

Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 31, Number 11, May, 2005

Call St. Anthony Park resident Doug Carlson anything, but he answers only to randonneur

Ironman bicycle commuter is poster boy for Bike Month

by Michelle Carlson

Randonneur: Someone who goes on a long trip by foot or, especially in this case, by bicycle.

A randonneur rides a specified distance, within a set amount of time, alone or with a team, and is self-sufficient—there is no “sag wagon” or support group along the way.

The emphasis is on camaraderie rather than competition, and riders test themselves against the clock, the weather and a challenging route—not to beat other riders.

St. Anthony Park resident Doug Carlson is a randonneur and has been riding with the Lantern Rouge bike team for about 15 years. The team meets every Tuesday evening and Saturday morning to ride a set

route. Tuesday rides start at Merriam Park, covering 30-55 miles, and Saturday rides leave from Castle Elementary School in Oakdale and range from 40-100 miles.

The Lantern Rouge randonneur team started because its members wanted to ride with people who were “friendly and supportive rather than grim and obsessive.”

—Doug Carlson

To train for such long rides, Carlson commutes on his bike to and from his job during the clement months of the year. He has the perfect occupation for such an endeavor. He’s a bricklayer, so he doesn’t have to

change into and out of a suit and parking is not usually a problem. Job sites change, so he gets a change of scenery with each new location, and ride lengths vary.

Carlson has been a pioneer in bike commuting. He started riding in the mid-70s before many others were doing so. He liked the idea of saving fuel, and exercise was a bonus.

Of course, there are the usual questions from his fellow construction workers: “Did your car break down?” “Did you lose your license?” “How far away do you live?” And then inevitably at the end of the day: “You must not work hard enough at the job

Randonneur to page 10



St. Anthony Park resident Doug Carlson pauses after another commute from his block-laying job at the Paul and Sheila Wellstone Community Center in St. Paul.

More recycling changes in store for St. Paul residents

Eureka Recycling moves to weekly pickup

by Dave Healy

On April 22 (Earth Day), Eureka Recycling began making weekly curbside recycling pickups throughout St. Paul. Previously, recyclables—glass, paper, cans, plastic—were collected every two weeks.

For Como Park residents, the change means people can put

“The city set a 50 percent recycling goal for 2005, and we’ve been hovering around 45 percent for years.”

—Susan Hubbard
CEO, Eureka Recycling

out their recyclables every Monday by 7 a.m. In St. Anthony Park, every Wednesday will be recycling day.

The new schedule follows two other recent changes from Eureka. Last October, the company began picking up plastic bottles, and they reduced the number of categories for sorting materials from five (cans, glass, newspaper, mixed paper and cardboard) to two (paper/cardboard and bottles/cans).

According to Susan

Hubbard, CEO of Eureka Recycling, all these changes were implemented to significantly increase the amount of materials that residents recycle.

“The city set a 50 percent recycling goal for 2005, and we’ve been hovering around 45 percent for years,” Hubbard

noted. She said Eureka hopes their new practices will help the city meet and exceed its goal.

Hubbard said that a 14-month study Eureka conducted in 2001 revealed that some people say they run out of room to store their recycling and end up tossing some of it in the trash. The new policy will eliminate that excuse.

“We expect to see a 20 percent increase in the amount people recycle,” Hubbard said.

She added that it will be

Recycling to page 4

Bill Holm to appear in local Peace Concert

Minnesota writer joins Butch Thompson and local musicians

by Judy Woodward

In his photographs, Bill Holm resembles an aging Icelandic bard with flowing white locks and a ruddy, weather-toughened face. Then he opens his mouth. What emerges sounds like nothing less than the words of an Old Testament prophet.

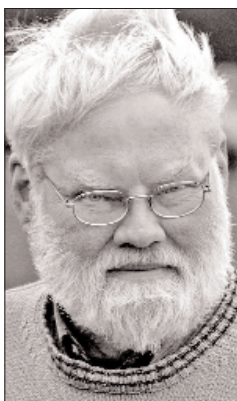
Holm, the award-winning poet and essayist from Southwest Minnesota State University at Marshall, has surveyed the moral landscape of his native land, and he finds it greatly wanting.

“We’ve been beastly and stupid in the amazing number of wars and catastrophes we cause for one another,” he says. “Americans have not been guiltless in the past, and we surely are not guiltless at the moment.”

On Sunday, May 8, Holm and fellow artists Butch Thompson,

Laura Sewell and Thelma Hunter will participate in what Holm calls a “moral event”: two Mother’s Day Concerts for Peace to be held at the St. Anthony Park United Church of Christ.

Sponsored jointly by local chapters of Minnesota Neighbors for Peace and Music in the Park Series, the concerts will raise



Bill Holm

money for the American Refugee Committee in order to benefit war survivors.

This concert says there are more important things than war. There’s more than hatred, mistrust, fear and suspicion. We have to start singing for one another.”

singing for one another.”

Although known more for his poetry and his mesmerizing stage presence, Holm may just mean that literally. “I never know when I’m going to break out in song,” he says with an admonitory edge in his voice.

For the others on the platform, the songs may come more easily. Butch Thompson is a Minnesota musical institution, the man who some say single-handedly revived the ragtime jazz tradition. Cellist Laura Sewell, a St. Anthony Park resident, and pianist Thelma Hunter are both well-known Twin Cities classical musicians. Like Thompson, they have performed frequently with Music in the Park Series.

As for Holm, 61, whether he is declaiming poetry or playing his specialty piano pieces

for the left hand, he’s no newcomer to the rhetoric of protest. “I was an ordinary person demonstrating

against the Vietnam War. I thought that life couldn’t get any more venal, more stupid than that war,” he says. “And then came the last 25 years.”

—Bill Holm

Holm describes the event as a “concert in which we say there are more important things, more useful things than war. There’s more than hatred, mistrust, fear and suspicion. We have to start

Peace Concert to page 8

The June issue of the Bugle will include a special section featuring the St. Anthony Park Arts Festival, which takes place June 4. Advertisers who want to place an ad in this special section of the paper should contact Dan Schultz or Raymond Yates at 646-5369.

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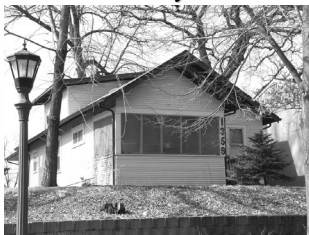
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CITY FILES

Como Park

The Como Neighborhood Garage Sale will be Saturday, May 21. Register your sale by calling the office at 644-3889 or going to the Web site: www.comopark.org.

The Environment Committee is sponsoring a "Tree Trek" on May 21 at 10 a.m. Meet at the Como Pavilion in the Hamm Falls area. This will be a tree identification tour led by committee member Chet Mirocha, a retired plant pathologist. Anyone is welcome and no registration is required.

A children's Arbor Day parade will take place May 7 at Black Bear Crossings on Lake Como for ages 12 and under. The parade starts at 11:30 a.m., with prizes and the Teddy Bear Band at 1 p.m. "From the young will come our future and our forests" is the theme. Trees will be given to all participants.

Falcon Heights

The Farmers' Market opens for the season on May 3 at 2025 W. Larpenteur Ave., behind the Twin

Cities Coop Federal Credit Union. Hours will be 7:30 a.m. to 12 noon on Tuesdays.

The market is run by the St. Paul Farmers' Market, which ensures that vendors sell only what they produce or grow themselves and that all vendors farm within 50 miles of the Twin Cities. This is the third year that Falcon Heights has hosted the market.

Lauderdale

At its April 12 meeting, the Lauderdale City Council approved the contract for Brian Bakken-Heck, new city administrator. He will start on May 2.

There will be a citywide garage sale on May 21. To register a sale and have it located on a citywide garage sale map, contact City Hall at 631-0300 by May 13. There is no charge for registering your sale. To get a map contact City Hall after May 13.

St. Anthony Park

The District 12 Council approved a resolution urging

Sen. Ellen Anderson to press for continued funding for cleaning up Superfund sites—in particular, the Valentine-Clark site, a former wood-treatment plant at 2575 and 2576 Doswell Avenue that is contaminated with hazardous chemicals.

The Minnesota Pollution Control Agency has changed its priorities in light of water-quality program cuts in the governor's proposed budget. MPCA would shift money from Superfund to clean up water pollution from feedlots, septic systems, farm fields and other sources.

Work continues on the second draft of the district plan. That draft is scheduled for completion in July, when another community forum will be held. The first draft of the plan is available on the Community Council Web site: www.sapcc.org.

Results of the April 5 election:

North St. Anthony Park

Delegates: John Dodson, Greg Haley
1st alternate: Matthew Carlson
2nd alternate: Ron Sundberg

South St. Anthony Park

Delegates: Ranae Hanson, Gregg Richardson, Bruce Weber, Patrick Warren
Alternates: Arnold Ramler, Michael Van Kuelen
Business representatives:
Ray Bryan, Raymond Computers
Belinda Escalante, Perfect Little Spa and Salon
Paul Kirkegaard, St. Anthony Park Dental Care
Deborah Kuehl, Luther Seminary
Lisa Nicholson, Salsa Lisa
Ferd Peters, independent attorney
Grant Wilson, U of M

—Susan Conner and Dave Healy

13TH ANNUAL

SOCCER SATURDAY

Saturday May 21st, 2005
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9:00 a.m. 'til Noon

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Mac Mckenzie goes
undercover in the
Twin Cities after
an old friend is
executed in
cold blood

Urban location and Victorian charm mix at Como Park B & B

by Sabra Waldfoegel

Dennis Carter, co-proprietor of the Wynne Inne in Como Park, says that his bed-and-breakfast is impossible to miss from the street.

He's right. The 1886 structure is painted in colors that would have delighted the Victorians: lemon yellow with turquoise trim.

Carter and his wife, Sue, opened their B & B last year just before the State Fair began. Its full name is Crystal Dreams B & B at the Wynne Inne.

Their guests come from all over, Dennis says. Sue adds, "Anniversaries are the top reason."

Inside, the house is decorated with similar Victorian exuberance. The entryway is painted in another bright color, apple green, and furnished with a mix of antiques—a French velvet-upholstered kidney bench from the 1750s, a stand with a painted backplash and lots of mirrors.

"The rule of thumb is one mirror per room," says Dennis. "We have one per wall."

The living room has a huge bay window that looks out over the rail yard. Despite the proximity to the railway, the street is quiet.

The Victorians hated an empty space, and the living room has the Victorian joy in decoration: oversized furniture, knickknacks in the china cabinet and on the mantel, and pictures and mirrors on every wall.

"We went with oversized stuff," says Dennis, "so we felt we could get away with bold colors. They're almost like trim colors."

The effect is cozy and comfortable, a Victorian parlor that makes you want to spend the day in front of the fire.

All three fireplaces in the house—one in the living room, another in the dining room, the third in the guest room

upstairs—are decorated with period tile.

The fireplaces were originally designed to burn coals and likely heated the house. Dennis and Sue have replaced them with gas, but instead of logs the mechanism is masked by heaped coals.

Dennis' background is in food service and Sue's is in property management. When they visited Duluth for Dennis' high school reunion, they stayed in a B & B. They looked around and the light went on, saying to each other, "We could do this."

The Carters planned to buy an old Victorian in the countryside. But after only four months of looking, their real estate agent called to say that this one was the right age, the right



Photo by Sabra Waldfoegel

The Wynne Inne is a new bed-and-breakfast at 1483 Wynne Avenue in the Como Park neighborhood, owned by Dennis and Susan Carter.

shape and smack dab in the city. The house took their breath away and they bought it.

Built in 1886, the house has always been connected to the railroad. The original owner, Herbert R.

Morrison, was a stationmaster for the Great

Northern Railway, in charge of tickets, scheduling and probably payroll.

He was rumored to have been on a first-name basis with the railroad magnate James J. Hill. Morrison spent \$5,000 on the house, a substantial sum at the time.

Two doors down are other houses with a railroad past. According to Dennis, "The second house from this one was supposed to be a rooming house for railroad crews. The house next to it is the only house on the block set to the rear of the property. It was the servants' quarters. They took care of all

three houses."

The Morrison house needed restoration. The woodwork had been painted with lead paint that had soaked so deep into the pine that it couldn't be removed. The Carters had new woodwork

Como B & B to page 6

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E D I T O R I A L

Making room for bicycles

"Every time I see an adult on a bicycle I no longer despair for the future of the human race."

—H. G. Wells

Is there room in the modern world for bicycles? Sales figures would seem to suggest so. According to the National Sporting Goods Association, Americans buy about 18 million bikes a year. Including accessories, the biking industry accounts for some \$5.5 billion annually.

In a world where machines grow daily more complex and incomprehensible, the bicycle remains a model of elegant simplicity. The transfer of energy from legs to pedals to chain to wheels is the sort of practical physics lesson that anyone who has piloted a bike understands intuitively.

Most of us don't know how a car works, or a computer, or a cell phone, or most of the machines on which our lives increasingly depend—nor do we have a clue how to fix them when they break down. But a bike—that you can do something with.

The bicycle's simplicity, however, is not merely mechanical. Riding a bike in the 21st century is an exercise in civility, as the novelist Iris Murdoch understood: "The bicycle is the most civilized conveyance known to man. Other forms of transport grow daily more nightmarish. Only the bicycle remains pure in heart."

Purity of heart, some might say, is a rather grand notion to associate with pedaling a two-wheeled contraption whose ancestor was called the "boneshaker." Certainly it's one that most bike riders are unlikely to ascribe to themselves. When you get on a bike, you're not looking to engage in philosophical reflection or self-analysis. You're interested in getting from point A to point B.

Mostly, perhaps, but not always entirely. While you might use your bike to get to the store or to school or to work, you might also use it to get . . . nowhere in particular. You might, in other words, just decide to go for a bike ride.

Bicycling has become a form of recreation, a development that has spawned knobby tires and trails and cycling clubs and events like the St. Paul Classic Bike Tour, held every September. Such biking is nonutilitarian. The object is not a destination but a journey. And a bike proves a particularly hospitable means of journeying.

One reason for this is that traveling by bike engages you with your surroundings. The pace enables one to notice things that automotive travel reduces to a blur. An unenclosed bike seat exposes the rider to wind and weather. The self-propelled bicyclist is forced to remember at every moment that the earth is rarely flat.

