



# Park Bugle



St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 30, Number 11 / May 2004

## Homes with History tour set for May 15 in St. Anthony Park

by Dave Healy

The St. Anthony Park Home Tour, which has been dormant for several years, is being revived this month. The event, sponsored by the District 12 Community Council, takes place Saturday, May 15 from 11:30 a.m. to 4 p.m.

Council member Rose Gregoire noted that recent budget cuts in St. Paul have affected the Community Council and have necessitated greater fundraising efforts.

She said the council has tried to develop fundraisers that are tied to its mission and to the neighborhood's identity.

"We think last fall's Arts in

the Park event and Homes with History this spring will help build community as well as support the council," she said. "They're great opportunities for people to learn more about their neighborhood."

Advance tickets for the home tour are \$12 (\$10 for seniors) and may be purchased from Como Avenue merchants and at the Hampden Park Co-op, as well as the Community Council office in the South St. Anthony Recreation Center.

On the day of the tour, tickets will be available at the St. Anthony Park Library for \$15 (\$12 for seniors).



Julie and Chris Causey's Doswell Avenue house ("Burr Oaks") is one of the homes featured on the May 15 Homes with History tour, sponsored by the District 12 Community Council. The modified Prairie-style structure was designed by architects Alban and Lockhard and built to order for Gilbert Gutterson in 1914. See article on page 10.



Kevin Peterson pours maple sap into a pail for transport from the Ottertail County woods to a storage tank. Kevin is the son of Stu and Corinne Peterson, bottlers of Camp Aquila Maple Syrup. He lives in Missoula, Montana, but flew in to help with this year's maple syrup harvest.

## Tapping trees, family to sweeten retirement

by Michelle Christianson

When you have a special breakfast, what goes on your pancakes? Jam? Honey? Sugar? Peanut butter?

Perhaps, but most of us top our pancakes, waffles and French toast with syrup, and—if we're lucky—it's real maple syrup. And nobody knows better just where that syrup comes from than Stu Peterson.

Peterson, who still lives in the house where he grew up in St. Anthony Park, spent most of his life working in agricultural financing, first as a loan officer and later as the head of the

credit department. But when his company merged with another, he retired and began to look for new ways to occupy himself.

Peterson and his wife, Corinne, in 1983 had bought Camp Aquila, a former private boy's camp on Star Lake in Ottertail County. The camp sits on a 190-acre peninsula, 150 acres of which are covered with clear maple, basswood and other hardwood trees.

Several years ago, the Petersons began

## Arbor Day to feature celebration of oaks at St. Anthony Park library

by Mary Maguire Lerman

The St. Anthony Park Garden Club will launch an annual effort to celebrate special trees in the community on Arbor Day, celebrated the last Friday in April. Each year the club will select a tree to honor; they will also plant a new tree in the neighborhood.

The inaugural celebration takes place at 10 a.m. Friday, April 30, when a bur oak tree will be planted on the lawn of the St. Anthony Park Library and the large bur oak already there will be honored.

Community members are invited to join students from St. Anthony Park Elementary School as they celebrate these trees with stories and ceremonies.

Arbor Day was originated by Julius Sterling Morton, a Nebraska journalist and member of Nebraska's state board of agriculture.

Morton believed that Nebraskans would benefit from the wide-scale planting of trees. He set an example by planting orchards, shade trees and wind breaks on his property.

In 1872 Nebraska first observed Arbor Day and within a few years neighboring states, including Minnesota, also began the celebration.

Now, Arbor Day is celebrated in every state in America, but not always in April. Each state sets its own official Arbor Day, and many states, including Minnesota, celebrate Arbor Month. (To find out more about Arbor Day around the

country, visit [www.arbor-day.net/arbor-day-state-dates.htm](http://www.arbor-day.net/arbor-day-state-dates.htm).)

For this year's celebration, St. Anthony Park Elementary students are preparing stories about the large bur oak at the library.

Stories will be told through song, art or the written word, and will be collected and presented to the library. One story from each grade level will be presented during the April 30 festivities.

In addition, foresters from St. Paul Parks and Recreation will talk about tree care and demonstrate how they climb trees.

After the new bur oak tree is planted, special blessings will be given to both the young and the old oak. Refreshments will be provided by the garden club and local businesses.

Later that same day, master gardeners, garden club members and neighborhood resident Catherine Reed will assist students as they pot hundreds of young acorns. Reed, past president of the Minnesota Native Plant Society, has been cold-treating acorns in her basement refrigerator this winter.

The students will watch them grow in their classroom until the last week of school. Each student can then choose an oak tree to take home and plant. The remaining oaks will be planted in public lands and parks in the Twin Cities area.

## CITY FILES

### Como Park

Como's Community Garage Sale will be held Saturday, May 22 from 9 a.m. to 4 p.m. Participation is free. For details call 644-3889, e-mail District10@ComoPark.org or visit [www.ComoPark.org](http://www.ComoPark.org). Signup deadline is May 15. Maps will be available at Midway Parkway and Hamline, and at 779 W. Wheelock Parkway.

### Falcon Heights

The Town Square redevelopment project, on the southeast corner of Snelling and Larpenteur avenues, was selected for a Best in Real Estate 2003 Award, sponsored by the Business Journal. The \$40 million project won in the mixed-use development category. The finished complex will include 119 apartments, 56

senior housing units, 14 owner-occupied town homes and 12,000 square feet of retail space.

The Farmers Market, located in the parking lot behind the Twin City Co-ops Federal Credit Union at 2025 W. Larpenteur, will open for the season on Tuesday, June 1. Hours are 8 a.m. to noon.

### Lauderdale

The annual Lauderdale Citywide Garage Sale takes place Saturday, May 15. Register your sale by May 7 at City Hall and it will be included on a map.

### St. Anthony Park

The District 12 Community Council approved a process for updating the district plan. A public meeting on the issue will be held in early fall.

The Community Council election was held April 6. Here are the results:

#### North St. Anthony Park

Delegates: Suzanne Garfield, Brian Longley, Traci Warnberg-Lemm  
Alternates: John Dobson, Brett Single

#### South St. Anthony Park

Delegates: Bruce Kimmel, Rick MacPherson  
Alternate: Ranae Hanson



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## Local student finds water a window to the soul

by Dave Healy

All right readers, it's time for a quiz. Fill in the blank: You are what you \_\_\_\_\_.

Perhaps the most common response is "eat." A couple of years ago, Terri and Elizabeth Peterson might have come up with that answer.

Today, though, the St. Anthony Park mother and daughter have a different suggestion: You are what you hear.

We all know that sounds, from music to traffic noise to human voices, can affect our mood or disposition. But do sounds have an effect on tangible things?

That was the question Elizabeth Peterson posed last year as an 8th-grade student at Murray Junior High.

For the school's annual science fair, she tested the hypothesis that everyday sounds and music affect the crystalline structure of water.

Her assumption was that since the human body is mostly water, if sounds can affect water they can also affect us.

Elizabeth's project involved subjecting distilled water to different sounds. She used an alarm clock as well as recorded music by Mozart, Metallica and Eminem. She then froze the water samples and examined them under a microscope.

The experiment was a bit tricky to pull off because it necessitated using a microscope in sub-freezing conditions.

"Originally she was going to use the school's walk-in freezer," said Terri Peterson, Elizabeth's mother. "But the Health Department nixed that idea. Fortunately, the weather turned cold just in time and she was able to work outdoors."

What Elizabeth was looking for was regularity or irregularity in the crystals. She found that different sounds did indeed

produce different kinds of crystals.

"The biggest difference was with the water that had been exposed to Metallica music," she said. "Those crystals were shattered and all broken apart."

***"As a pharmacist, I was skeptical. But what I saw was pretty dramatic. It's hard to explain in scientific terms, but the results make you think about how our messages affect each other."***

—Terri Peterson

Terri thought the results might interest a Japanese scientist whose research was used as a basis for Elizabeth's project. Dr. Masaru Emoto has studied the effects of varied stimuli on the molecular structure of water.

