Wellstonians work hard to keep the dream alive

"The Conscience of a Liberal" discussions slated for February

by Natalie Zett

Though Paul and Sheila Wellstone's lives ended tragically in October 2002, their words and spirit continue, thanks to the commitment of individuals and organizations such as Wellstone Action. Wellstone Action, located in the old Baker School on Raymond Avenue in south St. Anthony Park, is one of three programs listed on the organization's Web site (www.wellstone.org). The other two are Camp Wellstone, a day camp devoted to training participants in the art of winning grassroots political and electoral campaigns, and the Sheila Wellstone Institute, which is committed to ending violence against women and children.

"The goal is not to make the Wellstones into icons but to organize—to carry on their vision. Paul Wellstone was a real activist; he could see beyond the despair. We want the organization to impart that hope."

—From Costain, Wellstone Action

All three programs share the goal of developing a large national network of supporters into a force for progressive social change. As such, Wellstone Action is spearheading an upcoming nationwide discussion on Paul Wellstone's book "The Conscience of a Liberal."

February 5, 2004 is the official date for the Wellstone Civic Dialogue Project. On that evening, discussions will take place in Falcon Heights 7-9 p.m. at Commonwealth Cooperative and Como Park (5:30-7 p.m.) at Black Bear Crossings on the Lake. In St. Anthony Park, the book discussion will be held February 10 at the St. Anthony Park Library from 6:30-8:30 p.m. Interested participants can

Wellstonians to page 14

St. Anthony Park woman applies her strong stomach to pursuit of forensic entomology

by Natalie Zett

"What's My Line" was a hit game show during the Golden Age of television. There, four panelists had to discern a guest contestant's occupation. The fun was when a guest's appearance and occupation clashed—for example, when a bejeweled woman turned out to be a roving evangelist instead of the exotic dancer she resembled. She later revealed that she did not like the role she was assigned. Nor do I really try to keep on thetwisty career path that led to this calling.

"Some people know about my full-time job—I'm the gypsy moth trapping coordinator for the Minnesota Department of Agriculture—but not the forensic work," said Cervenka. "I do the forensic work part-time. I don't advertise, and I really try to keep a low profile."

Growing up in North St. Paul, Cervenka always loved the natural world. "I was kind of a geek that way," she said.

As an English major at the University of Minnesota, she didn't develop an interest in horticulture until five or six years after graduation. That, in turn, morphed into a passion for entomology.

"Under a microscope, insects are a sparkling sculpture. They're beautiful," said Cervenka, pointing to a small display case of pinned and mounted insects on the dining room table. After receiving an M.S. in entomology, Cervenka worked in biocontrol and then in using insects to control insect pests. "We wanted to control flies in cattle," she said. "The flies cause all kinds of problems, such as increasing disease susceptibility."

When flies lay eggs in manure, calf bedding, wet feed or silage, the larvae hatch and maggots develop for about a week before reaching the pupal stage. Inside the pupa, protected by a hard reddish-brown shell, the developing fly metamorphoses from maggot to fly.

Fleas have a natural and effective enemy in the small, parasitic wasp that Cervenka and her team studied under controlled circumstances.

"We introduced tiny wasps that feed off the fly pupae," said Cervenka. "This had never been tried in colder climates, although, it was successful in other regions."

In a controlled situation, she raised wasps and flies, studying them together and separately. "The flies loved the cat chow—the smell, the better," she laughed. Although the study did not continue, the experience would serve her well.

"The last thing this city needs is just another choir. I wanted to find a niche and define how this group would be different."

—David Ryan Moberg

St. Anthony Park Business Council recently had 29 banners hung along Como Avenue. The banners were designed by the St. Anthony Park resident Warren Hanson and were funded by a STAR grant with matching donations from local businesses.

Director Moberg does it his way

by Michelle Christianson

Everyone knows how most vocal concerts are planned. In the beginning, the director holds an audition to pick sopranos, altos, tenors and basses—the best he or she can find. Then the director chooses music that fits the voices in the group, comes from diverse styles and eras, and will appeal to a large audience. After much rehearsal, the concert is held. That's the way it usually works.

But David Ryan Moberg is not interested in doing it the usual way.

Moberg will hold auditions January 31 and February 1 for his part of St. Anthony Park Lutheran Church's "Little Light Music" concert series. But he has already chosen the music and is, in essence, looking for just the right voices to fit it.

Furthermore, Moberg did not select the music to showcase the voices, but actually chose the theme for the concert first and then picked music to fit the theme. The theme for this, the first of what he hopes to be many musical forums, is "Abraham: Father of Three Faiths."

Moberg has already chosen most of the music, which covers a wide range of styles and types of ensemble. And because he believes that current events in the Middle East can be traced to differences between the Judeo-Christian and Islamic traditions, he has selected music to fit all three traditions.

"The piece representing the Jewish faith is Benjamin Britten's "Abraham and Isaac," a tenor and alto duet with accompaniment. "Father Abraham Have Mercy on Me" by Heinrich Schütz (a Christian work) calls for a small ensemble of tenor, bass, three female voices and a larger chorus. The Islamic work is a chant taken from the Koran.

Moberg will supplement these longer pieces with several shorter works—Leonard Cohen's "The Story of Isaac," a piece for solo voice and piano by W. C. Handy called "Aunt Hagar's Blues," "Highway 61 Revisited" by Bob Dylan and an arrangement of "Rock-a-my-soul" in the Bosom of Abraham."

The concert is scheduled for May 2 at 7:30 p.m., and

Moberg to page 20
CITY FILES

Camo Park
Mayor Kelly will attend the February 17 council board meeting. Citizens are encouraged to attend. The meeting will be at North Dale Recreation Center, 1414 N. St. Albans, at 7 p.m.

The St. Paul Board of Zoning Appeals has approved a compromise variance request for Mendora Homes. The compromise permits a five-foot setback with regard to the lot line.

Falcon Heights
The Falcon Heights/Lauderdale Lions Club has donated $3000 for the purchase of new playground equipment at Community Park. The money was raised through the annual Christmas tree sale.

A task force has been established to look at possible traffic concerns and strategies for the northeast quadrant of the bedding/Lapensier intersection.

St. Anthony Park
The city of St. Paul has cut the citizen participation budget for each district council by 7 percent. The St. Anthony Park District Council plans to hold a house tour on May 15 as a fundraiser.

At a St. Paul City Council organizational meeting on January 14, allocation formulas were reviewed for the distribution of city funds to district councils. The council decided to maintain current formulas at present and to review the situation again in April.

On February 14, 21 and 28, St. Anthony Park Neighbors for Peace will distribute information for caucus-goers for the four main parties in Minnesota: DFL, GOB Green and Independence. The group will be at the St. Anthony Park Library's community room from 12:30-1:30 p.m. Maps will be posted of caucus boundaries and locations, and information from the four parties as well as the secretary of state's office will be available.

On December 11, the University of Minnesota Board of Regents approved the renovation of the former Health Services Building at 1518 Cleveland Avenue as a central chiller water facility for portions of the St. Paul campus. The building, constructed in 1938, is currently vacant.

When completed, this project will serve 80 percent of the entire campus need for air conditioning. The project will involve restoring the facade of the building, removing the roof and insides, and installing cooling equipment and cooling towers inside the shell. Construction will begin this spring and will include installing underground chilled water distribution piping. The project is not expected to disrupt traffic on Cleveland Avenue.

Enjoy the friendliness of a neighborhood and the comforts of home at Lyngblomsten Care Center

The renovation of our Care Center is finished, and residents are enjoying:

- small neighborhoods
- breakfast made to order
- more choices about daily activities

Lyngblomsten...a place where seniors LIVE!

Other services and amenities include: a chapel and chaplain services, coffee and gift shop, therapeutic recreation, hair salon, senior center, courtyard and gardens, fireplaces, full rehabilitation department, and on-campus doctor appointments. Dedicated staff and volunteers make sure our residents enjoy every day with us.

If Lyngblomsten sounds like a place you'd like to call "home," please call to arrange a tour: (651) 646-2941

Ask for Kathryn Wilson, LSW, Admissions Social Worker

St. Anthony Park Home Sales
2003 Real Estate Update

<table>
<thead>
<tr>
<th>Number of Homes</th>
<th>2003</th>
<th>2002</th>
</tr>
</thead>
<tbody>
<tr>
<td>that Sold</td>
<td>35</td>
<td>21</td>
</tr>
<tr>
<td>Lowest Home Price</td>
<td>$160,000</td>
<td>$175,500</td>
</tr>
<tr>
<td>Highest Home Price</td>
<td>$600,000</td>
<td>$428,000</td>
</tr>
<tr>
<td>Average Home Price</td>
<td>$292,859</td>
<td>$267,816</td>
</tr>
<tr>
<td>Average Market Time</td>
<td>36 days</td>
<td>22 days</td>
</tr>
</tbody>
</table>

- The average sale price was 98.3% of the list price.
- The average sale price increased by 23%.
- At the end of the year, there were 4 houses for sale, that had been on the market an average of 79 days.
- This information does not include duplexes, condominiums or townhouses.

Please call us if we can be of any assistance to you.

(The information is from the REGIONAL MULTIPLE LISTING SERVICE OF MINNESOTA, INC. for the period January 1, 2003 through December 31, 2003.)

Life, Passion, & Poetry
Meet the Authors at Micawber's

Traci K. Smith
February 10 at 7 p.m.
Join us for an evening of remarkable and imaginative poetry. Winner of the Care Center Poetry Prize for the best unpublished manuscript by an African American, Smith will read from her debut book, A Body's Questions (Graywolf Press).

Mark Curtis Anderson
February 18, 7 p.m.
Jesus Sound Explanation
[University of Georgia Press] is local author Anderson's funny and touching memoir of his evangelical Baptist upbringing and his love of Rock Music.

New at Micawber's
Fresh ideas for Spring—lots of new books in our Gardening section!

Check out the latest shipments of our Micawber's Must-Haves
Great Books. Low, Low Prices!
Pacifica, percussion, puppets highlight this year’s Music in the Park Family Concert series

by Anne Holzman

There’s the evening out for adults, perhaps dinner at a jazz club or nouveau cuisine and an orchestra concert. There’s the afternoon show for the kids, with ear-splitting amplification and briskly colored costumes.

And then there’s the Music in the Park Family Concert Series, which for over a decade has provided early-evening performances that really are for the whole family.

“We've been working with the St. Paul Neighborhood Honor Roll for a few years now, and one of the things we do is a program for kids that’s not so crazy, the adults won’t like it,” organizer Julie Himmelsdorff said.

