New life for Linnea Home
by Dave Healy

If Ray Peterson has his way, the name Linnea will not disappear from the local landscape.

Peterson, who has lived in St. Anthony Park for 25 years, wants to preserve the building at 2304 W. Como Ave. that until recently housed the Twin City Linnea Home. That facility closed Oct. 21 and went up for sale.

Peterson and a group of investors hope to purchase the Linnea Home and convert it to condominiums. The proposed facility would be called Linnea Gardens and would contain about 20 units ranging from 1,000 to 1,500 square feet each.

The group is negotiating with Ecumen, the company that owned and managed Linnea Home, and Peterson hopes they will have a signed purchase agreement by Feb. 1.

Linnea Home

In the Heart of the Beast Puppet and Mask Theater held a two-week residency at St. Anthony Park Elementary School from Jan. 17-30. Here Cyrie Holman, a sixth-grader, shows off her latest creation.

Photo by Christy Myers

Park Midway Bank relocation plans continue
Zoning Committee approves conditional use permit for new site
by Dave Healy

Park Midway Bank cleared another hurdle in its plans to erect a new building when the St. Paul Zoning Committee unanimously approved its request for a conditional use permit at the proposed site on Como Ave. at Dowwell.

At its Jan. 5 meeting at St. Paul’s City Hall, the Zoning Committee considered a two-part conditional use permit that would accommodate the bank’s intention to construct a two-story, 16,630-square-foot building on the site where its drive-in bank is currently located.

The permit would allow the bank to locate ingress/egress access lanes less than the 60 feet from residentially zoned property required by St. Paul’s zoning code. It would also allow for 38 parking spaces, three fewer than city requirements, based on a formula reflecting the building’s square footage.

The Zoning Committee decision followed Dierer 12 Community Council approval of the bank’s conditional use permit request. The committee’s recommendation will now be forwarded to the St. Paul Planning Commission for final approval.

The Jan. 5 meeting was a public hearing. Speaking in favor of the request were Rick Benson, bank president, and Mary Ann Milton, owner of Milton Square in St. Anthony Park.

Benson said that even with three fewer spaces than the 41 required by code, the parking situation at the proposed building would be a significant improvement over the current one at 2265’s Como Ave., where the bank leases space.

He said the main bank building’s parking lot has 28 spaces and noted that 45 employees work there, whereas the new building would house only 24 employees.

Furthermore, said Benson, the building where the bank now leases space has other tenants that make significant demands on available parking spaces, while at the new building the bank would be the only occupant.

Milton said she has owned Milton Square, on the southeast corner of Como and Carter Aves., since 1957. She said she supports the bank’s building proposal because “their plan will improve the property on that corner.”

Speaking against the permit request were Joseph Michels and Eileen Michels, who live in St. Anthony Park.

“Nein!” say many children. Someone says (in English), “Too small mouth!” In an immersion language classroom, all the instruction is in the foreign language. Here, if a child responds in English, it shows good progress in understanding and listening to German. Herr Stephenson guides the flow of chatter with questions and instructions in German. “Schneider ist!” he reminds them, which means “Sit like a tailor!”—with legs crossed and seat on the floor.

He then asks Marlene, who has brought a small wooden nutcracker man for Show and Tell, “Kann er wirklich Nüsse knacken?” (Can it really crack nuts?) This meets with a chorus of replies. “Nein!” say many children. Someone says (in English), “Too small mouth!”

The children recognize that this is a variation on one of their favorite chanting games: “Wer hat die Nuss aus dem Nussknacker geklaut?” (Can it really crack nuts?) This meets with a chorus of replies. “Brianna hat die Nuss aus dem Nussknacker geklaut!” (Brianna took the nut from the nutcracker’s mouth.)

Accused of stealing the nut from the nutcracker’s mouth, she shifts clapping and chanting: “Brianna hat die Nuss aus dem Nussknacker geklaut!”

“We are accustomed to community involvement in this neighborhood.”
Joseph Michels

In the swim at Twin Cities German Immersion School
School takes over former union hall
by Lisa Steinmann

A new school is taking root during its first year in St. Paul. The Twin Cities German Immersion School has set up shop at 1399 Eustis St., in a former union hall across the street from Murray Field. A visit to the school on any given day finds the former office building transformed by the presence of busy children.

The entrance is decorated with hand-cut paper snowflakes. The central staircase in the open foyer of the building is draped with flags from Germany, Switzerland, the United States, Peru and other nations that represent the national backgrounds of students in the school. A large auditorium on the first floor serves multiple purposes including coatroom and lunchroom.

Another clue that the building is a school now is the Fundsachen, the lost and found basket, beneath the staircase. It contains one small blue glove, several pink plastic pearls parted from their strand and a lone Fisher Price figure.

The second floor of the building houses the two classrooms in use this year. By 9 a.m. Herr Stephenson’s first grade class can be found conducting their morning meeting.

“Guten Tag, wie geht’s Emily?” A girl in a pink plaid poncho with a gem-studded golden crown perched on her head squirms to her knees and breaks into a classic six-year-old grin—the one with two top front teeth missing. “Super!” she says with a German accent. She goes on to explain, excitedly and in German, that she has been invited to two birthday parties. Now it is her turn to greet a classroom seated on the floor in a circle: “Guten Tag, wie geht’s Abby?”

Most of these children began the school year speaking no German. Now they respond instantly as their teacher, Scot Stephenson, guides the flow of chatter with questions and instructions in German. “Schneider ist!” he reminds them, which means “Sit like a tailor!”—with legs crossed and seat on the floor.

By Lisa Steinmann

German Immersion to 14
**CITY FILES**

**St. Anthony Park Home Sales**

2005 Real Estate Update

<table>
<thead>
<tr>
<th>Number of Homes</th>
<th>2005</th>
<th>2004</th>
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<tr>
<td>that Sold</td>
<td>39</td>
<td>31</td>
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- Average Market Time: 74 days (2005), 66 days (2004)

- The average sale price was 92.7% of the list price.
- The average sale price increased by 10.6% this year.
- At the end of the year, there were 5 homes for sale that had been on the market an average of 95 days.
- 5 homes failed to sell.
- This information does not include duplexes, condominiums or townhouses.

Please call us if we can be of any assistance to you.

(Based on information from the REGIONAL MULTIPLE LISTING SERVICE OF MINNESOTA, INC. for the period January 1, 2005 through December 31, 2005.)

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**Falcon Heights**

The annual Dead of Winter Inspirational Event will be held Sunday, Feb. 5 from 1-4 p.m. at Community Park, Roselawn and Cleveland. Activities include sleigh rides, a treasure hunt, ice skating, hot chocolate and refreshments.

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**Lauderdale**

Denise Hawkinson has been appointed by the City Council to fill a vacant seat on the council previously held by Moose Giannatti. Her term will run until 2007.

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**St. Anthony Park**

The District 10 Land Use Committee has submitted a draft neighborhood plan to St. Paul’s Department of Planning and Economic Development. The plan may be reviewed at www.comopark.org. The plan is tentatively scheduled for a public hearing in March 2006.

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**An Ad Hoc Advisory Committee has been established to work with Park Midway Bank and St. Anthony Park Community Council in reviewing plans for the bank’s new building at Como and Dossell. The committee met on Jan. 18 to review site plans for the project and to establish a timeline for community input. The next opportunity for public comment will be Feb. 2 at St. Anthony Park Elementary School. The 6 p.m. Land Use Committee meeting will include a presentation from the bank regarding the two-story building they plan to erect on the site of their current drive-thru bank building. At the meeting, neighbors will have a chance to make suggestions on the proposed site plan, exterior facade and environmental design of the project. Following this meeting, the Advisory Committee will continue to meet with the bank as they finalize design plans. Plans can be reviewed at the council office (890 Cromwell Ave.) or at Park Midway Bank.

Comments regarding the site plan, exterior façade and environmental design can be forwarded to the Advisory Committee by contacting Nina at nina@sapcc.org or 649-5992. Final plans will be presented to the community in late spring.

JPI Development is in the process of seeking city approval to build student-oriented housing at 2669 Territorial Rd. The District Council has approved an appeal of portions of their plans. A similar proposal by JPI for a site adjacent to this one was rejected by Minneapolis.

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**Como Park**

The District 10 Land Use Committee has submitted a draft neighborhood plan to St. Paul’s Department of Planning and Economic Development. The plan may be reviewed at www.comopark.org. The plan is tentatively scheduled for a public hearing in March 2006.

---

**Cornelia House**

Gracious Independent Living

**Iris Park Commons**

A Community of Heart

“If you want to talk to someone who lives here, talk to me after your tour.”

Gale Frost

Gale Frost looked at a dozen other places before choosing us. That’s why he has told us to talk with prospective new neighbors like you.

We offer comfy, secure apartments with a menu of assisted living services for age 55+. One or two-bedroom and studio designs. Most have views of Iris Park or our own private campus. Some units are available through County programs. The rest are at market rates. Heated underground parking available.

Visit www.ehomesmn.org to learn more. Or call us at 651-646-1026. We’d be happy to arrange a tour (and if you’d like, a talk with Gale).

1850 University Ave W • Saint Paul MN 55104 Part of the Epiphany Homes family

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**If you don’t need a “senior community” right now, you’ll fit right in. None of our residents do either.**

Our residents are here because they wanted to choose their next home instead of having it chosen for them. They also like the idea of living on a continuing care campus that offers all the care and services they may ever need. The great neighbors are just the icing on the cake. If you’re 62+, we still have some great choices to explore. Available heated parking too. Visit www.ehomesmn.org or call us at 651-288-3931 for a tour.

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**ROAST COFFEE BEANS, NOT CHESTNUTS**

Dunn Bros. Coffee fresh roasted beans make a perfect gift. And here’s our present to you: Bring in this ad and get a 1/2 lb. of beans FREE with a 1 lb. purchase.
One hundred years ago this month, 11 women organized a home for indigent Norwegian immigrants. Today, Lyngblomsten serves over 400 residents and hundreds of additional outreach clients.

