

# Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 29, Number 8 / February 2003

## Neighborhoods urge tighter pollution control

*MPCA's handling of Rock-Tenn's VOC/HAP permit draws criticism*

by Anne Holzman

A botched notification for an emissions permit renewal in St. Anthony Park has reopened a debate about the role of the Minnesota Pollution Control Agency (MPCA) in mediating between businesses that pollute and neighbors who are affected by pollution.

Cardboard recycler Rock-Tenn, located west of Vandalia between University Avenue and I-94, has the federal Environmental Protection Agency's permission to release volatile organic compounds (VOCs) and hazardous air pollutants (HAPs) into the air.

Their permit comes up for renewal every five years. When it does, the MPCA reviews the permit, notifies a list of interested parties that there will be a public comment period, awaits comment and generally renews the permit—unless the

company's emissions appear to violate federal standards.

Most companies' permits get renewed without much comment, but neighborhoods and other organizations have occasionally carried out letter-

interest, neighbors say, because Rock-Tenn is the fourth largest "point source" (as opposed to "mobile sources" such as cars and trucks) of VOCs in the metro area.

So far, the Twin Cities area has avoided "nonattainment" status under Clean Air Act rules, meaning that our air pollution levels fall within federally

defined limits for the health of the community. A slip into nonattainment would launch the Twin Cities into the company of cities like Chicago and Los Angeles. A new set of rules would require heightened monitoring and tighter controls, and increased expenses for many companies that are so far avoiding such stringent measures.

Pollution alerts in December, activists say, heighten the concern

**"When the permit first was discussed, a meeting should have been called."**

—Paula Maccabee  
Sierra Club Minnesota

writing campaigns, staged demonstrations and forced changes in the permits.

Neighborhood groups, while they praise Rock-Tenn's voluntary efforts to reduce their VOC emissions, have complained that they were not notified of the Rock-Tenn permit renewal back in November 2002. They requested an extension of the public comment period from the MPCA, but that extension was denied.

This particular permit is of

**Pollution control to page 14**



Photo by Anne Holzman

Skaters enjoy a winter afternoon at Langford Park. Recent cold weather has made it easier for rink flooders to maintain a consistent ice sheet. Flooding at Langford's rinks is done by a group of volunteers who help make it one of the premier skating areas in the city.

## Falcon Heights residents weigh in on local issues

by Antonie Young

Falcon Heights residents recently completed a survey that the city will use to guide planning and decision making over the coming year.

"This kind of thing allows us to take the temperature of the city," said City Council Member Peter Lindstrom. "We get phone calls from residents and have chance conversations with some of them, but a survey like this gives us a broader picture."

One survey item addressed elections.

Currently Falcon Heights holds city and school board elections during odd years, but the city is considering switching city

races to even years to coincide with county, state and national elections. There is no plan to change school board elections.

Survey results revealed a strong sentiment for change, with 131 respondents supporting the switch, 25 opposed and 66 expressing no opinion. Twenty-two residents thought the switch would be more efficient or save money, and 42 thought it would yield better voter turnout.

Several survey questions dealt with garbage hauling and recycling services. The cost of those services was rated extremely important by 66 respondents and not at all important by 13, with 142 falling in between the two extremes.

Other issues that residents judged important were the environmental impact of trash hauling and recycling, the number and size of trucks in streets and alleys, and having a choice of hauler.

A substantial majority of respondents (172 to 59) indicated they would be willing to have the Falcon Heights City Council negotiate a contract with a single garbage hauler if that would guarantee lower prices and

high-quality service. Also, a majority would be willing to pay more for a hauler who deposited the waste at a recovery facility.

Lindstrom noted that

organized collection has been a divisive issue in other cities. "Our results were a pleasant surprise," he said.

Another question asked whether a weekly farmer's market at 2025 Larpent Avenue should be considered. This would replace the market currently held at Har Mar Mall. A total of 196 respondents said they or someone in their household would be likely to shop at a Falcon Heights farmer's market, while 35 were unsure.

The survey asked whether residents would support higher user fees for recreation programs in order to maintain current

**"This kind of thing allows us to take the temperature of the city."**

—Peter Lindstrom  
Falcon Heights  
City Council Member

## Volunteers help monitor butterfly population

*U of M program uses "citizen scientists" to study monarchs*

by Clay Christensen

"Who doesn't like monarch butterflies?" I asked rhetorically.

"Birds!" replied my six-year-old grandson, Koert. "If they eat them, they get sick."

That's true. Eating a monarch works like ipecac on the unfortunate bird's stomach, and it soon learns to avoid that characteristic black and orange pattern. But I didn't expect my grandson to know that already.

There went the lead for my article about two special programs led by Dr. Karen Oberhauser, an assistant professor in the University of Minnesota's Department of Ecology, Evolution and Behavior and staff member at the Bell Museum.

Oberhauser lives in Roseville and works on the St. Paul campus of the University. Her husband is also a biologist, specializing in a moth that is a pest on corn crops. They have two daughters, ages 13 and 16. One of the programs Oberhauser has developed is the Monarch Larva Monitoring Project (MLMP). The other is Monarchs in the Classroom (MITC).

The MLMP is in its fifth

year and involves "citizen scientist" volunteers across the country who collect data on the distribution and quantity of monarch eggs and caterpillars, or larvae, throughout the summer.

The MLMP, funded by the National Science Foundation, has three primary objectives: education, research and conservation.

**Monarchs to page 6**



Photo by Cindy Petersen

Holy Angels High School student Jill Clancy enjoys the thrill of the chase.

**Falcon Heights to page 16**



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### Como Park

District 10's annual meeting will be held February 18 at 7 p.m. at St. Timothy's Lutheran Church, 1465 Victoria. In addition to elections, there will be a panel discussion on how state budget cuts may affect the neighborhood.

The panel will include Jay Benanav and Jim Reiter of the St. Paul City Council, State Representatives Alice Hausman and John Lesch, and Ramsey County Commissioner Janice Rettman.

### Lauderdale

The annual "Snow Commotion" takes place Saturday, February 1 from 3-6 p.m. at Lauderdale Community Park. A medallion hunt, horse and buggy hay ride, and "shoot the puck" hockey event will be among the activities. S'mores and hot dogs will be sold.

### Falcon Heights

The annual "Dead of Winter" event will be held at Community Park (Roselawn and Cleveland) on Sunday, February 2 from 1-4 p.m. Activities will include horse-drawn sleigh rides, a treasure hunt, indoor ice fishing, ice skating lessons and refreshments.

Falcon Heights residents will see a 15 percent quarterly rate increase in their water utility statement. This is due to a federal requirement that the city increase monitoring and education of residents about storm water.

### St. Anthony Park

The Northwest St. Paul Handyworks Chore Project, previously known as the Senior Chore Service, provides chore services to seniors. The project's year-end report is available at the District 12 office, 890 Cromwell. In 2002 the project coordinated 663 jobs for 169 seniors. Some of these were performed by volunteers, 53 of whom contributed 2,350 hours.

Handyworks is a referral service for residents of Como Park, St. Anthony Park, Hamline-Midway, Merriam Park and the northern section of North End. Residents of these neighborhoods who are age 60 or over can hire workers to do chores such as lawn mowing, snow shoveling, gardening and housekeeping.

The goal of the program is to help people stay in their own homes, and to provide opportunities for youth to learn job skills, interact with an older generation and earn money.

Eureka Recycling, the nonprofit organization that provides recycling services in St. Anthony Park, has plans to buy their own trucks and build their own recycling center. Currently Eureka contracts with Waste Management, Inc. for hauling services and with Vasko Rubbish Removal at 309 Como Avenue for processing materials.

Of the four sites Eureka is considering, one is located in St. Anthony Park and one is in Minneapolis on the border of St. Anthony Park.

Crime statistics for 2002 reveal that overall, crime was down in St. Anthony Park for the year, compared to 2001. Reported crimes declined in most categories, with the exception of commercial burglary, vandalism and theft from auto.

### St. Paul

The Division of Parks and Recreation is seeking citizen input on its programs, services and facilities. On February 4 from 6:30-8:30 p.m., residents from Ward 4, which includes Como Park and St. Anthony Park, can offer comments at a community meeting at Hancock Recreation Center, 1610 Hubbard Avenue.

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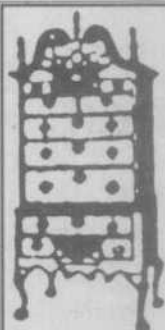
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## African Marketplace adds spice to University Avenue

*Services and merchandise serve neighbors and immigrants*

by Anne Holzman

In south St. Anthony Park, a diverse group of merchants is attempting to recreate something of the African marketplace in a nondescript cement building on University Avenue.

A year and a half after opening, the African International Marketplace, just east of Highway 280, hosts 64 businesses serving mostly Somali customers living in the Twin Cities.

Marketplace manager Fadumo Ali says that in recent months the businesses have been making money, but that additional neighborhood support would help the marketplace thrive. There is still room for expansion, she said, but the focus for the immediate future is on nurturing existing businesses.

The entrance on Pelham Boulevard leads past a hairstyling salon and into the main market area, where stalls along narrow hallways burst with imported clothing, fabrics, rugs and gift items.

