SAP Community Council awarded DNR Metro Greenways grant
by Karyl Eckman

SAP and Metro Greenways were recently awarded a grant to use natural resources in the neighborhood to enhance the beauty of the neighborhood.

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**2000-2001 SEASON**

**OCT. 15**
LOS ANGELES PIANO QUARTET
(4 PM) violin, viola, cello, piano

**NOV. 5**
AMERICAN BRASS QUINTET
(4 PM)

**NOV. 26**
THE WAVERLY CONSORT
(4 PM & 7:30 PM)
The Christmas Story; (Michael Jaffe, Director)

**FEB. 11**
MICHALA PETRI, recorder;
(4 PM) LARS HANNIBAL, lute, guitar

**MAR. 4**
CHEE-YUN, violin;
(4 PM) YOLANDA KONDONASSIS, harp

**APR. 8**
DAVID FINCKEL, cello;
(4 PM) WU HAN, piano

**APR. 29**
ST. PETERSBURG STRING QUARTET
(7 PM)

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*Become a Season Subscriber by September 9 & Save!*

7 Concert Series: $75
(4 concerts after September 9)
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Single Tickets: $13 advance purchase
($15 at the door, $8 student rush)
Waverly Consort: $20, $12 student rush

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10th Annual Guz Donohoe Memorial JAZZ Concert
with pianist Butch Thompson & friends • January 7, 2001

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MICAWBER'S BOOKSTORE (651-645-5506)
in St. Anthony Park, St. Paul.

Tickets / Information: (651) 645-5699 or (651) 644-4234
districts that are inconsistent with city regulations. St. Anthony Park currently has an approved special district sign plan that prohibits the construction of any new billboards within District 12. The SAP Community Council objected to the planning commission recommendation because it would permit some new billboards to be erected within District 12 boundaries. The council also opposed that recommendation on the grounds that it conflicts with a University Ave. corridor study acknowledging that business signs and overhead billboards "constitute a major visual blight to the experience of University Ave."

The SAP Community Council unanimously approved a motion requesting that St. Paul adopt a city-wide restriction on new and relocated billboards similar to the St. Anthony Park sign plan and that a nuisance law be used to remove billboards from residential, scenic and historic areas.

Correction: The August issue of the Bugle erroneously implied that changes to permit parking policies around the St. Paul campus of the University of Minnesota had been proposed by the SAP Community Council. The Bugle also misidentified the affected streets.

Changing permit parking procedures is a petition process that must be initiated by affected residents. Once this process had been initiated by residents in north St. Anthony Park, the community council endorsed their petition.

New parking restrictions are now in effect on the following streets: Dudley from Chalmersford to Cleveland, Raymond from Dudley to Hendon, Hythe from Dudley to Buford, Hendon on the north side from Raymond to Hythe and on both sides from Hythe to Chalmersford. Previously, parking on these streets was limited to one hour from 8 a.m. to 5 p.m. except by permit. Now, no parking will be permitted on these streets between 8 a.m. and 8 p.m. except by permit. The Bugle regrets the errors.

St. Paul City Council
City's 2001 budget promises few cuts in services
Mayor Norm Coleman's proposed 2001 budget calls for flat property taxes and a slight decrease in city spending. Few cuts in city services have been proposed. A potentially consequential issue on the horizon for neighborhood groups is the proposal process for Long Range Capital Improvement Budget (CIB) requests. Projects for parks, recreation centers, street lighting and paving, bridges and libraries compete for funds every other year in a city-wide, state-mandated process. That process will get underway in early 2001 for the 2002-03 funding cycle.

Because there are a number of long-term carryover projects already lined up for 2002-03 CIB funding, members of the CIB Committee have the difficult task of filling district councils.

Cityfiles to page 4

The 10 Best Upgrades
What upgrades will benefit you the most when you want to sell your home?
A national survey showed the following:

- Lightening & Brightening
- Fix Plumbing & Electrical
- Landscaping
- Staging Interior
- Interior Painting
- Kitchen & Bath Upgrading
- Flooring Repair
- Exterior Painting
- Replace Carpeting

Average Cost

$ 80 - $ 110
$ 338 - $ 381
$ 432 - $ 506
$ 812 - $ 989
$453 - $588
$1546 - $2130
$1531 - $1714
$2188 - $2391
$2903 - $2765

Average Return

$ 766 - $ 935
$ 922 - $1208
$1054 - $1839
$2277 - $2941
$2324 - $2560
$3863 - $4885
$2567 - $2869
$2907 - $3233
$3583 - $3900

It is important to be careful about how much money you spend on improvements designed to sell your home. We offer free consultations. Please call us with any questions.

Peggy & Gary Spar
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Edina Reality
Guard those leaves!

As I got my rake to clean up the acorn crop in my yard, I was reminded of an incident last fall. I had placed several or eight bags of chopped leaves on the beds to protect my buried roses for the winter and to use as mulch in the spring. One day I returned from work and noticed that all the bags were gone. No, I hadn't put them on the bouljewal, which sometimes means "help yourself." And no, they were nowhere near the garbage pick-up.

Apparently someone opted for much over morals. Forget the image of gardeners as kind, gentle people and lock up those leaves!

Verena Larron
St. Anthony Park

Letters

College Park fundraising efforts continue

Some of you have noticed that work has begun on the new College Park playground. Our task force continues to work on raising funds to rebuild the tennis and basketball courts adjacent to the new playground. So far the community’s generous response has raised nearly $12,000 in gifts and pledges. Recently we received a $5,000 challenge grant, so future contributions will go to matching that amount. Our overall fundraising goal is $35,000, which would enable us to meet a city Shahi Neighborhood STAR grant for which the St. Anthony Park Community Council (SAPCC) has applied.

Applicants for STAR funds will present their requests on either Sept. 18 or 21. The closer we are to meeting the $35,000 match by then, the better our chances of getting the STAR grant. Over 75 gifts and pledges have been received to date, but we still have a way to go. Now is the time to respond to the $5,000 challenge grant, which effectively doubles your gift. Please send your tax-deductible contribution to the SAPCC, 890 Cornwall St., St. Paul, MN 55114 with a note indicating that it is for the College Park courts. Thank you for all your help.

Robert Muehlan,
for the College Park One Project Task Force

The Week Ahead

Community development corporations, neighborhood business associations, city departments and others who are project sponsors that there will not be much money for new projects.

