

# Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 31, Number 10, April, 2005

## Church chooses farmer-friendly fronds

by Dave Healy

If a palm branch is waved in St. Anthony Park, can the breeze be felt in Guatemala and Mexico?

That's the kind of question parishioners at St. Anthony Park Lutheran Church (SAPLC) found themselves entertaining in advance of Palm Sunday last month. The congregation joined other churches in the Twin Cities and around the country that have committed to using sustainably harvested palms in their Holy Week services.

SAPLC had its palm frond consciousness raised because one of its members, St. Anthony Park resident Dean Current, has a personal and professional interest in the ecological and economic consequences of sustainable harvesting in Latin America. Current, a researcher at the University of Minnesota's Center for Integrated Natural Resources and Agricultural Management, spent much of



Photo courtesy of Commission for Environmental Cooperation

Dean Current, program director for the University of Minnesota's Center for Integrated Natural Resources and Agricultural Management and a member at St. Anthony Park Lutheran Church, inspects a shipment of palm fronds destined for churches on Palm Sunday.

his earlier career in Latin America. Shortly after he returned to the U.S., he was hired by the Commission for Environmental Cooperation (CEC) to do a study of how palm fronds are marketed in this country.

"We did a nationwide survey of wholesalers and retailers, and we discovered that churches are one of the largest consumers of palm fronds," he said.

Palm fronds to page 6

## Como sprouts thick crop of salons

by Natalie Zett

Salon customers in St. Anthony Park have four places to choose from on Como Avenue. The Bugle visited them recently.

**Salon EQ, 2230 Como (Milton Square), 646-8700**

Few declare with certainty at an early age what they want to do with their lives. But Emma Quinn, owner and operator of Salon EQ, had no such problem.

"I always wanted to do hair for as far back as I remember," said the 25-year-old. "I think my parents, who are college educated, had a problem with it at first. But no longer. They totally support me and they're proud of me."

Single-minded of purpose, Quinn enrolled in the Model College of Hair Design in St. Cloud after high school. There she learned the skills of the profession: cutting, styling, coloring, permanent waving, doing facials, applying makeup and manicuring.

Upon graduation, she worked as a stylist at a Rocco Altobelli Salon and quickly moved on to become an independent stylist at a local salon. In a few

years, her hard work and passion gave Quinn the confidence to strike out on her own.

While having lunch with her mother at Muffuletta, Quinn was intrigued with Milton Square's quaint European-style courtyard. This eclectic mix of businesses seemed the perfect locale to launch out on her own.

Quinn opened her business two years ago, and a steady stream of customers attests to her skills. It helps that she really enjoys people. "People's stories are fascinating to me. I want to know what makes them tick," she said.

Down the steps and to the left in the Milton Square Courtyard is a contained yet intimate space that is Salon EQ. Its pale yellow walls showcase travel photos by Pat Connolly, who specializes in capturing ordinary people in their native countries (Iceland, Ireland, and Papua New Guinea to name a few).

"He's my fiancé," smiled Quinn, "and we're so excited. We just bought a house in St. Anthony Park. I love this neighborhood. It's liberal and hip, but has a sense of tradition. I love the people here."

Beyond the photos, the place is functional with two shampoo bowls, a separate cutting room and office area. This being a one-person operation, Quinn is also her own office manager.

"I had another stylist here for a while," she said, "but it didn't work out. I know my limits and I really love working by myself."

That means single-handedly doing cuts, color and perms. Her clients right now are about 70 percent women, many of whom followed her from previous salons, and they're all ages.

"I can do just about anything from punk to the 'bob,'" she said, also noting that she does many wedding parties. "I love working on the bride!"

Quinn donates her talents to help other organizations, such as the silent auction fundraiser for the Church of St. Cecilia. "That's a no-brainer. It's just something you do. It's not much time and if it helps out, that's great."

**Elle Salon, Como & Raymond, 644-4114**

Another solo stylist on Como Avenue is Christine Wengler of Elle Salon. Located on the northwest corner of Como and Raymond, Elle is an airy space, with lush, golden walls and maple furniture and floors that reflect the light. Soft jazz wafts in the background.

A fashionable woman with braided blonde hair, skirt and boots, Wengler looks like the apparel designer that she once aspired to become when she studied at VoTech 916 in White Bear Lake.

"I was always interested in different things, especially art and photography," said Wengler, a St. Paul native, who also studied at Film in the Cities. "I grew up with a father who is an architect and a mother who is an interior designer, so it somehow made sense."

It was through hair design, though, that Wengler found her niche. She began studying with Horst. "The curriculum was pretty rigorous. We learned sophisticated esthology" (the study of skin care via

—Emma Quinn, Salon EQ

## Milton Square wine shop clears last hurdle

State law amended to permit off-sale liquor license near U of M

by Judy Woodward

Retail wine sales are coming to north St. Anthony Park at last.

After nearly six months of delay, Jeff and Chris Huff, prospective proprietors of the Little Wine Shoppe of Milton Square, believe they have surmounted the last legal hurdle standing between them and their future as vintners to the neighborhood.

In the next few weeks, the Huffs hope to replace the "Opening Soon" sign that has hung in the window since last September with a stock of wine, microbrew beers and selected liquors in time to open for business in late April or early May.

It's been a long struggle, and one that might have dissuaded anyone less dedicated to their goals than the Huffs. The couple, who live with their two young children on Bourne Avenue, never seriously considered any other location for the business than Milton Square.

Initial delays focused on the concerns of some neighbors about the introduction of an off-

sale liquor venue into the quiet neighborhood surrounding Milton Square.

Acquiring the necessary variance for a municipal liquor license required tact, the intervention of City Council Member Jay Benanav's office, and an agreement by the Huffs to restrict delivery hours and avoid stocking the kind of spirits that give imbibing a bad name.

**"Our drive is going to be service-oriented."**

—Chris Huff

Vintage wines and designer beers will get the green light, in other words. But don't look for anything that's normally sipped from the depths of a brown paper bag as the purchaser reels out the front door.

The Huffs were glad to agree to the modifications. "We have a second grader ourselves. He goes by the store on the way to school," said Chris.

Jeff added, "We won't be the kind of place where people will be beating down our door at 8 a.m."

With the neighbors satisfied, the Huffs originally planned an October 2004 opening. Jeff had already turned in his resignation to the Ramsey County Appraiser's office in order to run the store full-time. Then a new impediment arose.

A routine inspection from the state revealed that the proposed shop lies less than a half mile from the St. Paul campus of the University of Minnesota. State law forbids any sale of alcohol that close to the U.

All the Huffs'

preparations once again ground to a regulation-induced halt as they considered what to do next.

This time it took an act of the Minnesota Legislature to work things out. The Huffs enlisted Rep. Alice Hausman and Sen. Ellen Anderson to introduce bills that would amend the state code to provide one exception to the ban on off-sale liquor sales within a half-mile radius of the St. Paul campus.

The Huffs discovered there

Wine shop to page 24

Como salons to page 10

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**Como Park**

The city of St. Paul and residents of the Midway Parkway/Snelling Avenue area are working on an agreement that would legalize vending and peddling in that neighborhood during the State Fair.

**Falcon Heights**

The city has expressed its thanks to Russell Hobbie, a resident and a ham radio operator, for a recent initiative. Mr. Hobbie organized other ham operators to meet with the city's community emergency response teams and talk about

how they could work together in the event of a disaster.

The Falcon Heights City Council has unanimously approved an ordinance declaring clandestine drug labs to be a public nuisance, providing for their removal and cleanup, and assessing costs against the property owner.

**St. Anthony Park**

The city of St. Paul has now purchased the property at 2286 Capp Road, intended eventually to be owned by Catholic Charities and used as a residence

for a chronic inebriates and long-term homeless men. The city is currently working to arrange zoning to permit the project on that site. As of March 10, Jay Benanav, Ward 4 City Council member, did not support the proposed zoning amendments.

According to his aide, Jane Prince, Benanav believes that using zoning amendments for this specific situation "raises a number of policy questions about using valuable industrial property for transitional housing, and it raises the issue of warehousing poor people." He wants the Planning Commission to find another way to accommodate the Catholic Charities project.

The District Council passed a resolution supporting the Catholic Charities project but urging further discussion on the proposed zoning changes.

The District Council accepted the renovation plan for the Langford Park recreation area. Renovation should begin in August after tennis classes are over. Plans may be viewed at the District Council office.

—Susan Conner

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## Water conference involves local residents

by Dave Healy

"Water, water, everywhere / Nor any drop to drink."

The lament of Coleridge's Ancient Mariner came from being stuck on the ocean. But we land-locked moderns have our own anxieties about water. In the face of growing populations, global warming, pollution and other ills, will there be enough H<sub>2</sub>O to go around?

Several St. Anthony Park residents are showing their concern about water by participating in an international conference that will be held April 15-17 at the Eisenhower Community Center in Hopkins.

The event, "Bridging the Water Gap," features workshops, speakers, panel discussions, exhibits, demonstrations, performances and activities—all centered on water. Its purpose is to expand people's awareness of water's importance and to explore ways to conserve and preserve this vital natural resource.

Terri Peterson, a conference organizer and Scudder Street resident, said that one inspiration for the event was the U.N. designation of 2005-2015 as Decade for Action: Water for Life. In 2003, Peterson was instrumental in forming AquaEssence ReSource, one of the conference's co-sponsors.

Peterson and others who planned this month's event wanted to bring together a wide

range of people to discuss our most important natural resource.

"People in many different areas are doing interesting things relating to water," she said. "This is a chance to talk to each other."

But the conference will involve much more than talk. Also planned are demonstrations by the Hopkins Fire Department, a performance by the National Theatre for Children, music by troubadour Larry Long, a water labyrinth, the creation of a Tibetan sand mandala, and a variety of activities for the whole family.

Peterson said the conference will be "informational, but celebratory."

Another conference participant is St. Anthony Park resident Mark Seeley, a professor in the U of M's Soil, Water, and Climate Department. His presentation is entitled "Minnesota Climate Trends: Implications for Water."

Seeley said he was attracted by the diversity and breadth of the conference. He noted that a variety of local, national and international organizations have recently affirmed the importance of water.

"The United Nations, the World Meteorological Association, the Earth Summit in Vienna, the state of Minnesota—these and others have all declared that we should pay more attention to water," Seeley said.

Chuck Dayton, a Scudder Street neighbor of Terri Peterson, is another St. Anthony Park resident who will speak at the conference. His topic will be the effects of global warming on water supplies around the world.

For the conference schedule, details about speakers and events, or ticket information, go to [www.aquaessenceresource.org](http://www.aquaessenceresource.org), or call 952-890-3141.

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## EDITORIAL

## Calculating cause and effect

For every action there is an equal and opposite reaction.

Among many other things, Newton's third law of motion can be used to account for the lift of a jet's wing or the thrust of its engine. But while the third law is primarily the province of physicists, its principle is intuitively understood by most people and is easily applied to realms beyond the physical.

Put simply, everything we do has consequences. And analyzing those consequences is part of every field of human endeavor, obliging all of us to be amateur physicists, constantly calculating cause and effect.

The consequences of our actions increase in complexity as the world shrinks. Because we increasingly live in a global economy, for example, our individual purchasing decisions have potentially world-wide implications.

If you live in Minnesota and want to drink coffee, cultivating your own beans isn't really an option. You have to drink coffee made from beans grown elsewhere. Who grew those beans? Who profited from their sale, processing and distribution? What environmental consequences resulted from that crop being grown on that land using that set of agricultural practices?

But of course it isn't just coffee; it's everything. Who made the clothes you wear, the car you drive, the computer you sit in front of all day? What will happen to that stuff when you're done with it?

And it isn't just the obvious things like food, clothing and transportation. Let's say you attend a church that celebrates Palm Sunday by using actual palm fronds for ceremonial and decorative purposes. Minnesota Lutherans can't very well grow their own palms. Palms have to be imported. Who grows them, and with what economic and environmental effects?