Lyngblomsten to celebrate centennial
by Judy Woodward

Early in 1903, Anna Quale Fergstad organized seven of her friends into a book club. It was a time of feminine self-improvement, and like many other married women of their era, Mrs. Fergstad and her friends were eager to enjoy friendship and an occasional break from the routines of motherhood and housekeeping.

Similar groups were springing up all around the state, but the Fergstad reading circle was distinctive in two ways. First, the women were all Norwegian immigrants to Minnesota, so the meetings were conducted in the language of the old country. Second, and more important, their leader was the formidable Mrs. Fergstad.

A woman of vision and energy, Fergstad soon persuaded her circle—by now increased to 11 women—to add a worthy charitable project to the agenda of their monthly meetings. She pointed out that there was no shelter available for the many elderly Norwegian immigrants to the area who could no longer care for themselves.

Reminding group members of the system of tidy little houses available to fishermen’s widows in Norway, she urged the group to incorporate their new project and in February 1906 they adopted Mrs. Fergstad. A hundred years later, the project they set in motion is still at its original location in Como Park, but it has grown from a simple shelter for 44 indigent Norwegian immigrants to a sophisticated complex that coordinates the efforts of hundreds of volunteers to serve the needs of over 400 residents and many hundreds of additional outreach clients of all faiths and cultures.

The original residence was torn down in 1903 to make way for the Lyngblomsten Foundation’s senior apartment complex, but the organization prides itself on remaining true to its original mission of “compassionate care and innovative services to older adults.”

This month, the project that got its start in Mrs. Fergstad’s imagination will celebrate a century of service with a special Centennial Celebration Worship Service in the Chapel of the Incarnation at Luther Seminary on Feb. 16.

Additional activities are planned throughout the year. They range from the Lyngblomsten Foundation’s Spring Rhapsody Gala, which will feature period costumes and a 1906 State Fair theme, to a community ice cream social in July and the organization’s annual Scandinavian cookie fair on Dec. 1. All are open to the public.

It’s been a long journey from 1906, but Patricia Montgomery, Lyngblomsten’s director of marketing communications, thinks it’s one that Fergstad would approve, if she could somehow return for the centenary.

“I still feel she’s here, watching over us, guiding us along,” says Montgomery of the woman whose portrait hangs in her office. “We think she’d be happy.”

Sadly, Fergstad died shortly before the original Lyngblomsten Home was dedicated in 1912. By then her group of women had put in six years of fundraising. Their methods were traditional. They held bake sales, sold quilts, ran a dining hall at the State Fair and appealed to the generosity of the business and professional leaders of the community.

But traditional methods were put in service of a vision that was anything but conventionally modest. The ladies thought big. They recruited additional members by setting up “branch” Lyngblomsten fund-raising circles all over the upper Midwest, wherever there were Norwegian immigrant communities.

One hundred years ago this month, 11 women organized a home for indigent Norwegian immigrants. Today, Lyngblomsten serves over 400 residents and hundreds of additional outreach clients.
Whose land is this, anyway?

What does it mean to own property? In some cultures, private ownership of land is a foreign concept—though even to describe something as "foreign" betrays an ownership orientation, for it suggests that people can lay claim to a particular locality. There can be no foreigners unless there are residents.

In a country that once tied voting rights to property ownership, it's difficult for most of us to imagine a world where no one owns land. But can land truly be owned?

If you buy a piece of property, what do you get? And what rights do you have? What if something you dump on your land leaches into the groundwater? What if the smoke from something you burn drifts next door?

Say a tree in your yard provides welcome shade for a neighbor. Of course you have a right to cut down that tree. But should you?

Say you want to add on to your house. Your building permit has been approved. Nothing stands in the way of your new addition, but it will stand in the way of a view your neighbor enjoys. Should that matter?

Say that's what's new about your addition is primarily aesthetic. It won't look like anything else in the area. Some people don't like the fact that your house no longer "fits in." Should that matter?

What is ownership? Who owns the air that bar or restaurant patrons breathe? Should someone be able to distribute leaflets in a location?

The sidewalk that runs in front of homes, apartment buildings and businesses is public property. Who should shovel it and what should be the consequences of not keeping it shoveled?

Who owns the land that lies between a public sidewalk and the street? Should businesses or homeowners be able to do what they want with that property?

Say a business sets up outdoor tables and chairs, for its patrons to use, on space adjacent to a public sidewalk? What happens when other people sit at those tables?

Property ownership is a legal matter. Zoning regulations, for example, limit what kinds of structures can be built in particular locations. Someone owning land owns mineral rights on that property and may choose to lease those rights to someone else, and such a lease would have legal stipulations.

But beyond legality, property ownership is a moral and ethical matter because one piece of property exists in relation to others, just as one person exists in relation to others. Property, by definition, is owned and bounded. What are an owner's social responsibilities to those on the other side of the boundary?

This land is your land, this land is my land. Was this land made for you and me?

Keep bank amenities

When I think of the welcoming nature of the Dowell/Como corner, where Park Midway Bank plans to build, I think of a few things I've come to depend on. There's the surprising widening of the sidewalk there, which creates a generous little place. There's the lacy locust tree that shades it—the healthiest, largest locust on a block that needs shade badly; as we who shop in July and August well know. There's the fine garden Prescriptions Landscapes created for the bank, with the graceful serviceberry trees.

And then there's Ginkgo's, with "Steve's Place," a symbol of the relaxed, friendly and sensitive service the staff has provided over the past six years, service that considers the needs of children and dogs as well as adults. Naturally a person is reluctant to give these things up. They are part of the nourishing character of the neighborhood.

In the January Bugle, Rick Benson is quoted as saying, "I hope they (Ginkgo's) can find a spot to relocate within St. Anthony Park." This sounds like an incomplete plan. If the bank invited Ginkgo's to put down roots here (as intended), then the bank has an obligation to include them in their building plans.

Speaking of building plans, Park neighbors need to know what the intention is for the "old," once new, bank building, and whether that intention is driving the decision to abandon the main bank.

Alice Doogan
St. Anthony Park

Thanks Joe

The neighborhood is having an important debate about the design of the new bank building planned for the corner of Como and Dowell. Our letter is not about that debate, but rather about the building that occupies that site for a little while longer.

The drive-in/walk-in bank has graced our community for over four decades. It is time we celebrate this beautiful building, which St. Anthony Park resident and architect Joe Michels designed for our neighborhood bank. For this building, Michels was honored with the Minnesota Society of Architects award for design excellence.

Because it is so attractive and welcoming, we two typically choose to do our business in the "little" bank. It's by far the classiest bank building we know. Our community will lose a treasure when it is torn down.

A few years ago, the bank had the vision to invite Ginkgo's to the Park and the neighborhood to provide an open door between their

COMMENTARY

Look upon my works, ye mighty, and despair

by Oliver Steinberg

Do you remember the "Frosty the Snowman" song? It's a corny children's ballad that starts out with a cheerful lilt to tell the story of a snowman who comes to life. Frosty comes alive, but not for long. At the end of the song he melts.

Frosty's soggy demise was all too predictable, and maybe even slightly amusing, to the adult author of the song. But it upset me when I first heard the diry, some 50 years ago. As would most kids, I would have liked a happier ending. Wasn't it a pretty low grade of magic that could get Frosty going, only to leave him as a puddle of slush?

Five decades later, I still don't care much for the song, but I realize that the story of Frosty is actually a poignant parable for our own transient lives, and the magic that brings Frosty alive symbolizes the life force, or soul if you prefer, that animates our own existence. I understand why we are supposed to be consoled by the final verse of the song, when Frosty gaps out his dying promise: 'I'll be back again some day!'

Yes, skeptic that I am, I have seen it myself.

After our late December snowstorm, the weather warmed up to create perfect snowman conditions. A short stroll along University Grove's Folwell Avenue revealed that Frosty had returned in a dozen or more reincarnations. No, that's not quite accurate. I believe the correct term must be "re-frigerations."

A few years ago, the bank invited Ginkgo's to put down roots here (as intended), then the bank has an obligation to include them in their building plans.

Speaking of building plans, Park neighbors need to know what the intention is for the "old," once new, bank building, and whether that intention is driving the decision to abandon the main bank.
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Do all this and much more at:
www.parkbugle.org

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Where your voice counts.

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* To promote a Peace Agenda
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at the St. Anthony Park Library
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Saturday, March 4, 11:30-12:30 p.m.
For details check out our website at:
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731 North Snelling Avenue / 651-644-2100
Parking & Entrance in Rear / Mon 8 am - 6 pm, Tues - Fri 8 am - 6 pm, Sat 9 am - 1 pm

St. Anthony Park Neighbors for Peace
Planning meeting (all are welcome)
Wednesday, February 8, 7 p.m.
Karen Lilley’s home, 2079 Dudley Ave, 651-644-3927
For information check out our amazing website
www.ParkPeace.org

Come Home to St. Anthony Park
2565 Franklin Avenue, Unit 405
Top floor condo with SW exposure overlooking
Prospect Park. This bright corner unit has floor to
ceiling windows, hardwood floors, granite
counters, stainless steel appliances, roughed in
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He also questioned why the bank could not put up a smaller building with fewer drive-through lanes than the one being proposed. "The area already has a parking deficit," he said. "This new building will make that deficit worse." He added that the proposed site plan would result in the loss of open space at Como and Doswell.

Eileen Michels described herself as a resident of St. Anthony Park for 45 years. She affirmed the importance of the bank as part of the local business community, but she said that the St. Anthony Park Community Council's Land Use Committee meeting was not adequately publicized and that consequently the neighborhood was not given sufficient opportunity to comment on the bank's plans.

Beeson reiterated that the proposed plan would improve the parking situation in the neighborhood. He added, "We believe that we have fully participated in the process outlined by the city and have followed all the rules." He said the bank is anxious to continue talking with the neighborhood about its plans and noted that the bank and the Community Council are in the process of establishing an ad hoc group to promote that discussion.

