



Park Bugle



St. Anthony Park, Falcon Heights, Lauderdale & Northwest Como Park

Volume 29, Number 6 / December 2002

Lori Fritts takes reins at Midway Chamber of Commerce

St. Anthony Park resident has diverse background

by Natalie Zett

"I've done a lot of crazy things," maintains Lori Fritts, pointing to a resume that some just might pay to own.

Though the 40-year-old St. Anthony Park resident has held many positions in the private and public sectors (from selling medical products to serving as deputy chief of staff at the U.S. Small Business Administration), all the better for her new post as president of the Midway Chamber of Commerce. Her vita is also a testimony to someone who follows her passions rather than a career path.

Currently serving as a commissioner of the St. Paul Port Authority, vice chair of Capital

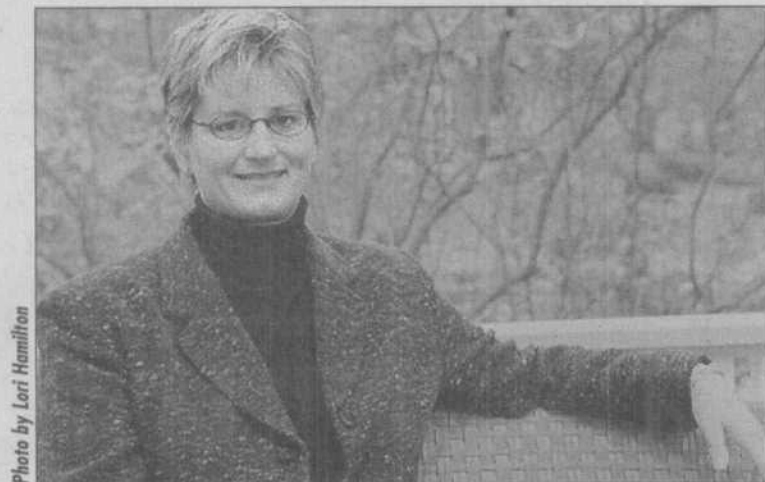


Photo by Lori Hamilton

City Properties, and board member of the St. Paul Riverfront Development Corporation and St. Anthony Park Community Foundation, Fritts has deep roots in and a genuine commitment to St. Paul.

"The Midway Chamber of Commerce is a respected and recognized organization. I want to build on the partnerships that have been established."

—Lori Fritts

"On both parents' sides, there are several generations of St. Paulites," said Fritts, who grew up by Como Lake and attended Tilden Elementary School and Murray Junior/Senior High School.

She later went to St. Cloud State with medical school aspirations but finally opted for Augsburg College, where she majored in biology. After graduation, Fritts sold medical products. "I wasn't really great at

it," she laughed.

She was much better as the deputy chief of staff at the U.S. Small Business Administration.

"My Dad was a small

Lori Fritts to page 15

Housing plan proposed for south St. Anthony Park

University Avenue development would create 400 rental units

by Susan Conner

Preliminary plans for a major housing and retail development at Raymond and University Avenues were unveiled at the St. Anthony Park Community Council meeting on November 14. According to a report on potential housing sites on University Avenue issued by University

UNITED, a consortium of area district councils and business associations, "Development at this site would greatly enhance the burgeoning, mixed-use urban village" quality of the area.

The area under consideration is referred to as the Johnson Brothers site and the U.S. Bank block. It extends from the U.S. Bank building at Raymond and University east to Hampden, the corner known for Johnny's Bar. It extends from the bank building north to Charles Avenue. The 10-acre site is bounded by Raymond, Charles, Hampden and University Avenues.

Developing the area has support from several sources. Mayor Kelly has urged Johnson Brothers (owners of the largest portion of the site, the two easternmost blocks) to consider

"We must assume the area won't stay as it is, so we need to think about what changes would be beneficial to the community."

—Sherman Eagles, co-chair, District 12 Community Council

more intensive use of the property. Currently much of it consists of warehouse space.

According to Sherman Eagles, co-chair of St. Anthony Park's Community Council, "We must assume the area won't stay as it is, so we need to think about what changes would be beneficial to the community."

The company interested in developing the site is Metro Plains, which works throughout a nine-state area and has headquarters at 1600 University Avenue. MetroPlains focuses on housing projects, both affordable and market rate, and continues

to own and operate the sites they develop.

According to President Gary Stenson, MetroPlains is "comfortable with the adaptive reuse of historical buildings" and with projects that depend on city, state and federal funding sources.

Stenson noted

that MetroPlains has received awards for historic preservation, and that much of their work is done in core areas of a city where it is important to collaborate with surrounding neighborhoods.

MetroPlains Vice President Randy Schold said that the preliminary plans respect the character of the neighborhood as one with "lots of energy and different things going on." Building height would be in keeping with the existing 4- and 5-story structures. Schold stressed that the development would not

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St. Anthony Park residents fight noise, litter problems

Union Hall events prompt complaints

by Dave Healy

A group of St. Anthony Park residents has been at odds recently with the Machinists Labor Temple Union Hall, located at 1399 Eustis Street. People who live near the hall are unhappy about littering and excessive noise from evening and weekend events held there.

The building is managed by the International Association of Machinists, District 77, which rents it to outside groups for receptions and parties.

In October, 21 residents who live near the Union Hall sent a letter to IAM 77

Secretary/Treasurer Rick Fischer, who coordinates rental arrangements for the facility. The letter expressed neighbors' frustration at attempting to resolve problems with late-night disturbances from Union Hall patrons.

According to Mike Krivit of 2412 Valentine Avenue, noise and litter have intensified in the past two years, and last summer was especially bad. Krivit has lived on Valentine for 12 years. He owns Krivit Photography at the same location.

"We've had occasional problems over the years, but lately it's gotten a lot worse," said Krivit, "but lately it's gotten a lot worse."

According to Krivit, he and his neighbors have had to contend with drunkenness,

littering and noise from people attending events at the Union Hall. "In the past six months, there have been at least a dozen incidents," he said.

Fischer acknowledged that there have been a few problems with noisy patrons, but he stressed the union's desire to be a good neighbor.

"We have a uniformed, off-duty St. Paul police officer on duty at the hall for all rental events," he said. "But once people leave our premises, it's pretty hard to control their behavior. All I can do is refuse to rent to them again, which I will

do if I know there's been a problem."

Fischer said that the Union Hall's license prohibits the sale of alcohol

—Mike Krivit, Union Hall neighbor

on the premises. However, people renting the facility are free to bring their own alcohol, as long as they don't sell it. Nonprofit groups can get a temporary liquor license for an event, but in such cases the Union Hall requires a \$1,000,000 liability insurance policy, which few groups have.

The Union Hall has been at 1399 Eustis since 1965. IAM 77 uses the hall for its own meetings and rents it out on weekends. A church uses the facility for its Sunday service. Other groups

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If you're thinking of putting your home on the market, you should think about enhancing this very important room. You will want potential buyers to picture themselves, their family and friends in a friendly setting - your kitchen!

What does your kitchen look like? Is it up to date? If your budget allows, a new countertop or new flooring can really add some sparkle. Fresh paint is always a winner. Since you are painting for potential new owners, the advice is to keep it light and cool. Make sure whatever color you choose coordinates with adjoining rooms for a pleasant appearance.

Please feel free to call us for advice or more tips.



The Sparrs

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Gary: 651-639-6304 gary@mnhouses.com
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CITY FILES

Como Park

Work on East Shore Drive along Como Lake has been completed. The new paths and road are ready for walkers, joggers, bikers, skaters and cruisers.

The Job Corps' latest plan for expansion was presented to the neighborhood at a meeting on November 14. The revised plan addresses concerns raised at a previous meeting. The current plan keeps all expansion on the current campus.

The plan calls for rehabilitating building #3 for use as storage and building #7 for use as a dormitory and child care center. A cafeteria would be added on the north end of the property.

Parking would be increased on the north end, with vegetative screening added. The tennis courts will continue to be maintained and made available for neighbors.

The next step in the process is to complete the plans and present them to St. Paul's Office of Licensing, Inspections and Environmental Protection.

"The great majority of the residents were pleased with the new plans," said Sue McCall, District 10 community organizer.

The Celebration of District Councils acknowledged two District 10 residents on November 1. Ronald J. Edlund and Cate Smith Edlund were named to the St. Paul Neighborhood Honor Roll for their contributions and expertise toward making the Como Park community a better place to live and work.

Falcon Heights

The Southeast Corner Redevelopment Project (located at the intersection of Snelling and Larpeur Avenues) has received a Livable Communities grant from the Metropolitan Council for \$1 million. To date the project has raised over \$6 million.

The process of getting needed approvals is expected to be completed by May 2003, with building scheduled to start in June.

This long-awaited project has from the outset been designed to include community participation. Twelve meetings with residents have been held over the course of the project.

A proposed U of M/Vikings stadium on the Minneapolis campus would provide for 4700 cars to be parked on the State Fairgrounds and shuttled to the stadium. Mayor Sue Gehrz reported to the City Council that Vice President Richard Pfitzenreuter of the University has promised that all costs associated with the event would be paid by the University and the Vikings.

The city will seek legal advice on this issue, and Mayor Gehrz and City Administrator Heather Worthington plan to meet with the St. Anthony Police Department to estimate costs.

The city of Falcon Heights sponsors a community playroom at Falcon Heights United Church of Christ, 1795 Holton Street. The playroom is open from 9:30 a.m.-noon on Mondays and Wednesdays from November-April. The cost is \$2 per child or \$3 per family. Infants up to 6 months are free.

The playroom is a place where adults can bring infants and preschool children for social and recreational interaction. It is not a drop-off day care center.

St. Anthony Park

Neighborhood volunteers were honored on November 1 at a special event held to celebrate St. Paul's district councils. They were inducted to the St. Paul Neighborhood Honor Roll for 2002. Three St. Anthony Park residents were honored:

Bob Arndorfer has volunteered as a committee member and board member of the Community Council since 1993. He has also served on several affiliated organizations: University Avenue Corridor Initiative, University UNITED and the Southeast Economic Development Steering Committee. Additionally, he has chaired many task forces, most notably the Cromwell/Bayless Traffic Improvement Task Force, and has led many grassroots initiatives to project completion.

David Lee has been a co-chair of the spring carnival at St. Anthony Park Elementary School for four years. He has also participated in Art Adventures and other art projects, field trips, the Block Nurse Program (gardening, grocery shopping, handyman jobs, driving), the Langford Park Booster Club

(president, coordinating food sales, coaching), buckthorn eradication and the garden tour.

Wayne Barstad has volunteered as a committee member with the Community Council. He has also served as a representative to the Neighborhood Energy Consortium and has been president of that organization. Additionally, he has volunteered his time and expertise with watershed management issues, natural resources grants and the neighborhood cleanup.

A presentation about Somali culture and the Twin Cities Somali community by Mohamed Jibrell will be held Thursday, December 12 at 6:30 p.m. at the University UNITED Planning Center, 712 University Avenue. This presentation is free and open to the community. Sambusa, a Somali appetizer, will be served.

The Community Council has voted to support the University UNITED report on potential housing sites on University Avenue. The final report is available at www.universityunited.com.

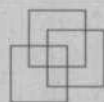
Children's Home Society recently tore down a building at their Como and Commonwealth location. They are considering the space (between Muffelettta and the remaining CHS building) for use as a parking lot.

The Community Council has asked that CHS consult with Muffelettta and other neighbors before they proceed and that they consider using at least some of the area as green space. The Council has also asked that any parking for that site be accessed from Commonwealth rather than Como Avenue.

