

# Park Bugle

St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 29, Number 7 / January 2003

## University Avenue may become historic district

by Dave Healy

Discussions have begun on an undertaking that could significantly affect future development in south St. Anthony Park. The stretch of University Avenue between Cleveland Avenue and Hwy. 280 is being considered for "historic district" status by the St. Paul Heritage Preservation Commission.

Designating the west end of St. Paul's University Avenue as a historic district would preserve as many as 34 buildings along that thoroughfare and would guide exterior renovations to those structures.

The buildings were constructed from 1891-1935 and have been identified by the HPC as historically significant.

On November 18, representatives of the HPC addressed the St. Anthony Park Community Council. This was the first step in a process that could eventually include public hearings with affected property owners, the St. Paul Planning Commission and the City Council.

If historic district status is conferred at the city level, the area would be eligible for consideration by the State Historic Preservation Office as a candidate for the National Register. National historic district

certification would make affected property owners eligible for federal tax credits.

The HPC has identified six historic "contexts" to guide its preservation planning. One of these is transportation corridors, the category in which the University Avenue site falls.

Other contexts the HPC uses are pioneer houses, churches, residential homes, commercial centers and the downtown St. Paul area.

**"We're all just passing through. These buildings were here before us, and they'll still be here when most of us are gone."**

— Lee Meyer, HPC member

The goal of historic preservation is to identify significant older buildings and encourage their sensitive repair and renovation. The HPC also attempts to encourage pedestrian activity, tourism and vibrant street life.

The HPC was chartered in 1976 by the St. Paul City Council as part of an effort to preserve the Federal Courts Building near Rice Park in downtown St. Paul. The successful restoration of what came to be called the Landmark Center helped solidify the HPC's role in historic preservation.

At the November 18 meeting, HPC member Lee Meyer talked about the commission's philosophy. "We're

all just passing through," said Meyer, who is a registered architect. "These buildings were here before us, and they'll still be here when most of us are gone."

Meyer emphasized that historic designation guidelines affect only a building's visible exterior. They do not control internal design nor do they limit what a building can be used for.

Heritage Preservation Specialist Amy Spong noted that local building codes still apply to

designated buildings—for example, ADA requirements regarding accessibility to

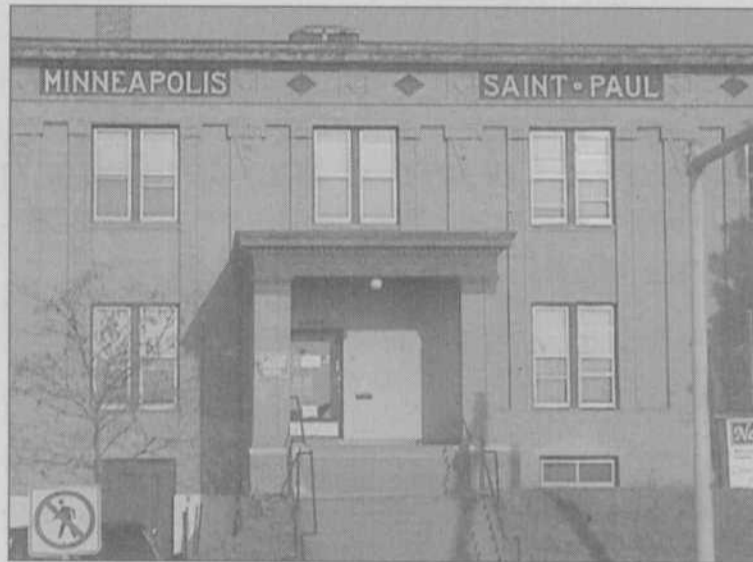
persons with physical disabilities.

Spong also stressed that the goal of historic preservation is "not to freeze anything in time but to help guide future development."

Other plans for University Avenue could be affected if the area were designated a historic district. MetroPlains, a development company headquartered in St. Paul, has stated its interest in developing a 10-acre site bordered by University, Raymond, Charles and Hampden. Several buildings identified by the HPC as historically significant are part of that area.

According to Jean Eide of

Historic District to page 16



This building at 2429 University Avenue is one of 34 that would be preserved if the area is designated a historic district by the St. Paul Heritage Preservation Commission.

## Car sharing program revs up

Drivers would pay by the hour for use

by James Beach

**"Our national flower is the concrete cloverleaf."**

—American cultural historian and city planner Lewis Mumford (1895-1990)

Besides gardening at the St. Anthony Park community gardens, Mary Morse advocates green politics by planting seeds for hOurCar, a nonprofit car-sharing program taking root in the Twin Cities. And as executive director at the St. Paul Neighborhood Energy Consortium (NEC), Morse has a lot of horsepower.

"We will place energy-efficient hybrid electric sedans in neighborhoods throughout the Twin Cities," said Morse of the NEC program. "hOurCar is wonderful for people who can take the bus or bike to work and only need a car a few times a week for errands or entertainment."

The neighborhood-based mobility service will allow people to borrow community vehicles, paying only for the number of hours the car is reserved. Because

Car Sharing to page 5

## Pursuing peace and justice

Woman's social action reflects spirituality

by Susan Conner

From her peaceful house on a quiet street in St. Anthony Park, Nancy Dunlavy tries to create transformation in the world. She is the new vice president of the Minnesota Alliance of Peacemakers. She is actively promoting the Earth Charter. She is a Soka Gakkai Buddhist.

As she talks, it becomes clear that her involvement with the Alliance of Peacemakers and the Earth Charter are outward expressions of her spiritual path, her Buddhism. This may surprise some who have an idea of Buddhism as encouraging

detachment from the world rather than involvement.

Dunlavy recognizes the stereotype and explains that the form of Buddhism she practices is called Soka Gakkai

International (SGI). Soka Gakkai, or "society for the creation of value," is a lay Buddhist association

with over 12 million members worldwide. The grassroots movement focuses on peace, environmental protection and human rights.

Buddhism is over 3000 years

Earth Charter to page 14



## Neighbors establish peace presence in St. Anthony Park

On Dec. 15, about 20 members of St. Anthony Park Neighbors for Peace gathered outside two adjoining churches, St. Anthony Park United Church of Christ and St. Matthew's Episcopal Church. Group members obtained 92 signatures

supporting a resolution opposing U.S. military action against Iraq. The group was scheduled to hold peace presences on Dec. 21 outside the St. Anthony Park Library and on Dec. 22 at St. Anthony Park Lutheran Church.

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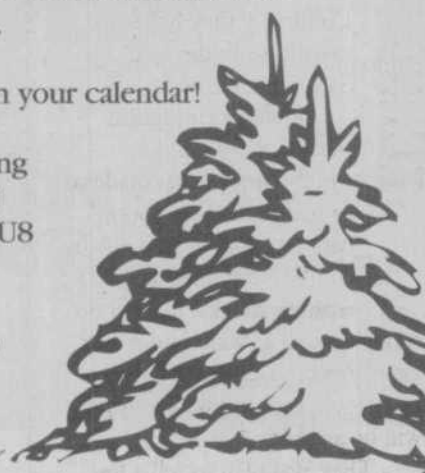
The **Langford Classic**, which features U10 and U12 girls basketball and boys' Squirt hockey, is set for January 7, 9, 11 and 12th.

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For more information, call the rec center at **298-5765**



## CITY FILES

### Lauderdale

The Lauderdale community will host "Snow Commotion" on Saturday, February 1 from 3-6 p.m. at Lauderdale Community Park. The big attraction will be a horse and buggy ride through Lauderdale. The event also includes a medallion hunt, children's games, a bonfire, ice skating and food.

### Falcon Heights

The Neighborhood Commission is sponsoring a training session about traffic management. Residents will be trained in the basics of traffic control at the first session—January 30 at city hall from 6:30-8:30 p.m. The second session—February 8 from 10 a.m.-12 noon—will involve practice with cars in a parking lot. Residents may call city hall to pre-register, 644-5050.

