

## Jay Benanav goes to City Hall

City Council member set to represent constituents

by Judy Woodward

**N**orm Coleman and Jay Benanav have some things in common. They're both native New Yorkers who have chosen to raise their families in St. Paul. They're both veterans of the student activist movement of the 1970s who moved toward closer ties with the business community as their careers progressed. They're both blessed with lean, boyish good looks that belie their 40-something years. And, since November 4, they're both elected officials of the city of St. Paul.

One difference, though. Benanav is a DFLer.

Benanav (pronounced BEN-uh-noff), the newly elected City Council member for the 4th Ward, acknowledges the resemblance. "I don't necessarily share Mayor Coleman's vision for the city. But we're from the same generation and the same place. Maybe it will help us to communicate."

Communication, said Benanav, is going to have high priority in his term in office.

"I'd like to be known for being accessible to my constituents. I hope people say that I listen. That I can meld different opinions and come up with a resolution."

Although Benanav has never held elected office before, his interest in politics dates back at least four decades. He remembers being the only kid in his Yonkers, New York 4th grade class who favored John F. Kennedy in the 1960 presidential election.

By 1976 Benanav had a newly-minted law degree from St. John's University in New York when he got his first job — as counsel to the Minnesota State Senate. Says Benanav of the decision to move to Minnesota, "It was pure happenstance. My wife and I had no Minnesota connections. All we knew about Minnesota was *The Mary Tyler Moore Show*. But I did know about the state politically as the home of Eugene McCarthy, Hubert Humphrey, and Walter Mondale."

After several years of working for the Minnesota Senate, Benanav decided, "Instead of

being a staff member for the Senate, why not just do the job?" In 1982 he ran for the State Senate seat representing the Highland Park/Groveland/Macalester areas. He lost by 180 votes.

By this time Benanav and his wife, Lucy Kanson, had had the first of their three sons. With family obligations mounting, Benanav turned his focus to private life. He became the President of WCRA, a reinsurance company for self-insured employers and other insurance firms. The 15-year hiatus from 1982 to 1997 didn't dampen his interest in public policy and by this year he was ready to make another try for public office. He was elected in November to succeed retiring City Council member Bobbi Megard.

Commenting on Megard's sometimes abrasive relations with Coleman, Benanav said, "Clearly, there were hard feelings between Bobbi and the Mayor. Bobbi suffered the consequences of pushing the neighborhood's agenda." He added, "I work downtown and

*Benanav to page 2*



Photo by Truman Olson

## Laura Kuettel brings zest to Falcon Heights council

by Kristin D. Anderson

**"W**e're nestled between St. Paul and Roseville, but sometimes people think they live in St. Paul. I want people to know how wonderful it is to live in Falcon Heights," said Laura Kuettel, Falcon Heights City Council member. "That's my mission!" Not content with being a community booster, Kuettel busies herself at being a community builder. But this woman, who doesn't believe in barriers of any kind, is not bound by the city limits.

Her volunteer work has taken her from the solid waste commission and getting recycling and garbage pick-up on the same day to master gardening at Dayton's Bluff, where she worked with the composting and community gardening. She volunteers weekly in the classroom as a parent helper, and does horticulture therapy at Children's Hospital and the epilepsy ward at United. Teaching second graders on Wednesday evenings at St. Agnes Catholic church has changed to attending council and commission meetings.

She was instrumental in negotiating a contract with St. Paul for advanced life support for 911 calls, and she promoted the new Falcon Heights Christmas lights display.

Kuettel's father was a first generation American, growing up with the strong work ethic and commitment to community involvement that was modeled by his Polish parents. Now it is Kuettel who is living those values and modeling them for her children, Alex, Drew and Catie.

Newly elected to City Council after serving 18 months as an appointee, Kuettel describes herself as a free spirit who likes to go barefoot 12 months of the year. She loves to see barriers broken down; barriers between cultures, generations, and economic levels.

As she works and gives, she thinks about what she is getting. "The closest I'll ever get to Hawaii is going into the greenhouses in January. A parent told me, 'This is the first time my child has smiled in a week.'" She watches her children visit and hug the

*Kuettel to page 3*

## A purr-fect cat shelter



Photo by Truman Olson

by Amy Causton

**T**here has been a small population explosion in South St. Anthony Park recently, but you might not have noticed it. That's because our new neighbors are of the feline variety. Feline Rescue, Inc. has opened a new cat shelter in the neighborhood. Located at 2340 Charles Avenue, the shelter gives a safe and loving home to dozens of cats.

The shelter was previously located on Hennepin Avenue in Northeast Minneapolis, where it had operated for about five years in affiliation with the Animal Relief Fund (ARF). When ARF decided to close the shelter and focus on its fostering program, several volunteers decided to keep the shelter open on their own. For

about the last six months, Feline Rescue has been independent of ARF; they opened the shelter in South St. Anthony Park October 1. They chose the location because the rent was better than at the old location and the St. Paul zoning laws were easier to work with than Minneapolis's.

"St. Paul has been very good to us," said Pat McCarthy, board member of Feline Rescue, a volunteer and privately-funded organization.

The shelter takes in all kinds of abandoned, abused, and homeless cats; some are found by volunteers, some are brought in by families who are moving and can't take their cat along. They've even had cats left on their doorstep. Most of the cats have

been in homes before, although a few have been on their own so long that they have trouble relating to people.

Each cat is screened when it comes in for health problems, personality problems, and special needs. The shelter has several different rooms for cats with different needs: one for kittens; one for sick cats; one for cats with feline leukemia, which can spread easily; and one for shy cats. A few cats are kept in cages because they need special diets or are hostile to people or other cats. The goal is to gradually socialize the animals so that they are comfortable around people and can be adopted. Several other cats have been socialized and can roam free around the two-story shelter.

Volunteers at the shelter say that one of the things they most

*Cats to page 16*

Photo by Amy Grove



## ON THE INSIDE

- Minnesota Historical Society reproduces Close furniture for mass audience page 3
- Michelle Christianson on being a celebrity page 5
- Meet the vinegar woman page 6
- St. Anthony Park family creates travel getaway in Britain page 7

*Peaceful living pages 8 to 9*



## St. Anthony Park Community Council

## NEWS

*Thanks to all who attended the St. Anthony Park Community Council's Annual Holiday Meeting at Luther Seminary. Special thanks go to Deborah Kuehl, her staff, and Luther Seminary for hosting the meeting and providing the absolutely delicious food!*



The St. Anthony Park Community Council will meet again on January 7 at 7 p.m. in the Community Room at the South St. Anthony Park Recreation Center. Meetings are open to the public, and neighbors are encouraged to attend.

## In regular business the Council:

- Voted to seat Mary Jackson as a delegate from South St. Anthony Park. Welcome Mary!
- Made and passed a motion to accept renewal of a game room license at 2422 University Avenue, Truc Mi Billiards.
- Heard a report on the progress of fundraising for the SAP Library addition from Arlene West, and passed a motion to purchase a paving brick for \$250.
- Approved the 1998 Budget unanimously.

## Alternates sought for business delegation and South St. Anthony Park

The SAPCC is seeking two business alternates and two South St. Anthony Park alternates to round out this year's Council. Meetings are held once a month, and the time commitment is about two hours. Alternates may also elect to sit on one of the constituent committees — Physical Planning, Housing and Human Services, or Environment. If you're interested, please call Heather at 292-7884.

## 1998 Crime Prevention Goals

Theft is up citywide and nationwide. For 1998, the St. Anthony Park Community Council's Crime Prevention Program wants to cut theft by 50 percent. Do you want to know more? Plan on attending one of our January block club meetings:

January 14th 7 p.m.  
Langford Park Recreation Center  
Community Room.

January 28th 7 p.m.  
South St. Anthony Recreation Center  
Community Room.

We need your input to determine other goals for the New Year. Current blockworkers and those interested in becoming blockworkers are invited to attend. Refreshments will be served. Representatives from the St. Paul Police Department Crime Prevention Unit will be on hand to answer questions, pass out literature, and give us information.

Council-sponsored meetings are listed each month in the Bugle Community Calendar (see page 13).  
Everyone is welcome!

Office: 890 Cromwell, St. Paul, MN 55114

292-7884

Executive Director: Heather Worthington

Members: Bob Arndorfer, Joann Benesh, Emma Beyer, Kenneth Chin-Purcell, Ron Dufault, Terrance Gockman, Ken Holdeman, Deborah Kuehl, Nowell Leitzke, Alice Magnuson, Jack McCann, Suanne Olson, Jim Snaxell, Ellen Watters and Carol Weber.

This space paid for by the St. Anthony Park Community Council

## Benanav . . . from page 1

I have nothing against it. But I'd like to develop a neighborhood agenda. We need to look at housing stock. How do you get people to repair or maintain housing when they are living on fixed incomes. I'd like to look at longer hours for libraries and rec centers."

One issue that Benanav knows may strain relations at City Hall is the upcoming prospect of building, at public expense, a home for the new pro hockey team which is coming to St. Paul. Noting the reluctance of Minnesota taxpayers to subsidize pro sports, Benanav said of the hockey arena, "There's going to be a battle. I may not have voted for hockey, but it's done. We're on the hook for 65 million. It's going to happen. I hope the state will do its share, because if we don't get relief from the state, St. Paul taxpayers may ultimately get stuck with the bill. But I know it's going to be a hard sell."

Benanav also looks to the state for help with St. Paul's overburdened public school system. "The state needs to be fair in school funding. School funding should come from state tax revenues rather than primarily

from property taxes. If the state mandates educational programs, they should help us pay for them. Otherwise, social problems will eventually flow into the suburbs."

