

## Kids and teachers foster community at St. Anthony Park Nursery School

*Harvard educated Sheila Richter brings great knowledge, much enthusiasm and determined vision to the high-energy world of daycare*

by Judy Woodward

Over in one corner, the three "baby-sitters" are decked out in long, flowing taffeta skirts. That's what they call themselves, even though the "babies" are lying in a jumble of plastic limbs in the doll crib, and the sitters say they are getting ready to go swimming.

On the other side of the room, Eric and Leif are building a runway with elaborate pillars and archways, unlike anything ever seen at Minneapolis-St. Paul International Airport. As they arrange the blocks, the builders keep up a constant chorus of "chuff, chuff" noises in order to underscore the urgency of their work. A visitor is firmly asked to get out of the way of the burgeoning landing strip.

Suddenly, a shoving match erupts amid the painters. A slight, but compelling, figure swings smoothly into action. "Wait a minute," announces Sheila Richter, "We have a problem here."

It's another day at the St. Anthony Park Nursery School, two small rooms in the basement of the United Church of Christ that make up a world of fantasy and lessons in life for the 20 three-to five-year-olds who

school began even earlier, when her own children attended in the early 1960s. She has definite views on how it should function, "I don't want this to be just a place where parents drop their kids off and pick them up."

Richter elaborated on her vision for the school, "We live in a culture where it seems as if everybody has moved away from their family of origin. Our school is in the business of building a network for families so that parents can feel supported in their job as parents. It gives me great pleasure that our families continue to be friends after their children



leave nursery school."

The school emphasizes parental involvement with the children's education and with each other. Parents meet every other week, sometimes to discuss early childhood issues, sometimes just to have fun. The ties made in nursery school tend to last. Richter said that when she is invited to high school graduations of former students, she runs into "all the same faces from nursery school. Everyone's just 12 years older."

Richter's enthusiasm for her young students is obvious. "I love the fact that they're so open at this age. You can deal with emotions, anger or embarrassment in ways that are impossible with older kids. With young children, you can use every situation as a learning situation."

Back at the paint table, Richter is about to transform a tussle into an opportunity for

attend three mornings a week.

Long a fixture in the neighborhood, the St. Anthony Park Nursery School is much more than a convenient place to learn finger painting and circle games. Lis Christenson, the current chair of the Parent Board that runs the non-profit co-op school, said, "We're unique because our director has a very strong sense of trying to make the school a community of parents and children. Politicians talk community, but she lives it."

It doesn't take visitors very long to discover that the calm center of all the happy noise and bustling toddler activity is occupied by school director and lead teacher, Sheila Richter. Combination idea woman, arbitrator, facilitator, comforter — and blessed with peacekeeping skills that the UN might envy — the Harvard-educated Richter has been part of the school staff since 1979. Her personal involvement with the nursery

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## Library proceeds to construction stage

by Jennifer Thorson

The St. Anthony Park Community Council unanimously approved the final plans for the renovation and addition to the St. Anthony Park Branch Library on January 15.

The council heard a brief presentation from Arlene West, chair of the library renovation design team, and Philip Broussard, project architect from Architron.

"We think we have made a lot of progress on the issues covered by design team and community members," West said. "I am very pleased with the plans. We have to give Philip Broussard a lot of credit. He's been patient and receptive to input from a variety of people."

Broussard humbly added, "I think we did the best we

could," before explaining the details of the latest plans to the council.

He addressed the new plans for parking. In response to many neighbors' concerns about placing staff parking off the alley near the side entrance of the library, plans have been altered to allow only one handicapped space. Arrangements have been made with the St. Anthony Park United Church of Christ for library staff to use their lot.

Broussard then turned to the drawings of the designs. The side entrance, which is being modified to comply with the disability mandates that all buildings be handicapped accessible, will be embellished to create a "grander entrance," he said. Landscaping will create a

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## Candidates eye Megard's seat

by John Marino

In the wake of Bobbi Megard's December announcement that she is running for mayor of St. Paul, three fellow DFL candidates thus far have emerged to run for her seat on the city council representing Ward 4.

Vying for the important DFL endorsement are Jay Benanav, Triesta Brown, and John Van Hecke. Delegates to the April 12 DFL endorsing convention will be named on March 4 at the precinct caucuses. Candidates from other parties have yet to make any announcements.

The following are thumbnail sketches of the candidates:

**Jay Benanav** — For the past nine years he has owned his own company, the Workers Compensation Reinsurance Association. He was the deputy commissioner of the Minnesota Department of Labor and Industry from 1983 to 1987 and

also worked for the state Senate as an attorney.

"We have to work with business, labor, and community groups, and I think I'm the candidate who brings all those elements together," he said.

Benanav stresses the importance of making urban housing and housing maintenance more affordable.

"We need to maintain our housing stock, encourage residents to rehab their homes. You can use city funds to some extent, provide more low income loans and keep middle income families in the city. We can't be a city without a middle class; encourage them to stay by fixing up their homes."

He also would work to attract more light industry to St. Paul by cleaning up the so-called brown fields created by previous industry that has left the city.

"It's land that had been used by industry years ago

before we understood what the dumping of toxic materials did to the soil," Benanav said. "That land needs to be cleaned up. I would put resources into that, and I think businesses would like to get involved in that, too. Make incentives, whether taxes or whatever. There needs to be a partnership with government and business."



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## St. Anthony Park Community Council

## NEWS

## Council actions at a glance

At its January 15 meeting the Council:

- Voted to recommend approval of the parking variance for the St. Anthony Park Branch Library.
- Voted to recommend approval of the site plan for the St. Anthony Park Branch Library.
- Voted to request funding through the Civic Organizations Partnership Program (COPP) to fund the Teen Night programs at the recreation centers.
- Heard a presentation on the University of Minnesota legislative requests.
- Discussed the problem of noise pollution from trains, train whistles, and air and highway transportation. (The Council will be pursuing this concern. If you are interested in more information or in becoming involved, please call the Council office at 292-7884.)

Community Council elections —  
March 11 deadline for filing

Elections will be held on April 8.

The Community Council provides neighborhood perspective, citizen participation and opportunity for involvement in local and city issues. The Council makes recommendations on zoning changes, variances and other city actions that affect the neighborhood.

The Council sponsors annual events like the Neighborhood Garage Sale, Neighborhood Cleanup, National Night out Against Crime and other events like Town Meetings on an as needed basis. In the spring of 1997 the Council will sponsor a major tree planting effort at eight different locations throughout the Park.

Two delegates and two alternates are to be elected for North St. Anthony Park and three delegates and two alternates will be elected for South St. Anthony Park. Business delegates and alternates are appointed through the St. Anthony Park Business Association and the Midway Chamber of Commerce.

You can become involved by running for Council elections. Call the Council office at 292-7884 for information.

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Council-sponsored meetings are listed each month in the Bugle Community Calendar (see page 13).  
Everyone is welcome!

Office: 890 Cramwell, St. Paul, MN 55114

292-7884

Community Organizer: Abby Struck

Members: Bob Arndorfer, JoAnn Benesh, Sheri Booms, Ron Dufault, Ken Holdeman, Terry Gockman, Kajsa Larson, Nowell Leitzke, Alice Magnuson, Carole Mannheim, Jack McCain, Ann O'Loughlin, Jim Snaxell, Ellen Watters, Carol Weber and Arlene West.

This space paid for by the St. Anthony Park Community Council

## Foci Optiks vacates University Avenue shop

by Jennifer Thorson

Characterized by one business leader as the "first casualty of the pool hall," Foci Optiks closed its doors last month. The retail store on University Avenue and Raymond specialized in "seriously fun eyewear."

Over the last year, Foci Optiks' owner Kevin Cunningham stood tall as an outspoken opponent of the opening of a billiard hall next door to his store.