Arabic script and the smell of cardamom lend the marketplace a Mediterranean air in spite of its cement floors, Sheetrock walls and fluorescent lights.

On a recent Saturday afternoon, teenage boys in the Coffee Afrique coffee shop watched soccer while the rest of Minnesota was more likely tuning in other sports.

Inside the University Avenue entrance, the rare non-African proprietor, Robertha Carrington, runs a dressmaking shop specializing in African fabrics, with a sideline in skin care products and other items her mostly African and African-American customers might need.

Carrington is originally from Texas and has lived in Minnesota since 1956. She said she used to sew at home and has worked in child care and as a nursing

assistant. The marketplace presented an opportunity to start her own business. She's been surprised at how difficult it is to find suppliers to suit her customers' needs, but the sewing and alterations part is easy to keep going. She also sells hats handmade by a friend.

Most of the International African Marketplace businesses are Somali owned, and manager Ali said all of them were new start-ups when the marketplace opened a year and a half ago. Some have had assistance from the Neighborhood Development Center, she said, but the marketplace itself does not assist with start-up.

A cozy community has developed among proprietors, customers and relatives in the main market area. Children play in the halls; on a recent afternoon two teenage girls gave each other rides on a wheeled chair with lots of shrieking and giggling.

Some teenagers also find jobs in relatives' stalls, sitting behind counters and chatting on cell phones in a mix of Somali and English.

A car accident at a nearby intersection caused a buzz in the halls that same afternoon, as observers used the marketplace as a forum to reflect on the hideousness of the accident and the dangerous driving conditions in the high-traffic triangle of University, Franklin and Highway 280.

Neighbors who wish to visit will find more businesses open late in the afternoon. Some open as early as 10 a.m., but hours are irregular.

The dry cleaner, for example, posts hours 11 a.m.-1 p.m. and 3-7 p.m., seven days a week. The market is busiest on Saturdays, but even then it might take several visits to connect with a particular business.

Persistence yields plenty of English speakers. As always in an immigrant community, it's best to seek out teenagers.

Parking is free and not hard to find, either in the small parking lot on University Avenue or along Pelham Blvd. south of Franklin.

The coffee shop seems to keep the longest hours. It serves coffee and related drinks, bottled juices and a few snacks. A hand-painted mural on one wall of the coffee shop evokes a tropical seashore.

A coffee shop worker said proprietors have been discussing how to make the market more visible and attractive from the surrounding streets.

"We do have a lot of things that the neighbors actually use," Ali said, suggesting that area residents might use the dry cleaning service or meet at the coffee shop.

Ali said neighborhood social service agencies should be aware that many services for immigrants are available at the marketplace, including money wiring, tax filing and links to county services.

Although the businesses in the marketplace are showing progress, "we need the neighbors," Ali said.




Amal Jama and Saudi Arten take a break from minding the store at the African International Marketplace.



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## EDITORIAL

**You have to be there**

Americans were born to move.

Many of the first Americans were nomadic, ranging widely over the land. Later they were joined by immigrants who had left their European homes. The nation was settled by a relentless westward migration. We became what we are because our ancestors were willing to pack up and hit the road.

Our disposition to travel is more cultural than genetic. Unlike, say, monarch butterflies, we're not wired to migrate, and we've learned to survive without moving from place to place. But though many of us have become settled, we are still stirred by travel.

Travel allows us to see new sights, like the night sky that St. Anthony Park Elementary teacher Judy Rowe used last fall to capture the attention of some rowdy sixth graders at Wolf Ridge Environmental Learning Center. Many students who go to Wolf Ridge have never been in the woods before. As Rowe says, "It's spectacular, but words don't do it justice. You have to be there."

Sometimes we have to be somewhere because others will be there too. That's what prompted three St. Anthony Park women to spend 46 hours on a bus recently getting to and from Washington, D.C. They didn't go to see the sights; they went to be a sight, a presence, in the nation's capital. They went to make a statement about the prospect of war in Iraq, and their willingness to travel a great distance amplified their words.

In "Walden" Thoreau wrote, "I have traveled a good deal in Concord."

Though he logged many a mile tramping through the Massachusetts woods, Thoreau's remark about traveling clearly refers to more than physical movement. The journeying described in "Walden" is imaginative and spiritual. Thoreau challenges readers to lift their vision and broaden their horizons—even if they stay in the same place.

Can one travel a good deal in St. Anthony Park?

Take a spin through this issue, and the answer is clear enough. In the coming days the stay-at-home traveler can see slides of Japan's peace gardens, hear African stories and songs, meet to discuss the Mideast conflict, and celebrate an evening of Afghan food, music and culture. An African marketplace is as close as University Avenue.

Travel, whether actual or imaginative, can be broadening—but only if one lets it. As Thoreau notes, "It is not worth the while to go round the world to count the cats in Zanzibar." It's not much use to go over the mountain if, like the fabled bear, all that you can see is the other side of the mountain. Or to go to London to see the Queen and, like the fabled pussycat, spend your time frightening mice.

But for those who have eyes to see and ears to hear, there's nothing quite like being on the road—even when you never leave home.

**Park Bugle**

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Subscription rate: \$25 per year

The Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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**Next Issue:** February 26

**Display Ads:** February 12 • **News & Classifieds:** February 14

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The Park Bugle is published by Park Press, Inc., a nonprofit organization guided by an elected board of directors. Currently serving on the board are Farhad Anklesaria, Grace Dyrud, Kathryn Gilbertson, Thor Kommedahl, Bill Lorimer, Don Marier, Gordon Miller, Carolyn Nestingen, Bettye Olson, Connie Powell, Sheila Richter, Eva Rogness, Milton Sherburne and Cindy Thrasher.

**Join the progressive dinner**

The 17th annual St. Anthony Park Progressive Dinner will be held on Saturday, March 1.

We hope you can join us for a wonderful evening. It's a great way to see old friends and meet new neighbors.

The dinner will begin with appetizers at the Methodist Church at 5:30 p.m.

To participate, call or e-mail Marcie O'Connor: 645-2043, marcie@haven.com. Please sign up by February 21 so we have time to plan the schedule.

We hope to see you there!

Marcie O'Connor  
St. Anthony Park

**An invitation to dialogue**

Regarding the very real potential for war and conflict in the Middle East, many in our community feel the need for a dialogue about the situation.

To that end, St. Matthew's Episcopal Church will host a forum, "A World at War," on four Monday evenings, beginning January 27 and continuing February 24, March 31 and April 28.

Sessions will run from 7-9 p.m. in the St. Matthew's library, 2136 Carter Avenue. All are welcome to attend, regardless of religious persuasion or viewpoint.

We'll look at the historical development of the Mideast crises and hear from various speakers. Group discussion will help us clarify our views. The facilitator will be St. Matthew's Rev. Grant Abbott. Packets with background readings will be made available to participants.

We invite our friends and neighbors to take time out to discuss this important issue.

Abby Marier  
St. Anthony Park

**Stop invasive species**

It's a difficult time for many of us. I'm very concerned about invasive plant species (particularly the shrubby buckthorn) destroying our woodlands, wetlands and savannas. However I am even more in fear of another shrub invasive species that is trying for a second time to invade another part of the world.

A little over 10 years ago the first generation of this invader tried and failed. Now the second generation is on the attack.

Write, call or e-mail your federal representatives to tell them you cannot support George Bush's invasion of Iraq. On President's Day this year, make it a point to let George Bush know that you do not agree with his plans to invade.

One way to write is to log on

to the following Web Site: [www.moveon.org/winwithoutwar/](http://www.moveon.org/winwithoutwar/)

In closing, I will leave you with this prayer that I read at the 3rd World Conference of Mayors for Peace through Inter-City Solidarity that was held in Hiroshima/Nagasaki, Japan in 1993. It was written by Rabbi Bernard Raskas, rabbi emeritus of the Temple of Aaron in St. Paul.

**We Are the Generation**

We are the generation that stands between the fires. Behind us is the flame and smoke that rose from Auschwitz, Hiroshima and Nagasaki. Before us is the nightmare of a thermonuclear holocaust that could make every human city a crematorium without a chimney.

It is our task to make from fire not an all-consuming blaze but the light in which we see each other.

All of us different, all of us made in the image of God. We light this fire to see more clearly that the earth, the human race, is not for burning. We light this fire to see more clearly the rainbow in our many-colored faces.

Mary Maguire Lerman  
St. Anthony Park

## Thanks, readers, for contributing to the Bugle fund drive. Your contributions help sustain us.

With contributions from those listed below, our annual fund drive has collected \$19,585. Our goal for the fiscal year is \$23,000. Contributions are still welcome.

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## COMMENTARY



St. Anthony Park residents Meg Layese, Lee Heilman and Regula Russelle gather before the Jan. 18 Peace Rally in Washington D.C.

On January 18, four members of St. Anthony Park Neighbors for Peace participated in the Washington, D.C. protest against the planned invasion of Iraq.

Three of us traveled by bus. A fourth member, Gaius Poehler, flew and remained for the youth planning events on Sunday.

We went in the hope that war with Iraq can be prevented and that sanctions can be lifted to allow the import of much-needed medicine, food, water treatment parts and chlorine for water purification. UNICEF has estimated that 500,000 Iraqi children had died by 1998 because of these sanctions.

