Park Bugle
St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park
Volume 29, Number 12 / June 2003

St. Anthony Park has its temperature taken
Residents bear neighborhood study results at May 6 forum
by Dave Healy

The doctor's report is in and the prognosis is optimistic. After poking and prodding the neighborhood for several months, Dr. David Lanegran and his diagnostic crew have declared St. Anthony Park healthy, wealthy and wise. The patient is expected to lead a long, full life.

Lanegran, geographer and Macalester College professor, was hired by two St. Anthony Park nonprofit organizations—the Community Council and the Community Foundation—to study the neighborhood and prepare a report that will have two primary uses. The Community Council will incorporate Lanegran's findings into a neighborhood plan it will submit to the city of St. Paul. The Community Foundation will use the report to guide in fundraising and grant-giving activities in the coming years.

"We found a high degree of consistency between business and residential concerns, and between residents of north and south St. Anthony Park."
—David Lanegran

Lanegran, who was assisted by several Macalester students, drew on three sources of information for his report. He assembled census and Community Geographic Information System Consortium data on housing, income and demographic trends in the neighborhood. In addition, St. Anthony Park residents and business owners were surveyed about their satisfaction with various neighborhood services. Finally, a forum was held on May 6 at which residents had an opportunity to discuss their concerns and rank them in importance.

Much of what Lanegran and
St. Anthony Park to page 4

Annual June festival features art and a whole lot more
by Dave Healy

The St. Anthony Park Arts Festival, a June tradition on Como Avenue, returns for its 34th run on Saturday, June 7 from 9:30 a.m. to 5:30 p.m. Though billed as an art fair, the event also features food, entertainment, plant and book sales, and displays by a variety of neighborhood organizations.

The heart of the festival is art, and this year's coordinator Arlene West has lined up 130 artists, about half of whom have displayed in previous years. They represent a wide variety of media including painting, watercolors, ceramics, jewelry, garden sculptures, mosaics, original clothing and more.

Besides art, three other sales will take place during the festival. The St. Anthony Park Garden Club will sell plants in the parking lot of Park Service, 2277 Como. The St. Anthony Park Business Council will offer T-shirts designed by local artist Warren Hanson. Also, from 11 a.m. to 3:30 p.m., the St. Anthony Park Library will hold a used book sale in the library's lower level, 2245 Como.

Other book-related events include St. Anthony Park author Shelly Sateren selling and signing her new children's book, "Cat on a Hot Tin Roof," outside the library by the bike rack. And the Girl Scouts will collect children's books for the Hennepin County Medical Center. They will be set up on the corner of Como and Luther Place.

Entertainment will take place in two locations. Ukambo, playing South American music, will perform most of the day at Como and Luther Place. The "Showmobile" at Carter and Como will feature mostly local performers, including Gleen Beng-Mohyer, Mark and Stephan Brancel, Burna Kugler, Richard O'Connor and others.

Food sales will include smoothies and Izay's ice cream at Grills, hot dogs and brats at Speedy Market, Asian burgers on the grill at Mussafiera, and outside vendors selling kettle korn, lemonade, gyros, burgers and roasted nuts.

Many neighborhood organizations will have displays along Como Avenue: the District 12 Community Council, the Park Bugle, St. Anthony Park Neighbors for Peace, Veterans for Peace, the St. Anthony Park Block Nurse Program, Feline Rescue and others.

Milton Square—a touch of Europe in SAP
by Judy Woodward

Ask most residents of north St. Anthony Park about the true geographical center of their community, and they're likely to mention the English Tudor complex of restaurants, retail businesses and apartments found at the corner of Carter and Como Avenues.

Milton Square is in its tenth decade now as a community anchor, and it seems to come as close to defining the physical heart of the neighborhood as is possible for mere bricks and mortar to accomplish in just under a hundred years.

When Richard Obie designed the familiar half-timbered, three-building complex in 1909, he was providing the then geographically remote neighborhood of St. Anthony Park with residential space, social halls and room for purveyors of the most mundane commercial necessities. The space in the complex now occupied by the well-known Mufflatta's Cafe spent most of its first several decades of existence as a grocery store.

Few realized then that the Square would one day be in the vanguard of the "boutique-ization" of the gentrified spaces of the newly reclaimed shopping playgrounds of the middle class.

In the 1970s, when Mufflatta's was making heroic efforts to obtain the first wine- and liquor license ever granted to a north St. Anthony Park restaurant, the concept of a re-energized, redeveloped urban space was considered daringly novel.

Nowadays, as Milton Square approaches its centenary, the complex's combination of revitalized antique spaces and "interesting" shops has been widely copied in every upzoned corner of the Twin Cities, wherever lattes are drunk and CDs flourish. The complex itself has an application pending for recognition by the St. Paul Heritage Preservation Commission. Yet all is not upscale contentment at Milton Square.

There are long-term vacancies among the commercial rentals. The lower-level cafe
Milton Square to page 16

On Monday, June 9 at 7 p.m. a celebration will be held at College Park to commemorate the new playground and tennis/basketball courts, which were completed last August. The event will be a "thank you" to all the neighbors, which will be a "thank you" to all the neighbors, and refreshments will be served. All neighborhood residents and business representatives are invited to attend.
CITY FILES

Como Park
There will be a grand opening for the new North Dale Recreation Center in June. Call the council office at 644-3889 for further information.

Mendota Homes, the developer of the Montana Woods housing development, has submitted a revised site plan calling for slightly less density. This adjustment, which adds a street and removes a cul-de-sac, was required by St. Paul Public Works in order to assure better water management.

A neighborhood meeting was held on May 14 for the purpose of responding to the current Mendota Homes proposal.

Groundbreaking is tentatively scheduled this summer for a senior housing development at Maryland and Dale Avenues. Developer Dale Frisch will partner with North End Area Revitalization (NEAR) on this project. NEAR will work to secure HUD funding for the project.

Lauderdales

The annual Dog on the Park will be held on July 12 this year. This is an all-family summer celebration featuring a parade, games, bingo and music. Call city hall for more information.

Falcon Heights
Falcon Heights has received a $150,000 Livable Communities grant from the Metropolitan Council for its Town Square development project on 4.5 acres on the southeast corner of Snelling and Larpenteur.

The grant will help build 14 townhouses that are part of the 189-unit, $39-plus million Town Square mixed-use, transit-oriented residential and commercial redevelopment project.

The city of Falcon Heights proclaims that the weekend of June 20-22 in Minnesota Street Rod Association's (MSRA) 30th Annual Race to the 50s Weekend. Log on to www.msra.com for further information about the planned events at the Minnesota State Fairgrounds. The 2002 event had 10,468 registered vehicles, making it one of the largest car events in the country. Falcon Heights expects nearly 100,000 spectators to attend.

St. Anthony Park
Bruce Rummel of south St. Anthony Park, Rose Gergie of north St. Anthony Park and Deb Keuhl representing businesses have been elected as co-chairs of the Community Council for this year.

The council passed a resolution supporting a study by University of Minnesota. The study will examine a 1,200-acre area located between Aldine on the east, the city limits on the west, I-94 on the south and the mainline railroad tracks on the north.

The study will be done in two parts. The first phase will involve a thorough examination of the status and needs of industrial companies currently located in the study area, and a study of future manufacturing trends.

After this phase of the study has been completed, the UMN and its member organizations will examine the spatial and land use implications of these findings and make long-term recommendations for the area.

This effort will be done in conjunction with the affected district councilors, which are in the process of updating their community plans, as well as a number of community partners and stakeholders.

Eureka Recycling is proposing a materials recovery facility (MRF) at 1800 Como Avenue, across from the fairgrounds on the south side of Como.

—Susan Conner

My TURN!
Affordable Quality Used Furniture for every room in your home!

It's Your Turn!
We're combining our Locations. Stop by our Hamline Avenue Shop and HURRY! Discounts end June 20th!

SAVE 10%, 15%
even 20% OFF!

