

Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

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Family concert series celebrates 15 years

by Lisa Steinmann

"I remember thinking wow, this is just magical," recalled Patty Holmes as she described the first time that she and her family attended a Music in the Park Series family concert two years ago.

Ross Sutter was the featured performer that evening. The audience was invited to sing along to American and European folk songs as Sutter and several accompanists moved through an impressive array of instruments, from guitar and accordion to dulcimer and drum.

"I watched my kids just soak it in," said Holmes. "We sang those songs for weeks afterwards." Holmes, who is an early childhood music educator, felt inspired. "Exposing children to this music is such a worthwhile endeavor. It was meaningful to my kids and to me. I wanted to spread the word."

Not long after that first concert experience, Holmes called Julie Himmelstrup, Music in the Park Series artistic director, and asked how she could support the program. Holmes offered to write to state legislators whose decisions affect state art funding. Since then Holmes has assisted in distributing brochures and spreading the word to other parents.

Holmes believes that from a very young age children can appreciate music. She hopes that her efforts will bring more children, especially preschool children, to the family concerts.

Himmelstrup considers Holmes a classic example of the kind of people that have contributed to the program's success. "In 25 years, I've learned that you're only as good as the people you surround yourself with," she said.

This year the family concert series celebrates its 15th year. Himmelstrup described the very first concert in 1989 as "a wonderful experiment." A group she was working with as part of her chamber music series, Flute Force, offered to do a small concert for children in the St. Anthony Park Library after closing on a Friday evening. It went so well that Himmelstrup added the family concerts to the Music in the Park Series.

The program now offers three concerts a year, from February to April, featuring both local and national performers. The concerts are designed to involve and entertain children of all ages. They take place at St. Matthew's Episcopal Church in St. Anthony Park.

The family concerts bring world-class performers and families together in a uniquely intimate and informal way. They feature a variety of music including classical, folk and jazz.

Himmelstrup seeks out performers who can work interactively with multigenerational audiences. As the program's reputation has grown, the audience for the family concerts has grown to include people from all over the Twin Cities. Nevertheless, Himmelstrup intends to keep the program right where it started in the St. Anthony Park neighborhood.

This year the family concerts begin on February 4 with a performance by the Daedulus String Quartet from New York. Their program, called "Musical Hats," will show how ensemble members work together like a team.

In March, Rancee Ramaswamy and Gao Hong will recount the Indian folktale "Nala Damayanthi" through music, dance and narration. In April, the Amelia Piano Trio, known for their award-winning educational approach, will present music both familiar and brand new.

Tickets are available by mail, at the Bibelot Shop and Micawber's Bookstore, or at the door. For more information call 645-5699 or visit www.musicintheparkseries.org. St. Matthew's Episcopal Church is located at 2136 Carter Avenue (at Chelmsford).

Thomas Lancaster: Bach where he belongs

Falcon Heights resident revives vocal group after 4-year hiatus

by Judy Woodward

When Thomas Lancaster lifts his baton at the start of a concert by the newly reconstituted Bach Society, the sound may be new to Twin Cities audiences, but the performers aren't.

Between the heritage of the Bach Society and the conducting experience of Falcon Heights resident Lancaster, there is more than a century's worth of musicianship involved in each performance.

After a break of four years, one of Minnesota's oldest performance groups is back in action. On Sunday, February 13, the group will perform three Bach cantatas at the House of

Hope Presbyterian Church.

How the ensemble regrouped and acquired Lancaster as its new director is a story involving good musicians, good timing and an abiding love for what Lancaster refers to as "the perfect music" of Johann Sebastian Bach.

The Bach Society was founded in 1932 by Donald Ferguson, the man for whom the music building at the University of Minnesota was named. For the first six decades of its existence, the group charted a course through changing musical styles.

When gigantic chorale performances were the fashion,

the group numbered hundreds of lusty-voiced musical amateurs; when audiences wanted a more intimate, professional sound, the choir's numbers fell accordingly.

In the 1950s, the ensemble renamed itself the Bach and Beer Society. Subsequent performances proved that Bach and beer definitely did not mix.

In all that time, the one fixed point was the music of Bach.

"There has never been such a refinement of compositional technique," says Lancaster of Bach's work. "Bach offers a perfect balance between emotion

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St. Anthony Park Library adapts to changes

by Antonie Young

The St. Anthony Park Library, one local chapter of the St. Paul Public Library system (SPPL), has stood on the corner of Carter and Como Avenues since 1917.

In recent years, the historic building has made at least one obvious advancement: the addition of the architecturally appealing wing that houses the children's books and materials.

Physical expansion is not the only way the library has adapted to modern needs, however. With changing laws and technological developments, the library and the SPPL system have continued to grow and change along with their clientele.

One issue that has faced the St. Anthony Park Library is the growth of nonprint source demand, as opposed to traditional print source use.

According to Rosie Foreman, branch manager, library customer use in 2004 was 36 percent juvenile print; 28 percent adult nonprint sources such as DVDs, videos, CDs and books on tape and CD; 22 percent adult print, mainly books and magazines; and 13 percent juvenile nonprint sources.

With developing technologies and the increase in nonprint source use, there was a system-wide 14 percent increase in

Internet use in 2004, Foreman said.

To adapt to the growing use of the Internet in public libraries, both for scholastic research and general use, the St. Anthony Park library has initiated use of a comprehensive database and search engine system, available within the library and from the homepage, that complies with established privacy and usage standards.

The SPPL value statement lists the protection of freedom of information, honesty and integrity, and the protection of

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Rosie Foreman, branch manager of St. Anthony Park Library, leads the library's preschool story time.

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and technique."

By the 1990s, the group had succumbed to financial difficulties, and although they never formally disbanded, there were no performances between 2000 and the current revival.

Then in 2004, things began looking up. For one thing, Lancaster, who was about to retire as professor emeritus of the Music Department of the University of Minnesota, was casting about for new projects.

As the director of the University's Bach Festival from 1987 to 2004, he had some definite ideas about how Bach should be performed.

When board members of the Bach Society approached Lancaster, he explained his concept for returning to the performance standards of Bach's own time. This meant using the softer instruments of the Baroque era, as well as scaling back on the number of singers for the chorales.

"I explained that I wanted to do it with a group of singers of the size preferred by Bach, and with the quality of professionally-trained singers that would allow us to do the best by Bach's music," says Lancaster.

The Bach Society board members liked what they heard, and the group was reborn with Lancaster at the podium and a roster of 15-16 professional singers. They are accompanied by musicians largely drawn from the Lyra Concert, a group specializing in Baroque chamber music.

For Lancaster, Bach's music is inextricably linked with Christian liturgy. As music director of the House of Hope Presbyterian Church on St. Paul's Summit Avenue, he brings a deep understanding of the role of sacred music in Christian ritual.

There are plans for the Bach Society to incorporate a performance of the St. John Passion into the church's regular Good Friday service on March 25.

"It's so much better in a church. We're reconstructing the whole service as we think Bach did it in Leipzig," Lancaster says. "The Passion was not intended as a concert performance. There was an organ prelude, and the Passion was written in two parts to be given before and after the sermon."

Lancaster says that singing Bach requires a special vocal style. "Very true and pure voices without vibrato," is the way he puts it. "The singers must be expressive without being overly dramatic. In Bach's era, after all, the sopranos and altos were sung by boys."

It's a vocal style that Lancaster knows first-hand.

Although he says that he no longer sings in public except to follow the hymns in church, Lancaster began his musical career as a boy soprano in the Christ Church Cathedral Choir in his hometown of Louisville, Kentucky. After earning a Ph.D. in choral conducting from Indiana University, he arrived in Minnesota in 1969 to start his academic career.

Lancaster's wife, Nancy, is also a musician. In recent years, says Lancaster, "our job is to make music together." Nancy is the organist at House of Hope.

Lancaster wanted the first season of the revived Bach Society to offer all-Bach programs, but he plans to expand their repertoire in years to come.

He'd like to see the group perform Handel and other Baroque masters and "maybe even some modern music." He says the choral music of Igor Stravinsky is among his favorites.

Still, there's no denying the place that Bach holds in his heart. He describes the Bach Society as "renewed, re-formed, and reinvigorated." Also ready "to concentrate on this great composer so that Minnesota has a chance to hear Bach's music at its best."

The Bach Society will perform "The Art of the Bach Cantata" on Sunday, February 13, at 4:00 p.m. at House of Hope Presbyterian Church, 797 Summit Avenue. The program includes Cantata 131: "Aus der Tiefe rufe ich, Herr, zu dir"; Cantata 65: "Sie werden aus Saba alle kommen"; and Cantata 76: "Die Himmel erzählen die Ehre Gottes."

The performance is co-sponsored by the House of Hope Music at Four Series and the Schubert Club Early Music Series. Tickets are \$20, \$17 for seniors over 62, \$12 for students. For tickets or more information, call 292-3268.

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Library from page 1

individual privacy as among its core values.

In an environment of increasing public use of the Internet, SPPL libraries have developed rules and policies that the community is expected to follow regarding Internet use.

According to Doug Guthrie, library information resources coordinator for SPPL, "The library falls under the jurisdiction of the Minnesota Data Practices Act, and so we adhere to all the regulations and rules there, such as requiring court orders in any access to patron check-out records."

Guthrie added that the libraries are strict adherents to the Practices Act, chapter 13, section 13.40, which addresses what is considered private data.

Because the SPPL system is dedicated to upholding the protection of individual privacy, it has developed Internet policies that help ensure library employees and patrons can work together amicably.

The SPPL policy on the Internet, as posted on its Web site, states that customers are advised to exercise "critical judgment" when using Internet information, regarding not only accuracy of information available but types of information selected that might be considered offensive to employees or patrons.

In particular, the policy states that customers may not use the Internet to display graphics that may be obscene or harmful to minors, or for any illegal purposes. Parents are responsible for their children's access on Internet workstations.

"Locally, in the past year, we've had no Internet privacy issues arise," Foreman said.

