

Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 30, Number 10 / April 2004

Musician's life is all-consuming

Compton in third decade at St. Matthew's

by Michelle Christianson

Go ahead and ask J Michael Compton about his interests outside of music. Just don't expect much of an answer. "Music is my whole life," he says. "It totally absorbs me."

A large part of that musical life has been spent at St. Matthew's Episcopal Church in St. Anthony Park, where Compton has been organist, choir director and congregational music planner since 1983.

The congregation celebrated his contribution to the life of the church last November with an afternoon service when they presented him with a laptop computer.

And he will present them with a new composition for Palm Sunday, a setting of the passion of Christ.

Compton fashioned the piece to be like Bach's passions, with soloists (Jesus, Peter, Pilate

and a servant girl) doing the narration and the choir acting as the crowd. The scriptural texts are supplemented with George Herbert's poem, "Good Friday," and the work is set for organ, violin, two violas, trumpet, trombone, flute, harp and percussion. Compton has been working until three and four in the morning to finish the piece.

He has done other composing, but nothing on this scale. The fact that he is half-time music director and half-time office manager at the church makes it hard to have enough time to compose.

"There are just not enough hours in the day," he says. Thus the late night sessions at the keyboards—both piano and laptop.

Compton emphasizes that he has tremendous support from the congregation and especially from the choir, "a dedicated, energetic



J Michael Compton, music director at St. Matthew's Episcopal Church, puts his choir through their paces in preparation for Palm Sunday.

group of people. It's hard to believe that so few people can make such a big, wonderful sound."

In a church of 260 members, the choir numbers about 20 people. Yet they have performed Mozart's Requiem three times

and tackle even the most difficult music with enthusiasm.

St. Matthew's used to have a children's choir, but when the director retired no one took her place, so Compton invited the

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Linnea Home continues to deal with effects of fire

by Dave Healy

"If you're a nursing home administrator, you don't want to get a call at one o'clock in the morning."

Dale Armitage, of Twin City Linnea Home, was talking about a phone call he received in the early-morning hours of January 23. A fire had broken out on the third floor of the nursing home, and Armitage and other staff rushed to the building at 2040 Como Avenue.

When they arrived, the fire had been extinguished, a result of the building's sprinklers and quick work by the St. Paul Fire Department. No one was injured in the blaze. The damage, however, would take weeks to repair. Indeed, several rooms throughout the building remain closed.

"The fire was contained in the room where it broke out—a third-floor porch," said Armitage. "But it set off five sprinklers, and that water damaged things all the way down to the basement, where there was at least half a foot of standing water by the time I got there."

Linnea staff speculate that the fire started in a chair, though they don't know how. The third-floor room, a recently remodeled commons area that housed computers and games, is a nonsmoking area.

"It's a shame because we'd recently fixed up that room, and our residents really enjoyed using the computers," said Elisa Johnson, director of nursing. "We had just finished getting the Internet connections hooked up a few weeks before the fire."

Armitage said that 11 rooms were initially lost due to damage from the fire. "Fortunately, the Department of Health was flexible in allowing us to relocate residents throughout the building," he said. By taking over offices and commons areas, staff were able to find places for those residents who had been displaced by the fire.

Armitage expressed relief that no one had to be evacuated the night of the fire, when temperatures were well below zero. "We had an MTC bus waiting outside the building," he said, "in case we needed to transport residents to emergency shelter at the St. Anthony Park

Volunteers improve turtle and fish habitat at Kasota Ponds

by Karlyn Eckman

About 20 volunteers enjoyed a sunny winter morning on February 28 at the Kasota ponds, where they created habitat for turtles and fish. Volunteers came from St. Anthony Park, Minneapolis Como, Hamline-Midway, Edina and Roseville.

Some people dragged about 25 large logs onto the pond ice and fastened them to concrete blocks with heavy rope.

Others assembled large cribs on the ice and filled them with branches from last fall's Buckthorn Busters event. As the late winter ice deteriorates, the structures will eventually become submerged.

Come spring, the logs will be used by turtles for basking, and small fish will seek cover inside the fish cribs. Volunteers also reset the depth markers in the four ponds.

Jenna Fletcher, a former University of Minnesota grad student, studied the turtle populations at the ponds in 2002. She recommended a variety of habitat improvements for the painted turtles, snapping

turtles and spiny soft-shell turtles that inhabit the ponds.

As cold-blooded reptiles, all turtles must bask in the sun to raise their body temperature and successfully reproduce.

Fletcher continues to monitor the pond turtles and was on hand to guide volunteers in placing the basking logs.

The February 28 event was sponsored by the St. Anthony Park Community Council's Environment Committee. Funds were provided by the Minnesota Department of Natural Resources, which has awarded the council two major grants to protect and conserve these interesting urban wetland fragments.

The natural ponds and wetlands in our neighborhoods provide increasingly important habitat, as more wetlands in Minnesota are drained or altered for residential and industrial development.

Although the Kasota ponds have been affected by development, they retain important

Volunteers to page 4



Cub Scout Pack 22 held its annual Pinewood Derby competition on March 6 at St. Anthony Park United Church of Christ. About 45 Scouts competed in the event. The winners were: 1st-Tom Stinar, 2nd-Jack Blodgett, 3rd-Jimmy Francomb, 4th-Kevin Wolf, 5th-Max Freier, 6th-Theodore Sherburne.

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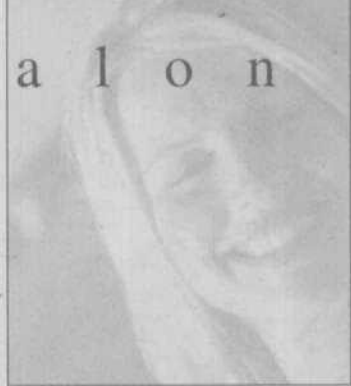
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Easter Egg Hunt 9:30am downstairs

Easter Service 10am - Sanctuary

*No Sunday School on Easter Sunday

Como Park

The Como Community Garage Sale will be Saturday, May 22 from 9 a.m. to 4 p.m.

Participation is free. For details call 644-3889, e-mail District10@ComoPark.org or visit www.ComoPark.org. Signup deadline is May 15.

The District 10 Environment Committee has many plans for 2004, and they need volunteers to help implement them.

Plans include removing buckthorn, beginning a natural resources inventory, improving the water quality of Como Lake and preserving Como's fragile woodlands.

Activities in Como Park will include weeding the native plantings, mulching trees and identifying and tagging trees.

Budget cuts have had a big impact on the Parks Department's staff. Como Park needs your help. The first buckthorn removal event is scheduled for April 17. Contact Susan Jane Cheney at 489-6452 or environment@comopark.org.

The Job Corps' improvement plans have been finalized. A neighborhood meeting on March 11 found neighbors pleased with the decisions. Construction is due to begin in July.

Falcon Heights

The city needs to purchase an exhaust fan system for the Fire Department barn. This system is required under OSHA standards and will be paid for out of General Capital Improvements funds.

Council member Robert Lamb noted that the city plans to pay state sales tax on this purchase. This means the city would use public tax dollars to improve a public building and at the same time use public tax dollars to pay the sales tax.

The city's legislative representatives said a change in this policy is more likely if individual citizens contact their legislators rather than relying on the council and administrators alone to urge a change.

Lauderdale

The annual Lauderdale garage sale will be held May 15. Register your sale at City Hall for no charge and your sale will be

included on a map and in advertising.

St. Anthony Park

Joe Ring and Mike Phillips, business representatives on the Community Council, have submitted their resignations. The council thanks them both for outstanding service.

The council supports Rock-Tenn's application to a power renewal development fund. For 20 years, Rock-Tenn has used steam piped from the power plant near the High Bridge four miles away. That power plant is closing, and Rock-Tenn is currently exploring new options.

Both the District Council and neighbors of Mahmoud Shahin at 1435-1441 Cleveland support his plans to open a restaurant on the site. The most appropriate rezoning request that suits his plans is a TN-2.

The city of St. Paul has not yet made that option available. The District Council voted to deny support of a B2 rezoning for the property. At the same time the council wants the city to know that they support Shahin's plans.

—Susan Conner

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St. Anthony Park Elementary to introduce new kindergarten program next fall

by Lisa Steinmann

"Thinking outside the box" is a phrase the St. Anthony Park Elementary School community has recently taken to heart.

Faced with declining enrollment and funding, but wanting to preserve a reputation that places it among the top five high-performing elementary schools in the St. Paul School District, the school has decided to offer a new program for kindergarteners next fall called KinderPlus.

Children enrolled in KinderPlus will participate in a regular half-day kindergarten class plus a half-day enrichment program.

Both parts of the day will be taught by the same kindergarten teacher and will include some time with the school's specialty teachers (science, technology, gym and art).

During the enrichment part of the day, the kindergarten teacher will design activities that support and extend the regular kindergarten curriculum.

Unlike a typical all-day kindergarten program, parents will pay for their child to enroll in KinderPlus.

KinderPlus will be a collaboration between the school and St. Paul's Community Education Program, which will support the enrichment portion of the day.

Mary Dooley-Burns, assistant director of family education, said "This is new for us in St. Paul. We think that it is an exciting option for St. Paul families."

