Billboard owners gain upper hand against city

2000 City Council decision leaves St. Paul vulnerable to lawsuits

by Susan Conner

Recent court rulings have made it clear that St. Paul's ability to control advertising signs is severely compromised by a 2000 City Council decision to exempt the downtown Xcel Center from the city's sign ordinance.

Delite Advertising has successfully challenged city restrictions on several of its billboards, including one at Vandalia and 1-94. According to Ward 4 City Councilmember Jay Benav, Delite's success can be traced to the City Council's action in granting the Minnesota Wild an exemption to an otherwise restrictive sign ordinance passed two years ago.

"I wanted my colleagues on the Council that this decision would come back to haunt us," said Benav. "That's why I couldn't vote for the exemption."

The Xcel Center, which opened in 2000, is owned by the city but is on a 25-year lease to the Minnesota Wild. The city borrowed $130 million in order to build it. Part of the lease agreement includes the provision that the Wild may use outdoor advertising signs on the building. The Wild get the revenue from this advertising and use it to help pay rent, which the city applies to in $130 million debt.

At the same time the city was working on plans to bring the Wild to St. Paul, it was drafting a new sign ordinance. The final ordinance includes a clause that exempts the Wild's exterior advertising signs from restrictions that would apply to such signs elsewhere in the city.

Several of their requests were granted, the variance for the Vandalia billboard among them (Court File No. CG-01-4824).

On February 6, 2002, at a closed session of the City Council, City Attorney Frank Villsame presented the results of Judge Van de North's ruling at that meeting, the Council decided not to appeal the ruling. According to Councilmembers Benav and Kathy Lantry, the vote was 4-2, with Benav and Lantry in the minority. There is no official record of this vote because it was taken at a closed meeting.

As a result of Van de North's ruling, there have already been variances granted for increased height and size—and even new advertising—that contradict the intentions of St. Paul's ordinance and special sign districts.

Why did the Council decide not to appeal the ruling that granted Delite's request for these variances? A similar situation in federal court resulted in a different ruling more favorable to the city.

According to Benav, "The attorney was concerned that we would lose on (Delite's) equal protection claim."

One of the issues in Delite's suit was a constitutional challenge. They claimed that the city "has violated its rights to equal protection and due process under the Minnesota Constitution by allowing advertising signs on professional sports facilities while prohibiting all other billboards in the city." (Court File No. CG-01-4824).

Judge Van de North wrote that "the record is not sufficiently developed for the court to resolve these issues."

This response by the court to Delite's constitutional challenge for equal protection left open the possibility that if the City Council chose to appeal the ruling, the city might lose on the equal protection issue. Benav thought they should pursue an appeal anyway.

"Sure we might lose, but we might win," he said.

Without a decision on this issue, a denial by St. Paul of a request for new advertising signs anywhere in the city faces the threat of additional constitutional challenges to its sign ordinance, according to Benav.

"By refusing to challenge Delite's equal protection claim, we let the cow out of the barn," he said. "This makes our ordinance completely useless."

SAP Association to page 20

Members of the St. Anthony Park Touch Rugby club engage in some spirited competition on a recent Wednesday evening at Murray Field.

Local players discover rugby can be a touching experience

by James Basch

Anyone wishing to supplement their evening bicycling, rollerblading or power-walking might want to contact Brady Flower of the St. Anthony Park-Touch Rugby Club.

"It's a fast-moving, dynamic game that encourages fitness."

Brady Flower

Highway 280 and Como Avenue. "Murray Field has been key to keeping the club going," Flower said. "People come from as far away as Burnsville, Apple Valley—all over the Twin Cities."

The club collects no dues or fees from its members, and aside from the oval rugby ball and pliable orange cones to mark the sidelines and scorelines, the game requires no expensive equipment or storage.

Touch Rugby to page 14
Copperfield Chimney Sweeps:
- Premium chimney cleaning & repair
- Caps & screens
- Safety inspection
- Certified Fire Safety Technician

10% OFF!

WITH THIS AD

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612-379-0107

CITY FILES

St. Anthony Park Home Sales
2002 Real Estate Update
First Six Months

<table>
<thead>
<tr>
<th>2002</th>
<th>2001</th>
</tr>
</thead>
<tbody>
<tr>
<td>Number of Houses That Sold</td>
<td>11</td>
</tr>
<tr>
<td>Lowest house Price</td>
<td>$150,000</td>
</tr>
<tr>
<td>Highest House Price</td>
<td>$428,000</td>
</tr>
<tr>
<td>Average House Price</td>
<td>$235,751</td>
</tr>
<tr>
<td>Average Market Time</td>
<td>15 Days</td>
</tr>
</tbody>
</table>

The average sale price was 2% above the asking price. Five homes sold for at the asking price. Three sold below, and three sold above the asking price.

The first 6 months of 2001, the average sale price was 2.2% above the asking price.

Both years’ figures exclude condominium and town house sales. Please call us if we can be of any assistance to you.

The Spars
Phone: 651-659-6383 peggy@mahouses.com
Gary: 651-659-6304 gary@mahouses.com
Peter: 651-659-6368 peter@mahouses.com

Edina Realty

St. Anthony Park Buckthorn Roundup Participation Form
I am a resident of the St. Anthony Park neighborhood and I want to participate in this year’s buckthorn roundup. Enclosed is my check for $ to cover the partial cost of pickup of my brush as noted below.

Make your check payable to the St. Anthony Park Garden Club.

NAME:
(Please print)
ADDRESS:
ZIP CODE:

CITY:

I will have my buckthorn cut, stacked and ready for pickup on Saturday October 12th.

1. I understand I will receive a letter explaining how to prepare it for pickup.

2. I need assistance in the cutting/loading/stacking of buckthorn on my property.

3. I can volunteer to assist others with cutting/loading/stacking buckthorn.

I’m not sure if I have buckthorn, mulberry or honeysuckle on my property. I would like to have my property checked. Please call me to schedule a time for a visit.

Quantity of buckthorn to be picked up:

- Up to 3 smaller shrubs or 1 small tree (less than 1.2 feet)
- 4 to 10 small shrubs or 2 small trees
- 50 ft. hedge or more than 10 shrubs, or 5 small trees
- I have a large quantity of buckthorn to be removed, contact me for a yard visit so that a rate can be determined.

Participation forms must be postmarked no later than October 5th to allow time to arrange for no parking signs and schedule the pickup. If you need assistance, your form must be postmarked no later than September 30th.

Check and form to:
SAP Garden Club, Buckthorn Roundup, P.O. Box 8135, Como Station, St. Paul, MN 55108

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Anodyne soothes artists and audiences
Local arts organization nurtures fledgling artists
by Amy Causton

St. Anthony Park has an embarrassment of artistic riches: the area is well known for its strong and diverse artistic community. But no other arts organization is quite like Anodyne Artist Company, located at 825 Carlson Street.

Anodyne, which takes its name from a Greek word meaning "to heal" or "to soothe," was founded in 1999 as an inclusive arts company whose goal is to foster artists through mentoring, education, and provision of studio, rehearsal and performance space.

The company consists of 27 developing artists along with 22 established ones. Some of these artists are people labeled "disabled" due to mental or physical disabilities. But at Anodyne they are welcomed and nurtured.

Fledgling artists can take classes in visual and performing arts, use the large studio and rehearsal spaces to work on their projects, and draw on the invaluable asset of a supportive community of artists. As Mary Pendergast, Anodyne's executive artistic director, points out, "Time for conversing and philosophizing is very important for new artists."

Pendergast says that Anodyne faces many of the same challenges that confront any arts organization: raising money, scheduling rehearsal space, securing rights. But as an inclusive organization, they also have the challenge of working with a wide range of artists and "understanding how different people learn differently," says Pendergast. "But that's a fun challenge."

Anodyne hopes to foster artists so they can eventually move on, by providing them with skills both in creating their art and connecting it with an audience. For some artists, especially those dealing with disabilities, finding an audience can be a struggle. Pendergast describes an artist with a mental illness who was always late for rehearsals due to her illness, and as a result had gone through several theatrical companies.

"We work with some artists who want to develop their technique and move into the mainstream," Pendergast says. "Others want to do their art but have run out of places to do it."

To help bring artists and audiences together, Anodyne has a Studio Art Shop where artists can sell their work. The shop includes a wide variety of pieces, including ceramics, sculpture, painting and textile art.