With the explosion of electronic data resources, as opposed to traditional library delivery service mechanisms such as print sources, the St. Anthony Park Library has adapted through a melding of print reference sources and the "phenomenal information" available through databases, Foreman said.

"People living in the Twin Cities are really, really fortunate," said Foreman, "because we've got a library consortium called MELSA, which is a nine-member library organization of area cities in which a person can have one card and access to a hundred libraries. With that consortium, we're also able to buy into databases which people can access through the Internet, even at home."

Through these databases, Foreman noted, patrons can access the Internet to get copies of articles or electronic information, whereas previously people had to go into the branch library and dig through catalogs.

While moving boldly into the 21st century, the St. Anthony Park Library has managed to

forge ahead without abandoning standard services for children and the elderly.

"One of the wonderful things we do here is our outreach to children," Foreman said. "Four years ago we finished a new children's wing, plus we get a lot of support from the neighborhood and city funding. We're really gifted in that there was a woman in the neighborhood named Virginia Sohre, who didn't have children of her own but loved them. She left her estate to this library, so we've been able to spend the money each year specifically for children's materials."

Finances are a constant challenge for public libraries, from branch hours to services to holdings. According to Gina LaForce, SPPL library director, SPPL libraries have managed not to cut services or holdings despite declining budgets.

"The mayor and library council proposed keeping all libraries open and maintaining hours in St. Paul," LaForce said.

"In May, 2004, we opened a new branch, so the 2005 budget includes operating it, as well. With library holdings, library material budgets go up and down with regularity. Each year, we may get more of one item and less of another; it's an organic process."

LaForce said the total budget

of library materials in 2005 is \$1.86 million, which includes some money from fundraising. She added, "6.3 percent is the budget increase for 2005, which includes some money that was set aside that we may not spend, pending recommendations such as expanded hours."

LaForce said that SPPL is getting ready to open another new branch, which involves moving the Lexington branch to the corner of University and Dale. "It's both an expansion and a new branch," she said. "It will be bigger than the Lexington branch. Its name will be Rondo Community Outreach Library."

"At the end of the day, we haven't had to cut services or holdings because both the mayor and library council have been so supportive of the work of the libraries, and because of the hard work by the Friends of the Library," LaForce said.

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Contact Jon Schumacher at 651/641-1455 or
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St. Anthony Park Home Sales 2004 Real Estate Update

Number of Homes that Sold	2004	2003
Lowest Home Price	\$179,900	\$160,000
Highest Home Price	\$765,000	\$640,000
Average Home Price	\$340,179	\$329,589
Average Market Time	66 days	36 days

• The average sale price was 97.1% of the list price.

• The average sale price increased by 3.2%

• At the end of the year, there were 6 houses that
had been on the market an average of 106 days.

• This information does not include duplexes,
townhouses or condominiums.

Please call us if we can be of any assistance to you.

(Based on information from the
REGIONAL MULTIPLE LISTING SERVICE OF MINNESOTA, INC.
for the period January 1, 2004 through December 31, 2004.)



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EDITORIAL

Standing on tiptoe to read

It's not your grandparents' library.

Walk into a library these days and there's a 40 percent chance that the person just leaving is toting something other than a book—what librarians call “nonprint sources”: videos, DVDs, CDs, books on tape. Look around and you're likely to see a fair number of people staring at a screen, either navigating the library's online catalogue or tapping into the Internet.

We're not reading like we used to. A recent report from the National Endowment for the Arts claims that from 1982 to 2002, the number of people who had read at least one book during the previous year declined 10 percent. The NEA's survey of 17,000 adults revealed that only about half had read a book of any kind, and fewer than half of those had read a work of literature.

So if you read a novel last year, you're in the minority. And if you read more than one, you're probably feeling pretty good about yourself. But did you really read it? Consider what Henry David Thoreau had to say in “Walden” about reading:

“To read well, that is, to read true books in a true spirit, is a noble exercise, and one that will task the reader more than any exercise which the customs of the day esteem. It requires a training such as the athletes underwent, the steady intention almost of the whole life to this object.”

This is not what most of us want to hear. Avid readers describe the pleasure of “curling up with a good book,” a phrase that suggests leisure, comfort, ease. Reading as exercise—that sounds like a hopeless kill-joy.

Yet Thoreau is insistent, arguing that most people “have learned to read to serve a paltry convenience, as they have learned to cipher in order to keep accounts and not be cheated in trade; but of reading as a noble intellectual exercise they know little or nothing; yet this only is reading, in a high sense, not that which lulls us as a luxury and suffers the nobler faculties to sleep the while, but what we have to stand on tiptoe to read and devote our most alert and wakeful hours to.”

Thoreau went on to say that “books must be read as deliberately and reservedly as they were written.” By most accounts, he spent seven years, off and on, writing “Walden,” which went through some eight drafts. What would it mean to read his book as deliberately and reservedly as it was written?

Though Thoreau's view of reading is a lofty one, his purpose is not to browbeat but to inspire. “Books,” he affirms, “are the treasured wealth of the world and the fit inheritance of generations.” Though the demands of true reading are great, the rewards are worth the effort.

“There are probably words addressed to our condition exactly, which, if we could really hear and understand, would be more salutary than the morning or the spring to our lives, and possibly put a new aspect on the face of things for us. How many a man has dated a new era in his life from the reading of a book?”

Park Bugle

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A way out of Iraq

One of the wonderful things about our neighborhood is the willingness of people to get involved in hard and serious issues. On Sunday, January 9th, a meeting of the St. Anthony Park Neighbors for Peace filled the fellowship hall at the St. Anthony Park United Church of Christ to talk about how to get out of Iraq. Phil Steger, director of Friends for a Nonviolent World, spoke. Of course, he had no easy answers, and there were lots of questions and lots of discussion.

While the goal of a democratic and free Iraq is laudable, U.S. policies have failed to achieve this goal. Instead, in Iraq we have hundreds of deaths, devastated cities, no basic security, widespread lack of services like water and electricity, and an increasingly violent guerilla war. We need to help our leaders change failed policies while saving face.

How can we bring our troops home with dignity? How can we de-escalate the violence? How can we create a situation where reconstruction contracts go to Iraqi individuals and companies rather than to foreign companies, thus giving jobs, profits and control to Iraqis in their own land?

Phil Steger recently discussed ideas developed by Friends for a Nonviolent World. A number of Minnesota national legislators have met with representatives of FNVW and have expressed support for these ideas.

It was surprisingly hopeful to focus on creative problem solving rather than despair in contemplating the escalating chaos in Iraq. I urge all who would “rather light a candle than curse the dark” to contact FNVW at 651-917-0383 or www.fnvw.org for Iraq Peace Plan ideas. And then write your legislators, of course.

Sheila Richter
St. Anthony Park

Think thrice about MPR

I am sympathetic to the concerns expressed by Kelly Laumeyer in last month's letter “Think Twice about MPR” because I was also a member and fan of WCAL.

I will miss their classical music programming and their broadcasts of St. Olaf College worship services. The need for a progressive Christian voice on the radio was never greater than now. My hope is that this voice will be picked up by some other radio station.

However, the letter contains some inaccuracies. First, 89.3 will not “cease to exist.” Rather 89.3 will be used to broadcast what I understand will be an eclectic mix of music not found anywhere else on the Twin Cities airwaves. If it turns out to be like 24 hours of MPR's “The Morning Show,” with lots of folk music, I will be very happy (assuming my reception is good—it never was for WCAL).

Secondly, MPR's purchase was not a hostile buy-out.

St. Olaf offered WCAL for sale and actually chose MPR instead of a more financially rewarding buyer. That reflects the confidence St. Olaf had in MPR's dedication to serving the public.

I share concerns about allegations of huge profits generated by MPR's Music Source company and how they enrich MPR's board of directors. However, MPR is a membership organization, which means that we members have a right to ask questions and voice such concerns. I urge all MPR members to exercise this right.

Lois Braun
St. Anthony Park

Meet your neighbors

The 19th annual St. Anthony Park Progressive Dinner will be held on Saturday, March 5. We hope you can join us for a wonderful evening.

It's a great way to see old friends and meet new neighbors. The dinner will begin with appetizers at the Methodist Church at 5:30 p.m.

To participate, call Karen Kistler at 645-7706 or e-mail Fariba Sanikhatam at pruit@mcg.net. Please sign up by February 25 so we have time to plan the schedule. We hope to see you there!

Karen Kistler
Falcon Heights
Fariba Sanikhatam
St. Anthony Park

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COMMENTARY

by Barbara Murdock

We can no longer afford our current health care system. It's inefficient, expensive and leaves too many people behind. If an epidemic of contagious disease strikes, it leaves us open to a public health disaster.

Yet despite some excellent local newspaper coverage during the recent election campaign, the issue still cries for substantive debate and—better still—unselfish, enlightened and effective action.

In January 2004, the Institute of Medicine (IOM) called for universal health insurance by 2010. The IOM, part of the National Academy of Sciences, is the nation's primary source of unbiased, evidence-based information and advice on health policy.

The IOM's recommendations include four strategies for achieving universal coverage: tax support for voluntary employer-based and individual private insurance; plus an extension of Medicare; two models that would mandate health insurance for everyone—like auto insurance with tax credits; and a single-payer federal insurance plan that would farm out claims reviews and payment processing to private health plans and reduce advertising, underwriting, eligibility assessment and billing costs.

None of the plans is perfect, but each is much better than what we have now.

Three compelling reasons should drive us to universal health insurance. First, our current system is too expensive, and too little of the money spent actually goes to health care.

Second, it leaves some 45 million people uninsured—a number as large as the combined populations of 26 states.

Third, when new infectious diseases are emerging and old ones are becoming antibiotic resistant, when bioterrorism is considered a likely threat, it's perilous to have large numbers of

people who lack reasonable access to health care.

Administrative and clerical workers now make up 27 percent of the U.S. health care labor force; in 1969 they comprised only 18 percent. In 1999, administrative costs in clinics and hospitals accounted for 31 percent of all health care expenditures in the U.S.—\$294.3 billion (\$1059 for each resident). In Canada, by comparison, administrative costs represented 16.7 percent of all health care expenditures—\$307 per person in U.S. dollars.