Principal Andrea Dahms was

careful to point out that KinderPlus is not all-day kindergarten. The all-day kindergarten that the school has offered for the past two years will be discontinued.

Two years ago St. Anthony Park Elementary began offering an all-day kindergarten class.

"We knew that there was a growing demand for an all-day kindergarten, but we had to come to grips with the fact that we couldn't continue to fund it."

—Chris Causey
site council member

That program proved popular, and a lottery had to be held each fall for the one all-day kindergarten classroom. Only about half of the families that entered the lottery won a spot.

As school personnel anticipated the 2004-05 school year, they realized they could no longer fund the full-day kindergarten option without cutting other valued programs.

The school's site council, which functions as an advisory group, organized a kindergarten task force to survey parents and recommend a course of action.

According to site council member Chris Causey, the task force considered how best to keep the school vital in the face of declining enrollment and decreasing funds.

"We knew that there was a growing demand for an all-day kindergarten, but we had to come to grips with the fact that we couldn't continue to fund it," said Causey, parent of three St. Anthony Park School students

and a member of the budget committee.

A painful decision was made to eliminate the all-day kindergarten option for the 2004-2005 school year.

But Dahms and the site council looked at what other school districts were doing in this situation and saw an opportunity.

By collaborating with Community Education, they believed they could create a full-day program for kindergarten children that would feature enrichment, an established theme at the school, and at the same time build enrollment.

According to Dahms, "Twenty-four districts around the state offer (similar) full-day kindergarten programs."

Dahms said they asked the district if St. Anthony Park Elementary could be a pilot site for this program in St. Paul. The response was positive.

"The superintendent is delighted that we are trying this," she said.

Most parents at the school seem happy too. When Causey presented the proposal to the St. Anthony Park School Association at a February 24 meeting, parents broke out in applause, said Dahms.

Parent Kristal Leebrick said, "I think it's a good solution for now."

Neighborhood families will have priority to sign up for KinderPlus, but it is also intended to build enrollment by drawing families from outside the usual attendance area.

Dahms believes that families will be attracted to the school because of its reputation for high-achieving students and a program that emphasizes enrichment.

The fact that St. Anthony Park School is a neighborhood school is important too, she said.

"Part of the excellence of this school is the community that provides love and devotion," said Dahms.

An added incentive is the educational enrichment tax credit available to parents with children in KinderPlus.

While a fee-based program strikes some parents as a less-than-ideal solution for a public school, census data reveal that all-

day kindergarten programs are popular.

In 1969, according to U.S. Census Bureau figures, most kindergarteners attended half-day programs. By 2000, nationwide enrollment in full-day programs had grown to 60 percent.

In Minnesota, 18 percent of kindergarteners are in all-day programs. State per-pupil allocations currently fund a half day of kindergarten for every student.

Originally, full-day programs were created to address an achievement gap between middle-class and poor or non-English-speaking students. However, full-day programs have proved popular at both ends of the economic spectrum.

School districts have found various ways to provide all-day kindergarten, including fee-based

programs. Some states, like Maryland and New Mexico, currently fund full-day kindergarten for all students.

St. Anthony Park Elementary will continue to offer one half-day kindergarten classroom. The before- and after-school care option, Discovery Club, will continue to be available Monday-Friday from 6:30-9 a.m. and 3:45-6 p.m. in the school building.

For families interested in St. Anthony Park Elementary's programs, the school offers tours on Tuesday mornings and Thursday afternoons. Parents can call the school at 293-8735 for more information.

Kindergarten Round-up will take place April 22 at 6 p.m. in the school's multi-purpose room.

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EDITORIAL

No bigger than necessary

Is small beautiful?

E. F. Schumacher thought so. His book, "Small is Beautiful: Economics As If People Mattered," published in 1973, argued for human-scale, decentralized technologies. In Schumacher's view, size is often inversely proportional to efficiency and sustainability.

It's not a very popular position. In most spheres of modern life, we assume that bigger is better. The prototypical American success story profiles someone who started a business in the garage and "grew" it into a huge corporation. That's what we do with important things: we grow them.

And this attitude is not unique to the business world. In religion, for example, the "church growth" movement has spawned books, seminars, institutes, think tanks, seminary professorships—a whole industry dedicated to the proposition that a church or denomination's success is best judged by its size.

But there are other voices. In agriculture, we've learned that consolidating small farms can have disastrous environmental consequences. The toxicity of animal wastes, the dependence on oil-driven cultivation and fertilization, the susceptibility of livestock to contagious diseases—these and other ills grow right along with the size of our farms.

In education, we're beginning to figure out that large schools breed anonymity and alienation, while what most students need is a sense of connectedness and belonging that's fostered in smaller learning communities. So we create schools within a school.

That kind of tinkering isn't necessary, of course, for schools that never got big. St. Anthony Park Elementary has earned a reputation for excellence despite remaining comparatively small. It benefits from supportive and involved parents whose commitment is enhanced by the feeling that this is their school—a feeling that would doubtless be more difficult to nurture if the school were much larger.

But St. Anthony Park Elementary demonstrates that although small may be beautiful, it's also vulnerable. Public school funding is tied to enrollment, and in an increasingly competitive educational environment—with magnet schools and charter schools and private schools and home schooling all on the rise—neighborhood schools have to fight to keep their numbers from dropping too low, lest they be considered no longer viable.

So, to maintain a popular program—all-day kindergarten—that it can no longer afford, St. Anthony Park Elementary will graft a fee-based enrichment program onto a traditional half-day kindergarten class to create what it calls KinderPlus, in the hope that parents who want their 5-year-olds in school all day won't go somewhere else and that the school won't get too small for its own good.

Small is vulnerable, but it is indeed beautiful. For proof, look—and listen—no further than J Michael Compton's choir at St. Matthew's Episcopal Church. Though numbering only about 20 souls, St. Matthew's choir takes on the most challenging repertoire with gusto. They sing beyond their size.

Would they be better if they were bigger? The question probably doesn't even occur to Compton and his choir. They know that they're just right—just the way they are.

Park Bugle

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The Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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Rec center policy clarified

I read the article last month ("New city policy adds recreation fees") on recreation center rentals and need to correct misinformation that was misinformed to be correct as fact. It is important for the public to have factual information about their public services.

Charging for exclusive use of recreation centers is not a new policy. The rental policy has been in place since at least 1985.

We did establish new rates (not a new policy) in 2004. The space rates are actually a reduction from prior years and lower than many other public venues.

I can appreciate the concern of the South St. Anthony-Langford community about what appears to be an unfair and unreasonable change in what they have come to expect.

Individuals and organizations should always have paid a small fee for exclusive use. It appears they have not been

charged in past years, creating the incorrect impression this is a new policy.

Our goal is to provide a full range of recreation services and opportunities for every community.

One reason we lowered rates in 2004 was to encourage greater use of public facilities across the city at affordable rates while generating supplemental income to support parks and recreation program offerings.

The exclusive use of recreation centers is a valuable and low-cost alternative for individuals and organizations looking for space.

The rates may not be free, but I think an unbiased look will show they are reasonable and affordable and consistent with other public entities.

Judy Barr
Manager of Recreation Services
Division of Parks and Recreation

Volunteers from page 1

habitat and hydrologic characteristics that cannot be replaced by the manufactured detention ponds often seen at new construction sites.

The ponds will become increasingly valuable as the metropolitan area expands and more wetlands in the Mississippi watershed are drained.

During the winter, volunteers have regularly seen a pair of red-tailed hawks hunting for small rodents at the Kasota and Bridal Veil ponds. Red-tailed hawks have nested near Bridal Veil pond for several years, and Cooper's hawks have nested in the Breck Woods marsh.

These wetlands will soon be a stopping place for many migratory birds. Returning residents such as green herons and wood

ducks will also arrive soon.

Some local birders are contributing to a neighborhood database of birds, and additional volunteers are always welcome. Call the Community Council office (649-5992) to volunteer.

In coming months the Environment Committee will be constructing an observation blind in a sheltered area at the north pond, at the end of Hunting Valley Road.

In addition, another water lily toss will be organized in the spring, as soon as permission has been granted by the DNR.

Water lily roots were transplanted to the ponds in late 2003, but low water levels may limit the number of plants that take root. Watch for an announcement in the Bugle and

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the Networker for the date in mid-May.

The annual Kasota Pond Cleanup will be held Saturday, April 24 from 9 a.m. to 1 p.m. As in previous years, SAPCC will coordinate the event with the Southeast Como Improvement Association.

Volunteers will remove debris from the four Kasota Ponds and from Bridal Veil Pond. If you are interested in volunteering at the cleanup, contact Emily Farell at 649-5992.

To gauge the effectiveness of our delivery system, the Bugle uses spotters who report each month whether they received a paper. We're looking for additional people willing to serve as spotters, who receive an e-mail message each month and respond with a yes or no.

If you'd like to be a Bugle spotter, e-mail us at editor@parkbugle.org and tell us your address.

We welcome reports from anyone in our delivery area who doesn't receive a paper. The Bugle is delivered door to door in north and south St. Anthony Park, Falcon Heights, Lauderdale and Northwest Como Park (west of Hamline Avenue).