On Feb. 2, Park Midway Bank will present their building plans to the St. Anthony Park Community Council Land Use Committee. The bank will show

In 1986, groundbreaking ceremonies were held for a new building at 2265 Como Ave., which has housed the main offices of Park Midway Bank. The bank plans to build a new building at 2300 Como. Left to right: Steve Wellington, George Latimer, Andy Boss and Kiki Sonnen.

Bank Relocation from 1

Thank You, U of M Employees

Thank you, U of M employees, for $1 million in contributions to the community fund drive.

During October 2005, University faculty and staff on the Twin Cities campus donated more than $1 million through payroll deductions to individual non-profit organizations and charitable federations in Minnesota, including United Arts, United Negro College Fund, Community Health Charities Minnesota, Community Solutions Fund, Minnesota Environmental Fund, Greater Twin Cities United Way, and Open Your Heart to the Hungry and Homeless.

University employees began participating in the annual community fund drive in 1931. This is the third year that donations topped $1 million in gifts to Minnesota charities.

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Also, join us at 7 p.m. on the 24th of February to hear local poets Stephen Burt and Dobby Gibson read from their work.
Winter Sports Festival!

Photos by Christy Myers

During the first week in January, the 47th Annual Winter Classic was held at Langford and South St. Anthony Rec Centers. A stint of warm weather had imperiled the skating events, but by dint of heroic efforts from the Langford Park Booster Club and a couple of colder nights, the ice was saved, making Langford one of only three outdoor rinks in the Twin Cities with usable ice that weekend.
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Lyngblomsten from 3

Montgomery says that when they canvassed railroad tycoon J. J. Hill for a donation, he offered them $500—but only on the condition that they buy more land than they had initially planned for. The women didn’t hesitate. “They thought bigger,” says Montgomery.

Nor was Fergstad a retiring woman’s undertaking. “Lyngblomsten was wholly a specialty for their cause. The same history states proudly, ‘Lyngblomsten was run by the women and their daughters. Administration was all volunteer.'

As Lyngblomsten expanded and additional services were added, the administrative demands became more complex. In 1961, the center was given to Montgomery. "We have the letter written in 1936, at the time of the organization’s 30th anniversary, notes that “several weary husbands [found that fund-raising] took a great deal of time away from housewifely duties,” but the women remained adamant advocates for their cause. The same history states proudly, “Lyngblomsten was wholly a woman’s undertaking."

Nor did the ladies move to the sidelines after the original Lyngblomsten residence opened. "Until the 1960s,” says Montgomery, "marketing communications specialist Sarah Melander, Lyngblomsten was run by the original women and their daughters. Administration was all volunteer.”

Evangelical Lutheran Church in America. In 1985, a separate fund-raising arm, the Lyngblomsten Foundation, was created.

Although Lyngblomsten is now managed by professional staff, volunteers remain crucial to the operation, which, in addition to the residences, now includes a coffee shop, a gift shop, home health nurses, a senior community center, a respite program for caregivers, and a host of supportive and educational services that enable the elderly and infirm to remain in their own homes whenever possible.

"It’s really neat to see how the volunteers can fit in,” says Montgomery, citing the example of the ‘Fancy Fingers’ crew, a group of high school girls who volunteer to paint the nails of residents.

Volunteers help with all aspects of the work of Lyngblomsten, but the need for volunteer van drivers and wheelchair escorts is especially great, she says. “We have a 100-year tradition of generous donors and volunteers,” says Montgomery. "We couldn’t do it without them."

Lyngblomsten Home was officially dedicated in 1912 and stood until 1993.

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Female athletes say “Count Me In!”

by Lisa Steinmann

“Count Me In” is the slogan of this year’s 20th annual National Girls and Women in Sports Day, which will be celebrated with a variety of events in February. A little random counting yields some interesting numbers:

• Yeah that conference team sports have been available to boys in St. Paul: 113 for football, 100 for baseball and hockey.
• Year that girls got their first team sport (track and field): 1972.
• Number of boys sports teams at Central High School in 1924: 10.
• Number of girls: 0.

Today girls at local high schools like Central, Como Park and Roseville can choose from roughly 15 sports teams. Girls can be found dribbling a ball down the soccer field, gliding on cross-country skis over winter snow or smacking a tennis ball across the net for their high school team.

It is easy to see that since 1972, when Congress passed Title IX, things have changed for girls interested in high school sports. An increase in opportunity has resulted in an increase in participation. Since the early 1970s the number of girls participating in high school sports has risen from 1 in 27 to 1 in 3 today.

Recently I asked a small group of local high school girls to comment on their experiences as high school athletes. They could be called members of the Title IX generation since they have grown up with so many of its benefits.

Participants

Erin Balvinasa, sophomore, Roseville Area High School.
Soccer, hockey, track.

Amanda Maathuisen, sophomore, Como High School.
Cross country, swimming, cross-country skiing.

Lucy Steinmann, sophomore, Roseville Area High School.
Tennis.

Rose Wright, sophomore, Como High School.
Tennis, golf.

What do you know about Title IX?

Erin knows quite a bit about Title IX. Her English teacher knew of Erin’s interest in sports and recommended the topic for a composition paper. “Writing the paper made me realize how lucky we are. It was interesting to hear about how funding works.”

Do you feel that your opportunities to participate in sports are equal to boys?

Lucy: “Well, guys’ sports get more promotion.”

Erin: “There are some sports girls don’t typically do. I think right now girls’ wrestling sounds weird. I don’t think about it being fair. It’s just the way it is.”

What is good about participating in sports, especially for girls?

Erin: “It’s cool to be able to say you’re on the team. But you should really be on the team to make friends and have fun with your sport.”

Rose: “Sports keep you in shape. You meet new people; it breaks you out of your cliques. It also keeps you involved in your school.”

What are the tough parts to participating in a high school team sport?

Erin: “If you’re not committed, it could be hard. You miss out on social outings. But if you’re into your sport, that makes up for it.”

Rose: “It’s hard to find the time to practice all the time. Sometimes you don’t feel like you have the energy for it, but afterwards you feel better.”

Amanda: “Yeah, it’s hard motivating yourself. There are other things to do. I like painting too.”

Lucy: “There are days that are too full. Everything falls on the same day. I feel too busy.”

Is losing hard?

Rose: “Yeah! I get so frustrated. I think about expectations from my teachers and coaches.”

Erin: “I feel disappointment in myself, my own expectations.”

What is the influence of parents?

Rose: “Mom’s and dads make you go.”

Amanda: “I hate it; it’s horrible when they come and watch. They came up to Duluth when I was in sectional for cross-country skiing.”

Rose: “For tennis, it’s nice to have an audience. Not many people come to watch girls’ tennis.”

Erin: “It puts pressure to do really good.”

Lucy: “I don’t like it when parents coach.”

What makes a good coach?

Erin: “They earn your respect. Like my hockey coach, Steve Sertich, is a former Olympic hockey team player. He really knows what he is talking about.”

Lucy: “I like my tennis coach, Annie (Barnes). She is strict but she’s also fun.”

What is good about being on a high school sports team?

Amanda: “There are a few people on the team I like talking to. One of my good friends, Virginia, is really going far with her career. I have started to follow other high school athletes. It gets you thinking about how good you could be.”

Erin: “My grandpa is a role model. He was good at everything he did. He was a minor league baseball player.”

Rose: “I like Mary Pierce, a tennis player. I liked her when I was little because I thought she was pretty. Now she is making a comeback, winning a lot.”

What is good about being on a high school sports team?

It’s just the way it is.”

I don’t think about it being fair.

now girls’ wrestling sounds weird.

don’t typically do. I think right

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WordMasters Challenge shows elementary students are truly above average
by Anne Holzman

Two St. Anthony Park third graders earned perfect scores, and each grade’s top-10 team scored well above the national median, in the first round of this year’s WordMasters Challenge, which tests students’ vocabulary and logic by using analogies.

Teachers at St. Anthony Park Elementary announced in January that Olivia Nofzinger and Ellen Parady were among 127 third graders nationwide to receive perfect scores in the contest’s Blue division (approximately 25,000 students took the test). Other students at the school who achieved outstanding scores were third graders Celia Comers, Nate Hamel-Snapp, Tychimba Ralasi and Rachel Williams, and fourth graders Evan Boening and Cal Nicholson.

All classes at St. Anthony Park Elementary participate in the program, taking six weeks to prepare for each of three rounds based on lists published by a company in Allendale, N.J. About an hour a week of class time goes into preparation. SAPS, the school’s parent organization, pays the registration fee of about $300 for all classes combined.

Fourth grade teacher Bill Leslie said he introduced WordMasters to teachers after hearing about it from a colleague at another St. Paul school. Leslie, who has also taught courses for gifted students, roasts the intellectual benefits of WordMasters: new vocabulary, methods of analyzing and comparing words, approaches to the analogies that often appear in standardized tests.

“The competition is not our main interest,” Leslie said, “but it does motivate some kids and it gives us a yardstick for measuring how we’re doing.” This is the school’s sixth year competing.

The company that publishes materials also judges the competition, selecting the top 10 scores at each grade level from each school to compare against schools across the country. Students learn how to solve analogies, a common tool for logical thinking. Students compete in one of two divisions, the easier Blue or the more difficult Gold.

A sample Blue division analogy for third graders reads, “Blood is to vein as water is to ______,” the five choices being pond, rain, hose, bathtub and towel.

In December’s round, St. Anthony Park Elementary’s top 10 third graders had a team score of 170, compared to the national median score of 134. Fourth graders earned 170 compared to the national median of 101; fifth graders scored 162 compared to 119; and sixth graders rounded out the above-average performance with a top-10 team score of 142 compared to a national median of 117.

“Our grade-level team scores are always above the national median,” Leslie said, “but we haven’t cracked the top 10 yet. Over the years, we have had several kids place near the top nationally as individuals.”

There will be two more rounds of vocabulary tests and tests this school year, culminating in awards for the highest-achieving and most-improved students at the national level.

