Job Corps building plan draws neighborhood reactions

"We think we do a pretty good

job of maintenance, but we can

and will do better."

by Dave Healy

The Hubert H. Humphrey Job Corps Center has announced plans to build two new buildings on its campus in the northwest Como Park neighborhood. The new buildings would house a cafeteria and child care center. They would be part of a \$4.4 million

upgrade of the facilities, which occupy a city block east of

Snelling Avenue, west of Arona, north of Arlington and south of Nebraska.

The Job Corps presented its preliminary plan to the neighborhood at a community meeting on June 18. About 85 residents joined the District 10 Como Community Council to learn more about plans for the Job Corps site. Also in attendance were Ward 4 City Councilmember Jay Benanav, Ramsey County Commissioner Janice Rettman and a representative from Rep. Betty McCollum's office.

Job Corps Director of

Administration Chris Kuhn explained that current plans call for the two new buildings to be erected on the south end of the campus, where a parking lot is now located. Parking would be relocated across Arlington Avenue, replacing basketball and

tennis courts.

According to Kuhn, the Job Corps needs a new cafeteria because its present dining facility is too

small to accommodate the Center's 289 students. The child care center would allow students who are single parents to access child care on campus. Currently the Job Corps provides no child

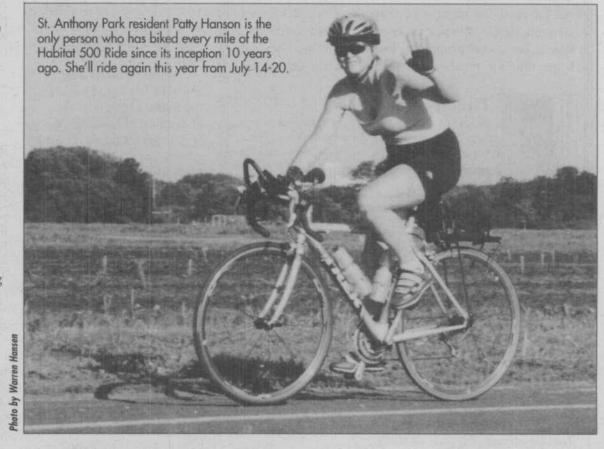
-Chris Kuhn

Director of Administration

Humphrey Job Corps Center

The child care program would have space for 40 children and would be managed by an outside company. Kuhn said that if Job Corps students and staff do not use all 40 slots, some might be made available to neighborhood residents.

Job Corps to page 5



Hanson hits Habitat for Humanity hot seat

by Michelle Christianson

So you think you are a pretty experienced bike rider? Chances are good that you can't hold a candle to St. Anthony Park resident Patty Hanson. After she finishes this year's Habitat 500 ride, Hanson will have ridden 5000 miles to benefit would-be homeowners. And that doesn't include training rides.

Hanson is the only person who has biked every single mile of every Habitat 500 Ride since its inception 10 years ago. Though she doesn't look down on others who may

skip a day for personal reasons or who choose to take the "sag wagon" for part of the day, it's very important to her that she ride every mile. Even last year when she had to miss a day because of her goddaughter's wedding, she made it up, riding with a friend to Eau

Claire before the actual ride. Why would anyone want to bike 500 miles in a week for 10 years running? Hanson says the ride combines "two of my favorite things. I love getting up in the morning and being outside all day. And even when the ride is tough, on a hot, windy day in hilly country, I remember that it's tough for many people—not for a day or a week but for years—as they struggle to have a home. I'll do what I can to give others the joy of coming home to a place of their own.'

Growing up in Casper, Wyoming, Hanson shared one bicycle with her three sisters. Even then, she loved the outdoors, spending lots of time

exploring the creek near their home. But girls weren't encouraged to be athletic at that time, so the most strenuous activity Hanson did during high school was doing dance routines with the "Pepsters."

She was shocked to see girls playing on a basketball team when she got to Augustana College at Sioux Falls, South Dakota. Even after she graduated with majors in elementary and deaf education, she and her

Habitat sees to it that 95 percent of the money from the ride goes directly to affiliates, with only

5 percent dedicated for ride costs.

by James Beach Have an aspiring Albert Costa or Andre Agassi in the family? How

about a budding Serena or Venus

Williams?

Local youth charged with

racqueteering at city park

Urban Tennis in 11th season at Langford

Even if you don't have a Wimbledon champ in the gene pool, chances are excellent that you or one of your kids occasionally picks up a racquet and hits the courts. But where can a player go for inexpensive lessons on adjusting stance, learning a new stroke or brushing up on game rules?

In June, interested youth started practicing topspin, gauging depth and improving their grip, among other things, in St. Paul's Urban Tennis program, now in its 11th season.

The six-week summer session accommodates youth ages 7-18, grouped by age and ability. A child or sibling younger than seven can also participate with

parental supervision, though the tykes might have to wait a few years before jumping over the

"Two- and three-year-olds can learn to play if they've got the right attitude," says program coordinator John King. "But some kids are better starting later. It all depends on when they tie into the game."

King, who helped start the Urban Tennis program in 1991, has watched it grow from 125 kids at three sites to more than 2,000 participants at 27 locations. Now encompassing much of the St. Paul area, the program continues to expand, even across international boundaries.

"We're planning to trade some players with Japan this summer," says King. "It should

Urban Tennis to page 5

husband, Warren, stayed well within the neighborhood as they explored St. Anthony Park on their bicycles.

All that changed when Hanson read an article in the Bugle about four local women who did the Jim Klobuchar ride, a 500-mile bike ride through northern Minnesota. She and some of her friends thought that they should be able to be strong women, too.

The first ride they did was the seven miles to Como Lake and back. "Well, that's enough!" was Hanson's reaction to that ride. But gradually they added more miles each week, building up to a long ride to Afton and back for a weekend. Over the years, the bikes, clothing and distances changed as they became more serious about riding.

As a teacher, Hanson had

seen how debilitating it was for children to move from place to place and what the stability of a permanent home can mean for a child. In 1991 she became the contact person at her church, St. Anthony Park Lutheran, for Habitat for Humanity. She also became involved on the board of Habitat's St. Paul chapter.

Hanson had several volunteer jobs with Habitat (as well as working on houses) before becoming involved with the first

Habitat 500 ride. That fit her interests in riding and housing perfectly. The first ride was to Winnipeg, where the riders had a police escort into town

and were met by Jimmy Carter. She was hooked.

Asked about good and bad memories of rides, Hanson mostly comes up with good ones. Sure, there were days when it was hot (the ride always takes place in July), and one ride was not very well planned, necessitating lastminute route changes to avoid busy roads. But those times are forgotten when compared with the memories of families getting their own homes for the first time and stories of people running up to the riders to contribute to the cause.

This year's ride (July 14-20) begins in Sartell (near St. Cloud) and stops in Alexandria, Fergus Falls, Detroit Lakes, Park Rapids Wadena and Little Falls before returning to Sartell. Each rider is required to raise at least \$750 and

Patty Hansen to page 7

Sell Your House With a Home Warranty?

Did you know that a home warranty can increase the sale price of your home? According to Business Week magazine, a home covered by warranty protection can sell for up to 3% more, on average, than one that is not covered. It can also sell faster. Edina Realty offers two home warranty programs, one which includes an inspection for prospective buyers. Please call us for



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Como Park

The 2002 Hmong Soccer Festival will be held July 5 and 6 at McMurray Field and surrounding areas of Como Park. On those days, parking will be restricted on some residential streets in the neighborhood west of Como Park.

Affected streets will be posted by July 2, and residents will receive a letter from the Department of Public Works explaining parking requirements.

On July 16 at 8 p.m., District Councils 6 and 10 will hold a community meeting along with representatives from the city's Public Works and Parks and Recreation departments as well the Lao family, organizers of the festival. The meeting will provide an opportunity for neighborhood residents to comment on the 2002 soccer festival parking and cleanup efforts. It will be held at the Street Car Museum at the corner of Lexington and Horton.

Reconstruction of East Shore Road along Como Lake was scheduled to begin during the third week of June. During construction the road and bicycle/pedestrian paths will be closed from Wheelock Parkway to Lexington Avenue. Completion is scheduled for the end of October.

Lauderdale

The city of Lauderdale is considering the possibility of

installing a sound barrier along Highway 280 between Walnut and Malvern. About 100 property owners will be most directly affected by this decision.

When Lauderdale and Roseville reached an agreement to proceed with the reconstruction of Highway 280, discussions began about whether to erect a sound barrier. A noise study assessed current decibel levels and the noise mitigation effects of three different walls. Measurements were done at 25 points along the site. The study suggested that a 20-foot wall would mitigate most of the

The study results were presented at a Lauderdale neighborhood meeting on April 29 attended by about 40 people. The city next mailed the results of the study and a questionnaire soliciting community response to about 100 property owners who will be most directly affected.

The City Council will be making the final decision at a public meeting in July. Residents should watch the Lauderdale newsletter for the announcement of this meeting.

St. Anthony Park

The District 12 Community Council voted to endorse in principle the concept of transitoriented development with the following considerations: (1) that communication of any planning or development issues in St. Anthony Park be presented to the Community Council for discussion in a timely manner, (2) that input from the Council be a priority when city or regional planning focuses on St. Anthony Park, and (3) that plans for the neighborhood already in place be respected and considered as well as plans that are developed by the Council during the process.

The full Council voted to reendorse the permanent traffic changes in south St. Anthony Park recommended by the Cromwell/Bayless Task Force. A letter endorsing the changes will be sent to the Public Works Department, which has agreed to take steps to improve the aesthetics and traffic flow at the Bayless/Bayless Place/Raymond intersection.