Emoto, who has a degree in alternative medicine from Open International University, has taken photographs of frozen water crystals exposed to music as well as verbal messages, both written and spoken.

Published photographs depict striking differences, which Emoto suggests may reflect a message's content.

Emoto has published a two-volume work called "Messages from Water." The second volume includes letters from ordinary people who have done experiments similar to Emoto's.

Terri Peterson sent Emoto an e-mail describing Elizabeth's

science fair project. His positive response motivated Terri to visit Emoto's laboratory on a trip to Tokyo last May. She was intrigued by what she saw.

"As a pharmacist, I was skeptical," she said. "But what I saw was pretty dramatic. It's hard to explain in scientific terms, but the results make you think about how our messages affect each other. After all, our bodies are mostly water."

Peterson's interest led her to help form a nonprofit organization, AquaEssence ReSource, to bring Emoto to the United States.

He will tour 10 U.S. cities this spring, including a stop in St. Paul, where he is scheduled to visit Crossroads Elementary School and the University of Minnesota's Center for Spirituality and Healing.

On May 4, Emoto will give a public lecture at 7 p.m. at Wayzata Community Church, 125 Wayzata Blvd. The event is sponsored by the Horst Rechelbacher Foundation, the Spring Forest Qigong Foundation and the U of M's Center for Spirituality and Healing.

Tickets are \$25 in advance and \$33 at the door, and are available at [www.ticketweb.com](http://www.ticketweb.com) or 1-866-468-3401.

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## E D I T O R I A L

*A place to hang your hat*

Be it ever so hackneyed, there's no place like home.

Second only to romantic love as a subject for literary or musical musing, home has inspired more than its share of forgettable—and often questionable—sentiment. If every singer who claimed to have a home in the mountains of Tennessee actually hailed from there, the whole region would have to be one gigantic high-rise.

Invoking home is the easiest—and often the cheapest—way to prompt an emotional response in listeners or readers. But if, as poet Edgar Guest opined, it takes a heap o' livin' to make a house a home, then it takes a heap o' fortitude to endure the plague of bathos that generations of scribes have inflicted on us for the sake of home.

And yet for all that there is something primal about house and home that resonates deep within us. We may love to go a wandering along the mountain track, but we also love to come back home.

At least most of us do. For some, however, home is a prison—a stultifying hothouse, a yoke borne grudgingly. Leaving home, for such as these, is a stab at liberation, a declaration of independence.

"There was a man who had two sons; and the younger of them said to his father, 'Give me the share of property that falls to me.' And he divided his living between them. Not many days later, the younger son gathered all he had and took his journey into a far country."

That's the beginning of one of Jesus' parables, often described as "the prodigal son," but it's a story that's familiar even to those who have never read the Gospel of Luke. Young people get restless, long to broaden their horizons, leave home to seek their fortune. It's the way of the world.

And it's an act that's often fraught with peril, our stories tell us. The prodigal son quickly squandered his fortune. In the lyrical language of the King James Version, he "wasted his substance with riotous living."

Leaving home may be a rite of passage or an act of rebellion, but it's also a luxury. What of those who have no home to leave?

There is perhaps no more damning description in our society than this one: no permanent address. Without an address you can't get any kind of official I.D. It's almost impossible to land a job. You can't even get a library card.

While we valorize the vagabond, we'd prefer not to think about the truly homeless. Homelessness is the ultimate failure. It means you're not even on the map.

If losing your home is among the most shattering of experiences life has to offer, regaining the home you thought you lost can be among the sweetest. The novelist Thomas Wolfe asserted that "you can't go home again."

Tobias Wolff offered another perspective. At the end of his novel "Old School," a character who misguidedly resigned his job as headmaster is allowed to return to the school. Approaching a garden party where he will rejoin his old colleagues, "he felt no more than a boy again, but a very well-versed boy who couldn't help thinking of the scene described by these old words, surely the most beautiful words ever written or said: His father, when he saw him coming, ran to meet him."

## Park Bugle

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The Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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**More household hints**

Dear Jane,

I enjoyed your household hints in last month's Bugle, and I have a couple of tips for your next column.

The "patch" has earned much-deserved credit as a way to reduce one's craving for nicotine. I've found that the same concept works for other substances.

I duct-taped a piece of Hershey bar to my upper arm to reduce my craving for chocolate. I've lost six pounds as a result. I recommend using plain Hershey bars since the almond ones tend to create an unsightly bulge.

When I shop at a mall, I tend to forget where I parked. Since most vehicles look much the same, I waste time wandering around looking for my car.

I solved this problem by purchasing a more distinctive

vehicle. I can easily find my car now. It's the only 1954 Kaiser in the lot.

We all know that baking soda in the refrigerator helps cut down on odors. I have discovered that the soda works almost as well if you leave it in the box. This also eliminates unsightly powder deposits on the bottoms of containers.

Speaking of refrigerators, it's a good idea to put a date on containers of leftovers.

I recently had a friend over, and as he was helping himself to a cold Pepsi, he said, "I sure like your Chia Pet, but why do you keep it in here?"

I looked in the fridge and said, "That's no Chia Pet; that's a meatloaf."

Tom Erickson  
Lake Hubert, MN

**Ode to a gift shop**

The Bibelot store on Como Ave. is the brainchild of Roxy Freese. The shop has come to please many a customer. Not only from the Park but from all over town they have a lark with gifts and gifts galore—clothing, jewelry and much more. Roxy herself lives in St. Anthony. She sure is a genius, and we the neighbors salute this store in our midst on Como Ave.

Gerhard Neubeck  
St. Anthony Park

**Stu Peterson from page 1**

tapping a few trees to make some syrup.

What started as a hobby has now grown into a commercial venture that helps Stu fill some of his retirement time—and make a little money.

This year they tapped 475 trees to make over 150 gallons of syrup.

The process of making syrup begins at the end of winter when the transformation to spring (the alternating freezing and thawing temperatures) causes maple sap to start flowing.

Peterson describes the syrup as "hand crafted" because he does so much of the work by hand.

He first drills a hole in each tree with an auger and hammers a tap into the hole. The sap runs from the tap through a tube and into a bucket at the base of the tree.

That's when the real fun starts.

Peterson, his family and friends must keep up with the trees, emptying the buckets as they fill into pails, then into a tank on a six-wheeler and finally into a storage tank. This syrup can only sit for a day before it must be processed.

The sap, which is about 3-4 percent sugar, goes into a wood-fired cooker, which boils 60 to 70 gallons per hour and must be fed—with wood from the property—every 5 to 10 minutes.

The boiled syrup is about 66 percent sugar, measured by a hydrometer calibrated especially for maple syrup. At the end of the process the syrup is filtered, reheated and bottled.

Peterson made syrup for friends and family for three years before he looked into becoming commercially licensed.

In order to sell his syrup he had to construct new facilities, remodel old ones and buy stainless steel equipment.

Now he sells his syrup in outlets in Ottertail County and at Speedy Market, Hampden Co-op and Tower Grocery under the "Camp Aquila Maple Syrup" label.

***"It's a hectic three-week process to tap the trees and make the syrup, and the money from the final product can't pay for the time we put in. It's just a great hobby."***

—Stu Peterson

The syrup comes in 8, 12 and 16-ounce bottles and also in 550-milliliter souvenir bottles.

Last year Peterson tapped 249 trees to get 2,435 gallons of sap and 86.6 gallons of processed syrup. (It takes about 30 gallons of sap to make one gallon of syrup.)

This year's yield was proportionately higher, and next year he hopes to tap 1000 trees.

There is an end to this growth, however. Peterson doesn't want to over-commit, and he's happy that he sold all of last year's syrup by the time he began working on this year's production.