Although Benanav's own children attend St. Paul Academy, he opposes the idea of



educational vouchers. He explained, "As a parent, I have to do what's best in my situation. My oldest kid had needs which couldn't be addressed in public school. But I don't expect the public to pay for my educational choice. My wife is a substitute teacher in the St. Paul Public Schools. I think there are some

wonderful public schools, and some that aren't so wonderful because of social problems."

Social problems are a theme that recurs in Benanav's discussion of St. Paul. "Much of Ward 4 pays the bill for social problems in Frogtown and the East Side." To deal with these problems, he said, "we need to stabilize the tax base. This means we need to entice business and to encourage business to stay in St. Paul."

Unlike Megard, his predecessor, Benanav does not live in St. Anthony Park. Still, he believes to have gotten a detailed knowledge of the area during his campaign. He did it the hard way — going door-to-door in almost every block in the district. "Voter turnout is huge in the Park. People are active and care about their neighborhood. In fact I liked everything about the area except walking up your hills in summertime when I was knocking on doors for votes," reported Benanav, a resident of the Groveland/Macalester flatlands. ■

Photo by Truman Olson

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## The Close's Skywater furniture flies again

by David Anger

Organic shapes contrasting with sharp edges, comfort, and simple construction procedures define Elizabeth and Winston Close's Skywater furniture collection, which is now being reproduced by the Minnesota Historical Society at surprisingly popular prices.

In the summer of 1941, writer Dagmar Doneghy Beach and her husband, Warren, commissioned the Closes to design, build and furnish a weekend retreat on the St. Croix River for the penny-pinching price of \$1,200.

**Elizabeth and Winston Close's Skywater furniture embodies the modernist ethos of achieving sublime aesthetic results through simple materials.**

Confined by a \$50 budget for furnishings, the husband and wife architectural duo designed and constructed a table, chair and stool for the Beach's hideaway, which became known as Skywater. The furniture embodies the modernist ethos of achieving sublime aesthetic results through simple materials. It also recalls the art of the time, from Alexander Calder's sculptures to Charles Biederman's paintings.

Idealism and innovation were the guiding principles of Close Associates, the architectural firm founded by Elizabeth Scheu and Winston Close. Members of the first generation of modernists, the Closes met in graduate school at MIT. Soon thereafter they moved to Minnesota, becoming guiding lights of the state's modernist design movement. Here, the University Grove residents were fortune's couple,

designing more than 150 custom homes throughout the country plus several non-residential commissions. All along Winston Close maintained a position on the University of Minnesota's staff, overseeing the institution's architectural evolution. The couple sold Close Associates in 1987.

Replicas of the table, chair

and stool, made from 13-ply Baltic birch plywood, are available ready to finish and assemble. True to its modernist roots, the Skywater furniture exemplifies comfort and function. To order Skywater replicas call the Minnesota History Center's store at 296-4694. ■

## Kuettel . . . from page 1

elderly, just as she does.

"When barriers are broken down, things happen." When her family lived in the Highland area in pre-recycling days they were in a long block of 22 houses. Kuettel wanted to recycle newspapers, so she hunted until she found a church that wanted them. Going up and down her block she talked to people and made arrangements to pick up their newspapers; she would gladly do the hauling. "First you get to know people, then you wave, and then you watch out for each other."

The process is the same for all ages, "Break down the barriers. Talk to each other," she reiterated. Working in the flower garden at the school one day, she realized how close she was to the basketball court. "I called out, 'I have the hose running. Would you like some water; I'm going to have the sprinkler going. I won't tell your buddies if you run through it!'"

She startled them, a grubby, sweaty adult choosing to speak to them. Kuettel was glad for the opportunity. "If you're accepted right where you're at, you don't have to try so hard to keep this persona going."

Personal contact. Breaking barriers. Self care. This third goal is vital to Kuettel. Her busyness includes working part-time for her husband, Paul, but with that as well as her other activities she is careful to monitor her wellbeing. Twelve years ago she experienced an adult onset of asthma, which has become progressively worse. "I don't carry a laundry basket any more," she said, hoping to avoid another hospital stay. But with a philosophy of, "If it doesn't kill us it will make us stronger," she meets this challenge, like all others, head on. She researched for the best lung doctor. She meets her need for solitude and spiritual power. She has learned relaxation with tai chi ch'ai and chi gung. She attends to her daily requirements of two oral medications and four inhalers. "It's not controlling me. I'm controlling it."

One time she wasn't in control was right after high school, when "Paul's younger brother and my younger sister were dating. They set us up." Kuettel had planned on going to college, majoring in theology and philosophy. Instead, after doing some course work, she married and began the path she's now on, the path that brought her to a Falcon Heights coffee house and another chance to boost her community. "There's a small town feeling when you go to City Hall. On the council our bottom line is non-political; spend money as wisely as we can and do the best for the community."

Here are her favorite phrases: "Falcon Heights is rural-urban, the best of both worlds. You can smell the 'fragrance' of farm life." "Larpenteur used to be called the avenue of flowers." "People just don't want to leave the area." ■



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## EDITORIAL

## Every penny counts

The editorial department talked with the advertising department, advertising met with circulation, circulation conferenced with production, and production held a power breakfast with the art department before deciding *not* to buy the Star Tribune. Surprise. You see, the St. Anthony Park Community Council probably wouldn't go for us building a skyscraping edifice at 2301 Como Avenue and frankly, after much soul searching, running a daily newspaper is a big task for a bursting part-time staff of five.

Instead, the Bugle is doing what it does best — producing a monthly, grassroots and non-profit neighborhood newspaper that's a definite forum for all the news that's fit to print. Sometimes our issues are stellar, occasionally lukewarm, although never lacking good intentions. Even better, this newspaper is the *only* press solely devoted to news about Falcon Heights, Lauderdale, Northwest Como Park and St. Anthony Park and their residents.

As community newspapers go, ours is confident and thriving, while hardly wealthy. Still, neighborhood presses are fragile economic endeavors, lacking deep pockets. When the Bugle launched its inaugural issue in July of 1974, there were 26 neighborhood newspapers and by 1978 there were 37. Nowadays, the Twin Cities boasts less than 20 papers, many of which are teetering on the edge of bankruptcy.

Fortunately, the Bugle sits in good financial health, aided by our annual grassroots fundraising campaign. This year the paper is ahead of last year's tally, although far short of our \$25,000 goal. Contributions fuel our daily operating budget plus help us prepare for rainy days and our forthcoming 25th anniversary edition. Please remember us. ■

## Next issue January 29

## Deadlines:

Display ads .....January 15

News &amp; classifieds .....January 16

# PARK BUGLE

2301 Como Avenue, Box 8126, St. Paul, MN 55108  
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The Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

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## LETTERS

Farewell and thank you  
St. Anthony Park

The house is sold, stuff getting packed and it is time to say goodbye to St. Anthony Park after 22 years of living and working here. Interacting with most of you was a pleasure and with some of you an experience. I thought you might be interested in the truths I have learned living in this neighborhood. So, here goes:

1) St. Anthony Park thinks St. Paul is its suburb. This is what a neighborhood should be like. Make it a humble model for the city and nation.

2) There are no vampires on Raymond and Cleveland avenues between the U of M and Como Avenue because of all of the garlic Kiki Gore uses in her cooking. I'll sincerely miss the wonderful smells wafting their way down the alley and the entertainment of her keeping Warren in line.

3) The diversity of the neighborhood is strengthened by the people and its economy. Welcome everyone and support the businesses in the neighborhood. You can demand quality and price, but when all is said and done, if at all possible, buy in the neighborhood. Those of you in the business community had better stay spunky too. A Speedy

Market clerk informed me that even though I was moving, "It wasn't too far to drive, I should still plan on buying at Speedy." You need to let the customers know their business is not taken for granted.

4) I'm tired of the bashing of the St. Paul public schools. I had three kids who each got a terrific education and it is a credit to them, the teachers and support staff. If you can check your ego at the door and form trust with the teachers and place the responsibility of doing the work on your kids, miracles can happen. Be prepared as the parent to do anything to help your kid's school. The time you spend is the best investment you can make. And . . . don't say we don't have the money, go get the money.

5) Sandy at St. Anthony Park Barbers does the best haircut in the city. For you old guys who

can't deal with a woman barber in the 90's, it is time for you to change, die, or let your hair grow.

6) The organizations in the neighborhood deserve your support. I'll always have a special place in my heart for the Park Bugle. It is unique, provides a unique exchange of ideas, services and information on our part of town. It deserves your financial support in running ads, making fund drive contributions and serving on the board with your time and talents.

7) Marvin Chapple is the guy in the neighborhood who has always known how to go the extra mile in service to clients. As long as the bank never lets him retire, customers will be served. Besides, it has been fun to abuse him over the years.

So, best regards to all of you. It's been a pleasure.

Dale Tennison

## THE BUGLE ARCHIVES

20 YEARS AGO . . . COMPASS sponsors mural art competition . . . Copper Dome antique store opens in Milton Square. . .

15 YEARS AGO . . . Victory House, a half-way house for alcoholics, opens in South St. Anthony Park. . . Elizabeth Smith's *Exploring the Twin Cities with Kids* becomes a best seller . . . Bayless Place condominiums for sale . . .

10 YEARS AGO . . . St. Anthony Park Community Council supports measures to restrict porn businesses from moving in . . .

## Q &amp; A

Have you made  
a New Year's  
resolution?

Rand Claussen, Lauderdale

I resolve to do more painting in the next year.



Suzanne Fantle,  
Emil Gustafson Jewelers

I want to become more active in the community. I will also try to take more responsibility for the world around me. If something needs to be done, instead of just talking about it, I will make an effort to do it.