The Council has decided to proceed with an appeal to the City Council regarding a permit by the Planning Commission to ClearChannel for structural repairs to a single-sided billboard on Raymond Avenue across from Raymond Place.

The repairs were performed without a permit. After the repairs had been completed, ClearChannel was granted the permit.

A city ordinance specifies that no structural repairs may be performed on existing billboards. ClearChannel is a global advertising industry that operates 1225 radio stations and 37 television stations in the United States, as well as 240 radio stations internationally. They own 776,000 outdoor advertising displays.



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Happy Holidays to
All our Friends & Neighbors!

St. Anthony Park Community Foundation increases grant funding for fourth year

by Dave Healy

The St. Anthony Park Community Foundation recently completed its fourth annual grants cycle. The Foundation will distribute \$15,500 to seven community organizations, and will allocate an additional \$5,000 for a District 12 profile.

According to Foundation Executive Director Jon Schumacher, "Difficult economic conditions threaten the survival of many nonprofit organizations, especially the smaller neighborhood groups we support. Fortunately, community generosity has allowed us to once again increase our total award amount from the previous year. As always, we will continue to work with the neighborhood nonprofit community to provide any further support we can."

The allocated \$5,000 to research, publish and present a profile of the St. Anthony Park neighborhood. The report will combine current community demographic information with trend analysis. It will include recent census data, neighborhood satisfaction survey results and GIS maps to provide a better picture of area strengths and needs as well as challenges facing St. Anthony Park in the next 5-10 years. A draft of this report will be presented at a series of community forums next spring.

Seven community organizations received grants:

The Community Quilt Project received \$1,750 to publish an historical record documenting the creation of a quilt displayed in the lower level of the St. Anthony Park Library. This neighborhood heirloom was created in the 1980s by a group of more than 25 local women. Photographs of the quilt and interviews with quilters will be compiled into a small book to be given to the original quilters and offered for sale to the community.

Midway Contemporary Art Gallery received \$1,000 to help promote art exhibitions featuring emerging contemporary artists. These events are offered free to the community and provide unique opportunities for area residents and student groups to participate in lively dialogue with staff and artists. Midway was recently named "Best Art Gallery" by a local newspaper and is beginning to receive national attention for its distinctive perspective.

The St. Anthony Park Block Nurse Program was awarded \$3,500 to support its blood pressure clinics. These clinics are targeted to area seniors and provide cost-effective screening and an early intervention mechanism for common health problems. By fostering ongoing relationships with local seniors, the Block Nurse Program's trained medical staff attempt to promote preventative wellness by monitoring seniors' overall health, assisting in their medical care and facilitating referrals when necessary.

Music in the Park Series received \$2,500 to support its Family Concert Series and educational activities at St. Anthony Park Elementary and Murray Junior High School. Music in the Park Series will provide three family concerts at St. Matthew's Episcopal Church featuring premiere artists performing music grounded in the folk tradition. The grant will also provide for residency activities with internationally recognized artists for local elementary and junior high school students.

Murray Junior High School received \$1,500 toward scholarships for students in financial need to attend Wolf Ridge Environmental Learning Center in northern Minnesota. The program teaches teamwork,

leadership and self-confidence and includes a multicultural component. Students experience orienteering, rock climbing, dorm life and other activities. The program encourages students to bring the human and environmental understanding they've acquired at Wolf Ridge back to share with the entire Murray student body and the community.

Arts Off Raymond was awarded \$1,000 to support Web site development to better promote this annual art crawl. Arts Off Raymond is organized by a collective of local community artists and business owners in south St. Anthony Park. Their mission is to develop and strengthen the connection among artists, organizations, businesses and the community. The event attracted over 4,000 visitors to the University/Raymond area last year.

The St. Anthony Park School Association received \$4,250 to support an ongoing art enrichment program at St. Anthony Park Elementary School. This year's program will include an intergenerational musical history performance piece written by school children, based on interviews with community elders, and presented at a community celebration honoring the elders and the diverse cultures they represent.

**Christianity:
Boring,
Untrue, and
Irrelevant?**



What does Christianity say about some fundamental questions of life?

See page 13

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Thanks again for all your hard work.

Sincerely, *Leslie and Jim*

Thanks, Leslie and Jim, for the opportunity to help out. It was a real pleasure! *Steve*

Happy Holidays.
St. Anthony Park!

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EDITORIAL

This place called school

Many of us walk or drive by one regularly. Some of us drop off or pick up a child there. Every once in a while—to vote or perhaps attend a parent-teacher conference—we might venture inside the building. But most of us haven't spent any significant time in an elementary school since we were students ourselves.

What goes on in grade school these days?

Some things haven't changed much. Schools continue to be administered by principals and staffed by college-trained teachers. A good portion of the day is still given over to reading, writing and arithmetic. Kids are still likely to recite the Pledge of Allegiance and go outside for recess when the weather permits.

But in many respects, today's elementary school classroom bears little resemblance to the one most adults attended.

Though the three Rs still constitute the heart of the elementary school day, they're not necessarily taught as discrete subjects. Some teachers have worked to integrate their curriculum—combining, for example, the story about "The Little House" with a discussion of how communities change and a lesson on the history of St. Paul.

Besides the traditional academic subjects, today's teachers face curricular demands their predecessors never imagined: AIDS and drug education, computer keyboarding, Internet navigation, environmental education, multiculturalism, "stranger danger," bus safety—the list gets longer every year.

Plus there are tests. Many adults remember the Iowa Test of Basic Skills. But how about the Metropolitan Achievement Test and the Cognitive Aptitude Test and the Measure of Academic Progress and the Minnesota Comprehensive Assessment and the Basic Standards Test and the Test of Emerging Academic English—the list gets longer every year.

And all this in a school day and school year that haven't gotten any longer.

Not only is the curriculum more diverse than when many of us went to school, the students are too. In the St. Paul District, 68 percent of students are nonwhite, 65 percent qualify for free or reduced lunch and 41 percent come from a home where some language other than English is spoken. Some 15 percent of the district's children qualify for special education services, and they are increasingly likely to be integrated into regular classrooms rather than segregated in special programs.

Nor is classroom diversity confined to the students. Today's teachers must coordinate their work with a variety of specialists and support staff. Art, music, physical education, ESL—these and other specialized subjects are likely to be taught by someone other than the classroom teacher. Special needs children often have paraprofessionals who spend part or all of the school day with them.

These changes in the educational landscape are all the more daunting for today's parents because of their increasing freedom to select a school for their child(ren). When many of us were young, the only real choice was between the neighborhood public school or a private school. Today, what with magnet schools and charter schools and open enrollment, many parents feel overwhelmed with choices.

There's plenty to be overwhelmed with—even if you're not a parent. Everyone, it seems, has an opinion about education. How should schools be funded? What about vouchers? Levies? The Profile of Learning? Ask around and you're sure to get plenty of answers from every source imaginable.

But what are those opinions based on? How many pundits have spent a postgraduation day in a public school?

Want to know what's going on in school? Do what three of our writers did: Spend some time there. If you do, you'll probably discover that while many things have changed, the relationship between teacher and student remains at the heart of education. And you'll almost certainly come away impressed with the challenges and complexity and vitality of this place we call school.

Neighbors for peace

Events in the world affect our neighborhood. In a country of the people, by the people and for the people, events in the world should start in our neighborhood.

St. Anthony Park Neighbors for Peace began about 20 years ago as a voice against military approaches to world conflict. Neighbors were very active in the 1980s. During the first half of the 1990s, we maintained a presence in St. Anthony Park at the June Arts Festival and the 4th of July parade.

We cannot stand by as our country chooses military action as the first resort. Violence is wrong. Doing nothing is wrong. There are alternatives. Let's get at them.

After a lull, Neighbors for Peace are re-activating to become a visible example that gives courage to reticent residents to also speak up. Our initial attention is the threatened war in Iraq.

All neighbors are welcome at our next meeting, 7 p.m., Friday, December 6, at 1495 Raymond Avenue.

Marilyn Benson, Paul Bloom, Ted Bowman, Marge Grahm-Bowman, Lee Heilman, David Jones, Joan Jones, Larry Jones, John Karvel, Meg Layese, Barbara Murdock, Gordon Murdock, Michael Russelle, Regula Russelle, Dottie Uhlman, Tim Wulling

Lights brighten neighborhood

I want to thank Robin Lindquist, former resident of St. Anthony

Park who now resides in Albuquerque, New Mexico, for her idea around 1985 to have the merchants in the Como/Carter area decorate their storefronts and trees with beautiful white lights from November to March. It was a great idea to brighten up the dark and dreary streets at this time of year.

*Mark Chapple
St. Paul*

Thank you voters

As representative-elect of our new House District 54A, I'd like to thank the citizens of Roseville, St. Anthony and Lauderdale for entrusting your vote and confidence in me in the November 5 election.

It is an honor to serve as your representative, and I look forward to the new energy and ideas brought forth by both new and old constituents as we prepare to meet the challenges ahead together.

Our state faces severe budget problems in the next two years, and it will take the combined resources of us all to reconcile them without diminishing the very things that make Minnesota great.

Please feel free to contact me with your comments, concerns and ideas. My door is always open, my phone is always answered and my computer is always on.

I can be reached at:

253 State Office Building,
St. Paul, MN 55155, 296-5387,
or rep.mindy.greiling@house.leg.
state.mn.us.

*Mindy Greiling
State Representative*

I am writing to thank the voters of Lauderdale for your solid vote of support. I look forward to continuing to serve you in the Senate.

Contrary to the last-minute negative attacks from others, I kept my promise and ran a positive campaign on the issues, without taking a dime of special interest money—no PAC money, no lobbyist money, no soft money, no large contributions from anyone.

It is gratifying to have won in every single community in our new district, and I thank you for your support. The ideas that you shared with me during the campaign will be helpful at the Capitol.

I hope you will contact me whenever you have concerns. I can be reached at:
325 State Capitol, St. Paul, MN
55155, 296-5645,
jmarty@senate.leg.state.mn.us.

*John Marty
State Senator*

A letter to the community from the Bugle Board

The nonprofit newspaper you are reading exists because readers believe it is so important in providing neighborhood news that they send donations during our annual fund drive.

The Bugle has much-appreciated advertising support, a dedicated part-time staff and a volunteer board of directors that seeks to keep expenses low. Readers' contributions have been essential to the success of the Bugle for 28 years.

Many of you have received letters asking for your support. Unfortunately, our mailing list does not include every reader in Falcon Heights, Lauderdale, Northwest Como and St. Anthony Park. Nor does it include readers who pick up the Bugle from one of many neighborhood distribution sites.

If you have not received a letter, please consider this your invitation to contribute to the Bugle's future. We need \$23,000 in community contributions toward operating expenses for this fiscal year. If you can help with a donation of any amount, please clip and mail the form on the next page with your contribution to the Park Bugle. All donations go directly toward producing another great issue of the Bugle. All donations are tax deductible. All donations are really needed.

Thank you.

*Sheila Richter
Fund Drive Chair*

Park Bugle

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The Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

Opinions expressed in the Bugle by the editor, writers and contributors do not necessarily represent the opinions of the Board of Directors, Park Press, Inc. Copyright 2002 Park Press, Inc., St. Paul, Minnesota. All rights reserved.

Thanks, readers, for contributing to the Bugle fund drive. Your contributions help sustain us.

With the contributions from those listed below, our annual fund drive has collected \$11,220.15. Our goal for the year is \$23,000. If you want to make a contribution and did not receive a request in the mail, please complete and return the form below.