At the August meeting, CIB Committee members agreed to start contacting their district council representatives and other community organizations and let them know that funding may be in short supply. "We’re probably going to have some of the most heated discussions that we’ve ever had," said committee member and St. Anthony Park resident Paul Savage.

District councils submit STAR grant applications

Two areas are among the 65 proposals to receive STAR funding for this year’s neighborhood Sales Tax Restitution (STAR) grants and loans. Competition promises to be fierce. Requests total more than $26 million, while only $4.5 million is available.

The St. Anthony Park Community Council submitted an application for a $35,000 grant to rebuild tennis courts and a basketball court at College Park. The Como (District 10) Community Council and St. Paul Parks and Recreation jointly submitted a request for $756,000 for a Como Park pedestrian and bicycle tunnel through the Burlington Northern Railroad tracks.

Neighborhood STAR funds can be used only for capital improvement or equipment projects. Grants and loans must be matched 1:1 with dollars, donated material or "sweat equity."
proposed Amoco development site has yielded the highest diversity of aquatic insects of all of the ponds in the vicinity.

The wetland on the proposed Amoco development site yielded the highest diversity of aquatic insects.

SAPCC is seeking volunteers, student groups, scouts, U of M students and others to participate in the inventory. Volunteers do not need experience in environmental inventory work and will be trained as needed. SAPCC is also seeking applicants for a part-time staff position to help coordinate the project. Two community workshops will also be held as part of this project, the first on Tuesday October 17 and another in late spring 2001. The workshops will be facilitated by Shelley Shrifler of the Neighborhood Energy Consortium. The workshops will share preliminary results of the field work with neighborhood residents and will foster community-based planning for future conservation and management of the sites. Other longer-term project goals are to reconnect fragmented habitats and to initiate some "hands-on" community-based environmental rehabilitation projects. The environment committee also hopes to establish a community-based environmental monitoring project with local volunteers. If you would like more information about the coordinator position, or are interested in volunteering with the project, please call the St. Anthony Park Community Council at 649-5992.

Music in the Park

Music in the Park continues this season on Sundays, Oct. 15 with the Los Angeles Piano Quartet. All concerts are held on Sundays at St. Anthony Park United Church of Christ, located at Commonwealth and Chelmsford. Season tickets are $87.50 for concerts and $87.00 for six concerts, if purchased by Sept. 9. For ticket information, call 651-644-4254.

- Los Angeles Piano Quartet members Ayako Toshio, violin; Katherine Mandek, viola; Niki Rucker, piano; Peter Krige, cella. Photo courtesy American Accent.

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St. Anthony Park Block Nurse Program, 651-642-9552
Helping Older Neighbors Live at Home
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Todd Grossmann, DDS 651-644-3689
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St. Anthony Park Clinic, Dr. David Gilbertson, D.O.
2313 Como Avenue, 651-646-2549
Dr. Carla Breunig, Chiropractor & Classical Homeopath
970 Raymond Avenue, 651-644-0455
Twin City Linnea Home 2040 Como Avenue, 651-646-2544
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2301 Como, 651-644-2757

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NEIGHBORHOOD CLEANUP DAY
SEPTEMBER 30, 2000
8:00 A.M. TO 2:00 P.M.
Came Lot, State Fairgrounds
Hoyt and Snelling Avenues
Enter only off Larpenteur
This year we welcome St. Anthony Park, Como Park, and Falcon Heights residents to our cleanup!

Questions? Call the SAPCC at 649-5992 or Como Park Community Council at 644-3889

Watch your mailbox for your voucher in mid-September—remember, you must present this voucher at the cleanup to be admitted.

Sponsored by the St. Anthony Park Community Council, District 10 Como Community Council, and the City of Falcon Heights.
Welche Como Rose Reise-Experten konnten Deutsch und Englisch sprechen? Cindy, David, Darrel

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RALLY SUNDAY!
SEPTEMBER 17
Celebrate the beginning of our year of education programs for people of all ages at an opening gathering at 10:00 a.m.
Worship at 8:30 & 11:00 a.m.

ST. ANTHONY PARK LUTHERAN CHURCH
2232 Como Ave W, St. Paul 654-0371

Experience the fun!

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Classes are at HAMLIN UNIVERSITY'S NEW WALKER FIELD HOUSE: 1534 West 12th Avenue, St. Paul

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Sports and recreation
Langford Park’s Booster Club will meet Wednesday, Sept. 20 at the Langford Recreation Center, 30 Langford Pl. All residents are welcome.

Kid vendors will be selling their products at Langford on Saturday, Sept. 23 from noon to 3 p.m. All kids 10 and up are invited to reserve a table.

The south St. Anthony Park Recreation Center will hold its annual Ice Cream Social on Sunday, Sept. 10 from 2-4 p.m. Neighbors are invited to stop in for games, refreshments and more.

Como area hockey registration for the 2000-01 season will take place on Saturday, Sept. 9 from 2-5 p.m. and on Wednesday, Sept. 13 from 6-8 p.m. at the North Oak Recreation Center, 1414 St. Albans. Sign-ups are for boys and girls 15 and under interested in either the recreation or traveling team. For more information, call Dave Doughlas at 683-8900.

Reading
Thomas F. Waters will read from and sign copies of his new book, “Wildstream: A Natural History of the Free Flowing River” on Thursday, Sept. 7 at 7 p.m. at Micawber’s Booksstore, 2238 Carter Ave in Milton Square. Waters is retired from the University of Minnesota fisheries faculty.

The second annual St. Paul Reads Books is soliciting new and gently used books for St. Paul school libraries and classroom bookcases. Books can be placed with curbside recycling or dropped off at Border Books and Music, Hmong Arts Books and Crafts, Kowalski’s Grand Market, Red Balloon Bookshop, Rummage Bookstore or any St. Paul Public Library. For more information, call 767-4895.

The rooftop of St. Anthony Park has been chosen as a finalist in the Ms. Petite Minnesota Pageant, to be held Oct. 20-22 at Jeanne D’Arc Auditorium in St. Paul. Ms. Woss is a 1997 graduate of St. Mary’s College in Maryland. Currently she works as an actress and volunteers as a news reader for the State Services for the Blind and as a tour guide at the Guthrie Theatre.

Volunteers
The Befriender program is seeking volunteers who are willing to complete 18 hours of training and make a one-year commitment to the program. The Befriender program introduces young mothers who have little support to older women who can provide a unique friendship.

Training will be held on Friday, Sept. 22 from 12:30-9 p.m. and on Saturday, Sept. 23 from 8:30 a.m. to 5 p.m. at Roseville Lutheran Church.