The Bugle is delivered Monday-Wednesday, usually during the last week of the month preceding that month's issue. For example, this issue (April) was delivered March 29-31.

If you don't receive a paper on time, please contact us at 646-5369 (ext. 3) or at delivery@parkbugle.org.

The Bugle is also delivered to schools, stores, restaurants and other businesses in the neighborhoods we serve.

Our delivery service uses the following system for distributing papers. A central coordinator leaves bundles of papers on street corners, where they are picked up by the delivery staff, who leave a paper at each house on their route. If you see a stack of papers at some corner in the neighborhood, don't be alarmed. Those papers will be picked up shortly and delivered door to door.



Above and left: Participants in the 18th annual St. Anthony Park Progressive Dinner on March 6 enjoyed appetizers at St. Anthony Park United Methodist Church before heading out to homes for salad, main course and dessert.

Below: On February 28, volunteers hauled logs onto Kasota Pond. The logs will serve as basking sites for turtles when the weather warms up.

Bottom: Judges watch another close finish at Pack 22's Pinewood Derby on March 6 at St. Anthony Park United Methodist Church.



St. Anthony Park Neighbors for Peace



Organizing meeting: April 6, 7 p.m.
1511 Grantham Street, St. Paul, 651-647-0819

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Volunteers help parents and children in crisis

by Jean Larson

You have a young child and a crisis comes up. Maybe you're a single parent and another one of your children needs to be hospitalized. Maybe your heart got turned off in the middle of winter. Maybe your partner has become violent. What can you do?

Throughout our community, families are helping other families by volunteering to take care of children during times of stress and crisis. Children's Home Society and Family Services (CHSFS) serves as the hub for this program, which aims to prevent child abuse and neglect.

CHSFS has offices on Como Avenue in St. Anthony Park and on Eustis Street in Lauderdale. They license families who volunteer to provide shelter homes and then put these volunteers in touch with people who need the services of a "crisis nursery."

One shelter parent said her family looked for a volunteer opportunity they could do as a group, and "this one was ideal. We definitely got more out of weekends 'doing crisis' than the

kids we cared for."

Another volunteer said the experience caused them to grow as a family. "I can't forget the first time a child stayed with us. The little boy was so amazed that my husband lived here with us. That opened our own kids' eyes up pretty wide."

St. Anthony Park resident Lisa Letourneau and her 18-year-old daughter, Emily, have served as a shelter family.

"It's really pretty intimate," she said. "I sensed what a lot of trust there is on the part of the parent, what a leap of faith these moms take. I'm a single mom, too, and I found that very powerful. I felt so fortunate for the things I have in my life."

Shelter families schedule approximately three days a month to be on call to care for children through CHSFS crisis nurseries.

"We take them wherever we're going," said one shelter parent. "We just treat them like one of the family. We usually have one child, but sometimes two siblings. We'll never forget the twin two-year-olds." She

added, "The toughest part is having to say good-bye."

The rewards are simple, said Letourneau. "I enjoyed just sitting and holding these kids at the end of the day, rocking them or even chasing after them—like one little boy we took to Como Park who ran and ran, chasing a ball and making friends with everyone there."

Crisis nurseries connect community members with each other. In small, close-knit neighborhoods, people are more able to do that themselves. But in many urban settings, people depend on an organization to serve as liaison, providing training, insurance and the actual match-up of children to an adult caring neighbor.

For information on volunteering as a crisis nursery shelter parent through Children's Home Society and Family Services, contact Stephanie Tribby-Walbridge at 255-2410 or stribbywalbridge@chsm.com.

Parents in need of emergency child care can call the Crisis Line: 641-1300.

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Watching birds with the next generation

by Clay Christensen

I am an avid bird watcher. In December, I led a small team of counters for St. Paul Audubon's Christmas bird count. We saw a hermit thrush at a feeder in Shoreview, and a beginning birder with us spotted his first sharp-shinned hawk on a branch near the Crepeau Park Reserve in Arden Hills. We also saw a robin, looking pretty chilly in the snowy branches of a mountain ash.

About the only birding action I've had since December has been watching the feeders in our yard in Lauderdale. We've had a late-staying white-throated sparrow who comes to the platform feeder just at first light. And a couple of redpolls have been stopping by every week since January, the first we've had in years.

But winter is a tough time for bird watchers. One thing that has kept me going is being the "bird guy" for some of the neighborhood kids.

The most eager youngster is Abbie Clapp, who's 6 and lives up the block. She's very interested in birds and loves to stand at our window and watch them at the feeders.

Abbie can identify male and female house finches, cardinals and downy woodpeckers, and she calls them out by gender. She received her own set of binoculars for her last birthday.

Abbie has lots of bird books, including her own Audubon Field Guide. And she has a flock of bird "stuffedies" at home, including a penguin, an Eastern bluebird (and she does let you know it's an *Eastern* bluebird), parrot, swan, toucan, pelican and puffin.

Abbie is a budding violinist and ballet dancer. She shares her home with her parents, a cockatiel named Birdie, Nappy the hamster and an aquarium with lots of goldfish.

The other day, I was going through my "Birds of Europe" guidebook with Abbie to see if I could figure out what birds I'd seen on a recent trip to Germany.



Abbie Clapp shows off her cockatiel Birdie.

I'd read aloud the names of the birds as I turned each page, and every so often she'd exclaim, "I have that bird in my bird book!" She was excited to see "her birds" in another bird guide—and to realize that some of her birds could be seen in Europe too.

I have a Bird-a-Day Audubon calendar at the office. I bring home the pictures at the end of each day and pass them along to Abbie when she visits. Recently, Abbie showed me a bird she'd really like to see some day: the painted bunting. I got to see one in Plymouth in 1999, so Abbie might also get to see one here in Minnesota some summer.

Abbie has a friend named Hanah, who's 9. Recently Hanah was preparing to write a report on Minnesota birds. I showed her Stan Tekiela's book "Birds of Minnesota."

She made a list of the birds she wanted to include in her report. One was the American

tree sparrow. "Where would I find a tree sparrow?" she wanted to know.

I had to think about that. The first tree sparrow I ever saw was in Hennepin County's Elm Creek Park on a warm March day, 16 years ago. They winter in Minnesota but spend their summers far north on the edge of the tundra. I think if I were to try to find a tree sparrow for Hanah, we'd head somewhere with trees and fields and listen for the chip-chip-chip.

Helping these kids find answers to their bird questions and sharing my love of birds with them encourages me. It gives me hope that there will be another generation who appreciates nature, who will realize the importance of preserving habitat, who will be advocates for our planet's creatures. It's the sort of legacy that I'm having fun passing on.



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Shannon Olson




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Local author Olson will read and sign her new novel *Children of God Go Bowling* (Viking). Co-sponsored by The Friends of the St. Paul Public Library.

Sara M. Evans



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A January 23 fire at Linnea Home in St. Anthony Park apparently started in a chair in a third-floor porch.

Linnea Home from page 1

United Methodist Church. But fortunately, we were able to keep them all here."

However, he continued, continuing clean-up and restoration work meant that Linnea Home could not admit any new residents for weeks after the fire. "That lost revenue is another expense that has to be figured into our losses," he said.

The 71-bed nursing home was built in 1917. It aims to provide a bridge between

independent living and long-term care. One service included with daily room rates is an on-site beauty salon that provides haircuts, washes and sets. Lingering damage from the fire, however, has kept the beauty salon inoperable.

According to Armitage, the only other fire at Linnea Home was in the 1930s. That blaze was extinguished quickly, and water damage—in an era without automatic sprinklers—was

minimal.

"The water damage this time was pretty extensive," Armitage said. "But we're thankful for our sprinkling system. Without it, we might well have lost the whole building."

Armitage praised the work of the two employees who were on duty when the fire broke out: Lucille Staff (LPN) and Kingsord Ameyau (TMA). "We have monthly fire drills," he noted, "and our staff did everything they should have."

All the residents at Linnea Home have felt the effects of the fire, even those who were not displaced. "The room where the fire broke out was a popular gathering spot," said Johnson, lamenting the loss of games, puzzles and the five computers.

Armitage said that because the computers had been donated, it's doubtful the insurance settlement will include money to replace them. Linnea Home would welcome donations to replace lost items. Anyone wishing to contribute games, puzzles or computers may contact Dee Carlson, activity director, at dcarlso1@bsml.org or 646-2544.

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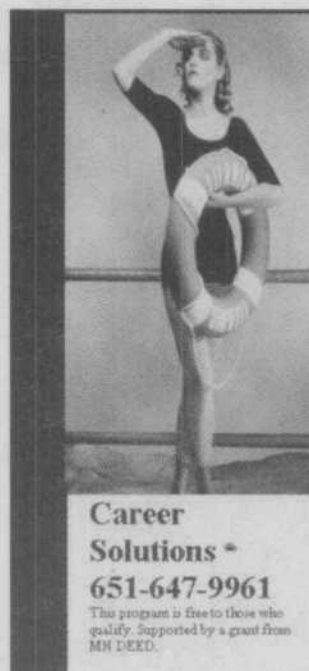
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Candidates will vie in April 6 District 12 Community Council election

NORTH ST. ANTHONY PARK

John Dodson

As a relatively new member of the community, I welcome the opportunity to be a part of the Community Council. I believe that citizen participation is about taking responsibility for, and participating in the discussions about, the important decisions that affect the neighborhood. I would make an effective representative because I am good at finding common ground and building consensus. I am a compelling speaker, and I expect the highest standards of ethics from my colleagues and myself. I combine local roots with a global perspective, and I am passionate about the economics and demographics of urban change.



passion, dedication and respect for the history of our neighborhood while understanding the benefits that thoughtful change can have on a community. It is the sense of community my wife and I wanted for our family when we moved here five years ago that will allow me to foster the issues that are dear to my neighbors of north St. Anthony Park.