In addition, Anodyne stages productions like last year's "Treasured Alliances," and has a "Third Thursdays" program where Anodyne artists as well as other artists perform at 7:30 p.m. on the third Thursday of the month.

Currently, the company is working on a series of one-act plays, including "The Actor's Nightmare" and "Gate III," which will open October 5, and a production called "Feats of Feet," which will probably open next spring.

Notice to Gas Company Customers
Call if your Furnace is 20 years or older
651-766-6763

Home Energy Center is looking for Xcel Energy customers who 1) are thinking about replacing their old furnace or 2) want central air conditioning. You will receive up to $850 for participating in this program. Call for details.

You will receive:
- Up to $450 cash from utilities
- Up to $400 cash on selected models
- Up to $600 guaranteed energy savings
- Up to $750 installation savings
- 100% financing with 0 down and low monthly terms, oac

To qualify you must:
- Be an Xcel Energy residential customer
- Reside in our service area
- Install a qualifying model
- Arrange for an immediate installation

651-766-6763
@ Home Energy Center 2002
Getting ourselves back to the garden

We are stewards, we are gardeners. We are ten-billion-year-old carbon.
And we got to get ourselves back to the garden.

"Woodstock" by Crosby, Stills, Nash and Young

The biblical drama moves from a garden to a city, from Eden to the New Jerusalem. One need not be a hardened skeptic to wonder if that development represents progress.

The garden can symbolize innocence, as Eden and Woodstock. For urbanites, it can be a refuge or buffer—from noise, from buildings, from asphalt and concrete—and a connection to an otherwise distant natural realm.

But a garden is not Nature; instead, it bears the stamp of human nature, reflected in a penchant for order, symmetry, arrangement, pattern. Though gardens vary in size, shape and contents, they have one thing in common: they are planted. The beans grow next to the carrots, the pansies next to the snapdragons. A place for everything and everything in its place.

Determining something’s place may be guided by more than the individual gardener’s whim. A Japanese garden, for example, conforms to age-old conventions. But in America, we usually expect a garden to reflect the owner’s personality. Each gardener profiled in this issue sees her garden as some kind of extension of herself.

Gardens, like gardeners, can be spontaneous or planned, linear or non-linear, replete with bordered stone walls or as random as a jumble.

But expressing one’s personality is an enterprise beset with restrictions. Among the many lessons learned in the garden, perhaps none is more strongly instilled than the necessity of working with limitations. What will grow in this climate and soil with this amount of sun and shade? You may believe in the depths of your being that this being requires the mud you, but if your being doesn’t get any direct sun, they’ll never bloom. Just as much as we learn to live with something other than our dream job, dream house or dream mate, too we learn to make do with less than our dream garden.

It’s been said that there are two kinds of people in the world: those who divide the world into two kinds of things, and those who don’t. Dualism is a compelling principle. It might be observed, for example, that there are two kinds of gardens in the world: vegetable and flower—utilitarian and aesthetic.

The distinction is not absolute. A vegetable garden may include a border of marigolds to keep out rabbits. A flower garden may sport the occasional herb. But by and large, flower and vegetable gardeners are two distinct subgroups through the two may share a love of the soil, they often don’t have much to talk about.

Another convenient distinction in the gardening world is public vs. private. The gardens profiled in this issue are all visible from the street or sidewalk. While the idea of a secret garden is an enduring fascination, the public garden provides a closer link to the glories of Nature, which are freely accessible to all. A garden is a gift we give ourselves and each other.

Library landscaping winds up

The landscaping project at the library is almost complete, and the St. Anthony Park Library Association is very happy with its progress, all the plants have been planted and becoming established. We are getting a replacement for the blind brick pavers on the 1200 Carter Avenue boulevard. All eight benches have been funded by or in honor of neighborhood residents. All we see many people using the four benches that are already in.

The St. Anthony Library Association has added a bike and stroller path up to the bike racks from the Carter Avenue sidewalk. The base of the path has been laid, and we hope to have the brick pavers laid on it in November. We even have a volunteer group that needs every Monday morning (snowmen welcome).

We are still selling engraved brick pavers, and have extended our deadline to September 15.

We still need the contributions, and hope that more of you who want to see a brick in the library with your name on it.

Contribution cards are available in the library, right above the check-out desk. We have terrific support for this landscaping project; just a few more bricks will complete it.

In a year or two when the work is complete and the plants have filled out, we will have a garden that truly complements our beautiful library, thanks to our library supporters.

Mary Griffin
St. Anthony Park Library Association

Booster Club needs new blood

I am writing to inform the St. Anthony Park community of the Langford Park Booster Club’s annual meeting on September 18 at 7 p.m. in the Park Rec Center.

The Booster Club’s monthly meetings are always open to the public, but the annual meeting provides an opportunity to nominate and elect board members, as well as discuss needs and plans for the coming year.

Recent annual meetings have been marked by poor attendance, which has obliged the board to essentially hand pick new members by asking friends and others involved at the Rec Center to serve. This is in violation of Booster Club by-laws and also potentially denies broad community representation.

The Booster Club supports the organization of sports in the city recreational leagues as well as other activities such as cooking, babysitting and martial arts classes. Fourth of July activities such as the food booth and pony rides, and equipment improvements such as the tennis courts and playground. It’s a far-reaching organization that needs your ideas, skills and energy.

You don’t need to have children enrolled at Langford to participate. Many people help support our activities by volunteering to coach or to assist with tournaments, the ice rink or the Fourth of July. If you are interested in kids and community and have one Wednesday evening a night free, please consider a nomination to the Booster Club board. In any event, please try to attend the annual meeting to find out how you can participate in Langford Park activities throughout the year. Lemondaze and cookies will be served.

David Lee
Outgoing Booster Club president

The Bugle is on the move

On September 2, the Bugle office was in its current location in the Healy Building, 2301 Como Avenue, to the State Farm Insurance/Renax Realty building at 2190 Como.

Phone: (651-5369) and fax (651-0159) numbers will stay the same, as will the mailing address (Box 8126, St. Paul 55108). However, the drop box will move to the new location. It will be on the Keats Place side of the building.

Andoneye from page 3

Pendygrasse notes that there is a rising "outsider" arts movement that seeks to develop and work with artists whose voices have not been heard before. "Students and contingent artists call "untrained artists" that have a wonderful technique and rhythm with their own "tick." Still, it can be difficult for talented artists, especially those with disability labels, to connect with the public. For them, there is Andoneye. Pendygrasse notes that Andoneye's goal for the future is "to continue supporting artists in developing their own means and ways within the arts community, and to have a platform for artists to spring from."

As she puts it, "We’re here for the community, and for the synergy that people create as a whole."

Andoneye Artists Company is located at 825 Carleton Street, between Charles and Territorial Avenues. Hours are 8 a.m.-4 p.m. Monday through Friday, and 8 a.m.-8 p.m. Tuesday and Thursday. The Studio Art Shop is open for browsing during these hours.

Let’s debate a question

Daily we are told that the United States government is planning to dramatically escalate the bombing of Iraq, which has been going on for more than 10 years. Many of us believe this attack will not only be cruel but unwarranted.

There has been no Iraqi attack on the United States and no public evidence that can link Iraq to the events of September 11.

Such a war will likely result in the deaths of thousands of innocent civilians and cause immense suffering to a population already devastated by war and nearly 20 years of the most pervasive sanctions ever placed on a country in this century.

A war could also result in the deaths of thousands of American soldiers. It would cost tens of billions of our tax dollars and would further erode support for domestic social programs that are still needed.

It is up to us, the people of this country, to demand of our Congress an open debate about the war in Iraq before it becomes a reality.

Shelly Sherman
St. Anthony Park

Correction

A transcription error created confusion in last month’s letter from Cindy Schrieve. To clarify, both of the herbicides Round-up and Rodeo contain the chemical glyphosate, but Rodeo does not contain a surfactant.

The Bugle regrets the error.

Contributions

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Bob & Adrienne Banks
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The Park Bugle is funded by Anthony Park Landlord, Forked Islands and Northwest Como Park. The Bugle reports and analyzes community news and provides the exchange of ideas and opinion in that community. The Bugle strives to promote freedom of expression, enhance the quality of life in the neighborhood communities and encourage community participation.

