Call St. Anthony Park resident Doug Carlson anything, but he answers only to randonneur

Ironman bicycle commuter is poster boy for Bike Month

by Michelle Carlson

Randonneur: Someone who goes on a long trip by foot or, especially in this case, by bicycle.

A randonneur rides a specified distance, within a set amount of time, alone or with a team, and is self-sufficient—there is no “sag wagon” or support group along the way.

The emphasis is on camaraderie rather than competition, and riders test themselves against the clock, the weather and a challenging route—not to beat other riders.

St. Anthony Park resident Doug Carlson is a randonneur and has been riding with the Lantern Rouge bike team for about 15 years. The team meets every Tuesday evening and Saturday morning to ride a set route. Tuesday rides start at Merriam Park, covering 30-55 miles, and Saturday rides leave from Castle Elementary School in Oakdale and range from 40-100 miles.

The Lantern Rouge randonneur team started because its members wanted to ride with people who were “friendly and supportive rather than grim and obsessive.”

—Doug Carlson

To train for such long rides, Carlson commutes on his bike to and from his job during the colder months of the year. He has the perfect occupation for such an endeavor. He’s a bricklayer, so he doesn’t have to change into and out of a suit and parking is not usually a problem. Job sites change, so he gets a change of scenery with each new location, and ride lengths vary. Carlson has been a pioneer in bike commuting. He started riding in the mid-70s before many others were doing so. He liked the idea of saving fuel, and exercise was a bonus.

Of course, there are the usual questions from his fellow construction workers: “Did your car break down?” “Did you lose your license?” “How far away do you live?” And then inevitably at the end of the day: “You must not work hard enough at the job.

Randonneur to page 10

Eureka Recycling moves to weekly pickup

by Dave Healy

On April 22 (Earth Day), Eureka Recycling began making weekly curbside recycling pickups throughout St. Paul. Previously, recyclables—glass, paper, cans, plastic—were collected every two weeks.

For Como Park residents, the change means people can put out their recyclables every Monday by 7 a.m. In St. Anthony Park, every Wednesday will be recycling day.

“The city set a 50 percent recycling goal for 2005, and we’ve been hovering around 45 percent for years,” Hubbard noted. She said Eureka hopes their new practices will help the city meet and exceed its goal.

Hubbard, CEO of Eureka Recycling, all these changes were implemented to significantly increase the amount of materials that residents recycle.

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Como Rose

Como Park

The Como Neighborhood Garage Sale will be Saturday, May 21. Register your sale by calling the office at 644-3889 or going to the Web site: www.comopark.org.

The Environment Committee is sponsoring a “Tree Trek” on May 21 at 10 a.m. Meet at the Como Pavilion in the Hamm Falls area. This will be a tree identification tour led by committee member Chet Mirocha, a retired plant pathologist. Anyone is welcome and no registration is required.

A children’s Arbor Day parade will take place May 7 at Black Bear Crossings on Lake Como for ages 12 and under. The parade starts at 11:30 a.m., with prizes and the Teddy Bear Band at 1 p.m. “From the young who will come our future and our forests” is the theme. Trees will be given to all participants.

Falcon Heights

The Farmers’ Market opens for the season on May 3 at 2025 W. Larpenteur Ave., behind the Twin Cities Coop Federal Credit Union. Hours will be 7:30 a.m. to 12 noon on Tuesdays.

The market is run by the St. Paul Farmers’ Market, which ensures that vendors sell only what they produce or grow themselves and that all vendors farm within 50 miles of the Twin Cities. This is the third year that Falcon Heights has hosted the market.

Lauderdale

At its April 12 meeting, the Lauderdale City Council approved the contract for Brian Bakken-Heck, new city administrator. He will start on May 2.

There will be a citywide garage sale on May 21. To register a sale and have it located on a citywide garage sale map, contact City Hall at 631-0300 by May 13. There is no charge for registering your sale. To get a map contact City Hall after May 15.

St. Anthony Park

The District 12 Council approved a resolution urging Sen. Ellen Anderson to press for continued funding for cleaning up Superfund sites—in particular, the Valentine-Clark site, a former wood-treatment plant at 2575 and 2576 Doswell Avenue that is contaminated with hazardous chemicals.

The Minnesota Pollution Control Agency has changed its priorities in light of water-quality program cuts in the governor’s proposed budget. MPCA would shift money from Superfund to clean up water pollution from feedlots, septic systems, farm fields and other sources.

Work continues on the second draft of the district plan. That draft is scheduled for completion in July, when another community forum will be held. The first draft of the plan is available on the Community Council Web site: www.sapcc.org.

Results of the April 5 election:

North St. Anthony Park

Delegates: John Dodson, Greg Haley
1st alternate: Matthew Carlson
2nd alternate: Ron Sundberg

South St. Anthony Park

Delegates: Ranae Hanson, Gregg Richardson, Bruce Weber, Patrick Warren
Alternates: Arnold Ramler, Michael Von Kruden
Business representative: Ray Bryan, Raymond Computers
Belinda Escalante, Perfect Little Spa and Salon
Paul Kirkegaard, St. Anthony Park Dental Care
Deborah Kuehl, Luther Seminary
Lisa Nicholson, Salsa Lisa
Fred Peters, independent attorney
Grant Wilson, U of M

—Susan Conner and Dave Healy

13TH ANNUAL

SOCCER SATURDAY

Saturday May 21st, 2005
South St. Anthony Park Rec Center
Soccer Clinic & Rally for Grades K thru 6
9:00 a.m. ’til Noon
T-shirts & snacks provided to all participants

Register at the Langford Park Rec Center in person or by phone, 651-298-5765. Advance registration is appreciated, but not required for participation. Fee of only $5.00!

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May at Micawbers...

A special event for all Mothers or those who know and love them.

Thursday May 5th at 7 p.m. Nanci Olesen Founder and Creator of MOMbo: A Radio Resource for Moms will discuss her cd collection “Now You MOMbo!” which deals with all the issues of motherhood.

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Wednesday

May 11th at 7 p.m.
local mystery writer David Housewright reads from “Tin House” as Mac Mckenzie goes undercover in the Twin Cities after an old friend is executed in cold blood
Urban location and Victorian charm mix at Como Park B & B

by Sabra Waldfogel

Dennis Carter, co-proprietor of the Wynne Inne in Como Park, says that his bed-and-breakfast is impossible to miss from the street.

He’s right. The 1886 structure is painted in colors that would have delighted the Victorians: lemon yellow with turquoise trim. Carter and his wife, Sue, opened their B & B last year just before the State Fair began. Its full name is Crystal Dreams B & B at the Wynne Inne.

Their guests come from all over, Dennis says. Sue adds, “Anniversaries are the top reason.”

Inside, the house is decorated with similar Victorian exuberance. The entryway is painted in another bright color, apple green, and furnished with a mix of antiques—a French velvet-upholstered kidney bench from the 1750s, a stand with a painted backsplash and lots of mirrors.

“The rule of thumb is one mirror per room,” says Dennis. “We have one per wall.”

The living room has a huge bay window that looks out over the rail yard. Despite the proximity to the railway, the street is quiet.

The Victorians hated an empty space, and the living room has the Victorian joy in decoration: oversized furniture, knickknacks in the china cabinet and on the mantel, and pictures and mirrors on every wall.

“We went with oversized stuff,” says Dennis, “so we felt we could get away with bold colors. They’re almost like trim colors.”

The effect is cozy and comfortable, a Victorian parlor that makes you want to spend the day in front of the fire.

All three fireplaces in the house—one in the living room, another in the dining room, the third in the guest room upstairs—are decorated with period tile.

“The rule of thumb is one mirror per room. We have one per wall.”

–Dennis Carter

The Morrison house needed restoration. The woodwork had been painted with lead paint that had soaked so deep into the pine that it couldn’t be removed. The Carters had new woodwork.
Making room for bicycles

“Every time I see an adult on a bicycle I no longer despair for the future of the human race.” —H. G. Wells

Is there room in the modern world for bicycles? Sales figures would seem to suggest so. According to the National Sporting Goods Association, Americans buy about 18 million bikes a year. Including accessories, the biking industry accounts for some $5.5 billion annually.

In a world where machines grow daily more complex and incomprehensible, the bicycle remains a model of elegant simplicity. The transfer of energy from legs to pedals to chain to wheels is the sort of practical physics lesson that anyone who has piloted a bike understands intuitively.

Most of us don’t know how a car works, or a computer, or a cell phone, or most of the machines on which our lives increasingly depend—nor do we have a clue how to fix them when they break down. But a bike—that you can do something with.

The bicycle’s simplicity, however, is not merely mechanical. Riding a bike in the 21st century is an exercise in civility, as the novelist Iris Murdoch understood: “The bicycle is the most civilized conveyance known to man. Other forms of transport grow daily more nightmarish. Only the bicycle remains pure in heart.”

Parity of heart, some might say, is a rather grand notion to associate with pedaling a two-wheeled contraption whose ancestor was called the “boneshaker.” Certainly it’s one that most bike riders are unlikely to ascribe to themselves. When you get on a bike, you’re not looking to engage in philosophical reflection or self-analysis. You’re interested in getting from point A to point B.

Mostly, perhaps, but not always entirely. While you might use your bike to get to the store or to school or to work, you might also use it to get . . . nowhere in particular. You might, in other words, just decide to go for a bike ride.

Bicycling has become a form of recreation, a development that has spawned knobby tires and trails and cycling clubs and events like the St. Paul Classic Bike Tour, held every September. Such biking is recreational. The object is not a destination but a journey. And a bike proves a particularly hospitable means of journeying.

One reason for this is that traveling by bike engages you with your surroundings. The pace enables one to notice things that automotive travel reduces to a blur. An unenclosed bike seat exposes the rider to wind and weather. The self-propelled bicyclist is forced to remember at every moment that the earth is rarely flat.

As Hemingway put it, “It is by riding a bicycle that you learn the contours of a country best, since you have to sweat up the hills and coast down them. Thus you remember them as they actually are, while in a motor car only a high hill impresses you, and you have no such accurate remembrance of country you have driven through as you gain by riding a bicycle.”

Though modern life is dictated by the motor car, and though in America our ultimate rite of passage is acquiring a driving license, still the bicycle remains our first great agent of liberation. Put a kid on a bike and she can go anywhere—a fact that fills children with exhilaration and parents with anxiety.

And what of adults? For them, a bike is a no-nonsense, no-stress sort of practical physics lesson that anyone who has piloted a bike understands intuitively.

But it’s not just kids who are liberated by bikes. In 1896, Susan B. Anthony had this to say: “Let me tell you what I think of bicycling. I think it has done more to emancipate women than Susan B. Anthony had this to say: “Let me tell you what I think of bicycling. I think it has done more to emancipate women than anything else in the world.”

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St. Anthony Park Community Foundation announces grants

by Dave Healy

Thirteen nonprofit organizations serving the St. Anthony Park area were recently awarded grants totaling more than $18,000 by the St. Anthony Park Community Foundation, bringing its six-year grant total to more than $100,000.

Greta Gauthier, Grants Committee chair, said, “To be able to make a difference to this many neighborhood groups is really gratifying. I wish we could have met the needs of all 17 applicants.”

“The people of St. Anthony Park know what it takes to make a healthy neighborhood,” said Jon Schumacher, executive director. “The need is great but really gratifying. I wish we could have met the needs of all 17 applicants.”

Community Child Care
$500 to pay for curriculum enhancement and technical equipment.