He is in the process of certifying the syrup as organic, and he wants to keep the business small.

"It's a hectic three-week process to tap the trees and make the syrup," he said, "and the money from the final product

can't pay for the time we put in. It's just a great hobby."

Peterson also feels fortunate to have control over this piece of property in northern Minnesota. He'd much rather keep it as a tree farm and "sugar bush" (the correct term for a group of maple trees where sap is collected) than sell the land and have someone develop it.

Although there are 25 buildings on the property, mostly uninsulated bunkhouses left over from camp days, the Petersons are building a new cabin that they can use in the cool spring weather as well as in summer.

Then they, and those who help them out, will have a place

to stay while they are working long days processing syrup.

So the next time you sit down to eat your morning pancakes, consider how many trees and how much work went into making those golden drops of syrup.

And be happy that there are people like Stu Peterson who are willing to perform this labor of love.

## CONTRIBUTIONS

June B. Joseph  
Elenor & Richard Varberg

## IN-KIND CONTRIBUTION

Christine Elsing,  
proofreading



On April 16, veteran trombonist Slide Hampton held a jazz improvisation workshop at Murray Junior High School. Hampton was in town to perform with the JazzMn Big Band on April 17 at Bethel College. Murray will hold a Fine Arts Festival on Tuesday, June 1 at 6:30 p.m. at the school, 2200 Buford Avenue. The evening includes a spaghetti dinner (\$10), musical entertainment, an ice cream social and a display of student artwork. For more information, call 293-8740.

## A taste of South America on Como Avenue

On May 4, St. Anthony Park's Muffuletta Cafe, 2260 Como Avenue, will venture south of the border for an afternoon and evening of South American-themed food and music.

The festivities begin with an "after hours" event from 4:30-6:30 p.m. Guests can sample

South American hors d'oeuvres and wines while enjoying the music of Ticket to Brasil, sponsored by the Carter Avenue Frame Shop.

Tickets are \$30 and may be reserved by calling the Midway Chamber of Commerce, 646-2636. Proceeds from this event

will benefit St. Anthony Park Business Council projects.

The South American theme continues through the evening at Muffuletta with a four-course prix fixe dinner (\$60 plus tax and tip) and more music by Ticket to Brasil. For dinner reservations, call 644-9116.

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## April Showers Bring **COMMAS & CURVEBALLS?**

The next big thing from Britain? Punctuation, of course. Rather, the correct usage of punctuation. In the bestselling *Eats, Shoots & Leaves* (Gotham Books \$17.50), Lynne Truss charmingly points out how proper punctuation is on the decline and how we "sticklers" can stop this travesty.



New Titles for May  
from Micawber's Books

Angell is a true national treasure for fans of baseball and great writing. His collection of essays, *Game Time* (Harcourt, \$15) spans his forty year career of spring trainings and autumn classics. Each essay has at least one fact or noticed little moment that made me sit back and think or laugh aloud at shared memories. A gem of a book for less than an evening at the Dome.



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## Neighborhood Forum

Join us to find out what's happening in Haiti

### Haiti in Crisis

Sunday, May 16

Refreshments and conversation, 6:45 p.m.

Video and talk by Paul Miller, 7 p.m.

at St. Anthony Park United Church of Christ  
2129 Commonwealth Avenue

Learn about the current political crisis in Haiti and the conditions that led up to it. Paul Miller has traveled to Haiti eight times, most recently in December leading a Peace and Justice delegation of six people from St. Joan of Arc Catholic Church.

Sponsored by St. Anthony Park Neighbors for Peace

Check out our terrific web site [www.ParkPeace.org](http://www.ParkPeace.org)  
or our resource materials at the reference desk  
of the St. Anthony Park Library



Organizing meeting (all are welcome): May 4, 7 p.m.  
1511 Grantham Street, St. Paul, 651-647-0819

We're now 355 members. Will you join us?  
For more information contact:

**[www.ParkPeace.org](http://www.ParkPeace.org)**

Kathy Magnuson at 651-645-2475  
[kathydmagnuson@yahoo.com](mailto:kathydmagnuson@yahoo.com)

## Think Jesus would have a problem with war but be for simplicity, community and discipleship?

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Emmanuel Mennonite Church  
Meeting at: The Chapel of the Cross  
Luther Seminary  
SW Corner of Hendon and Fulham

Worship: 9:30 / Sunday School: 11:00

Pastor: Mathew Swora (651) 766-9759  
[emmanuel@visi.com](mailto:emmanuel@visi.com)

## 12TH ANNUAL

# SOCCER SATURDAY

Saturday May 22nd, 2004  
South St. Anthony Park Rec Center

Soccer Clinic & Rally for Grades K thru 6  
9:00 a.m. 'til Noon

T-shirts & snacks provided to all participants

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## Celebrate May Day at Kasota Pond

by Mary Maguire Lerman

As part of a DNR Environmental Partners Grant, a major removal of woody invasive species, particularly buckthorn and Russian olive, will occur on Saturday, May 1 from 9 a.m. to noon.

A Minnesota Conservation Corp crew will be on site with chainsaws. Volunteers are needed

to help drag and stack materials.

Please join us for the final volunteer event on public lands as part of this grant.

Volunteers should wear denim jeans and bring sunscreen, insect repellent and gloves. Refreshments will be provided.

Volunteers will have the opportunity to meet with the

Conservation Corp crew and learn how their program benefits young adults in natural resources training.

Meet at 9 a.m. at the parking lot at 2550 Kasota Avenue—the first building west of Highway 280.

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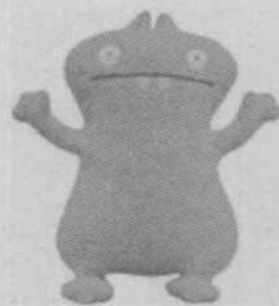
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## No bones about it

by Kristi Curry Rogers

Dinosaurs ruled the earth for over 160 million years, and one dinosaur superstar continues to dominate our imaginations.

Tyrannosaurus rex, whose name means "tyrant lizard king," is arguably the world's most popular dinosaur, and most paleontologists and kids agree that we're lucky to have T. rex to study, and luckier still that it is EXTINCT!

T. rex was one of the stars of the movie Jurassic Park, which included the most accurate popular portrayal of dinosaurs ever, and as you might expect, T. rex was depicted as a killing machine whose sole responsibility was bloodthirsty attacks on poor, helpless prey.

This popular depiction of T. rex is as much artistic license as it is scientific fact, and many of the "facts" current at the release of Jurassic Park have dramatically changed in the last several years.

We now have revised views of T. rex that put it in a more

realistic living, breathing context. We know how fast T. rex could have run, and even the strength and method of T. rex's bite.

In the original Jurassic Park, a terrifying getaway scene was filmed with T. rex running at full speed after a jeep filled with screaming people. Though the speedometer on the car reads over 35 mph, in reality T. rex didn't run that quickly.

New research by scientists from Stanford University modeled T. rex's running potential by calculating the amount of muscle mass needed to run at high speed. T. rex's muscle mass just didn't cut it. Instead of running 25-45 mph, T. rex was probably limited to traveling at speeds of only 11-25 mph.

In fact, during the taping of Jurassic Park, when the computerized T. rex ran at anything over 25 mph, it's gait looked so strange that animators slowed the dinosaur down to around 15 mph, and filmed the

jeep's speedometer and the T. rex in chase separately so that we wouldn't notice the discrepancy in the dino's actual running speed and the speed of the jeep.

Was T. rex's bite worse than it's "bark"? Over the century since the first discoveries of T. rex teeth, scientists have speculated about how that mouthful of sharp steak knives may have inflicted damage on prey.

Some scientists doubted the strength of T. rex teeth and hypothesized that if a Tyrannosaurus sunk its teeth into a tasty Triceratops, it would risk breaking them.