Our system of multiple insurance providers and plans drives up administrative costs. Although administrative health care staff do necessary tasks, such as filing and reviewing records, they also process claims to multiple insurers. So they push a lot of paper: different plans, forms, co-payments, referral networks, eligibility and approval requirements. It's inefficient and costly.

According to the IOM, 80 percent of the uninsured are in working families. They may work for employers who can't offer health insurance, or they can't afford the insurance offered. They may be self-employed, unable to afford the more expensive insurance available to individuals. They may be young, no longer covered by their parents' health plans but not yet in jobs that offer insurance. Or they may have lost coverage because of job loss, separation, divorce or the policyholder's retirement or death.

Uninsured people pay dearly for their lack of health insurance, the IOM observes. Slower to use health care services, they wait to see a doctor until a crisis strikes—when treatment is more expensive. They use less preventive and chronic disease care. When they go to a hospital, they may receive poorer care. When they use health care, they pay more for the service. Most of them die earlier than people with health insurance.

Most manage to pay about 40 percent of their medical costs themselves. But the gap between what they can pay and what they owe can push them into debt or bankruptcy. Nearly half of all personal bankruptcies in the U.S. are driven in part by medical bills.

Society also pays. Uninsured health care costs must be paid. Doctors and clinics absorb some costs, charities pay others and society—through taxes and higher insurance rates—pays the rest. In 2001, the total tab was \$99 billion. Uninsured patients paid most, but the public sector paid roughly \$32 billion.

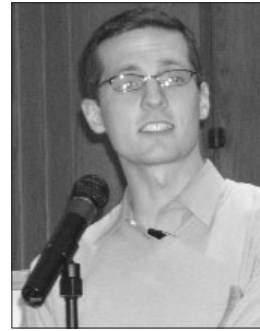
Because at least 4 million more people have lost health insurance since 2001, the public faces a larger bill today. And when hospitals and clinics must treat large numbers of uninsured people, communities can lose health care capacity. Doctors and clinics may move away; hospitals may go private or close.

Lack of health insurance also creates other societal expenses. Care for older folk with untreated health problems costs more when they finally enter Medicare. Neglected health problems in children may leave them with physical conditions that make them less economically productive as adults. Neglected mental health problems may land them in prison—another societal expense.

Finally, large numbers of uninsured people are a public health risk. New infectious diseases have emerged: West Nile virus, SARS, bird flu, AIDS. Old diseases, such as tuberculosis, are re-emerging as the microbes that cause them develop antibiotic resistance. Travel and imported foods and animals spread new or resistant pathogens worldwide. Bioterrorism could reintroduce old diseases, such as smallpox, or spread new ones. And then there's flu. Influenza hospitalizes up to 200,000 people and kills

Commentary to page 6

On January 9, Phil Steger, director of Friends for a Nonviolent World, spoke at a neighborhood forum at St. Anthony Park United Church of Christ. His talk was titled "A Way Out of Iraq." The forum was sponsored by St. Anthony Park Neighbors for Peace.



On January 19, Murray Junior High School held its annual Science Fair, when students displayed their science projects. Two St. Anthony Park residents are pictured here.

Top: Linnea Holman studied the physics of volleyball serves.

Bottom: Zach Kagan studied how biofilms develop on different surfaces.

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Commentary from page 5

36,000 more in the U.S. each year.

But when uninsured people are sick, they're less likely to seek treatment and more likely to keep working than insured people. Some may not even have sick leave.

At work or in school, on the street or in a store, sick people spread disease to others. In essence, lack of universal health insurance can cause or amplify a

major public health disaster.

We heard a lot about health care during the campaign. And maybe we'll hear more, but we need to ask questions. Does the plan cover everyone? Universal coverage is not only fairer but protects public health. Can someone continue coverage after a change in jobs or relationships?

Even a short time without insurance can jeopardize health or financial stability. Can people

afford the insurance? Which plan best ensures access to quality care for everyone? Which plan is most sustainable, providing the best coverage at the lowest cost?

Overall, the United States spends a greater share of gross domestic product on health care than any other industrialized country. In short, we get too little for spending too much.

If we ranked our priorities appropriately, we should be able to use our resources more efficiently and insure all our people in a safer, fairer, more cost-effective system.

Barbara Scott Murdock is a biologist and public health professional who lives happily in St. Anthony Park and celebrates the community's tradition of involvement.

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No bones about it

by Kristi Curry Rogers

Greetings dinosaur fans!

As mammals, I'm sure that you are all happy to have your fur coats on in this frigid month of February. In addition to the freezing arctic air, a recent discovery in the paleontological realm has made me glad to be a mammal.

I remember back in the old days, when teachers (and some paleontologists) touted the myth that our tiny mammalian relatives spent millions of years scurrying about at the feet of dinosaurs, waiting in the wings and nighttime darkness throughout the Mesozoic, for those behemoths to go extinct.

As long as the dinosaurs ruled the planet, our ancient ancestors were supposedly stuck in an evolutionary rut. Only during the Cretaceous extinction, this story goes, were our ancestors finally given a moment to shine.

Thank goodness for that wayward asteroid that gave us mammals the window of extinction we needed to get a little respect!

Though this old story of evolutionary limbo is the one that many of us grew up learning, mammals actually thrived along with the dinosaurs for most of the Mesozoic. Not only were mammals thriving, but as two amazing fossils recently discovered in China demonstrate, they weren't the simpering weaklings of the dinosaur world.

Repenomamus giganticus and Repenomamus robustus are dog-sized mammals, with the basic body plan of a Tasmanian devil. Think short, splayed legs and a vicious demeanor.

The two species lived nearly 130 million years ago, and are among the largest dinosaur-era mammals ever found.

Repenomamus giganticus might have weighed as much as 30 pounds, and firmly puts to rest the myth that all mammals were tiny, nocturnal insectivores.

Amazingly, one of the specimens of Repenomamus contained the skeletal remains of a small, primitive, horned dinosaur called Psittacosaurus in its stomach region.

Some of the Psittacosaurus bones were still articulated with one another, indicating that Repenomamus wasn't a particularly dainty diner (think gulping rather than nibbling with a closed mouth).

The neat thing about this discovery is that it provides us with a first look at animals interacting with one another—a real snapshot into a moment in deep time. A mammal, larger than we expected, and doing a perfectly normal thing: eating dinosaurs!

Also, this discovery clears up the mystery of the evolution of mammalian taste for dinosaur—which we still indulge in via poultry. Even ancient members of

the mammalian family tree like Repenomamus knew that dinosaur really did taste like chicken!

Until next time, enjoy your roasted dinosaur and fur coats, and make sure to attend the Science Museum of Minnesota's free February paleontology lecture series (including specialists in dinosaurs, mammals and geology).

Call the SMM for more information at 221-9444 or visit their Web site: www.smm.org. Hope to see you there.

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Members of the Como Park Senior High School choir pause before a recent rehearsal. The choir will perform at Carnegie Hall on February 22. They will present a "Bon Voyage, Valentine" concert at 7 p.m. on February 14 at the school.

Como choir gears up for Carnegie Hall concert

by Eleanor Croce and Jean Porter

The Como High School choir will sing at world-renowned Carnegie Hall in New York City on February 22.

In honor of Black History Month, Como's choir is scheduled to sing a celebration of African-American spirituals and gospel music at the prestigious

concert hall in the heart of the nation's largest city.

The choir was invited for this opportunity because of its tremendous talent and excellent reputation, said Carole Whitney, Como choir director.

Whitney said she feels very lucky to have been chosen for this trip because only three other Minnesota high schools received similar invitations.

Senior Colleen Beach is looking forward to singing at Carnegie Hall. She said she's never been to New York before and wants to see the sights.

Raising the money required for this trip was not an easy task for the 40 students who are planning to go. Summer fundraising projects included cleaning up Como Lake, making pizzas for Papa John's and singing at St. Anthony Park's Art Festival.

They also sold holiday gifts and candy.

Not only are they working hard now, but upon arrival the choir members will continue to work by practicing in preparation for their performance.

When the choir is not performing or rehearsing, they plan to enjoy the sights of New York City. The group will visit the Metropolitan Museum of Art and Empire State Building, and hopes to see a Broadway play.

The Como High School choir will present a preview of their Carnegie Hall concert at the school on February 14. The "Bon Voyage, Valentine" concert starts at 7 p.m.

This story first appeared in the December issue of the Como Park High School Crier.

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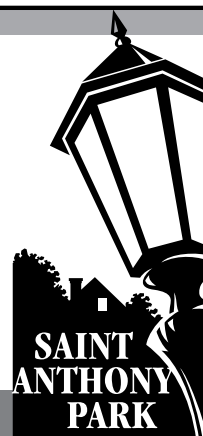
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A modernist architect at home in Falcon Heights

by Sabra Waldfoegel

An architect's own house is often the most interesting design in the portfolio. It expresses the architect's vision, but it also reveals the architect's own life.

When Elizabeth Close designed a house for her own family in University Grove, she used many of the features that had become her signatures. Outside, the Close family house had a horizontal orientation, an overhang extending from the flat roof and red cedar siding. Inside, it had an open plan and built-in furniture throughout.

But this 1953 house at 1588 Fullham Street was highly personal. It was simple, but it had room for the family piano and the music they all practiced and cared about. It was small, but it included space for their housekeeper to live and work, allowing Elizabeth Close to focus on her professional life as an architect.

It was about her practice of architecture, but according to son Bob Close, it was also about "the way a family operates."

Elizabeth Close's passion for modern architecture began early in life. Born Elizabeth Scheu in Vienna in 1912, she grew up in a landmark house designed by the iconoclastic architect Adolph Loos.

Loos designed a flat-roofed, stepped, terraced house so unusual that the family had to lobby to get a building permit. He was also a family friend who inspired Elizabeth Close and encouraged her architectural career. He was the mentor whose notion that "ornament is a crime" influenced her ideas about simplicity and restraint in architecture.