Episcopal Homes of Minnesota
$1,000 programming grant for a new senior transitional care unit.

Hampden Park Co-op
$250 to help create a seating area to enhance social interactions among community members.

Murray Junior High School
$2,500. $500 to purchase instruments for the jazz band and $2,000 to support scholarships for the Wolf ridge Environmental Learning program emphasizing leadership and cultural understanding.

Music in the Park Series
$1,000 to help support the Family Music Series and musical outreach to local schools.

Neighborhood Recycling Corporation
$500 for a District 12 forum on environmental concerns and solutions.

St. Anthony Park Block Nurse Program
$2,000 to increase outreach activities to area senior citizens.

St. Anthony Park Co-op

Tutoring program serves African children

by Dave Healy

One of 13 organizations that received a 2005 St. Anthony Park Foundation grant, the St. Anthony Park Supervised Study and Tutoring Program serves children from Eritrea, Ghana, Kenya, Nigeria, Uganda and the U.S.

The program began in 1995, when Beatrice Garubanda, a Ugandan immigrant, started working with children in her home to enhance their academic performance and keep them from getting involved in delinquent activities. Since 1997, the program has been housed at St. Matthew’s Episcopal Church, 2136 Carter Avenue.

Garubanda has been a member of St. Matthew’s since 1979. In 1998, she was formally recognized as the minister for refugees, international students and immigrants at the church, an unpaid volunteer position.

The mission of the program is to provide a safe, caring environment for the children of African refugees and immigrants, and tutoring to help them improve their academic skills and performance in school. The ultimate goal is to prepare them to continue on to higher education. Currently the program serves 14 children, ages 5-17, two evenings per week, with two hours of tutoring and a half hour for a hot meal. Most children are from low-income families.

St. Matthew’s provides space and utilities, as well as a contribution toward food costs. The church also provides many of the volunteers who staff the program. Current volunteers include high school and college students, a video producer, an accountant and a librarian.

Garubanda provides transportation for the children, using her family’s van.

The $2000 grant will enable the program to purchase computer equipment, software and instructional materials.

Preschool
$500 for play equipment.

St. Anthony Park Garden Club
$500 to help remove invasive woody plants from private land.

St. Anthony Park School Association
$5,000 for arts enrichment programs.

St. Anthony Park Supervised Study and Tutoring Program
$2,000 to pay for computer equipment, software and teaching materials to help tutor children of lower-income African immigrants.

St. Anthony Park United Methodist Nursery School
$500 for play equipment.

St. Paul Vocal Forum
$2,000 to help pay for staff and performers to expand operations and broaden musical scope.

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**HHH Job Corps Center students keep busy in April**

*by Dave Healy*

April 15 was a busy day for the Hubert H. Humphrey Job Corps Center, located at Stoebling and Arlington Avenues in the Como Park neighborhood.

During the day, about two dozen students helped with buckthorn removal along the banks of the Minnesota River in the National Wildlife Refuge. Volunteers trimmed, sprayed and removed buckthorn, an invasive nuisance shrub that threatens other natural growth in the refuge.

The evening of April 15, the Job Corps Center hosted an educational forum aimed at providing young people exposure to colleges that have historically served African-American students. The event was held at the Minneapolis Parks and Recreation Board’s Green Central Gym.

The event began with an educational outreach hour that included information booths. This was followed by drill team demonstrations by the Sabathanites, a local drill team, and by the HHH Job Corps’ newly formed drill team.

Next was a guest panel of speakers representing the featured educational institutions. The evening concluded with an awards ceremony for individuals and groups that have provided leadership in advancing educational opportunities for African-American young people in the Twin Cities area.

Earlier in April, four Job Corps trainees in the painting/wallpapering field provided finishing touches on the new Como Park Zoo and Conservatory store. And on April 16, another crew of Job Corps volunteers assisted with cleanup activities at Como Park.

Volunteer work on April 15 and 16 was part of National Youth Service Day. HHH students joined volunteers from 122 Job Corps Centers around the country.
What's cookin' in south St. Anthony Park?

Two restaurants open on Raymond Ave.

by Judy Woodward

Nutritionists say the most important meals of the day take place before the dinner hour. Morning is the time for serious eating, say these experts. That's when your body still has an opportunity to burn up all those calories that might otherwise weigh you down if consumed at night just before you slip into well-fed slumber.

If it's true, then the hungry risers of south St. Anthony Park are in luck. They now have two fewer reasons to skip breakfast and lunch.

At the Raymond Avenue/Territorial Road intersection, one new restaurant has opened and another is getting ready for a summer debut. Neither dining spot has plans to serve dinner, but the management of both places is confident that the pleasures of their daytime offerings will make up for the lack of an after-five menu.

Occupying the former site of Chet's Taverna on Raymond Avenue is Jay's Café, a neighborhood eatery whose focus, says owner/chef Jay Randolph, 47, is "straightforward, honest food."

Jay's, which opened in February, has a breakfast menu that features several kinds of eggs plus something called "the Waffle," a daily creation. The lunchtime menu includes sandwiches, tamari noodles, salads and pizza with interesting toppings like homemade sausage and Asian BBQ chicken.

Randolph says the menu will change depending on the season and his culinary preoccupations at the time, but his current specialty is what he calls the "pasta of the day." "I'm really enjoying it now," he says. "It's normally a half-moon with heavy dough" found in many cultures. "Our take is to roll the ingredients in a big piece of pie dough. Then cut the ends off so you can see what's inside. That way, you still get a wonderful crust without feeling as if you've eaten a dough ball."

Jay's Café is Randolph's debut as a restaurant owner, but he's far from a novice in the food business. For 25 years, he's been cooking people's meals in settings as diverse as the Green Mill, local country clubs and the elegant 510 Restaurant in Minneapolis. Most recently, he worked as an executive chef for corporate headquarters at companies like Land o' Lakes and Medtronic.

In those positions, he supervised a staff of 50. He now runs Jay's Café with eight people, including his wife, Jennifer, who lends a hand when she can spare time from caring for the couple's three-month-old son.

The biggest difference between his present life and his corporate career, Randolph says, is that "now I get to touch everybody. I get to know employees and the customers. And I'm able to have total control over what kind of good food gets made every day."

As a pro in the business, Randolph knows the dismal statistics about restaurant longevity. Most restaurants fail within the first two years of operation. He remains undaunted, a state of mind that can only be attributed to a serious love for what he does, "There's a love of serving people," he admits. And, he adds, those lucky days when the food, the setting and the staff are perfect and the customers are all perfectly satisfied can keep him going for the rest of the year.

There's a more elemental bond, as well. "The food grabs ahold of you," he says. "Sharing food with people creates a bond. It's hard to walk away from that and say I'm going to build widgets instead."

Jay's Café is at 791 Raymond Avenue. It's open from 7 a.m. to 3 p.m. Tuesday through Saturday. For more information, check their Web site (www.jays-cafe.com) or call 644-1446.

Meanwhile, around the corner from Jay's at 2386 Territorial Road, Atiki's has built a thriving catering business that provides gourmet meals to the many private jets that touch down at local airports.

This spring, co-owners Kristen Wasyliczyn and her husband, Hassan Elatiki, will begin offering home-cooked box lunches and salads to make when you order at local airports.

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As a pro in the business, Randolph knows the dismal statistics about restaurant longevity. Most restaurants fail within the first two years of operation. He remains undaunted, a state of mind that can only be attributed to a serious love for what he does, "There's a love of serving people," he admits. And, he adds, those lucky days when the food, the setting and the staff are perfect and the customers are all perfectly satisfied can keep him going for the rest of the year.

There's a more elemental bond, as well. "The food grabs ahold of you," he says. "Sharing food with people creates a bond. It's hard to walk away from that and say I'm going to build widgets instead."

Jay's Café is at 791 Raymond Avenue. It's open from 7 a.m. to 3 p.m. Tuesday through Saturday. For more information, check their Web site (www.jays-cafe.com) or call 644-1446.

Meanwhile, around the corner from Jay's at 2386 Territorial Road, Atiki's has built a thriving catering business that provides gourmet meals to the many private jets that touch down at local airports.

This spring, co-owners Kristen Wasyliczyn and her husband, Hassan Elatiki, will begin offering home-cooked box lunches and salads to make when you order at local airports.

What's cookin' in south St. Anthony Park? Two restaurants open on Raymond Ave. by Judy Woodward
Coffee Grounds to host May 3 peace benefit

On May 3, Coffee Grounds, 1579 Hamline Avenue, will host “Cuppa Peace,” an evening of music, coffee and talk to benefit the Nonviolent Peaceforce, a Twin Cities-based, international, nongovernmental organization whose mission is to build an unarmed civilian peacekeeping agency.

The Nonviolent Peaceforce is operating a pilot project in Sri Lanka and exploring a second project in several other conflict areas.

The event features music by folk singer Rachel Nelson and a talk by Como Park resident Mel Duncan, executive director of the Nonviolent Peaceforce.

For more information, contact Natalie Brenner (612-871-0805) or visit www.nonviolentpeaceforce.org.

Peace Concert from 1

Holm sees important differences between anti-war thinking of the Vietnam era and now.

“We thought then that the Vietnam War was a kind of anomaly,” he says. “It was wounding to American idealism. There was a deliberate naiveté.”

Burch Thompson says that feelings of frustration prompted him to come up with the idea of a peace concert, and he stresses that the concert is not intended as a “political event.”

Thompson may not wield Holm’s rhetorical bludgeon, but his convictions are no less deep for being quieter voiced. “I don’t like this war,” he says. “The current administration’s policies are not mine.”

When Thompson got the idea for a benefit concert, he knew the right people to contact for help. “I really like the people involved in Neighbors for Peace. They’re protecting the right way, because they’re not out to insult and alienate the other side. I’d rather do something positive, it’s easier to be negative, but it’s not going to accomplish anything.”

St. Anthony Park resident Regula Russelle is a member of the local chapter of Minnesota Neighbors for Peace, a grass-room organization formed during the build-up to the war in Iraq.

Membership in the St. Anthony Park group, she says, peaked at about 400 during the intense days just before the March 2003 invasion of Iraq.

Active participants nowadays are down to a steadfast core of 14 or 15, but Russelle is undismayed. “Our objective is to bring about a culture of peace,” she says. “We’re feeling our way as we go. We’re interested in dialogue and in building bridges. That’s true here in the neighborhood, and true in the way we’d like to have our country be involved in international affairs.”

Julie Himmelstrup, artistic director of Music in the Park Series, had also considered the idea of promoting a peace benefit concert, and her organization agreed to handle the logistics of the upcoming performance.

“Thompson says there will be "all kinds" of music at the concert, from reggae to classical, including a special version of the old gospel classic “Ain’t Gonna Study War No More.”

Holm plans to read poems about “war and public life and community.” He describes some of his poetry as “funerary monuments,” noting, “You don’t want to be a character in my books because you have to be dead to be there.”

If Holm shows a more than passing concern with mortality, it may be understandable. He is recovering from recent heart surgery, having dodged the bullet 13 years ago when he suffered his first heart attack. He calls himself “an old guy with bad habits who loves cigarettes.”

He sees himself as the embattled heir of traditions that some Americans would prefer not to hear.

“My job is to bring news of civilization,” he says. “Anybody who goes outside the United States must have some idea what we look like to others. It can’t cheer them up.”

His advice? “Don’t listen to Karl Rove. Listen to anybody looking at us from across the room. Stay close to the border.”

Holm regularly takes his own counsel. He spends his summers in Iceland, the land of his ancestors, where things seem “sane, decent, quiet and civilized.”