Photographs and interviews by  
Truman Olson

## CLIP AND SAVE THE BUGLE'S 1998 DEADLINES

## DISPLAY ADS

Thursday, January 15  
Thursday, February 12  
Thursday, March 12  
Thursday, April 16  
Thursday, May 14  
Thursday, June 11

Thursday, July 16  
Thursday, August 13  
Thursday, September 10  
Thursday, October 15  
Thursday, November 12  
Thursday, December 10\*

## NEWS AND CLASSIFIEDS

Friday, January 16  
Friday, February 13  
Friday, March 13  
Friday, April 17  
Friday, May 15  
Friday, June 12

Friday, July 17  
Friday, August 14  
Friday, September 11  
Friday, October 16  
Friday, November 13  
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\* Please note the December 1998 deadlines. The dates printed in last month's Bugle were incorrect.

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## C O M M E N T A R Y



## Celebrity writer

by Michelle Christianson

**"Michelle!"** I turned around at the sound

of my name and looked expectantly around the bank for a friend or acquaintance, but saw only a man I had never seen before.

"Aren't you Michelle who writes for the Bugle?" he asked with a puzzled expression. I nodded yes. "I read your articles."

Ah! The light dawned. He feels he knows me! Even though we never met before he feels that we're connected in some way.

He introduced himself and we exchanged a few pleasantries and parted.

I've been on the other side of this equation. There was a woman named Jory Graham who wrote for the Star Tribune in the early 1980s. The name of her weekly column was "In the Company of Others" and it was about her experiences having cancer. She wrote with warmth, compassion, insight and biting humor. I never missed her

writing and felt that in a way we were friends.

As the months passed it became clear that she wasn't getting better. Then one Saturday the paper printed her last column with a note that she had died that week. My family didn't know why I was sobbing as I read the paper that day and in some ways neither did I. We had never met face to face, never spoken together, never laughed at each other's jokes. Yet I felt that I had lost a friend.

I would bet that some others of you share another "newspaper friend" with me. When my sister bought her first house she informed me that she lived on the same block as Al Sicherman, which was supposed to impress me. So I thought that I had better start reading his cooking columns in the Sunday Women's Section (this was a long time ago). He was hilarious! He wrote "theme" columns about how to use up tomato paste and parsley, how to make carbon copies of Fair Food and Hostess specialties, how to make whole dinners out of Spam or hot dogs, including dessert. He wrote out recipes in rhyme, used puns excessively — is this possible? — and generally left me feeling pretty good after I finished his column.

Then one Sunday morning the tenor of his writing was completely serious. His son had had a bad experience on LSD and leapt to his death from an upper story window. His pain and sorrow were so evident that I cried for him, too. Then I made my son read the article. Every year on the anniversary of the death I hug my children, just as he tells us to do.

Now he has become Mr. Tidbit in the Sunday Strib and writes about not much of anything (stretching it to full column length; quite a feat) on Mondays. After all this

time, he still makes me laugh and I really feel like I know him.

So, I was pleased to see that he would be at the State Fair one of the days in August. I looked at my schedule and made sure that I stopped at the Star Tribune booth when he was there. I met him! In the flesh! And do you know, he looked at me with that same expression I bet I wore in the bank that day. I may have known him, but he sure didn't know me!

The truth of the matter is you do know me if you read what I write. I know that there are some (few) who have read many of the articles I have written in the 11 years I have been writing for the Bugle. Those people know that I bike, ski, curl, and teach piano. They know that I have a special interest in the Boy Scouts and the Block Nurse program. They know that I am in a book club and work with the Schubert Club.

But the other truth of the matter is there are lots of things they (and you) don't know about me. Those are the kinds of things people don't find out in casual conversation but learn through years of shared experiences. I suppose no one really knows all about another person and that's what makes life interesting.

But if you don't know all about me, chances are I know less about you (especially if we haven't met). So when you see me at the bank, or at Speedy or at the gas station, walk right over and say hello. Tell me about the funny thing your dog did or the good restaurant you ate at last Friday night. Then maybe we can make this more than a one-sided friendship. ■

## Thanks, readers, for contributing to the Bugle fund drive



With the contributions from those listed below, our fund drive has collected \$11,300. Thanks to these recent contributors and all the past contributors who have helped us approach this year's goal of \$25,000.

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4 PM with Burt Hara, clarinet; Joseph Johnson, cello;  
Robert Helps, piano

**APR. 26 THE LARK STRING QUARTET**  
7 PM Diane Pascal and Jennifer Orchard, violins;  
Anna Kruger, viola; Astrid Schween, cello

**MAY 10 MARK O'CONNOR,**  
7 PM violin, mandolin, guitar

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at

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## Laurie McCann, the vinegar woman

by Laura Pritchett

Vinegar has never been so lovely. Throw out your drab, dusty plastic bottle of plain white vinegar and feast your eyes on these: the deep red of raspberry vinegar or the mellow glow of rosemary, lemon and garlic vinegar. Prepare yourself for bottles crammed with blueberries, or the zest of cranberry and black peppercorn red wine vinegar. Imagine a suspended twist of orange peel in the orange and dill vinegar. Such specialty vinegars are the new breed of this once-bland staple.

These dramatic creations are those of Laurie McCann, local entrepreneur and businesswoman. What was once her hobby — she simply intended on making a few bottles of special vinegars as gifts for her family — has turned into a full-fledged business. Now she can't keep up with the demand, though she works on producing the specialty vinegars in all her spare moments (when she's not working at her full-time job), making up to 60 cases weekly.

McCann has a degree in architecture, but she discovered her real calling after working at a small gourmet food shop in the Hamptons. Here, she met such celebrities as Martha Stewart and learned a great deal about the finer points of food.

The immediate appeal of

these vinegars is their beauty — they look almost too good to use — but they're also quite delicious. The flavoring provided by roots, fruits, and herbs add delicate flavors and spice up nearly any meal, from adding a splash of flavor to salad dressings to providing a zesty marinade for

drinking water — the vinegar helps to keep the water fresh and adds a hint of fruit flavor.

McCann uses the mixed pepper vinegar to replace tobasco sauce — in chili and Bloody Marys, for example. Orange dill makes for a great stir-fry. And all the vinegars can be used instead



meats or vegetables. McCann said that vinegars are more versatile than many people would think, and better yet, they add no calories or fat.

Fruit vinegars can be used for marinating chicken (raspberry chicken is a delight), or as salad dressings (she's got a great recipe for a blueberry-almond vinaigrette). She also suggested adding a small amount of raspberry vinegar to bottles of

of olive oil.

Her cranberry and black peppercorn is made with red wine vinegar. Other flavors, which use white vinegar, include mixed pepper, orange dill, raspberry, blueberry, and rosemary, lemon, and garlic. She continuously experiments with new recipes and regularly prints a pamphlet full of new ideas. Her most recent creations are cranberry-apricot stuffed Cornish hens and a cranberry, shallot and currant relish.

McCann buys the fruits and herbs locally when possible. Every single vinegar is hand bottled—and this can take a lot of preparation. In the case of the raspberry vinegar, for instance, each berry is carefully hand rinsed, placed into the bottle one at a time, covered with vinegar, and allowed to age. Each bottle is then hand dipped in colorful hot wax 35 times for a thick, beautiful seal.

McCann has been approached by an investor who would like her to "go big," but she isn't interested. She notes that it's the personal touch that goes into each bottle that makes her product unique. "I wouldn't want to lose the quality by speeding up the process, and it's just more fun to make the vinegars myself," she said. With her special attention, she's given a whole new dimension to a previously bland and uninteresting food item.

Her vinegars are sold at Rosa Mundi and the Minnesota History Center store. Or you can reach her at 975-3864. ■

Photo by Truman Olson

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1/4 cup flavored vinegar  
1/2 cup olive oil  
1 tsp. dry mustard  
2 cloves garlic (minced)  
1/2 cup fresh lemon juice  
1/2 medium onion (diced)  
1 TB dijon mustard  
1/4 cup fresh basil (chopped)

Mix together and put on  
chicken, beef, etc.





## A letter from Lincolnshire

by Davina Arthur

Colin and Susan McAllister, formerly of Raymond Avenue in St. Anthony Park, are now Brits, living in scenic Lincolnshire, where they operate a travel venture of rural English life. Highlights of their first-rate tour encompass rambling through the footpaths of the 150-mile Viking Way, stops at Boston and Lincoln, antiques fixes, and pints of lager.

Lincolnshire sits in northeastern England — south of Yorkshire, east of Nottinghamshire, north of Cambridgeshire and Norfolk, and west of the North Sea. It's a fascinating, understated place, England's second largest county actually. It's filled with hills and woods, fertile marshes, quaint villages, market towns, and the majestic city of Lincoln.

The McAllisters call a small village, in the heart of the Wolds, home. The kids attend the village school, Susan teaches business courses at Lincoln University, and Colin has rehabbed their

new home called the Dairy Farm Cottage.

Today, the McAllisters are enjoying the quaint novelties of English village life. In fact, they've become absorbed with the historical significance and interesting twists of their new home and the understatement of its offering. Little commercialism exists in the area; tourism is only beginning to take a foothold. Lincolnshire is still a best-kept secret.

The McAllister's travel business is called Lincolnshire Larks, Unlimited, which offers Americans — especially their former Park neighbors — personalized exploration of England's most rural county. People stay at an inn near the family's abode, which affords the weary traveler privacy yet proximity to their trustworthy guides.