Close's interest in public housing also dated from her childhood. Her father, a lawyer, started Vienna's first public housing program. Her first job as an architect was in designing public housing, and her first building in Minneapolis, designed jointly with her soon-to-be husband, Winston Close, was the Summer Field housing project on the North Side.

She designed public housing as well as private residences, both modest and grand, throughout her career. Her first well-known commission was a 1938 house in Prospect Park with a flat roof, which was so unusual that the bank didn't want to finance it.

In the Close family house, built-in furniture dominates the living room. The far wall is full of built-in bookshelves, and just opposite is a built-in desk. Under the windows is a built-in sofa.

Bob Close says, "My parents

were into built-ins; they didn't want a lot of stuff around. It's a major piece of the design. The home was designed with furniture to be where it is to be."

The walls are paneled and don't need painting, in keeping with Elizabeth Close's belief in using materials that require low maintenance. She once said that a low-maintenance house gave her the time to do what she really wanted to do with her free time—play music.

The biggest piece of furniture in the living room is the piano, the Scheu family

who was a gardener.

The space behind the partition was her domain, and it was designed for her work and her comfort. She had the kitchen, a laundry space, a bathroom and a bedroom, which has since been converted into a den. Her old room is small and efficient, full of built-in storage.

A hallway separates the work area from the private space. On one side, there are bedrooms for the family's three children. They were designed to be modular, with walls not quite reaching the ceiling. The temptation to throw things over the walls was enormous, and the kids were fined a dollar if they succumbed.

Bob Close says, "I had the middle cubicle, being the youngest. Only once did I cause real damage. My brother had a model of a Chinese junk. I threw a pillow and the junk became junk."

On the opposite side of the hall is the bathroom, a modest room that served the whole family. According to Bob, "My mother had a proletarian take on things. My parents shared a bath with each other and with the kids. No master bath in this house!"

The "non-master" bedroom is spare. The main piece of furniture is a plain wooden bed with storage underneath, one of Winston Close's designs. The room has a small

pull-out sink, the modernist version of Elizabeth Close's childhood tin basin and pitcher.

The lower level was originally the playroom. The family ping pong table—still there—was the scene of many lively after-dinner games. It was also Winston Close's workroom. Now the room is Elizabeth Close's workroom as well, where she draws and paints.

From the exterior, it's clear how the house nestles into the hill. The windows take advantage of the sun, and the overhang provides shade. Bob Close says, "Her houses had an integration with the landscape and the natural world. She used passive solar designs that allow winter sun to penetrate the house and shield from the summer sun."

The house is made of ultramodern materials, but it echoes the work of early Prairie School architects. It's small and efficient, but planned for the housekeeper's presence. It's spare and simple, but full of room for art and music.

It's a space that reflects the modernistic ideals of the architect as well as the everyday activities she treasures.

Bechstein that made the journey from Vienna. Elizabeth's father was an accomplished pianist, and her grandfather composed a song that was sung at all important Social Democratic occasions in Austria.

Bob Close remembers growing up with music in the house. "Both my parents practiced for an hour after dinner—they called it the 'bedlam hour.' She went into one corner of the house and he went into another and the dog sat between and howled."

The dining room table is large and oblong. Table and chairs were designed by Winston Close, a talented craftsman as well as an architect. Behind the table is a wall with a pass-through, which separates the house's public space from its utilitarian space.

Bob Close says, "Now cooking is interactive." Back when he was growing up, "our housekeeper Esther was back there (in the kitchen) and my parents were out here entertaining."

Esther stayed with the family for many years after the children were grown. The only addition to the house was the plant bay in back for Esther,



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Local fiddler in benefit concert

St. Anthony Park fiddle student Lucy Steinmann will perform with the Friday Fiddle Club at a benefit concert on February 6 at 4 p.m. at St. Mary's Episcopal Church, 1895 Laurel Avenue.

The Friday Fiddle Club is a group of young musicians specializing in Scandinavian fiddle music. They are led by teacher Christine Whyatt.

The group is raising funds for a trip to Orsa, Sweden, where they will attend the Midsummer Folk Music Camp from June 20-26.

At the February 6 concert, the club will be joined by the Twin Cities Nyckelharpa. The event includes a silent auction, which begins at 3:30 p.m. Refreshments will be served.

Tickets are \$8 in advance, \$10 at the door, \$1 for children under 12. All proceeds will go to the "Sweden 2005" fund to help club members with travel expenses.

For more information, call Christine Whyatt at 612-728-1966.

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Mim's offers eclectic cuisine on Cleveland Ave.

by Judy Woodward

After the attacks of 9/11, Arab-Americans throughout the United States worried about retaliation. They feared enraged hotheads, guys who couldn't tell al-Qaeda from Al Capone but were eager to brand anyone who looked even slightly Middle Eastern as Public Enemy No. 1.

Some misgivings were all too justified. In the immediate aftermath of the attack, many communities experienced episodes of anti-Muslim assaults and vandalism.

In St. Anthony Park, however, things operate a little differently.

For several days after 9/11, business at local hangout Lori's Café picked up noticeably, as worried customers showed up to check on the well-being of its Palestinian-born proprietor, Mahmoud Shahin, 36.

"Past customers even called me from other states," says Shahin, "to make sure that everything was OK here."

America has moved forward since the days of September 11, and so has Shahin. A former physics grad student at the University of Minnesota and teacher at Mankato State, he got his start running Lori's Café in partnership with his brother Adel.

When Adel returned to the Middle East, Shahin put his academic career on hold and began to expand his Cleveland Avenue business. Four years ago, he bought the 1906 building that houses Lori's and became the landlord of five storefronts, plus eight apartments upstairs.

In December, Shahin fulfilled a dream of several years standing when, after completing an extensive upgrade of the site, he opened Mim's Café at the other end of the building.

Hoping to capture the lunch trade from the nearby St. Paul campus, Mim's offers Middle Eastern specialties and standard American fare five days a week from 11 a.m. to 7 p.m.

Opening a restaurant hasn't been the only new development in Shahin's life. Several years ago, he married Rachel Wodele, 24, from Wabasha.

The couple met when Rachel, who was a student at the University of Minnesota at the time, dropped in for a cup of coffee.

She remembers, "He made it strong, and I wasn't used to that. It was the best coffee that I'd ever

had, but afterwards I could not sit still."

With an introduction like that, it was almost inevitable that Rachel would eventually join her future husband running the espresso machine on the other side of the café counter.

Rachel and Mahmoud's wedding celebration was held at Lori's, and many of the café customers turned up to wish them happiness. Today, the couple lives upstairs over the café with their 15-month-old daughter, Miriam.

It's young Miriam, known as "Mimsy" to her father, who lent her name to the new restaurant. "Rachel didn't want it named after herself," says Shahin, "so we named it after Miriam, since she's too young to have an opinion."

Although burgers and burritos are served at Mim's Café, Shahin leaves little doubt about what he'd like his customers to order. "I tell them, you gotta try the Middle Eastern dishes first. On your second visit, you can have a cheeseburger."

Not surprisingly, most diners opt for the shawarma (a kind of Middle Eastern gyros) or the chicken muref, served in the Palestinian style with an assortment of salads and pita bread.

Of his customers, Shahin says, "They're very adventurous eaters. If not adventurous when they arrive, well, they're pushed and challenged."

Shahin knows his customers well, since many of them are personal acquaintances from the days when he spent much of his time serving up lattes and cappuccino at Lori's. He likes to greet his customers with a cheery, "Hello neighbor," and values his adopted community.

"I appreciate Minnesota culture," he says. "They may not know it, but they're adventurous and curious in a good way. They're open-minded and not afraid to ask questions."

His customers, in turn, seem to be responding to his encouragement. Shahin plans to add additional restaurant hours soon. Eventually he wants to expand into the space next door.

After Shahin remodeled the old building up to modern restaurant standards, he turned responsibility for the food over to his cook, Zuhair Abudaya, 35. A distant cousin of Shahin's,

Abudaya ran a restaurant in his native Bethlehem until a few years ago. It's he who varies the exact proportions of dill, coriander, cardamom, cumin and other spices that give each dish its special flavor.

"We make everything from scratch," he says. "The trick is to mix it differently for each dish."

Abudaya says Minnesotans like their food "a little less salty, a little milder" than most Palestinians, but both men agree that Middle Eastern food is an easy transition for American palates. "Our spices tend to be mild and not exaggerated," says Shahin. "Most Middle Eastern food is medium."

"Medium" is my philosophy in life, too," he adds. "Take important things like ethics and values very seriously, but otherwise be open-minded and don't take things personally."

Shahin, who has lived in the United States for almost 20 years, willingly embraces the opportunity to present his customers with a more fully rounded view of Palestinian culture than is normally available on the evening news.

"I think of myself as a representative of the community," he says. "Most Palestinians are religious, but in the right way. We're open to others and very productive. We believe that we have to be part of wherever we are."

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Arts Events

Music in the Park Series presents four concerts in February.

On February 4, the Daedalus String Quartet will give two family concerts, at 6:15 and 7:30 p.m., at St. Matthew's Episcopal Church.

The Daedalus Quartet also performs February 6 at 4 p.m. at St. Anthony Park United Church of Christ.

On February 27 at 4 p.m., the Verdehr Trio will perform at the UCC church. A reception for the Community Art Show follows the concert.

For ticket information, call 645-5699.

The seventh annual Celebration of Community Art Show runs from February 20 to April 16 at the Undercroft Gallery in St. Matthew's Episcopal Church, 2136 Carter Avenue.

An opening reception will be held Sunday, February 27 from 6-8 p.m., following the Music in the Park concert.

Gallery hours are T-F 9:30 a.m. to 3:30 p.m., Sun. 8 a.m. to 12:30 p.m.

Art Sale Benefit

During February, art works by local artists will be on display at Muffuletta Cafe, 2260 Como Avenue. On March 6, a benefit dinner and art sale will be held at the restaurant. Proceeds will go to fund continuing arts personnel at St. Anthony Park Elementary.