Although he professes not to have much hope for the future, “not in the long run—or the short run either,” his natural ebullience makes him unsuited to despair.

“I love the world—music, friends, poetry,” he proclaims. “I love my life and I intend to go on living it.”

The May 8 Concert for Peace will offer performances at 3 and 7 p.m. at St. Anthony Park UCC, 2129 Commonwealth Avenue, with a reception to follow the concerts.

Tickets are $25, of which $20 is a tax-deductible contribution to the American Refugee Committee. Tickets may be ordered from Music in the Park Series, 2255 Doswell Avenue, Suite 201, St. Paul, MN 55108.

Tickets will also be available at Micawber’s Books and the Bibelot Shop in St. Anthony Park. For more information, call Music in the Park Series at 645-5699.
Local art galleries serve diverse interests
Focus ranges from local to international
by Natalie Zett

Art-loving Bugle readers have a wealth of galleries available in the immediate neighborhood. Natalie Zett visited three of them recently.

Midway Contemporary Art
3338 University Ave., Suite 400
612-605-4504
www.midwaycontemporaryart.org

Midway Contemporary Art, previously located at 2500 University Avenue, supports emerging and under-represented local, national and international artists. Still on University, but now located across from the KSTP building on the 4th floor of the Art and Architecture building (where they've been since last year), the gallery is coming up on its five-year anniversary.

John Rasmussen and John Ballinger, who met when they were students at Bethel, co-founded the gallery. "We wanted to incorporate—not just local artists—but a national and international kind of venue," said Rasmussen. "That really speaks to what's going on in the Twin Cities art scene."

He added, "We see ourselves as a launching pad for emerging artists, but we also work with artists who have more of a track record. In those cases, the encouragement is more toward innovation and diversity. We are interested in artists who are exploring new media. The shows we bring in are examples of rigorous work from artists who are very serious but also very experimental."

Raymond Avenue Gallery
761 Raymond Ave., 644-9200

"I love New York, so what am I doing here?" said Joseph Brown, artist and owner of Raymond Avenue Gallery. The building houses his work as well as several one-person or group shows per year, plus a continuing exhibition of gallery artists.

Since 1985, Brown has been the director/owner of this gallery and has provided a home for artwork that is often characterized as "craft."

"I wanted to provide a space for people doing this type of work—something besides art fairs," he said. "I've had potters, basket makers, and there's even a show of someone doing duct tape art in fall. A lot of the artists are faculty from the U."

Brown recalled his struggles as a student at the U years ago. "When I was in school, I would make stuff that some of the professors would disdain. They'd call it 'craft.' So I made sure that water poured into one of my cups leaked out. That way it wasn't functional and it wasn't craft."

Brown shrugs off labels now. "I make stuff that I want to make, and it's not always pretty. This is not a shop. I've never made money on it and never will, but I hope it gives artists a place to present their work."

"What's really awesome is that of the 12 groups funded, three were from Minnesota," Rasmussen said. "That really speaks to what's going on in the Twin Cities art scene."

He added, "We see ourselves as a launching pad for emerging artists, but we also work with artists who have more of a track record. In those cases, the encouragement is more toward innovation and diversity. We are interested in artists who are exploring new media. The shows we bring in are examples of rigorous work from artists who are very serious but also very experimental."

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John Rasmussen and John Ballinger, who met when they were students at Bethel, co-founded the gallery. "We wanted to incorporate—not just local artists—but a national and international kind of venue," said Rasmussen. "That's continued throughout the four years we've done programming. For example, this show we have now (Michaela Meise: Monument Minor) is from a young, emerging, Berlin-based artist. It's her U.S. solo debut."

Rasmussen noted that some of the first funding they received was from the St. Anthony Park Foundation and the Boss Foundation.

Rasmussen is optimistic about the gallery's future. Midway Contemporary Art recently received a two-year grant from the Warhol Foundation, the largest they've received so far. It will enable them to fund a second staff position.

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Local galleries to page 12

John Rasmussen

Joseph Brown

Local galleries to page 12

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Local galleries to page 12

John Rasmussen

Joseph Brown
Show yourself off this summer

Northfield, Collegeville and even Fargo-Moorhead—in two days, of course.

He has taken part in the Ironman Race, ridden in the Tour lake Camp Charity Ride and two charity bike rides (of 250 miles) in Israel, raising at least $3,800 for the Edinburgh Medical Missionary Hospital in Nazareth each time.

The Lantern Rouge team started because its members wanted to ride with people who were “friendly and supportive rather than grim and obsessive,” says Carlson. They wanted to race as a team rather than against each other, and wanted routes that were “good, hard workouts but not hammerfests,” according to their newsletter.

The group is hosting a series of brevets (timed rides) this spring and summer: a 200k ride to El Paso, Wisconsin, a 300k ride to Menominee, a 400k ride to Eau Claire and a 600k ride to Neillsville.

The rides are open to anyone, and riders are given brevet cards that will be signed and stamped at each checkpoint along the way. Then anyone who is a randonneur will have his or her results registered with the national organization if they finish within the time limit.

Doug Carlson and his fellow bicycling commuters have learned that there are many reasons to ride a bike instead of drive a car. As stated in “Sharing the Road,” a report by Transit for Livable Communities, 40 per cent of all trips we make are less than two miles, and 28 per cent are less than one mile, yet 75 per cent of trips less than one mile are made by car.

Bicycle commuting saves money on gas, parking and wear and tear on one’s car as well as reducing pollution and traffic congestion.

According to the Metro Commuter Services Web site, riding even one day a week can reduce commuting costs by up to 20 percent, and bicycle transportation in the United States saves an estimated 700 million gallons of gas annually.

The health benefits include weight loss; lowered rates of heart disease, diabetes and high blood pressure; greater stamina; and stronger bones and muscles.

In the Twin Cities there are many supports available to bikers—lots of trails, bike racks on buses, lockers that can be rented by the year or by the season and even a Guaranteed Ride Home program.

This program provides two $25 coupons every six months to anyone who walks, rides the bus, carpools or bikes to work at least three days a week. The coupons are free and available by filling out a registration form; they can be used to take a bus or cab in event of an emergency.

The month of May is designated as Bike Month, May 16-20 as Bike Week and May 19 as Bike Safety to Work Day. On that day Bicycling Magazine will give away 50 bicycles to metro area residents who will win them by writing about their experiences riding to work.

For more information about bicycle commuting, randonneurs or recreational biking, these Web sites may be of interest:

www.bikeped.org
www.mncommuterservices.org
www.mnsbac.org
www.rusa.org
www.bikeleague.org

To be able to ride (sometimes up to 25 miles) at the end of the day.

"On the other hand, they’re able to do overtime after a day of work," Carlson says with a wry smile. He knows they wish they could ride like him, too. He’s had a lot of help from some people he’s worked with. One man picked him up each morning on the way to their job in Farmington. Then Carlson would ride the 56 miles home at the end of the day.

Often he rides the bus in the morning and then bikes home after work. The job he is on now, at the Paul and Sheila Wellstone Community Center, is about eight miles from his home, so he takes a longer route home in order to get enough miles in.

Carlson is originally from Bridgeport, Connecticut, but has lived in Minnesota since he came here for college at Bethel College (now University) in 1966. He lived in Mervin Park until last year, when he and his wife, Marcia, moved into his new house on Eustis Street, where he did the block and brick work for the entire three-unit building. He and Marcia have two grown children. His son, Luke, rides and so do his grandchildren.

Carlson has fulfilled his desire to ride in other ways besides commuting. When his son played football for Bethel, Doug rode to each of the MCAC venues once in the course of the year. (That included trips to Eau Claire and Menominee, which will be signed and stamped at each checkpoint along the way. Then anyone who is a randonneur will have his or her results registered with the national organization if they finish within the time limit.)

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The Salon in the Park

• winner of our 2004 home at

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Highly personal service—attention to detail—depth of expertise—call us today!
Plants, hardware make a match

Rush Creek Growers supply Park Hardware
by Mary Maguire Lerman

Four summers ago, Park Hardware owner Dave Kerr learned that his regular vendor was going to discontinue providing plants to smaller businesses. Then he learned about Rush Creek Growers, operated and owned by Vicky Weis and Suzanne Baker, a wholesale company committed to helping smaller, independent businesses. They also sell retail at the St. Paul Farmer’s Market.

Weis and Baker are sustainable growers who employ biological pest controls while producing their plants. Their plantings grace Minneapolis parks, and last year they provided the stock for plantings along “East Street”—nicelit Avenue from Grant to 29th Street in Minneapolis.

This year they are creating two hundred hanging baskets for East Street and the Minneapolis Uptown business area.

Since 2001, St. Anthony Park shoppers have been able to purchase Rush Creek plants in their own neighborhood. Kerr said he enjoys doing business with Weis and Baker because “Rush Creek always has all of the hard-to-find varieties.”

Each day during the growing season, the Rush Creek Growers truck leaves the greenhouse operation in Spring Valley, Wisconsin to deliver stock to garden centers in the Twin Cities metro area. It is not unusual to find neighborhood gardeners on their cell phones calling each other when they see the Rush Creek truck unloading at Park Hardware. They may even help unload in order to get “first pickings.”

One of Rush Creek’s recent plant additions is now a favorite of mine. Known as Toorhache Plant (Spathanthus oleracea), its glossy leaves are topped by flowers that look like maroon and gold gumdrops. Its common name comes from the fact that if you chew on the leaves, you get a mild numbing of the tongue, similar to what occurs with a Listerine strip.

If you need a large quantity of a specific plant, Park Hardware can order entire flats. Special orders should be placed as soon as possible.

Rush Creek Growers started with a 3,000-square-foot greenhouse in 1995 and has grown to 20 greenhouses covering 3/4 of an acre. Weis and Baker are both from Wisconsin.

Baker has a degree in horticulture from the University of Wisconsin-Madison. Before joining forces with Weis, she worked for 20 years in greenhouse and horticulture operations. Later she started a business providing fresh cut herbs and flowers to restaurants, eventually expanding into bedding plants. When through a mutual friend Weis heard about Baker’s decision to start her own bedding plant operation, the two arranged a meeting and decided to join forces.

With Rush Creek Growers, Baker concentrates on selecting and growing plants, while Weis focuses on customers, marketing and bookkeeping.

After graduating in social work, Weis worked as a social worker, then a restaurant in Nashwauk for several years and raised sheep and angora goats.

Yet she was always a gardener at heart, and dove 70 miles each year to the Winter Greenhouse in Wisconsin, where a wide selection of plants awaited her.

Now she and Baker offer a similar selection of plants on a wholesale basis.

What can you expect to see at Park Hardware this season? Starting in late April you’ll find a wide selection of cultivated varieties of pansy and viola, snapdragons and specialty lettuce mixes. Once the soil warms, look for annuals from A (alyssum) to Z (zinnias). Watch for the huge selection of custom-grown coleus in a rainbow of colors. “Tilt a Whirl” coleus is Kerr’s favorite, so he ordered several flats to make sure that this year he has some for his own garden. He’ll also have many varieties of hanging baskets in a range of colors for both sun and shade.

In addition to flowers, check our heirloom tomatoes, artichokes, kale, basil and other goodies for your vegetable garden. Late last October I saw a unique combination of “redbor” and “dinosaur” kale mixed with ornamental grasses and fall-blooming perennials and annuals in the containers on windy Michigan Avenue in Chicago. What a display!

Take heart gardeners. The growing season is upon us. Hoe! Hoe! Hoe!