More recent analyses indicate that T. rex teeth are perfectly suited to withstand bone-shattering impacts during feeding, and the discovery of Triceratops bones riddled with T. rex tooth marks provided some estimate of the mechanism of a T. rex bite.

No bones to page 15



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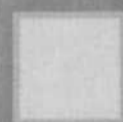
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## Como's Advanced Placement program shines

by Nate Tracy  
 Como Crier Staff Writer

Wayzata, Eagan, Edina. Not many people think of these locales as being in competition with Como Park. However, in one important area Como is the equal of these suburban areas: the Advanced Placement program at Como Park High School.

The AP program at Como started in 1992, when two classes were offered and 18 tests were administered. For the next 11 years the program grew steadily.

By 2003 there were 19 teachers trained to teach AP, offering 18 classes and administering 248 tests. Students passed 42 percent of those tests, distinguishing Como's AP program as one of the best in the metro area.

One area where Como Park's AP program shines in is the number of free-and-reduced-lunch students who take and pass the tests.

In 2003 those students took 130 exams and passed 28. In

1999 and 2000, Como administered 28 percent and 25 percent of all the exams in the state taken by free-and-reduced-lunch students. The College Board recently recognized Como for its success in this area.

Roy Magnuson, who teaches 11th-grade AP U.S. history, attributes Como's success to the students.

"There is a critical mass of students who believe they can achieve college work while still in high school," Magnuson said. "This creates a classroom environment that pushes all students to work hard and achieve more."

Tenth-grade European history teacher Sharon Mason also cited student drive as a leading factor in Como's success, but she also thinks teachers play a major role.

"Students can see how knowledgeable and enthusiastic teachers are about the subjects," Mason said. "Students may not

love the course material, but they can tell how much the teacher knows and loves it, so they become motivated to try hard in class."

Senior Kilty McGowan, who has amassed 60 credits through AP classes, agreed with Mason.

"The teachers know the class material and expect students to work their hardest," she said.

Marti Niemela, Como's AP coordinator and 11th-grade AP English teacher, pointed to another reason for Como's success.

"It's important to have access to AP classes for all students," she said. "We don't see AP as being elite here."

Niemela added that pre-AP classes offered freshman and sophomore year lay the groundwork for success later on.

*Nate Tracy is a senior at Como Park High School. This story was written for the May issue of the Como Crier school newspaper.*



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# Como Park High School marks 25 years

by Megan Thrasher  
Como Crier Staff Writer



Como Park High School is celebrating its 25th anniversary this year, so now is a good time to look back on the school's history. While the memories have been grand, there was a bit of controversy when Como became a high school.

Many of Como's first students had gone to Murray Junior-Senior High. Switching to a school outside their community was an adjustment. Instead of being able to walk to school, they would have to ride the bus.

Also, the new school was much bigger. At Murray, a typical graduating class was 150-175 students, while at Como it was close to 350 students.

Como itself used to be a junior high. But in the late 1970s, there were fewer students that age, and so it was decided to change Como into a high school and make both Washington and Murray into junior highs.

Ten Murray teachers came to Como, with a larger number from Washington, which had previously been a high school.

Como didn't become a full high school right away. In 1979 and 1980, it was only grades 10-12. Then in 1981 it added ninth grade.

There were also many changes made to the building. Some parts of the school had to be remodeled for high school students because it was smaller when it was just a junior high. The building wasn't quite finished at the beginning of the first year.

Other changes to the building have been additions to the cafeteria and library, the weight room and the upstairs hallway.

Como was a big school, which made it harder to get to know other students.

Jeff Vik, a football player from the class of 1982, said, "One way to get to know the other students in the first few years of Como was the sports programs." He was able to make friends with many of the Washington kids because the football season started before the school year did.

Kim Larson Holman, from the class of 1980, explained that even though she was only at Como for her senior year, she was able to make a lot of new friends with students from Washington through the volleyball program.

In the first year, Como won several city championship titles: volleyball, badminton, wrestling and swimming (both boys and girls). Holman said, "This string of wins was probably because of all the athletic similarities between the students of the two different schools."

Como continues to provide many opportunities for students. It offers Advanced Placement (AP) courses in math, social studies, English and science.

The music program has distinguished itself. The Chamber Choir (select male and female voices) and Donna di Cantare (select women's choir) will sing at New York City's Carnegie Hall next February.

In the words of English teacher Kathy Dumas, over the past 25 years the students haven't changed. "Kids are kids."

Happy 25th Como!

*Megan Thrasher is a Como Park High School freshman. This story was written for the May issue of the Como Crier school newspaper.*

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## The house that Jack (and Turid, Dennis, M

St. Anthony Park is well known for its historic houses, many of which date back to the late nineteenth century. The area also includes more modern structures, some by famous designers.

The combination gives people walking or driving through the neighborhood exposure to an interesting architectural mix.

Indeed, it was precisely this variety that led David Lanegran to conclude his history of St. Anthony Park, published in 1987, with a series of suggested walking tours through the neighborhood.

The idea of a house tour captivated members of the St. Anthony Park Association, and that organization sponsored periodic tours until the 1990s.

Now the idea is being revived by the St. Anthony Park Community Council, which will sponsor a house tour on May 15 that includes eight homes—including one owned by Julie and Chris Causey, who are profiled here—as well as a new housing development—Emerald Gardens.

New housing in St. Anthony Park is unusual. Nevertheless, at the same time a special event focuses on the neighborhood's existing housing stock, several new houses are just being completed. We introduce three of these new homes and their owners in the other article that follows.

### House hunting for a good Cause(y)

by Judy Woodward

When Julie Causey found the perfect home, it wasn't for sale. This might have presented an obstacle to others, but for her it was simply an incentive.

Desirable homes in St. Anthony Park don't stay on the market long. In the case of the Causey's dream house, a distinguished Prairie-style structure originally built by neighborhood pioneer Gilbert Gutterson in 1914, it never even went on the market. To Julie, this presented only a temporary difficulty.

It was 1996. The Causeys and their three young sons were outgrowing their first home on Hythe Street, but the family wanted to stay in the area. In her many walks around the neighborhood, Julie had discovered exactly where she wanted to live: that elegant house with the porte-cochère on Doswell Avenue that stood on the crest of a rise near College Park.

And so she planned her strategy. She found out who the current owners were and wrote them a letter, explaining the family's desire to raise their children in the gracious old house that had long been a St. Anthony Park landmark. She promised the owners that she would cherish their home. She even included a copy of the Causey family's Christmas newsletter so the owners could get an idea of what sort of people wanted to take their place.

Julie's husband, Chris, made it clear this was his wife's idea. "I was kind of embarrassed by the whole thing," he said. "In fact, I pooh-poohed it. But within 24 hours the owners had called, and within 72 hours we did the transaction and we owned it."

Chris thinks the deciding factor may have been the children. Decades earlier, the large five-bedroom house had been rescued from a brief career as a boarding house. The owners wanted to make sure that it stayed in the care of a family. The Causeys reassured them on that score, and they also promised that any time the grown children of the previous owners wanted to revisit their childhood home, they would be welcome.

On Saturday, May 15, the Causeys will welcome neighbors and others interested in Prairie-style architecture when they open the house at 2181 Doswell Avenue for the St. Anthony Park Home Tour.

To the Causeys, their house, known as Burr Oaks, has lived up fully to its promise. Since moving in, they have preserved original quarter-sawn oak woodwork throughout the living and dining rooms while restoring "the 1980s suburban-looking kitchen" to a look more consistent with the house's roots.

Julie, a banker, and Chris, a health care consultant who works out of a home office, both have strong ties to the community. Their three sons, now 9, 11, and 12, are all students at St. Anthony Park Elementary School.

The way the family sees it, participating in the home tour is something of a duty to the neighborhood. "We're really proud of our home," says Chris. "We love Prairie-style architecture ourselves. This house has had only four owners, but it has a rich history. People who have been in St. Anthony Park a long time find it intriguing."