At an October forum sponsored by the Physical Planning Committee of the St. Anthony Park Community Council, Cunningham joined many business and property owners from the area in voicing their concerns, opinions and displeasure with the decision of landlord Tom Leonard to lease his space at 2418-2424 University to Binh Nguyen, prospective owner of the hall.

During the discussion, Cunningham said he was "having trouble accepting" that the billiard hall might actually come into being.

"I'm concerned about the direction of the neighborhood," he said, "and I'm looking at leaving."

As of December 1, leaving wasn't an option for Cunningham. He was told to vacate his space — a space also owned by Tom Leonard.

Cunningham said his lease had been up since July, and he had not renewed it because he was waiting to see what would happen with the prospective hall.

"I was totally against the whole thing," Cunningham said recently, "and I had already been figuring that Leonard would do that." Cunningham said Leonard

believed that he had been calling the City of St. Paul in an attempt to stall Nguyen's license application, and intimated that the prospective pool hall owner also wanted his space.

Cunningham bitterly remarked that he had expanded his shop by 500 square feet and made an estimated \$10,000 in improvements to the space in the last two-and-a-half years. Now, Cunningham is working out of his home in Golden Valley. He is

uncertain about Foci Optiks' future. But, he said, "I'm still looking for a place to make a living, and I hope that neighborhood can work that whole corner into retail."

Leonard did not return the Bugle's calls.

Currently 2418-2424 University plus Cunningham's former space remain empty. However, Nguyen's license application has been approved by the City of St. Paul. ■

## St. Anthony Park Nursery School . . . from page 1



learning. Gently, she tries to focus on the dispute. "What's the problem?" she asks persistently. An outraged 4-year-old in a blue-and-green sweatshirt sums up the situation. "You took my paint!" he accuses a small girl dressed in yellow. "I need to paint, too!" she responds with irrefutable 3-year-old logic.

A small knot of interested young onlookers has gathered, and Richter asks for suggestions. Eric, who has wandered over from the nearly completed runway site, has an idea. He points out that there's an extra chair at the paint table, "So they can both paint." The group

recognizes an ideal resolution when it hears one. There's a small moment of silence while Richter quickly and unobtrusively sets up an extra place for painting. The boy in the blue-and-green sweatshirt and the little girl take their places side by side and peaceably pick up their brushes.

Calm prevails once more, as the children of St. Anthony Park Nursery School get on with the important business of growing up. ■

Photos by Truman Olson

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## "Ask Us" answers health concerns

by Cheryl Rushenberg

Nearly everyone who lives in St. Anthony Park is aware of the Block Nurse Program. This innovative program of neighbors helping neighbors has received many awards and serves as a model for other communities nationally. When the Block Nurse Program began in 1982, it was a revolutionary medical model that brought health care back into the home with house calls made by a professional nurse who also resided in the same community.

Now after 15 years, the St. Anthony Park Block Nurse Program serves all people who need supportive services to live independently at home and has acquired an encyclopedia of knowledge and experience to help families and people who are dealing with issues of aging.

The headquarters is just inside the St. Anthony Park United Methodist Church office doors and is staffed by Lynn McClean, program director, and Judy Probst, resource coordinator. This summer they decided it was time to update and inform neighbors in a personal and community-minded way by setting up an information booth on the main street of the Park.

You may have seen the "Ask Us" signs and Probst outside Speedy Market and the Bibelot; you may have even stopped to chat or ask a question. Many people were surprised to learn Probst could



Block nurse Judy Probst sits in the bank's lobby eager to answer health-related concerns. Photo by Truman Olson

be of help even when the older person of their concern did not live in the area.

One woman is particularly happy that she ran an errand to Speedy Market because in her chance conversation with Probst she learned where she could get some special socks that her mother, who lived in a nursing home outside the metro area, needed. Most people resist making a telephone call, but sharing a concern about an elderly neighbor's care or a concern about one's own aging process is not difficult when you can talk face-to-face with a trained and empathetic listener like Probst.

McClean also underscored the difficulty of communication by phone. When you don't know all the helping options that are available and how their program customizes their support to the individual needs, it is hard to

make the initial contact. Perhaps you are just a little socially isolated and you wait for family or friends that don't drop by and when they do it's just a little too short. You could have a visit from a "friendly visitor" and have your day brightened regularly.

Now volunteers are able to give someone a ride to the bank or the library, which is often a need in the long season of winter when perhaps it is safer to take a ride than drive even if one still has one's driving privilege.

Another important area of service is that of giving

respite care, caregiver support, and even adult day care. Also, the tax season will soon be here and help with figuring taxes is available.

With the change of seasons the "Ask Us" campaign is still going on but has moved indoors to local bank lobbies. Judy Probst can be found at the First Bank of Midway on Wednesday, February 5, and ParkBank on Wednesday, February 19.

The compassion and concern of the community is exemplified in the Block Nurse Program by its dedicated long-term staff, and committed volunteers and a supportive St. Anthony Business Association, which is sponsoring the "Ask Us" information campaign. ■

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Rachel Larson, 644-5188  
all other areas



## EDITORIAL

## A fine design

Don't let anyone ever say that architecture doesn't matter. It does. Case in point: the St. Anthony Park Branch Library, which since 1917 has enlightened hearts and minds through good design. Now — 80 years after the library's doors and stacks first swung open — our outstanding bibliotheca is about to receive a top drawer renovation by architect Philip Broussard.

It features a larger adult reading room, new children's area, additional meeting, office and storage spaces, sunroom, and a better working environment for the dedicated staff. In this picture-perfect community, it's easy to adopt the "let's-not-alter-anything" sort of attitude. But change is the ultimate American creed, always inching forward and desperately grasping for the latest developments in art and science. Here in temperate St. Anthony Park, architect and community found a design that miraculously keeps the past and present in equal harmony. And the result is artful without pomposity, symmetrical without being forced, and elegant without fancy.

So, savor the drawing on the front page. The idea celebrates the library's Italian Renaissance flavor that architect Charles Hausler set forth eight decades ago. Broussard's design accentuates the building's historicism. In fact, the new dome honors an American treasure — Thomas Jefferson's Monticello of 1769. But the inspiration for Jefferson's petite mansion races back even further to Palladio's Rome.

Kudos to architect Philip Broussard and the St. Anthony Park Library Association for crafting a refreshing building that promises to enliven people's imaginations for decades ahead. It must make Andrew Carnegie proud. ■

## LETTERS

## Kids and seniors celebrate the holidays

In December we had a very busy month at Seal Hi-Rise. Along with our own Residents Council Meeting, we invited the St. Anthony Park Council into our Community Room for its annual open house and meeting. Several of our residents stayed after the open house to "eavesdrop" at the meeting and found it a well-run, timely meeting, with news of so much happening around our neighborhood.

We really appreciated not only all the wonderful goodies supplied by the Luther Seminary during the open house but the inclusion of our residents into the immediate

neighborhood.

Later, we again welcomed the Community Council's Abby Struck and Brian Hobanack back to our Community Room. Seniors and teens crafted ecologically-sound and economical items, which lessened the generation gap. Everyone gained a new understanding of each other plus gained a Christmas present — all decorated with ideas and supplies furnished by the Community Council.

At the end there were lots of thank yous, come agains, and Merry Christmases. It felt so nice to be a part of the community.

Su Olson, president  
Seal Hi-Rise Resident Council

## Memories from the Bugle archives:

22 YEARS AGO . . . Falcon Heights City Council rejects World AGROMart proposal for State Fairgrounds . . . McGill Mansion at 2203 Scudder wins a place on the National Register of Historic Places . . . Falcon Heights City Council opposes rent subsidies . . .

