

Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 32, Number 4, October, 2005

Twin Cities Linnea Home will close

by Dave Healy

A fixture on Como Avenue for almost 90 years, Twin City Linnea Home will close its doors on October 21. The nursing home's 71 residents will be relocated to other facilities.

The closing was announced by Ecumen, the company that owns and operates Twin City Linnea Home. Kathy Bakkenist, Ecumen's vice president of operations, said discussions about Linnea's future have been going on for several years.

"The Linnea Home is in a beautiful old building that blends in well with the surrounding neighborhood," said Bakkenist. "But the physical plant would need major renovation to be fully functional."

Bakkenist cited widespread



changes in the senior care industry as working against Linnea's viability, observing that small, private nursing homes are becoming obsolete.

"Nursing homes are over-regulated and undersupported by the government," she said, noting that in Minnesota the rate at which nursing homes are reimbursed by the state had not changed in the two years preceding the recent legislative session, despite increasing costs.

Furthermore, said Bakkenist,

market demands are changing. "Today's seniors want to maintain as much control over their lives as possible. We're seeing more interest in self-care and assisted living."

While many nursing homes have become primarily sites for short-term rehabilitative care, that option has always been limited for Linnea because it lacks the space for such services, Bakkenist said, and the building's

Linnea Home to 10

Whatever happened to the good old class of '55?

by Judy Woodward

Fifty years ago, the Cold War was in full force, the great scourge of polio was still a formidable threat despite the recently introduced Salk vaccine, and sociologists warned of the dangers of a conformist society dominated by the Organization Man.

Down at what was then Murray Senior High School, it's doubtful whether any of those grave concerns were overmuch on the minds of the young people who made up the graduating class of 1955.

"We lived such a fun life," says Weez Williams Michaelson of the class of '55. "We didn't have a worry in the world. Our life was fun and our parents kept it that way."

Recently, Michaelson, a retired teacher, and many of her classmates met to celebrate their 50th class reunion. Events included a Friday evening dinner at the Mermaid and a Saturday afternoon picnic in Como Park.

For most participants, it was a chance to revive old friendships and relive some of the sunniest memories of what have turned out to be long and satisfying lives. If there were any malcontents, tormented souls or rebels in the class of '55, well, they probably didn't make it to the reunion. As Judy Anderson Johnson McCulloch says, "Graduates who had fun in school—they're the ones who want to come back."

McCulloch was definitely someone who enjoyed school. She says, "I'm fortunate that I'm alive and healthy and able to enjoy the reunion." A retired AT&T executive, she noted that this year's attendees may have had a slightly different agenda than in earlier years. "You go to a 50th reunion with a different outlook. There's more competition when you're younger. Now, you're done building a career. At this point, it's all water over the dam. There's more appreciation of the simple things. There's more focus on the individual now."

McCulloch is one individual who has probably always held the focus of her classmates. She modestly denies that she was the prettiest belle of '55, but she was the Homecoming Queen that year.

Class of 55 to 6

District plan gets neighborhood review

by Dave Healy

What is important to preserve in a neighborhood? What should be changed?

About 60 people gathered recently in St. Anthony Park to discuss those questions. The occasion was a September 14 community forum hosted by the St. Anthony Park Community Council, where neighborhood residents had opportunity to respond to the latest version of a District 12 planning document.

District plans are formal, often extensive documents that neighborhoods use to guide development. The last such plan in St. Anthony Park was created in 1983. The city of St. Paul has announced that all previous plans will be taken off the books at the end of 2005.

At the September 14 forum, Dan Petrik, a planning consultant hired by District 12, said that the evolving district plan has been guided by three overall goals:

1. Revitalize south St. Anthony Park.
2. Maintain north St. Anthony Park.
3. Physically connect these two areas and improve connectivity to adjacent communities.

The current draft of the district plan covers five main areas: land use, transportation, environment, housing and

neighborhoods, and social connections.

The plan notes that about half of St. Anthony Park's 2.4 square miles consists of industrial property, while residential and commercial property represent 27 percent and 8 percent respectively.

Petrik said that industrial land accounts for most of the impervious surfaces in south St. Anthony Park and that much of this land is currently vacant. Accordingly, the district plan emphasizes converting industrial property to commercial and residential, as well as reducing impervious surfaces and adding green space.

According to 2002 Ramsey County data, industrial property has an average market value of \$8 per square foot, while commercial and residential property is valued at \$13 and \$26 per square foot respectively. Some recently developed market-rate town homes in the area have values as high as \$89 a square foot.

Regarding transportation, the district plan notes that St. Anthony Park is bounded and intersected by major traffic corridors, both vehicular and rail. While boundedness enhances a sense of neighborhood cohesiveness, it limits pedestrian accessibility and enforces a

reliance on motorized transportation.

More high-density housing, which the plan advocates, would increase automobile traffic, especially in south St. Anthony Park. A study by the city of St. Paul projects a 20-30 percent increase in traffic by 2020 on University Avenue, Raymond Avenue and Energy Park Drive.

Transportation recommendations in the district plan include additional bicycle and pedestrian routes, a widened Raymond Avenue underpass just north of Energy Park Drive, a better connection from I-94 to the U of M's St. Paul campus and a connection between Pierce Butler and Energy Park Drive.

The plan opposes a proposal by the city to extend Pierce Butler west through south St. Anthony Park.

The September 14 forum also gave participants a chance to meet in small groups to discuss the plan's five major areas. A representative from each of these groups then reported to the large group.

Among the suggestions generated within groups were the following:

- Improve air quality and reduce noise and light pollution.

District plan to 20



Jack and Sandy LeClair, members of the Murray High School class of 1955, joined classmates for a picnic at Como Park on Sept. 10. The LeClairs live in Cannon Falls.

St. Anthony Park's 18th annual Fall Festival will take place Saturday, October 1 from 10 a.m. to 4 p.m. along Como Avenue between Carter and Doswell. The event features food, bagpipes and Scottish dancers, free carriage rides and sidewalk sales. The festival is sponsored by the Midway Chamber of Commerce and neighborhood businesses.

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Como Park

District 10 will hold board member elections at 7 p.m. on Tuesday, October 18 at St. Timothy Lutheran Church, 1465 N. Victoria. For more information on board and committee openings, call 644-3889.

Como Park's annual Zoo Boo needs 750 volunteers for a wide variety of activities from 3:30 to 8:30 p.m. on October 22, 23, 28, 29 or 30. Call Como Volunteer Services at 487-8247 or visit comozooconservatory.org.

The District 10 Environment Committee is designating October "Buckthorn-Be-Gone Month" as it campaigns to rid the Como woodlands of buckthorn, which has crowded out much of the native vegetation. In collaboration with St. Paul Parks Eco Partners Volunteer Program, there will be two Saturday-morning buckthorn busts on October 1 and October 22 from 9 a.m. to noon. Sign-in and refreshments will be by the Como swimming pool parking lot on Horton Avenue just west of Lexington. Dress for dirty

work and bring gloves, clippers or small hand saws if you have them. Weed wrenches will be available for prying out mature forms of this invasive species.

Lauderdale

The city of Lauderdale will host a Halloween Party as a neighborhood alternative to trick or treating. Halloween evening, October 31, come in costume to City Hall from 5-7 p.m. for grilled hot dogs, treat bags, a scary maze and Halloween cartoons for kids. Donations of money or candy are welcome to help with expenses.

St. Anthony Park

The final draft of the District 12 Plan will be presented at a public hearing and full council meeting on November 10. The council will then vote on the plan. The current draft is available at www.sapcc.org. Citizens are encouraged to read it and submit any comments in writing to the office or via email to amy@sapcc.org. Comments should be submitted by October 6, when the Steering Committee

will review them and create the final draft.

The council sent a resolution to Mayor Kelly and to Council Member Jay Benanav in opposition to the current "Bridges of Saint Paul" proposal. This project for the West Side of St. Paul does not comply with the West Side Flats master plan and development agreement, the St. Paul on the Mississippi development framework or the Mississippi National River and Recreation Area comprehensive management plan.