As Hemingway put it, "It is by riding a bicycle that you learn the contours of a country best, since you have to sweat up the hills and coast down them. Thus you remember them as they actually are, while in a motor car only a high hill impresses you, and you have no such accurate remembrance of country you have driven through as you gain by riding a bicycle."

Though modern life is dictated by the motor car, and though in America our ultimate rite of passage is acquiring a driving license, still the bicycle remains our first great agent of liberation. Put a kid on a bike and she can go anywhere—a fact that fills children with exhilaration and parents with anxiety.

But it's not just kids who are liberated by bikes. In 1896, Susan B. Anthony had this to say: "Let me tell you what I think of bicycling. I think it has done more to emancipate women than anything else in the world. I stand and rejoice every time I see a woman on a wheel. It gives a woman a feeling of freedom and self-reliance."

Over a hundred years later, we are perhaps less likely than Anthony was to see the freedom and self-reliance of bicycling in gendered terms. But we are no less in need of emancipation.

The freedom we require is from the tyranny of the internal combustion engine and its attendant ills: endless parking lots and polluted air and a growing subjugation to the politics of oil. Freedom from the conviction that we must travel ever faster and ever more insulated from our surroundings. Freedom from an economy and a culture and a way of life that privileges speed, comfort, isolation, distraction.

Is there room in the modern world for bicycles?

That depends on whom you ask. For some motorists, the bicyclist is an annoyance, a usurper of space that drivers believe is theirs. They're happy as long as cyclists keep to sidewalks and trails. But try to use what they see as "their" roadways and you're likely to get a rude horn blast or your wheel clipped.

"Get a bicycle," said Mark Twain. "You will certainly not regret it, if you live."

Thank you Lauderdale

On March 20, Peace Lutheran Church in Lauderdale organized a door-to-door food drive for local food shelves and collected over 700 pounds of food.

On behalf of everyone at Peace Lutheran, thanks to the community for your generous support.

Jeff Nelson
Roseville

Corrections

Some contact information listed in the April issue of the Bugle was incorrect. Please note the following corrections:

Angie Bengtson, program assistant for the Refugee Mentoring Program at the International Institute of Minnesota, may be reached at the following e-mail address: abengtson@iimn.org

The phone number for the Perfect Little Spa and Salon is 645-7655.

The phone number for house cleaning by Mary Miller is 763-789-7560. Her classified ad appears under Home Services.

Thanks to these and previous contributors for making the Bugle's 2005-06 fund drive a success

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Christine Elsing and
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Recycling from 1

especially important for residents to set their materials out by 7 a.m. on recycling day, since routes will be changing and trucks may be coming through a given neighborhood at different times than people are used to.

Hubbard said that Eureka's contract with St. Paul is based on how many tons of materials they collect. Because the new policies will result in more materials collected, what the city pays Eureka will increase. To cover these costs, in 2004 the city raised the annual recycling fee for

residents from \$22 to \$24. Hubbard stressed that despite this increase, St. Paul's program costs less than any other in the metro area.

This may not be the last recycling change St. Paul residents will experience, according to Eureka's Tim Brownell. He said that plans are underway to eventually add curbside collection of organic material—food scraps and the like, which comprise almost 20 percent of what households now put in the trash.

Eureka Recycling is a nonprofit, community-based organization that has partnered with the city of St. Paul for nearly two decades in recycling and waste reduction.

Besides its curbside pickup program, it operates the Twin Cities Free Market (www.twincitiesfreemarket.org), a Web site that enables people to exchange serviceable items they no longer need. It also conducts composting workshops and other educational programs.

Park Bugle

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The Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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St. Anthony Park Community Foundation announces grants

by Dave Healy

Thirteen nonprofit organizations serving the St. Anthony Park area were recently awarded grants totaling more than \$18,000 by the St. Anthony Park Community Foundation, bringing its six-year grant total to more than \$100,000.

Greta Gauthier, Grants Committee chair, said, "To be able to make a difference to this many neighborhood groups is really gratifying. I wish we could have met the needs of all 17 applicants."

"The people of St. Anthony Park know what it takes to make a healthy neighborhood," said Jon Schumacher, executive director. "The need is great but the organizations receiving this year's grant awards are doing a great job of creatively filling the gaps caused by government budget cuts to the most critical areas."

Contributions to the foundation have increased every

year since its creation in 1998. The organization recently signed an affiliation agreement with the Saint Paul Foundation to help increase its ability to support the growing needs of nonprofits and the community as a whole.

Julie Causey, Foundation chair, is optimistic about the future.

"Our community will do what it takes to keep our schools and other critical institutions strong," she said. The challenge for us is to lift up those problems that haven't found solutions yet, like school funding, senior housing or growth in our community's business districts. Solving these complex issues is key to our future as a viable community."

This year's grant winners:

Community Child Care
\$500 to pay for curriculum enhancement and technical equipment.

Episcopal Homes of

Minnesota - \$1,000 programming grant for a new senior transitional care unit.

Hampden Park Co-op
\$250 to help create a seating area to enhance social interactions among community members.

Murray Junior High School
\$2,500. \$500 to purchase instruments for the jazz band and \$2,000 to support scholarships for the Wolf ridge Environmental Learning program emphasizing leadership and cultural understanding.

Music in the Park Series
\$1,000 to help support the Family Music Series and musical outreach to local schools.

Neighborhood Recycling Corporation - \$500 for a District 12 forum on environmental concerns and solutions.

St. Anthony Park Block Nurse Program - \$2,000 to increase outreach activities to area senior citizens.

St. Anthony Park Co-op

Preschool - \$500 for play equipment.

St. Anthony Park Garden Club - \$500 to help remove invasive woody plants from private land.

St. Anthony Park School Association - \$5,000 for arts enrichment programs.

St. Anthony Park Supervised Study and Tutoring Program
\$2,000 to pay for computer equipment, software and teaching materials to help tutor children of lower-income African immigrants.

St. Anthony Park United Methodist Nursery School
\$500 for play equipment.

St. Paul Vocal Forum
\$2,000 to help pay for staff and performers to expand operations and broaden musical scope.



Tutoring program serves African children

by Dave Healy

One of 13 organizations that received a 2005 St. Anthony Park Foundation grant, the St. Anthony Park Supervised Study and Tutoring Program serves children from Eritrea, Ghana, Kenya, Nigeria, Uganda and the U.S.

The program began in 1995, when Beatrice Garubanda, a Ugandan immigrant, started working with children in her home to enhance their academic performance and keep them from getting involved in delinquent activities. Since 1997, the program has been housed at St. Matthew's Episcopal Church, 2136 Carter Avenue.

Garubanda has been a member of St. Matthew's since 1979. In 1998, she was formally

recognized as the minister for refugees, international students and immigrants at the church, an unpaid volunteer position.

The mission of the program is to provide a safe, caring environment for the children of African refugees and immigrants, and tutoring to help them improve their academic skills and performance in school. The ultimate goal is to prepare them to continue on to higher education. Currently the program serves 14 children, ages 5-17, two evenings per week, with two hours of tutoring and a half hour for a hot meal. Most children are from low-income families.

St. Matthew's provides space and utilities, as well as a contribution toward food costs. The church also provides many of the volunteers who staff the program. Current volunteers include high school and college students, a video producer, an accountant and a librarian. Garubanda provides transportation for the children, using her family's van.

The \$2000 grant will enable the program to purchase computer equipment, software and instructional materials.

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St. Anthony Park Neighbors for Peace

Monthly meeting (all are welcome):
Tuesday, May 17, 7 pm
Marilyn Benson and Tim Wulling's home
1495 Raymond Avenue, 651-644-6861

No Child Left Unrecruited: Personal Rights and the Military

A neighborhood conversation about military recruiting, the draft, and alternative service

Tuesday, May 3, 2005 7 pm
Location: St. Anthony Park Lutheran Church
(2323 Como Avenue West, across from Speedy Market)

Moderator: Reverend Ted Bowman

Draft counselors:

John Martinson, Twin Cities Friends Meeting (Quaker)
Don Olson, Veterans for Peace

Let's talk. Bring your questions.

Check our web site at www.ParkPeace.org
and our resource folder at the
St. Anthony Park Library reference desk.

elle

s a l o n

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2095 COMO AVENUE AT CLEVELAND & RAYMOND

Como B & B from 3

constructed to replicate the original. When they took down the woodwork, the walls began to crack, so they fixed the walls. In so doing, they discovered that the house needed insulation. It took more than two years to get everything into shape.

As they restored, they also furnished. "I used to think that antiques were for people who needed to get a life," says Sue. Dennis quips, "People who have a life need to get antiques."

There are three books on their living room coffee table: a guide to Minnesota B & Bs, the Holy Bible and Schroeder's Antiques Price Guide.

The Carters are both collectors who love beautiful things from the 1800s. The house has an eclectic mix.

The earliest piece is an English washstand from the 1650s, damaged by being turned into a TV stand. The latest piece is a family heirloom, a 1910 Arts and Crafts sideboard.

Most of the furniture dates from the mid to late 1800s, the same period as the house, with some newer accents. Sue calls it a mix of antiques and "newtiques."

Upstairs, they have a guest suite and an overflow bedroom. The guest suite has a tiled fireplace, a bed with an ornate carved French headboard from the 1850s and a tabletop



Photo by Sabra Wadlagel

The Wynne Inne dining room has one mirror per wall.

fountain that makes a calming sound.

The B & B is close to the Fairgrounds, fulfilling Dennis' "lifelong dream to live close enough to walk to the fair."

It's also within earshot of Saints games in the summer. When the windows are open, Dennis says, "we can hear the Saints games from here. They announce how many trains went by during the game. At the end

of the game they announce "St. Paul 4, Fargo 3, trains 3."

There are many B & Bs in the countryside, or in quaint small towns, or in historic urban areas. There aren't too many in a Victorian railroad manager's house that still overlooks the rail yard and manages to be cozy and peaceful at the same time.

For anyone whose idea of home is a Victorian parlor, the Wynne Inne is the right place.

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HHH Job Corps Center students keep busy in April

by Dave Healy

April 15 was a busy day for the Hubert H. Humphrey Job Corps Center, located at Snelling and Arlington Avenues in the Como Park neighborhood.

During the day, about two dozen students helped with buckthorn removal along the banks of the Minnesota River in the National Wildlife Refuge. Volunteers trimmed, sprayed and removed buckthorn, an invasive nuisance shrub that threatens other natural growth in the refuge.

The evening of April 15, the Job Corps Center hosted an educational forum aimed at providing young people exposure to colleges that have historically



Photo courtesy of HHH Job Corps

served African-American students. The event was held at the Minneapolis Parks and Recreation Board's Green Central Gym.

The event began with an educational outreach hour that included information booths. This was followed by drill team demonstrations by the Sabathianites, a local drill team, and by the HHH Job Corps' newly formed drill team.

Next was a guest panel of speakers representing the featured educational institutions. The evening concluded with an awards ceremony for individuals and groups that have provided leadership in advancing educational opportunities for African-American young people in the Twin Cities area.

Earlier in April, four Job Corps trainees in the painting/wallpapering field provided finishing touches on the new Como Park Zoo and Conservatory store. And on

April 16, another crew of Job Corps volunteers assisted with cleanup activities at Como Park. Volunteer work on April 15 and 16 was part of National Youth Service Day. HHH students joined volunteers from 122 Job Corps Centers around the country.

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What's cookin' in south St. Anthony Park?

Two restaurants open on Raymond Ave.

by Judy Woodward

Nutritionists say the most important meals of the day take place before the dinner hour. Morning is the time for serious eating, say these experts. That's when your body still has an opportunity to burn up all those calories that might otherwise weigh you down if consumed at night just before you slip into well-fed slumber.

If it's true, then the hungry risers of south St. Anthony Park are in luck. They now have two fewer reasons to skip breakfast and lunch.

At the Raymond Avenue/Territorial Road intersection, one new restaurant has opened and another is getting ready for a summer debut. Neither dining spot has plans to serve dinner, but the management of both places is confident that the pleasures of their daytime offerings will make up for the lack of an after-five menu.

Occupying the former site of Chef's Taverna on Raymond Avenue is Jay's Café, a neighborhood eatery whose focus, says owner/chef Jay Randolph, 47, is "straightforward, honest food."

Jay's, which opened in February, has a breakfast menu that features several kinds of eggs plus something called "the Waffle," a daily creation. The lunchtime menu includes sandwiches, tamari noodles, salads and pizza with interesting toppings like homemade sausage and Asian BBQ chicken.

Randolph says the menu will change depending on the season and his culinary preoccupations at the time, but his current specialty is what he calls the "pastie of the day."

"I'm really enjoying it now," he says. "It's normally a half-moon with heavy dough" found in many cultures. "Our take is to roll the ingredients in a big piece of pie dough. Then cut the ends off so you can see what's inside. That way, you still get a wonderful crust without feeling as if you've eaten a dough ball."

Jay's Café is Randolph's debut as a restaurant owner, but he's far from a novice in the food business. For 25 years, he's been cooking other people's meals in settings as diverse as the Green Mill,

local country clubs and the elegant 510 Restaurant in Minneapolis. Most recently, he worked as an executive chef for corporate headquarters at companies like Land o' Lakes and Medtronic.

In those positions, he supervised a staff of 50. He now runs Jay's Café with eight people, including his wife, Jennifer, who lends a hand when she can spare time from caring for the couple's three-month-old son.

The biggest difference between his present life and his corporate career, Randolph says, is that "now I get to touch everybody. I get to know employees and the customers. And I'm able to have total control over what kind of good food gets made every day."

As a pro in the business, Randolph knows the dismal statistics about restaurant longevity. Most restaurants fail within the first two years of operation. He remains undaunted, a state of mind that can only be attributed to a serious love for what he does.

"There's a love of serving people," he admits. And, he adds, those lucky days when the food, the setting and the staff are perfect and the customers are all perfectly satisfied can keep him going for the rest of the year.

There's a more elemental bond, as well. "The food grabs ahold of you," he says. "Sharing food with people creates a bond. It's hard to walk away from that and say I'm going to build widgets instead."

Jay's Café is at 791 Raymond Avenue. It's open from 7 a.m. to 3 p.m. Tuesday through Saturday. For more information, check their Web site (www.jays-cafe.com) or call 641-1446.