To schedule an interview prior to training, call 646-7771.

The Raptor Center at the University of Minnesota’s College of Veterinary Medicine is seeking volunteers interested in working at a facility that cares for injured raptors (eagles, hawks, owls and falcons) and provides public outreach.

Volunteer orientation sessions will be held Wednesday, Sept. 27 from 6-8:30 p.m. and Saturday, Sept. 30 from 9:30 a.m.-noon at the Raptor Center, 1920 Fifth Ave, on the St. Paul campus. To register for one of the orientation sessions or for additional information, call Noreen at 612-624-9753.

Como Zoo needs 250 volunteers a night on the last two weekends in October for Zoo Box, Como’s annual non-scary Halloween event where families follow an outdoor path around the Zoo transformed into a storybook parade.

Volunteers are being sought who can work from 5-9 p.m. on Friday, Saturday or Sunday, Oct. 21, 22, 27, 28 or 29. Work as a costumed character or behind the scenes, distribute refreshments, facilitates parking, help set up or tear down props.

To volunteer or for more information, call Kate McNulty at 447-4327.

Neighborhood invited to see Murray addition
by Ann Bolger

One of the best-kept secrets in St. Anthony Park has been the construction of a new addition at Murray Junior High School at 2200 Bedford Ave. Since this is a somewhat out-of-the-way location, many SAP residents never drive by it, and most have probably been unaware of the building project over the past 15 months.

The community is invited to tour the new facility on Tuesday, Sept. 14 from 3:30-6:30 p.m., with a ribbon-cutting ceremony at 5 p.m. Former Murray students are especially encouraged to attend. From 6:30-9:30 p.m., current Murray students and parents can meet their teachers. Refreshments will be served.

Construction of the new addition began on June 10, 1999 and ended Sept. 1, 2000—just in time for the new school year, although most of the new area was open for use last April. The $1,350,000 brick and aluminum structure was designed by Dan Murdoch of Ankelyn Kerr Architects in south St. Anthony Park. The contractor was C & M Construction Co. of Burnsville.

The new addition ties the two former buildings together and provides a great view of the school. It houses 14 offices and conference rooms on the ground floor. On the second floor, a walkway connects Murray’s two buildings—a boon for students, who have always had to walk down a flight of stairs and then back up again to get from one second-floor class to another in the opposite building.

The former office area in the old building has been converted to a teacher workroom, a computer classroom and a life skills classroom.
Arts events

Lois Safer and Joyce Lyon will share the opening exhibit at the First Unitarian Society of Minneapolis.
Safer, long-time St. Anthony Park resident and professor emeritus at the University of Minnesota, will show a series of new mixed-media works entitled "Insights."

Lyon, a faculty member in the University of Minnesota Art Department and a more recent arrival to St. Anthony Park, will exhibit work from a series called "Transitions."

The exhibit will run from Sept. 10-Oct. 15. A reception (open to all) will be held Sunday, Sept. 17 from 1-3 p.m. The Society is located at 908 Mount Curve Ave., Minneapolis.
For more information, call 612-377-6508.

The Goldstein Gallery on the University of Minnesota's St. Paul Campus presents "Fashion Lives, Fashion Lives" until Oct. 8. This exhibition focuses on the 1940s and '50s, when American fashion design emerged from the dominance of European designers.

Guest curator Margot Sigel focuses on four individuals: her mother, Madame Jeanne Auerbach; Dayton's Oval Room's legendary buyer and early champion of American fashion; Gilbert Adrian, one-time MGM studio costume designer; Charles James, hailed by many as America's greatest fashion designer; and Pala Stout, a textile designer who created fabric for Adrian's intricate design.

The Goldstein Gallery is located at 244 McNeal Hall, 1985 Buford Ave.

The Como Park Conservatory's Garden Gala celebrates the beauty of nature in the United States and Sri Lanka with an exhibit by Sri Lankan artist Sumithira Wadaramula. The exhibit continues through Sept. 27.

The Como Park Conservatory and Garden Gala are open from 8 a.m. to 6 p.m. The Conservatory is located just west of the intersection of Lexington Place and Eastbrook Dr. S. in St. Paul's Como Park.

Gardening

The St. Anthony Park Garden Club's September meeting will focus on summer and spring bulbs. Club member Mary Maguire Lerman will discuss how to clean and store summer flowering bulbs for the winter. She will also discuss various planting methods for fall planting of spring flowering bulbs.

The garden club program begins at 7 p.m. and is open to the public. The meeting will be held in the Auxiliary Dining Room of the Olson Campus Center at Luther Seminary. 1490 Fulham.

The St. Paul Neighborhood Energy Consortium and the Capitol Region Watershed District are offering two free low-impact lawn care workshops as part of the Clean Streets, Clean Como Lake project.

Residents of St. Paul, Roseville, Lauderdale and Falcon Heights can attend these free workshops to learn how to maintain a healthy lawn and protect local waterways at the same time.

Workshops will be led by U of M Extension Service master gardeners. To sign up, call the NEC at 221-4462. Two workshops are scheduled:

- Wednesday, Sept. 13, 6:30-8 p.m. St. Timothy's Lutheran Church 1465 N. Victoria, St. Paul.
- Thursday, Sept. 14, 6:30-8 p.m. Falcon Heights Community Park Cleveland and Roselawn.

Grant Opportunity

The St. Anthony Park Community Foundation announces its second annual grant competition. Non-profit organizations, neighborhood and community-based groups serving the needs of St. Anthony Park are eligible for funding. Applications are due by Oct. 13.

Application forms and guidelines are available at the St. Anthony Park Library or by contacting Ginger Berth at 612-1435.

 Nobody says it better than a satisfied client... Dear Steve:

Thank you for all your help in selling my father's St. Anthony Park house. I know that the least than perfect condition of the house made for a potentially difficult sale, but with your years of experience you made it seem easy. We were very impressed with the quality and detail mindedness of your work. Your many contacts in the industry enabled this sale to come to pass. During the process you made sure we knew what was going on and what our options were. After the sale was agreed to you made sure we had everything together for a smooth closing.

I was even more impressed with you after the closing. We had some legal documents that had to be sent in with the rest of the papers. We only had one copy of one of these documents and you went out of your way to make sure we got more copies of this very important document.

I would recommend you to anyone who is buying or selling a home. By using your service they will get very professional help and a person who will do all he can to make sure you are successful. Thank you again for your work in selling my father's house.

Sorry, could not find the images for the above.