Omega Travel is the local agent for the McAllister's enterprise and can be reached by ringing 646-8855. ■

## ST. ANTHONY PARK HOME

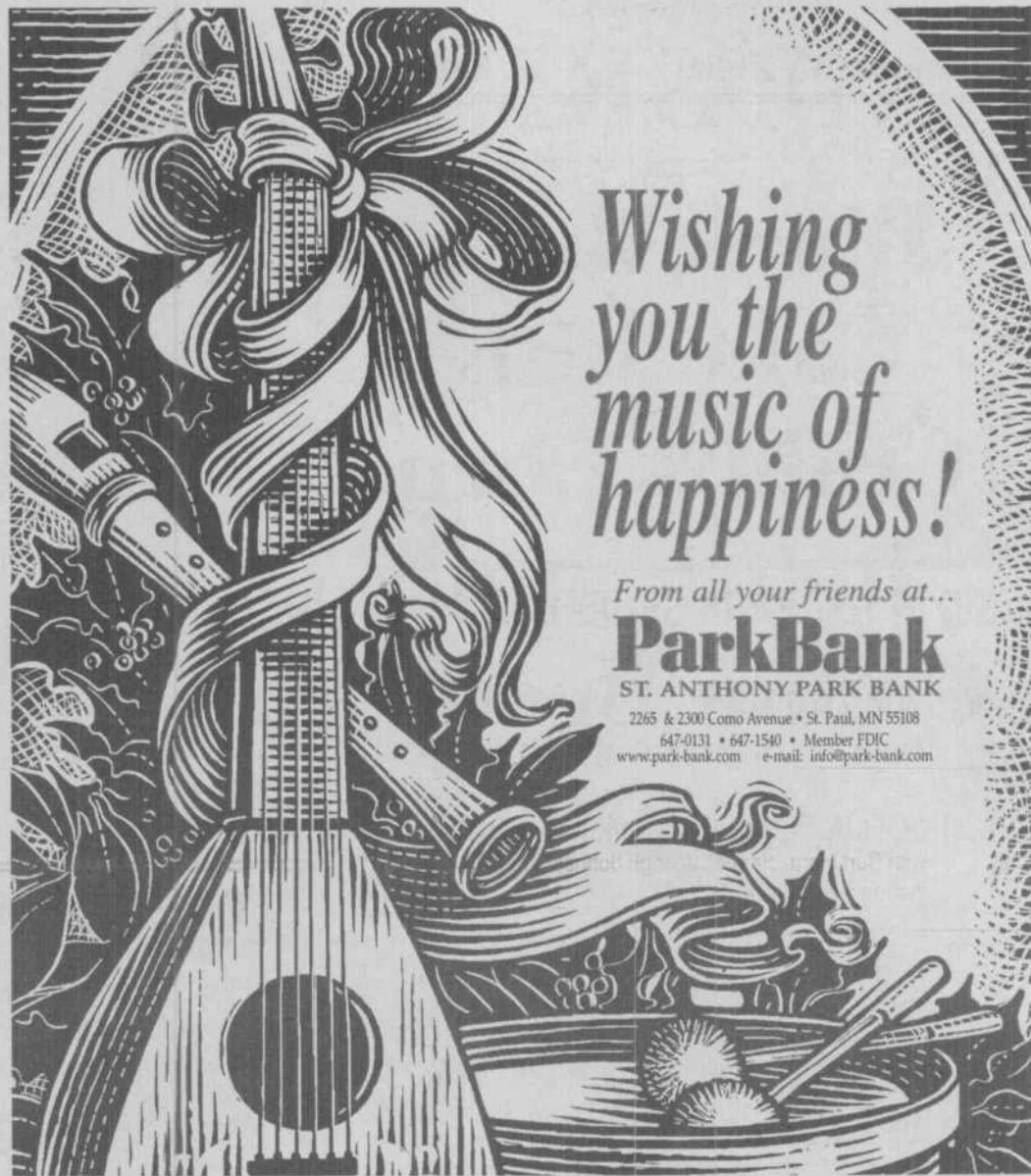


As 1997 comes to a close, we at St. Anthony Park Home wish to thank the churches and community for their support, gifts and many kindnesses during the Holidays. We were truly blessed with your goodness.

Our gratitude and best wishes for 1998!

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## PROGRESSIVE DINNER

Be a galloping gourmet on Saturday, February 21, 1998. Please join us for our 12th annual progressive dinner. What a great opportunity to meet neighbors, and enjoy a special meal.

### SCHEDULE OF EVENTS

- 5:30 - 6:20 Appetizers at the United Methodist Church, Hillside and Como
- 6:30 - 7:15 Salad and Bread
- 7:30 - 8:30 Main Dish
- 8:45 - 9:45 Dessert and Coffee

To participate, mail the following form to arrive by February 6, 1998 to  
Marcie O'Connor, 2168 Hoyt Avenue W., St. Paul, MN 55108. 645-2043.

Name \_\_\_\_\_ Phone \_\_\_\_\_  
Address \_\_\_\_\_  
We will host a course in our home for \_\_\_\_\_ people.  
(the number should include yourself and spouse or guest)  
1st choice of course \_\_\_\_\_ 2nd choice \_\_\_\_\_

\*\* Appetizer course includes help with set-up, clean-up, and a small donation for paper goods.  
The lead appetizer hostess will contact you.

### SPECIAL NEEDS

☐ Prefer vegetarian entree

☐ Prefer handicap accessible location

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## SABBATH TIME

by Kristin D. Anderson

“**A**ccomplish the feat of swimming the mighty Columbia River!” It sounded like more fun than my AARP

membership that year I turned 55, so I registered for the Labor Day event. From Hood River, Oregon, a stern wheeler ferried us across the Columbia, ten at a time. After a quick dive off the boat I settled into my long distance pace for the non-race, an easy sidestroke. I reveled in this new perspective of the beautiful forested hills. The air was brisk, with the early light promising sun while the moon lingered in its paleness. I could stroke or rest, whichever; the water did the work of holding me up. For me it was a Sabbath time.

I grew up thinking “Sabbath” was just an Old Testament word for Sunday. Not so. James Limburg, in *Judaism: An Introduction for Christians*, writes, “In the rhythm of their lives, devout Jews are to emulate the action of God: the Sabbath ‘is a sign for ever between me and the people of Israel that in six days the Lord made heaven and earth, and on the seventh day he rested,

and was refreshed’ (Exodus 31:17).”

Martin Luther wrote in his large ‘Sabbath’ properly means to rest, that were to abstain from hard work and might be refreshed.” He continued, “of bodily need. Secondly, and most people . . . may assemble to hear a praise God with song and prayer.”

My swim was not a holy day, but Sabbath moments. Those moments were of the water. At the same time I was myself wholly up to God to uphold a been so.

I used to struggle with the water, stay afloat. As a child at camp, although kept in the intermediate group because sank, and invariably the rest of me was

I spent hours over the next years sense its ebb and flow, and to trust its concentrated on adjusting to the water learned to float. Now I delight in being at the ankles while resting my head on and be still.

Sabbath rest is not just the absence leaning into a strength that takes over and enters into us. Renewed and refreshed in spirit as well as body, our rejoicing cannot be contained. ■

## PEACE OF MIND

by P. Newman

**T**he simplest, but most satisfying, pleasure I can think of is Peace of Mind. No. Make that Peace-of-Mind Restored. That ominous thinking noise under the hood turned out to presage a simple repair — not a new engine. The biopsy was negative. Your teenage son is not lying dead in a smoking twist of metal—he just forgot to telephone. And so on.

Everything is back where it started. With one difference. You’ve had a brief glimpse of just how awful it MIGHT have been.

My own brush with the fragile condition known as Peace-of-Mind began with an innocuous commercial envelope. SECURITY ALERT read the single sheet inside. OUR RECORDS SHOW THAT YOU HAVE NOT ACTIVATED THE SECURITY FEATURE THAT COMES WITH YOUR VISA CREDIT CARD! WARNING! IF YOU HAVEN’T RECEIVED YOUR CARD, CALL AT ONCE!

Me? Not activate a security feature? Me? The only passenger who ever follows along as the flight attendant demonstrates how to buckle the safety belt? I am to security features as a compulsive gambler is to Mystic Lake Casino. Inconceivable that I would be within three miles of a security feature and fail to activate it.

With mounting dismay, I opened to my wallet to check on the credit card. Quickly, I flipped through the small wad of hard plastic. There was the American Express, the Union 76 — but no VISA Card!

A minute ago I’d been tranquil and happy in my ignorance. Now I was creature unstrung by worry. Obviously, my credit card had been intercepted by miscreants who were probably spending their way through the fleshpots of Minnesota even as I wallowed in my costly ignorance.

A call to the credit card company only confirmed the worst. There were several hundred dollars of charges which had been reported within

the last two weeks. I asked for specifics, and the picture became more fiendish still. There was a charge to the Bibelot, a slip from Dayton’s, even a dinner charge from the Muffuletta. Clearly, the criminal was someone from my own neighborhood! What cunning, what audacity!

But wait! Just as I was about to begin accusing the neighbor those charges sounded unmistakably Muffuletta receipt?” I asked the VISA placed the previous Saturday night, I a recent dinner date. Yup! Someone right, but the evidence suggested that I told the startled clerk. “I’ll call you!”

I had barely choked out my name the phone at the Muffuletta responded credit card. You left it here on Saturday

Peace-of-mind was returning in left to clear up. How could I have failed

I called the VISA people back, at honey on a cold January morning. “O could you fall for that one? Of course

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**Problem:** Dry, chapped hands...