Brian Longley

This is a vital and diverse community, but there are significant challenges to be addressed. For five years I worked part-time at one of our unique, independently owned businesses in Milton Square. I now more fully appreciate the fragile, backyard, neighborly essence of St. Anthony Park. Perhaps a function of the council is to serve as a kind of



"neighborhood conservancy." I've lived here for 18 years, taking what this generous community has been so willing to share with me and my family. It would be an honor to give back by serving on the council.

David Nourse

I have lived in St. Anthony Park for 11 years and view our community as an extension of my family. To me, citizen participation includes everything from picking up garbage during walks to joining local citizen's groups and hosting picnics for my neighbors. The mutually supportive atmosphere we have in our neighborhood enriches my life and enlarges my feeling of belonging in the world. I offer to the community management and computer technology skills. More importantly, I offer a sincere motivation to join with others in continuing the conscientious and cohesive traditions of this community.



Brett Single

I have enjoyed the last year on the council, serving on the Land Use Committee and taking more direct



participation in the community. Additionally, my volunteer participation in the June art fair, the community rummage sale, and the Arts in the Park event in October has given me the opportunity to meet many fellow St. Anthony Park residents I would not otherwise have had the chance to meet. I hope to continue my service to the council and the community as part of the Land Use Committee, helping to shape the future growth and preserve the unique look of St. Anthony Park.

Traci Warnberg-Lemm

Citizen participation is central to democracy and builds thriving communities. It is the process of incorporating public values and priorities into decisions and actions that move toward the common good. My educational background is in social work and public affairs, and my work experience has been primarily with various local nonprofits and social service agencies. I also worked briefly with the Asian Human Rights Commission in Hong Kong and served as an international election observer in Sri Lanka before my current position with a government collaborative in Anoka County. I have skills in strategic planning, community building, leadership and management, public policy and fundraising.



Meeting, and my comfort with diverse and dynamic communities.

Rick Macpherson

Citizen participation means involving as many people as possible in discussion about significant issues in order to identify community interests, develop action plans to advance those interests and organize people to achieve them. I work as an attorney with the Minnesota Disability Law Center, where I have learned to develop and pursue action plans to advance my clients' interests. I have also learned to listen to and identify others' interests to reach mutually agreeable resolutions. I have been a soccer coach, which has helped develop patience and listening skills. My family and I have lived in south St. Anthony Park for more than 20 years.



Bruce Kimmel

St. Anthony Park is increasingly at the center of Twin Cities development activity. From new housing at Franklin and Emerald to the emerging biotech initiative, and looking ahead to proposals for light rail and football stadiums, change in and around our neighborhood makes community involvement more important than ever. The Community Council must continue to be a welcoming, relevant forum for neighborhood discussion, problem solving and communication with the city and other agencies. I believe that my background in municipal finance and community development and my experience as a council co-chair and task force leader will allow me to serve the community effectively as we face the challenges and opportunities ahead.



Suzanne Garfield

Citizen participation means speaking up. It means joining my neighbors to solve problems or take advantage of opportunities.



It means being a steward. And it means showing up to get things done. I have served on our District Council for the last four years. As co-chair of the

Environment Committee and a member of the Executive Committee, I have exercised my leadership skills and organizational ability. I have also assisted staff with some of their computing needs, including preparing and developing the budget. I love being involved in various council projects and would like to continue contributing my energy and enthusiasm to the organization.

Jeff Huff

I believe citizen participation is a privilege that is given to individuals to enable them to become actively involved with issues relating to their community. If elected to the St. Anthony Park Community Council, I will bring



Elections will be held on Tuesday, April 6 for representatives to the District 12 Community Council. Polls are open from 4-8 p.m. Residents of north St. Anthony Park vote at the library, 2245 Como Avenue. South St. Anthony Park residents vote at Hampden Park Coop, 928 Raymond Avenue. Voting is open to all residents ages 16 and up.

The District 12 Community Council consists of 15 delegates and 6 alternates—5 delegates and 2 alternates each from three constituent groups: south St. Anthony Park, north St. Anthony Park and St. Anthony Park businesses. Neighborhood delegates serve two-year terms. Alternates and business delegates serve for one year.

Community councils are a vehicle for citizen participation. They consider a variety of neighborhood issues such as housing, land use, senior services and the environment.

SOUTH ST. ANTHONY PARK

Ranae Hanson

For 10 years I have lived in south St. Anthony Park, raising children, shopping at the co-op, walking near the community garden, relying on the kindness of neighbors. Simultaneously, I have completed a doctorate in multicultural education and taught at Minneapolis College. Now my children are increasingly self-reliant (my son attends Central and works at the co-op, where my step-daughter also works; my daughter is completing eighth grade), so I am ready to give back to this community. I would bring my enjoyment of committee work, my leadership experience at the college and in my Quaker



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Musical Events

Music in the Park Series will sponsor a three-day residency by the Pacifica Quartet, April 2-4. The group will perform at 7 p.m. Sunday, April 4 at the St. Anthony Park United Church of Christ, 2129 Commonwealth Avenue.

The ensemble will also offer two Family Concerts on Friday, April 2 at St. Matthew's Episcopal Church, 2136 Carter Avenue. Performances are at 6:15 and 7:30 p.m.

On Saturday, April 3 at 2 p.m. the quartet will give a master class at MacPhail Center for the Arts in Minneapolis. And at 2 p.m. on Friday, April 2 they will present a special performance for residents and guests of St. Anthony Park Home.

For ticket information, contact Music in the Park at musicinthepark@sihope.com or 645-5699.

St. Anthony Park Lutheran Church's **Light Music Series** continues with a 7:30 p.m. performance on April 18 by Lisa Habeck, soprano.

She will sing works by Rameaux, Rousel, Schubert and Strauss, as well as pieces by Minnesota composers Dominick Argento and David Ryan Moberg. Habeck will be accompanied by pianist Kathy Kraulik, flutist Katherine Eklund, cellist Sara West and baritone David Ryan Moberg.

The concert is free and open to the public. An offering will be collected to help defray concert expenses. The church is located at 2323 Como Avenue.

The **Como Park Lutheran Church** choir and orchestra will present Bradley Ellingboc's "Requiem" on Good Friday, April 9, at 7 p.m. Ellingboc's work is based on Scandinavian folk songs. The church is located at 1376 Hoyt Avenue.

The **Schola Cantorum** of the Church of the Holy Childhood will perform Charles Gounod's "Messe Solennelle" with orchestra on Easter Sunday, April 11, at 10 a.m. The church is located at Pascal and Midway Parkway.

Library Events

A variety of free events will take place during April at the **St. Anthony Park Library**, 2245 Como Avenue. Call 642-0411 for more information.

Monday, April 12, 7 p.m.
Poetry reading by St. Anthony Park resident Gerhard Neubeck.

Friday, April 16, 6:30-8 p.m.
Old-time movie night, featuring live piano accompaniment by Norris Anderson.

Monday, April 19, 7-8 p.m.

Book talk and discussion of "Life: World War II" led by Warren Gore.

Thursday, April 22, 7 p.m.
Book discussion of "When We Were Orphans" by Kazuo Ishiguro.

Tuesday, April 27, 7 p.m.
Book talk by Sharon Olson, author of "The Children of God Go Bowling."

April 2, 16, 23, 30, 10:30 a.m.
Preschool story time for ages 3-5.

Book Club

The **St. Anthony Park Christian Book Club** meets monthly at Micawber's Bookstore to discuss novels and their meaning in a Christian context. Everyone is welcome.

The group will meet Monday, April 5 from 6:30-8 p.m. to discuss "Roofwalker" by Susan Power. For more information, call Steve Toddie at 647-1340.

Recreation

Langford and South St. Anthony Rec Centers will conduct registration for summer sports from April 7-25.

Children ages 5-14 can register at Langford, Monday-Thursday 3-9 p.m., Friday 3-6 p.m. and Saturday 10-3 p.m. Baseball, softball, nearball and tee ball teams will be formed.

The annual **Egg Hunt-Spring Celebration** will be held at 4:30 p.m., Thursday, April 8 at Langford. This free activity is for children 12 and under.

School Events

St. Anthony Park Elementary School will hold **Kindergarten Roundup** on Thursday, April 22 at 6 p.m. at the school, 2180 Knapp Street.

Parents and children are invited to meet the principal and teachers and see the classrooms. Also, parents can pick up a registration packet or turn in completed registration materials.

To get a packet, or for more information, call the school at 293-8735.