Himmelsdorff, who was recently nominated to the St. Paul Neighborhood Honor Roll for her work with Music in the Park, said she also looks for “someone who can perform without a microphone,” and she tries to include classical music in each season’s fare.

This season’s classical artists will be members of the Pacifica String Quartet, scheduled to perform April 2.

The series begins February 6 with Speaking in Tongues performing an array of percussion instruments. On March 5, Ross Suter returns, with musician Laura Mackenzie and puppeteer Mark McCurry.

Those who attended last year’s series may remember Suter’s lively stories and folk songs, as well as the entertaining jazz class with Ruth Mackenzie and Joan Griffiths, and the evening of musical storytelling with the Danielle Daniel Trio.

All performances are at St. Matthew’s Episcopal Church, 2156 Carter Avenue, in St. Anthony Park. Each evening includes two shows, beginning at 6:15 and 7:30. Tickets are $5 in advance and $6 at the door.

Season tickets are available, and Himmelsdorff said “advanced purchase is advised,” as the concerts “come pretty close to selling out.”

The Family Concert Series is supported by the Metropolitan Regional Arts Council from an appropriation by the Minnesota Legislature, the St. Anthony Park Community Foundation and the Lillian Wright and Emil Bergland Foundation.

Himmelsdorff said the search for funding “gets harder and harder” as government and nonprofit resources dwindle. “Ticket sales don’t begin to cover it,” she said. The series budget runs between $15,000 and $20,000 annually.

For more information, call 645-5699 or look online at www.musicintheparkseries.org.

Travel insurance is the sensible way to protect your travel investment and is available for all types of travel.

Travel insurance is specifically designed to protect your travel investment from events such as:

- Unexpected sickness or injury
- Lost baggage
- Emergency medical expense
- And certain other circumstances that could cause you to cancel your trip.

Contact Como Rose Travel at 651-666-8855 for a travel insurance plan.
Exercising the franchise

Electoral season is upon us. More precisely, elections are upon us. The election season has become like the professional golf season—it never really ends. Being elected to public office these days means that the new campaign begins shortly after the inauguration ceremony ends. Had he lived in a democracy, the Pratchett of Ecclesiarch might have observed that, in addition to books, of the making of many elections there is no end.

For some citizens, the first foray into the electoral fray every four years is quite an experience, and the party faithful meet to wrangle over candidates and resolutions. Resolutions passed at the precinct level are tossed into the deliberative stream, which flows to the state and then national level, where surviving resolutions are shaped into platforms. Does he have a mandate? With a party's platform, which then gets . . . well, one hopes it gets stood on by somebody, at least for awhile.

But the process is a little like dropping a stick off the bridge, bumping downstream to see if it survive the rapids, watching it drift away and wondering where it will end up.

Caucuses give way to primary elections—depending on the state and the party, usually the year after. In Minnesota this year, Republicans will require no caucusing to select their presidential hopeful. DFLers will have several announced candidates to choose from, though, exactly how many may depend on the results of earlier primaries in other states. For the Independence and Green parties, caucuses will provide an opportunity to discuss whether the party should nominate their own candidate this year.

And of course the primaries will give way to the general election, in November. Where those harried souls who aren't then thoroughly disillusioned with the whole process will drag themselves off to the polls once more. A winner will be declared—unless, of course, the events of four years ago repeat themselves, and John and Jane Q. Citizen find themselves wondering if they really should have sent their son Chad off to Electoral College. Is that place accredited?

So, elections are upon us, which means it's time to consider again a host of voting procedural questions. Should television stations be enjoined from announcing election results until everyone in the country has voted? Do the differing mechanics of voting from state to state result in an unfair system? Should voters be able to correct an incorrect ballot? Should we be able to vote on the Internet or the telephone?

But these questions pale in significance beside the one great interrogative that arises before every election. It's a question that has echoed down the hallways of history: Does your vote matter? Assuming you punch the card all the way through or pull the lever all the way down or properly connect the broken arrow's two halves—does your vote matter?

If past elections are any guide, over half the citizenry will say no. They'll vote with their feet—not to vote. Despite pre-election reminders that their franchise was won at great cost, despite dire warnings that civic life goes to those who show up, despite attempts to inform them and inspire them and arouse and harangue them and shame them, they'll stay home. With Melville's beleaguered scrivener Barleyley they will declare, "I would prefer not to."

And so the post-election punditry will produce one more big question: Can a majority of the voting-age public be told that, with only a percent of the population voting, does he have a mandate? It would be nice to believe in mandates. It would be nice if the people spoke with a collective voice and their elected officials merely had to implement those policies that reflected the national will. Maybe this will be the year that a consensus emerges. The lines at polling places will stretch outside and around the block. The elections alone will have reconstituted candidates be assured of universal acclaim and support. It would be nice. But it wouldn't be democracy.
FEBRUARY 2004 ■ PARK BUGLE 5

COMMENTARY

by Barbara and Gordon Murdoch

You can influence the outcome of an election—and you can do it long before November. How? By attending your precinct caucus on Tuesday, March 2 at 7 p.m.

Precinct caucuses are the grass-root base for Minnesotas major political parties. They are the most local of a series of party conventions that, in presidential election years, culminate with the national convention.

If you’re a citizen, a precinct resident, at least 18 years old by November 2, 2004, and not an active member of a rival political party, you can take part in your party’s precinct caucus.

You can find out what’s going on in your district by signing up, signing in and vote for delegates who support your favorite candidate or issue. Or you can seek to be a precinct officer or to delegate to the legislative district convention.

From there, you can become a delegate to the congressional district convention, state convention and, in presidential election years, national convention.

At a caucus, you’ll find well-informed advocates for candidates and issues. So, while you should try as much as you can before you arrive, a caucus is a great place to learn more and listen to other people’s arguments.

If you want to promote a candidate or an issue, this is the place. A caucus is not a party insider event. It’s a gathering where you can learn more, have an effect and have fun.

friends and neighbors will be there.

Each major Minnesota party—DFL, Green, Independence, Republican—will hold precinct caucuses.

If you attend a caucus as a voting participant, you sign a statement of support for its party and candidates.

If you’re not sure which party you support, call the parties and ask for literature or look for the Web (see below).

Each caucus must carry out four tasks:

1. Elect a caucus chair and precinct officers to do campaign work, fund raising and organization for the next two years.

2. Elect delegates and alternates to the legislative district conventions. Delegates chosen in the caucuses go on to debate and vote on candidates and issues at the district conventions and choose the delegates who will proceed to the next level.

3. Hold a presidential preference ballot.

4. Debate and select resolutions relevant to state and national issues that might be addressed by legislation.

ELECTING DELEGATES

It’s where things get interesting. Nominates for delegates support particular candidates and issues.

You’ll want to know their qualifications and their reasons for supporting a particular candidate or issue. Ask the chair if each might explain a statement or question answer.

Then it’s time to select delegates. Caucuses may do it differently.

If there is a contest, some caucuses vote by secret ballot. Others have a "walking caucus," in which potential delegates walk across the room to form groups for particular candidates or issues. Ask each caucus how many of its delegates are willing to support a particular candidate or issue.

If a caucus group doesn’t have enough people to entitle it to a delegate, it dissolves and in its members throw their support to a stronger candidate or issue.

Some delegates from each caucus serve on committees (Ballots, Credentials, Resolutions) to plan the next convention.

Submitting a committee is a great way for new delegates got acquainted with the political process, so let your caucus chair know if you’d like to serve. In most cases, you’ll want people who work to get work.

Presidential Preference Ballot

This year, Minnesota requires a straw poll in the caucuses. In the DFL party, this year’s balloting results will be binding.

The proportion of delegates allocated to each presidential candidate at the Democratic National Convention will reflect the statewide results of the presidential balloting held in the Commentary to page 18

Thanks, readers, for contributing to the Bugle fund drive.

With the contributions from those listed below, our annual fund drive has collected $18,486.

Our goal for the year is $24,000. Contributions are still welcome.

St. Anthony Park Neighbors for Peace

Organizing meeting: February 11, 7 p.m.
St. Anthony Park Library, St. Paul

We’re now 338 members

St. Anthony Park Library
February 4, 21 & 28, 12:30-1:30 p.m.
For details check our website at www.ParkBugle.org or our resource page in the reference desk of the St. Anthony Park Library

cookies & caucus info at the St. Anthony Park Library

We’ve now 338 members

Help: Melinda-Vogler, John Busche, Ingrid Nilson, John David Wilson, Rob and Mary Summer, Burns & Megan Marquard, Melinda, John David Wilson, Kevin Nilson, Birgitte Mikkelsen, John Busche, Michael Park, Joong Lee, Ingrid Nilson, John David Wilson, John Busche, Paul Vennis, David Anderson, J. Michael Park, Ingrid Nilson, John Busche, John David Wilson, John Busche, Burne, John David Wilson, Mary Busche, John David Wilson, John Busche, and Michael Park.

* become informed * attend your caucus * inform others * serve as a delegate * write your editor

Make a difference!

St. Anthony Park Library
February 11, 21 & 28, 12:30-1:30 p.m.
For details check our website at www.ParkBugle.org or our resource page in the reference desk of the St. Anthony Park Library

cookies & caucus info at the St. Anthony Park Library

We’ve now 338 members

Help: Melinda-Vogler, John Busche, Ingrid Nilson, John David Wilson, Rob and Mary Summer, Burns & Megan Marquard, Melinda, John David Wilson, Kevin Nilson, Birgitte Mikkelsen, John Busche, Michael Park, Joong Lee, Ingrid Nilson, John David Wilson, John Busche, Burne, John David Wilson, Mary Busche, John David Wilson, John Busche, and Michael Park.

* become informed * attend your caucus * inform others * serve as a delegate * write your editor

Make a difference!

St. Anthony Park Library
February 11, 21 & 28, 12:30-1:30 p.m.
For details check our website at www.ParkBugle.org or our resource page in the reference desk of the St. Anthony Park Library

cookies & caucus info at the St. Anthony Park Library

We’ve now 338 members

Help: Melinda-Vogler, John Busche, Ingrid Nilson, John David Wilson, Rob and Mary Summer, Burns & Megan Marquard, Melinda, John David Wilson, Kevin Nilson, Birgitte Mikkelsen, John Busche, Michael Park, Joong Lee, Ingrid Nilson, John David Wilson, John Busche, Burne, John David Wilson, Mary Busche, John David Wilson, John Busche, and Michael Park.