"The resolution from the Community Council expresses serious concern about the process used in making such city planning decisions," said Amy Sparks, District 12 executive director. "Where is the respect for the planning, concerns and expertise of the numerous citizens that have worked over the years on plans for their neighborhoods if those plans are ignored when development decisions are made?"

On October 13, the council meeting will include presentations by Tom Triplett from the mayor's office, who will talk about developments in the bioscience corridor, and Bob Bierscheid of Parks and Rec, who will describe proposed renovations to Midway Stadium.

The council is considering a change to its bylaws that would allow the chairperson to serve for one year, instead of the current rotating four-month term. In addition, bylaw changes are being drafted that would create a new committee focused on community connections and require council members to serve on a standing committee.

—Susan Conner

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New council committee will take aim at crime

by Anne Holzman

An increase in burglaries and some particularly visible graffiti in St. Anthony Park this summer have sparked questions among residents: How can we avoid being victims, and how can we cut down on the number of incidents?

District 12 Council staff hopes mobilizing neighbors will help. A Community Connections committee is being formed to address social issues, and crime prevention will be one of its priorities, according to Community Organizer Nina Axelson. "We're working on strategies to get better connected," she said.

The committee will also be charged with getting word around the community that the District Council is the place to go with questions and complaints about crime—after reporting specific incidents to the police, that is. "We want people to know that we're here," Axelson said.

The Community Connections committee will take up some of the work once handled by a Housing and Human Services Committee that

was disbanded several years ago, Axelson added. The council's other two committees are Land Use and Environment.

Working from the National Night Out model, council staff is planning events throughout the year to get neighbors talking about crime with each other and with police, fire and other public safety officials, spotting trends and working toward solutions.

The council spends much of its crime prevention budget on publishing the Networker newsletter, which includes reprints of crime statistics generated by police, plus tips for avoiding crime. The staff is looking for ways to make the newsletter more useful, Axelson said, such as including comparisons from year to year so residents can tell whether it's just their imaginations or there really is, for example, a lot more graffiti out there all at once.

Axelson said that while St. Anthony Park is, among St. Paul neighborhoods, very low in crime, it has seen an increase in burglaries this summer. (For the year, there have actually been fewer so far than in 2004.)

Incidents of vandalism and graffiti are running about normal, although summer is always more active. But a very visible graffiti problem at Langford Recreation Center may have given the impression that the offense was on the rise, she said. Council staff is working with Langford staff to prevent recurrences, Axelson said.

Resident Tom Farnsworth has given a lot of thought to property crimes since his 1991 Suburban was stolen, along with about \$5,000 worth of carpentry tools, from his garage earlier this year. Farnsworth, who lives on Priscilla Street near Raymond, said someone else on his block

New committee to 4

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Real Estate Bubble?

There has been quite a bit of talk, recently, about there being a "real estate bubble" that is ready to burst. While there are some isolated areas of the country where this is true, consider this-

- Since 1954, real estate in Minnesota has risen an average of 5% per year.
- Appreciation is currently at a healthy rate of 7% per year.
- Minnesota is experiencing a solid, stable, strong real estate market.

Reasons for a continuing healthy market are:

- We have one of the lowest unemployment rates in the country.
- Home affordability, here, is one of the highest in the country.
- The 7 county metropolitan area is forecast to add 500,000 households over the next 25 years.
- The Twin Cities rank very high in median income.
- The state has been named "Most Livable State" by different organizations for 7 years in a row.

In short, it does not appear that we have a "real estate bubble" here.



The Sparrs

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EDITORIAL

Old folks . . . home?

The ads are ubiquitous and seductive: Classic Senior Lifestyles. Sensational Senior Living. Active Adult Community. You got your apartments, your townhouses, your condos. They're everywhere—in the city, the suburbs, even some smaller towns. What can it all mean? Simply this: The baby boomers are getting old.

The boomers have brought their demographic weight to bear on all kinds of social institutions and phenomena. Now they're fueling a building boom that is itself built on a couple of key assumptions: Today's seniors don't want to keep the house, and they want to live with their own kind.

Of course, some people do want to stay in their present homes. In this area, that's made easier by a wealth of services designed to help seniors who don't want to move out. Both Como Park and St. Anthony Park have Block Nurse programs. There's Meals on Wheels. There's the Northwest St. Paul Chore Service. There are all kinds of in-home health care services.

But both senior residential communities and the array of in-home services assume a certain degree of independence. What if you're not sufficiently independent for an apartment or condo and you can't manage at home, even with outside help? Then what?

One option is assisted living. Such facilities offer assistance with "activities of daily living" for people who don't need intensive medical care but do require help with such things as bathing, dressing or medications. They also usually include two or three meals a day, laundry and housekeeping, and some social activities.

But assisted living isn't cheap. According to a MetLife survey, in 2004 the average annual cost for an individual in an assisted living facility was \$30,000. What if you or your family can't afford that?

For a long time, most people who didn't need to be hospitalized but couldn't stay at home—their own or a family member's—went to nursing homes. But today that's a dwindling option. The traditional nursing home is an endangered species—and one that nobody seems particularly interested in preserving.

For many nursing homes, the bulk of their business is short-term rehabilitative care following hospitalization. For fewer people is a nursing home somewhere to live out their last years.

Running a nursing home these days is an increasingly difficult enterprise. In Minnesota, the amount of government funding nursing homes receive has stayed flat for several years. Costs have gone up but income hasn't. It's also hard to find good help. The work is challenging, and nursing homes can't afford to pay employees what they're worth.

Almost 40 years ago the Beatles lightheartedly asked in song, "Will you still need me, will you still feed me, when I'm sixty-four?" The question grows in complexity and urgency when the number is eighty-four or ninety-four, ages more and more of us will reach.

Where will we go? Who will feed us, who will need us when we're old?

Park Bugle

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COMMENTARY

by Barbara Scott Murdock

During the Revolutionary War, George Washington committed our nation to human rights.

While the British were attacking New Jersey residents and revolutionary troops with rape, pillage and execution, Washington ordered his soldiers to protect prisoners. "Treat them with humanity," he said, "and let them have no reason to complain of our copying the brutal example of the British army."

Today, members of Minnesota's Congressional delegation are following his lead. Senators Dayton and Coleman have cosponsored Senate bill S. 365 reauthorizing funding for the Centers for Victims of Torture. Representatives Ramstad, Oberstar, McCollum, Sabo and Kennedy are cosponsors of a similar bill, H.R. 2017.

These bills deserve support. Treatment for victims of torture is an act of a civilized, humane society.

But are we treating victims of torture with one hand, only to create more victims with the other? Continuing reports of torture and deaths of detainees at the hands of Americans in Iraq, Afghanistan and Guantanamo are deeply disturbing.

Physical and psychological torture, stress and duress, and near-drowning techniques are not only reprehensible but illegal under U.S. and international law, as well as our Constitution, which guarantees no "cruel and unusual punishment."

Yet torture at our hands continues. Even when our personnel are not tormenting prisoners directly, our government has transferred detainees for detention, interrogation or trial to countries that practice torture. Memos from Attorney General Alberto Gonzales and others claim that

laws prohibiting torture "do not apply to the president's detention and interrogation of enemy combatants," arguing that to constitute torture, pain must include "injury such as death, organ failure, or serious impairment of body functions" and that the war on terrorism "renders obsolete Geneva's strict limitations on questioning of enemy prisoners."

But using torture undoes everything we want to accomplish in the name of freedom. Here are the reasons:

Torture doesn't work. Terrified people in pain say anything to stop the pain. Experienced FBI, CIA and military interrogators testify that torture doesn't work, produces unreliable information and distracts from the hard work of legal interrogation. Moreover, militants are often trained to resist torture and give false information.