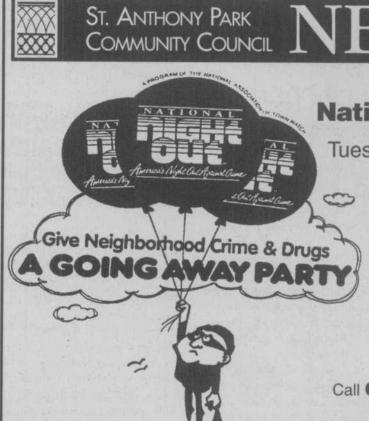
Some cutting of the new temporary curb will be done immediately to facilitate turning south onto Raymond, and more adjustments to the intersection will be completed when the permanent changes are put in place. There will be double striping on Raymond and Bayless, a curb along Raymond where Bayless Place originally entered and planters to further visually block the street.

The Community Council is appealing to the City Council to reverse an action of the Planning Commission's Zoning Committee approving a sign variance for 2441 University Avenue.

-Susan Conner

Our professional staff will listen to your ideas and work with you to design the perfect unique framing treatment for your work of art. We'll suggest the best way to preserve and protect it, too. Most work is completed in one week, so you don't have to wait very long. And our work is always guaranteed!





19th Annual **National Night Out**

Tuesday, August 6, 2002

Commemorate National Night Out by keeping porch lights on.

> Organize a block club pot luck.

Acquaint yourself with new neighbors.

Call **651-649-5992** for more information and to register.

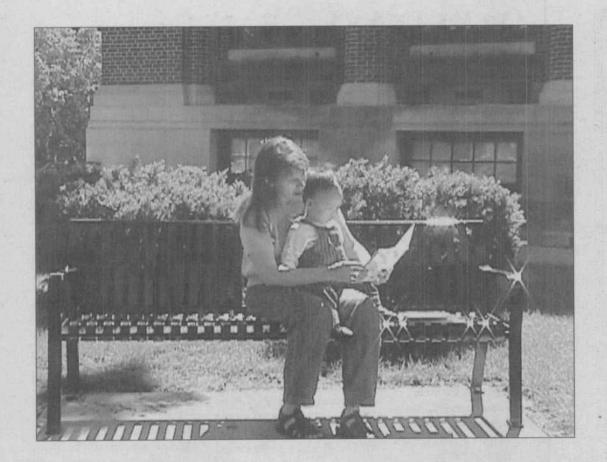
Council-sponsored meetings are listed each month in the Bugle Community Calendar (see page 18). Everyone is welcome!

Office: 890 Cromwell, St. Paul, MN 55114 * voice: 649-5992 * fax: 649-5993 * e-mail: district12@ci.stpaul.mn.us **Executive Director: Melissa Mathews**

NW St. Paul HandyWorks Program Coordinator: Angie Hoffmann-Walter (649-5984)

Board of Directors: Chris Causey, Ron Dufault, Sherman Eagles, Suzanne Garfield, Terry Gockman, Rose Gregoire, Jay Johnson, Bruce Kimmel, Paul Kirkegaard, Deborah Kuehl, Mike Phillips Connie Powell, Joe Ring, Jan Sedgewick, and Don Stryker. Alternate: Ray Bryan, Victor Hanson, Jan Morlock, Nate Tracy

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Anne Holzman and her son Joe enjoy a book at the St. Anthony Park Library.

Holzman said she and Joe walk to the library from their home on Scudder Street three or four times a week. "Joe especially likes the new children's area," she said. "The library is a real community center. We enjoy getting out of the house and seeing people we know there. The staff is great. They always greet Joe and make us feel welcome.'

The new benches at the library are part of a landscaping effort that includes new plantings in the front of the building and on the south side, along Como Avenue. Benches have already been added in front, and additional benches will complement a brick-andconcrete patio in the "outdoor reading room" on the Como side.

The new patio, like the existing one in front of the library, will include engraved bricks that can be sponsored for \$250. Benches can be underwritten for \$1400. A bronze plaque with donor(s) name(s) will be mounted near each bench. To sponsor a brick or bench, pick up a form at the library or use the one on p. 14 of this issue.



8:30 a.m.

11:00 a.m.

10:30 a.m.

11:00 a.m.

12:00 noon

12:30 - 3:30 p.m.

1:00 - 7:00 p.m.

2:30 - 4:00 p.m.

5:00 - 7:00 p.m.

4:00 p.m.

8:30 p.m.

LANGFORD PARK DISTANCE RACES

Registration at 8:30 at the Recreation Building (small registration fee). Races start at 9:00. 4 miles: Divisions for men, women, and masters (40 and over). 2 miles: Joggers and juniors (15 and younger).

PANCAKE BREAKFAST

Anthony Park Methodist Church (corner of Como and Hillside).

GRAND PARADE ASSEMBLES

Children's bikes, trikes, wagons, etc. assemble at Park Station. Bands, vehicles and marching units assemble on Luther Place.

GRAND PARADE BEGINS

Proceeds from Luther Place and down Como Avenue to Langford Park Parade includes color guard, neighborhood units, bands, floats, VIP's, music,

OPENING CEREMONY

Ceremony takes place at the Bandstand in Langford Park following the parade. Presentation of winning Patriotic Essays from St. Anthony Park School (Sponsored by the Library Association). St. Anthony Park Community Band plays. First clue for the **Treasure Hunt** (win a medallion and grand prize!)

REFRESHMENT STAND OPENS Get your hotdogs, pop and ice cream (sponsored by the Langford Park Booster

Club) by the tennis courts! Please use the recycling containers provided by Boy Scout Troop #17. HORSESHOE TOURNAMENT

Registration from 12:00 to 1:00. Pre-register by calling 651-298-5765. Tournament begins at 1:00.

VOLLEYBALL TOURNAMENT

Registration from 12:00 to 1:00. Pre-register by calling 651-298-5765.

Tournament begins at 1:00. Two tournaments include a power tournament and a recreational tournament. Sign up individually or as a team.

TENNIS TOURNAMENT

Registration from 12:00 to 1:00. Pre-register by calling 651-298-5765. Tournament begins at 1:00. Parent-Child doubles tournament. A and B Division.

PONY RIDES (Sponsored by Langford Park Booster Club)

LOCAL MUSICAL TALENT AT THE BANDSTAND

CHILDREN'S RACES AND CONTESTS

Events for kids of all ages. Ribbons for all participants. Family events, too! DOOR PRIZES

Drawing at the bandstand for children and adult prizes. Must be present to

ST. ANTHONY PARK SCHOOL PORK BARBECUE

Step up and taste Famous Ray's delicious barbeque pork sandwiches that our SAP School parents prepare just for you! Proceeds help sponsor school activities supported by the St. Anthony Park School Association.

DANCE MUSIC PROVIDED BY LAZY IKE AND THE DARE 7:00 - 10:00 p.m. DEVILS!

Come and dance with the band that plays rockabilly hits and radio favorites! Sponsored by St. Anthony Park Bank. DRAWING - FOUR \$100 PRIZES

Tickets available throughout the day and at the evening performance. You do

not have to be present to win!

DONATIONS ARE NEEDED TO SPONSOR THIS 2002 EVENT. PLEASE MAIL TO: PO BOX 8062, ST. PAUL, MN 55108 OR DROP OFF AT THE INFORMATION DESK AT PARK BANK.

Sponsored by the St. Anthony Park Association, the Department of Parks and Recreation



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EDITORIAL

Negotiating neighborliness

What makes a good neighbor?

People answer that question differently depending on their temperament, needs and circumstances. For some families, good neighbors might be people with children of similar ages. A good neighbor could be one who owns tools you don't have or cooking ingredients you always seem to run out of.

Some people would say that the best neighbors are outgoing, social, gregarious—while others would argue that a neighbor should

be seen but not heard.

Who's the more desirable neighbor? The people whose house and yard always look better than yours and thus inspire you to otherwise unattempted heights of home improvement? Or the folks whose less-than-compulsive efforts at maintenance set a more relaxed pace for the neighborhood and make your own modest achievements look better by comparison?

People in the northwest Como Park neighborhood have had occasion to ponder the components of neighborliness lately as they respond to a proposal by the Hubert H. Humphrey Job Corps Center to erect two new buildings on their campus. The Job Corps is not a typical neighbor. Their campus takes up an entire city block. They have 289 students and over 100 full-time staff members.

And yet, at a recent community meeting held to solicit residents' reactions and suggestions regarding the Job Corps' building plans, neighbors leveled some criticisms that would sound familiar to most homeowners: the grass isn't cut, the weeds aren't trimmed, the sidewalks aren't shoveled, the paint is peeling.

On the other hand, meeting attendees had one request that urban dwellers rarely get to make: The new buildings should match existing structures on campus. City building codes place some structural limits on homeowners: building height, setbacks, egress, etc. But when it comes to aesthetic matters, urbanites, unlike some of their suburban counterparts, usually have pretty free reign.

If you live in St. Paul and want to put up a Bauhaus-inspired residence on a block of bungalows or interrupt a string of pastel paint jobs with fire-engine red, there's not much your neighbors can do about it. And they usually wouldn't have any opportunity to comment on your plans until after the deed was done.

What obligations does one have to those one lives near? By opening itself up to suggestions on the appearance of its campus, the Job Corps is subjecting itself to a higher standard of collective aesthetic judgment than most people experience from their neighbors.

Next month represents an invitation for Americans to collectively think about neighborliness as we observe the 19th annual National Night Out. Many will use that event as an opportunity to gather with their most immediate neighbors, sharing food and fellowship. August 6 will be a chance to reflect on the rewards and challenges of urban living as we entertain again a question posed by one of our most popular philosophers: "Won't you be my neighbor?"