Steve Townley 644-3557 2190 Como Avenue www.stevetownley.com

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nobody says it better than a satisfied client...
LINNIA: Assisted living in a classic setting
by Amy Gautson

You may have noticed a graceful red-brick building at 2040 Como Ave. near Raymond that looks like a Victorian mansion, and wondered who lived there.

That building is the "Twin Cities Linnia Home. Built in 1917, the Linnia Home was originally established as a home for Swedish immigrants and was owned and governed by women until the 1960s. Over time, it evolved into a care center for the elderly.

Linnia Home is licensed as a "board and care" facility, which means it provides assisted living to its 71 residents as opposed to full nursing home care. Its residents have "pretty light health needs," says administrator Dale Armitage. "We allow our residents to maintain a sense of independence," he adds, noting that the majority of Linnia's rooms are private.

Linnia Home does provide 24-hour nursing care, however, which most assisted living facilities do not. They also provide temporary respite care for people with short-term needs (after an injury or surgery) or whose caretakers will be unavailable for a time.

Operating a nursing home is not without its challenges. Armitage cites increasing regulatory pressure as one of the major difficulties, as well as "negativity in the mass media." As an example of the latter, he cites a recent "Duluth NBC" story about nursing homes in Texas and California being sued for providing insufficient care. The story expressed the attitude that nursing homes should simply hire better workers, something Armitage says is much easier said than done. "There aren't enough quality workers out there to provide the help these people need," he says and predicts this will continue to be the biggest concern in the future.

The future will also pose new challenges as the baby boom generation ages. While Armitage believes existing facilities are adequate for the current demand (Minnesota has the most nursing home beds per capita in the country), the future demand for elder care will likely outstrip the supply.

And that's not the only concern. As Armitage puts it, baby boomers are "much more demanding consumers. People aren't going to want those cookie-cutter 1960s nursing homes." Among the "high expectations" he believes baby boomers will have for their care centers: 

Sholom: A traditional nursing home changes with the time
by Dave Reydy

The Sholom Community Alliance is illustrative of the changes affecting senior care in the last quarter of the 20th century. A fixture at Midway Plaza, and Steilning Ave. since 1923, the former Jewish Home for the Aged of the Northwest, now called Sholom Home East, has recently decided to downsize its nursing home and to expand assisted living services for its residents.

What was to become Sholom Home began in 1907 among a small group of Jewish women who recognized that very little in the way of institutional care for the elderly was available—both across society at large and especially for Jewish people. By 1971, Sholom had reached its capacity of 302 beds at the Midway Plaza location, and in 1995 an additional facility was built in St. Louis Park. Since then, the St. Paul site has been known as Sholom Home East, while its 176-bed Minneapolis counterpart is Sholom Home West. The Sholom Community Alliance also includes Knollwood Place Apartments, a market-rate independent housing facility in Minneapolis that is home to 165 tenants, and Menorah Plaza and Memorah West, both HUD-subsidized apartment buildings.

Sholom has always been a non-profit corporation that relies heavily on its auxiliary to raise the Alliance's profile. The annual Sholom Bazaar in January. This year, Sholom held over 1,000 attendants $213,000 to support facilities. Sholom Home current 285-bed adult day care and group home for half of whom are Jewish immigrants. The meals-on-wheels program for those who need their homes even further East will add to 75 bed development. They are in the Hennepin County. This development is being in accordance with Sholom's...
nursing homes pursue different visions

Rutstein in 2000 is a kind. In 1912, one woman, who was a nurse, opened a small nursing home in Rutstein. This nursing home was a response to the need for care for elderly people who could not care for themselves. It was a small, intimate setting that provided personalized care and attention to each resident. This model of care was significant because it reflected the values of compassion and empathy that are still at the heart of nursing homes today.

Lyngblomsten in 2000 is also a kind. In 1912, a group of women opened a small nursing home in Lyngblomsten. This nursing home was a response to the need for care for elderly people who could not care for themselves. It was a small, intimate setting that provided personalized care and attention to each resident. This model of care was significant because it reflected the values of compassion and empathy that are still at the heart of nursing homes today.

Although Lyngblomsten has always included what might still be called a nursing home, that component of its mission has changed dramatically over the years. According to chief operating officer Susan Kiley, "When I got started working in nursing homes, people had two choices. Either they could live at home, or when they and their family could no longer manage that, they could enter a nursing home." Back then, Kiley explains, someone might expect to live in a nursing home for 10 years or more.

Today, many more options are available throughout society, including senior housing with various services, assisted living and full-time care. The length of stay in Lyngblomsten's Care Center has decreased dramatically in recent years. Currently, over half of their admissions are for less than 30 days. Many people enter a nursing home for short-term rehabilitation, for example, to recover from a serious injury.

Shorter stays create several challenges for nursing homes. For one thing, more frequent turnover of patients increases the amount of paperwork surrounding admission and discharge. Even more difficult to deal with from an employee perspective is the loss of long-term relationships that formerly could develop between residents and staff. According to Lyngblomsten's director of community relations, Elizabeth Ekholm, "People go into health care or senior care because they want to help others. Part of the satisfaction of helping people is developing relationships with them that persist over time. If someone only stays with us for a few weeks, we don't get a chance to develop that relationship."

Employee satisfaction is only one of the challenges faced by nursing homes today. As the population ages, there is a growing demand for skilled nursing care. This demand has created a shortage of qualified nurses and other healthcare professionals. At the same time, there is increased pressure to control costs, which has led to a focus on efficiency and productivity.

Lyngblomsten to page 12

ST. ANTHONY PARK HOME: Building for the future

by Pete Keith

I n the midst of the difficult times facing the nursing home industry, the St. Anthony Park Home has been boldly moving forward with a $3.5 million expansion plan five years in the making.

Surprisingly, though the addition is adding 17,000 square feet, the Home's capacity will effectively stay the same, as approximately 90 residents. As well as the addition, the existing facility will undergo a major renovation. The entire exterior will get a facelift, providing a pleasing match between the old and new structures.

The net effect of the project will be the addition of more dayroom and dining space and the installation of bathrooms in all of the bedrooms. Most of the living arrangements will be two-bedroom, as opposed to the numerous three- and four-bedroom accommodations currently available.

The St. Anthony Park Home occupies the former Children's Home Society building on Commonwealth Ave., just off Como. A nursing home facility since 1960, it is under the current owner and administrator, John Barker, in 1991.