Meanwhile, around the corner from Jay's at 2386 Territorial Road, Atiki's has built a thriving catering business that provides gourmet meals to the many private jets that touch down at local airports.

This spring, co-owners Kristen Wasylczyn and her husband, Hassan Elatiki, will begin offering home-cooked box

What's cookin' to page 21

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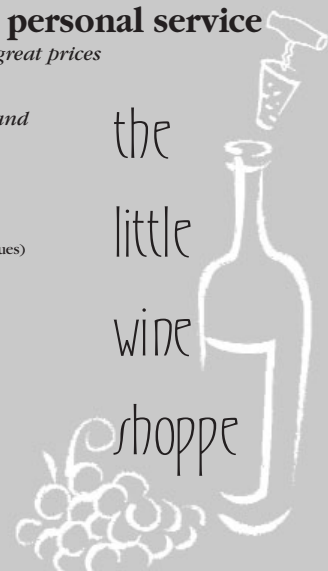
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Coffee Grounds to host May 3 peace benefit

On May 3, Coffee Grounds, 1579 Hamline Avenue, will host "Cuppa Peace," an evening of music, coffee and talk to benefit the Nonviolent Peaceforce, a Twin Cities-based, international, nongovernmental organization whose mission is to build an

unarmed civilian peacekeeping agency.

The Nonviolent Peaceforce is operating a pilot project in Sri Lanka and exploring a second project in several other conflict areas.

The event features music by

folksinger Rachel Nelson and a talk by Como Park resident Mel Duncan, executive director of the Nonviolent Peaceforce.

For more information, contact Natalie Brenner (612-871-0005) or visit www.nonviolentpeaceforce.org.

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Peace Concert from 1

Holm sees important differences between anti-war thinking of the Vietnam era and now.

"We thought then that the Vietnam War was a kind of anomaly," he says. "It was wounding to American idealism. There was a deliberate naïveté."

Butch Thompson says that feelings of frustration prompted him to come up with the idea of a peace concert, and he stresses that the concert is not intended as a "political event."

Thompson may not wield Holm's rhetorical bludgeon, but his convictions are no less deep for being quietly voiced. "I don't like this war," he says. "The current administration's policies are not mine."

When Thompson got the idea for a benefit concert, he knew the right people to contact for help.

"I really like the people involved in Neighbors for Peace. They're protesting the right way, because they're not out to insult and alienate the other side. I'd rather do something positive. It's easier to be negative, but it's not

going to accomplish anything."

St. Anthony Park resident Regula Russelle is a member of the local chapter of Minnesota Neighbors for Peace, a grass-roots organization formed during the build-up to the war in Iraq.

Membership in the St. Anthony Park group, she says, peaked at about 400 during the intense days just before the March 2003 invasion of Iraq.

Active participants nowadays are down to a steadfast core of 14 or 15, but Russelle is undismayed.

"Our objective is to bring about a culture of peace," she says. "We're feeling our way as we go. We're interested in dialogue and in building bridges. That's true here in the neighborhood, and true in the way we'd like to have our country be involved in international affairs."

Julie Himmelstrup, artistic director of Music in the Park Series, had also considered the idea of promoting a peace benefit concert, and her organization agreed to handle the logistics of the upcoming performance.

Thompson says there will be "all kinds" of music at the

concert, from ragtime to classical, including a special version of the old gospel classic "Ain't Gonna Study War No More."

Holm plans to read poems about "war and public life and community." He describes some of his poetry as "funerary monuments," noting, "You don't want to be a character in my books because you have to be dead to be there."

If Holm shows a more than passing concern with mortality, it may be understandable. He is recovering from recent heart surgery, having "dodged the bullet 13 years ago" when he suffered his first heart attack. He calls himself "an old guy with bad habits who loves cigarettes."

He sees himself as the embattled bearer of tidings that some Americans would prefer not to hear.

"My job is to bring news of civilization," he says. "Anybody who goes outside the United States must have some idea what we look like to others. It can't cheer them up."

His advice? "Don't listen to Karl Rove. Listen to anybody looking at us from across the room. Stay close to the border."

Holm regularly takes his own counsel. He spends his summers in Iceland, the land of his ancestors, where things seem "sane, decent, quiet and civilized."

Although he professes not to have much hope for the future, "not in the long run—or the short run either," his natural ebullience makes him unsuited to despair.

"I love the world—music, friends, poetry," he proclaims. "I love my life and I intend to go on living it."

The May 8 Concert for Peace will offer performances at 3 and 7 p.m. at St. Anthony Park UCC, 2129 Commonwealth Avenue, with a reception to follow the concerts.

Tickets are \$25, of which \$20 is a tax-deductible contribution to the American Refugee Committee. Tickets may be ordered from Music in the Park Series, 2255 Doswell Avenue, Suite 201, St. Paul, MN 55108.

Tickets will also be available at Micawber's Books and the Bibelot Shop in St. Anthony Park. For more information, call Music in the Park Series at 645-5699.

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Local art galleries serve diverse interests

Focus ranges from local to international

by Natalie Zett

Art-loving Bugle readers have a wealth of galleries available in the immediate neighborhood. Natalie Zett visited three of them recently.

Midway Contemporary Art
3338 University Ave., Suite 400
612-605-4504
www.midwaycontemporaryart.org

Midway Contemporary Art, previously located at 2500 University Avenue, supports emerging and under-represented local, national and international artists. Still on University, but

from a young, emerging, Berlin-based artist. It's her U.S. solo debut."

Rasmussen noted that some of the first funding they received was from the St. Anthony Park Foundation and the Boss Foundation.

Rasmussen is optimistic about the gallery's future. Midway Contemporary Art recently received a two-year grant from the Warhol Foundation, the largest they've received so far. It will enable them to fund a second staff position.



John Rasmussen

"What's really awesome is that of the 12 groups funded, three were from Minnesota," Rasmussen said. "That really speaks to what's going on in the Twin Cities art scene."

He added, "We see ourselves as a launching pad for emerging artists, but we also work with

now located across from the KSTP building on the 4th floor of the Art and Architecture building (where they've been since last year), the gallery is coming up on its five-year anniversary.

John Rasmussen and John Ballinger, who met when they were students at Bethel, co-founded the gallery.

"We wanted to incorporate—not just local artists—but a national and international kind of venue," said Rasmussen. "That's continued throughout the four years we've done programming. For example, this show we have now (Michaela Meise: Monument Minor) is

artists who have more of a track record. In those cases, the encouragement is more toward innovation and diversity. We are interested in artists who are exploring new media. The shows we bring in are examples of rigorous work from artists who are very serious but also very experimental."

Raymond Avenue Gallery

761 Raymond Ave., 644-9200

"I love New York, so what am I doing here?" said Joseph Brown, artist and owner of Raymond Avenue Gallery. The building houses his work as well as several

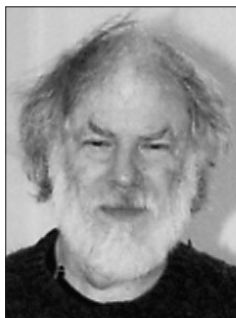
one-person or group shows per year, plus a continuing exhibition of gallery artists.

Since 1985, Brown has been the director/owner of this gallery and has provided a home for artwork that is often characterized as "craft."

"I wanted to provide a space for people doing this type of work—something besides art fairs," he said. "I've had potters, basket makers, and there's even a show of someone doing duct tape art in fall. A lot of the artists are faculty from the U."

Brown recalled his struggles as a student at the U years ago.

"When I was in school, I would make stuff that some of the professors would disdain. They'd call it 'craft.' So I made



Joseph Brown

sure that water poured into one of my cups leaked out. That way it wasn't functional and it wasn't craft."

Brown shrugs off labels now. "I make stuff that I want to make, and it's not always pretty. This is not a shop. I've never made money on it and never will, but I hope it gives artists a place to present their work."

Due to his early experiences

Local galleries to page 12

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Randonneur from 1

to be able to ride (sometimes up to 25 miles) at the end of the day."

"On the other hand, they're able to do overtime after a day of work," Carlson says with a wry smile. He knows they wish they could ride like him, too.

He's had a bit of help from some people he's worked with. One man picked him up each morning on the way to their job in Farmington. Then Carlson would ride the 30 miles home at the end of the day.

Often he rides the bus in the morning and then bikes home after work. The job he is on now, at the Paul and Sheila Wellstone Community Center, is about eight miles from his home, so he takes a longer route home in order to get enough miles in.

Carlson is originally from Bridgeport, Connecticut, but has lived in Minnesota since he came here for college at Bethel College (now University) in 1966.

He lived in Merriam Park until last year, when he and his wife, Marcia, moved into his new house on Eustis Street, where he did the block and brick work for the entire three-unit building.

He and Marcia have two grown children. His son, Luke, rides and so do his grandchildren.

Carlson has fulfilled his desire to ride in other ways besides commuting. When his son played football for Bethel, Doug rode to each of the MIAC venues once in the course of the year. (That included trips to

Northfield, Collegeville and even Fargo-Moorhead—in two days, of course).

He has taken part in the Ironman Race, ridden in the Trout Lake Camp Charity Ride and two charity bike rides (of 250 miles) in Israel, raising at least \$3,800 for the Edinburgh Medical Missionary Hospital in Nazareth each time.

The Lantern Rouge team started because its members wanted to ride with people who were "friendly and supportive rather than grim and obsessive," says Carlson. They wanted to race as a team rather than against each other, and wanted routes that were "good, hard workouts but not hammerfests," according to their newsletter.

The group is hosting a series of brevets (timed rides) this spring and summer: a 200k ride to El Paso, Wisconsin, a 300k ride to Menominee, a 400k ride to Eau Claire and a 600k ride to Neillville.

The rides are open to anyone, and riders are given brevet cards that will be signed and stamped at each checkpoint along the way. Then anyone who is a randonneur will have his or her results registered with the national organization if they finish within the time limit.

Doug Carlson and his fellow bicycling commuters have learned that there are many reasons to ride a bike instead of drive a car. As stated in "Sharing the Road," a report by Transit for Livable Communities, 40 per cent of all

trips we make are less than two miles, and 28 per cent are less than one mile, yet 75 per cent of trips less than one mile are made by car.

Bicycle commuting saves money on gas, parking and wear and tear on one's car as, well as reducing pollution and traffic congestion.

According to the Metro Commuter Services Web site, riding even one day a week can reduce commuting costs by up to 20 percent, and bicycle transportation in the United States saves an estimated 700 million gallons of gas annually.

The health benefits include weight loss; lowered rates of heart disease, diabetes and high blood pressure; greater stamina; and stronger bones and muscles.

In the Twin Cities there are many supports available to bikers—lots of trails, bike racks on buses, lockers that can be rented by the year or by the season and even a Guaranteed Ride Home program.

This program provides two \$25 coupons every six months to anyone who walks, rides the bus, carpools or bikes to work at least three days a week. The coupons are free and available by filling out a registration form; they can be used to take a bus or cab in event of an emergency.

The month of May is designated as Bike Month, May 16-20 as Bike Week and May 19 as Bike Safely to Work Day. On that day Bicycling Magazine will give away 50 bicycles to metro area residents who will win them by writing about their experiences riding to work.

For more information about bicycle commuting, randonneurs or recreational biking, these Web sites may be of interest:
www.bikeped.org
www.metrocommuterservices.org
www.mnsbac.org
www.rusa.org
www.bikeleague.org

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Plants, hardware make a match

Rush Creek Growers supply Park Hardware

by Mary Maguire Lerman

Four summers ago, Park Hardware owner Dave Kerr learned that his regular vendor was going to discontinue providing plants to smaller businesses. Then he learned about Rush Creek Growers, operated and owned by Vicky Weis and Suzanne Baker, a wholesale company committed to helping smaller, independent businesses. They also sell retail at the St. Paul Farmer's Market.

Weis and Baker are sustainable growers who employ biological pest controls while producing their plants. Their plantings grace Minneapolis parks, and last year they provided the stock for plantings along "Eat Street"—Nicollet Avenue from Grant to 29th Street in Minneapolis. This year they are creating two hundred hanging baskets for Eat Street and the Minneapolis Uptown business area.

Since 2001, St. Anthony Park shoppers have been able to purchase Rush Creek plants in their own neighborhood. Kerr said he enjoys doing business with Weis and Baker because "Rush Creek always has all of the hard-to-find varieties."

Each day during the growing season, the Rush Creek Growers truck leaves the greenhouse operation in Spring Valley, Wisconsin to deliver stock to garden centers in the Twin Cities metro area. It is not unusual to find neighborhood gardeners on their cell phones calling each other when they see the Rush Creek truck unloading at Park Hardware. They may even help unload in order to get "first pickings."

One of Rush Creek's recent plant additions is now a favorite of mine. Known as Toothache Plant (*Spilanthes oleracea*), its glossy leaves are topped by flowers that look like maroon and gold gumdrops. Its common name comes from the fact that if you chew on the leaves, you get a mild numbing of the tongue, similar to what occurs with a Listerine strip.

If you need a large quantity of a specific plant, Park Hardware can order entire flats. Special orders should be placed as soon as possible.

Rush Creek Growers started with a 3,000-square-foot greenhouse in 1995 and has grown to 20 greenhouses covering 3/4 of an acre. Weiss and Baker are both from Wisconsin.

Baker has a degree in horticulture from the University

of Wisconsin-Madison. Before joining forces with Weis, she worked for 20 years in greenhouse and horticulture operations. Later she started a business providing fresh cut herbs and flowers to restaurants, eventually expanding into bedding plants. When through a mutual friend Weis heard about Baker's decision to start her own bedding plant operation, the two arranged a meeting and decided to join forces.

With Rush Creek Growers, Baker concentrates on selecting and growing plants, while Weis focuses on customers, marketing and bookkeeping.

What can you expect to see at Park Hardware this season? Starting in late April you'll find a wide selection of cultivated varieties of pansy and viola, snapdragons and specialty lettuce mixes. Once the soil warms, look for annuals from A (*alyssum*) to Z (*zinnias*).

After graduating in social work, Weis worked as a social worker, ran a restaurant in Nashua for several years and raised sheep and angora goats.