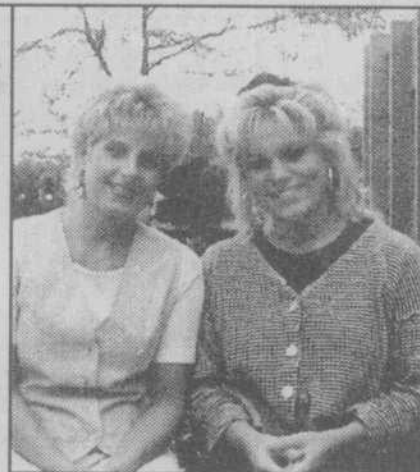
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# Peaceful living

## SEARCH FOR TOMORROW — SIMPLE LESSONS

chism, "The Hebrew word to cease from labor. The Jews st, so that both man and beast keep holy days, first, for the sake ally, we keep holy days so that discuss God's Word and then

was comprised of holy moments, of complete rest on the buoyancy k by the similarity to giving sustain me. It has not always

king I had to do all the work to could swim like a fish, I was could not float. My feet always follow.

ning to respond to the water, to endability. Finally, when I her than trying to control it, I ole to stretch out, cross my feet nds clasped behind my neck,

f labor; it is the sense of quietly

**Limit news sources.** If you're not working at CBS news, there is no reason to consume hours of news. A study by the Columbia School of Journalism found that people who watched a half hour of television news plus read a daily newspaper were as informed as those who spend evenings flitting from channel to channel. What ever you do, however, don't stop reading the Bugle, please.

**Resist technology.** "Please fax me that letter and while you're at it why don't you E-Mail it and then mail it via Fed Ex. Oh, after you get a fax confirmation call me on my cell phone and, if you can't reach me, leave a voice message. Got that?" No. The technology trap is exhausting. By resisting technology people take a bold step toward creating a simpler, more peaceful lives. This isn't to say you need to dispose the computer and move to a remote tech-free commune. Instead, consider what technology is appropriate and essential in your daily life.

**Cook.** "I don't have time to cook, so I run over to MacDonald's for the kids. Then, I stop by D'Amico for us and while on the way home I pick up a pie at Baker's Square." Oh, how time saving. Now, try cooking one family meal on the weekend, setting aside an hour to do so. It will be more relaxing than running hither, thither and yon. Better still, cooking at home is generally far less expensive and more nutritious. If time is precious during the week set aside time on Saturday and Sunday to cook great dishes for the week ahead.

**Shop locally.** Time spent malling is exhausting. Worse yet, it's frustrating and pricey. Life is made easier by shopping closer to home, especially on foot. Admittedly, many smaller shops don't offer the selection as the mega giants. So, Speedy Market doesn't carry Pellegrino water, ask Tim or Tom and chances are they'll strive to oblige your request.

**Protect your time.** "Gee, honey, I've got a committee meeting tomorrow, tennis match on Tuesday and Thursday and another board meeting on Wednesday. Friday? Can't, remember that fundraiser?" Wonder why you're

stressed, tired and your personal relationships are suffering. Look at the calendar and protect time for family, yourself and good, peaceful living.

— David Anger

when you received it. This is an ad for additional insurance! You PAY for this security feature."

I don't know where that woman is located. Somewhere far south of Minnesota by the sound of her voice. I'll bet her job description doesn't say a thing about restoring Peace-of-Mind to the customer. She probably doesn't spend much time on the job thinking about simple pleasures either.

She should, though. She'd just given me simple pleasure about as strong as it comes. Thanks to her, Peace-of-Mind was mine once more. ■



Photo by Amy Grove

s, I realized that something about liar. "What was the date on the rk. Told the charges had been ed at my calendar and confirmed sed my card at the Muffuletta all ad been me! "Hold everything," t back." en the person on the other end of h, you must be calling about your e've had it in the safe ever since." t waves, but there was one matter o activate my credit card? eached a woman with a voice like girlfriend," she laughed, "how u activated your card just fine

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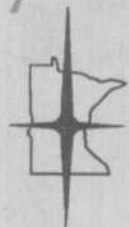
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## NEIGHBORS

### ST. ANTHONY PARK

#### Twin City Linnea Home's new affiliation

Twin City Linnea Home —  
 a boarding care residence at  
 2040 Como Avenue —  
 has a new corporate affiliation  
 with Ebenezer Social  
 Ministries, Minnesota's most  
 comprehensive provider of  
 older adult services.

"Health care is changing so  
 rapidly," said Twin City Linnea  
 Administrator Susan Thompson.  
 "The new affiliation will provide  
 us the resources necessary to  
 continue our mission and service  
 to the St. Anthony Park  
 community in the future.

#### Luther's Mid-Winter Convocation

Thomas Oden, James Kittleson  
 and Charles Amjad-Ali lead  
 Luther Seminary's 60th annual  
 Mid-Winter Convocation this  
 month, which considers the topic  
 — "Pastoral Care in Historical  
 Perspective." Oden, professor of  
 theology and ethics at Drew  
 University, delivers three

lectures about "The Recovery of  
 Classical Christianity," while  
 Kittleson, Luther Seminary  
 professor of church history,  
 explores parish ministry and  
 pastoral care. Visiting professor  
 Amjad-Ali addresses the  
 convocation. The event runs  
 from January 7 to 9. For  
 information call 641-3419.

### COMO PARK

#### No winter AARP meeting

The Midway-Highland Chapter  
 #930 of the American  
 Association of Retired Persons'  
 will not meet during January and  
 February. The group resumes its  
 normal schedule in March,  
 gathering at the Lyngblomsten  
 Senior Center, 1298 Pascal  
 Avenue.

#### La Leche League meeting

"The Advantages of  
 Breastfeeding" is the topic at  
 the next meeting of the Como-  
 Midway La Leche League  
 meeting on Tuesday, January  
 13, at 7 p.m. Mothers-to-be,  
 mothers, babies and toddlers are  
 welcome. La Leche League

meetings provide breastfeeding  
 information and support on an  
 informal, mother-to-mother  
 basis. For meeting location or  
 more information call Jeanne at  
 644-0302 or Faye at 489-6356.

### YOUTH NEWS

#### Como Park ski team

The Minnesota Youth Ski League  
 began its 10th season last month.  
 Now, children ages 4 to 14, are  
 welcome to participate in the non-  
 profit venture, which meets on  
 Sundays from 2 to 3:30 p.m.  
 through February.

The weekly sessions consider  
 many aspects of skiing, including  
 proper clothing, equipment  
 selection, technique, introductory  
 ski games and advanced lessons  
 for those with some experience  
 on skinny skis.

The program emphasizes fun  
 and fitness as the primary  
 elements of the family activity  
 with a focus on non-competitive  
 skiing as the best way to learn  
 and develop.

Each youngster should have  
 their own equipment plus  
 comfortable and warm clothing.  
 (Equipment rental is also available  
 through the Como Ski Chalet.)  
 For information call 487-6714.

#### Mounds Park Academy open house

Prospective kindergarten through  
 12th grade students and their  
 parents are invited to attend an  
 Open House/Information session  
 at Mounds Park Academy on  
 Thursday, February 5 from 7 to  
 9 p.m. The school is located at



From the Bugle archives

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The "Purple Power" soccer team won the NSSA U-12 League Championship with a regular season record of 6-0-2 and with no goals scored against them last summer. They also won the playoffs with a 4-0 record. Winners — standing (left to right) Carla Granger, Anne Fredrickson, Helga Midelfort-Vognar, Marta Waalen, Kristen Stoeckler, Axelina Swenson, and coach Mark Seeley. Seated Anne Eaton, Leah Steinberg, Ashley Peterson, Emma Seeley, Clarissa Schwartz, Jessica Johnson, Maggie O'Rourke, and Caitlin Daly. Not pictured Caitlin Arnold, Mary Hagerty, Sara Watkins, Lily Bevis and coach Mark Arnold.

2051 East Larpenture Avenue in Maplewood. Call Eve Stoebner at 777-6788 for information.

## NOTICES

### Home tour nominations

Every year, some of those who enjoy the popular Minneapolis and St. Paul Home Tour eventually buy a home of their own in one of the neighborhoods they discovered in St. Paul.

Organizers of the annual Minneapolis and St. Paul Home Tour — now entering its 11th season — are seeking nominations of homes of all types and sizes to showcase during weekend of May 2 and 3.

Home nominations are due no later than Friday, February 13, but are encouraged sooner. All homes will be selected by early March. Homes on the tour are typically not for sale.

To nominate a home for the tour, call the St. Paul Home Tour Office at 266-6562.

### Creating successful print ads

Simple, direct and consistent advertisements are the best way to reach customers, advised marketing experts at a Bugle-sponsored workshop last November.

Jim Bernstein of Colle & McVoy Advertising and Steve Parker of Summit Graphics asked questions and gave advice to business people at the library.

Bernstein said that advertisers need to know their customers, which can be gleaned through questionnaires, informal conversations and focus groups. After polling customers, advertise can the direct their ads toward consumer needs.

So, what constitutes a good ad? A big headline, body copy, graphic, logo and address and phone number. In sum, Parker said, "Don't fill up the ad; you need white space." ■

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## ARTS EVENTS

### EXHIBITS

Discover the beauty of "The Indian Sari: Draping Bodies, Revealing Lives" at The Goldstein, Museum of Design, beginning Sunday, January 25.

Of all the arts that have flourished in India, draping cloth to dress the body is perhaps the most unique yet the least studied cultural phenomenon. The way an Indian sari is draped reveals differences in class, caste, occupation, fashion and geography.

The Goldstein exhibit explores the sophistication, vivacity and significance of draping styles of Indian saris in silk, hand-woven cotton and synthetic fabrics from the museum's collection, French anthropologist and guest curator Chantal Boulanger, and area lenders.

The opening reception is set for Sunday, January 25, from 1:30 to 4:30 p.m. Boulanger delivers at lecture at 2:30 p.m.

The museum is located on the University of Minnesota's

St. Paul campus at 244 McNeal Hall, 1985 Buford. It is open Monday - Friday, 10 a.m. to 4 p.m.; Thursday, 10 a.m. to 8 p.m., and Saturday and Sunday, 1:30 to 4:30 p.m. Admission is free.

