# PARK BOOK MARCH 1997 BOOK MARC

P.O. Box 8126, St. PAUL, MN 55108

# Food charities work hard year-round

Assistance and donations available in the area

by David Anger

t's a familiar yet necessary plea — food charities need community support throughout the year, not just during the Christmas season.

"Food demands actually increase in the spring and especially during the summer, when children are out of school," said Roberta Reberts, food shelf coordinator at the Merriam Park Community Center. "Yet, Donations decrease after the holidays because most people aren't thinking about people being hungry."

With entitlement programs coming to an end, the role of food services are certain to increase. Still, many people are reluctant to ask for help, especially if they live in more affluent neighborhoods. Even so, a sizable number of people living in the 55108 zip code — which includes Como Park and St. Anthony Park — benefit from food shelves.

The Fair Share program and Merriam Park Food Shelf are two critical food charities in the area. The Fair Share program accepts distribution and registration on a monthly basis through Holy Childhood Catholic Church and St. Anthony Park Lutheran Church. A listing for this service appears in the

community calendar in every issue of the Bugle.

The Merriam Park
Community Center Food Shelf
serves St. Anthony Park as well
as Macalester-Groveland,
Merriam Park, Highland Park
and Midway. The charity
maintains a central food shelf at
Jehovah Lutheran Church at
Snelling and Thomas. It is
open Monday and Thursday
from 10 a.m. to 2 p.m.

Merriam Park's service is accessible and easy. To begin using the food shelf, clients call to make an introductory appointment. There are no income qualifications, but some forms need to be completed to qualify.

"We are finding that single and two-parent working families are having a hard time making ends meet," said Reberts. "Large heating bills and unexpected car repairs can really throw a tight budget out of whack. And money for food is often sacrificed because paying bills is so urgent."

The Merriam Park Food
Shelf benefits from donations
through several neighborhood
organizations, including the
Hampden Park Co-op as well as
St. Anthony Park United
Methodist Church, Lutheran
churches and St. Cecilia's.

To make an appointment for service or donation at Merriam Park, call 645-0349. ■



Illustration by Warren Hanson

#### Food, glorious food

- Speedy Market a little Byerly's page 6
- Wholesome food at Hampden Coop page 7
- Kids cooking in the kitchen page 8
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- What's cookin' in the neighborhood page 12
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Barbara Hunn (c) with her daughter, Celine Hunn (l), and daughter-in-law, Amy Hunn (r). Photo by Trumpa Olson

#### by David Anger

eteran restauranteur Barbara Hunn walks five miles in nothing flat, whips up fantastic batches of cinnamon rolls without wincing and never tires of asking, "Was everything okay?"

She is, of course, the heart and soul behind Key's Restaurants, now featuring nine outlets throughout the Twin Cities. Born on November 12, 1937, Hunn is the mother of four and the grandmother of 16. Being the quintessential Scorpio, chatty, efficient and charismatic, she is the hands-on 5' 4", 100-pound firecracker who started the Key's venture at Raymond and University avenues 23 years ago.

A slap-dab collage of snapshots, awards and bibelots envelops the place. Regular customers and long-time staffers know each other by name. The fixtures, including the lights and booths, are vintage. And the place is always humming. Still, Hunn isn't complacent. Last year Key's underwent a complete



# Restauranteur Barbara Hunn keeps Key's humming

renovation, which encompassed building an up-to-the-minute stainless steel kitchen and freezer storage.

"I've never had an office," explains Hunn, who works six to seven days a week. "I'm always up front and all around. So, I'm part of the staff more than the boss." Find her tending the cash register, grilling sandwiches, and, yes, washing dishes. Hunn and her direct management style are all a part of that certain unpretentious je ne sais quoi that makes Key's, Key's.

There's no chichi here — no pesto this or chutney that.
Instead, the down-home menu of hamburgers, meatloaf and potatoes, breakfast and more breakfast is dedicated to the egalitarian proposition that

homemade food keeps customers happy. They are.

"I like the customer to feel that they're in charge," remarks Hunn. "The customer is king. When someone questions something, I'll side with the customer — it's just easier." In keeping with Key's friendly and populist creed, customers seat themselves and menu substitutions are always taken with a smile.

Paul Wellstone, George Latimer, Rudy Perpich, Diane Sawyer and Alan Page have all eaten here. Yet, it's not the bigwigs—although they're welcome—that Hunn adores, but the regulars. "One customer came in twice a day, but recently

Hunn to page 2

# Stanfords endow Hoyle program

by Laura Pritchett

new international study scholarship fund at St. Olaf College has been established in the name of Robert and Karen Hoyle, local residents for 20 years.

Edward and Maverette
Stanford set up this fund.
Though they are not graduates
of the college themselves, they
believe that the Hoyles, who are
friends and neighbors, "Live the
goals we admire and have
fulfilled the St. Olaf mission."

St. Olaf is well known for its international program. In fact, more than one-half of each graduating class at St. Olaf has studied internationally. The fund will provide a scholarship for a student or students who need financial assistance to participate in a St. Olaf Study Abroad program.

The Hoyles have been

active in helping foreigners for years. The Stanfords felt that the gift would be a tribute to their careers and life-long dedication to others.

The Hoyles have been active in helping foreigners for years and the Stanfords view the endowment as a tribute.

"Since they were graduates of St. Olaf College and had benefited by the college's international study program, we thought a gift to the college to help others participate in that

same program would be our tribute to their careers," said Edward Stanford. "My wife and I were never able to go abroad ourselves. St. Olaf has developed a wonderful international program, and this gift was something we could do now to make a difference. The Hoyles have opened their homes to many different people because they know that the opportunity to learn about other cultures is so important in this world."

Bob Hoyle, a 1961 graduate, was one of the nation's first Peace Corps volunteers, setting a trend of participation by that college. Recently, the college was honored by the Peace Corps for having more graduates serve than any other four-year college in the nation. He is now the

Hoyle's program to page 16

# Tilden Park face-lift

by John Marino

t's a small slice of
St. Paul's 1998-99
budgetary pie, but a mere
\$60,000 would go a long
way in upgrading Tilden Park.
Such is the sentiment of west
Como Park residents who
presented a preliminary proposal
to the city in its capital
improvement budget process
on February 21.

A full proposal to make Tilden a more user-friendly neighborhood park will be submitted by the March 28 deadline, complete with design details.

Getting the city to fund a

capital improvement project is a very competitive process. There are dozens of other neighborhoods also vying for approximately \$49 million in city funding over the next two years.

"It all depends on the community," said Angela Mens, director of the Northwest Como Recreation Center, who is helping to spearhead the Tilden Park improvement.

"That's what the capital improvement budget process is all about," she said. "It's kind of like the squeaky wheel."

The small neighborhood

Tilden Park to page 20

#### St. Anthony Park Community Council

# NEWS

#### Council actions at a glance

At its February 12 meeting the Council:

- Voted to recommend approval of the variances on the lot coverage and setback requirements for St. Matthew's Church;
- Heard a proposal for renovation of the Specialty Building on Raymond and University:
- Voted to request funding from the St. Paul Foundation to bring in a consultant to help with strategic planning;
- Designated two projects for the Capitol Improvement Budget process: playground equipment for College Park and increased lighting on Territorial Road between T.H. 280 and Carlton Street.

#### Community Council elections — March 11 deadline for filing

Elections are set for April 8.

The Community Council is a wonderful way to meet other concerned neighbors and learn about local issues. Council members have commented on how the things they learn from their Community Council activities translate into better understanding of issues at their work. Some Council members have even admitted to having fun in their capacity as elected representatives of their neighborhood. The Community Council, provides citizen participation and opportunity for involvement in local and city issues. The Council makes recommendations on zoning changes, variances and other city actions that effect the neighborhood.

On April 8 two delegates and two alternates are to be elected for North St. Anthony Park and three delegates and two alternates will be elected for South St. Anthony Park. Business delegates and alternates are appointed through the St. Anthony Park Business Association and the Midway Chamber of Commerce.

You can become involved by running for Community Council elections, call the Council office at 292-7884 for information.

#### Two tree planting programs for our neighborhood

Boulevard trees and trees for your yard are available at reduced cost through Tree Trust, and the City Department of Parks and recreation. Call the Community Council office 292-7884 for further information.

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Council-sponsored meetings are listed each month in the Bugle Community Calendar (see page 17).

Everyone is welcome!

Office: 890 Cromwell, St. Paul, MN 55114

SHOFFNER, JESSIE

292-7884

Community Organizer: Abby Struck

Members: Bob Arndorfer, JoAnn Benesh, Sheri Booms, Ron Dufault, Ken Holdeman, Terry Gockman, Kajsa Larson,
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#### This space paid for by the St. Anthony Park Community Council

#### Barbara Hunn . . . from page 1



he passed away," Hunn says while holding back tears. "I miss him. People like him, well, they're the Key's story."

Hunn's restaurant odyssey began in 1973, when she and her friend, Beverly Oien, opened Key's. Back then Hunn made her home on Cromwell Avenue in South St. Anthony Park and worked at the Dairy Queen during the summer and at Park Hardware in the winter. Life wasn't easy, especially being a mother of four youngsters — Carol, Jean, Roy and Celine.

The kids are now grown and run Key's of their own.

"We grew up together," Hunn remembers. "All the kids worked here. They'd make buns before school and then catch the bus to Murray.

Sometimes I'd yank kids out of school to wash dishes — I would be thrown away for that now! But no one else had this kind of experience."

"My son Roy started eating at the counter at age 10, reading the newspaper and talking with people. Everybody knew him. He now owns the Lexington Key's."

Key's continues growing, Hunn remarks, because of her family. When asked if she thought she would be such a smash entrepreneur, Hunn sings flatly, "Absolutely not. Success — I'm not certain I know what that means. All I do know is that when I help open another restaurant, I'm making jobs for my kids."

Besides Key's and family, travel is her principal passion. Customs stamps from India, Egypt, Thailand, Israel, Russia and Italy, among other farflung locales, fill her passport. This month she's traveling to Australia.

"I love saying,
'Please come back
again.' It's a
wonderful life and
I wouldn't change
a thing."

Reflecting her infectious travel bug, Key's is actually named after Key West. Before the restaurant opened, Hunn and her partner were going to the bank for a loan, when they asked each other, "What should we call the place?" Since Oien was about to depart for Key West, they thought — why not Key's?

Being a true water sign, she swims daily. Her secret to good living? "Value yourself and take Barbara Hunn stands outside of Key's, a South St. Anthony Park institution since 1973. Photo by Truman Olson

care of yourself." She also appreciates the home she shares in Roseville with her life partner, Karl Miesen. The restauranteur fills it with the things she loves: furniture, crystal, art, mementos from overseas and top-notch cotton sheets. "My home is my retreat."

Funny thing, like many people in the restaurant business, Hunn doesn't eat out much. "I'm a finicky eater," she confides. Mostly Hunn dines at home with her partner and, if they do venture out, it's to old St. Paul stalwarts such as the Lexington and the St. Paul Grille.

Nowadays Hunn gets no kick from material possessions. Key's — not money — transformed her. "Well, first of all, running Key's made me a morning person," smirks Hunn, "I had to be. But more importantly, Key's gave me self-worth. I've been lucky. My business partner had complete faith in me. And now I get tremendous satisfaction in knowing that I can get what I want in life. I'm not talking about material things. It's just stuff."

So, long after Key's closes for the day, Hunn continues cradling a cordless phone in her hand. She zips non-stop. The telephone rings and she answers. "Come by tomorrow morning, but not before 6, and the cinnamon rolls will be waiting." She hangs up and pauses, "You see, I just can't say no. And guess who will probably have to make the rolls? Me."

Still, Hunn concludes, "I love saying, 'Please come back again.' It's a wonderful life, and I wouldn't change a thing."

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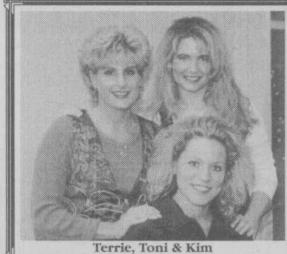
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# Fresh trees coming to the Park

by Pete Keith

t. Anthony Park will be home to many new trees this spring, thanks to the Tree Trust's Unitree program and help from volunteers and community council members.

There are actually two separate programs that will be bringing the new trees into the neighborhood. One is a series of community-sponsored plantings on various properties throughout St. Anthony Park, and the other an individual homeowner program open to applicants in numerous neighborhoods who wish to plant a new tree in their yard.

The community sponsored plantings will take place on May 17, with site preparations occurring one week earlier. Eight sites within St. Anthony Park have been selected to receive trees: Seal High-Rise, Murray Jr. High School, Langford Park, the Minnesota Graduate Club, the north side of Murray athletic field, St. Anthony Greens condominiums, Energy Park Crossing, and 970 Raymond Avenue.

"In all, over 130 trees and shrubs will be planted as part of this effort," said Ron Dufault, the community council member responsible for leading the effort to get the trees planted. A wide variety of trees and shrubs will be planted, including blue spruce, Austrian pine, oaks, dogwoods, and azaleas.

The selection of trees and the locations of the plantings are generally geared towards helping energy conservation, but also with aesthetics in mind. To select areas, "we looked for sites that were relatively barren, where new trees could provide wind breaks

Over 130 new trees will be planted thanks to a grant from Tree Trust's Unitree program.

and shade," said Dufault.