Yet she

was always a gardener at heart, and drove 70 miles each year to the Winter Greenhouse in Wisconsin, where a wide selection of plants awaited her. Now she and Baker offer a similar selection of plants on a wholesale basis.

What can you expect to see at Park Hardware this season? Starting in late April you'll find a wide selection of cultivated varieties of pansy and viola, snapdragons and specialty lettuce mixes.

Once the soil warms, look for annuals from A (*alyssum*) to Z (*zinnias*). Watch for the huge selection of custom-grown coleus in a rainbow of colors. "Tilt a Whirl" coleus is Kerr's favorite, so he's ordered several flats to make sure that this year he has some for his own garden. He'll also have many varieties of hanging baskets in a range of colors for both sun and shade.

In addition to flowers, check out heirloom tomatoes, artichokes, kale, basil and other goodies for your vegetable garden. Late last October I saw a unique combination of "redbor" and "dinosaur" kale mixed with ornamental grasses and fall-blooming perennials and annuals in the containers on windy Michigan Avenue in Chicago. What a display!

Take heart gardeners. The growing season is upon us. Hoe! Hoe! Hoe!

And remember, this is the year for the St. Anthony Park Garden Tour. Volunteers have already been long at work organizing the tour, scheduled for Saturday, June 25. Look for more information in the June issue of the Bugle.



Suzanne Baker and Vicky Weis, founders of Wisconsin-based Rush Creek Growers, distribute plants to Park Hardware in St. Anthony Park.



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Local galleries from 9

and a generosity of spirit, Brown has helped change perspectives on the old argument of craft versus art. "I tell artists, it's how you work, how you present your work. If you present your work, whatever it is, as art, then people do take you seriously."

Undercroft Gallery

St. Matthew's Episcopal Church
 2136 Carter Avenue, 645-3058
www.stmatthewsmn.org

Throughout the year, the Undercroft Gallery hosts one-person and group shows. It's best known, though, for an annual Community Art Show, a juried show featuring local artists. Watercolorist Peg Houck chairs the event, now in its seventh year.

"We try to support the community here," said Houck. "That's what we really want to do—the community of artists and businesses."

A cradle Episcopalian who grew up in Prospect Park and was baptized at St. Matthew's, Houck retired from teaching in 1996 to pursue art full-time.

"The Undercroft Gallery is designed to showcase local community artists and support

them," Houck said. "We give them a venue to show their art and have an opening reception. Then we have this large annual juried show. This year, we hired a well-known judge, Gail Speckman, who judges all over the state. She looked at the 76 entries and chose 55."

"It's really a multimedia show," Houck added. "This year, we had photographs, mixed media, acrylics, oils, watercolors, hand blown glass, fabric, textiles and ceramics."

The Community Art Show awards prizes: best of show, first,

second, third, and four honorable mentions.

The James P. Houck Memorial Best of Show honors Houck's late husband, a professor and head of the Department of Applied Economics at the U of M. The first prize was funded by an anonymous donor, and the other prizes were funded by local merchants.

"Our goal is to keep the money in the community," said Houck. "Everything goes back to St. Anthony Park."



Peg Houck

Art crawl returns to University and Raymond

Arts Off Raymond will take place May 13 and 14

by Natalie Zett

"OK, you can call it the Midway Art Crawl as long as you explain that it's more than that," said Martha Rast, visual artist and executive director of Arts Off Raymond.

The walls of her second-floor studio at University and Hampden are nearly covered with large oil canvases of boxers (the pugilist variety), and children's toys are scattered on the floor. "I have two toddlers," she explained.



Martha Rast

For the last several months, Rast has found time in the midst of caring for her art, children, home and husband to knock on a lot of doors of businesses and art studios in the University and Raymond region to encourage participation in the annual event.

Her persistence paid off. This year, over 80 artists and businesses will take part in a one-and-a-half day event that lured over 4,000 to the University and Raymond area last year.

"A big attraction this year is the bus," said Rast. "We have a free bus from 1954, thanks to the Minnesota Museum of Transportation. It's the bus that replaced the University Avenue Trolley."

Rast noted that this year's Arts Off Raymond will include some new participants. "The IFP (Independent Feature Project) on University and Franklin is new, and I hope people will check them

out. They have classes in screenwriting, film and photography. There's a bookbinder, too."

Maps of the area, with participating buildings, can be picked up at Roasting Stones on the corner of University and Raymond, or at www.artsoffraymond.org/index.htm.

Although this is the eighth year Rast has been involved, she's only been the executive director for the last couple of years.

"The event takes half a year to plan," she said. "I try to get as many community artists and businesses as possible to participate."

Even shy, reluctant artists can't resist. Rast told one such individual, "C'mon. You've got beautiful work. Just open your door so people can see what you're doing. You don't have to serve wine or cheese or anything. You can even keep on working; just open your door so they can see what you're doing." He conceded.

"Many don't realize that south St. Anthony Park hosts a thriving arts community," said Rast. "There are incredible artists here, and people who enjoy original creative work will love the event."

Arts Off Raymond

Friday, May 13, 5-10 p.m. / Saturday, May 14, 10 a.m.-5 p.m.
 University & Raymond area. Tour maps available from Roasting Stones.
 Information: Martha Rast, 612-508-2989 or www.artsoffraymond.org/index.htm



No bones about it

by Kristi Curry Rogers

By now I'm sure that all you die-hard dinosaur fans will have already heard the exciting news about the discovery of soft tissues in a specimen of *Tyrannosaurus rex*.

There's been lots of buzz surrounding this find in the galleries at the Science Museum, and I thought that No Bones readers might appreciate an in-depth, behind-the-scenes perspective on dinosaur soft parts.

The paper describing the *T. rex* soft tissues was published in the journal *Science* back in March by a couple of my colleagues—Mary Schweitzer and Jack Horner.

Mary has been on the hunt for dinosaur soft parts since she was a graduate student at the Museum of the Rockies in Bozeman, Montana. She got her start in grad school just as the first *Jurassic Park* movie was released, so you can imagine the hype that surrounded dinosaur DNA.

Though the book by Michael Crichton and the movie, directed by Steven Spielberg, made it seem as though cloning a dinosaur from extinct DNA was a snap, most scientists, including Mary, realized that the chances of this happening were highly improbable.

She turned to other "soft part" questions during her dissertation, and really got a lucky break (literally) when a *T. rex* fossil excavated in Montana just a few years ago had to be broken to be airlifted by helicopter from a steep, middle-of-nowhere gully.

Though many paleontologists would gasp at the thought of breaking a fossil, Jack Horner knows that sometimes, to answer the most interesting paleontological questions, you have to "dig a little deeper." In this case, the broken bones provided a window into a part of the skeleton that hadn't been exposed to glues in the field.

This type of bone is exactly the type that Mary needs for her analysis of dinosaur bones. The lack of preservatives keeps everything uncontaminated and perfect for biochemical analysis.

Mary demineralized the fossilized bone by soaking it in a weak acid. The fossil's mineralized components dissolved away, exposing a flexible, transparent and hollow set of vessels, some of which look as though they contain actual cells.

Mary and her team compared the strange, stretchy stuff to the products of demineralized ostrich bone, and the similarities were striking.

Now, for what you won't read about in the news. The branching vessels that Mary recovered from *T. rex* aren't all that unexpected, given what most scientists think about dinosaur growth rates.

Because *T. rex* was a relatively fast grower, its bones needed an ample supply of oxygen and nutrients to keep up with the fast pace of overall body growth.

Thus, the blood vessels carrying these nutrients would be expected to branch complexly to infiltrate a wide area of a growing bone.

And of course, there's the question that most reporters have been dying to get an answer to: If

we can extract blood vessels and proteins from *T. rex*'s bones, can't we extract DNA?

The answer is simple: sure.

There's a chance that Mary and her team, in future work, will extract some sequence of DNA from *Tyrannosaurus rex*. This doesn't mean that a real-life *Jurassic Park* is around the corner, though.

Seventy million years have passed since *T. rex* entered the fossil record, and the modification via fossilization, the chance for degradation of the DNA molecule and the chance for contamination are so high that even if we are able to pull a few base pairs of DNA from *T. rex*, we might never know whether it belonged to *T. rex*, a modern plant whose root traversed the minute spaces of the bones or some ancient insect.

I think the most exciting thing about this discovery is the amazing window it gives us into preservation. Fossilization is an enigmatic process and one that is difficult, if not impossible, to observe on a human time scale.

This exciting discovery puts a new spin on our old views of what lies deep inside dino bones.

Keep those questions coming, and stay tuned for next month's installment of No Bones.



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e t c e t e r a

Arts Events

For the final concert in its 2004-2005 season, Music in the Park Series presents the **Amelia Piano Trio** on Sunday, May 1 at St. Anthony Park UCC, 2129 Commonwealth Avenue.

The trio will perform "Short Stories," a piano trio written for the group by John Harbison, as well as Trio No. 1 and Trio in C minor by Brahms. Harbison will participate in a preconcert talk.

The trio consists of Anthea Kreston, violin; Jason Duckles, cello; and Rieko Aizawa, piano.

Tickets are \$18 in advance, \$20 at the door, \$12 for students. They are available at Bibelot and Micawber's or by calling 645-5699.

The **Prevailing Winds Woodwind Quintet** joins the **Solstice String Quartet** for a free 4 p.m. concert on Sunday, May 15 at St. Anthony Park Lutheran Church, 2323 Como Avenue.

The quartet will perform works by Finnish composer Joonas Kokkonen. The quintet will follow with "Insects: Music Entomology in Six Legs" by John Lampkin and "Circus Etudes" by Jeffrey Agrell. The concert concludes with "Grand Nonetto" by Spöhr for five winds and four strings.

The **Metropolitan Symphony Orchestra** performs its season finale at 4 p.m. on Sunday, May 22 at Hamline United Methodist church, 1514 Englewood Avenue. The group is under the direction of William Schrickel.

The free concert will include "Variations on a Nursery Rhyme Song" by Hungarian composer Ernst von Dohnányi, Linda Tutas Haugen's "Transformations of Darkness and Light," and Serenade No. 1 in D major by Brahms.

The third annual Northstar Watercolor Society **Art on a Line** show and sale will be held in the Fine Arts Building at the State Fairgrounds. The event takes place May 13 and 14 from 10 a.m. to 7 p.m. and May 15 from 10 a.m. to 5 p.m.

The show features several thousand original paintings by 100 regional artists. Participating local artists include Pat Fitzgerald and Wayne Sisel. Admission is free. There will be painting demonstrations each day.

The spring show at the **Tea Leaf Gallery**, 1000 26th Avenue SE in Minneapolis, begins with opening receptions May 20-22 from 1-8 p.m. and runs through June. "Portals: Another Place & Time" features St. Paul artists Lynne Maderich (oils) and Deanie Pass (figurative textiles), as well as sculptures by Lucy Grantz and watercolors by Tzigonae.

A special performance of "**Found**" by the Mixed Blood Theatre will take place at 3 p.m. May 21 at the Sabathani Community Center, 310 E. 38th Street in Minneapolis. Two organizations—Parents of Latin American Children, and Children's Home Society and Family Services—will host a discussion panel and reception after the performance. Call 612-338-6131 for reservations.

Sales/Benefits

YMCA Camps Widjwagan and du Nord will hold their annual spring garage sale at the State Fairgrounds Merchandise Mart May 11-14. Hours are 9 a.m. to 7 p.m. Wednesday-Friday and 9 a.m. to noon Saturday.

More than 250 families contribute clothing, household items, toys, books, antiques, furniture, sports equipment, etc. All proceeds go to the camps.

On May 19, several St. Paul restaurants will donate a percentage of their profits to support St. Paul area **Block Nurse Programs**. For a list of participating restaurants, see www.dofil.org. For more information, call 642-9052.

During May, Pampered Chef will observe its sixth annual **Help Whip Cancer** campaign. Funds will be raised for the American Cancer Society through the sale of certain Pampered Chef products and through designated kitchen shows.

Since 2000, Pampered Chef has raised more than \$3.3 million for the American Cancer Society's education and early detection programs. For more information about the campaign, contact Deb Sylvestre, St. Anthony Park resident and Pampered Chef independent sales director, at 644-2613.

The **Luther Seminary housing community** will hold a rummage sale at 1570 Eustis Street, May 26-28 from 9 a.m. to 5 p.m. each day. Bikes, grills, clothing, shoes, novelties, etc. will be for sale. All proceeds go to charity. For more information, call Clare Tallonruen at 647-1807.

Holy Childhood Church, located at Midway Parkway and Pascal Street, will hold a rummage sale on Thursday, May 12 from 9 a.m. to 7 p.m. and Friday, May 13 from 9 a.m. to noon. For more information, call Agnes Dynes at 644-9911.

The **Friends School of Minnesota** will hold its annual plant sale May 6-8 at the State Fairgrounds Grandstand. Hours are 11 a.m.-8 p.m. Friday, 9 a.m.-8 p.m. Saturday and noon-4 p.m. Sunday. Information: 917-0076 or www.fsmn.org to download a complete catalog.

Cleanup

The Midway Chamber of Commerce will conduct its seventh annual **Great University Avenue Spring Cleanup** on Saturday, April 30. The event begins with a free breakfast at 8:30 a.m. Volunteers work until about 11 a.m. All supplies including gloves, trash bags and safety vests are provided. Last year, more than one ton of trash was collected and disposed of. For more information or to volunteer, call 646-2636.

Nature Walk

The District 10 Environment Committee will sponsor a tree identification trek in Como Park on Saturday, May 21 from 10 a.m. to noon. Meet in front of the Lakeside Pavilion.

Landscape Restoration

The Ramsey Conservation District invites participants for its **Native Vegetation Landscape Restoration Program**. The RCD will provide free technical assistance for landscape restoration projects that create habitat and protect waterways. The RCD will also pay up to 50 percent of the cost of eligible materials.

Eligible projects include rain gardens, lakeshore and stream-bank restorations, and other native plantings. The site must be in Ramsey County. For more information, contact Laura Bates at 266-7275 or visit www.ramseyconservation.org.

Garden Club

At the May 3 meeting of the **St. Anthony Park Garden Club**, Kim Chapman will talk on "Sustainability in your Backyard."