Torture endangers our troops and citizens abroad. Americans taken prisoner as civilians or as soldiers are more likely to be tortured because the world now sees our country as one that tortures people.

Torture corrupts those who use it. Societies that use torture often broaden its application, fishing for information among the innocent as well as the guilty. Torture becomes a weapon to terrorize citizens and keep them docile. Even torturers are traumatized, torn between their actions and their relationships with friends and family. In trying to dehumanize their victims, they dehumanize themselves.

Torture undermines our moral and legal standing in the world. The United States of America stands for something. We are a nation of laws, liberty and justice for all. We've followed our high standards imperfectly, but enough that other nations have long seen us

as a beacon of hope.

The Bush administration's support for torture does not reflect our standards and ideals. The administration continues to shield those who set the tone for abuses at Abu Ghraib, Guantanamo and other prisons. Investigations into abuses at Abu Ghraib, for example, focused on eight people on the bottom rung, while several officers in charge were promoted, despite their failure to enforce proper interrogation policies.

We need Congressional action to help correct the administration's excesses. We need an independent commission with full powers, including subpoena power, to investigate reports of torture and hold accountable the officials who set the tone for torture.

Bills funding the Centers for Victims of Torture should be passed, but we can also support bills that would prohibit the U.S. from outsourcing torture to other countries (S. 654 and H.R. 952). We can support the amendment to the National Defense Authorization Act for 2006 (S. 1042) that would prohibit cruel, inhumane or degrading treatment of people in U.S. custody. Three Republican Senators—John McCain (AZ), John Warner (VA) and Lindsey Graham (SC)—have sponsored this amendment, yet the president threatens to veto the bill if it contains the amendment.

"A decent respect for the opinion of mankind" demands that we end the use of torture. As Senator McCain argues, echoing George Washington, the debate over torture is "not about who they [detainees or terrorists] are, but about who we are."

Barbara Scott Murdock is a member of St. Anthony Park Neighbors for Peace and First Tuesdays.

New committee from 1

had a computer stolen from her car around the same time.

"I'm sure these guys 'shop' during the daytime," Farnsworth said, "and then they come back at night and target something." He's having a motion detector and a siren installed on his garage so that thieves will think twice about targeting him again.

"Because we're low on crime, we get very complacent" in St. Anthony Park, Farnsworth said.

He said retrieving his stolen vehicle proved frustrating and taught him a few lessons about the bureaucracy of the public safety system. The car was stolen from St. Paul, discovered in a

Mounds View mall parking lot, towed (at the mall owner's request) to a shop in Blaine and eventually brought back to St. Paul for body work.

Farnsworth didn't know of the Suburban's whereabouts until he received a letter from the tow truck owner. After a full day of trying to persuade police in all three cities to release the stolen vehicle for him, he and his son "literally sat down in the precinct station at Dale and University until we could get somebody to help." The truck was at a nearby body shop by that time, but "it was like pulling teeth to get them to go over there and look at it," he said.

Farnsworth said the experience worries him far beyond the matter of a few thousand dollars in tools. Given recent disasters such as 9/11 and Hurricane Katrina, he said he's concerned that "none of (the police departments) talk to each other. There's no coordination in the metro area."

District Council staff hopes more talk will lead to action in the area of crime prevention. Axelson said she hopes neighbors will get in touch with her (649-5992, nina@sapcc.org) so that she can help look for solutions. "Call, email, write a letter, send a telegram," she said. "We need guidance."



During exterior repairs this summer at St. Anthony Park United Methodist Church, workers removed the cornerstone and discovered a metal box. Church records revealed that the cornerstone was laid by Bishop John Heyl Vincent on June 3, 1911. During the Sunday morning service on September 11, the box was opened. Contents included a Bible, various church records and denominational publications, and copies of the St. Paul Pioneer Press, Dispatch and Daily News.

Top: Workers from American Masonry Restoration stand where the box was found.
L to R: Dave Larson, Kurt Maiborn, Tim Tontum, Russ Pastorius and Bob Maurine.

Above: Rev. Donna Martinson, pastor, and church member David White examine the box's contents.

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St. Anthony Park Neighbors for Peace



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**Class of '55 from 1**

Teenage fashion then, as now, was a mystery. Style-conscious girls wore "cashmere sweaters with dickey collars and swing skirts," says Michaelson. But heaven forbid that the girls should wear the sweaters as the manufacturers intended. "We put them on backwards, so they buttoned down the back."

Tap into the memories of the graduates of that year, and Murray High School begins to sound like the setting for a storybook idyll of educational achievement and old-fashioned good times. Drugs were unknown, alcohol was limited to the surreptitious beers that "some of the boys" may have consumed, and "going all the way"—which is how fifties teenagers referred to sex—was so deeply secretive an act that some of the class of '55 will swear it never happened at all. Ninety-eight percent of the class was headed to college, according to Michaelson, "but we didn't worry about getting in."

In fact, for some of the athletes that year, their biggest worry may have been running into their coach at an inopportune time. John Schoonover describes himself as "a jock" who lettered in just about every sport that was offered. He remembers, "The coaches would drive down the

street and see my car parked on Raymond Avenue, when I was visiting my girlfriend Beryl. They said I was making 'goo goo' eyes at Miss Spooner."

Schoonover, who retired from his family auto body business five years ago, isn't sure if any of his old coaches are still alive, but if they are, he wants them to know that "Miss Beryl Spooner" has been Mrs. Schoonover since shortly after graduation.

The couple met as sophomores, after a Murray football game. The way Beryl tells the story, Schoonover had offered her a ride home in his car, "but my mother had told me never to ride in a car alone with a boy." Brilliantly resourceful, Beryl solved the problem by inviting four of her girlfriends to come along. Instead of enjoying a quiet romantic jaunt in his two-door Plymouth, the stunned Schoonover found himself chauffeur to a bevy of high school girls. "There were girls on the floor, on the seats. Those were great times," says Beryl.

Not all rides home ended so satisfactorily. In those days, Murray drew students from "upper-class" north St. Anthony Park, "middle class" Como Park and "blue-collar" south St. Anthony Park. Although the class lines were normally blurred and

easily transcended, Schoonover remembers an incident where "one of the stuck-up north St. Anthony Park people" dumped a carful of south St. Anthony students at the approach to the Raymond Avenue railway bridge with a curt, "I don't go any farther."

The south-siders had to walk home from there, but one of them—a certain spirited young woman well known to John Schoonover—got her revenge at a later date. He recalls, "She put fishing line around the door handles and all around and underneath his car." When the snobbish young man tried to get into his car in the dark, the doors wouldn't budge.

It was a safer, more predictable time, and if security brought constraint, most of the seniors of '55 didn't mind. Girls had a choice of the "big three" occupations—teacher, nurse and secretary—but most of them planned to be stay-at-home mothers and wives.

Futures tended to run along orderly, well-tended tracks. The class valedictorian became a distinguished neurosurgeon. The star athlete with a serious side, Paul Berge, is an ordained minister and recently retired as a professor at Luther Seminary. So many of the students married their high school sweethearts that one of the non-Murray spouses wondered aloud if he'd broken some sort of law.

Still, there were surprises. The foreign exchange student, a girl named Inga Jäderholm-Ek, became an anesthesiologist in her native Sweden. (She came back for the reunion—her first in half a century.) The class clown, such a prankster "that nobody realized he had a great head on his shoulders" according to McCulloch, amazed everyone by becoming a leader in his profession.

In the end, Berge probably speaks for many of his classmates when he says, "I had good years in high school. My involvement as an educator is a response to the experience I had in high school."



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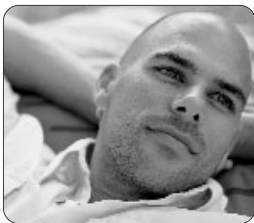
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Vintage Homes for Active Lifestyles!