* become informed * attend your caucus * inform others * serve as a delegate * write your editor

Make a difference!

St. Anthony Park Library
February 11, 21 & 28, 12:30-1:30 p.m.
For details check our website at www.ParkBugle.org or our resource page in the reference desk of the St. Anthony Park Library

cookies & caucus info at the St. Anthony Park Library

We’ve now 338 members

Help: Melinda-Vogler, John Busche, Ingrid Nilson, John David Wilson, Rob and Mary Summer, Burns & Megan Marquard, Melinda, John David Wilson, Kevin Nilson, Birgitte Mikkelsen, John Busche, Michael Park, Joong Lee, Ingrid Nilson, John David Wilson, John Busche, Burne, John David Wilson, Mary Busche, John David Wilson, John Busche, and Michael Park.

* become informed * attend your caucus * inform others * serve as a delegate * write your editor

Make a difference!
Amidst the hoopla surrounding the construction of St. Paul's ice palace, cold-weather construction continues out of the spotlight on two projects that will endure long after the ice melts this spring. In Como Park, an addition next to the Marjorie McNeeley Conservatory is slated to open by January 2005. In Falcon Heights, the southeast corner of Snelling and Larpenteur will be home to Town Square, part of which is scheduled for completion by the end of this year, with additional townhouses slated for late 2005.

The Town Square project in Falcon Heights replaces 50,000 square feet of retail space with a mixed-use development that will include senior housing (pictured here), apartments, townhouses and retail. All resident parking will be underground, with surface lots for the retail shops. The tallest structure will be three stories high.

In Como Park, a new Visitor and Education Resource Center is taking shape next to the Conservatory. The $31 million building will house zoo education facilities as well as gift shops and a variety of customer services. It is scheduled to open by January 2005.
Peace project focus is on schools and children
by Mary Maguire Lerman

Why is it that we often don’t know what’s in our own backyard? The Twin Cities area has many treasures that long-time residents sometimes are unaware of.

Twenty years ago reconstructions of a rock garden near Lake Harriet began following a destructive tornado. This project was a labor of love, and as donations poured in, additional areas were constructed.

In last summer’s Minneapolis/St. Paul magazine, garden writer Marj Holt described this garden as the “jewel” of Minneapolis gardens because of its outstanding design and color display from early spring until late fall.

But there’s more to the story. Featured in the Lake Harriet garden are very special peace artifacts. In 1985 a peace bridge fashioned in the Japanese Yutat-Hashi style was constructed in the garden, and a gift stone from the Hiroshima Peace Museum was installed at the south end of the bridge. This stone was part of a bridge near ground zero of the August 6, 1945 bombing.

The next year, through the efforts of St. Paul’s Nagasaki Sister City Commemitee, a stone from Nagasaki was placed at the north end of the bridge. This stone was part of a public walkway near ground zero of the August 9, 1945 bombing.

Minneapolis is the only city in the United States that has received artifacts from the Hiroshima and Nagasaki Peace Museums.

In 1988 a peace pole was dedicated at the garden. (A similar peace pole anchors the St. Anthony Park Elementary School Peace Garden.) Since 1985 the Lyndale Park Peace Garden near Lake Harriet has been one of the events for metro-area residents.

Now, another special project is planned for this garden. Some Americans may remember the story of Sadako Sasaki, the young Japanese girl who died from “atom bomb disease” (leukemia) at the age of 11 in October 1955. She was 2 years old when the bomb fell on Hiroshima. Like many children, Sadako appeared healthy, and she was an avid runner. One day at a running meet she became dizzy and collapsed. When she awoke, she found herself at Hiroshima Hospital.

Depressed by this turn of events, her friend Chisako told her the Japanese legend of a thousand paper cranes. It is said that if you fold a thousand paper cranes, you will be granted a wish. Sadako wanted her health restored so that she could run again. Friends and hospital workers found every scrap of paper they could, and Sadako began folding. She had folded over one thousand cranes when she died on October 25, 1955.

Sadako’s school friends and children throughout Japan collected coins to build a shrine to Sadako and all the children who had died as a result of the bombing. Many children were out collecting wood when the bomb fell on August 6. Each year over 2 million paper cranes are sent to Sadako’s shrine from children around the world.

In 1993, I attended a peace conference held in Hiroshima and Nagasaki, and I saw the Sasaki shrine. On the morning of August 6, when walking in the Hiroshima Peace Park, I saw many elderly women crying for the children they lost that day. Participating in the ceremonies in these two cities is something that can never be erased from my memory.

Now for the end of the story. An effort is underway to install a “Spirit of Peace” sculpture at the Peace Garden near Lake Harriet. St. Paul artist Caprice Glasz created the design, which shows the steps involved in folding a paper crane.

In addition, a series of boulders will surround the sculpture. On each boulder will be a small bronze plaque showing one of the steps involved in folding a crane. Visitors can then move from boulder to boulder folding a crane, either to take home or leave at the garden.

A volunteer committee has been formed to raise the necessary funds to install this sculpture by the summer of 2005. Why? August 2005 is the 60th anniversary of the bombing of Hiroshima and Nagasaki, and October will be the 50th anniversary of Sadako Sasaki’s death. Special peace programs will be held in connection with those events.

The committee is suggesting that school children and individuals from throughout the metro area and greater Minneapolis help raise funds for this sculpture, as was done in Japan with Sadako’s shrine.

The estimated project cost is $100,000. Donations of any size are encouraged, and each donor will receive a thank you card with a folded paper crane. All donations are tax deductible.

Donors who provide $2,000 or a schools that raise $500 will have the opportunity to select a wood of peace that will be inscribed in the bronze base of the statue. Special fund raisers will also be held, including a Sadako Race/Walk at Lake Harriet on May 2.

To learn more about this project, pick up a brochure about the peace garden project at Ginkgo in the Park or at Ginkgo on Snelling Avenue. You can also view information at www.minneapolisparks.org/ developments/PapID=815.

Consider making a donation in honor of friends or relatives. 

Goodmanson Construction
Concrete Specialists

We can turn your dungeon basement into a cozy living space!
- Basement Waterproofing
- Custom Steps
- Finished Basements
- Fire Egress Windows
- Sliding Doors - Walk-in - Patio Doors
- Driveways
All work guaranteed for 10 years in business.
651-631-2065

Zeller Plumbing Service
Repair or Replacement of: Toilets • Faucets • Disposals • Water, Drain and Gas Pipes
10% OFF labor with ad.
Free estimates, call and compare
Raymond M. Zeller / 651-690-0421
Park resident for 17 years/ Lic # 400478B / Insured

KITCHENS & BATHROOMS

CUSTOM WOODWORKING
ADDITIONS • BASEMENTS • ATTICS
PORCHES • DECKS • HOME OFFICE
Building on our reputation / Many references
651-645-4203 lorraine@xoom.com
licensed / bonded / insured / MN. License #20887059

Cool homes. Cooler neighborhood.
10 minutes from either downtown.

EG
EMERALD GARDENS
URBAN TOWNHOMES & LOFT CONDOMINIUMS
2566 Ellis Avenue, St. Paul 55114 • www.egliving.com
Nancy Meeden
(651) 282-9650
nmeeden@cblinet.com

Hampden Park Co-op
Natural Foods at Great Prices and Excellent Quality
Expect the Best
Visit Hampden Park Co-op Today
928 Raymond 651-646-6608 Mon.-Fri. 9-6 Sat. 9-7 Sun. 10-7

E-G
EMERALD GARDENS
URBAN TOWNHOMES & LOFT CONDOMINIUMS
2566 Ellis Avenue, St. Paul 55114 • www.egliving.com
Nancy Meeden
(651) 282-9650
nmeeden@cblinet.com
Progressive Dinner
The 18th annual St. Anthony Park Progressive Dinner will be held Saturday, March 6. The dinner begins at 5:30 p.m. with appetizers at St. Anthony Park United Methodist Church and then moves to people's homes for the main course and dessert.
To participate, call Karen Kistler at 645-7706 or e-mail Fariba Sanikhahram at pnstein@mcg.net by February 20.

Audubon Society
"Protecting and Restoring the Natural Beauty of Your Shoreland" will be the topic of a talk by Jan Shaw Wolff, ecosystem education program coordinator for the DNR's division of ecological services.

Wolff will discuss the DNR's multimedia guide: "Restore Your Shore," as well as ongoing efforts to educate shoreland owners, the nursery and landscape industry, realtors, developers and others to promote collaborative efforts to protect and restore natural shorelines.

The talk is sponsored by the Audubon Society for the East Metro Region, and will take place Thursday, February 12 at 7 p.m. at Falcon Heights City Hall, 2077 Larpenteur Ave.

Refridgerations will be served. For more information, call Patricia Freeman at 763-587-4932.

Gardening
Ellen Wolf will speak on "Structures in the Garden" at the February 3 meeting of the St. Anthony Park Garden Club. Wolf's talk will begin at 7 p.m. at the St. Anthony Park Library. The meeting is open to the public.

Day of Prayer
The World Day of Prayer will be celebrated at Corpus Christi Catholic Church on Friday, February 26 at 10 a.m. Women from St. Anthony Park and surrounding churches will conduct the service. The theme for this year's observance is "In Faith Women Shape the Future." Men and women are invited to participate in the event. The church is located at Fairview and County Road B. For more information, contact Verne Millesh at 645-2791.

Cookies and Caucuses
St. Anthony Park Neighbors for Peace will host a series of informational meetings for first-time caucus-goers at the St. Anthony Park Library.

General information on precinct boundaries, caucus locations and how a caucus works will be available for all the major political parties.

The sessions will take place February 14, 21 and 28 between 12:30 and 1:30 p.m. For more information, visit www.ParkPeace.org.

Recreation
Registration will be held February 2-27 for three sports at Langford Recreation Center: volleyball, indoor soccer and gym hockey.

Volleyball teams are available for children ages 10-16. Indoor soccer for ages 4-7, and gym hockey for ages 10-12. Register in person or by phone: 298-5755.

February 3 from 6-8 p.m. is Movie Night at the Rec Center for ages 9-14. All movies are rated G and PG. The cost is $5.

Food will be served. Finger painting for ages 6-12 begins February 12 and continues for eight sessions, 6-7 p.m. The cost is $2.

A ski party for youth and adults takes place (weather permitting) Friday, January 30 from 6:29 p.m. at the Como Park Ski Facility.

Langford Winter Sports Days will be Saturday, February 7 and Sunday, February 8.