### St. Anthony Park

On December 4 a public hearing was held regarding District 12's appeal of a retroactive permit granted by the St. Paul Planning Commission to ClearChannel for repairs to a sign at Raymond Avenue and Raymond Place. ClearChannel completed the repairs without procuring a permit required by St. Paul's sign ordinance. On December 11 the City Council decided to support District 12's appeal.

The task force created to finalize the Cromwell-Bayless-Raymond

intersection changes has changed the plantings in the tubs from mums to a seasonal display of evergreen tops and dried flowers. Materials and labor were provided by neighbors.

The task force is preparing requests for CIB funds with a two-phase project in mind. The first phase would extend the park into the currently barricaded area. Curbs, sidewalks, grass and trees would be installed. This would include trimming back the tip of the triangle at the Raymond-Bayless intersection. The second phase would be for park enhancements. The task force will seek community input as these plans are developed. The District Council approved the decision to seek these funds.

The University of Minnesota Parking and Transportation Services Department has expressed concerns about traffic safety on Cleveland Avenue from Buford to Commonwealth. They would like the city of St. Paul to eliminate parking from Buford to Como Avenue. John Maczko, city traffic engineer, suggested that a better solution is a four-foot widening of Cleveland from Buford to Commonwealth.

—Susan Conner

St. Paul Mayor Randy Kelly continues to pursue a Vikings stadium agreement for St. Paul, including recent talk about a site near Highway 280 and Kasota Avenue. However, at a December 13 meeting of the Board of Regents, University of Minnesota

president Robert Bruininks expressed "very serious reservations" about working with the Vikings anywhere off campus.

Governor-elect Tim Pawlenty has said that the Legislature is unlikely to support two stadiums and that the Vikings and the Gophers should pursue a joint project.

According to the December 13 Pioneer Press, Kelly hoped to talk the Regents into considering the site because it lies on the bus line between the two campuses. The Pioneer Press quoted Vikings Executive Vice President Mike Kelly as saying, "It's a metro location and it's close to campus. That would have a lot of political appeal."

Council member Jay Benanav, who represents the St. Anthony Park area, said the Pioneer Press story was the first he'd heard of a stadium proposal at that location.

"I think the chances of it happening are slim," he said, citing the state deficit and the enormous cost of building a stadium at any location. "But I think people should pay attention." At this point in the process, he said, "It would be appropriate to communicate with the mayor."

State Senator Ellen Anderson said, "I would like to see the Vikings give clearer signals about the suitability of the site before too much energy is expended by the University, the city and the neighborhood."

—Anne Holzman



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## Garden View Cafe adds to coffee shop scene in Falcon Heights

by Amy Causton

Are you one of those people who can't live without your morning cup of coffee? Well, take heart. Soon there will be a new place to get your daily java fix. Garden View Café plans to open around the first of the year.

Located at 1871 W. Larpenteur Avenue, one block west of Fairview, Garden View will offer specialty coffee drinks, soups, sandwiches and pastries.

The shop is owned by Dave Kerr, who runs Park Hardware. The building housed J.B. Floral for many years, as well as an art studio and center for autistic children. Most recently it was a stamp shop, An Angel's Art, run by Kerr's wife. When she decided to get out of the retail business, Kerr explored other uses of the property.

He decided on a coffee shop for a number of reasons. "It's a fairly inexpensive business to get into," he says, "and I knew Sarah"—Sarah Habeck, whom he hired to manage Garden View.

Kerr had consulted with Habeck when he was looking into the coffee shop idea. "We were friends," Habeck says. "He asked me what I thought about it." She also accompanied him to a trade show to "ask the right questions."

For Habeck, the job presented many new challenges. Although she had managed other local coffee shops, she never had to start from scratch by remodeling a building and choosing the decor. "I learned how to do the dirty work," she says, smiling.

Part of that involved the remodeling work—plumbing, Sheetrock, flooring and lighting. In addition, she had to find a roastery to supply the coffee (she

chose a local roastery, Morningstar) and acquire freezers, chairs, tables and other necessities, often secondhand.

"Learning that process has been really interesting," she notes,

where you can be comfortable, but also where you can just get your drink and go."

The main room of the coffee shop will open first, but plans are already underway to transform

seating, the traffic," he says, noting that 16,800 cars pass the shop each day. "The question is whether people will stop."

One concern has been the shop's visibility. It's set back a little from the road, and the sign they have doesn't light up at night. Habeck and Kerr will canvass the neighborhood with flyers and coupons to let everyone know they're in business. They are also planning advertising that could bring in customers from a wider area—including St. Anthony Park, Lauderdale and Roseville.

To begin with, hours will be 6 a.m.-2 p.m. Monday through Saturday. Eventually they hope to expand to Friday and Saturday evenings.

Habeck emphasizes that the food will be fresh—sandwiches made to order, homemade soups, pastries brought in daily. In addition to coffee and espresso drinks, tea will be served as well as water, juice and Pepsi products. In the summer, smoothies and cold coffee drinks will be available.

They also plan to sell a few small items—coffee cups, candles and the like—and the furniture in the greenhouse and patio areas will be items that can be ordered from Park Hardware.

One thing they plan to specialize in, according to Habeck, is "really friendly service. It's very important to have knowledgeable and friendly staff." They will start off with a small staff, most of them people Habeck has already worked with.

"There's a lot of turnover in the coffee business," Habeck notes. "It's hard to find good help unless you really treat your employees well."

For more information, call Garden View Café at 287-0871.



The Garden View Cafe at 1871 Larpenteur Avenue will open in January. The new coffee shop will offer speciality coffee drinks, soups, sandwiches and pastries.

adding, "We have worked with local businesses for almost everything we've gotten."

Habeck then had to deal with decorating the shop, which Kerr had left to her discretion. She has reupholstered chairs, refurbished a large mirror for the wall and done extensive stenciling on the walls. Kerr helped with the reupholstering as well as some of the heavier work. "He's definitely the handyman," Habeck says.

Habeck sees the coffee shop serving two types of clientele—those who want to hang around and those who want to grab a cup of coffee to go. "We're hoping to draw some of the people who drive by on their way to work," she says.

As for the decor, she says, "we don't want to have the couch look. We want it to be a place

the former greenhouse area into an extension of the shop, with an outdoor patio/smoking area as well. Kerr and Habeck hope to open the expansions in the spring.

Other possibilities down the road include live music in the greenhouse area, rentable meeting space in the basement, and even an occasional visit by a massage therapist friend of Habeck's to provide shoulder and neck massages.

Kerr feels the location has a lot of things going for it. Many coffee shops, he points out, have little seating and little or no off-street parking. Garden View will seat about 20 people in the main room and quite a few more when the expansions are done. In addition, there is parking both in front and in back of the building.

"We've got the parking, the



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## EDITORIAL

*Why Johnny isn't green*

It's tough to generate much interest in the environment these days. The topic was rarely addressed in Minnesota's recent Senate race. In hammering out platforms, major party bosses relegate the environment to somewhere on the edge—if not the subfloor. The assumption is that nobody will actually have to stand on that part of the platform, so it doesn't matter if nothing much is there.

One can't blame the candidates for this state of affairs. Politics is the art of telling people what they want to hear, and what we apparently want to hear about the environment is the sound of silence. When pollsters ask us what we're concerned about, the subject doesn't come up.

That hasn't always been the case. After a couple centuries of blithely going about our business without thinking of the environmental consequences, we had our consciousness raised.

We were forced to think about the effects of pollution, the geopolitics of oil, the permanency of plastic. We learned new terms—not actually new, but new to us—for things that had always been there but that we'd never needed to talk about before: recyclable, R-value, EPA rating, above-ground cask, fluorocarbon.

Some of us made a few changes. We started putting glass and cans and newspaper out front in a blue box instead of out back in a silver barrel. We turned down the thermostat at night and turned up the collars on our sweaters. We bought smaller cars and bigger batts of insulation.

But somewhere along the way we seemed to run out of gas. Why?