Tending with care a not-so-secret garden

by Susan Triemert

Residents of St. Anthony Park who live near the railroad tracks may have complained about their situation at one time or another. Most likely they live nowhere near the home of Nina Jorgenson, especially if their rants include the tracks' sights and smells.

Before moving to St. Paul 40 years ago to work at the University of Minnesota's pathology library, Jorgenson lived on a farm in Arco, Minnesota. She has been living at her current residence in St. Anthony Park for the past 20 years. Her first St. Paul dwelling, a duplex on Raymond and Hendon, allowed her space to garden freely, unlike the apartment complex she is living in now.

However, nestled between her apartment's parking lot and the railroad tracks lies a small wooded area. Shortly after moving in, Jorgenson noticed a bald patch in the midst of this "forest," as neighborhood kids have been known to call it.

Curious about the land's bareness, she conducted some research and found that a fire aboard a railroad car may have spread, setting this land aflame. Bereft of its trees, the area became covered with dense weeds.

An avid gardener, Jorgenson decided to cultivate this land, transforming it into a place that not only she, but also neighbors and fellow tenants, could enjoy.

Initially the garden required a lot of time, which this 90-year-old retiree claims to have plenty of these days. Jorgenson, the garden's sole caretaker, currently spends only a few hours a week maintaining it. Other than geraniums and marigolds, "it's mostly just perennials now," she said.

Jorgenson hasn't spent much of her own money on the garden. To acquire seeds, she would often trade with fellow gardeners or use some brought up from "the farm."

Contributions have been made by unlikely sources, too. A man who passed the garden on his way to work would occasionally leave her flowers. Also, two fir trees have sprouted from seedlings that had been given to her at the State Fair decades earlier.

The only money Jorgenson plans to spend will be next spring, when she replaces the ground cherries that never came up this year. Over time, Jorgenson has planted a variety of perennials, including Solomon's seal, columbine, bluebells and shasta daisies. "You can't get in there and hoe because you might dig something up," she said with a smile.

None of the other tenants seem to have any problem with Jorgenson's use of common land. An apartment custodian who planted a garden adjacent to Jorgenson's used to joke that the



Nina Jorgenson enjoys the garden she created behind her apartment building in St. Anthony Park, near the Burlington Northern railroad tracks.

two of them had "squatters' rights." Other than one recently stomped-upon plant and a few trees that have been cut down, the garden has remained intact.

Even though the garden is near the railroad tracks and bus routes, visitors can unexpectedly enjoy a bit of respite. Jorgenson, a daily visitor, has positioned three chairs off to one side, hoping to attract and welcome others.

Sitting in one of the metal folding chairs, Jorgenson pointed out a sprinkling of big bluestems, a wildflower found on prairies. While traveling through the

prairies, the trains would apparently pick up the wildflower's windblown seeds. "If the train stops here, it drops the seeds," said Jorgenson, pointing to the nearest track.

Jorgenson is pleased that people appreciate the garden and that neighbors often visit. One woman told her that she would rather visit this garden than a bed of flowers because "with a bed, all you see are irises." With Nina Jorgenson, all one sees is a woman who cares enough about her community to plant it a garden.



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4-H News by Kristina Abbas

Thanks for everyone who came to our September meeting. During the meeting we had two demonstrations.

One member talked about conducting 4-H business meetings and explained how we use parliamentary procedure to help 4-H business meetings flow more easily. Then another member talked about bike safety. We learned about how to make sure your helmet fits correctly and your bike is safe.

We also decided that the October meeting will be a Halloween party. We rotate project meetings and business meetings. Our next meeting will be held Monday October 10 at 6:45 p.m. at Lauderdale City Hall. Hope you can come!

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No bones about it

by Kristi Curry Rogers

Hey out there, No Bones readers. Whew! My husband, Ray, two-year old Lucy and I just flew back into town after 10 glorious days in the field in Montana. Even little Lucy found some of her very own dinosaur bones.

We arrived home just in time to dive into teaching our courses at Macalester College. Each fall semester, I teach a course called "Dinosaurs." As I'm sure you could all predict, I LOVE it.

I always get an incredibly diverse student audience, and as I tell them, my goals for their learning experience don't only include learning all they possibly can about dinosaurs. I want them to learn about science—how it works, what it is and isn't, and how to evaluate good science from bad.

Dinosaurs are a great entry into science education, and I started my course off last week with a little discussion on science. Even though doing science can be an incredibly intricate, complicated and detailed process, understanding what science is and how it works is pretty simple. In these troubled times of vague public perception about how science influences daily life, I thought it might be fun in this week's No Bones to delve into "What is good science?"

First and foremost, science follows a particular set of rules and guidelines, developed by humans to help us understand

and investigate aspects of our world. We follow what is termed "the scientific method," which outlines a process for doing science that involves: (1) formulating testable hypotheses from observations, (2) testing those hypotheses, and (3) either rejecting or accepting the hypothesis.

The key to this process is testability. Science should involve reproducible tests of ideas, so that anyone, with new data or new methods, can take another look at a particular "answer."

Scientists do not try to "prove" our ideas. Instead, we are in the business of trying to disprove our ideas. If our hypothesis withstands a test, we say that, at least for now, it's the best answer we have, given the data at hand and what we know about the world at present.

Scientists deal in facts, not opinions. Facts are generally accepted realities that are, of course, still open to testability.

Scientists (even media-savvy dinosaur paleontologists!) must still subject their results to what is termed "peer review"—the process by which a hypothesis must be approved by a scientist's colleagues and published in an accredited scientific journal.

Sometimes, even scientists violate these "rules," and occasionally the media jumps on ideas that haven't been tested, peer reviewed or published.

Then, at least in the eyes of the public, those ideas achieve the appearance of scientific fact.

For example, think back to the first Jurassic Park movie. Remember the terrible, pack-hunting Velociraptors?

This idea is one that has held sway among a faction of dino paleontologists for years, all because of a discovery in Montana in the 1960s of lots of little "raptor" teeth next to some bones of a big plant-eating dinosaur. An untestable explanation—"pack hunting"—was provided for the assemblage.

In spite of the accumulated evidence of solitary meat-eating dinosaurs—even one spectacularly preserved specimen of a single Velociraptor engaged in a mortal struggle with its prey, Protoceratops—many members of the public and of the dino science community promulgated the myth of pack-hunting, voracious Velociraptors. It may have sounded convincing, but without a thorough scientific

analysis, including all the available data at hand, it's just a story—not science.

I'm off to teach my class. Until next time, be on the lookout for untestable hypotheses whenever you hear the latest dinosaur news. And be sure to e-mail your questions, large and small, about dinosaurs to: krugers@smm.org.

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Moose and Brutus

Linnea Home from 1

age would make renovation too expensive.

Built in 1917, the Linnea Home was originally established as a boarding house for Swedish immigrant women. By the 1960s it had evolved into a care center for the elderly. Ecumen, its parent organization, is affiliated with the Evangelical Lutheran Church in America and is Minnesota's largest provider of services for older adults.

Linnea is one of 22 nursing homes that Ecumen operates in Minnesota and is one of its oldest facilities. Most of Ecumen's other care centers are in out-state locations. It also operates 57 senior housing facilities and serves about 10,000 people through housing, community services and consulting.

Linnea's closing is illustrative of larger trends, Bakkenist said. "Because Minnesota has been a nursing-home-intensive state, we're seeing this drama played out more frequently than in some other places."

She added that Ecumen, formerly called the Board of Social Ministry, was once primarily in the nursing home business but has expanded its range of services in recent years.

"We're transitioning to the next era in services for seniors," Bakkenist said, "and we're trying to figure out what the new model will look like."

That transition is forcing some difficult decisions, she said. "It's very hard to close a facility. This is the first time we've done that."


Dale Armitage, Linnea's administrator, emphasized that they are working hard to ensure a smooth transition for the home's current residents. Ecumen held a Provider Fair for residents and family members to help familiarize them with other options, and the organization is working with Ramsey County and the Minnesota Department of Health on a formal exit plan.