For this long weekend (23 hours on the bus each way, and 8 hours of standing and marching, mostly in the cold) we were on a pilgrimage to the Capitol. The nearer we came to Washington, the more people we met at rest stops along the freeway. These tributaries of buses from Minnesota, Missouri, Wisconsin, Illinois and other states joined into a river. We felt part of a great converging effort.

At the rally and the march we were particularly moved by the people representing university, church and civic groups, many of whom carried lovingly embroidered and

painted banners. In the sea of people, there were many families with children. Some signs were signed with names of those who couldn't travel to Washington. We saw one sign for another Neighbors for Peace group. They came from Chicago, where the City Council recently passed a resolution against a pre-emptive U.S. military attack on Iraq.

The people on our bus seemed to reflect those at the rally and march. Fellow travelers included grandmothers with grandchildren, young and old first-time demonstrators, seasoned activists, a suburban family of four, a retired priest and five Stillwater high school students.

One of the signs we carried read "Children of the world are looking up to U.S." We want to be proud of our nation. We want it to be a model for children and adults everywhere.

Though tiring, our bus trip was both fun and deeply satisfying—full of soul-inspiring singing and music making, poetry, laughter, conversation, sharing of food and stories. We are overwhelmingly thankful for the thoughtful planning by the St. Joan of Arc church community, for sending four buses to the march and for emphasizing the spiritual

grounding of our journey.

As we took turns reflecting on the day's experience on the bus ride back to the Twin Cities, several mentioned how wonderful it was to have so many young people participate in this political statement. One of the high school students then said that for her and her generation it was wonderful to have so many older people participate.

We made our pilgrimage to Washington to urge our elected officials and fellow citizens to lift the sanctions and to make the world more safe and just by working diplomatically in conjunction with international bodies like the World Court, the United Nations and international human right organizations. War with Iraq is not the answer.

We hope we're doing our small part to "balance the scales and steer the stars."

*Lee Heilman, Meg Layese and Regula Russelle, members of St. Anthony Park Neighbors for Peace*



## There are alternatives to war. We choose to work for peace.

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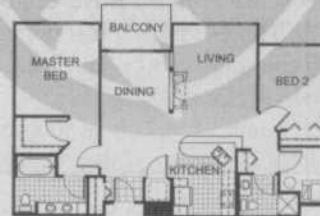
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## Monarch wintering grounds

by Clay Christensen

Most of us are aware of the daunting migration trek that monarchs take every year. Many of them travel over two thousand miles to winter in sanctuaries in Mexico, among the oyamel fir trees.

There's nothing particularly distinctive about the oyamel fir tree. It's the habitat that's the key. The forest is about 10,000 feet in elevation and just the right temperature for the butterflies. If it were any colder, they'd freeze to death; any warmer and their metabolism would speed up too much and they wouldn't be able to last the winter.

Monarchs spend the winter on the southwest-facing slopes, where moister Pacific air provides humidity. The forest is fairly dense, so the leaves form a blanket of cover that protects the monarchs from the wind and provides additional warmth.

Monarchs also roost in trees during their migration flight. "You'll see them by the thousands in trees in Texas," said the University of Minnesota's Dr. Karen Oberhauser.

In addition to her responsibilities as a professor at the U of M, Oberhauser is president of the Monarch Butterfly Sanctuary Foundation, which promotes conservation of the monarch overwintering sites in Mexico. The Foundation supports Mexican nongovernmental organizations working to encourage more sustainable use of the forests, Mexican researchers who are studying habitat requirements of the monarchs and environmental education in local schools.

Contact Karen Oberhauser (oberh001@tc.umn.edu) for more information about the Monarch Butterfly Sanctuary Program, or visit their Web site at [www.mbsf.org](http://www.mbsf.org).

### Monarchs from page 1

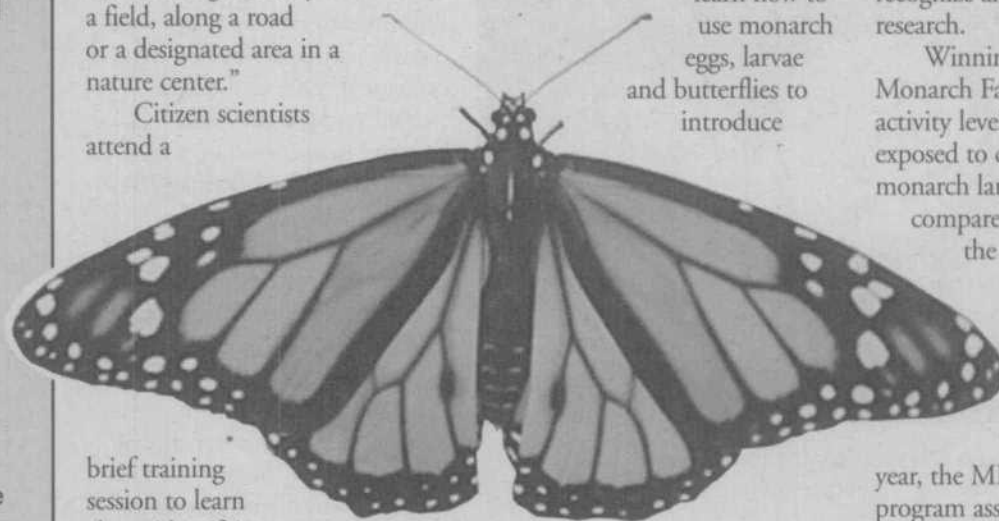
The MLMP studies monarchs on their summer breeding grounds. "It would be wonderful to have neighborhood involvement in the project," said Oberhauser. "All volunteers need is a site with some milkweed. It can be in a garden, by a field, along a road or a designated area in a nature center."

Citizen scientists attend a

class," she said. "I'd love to do a session on the program at the St. Anthony Park Library."

The second major program that Oberhauser heads is Monarchs in the Classroom. MITC trains K-12 classroom teachers in two-week summer

classes. Teachers learn how to use monarch eggs, larvae and butterflies to introduce



brief training session to learn about identifying, logging and reporting their findings, or they read directions on the project Web site. Then once a week during the summer, volunteers walk through a milkweed bed, counting all the monarch eggs and larvae on each plant along a line.

Over half of MLMP volunteers monitor with others, usually children. Anyone interested can contact Oberhauser at 612-624-8706 or [oberh001@tc.umn.edu](mailto:oberh001@tc.umn.edu). "They'd be welcome to visit my office, the lab, the greenhouse, or attend a

students to biology and ecology, the scientific method and the process of doing research.

Teachers can order monarch eggs and/or larvae for their classroom. Last fall, the MITC project sent 53,207 eggs and larvae to teachers in Minnesota and Wisconsin.

The average order is 10 to 100 per classroom, depending on how the teacher plans to use the creatures. Some just want their students to be able to observe monarchs in the classroom. Others launch projects with monarchs, designing study

projects around the life cycle of the butterfly, its habitat or other factors.

Junior high and middle school students can display their projects at the Monarch Fair, funded by the Medtronic Foundation and held annually at the University's Bell Museum to recognize and promote student research.

Winning topics from a recent Monarch Fair included the activity level of caterpillars exposed to cold temperatures, monarch larvae growth on hoyo compared to milkweed, and the study of the

relationship between male and female monarch butterfly proboscis length and wing length.

Now in its 11th year, the MITC has a full-time program assistant and uses three co-teachers and a graduate student in its summer classes. Initial funding came from the Eisenhower Professional Development Program. Currently MITC is funded as part of President Bush's "No Child Left Behind" initiative through a federal block grant called "Improving Teacher Quality."

In addition to funded programs within Minnesota, Oberhauser takes the workshop all over the country on a fee basis, where those attending or sponsoring the workshop cover the costs. Workshops have been held in Pennsylvania, Georgia, Missouri and South Dakota. She also holds workshops in various metro school districts each year, also on a fee basis.

I asked my grandson, Koert, how long he had known that eating a monarch butterfly makes a bird spit up. "I'm not sure," he said. "Since I was five, I think. I might have read about it, but I'm not sure."

I think he'd be a good volunteer for counting monarch larvae this summer.

Further information about the Monarch Larva Monitoring Project is available at [www.mlmp.org](http://www.mlmp.org). Further information about the Monarchs in the Classroom program is available at [www.monarchlab.umn.edu](http://www.monarchlab.umn.edu).

## St. Anthony Park Home Sales 2002 Real Estate Update

| Number of Homes that Sold | 2002      | 2001      |
|---------------------------|-----------|-----------|
|                           | 21        | 32        |
| Lowest Home Price         | \$175,500 | \$80,000  |
| Highest Home Price        | \$428,000 | \$375,500 |
| Average Home Price        | \$267,816 | \$227,472 |
| Average Market Time       | 22 days   | 18 days   |

- The average sale price was 100.05% of the list price.
- The average sale price increased by 18%.
- There were 2 homes that failed to sell this past year, compared to 5 last year.
- There were 2 sales over \$400,000.
- This excludes town houses and condos.

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## 4-H News by Tim Jurney

Hello, it's me again, your faithful 4-H reporter. At last month's meeting we split into two groups. The younger members (cloverbuds) made carnival masks using tagboard with popsicle stick handles. They decorated the masks with feathers, foam shapes, stickers, markers, stamps and jewels.