Dufault and several others associated with the council applied to the Tree Trust organization last fall for this spring's planting. "We would like to do these plantings every year, until there is no more room to plant any more trees," said Dufault.

The Tree Trust's Unitree program will be providing the trees themselves, but the community must assist in the

planting and long-term care of the trees. Ron Dufault is also spearheading the creation of a community volunteer organization called "Friends of the Park," which would help with the planting and care of these trees, as well as beautifying many of the other parks and small public spaces throughout St. Anthony Park.

Anyone interested in helping with the May 17 planting, or in becoming involved in "Friends of the Park," should contact the community council office at 292-7884, or Ron Dufault at 647-0262.

The other tree planting program this spring is for individual homeowners in many neighborhoods, including St. Anthony Park, Lauderdale, Falcon Heights, and Como Park (west of Hamline Avenue).

Homeowners interested in obtaining a tree from the Unitree program may apply to receive one eight-to-ten-foot tree valued at \$150-200 for just \$15. These trees are provided for purposes of energy conservation, so the trees should be used to provide shade to the house. Three types of trees are available: river birch, bicolor oak, and red splendor crab.

Applications must be made by April 15 in order to qualify. To receive an application or further information, contact Gail at the Tree Trust, 920-9326.

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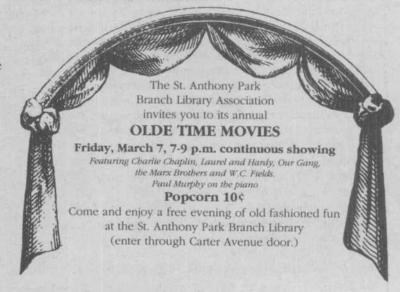
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With the contributions from those listed below, our fund drive has collected \$13,700. Thanks to these recent contributors and all the past contributors who have helped us approach this year's goal of \$15,000.

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April 5 Lutheran Mission Conference

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## Right this way your table's waiting . .

ood is the great equalizer in this crazy world. Everyone possesses a favorite dish and recipe. And if you don't have one this issue of the Bugle will really help.

Walk into the kitchen of Muffuletta - a 20-yearold St. Anthony Park tradition - through writer Judy Woodward's glorious account of an evening at one of the Twin Cities' most beloved eateries. Here, readers find out that it's not just the food that makes Muffuletta sing, but the whole show from the chefs to the servers. Not all neighborhoods can claim such a fine dining establishment. They've been serving great pasta dishes since 1977 and it's one of the many perks that makes St. Anthony Park a prize-winning place. Congratulations to Muffuletta on its 20th anniversary, which is no small feat in the topsyturvy restaurant business.

About a five-minute drive away from Muffuletta sits a different sort of dining experience. The place is called Key's Original, a casual hideout known for its rocking buckwheat pancakes, hearty meatloaf and more. Since Key's inaugural year in 1973 the establishment has grown to include eight other outlets and it's now a Twin Cities standard. Behind the Key's success story is owner Barbara Hunn, who is profiled on the front page. Meet her and learn that food isn't just about nourishment, but community.

Restaurants bring all sorts of people together under one roof. When we pay the bill and leave our (generous) tips on the table, the visit isn't over. Food memories linger and inspire us to make great dishes of our own. So, learn about what's cookin' in your neighbors' kitchen on page 12, which showcases recipes from not-so-famous yet immensely talented chefs.

#### LETTERS

#### **Building community**

The St. Anthony Park Association provided seed money. Milton Square, ParkBank's drive-in and Tim and Tom's Speedy Market offered summer space. First Bank and ParkBank are donating winter shelter. The Bugle spotlighted the program. So, "Ask Us" — the

community-based resource for and about seniors offered by the St. Anthony Park Block Nurse Program — serves those searching for answers to questions posed by aging. If we're honest, that's all of us! Thank you neighbors.

Lynn McLean, director St. Anthony Park Block Nurse Program

#### PRECINCT CAUCUS ON MARCH 4

The DFL, Republican and Reform parties have coordinated their caucuses for Tuesday, March 4, 7 p.m., at schools and community centers throughout the area.

St. Paul residents - including Como Park and St. Anthony Park — caucus at Ramsey Junior High School, 1700 Summit.

The St. Paul precinct caucuses begin the process to select each party's endorsed candidates for city elective offices, including mayor, city council and school board. The caucus also invites discussion of local and neighborhood issues and helps shaped each party's platform.

# Memories from the **Bugle archives:**

20 YEARS AGO . . . Ground breaking on South St. Anthony Rec Center . . . The Design Center at Snelling and Larpenteur opens . . . Do-it-yourselfframing available at the Frame Factory . . .

15 YEARS AGO . . . Mama D's opens in Baker Court . . Marge DeBoer publishes Crown of Desire . . . Energy Park development construction proceeds . . .

10 YEARS AGO . . . Chin's Kitchen in Falcon Heights gets front-page coverage. . . Don Mackey suspended as executive director of Victory House . . . Langford Park Bantams win city hockey championship . . . Housing development planned for Rose Hill in Lauderdale . . . Jerry Renchin retires after 26 years on the Falcon Heights fire department...

5 YEARS AGO . . . Park Commission votes to remove "Indian Hunter with Dog" statue from Como Park . . . Residents filling up Park Crossing apartments . . . International Institute faces labor disagreement. . . University decides to preserve Gibbs schoolhouse . Composer Leigh Bowser found inspiration for his work A Town Named Tony in College Park

1 YEARS AGO . . . St. Anthony Park Library secures city funds for elevator and remodeling . . . Travel guru Billie Foreman of University Grove profiled . . Bascali's opens pizzeria in Como Park.

### **Next issue March 27** Deadlines: Display ads......March 13 News & classifieds ......March 14

2301 Como Avenue, Box 8126, St. Paul, MN 55108 646-5369

The Park Bugle is published by Park Press, Inc., a nonprofit organization guided by an elected board of directors. Currently serving on the board are Cindy Ahlgren, Elving Anderson, Susan Bardill, Andy Collins, Grace Dyrud, Kent Eklund, Connie Hillesheim, Catherine Holtzclaw, Paul Kirkegaard, David Nourse, Steve Plagens, Alisa Potter, Jeanne Schacht and Marietta Spencer.

The Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and Northwest Como Park, The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation.

The Bugle is printed at Shakopee Valley Printing and published the last Thursday of each month. It is distributed free by Independent Delivery Service to residents of St. Anthony Park, Northwest Como Park, Falcon Heights and Lauderdale and to local businesses.

Subscription rates are \$12 per year, \$8 for senior citizens.

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| Production Manager |               |          |
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#### **ADVERTISING REPRESENTATIVES** St. Anthony Park, Falcon Heights & Lauderdale: Kathy Magnuson, 645-2475 Como Park and all other areas: Rachel Larson, 644-5188

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# MMENTAR



"Do you serve bugs?"

by Natalie Zett

great stir happened when the Chinese Restaurant opened

in our neighborhood. This was quintessential southeast Cleveland in the early 60s-light years away from any type of political correctness. There was also nothing much for little kids to do. To me, it was the most boring place in the world. So, I spent lots of time listening to adults in conversation.

In the summer of 1961, something got the adults up in arms. "They're not Ame-r-r-r-ican, cat's vat's wr-r-r-ong vit dem," maintained Mrs. Szybulsky. Originally from Hungary, Mrs. "Z," our next door neighbor, told everyone that they served insects as main entrees. Her contemporary, my grandfather (originally from Poland), confused the Chinese with the Japanese, and was still sore over World War II. He also had uncharitable things to say about the restaurant. "Ve're Amer-r-ricans!!" He pontificated, "And vee don't vent no foreigners here in our neighborhood.'

At home, we settled into a dinner of chicken paprikash, pierogies. We kids complained about the main courses and wondered why we couldn't have pizza instead of this junk. The adults discussed the Chinese restaurant. While my parents were a little more rational about the issue, they were still not likely to partake of strange un-American foods.

I knew all about Chinese restaurants from movies and TV. Although I thought eating grasshoppers might be interesting, the Chinese restaurant had something else that I obsessed over: fortune cookies! "Can we go to the Chinese restaurant? I have to go!!" I pleaded with my folks. I had never seen a cookies with a fortunes, and I knew, somehow, my life would not be complete without

this experience. I soon convinced my sister that they were equally essential to her well-being.

Through sheer willpower and some manipulation, our parents capitulated. They took us there for dinner and to an evening of surprises. For one, the restaurant's exterior was painted red. I had never seen a home or a building painted in any color, except white. Once through the bright red door, I could see that the walls were even more red! Colorful paper lanterns adorned with black, gold, and, of course, red dragons draped over each table. The wait staff and restaurant owners hovered over us, making sure we understood what we were ordering, and that we got what we wanted.

"Do you serve bugs?" I asked the waiter who just smiled and shook his head. My parents cringed. There were no insect dishes on the menu, but plenty of chicken and beef entrees, which allayed any remaining fears. I don't remember what we ordered, except that this was a meal that everyone, even the kids, enjoyed! At the meal's conclusion, each kid received a handful of fortune cookies! I was ecstatic! I had never seen cookies that looked like little hats. I relished each paper message -"You will live a happy life." and "Your lucky numbers are 5, 6, 12, and 29" - with the utmost reverence.

This was also when a peculiar trend developed. If I had an idea that turned out to be good, my parents claimed it as theirs. Such was the case of the Chinese restaurant. My parents returned home with an air of sophistication about them. They had lived to talk about it and lauded its wonders. Unconvinced, Mrs. Z. was sure we'd all die, and my grandfather blathered on about what they did to us in WWII and how could we be such traitors.

At least once a month for the next 30 years after, my parents became regulars at the Chinese Restaurant establishing lifelong friendships with the owners.

The Chinese restaurant was not just about the food, or about the triumph of children over adults. Until then, my world was our neighborhood. I thought all people looked alike and spoke alike. For the first time, I got an inkling that the world was a vast and fascinating place. It began a lifelong love affair with other cultures. I also began dreaming about my future. Someday, I promised myself that I would venture beyond my neighborhood and see places where buildings and doors were painted any and all colors except white!

## COMMENTARY

## Sacred Time

by Michael Rogness

braham Joshua Heschel, one of America's most revered rabbis, noted that when the Ten Commandments were translated into English, one word had no English equivalent — *shabbat*, "sabbath." The translators had to use the Hebrew word itself.

The same thing happened when the Bible was translated into hundreds of other languages. Other societies did not observe one holy day in the week, so they had no word for *shabbat*, so the Hebrew word "sabbath" became part of all world languages.

What is "holy"? Rabbi Heschel observed that different religions consider various things as holy.

Some religions have holy places. Whoever built Stonehenge on the Salisbury plain clearly thought that site was holy. Some religions consider elements of nature as holy. The sun was holy for the Egyptians. Other people look upon mountains, trees, or rivers as holy. Some people think of objects as holy — statues or buildings, for example.

Many religions think of particular people as holy. Christians believe Jesus is the son of God. Buddhists revere Siddhartha, their founder. Roman Catholics address the pope as "Holy Father."

Some religions think of their writings as holy.

Almost all Bibles printed have "Holy Bible" imprinted on the cover. Muslims believe the Koran is the direct revelation of God.

Judaism added a new concept of what is "holy"
— time itself, the Sabbath, the seventh day. This one day is special. Weekday activities cease. Families assemble in homes for a special meal and in synagogues for services. The focus of attention turns to God and the long history of God's people.

During this sacred time, people see themselves differently. Humorist author Sam Levenson recalled how his father became somebody quite different when he led his family in the ancient rituals at the Sabbath day meal. On weekdays young Sam saw his father as a badly paid tailor who commanded little respect from the public. But on the Sabbath, the sacred time, his father became part of a long line of prophets and leaders as he led his family in recounting their history and identity as a people.

When one day is sacred, Rabbi Heschel said, then people become special during that day, because we see them from God's viewpoint. And if they are special during that one day, that viewpoint continues throughout the following days as well.

If one day is holy as God's day, then we tend to see the other days as God's too. If there is no holy time, then we see each other only in our daily routines of jobs, social status, income, or whatever.

Holy time gives a holy aura to other things — people, identity, life itself.

Christians, who also accept the Hebrew Bible as Scriptures, have divided the year into different "times," each with its own emphasis. We have observed Christmas and Epiphany and now Lent. This is truly a "holy time," the 40 days which lead to the climactic events which establish the Christian church — the death and resurrection of Jesus of Nazareth.

To make it a "holy" time, we try to make it special. One tradition is to "give something up for Lent." Far better would be to "add something for Lent" to make it indeed a holy time. If we make Lent, this "holy time" special, then Easter will become more special too, and then the whole year is special.

Rabbi Heschel was right: To observe one time as holy tends to make all time holy! ■

St. Anthony Park resident Michael Rogness teaches at Luther Seminary

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# The ice men come to Langford Park

By Karen Lilley

angford Park has the best outdoor ice rinks in town. Everyone says so, even the visiting teams," said Joe Pearson.

He should know. He's been helping flood that ice since he was 2 years old, when he dragged the hose for his dad, John Pearson, former hockey coach at Murray High School. Now Joe's son plays for the Langford Squirts and helps drag the hose for his dad.

The park has a

tradition of volunteers that keep the ice in shape, according to the elder Pearson, who remembers skating at Langford as a kid in the '30s and being drafted to help flood whenever they brought out the hoses. In the late '50s he helped organize Langford hockey and got the next generation involved, said Stu Peterson and Bill Paist who both played, flooded and coached for over 30 years.