St. Anthony Park  
by Judy Woodward

Things are co  
St. Anthony  
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### witnesses building boomlet

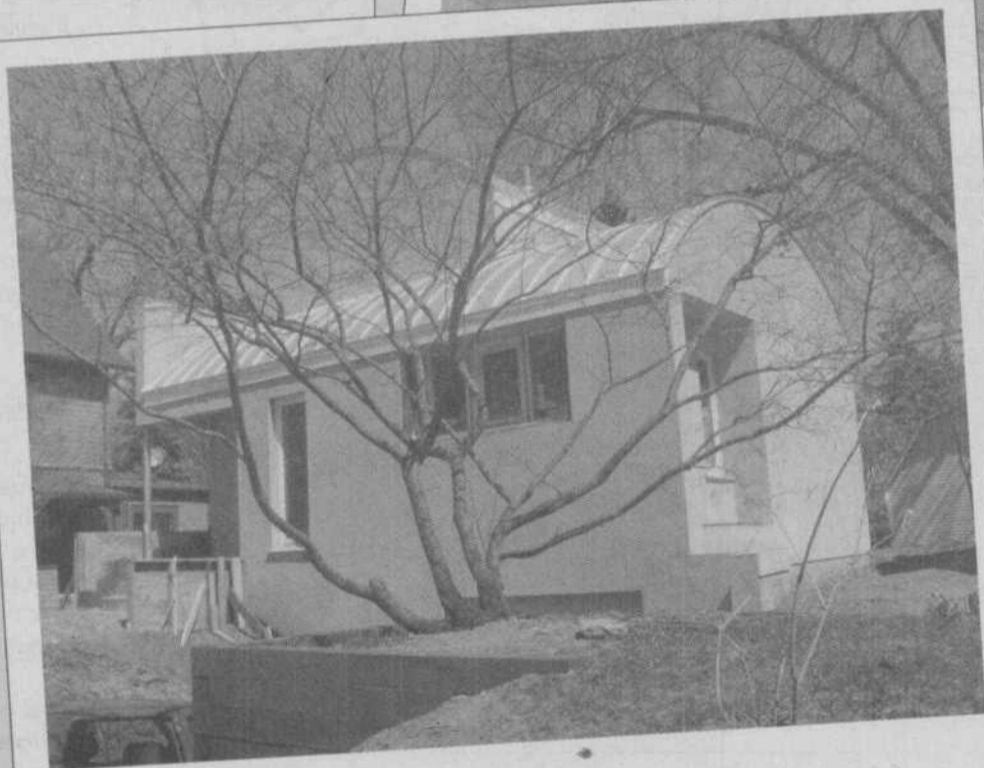
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Authier family replaced a modest  
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house that was recently named  
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hs, however, the trend toward new  
elerated.

venue, for example, Dennis and  
e exchanged one of the oldest



houses in the neighborhood for one of the newest.  
When the Ormseths sold their graceful 1887 Queen  
Anne home, they didn't have far to move. Their  
recently finished white stucco contemporary stands on  
what used to be the side yard of their old house.

Nor did they have to go very far to find an  
architect. Paul Ormseth, 39, said that designing his  
parents' home was made easier because "I know how  
they lead their life from a practical point of view, and  
I understand their aesthetic ideas as well."

High on the priority list for all three Ormseths  
was preserving a massive elm tree found at the rear  
corner of their lot. In fact, it forms a key element of  
the house's design. Paul made the tree the focus of an

interior courtyard, which serves to unify other  
elements of construction like the two barrel-vaulted  
wings set at right angles that form the house's  
distinctive roofline.

Inside, the house strives for warmth—as well as  
energy efficiency—with natural wood sheathing  
covering the vaulted ceilings, in-floor heat beneath  
slate tiles and a south-facing wall of light-catching  
windows that practically makes the giant elm tree part  
of the house.

Dennis Ormseth said their decision to move was  
driven by a desire "for a smaller, more efficient house

*Building boomlet to page 20*

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**Arts Events**

Music in the Park Series presents the final concert in its 2003-04 season on Sunday, May 9 at 7 p.m. An ensemble made up of principal chairs from the St. Paul Chamber Orchestra and Minnesota Orchestra along with pianist Pedja Muzijevic and flutist Julia Bogorad-Kogan will perform works by Schoenberg, Schubert and the world premiere of "Among Friends" by Minnesota composer Carol Barnett, a work commissioned by Music in the Park to mark its silver anniversary season.

The concert takes place at St. Anthony Park United Church of Christ, 2129 Commonwealth Avenue. Tickets are \$18 in advance, \$20 at the door and \$12 for students (when available). Call 645-5699 or e-mail [musicinthepark.sihope.com](mailto:musicinthepark.sihope.com).

St. Anthony Park Lutheran Church presents the final concert in its **Light Music Series** on Sunday, May 2 at 7:30 p.m., when the the St. Paul Vocal Forum will present "Abraham, Father of Three Faiths."

The concert is free and open to the public. An offering will be taken to help defray concert expenses. The church is located at 2323 Como Avenue.

**Hymn Sing**

A Welsh hymn sing will be held at 3 p.m. on Sunday, May 23 at St. Anthony Park Lutheran Church, 2323 Como Avenue. Music will be provided, and most verses will be sung in English. A nursery will be available. Welsh tea cakes and tea will be served following the singing. All are welcome. For more information, call 644-1650.

**Books**

Roseville author Mary Clare Lockman will read from and sign copies of her new book, "Warning! Family Vacations May Be Hazardous to Your Health" at 1 p.m. on Saturday, May 15 at Bound To Be Read, 870 Grand Avenue.

The St. Anthony Park Library's Unconventional Mystery Series continues with a book discussion of Michael Ondaatje's "Anil's Ghost," hosted by Diane Eberlien. It takes place at the library, 2245 Como Avenue, at 7 p.m. on Tuesday, May 25.

Also at the library, author Erin Hart will read from her mystery "Haunted Ground" at 7 p.m. on Thursday, May 27.

Elmer Anderson, former governor, will sign copies of his new book, "I Trust To Be Believed" on Saturday, May 15 from 2-4 p.m. at the St. Anthony Park Library. The event is jointly sponsored by the library and Micawber's Bookstore.

**Audubon Society**

The St. Paul Audubon Society presents a talk by Patrick T. Redig, director of the Raptor Center. His topic is the West Nile virus. The event takes place at 7 p.m. on Thursday, May 13 at Falcon Heights City Hall, 2077 Larpentur Avenue. The event is free and open to the public.

**Gardening**

Neil Anderson will address the St. Anthony Park Garden Club on Tuesday, May 4 at 7:15 p.m. at the St. Anthony Park Library auditorium. His topic will be "New annuals for 2004." The program is open to the public.

Friends of the Mississippi River will present a workshop on **Gardening for a Rainy Day** at 2 p.m. on May 2 as part of the Living Green Expo at the Minnesota State Fairgrounds.

The workshop will focus on using native plants, rain gardens and sustainable lawn care techniques to protect and improve water quality.

The workshop is free, but advance registration is suggested. Contact Beth Storey at 222-2103 ext. 16 or [bstorey@fmr.org](mailto:bstorey@fmr.org).

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# e t c e t e r a

## Cleanup

The sixth annual **University Avenue Spring Cleanup** will take place Saturday, May 8 from 8:30-11 a.m. Volunteers, both individuals and groups, are needed.

Meet at 8:30 a.m. on the front lawn of Marsden Building Maintenance, 1717 University Avenue. Equipment, supplies, shuttle vans and refreshments will be provided.

For more information, contact Jessie at 646-2636 or [liebelt@midwaychamber.com](mailto:liebelt@midwaychamber.com).