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Birthday that end in zero can do strange things to people. For Lynnette Hansen, turning 50 was
the impetus to volunteer as a teacher with the Global Language Villages, a decision that resulted in
another visit to Kunming, China this summer.
"I’d been toyin’ with the idea of going to China for two or
three years," says Hansen, a lifelong resident of St. Anthony Park.
"When I turned 50 recently, I thought, ‘This is it.
I’m gonna do it.’"
Joining Hansen in Kunming during July and August were two
former classmates of hers, Lynda Halverson Edne of Wymbectomy,
Texas, and Denise Bailey of Shoreview. The three women
went to school together from kindergarten at St. Anthony Park.
Elementary through 12th grade at Murray High School.
"Once I decided to go," says
Hansen, "I sent a letter to a bunch of my friends, recruiting
teachers for our group. When Denise got the letter, she called
Lynda, and they both decided to join me.
"
Hansen had learned about the
Global Language Villages, which
is operated by Concordia
Language Villages of Concordia
College in Moorhead, through another friend, Beth Haukoeb, who
was the director of the program
Hansen, Edne and Bailey called Concordia
Language Villages founded
by Haukoeb’s father, Dr. Gerhard
Haukoeb, over 40 years ago, and
Global Language Villages began
in 1997.
In five years, GLV has grown
from one village and 80 students to 12 villages and
2400 students.
The program trains a Chinese
volunteer teacher with a visiting
teacher and assistant. Students age 8-18 practice speaking and listening to
English. This year, GLV
maintained 12 villages in 11
Chinese cities.

Hansen, Edne and Bailey

"I noticed a real spirit of cooperation and equality
between adults and children. In the U.S., it seems like
we’re easily bugged by kids. I didn’t see much of that in
China."
—Lynnette Hansen

GLV volunteers don’t need a
Teaching Chinese to page 8

"At the end of a ‘No Talent Show’ put on by the teachers, students in the
Kuming Global Language Villages class were invited on stage to join
in singing ‘YMCA.’"

"I noticed a real spirit of cooperation and equality
between adults and children. In the U.S., it seems like
we’re easily bugged by kids. I didn’t see much of that in
China."
—Lynnette Hansen

GLV volunteers don’t need a
teaching certificate. However,
they must be interested in
students and have some
flexible, stresses Hansen.
"You need to be able to

think on your feet, shoot from
the hip and go with the flow," she
says. "And above all, you learn to make do with what you have."

GLV’s language classes have a
curriculum that volunteers
receive ahead of time, but they’re
free to adapt it however they
want—or even ignore it, altogether in favor of their own

lessons plans.

Hansen and
Haukoeb brought teaching
materials with them, but because
they didn’t know anything about
the students ahead of time, they

At the end of a "No Talent Show" put on by the teachers, students in the Kunming Global Language Villages class were invited on stage to join in singing "YMCA."
Music in the Park promises memorable series
Local chamber music forum looks forward to its 24th season
by Antonie Young

The St. Anthony Park United Church of Christ's halls will soon ring again with internationally renowned chamber music, performances of classical music, operas, and concerts featuring a wide variety of music. The St. Anthony Park United Church of Christ and its sister church, Church of the Ascension, both located in the heart of the Park, host a wide variety of musical events throughout the year. The church's mission is to provide a welcoming and inclusive environment for all who wish to participate in its musical offerings. The church's program includes a variety of concerts, recitals, and performances by local and visiting musicians. The church's goal is to promote the appreciation and understanding of music, as well as to provide a space for people to come together and share their love of music. The church's musical offerings include a variety of styles, from classical to contemporary, and are open to all who wish to participate. 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Teaching in China from page 5

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Although GLV’s official age range is 8-18, the Kunming site had some younger and older students. Hansen ended up working with the youngest children.

“They picked up things the quickest,” she says. “Within no time, they were using my slugs in the evening, the older students who had homework studied by candle light.”

Other things struck her as well. “I noticed a real spirit of cooperation and equality between adults and children. In the U.S., it seems like we’re easily bugged by kids. I didn’t see much of that in China.”

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"Teaching in China from page 5"

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Lynnette Hansen, her Chinese teaching partner and their class visit the Copper Temple in Kunming, China.

and imitating my gestures.”

A GLV school day starts at 7:30 a.m. with breakfast. Teachers eat with their students because meal times provide good opportunities for speaking and listening. The morning is given over to language classes and lessons on individual U.S. states. After lunch, everyone takes a nap. In the afternoon, there are more language classes, a choice class (art, music, dance, drama, journalism) and staff meetings. Supper is followed by an activity: games, dances, movies, a carnival, talent show, Olympics.

Hansen was impressed with the students’ commitment.

“This was their vacation,” she notes. “but they still worked hard. When the power went out

learn English, the Kunming students displayed a keen interest in American culture.

“The St. Paul Saints donated some things for us to bring along. We tried to teach the kids how to play baseball, but they didn’t really get it. When someone hit the ball, the whole team wanted to run the bases,” Hansen has sent back into her life on Scudder Street. But the images of her time in China will linger for a long time. "Working in a school with friends I went to school with made the experience all the more enjoyable," she says.

For more information, contact Global Language Villages at 800-222-4750, glv@cord.edu, or visit their Web site at www.ConcordiaLanguageVillages.org.

We Invite The Neighborhood to a

Community Service of Remembrance

September 11, 2002
6:30 - 7:15 p.m.

St. Anthony Park Lutheran Church
2323 Como Avenue, Saint Paul

Co-sponsored by:
St. Anthony Park United Methodist Church
St. Anthony Park United Church of Christ
St. Matthew’s Episcopal Church
St. Anthony Park Lutheran Church

Parking Available in the Luther Seminary Parking Lot
Handicapped Accessible

For further information, please call 651-645-0371

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French Immersion School pulls up stakes for Como Park neighborhood

by Rhonda Zurn

An old joke quips that people who know two languages are bilingual and people who only know one are American. The St. Paul French Immersion School is proving that old joke wrong and hopes to give its students the last laugh.

At St. Paul French Immersion School, English-speaking elementary students learn all subjects taught in other St. Paul public schools while they learn French. All classes are taught in French, but teachers are aware that, at first, students do not understand the language.

That's why teachers ease students into understanding the new language through visual learning such as pictures, gestures and other visual cues to help students make connections between French and their native language. In third grade, students begin English language arts and English reading. By sixth grade, students are fluent in both English and French.

Students quickly learn that French is not just for the books. Young adult volunteers come to the school from around the world to share their cultures and history from places as far away as Senegal, Cameroon, Algeria and Europe. Teachers also bring the French world into the classroom through the Internet, French-speaking e-mail pals and field trips to special language camps.

"In our ever-increasing global society, it is essential that people learn other languages and cultures," said Gayle Middelcamp, curriculum coordinator at the school. "Immersion is the next best thing to actually living in another country," she added.

Academic research shows that learning more than one language stimulates brain development, encourages creative thinking, improves math skills and enhances students' English skills. Language immersion programs in the early years also have proven successful in helping students become fluent in the language and helping them achieve at high academic levels in English.

"Learning another language comes so naturally for the little kids," said Gene Galatowitch, transitional principal during the 2001-02 school year. "It's just amazing how fast they can learn."

St. Paul French Immersion School began as a pilot program in 1996-97 as the city's first and only elementary French immersion program. The French language was chosen because of its importance in our global society. After English, French is the second most frequently taught language worldwide.

French is spoken by people on five continents and is one of the official languages spoken in Canada, the United States' number one trade partner.

The French Immersion School recently relocated to its newly renovated site at 1028 Van Slyke Avenue, the old St. Andrew's school near Como Lake. Patrina Lawson was selected as the new principal for the 2002-03 school year. The school had previously shared space for six years at Highland Park Elementary School.

The additional space allows the school room to grow. More than 220 students are enrolled for the 2002-03 school year, up from 143 last year. Approximately 75 kindergarten students will provide a strong base for the school in future years.

"We're very pleased with the growth for this coming school year," Middelcamp said. "We've even heard from some parents that they moved to St. Paul just because they wanted their child to attend our school."

Along with student enrollment growth, the school's staff is expanding to keep up. The school now has about 16 teaching staff from around the world who all speak fluent French.

The school is funded in part by a federal government foreign language assistance grant. They will receive $465,000 over three years to pay for program development, staff training on language immersion methods, and French language materials and supplies. With help from the grant, a middle school French immersion program is in the beginning planning stages.