It turns out that some kinds of palm, like some kinds of coffee beans, grow well in the shade of a forest. And because palms are a cash crop—because they're used in church services and in floral arrangements for weddings and funerals—there is an economic incentive for maintaining the conditions under which they flourish: the tropical rain forest. In other words, people who make part of their living by harvesting and selling palm fronds have an economic incentive to preserve the rain forest.

Which means that if your church buys palms that were grown and harvested according to certain tenets of sustainable agriculture, you are contributing to preservation of the rain forest, which in turn affects such things as global levels of CO<sub>2</sub>, which affect temperature and climate, which affect . . . absolutely everything.

Of course, too much pressure on world palm markets could increase pressure for short-term profits at the expense of long-term sustainability. But the maddeningly complicating thing about all this is that too little pressure could have the same effect. Sustainable palm harvesting depends on a balance between supply and demand. Either too much or too little demand could threaten the economic incentives that equilibrium creates for preserving the rain forest.

And that's just palm fronds, friends.

## Park Bugle

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## An update from Michigan

I am writing about the article in the March Park Bugle. We were really touched by it.

This really humbled us, going through what we did, as we are the parents of the baby who was adopted in St. Paul. It was truly a Godsend to have found Mary Mergenthal on that train on December 7.

No human could ever have planned everything so well. It was like a jigsaw puzzle; every piece was needed to make the puzzle complete. We thank God every day to have made such a dream come true as this adoption.

We thought we had it planned to have the birth mother come to Michigan to have the baby. But then God had another plan that worked far better.

As I write this, the baby, Nathan, is doing very well. His cheeks are very well filled out, and so are his legs. He doesn't seem to lack food! We now have him on rice formula, and that agrees the best with him. At night when we are in dreamland, he does a good job of letting us know about his hunger.

His sister, Mary Ann, also very special, likes to give him the bottle, and is at it right now. We hope to get another chance to go to St. Paul, and hope it can be on December 7.

We want to thank everybody for the support that was given us, and especially Mary for opening up her home to us as strangers. The trust she had in us is amazing. It's not just because we're Amish, but because of who we really are at heart.

Also, thanks to Frank Steen for taking care of my terrible tooth problem. And to Tom Sengupta for helping me with the right medication.

And thanks for everybody's food that was brought in, and the people who took us into their homes for home-cooked meals. You are all special to us. May God continue to bless each and every one of you, and remember us in prayer.

Henry, Lydia, Mary Ann  
and Nathan Bontrager

## Steve's parents say thanks

We thought we knew our son Steve as well as anyone can know another person. We lived in very close contact with him for all of his 51 years. But in the days since his death we have learned to know him in new ways and from new perspectives.

You, his friends and neighbors, have shared with us your love for him and have told us how he brightened your days. We knew how totally important this neighborhood was for him, but now we know so many details, so many stories, so many happenings of which we were previously unaware.

Thank you for taking such

good care of him, for your genuine interest in him, for your conversations, for your hugs.

For some time to come, we are sure we shall look out there and think we see him walking along Como Avenue. From time to time, we shall just drop in and sit a while in Steve's Place at Ginkgo's and think about how much he was loved.

We shall forever be grateful to you. Blessings!

Dolores and Jim Burtness  
St. Anthony Park

## Como review included district

As the parent of a Como student, I appreciate your attention to the recent situation at Como High School, but I think an important part of the story was left out: the St. Paul School District's involvement in the process and outcome.

While it's true that a group of teachers and parents were the first to raise questions about scheduling and communications, among other issues, the parent-staff committees that addressed the concerns were organized by the district and each was led by a district representative.

The quality review was initiated and administered by the district. Through group surveys and one-to-one interviews with selected and random stakeholders, the district was able to gain a comprehensive look at Como's success in all areas of school life, not just communications or their college prep programs. This type of broad inquiry guards against overrepresentation of any one group's point of view.

The results, which were only briefly referred to in your article, indicated that while Como had made significant strides in certain areas, in recent years its performance had flattened out and become "stuck," in the words of Superintendent Pat Harvey. Further, this lack of progress was reflected at all achievement levels, not just the upper stanines.

I feel it's important for your readers to understand that the communications and scheduling problems at Como were simply symptoms of a system that was increasingly ineffective on many important fronts.

It's also important for citizens of St. Paul to know that while their school district listens to many constituencies, its actions are based on a comprehensive, thoughtful and well-researched process designed to serve its most important responsibility: students.

Finally, Como is a good high school with many wonderful teachers and staff members; it has great potential and a bright future.

The district played an important and appropriate role by crafting a process that addressed concerns, facilitated

solutions and, most importantly, restored the Como community. Their leadership was considerable and should not go unrecognized.

Jon Schumacher  
St. Anthony Park

## Businesses support preschool

The St. Anthony Park Co-op Preschool would like to thank the following for their generous support during our recent silent auction fundraiser:

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## Thanks to Muffuletta

We thank Muffuletta for holding a fundraiser on March 6 for the art teacher position at St. Anthony Park Elementary. What a wonderful show of community spirit. Both Muffuletta and the elementary school are great neighborhood assets. It's nice to see the community supporting both institutions.

Kristal Leebick and Don Stryker  
St. Anthony Park

## Enter the new St. Anthony Park Trivia Contest

Think you know your local history? Prove it by entering the Bugle's trivia contest. We'll give the winners a swell prize and print their names next month.

Send us your answers by April 15: [editor@parkbugle.org](mailto:editor@parkbugle.org) or P.O. Box 8126, St. Paul, MN 55108.

1. Name three Mechanic Arts High School football players who lived in St. Anthony Park.
2. Name three state governors who lived in St. Anthony Park.

3. Name four head coaches (any sport) from the U of M who lived in St. Anthony Park.

4. What was the first supermarket in St. Anthony Park?

5. What was the name of the street that later became Ludlow Street?

6. Where was the St. Anthony Park golf course?

7. What was the post office building before it was a post office?

8. Who shot a bank robber at Park Bank?

9. Who was the operator of the Wilhelm Oil Company in south St. Anthony Park?

10. What was the name of the basketball team that won the interscholastic championship at Murray Junior High School in 1928?

Remember: We need your entry by April 15.

## Thanks for your support of the Park Bugle

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### Palm fronds from 1

Over 300 million palm fronds are purchased annually in the U.S., Current noted, many of which are used for Palm Sunday services. He added that palm fronds are also a popular component of floral arrangements used for weddings and funerals. Thus, "churches have an opportunity to significantly affect the dynamics of palm harvesting."

According to the CEC,

over-harvesting of chamaedorea palm plants in Mexico and Guatemala threatens the biodiversity of the rain forests in which these palms grow. Chamaedorea flourishes in the natural deep shade of a tropical forest understory. The palm plants are harvested by local farmers, who sell them to distributors.

According to Current, the economic implications of palm

harvesting cannot be divorced from the ecological consequences.

"Some people have asked if we should quit using real palms for ceremonial and decorative purposes, in favor of artificial plants. I tell them that the worst thing to happen would be if people stopped buying palms."

The reason, Current explained, is that if there is no market for palms, there will be no economic incentive to sustain them. And if chamaedorea disappears, the larger trees that provide shade for the palms are also more likely to be cut down so that other marketable crops can be grown on the cleared land.

"Palms that come out of the rain forest maintain a local economy that has an economic incentive to sustain the forest," said Current. "Put another way, sustainable harvesting removes an economic incentive to destroy the rain forest."

In other words, rain forests in Mexico and Guatemala are threatened both by over- and under-harvesting of palm plants. The trick, said Current, is to maintain harvesting patterns that protect the resource while also providing an ongoing income for local farmers. That's what is meant by "sustainability."

"This is an issue of environmental stewardship and social justice," said Current. "By preserving a way of making a living, we can help preserve a natural resource."

That conviction led Current to approach Rev. Glenn Berg-Moberg about having SAPLC participate in a pilot program for "eco-palms" during this year's Holy Week observances. The church decided to join 18 other congregations in the Twin Cities, as well as three in North Dakota and Massachusetts, in purchasing palm fronds that meet CEC standards.

"There is tremendous support in this community for examining the consequences our decisions have for people and places in other parts of the world," said Berg-Moberg, noting that his congregation had previously decided to use shade-grown, fair-trade coffee for church functions.



Photo courtesy of Commission for Environmental Cooperation

Rev. Glenn Berg-Moberg arranges one of the 250 palm fronds purchased by St. Anthony Park Lutheran Church for their Palm Sunday service.

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## No bones about it

by Kristi Curry Rogers

Hello dinosaur fans! This month I thought I'd update you on the most recent analysis of one of the great controversies of dinosaur science: the Cretaceous Extinction (also known as the "K-T extinction event").

Over the course of my articles in this column, the question of dinosaur extinction (or survival, as is the case in modern birds) has occasionally come up.

In the March issue of the journal *GSA Today*, two of my colleagues have taken another look at one of the best preserved sequences of Late Cretaceous rocks in order to answer a couple of key questions. Did dinosaurs really go extinct abruptly, 65 million years ago at the Cretaceous-Tertiary (K-T) time boundary, or was the extinction recorded in the rocks the end-product of a gradual dino decline over millions of years?

Dave Fastovsky, from the University of Rhode Island, and Peter Sheehan, from the Milwaukee Public Museum, have spent a lot of time reviewing the fossil record of dinosaur sites in North America that are contemporaneous with the end of the age of dinosaurs. Even though dinosaurs are often used as "poster children" for extinction, the actual pattern of their extinction has been difficult to discern.

Fossilization is a rare process in general, and having all the pieces of the puzzle is hardly ever possible when it comes to these large-scale reconstructions.

Importantly, what we know about extinction patterns forces constraints on the causes of extinctions, so we strive to identify these patterns clearly.

Fastovsky and Sheehan took a close look at a number of studies of the fossil record in North America at the K-T boundary.

In particular, they studied two geological regions: the Hanna Basin in southern Wyoming, and the Williston Basin, which extends from Montana to western North and South Dakota. These basins preserve the remains of some of the most famous dinosaurs: *Tyrannosaurus rex*, *Triceratops* and *Edmontosaurus*, as well as all of the animals making a living at the feet of these dino superstars.

The scientists examined the patterns of dinosaur diversity revealed by the fossil record. In the Hanna Basin they looked at 76 fossil localities, and in the Williston Basin 82 sites among 20 major localities made up the sample.

By tracing the trends in diversity (the number of dinosaur groups represented over millions of years), they concluded that dinosaur diversity was not in decline as the end of the Cretaceous approached. In other words, the extinction event in North America appeared to be geologically instantaneous.

Fastovsky and Sheehan also postulated that following a catastrophic disruption of an ecosystem, a "mark" of the event should be visible in the fossil record of the survivors. The most

clearly resolved mark is that of mammalian radiation after dino demise. Mammals radiated dramatically and experienced a high speciation rate over the 5 million years following the K-T extinction event.

Bottom line? The dinosaurs were not "on the decline" leading up to their extinction; at least in North America, they were thriving.

Fastovsky and Sheehan then take things a step further by looking into the potential causes for such a dramatic event. Rather than the hypotheses of seaway shrinking and habitat fragmentation, or other longer term causes (like dinosaur plagues or volcanic eruption), they concluded that the patterns represented could be caused by the "asteroid impact" hypothesis that is so popularized by the media.

Of course, after all my writing on the origin of birds from meat-eating dinosaurs, you know that at least a small, specialized faction of dinosaurs (the ones with feathers and wings) made it through that extinction filter. Isn't the fossil record cool?



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## Paris in spring beckons Como H.S. students

by Air Yang

France—a country filled with so much history, culture, art . . . and soon to be memories for Como Park French Club students. From April 2-8, about 30 students, representing various French language levels, will take in the sights and sounds of France.

In the spring of 2003, Nathan Campbell, a student teacher of French, got students interested in the idea of going to France. Mr. Campbell went to France as a high school student in St. Cloud.

As interest grew, the idea of going to France evolved into a plan. Campbell and a group of students decided that because France is such a big country with so much to do—and with limited time—they would be able to go only to Paris.

Departing from the Twin Cities, the plane will land in Iceland first, before flying on to Paris. In Paris, students will visit museums such as the Louvre, as well as national monuments such as the Eiffel Tower and Arc de

Triomphe.