Park Bugle

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The Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

communities and encourage community participation.

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The 4th of July

On July 4th I become a real patriot Oh I enjoy this day a lot.

I sit across from the Bibelot and Watch the St. Anthony parade Come down Como Avenue. The antique cars Draped in stripes and stars The car from the library Gives a good feeling to me.

The old folks from the nursing Home in their wheel chairs Can momentarily get relief from their cares.

The political people making Propaganda for the next election And the grass mower section. The little tykes With their coasters and bikes Showing off their wear and tear, All this makes for a village atmosphere.

So on this day in July I become a real patriot as I watch The St. Anthony Park parade go by.

> Gerhard Neubeck St. Anthony Park



August 6 gets neighbors out of the house

by Susan Conner

The 19th National Night Out takes place Tuesday, August 6, but it's not too early to begin planning neighborhood activities to accompany the annual event. National Night Out is promoted across the country as a way to visibly affirm that we want our communities to be safe places by watching out for each other. Many local residents use National Night Out as an opportunity to meet with their neighbors and share food and activities.

In the Como Park neighborhood, the District 10 Community Council will host a gathering at the Pavilion from 6-8 p.m. There will be entertainment, door prizes, crime prevention information, visits from the police and refreshments. In addition, neighbors will be gathering on their own blocks, meeting new faces, greeting old friends and catching up on the news.

In Lauderdale, Mae Schmidt and her neighbors on Ione and Spring will bring snacks and sit together under a pine tree, "There are a lot of new neighbors," she says, "and we want to watch out for each other."

On Raymond Avenue in St. Anthony Park, Ray Bryan and Randy Flacksbarth have organized a get-together for many years. They deliver flyers to the immediate neighborhood, then gather on Randy's front lawn for a potluck dinner. "We catch up with what has happened," says Bryan. "We get to see the older people in the neighborhood because we go get them. Sometimes we have an activity for the kids, but most of the time it's pretty loose. It seems silly that we can't seem to get together at other times. We say we are going

to but we never do."

On Scudder Street, between Blake and Knapp, Chris Scholl has been a part of an annual block party/variety show for 21 years. When National Night Out came along, it was a natural fit with the neighborhood event.

Neighbors gather in Scholl's yard for a potluck dinner, a block meeting at which the block captain updates people on relevant issues, and then the renowned variety show. Over the years this show has featured an impressive variety of acts: yoga, dance, jokes, family skits, poems, baton twirling, dog tricks and musical performances.

Neighbors have organized games and scavenger hunts. The evening traditionally ends with a water balloon toss for which they have prepared by readying over 100 water balloons. Richard Hansen inevitably claims victory when he brings out a hose at the end.

The police and fire departments usually make a visit to show the children their vehicles and meet residents. In the spirit of extending the awareness of community, this block also takes a food shelf collection. Children go door to door during the day and gather bags of food, which the block then delivers to the Merriam Park food shelf.

All of this has been duly documented in 21 years of photo scrapbooks, which are especially valued now that children are returning with their children. This annual party now celebrates three generations of neighborliness.

Further north on Knapp Street will be another regular event of many years duration. Wendy Tully has been involved in it for at least five years. These neighbors do a bring-your-own-meat-to-grill potluck. Some years they've had up to 50 people. They, too, invite the fire and police departments to make a visit. The event doesn't require much advance planning. "Last year we actually forgot until almost the last minute," says Tully. "We don't plan activities. We just sit and yak and it's great!"

An annual gathering started about four years ago on Hampden Avenue when Alisa Weber realized on her way home from work that it was National Night Out. She ordered pizza and invited some neighbors, and they all sat out front enjoying the evening. The next year the group used flyers to invite people from around Hampden Park to a potluck in the park.

"I think it's really important to know your neighbors," says Weber. The evening was quite successful and the park so inviting that the next year another block party from Cromwell Avenue brought their tent and joined in.

"I think that it creates a real bond," says Jan Sedgewick from Cromwell. The police and firemen come every year and give the children rides around the park. "It's great," says Vicky O'Duffy. "It's the only time you can really feel happy as you watch your son ride off in the back of a police car."

It is possible to close your street for a block party by submitting a request to the city at least 30 days in advance. Call 292-3525 to request a permit. Your block can arrange a visit from the police or fire department by calling the St. Anthony Park Community Council office at 649-5992.

Job Corps from page 1

Several people at the meeting questioned why existing buildings cannot be renovated to house the new facilities.

Currently, two buildings on the campus are vacant. Kuhn said that option had been explored, but it would be more expensive than putting up new buildings.

"Those buildings are old," said Kuhn. "They were built in 1915. There may be some asbestos abatement issues in trying to renovate them."

Kuhn also noted that most of the Job Corps' existing buildings are not ADA compliant, and that the new buildings would be.

Several residents spoke in favor of keeping the present tennis and basketball courts. Richard Lanz, who lives on Asbury Street, said that the courts have not been well maintained in recent years.

Other speakers affirmed the value of that area as a neighborhood resource and expressed the fear that locating a parking lot there would result in declining property values.

Pressed about why the current parking lot needs to be relocated, Kuhn deferred to Sam Ramos, facilities maintenance manager, who said that the Center currently has 92 parking spots, 50 of which would be lost to new construction under the current plan.

A memorandum of agreement between the Job Corps Center and the city of St. Paul, originally signed in 1980 and updated in 1993, calls for the Center "to make its recreational and other facilities available to the community under mutually agreeable conditions."

The memorandum states: "Established off-center tennis and basketball facilities will be maintained in safe and serviceable condition."

It also affirms that "any new structures built on campus will not diminish the total amount of green space currently existing on the campus."

At the community meeting, Rebecca Knittle of Arona Street made three suggestions for the Job Corps to consider: keep the tennis/basketball courts, erect new buildings on the site of existing ones and match the style of the new buildings to that of the remaining buildings.

Knittle asked for a show of hands from the audience, which indicated that a majority of those in attendance agreed with her suggestions.

Kuhn conceded that the amount of money currently allocated by the federal government for updating the St. Paul Job Corps site would not be enough to demolish existing buildings and erect new ones.

However, Councilmember Benanav urged the Job Corps to pursue that option. "Even if the money isn't there now, it may be possible to get it," he said.

Several speakers criticized the

Job Corps for not maintaining their campus properly. Benanav said that he had toured the neighborhood earlier in the day with Mayor Kelly, and reported that the mayor was not impressed with the appearance of the campus.

"We think we do a pretty good job of maintenance," responded Kuhn, "but we can and will do better."

Other speakers questioned the process the Job Corps Center has followed. Kuhn was asked who at the federal level is making decisions regarding development of the Center. He said that he had been instructed by his superiors not to provide that information.

Asked why his boss, David MacKenzie, was not at the meeting, Kuhn replied that MacKenzie had business in Washington.

Kuhn emphasized that current plans are still in the preliminary stage. "Nothing is set in stone yet," he said. "We realize we need to have another meeting like this one."

Darryl Pratte, who lives on Arona Street, urged the Job Corps to be more forthcoming in the future. "If there are additional meetings, let's be sure all the principal players are there," he said.

Kuhn was asked what the timeline is for new construction. He replied that a thoroughgoing design review is planned for August.





COLDWCLL BANKERO BURNET

Urban Tennis from page 1

be a nice cultural exchange."

Operating on a six-figure

budget, the nonprofit program allots 90 percent of its money to staff, which mainly consists of high school and college students. The rest goes to providing racquets, balls and open courts for program participants.

Although gear is available for use, more experienced players might want to invest in their own equipment, according to eight-year program

veteran Matt Anderson. The Como Park High School student also recommends that newcomers wear comfortable shoes and shorts with dee

and shorts with deep pockets to hold spare tennis balls. "But practice is more important than the gear," the 15-

year-old adds.

Anderson, who is coaching tennis for the first time this summer, cites watching the younger kids progress as his

motivation for teaching.

"I try to give an
understanding of all aspects of
the game," he says. "But we learn
how to have fun, too."

Players learn the basics, such as rules, stance, grip and positioning, as well as some more advanced skills, like alternating between forehand and backhand, placement of the ball behind the service line, and adding power and pace to return shots. The practice sessions also allow for drills, singles and doubles play, and one-on-one coaching.

Hal Holtkamp, recreation director at Langford Park, believes the Urban Tennis program will continue to grow because of its commitment to offering affordable and structured

"The Urban Tennis program teaches a living skills package. Kids learn to see how teamwork, setting goals and respecting diversity are all ways that sports connect with life."

summertime activities for those under 18.

"Langford is a popular site," Holtkamp says. "We had nearly 75 kids last year, most from the neighborhood."

Almost as popular as the program regimen is the end-of-season tournament and picnic. Open to all, this year's celebration will be held on July 26th and will feature both semifinals and finals rounds. Medals, food, raffles and prizes, not to mention the possibility of peeks at political figures and other celebrities, should ensure healthy attendance.

As for players intent on

making it to the U.S., Australian or French Open, the more advanced levels of Urban Tennis remain a viable option. But prospective participants should be forewarned. When instructors incorporate calisthenics and nutrition into the schedule, training can last up to five hours a day. According to King, only 3 percent of program participants strive for this level of competitiveness, and practice

sessions can be grueling.

That's why

That's why most people opt for the regular, one-hour-a-day instruction. But even this amount

of effort can produce positive results beyond what can be measured on the courts.

-John King

"The Urban Tennis program teaches a living skills package," sums up King. "Kids learn to see how teamwork, setting goals and respecting diversity are all ways that sports connect with life."