Beyond the grant's financial support, school staff agree that parent involvement is the key to the school's success. Parents have to make a long-term commitment because students see the most benefit after several years in the program. Parents also are expected to get involved in the overall academic program.

Parents don't have to know French. In fact, they are encouraged to talk to their students in English at home about the things students have learned in French at school.

"This program is for all families of all backgrounds," Galatowitch said. "No matter who you are, there's no more precious gift you can give to your children than the gift of another language."
Local gardeners express their love for gardening

Stories by Natalie Zett / Photos by Lori Hamilton

Lynn Berkeland: Just buy ‘em and stick ‘em in

A couple of years ago, Lynn Berkeland declared a vendetta against a culprit that was sapping her time, energy and money: her lawn. Berkeland, who’s lived in Lauderdale for 23 years, began replacing grass with bulbs and loved the resilient foliage, not to mention freedom from mowing. The following year, Berkeland, who was convalescing from major surgery, continued her campaign. “For six weeks, I had to keep my foot elevated above my heart. I sat at home, passing the time reading garden catalogs, among other things. One day, I hobbled over to the computer—keeping my foot above my heart the whole time—logged onto a garden catalog Website and ordered flower bulbs. Well, when you order bulbs, the companies send you free ones. When the UPS guy arrived, he could barely lift the package. It must have weighed over 100 pounds! My husband and I planted around 300 bulbs. In the spring it was beautiful. We had tulips, daffodils, crocuses and iris.” Berkeland’s gardening methodology is simple: “I just buy plants and stick them in. If I don’t like them, I take them out. I really don’t know anything about plants; I don’t even know their names. That’s why I have labels on everything.”

and plants, including a cactus and an oversized pumpkin. “That’s Ortiz,” she said, pointing to the enormous orange-yellow orb. “I named her after David Ortiz of the Minnesota Twins. He’s a big guy and she’s a big girl. My goal is to get that pumpkin as big as possible!”

The Berkelands, who share their home with two of their three grown children and three large dogs, also never use chemicals in their yard. “We believe if some animal wants to come and eat something up, we can share,” she said.

The animals have also returned their kindness. Last year, squirrels “planted” pumpkins in their front yard. “We just let them grow,” said Berkeland. “At the end of the season, we had about 30 pumpkins, and we just tinned them up. This year I decided to plant my own, and that’s how I got Ortiz!”

Berkeland, who has eradicated any remaining vestiges of lawn, gives a final word of advice. “If you like something—colors, types of plants and so on—and they

Jan Shofer Sedgwick: Gardening as an art form

Jan Shofer Sedgwick’s front yard is a thoughtfully, lovely array of shapes and colors—from the curving sidewalks and decorative windmill to the small bubbling fountain and purple Echinacea flowers. It’s no surprise that her background is art. “I studied art for six years,” Sedgwick said. “Metals, such as silver, gold and copper, as well as fibers.”

She also designs hats. “I have two hats in the permanent collection at the Minnesota Historical Society,” she noted. “I also have a photo in their book, ‘Minnesota Collectors.’” Another perk was having Lola Perchick commission me to do lampshades for the governor’s mansion when she was renovating it.”

For Sedgwick, yard design is similar to the other art forms she works in. “It’s about shape as well as color. It’s working with space,” she said.

Sedgwick’s talents are also reflected in her volunteer activities. She’s a member of the St. Anthony Park Community Council’s Physical Planning Committee, serves on the Ritual Environment Committee at the Church of St. Luke and volunteers at the Minneapolis Institute of Arts. In addition, she and her husband, Jerry, are busy raising their two boys, age 9 and 14—and tending their gardens.

“We keep adding things,” said Sedgwick. “The apple and cherry
trees are an homage to Michigan, where Jerry is from.
When asked about the future of the canvas known as her yard, Sedgewick said, "I'm fascinated with topiary (forming plants into shapes, such as animals). I recently became interested in fruit images, such as bears, that I might like to include. The trick is you have to prune the plants while they grow, but even in the winter, they have shape. That attracts birds and other animals, too. We'll see what happens."

Lon Shapiro:
A garden of one's own

Lon Shapiro was inspired by her daughter's bat mitzvah over 10 years ago to create her first garden. It was May and she wanted to do something, but the native San Francisco resident and novice gardener wasn't sure where to begin.

"I knew so little about gardening. I didn't even know what I liked, so I dug up some day lilies—those flowers you see on the road—and replanted them." She soon became an avid gardener, constantly learning and continually planting.

By the time Shapiro moved to St. Anthony Park in 1995, her three children were grown and her marriage had ended—and it was time to plant a new garden. She evaluated the land around her new home and slowly began renovating.

"I was moved by the book, 'A Pattern Language.' It's about making livable spaces—it's a vocabulary of space. I wanted to place myself, my garden, where I would meet my neighbors. I wanted to create something beautiful, not just for me but so others could enjoy it."

Armed with bulbs and garden implements—and a camera to record the transformation—Shapiro began reworking the space around her home.

"I also started harvesting rocks to use in terracing my yard. I would go by construction sites and ask if I could have the rocks. I learned you have to be careful about that, because you can really destroy the shrubs in your cat!"

Minnesota has given Shapiro a keen awareness of the change of seasons. "You don't have that in California, where it's 70 degrees all the time. Here, it's visceral. I feel signs of spring in January."

Shapiro's garden has also given her an abundance from which to share. "I find that my garden makes it easy for me to be generous," she said. "I have more flowers than I know what to do with. Although I don't like picking them for myself, I love taking a bouquet with me when I go someplace."

Shapiro is philosophical about gardening in Minnesota. "When you plant a garden in this climate, it's a supreme act of faith that it will come up and you'll be there to enjoy it. For me, it's not a project, it's meditation."


**Registration for Fall Soccer**

will continue until teams are full. **Langford/SSA** welcome all boys and girls ages 5-14 to come down or call 612-298-8765 to register.

A field trip has been planned for **Horse Back Riding** at Diamond T Ranch in Eagan. It is scheduled for September 25 from 3:30 p.m. - 7:30 p.m., at a cost of $25 per person which includes admission, bus, and lunch. Call 651-298-5765 or stop in and see Emily Blodgett and Hal Holtcamp.

The Langford Park Booster Club serves to organize, promote and sponsor recreational, athletic, social and civic activities for the benefit, enjoyment and advancement, especially for the young people of the St. Anthony Park community.

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**Art Events**

The Goldstein Gallery presents "From Head to Toe: The Finishing Touch," an exhibition of over 600 pieces of women's fashion accessories from 1800-1960. An opening reception will be held Sunday, September 8 from 1:30-4:30 p.m.

The Goldstein is located at the University of Minnesota's St. Paul campus, 244 McNear Hall, 1985 Buford Avenue. Gallery hours are M-F, 10 a.m.-4 p.m. (Th. until 8 p.m.), Sa. and Su. 1:30-4:30 p.m. For more information, call 612-624-7434.

The Undercroft Gallery's first exhibition of the 2002-03 season opens Sunday, September 8. The theme of the exhibition is food. Participating artists have all previously exhibited at the Undercroft.

At noon on September 8, prizes will be awarded. Winners will be selected by Alyson Tarnowie, general manager, and David Robinson, executive chef, from Muffuletta Restaurant.

The Undercroft Gallery is in St. Matthew's Episcopal Church, 2136 Carter Avenue. For more information, call 654-3958.

On Sunday, September 15 at 7 p.m. the Noeldap Male Choir will present a concert at Luther Seminary's Chapel of the Incarnation, Olson Campus Center, 1490 Fulham Street. Established in 1909, the 45-voice Noeldap Male Choir performs Scandinavian and American music sung in English, Norwegian and Swedish. The event is free and open to the public. For more information, call 611-3451.

On September 21 and 22 at 7:30 p.m., St. Anthony Park resident Jerry Sedgwick will present a multimedia performance entitled "Raw Cad" at the St. Paul Student Union Theater, 2017 Buford Avenue.

"Raw Cad" includes commentary, essays, photographs, film and music. Tickets are $10 for regular admission, $7 for students. Advance tickets may be ordered at www.imbueone.com.

**Seniors**

A health and wellness forum sponsored by the Como Park Living at Home Block Nurse Program and Lyngblomsten Senior Center will take place Thursday, September 5 at a 10 a.m. at Lyngblomsten, 1415 Almond Avenue.