Students plan to have dinner at the Eiffel Tower, they might also get to attend a high school in Paris.

Students have already been given the schedule of what to expect each day they are in France. No one will be forced to participate in all the events. Students will be allowed to offer their own suggestions and requests.

One thing on the "To Do" list is to use the self-cleaning public bathrooms that charge 40 cents (in U.S. currency, that is).

Although the war on Iraq has had America butting heads with France, Campbell assured everyone that their safety is the first priority. Nancy Solo-Taylor, a French teacher, said she is well-prepared with a back-up plan.

"We might wear T-shirts with 'Canada' on them," she said.

Candy roses, raffle tickets and car washes in the summer are some of the fundraisers the Como Park French Club used this year.

Club members cut their summer short and worked at the State Fair. There, they picked up trash and oily, deep-fried garbage off the grounds, dripping with a mixture of milk shake and ketchup—all with their bare hands.

Of course, some had the help of previously used garbage gloves. Lucky for them, these were already scented with the green-brown, mysterious glob growing at the bottom of the trash can that feeds on fattening foods served at the Fair.

"I've always wanted to go to France," said Yer Yang, a sophomore. Like other members of the French Club, Yang is motivated by the thought that when spring approaches, they will be able to set foot (or is it pied?) in the promised land of Paris.

This story first appeared in the December issue of the Como Park High School Crier.

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## Murray students strut their scientific stuff

by Tim Chase

Murray Junior High held its annual Science Fair on January 19 at the school.

Students started their projects in October of last year after an introduction of how to work like a scientist.

They chose topics of interest and progressed through the steps of the scientific method with the guidance of their teachers, parents and mentors.

The top three students in each category advanced to the Twin Cities Regional Science Fair.

Over 40 Murray students participated in this event on the last weekend of February. Their entry fees were paid by a generous gift from the school's business partner, H.B. Fuller.

### State Science Fair qualifiers and other awards:

**Project Competition**  
 Briana Barnes  
 Alicia Bonebright  
 Nate Causey  
 Brittani Cortez  
 Linnea Dahlquist

Hannah Diment  
 Emma Lee  
 Will Lister  
 Evelyn Rwema  
 Emma Roller  
 Desean Wells  
 Abby Wold

**Paper Competition (Tristate Symposium)**  
 Linnea Holman  
 Hannah Diment  
 Linnea Dahlquist

### Specialty Awards

**ISEF Alumni Award**  
 Zach Kagen  
 Linnea Holman

**East Side Science Club Award**  
 Briana Barnes  
 Ben Dutcher  
 Luke Marshall  
 Evan Vogel

**U. S. Navy Award**  
 Austin Granger

**Women in Geophysics Award**  
 Chee Xiong

**U.S. Department of Agriculture  
 Agriculture in the Classroom  
 Award (\$75)**  
 Hannah Diment

**Astronomy Association Award**  
 Abby Wold

**Sigma Delta Epsilon  
 Women in Science Award (\$50)**  
 Tracie Borich

**Outstanding in Category**  
 Parker Hoffman

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# Annual District 12 Community Council elections take place April 5

Elections will be held Tuesday, April 5 for representatives to the St. Anthony Park (District 12) Community Council. Polls are open from 4-8 p.m. Voting is open to all neighborhood residents age 16 and up.

Residents of north St. Anthony Park will elect two delegates and two alternates. They vote at the library, 2245 Como Avenue.

In south St. Anthony Park, two delegate positions and two alternates are open. Residents vote at Hampden Park Co-op, 928 Raymond Avenue.

Call the Community Council office (649-5992) with questions or to receive an absentee ballot.

## NORTH ST. ANTHONY PARK

### Matthew Carlson

Citizen participation is the act of participating in the community, whether that is at the national, state, city or local level. For me, this means being an active and positive member in the community in any way that you can. I have lived in St. Anthony Park for most of my life, and I have seen this community grow and prosper to the standard of excellence that everyone has come to love. I will bring to the council a compassionate ear, an open attitude and a loud voice so everyone in the community will be heard.



a member of the SAPCC during its first six years and worked on the original district plan. Recently I have been working on the council's Steering Committee for the 2005 district plan update. I am very interested in contributing to the first district plan update and to future council efforts on behalf of north St. Anthony Park.

### Ronald Sundberg

Citizen participation in the Community Council is a means to assure that the interests of our neighborhood are known and considered. It is also a means to participate in citywide policy making. I am interested in the environmental impact of industrial



### Gregg Richardson

My last two years on the council, including my current year as co-chair, have been a good experience as I learn more about how my community works. I would particularly like to help guide community decisions over the next two years regarding development along University Avenue and the industrial park and preservation of wetlands around TH 280, among others. I'm also currently involved in several "nuts and bolts" initiatives I hope to continue to work with, including developing a new SAPCC Web site and developing some new policies and procedures to make the work of the council more efficient.



point of view to the mix. I'm interested in understanding better how the community works, its history, and bringing in a non-property-wielding perspective of life in the neighborhood.

### Bruce Weber

I have served the past two years on the Community Council and the Land Use Committee. I am running for a second term to finish much of the important work the council has been working on. The council is in the process of finishing the District 12 comprehensive plan. This plan will help ensure that development in the community is done in a way that enhances the livability of the neighborhood. I hope the work the council does will continue our goal of making St. Anthony Park a great urban village that still retains its small-town feel.

## John Dodson

I have been a member of the council and the Land Use Committee for the past year. I have worked, and will continue to work, on rewriting our 1983 district plan to address long-range priorities such as development and transportation. I will also continue to work to improve the council to make the relationship with city and state authorities as productive as possible. Citizen participation means taking part in discussions about the important decisions that affect our neighborhood. I will continue to be open-minded and respectful of the responsibility you grant me as your representative.



development in the region around our neighborhood, and my experience from my current term on the council will be of benefit.

## SOUTH ST. ANTHONY PARK

### Ranae Hanson

As an alternate representing south St. Anthony Park, I have come to understand more deeply the benefits and challenges our community faces. This year I served as council secretary and on the Executive and Environment Committees. Some of my neighbors became involved in community work because I told them of the opportunity; next year I hope to further support such neighborly communication. As a single parent and a teacher and co-learner with wonderfully diverse community college students, I bring access to the wisdom of some groups from our community that have been under-represented on the council.



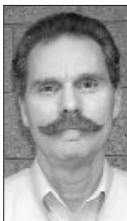
### Patrick Warren

"Citizen participation" sounds too abstract to me. Talking with people, asking lots of questions and trying to come to an understanding... that's clearer. I have lived and worked in St. Anthony Park for over a year and a half. I'm a renter and an employee of an independent business. It seems that it's largely the homeowners who run the show. I'd like to bring a different



### Greg Haley

Citizen participation is being involved in a dialogue about the future of our neighborhood. I bring my perspective as an architect to this planning for our future. I was



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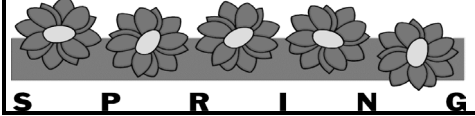
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learning to do facials, massage, and makeup). She then went on to study cosmetology and manicuring.

Wengler started out at Great Expectations and later did hair and makeup at Horst in Edina, followed by stints at Great Clips and Cutting at Juut (formerly Horst). Her biggest breakthrough was studying in London at Vidal Sasson.

"I loved studying at Vidal Sasson," she said, "It was a precise methodology for cutting hair. They taught you to cut on the left side. You see, most of us are right-handed, so when you begin on your least-favored side, you eventually balance when you move to the right. It really does work. Also, the cut is the foundation for everything else. If you don't have a good cut, nothing else will work."

After years of working in salons, Wengler decided it was time to strike out on her own. "When my dad bought a house on Raymond Avenue a couple of years ago, we noticed this place was for rent." Wengler is the sole operator at the moment but is looking for another stylist.

Wengler said her clientele is split genderwise, but she's been seeing more men in the last few years. Besides her clients from previous salons, she gets quite a few University students and professors.

Her range was demonstrated when a young man walked in the door: a high school student with shoulder-length hair of varied shades, including blue. Wengler later said, "It took about 24 hours to do his hair."

As sole proprietor, Wengler puts in many hours but still makes time to pursue skiing and kayaking, two of her passions.

"I love what I do," she said, "and I hope that shows. I always try to be welcoming of people and treat each one individually in terms of their hair."

**Salon in the Park**  
2311 Como, 645-2666

Although Terrie Zaremski and Kim Senne have been in their new space since February 1, they've been styling neighborhood residents for many years. Between them, they have nearly 26 years of experience, most of which has been on Como Avenue.

"I went to high school with Terrie," said Senne, who

commutes from Austin, where she lives with her husband, 7-year-old stepdaughter and new baby.

"Later I was working at another salon, going to massage school and working as a nanny. A friend of Terrie's closed her salon and wanted to transition her clients to Terrie. She invited me to join her."

Two years later, Tony Johnson bought the shop and named it Anthony's Park Salon, and Zaremski and Senne worked for him.

Last summer, Johnson sold the shop, and Zaremski and Senne, who were renting space from the new owner, decided it was time to move out of the space at 2301 Como. They found a smaller location across the street.

Zaremski, who lives in Vadnais Heights, said, "This has been great. We've been in the area for years, we know our clients well and they're our friends. We do strictly hair, color cuts and so forth. But really we talk for a living."

"We listen, too," laughed Senne. "We're kind of like therapists, but if we help our clients, they sure help us too."

Since Zaremski's mom did hair, she grew up around the profession. At first, she wanted to be a dental assistant. "I got three quarters in and decided no, that's not for me. I'm going into hair because that's really what I want to do." So she went to VoTech 916 and began working at a salon in Little Canada.

"After that, I went to Dayton's for six weeks, but I was spending all my money shopping. I had to get out of there!"

Senne also had a false start before settling on cutting hair. She got a college degree, became a nanny and eventually went to massage school. "Then I decided to do the hair thing, so I was going to Regency Beauty Academy in St. Cloud while working at Regis. Later, Terrie asked me to work with her."

When asked about the secret of their longevity and popularity (it's hard for them to take new clients, although Zaremski said she'd never turn anyone away), Senne said, "I think it's about your heart. I think people will even take a bad haircut—not that we do that—as long as they're treated nice."

Zaremski agreed. "I do think it's more friendship than anything. I feel guilty saying 'clients—they're our friends.'"

**Perfect Little Spa and Salon**  
2301 Como Avenue, 647-7665  
www.plspa.com

In the past, a spa was thought to be mostly for women. Now, more men are taking advantage of salon services. Promises of relaxation and renewal are too much to pass up. St. Anthony Park got a full-fledged spa last July, when Belinda Escalante bought the former Anthony's Park Salon.

Escalante was born in

California and grew up in Texas. After high school she went to Ashland, Wisconsin to live with her sister. There she studied at the Wisconsin Technical College to become a nursing assistant, a career choice partly inspired by her experience working at an Easter Seal Society camp. After graduating, she worked with the elderly.

Escalante then followed her sister to the Twin Cities, working as a nursing assistant in long-term care facilities. "I wanted to do more, though," she said, and she began studying at the Minneapolis School of Massage. After graduation, she began working as a massage therapist at a Spa Salon.

"The spa industry intrigued me," she said, "and I began seeing possibilities for combining beauty and health. Also, when I was working at the Spa Salon, people thought I was the owner. I started to take the hint."

Escalante set about learning the business side of spa and salon operations. She took business classes at St. Thomas University and seminars at WomenVenture. She went to school for nails and then studied hair at Scot Lewis School in Plymouth.

Eventually, Escalante got a job at a Plymouth salon, and later at a Day Spa in Minnetonka, but knew she wanted to have her own place. While combing through the classifieds, she saw a shop for sale in St. Paul. The owner, Tony Johnson, remembered meeting her at a Horst book signing.

Escalante bought the business and invited stylist Vanessa Dinh, whom she'd worked with in Minnetonka, to join her. She'll have been on Como Avenue a year in July.

"I love St. Anthony Park," she said, "and my dream is to attract more of the locals. I want busy. I love busy."