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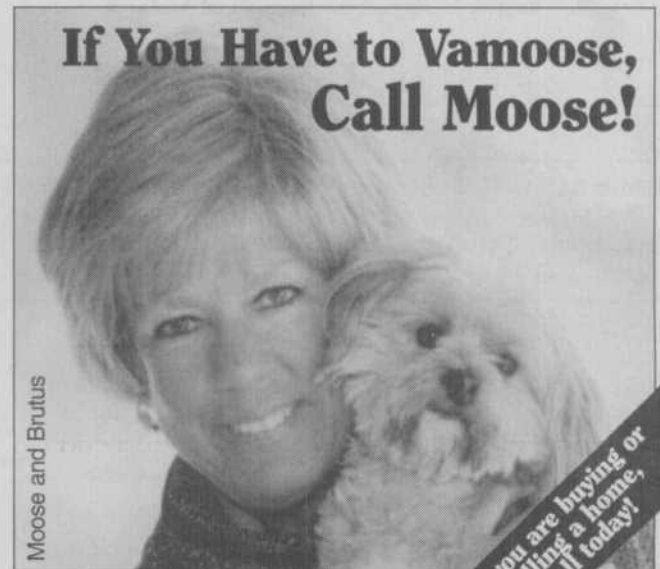
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Homeopathic Center opens in St. Anthony Park

by *Antonie Young*

Anne Johnston Smith knows that homeopathy is a controversial subject in health care. Smith, newly installed in St. Anthony Park as a homeopathic practitioner, thinks most of the controversy is due to lack of knowledge. She believes in the power of homeopathic healing, and she wants people to know more about it.

Smith's clinic, Simillimum Center for Classical Homeopathy (SCCH), opened this fall at 2311 Como Avenue. Smith graduated in June from Northwestern Academy of Homeopathy in Plymouth, then passed her boards, noting that "certification is long and arduous."

Smith is full of enthusiasm for her new venture. "There is still a little construction going on," she noted, "but I am open for business."

"Homeopathy is a combination of art and science," Smith explained. That makes it an appropriate career choice for someone who has studied music and has a master's degree in microbiology.

For 17 years Smith has worked in the University of Minnesota's biochemistry department, which she plans to continue doing while branching out as a homeopathic practitioner.

Homeopathy curing is a systematic form of complementary medicine. "It is healing based on the innate power of an individual's body to heal itself," said Smith.

"Remedies stimulate this ability. We work to restore emotional and physical well-being. Homeopathy is really based on energy, belief in a vital force. I think of it like a violin string. If you don't tune a violin string, it doesn't sound right. With the body, the symptoms mean it's out of tune.

Homeopathy tunes it; you can't

do it alone."

The materials used in remedies come directly from nature—minerals, plants and animal substances, such as milks.

"The materials are not altered," emphasized Smith. "What they are is diluted. The preparation of remedies is very important. Because they are so highly diluted, Western science has trouble believing them effective. The key is in the second part of preparation, succussing," the process of pounding the materials to release their energies.

"Homeopathy is based on the ancient law of similars, or 'like cures like,'" she explained. "The word 'simillimum,' as in the name of my business, is Latin for 'most similar.'"

In practice, this means that the remedy for a particular client is carefully chosen from thousands of remedies as a match for that individual. Each remedy is FDA approved.

The German physician Samuel Hahnemann developed homeopathy in the late 1700s. Hahnemann was growing disturbed by the available medicines of the day, which were not only ineffective but also often very harmful.

Hahnemann gave up his practice and made a living translating medical books, giving him access to a wealth of medical literature and history. There he came across old principles and procedures of naturalistic medicine. He learned that diluted medicines are less toxic. He learned that pounding the materials releases their energy.

Armed with this knowledge, Hahnemann developed a systematic approach of pounding each remedy 100 times. Eventually, he created four homeopathic principles: gentle, rapid, reliable, and minimum doses.

"Homeopathic practitioners

don't diagnose or treat disease," said Smith. "We look at the whole person, but we don't stop going to MDs if need be. Often, though, after someone has been on a homeopathic remedy for a while, his or her MD may find that the amount of the prescription medicine should be reduced."

Homeopathic remedies are meant to strengthen the immune system and are therefore beneficial for many problems. They can help one respond well to an antiseptic after surgery, for example.

"Homeopathy isn't a Band-Aid; it doesn't cover symptoms up. We want deep healing from the inside out," said Smith.

About 10 years ago, Smith grew tired of persistent health problems, such as migraines. Her doctor prescribed Prozac, but she couldn't cut back on the dosage without getting a migraine. "I was a mess," she said.

Her daughter was studying Chinese medicine and asked her mother to see a homeopathic practitioner.

"It took me a year to wean off the meds, but she saved my life. I feel good—unless I overwork. Remedies won't cure lifestyles," said Smith.

Smith is concerned about an apparent increase in serious chronic illness and rising health care costs.

"While the initial homeopathic consultation is rather expensive and not covered by insurance," she said, "in the long run the appointments are not that expensive and the remedies are very affordable—for example, \$9 to \$25, depending on the kind of remedy you need."

She added, "When I see these things on the news about seniors spending all their money trying to get prescription drugs, and knowing from my mother's experience that often these drugs are too harsh for the elderly and result in adverse reactions—it just makes me want to help so much."

To learn more about homeopathy and SCCH, visit www.scchomeopathy.com. To schedule a consultation, call 612-804-8784. Through December, Smith will take one third off the initial visit fee.

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See page 13

Como Park coffee shop has small-town feel

by Amy Causton

At a time when cities are increasingly trying to create a small-town feeling, we are fortunate to have the real thing right here. One ingredient of the small-town feel is distinctive shops, the kind that become an inextricable part of the neighborhood. A perfect example is Coffee Grounds, located at 1579 Hamline Avenue.

One part of its charm is that Coffee Grounds is located in an older building. Owner Dave Lawrence estimates that it dates to the 1940s. As a result, the shop has wooden floors, interesting architectural details and that "hole-in-the-wall" feeling many places try so hard to create.

The building has gone through several incarnations, including a grocery store, and opened as a coffee shop in 1993. Lawrence, the shop's third owner, took over seven months ago.

For some time, Coffee Grounds has offered more than just coffee. A stage in the back of the shop makes it a natural site for live music performances. There are also storytelling events for kids—one organized by a local daycare provider and the other by the St. Anthony Park West M.O.M.S. Club. Recently, the Northstar Storytelling League began doing regular events as well.

Lawrence has continued and added to this tradition. As he says, "The physical stage just begs to be used for something like this." He also points out that parents like having a place to bring their kids that is safe and fun.

And he feels a special affinity for the storytelling events. "I wanted to be a storyteller myself," he says. "It's a lost art and I want to be part of the revival."

Lawrence, who grew up in Lauderdale, had wide-ranging work experience before he bought Coffee Grounds, the first business he's owned. He'd been looking to buy a business for about 15 years, but a coffee shop wasn't on his mind until a year or two ago, when his son, who worked in one, suggested it.

Lawrence soon realized that

a coffee shop would bring together all his previous work experiences, from management to food services to maintenance.

"You have to wear all the hats all the time," he says, "from filling the sugar bowl to replumbing the bathroom."

When Lawrence began thinking of buying a coffee shop, he was looking for one that was truly a community place, and he found that in Coffee Grounds.

"I don't think there's another coffee shop in the area I would have bought," he says, describing it as "one that has a great track record and still has room to grow."

In addition to the live music and storytelling, Coffee Grounds is becoming a destination for board game lovers. The local chapter of the National Scrabble Association meets from 1-5 p.m. every Sunday to hone their skills, and Lawrence is trying to establish a "Cribbage Night" on Tuesdays.

"I've always been a huge game player," he says. He contacted the Scrabble chapter after hearing a radio interview that talked about competitive Scrabble. As it happened, the chapter was looking for a place to play, so Coffee Grounds became their home.

As for the cribbage, he says, "I've heard from quite a few people who want to play." He offers free brewed coffee to cribbage players as an incentive.

Aside from the scheduled activities, there are a number of groups that convene at Coffee Grounds informally. These include high school study groups, church groups, some women who make bead jewelry and the "stroller brigade" of parents walking their kids.

Lawrence estimates that about 30 percent of his customers are foot traffic from the immediate neighborhood, which is unusually high for a coffee shop. In fact, he found out that local realtors advertise the coffee shop to potential homebuyers as one of the assets of the neighborhood.

Lawrence sees the shop that way as well. "It's more like a community center than a coffee

shop," he points out. In addition to providing space for local groups to meet, the shop supplies coffee to several local churches on Sundays, provides gift certificates to local fundraisers and rents out part of the shop for parties.

There is a symbiotic relationship between the shop and the neighborhood.

"The neighborhood is awesome," Lawrence says. And it pays off, not only in realtors' recommendations but also in other ways. A woman who runs a local daycare sells Coffee Grounds coffee at her kids' athletic events.

The live music featured at Coffee Grounds is mostly acoustic—bluegrass and folk. Lawrence hopes to bring in more ethnic music, and he has an upcoming date for a Klezmer band. A three-piece bluegrass band called Ivory Bridge plays every other Thursday.

The coffee shop is a good site for music, Lawrence points out, because not many coffeehouses have a physical stage and a good sound system.

Oh, and did we mention that they sell coffee? In addition to numerous kinds of coffee and tea, Coffee Grounds offers soup, sandwiches, baked goods and ice cream. They also have a small gift area where they sell goods made by local craftspeople, including jewelry, bath products, homemade soaps, handmade pillows, baskets and cards. With the holidays coming up, they will be offering a variety of gift baskets, as well.

Coffee Grounds is open Monday-Thursday from 6:45 a.m.-9 p.m., Friday and Saturday from 7 a.m.-11 p.m. and Sunday from 8 a.m.-9 p.m. For information about upcoming activities and live music performances, check their Web site at www.thecoffeegrounds.net.

Also, Lawrence is interested in finding local artists to display their work on the coffee shop's walls. If you're interested, call 644-9959.

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Northern Lights practices projects, protocol

by Tim Jurney

(Editor's note: Northern Lights, the local chapter of the 4-H Club, was founded in 1977. St. Anthony Park resident and Northern Lights member Tim Jurney was recently named reporter for the club. His column will appear monthly.)

Hi, my name is Timothy Jurney, and I'm the reporter for the Northern Lights 4-H Club. Each month, I'll be writing about our activities.

Let me tell you a little bit about myself. I'm 9 years old and in the 4th grade at Adams Spanish Immersion School. I love arts, crafts and reading. Downhill skiing and soccer are my favorite sports.

Two years ago, I heard about 4-H from my friend John and joined Northern Lights soon after. People ask me why I am in

4-H, so I will tell you.

4-H is a fun, active club. In early July we go to the county fair and get judged on our projects. Last year I made some shorts; this year I am making a terrarium and a bird house. When I am in sixth grade, if I earn a purple ribbon, I get to take my project to the state fair. 4-H is a great way to learn to do things you otherwise wouldn't learn about.

"4-H is a great way to learn to do things you otherwise wouldn't learn about."

—Tim Jurney

In October we had a project meeting. Jonnie Kunce from Linders talked to us about how to make terrariums and take care of them. We brought glass bowls or jars, small rocks and various treasures from home. Ms. Kunce brought plants, soil and tools. At the end we each had our own

terrarium. Our hope is to have them last until the county fair judging in July.

On November 11 we had a business meeting. We used parliamentary procedure to run the meeting. One task was to decide what we are going to do for our next project meeting. We will go caroling and make ornaments.

At the November meeting, the younger members, the "cloverbuds," made rubbings of leaves. The rest of us finished the meeting by making a poster

thank-you card for Linders and Jonnie Kunce. We wanted to thank them for helping us make terrariums. Last, but certainly not least, we had a drawing for prizes using numbers that were assigned at the beginning of the meeting. Everyone received a prize.