1579 Hamline Avenue North
Falcon Heights, 651-603-0353

1686 Lexington Avenue (next to Keys) • 651-487-8975
Leisure Center keeps Wednesdays unluckily
by Michelle Christianson

What do seniors do who don't go to Florida, don't have part-time jobs, maybe don't even drive? Is their only option to sit and watch television or do some other solitary activity? Does social life stop after retirement?

St. Anthony Park residents were considering these questions in 1970 and came up with a creative answer—the Leisure Center at St. Anthony Park United Methodist Church. Over 30 years later, the group is still going strong.

The Leisure Center was a cooperative effort of four area churches—St. Anthony Park Lutheran, Corpus Christi Catholic, St. Matthew's Episcopal and St. Anthony Park United Methodist. It's open to anyone over 55 years of age, no church membership is required and there are no organization dues. The group meets every Wednesday of the year except for the two weeks during the State Fair and the Wednesday between Christmas and New Year's Eve.

On a typical Wednesday members start gathering at about 9:30 a.m. for coffee and conversation. At 10, organized activities (cards, sewing, painting, book discussion and crafts) begin. Lunch, at a cost of $6, is served at noon. After a short business meeting at 12:45 p.m., a program continues until 1:30.

Twenty year member Henrietta Miller started coming to the Leisure Center after she retired from her job as office administrator for the University of Minnesota Biochemistry Department. She was interested in the painting program but was soon recruited to be program director, a position she has held ever since. One of the first things she asks anyone she meets is, "Can you sing or dance?"

The programs vary widely. One week may be a travelogue, the next a dance program (they've hosted both cloggers and tap dancers recently), another featuring someone who plays a musical instrument or has another interesting skill.

Nurses from Lymphomenon Care Center and the Block Nurse program come to the Leisure Center each month to take blood pressure readings, give blood sugar tests and offer advice, and answer any personal health questions members may have. They also give seminars on skin and foot care, senior exercises and other topics.

The lunches are full meals cooked by Marie Karpinski with assistance from about 12 volunteers each week from area churches. Another dozen volunteers serve the lunch. There are special dinners with holiday themes for Valentine's Day, St. Patrick's Day, Easter, Thanksgiving and Christmas.

Last Christmas' meal was especially memorable, with five kinds of meat, homemade breads and all the trimmings. Members sign up at the Center the week before or call Karpinski (603-8960) by the Monday night before the lunch. The craft group makes the table decorations for the lunches each week. But that's not all they do. Their projects include sewing, knitting, amigurumi crocheting and other handicrafts. They make baby and children's clothing for Ramsey County Human Services; lap blankets for residents at St. Anthony Park Home; and quilts, stuffed animals, greeting cards, jewelry and other items for sale at the annual bazaar.

The money from the bazaar supplements funds brought in by the lunches and donations from individuals and organizations in the area. Phyllis Radd is in charge of refurbishing dolls for children in women's shelters and has a group working on the dolls each week.

Craft director Nancy Wenkel has volunteered at the Leisure Center for over 20 years because she sees it as a valuable way for seniors to get out of their homes and meet people in the middle of the week.

There is a great mix of people from all walks of life, from St. Anthony Park, Roseville, Lauderdale and even further away," says Wenkel. "I grew up in this community and see this as a way of giving back."

She especially likes the fact that Leisure Center is for everyone, not just members of the Methodist Church (which has graciously donated the space at no charge all these years).

Miller says about 30 to 35 people come to the Leisure Center each week, down from the 60 to 80 of earlier years, and this worries her a bit. She hopes seniors will recognize that this is an active group where people can meet new friends and expand their horizons. "It's a wonderful place to meet people."

Ask about our incredible 1-2 year Rate Locks.

Urban living meets modern life.

Conveniently located near the U of M and both downtowns

New construction in an urban neighborhood
Maintenance-free living
From the upper $100s

2577 Franklin Ave, Saint Paul

EMERALD GARDENS
URBAN TOWNHOMES & LOFT CONDOMINIUMS
GARDEN PARTNERS CONSULTING

EmeraldGardensLiving.com
651-999-0110

WE MAKE FRAMING EASY.

Our professional staff will listen to your ideas and work with you to design the perfect unique framing treatment for your work of art. We'll suggest the best way to preserve and protect it, too. Most work is completed in one week, so you don't have to wait very long. And our work is always guaranteed!
Small is beautiful . . . and vulnerable

What do people want in a neighborhood? Recent events provide some clues about what Bugle realities value in the areas where they live. In Falcon Heights, the imposing Town Square development reflects that community's decision to replace an older commercial area with mixed-use construction that combines housing and retail establishments.

In St. Anthony Park, housing is also on people's minds, as witnessed by discussion at a May neighborhood forum that revealed a strong consensus for maintaining a variety of affordable housing options.

St. Anthony Park residents have been prompted recently to weather one-way local establishment closures with the threat of the South St. Anthony recreation center drew strong opposition, making it clear that the neighborhood values highly that resource.

Other community assets were affirmed in response to a neighborhood survey conducted by urban geographer David Langean. Residents listed green space, the library and effective schools as things they liked about their community. The survey also revealed a strong desire for better walking and biking areas.

Two themes emerge from these events: diversity and accessibility. People like variety—in housing, in shopping, in a mix of developed and undeveloped land. And they like being close to the places they depend on for shopping, recreation and edification.

But maintaining diversity and accessibility is an enterprise fraught with peril. Commercial, educational and recreational facilities close to where people live are threatened by a bigger-better mindset. The neighborhood drug store, gas station, grocery store, barbershop, hardware store, post office—all are endangered species. So are neighborhood schools and recreation centers.

One-way local establishments cope with the threat of being overshadowed or swallowed up by trying to attract people from outside the community. So a neighborhood school becomes a magnet school. A store or restaurant tries to become a "destination" for people who may live far away. But what happens to the neighborhood feel of these places in the process?

Small may be beautiful, but it's also vulnerable. What's the future of such long-standing local establishments as Michael's Bookstore or Bloomberry Pharmacy or Herb Food Market or Noll Hardware? How about the Como Station post office? Or neighborhood elementary schools like Chelsea Heights or St. Anthony Park?

Or recreation centers like Langford, South St. Anthony or Northwest Como?

If the small enterprise can't compete, it will fold. The resulting reduction in accessibility makes a community less attractive. Ironically, however, success can undermine other people value about their neighborhood: diversity. Communities perceived as successful become attractive to outsiders, which causes real estate to appreciate, which makes housing affordable to an even narrower range of buyers, which makes neighborhoods less heterogeneous.

Healthy neighborhoods are a precious but fragile resource.

by Jack Neely

Once, when I was about 13 or 14, I took a shower at the YMCA after boxing. My only showermate was a rather thin gentleman who had two prominent eyes, looked very, very old. It was my first encounter with the unshaven human aging eldor. With an unexpected shudder at the crinkly, flaccid flesh, I wondered, "How long will he be before I look like that?"

Last night, a simple gesture brought me face to face with the reality of my own aging process. On the slippery side of 67 there are times when a lifetime of denial suddenly looms before you, as through the eye of a June bug just before it meets the windshield of reality:

It wasn't the gerontology class I took back when the (premature) monthly mailings from AARP that made me feel older. Nor was it the increasing difficulty of shaving the Gillette Foamy out of the deepening creases in my face. Or the realization that I was better off stepping down from the bed of my pickup truck rather than jumping. It was just underlined by an offer to bid a piece of my sideburns, by the appearance of monthly social security checks, advertisements for "extended care" policies, decreased hand-eye coordination and increased burnout on the racquetball court.

Nor did I feel older just because I realized I need a cat nap every couple of hours when cutting wood—the way my dear father-in-law, Ernest, took at age 70.

It's what other people do or say that brings it all home. This firstsuch occasion was when a high school student called me "sic." The second occurred a couple of years before I retired, when four of us had to physically subdue a student who was out of control and had threatened to step on the floor of the principal's office while awaiting the police. The principal, a man 10 years my junior, looked at me and asked, "Are you all right?"