Hockey games take place Saturday afternoon, starting at 4 p.m. Basketball games will go on all day Saturday and Sunday afternoons.

A variety of family events will take place Sunday afternoon including snow sculpting (weather permitting), skating races, coronation of President and Princess Antonio, and a madonna hunt.

The coronation contest will begin at 10 a.m. on Saturday and noon to 6:30 p.m. on Sunday. For a detailed schedule, stop by the Rec Center.

Composting
Eureka Recycling will offer two free workshops on composting with worms. They will take place Saturday, February 7 from 10:30 a.m. noon at the Sun Ray Public Library, and Tuesday, February 10 from 7:30-8:30 p.m. at Hayden Heights Library.

Worm composting bins are easy to maintain, and a pound of worms can consume the food waste generated by a typical family of four.

At the workshops, supplies will be available for purchase, including worms ($24), compost bins ($20) and copies of the book "Worms Eat My Garbage."

The workshops are free; however, registration is required. Call 222-7678 to register.

Town Meeting
Senator Ellen Anderson and Representatives Alice Hausman and John Lesch will hold a town meeting on Saturday, January 31 from 10 a.m. to noon at the Como Lake Pavillion.

The St. Anthony Park and Como Park neighborhoods and the city of Falcon Heights are part of District 66B, which is represented by Sen. Anderson and Rep. Hausman. Residents of those areas are invited to attend the town meeting.

The legislators are interested in hearing local residents' views on education, energy and environment, transportation, health care, taxes and other issues affecting our area.

For more information about the town meeting, contact Sen. Anderson's office at 296-5537 or sen.ellen.anderson@senate.mn.
Schools
Parkview Center School in Roseville is accepting K-8 registrations for the 2004-05 school year. New families and siblings of current students should register now to place their child(ren) on a waiting list. Enrollment confirmation will be completed by the end of May. Enrollment forms are available from the school office, 781 W. Country Road B, or by calling Chris Cook at 487-4381. For questions about Parkview or to arrange a tour of the school, call Karby Farrell at 487-4381.

Cyber Village Academy announces that it is now able to provide online instruction to home-bound and hospitalized children in grades 4-8. New legislation eliminates the requirement for such children to be transported to a school building at least five hours weekly.

CVA has provided hybrid online education since 1998. Most students attend on-campus classes two days a week and connect from home the other three days.

CVA's new program is called H.E.L.P. (Hospital/Homebound Learning Program). For more information, contact Robert Blyth at 612-627-3963 or visit the CVA Web site: www.cva.k12.mn.us.

Open houses for prospective students and their parents will be held on February 10 from 6:30-8 p.m. at Murray Junior High School, and on February 10 from 7-8:30 p.m. at Como Senior High School.

L'Étoule du Nord French Immersion School, located in the Como Park neighborhood, announces the adoption of official school colors: green, representing the seeds of opportunity the school tries to plant in students; gold, for the star (étoule) that symbolizes the school; and blue, for the limitless potential represented by the sky.

More information about the school is available by calling 221-1480.

Valentine's Day
The Como Park Marjorie McNeely Conservatory will hold its fifth annual Valentine Soiree on February 14 from 7-11 p.m. Activities include a candle walk, a birthday celebration for A.J. Pengra, managers and classes on how to make your own scented lotion.

Dr. William Harrison

Arts Events
Music in the Park Series presents cellist David Finckel and pianist Wu Han in concert at 4 p.m. on February 8 at St. Anthony Park United Church of Christ, 2129 Commonwealth Avenue. The duo will perform sonatas by Schubert and Chopin, and the Minnesota premiere of Sonata No. 1 for violin and piano by the Russian-American composer Lera Auerbach.

Tickets are $18 in advance, $20 at the door and $12 for students (when available). Advance tickets are available at Bideker and Micawber’s, or by calling 645-4099.

Workshop
St. Anthony Park United Church of Christ will host a workshop on understanding and dismantling racism. The workshop takes place Saturday, March 20 from 9 a.m.-4 p.m. The registration deadline is March 1.

The workshop facilitators are from the Minnesota Churches Anti-Racism Initiative, a joint program of the Minnesota, St. Paul Area and Greater Minneapolis Councils of Churches.

The registration fee is $6. For more information, e-mail office@apusc.org or call Jeanne Sylvander (776-6311) or Lee Hellman (644-0408).

Classes
Women Venture announces 2004 classes that attempt to meet the needs of today's women. Classes in coaching circles, marketing, parenting and other topics are available.

Women Venture also offers consulting services for women who plan to start a new business. For more information, visit www.womenventure.org or call 641-7223.

Sharret’s Liquors
651-645-8629
Raymond & University
Call for Fast Delivery!

If you are interested in running for a seat on the St. Anthony Park Community Council, contact the office for an application. Persons of color, disabled persons, seniors, youth, and renters are encouraged to apply. Candidates must be 16 years or older, a SAP resident or business representative, and do not need to be a registered U.S. citizen. Applications are due by March 10, 2004.

St. Anthony Park Community Council
890 Cramwell, St. Paul, MN 55114 • phone: 649-5992 • fax: 649-5993 • e-mail: sapcc@vsi.com
NW St. Paul Handy Work Program: 649-5984

This ad sponsored as a community service by:
Pet owners have many...

Pet care service gives owners a “paws”

by Anne Holzman

If all your vacations start with a trip to the kennel or a hunt for a neighbor to feed your bird and water your plants, Joanne Baumann would like to help you out. If you need help with pet care while you recover from surgery, or if you’re packing for a move and can’t find the energy to walk the dog, Baumann’s services may be just what you need.

Baumann’s new business, A Wing and a Paw Pet Care, offers pet sitting and home security services, based out of her home in the Como Park neighborhood. In addition to visiting pets while owners are on vacation, she does daily walks for dogs, especially puppies who need extra exercise. She’s also hosted dogs overnight while a noisy party was going on at their owners’ home.

Baumann said her own dog, a lab-spaniel mix named Murphy, seems to enjoy the company when dogs stay overnight. She had Murphy for 14 years, Baumann said, and “I’ve always taken care of other people’s dogs,” as a neighbor and friend.

Baumann used to clean cages and prepare dogs for adoption at the Humane Society, and she volunteered at the Wildlife Rehab Clinic, where she cared for birds.

““This summer I fed a baby hummingbird by hand. It was just the tiniest little thing you can imagine,” she said.

When Baumann’s fundraising job disappeared last fall, she decided to turn a favorite volunteer activity into a business. Having launched it, she called her mother and said, “Mom, I’m getting paid to play with dogs!”

She likes to take her clients’ dogs to the Woodview off-leash exercise area in Roseville, where everyone gets a good workout. She said the middle of the day, when it’s sunny and a little warmer, is the best time for dogs to enjoy off-leash exercise, at least during the winter months. Since owners are often working then, they can hire her to give their dogs the best hours at the dog park.

Her work isn’t all play, however. “The difficulty is being constantly involved in the marketing,” Baumann said. “How do you get the customers to start calling?”

Her efforts so far include a press release, an information-packed brochure, a business card that shows a cartoon dog relaxing on his bed and a Web site that’s still under design.

Starting up a small business required “an amazing amount of information,” she said. An established pet sitter offered her a few hours of coaching and told her all about the business side of the work.

People call on her in emergencies as well as for routine care. A neighbor who had surgery needed pet care during recovery. Baumann learned how to do medical injections so that she could help care for a diabetic cat. She has Red Cross Pet First Aid certification, is bonded and insured, and is a member of Pet sitters International.

Baumann’s rates for one or two pets are $15 for a half-hour home visit, $16 for a half-hour dog walk and $30 for an overnight stay in her home. She will also sometimes stay overnight in a client’s home, and she offers pet transportation (usually to the vet or the groomer) for $15 per half-hour plus 40 cents per mile.

Baumann can be reached at awingandapaw@hotmail.com or 651-9233.

Pets and owners mind their manners

by Susan Conner

A small office on Como Avenue is the home of a well-organized and successful citizen constituency, ROMP—Responsible Owners of Mannerly Pets—has had its office at 1563 Como Avenue since 2002.

ROMP is an organization of dog owners that seeks “to help people and their companion dogs live full lives together,” said Director Barb Heidenman, by finding ways that dog owners and their companion dogs can successfully and happily live within the rest of society. Their mission is “Access, Education and Advocacy: Making a World of Difference for People and their Pets.”

ROMP began in 1996 as a grass-roots organization when a group of dog owners, who had repeatedly found each other romping with their dogs off-leash in clandestine locations around the metropolitan area, decided to legitimize their fun.

Laura Jean Rathmann and Barb Heidenman were the co-founders. Rathmann was from Seattle and had seen large dog parks both there and in California. "Why not here?" she thought.

Rathmann and Heidenman approached Ramsey County, which was willing to give the idea a try. Two pilot sites were established, in Battle Creek and Shoreview. They were very successful and happily used. There is now a third county site in Roseville.

Since then ROMP has worked with the city of St. Paul to establish an off-leash site at Arlington and Arkwright. Other communities have followed the lead, and the metropolitan area now includes 16 off-leash dog park areas. "People want them," said Heidenman.

Sites vary. Some have trails for walking and sniffling, while others are wide-open areas preferred by the "party dogs" (those who like to chase and wrestle each other). Dogs and owners find their preference.

The sites do not belong to ROMP. Their role has been to advise citizens and facilitate the creation of these options by helping dog owners with relevant education, advocacy and organizing.

"Interest in the concept has just exploded in the last few years," she said.

The last
services to choose from

Minnesota Parks and Recreation Association state convention-workshop on the topic of off-leash parks was full to overflowing," said Heideman.

With off-leash dog parks established and growing in popularity, ROMP is turning its attention to a new goal, said Heideman: "to enable responsible dog owners to gain access to more rental and multifamily housing options as well as vacation rentals."

This initiative, called the ROMP Registry, has two parts. The responsible dog owner can earn ROMP certification by (1) participating in an interactive seminar to learn about dog behavior and skills to manage dogs, and (2) passing a practical "show what you know" evaluation.

By paying a yearly fee and signing a ROMP Registry agreement which commits owners to adequately supervise, manage, license, vaccinate and clean up after their dog, the owner is then listed as certified.

A property management company, vacation property, rental unit owner or business may choose to become a ROMP Registry Affiliate. These businesses then have access to the growing pet-friendly marketplace via advertising and to ROMP staff for pet-related questions. By choosing to welcome ROMP-certified clientele, they know they are working with responsible pet owners.