Chapman has been an ecologist and conservationist for 25 years; has taught ecology, biology and conservation; and has worked with the Nature Conservancy and local churches to restore oak savanna habitat and to introduce rain gardens.

The business meeting starts at 6:30 p.m., with the speaker at 7:15. The meeting takes place at St. Anthony Park Library.

Carousel

Cafesjian's Carousel opens for its sixth season in Como Park on May 1. Hours are T-F, 11 a.m. to 4 p.m., Sa. and Su., 11 a.m. to 6 p.m. Tickets are \$1.50.

Volunteers are needed to operate the ride, assist riders and sell tickets and merchandise. For information: 489-4628, volunteer@ourfaircarousel.org, or www.ourfaircarousel.org.

Music Boxes

The Snowbelt Chapter of the Musical Box Society International will present "**Mechanical Melodies by Lake Como**" on

Sunday, May 29 from 11 a.m. to 5 p.m. at the Como Lakeside Pavilion.

The free event features carousel music played on a variety of automatic musical machines. For more information, call 645-2498 or 763-475-3350.

Comic Book Day

On May 7, **Source Comics & Games**, 1601 W. Larpentour Avenue in Falcon Heights, will join 2,000 other comic book shops around the world in celebrating Free Comic Book Day.

All May 7 visitors to the Source will receive a free comic book. No purchase is required. The event runs from 10 a.m. to 9 p.m. Information: 645-0386 or www.freecomicbookday.com.

Charter School

A new charter school will open this fall in St. Anthony Park. The **Twin Cities German Immersion School** will hold classes at 1399 Eustis Street, in the former Union Hall building.

The school will open for kindergarten and first grade students, and will expand one grade each year to grade 8. It will feature German language immersion, an international perspective, hands-on learning and an integrated arts program.

As a public charter school, TCGIS charges no tuition. The school is committed to small class sizes and meaningful parent involvement.

Information: 492-7106, info@germanschool-mn.org, www.germanschool-mn.org.

Acupuncture

On Monday, May 9, **Shen Men Acupuncture and Natural Health Care Center** will hold an open house from 5:30-9 p.m. The center is located at 2395 University Avenue W., Suite 220. Visitors can meet the center's two acupuncturists: Victoria Huiitt and St. Anthony Park resident Conradine Sanborn.

Raptor Center

On Saturday, May 21 the Raptor Center will hold its **annual spring raptor release** at Battle Creek Regional Park. The event is sponsored by the Raptor Center at the University of Minnesota in conjunction with the Ramsey County Parks and Recreation Department and the 3M Foundation.

The event runs from 10 a.m. to 1 p.m., with the release at noon. It also features education, entertainment and children's crafts. Information: 612-624-4745, www.theraptorcenter.org.

Raptor Tails Story Time continues in May at the Raptor Center, 1920 Fitch Avenue on

the St. Paul Campus. The May 5 and 19 sessions are from 1-1:45 p.m. Participants will meet a live raptor, hear a story and make something to take home.

Registration (612-624-9735) is required. Cost is \$3.50 per child; no charge for adults. One adult per five children is required.

People

On April 7, during Lobby Day at the State Capitol, **Rep. Alice Hausman** met with constituents of Legislative District 66B who are opposed to House File 6, a proposed constitutional amendment that would prohibit state recognition of any marriage or its legal equivalent between same-sex couples.

The meeting with Hausman, who voted against HF 6, was initiated by OutFront, the state's largest organization for lesbian, gay, bisexual and transgender citizens and their allies.

**Students**

Como Park High School announced the top ten students in each grade for the first semester:

Grade 12: Liv Anderson, Rachel Avenido, Ross Berman, Kristina Brown, Derek Burk, Samantha Erickson, Drew Henry, Eliza Swedenborg, Laura Ubani, Casey Yang

Grade 11: Kiara Brancel, Eleanor Croce, Bryan Fate, Linus Kangas, Jordan Looney, Pa Nhia Lor, Jonah Miller, Michael Petersen, Lydia Sorensen, Henry Weiner, Kerry York

Grade 10: Kyle Davy, Caitlin Durkee, Lauren Haefemeyer, Britta Swedenborg, Alexander Brown, Andrew Brown, Andrew Kingsriter, Emily Fate, Kelsey Edin

Grade 9: Aaron Avenido, Andrew Burnes, Elisabeth Edgerton, Adrienne Ngam, Larissa Sage, Michela Dimond, Benjamin Knuth, Erivict Fwyxycj Ly, Jill Pettit, Virginia Senf, Alea Yang

Board Members Sought

The **St. Anthony Park Block Nurse Program** is looking for community members with an interest in issues affecting older adults to serve three-year terms on its board, which meets monthly. For more information, call Mary Jo at 642-9052.

Tatum Street lore: Remembering salamanders, forts and the 4-H pie social

by Jean Larson

Living on Tatum Street in Falcon Heights made you part of a special phenomenon. Growing up there, we all sensed it.

Perhaps it's the fact that its half-mile span creates an uninterrupted community. Children could wander its length safely, and so many close neighbors meant plenty of potential playmates.

On the other hand, perhaps it was the people themselves, so many building their homes themselves in the 1940s and 50s—days when one's own sweat and tenacity built a home. Indeed, a few old Tatum Streeters yet endure and pass down a carefully cultivated culture of community.

The annual 4-H pie social is no more, but Tatum Street gatherings on holidays or to introduce new neighbors appear spontaneously from time to time.

My driveway was miraculously shoveled one snowy day this winter, true to the ethic of Tatum Street. Neighbors watch out for the Tatum Street children, share gardens' bounties and swap all sorts of commodities, from lawn mowers to garbage haulers to child care.

This echoes old Tatum Street lore. Leonard Harkness is an integral character in these stories. It was said that you couldn't build a fence without Leonard suddenly appearing with his post-hole digger, proceeding to complete the job himself as you stood stunned, watching him run circles around you.

Leonard, my dad, Curt Larson, Erling Hallanger and Al Lux made a famous trip to a swamp up north in the late 1950s. They dug out sapling swamp birch and hauled them home to begin foresting the bare, newly built-upon lots.

Those birch grew fast and thick to shade the ever-expanding homes at the north end of Tatum. Fifty years later, one still lives in my front yard, and the city forester advises I seek out a seedling in my gutter because those are some hearty birch genes.

When I was growing up in the '60s and '70s, Hermes Floral sat at the current site of Twin Cities Coop Credit Union. A vast maze of greenhouses stretched behind it. North of these was a "dump," a tree nursery and woods.

Now that area holds a parking lot, houses, town homes and office buildings—and is home to the Tuesday morning Farmer's Market.

The old spread of dirt roads, ditches and growing things provided an enchanted realm for children to explore. The woods provided a narrow buffer between the Tatum Street houses and Rose Hill Nursery trees. A ditch divided the wood and nursery, and it would fill during

snow melt and heavy rains, necessitating log bridges built by enterprising children.

We knew every trampled trail that wound through the woods to our forts. We'd build furniture of gathered field grasses, store nuts from the huge hazel tree in our "kitchens," and weave walls of grass from sapling to sapling. Sometimes we'd return to find our fort ransacked, then rally an undercover investigation to discover the identity of the enemy.

For the most part, though, these were carefree days with adults fringing the edges of our lives—a nursery man on a tractor, Mrs. Fall out hanging laundry, Mrs. Aiken ringing her triangle announcing supper, a Hermes worker hauling garbage to the dump.

One of our cherished escapades was to search the dump for treasures—most often in the form of slightly beleaguered gladiolus stalks, red or pink horns with tiny brown creases in the petals. We'd proudly gather them home to a vase, feeling like we'd presented our mothers with a gift befitting Doris Day or Julie Andrews.

Another secretly treasured endeavor was our "clay factory." There was a spot in the ditch where we discovered caramel-colored soil, sticky and easy to form into pottery. We'd haul our trowels and buckets there, dig out a wet wad and busily craft cups, bowls and ash trays (though no one in our families smoked).

Sometimes we'd opt for a less utilitarian session, sculpting statues for birthday gifts. We'd set our creations in the sun to bake, first removing stray twists of vegetation.

When dried to hard-crack stage, we'd color them with tempera paint and, if we could coax it from our dads, an additional shiny coat of varnish.

We thought we were the most clever girls on Tatum Street.

In the early days of Falcon Heights, trash collection was nonexistent. Each home had a couple of old oil barrels at the back of the lot for burning trash. Two supporting cement slabs still lie under my pines and compost pile.

My very groovy friend Rita had a very cool "incinerator" in her basement that took the place of the more unsanitary and messy outdoor version. For most of us, though, the rich aroma of burning garbage was a part of the air of childhood back then.

The transforming power of nature revealed itself to the neighborhood in the late 1960s. This was the pre-storm-sewer era, when a shallow drainage ditch next to Kemmers—"the pink house"—drained much of the runoff from Tatum down to the low-lying gardens behind the east side of the street and at the end of

a newly constructed cul-de-sac, Lindig Street. These conditions made hunting for pet salamanders and tadpoles a springtime ritual.

But one year, after a tremendously snowy winter, the melt came quickly and streams rushed between every house on Tatum Street. The gardens and dirt road between Tatum and Fairview became a huge, sprawling lake. Teens in canoes appeared. Hammering and shouts joined the sound of excited birds as kids built rafts or model boats.

In those days, if you were a kid you belonged to 4-H. Leonard Harkness was director of 4-H for the state, and Mrs. Harkness—Maxine, to our parents—was the Falcon Heights leader.

Meetings were held on Tatum Street in the Harkness basement. The 4-H pie social was in their backyard, and the pies were baked in their kitchen. By age 11, I knew how to roll a pie crust and flute the edges, and how to bake, serve and appreciate fresh pie à la mode. All of Falcon Heights would come out for the event and would watch their children grow through the ranks of 4-H.

Additionally, every girl's home owned a sewing machine, and we had plenty of role models for sewing our own clothes. The big event each year was a county

competition—the "Dress Review"—that produced an annual flurry of late-night seam ripping and panic.

I remember Joanie Hallanger, two doors down and 11 years older, wearing a mod wool Jackie Kennedy suit she'd made—much like the pink-fringed versions that were hot last winter. We grew up believing that we, too, could sew amazing fashions like Joanie of Tatum Street.

Boys had the Harkness tree house for inspiration. Every boy in Falcon Heights wanted to be able to learn enough about construction to build a tree house as perfectly high and tight as that little gray-painted room in the sky, up in the branches of a huge elm. Two plywood boards, one above the other, made bunk beds. A wooden ladder hugged the trunk but began about six feet off the ground to prevent intruders.

When one of the club members, Roy Hallanger, broke his collarbone, the story spread and helped scare off any adventurous younger explorers. It happened when the boys were packing in supplies for a sleepover. As the story goes, Tom Harkness threw a pillow up to Roy, who clung to the tree house door frame. Tom threw a little off his mark, and Roy reached out a little too far.

Most of the elms and swamp birch of Tatum Street are now gone, but one historic red pine towers above my roofline, higher than we could ever throw in a game of Annie-Annie Over.

My brother, Reed Larson, won a red pine sapling, a few inches high, when he was in fourth grade and wrote a poem for the Arbor Day contest at Falcon Heights School. Now birds at her tippy-top can see down the whole half-mile length of Tatum Street, to the U of M farm fields to the south, and maybe even to the schoolhouse at the corner of Larpenteur and Cleveland where Reed went to kindergarten just before Falcon Heights School was built. This tree has witnessed the evolution of the Tatum Street community.

In its shadow, about half as tall, is a Norway pine my son was given on Arbor Day at Brimhall in the 1980s.

Long gone are the days when trees were only in surrounding woods and our neighborhood echoed with the empty yards of a new development. Storm sewers channel our run-off to Como Lake. And at the end of every July, families flock to the grandchild of the 4-H Pie Social—the Falcon Heights Ice Cream Social at Community Park.

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Episcopal Homes to hold May 21 open house

by Dave Healy

On Saturday, May 21, from 11 a.m. to 3 p.m., Episcopal Homes will host a campus-wide open house to familiarize area residents with what a "continuing care community" is and how living in one can benefit seniors and their families. The event includes live music and refreshments.

A continuing care community offers seniors a continuum of living options on a single campus: independent living, assisted living and nursing home.

Episcopal Homes also offers a continuum of pricing options to accommodate residents of all income levels. In addition, the campus includes a transitional care center that provides rehabilitative therapies for joint replacement surgery, strokes or other debilitating illnesses.

The open house will spotlight newly-opened Cornelia House (1840 University Avenue), a 47-unit independent living residence for ages 62 and up.

From Cornelia House, visitors will be able to tour the other three residences on the campus via the enclosed walkways that link all the buildings. These are: Episcopal Church Home (long-term and transitional care), Iris Park Commons (assisted living) and Seabury (HUD-subsidized independent living).

Episcopal Homes, a nonprofit now in its 111th year, operates one of the few continuing care communities in St. Paul. It welcomes residents regardless of race, gender, religion or national origin.

The Episcopal Homes campus is located on the southwest corner of University and Fairview Avenues.

Overflow parking will be available along University Avenue and on Lynnhurst Avenue along the west side of the campus. For more information, visit www.ehomesmn.org.

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Council seeks accounts of watershed history

May 18 community forum kicks off Bridal Veil Creek study

by Nina Axelson and Karlyn Eckman

The St. Anthony Park Community Council wants to hear stories about Bridal Veil Creek and the ponds and springs in St. Anthony Park. To that end, the council is will hold a community forum on May 18 from 5-8 p.m. at Luther Seminary.

The event will be a chance to share personal accounts—everything from residents who may have played or fished in local watering holes as children, to scientists with a special interest in this area.

The forum is the first step in a new study of the Bridal Veil Creek sub-watershed of the Mississippi River. The council hopes the May 18 event will lay groundwork and create connections among neighborhood experts, the council and the consultants hired to carry out the study.

In April, the Kestrel Design Group, in partnership with Wenck, was selected to complete a study of the Bridal Veil sub-watershed. The Mississippi Watershed Management Organization (MWMO) and the St. Anthony Park Community Council are administering the project.

Funding for the study comes from MWMO, which uses its tax-levied funds for watershed studies and research, capital improvement projects, monitoring water quality and the MWMO Stewardship Fund. St. Anthony Park residents Karlyn Eckman and Gregg Richardson represent the city of St. Paul as MWMO commissioners.