Unlike many nursing homes, the St. Anthony Park Home is a stand-alone facility, not part of a larger corporation or non-profit affiliation. Therefore it needs to be run as a small business in order to survive, according to Barker. This is no simple task in the current environment of heavy regulation, cost pressures and the constant challenge of finding and retaining committed and qualified nursing personnel.

"It's a fact," says Barker, "this industry does not pay its nursing assistants commensurate with their role. These

St. Anthony Park Home to page 12

Announcing...
The St. Anthony Park Community Foundation 2000 Grant Program

Deadline: October 13, 2000

Grant Size: $1,000 and Up

Eligible Organizations:
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Grant Application Forms:
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Come home to St. Anthony Park...
enticing tournaments. Table tennis was no longer just a hobby. It had become Bob Fox's passion.

In 1970 Fox was asked to serve as local coordinator for the U.S. Olympic Festival, held that year in the Twin Cities but since discontinued. The Festival was a simulation for the Olympic Games and was designed to expose athletes to the conditions they would encounter in Olympic Village. As Fox explains, "Being in the Olympics doesn't just mean competing. It involves living in a secured village with 15,000 other people, depending on a "disarmament" of being in a cafeteria, dealing with security and check points. The Festival helped prepare our athletes for the whole Olympics package."

Fox's stint as Festival local coordinator was followed by an invitation to serve as commissioner for the 1991 Festival in Los Angeles. Then he was asked to be team leader for the 1992 Barcelona Olympic table tennis team, a role he also filled in 1996 in Atlanta. As team leader in Sydney, Fox will accompany four women and four men who will represent the United States in table tennis, along with their two coaches. He'll handle the flood of administrative details connected with international travel. He'll arrange sightseeing trips for the athletes. He'll round up extra clothes and gear if baggage gets delayed. He'll see to it that people get where they need to be in time. He'll be part travel agent, part concierge, part caddy, part camp counselor.

And all this as an unpaid volunteer. Being in Sydney means Fox will miss the first third of the semester at Metro State University, which teaches political science and history. His fortunate to be able to conduct part of his fall-semester classes on the Internet. Students in his three classes will have regular e-mail contact with their professor, who will be lodging across town ping pong balls on the other side of the globe.

Although he doesn't get paid for his Olympics work, Fox is quick to point out the job's perks. He never has to buy tennis shoes or sweat suits or blazers. He gets to travel all over and rub shoulders with some of the world's greatest athletes. And he gets to bask in the atmosphere of the impressive international sporting event of all time. "Walking into the stadium as part of the opening ceremonies in Atlanta, seeing Muhammad Ali holding the Olympic torch, being part of that whole incredible spectacle—that's nothing like it."

By the end of the week, he's planning to play in his regular doubles and singles leagues. Even the week after, he'll still play table tennis two or three times a week. He is a 10-time state senior champion and once made it to the national semifinals in the over-50 category. But like many aging athletes, he finds his body resisting the demands of his sport. Now, he's more comfortable in a supportive role, helping other players and serving as an evangelist for the game he loves.

"Table tennis is a 'minor' sport in this country," says Fox. "That means it doesn't get the media attention of football or basketball or baseball. But it doesn't mean the efforts and accomplishments of its practitioners are minor."

"I love living in south St. Anthony Park. I like the varied architecture. I like being able to walk to the Hampden Park Coop and Keys Restaurant. And I like the spirit of activism I sense among my neighbors."

In China everyone knows the best table tennis players. In Sweden, the top stars make a comfortable living. Fox knows that will probably never happen here, but he would like to see table tennis get more respect. He's pushing to get the game included in the phy ed curriculum at more schools. And he constantly sings the praises of the sport's top players. Teams conducted at one Olympic Festival revealed that able table tennis players had quicker reaction times and better hand-eye coordination than any other group of athletes.

His own reaction time isn't what it used to be, but his passion for table tennis is undiminished. Still, he expects to see his involvement in the sport drop off a bit in the coming years. At that happens, he'd like to get more involved in his neighborhood. "I love living here," says the Seal St. southwestern resident. "I like the varied architecture, I like being able to walk to the Hampden Park Coop and Keys Restaurant. And I like the spirit of activism I sense among my neighbors."

Activism, like epiphanies, comes in many forms. Talking to Bob Fox, one has the feeling that he'll always manage to find creative outlets for his life's passions.
Attracting hummingbirds requires planning

by Mary Maguire Lemann

Once you’ve had an experience with hummingbirds, you want it to continue—most of the time, that is. In 1982, my husband and I were backpacking on the John Muir Trail in Yosemite National Park. We were both wearing orange-red chamois shirts. Suddenly, we were attacked by a pair of large hummingbirds that confused our bright shirts for giant flowers. Fortunately, they soon realized we had no nectararies and were quickly off searching for the real thing.

About 10 years ago, while visiting relatives in North Carolina, I made the mistake of washing the glass sliding doors near their deck. I thought my brother would enjoy a clearer view of the many hummingbirds that came to the feeder. It seemed like a good idea until shortly after the cleaning, when I heard a thud on the door. Upon investigation, I found a stunned ruby-throated hummingbird lying on the deck. Since there were many cars in the neighborhood, I went out and picked up the tiny bird and held it in the palm of my hand for 20 minutes until it finally came to and started “humming” its wings. It flew a few feet away to the railing, gave me a “thank you” for cleaning the glass and then took off for the nearby woods. Since that day, window washing has not been high on my priority list.

However, attracting these amazing creatures to my yard and garden has been a priority. Usually, St. Paulites only see hummingbirds during their fall migration. They arrive very early in the spring and are often up in Minnesota’s north woods by mid-May. To be attracted to your garden, hummingbirds need a constant, large supply of nectar-rich plants. For the last two seasons I have planted large quantities of scarlet sage in my front yard. Then in fall when the hummingbirds are moving south, we hear them singing through our area on their southward migration, from my living room window in the very early morning hours. I have the opportunity to observe these beauties feeding on the flowers.

A neighbor of mine had many hummingbirds visit her garden one fall when her numerous clumps of “oily the lovely” Nicotiana alata were in heavy bloom. Having a single plant that hummingbirds prefer to feed on will not be enough to attract them. Large quantities of their preferred blooms are required because these birds are heavy feeders and need many flowers to obtain the nectar they require. Adding a hummingbird feeder to one’s yard may help keep these birds around longer between May and September. Since the protein in their diet is obtained from eating insects, Carroll Henderson of the Department of Natural Resources also suggests hanging chunks of melon and banana in mesh bags to attract fruit flies for the hummingbirds.