A nonprofit organization, ROMP is sustained by memberships and grants. A membership includes a subscription to BARK, "the modern dog culture magazine." The office has current listings of all the local off-leash sites (also available at www.dogROMP.org) and provides brochures about dog behavior, tips for owners and safety for dogs and children at such parks.

The Web site includes a variety of pages still under construction. The ARF business directory, for example, will list dog-related businesses and services.

This organization has plans. As their membership brochure states, "First we unleashed off-leash dog parks. Now, we're ready to ROMP and ROLL!"

Custom Cat Purrniture a purrfect fit for feline lovers

by Antonie Young

"Let us put your cat on a pedestal," the motto of Custom Cat Purrniture, is an insightful slogan both literally and figuratively. Darryl Michaelson, owner, designer and builder of Custom Cat Purrniture's cat furniture products, makes a variety of pieces to pamper his fellow customers. Their "satisfaction" is guaranteed.

Now located on the corner of University and Hampden, in south St. Anthony Park, Custom Cat Purrniture debuted in 1990, when Michaelson went to buy a scratching post for his two kittens and could not find any furniture that met his standards.

"The folly of cat furniture," he said, "is that it is substandard."

He decided to try making his own. He collected pallets, which he disassembled and reassembled into his own cat furniture creations, and a business was born.

"The first ones took me all weekend to build," Michaelson said, "I had no design in particular—I just knew they needed steps and a tall scratching area."

He maintains that building these pieces is like making couches for cats—comfortable spaces for lounging, sleeping and, for cats, playing.

After his first post, made from wood and carpet, Michaelson decided building cat furniture would be a good hobby. Disassembled pallets gave way to electrical spools, which come apart more easily than wood pallets and are found in a variety of sizes. After a year of his new hobby, Michaelson had created a dozen different cat furniture designs.

It was beginning to seem like he could generate some business. "I always had an entrepreneural spirit," he admitted. "One day I went out with new ideas and dropped them off at a bunch of places. This was in June 1993. I dropped one by the State Fair and they called and said they had space in their Pet Center for me if I wanted it. It was perfect timing."

Faced with a budding business, Michaelson needed a name. "My sister gets credit for it," he said. "Then I set up a booth at the Fair and showed my models."

By the following year, sales were picking up. Michaelson began working on Custom Cat Purrniture full-time in 1993.
When the fly study was winding down, Cervenka, attended an entomology symposium and was drawn to a lecture on forensic entomology.

"That was it," she said. "I was hooked. I found a place where I could use my experience and maybe help out, too."

"This was 1990," she continued. "And I found out that no one in Minnesota was doing this sort of thing. She talked to other forensic entomologists who suggested that she contact the medical examiners office.

"I cold-called both the Hennepin and Ramsey County Medical Examiners, explaining my background and experience. I also added that maggots don't scare me." Both offices welcomed her with open arms.

"I felt this work is very rewarding," Cervenka said. "Dead things stink, and that attracts certain types of insects. Different insects are attracted to a corpse during its different states of decomposition. The type of insect found helps date the corpse in terms of time of death, and the information is used as corroborative evidence."

The medical examiners' offices were now calling Cervenka, and she was visiting crime scenes or morgues, identifying insects.

After a year of volunteering, she was confident enough to offer her services as a consultant. Soon, she had more business than she could handle. "It still had and have a full-time job—so, with two children and being a single parent this gets tricky."

Still, the word spread, and the Bureau of Criminal Apprenticeship also began soliciting her services.

When she gets a call, Cervenka goes to the crime scene or the morgue to investigate insect activity.

"When it's less than 55 F, insect activity is doubtful," she said. "But in the warmer months, you'll see evidence of blow flies."

Though the term may be unfamiliar, everyone has seen blow flies. "They're the shiny flies that you’ve noticed on dog poop," Cervenka said. "I collect them from the corpse and store them in alcohol.

"...Indeed, the metallic green or blue blow flies usually bear everyone else to the crime scene and are most important in establishing postmortem interval."

"The smell of a corpse will attract them, or blood will attract them," said Cervenka. "They are active during day-time hours."

"When collecting fly larvae (maggots), she tries to place at least 10 of each size into 70 percent ethyl alcohol for preservation. Before doing this, the larvae must be "cooked" in very hot or boiling water to prevent them from decomposing.

Although forensic entomology may seem an innovative modern device, the first documented use was reported by the Chinese lawyer and death investigator Song Tzu in the 13th century.

He described the case of a stabbing near a rice field. The day after the murder, the investigator had the workers lay their sickles on the floor. Invisible traces of blood drew blow flies to a single sickle. So confronted, the sickle's owner confessed to the crime.

Although she has curtailed her forensic entomology activities, Cervenka enjoys educating audiences, which includes a PowerPoint presentation that no one will soon forget.

As interesting as the information and history is, it's the side of corpses that leave a lasting impression. After spending time with Cervenka, one leaves with a deeper respect for the fly.

As the only woman certified by the Board of Forensic Entomology, Cervenka stands alone. When asked what she would recommend for someone going into the field, besides the education and experience, she said, "A strong stomach helps,"

Accessing Your Healer Within!
Offering a unique collection of natural techniques to help you:
• Recover from chronic illness and acute pain.
• Enjoy a healthier, happier, and longer life.

The Ponderosa Clinic: Ancient & New Treasted Holistic Health Care Clinic.

"HOLLY HOUSE"

Contact us and discover what we can do for you.

2300 Comer Avenue N., St. Paul, MN 55113-4688

Contact us and discover what we can do for you.

2300 Comer Avenue N., St. Paul, MN 55113-4688

HOLLY HOUSE

Contact us and discover what we can do for you.

2300 Comer Avenue N., St. Paul, MN 55113-4688

Contact us and discover what we can do for you.

2300 Comer Avenue N., St. Paul, MN 55113-4688

Contact us and discover what we can do for you.
Running and writing across the neighborhood
by Jean Larson

Have you ever been driving home on Lamportet at dusk and felt the muddle of life like a kitchen utensil drawer dumped over your head?

You pass through Lauderdale, lucky that your right foot maintains 30 mph, pass the townhouses, and then catch sight of the startled lone oak on the U of M clubhouse hill. It passes too quickly to you look back over your shoulder to see mad jugs of branches form a perfect sponge against sunlight.

I imagine that many have done so. This is a magical place we were live.

Having lived in Falcon Heights all my life, I pretend to be many people—big city girl, small “townie,” farm girl—depending on my travels for the day.

As a runner, plodding the ditches and paths, skirting the farm fields, and climbing what used to be called “Gibb’s Mountain,” I feel I’ve been blessed with an intensified point of view.

I see two determined adolescents, slogging on a melting rink, just as I once did, hockey sticks and skates defying inches of water on ice.

My breath catches and pours as time back up under the archway of trees, heavy in snow, sparkling in St. Anthony Park street light.

I notice the site of a cottonwood cluster next to the U of M tennis courts as they cock their heads to the side, awed by our frenzy as we rush up Cleveland.

My breath catches and pounds as time back up under the archway of trees, heavy in snow, sparkling in St. Anthony Park street light.

I see aging support walls battling the neighborhood’s hills, bearing awful cascades of coneflower, impatience, and nameless (to me) new breeds born over the hill in Horticulture Department greenhouses. I find dirt paths in woods that conjure up hobbits and wizards.

So I write when I arrive home from my run, quickly shutting my bedroom door before the images and words fade away.

My fleece jacket seals in my sweat until it spills against my body. But I write anyway, feeling like each thought could, just maybe, change me when I read it again the next day or week.

So I write by the mystery of words and thoughts combined with the power of familiarity—having traced these scents on my mind for my entire life.

I imagine that many have done so—or meant to. This is a magical place we live.
Saint Anthony Park Dental Arts, P.A.
Your caring local office for cosmetic and family dentistry
William Harrison, DDS
A tradition of excellence spanning 75 years!
2282 Como Avenue West
Saint Paul / 651-646-1123
Fax 651-646-1987 / www.sapdentalarts.com

If You Have to Vamoose, Call Moose!

MOOSE GIANNELTI
Full Time, Full Service Realtor® serving the Bugle Community 651-628-5393
Go to www.callmoose.com to find the 10 Common Mistakes That Costs Sellers Thousands.
or email: moose@cbburnet.com

24th ANNUAL AUS MEMORIAL LECTURES
Evangelism and Christian Thought
March 9-10, 2004
Chapel of the Incarnation
Luther Seminary, 1450 Fulham St., St. Paul
with guest presenters:
Jean Bethke Elshaim
Laura Spelman Rockefeller
Professor of Social and Political Ethics, University of Chicago

March 9:
10 a.m., Lecture I: "Bonhoeffer's Challenge to Evangelism"

March 10:
10 a.m., Chapel
10-30 a.m., Lecture II: "Faith, Evangelism and the Life of the Mind"
The lectures are free and open to the public.
www.lutherseminary.edu/lectures

Wellstonians from page 1
reserve a spot at the location of their choice by going to the Wellstone Action Web site: www.wellstone.org.

The idea for the project began when St. Anthony Park resident and Wellstone Action volunteer Meredith Sommers saw a gap that needed bridging. On the heels of Wellstone's death, said Sommers, many votes—rather than being galvanized by the tragedy—swung wildly in the opposite direction.

"The election right after Paul's death said to me that many people may not know why they vote the way they do, and may not realize the ramifications of their decisions. The book discussion is not about issues, though, but rather about values—about developing a commitment to working together for the common good."

The first book discussion, based on the introduction and first chapter of Wellstone's book, is called Can We Dream Again? The title was inspired by Martin Luther King and Gandhi, who, in turn, inspired Wellstone.

The organizers hope that instead of sinking into hopelessness, reading Wellstone's book and meeting with other like-minded individuals might restore hope and spark action.

With February 5 bearing down, Pam Costain, director of education and advocacy, and the only paid staff member at Wellstone Action, has been in a slight panic.

"We expected that there would be about 100 facilitators for the book discussion," she said. "Instead, we have about 650 in 39 states. We anticipate 10,000 people will be involved in the first night's discussion of Can We Dream Again? After that, each group will have the option of continuing. We've created a curriculum and are distributing packets to facilitators. This book discussion allows a lot of people to participate and provides structure, yet is decentralized—very much grass roots."

Costain, the former director of Resource Center of the Americas, met Wellstone some 30 years ago as a student at Carlson College, where he taught. Years later, she worked on his first campaign. Since August 2003, she has been at Wellstone Action.