Fun Night/Auction

On Friday, February 25 the St. Anthony Park Co-op Preschool will host a Family Fun(d) Night and Silent Auction from 6-8 p.m. at St. Anthony

Park United Church of Christ, 2129 Commonwealth Avenue. Alumni and friends are welcome.

Book Fair

Murray Junior High School will hold a fundraising book fair at the Har Mar Mall Barnes and Noble on February 22 during the store's regular hours, 9 a.m. to 11 p.m. If you let the cashier know that your purchase is for Murray, a portion of the sale will go to the school.

From 5:30-8:30 p.m. that evening, Murray students will present a variety of performances.

School Information

St. Anthony Park Elementary will hold a prospective family visitation day on February 14 from 9:30-11:45 a.m. Call 293-8735 for more information.

St. Anthony Park Neighbors for Peace

Planning meeting (all are welcome):
Wednesday, February 9, 7 p.m.
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Murray Junior High's school showcase will be held February 8 from 6:30-8 p.m. Call 293-8740 for more information.

Friends School of Minnesota will host an admission information session February 8 from 6:30-8:30 p.m. at the school, 1365 Englewood Avenue. Call 917-0636 for more information.

Avalon Charter School will host an open house for prospective middle school students and their parents February 17 at the school, 1745 University Avenue. Call 649-5495 for more information.

Yoga Classes

The CAAM Chinese Dance Theater will offer two free sample yoga classes on Feb. 7 at 5:30 and 6:45 p.m. Classes will be held at 1410 Energy Park Drive, Suite 11.

Zoo & Conservatory

The grand opening of the Como Park Zoo & Conservatory Visitor Center will be held February 12 from 10 a.m. to 4 p.m. The new building includes classrooms, a gift shop and a cafe.

The grand opening will

include live entertainment, costumed characters and face painters, as well as plant and animal demonstrations.

Home and Garden Show

The 14th annual Greater Midway Home & Garden Show will be held March 19 at Crossroads Elementary School, 543 Front Avenue. Workshops run from 9 a.m. to 2:30 p.m.. The exhibit hall is open from 10 a.m. to 3 p.m. Admission and parking are free.

Exhibitors' booths and workshops cover home financing options, home improvement contractors and vendors, and gardening information.

Live Music

Dunn Bros. Coffee will begin offering a live music night in February. The first show is February 12 from 7:30-9:30 p.m. and features Dr. D & the Z-man, with special guest A.T.

Dr. D is Dean Alger, a resident of St. Anthony Park who sings and plays guitar. He has a special interest in blues and jazz musician Lonnie Johnson. Z-man is Zach Wolf of Minneapolis; he plays guitar and harmonica.

The group plays blues, folk and light rock music.

Progressive Dinner

The 19th annual St. Anthony Park Progressive Dinner will be held Saturday, March 5. The dinner begins with appetizers at the St. Anthony Park United Church at 5:30 p.m. and continues to homes in the neighborhood.

To participate, call Karen Kistler at 645-7706 or e-mail Fariba Sanikhatam at pruittmc@mcg.net. Sign up by February 25.

Audubon Society

On February 10 at 7 p.m., the St. Paul Audubon Society will sponsor a presentation on river ecology and restoration by Luther Aadland, river ecologist with the Minnesota Department of Natural Resources. The event takes place at Fairview Community Center, 1910 W. County Road B in Roseville.

People

Two Murray Junior High students had significant accomplishments during January.

Eighth-grade clarinetist Evelyn Rwema was selected from statewide auditions as a member of the Minnesota Educators State Junior High Honors Band.

Seventh-grader Haley Friesen

initiated a two-day fundraiser to benefit victims of the recent Southeast Asia tsunami disaster. Haley and other Murray Fresh Force students organized a drive in homerooms, which was supplemented by checks from parents and a donation from the Student Council. The fund drive netted over \$600.

Five local residents were nominated by their district council for outstanding community service during the past year. They were honored at a

citywide recognition ceremony on January 21.

From Como Park (District 10): Janice Rettman and Tony Schaps. From St. Anthony Park (District 12): Kathy Magnuson, Sheila Richter and Bob Straughn.

Rick Beeson, president of Park Midway Bank, has been named chair of the St. Paul Area Chamber of Commerce board of directors. Beeson has been at the bank since 1988, and became president/CEO in 1995.



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4-H News

by Bobby Ragoonanan

My first report of the new year is based on notes my mom took at the last meeting, as I was very sick.

First, the group played "noodle tag," which is like duck-duck-grayduck except you use a long noodle to tag people with. I don't really get the point.

Linnea showed her ever-expanding entomology project.

She has collected 75 insects from Minnesota and Texas.

We also made tie blankets. Apparently we do not have enough, so we'll probably make more in the future.

Our February meeting will not be the second Monday of the month, but rather on Saturday, February 12, at Lauderdale City Hall. The time is not written

down in my mom's notes.

At that meeting, we'll bake cookies for the residents at St. Anthony Park Home and deliver them. We'll also make valentines with the residents and provide musical entertainment. We've had a great time doing this in the past, and we probably will this time as well.

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Roseville Central Park Foundation
St. Anthony Park Block Nurse Program
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The Birdman Of Lauderdale by Clay Christensen

It was December. The days were getting colder, and the open water on Bennett Lake in Roseville's Central Park was shrinking. And yet there was that small bird swimming and diving out among the mallards. In their daily walks around the lake with their dogs, Dr. Kent Kokko and Maggie Moris had watched the bird all summer. As November arrived, they wondered why it hadn't migrated yet. The bird was still there in December. Maggie sensed a problem.

Kent and Maggie identified the bird as a pied-billed grebe. Many folks they met on the lake path asked if they'd seen the baby loon. Maggie would tell them it was a pied-billed grebe; it was the first time most of them had ever seen one.

The pied-billed grebe's usual fall migration period runs from mid-August through mid-December, with a peak in mid-October. A few do winter over in Minnesota each year, but they need open water for food and mobility. They are extremely clumsy on land, with legs placed far back under the body, like a loon's.

So why was this grebe still around? Kent thought that since it had been hanging out with mallards, it had begun to identify with them, deciding to stay as long as they did. But while the mallards can take off directly from the ice, a grebe needs open water to get a running start for a take-off.

Kent and Maggie waited and watched each day as the lake began to freeze, leaving fewer areas of open water where the grebe could still swim and dive for food. The grebe sought sanctuary in a small pool underneath some tree branches that leaned out over the water. Then one night ice began to form along the shore, and still the grebe did not leave.

The weather forecast was grim: the lake was going to freeze over. Early on the evening of December 15, Kent and Maggie attempted their first rescue of the grebe. Kent had taped a short-handled fishing net to an extension pole. The pool of open water had shrunk to less than four feet in diameter.

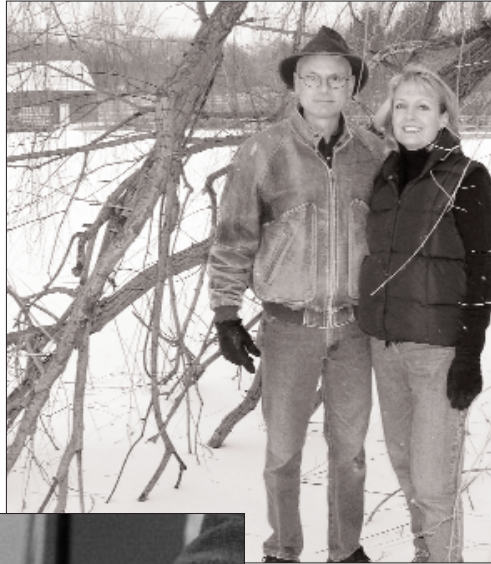
Since the ice was too thin to support a person, Kent worked the net from shore, attempting to position it under the grebe. The bird became agitated and eventually jumped onto the ice, scooting its way toward a group of mallards that were farther from shore. Kent and Maggie decided to abandon their rescue attempt.

The forecast for December 18 was falling temperatures to a low near zero with strong

northerly winds. Kent and Maggie decided to try one more rescue. This time, however, Maggie went onto the ice on the far side of the pool to close the bird's escape route. Kent again worked the net from shore.

There was just enough early morning sunlight to see what they were doing. Kent could get the net under the grebe, but it would dive over or under it. Finally, he held the net below the surface of the water and waited for the grebe to swim over it. When it did, Kent lifted the net quickly and the grebe was captured.

They put the bird in a box with a towel in the bottom, brought it home, put it in the bathroom with the lights out and waited until the doors of the Wildlife Rehabilitation Center in



In December, Dr. Kent Kokko and Maggie Moris rescued a young pied-billed grebe from Bennett Lake in Roseville.



Roseville opened at 9 a.m.

Kent and Maggie dropped off the grebe, headed home and took their dogs for another walk around Bennett Lake. Maggie brought a sign to post to let others know what had happened to the grebe. In the hour and a half since the rescue, the ice had begun to close the little pool. Within two hours, the lake had frozen over completely.

Later, Dr. Karen King called and said that the grebe seemed to be in good health, with good muscle tone. And there was a good reason it hadn't migrated: Its right wing was missing!

The humerus (the upper arm in a human) was cut off a half

inch below the shoulder joint. The wound had healed over completely, so it wasn't a recent injury. Perhaps a snapping turtle tried to make a meal of this little bird and only got a wing appetizer.

Thanks to Kent and Maggie for their persistent attempts to rescue this stranded pied-billed grebe and for giving it a chance to live. It's eating well, diving in its own small, private pool, and prefers to be left alone. It will be kept at the Wildlife Rehabilitation Center until a permanent home can be found for it, perhaps at a zoo or wildlife center, so it won't have to worry again about being frozen into the ice.

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Serving Community Needs

By Greta Gauthier
Chair, Grants Committee
St. Anthony Park Community
Foundation

The 2005 grant-making cycle begins this month for the St. Anthony Park Community Foundation. It's an exciting opportunity for the Foundation, and the many generous neighbors who have supported it, to in turn give support to many of the nonprofit organizations working in our community.