## Sales

The Como High School choir will hold a garage sale on May 22 at the school cafeteria from 9 a.m. to 3 p.m. The sale is one of several fundraising events that will support the choir's trip to New York City for a performance at Carnegie Hall on February 25. For more information, call Lynn at 645-9068.

YMCA Camps Widjiwagan and du Nord will hold their annual spring garage sale in the Merchandise Mart building, near the Snelling entrance of the Minnesota State Fairgrounds.

Over 250 families contribute clothing, household items, toys, books, antiques, furniture, sports equipment, etc. All proceeds go to the camps.

The sale will take place May 12-15. Hours are 9 a.m.-7 p.m. Wednesday through Friday, 9 a.m.-noon Saturday. Call 612-465-0450 for more information.

## Volunteers

Volunteers are needed for the St. Paul Schools summer session, June 21-July 23. For more information, contact Connie at [cerickson@voamn.org](mailto:cerickson@voamn.org) or 612-617-7807.

## Como Park

The Como Ordway Memorial Japanese Garden opens for the season on Saturday, May 1. Hours are 10 a.m.-6 p.m. daily through the end of September.

Also on May 1, Cafesjian's Carousel opens. Its hours are 11 a.m.-4 p.m. Tuesday-Friday and 11 a.m.-6 p.m. Saturday and Sunday. Admission is \$1.50.

The carousel is looking for volunteers to assist with ride operations and ticket and gift sales. For information, call 489-4628, e-mail [volunteer@ourfaircarousel.org](mailto:volunteer@ourfaircarousel.org) or visit [www.ourfaircarousel.org](http://www.ourfaircarousel.org).

## Model Railroads

On Mother's Day, May 9, mothers will be admitted free to the Twin City Model Railroad Museum in Bandana Square. Museum hours are noon-5 p.m.

Admission for non-mothers is \$2, with children under 5 admitted free.

## Brownie Troop

Parents or guardians of girls in kindergarten or first grade who live in the St. Anthony Park area are invited to an informational and sign-up meeting for a new Brownie troop starting up in June.

The meeting will be held Wednesday, May 12, at 7 p.m. in the downstairs room of the St. Anthony Park Library.

Call Sara Axtell (643-0604), Ann Commers (646-8295), Greta

Gauthier (644-6072) or Francis Homans (649-1788) for more information.

## People

St. Anthony Park resident Beth Richardson recently received the RE/MAX Chairman's Club award for sales during the past year. A licensed Realtor since 1991, Richardson joined RE/MAX in 1994.

Como Park resident Martha Grant recently served as a page at the State Legislature. She is the daughter of Judy and Tom Grant of Como Park.

## School-Age Summer Camps!

- \* Theater Arts - June 14 - 25
- \* Art Exhibition/Lego Kids - June 28 - July 9
- \* Mysteries & Codes - July 12 - July 23
- \* The Magic of Flight - July 26 - August 6
- \* The Creative Mind & Healthy Body - August 9 - August 20
- \* End-of-Summer Blast - August 23 - September 2

**For information and registration call 651-604-3810**

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## 4-H News

by Bobby Ragoonanan

### Nobody says it better than a satisfied client...

Dear Steve,

You have often expressed your appreciation for our choice to have you help us both buy a new home and sell our old house. We want to return the thanks; we really appreciate all you did to help us through the transition from old house to new. You guided us and gave us good advice when it was needed during this major decision in our lives. Every concern, big or small, was addressed in a timely manner. This certainly gave us the feeling that quality caring service can still be provided in our busy, complicated world.

Your experience and knowledge were certainly evident and very reassuring. We almost regret that our business relationship is over. One gets to miss your frequent phone calls.

We would not hesitate to refer you and your services to anyone who asks. You'll pass with flying colors! Thanks again.

Dorie & Dennis



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I'm sorry if this report doesn't turn out as radical as my other ones. I completely forgot about it until my mom reminded me at 8:54 p.m. the night before it was due. Maybe Darth Sidious was controlling my mind.

Before our April 12 meeting started, some people came in and talked about the 4-H 2004 Camp (August 2-6). They need a lot more people to sign up. You don't have to be in 4-H to be in this camp.

"Why should I go to this

camp?" you ask yourself. "What's in it for me?"

Well, there are campfires, boating, an island, a make-your-counselor-ugly contest and other cool stuff. You must be in grades 4-8 to register. A \$50 deposit is required for each camper. For more information, call Mary at 653-7333.

I know this sounds like a stupid advertisement, but they really need more people soon.

Now back to 4-H excitement.

After hearing about camp, we had a project meeting. Tim Journey showed how to make papier-mâché balls, Linnea Holman made tissue flowers, and Josephine Reed made rubber stamping cards. Carl Drache had a presentation on rockets, and John and Manda Weber showed their rabbit and guinea pig.

Our totally radical snack (which I brought) was doughnut holes and Hawaiian Punch.

That's my report for this month.

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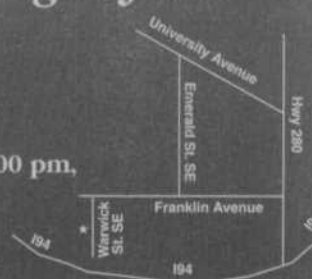
Saturday: 4:00 pm - 9:00 pm

Sunday Brunch 11:00 am - 2:00 pm

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**No bones from page 7**

T. rex employed what is called the "puncture and pull" strategy, basically biting deeply at first and then raking its teeth through the penetrated flesh.

T. rex also used its front teeth to delicately nibble the flesh from tight areas of prey skeletons (like in between vertebrae). Just think about a T. rex snacking on a duckbilled dinosaur's backbone like we might eat an ear of corn!

As more bones of T. rex are uncovered, more precious clues to the life of this dinosaur king (or queen) will come to light. Until then, it remains the undisputed champion of our

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Keep the dino questions coming to me at: [krogers@smm.org](mailto:krogers@smm.org).

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### Design Camp for Teens

International instructors and U faculty help teens, ages 13-17, create designs at the College of Architecture and Landscape Architecture. July 26-30. FFI: 612-624-4461 or [www.design.umn.edu](http://www.design.umn.edu)

Explore other fun opportunities at [www.umn.edu/umnnews/Feature\\_Stories/Summer\\_camps\\_introduce\\_youth\\_to\\_the\\_U.html](http://www.umn.edu/umnnews/Feature_Stories/Summer_camps_introduce_youth_to_the_U.html)



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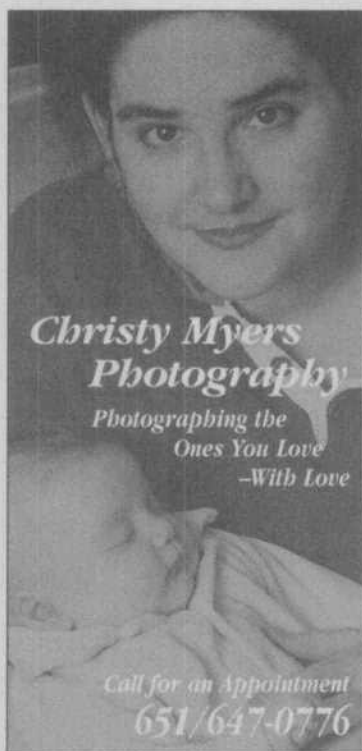
## Music

**Como Park High School**  
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- Micrography Jazz Concert  
May 27, 7pm

**Coffee Grounds**  
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May 14, 8pm



- GABRIEL JAMES  
May 15, 8pm
- OPEN MIC with Bill HAMMOND  
May 16, 6pm
- STORYTELLING for children with PAM SCHWEITZER  
May 17, 10am
- MUSIC AND MOVEMENT for children  
May 20, 10am
- THIRD THURSDAY POETS  
May 20, 7pm
- JERRY RAU BAND  
May 21, 8pm
- STORYTELLING for children with NORTHSTAR STORYTELLING  
May 21, 8pm
- CAROL JEAN AND THE BLUE GILLS  
May 22, 8pm
- OLD TIME MUSIC SHOWCASE with Bill CAGLEY  
May 25, 7pm