As a kid, Paist was a
Langford Park rink rat who grew
up to be an All-State Goalie for
Murray High School. He coached
at Langford from the '60s until
recent years, and still helps flood
the rinks.

Paist was the Pee Wee coach of some of the men who now take care of the ice, like Dehl Gallagher and Dave Hansen, whose own kids currently play for Langford.



Early risers such as Mark Hansen make Langford Park's ice rink the best in town. Photo by Dave Hansen

Nowadays Mark Hansen is in charge of keeping the ice in top shape. A crew of about 30 hockey parents and players are on call starting in late November. As soon as the ground is frozen solid and the air bitter cold, they flood every two to four hours around the clock for about five days.

When the ice is at least an inch thick (three inches on the low end of the field), skating can begin. To maintain the ice, they keep it clean with volunteers' own snow blowers, a power sweeper, and lots of shovels and strong backs. Regular cleaning, followed by flooding every two to three nights is what makes the ice so good, says Mark's brother, Dave,

whose favorite time to flood is after midnight.

Mark likes the 5 a.m. shift. Flooding needs to be done after the park closes at 9 p.m. so as not to interfere with skating. It usually takes two people less than two hours to flood all three rinks. By the end of the season it's

4 - 6" thick.

It's a family affair.

Mark gets help from his older sons Trygve and Per.

Kevin Bevis, who floods after hours with his son Martin, works too. Other late-night regulars include Frank and Erik Steen plus Tom and Jonathon Farnsworth. Hockey moms Barbie Burk, Linda Selig and Arlene Spiegel also get involved.

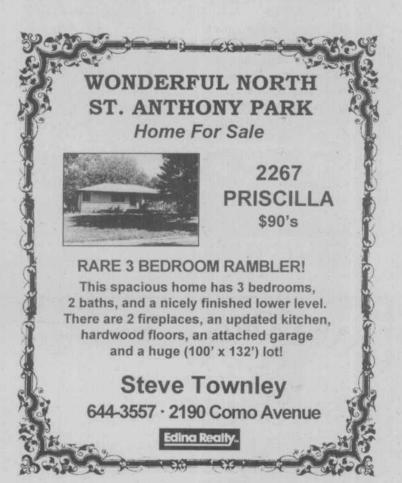
Dave Watkins always checks out rinks at other parks where his girls play basketball, and reports that we always have the best ice. Even though his wife Bonnie broke her elbow skating at Langford last winter, that didn't keep her and the rest of the family away.

"Most people assume the city maintains the rinks," says Hansen. "We work hard and are fortunate to have families that understand the real meaning of community. Many suburbs and some parts of the city have moved their skating indoors — at \$100 an hour — and have lost the togetherness and support that Langford gives back to families."



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# Speedy Market: A little Byerly's in the Park



#### by Michelle Christianson

n a mission to write about the joys of Speedy Market, I thought that I knew everything about the place. After all, I've lived in this neighborhood for 21 years, and certainly I could rattle off the stock that would produce a great dinner without even looking at the shelves. But, just to be sure, I thought I should go through each aisle checking out what's available.

The first thing I noticed was that Tim Faacks and Tom Spreigl have taken up the slack left by Miller's departure. The health and beauty section of the store is larger, there are more magazines and cards for sale and the store offers photo processing to its customers. O.K., I expected something like that.

What I didn't expect was the range and variety of other goods stocked at this one little market. Do you want fast food? How about hot dogs, sausages, egg rolls, soups (two kinds plus chili on that day), barbecued beef, sandwiches, salads, desserts and a wide variety of items from the Old City Cafe. Beverages include pop, juices, waters, coffee, cappuccino, hot chocolate and milk.

But what about fixing dinner at home? Well, produce is a good place to start. How many convenience stores carry rutabagas, yams, turnips, grapefruit, peaches, kiwi fruit and more? For my dinner, I may just want lettuce, carrots and potatoes, but I will have to decide between large or small, peeled carrots, iceberg or romaine lettuce and raw, mashed, whole peeled or hash brown potatoes. Phew!

For the main course, I could go to the frozen case and pick up meats, fish, poultry or prepared dishes such as meatloaf, hamloaf, Salisbury steak or ham patties. (This case even has frozen dog bones in it!) In the small freezer case nearby I found commercially prepared lasagna, fettucini Florentine with chicken, buffalo wings and chicken breasts. But on this day I'm not up for defrosting.

We could have sandwiches. Since adding an oven in the back of the store, Speedy Market offers bread baked on the premises as well as breads and rolls from the Toast to Bread and St. Agnes bakeries, along with breads, rolls, breadsticks, foccacia and crackers from many other commercial suppliers. I could fill these with a wide variety of meats and cheeses from the cold cases or

the deli case.

Now we're on familiar grounds. The deli case. Prepared and unprepared foods from this case have graced my table many times. Great meats! I think I'll get steak. (It's fast and easy.) But what kind of steak? Round, sirloin, T-bone, rib-eye, cube or sirloin tip? On the other hand, I could get pork chops (three kinds including smoked), chicken (whole or parts) or . . . wait, let's just stick with sirloin steak.

I've pretty much got my dinner ingredients now, but I think my family would be pleasantly surprised with some dessert. I would like ice cream — choosing from Ben and Jerry's, Haagen-Dazs, Edy's, Starbucks, Healthy Choice and Fairmont's — supplemented with cookies. Many of their packaged cookies are imported, with labels from Germany, Scotland, Sweden, Belgium and Canada.

Guiltily, I think I had better

variety of products. How could such a small operation support such a wealth of options, labels and categories? The answer: the neighborhood demands and supports it. There is a good turnover of just about every item on the shelves.

"People always come in and begin their request with 'You don't carry . . .' (whatever unusual product they are looking for) and most often we do carry it," said Spreigl. "We try to stock what people want. The volume of certain products supports some others that don't move as fast."

One such popular item is the whole coffee beans. What began as four feet of shelf space expanded to eight feet within four months. The price remains competitive with the supermarkets because the fast turnover allows them to buy in quantity.

On my way out the door, I run into my friend, Tom Lister. (One other benefit of shopping in



In search of a great steak, writer Michelle Christianson inspects the meat counter at Speedy Market. Photos by Brian Christianson

just check some of the other shelves in case I had missed some things there, too.

Do you need dog, cat, bird, gerbil or hamster food? How about smoked oysters, Chinese oyster sauce, balsamic vinegar, marinated artichokes? Do you crave imported crackers, candy, jam? They're all there!

By the time I had gone through all the aisles my mind was reeling and I had five (!) pages of notes. Co-owner Tom Spreigl laughed my amazement. "Everyone in the neighborhood should be required to do what you just did."

Of course, my first question had to do with the range and

the neighborhood store: you always runs into someone you know!) He tells me about the connection that Speedy has with the 5th grade classes at St. Anthony Park Elementary School. The store has sponsored art contests, a mural and helped the students run their snack store in the school. I am also aware that they will deliver groceries to Block Nurse clients.

Spreigl told me that one woman in the neighborhood calls them "a little Byerly's."

I would add . . . "with a heart."

# Wholesome foods found at Hampden Park Co-op

by Laura Pritchett

local store is threatening the tradition of high-fat, cholesterol-laden, prepared, cellophane-wrapped food. And the establishment is certainly a menace to our faceless, nameless approach to obtaining food, for this group insists upon working as a cooperative. It's a place where customers strike up conversations and laugh with their friends. Hampden Park

Co-op is the rascal responsible for providing healthy, wholesome foods in a friendly, neighborhood atmosphere. And this little store is thriving. The aisles are packed with organic and commercial fruits, bins of bulk pastas and grains, and rows of fresh vegetables. The organic milk is all free of the growth hormone BGH and ethnic foods are in abundance. There's a deli up front, offering various items, from freshly-made apple butter to a wide variety of homemade sandwiches and soups. And if you look close enough, you'll find some Ben & Jerry's ice cream and a small row of delightful looking candy - the perfect reward for a healthy diet. Crammed in between all the food items are unique gifts, cookbooks, greeting cards, house wares, and jewelry.

Helen DuFault, the general manager, believes that people come to Hampden Park Co-op because they like to feel a sense



of community that big-name stores just can't supply. Shoppers stop to share recipes, food ideas, and just chat.

Customers also enjoy the ability to buy the quantities they need — a tablespoon of a particular spice, for instance, instead of a one-size-fits-all bottle. And of course, one big draw is the large assortment of healthy foods. DuFault said that the store is selling plenty of organic items, which are getting cheaper as they become more available. "People are more concerned about what they're putting in their bodies," she said, and there are now more certified organic farms "

Hampden also features a variety of special diet foods a life-saver for those with allergies. Soy milk, for instance, is a big seller. "We have lots of

Pouring a hearty bowl of lentil soup at Hampden Park Co-op. Photo by Truman

items that other stores just don't carry, and we're always willing to order specific foods for people with special dietary needs," DuFault

There's also something for those of us who are too busy to prepare healthy meals. The store's deli offers a huge variety of items for people on the go. Three or four varieties of soup are served each day, and most of them are made completely from scratch.

Sandwiches and salads are also popular. In the summer, many people stop in to grab some deli items and have a picnic in the park across the

The Hampden Park Co-op also integrates the values of many of their customers. The store offers products that are unprocessed, minimally packaged, fresh, healthful, and organic.

You don't have to be a member of the co-op to shop there, of course. But many shoppers do decide to become members and take an active role in the store. There are almost 1,000 members and the numbers are increasing steadily. After paying a small fee and attending an orientation, anyone can enjoy the benefits of belonging to the cooperative, including the dividend refund if one is

declared at the end of the fiscal year — and there has been a distribution of allocated profits every year since the store became a co-op. Also, members receive a discount on food if they volunteer to work at the store for at least three hours a month - and the more one works, the bigger the discount.

It's not every grocery store that has shoppers who meet to play volleyball every Thursday night. Other activities, such as

the stockholder's meeting and the annual MayFest, a festive potluck featuring foods, music, entertainment, prizes and dancing, present an opportunity for the community to gather together.

So if you're a junk-food addict, beware of the Hampden Park Co-op. They're converting people by the hundreds, trying to make the community a healthier, happier and friendlier place.

#### DILL CHEESY CREAM OF POTATO SOUP

Helen DuFault notes that this soup - one of their most popular - has no formal, written recipe. You'll need to adapt the amount for your needs and vary according to taste.

Peel potatoes, cover with water, and boil.

Mash the potatoes in the water (so that the mixture is fairly fine, but it doesn't have to be smooth. If the mixture is thick, add a little milk).

Add sauteed onions, dill weed, salt, and pepper according

Add chunks of cheese (anything mild will do - cheddar is a good choice) and stir.

Adjust seasonings. Garnish with fresh dill.

It's ready to serve! Enjoy!



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St. Anthony Park United Methodist Church, Hillside and Como Avenues Our dinner will be catered by the St. Anthony Park Nursery School. Social Hour: 5:45 p.m.; Dinner: 6:15 p.m.; Program: 7:00 p.m. Dinner: \$6 for members, \$7 for nonmembers, \$2.00 for children 5-12, children 4 years and under are free. Childcare is provided.

To confirm or cancel reservations, call 645-9053.

1997 Garden Tour Volunteer Meeting

Tuesday, March 18, 7:00-8:30 p.m., Community Room, St. Anthony Park Library Meet with your neighbors to plan the July 5 Garden Tour. Questions?? Contact our co-chairs, Ron DuFault at 647-0262 or write Mary Maguire Lerman, 2161 Doswell Avenue.

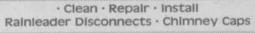
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# YOUTH NEWS



Chefs in training — students from St. Anthony Park Elementary discover the joy of cooking with flair, thanks to master cook Lisa Letourneau. Photo by Truman Olson

# Kids learn the art of cooking well

by Barbara Claussen

yra cheerfully shreds cucumbers in preparation for a high English tea that will take place within the hour. "I've never eaten a cucumber sandwich," giggles another 6th grade cook. Several other students agree. At the other end of the table, Richard stirs up an omelet destined to be glazed with powdered sugar and jam. On a gray, mid-winter Tuesday afternoon, the kitchen at the St. Anthony Park United Methodist Church exudes a festive atmosphere.

Lisa Letourneau
enthusiastically coaches her
eight pupils. She simultaneously
gives directions for concocting
gingerbread bars and shortbread
wedges. Letourneau was the first
parent to volunteer to teach
cooking in St. Anthony Park
Elementary School's Enrichment
Program. Her six-week course
taught basic skills that facilitate
self-sufficiency.

"My mom says I do not know how to cook," confided Tyra. "I set off the smoke detector a lot." She thinks the class has been a great opportunity. "When I get to junior high and take home ec, I will already know the basic stuff."

Richard wants to learn how to cook, so that when his parents aren't home he can cook on his own.

Kaying signed up because, "I just like cooking. I do it at home."

Lynn had never cooked before she started Letourneau's class. Now she knows how and thinks it's fun.

Richard asks for help with the omelet. Without being asked, Kaven industriously starts washing dishes. Several students set the table. Tyra folds paper towels artistically around the silverware. Someone turns on the radio. A couple of proper "high English tea hats" appear. The class becomes an elegant British social event, although perhaps slightly less sedate.