Last night, I visited the old man in the slower age. My son drove me home after I finished baby-sitting my 14-month-old grandson. He dropped me off at the curb. There was a light on at the house. And then he waited for me to enter the house before driving off.

Love, thoughtfulness, caring—I know so. A blow to my manhood—a little. A sign that the sled is picking up speed on that downhill slope—definitely.

St. Anthony Park from page 1

his associates found was unsurprising. Property values, after increasing steadily through the mid-1990s, have jumped up sharply in the past two years. The neighborhood now ranks among the most expensive in the city. This has made housing in the area more difficult to afford and has led to a decrease in the number of single-family homes available for sale. As a result, the median sale price for a single-family home in St. Anthony Park is now over $250,000, compared to less than $100,000 just a few years ago. This has made it difficult for many people to buy a home in the area.

Another concern for residents is the rise in crime in the area. Although crime rates have generally declined in the city as a whole, St. Anthony Park has experienced an increase in certain types of crime, such as car theft and burglary. This has led to a sense of insecurity among some residents, particularly those who live in older homes.

A final concern for residents is the increase in traffic in the area. With the addition of new homes and businesses, there has been an increase in traffic on local streets, which has led to congestion and air pollution.

In summary, while St. Anthony Park is a vibrant and diverse community, it also faces challenges related to housing affordability, crime, and traffic congestion. These issues are being addressed by local residents and organizations, but they remain important concerns for the future.

Next Issue: June 25

Display Ads: June 11 • News & Classifieds: June 13

Advertising Representatives
Raymond Yates & Dan Schuler / Voice: 646-5369 / Fax: 646-0159

Park Bugle Staff
Editor
David Hailey, 646-5369
Production
Steve Parker, 489-0993
Subscriptions
George nee de, 464-3669
Billing
Helene Oak & Associates, 644-8563

The Park Bugle is published by Park, Inc., a nonprofit organization guided by an elected board of directors. Currently serving on the board are Paul Renshaw, Grace Davis, Karen Miller, Karen Smith, Dan Markot, Gordon Miller, Carolene Nystrom, Betty Olson, Genna Powell, Sheila Richter, Eva Roggens, Milton Shuster and Cindy Thistle.

Contributions
Rex S. Jean Lomove
Paul & Dorothy Offredal
Teresa & Karen Ubel
Fourth of July organizers look for security

by Dave Healy

Although it’s still early to begin thinking about the Fourth of July, it’s already time for a community gathering of organizers to begin thinking about the Fourth well in advance that the annual celebration of the holiday in St. Anthony Park is so successful.

“The Fourth in the Park” depends on volunteers, and the year event can use the talents and energy of neighborhood residents in many areas. The most immediate pre-Fourth event is a “stuffing party” on Wednesday, June 6 at 6:30 p.m. at Langford Recreation Center. Volunteers will help stuff envelopes for a mailing to local residents about the Fourth of July celebration. Anyone who wants to help should just show up.

On the Fourth itself, volunteers are needed to decorate the bandstand, distribute flags for the parade, serve food and sell raffle tickets. Anyone interested in helping with one or more of these activities should contact Julie Glowski at 647-9960 or julie@glowski@aol.com.

For the parade, trucks, convertibles and vintage cars are needed. Also, flags, groups and marching units of all kinds are welcome to participate. As always, the parade will conclude with decorated bikes, wagons, trailers, scooters, etc. Anyone interested in being in the parade should contact Sandra Kelsey at lobe005@uogsc.mm.edu or 645-5953.

In addition to volunteer help, the Fourth of July celebration depends on contributions from area residents and businesses. Several local businesses have already contributed to this year’s event, including Abu Nader, Bibeke, Carter Avenue Frame Shop, Gustafson Jewelers, Dr. Paul Kirkgaard, Langford Park Booster Club, Park Service, St. Anthony Park Bank and Speedy Mart.

Checks made out to SAP Association can be dropped off at St. Anthony Park Bank or mailed to: SAP Association, PO Box 8062, St. Paul, MN 55108. Anyone who wants to donate something for the drawings should contact Julie Glowski.

Join us for a Community Potluck and hear Arlen Erdahl, Former U.S. Representative

The United Nations in a Unilateral World

June 30
Community Potluck at 6 p.m. Talk at 7 p.m.
at St. Anthony Park United Church of Christ
2129 Commonwealth Avenue

Cheryl & Gordon Mylan
Joanne Nilson
Karen Nichols
Barry & Howard Choin
Michael & PatriciaNickle-Chen
Evan & Kim Noma
Marcie & Mike O’Connor
Charlene Otis
Julia Oudinas
Pat Oueh
Andrea Pappas
Phyllis Prantel
Carol Prendergast
Mark & Hilda Ridlender
Barry Ritzler
Janet & Tim Robinson
Judy Rupple
Michael & Ripa Rauscher
Judy Schuchardt
Steve & Susan Shamas
Shelley & Mark Sherman
Knollins Schub
Ann & Wayne Stiel
Ellis Swaner
Marilyn Swain
Louie Steinberg
Oliver Stimson
Todder Stueff
Karon Sweeney
Pat, Susan & David
Troy Sturdevant
Gloria Swine
Pete C. Thompson
Uncle Teddy
Robert Thuer
Anna & C. Taylor
Tami Tress
Dave Ullman & Robert
Winston
Dave Ullman
Hans Vandevert
Sharon Candy Wegner
Kathy & New Wellington
Jasmin
Roger Wheeler
Tom Will
Bill Wiser
Joy & Paul Woodward
Shyndl
Sharon Zander

Low Rates
MAY NOT LAST MUCH LONGER!

SEE YOUR LOCAL BANKERS FOR A GREAT DEAL ON AN HOME EQUITY LOAN!

Take advantage of low financing rates for home improvements, new cars, consolidating loans, and much more, before rates go up! Stop in or call one of our personal bankers for great service, several options, and of course, low rates!

PERSONAL BANKERS: Front: Sharon, Heather & Lindy Back: Mark, Pam & Michelle

CALL (651) 523-7800

St. Anthony Park Bank
2285 & 2300 Como Avenue • St. Paul (651) 523-7800
2171 University Avenue • St. Paul (651) 645-3800 Member FDIC

www.park-bank.com
The friendly, corner drugstore
is not a thing of the past!

**MICAWBER'S BOOKSTORE**

proUDLY SERVING SAINT ANTHONY PARK SINCE 1972

2238 Carter Avenue
Saint Paul, Minnesota 55106
651-646-5506

Monday - Friday 10 am - 8 pm
Saturday 9:30 am - 5:30 pm
Sunday 11 am - 5 pm

---

**Lawn Maintenance**

Are your lawn prices going up and the quality and consistency going down? Maybe it's time for a change.

**Spring Clean-up**

for those who maintain their own lawns. Services Include:

- Lawn power raked to pick up thatch and lawn grass
- Brush and garden raked or blown clean
- Lawn mowed
- Grass and leaves hauled
- Walkways blown clean

**Lawn Service**

- Lawn Mowing
- Weed Whipping
- Hedge Trimming
- Blow Off Walkways
- Monthly Billing

**Other Services**

- Fall Clean-ups
- Year-round Service
- Snow Removal
- Gutter Cleaning

15 Years Experience!

Call for your FREE ESTIMATE

651-490-7617

Feel free to leave a message if no answer.

---

**Garden View Cafe**

1871 W. Larpenteur Ave.
gardenviewcafe.com

$1.00 OFF Any Sandwich!

Limit 1 coupon per visit per person. Not valid with any other offers. Exp. 8/31/23。

---

**ROGER'S TREE SERVICE**

Caring for your trees & shrubs since 1974

Certified Arborist

Roger Lehn

651-699-7022

---

**Do You Have a CLUE?**

In the last decade, there has been a growing effort by insurance companies to keep track of claims filled on homes. Most home insurance companies feed their information into a national data base called the Comprehensive Loss Underwriting Exchange (CLUE). This data base tracks damage claims for the last five years. If your home has too many claims, it could be labeled as a "red¬knight money loser." Another name for this type of home is "uninsurable" through normal home insurance companies. Coverage will be available, but only at much higher rates.