The forum will focus on the Senior Link/Age Line, a free telephone information and assistance service that makes it easy for seniors and their families to find community services such as housing, transportation, health care and legal services.

A $1 suggested donation will be collected for coffee and doughnuts. For more information, call Joanne Kellen at 632-5335. For transportation to the forum, call Geri Ruts at 632-5330.

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**Biking**

St. Paul will host a national ProBike/Prowalk Conference September 3-6. The conference presents information on enhancing opportunities for walking and biking in urban communities.

On September 3, the National Conference of Pedestrian Advocates takes place at the Radisson Riverfront. Registration is $50. To register, visit www.america-walks.com/congress/details/index.htm. Pre- and post-conference training will be offered by the Association of Pedestrian and Bicycle Professionals. Register at www.upb.org/mnrg.

Two free events will take place on September 6 and 7. On September 6 from 3-5 p.m. at the Radisson Riverfront, Transit for Livable Communities and the Center for Neighborhoods will co-sponsor a panel presentation showcasing innovative ideas for street design, enforcement strategies and funding mechanisms to make streets more inviting and safe for pedestrians and bikes.

On September 7 from 10 a.m.-noon at the Landmark Center Auditorium, David Engwicht and Paul Osborne will discuss traffic calming and redlining, as well as how to encourage children to walk or bike to school.

To RSVP, contact Becky Clowens at the Center for Neighborhoods, 612-339-3480 or beckyacht@mn.rr.com.

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**St. Anthony Park Community Council NEWS**

**NW St. Paul HandyWorks**

A NEIGHBORHOOD SENIOR CHOICE PROGRAM

HELPING OLDER ADULTS AND PEOPLE WITH DISABILITIES WITH CHOICE & HOME MAINTENANCE SERVICES.

YES IT WILL BE FALL SOON, AND LEAVES WILL BE ON THE ARMS AGAIN SO WE'RE CLEANING UP FOR THE VOLUNTEER RACING OF LEAVES.

IF YOU ARE INTERESTED IN HAVING A VOLUNTEER GROUP COME TO YOUR HOME, ALL YOU NEED TO DO IS CALL ANGEL AT 651-649-5984 BEFORE TUESDAY, OCTOBER 1ST. FIRST COME, FIRST SERVED.

ALL YOU PROVIDE FOR THE VOLUNTEER RACING ARE THE LEAVES. A MOWER WILL COME OUT IN NOV-OCTOBER TO REMOVE THE LEAVES OR USE THE SERVICES.

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THIS PROJECT IS MADE POSSIBLE IN PART THROUGH A GRANT FROM THE METROPOLITAN AREA AGENCY ON AGING CO-SPONSORED BY THE GREATER MINNEAPOLIS COUNTY OF COUNCILS.

Council-sponsored meetings are listed each month in the Budge Community Calendar (see page 16). Everyone is welcome!

Office: 890 Cromwell, St. Paul, MN 55114 • voice: 651-649-5992 • fax: 651-649-5993 • e-mail: district12@clstpia.mn.org

Executive Director: Melissa Doth 651-649-5984

Board of Directors: Chris Cosey, Ron Cluck, Sherman Eagles, Suzanne Garfield, Terry Gockman, Florine Gergo, Jay Johnson, Bruce Kimmie, Paul Kirkjgaard, Deborah Kustrin, Mike Phillips, Connie Powel, Jan Regan, Jim Sedgwick, and Don Blyer.

Alternate: Ray Byrer, Victor Hanson, Jan Mortlock, Nate Tracy

This space paid for by the St. Anthony Park Community Council
The Saint Paul Classic Bike Tour takes place Sunday, September 15. Check-in begins at 7 a.m. Riders must get started by 9:30 a.m. Riders choose either a 15-mile or 31-mile route, both of which depart from the University of St. Thomas, Cretin and Summit Avenues.

The ride features refreshments and entertainment at various rest stops along the way. Performers include Charlie Maguire, NUBE, Iris Williams, Machinery Hill, Winakau, the Middle Spark Creek Boys, Mark Stillman and Caryll Paul, and the Calypso Monarchs. Riders must register by August 31. Register on-line at www.activ.com, or print copies of a mail-in form available at www.sqpc.org.

**Gibbs Museum**

The Gibbs Museum of Pioneer and Dakota Life offers day camps for children entering grades 4-6. Camps run from 9 a.m.-3:30 p.m. on September 7 and 14. The cost is $15.

The camp will focus on the seasonal lifestyles, gender roles, crafts, language and daily activities of the Santee Dakota.

For information, call 666-8629.

**Benefits**

St. Anthony Park Lutheran Church is hosting a Coffee House at 7 p.m. on September 13 and 14 to benefit local poverty projects such as Daily Work and Project Home. The events take place in the old Taste of Scandinavia space at Milton Square.

Musical entertainment will include Three Men and Banjo, Katherine Eklund (jazz flute), Craig and Nancy Koester (early American sacred shape-note music) and original tunes by pastor Glenn Berg-Moborg.

Family Support Network sponsors “Walk for Children” Saturday, September 14 at the Como Park Lakeside Pavilion. Registration begins at 9 a.m., along with entertainment by the Teddy Bear Band. The walk starts at 10:15 a.m.

Money raised from the walk will go to preventing child abuse and neglect by promoting positive parenting and healthy families. Registration is $5 per person and $15 for teams of 8-15 people. In addition, participants are encouraged to solicit pledges. Children 12 and under walk free.

For information, call 1-800-CHILDREN or e-mail walkforkids@family-support.org.

Kat Daze Festival, a family-oriented event to benefit Feline Rescue, Inc., will take place Sunday, September 16 from noon-5 p.m. at the South St. Anthony Rec Center, 890 Cromwell Avenue.

The festival will include cat-related product vendors, cat and kitten adoption information, educational products and workshops, children’s activities and refreshments.

Feline Rescue is a no-kill cat shelter and adoption facility. For more information, call 642-5900.

**Contest**

1000 Friends of Minnesota, a nonprofit organization, is sponsoring a writing contest called “Voices for the City.” This essay contest is open to all who value some aspect of city living.

The published collection of essays will celebrate those experiences, places and things that give cities their unique sense of place. Essays should be no longer than 400 words.

Submit entries by October 14 to 1000 Friends of Minnesota, 370 Silby Avenue, Suite 300, St. Paul 55102 or bdocreasel@1000fsm.org.

**Nordcap Male Chorus**

Free concert of Scandinavian and American songs Sunday, Sept. 15, 7 p.m. Chapel of the Incarnation 1490 Fullham St., St. Paul

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Touch Rugby from page 1

space. Players need only a good pair of athletic shoes or classes to get started. And with a reason that runs through early October, there is still plenty of time to get involved.

"Players have a variety of skill levels. We're very supportive in terms of helping folks do their first few times out," Flower said. Touch rugby evolved from a training game invented by Australian rugby players during the 1950s. Originally called touch football, the game has also been played by children and in teams at recess, and by people wishing to play rugby without the risk of injuries due to tackles and scrums.

The first officially recognized competition took place in 1978, and with the formation of the Federation of International Touch in 1986, the game started gaining global attention.

Today, touch rugby is one of the fastest growing sports, largely due to influence from Australia, New Zealand and the Pacific Islands. Internationally, the growth of the game in women's and mixed touch exceeds growth in any other sport. Spectators and players can find games for men, women's and mixed divisions.

Despite its accessibility, only a handful of touch clubs exist in the United States. They can be found in Philadelphia, Hawaii, San Diego, Dallas, Houston, Austin, Portland, Las Vegas and Washington, D.C. The St. Anthony Park club, which started five years ago, is one of this country's oldest.

According to Flower, one possible reason for the game's relative obscurity in the United States is that it's a non-tackling sport for most Americans.

"Sports like football and basketball are intuitive in the U.S. because kids have grown up playing them," said Flower. "In football, for example, players try to evade a tackle, but this strategy might be detrimental in touch rugby. Sometimes it's better to take the touch, sacrifice the down and gain the five minutes and the five meters."

The game of touch is split into "halves" that last approximately 20 minutes apiece. A short break follows each half, and a typical informal game may contain up to five halves, depending on the weather and the stamina of the players.

The object of the game is to score or prevent touchdowns, as in football. Six downs, or "ouches," occur before possession of the ball goes from the attacking to the defending team.