On Monday, April 5, Yanchy Lacska will speak on "Help Bring an End to Bullying" at **Murray Junior High School**, 2200 Buford Avenue. Mr. Lacska is emergency preparedness coordinator for the St. Paul Public Schools.

Como Park Elementary School is soliciting donations for a carnival to be held May 13 at the school, 780 W. Wheelock Pkwy.

The following items are needed: candy bars; individual packages of chips, crackers, fruit roll-ups; Twinkies and other snack foods; 2-liter bottles of pop. Bring donations to the school between

April 28 and May 2.

The carnival will feature a variety of games, a raffle and a dunk tank. Proceeds go toward the school's playground.

The **Friends School of Minnesota**, 1365 Englewood Avenue, will hold an information session for grades 3-8 on Sunday, April 25 from 2-4 p.m. Parents and children can meet teachers, tour the building and learn about the school's philosophy.

Friends School of Minnesota is one of 80 Quaker schools nationwide, and the only one in Minnesota.

For more information, contact the school at 917-0636 or admissions@fsmn.org.

Kindergarten Roundup will take place at Chelsea Heights Elementary on Tuesday, April 13 from 3:45-5 p.m. at the school, 1557 Huron Street. School tours begin at 3:15. Prospective kindergarten students and their parents are invited for an informational meeting and fun activities.

Como Park High School seeks nominations for its Hall of Fame. Nominees should be former Como students who graduated at least 10 years ago and who have made a significant contribution to society in their post-high school endeavors.

Send nominations by April 9 to Rosemary Hofer, Como Park High School, 740 W. Rose Ave., St. Paul, MN, 55117.

Gardening

The **St. Anthony Park Garden Club** will meet at 6:30 p.m. on April 6 at the St. Anthony Park Library, 2245 Como Avenue. At 7:15 p.m., James L. Beardsley will speak on the topic "Rose Care for Minnesota Gardens." The program is open to the public.

The Garden Club will host an oak tree planting at the library on Friday, April 30 at 10 a.m.

The Garden Club will sponsor a spring plant sale to benefit the butterfly garden at the St. Anthony Park Community Gardens. Orders must be placed by March 30. Plants will be available for pickup on April 6 at the library. Order forms are available at Park Hardware.

Arbor Day

St. Paul's Festival of Trees will take place Saturday, April 24 from 9 a.m.-4 p.m. at Como Park, Midway Parkway and Horton Avenue. Admission is free.

Seminars will be offered on tree care, landscape planting and maintenance. Plants and tools will be for sale. Games for all ages, a kids carnival and live music will be featured.

e t c e t e r a

For more information or to become a vendor or sponsor, contact Dave Sundick (632-2429, dave.sundick@ci.stpaul.mn.us) or Steve Sylvester (451-8907, steve@sstree.com).

Audubon Society

On Thursday, April 8 at 7 p.m., the **St. Paul Audubon Society** presents "Loons and Lead" with Pam Perry, nongame specialist for the Minnesota Department of Natural Resources and state coordinator for the Minnesota Volunteer Loon Watcher Survey.

Perry will discuss how loons get lead poisoning from fishing tackle, what research has been done in Minnesota and other states and the availability of less toxic materials for use in fishing.

The event will be held at Falcon Heights City Hall, 2077 Larpenteur Avenue, just east of Cleveland Avenue.

Classes

The University of Minnesota's College of Agricultural, Food and Environmental Sciences presents "Classes without Quizzes" on Saturday, April 3 from 9 a.m.-2 p.m. at Borlaug Hall, 1991 Upper Buford Circle on the St. Paul Campus.

Participants will meet nationally renowned researchers and be able to choose from eight mini-classes on food, agriculture and the environment.

The keynote speaker is Professor C. Ford Runge, co-author of "Ending Hunger in Our Lifetime." He will discuss the possibility of eliminating hunger by 2025 through scientific innovation, global economics and sustainable environmental practices.

More details and a complete program are available online at alumni.coafes.umn.edu/CWQ. To register, use the online form or call 612-625-4772. The cost is \$20, or \$10 for students. Lunch is provided.

Spring classes begin in April and May at the **International Institute of Minnesota**, 1694 Como Avenue.

Computer and communication classes start in April. These free classes combine American workplace culture, civics and practical computer training for newly arrived refugees, asylees and immigrants.

Free citizenship classes will begin May 8. Saturday morning classes are offered in six-week sessions and include instruction in history and government as well as citizenship interview preparation.

English as a Second Language Classes run May 3-July 26. Morning, afternoon and evening classes are offered in 12-week sessions at beginning, intermediate and advanced levels.

New students must be tested. Tuition is \$125 for afternoon classes, \$220 for morning sessions, plus a \$15 testing fee.

World language classes run May 10-July 28. Evening classes are offered in 12-week sessions at beginning and intermediate levels. Languages include Arabic, French, Italian, Korean and Spanish. Tuition is \$125.

For more information or to register, call 647-0191.

WomenVenture offers a variety of classes beginning in April. WomenVenture is a nonprofit Twin Cities economic development agency that helps women train for jobs with livable wages, change or develop a career, or start or expand a business.

Classes are held at 2324 University Avenue, Suite 200.

Among the many offerings are the following: Taking Your Financial Pulse, Debt Reduction, Finding Work that Works, Jobs in the Trades, Raising Successful Girls, Using QuickBooks and Financial Management.

For more information, visit www.womenventure.org or call 646-3808.

Tax Help

Lyngblomsten Community Center offers **free tax help** for seniors and low-income individuals. AARP volunteers will be at Lyngblomsten, 1415 Almond Avenue, every Tuesday and Thursday from 9 a.m.-3 p.m. through mid-April. Call 632-5330 to schedule an appointment.

Those desiring tax assistance should bring W-2 and 1099 forms, Social Security numbers of dependents, as well as information relating to sale of stocks, bonds, real estate, etc.

Volunteers

Como Park Volunteer Services will offer training sessions in April for two facilities: the zoo and the Japanese Garden.

Zoo volunteers greet visitors as they enter the zoo grounds and offer information about the zoo and the day's special activities. Volunteers must commit to at least 10 shifts of four hours from May to September.

A three-hour training session is required. Training is offered April 18, 2:30-5:30 p.m.; April 20, 6-9 p.m.; and April 25, 1-4 p.m. at 1225 Estabrook Drive.

For more information or to register, contact Kate McNulty (kate.mculty@ci.stpaul.mn.us or 487-8252), or visit comozooconservatory.org.

Garden volunteers learn the philosophy, key elements and symbolism behind Japanese gardens. They must commit to at least two three-hour shifts per month on any day of the week from May to September.

A two-part training session is required and will be offered April 17 and 24, 8:30-11:30 a.m. at 1225 Estabrook Drive.

For more information or to register, contact Karyn Thompson (karyn.thompson@ci.stpaul.mn.us or 487-8247) or visit comozooconservatory.org.

Volunteers are needed for the annual **Kasota Pond cleanup**, which will be held Saturday, April 24 from 9 a.m.-1 p.m. Volunteers should wear waterproof boots. Gloves, trash bags and refreshments will be provided.

For more information or to sign up, call Emily at 649-5992. Volunteers may also just show up at the parking lot west of Hwy. 280 and south of Kasota Avenue.

The St. Paul Division of Parks and Recreation's **Adaptive Recreation Program** is recruiting volunteers to assist with two of its most popular programs.

Score keepers and lane assistants are needed to help with a competitive bowling league for individuals who are physically disabled. Volunteers need to be available Saturdays from 11 a.m.-1 p.m. from April 3-May 15. The league is held at AMF Saxon Lanes in Little Canada.

Swim instructors are being recruited to assist with swimming lessons for individuals who are physically disabled. Volunteers will work individually with students under the supervision of a certified adapted aquatics instructor, teaching basic swimming skills. Volunteers must be available Tuesday evenings from April 13-May 25. Swimming lessons will be held at Como Elementary School.

For more information about these volunteer opportunities, contact the Adaptive Recreation Office at 266-6375.

Model Trains

The Twin City Model Railroad Museum will feature a special **model circus train** on Sunday, April 11 from noon to 5 p.m. at Bandana Square. Admission is \$2, under 5 admitted free. For more information, call 647-9628 or visit www.tcmrm.org.

People

Lauderdale resident **Walter Grittner** will demonstrate chip carving at the Viking Woodcarvers Association Woodcarving Show at Har Mar Mall on April 17.

Chip carving uses triangular cuts to create designs across a surface of wood. Grittner, who is self-taught, has been practicing chip carving for over 60 years.

The Minnesota State Arts Board has designated Grittner as an official Minnesota Folk Artist, and one of his items has been donated to the Minnesota Historical Society for inclusion in the folk art collection.

Community Foundation announces grants program changes for 2004

The St. Anthony Park Community Foundation will make several changes for its fifth annual grants program. Starting this year, the granting cycle will move from fall to spring and will include an expanded list of priorities reflecting needs identified by the 2003 State of the Neighborhood report.

The new granting categories are arts and humanities, community economic development, education, environment, health and housing.

The Foundation has removed its minimum for grant requests and will consider off-cycle small grant requests individually throughout the year.