And remember, this is the year for the St. Anthony Park Garden Tour. Volunteers have already been long at work organizing the tour, scheduled for Saturday, June 25. Look for more information in the June issue of the Bugle.
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Art crawl returns to University and Raymond
Arts Off Raymond will take place May 13 and 14 by Natalie Zett
“OK, you can call it the Midway Art Crawl as long as you explain that it’s more than that,” said Martha Rast, visual artist and executive director of Arts Off Raymond.

The walls of her second-floor studio at University and Hampden are nearly covered with large oil canvases of boxes (the pigstool variety), and children’s toys are scattered on the floor. “I have two toddlers,” she explained.

For the last several months, Rast has found time in the midst of caring for her art, children, home and husband to knock on a lot of doors of businesses and art studios in the University and Raymond region to encourage participation in the annual event. Her persistence paid off. This year, over 80 artists and businesses will take part in a one-and-a-half-day event that lured over 4,000 to the University and Raymond area last year.

A big attraction this year is the bus,” said Rast. “We have a free bus from 1954, thanks to the Minnesota Museum of Transportation. It’s the bus that replaced the University Avenue Trolley.”

Rast noted that this year’s Arts Off Raymond will include some new participants. “The IFP (Independent Feature Project) on University and Franklin is new, and I hope people will check them out. They have classes in screenwriting, film and photography. There’s a bookbinder, too.”

Maps of the area, with participating buildings, can be picked up at Roasting Stones on the corner of University and Raymond, or at artsoffraymond.org/index.htm.

Although this is the eighth year Rast has been involved, she’s only been the executive director for the last couple of years.

“The event takes half a year to plan,” she said. “I try to get as many community artists and businesses as possible to participate.”

Even shy, reluctant artists can’t resist. Rast told one such individual, “C’mon. You’ve got beautiful work. Just open your door so people can see what you’re doing. You don’t have to serve wine or cheese or anything. You can even keep on working; just open your door so they can see what you’re doing.”

He conceded.

“Many don’t realize that south St. Anthony Park hosts a thriving arts community,” said Rast.

“For the last several months, Rast has found time in the midst of caring for her art, children, home and husband to knock on a lot of doors of businesses and art studios in the University and Raymond region to encourage participation in the annual event.”

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He conceded.

“Many don’t realize that south St. Anthony Park hosts a thriving arts community,” said Rast.

“‘There are incredible artists here, and people who enjoy original creative work will love the event.’”

Artists Off Raymond
Friday, May 13, 5-10 p.m. / Saturday, May 14, 10 a.m.-5 p.m.
University & Raymond area. Tour maps available from Roasting Stones.
Information: Martha Rast, 612-508-2989 or www.artsoffraymond.org/index.htm

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By now I’m sure that all you die-hard dinosaur fans will have already heard the exciting news about the discovery of soft tissues in a specimen of Tyrannosaurus rex.

There’s been lots of buzz surrounding this find in the galleries at the Science Museum, and I thought that No Bones readers might appreciate this in-depth, behind-the-scenes perspective on dinosaur soft parts.

The paper describing the T. rex soft tissues was published in the journal Science back in March by a couple of my colleagues—Mary Schweitzer and Jack Horner.

Mary had been on the hunt for dinosaur soft parts since she was a graduate student at the Museum of the Rockies in Bozeman, Montana. She got her start in grad school just as the first Jurassic Park movie was released, so you can imagine the hype that surrounded dinosaur DNA. Thus, the blood vessels that Mary recovered from T. rex aren’t all that unexpected, given what most scientists think about dinosaur growth rates.

Because T. rex was a relatively fast grower, its bones needed an ample supply of oxygen and nutrients to keep up with the fast pace of overall body growth. Thus, the blood vessels carrying these nutrients would be expected to branch complexly to infiltrate a wide area of a growing bone.

And of course, there’s the question that most reporters have been dying to get an answer to: If we can extract blood vessels and proteins from T. rex’s bones, can’t we extract DNA?

The answer is simple: sure. There’s a chance that Mary and her team, in future work, will extract some sequence of DNA from Tyrannosaurus rex. This doesn’t mean that a real-life Jurassic Park is around the corner, though. Seventy million years have passed since T. rex entered the fossil record, and the modification via fossilization, the chance for degradation of the DNA molecule and the chance for contamination are so high that even if we are able to pull a few base pairs of DNA from T. rex, we might never know whether it belonged to T. rex, a modern plant whose root traverses the minute spaces of the bones or some ancient insect.

I think the most exciting thing about this discovery is the amazing window it gives us into preservation. Fossilization is an enigmatic process and one that is difficult, if not impossible, to observe on a human time scale. This exciting discovery puts a new spin on our old views of what lies deep inside dino bones. Keep those questions coming, and stay tuned for next month’s installment of No Bones.
Arts Events
For the final concert in its 2004-2005 season, Music in the Park Series presents The Amelia Piano Trio on Sunday, May 1 at St. Anthony Park UCC, 2129 Commonwealth Avenue.
The trio will perform “Short Stories,” a piano trio written for the group by John Harbison, as well as Trios No. 1 and No. 2 in C minor by Brahms. Harbison will participate in a preconcert talk.
The trio consists of Anthea Kreston, violin; Jason Dukelis, cello; and Rieko Azuma, piano. Tickets are $18 in advance, $20 at the door, $12 for students. They are available at Bibelor and Micawber’s or by calling 645-5699.
The Prevailing Winds Woodwind Quintet joins the Solstice String Quartet for a free 4 p.m. concert on Sunday, May 15 at St. Anthony Park Lutheran Church, 2333 Como Avenue.
The quartet will perform works by Finnish composer Joonas Kokkonen. The quintet will follow with “Insects: Music Entomology in Six Legs” by John Lampkin and “Circus Entomology in Six Legs” by John Lampkin and “Insects: Music Entomology in Six Legs” by John Lampkin and “Circus Entomology in Six Legs” by John Lampkin. The program also features music by John Harbison as well as sculptures by Lucy Grant and watercolors by Thigpen.
A special performance of “Found” by the Mixed Blood Theatre will take place at 3 p.m. May 21 at the Sabathani Community Center, 510 E. 38th Street in Minneapolis. Two organizations—Parents of Latin American Children, and Children’s Home Society and Family Services—will host a discussion panel and reception after the performance. Call 612-358-6131 for reservations.
Sales/Benefits
YMCA Camps Widjiwagan and du Noid will hold their annual spring garage sale at the State Fairgrounds Merchandise Mart May 11-14. Hours are 9 a.m. to 7 p.m. Wednesday-Thursday and 9 a.m. to noon Saturday.
More than 250 families contribute clothing, household items, toys, books, antiques, furniture, sports equipment, etc. All proceeds go to the camps.
On May 19, several St. Paul restaurants will donate a percentage of their profits to support St. Paul area Block Nurse Programs. For a list of participating restaurants, see www.cafeforlife.org. For more information, call 642-9052.
During May, Pampered Chef will observe its sixth annual Help Whisk Campaign. Funds will be raised for the American Cancer Society through the sale of certain Pampered Chef products and through designated kitchen shows.
Since 2000, Pampered Chef has raised more than $3.3 million for the American Cancer Society’s education and early detection programs. For more information about the campaign, contact Deb Sysvets, St. Anthony Park resident and Pampered Chef independent sales director, at 644-2613.
The Lutheran Seminary housing community will hold a rummage sale at 1570 Eustis Street, May 26-28 from 9 a.m. to 5 p.m. each day. Bikes, grills, clothing, shoes, novelties, etc. will be for sale. All proceeds go to charity. For more information, call Clare Tallonruen at 644-1807.
Holy Childhood Church, located at Midway Parkway and Dausal Street, will hold a rummage sale on Thursday, May 12 from 9 a.m. to 5 p.m. and Friday, May 13 from 9 a.m. to noon. For more information, call Agnes Dyens at 644-9911.
The Friends School of Minnesota will hold its annual plant sale May 6-8 at the State Fairgrounds 2nd Grandstand. Hours are 11 a.m.-8 p.m. Friday, 9 a.m.-8 p.m. Saturday and noon-4 p.m. Sunday. Information: 917-0076 or www.themnm.org to download a complete catalog.
Cleanup
The Midway Chamber of Commerce will conduct its seventh annual Great University Avenue Spring Cleanup on Saturday, April 30. The event begins with a free breakfast at 8:30 a.m. Volunteers work until about 11 a.m. All supplies including gloves, trash bags and safety equipment will be provided. Last year, more than one ton of trash was collected and disposed of. For more information or to volunteer, call 646-2636.
Nature Walk
The District 10 Environment Committee will sponsor a tree identification trek in Como Park on Saturday, May 21 from 10 a.m. to noon. Meet in front of the Lakeside Pavilion.
Landscape Restoration
The Ramsey Conservation District invites participants for its Native Vegetation Landscape Restoration Program. The RCD will provide free technical assistance for landscape restoration projects that create habitat and protect waterways. The RCD will also pay up to 50 percent of the cost of eligible materials.
Eligible projects include rain gardens, lakeshore and streambank restorations, and other native plantings. The site must be in Ramsey County. For more information, contact Laura Bates at 645-6727 or visit www.ramseyconservation.org.
Garden Club
At the May 3 meeting of the St. Anthony Park Garden Club, Kim Chapman will talk on “Sustainability in the Backyard.” Chapman has been an ecologist and conservationist for 25 years; has taught ecology, biology and conservation; and has worked with the Nature Conservancy and local churches to restore oak savanna habitat and to introduce rain gardens.
The business meeting starts at 6:30 p.m., with the speaker at 7:15. The meeting takes place at St. Anthony Park Library.
Carousel
Cafesjian’s Carousel opens for its sixth season in Como Park on May 1. Hours are T-F 11 a.m. to 4 p.m., Sa. and Su., 11 a.m. to 6 p.m. Tickets are $1.50. Volunteers are needed to operate the ride, assist riders and sell tickets and merchandise. For information: 489-4626, volunteer@cafesjancarousel.org, or www.ourfaircarousel.org.
Music Boxes
The Snowball Festival of the Musical Box Society International will present “Mechanical Melodies by Lake Como” on Sunday, May 29 from 11 a.m. to 5 p.m. at the Como Lakeside Pavilion.
The free event features carousel music played on a variety of automatic musical machines. For more information, call 645-2498 or 763-745-3350.
Comic Book Day
May 7, Source Comics & Games, 1601 W. Larpenteur Avenue in Falcon Heights, will join 2,000 other comic book shops around the world in celebrating Free Comic Book Day.
All May 7 visitors to the Source will receive a free comic book. No purchase is required. The event runs from 10 a.m. to 9 p.m. Information: 645-0386 or www.freecomicbookday.com.
Quarter School
A new charter school will open this fall in St. Anthony Park. The Twin Cities German Immersion School will hold classes at 1399 Eustis Street, in the former Union Hall building.
The school will open for kindergartners and first grade students, and will expand one grade each year to grade 8. It will feature German language immersion, an international perspective, hands-on learning and an integrated arts program.
As a public charter school, TCGIS charges no tuition. The school is committed to small class sizes and meaningful parent involvement.
Information: 492-7106, info@germanmsmn.org, www.germanmsmn.org.
Acupuncture
On Monday, May 9, Shen Men Acupuncture and Natural Health Care Center will hold an open house from 5:30-9 p.m. The center is located at 2395 University Avenue W., Suite 220. Visitors can meet the center’s two acupuncturists: Victoria Hult, LAc, and St. Anthony Park resident Conradine Sanborn.
Raport Center
On Saturday, May 21 the Raport Center will hold its annual spring raprot release at Battle Creek Regional Park. The event is sponsored by the Raport Center at the University of Minnesota in conjunction with the Ramsey County Parks and Recreation Department and the 3M Foundation.
The event runs from 10 a.m. to 1 p.m., with the release at noon. It also features education, entertainment and children’s crafts. Information: 612-624-4745, www.raportcenter.org.
Raport Tails Story Time continues in May at the Raport Center, 1920 Finch Avenue on the St. Paul Campus. The May 5 and 19 sessions are from 1-1:45 p.m. Participants will meet a live raptor, hear a story and make something to take home.
Registration (612-624-9755) is required. Cost is $3.50 per child; no charge for adults. One adult per five children is required.
People
On April 7, during Lobby Day at the State Capitol, Rep. Alice Hausman met with constituents of Legislative District 60B who are opposed to House File 6, a proposed constitutional amendment that would prohibit state recognition of same-sex couples or its legal equivalent between same-sex couples.
The meeting with Hausman, who voted against HF 6, was initiated by OurFront, the state’s largest organization for lesbian, gay, bisexual, transgender citizens and their allies.
Students
Como Park High School announced the top ten students in each grade for the first semester:
Grade 12: Liv Anderson, Rachid Aversido, Ross Berman, Kristina Brown, Derek Bark, Samantha Erickson, Drew Henry, Elina Sweedersborg, Laura Ubani, Casey Yang
Grade 11: Kiara Brancell, Eleanor Croce, Bryan Fate, Linus Kangas, Jordan Looney, Pa Niha Lor, Jonah Miller, Michael Peterson, Lydia Sorensen, Henry Weiner, Jerry York
Grade 10: Kyle Davey, Caitlin Durker, Lauren Hafemeyster, Beti Konje, Andrew Brown, Andrew Kingoetier, Emily Fate, Kelsey Edin
Grade 9: Aaron Avenido, Andrew Barnes, Elisabeth Edgerton, Adrianne Ngam, David Yang, Jonath Brown, Michela Dimond, Benjamin Knauf, Ezriick Fwyneye, Jill Polin, Virginia Senf, Alee Yang
Board Members Sought
The St. Anthony Park Block Nurse Program is looking for community members with an interest in issues affecting older adults to serve three-year terms on its board, which meets monthly. For more information, call Mary Jo at 642-9052.
Tatum Street lore: Remembering salamanders, forts and the 4-H pie social
by Joan Larson