Bakkenist noted that Linnea Home has a number of furnishings and other artifacts that are of historical significance. She said they are working with a curator from the Swedish American Institute to preserve those items. She added that Ecumen hopes the building's exterior can be preserved.

The property at 2040 W. Como Avenue has been listed by the C. Chase Co. of Minneapolis, a commercial real estate brokerage company. Chase representative Sherman Malkerson said the company is marketing the property as a townhouse-condominium conversion project.

Malkerson said a developer would likely try to preserve the building's brick exterior, but that the interior would probably need to be gutted. "The building's horseshoe shape and the front courtyard are very attractive features," he said.

Malkerson predicted that the renovated structure could accommodate at most 20 units. He said that current zoning would permit conversion of the property to townhouses or condominiums, and that a preliminary site review of the property revealed no obstacles to the proposed conversion.



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The Birdman of Lauderdale

by Clay Christensen

My neighbor asked me the other day whether I thought the reported sightings of the ivory-billed woodpecker were fact or fiction. I told him what I thought and he said, "I think you ought to write a column about that. I think people would be interested in your opinion."

My son and I were planning to attend the St. Paul Audubon Society's Warbler Weekend in Frontenac, Minn., over Mother's Day weekend. Because they were having trouble finding speakers for the event, I volunteered to give a talk on one of the two nights.

I gave my crow talk, "In Defense of Crows," on Friday night. It included bringing out a crow decoy from a cage and scattering crow feathers, to add to the illusion of having a live crow as a prop. The talk was well received. There was lots of laughter and some good questions. I was feeling pretty proud of myself... until Saturday night rolled around.

The Saturday night speaker was Jim Fitzpatrick, executive director of the Carpenter Nature Center, in Hastings, Minn. He's rather stocky, balding, with a shaggy gray moustache. He wore a white hooded sweatshirt. At least I had worn a brand new tie for my crow talk.

I thought Jim would give a review of activities at the Nature Center and how we'd all be welcome to come down and visit anytime.

Wrong, warbler breath! Jim's younger brother, John, is the director of Cornell University's Lab of Ornithology. John and his colleagues had been involved in the search for the ivory-billed woodpecker since February 2004, and Jim had volunteered to help in the effort.

Jim showed slides of the Cache River National Wildlife Refuge in northeastern Arkansas, where he had spent most of his vacation time since early 2004. He said he had given this presentation many times before, but that he'd been sworn to secrecy—until now—about the results of the search. Since the news had been leaked to the press a few days earlier, this was the first time he was able to publicly say that they'd found the bird. He was now free to tell the whole story.

I'm sure the whole audience shared the tingle I felt at the news and in anticipation of Jim's talk. That excitement was warranted.

Jim's slides showed cypress trees and stumps in a flooded forest. Navigation by canoe looked pretty dicey, and Jim's description of walking and wading through the swampy, humid muck, sometimes chest deep, was harrowing. The bayou is full of deadly cottonmouth

water moccasins, alligators, huge spiders and other nasty surprises.

Jim was essentially a pack mule for the scientists. One of his jobs was to replace the large batteries on the remote acoustic monitoring equipment strapped to trees to listen for ivory-bill raps and calls. Each morning his group would get GPS coordinates for certain acoustic monitors and then set out by canoe to find and replace the batteries and lug the old ones back.

Sometimes Jim would be the canoeist for a scientist who shot video as they paddled through the bayou. One morning, Jim suggested to the camera-toting scientist that he might have better luck staying in one spot for the day and Jim would come back to pick him up in the afternoon. The guy agreed.

So Jim dropped off the scientist on a spongy, matted hump in the swamp and set off on his own to do some exploring. At lunch time, Jim lodged his canoe against a fallen cypress snag and began to unwrap a sandwich.

Just then a very large woodpecker flew in over the trees into the opening above the pool where Jim sat, then flew along the edge of the bayou before disappearing over the trees on the other side. Jim was stunned. He says he was very sure it wasn't a pileated woodpecker. He had seen white areas on both the upper and underside of the wing in patterns that were definitely not a pileated woodpecker pattern.

After what seemed like long minutes of hesitation and indecision, Jim decided to go after the bird to see if he could get a close up view. He paddled down the bayou but didn't see it again. He returned to his lunch spot, jotted down notes of his

observation and sketched what he had seen, then took a GPS reading of the location.

Jim's sighting was one of 15 or more that happened during the Cornell search of the Cache River area. And now he could tell us about it. What a thrill, and to think I thought I'd wowed the crowd with my crow talk! Fame is indeed fleeting.

I've just finished reading "The Grail Bird: Hot on the Trail of the Ivory-Billed Woodpecker," by Tim Gallagher. Gallagher interviewed everybody he could find who'd claimed to have seen or heard an ivory-billed woodpecker.

In early 2004, he and a friend actually saw an ivory-bill and started the intense search that Cornell helped to sponsor. Gallagher covers the story of Fitzpatrick's sighting with more detail and with saltier quotations than I can use here. It's a very good and compelling read.

So to answer my neighbor's question: I do believe the ivory-billed woodpecker has been rediscovered, brought back from perceived extinction. As Jim Fitzpatrick concluded in his talk, the bird seems to do well in environments where people don't like to go.

And now it's up to us people to figure out ways to protect that environment and prevent putting this magnificent creature on the extinct list for real.

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Saint John's Bible

On October 11 from 6-8:30 p.m. **Carter Ave. Frame Shop** will host Carol Marrin and Tim Ternes of the Saint John's Bible Project. The Bible was commissioned by the monks of Saint John's Abbey in Collegeville and is being produced at a scriptorium in Wales.

The finished Bible will be two feet tall, three feet wide and nearly 1,100 pages, bound in seven volumes. It is the first hand-written and illuminated Bible produced in the last 500 years.

The Frame Shop event will feature full-size reproductions of two volumes, a calligraphy demonstration by Judy Dodds and refreshments. Prints, books, cards and videos will be available for purchase.

Church Centennial

Rose Hill Alliance Church will celebrate its centennial on Sunday, October 23. The 9:30 a.m. service will feature special music, a video and greetings

from former pastors. A dinner will follow the service. Reservations must be made by October 15 (adult \$10, children \$6) by calling 631-0173.

The church began in a one-room schoolhouse at Eustis and Spring Streets in Lauderdale, then moved to Carl and Lone, then to Eustis and Larpeur, and finally in 1968 to its present location near Cleveland and Roselawn.

Garden Club

Castles and Gardens of South England will be the subject of a talk by Charlene Ihrig at the October 4 meeting of the St. Anthony Park Garden Club, held in the meeting room of the St. Anthony Park Library. The business meeting begins at 6:30 p.m. and the program at 7 p.m.

Neighbors for Peace

Como Neighbors for Peace will meet at 6 p.m. on October 10 at Coffee Grounds, Hamline and Hoyt Avenues in Falcon Heights. The topic for discussion is

Jonathan Schell's latest book, "The Unconquerable World," which argues for nonviolent action as means of social change.

All are welcome. For more information, call Dave at 489-1965 or visit www.comoparkpeace.org.

Preschool Activities

The Falcon Heights and Roseville Departments of Parks and Recreation offer "**Wednesday Wingdings**" for children ages 3-5. The one-hour sessions feature crafts, stories and creative play.

Four-week sessions take place Wednesdays from 10-11 a.m. at Community Park in Falcon Heights, and from 5:30-6:30 p.m. at Brimhall Elementary in Roseville.

Sessions run from October 5-26, November 9-30 and December 7-28. Cost is \$27 per session. For more information, visit www.ci.falcon-heights.mn.us or call 792-7616. Registration forms are available online or at City Hall, 2077 W. Larpeur Avenue.

Sales/Benefits

On October 22 from 1-5 p.m. St. Matthew's Episcopal Church (2136 Carter Avenue) will host a **tribal rug sale** to benefit the Partnership for Education of Children in Afghanistan.