Teachers received a new word list in January for tests to be given in the last week of February.

Count Me In from 9

What’s in the future for girls in high school sports? Lucy: “I don’t think things are changing so dramatically anymore. I don’t think we’ll see a girls’ football team in the future.” Rose: “I think more girls will try breaking barriers to boys’ sports, like wrestling, maybe football.” Erin: “Right now, girls’ wrestling sounds weird. I think girls’ sports will be improving. Each year girls will be better and better athletes. There will be more opportunities to get college scholarships.”

Amanda: “Parents of both boys and girls should do things with them, like ride bikes and go on hikes. I’ve done a lot of that with my family in California and Scotland and I’m really glad. There’s a whole life is sports. It applies to everything and it can help you get through the teen years, to stay disciplined and focused.”

Erin: “Langford (Parks and Recreation) sports are the most fun ever! They are non-competitive and they help connect you to friends and community. Think of sports as a fun thing. Do sports with friends.”

Dor: “It is way easier to start a sport when you’re young.” Lucy: “Encourage kids to stick with things and don’t overload them.”

Amanda: “Parents of both boys and girls should do things with them, like ride bikes and go on hikes. I’ve done a lot of that with my family in California and Scotland and I’m really glad. There’s a whole life is sports. It applies to everything and it can help you get through the teen years, to stay disciplined and focused.”

Erin: “Langford (Parks and Recreation) sports are the most fun ever! They are non-competitive and they help connect you to friends and community. Think of sports as a fun thing. Do sports with friends.”

The Roseville School District will host its own special event to celebrate National Girls and Women in Sports Day. Count Me In is an event for all ages on Saturday, Feb. 4 from 1-4 p.m. at Roseville Area High School, 1240 W. County Rd. B2. An opening program will feature Minnesota Lynx head coach Suzie McConnell-Serio, followed by an exhibition of over 30 booths. This event is free and open to the public.

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Hey out there No Bones readers!

After last month's installment dedicated to grass in dinosaur dung, you'd think that I might've gotten my excitement for titanosaurs (the long-necked, gargantuan dinos that survive until the end of the Cretaceous Period) off my chest. Well, not quite!

The last two months have been so busy for me and my favorite dinosaurs—especially for Rapetosaurus, the titanosaur from Madagascar that I discovered and named—that I just have to fill you in on all the latest happenings.

Rapetosaurus (ruh-pay-too-soar-us) is the most complete titanosaur ever found, which is funny because its relatives are found all over the world (there's an interesting dinosaur called Alamosaurus from Texas that's a close Rapetosaurus relative). Most of these animals are known only from a handful of bones. A partial skull here, a vertebrae there, here a femur, there a toe, but none so complete as Rapetosaurus.

We know more about Rapetosaurus than any dinosaur like it ever found, and that prompted the Field Museum of Natural History in Chicago to include Rapetosaurus in the renovation of their dinosaur and fossil gallery. In March, the Field Museum will open a brand new exhibit, called "Evolving Planet," and Rapetosaurus is one of the dinosaur stars!

To get the skeleton ready, I've spent the last several months working with a team of blacksmiths, computer specialists and artists to reconstruct Rapetosaurus. Just before the holidays, my colleague Janice came for a visit and brought with her 30-percent scale models of the actual bones of Rapetosaurus. The real bones had been three-dimensionally scanned, scaled down on computer and "printed" in a plaster medium from a rapid prototyping machine.

I was able to put the hips together (they included a total of 30 very complicated bones) with this small scale model to help guide the blacksmiths working on building an armature to hold this very special skeleton.

Janice also brought all the skull bones that we have for this dinosaur. The skull had proven particularly tricky to imagine, mainly because we had the perfectly preserved back half of a juvenile skull and the more poorly preserved front half of an adult.

We only had a few bones that were preserved for both the adult and juvenile, and needed to try to fit them together, at the appropriate scale, for the final mount. Janice "squished" the adult face bones in her computer program and printed them out, rescaled to fit the juvenile bones from the back of the skull. Similarly, sometimes we had a bone from the right side of the head, but not its left-hand counterpart. With the rapid-prototyping technology we employed, Janice was able to flip the bones horizontally in her computer program and print the opposite side. Now, we have a complete view of Rapetosaurus' skull!

It was amazing for me to see it all come together so perfectly, and I can't wait until the opening party for the new exhibit in Chicago. I just returned from a quick trip there to help make the final adjustments to the mounted skeleton. It looks amazing, with a neck alone that is nearly 15 feet long. It was the coolest thing ever to see my dino in 3-D, with all of its amazingly preserved bones carefully put together. Rapetosaurus came "alive" before my eyes.

Just another note until next month's installment. Janice's background was almost entirely via the gaming industry. She's an avid video game player and developer. So parents, there may be a use for all that gaming that your kids do after all. There's work to be had building dinosaurs!

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**Arts Events**

“Borders,” an installation by Lauderdale artist Barbara Claussen, continues through Feb. 18 at Augsburg College’s Gage Family Art Gallery. On Feb. 15 Claussen will participate in an art and politics roundtable in Lindell Library at Augsburg. The gallery is located in the library, 22nd Ave. S. at 7th St. Hours are Monday-Friday, 10 a.m.-7 p.m., Saturday and Sunday, 1-5 p.m.

Two St. Anthony Park residents, Jean Krinke and Barbara Ohnstad, artist "Borders," an installation by Lauderdale artist Barbara Claussen, continues through Feb. 18 at Augsburg College’s Gage Family Art Gallery. On Feb. 15 Claussen will participate in an art and politics roundtable in Lindell Library at Augsburg. The gallery is located in the library, 22nd Ave. S. at 7th St. Hours are Monday-Friday, 10 a.m.-7 p.m., Saturday and Sunday, 1-5 p.m.

Two St. Anthony Park residents, Jean Krinke and Kathryn Uhlenberg, will participate in an organ program at the Cathedral Church of St. Mark, 819 Grove St. in Minneapolis, across from the Guthrie Theater and Walker Art Center. The program, sponsored by Thursday Musical of Minneapolis, takes place Feb. 23 at 10:30 a.m. Krinke is the organist at St. Anthony Park United Church of Christ. Moen was formerly organist at St. Anthony Park Lutheran Church. They will be joined by Raymond Johnson, organist at Cathedral Church of St. Mark, and Melanie Ohnstad, organist at Westminster Presbyterian Church in Minneapolis.

Music in the Park Series presents the first of its 2006 Family Concerts on Friday, Feb. 10 at 6:15 and 7:30 p.m. Ross Sutter and Friends will present an evening of music and stories from Sweden, Norway and Finland. The concert takes place at St. Matthew’s Episcopal Church, 2136 Carter Ave. Season tickets are $12; single tickets are $5 in advance, $6 at the door. Call 645-5699.

On Sunday, Feb. 6 at 4 p.m., Music in the Park Series presents Nordic Voices in concert at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. The six singers will perform works ranging from the Renaissance to the contemporary in a program called “Studier After Nature: Nature in Music as Sound and Metaphor.”

**Schools**

Twin Cities German Immersion School, 1399 Eustis St., will host a Kinder Karneval from 3-5 p.m. on Feb. 11 for children ages 4-8. Students from the charter school will perform a theater piece, songs and dances. There will be games and activities for children. For more information, call 492-7106.

**Gardening**

The St. Anthony Park Garden Club welcomes Phillippe Falandau at its Feb. 7 meeting. He will discuss home plant propagation. The 7:15 p.m. meeting takes place at the St. Anthony Park Library.

The St. Paul Audubon Society will present a program on laws, water quality and rain gardens at its Feb. 9 meeting. Richard Markus will discuss how to convert a portion of one’s yard or garden to a rain garden. The 7 p.m. event takes place at the Fairview Community Center, 1910 W. County Rd. B in Roseville.

**Valentine Trees**

Friends of the Parks and Trails makes it possible to give a tree as a Valentine’s Day gift. For $50, anyone can have a tree planted in someone’s honor in a Ramsey or Dakota County park.

The recipient receives a Valentine in February and a map showing the tree’s location once it has been planted.

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Include the name and address of the person you wish to receive the card and how the card should be signed, along with the park area where you would like the tree planted.

For additional information, call 698-4543 or visit www.friendsoftheparks.org.

**Recreation**

Spring sports registration for boys and girls ages 7-18 will take place Feb. 10 at St. Paul recreation centers, including Langford, South St. Anthony and Northwest Como. Spring sports include volleyball, indoor soccer and floor hockey.

Six-week Hatha yoga classes will be offered at Falcon Heights City Hall. Adult classes meet Thursdays, Feb. 23-Apr. 6 from 2:30-3:30 p.m. or 6:30-7:30 p.m. Seniors class meet Thursdays 1:15-2:15 p.m. or Fridays, 11 a.m.-noon.

Registration forms are available at www.ci.falcon-heights.mn.us or by calling 792-7616.

**MOMS Club**

The St. Anthony Park/Como West chapter of MOMS Club will host a Valentine’s Party! Open House at 10 a.m. on Feb. 8 at Como Park Lutheran Church, 1376 Hoyt Ave. The event features crafts and games for children and snacks for all.

MOMS Club is an international nonprofit organization that offers daytime activities and support for mothers who are home during the day with their children.

For more information, contact Joanna at 646-5990.

**Raptor Center**


Participants will meet a live raptor, listen to a story and participate in a craft project to take home.

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**Park Bugle**
Town Meeting
Sen. Ellen Anderson will host a public meeting from 10 a.m. to noon Saturday, Feb. 4 at the Como Park Pavilion. The meeting will be an open forum for citizens to ask questions and share input on a variety of topics. Information will be available on issues likely to face lawmakers during the 2006 legislative session, which begins Mar. 1. Sen. Anderson represents Senate District 66, which includes St. Paul and Falcon Heights. For more information on the meeting, contact her office at 296-5537 or sen.ellen.anderson@senate.mn.