With an annual fee of \$45 or less, the Urban Tennis program accommodates all children and teenagers with a desire to play. Those interested may call program coordinator John King (222-2879) or Hal Holtkamp at the Langford Recreation Center (298-5765).



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Rock-Tenn continues paper recycling tradition

Plant near University and Vandalia has operated since 1908

by Susanne Nevin and Karen Weiblen

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On May 22, members of the St. Anthony Park Community Council's Environment and Housing Committee toured the facilities at Rock-Tenn Company to learn more about paper and cardboard recycling. The plant encompasses 42 acres south of University Avenue and west of

The facility has been in operation since 1908, although the oldest building on the premises dates from the 1890s. Over the years, the company has undergone several changes in ownership and name: Hoerner-Waldorf, then Champion, back to Waldorf, and now Rock-Tenn.

Some 670 employees work three shifts for around-the-clock production. In addition, a fulltime grounds crew keeps the premises as clean as possible, even during turbulent winds, as on the day of the tour.

Power for the site originates at the NRG High Bridge plant in St. Paul and travels to Rock-Tenn through one of the longest steam lines in the world.

The tour began at the truck scale, where recyclable material is weighed before being dropped off. Rock-Tenn recycles a variety of materials: corrugated containers (cardboard boxes), short fiber mix (mostly newspapers from curbside pickup), box cuttings and office

A front-end loader drops material onto a conveyor belt, which delivers it to two large vats known as hydra-pulpers. For every pound of recycled material, several gallons of water are added to make a slurry. About 1000 tons of products are turned out every day. Water is constantly reclaimed, cleaned and reused.

The next step is to separate the "undesirables" from the "desirables." High-density cleaners churn up the fiber with warm water. The spinning motion sorts out heavier metal such as paper clips and box clamps. Combi-sorters remove lighter styrofoam, strapping tape, etc. Then the water and fiber mix is forced through drums with fine screens. The final weight of the mixture is 4 percent fiber and 96 percent water.

The water-and-fiber mixture is pumped into four different paper machines. Two produce clay-coated paperboard, while two other machines produce corrugating medium (the fluted part of a cardboard box).

The water-fiber slurry is then run through a press until the fiber-water ratio equals 50:50. The resulting pulp is dried at 230-280°. This process is what produces the steam that becomes visible to passers-by in winter. Not to worry—it's only water vapor.

Some material is given a

white clay coating and then cut into sheets for sheet-fed printing presses. In the quality control booth, where the humidity is kept at 52 percent and the temperature at 72°, computerized machines perform curl and stiffness tests.

Rock-Tenn has three printing presses (two web, one rotogravure) in another building that prepare final products, including the packaging material for Puffs tissue, a product of the Procter & Gamble Company, for whom Rock-Tenn is the primary supplier.

Rock-Tenn's regional manager of recyling, Tom Troskey, pointed out that paperboard recycling is a competitive business driven by supply and demand.

Today, many consumers in the United States prefer plastic packaging over paper packaging," Troskey said.

As an example, he mentioned the laundry detergent section in a grocery store, where recycled paperboard boxes take up only a small percentage of shelf space.

Companies like Rock-Tenn need a steady supply of recyclable paper material—the cleaner, the better.

"The next time you need detergent, reach for that recycled paperboard package rather than the plastic bottle," urged Troskey. "And before you place your recyclables out on the curb, remove those paper clips and that styrofoam and strapping tape and all other nonpaper items.'

Troskey also noted that some containers are considered "undesirable"—including beverage carrier packaging and packaging used in refrigerated and frozen foods (these are difficult to repulp), as well as pizza boxes with food contamination such as cheese and

Residents who miss the biweekly curbside pickup can take paper and cardboard directly to Rock-Tenn's drop-off site: a white dumpster on Myrtle Avenue, accessible via Hampden.

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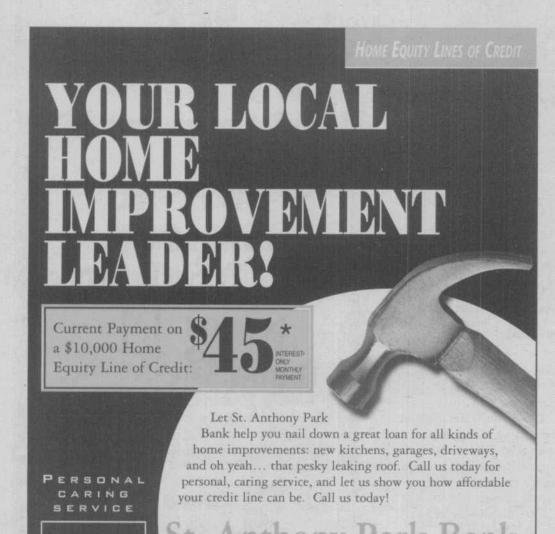
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Summer program mixes books and bugs

by Lisa Steinmann

"Spiders and bees and butterflies-OH MY!" was the theme of the Summer 2002 Bookstart program during June.

Four-six-year-old participants mixed books with bugs when they got together Monday-Thursday from 9-10:30 a.m. at South St. Anthony Recreation Center, 890 Cromwell Avenue.

Session I ran June 17-27. Session II, featuring world folk tales, will run July 8-18. The recreation center offers an extra hour of gym games Monday-Thursday, 10:30-11:30 a.m. at no additional cost for Bookstart participants.

This summer's Bookstart activities are being led by Nancy Shellum and Lisa Arcand.

Shellum worked with the program last summer and is the mother of three children who have all attended Bookstart. During the school year she works at St. Anthony Park United Methodist Church Nursery

School.

Shellum and Arcand have planned crafts and other activities designed to bring out the fun in

Shellum offers an example: "We'll read a book about worms and then eat candy worms for a snack. I think the biggest part is that kids have fun while sharing a love of books and making

Lisa Arcand, a resident of the Como Park neighborhood, is new to the Bookstart program. However, she brings lots of experience to this young age group as a parent and kindergarten teacher with the St. Paul Public Schools.

Arcand values the opportunity Bookstart offers children "to expand their imagination and get more selfmotivated about books. It's important for kids to come together over books. It helps them build confidence in their relationships."

Shellum agrees. Although Bookstart does provide children with important practice in listening skills and group behavior, like taking turns and sharing, it is a summer program with an emphasis on fun and friendship.

"When kids read books together, versus when an adult and a child read a book together, the kids feed off each other," says Shellum.

She is looking forward to an interesting discussion when she reads "Hey Little Ant," in which a child is about to step on an ant. The illustration on the last page shows a child's foot poised in the air. The last sentence reads, "What would you do?" Is there a right answer? Shellum shakes her head and smiles. "Kids talking about a book together is just

amazing." For more information about the Bookstart program, call St. Paul Community Education at 325-2672.

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Patty Hansen from page 1

is allowed to select which Habitat affiliate will receive the money they raise. Hanson hopes to raise \$5000—one dollar for each mile she will have ridden.

Habitat sees to it that 95 percent of the money from the ride goes directly to affiliates, with only 5 percent dedicated for ride costs. Last year, the Habitat 500 raised over \$250,000 that went directly toward homebuilding in Minnesota, 11 other states, Ireland, Romania, Guatemala and Kenya.

This year, Habitat for Humanity will finish its 750th home in Minnesota, housing almost 4,000 people. Each year approximately 20,000 people volunteer in Minnesota alone, including skilled craftsmen, individuals, churches and businesses.

Homebuyers are selected based on need for shelter, ability to repay the no-interest loan and willingness to participate in Habitat's partnership program. In Minnesota, homebuyers are

111

required to donate 300-500 hours of "sweat equity" before they can move into a Habitat house. This makes foreclosures on houses extremely rare.

The only thing Hanson hates to do in connection with this ride is ask for money. But because of her \$5000 goal she needs more

donors than ever. If you would like to contribute to this cause, send checks made out to Habitat for Humanity to: 1380 Raymond Ave, St. Paul MN 55108. Someone, somewhere will come that much closer to having a place to call home.



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MUFFULETTA

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Self-taught chefs tempt

Muffuletta

by Natalie Zett

Muffuletta's executive chef Dave Robinson didn't start out in the restaurant business. "Mine was a mid-life career change," said Robinson, who lives in northeast Minneapolis and has been at Muffuletta for five years.

Ten years ago, Robinson was working in the circulation department at the St. Paul Pioneer

Press, which was being downsized. He decided to use his severance pay to pursue an

interest in cooking. But after one quarter at a local

"There is no corporate cookbook at Muffuletta,

as there often is in other restaurants. There you

are confined to a library of recipes. Here, it's a

-Executive chef Dave Robinson

disillusioned with the program. Robinson expressed his disenchantment to a teacher, who advised him to get a job in a restaurant to gain the experience he needed. He promptly began working at Kincaid's, where he had a valuable apprenticeship learning about the

technical college, he found himself

restaurant business from the ground floor

After that, Robinson did stints at Morton's Steak House and at Byerly's, where he was a line cook. While working at Byerly's, a headhunter approached him about working at Muffuletta.

Ironically, he had interviewed at Muffuletta once before. Although he didn't get the job the first time, the women interviewing him spent 45 minutes offering all sorts of guidance about the business.

"It was a matter of time, I guess, since I have quite a history with this place," laughed Robinson. "Before it was Muffuletta, it was the Lamplighter Restaurant, where I frequently used to have breakfast."

Later, it became a place where he and his friends brought their dates. So it was no surprise that Robinson ended up back at this location. "I've come full circle and I love it. It's a great job," he said.

Located in "downtown" St. Anthony Park, Muffuletta is a bustling place with a large dining area of booths, tables and chairs and a popular

outdoor seating area.