Certainly it's not because the problems went away. Respiratory ailments continue to increase. The effects of climate change are everywhere more visible. The drumbeats of war are ever more likely to be pounded on an empty barrel of oil.

Perhaps we don't talk about the environment anymore because we think we know enough, because we're on the downslope of the learning curve.

However, a recent survey by Hamline University's Center for Global Environmental Education found that Minnesotans are not as knowledgeable about the environment as we think we are. The Center's "Minnesota Report Card on Environmental Literacy" revealed a gap between what people think they know and their actual knowledge.

Maybe our complacency results from what a marketing consultant might call "iteration fatigue." We've heard the projections and seen the charts. We've memorized the dirges. We're tired of bad news, so we settle for no news.

We give our prophets the same response prophets have always received: Won't you please please please please stop talking.

So our average mpg goes down as our average btu goes up. We toss money at glitzy "solutions" like light rail and let unglamorous buses languish. We close HOVs and open SUVs. We throw up our hands and throw in the towel.

Most of us do, anyway.

But some people continue to think creatively about solving environmental problems. The St. Paul Neighborhood Energy Consortium has been doing that for almost 20 years. They've coordinated St. Paul's recycling program, promoted energy conservation and greening, sponsored the Grand Round bike tour. Now they have a new idea: a car-sharing program called "hOurCar."

Of course, it'll never fly. Individual car ownership is as American as . . . individual snowblower ownership and individual lawnmower ownership and . . . If you can afford it, you buy one. Or two or three. We're not really into sharing.

Except, of course, for the air we breathe and the water we drink. Hmm . . . hOurCar, you say.

**Thanks from library**

The St. Anthony Park Library Association would like to thank the community for their terrific support of our landscaping project. We are grateful for all the contributions, large and small, that helped fund our plants, trees, shrubs, benches and "hardscaping."

We are also grateful to the St. Anthony Park Garden Club, whose poinsettia sale will fund maintenance costs for the landscaping. Their guidance and support have been invaluable throughout the project.

Please take a moment (if the snow holds off) to see the new backyard patio of commemorative bricks. We hope you enjoy using the beautiful new benches there.

Mary Griffin

St. Anthony Park Library Association

**Homeopathy claims doubtful**

The Bugle's December article "Homeopathic Center opens in St. Anthony Park" is in error when it states, "Each remedy is FDA approved."

Due to a fluke in the Food, Drug, and Cosmetic Act of 1938, homeopathic potions are exempt from Food and Drug Administration (FDA) regulations on drug testing. Unlike every other drug or medical device, homeopathic mixtures do not have to undergo lengthy pre-marketing testing to prove they are safe and effective.

Homeopathy exists today only because of this exemption. If homeopathic practitioners had to prove their treatments were safe and effective, not a single homeopathic treatment would receive FDA approval.

How can I make such a

prediction? It's simple, really; there's nothing to it. By that I mean there is literally nothing of value in homeopathic compounds. They are so diluted with water or alcohol that only trace amounts of a claimed curative agent remain in the formula. Some potions are actually so diluted that they contain none of the original substance.

Thanks, but I can get all I want of that from the water faucet at my kitchen sink.

I hope your statement about FDA approval resulted from a misunderstanding on the part of the Bugle's reporter. Because if it is Anne Johnston Smith who is claiming that her homeopathic compounds are "FDA approved," then she is in serious violation of FDA regulations.

Tim Walker  
St. Anthony Park

## Thanks, readers, for contributing to the Bugle fund drive. Your contributions help sustain us.

With contributions from those listed below, our annual fund drive has collected \$14,145. Our goal for the fiscal year is \$23,000. Contributions are still welcome.

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### Car Sharing from page 1

environmental concerns are central to hOurCar's goals, gas mileage and emissions are of particular importance. The earth-friendlier Toyota Prius, Honda Insight and Honda Civic hybrid are all being considered as program vehicles.

"We will also look into having a pickup truck and trailer, and perhaps a minivan or two," Morse said. "Members could use the truck and trailer a couple of times each year to haul yard waste to the compost sites or to haul furniture. Families might wish to use the minivan for a long weekend in the Badlands. Nobody has to own these vehicles individually, but they'll have convenient and low-cost access to them whenever needed."

Theoretically, hOurCar would reduce the number of cars in any given urban or suburban area, supporting a shift away from overdependency on automobiles. Car-sharing members could conceivably sell their second car or even live car-free and save thousands of dollars each year.

Since downtown businesses and units of government are expected to become members, hOurCar could help alleviate inner-city traffic congestion and parking problems. Also under consideration is a "smart card," which would function seamlessly as a car-sharing, bus, rail, and goods and services ticket.

By placing the vehicles in a

pod—a location central to 15 or 20 members—hOurCar hopes to allow for a walk of 10-minutes or less from home to hybrid. In a perfect world, all cars would be garaged each night, though hOurCar anticipates some will be parked in covered or uncovered parking lots.

"Convenient and affordable access to cars for people of diverse incomes is just the beginning of how we envision hOurCar benefiting members," said Morse. "We anticipate adding other energy-efficient vehicles and features to hOurCar, including human-powered cargo tricycles and electric vehicles. Our hope is to enable Twin Cities residents to choose green vehicles, public transit and calorie-burning mobility over gas-guzzling, polluting, expensive automobiles."

Depending on member feedback, the hOurCar vehicles might be marked, decorated or otherwise denoted in some way, or they might not. Morse anticipates that some members would probably prefer to promote program longevity by driving a marked car, while others might wish to appear more anonymous. Corporate and government members are likely to have the option of placing magnetic logos on the cars when their employees are using the vehicles.

"We're all about making hOurCar sustainable and fun," Morse explained. "Imagine if you commuted all week on the bus, used your hOurCar for a night

on the town on Friday, shopped for groceries with the cargo tricycle on Saturday, and then spent Sunday biking the Grand Round on the tandem."

Several cities—including San Francisco, Seattle, Chicago and Los Angeles—have successful car-sharing programs. Cities with these types of programs have seen reductions in auto emission pollutants, thereby improving the quality of air and water.

The local hOurCar program has already generated substantial interest, including a \$75,000 grant from the Minnesota Office of Environmental Assistance (OEA). The OEA funding will be used for member recruitment, marketing and business planning. Researchers from the Humphrey Institute of Public Affairs have also signed on as grant partners to assist with demographic and marketing studies. And if all goes smoothly, the program will be fully operational as early as next fall.

Still, hOurCar has a long way to go to fund their fleet. Morse indicated that insurance, start-up costs and the vehicles themselves still need financial backing.

"When we've completed our business plan and operations study, we will be ready to receive operations grants from foundations and corporations," she said. "The program should be self-funding from user fees in just a few years."

To date, hOurCar has conducted informal market research at large public events,

made presentations to potential funders and allied organizations, and extensively researched the technology options for creating an effective car-sharing organization. In particular, hOurCar established a strong mentoring relationship with San Francisco City CarShare, the only large-scale car-sharing organization in the U.S. currently run as a nonprofit.

By also forming an ad hoc advisory committee to steer hOurCar, the NEC has shown a strong commitment toward implementing a successful program. One member of the advisory committee is Dave Van Hattum, assistant director of the Downtown Minneapolis Transportation Management Organization, who has won awards for developing innovative commuter programs. Also

represented on the committee are Clean Water Action, Transit for Livable Communities and Midway TMO.

For more information about hOurCar, check their Web site at [www.hOurCar.org](http://www.hOurCar.org).

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Following the potluck, Phil Steger, Executive Director of Friends For a Non-Violent World will speak. Phil visited Iraq recently and suggests creative and well-grounded resolutions to the conflict.

What more fitting way to acknowledge the Martin Luther King Holiday!

Bring a dish to share, your own plates, cups, and utensils. We'll supply beverages.

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## How Can I Be Sure of My Faith?



What is "faith"? How can it be obtained? If I obtain faith, will all my problems vanish?