People
Four students from Como Park High School have been selected for membership in Minnesota Music Educators Association All-State Choirs. The four were among 571 students selected from over 2200 who auditioned for a position in one of the seven MMEA All-State performing groups.

Representing Como are Jackie Duchschere (Women’s Choir) and Inga Carlson-Clark, Justin Hammar and Reagan Lee (Mixed Choir). They will perform Feb. 17 and 18 at Orchestra Hall and the Minneapolis Convention Center.

Henry Weiner was the only player from St. Paul or Minneapolis to make the Academic All-State team. Weiner, a senior at Como Park High School, has a weighted GPA of 4.72 and a nonweighted GPA of 3.94. He was a first-team All-City Conference selection as linebacker in 2005 after leading the Cougars in tackles. He was also all-conference in baseball last season.

Falcon Heights resident Jean Bauer was selected as a Fellow by the National Council on Family Relations at their annual conference in Phoenix, Ariz. NCFR Fellows are nominated by their peers for their contributions to the field of family studies through publications, teaching, social policy support and program development.

Dr. Bauer is a professor of family social science at the University of Minnesota and director of graduate studies for that department. Her research interests include welfare reform, the relationship between economic and emotional well-being in rural families, and the economic well-being of the elderly.

St. Anthony Park resident Mary Maguire Lerman received the 2006 Marie de la Fortune Award from the Minnesota Nursery and Landscape Association during the Minnesota Green Expo held Jan. 4-6 at the Minneapolis Convention Center.

The award honors an MNLA-affiliated company or individual for their environmental efforts and leadership. Maguire Lerman has been the environmental coordinator of horticulture programs for the Minneapolis Park and Recreation Board since 1976. She has designed gardens and landscapes for the Minneapolis park system, reintroduced native habitats and educated the public about native sites. She is well-known for her efforts to eliminate invasive plants, especially buckthorn.

Murray Junior High School will send 40 students to the Twin Cities Regional Science Fair on Feb. 24 and 25. They advance from a Jan. 17 school-wide competition involving 340 students. Regional qualifiers were:

- Mara Chin-Purcell, Haley Friesen, Chandini Nair (Behavior & Social Science)
- Meghan Bese, Holly Marple, Michael Berndt (Biochemistry)
- Brock Purtell, Jennifer Lee, Jessany Williams (Botany)
- Justin Miller, Amy Scott, Rachel Keller (Chemistry)
- Mary Scott, Tyler Rose, Jillian Marchio (Earth Science)
- Laura Burns, Sebastian Greider, Paul Quach (Environmental Science)
- Samuel Blenfeld, Khow Lee, Zoekia Matthews (Math & Computer Science)
- Parker Hoffman, Lauren Berger, Christy Fangel (Medicine and Health)
- Kristin Brinnell, Robin Olson, Tien Yang (Microbiology)
- Hanna Gulden, Steven Mantell, Shawn Halvorsen (Physics)
- Gena Sherman, Eva Lee, Margaret Moburg (Product Testing)
- Julie Karvel, Casandra Lopez, Connor O’Leary (Zoology)
- Shaharazad Negoe (Space Science)

Left to right: Bill Lerman, Frances Maguire, Bert Swanson, Mary Maguire Lerman.
German Immersion from 1

"Wet, ich?" she laughs. She is Doreen Gissmann, an Amity aide from Heidelberg, Germany. Gissmann is part of the school community for five months. The Amity program provides teaching experiences for teachers from other countries.

Next Herr Stephenson directs the children's attention to a message written on the board in German. It contains several errors that the children are challenged to correct. Some of the words have numbers in place of the letters.

This is a follow-up to a math activity they have been doing lately called Zahlennamen. They have learned how to build "number walls" using letters matched up to numbers, like a code.

The school's math and reading books are both imported from Germany. They fit in well with curriculum goals set by the Minnesota State Department of Education for all public school children. As a charter school, the Twin Cities German Immersion School must meet those goals.

Down the hallway, 11 half-day kindergartners are finished with their morning meeting and are engaged in a range of activities, which they must track on a weekly worksheet. It will show that they spent time playing Puppenhaus in the dollhouse and practicing all the vocabulary that goes on in the rooms of a house. They also spend time dressing up; practicing writing, math, reading or science or playing a puzzle game (mini-Lük) that teaches logical thinking.

Their teacher, Frau (Bridget) Mullan, is helping a student practice her writing. Teacher and student share a high five when they are done. The student is happy to show off the picture of an igloo she drew and labeled "ein kleines, kleines iglu."

The sunny classroom is filled with beautiful wooden toys: dollhouse, blocks, trucks and cars. A corner bookshelf has pictures imported from Germany.

In the afternoon, Frau Mullan will welcome another class of 11 kindergartners.

According to Mary-Fred Mullan, who has mastered the down dog or Hund position through yoga practice with creative movement teacher, Frau (Theresa) Borgen, School walls feature Kunst—art class projects led by Frau (René) Meyer-Grimberg. An active parent group gathers at the school for coffee and conversation every Friday. Parent volunteer Adam Hert, who has donated and built computers for the school, says, "My son Sam didn't speak a word of German before starting at this school. Now it's incredible the way he speaks German. He is teaching me."

First-grade student Emily Schoonover shows off her crown.

In another class, students have mastered the down dog or Hund position through yoga practice with creative movement teacher, Frau (Christiane) Harrassowitz, who has donated and built computers for the school, says, "My son Sam didn't speak a word of German before starting at this school. Now it's incredible the way he speaks German. He is teaching me."

For students at the Twin Cities German Immersion School, all instruction is in German for the first three years. Here Sam Herr, a first-grader, shows his writing ability.
During the January business meeting we discussed the February project meeting. Our roll call question was: “What’s your favorite winter activity?” We decided that during our February meeting we will do cookie baking and coloring shirts. We will also have a potluck lunch and bring the cookies to the St. Anthony Park Nursing home. Our February meeting will be held on Saturday, February 11 at 10 a.m. If you have any questions, please call Amanda Weber at 651-7840. Remember: you’re never too young or too old for 4-H.

Family Bowling Special

Start a new family tradition that even the kids will enjoy! Every Sunday from 12:30-5:30pm, families with children 17 & under can bowl for only $10 an hour per lane, and fountain drinks are always 50¢!

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Music in the Park Series

Family Concerts 2006

A colorful sampler of folk, ethnic, and classical music

FEBRUARY 10 • ROSS SUTTER & FRIENDS
Music and stories from Scandinavia performed by Ross Sutter, singer/guitarist; Marya Hart, pianist; Cheryl Paschke, fiddle/tyckeharp; Joe Alfano, mandolin; with Rose Arrowsmith, storyteller.

MARCH 24 • INDONESIAN GAMelan
Joko Sudriarto and his Gamelan ensemble play gongs, metallophones and drums, with dancer Thirj Sudjito for an evening of exotic Indonesian music & dance.

APRIL 28 • CAVANI STRING QUARTET
Annie Fullard & Mali Sato, violinist; Kristen Docter, viola; and Merry Peckham, cello, treat the audience to a musical collage, from Mozart to “POP Goes the Weasel”

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Some discounts available for advance purchase.
Register at 651-645-6951.

Class for your mind, body, & spirit.
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Linnea Home from 1

When Peterson learned that the Linnea Home property was for sale, he got on the phone. “I just felt like it would be a shame for the neighborhood to lose that building,” he says, “and I was afraid a developer might come in and level it.”

His first call was to Doug Derr of CIS Architects, a company that specializes in converting buildings for condominiums. Derr looked at the building and said he thought a conversion could work.

Peterson describes himself as a preservationist, an orientation that led him and his wife, Terri, to buy an 1886 vintage house and restore it. “I prefer to try and improve something that’s there rather than tear it down and put up something new,” he says.

Peterson sees the Linnea Home, which was built in 1917, as a perfect candidate for preservation. “It’s a great looking building,” he says, “and the engineers we’ve had look at it say that it’s structurally sound.”

The Linnea Home originally served as a boarding house for Swedish immigrant women. By the 1960s it had evolved into a care center for the elderly.

According to Peterson, the way the building is laid out, including the placement of load-bearing walls, means that a conversion to condominiums could not preserve the existing rooms. Instead, the interior would have to be gutted.

“We would try to save and reuse anything that’s architecturally significant,” he says, including much of the building’s oak and maple flooring. Energy-efficient windows would replace the existing ones. The rest of the building’s exterior, Peterson says, would change very little.

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“They recognize that in any project like this, many details will need to be worked out,” Peterson says. “But we’re confident that our vision can be achieved.”

Peterson says that if the sale and closing can be completed soon, the group hopes to complete construction by the end of the year.

Old Fashioned Chicken Dinner!

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Try this while standing on the shore of a lake or in an urban parking lot within earshot of an avid birdwatcher. Shout, “Look at all the seagulls!” You’ll see the birdwatcher’s face begin to go red, browns knit over a fierce stare, and she’ll grumble, “There’s no such bird as a seagull!”

And any field guide, including the one she’ll have in her pocket, will prove that she’s right. There are lots of different gulls and their relatives, but nothing called a “seagull.” Our most common Minnesota gulls are the ring-billed gull and the larger herring gull.

So when I saw a posting on the Minnesota Ornithologists Union Web site of a black-legged kittiwake, an unusual gull, at Black Dog Lake, my birding buddy Bill and I decided we’d go see if we could find it. It was a sunny December day, temperature in the low 30s, with a light wind.

Black Dog Lake is south on 35W just across the Minnesota River in Burnsville. It provides cooling water for the Black Dog power plant, so part of the lake remains open nearly every winter. It’s one of the most reliable places to find birds in the dead of winter, including gulls, some ducks and an occasional bald eagle.

Bill and I started at the west end of the lake where an outlet empties into the Minnesota River. We joined a couple of others at the edge of the river, which was flowing freely. The outlet stream from Black Dog Lake was open well.