Living on Tatum Street in Falcon Heights made me one of the special pioneers. Growing up there, we all sensed it. Perhaps it’s the fact that its half-mile span creates an uninterrupted community. Children could wander its length safely, and so close neighbors meant plenty of potential playmates.

On the other hand, perhaps it was the people themselves, so many building their homes themselves in the 1940s and 50s—when one’s own sweat and tenacity built a home. Indeed, a few old Tatum Streeters yet endure and pass down a carefully cultivated culture of community.

The annual 4-H pie social is no more, but Tatum Street gatherings on holidays or to introduce new neighbors appear spontaneously from time to time. My driveway was Maintenance-free during one snowy day this winter, true to the ethic of Tatum Street. Neighbors went out for the Tatum Street children, share gardens’ bounties and swap all sorts of commodities, from lawn mowers to help with child care.

This echo old Tatum Street lore, Leonard Harkness is an integral character in these stories. It was said that you couldn’t build a fence without Leonard suddenly appearing with his post-hole digger, proceeding to complete the job himself as you stood stunned, watching him run circles around you.

Leonard, my dad, Curt Larson, Erling Hallanger and Al Lux made a famous trip to a swamp up north in the late 1950s. They dug our sapling swamp birch and hauled them home to begin foresting the bare, newly built-up lots.

Those birch grew fast and thick to shade the ever-expanding homes at the north end of the street. One still lives in my front yard, and the city forester advises I seek out a seedling in my gutter because those are some hearty birch genes.

When I was growing up in the ’60s and ’70s, Hermes Floral sat at the current site of Twin Cities Coop Credit Union. A vast maze of greenhouses stretched behind it. North of these was a “dump,” a tree nursery and woods.

Now that area holds a parking lot, houses, town homes and office buildings—and is home to the Tuesday morning Farmer’s Market.

The old spread of dirt roads, ditches and growing things provided an enchanted realm for children to explore. The woods provided a narrow buffer between the Tatum Street houses and Rose Hill Nursery trees. A ditch divided the wood and nursery, and it would fill during snow melt and heavy rains, necessitating wooden log bridges built by enterprising children.

We knew every trampled trail that wound through the woods to our forms. We build furnitures of gathered field grasses, store nuts from the huge hazel tree in our “kitchens,” and weave walls of grass from sapling to sapling. Sometimes we’d return to find our forts tansacked, then rally an undercover investigation to discover the identity of the enemy.

For the most part, though, the street’s children were building three days with adults fringing the edges of our lives—a nurseryman on a tractor, Mrs. Fall out hanging laundry, Mrs. Aiken ringing her triangle announcing supper, a Hermes worker hauling garbage to the dump.

One of our cherished escapades was to search the dump for treasures—most often in the forms of slightly begauded gladiola stalks, red or pink horns with tiny brown creses in the petals. We’d proudly gather them home to a vase, feeling like we’d presented our mothers with a gift befitting Doris Day or Julie Andrews.

Another secretly treasured endeavor was our “clay factory.” There was a spot in the ditch where we discovered caramel-colored, sticky and easy to form into pottery. We’d haul our trowels and buckets there, dig out a wet wad and busily craft cups, bowls and ash trays (though no one in our families smoked).

Sometimes we’d opt for a less utilitarian session, sculpting statues for birthday gifts. We’d set our creations in the sun to bake, first removing stray twigs of vegetation. When dried to hard-crack stage, we’d color them with tempera paint and, if we could, coax it from our dads, an additional shiny coat of varnish.

When one of the club members, Roy Hallanger, broke his collarbone, the story spread and helped scare off any adventurous younger explorers. It happened when the boys were packing in supplies for a sleepover. As the story goes, Tom Harkness threw a pillow up to Roy, who clung to the tree house door frame. Tom threw a little off his mark, and Roy reached out a little too far.

Most of the elms and swamp birch of Tatum Street are now gone, but one distinctive red pine towers above my roofline, higher than we could ever throw in a game of Annie-Annie Over.

My brother, Reed Larson, won a red pine sapling, a few inches high, when he was in fourth grade and wrote a poem for the Arbor Day contest at Falcon Heights School. Now birds at his tippy-top can see down the whole half-mile length of Tatum Street, to the U of M farm fields to the south, and maybe even to the schoolhouse at the corner of Larpenteur and Cleveland where Reed went to kindergarten just before Falcon Heights School was built. This tree has witnessed the evolution of the Tatum Street community.

In its shadow, about half as tall, is a Norwegian pine my son was given on Arbor Day at Brinihan in the 1980s.

Long gone are the days when trees were only in surrounding woods and our neighborhood echoed with the empty yards of a new development. Storm sewers channeled our run-off to Como Lake. And at the end of every July, families flock to the grandchild of the 4-H Pie Social—the Falcon Heights Ice Cream Social at Community Park.
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Episcopal Homes to hold May 21 open house
by Dave Healy
On Saturday, May 21, from 11 a.m. to 3 p.m., Episcopal Homes will host a campus-wide open house to familiarize area residents with what a “continuing care community” is and how living in one can benefit seniors and their families. The event includes live music and refreshments.
A continuing care community offers seniors a continuum of living options on a single campus: independent living, assisted living and nursing home.
Episcopal Homes also offers a continuum of pricing options to accommodate residents of all income levels. In addition, the campus includes a transitional care center that provides rehabilitative therapies for joint replacement surgery, strokes or other debilitating illnesses.
The open house will spotlight newly-opened Cornelia House (1840 University Avenue), a 47-unit independent living residence for ages 62 and up.

From Cornelia House, visitors will be able to tour the other three residences on the campus via the enclosed walkways that link all the buildings. These are: Episcopal Church Home (long-term and transitional care), Iris Park Commons (assisted living) and Scabury (HUD-subsidized independent living).
Episcopal Homes, a nonprofit now in its 111th year, operates one of the few continuing care communities in St. Paul. It welcomes residents regardless of race, gender, religion or national origin.
The Episcopal Homes campus is located on the southwest corner of University and Fairview Avenues.
Overflow parking will be available along University Avenue and on Lynnhurst Avenue along the west side of the campus. For more information, visit www.ehomesmn.org.

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Council seeks accounts of watershed history

May 18 community forum kicks off Bridal Veil Creek study
by Nina Axelson and Karlyn Eckman

The St. Anthony Park Community Council wants to hear stories about Bridal Veil Creek and the ponds and springs in St. Anthony Park. To that end, the council will hold a community forum on May 18 from 5-8 p.m. at Luther Seminary.

The event will be a chance to share personal accounts—everything from residents who may have played or fished in local watering holes as children, to scientists with a special interest in this area.

The forum is the first step in a new study of the Bridal Veil Creek sub-watershed of the Mississippi River. The council hopes the May 18 event will lay groundwork and create connections among neighborhood experts, the council and the consultants hired to carry out the study.

In April, the Kestrel Design Group, in partnership with Wenck, was selected to complete a study of the Bridal Veil sub-watershed. The Mississippi Watershed Management Organization (MWMO) and the St. Anthony Park Community Council are administering the project.

Funding for the study comes from MWMO, which uses its tax-levied funds for watershed studies and research, capital improvement projects, monitoring water quality and the MWMO Stewardship Fund. St. Anthony Park residents Karlyn Eckman and Gregg Richardson represent the city of St. Paul as MWMO commissioners.

Kestrel and Wenck were chosen for their extensive background in ecology, hydrology, biology, industrial archeology, geographical information systems, history of natural systems and community involvement.

The project will also benefit from Kestrel’s ongoing work with the Southeast Como Improvement Association at the Bridal Veil Creek duck pond. Kestrel has already begun searching for historic maps that show the original drainage of the creek and presentment location of springs, tributaries and wetlands.

This one-year study will assess the original boundaries and vegetative cover of Bridal Veil Creek, and will result in a series of recommendations intended to assist St. Anthony Park and other neighborhoods in making informed decisions about water, land use and selection of native species for replanting. This will require Kestrel Design to collect maps, natural inventories, historical documents and personal chronicles of this area.

Bridal Veil Creek once drained St. Anthony Park, Southeast Como, Prospect Park, portions of St. Anthony Village, the Hamline-Midway neighborhood and Lauderdale.

Bridal Veil Creek once drained St. Anthony Park, Southeast Como, Prospect Park, portions
of St. Anthony Village, the Hamline-Midway neighborhood and Lauderdale.

The main channel of the creek probably flowed near Highway 280 from Lauderdale toward the Mississippi. The original watershed can be visualized from the Hwy. 280 overpass at Larpenteur by looking south. There may have been another tributary flowing from east to west, approximately where the railroad lines travel under the Raymond Avenue Bridge.

Today the creek flows underground through sewer pipes and emerges under the Franklin Avenue bridge as Bridal Veil Falls, where it cascades into the Mississippi River more than a hundred feet below. There are still several ponds and at least one spring remaining from this historic creek system.