See page 14

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## Birders choose counting instead of hunting

by Clay Christensen

Back at the end of the 19th century, folks used to go out on Christmas Day to hold "side hunts." They would choose sides and see how many birds and small mammals they could shoot, then get together at the end of the day to tally their totals.

In 1900, ornithologist Frank Chapman, who among others was disturbed by the senseless slaughter, suggested that people count the birds they saw rather than shoot them. He and 27 other dedicated bird watchers held 25 Christmas bird counts (CBCs) that year, ranging from Toronto, Ontario, to Pacific Grove, California. They recorded a total of 90 species on those 25 original CBCs.

Today, in its 103rd year, more than 50,000 observers participate in over 1,800 CBCs in North, Central and South America.

A CBC is held on a day between December 14 and January 5, within a circle 15 miles in diameter. The circle for the St. Paul Audubon Society's CBC is centered on the intersection of County Road B and Dale Street and includes parts of cities from North Oaks to South St. Paul and from Oakdale to downtown Minneapolis. The 2002-2003 St. Paul Audubon CBC was held on Saturday, December 14.

"We do it for the challenge," said Dotty Waltz, who, with her husband, Fred, shares team leadership for the portion of the St. Paul Audubon CBC circle that includes St. Anthony Park and parts of Roseville and Falcon Heights. "I guess I have an addictive personality," she added. "I like to try to find unusual birds. And it's fun."

Fred calls the Christmas bird count the longest running study of bird populations in the world. The Waltzes remember their first CBC in 1990. "It was 29° below," said Fred. "But we found a snipe in Swede Hollow on the east side of St. Paul." There was a trickle of water running in Swede Hollow and the snipe, a rotund sandpiper with an extremely long bill, was able to find some food in and around that rivulet.

In one past CBC, the Waltzes counted a barred owl in Langford Park during the daytime. It was one of their most memorable sightings. "There were other people around, but the owl didn't seem to mind," Dotty said.

This year, the Waltzes found a pair of snow geese, migrating south from Canada, near Broadway and West River Road. They also saw a bufflehead, a small diving duck, mostly white with a black head and a large white facial patch on the male,

and a merganser, a diving duck that looks like it's had a bad hair day. The Waltzes saw a red-bellied woodpecker in Lauderdale, and one very confused red-winged blackbird sitting in front of Rep. Phyllis Kahn's house on Nicollet Island, wondering where the summer had gone.

Julian Sellers has been the leader for the St. Paul Audubon's CBC for the last several years. "The first St. Paul Audubon CBC was held in 1944. That year, six participants found 17 species," he noted.

A bald eagle was spotted over Bennett Lake in Roseville's Central Park. This caused a nervous reaction among the 360 mallards clustered at the east end of the lake. They were huddled around the only open water, where a waterfall aerates the lake.

A great horned owl, pileated woodpecker, fox sparrow (late migrant) and purple finch (becoming displaced by house finches) were seen in Shoreview. The fox sparrow was the first ever seen on a St. Paul CDC.

In North Oaks, a boreal chickadee, normally seen on the North Shore, had found its way to a feeder.

At Holman Field, St. Paul's downtown airport, spotters found a horned lark, smaller than a robin with a striking facial pattern and, yes, little feathery horns on either side of the head. Some horned larks actually winter in southern Minnesota



Photos by Clay Christensen



Dotty and Fred Waltz, team leaders for the St. Paul Audubon Society's Christmas bird count, close in on their quarry.

This year, some 60 counters reported over 56 species, including a northern shrike and a hermit thrush in Roseville. The northern shrike often moves to southern Minnesota in the winter. It's somewhat smaller than a robin, and while classified as a songbird, it will eat small birds and mice, impaling uneaten food as a cache on a thorn or a string of barbed wire, leading to the common name "butcher bird."

The hermit thrush acts like a robin, searching the forest floor for insects and seeds. It was rather late for a hermit thrush to still be in Minnesota. But the Roseville bird wasn't the only one sighted. Sellers and his team also saw a hermit thrush, which he thinks had been bathing in Minnehaha Creek just before they came upon it.

some years.

On Desnoyer Avenue, west of St. Thomas College, a woman found a wild turkey in her yard. Wild turkey sightings are becoming more common in the city. (See article on page 7.)

Christmas bird counts started over a hundred years ago to end the wasteful practice of shooting everything in sight. They have become a way for the "citizen scientist" to participate in a survey of bird populations, point out trends and get people involved in conservation and thinking about our environment right here at home. And, as Dotty Waltz notes, they are challenging and fun.

For more information on bird counts, go to [www.audubon.org/bird/cbc/ho.html](http://www.audubon.org/bird/cbc/ho.html).

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## Turkeys dodge traffic, entertain residents

*Flock avoids Thanksgiving fowl play in St. Anthony Park*

by Dave Healy

Residents of Falcon Heights and St. Anthony Park have been entertained for several months by the appearance of a small flock of wild turkeys. The birds were first spotted near the University of Minnesota golf course. As autumn progressed, they moved progressively farther south.

Originally, the flock had four turkeys—a tom and three hens. More recently, the three hens seem to be traveling alone.

In October the turkeys were sighted in Falcon Heights' University Grove. Marcie O'Connor caught them foraging in David and Martha Russell's yard on Hoyt Street.

By early November, they had moved south of Como Avenue, and David Skilbred photographed them at Alden Square.

In early December, the turkeys moved across Energy Park Drive into south St. Anthony Park, where they caused a stir in Hampden Park. On December 9, two of them stopped traffic on Raymond Avenue near Raymond Place. Eventually they made it across and began foraging in front yards on Manvel.

Gary Duke, recently retired professor of avian physiology and former director of the Avian Research Center at the University of Minnesota's St. Paul campus, said wild turkey sightings in St. Paul have increased during the last year.

"Judging by the number of calls I've been getting, I'd say their numbers are up in the city," said Duke.

Although Duke is not aware of anyone

who's undertaken a formal turkey census, he speculated that there may be as many as several hundred in the Twin Cities area. That's only a tiny percentage of the state's total turkey population, which includes some 50 million domestic fowl that are raised each year in Minnesota.



Photo by David Skilbred

According to Duke, wild turkeys are found throughout most of the United States except for the far West. They are most common in the northern and eastern regions of the country.

"The population is actually better now than a hundred years ago, when they were hunted more heavily," said Duke.

Although wild turkeys are usually quite wary, this group seems to have become accustomed to humans. They also seem to be attracted to the spillover from birdfeeders in people's yards.

Duke said that wild turkeys eat mostly berries, seeds and insects. Although they may move around in an area, they don't migrate, so it's possible this group will stay in the neighborhood all winter.

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for more information  
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## Library Events

On January 15 from 7-8 p.m., Judd Spicer reads from his new book, "Seven Days: Stories."

On January 27 from 7-8 p.m., Warren Gore leads a discussion of Leif Enger's "Peace Like a River."

Both events are at the St. Anthony Park Library, 2245 Como Avenue.

## Writers

The St. Anthony Park Writers Workshop was established in 1978 as part of St. Paul's COMPASS program to encourage artistic endeavors in music, art and writing in neighborhoods throughout the city.

The group meets from 6:30-9 p.m. the first Tuesday of each month in the lower level of the St. Anthony Park Library. Writers bring whatever they are working on—poetry, essays, short fiction, memoirs, children's and adult novels. They discuss each other's work and exchange views on writing in general.

The first meeting of the new year will be January 7. The group welcomes new members. For more information, call Marjorie DeBoer at 645-1345.

## Volunteers

The Como Park Conservatory is looking for volunteers to serve as plant interpreters. Once trained, volunteers share information with Como visitors on the Conservatory's various plants.

Volunteers must be available for at least two 3-hour daytime shifts a month. Training starts in February. Register by January 31 by calling 487-8287.

## Household Repairs

A work-readiness program of the St. Paul School District offers the following furniture and window repair services:

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## Classes

An investment class, "When to Sell," by Adam Landvik of Edward Jones Investments, will be offered January 27 from 6:30-8 p.m. at Como Senior High School. Cost is \$6. For more information, call 917-7063.