Play commences with a tap. There then they be passed, knocked or batted between any player that the attacking team in attempts to gain possession of the ball from the defending team.

A player in possession may pass, fumble, throw or otherwise deliver the ball to any other player, touch the attacking team, or leave the attacking team, providing the ball moves laterally, not forward toward the goal line. Touching the ball carrier or the ball itself is done by a defending player or by the player in possession.

If neither team scores, or if both teams score the same number of touchdowns, overtime can be played, or a simple coin toss may decide the winner.

The majority of the St. Anthony Park club's 50 or so members are in their 20s and 30s. Venezuelan and Australian exchange students add an international perspective. And though the official number is seven players to a side, Flower's club can't always muster that number because of the members' varied schedules.

"Sometimes we play four on four, or five on five, in which case we make the field narrower," he said.

When more than 14 show up to play, substitutions are used, and some players voluntarily sit on the sidelines if they need a break. Since the sport is relatively easy to learn and play, it can be deceptively demanding on the athlete accustomed to aerobic conditioning.

"We're constantly moving and running, and there are no breaks between downs," Flower said. "We're competitive, but not overly competitive."

He suggests bringing bottled water to stay hydrated, especially in warmer weather, because games can last for more than two hours.

As for the winter months, plans are in the works to continue touch rugby year-round. The club is actively seeking sponsors in order to be able to rent space at an athletic club during snow season.

Still, the game may go on outdoors despite the arrival of inclement weather. Flower says he'd like to organize a game of snow touch rugby, players willing.

For more information, contact Brady Flower at 612-396-8572 or bradyflower@mn.com.

Official rules provided by the Australian Touch Association can be accessed on-line at www.austouch.com.au.
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OCT. 13 AMATI STRING QUARTET
4 PM

NOV. 10 KIM KASHKAISHAN, viola
4 PM ROBERT LEVIN, piano

NOV. 24 CARTER BREY, cello
4 PM CHRISTOPHER O’RILEY, piano

FEB. 9 SHANGHAI STRING QUARTET
4 PM

MARCH 2 PARIS PIANO TRIO
4 PM with Sharon Mae, French horn

MARCH 30 REBEL ENSEMBLE
7 PM with Curtis Streetman, bass

MAY 4 A CELEBRATION OF MINNESOTA
7 PM COMPOSERS & MUSICIANS

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5 PM

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Music in the Park Series Early Bird Special: Become a 2002-03 Subscriber by Sept. 15 & Save Seven-Concert Series: $90 ($59 after 9/15)
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*Butch Thompson: $25

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It’s no secret that exercise and a healthy diet are the most important ways to keep your ticker ticking. A diet high in fruits, vegetables and whole grains—and low in salt, fats and refined sugars and starches—is essential to a healthy circulatory system.

Eating healthier can be easy. For example, three tablespoons of olive oil daily lowers systemic blood pressure 9 points and diastolic blood pressure 6 points. Mix your own salad dressing with vinegar and oil, and use oil rather than butter or lard to sauté vegetables. Use of soy products has also been shown to reduce risk of heart disease. munch on soybeans rather than nuts, and use tofu in your stir-fry.

Exercise

There is no excuse not to exercise. You say you don't have time? Spend the same amount of time in exercise every day that you spend on hair and makeup (women) or shaving (men). Surely your health is as important as your appearance! And the excuse of limited mobility won't wash either. It teaches a chair exercise class in the community and have had class members in wheelchairs or using walkers.

There is an exercise regime for everyone. Check with your health care provider before starting a vigorous exercise program if you have any significant health concerns.

The best way to exercise is to find a routine you enjoy, whether it's a sport, chair exercise to the beat of your favorite oldies or a nightly walk along the parkway. If you need help finding the right fitness program, the Black Nunn Program will be glad to suggest some. Give us a call.

As a popular ad campaign urges, "Just DO it!"

Supplements

Recent findings suggest that hormone replacement drugs for older women increase the risk of heart attack. This therapy, believed safe based on smaller studies, was implicated in a study of a much larger group of women over a longer time period.

One of the problems with new drugs and treatments is that they have not stood the test of time. However, there are natural substances that have gained the respect of the medical establishment, as well as being traditional folk remedies.

 Hawthorne extract has beneficial effects on heart muscle and arterial cells. Folic acid (500 mg daily) reduces the homocysteine level in your blood, lowering your risk of heart disease. 500 mg daily of magnesium increases heart muscle health. And flax seed contains essential fatty acids that lower blood cholesterol and triglycerides. All of these supplements are available at your community co-op or health food store.

Surviving a Heart Attack

If you suddenly experience severe chest pain radiating up to your jaw and down your arm, you may be having a heart attack. Anyone can have a heart attack, not just those with a history of heart problems. Most people are alone when they suffer a heart attack. Without help, the heart stops beating, you feel faint, and you have about 10 seconds before losing consciousness.

However, you can help yourself by coughing repeatedly and vigorously. Take a deep breath before each cough, and make the cough deep and prolonged. Repeat every two seconds until you can get help, or until you can feel your heart beating normally again.

This action simulates the action of CPR. Coughing puts regular pressure on your heart to jump-start it into a normal heartbeat rhythm. Breathing deeply increases oxygen in your circulatory system, so you are less apt to lose consciousness.

Practice this technique until it comes naturally, so it will be an automatic response if and when you need it. Tell your friends about it. You may never need it, but if you do, it could save your life!

As always, if you have ideas for topics we could cover, please contact the St. Anthony Park Black Nurse Program at 642-9052 or saphnp@stlstream.net.

Gray Matters

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General Information 651-293-8100
Appointments 952-967-5984
C A L E N D A R

2 Monday
- St. Anthony Park Lutheran Church (651-644-0800), 8 a.m. every Monday.
- Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. every Monday.

3 Tuesday
- St. Paul public schools in session.
- Tot Time (for 3-year-olds and younger), Langford Park Rec Center (651-298-5765), 10 a.m.-1 p.m. every Tuesday.
- Teammatters (651-645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. every Tuesday.
- Launderdale recycling.
- St. Anthony Park Garden Club, St. Anthony Park Library meeting room, 6:30 p.m.

4 Wednesday
- Woman's Connection, a job networking organization (651-481-6925), Hubert Humphrey Job Corps Center, 1480 Scadding Building #1, 8 a.m. every Wednesday.
- Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. lunch reservations by Monday every Wednesday.
- St. Anthony Park recycling.

5 Thursday
- Tot Time (for 3-year-olds and younger), St. Paul St. Anthony Rec Center (651-298-5760), 10 a.m.-noon every Thursday.
- Teammatters (651-649-5162), U.S. Forest Service, 1922 Palival Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. every Thursday.
- St. Anthony Park Community Council Physical Planning Committee, St. Anthony Rec Center, 890 Cramwell, 6 p.m.

6 Friday
- Senior Citizen Fun Group (gym, bowling and dinner), St. Paul, St. Anthony Rec Center, 890 Cramwell, 9:30-11:30 a.m. every Friday. (First Friday blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.).
- Como Park & Lauderdale recycling.

7 Saturday
- Falcon Heights recycling.

9 Monday
- Park Press Inc., Park Bugle Board meeting, St. Anthony Park Rec community room, 7 a.m.

10 Tuesday
- Lauderdale City Council, City Hall, 1810 Walnut St., 7:30 p.m.
- Family event with author Dan Dobak, St. Anthony Park Library, 7 p.m. Call 642-0411 for more information.

11 Wednesday
- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.
- Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday.
- Free blood pressure clinic by the St. Anthony Park Block Nurse Program.

12 Thursday
- Free blood pressure clinic and health resource by the St. Anthony Park Block Nurse Program, St. Anthony Park Library, 10-11 a.m.
- Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Park Rec Center, 890 Cramwell, 7 p.m.
- Free weight loss clinic at Holly House, 6 p.m. RSVP at 645-6951.

16 Monday
- Como Park & Lauderdale recycling.

17 Tuesday
- District 10 board meeting, 7 p.m., Black Bear Pavilion, LL.

18 Wednesday
- Langford Booster Club, Langford Park, 7 p.m.
- St. Anthony Park recycling.

20 Friday
- Falcon Heights recycling.
- Preschool story time (ages 3-5), St. Anthony Park Library, 10:30 a.m. Call 642-0411 to pre-register.

23 Monday
- St. Anthony Park Block Nurse Program board of directors meeting, St. Anthony Park United Methodist Church, 7 p.m.