"The goal," said Costain, "is not to make the Wellstones into icons but to organize—to carry on their vision. Paul Wellstone was a real futurist; he could see beyond the despair. We want the organization to impart that hope."

As a politician, Costain said, Wellstone believed in the power of everyday people in public life. He was committed to a civil discussion of differences and respect among those who disagree.

"This is an experiment that we hope will stimulate more interest in reading the book. Out of that, we hope action groups will emerge all over the country," said Costain.

If people want to contribute, she noted, they can participate in a discussion group, join Wellstone Action and/or make individual donations.

Although people may register on the Web, the actual book discussions across the country will be face-to-face, not virtual.

Publisher: University of Minnesota Press, October 2002.
ISBN: 0816641799

Questions for the first night's discussion of "Conscience of a Liberal":

1. Tell a story about something you did that had a positive impact in your school, community, neighborhood, city, state or nation. What happened? Who was involved? What did you bring to the effort? What did you and others learn from it?

2. Sometimes we experience a gap between the values we try to live and those practiced in public life. Which of your values are most important to you? Which values do you find especially lacking in public life?

3. Paul Wellstone speaks of "being on a common journey." Other people talk about the common good. What does the common good mean to you? Where do you see people working for the common good? What would it look like if the ethic of the common good were more prominent in public life?

4. Paul Wellstone speaks of a "politics that enables people to dream again." What are your hopes and dreams for your family, community, neighborhood, city, country or world?

Wellstone Action
821 Raymond Avenue, Suite 200, St. Paul, MN 55114
www.wellstone.org

ROOFTOP SNOW REMOVAL
For Professional Rooftop Snow Removal Call Roger Gate 651-699-7022

HOME TAILORS
BUILDING & REMODELING, INC.
651.646.6436 Phone • 651.646.1597 Fax
1625 Wynne Ave. St. Paul, MN 55108
home.tailors@worldnet.att.net • MN License #3700

DESIGN
BUILD
DELIGHT

KITCHENS
BATHROOMS
ADDITIONS
PORCHES & DECKS
BASEMENTS
ATTICS
This installment of "No Bones about it" describes one of the greatest paleontological adventures that my husband, Ray, and I have ever had. In December, the two of us and our 8-month-old daughter, Lucy, boarded a flight for Neuquen, Argentina. Neuquen is one of the largest towns in Patagonia, and is known for producing apples, peaches and plums, as well as being close to some amazing rock exposures that yield tons of dinosaur bones. (You can read about this part of Argentina in the January issue of National Geographic magazine.) We were scheduled to meet up with our colleagues Lagado Salgado and Rodolfo Coria, two Argentinean paleontologists who specialize in dinosaurs.

One of the interesting things about this expedition for Ray and me was bringing Lucy along. Although she accompanied us to Montana to dig dinosaurs when she was only 3 months old, this time she was mobile. She had just started crawling and we weren't sure how happy she'd be in the special backpack we planned to carry her in while we searched for bones.

The other interesting thing about this expedition was that Ray had to do it with a very recently broken arm. It was actually broken by a train door on our way to Argentina. In spite of these twists on traditional dinosaur expeditions, we had a great time and made some fantastic discoveries.

The expedition was funded by a grant that Leo secured from the National Geographic Society. We planned on surveying some areas of badlands that were known to produce fossils but had never been explored in detail. The neat thing about the area is that some of the first dinosaur eggs, eggshells and nests ever found were discovered there. We were hoping to find more nests, especially some containing eggs with embryonic dinosaur bones.

The only sure way to identify dinosaur eggs is by identifying the embryos they contain, and preserved embryos are incredibly rare in the fossil record. With broken arm and baby in tow, we began the expedition with several days of prospecting. We wandered through the hills and valleys surrounding the camp, keeping our eyes on the ground in search of fossilized bones and eggs.

Once our eyes were trained to spot the differences between bones and rock, we began to notice petrified wood, bones and eggshells everywhere. A couple of days into the field trip we located a site where at least four dinosaur nests were uncovered, one of which contained 21 exquisite sized eggs. Another site may have actually preserved a small nest containing dinosaur sitting on its nest, just like a modern bird.

All the great finds of dinosaur eggs and nests excited Ray, but the last part of the trip for him was the amazing geology. The rocks we walked in were around 79 million years old. They contained evidence of ancient rivers, lakes and even dunes in a desert.

Of all the truly exceptional fossils we found, I think the field of 66 fossilized termite mounds (like those huge mounds that exist today in Africa) was the pinnacle of Ray's field season. With all of the geological data he collected, he and our friend Alcino will be able to reconstruct the environment that all these dinosaurs and termites were living in.

I'll be sure to keep you posted as we continue to analyze the data from our expedition. In the meantime, keep your questions and comments coming to kereg@msn.com.

ARTISTS WANTED FOR 6TH ANNUAL
Community Art Show

FEBRUARY 22 - MARCH 20, 2004
UNDERHOF GALLERY
ST. MATTHEW'S EPISCOPAL CHURCH
JURYED SHOW
MULTIMEDIA
REGISTER BY FEBRUARY 11, 2004
FOR REGISTRATION FORMS CONTACT:
ST. MATTHEW'S CHURCH ART EXHIBITION COMMITTEE
2136 CENTER AVENUE ST. PAUL, MN 55108
PHONE: 651-645-3058
FAX: 651-645-0551

St. Anthony Park Healthcare Professionals
St. Anthony Park Dental Arts, PA.
Dr. Bill Harrison www.sapdentalarts.com
2282 Como Avenue, 651-646-1123
St. Anthony Park Dental Care, 2278 Como Avenue
Todd Grossman, DDS 651-644-3685
Paul Kirkaerd, 651-644-9216
St. Anthony Park Clinic, Dr. David Gilbertson, D.O.
Omar Tetven, M.D. 2315 Como Avenue, 651-646-2549
Twin City Limousine Home
2040 Como Avenue, 651-646-2544
Member of the Board of Social Ministry
Franklin J. Steen, DDS
2381 Como 651-644-2757

St. Anthony Park Co-op Preschool
2129 Commonwealth Ave, St. Paul MN
Located in the SAP United Church of Christ
A friendly, creative place, where teachers help children grow at their own pace
Meet Tues, Wed, Thurs mornings; ages 3-5 years
Come see our classrooms, meet our teachers and parents!
OPEN HOUSE
March 19, 9-11 AM
For Fall registration call Barbara Burk 651-645-2928
or Elizabeth Lee 651-603-8541
"Where children grow and families make friends"
February Arts

Music

Coffee Grounds
1779 Howlin Ave., 293-8800
- Open Mic with Bill Howlin
  February 1, 6pm
- Single Note
  February 7, 8pm
- Poetry reading, call for details
  February 12.
- The Bear South
  February 13, 8pm
- Open Mic with Bill Howlin
  February 15, 8pm
- Paul Jones
  February 19, 7pm
- Man Fox with Zack
  February 20, 8pm
- Bodhi Bowl
  February 21, 8pm
- Carol Lee and the Blue Galls
  February 27, 8pm
- Big Pig Gig
  February 28, 6:30pm

Ginza Coffeehouse
271 Shinsei Ave., 647-2627
- Larry Pruss and El Rev
  January 29, 7:30pm
- Michael Young
  January 31, 7pm
- Shane Weis
  January 31, 9pm
- Bluegrass and Oldtime Jam Session
  First Wednesdays, 7pm
- Open Stage
  First and third Wednesdays, 6pm - 10pm

Music in the Park Series
- St. Anthony Park United Church of Christ
  2129 Commonwealth Ave.
  *645-5699
- David Finckel, cello
  We Have, we Cannot
  February 5, 4pm

Music in the Park Series
- Family Concert Series
  St. Matthews Episcopal Church
  2136 Carter Ave.
  *645-5699
- Singing In Tongues
  February 6, 6:15 and 7:30pm

ALL CONCERTS ON SUNDAYS AT
ST. ANTHONY PARK UNITED CHURCH OF CHRIST
2129 Commonwealth Ave. at Chelmsford St. in St. Paul

TICKETS
- Single Tickets: $18 advance purchase
  ($20 at the door, $12 students - upon availability)

Tickets/Information: (651) 645-5699
SINGLE TICKETS AVAILABLE AT THE BIBLIOTHEC SHOP
& MCCABER'S BOOKSTORE IN ST. ANTHONY PARK

For concert details, visit our website:
www.musicintheparkseries.org

Family Concerts 2004
For children of all ages and their families

Friday February 6 - 6:15 and 7:30 PM
SPEAKING IN TONGUES

Friday March 5 - 6:15 and 7:30 PM
Ross Sutter and Laura MacKenzie, musicians;
Margo McCready, puppeteer

Friday April 2 - 6:15 and 7:30 PM
PACIFICA STRING QUARTET

St. Matthews Episcopal Church
2136 Carter Ave., St. Paul

Tickets: $5 advance, $6 at door

Season Tickets (3 concerts): $12

Music in the Park Series (651) 645-5699

Visual Arts

Aynone Artist Company
829 California St., 642-1684

Art... what is it?
Each first Thursday
Dinner opens at 7pm
Performance starts 7:30pm

Goldstein Museum of Design
244 McNelis Hall, 612-624-7494

Art and Ambience
Through April 11

Midway Contemporary Art
2500 University Ave. S., St. Paul, 951-1851

Invitation to Love
Video projects by Tokyo last
January/February

St. Paul Student Center
612-625-9794

Talk to Hart
January 27 & 28, 7pm

Lost in Translation
February 2, 7 & 9pm

Shakespeare in Love
February 10 & 11, 7pm

The Pancha Bhakti
February 10 & 11, 9:15pm

Kill Bill Vol. 1
February 17, 7 & 9pm

Hip Hop Week
February 24 & 25, TBA

Solo Delusion
Exhibit by Mary Olson
Through February 15

CHRISTY MYERS PHOTOGRAPHY

Individual and Family Portraits
- Children
- Seniors
- Family Reunions
- Weddings
Photographing
the People You Love
With Love

In St. Anthony Park
(651) 645-4076

NEW YEAR New Healthy Gourmet Menu

Make Your Valentines’ Reservations Now!