In keeping with the Foundation's mission "to nurture the unique community assets of St. Anthony Park in order to secure a strong and vibrant neighborhood for future generations," grant proposals are being sought in six priority subject areas: **Education, the Arts and Humanities, Community Economic Development, Environment, Health, and Housing.** Any non-profit organization or initiative serving the needs of St. Anthony Park is eligible for funding. The Foundation will be accepting grant applications from February 1 to March 18, 2005. This year's grant awards will be announced in April.

Grants awarded through this program will be for amounts \$1,000 and higher. The Foundation also has a small grants program that accepts grant applications year-round in amounts under \$1,000.

Although the grant-making cycle may at first glance seem like a uni-directional process (grantor to grantee), it is really a two-way street. To be sure, the nonprofits which receive grants will gain extra support for their work and thus be able to supplement or expand their exciting programs



Greta Gauthier

and to strengthen the results of their work overall in the neighborhood. At the same time, for members of the Foundation board, this process is an opportunity to learn about new challenges facing our community and the creative solutions proposed to meet them - as well as a chance to hear about new ideas for better serving the needs of

our neighborhood. That input is then used to refine our priorities and strategic plan over time.

So, as both sides work together, the neighborhood overall will be improved and sustained. And that is everyone's goal.



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FEBRUARY ARTS



2004 - 2005 SEASON
Our 26th Year!



**FEB. 6
4 PM** **DAEDALUS STRING QUARTET**
with Pitnary Shin, cello

**FEB. 27
4 PM** **THE VERDEHR TRIO**
violin, clarinet, piano

**MAR. 20
4 PM** **FLIEZANIS/TURNER/ROSS/
ARTYMIW QUARTET**
with Maria Jette, soprano

**APRIL 17
7 PM** **AMERICAN BRASS QUINTET**

**MAY 1
7 PM** **AMELIA PIANO TRIO**
violin, cello, piano

Visit our website for concert details:
www.musicintheparkseries.org

ALL CONCERTS ON SUNDAYS AT
ST. ANTHONY PARK UNITED CHURCH OF CHRIST
2129 Commonwealth Ave., in St. Paul

TICKETS

Single Tickets: \$18 Advance, \$20 At Door
Students: \$12 (when available)

Tickets/Information: (651) 645-5699

Single tickets available at the Bibelot Shop
& Micawber's Bookstore in St. Anthony Park

Family Concerts 2005

For children of all ages and their families

"A Fling with Strings"

Friday February 4 - 6:15 and 7:30 P.M.
DAEDALUS STRING QUARTET

Friday March 11 - 6:15 and 7:30 P.M.
RANEE RAMASWAMY, Indian dancer
GAO HONG, pipa (Chinese lute);
NIRMALA RAJASEKAR, vocalist;
APARNA RAMASWAMY, narrator

Friday April 29 - 6:15 and 7:30 P.M.
AMELIA PIANO TRIO
violin, cello, piano

St. Matthew's Episcopal Church
2136 Carter Ave., St. Paul

Tickets: \$5 advance, \$6 at door
Season Tickets (3 concerts): \$12
Music in the Park Series (651) 645-5699

Music

Coffee Grounds

1579 Hamline Ave., 644-9959

• **CHOIR CONCERT, MATERNITY of**
St. Mary students
February 3, 11:30AM

• **LONESOME DAN KASE with**
CRUSH Collision Trio
February 4, 8pm

• **JERRY RAU BAND**
February 5, 8pm

• **Open Mic with Bill Hammond**
February 6, 8pm

• **Wayne Hamilton and Dan Chapman**
February 11, 8pm

• **MINNESOTA GUITAR SOCIETY**
OPEN STAGE
February 12, 2pm

• **Rachel Nelson children's show**
February 13, 2pm

• **Out of the Blue**
February 18, 8pm

• **Paul Dahlberg and Reed Shilleman**
February 19, 8pm

• **Open Mic with Bill Hammond**
February 20, 8pm

• **Bill Cagley's**
Old Time Music Showcase
February 24, 7pm

• **Raymond Yates Band**
February 25, 8pm

• **Brandy Evol**
February 26, 8pm

Ginkgo Coffeehouse
721 N. Snelling Ave.
645-2677

• **ANNE HEATON**
February 3, 7:30PM

• **David Olney**
February 4, 8pm

• **CARRIE NEWCOMER**
February 10, 7:30pm

• **Phil Heywood**
February 11, 8pm

• **The Riverview Café music collection,**
Rhythm Pups, Deb George, Dan
Rumsey Combo, Jeffery Bjorgo,
Chad Guerrero, and more
February 12, 7-11pm

• **SAM SHABER**
February 18, 8pm

• **JIMMY ATTO**
February 19, 7-9pm

• **No Small Wonder**
February 19, 9-11pm

• **Bluegrass and Oldtime Jam Session**
February 23, 7pm

• **JASON LEE and Friends**
February 29, 8-11pm

• **Open Stage**
First and third Wednesdays,
8pm sign-up

Music in the Park Series
St. Anthony Park United Church of
Christ, 645-5699

• **Family Concert: Daedalus Quartet**
February 4, 6:15 and 7:30pm

• **Daedalus Quartet with**
PITNARY SHIN, cello
February 6, 4pm

• **The Verdehr Trio**
February 27, 4pm

The New Folk Collective
293-9021

• **Bill Staines**
February 26, 7:30pm
Friends Meeting Hall,
1725 Grand Ave.

Visual Arts

Anodyne Artist Company

825 Carleton St. Paul, 642-1684

• **Art... what is it?**
Each third Thursday
Doors open at 7pm
Performance starts at 7:30pm

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241 McNeal Hall, U of M

• **Hip Art That's Square**
Through April 3

St. Paul Student Center/ University of Minnesota

• **"Duality"**
Works by Minna Resnick and
Gail Katz-James
Through February 24
Paul Whitney Larson Art Gallery

Undercroft Gallery

2136 Carter Ave., 645-3058

• **Celebration of Community Art**
Show
February 20-April 16
Opening Reception,
February 27, 6-8pm



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**7th Annual
Community
Art Show**

**Call for
Entries**

"Opening
reception is
Sunday
February 27th,
6pm-8pm
following Music
in the Park
Concert."

❖ A Juried Show
❖ Multi Media
❖ Prizes for Awards
**February 20 -
April 16, 2005**

Art work must be delivered to the
gallery on February 16. Call the
Undercroft Community Gallery
for an application to enter.

651-645-3058.

All applications must be
submitted by February 15, 2005

FEBRUARY CALENDAR

1 Tuesday

- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-1 p.m. Every Tuesday.
- Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.
- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1:15 p.m. to 2:15 p.m.
- Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.

2 Wednesday

- Women's Connection, a women's networking organization (603-0954), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.
- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays, 11-11:45 a.m.
- St. Anthony Park recycling.

3 Thursday

- Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m.-noon. Every Thursday.
- Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.
- Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 12:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Call 642-9052 to pre-register.
- St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 890 Cromwell, 6 p.m.
- St. Anthony Park Writer's Group, first Thursday of every month, 6:30 p.m. at the St. Anthony Park Library.

4 Friday

- Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.)
- Story time for preschoolers ages 3 to 5, St. Anthony Park Library, 10:30 a.m.. Pre-registration requested. 642-0411. Every Friday until April 29.
- Falcon Heights recycling.

5 Saturday

- Nocturnal Bowling (612-625-5246), 10:30 a.m. -5 p.m. at the Copher Spot, St. Paul Student Center, 2017 Buford Ave, St. Paul Campus. Every Saturday.
- Langford Park Winter Sports Day.

6 Sunday

- Langford Park Winter Sports Day.

7 Monday

- AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.
- Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.
- CAAM Chinese Dance Theater is offering two sample yoga classes from 5:30 p.m.-6:30 p.m. & 6:45 p.m.-7:45 p.m. 1410 Energy Park Drive, Suite 11, St. Paul. Everybody is welcome.
- St. Anthony Park Library Association meeting, 7 p.m. New members and guests welcome. Learn more about ways you can help with literacy issues, community outreach, book clubs, youth programming and more. Call 642-0411 for more info.
- St. Anthony Park Book Club, Micawber's, 7 p.m., "A Severe Mercy" by Sheldon Vanauken.
- Lauderdale recycling.

8 Tuesday

- Murray Showcase, 6:30-8:00 p.m. "An open house for prospective students." Call Gen Nakanishi at 293-8740 for more information.
- Bridge Club Card players, 6:35 p.m. at Coffee Grounds, 1579 Hamline Ave., 644-9959.

- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

9 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpen Avenue, 7 p.m.

10 Thursday

- Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.
- "Love is in the Air." Storytelling with Pam Schweitzer, 10:15 a.m. at Coffee Grounds, 644-9959.
- St. Paul Audubon Society, "River Ecology and Restoration," Fairview Community Center, 1910 W. County Rd. B, 7 p.m.
- Dr. Kristi Curry Rogers, "Breathing Life into Fossil Bones," Science Museum of Minnesota, 7 p.m.

11 Friday

- Tony Hoagland reading at Micawber's, 7 p.m.

12 Saturday

- "Three Middle Age Men Talk About Love." Adult Storytelling 8 p.m., Coffee Grounds, 1579 Hamline Ave. 644-9959.
- Grand opening, Como Park Zoo & Conservatory Visitor Center, 10 a.m. to 4 p.m.

14 Monday

- Park Press Inc., Park Bugle Board meeting, St. Anthony Park Library meeting room, 7 a.m.
- Como High School choir concert, 7 p.m.
- Prospective family visitation day, St. Anthony Park Elementary School, 9:30 a.m. to 11:45 p.m.
- Como Park recycling.

15 Tuesday

- Free blood pressure clinic and health resources, St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1:15-2:15 p.m.
- District 10 board meeting, Call 651-644-3889 for details.
- Chip Carving class with Walter Grintner, 6-9 p.m. \$30, materials are included. Register at Coffee

Grounds by 2/7/05, 1579 Hamline Ave., 644-9959.