Buckthorn roundup involves 45 properties

by Mary Maguire Lerman

Many thanks to all the volunteers who assisted with this fall's buckthorn/invasive species roundup. Ann Stout recruited 24 master gardeners, who conducted a survey in October of the St. Anthony Park neighborhood.

Surveyors noted the presence of buckthorn, honeysuckle or mulberry on private properties and left flyers at 800 residences.

This is the third season the St. Anthony Park Garden Club has sponsored and partially funded the cost of the roundup. Forty-five property owners signed up for this fall's program. They cut and stacked their brush, which was picked up on October 26. Volunteers Dave Lee, Marty Wolf and Ron Dufault assisted some private property owners. We were not able to help all those who requested it, but those people will be the first to receive assistance with next fall's roundup.

In addition to private property, two public land areas also had buckthorn removed. Volunteers Karlyn Eckman, Ron Dufault, Jay Johnson, Gordon Murdock, Terri Gockman, Otto

Gockman and Peter Johnson helped cut, stack and treat buckthorn at the north end of Kasota Pond. Also, a pile of tree stumps and debris apparently left over from the recent street project was removed from the southwest corner of Langford Park.

Our contracted tree service picked up and disposed of four full truckloads of woody invasives, which is 120 cubic yards of highly compacted brush. Participants contributed \$850, which covered half the costs of this pickup/removal. The remaining costs were covered by the St. Anthony Park Garden Club and funds from a USDA Forest Service grant.

Many thanks to everyone who participated. Look for information on next year's invasive species removal program in the Park Bugle.

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Warren Hanson goes back to the beginning

by Dave Healy

People familiar with the career of author/illustrator Warren Hanson might be tempted to divide his projects into two groups: those (like "A Cup of Christmas Tea" or "Reading with Dad") that represent a collaboration, and those (like "The Next Place" or "Older Love") that are solo projects. That distinction would place Hanson's latest publication, "Beginning," in the latter category because he created both the words and illustrations.

But Hanson prefers to blur the solo/duet line. "Even when I'm working alone, I feel like I'm collaborating with the work," he says.

His attentiveness to what a work-in-progress might be trying to tell him was sharpened by his initial forays into the visual arts as a college student. In a sculpture class, one assignment was to carve something out of a block of wood.

"In critiquing my project," recalls Hanson, "the professor commented, 'I don't see much evidence that you listened to

"I like to put myself at risk, to start something that seems guaranteed to fail and then do everything I can to keep it from failing."

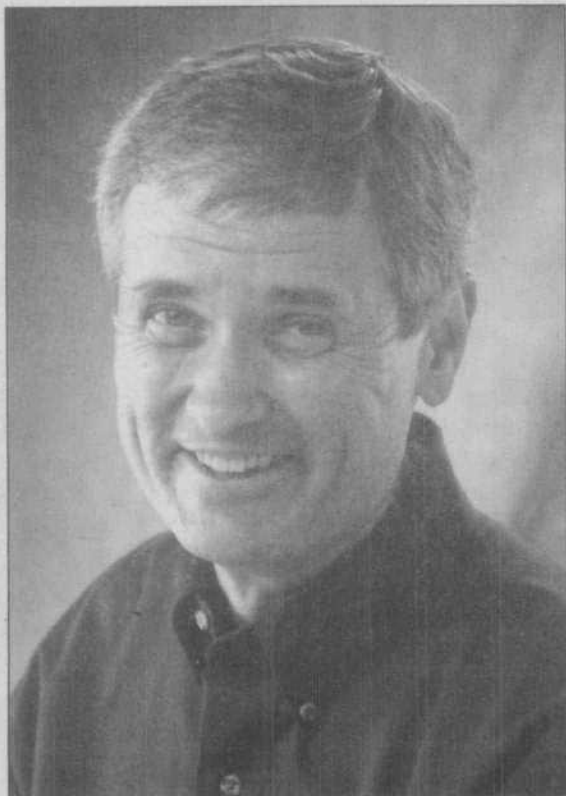
—Warren Hanson

what the wood was saying.' Though I didn't end up being a sculptor, I've never forgotten that principle. I try to listen to what my work is telling me."

But there is other listening that often precedes the formal launching of a new project. In the case of "Beginning," Hanson listened to people's responses to the talks and readings he often does, many of them at churches.

The book started several

years ago with a talk Hanson gave at his alma mater, Augustana College. He drew upon those ideas in other venues, always starting his address with



the words "This is the beginning."

"People would come up to me after the talk and say, 'You know, that was about me. I just started a new job . . . or a new relationship . . . or a new whatever.'"

Positive responses to this presentation led Hanson to self-publish it as a paperback. Later, his publisher, Waldman House Press, picked up the idea, and a hardcover edition of the book was released on October 1.

The subtitle of "Beginning" is "Encouragement at the Start of Something New." The short book is a poem about the complexities and the potential of beginnings, illustrated with Hanson's drawings.

Its theme—that starting something new is an occasion for both fear and excitement—is one that Hanson uses to illustrate his own life.

"I like to put myself at risk," he says, "to start something that seems guaranteed to fail and then do everything I can to keep it

from failing."

One of Hanson's current projects represents that risk-taking tendency. Tentatively titled "Raising You Alone," the book will be "an intimate description of single parenthood, both its difficulties and its potential hidden treasures."

"That topic is a stretch for me," Hanson says, "because I'm not a single parent. But my goal for that book, and for anything I write, is to make it personal. I want readers to be able to say, 'This book is about me.'"

Hanson and his wife Patty have lived in St. Anthony Park for 31 years. He has found the neighborhood congenial for his development as an artist.

"I'm a small-town guy," he says. "I feel grounded here. People seem to care about each other. I consider myself to be just an ordinary

person, but in this community my ordinariness is affirmed. I can just be myself."

Hanson will sign copies of his new book at Barnes and Noble: December 1 at 1 p.m. at Har Mar, and December 7 at 10 a.m. at Galleria. He will be at Just Thinking in Hastings at 1 p.m. on December 8.

Should I Read the Bible? Why? How?



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See page 13

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Como Park Elementary

by Lisa Steinmann

A day in the life of Como Park Elementary School begins at 7:30 a.m., when students gather at the corner of Gateway Drive and East Como Boulevard. The school patrols know all the students who usually cross at the busy intersection, and they wait for everyone to arrive before hanging their flags out for a safe crossing.

This is school patrol Seyha Saumweber's first year at Como Elementary. His previous school was in Cambodia, where he remembers weather a lot warmer than this morning's breath-frosting temperature.

When students arrive at school they head directly to the school lunchroom for a hot breakfast. Then Seyha grabs the backpack that earned him the nickname "Hunchback of Notre Dame" and heads through the crowded hallways. It is surprisingly orderly as some 500 students, most arriving by bus, settle into their classrooms by 8:00.

Seyha is a fifth grader in room 220. He is greeted warmly at the door by his teacher, Lauri Halvorson. As students arrive they spend these first minutes of the day finishing and turning in homework, sharpening pencils and reading quietly.

The classroom is small but cozy for the 24 students. A student aide and two practicum students from the University of Minnesota walk around the classroom helping students. Colorful student artwork decorates the walls, including a crayon drawing of mermaids behind the aquarium. By 8:05, principal Nancy Stachel's voice comes over the PA system, reminding students that it is time to be in their classrooms and ready for Como News.

The TV mounted in the corner near the ceiling goes on, tuned to channel 18 for the school's own student-run broadcast called Como News. Two young men from the sixth grade read the news of the day. In the corner of the screen a teacher translates the broadcast into American Sign Language.

Principal Stachel proudly displays the Earthwise Award earned by sixth graders during their Wolf Ridge Environmental Learning Camp last week. Some first graders raising money for a new playground make an appearance holding jars of pennies.

An invitation is extended to the school community to attend the Hmong New Year celebration at the school Thursday night. The principal closes the broadcast with "words of wisdom" from British statesman Benjamin Disraeli, whose advice is "nurture great thoughts."

After the broadcast it is time for the morning meeting. Mrs. Halvorson goes over the day's schedule with students. It will consist of the familiar routine of reading, music and math with a lunch break at 12:20. After lunch there is time for writing and a special visit from the director of an upcoming play at Como Senior High School.

Tomorrow the class will watch the dress rehearsal of "The Pajama Game" and, in the afternoon, enjoy a pizza party earned by having read over 600 books so far this year.

At 8:40, two additional teachers arrive in the classroom to help with reading groups. The staff at Como have created a collaborative model that brings more teachers together with smaller groups of students. For Mrs. Halvorson's class, there are no more than eight students per teacher at reading time.

About a fifth of the students at Como benefit from spending a portion of their day with specialists outside their regular classroom. Today, Meg Pille is working on math word problems with a small group of 4th and 5th grade students who have autism. They are practicing underlining key words and important numbers as they read, then acting out or drawing the solution.

A quick visit to Kathy Corbett's reading class with deaf and hard of hearing students finds them practicing phonics and American Sign Language. She dismisses two students early so they can rehearse a dance for the Hmong New Year celebration.

In Kristin Bakke's first-grade classroom, students are practicing words that begin with two-letter blends. They pronounce the sound on a flashcard and imitate the teacher's hand gestures. This is part of the kinesthetic phonics program being used in the early grades at Como.

Across the hallway, Mr. Binn's third-grade class is in the middle of reading class. Eight-year-old Renier Two Bears confides to a visitor that along with math and physical education, reading is his one of his favorite subjects.

He displays the book he is reading—"Stone Fox" by John Reynold Gardiner.

"What I really want to do when I grow up," Renier announces, "is go under the sea and explore the Titanic."

A day in the life of a school is never ordinary when it inspires dreams of adventure like Renier's.

A day in
of our

Falcon Heights Elementary

by Michelle Christianson

The sign in the hallway advertises the celebration "Back to the 50s." It's the theme of the visit in Julie Schulz's first-grade classroom, you sit in the 1950s. The children are calm, polite and respectful, well functioning.

Part of the reason for that feeling is that the children. She is in her 18th year of teaching and knows what she's doing.

Schulz begins the day by greeting each child as she did over the past weekend. While an aide helps her, she did over the past weekend. While an aide helps her, she did over the past weekend. While an aide helps her, she did over the past weekend.

This description gives an idea of what a remarkable about the room, and the school a interconnection that permeates every part of Paul Charest, genuinely seem to care about each child.

Schulz likes to use any time when she is assess their social and emotional states—to find academically but as whole people. Even though recommended maximum for first grade, she school to know just what to do when they are.

Schulz says she is lucky to have aide Cor more adult to listen and interact with the children why schools need to hire extra personnel beyond person makes a large difference in the classroom.

The room itself is not so different from a childhood. There is a flag, books, art material this room also has two computers and a large communication and social interaction. The children.

So, does Falcon Heights feel like an old-fashioned good. And it is up to date and modern in good.

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the life schools

St. Anthony Park Elementary

by Anne Holzman

A neighbor walking on Scudder Street southwest of Como Avenue might glance over at St. Anthony Park Elementary and notice an enormous flag in a second-floor window.

Behind that flag is Tim Olmsted's sixth grade classroom; and if it's about 10 o'clock when the neighbor walks by, his students are discussing literature, looking up words and drawing their text interpretations.

"Reading" is no chore here. Olmsted prefers to call it "an addiction," comparing it to Oprah's TV book clubs.

Students meet daily in reading groups based on ability. Each group has chosen its book from a list, and they take three weeks to absorb its lessons together.