These changes are some of the first fruits of a major strategic planning process undertaken by the Foundation following the release of last year's neighborhood report. The new policy also

addresses the loss of the St. Anthony Park Association's small grants program, which provided up to \$1,000 for neighborhood groups and initiatives.

For 2004 only, grant applications will be accepted now through May 12. Grant awards will be announced June 1. Starting annually in 2005, the grant application process will open February 1 with a mid-March deadline and an April awards announcement.

According to Julie Causey, Grants Committee chair, the Foundation is also seeking a more proactive role in its relationships with community nonprofits. Foundation representatives will meet with past and potential grantees over the next months to better understand and support their long-term goals.

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No bones about it

by Kristi Curry Rogers

Did you ever find yourself wondering what dinosaurs ate—other than each other?

Most of the time, the paleontological evidence for exactly what dinosaurs dined upon is scant. Often scientists rely on studies of the plant and animal fossils found in association with dinosaur skeletons.

Occasionally we get lucky and obtain a bit more insight into what dinosaurs ate through several main lines of evidence: tooth marks on bones, stomach contents and coprolites (fossilized feces).

Tooth marks on bones are the result of feeding behaviors and have been found on numerous dinosaur skeletons. One great example of tooth marks occurred on the pelvis of a large-horned dinosaur called Triceratops.

The excellent preservation of several tooth marks on the pelvis of Triceratops allowed scientists to identify the culprit (Tyrannosaurus rex), estimate the force at which the bite occurred and determine the "puncture and pull" biting method. This find demonstrated that T. rex had teeth capable of inflicting serious wounds. It had a bite force that rivaled those of living crocodiles and carnivorous mammals.

Another exceptional record of tooth-marked bone occurs in

the meat-eating dinosaur Majungatholus, from Madagascar. My husband Ray Rogers and I, along with our colleague Dave Krause, described tooth marks on Majungatholus ribs and vertebrae made by ... another Majungatholus!

Those tooth-marked bones provided us with the first definitive evidence of cannibalism in any dinosaur. We know now that sometimes, when the going got tough, meat-eating dinosaurs may have even eaten members of their own species.

What about plant-eating dinosaurs that didn't inflict sharp tooth marks on their plant "prey"? One really cool way to investigate the diet of vegetarian dinosaurs is by analyzing their tooth enamel.

Different types of vegetation leave different microscopic scratches on dino teeth. Woody stems and stiff twigs leave deep gouges, while softer berries and ferns leave smaller striations.

These types of patterns are especially fun to study in similar animals inhabiting the same geographic area. How did three different types of long-necked sauropods share the valuable food resources in their environments? We can get some clues by zeroing in on their teeth.

Stomach contents are only rarely preserved in the fossil record but have occasionally been

found in both herbivorous and carnivorous dinosaurs. Usually stomach contents are difficult to prove. Plant and animal remains found in the gut areas of dinosaurs may have drifted into the area as the dead dinosaur was being buried, and might not really be the dinosaur's last dinner.

Fossilized feces (better known as coprolites) give us the end view of food habits and direct evidence of diets. Fecal matter is not common in the fossil records of land-living animals like dinosaurs. It is easily eroded, decomposed, eaten by other animals, desiccated or trampled. (Think about what happens to cow pies in a field after a herd has moved through.)

When fossilized feces are found and studied under a microscope, several things are likely to appear: the remains of ancient plants, dung beetle burrows and sometimes even fragments of bones. These can be used to link a particular coprolite to a food source (plant or animal).

The bottom line is that dinosaurs dined on diverse dinners. Thanks for writing in, and please keep the questions coming. You can email questions and comments to me at krogers@smm.org.

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- * The Magic of Flight - July 26 - August 6
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- * End-of-Summer Blast - August 23 - September 2

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4-H News

by Bobby Ragoonanan

March 8 was a business meeting. We met at Lauderdale City Hall. On the way we were attacked by Darth Vader, but Luke Skywalker saved us. If Luke is reading this, I thank you with my life!

We started with the 4-H pledges, then roll call. We responded with our favorite ice cream flavor. We found out we have \$589.07 in our bank account.

Next we discussed the International Foreign Youth Exchange sewing project. Those of us who are able to will sew at home, and we'll also meet on a Saturday afternoon in April.

In May we'll have a random project meeting when we look at

each other's projects. July, of course, is the annual pie social, when we sell pie, ice cream and other radical stuff in the St. Anthony Park Bank's drive-up parking lot. It's a very fun thing to do in the summer.

We had only one demonstration at the March meeting. It was by Susan Drache on how to boil and dye eggs. Afterward, we had a snack of cookies and apple juice.

I interviewed some of the adults after the meeting. I asked them on a scale of 1 to 5 how they would rate 4-H overall. The average score was 4.6. At the next business meeting, I hope to interview the kids.

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DEAR JANE

Household hints from your favorite local problem-solver

Dear Jane,

We keep a sponge handy by our kitchen sink. Whenever someone spills something, or if we want to wipe down our kitchen counters, it's always handy. We just wet the sponge, squeeze out the excess water and wipe away!

DH, St. Anthony Park

Jane Says,

Great idea, DH! And don't forget, you can rinse that sponge out and use it over and over!

Dear Jane,

When we open a 2-liter bottle of pop, we always save the screw-top. Then, when we've poured as much as we want, we replace the top and put the pop in the fridge. That way, the rest of the pop doesn't go flat.

AG, Lauderdale

Jane Says,

Brilliant! Also, storing your pop in the fridge keeps it cold.

Dear Jane,

A friend gave me some cute magnets for my birthday. I couldn't find a use for them until I put them on our refrigerator one day. We discovered that they're wonderful for displaying our children's artwork!

RJB, Falcon Heights

Jane Says,

Now that's using the old noodle. And what better location than the fridge for your kids' works of art!

Dear Jane,

I was sorry to hear about the reader in your last column who was plagued by snow on his walk. We keep a large, flat shovel handy, and after it snows, we go out and literally shovel it off our walks. It works like a charm!

TS, Como Park

Jane Says,

Now there's Yankee ingenuity. And, when you're not using your "snow shovel", you can hang it in your garage!

TIP OF THE MONTH:

KM of St. Anthony Park wrote to tell us that, after years of burning her hands while cooking, she found a large padded glove in the housewares section of her local store. She writes, "I hang it by the stove, and now whenever I need to remove something hot from the oven, I put the glove on first. My blisters are healing for the first time in decades!"

Jane Says,

You can also use your clever invention to prevent burns when handling hot handles on pots and pans.

Have a household hint for Jane? Send it to her, care of this paper.

Crops and livestock flourish at St. Paul campus

Farm shui principles make all the difference, officials say

by Dirk Digger

After noticing a steady decrease in crop and livestock production over the past several years, officials at the University of Minnesota's St. Paul campus recently decided to implement a farm shui program.

Farm shui, officials explained, is a system of aligning crops and farm buildings to increase agricultural productivity. The underlying theory of farm shui, an agrarian offshoot of feng shui, is that proper harmonic molecular alignment enhances essential plant and animal genetic structure.

"Every year our chickens were laying fewer and fewer eggs," said Professor "Sunny" Sideup, of the Animal Science Department.

"Our corn and wheat were pathetic," added Kent Kombine, an associate professor of soils.

Desperate to retain its reputation in the agricultural community, the University sought the advice of Lotta Largesse, a world-renowned farm shui expert. At her suggestion, workers in the Buildings and Grounds Department aligned the University's chicken coops with their barley rows, and laid the

corn rows at a 90° angle to the wheat rows.

Since then, said Kombine, "we've had bumper crops bordering on unbelievable. Plus, the neighbors tell us it looks better."

Added Sideup, "Our hens look like bubble makers the way they're churning out eggs."

The University's success has been so dramatic that the project will be the cover story in the next issue of NorthCentral Farm Campus Weekly magazine, one of the Midwest's largest farm campus weeklies.

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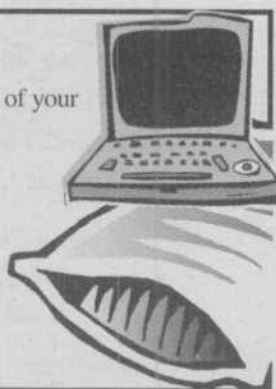
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Aging Gracefully by Mary Jo Tarasar

Like many small nonprofits, the St. Anthony Park Block Nurse Program could not survive without volunteers who donate their time to help our clients. They are the backbone of our program. Since April is National Volunteer Month, I decided to ask one of our most active volunteers why she has made the choice to contribute to her community in this way.

Nancy Serfass has been a volunteer at the Block Nurse Program for almost 10 years. She has delivered Meals on Wheels and given dozens of people rides, mostly to medical appointments. She also donates her time to the St. Anthony Park Co-op, Habitat for Humanity and her church.

"I quit working six years

ago," she said, "but I'm busier now than when I was working. Take today. I went down to the co-op to pick up the bank deposit, made the deposit, picked up a senior citizen to take her to the Senior Leisure Center for lunch and socializing, did a few errands of my own, then went back to the Leisure Center to give her a ride home. I can't imagine my life without volunteering. I would be pretty boring!"

Nancy's aunt worked at the Block Nurse Program in its early years. As she aged, she became a client of the program. Nancy began volunteering at that time because she could see how valuable it was for older adults to be able to live in their own homes.