16 YEARS AGO . . . Murray Junior-Senior High School addition dedicated . . . Ann Wynia enters second term in the State House . . . H.B. Fuller plans to move from the Park . . .

11 YEARS AGO . . . ParkBank unveils new building design for Como and Carter . . . Fencers Missy and Matt Cutler plus Jenni Prifrel play in the Junior Olympics . . . Langford Park expansion underway . . . Elaine and Eugene Johnson inspect their future home at the new 1666 Coffman residence . . . St. Paul Academy student and Park resident Kira Gregerson wins state tennis championship . . .

6 YEARS AGO . . . Flower shop opens in Milton Square . . . St. Anthony Park resident David Taylor finds Winter Carnival medallion . . . Luther Seminary opts to raze historic Aasgaard Hall . . . St. Anthony Park Scouts celebrate diamond jubilee . . .

2 YEARS AGO . . . St. Paul City Council Member Bobbi Megard announces reelection bid . . . Holy Childhood Catholic Church rebuilds organ . . . St. Anthony Police begin serving Falcon Heights.

## Next issue February 27

## Deadlines:

Display ads.....February 13

News & classifieds.....February 14

# PARK BUGLE

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With the contributions from those listed below, our fund drive has collected \$13,331. Thanks to these recent contributors and all the past contributors who have helped us approach this year's goal of \$15,000.

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## COMMENTARY



## 6'9" and stopped growing

by Michelle Christianson

When my husband and I were first married, we took a trip to Bangkok. (This isn't as farfetched as it sounds, as we were teaching on Guam at the time, but that's another story.) After a day of sightseeing, we decided to take a walk in the back streets and see how the local people lived their lives away from the influence of tourists. We couldn't foresee the effect that our combined height (David at 6'4" and I at 5'8") would have on those of much shorter stature. As we turned to look back, we could see them throw their hands up with a look of horror and back away from what they must have perceived as giants.

I have seen some of those same expressions of astonishment (admittedly without the horror) as I walk with my son at Rosedale. You see, Bryan is tall. Really tall. Actually, he's 6'9". (Now I've answered the first universal question.) There are few other physical characteristics that occasion such frankly intense curiosity in our politically correct society as extreme height.

Bryan was an average size baby at birth, but he quickly went over the top of the growth charts. It didn't help that he was a really active child. (Let's face it; to say he was a handful puts it mildly.) Strangers look disapprovingly at 4-year-olds who act like 2-year-olds. What they couldn't know was that he really was 2 years old! Expectations even in those who knew were higher for Bryan because he was bigger. I suspect that even now people expect more maturity, intelligence and insight from Bryan than from other 20-year-olds.

And let's not forget the infamous "b" word:

basketball. Bryan played park league, junior high, senior high and some college ball, but he's done with it now except on an informal basis.

(There's the answer to the second universal question.) He really enjoys individual sports like swimming or downhill skiing more than he does basketball, but there again, the expectation that he would play was unavoidable.

"Man, if I was as tall as you, I could dunk the ball!" "Bryan's so tall, he must be a really good basketball player." Remarks like these put a lot of pressure on an adolescent. It may come as a surprise to some, but height doesn't automatically translate into skill or even desire to play. I watched Bryan sit on the bench through most of his high school years because even the coach expected innate ability and didn't take the time to really develop him as a player.

But let's get one thing straight. Basketball is only a game and there are many other parts of Bryan's life that are much more interesting to talk about. He's interested in and knowledgeable about history and music, is a good artist and photographer, and reads widely on a variety of subjects. He's extremely sociable and has a large circle of friends. He likes to cook and just recently began sewing some of his own clothes.

When he was growing up, Bryan hated standing head and shoulders above everyone else.

When he was 14 he told me, "I just want to be about 6'1". This was when he was already 6'5". Too late! He inquired about hormones to stop growth and even talked about surgery to remove some of the bone from his legs. But now that he's older (and has definitely stopped growing—that answers the next universal question), he has become more philosophical about what can't be changed. He good-naturedly answers the questions about height and basketball that he gets from everyone he comes in contact with (including store clerks and kids who stop him on the streets). Last Halloween he even sewed himself a Chewbacka (the Star Wars character who towers above everyone else) costume for parties.

So if you happen to meet my son (and you really can't miss him if you see him), remember the answers to the universal questions: 6'9", played basketball, stopped growing. Then you can talk about something else. Please! ■

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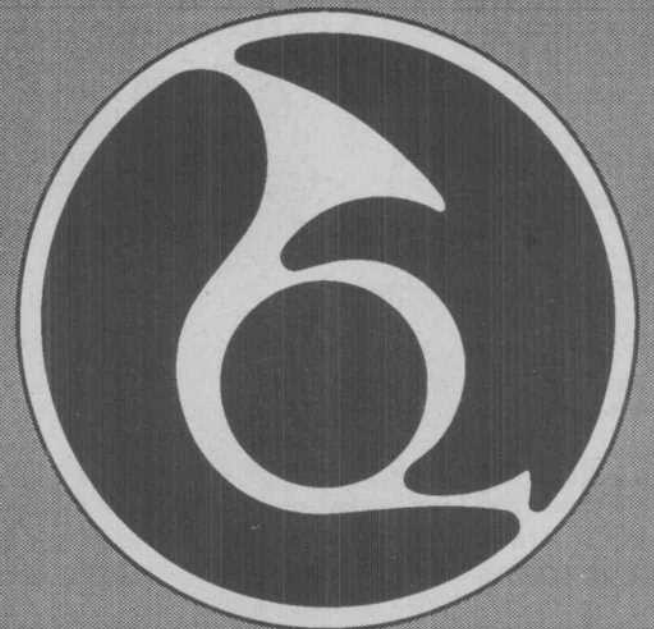
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## YOUTH NEWS

### Bandy — A great ice sport for kids

by Pete Keith

What game combines the fast skating of hockey, the constant motion of soccer, and the club swinging of golf into a high speed, high energy, action-packed sport? It's the "new" game called bandy, and a group of local St. Anthony Park kids are in the middle of all the action.

Bandy is most like hockey, except that the players use a small ball, and the sticks have a curved blade, like those used in field hockey. The standard rink is about twice as long and twice as wide as a hockey rink, but unlike hockey, there is no body checking. The end result is a game that "encourages more speed and finesse, rather than physical size or physical contact," said Tom Farnsworth.

Tom and Judi Farnsworth have three sons who are active in bandy, Jonathon, age 14, Peter, age 10, and Philip, age 8. The kids play in a youth program at the John Rose Oval in Roseville. Philip best likes "skating hard and then scoring." And Peter, who also plays hockey, said that "at first bandy was more difficult because the stick is harder to use."

Owen Seltz, age 11, is another St. Anthony Park local who loves bandy. What Owen really appreciates about the sport is "playing on a team, and skating, and skating, and skating . . ." Owen's mom, Catherine Furry, is also a champion and local organizer of bandy.

Bandy, while relatively new to the United States, is actually quite old, and predates the more

familiar and popular sport of hockey. Bandy is very popular in Scandinavia and the former Soviet countries. In the U.S., it's really only being played in Minnesota, and only for the last several years.

One of bandy's early organizers in the U.S. is Magnus Skold, vice president of the American Bandy Association, and also the general manager of the U.S. Men's National Team. Magnus is originally from Sweden, where bandy was "one of the sports you grew up with, just like soccer or hockey."

The first Minnesotans to take up bandy were mostly adult men in their 30's and 40's, former hockey players, still interested in skating fast and hard, but less interested in the physical contact of standard hockey. Now, men and women are playing. And bandy has expanded into youth leagues, for both boys and girls.