We have new winter hours:
Closed Mondays
Lunch Tuesday - Friday 11:00 am - 2:00 pm
Dinner Tuesday - Thursday 5:00 pm - 8:00 pm,
Friday 5:00 pm - 9:00 pm
Saturday: 4:30 pm - 9:00 pm
Sunday Brunch 11:00 am - 2:00 pm

Signature Cafe & Catering
150 SE Warwick St. / Minneapolis, MN 55414
612-378-0237
2 Monday
• AA, St. Anthony Park Lutheran Church (651-644-0009), 6 p.m. Monday.
• Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. every Monday.
• Cross Post & Locustville meeting,

3 Tuesday
• For The First Time Ever (and yesterday), Loydell Park Rec Center (651-298-5765), 10 a.m.-1 p.m. every Tuesday.
• Crosswalk (651-647-6675), service, in-effective speaking, Finland Park, Backwards 9:20, 7:35-8:55 a.m. every Tuesday.
• St. Anthony Park Garden Club, 6 p.m., St. Anthony Park Library.
• First blood pressure clinic and health screenings by the St. Anthony Park Block Nurse Program, 825 Sibley St. 1-10 p.m. every Tuesday.
• Crossfire Evans Church - Seal Heaven B33, 825 Sibley Street every Tuesday and Thursday at 1:30 p.m. These clinics are for all area seniors, but pre-registration is necessary. Clinic services are appropriate for all seniors and ability levels, and other cardiovascular services. All major credit cards are accepted. Call 651-642-9052 to pre-register.

4 Wednesday
• Women's Connection, a women's social networking organization (651-640-0934), Helen Horday Job Corps Center, 1400 Snelling Blvd, Building #1, 8 a.m. every Wednesday.
• Senior Center for Seniors (651-640-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. lunch reservations by Monday. Every Wednesday.
• St. Anthony Park swimming,

5 Thursday
• Six Tues (five 55-years-olds and younger), Scotts St. Anthony Rec Center (651-298-5765), 10 a.m. every Thursday.
• Crossmen (651-649-5162), U.S. Forestry Service, 1992 Floyd Ave., St Paul Campus, 11:30 a.m.-12:30 p.m. every Thursday.
• Crossfire Evans Church - Seal Heaven B33, 825 Sibley Street every Tuesday and Thursday at 1:30 p.m. Call 651-642-9052 to pre-register.
• St. Anthony Park Community Council, Plushon Planning Committee, Small St. Anthony Rec Center, 190 Campus, 6 p.m.
• St. Anthony Park Writers, 6:30 p.m., St. Anthony Park Library, 647-1345.

6 Friday
• Senior Citizens Fun Group (pic, lunching, and dancing), Small St. Anthony Rec Center, 190 Campus, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.)
• Crossfire Evans Church - Seal Heaven B33, 825 Sibley Street every Tuesday and Thursday at 1:30 p.m. These clinics are for all area seniors, but pre-registration is necessary. Clinic services are appropriate for all seniors and ability levels, and other cardiovascular services. All major credit cards are accepted. Call 651-642-9052 to pre-register.
• Falco's Hodges recitation.

9 Monday
• Park Press Inc., Park Rec board meeting, St. Anthony Park Book community room, 7 a.m.

10 Tuesday
• Loydell City Council, City Hall, 1817 Walnut St., 7:30 p.m.
• Falco's Hodges recitation City Hall, 2077 Larpenteur Ave., 7 p.m.
• Senior Center for Seniors (651-640-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. First blood pressure clinic by the St. Anthony Park Block Nurse Program.

11 Wednesday
• Falco's Hodges recitation City Hall, 2077 Larpenteur Ave., 7 p.m.
• Senior Center for Seniors (651-640-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. First blood pressure clinic by the St. Anthony Park Block Nurse Program.

12 Thursday
• Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 190 Campus, 7 p.m.

13 Friday
• First blood pressure clinic and health screenings by the St. Anthony Park Block Nurse Program, St. Anthony Park Library, 10-11 a.m.

16 Monday
• Cross Post & Locustville meeting,

17 Tuesday
• District 10 board meeting, call 651-641-7389 for list.

18 Wednesday
• Loydell Booster Club, Loydell Park, 7 p.m.
• St. Anthony Park reciting,

20 Friday
• Falco's Hodges recitation.

23 Monday
• St. Anthony Park Block Nurse Program, board of directors meeting, 7 p.m., United Methodist Church, 2000 Hillirk Ave.

24 Tuesday
• Loydell City Council, City Hall, 1817 Walnut St., 7:30 p.m.

25 Wednesday
• Falco's Hodges recitation City Hall, 2077 Larpenteur Ave., 7 p.m.
• St. Anthony Park Community Council Environment Committee, Small St. Anthony Rec Center, 190 Campus, 7:30 p.m.
• St. Anthony Park Community Council Environment Committee, Small St. Anthony Rec Center, 190 Campus, 7 p.m.
• Senior Center for Seniors (651-640-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. First blood pressure clinic by the St. Anthony Park Block Nurse Program.

From this the March Community Calendar would be submitted to the Bogle office by 6 p.m., Friday, February 13.
Is your thermometer toxic?  
Give us your old, toxic mercury thermometer, and we'll give you a new digital thermometer - FREE! Call us for more information!

St Anthony Park Block Nurse Program
651-642-9052

Aging Gracefully by Mary Jo Tarasar

Most of us are pretty proud of our homes and our community. We probably wouldn't live where we do if that weren't true. But most of us also pollute our homes—and our community—on a daily basis, without even thinking about it.

The landfills are full to overflowing. The air and soil and water around us contain toxins. What can each of us do to reduce the waste we produce?

We can carry a canvas shopping bag to the grocery rather than take home paper bags each week. Most of the people I know end up with a great many paper bags spilling out of cupboards or closets. Plus, carrying a canvas bag makes it easier to walk to the market—and get a little more exercise.

We can look at the cleaning products we use and see if they contain toxins. If they do, we can switch to healthier products. In the old days, many of us used vinegar, lemon, baking soda and other common, nontoxic products to clean our homes.

There was nothing wrong with it then and there is nothing wrong with it now. We can consciously choose to reduce, reuse and recycle more in our lives. Need a spring jacket? Check out the thrift and consignment stores first. You might find exactly what you need at a very reasonable price—and save a perfectly good garment from the landfill. And if spring cleaning is on your agenda, make sure you take all of the good, usable items you no longer need to a place where they can be reused.

Beginning in February and throughout this spring, the St. Anthony Park Block Nurse Program will deliver a new digital thermometer free to the home of anyone who wants to trade in an old mercury thermometer. Mercury is one of the worst pollutants found in common household items like thermometers and thermoscan, and mercury in the environment has been linked to nerve damage in humans and other animals.

The Block Nurse Program will also be working with local markets to provide sturdy canvas shopping bags free to those over 60, if they really want one and are younger, call us and we'll work something out.

Round up your neighbors this spring and have a rummage sale for the whole block. You can all make money and be environmentally responsible at the same time.

When you pack lunches for school or work, use reusable containers rather than plastic and paper. It's a little more work but a lot better for the earth—and cheaper, too.

As we age, most of get a lot of joy from our children, grandchildren, nieces and nephews—those who will live in the future. In addition to having healthy homes and a clean community for ourselves, wouldn't it be nice if we left them breathable air, clean water and some natural habitat rather than a world of gas masks and landfills?

The St. Anthony Park Block Nurse Program has produced a pamphlet on "clean" living. If you would like more information on reducing your personal pollution, please let us know and we'll see to it that you get a copy.

The St. Anthony Park Block Nurse Program offers services to support caregivers. We hope that "Aging Gracefully" is helpful to older adults and those who care about and care for them. We welcome ideas and feedback for this column at 642-9052 or susan@bitstream.net.

Commentary from page 5

precinct caucuses. Candidates who get less than 15 percent of the balloting will not receive delegate

In the Green and Independence parties, the straw poll will not be binding. The Republican Party has already chosen its presidential candidate.

Resolutions

People who attend a caucus also introduce, debate and vote on resolutions—their recommendations for planks in the party's platform.

Have an issue you'd like to see in the party platform? Bring copies of a statement—an outline of 50-100 words—that you can nominate as a resolution.

Come early so you'll have

time to lobby others to support your candidate or resolution. Resolutions that survive to the state or national conventions become planks in the party's platform.

Remember, democracy is something we do, not something we have. To keep it in shape, lots of us need to show up, participate at some level and make a difference.

Caucuses are the first Tuesday in March at 7 p.m. This year, that's March 2. Precinct locations will be announced after February 11.

You can go to your party's Web site (see below) or call the county auditor or party headquarters to find out where your caucus will be.

Party phone numbers are:

DFL: 651-293-1200 or 1-800-999-7457,

Green Party of Minnesota: 612-971-5855,

Independence Party: 651-487-9700,

Republican Party: 651-222-0022.

The Ramsey County election office number is 651-266-2717. If you have more questions, you can call the Ramsey County auditor's office at 651-296-2803.

Web Sites for More Information

Democratic-Farmer-Labor Party: www.dfl.org

Green Party of Minnesota: www.mnpgreens.org

Independence Party: www.mtip.org

League of Women Voters-Minnesota: www.lwvmn.org

Republican Party of Minnesota: www.gop-mn.org

Ramsey County: www.co.ramsey.mn.us/elections

QUALITY CARING CRAFTSMANSHIP

With your special design in mind

- Custom kitchens
- additions and renovations of older homes
- Tree and Stump Removal
- Call Ben Quit at the Park at 651-645-5429

Become a Biblical Mystic for Compassion

LEONARDONI • 2004-0500

GPA 24 HOURS FOR CREDIT CARD USERS!

CAR WASH OPEN!

• TIRES • BATTERIES
• EXPERT REPAIR
• CERTIFIED MECHANICS
• QUALITY CITGO GASOLINE

THE STATION IN THE PARK

2277 Como Ave / 651-644-6775 / 651-644-1134

Show her you care with a Valentine's gift from...

EMIL GUSTAFSON JEWELERS
2278 Como Ave, St. Paul, 651-645-0774
The friendly, corner drugstore is not a thing of the past!

SCHNEIDER DRUG will be happy to fill your prescription, and FREE delivery is available.

Have your Group Health prescription filled at SCHNEIDER DRUG.

3400 University Ave. S.E., Mpls.
612-379-7232 • M-F 8-7 Sat. 8-6
1/4 mile west of Hwy. 280, across from KSTP

We all feel the same commitment to care for our families. As your good neighbor agent, I can help you meet your insurance and financial needs.

Call me today.
Jim Rothenbach, LUTCF
2160 Como Avenue
St Paul, MN
612-646-3740

LIKE A GOOD NEIGHBOR
STATE FARM IS THERE.

The friendly, corner drugstore is not a thing of the past!

SCHNEIDER DRUG will be happy to fill your prescription, and FREE delivery is available.

Have your Group Health prescription filled at SCHNEIDER DRUG.

