 ext. 3121.
- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

ITEMS FOR THE MARCH COMMUNITY Calendar must be submitted to the Bugle office by 6 p.m., Friday, February 17.

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Worship: 9:30 / Sunday School: 11:00

Pastor: Mathew Swora (651) 766-9759 emmanuel@visi.com

Thanks!

On behalf of the entire community, we'd like to say thank you to the hundreds of individuals and the following foundations and businesses for their generous contributions.

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Be sure to look in next month's Bugle for information about our Neighborhood Retail Survey! Or visit our website at www.sapfoundation.org

SAINT COMMUNITY
ANTHONY PARK FOUNDATION

LIVES LIVED

Sister Mary Marlene, FSPA

Sister Mary Marlene, FSPA (Beth Terry), age 88, died peacefully on Dec. 21, 2005. She served as a teacher and principal in Mosinee, Wis., for the Archdiocese of LaCrosse. Later she taught at Prosperity Heights Elementary in St. Paul until retirement.

She is survived by brother Jim Terry of Rock Island, Ill., and many nieces, nephews and former pupils who loved her dearly.

A Mass of Christian Burial was held at Corpus Christi Church in Roseville on Dec. 26.

Helen Bates

Helen Mildred (Otterson) Bates of St. Anthony Park died Dec. 11, 2005, at the age of 94. She was born Oct. 30, 1911, in a log house on a farm near Audubon, Minn. Norwegian was the language spoken in her home until Mildred started school. When she and her husband visited Norway in 1968, she found she could still converse with reasonable ease.

Mildred was the only girl in her one-room school, and some years the only student in her grade. She graduated from Audubon High School in 1928 and entered Concordia College (Moorhead) at age 16, graduating in 1932. She concentrated on Latin and English, and also sang in the college's renowned choir.

She spent several years after college living on the farm with her parents while trying to land a teaching job in the depths of the Great Depression. She later taught English, Latin, math, music and other subjects at high schools in Lake Park, Frazee, Detroit Lakes, Newfolden and Sleepy Eye.

In 1937, while teaching at Frazee High School, she met her future husband, Donald, at choir practice at Frazee Methodist Church. They were married in August, 1943, and had a one-week honeymoon before Don left for wartime Navy duty for the next 15 months.

In 1945, a few months after Don completed his military service, they moved to upstate New York. Mildred had the opportunity to begin her self-described vocation—full-time wife and mother—while Don worked on his master's degree in agricultural engineering at Cornell. All three sons—John, Bruce and Jim—were born during their time there.

In 1951 they returned to Minnesota, where Don began a 36-year career on the U of M faculty in its Agricultural Extension Service. Mildred alternately cheered and silently worried through 15 or so years of football, hockey and other dangerous pursuits enjoyed by her three boys. But she never tried to

dissuade them from participating. Through it all she found time to participate in the choir and many other activities at St. Anthony Park Methodist Church, and maintained a large flower garden known throughout the neighborhood for its spectacular dahlias.

In the mid-1960s Mildred took up golf and cross-country skiing, and she and Don began to travel overseas. Over more than 20 years they visited China, Australia, Africa and much of Europe.

In 1977 Don was invited to spend 10 weeks in Japan advising on various aspects of the country's dairy industry, and Mildred accompanied him. Much of her time was spent conducting English classes for members of the Hokkaido University faculty. They made many lasting friends and thereafter hosted for two years, as "Number 4 Son," Shinji Hoshiba, one of the faculty who came for graduate studies at the U of M.

Don died in 1996, but Mildred was able to remain in their home until moving to assisted living in 2003. She is survived by sons John of Billings, Mont., Bruce (Margaret) of Duluth, and James (Sandra) of Inver Grove Heights; granddaughter Julia Marie; sisters Beatrice Elder of Eatonville, Wash. and Lois Gilbertson of Bismarck, N.D.; and special niece Pamela Kildahl of Minneapolis.

A Service of Death and Resurrection was held Dec. 23 at St. Anthony Park United Methodist Church, with interment at Fort Snelling National Cemetery.

Gladys Sandgren

Gladys Sandgren, age 92, of St. Anthony Park, died Jan. 12, 2006, at St. Anthony Park Home, where she had lived for a number of years.

Gladys Vivian Swenson was born on Feb. 4, 1913, in Ortonville, Minn., and will be buried on what would have been her 93rd birthday.

After high school, in about 1935, Gladys moved to St. Paul to work as a cook at Bethesda Invalid Home, in order to pay the bill for her father's care there. While working there, she met her future husband, Walt, who had come from Scandia to work as an orderly to pay for care he had received.