Kestrel and Wenck were chosen for their extensive background in ecology, hydrology, biology, industrial anthropology, geographical information systems, history of natural systems and community involvement.

The project will also benefit from Kestrel's ongoing work with the Southeast Como Improvement Association at the Bridal Veil Creek duck pond. Kestrel has already begun searching for historic maps that show the original drainage of the creek and presettlement location of springs, tributaries and wetlands.

This one-year study will assess the original boundaries and vegetative cover of Bridal Veil Creek, and will result in a series of recommendations intended to assist St. Anthony Park and other neighborhoods in making informed decisions about water, land use and selection of native species for replanting. This will require Kestrel Design to collect maps, natural inventories,

Bridal Veil Creek once drained St. Anthony Park, Southeast Como, Prospect Park, portions of St. Anthony Village, the Hamline-Midway neighborhood and Lauderdale.

historical documents and personal chronicles of this area.

Bridal Veil Creek once drained the neighborhoods of St. Anthony Park, Southeast Como in Minneapolis, Prospect Park, portions of St. Anthony Village, the Hamline-Midway neighborhood and Lauderdale. The main channel of the creek probably flowed near Highway 280 from Lauderdale toward the Mississippi.

The original watershed can be visualized from the Hwy. 280 overpass at Larpenteur by looking south. There may have been

another tributary flowing from east to west, approximately where the railroad lines travel under the Raymond Avenue Bridge.

Today the creek flows underground through sewer pipes and emerges under the Franklin Avenue bridge as Bridal Veil Falls, where it cascades into the Mississippi River more than a hundred feet below. There are still several ponds and at least one

spring remaining from this historic creek system.

The May 18 community forum will be the first in a series of public workshops

intended to involve the community in this study. St. Anthony Park residents can also have a voice on local environmental issues by joining the St. Anthony Park Community Council Environment Committee.

Contact Nina Axelson (649-5992, nina@sapcc.org) for information about the community forum, Bridal Veil Creek study or the Environment Committee. Contact Karlyn Eckman (649-1606, ekma001@umn.edu) for information about MWMO.



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HealthPartners Como clinic offers new services

by Dave Healy

A long-time fixture on Como Avenue in St. Anthony Park will soon be offering some new takes on patient service in health care. HealthPartners Como Clinic recently announced that it will begin offering Saturday hours from 9 a.m. to noon on April 30 with four primary care providers staffing the clinic.

"Saturday morning hours are a nice option for people who can't take time off work during the week to see the doctor," said Emily Smith, RN, assistant care delivery supervisor. "Our clinic pharmacy, dental clinic and optical services will also be available on Saturdays, so we're offering substantially more services than patients could expect at an urgent care or quick clinic."

The clinic, at 2500 Como Avenue, opened in 1957 and was the first HealthPartners clinic in Minnesota.

It offers primary health care services in family practice, pediatrics and internal medicine, as well as a variety of specialties including geriatrics, audiology,

orthopedics, eye care and others.

The clinic also has a pharmacy, radiology and lab services, and a dental clinic and now accepts patients with insurance other than HealthPartners.

"Saturday morning hours are a nice option for people who can't take time off work during the week to see the doctor."

—Emily Smith, HealthPartners assistant care delivery supervisor

Despite being the oldest of HealthPartners 22 metro-area clinics, the Como Clinic has kept pace with advances in health care, said Janet Dorfman, RN, site supervisor.

The clinic already offers patients a fully functional electronic medical record system and the ability to make appointments over the Internet.

Beginning in May, the clinic will begin testing a new system that gives patients secure online access to view parts of their own medical record such as immunization records and test results.

"We're excited to be the first clinic in the HealthPartners system to offer this technology," said Dorfman. "We believe this service will be a very convenient option for our patients."

Jodi Lange, business systems supervisor, said that in the almost 50 years the Como clinic has been in operation, the staff has forged strong relationships with the community.

"We're a member of the Midway Chamber of Commerce," she said. "We contributed for the St. Anthony Park banners that line Como Avenue."

Lange added that HealthPartners has been involved with a variety of other local organizations including the Keystone Community Center, St. Paul Public Schools' Agape School and the Midway YMCA.

HealthPartners offers flu shots every year for anyone over 65, regardless of insurance coverage. The Como Clinic parking lot is also serves as a park-and-ride lot during the Minnesota State Fair.

University Avenue development plans solidify

by Dave Healy

University Carleton Development and Dominion Development & Acquisition recently announced plans to redevelop three historic warehouse buildings at 2285, 2295 and 2341 University Avenue into 170 loft apartments.

For more than 30 years, Johnson Brothers Liquor Company occupied this site, which currently is used as office and warehouse space. Members of the Johnson family have formed University Carleton Development, LLC (UCD). Dominion is the project's consultant.

Of the 170 units in the development's first phase, 128 will be targeted to residents that are interested in loft spaces and are attracted to historic or industrial-style buildings, according to Paul Sween of Dominion.

He added that UCD and Dominion are working with St. Paul Mayor Randy Kelly's office, Ward 4 Council Member Jay Benanav's office and city planning and economic development staff to meet the city's affordable housing and Housing 5000 goals.

In 2002, the city of St. Paul set a goal to provide 5,000 housing units over a four-year period through public and private partnerships, and to produce \$1 billion in local housing investments. Housing 5000 is an effort to maintain population

growth, increase the tax base, support economic development, revitalize the city's housing stock and enhance St. Paul's quality of life. Carleton Place Lofts will help meet this goal, said Sween.

"UCD and Dominion share the city's vision for quality, affordable housing in St. Paul," said Mayor Kelly. "Carleton Place Lofts marks another vibrant new beginning along University Avenue."

Plans for the second phase of the project include an additional 250 market-rate apartments or condominiums, for a total of 420 homes. This phase will also include several outdoor courtyards and workshop and gallery spaces, said Sween.

The St. Paul Historic Preservation Commission and the City Council recently designated the neighborhood a historic district, allowing the development to seek federal historic tax credits to offset the costs of rehabilitating the warehouses, said Sween.

"With the recent creation of

the University-Raymond historic district and the proposed Carleton Place Lofts development, this neighborhood is quickly developing into a great neighborhood to work, shop, dine, participate in the arts and most importantly call home," said Benanav. "I'm impressed with the proposed quality and size of this overall development, and I look forward to attending a ground breaking this summer."

"With the success of 808 Berry Place nearby, Dominion has found great demand for quality housing along St. Paul's University Avenue corridor," said Sween. "Carleton Place residents will help bring new vitality to this industrial setting."

The proposed \$60 million phase one would occupy 6.2 acres between Carleton Street and Hampden Avenue, near Highway 280. Groundbreaking would take place this summer, with completion anticipated by May 2007.



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The Birdman of Lauderdale

by Clay Christensen

People often ask me about a bird they saw sitting on a light pole along the freeway. I always say, "I'll bet it was a red-tailed hawk." And they can never prove me wrong, because by now they're miles past the bird or days past the incident. So once again I come across as the bird expert I'd like to be regarded as.

When you see a large bird on a light pole here in the upper Midwest, it's a pretty good bet it's a red-tailed hawk. I've seen them all over the Twin Cities, throughout the state, along freeways in Florida and Texas and elsewhere.

Red-tailed hawks have adapted well to the spread of freeways into their habitat. Freeway medians and ditches are usually kept cut and trimmed, a great advantage for a raptor looking for prey.

To the unsuspecting rodent scurrying about for food, the hawk looks like part of the scenery until it opens its wings, drops off the pole and comes in talons first.

"Note to self," the gopher says. "Study the big brown lump above the pole more closely next time"—if there is a next time.

The gopher probably doesn't care whether the approaching talons belong to a red-tailed hawk, a kestrel, a crow or a pigeon. It's not into bird identification; its goal is remaining alive.

But you can learn to identify these common pole sitters, even at 55 miles per hour.

The back view of a red-tailed hawk will show a dark brown shape, upright posture, with a possible V-shaped pattern of white spots on the back. You may see the reddish-brown (rufous) tail showing between the wing tips. The front view will show a

cream-colored body, often with a dark belly band but not always.

Red-tailed hawks can be seen kiting, soaring into the wind, appearing as though they're at the end of a kite string. They conserve energy by trimming their wings to hover in place over something they're watching.

One of the challenges with hawk identification, especially red-tailed hawks, is the variability from individual to individual. There are dark morphs, light morphs, differences between juveniles and adults, and even differences in different regions of the United States.

David Sibley, in "The Sibley Guide to Birds," has a two-page spread on the red-tailed hawk with 39 illustrations showing these variations with flying and perched birds.

The American kestrel is another pole sitter. It's much smaller than the red-tailed hawk, has a spotted belly and is often seen leaning way over to look intently for prey. Kestrels like grasshoppers, dragonflies, small vertebrates and small mammals. In fact, it's rumored that a feisty mouse can battle an attacking kestrel to a draw and escape with its life. Kestrels also kite but often flutter their wings to maintain position.

The crow is a familiar pole sitter. Crows usually sit hunched over and bob their body up and down with each "caw." So if it's cawing and bobbing, it's a crow.

That said, I've been fooled by crows doing their "hawk imitation." They occasionally soar and dive with their wings pulled back in a silhouette that looks very hawk-like. I think they do this intentionally to spook each other, to scare off a rival or just for the fun of it.

Only rarely does a pigeon fool me. They have a pudgy body and small head, and usually sit on a pole in small groups.

They often sit parallel to the pole's horizontal arm rather than the more characteristic raptor posture of sitting across the pole arm. And when pigeons fly, they glide with their wings held in a pronounced V position.

Some of these pole-sitting birds also perch on wires along the road. Kestrels are especially fond of perching on a power line or phone line and dropping from there to snatch their prey.

Pigeons perch on wires, sometimes in large groups. I've seen them almost exclusively on wires in certain parts of town. It must be a habit the whole flock picks up.

Crows will occasionally sit on a wire, but they're a bit heavy for that.

And I can recall seeing only one red-tailed hawk on a wire. It had a snake in its talons. It may have taken to the wire as a quick stop to adjust its catch before heading to a more secure perch.

Always remember that your main focus while driving is the act of driving itself. Leave the practice of bird identification to your passengers, or pull off to the side of the road.

But if you find yourself on a relatively open stretch of road and see a bird on a pole ahead, take a glance or two as you approach and see if you can learn to distinguish a red-tailed hawk from a kestrel and not be fooled by a crow or a pigeon.

First and foremost, though: eyes on the road. Important advice from, and for, a confirmed bird watcher.



4-H News

by Bobby Ragoonanan

Before I begin my report on our last two meetings, I will tell you a little about the Pie Social, which will be at the Park Midway Drive-up Bank on Friday, June 3. It's our only fundraiser, and is a great way to get together with neighbors, chat, and have some great pie, ice cream and coffee.

At our March meeting, we started out by playing a completely pointless game (no offense to anyone involved with thinking up this game) called Cap'n something. You basically ran back and forth or dropped on the floor when someone told you to.

Our roll call response was

based on "what are you doing or would like to do for spring break." Answers ranged from "I want to go to school" to "Florida" to "a foreign country."

We had six demonstrations: Susan (making a sock buddy), Frankie (Chinese paper hats), Anne (braiding), Ryan (fortune telling), Medora (origami boxes) and Russell (how my sisters and I raised \$280 for the homeless).

At our April meeting, we heard about projects: Linnea (consumer education for lemonade), Cyrie (puppy picking and responsibilities of dog owners), John (sewing a robe and making a hockey stick hat stand),

Cassandra (rabbit feeding chart), Amanda (photography, making a dress, making a pillow and a summer project for neighborhood kids), Sarah (skirt, bead pattern and Capri pants), Laurel (pot/vase and grade 6 graduation outfit), and Alexandra (photography and drawing).

We also baked pie crusts (crusts but no pies?) We had apple juice and Rice Krispie bars and brownies for snack. I'm sorry, but I can't remember what we had for snack at the March meeting. (I bet nobody reads what we had for snack anyway.)

Breaking the tea bag habit at Lady Elegant's

Milton Square shop offers quiet refuge for tea connoisseurs

by Dave Healy

If your only experience with tea is popping a bag into a mug and sipping while you do the dishes, Michelle Sommerfeld has one word for you: elegance.

Sommerfeld believes that tea is meant to be savored in the right conditions, and her business—Lady Elegant's Tea Room and Gift Shoppe—is designed to provide tea drinkers with a product and conditions that will make the tea-drinking experience everything it can be: relaxing, restful, restorative.

Lady Elegant's—located in St. Anthony Park's Milton Square at 2230 Carter Avenue—has two parts: a store that sells tea and accessories, and a tea room where people can sit and enjoy tea and food.

The tea room can be reserved for parties and special events, and it's also available for

drop-in customers when no groups or special teas are scheduled.

According to Sommerfeld, the "afternoon tea" has been a

"I encourage people to try new things. We always tell customers, 'You're not stuck with that pot of tea. If you don't like it, we'll bring you another one.'"

—Michelle Sommerfeld

cultural institution in England since the 1840s, when Anna Maria Stanhope, the seventh Duchess of Bedford, decided that she needed a little something between lunch and a late dinner.

Stanhope eventually developed a ceremony and cuisine for her afternoon teas, and those have been adopted—with varying degrees of formality—throughout Britain.

Lady Elegant's offers two

kinds of formal tea: parlor tea and theme teas. Parlor teas take place at 11 a.m. and 2 p.m. Thursday, Friday and Saturday. In addition to tea, they feature a four-course menu, served on vintage china and fine linen.

Theme teas take place 11 times throughout the year. The next one will be May 6 and 7 in honor of Mother's Day. These

are six-course affairs that last for two hours.

In addition to these events, Sommerfeld offers tea classes, where people can learn about how to host their own tea party. Classes include recipes, menu suggestions, help with planning, and instruction in etiquette and brewing tea.

Lady Elegant to 28

What's cookin' from 7

lunch fare to walk-in traffic as well. Their formal grand opening won't be until summer, but meanwhile they've been whipping up fresh sandwiches, wraps, salads and desserts for anyone enterprising enough to find the way to their barely marked storefront.

The couple is still trying to work out the necessary balance between regular restaurant hours and the flexibility needed to dash off to fill a catering order at a moment's notice.