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- MARTIN JOSEPH  
April 27, 7:30pm
- SHOWCASE with Edie CAREY, Teddy GOLDSTEIN and DAVE POTTS  
April 29, 7:30pm
- BLUEGRASS AND Oldtime JAM SESSION  
Fourth Wednesdays, 7pm
- CHILDREN'S ART AND STORY HOUR  
Thursdays, 10am

- OPEN STAGE  
First and third Wednesdays  
6pm sign-up

### Light Music Series

ST ANTHONY PARK LUTHERAN CHURCH,  
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- ST PAUL VOCAL FORUM  
"ABRAHAM, FATHER OF THREE FAITHS"  
May 2, 7:30pm

### Music in the Park Series

ST. ANTHONY PARK UNITED CHURCH OF CHRIST, 2129 COMMONWEALTH AVE., 645-5699

- COPES/ROSS/HARA/MUZJJEVIC QUARTET  
May 9, 7pm

## PERFORMING ARTS

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- "THE CANTERBURY TALES"  
May 6, 7pm  
May 7, 7:30pm  
May 8, 7:30pm

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# MAY CALENDAR

## 3 Monday

- AA, St. ANTHONY PARK LUTHERAN Church (651-644-0809), 8 p.m. Every Monday.
- Boy Scouts, St. ANTHONY PARK United Church of Christ, 7 p.m. Every Monday.
- Como Park & Lauderdale recycling.

## 4 Tuesday

- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (651-298-5765), 10 a.m.-1 p.m. Every Tuesday.
- Toastmasters (651-645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.
- Free blood pressure clinic and health resources by the St. ANTHONY Park Block Nurse Program, Seal High Rise (825 Seal St.), 1-3 p.m. Every Tuesday.
- Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 1:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Chair exercise classes are appropriate for all fitness and ability levels, and offer cardiovascular workout. All major muscle groups are exercised. Call 651-642-9052 to pre-register.
- St. ANTHONY Park Garden Club, St. ANTHONY Park Library, 6:30 p.m.

## 5 Wednesday

- Women's Connection, a women's networking organization (651-603-0954), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.
- Leisure Center for Seniors (651-603-8946), St. ANTHONY Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. ANTHONY Park Block Nurse Program.

## 6 Thursday

- Tot Time (for 5-year-olds and younger), South St. ANTHONY Rec Center (651-298-5765), 10 a.m.-noon. Every Thursday.
- Toastmasters (651-649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.
- Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 1:30 p.m. Call 651-642-9052 to pre-register.

- St. ANTHONY Park Community Council Land Use Committee, South St. ANTHONY Rec Center, 890 Cromwell, 6 p.m.

- St. ANTHONY Park Writers (645-1345), St. ANTHONY Park Library, 6:30 p.m.

## 7 Friday

- Senior Citizen Fun Group (gym, bowling and darts), South St. ANTHONY Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. ANTHONY Park Block Nurse Program, 9-10 a.m.).

- Falcon Heights recycling.

## 8 Saturday

- University Avenue Cleanup.

## 10 Monday

- Park Press Inc., Park Bugle Board Meeting, St. ANTHONY Park Bank Community Room, 7 a.m.
- Como Park & Lauderdale recycling.

## 11 Tuesday

- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

## 12 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpenue Ave., 7 p.m.
- Leisure Center for Seniors (651-603-8946), St. ANTHONY Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. ANTHONY Park Block Nurse Program.

- St. ANTHONY Park recycling.

## 13 Thursday

- Full Council Meeting, St. ANTHONY Park Community Council, South St. ANTHONY Rec Center, 890 Cromwell, 7 p.m.
- "West Nile Virus," talk by Patrick T. Redig, St. Paul Audubon Society, Falcon Heights City Hall, 2077 Larpenue Ave., 7 p.m.

## 14 Friday

- Free blood pressure clinic and health resources by the St. ANTHONY Park Block Nurse Program, St. ANTHONY Park Library, 10-11 a.m.

## 15 Saturday

- Book signing, Elmer Andersen, St. ANTHONY Park Library, 2-4 p.m.

## 18 Tuesday

- District 10 board meeting. Call 651-644-3889 for details.

## 19 Wednesday

- Langford Booster Club, Langford Park, 7 p.m.

## 21 Friday

- Falcon Heights recycling.

## 22 Saturday

- Como High School choir garage sale, 9 a.m.-3 p.m.

## 23 Sunday

- Welsh hymn sing, St. ANTHONY Park Lutheran Church, 2323 Como Ave., 3 p.m.

## 24 Monday

- St. ANTHONY Park Block Nurse Program board of directors meeting, St. ANTHONY Park United Methodist Church library, 7 p.m.

- Como Park & Lauderdale recycling.

## 25 Tuesday

- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

## 26 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpenue Ave., 7 p.m.
- St. ANTHONY Park Community Council Environment Committee, So. St. ANTHONY Rec Center, 890 Cromwell, 7 p.m.

- Leisure Center for Seniors (651-603-8946), St. ANTHONY Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. ANTHONY Park Block Nurse Program.

- St. ANTHONY Park recycling.

Items for the June Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, May 21.

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As the foundation's fiscal year draws to a close, I'd like to take this opportunity to thank all of our donors for their generosity. The number of individual contributors continues to increase each year along with the total amount donated. This means more support for the institutions and programs that improve the quality of life here in St. ANTHONY Park.



Blaine Thrasher

Our neighborhood is facing a number of challenges as we move closer to our 120th year. Senior housing, a healthy mix of retail and service businesses, maintaining the viability of our elementary school...all are critical to the continued vitality of this community.

As part of this effort, the executive director and members of the board will be meeting with representatives of various community groups over the next months to discuss their organizational needs. We will also be in contact with business and community leaders as we search for solutions to neighborhood concerns. An important part of this process will be continued opportunities for public discussion and input.

Your financial contribution to the St. ANTHONY Park Community Foundation

enables us to sustain the organizations and conversations necessary to move forward together as a community. We appreciate your generosity and value your confidence in the future of St. ANTHONY Park.

We've used your feedback to the recent neighborhood report as the basis for a strategic plan that will address agreed-upon areas of concern. In addition to the expansion of our annual grants program, we will begin to focus more attention on the long-term stability of our essential non-profit organizations and community assets.



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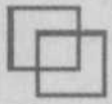
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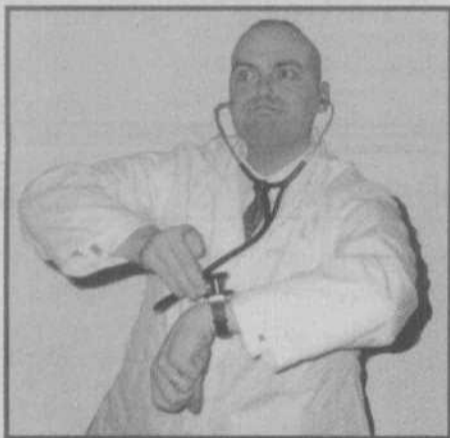
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## Aging Gracefully by Mary Jo Tarasor

The great author George Eliot once said, "It is never too late to become who you might have been." How many times have we put off fulfilling dreams because we decide that we missed opportunity's knock? The truth is, opportunity is always knocking, but we have to answer the door.

Most of us have more free time as we age, and the great thing about this is that we can now pursue the passions we abandoned for "practical" reasons in years past.

Perhaps it was sensible at one time to decide we were unlikely to be able to support ourselves and/or our families as an opera singer, fine artist or mountaineer, but in retirement we can reacquire ourselves with the passions of youth.

It may be that we will need some guidance or support to develop the skills we'll need to do what we love. That should be no problem. We can look through the local adult education class schedule, the yellow pages or the Internet for classes or groups involved in the activity we're interested in.