The Minnesota State Horticultural Society's Center for Northern Gardening offers two classes in January.

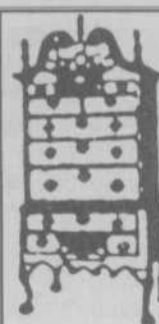
January 8: Soil composition—building and amending soil, drainage, composting.  
 January 29: Garden design.

Both classes run from 6:30-8 p.m. at the Center, 1755 Prior Avenue N. in Falcon Heights. The cost is \$5 for the general public, free for members. For more information, call 643-3601.

Langford Recreation Center offers community dance lessons one Friday night a month from 7-9 p.m. beginning in January. One-hour lessons by Dance Spectrum instructor Loren Greenburg will be followed by an hour of practice time.

The January session will focus on swing. Class members can choose from salsa, fox trot, waltz and cha-cha for future lessons. Come either solo or with a partner, and bring a snack to share at break.

Cost is \$2 per session. Call Burna at 645-8217 for more information.

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## Minnesota—where all the environmentalists are below average

A recent study by Hamline University's Center for Global Environmental Education found that Minnesotans are not as knowledgeable about the environment as they think they are. The report documents the results of the first statewide survey on environmental literacy of adults in Minnesota.

"Environmental literacy is not strictly a question of knowledge, but includes the attitudes and behaviors that make a person truly able to address environmental issues," said Dr. Tony Murphy, adjunct professor in the Center for Global Environmental Education and primary author of the report. "Since we as Minnesotans are willing to exhibit positive environmental behaviors, we need to have the knowledge base and attitudes to do so."

From July through September 2001, a random sample of 1,000 Minnesota adults was surveyed for their knowledge about attitudes and behaviors related to the environment. The survey revealed a gap between what people think they know and their actual knowledge.

Almost 65 percent of Minnesota adults believe they are knowledgeable about environmental issues and problems, yet only 36 percent have an above-average knowledge about the environment.

According to survey results, Minnesotans get most of their information from TV, newspapers, environmental learning centers and environmental groups. Sixty-eight percent of Minnesotans rely on their own training or education for information.

Given that almost half the adults in the state (46 percent) have a less-than-average general knowledge about the environment, the report concludes that self-initiated educational efforts may not be adequate.

An overwhelming majority of survey respondents (90 percent) support environmental education in schools and believe the state should pay for it. Over 52 percent believe that environmental education should be financed through a special state fund created specifically for this educational activity.

The report reveals connections among increased environmental knowledge, a more positive environmental attitude and behavior changes to protect the environment. Respondents who received a higher grade in general environmental knowledge were more likely to have a positive attitude toward the environment and to engage in more positive environmental behaviors.

This survey and report represent a collection of baseline information on knowledge, attitudes and behaviors related to the environment in Minnesota.

This data will be used to track trends and changes in environmental literacy as Minnesota adults are surveyed again.

View and/or download a copy of the Minnesota Report Card on Environmental Literacy at [www.mnseek.net](http://www.mnseek.net), or obtain a copy by calling the OEA Clearinghouse at 215-0232 or 1-800-877-6300. For further questions on the report, contact Dr. Tony Murphy at 690-8877, [apmurphy@stkate.edu](mailto:apmurphy@stkate.edu) or Denise Stromme at 218-855-5014, [denise.stromme@moea.state.mn.us](mailto:denise.stromme@moea.state.mn.us).

## What's the Pay Back?

People often call us and ask if they should remodel or buy. There is no right answer to this question, since many factors, including some that are intensely personal, will enter into this. However, we can rely on statistics to give us some information about the pay back of remodeling. Keep in mind that these statistics are referring to general situations. They should be used as a guide only. Also, remodeling should be viewed as a way to enhance the pleasure you get out of your home, not as a method of producing wealth.

Type of Remodeling	Anticipated Pay Back
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Bathroom (Upscale)	102%
Master Suite Addition (Midrange)	78%
Master Suite Addition (Upscale)	80%
Bathroom Addition (Midrange)	88%
Bathroom Addition (Upscale)	88%
Window Replacement (Midrange)	74%
Window Replacement (Upscale)	67%



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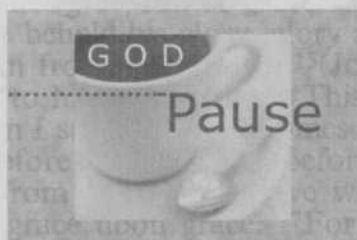
See page 14

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## Hot Art Jazz and Barbecue

On January 12, fans of southern music, art and food can get their fix in one day.

Jazz aficionados will be treated to the New Orleans-influenced stylings of pianist Butch Thompson, who is joined by trumpeter Duke Heitger, cellist Laura Sewell, drummer Hal Smith and bassist Bill Evans. They will present a tribute to legendary pianist Fats Waller and pianist/composer James P. Johnson.

The concert is sponsored by the St. Anthony Park Community Foundation and Music in the Park Series. Performances are at 2 and 5 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Avenue. Tickets are \$25 and are available at Bibelot and Micawber's, or by calling 645-5699.

In conjunction with the concert, St. Matthew's Undercroft Gallery will open a new exhibit, "Sweet Southern Memories," paintings, photographs and beaded art by St. Anthony Park resident and former New Orleans Shelley Holl. The exhibit opens at 4 p.m. on January 12 and runs through February 21.

Holl, author of "Louisiana

Dayride, 52 Short Trips from New Orleans," studied art and journalism at Washington University in St. Louis and the University of Minnesota. She lived in New Orleans for seven years and has exhibited widely in Louisiana, Montana and Minnesota.

Finally, fans of southern cuisine can savor a barbecue dinner from 4-8 p.m., making it the perfect post-concert casual dining experience after either the 2 p.m. or 5 p.m. performances by Butch Thompson and friends. Beer, wine and nonalcoholic drinks will also be available.

Dinner must be ordered in advance and will be available either for sit-down dining at St. Matthew's or to take home. Proceeds will benefit St. Matthew's summer youth mission project.

"Sweet Southern Memories" and the barbecue are at St. Matthew's Church Undercroft Gallery, 2136 Carter Avenue, right across the alley from St. Anthony Park United Church of Christ. Reserve your barbecue dinner by calling 645-3058, or e-mail office@stmatthewssap.org. The price of the dinner is \$12.



ST. ANTHONY PARK  
 COMMUNITY COUNCIL

## NEWS



**St. Anthony Park Community Council  
 BYLAWS change -  
 Please attend the board meeting,  
 Thursday, January 9, 2003, 7pm, at the  
 South St. Anthony Park  
 Recreation Center  
 (890 Cromwell Avenue).**

**For additional information or  
 questions please call  
 651-649-5992.**

Council-sponsored meetings are listed each month in the Bugle Community Calendar (see page 18). Everyone is welcome!

Office: 890 Cromwell, St. Paul, MN 55114 • voice: 649-5992 • fax: 649-5993 • e-mail: district12@ci.stpaul.mn.us  
 Executive Director: Melissa Mathews • Community Organizer: Emily Farrell  
 NW St. Paul HandyWorks Program Coordinator: Angie Hoffmann-Walter (649-5984)

Board of Directors: Chris Causey, Ron Dufault, Sherman Eagles, Suzanne Garfield, Terry Gockman, Rose Gregoire, Jay Johnson, Bruce Kimmel, Paul Kirkegaard, Deborah Kuehl, Mike Phillips, Connie Powell, Joe Ring, Jan Sedgewick, and Don Stryker.

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## Aging Gracefully by Mary Jo Tarasar

As we age, there are some changes in our lives we may not be too crazy about. Joints tend to stiffen, we may look back at unrealized ambitions or perhaps we miss someone we've lost touch with. Not to mention new technology almost daily, political upheaval and so many other changes.

It is a fact that much of life is beyond our control. But there are many things we *can* control—things we as individuals can change. Recently I received a holiday card that read, "Be the Change You Want to See in the World."