One of the catalysts for bandy's recent surge in popularity is the Rose Oval. Bandy requires a very large rink, and one with consistent ice through the winter season. According to Magnus, the Oval can maintain high quality ice from November through March,



Players Peter Farnsworth, Owen Seltz and Philip Farnsworth with coaches Paul Meehl and John Hedenstrom Photo by Pete Keith

even when the outdoor temperature reaches 50 degrees. The Oval was the site of the 1995 Bandy World Championships, which Magnus helped organize. This event stimulated a tremendous interest in bandy, particularly amongst the youth.

The Youth Bandy program in Roseville has different age and experience groups. The younger group starts at age 5, and they play on a smaller rink. The older kids range in ages up through high school and play on the full sized rink, with the full sized goal, and eleven on each team.

According to Kendra Verbeten, the Director of Minnesota Youth Bandy, the

Bandy to page 16

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## Council seat . . . from page 1

**Triesta Brown** — In 1995 Brown ran for the DFL endorsement against Megard, then a strong incumbent, and got 28 percent of the vote on the first ballot. She considered that strong enough support to try again.

Brown is a self-described "DFL activist" and has served on the Capital Improvement Budget Committee since 1992. She wants to expand the budget process to include a citizen committee "that looks at the entire budget."

Currently, the citizen committee "only looks at the capital portion, not the staffing issues," she said. For example, the mayor and city council might OK a project, with enough money budgeted for the capital side, "but there isn't enough money on the operations side, so it's scrapped."

She supports redeveloping neighborhoods and while she agrees there should be some downtown development, she questions to what extent, given the needs of the neighborhoods.

"We have several neighborhood business nodes; we need to make sure that there are more resources that are devoted to those needs."

She wants to see more than just the one person from Ward 4 on the 18-member Planning Commission.

"We have effectively lost most of our voice on issues that affect zoning and land use. So, what happens is that neighborhoods end up appealing commission decisions because it makes decisions on an area they know very little about."

One project on which Brown is very gung-ho would be the launch of a comprehensive effort to educate immigrants who have not yet mastered English, so that they could speak basic English to a 911 emergency operator.

It would save lives, time, and money, she said.

**John Van Hecke** — Megard's campaign manager in 1995, he recently resigned his post as president of the Snelling-Hamline Community Council in order to run for Megard's seat.

"I approach this race as a neighborhood activist," he said.

"In the most immediate sense," he added, "there is a proposal to expand Ayd Mill Road to connect I-94 and I-35E. Because I live about 500 to 600 feet from Ayd Mill Road, I've gotten involved with the neighborhood advisory task force."

In the process of fighting the expansion, he said he "became aware of the power the government has over neighborhoods, and it's important to me that people from the neighborhood have a seat at the table."

A former board member of University Neighbors Investing Together for Economic Development (University United), he supports redevelopment. Van Hecke cites the 40 Acre Study as a good example of how business and community interests can cooperate.

"It sort of assesses most of the zoning along University Avenue," said Van Hecke.

"There is the opportunity for some wholesale zoning changes and from a planning and zoning standpoint, how far can the businesses extend into the neighborhood?"

"It's important to me that we negotiate these things because we see phenomenal redevelopment. The Midway shopping center is a really good example of how these things work." ■

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## Remodeling Concepts



by  
Peter  
Hagen, CR

## Small Talk

The National Kitchen and Bath Association defines a "small" kitchen as one covering less than 150 square feet. This category, of course, includes the popularly sized 12-by-12-foot kitchen. Definitions aside, small kitchens can be made to look and feel larger by utilizing any number of space-saving strategies. The first of these involves considering the manner in which people enter and leave the kitchen. If a door can be relocated or removed to improve a kitchen's overall layout, the task should be undertaken. It may also make sense to combine a cooktop and oven in a single space-saving unit. Lastly, design cabinets with adjustable shelves, rollouts, dividers, and other interior fittings. The more flexible the storage capacity, the larger a kitchen effectively becomes.

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## C E N T E

Martial arts training should be made available to all

people," asserted Shu Lee, founder and chief instructor of the School of Classical

Japanese Martial Arts. The school is part of a martial arts system called Kaze Arashi Ryu (pronounced *Ka-zay Ay-rash-ee Roo*), which describes itself as a Samurai combat system.



roots of Kaze Arashi Ryu date back to the feudal past (arising from 1846) and lived from 1846 to the modern world by priests of a sect on Mount Hagi, learning the Samurai system preserved.

Upon coming to the United States, Lee brought Kaze Arashi Ryu to the United States, where he believed that the style's future lay with Samuel, a former Navy man; also and contributors to the art. Today, Nishiyama — heads the organization.

"You should think of Kaze Arashi Ryu as a martial art. It's where you study a number of things. So, Kaze Arashi Ryu includes Jutsu, a defense art that uses throws, controls; Atemi Jutsu, the art of striking by using and defending against weapons and Jo Jutsu, which are

Lee holds several classes each week. Jutsu and atemi jutsu are the heart of the discipline. The art was developed by the Samurai during the feudal past.

## Univer

Lee, a Twin Cities native, holds a fourth-degree black belt in Kaze Arashi Ryu. He is the only certified instructor in this style in Minnesota. He recently returned to the state after having lived in other parts of the country for 17 years. Lee's parents, originally from China, came to the United States in the late 1940s. At that time, Lee's father was a graduate student at Columbia University, majoring in chemistry and physics. His father was hired by 3M, and the family eventually relocated to Minnesota.

Early in 1996, Lee, who works in marketing research, wanted to open his own martial arts school. He decided to locate

the school at 2500 University Avenue West because of its affordability and its location. "It's very much the philosophy of our style to attract all kinds of people from all walks of life," said Lee. "That's why I chose this city location, as opposed to a suburban one."

Unlike karate, judo, aikido, and kickboxing, the Kaze Arashi Ryu system has the dubious distinction of being one of the lesser-known martial arts. Indeed, there are only a few schools in the world. This lack of notoriety is somewhat intentional. Lee said, "The system is very classical in its approach. It's not about 'flash.' It doesn't promote tournament competition and other things that could give it more exposure." However, Lee maintained, "This is a very practical, useful style." He continued, "It's a combat art. The motions are circular and soft and derive their effectiveness from yin-yang, not strength nor quickness."

As a child, Lee studied judo. Later, he trained in aikido. Then, in 1987, while a graduate student at Carnegie-Mellon in Pittsburgh, he met and studied with Nels Hennum, a Kaze Arashi Ryu instructor. Lee trained with Hennum for nearly 10 years.

Although essentially a Japanese system, practitioners of Kaze Arashi Ryu trace its history to the mountain warrior priests of Tibet. From there, it went to China, then to Japan. While the



restricted by the authorities. Aiki Jutsu is practiced on mats. Students use strikes, joint locks, and taisabaki (body positioning/shifting).

During class Lee moves from good. Nice job!" he said to a beginner. "You need to stand a little closer to the opponent," he told another student. "You need to use your leverage," he told another student. "You need to use your leverage," he told another student. "You need to use your leverage," he told another student.

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# PIECE

Ryu stretch far beyond Japan's (100 AD), Shiro Nishiyama, who 932, is credited with formulating of this system. Shiro was educated at Shugendo at the Dewa Shrine in Japan. Part of his education was in martial arts that the sect had

g his studies, Shiro traveled as personal martial arts government officials. Shiro passed his son, Akihiro Nishiyama. Akihiro, West for the first time in the 1970s, side of Japan. A Westerner, Lee came one of the chief practitioners Shiro's daughter — Akemi

Ryu like a university," said Lee. disciplines, not just a single style." following disciplines: Aiki Ju sweeps and joint locking vital points and pressure points; Ken Jutsu, which are bladed; and self-defense classes. ek in each discipline. "Aiki Ju the curriculum," said Lee. These techniques. And they were e where weapon use was

Jutsu, blade weapons. "Our system," remarked Lee, "has preserved many of the ancient battlefield techniques. Training today is as it was in the past. But, in our modern times, it has become the art of improving mind, body, and weapon coordination through combat training."