Escalante credits her parents for her drive and thirst for knowledge. "My family didn't have much; they were migrant workers. But they encouraged us in whatever we wanted to do. My parents always told me, 'Don't limit yourself.'"

Perfect Little Spa and Salon features nail therapy, skin care, body treatments, hair removing, makeup, hair care and massage. Escalante offers a variety of specials, such as "Ladies Night Out," where a party of 4-6 women can have hand and foot polish, makeup, a ministeel and a free gift bag valued at \$15.

When asked about her dreams for her business, Escalante said she hopes that more local people will visit. "Just stop in and see what we have to offer," she said. "We welcome everyone."

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## The children of Como High School go bowling

by Andy Arvidson

Every Monday evening around 6:30 I head to my favorite place, the University of Minnesota St. Paul Campus Student Center on Buford, for bowling with former Como teacher James "Crash" Ashworth.

Mr. Ashworth has been sponsoring Como bowling since 1979, when Como became a high school. Some students may not be acquainted with Mr. Ashworth, but we all hear his creative bowling reports every week during morning announcements.

According to Mr. Ashworth, Como bowling began with just three students and one mom. Over the years, bowling has had high and low participation, but even the low times kept the tradition going. Currently there are four bowling teams representing freshmen, juniors and seniors, as well as an alumni

team. Sophomore bowlers are desperately needed.

Each team creates its own name and identity, and fun is the name of the game. Seniors Bill Treumann, Colin Steinmann, Nick DelMas and Johann Enquist have been bowling for four years. Their current team name is "Furious Squirrels."

Mr. Ashworth recently created a memorial award for Steve Schwartz, a former bowler who died in an auto accident a year and a half ago. Eric Korhonen, a 2004 Como graduate, was the first to win that award on the basis of his dedication to CPHS bowling.

At the end of each bowling season (December and May), bowlers compete in a singles and doubles event. At the end of the year, we have a party and win free popcorn, pop and pizza from the concession stand. All in

all, the bowling league is fun and a good way to meet new people. It's also a good deal at only \$1.50 for shoes and \$1.50 for each game.

That's not much to earn the chance to hear your name on the morning announcements:

"In bowling, the Audie Koecks tripped up the Bolling Stones. Baker's Legion shut out the CBKs, and White Sabbath took a triangular meet from the Pepperoni Kippels and the Furious Squirrels. The high rollers were Jack Weyandt (150, a new personal high score), Charlie Menting (147), "Crash" Ashworth (142), Bill Treumann (141), Per Swenson (132) and Andy Vogl (124, another personal high).

This story first appeared in the February issue of the Como Crier.



### 4-H News

by Bobby Ragoonanan

Certain circumstances require me to tell you about February's meeting instead of March's. No, it has nothing to do with the pencils about to break down the door to my house trying to get to me.

We arrived at the place we always meet, which is Lauderdale City Hall, not Fort Lauderdale. We got started making valentines for the senior citizens. (I did not; I am almost anything but artistic.) Then we made cookies (which I took an active part in). They ended up kind of burnt and hard.

After everything was done, we had a potluck lunch. It was delicious! My compliments to the Italian food makers. I didn't get any pizza, however. It was gone by the time I reached it.

Last and greatest, we went to

the St. Anthony Park Nursing Home. We all had a great time serving cookies, making valentines with our elders and playing music. We had several piano numbers, plus an accordion and a clarinet. And there was a very radical cello solo. We also had some singers. The sister-sister duet was pretty

cool, as was the girl singing with her brother accompanying her on the harmonica.

All in all, everyone had a good time, the elders enjoyed the music and everything was great. Now I must go, for the pencils have just broken through, and I don't want to be speared by a pencil.

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# HIGH-DENSITY HOUSING PROJECTS

## New community grows from old

by Sabra Waldfogel

"For all of my life, I've never lived farther than a few blocks from Snelling Avenue," Falcon Heights resident Elsie Trapp says.

Trapp grew up in a house on Fry Street and moved to Taylor and Blair, then finally to Simpson Street when she married, living there with her husband for 55 years and staying there for 10 more years as a widow. When she decided to move to the senior apartments at the southeast corner of Snelling and Larpeteur, she changed her address but had to make few other changes in her life.

Still independent and active, Trapp decided to move because she was tired of worrying about "gutters, snow, all those things about home ownership." The location of the new building appealed to her, since she didn't want to leave the neighborhood.

She moved into the Town Square Senior Apartments in September 2004, shortly after construction finished. The 60-unit building is three stories tall and fronts Larpeteur just west of Arona. Inside, it is remarkably quiet for a building so close to a busy intersection.

From one living room window, Trapp can see the backyard, now a construction site, but planned to be a pond when the work is finished on the other two developments—apartments and townhomes. From the other window, she can see the traffic go by on Snelling and Larpeteur.

Her unit is 1260 square feet, with a second bedroom that she has put to good use. Her brothers, one from Cleveland and the other from New York City, have stayed with her, as did her niece from Morris, Minnesota.

Reminders of the past accent her apartment. There's a dresser in the living room that's been in the family for three generations. She says, "My grandfather was a tailor, and the story is that he traded a suit of clothes for the dresser." Now pictures of her great-grandchildren sit on it. A watercolor of her old house, painted by her daughter-in-law, has pride of place in her living room.

Trapp has five children, four of whom live in the area: Woodbury, Andover, Roseville and Shoreview. There are nine grandchildren and five great-grandchildren. "I have pictures of my family in every room," she notes.

Her grandchildren, used to coming to their grandmother's house for Christmas, were more upset about the move than anyone else. But the design of the building eased that transition too. The building's party room was the setting for the family's holiday celebration.

"There were 26 of us in the party room on Christmas day," Trapp says. "We had room for all the presents and the kids. It's not so hard on the grandchildren when grandma can still hang up their stockings."

Trapp is a bit surprised at how much her life has stayed the same. "Almost nothing is different. I'm in the same neighborhood, I'm able to drive and I love my heated garage. So pretty much I live just the way I did previously."

All of the landmarks are familiar. "It's so nice that I go to the same store, shop in the same places, go to the same church—as I have for the past 65 years."

The city of Falcon Heights went through a careful process of planning and design, with lots of community input, to create a pleasant and welcoming place that would fit the needs of its residents and the surrounding community.

The project began in 2000, when the city had the opportunity to buy the two properties on the site. Both owners—Dino Adamidis of Dino's restaurant and Jim Ladner, owner of the shopping center—were interested in selling and willing to work with the city.

The city then began the lengthiest part of the project—meeting with members of the community to create the plan and refine the design. According to Heather Worthington, city administrator, "We started by talking to residents and had the first of 22 community meetings. That process took most of three years."

Funding the project was highly collaborative, too. Worthington calls the funding "a patchwork quilt," based

on cooperation among the Metropolitan Council, the Minnesota Family Housing Authority and the developer, Sherman Associates. It involved grants, loans and tax-increment funding.

Worthington is particularly pleased with the way the city and the residents worked together throughout the project. "We gave the community a lot of opportunities to talk about the project. We're happy with the outcome of citizen participation."

Staying in the neighborhood meant that Trapp could stay active in her church, Como Park Lutheran on Hoyt Avenue, as well as another local organization close to her heart—Lyngblomsten Health Care Facilities. Her father, who lived to be 104, moved to their care center when he was 102. She began to volunteer and is now the president of the Lyngblomsten Auxiliary.

Trapp's schedule prevents her from joining her new Town Square neighbors for the recently organized Wednesday night card game. "I'm busy that night," she says, with a twinkle in her eye.

Trapp's neighbors in the building are mostly from the immediate area. One of them, Cliff Lavalla, lived next door to a friend of hers before moving. Another, Lorraine Quinn, used to live on Snelling and can still see her old house from her new window.

Trapp's only regret in moving is leaving behind her old community on Simpson Street, which she calls "a special place." A long history of raising families together made for "special relationships that you don't make easily again."

In Trapp's new building, community will need time to grow. The residents of Town Square are all independent and used to living their own lives. As Trapp tactfully puts it, "Until we get to the point where we need each other more, we won't be so close-knit a group."

The residents of the Town Square Senior Apartments can maintain their ties to the communities they've built up—through friends, family, church and neighborhood—as they build something new at the Southeast Corner.



Elsie Trapp moved into the Town Square Senior Apartments in Falcon Heights last September, after living for 55 years on nearby Simpson Street.



# ATTRACT RESIDENTS OLD AND NEW

## Feel like it's time for a change? Ever consider trying life in a metro loft?

by Sabra Waldfoegel

Sean Tubridy likes buildings with large open spaces, high ceilings and tall windows. He likes them so much that he works in one—his graphic design office is in the Northrup King building in Northeast Minneapolis—and he and his fiancée are planning to buy a condo unit in another, the Metro Lofts building on University Avenue, just east of the Minneapolis border.

Now that his two children are ready for college, Jeff Scott is ready to trade his kid-centered condo for a space that is all his. He likes the idea of starting afresh in a building and neighborhood that's brand new.

The Metro Lofts development is scheduled to be completed and ready for occupancy in March 2006, but many units have already been sold.

After building Emerald Gardens, both the architect (Elsness Swenson Graham) and the developer (Wellington Management) saw the need for something different. According to architect Pete Keely, vice president at Elsness Swenson Graham, Emerald Gardens was "a more traditional living arrangement" priced between \$220,000 and \$400,000. The ideal Metro Lofts buyer was different: professional, urban and contemporary—and looking for something more affordable, more in the \$160,000 to \$225,000 range.

The ideal buyers, it seems, have found Metro Lofts. Both Tubridy and Scott are urbanites from older neighborhoods in St. Paul. Tubridy and his fiancée, Becky Rossow, live in a Grand Avenue apartment, and Scott is a long-time condo owner.

Tubridy and Rossow liked the affordability of Metro Lofts. Tubridy says, "The price was a big draw. We were sold on it pretty quickly. We looked at other lofts and they were really nice, but they were out of our price range."

Scott, a veteran homeowner, had looked at other developments, too. But he bought this one on impulse. The sales office was in the coffee shop across the street from the building where he works as an attorney, and he went in to "browse around and talk to people. I ended up leaving a check."

Even though Metro Lofts is new, it's designed to look like an old industrial building that's been converted to a loft. Keely says of the design, "It has more of a loft-y feel, more of an urban chic sensibility, more open plans, large areas of windows, good amount of light."

The design is high on the list of the things that appealed to both buyers. Tubridy, whose graphic designs are spacious and spare, says of himself and Rossow, "We both have the same tastes as far as architecture. We both like a large, open space. High ceilings are a big plus. The open kitchen and the tall windows really appealed to us, too."

Scott, who bought a unit on an upper floor, has an additional amenity: "My unit has a really nice view of the sky," he says.

Both buyers like the fact that they can make the space their own. Scott says, "I'm 50 now, and I've never had new construction where it's possible to streamline and tailor it. I want to make mine very loft-y looking."

New construction appeals particularly to Tubridy and Rossow. "Right now we don't

have off street parking, a dishwasher or enough closet space," says Tubridy. "Having a built-in microwave and a washer and dryer right there is going to be really nice."

While he admits that there's "a certain charm to owning your own home," he doesn't want to worry about "leaks, or paint peeling or wood rotting." He and Rossow are "really busy and we don't have time to take care of a yard and a house."

Architect Keely believed the location would be a big draw—close to the University of Minnesota, a short commute to either downtown and with the potential for greater convenience if light rail comes to University Avenue. The buyers agree.