They won't set a schedule until their official summer opening, but for the time being, says Wasylczyn cheerfully, "Someone's there from 4 a.m. most days. If the light's on, we're open and we'll do lunch."

Serving the neighborhood trade is going to be a departure for the couple. They've been in business since 1999, catering to the meal-time whims of the sometimes exotic folk whose private planes land in the Twin Cities.

"I'm not a say-no girl," says Wasylczyn. "I make it happen." Even when "it" happens to be a Winter Wonderland birthday party for a visiting pop superstar whose schedule barely allowed for a five-minute meal break.

Flight regulations forced Wasylczyn to take down the decorations within minutes, with no certainty that the celebrity birthday girl (who, in the interest of discreet full-service catering, shall remain nameless) was even

going to taste the gourmet delights they'd prepared for her and her entourage.

"Five grand worth of food," Wasylczyn marvels, "and they may not even have had time to eat it."

With clients like those, a steady stream of regular walk-in customers may provide Atiki's with just the right balance in their workday.

"The neighborhood needs quick, inexpensive sandwich box lunches," says Wasylczyn. A typical meal from Atiki's sells for \$6.95 and might include her favorite chicken cashew salad sandwich or a buffalo chicken wrap, plus a salad and a dessert bar.

For more information, call

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**Aging Gracefully** by Mary Jo Tarasur

Clutter. It used to be a word;
now it's an industry!

Look in any local
publication and you're likely to
see ads for closet organizers,
storage spaces and even "de-
cluttering" mavens who will
organize your home for a fee.

Here at the Block Nurse
Program, we often find that older
adults' living spaces need to be
"de-cluttered" to prevent falls and
injuries that are more likely when
living spaces are crowded with
items.

But it isn't only the elderly
who have more stuff than they
can deal with. Do you have a
junk drawer? A junk closet? Or a
junk room? Why do we have so

much stuff? Where did it come
from? What does it mean?

Advertising increasingly
drives our culture. There are ads
on bus stop benches, on the
insides of public bathroom stall
doors, in the bills we receive, on
our home computers. You name
it, there's an ad on it. Most of
these ads have one objective: to
convince us to add yet another
item to our collection of junk.

And advertising is effective.
Enough of us buy enough of the
stuff that ads promote each year
to convince corporations to
continue to devote more and
more money to advertising.

Besides creating more landfill
than our planet can tolerate and
an enormous trade deficit with
China, what does this ad-driven
culture say about us?

For one thing, we are
unlikely to take seriously any type
of goods or services that we have
not seen ads for. Ads have
become a form of news to most
of us, without our even realizing
it.

But this also means that
some kinds of services that are
rarely advertised are suffering,
because no Madison Avenue
genius has made a good enough
case for funding services for
children in need, or older adults
or homeless people.

So in the most affluent
country in the world, we have
people enjoying a high standard
of living who scream that their
taxes are too high, so funding is
cut for child care, or nursing

homes, or whatever is below the
advertising radar.

Then the people who
screamed for tax cuts can spend
more money on things they don't
need rather than pay taxes for
basic services to those in need.
Because those in need don't
usually advertise.

And as long as we accept a
culture based on selling and
promoting everything we don't
need, there will be a lot of people
who don't get everything they do
need.

Another aspect of this trend
toward impulse buying as a way
of life is the isolation it creates.

Junior is on the Internet in his
room while Dad watches sports
in the den and mom catches up
on her soap operas at the under-
the-cupboard kitchen television.

Does any home need more
than one television? Computer?
When does enough become too
much?

These are questions that we
must all answer for ourselves, but
the next time you find yourself
excited about some tangible
object on glittering display in a
well-promoted sale, ask yourself
carefully and seriously, "Do I
really need this?"

I'll bet you don't!

*The St. Anthony Park Block Nurse
is interested in your ideas and
opinions about issues that affect all
of us, as we get older. If you have
comments or suggestions, please
contact us at 642-9052 or
sapbnp@btstream.net.*

**136th
Commencement Ceremony**

3 p.m., Sunday, May 22, 2005
Central Lutheran Church
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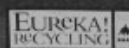
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WORDLY

ISSE

People

St. Anthony Park resident **Arlene West** has been selected Volunteer of the Year by the St. Paul Public Libraries. She was honored at a dinner on April 19 at the downtown St. Paul Radisson Hotel.

Among her many volunteer activities, West has orchestrated the St. Anthony Park Arts Festival for several years, and she was instrumental in coordinating neighborhood input on the library's new addition. She served as president of the St. Anthony Park Library Association from 1993-1995.

Readings

Thursday, 4/28, 7 p.m.
Micawber's. Poet **David Bengston**.

Wednesday, 5/4, 7 p.m.
St. Anthony Park Library.
Poet **Mary Logue** ("Malicious Attachments").

Wednesday, 5/11, 7 p.m.
Micawber's. St. Paul mystery author **David Housewright** ("Tin City").

Groups

Thursday, 5/5, 6:30 p.m.
St. Anthony Park Library.
St. Anthony Park Writer's Group. All welcome.

Thursday, 5/10, 7 p.m.
Micawber's. Probers' Book Group. "God's Politics" by Jim Wallis. All welcome.

Events

Saturday, 5/7, 1:30-3:30 p.m.
St. Anthony Park Library.
Bookmaking class with Mary Gotz for grades 6-8. Pre-registration required: 642-0411.

Saturday, 5/7, 10 a.m.-9 p.m.
Source Comics & Games, 1601 Larpeur Ave.
Free Comic Book Day.

Tuesday and Wednesday, 5/17 and 5/18, 5-8 p.m.
Falcon Heights Elementary (1393 Garden Ave. W.).
Spring Scholastic Book Fair.
Proceeds to Falcon Heights Elementary Media Center.

Wednesday, 5/11, 7 p.m.
St. Anthony Park Library.
Actress **Linda Kelsey**, who won a permanent place in popular memory with her role in the 1970s TV drama "Lou Grant," will revisit her old neighborhood library this month.

Kelsey, who grew up in Como Park, will help lead a discussion on the play "Going to St. Ives" by Minnesota-born playwright Lee Blessing.

Kelsey will be joined by director Carolyn Levy and co-star

Marvette Knight for the library discussion. The three women are involved in the current production of the two-character play at the Park Square Theatre in downtown St. Paul. The play runs through May 22.

According to the critics, "Going to St. Ives" is an uncommonly intelligent work that demands a fair amount of reflection from its audience.

The play opens with an encounter between two strong women—a British eye surgeon and her African patient.

Although the meeting is superficially a discussion of the patient's upcoming surgery, the doctor has an ulterior motive.

She wants to plead for the lives of some African medical colleagues who are being held prisoner by her patient's son—an Idi Amin-style African dictator.

As it turns out, though, the African mother has a life-or-death request of her own to make.

The resulting confrontation is what makes the play interesting, says Kelsey.

"It's about what humans do when confronted with big questions—when there are consequences to either acting or not acting. It's as complex as human life and very unsettling, as well as very truthful."



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A Foundation of Neighbors

What we do matters

By Jon Schumacher
Executive Director
St. Anthony Park Community
Foundation

We're often asked, "Why the St. Anthony Park Community Foundation? Why should I give to the Foundation and not just to individual organizations?"

Here's why.

We have become the community's one-stop giving option that multiplies individual gifts into greater giving power. We monitor community needs and target resources to meet those needs. And we want to get bigger and better at that.

A good example - but, surely, not the only example - of the power of collective giving is the St. Anthony Park Supervised Study and Tutoring Program. In our annual round of grants last month, the St. Anthony Park Foundation granted this unique and somewhat unknown community asset \$2,000.

The program was started in 1997 by Beatrice Garabunda, a Ugandan immigrant. It's housed at St. Matthew's Episcopal Church. It does remarkable things.

Its mission is to provide a safe, caring environment for the children of African refugees and immigrants, many of whom are children of University of Minnesota students or Luther

Seminary students. These are our neighborhood's kids. Two nights a week, about 14 boys and girls, from ages 5 to 17, receive tutoring. Ten volunteer teachers are on hand. Computer equipment has been a need. The Foundation's grant this year will help on this front.



All eight young people who continuously received tutoring in this program since it began have graduated from high school. Two have already earned their college degrees. The six others are in college.

The St. Anthony Park Foundation recently affiliated with the Saint Paul Foundation, a move that will allow us to step up our giving and our activities and better nurture the assets and aspirations of our community.

When you give to the Foundation, programs like the Supervised Study and Tutoring Program will grow with us.



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MAY ARTS

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Como Park High School
740 W. ROSE AVE., 293-8800

- Spring play
IN A GROVE: FOUR JAPANESE GHOST STORIES
May 5, 7pm
May 6, 7:30pm
May 7, 7:30pm

MURRAY JR. HIGH SCHOOL
2200 BULFORD AVE., 293-8740

- Spring Music Concert
May 12, 7pm

VISUAL ARTS

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Photographs by DOUG BEASLEY and PAUL HARBAUGH
Through May 28

GOLDSTEIN MUSEUM OF DESIGN
241 McNEAL HALL,
1985 BULFORD AVE.
612-624-7434

- SENIOR STUDENT SHOW
Through May 11

- "THE BUSINESS OF DESIGN"
LECTURE BY FRANK ARCARO
May 5, 7:30pm

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Through May 28

Music

COFFEE GROUNDS
1579 HAMLINE, 644-9959

- Bill Cagley's Bluegrass and Old Time Music Show
April 28, 7pm

- JAMES EVEREST
April 29, 8pm

- Open Mic with Bill Cagley
May 1, 6pm

- Bill Hammond, finger-style guitarist
May 6, 8pm

- Trio Tipo CD Release
May 7, 8pm

- Bill Cagley's Bluegrass and Old Time Music Showcase
May 12, 7pm

- AURAL DIMENSIONS
May 13, 8pm

- Open Mic with Bill Hammond
May 15, 6pm

- Real Book Jazz
May 16, 7pm

- BRAD TURNER, TERRI LANG,
MARCIA SANODEN
May 20, 8pm

- Bill Cagley
May 21, 8pm

- Bill Cagley's Bluegrass and Old Time Music Showcase
May 26, 7pm

Ginkgo Coffeehouse
721 N. SNELLING AVE., 645-2677

- Bluegrass and Oldtime Jam Session
April 27, 7pm

- OPEN STAGE
First and third Wednesdays,
6pm sign-up

NEW FOLK COLLECTIVE
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- Claudia Schmidt
April 30, 7:30pm
FRIENDS MEETING HALL,
1725 GRAND AVE.

COMO PARK HIGH SCHOOL
740 W. ROSE AVE., 293-8800

- Ordway Honors Concert
April 26, 7:30pm
Ordway Center for the Performing Arts

- VOICES OF TOMORROW CHORAL FESTIVAL
May 15, 4pm
Orchestra Hall

- Spring Choir Concert
Eclectic Choices:
Nothing but the Best
May 19, 7pm
Como High Auditorium

- Jazz Band Concert
May 24, 7pm
Como High Auditorium

- Spring Instrumental Concert
May 26, 7pm
Como High Auditorium

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May 22, 4pm

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- AMELIA PIANO TRIO
May 1, 7pm

- CONCERT FOR PEACE
May 8, 3pm & 7pm

PREVAILING WINDS WOODWIND QUINTET
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645-0371

- May 15, 4pm

St. Anthony Park Neighbors for Peace



Monthly meeting (all are welcome):
Tuesday, May 17, 7 pm
Marilyn Benson and Tim Walling's home
1495 Raymond Avenue, 651-644-6861

For information, check out our amazing web site

www.ParkPeace.org

Music in the Park Series Presents

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Sunday, May 8, 2005 3 pm and 7 pm

St. Anthony Park United Church of Christ
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ST. ANTHONY PARK COMMUNITY COUNCIL

NEWS

Last Thursday, the community voted for representatives to the St. Anthony Park Community Council. In addition, 7 business delegates have been appointed by the Midway Chamber of Commerce for the SAPCC. The SAPCC is a nonprofit citizens organization working together to maintain and enhance the quality of life, environment, and economic and physical development of St. Anthony Park and the greater St. Paul area.

We would like to congratulate the following members as they begin their new terms this May.

North St. Anthony Park

Delegates: John Dodson, Greg Haley

1st Alternate: Matthew Carlson

2nd Alternate: Ron Sundberg

South St. Anthony Park

Delegates: Ranae Hanson, Gregg Richardson

Bruce Weber, Patrick Warren

1st Alternate: Michal Van Kuelen

2nd Alternate: Arnold Ramler

Business Representatives

Ray Bryan, Raymond Computers

Paul Kirkegaard, SAP Dental Care

Deborah Kuehl, Luther Seminary

Lisa Nicholson, Salsa Lisa

Ferd Peters, Independent Attorney

Grant Wilson, U of M,

College of Natural Resources

Belinda Escalante, Perfect Little Spa and Salon

JOB ANNOUNCEMENT

THE ST. ANTHONY PARK
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OFFICE FOR JOB
DESCRIPTION AND
TIMETABLE. NINA AXELSON
(COMMUNITY ORGANIZER)
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MAY Calendar

2 Monday

- Como Neighbors for Peace Meeting, Coffee Grounds (644-9959), 1579 Hamline Ave. 6:30 p.m.
- AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.
- Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.
- Como Park recycling. Every Monday.
- Lauderdale recycling.

3 Tuesday

- St. Anthony Park Garden Club. Business meeting, 6:30 p.m.; speaker Kim Chapman, 7:15 p.m. St. Anthony Park Library.
- "Cuppa-Peace" event, Coffee Grounds (644-9959), 1579 Hamline Ave., 7 p.m.
- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-1 p.m. Every Tuesday.
- Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.
- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1:15 p.m. to 2:15 p.m..
- Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 651-642-9052 to pre-register.
- St. Anthony Park Community Band rehearsal, Como Senior High band room, 7:15 p.m.. Every Tuesday until June 7. Call 642-1559 for more details.

4 Wednesday

- Northstar Storytelling Board

Meeting, Coffee Grounds (644-9959), 1579 Hamline Ave., 7 p.m.

- Bead Ladies Art Workshop meets at 10:30 a.m. every Wednesday in May at the Coffee Grounds (644-9959), 1579 Hamline Ave.
- Women's Connection, a women's networking organization (603-0954), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.
- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11-11:45 a.m..
- St. Anthony Park recycling. Every Wednesday.