In each group, an illustrator has prepared a drawing; a vocabulary expert has looked up the tough words; a "literary luminary" has chosen particularly intriguing passages; a connector bridges the book content to life experience; and a director guides the process, including the students' choice of the next reading assignment (subject to teacher approval).

Less advanced students meet with Olmsted to learn the roles. This morning they are learning to be illustrators.

One student seems to have trouble settling in and earns a sharp reproof; later he will draft an intricate diagram of an Egyptian tomb based on a short, simple text, plying ruler and markers in total absorption.

Another group in progress ignores the disruption. The literary luminary has asked about a passage—"Why is he lying to his mom and dad?"—and a round of speculation ensues. This group has already gone through its vocabulary list and will soon be back at their desks working on the next day's assignment.

There's a hitch when a student arrives late. As he hands a note to Olmsted, his group jumps with questions: "Have you done your illustration?" And they review the rules: "He has to have two thirds of it done or he can't participate."

The students are in charge of their process, which Olmsted attributes to his own insistence on communicating with the director of each group instead of intervening with individual students. Throughout the hour he quizzes directors: "How's it going?" "What's your group working on?"

He carries a clipboard, noting performance measures on a separate chart for each student. The measures correspond to Minnesota's Profile of Learning. At conference time, he'll have the notes entered into computer spreadsheets and will be able to chart for parents each student's individual progress in reading.

Some students arrive ill-prepared for such a complex approach to reading, Olmsted says. Of his 28 students, about 10 were able to start the process in September. As he trains them to carry out the various roles, he can create more groups.

One student still struggling with the English language works with a tutor, volunteer Tom Fletcher, who has followed this student from almost daily tutoring in fifth grade to a weekly refresher in sixth.

"A little bit of mentoring is one of the most rewarding things I've done in 30 years," Fletcher says. "You start to learn how difficult teaching is."

After reading time is over, the students pull out paragraphs they wrote about a recent field trip. As each student reads a passage aloud, Olmsted polls the class about whether the piece is expository, descriptive, persuasive or narrative—and why. Hands wave, voices call out and the sun blazes through the flag at Olmsted's back.

entary

tion of the school's 50th year, and it reads, but when you walk down the halls and actually believe you are organized and

ilz is calm, organized and respectful of (15 years at Falcon Heights), and she

by name and talking about what he or works with the large group, using the some of the children read aloud least once a week. Then they write in their a laminated cover—and afterward read to

ties happen in the room, but what's most ege, is the feeling of community and day. The children, teachers and principal, another.

directly working with the children to out how they are doing, not just she has 24 students, four over the district's ows each one well enough after 46 days of aving trouble.

e Enman in the room; then there is one en. Although taxpayers sometimes wonder d the teaching staff, it is clear that this

at most adults might remember from their nd special corners for special activities. But t of carpeted risers to facilitate dren clearly feel at home here. nioned school? Yes, in some ways that are ways, too.

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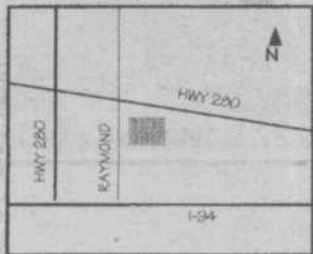


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e t c e t e r a

Arts Events

A rededication recital featuring the newly renovated organ at St. Anthony Park United Church of Christ will be held Sunday, December 8 at 4 p.m.

The recital by church organist Jean Krinke will include works by Bach and Widor as well as Burkhardt's "Christmas Parita" and other choral preludes based on Christmas melodies.

Music in the Park Series and the St. Anthony Park Community Foundation will present jazz pianist Butch Thompson and friends in concert on Sunday, January 12 at 2 and 5 p.m. at St. Anthony Park United Church of Christ, 2129 Commonwealth Avenue.

Thompson will be joined by Duke Heitger, trumpet; Laura Sewell, cello; Hal Smith, drums; and Bill Evans, bass. They will present a tribute to legendary pianist Fats Waller and Waller's teacher, the pianist and composer James P. Johnson.

Tickets are \$25 and are available at Bibelot and Micawber's, or by calling 645-5699.

St. Anthony Park resident Jon Schumacher will play the part of Scrooge in the Actors Theatre's

annual dinner theatre version of "The Christmas Carol."

Shows are scheduled at various times between December 12 and 22. Performances will at the Harriet Island Pavilion.

Tickets are \$64 for dinner and the show, and are available through Ticketmaster.

St. Anthony Park resident Dara Dokas will read from her recently published children's book, "Remembering Mama" on December 7 from 2-3 p.m. at the St. Anthony Park Library.

For more information, call 642-0411.

Como Park Conservatory

The Conservatory's Holiday Flower Show opens December 5 and continues through January 20. It features a variety of poinsettia cultivars accented by tropical evergreen foliage.

The Conservatory is open daily from 10 a.m.-4 p.m. Admission is \$1 for adults, 50¢ for seniors and youth, free for children 5 and under.

For more information, call 487-8242.

Holiday Afternoon Teas will take place at the Conservatory December 5 at 11:30 a.m. and 2:30 p.m., and December 6 at

11:30 a.m., 2:30 p.m. and 5 p.m. The event includes a five-course tea served on vintage china and a behind-the-scenes tour of the gardens.

Warren Hanson, illustrator of "Peef" and "A Cup of Christmas Tea," will be on hand both days from 1:30-5 p.m. for book signing.

Reservations are required. Call 487-8240.

On December 15 at 6:30 p.m., Tom Hegg, author of "A Cup of Christmas Tea," will sign books in the Sunken Garden. Doors open at 6 p.m. Admission is free. For more information, call 487-8201.

Holiday Sales

The Friends of the Parks and Trails is sponsoring a commemorative tree program. For \$50, donors can purchase a tree to be planted in someone's honor in a public park in the metro area.

A card will be sent to the person being honored, and in the summer he or she will receive a map showing the tree's location. All trees will be planted in the spring.

To order a tree, visit www.friendsoftheparks.org or call 698-4543.

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e t c e t e r a

The Roseville Lion's Club is selling holiday fruit cakes to support various community projects. Beneficiaries of the sale include the Minnesota Lions Eye Bank, Leader Dog Program, Roseville Central Park, Hearing Foundation, Children's Eye Clinic, Camp New Hope, American Field Service students, International Hearing Dog and Roseville Area Senior Program.

Benson's Old Home fruitcakes are made from a nonalcoholic mixture that's one third batter, two thirds fruit and nuts. The price is \$6 for 1 1/2 lbs. and \$4 for 1 lb. Delivery is free.

Call Eldon Metaxas (645-3691), Joe Juettner (487-0064) or Tom Amlotte (636-8998) to place an order.

Gardening

Poinsettias and their care will be the topic for speaker Ron Dufault at the December 3 meeting of the St. Anthony Park Garden Club at 7 p.m. in the meeting room of the St. Anthony Park Library.

Model Railroading

The Twin City Model Railroad Museum announces three special events.

"Night Trains" runs on Saturday nights, November 30-February 22, from 6-8:30 p.m. Room lights are dimmed, and all the lights are turned on inside the trains and buildings and

along the streets.

"Holiday Express" runs on December 23, 26, 27 and 30 from 11 a.m.-7 p.m.

"Circus Train" will be featured December 8 from noon-5 p.m.

The museum is located at 1021 Bandana Blvd. in Bandana Square. For more information, call 647-9628 or visit www.tcmrm.org.

Recycling

St. Paul's 2003 Recycling Guide and Schedule will be mailed to city residents in mid-December.

In St. Anthony Park, curbside pickup will continue to be on alternate Wednesdays. In the Como Park neighborhood, collection will continue to be on alternate Mondays. For more information, call 222-7678.

Contest

Voices for the City, a project of 1000 Friends of Minnesota, is an essay writing contest open to all who revere some aspect of city living. Writers should celebrate those experiences, places and things that give the city its unique sense of place.

Winning essays will be published in a chapbook, and authors will participate in a series

of readings and events throughout the state.

Essays should be no longer than 400 words. They are due by December 6. Submit essays to bdroessler@1000fom.org or 1000 Friends of Minnesota 370 Selby Avenue, Suite 300 St. Paul, MN 55102.

Provide your name, address, phone number, e-mail address and age if under 18. For more information, contact Bill Droessler at 312-1000 or bdroessler@1000fom.org, or visit www.1000fom.org.

People

Falcon Heights resident Marietta Spencer recently was honored with a Legacy Award from the University of Minnesota's College of Human Ecology.

Spencer was recognized for her contribution to improving adoption practices worldwide. Her research has been applied to support groups for adoptive parents, understanding dual heritage and cultures, and curriculum and teaching materials for all ages.

St. Anthony Park resident Mary Maguire Lerman will receive a Distinguished Service Award from the Minnesota State

Horticultural Society at a special event on December 7.

The MSHS recognizes individuals and organizations that have made outstanding

contributions to horticulture and greening efforts in public gardens, community projects and through exemplary community achievements.

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The Alpha Program at Saint Anthony Park United Methodist Church is a program designed to facilitate a sharing of such experience with your friends and neighbors. The program consists of about 12 Sunday evening meetings starting January 26. The format of each meeting is a meal followed by a presentation of a Christian response to one of the questions, and then small group discussion of that response and any other responses the participants wish to discuss. The only requirement is that each participant respect the opinion and experience of others. Child care is provided. Please call the church office to obtain more information or to register to attend.

651-646-4859 (9:00am to 1:00pm weekdays). St. Anthony Park UMC, Como at Hillside, St. Paul, MN 55108

Prof weathers history at U of M and SAP

by Judy Woodward

Professors are no rarity in St. Anthony Park. Neither are long-term residents. With the University of Minnesota so close at hand, there's scarcely a block in the neighborhood that doesn't number a couple of faculty members. Nor has the area ever been known for rapid turnover.

Professor David W. Noble, however, stands out in both categories. Forty-eight years a resident of St. Anthony Park, he's currently beginning his 51st year of teaching at the University. As befits a man who takes the long view in both his work and his community, Noble is an historian.

Noble, 77, began his teaching career when World War II, the event he regards as the turning point of modern American history, had barely vanished from the newspaper headlines. Fifty-one years and one new millennium later, his present students may well be the grandchildren of those he lectured in 1952.

The subject he teaches now, American Studies, hardly existed as a formal discipline when he began his career. Noble didn't join that department until 1984. Before that, he was a professor of American history.

Describing the changes that have overtaken his field in the last half-century, Noble says,

"We historians went from imagining a monoculture to a pluralistic one. The most important factor in modern U.S. history was the shift in from isolationism in 1940 to internationalism in 1945. Isolationism was legitimate in 1940. By 1945, the whole world had changed."

Americans' sense of themselves changed utterly during World War II, he says, and that shift of perspective made possible the emergence of "alternative narratives"—history as experienced by hitherto overlooked groups like women and minorities.

That seismic shift in American consciousness brought about by World War II continues to reverberate, says Noble. The results of the recent national election, for example, can be seen as endorsing the pattern of economic deregulation that began with the growing realization of the importance of America's position in the world marketplace.

"Internationalism," explains Noble, "means taking the marketplace out from within national boundaries. We see the shift from national planned economies to momentum in direction of deregulation in order to facilitate an international economy."

Noble's most recent work has been a study of the cultural effects of what he calls "the end of American exceptionalism"—the death of the notion that America has a special destiny unconnected to the rest of the world. "The Death of a Nation," published this month by the University of Minnesota Press, describes the consequences of the American shift to internationalism for the nation's art, architecture, literature, music and social thought.

Although Noble is now genially dismissive of the over-simplistic myths of a previous generation's ideas of American history, his own interest in the subject probably stems from a classic narrative of some currently unfashionable Dead White Males.