Why does one need so many flowers and a feeder to keep hummingbirds about? They require an extraordinary amount of energy for their size. Their spools have been clocked at 25-30 miles per hour as they harvest nectar. Crawford Greenwell, a photographer and hummingbird authority, notes that an average adult male will consume 3,500 calories a day, but a similarly sized hummingbird would have to consume 155,000 calories daily in order to keep itself going. University of California researcher Oliver Pearson observes that the nectar from 1022 fuchsia blossoms would supply the energy needs of an Anna’s hummingbird for just a single day.

To add plants that will attract more hummingbirds next year, consult the accompanying list of their favorite nectar plants. Also, consider stopping by Micawber’s and picking up “The Hummingbird Garden” by Mathew Telukulsky; it’s fascinating reading.

Favorable flowers of the ruby-throated hummingbird

- **Streptocarpus**
- **Pansy**
- **Humboldt cypress**
- **Morning glory**
- **Coralbells**
- **Coneflower**
- **Wild columbine**
- **Partridge pea**
- **Columbine**
- **Watchful**
- **Rusby**
- **Society garlic**
- **Golden milkweed**
- **Lantana**
- **Garden yarrow**
- **Tobacco lily**
- **Cranesbill**
- **Nasturtium**
- **Garden helianthus**

* Use caution when selecting the planting site for this vine, which can cause major structural damage to wood-sided houses and garages.

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components of the challenge confronting any employer in today's economy. According to Susan Kiley, the most pressing issue facing nursing homes today is attracting and retaining staff. "Direct care is hard, hard work. Nursing home jobs don’t pay what they’re worth. The rewards end up being much more personal than monetary."

Nursing home employees are also affected by social criticism of the institutions in which they work. "We are a youth-oriented society," says Elizabeth Ekhholm. "We don’t really know how to feel about the elderly or the places that care for them." Ekhholm also cites a diminishing of the service ethic in America as a threatening development for an aging society. "Many of our employees at Lyngbomsten are immigrants or refugees. Often they come from cultures where caring for the elderly is an honorable profession. How they encounter a very different attitude."

To counter these forces, Lyngbomsten continues to perfect a model of holistic care based on partnerships. They cultivate a volunteer force that numbers over 500. They rely on a men’s and women’s auxiliary that helps with fundraising. They partner with 39 churches in the Twin Cities to provide off-campus health checks and parish nursing care. They explore innovative options for senior care such as the Service House, a small cluster of apartments surrounding a communal gathering space. And they continue to educate themselves on the special challenges of caring for Alzheimer’s patients.

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**St. Anthony Park Home . . .**

people could go to McDonald's for a job with less hassle and make about the same money.

The industry’s challenge of retaining qualified employees is "a whole lot of people’s fault," says Barker. "If we as an industry want to do better, and we can, we simply need more qualified people to work on the floor, taking care of the residents, and we need the resources to compensate them. Ninety-nine percent of my job is getting and keeping good staff that determines our ability to treat our residents well."
The National Association of Social Workers estimates that 30 percent of those who think that nursing homes are inefficient and wasteful. He acknowledges that there were problems in the past with particular nursing homes, but the "solution" of reimbursement reductions enacted by Medicare in 1997 went too far.

The majority of dollars that go to fund most nursing homes are provided by the government. "As taxpayers, we don't want to pay more, yet we continue to demand more from nursing homes," says Barker. "All I ask is that we be honest about what we can do with the resources available."

In spite of the great challenges in operating an effective and responsible nursing home, Barker is enthusiastic and optimistic about the future.

"I love what I’m doing, and I am fortunate to operate my own business. I wouldn’t be doing this project if I weren’t optimistic. There is a definite need for this type of service and facility." And finally, "My goal has always been to do this for 30 years, and it’s been 10 years so far."

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**Linnea Home . . . from page 8**

private rooms, Internet access, cable TV and central air conditioning. In an older building like his, it’s not easy to meet these needs.

For these and other reasons, the Linnea Home has launched its "Restore Classic" fundraising effort to revamp the building and to redo the landscaping. One of the advantages of an older building, according to Armistead, is that the residents feel comfortable in a building similar to ones they grew up in. Linnea Home has the polished woodwork, big windows and spacious porches found in many older homes. In the renovation process, the goal will be to maintain that ambiance. Anyone interested in contributing to the fundraising effort (or in donating antiques to be used in decorating the Home) may contact the Linnea Home at 646-2544.

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**Shalom Home . . . from page 8**

"Things are in flux right now," says Klein. "Nursing homes are an older model of senior care. The trend today is definitely toward assisted living. People want an environment that feels more residential and less institutional." Klein sees nursing homes continuing to provide a government-supported safety net for the elderly, while assisted living becomes more attractive for those with greater financial resources.

The ShalomCommunity Alliance is an attempt to provide an array of senior care services that help people adjust to decreasing independence, from services provided to people's homes to assisted living on campus to full-time nursing home care. It remains committed to working with other Jewish organizations such as the St. Paul Jewish Family Services, Jewish Community Center and area synagogues, as well as local social service and community agencies. And it will continue to

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**Lyngbomsten residents enjoy a craft bazaar** Photo courtesy Lyngbomsten

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1 Friday
- Lauderdale and Falcon Heights recycling.

4 Monday
- Labor Day
- AA, St. Anthony Park Lutheran Church (644-0809), 8 p.m. Every Monday.
- Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Every Monday.

5 Tuesday
- St. Paul public schools are in session.
- Tea Time (for 5-year olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-1 p.m. Every Tuesday.
- Toastmasters (633-4153), training in effective speaking, Holter Park, 2025 Larpenteur Ave., 7:40-8:40 a.m. Every Tuesday.
- St. Anthony Park Writers will meet at the Black Bear Crossing House and Community Circle, 831 Como (east of Como Park) at 7:30 p.m. Call 645-1545 for more information.

6 Wednesday
- St. Anthony Park recycling.

7 Thursday
- Tea Time (for 5-year olds and younger), South St. Anthony Rec Center (298-5765), 10 a.m.-noon. Every Thursday.
- St. Anthony Park Community Council Physical Planning Committee, South St. Anthony Rec Center, 890 Cronwell, 6 p.m.
- Como Community Council executive meeting, Black Bear Crossing, 8 p.m.
- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday.
- Como Community Council executive meeting, Black Bear Crossing, 8 p.m.
- Leisure Center for Seniors (603-8946), St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Lunch reservations by Monday. Every Wednesday.