"When people are no longer able to drive they lose so much independence," she said. "I feel good knowing that I'm making a contribution. Everyone I have helped has always been so appreciative. And another thing—I meet the most interesting people by helping with transportation. We get to talking, and some of the life stories I've heard have been amazing. Or I find out they know one of my oldest friends and I never realized the connection."

Nancy also believes that life is a cycle and what goes around comes around.

"My dad lives in Pennsylvania and I can't help him out," she explained. "I am grateful to the people out east who help him. And when and if I need help, I hope someone will be there for me."

So many people find themselves at loose ends during periods of planned or unplanned unemployment. They can get bored, depressed, cranky—or they can be like Nancy.

"Keeping busy keeps me feeling good," she said. "I might cook a meal for the Habitat for Humanity volunteers, or make a meal when it's needed at my church, or give someone a ride, or help install sheetrock, but whatever I do I know I won't be bored."

Making connections with other people is one of the best things we can do in this life. Volunteering is a great way to make the kind of connections that really count. Try it. You'll be glad you did.

The St. Anthony Park Block Nurse Program offers services to support caregivers. We hope that "Aging Gracefully" is helpful to older adults and those who care about and care for them. We welcome ideas and feedback for this column at sapbnp@bistream.net or 642-9052.

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LIVES LIVED

Betty G. Anderson

Betty G. Anderson, a resident of St. Anthony Park Home, died February 13, 2004 at the age of 91.

Mrs. Anderson, a cellist, was a member of the Minnesota Orchestra from 1952 to 1979 and the Florida Orchestra from 1979-1992. In addition, she was active throughout her career in a variety of chamber music groups.

She was preceded in death by her husband, Walter. She is survived by a daughter, Karen Singh of Minneapolis, and two nephews, Gary Gillespie and family and Clyde Smith and family. A memorial service was held February 28, 2004 at St. Anthony Park Home.

Randi L. Gertjeansen

Randi L. Gertjeansen, age 67, died at home on February 27, 2004 of melanoma. She was a resident of St. Anthony Park.

Randi Laura Coburn was born December 4, 1936, and was raised and schooled in Fulda, Minnesota. A 1954 graduate of Fulda High School, she married high school classmate Roland

Gertjeansen in 1957.

She graduated in 1960 with a bachelor of science degree from the University of Minnesota's College of Education. She worked as an elementary school teacher in the St. Paul Public Schools for 27 years, retiring in 1998. She was known for running a no-nonsense classroom.

She is survived by her husband, Roland; two daughters, Heidi (David) Swanson and Wendy (Roger) Becker; a son, Scott (Denise); seven grandchildren, Michael, Andrew, Patrick, Danica, Milo, Belle and Cora; father, Lewis; and brother, Lee.

Howard Y. Williams

Howard Y. Williams, age 75, died on February 17, 2004. During high school, he worked at the St. Anthony Park Library, and legend had it that by the time he graduated he had read every book in the building.

Mr. Williams earned a B.A. and M.A. from the University of Minnesota and an M.Ed. from Macalaster College. He taught at Mounds View High School,

Macalaster and the University of Minnesota, retiring in 1995. At the U of M he served as chair of the Department of Secondary Education and acting chair of Curriculum and Instruction. He was also head of the advisory program in the adult education graduate program. He was known for serving coffee and cookies in class and for inviting students and colleagues to his home.

With his friend Dean Barry he ran summer reading classes for children on Enchanted Island in Lake Minnetonka. He was also one of the founders of SPAN, a precursor to the Peace Corps. He achieved a reputation as one of the world's foremost collectors of Gaudy Welsh china, publishing a book on the topic and appearing on the Discovery Channel.

He is survived by his children, Sarah Wood and Hugh Williams; grandchildren, Jessica and Taylor; sister, Marcia Vosti (Gordon); niece, Ann Vosti; and nephews, David and Hugh Vosti.

A memorial service was held February 21 at Washburn-McReavy Hillside Chapel in Minneapolis.

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FIRST and THIRD Wednesdays,
6pm sign-up

Church of Holy Childhood

1435 Midway Parkway

- CHARLES GOUNOD'S "MESSE SOLENNELLE"
April 11, 10am

COMO PARK LUTHERAN CHURCH

1376 HOYT AVE., 646-7127

- BRADLEY ELLINGBOC'S "REQUIEM"
April 9, 7pm

Light Music Series

ST. ANTHONY PARK LUTHERAN CHURCH
2323 COMO AVE., 645-0371

- LISA HABECK, soprano
April 18, 7:30pm

Music in the Park Series

ST. ANTHONY PARK
UNITED CHURCH OF CHRIST
2129 COMMONWEALTH AVE.,
645-5699

- PACIFICA STRING QUARTET
April 4, 7pm

Music in the Park Series

FAMILY CONCERT SERIES
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Friday: 5:00 pm - 9:00 pm

Saturday: 4:00 pm - 9:00 pm

Sunday Brunch 11:00 am - 2:00 pm



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April CALENDAR

1 Thursday

- Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m.-noon. Every Thursday.
- Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.
- Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 1:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Chair exercise classes are appropriate for all fitness and ability levels, and offer cardiovascular workout. All major muscle groups are exercised. Call 642-9052 to pre-register.
- St. Anthony Park Community Council Land Use Committee, South St. Anthony Rec Center, 890 Cromwell, 6 p.m.

2 Friday

- Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.).
- Falcon Heights recycling.

3 Saturday

- "Classes without Quizzes," St. Paul Campus (612-625-4772), 9 a.m.-2 p.m.

5 Monday

- AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.
- Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.
- SAP Christian Book Club, Micawber's, 6:30-8 p.m.
- Como Park & Lauderdale recycling.

6 Tuesday

- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-1 p.m. Every Tuesday.
- Toastmasters 645-6675, training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.
- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1-3 p.m. every Tuesday.
- Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 1:30 p.m. Call 642-9052 to pre-register.

- SAP Garden Club, St. Anthony Park Library, 6:30 p.m.

- District 12 Community Council election, St. Anthony Park Library and Hampden Co-op, 4-8 p.m.

7 Wednesday

- Women's Connection, a women's networking organization (603-0954), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.
- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday.

8 Thursday

- Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.
- St. Paul Audubon Society, Falcon Heights City Hall, 7 p.m.

9 Friday

- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, St. Anthony Park Library, 10-11 a.m.

11 Sunday

- Model Circus Train, Bandana Square, noon-5 p.m.

12 Monday

- Park Press Inc., Park Bugle Board Meeting, St. Anthony Park Bank Community Room, 7 a.m.
- Poetry reading by Gerhard Neubeck, St. Anthony Park Library, 7 p.m.
- Como Park & Lauderdale recycling.

13 Tuesday

- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

14 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.
- Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program.

- St. Anthony Park recycling.

16 Friday

- Old-time movies, St. Anthony Park Library, 6:30-8 p.m.
- Falcon Heights recycling.

19 Monday

- Book discussion by Warren Gore, St. Anthony Park Library, 7 p.m.

20 Tuesday

- District 10 board meeting; call 644-3889 for details.

21 Wednesday

- Langford Booster Club, Langford Park, 7 p.m.

22 Thursday

- Book discussion by Kazuo Ishiguro, St. Anthony Park Library, 7 p.m.
- Kindergarten Roundup, St. Anthony Park Elementary School, 6 p.m.

25 Sunday

- Information Session, Friends School, 2-4 p.m.

26 Monday

- St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.
- Como Park & Lauderdale recycling.

27 Tuesday


- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

28 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.
- St. Anthony Park Community Council Environment Committee, So. St. Anthony Rec Center, 890 Cromwell, 7 p.m.
- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program.
- St. Anthony Park recycling.

Items for the May Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, April 16th.

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A Foundation of Neighbors

Focusing Our Support

By Julie Causey
Grants Chair
St. Anthony Park
Community Foundation

I'm pleased to announce a new spring cycle for the St. Anthony Park Community Foundation's annual grants program. This move was made after considering the needs identified by our 2003 State of the Neighborhood Report and after discussions with the St. Anthony Park Association regarding the re-establishment of a small grants program.

A little history might be helpful at this point. When the Foundation was created, we positioned our grants program to complement the program the Association had in place: they awarded grants for up to \$1,000 in the spring, so we offered grants from \$1,000 up in the fall. After putting our heads together recently with representatives of the Association, we decided the best way to ensure the viability of the small grants program was for the Foundation to become its sponsor.

So, starting this year, the Foundation will switch its annual grants program to the spring, accepting both small and large grant requests. In response to feedback from our non-profit community, we've also decided to consider off-cycle grant requests of up to \$1,000 throughout the year. This additional flexibility will allow us to fund the kind of important initiatives that can't be planned a year in advance.

Finally, we've reorganized our areas of interest to include concerns expressed by neighbors in our 2003 Neighborhood Report survey and in the public forum last May. For 2004's grant cycle we will actively encourage grant requests in the following categories: Arts & Humanities,

Community Economic Development, Education, Environment, Health, and Housing. Our ad announcing this new grants program and an accompanying article explaining it in more detail can be found elsewhere in this issue or online at sapfoundation.org.