Cost need not be a barrier if we take the time to explore all the options available. Many classes have reduced rates or are free to those over 65, and there are often fee reductions based on limited income as well.

We can bolster our nerve, if need be, by inviting a friend to join us in our new endeavor. Or we can find a group that is already doing what we want to do.

In the past year, I've learned of seniors who ran marathons, biked cross-country or performed onstage for the first time. There is a local roller skating club with most of its members over 80, and a local dance group that caters to all levels of mobility—including people in wheel chairs. There is a senior bluegrass group and at least a couple of others that perform show tunes and song-and-dance routines.

There is such a range of possibilities available to us in this day and age! And don't forget the ways we can combine our passion with service to our community.

One woman I know was able to cultivate her interest in birding in a tropical locale by signing up as a volunteer with an environmental organization. Her entire two-week trip was tax deductible because she counted birds the group was concerned about during her trip.

Another woman was able to indulge her passion for medieval and Renaissance architecture by joining a volunteer group that worked a few hours a day restoring an old abbey in the south of France. The rest of the

time, she enjoyed the Provencal countryside, living with a local family for the duration of her stay.

We may not be able to relive the past, but we all are able to pick up where we left off. Audition for a community theater production. Join the garden club and plant your first garden. Get involved with a ballroom dancing group. Join a book club. Write the poetry you have felt in your heart for years.

Many people make resolutions to improve themselves at the New Year, but it seems to me that springtime, with its promise of new life, is the best time to undertake something new—or pick up something old.

"It is never too late to become who you might have been."

What if you decide this year to do something you've always wanted to do but have never done (or haven't done for decades)? What if you did this every year? How would your life be different?

*The St. Anthony Park Block Nurse is interested in your ideas and opinions about health and safety topics for all of us, as we get older. If you have comments or suggestions, please contact us at [sapbnp@bitstream.net](mailto:sapbnp@bitstream.net) or 642-9052.*

## LIVES LIVED

### Arienne Garrett Bone

Arienne Garrett Bone, former resident of St. Anthony Park, died April 3, 2004 in Seattle at the age of 85.

Arienne and her husband, Harold, a commercial artist, moved to St. Anthony Park after WWII and lived at 1402 Hythe Street, where she ran a private lending library out of the house until her three children were born.

A graduate of St. Catherine's College, she began a teaching career as an English instructor at the University of Minnesota in the mid-1950s. She soon moved

to Alexander Ramsey High School (now known as Roseville Area High School), where she taught English and history. She won a variety of awards during her career there and helped develop the American Studies program, which combined literature and history in one class.

The Bones moved to 2270 Carter Avenue in 1961. In 1972 Harold died, and a year later Arienne retired and moved to Seattle to live with her sister, Jean. There she met and married Daniel Dygert, a retired Alaska fisherman and inventor. They manufactured commercial

crawfish traps for 10 years until Dan died of congestive heart failure.

Arienne then met and married Henry Hall, a retired towboat captain. They divided their time between Arizona and Washington for several years until Henry died of cancer. She spent her last few years dealing with dementia in a memory care hospice, finally succumbing to pneumonia.

She is survived by a sister, Jean; two brothers, Richard and Johnny; and three children, Victoria Peterson, Richard Garrett and Virginia Fowle.

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**Building boomlet from page 11**

in terms of upkeep. But we also wanted to stay in the neighborhood."

Observers may be more likely to notice the stylistic differences between their former house and the new, contemporary design, but Ormseth said, "We found a way to pick up the motifs on the older house in the new one. The old house has arched windows in a modified Queen Anne style. In the new house, the roofline has the same arch."

Dennis Ormseth, a Lutheran pastor serving a congregation in St. Louis Park, and his wife Turid, a retired school social worker, have found that their new house is attracting more notice than they expected.

"We didn't intend to make a provocative architectural statement," said Dennis, "but it's interesting collecting the different points of view."

Several blocks away on Knapp Street, another empty lot unexpectedly became available when the St. Anthony Park Methodist Church decided to sell its parsonage and an adjoining lot. Pastor Donna Martinson explained that the decision to sell was prompted by changing patterns of housing for clergy.

"Most churches offer a housing allowance to their pastors now. It allows them to gain some equity and it's helpful for long-range financial planning," she said.

When they offered the land for sale, the church didn't know if the empty lot would be developed, but John Larson, 35, and his wife Nicole Nelson, 32, jumped at the chance to acquire it.

The couple had already "rehabbed an old house in Merriam Park from the ground up," said Larson. Although they loved everything about their earlier restoration job, they didn't necessarily want to repeat it when they decided they needed a house with more space to accommodate two separate in-home businesses.

Larson is a specialty publisher and literary agent; his wife was running her own public relations agency "out of a seven-by-eight-foot bedroom in the old house."

They didn't want to go through the ordeal of restoring another older house, but they also didn't want to trade their urban environment for the suburbs.

"We had been looking for a lot for two years," said Larson. "It was just serendipity that we found this one."

Larson sees the opportunity to build a new house as a chance to combine the best features of modern convenience and traditional charm. "You can't replicate an old house, so we chose certain details like strong

gables, Victorian arched windows, boxed columns and a porte-cochère to match the Victorian look," he noted.

Distinctly 21st-century features of the house include central air conditioning and cement board siding. "It looks like cedar siding," said Larson, "but it holds paint for 15 years."

About their new neighborhood, Larson said, "We've heard nothing but good things about St. Anthony Park." The couple hopes to move into their new home by early June.

Over on Eustis Street, it's not just a new house but a whole mini-neighborhood that will take root between a former union hall and a Buddhist spiritual center.

David and Carole Jahnke are missionaries who have spent much of their working lives in Japan. Paul and Marlys Healy are missionaries in the Philippines. Both couples have deep roots in St. Paul and both would like to own a permanent residence here

for the periods they spend at home. Doug and Marcia Carlson, who know both the Healys and the Jahnkes, were also looking for a new home.

Their housing quests might have remained three separate stories except for one thing. "Marlys Healy called and told us that what you could get for \$200,000 isn't much," said David Jahnke. "So we got to thinking, why not make it a triplex?"

The substantial-looking result of the decision to pool their resources is being built on Eustis Street.

Each couple owns their individual housing unit and the land it stands on, but everything else about the property, from the mailboxes to the walkways to the sewer lines, is held in common.

"We incorporated ourselves as a condominium association," said Jahnke.

The three couples, who are in their 40s and 50s, believe their partnership was made possible by

their deep personal ties. All are members of Central Baptist Church in the Midway District. Jahnke noted, "I've known the Healy family since day one of my life."

But common spiritual values didn't necessarily mean shared tastes. When the couples got down to the design specifics, some interesting discussions took place.

"The Carlsons like the Tudor look," said Jahnke, whereas he and his wife are influenced by the 15 years they've spent in Japan.

"We wanted a more straight-line approach that mimicked the design of a tatami mat."

Meanwhile, six-foot-plus Paul Healy was mainly concerned that there would be enough outsize door frames.

Fortunately for the harmony of their partnership, architect Gar Hargens of Close Associates was able to reconcile their competing visions.

The building's Oriental-

flavored north wing and its Tudoresque south wing share the site in a spirit of good-natured compatibility, thanks to a unifying exterior paint scheme and an extra measure of stylistic inventiveness on the part of Hargens.

Jahnke noted, "The architect had a lot of thoughts. We had to make all decisions as a committee of six, but only a couple of times did it get a little dicey."

Like all building projects, the Eustis Street condominium encountered its share of unexpected obstacles on the path to completion.

But when Jahnke is tempted to fret over temporary delays, he has only to contemplate the differences between construction costs here in St. Anthony Park and in his previous overseas post.

"Compared to Japan, the space you get here is enormous and the cost is miniscule," he said. "In Japan, our project would cost \$4 million."

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