"Muffuletta is owned by Parasole Restaurant Holdings, which also owns the Good Earth, Figlio's and Manny's Steak House," explained Robinson, "Each place uses different concepts, though. There's a lot of freedom at Muffuletta and we change our menu frequently. The sky's the limit. There is no corporate cookbook, as there often is in other restaurants. There you are confined to a library of recipes. Here, it's a blank slate. I tell people to try things-and we have incredibly creative, talented chefs

who are more than able to do that."

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seriously."

The key for this kind of success, according to Robinson, is a combination of teamwork within the restaurant and

making sure that the guests feel ownership for the restaurant.

Muffuletta employs about 20 waitstaff and a dozen cooks. "We're very much a team," said Robinson. "I've worked in places where there was a real disparity between the front staff (the hosts and waiters) and the back staff (the cooks, chefs and dishwashers). That's not the case here. People also are here for the long term. We have a cook who has been here for seven years, and that's longer than I've been here."

Although Robinson learned on the job, he welcomes professionally trained chefs. In fact, Muffuletta boasts culinary school graduates from the Arizona Culinary Institute in Scottsdale, Johnson and Wales Culinary School, Le Cordon Bleu (Brown Institute, Minneapolis) and the Culinary Institute of America.

Part of Robinson's day also involves the nuts-and-bolts operations of the restaurant: scheduling staff, ordering food and supplies, and repairing appliances. When he's in the kitchen, though, one of his favorite dishes to prepare is fish.

"I love fish for the texture, the colors and the presentation," he said. "It's a great palette to work from." For Robinson, preparing a dish is akin to prepping a canvas for a painting-very much an artistic endeavor that involves all of the senses.

"I see dishes conceptually," he said. "I try to rely on my intuition to guide me in putting things together. I find when I do that, it just works. I love serving people. Eating together is so basic. It's about people coming into dine, enjoying themselves, sharing food. We like to add to that experience that brings people together and that creates and builds relationships." Robinson also knows that

maintaining a popular restaurant

takes hard work. "We got a bad

Photo by Natalie Zett

review once a while back, and it

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by Natalie Zei

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Executive chef Dave Robinson has been at Muffuletta for five years.

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Explain Muffuletta's son said that having a

culinary institute or technical college, a chef is one of the rare professions where it's still possible and perfectly acceptable to learn on the job.

Phillips, owner and chief cook at Chet's Taverna, came to his livelihood circuitously. A Russian studies major at Hamline University and a performing musician, Phillips has been in the restaurant business for 10 years. He began working at Walker Art Center's restaurant, starting as a dishwasher and then moving up through the ranks.

"As a dishwasher, I would ask the chefs questions about ingredients or how to cook a certain dish." The senior staff, noticing Phillip's interest, began taking him under wing and teaching him the trade.

"I learned a lot at the Walker. We

catered large events, rful clientele certainly Restaurants, in sometimes for several thousand, and worked 12-18-hour days. Catering for groups of that size helps you deal with just about anything that could possibly come up," said Phillips. After six years at the Walker, Phillips began working at the Modern Café in

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ner/chef Mike Phillips spills the beans: There is no Chet at Chet's.

northeast Minneapolis.

In fact, Chet's was born out of a joint venture with the Modern's owners.

Phillips noted that there is no "Chet." That name was the alter ego of a former owner. Chet's and the Modern split amicably a few years ago. Phillips and his wife, Michelle, who trains the waitstaff, are Chet's sole owners.

Phillips has been at Cher's for four years and continues the apprenticeship tradition with his own staff. Among the people he's currently mentoring is a 19-year-old dishwasher. "He has a really great work ethic and an interest in the business," said Phillips. "And we are always looking for good workers."

Besides cooking and mentoring, Phillips spends his days in diverse tasks such as ordering food and supplies, scheduling workers and tasting wine (someone has to do it!).

Phillips, who hails from a small town in Iowa, grew up around farmers and now makes a point of buying from local farms whenever possible. In fact, their menu reads: "Chet's tries to use organic ingredients and supports local and regional sustainable agriculture."

At first glance, Chet's, a small

storefront, simply decorated with about 20 tables, brings to mind a neighborhood meat-and-potatoes kind of place. Indeed, that's what it is, but the meat may be duck from the local Wild Acres Game Farm or pan-roasted pork from the Four Winds Organic Farm, with "a gratin of new potato" or "fingerling potato ramps."

"It's a smaller place, that's true," said Phillips. "But the guests seem to enjoy the intimacy and we like it, too." Despite its popularity, Phillips has no plans right now to expand

The biggest challenge is characterizing the menu. Although Chet's Taverna suggests something Greek or Middle Eastern, the staples are eclectic.

"Our menu changes all the time," said Phillips. "We use whatever is in season." Now, in fact, is the best time to pay a visit. "In the summer, particularly, we have this gorgeous produce and we are always finding new ways to use it."

Phillips, who lives in Minneapolis with his wife and two young sons, ages 10 months and 3 years, pauses momentarily to reflect on his life. "I put in 60-hour weeks, but that's less than I used to work, and besides, I love St. Anthony Park. The people are tremendous and I love doing this."

Abu Nader

by Amy Causton

The next time you have a hankering for some authentic Middle Eastern food, you don't have to hop on a plane. For people who enjoy a taste of the exotic, Abu Nader Deli's Izabelle Ailabouni cooks up a variety of dishes to tempt the palate.

The deli, located at 2095 Como Avenue, is owned by Ailabouni and her husband, Bishara. The Ailabounis have lived in St. Paul for 23 years, including a five-year stint in St. Anthony Park in the mid-80s. Currently, they reside in the Como Park area.

It was 23 years ago when they first leased the space at the corner of Como and Raymond Avenues, where they ran a store for several years. In 1999, after the space

"Growing up, I watched my mom cook and learned from ber. I love to feed people."

—Abu Nader's Izabelle Ailabouni

had been vacant for some time, they decided to buy the building and open a new store and deli. As for the name, "Abu" means "father" and Nader is the name of the Ailabounis' first-born son. Naming the store this way follows an old Arab tradition.

Izabelle Ailabouni learned to cook as a young girl in Israel. "Growing up, I watched my mom cook," she says. "I learned from her." She had never cooked professionally before they opened the deli two years ago, but it was certainly something she enjoyed. "I love to cook, and I love to feed people," she says.

Among the dishes she prepares six days a week are traditional Middle Eastern favorites such as tabuleh, humus, baba ghanouge and falafel, as well as her baklava, which the St. Paul Pioneer Press last year named the best in the Twin Cities.

Ailabouni also bakes fresh bread every day,

Abu Nader to page 11

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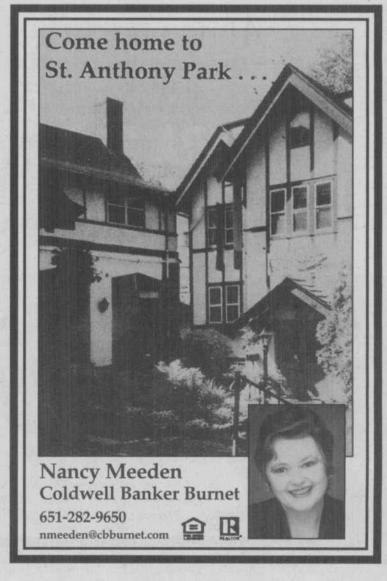
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Gardening

The annual Prospect Park Garden Walk will be held Saturday, July 20 from 10 a.m.-3 p.m. Prospect Park is located west of Highway 280 and south of University Avenue.

The walk will feature over 20 local gardens. Maps for the walk, which is free, are available at Tower Grocery or Schneider Drug, at the corner of University and Bedford. For more information, call Del Hampton (612-378-5200) or Cheryl Vollhaber (612-379-7234).

Open House

In celebration of Adopt-a-Shelter-Cat Month, Feline Rescue, a nonprofit, no-kill shelter and foster system, will hold their fifth annual ice cream social and open house on Sunday, June 30 from noon-4 p.m. Tours of the facility at 2340 Charles Avenue will be available.

For additional information about Feline Rescue, visit their Web site at www.felinerescue.org.

Continuing Education

The University of Minnesota's College of Continuing Education announces free information sessions during July for five of the college's programs.

Returning to Learning helps participants explore the University's variety of educational opportunities and financial aid options (612-626-7222, www.lifework.umn.edu).

Program for Individualized Learning allows adults to create their own liberal arts bachelor's degree (612-624-4020, www.cce.umn.edu/pil).

Inter-College Program is another opportunity for

individualized bachelor's degrees (612-624-2004,

www.cce.umn.edu/icp).

Master of Liberal Studies is tailored to adult, part-time students (612-626-8724, www.cce.umn.edu/mis).

Information Technology offers a variety of noncredit programs (612-624-4273, www.cce.umn.edu/infotech).

Volunteers

The Refugee Women's Initiative is seeking people to mentor newly arrived refugees. Volunteers receive training and are partnered with a refugee and her family. They offer friendship, help solve daily problems, model life skills and help navigate the American system.

Both women and men are welcome as mentors. For more information, contact Karen at the International Institute, 647-0191 ext. 348 or kfoster@iimn.org.

Gibbs Museum

July 7 Flags and Ice Cream Bring a picnic lunch, sit in the shade, and learn about flags and their historic importance. Then have a sample of Gibbs Museum's homemade ice cream.

July 14 Collectors Day Learn about collecting and view a variety of collections, from bottles and buttons to quilts.

July 21 Country Fest
This annual celebration of
summer features music, craft
demonstrations, children's games,
homemade ice cream and
lemonade.