Experience St. Anthony Park photographer **Doug Beasley's** exhibit — "The Nude, Form & Spirit" — at the **Ice Box Gallery** until the end of January. The Ice Box Gallery is located at 2401 Central Avenue NE in Minneapolis and is open Tuesday to Friday, 10 a.m. to 6 p.m. and Saturday, noon to 5 p.m.

### MUSIC

The **Music in the Park Series** begins its **Family Concert** schedule on February 6 with "Strings and Stories," featuring such string instruments as the mandolin, Chinese pipa (lute) and guitar. The first concert spotlights "Mandolin Mania" with **Peter Ostroushko, Joan Griffith** and friends. Performances are set for 6:15 and 7:30 p.m. at the St. Anthony Park Branch Library,

Como and Carter avenues. Season subscription for three concerts cost \$12 for adults and children. Advance single tickets cost \$5 for adults and \$4 for children. Call 646-5266 for information.

Enjoy music by **The Ahn Trio**, a young and dynamic trio of sisters, at **Music in the Park Series'** upcoming concert on Sunday, February 15, at 4 p.m. The concert is held at St. Anthony Park United Church of Christ. Tickets are sold at The Bibelot Shop (646-5651), Micawber's Bookstore (646-5506) and 646-5266.

### POETRY

Hear long-time St. Anthony Park resident **Gerhard Neubeck** read poetry at the St. Anthony Park Branch Library on Thursday, January 29 at 7 p.m. The event is co-sponsored by the library and Micawber's Bookstore. Call 292-6635 for information. ■

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community for your  
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Happy New Year to All!



For More Information Call  
**Carol Weber**  
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**636-3760**



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# COMMUNITY CALENDAR

## 25 THURSDAY

■ Christmas

## 31 WEDNESDAY

■ New Year's Eve

■ Leisure Center, St. Anthony Park United Methodist Church, 9 a.m. - 1 p.m. Every Wednesday

## 1 THURSDAY

■ New Year's Day

## 2 FRIDAY

■ Falcon Heights and Lauderdale recycling

## 5 MONDAY

■ St. Paul Public Schools resume after winter vacation

■ Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m.

■ AA, St. Anthony Park Lutheran Church, 8 p.m. Every Monday.

## 6 TUESDAY

■ Toastmasters, Hewlett Packard, 2025 Larpentour Avenue, 7:30 a.m. 645-6675. Every Tuesday.

## 7 WEDNESDAY

■ St. Anthony Park recycling

■ Mid-Winter Convocation, Luther Seminary

■ St. Anthony Park Community Council, South St. Anthony Rec Center, 890 Cromwell, 7-9 p.m.

## 8 THURSDAY

■ Mid-Winter Convocation, Luther Seminary

■ Parent-child play group, South St. Anthony Rec Center, 890 Cromwell Avenue, 10 a.m.-noon. Every Thursday.

■ St. Anthony Park Community Council Physical Planning Committee, South St. Anthony Rec Center, 890 Cromwell, 5 p.m.

## 9 FRIDAY

■ Mid-Winter Convocation, Luther Seminary

## 12 MONDAY

■ Como Park recycling

■ Park Press Inc., — Park Bugle — board meeting, ParkBank community room, 7 a.m.

■ Falconeers Senior Club, Falcon Heights City Hall, 1-3:30 p.m. Call 488-3361 or 644-0055.

## 13 TUESDAY

■ Lauderdale City Council, City Hall, 7 p.m.

## 14 WEDNESDAY

■ Falcon Heights City Council, City Hall, 7 p.m.

■ St. Anthony Park Community Council's crime prevention block club meeting, 7 p.m. Langford Park Recreation Center Community Room.

## 15 THURSDAY

■ Wendell Ferichs leads a six-week study of the prophet Jeremiah at St. Anthony Park Lutheran Church, 7 p.m., in the Parish Hall.

## 16 FRIDAY

■ Falcon Heights and Lauderdale recycling

## 17 SATURDAY

■ Lauderdale 500 Club, Lauderdale City Hall, 1891 Walnut Street, 1 p.m.

## 19 MONDAY

■ Martin Luther King Holiday

## 20 TUESDAY

■ District 10 Como Community Council. Call 644-3889.

■ Lauderdale Planning Commission, City Hall, 1891 Walnut, 7:30 p.m.

## 21 WEDNESDAY

■ St. Anthony Park recycling

■ Langford Booster Club, Langford Park, 7:30 p.m.

## 24 SATURDAY

■ Langford Park's annual Winter Sports Days

## 25 SUNDAY

■ Langford Park's annual Winter Sports Days

■ "The Indian Sari: Draping Bodies, Revealing Lives" opens at The Goldstein, Museum of Design, 244 McNeal Hall, 1985 Buford Avenue. 1:30 - 4:30 p.m.

## 26 MONDAY

■ Como Park recycling

■ Falconeers Senior Club, Falcon Heights City Hall, 1-3:30 p.m. Call 488-3361 or 644-0055.

■ St. Anthony Park Block Nurse Program Board of Directors meeting, St. Anthony Park Branch Library, 7:30 - 9:30 p.m.

## 27 TUESDAY

■ Lauderdale City Council, City Hall, 7 p.m.

## 28 WEDNESDAY

■ St. Anthony Park Community Council Housing and Human Services Committee, 890 Cromwell, 5:30 p.m.

■ St. Anthony Park Community Council Environment Committee, 890 Cromwell, 7 p.m.

■ St. Anthony Park Community Council's crime prevention block club meeting, 7 p.m. South St. Anthony Recreation Center Community Room.

■ Falcon Heights City Council, City Hall, 7 p.m.

## 29 THURSDAY

■ Long-time St. Anthony Park resident Gerhard Neubeck reads poetry, St. Anthony Park Branch Library, 7 p.m.

## 30 FRIDAY

■ Falcon Heights and Lauderdale recycling



Photo courtesy of Ramsey County Historical Society

Items for the February Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, January 16.

The Community Calendar is sponsored monthly by

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## Joan Brandt

Joan E. Brandt, age 73, died on November 17, after a struggle with cancer. She lived in Energy Park, but before that, she was a long-time resident of St. Anthony Park.

Brandt was a member of St. Anthony Park United Methodist Church and was active in the community.

Preceded in death by her parents and her brother, Richard Collins, she is survived by sons, Rick, Marty, and Jon; daughters, Christie DeWitt and Rebecca Brandt; four grandchildren; and sisters, Nancy Nickeson and Miriam Boisclair.

## Leilani DePauw

The Reverend Leilani R. DePauw of Falcon Heights died on November 14. She was 54 years old. She was preceded in death by her mother, Rose, and is survived by family and friends.

## Evelyn Gish

Lauderdale resident Evelyn L. Gish, age 83, died on November 29.

For 21 years Gish was a librarian at the University of Minnesota Entomology Library.

Survivors include her husband of 57 years, Neal; sons, Charles and John; daughter, Janet Penn; eight grandchildren; and sister, Marion Sanderson.

## Dorothy Johnson

Dorothy Jane Kulenkamp Johnson, age 76, died on November 16. She grew up in Como Park, spent most of her life in St. Anthony Park, and lived her last years back in Como Park.

Johnson graduated from Murray High School and was a member of Warrendale Presbyterian Church.

She was preceded in death by her parents, Clemens and Genevieve Kulenkamp; brother, Jerome Kulenkamp; and nephew, Mark Joseph. She is survived by her husband, Robert; daughter, Linda Gherghelejiu; sons, Walter and James; sisters, Genevieve Joseph, Yvonne Swanson, and Karen Earle; brother, Dean Kulenkamp; and three grandchildren.

## Arthur Lindig

Long-time Falcon Heights neighbor Arthur A. Lindig, age 91, died on December 7. Survivors include daughter, Carol; and son, Fred.

## John Wood Lippert

John Wood Lippert, a former St. Anthony Park neighbor who

recently lived in Roseville, died on December 11 at the age of 83.

The LeSueur, Minnesota native taught high school English in Montevideo, Hibbing, and Breck School before serving in World War II. After the war, he taught at the University of Minnesota until his retirement.

Preceded in death by his wife, Ruth; sister, Mary Lu Hansen; and brother, David, he is survived by sons, Kenneth, Patrick, John, Leander and Richard; five grandchildren; one great-grandchild; and sister, Elizabeth Miller.

## Sarah JoAnne McIntosh

Sarah JoAnne McIntosh, age 15, died of cancer on November 20. She lived in Como Park and attended Murray Junior High.

She was the daughter of Barb and Doug McIntosh and the sister of Rachel, and is survived by many relatives and friends.

## Margaret Mettling

Como Park resident Margaret H. Mettling, age 88, died on November 17. Mettling was a member of Holy Childhood Catholic Church.

She was preceded in death by brothers, Donald and Russell; and sisters, Myrtle Stark, Ione Torgeson, and Janette Morell. Survivors include many nieces and nephews.

## Richard Putnam

Richard L. "Skip" Putnam died on December 3 at the age of 69. After growing up in St. Anthony Park, he lived most of his life in Falcon Heights on Larpentur.

He graduated from Murray High School in 1946. He served in the Korean War and retired after 40 years with the Soo Line.

He was preceded in death by his parents and two brothers.

## JoAnn Farinella Schneider

JoAnn M. Farinella Schneider died on November 30, after a 19-month struggle with cancer. She was 58 years old and a resident of Como Park.

Preceded in death by her father, Erfanny Farinella, she is survived by her husband, Wayne; daughters, Amy and Kay; mother, Evelyn Farinella; sisters, Marie Olson and Bonnie Hau; and brother, Ervin Farinella.