The older members held a business meeting. We started by telling about how our terrariums are doing. I don't know if there were any people whose terrariums are as good as new, but some of them are still alive.

We also discussed what we are going to do for our next project meeting. We will have a Valentine's event on Saturday, February 8. We will be spending some of the time at our regular meeting place, Lauderdale City Hall, and the rest of the time at the St. Anthony Park Nursing Home.

With the cloverbuds back in our group, four people did

demonstrations. Emma Weber showed how to give a presentation at Food-a-Rama. She presented a spaghetti dinner and set it as if it were in a restaurant.

Next, John Weber talked to us about hockey equipment and about how hockey is played.

Lila Johnson did a presentation on table settings, using paper cutouts with Velcro to hang on an easel. She showed a setting for a family dinner and for a formal dinner.

Susan Drache demonstrated how to make an American bead flag. Using a stick, string and red, white and blue beads, she was able to make an American flag hanging from the stick.

After the meeting, I interviewed the president of our 4-H club. Michaela Alderink is 16 years old. She goes to Columbia Heights High School, and her favorite color is red.

Michaela has been in 4-H for six years and has been president for two years. She says that being

president makes her feel powerful and respected. Before she was president, she was secretary, treasurer and historian.

Michaela says that knowing how to run a meeting and get and keep people's attention are the steps needed to be a president. She says that 4-H ROCKS!



## 2003 Family Concerts series begins this month

Music in the Park Series' 2003 Family Concerts will begin February 7 with performances by Danielle Daniel that feature African and African-American stories and songs, with music performed on a variety of traditional instruments. Concerts are at 6:15 and 7:30 p.m.

The Family Concerts series presents performances especially designed for children of all ages and their families. The three-concert series, "American Music: Folk and Jazz Traditions," features Twin Cities artists representing a variety of musical styles and idioms.

The informal setting of the family concerts brings children close to the performers, who interact with the audience, weaving music with commentary and involving children in a variety of activities.

The Family Concert series continues on March 14 with Ross Sutter, instrumentalist and vocalist, in a program of folk songs and stories. On April 4, Joan Griffith (guitar and bass) and Ruth MacKenzie (vocalist) will present "What is Jazz?"

All Family Concert performances are held at St. Matthew's Episcopal Church, 2136 Carter Avenue. Tickets for individual performances are \$5 in advance and \$6 at the door. A season ticket for all three concerts is \$12. Tickets are available by e-mailing [musicingthepark@sihope.com](mailto:musicingthepark@sihope.com) or calling 645-5699.

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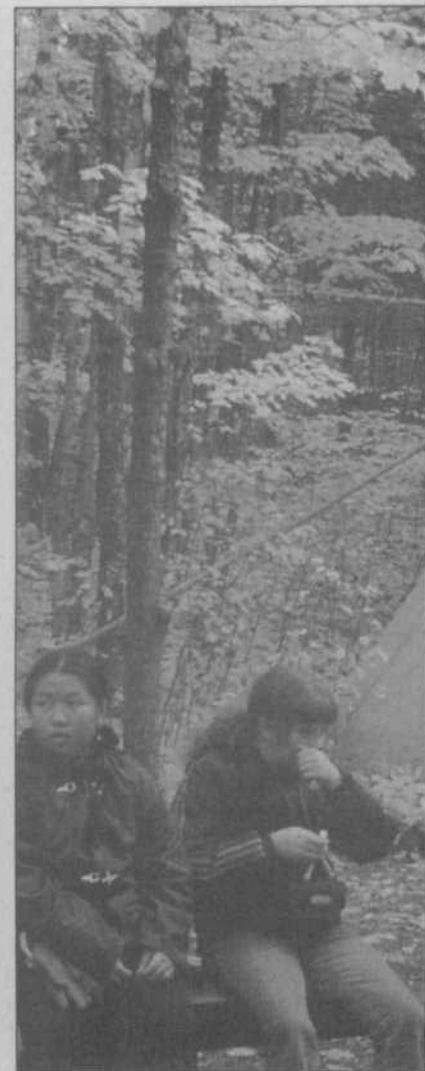
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Sixth grader Heather Koepke shows her mastery of the ropes course.



Mai Khang and Linnea Ho

# Learning the ropes at

by Natalie Zett

When Blanche Burroughs interviewed for a teaching job at St. Anthony Park Elementary, it was with the proviso that she would spend an entire week in October up in the wilderness along with all of her sixth graders.

Burroughs, who had no previous wilderness experience, took the challenge in stride. "Well, I had three young children and they said I could take them along, so I said sure," Burroughs soon found herself living in an old army barracks at an environmental learning center in northern Minnesota.

One of her "classrooms" in this backwoods setting was a small stream. "I was teaching in hip boots, wading through a few feet of water with nets and pH kits to test acidity. The class was called 'stream study.' I had no clue, but we did have a lesson plan, so I figured I could do it."

Burroughs likened her wilderness initiation to eating Fritos—"I couldn't get enough of it after that"—and before long she was bushwhacking trails along with the best of them.

Thus began Burroughs' 30-plus-year association with an environmental education program that would eventually become the Wolf Ridge Environmental Learning Center. Begun by Jack Pichotta in 1971 at an old Job Corps camp at Isabella, Minnesota, the program has evolved from its humble beginnings into a

nationally known and accredited environmental education center.

In 1988, Wolf Ridge moved from the Job Corps barracks to Finland, Minnesota, which provided a setting more conducive for its purposes. "It's totally awesome!" said Burroughs, who retired from full-time teaching yet still participates in St. Anthony Park Elementary's Wolf Ridge trips.

The Wolf Ridge campus includes Wolf and Raven Lakes, nearly a mile off the Baptism River and a half mile off Sawmill Creek. Trails, covering rugged terrain, lead to many overlooks, lakes, streams and activity sites. The main buildings are located on a plateau overlooking Lake Superior.

"In the early years," said Burroughs, "the teachers created and taught the curriculum. Now, it's taught by naturalists, and the teachers act as chaperones. They attend classes and participate in the activities." Wolf Ridge has a staff of 64 during the school year, including program naturalists and graduate naturalist interns.

Although many schools now participate in the Wolf Ridge program, including Murray Junior High, St. Anthony Park Elementary was the first. Even after 30 years, this is still the highlight of the school year for the sixth grade class, as well as for the accompanying teachers and parents.

"It's a rite of passage and there is nearly 100 percent participation by sixth graders—that's 80/90 kids a year for an entire week," said Cindy Thrasher, a parent of three, who participates in the Wolf Ridge

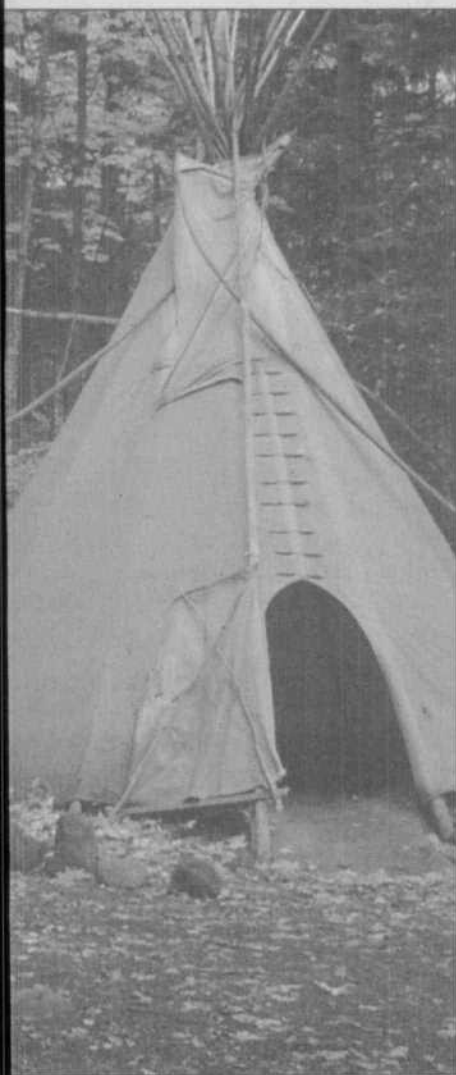
excursions. "The parents at St. Anthony Park School are so grateful that we can support such a wonderful experience for our sixth graders. They will never forget it."

The benefits, according to Thrasher, are more than just environmental awareness. "Since this happens near the beginning of the school year, it gives the children a chance to bond. The Wolf Ridge staff is wonderful, and they always look forward to St. Anthony Park attending. Since many children don't otherwise get a chance to leave the city, this is a great opportunity. If families can't fund themselves, there are fundraising events to help. Also, the St. Anthony Park Business Association has been extremely helpful in providing assistance."