They were married in March 1940, and enjoyed nearly 64 years of marriage before he died.

In 1939, Walt and Gladys moved to St. Anthony Park to work at Linnea Home, where she was a cook.

In 1944, President Gullixson of Luther Seminary asked the couple to come to work at that institution. Gladys cooked in the Boarding Club there for five years and then worked at the switchboard for another 15.

For decades, when callers reached Luther Seminary they were greeted by Gladys' voice. She knew where professors and staff members were and how to reach them. If one of those employees needed a ride to the airport or if the seminary grounds needed attention, it was Gladys' husband Walt who came to the rescue. Sandgren Apartments on Eustis Ave. are named for him.

Gladys and Walt worked at Luther Seminary under four of its presidents.

Gladys is survived by her daughter, Sharon, of St. Anthony Park and her son, Sherman, of North Oaks, as well two grandchildren, who live in Denver and New Zealand.

The family wishes to express deep gratitude for the care and attention their mother received at St. Anthony Park Home. In its very early days, that building was an orphanage, and Sharon and Sherman attended school with orphans from that institution. Now they rejoice that their mother was so warmly cared for there.

Her funeral service will be held at St. Anthony Park Lutheran Church on Sat., Feb. 4 at 1 p.m., preceded by visitation at noon. Interment will be in Scandia, Minn.

Lowell Satre, Jr.

The Rev. Lowell Jacobson Satre, Jr., of St. Anthony Park, died unexpectedly at home on Sat., Jan. 14, 2005. He was 58. He grew up in St. Anthony Park and attended Murray High School.

Lowell was born in Tacoma, Wash., on March 22, 1947, the son of Dr. Lowell J. Satre and Elizabeth Dahl Satre. He joined an older sister, Gloria Satre, and they were later joined by brother Daniel and sister Gracia. Baby Lowell was prayed over day and night for two months by his parents, who were unsure of his survival as he lay in the hospital nursery. The survival of his mother, Elizabeth, was unsure as well.

As Lowell grew up he became interested in art, music, politics, history and religion. He was a voracious reader. In 1968 Lowell graduated from St. Olaf College with a major in English. He attended Luther Theological Seminary and had his internship in a parish in Eau Claire, Wis. He went on to get his Master of Divinity degree from Nashotah House Episcopal Seminary in Nashotah, Wis.

In February of 1974, Lowell married Sharon Luckman Satre. From April to September of that

Lives Lived to 24

CLASSIFIED

Classified deadline: February 17, 6 p.m. Next issue: March 1

- Type or write down your ad, and which section your ad should appear in. Usually we put the first few words in capital letters.
- Count the words. A word is numbers or letters with a space on each side. A phone number with area code is one word.
- Figure your cost: 90¢ x number of words (\$9.00 minimum).
- Mail your ad & check to: Bugle Classifieds P.O. Box 8126 St. Paul, MN 55108 or deliver to the Park Bugle drop box at the side entrance to 2190 Como Ave. (on the Knapp Place side of building) by 6 p.m. on the deadline day. We cannot bill you for your ad.
- Classifieds cannot be e-mailed, faxed, or taken over the phone.
- Call us at 651-646-5369, voice mailbox #3, with questions.

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Lives Lived from 22

year, he served the Cree and Inuit people on James Bay. That September he was ordained a priest and began serving a parish in Lac Mistassini, Quebec, on a Cree Indian reservation.

Lowell served other parishes in Noranda, Quebec; Glasgow, Montana; and Kansas City, Mo., before moving back to St. Paul. In 1991, he graduated from William Mitchell School of Law and was admitted to the Minnesota State Bar. He was currently working for Paragon Document Research in St. Paul.

Lowell was the father of two sons, Michael and Joseph, and the grandfather of three children, Jonathan Scheel, Michael Satre, Jr. and Seth Satre, all of whom survive him, as does his wife. He is also survived by sisters Glorai Ristvedt and Gracia Ferguson, and brother Daniel Satre

He was a member of Holv Trinity Eastern Orthodox Parish in St. Paul. His funeral was held Jan. 20 at St. Anthony Park Lutheran Church, with interment in Roselawn Cemetery.

There is no charge for Bugle obituaries. Please alert the Bugle about the deaths of current or former residents of the area. Send more complete information if you have it. Obituaries are compiled by Mary Mergenthal, 644-1650, mary.mergenthal@comcast.net.

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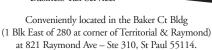
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8:00, 9:00, & 11:00 a.m. Worship (nursery care provided 8:45 a.m. - 12:15 p.m.) 10:00 a.m. Adult Education and Sunday School

(Holy Communion on 1st & 3rd Sundays) Rides available for 11:00 a.m. worship; Call the church office before noon on Friday for ride.