As we scanned the circling birds, several people announced they were seeing a Thayer’s gull, very similar to the herring gull but with slate gray wingtips, not the black tips of the herring gull. In fact, we identified two Thayer’s in the mixed flock of gulls. But no kittiwake.

Soon a pair of birders came across the road from the lake side and walked out to join us. “Did you see it?” That’s always the first question birders ask one another at a spot where something special has been reported.

These two had seen a kittiwake take a fish out of the river about a half hour earlier, then watched as it flew south toward the lake. They followed it but didn’t spot it again.

Bill and I decided to give the lake area a try. We crossed the road and hiked to the edge of the lake. Out on the ice, across an expanse of open water, four or five gulls sat on the ice, some snoozing, some grooming.

Bill set up his scope and we scanned the gulls. No kittiwake, but there was another Thayer’s there.

After a half hour of watching and waiting, we decided to head back to the river. As we approached the riverside watching area, we noticed that three more people had arrived. Before we could ask if they’d seen the bird, we saw the bird! The black-legged kittiwake made a swooping pass over the birdwatchers. It had the tail of a fish sticking out of its bill and headed south along the creek. A bald eagle that had been watching from a nearby tree dropped from its perch and gave chase, hoping to get the kittiwake to drop its catch. The smaller, swifter kittiwake easily out-maneuvered the eagle and disappeared over the lake in its characteristic buoyant, swallow-like flight.

This black-legged kittiwake was a first-year juvenile with a distinctive black M on the top of the wings. It’s a striking sight. The kittiwake is just a bit smaller than the more common ring-billed gull, 17 inches long with a wingspan of 3-4 feet.

After its first year, most of the juvenile’s black feathers are replaced with lighter colored feathers, white and gray. This leaves the birdwatcher to focus on the small yellow bill, the sharp-edged black wingtips and, of course, the black legs of the more mature bird.

In his “Handbook of Birds of Eastern North America” (1911), Frank M. Chapman notes that the “hind toe (is) very small, a mere knob without a nail.” I think this was from the days of birding over the barrel of a gun. I’ve yet to meet a birdwatcher who can pick out the hind toe of a gull, whether standing or in flight.

Kittiwakes nest in colonies of thousands along coastal and island cliffs from the North Atlantic into the Arctic. Their nests are a foot across at the base, rounded and deep, made of seaweed, sod or moss, and cemented with mud onto a ledge so narrow that often only half the nest is supported by the ledge.

Adults winter along the Atlantic coast as far south as Bermuda. Juveniles, on the other hand, head inland, often showing up on the Great Lakes. They move farther away from home in the next several years, returning to the colony to breed when four or five years old.

A black-legged kittiwake is reported somewhere in Minnesota nearly every other year. The first-year juvenile is easiest to identify, with that black M on the back. After the first year, look for a yellow bill, sharp-edged black wingtips and, especially, black legs with a stubby hind toe—if you can see it!

Photo by Dave Cahlander

The first-year juvenile is easiest to identify, with that black M on the back. After the first year, look for a yellow bill, sharp-edged black wingtips and, especially, black legs with a stubby hind toe—if you can see it!

Photo by Dave Cahlander

The Birdman of Lauderdale by Clay Christiansen

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A few years ago, I attended a seminar entitled “Minnesota 2030,” sponsored by the Minnesota Department of Human Services. Their research showed that, despite all the home health services and other programs for seniors, 90 percent of all care received by Minnesotans over 65 is provided by friends or family members—not professional agencies.

The stress of caring for an elderly friend or relative who is experiencing diminishing capacity cannot truly be appreciated by anyone who hasn’t experienced it. Parents of small children feel stressed and isolated, but they can be assured that a child will become more independent with age and that the need for constant attention will diminish.

Caregivers for a senior never know how long their 24-hour attention will be needed, and they can pretty much count on their services becoming more necessary as time passes and their lives becoming more stressful. This situation is headed for a crisis as our population changes. Due to the baby boomers now reaching middle age, there are currently about twice as many Minnesotans aged 40 to 60 as there are in the 70 to 90 age bracket. (The majority of caregivers are women between 40 and 70.) However, by 2030 this situation will be reversed and there will not be enough unpaid caregivers to care for the elderly.

Despite this projected trend, Minnesota still puts more than 75 percent of its resources for seniors into residential facilities and less than 25 percent into home-based services like the St. Anthony Park Block Nurse Program. A bill introduced in the legislature last year to increase the percentage of home-based services to a 60-40 ratio did not pass, nor did a bill to fund new Block Nurse programs.

(Phase note: The St. Anthony Park Block Nurse Program receives funding through the state. We are not asking for more funds for our program here, but rather highlighting the need for more service like ours throughout Minnesota.)

Caregivers who are not at retirement age themselves typically give up a paying job or reduce their hours to part-time as their burden of caregiving increases. The stress of caregiving produces a need for support services, such as regular respite. If we Minnesotans do not let our legislators know that we value our elders and that we value keeping them in their homes and communities as long as possible, we may find ourselves in a state that does not have enough home-based support for older adults. Where will they go then?

Nursing homes are closing down all over the state, just like mental hospitals did in the 1970s and 80s. Are seniors going to be down all over the state, just like their burden of caregiving increases? The stress of caregiving produces a need for support services, such as regular respite. If we Minnesotans do not let our legislators know that we value our elders and that we value keeping them in their homes and communities as long as possible, we may find ourselves in a state that does not have enough home-based support for older adults. Where will they go then?

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The St. Anthony Park Block Nurse Program offers services to older adults and those who care for them. Aging Gracefully is one way we contribute something of value to our communities to make sure that our public servants know what we value, and that they fund programs consistent with those values.

A new legislative session is starting Mar. 1. To contact legislators and make your feelings on this issue known, call your senator (296-2146) and representative (296-0504), or log on to www.state.mn.us and click on the House Member or Senator link at the bottom of the page.
AMERICAN LIFE IN POETRY

By Ted Kooser, U.S. Poet Laureate

Here is a poem by David Bengtson, a Minnesotan, about the simple pleasure of walking through deep snow to the mailbox to see what’s arrived. But, of course, the pleasure is not only in picking up the mail with its surprises, but in the complete experience—being fully alive to the clean cold air and the sound of the wind around the mailbox door.

What Calls Us

In winter, it is what calls us from seclusion, through endless snow to the end of a long driveway where, we hope, it waits—this letter, this package, this singing of wind around an opened door.


This weekly column is supported by The Poetry Foundation, The Library of Congress, and the Department of English at the University of Nebraska, Lincoln. This column does not accept unsolicited poetry.

Groups

Wednesday, Feb. 1, 6:30 p.m.
St. Anthony Park Library.
St. Anthony Park Writers Group. All welcome.

Monday, Feb. 13, 7 p.m.

Tuesday, Feb. 21, 6:30 p.m.
Coffee Grounds. Storytelling Pajama Party with storyteller, songwriter and folk musician Rachel Nelson, who will present folk songs, stories and poems.

Library Events

Fridays through April, 10:30 a.m.
St. Anthony Park Library.
Story time for preschoolers ages 3-5. Call Rosie (642-0411) for more information and to register.

Tuesday, Feb. 14 and 21, 6:30-7:30 p.m.
St. Anthony Park Library.
Poetry appreciation class. Call 642-0411 for more information.

Readings

Monday, Feb. 13, 7 p.m.
St. Anthony Park Library.
15th anniversary reading by the writing group Widening Gyre (www.thewideninggyre.com):

Wednesday, Feb. 15, 7 p.m.
Macerowber’s Pat Crunchfield, daughter of Bernice Wilson, a longtime Rondo resident, will read from her mother’s memoir.

Friday, Feb. 24, 7 p.m.
Poet Stephen Burt (“Parallel Play”) and Dobby Gibson (“Polar”).

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SPECIAL CONCERT EVENT
Nordic Voices
February 26th, 4:00 p.m.

Six-voice a cappella ensemble from Norway performs a program from the Renaissance to the contemporary. Studies After Nature: Nature in Music as Sound and Metaphor. Tickets: $20 - Students $12

MAR. 5 4 PM VIENNA PIANO TRIO violin, piano, cello
MAR. 26 4 PM THE AMERICAN PIANO Anthony de Mare & Steven Mayer The Black Virtuoso Tradition
APRIL 9 3 & 7 PM MARK O'CONNORS APPALACHA WALTZ TRIO violin/fiddle, viola, cello
APRIL 30 7 PM CAVANI STRING QUARTET

ALL CONCERTS ON SUNDAYS AT ST. ANTHONY PARK UNITED CHURCH OF CHRIST 2129 Commonwealth Ave., in St. Paul.

TICKETS/INFORMATION
(651) 645-5699
www.musicintheparkseries.org
email: musicinthepark@siho.com
Tickets: $18 Advance, $20 At Door
Students: $12 (when available)
* April 9 - Mark O'Connor 925

Single tickets available at the Bibelot Shop & Micawber's Bookstore in St. Anthony Park.