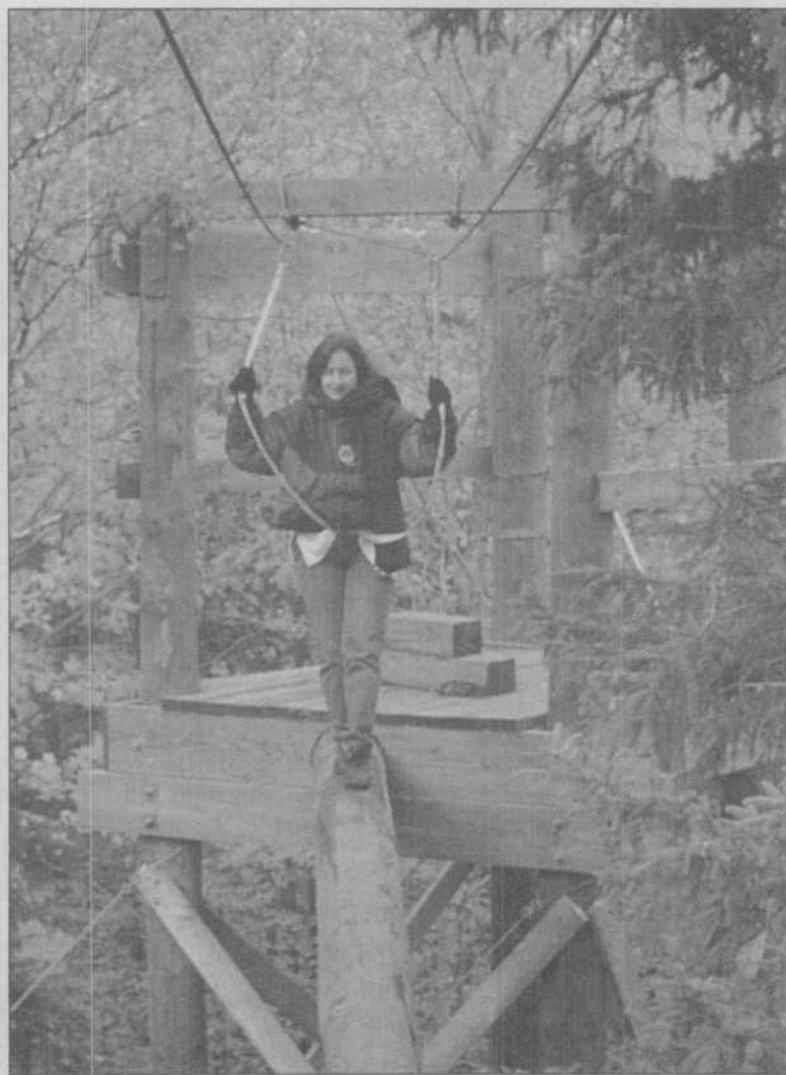
The courses at Wolf Ridge put a whole new spin on the traditional "field trip." For example, in the animal signs class, students travel 320 feet uphill for two hours, seeking and learning to identify evidence left by animals. In addition, there are many other daytime classes to choose from in categories such as animals, plants, aquatics and earth science.

Of special note is Wolf Ridge's human culture and history curriculum, which includes an Ojibwe heritage class. Students travel to a recreated Ojibwe site, where they practice skills commonly used 250 years ago such as starting a fire by using a bow or flint and steel, preparing wild rice and raspberry tea, and making basswood twine and black ash baskets. Students are also





in at the recreated Ojibwe site.



Parent volunteer Sue Grove tests her balance.

# Wolf Ridge

Photos by Shelley Diment

introduced to Ojibwe history and language.

Perhaps the class that generates the most discussion is the ropes course, where both children and adults participate. Wolf Ridge has two adventure ropes courses consisting of six events separated by towers and roughly 30 feet off the ground. Students navigate the course while attached to safety lines.

Said Thrasher, "In the ropes course, everyone partners with another person. The one on the ground encourages the one doing the course. There is no pressure to complete it, but the kids feel proud of themselves after attempting it. This encourages kids to safely go a step beyond their perceived limitations. The partner is involved, and the relationship carries over when they are back in school."

Judy Roe, who teaches at St. Anthony Park and had her first Wolf Ridge experience this year, echoes that sentiment. "There was an academically capable student doing the ropes course who had a special ed. student as an encourager. The first kid was terrified and might not have had the courage to go on were it not for the special ed. kid standing below shouting, 'You can do it! You can do it!'"

Roe added, "I now understand why people work so hard to keep this program alive. You're entering a different atmosphere—you're living together, you're roughing it. Students get to see teachers in a different light and vice versa. Everyone is on equal footing and a subtle bond starts taking place. You're out of your normal roles."

Kristal Leebrick, a parent who also attended Wolf Ridge for the first time this year, agrees: "This is a different type of learning environment—one where those who are at the top of the heap academically do not necessarily do well. It's a great leveler. Each child could find a place where he or she could latch onto something and blossom. A lot of times the otherwise confident kids had the biggest problems on the ropes, while the shy, quiet kids did well."

Even when not in structured activities, students have to change their mindset about how they care for the environment. "Kids have energy checks to figure out who is doing recycling or lose points for leaving lights on," said Burroughs. "There's an energy award for the school that does the best. Students also share KP duties."

Evening activities include astronomy, block printing, creative expressions, dream catchers, a night hike, paper making, rock climbing, star lab and volleyball. There is also an owl pellets class in which students dissect sterilized barn owl pellets. Each pellet contains a small mammal skeleton that students reconstruct, glue on cards and bring home.

Judy Roe found the setting itself to be a powerful teacher. "As a teacher, you try to stay as close as possible to the problem students. It was rather difficult to do this in pitch black conditions at night."

One night as Roe and some students were walking back to the cabin after evening activities, she heard the familiar thumps of kids

hitting each other. She intervened by holding one of the boys and shouting, "Look straight up!" Said Roe, "We walked peacefully together the rest of the way back to the cabin. Many of the students have never seen the stars without city lights interfering, and the sight is indescribable."

Thrasher praised the sixth-grade teachers. "The teachers have to do a lot of leg work in planning for this event. They do things like practice campfire songs ahead of time. They spend a lot of energy, too, thinking about what kind of classes they want the children to take."

"In the end," said Thrasher, "everyone learns to appreciate their environment and look for ways to sustain and respect it in the future. They have an opportunity to support, encourage and take care of one another, and they all have a chance to teach and lead each other—no matter where they are academically in the class. This promotes a caring and supportive community within the sixth grade, which then carries over into the classroom for the rest of the year. For many students, it becomes a shared experience with their siblings, friends, aunts, uncles and parents who have also attended Wolf Ridge in previous years."

Roe explained, "You do learn a lot of content, such as in the geology courses, but what is most striking about the experience is hard to describe. It's spectacular, yet words don't do it justice. You have to be there."

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### Gardening

At the February 4 meeting of the St. Anthony Park Garden Club, Mary Maguire Lerman will show slides and discuss the peace

gardens of Hiroshima and Nagasaki. The program begins at 7 p.m. in the meeting room of the St. Anthony Park Library. The public is invited to attend.

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Minnesota Score Association  
Muscular Dystrophy Association  
Music In The Park Series  
PATH  
Park Bugle  
Portage for Youth & Moundstock 2002  
Ramsey County Library Foundation  
St. Anthony Park Association  
St. Anthony Park Business Association  
St. Anthony Park Community Band  
St. Anthony Park Community Council / District 12  
St. Anthony Park Community Foundation  
St. Anthony Park Elementary School  
St. Anthony Park Fall Festival  
St. Luke's School  
St. Paul Area Chamber of Commerce  
South St. Anthony Park Booster Club  
Special Olympics Minnesota  
Textile Center of Minnesota  
University of Minnesota Foundation/Biodale  
Voting Minnesota  
Walker West Music Academy  
YWCA of St. Paul

A Member of the Minnesota  
Keystone Program

The Minnesota State Horticultural Society sponsors a workshop on **making and using compost bins**, February 19, 6:30-8 p.m. at the Center for Northern Gardening, 1755 Prior Avenue. The cost is \$5 for the general public, free for MSHS members. For more information, call 643-3601.

### Town Meeting

Sen. Ellen Anderson, Rep. Alice Hausman and Rep. John Lesch will hold a **town meeting** Saturday, February 22, 10 a.m.-noon at the Como Lakeside Pavilion. They are interested in hearing the views of local residents on any issue of concern. For more information, call 296-5537.

### Progressive Dinner

The 17th annual St. Anthony Park **Progressive Dinner** will be held Saturday, March 1. The dinner begins at 5:30 p.m. with

appetizers at St. Anthony Park United Methodist Church and then moves to people's homes for the main course and dessert. To participate, e-mail or call Marcie O'Connor (marcie@haven.com, 645-2043) by February 21.

### Arts Events

Music in the Park Series presents the **Shanghai Quartet** in concert February 9 at 4 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Avenue.

Currently in residence at the University of Richmond, the quartet regularly tours major music centers in North America, Europe and Asia. Their performance will feature works by Haydn, Beethoven and Zhou Long.

Tickets are \$16 in advance, \$18 at the door and \$12 for students. They are available at Bibelot or Micawber's, or by calling 645-5699.



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651.644.2791





## e t c e t e r a

**Mideast Forum**

St. Matthew's Episcopal Church, 2136 Carter Avenue, will host a four-part series on Monday evenings. "A World at War" will look at the historical development of the Mideast crises. Discussions will be led by Rev. Grant Abbot. The series will also include presentations by a variety of special speakers.

Sessions run from 7-9 p.m. at St. Matthew's. They are scheduled for January 27, February 24, March 31 and April 28. For more information, call 645-3058.