Some 100 used rugs of various sizes, made between 1920 and 1960, will be for sale at prices ranging from \$40 to \$650.

Como Park Lutheran Church (1376 Hoyt Avenue) will sponsor a **bazaar and meatloaf dinner** on October 15. Handcrafted items and baked goods will be for sale from 1-5:30 p.m., coffee and tea from 1-3:30 p.m. and dinner from 4:30-7 p.m.

Tickets for the dinner, which includes beverage and dessert, are \$7.50 for adults, \$5 for children under 12 and \$3 under 4. The event benefits the Como Park Area Block Nurse Program.

Holy Childhood Church will hold a **rummage sale** on October 13 from 9 a.m. to 7 p.m. and October 14 from 9 a.m. to noon. The church is located at Pascal and Midway Parkway.

St. Timothy Lutheran Church is selling a cookbook, "Sharing Our Gifts," to benefit the **Habitat for Humanity** relief fund for victims of Hurricane Katrina. The cookbook sells for \$15 and will be available in early December.

Order copies from:
St. Timothy Lutheran
1465 N. Victoria St.
St. Paul, MN 55117

Include a phone number for notification, and "Cookbook for Katrina" on the outside of the envelope and the memo line of the check.

YMCA Camps Widjiwagan and du Nord will hold their annual

fall garage sale at the State Fairgrounds Merchandise Mart from October 12-15. Hours are 9 a.m.-7 p.m. Wednesday-Friday and 9 a.m. to noon for Saturday's bag sale.

More than 250 families contribute clothing, household items, toys, books, furniture, sorts equipment, etc. All proceeds go to the camps.

St. Anthony Park Elementary School will hold a **fall festival/silent auction** on September 28 from 6-9 p.m. The event includes square dancing with Adam Granger's band.

Recreation

Langford Rec Center Basketball registration, October 3-21, ages 6-16.

Seniors meet for cards, coffee, cookies Mondays starting October 3, 10 a.m. to noon. Fee: \$12/year.

Halloween party, October 25, 4:30-6 p.m. for ages 12 and under. Games, treats, costume contest.

Falcon Heights Parks and Rec Classic Clay classes on Saturdays, October 1-22, 10 a.m.-noon.

Acrylic Painting, Thursdays, September 29-October 20, 6:30-8:30 p.m.

Both classes are at City Hall. Cost: \$45 residents, \$50 nonresidents. For more information, call 792-7616.

Discussion Group

St. Anthony Park Library will be a site for **Program Clubs**, a project sponsored by the PBS series NOW. The program consists of study circles, groups

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of 8-12 people from different backgrounds and viewpoints who meet several times to talk about an issue. Groups are led by trained facilitators and discuss topics that have been presented in NOW programming.

A Program Club will meet at the library on three Sunday afternoons (1-3 p.m.): October 2, 16 and 23. Participation is free and open to anyone who signs up in advance. For more information, call the library at 642-0411.

Jazz Club

Florence McNerney, a resident of St. Anthony Park, has formed a women's jazz club for people interested in attending jazz concerts. Anyone interested in joining may contact McNerney at flomcnerney@earthlink.net.

People

St. Anthony Park resident John Berger and his business partner David Emmons recently received the Minnesota Cup, a new award to recognize innovative business ideas. Berger and Emmons were among more than 600 entrants in the statewide competition, sponsored by the U of M, state government and private businesses. Their idea involves a

low-cost alternative for connecting to high-speed fiber optic networks. They received \$25,000 and ongoing support from sponsors.

Carla McHattie, a resident of Como Park and graduate of Central High School, is the top cross country runner at Lewis & Clark College in Portland, Oregon. McHattie was recently named Northwest Conference Runner of the Week, the second time this season she has won that award.

Jennifer Kuhn, D.C., is the newest addition to Holly House Center for Integrated Health Care, 2265 Como Avenue, Suite 202. Dr. Kuhn is a chiropractic kinesiologist with experience in Reike and massage therapy. Her holistic approach to health care combines chiropractic and neuromodulation techniques. Additional areas of training include applied kinesiology, sacro-occipital technique and nutritional counseling.

St. Anthony Park resident Jeffrey Willius is celebrating the 25th anniversary of his creative services firm, Willius Marketing Communications. The firm has won two New Hampshire Advertising Club Granite Awards and an award of excellence from Continental Papers Inc. His writing has been published in Popular Science and many newspapers and trade journals.



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Aging Gracefully by Mary Jo Tarasor

The recent tragedy in New Orleans has been an object lesson in the devastation that is caused when unpleasant facts are ignored. And no one person or party can be blamed, much as we might like to find a scapegoat.

The federal government's lack of readiness to respond has been well documented, but Louisiana officials had put off levee maintenance projects, as had New Orleans municipal government. In addition, some individuals who had opportunities to escape the flood chose to wait until it was too late.

And look at the results! We can't know how the devastation caused by Hurricane Katrina might have been mitigated by a more prepared government and populace. But it would be a shame if we were also unable to learn anything from this

gruesome object lesson.

To wit: Procrastination and denial can lead to disaster. If we ignore what nature has to tell us, we do so at our peril. This is as true for our bodies as it is for the Gulf coast.

Yet how many of us ignore aches and pains, numbness or other pesky symptoms that could be our bodies' way of letting us know something isn't functioning properly? How many of us put off self-care until symptoms become unbearable, only seeking help when we cannot tolerate it any more? How many of us defer preventive care because we are so busy and just can't seem to make the time for it?

One purpose of the St. Anthony Park Block Nurse Program is to help people avoid this kind of procrastination and deferral of health care.

Transportation to medical appointments for older adults, free blood pressure screening clinics and free exercise classes are some of the ways we try to promote self-care.

As the flu season approaches, older adults and those with some chronic health conditions are advised to get flu shots. To help those in our community who need flu shots, we are sponsoring a flu shot clinic at the SAP Library from noon to 2 p.m. on Tuesday, October 25. Screening for pneumonia inoculations will also be available at this time.

To make a reservation for a shot at the clinic, call Mary Hayes at 489-2510. Walk-ins will be served as supplies permit. Flu shots are covered under Medicare Part B, and persons over 65 who have Medicare and/or supplemental coverage should bring their insurance card(s) with them to the clinic.

Some health plans send out coupons or vouchers for flu shots; if you receive one, bring it along to the clinic also. If you are in doubt about whether your insurance covers flu shots, we recommend that you contact your provider prior to the flu shot clinic.

People who work or volunteer in high-risk job settings should consider getting a flu shot also. If this describes you, discuss it at your workplace and find out if it is recommended. For those without insurance coverage, the cost of a flu shot is \$19. The clinic will be held on the lower level of the library, which is accessible through the rear entrance.

There are so many things we have no power to affect in this life, so it makes little sense not to shield ourselves from those we have the ability to avoid. Enough challenges will come our way in life even if we prepare ourselves as best we can—so why not do just that?

The St. Anthony Park Block Nurse Program offers services to older adults and those who care for them. Aging Gracefully is one way we communicate with our community. We welcome ideas and feedback for this column at 642-9052 or sapbnp@bistream.net.

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Readings

Friday, September 30, 7 p.m.
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Poets **Jim Moore** ("Lightning at Dinner"), **Deborah Keenan** and **Jane Hilberry**.

Saturday, October 1, 2 p.m.
Micawber's. **Seth Kantner**, "Ordinary Wolves."

Wednesday, October 5, 7 p.m.
Micawber's. Minnesota Crime Wave with mystery writers **Ellen Hart**, **Carl Brookins**, **Deborah Woodwirth** and **William Kent Krueger**.

Thursday, October 20, 7 p.m.
Micawber's. **Bill Lofy**, "Paul Wellstone: The Life of a Passionate Progressive."

Thursday, October 27, 7 p.m.
St. Anthony Park Library.
Nicole Lea Helget, "The Summer of Ordinary Ways: A Memoir." Reception follows at Micawber's.