July 28 Dakotah Day Celebrate Ramsey County's original residents. Learn how the Dakotah lived, try out tools, eat samples of native foods and play traditional games.

Vacation Bible School

Mt. Olive Lutheran Church, 1460 Almond Avenue, will hold Vacation Bible School July 29-August 2 from 9-11:30 a.m. daily. The program is open to all children from age 4 (by Aug. 1) to those who have completed fifth trade.

The theme of this year's program will be "Gone Fishing." Activities include singing, crafts and snacks. For registration or more information, call 645-2575 or visit www.MtOlive.ws.

4th of July Parade Marchers

Participants are being recruited to join the marching unit of the St. Anthony Park affiliate of the International Brotherhood of Buckthorn Busters in the annual Fourth of July parade.

Marchers must wear a buckthorn shirt and are encouraged to bring their favorite buckthorn-busting tool.
Assemble at 2161 Doswell Avenue at 10 a.m. on July 4 for practice.

For more information or to order an official "DIE BUCKTHORN SCUM"
T-shirt, call Mary at 644-7388 or Ron at 647-0262.

People

Three St. Anthony Park residents were named Student of the Year by the teaching staff at Murray Junior High School. Inga Carlson-Clark and Henry Weiner received the eighth-grade award. Britta Swedenborg was the seventh-grade recipient.

Buckthorn busting supplement

by Mary Maguire Lerman

BUGLE

Enclosed in this month's Bugle is a helpful four-color "Guide to Buckthorn Busting," which was assembled by the Friends of the Parks through a grant from the Environment and Natural Resources Trust Fund, as recommended by the Legislative Commission on Minnesota Resources (your lottery money at work for the environment).

This guide will be of great use to property owners because it has a four-color photo of the most pervasive form of buckthorn—
Common Buckthorn. Glossy
Buckthorn should also be removed from landscapes.

There are a few items mentioned in this guide that I want to discuss further.

Section 3 explains how to treat cut stumps and recommends the herbicide Brush-B-Gon. While this is an effective herbicide, it can be a respiratory irritant to some users. It also has the potential for leaching into the soil and damaging the roots of desirable plant materials if not properly applied.

Instead, I would recommend the use of Roundup in the new "stronger" formulation that has 25 percent glyphosate. This is the exact strength of Roundup—no dilution required—that will be effective on cut stumps. There is no soil leaching with this product, and I have not found it to be an irritant.

Either product should be available at most hardware or garden stores. Either product must be applied to the cut stump within 24 hours of cutting.

Section 4 lists two ways to dispose of buckthorn branches. In our neighborhood there is a third option for disposal of branches. The St. Anthony Park Garden Club and the St. Anthony Park Association are committed to partially funding private property pickup of buckthorn.

This fall will be the third year the Buckthorn Roundup will occur. Watch for further information in the August and September issues of the Bugle.

This year a \$1,000 grant from the USDA Forest Service to St. Paul Parks and Recreation will assist with these removal efforts in another way.

In September a complete survey of our neighborhood will be done by trained volunteers, including master gardeners.

These volunteers will walk the public sidewalks and alleys and look at individual properties. If they spot buckthorn on your property, a flyer will be left on your door explaining how you can participate at a very low cost in having your buckthorn picked up in October.

If your property is not visible, the flyer will explain how to make an appointment for a personal yard visit by a buckthorn volunteer.

This survey program was very successful last year in the Prospect Park, Linden Hills and Fulton neighborhoods in Minneapolis. Additional Minneapolis neighborhoods will be surveyed this fall.

We need additional volunteers to help with this survey this fall. If you are interested in participating and attending the mandatory training (a two-hour intensive workshop), call Mary (644-7388) or Ron (647-0262).

Help us clear our community of this pest and preserve our parklands for future generations to enjoy.

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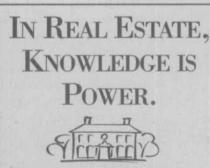
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Abu Nader from page 9

as well as creating some of her own dishes, like a rice dish with ground beef and pine nuts, and a cracked wheat and lentil dish, both of which she says she can never keep in stock.

But she doesn't have a favorite among the many dishes she prepares. "I enjoy cooking everything," she says. "It's kind of relaxing to me." She also likes the social aspect of her work. "I like to talk to the customers; I enjoy the people around here.'

Remarkably, cooking is Ailabouni's second job. She's at the deli from about 10 a.m. to 2:30 p.m., then works the second shift as a pharmacist for Regions Hospital, as well as occasionally at Cub Pharmacy.

But clearly, for Ailabouni cooking is a passion. She emphasizes the use of only good olive oil and the best and freshest ingredients in her cooking. "I cook for the deli exactly as I would cook at home," she says. "If I don't eat it, I won't serve it to our customers.'

Abu Nader Deli is open 11 a.m.-9 p.m. Monday through Saturday.



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A normal cost of a night at Comedy Sportz is \$10.00, but... This summer, July 31st, a whole night of clean fun and professional level comedy, and a picnic dinner and special music, are yours for just \$5.00!

Evening Schedule 5:30 Picnic Dinner / 6:30 Special Music begins 7:00 Comedy Sportz / 8:30 Improv performance!

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Aging Gracefully by Mary Jo Tarasar

Is anyone ever prepared for death? For that matter, how many people are prepared for life? Is there a connection between the two? I think there is.

In 1996, my five-year-old son was in an accident. He spent several days in a coma, but it was clear that he would never recover, so we made a decision to disconnect the machinery that was keeping him alive.

He was a minor with a parent who could make this decision, but I have often wondered, "What if I'd been in the accident with him?" At that time, I had not prepared myself legally for my own death.

There are four things we can all do to prepare for death. It is silly to ignore them, because as soon as we are born, we are guaranteed that we will die someday. Yet many people avoid these preparations, as if ignoring them will keep death away.

Do Not Resuscitate

A Do Not Resuscitate Order must be signed by your physician and on file with your medical records to be official. This document will keep you from being hooked up to machines when all possibility of consciousness is gone. If you haven't already talked to your medical provider about preparing this document, do so as soon as you can.

Your Will

You can consult an attorney or you can find forms to write your will yourself at stores or Web sites that sell legal forms.

Most people think of a will only in terms of their estate, but there are other, more important things a will can specify. In addition to sparing those you leave behind the confusion of dividing your estate, a will can ensure that arrangements made when you die are carried out according to your wishes.

When my son died, I wanted to celebrate the miracle of his life rather than only mourn his death. I felt that a 5-year miracle was just as amazing as an 80-year miracle, so I arranged a memorial. The people who loved him shared stories about him and planted a garden to honor him.

My will instructs that any usable part of my body be donated to others, that my remains be cremated and that a celebration of my life be arranged rather than a traditional funeral. Without a will, I would have no assurance that these things would be done.

Donor Status

I can think of no better way to give meaning to your death than to specify that any usable part of your physical remains be made available to help others. I recommend this to anyone whose spiritual beliefs do not forbid it.

Donor status can be easily arranged by checking the proper box on your driver license or state identification card, but it should also be included in your medical records. Because of my son's physical deterioration after his accident, he was not eligible to donate an organ to another person. However, some of his body tissue was donated for research to help others who might someday be in the same situation.

Meaningful Life

Just before my son's accident, he asked me to read him a book we had not yet read, and I said I was too busy. That response haunts me still. And this, of course, is the final way we can prepare for death: by living our lives as meaningfully as we can.

Is there something you've always wanted to do that you've put off? Do it! Is there someone you've had an argument with that you aren't speaking to? Call and apologize—even if they're in the wrong! Stop and smell the roses. Live life to the fullest each day. Then, when death does come to you, you will have no regrets.

As always, if you have ideas for topics we could cover, please contact the St. Anthony Park Block Nurse Program at 642-9052 or sapbnp@bitstream.net.

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CALENDAR

1 Monday

- AA, St. Anthony Park Lutheran Church (651-644-0809), 8 p.m. Every Monday.
- Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.

2 Tuesday

- Tot Time (for 5-year-olds and younger), Langford Park Rec Center (651-298-5765), 10 a.m.-1 p.m. Every Tuesday.
- Toastmasters (651-645-6675), training in effective speaking, Hewlett Packard, Broadway & 280, 7:35-8:35 a.m. Every Tuesday.

3 Wednesday

- Women's Connection, a job networking organization (651-481-6925), Hubert Humphrey Job Corps Center, 1480 Snelling, Building #1, 8 a.m. Every Wednesday.
- Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday.

4 Thursday

Annual "Fourth in the Park" celebration in Langford Park. Parade on Como Ave. at 11 a.m.

5 Friday

Senior Citizen Fun Group (gym, bowling and darts), South St. Anthony Rec Center, 890 Cromwell, 9:30-11:30 a.m. Every Friday. (First Friday, blood pressure clinic by the St. Anthony Park Block Nurse Program, 9-10 a.m.)

6 Saturday

■ Falcon Heights recycling.

8 Monday

- Park Press Inc., Park Bugle Board meeting, St. Anthony Park Bank community room, 7 a.m.
- Como Park & Lauderdale recycling.

9 Tuesday

■ Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

10 Wednesday

■ Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.

Leisure Center for Seniors
(651-603-8946), St. Anthony Park
United Methodist Church, 9 a.m.1 p.m. Lunch reservations by Monday.
Free blood pressure clinic by the St.
Anthony Park Block Nurse Program.

St. Anthony Park recycling.