24 Tuesday
- Lauderdale City Council, City Hall, 1811 Walnut St., 7:30 p.m.

25 Wednesday
- Early release day for St. Paul public schools. All grades released two hours only.
- St. Anthony Park Community Council Housing and Human Services Committee, South St. Anthony Rec Center, 890 Cramwell, 5:30 p.m.
- St. Anthony Park Community Council Environment Committee, South St. Anthony Rec Center, 890 Cramwell, 9:30 p.m.
- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.
- Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday.
- Free blood pressure clinic by the St. Anthony Park Block Nurse Program.

26 Thursday
- Free information session by Dr. Patricia Lawler on NAET, a program for allergy sufferers, at Holly House, 6 p.m. RSVP at 645-6951.

27 Friday
- Preschool story time (ages 3-5), St. Anthony Park Library, 10:30 a.m. Call 642-0411 to pre-register.

28 Saturday
- FAPE For All food distribution and registration at St. Anthony Park Lutheran Church, 651-644-8833, 2323 Como Avenue, 8:30-10:30 a.m.

30 Monday
- Como Park & Lauderdale recycling.
- Items for the October Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, September 13th.

The Community Calendar is sponsored monthly by Wellington MANAGEMENT, INC.

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A Foundation of Neighbors

By Jon Schumacher
Executive Director, St. Anthony Park Community Foundation

Welcome to the St. Anthony Park Community Foundation's new monthly column! We at the Foundation thought a regular column might be a good way to provide news and support for our local nonprofit organizations and initiatives. After all, that's why the Foundation exists -- to nurture our unique neighborhood arts, education, and civic resources. And in the Foundation's first two years we have -- through contributions from neighbors like you -- provided grants in the total amount of $38,000.

We hope this column gives you a better understanding of the Foundation and how we achieve our important goals.

Let me begin by introducing myself. I've been a Park resident for the past 25 years.

I met my wife, Mary, here in the Park resident for 24 years), and we feel fortunate to be raising our two daughters, Julia, a sophomore at Como High School, and Jane, a 5th grader at St. Anthony Park Elementary, in such a vibrant community.

I've gotten to know many of you either socially or through our various neighborhood groups, task forces, site councilors, and other service opportunities. These relationships have always confirmed my deep, but unique, belief that St. Anthony Park is one of the greatest places in the world to live. When I was afforded the chance to join an organization committed to preserving and enhancing the institutions that make this neighborhood great, I accepted enthusiastically.

During my first year as Executive Director, I've seen first hand the rewards of that commitment. It starts with our board, 19 neighbors representing the diverse talents and character of this community. It extends to the numerous nonprofit organizations and initiatives that enrich our lives and often provide blueprints for the enrichment of other communities.

Underscoring this common of support is the charitable spirit of you, the friends and neighbors who make it all possible. In the coming months, we'll see this space to tell you of new directions for the Foundation -- we're planning an exciting year, and the good work of local nonprofits. I'm proud to be a resident of St. Anthony Park and proud to play a part in an organization dedicated to understanding and serving this unique community's needs.

ST. ANTHONY PARK COMMUNITY FOUNDATION
651-641-1455
applications.org

If you want to know more about the Foundation, call Jon Schumacher at 651-664-1475 or visit our website at sapfoundation.org.
LIVES LIVED

Frederic Chapman Battell
Frederic Chapman Battell, who lived in St. Anthony Park for almost half a century, died on July 2, 1954.
Mr. Battell was born to Harriet Chapman Battell and Frederic Battell on September 26, 1910 in Medford, Iowa. He married Gertrude Smith on September 19, 1936. They enjoyed 56 years of marriage until her death on January 20, 1993.

Donald Richard Holstrom
Donald Richard Holstrom died on August 4, 2002 at the age of 71. He grew up in the Como Park neighborhood on Simpson Street and graduated from Murray High School in 1949.
He was born on July 6, 1931 in St. Paul, the son of Maurice and Sigrid Eckstrom Holstrom. After high school, he became a member of the Minnesota National Guard and served 13 months of active duty in the USAF in 1952, two years in Japan during the Korean War. On May 23, 1953 he married Marilyn Figg, Murray class of 1950, and moved to Roseville.
Mr. Holstrom and his father operated Ace Steel Products in Fagan. In 1976, he was paralyzed by a spinal cord tumor and was unable to continue working at Ace. In later years, he lived in Onertall, Minnesota.
He was preceded in death by a brother, Kenneth Holstrom; a sister, Pearl Sammier; a son, Robert Holstrom; and a grandson, Noah Guenther.
Survivors include his wife of 49 years, Marilyn Holstrom of Onertall; three daughters, Diane (Jeff) Hakala of Ramsey, Minnesota, Nancy (Greg) Guenther of Coon Rapids, and Elaine (Russ) Blesener of Pine City; three sons, Douglas (Carla) Holstrom of Evanville, Indiana, Gerald (Debbie) Holstrom of Linwood, Canada, and Neal (Maureen) Holstrom of Bemidji; 13 grandchildren; and two great-grandchildren.
A funeral service was held on August 7 in Perham, followed by a burial and memorial service on August 8 at Knott Presbyterian Church in St. Paul.

Kathryn Kliminger Kopy
Kathryn Kliminger Kopy, a longtime Como Park resident, died on July 24, 2002. She was 97 years old. Mrs. Kopy was a parishioner at St. Andrew's Catholic Church.
She was preceded in death by her husband, Norbert Kopy in 1978, and by her brothers, Matt, Martin and Al Kliminger; a granddaughter, Ann Steverson; and a great-granddaughter, Jamie Henry. She is survived by five daughters, Marilyn Krol (Robert) Stemler; Marjorie (Thomas) Lyons, Kathleen (Frank) Ziegler and Bernice (Thomas) Christman; a son, Thomas (Judith) Kopy; 24 grandchildren; and 20 great-grandchildren. A Mass of the Resurrection was celebrated on July 27 at St. Andrew's.

Elizabeth T. Kessler Kraft
Elizabeth T. Kessler Kraft, age 88, died on August 3, 2002. She was a resident of Lymphoblaston Care Center.
She was born on July 15, 1914 and was a member of Nativity Church of St. Paul.
Mrs. Kraft was preceded in death by her husband, Joseph Kranft, and a son, John Kraft. She is survived by a daughter, Mary E. Kraft CJ; two sons, Michael (Polly) Kraft and William (Judy) Kraft; four grandchildren, Joan Kraft, Diane (Craig) Wadzinski, Paul Kraft and Sarah Kraft; and two great-grandchildren, Benjamin and Candice Wadzinski.
A Mass of Christian Burial took place on August 6 at Nativity Church.

Mary Eileen Doyle McKay
Mary Eileen Doyle McKay died at age 91 on August 17, 2002.
She lived in St. Anthony Park for 57 years.
Mary Eileen was born in Grand Rapids, Minnesota. She grew up in Cambridge and lived in Brainerd for six years before moving to St. Anthony Park in 1945. She was a science and physical education teacher before her marriage to Gerald McKay.
Mrs. McKay raised five children and was a leader for neighborhood Cub Scout, Brownies and Girl Scout. She was the "Milk Lady," at St. Anthony Park Elementary School for many years, and while there started the volunteer roofing program in the 1980s. She served on the St. Anthony Park Library Board and believed in the power of reading, especially with and to children. She traveled extensively throughout the world with her husband after his retirement from the University of Minnesota faculty.
She was an active member of Corpus Christi Catholic Church. She loved her family, her garden, her community and believed that St. Anthony Park was "the best place in the world to live."
Survivors include her husband of 63 years, Gerald McKay; four daughters, Deer Kjerstad of Springfield, Okalahoma, Marjorie Uphoff of Ithaca, New York, Carolyn McKay Minneapolis and Kathleen Lanfair of Renton, Virginia; a son, Gerry McKay of Hillsborough, California; 14 grandchildren; and seven great-grandchildren. A Mass of Christian Burial was celebrated at Corpus Christi Church on August 24.