Family Concerts 2006
For children of all ages and their families
February 10 - Ross Sutter & Friends
March 24 - Indonesian Gamelan
April 28 - Cavani String Quartet

For details, see separate Bugle ad, or visit: www.musicintheparkseries.org

All Family Concerts Fridays at 6:15 and 7:30 P.M.
St. Matthew's Episcopal Church
2136 Carter Ave., St. Paul

Music

Coffee Grounds 1579 Hamline Ave., 644-9959
Red Book Jazz Every Monday, 7-45pm
Reedwood Arts Bistro February 5, 8pm
Blue Rose (bluegrass) February 4, 8pm
Open Mic with Bill Hammond February 5, 8pm
Bill Coggs Room Music Showcase February 7, 8pm
Dan Rumsey February 10, 8pm
Charlie Dush February 17, 8pm
Collective Unconscious February 23, 7pm
Alexis Fodder & Skyline Citrus February 24, 8pm
 Uncle Angel February 27, 8pm
Bill Coggs Room Music Showcase February 29, 7pm

Ginkgo Coffeehouse 721 N. Snelling Ave. 659-8734
Cid Holmquist February 5
Voice Gillaum February 16
Bluegrass and Oldtime Jam Session February 22, 7pm
Open Mic First and third Wednesdays 6pm-9pm

Music in the Park
www.musicintheparkseries.org
St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., 645-3699

Nordic Voices First and third Wednesdays 6pm-9pm
St. Matthew's Episcopal Church 2136 Carter Ave., 645-3699
Family Concerts 2006
Rose Service & Friends February 10, 10 & 15 & 7:30 pm

New Folk Collective
1017 Cedar Ave., 293-9021
First Unitarian Society Church
900 Marcy Court Ave., Minneapolis

David Francey February 18, 7:30pm
Bill Staines February 25, 7:30 pm
First Unitarian Society Church

St. Anthony Park Lutheran Church
2323 Como Ave., 645-0371

Virgin Ground February 26, 4pm

Visual Arts

Anodyne Artist Company 825 Colvin St., 662-1668
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Lunas Art Gallery
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Works by Steve Edmundson
Through February 27

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Olsen Center 1512 University Ave.
612-624-2204
Nodic Sonnets, An Odyssey in Poetry, Painting, and Place
Through February 20

St. Paul Student Center University of Minnesota
612-625-0214
Performing by Steve Edmundson
January 26 - February 23
Paul Whiteman Lunas Art Gallery

Undercroft Gallery
St. Matthew's Episcopal Church 2136 Carter Ave., 645-3058

Madagascar: Digital and Disposal
Photography by Pat Connolly
Through February 24

8th Annual Community Art Show
February 26-April 14

Artwork for Youth Show
February 26 - April 14, 2006
Art work must be delivered to the gallery on February 22. Call the Undercroft Community Gallery for an appointment to enter.
651-645-3058.
All applications must be submitted by February 20, 2006

❖ A Juried Show
❖ Multi Media
❖ Prizes for Awards

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Company Picnics • Fairs & Festivals For more information, contact
Daniel Schultz 612-408-0233
www.dcschultzproductions.com
FEBRUARY 2006 • PARK BUGLE 21

1 Wednesday
• Women’s Connection, a women’s networking organization (603-0954), HIH Job Corps Center, 1480 Swallow, Building #1, 8 a.m. Every Wednesday.
• Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday.
• Free blood pressure check by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays. 11 a.m. to noon.
• Chair exercise classes at St. Anthony Park Block Nurse Program, 9-10 a.m.
• English as a second language at St. Anthony Rec Center, 890 Cromwell, 9-10 a.m.
• Tot Time (ages 3-5) at Langford Park Rec Center, 6:30-7:30 p.m. 2 Thursday.
• Chair exercise classes at St. Anthony Park Block Nurse Program, 9:30-11:30 a.m. Every Friday. First 3 Friday.
• Clarkson Heights Library, board meeting, St. Anthony Park Bank Community Room, 7 p.m. 6 Friday.
• Noonday Book Club (645-6675), training in effective speaking, Hewlett Packard, 7-8:30 a.m. Every Monday.
• Air Hockey Tournament at South St. Anthony Rec Center, 6-8 p.m. 10 Friday.
• Women’s Connection, a women’s networking organization (603-0954), HIH Job Corps Center, 1480 Swallow, Building #1, 8 a.m. Every Wednesday.
• Free blood pressure check by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays. 11 a.m. to noon.
• Chair exercise classes at St. Anthony Park Block Nurse Program, 9-10 a.m.

4 Saturday
• Nicklehead Bowling (612-625-5246), 10-11 a.m. 2 p.m. at the Coplen Sport, St. Paul Student Center, 2077 Larpenteur Ave., St. Paul Campus. Every Saturday.
• Invitations, issued by Sen. Ellen Anderson, Como Park Peds, 10 a.m.

6 Monday
• AA, St. Anthony Park Lutheran Church (644-0809), 5 p.m. Every Monday.
• Boy Scout, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.
• Chair exercise classes at St. Anthony Block Nurse Program, 9-10 a.m. Every Wednesday.

8 Wednesday
• FPCA Club meeting, 4-5:30 p.m. 9-10 a.m. at the community room, St. Anthony Park Block Nurse Program, 590 South St. 2 Thursday.
• Chair exercise classes at St. Anthony Block Nurse Program, 9-10 a.m.

9 Thursday
• Full Council meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cornerstone, 7 p.m.
• St. Paul Audubon Society meeting. Urban, suburban and rural, 7 p.m. Farming Colony Center, 190 W. County Rd. B.

11 Saturday
• Mighty Oak Chiroactic grand opening, noon-5 p.m. 2155 Evening Park Dr. www.mightyoak.org.
• Kinder Karneval, Twin Cities German Immersion School (492-7106), 1139 Exist St.

13 Monday
• Park Paws Inc., Park Block Book Fair meeting, South St. Anthony Rec Center, 890 Cornerstone, 6 p.m.
• Chair exercise classes at St. Anthony Block Nurse Program, 9:30-11:30 a.m. 6 Friday.
• Chair exercise classes at St. Anthony Block Nurse Program, 9-10 a.m.

14 Tuesday
• Chair exercise classes at St. Anthony Block Nurse Program, 9-10 a.m.

17 Friday
• Falcon Heights recycling.

20 Monday
• Free blood pressure check by the St. Anthony Park Block Nurse Program, 9-10 a.m.

21 Tuesday
• Dinner 10 board meeting, 6:44-8889 for details.
• District 10 board meeting, 6:44-8889 for details.

22 Wednesday
• FPCA Club meeting, 4-5:30 p.m. 9-10 a.m. at the community room, St. Anthony Park Block Nurse Program, 590 South St.
• Chair exercise classes at St. Anthony Block Nurse Program, 9-10 a.m.

23 Thursday
• Park Paws Inc., Park Block Book Fair, 4-6 p.m.
• Noonday Book Club, 7 p.m.

24 Thursday
• Boy Scouts, St. Anthony Park Rec Center, 6-8 p.m.

27 Friday
• Noonday Book Club (645-6675), training in effective speaking, Hewlett Packard, 7-8:30 a.m. Every Monday.
• Air Hockey Tournament at South St. Anthony Rec Center, 6-8 p.m. 10 Friday.
• Women’s Connection, a women’s networking organization (603-0954), HIH Job Corps Center, 1480 Swallow, Building #1, 8 a.m. Every Wednesday.
• Free blood pressure check by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays. 11 a.m. to noon.
• Chair exercise classes at St. Anthony Block Nurse Program, 9-10 a.m.

28 Friday
• Noonday Book Club (645-6675), training in effective speaking, Hewlett Packard, 7-8:30 a.m. Every Monday.
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• Chair exercise classes at St. Anthony Block Nurse Program, 9-10 a.m.

31 Friday
HELEN MILDRED BATES

Sister Mary Marlene, FSPA

Sister Mary Marlene, FSPA (Beth Terry), age 88, died peacefully on Dec. 21, 2005. She served as a teacher and principal in Mosinee, Wis., for the Archdiocese of LaCrosse. Later she taught at Prosperity Heights Elementary in St. Paul until retirement. She is survived by brother Jim Terry of Rock Island, Ill., and many nieces, nephews and former pupils who loved her dearly. A Mass of Christian Burial was held at Corpus Christi Church in Roseville on Dec. 26.

Helen Bates

Helen Mildred (Otterson) Bates of St. Anthony Park died Dec. 11, 2005, at the age of 94. She was born Oct. 30, 1911, in a log house on a farm near Aasland, Minn. Norwegian was the language spoken in her home until Mildred started school. When she and her husband, Norway in 1968, she found she could still converse with reasonable ease. Mildred was the only girl in her one-room school, and some years the only student in her grade. She graduated from Aasland High School in 1928 and entered Concordia College ( Moorhead) at age 16, graduating in 1932. She concentrated on Latin and English, and also sang in the college’s renowned choir. She spent several years after college living on the farm with her parents while trying to land a college living on the farm with her parents while trying to land a teaching job in the depths of the Great Depression. She later taught English, Latin, math, music and other subjects at high schools in Lake Park, Frazee, Detroit Lakes, Newfolden and Sleepy Eye.

In 1937, while teaching at Frazee High School, she met her future husband, Donald, at choir practice at Frazee Methodist Church. They were married in August, 1943, and had a one-week honeymoon before Don left for wartime Navy duty in 1943. She gave birth to their daughter, Sharon, of St. Anthony Park and her son, Sherman, of North Oaks, as well two grandchildren, who live in Denver and New Zealand.

She was a cook.

Gladys Sandgren

Gladys Sandgren, age 92, of St. Anthony Park, died Jan. 12, 2006, at St. Anthony Park Home, where she had lived for a number of years. Gladys was an only child. Her parents were Gladys Vivian Swenson was born on Feb. 4, 1913, in Orono, Minn., and will be buried on what would have been her 93rd birthday.

After high school, in about 1935, Gladys moved to St. Paul to work as a cook at Bethesda Invalid Home, in order to pay the bill for her father’s care there. While working there, she met her future husband, Walt, who had come from Scandinavia to work as an orderly to pay for care he had received. They were married in March 1940, and enjoyed nearly 64 years of marriage before he died. In 1939, Walt and Gladys moved to St. Anthony Park to work at Linnea Home, where she was a cook.

In 1944, President Guillisson of Luther Seminary asked the couple to come to work at that institution. Gladys cooked in the Boarding Club there for five years and then worked at the switchboard for another 15. For decades, when callers reached Luther Seminary they were greeted by Gladys’ voice. She knew where professors and staff members were and how to reach them. If one of those employees needed a ride to the airport or if the seminary grounds needed attention, it was Gladys’ husband Walt who came to the rescue. Sandgren Apartments on Eustis Ave. are named for him. Gladys and Walt worked at Luther Seminary under four of its presidents.

Gladys is survived by her daughter, Sharon, of St. Anthony Park and her son, Sherman, of North Oaks, as well two grandchildren, who live in Denver and New Zealand.