Letourneau explains the tradition to them. "They have a lot of things to eat. It's like a meal. You sit down and you talk." She reminisces about eating watercress sandwiches while she was studying fashion and textile design in northern England.

She was born in Holland and grew up in Geneva, Istanbul, and Athens. The first time Letourneau lived in the U.S. was in 1982. She moved from Athens, population 4 million, to Charles City, Iowa, a small town with a population of 8,000. She and her husband joined a gourmet

cooking class to meet people. They later spent a year in France where their daughter, Emily, was born. Letourneau learned about French cooking.

Letourneau's effervescent personality, along with her genuine love for cooking, inspires people. "I think cooking is great," she said, "because people have it in common, they are always interested in sharing."

Her daughter Emily, now 12, was inspired by her mother's enthusiasm. When Letourneau was studying occupational therapy at St. Catherine's Emily would sometimes make dinner.

One of Letourneau's goals has been to focus on foods that her students can make at home for snacks. They have made vegetarian pizza, pasta dishes and monkey bread, and biscuits rolled in cinnamon, sugar, and nuts or raisins.

She plans recipes that can be prepared in an hour. "Our goal is sit down and eat what we have

made. It provides a sense of community."

Each child receives computer printouts of the recipes. "They'll have the start of their own cookbook, so they can do it at home." Several students reported that they have already made the dishes for their families.



These youngsters mix up a stew through St. Anthony Park Elementary School's Enrichment Program. Photo by Truman Olson

Letourneau's class has been a wonderful experience for her. "The St. Anthony Park Elementary School is very committed to enrichment programs," she said. She was also thrilled that Speedy Market donated groceries for the program.

After the tea, the students grabbed their backpacks and rushed off to catch their bus. The room again became a quiet Midwestern church kitchen. The following week it would become the site for an Italian pasta experience.

Participants in Letourneau's class are: Tyra Wagner, Ann Pham, Lynn Tran, Jennifer Nguyen, Kaying Moua, Richard Woods, Emily Letourneau, and Kaven Yang. ■

# KID-BITS

#### Kindergarten Round-up

The St. Anthony Park Elementary School Association is hosting a Kindergarten Round-up on Thursday, April 3 from 1:30 to 3 p.m. Children who will be 5 years old by September I and their parents are invited to meet the principal and teachers. Please bring your child's birth certificate and immunization record. For information call 293-8735.

#### Murray student wins Spelling Bee . . . again

Murray Junior High student Dan Parker, age 13, won the St. Paul School District Spelling Bee title for the second consecutive year. He correctly spelled karaoke and velodrome to retain the championship position. He now advances to the regional semi-finals.

#### Youth registrations

- Registration for Langford Park-South St. Anthony baseball and softball, girls and boys ages 9 to 14, runs from March 14 to April 4 at Langford Park.
- Sign-up for t-ball and nearball, boys and girls ages 5 to 8, begins on April 14 at Langford Park.
- Spring activities registration is set for March 17 to 28, Langford Park activities include after-school gym, chess club, pencil drawing with Lena Rothman and pre-school tumbling.

Call 298-5765 for information.

#### Youth activities

- Langford Park and South St. Anthony rec centers are hosting a Family Gym and Swim night at Arlington High School on March 26 and a tour of the Ford Motor Company assembly plant on April 10.
- St. Anthony Park youngsters, age 10 and under, are invited to a free Egg Hunt on

Thursday, March 27, 2 p.m., at Langford Park.

For information call 298-5765.

#### Mounds Park Academy honor roll

A handful of Como Park and St. Anthony Park students topped the honor roll recently at Mounds Park Academy: 9th graders Carolyn Beck, Mark Fredrickson and John Zapfel, sophomore Rachel Bowers, juniors Katie Reaney and David Steffes, and seniors Kimberly Zapfel, Megan Bridges, Heather Budd, Chas Beck, Katerine Steffes and Nadia Asancheyev.

#### Northwest Como Rec Center

A wrestling tournament, family gym and swim outing, Walt Disney's world on ice and egg hunt top the list of kid-friendly activities available through the Northwest Como Rec Center. For dates and information call 298-5813.

#### Funding running dry

Sheri Booms of the St. Anthony Park Community Council recently reported that funding for the Teen Night programs is running dry. The council is seeking a grant from the Civil Organizing Partnership Program to keep afloat for another 18 months.

#### Annie Schoenecker — the hugging volunteer

Ask Annie Schoenecker about her volunteer job is at Lyngblomsten Health Care Center and she answers, "I'm in charge of hugs." Schoenecker, a 2nd grade student at Holy Childhood School, spends her spare time visiting residents at the facility, which is across the street from the school. Besides Schoenecker, several other Holy Childhood students volunteer at Lyngblomsten.

- Kathy Audette



St. Anthony Park's young and informal royal family: Anna Burk, Per Hansen and Katie Comstock . Photo by Janathan Skavholt

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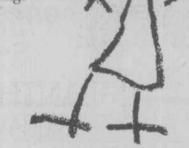
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hef Kelley Flynn starts with circles of mashed potatoes on two plain white plates. As his staff gathers round to watch, he centers a brown chunk of

lamb on each, the shank bone a promontory rising out of the mashed potato sea. Red-wine-and-mushroom sauce is spooned over the top, a vertical spike of rosemary is added to each plate for garnish, and there's a quick wipe of the rims. Flynn stands back to judge his efforts and finds them good. With a slight sense of ritual he spikes the slip bearing the first special order of the evening.

Meanwhile, out in the dining room, the servers are in position and general manager Allyson Tarnowski is deftly heading off an early arrival who seems to be making straight for the kitchen. "I'm smelling something extraordinary back here," says the man.

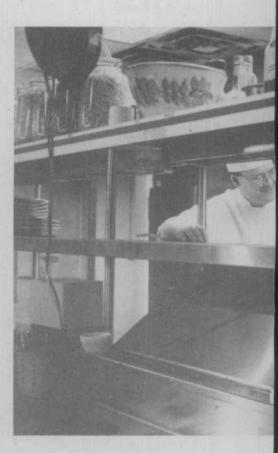
It's showtime, and the curtain is going up on the best performance in St. Anthony Park. At 5 p.m. on a Saturday night, in its 20th year of operation, the Muffuletta restaurant is open for

It wasn't always like this. Twenty years ago this month, Pete Mihajlov and his partner, Phil Roberts, were looking for a "hobby for a couple of guys who liked to cook." Both men had families and full-time careers outside the restaurant business, but when Roberts discovered that a "diner" near his office was up for sale, the two men couldn't resist taking the plunge. They remodeled the little coffee shop and reopened it in August 1977 as the Muffuletta. Mihajlov remembers that their first great struggle lay in getting a beer and wine license for the new restaurant. At that time, the Park was completely dry. The partners realized there was a problem when they turned up at what they thought would be a routine permit hearing at City Hall. "We ran into a mob of people carrying signs saying 'No liquor in the Park," laughs Mihajlov. Their application was turned down, and the men decided it was time to get to know their new neighbors. "We visited a St. Anthony Park Association meeting and other community groups," explained Mihajlov, "trying to convince them that wine was necessary to our eclectic menu focus." The education effort paid off. In 1978, Ann Wynia, then state legislator for the Park, introduced the "Muffuletta Bill," which allowed "exactly one liquor license in all of North St. Anthony Park." Twenty years later, Muffuletta remains the only place in the neighborhood to serve alcohol.

After the Muffuletta opened, relations between the restaurant and the neighborhood became more cordial. "St. Anthony Park is a wonderful neighborhood," says Tarnowski. "The typical customer is a cross between a lawyer and a librarian. It's like having friends over to dinner. Customers ask me what I've been reading lately. Our no-show rate is so low that when people miss their reservations without canceling, we worry that something has happened to them. You just don't see that in other restaurants."

Like any good show, the Muffuletta has a curtain which separates effort from illusion. Here, the curtain is a 10 foot long pass-through window, festooned with decorative strings of garlic and red peppers on the dining-room side, but ornamented on the kitchen side only with dozens of little white order slips, each one representing somebody's dinner. Servers congregate on the dining room side, waiting for the hot plates. On the other side lies the controlled chaos of "the line," the 4 x 10 foot space where three cooks perform balletic miracles of food preparation as they create up to 40 dinners at a time without crashing into each other or ricocheting off the lethally hot burners and grill.

Weaving back and forth between the dining room and the "line" is executive chef Kelley Flynn, a tall man with a deceptively calm manner. Bespectacled, with curly dark hair that seems to coil more tightly as the kitchen temperature rises throughout the course of the evening, Flynn seems slightly uncomfortable with the trappings of head chef status. This evening he presides in the standard white coat and what appears to be an old pair of comfortable Zubaz pants. He dons his toque blanche, or tall white chef's hat, only when absolutely necessary. The 28-year-old Flynn



# an Eveni

is a self-taught cook, and his pro French dishes owes more to his accents of Paris. But when he us aroma - the only one that coun Flynn's sauces soar and his past he's obsessed. "I'm here night a on the food because I feel that e finds an almost sacramental qua built around the table and the rit what I do for people."

At 6 p.m. the dining room is plates of food and a fistful of for servers gather round for another the specials," which tonight incl extravaganza that features some the air is thick with variations of holds up a forkful of fish. "This announces, referring to the indel dinner to a great meal.

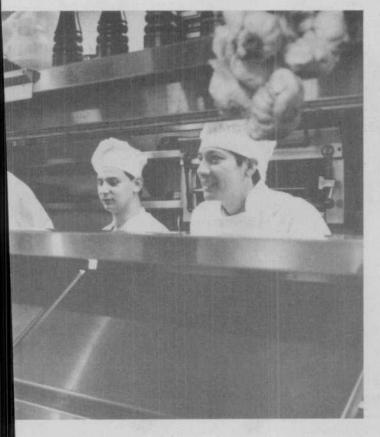
The servers are dressed ider colorful men's ties, with long wl expression is reserved for the the white napkins into their waistbar upsurge in customers which wil some myths about their trade. The pinch, waitpersons. "Waitress" is 'coed." They have very definite diner to get their attention. Snap from across the room is not the p people who snap their fingers," insulting." The preferred summo "When you have a moment?"with a discreetly raised forefinge

The hardest customers to se don't respond, don't trust us. Sor to get them," comments one Muf customers by striking a light note a lot," she says. "I try to achieve involvement for each group. Son really good repartee going; other me to bring the food. I like it bot

Who tips the most? The ser of the stereotypes are true - exce people tip very well."

Just then a quartet of high self celebrants enters the restaurant, th fingering their rosebud boutonnier radiant in grownup dresses and un

# PIECE



# ig in the Life uffuletta

ation of the names of classic St. Louis than to the rarefied sensuous language of flavor and h Flynn — he is word perfect. perfection. He acknowledges that y, if necessary. I can't compromise plate has my name on it." Flynn his profession. "Community is breaking bread," he says, "That's

ng slowly, and Flynn sets out two a side counter in the kitchen. The lynn's nightly rituals, "the tasting of grilled wahoo fish and a pasta called chipotle chili butter. Soon expression, "Yum!" One server y has the 'wow' factor, Kelley," she le quality that elevates a good

lly in dark pants, white shirts and aprons tied over all. Individual gle at which they tuck their large As they wait for the inevitable ne around 7 p.m., the servers dispel prefer to be known as servers or, in a dated a term as "stewardess" or as on the right and wrong ways for a g your fingers or yelling "Waitress!" to great service. "I don't respond to server declares flatly. "It's extremely ? Catch the server's eye and say, ssibly accompanying your remark

e are "the ones who won't listen, people think that the wait staff is out etta staffer. One server deals with

I tease my tables e right level of imes we get eople just want ways.' rs claim that none

ol winter prom boys nervously

one. "Other wait and the girls miliar hairdos. At the sight of them, another server adds, "Oh yeah, you're pretty sure of a bad tip if it's really young people. They tend not to know what to do in a restaurant. But it's easy work, because they don't ask for much in the way of service.'

By 7 p.m. the arrivals are almost continual. Dining room manager Warren Gregory, a dapper figure with a small beard, smoothly directs them to tables, his easy manner masking the constant rearrangement and attention to detail that underlies the successful seating of up to 200 diners an evening. "People who do well in the restaurant business," he explains, "are those who have a little theater in them. In back in the kitchen, everybody's shooting around, but out here there's a completely different impression that you want to give."

Back on "the line," the adrenaline is beginning to build as the orders flow in. The three line chefs give themselves six minutes from the time an order comes in until the first course is shoved through the pass-through window to the waiting server. With an elegant economy of motion, they chop and cut on the counter in front of them, then turn to sauté or grill on the mammoth cookstoves at their backs. There's an occasional foray to the

cold room or the walk-in-closet-sized oven, but for the most part their movement is restricted to the flick of a wrist whipping the sauté pan across the open flame or the pivot of their upper bodies as they turn from

stove to counter. Conversation tends to be terse "on the line." These are serious men with a mission to accomplish. Aaron, whose toque blanche rides low on his still adolescent-smooth forehead, explains that every chef brings his own knives to work. He gestures to two wicked-looking specimens. "They need to be nice and sharp. When you know they're your own, you take care of them."

Behind the line, on the other side of a wall, is the clean-up area. Here the atmosphere is more relaxed. There's a radio going, and the language is Spanish, much of it

Minnesota accented as the rest of the staff tries out their "Amigos" and "Muy biens" on Ecuador-born Celso and Hugo.