Edythe V. Nelson
Edythe V. Nelson, a Como Park resident for over 50 years, died on August 6, 2002. She was 52 years old.
Mrs. Nelson was a member of Como Park Lutheran Church.
She was preceded in death by her husband, Hjalmar Nelson; a daughter, Judith; a son, Warren; and a brother, Vernon Elmbled. Survivors include her son, Gerald (Shirley) of Webster, Wisconsin; a daughter-in-law, Betty Nelson; seven grandchildren, Robyn (Andrew) Esseh, Wendy Nelson, Julie (Bryce) Lawrent, Cindy Nelson, Scott (Julie) Nelson, Keith Nelson and Lott (Drew) Heron; and 11 grandchildren.
Funeral services were held at Como Park Lutheran Church on August 9.

Loretta Maxine Schultz
Loretta Maxine Schultz, age 71, died August 7, 2002.
She had lived in the Como Park area for most of her life.
Mrs. Schultz taught kindergarten for many years in the St. Paul schools, including St. Anthony Park Elementary. She was active in DFL politics and involved in antigays. She was known as the "Postcard Lady." She was also a member at Como Park Lutheran Church.
Survivors include two daughters, Lenette Baker and Gerichen Schultz; a son, Laurence (Lisa) Schultz; five grandchildren, Jason, Linnea and Lucas Baker, and Isaac and Sophia Schultz. A funeral service took place on August 12 at Como Park Lutheran Church.

Alfred L. Vaughan
Alfred L. Vaughan, a resident at Lymphoblaston Care Center, died on August 4, 2002 at the age of 95. His former home was on Summit Avenue in South Minneapolis.
Mr. Vaughan was the retired dean of the General College at the University of Minnesota. Born September 3, 1906 in Wodenburg, Indiana, he studied physics at Depauw University in Greencastle, Indiana, receiving his bachelor's degree in 1929. He then became a graduate student and teaching assistant at the University of Minnesota's physics department, earning his doctorate in 1934.
For the next four decades, he dedicated his work to the University's General College, eventually as its chairman. He retired in 1975.
Preceded in death by his wife, Ola Mae Vaughan, and his son, James Vaughan, he is survived by his daughter, Peggy Vaughan, of Fairfield, California.

Richard E. Widmer
Richard E. Widmer, a longtime St. Anthony Park resident, died on August 7, 2002. He was 80 years old. He lived for many years on Raymond Avenue, but his most recent home was in Falcon Heights.
Mr. Widmer was a professor of horticulture at the St. Paul campus of the University of Minnesota for 39 years. In addition to gardening, he enjoyed spending time at his lake cabin in northern Minnesota. He was a member of St. Anthony Park United Church of Christ.
Survivors include his wife of 59 years, Muriel Widmer; two daughters, Wendy (Marvin) Fally and Linda (Brad) DeKonick; and five grandchildren, Phillip, Amanda, Andrew, Rachel and Ian. A memorial service was held on August 20 at St. Anthony Park United Church of Christ.

Correction
There are three corrections to the August obituary for Rush Sam Brown. She lived in Prescott, Arizona; she was married for 59 years; and she was a member of St. Anthony Park United Church. The Bugle regrets the errors.

-Copied by Ann Bulger

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GENERAL CONTRACTOR with old house experience. Repairs, replacements, additions of windows, doors, decks, roofs, etc. Kitchens, baths, and family rooms.

Local neighborhood references are available. Terry 651-688-8164. License ID# 20070712.


Employment COMMUNITY OUTREACH ASSISTANT - Epilepsy Foundation. $8-10/hr. 10-15 hrs/week. Includes presentations, direct service, volunteer recruitment, program delivery. Travel in 8 city area regd. 2356 University Ave. W. Ste. 405, St. Paul 55414. Send resume.
A Very Special Job - Commissions for Seniors. Assist the elderly with non-medical care in their home. Daytime, weekend, or overnight shifts available. No certification required. Good communication skills and vehicle necessary. Home Instead Senior Care 651-747-8724.
HELP WANTED. Mihoko's Bridal. Sewing Experience, 646-9426.

Sales PRATT BOOT (RUMMAGE) SALE. Sep. 21 9am-1pm. 66 Malcolm St. SE. To rent selling space, call 651-616-1122.
ST. ANTHONY PARK 35+ garage sale 9/14 from 9-4. Free maps at Humphrey Park Co-op (928 Raymond Ave.) and Speedway Market (2380 Como Ave.).

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Bethany Baptist Sunday Worship: 10:05 am
Pastor Bruce Peterson
Filipino-American Worship: 3:30 pm
Pastor Sunny Ojika

COMO PARK LUTHERAN CHURCH - ELCA
1376 Hoyt Ave. W. St. Paul, MN 55108-2300
651-646-7317
Handicapped accessible
CPL, Contact Ministry 651-644-1897
Saturday Schedule:
Full Worship Services: Beginning RALLY SUNDAY, September 8, 8:00, 9:00, & 11:00 a.m. Worship
10:00 a.m., Adult Education & Sunday School
(Holy Communion on 1st and 3rd Sundaes, nursery provided)
Rides available for 11:00 a.m. worship call the church office before noon of Friday for ride.
Pastors: Martin Ericson and David Greenwood
Visiting Pastors: Leonard Jacobsen
Director of Youth and Family Ministry: Amy Domagavicius
Director of Music Ministry: Thomas Ferry

CORPS CHRISTI CATHOLIC CATHOLIC CHURCH
2131 N. Fairview at County Road B. 651-696-8888
Meaningful liturgies in a new worship space.
A welcoming community. Handicap-accessible
Saturday Mass: 5 pm
Sunday Masses: 8:30 and 10:30 am

IMMACULATE HEART OF MARY CHURCH
An Ecumenical Catholic Community
2200 Hollande Ave. +612-972-4619 or 651-776-3172
Sunday Mass: 5 pm in Upper Chapel
Dos Gracias Wedding Ministry

MOUNT OLIVE EV. LUTHERAN CHURCH
(A WELS Congregation)
"THE CHURCH WITH A SMILE."
Handicap-accessible. Wheelchair available.
1460 Adolph at Pascal. 651-645-2575
Sunday Worship 9 am.
Sunday School and Adult Bible Class: 10:30 am.
Monday evening Contemporary Worship: 7:00 pm.
Vacation Bible School: July 29 - August 2. Call to register.

ST. CECILIA'S CATHOLIC CHURCH
Cromwell and Bayesian Places. 651-644-4302
Saturday Mass: 6:30 pm at the church.
Sunday Mass: 10 am at church (nursery provided) and 8:15 am at Sead Hi-Rise, 825 Sea St. (handicapped accessibility)

ST. ANTHONY PARK UNITED CHURCH OF CHRIST
2129 Commonwealth at Chiseltown. 651-646-7173
Website: www.sapuc.org
Handicapped accessible and an Open and Affirming Congregation
Rev. Dave Packed. Pastor. Dennis Sanders, Child & Youth Director
September 1 - Sunday Worship 9:30 am. Fellowship: 10:30 am.
September 8 - RALLY DAY - Sunday Worship 10:00 am.
Fellowship: 11:00 am. Nursery Care provided: - 10:15 am.

ST. ANTHONY PARK UNITED METHODIST CHURCH
"celebrating the good news that Christ is Alive!"
2200 Hillside Ave. (at Como) 651-646-4589
Pastor Donna Martinson
10 am Worship Celebration
10:30 Sunday School (3 years to 6th grade)
11 am Fellowship
11:15 Youth Sunday School, Adult Forum
Wednesdays: 9-11 am Pastors' Center (Sunday fellowship, activities, and noon meal).

ST. MATTHEW'S EPISCOPAL CHURCH
2136 Carter at Chiseltown. 651-645-3058
Sunday, September 8:
Education Hour begins - each Sunday: 9-11 am
Classes for Children ("Godly Play")
Youth Groups for Junior & Senior High School, Adult Forum & Bible Study.
Sunday, September 22:
St. Matthew's Day - parish choir returns from summer break (10:30 am)
Sunday Services:
8:00 am Holy Eucharist, R. I.
10:30 am Holy Eucharist, R. II
Prospect Hill Friends' Meetings Sundays at 4 pm.
Communion. Wednesdays at 10 a.m. in the chapel
Evening Prayer: Wednesday 6:30 pm.
(All baptized Christians are invited to receive communion with us and no person seeking a deeper relationship with God in Christ will be turned away from our Lord's table.)
All members of the Church. All the baptized members

WARRENDALE PRESBYTERIAN CHURCH
1040 Como Ave. at Oxford. 651-489-6054
One block east of Lexington Parkway
Rev. Timothy Held, Minister
Sunday Worship: 10:15 am