**Fundraisers**

Feline Rescue, a no-kill shelter and foster program for cats, will hold a spaghetti dinner, raffle and silent auction Sunday, February 2 from noon-5 p.m. at Bethany Lutheran Church, 2511 Franklin Avenue East, Minneapolis. The cost is \$5.50 for adults, \$3.50 for children 10 and under.

Feline Rescue's shelter is located at 2340 Charles Avenue in south St. Anthony Park. For more information, visit [www.feline rescue.org](http://www.feline rescue.org) or call 642-5900.

An Afghan Evening is a fundraiser for the Partnership for Education of Children in Afghanistan. The project is to build a leadership school in Kabul.

The event takes place Saturday, March 15 at St. Matthew's Episcopal Church, 2136 Carter Avenue. The speaker will be Dr. Ghafar Lakanwal, former Afghanistan Minister of Agriculture and current executive director of the Multicultural Development Center.

Dinner will be served at 5 and 7:30 p.m., with the speaker at 6:30 p.m. Tickets are \$16 and may be reserved by e-mail ([office@stmatthewssap.org](mailto:office@stmatthewssap.org)) or phone (644-0245).

**Hall of Fame**

The Como High School Athletic Department is soliciting nominations for its Hall of Fame. Inductees will be former Como athletes who have made a significant contribution to society in their post-high school lives.

Nominees must have graduated from Como at least 10 years ago. Send nominations by March 15 to Bill Niemczyk, Como Park High School, 740 W. Rose Ave., St. Paul, 55108.

**School Orientation**

The St. Paul Public Schools Parent Information Fair will take place Saturday, February 1 from 9:30 a.m.-2 p.m. at Roy Wilkins Auditorium, 175 W. Kellogg Blvd.

Participants will have an opportunity to visit school and program booths, talk to Student

Placement Center staff and enjoy family activities.

Admission is free. Free parking and shuttle buses are available at St. Paul College, 235 Marshall Avenue.

Secondary school showcases will be held in February. The Como Senior High event takes place at 7 p.m. on February 4. Murray Junior High's showcase is at 6:30 p.m. on February 11.

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• TSATSKELHS  
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• FREE RANGE PICKIN' (bluegrass)  
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• OPEN MIC SHOW  
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• FIVE MILE CHASE  
FEBRUARY 6, 7:30pm

• RACHEL KURTZ; JOHN VALERIO  
FEBRUARY 8, 7-9pm; 9-11pm

• BLUEGRASS AND OLDTIME JAM SESSION  
FEBRUARY 12, 7pm

• Kelpie  
FEBRUARY 13, 7:30pm

• JOHN DOWNING; TYLER JAKES  
FEBRUARY 15, 7-9pm; 9-11pm

• PAUL GEREMIA  
FEBRUARY 20, 7:30pm

• CARA LUFT  
FEBRUARY 21

• DEAR JUPITER  
FEBRUARY 22, 8-11pm

• OLDTIME AND BLUEGRASS JAM SESSION  
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**Family Concert Series**  
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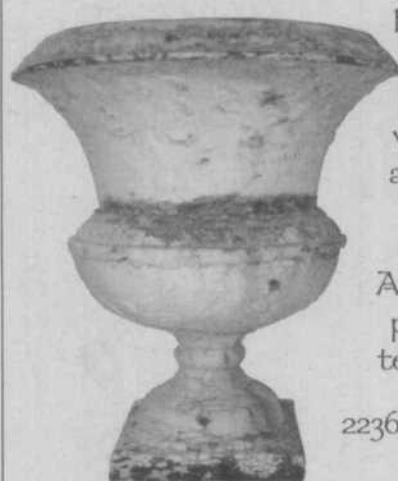


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# FEBRUARY CALENDAR

## 3 Monday

- AA, St. Anthony Park Lutheran Church (651-644-0809), 8 p.m. Every Monday.
- Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.
- Como Park & Lauderdale recycling.

## 4 Tuesday

- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (651-298-5765), 10 a.m.-1 p.m. Every Tuesday.
- Toastmasters (651-645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.
- Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 1:30 p.m. These classes are free to all area seniors, but pre-registration is necessary. Chair exercise classes are appropriate for all fitness and ability levels, and offer cardiovascular workout. All major muscle groups are exercised. Call 651-642-9052 to pre-register.
- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, Seal High Rise (825 Seal St.), 1-3 p.m. every Tuesday.
- St. Anthony Park Garden Club, St. Anthony Park Library, 6:30 p.m.
- Como Senior High Showcase, 7 p.m.

## 5 Wednesday

- Women's Connection, a job networking organization (651-481-6925), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.
- Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program.
- St. Anthony Park recycling.

## 6 Thursday

- Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (651-298-5765), 10 a.m.-noon. Every Thursday.
- Toastmasters (651-649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.

- Chair Exercise Classes - Seal High Rise, 825 Seal St., 1:30 p.m.

- St. Anthony Park Community Council Physical Planning Committee, South St. Anthony Rec Center, 890 Cromwell, 6 p.m.

## 7 Friday

- Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.).
- Storytime for preschoolers ages 3-5, St. Anthony Park Library, 10:30 a.m. Pre-registration requested. 651-642-0411. Every Friday.
- Falcon Heights recycling.

## 10 Monday

- Park Press Inc., Park Bugle Board Meeting, St. Anthony Park Bank Community Room, 7 a.m.

## 11 Tuesday

- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.
- Murray Junior High Showcase, 6:30 p.m.

## 12 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpeur Ave., 7 p.m.
- Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program.

## 13 Thursday

- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, St. Anthony Park Library, 10-11 a.m.
- Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Park Rec Center, 890 Cromwell, 7 p.m.

## 17 Monday

- Como Park & Lauderdale recycling.

## 18 Tuesday

- Weight Loss, Holly House director, Dr. Patricia Lawler, presents a natural, safe program with unprecedented success. FREE, 6 p.m., RSVP 651-645-6951.

## 19 Wednesday

- Langford Booster Club, Langford Park, 7 p.m.
- St. Anthony Park recycling.

## 21 Friday

- Falcon Heights recycling.

## 22 Saturday

- Town Meeting, 10 a.m.-noon, Como Lakeside Pavilion.

## 24 Monday

- Hatha yoga classes start this week at Holly House, 651-645-6951.
- "A World at War," Midwest forum, 7-9 p.m., St. Matthew's Episcopal Church, 2136 Carter Ave. 651-645-3058.

## 25 Tuesday

- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

## 26 Wednesday

- Falcon Heights City Council, City Hall, 2077 Larpeur Ave., 7 p.m.
- St. Anthony Park Community Council Housing and Human Services Committee, South St. Anthony Rec Center, 890 Cromwell, 5:30 p.m.
- St. Anthony Park Community Council Environment Committee, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.
- Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program.

Items for the March Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, February 14th.

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## A Foundation of Neighbors ...Providing Experience

By Jon Schumacher  
Executive Director,  
St. Anthony Park  
Community Foundation

strengthening communities, foundations, coalitions, and the nonprofit sector. She also has a background in community planning, having facilitated

I'd like to start this column by thanking everyone who supported the Annual Gus Donhowe Jazz Concert, with special thanks to Julie Himmelstrup and Music in the Park Series for all their hard work. The turnout was great and the music was excellent, as was the BBQ and art show next door at St. Matthew's. The Foundation is proud to co-sponsor an event that helps such good neighbors.



Barbara Lukermann



Carol Lukas

Speaking of good neighbors, I want to introduce you to two board members who are making a difference in support of our effort to create a neighborhood profile: Barbara Lukermann and Carol Lukas.

Barbara teaches at the University of Minnesota's Hubert Humphrey Institute in its master of urban and regional planning program. Her expertise focuses on land development, metropolitan planning, and the links between land use, housing, and transportation policy.

Carol is currently Director of National Services for the Wilder Foundation focusing on

community forums, convening citizens, government, business and nonprofit leaders to address critical issues facing St. Paul.

We feel very fortunate to have the experience and insight these and other board members bring to initiatives like our Neighborhood Profile Report, Survey, and spring forums. By the way, you can take our survey at the Library or by visiting our website. Look for more information in the coming months.



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## Pollution control from page 1

that we may be pushing the Clean Air Act limits.

Experts agree that nonattainment can be avoided. The debate is over how to stay under trigger levels, and specifically whether the MPCA should adjust permits downward

and facilitate community involvement, taking a more active role in pollution control.

The environmental coordinator for several southeast Minneapolis neighborhoods, Justin Eibenholz, initiated this round of debates after he took a

routine glance at the MPCA Web site during December.

The MPCA lists its permit renewals online, Eibenholz said, but there are so many that he relies on personal notification about those significant to his area, checking occasionally to make sure he's receiving all the notifications. In this case, he wasn't. "I happened to notice there was one that was on our environmental inventory," he said.

The public comment period was close to expiring, so Eibenholz wrote to the EPA regional office in Chicago asking for a delay in the process.

Meanwhile, Paula Maccabee, who coordinates the Sierra Club Minnesota air toxins campaign, was also wondering how she'd missed notification, and asked the MPCA to reopen their public comment period. After the MPCA denied her request, she set up a January 16 meeting with MPCA staff, Rock-Tenn representatives and neighborhood groups.