Water damage claims are particularly troublesome right now because of a heightening concern over potential mold problems.

Where this can become a very large issue is when a home is sold. The new buyer may find themselves with a difficult-to-insure house, which could lead to a delay in closing or even a fall through on the home's sale.

Another facet of CLUE is that your personal history is also tracked. If you file an excessive number of insurance claims, you may be a buyer that is very uninsurable, but because of your personal claim history you may have problems obtaining insurance. Some insurance companies also look at personal credit history, fearing that people with poor credit are more likely to file fraudulent claims to obtain cash.

What can you do? First, stay with your current carrier. You have a history with each other and your agent can go to bat for you if problems arise.

Second, don't file minor claims. Think about making the deductible on your insurance and using the premium savings as an off-set against small claims.

---

**Father's Day**

Give your dad a lift with a special Carlton gift for him.

Blomberg Pharmacy

651-646-9645

1933 No. Barlinda at Hoyt
2 blocks south of Larpenteur
9th Mon. 8-5 Sat. 9-5 Sun.

---

**CARLTON CARDS**

- Agia Ti Bella

---

**Community Open House**

Sunday, June 2

2:00 - 4:00 PM

Lyngblomsten Care Center

1415 Almond Avenue, St. Paul

Remodeling is finished! Come celebrate and tour the new neighborhoods, including the Service Houses. Enjoy FREE TREATS AND ENTERTAINMENT.

Lyngblomsten Community Center

Ice Cream Social

Tuesday, July 8

2:00 - 7:00 PM

Lyngblomsten Courtyard

Midway Parkway & Pascal Street, St. Paul

Food at old-fashioned prices, music, entertainment, and games for ALL ages. Bring your families, friends, and neighbors! Worship Service outdoors at 7 PM.
Fabulous landscapes featured on garden tour

by Mary Maguire Lerman

Once again St. Anthony Park gardeners will display their finest designs in this summer's garden tour on Saturday, June 28. Nine busy gardeners have volunteered their time and energy since January to chair committees and get this year's tour off the ground.

Both residential and business gardens will be featured on this summer's tour. One special garden has changed dramatically since it was last featured on the garden tour. In fact, recent activity in this garden has drawn gardeners in the adjacent alley. The story of this renovation begins at Speedy Market.

If John Thomas and Chris Call had not snapped up speedies to pick up sandwiches back in 1993 when they were busy remodeling a kitchen on Raymond Avenue, they would have missed the "For Sale by Owner" sign in front of the nearby 1935 bungalow. Since purchasing the home, there has been a flurry of activity both indoors and out. The front yard has been converted into a cozy patio garden, and the backyard has undergone several transformations.

Nine years ago Thomas and Call had created a plan for the landscape with numerous stages. Like many homeowners, all plans are put on a schedule based on available time and finances. This season the backyard is undergoing another phase that will be ready in time for the late June tour.

How did this garden come together? Two gardeners, each with different ideas, have blended their thoughts and energy to create a real stunner. Thomas is a landscape architecture graduate from the University of Wisconsin and owns Thomas Landscape. He designs and installs landscapes, and several of the gardens on this year's tour came from his drawing board.

Prior to setting up his landscaping business in 1992, Thomas worked as a designer for Lied's Nursery in Milwaukee and then Bachman's here in the metro area. His great aunt was an avid gardener, and he spent some of his formative years on a farm. There he had the responsibilities of mowing the lawn and took great care in edging it. Now he can determine just where each plant is placed in the growing garden, and he has gradually been reducing the property's mowable area.

Call has a degree in civil engineering that comes in quite handy with the house renovation and garden landscaping. He remembers caring for a vegetable garden when he was growing up. After college graduation, he purchased a home in Minneapolis where his neighbors were active gardeners. Call soon succumbed to peer pressure. He picked up packets of native seeds at a home and garden show and grew them into plants in his sunroom. His backyard evolved into a native landscape within a short time.

Where do these two find their great plants? Chris and John frequent many garden centers in the Twin Cities, but their favorites are the smaller neighborhood centers including Highland Nursery, Landscape Alternatives, Boulevard Gardens, Bloombury Market and the newly opened Tanglewood Gardens.

Together, their training and garden interests have created a master landscape. This summer, their backyard garden features a labyrinth and large-scale chessboard created from Montauk slate, alternating with turf. A terraced patio of New York bluestone overlooks the chessboard and labyrinth, and is surrounded by raised beds of perennials.

However, the plan made nine years ago is still not complete. Several more items remain to be done. When will it be finished? Their authority on the matter is Lani Shapiro, a Chelmsford Street gardener, who has told them "you're done when you're dead!"

2003 ST. ANTHONY PARK GARDEN TOUR

Saturday, June 28th 10 a.m. to 4 p.m.
Rain or Shine!

12 fabulous gardens to visit
Master gardeners
Music by Dunquin at Alden Square

Advance tickets $10.00 sold through June 26th at Ginkgo in the Park, Hearts & Vines and Park Hardware

Tickets day of the tour are $13.00
Ticket sales and advance ticket exchange begins at 9 a.m. on the lawn of the St. Anthony Park Community Library 2245 Como Avenue at Carter

Sponsored by the St. Anthony Park Garden Club

Proceeds benefit gardening and natural resource programs in our community

St. Anthony Park Healthcare Professionals

St. Anthony Park Dental Arts, P.A.
Dr. Bill Harrison www.sadentalarts.com
2282 Como Avenue, 651-646-1123

St. Anthony Park Dental Care, 2278 Como Avenue
Todd Grossmann, DDS 651-644-3805
Paul Kirkgaard, 651-644-9216

St. Anthony Park Clinic, Dr. David Gilbertson, D.O.
Omar Tewen, M.D. 2315 Como Avenue, 651-646-2549

Twin City Linena Home
2040 Como Avenue, 651-646-2544
Member of the Board of Social Ministry

Franklin J. Steen, DDS
2301 Como 651-644-2757

HOLLY HOUSE Center for Integrated HealthCare
Building optimal health naturally! 2265 Como, 651-645-6951

Smell the flowers. Drink the bouquet.

ENJOY A GLASS OF WINE ON THE PATIO

LUNCH DINNER

MUFFULETTA

In Milton Square
2200 Como Avenue West
St. Paul, MN
Reservations 651-644-9116
There is no frigate like a book

Children's author finds fiction is a hot tin roof
by Lisa Steinmann

"Not including marrying my wonderful husband and having my own perfect kids, it was the best thing that's happened to me in my life," says author Shelby Swanston Sateren, describing how she felt when the magazine Publishers Weekly named her the standard bearer for the book industry, used the word "hilarious" to describe her new book "Cat on a Hot Tin Roof.""

"My number one goal in writing this book was to make kids laugh. I wanted to write a book that was fun, funny and strong." The next best thing to happen to Sateren is to have this book published after 20 years of patience and perseverance as a children's book writer. She is a seasoned author, with 16 nonfiction books to her credit. But "Cat on a Hot Tin Roof," published in May, is her first work of fiction and "her baby," as she likes to call it.

The book is written from the point of view of sixth-grade Cat Carlson, who finds herself suddenly homeless after her best friend moves to Paris. The book follows Cat's adventures as a new trying to make friends with a hip, boy-band-obsessed girl named Cassidy McGinn.

Cat first meets Cassidy at the store, where her mother has sent her to pick up corn for dinner. Cassidy is there reading the "Back to Cool" issue of "Tween Magazine." They realize that they will both be entering sixth grade at the end of summer. They get to know each other as they start school and do things together like swim at Como pool and shop at Resurrection Dads and Saver's Plus.

If any of these places sound like code for something familiar to readers of St. Anthony Park, Sateren admits that she had the area in mind as she wrote. However, she points out that the book is really a composite of stories and places she has known. Some of them come from St. Anthony Park, where she lives with her husband, Roald, and two sons, Erik and Anders.

The book also draws on her own childhood. She often experienced the challenge of making new friends because she moved seven times during her school years. She remembers many hours riding in a dusty VW van as her family ranged from Minnesota to points west, south and east; and norther; Sateren spent her middle school years in Canada.