The first day after getting the card, I caught myself thinking that people weren't neighborly enough after a fellow pedestrian ignored my greeting. As I walked on, I saw my older neighbor struggling with her recycling. I helped her for a few minutes. It wasn't much.

A day or two later I was mentally cursing out a driver who cut me off, and I caught myself again. I let him have plenty of room and gave him a smile. It wasn't much, but I felt happy as the smile (which I didn't really feel) became real.

On a recent holiday trip I was inwardly fuming at a delayed flight when I looked around the waiting area and saw a young mother with three small, crabby children. I maneuvered myself and my 4-year-old over next to them, and we started playing with the older two kids while mom fed the baby. I'm sure I felt better than I would have over in my corner shushing my own child and indulging in silent tantrums.

I've been surprised how these little things have changed me. I expected that if I thought about good things and did them, it would be good. It has been, but not for the people I decided to be kind to—or even just not unkind to.

It's been good for me. And not in the way I expected either.

I thought I would feel smug or virtuous because I would either be doing a good deed or not doing a bad one.

But when I find myself having some negative thought and then try to change something that prompted that thought, I stop thinking it because I'm doing something. And when I interact with someone else instead of complaining to myself, I forget what I was complaining about.

It doesn't necessarily take another person to get me out of myself. When I took my daughter to the park the other day, I got teed off at the amount of litter around. I started to pick it up and discovered one piece of paper was part of a 1957 newspaper. I couldn't help but wonder how it got there and had a laugh at the parts of articles and ads I could make out.

Abraham Lincoln is credited with saying, "Most people are about as happy as they make up their minds to be." That may not be entirely true, but the inspiration I got from this greeting card has shown me that much of what I think and feel is a choice. I have learned this in a way that I would not believe if I hadn't experienced it.

So what about you? What kind of change would you like to see in the world? What can you do to make it happen? If you only make one New Year's resolution this year, try this one, even just once or twice. "Be the Change You Want to See in the World."

I regret that the sentiment was uncredited, so I can't even thank whoever said or wrote it. But try it!

*The St Anthony Park Block Nurse Program hopes that Aging Gracefully is helpful to older adults and those who care about them. We welcome ideas and feedback at [sapbnp@bitstream.net](mailto:sapbnp@bitstream.net) or 642-9052.*

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## 4-H News by Tim Jurney

Hi, this is Tim, your friendly 4-H Club reporter. Our most recent meeting was on Monday, December 9. For this activity meeting we went caroling and made blankets for babies. It was one of the most fun meetings ever!

To start the meeting we made blankets. We start with two pieces of fleece laid on top of each other. Then we make short cuts (about 2 inches) all around the edge, creating a fringe. Finally, the fringes are tied together, and a blanket is born.

The blankets were donated to the Children's Home Society

of Minnesota Crisis Nursery in St. Anthony Park.

After that a large group of us went caroling around the neighborhood. We sang about two songs per house. That made for a lot of Christmas carols! My favorite song was "Rudolf the Red Nosed Reindeer." At one house they gave us candy when we were done singing. We sang for old and young alike; they all liked it!

To end the meeting we ate some cookies, clementines, apple cider and hot chocolate. This was a great way to start the holiday season.

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 JANUARY 6, 2:30pm

• BILL CAGLEY  
 JANUARY 9, 7pm

• BILL HAMMOND  
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• BILL PARISH  
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• DISRECTANGULAR  
 JANUARY 18, 8pm

• STORYTELLING with PAM SCHWEITZER  
 JANUARY 21, 10AM

• BILL CAGLEY  
 JANUARY 23, 7pm

• THE BROTHER SISTERS  
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• JIM KANTOROWICZ  
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• GALLERY RECEPTION: "CONTEMPLATING IDENTITY"  
 JANUARY 23, 6-8 pm

• ARTIST'S TALK: NANCY MORROW  
 JANUARY 23, 6-7 pm

• ROXY AND BIJOU FILMS: "INDIANA JONES AND THE RAIDERS OF THE LOST ARK," "INDIANA JONES AND THE TEMPLE OF DOOM," "INDIANA JONES AND THE LAST CRUSADE," SPSC THEATRE  
 JANUARY 25, 9pm

• NOON CONCERT: TIM MURRAY  
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• ROXY FILMS: "DONNIE DARKO," SPSC THEATRE  
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# JANUARY CALENDAR

## 1 Wednesday

• Women's Connection, a job networking organization (481-6925), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.

• Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday.

## 2 Thursday

• Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m.-noon. Every Thursday.

• Toastmasters (649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.

• Chair Exercise Classes, Seal High Rise, 825 Seal St. every Tuesday and Thursday at 1:30 p.m. Classes are free to all area seniors, but pre-registration is necessary. Chair exercise classes are appropriate for all fitness and ability levels, and offer cardiovascular workout. All major muscle groups are exercised. Call 642-9052 to pre-register.

## 3 Friday

• Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.).

## 4 Saturday

• Falcon Heights recycling.

## 6 Monday

• AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.

• Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.

• Como Park & Lauderdale recycling.

## 7 Tuesday

• Tot Time (for 5-year-olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-1 p.m. Every Tuesday.

• Toastmasters (645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.

• St. Anthony Park Writers (645-1345), St. Anthony Park Library, 7 p.m.

## 8 Wednesday

• Falcon Heights City Council, City Hall, 2077 Larpeur Ave., 7 p.m.

• Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program.

• St. Anthony Park recycling.

## 9 Thursday

• St. Anthony Park Community Council Physical Planning Committee, South St. Anthony Rec Center, 890 Cromwell, 6 p.m.

• Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, St. Anthony Park Library, 10-11 a.m.

• Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Park Rec Center, 890 Cromwell, 7 p.m.

• Chair Exercise Classes - Seal High Rise, 825 Seal Street every Tuesday and Thursday at 1:30 p.m. Call 642-9052 to pre-register.

## 13 Monday

• Park Press Inc., Park Bugle Board Meeting, St. Anthony Park Bank Community Room, 7 a.m.

## 14 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

## 15 Wednesday

• Langford Booster Club, Langford Park, 7 p.m.

## 16 Thursday

• Weight loss class, Holly House, 2265 Como Ave. (645-6951), 6 p.m. Free, but registration is required.

## 17 Friday

• Falcon Heights recycling.

## 20 Monday

• Como Park & Lauderdale recycling.

## 21 Tuesday

• District 10 board meeting, 7 p.m., Black Bear Pavilion, LL.

## 22 Wednesday

• Falcon Heights City Council, City Hall, 2077 Larpeur Ave., 7 p.m.

• St. Anthony Park Community Council Housing and Human Services Committee, South St. Anthony Rec Center, 890 Cromwell, 5:30 p.m.

• St. Anthony Park Community Council Environment Committee, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.

• Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program.

• St. Anthony Park recycling.

## 23 Thursday

• Invitation to optimal health, Holly House, 2265 Como Ave. (645-6951), 6 p.m. Free, but registration is required.

## 24 Friday

• Preschool story time, St. Anthony Park Library, 10:30 a.m.

## 25 Saturday

• Fare For All food distribution and registration at St. Anthony Park Lutheran Church, 644-8833, 2323 Como Avenue, 8:30-10:30 a.m.

## 27 Monday

• St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.

## 28 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

• St. Anthony Park recycling.

## 31 Friday

• Preschool story time, St. Anthony Park Library, 10:30 a.m.

Items for the January Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, January 17th.

### The Holy Spirit

Spiritual versus spiritualism.

See page 14



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## A Foundation of Neighbors Looking Ahead...

By Jon Schumacher  
Executive Director,  
St. Anthony Park  
Community Foundation

Happy New Year! At the Foundation we are indeed "looking ahead" to 2003 with much anticipation.

Our neighborhood profile project, chaired by board member Lis Christenson, is entering a busy period. Noted Macalester Professor and neighborhood historian, David Lanegran, has agreed to write our profile report. The purpose of this project is to better understand our neighborhood by identifying its strengths and weaknesses; allowing the Foundation to focus future grantmaking more effectively. This collection of data, surveys, trends, and analysis will also be the basis for development of a comprehensive neighborhood plan beginning with a series of public forums this spring.