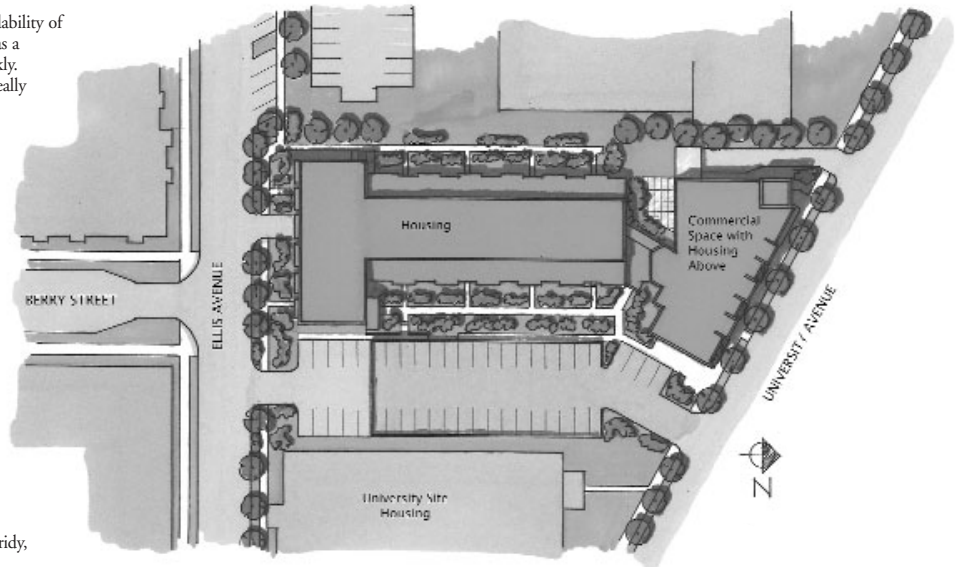
For Scott, who works on University Avenue, the location is ideal—four blocks from his office. For Tubridy and Rossow, Metro Lofts is equidistant between his office in Minneapolis and hers in downtown St. Paul. And both buyers are excited about the prospect of a light rail corridor along University Avenue. Scott says enthusiastically, "If light rail comes through it would really be cool."

Some people might look at the area and see warehouses and factories—hardly conducive to neighborhood living. The architect and the developer

looked at the success of nearby Emerald Gardens and saw the coffeehouses, galleries and restaurants, especially at the nearby corner of Raymond and University. "It's an upcoming neighborhood with an excitement to it," says Keely.

Scott, who is looking for something new in his life, likes the fact that the area as well as the development is new. He hasn't met his neighbors, but he imagines that "they're going to be similar to me, transitioning for one reason or another. They're people who are willing to take a risk to live in a neighborhood that's not developed. Where I'm living now is charming and well-established. This is for people who want to take a leap."

Metro Lofts is a development for people who are looking forward to change. It's an easy transition for first-time home buyers who want the security of owning their space without the headaches of a house with a yard. And it's a good transition for empty nesters who like the urban environment. It's not for everyone, but for people who like open living spaces and have a sense of adventure, it's the right place.





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## e t c e t e r a

## Arts Festival

Applications are now available for the 36th annual St. Anthony Park Arts Festival, set for June 4, 2005. They can be obtained at the St. Anthony Park Library or via e-mail: saplaaf@msn.com. Deadline for the juried show is May 1.

Musicians and other performers interested in donating their talents should contact Tina Hughes: saplaaf@msn.com or 645-0945.

Food booths, a plant sale, a used book sale, children's activities and sidewalk sales in the business district will round out the festivities.

## Elm Tree Workshop

A workshop for community volunteers who want to work for a healthy urban forest on their block and in their neighborhood will be held Monday, April 4 from 6-8 p.m. at the St. Paul Student Center, 2017 Buford Ave.

For more information, visit [www.allianceforsustainability.net](http://www.allianceforsustainability.net) or [www.treetrust.org](http://www.treetrust.org), or call 612-331-1099 x1 or 644-5800.

## Living Green Expo

The 2005 Living Green Expo will be held Saturday and Sunday, April 30 and May 1 from 10 a.m. to 5 p.m. at the Grandstand Building on the Minnesota State Fairgrounds.

The free event features over 200 exhibitions on energy, transportation, food, recreation, housing and remodeling, household products, yard and garden care, and more.

## Classes Without Quizzes

Faculty from the college of Agricultural, Food and Environmental Sciences will present mini-seminars at "Classes Without Quizzes" at the U of M's St. Paul Campus on April 2 from 9 a.m. to 2 p.m. Classes are designed for the general public, including students of all ages.

Seminar topics include weather, pets, renewable energy, tax law, woody plants, dietary supplements, food safety and world hunger.

Cost is \$20 for the general public, \$15 for U of M Alumni Association members and \$10 for K-12 or current U of M students. For more information or to register, visit [www.coafes.umn.edu](http://www.coafes.umn.edu) or call 612-624-1745.

## Luncheon/Silent Auction

The Friends of Luther Seminary will hold a luncheon and silent auction from 9 a.m. to 2 p.m. on Saturday, April 9 at the Olson Campus Center, 1490 Fulham St. The Friends is a group that raises money for scholarships for Luther students.

The luncheon speaker is Jim LaDoux from the Youth and Family Institute in Bloomington. Cost is \$15. For information and reservations (due April 4), call Elaine Westby at 633-6201.

## Fashion Show/Tea

An African fashion show and tea will take place Saturday, April 9 at 2 p.m. at St. John the Evangelist Episcopal Church, 60 Kent St. in St. Paul. The event will benefit the Blue House, an

orphanage in Uganda. Blue House was founded by Beatrice Garubanda, a member of St. Matthew's Episcopal Church in St. Anthony Park. For information or reservations, call 489-8797 or 649-1154.

## Volunteers

The Refugee Mentoring Program at the International Institute of Minnesota is looking for volunteers to assist newly arrived refugees with such things as filling out job applications, looking for housing or daycare, or practicing English.

Mentors make a six-month commitment. Training is provided. For more information, contact Angie Bengtson: 647-0191 ext. 347 or [abengtson@iimn.org](mailto:abengtson@iimn.org).

## Raptor Center

The Raptor Center at the University of Minnesota is facing a financial pinch because of the need to care for the more than 85 Great Gray Owls that have been brought to the clinic since November. Decreased food supply has brought large numbers of owls further south.

The Katherine B. Anderson Fund at the Saint Paul Foundation has offered a 1:1 challenge grant until May 1. Contributions toward the care of owls will be matched dollar for dollar. Donations may be sent to the Raptor Center at 1920 Fitch Ave., St. Paul, MN 55108.

For more information about Raptor Center programs, call 612-624-4745 or visit their Web site: [www.theraptorcenter.org](http://www.theraptorcenter.org).

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## e t c e t e r a

### Golf

The Como Golf Men's Club is open to new members. Application forms can be picked up at the Como Clubhouse during business hours or by calling 488-9673.

An organizational meeting will be held April 22 at the Como Clubhouse from 6:30-8:30 p.m. Prospective members are welcome. Membership costs \$100 for the 2005 season.

### Cub Scouts

Cub Scout Pack 35 will host an information night on Thursday, April 21 from 6-7 p.m. at North Como Presbyterian Church, 965 Larpenture Ave. in Roseville. The evening includes a pizza dinner. For more information or to reserve a spot at the meeting, call Cubmaster Tom Watson at 487-7760.

### Woodcarving

The Viking Woodcarvers Club presents its spring show and sale "Artistry in Wood" at Har Mar Mall on Saturday, April 23 from 10 a.m. to 6 p.m. and Sunday, April 24 from noon to 5 p.m.

### Arts Event

Music in the Park Series presents the American Brass Quintet in concert Sunday, April 17 at 7 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave.

The ensemble will perform new works, along with its own versions of Renaissance, Baroque and 19th-century brass works.

Tickets are \$18 in advance.

\$20 at the door and \$12 for students (when available). They are available at Biblot and Micawber's and by calling 645-5699.

### People

Caryn Erickson of the Como Park Living at Home Block Nurse Program has been named a Blue Cross Champion of Health award winner for her work in helping seniors. Blue Cross donated \$500 to the CPLHBNP on her behalf.

Erickson was recognized for her work in matching College of St. Catherine occupational therapy students with elders to provide in-home services, facilitating an exercise program, supporting families of elders with memory loss and coordinating the efforts of over 90 volunteers.

St. Anthony Park resident Thomas Hysell has been named



president elect of the Minneapolis Chapter of the American Institute of Architects.

He will begin his term as president in January 2006.

Hysell is a principal with Architectural Alliance and will apply 11 years of experience at that firm as well as 18 years of architectural experience to his new role. He is also currently working on the new Minneapolis Central Public Library.

Mark Koranda, a resident of Lauderdale and member of Boy Scout Troop 254, has been awarded the rank of Eagle Scout. He was presented the award at an Eagle Court of Honor on March 13. Troop 254 has been part of the Lauderdale community for 56 years. They meet Monday evenings at 7 p.m. at Peace Lutheran Church in Lauderdale.



On March 18, employees from John A. Knutson & Co. participated in KARE 11's Tax Line 11, a call-in show that enables callers to have tax questions answered by a tax professional.

Participants had over 150 seasons of combined tax experience. John A. Knutson & Co. is an accounting firm located in Falcon Heights.

On February 19, St. Anthony Park resident Angela Current won the young Adult Division (ages 13-18) in the Rising Star Talent Competition held by La Musique Music Studios of Minnetonka.

Students are judged for musicality, rhythm, style, dynamics, memorization and overall performance.

Angela is 14 years old and a student at Como Park Senior High School. She is the daughter of Kim and Dean Current.

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## ASK TIFF'NY

*Advice for teens ... from a teen*

DEAR TIFF'NY,

There's this really cute guy that I met at Abercrombie. We really like each other, but he has a really big tattoo on his neck that says "Deirdre." Is this a problem?

*Rachel, Falcon Heights*

Dear Rachel,

I don't think so. If he's like really hot, you might want to consider changing your name. I mean, it's not like Rachel is such a great name or anything.

DEAR TIFF'NY,

I got this pot-bellied pig for Christmas, but I didn't realize it would need to be fed, so now I want to set it free. Is this okay?

*Hunter, Lauderdale*

Dear Hunter,

Of course. Just be sure to

pick some place like Como Park where it can roam free and live off the land. But before you get rid of a perfectly good pot-bellied pig, see if you can trade it to somebody. There's this guy I know who traded a skink for an iPod.

DEAR TIFF'NY,

I'm thirteen. I want to go to a concert by my favorite band, Skullful of Blood, but my parents won't let me. I think they're being unreasonable. What do you think?

*Chrystyll, St. Anthony Park*

Dear Chrystyll,

Have you like fully explained the situation to your parents? I can't believe they would stand in the way of a thirteen-year-old seeing the world's greatest naked Sex Pistols tribute band.

DEAR TIFF'NY,

My mom and dad won't let me talk on my cell phone in the shower. They're afraid it will give me brain cancer. Will it?

*Kaytlynn, Como Park*

Dear Kaytlynn,

No, of course not. Just do it and don't tell them. And if they hear you talking in the shower, tell them you've got an "imaginary friend." Parents love that kind of stuff.

Oh, and like you might want to put your phone in a baggie. And be sure to seal the baggie. (The first four times I tried this, I like ruined my phone.)

*Have a question for Tiff'ny?  
Write her in care of this paper.*



With MnDOT's new Adopt-A-Highway Plus program, citizens will be operating equipment like this.

## MnDOT announces new highway program

*by Seymore Bumps*

Following on the heels of its successful Adopt-a-Highway program, MnDOT this week introduced Adopt-a-Highway Plus, an "accelerated volunteer highway maintenance program."

As MnDOT Volunteer Services Coordinator Shirley U. Jest explained, "The Adopt-a-Highway program has been wildly successful. Minnesotans are so wonderful about volunteering that MnDOT decided to initiate this new program for citizens who want to do more."

Under the Adopt-a-Highway Plus program, enrollees are assigned a two-mile stretch of

state highway. They agree to take responsibility not only for picking up litter and debris on their assigned section, but also for all other highway maintenance, including plowing, stripe-painting and repaving.

"We certainly don't expect volunteers to have their own highway maintenance equipment. That would be ridiculous, even for MnDOT," said Jest. She explained that MnDOT will provide all equipment and materials needed. Plows, painting machines, asphalt resurfacers and necessary supplies will be available at various locations around the state.

Training sessions will be offered for operation of the equipment, although Jest emphasized that attending these sessions is not required in order to participate in the program.

"Most of this equipment runs itself," she said. "If you can drive a Honda Civic, you can operate a Bellanger TS800 Asphalt Paver."