By 8 p.m., the evening's course is set. Although the Muffuletta will be open another two hours, the restaurant has found its rhythm for the evening. Soon Flynn will leave for the day. He's been at the Muffuletta since 8 a.m., when he arrived to take delivery of the wahoo from the airport. Before the evening ends, his staff will clean and restock the kitchen, so that the entire cycle can begin again the next morning.

From the dining room comes the contented buzz of a roomful of satisfied eaters. There's a multi-generational family party with a 2-year-old gourmet who toddles with determination in the direction of all the good smells. His older cousins are repeatedly dispatched to retrieve

him from the threshold of the kitchen.

By now, the nervous prom-goers have relaxed a little over their burgers and cokes. The food is good, and they seem to have realized that the server isn't going to humiliate them in front of their dates. At the front desk, Gregory reflects on the pleasures of his work. "I console myself that this is not brain surgery. You can have fun. People are coming out to have fun, and you can go with that."

Story by Judy Woodward Photos by Lee Philippi

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# What's cookin' in the neighborhood



#### Millie Vaccarella's chickenartichoke casserole

A family favorite for 30 years, this dish is easy to prepare and can be made in advance. It features interesting flavors and is an attractive recipe to serve at the table, All of our guest have had this too. Twenty-five years ago, when my son was in the 2nd grade, the children made a recipe book and he choose this one. I still make it when he comes home!

6 whole chicken breasts salt

pepper 1/2 tsp paprika

6 T butter
1/2 lb. fresh mushrooms, sliced
2 boxes frozen artichoke hearts
2 T flour

1 cup chicken broth 1/2 cup dry sherry

Directions: Salt, pepper and paprika the chicken breasts, browning them in 4 T butter. Put chickens in heavy casserole. Next, add 2 T of butter to pan and sauté mushrooms. Sprinkle flour over mushrooms and stir in broth and sherry. While cooking, arrange cooked artichoke hearts between chicken breasts. Then pour the mushroom-sherry sauce over them. Cover and bake at 375° for 45 minutes to 1 hour.



#### Lefse the Jennings Mergenthal way

If you really like lefse or have a crowd to feed you'll need to multiply this recipe. We made 20 batches last year. Allow extra time for potatoes to cool. The mixture should not be refrigerated after flour is added, so add last ingredients to a few batches at a time. Mixture cannot be kept for more than 24 hours.

3 <sup>1</sup>/<sub>2</sub> cups riced potatoes (boiled without salt) 2 T lard 1 tsp salt <sup>1</sup>/<sub>4</sub> cup cream 1 T sugar 1 <sup>1</sup>/<sub>2</sub> cup flour

Directions: Rice potatoes while hot. Add lard and mash. Then cool. When completely cool, add cream, salt and sugar and enough flour for the right consistency for rolling. Add as little flour as possible when rolling. Use grooved lefse rolling pin. Then use lefse stick to transfer rolled lefse to hot ungreased griddle. When lefse bubbles, slip the lefse stick under the lefse and turn over. Place finished lefse in small stacks between dish towels until cool unless you eat it hot. Wipe griddle of excess flour between each lefse. Makes 20 lefse.



# Howwww'd'ja like the best rum cake ever from Louis Safer

This recipe was sent to me by a recently departed Minnesotan now residing in Florida. After reading the weather reports, she thought it "neighborly" to cheer me up.

1 to 2 qt. rum 1 cup butter 1 tsp sugar 2 large eggs 1 cup dried fruit baking powder 1 tsp soda lemon juice brown sugar nuts

Directions: Sample the rum.
Using an electric beater beat
butter in large fluffy bowl. Add
sugar and beat again. Add arge
eggs and fruit and beat till high.
Sample rumm. Sift a 3 cups of
pepper and salt. Sample rum
again. Sift lemon juice, fold in
butter and nuts. Add 1
babblespoon of brown thugar,
wix mell. Greease over and turn
cake pan to 350 gredes. Pour
mess into coven and ake. Check
rum, go to bed.



#### Evelyn Harne's beef and vegetable stew

When I first saw this recipe over 20 years ago, I noticed three unusual things. Though I had eaten sausage abroad in soups, I had not seen it here. And both the sweet potatoes and corn on the cob were different. I make this recipe during the winter and it's good for conservation.

3 pds of beef chuck roast 2 T fat 1/2 pound of pepperoni sausage 3/4 tsp salt

1/4 tsp pepper 1 garlic clove, minced 1 med onion, chopped

1/2 cup water

1/2 cup celery, chopped4 cups boiling water1 small rutabaga in thin strips

3 carrots cut into rounds 4 sweet potatoes, cut in quarters 2 lg white potatoes

3 sprigs of parsley 3 ears of corn cut into 1 in lengths 3-4 T flour

Directions: Brown beef in fat and remove. Slice sausage and add to kettle with salt, pepper, garlic, onion and celery. Sauté until vegetables are tender. Return beef to kettle and add boiling water. Bring to boil and simmer for 2 hours or until meat and vegetables are almost done. Add rutabaga, carrots, sweet potatoes and potatoes. Simmer for about 50 minutes. Add corn and parsley and cook for 10 minutes. Set some kernels of corn aside to place on top. Remove meat vegetables to serving platter or dish. Skim fat from liquid. Combine flour and water and add to pan juices. Stir until mixture thickens. Serve over stew. Garnish with corn.

Illustrations by Louis Safer



#### Swedish smorgasbord rice by Dorothy Swanson

Var Sa God! This phrase is spoken by the host inviting guests to the table. With great anticipation our family awaits this dish. Each carefully watching the other to see if he or she wins the almond, which represents good luck for the year ahead.

RICE
1 cup rice
3/<sub>4</sub> tsp salt
5 cups water
1 qt milk
1/<sub>3</sub> cup sugar
4 eggs
1 tsp vanilla
1 unblanched almond

Meringue 4 eggs <sup>1</sup>/<sub>8</sub> tsp cream of tartar <sup>1</sup>/<sub>2</sub> cup sugar 1 tsp vanilla

Directions for rice: Cook milk until creamy. Add sugar, Separate eggs. Slightly beat egg yolks and add small amount of rice-milk to yolks. Then, slowly add egg yolk mixture to rice. Cook until mix thickens. Add vanilla and almond. Place in glass casserole — 7½" x 12".

Meringue: Beat egg whites until frothy. Add cream of tartar. Continue beating until stiff. Gradually add sugar and vanilla. Cover rice with meringue, being certain it reaches all corners of dish. Bake 400° for 10 minutes until brown. Serves 12.



#### Warren Snyder's herbed chicken breast

This is a quick entree which can be served with vegetables, green salad and crusty bread. It makes a light yet satisfying meal either for lunch or dinner.

4 boneless chicken breasts

2 T canola oil

#### juice of 1 lime Herbs de Provence — thyme, rosemary, laurel, basil and fennel salt & pepper

Directions: Lightly season both sides of breast with salt, pepper and herbs. Place oil in skillet and over high heat sauté breasts for 3 minutes 'til golden brown on each side. Cover pan and remove from heat, allowing chicken to continue cooking in hot pan for 10 minutes. Remove chicken to heated serving dish. Place plan over flame again and deglaze pan with lime juice and with continued heating to reduce juice juice by 1/3. The sauce may be finished with a little butter. Pour sauce over chicken and serve.



#### Ki Ki Gore's spanakopita

This recipe is really pretty terrific because it's easy to alter. This is the recipe that I grew up with, but the measurements are mine since my Greek mother still (at the age of 88) measures practically nothing and is the best cook in the world.

#### 1 pkg frozen filo dough

SPINACH MIXTURE
4 pkgs frozen chopped spinach
1 bunch green onion, chopped
1 bunch fresh green parsley
2 T dill weed
2 egs
2 T cream of wheat
1 cup crumbled feta cheese
1/2 cup grated parmesan cheese
1/4 cup olive oil
juice of one lemon
salt — not much
pepper

Directions: Line a 9 x 12 pan with 8 layers of filo dough, each sprinkled, not soaked with a mixture of butter and olive oil.

Next, put spinach mixture in pan. Avoid clumps. Place 10-12 sheets of dough on top, sprinkling with butter and oil mixute. Brush the top. Trim filo dough edges. Score the top layers into serving pieces. Bake 350° for 45 minutes or until golden.

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## Restaurant

#### \* BAKERIES & CAFES\*

Bruegger's Bagel Bakery. Fast-serving eatery features dozens of bagels plus tasty soups and treats. Healthy and cheap. Hours: 2233 Energy Park Drive, St. Paul; 646-8632.

St. Paul Bagelry. Brand new independent bagel shop, where everything is made from scratch. Uses Dunn Brothers coffee. Good quality food at reasonable prices. Hours: M-F 6:30 am-7 pm; Sat 7:30 am-6 pm, Sun 8 am - 2 pm. 1702 Lexington Avenue, Roseville; 488-1700.

Trotter's Country Cafe & Bakery. Spinach lentil soup, turkey breast sandwich and pasta salads are favorites. Honey whole wheat plus bread-of-the-week are hits. Hours:
T-F 7 am - 7 pm, Sat 7 am - 4 pm. 232 Cleveland Avenue, St. Paul; 645-8950.

Taste of Scandinavia. Spinach Parmesan, Soli Anderson's Swedish rye, and baguette are top-selling favorites at this Milton Square hang out. Also Snicker doodles, Norwegian almond bars and lemon zests rock. Hours: M-F 7 am - 6 pm and Sat. 7 am - 5 pm. 2232 Como Avenue, St. Paul; 645-9181.

#### \* CHINESE \*

Caravelle. Great variety of chinese foods here, using fresh ingredients. Good service too. Hours: M - F 11 am - 2:30 pm and 4 - 9 pm, weekends 3 - 9 pm. 2233 Energy Park Drive, St. Paul; 644-2327.

Chin's Kitchen. Showcases Cantonese foods. Order the special combination platers. Hours: Tues. - Sun. 11am -8:30 pm., closed Monday, 1664 North Snelling, Falcon Heights; 646-0748.

Chinatown Restaurant.
Cantonese and Szechuan foods available at popular prices.
Great egg rolls. Hours:
M - Thur 11 am - 9 pm,
F 11am - 10 pm, Sat noon 10 pm, and Sun 5 - 9 pm.
1533 West Larpenteur, Falcon
Heights; 644-9194.

#### \* Coffee Houses \*

The Coffee Grounds. Relaxing hideaway above J.T.'s Feathered Denims and around the corner from Blomberg's Pharmacy. Great coffees plus good sweets and soups. Hours: M -T 6:45 am - 9 pm, Fri. and Sat. 6:45 am - 11 pm, and Sun. 8 am - 9 pm. 1579 Hamline Avenue, Falcon Heights; 644-9959.

Lori's Coffeehouse. Across the street from the St. Paul campus, this store-front cafe uses high quality beans for great coffees. Excellent home-made soups. Hours: M-F 7 am - 11 pm,



weekends 9 - 11 pm. 1441 North Cleveland, St. Paul; 647-0833.

Taste of Scandinavia. Old world atmosphere prevails here, tucked under Milton Square. Good basic coffee yet weak on specialty cappuccino and espresso. Go for the baked goods. Hours: M-F 7 am - 6 pm, and Sat 7 am - 5 pm. 2232 Como Avenue, St. Paul; 645-9181.

#### \* DRINKS \*

J's Liquors. Competitive prices, friendly service, free home delivery, large selection of micro beers define this liquor establishment. Hours: M - Thur. 9 am - 8 pm, weekends 9 am - 10 pm. 1557 West Larpenteur Avenue, Falcon Heights; 644-6675.

Sharretts. Neighborhood liquor store at University and Raymond with top-drawer selection of domestic and imported beers, including single bottle sales. Good selection of wines. Home delivery available. Hours: M-Thurs. 9 am - 8 pm, weekends 9 am - 10 pm. 2389 University Avenue, St. Paul; 645-8629.

#### \* CONTINENTAL \*

Muffuletta. A first-rate Park favorite since 1977, Muffuletta at Milton Square specializes in homemade pasta. Also enjoy the restaurant's fresh seafood, grilled meats and poultry. Beer and wine service. Hours: M-F 11:30 am - 2:30 pm, M-Thurs 5 - 9 pm, weekends 5 -10 pm, and Sunday brunch 10 - 2 pm. 2260 Como Avenue, St. Paul; 644-9116.

#### \* Home Cookin' \*

Egg & I. Fresh ingredients define this breakfast-serving joint's famous omelets and pancakes. Hours: M-F 6 am - 2 pm, weekends 8 am - 2 pm. 2550 University Avenue West, St. Paul; 647-1292.

Egg & I Express Deli. Selfservice soups and sandwiches. Hours: M-F 7 am - 4 pm. 2550 University Avenue West, St. Paul; 659-9311.

Embers. Still going strong, this family-style restaurant features char-broiled burgers plus full menu service, including breakfast. There's a little bit of

# Guide

everything here — Remember the Embers! Hours: 24 hours daily. 1700 North Snelling, Falcon Heights; 645-8802.

Key's, Home-made mashed potatoes and gravy, fresh breads and rolls make Key's oh so cozy. A fixture at University and Raymond for 23 years — good food, character and history keep it hopping. Hours: M-F 6 am - 3 pm, Sat 7 am - 2 pm, and Sun 8:30 am - 2 pm. 767 Raymond Avenue, St. Paul; 646-5756.