He grew up on a farm near Princeton, New Jersey. As a teenager, he got a job as tour guide to the nearby Revolutionary War battlefield. "It got so I could 'feel' Washington and his troops coming up from Trenton. It gave me a feeling of a living and dramatic past," he explains.

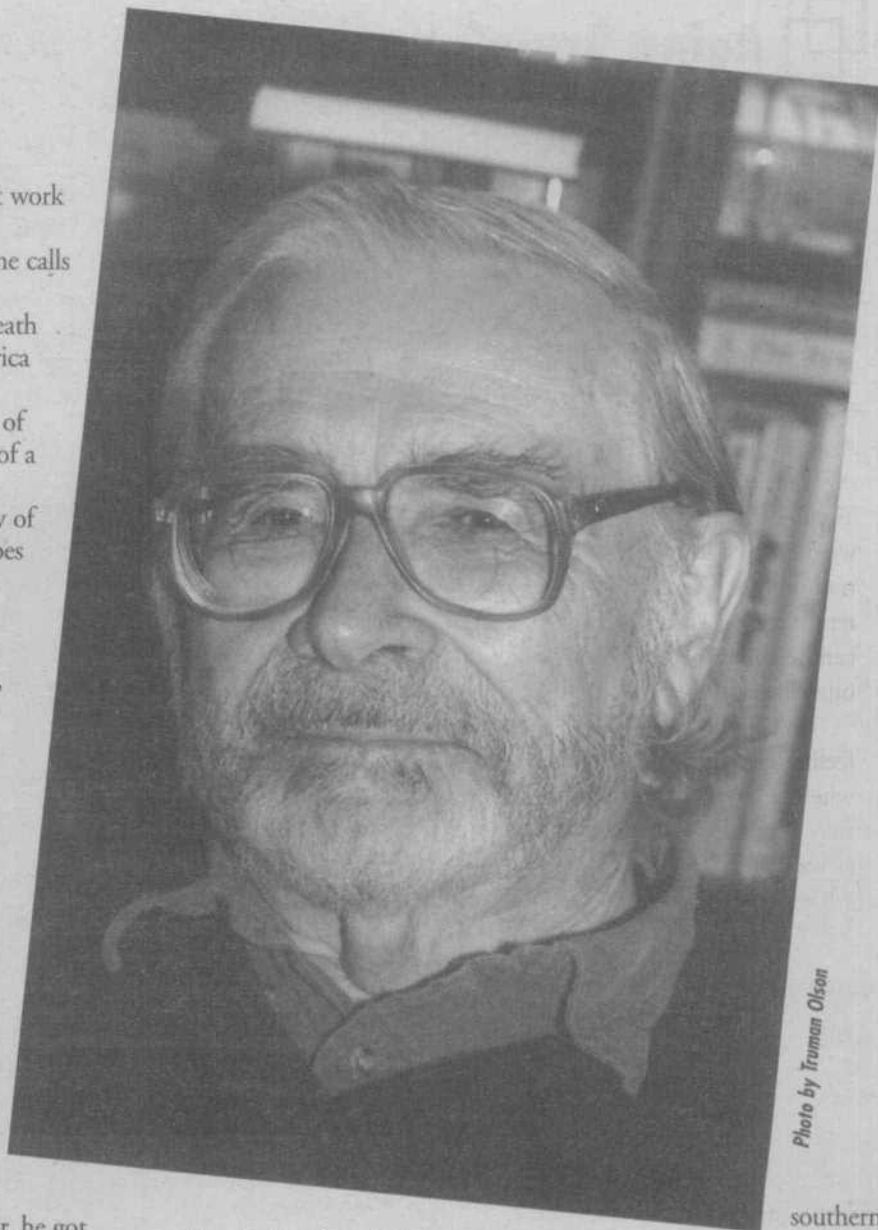


Photo by Truman Olson

That feeling for a living past is one that he's been trying to impart to students ever since. "The priority for most of my professors in graduate school (at Madison)," he says, "was research and writing. Coming into the classroom was a necessary evil. I couldn't survive that way. My first priority has always been classroom teaching."

His success in both teaching and research is well documented. The author of many books, Noble became one of the earliest recipients of the Scholar of the College of Liberal Arts Award in 1986. A decade later, American Studies established a lecture series in his honor. Noble was invited to give the first lecture himself.

Teaching has always been important, but even Noble acknowledges that he didn't permit himself to put some of his more flamboyant pedagogical ideas into play until the mid-60s, after he'd achieved the rank of full professor. It was around then that Noble hit on a novel technique for bringing the towering figures of American history to life for his students.

With minimal props and costuming but an encyclopedic command of their written words, Noble began impersonating figures as disparate as Thomas Jefferson and Norman Mailer. Jefferson was his first creation and, in many ways, it remains his most successful.

He says, "Students think of Jefferson as a national figure—but not a southern one. Yet, by 1820, Jefferson feels that the Revolution has failed and become corrupt. Only his native South has remained true to Revolutionary principles."

To emphasize Jefferson's

southern roots, Noble delivers his monologue in a soft, Virginia drawl. He starts his lecture wearing a colonial wig, but "when Jefferson starts to talk about southern secession, I put on a Confederate cavalry hat." Jefferson, of course, died in 1826, long before the Civil War, but Noble's hat trick is the kind of rhetorical gesture that fixes his point in students' minds.

Over the years, he's impersonated many other historical personages. Woodrow Wilson and Teddy Roosevelt are still in his repertoire, but by the mid-80s he had to drop Richard Nixon and Norman Mailer. By then, the Gen-Xers filling his classes simply didn't recognize them.

Noble has lived in north St. Anthony Park almost as long as he's been at the University. He shares his house, an eye-catching example of what he refers to as "pinkish Minnesota Spanish Gothic," with his wife, his daughter and her family.

Asked for his professional opinion of the history of his neighborhood, his answering laugh implies that, happily, St. Anthony Park is somewhat exempt from general trends of recent American history. "I'm so delighted to live in what I consider a small-town environment," he says. "It's remarkable how this has remained a true neighborhood."

St. Anthony Park may be an exception in its ability to resist change. For the rest, Noble muses, "The modern world changes so rapidly that as a society we have a hard time holding on to memory. Maybe that's why the culture is willing to pay me to do what I love."



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Aging Gracefully by Mary Jo Tarasar

For those of us who have outlived one or more of the people nearest and dearest to us, the holidays can be an ordeal rather than a time of joy.

It's important to remember that there's nothing wrong with the painful feelings we may have at these times. We are experiencing not only the loss of loved ones but the loss of the life we shared with them. Holiday traditions can trigger sharp reminders of what we've lost and can heighten the realization that one's life is forever altered.

When we find ourselves feeling sad, angry or overwhelmed by the holidays, we may become even more isolated as we contrast our feelings with what we felt in the past or how we think we should feel now.

Stop right there. There is no way we *should* feel, only the way we *do* feel. It is important that we acknowledge our feelings, feel them and then keep going. That can be more difficult than it sounds, I know, but there are some things we can do to help cope.

Rather than do exactly what we have done in the past, we can try varying our traditions a bit, such as attending a different church or even just a different service than we did with loved ones in the past.

We can buy a small gift for someone we have lost, then give it to someone who would otherwise go without. A memorial in the name of a lost loved one can also help give meaning to painful feelings.

In the same vein, we can think of ways to give to others less fortunate than we are. This is the best way I know to put my own loss and loneliness into perspective. Giving of myself to other people always makes me feel blessed.

We can also try new things that the loved ones we miss may not have enjoyed. This is particularly true for those who have outlived many of their own

generation. We may find that attending some event we would never have attended in the company of our contemporaries can be a wonderful experience with younger relatives or friends.

If we find that we are experiencing acute depression over the holidays, we may seek professional guidance. This is often a difficult step to take since most of us like to believe we can take care of our own problems.

But severe depression is a treatable illness. If you are in this situation, it may help to think of a counselor as a surgeon who can help remove the barriers that block your feelings. You wouldn't perform surgery on yourself, would you?

We all need to take care of ourselves over the holidays, which can be overly busy and stressful for anyone. Those of us who have survived loss of loved ones need to be especially vigilant in our self-care.

We can remember to eat right, take our vitamins and get enough sleep. When we take care of ourselves, even the worst feelings are less severe, and we are more able to enjoy the good ones.

The St. Anthony Park Block Nurse Program hopes that Aging Gracefully is helpful to older adults and those who care about them. We welcome ideas and feedback at apbnp@bistream.net or 642-9052.

Lori Fritts from page 1

business owner, a manufacturer's rep," said Fritts. "I came from a union, blue-collar family. I also had an uncle who was a plumber. We had farmers, too. That helped—knowing what it is like to be a small businessperson and responsible for others' paychecks. Small business people are self-confident; they love what they do. Many small businesses are family owned."

Fritts' journey to Washington and back was marked by a series of serendipitous events.

"My sister was involved in the Boschwitz campaign, and she talked me into getting involved. I did data entry. Once you get involved in activist groups and working for campaigns, they keep calling you," she smiled.

Besides getting political experience, there was another benefit in working on the Boschwitz campaign. In 1987, while working at Boschwitz's Milk House at the Minnesota State Fair, Fritts met her future husband, Bill, who now works as a public government affairs consultant.

"It just so happened there was a fundraiser that evening for Dave Durenberger—where I met Bill again," she said.

In 1988, they married and, shortly after, relocated to Washington, D.C., where Bill worked for the Commerce Department. Lori was soon appointed deputy chief of staff at the U.S. Small Business Administration, where she served from 1989-1992. There she was second in command to the administrator, Patricia Saiki, in managing the SBA agency, which has over 80 offices across the country.

Fritts was responsible for overseeing policy development and program supervision for the

SBA, and she helped coordinate information on the disaster aid efforts for small businesses during Hurricanes Andrew and Hugo, as well as the LA riots.

"I worked with White House Cabinet affairs, funneling problems to the White House and to Congress. I also coordinated the small business person of the year and minority business person of the year events," she noted.

They returned to Minnesota in the mid-90s, and Bill worked as a vice president for external affairs at ING-ReliaStar. Lori, who wanted to spend more time with their three young sons, did consulting for various organizations such as Minnesotans for Coleman and the House Republican Campaign.

"I love political work," she said, "I'm really not a party person but work for the candidate I believe in."

She also volunteered for the St. Anthony Park Association and the St. Anthony Park Elementary School Site Council.

As her youngest child got older, she began thinking about her full-time career again. When Ellen Waters, former president of the Midway Chamber of Commerce, resigned, Fritts was encouraged to throw her hat in the ring. She was immediately intrigued with the possibilities of the organization.

Since 1919, the Midway Chamber has been a catalyst for economic development, a source for employers to recruit and retain a quality workforce, and a provider of services designed to help members' businesses grow.

The Midway area, which extends roughly from the Capitol to Highway 280, contributes over one third of the total commercial/industrial tax base in St. Paul, and is home to over

75,000 and a workplace for over 50,000.

The Midway Chamber represents over 550 businesses and organizations in the area that share the mission of "building a stronger Midway."

Said Fritts, "During the years that Ellen Waters was there, she created a level of recognition. The Midway Chamber of Commerce is a respected and recognized organization. I want to build on the partnerships that have been established."

Since much of the Chamber's work is with small businesses, this is an ideal match for Fritts' experience in the SBA and expertise in economic development, marketing and finance. She's clearly up for the challenge.

"The University corridor is incredibly diverse, with Hmong, Somali and African-owned businesses, among others," said Fritts. "These are very active businesses, and we want to work closely with them to continue creating partnerships—drawing out the expertise that is there. We envision marketing the University Avenue businesses as a whole, and promoting redevelopment and continued revitalization of the Midway area."