Applications for the Adopt-a-Highway Plus program are not being taken yet, but Jest said MnDOT hopes to have the program up and running soon. Interested citizens should watch for further announcements in the Park Bugle.

## WANTED YOUR OLD AIRLINE MEALS

For the new Ham Lake Museum of Airline Food

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- Braniff Bicentennial Pretzel Parfaits
- Southwest Airlines "Happy Flyer" triple martinis (unevaporated)

Your contribution is tax-deductible, and will earn you one free admission to the museum (opening fall of 2009)

Contact the  
Ham Lake  
Museum of  
Airline Food, care of  
the Park Bugle





## The Birdman of Lauderdale

by Clay Christensen

Normally I wouldn't voluntarily take a 12-year-old kid shopping. But this time I did, and I got a lot more than I'd expected.

My grandson, Joshua, and I had been planning a birding trip to the Villa Maria for a couple of months. The Villa Maria is a retreat center near Frontenac, Minnesota, overlooking the Mississippi River. The St. Paul Audubon Society rents the entire facility for its Warbler Weekend on Mother's Day weekend every spring.

On a Saturday that April, we went out to get Josh some gear for the trip. We went to a book store to get a birding field guide. We looked through what they had and settled on a Peterson's guide for the east and central United States.

I like this guide because it uses paintings rather than photographs. The artist can emphasize what's unique about the bird as a species, whereas with a photograph you see just one individual, which might not include some of the traits of the species as a whole.

Peterson also uses arrows to highlight diagnostic features so you have a quick reference to aid in bird identification. And the

descriptive text is near the illustration, which is very handy in the field.

After buying the field guide, we went to Fleet Farm to continue outfitting Josh. We got him a pair of Wellingtons: knee-high boots for the mud we'd probably have down on Sand Point, where Wells Creek flows across its muddy delta into the Mississippi. We found a green rain suit just in case. And he picked out a brown, floppy, broad-brimmed hat from the American Museum of National History. So we were prepared for rain or shine.

I was looking for a compass and a whistle for Josh, something he could use in case we got separated on the trail. I found a combination whistle, compass, magnifying glass and thermometer on a key chain. He was thrilled. Now if he got lost, he'd know how cold he was, too!

Next we hit the stationery section and found him a small spiral notebook (waterproof) to record his sightings and a card with three erasable ballpoint pens. They had to be erasable. ("They're so cool, Grandpa!")

On the way home, we passed Healy Pond, at the corner of

Cleveland and Roselawn Avenues. Mallards and Canada geese often swim there. As we rounded the corner, I said, "Now, look in the pond there, Josh. There could be some birds."

"Grandpa, I see a swan or something! A big white bird!"

We pulled into the church parking lot next to the pond. "It's an egret," he said, excitedly. "Where's my notebook?" We had to get this first sighting documented. He dove into the Fleet Farm bag and brought out the spiral notebook and erasable pens. He pried a pen from the package and began to write.

"Now put down the date," I coached, "and the location: Healy Pond, Roseville."

He made the first entry in his birding life list, "great egret," followed immediately by "wood ducks."

When we got back home, he and I sat on the front steps watching the bird feeders. He proudly added chickadee, white-breasted nuthatch and house finch to his life list.

I hope I sparked a life-time interest in this young lad. I'd consider that a significant accomplishment, the kind of "life list" that matters most.

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ST. ANTHONY PARK COMMUNITY COUNCIL

## NEWS

# VOLUNTEER

St. Anthony Park's Annual

## Kasota Ponds Clean-up

Saturday, April 23rd, 9:00 – Noon

B.Y.O.B. (Bring Your Own Boots)

Gloves, Litter Pickers, Trash Bags, and Refreshments Provided

The Kasota Ponds is one of St. Anthony Park's most precious environmental resources. Please join us in our annual spring-cleaning to remove the trash (cans, paper, plastic, etc.) that has collected in the Kasota Ponds area.

For more information and to sign up to  
volunteer please call

Nina Axelson at 651-649-5992.

Or, just show up! Come to the parking lot west off HWY  
280 on the south side of Kasota Avenue,  
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## Aging Gracefully by Mary Jo Tarasac

Despite the many services available in our community for older adults, the majority of assistance—in fact, 95 percent of all assistance seniors need to live independently—is provided by unpaid, unprofessional caregivers, usually a female relative, most likely a middle-aged daughter.

I was researching ways to describe the dedication and sacrifice made by family members who choose to care for the elderly, when I came across the accompanying essay, "My Mother," by Nancy Stead. It originally appeared in the Burnett County (Wisconsin) Senior Citizen Newsletter and is reprinted with permission.

Sadly, few funders recognize the level of stress and tension that can develop when a relative takes on the care of an older adult whose physical and/or mental capacity continues to diminish.

For example, three years ago the St. Anthony Park Block Nurse Program received a federal grant that supported our services to caregivers at the rate of \$5000 per year. As of this year, that funding has diminished to \$3000 annually. Plus, when we approach other funders for caregiver support, they use the fact that there is federal support for this programming as a reason for not contributing to caregiver services.

Family caregivers need respite, a break from the 24/7 stress of 100 percent responsibility for another human being. Respite is expensive, since the majority of clients need extensive physical support. For the 12 to 15 caregivers our program assists each year, \$3000 does not go far. However, we have come upon a great, if partial, solution. And you can help—by going out to dinner!

Several Block Nurse programs have banded together to organize a fundraiser this spring called Dining Out for Independent Living. On May 19, several St. Paul restaurants will donate a share of their profits for the day to our group, and the proceeds will go to support our

caregiver program. If you go out to eat at any of those restaurants on that day or evening, you will be contributing to our caregiver program. A list of the restaurants in our area that are participating will be published with this column in May.

We are hoping to find more and more innovative ways to support our programs as public funding continues to decline. We thank all of you out there for your support for our programs.

### My Mother

To the women in the booth behind us: I apologize for my mother. She isn't aware she is staring at you "watching you eat." All she is aware of is activity around her, the music of voices raised in conversation.

All she is doing is looking around her with the wonder of a child, trying to see everything, but without the ability any longer to know that she might offend.

I will not deny her the joy she finds in going to dinner, although all she will remember is the joy, not what caused it.

To the woman at the grocery store restroom: I apologize for my mother. Her body has betrayed her. She isn't aware she has had an accident. Her diaper has to be changed and she has me to help her.

Thank goodness she won't remember your comments about the odor or the accident. Unfortunately, I will.

To the man in the checkout line: I apologize for my mother. She is living in a world of 70 years ago. She meant no offense and intended a compliment when she called you a fine-looking Negro.

Your harsh words will make no difference to her. She can't remember them and all she will remember is hurting because someone yelled at her.

To the kids on the sidewalk behind us: I apologize for my mother. She shuffles rather than walks. We go slowly, with her trustfully holding my hand as I

did hers when I was a child and these roles were reversed. She can't hurry up. Pushing her or calling her names cannot make her walk any faster.

Her body and her mind are fragile now, and neither will be getting any better. So walk around us quietly and hope it will never be you and your mother walking slowly together on the sidewalk.

To Mom's friends: I apologize for my mother. She doesn't remember the you of today. When she sees you when we are out, you are a stranger.

She will greet you with the inborn graciousness she has always possessed, but she doesn't know you. The you of yesterday, however, is a source of joy to her as she talks about the things you did together "just last week."

Somewhere inside she knows that something is wrong and she wants to go home. Home is 70 years ago on a farm in North Carolina with her mother and father and three sisters.

Thank you for taking the time to understand and bring her back to me when she goes searching for her home.

To my cousins: I apologize for my mother. As her nieces and nephews, she has always loved you all dearly. But she doesn't know you now. Most of the time she doesn't know that I am her daughter.

A little more of her slips away every day. But as she looks at the family photo albums, the love she feels for you has not dimmed.

To my husband: I apologize for my mother. She has always loved you as a son. I see the pain you feel watching her fade further and further away from us every day.

I have watched you build a place for her in our home without a word of thanks from her or even an acknowledgment of your accomplishments.

I couldn't do this without you. Your support and love for both of us keeps me going.



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**April 14**  
9 AM - 2 PM

**April 15**  
9 AM - Noon

Donations of new & gently used items accepted April 4 - 8. Please: No large electronics, including TVs, computers, VCRs, & microwaves.

# WORDLY WISE

Welcome to Wordly Wise, a new feature in the Bugle. This will be the place to turn each month for information about reading- and writing-related news and events.

Please send news about local authors, publications, readings, book clubs, etc. to the Bugle: editor@parkbugle.org or P.O. 8126, St. Paul, MN 55108

## News

St. Anthony Park resident Anne Ylvisaker has won a 2005 McKnight Artist Fellowship for Writers. Administered by the Minneapolis-based Loft Literary Center, five \$25,000 fellowships are awarded annually—four in creative prose and one in children's literature. Ylvisaker received the Loft Award in Children's Literature/Older Children.

Caitlyn Dlouhy, executive editor at Atheneum Books for Young Readers, judged the competition. Of Ylvisaker's winning children's literature manuscript, Dlouhy wrote, "The moment I read the first sentence, I knew 'Little Klein' was superlative. The voice is tantalizing—it draws you in, it makes you instantly interested in the characters and their story."

Ylvisaker's first novel, "Dear Papa," takes place in her mother's childhood home in St. Paul. "Dear Papa" was named one of Booklist's Top Ten Youth First Novels in 2002. Ylvisaker plans to use the time granted her with this award to complete "Little Klein" and pursue additional writing projects.

## Readings

Tuesday, 4/12, 7 p.m.  
Micawber's. Poet Katrina Vandenberg ("Atlas").

Thursday, 4/14, 7 p.m.  
St. Anthony Park Library. Kent Krueger, Minnesota Book Award Winner.

Thursday, 4/21, 7 p.m.  
Micawber's. "Speakeasy" Speakout on Faith.

Tuesday, 4/26, 7 p.m. Micawber's.  
Poets Rusty Morrison ("Whethering") and Gillian Conoley ("Profane Halo").

Thursday, 4/28, 7 p.m.  
Micawber's. Poet David Bengtson ("Broken Lines").

## Groups

Thursday, 4/7, 6:30 p.m.  
St. Anthony Park Library.  
St. Anthony Park Writer's Group.  
All welcome.

Monday, 4/11, 7 p.m.  
Micawber's. Probers' Book Club.  
"The Known World" by Edward P. Jones. All welcome.

Tuesday, 4/12, 7 p.m. Call Peace Lutheran Church (644-5440) for location. "Listening for God" by Frederick Buechner. All welcome.

## Events

Monday, 4/4, 7 p.m. Coffee Grounds. Northwestern Bible College Spoken Word Event.

Saturday, 4/9, 9 a.m.-1 p.m.  
St. Matthews's Episcopal Church book sale (2136 Carter Ave.).

Thursday, 4/14, 10 a.m. Coffee Grounds. Storytelling for Children. MOMS Club.

Tuesday, 4/19, 7 p.m. Trotter's Cafe (232 N. Cleveland, 645-8950). The Poet Next Door. Discussion with speakers from the Laurel Poetry Collective (Su Smallen and Pam Wynn) and Michael Moos, poet and teacher.

Thursday, 4/21, 7 p.m. Coffee Grounds. Third Thursday Poetry.

Saturday, 4/23, 1:30-3:30 p.m.  
St. Anthony Park Library.  
Bookmaking class for grades K-2. Pre-registration required (642-0411).

Saturday, 4/30, 1:30-3:30 p.m.  
St. Anthony Park Library.  
Bookmaking class for grades 3-5. Pre-registration required (642-0411).