5 Thursday

- Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m.-noon. Every Thursday.
- Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.
- Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.
- St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 890 Cromwell, 6 p.m.

6 Friday

- Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.)
- Falcon Heights recycling.

7 Saturday

- Nocturnal Bowling (612-625-5246), 10:30 a.m.-5 p.m. at the Copher Spot, St. Paul Student Center, 2017 Buford Ave, St. Paul Campus. Every Saturday.

9 Monday

- St. Anthony Park Library Assn. meeting, 7 p.m. at the library. New members welcome, 642-0411.
- Children's Storytelling by Vicki Joan for Murry's Daycare, 2:15 p.m. at Coffee Grounds (644-9959), 1579 Hamline Ave.
- Park Press Inc., Park Bugle Board meeting, St. Anthony Park Bank community room, 7 a.m.
- St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.
- Open House, Shen Men Acupuncture and Natural Health Care Center, 2395 University Ave., Suite 200, 5:30-9 p.m.

10 Tuesday

- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

11 Wednesday

- Murray Parent & Community Pot Luck, 6 p.m. in the school cafeteria.
- Park Square Theater program, "Going to St. Ives", 7 p.m. at the St. Anthony Park Library.
- S.P.D. Parent group meeting, 7 p.m. at the Coffee Grounds (644-9959), 1579 Hamline Ave.

- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.

12 Thursday

- Como Park Elementary School, 780 Wheelock Play 3rd Annual Carnival, 5:30-7:30 p.m.

- Children's Storytelling by Pam Schweitzer for M.O.M.S. Club, 10 a.m. at Coffee Grounds (644-9959), 1579 Hamline Ave.

- Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.

13 Friday

- Arts Off Raymond, 5-9 p.m. Maps available at Roasting Stones Café, 2388 University Ave. W. Call 612-379-0603 or visit www.artsoffraymond.org for more info.

14 Saturday

- Arts Off Raymond, 10 a.m.-5 p.m. Maps available at Roasting Stones Café, 2388 University Ave. W. Call 612-379-0603 or visit www.artsoffraymond.org for more info.

- Storytelling for adults by Taleweavers, 8 p.m. at Coffee Grounds (644-9959), 1579 Hamline Ave.

16 Monday

- Lauderdale recycling.

17 Tuesday

- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1:15 p.m. to 2:15 p.m..
- District 10 board meeting, call 644-3889 for details.

18 Wednesday

- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11-11:45 a.m.
- Langford Booster Club, Langford Park, 7 p.m.

19 Thursday

- Restaurant benefit for St. Paul Area Block Nurse Programs. 642-9052 or www.dofill.org.

20 Friday

- Falcon Heights recycling.

21 Saturday

- Family Storytelling w/ Northstar Storytelling League, 1p.m. at the Coffee Grounds (644-9959), 1579 Hamline Ave.
- Tree Identification Trek, Como Park Lakeside Pavilion, 10 a.m.-noon.
- Raptor release, Battle Creek Regional Park, 10 a.m.-1 p.m.
- Como Park and Lauderdale neighborhood Garage Sales.

23 Monday

- Mothers and More book club meeting, 7 p.m. at the Coffee Grounds (644-9959), 1579 Hamline Ave.

24 Tuesday

- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

25 Wednesday

- Great Decisions discussion: "Putin's Second Term - A Scorecard for Russia" from 7-9 p.m. at the St. Anthony Park Library. Great Decisions discussion topics available at the Library reference desk.
- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.
- St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 p.m.

29 Sunday

- "Mechanical Melodies by Lake Como," Snowbelt Chapter of Music Box Society International. Como Lakeside Pavilion, 11 a.m.-5 p.m.

31 Tuesday

- Lauderdale recycling.

Items for the June Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, May 20.

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Join us—in the spirit of a Beautiful U and Earth Day—for a variety of activities that enrich your mind and connect you to the earth. For more information, visit www.uservices.umn.edu/BeautifulU

The River Runs Through Us

A symposium that explores design and planning along the Mississippi River. 3:30–5:30 p.m. Rapson Hall Auditorium, 89 Church Street S.E., on the campus in Minneapolis. Free. RSVP: 612-624-1832.

Energy Security in a Changing Climate—Renewable Hydrogen

A workshop sponsored by the Initiative for Renewable Energy and the Environment. 9 a.m.–1 p.m. Room 105, Cargill Building, 1500 Gortner Avenue, on the campus in St. Paul. \$35, includes lunch. FFI: www.iree.umn.edu

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LIVES LIVED

William Kehr

William (Bill) Kehr died December 7, 2004, soon after celebrating his 98th birthday with family and friends.

He was born in Minella, Iowa, on November 21, 1906. In 1915 his family moved to Elbow Lake, Minnesota. He graduated from the West Central School of Agriculture in 1926 and did graduate work there in 1927–28. The West Central School of Agriculture later became the U of M at Morris.

In November of 1929 Bill drove an elderly couple to Lexington, Kentucky, and spent the winter working for the Kentucky Utility Company. On his way home from Kentucky, he stopped in St. Paul to visit some friends who worked for the Minnesota Veterinary Department and told them he was looking for work. Harry Felt contacted Dr. C. P. Fich, the head of the department, and Bill was hired the same day at 30 cents an hour. Soon he was put on permanent payroll at \$90 a month. He worked there until his retirement in 1971.

Bill married Catherine Smith in 1932. They had two daughters, Margaret and Patricia. In 1938 they moved to 15 Langford Park. Catherine passed away in 1982.

In 1985 Bill married Violet Mulroy. He sold his home to his grandson and wife, Mike and Alice Phillips.

Violet died in 2000. After that Bill lived independently in his home with the help of family, friends and the Block Nurse Program until he moved into the St. Anthony Park Home.

For 30 years during his vacation Bill worked at the State Fairgrounds taking tickets. He was a charter member of Corpus Christi Catholic Church. He served on the board at the Leisure Center and was an active member, finding many opportunities for social interaction, leadership and community service. When he was unable to drive, Nancy Wenkel provided the transportation so he could continue participating in this valued experience.

Bill was interested in most subjects and always enjoyed a good conversation. He had an incredible memory for details and was interviewed by Dr. Walter Mackey on the history of the Veterinary School.

In addition to his two wives, Bill was preceded in death by his sister, Mary Snook. He is survived by daughters Margaret Phillips and Patricia Kehr, and step-daughters Carol Mulroy, Judy (Richard) Wasenius and Mary (Roger) Zorn; six grandchildren; five step-grandchildren; and 11 great-grandchildren. A Mass of Christian Burial was held December 10 at Corpus Christi Catholic Church in Roseville.

Charles B. Knudsen

Charles B. Knudsen, age 84, a longtime resident of St. Anthony Park, died surrounded by his five children after a brief illness and a long, full life. He was the founder of Knudsen Realty. Chuck was a golfer, aviator, fixer, pragmatic philosopher and unwavering supporter of family and friends.

He was preceded in death by his first wife of 20 years, Doris, and second wife of 35 years, Irell. He is survived by children, Bonnie (Ron) Voelker, Chuck (Mag), Dan (Mary), David and Lis (Paul) Aagaard; grandchildren; and many friends. A memorial service was held April 20, 2005 at North Heights Lutheran Church in Roseville.

Lorraine Steen

Lorraine Steen, a longtime member of St. Anthony Park Lutheran Church, died April 14, 2005, at the age 84.

She was preceded in death by a son, Theodore. She is survived by her husband of 65 years, Arnold; son, Gary (Ann); daughters, Sharon (Roger) Hardy and Diane (Tom) Matsche; daughter-in-law, Sherrie Steen; 11 grandchildren; 4 great-grandchildren; and brother, Herbert Thomas.

A funeral service was held April 22 at St. Anthony Park Lutheran. Burial was April 23 in Eidskog Cemetery near Ortonville.

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 P.O. Box 8126
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- Call Ray at 651-646-5369, voice mailbox #3, with questions.

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PASSPORT PHOTOS—\$12 (tax included), International Institute, 1694 Como Ave., Hours Mon. - Thurs. 9 a.m. - 4:30 p.m.; Fri. 9 a.m. - 4 p.m.

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Sales

CRAM PLANT SALE - Saturday, May 21st, 9am - 1pm. Quality plants at 3 locations: 975 Cromwell, 25 Langford Park, 2161 Doswell. www.justaddwater.ws/plants_for_sale_1.htm.

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Lady Elegant from 21

Although the afternoon tea tradition is a legacy of British culture, the teas themselves come from all over the world.

Customers at Lady Elegant's can choose from over 60 varieties of tea, which is a small fraction of the 3,000 varieties that are grown world-wide. If that much variety seems daunting, rest assured that the staff is knowledgeable and happy to offer advice.

"I encourage people to try new things," said Sommerfeld. "We always tell customers, 'You're not stuck with that pot of tea. If you don't like it, we'll bring you another one.'"

May 1 marks the second anniversary of Lady Elegant's. Before she opened the Milton Square shop, Sommerfeld had been giving six-course teas at her parents' home in Andover. When she outgrew that spot, she began looking around for somewhere to locate a store.

"I was attracted to this space because of the quaint environment and the neighborhood feel," she said. "A strip mall is not the place for a tea room. This home-like atmosphere perfectly suits what I think the tea-drinking experience should be like."

Lady Elegant's Tea Room and Gift Shoppe

Milton Square,
2230 Carter Avenue
645-6676
www.ladyelegantstea.com

Tea Room hours:
11 a.m. - 7 p.m. Thursday,
11 a.m. - 5 p.m. Friday and
Saturday, and by appointment Wednesday

Gift Shoppe hours:
11 a.m. - 7 p.m.
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Benefit event for Praise Band

Donation: \$10 adults, \$5 children to age 12 (\$12 at the door) Advance tickets may be purchased from the church office or after services (11am) on May 1.

A silent auction will take place before and during the dinner.

A live auction follows the dinner.

Possible items: Pet sitting (A trip to and from the airport) / Breakfast for 6 / A family reunion DVD

Piano lessons / Homemade goodies / Authentic - homemade - salsa

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11:00 a.m. Filipino-American Worship, Dr. Sanny Olojan, Pastor

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1376 Hoyt Ave. W., St. Paul, MN 55108-2300

651-646-7127

Handicapped Accessible

cpic@minter.net

CPLContact ministry 651-644-1897

www.comoparklutheran.org

Sunday Schedule:

8:00, 9:00, & 11:00 a.m. Worship

10:00 a.m. Adult Education & Sunday School

(Holy Communion on 1st & 3rd Sundays nursery care provided)

Rides available for 11:00 a.m. worship;

Call the church office before noon on Friday for ride.

Sunday, May 1: Robert Ray's "Gospel Mass"

The Gospel Mass is a setting of the five major texts of Holy Communion;

presented by the CPL Choir at the 9:00 and 11:00 a.m. services. Please join us!

Sunday, May 22: New Member Class

Please join us from 12:00 - 3:00 p.m., for our new member class.

Contact Pastor Marty or Pastor Mary Kaye at 651-646-7127 for more info.

Pastors: Martin Ericson and Mary Kaye Ashley

Visitation Pastor: Leonard Jacobsen

Director of Music Ministry: Thomas Ferry

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♦ NORTH COMO PRESBYTERIAN CHURCH

965 Larpentaur Avenue W., Roseville

651-488-5581, ncpemain@northcomochurch.org

www.northcomochurch.org

Sunday Services: Worship 9:45 a.m., Education 11:00 a.m.

Handicapped accessible.

♦ PEACE LUTHERAN CHURCH - ELCA

1744 Walnut (at Ione) Lauderdale. 651-644-5440

www.peacelauderdale.com

Sunday Worship: 10:00 a.m.

Education: 9:00 a.m.

Pastor: David Greenlund

All are welcome - Come as you are

♦ ST. CECILIA'S CATHOLIC CHURCH

2357 Bayless Place. 651-644-4502

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Sue Grove, Child & Youth Coordinator

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Sunday Worship 10:00 a.m., Fellowship: 11:00 a.m.

Nursery and Sunday School provided: 10:15 a.m.

Sunday, May 1: 10:00 a.m. Communion

Sunday, May 15: 10:00 a.m. Spring Choir Concert

Sunday, May 22: 10:00 a.m. Confirmation

♦ ST. ANTHONY PARK UNITED METHODIST CHURCH

All are welcome!

2200 Hillside Ave (at Como) 651-646-4859

Pastor Donna Martinson

See www.sapumc.org for more about our church.

Sundays:

10:00 am Worship Celebration

10:20 Sunday School (age 3 to 5th grade)

11:00 a.m. Fellowship

Victory Temple in Jesus Christ at 11:45 a.m.

Wednesdays: 9:00 a.m. - 1:00 p.m. Leisure Center

(senior fellowship, activities, noon meal)

♦ ST. ANTHONY PARK LUTHERAN CHURCH

We are a community of believers called to joyfully serve God,

one another, and the world.

www.saplc.org

2323 Como Ave. W. Handicap-accessible. 651-645-0371

Pastors Glenn Berg-Moberg and Amy Thoren. Email: info@saplc.org

Sunday Services: 8:30 a.m. and 11:00 a.m.

Education Hour for all: 9:45 a.m.

Beginning Sunday, May 29 - Summer worship schedule 10:00 a.m. only

Minnesota Faith Chinese Lutheran Church 1:30 p.m.

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♦ ST. MATTHEW'S EPISCOPAL CHURCH

2136 Carter at Chelmsford. 651-645-3058

Website: www.stmatthewsmn.org

Sunday Services:

8:00 a.m. Holy Eucharist, Rt. I, 10:30 am Holy Eucharist, Rt. II

9:15 a.m. Christian Education for All Ages

4:00 p.m. Prospect Hill Friends Meeting

♦ ST. MICHAEL'S LUTHERAN CHURCH - ELCA

1660 West County Road B, Roseville. 651-631-1510

one block west of Snelling

Sunday Worship: 8:45 a.m. & 11:00 a.m.

Education hour for ages 2 through adult: 10:00 a.m. to 10:50 a.m.

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Pastors: Roland Hayes and Sarah Breckenridge Schwietz

For more information, check www.stmichaelselca.com