The reason she chose to write about girls in the 8-12-year range is because it was her happiest time in school. "I dearly love that age," she says. "It is a time to giggle, to be fun and free."

Sateren found inspiration for the various characters and situations in her book from friends, family and neighbors. Her father helped her write about a science fair project where a motor scooter is powered with methane from rotting garbage. The idea for a boy band encounter is based on a true story that came from friend Shara Berg, whom Sateren met while working at Bibelot. Neighbor Holly Bell, a former manager at the Target Center, helped Sateren imagine the logistics of trying to sneak a meeting with a superstar pop band.

Cat's anxiety about appearing too smart at school in front of her new friends grew out of a discussion the author had with a group of tweener girls (in between ages 10 and 12) at Langford Park one day. In the book Cat describes her school as "filled with dorks so tight you couldn't crack them open with a jackhammer." Sateren included ideas from Megan Thrasher and Hannah Worku about cliques and what it takes to keep up appearances in sixth grade. She not only lis ted closely to what the girls said but how they spoke too. It helped her develop Cat's voice, rich with the quirky, intense language of tweener girls.

Another important local influence on Sateren's writing has been St. Paul author Judy Delton, who's written several book series for children, including the popular adventures of the Bee Wee Scouts. Sateren was invited to join in writing workshops that Delton conducted in her home on Summit Avenue until her death last year.

Delton loved the story of Cat Carlson and encouraged Sateren to send a sample of her book to Random House, where it was picked up for publication. The editor at Random House kept her hard at work for more than a year revising and reshaping her book.

"I have never worked so hard in my life," sighs Sateren, describing how she would get up at 2:30 a.m. to find time to write. The payoff is not just the publication of this book; her editors have asked for another book, although it will not be a second one about Cat. Sateren also just got the exciting news that her book will soon be published in Italy.

It is a busy season for Sateren as she works to keep up with the success of her first novel. The Red Balloon Bookstore on Grand

Letters reveal father-daughter relationship
by Amy Causton

With the media attention given to the "great generation" and the rising interest in genealogy and family histories, many people are delving into their past. For most of us, such delving results in a completed family tree or some good stories. For Anne Yvriaker, it resulted in a book.

Yvriaker (pronounced "ill-va-soccer") saw her first novel, "Dear Papa," published last year. The novel is in the form of letters written by nine-year-old Isabelle Valborg Anderson to her dead father, as well as to family and friends. Set during World War II, the novel depicts the changing dynamics of a family dealing with loss.

For Yvriaker, the story began with a visit to her Aunt Betty, who as a child had written a letter to her father just before he died. Yvriaker and her aunt searched for the letter but never found it. Instead, Yvriaker returned home with a number of old family photos and her curiosity piqued.

Eventually she wrote her own, fictionalized letter, setting it at about the time her grandfather had died and using a photo of her aunt from that time to inspire her. That photo appears on the book cover, along with a photo of Yvriaker's grandfather at his gas station and the house, 1234 Palace Avenue, where Yvriaker's family—and Isabelle—grew up.

The novel begins one year after the death of Isabelle's father. Yvriaker chose to start there because "the second year after a loss is harder than the first year. The finality of it sets in and you realize you can never talk to that person again. I figured a year after her father's death would be bursting with what she wanted to tell him."

In writing the book, Yvriaker drew on her feelings about her own father's death in 1996. "The emotions Isabelle is feeling are emotions I went through dealing with my dad's death as an adult," she says.

Dear Papa page 10

Neighborhood story tells branch out
by Anne Holzman

The quiet, little gray book on sale at St. Paul branch libraries for $10 a copy may constitute a new art form, according to its creator, who recently published "Twelve Branches: Stories from St. Paul" after a year and a half of committee meetings, community storytelling sessions and collaborative writing. The book reads like a short story anthology, except that the settings add up to a familiar map of the city of St. Paul.

The Friends of the St. Paul Library planned the book to mark the reopening of the Central Library in 2002. They wanted to recognize that event while also drawing in the branch libraries. Sending writers to interview neighbors at each library, then "chain-write" a book, seemed like a way to connect the system together.

Four writers were hired, based on their community teaching experience as well as their literary track records. Branch libraries and the Pioneer Press publicized their project and encouraged participation. A writer visited each St. Paul neighborhood library to listen to the stories of people gathered there. After several visits, the writer drafted a short story based on the anecdotes, historical details and characters that had arisen in the library sessions.

Nora Murphy, who wrote "The Butterfly Garden," based on St. Anthony Park library visits, said there were some hitches in the process. "Each of us had one library where no one showed up," she said, and the attendance at St. Anthony Park was smaller than she had expected. Nevertheless, it was the largest of her three assigned libraries, and she worked plenty of familiar geographical and historical details into the finished product. Speedy Market, the library itself, Langford Park and the Fourth of July parade all figure in the story. The porch swing that is central to the story came from one person's reminiscence in a library session.

The writers resorted to other methods when no one showed up for a session. Thanks to their long experience with community projects, they could arrange interviews at other locations when necessary, or draw on other characters from the neighborhood. Murphy met with a group of seniors at the Hallie Q. Brown Center after no one materialized at the Lexington branches, and from their reminiscences she drew details about Negro League baseball games.

Twelve Branches page 10
Readers invited on journey inside secret garden
by Michelle Christianson

Carolyn Strom Collins, along with her collaborator, Christina Wren Erikson, has a knack for choosing just the right children's classics to explore. Her three books about "Anne of Green Gables," four about the "Little House on the Prairie" series and one about "Little Women" (not to mention the craft book for preschoolers) have all been popular. But now she has taken on perhaps the best loved (at least among little girls) of them all—Frances Hodgson Burnett's "The Secret Garden."

The University Grove writer began working on "Inside the Secret Garden: A Treasury of Crafts, Recipes, and Activities" in the same manner as she has always worked. She first read carefully through the book, underlining words, foods or activities that may be unfamiliar to children or might suggest a creative activity. Then she and Erikson traveled to the places in England that inspired Burnett: Great Mayham Hall in Ribenden, Kent (where the actual secret garden still exists), the site of Frotton Hall in Yorkshire and the Yorkshire moors.

They took many photographs that their illustrator, Mary Collier, used to bring the book to life, and they sifted through countless papers, letters and old photos to see how much of Burnett's real life was reflected in "The Secret Garden."

The book is divided into five chapters, the first of which briefly describes the book's plot and also contains a short biography of Burnett plus a timeline listing world events coinciding with major events in her life. The second chapter explores life in a typical manor house, including the roles of the servants, the types of buildings on the grounds and the gardens that would have been part of the manor.

The next three chapters more directly involve readers. The third chapter contains menus for food that Collin, Mary and Dicken (the book's main characters) ate and gives authentic recipes using ingredients a modern American child would have available, but sticking to methods and appliances used in the 19th century (no microwaves here). The fourth chapter gives children ideas for creating their own secret gardens, both miniature and on a larger scale. The fifth chapter contains many activities inspired by "The Secret Garden," including garden crafts and creating your own "skipping rope." Sprinkled throughout are quotes from the book connecting the activities to the characters.

Readers of "The Secret Garden" know that there are many words (from India, "Yorshirisms," and older British terms) that are unfamiliar to children (and some adults). The glossary at the back of the book is helpful for both meaning and pronunciation. Collins speaks of herself as a "literary detective, a son of Nancy Drew of books." She reads between the lines and looks behind the scenes at the authors, settings and time periods of all the books she has explored. She is careful to see that there are no false (beyond the original illustrations) in her books, so that readers can use their imaginations to picture the characters. Her books are popular with mother-daughter book clubs because of the love and detail that go into each book. Collins can't reveal the subject of her next book because she is in negotiation with her publisher. But whatever classic she chooses will definitely be lovingly researched and illuminated for any enthusiastic reader.

Saint Anthony Park Dental Arts, P.A.
Your caring local office for cosmetic and family dentistry
William Harrison, DDS
A tradition of excellence spanning 75 years!