Many people, women in particular, enter martial arts through personal safety courses. In response to that need, Lee offers a weekly self-defense class. "It's more beginner oriented," said Lee. "It has fewer techniques. It emphasizes empty-hand defenses against body grabs and weapon attacks."

**A** beginning martial arts student often wants to know how long will it take before getting a black belt. Lee maintained, "If someone trains regularly, say up to three times a week, and progress two ranks a year, they could possibly attain black belt in three to four years."

First, new students must master movements, balance, and proper falling and rolling techniques. Since many techniques involve controlling an opponent through joint manipulation, students spend time on strengthening and stretching. Students progress by taking tests. "Tests put a student in a stressful situation," admitted Lee. "But, they show how she or he will react. And the goal is to see what the student knows, to see how he or she responds."

Most martial arts schools have colored belts indicating kyu — ranks before black belt. Although Kaze Arashi Ryu has eight kyu levels, it only has three belt colors: white, brown, and black. This is much more in keeping with traditional Japanese martial arts. There are also several black belt levels: Oku Iri ("entrance to secrets") equivalent to a first to second degree black belt, Moku Roku ("catalogue") equivalent to a third-

## University Avenue Samurai by Natalie Zett

su and Atemi Jutsu are practiced s, and throws and practice th partners.

ent to student coaching. "That's student. He also assists. "You ent and use your hips to get wears the traditional garb of a pants, belt, and hakama. A er the pants. The hakama, demonstrates how to redirect a e left of the attacker, and lms to deflect the attacker's ing arm. The combination sends tacker spinning off in another ion with the defender, Lee, safely f the way. All this seems effortless e's part.

"It may look like a dance," said But he cautioned, "It's anything at. It's not a simply matter of ng a series of moves. Although e some step-by-step procedures to beginners, the ultimate aim is to students respond to each unique ion. It's the difference between art aint-by-numbers."

Weapons classes are also a part ze Arashi Ryu. Students learn to with the Jo Jutsu, various length en staffs and spears, and Ken

to fourth-degree black belt, and Menkyo ("license") equivalent to a fifth- to seventh-degree black belt. There is also a Menkyo Kaiden ("everything passed") equivalent to an eighth-degree black belt.

Lee enjoys visiting other martial arts schools in the community. "I try to forge relationships with them based on mutual respect," he said. "After all, as martial artists everywhere, we should recognize that we are part of a larger community beyond the confines of the four walls of our individual dojos."

Lee encourages all who are interested to not just observe a class: "Step on the mat and give it a try! Just watching is okay, but there is a world of difference if you can actually feel the techniques." Students should wear loose fitting clothing like sweat pants and t-shirts. If they decide to continue training, they will need to buy a uniform similar to the one worn by the instructor, except that the jacket will be white, not black.

"As an instructor," Lee mused, "I find my biggest, most rewarding challenge is working with so many different types of students. I believe that while not everyone may want to get a black belt, there's something in the art for everyone. I want to pass on to people what the art has given to me: self-confidence from knowing that you can defend yourself if you have to."

The School of Classical Japanese Martial Arts — Kaze Arashi no Seishin Kobujutsu Kai — is located at 2500 University Avenue West, Suite C4, above Pathfinder Bookstore. Classes are held at various times on Monday, Wednesday, and Thursday as well on the first and third Saturdays. For more information, contact Shu Lee at 827-3915 or send e-mail to slee01@nielsen.com. ■

*Photos by Andrea Rugg*

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## NEIGHBORHOODS

### LAUDERDALE

#### Town meeting on February 4

Mark your calendars for Tuesday, February 4 at 7:30 p.m., when city officials host the second town meeting about the Capital Improvement Plan. At this meeting, a draft of the plan — including costs of the proposed projects and funding sources — will be presented.

### COMO PARK

#### Free tax assistance

Free tax assistance for seniors and low income people is available from February 4 to April 15 every Tuesday and Thursday from 9 a.m. to 2 p.m. at the Lyngblomsten Community Senior Center, 1415 Almond Avenue. Call 647-4664 to set an appointment.

### Hollywood ball

The Midway Chamber of Commerce is hosting a spectacular ball complete with a search light, a Hollywood photographer, movie props, stars plus music, dancing, dinner and auctions on Saturday, March 1 at Bandana Square. Tickets cost \$75 for two people or \$37.50 for one. Call 646-2636 for reservations.

### FALCON HEIGHTS

#### County elections: Feb. 4 and 25

Voters in Ramsey County District 3 — including Falcon Heights and Como Park — mark their ballots for county commissioner on Primary Day, February 4, and next on Election Day, February 25.

Primary candidates include

Janice Rettman, Patricia Lindgren, Ed Warn and Charles Barklind. The top two vote getters proceed to the general election. And the winner succeeds John Finley, who was elected district court judge last November.

### ST. ANTHONY PARK

#### Midway Transit Advocates disband

The Midway Transit Advocates (MTA) is disbanding after more than four years of working to improve public transportation in the Twin Cities. This group of residents, business people and public servants took a unique approach by working with the Metropolitan Council Transit Operations (MCTO) to boost both bus ridership and service.

The activist group played a major role in convincing the MCTO to establish the 95E, the first new inner-city route in 40 years. They also won changes in service to northwestern St. Paul, lobbied successfully for extra bus shelters, and wrote and distributed a neighborhood-oriented brochure about bus service.

Still, MTA membership dwindled. And declining funds for public transit blocked many of the group's earnest suggestions.

#### Root speaks on ecumenism

Dr. Michael Root — director of the Institute for Ecumenical Research in Strasbourg, France — offers his views on the Lutheran church's participation in the

*Skating, sliding, medallion searches and hayrides top the list of winter-friendly activities at Lauderdale's annual Snow Commotion Day on Saturday, February 8 from 2 to 5 p.m. at city park, corner of Roselawn and Fulham streets.*

*Photo from the Bugle archives*



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State Representative Alice Hausman of St. Anthony Park, holding her granddaughter, Rachel, celebrates her recent awards from the Minnesota League of Conservation Voters and the Minnesota Women's Press. Photo by Truman Olson

growing ecumenism movement through two lectures at Luther Seminary on Tuesday, February 25 at 10 a.m. and 4 p.m. He also leads a response session on Wednesday, February 26, at 10:45 a.m. All presentations meet in the chapel at Hendon and Fulham streets.

#### Langford Park/South St. Anthony registrations

Sign up for girls volleyball — ages 11 to 14 — continues through February 7 at Langford Park. Also St. Anthony Park youngsters — ages 7 to 16 — can register for NSSA soccer on Saturday, February 8 from 10 a.m. to noon at Langford Park. Call 298-5765 for information.

#### Junior royalty winners

Per Hanson and Katie Comstock plus Anna Burk won the titles of Prince Anthony and Princess Antonia at the 38th annual Langford Park Winter Sports Days last month. The winners are 7th grade students at Murray Junior High.

#### Community Council hopes to boost voter participation

Inspired by low voter turnout in last year's St. Anthony Park Community Council elections, the full council entertained some, er, unorthodox

suggestions for polling places in an effort to get out the vote.

Community organizer Abby Struck said 97 North St. Anthony Park residents voted last April.

This April, residents could be voting at Seal High Rise, St. Anthony Park Elementary School, Murray Junior High or area businesses. One council member even suggested printing ballots in the Bugle.

"Is it the location or lack of interest?" North St. Anthony Park council representative Carol Weber asked. "What we need is a controversy," she continued, only half-jokingly. More seriously, she raised the question, "How can we stimulate people to be interested in taking the time to vote?"