Mannings in the Park. Order supreme shakes and burgers here. Friendly down-home service and endless cups of coffee. Hours: 6:30 am - 8:30 pm daily. 2264 Como Avenue, St. Paul; 641-0808.

Parkview Cafe. Walking into Parkview is like entering Grandma's small-town kitchen. Home cookin' reaches new levels here, especially its tasty soups and fine lunch and dinner specials. Hours: M 8 am - 4 pm, Tues. -F 8 am - 9 pm, and weekends 8 am - 2 pm. 930 Raymond, St. Paul; 646-8957.

#### \* ITALIAN \*

Ciatti's. Offers variety of pasta, including pasta primavera, fettucini alfredo, spaghetti and ravioli. Specialities include seafood lasagna, chicken parmigiana and chicken marsala. Cocktails. Hours: M-Thurs 11 am - 10 pm, Fri and Sat 11 am - 11 pm, Sunday brunch 10 am - 2 pm and dinner 4 pm - 10 pm.1611 West Larpenteur, Falcon Heights; 644-2808.

Panino's. Situated in the old Baker School, this South St. Anthony restaurant spotlights its hearty Panino sandwich, which comes in all sorts of shapes and sizes. Hours: M-F 6-3 pm. 821 Raymond, St. Paul; 649-0209.

Bascalli's Brick Oven. Woodroasted Italian oven makes this outstanding pizzeria sing. Accent on originality, quality and scope — 35 toppings. Delivery available. Hours: M- Wed 11am - 9 pm, Thurs - Sat 11am - 10 pm, Sun 3 - 9 pm; 1552 Como Avenue, St. Paul, 645-6617.

Pizza Hut. This chain restaurant features pizza and salads at popular prices. Hours: M-Thurs and Sun 11am -11 pm, F and Sat 11am -1 pm. 1650 Snelling Drive, St. Paul; 646-6554.

#### \* SLAVIC \*

Kramarczuk Sausage Co. & Deli. A Mississippi River tradition for 43 years, find sausage, borsch and barenyky here. European tortes, kolachi and poppy seed bread rule. Hours: M 8 am-6 pm, T-Sat 8 am - 8 am. 215 East Hennepin, Minneapolis; 379-3018.

Illustration by Louis Safer

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# NEIGHBORHOODS

#### COMO PARK

#### **Humane Society benefit**

The Humane Society of Ramsey is hosting the fourth annual Black Tie and Tails Benefit Auction on Saturday, March 15 at Bandana Square. This charitable event raises important funds to provide food, shelter and medical care services to thousands of homeless animals as well as education programs. The evening features champagne, hors d'oeuvres and a cash bar. Tickets cost \$60 per person. Make a reservation by March 3 by calling 646-6821.

#### Como High alumni seeks nominees for hall of fame

The Como Site Council is seeking nominations for its first members into the Como Park Hall of Fame. Nominees must have graduated at least 10 years ago and be noteworthy for their community contributions, workplace success and meritorious achievements. Submit nominations to Jeanne Kranz 293-8800 or via fax at 293-8806 by March 7.

#### Como Park teas

Enjoy a variety of delicious sandwiches, scones, cakes and cookies and tea in the tropical splendor on the Como Park Conservatory on Thursday and Friday, April 3 and 4 at 12:30 and 3 p.m. A tour of the spring flower show follows. Tickets cost \$15. Call 487-8272 for reservations.

#### Defensive driving course

The Lyngblomsten Community Senior Center is hosting "55+" defensive driving four-hour refresher course on Wednesday, March 6 from 10 a.m. to 3 p.m. There will be a one-hour lunch break.

This course is taught by professional safety instructors and costs \$13. The class is open to people who have taken the one-hour course. To register call the Minnesota Safety Council at 291-9150 and ask for the Lyngblomsten registration form.

To order lunch call the Senior Dining line at 647-4695 by noon on Tuesday, March 5.

#### ST. ANTHONY PARK

#### St. Cecilia's parish dinner

The Church of St. Cecilia invites friends and neighbors to its annual parish dinner on Sunday, March 9 from 11 a.m. to 3 p.m. in the church basement. This home-made dinner features roast turkey with all the trimmings. Tickets are a bargain at \$6 and children under age 8 eat free. Besides dinner, the event spotlights a raffle, including a first prize of \$500. The church is located at 2357 Bayless Place.

The Coffee Grounds at 1579 Hamline Avenue serves more than a good cup of coffee — here members of Como Community Council gather for a meeting. Photo by Brian Christianson

#### Town meeting on March 12

The St. Anthony Park Community Council is holding a Town Meeting regarding community gardening on March 12, 7 p.m., in the library's community room.

The evening features presentations from Friends of Alden, Friends of St. Paul and Ramsey County Parks plus officials from St. Paul Parks and recreation. In addition to these groups, a local gardening expert is set to discuss how residents can enhance green spaces and in turn strengthen neighborhood bonds.

# Cox Insurance Associates open office at ParkBank

The new office of Cox Insurance Associates in the ParkBank signifies a new partnership that promises to bring customers easy access to auto, home and business insurance services.

Richard Beeson, ParkBank president, says that the two

## Is your cat a good conversationalist?

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- Senior Dining 5 days a week
- Weekly cards, bingo, crafts, shuffleboard, movies
- Monthly Social gatherings
- Breakfast, lunch and dinner outings
- Trips to theaters, local points of interest, and more

Transportation is available. Call 647-4664 for more information.



Influenced by Christ, Lyngblomsten provides a ministry of compassionate care and innovative services to older adults in order to preserve and enhance their quality of life.

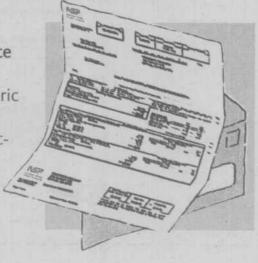
1415 Almond Ave. St. Paul, Minnesota 55108 612/646-2941

# Don't miss this discount

If you receive assistance from the Energy Assistance Program, you also can receive a 50 percent electric rate discount on the first 300 kilowatt-hours of electricity you use in each billing period. The discount is available to qualified NSP customers, even if they get most of their heating energy from another utility, or a fuel oil or LP gas supplier.

Don't delay. You must apply for the Assistance Program by April 30, 1997, to be eligible for the 50 percent discount. However, we encourage you to apply as soon as possible.

If you have questions about the Energy Assistance Program, please call the



Minnesota Department of Economic Security at 1-800-657-3805.

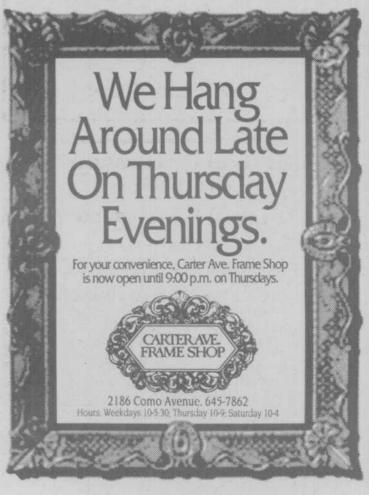
For more information about ways to save money and energy, call NSP at 282-1234.



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Caravelle's manager Hang Throng proudly displays some of the restaurant's best loved dishes, such as spicey chicken wings. Photo by Truman Olson

neighborhood-based enterprises complement each other. "When someone starting a new business comes to the bank to discuss financing, we can introduce them to a person prepared to discuss their insurance requirements."

Besides maintaining an office at ParkBank, the Cox group's facility at 2469 University Avenue remains open. Sales associate Dave Pullen is officing on a full-time basis at the bank. He looks forward to developing long-term relationships with customers.

"Customers today don't receive the level of attention they deserve," said Cox. "It's our job to get to know our clients so we can best represent them.'

For information call 647-0131.

#### **Butterfly gardening**

Mary Maguire Lerman, coordinator of horticulture programs for the Minneapolis park system, is set to talk about garden plants that attract butterflies on Tuesday, March 11, 7 p.m., at St. Anthony Park United Methodist Church. St. Anthony Park Association's dinner and social hour precede talk. Call 645-9053.

#### **FALCON HEIGHTS**

#### Book club growing

Residents are invited to join the area's growing book club, which is sponsored by the Keeping Connected Team. The book club meets at the Coffee Grounds, Hamline Avenue and Iowa Street, on Tuesday, March 18 at 7 p.m. Call 644-5050 for more information.

#### Citizenship workshop

"One-stop shopping' workshop for people applying for U.S. citizenship is set for Thursday, March 6 at 6:30 p.m. at the International Institute of Minnesota, 1694 Como Avenue (across from the State Fair). Eligible applicants receive help with forms, photographs and fingerprints, meet immigration officials and submit their applications. The workshop costs \$15. To register call 647-0191.

# **Home Traditions**

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Dr. Paul Kirkegaard

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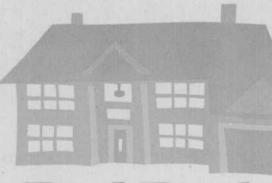
Drop Off Your Car / Same Day Service \*plus tax, shop supplies and environmental fee = \$14.33 with this ad through 3/31/97. Not valid with any other coupons. Coupons must be presented at time of service.

#### HOME EQUITY LOAN REQUEST Fax: 647-0185 Name Social Security Number Date of Birth Address Employer Gross Monthly Salary \$ How Long Employed Value of Home \$ Monthly Payment \$ Mortgage Balance \$ Purpose of Loan Loan Amount Requested \$\_\_\_\_ Joint Applicant Name Social Security Number \_\_\_\_\_ Date of Birth Phone Employer Gross Monthly Salary \$ How Long Employed I understand that as part of the credit approval process a credit bureau report will be ordered. Applicant's Signature Co-Applicant's Signature

If you're digging, planting, pouring or building... we're lending. At ParkBank you can borrow up to 80% of the equity you have in your home. And you won't pay a penny in closing costs for loans up to \$25,000.\*

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St. Anthony Park Block Nurse Program, 642-9052 Helping Older Neighbors Live at Home

Todd Grossmann, 644-3685 and Paul Kirkegaard, 644-9216 Family Dentistry, 2278 Como Ave.

St. Anthony Park Clinic, Dr. David Gilbertson, D.O. 2315 Como Ave., 646-2549

Paul J. Quie, MBA, MA, LPP

Couple, Family, Individual Counseling River City Clinic, 2265 Como, 646-8985

Twin City Linnea Home 2040 Como Ave., 646-2544 Member of Board of Social Ministry Family of Lutheran Agencies

Como Chiropractic Health Center, P.A. 1884 Como Ave., 645-8393

Raymond Gerst DDS 2301 Como, 644-2757





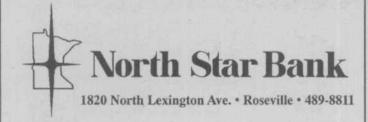
# Where Business

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#### Hoyle's program . . . from page 1

executive director for the International Institute of Minnesota.

Karen Hoyle, who graduated from St. Olaf College in 1958, is now a professor and the curator of the Kerlan Collection of Children's Literature at the University of Minnesota. In 1994, she was awarded the Distinguished Alumna award. She has recently become more involved in the international exchange of children's books, as well as translations and books by immigrant authors.

The Hoyles have hosted over 20 foreign exchange students throughout the years and have devoted countless hours toward fostering understanding among people from different countries and cultures.

"We have been astonished at how much youngsters who go abroad bring back to our country, in terms of understanding and in friendships made. And we have learned a great deal from the exchange students we have hosted," Karen Hoyle said.



#### Safer **Bathrooms**

According to the latest National Kitchen and Bath Association's Design Trends Survey, the chief concerns among homeowners are that their new bathrooms be safe and freely accessible. Bathroom designers report that 29 percent of their clients request child safety measures in their new bathrooms, while 13 percent ask for special features to compensate for "mobility limitations." The "safe" trend in bathroom design calls for such elements as easy-to-grasp door handles and drawer pulls, grounded outlets, shatterproof glass, and pressure/temperature limiting devices on tub/shower faucets. There is also increasing demand for non-slip flooring, grab bars, a bench or footrest for showers, and vanity countertops with rounded edges.

Our staff is very knowledgeable about bath remodeling whether you are considering major work or just a minor fix-up. Safety in your bathroom is a critical concern and we can help you in the basic design, the selection of the best components, and in the actual remodeling effort. With 24 years in the remodeling business, an enviable reputation, and a highly sensitive and professional staff, THE TRANSFORMED TREE urges you to make us your first call. There will be no need to go elsewhere.



## ARTS EVENTS



Recorder player Marion Verbruggen performs at the Music in the Park Series on Sunday, March 9.

#### MUSIC

Music in the Park Series presents the acclaimed The Verbruggen Ensemble on Sunday, March 9, 4 p.m., at St. Anthony Park United Church of Christ. The concert features Marion Verbruggen, recorder; Christine Brandes, soprano; Mary Springfels, viola da gamba; and Barbara Weiss, harpsichord.

Single tickets cost \$11 (advance) or \$13 (door). \$6 student rush tickets are available. Advance tickets are sold through The Bibelot Shop and Micawber's Bookstore. For information call 646-5266.