In the end, Fritts will do what she does best: bring people together.

"There are a lot of new businesses, too, and we'd like to do something, such as an open house, so people can meet each other. We want to get the police and fire departments involved as well. It's always better when you know your neighbors."

The Midway Chamber of Commerce is located at Spruce Tree Centre, Suite #4, 1600 University Avenue. For more information, call 646-2636 or visit www.midwaychamber.com/.



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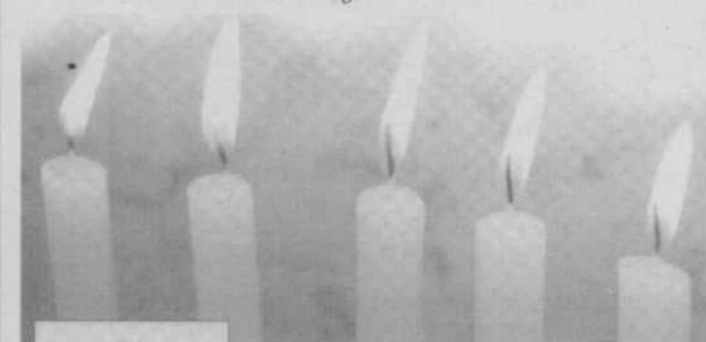
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DECEMBER ARTS

Music

Terlizzo's
821 Raymond Ave., 523-0773

• ARNE FOGEL
November 29 & 30, 7:30pm

Ginkgo
721 N Snelling Ave., 645-2647

• Children's Art and Story Hour
Thursday mornings, 10am
• Open Bluegrass and Old Time Jam Session
Every second and fourth Wednesday, 7pm

• Open Stage
Every first and third Wednesday
Sign-up 6pm, music begins 7pm

• Bill and Libby Hicks
November 28, 7pm

• Louise Taylor
December 12, 7:30pm

Prairie Star
2399 University Avenue, 646-7827

• Saturday Jams
Every Saturday, 10am-1pm

Coffee Grounds

1579 Hamline Ave., 644-9959

• Acoustic Sundays (except Dec. 29),
10am-12 noon

• Bill Cagley
December 5 & 19, 7-9pm

• Ivory Bridge
December 12 & 26, 7-9pm

• Matthew Fox CD Release Party
December 13, 7:30-10:30pm
Call for cover charge information

• Carol Jean and the Blue Gills
December 14, 8-10:30pm

• Jeff Ray
December 20, 8-10:30pm

• Bill Geezy
December 27, 8-10:30pm

• Spruce Top Review
December 28, 8-10:30pm

Como Park Senior High
740 Rose Ave. W., 293-8800

• Choir Concert
December 9, 7pm

• Band and Orchestra Concert
December 16, 7pm

St. Anthony Park UCC
2119 Commonwealth Ave., 646-7173

• Organ recital by Jean Krinke
December 8, 4pm

THEATRE

Out on a Limb
1810 Como Ave., 644-3802

• Youth Performance Company: Out on a
Limb Dancers with local musician Dan Israel
December 13 & 14, 7pm at
3338 University Ave. SE, Minneapolis

• "It Could be Worse, or Love at
Frostbite" and scenes from "Farm
Memories" by Linda Mainquist
Dec. 14, 3-6pm, afternoon reception
meet the artists and presentations

Visual Arts

Anodyne Art Gallery
825 Carleton St., 642-1684

The Goldstein Gallery
1985 Buford Ave., 612-624-7434

• Time and Space Constructed: Tradition
and Innovation in Contemporary Tapestry
Nov. 24-Jan. 26

Raymond Avenue Gallery
761 Raymond Avenue, 644-9200

• Tim and Steve Lloyd's ceramic and metal
works
December 6-24; reception December 6,
5-7pm

Undercroft Gallery
2136 Carter Avenue, 645-3058

• Quilts, Wallhangings and Fiber
December-January 10

St. Paul Student Center
2017 Buford Ave., 612-625-9794

• Roxy Films: "Strange Brew,"
SPSC Theatre
December 5, 7pm; Dec. 6, 7 & 9pm

• Roxy Films: "The Cat's Meow,"
SPSC Theatre
December 12, 7pm; Dec. 13, 7 &
9:15pm

Readings

St. Anthony Park Library
2245 Como Ave., 642-0411

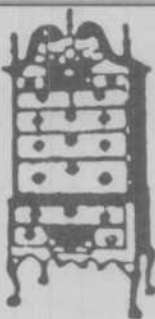
DARA DOKAS reads from
"REMEMBERING MAMA"
December 7, 2-3pm

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Fri. 10 - 6 / Sat 10 - 4 / Sun 10 - 3



DECEMBER CALENDAR

2 Monday

• AA, St. Anthony Park Lutheran Church (651-644-0809), 8 p.m. Every Monday.

• Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.

3 Tuesday

• Tot Time (for 5-year-olds and younger), Langford Park Rec Center (651-298-5765), 10 a.m.-1 p.m. Every Tuesday.

• Toastmasters (651-645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.

• St. Anthony Park Garden Club, St. Anthony Park Library, 6:30 p.m.

4 Wednesday

• Women's Connection, a job networking organization (651-481-6925), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.

• Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday.

5 Thursday

• Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (651-298-5765), 10 a.m.-noon. Every Thursday.

• Toastmasters (651-649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.

• St. Anthony Park Community Council Physical Planning Committee, South St. Anthony Rec Center, 890 Cromwell, 6 p.m.

6 Friday

• Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony

Park Block Nurse Program, 9-10 a.m.).

• Falcon Heights recycling.

7 Saturday

• Dara Dokas reads "Remembering Mama," St. Anthony Park Library, 7 p.m.

8 Sunday

• "Circus Train" at Twin City Model Railroad Museum, Bandana Square, noon-5 p.m.

9 Monday

• Park Press Inc., Park Bugle Board Meeting, St. Anthony Park Bank Community Room, 7 a.m.

• Como Park & Lauderdale recycling.

10 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

11 Wednesday

• Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.

• Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program.

• St. Anthony Park recycling.

12 Thursday

• Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, St. Anthony Park Library, 10-11 a.m.

• Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Park Rec Center, 890 Cromwell, 7 p.m.

14 Saturday

• FARE For All food distribution and registration at St. Anthony

Park Lutheran Church, 651-644-8833, 2323 Como Avenue, 8:30-10:30 a.m.

16 Monday

• St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.

17 Tuesday

• District 10 board meeting, 7 p.m., Black Bear Pavilion, LL.

18 Wednesday

• Langford Booster Club, Langford Park, 7 p.m.

20 Friday

• Falcon Heights recycling.

23 Monday

• Como Park & Lauderdale recycling.

24 Tuesday

• Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

25 Wednesday

• Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.

27 Friday

• St. Anthony Park recycling.

Items for the January Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, December 13th.

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Your Solid Foundation Giving Back

By Jon Schumacher
Executive Director,
St. Anthony Park
Community Foundation

As the holiday season approaches, I am especially mindful of the many neighbors who have given so much to make this community a great place to live and work. I'd like to honor all of St. Anthony Park's community-minded citizens, by recognizing one of our most active over the years, Gerald McKay.

Gerald has been contributing to our neighborhood for 57 years. He's had a hand in many of our most prized institutions, such as the St. Anthony Park Association, the Branch Library Association, the elementary and high school PTAs, the Community Band, and The Bugle. Gerald also is a founding member of the St. Anthony Park Community Foundation, and served for 4 years as a board member before retiring to help care for his wonderful wife of 63 years, Mary, who died this past summer. Mary was a full partner in volunteerism with Gerald and is remembered fondly for her unending hospitality and passion for the children of this community.

Even though Gerald has finally begun to scale back from his many years of devoted

leadership, he continues to find ways to support St. Anthony Park. Through the Community Foundation, Gerald and Mary set up a specially designated fund in their will to provide ongoing financial support for the Community Band. He explained

their gift this way: "Mary and I got so much from our friends and neighbors in this community. It's a special place and we wanted to help preserve a piece that is close to our hearts."

Because of the Foundation's unique

charitable status, the McKays were able to endow a simple yet lasting legacy that will continue to give back to a community made special by neighbors like Gerald and Mary McKay.



Gerald McKay



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LIVES LIVED

Anne Curley Bulger

Anne Curley Bulger died suddenly on October 31, 2002. She was a lifelong resident of St. Anthony Park; a graduate of Guttersten Grade School, Murray High School and the University of Minnesota; and a charter member of Corpus Christi Catholic Church in Roseville.

Ann Curley was born in Minneapolis but lived her entire life within a four-block radius in St. Anthony Park.

She was trained as a teacher, majoring in Spanish and minoring in journalism at the U of M, where she was a member of Chi Omega sorority. On August 4, 1950, she married her high school classmate, Bill Bulger. They went on to have 8 children, 24 grandchildren and 2 great-grandchildren.

In recent years, Ann hosted weekly family dinners for 30 or more. She and Bill opened their home to many foreign students and countless guests, most of whom left behind a signed ornament for the Bulger Christmas tree.

Ann was an energetic volunteer for numerous church, school and community organizations. In 1986 she was recognized as a WCCO Good Neighbor. She lived by the motto, "The world is run by those who show up."

Ann had a special relationship with Murray High School (now Murray Junior High). She attended Murray when it was a grade school, graduated from the high school in 1946 and taught there for one year before starting her family.

As her children grew up and attended Murray, Ann helped out with many school events, eventually becoming the volunteer coordinator, a post she "retired" from last year. But most school days continued to find her helping at school. Indeed, she had spent the morning there on the day she died.

At Murray, Ann became involved with school trips to Wolf Ridge Environmental Learning Center in Finland, Minnesota, and was one of that facility's biggest boosters. She had been planning to accompany another group of students to Wolf Ridge this past month.

Ann's travels took her to the capitals of all 50 states as well as Africa, Europe, Grenada, Costa Rica and, most recently, through the Panama Canal. But her home state was her favorite. She explored countless Minnesota lakes, rivers, parks and forest trails throughout her life.

Ann was preceded in death by William, her husband of 50 years. She is survived by six sons, Michael (Kim), John (Julia), James (Beth), Charles (Karmit), Thomas (Cyd) and Paul; two daughters, Barbara (Kent) Lyford and Patricia (Jim) Rosno; 24 grandchildren; two great-grandchildren; sister Mary Vos of Duluth; mother-in-law Ferne Bulger of Arden Hills; and special friends Jorge and Martha Ulate.

A Mass of Christian Burial was held on November 4 at Corpus Christi Catholic Church.

The Park Bugle loses one of its stalwarts

by Dave Healy

This was Ann Bulger's page. For over 15 years she faithfully chronicled the passing of people who had called this neighborhood home.

Two years ago, Ann had to write her husband's obituary. Now, I've had to write hers. I don't know that I've ever felt less qualified for a task.

Ann's was indeed a "life lived." She was fond of quoting the maxim, "The world is run by those who show up."

And did she ever show up. For church services, committee meetings, class reunions, school carnivals, field trips, baptisms, first communions, piano recitals, hockey games, school plays, clubs, dinners, receptions.

Wherever two or three were gathered, Ann was sure to be in the midst of them. Likely as not, she'd sent out the invitations that brought them there.

The Bugle is only one of many institutions still reeling from Ann's loss. But because we're a small enterprise, we feel her absence with special keenness.

Ann contributed to this paper for most of its history. For many years, she reported on school news and wrote occasional articles on a wide variety of topics.

When I took over as the Bugle's editor, Ann compiled *Lives Lived* on a typewriter. Other writers submitted things electronically, but Ann hadn't yet crossed the digital divide, which meant that someone had to retype her work on a computer.