11 Thursday

- Tot Time (for 5-year-olds and younger), South St. Anthony Rec Center (651-298-5765), 10 a.mf.-noon, Every Thursday.
- St. Anthony Park Community Council Physical Planning Committee, South St. Anthony Rec Center, 890 Cromwell, 5:30 p.m.
- Full Council Meeting, St. Anthony Park Community Council, South St. Anthony Park Rec Center, 890 Cromwell, 7 p.m.
- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, St. Anthony Park Library, 10-11 a.m.
- Toastmasters (651-649-5162), U.S. Forest Service, 1992 Folwell Ave., St. Paul Campus, 11:30 a.m.-12:30 p.m. Every Thursday.

16 Tuesday

District 10 board meeting, 7 p.m., Black Bear Pavilion, LL.

17 Wednesday

Langford Booster Club, Langford Park, 7 p.m.

19 Friday

Falcon Heights recycling.

22 Monday

■ Como Park & Lauderdale recycling.

23 Tuesday

■ Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

24 Wednesday

- St. Anthony Park Community Council Housing and Human Services Committee, South St. Anthony Rec Center, 890 Cromwell, 5:30 p.m.
- St. Anthony Park Community Council Environment Committee, South St. Anthony Rec Center, 890 Cromwell, 7 p.m.
- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.
- Leisure Center for Seniors (651-603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Free blood pressure clinic by the St. Anthony Park Block Nurse Program.
- St. Anthony Park recycling.

27 Saturday

■ FARE For All food distribution and registration at St. Anthony Park Lutheran Church, 651-644-8833, 2323 Como Avenue, 8:30-10:30 a.m.

Items for the August Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, July 19th.

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LIVES LIVED

Paul E. Forsberg

Paul E. Forsberg died on June 2, 2002 at the age of 78. He had lived in the Como Park neighborhood for over 35 years and was a longtime member of Como Park Lutheran Church.

He was preceded in death by five brothers and a sister. He is survived by his wife, Loretta Forsberg; two sons, Rodney (Sheila) Forsberg and Wayne (Michelle) Forsberg; a daughter, Lynette (Marty) Mellingen; five grandchildren, LeRae, Erick, Patrick, Shannon and Marty; and a sister, Gena. A funeral service took place on June 5 at Como Park Lutheran Church.

Nell E. Hyden

Nell E. Hyden, age 91, died on June 9, 2002. She was a resident of the Lyngblomsten Care Center.

Mrs. Hyden was preceded in death by her husband, Wallace Hyden, and a son, Wesley Hyden. She is survived by two sons, Ron (Trudy) Hyden and David Hyden; a daughter, Mary (Bob) Thompson; eight grandchildren; several greatgrandchildren; and a sister, Cecile

Bartholomew. A funeral service was held on June 13 at the Holcomb-Henry-Boom Funeral Home.

Thelma M. Knutson

Thelma M. Knutson died on May 25, 2002. She was 96 years old and a resident of the Lyngblomsten Care Center.

Preceded in death by her husband, Reverend Knut Knutson, Mrs. Knutson is survived by two sons, Paul and John Knutson; a daughter, Martha Knutson; seven grandchildren, Brita, Kjersti, Peter, Siri, Maja, Kellee and Kiah; and two sisters-in-law, Selma Knutson and Esther Paulsen. A service was held at Lyngblomstem Chapel on June 1.

Eugene C. Kreider

Friday, July 19th is
BLOCK NURSE PROGRAM DAY

Reverend Dr. Eugene C. Kreider, age 71, died on June 3, 2002. He was professor emeritus of Christian education and pastoral care at Luther Seminary. His recent home was in the Highland Park area.

Rev. Dr. Kreider received the Samuel Scheiners Human Relations Award from the Anti-Defamation League of Minnesota and the Dakotas for his work in Jewish-Christian dialogue. He spent three summers at the Christian Kibbutz in Israel and went to Zimbabwe to help a student with his doctoral dissertation.

Survivors include his wife, Lois Kreider; a son, Clark (Janet) Kreider; a granddaughter, Nicole Kreider; and two sisters, Marilyn Gulliford and Helen Walker. A memorial service was held June 6 at the Luther Seminary chapel.

John Stormo Lee

John Stormo Lee, a former resident of St. Anthony Park, died on June 4, 2002. He was 73 years old and had lived on Hendon, Commonwealth and Carter as he was growing up.

He was born August 27, 1928 to Clarence and Inga Stormo Lee. He attended Guttersen Grade School and Murray High School, graduating in 1946. Known as the class story-teller, he continued in that role at class reunions every five years. He played football, hockey and baseball all through high school and at Gustavus Adolphus College. He served in the Army in Korea.

Mr. Lee taught science and health in Minnesota Lake, Robbinsdale and Willmar. After retiring in 1992, he moved to Minneapolis. In 1978, he designed and constructed a seven-foot metal cross for the First Presbyterian Church in Willmar. In 1998, he built a seven-foot cross with a steel frame and 4,152 pine cones hand-wired to the frame for the Elim Lutheran Church in Robbinsdale.

He is survived by his wife, Alyce Lee; two sons, David Lee and Dan (Lynn) Hatcher; three daughters, Jennifer (Art) Rymes, Alyson (Mark) Arneson and Jeanne (Al) Ferguson; eight grandchildren; a brother, Bob (Paula) Lee; and two sisters, Patsy (Merton) Johnson and Audrey (Richard) Falk. A memorial service took place on June 8 at First Lutheran Church in Columbia Heights.

Rosemarie Miesner

Rosemarie Miesner, a longtime resident of Lauderdale, died on May 23, 2002 at the age of 76. Known as "the German lady," she was born in Germany on October 5, 1925. With her

Nilles Builders, Inc. 1032 Grand Ave.



651-222-8701 Brad Nilles husband and three young children, she escaped from East Germany in 1956, and was sponsored by the Roseville Lutheran Church.

Another son was born after their arrival. In 1961, her husband died of brain cancer. Mrs. Miesner, with no job training and a minimal command of English, worked at any available job to provide for her children. She was helped to become an American citizen by her daughter, Linde, who at age 12 coached her mother every day until she was able to pass the citizenship exam.

Several years ago, a local radio-television station held a contest to grant the winner a wish. She won second place with her letter wishing to visit her family in Germany. After her letter was read over the radio, the station was deluged with calls demanding that "the German lady" get her wish. The station sent her for her visit, and thereafter she was known as "the German lady." She was a member of the Church of Jesus Christ of Latter-day Saints.

Survivors include her daughter, Linde, of Bemidji; three sons, Tom (Pat) of Stacy, Rowland (Loni) of St. Paul and Olaf (Gina) of Andover; six grandchildren; ten greatgrandchildren; two sisters, Erna of Germany and Hilla of England; and a brother, Alfred (Elsbeth) of Germany. A memorial service was held at the Cremation Society Chapel in Minneapolis on May 26.

Edward W. Mitsch

Edward W. Mitsch, age 92, died on May 31, 2002. He was a resident of Falcon Heights.

Mr. Mitsch was an employee of Brown and Bigelow for 45 years, after which he enjoyed 30 years of retirement. He was a member of Como Park Lutheran Church

Preceded in death by his wife, Elsie, three brothers, Ray, Earl and Lewis, and a sister, Loraine, he is survived by three sons, William (Joyce), Gerald and Doug (Barbara); two daughters, Carol (Daniel) and Deborah (William); ten grandchildren; and five great-grandchildren. A funeral service took place on June 4 at Como Park Lutheran.

Laura Mae Rice

Laura Mae Rice, a resident of St. Anthony Park for over 60 years, died on May 17, 2002 at the age of 96. She lived on Grantham Street until 1987, when she moved to 1666 Coffman. Her recent home was in Southfield, Michigan.

Laura Mae Miller was born in Kerkhoven, Minnesota on December 11, 1905 to James and Anna Miller. She received her bachelor of science degree in history from the University of Minnesota and worked for the University Health Service. She married Daniel Nelson Rice in 1933. After his death in 1946, she worked at the St. Anthony Park United Church of Christ, serving as administrative and financial secretary for 25 years.

Mrs. Rice was a member of Phi Mu Sorority, P.E.O., University Women's Club, Froula Reading Club, Minnesota Alumni Association and the St. Anthony Park United Church of Christ. She enjoyed crafts in addition to weaving, knitting and quilting, and was known for her cookies and bars.

Preceded in death by her husband, Daniel Nelson Rice, she is survived by her daughter, Karen Linnell of Birmingham, Michigan; and two grandsons, Richard and Matthew Linnell. A memorial service was held June 9 at the United Church of Christ.

Lillian L. Sandquist

Lillian L. Sandquist, a Como Park neighbor for over 50 years, died on May 20, 2002 at the age of 91. She had lived on Sheldon Street and on Midway Parkway.

Mrs. Sandquist was an active member of Como Park Lutheran Church for over 50 years and a longtime volunteer at Lyngblomsten Care Center.

She was preceded in death by her husband, Walter Sandquist. Survivors include three sons, John (Barbara) Sandquist and twins Roger (Mary Lou) and Ronald (Lynn) Sandquist; nine grandchildren; and eight great-grandchildren. A memorial service took place at Como Park Lutheran Church on May 24.

Doris L. Svendsen

Doris L. Svendsen died on May 31, 2002. She was 81 years old and had lived in St. Anthony Park for almost 40 years, on Carter, then Commonwealth and most recently at the St. Anthony Park Home. Mrs. Svendsen was a member of St. Anthony Park Lutheran Church.

She was preceded in death by her husband, Orville Svendsen; a sister, Evelyn Lillibridge; and a sister-in-law, Helen Petersen. She is survived by a son, Dale Svendsen; four daughters, Judy (Daryl) Murray, Kathleen Svendsen, Rebecca (Greg) Thompson and Nancy (Dan) Bergman; seven grandchildren; two greatgrandchildren; two brothers, Melvin (Irma) Steele and Loren (Delores) Steele; and a sister, Helen (George) Modderman. A funeral service took place on June 4 at St. Anthony Park Lutheran Church.