The St. Anthony Park

Community Council staff, which had not heard about the permit renewal either, wrote a letter to the MPCA with another request to reopen the comment period.

On January 14, Eibenholz and Maccabee met with Rock-Tenn management, including site manager Jack Greenshields. "We probably spent the better part of two hours" discussing Rock-Tenn's emissions and ways to reduce them, Greenshields said.

"We've reduced our levels of emissions here significantly over a number of years," Greenshields said. The company "invested a fair amount of money" in an improved incinerator, and shut down one that was responsible for heavy VOC emissions.

At the MPCA meeting two days later, Rock-Tenn representatives said such informal meetings are the way they prefer to work with community groups. They objected to Maccabee's assertion that the MPCA ought to use the permit process to work on reducing emissions, not just to monitor them for EPA

compliance.

"When the permit first was discussed, a meeting like this should have been called," Maccabee said, gesturing around the table toward Rock-Tenn managers, neighborhood leaders and MPCA staff. At such a meeting early in the permit process, Maccabee said, the MPCA's role should be to ask, "What are the consequences of the pollution? How are neighborhoods affected?"

MPCA staff objected that their resources are too limited to set up meetings for every permit that crosses their desks. "We don't have the luxury of time" to work on pollution control, permit engineer Paula Connell said.

Eibenholz and Maccabee acknowledged that Rock-Tenn is one of the more cooperative companies in the Twin Cities area. Many polluters do not communicate with neighbors at all unless forced by the public comment rule, Maccabee said, nor do they reduce emissions unless government requires it.

Maccabee said the January 14 meeting was very helpful, but neighbors wouldn't know about Rock-Tenn's efforts unless they learned about it through some sort of documentation.

"The things we learned yesterday, some of the efforts that are being made—none of that is available" to the public, she said.

Eibenholz and Maccabee both complained that the MPCA had used outdated emissions numbers on the Rock-Tenn permit. Actual emissions have been significantly reduced in recent years, and the permit, the only public document available online, should reflect that, Eibenholz said. He noted that when he tried to examine the Rock-Tenn files at the MPCA office, they were unavailable, and said even though he knows his way through the system because it's his job, the public should have better access to current numbers.

Maccabee suggested that the MPCA go one step further and reduce a company's emissions allowances to reflect their actual practices. Rock-Tenn manager Stephen Haselmann said that the company would oppose lower limits written into the permit. He said companies would be more reluctant to lower emissions in the first place if they knew they'd be bound to lower numbers. Maccabee said the new numbers could trigger notification, not fines. A company would have to tell the neighbors if its emissions exceeded the usual quantities, presumably temporarily.

According to Jane Prince, staff to Ward 4 St. Paul City Council Member Jay Benanav, "The permit process isn't about what is the perfect situation for the company." She urged the MPCA to get involved in mediating between companies and neighborhoods. "Otherwise," she asked, "why have a permit?"



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NURTURE CREATIVE AND  
CAPABLE LEARNERS

Tuesday, February 18, 2003 • 6:30 - 8:30 p.m.

### MOUNDS PARK ACADEMY

K-12 College Preparatory • Liberal Arts Education  
Individual Attention • Commitment to Diversity

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2051 Larpentour Avenue East • Saint Paul, MN 55109



## CLASSIFIEDS

**Classified deadline:**  
February 14, 6 p.m.  
Next issue: February 26

- Type your ad. Our style is to put the first few words in capital letters.
- Count the words. A word is numbers or letters with a space on each side. A phone number is one word.
- Figure your cost: 85¢ x number of words (\$8.50 minimum).
- Send your ad & check to Bugle Classifieds P.O. Box 8126 St. Paul, MN 55108 or deliver to the drop box at the side entrance to the Bugle office at 2190 Como Ave. on the Knapp Place side of the building by 6 p.m. on deadline day.
- Classified ads are not taken over the phone.
- Call Raymond Yates at 651-646-5369 with questions.

### Instruction

**WEIGHT LOSS.** Holly House director, Dr. Patricia Lawler, presents a ground breaking, natural, & safe program with unprecedented success. FREE, Tuesday Feb. 18, 6:00 PM, R.S.V.P. 651-645-6951.

**HATHA YOGA** classes start week of February 24. Call HOLLY HOUSE @ 651-645-6951.

**Massage Therapy.** HOLLY HOUSE invites you to test the skills of Pamela Meyers Lmp., an experienced therapist new to the Park. 50% first time discount with ad. Call the clinic at 651-645-6951 for your appointment today.

### Professional Services

**GRAPHIC DESIGN**—Want fast, quality graphic design services for a fraction of the cost? Let's talk about your next project! Call Raymond at 612-339-4679.

**EDITING,** book design & composition, proofreading, illustration. Sylvia Ruud - 651-645-8405. ruudx004@umn.edu

**SWISS GARDENS:** An old-world approach to the art of distinctive landscape design and consulting. Call Philippe, 651-489-8988.

**PRUNING:** Shrubs, hedges, small trees expertly pruned. 30 years experience. Swiss Gardens, 651-489-8988.

**PASSPORT PHOTOS**—\$12 (tax included), International Institute, 1694 Como Ave., Hours Mon. - Thurs. 9 a.m. - 4:30 p.m.; Fri. 9 a.m. - 4 p.m.

**HARPIST.** Cathy S. Victorsen. Beautiful music for any occasion. 651-644-7016.

### Home Services

**Roof snow and ice removal.** Careful work. 28 years experience. Insured. Burton Johnson Lic. #20126373 651-699-8900.

**WINDOW WASHING** inside and out. "You'll see the difference." Call Larry 763-780-0907.

**SCHUFMAN BROS. QUALITY PAINTING,** interior/ exterior, textured ceilings and water damage repairs, professional service at affordable rates, local references, free estimates, insured. Jonathan, 651-481-0402.

**PLUMBING.** All Star Plumbing, Repair, Remodeling. Free estimates. Call Jack Stodola. 763-792-9062 (office); 612-865-2369 (cell).

**APPLIANCE REPAIR:** Reasonable rates, friendly service. Neighborhood references. Ron Wagner—612-840-3598 or 612-377-1310.

**CLEANING.** Established business, thorough, honest, reasonable and SAP resident 10 years. Call Mary at 763-789-7560.

**ALL YOUR INTERIOR AND EXTERIOR PAINTING** needs. Patching, staining, and enameling. Affordable and professional. LaValle Painting. 651-769-8481.

**WE SATISFY ALL YOUR PAINTING NEEDS.** Professional painting, interior, exterior, paperhanging, patching, taping, staining, ceiling spray texturing, water damage repair, and more. Family business in the Park—50 years. Jim Larson, 651-644-5188.

**HOUSECLEANING—TIRED OF CLEANING** on weekends? Call Rita & Molly for dependable and quality work! 651-699-7022.

**RAIN GUTTERS CLEANED,** repaired, installed. Burton's Rain Gutter Service. Since 1973. Insured. License #20126373. 651-699-8900.

**HILLIARD E. SMITH** general contractor. Carpentry work, block, stone, cement work. Interior, exterior remodeling, insulation, under-pinning porches. 46 years in the Park. Small jobs are our specialty. Licensed, bonded, insured. 651-644-0715.

### Employment

**LOOKING FOR A CHANGE?** We have an answer. Set your own hours. Turnkey proven business, complete training. Free information, call 1-888-373-9080.

**RETIRED/SEMI-RETIRED** skilled carpenter to assist owner in renovating attic/2nd floor of South SAP 105 yr. old house. Terry 651-641-0699.

**PT RECEPTIONIST.** Local neighborhood non-profit agency serving diverse clientele seeks receptionist for general office duties incl. telephone, greeting clients, light data entry, copying, etc. Flexible day hours. Resume and cover letter to Corleen Smith at 1694 Como Avenue, Saint Paul, 55108 or csmith@iimn.org or fax to 651-647-9268. No walk-ins. Position open until filled.

**Are You Good With the Elderly?** Provide non-medical services in the homes of seniors. No certification required. Daytime, weekend, or overnight shifts available. Good communication skills and vehicle necessary. Retirees welcome. Home Instead Senior Care 651-747-8724.

### Housing

**Brandychase Condominium FSBO.** One bedroom, fireplace, patio, private entry, lower level, pool. Fantastic location, facing University golf course. By appt. 651-486-4973.

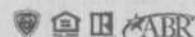
**STOREFRONT** - 898 Raymond - avail. Mar. 1. 600 sq. ft. \$640/mo. + elect. Bldg. Owner 651-641-0699.

**Ideal tenant** seeks housing vicinity Luther Seminary. April or earlier. Mature, responsible, quiet. Excellent references, credit. Long term. What do you have? 651-645-7204.