8 Friday
- Como Park recycling.

9 Saturday
- Junior High Night, Langford Park Rec Center (298-5765), 7-10 p.m. Parent permission required.

11 Monday
- Falconers Senior Card Club (488-3561), Falcon Heights City Hall, 2077 Larpenteur Ave., 1-3:30 p.m.

12 Tuesday
- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.
- Holly House director Dr. Patricia Lawler will offer a free workshop on embracing menopause, 6 p.m. Call 644-4302 for meeting location.
- Tea Time (for 5-year olds and younger), Langford Park Rec Center (298-5765), 10 a.m.-1 p.m. Every Tuesday.
- St. Anthony Park Community Council meeting in the Auxiliary Dining Room of the Olson Campus Center at Luther Seminary, 6:30 p.m. Meeting is open to the public.

13 Wednesday
- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7:30 a.m.
- Parks and Recreation, Black Bear Crossing, 7 p.m.
- Como Community Council executive meeting, Black Bear Crossing, 7 p.m.
- Como Community Council executive meeting, Black Bear Crossing, 7 p.m.
- Full Council meeting, St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cronwell, 7 p.m.

14 Thursday
- Murray Junior High School open house for community members, 3:30-6:30 p.m.; open house for parents, 6:30-9:30 p.m.
- Park Press Inc., Park Bugle Board meeting, St. Anthony Park Bank community room, 7 a.m.
- St. Anthony Park Bank Block Nurse Program, St. Anthony Park Library, 10-11 a.m.
- Free blood pressure clinic and health resources by the St. Anthony Park Block Nurse Program, St. Anthony Park Library, 10-11 a.m.
- Lauderdale and Falcon Heights recycling.

15 Friday
- Lauderdale and Falcon Heights recycling.

16 Saturday
- St. Anthony Park Community Council Garage Sale, 9 a.m.-4 p.m.

17 Sunday
- KAT Daze, 11 a.m.-5 p.m., south St. Anthony Recreation Center, Hwy. 280 and Territorial Rd.

18 Monday
- Como Park recycling.

19 Tuesday
- Lauderdale Planning Commission, City Hall, 1891 Walnut St., 7 p.m.
- Como Community Council Board meeting, 7 p.m. Community meeting 8 p.m. North Dale Recreation Center.

20 Wednesday
- St. Anthony Park recycling.
- Langford Booster Club, Langford Park, 7:30-9 p.m.

22 Friday
- Preschool story time at St. Anthony Park Library, 10:30 a.m.

23 Saturday
- FARE For All food distribution and registration at St. Anthony Park Lutheran Church (644-8833), 2323 Como Avenue, 8:30-10:30 a.m.; and Holy Childhood Church (644-7945), 1435 Midway Parkway, 9:30-11:30 a.m.

25 Monday
- Como Park recycling.
- St. Anthony Park Block Nurse Program Board of Directors meeting, St. Anthony Park United Methodist Church library, 7 p.m.
- Falconers Senior Card Club (488-3561), Falcon Heights City Hall, 2077 Larpenteur Ave., 1-3:30 p.m.

26 Tuesday
- Lauderdale City Council, City Hall, 1891 Walnut St., 7:30 p.m.

27 Wednesday
- St. Anthony Park Community Council Housing and Home Services Committee, South St. Anthony Rec Center, 890 Cronwell, 5:30 p.m.
- St. Anthony Park Community Council Environmental Committee, South St. Anthony Rec Center, 890 Cronwell, 7 p.m.
- Falcon Heights City Council, City Hall, 2077 Larpenteur Ave., 7 p.m.

29 Friday
- Lauderdale recycling.
- Preschool story time at St. Anthony Park library, 10:30 a.m.

30 Saturday
- Rush Haskellah.
- Como/St. Anthony Park cleanup, 8 a.m. to 2 p.m. at the Camel Lot in the Minnesota State Fairgrounds.

Items for the October Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, September 13.
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Reading Thursday, September 7 at 7:00 PM
Micauber's welcomes University of Minnesota professor emeritus of fisheries and stream ecology, Thomas Waters, for a reading from his new book, Wildstream: A Natural History of the Free Flowing River. Waters' mission in writing this book is "to interpret scientific knowledge on stream ecology to all those who love rivers."

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RICHARD A. BENOLKEN
Richard A. Benolken died on Aug. 10 at the age of 69. He was a resident of Falcon Heights and a parishioner at Holy Childhood Catholic Church in St. Paul. Preceded in death by his parents, Alma and Alfred Benolken, and two brothers, Donald and David Benolken, he is survived by his wife of 45 years, Cynthia Benolken; five daughters, Susan Benolken, Sarah Benolken, Amy Thorson, Katie Thomas and Anne Justing; a son, Rick Benolken; five granddaughters; and a sister, Joan Nelson. A Mass of Christian Burial took place on Aug. 14 at Holy Childhood Church.

CHARLES McMURRAY BRADEN
Charles McMurray "Murray" Braden died at age 82 on Aug. 1. His home was at 1666 Coffman in University Grove. Mr. Braden was a retired math professor from Macalaster College and a member of First Congressional Church in Southeast Minneapolis.
Survivors include his wife, Grace Gilman; three daughters, Margaret of Minneapolis, Elizabeth of Milwaukee, Wisconsin, and Ann of Aspen, Massachusetts; a son, Charles of St. Paul; and four grandchildren, Nat, Sarah, Benjamin and Emily. A memorial service will be held at First Congressional Church on Aug. 5.

LUICILE C. KIMBALL
Lucille C. Mastroianni Kimball died on July 2 at the age of 90. She was a resident at Lyngblomsten Care Center and a member of St. Paul United Church of Christ.
She was preceded in death by her husband, Maurice Kimball; a daughter, Beverly Krasnov; two brothers, Kenneth and Harold Mastroianni; and a sister, Eleanor Herzinger. She is survived by two sons, George and Jerry Kimball; a daughter, Maureen Fitzpatrick; 17 grandchildren; and 40 great-grandchildren.
A funeral service took place at Lyngblomsten Chapel on July 7.