Lis Christenson

you are interested in taking this survey, you can pick up a copy at the library or visit our website at [www.sapfoundation.org](http://www.sapfoundation.org).

Another exciting upcoming event is the annual Gus Donhowe Jazz Concert January 12. This will be the third year we've partnered with

Music in the Park Series to host this holiday fundraiser. We are very fortunate to have pianist extraordinaire Butch Thompson returning with several prominent musicians, including St. Anthony Park's

own Laura Sewell on cello. It should be great fun and we look forward to seeing many of you there.

Thank you for all your support in 2002 and best wishes for a great 2003!



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If you want to know more about the Foundation call Jon Schumacher at 651/641-1455 or email him at [Jon@sapfoundation.org](mailto:Jon@sapfoundation.org).

## LIVES LIVED

**Pearl Martinson Jovaag**

Pearl Martinson Jovaag, a former resident of St. Anthony Park, died October 30, 2002 in Austin, Minnesota.

Pearl Martinson was born May 5, 1903 to Rev. Andrew and Anna Martinson in Hunan Province, China. She came to America at age 18 and attended St. Olaf College in Northfield, Minnesota. She received a nursing degree from Presbyterian Hospital in Chicago.

On August 26, 1928 she married Rev. J. O. Jovaag in Belmont, Iowa. They served congregations in Calgary, Alberta as well as Gonyick, Lakefield, St. James and Springfield, Minnesota. After retirement, they also served several parishes throughout Texas and Louisiana, and finally St. Olaf Lutheran Church in Austin.

Mrs. Jovaag is remembered for her soft, velvety hands, her unending concern for her children and her lifelong correspondence.

She was preceded in death by her

husband, Jonas; son, Jon; brother, Rev. Harold Martinson; and sister, Cora Martinson.

She is survived by her sons Harold (Shirley) and Arvid (Lois) Jovaag; daughters Corinne Bustad (M. Arthur), Jan Jovaag Anson and Joy Ling Hill (Ted); 12 grandchildren; 8 great-grandchildren; and many nieces and nephews.

Funeral services were held on November 4 at St. Marks Lutheran Home Chapel in Austin, Minnesota, and on November 5 at St. Anthony Park Lutheran Church.

**Notice**

The Bugle will continue to publish obituaries that are submitted by friends or family of the deceased. There is no charge for publishing obituaries, but we reserve the right to edit them if space considerations so dictate.

Send obituaries to the Bugle at Box 8126, St. Paul, MN 55108 or bugle@minn.net.

**Earth Charter from page 1**

old. SGI is an "activist Buddhism" with roots in the work of Nichiren, a 13th-century Japanese Buddhist teacher. SGI holds that the duty of religions is to strive for lasting peace for ordinary people in the world. SGI works with the United Nations as a non-governmental organization to aid refugees, host educational exhibits and forums, and find sustainable, peaceful solutions to today's problems.

"A lot of people think that Buddhism is only focused on one's individual self-awareness,"

says Dunlavy, "but in the highest teachings of Buddhism the 'bodhisattva ethic' is stressed. We strive to awaken our Buddha nature to its highest point so that we can make a contribution."

Raised in St. Paul in a Unitarian church, Dunlavy realized at age 16 that she was seeking "some kind of daily spiritual practice." She was introduced to SGI by her aunt and has now been a practicing Buddhist for 30 years. Her husband, Howard, was already a Buddhist when they met. Their son, 8-year-old Ryan, is being raised with Buddhist philosophy

and practice as a foundation. They have lived in St. Anthony Park for 12 years.

"Buddha means 'awakened one,' says Nancy. "It is a state of mind. Each person is fundamentally a Buddha."

She explains that chanting is a tool for revitalizing and a chance to see oneself honestly. She adds that often, when she chants, she focuses on a goal of some sort that may involve personal spiritual development.

"The power and the rhythm of the universe is in us," she says. "Just as a drop of the ocean contains all the elements of the

ocean, so do we, as individual pieces of the universe, contain the power of the universe. We have the power to change anything."

With such a focus on creating world citizens who are willing to act on their concerns for the universe, SGI Buddhists were aware early on of the work being done to create an Earth Charter. In 1987 the United Nations World Commission on Environment and Development called for a new charter to establish fundamental principles for sustainable development.

An Earth Charter Commission took the initiative and a drafting process was begun. After a decade of worldwide, cross-cultural conversation about common goals and shared values, the document was written. SGI was involved by hosting meetings during the seven-year process.

The hope is that this charter will establish an ethical foundation for our emerging global society and help build a sustainable world based on respect for nature, human rights, economic justice and a culture of peace.

The result is a "beautiful and inspiring document," says Dunlavy, "but most people don't know about it."

The Charter urges a change of mind and heart toward a new sense of global interdependence and universal responsibility. It urges renewed commitment to the United Nations and implementation of Earth Charter principles internationally. These principles include respect and care for the community of life, ecological integrity, social and economic justice, democracy, nonviolence and peace. The conclusion is a call to action for every individual and group.

The current challenge is to promote knowledge and use of the Charter at all levels of society and to seek its endorsement by the United Nations General Assembly. It was developed in a grassroots manner, and its dissemination is proceeding the same way, via citizen initiative.

The Charter was completed in 2000. In 2001 the idea of "community summits" came

from the Center for Ethics and Meaning in Tampa. Twelve cities in the U.S. and Canada held summits that year, linked to each other by satellite. In 2002, 24 cities did the same.

The Twin Cities participated last year, organizing very quickly. In only nine weeks, Dunlavy and others were able to organize an all-day summit with links around the continent. The 2003 summit will be on October 11.

She mentions a group of "Earth Scouts" that has started in Tampa, of cities endorsing it as a guide to policies and decisions, of it being used as a code for corporate responsibility. She talks of faith communities, schools and the media teaching Earth Charter principles.

SGI Buddhism also led Dunlavy to her latest venture, serving as vice president of the Minnesota Alliance of Peacemakers. In 2002, the SGI-USA traveling exhibit, "Gandhi-King-Lkeda: A Legacy of Building Peace," came to Minneapolis. Soon after that the Alliance contacted SGI in the hopes of including more religious diversity in their membership. Dunlavy became involved.

Clearly, Dunlavy's community activities with the Earth Charter and the Alliance grow from the roots of her spiritual practice and philosophy. Does St. Anthony Park provide hospitable soil for her life and work?

"This is a progressive, intellectual community," she says. "Most people are religious and spiritual, most belong to churches. Many are curious about Buddhism."

Dunlavy seems to welcome curiosity. Now perhaps neighbors will be curious about the Earth Charter and the Alliance of Peacemakers.

For more information, visit the following Web sites:

Earth Charter:  
www.earthcharter.org  
Minnesota Alliance of Peacemakers: www.mapm.org  
SGI-National:  
www.sgi-usa.org

**Answers!**

The fundamental questions of life are questions which you must answer for yourself. The discovery of answers is a life-long process, not an event. It is a process of searching and testing marked by some successes and some failures. The experience of others who are engaged in the same search may be helpful.

The **Alpha Program** at Saint Anthony Park United Methodist Church is a program designed to facilitate a sharing of such experience with your friends and neighbors. The program consists of about 12 Sunday evening meetings starting January 26. The format of each meeting is a meal followed by a presentation of a Christian response to one of the questions, and then small group discussion of that response and any other responses that participants wish to discuss. The only requirement is that each participant respect the opinion and experience of others. Child care is provided. Please call the church office to obtain more information or to register to attend.  
651-646-4859 (9:00am to 1:00pm weekdays). St. Anthony Park UMC, Como at Hillside, St. Paul, MN 55108

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January 17, 6 p.m.  
Next issue: January 29th

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■ Classified ads are not taken over the phone.

■ Call Raymond Yates at 651-646-5369 with questions.