**Thinking of selling?** We're looking to buy a home in the Park. Please call 651-642-9592.



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Results



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POWER.**



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**BETH RICHARDSON**

CRS, ABR

**651.646.2100**

www.movingtominnnesota.com



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At the corner of Como & Doswell

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Income Tax  
Preparation & Planning  
&*

*Estate & Retirement Planning*

Please call me today at 651-999-0123

OR DIRECT DIAL 612-849-8090

For an Appointment

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Office (763) 792-9062  
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Taping & Ceiling Spray Texturing • Residential & Commercial

**Water damage repair interior and exterior**

**Jim Larson 651-644-5188**

Family Business In The Park For Over 40 Years

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**larson decorating**



**TheTransformedTree**  
Remodelers and Cabinetmakers

Custom  
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Bathrooms

Home  
Additions

*Experienced, Dedicated Craftsmen  
in our 29th year of business*

Certified Remodelers on staff  
licensed/bonded/insured  
State License #1856

**651-646-3996**

2239 Carter Ave in St. Anthony Park



**OLD FASHIONED  
CHICKEN DINNER!**

February 2, 2003 / 11:30 am - 2:00 pm

Adults \$8 / Children 12 & under \$4

*Oven baked chicken / mashed potatoes with gravy / corn  
bread / garden salad / beverages / dessert buffet*

**St. Anthony Park United Methodist Church**

2200 Hillside / Reservations Requested / 651-645-8994



**Falcon Heights from page 1**

service levels. Eighty-seven respondents said yes, 13 voted no and 113 had no opinion. A majority believe that existing park and recreation facilities and programs adequately serve their neighborhood.

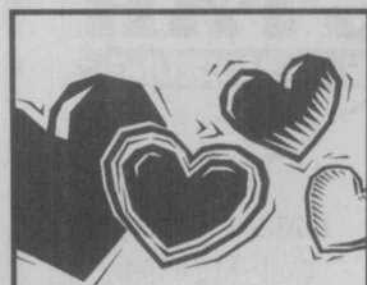
Another survey item asked residents how they keep informed about issues and events. Flyers and the city newsletter were the most popular tools, followed by cable TV and the city's Web site.

Falcon Heights Mayor Sue Gehrz said, "The survey was basically an information-gathering tool. We'll provide the results to various city commissions to help with their planning."

For example, said Gehrz, the Parks and Recreation Department will use survey results to generate ideas for parks programs. City officials are looking at fee structures for all services as they anticipate budget challenges ahead.

"In the communications area," said Gehrz, "we need to decide whether to increase resources to work on our Web site versus working on the newsletter. The survey results will be very helpful in informing those decisions."

"The council as a whole will use other parts of the survey to help us in overall planning," said Gehrz.



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Heart**

**on Valentine's Day  
with a little help  
from Carlton**

**Blomberg  
Pharmacy**

**651-646-9645**

1583 No. Hamline at Hoyt  
2 blocks south of Larpenteur  
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closed Sundays

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CARDS**  
...says it best

**MY HUSBAND IS AMAZING!**  
He Builds and Fixes almost anything  
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professional handyman services State Lic # 20113561 Additions • Renovations

**Basic Wild Bird Food**  
Expires 2/28/03  
20 lbs. for \$3.47  
**PARK HARDWARE**  
2290 Como Avenue / St. Paul  
**644-1695**

**AFGHAN EVENING!**

Saturday, March 15th  
Afghan Dinner & Music  
5:00 or 7:30 p.m. Dinner  
6:00  
"Journey into Understanding" part II  
Where:  
St. Matthew's Episcopal Church,  
2136 Carter Ave. St. Paul, MN 55108  
\$16  
All proceeds to The Partnership for  
Education of Children in Afghanistan  
Tickets:  
call 651/644-0245, also Bibelot  
Shop, Micawber's or Park Bank,  
or e-mail: office@stmatthewssap.org.  
Info: www.stmatthewsmn.org.

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Daily!**

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Speedy  
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Market**

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Open Every Day 7AM - 10PM  
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tntspeedy@aol.com

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**LIFE IN THE CHURCH: COME AND SHARE****❖ BETHANY BAPTIST CHURCH**

Skillman at Cleveland S., Roseville. 651-631-0211  
Bethany Baptist Sunday Worship 10:45 am  
Pastor Bruce Petersen  
Filipino-American Worship 3:30 pm  
Pastor Sanny Olojan

**❖ COMO PARK LUTHERAN CHURCH - ELCA**

1376 Hoyt Ave. W., St. Paul, MN 55108-2300  
651-646-7127  
Handicapped accessible  
CPL Contact Ministry 651-644-1897  
www.ComoParkLutheran.org  
Sunday Schedule:  
8:00, 9:00, & 11:00 a.m. Worship  
10:00 a.m. Adult Education & Sunday School  
(Holy Communion on 1st & 3rd Sundays, nursery provided)  
Rides available for 11:00 a.m. worship;  
call the church office before noon on Friday for ride.  
Pastors: Martin Ericson and David Greenlund  
Visitation Pastor: Leonard Jacobsen  
Director of Youth and Family Ministry: Amy Dorumsgaard  
Director of Music Ministry: Thomas Ferry

**❖ IMMACULATE HEART OF MARY CHURCH**

An Ecumenical Old Catholic Community  
2200 Hillside Ave • 612-872-4619 or 651-776-3172  
Saturday Mass: 5 pm in Upper Chapel  
Deo Gratias Wedding Ministry

**❖ MOUNT OLIVE EV. LUTHERAN CHURCH**

(A WELS Congregation)  
"THE CHURCH WITH A SMILE"  
Handicap-accessible. Wheelchair available.  
1460 Almond at Pascal. 651-645-2575  
Sunday Worship: 9 am.  
Sunday School and Adult Bible Class: 10:30 am.

**❖ ST. CECILIA'S CATHOLIC CHURCH**

Cromwell and Bayless Place. 651-644-4502  
Saturday Mass: 5 pm at the church  
Sunday Mass: 10 am at church (nursery provided) and  
8:15 am at Seal Hi-Rise, 825 Seal St. (handicapped accessibility)

**❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST**

2129 Commonwealth at Chelmsford. 651-646-7173  
Website: www.sapucc.org  
Handicapped accessible and an Open and Affirming Congregation.  
Rev. Dane Packard, Pastor.  
Adult Ed. Faith & Life Breakfast Forum - 8:30 am every Sunday.  
Sunday Worship & Sunday School: 10:00 am, Fellowship: 11:00 am.  
Nursery Care provided - 10:15 am.  
Sunday, February 2, 10:00 am - Communion

**❖ ST. ANTHONY PARK UNITED METHODIST CHURCH**

United in Love and Service  
2200 Hillside Ave (at Como) 651-646-4859  
Pastor Donna Martinson  
Sundays:  
10:00 am Worship Celebration  
10:20 am Sunday School (3 years to 6th grade)  
11 am Fellowship  
11:05 am Youth Class  
5:00 - 8:00 pm Alpha and Bible Study  
Wednesdays: 9 am-1 pm Leisure Center (Senior fellowship,  
activities, and noon meal).  
Chicken Dinner and Dessert Buffet, Sunday, February 2, 11:30 am - 2:00 pm

**❖ ST. ANTHONY PARK LUTHERAN CHURCH**

We are a community of believers called to joyfully serve God,  
one another, and the world. www.saplc.com  
2323 Como Ave. W. Handicap-accessible. 651-645-0371  
Pastor Glenn Berg-Moberg. Email: sapluth@mtn.org  
Sunday Worship services 8:45 & 11:00 am, (nursery provided)  
Sunday School 9:50 am.

信義教會 星期天下午

**❖ ST. MATTHEW'S EPISCOPAL CHURCH**

2136 Carter at Chelmsford. 651-645-3058  
Friday, February 7  
Music in the Park Family Concerts - 6:15 & 7:30 pm  
Danielle Daniel Trio - single tickets in advance \$5.00; at door \$6.00.  
Monday, February 24  
Mideast Study Group - 7:00 pm  
PBS Documentary "The Historical Development of Crises in the Mideast" &  
Group Discussion.  
Tuesday, February 25  
Anglican Heritage Tour Information Meeting - 7:30 pm  
Rev. Grant H. Abbott gives an overview of a tour he will lead to England &  
Scotland in October, 2003. Destinations include major sites of Anglican Church  
history (Edinburgh, Durham, Whitby, Riveaulx, York, Cambridge & London).  
Sunday Services:  
8:00 am Holy Eucharist, Rt. I  
10:30 am Holy Eucharist, Rt. II  
4:00 pm Prospect Hill Friends' Meetings  
Wednesdays: 10:00 am. Communion, Chapel  
6:30 pm. Evening Prayer, Chapel  
(All baptized Christians are invited to receive communion with us and no person  
seeking a deeper relationship with God in Christ will be turned away from  
our Lord's table.)  
Ministers of the Church: All the baptized members  
Clergy Who Support the Ministers: The Rev. Grant Abbott, Rector, and the  
Rev. Lyn Lawyer, Deacon

**❖ ST. MICHAEL'S LUTHERAN CHURCH - ELCA**

1660 West County Road B, Roseville. 651-631-1510  
one block west of Snelling  
Sunday Worship: 8:45 am and 11:00 am.  
Education for ages 2 thru adult: 10:00 am - 10:50 am.  
Nursery provided. Handicap accessible.  
Pastors: Roland Hayes and Sarah Breckenridge Schwiertz  
For more information, check www.stmichaelselca.com

**❖ WARRENDALE PRESBYTERIAN CHURCH**

1040 Como Ave. at Oxford. 651-489-6054  
One block east of Lexington Parkway  
Rev. Timothy Held, Minister  
Sunday School: 9:30 am, Worship: 10:45 am