Gladys and Walt attended Murray High School.

Lowell Satre, Jr.


Lowell was born in Tacoma, Wash., on March 22, 1947, the son of Dr. Lowell J. Satre and Elizabeth Dahl Satre. He joined the army in the early days and became a cook.

As Lowell grew up he became interested in art, music, politics, history and religion. He was a voracious reader. In 1968 Lowell graduated from St. Olaf College with a major in English. He attended Luther Theological Seminary and had his internship in a parish in Eau Claire, Wis. He went on to get his Master of Divinity degree from Nashotah House Episcopal Seminary in Nashotah, Wis.

In February of 1974, Lowell married Sharon Luckman Satre. From April to September of that
Must be a smaller animal and get fenced-in yard for them to play.

Caring for pets, and a beautiful over 30 years experience loving &...

Need someone to care for your pet

JENNIFER'S PET SITTING -

Reasonable rates. Jeff @ 651-222-8701.

Interested? Call 651-646-7173 ext. 3598.

APPLIANCE REPAIR - Reasonable

rates, friendly service, neighborhood

referrers. Ron Wagner, 612-840-3598.

Housing

ONE BEDROOM STUDIO apartment near farm campus. Prefer grad student. $475/mo. utilities included. 952-222-1858.

Buying or Selling - Call a Certified Residential Specialist with over 35 years experience. Lauderdale resident. Donna Anfinson, CRS, Century 21 Jay Blank Realty, 651-633-0061.

Housing


Employment

SAP United Church of Christ seeking mature, flexible, youth-oriented person for youth & children's Ministry Coordinator. Part time (10 hrs/wk). For job description send e-mail office@sapvcc.org or call 651-646-7173.

Home Services

ARTISTS AT WORK house cleaning, 651-633-2768.


ICE DAMS REMOVED - stop water damage! Burton Johnson, Burton's Rain Gutter Service. License #20126373, bonded, insured. 30 years experience. 651-699-8900.

CLEANING - established business in SAP 12 years. Thorough, honest, and reasonable. Call Mary 763-789-7560.

ICE & SNOW FROM ROOFS, plaster repairs, taping - sheetrock, painting, insulation, caulking, finish basements, storage rooms, foundation problems. 26 years experience. Curt 651-698-4743.

WOODWORKING - cabinets, custom built-ins, furniture, etc. Craftsman, mission style. Call Gary 651-429-0894.

PRO TEAM PAINTING PLUS - unquestionable quality, complete exterior/interior plus faux finishes, plaster, sheetrock repair. Duane 651-917-2881.

SNOW SERVICE - driveway, steps, walkway. All snow removed after only 1/4” accumulation, not 1 1/2” like others. Average cost $75/month. Plus rooftop snow removal, average price $75, 651-490-7617.

HILLIARD E. SMITH - Const. block, stone, cement work, carpentry, remodeling. 651-644-0715.

year, he served the Cree and Inuit people on James Bay. That September he was ordained a priest and began serving a parish in Lac Mistassin, Quebec, on a Cree Indian reservation.

Lowell served other parishes in Noranda, Quebec; Glasgow, Montana; and Kansas City, Mo., before moving back to St. Paul. In 1991, he graduated from William Mitchell School of Law and was admitted to the Minnesota State Bar. He was currently working for Paragon Document Research in St. Paul.

Lowell was the father of two sons, Michael and Joseph, and the grandfather of three children, Jonathan Schell, Michael Satre, Jr. and Seth Satre, all of whom survive him, as does his wife. He is also survived by sisters Glorai Ravelli and Caracca Ferguson, and brother Daniel Satre.

He was a member of Holy Trinity Eastern Orthodox Parish, St. Paul. His funeral was held Jan. 20 at St. Anthony Park Lutheran Church, with internment in Roselawn Cemetery.

There is no charge for Bugle obituaries. Please alert the Bugle about the deaths of current or former residents of the area. Send more complete information if you have it. Obituaries are compiled by Mary Mengel, 644-1650, mary.mengel@comcast.net.

Dr. Todd Grossmann
644-3685

Dr. Paul Kirkegaard, DDS
644-9216

Your neighbors in St. Anthony Park

ST. ANTHONY PARK DENTAL CARE

2278 Como Avenue / St. Paul

LIFE IN THE CHURCH: Come and Share

◆ BETHANY BAPTIST CHURCH
Skillman at Cleveland S., Roseville. 651-631-0211
9:30 a.m. Sunday School
10:45 a.m. Sunday Worship, Pastor Bruce Peterson
(“Fire and Reign” series January - March)
1:00 p.m. Korean Sunday Worship, Pastor Jiyong Park
6:30 p.m. Wednesday Kids’ Club, Youth Group, Prayer

◆ COMO PARK LUTHERAN CHURCH - ELCA
1376 Hoyt Ave. W., St. Paul, MN 55108-2300
651-646-7127
Handicap Accessible
Cplk@minneart
CPLCContact ministry 651-644-1897
www.comoparklutheran.org
Sunday Worship Schedule:
10:00, 11:00 & 1:00 p.m. Worship (nursery care provided)
10:00 a.m. Adult Education and Sunday School
(Holy Communion on 1st & 3rd Sundays)
Rides available for 11:00 a.m. worship;
Call the church office before noon on Friday for ride.
Sunday, February 5: Reverend Dr. Matthew Skinner
Please join us as we welcome Matt Skinner. Dr. Skinner is Assistant Professor of New Testament at Luther Seminary. He will preach this Sunday at all three services, and will be our guest speaker during the adult education hour at 10:00 a.m.
Sunday, February 12: New Member Class
On Sunday, February 12, from 12 noon to 3 p.m., there will be a one day class for new members. Would you or someone you know, like to join the church? Please contact Pastor Marty or Pastor Mary Kaye at 651-646-7127.
Sunday, February 5: Bishop Peter Rogness
Please join us as we welcome Bishop Peter Rogness. He will preach this Sunday at all three services, and he will lead our adult forum during the education hour which begins at 10:00 a.m.
Pastors: Martin Ericson and Mary Kaye Ashley
Visitation Pastor: Leonard Jacobsen
Director of Music Ministry: Thomas Ferry

◆ CORNERSTONE ECUMENICAL CATHOLIC CHURCH
An Ecumenical Old Catholic Community
2200 Hillside Avenue / 651-776-3172
Sunday Eucharist: 5:30 pm in Upper Chapel
Visit our website at: www.cornerstonecc.org

◆ NORTH COMO PRESBYTERIAN CHURCH
965 Larpenteur Avenue W., Roseville
651-488-7031, ncpcmain@northcomochurch.org
www.northcomochurch.org
Sunday Services: Worship 10:00 a.m., Education 11:00 a.m.
We welcome all to attend.
Handicapped accessible.

◆ PEACE LUTHERAN CHURCH - ELCA
1744 Walnut (at Ione) Lauderdale. 651-644-5440
www.peacelutheranchurch.com
Sunday Worship: 10:00 a.m.
Education: 9:00 a.m.
Pastor: David Greenland
All are welcome - Come as you are

◆ ST. CECILIA’S CATHOLIC CHURCH
2357 Bayless Place. 651-644-4502
Website: www.stcecilias.org
Handicap Accessible
Saturday Mass: 5:00 p.m. at the church
Sunday Masses: 8:15 a.m. and 10:00 am at the church
(nursery provided during the 10:00 am Mass)

◆ SPIRIT UNITED CHURCH
Honoring Spiritual Transformation
www.spiritunited.com
3204 Como Avenue SE, Minneapolis, 612-375-3402
10:00 a.m. World Service Guided Meditation
10:15 a.m. Aquarian Communion
10:30 a.m. Sunday Service

◆ ST. ANTHONY PARK UNITED CHURCH OF CHRIST
2209 Commonwealth at Chelmsford. 651-646-7737
Website: www.sapucc.org
Handicap accessible and an Open and Affirming Congregation.
Rev. Howard Takah, Transition Minister
Adult Ed. 8:30 a.m.
Sunday Worship 10:30 a.m., Fellowship: 11:00 a.m.
Nursery care & Sunday School provided: 10:15 a.m.
Sunday, February 5, 10:00 a.m.: Holy Communion
Sunday, February 12, 10:00 a.m.: Worship/Scout Sunday

◆ ST. ANTHONY PARK UNITED METHODIST CHURCH
All are welcome!
2200 Hillside Ave (at Como) 651-644-4859
Pastor Donna Martinson
Go to www.sapumc.org for more about our church.
Sunday:
10:00 a.m. Worship Celebration
10:20 a.m. Sunday School for 3 years old to 5th grade
11:00 a.m. Fellowship & Refreshments
More to choose (call us for details):
Faithfully Fit Forever - Mondays, 10:00-11:00 a.m.
Faith 411 (youth) - Wednesdays, 7:00-8:00 p.m.
Choir - Wednesdays, 7:00 - 8:30 p.m.

◆ ST. ANTHONY PARK LUTHERAN CHURCH
We are a community of believers called to joyfully serve God, one another, and the world.
www.saplc.org
2304 Como Ave. W., 651-645-0371
Pastor Donna Martinson
2323 Como Ave. W., 651-644-4502
Ministry available. Handicap accessible.
Pastors Glenn Berg-Mohberg and Amy Thorne. Email: info@saplc.org
Worship: 7:00 and 10:00 a.m.
Education Hour for all: 9:00 a.m.
Minnesota Faith Chinese Lutheran Church 1:30 p.m.

◆ ST. MATTHEW’S EPISCOPAL CHURCH
The Rev. Blaire Proctor, Rectory
2136 Carter at Chelmsford, 651-645-3058
Website: www.stmatthewsmn.org
Panake Supper - February 28 (7:00-5:30 pm)
Ash Wednesday Services - March 1 (10 am & 5:30pm)
Sunday Services:
8:00 a.m. Holy Eucharist (Rite I)
10:30 a.m. Holy Eucharist (Rite II)
4:00 p.m. Prospect Hill Friends Meeting