The May 18 community forum will be the first in a series of public workshops intended to involve the community in this study. St. Anthony Park residents can also have a voice on local environmental issues by joining the St. Anthony Park Community Environment Committee. Contact Karlyn Eckman (649-1606, eckma001@umn.edu) for information about MWMO.
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HealthPartners Como clinic offers new services
by Dave Healy

A long-time fixture on Como Avenue in St. Anthony Park will soon be offering some new takes on patient service in health care. HealthPartners Como Clinic recently announced that it will begin offering Saturday hours from 9 a.m. to noon on April 30 with four primary care providers staffing the clinic.

“Saturday morning hours are a nice option for people who can take time off work during the week to see the doctor,” said Emily Smith, RN, assistant care delivery supervisor. “Our clinic pharmacy, dental clinic and optical services will also be available on Saturdays, so we’re offering substantially more services than patients could expect at an urgent care or quick clinic.”

The clinic, at 2508 Como Avenue, opened in 1957 and was the first HealthPartners clinic in Minnesota. It offers primary health care services in family practice, pediatrics and internal medicine, as well as a variety of specialties including geriatrics, audiology, orthopedics, eye care and others.

The clinic also has a pharmacy, radiology and lab services, and a dental clinic and now accepts patients with insurance other than HealthPartners.

“Saturday morning hours are a nice option for people who can’t take time off work during the week to see the doctor.”

—Emily Smith, HealthPartners assistant care delivery supervisor

Despite being the oldest of HealthPartners 22 metro-area clinics, the Como Clinic has kept pace with advances in health care, said Janet Dorfman, RN, site supervisor. The clinic already offers patients a fully functional electronic medical record system and the ability to make appointments over the Internet. Beginning in May, the clinic will begin testing a new system that gives patients secure online access to view parts of their medical record such as immunization records and test results.

“We’re excited to be the first clinic in the HealthPartners system to offer this technology,” said Dorfman. “We believe this service will be a very convenient option for our patients.”

Jodi Lange, business systems supervisor, said that in the almost 50 years the Como clinic has been in operation, the staff has forged strong relationships with the community.

“We’re a member of the Midway Chamber of Commerce,” she said. “We contributed for the St. Anthony Park banners that line Como Avenue.”

Lange added that HealthPartners has been involved with a variety of other local organizations including the Keystone Community Center, St. Paul Public Schools’ Agape School and the Midway YMCA. HealthPartners offers flu shots every year for anyone over 65, regardless of insurance coverage. The Como Clinic parking lot also serves as a park-and-ride lot for the Minnesota State Fair.

University Avenue development plans solidify
by Dave Healy

University Carleton Development and Dominium Development & Acquisition recently announced plans to redevelop three historic warehouse buildings at 2285, 2295 and 2341 University Avenue into 170 loft apartments. For more than 30 years, Johnson Brothers Liquor Company occupied this site, which currently is used as office and warehouse space. Members of the Johnson family have formed University Carleton Development, LLC (UCD). Dominium is the project’s consultant.

Of the 170 units in the development’s first phase, 128 will be targeted to residents that are interested in loft spaces and are attracted to historic or industrial-style buildings, according to Paul Sween of Dominium.

He added that UCD and Dominium are working with St. Paul Mayor Randy Kelly’s planning and economic office, Ward 4 Council Member Sharrett’s Liquors
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He added that UCD and Dominium are working with St. Paul Mayor Randy Kelly’s planning and economic office, Ward 4 Council Member Jay Benanav’s office and city planning and economic development staff to meet the city’s affordable housing and Housing 5000 goals.

In 2002, the city of St. Paul set a goal to provide 5,000 housing units over a four-year period through public and private partnerships, and to produce $1 billion in local housing investments. Housing 5000 is an effort to maintain population growth, increase the tax base, support economic development, revitalize the city’s housing stock and enhance St. Paul’s quality of life, Carleton Place Lofts will help meet this goal, said Sween.

“UCD and Dominium share the city’s vision for quality, affordable housing in St. Paul,” said Mayor Kelly. “Carleton Place Lofts marks another vibrant new project for the University-Raymond historic district and the proposed Carleton Place Lofts development, this neighborhood is quickly developing into a great neighborhood to work, shop, dine, participate in the arts and most importantly call home,” said Benanav. “I’m impressed with the proposed quality and size of this overall development, and I look forward to attending a ground breaking this summer.”

“With the success of 808 Berry Place nearby, Dominium has found great demand for quality housing along St. Paul’s University Avenue corridor,” said Sween. “Carleton Place residents will help bring new vitality to this industrial setting.”

The proposed $60 million phase one would occupy 6.2 acres between Carleton Street and Hampden Avenue, near Highway 280. Groundbreaking would take place this summer, with completion anticipated by May 2007.

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In 2002, the city of St. Paul set a goal to provide 5,000 housing units over a four-year period through public and private partnerships, and to produce $1 billion in local housing investments. Housing 5000 is an effort to maintain population
People often ask me about a bird they saw sitting on a light pole along the freeway. I always say, "I'll bet it was a red-tailed hawk." And they can never prove me wrong, because by now they're miles past the bird or days past the incident. So once again I come across as the bird expert I'd like to be regarded as.

When you see a large bird on a light pole here in the upper Midwest, it's a pretty good bet it's a red-tailed hawk. I've seen them all over the Twin Cities, throughout the state, along freeways in Florida and Texas and elsewhere. Red-tailed hawks have adapted well to the spread of freeways into their habitat. Freeway medians and ditches are usually kept cut and trimmed, a great advantage for a raptor looking for prey.

To the unsuspecting rodent scurrying about for food, the hawk looks like part of the scenery until it opens its wings, drops off the pole and comes in talons first. "Note to self," the gopher says, "study the big brown lump above the pole more closely next time"—if there is a next time. The gopher probably doesn't care whether the approaching talons belong to a red-tailed hawk, a kestrel, a crow or a pigeon. It's not into bird identification, its goal is remaining alive.

But you can learn to identify these common pole sitters, even at 55 miles per hour.

The back view of a red-tailed hawk will show a dark brown shape, upright posture, with a possible V-shaped pattern of white spots on the back. You may see the reddish-brown (rufous) tail showing between the wing tips. The front view will show a cream-colored body, often with a dark belly band but not always. Red-tailed hawks can be seen kiting, soaring into the wind, appearing as though they're at the end of a kite string. They conserve energy by trimming their wings to hover in place over something they're watching.

One of the challenges with hawk identification, especially red-tailed hawks, is the variability from individual to individual. There are dark morphs, light morphs, differences between juveniles and adults, and even differences in different regions of the United States.

David Sibley, in "The Sibley Guide to Birds," has two-page spread on the red-tailed hawk with 39 illustrations showing these variations with the flying and perched birds.

The American kestrel is another pole sitter. It's much smaller than the red-tailed hawk, has a spotted belly and is often seen leaning way over to look intently for prey. Kestrels like grasshoppers, dragonflies, small vertebrates and small mammals. In fact, it's rumored that a feisty mouse can battle an attacking kestrel to a draw and escape with its life. Kestrels also kite but often flutter their wings to maintain position.

The crow is a familiar pole sitter. Crows usually sit hunched over and bob their body up and down with each "caw." So if it's cawing and bobbing, it's a crow. That said, I've been fooled by crows doing their "hawk imitation." They occasionally soar and dive with their wings pulled back in a silhouette that looks very hawk-like. I think they do this intentionally to spook each other, to scare off a rival or just for the fun of it.

The gopher probably doesn't care whether the approaching talons belong to a red-tailed hawk, a kestrel, a crow or a pigeon. It's not into bird identification, its goal is remaining alive.

But you can learn to identify these common pole sitters, even at 55 miles per hour.

The back view of a red-tailed hawk will show a dark brown shape, upright posture, with a possible V-shaped pattern of white spots on the back. You may see the reddish-brown (rufous) tail showing between the wing tips. The front view will show a cream-colored body, often with a dark belly band but not always. Red-tailed hawks can be seen kiting, soaring into the wind, appearing as though they're at the end of a kite string. They conserve energy by trimming their wings to hover in place over something they're watching.

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Breaking the tea bag habit at Lady Elegant’s

*Milton Square shop offers quiet refuge for tea connoisseurs*

by Dave Healy

If your only experience with tea is popping a bag into a mug and sipping while you do the dishes, Michelle Sommerfeld has one word for you: elegance.

Sommerfeld believes that tea is meant to be savored in the right conditions, and her business—Lady Elegant’s Tea Room and Gift Shoppe—is designed to provide tea drinkers with a product and conditions that will make the tea-drinking experience everything it can be: relaxing, restful, restorative.

Lady Elegant—located at St. Anthony Park’s Milton Square—has two parts: a store that sells tea and accessories, and a tea room where people can sit and enjoy tea and food.

The tea room can be reserved for parties and special events, and it’s also available for drop-in customers when no groups or special teas are scheduled.

According to Sommerfeld, the "afternoon tea" has been a cultural institution in England since the 1840s, when Anna Maria Stanhope, the seventh Duchess of Bedford, decided that she needed a little something between lunch and a late dinner. Stanhope eventually developed a ceremony and cuisine for her afternoon teas, and those have been adopted—with varying degrees of formality—throughout Britain.

Lady Elegant’s offers two kinds of formal tea: parlor tea and theme tea. Parlor teas take place at 11 a.m. and 2 p.m. Thursday, Friday and Saturday. In addition to tea, they feature a four-course menu, served on vintage china and fine linens.

Theme teas take place 11 times throughout the year. The next one will be May 6 and 7 in honor of Mother’s Day. These are six-course affairs that last for two hours.

In addition to these events, Sommerfeld offers tea classes, where people can learn about how to host their own tea party. Classes include recipes, menu suggestions, help with planning, and instruction in etiquette and brewing tea.

 Michelle Sommerfeld

What’s cookin’ from 7

lunch fare to walk-in traffic as well. Their formal grand opening won’t be until summer, but meanwhile they’ve been whipping up fresh sandwiches, wraps, salads and desserts for anyone enterprising enough to find the way to their barely marked storefront.

The couple is still trying to work out the necessary balance between regular restaurant hours and the flexibility needed to dash off to fill a catering order at a moment’s notice.

They won’t set a schedule until their official summer opening, but for the time being, says Wasyliczyn cheerfully, “Someone’s there from 4 a.m. most days. If the light’s on, we’re open and we’ll do lunch.”

Serving the neighborhood trade is going to be a departure for the couple. They’ve been in business since 1999, catering to the meal-time whims of the sometimes exotic folk whose private planes land in the Twin Cities.

“I’m not a say-no girl,” says Wasyliczyn. “I make it happen.”

Even when “it” happens to be a Winter Wonderland birthday party for a visiting pop superstar whose schedule barely allowed for a five-minute meal break.

Flight regulations forced Wasyliczyn to take down the decorations within minutes, with no certainty that the celebrity birthday girl (who, in the interest of discretion full-service catering, shall remain nameless) was even going to taste the gourmet delights they’d prepared for her and her entourage.

“Five grand worth of food,” Wasyliczyn marvels, “and they may not even have had time to eat it.”

With clients like those, a steady stream of regular walk-in customers may not even have had time to

Lady Elegant to 28

Contact The Finnish Bistro at 651-623-4477
info@decocatering.com / Visit our website www.decocatering.com

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info@decocatering.com / Visit our website www.decocatering.com

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Central air, in floor heating, 3 BRS, 2 BA.,
cherry cabinetry, and heated 3 car garage.