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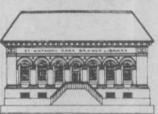
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Lives Lived to page 16

Classified deadline: July 19, 6 p.m. Next issue: Aug 2

- Type your ad. Our style is to put the first few words in capital letters.
- Count the words. A word is numbers or letters with a space on each side. A phone number is one word.
- Figure your cost: 80¢ x number of words (\$8.00 minimum).
- Send your ad & check to Bugle Classifieds P.O. Box 8126 St. Paul, MN 55108 or deliver to the drop box at the rear of the Bugle office at 2301 Como Ave. by 6 p.m. on deadline day.
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HILLIARD E. SMITH general contractor. Carpentry work, block, stone, cement work. Interior, exterior remodeling, insulation, under-pinning porches. 46 years in the Park. Small jobs are our specialty. Licensed, bonded, insured. 651-644-0715.

GENERAL CONTRACTOR with old house experience. Repairs, replacements, additions of windows, doors, decks, roofs, etc. Kitchens, baths, and family rooms. Local neighborhood references are available. Call Terry 651-488-8464. License ID# 20067213.

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ST. ANTHONY PK. NEAR UNIVERSITY, 2 BR available 7/1. Very clean gar., new applnces, new carpt \$725 Call: 651-653-4614.

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APARTMENT BUILDINGS. I buy apartment buildings & duplexes (2-50 units). Prompt, confidential, top prices, experienced buyer. No obligation, 952-890-9000 Bob.

Sales

MOVING SALE, 85 Langford Park, Sat. July 13th, 9am-4pm. Furniture, household/kitchen items, silver service, books, crib, kids stuff, plants, and more.

Employment

ASSIST THE ELDERLY with non-medical care in their homes. Daytime and weekend hours available. No certification required. Good communication skills necessary. Retirees welcome. Home Instead Senior Care, 651-747-8724.

CARETAKER POSITION. 7-unit Apt. 2076 Como. Reduced rent. Available 8/1, 651-773-3548

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Station in the Park

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Dr. Todd Grossmann 644-3685

Dr. Paul Kirkegaard 644-9216

Your neighbors in St.Anthony Park



ST. ANTHONY PARK DENTAL CARE

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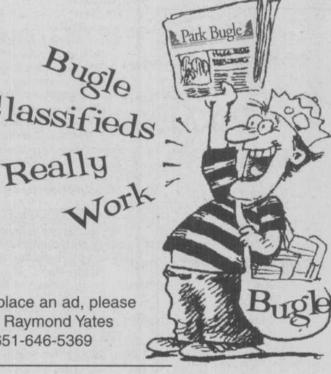
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ST. ANTHONY PARK

COMMUNITY POUNDATION

P.O. Box 8038 St. Paul, MN 55108 (651) 641-1455 fax: (651) 641-1484 Jon@sapfoundation.org On behalf of our neighborhood,

"thank you"

St. Anthony Park Association and the 4th of July Committee

for hosting our wonderful Independence Day celebration!

Support your community with a tax deductible contribution or planned gift. You may designate your favorite community non-profit or program. For more information call Jon Schumacher at 651-641-1455.

Lives Lived from page 14

Clarence R. Wesenberg

Clarence R. "Wes" Wesenberg, a St. Anthony Park resident for over 40 years, died on May 30, 2002. He was 74. Mr. Wesenberg was a member of Cross Lutheran Church in Maplewood.

Preceded in death by a son,
Noel Wesenberg, he is survived
by his wife of 47 years, Dr.
Carolyn Johnson; three sons,
Nicholas (Shalene Robinson)
Wesenberg, Nathaniel (Betsy)
Wesenberg and Ned Wesenberg;
two daughters, Nanette (Jeff)
Trent and Nina (Jason) Steiner;
four grandchildren, Alethea,
Amanda, Amari and Devin
Wesenberg; and a sister, Joy Law,
of California. A funeral service
was held at Cross Lutheran
Church on June 4.

-compiled by Ann Bulger





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Brighten someone's day with a Carlton card.

Blomberg Pharmacy651-646-9645

1583 No. Hamline at Hoyt 2 blocks south of Larpenteur 9-7 Mon.-Fri., 9-4 Sat. closed Sundays





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LIFE IN THE CHURCH: COME AND SHARE

***** BETHANY BAPTIST CHURCH

Skillman at Cleveland S., Roseville. 651-631-0211 Bethany Baptist Sunday Worship 10:00 am Pastor Bruce Petersen Filipino-American Worship 3:30 pm Pastor Sanny Olojan

* COMO PARK LUTHERAN CHURCH - ELCA

1376 Hoyt Ave. W., St. Paul, MN 55108-2300 651-646-7127 Handicapped accessible CPL Contact Ministry 651-644-1897

Sunday Schedule: Summer worship hours: 8:30 & 10 am No Adult Education or Sunday School (Holy Communion on 1st and 3rd Sundays) Nursery care available from 9:45 - 11:15 am.

Nursery care available from 9:45 - 11:15 am. Rides available for 10 am worship; call the church office before noon on Friday for ride.

Sunday, July 28, Outdoor Worship: 10 am at the Como Park Pavillion New Member Class: Sunday, July 14, 11am - 2 pm.
Pastors: Martin Ericson and David Greenlund

Pastors: Martin Ericson and David Greenlund Visitation Pastor: Leonard Jacobsen Director of Youth and Family Ministry: Amy Dorumsgaard Director of Music Ministry: Thomas Ferry

* CORPUS CHRISTI CATHOLIC CHURCH

2131 No. Fairview at County Road B. 651-639-8888
Meaningful liturgies in a new worship space.
A welcoming community. Handicap-accessible
Saturday Mass: 5 pm
Sunday Masses: 8:30 and 10:30 am

* IMMACULATE HEART OF MARY CHURCH

An Ecumenical Old Catholic Community
2200 Hillside Ave • 612-872-4619 or 651-776-3172
Saturday Mass: 5 pm in Upper Chapel
Deo Gratias Wedding Ministry

* MOUNT OLIVE EV. LUTHERAN CHURCH

(A WELS Congregation)
"THE CHURCH WITH A SMILE"
Handicap-accessible. Wheelchair available.
1460 Almond at Pascal. 651-645-2575
Sunday Worship: 9 am
Sunday School and Adult Bible Class: 10:30 am
Monday evening Contemporary Worship: 7:00 pm.
Vacation Bible School: July 29 - August 2. Call to register.

* ROSE HILL ALLIANCE CHURCH

Roselawn at Cleveland. 651-631-0173
Sunday: Worship Services - 8:30 am & 11 am, Japanese Service- 11 am
Sunday School - 9:45 am

Wednesday: Int'l. Women's Culture Class - 1 pm (Oct.-May)
Jr. & Sr. Hi Youth Meeting - 6:45 pm, AWANA - 6:45 pm
Adult Prayer & Bible Study - 6:45 pm

ST. CECILIA'S CATHOLIC CHURCH

Cromwell and Bayless Place. 651-644-4502
Saturday Mass: 5 pm at the church
Sunday Mass: 10 am at church (nursery provided) and
8:15 am at Seal Hi-Rise, 825 Seal St. (handicapped accessibility)

ST. ANTHONY PARK UNITED CHURCH OF CHRIST

2129 Commonwealth at Chelmsford. 651-646-7173
Website: www.sapucc.org
Handicapped accessible and an Open and Affirming Congregation
Rev. Dane Packard, Pastor.
Summer Sunday Worship: 9:30 am, Fellowship: 10:30 am
Nursery Care provided - 9:30 am

ST. ANTHONY PARK UNITED METHODIST CHURCH

"celebrating the good news that Christ is Alive"
2200 Hillside Ave (at Como) 651-646-4859
Pastor Donna Martinson
10 am Worship Celebration
11 am Fellowship;
Wednesdays: 9 am. 1 pm Leisure Center (Senior fellowship)

Wednesdays: 9 am-1 pm Leisure Center (Senior fellowship, activities, and noon meal).

ST. ANTHONY PARK LUTHERAN CHURCH

We are a community of believers called to joyfully serve God, one another, and the world.

2323 Como Ave. W. Handicap-accessible. 651-645-0371

Pastor Glenn Berg-Moberg, Email: sapluth@mtn.org

Summer Sunday worship service 10 am, (nursery provided)

Centennial Celebration, all community picnic,

July 28, 11am - 3 pm, Seminary lawn

Minnesota Faith Chinese Lutheran Church at 1:30 pm

信義教會星期天下午

ST. MATTHEW'S EPISCOPAL CHURCH

2136 Carter at Chelmsford. 651-645-3058 Sunday Services:

8:00 am Holy Eucharist, Rt. I 10:30 am Holy Eucharist, Rt. II Prospect Hill Friends' Meetings St

Prospect Hill Friends' Meetings Sundays at 4 pm. Morning Prayer: Wednesdays at 10 am in the chapel

(All baptized Christians are invited to receive communion with us and no person seeking a deeper relationship with God in Christ will be turned away from our Lord's table.)

Ministers of the Church: All the baptized members

Clergy Who Support the Ministers: The Rev. Grant Abbott, Rector, and the Rev. Lyn Lawyer, Deacon

* WARRENDALE PRESBYTERIAN CHURCH

1040 Como Ave. at Oxford. 651-489-6054
One block east of Lexington Parkway
Rev. Timothy Held, Minister
9:00 am Pastor's Seminar "My Muslim Neighbor." Open to all.
Sunday Worship: 10:15 am