Catch Strawberry Jam featuring autoharp, mandolin, guitar, fiddle, banjo and upright bass - at Music in the Park Series' Family Concert on Friday, March 14, 6:15 and 7:30 p.m. at the St. Anthony Park Library. Sing and clap as Strawberry Jam shares the rich history and folklore of bluegrass music from around the world. Tickets costs between \$5 and \$6 for adults, \$4 and \$5 for kids. Advance tickets are sold through The Bibelot Shop and Micawber's Bookstore. For information call

Mark the calendar for Thursday, March 6, when Cliff Brunzell and his Golden Strings Jazz Quartet take center stage at the Evenings Under Glass Concert Series at Como Park Conservatory. The group consists of a violin, string bass, accordion and is a spin-off of the Golden Strings Jazz Quartet.

The series continues on Thursday, March 13 with a presentation by the Prudence Johnson Trio and on Thursday, 20, hot jazz vocalist **Debbie** Duncan performs.

All concerts are held from 7 to 9 p.m.at the Como Park Conservatory and cost \$5. For information call 487-8200.

The well-known piano duet team of Helen and Paul Baumgartner are performing on Sunday, March 2, 3 p.m., at St. Anthony Park Lutheran Church to benefit the Global Mission Institute of Luther Theological Seminary. Call 645-0371 for information.

The Schola Cantorum of the Church of the Holy Childhood sings ancient chants at Palm Sunday Mass, March 23, 10:30 a.m, and at Holy Thursday Mass, March 27, 7 p.m. For Easter Mass, March 30 at 10:30 a.m., the Schola Cantorum is accompanied by orchestra for a performance of work by Charles Gounod, including "March Pontificale." The church is located at Midway Parkway and Pascal Street in St. Paul.

#### **EXHIBITS**

The Goldstein Gallery showcases "Who'd A Thought It: Improvisation in African American Quiltmaking" a highly acclaimed traveling exhibit celebrating quilt artistry - through Sunday, March 30. Find the museum in McNeal Hall on the St. Paul Campus. Call 624-7434 for information.

Installations by Steven Thurston and Janet Williams can be seen at the Northern Clay Center beginning Friday, March 14. The center is located at 2375 University Avenue West and the gallery is open Monday through Saturday, 10 a.m. to 5 p.m. and Thursday to 7 p.m.

#### CONTESTS

The American Association of University Women (AAUW) is sponsoring a poetry contest open to Twin Cities residents who are 18 years and up. First prize wins \$150. Contestants must submit three copies of each poem plus separate pieces of paper, including the author's name, address and the first line of each poem. Pieces cannot exceed 50 lines. Mail entries by March 17 to Poetry Contest AAUW, 990 Summit Avenue, St. Paul, 55105.

#### TALKS

Artists Steven Thurston and Janet Williams talk about their work and the development of their ideas at the Northern Clay Center — 2375 University Avenue West - on Saturday, March 15 at 10:30 a.m.

The St. Anthony Park Writers' Group meets on Tuesday, March 11, 7:30 p.m., at 1261 Cleveland Avenue North, #4-A. Call 646-4343 for information. ■

# COMMUNITY CALENDAR

#### 1 SATURDAY

- St. David's Day
- Teen Night, South St. Anthony Park Rec. Center, 7-10 p.m.

#### 2 SUNDAY

■ Helen and Paul Baumgartner's benefit piano recital, St. Anthony Park Lutheran Church, free-will offering, 3 p.m.

#### 3 MONDAY

- AA, St. Anthony Park Lutheran Church, 8 p.m. Call 770-2646. Every Monday.
- Boys Scouts, St. Anthony Park United Church of Christ, 7 p.m. Call 644-4175. Every Monday.

#### 4 TUESDAY

- Precinct Caucus night
- Toastmasters, Hewlett Packard, 2025 W. Larpenteur, 7:30 a.m. Call 649-4265. Every Tuesday.
- La Leche League meeting. 7 p.m. Call 644-0302 or 489-6359 for location.

#### 5 WEDNESDAY

- I St. Anthony Park recycling day.
- Leisure Center, St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Every Wednesday.
- "Ask Us" Block Nurse, First Bank, University and Raymond, 11 a.m. to noon.

#### 6 THURSDAY

■ Parent-child play group, South St. Anthony Rec Center, 890 Cromwell Avenue, 10 a.m.-noon. Every Thursday. ■ Physical Planning Committee, St. Anthony Park Community Council, 890 Cromwell, 5 p.m.

#### 7 FRIDAY

- Falcon Heights and Lauderdale recycling day.
- Youth Activity Night grades 7 to 12 - St. Anthony Park United Methodist Church, 7-11 p.m. Every Friday.

#### 8 SATURDAY

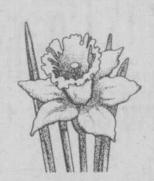
- International Women's Day
- Teen Night, Langford Park Rec Center, 7-10 p.m.

#### 9 SUNDAY

St. Cecilia's annual parish dinner, 2357 Bayless Avenue, 11 a.m. to 3 p.m.

#### 10 MONDAY

- Como Park recycling day
- Park Press, Inc. Park Bugle board meeting, ParkBank, 7 a.m.
- Falconeers Senior Club, Falcon Heights City, 2077 W. Larpenteur, 1-3:30 p.m.



#### 11 TUESDAY

- Fight Cancer Daffodil Days
- Lauderdale City Council, City Hall, 1891 Walnut Street, 7:30 p.m.

#### St. Anthony Park Writers' Group, 1251 Cleveland Avenue North, #4-A, 7:30 p.m.

Filing deadline, St. Anthony Park Community Council Election

#### 12 WEDNESDAY

- Town Meeting on Community Gardening, St. Anthony Park Community Council, St. Anthony Park Library, 7 p.m.
- Falcon Heights City Council, City Hall, 2077 W. Larpenteur, 7 p.m.
- St. Anthony Park Community Council, 890 Cromwell, 7 p.m.

#### **14 THURSDAY**

Srawberry Jam performs at Music in the Park Series" Family Concert, St. Anthony Park Branch Library, 6:15 and 7:30 p.m.

#### 15 SATURDAY

- Teen Night, South St. Anthony Park Rec. Center, 7-10 p.m.
- Lauderdale "500" Club, City Hall, 1891 Walnut Street, 1 p.m.

#### 17 MONDAY

■ St. Patrick's Day

#### 18 TUESDAY

- Lauderdale Planning Commission, City Hall, 1891 Walnut Street, 7:30 p.m.
- District 10 Como Community Council, 7 p.m., call 644-3889 for location.
- St. Anthony Park Garden Tour Meeting, St. Anthony Park Library, 7 p.m..

#### 19 WEDNESDAY

- St. Anthony Park recycling day
- "Ask Us" Block Nurse, Park Bank, Como and Carter, 11 a.m. to
- Langford Booster Club, Langford Park Rec Center, 7:30 p.m.

#### 20 THURSDAY

■ Spring arrives!

#### 21 FRIDAY

■ Falcon Heights and Lauderdale recycling day.

#### 22 SATURDAY

- FareSHARE distribution and registration at Holy Childhood Catholic Church, 1435 Midway Pkwy., 9:30-11 a.m. Call 644-7495; or St. Anthony Park Lutheran Church, 2323 Como Avenue., 8:30-10:30 a.m. Call 645-0371.
- Teen Night, Langford Park Rec Center, 7-10 p.m.

#### 23 SUNDAY

Full Moon

#### 24 MONDAY

- Como Park recycling day.
- St. Paul school's week-long spring vacation begins.
- Falconeers Senior Club, Falcon Heights City, 2077 W. Larpenteur, 1-3:30 p.m.
- St. Anthony Park Block Nurse Program, board meeting, St. Anthony Park Library, 7:30 p.m.

#### 25 TUESDAY

- Lauderdale City Council, City Hall, 1891 Walnut Street, 7:30 p.m.
- PankBank Diamond Club outing to "How to Talk Minnesotan, The Musical" at the Plymouth Playhouse. Call Marvin or Gloria at 647-0131 before March 1.

#### 26 WEDNESDAY

- Housing and Human Services Committee, St. Anthony Park Community Council, 890 Cromwell, 5:30 p.m.
- Environment Committee, St. Anthony Park Community Council, 890 Cromwell, 7 p.m.
- Falcon Heights City Council, City Hall, 2077 W. Larpenteur, 7 p.m.

#### 28 FRIDAY

■ Good Friday

#### SATURDAY

■ Teen Night, South St. Anthony Park Rec. Center, 7-10 p.m.

#### 30 SUNDAY

■ Easter

Items for the April Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, March 14.

# The Community Calendar is sponsored monthly by

# Wellington

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#### Milton Chase

Milton D. Chase died on January 17. He was 70 years old and a longtime resident of Shalom Home on Midway Parkway.

Chase was the owner of Chase's Furniture Land.

He is survived by his wife, Naomi; daughter, Nancy; sons, Richard, Michael, and David; three sisters, Marian Sussman, Harriet Goldberg, and Sharon Levenson; and several grandchildren.

#### Donn Dexter, Sr.

Donn D. Dexter, Sr., age 72, died on February 11. A recent resident of Shoreview, he grew up in

St. Anthony Park on Raymond

Dexter was past Commander of Rosetown American Legion Post 542.

Survivors include his wife, Rita; daughter, Linda King; three sons, Donn, John, and Douglas; their mothers, Solveig and Theresa; six grandchildren; sister, Dorothy Guyer; and brother, Al Dexter.

#### Mary Hamilton

Mary T. Hamilton, a resident of Lyngblomsten Care Center, died on February 11. She was 92 years of age

Preceded in death by her parents, Matt and Rose Turner, her husband, Wilford, and brothers, Mike and Joe Turner, she is survived by daughters, Evelyn Jorgensen, Dona Andrews, and Mary Jane Clark; son, Allan; brother, Paul Turner; 15 grandchildren; and 10 greatgrandchildren.

#### Charles Harding

Charles K. Harding, a resident of Como Park for most of his adult life, died at age 87 in February. He was a longtime leader and legislative lobbyist for the American Legion as well as a volunteer at Veterans' Hospital.

Harding served as commander of Lester Tjernlund Post 451 and as Fourth District commander and legislative chair. For six years, he served on the Legion's National Child Welfare Commission.

Born in St. Louis, he grew up in White Bear Lake and attended Carleton College. After his marriage to Marie Piechowski in 1934, he moved to Como Park. In the Navy, he was a radar operator.

After World War II, Harding worked as an agent for Prudential Insurance for 35 years. He was instrumental in unionizing the agents in the Twin Cities.

Preceded in death by his wife, Marie, he is survived by daughter, Beverly Randall; sons, Walter and Robert; eight grandchildren; and five great-grandchildren.

#### Frances Hunt

Frances L. Hunt died at age 78 on January 22. She and her husband of 57 years, John DeVere Hunt, made their home in North St. Anthony Park.

Hunt was an active outdoor enthusiast and gardener who enjoyed birdwatching at the Audubon Center of Northwoods. She was a member of St. Matthew's Episcopal Church.

Born Frances Lawton on July 25, 1918, in St. Paul, she moved to St. Anthony Park after her marriage to John Hunt.

She is survived by her husband; daughters, Judith Loescher, Susan Hunt, Nancy Weiman, and Joan Abbas; son, James; and five grandchildren.

#### Helen Koelsch

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Helen Koelsch, age 81, died on January 27. She lived in University Grove with her husband of 58 years, C. Frederick Koelsch, who is a professor emeritus of chemistry at the University of Minnesota.

Koelsch grew up in Thief River Falls and was a graduate of the University of Minnesota. She was a member of St. Anthony Park United Church of Christ.

She was preceded in death by her parents, brother, Donald Hermanson, sister, Lucile DePeters, and son, Charles, In addition to her husband, she is survived by daughter, Karen Hanson; son, John; and five grandchildren.

#### Milton Lindgren

Milton Lindgren, a former resident of Como Park, died on February 4 at the age of 68. He grew up in the Como Park neighborhood and was a graduate of Murray High School in 1946. He graduated from the University of Minnesota in 1950 with a degree in mechanical engineering.

In 1949, he married Murray classmate Jean Stoven. In recent years, they lived in Indianapolis, Indiana. Lindgren was the chief design engineer of the T56/501K engines for Allison Gas Turbines, a division of General Motors.

Leisure pursuits included writing about the Civil War, portrait painting, and traveling around the world with his wife.

Survivors include his wife; two daughters; four sons; 19 grandchildren; and one great-grandchild.

#### **Evelyn Pearson**

Evelyn M. Pearson, former principal at St. Anthony Park Elementary School, died on January 2 at 89 years. Pearson was principal there from 1951 to 1963.

Pearson's term as principal began at the old Guttersen School, located at Como and Hillside, now the site of a parking lot. In the early '50s, she was instrumental in developing the plans for the new school located by Langford Park.

Her home in recent years was at the Lake City Nursing Home in Lake City, Minnesota.

#### **Howard Schawang**

Howard M. Schawang died at age 81 on February 6. He was a former resident of the Como Park area.

Schawang owned Schawang Studio in Minneapolis for 42 years. He was a member of the Knights of Columbus Council 435 and a parishioner at St. Agnes Catholic Church.

Preceded in death by his wife, Marie, he is survived by his brother, Peter; sister, Gladys Hedlund; stepson, Lyle Hendrickson; three stepgrandchildren; 10 step greatgrandchildren; and three step great-great-grandchildren.

Compiled by Ann Bulger

# **KNOWLEDGE IS POWER**

Information and Resources for Seniors



642-9052

SAP Block Nurse

#### **NEW HUD** "BRIDAL REGISTRY ACCOUNT"

The Department of Housing and Urban Development announced a new program to promote home-ownership among young families. Now, family and friends can help a couple buy a home of their dreams through gifts to a "Bridal Registry Account". The money can be used toward the down payment on a new home.