### Instruction

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**TOWNHOUSE FOR RENT** starting Jan. 6. \$1363/mo. St. Anthony Park, Raymond/Territorial St. neighborhood, 1200 sq. ft., 3 bedrooms, 2 bathrooms, living room, kitchen, laundry, 1 car garage. Central air/heating. Convenient access to both U of M campuses. Call 952-942-0697.

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**Historic District from page 1**

MetroPlains, their development plans would be affected if the site becomes a historic district. Eide hopes that if local designation occurs, it will in turn be followed by federal designation.

"Local designation brings restrictions but not a lot of benefits," she said. "Our current plans for the University site would have to be changed if the area were designated a historic district, but if local designation were followed by federal designation, the project would be more financially feasible because of the federal tax credits. We do have quite a bit of experience with renovating buildings that are on the National Register."

Despite the potential complications, Eide expressed confidence that MetroPlains will be able to work with the neighborhood and the HPC.

"We want to find a way to complement historic buildings," she said. "That's what we do—use what's truly historic and complement it with what's new. We think we're good at that."

University Avenue has also been identified as a potential light rail corridor between Minneapolis and St. Paul, and the University/Raymond intersection has been mentioned as a possible location for a light rail transfer station.

HPC member Paul Larson, an architectural historian, said that historic district status for the area could affect the design of the station and could constrain the kind of development that typically occurs around light rail transfer sites.

Larson expressed confidence that other development plans for the area could still be accommodated if historic district status is forthcoming, and he argued that the benefits make it worthwhile to work through any problems.

"This area has an astonishing amount of architectural integrity," he said. "It deserves as much attention as any other part of the city."

Besides historic districts, the HPC also promotes preservation of specific properties. Buildings in the Bugle distribution area that have received historic designation include the Como Park Conservatory and the Andrew McGill House at 2203 Scudder Street.

Milton Square in St. Anthony Park is being considered as a potential historic property, but so far the HPC has not made any formal recommendation regarding that site.

Efforts at heritage preservation do not have to be initiated by the HPC or some other organization. Sometimes individual property owners or neighborhood organizations decide to start the process.

In Falcon Heights, for example, residents of University Grove have begun exploring the pros and cons of acquiring historic district status for their

neighborhood. University Grove is a residential area of 103 homes located along the east side of Fulham Street north of Hoyt Avenue, both sides of Folwell Avenue and the north side of Hoyt between Fulham and Folwell.

University Grove is a planned community owned by the University of Minnesota, which retains the land and grants long-term leases to University employees.

Houses in the Grove were built according to strict requirements that they not be too ornate or expensive so that they would continue to be affordable by University employees. Today most houses in the Grove are owned by U of M faculty.

In the fall of 2000, the University Grove Homeowners Association formed a Committee on Historic Designation.

According to committee chair Phil Shively, the group has met with representatives of the University, an architect from the State Historic Preservation Office, a contractor and a professional consultant on historic designation projects.

Shively said that if the group pursues any kind of historic

designation, it would be at the federal, but not the local, level.

"Local designation brings some regulations that do not result from being on the National Register," he said. "Being listed on the National Register doesn't have many direct consequences. We'd be able to advertise our status with signs, and technical expertise would be available to individuals who want to make changes to their homes that are faithful to the original design."

Shively said that historic designation could enhance a feeling of community among University Grove residents and deepen their sense of neighborhood and place. But he's also aware that conferring historic designation on a residential district could create tensions within the neighborhood.

"As one of our guests told us, few towns have set up historic designation for residential districts because they're not anxious to have 'neighbors telling neighbors what to do,'" Shively said.

Shively also noted that applying for historic designation would be an expensive process, both in time and money. It would require writing a history of

the Grove and filing archival photos with the State Historic Preservation Office.

Shively thinks historic designation warrants continuing discussion. "Our committee was very enthusiastic about the possibility if we can find the resources," he said, "and as long as people feel that this process results in something that facilitates rather than restricts our sense of community."

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## LIFE IN THE CHURCH: COME AND SHARE

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Skillman at Cleveland S., Roseville. 651-631-0211  
Bethany Baptist Sunday Worship 10:45 am  
Pastor Bruce Petersen  
Filipino-American Worship 3:30 pm  
Pastor Sanny Olojan

❖ **COMO PARK LUTHERAN CHURCH - ELCA**

1376 Hoyt Ave. W., St. Paul, MN 55108-2300  
651-646-7127  
Handicapped accessible  
CPL Contact Ministry 651-644-1897  
www.ComoParkLutheran.org  
Sunday Schedule:  
8:00, 9:00, & 11:00 a.m. Worship  
10:00 a.m. Adult Education & Sunday School  
(Holy Communion on 1st & 3rd Sundays, nursery provided)  
Rides available for 11:00 a.m. worship;  
call the church office before noon on Friday for ride.

Rally Day II: Sunday, January 5, 2003

Pastors: Martin Ericson and David Greenlund  
Visitation Pastor: Leonard Jacobsen  
Director of Youth and Family Ministry: Amy Dorumsgaard  
Director of Music Ministry: Thomas Ferry

❖ **IMMACULATE HEART OF MARY CHURCH**

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1460 Almond at Pascal. 651-645-2575  
Sunday Worship: 9 am.  
Sunday School and Adult Bible Class: 10:30 am.

❖ **ST. CECILIA'S CATHOLIC CHURCH**

Cromwell and Bayless Place. 651-644-4502  
Saturday Mass: 5 pm at the church  
Sunday Mass: 10 am at church (nursery provided) and  
8:15 am at Seal Hi-Rise, 825 Seal St. (handicapped accessibility)

❖ **ST. ANTHONY PARK UNITED CHURCH OF CHRIST**

2129 Commonwealth at Chelmsford. 651-646-7173  
Website: www.sapucc.org  
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Adult Ed. Faith & Life Breakfast Forum - 8:30 am every Sunday.  
Sunday Worship & Sunday School: 10:00 am, Fellowship: 11:00 am.  
Nursery Care provided - 10:15 am.  
Sunday, January 5, 10:00 am - Healing Service  
Sunday, January 26, 11:30 am - Annual Meeting of SAPUCC

❖ **ST. ANTHONY PARK UNITED METHODIST CHURCH**

Reaching Out...Across the Ages  
2200 Hillside Ave (at Como) 651-646-4859  
Pastor Donna Martinson  
10:00 am Worship Celebration  
10:20 am Sunday School (3 years to 6th grade)  
11 am Fellowship  
11:05 am Youth Class  
11:15 am Adult Forum  
Wednesdays: 9 am-1 pm Leisure Center (Senior fellowship, activities, and noon meal).

❖ **ST. ANTHONY PARK LUTHERAN CHURCH**

We are a community of believers called to joyfully serve God, one another, and the world. www.saplcm.com  
2323 Como Ave. W. Handicap-accessible. 651-645-0371  
Pastor Glenn Berg-Moberg, Email: sapluth@mtn.org  
Sunday Worship services 8:45 & 11:00 am, (nursery provided)  
Sunday School 9:50 am.  
Minnesota Faith Chinese Lutheran Church at 1:30 pm

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❖ **ST. MATTHEW'S EPISCOPAL CHURCH**

2136 Carter at Chelmsford. 651-645-3058  
Monday, January 20:  
"Service of Prophecy & Praise" - 7:00 pm Honoring Martin Luther King Jr.  
Guest Clergy & Choir - Gospel Music  
Sunday Services:  
8:00 am Holy Eucharist, Rt. I  
10:30 am Holy Eucharist, Rt. II  
4:00 pm Prospect Hill Friends' Meetings  
Wednesdays: 10:00 am. Communion, Chapel  
6:30 pm. Evening Prayer, Chapel  
(All baptized Christians are invited to receive communion with us and no person seeking a deeper relationship with God in Christ will be turned away from our Lord's table.)  
Ministers of the Church: All the baptized members  
Clergy Who Support the Ministers: The Rev. Grant Abbott, Rector, and the Rev. Lyn Lawyer, Deacon

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