## James Solmonson

James E. Solmonson, age 36, died on November 20, from accident-related injuries. The former St. Anthony Park resident lived recently on the Eastside.

Solmonson graduated from Murray in 1979. His sister, Ellen Solmonson, died four months ago.

He is survived by his wife, Kathy; parents, James and Doris; sister, Dawn; brother, Douglas; grandmother, Olga; grandparents, Mr. and Mrs. Edward Haehn; and step-children, Steve and Tiffany.

## Mark Weyandt

Mark J. Weyandt of Como Park died on December 12 at the age of 70.

Weyandt belonged to St. Cecilia Catholic Church, where he was active in Pro-Life Action Ministries and Loaves and Fishes.

Preceded in death by his daughter, Patrice, and brother, Gene, he is survived by his wife, Jeanne; children, Gregory, Nancy Marshall, Joe, Marcus and Dana Farber; 15 grandchildren; and brothers, Bill and Roger.

## Rosetta Whitcher

Falcon Heights resident Rosetta M. Whitcher died on November 28 at the age of 80.

Whitcher was a member of Faith Lutheran Church, the Eastern Star, and the Falconeers.

Preceded in death by her husband, Lyman, she is survived by daughters, Adele Finemann, Rose Marie Anderson, and Jeanne Smith; sons, Ross and Charles; 10 grandchildren; and two great-grandchildren.

## Rosella Youngdahl

Rosella Youngdahl of Como Park died on November 29, at 79 years of age. She was preceded in death by her parents, three brothers and one sister. Survivors include her husband, Carl; daughters, Sandra Carroll, Donna Mullins, and Cheryl Peterson; son, Alan; seven grandchildren; sisters, Esther Look, Ella Koosman, and Ida Ohman; and brothers, Robert, Alvin, Bernie, and Orville Jeske.

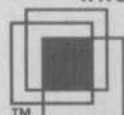
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# C L A S S I F I E D S

## Classified deadline:

January 16, 6 p.m.  
Next issue: January 29

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- Send your ad & check to Bugle Classifieds P.O. Box 8126 St. Paul, MN 55108 or deliver to the drop box at the rear of the Bugle office at 2301 Como Ave. by 6 p.m. on deadline day.
- Classified ads are not taken over the phone.
- Call Wendy Hanson, 636-2867, or the Bugle office, 646-5369, with questions.

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**SPIRITUAL FORMATION:** this 10-week study group will look at the major dimensions of the spiritual life as seen in the life of Jesus. Begins Sunday evening, January 25. Cost is \$15. Call Bethel Lutheran Church at 488-6681 for information. Deadline is January 16.

**DEVOTIONAL CLASSICS:** This 10-week study group will discuss writings that seek to form the soul before God. Begins Friday morning, January 30. Call Bethel Lutheran Church at 488-6681 for information. Registration deadline is January 16.

**CELEBRATION OF DISCIPLINE:** this 14-week study group will discuss Richard Foster's modern classic book about the role that meditation, fasting, study, solitude, and other disciplines play in focusing our lives on God. Begins Monday evening, January 26. Cost is \$15. Call Bethel Lutheran Church at 488-6681 for registration information. Deadline to register is January 16.

**MUSIC FOR LITTLE PEOPLE** presents Kindermusik® music classes for children 18 months - 7 years. For more information call Deb Carlson at 488-5247.

## EMPLOYMENT

**OFFICE ASSISTANT:** Immediate part-time position in a small non-profit organization. Phones, data entry, typing and general office duties. Qualifications: two years experience, computer, detailed oriented and proof reading skills. Salary \$10 per hour. Send or fax resume (no phone calls) to: Pathfinder Resources, Inc., 2324 University Ave. W. #105, St. Paul, MN, 55114. Fax: 647-6908.

**PROFIT FROM** explosive growth of the INTERNET. Leading online yellow pages service has launched a new direct sales division. Quickly earn upfront bonuses, commissions and residual income. 484-0460.

## PROFESSIONAL SERVICES

**PASSPORT PHOTOS**-\$10 plus tax, International Institute, 1694 Como Ave. Hours Mon.-Fri. 9 a.m.- noon; 1 p.m.-4:30 p.m.

**INTERNET!** Affordable Web site design + help with internet access, email, etc. 645-6178 or email: midori@bitstream.net

**INDIVIDUAL & COUPLES COUNSELING,** career development and success coaching. Paul Quie, M.B.A., M.A., L.P.P. 646-8985.

**HARPIST.** Cathy S. Victorsen. Beautiful Music for any occasion. 644-7016.

**SEWING SPECIALIST,** Fitting problems my specialty. Professional and accurate custom designs, copies, or alterations. Marjorie Hammond, 644-4555.

**SWISS GARDENS:** An old-world approach to the art of distinctive landscape design and installation. Call Philippe at 642-9985.

**PIANO TUNING AND REPAIR.** MacPhail certified. Call Dorothy Tostengard, 218-682-2079.

## CHILD CARE

**CHILDREN'S HOME SOCIETY CHILD CARE CENTER,** Roseville. Serving ages 16 months through 5 years. Open 6:30 a.m. to 6:00 p.m., Monday-Friday. For information, please call 636-4495.

**HAPPY NEW YEAR** from PARK ANGELS DAY CARE.

## HOUSING

**FOR RENT:** ST. ANTHONY PARK, 2186 Scudder St., 2 bdrm. apt., security bldg., deck, central ac, off street parking. 646-5368 (Tony), 644-3488 (Robert).

## FOR SALE

**SALOMON 9.1 ENERGYZER SKATE X-C BOOTS.** Like new, women's size 9 (European 41 1/3) \$120. 644-5188.

**FOR SALE:** Washer and dryer. Large capacity, beige Kenmore. Excellent condition; used only two years. Cost negotiable. Kristin D. Anderson 647-9480.

**FRANKLIN WOOD STOVE,** good condition, 644-4151.

## WANTED

**TOP CASH PAID.** Older Furniture (All Types)-Also Rugs-Pictures-Frames-Clocks-Toys-Lamps-Glassware-Wood File Cabinets-Trunks-Linen-Pottery-Indian Items-Old Sports Equipment-Old Bikes-Pedal Cars-"ANYTHING OLD". Call 227-2469 Anytime!!!!

**WANTED:** OLD TOYS-cast iron, die cast, tin. 644-1866.

**SAP GARAGE WANTED,** near seminary if possible, call 690-1945 voice mail.

**OLD FOUNTAIN PENS:** Paying good prices for Parker, Waterman, Montblanc and other quality fountain pens. Call 870-2203 or 645-2460.

## HOME SERVICES

**WE SATISFY ALL YOUR PAINTING NEEDS.** Professional painting, interior, exterior, paperhanging, patching, taping, staining, ceiling spray texturing. Water damage repair, and more. Family Business in the Park-40 years. Jim Larson, 644-5188.

**LITE ELECTRICAL WORK,** ceiling fan, security light installation, troubleshooting; Erik 487-9527, pgr 235-4248.

**SCHUFMAN BROS. QUALITY PAINTING,** interior/exterior, textured ceilings and water damage repairs, professional service at affordable rates, local references, free estimates, insured; Jonathan, 481-0402; 645-5119 after 5.

**PRUNING:** Shrubs, hedges, small trees expertly pruned. 30 years experience. Swiss Gardens 642-9985.

**GENERAL CONTRACTOR** with old house experience. Repairs, replacements, additions of windows, doors, decks, roofs, etc. Kitchens, baths, and family rooms. Local neighborhood references are available. Call Terry 645-9369. License id# 20067213.

**HILLIARD E. SMITH** general contractor. Carpentry work, block, stone, cement work. Interior, exterior remodeling, insulation, underpinning porches. 46 years in the Park. Small jobs are our specialty. Licensed, bonded, insured. 644-0715.

**CLEANING.** Established business. Thorough, honest, reasonable and St A.P. resident eight years. Mary 789-7560.

**APPLIANCE REPAIR:** Reasonable rates, friendly service. St. Anthony Park references. Call Ron Wagner at 491-1854 or 377-1310.

**HOUSECLEANING** - no job too small or big. Quality work you can always depend on! Rita 776-9534.

**CARLSON PAINTING:** interior and exterior, furniture repair/refinishing, wallpapering, free estimates. 429-0894.

**DEADBOLTS INSTALLED,** locks rekeyed. Free estimates. North Country Lock. 674-5644.

**HANDYMAN** will expertly do all the little jobs around your home. 642-9985.

## NOTICES

**MEET TWIN CITIES SINGLES INSTANTLY!** Live connections with thousands of single local men and women every day. Call now for a Free Trial. (612)512-9999 www.meetlocalsingles.com

**ATTENTION NEWCOMERS TO SAP!** Welcome to the neighborhood. Free packets of information on the area and coupons. For delivery call: 644-3926 with name, address and phone number. Compliments of New Neighbor Team of St. Anthony Park Association.

**VOLUNTEERS NEEDED** to assist with socializing and cleaning, at Feline Rescue Inc., a non-profit, no-kill cat shelter, located in South St. Anthony Park. If you have a few hours to spare, and enjoy being with cats, please give us a call at 659-0902.

## EDITOR

The Bugle is seeking an editor. This part-time position involves all aspects of newspaper management from assigning, writing and editing articles and photographs to overseeing the production process. People possessing seasoned editing and writing skills, enthusiasm for community journalism, excellent interpersonal skills, knowledge of the Bugle's neighborhoods and ability to manage multiple tasks are encouraged to apply. Start February 1. Salary negotiable. Please send letter of introduction and resume by January 9 to: Personnel Committee, Park Bugle, P.O. Box 8126, St. Paul, MN 55108.