Business representative Ellen Watters recognized that current voting sites — the library in the north and the Cromwell Recreation Center in the south end of the neighborhood require a "special trip" of voters — and moving the polling places may help boost participation.

The nominating committee of the council is creating an election strategy aimed at getting out the St. Anthony Park vote. Watch for your polling place before the April elections.

— Jennifer Thorson

## LUTHER SEMINARY

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#### Feb. 25-26 Hein/Fry Lectures

"Ecumenical Decisions '97: Implications for Teaching Witness and Outreach." The lecturer is Michael Root, director and research professor at the Institute for Ecumenical Research in Strasbourg, France. Free and open to the public. *Chapel of the Incarnation*

#### March 25 Word & World Lecture

Paul Martinson, Professor of Christian Mission and World Religions. 10:00 a.m., *Chapel of the Incarnation*

#### April 5 Lutheran Mission Conference

A one-day event exploring opportunities and blessings Christians face today in light of changes and challenges in the global village. Guest speaker: Robert Holst, president of Concordia College, St. Paul. Twenty workshops available for participants. Cost: \$22 per person, including lunch; or \$18 per person if three or more register from same congregation. *Olson Campus Center*. For more information, phone (612) 641-3487, or e-mail gmi@luthersem.edu

For information: Office of Public Relations (612) 641-3520. Luther Seminary "Welcome Line" (612) 641-3533. Visit the website: [www.luthersem.edu](http://www.luthersem.edu). To arrange for group tours, call (612) 641-3399. Bookstore hours: Mon.-Fri., 10:30-5:00; Sat., 11:00-2:00.

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## MUSIC

**Music in the Park Series** presents acclaimed violinist **Janet Packer** with pianist **Orin Grossman** in recital on Sunday, February 9, 4 p.m., at St. Anthony Park United Church of Christ.

The concert spotlights well-known masterpieces of Bach and Ravel plus a tour de force arrangement of *Memories of Der Rosenkavalier* by Mary Mageau,

a Minnesota native.

Single tickets cost \$11 (advance) or \$13 (door). \$6 student rush tickets are available. Advance tickets are sold through The Bibelot Shop and Micawber's Bookstore. For information call 646-5266.

Mark the calendar for Friday, February 21, when **The Maroons** take center stage at the **Music in the Park Series'** seventh annual family concert. Playing the music of Jamaica and Trinidad,

musicians Mick LaBriola, Brian Alexis and Marcus are set to perform at the St. Anthony Park Library at 6:15 and 7:30 p.m. This series is made possible through major grants from Target and the Lillian Wright and C. Emil Berglund Foundation.

St. Anthony Park resident **Georgette Lobbe-Pfannkuch** narrates the **Lyra Concert's** performance on Saturday, February 1, 8 p.m., at Luther Seminary's chapel. The ensemble features the music of Couperin, Fux and Vivaldi. Tickets cost \$15 and \$13 (seniors and MPR members).

## EXHIBITS

The Goldstein Gallery opens "Who'd A Thought It: Improvisation in African American Quiltmaking" — a highly acclaimed traveling exhibit celebrating quilt artistry — on Sunday, February 2. Find the museum in McNeal Hall on the St. Paul Campus. Call 624-7434 for information.

## CLASSES

Peg Houck is offering **watercoloring classes** for young people — grades 4 to 8 — on Saturday, February 8 and 15 from 10 a.m. to noon at St. Matthew's Episcopal Church. The classes cost \$24. Call 645-4453 to register.

## TALKS

Artist **Vera Wong** considers "With Open Eyes: Drawing Life from Nature" at the **Como Park Conservatory** on Thursday, January 30. Lecture cost \$10. For information call 487-8272.

Novelist and delta griot **Arthur Flowers** performs at the St. Paul Student Center on February 28, 7:30 p.m., in celebration of African American History Month. Call 624-3743 for information. ■

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# COMMUNITY CALENDAR

## 1 SATURDAY

■ Teen Night, South St. Anthony Park Rec. Center, 7-10 p.m.

## 2 SUNDAY

■ "Who'd A Thought It: Improvisation in African-American Quiltmaking" opens at the Goldstein Gallery, McNeal Hall, St. Paul Campus, 1:30 - 4:30 p.m.

## 3 MONDAY

■ AA, St. Anthony Park Lutheran Church, 8 p.m. Call 770-2646. Every Monday.

■ Boys Scouts, St. Anthony Park United Church of Christ, 7 p.m. Call 644-4175. Every Monday.

## 4 TUESDAY

■ Primary Day, Ramsey County Commissioner District 3 — Como Park and Falcon Heights. Polling locations call 266-2171.

■ Town Meeting, Capital Improvement Plan, Lauderdale City Hall, 1891 Walnut Street, 7:30 p.m.

■ Toastmasters, Hewlett Packard, 2025 W. Larpenteur, 7:30 a.m. Call 649-4265. Every Tuesday.

## 5 WEDNESDAY

■ St. Anthony Park recycling day.

■ Leisure Center, St. Anthony Park United Methodist Church, 9 a.m.-1 p.m. Every Wednesday.

## 6 THURSDAY

■ Parent-child play group, South St. Anthony Rec Center, 890 Cromwell Avenue, 10 a.m.-noon. Every Thursday.

■ Physical Planning Committee, St. Anthony Park Community Council, 890 Cromwell, 7 p.m.

## 7 FRIDAY

■ Falcon Heights and Lauderdale recycling day.

■ Youth Activity Night — grades 7 to 12 — St. Anthony Park United Methodist Church, 7-11 p.m. Every Friday.

■ *The First Wives Club*, St. Paul Student Center's Roxy Film Series, 7 and 9:30 p.m.

## 8 SATURDAY

■ *The First Wives Club*, St. Paul Student Center's Roxy Film Series, 1 p.m.

■ Snow Commotion, Lauderdale's city park at Roselawn and Fulham, 2 to 5 p.m.

■ Teen Night, Langford Park Rec Center, 7-10 p.m.

## 9 SUNDAY

■ Violinist Janet Packer and pianist Orin Grossman, Music in the Park Series, St. Anthony Park United Church of Christ, 4 p.m.

## 10 MONDAY

■ Como Park recycling day

■ Park Press, Inc. — Park Bugle — board meeting, ParkBank, 7 a.m.

## 11 TUESDAY

■ Lauderdale City Council, City Hall, 1891 Walnut Street, 7:30 p.m.

## 12 WEDNESDAY

■ Ash Wednesday.

■ Falcon Heights City Council, City Hall, 2077 W. Larpenteur, 7 p.m.

■ St. Anthony Park Community Council, 890 Cromwell, 7 p.m.

## 13 THURSDAY

■ Jazz by Kantar, Mitchell and Friends, Evenings Under Glass at Como Park Conservatory, 7 p.m.

## 14 FRIDAY

■ Valentine's Day.

■ *The Truth About Cats and Dogs*, St. Paul Student Center's Roxy Film Series, 7 and 9:30 p.m.

## 15 SATURDAY

■ *The Truth About Cats and Dogs*, St. Paul Student Center's Roxy Film Series, 1 p.m.

■ Teen Night, South St. Anthony Park Rec. Center, 7-10 p.m.

## 17 MONDAY

■ President's Day.

■ No School, St. Paul district.

## 18 TUESDAY

■ Lauderdale Planning Commission, City Hall, 1891 Walnut Street, 7:30 p.m.

## 19 WEDNESDAY

■ St. Anthony Park recycling day.

■ Langford Booster Club, Langford Park Rec Center, 7:30 p.m.