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# April ARTS

## Music

### Coffee Grounds

1579 Hamline Ave., 644-9959

- Eliza Bonacci and Ben Wilson  
April 1, 8pm
- Spruce Top Review  
April 2, 7pm
- Open Mic with Bill Hammond  
April 3, 6pm
- Becky Schlegel  
April 7, 8pm
- Minnesota Guitar Society  
Open Stage  
April 8, 2pm
- Bill Cagley's Bluegrass and  
Old Time Music Show  
April 14, 7pm
- Steve Harlan Marks  
April 15, 8pm
- Raymond Yates Band  
April 16, 8pm
- Open Mic with Bill Hammond  
April 17, 6pm

- Real Book Jazz  
April 18, 7pm

- The Mamas  
April 22, 8pm

- Felonious Bosch  
April 23, 8pm

- Bill Cagley's Bluegrass and  
Old Time Music Show  
April 28, 7pm

- James Everest  
April 29, 8pm

### Ginkgo Coffeehouse

721 N. Snelling Ave., 645-2677

- Bluegrass and Oldtime Jam Session  
April 27, 7pm

- Open Stage  
First and third Wednesdays,  
6pm sign-up

### New Folk Collective

293-9021

- Tish Hinojosa  
April 9, 7:30pm  
Friends Meeting Hall,  
1725 Grand Ave.

- David Massengill  
April 16, 7:30pm  
Friends Meeting Hall,  
1725 Grand Ave.

- Claudia Schmidt  
April 30, 7:30pm  
Friends Meeting Hall,  
1725 Grand Ave.

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**MURRAY JUNIOR HIGH SCHOOL**  
2200 Buford Ave., 293-8740

- Century College Jazz Ensemble  
April 21, 7pm

## Music in the Park Series

St. Anthony Park United Church of  
Christ, 645-5699  
[www.musicintheparkseries.org](http://www.musicintheparkseries.org)

- American Brass Quintet  
April 17, 7pm

## Visual Arts

### Anodyne Artist Company

825 Carleton St., 642-1684

- Art ... what is it?  
Each third Thursday  
Doors open at 7pm  
Performance starts at 7:30pm

### Goldstein Museum of Design

241 McNeal Hall, U of M  
612-624-7434

- Hip Art That's Square  
Through April 3

- Senior Student Show  
April 17-May 11

### Midway Contemporary Art

3338 University Ave. SE #400  
612-605-4504

- Michaela Meise: "Monument Minor"  
April 2-30  
Opening reception, April 2, 6-8pm
- "Post Notes"  
April 15-30

### St. Paul Student Center

612-625-0214

- "Responses to Natural Forms"  
Paul Whitney Larson Art Gallery  
Through April 7
- "The In Between"  
Photographs by Angie Buckley  
Paul Whitney Larson Art Gallery  
April 14-June 1

# SAVE ENERGY

(yours and the environment's)

Shop your neighborhood merchants and support the local  
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ST. ANTHONY PARK BUSINESS COUNCIL





# April Calendar

## 1 Friday

- Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.)
- Storytime for preschoolers ages 3 to 5, St. Anthony Park Library, 10:30 a.m.. Pre-registration requested. 642-0411. Every Friday.
- Falcon Heights recycling.

## 2 Saturday

- Nocturnal Bowling (612-625-5246), 10:30 a.m.-5 p.m. at the Gopher Spot, St. Paul Student Center, 2017 Buford Ave, St. Paul Campus. Every Saturday.
- Classes without Quizzes, U of M St. Paul Campus, 9 a.m. to 2 p.m. 612-624-1745.

## 4 Monday

- AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.
- Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.
- Lauderdale recycling.

## 5 Tuesday

- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-1 p.m. Every Tuesday.
- Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.
- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1:15 p.m. to 2:15 p.m.
- Chair Exercise Classes - Seal High Rise, 825 Seal St. every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.

## 6 Wednesday

- "Cup-of-Peace" event with [www.nonviolentpeaceforce.org](http://www.nonviolentpeaceforce.org) at Coffee Grounds, 1579 Hamline Ave. 644-9959.

- Women's Connection, a women's networking organization (603-0954), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.

- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays, 11:00 a.m. to 11:45 a.m.

## 7 Thursday

- Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m.-noon. Every Thursday.
- Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.
- Chair Exercise Classes - Seal High Rise, 825 Seal St. every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.
- St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 890 Cromwell, 6 p.m.

## 8 Friday

- Adult and older children Storytelling, 8 p.m. Coffee Grounds, 1579 Hamline Ave. 644-9959.

## 9 Saturday

- Friends of Luther Seminary luncheon and silent auction, 9 a.m. to 2 p.m. Olson Campus Center, 1490 Fulham St. 633-6201.
- African fashion show and tea, 2 p.m., St. John the Evangelist Episcopal Church, 60 Kent St. 489-8797 or 649-1154.

## 11 Monday

- Como Neighbors for Peace movie - "Arlington West", 7 p.m. Coffee Grounds, 1579 Hamline Ave. 644-9959.
- Park Press Inc., Park Bugle Board meeting, St. Anthony Park Bank community room, 7 a.m.
- St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist

Church library, 7 p.m.

- Como Park recycling.

## 12 Tuesday

- Bridge Club card players, 6:30 p.m. Coffee Grounds, 1579 Hamline Ave. 644-9959.
- St. Anthony Park Community Band rehearsal, Como Senior High band room, 7:15 p.m. Every Tuesday from April 12 to June 7. 642-1559.
- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

## 13 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.
- St. Anthony Park recycling.

## 14 Thursday

- Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.

## 15 Friday

- Falcon Heights recycling.

## 18 Monday

- Lauderdale recycling.

## 19 Tuesday

- Meeting for Kindergarten parents and students. Chelsea Heights Elementary, 3:45-5 p.m. Tours and general information.
- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1:15 p.m. to 2:15 p.m.
- District 10 board meeting. Call 651-644-3889 for details.

## 20 Wednesday

- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11-11:45 a.m.
- Langford Booster Club, Langford Park, 7 p.m.

## 21 Thursday

- Murray Jr. High Music Department Fund Raiser, 7-9 p.m. Century College Jazz Ensemble. Tickets are \$8 at the door. All proceeds will be used for Music Dept. equipment and music.
- Cub Scout Pack 35 information night, 6-7 p.m. Como Presbyterian Church, 965 Larpenteur Ave. 487-7760.

## 22 Friday

- Como Men's Golf Club organizational meeting, 6:30-8:30 p.m. Como Clubhouse. 488-9673.

## 23 Saturday

- "April Fools" family storytelling, 1 p.m. Coffee Grounds, 1579 Hamline Ave. 644-9959.
- Viking Woodcarvers Club, 10 a.m. to 6 p.m. Har Mar Mall.

## 24 Sunday

- Viking Woodcarvers Club, noon to 5 p.m. Har Mar Mall.

## 25 Monday

- S.P.D. Parents and Mothers and More meetings, 7 p.m. Coffee Grounds, 1579 Hamline Ave. 644-9959.
- Great Decisions discussion: Freshwater and foreign policy. St. Anthony Park Library, 7-9 p.m.
- Como Park recycling.

## 26 Tuesday

- Bridge Club card players, 6:30 p.m. Coffee Grounds, 1579 Hamline Ave. 644-9959.
- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

## 27 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.
- St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 p.m.
- St. Anthony Park recycling.

## 28 Thursday

- Kindergarten Roundup, St. Anthony Park Elementary, 2180 Knapp St. 6-7 p.m. 293-8735.

## 29 Friday

- "Practical Theology in the Life of a Christian." Hein-Fry Lecture Series. Lecture 1 - 10 a.m.; Lecture 2 - 1 p.m.; Lecture 3 - 2:30 p.m. Luther Seminary Chapel of the Incarnation, 1490 Fulham Street. Free.

## 30 Saturday

- Living Green Expo, 10 a.m. to 5 p.m. State Fairgrounds.

Items for the May Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, April 15.

### KINDERGARTEN ROUND-UP!



Thursday, April 28, 2005, 6:00-7:00 p.m.

Come sign up for **KINDERGARTEN!**

Registration packets available at school office

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## A Foundation of Neighbors

*Looking Forward*

**By Jon Schumacher**  
*Executive Director  
St. Anthony Park Community  
Foundation*

We are excited here at the Foundation. I won't try to stretch the spring analogy too much, but I think it's fair to say we are looking forward to bearing the kind of fruit that will help sustain this community for many springtimes to come.

Some of our excitement stems from our recently completed fund drive which once again confirms the commitment this neighborhood has to the core values the Foundation supports: quality education, arts, environment, healthcare and housing for all. We thank you all for your generosity.

But much of the spring in our step comes courtesy of our new affiliation with The Saint Paul Foundation. This relationship provides us with the security to move ahead, confident in our ability to make a long-term difference to this community. That difference will be noticed in our increased capacity to support the nonprofit community and to facilitate solutions to targeted community needs.

To better address these needs, identified in the State of the

Neighborhood Report, the Foundation has created a Special Initiatives committee. This committee will take the lead in promoting solutions to our most compelling community challenges. It will do this by partnering with the District 12 Council and other stakeholders to prioritize these challenges, propose frameworks for solutions, support necessary action, and monitor progress.



**Jon Schumacher**

The Foundation feels this strategic and proactive approach is the best way to ensure the viability of St. Anthony Park.

Over the next year, neighbors will have the opportunity to participate in substantial ways to help shape our future as a community. This process will require commitment, creativity, and hard work by many. The results will benefit us all for years to come. Now, what could be more exciting than that?



ST ANTHONY  
PARK  
COMMUNITY  
FOUNDATION  
PO Box 8038,  
St. Paul, MN 55108  
651-641-1455  
sapfoundation.org

## LIVES LIVED

### Steve Burtress

Stephen Christopher Burtress was born November 16, 1953, and died February 24, 2005, as a result of smoke inhalation in a fire in his St. Anthony Park home.

A community fixture, known for his visiting and rambling up and down Como Avenue, Steve placed enormous importance on his neighbors, the people at Ginkgo's (where a memorial plaque now identifies "his" bench), Speedy Market, Park Midway Bank and the coffee hour at St. Anthony Park Lutheran Church, where he was a member.

He attended Brimhall Elementary and Fairview Junior High in Roseville, and later Murray High School. Upon graduation he spent one year at Golden Valley Lutheran Junior College.

Steve was diagnosed with manic-depressive illness at the age of 21, although at age 17 he began to show symptoms that were difficult to evaluate. Other complicating medical issues became increasingly difficult to manage. Through it all, Steve kept his sense of humor.

He was able to live in his own home and to make his own decisions. Through the past two and a half years he was assisted in independent living by Ramsey County Mental Health and by the Guild. Their caring and able workers were a great help to him.

Steve worked as a member of the Graphic Arts Union at Augsburg Publishing House in

Minneapolis for 18 years, until the publishing house ceased operation here. Those were happy and productive years for Steve, who was a conscientious worker. After that he continued to work for several other companies.

Steve is survived by his parents, Dolores and Jim, also from St. Anthony Park; his siblings and their spouses, Eric and Marilyn, Deborah and Wally, Peter and Michele; nine nieces and nephews; aunts, uncles and many cousins.

### Dr. William L. Hartwick

William L. Hartwick died on March 6, 2005, at age 87. He was a resident of St. Anthony Park for 70 years.

Bill was born August 13, 1917, to Eva and Leslie Hartwick in Morgan, Minnesota, the second of two sons. He went to Gutterson School and Murray Junior High School, and graduated from Central High School in 1936.

Bill attended Macalester College and graduated from the U of M Dental School in 1943. He served in the Navy as a dentist during WWII. He and his wife, Marion, were married November 21, 1942.

From 1946 to 1979, "Dr. Bill" had a dental practice on Como Avenue in St. Anthony Park. He also taught periodontology at the U of M Dental School and was a full-time instructor after he retired from his private practice. He received several instructor of the

year awards. In 1973 Bill was a volunteer dentist on Ship Hope, docked in Maccio, Brazil.

Bill was a long-time member of St. Anthony Park United Methodist Church. He loved interacting with people and seemed to always have a joke.

Bill was preceded in death by his brother, Edwin, and his son, Stephen. He is survived by his wife of 62 years, Marion; daughters Ann (Rick) Madsen, Katherine (Steve) Hearsh, Janet (David) Sterk and Barbara Hartwick; 10 grandchildren; and 11 great-grandchildren.

### Anne Elizabeth Kraft

Anne Elizabeth Kraft died March 1, 2005, at the age of 12, after a four-year battle with leukemia. She was a student at St. Anthony Park Elementary School.