2282 Como Avenue West
Saint Paul / 651-646-1123
Fax 651-646-1987 / www.sapdentalarts.com

IN REAL ESTATE,
KNOWLEDGE IS 
POWER.

Call or e-mail for more information
Beth Richardson
CIR, ABS
651.646.2100
www.moveingominnesota.com

IN REAL ESTATE,
KNOWLEDGE IS 
POWER.

Call or e-mail for more information
Beth Richardson
CIR, ABS
651.646.2100
www.moveingominnesota.com

SOURCE
COMICS
& GAMES

1601 West Larpenteur Avenue
(Forest Corner of Snelling & Larpenteur Avenue)
Falcon Heights, MN 55113

Phone 651-645-0386
Open 10:00am to 9:00pm
Monday-Saturday & Noon - 6:00 pm Sunday!

SALON E.Q.
2230 Carter Avenue, Suite #6
Saint Paul, Minnesota 55108

cutting  cloning  styling  wixing

Emma Quislen 651-646-8700

INTRODUCTORY $5 DISCOUNT FOR NEW CUSTOMERS
Hot Tin Roof from page 8

Avenue in St. Paul held a publication party for Sateren and her boyfriend. They choose a site that was an especially appropriate place to celebrate because she worked there as a bookseller for five years during the 1980s.

On June 7, she will be selling and signing her books at the St. Anthony Park Art Fair. Her books will also be available for purchase at Bluestem and all member bookstores. On June 21 she will make an appearance at River City Books in Northfield (one of her former home towns.)

Despite the current whirlwind, Sateren is clearly delighted with the whole experience. Indeed, she admits that "I am writing for myself, to be truly entertaining you have to delight yourself."

Dear Pappa from page 8

Writing the book in epistolary form was a comfortable choice for Yvisaker, a lifelong writer who loves writing letters. However, she wasn’t sure it would work for a novel. “It’s a hard way to write, because everything has to go through one person’s filter,” she says. In the end, she stuck with it because “it just kept working.”

She used her imagination to write the story, but interviewed friends and family who grew up during World War II for accuracy. “Writing the book made me feel closer to my family,” she says. She also got books from the library for photos of the clothes and other details of the period.

To write in the voice of a nine-year-old, she called upon her extensive teaching experience. Yvisaker taught elementary school for 12 years, mostly third grade. She says she loses that edge because of the “positive outlook, confidence and humor” she sees in the children. She feels this “direct” voice is more endearing.

In addition to the 19 fiction books (two under the name Anne Hanson, as well as numerous essays and magazine articles for adults, but “Dear Papa” is her first published fiction. In addition to her writing, she gives workshops in schools on fiction and nonfiction writing, letter writing, and journalism. She stars a typical day by writing a letter while her daughter gets up. Then, after taking “a couple of hours to do the mom thing,” she spends time walking and ruminating over ideas she’s working on, as well as generating new ones. Yvisaker says she’s currently “in the process of a novel that involves a lot of walking.” She generally finds that she needs quite a bit of time to let the ideas “percolate” before she gets to the “white heat” stage of intense writing.

Her hard work has paid off: “Dear Papa” was named one of the Top 10 Youth First Novels of 2002 by Booklist Magazine, and Red Balloon Bookstore is featuring the book for Grand Old Days. Yvisaker will be signing books as well as appearing in the Grand Old Days parade June 1. Her daughter will accompany her, dressed like the photo on the book cover.

But for Yvisaker, perhaps most gratifying has been to see people of all ages embrace her book. “I’m speaking to grades 3-8 this year,” she says, “and I’ve been speaking at quite a few adult book clubs.” Add in the members of the “greatest generation,” for whom writing was something to be especially resonant, and you truly have a book for children of all ages.

Twelve Branches from page 8

and the dances that accompanied them. She said she was lucky in that case because her father grew up in that neighborhood, and she’s chosen it in the past for other research projects.

A different kind of book could have resulted, had oral history been the goal, along the lines of the Appalachian culture recorded in the Fredric project’s many books, or the splashed interviews of Stads Terkel. But this is fiction, not oral history.

Most of the “Twelve Branches” stories have one cohesive plot, although several read more like character sketches. There are mystical overtones in some; and the writers have invented dialogues, letters, and in some cases whole new characters to tell the stories. They’re the sort of the bitterness of being an outsider, the grace of connecting with a neighbor, the sweetness of falling in love.

Murphy said that the intention to do something different was clear from the start. “What the library wanted, what (the publisher) Coffee House wanted, was fiction coming out of St. Paul,” she said. So while she did feel obligated “to put in a little bit from everyone I talked to,” she was free to use her usual fictional techniques to bring it to life.

Murphy said she’d like to do it again, and she’s considering ways to approach community writing and invite more participants into such a project.

The best part, she said, was reading selections from the book, first in a city-wide celebration with all the authors, then in some of the branches. At St. Anthony Park, she said, people who attended the reading responded with more reminiscences.

“That’s what I loved, the sitting around and sharing stories,” she said. She hopes to bring that feeling into future writing projects, which might draw participation the way murals and other public art projects sometimes do. “I think this just scratched the surface” of what community writing projects can accomplish, she said.

Notice to Gas Company Customers

Is Your Furnace Old But Not Broken?

Call for details on our furnace replacement program for Xcel customers only. You will receive up to $752 for participating in this program. Call today.

651-766-6763

www.homeenergycenter.com

South St. Anthony Park!

989 Cromwell Avenue

$194,900

A lovely two story home in wonderful condition with classic early 20th century American style and craftsmanship, from the gorgeous woodwork to the beautifully updated kitchen and bathrooms! There are 2 bedrooms upstairs plus a nice den or office. The brick fireplace in the living room is surrounded by natural woodwork, and there are gleaming hardwood floors throughout the living areas. The home is nicely shaded by mature trees, there is an inviting front porch and an attached garage. It’s situated in a convenient location near Hampden Park and deserves your immediate attention, especially if your price range is under $200,000.

Steve Townley

644-3557 • 2190 Como Avenue

www.stevetownley.com

Twins

791 RAYMOND AVENUE ST. PAUL, MN 55114

HOURS

TUE-FRI 11:00 AM-9:00 PM • SAT 5:00-9:00 PM

SUN 5:00-6:00 PM • RESERVATIONS ACCEPTED TUE & SAT 651-644-2655
Gardening
The St. Anthony Park Garden Club's annual plant sale will be held Saturday, June 7 in connection with the Art Festival. A wide selection of perennials and some annuals will be available for purchase in the Park Service parking lot. Sale hours are 9 a.m. to 2 p.m. Proceeds go to benefit gardening and natural resource programs in the community.

Participants in the freeborn removal program during the last three years will receive a set of coupons for discounts at six menu-area nurseries.

Volunteers are needed to assist with checking tickets and providing directions during the June 28 Garden Tour. Volunteering for a 3-hour shift nets a free ticket for the tour. To volunteer contact Gitte Mohr at 644-3379 or gitte_mohr@hotmail.com.

Reunion
The Central High School class of 1958 will hold a 45-year reunion on August 9 at the Sheraton Four Points Hotel in St. Paul's Midway area. Registration will be accepted through June 15. Call 952-831-8890 for information.

People
Laurel residence Annice Jean Claussen was presented with the Elisa A. Drew Prize in German at Hamline University's Honors Day Awards Ceremony on May 1. The prize is awarded for academic distinction in German. Claussen, a graduate of Roseville Area High School, is the daughter of Rand and Barbara Claussen of Lauderdale.

On April 30, 32 young women representing St. Paul city and suburban public and private high schools received the Athena Award for outstanding achievement in athletics. Among them were St. Anthony Park residents Colleen Schramm and Sarah Elizabeth Watkins.

Schramm lettered in soccer, gymnastics and track. She was named to the all-section academics team her junior and senior years, and received MVP, all-conference and all-section honors in track. In addition, she has been a member of Como's speech team, French club, and junior and senior class board.