3400 University Ave. S.E., Mpls.
612-379-7232 • M-F 8-7 Sat. 8-6
1/4 mile west of Hwy. 280, across from KSTP

We all feel the same commitment to care for our families. As your good neighbor agent, I can help you meet your insurance and financial needs.

Call me today.
Jim Rothenbach, LUTCF
2160 Como Avenue
St Paul, MN
612-646-3740

LIKE A GOOD NEIGHBOR
STATE FARM IS THERE.

The friendly, corner drugstore is not a thing of the past!

SCHNEIDER DRUG will be happy to fill your prescription, and FREE delivery is available.

Have your Group Health prescription filled at SCHNEIDER DRUG.

3400 University Ave. S.E., Mpls.
612-379-7232 • M-F 8-7 Sat. 8-6
1/4 mile west of Hwy. 280, across from KSTP

We all feel the same commitment to care for our families. As your good neighbor agent, I can help you meet your insurance and financial needs.

Call me today.
Jim Rothenbach, LUTCF
2160 Como Avenue
St Paul, MN
612-646-3740

LIKE A GOOD NEIGHBOR
STATE FARM IS THERE.

The friendly, corner drugstore is not a thing of the past!

SCHNEIDER DRUG will be happy to fill your prescription, and FREE delivery is available.

Have your Group Health prescription filled at SCHNEIDER DRUG.

3400 University Ave. S.E., Mpls.
612-379-7232 • M-F 8-7 Sat. 8-6
1/4 mile west of Hwy. 280, across from KSTP

We all feel the same commitment to care for our families. As your good neighbor agent, I can help you meet your insurance and financial needs.

Call me today.
Jim Rothenbach, LUTCF
2160 Como Avenue
St Paul, MN
612-646-3740

LIKE A GOOD NEIGHBOR
STATE FARM IS THERE.

The friendly, corner drugstore is not a thing of the past!

SCHNEIDER DRUG will be happy to fill your prescription, and FREE delivery is available.

Have your Group Health prescription filled at SCHNEIDER DRUG.

3400 University Ave. S.E., Mpls.
612-379-7232 • M-F 8-7 Sat. 8-6
1/4 mile west of Hwy. 280, across from KSTP

We all feel the same commitment to care for our families. As your good neighbor agent, I can help you meet your insurance and financial needs.

Call me today.
Jim Rothenbach, LUTCF
2160 Como Avenue
St Paul, MN
612-646-3740

LIKE A GOOD NEIGHBOR
STATE FARM IS THERE.

The friendly, corner drugstore is not a thing of the past!

SCHNEIDER DRUG will be happy to fill your prescription, and FREE delivery is available.

Have your Group Health prescription filled at SCHNEIDER DRUG.

3400 University Ave. S.E., Mpls.
612-379-7232 • M-F 8-7 Sat. 8-6
1/4 mile west of Hwy. 280, across from KSTP

We all feel the same commitment to care for our families. As your good neighbor agent, I can help you meet your insurance and financial needs.

Call me today.
Jim Rothenbach, LUTCF
2160 Como Avenue
St Paul, MN
612-646-3740

LIKE A GOOD NEIGHBOR
STATE FARM IS THERE.
Moberg from page 1

rehearsals (Sunday nights from 7 to 9:30 at St. Anthony Park Lutheran Church) will start in mid-February.

Moberg is excited about the shape that the new ensemble (to be called the St. Paul Vocal Forum) will take.

"The last thing this city needs is just another choir," he said. "I wanted to find a niche and define how this group would be different."

It will be different in many ways. Of course, the fact that he is programming each performance around a single theme is different. But the singers will practice for only one concert and will have to read new music for the next after a break.

"Many people have a hard time making a long-term commitment to a group like this," said Moberg. But this way, the singers will know that they are only committed for the time leading up to the concert. Then they are free to audition for the next concert or do something else. I also don't want to take people away from their church commitments."

Moberg has had lots of experience with choral music. He grew up in Virginia, Minnesota, and got his undergraduate music degree from St. Olaf College, where he sang with that choir. After graduating, he taught junior and senior high school vocal music in Byron, Minnesota. He has a master of music degree in choral conducting from the University of Minnesota and has done additional graduate work in composition. After moving to the Twin Cities, Moberg directed church choirs at St. Michael's Lutheran Church in Roseville and at St. Anthony Park Lutheran Church. At the same time he was a paid singer in the Dale Warland Singers, taught private voice lessons, and, at one point, was also a flight instructor. Now he flies full time for Mesaba Airlines and sings (when he can) with the St. Anthony Park Lutheran Church choir.

Moberg's plans for additional concerts will probably include more "traditional" fare. He still wants to keep a right focus on a single theme but will likely pick pieces for the next concert "on a whim." He said, "When and where and why we perform will be determined by the work we are performing." He would like to find more contemporary pieces in the classical choral tradition and will probably look up some older repertoire or software written for other instruments or as solo pieces. He would also like to experiment with electric manipulation of the voice. Whatever the form, the theme will be preserved.

LIFE IN THE CHURCH: COME AND SHARE

Bethany Baptist Church
Skilled at Cedar Street, Roseville, 651-633-8211
9:30 a.m., Sunday School
10:45 a.m., Filipino-American Worship, Dr. Sandy Gijon
10:45 a.m., Bethany Worship, Pastor Bruce Peterson
11:00 a.m., Korean Worship, Pastor Young Park
6:30 p.m., Wednesday Children's Programs

Como Park Lutheran Church - Elca
1378 Hoyt Ave. W., St. Paul, MN 55108-2300
651-646-1727
Handicapped Accessible
epic@minnstate.net

CPC Context Ministry 651-644-1807
www.comoparklutheran.org
Sunday Worship Schedule:
• 9:00, 9:30 & 11:00 a.m. Worship
• 10:00 a.m. Adult Education & Sunday School
(Confirmation for 1st & 3rd Sundays, nursery provided every Sunday)
• Bibles available for 11:00 a.m. worship
• Call the church office before noon on Friday for a ride.

Ash Wednesday Worship, February 25: 7:00 p.m.
Wednesday Lenten Services, March 1, 8, 15, 22, 29 & 31: 7:00 p.m.
Pastors: Martin Erickson and David Greenfeld
Visitation Pastor: Leonard Jacobson
Director of Music Ministry: Thomas Ferry

Immaculate Heart of Mary Church
An Evangelical Old Catholic Community
2206 Hillside Ave. W (612) 473-1849 or 612-776-3172
Saturday Mass: 5 p.m. in Upper Chapel
De Groat's Wedding Ministry

Mount Olive E. Lutheran Church
651-664-4002
(66 WELS Congregation)
"AN OLD CHURCH WITH A NEW VISION"
Handicapped accessible, Wheelchair lift.
4140 Alwood at Pascal. 651-645-2375
Sunday Worship: 9:00 a.m.
Education Hour: 10:30 a.m.

St. Cecilia's Catholic Church
Crossett and Boylson Place, 651-644-4002
Website: www.stcecilia.org
Handicapped accessible.
Saturday Mass: 5 p.m. at the church
Sunday Masses: 9:15 a.m. and 10:00 a.m. at the church
(nursery provided during the 10:00 a.m) Mass
Daily Mass: 7:30 a.m. Tuesday, Wednesday, Thursday

St. Anthony Park United Methodist Church
2129 Commonwealth at Chelmsford, 651-646-7177
Website: www.sapcm.org
Handicapped accessible and an Open and Affirming Congregation.
Rev. Diane Packard, Pastor.
Sue Frazier, Child & Youth Coordinator
Adult Ed. Faith & Life Forum - 8:30 a.m. every Sunday
Sunday Worship: 10:00 a.m., Fellowship: 11:00 a.m.
Nursery Care & Sunday School provided: 10:15 a.m.
Sunday, February 1, 10:00 a.m. - Confirmation
Wednesday, February 25, 6:15 p.m. - Ash Wednesday Worship Service
Sunday, February 29, 10 a.m. - First Sunday in Lent

Holy Childhood School
Small Classes - German K-8
Extended Day - School of Sacred Music
Full Day Kindergarten
New Computer Lab
Affordable Tuition

Join Us for an Open House!
Tuesday, February 3rd @ 6:30 pm

Holy Childhood School
1435 Midway Parkway
St. Paul, MN 55108
651-644-2791

St. Anthony Park United Methodist Church

Living in the Light of Christ
2200 Hillside Ave (at Como)
651-646-4859
Pastor Donna Mattison
Sundays:
10:00 a.m. Worship Celebration
10:20 a.m. Sunday School (3 yr. to 12th gr.)
11:00 a.m. Fellowship
Victory Temple in Jesus Christ at 11:45 a.m.
Wednesdays:
9:00 a.m. - 10:00 a.m. Lunch Center (senior fellowship, activities, noon meal)
Sunday, February 1, 11:00 a.m. to 2:00 p.m. - Chicken Dinner

St. Anthony Park Lutheran Church
We are a community of believers called to joyfully serve God,
one another, and the world. www.sapcm.org
2232 Como Ave. W. Handicap-accessible, 651-645-8057
Pastor Glenn Berg, Moberg. Email: sapcm@uralink.net
Ash Wednesday Service: February 25, 7:00 p.m.
Sunday Worship: 8:30 & 11:00 a.m.
Sunday School: 9:45 a.m.
Ash Forms: 9:45 a.m.
Minnesota Faith Chinese Lutheran Church 1:30 p.m.
信義教會 大華天主

St. Matthew's Episcopal Church
2136 Carter at Chelmsford, 651-645-9008
Website: www.stmatthews.org
Sunday Services:
8:00 a.m. Holy Eucharist, Rt. 1, 10:00 a.m. Holy Eucharist, Rt. II
9:15 a.m. Christian Education for All Ages
4:00 p.m. Prospekt Hill Friends Meeting
Ash Wednesday Services at 10:00 a.m. & 5:30 p.m.

St. Michael's Lutheran Church - Elca
1600 West County Road B, Roseville, 651-633-1518
one block west of Snelling
7:00 p.m. Sunday Worship
Education Hour for ages 2 through adult 10:00 a.m.
Nursery provided. Handicap accessible.
Parsons: Robert Hayden and Sarah Breckenridge Schatz
For more information, check www.stmichaelselsa.com

Warrendale Presbyterian Church
1040 Como Ave. at Oxford, 651-489-6004
One Block north of Lexington Parkway
Rev. Timothy Held, Minister
Sunday School: 9:00 a.m., Worship: 10:15 a.m.