Sunday, February 5: Reverend Dr. Matthew Skinner Please join us as we welcome Matt Skinner. Dr. Skinner is Assistant Professor of New Testament at Luther Seminary. He will preach this Sunday at all three services, and will be our guest speaker during the adult education hour at 10:00 a.m.

Gunday, February 12: New Member Class
On Sunday, February 12, from 12 noon to 3 p.m., there will be a one day class
for new members. Would you or someone you know, like to join the church?
Please contact Pastor Mary or Pastor Mary Kaye at 651-646-7127.
Sunday, February 26: Bishop Peter Rogness

Please join us as we welcome Bishop Peter Rogness. He will preach this Sunday at all three services, and he will lead our adult forum during the education hour which begins at 10:00 a.m. astors: Martin Ericson and Mary Kaye Ashley

Visitation Pastor: Leonard Jacobsen

Director of Music Ministry: Thomas Ferry

* CORNERSTONE ECUMENICAL CATHOLIC CHURCH

An Ecumenical Old Catholic Community 2200 Hillside Avenue / 651-776-3172 Sunday Eucharist: 5:30 pm in Upper Chapel Visit our website at: www.cornerstoneecc

* NORTH COMO PRESBYTERIAN CHURCH

965 Larpenteur Avenue W., Roseville 651-488-5581, ncpcmain@northcomochurch.org www.northcomochurch.org Sunday Services: Worship 9:45 a.m., Education 11:00 a.m.

We welcome all to attend. Handicapped accessible

* PEACE LUTHERAN CHURCH - ELCA

1744 Walnut (at Ione) Lauderdale. 651-644-5440 www.peacelauderdale.com Sunday Worship: 10:00

Education: 9:00 a.m.

Pastor: David Greenlund All are welcome - Come as you are



ST. CECILIA'S CATHOLIC CHURCH

2357 Bayless Place. 651-644-4502 Website: www.stceciliaspm.org Handicap accessible Saturday Mass: 5:00 p.m. at the church

Sunday Masses: 8:15 a.m and 10:00 am at the church (nursery provided during the 10:00 am Mass)

* SPIRIT UNITED CHURCH

www.spiritunited.com 3204 Como Avenue SE, Minneapolis, 612-378-3602 10:00 a.m. World Service Guided Meditation 10:15 a.m. Aquarian Communion 10:30 a.m. Sunday Service

ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth at Chelmsford. 651-646-7173 Website: www.sapucc.org Handicapped accessible and an Open and Affirming Congregation. Rev. Howard Tobak, Transition Minister Adult Ed. 8:30 a.m.

Sunday Worship 10:00 a.m., Fellowship: 11:00 a.m. Nursery care & Sunday School provided - 10:15 a.m. Sunday, February 5, 10:00 a.m. - Holy Communion Sunday, February 12, 10:00 a.m. - Worship/Scout Sunday

ST. ANTHONY PARK UNITED METHODIST CHURCH

2200 Hillside Ave (at Como) 651-646-4859

Pastor Donna Martinson

Go to www.sapumc.org for more about our church.

10:00 a.m. Worship Celebration 10:20 a.m. Sunday School for 3 years old to 5th grade

11:00 a.m. Fellowship & Refreshments More to choose (call us for details):

Faithfully Fit Forever - Mondays, 10:00 -11:00 a.m. Faith 411 (youth) - Wednesdays, 7:00 - 8:00 p.m.

Choir - Wednesdays, 7:00 - 8:30 p.m.

* ST. ANTHONY PARK LUTHERAN CHURCH

We are a community of believers called to joyfully serve God, one another, and the world. www.saplc.org 2323 Como Ave. W., 651-645-0371 Staffed nursery available. Handicap-accessible.
Pastors Glenn Berg-Moberg and Amy Thoren, Email: info@saplc.org Worship: 8:30 and 11:00 a.m. Education Hour for all: 9:45 a.m.

信義教會 星期天下午

ST. MATTHEW'S EPISCOPAL CHURCH

Minnesota Faith Chinese Lutheran Church 1:30 p.m.

The Rev. Blair Pogue, Rector 2136 Carter at Chelmsford. 651-645-3058 Website: www.stmatthewsmn.org Pancake Supper - February 28 (5-7pm) Ash Wednesday Services - March 1 (10am & 5:30pm) Sunday Services:

8:00 a.m. Holy Eucharist (Rite I) 10:30 a.m. Holy Eucharist (Rite II) 4:00 p.m. Prospect Hill Friends Meeting