ESTHER JULIA LANG
Esther Julia Lang died on Aug. 2 at 96 years. She had lived at Lyngblomsten Service Center for the past 18 months and at Lyngblomsten's Heritage House for six years prior to that.
Esther was born in Elmore, Minnesota on Sept. 9, 1903, the daughter of Andrew and Anna Balincad. She was the fifth child of 13 and had 10 sisters and two brothers. She was preceded in death by her parents, her husband and all of her siblings except two younger sisters.
She married Dr. Robert Lang on May 28, 1928. They spent their early years in Austin, Minnesota, then moved to Portland, Oregon; Short Hills, New Jersey; and St. Paul. After Dr. Lang practiced dentistry for 26 years, they taught dentistry at the University of Oregon, St. Louis University and the University of Minnesota.
The Langs adopted two children, Jeanne and Jon. Mrs. Lang was a member of Holy Childhood Catholic Church.
Survivors include two sisters, Mildred Chelton of Blue Earth, Minnesota and Aleta Smith of Lakeville, Minnesota; her daughter, Jeanne Thomas of St. Paul; her son, Jon Lang of Los Altamitos, California; nine grandchildren, Robert Thomas, Tim Thomas, Michael Thomas, Jeanne Rylander and Lisa Arcand, all of the Twin Cities; Patrick Haynes of Hannover, New Hampshire; Stephen Lang of Trabuco Canyon, California; Susan Raggett of Garden Grove, California; and James Lang of Seal Beach, California; and 23 great-grandchildren. A Mass of Christian Burial was celebrated on Aug. 5 at Holy Childhood Church.

OLIVE LEONARD
Olive Leonard died on July 6. She was 88 years old and a resident of Lyngblomsten Care Center.
Mrs. Leonard was preceded in death by her husband of 77 years, Randall Leonard. She is survived by two daughters, Delores Lolsden of Beaufort, South Carolina and Myma Kruger of Bloomington, Minnesota; one son, James Leonard of St. Paul; eight grandchildren, Renee, Gary, Valerie, Todd, Scott, Tina, Carrie and Kelly; and six great-grandchildren. Services were held July 29 at the Lyngblomsten Chapel.

ROY OSTERBERG
Roy Osterberg, a former resident of Como Park, died on July 15. He was 73 years of age. Since 1974 his home had been in Cornucopia, Wisconsin.
Born Jan. 14, 1927, he grew up on Halton Ave. He was a graduate of Murray High School in 1944 and married another Murray graduate, Lois Nueden. Mr. Osterberg was an architect with Ellerbe Becket Architects in Minneapolis and lived in Stillwater for several years. He enjoyed oil painting as a hobby and was a member of Immanuel Lutheran Church in Cornucopia.
He is survived by his wife, Lois of Cornucopia; two daughters, Martha Osterberg of Minneapolis and Jo Sanders of Mountview; two grandchildren, Molly and Michael Sanders; and two brothers, Martin and Glenn Osterberg of St. Paul. Services were held in Cornucopia.

ROBERT D. TURNACLIFF
Dr. Robert D. Turnaclicf, a former resident of St. Anthony Park, died on July 12. He was 76 years old. His recent home was in Palos Verdes Estates, California.
Born March 27, 1924, he grew up on the corner of Heden and Branchton and graduated from Murray High School in 1942.
For 31 years, Dr. Turnaclicf was the director of Project West Wing, a U.S. Army ballistic missile technology. He was a longtime member of the Scientific Advisory Committee for the National Security Agency and a consultant for the Arms Control and Disarmament Agency. He retired in 1993.
Survivors include his wife, Elda Turnaclicf; a daughter, Anne Turnaclicf; and a son, Brian Turnaclicf. Services were held at the Neighborhood Church in Palos Verdes Estates, where Dr. Turnaclicf was a member.

JAMES CAMPBELL UNDERHILL
James Campbell Underhill died on Aug. 4 at age 77. His home was in St. Anthony Park.
A specialist in the biology of fishes, Dr. Underhill was a professor of zoology at the University for 37 years. He was also the director of the fish section of the Bell Museum of Natural History on the University's Minneapolis campus.
Born in Duluth on June 8, 1925, he received his B.A. in biology from the University of Minnesota-Duluth and his Ph.D. from the University of Minnesota in Minneapolis. He served in the U.S. Navy during World War II aboard destroyer escorts.
Dr. Underhill is survived by his wife, Annie Underhill of St. Anthony Park; two daughters, Sarah Holm of Radisson, Wisconsin and Mary Underhill of St. Paul; and a brother, Donald Underhill of Virginia, Minnesota.
A memorial service is scheduled for a later date at Forest Hill Cemetery in Duluth.

Compiled by Ann Bulger

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BRAD NILLES
five kittens that Theresa and Brianna found on a recent trip to the Taste of Scandinavia in St. Anthony Park.

"We were sitting outside when I noticed a long-haired white cat disappear into some bushes," says Brianna. "When I looked over there again, I saw two small heads poking out." Investigating further, they discovered a litter of five four-week-old kittens.

"Feline Rescue's foster program was full at the time," says Theresa, "so I called my sister. With a little nudge, she agreed to take the kittens in." At Feline Rescue's Charles St. building, new arrivals are kept in cages. Long-time residents, however, roam freely about. Especially timid cats are kept in the "shoebox." Because of the shelter's no-kill policy, cats stay until they are adopted. For some that may mean months or even years. "One"

“My husband says he wants to come back as my cat.”
—Theresa Hempel

recently adopted cat had been at Feline Rescue for almost six years," says Theresa. When Feline Rescue is full, which is most of the time, they keep a waiting list for new cats.

Although Feline Rescue houses a lot of cats in a fairly small space, fights among the animals are rare. "Considering how many cats we have together, it's amazing how well they get along," says Theresa.

The Hemps learned about Feline Rescue at one of the organization's adoptions, which are held regularly at Petco stores. They were won over by the idea of adopting a cat and adopted one that was spayed and neutered and that they not be declawed.

Theresa and Brianna will join dozens of other cat lovers at Feline Rescue's Kat Daze 2000 on Sept. 17 at the South St. Anthony Recreation Center and Park, located at Territorial Rd. and Hwy. 280. Kat Daze will feature musical entertainment; a blessing of the animals; a cat portrait artist; free cat care information; kitty face paintings; cat books, cards, calendars, and gifts; kitty costume; and tours of the Feline Rescue shelter and the south St. Anthony Park neighborhood. There will also be an opportunity to adopt one of the shelter's cats.

Theresa and Brianna will be working at Kat Daze, but they'll manage to get around to most of the activities. They are, after all, crazy about cats.

"In my neighborhood, I'm known as the cat lady," says Theresa. "But I think the highest compliment anyone has paid me is when my husband said that when he's reincarnated, he wants to come back as my cat."