## 20 THURSDAY

■ Easygoing jazz by Gordy Johnson Trio, Evenings Under Glass at Como Park Conservatory, 7 p.m.

## 21 FRIDAY

■ Falcon Heights and Lauderdale recycling day.

■ The Maroons, a Music in the Park Series' family concert, St. Anthony Park Library, 6:15 and 7:30 p.m.

■ *Raiders of the Lost Ark*, St. Paul Student Center's Roxy Film Series, 7 and 9:30 p.m.

## 22 SATURDAY

■ Lauderdale "500" Club, City Hall, 1891 Walnut Street, 1 p.m.

■ *Raiders of the Lost Ark*, St. Paul Student Center's Roxy Film Series, 7 and 9:30 p.m.

■ Teen Night, Langford Park Rec Center, 7-10 p.m.

■ Progressive Dinner, St. Anthony Park Association, 5:30 - 9:45 p.m. Call 645-9053.

■ Full Moon.

## 24 MONDAY

■ Como Park recycling day.

■ FareSHARE distribution and registration at Holy Childhood Catholic Church, 1435 Midway Pkwy., 9:30-11 a.m. Call 644-7495; or St. Anthony Park Lutheran Church, 2323 Como Avenue., 8:30-10:30 a.m. Call 645-0371.

■ Falconeers Senior Club, Falcon Heights City, 2077 W. Larpenteur, 1-3:30 p.m.

## 25 TUESDAY

■ Election Day, Ramsey County Commissioner District 3 — Como Park and Falcon Heights. Polling locations call 266-2171.

■ Lauderdale City Council, City Hall, 1891 Walnut Street, 7:30 p.m.

## 26 WEDNESDAY

■ Housing and Human Services Committee, St. Anthony Park Community Council, 890 Cromwell, 5:30 p.m.

■ Environment Committee, St. Anthony Park Community Council, 890 Cromwell, 7 p.m.

■ Falcon Heights City Council, City Hall, 2077 W. Larpenteur, 7 p.m.

## 27 THURSDAY

■ District 10 Como Community Council, 7 p.m., call 644-3889 for location.

■ Master organist Cap'n Jack McDuff, Evenings Under Glass at Como Park Conservatory, 7 p.m.

## 28 FRIDAY

■ Arthur Flowers celebrates cultural diversity and African-American history, St. Paul Student Center, Northstar Ballroom, 7:30 p.m.

■ *Indiana Jones and the Temple of Doom*, St. Paul Student Center's Roxy Film Series, 7 and 9:30 p.m.

*Items for the March Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, February 14.*

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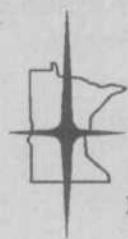
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**O B I T U A R I E S****Clarence Arlander**

Dr. Clarence E. Arlander — age 91 — died on January 12. He lived at 1666 Coffman.

Arlander graduated from the University of Minnesota Medical School in 1929. He served as a medical officer in World War II. A member of Elim Baptist Church, he also belonged to Arcana Lodge #187, the Zurah Temple of the Shrine, the Northeast Lions Club and the Hennepin County Medical Society.

Preceded in death by his wife, Ruth, son, Philip, and parents, Ragnar and Emily, he is survived by sons, Thomas and David; grandchildren, Scott and Jodi Michel; great-grandson, Christopher Michel; and sister, Florence Peel.

**Charlotte Dienhart**

Charlotte M. Dienhart died on January 15. She was 73 years old and made 1666 Coffman home.

Born in Sioux Falls, Dienhart moved to Minneapolis as a youngster. She received a BS degree from the College of St. Catherine, MS from the University of Iowa, and PhD from Michigan State University.

After 26 years of teaching at Emory University School of Medicine, she retired and moved to St. Paul. She was active at the College of St. Catherine and at Corpus Christi Catholic Church.

Preceded in death by her parents, Arthur and Mae, and brother, Arthur, she is survived by her nephews, Paul and Mark; four grandnieces; and a grandnephew.

**Robert Forster**

Lauderdale resident Robert W. Forster died on January 12 at the age of 73. Forster was a 30-year employee of American Can Company and a member of Peace Lutheran Church.

He is survived by his wife of 52 years, Dorothy; daughters, Dolores Fankhauser and Judy Wallraff; son, Steve; eight grandchildren; and 12 great-grandchildren.

**Roberta Frank**

St. Anthony Park resident Roberta Frank died on January 14. A member of the St. Anthony Park United Church of Christ, Frank is survived by her husband, Steve Grotenhuis; and children, John and Lisa Grotenhuis.

**Leslie Larson**

Falcon Heights resident Leslie W. Larson died on December 24. He was 90 years old. A member of the Midway Lodge #185 and the Scottish Rite, Larson attended North Como Presbyterian Church.

He is survived by his wife, Margaret; daughters, Betty Thomas and Beverly Torseth; six grandchildren; 12 great-grandchildren; two sisters; and a brother.

**Clarice Mattson**

Clarice C. Mattson, age 84, died on December 28. She once called South St. Anthony Park home and recently lived in Minneapolis.

Born in Wright County, she raised her children in St. Anthony Park. When her daughter, Karen, started racing on playground ponds for speedskating medals, Mattson persuaded neighboring parents to form the Midway Speed Skating Club.

She earned a master's degree in social work from University of Minnesota in 1961. Then, she became a Ramsey County supervisor, working with welfare recipients and as a family counselor. In the 1960s Mattson began cross-country, downhill and water-skiing. She was a member of Plymouth Congregational Church.

Mattson is survived by daughters, Norma Williams,

Karen Gastineau, and Sonia Cairns; son, Russ; 14 grandchildren; 13 great-grandchildren; and a sister, Florence Hassien.

**Genevieve Nelson**

Genevieve M. Nelson, longtime principal at St. Anthony Park Elementary School, died on January 12 at the age of 75. She was the principal at St. Anthony Park from 1965 to 1977, after teaching at Lafayette and Homecroft schools and being a television teacher at KTCA. Later, she served as principal at Prosperity Heights and at Frost Lake School before becoming a consultant to the St. Paul schools.

The winner of numerous education awards and co-chair of the St. Paul Retired Teachers Association, Nelson also enjoyed photography and rose gardening.

Nelson is survived by her husband, Lennart; sisters, LaVerne Stroman, and Audrey Swenson; brothers, Dennis Swenson, James Swenson, and Leland Swenson.

**Lorraine Sporley**

Lorraine G. Sporley died in December at the age of 95. Before moving to the Episcopal Church Home, she lived on Grantham Street in St. Anthony Park.

Sporley graduated from Miss Wood's Kindergarten School and taught until her marriage in 1929. Preceded in death by her husband, Charles, she is survived by daughter, Gail Dennis of St. Anthony Park and grandson, Michael Dennis.

**Ruth Stowe**

Falcon Heights resident Ruth R. Stowe died on December 25 at 73 years of age. Stowe was preceded in death by her husband, Dr. Clarence "Larry" Stowe. She is survived by three daughters, Carol Hammer, Dr. Elaine Ingham, and Janice Stowe-Musjerd; six grandchildren, sister, Gloria Angelo; and brother, Richard Sweet.

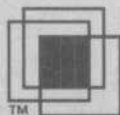
**W. Dixon Ward**

W. Dixon Ward, age 72, died on December 19. He was a professor emeritus at the University of Minnesota and lived at 1666 Coffman in Falcon Heights.

Compiled by Ann Bulger

**IGNORANCE IS NOT BLISS**

Information and Resources for Seniors

**642-9052****SAP Block Nurse****professional painters  
paper hangers**

- Interior & Exterior Painting • Staining & Varnishing
- Patching & Sheetrock Repair • Taping & Ceiling Spray Texturing
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Experienced in water damage repair interior and exterior

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**larson decorating***Bugle ads work*



## CLASSIFIEDS

## Classified deadline:

February 14, 6 p.m.