Julie Causey

These changes in our granting process will help bring more focus to the issues of highest priority to you, the residents and neighbors of St. Anthony Park. We will continue to support solutions that build on our core community values and improve our way of life.



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PO Box 8038,
St. Paul, MN 55108
651-641-1455
sapfoundation.org

International Film Festival will enliven April

by Lynn Santacaterina

The Minneapolis-St. Paul International Film Festival marks its 22nd year this April. The festival will open April 2 and run through April 17, bringing over 120 films from more than 50 countries.

Sponsored by Minnesota Film Arts, the festival will screen at seven venues, including the Bell Museum on the University of Minnesota campus, Oak St. Cinema, Riverview Theater, Crown Theater and two other sites not yet confirmed.

For 16 consecutive days film buffs can watch movies from every corner of the world—for hours at a time if they're up to it.

As in past years, the festival will feature many first-run films, including several Oscar submissions from around the globe. Film directors will be present at some screenings to talk about their films and answer sessions.

Special features this year include an International Children's Program that will screen at the Children's Theater, and a Native American Sidebar that's been organized in collaboration with Augsburg College.

The festival will also feature new films from several world-renowned filmmakers including Jonathan Demme (United States), Amos Gatai (Israel), Manoel de Oliveira (Portugal) and Heddy Honigmann (Netherlands).

Film festival programs will be available in late March at local co-ops, coffee shops, bookstores and other merchants. In addition, a festival pullout will be printed in the April 2 edition of the Minneapolis Star Tribune. Viewers can also check the Minnesota Film Arts Web site at mnfilmarts.org for film schedules and updates.

Minnesota Film Arts screens films all year round at the University Film Society (Bell Museum Auditorium) and the Oak St. Cinema. These theaters feature fare not available anywhere else in the Twin Cities, including some films that don't screen anywhere else in the country.

For information on current films and show times, call their hotline at 612-331-3134.



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Classified deadline:
April 16th, 6 p.m.
Next issue: April 28th

- Type or write down your ad. Usually we put the first few words in capital letters.
- Count the words. A word is numbers or letters with a space on each side. A phone number with area code is one word.
- Figure your cost: 90¢ x number of words (\$9.00 minimum).
- Send your ad & check to:
Bugle Classifieds
P.O. Box 8126
St. Paul, MN 55108
or deliver to the drop box at the side entrance to the Bugle office at 2190 Como Ave. (on the Knapp Place side of building) by 6 p.m. on the deadline day.
- Classified ads cannot be billed, faxed, or taken over the phone.
- Call Raymond Yates at 651-646-5369, voice mailbox #3, with questions.

Instruction

HATHA YOGA classes start week of April 26. Call Holly House at 651-645-6951.

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THINKING OF SELLING your house? We'd like to buy a 3+ bedroom, older home in SAP. Please call 651-642-9592.

HOUSING WANTED Summer 2004. Vassar College professor and family, former residents of St. Anthony Park, wish to sublet in or near the Park approximately June 25 to August 15, 2004. References from previous SAP Minnesota summer sublets available. Please contact Jim Merrell at 845-471-4028 or merrell@vassar.edu.

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Musician's life from page 1

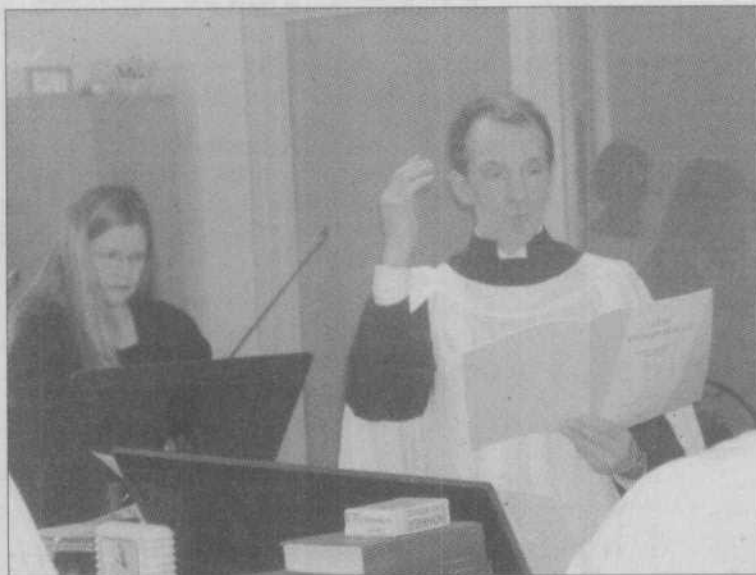
children (some as young as 6) to join the adult choir.

They practiced with the adults for the first hour of the rehearsal. Some of these children are still with the choir and have become valuable members and good sight-readers.

"I have seen almost a generation of kids pass through the choir," says Compton. "I like knowing that I have touched someone's life, that I spoke to them and taught them something valuable."

Compton, who has a bachelor's degree in violin performance from Boston University, has various other musical interests. He is the alto section leader of the Gregorian Singers, the concertmaster of the Gilbert and Sullivan Very Light Opera Company, and plays modern and Baroque violin in other venues.

And yes, he does have one outside interest—he likes to garden!



J. Michael Compton, music director at St. Matthew's Episcopal Church, leads the choir in a recent rehearsal while violinist Cheryl Zylla looks on. Compton, who is in his 21st year at St. Matthew's, has composed a new setting of Christ's passion that will be performed on Palm Sunday.

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11:00 a.m. Korean Worship, Pastor Jiyong Park
11:00 a.m. Filipino-American Worship, Dr. Sanny Olojan
6:30 p.m. Wednesday Kids' Club

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Handicapped Accessible
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CPLContact ministry 651-644-1897
www.comoparklutheran.org

Sunday Worship Schedule:

8:00, 9:00 & 11:00 a.m. Worship:
10:00 a.m. Adult Education & Sunday School
(Holy Communion on 1st & 3rd Sundays, nursery provided every Sunday)
Rides available for 11:00 a.m. worship;
Call the church office before noon Friday for ride.
Palm Sunday, April 4; 8:00, 9:00, and 11:00 a.m.
Maundy Thursday, April 8; 7:00 p.m.
Good Friday, April 9; 10:00 a.m. Tennebrae Service
7:00 p.m. Ellingboe's "Requiem" presented by
CPLC Choir & Orchestra
Easter Sunday, April 11; 6:30 a.m. Sunrise Service
8:00, 9:30, and 11:00 a.m. Worship
Sunday April 18, 2:00 - 5:00 p.m.

Opposing Views: "Homosexuality and the Church" with former ELCA Bishop Herbert Chilstrom and ELCA Pastor Merton Strommen. (If more than 10 attending per group, please call for reservations at 651-646-7127).

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Education Hour: 10:30 am
April 9, Good Friday: Tennebrae Service, 7:00 p.m.
April 11, Easter Sunday: Easter Breakfast 7:00 a.m.
Easter Festival Service 9:00 a.m.

❖ **ST. CECILIA'S CATHOLIC CHURCH**

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Daily Mass: 7:30 am Tuesday, Wednesday, Thursday

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Sunday Worship & Sunday School: 10:00 a.m., Fellowship: 11:00 a.m.
Nursery Care provided - 10:15 a.m.

Sunday, April 4, 10:00 a.m. - Palm Sunday Service
Thursday, April 8, 7:00 p.m. - Maundy Thursday Service
Sunday, April 11, 7:00 a.m. - Easter Sunrise Service - College Park
10:00 a.m. - Easter Service - Sanctuary

❖ **ST. ANTHONY PARK UNITED METHODIST CHURCH**

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Pastor Donna Martinson

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10:00 am Worship Celebration
10:20 am Sunday School (3 yr. to 12th gr.)
11:00 a.m. Fellowship
Victory Temple in Jesus Christ at 11:45 a.m.

Wednesdays:

9:00 a.m. - 1:00 p.m. Leisure Center (senior fellowship, activities, noon meal)

❖ **ST. ANTHONY PARK LUTHERAN CHURCH**

We are a community of believers called to joyfully serve God, one another, and the world. www.sapl.org

2323 Como Ave. W. Handicap-accessible. 651-645-0371
Pastors Glenn Berg-Moberg and Amy Thoren. Email: in8sapl.org

Palm Sunday, April 4, 8:30 & 11:00 a.m.
Maundy Thursday, April 8, 7:00 p.m.
Good Friday, April 9, 7:00 p.m.
Easter Day, April 11, 8:30 & 11:00 a.m.
Easter Day Breakfast 9:30 to 11:00 a.m.
Sunday Worship: 8:30 & 11:00 a.m.
Sunday School: 9:45 a.m.
Adult Forum: 9:45 a.m.
Minnesota Faith Chinese Lutheran Church 1:30 pm

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❖ **ST. MATTHEW'S EPISCOPAL CHURCH**

2136 Carter at Chelmsford. 651-645-3058

Website: www.stmatthewsmn.org

Sunday Services:

8:00 am Holy Eucharist, Rt. I, 10:30 am Holy Eucharist, Rt. II
9:15 am Christian Education for All Ages
4:00 pm Prospect Hill Friends Meeting

❖ **ST. MICHAEL'S LUTHERAN CHURCH - ELCA**

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