16 Wednesday

- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program 1st and 3rd Wednesdays 11:00 a.m. to 11:45 a.m.
- Chip Carving class with Walter Grintner, 6-9 p.m. Class fee is \$30, materials included. Register at Coffee Grounds by 2/7/05, 1579 Hamline Ave., 644-9959.
- Langford Booster Club, Langford Park, 7 p.m.
- St. Anthony Park recycling.

17 Thursday

- Music and Movement Class for Children, 10 a.m. at the Coffee Grounds, 1579 Hamline Ave. in Falcon Heights, 651-644-9959.
- Third Thursday Poets poetry reading, 7 p.m., Coffee Grounds, 1579 Hamline Ave., 644-9959.

18 Friday

- Falcon Heights recycling.

21 Monday

- Lauderdale recycling.

22 Tuesday

- Barnes & Noble Book Fair, 9 a.m.-11 p.m. at Har Mar Mall. Murray students performing in the evening. Drama, Jazz Band, Orchestra.
- Bridge Club Card players, 6:35 p.m. at Coffee Grounds, 1579 Hamline Ave., 644-9959.
- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

23 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpen Avenue, 7 p.m.

- St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 p.m.

24 Thursday

- Bart Schneider reading at Micawber's, 7 p.m.

25 Friday

- St. Anthony Park Co-op Preschool Family Fun Night and Silent Auction, 6-8 PM at SAP UCC, 2129 Commonwealth. Alumni and friends welcome!

26 Saturday

- "I Love to Read" family storytelling, 1 p.m., Coffee Grounds, 1579 Hamline Ave., 644-9959.
- Feng Shui speaker Ann Drew Yu, 1-3:30 p.m. at the St. Anthony Park Library. Call 642-0411 for more info.

27 Sunday

- Seventh Annual Celebration of Community Art Show opening reception, 6-8 p.m. at St. Matthew's Episcopal Church Undercroft Community Gallery, 2136 Carter Ave. Reception follows Music in the Park Concert. Show dates: Feb. 20 to April 16. Gallery hours: Tue. -Fri. 9:30-3:30, Sunday, 8-12:30.

28 Monday

- Mothers and More book club - S.P.D. parent meeting 7 p.m., Coffee Grounds, 1579 Hamline Ave., 644-9959.
- Como Park recycling.

Items for the March Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, February 18th.



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can do small things with GREAT LOVE
- Mother Teresa

St. Anthony Park Block Nurse Program works
because we do care enough to do the everyday things
elders need. If you can volunteer to befriend an older
person, deliver meals once a month, or provide a
ride to medical appointments, call us today
For more information about us, call 651-642-9052
Thank again to all who volunteer with us
to help their elderly neighbor!



Ash Wednesday Service February 9, 7:00 p.m.

Join us for Lenten Family Time
Feb. 9, 16 & 23 4:15 - 5:15 p.m.

Wednesdays in Lent

Soup Supper - 5:30 p.m.
Lenten Program - 7:00 p.m.

The Passion According to Matthew with guest preachers



St. Anthony Park Lutheran Church
2323 Como Avenue W., St. Paul, MN 55108
(Como Avenue and Lillian Place)
Church office: (651) 645-0371
Visit us on the web at www.saplh.org



Aging Gracefully by Mary Jo Tarasac

At this time of year, most of us are collecting myriad slips of paper for the gruesome reckoning known as April 15th. Family members who care for relatives may not realize that they are entitled to a number of tax deductions that can offset the costs of caregiving. This is an important consideration since caregivers are often on fixed incomes.

As a general principle, medical expenses are only deductible if they exceed 7.5 percent of your pre-tax income.

Common deductions include medical insurance premiums, prescription medications, bills from doctors and medical laboratories, and hospital fees, but you can also deduct over-the-counter medications, travel costs for medical services and the costs of any medical equipment such as crutches or a wheelchair.

The costs of modifications to your home that are necessary to accommodate a disability are deductible, but they will be offset by the amount that your home's value is increased.

Such improvements may include ramps, widened doors, elevators or stair glides, accessible bath or shower stalls and the installation of air conditioning.

Other items that might be

overlooked are oxygen and oxygen equipment, schools or homes for disabled persons when recommended by a doctor, repairs to any medical equipment, hearing aids and their batteries, and adapted devices (such as Braille books) to the extent that their costs exceed their nonadaptive equivalent.

Regrettably, such items as health club dues and salsa classes are not deductible, even if your doctor thinks they're a good idea!

Nursing home expenses themselves are not deductible, but medical expenses incurred in a nursing home are. These include meals and lodging as long as the individual is in a nursing home to get health care, not personal care.

Wages paid to a personal care attendant or home health aide are deductible, but wages paid for cooking and cleaning are not.

These deductions can be claimed for yourself, your spouse or anyone who is your dependent. If you are not certain whether a relative you are providing care for qualifies as your dependent, consult a tax professional.

IRS publications that may assist you in determining your situation are: Your Federal Income Tax (IRS publication

17), Medical and Dental Expenses (# 502), Credit for the Elderly or Disabled (# 554) and Tax Rules for Children and Dependents (# 929). Any of these may be ordered by calling 800-TAX FORM.

To find a tax professional that is experienced in this area, look around for people you know and trust who are in a similar situation as yours, and ask them for a referral.

Consider your own expenses, too. Some careful planning may make a difference between a deductible and a nondeductible expense. Your stress-reducing massage at a chiropractor's office can be a medical expense; if you get it at the health club, there is no deduction.

As always, strive for balance as a caregiver. Ask for help when you need it, and take time for yourself. Maximizing your financial resources is one way to be good to yourself—and no one deserves it more than you do!

The St. Anthony Park Block Nurse Program is interested in your ideas and opinions about health and safety topics for all of us as we get older. If you have comments or suggestions, please contact us at sapbnp@bistream.net or 642-9052.

LIVES LIVED

Frederick P. Arny

Frederick P. Arny, a lifelong resident of St. Anthony Park, died January 7, 2005 at the age of 95.

Fred was born in 1909 at 2115 Dudley. As a high school senior, he helped build the house next door at 2117 Dudley, where he lived while in medical school at the University of Minnesota, until his marriage to Dorna Clefton.

After graduation, they lived in Preston, Minn. for his early medical practice. Fred then served in the Air Force as commanding officer of an air evacuation squadron during WWII. After the war, he returned to the house of his birth on Dudley and set up a medical practice at the corner of Como and Doswell. The family moved to 1452 Hythe St. and lived there until the late 1960s, then moved back to 2117 Dudley, where he lived with Dorna until her death and then with his second wife, Mariana.

When the Luther Place condominiums opened, Fred and Mariana were among the first occupants. Fred's last residence in the neighborhood was at St. Anthony Park Home.

Forced into early retirement by deteriorating vision, Dr. Arny took up the woodworking

interest of his youth. He and Mariana volunteered as peer counselors for the St. Anthony Park Block Nurse program. Even after the loss of his second wife, his vision and his physical mobility due to degenerative arthritis, he maintained his independent lifestyle with the aid of Services for the Blind training, his electric scooter (with the tell-tale red flag), and the help of neighbors, friends and family.

A memorial service was held January 29, 2005 at St. Anthony Park United Church of Christ.

George Canfield

George "Dale" Canfield died January 2, 2005 at the age of 78. A resident of St. Anthony Park, Mr. Canfield was a longtime music teacher, professional trombone player and founder of the Red Beans & Rice Band. Canfield formed the band in 1992, and they played at many community events in the Twin Cities area.

Canfield was born in 1926 in Conrad, Iowa, and grew up in nearby Grundy Center. He served as a Navy radio operator in the South Pacific during WWII. After the war, he earned a bachelor's degree in business education and music from State

College of Iowa.

He taught high school band at several schools in Iowa and retired in 1973 as a high school principal in Dysart, Iowa. He then ran a resort in Walker, Minn. for 10 years, and moved to St. Paul in 1983, where he worked as an advertising manager for Metro Lutheran, a monthly newspaper, until 1999.

Preceded in death by a brother, Ken, he is survived by wife, Carolyn; children, Jerry (Barbara), Brian (Kate), Deborah Pederson and Mark (Min) Pederson; eight grandchildren; brother, Keith (Kay); sister-in-law, Lucille; special nieces, Pat and Ginny; and other nieces and nephews.

A memorial service was held January 6, 2005 at St. Anthony Park Lutheran Church, with private interment at Fort Snelling Cemetery.

Sally B. Jernberg

Sally B. Jernberg, age 72, of Falcon Heights, died at home on December 6, 2004 of pancreatic cancer, surrounded by her family.

She was born on February 4, 1932 in Hibbing, Minn., the daughter of Don and Layna

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"God's Passion for His
Glory and the Spread of the
Gospel," Feb. 22, 10 a.m.

"Human Longing for Joy
and the Need for the Gospel,"
Feb. 23, 10:30 a.m.



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C L A S S I F I E D S

Classified deadline:

February 18th, 6 p.m.
Next issue: March 2nd

- Type or write down your ad, and which section your ad should appear in. Usually we put the first few words in capital letters.
- Count the words. A word is numbers or letters with a space on each side. A phone number with area code is one word.
- Figure your cost: 90¢ x number of words (\$9.00 minimum).
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St. Paul, MN 55108
or deliver to the Park Bugle drop box at the side entrance to 2190 Como Ave. (on the Knapp Place side of building) by 6 p.m. on the deadline day. We cannot bill you for your ad.
- Classifieds cannot be e-mailed, faxed, or taken over the phone.
- Call Ray at 651-646-5369, voice mailbox #3, with questions.

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Housing

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FOR RENT: 2 BR, 1.5 bath house on Chelmsford Ave. Fireplace, garage, off-street parking, finished basement room. Prev. owner-occupied. \$1350/mo., 13-mo. lease. 952-922-2359.

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Notices

LOST CAT - Blue Point Himalayan, lost Dec. 31st near Langford Park. Long-haired; body light gray; face, paws, tail darker grey. Jean 612-986-4521.