Anne was preceded in death by her godfather, Tim Turner. She is survived by parents, Edward Kraft and Mary Pat Roberts; brother, David; grandmother, Eileen Roberts; and many loving aunts, uncles and cousins. The family thanks Anne's family, friends and caregivers, along with teachers and students at St. Anthony Park Elementary, for their constant support and care.

A Mass of Christian Burial was held March 7, 2005 at St. Cecilia Catholic Church.

### Donald E. Lawrence

Donald E. Lawrence, age 78 of Lauderdale, died suddenly on February 18, 2005. Mr. Lawrence was a WWII Navy veteran and long-time director of buildings and grounds at Hamline University.

He was preceded in death by a brother, Norman, and by his first wife, Ulah. He is survived by his wife, Donna; daughter, Luann (Stan) Stapuk; sons, Kevin (Mary) and David (Mona); 11 stepchildren; and many grandchildren and great-grandchildren.

A memorial service was held on February 25, 2005, at St. Anthony Park United Methodist Church, with interment at Ft. Snelling National Cemetery.

### Margaret E. Sautter

Margaret "Peg" Sautter, age 88, died suddenly on March 11, 2005. She was known for her generous spirit and willingness to help others.

Mrs. Sautter was preceded in death by her husband of 65 years, Jay, and by a son, David. She is survived by her son, Tom (Linda) of Lanesboro; daughter, Marjorie (Ken) Carriere of Vancouver, Canada; grandchildren, Casey, Robin, Dana, Karl (Margo), Sarah and Carmen; and great-grandson, Avery. A celebration of her life was held March 22 at St. Anthony Park United Methodist Church.

## Remembering Steve Burtress

*by the Ginkgo baristas who knew and loved him*

If you didn't know Steve, you didn't know:

- how gentle he was
- his love of fuzzy lemonade and banana mango smoothies
- how he loved toys
- his warmth towards any and every one
- how he liked Joan Jett, Pat Benetar and BonJovi
- how he loved to sing for people
- how he would bring candy to you from the bank
- how he loved the ladies
- how funny he was
- how he loved Steppenwolf and Three Dog Night
- that he was second in intercity wrestling in high school
- the regularity with which he ate breakfast sandwiches
- how many people enjoyed his presence as part of their routine
- that he walked no matter what the weather was
- how much we looked forward to seeing him
- how he loved conversation
- that he knew all the dogs in the neighborhood by name
- that Steve will be sorely missed

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## CLASSIFIEDS

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April 15th, 6 p.m.  
**Next issue:** April 27th

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- Count the words. A word is numbers or letters with a space on each side. A phone number with area code is one word.
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Bugle Classifieds  
P.O. Box 8126  
St. Paul, MN 55108  
or deliver to the Park Bugle drop box at the side entrance to 2190 Como Ave. (on the Knapp Place side of building) by 6 p.m. on the deadline day. We cannot bill you for your ad.
- Classifieds cannot be e-mailed, faxed, or taken over the phone.
- Call Ray at 651-646-5369, voice mailbox #3, with questions.

### Instruction

**TAEKWONDO** for all ages. Sundays and Thursdays 6:30-7:30, Como Park area. Tom Ferry, 651-488-8957.

**HATHA YOGA** classes start week of May 2. Call Holly House at 651-645-6951.

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**HOUSING WANTED.** Summer 2005. Vassar College professor and family, former residents of St. Anthony Park, wish to sublet in or near the Park approximately July 1-August 10, 2005. References from previous Park summer sublets available. Please contact Jim or Linda Merrell at 845-471-4028 or merrell@vassar.edu.

**ONE BEDROOM APT.** in Lauderdale. Large yard, off-street parking, laundry, heat paid. \$475/mo., 651-917-1933.

### Employment

**PT CUSTODIAN** in busy social service agency. Afternoon hours. Collect trash, clean restroom, set up rooms, mop, & vacuum. Experience preferred, references required. 20+ hours per week, \$10-\$12/hour. Apply in person: Int'l Institute of MN, 1692 Como Avenue, St. Paul. Position available ASAP.

### For Sale

**DOUBLE INTERMENT** - two sites available at Sunset Memorial Cemetery. Each site accommodates two caskets or two cremains. Price was \$3,600; for sale now for \$2,995. Contact Dave 612-331-2228.

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### Wine shop from 1

was a legislative precedent for their bill. Several decades ago, their Milton Square neighbor, the Muffuletta Restaurant, was able to acquire an on-sale beer and wine license as a result of a similar amendment to state law.

After a five-month journey though the legislative process, the bill was signed into law by Gov. Pawlenty in February, and the Little Wine Shoppe was back on track once more.

Now that their legal difficulties are resolved, the Huffs have been able to take up the more congenial problems of deciding how to outfit their shop and what to stock in the 350-square-foot premises.

The couple know exactly what they're doing when it comes to creating a retail space.

Chris, who is in the final stages of preparing for a career as an architect, is designing the interior. Jeff is doing all the work of installing display areas and creating special hand-built shelves.

When it comes to deciding what to place on those shelves, though, the Huffs are hoping to get a little help from their future customers.

Jeff said, "I'm not a wine guru but I'm learning fast." To help with the learning curve, the Huffs are canvassing the tastes of the neighborhood with a special survey.

Visitors to the store's Web site ([www.thelittlewineshop.com](http://www.thelittlewineshop.com)) are invited to weigh in with their suggestions for what wines the store should carry.

"Our drive is going to be service-oriented," said Chris, adding that their business model is Solo Vino, the Selby Avenue boutique wine seller known for its attention to both quality and value.

After the delays of the past few months, the Huffs are modestly confident about the future.

"We've lived in the neighborhood for five and a half years," said Chris, "and we've

been talking about this for a year and a half."

The Huffs had noted the all-too-quickly passing parade of short-lived businesses that occupied their Milton Square location over the last few years.

In late night conversations, the couple asked themselves, "What kind of business would work there?" Said Chris, "We wanted something that would work on a daily basis."

The answer, they're convinced, is the Little Wine Shoppe.

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11:00 a.m. Korean Worship, Pastor Jiyong Park

11:00 a.m. Filipino-American Worship, Dr. Sanny Olojan, Pastor

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### ♦ COMO PARK LUTHERAN CHURCH - ELCA

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CPL Contact ministry 651-644-1897

[www.comoparklutheran.org](http://www.comoparklutheran.org)

Sunday Schedule:

8:00, 9:00, & 11:00 a.m. Worship

10:00 a.m. Adult Education & Sunday School

(Holy Communion on 1st & 3rd Sundays nursery care provided)

Rides available for 11:00 a.m. worship;

Call the church office before noon on Friday for ride.

Popcorn Video Series:

Wednesday March 30: Women in the Early Church

April 6: Understanding Islam

April 13: The Life of the Apostle Paul

April 20: The Simpsons and God

Join us for popcorn and a 20 - 60 minute video, followed by a discussion led by

Pastor Marty Ericson.

Pastors: Martin Ericson and Mary Kay Ashley

Visitation Pastor: Leonard Jacobsen

Director of Music Ministry: Thomas Ferry

### ♦ COMMUNITY OF GRACE CHRISTIAN CHURCH

Meeting at Lutheran Campus Ministry

1407 Cleveland Ave., St. Paul

Worship and Communion second and fourth Sundays, 6:00 p.m.

Open and Affirming

[www.communityofgracemn.org](http://www.communityofgracemn.org)

### ♦ IMMACULATE HEART OF MARY CHURCH

An Ecumenical Old Catholic Community

2200 Hillside Ave. • 612-872-4619 or 651-776-3172

Sunday Mass: 5:30 pm in Upper Chapel

Deo Gratias Wedding Ministry

### ♦ MOUNT OLIVE EV. LUTHERAN CHURCH

(A WELS Congregation)

"AN OLD CHURCH WITH A NEW VISION"

Handicap-accessible. Wheelchair available.

1460 Almond at Pascal. 651-645-2575

Website: [www.mtolive-wels.net](http://www.mtolive-wels.net)

Sunday Worship: 9:00 am.

Education Hour: 10:30 am

Chinese Worship: Sundays at 2:00 p.m.

### ♦ PEACE LUTHERAN CHURCH - ELCA

1744 Walnut (at Ione) Lauderdale. 651-644-5440

[www.peacelaunderdale.com](http://www.peacelaunderdale.com)

Sunday Worship: 10:00 a.m.

Education: 9:00 a.m.

Pastor: David Greenlund

All are welcome - Come as you are

### ♦ ST. CECILIA'S CATHOLIC CHURCH

2357 Bayless Place. 651-644-4502

Website: [www.stceciliaspn.org](http://www.stceciliaspn.org)

Handicap accessible

Saturday Mass: 5:00 p.m. at the church

Sunday Masses: 8:15 a.m. and 10:00 a.m. at the church

(nursery provided during the 10:00 am Mass)

### ♦ SPIRIT UNITED INTERFAITH CHURCH

3204 Como Avenue SE

Minneapolis, 612-378-3602

[www.spiritunited.com](http://www.spiritunited.com)

E-mail: [contact@spiritunited.com](mailto:contact@spiritunited.com)

Are You Seeking Spiritual Community?

*Claiming Our Oneness, Honoring Our Diversity*

### ♦ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth at Chelmsford. 651-646-7173

Website: [www.sapucc.org](http://www.sapucc.org)

Handicapped accessible and an Open and Affirming Congregation.

Rev. Phil Ramstad, Supply Pastor.

Sue Grove, Child & Youth Coordinator

Adult Ed. 8:30 a.m.

Sunday Worship 10:00 a.m., Fellowship: 11:00 a.m.

Nursery and Sunday School provided: 10:15 a.m.

Sunday, April 3: 10:00 a.m. Communion

### ♦ ST. ANTHONY PARK UNITED METHODIST CHURCH

All are welcome!

2200 Hillside Ave (at Como) 651-646-4859

Pastor Donna Martinson

See [www.sapumc.org](http://www.sapumc.org) for more about our church.

Sundays:

10:00 am Worship Celebration

10:20 Sunday School (age 3 to 6th grade)

11:00 a.m. Fellowship

Victory Temple in Jesus Christ at 11:45 a.m.

Wednesdays: 9:00 a.m. - 1:00 p.m. Leisure Center

(senior fellowship, activities, noon meal)

### ♦ ST. ANTHONY PARK LUTHERAN CHURCH

We are a community of believers called to joyfully serve God,

one another, and the world.

[www.saplrc.org](http://www.saplrc.org)

2323 Como Ave. W. Handicap-accessible. 651-645-0371

Pastors Glenn Berg-Moberg and Amy Thoren. Email: [info@saplrc.org](mailto:info@saplrc.org)

Sunday Services: 8:30 a.m. and 11:00 a.m.

Education Hour for all: 9:45 a.m.

Minnesota Faith Chinese Lutheran Church 1:30 p.m.

信義教會 星期天下午

### ♦ ST. MATTHEW'S EPISCOPAL CHURCH

2136 Carter at Chelmsford. 651-645-3058

Website: [www.stmatthewsmn.org](http://www.stmatthewsmn.org)

Sunday Services:

8:00 a.m. Holy Eucharist, Rt. I. 10:30 am Holy Eucharist, Rt. II

9:15 a.m. Christian Education for All Ages

4:00 p.m. Prospect Hill Friends Meeting

### ♦ ST. MICHAEL'S LUTHERAN CHURCH - ELCA

1660 West County Road B, Roseville. 651-631-1510

one block west of Snelling

Sunday Worship: 8:45 a.m. & 11:00 a.m.

Education hour for ages 2 through adult: 10:00 a.m. to 10:50 a.m.

Nursery provided. Handicap accessible.

Pastors: Roland Hayes and Sarah Breckenridge Schwietz

For more information, check [www.stmichaelselca.com](http://www.stmichaelselca.com)

Corpus Christi  
Catholic Church

**Annual  
Rummage  
Sale**

Saturday, April 23rd.  
8:30 a.m. - 3:00 p.m.

2131 Fairview Avenue  
County Rd. B & Fairview  
651-628-9323