Nancy Meeden
Coldwell Banker Burnet
651-282-9650
Cell 612-790-5053
nmeeden@hcbburnet.com

Round Robin
Senior Resource Fair

May 19, 2005
2:00 – 4:00 PM
Newman-Benson Chapel at Lyngblomsten
1415 Almond Avenue, St. Paul, MN 55108
651-942-2541
www.lyngblomsten.org

FREE. NO RESERVATIONS REQUIRED. JUST COME!

Find answers to your questions, such as:

● What kinds of services are available or older adults in my community?
● How do I find and use these services?
● If I need some assistance to stay in my home, who can help me?
● What types of housing options are available for seniors?

You’ll have the opportunity to visit with many organizations and get answers to these and other questions—all in one afternoon.

Enjoy refreshments and door prizes too!

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Central air, in floor heating, 3 BRS, 2 BA.,
cherry cabinetry, and heated 3 car garage.

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*National Association of the Remodeling Industry Member*
Aging Gracefully by Mary Jo Tarasar

Chatter. It used to be a word; now it’s an industry! Look in any local publication and you’re likely to see ads for closet organizers, storage spaces and even “de-cluttering” mavens who will organize your home for a fee.

Here at the Block Nurse Program, we often find that older adults’ living spaces need to be “de-cluttered” to prevent falls and injuries that are more likely when living spaces are crowded with items.

But it isn’t only the elderly who have more stuff than they can deal with. Do you have a junk drawer? A junk closet? A junk room? Why do we have so much stuff? Where did it come from? What does it mean?

Advertising increasingly drives our culture. There are ads on bus stop benches, on the insides of public bathroom stalls, in the hills we receive on our home computers. You name it, there’s an ad on it. Most of these ads have one objective: to convince us to add yet another item to our collection of junk.

And advertising is effective. Enough of us buy enough of the stuff that ads promote each year to convince corporations to continue to devote more and more money to advertising.

Besides creating more landfill than our planet can tolerate and an enormous trade deficit with China, what does this ad-driven culture say about us?

For one thing, we are unlikely to take seriously any type of goods or services that we have not seen ads for. Ads have become a form of news to most of us, without our even realizing it.

But this also means that some kinds of services that are rarely advertised are suffering, because no Madison Avenue genius has made a good enough well-promoted sale, ask yourself excited about some tangible object on glittering display in a well-promoted sale, ask yourself carefully and seriously, “Do I really need this?”

I’ll bet you don’t.

The St. Anthony Park Block Nurse is interested in your ideas and opinions about issues that affect all of us, as we get older. If you have comments or suggestions, please contact us at 651-9052 or sapbn@bsnms.net.

Zeller Plumbing Service
Repair or Replacement of:
Toilets / Faucets / Disposals / Water, Drain and Gas Pipes

10% OFF Labor with ad.
Free estimates, call and compare Raymond M. Zeller / 651-690-6421
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In Milton Square
2260 Como Avenue West
St. Paul, MN
Reservations: 651-644-9116
Learn more at muffulettas.com
People

St. Anthony Park resident Arlene West has been selected Volunteer of the Year by the St. Paul Public Libraries. She was honored at a dinner on April 19 at the downtown St. Paul Radisson Hotel.

Among her many volunteer activities, West has orchestrated the St. Anthony Park Arts Festival for several years, and she was instrumental in coordinating neighborhood input on the library's new addition. She served as president of the St. Anthony Park Library Association from 1993-1995.

Readings

Thursday, 4/28, 7 p.m.
Mowbray’s Pover David Bengston.

Wednesday, 5/4, 7 p.m.
St. Anthony Park Library.
Poet Mary Logue (“Malicious Attachments”).

Wednesday, 5/11, 7 p.m.
Mowbray’s.

Groups

Thursday, 5/5, 6:30 p.m.
St. Anthony Park Library.
St. Anthony Park Writer’s Group. All welcome.

Wednesday, 5/17, 5:30 p.m.
St. Anthony Park Library.
Bookmaking class with Mary Goez for grades 6-8. Pre-registration required: 642-0411.

Events

Saturday, 5/7, 1–3:30 p.m.
St. Anthony Park Library.
Bookmaking class with Mary Goez.

Saturday, 5/7, 10 a.m.-9 p.m.
Source Comics & Games, 1601 Larpenteur Ave.
Free Comic Book Day.

Tuesday and Wednesday, 5/17 and 5/18, 5-8 p.m.
Falcon Heights Elementary Media Center.

Wednesday, 5/17, 7 p.m.
St. Anthony Park Library.
Actress Linda Kelsey, who won a permanent place in popular memory with her role in the 1970s TV drama “Lou Grant,” will revisit her old neighborhood library this month.

Kelsey, who grew up in Como Park, will help lead a discussion on the play “Going to St. Ives” by Minnesota-born playwright Lee Blessing.

Kelsey will be joined by director Carolyn Levy and co-star Marvete Knight for the library discussion. The three women are involved in the current production of the two-character play at the Park Square Theatre in downtown St. Paul. The play runs through May 22.

According to the critics, “Going to St. Ives” is an uncommonly intelligent work that demands a fair amount of reflection from its audience.

The play opens with an encounter between two strong women—a British eye surgeon and her African patient. Although the meeting is superficially a discussion of the patient’s upcoming surgery, the doctor has an ulterior motive. She wants to plead for the lives of some African medical colleagues who are being held prisoner by her patient’s sons—an Idi Amin-style African dictator.

As it turns out, though, the African mother has a life-or-death prisoner by her patient’s son—”St. Ives” by Minnesota-born playwright Lee Blessing.

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73x610. Hotel. downtown St. Paul Radisson dinner on April 19 at the Libraries. She was honored at a of the Year by the St. Paul Public West

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St. Anthony Park Writer’s

St. Anthony Park Library.

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May ARTS

Music

Coffee Grounds 1579 Hourde, 644-9959
• Bill Cagley’s Bluegrass and Old Time Music Show
  April 29, 7pm
• Ines Everet
  April 29, 7pm
• Open Mic with Bill Cagley
  May 1, 6pm
• Bill Howard, Impressionist guitar
  May 6, 8pm
• Ines Tipp CD Release
  May 7, 8pm
• Bill Cagley’s Bluegrass and Old Time Music Showcase
  May 12, 7pm
• Acrid Four
  May 13, 6pm
• Open Mic with Bill Howard
  May 15, 6pm
• Red Book Jazz
  May 16, 7pm
• Brazil наша, Tony Long, Maruc Snoddy
  May 20, 8pm
• Bill Cagley
  May 21, 8pm
• Bill Cagley’s Bluegrass and Old Time Music Showcase
  May 26, 7pm

Ginkgo Coffeehouse 721 N. Snelling Ave., 645-2677
• Bluegrass and Old Time Jam Session
  April 27, 7pm
• Open Mic
  First and third Wednesdays, 6pm sign-up

New Folk Collective 1017 Grand Ave., 645-9021
• Claudia Schwabe
  April 30, 7:30pm
• French Horn Trio
  April 30, 7:30pm
• 1725 Grand Ave.
• Como Park High School 740 W. Rose Ave., 293-8900
• Oratorio Society Concert
  April 26, 7:30pm
• Oratorio Society for the Performing Arts

- Voices of Tomorrow Choral Festival
  May 15, 4pm
• Orchestra Hall
• Spring Choir Concert
  Eclectic Chords: Nothing but the Best
  May 19, 7pm
• Como High Auditorium
• Jazz Band Concert
  May 24, 7pm
• Como High Auditorium
• Spring Instrumental Concert
  May 26, 7pm
• Como High Auditorium

Metropolitan Symphony Hahne United Methodist Church, 645-4283
• Season Finish
  May 22, 4pm

Music in the Park Series

• Andrea Reineck
  May 6, 8pm
• Concert for Peace
  May 7, 7:30pm
• Season Finale
  May 15, 4pm

Visual Arts

Axodyne Artists Company 827 Colfax St., 642-1684
• Art... who is it?
  Each third Thursday
  Doors at 7pm
  Performance starts at 7:30pm

Gallery Ariadne 605 S. 10th St., Minneapolis, 612-335-5553
• Student and Resident
  Performances by David Busby and Paul Hildreth
  Through May 28

• Senior Student Show
  Through May 11

“An Outsider’s Guide”
  Lecture by Todd Anderson
  May 7, 7:30pm

Midway Contemporary Art 5733 University Ave. SE 612-605-4504
www.mwca.com

- Open First Fridays
  May 14, 9pm

Raymond Avenue Gallery 761 Raymond Ave., 644-9200
• “Post & Pictures”
  Photographs by David Busby and Paul Hildreth
  Through May 13

St. Paul Student Center 612-624-214

“Two is Better”
  Photographs by Anne Beckley
  April 13, 7pm
St. Paul Mnusical Arts Company 1000 26th Ave. SE, Minneapolis, 612-644-4000

Tea Leaf Gallery 2136 Carter Ave., 645-3058

The Little Theater
  Lyric Folden and James Oster
  Through May 13

Udencroff Gallery St. Matthew’s Episcopal Church 2136 Carter Ave., 645-3058

“Through my Journey”
  Betsy Owen
  Through May 28

Performing Arts

Como Park High School 740 W. Rose Ave., 293-8900
• Spring Play
  In a Canoe, Four Japanese Ghost Stories
  May 5, 7pm
• Spring Play
  May 6, 7:30pm
• Spring Play
  May 7, 7:30pm

Murray Jr. High School 2200 Buford Ave., 644-8740
• Spring Music Concert
  May 12, 7pm

NEWS

May 2005

St. Anthony Park Neighbors for Peace
Monthly meeting at Peace House
Tuesday, May 17, 7 pm
Martinson Seiden and Ben Wellman
1055 Raymond Avenue, 651-548-1381
www.ParkPeace.org

Music in the Park Series Presents

Butch Thompson & Bill Holm
Laura Sewell, CELLO Thelma Hunter, PIANO

Concert for Peace
Sunday, May 8, 2005 3 pm and 7 pm

St. Anthony Park United Church of Christ
3119 University Avenue SE (2176 and 2178)
Tickets $25 651-645-5699
Also available at the Elfie Store
1055 Raymond Ave.
Proceeds will go to the American Refugee Committee
to benefit survivors of war (www.archo.org)

Sponsored in cooperation with Como Hall/The 7th, Moorish Park, and St. Anthony Park chapter of Minnesota Neighbors for Peace

St. Anthony Park Community Council

Last Thursday, the community voted for representatives to the St. Anthony Park Community Council. In addition, 7 business delegates have been appointed by the Midway Chamber of Commerce for the SAPCC. The SAPCC is a nonprofit citizens organization working together to maintain and enhance the quality of life, environment, and economic and physical development of St. Anthony Park and the greater St. Paul area. We would like to congratulate the following members as they begin their new terms this May.

North St. Anthony Park
Delegates: John Dodson, Greg Haley
1st Alternate: Matthew Carlson
2nd Alternate: Ron Sundberg

South St. Anthony Park
Delegates: Tanu Hanlon, Greg Richardson
Bruce Weber, Patrick Warren
1st Alternate: Michel Van Kuelen
2nd Alternate: Arnold Ramler

Business Representatives
Ray Bryan, Raymond Computers
Paul Kirkegaard, SAP Dental Care
Deborah Kuhl, Luther Seminary
Lisa Nicholson, Salsa Lisa
Fred Peters, Independent Attorney
Grant Wilson, U of M
College of Natural Resources
Belinda Escalante, Perfect Little Spa and Salon

Job Announcement

The St. Anthony Park Community Council has an opening for Executive Director. Please contact the SAPCC office for job description and timetable. Nina Axelson (Community Organizer) 651-649-5992 or nina@sapcc.org

May 20, 21 and 22
May Calendar

2 Monday
• Como Neighbors for Peace meeting, Como Park Community Center, 7:30 p.m. St. Paul Campus.
• Falcon Heights block nurse program, 9:30 a.m.-11:30 a.m. Every Tuesday.
• Langford Booster Club, Langford Park Recreation Center, 11 a.m.-11:45 a.m.
• St. Anthony Park recycling, Every Wednesday.
• Lauderdale recycling, 6:30 p.m.