Under this new policy it is hoped that couples who can afford the monthly payment on a home will have help in getting over the down payment hurdle.

Any federal or state supervised lender will be able to set up the "Bridal Registry Accounts".

When the couple applies for a FAA loan, they will treat the funds from this account as gifts from friends with a clearly defined house purchase purpose. The lender will have to provide verification of the deposits and verify the funds are from the "Bridal Registry Account". Funds cannot come from anyone who has a financial interest in the transaction.

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- Type your ad. Our style is to put the first few words in capital letters.
- Count the words. A word is numbers or letters with a space on each side. A phone number is one word.
- Figure your cost: 40g x number of words (\$4.00 minimum).
- Send your ad & check to **Bugle Classifieds** P.O. Box 8126 St. Paul, MN 55108 or deliver to the drop box at the rear of the Bugle office at 2301 Como Ave. by 6 p.m. on deadline day.
- Classified ads are not taken over the phone.
- Call Wendy Hanson, 636-2867, or the Bugle office, 646-5369, with questions.

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#### Tilden Park . . from page 1

park, located on the former site of Tilden Elementary School just east of Snelling Avenue and one block north of Como Avenue, needs upgraded playground facilities. Among other items, residents hope to get two structures built, one that will be conducive to smaller children up to age 5, and another that will accommodate kids aged 6 to 12.

"Right now, it's a safety issue," said Mens, referring to the severely weathered and splintering wooden structures currently in place. "In terms of census planning, this neighborhood is number one or two in the city with families with small kids.'

Mens said the chances are good that the city will fund the project because it's reasonably priced, but nothing can be taken for granted because of the competition. There are two other projects from District 10 alone that also will be considered. One has a \$2 million price tag to build an entirely new North Dale Recreation Center and the other is a \$1 million plan to widen and landscape Midway Parkway from Snelling to the Como Park entrance on Hamline.

"It's important that people show up," said Mens. "There are a few key meetings in the process where people must show up to demonstrate their support."

The first such meeting comes in early March when neighborhood residents who favor the plan and community organizers can meet with city staff to review and clarify their proposal.

Then in early April, a special task force, which will be made up of people chosen by the District 10 Community Council, will review all District 10 proposals. Members of the task force must be chosen by the March 14 deadline.

One resident who is ready to show her support is Lori Hill-Devlin. She said that although her family has thought about moving into a bigger house, they continue to stay on Almond Avenue because of the park.

"I think it's nice to have a neighborhood park that your kids can go to," Hill-Devlin said. "You can see what's going on and be involved with what they're doing."

During the summer months, she said that her 10-year-old son Andrew "literally plays in the park all day until it's dark. I would like to see a skating pond in the winter as well as a field for baseball and football. I mean, there's a field there now, but there's a picnic table in the middle of it. Something more structured would be good."

If the proposal is funded, construction may begin in either next year or during 1999.

For information, call the Como Community Council at 644-3889. m

#### 党 LIFE IN THE CHURCH: COME AND SHARE♥

#### 党 BETHANY BAPTIST CHURCH

Skillman at Cleveland in Roseville. 631-0211 Bethany Baptist Morning Worship 10:45 am Sunday School 9:30 am Pastor Bruce Petersen Filipino-American Worship 11 am Pastor Gonzalo Olojan

#### 芝 CIRCLE OF LIFE COMMUNITY CHURCH

AN UNTRADITIONAL CHURCH Daily Devotion Line 633-8851 Sunday Worship 10 am, Sunday Classes 11 am Oakcrest Room at Ramada Hotel Cleveland and Co. Rd. C. Rev. Dr. Hilda Kuester, pastor 633-5089

Other Classes: The Gnostic Gospels, Dream Interpretation, Women's Spiritual Quest, Confirmation, the Enneagram, Less-Read Books of the Bible

#### 芝 COMO PARK LUTHERAN CHURCH

1376 W. Hoyt Ave. 646-7127 Handicap-accessible CPLContact Ministry 644-1897 Sunday Schedule (Nursery Provided)

Rides available for 11 am worship.

Call 646-7127 by noon Friday

8 and 11 am Worship. (Communion 1st and 3rd Sundays)

9 am Children and Family Worship, Voice of Praise Rehearsal 9:45 am Sunday School

10 am Adult Forum, Youth Forum

Monday Schedule
7 pm Old Testament 301 (Nursery available) Tuesday Schedule

Feb. 4 and 25, 9 am Senior Fellowship Quilting

Wednesday Schedule
6:45 am Bible Study at Keys/Lexington
10 am Lenten Worship March 5, 12, 19
11 am Como Bells

5:15 pm Soup Supper, free will offering
6 pm Choir School, Joyful Ringers
7 pm Lenten Worship March 5, 12, 19 (Nursery available)
7:45 pm Confirmation, CPL Choir, Life With God (Adult Ed)
7:45 pm "MIDWEEK" (High School Youth)
Feb. 5 only 8:30 pm Compline
Feb. 12 Ash Wednesday Worship 10 am and 7 pm
(Nursery available)

(Nursery available)

Feb. 19 and 26 Wednesday Lenten Worship 7 pm

(Nursery available)
Feb. 26 Meatloaf Dinner Fundraiser. Call for information Friday Schedule

6:45 am Men's Breakfast Fellowship at CJ Brown in Har Mar Senior Fellowship Quilting March 2, 24, 9 am Meals on Wheels March 19

Holy Week Schedule Palm Sunday Worship March 23, 8 and 11 am 9 am Children and Family Worship Maundy Thursday Worship March 27, 10 am and 7 pm

(Nursery available) Good Friday Worship March 28, 10 am Children and Famly Worship, 7 pm Tenebrae Worship Easter Sunday 6:30 am Sunrise Service, 7:15 - 11:15 Easter Breakfast, 8 and 11 am Worship/Communion,

9 am Children and Family Worship Pastor: Paul Harris and Nancy Koester Seminary Intern: Mike Weaver Director of Music Ministry: Scott Rohr Director of Youth and Family Ministry: Joe Sheehan

#### E CORPUS CHRISTI CATHOLIC CHURCH

2131 No. Fairview at County Road B. 639-8888 Meaningful liturgies in a new worship space. A welcoming community. Handicap-accessible Saturday Mass: 5:00 pm Sunday Masses: 8:30 and 10:30 am

Wednesdays, 7 pm Stations of the Cross March 5 led by Clown Ministry, March 12, March 19 Communal Reconciliation Service Sunday, March 23, 7 pm Communal Reconciliation

Thursday, March 27, 7:30 pm Mass Good Friday, March 28, 3 pm Celebration of the Lord's Supper, :30 Stations of the Cross

Holy Saturday, 7:30 pm Easter Vigil (no 5 pm Mass) Easter Sunday Mass 8:30 and 10:30 am

#### **世 LUTHERAN CAMPUS MINISTRY**

1407 No. Cleveland Ave., 645-4561 Sunday Study 9 am, Finding Your Voice Sunday Worship 10 am First Sunday of the month free meal for students

#### 置 MOUNT OLIVE EV. LUTHERAN CHURCH

(A WELS Congregation)

THE CHURCH WITH A SMILE" 1460 Almond at Pascal. 645-2575 Sunday Worship: 9 am Sunday Education Hour: 10:30 am Wednesdays in Lent 7 pm Service Maundy Thursday, March 27, 7 pm Service Good Friday, March 28, 7 pm Service Easter Sunday, March 30, 9 am Service, 8 am Breakfast

#### 業 PEACE LUTHERAN CHURCH

1744 Walnut at Ione. 1 block north of Larpenteur. 644-5440. Sunday Education: 9:15. Classes for all ages. Sunday Worship: 10:30 am. Holy Communion 1st and 3rd Sundays. Tuesday Bible Study 10 am. You are invited to join us. Pastor Drew Flathmann

#### 置 ROSE HILL ALLIANCE CHURCH

Roselawn at Cleveland. 631-0173 Sunday Worship: 9:15 am Sunday Coffee Fellowship 10:30 - 11 am

continued next column

Sunday School 11 am Sundays 6 pm Sr. Hi Group Wednesdays Jr. Hi Group & Awana 6:45 pm (Sept. - May) Wednesday Int'l. Women's American Culture Class 12:30 pm

#### EST. ANTHONY PARK LUTHERAN

Como and Luther Place. Handicap-accessible. 645-0371 Pastor Paul Ofstedal

Sunday Worship: 8:45 and 11 am. Nursery at both services Sunday School, Adult Education and Bible Study: 9:50 am

Communion 1st and 3rd Sundays Faith Chinese Fellowship 1:30 pm Sundays 伝義教會 星期天下午 1:30pm English as a Second Language classes Mondays, 1-2:45 pm

To register call 645-5427 Men's Prayer Group Fridays, noon

Wednesdays in Lent

5:30-6:45 pm Soup Supper, 6-6:45 Lenten Study: Our Soul Hungers for God, 7 pm Midweek Lenten Worship. The theme is "Grappling with God" March 2, 3 pm Global Institute BenefitConcert with Paul and Helen

Baumgartner

March 22, 8 am Fare Share Holy Week Schedule

Palm Sunday Worship March 23, 8:45 and 11 am Maundy Thursday Worship March 27, 10 am and 7 pm Good Friday Worship March 28, 7 pm Easter Sunday March 29, Sunrise Worship 6:30 am,

Easter Breakfast 7-11 am, Easter Worship 8:45 and 11 am

Our van is available for transportation to and from services.

#### 芝 ST. A.P. UNITED CHURCH OF CHRIST

2129 Commonwealth at Chelmsford. 646-7173 Rev. Dane Packard, Pastor Sunday Worship: 10 am, Nursery care provided Sunday Education Hour for all ages: 9 am Wednesday Lenten supper and study for adults and children through March 19: 6:30 dinner and 7-8 pm study Maundy Thursday Service, March 27, 6:30 - 8 pm Holy Saturday Vespers March 29, 6:30 - 8 pm Easter Sunday March 30, Pancake Breakfast, 10 am Worship.

#### X ST. A.P. UNITED METHODIST CHURCH

THE CHURCH WHERE EVERYONE IS ALWAYS WELCOME Como and Hillside. 646-4859

Easter Egg Hunt for children after worship

Sunday Schedule Worship 8:45 and 10:45 am 9:30 and 11:45 am Fellowship Wednesdays 9 am - 1 pm, Leisure Center with noon lunch Wednesday, 7 pm Midweek Lenten Worship Fridays Youth Activity Night, 7 pm Holy Week Schedule Maundy Thursday Worship March 27, 7 pm Easter Worship 8:45 and 10:45 am

#### 置 ST. CECILIA'S CATHOLIC CHURCH

Cromwell and Bayless Place. 644-4502

Saturday Mass: 5 pm Sunday Mass: 10 am at church (nursery provided) and 8:30 am at Seal Hi-Rise, 825 Seal St. (handicapped accessibility)

Daily Mass: 7 am at the Parish Center Lenten Schedule at the church

Mondays and Fridays 7 am Scripture and Communion Tuesdays, Wednesdays and Thursdays 7 am Eucharist Thursdays 6:30 pm Rosary Fridays 7 pm stations of the Cross Saturdays 4:15 Private Reconciliation

March 18, Tuesday, 7 pm at church and March 20, Thursday, 5:30 pm at the Hi-Rise, Penance Services March 26, Wednesday, 7 pm Private Reconciliation The Paschal Triduum

Holy Thursday, March 27, 7:30 Evening Mass of the Lord's Supper Good Friday, March 28, 3 pm Stations of the Cross, 7:30 pm Celebration of the Lord's Passion

Holy Saturday, March 29, 7:30 pm Easter Vigil and Eucharist Easter Sunday, March 30, 8:30 am Eucharist at the Hi-Rise, 10:30 am at church

#### X ST. MATTHEW'S EPISCOPAL CHURCH

2136 Carter at Chelmsford, 645-3058 Sunday Schedule:

8 am Holy Eucharist Rite I 10:30 am Holy Eucharist Rite II Nursery and child care at both services 9:15 am Education Hour for all ages

March 2, 5 pm Evensong March 9, 7 pm Welfare Reform Forum for the Community with Representative Alice Hausmann. Preceeded by simple soup supper at 6:30 pm. \$5 donatin to Family to Family Ties Program. March 16, 4-6 pm "Images for Faith from the

Scriptures" led by Professor Vera Chester of the College of St. Holy Week Schedule

Palm Sunday, March 23, 8 am Service. 10:30 am service includes Palm Sunday Procession and Presentation of the Passion Gospel Maundy Thursday, March 27, 7:30 pm Eucharist followed by stripping of the alter

Good Friday, March 28, 12:15 noon Community Good Friday Service with United Church of Christ and United Methodist Church, 7:30 pm Tenebrae

Easter Sunday, March 30, 3 services: 6 am Easter Vigil with Eucharist, 8:30 am Eucharist with Easter Hymns, 10:30 am Festival Eucharist with choir, 8-10 am breakfast The Rev. Grant Abbott, Rector The Rev. Lynn Lawyer, Deacon

#### 業 WARRENDALE PRESBYTERIAN CHURCH

1040 Como Ave. at Oxford. 489-6054 Sunday Worship: 10:15 am (nursery provided) Sunday Church School: 9 am Dr. Robert Bailey, Minister