Groups

Thursday, October 6, 6:30 p.m.
St. Anthony Park Library.
St. Anthony Park Writers Group. All welcome.

Monday, October 10, 6 p.m.
Coffee Grounds. Como
Neighbors for Peace. "The Unconquerable World" by Jonathan Schell. All welcome.

Monday, October 10, 7 p.m.
Micawber's. **Probers' Book Group**. "Eventide" by Kent Haruf. All welcome.

New Titles

From Hans at Micawber's:
Two new Civil War novels are proving popular. E. L. Doctorow focuses on William Tecumseh Sherman and his march across the

south in "The March." In "The Widow of the South," Robert Hicks focuses on a less-known figure, Carrie McGavock, whose home was turned into a makeshift hospital for soldiers injured in a nearby battle.

This month we introduce a new addition to Wordly Wise. American Life in Poetry is a column by Ted Kooser, America's current Poet Laureate Consultant to the Library of Congress.

AMERICAN LIFE IN POETRY

By Ted Kooser

Emily Dickinson said that poems come at the truth at a slant. Here a birdbath and some overturned chairs on a nursing home lawn suggest the frailties of old age. Masterful poems choose the very best words and put them in the very best places, and Michigan poet Rodney Torreson has deftly chosen "ministers" for his first verb, an active verb that suggests the good work of the nursing home's chaplain.

The Bethlehem Nursing Home

A birdbath ministers to the lawn chairs, all toppled: a recliner on its face, metal arms trying to push it up; an overturned rocker, curvature of the spine. Armchairs on their sides, webbing unraveled. One faces the flowers. A director's chair folded, as if prepared to be taken up.

From "A Breathable Light," New Issues Poetry and Prose, 2002, and first published in "Cape Rock." Copyright 2002 by Rodney Torreson; reprinted by permission of the author. This weekly column is supported by the Poetry Foundation, the Library of Congress, and the Department of English at the University of Nebraska, Lincoln. This column does not accept unsolicited poetry.

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Fri., Oct. 7
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Donations of new & gently used items accepted Sept. 26-30. Bring items to the Care Center (1415 Almond Ave., St. Paul) from 9 AM-9 PM. Please. No large electronics, including TVs, computers, VCRs, & microwaves.

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5:30 p.m., Festival Dinner

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4 PM | LES VOIX HUMAINES
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| MAR. 5
4 PM | VIENNA PIANO TRIO
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| MAR. 26
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Bill Hammond
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Open Mic
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Real Book Jazz
October 3, 8pm

Chris Miller
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Real Book Jazz
October 10, 8pm

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October 13, 7pm

Nigel Egq
October 14, 8pm

Raymond Yates Band
October 15, 8pm

Open Mic
October 16, 6pm

Real Book Jazz
October 17, 8pm

Eric Addington
October 21, 8pm

Trio Tip
October 22, 8pm

Road To Memphis Blues Competition
Sponsored by Greater Twin Cities
Blues Music Society
(www.gtcbms.org)
October 23

Real Book Jazz
October 24, 8pm

Cagley's Roots Music Showcase
October 27, 7pm

Kelly Brightwell
October 28, 8pm

Reed Schilleman & Paul Dahlberg
October 29, 8pm

Ginkgo Coffeehouse

721 N. Snelling Ave., 645-2677

Bluegrass and Oldtime Jam Session
October 26, 7pm

Open Stage
First and third Wednesdays
6pm sign-up

New Folk Collective

Friends Meeting Hall

1725 Grand Ave., 293-9021

David Mallet
October 8, 7:30pm

The Arrogant Worms
October 29, 7:30pm

Visual Arts

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September 25-October 16

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COMMUNITY FOUNDATION**

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651-641-1455 / sapfoundation.org

October Calendar

1 Saturday

• 18th ANNUAL St. Anthony Park Fall Festival, 10 a.m.-4 p.m. CARTER at Como & Milton Square.

• Falcon Heights Elementary Schools read-a-thon begins in October. Students will track their reading minutes, get sponsors, and collect money for the school. This year's theme relates to super-heroes. An artist will be spending a week working with classes to teach cartooning.

• Nocturnal Bowling (612-625-5246), 10:30 a.m.-5 p.m. at the Copher Spot, St. Paul Student Center, 2017 Buford Ave, St. Paul Campus. Every Saturday.

3 Monday

• Seniors Activities: Cards at the Langford Park Rec Center starts today, with ongoing sessions every Monday, 10 a.m.-12 noon. \$10 for the year.

• AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.

• Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.

• Como Park recycling. Every Monday.

• Lauderdale recycling.

4 Tuesday

• Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-12 noon. Every Tuesday.

• Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.

• Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1:15-2:15 p.m.

• Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.

• St. Anthony Park Garden Club, St. Anthony Park Library, 6:30 p.m.

5 Wednesday

• Scrap Booking at Langford Park Rec Center starts today, with ongoing sessions. 6:30-8 p.m., \$1 per session.

• Senior volleyball at Langford Park Rec Center starts today, with 10 sessions. 10 a.m.-12 noon., \$1 per session or \$5 for all.

• Women's Connection, a women's networking organization (603-0954), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.

• Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11-11:45 a.m..

• St. Anthony Park recycling. Every Wednesday.

6 Thursday

• Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m.-noon. Every Thursday.

• Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.

• Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.

• St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 890 Cromwell, 6 p.m.

7 Friday

• Storytime for preschoolers ages 3-5, St. Anthony Park Library, 10:30 a.m. Pre-registration requested, 642-0411. Every Friday until November 18.

• Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.)

• Falcon Heights recycling.

10 Monday

• St. Anthony Park Library will be closed today for staff training.

• Park Press, Inc., Park Bugle board meeting, St. Anthony Park Bank community room, 7 a.m.

• St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.

• Como Neighbors for Peace, Coffee Grounds, 6 p.m.

11 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

• Saint John's Bible Project, Carter Ave. Frame Shop, 6-8:30 p.m.

12 Wednesday

• Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.

13 Thursday

• Como High School Homecoming

Football Game (Como vs. Highland Park) at Central High School Stadium.

• Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.

14 Friday

• Como High School Homecoming Dance, 7 p.m. at Como High School.

17 Monday

• Lauderdale recycling.

18 Tuesday

• Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1:15-2:15 p.m.

• District 10 board meeting. Call 644-3889 for details.

19 Wednesday

• Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11-11:45 a.m.

• Langford Booster Club, Langford Park, 7 p.m.

20 Thursday

• No school for all MN students (MEA break).

21 Friday

• No school for all MN students (MEA break).

• Falcon Heights recycling.

22 Saturday

• Tribal rug sale. St. Matthew's Episcopal Church, 1-5 p.m.

25 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

26 Wednesday

• Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.

• St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 p.m.

28 Friday

• St. Anthony Park Elementary School Fall Festival/Silent Auction, 6-9 pm.

29 Saturday

• Community Dinner at Peace Lutheran Church in Lauderdale (1744 Walnut at Ione) 5-7 p.m. Adults \$6, children (6-12) \$3, children 5 and under free.

Items for the November Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, October 14.

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Noon to 2:00 p.m.
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for an appointment
Walk-Ins also Welcome
Pneumonia Shots Also Available
St Anthony Park Block Nurse Program
In collaboration with MNVA

LIVES LIVED

Milo Krantz

Milo Eugene Krantz, who had lived in Lauderdale since 1937, died Aug. 18, 2005, at the age of 97. He was born Nov. 5, 1907.

Krantz was a quiet man who worked as a freelance artist from 1934 to 1956 and as an artist for Brown & Bigelow Co. in St. Paul until his retirement in 1971. He lived in his own house until the last year or so of his life.

"He was apparently a man of considerable inner strength," said Rev. David Greenlund of Peace Lutheran Church. "He was, in fact, caught shoveling snow off his roof as recently as a few years ago."

Krantz is survived by his daughter, Marsha Krantz, of Lauderdale.