*Thank you to my friends in St. Anthony Park  
for the support and friendship they have extended to  
both my son, Joel, and myself this past year.*

*To you all -*

*May 1998 bring to you and your families -*

*the Joy of Love*

*the Joy of Good Health*

*and the Joy of Peace*



*Suzanne M. Jantle*

**EMIL GUSTAFSON JEWELERS**  
2278 Como Ave. St. Paul - Next to the Bibelot

**LUTHER SEMINARY**  
2481 COMO AVE., ST. PAUL

### Jan. 5-Feb. 9 Lay School of Theology

Three courses offered: "Novels, Films and Hymns of the North," **Gracia Grindal**, professor of rhetoric; "A Word from the Wise: Proverbs and Ecclesiastes for Today," **James Limburg**, professor of Old Testament; "Luther for the Third Millennium," **Gary Simpson**, associate professor of systematic theology. All classes meet **Mondays, 7:00-9:00 p.m.** (except on Jan. 19, Martin Luther King, Jr. Day) in **Northwestern Hall** on the Luther Seminary campus (corner of Hendon Ave. and Fulham St. east from Como Ave.) Cost: \$40 per course in advance or in Northwestern Hall before the first class. For more information, call 641-3416.

### Feb. 17 Hein-Fry Lectures

**Martha Stortz**, associate professor of historical theology and ethics, Pacific Lutheran Theological Seminary, discusses "The Ethical Challenges of the New Century: How Do Christians Respond?"  
10:00 a.m. Chapel of the Incarnation

For information: Office of Public Relations (612) 641-3520. Luther Seminary "Welcome Line" (612) 641-3533. Visit the website: www.luthersem.edu To arrange for group tours, call (612) 641-3399. Bookstore hours: Mon.-Fri., 10:30-5:00; Sat., 11:00-2:00.



**Cats . . . from page 1**

enjoy is seeing how the animals thrive in a safe, nurturing environment. One of the more dramatic cases is a cat named Star, who came to the shelter after a group of kids cut off one of his paws. When he arrived, he was hostile and difficult to handle. Now, after gentle encouragement from volunteers, Star is friendly and allows people to pet him. Many other cats have similar stories; they come to the shelter looking battered and bedraggled, but soon blossom under the care of the volunteers.

The shelter is open to the public Monday through Friday, 9 to 11 a.m. and 5:30 to 7:30 p.m.; Saturday, 9 a.m. to 7:30 p.m.; and Sunday, 3 to 6 p.m. During these hours, people can come by to bring cats in or to look for a cat to adopt; they can also call for an appointment if they can't come during regular hours. Board member Richard Stegall says the shelter is currently closed for intake (they are licensed for 65 cats), but people with cats needing shelter can call Feline Rescue at 642-5900 for referral to another shelter. ■

**A Natural Foods Grocery**

*Fresh Sandwiches, Soups  
Salads & Bakery*

*Gifts, Books, Housewares*



**HAMPDEN  
PARK CO-OP**

M-F 9-9 Sat. 9-7 Sun. 10-7  
928 Raymond St. Paul 646-6686

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9:30-8 Mon.-Fri., 9:30-5:30 Sat., 12-5 Sun.

## LIFE IN THE CHURCH: COME AND SHARE

**◆ BETHANY BAPTIST CHURCH**

Skillman at Cleveland in Roseville. 631-0211  
Bethany Baptist Morning Worship 10:45 am  
Sunday School 9:30 am  
Pastor Bruce Petersen  
Filipino-American Worship 11 am  
Pastor Gonzalo Olojan

**◆ COMO PARK LUTHERAN CHURCH**

1376 Hoyt Ave. W. 646-7127 Handicapped accessible  
CPL Contact Ministry 644-1897  
Sunday Schedule (Nursery Provided)  
Rides available for 11 am worship.  
8 and 11 am Worship. (Communion 1st and 3rd Sundays)  
9 am Children and Family Worship  
9:50 am Sunday School  
10 am Adult Forum, Youth Forum  
Wednesday Schedule  
5:15 pm MEAL for everyone (Adults \$3, kids 15 years and under \$2, not to exceed \$10 per family)  
6 & 7 pm Choirs and Confirmation  
6:50 pm Midweek JAM & Praise (Worship)  
7:30 pm "MIDWEEK" (High School Youth)  
Life With God (Adult Ed)  
Friday Schedule  
6:30 am Men's Breakfast Fellowship (CJ Brown - HarMar)  
Pastors: Paul Harris and Nancy Koester  
Director of Youth and Family Ministry: Joe Sheehan

**◆ CORPUS CHRISTI CATHOLIC CHURCH**

2131 No. Fairview at County Road B. 639-8888  
Meaningful liturgies in a new worship space.  
A welcoming community. Handicap-accessible  
Saturday Mass: 5 pm  
Sunday Masses: 8:30 and 10:30 am  
Dec. 31: New Year Service at 5 pm  
Jan. 1: New Year Service at 9:30 am

**◆ MOUNT OLIVE EV. LUTHERAN CHURCH  
(A WELS Congregation)**

"THE CHURCH WITH A SMILE"  
Handicap-accessible. Wheelchair available.  
1460 Almond at Pascal. 645-2575  
Sunday Worship: 9 am  
Sunday School and Adult Bible Class: 10:30 am  
Dec. 31, 7 pm New Years Eve Service

**◆ PEACE LUTHERAN CHURCH**

YOU ARE INVITED TO JOIN US!  
1744 Walnut at Ione. 1 block north of Larpenteur. 644-5440.  
Sunday School, Adult Education and Bible Study: 9:15 am  
Sunday Worship: 10:30 am, Holy Communion 1st & 3rd Sundays  
Tuesday Bible Study: 10 am  
Pastor Drew Flathmann

**◆ ROSE HILL ALLIANCE CHURCH**

Roselawn at Cleveland. 631-0173  
Sunday Worship: 9:30 am  
Sunday School: 11 am beginning Sept. 7  
Sundays 6 pm Sr. Hi Group  
Wednesdays Jr. Hi Group & Awana 6:45 pm (Sept. - May)  
Wednesday Int'l. Women's American Culture Class 12:30 pm  
(Sept. - May)

**◆ ST. ANTHONY PARK LUTHERAN**

Como and Luther Place. Handicap-accessible. 645-0371  
Pastors Paul Ofstedal and Reany Lindberg  
Visit our website at <http://www.sap.org/worship/sapl.htm>  
Sunday Worship: 8:45 and 11 am. Nursery at both services  
Sunday School: 9:50 am  
Communion 1st and 3rd Sundays  
Faith Chinese Fellowship 1:30 pm Sundays  
信義教會 星期日下午  
Men's Prayer Group Fridays, noon  
Women's Epiphany Breakfasts Jan. 10 and 17, 9 am  
Visitors welcome.  
Our van is available for transportation to and from services.

**◆ ST. A.P. UNITED CHURCH OF CHRIST**

2129 Commonwealth at Chelmsford. 646-7173  
Rev. Dane Packard, Pastor  
We are handicap accessible!  
Sunday Education Hour for all ages: 9 am  
Nursery Care Provided for 9 & 10:30  
Sunday Worship: 10:30 am; Fellowship: 11:30 am

**◆ ST. A.P. UNITED METHODIST CHURCH  
THE CHURCH WHERE EVERYONE IS ALWAYS WELCOME**

Como and Hillside. 646-4859  
Pastor Deb Walkes  
Sunday Schedule  
Worship 8:45 am and 10:45 am, Fellowship 9:30 am and 11:45 am  
Church School 10 am  
Wednesdays 9 am - 1 pm, Leisure Center with noon lunch

**◆ ST. CECILIA'S CATHOLIC CHURCH**

Cromwell and Bayless Place. 644-4502  
Sunday Mass: 10 am at church (nursery provided) and  
8:30 am at Seal Hi-Rise, 825 Seal St. (handicapped  
accessibility)  
Daily Mass: 7 am at the Parish Center

**◆ ST. MATTHEW'S EPISCOPAL CHURCH**

2136 Carter at Chelmsford. 645-3058  
Sunday Schedule:  
8 am Holy Eucharist Rite I  
10:30 am Holy Eucharist Rite II  
9:15 am Education Hour for all ages.  
Adult Bible Study: Luke-Acts  
Adult Forum: Benedictine Spirituality Jan. 1, 11, 18  
10 am Wednesdays Eucharist in the chapel  
Dec. 28, Christmas Lessons and Carols at both services  
Jan. 25, 1 service at 9:30 am followed by potluck brunch & annual meeting  
Come and see our new and expanded building.  
The Rev. Grant Abbott, Rector  
The Rev. Lynn Lawyer, Deacon

**◆ WARRENDALE PRESBYTERIAN CHURCH**

1040 Como Ave. at Oxford. 489-6054  
Sunday Worship: 10:15 am (nursery provided)  
Sunday Church School: 9 am  
Dr. Robert Bailey, Minister

**Remodeling  
Concepts**

by  
**Peter  
Hagen, CR**

**LAMINATE  
UNCOVERED**

Because it lends itself to easy maintenance and is relatively inexpensive to install, there is no mystery as to why plastic laminate is the most popular choice for kitchen countertop material. What is plastic laminate exactly? In fact, it was developed about 75 years ago and is composed of layers of Kraft paper soaked in chemical resins that are baked at high temperatures under extreme pressure. To produce color and pattern, the stack of Kraft paper is topped with a layer of decorative paper. With color limited to the top layer, edges and joint lines are rendered visible. To overcome this drawback, manufacturers of plastic laminate offer color through products that have the base color running through the entire thickness.

When it comes to kitchen renovation the design professionals at THE TRANSFORMED TREE are ready to help you...from basic cabinet and countertop layout and material selection to the design and fabrication of custom cabinets.



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