Watkins lettered in soccer, cross country skiing and track. She was a three-year all-conference selection in soccer as well as MVP and captain. In cross country skiing and track she was voted all-conference for three years. She is a member of the National Honor Society and Central's student council.

Gibbs Museum
Special events in June include the following:
June 1: Soup Making
Learn the basics of making soup and receive recipes to try out at home.
June 6: Bread & Bum in a Jar
Help churn butter and bake bread, then simplify the treats.
June 15: Father's Day
Old-time music at the museum.

Volunteers are needed to assist with checking tickets and providing directions during the June 28 Garden Tour. Volunteering for a 3-hour shift nets a free ticket for the tour. To volunteer, contact Gitte Mohr at 644-3379 or gitte_mohr@hotmail.com.

Reunion
The Central High School class of 1958 will hold a 45-year reunion on August 9 at the Sheraton Four Points Hotel in St. Paul's Midway area. Registration will be accepted through June 15. Call 952-831-8890 for information.

People
Laurel residence &nbs...
Honeymoon Escape for you!
Popular destinations are Hawaii, the Caribbean, Tahiti, Mexico, and Europe.
Call today to talk to Cindy or David, your personal travel designers.

Como Rose Travel
2301 Como at Doswell • 651-646-8855

Imaginative Solutions for Everyday Living
Architectural and Interior Design
• Additions & Porches
• Colors & Textures, Lighting
• Furniture, Layout
• Kitchens & Baths
• Attic Finishes
• Small & Big Projects
651-647-9225

Presto Ro Manicure
2599 University Ave. W.
Minneapolis, MN 55451

Music
The Coffee Grounds
1729 Victoria
May 10, 7pm

The Garden Club
1164 Victoria
May 23, 7pm

The Coffee Grounds
1729 Victoria
May 30, 7pm

The Garden Club
1164 Victoria
June 13, 7pm

The Coffee Grounds
1729 Victoria
June 27, 7pm

The Garden Club
1164 Victoria
July 11, 7pm

The Coffee Grounds
1729 Victoria
July 25, 7pm

The Garden Club
1164 Victoria
August 30, 7pm

The Coffee Grounds
1729 Victoria
September 13, 7pm

The Garden Club
1164 Victoria
October 25, 7pm

The Coffee Grounds
1729 Victoria
November 8, 7pm

The Garden Club
1164 Victoria
December 12, 7pm

Visual Arts
Goldstein Gallery
244 McNiel Hall, 612-624-7437

"Bonnie Closen: An Evening Soliloquy"
June 1 – September 7
Opening reception June 1, 5-7pm

Undercroft Gallery
2155 Canar Ave., 612-705-28

What is God calling you to do?
It's God calling you to take the next step in your ministry? Or, maybe you know someone with gifts for Christian leadership and can encourage their call.

Discover how you, or someone you know, can prepare for leadership at Luther Seminary.

Visit us online, wWw.luthersem.edu/CD, to order a free copy of our informational CD-ROM, "God Could Use Someone Like You," or call us toll-free, (800) 588-4373.

www.luthersem.edu

The Community Calendar is sponsored monthly by

Wellington MANAGEMENT, INC.

Serving the community’s needs in
• Office and Retail Space Leasing
• Property Management
• Investment Real Estate

292-9844
JUNE CALENDAR

2 Monday
• St. Anthony Park United Methodist Church (651-644-0069), 8 a.m. Every Monday.

3 Tuesday
• Sir Tree (For 5-year-olds and younger). Lloydland Park Rec Center (651-717-2400), 10 a.m.-1 p.m. Every Tuesday.

6 Saturday
• St. Anthony Park Am Fest. 9:30 a.m.-5:30 p.m., Como Ave.

9 Monday
• Park Pers. Br. Park Pool Banquet Meeting. St. Anthony Park Rec Center Community Room, 7 p.m.
• Como Park & Lushardle recycling.
• College Park Celebration. 6-7:30 p.m.

10 Tuesday
• Lushardle City Council, City Hall, 1811 Webster St., 7:30 p.m.

11 Wednesday
• Lushardle City Council, City Hall, 2077 Como Ave., 7 p.m.

12 Thursday
• First blood pressure, balance and health assessment by the St. Anthony Park Block Nurse Program. St. Anthony Park, 9 a.m.-1 p.m. Every Thursday.

13 Friday
• Falcon Heights recycling.

17 Tuesday
• District 10 board meeting. Call 644-5897 for details.

18 Wednesday
• Lloydland Boys Club, Lloydland Park, 7 p.m.
• St. Anthony Park recycling.

20 Friday
• Falcon Heights recycling.

23 Monday
• St. Anthony Park Block Nurse Program board of directors meeting. St. Anthony Park United Methodist Church Library Room, 6 p.m.

25 Wednesday
• St. Anthony Park United Methodist Church Library Room.

28 Saturday
• St. Anthony Park Garden. 10 a.m.-2 p.m.

30 Monday
• Community picnic. St. Anthony Park United Methodist Church, 6 p.m.

Your neighbors in St. Anthony Park

ST. ANTHONY PARK
DENTAL CARE
2278 COMO AVE / ST. PAUL

A Foundation of Neighbors

Coming together...

By Eileen Plato
Board Chair
St. Anthony Park Community Foundation

As the new board chair I'd like to take a moment to introduce myself. I've lived in the north end of the community for over twenty years, and became a Foundation board member two years ago. I've enjoyed my time on the board, and look forward to the challenge of continuing the tradition of leadership established by our first two chairs, Andy Boysen and Kent Berlin.

They have done much during our first four years to make the Foundation an important asset to our neighborhood. I am also excited about the potential for community building offered by the recent St. Anthony Park Profile Report which was presented by MacLantern Professor David Langesan at the Community Forum on May 6. It was inspiring to hear so many neighbors there, working together to identify the opportunities and concerns that need to be addressed by our neighborhood plan. It will be essential to have continued and vigorous community participation in this process to ensure a strong and useful strategy for the future of St. Anthony Park.

I'm looking forward to the discussions that the Foundation will have about how best to support our neighborhood in this next stage of development. As a board, we are extremely fortunate to have such a wonderful mix of commitment and experience. I'd like to publicly welcome our five new members: John Archabal, Bob Amanda, Audrey Voshe, Gerta Hauberg and Tim Smith. They come highly recommended and are expert in areas important to the Foundation's growth.

I'd also like to thank those board members who ended their terms recently: Vic Christensen, Beth Richardson, Ellen Waters and Steve Wellington. Their leadership shaped the Foundation in many ways during our formative years, and we will continue to seek their advice and involvement as we move ahead.

St. Anthony Park is a wonderful neighborhood, which has benefited for many years from the involvement and commitment of the people who live here. Together we can continue to retain these qualities that will secure a strong and vibrant community for future generations.

QUALITY CRAFTING - CRAFTSMANSHIP
With our special emphasis in wooded
Specializing in remodeling and preservation of older homes

Tectone Construction
Call Jim Oms in the Park at 651-645-5429

Q U A L I T Y C A R F I N K I N S M A N S H I P

Garden View Café
1871 W. Larpenteur Ave. gardenviewcafe.com
$1.00 OFF Any Sandwich!
Limit 1 coupon per visit per person. Not valid with any other offers. Exp. 5/31/13

professional painters - paper hangers
• Interior & Exterior Painting • Staining & Varnishing • Patching & Sheetrock Repair • Taping & Ceiling Spray Texturing • Residential & Commercial

Water damage repair interior and exterior
Jim Larson 651-644-5188
Family Business In The Park For Over 40 Years
Licensed • Insured • Bonded • D2237

larson decorating.

ST. ANTHONY PARK
COMMUNITY FOUNDATION
651-644-1455
supfoundation.org

If you want to know more about the Foundation call Jim Schmoller at 651-644-1455 or visit our website at supfoundation.org
Aging Gracefully

by Mary Jo Tarusar

The current political and economic climate in our state got me thinking about values. For example, a reduction of human services so a few people can keep a few dollars in their pockets consistent with the values of Minnesota? If we lose our values and focus on self-interest, what do we lose?