After a year or so, I asked Ann if she'd consider shifting to an electronic format. She'd used computers in her work at Murray, but she was still fundamentally a typewriter person. I offered to give her a couple of tutorials and lend her one of the Bugle's old computers. She took me up on it.

The resulting relationship between woman and Macintosh was a tumultuous one. Ann was used to seeing her words appear on the page as she typed them. What happened inside that beige box was too far removed from reality for her tastes. But

she stuck with it. When the Bugle's computer eventually bit the dust, Ann bought her own.

Ann's willingness to learn how to use a computer sums up a good many things about her: curiosity, optimism, persistence, teachability and unfailing good will. Plus an ability to laugh at herself and at life's many obstacles.

The Bugle is the only local community newspaper I know of that publishes obituaries. We were able to do it only because Ann Bulger simply knew everyone who had ever lived in the Bugle's distribution area.

She might run across a death notice from someone living in New Mexico and remember that he grew up in St. Anthony Park. And not just that, but what street he lived on, when he graduated from high school, who he married, where he served in the Army.

I don't know anyone who could do all the things Ann did. I don't know what all of us who knew her will do now that she's gone.

Housing Plan from page 1

be a uniform wall of buildings because that "would be out of character with the neighborhood."

Three buildings facing University Avenue that were built in 1910 and 1911 would probably be preserved and adapted for use, while the rest of the development would be new construction. Plans show an arcade effect along the sidewalk on University Avenue, thus promoting pedestrian accessibility.

The completed project would provide about 400 rental units with 60,000 square feet of retail space at the street level. Parking for 750 vehicles would be located behind the buildings. New commercial units along Raymond Avenue would complement existing business on the west side of Raymond.

Since the Raymond/University intersection is currently viewed as a possible site for a light rail station, the design would need to fit with any station located there.

Council member Joe Ring expressed concern about traffic increasing "at an already busy intersection."

Donna Drummond, from St. Paul's Department of Planning and Economic

Development, agreed that traffic studies and exploration of egress and ingress would be an important part of the project.

Stenson stressed that although MetroPlains has been discussing this project for two years, plans are still very preliminary. While the development company has a "letter of understanding" with Johnson Brothers, they have only recently begun talking with other property owners.

Several significant unknowns have yet to be clarified. One of those is the intended population for the rental units.

According to Jean Eide of MetroPlains, one initial consideration prompting exploration of this site for housing was a perceived need for off-campus student housing for area colleges and universities. The city has begun contacting local schools to see what interest and financial support there may be for this use.

Recently the St. Paul Heritage Preservation Commission has begun considering the Raymond/University area as an historic district. How this designation would affect development plans is still unclear. MetroPlains

plans to meet with the Preservation Commission to discuss this issue.

Other questions remain:

- How much of the rental housing would be market rate, how much would be affordable?
- How would light rail, and the location of a station, affect plans?

- Can all of the site's other property owners (there are 10 besides Johnson Brothers and U.S. Bank) be convinced to sell?

According to Melissa Mathews, District 12's executive director, at least one other development company has expressed an interest in the area, but their ideas for the property are unknown.

At the November 14 meeting, MetroPlains' plan met with a generally positive response from council members and neighbors in attendance, many of whom had come specifically to hear the presentation. People seemed interested in working out any difficulties that might arise.

For more information about University UNITED and its vision for University Avenue, see www.universityunited.com. To read about MetroPlains, see www.metroplains.com.

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■ Call Raymond Yates at 651-646-5369 with questions.

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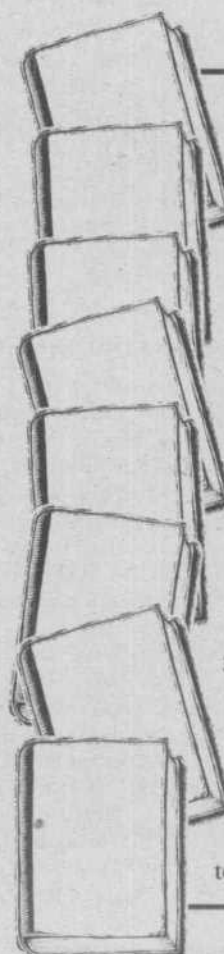
Shop

Micawber's Bookstore

**December 9th, 10 a.m. - 8 p.m.
& support your local school!**

10% of the day's proceeds will go to support the St. Anthony Park Elementary School library and the St. Anthony Park School Association

There will be free gift wrapping that day, cookies, coffee, and book recommendations from the local teachers and students.



Union Hall from page 1

rent it for wedding receptions and parties.

According to Jan Mendez, 1391 Brompton Street, the event that finally prompted neighbors to take collective action was an October 11 party that resulted in at least four separate calls to police.

"There were car alarms, honking horns, car stereo systems blasting—and this was just starting at 1 a.m.," said Mendez.

Despite the presence of police, people didn't clear out until after 2:30 a.m., Mendez said. "The next day we had to contend with paper, cans and liquor bottles. Union Hall supposedly supplies a clean-up crew, but they never venture far from the hall," she added.

Krivit is hoping that some changes to IAM's license with the city of St. Paul will help alleviate problems. According to Christine Rozek, manager of the city's Office of Licensing, Inspections and Environmental Protection, several conditions have been added to IAM's license.

"We've agreed that all events will now have to end by 12:30 a.m.," Rozek said. "In addition, the hall will be responsible for picking up all trash on the property."

Residents say they learned some things about civic action through this process.

"We found out that the Police Department only records the first complaint call they receive," noted Mendez, "which means they don't have a record of how many people call. Also, now we know that you have to give an address for the offending property instead of just an intersection, in order to establish a record of complaints."

Krivit thinks the process, while frustrating at times, has been a good experience. "The city officials we sent our letter to have been very responsive," he said. "I'm a local business owner myself, and I recognize the importance of having successful businesses in the neighborhood. I'm confident we can all get along."

Rozek agrees that these negotiations have been handled well. "This is one of the better situations I've dealt with lately," she said. "The people at the union seem genuinely interested in working things out."

Rozek noted that when residents have problems with a business, her office encourages them to approach the business first.

"I tell them to be direct but nonconfrontational," she said. "If things cannot be resolved satisfactorily, then we can get involved."

If residents are unable to resolve problems with a local business, Rozek said the best first step is to call the city's information and complaint number: 266-8989.

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Bethany Baptist Sunday Worship 10:45 am
Pastor Bruce Petersen
Filipino-American Worship 3:30 pm
Pastor Sanny Olojan

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1376 Hoyt Ave. W., St. Paul, MN 55108-2300
651-646-7127

Handicapped accessible
CPL Contact Ministry 651-644-1897

Sunday Schedule:

8:00, 9:00, & 11:00 a.m. Worship
10:00 a.m. Adult Education & Sunday School
(Holy Communion on 1st & 3rd Sundays, nursery provided)
Rides available for 11:00 a.m. worship;
call the church office before noon on Friday for ride.
Saturday, December 14th: Sunday School Christmas Program - 4:00 pm
Sunday, December 15th: Sunday School Christmas Program - 9:00 am
CHRISTMAS EVE SERVICES: 3:00, 4:30 & 10:30 PM
CHRISTMAS DAY SERVICE: 10:00 AM

Pastors: Martin Ericson and David Greenlund
Visitation Pastor: Leonard Jacobsen
Director of Youth and Family Ministry: Amy Dorumsgaard
Director of Music Ministry: Thomas Ferry

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Sunday Masses: 8:30 and 10:30 am
Christmas Eve: 3:00 pm, 5:00 pm and 10:00 pm
Christmas Day: 9:30 am

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Deo Gratias Wedding Ministry

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Sunday Worship: 9 am.
Sunday School and Adult Bible Class: 10:30 am.

❖ ST. CECILIA'S CATHOLIC CHURCH

Cromwell and Bayless Place. 651-644-4502
Saturday Mass: 5 pm at the church
Sunday Mass: 10 am at church (nursery provided) and
8:15 am at Seal Hi-Rise, 825 Seal St. (handicapped accessibility)
Christmas Eve Service: 5 pm
Christmas Day Services: 8:15 am at the high rise, 10:00 am at the Church

❖ ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth at Chelmsford. 651-646-7173
Website: www.sapucc.org
Handicapped accessible and an Open and Affirming Congregation.
Rev. Dane Packard, Pastor.
Adult Ed. Faith & Life Breakfast Forum - 8:30 am every Sunday.
Sunday Worship: 10:00 am, Fellowship: 11:00 am.
Nursery Care & Sunday School provided - 10:15 am.
Sunday, December 8, 10:00 am - Christmas Pageant
4:00 pm - Special Organ Concert
Sunday, December 15, 10:00 am - Choir & Organ Christmas Concert
Tuesday, December 24 4:00 pm - Family Service
11:00 pm - Candlelight Service

❖ ST. ANTHONY PARK UNITED METHODIST CHURCH

Wrapped in Joy, Full of Grace
2200 Hillside Ave (at Como) 651-646-4859
Pastor Donna Martinson

10:00 am Worship Celebration
10:20 am Sunday School (3 years to 6th grade)
11 am Fellowship
11:05 am Youth Class
11:15 am Adult Forum
Christmas Eve Candlelight Worship - December 24 at 5:00 pm
Wednesdays: 9 am-1 pm Leisure Center (Senior fellowship,
activities, and noon meal).

❖ ST. ANTHONY PARK LUTHERAN CHURCH

We are a community of believers called to joyfully serve God,
one another, and the world. www.saplch.com
2323 Como Ave. W. Handicap-accessible. 651-645-0371
Pastor Glenn Berg-Moberg, Email: sapluth@mta.org
Sunday Worship services 8:45 & 11:00 am, (nursery provided)
Minnesota Faith Chinese Lutheran Church at 1:30 pm

信義教會 星期日下午

December 8: 7:00 pm Advent Vespers Service
December 24: 4:00 pm & 11:00 pm Christmas Eve Services
December 25: 10:00 am Christmas Day Service

❖ ST. MATTHEW'S EPISCOPAL CHURCH

2136 Carter at Chelmsford. 651-645-3058

Sunday, December 1: First Sunday of Advent
First lighting of the Advent Wreath
Tuesday, December 3: Information Meeting - 7:30 pm
for Anglican Heritage Tour to Scotland & England
Led by The Rev. Grant Abbott, Rector
Friday, December 13: Service of Lessons & Carols - 7:30 pm
Traditional lessons & Carols from around the World
Sunday, December 15: Welcoming of New Members
Tuesday, December 24: Christmas Eve:
Children's Pageant & Holy Eucharist - 4 pm
Carols, Piano Jazz, Bells & Choral Eucharist - 10 pm
Wednesday, December 25: Christmas Day:
Holy Eucharist, Rite 1, with carols - 11 am

Sunday Services:

8:00 am Holy Eucharist, Rt. I
10:30 am Holy Eucharist, Rt. II
4:00 pm Prospect Hill Friends' Meetings
Wednesdays: 10:00 am, Communion, Chapel
6:30 pm, Evening Prayer, Chapel
(All baptized Christians are invited to receive communion with us and no person
seeking a deeper relationship with God in Christ will be turned away from
our Lord's table.)

Ministers of the Church: All the baptized members
Clergy Who Support the Ministers: The Rev. Grant Abbott, Rector, and the
Rev. Lyn Lawyer, Deacon

❖ WARRENDALE PRESBYTERIAN CHURCH

1040 Como Ave. at Oxford. 651-489-6054
One block east of Lexington Parkway
Rev. Timothy Held, Minister
Sunday School: 9:30 am, Worship: 10:45 am