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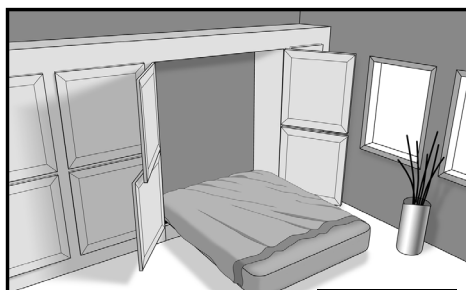
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 Cabin or Office

Lives Lived from 18

Johnson, Rainy Lake pioneers. She attended Ranier Elementary School and graduated from International Falls High School in 1950 and UMD in 1954, with a major in home economics.

Sally was known for her hospitality, friendship, wisdom, caring and tenderness. She was revered by alumni of the U of M's Humphrey Institute of Public Affairs, where her husband, Jim, was a professor until his retirement in 1995.

She was an accomplished cook, quilter and gardener, and served as the "aesthetic conscience" of her church. During the last six months of her life, her family maintained a Web site tracing her journey. Visits are still welcome to the site: www.caringbridge.org/mn/sallyj.

A Mass of Christian Burial was held December 10, 2004 at the Church of Saint Francis Cabrini in Minneapolis.

Gladys M. Shoffner
Dr. Robert N. Shoffner

Gladys and Robert and Shoffner, residents of St. Anthony Park for over 60 years, died over the holidays—Gladys on December 27, 2004, and Robert on January 1, 2005. Both were living at the Presbyterian Homes in Arden Hills at the time of their deaths.

A farm boy and a small-town girl, they met and married while undergraduates at Kansas State University in Manhattan, Kansas. In 1940, they moved to Minnesota so that Bob could attend graduate school at the U of M.

They lived in an apartment on Branston, and Gladys worked to supplement their income. One of her most memorable jobs was at Montgomery Wards, where she weighed too little to pass the company's physical exam. She circumvented the problem with a few of Bob's lead fishing weights hidden in her clothing.

From Branston, the Shoffners moved to an apartment on Knapp St., where their first child was born. After a period in Thatcher Hall on the University campus, they purchased their first home on Hillside Ave. As their family grew, they moved to a larger house at 2318 Carter Ave., and when their children were gone they moved to their last house, at 2066 Knapp St.

Bob was known inter-

nationally for his groundbreaking work in the field of poultry molecular genetics. His work at the U of M spanned nearly 60 years.

He received many honors during his career: a Fulbright scholarship to Australia, a visiting professorship at Iowa State and M.D. Anderson Medical Center in Texas, and lengthy advisorships in such places as India, Brazil and Korea.

Animal Biotechnology, a scientific journal, devoted an entire issue to Bob in 1999, and the library in the U of M Animal Science Department is named in his honor.

Gladys, with a degree in home economics, taught clothing construction and later worked at the Law School and finally for

many years in the Department of Family Social Science on the St. Paul campus. She also informally tutored graduate students from abroad to improve their English skills.

Bob and Gladys were very involved in the community: Camp Fire Girls, Boy Scouts and hosting an American Field Service student from Denmark. Bob helped found and run the annual AFS chicken barbecue at the Fourth of July celebration, as well as participating in many other activities. A music lover, Gladys was a supporter of Music in the Park Series.

They are survived by their children Kirk, Jane and Patti (Garrett) and three grandchildren, Jaya, Asha and Jesse.

Think Jesus would have a problem with war but be for simplicity, community and discipleship?

We've been saying so for about 25,000 Sundays.
 Maybe you'd like to join us sometime?

Emmanuel Mennonite Church
 Meeting at: The Chapel of the Cross
 Luther Seminary
 SW Corner of Hendon and Fulham

Worship: 9:30 / Sunday School: 11:00

Pastor: Mathew Swora (651) 766-9759

emmanuel@visi.com

LIFE IN THE CHURCH: COME AND SHARE

❖ BETHANY BAPTIST CHURCH

Skillman at Cleveland S., Roseville. 651-631-0211

9:30 a.m. Sunday School
 10:45 a.m. Bethany Worship, Pastor Bruce Petersen
 11:00 a.m. Korean Worship, Pastor Jiyong Park
 11:00 a.m. Filipino-American Worship, Dr. Sanny Olojan, Pastor
 Wednesdays: 6:30 p.m. Kids' Club, Youth Group, and ESL

❖ COMO PARK LUTHERAN CHURCH - ELCA

1376 Hoyt Ave. W., St. Paul, MN 55108-2300

651-646-7127
 Handicapped Accessible
cpic@mninter.net
 CPLContact ministry 651-644-1897

www.comoparklutheran.org

Sunday Fall Worship Schedule:

• 8:00, 9:00, & 11:00 a.m. Worship
 (nursery provided from 8:45 a.m. to 12:15 p.m.)
 10:00 a.m. Adult Education & Sunday School
 Holy Communion on 1st & 3rd Sundays
 Rides available for 11:00 a.m. worship:
 Call the church office before noon on Friday for ride.

Ash Wednesday Worship, February 9th, 7:00 p.m.

Wednesday Lenten Services:

February 16th, 23rd, March 2nd, 9th and 16th, 7:00 p.m.

Lenten Worship and the Spiritual Disciplines: *During midweek services we will look at a number of the spiritual disciplines that Christians use to come close to God and experience God's presence within their lives.*

Pastors: Martin Ericson and Kristie Hennig
 Visitation Pastor: Leonard Jacobsen
 Director of Music Ministry: Thomas Ferry

❖ IMMACULATE HEART OF MARY CHURCH

An Ecumenical Old Catholic Community

2200 Hillside Ave • 612-872-4619 or 651-776-3172

Saturday Mass: 5 pm in Upper Chapel
 Deo Gratias Wedding Ministry

❖ MOUNT OLIVE EV. LUTHERAN CHURCH

(A WELS Congregation)

"AN OLD CHURCH WITH A NEW VISION"

Handicap-accessible. Wheelchair available.

1460 Almond at Pascal. 651-645-2575

Website: www.mtolive-wels.net

Sunday Worship: 9:00 a.m.
 Education Hour: 10:30 a.m.
 Chinese Worship: Sundays at 2:00 p.m.

❖ PEACE LUTHERAN CHURCH - ELCA

1744 Walnut (at Ione) Lauderdale. 651-644-5440

www.peacelauderdale.com

Sunday Worship: 10:00 a.m.
 Education: 9:00 a.m.

Lenten Services: February 9th, 16th and 23rd.

Soup Supper 6:00 p.m., Haugen Vespers 7:00 p.m.

Pastor: David Greenlund

All are welcome - Come as you are

❖ ST. CECILIA'S CATHOLIC CHURCH

2357 Bayless Place. 651-644-4502

Website: www.stceciliasp.org

Handicap accessible

Saturday Mass: 5:00 p.m. at the church

Sunday Masses: 8:15 a.m. and 10:00 a.m. at the church
 (nursery provided during the 10:00 a.m. Mass)

❖ SPIRIT UNITED INTERFAITH CHURCH

3204 Como Avenue SE

Minneapolis, 612-378-3602

www.spiritunited.com

E-mail: contact@spiritunited.com

Are You Seeking Spiritual Community?

Claiming Our Oneness, Honoring Our Diversity

❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth at Chelmsford. 651-646-7173

Website: www.sapucc.org

Handicapped accessible and an Open and Affirming Congregation.

Rev. Phil Ramstad, Interim Pastor.

Sue Grove, Child & Youth Coordinator

Adult Ed. 8:30 a.m.

Sunday Worship 10:00 a.m., Fellowship: 11:00 a.m.

Nursery and Sunday School provided: 10:15 a.m.

Sunday, February 6th, 10:00 a.m. - Communion.

Wednesday, February 9th, Ash Wednesday Service - 6:45 p.m.

❖ ST. ANTHONY PARK UNITED METHODIST CHURCH

All are welcome!

2200 Hillside Ave (at Como) 651-646-4859

Pastor Donna Martinson

See www.sapumc.org for more about our church.

Sundays:

10:00 a.m. Worship Celebration
 10:20 Sunday School (age 3 to 6th grade)
 11:00 a.m. Fellowship

Victory Temple in Jesus Christ at 11:45 a.m.

"The Way of Forgiveness" begins February 13 at 6:30 p.m.

Wednesdays: 9:00 a.m. - 1:00 p.m. Leisure Center

(senior fellowship, activities, noon meal)

❖ ST. ANTHONY PARK LUTHERAN CHURCH

We are a community of believers called to joyfully serve God, one another, and the world.

www.saplc.org

2323 Como Ave. W. Handicap-accessible. 651-645-0371

Pastors Glenn Berg-Moberg and Amy Thoren. Email: info@saplc.org

Ash Wednesday Service - February 9th, 7:00 p.m.

Lenten Family Time - February 9th, 16th, and 23rd, 4:15 - 5:15 p.m.

Wednesdays in Lent:

Soup Supper - 5:30 p.m.,
 Lenten Program and Service - 7:00 p.m.

Sunday Services: 8:30 a.m. and 11:00 a.m.

Sunday School: 9:45 a.m.

Adult Education: 9:45 a.m.

Minnesota Faith Chinese Lutheran Church 1:30 p.m.

信義教會 星期日下午

❖ ST. MATTHEW'S EPISCOPAL CHURCH

2136 Carter at Chelmsford. 651-645-3058

Website: www.stmatthewsmn.org

Sunday Services:

8:00 a.m. Holy Eucharist, Rt. I, 10:30 a.m. Holy Eucharist, Rt. II
 9:15 a.m. Christian Education for All Ages
 4:00 p.m. Prospect Hill Friends Meeting

❖ ST. MICHAEL'S LUTHERAN CHURCH - ELCA

1660 West County Road B, Roseville. 651-631-1510

one block west of Snelling

Sunday Worship: 8:45 a.m. & 11:00 a.m.

Education hour for ages 2 through adult: 10:00 a.m. to 10:50 a.m.

Nursery provided. Handicap accessible.

Pastors: Roland Hayes and Sarah Breckenridge Schwietz

For more information, check www.stmichaelselca.com

Tim Abrahamson
Construction
 Fine
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