3 Tuesday
• St. Anthony Park Cooks Club, Boulevard meeting, 7:30 p.m. St. Anthony Park Library.
• "Coppo-Pots" event, Como Park Community Center, 6:30-9:30 p.m. Every Tuesday.
• Keysavers (649-6675), training in effective speaking, Hindus Pickard, Broadway #280, 7:35-8:35 a.m. Every Tuesday.
• Chair Exercise Classes - Seal High Rise (825 Seal St.), 1:15 p.m. Every Wednesday.
• Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11-11:45 a.m.
• St. Anthony Park recycling, Every Wednesday.
• Lauderdale recycling, 6:30 p.m.

4 Wednesday
• Northstar Storytelling Ball
• St. Anthony Park Community Board meeting, Como Park Community Center, 890 Cromwell, 6:30 p.m.
• Lauderdale recycling, 6:30 p.m.

5 Thursday
• Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-7525), 1:30 a.m. Every Thursday.
• Lakeside Pavilion, 11 a.m.-5 p.m. Every Thursday.
• Chair Exercise Classes - Seal High Rise, 825 Seal St. every Tuesday and Thursday at 11:45 a.m. These classes are free to all area seniors, but pre-registration is necessary. Call 651-644-9052 to pre-register.
• St. Anthony Park Community Council board meeting, St. Anthony Park Community Center, 890 Cromwell, 6:30 p.m.
• Lauderdale recycling, 6:30 p.m.

6 Friday
• Senior Center Fun Fund (gym, bowling and social), South St. Anthony Rec Center, 890 Cromwell, 10 a.m.-3 p.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9:10 a.m.]
• Falcon Heights recycling, 6:30 p.m.

7 Saturday
• Northcliff Bowling, 6:30-6:25-5:24, 10 a.m.-5 p.m. at the Gopher Spot, St. Paul Student Center, 2017 Buford Ave, St. Paul Campus, Every Saturday.
• Children's Storytelling, by Vicki Zevi, 10 a.m.-1 p.m. at Como Park Community Center, 890 Cromwell Ave.
• Park Press Inc., Park Bugle Community room, 7 a.m.
• St. Anthony Park Block Nurse Program, 1st and 3rd Wednesdays 11-11:45 a.m.

8 Sunday
• St. Anthony Park Library, 9-10 a.m. New members welcome, 642-0411.
• Storytelling for adults by Nakonah, 6-8 p.m. at Como Park Community Center, 6:30-9:30 p.m. for more details.

9 Monday
• St. Anthony Park Library Association meeting, 7 p.m. at the library. New members welcome, 642-0411.
• Children's Storytelling, by Vicki Zevi, 10 a.m.-1 p.m. at Como Park Community Center, 890 Cromwell Ave.
• Park Press Inc., Park Bugle Community room, 7 a.m.
• St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.
• Open House, St. Peter's Church library, 7 p.m.
• Park Press Inc., Park Bugle Community room, 7 a.m.

10 Tuesday
• St. Anthony Park Library association meeting, 7 p.m. at the library. New members welcome, 642-0411.
• Park Press Inc., Park Bugle Community room, 7 a.m.
• St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.
• Open House, St. Peter's Church library, 7 p.m.
• Park Press Inc., Park Bugle Community room, 7 a.m.

11 Wednesday
• Leisure Center for Seniors (649-8164), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Tuesdays by reservation. Every Wednesday.
• Chair Exercise Classes - Seal High Rise, 825 Seal St. every Tuesday and Thursday at 11:45 a.m. These classes are free to all area seniors, but pre-registration is necessary. Call 651-644-9052 to pre-register.
• St. Anthony Park Community Council board meeting, St. Anthony Park Community Center, 890 Cromwell, 6:30 p.m.

12 Thursday
• Senior Center Fun Fund (gym, bowling and social), South St. Anthony Rec Center, 890 Cromwell, 10 a.m.-3 p.m. Every Thursday. (First Thursday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9:10 a.m.)
• Falcon Heights recycling, 6:30 p.m.

13 Friday
• Como Park Elementary School, 7800 Westphal Pkwy, 1st annual fundraiser, 5:30-7:30 p.m.
• Children's Storytelling, by Poet Scholarship for MOM's Club, 10 a.m. at Como Park Community Center, 644-9959, 1579 Hamline Ave.
• Full Council meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.

14 Saturday
• Como Park Elementary School, 7800 Westphal Pkwy, 1st annual fundraiser, 5:30-7:30 p.m.
• Children's Storytelling, by Poet Scholarship for MOM's Club, 10 a.m. at Como Park Community Center, 644-9959, 1579 Hamline Ave.

15 Sunday
• "Mechanical Maities" by Lake Como," Swoondle Cluster of Moor Box Society International, Como Lakeside Pavilion, 11 a.m.-5 p.m.

16 Monday
• Parents and More book club meeting, 7 p.m. at the Como Park Community Center, 890 Cromwell Ave.
• Lauderdale recycling, 6:30 p.m.

17 Tuesday
• Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1:15 p.m. to 2:15 p.m.
• District 10 board meeting, call 644-3889 for details.

18 Wednesday
• Leisure Center for Seniors (649-8164), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Tuesdays by reservation. Every Wednesday.
• Chair Exercise Classes - Seal High Rise, 825 Seal St. every Tuesday and Thursday at 11:45 a.m. These classes are free to all area seniors, but pre-registration is necessary. Call 651-644-9052 to pre-register.
• St. Anthony Park Community Council board meeting, St. Anthony Park Community Center, 890 Cromwell, 6:30 p.m.

19 Thursday
• Recreation benefit for St. Paul area Block Nurse Programs, 6:30-9:20 p.m. at www.dofill.org.

20 Friday
• Falcon Heights recycling, 6:30 p.m.

21 Saturday
• Family Storytelling, 6:30-9:30 p.m. at the Como Park Community Center, 644-9959, 1579 Hamline Ave.

23 Monday
• Morhomes and More book club meeting, 7 p.m. at the Como Park Community Center, 644-9959, 1579 Hamline Ave.

25 Wednesday
• Cress Decisions discussion: "Poison's Second Time – A Scorecard for Reform" from 7-9 p.m. at the St. Anthony Park Library. Cress Decisions discusses topics available at the library reference desk.
• Falcon Heights City Council, City Hall, 1077 University Ave., 7 p.m.

26 Thursday
• Arts Off Raymond, 5-9 p.m. Maps available at Roasting Stones Café, 2388 University Ave. W. Call 612-379-0603 or visit www.dofill.org.

27 Saturday
• "Mechanical Maities" by Lake Como," Swoondle Cluster of Moor Box Society International, Como Lakeside Pavilion, 11 a.m.-5 p.m.

31 Tuesday
• Lauderdale recycling, 6:30 p.m.

Items for the Rose City Calendar must be submitted to this Bugle office by 6 p.m., Friday, May 20.
William Kehr

William (Bill) Kehr died December 7, 2004, soon after celebrating his 98th birthday with family and friends.

He was born in Minella, Iowa, on November 21, 1906. In 1915 his family moved to Elbow Lake, Minnesota. He graduated from the West Central School of Agriculture in 1926 and did graduate work there in 1927-28. The West Central School of Agriculture later became the U of M at Morris.

In November of 1929 Bill drove an elderly couple to Lexington, Kentucky, and spent the winter working for the Kentucky Utility Company. On his way home from Kentucky, he stopped in St. Paul to visit some friends who worked for the Minnesota Veterinary Department and told them he was looking for work. Harry Felt contacted Dr. C. P. Fich, the head of the department, and Bill was hired the same day at 30 cents an hour. Soon he was put on permanent payroll at $90 a month. He worked there until his retirement in 1971.

Bill married Catherine Smith in 1932. They had two daughters, Margaret and Patricia. In 1938 they moved to 15 Langford Park, Catherine passed away in 1982. In 1985 Bill married Violet Mulroy. He sold his home to his grandson and wife, Mike and Alice Phillips.

Violet died in 2000. After that Bill lived independently in his home with the help of family, friends and the Block Nurse Program until he moved into the St. Anthony Park Home.

For 30 years during his vacation Bill worked at the State Fair grounds taking tickets. He was a charter member of Corpus Christi Catholic Church. He served on the board at the Leisure Center and was an active member, finding many opportunities for social interaction, leadership and community service. When he was unable to drive, Nancy Wenkel provided the transportation so he could continue participating in this valued experience.

Bill was interested in most subjects and always enjoyed a good conversation. He had an incredible memory for details and was interviewed by Dr. Walter Mackey on the history of the Veterinary School.

In addition to his two wives, Bill was preceded in death by his sister, Mary Snook. He is survived by his daughters, Margaret Phillips and Patricia Kehr, and step-sister, Mary Snook. He is survived by six grandchildren; and many friends.

Charles B. Knudsen

Charles B. Knudsen, age 84, a longtime resident of St. Anthony Park, died surrounded by his five children after a brief illness and a long, full life. He was the founder of Knudsen Realty. Chuck was a golfer, aviator, fixer, pragmatic philosopher and unwavering supporter of family and friends.

He was preceded in death by his first wife of 20 years, Doris, and second wife of 35 years, Irel. He is survived by children, Bonnie (Ron) Voelker, Chuck (Mag), Dan (Mary), David and Liz (Paul) Aasgard; grand-children; and many friends.

A memorial service was held April 20, 2005 at North Heights Lutheran Church in Roseville.

Lorraine Steen

Lorraine Steen, a longtime member of St. Anthony Park Lutheran Church, died April 14, 2005, at the age 84. She was preceded in death by a son, Theodore. She is survived by her husband of 65 years, Arnold; son, Gary (Anni); daughters, Shanon (Roger) Hardy and Diane (Tom) Matesch; daughter-in-law, Sherrie Steen; 11 grandchildren; 8 great-grandchildren; and brother, Herbert Thomas.

A funeral service was held April 22 at St. Anthony Park Lutheran. Burial was April 23 in Eidsborg Cemetery near Ortonville.

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Sales
Lady Elegant from 21

Although the afternoon tea tradition is a legacy of British culture, the tea themselves come from all over the world. Customers at Lady Elegant's can choose from over 60 varieties of tea, which is a small fraction of the 3,000 varieties that are grown worldwide. If that much variety seems daunting, rest assured that the staff is knowledgeable and happy to offer advice.

"I encourage people to try new things," said Sommerfeld. "We always tell customers, 'You're not stuck with that pot of tea. If you don't like it, we'll bring you another one.'"

May 1 marks the second anniversary of Lady Elegant's. Before she opened the Milton Square shop, Sommerfeld had been giving six-course teas at her parents' home in Andover. When she outgrew that spot, she began looking around for somewhere to locate a store.

"I was attracted to this space because of the quaint environment and the neighborhood feel," she said. "A strip mall is not the place for a tea room. This home-like atmosphere is not the place for a tea room." Sommerfeld added, "If you don't like it, we'll bring you another one."