It occurred to me that a strong set of values is as vital a component of good health in individuals as it is for our state. Have you read the psychological study, "Man’s Search for Meaning," by Victor Frankl? Dr. Frankl was interned in a concentration camp during World War II. He found himself in a unique setting for a psychological study on human survival. His case notes were written on toilet paper and smuggled out of the camp.

What Frankl found was that physical health was not the major factor that determined whether an individual survived. The people who survived were those who had values that gave their lives meaning, even in that bleak environment—those who maintained hope in a hopeless world, who had values through which their captors deemed their lives valuable. Mothers who survived for their children, those who retained deep religious faith despite horrific events in the world and their lives, people with a mission, like Dr. Frankl himself. I have seen examples of this phenomenon in action, and it never ceases to amaze me. Several years ago, Jim Harris had severe leukemia. He decided that since he was unable to work, he would start an e-mail lobbying program for issues he felt strongly about.

The organization he started, Progressive Secretary, now sends e-mails to public officials on a variety of issues. This is done on behalf of thousands of people who have signed up with the program, and Jim has been in remission for five years—against all medical prognostications.

How does this apply to our lives as we age? It’s pretty simple: As we age out of roles that have had meaning for us throughout much of our lives, we need to find new ways of keeping our lives meaningful.

Some of us who outlive friends, spouses, even children must find new people and activities to occupy our hearts and minds.

It is a truism of folk wisdom that those who feel someone— anyone—needs them are usually happy. Common sense also tells us that those who feel unnecessary are usually pretty miserable. But can usefulness be lethal? I think so.

My grandmother was coerced to retire from her job of 30 years at the relatively young age of 65. Within a year she was dead. The official cause was a brain tumor, but all of us who knew her realized that when she no longer felt useful, she gave up.

What would have happened if she had plunged into a volunteer role, planted a garden that needed tending or begun a campaign of visiting her housebound friends?

There is nothing that can guarantee anyone a long and healthy life. But finding something that gives our lives meaning—and finding new meaning in life as we age and our circumstances change—is surely as critical as good diet and regular exercise.

The St. Anthony Park Block Nurse is interested in your ideas and opinions about health and safety topics for all of us, as we get older. If you have comments or suggestions, please contact us at sapnbn@tsbstream.net or 642-6052.
INDOOR AIR QUALITY System can help! Designed to help people irritated by allergies, it will also help preserve your carpet and furniture! Call Dan at Pacific Aire for an in-home demonstration: 621-4023.

ROGER'S TREE SERVICE serving out area for 30 years. Your complete tree service. Roger Gager, certified arborist 651-699-7022.


CARLSON PAINTING: interior/exterior, wallpapering, refreshing, 20 yrs, experience, free estimates. 651-429-8984.

ARTISTS AT WORK - A unique company in the service of house cleaning. 651-633-2768, mnrastudios@aol.com. Quest has repaired their outside line for our number. If you tried calling in May, please try again.

QUALITY BEST PAINTING: interior and exterior, reasonable rates, excellent references. Direct 651-387-7319.

SCHUMAER BROS. QUALITY painting, interior/exterior, textured ceilings and water damage repairs, professional service at affordable rates, local references, free estimates, insured. Jonathan 651-481-0402.


CLEANING. Established business, thorough, honest, reasonable and SAP resident 10 years. Call Mary at 763-798-2580.


ALL YOUR INTERIOR AND EXTERIOR PAINTING needs. Patching, staining, and encasing. Affordable and professional. LaVelle Painting. 612-767-8481.


HOUSE CLEANING - Tried of cleaning on weekends? Call Ritzi & Molly for dependable and quality work 651-699-7022.

Lawn/ Landscaping ST. THOMAS student, reliable lawn mowing, trimming and blowing. Call Andrew 651-645-3940.

LANDSCAPING: decorative edging, lawn & flower bed maintenance, mulch and sod. Call Andrew 651-645-3940.

Housing FOR RENT: Georgia sunny 1 BR duplex on the park in St. Anthony Park near St. Paul campus. Utilities included $850. Call Hillary 651-646-6857.

HOUSE FOR RENT - 3 bedroom, 2 bath, heated garage, washer/dryer, great house for family, non-smoking. Includes heat, electric, and water. Available June 1st. $5147/month. Additional 1 bedroom, 1 bath (separate unit) available 8-1, $750/month. 651-645-4300.


DUPEX FOR RENT - Como near Seminary. 3-4 bedrooms, W/D. Water and trash included. $1100 + utilities. available Aug. 10, 651-645-3262.

2168 SCUDDER STREET - Spacious 2 BR, central air, dishwasher, disposal, new large windows, off-street parking, balcony. 9960/9985. 651-646-2815.


Sales YARD SALE. From the mound to the extraordinary, 1262 Raymond Ave, in St. Anthony Park, Saturday, June 7, 2003, 8:00 a.m. to 4:00 p.m.
space, for example, has remained empty since the previous tenant. Taste of Scandinavia, decamped for summer quarters across the street more than a year ago.

Alice Yeboom, owner of the property since 1958, is unperturbed by occasional delays in renting it. "We could not all of them right away," she says, "but we don't need another coffee shop. We may not have all of them rented and try to get the proper mix of tenants. We screen our prospective shops and take what we feel will complement each other."

Certainly, the current tenants of Milton Square appreciate the special flavor of the premises. The Mullafella Cafe has been in operation for 26 years. General manager Allwon Tarnowski acknowledges that much of their continued success is owed to the building they inhabit. "It's interspersed with the neighborhood and this old and charming building," she says. "It's OK if time stops a little in this corner."

Warren Gregory, the restaurant's sommelier and assistant general manager, adds, "The building shows a European influence that sets it apart. It's an intimate, older space that feels real."

The building, he thinks, projects a kind of authenticity that spills over into Mullafella's entire operation. "The image of our customers is educated, well-traveled people who have experienced Europe. We can't be fake here. If we're going to call something beef bourguignon, it had better be beef bourguignon. People know what that is."

Antique Gardens has only been open since February, but owner Kelly Wallace is convinced of the importance of the Milton Square setting to her business which features fresh flowers and vintage garden accessories.

"For me," Wallace says, "the gardenesque personal" is how she describes the space. "I did a lot of looking and I was drawn back to this area. It offered so many of the things I was looking for."

Twenty-three-year-old Emma Quinlan is probably the complex's newest tenant. She is a hair stylist and sole proprietor of Salon EQ, which has been open for less than a year.

Quinlan, who has about six years of experience in other people's salons, was not thinking seriously about starting her own business until she took her mother to lunch at Mullafella in January. "One sight of the meadowed brickwork of Milton Square's inner courtyard, and Quinlan says, "I was daydreaming already."

Shortly afterward, her mother called Pat Milton, son and business partner of the owner, and the wheels of commerce began to turn.

Quinlan was in business for herself in time for the end-of-the-school-year rush for the perfect prom hairdo. About her new business location, she says, "You feel as if you're in a European country when you're in the courtyard."

Tenants at Milton Square acknowledge that working in a charming, turn-of-the-twentieth century space can present special challenges. "We confront structural issues at Mullafella on a yearly basis," says Gregory. Last year, for example, the actual building helping the Children's Home Society was torn down, Mullafella had to rebuild its rear storage area and upgrade the front patio area in order to bring wheelchair access up to code.

"We shared a common wall," explains Gregory, noting that the charges cost "another bundle of money, but were a positive improvement to the restaurant."

Milton notes, "We put in about $70,000 worth of upgrading this past year, but certain problems linger. The St. Anthony Park sewers have been a problem forever," she says, "and we're at a low point on the corner."

Whatever its problems, it seems clear that Milton Square has a natural focal point of the neighborhood.

Jon Schumacher, executive director of the St. Anthony Park Community Foundation, sums up the formula for successful businesses like Mullafella, but he could easily be describing the key to Milton Square's unique presence in the area. "It's finding that perfect niche which satisfies neighborhood needs while competing with mega-stores for customers from outside this relatively small geographic area."