His funeral was held at Peace Lutheran Church in Lauderdale, with interment at Fort Snelling National Cemetery.

was active in the ladies guild and choir. She volunteered at the Red Cross and was active in the Republican Party. She and Orie moved to Florida in 1967 when son William "Bill" Paist became the third generation to own and occupy the Paist residence on Commonwealth.

She is survived by children Shirley (Gene) Boettcher, of Sun City West, Ariz., and William B. Paist (Karen) of St. Anthony Park; grandchildren Lawrence Paist, Corinna Paist Stroming and Mark Paidin; five great-grandchildren; numerous nieces and nephews; and sister Delores Joarnt.

Mrs. Peterson is survived by her daughters, Patricia (Michael) Bohman of Arden Hills and Martha (David) Rice of Walnut Creek, Calif.; four grandchildren, Joseph and Mary Bohman, Jennifer (Jeff) Kreiger and James Rice. She is also survived by a son, Timothy Walther, and his partner, Raphael Nash Thompson, of Brooklyn, N.Y.

Her funeral service was held Sept. 2 at Falcon Heights United Church of Christ, where she had been a member for nearly 50 years. Interment was at Fort Snelling National Cemetery.

Dr. Richard M. Wallace

Richard Wallace died suddenly on Sept. 1, 2005, at the age of 53. He was a resident of St. Anthony Park and taught at Luther Seminary, where he was an associate professor of pastoral care.

Ordained in 1979, Wallace served a parish in Oakland, Calif., during the early 1980s, when the crack epidemic was just beginning. As drugs became more prevalent in that community, Wallace decided to come to Minnesota to study chemical dependency at Hazelden.

In 1992, Wallace became assistant director, and later director, of the Lutheran Theological Center in Atlanta, where he also served as associate director of field education at the Interdenominational Theological Center. He earned a Th.D. from Luther Seminary in 1996 and joined the Luther faculty in 1999.

An active member of the ELCA-affiliated Conference of International Black Lutherans, Wallace believed that African Americans and Africans bring a different perspective to the church. This perspective informed his approaches to teaching pastoral care, domestic violence and addiction.

Wallace earned a bachelor of arts degree from Concordia College in Moorhead, Minn., in 1974 and a master of divinity degree from Pacific Lutheran Theological Seminary in Berkeley in 1979. In 1996, he earned a Th.D. degree from Luther Seminary.

He was a member of the Association for Theological Field Education and the ELCA-affiliated Conference of International Black Lutherans. Among his publications is a recent article entitled "The Development of a Theodicy that Responds to the Suffering of African-American Males."

Visitation was held Sept. 7 at Salem Lutheran Church in Minneapolis. Further visitation and services were held Sept. 10 in Atlanta, Georgia.

—Compiled by Mary Mergenthal

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Bonnie Oxtom

Bonnie Oxtom, a retired Roseville kindergarten teacher, died July 30, 2005, of Alzheimer's disease in Prescott, Ariz. She was 70 years old.

"Miss Bonnie," as she was known to her students, began her career in Roseville in 1957 as a kindergarten teacher. Later she served as the district's kindergarten consultant. She taught at Lexington, Lake Owasso, Lauderdale and Central Park, retiring in 1992.

She is survived by her husband, Michael Georgianni, of Prescott; her mother, Margaret Oxtom; a sister, Penney (Richard) Eliot; and a niece and nephew.

Services were held in Prescott on Aug. 4.

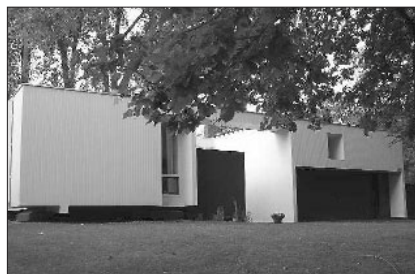
Leone L. Paist

Leone Wagner Paist, longtime St. Anthony Park resident, died on July 20, 2005, at her home in Pompano Beach, Fla., at the age of 100. She lived at 2298 Commonwealth in St. Anthony Park from 1938 to 1967.

Leone was born on August 3, 1904, in Granite Rock Township, Minn. She was raised on a farm near Long Prairie and educated in Swanville, Minn. She was a member of the first graduating class from Swanville High School in 1921.

Leone was employed at Northern States Power Company, where she met her husband, Lawrence B. "Orie" Paist. They were married on May 5, 1938, in St. Paul, and moved to their Commonwealth address, where they lived and raised their two children, Shirley and William. They shared 45 years of marriage before Orie passed away in 1983.

Leone was a member of St. Matthew's Episcopal Church in St. Anthony Park, where she



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- Count the words. A word is numbers or letters with a space on each side. A phone number with area code is one word.
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St. Paul, MN 55108
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Tuesday: 7am - 7pm, Saturday 8am - 3pm

District plan from 1

- Remove invasive species and add native species.
- Create more affordable and high-density housing.
- Promote intergenerational neighborhoods and mitigate "enclaves."
- Expand the Raymond-University commercial corridor farther north.

A revised version of the district plan, one reflecting input from the September 14 forum, will be available on the District 12 Web site (www.sapcc.org) by October 28. A final public meeting will be held November 10, prior to completing the plan and sending it on to the city.

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10:45 a.m. Worship Service, Pastor Bruce Petersen

6:30 p.m. Wednesday Kids' Club, Youth Group, Prayer

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651-646-7127

Handicapped Accessible

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CPLContact ministry 651-644-1897

www.comoparklutheran.org

Sunday Worship Schedule:

8:00, 9:00, & 11:00 a.m. Worship (nursery care provided 8:45 a.m. - 12:15 p.m.)

10:00 a.m. Adult Education and Sunday School

(Holy Communion on 1st & 3rd Sundays)

Rides available for 11:00 a.m. worship;

Call the church office before noon on Friday for ride.

Fall Bazaar and Meatloaf Dinner: Saturday, October 15: 1:00 - 7:00 p.m.

1:00 - 5:30 p.m. Shop for hand crafted items and baked goods.

1:00 - 3:00 p.m. Enjoy coffee and tea!

4:30 - 7:00 p.m. Meatloaf Dinner

Tickets for the dinner are \$7.50 for adults, \$5.00 for children ages 4-12,

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7th & 8th grade confirmation, adult and children's choirs, bell choir, senior high

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Visitation Pastor: Leonard Jacobsen

Director of Music Ministry: Thomas Ferry

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Education: 9:00 a.m.

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10:15 a.m. Aquarian Communion

10:30 a.m. Sunday Service

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Sue Grove, Child & Youth Coordinator

Adult Ed. 8:30 a.m.

Sunday Worship 10:00 a.m., Fellowship: 11:00 a.m.

Nursery care & Sunday School provided - 10:15 a.m.

Sunday, October 2, 10:00 a.m. - Holy Communion

Sunday, October 9, 10:00 a.m. - Mission Trip Sunday / Children's Sabbath

❖ ST. ANTHONY PARK UNITED METHODIST CHURCH

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Pastor Donna Martinson

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Sundays:

10:00 a.m. Worship Celebration

10:20 a.m. Sunday School for 3 years old to 5th grade

11:00 a.m. Fellowship & Refreshments

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Pastors Glenn Berg-Moberg and Amy Thoren, Email: info@saplc.org

Worship: 8:30 and 11:00 a.m.

Education Hour for all: 9:45 a.m.

Minnesota Faith Chinese Lutheran Church 1:30 p.m.

信義教會 星期天下午

❖ ST. MATTHEW'S EPISCOPAL CHURCH

The Rev. Blair Pogue, Rector

Service of Installation - Thursday, October 13 at 7:00 p.m.

2136 Carter at Chelmsford. 651-645-3058

Website: www.stmatthewsmn.org

Sunday Services:

8:00 a.m. Holy Eucharist (Rt. I)

10:30 a.m. Holy Eucharist (Rt II)

4:00 p.m. Prospect Hill Friends Meeting