Next issue: February 27

- Type your ad. Our style is to put the first few words in capital letters.
- Count the words. A word is numbers or letters with a space on each side. A phone number is one word.
- Figure your cost: 40¢ x number of words (\$4.00 minimum).
- Send your ad & check to Bugle Classifieds P.O. Box 8126 St. Paul, MN 55108 or deliver to the drop box at the rear of the Bugle office at 2301 Como Ave. by 6 p.m. on deadline day.
- Classified ads are not taken over the phone.
- Call Wendy Hanson, 636-2867, or the Bugle office, 646-5369, with questions.

## INSTRUCTION

**ST. ANTHONY PARK NURSERY SCHOOL** is now accepting applications for Fall of 1997. School is held on Tuesday, Wednesday and Thursday mornings for children ages 3-5. For more information call Sheila Richter 644-9677.

**WATERCOLOR CLASSES FOR YOUNG PEOPLE**, Grades 4-8, Feb. 8 and 15. 10-12:15 p.m. \$24, Peg Houck 645-4453.

Brighten Winter moments with music! Voice/Piano Lessons for Children/Adults. **PERFORMANCE ASSOCIATES UNLIMITED MUSIC STUDIO**. 487-0362.

**PIANO, ORGAN, & GUITAR LESSONS**: Lessons given at St. Anthony Park United Methodist Church. Music Degree, 22 years experience. John Rebeschke, 425-1210.

**SINGING LESSONS** Free evaluation all levels. T.C. Vocal Arts. 375-1722.

## FOR SALE

## METAL DESK FOR SALE.

30" x 54", 6 drawers, white top, detachable typewriter stand. \$100. Airdyne Schwinn stationary bike. 644-4064.

**DOG HOUSE** - for medium-sized (50-100 pounds) dog; insulated, sturdy, cozy; white with red trim. Call 646-3941.

**1860 WALNUT MARBLETOP BUFFET**. Simple. 48"W/41"H/21"D. \$875.00. 645-0657.

**FOR SALE: LASER PRINTER**. SelectPress 600 by GCC Technologies. 600 dpi, 8 Mbytes RAM. Prints pages up to 11" x 17". Good for home or small business. \$250 or negotiable. Call 646-5369.

## PROFESSIONAL SERVICES

**ALTERATIONS BY BARBARA**. Formerly of Nordstroms, Harold, Liemandts, SAP location, reasonable. 645-7230.

**PASSPORT PHOTOS**-\$9.00 International Institute, 1694 Como Ave. Hours Mon.-Fri. 9 a.m.-noon; 1 p.m.-4:30 p.m.

**HARPIST**. Cathy S. Victorsen. Beautiful Music for any occasion. 644-7016.

**SWISS GARDENS**: An old-world approach to the art of distinctive landscape design and installation. Call Philippe for a free consultation. 642-9985.

**PIANO TUNING AND REPAIR**. MacPhail certified. Call Dorothy Tostengard, 218-682-2079 or 633-1197.

## CHILD CARE

**CHILDREN'S HOME SOCIETY CHILD CARE CENTER** Roseville location. 16 months - 5 years. Call for more information: 636-4495.

**MPLS. PROSPECT PARK AREA**. Responsible and experienced day-care for newborn or infant. 331-7715.

**PARK ANGELS DAY CARE**. In Home Lic. Day Care. Fulltime Openings for Newborn, Preschool, Latchkey. 644-5516. SAP near Como & Doswell.

## HOUSING

**NORTH ST. ANTHONY PARK DUPLEX** 2413-2415 Doswell Ave. Each side LR, DR, 2BR, 1<sup>3</sup>/<sub>4</sub> Baths, Kitchen, Rec Room, Laundry/Furnace Room. Tuck under garage with automatic opener, central air, patio. Near St. Paul U Campus and Luther Seminary. Built 1969. \$189,900. Phone 636-0304.

**WANTED: SUMMER SUBLET/HOUSE-SITTING**. Vassar College professor and family wish to spend the summer of 1997 in the Twin Cities - preferably in or near our old neighborhood, St. Anthony Park! References available. Call Jim Merrell, 914-471-7361, or e-mail merrell@vassar.edu.

**THINKING OF MOVING WITHIN THE NEXT YEAR?** Want a loving, caring family to be your St. A.P. home's new keepers? We may be your buyers. Mary Lou or Michael, 222-2077. Contemporary architecture a plus.

**HOME FOR SALE** - St. Anthony Park - 2101 Scudder \$124,900. 3+ BR, 1.5 bath, fireplace, buffet, updated kitchen. Charm and woodwork! Peggy Sparr, Edina Realty, 639-6383.

**FOR RENT**: 2186 Scudder St. 2 bdrm. apt., quiet, sec. bldg., deck, central AC, off street parking, near U of M St. Paul Campus. 646-1907.

**FURNISHED EFFICIENCY APARTMENT**, Feb. 1, 2172 Como, off-street parking. \$435/month. Call Nelda 641-1170.

**FURNISHED EFFICIENCY APARTMENT**, Mar. 1, 2172 Como, off-street parking. \$450/month. Call Nelda 641-1170

**I NEED HOUSES FOR QUALIFIED BUYERS WHO WANT TO LIVE IN THE PARK!** Shortage of listings makes it a good time to sell. Call for free market consultation. If you list with me, I pay for Truth in Housing Report. Peggy Sparr, Edina Realty, 639-6383.

## EMPLOYMENT

**RECEPTIONIST/OFFICE SUPPORT**. National non-profit, part-time, mornings. Submit resume to: Adoptive Families of America, 2309 Como Ave., St. Paul, MN 55108 or FAX: 645-0055.

## WANTED

**TOP CASH PAID**. Older Furniture (All Types)-Also Rugs-Pictures-Frames-Clocks-Toys-Lamps-Glassware-Bronzes-Indian Items-Crocks-Stained Glass Windows-Mirrors-Quilts-Dolls- Neon Signs-Duck Decoys-Fishing Items-"ANYTHING OLD". Call 227-2469 Anytime!!!!

**WANTED TO BUY**: Little Tikes walk-in style playhouse. 641-1778.

**WANT**: Antique tools, metal planes, fishing items, old marbles. 436-6590.

**WANTED: OLD TOYS**-cast iron, die cast, tin. 644-1866.

## HOME SERVICES

**WE SATISFY ALL YOUR PAINTING NEEDS**. Professional painting, interior, exterior, paperhanging, patching, taping, staining, ceiling spray texturing. Water damage repair, and more. Family Business in the Park-40 years. Jim Larson, 644-5188.

**CARPET CLEANING** 2 Rm's \$34.95. Additional Rm's \$10.00. Call Larry 780-0907.

**ROOFTOP SNOW REMOVAL**. Roger Gatz of Roger's Tree Service, 25 years experience. 776-9534.

**ALL YOUR INTERIOR & EXTERIOR PAINTING, PATCHING & REPAIR** needs. Large, small & odd jobs. Reasonable & professional. LaValle Painting. 483-9634.

**ONE WORLD LANDSCAPE** goes underground for the winter! Let's get your basement organized. Shelf building and rubbish hauling. Garages too. Call John, 379-2939.

**SCHUFMAN BROS. QUALITY PAINTING**, interior/exterior, textured ceilings and water damage repairs, professional service at affordable rates, local references, free estimates, insured; Jonathan, 481-0402; 645-5119 after 5.

**LAVENDER MAID**: A quality, reliable housecleaning service providing regular or occasional cleaning. 415-0293.

**PRUNING**: Shrubs, hedges, small trees expertly pruned. 30 years experience. Swiss Gardens 642-9985.

**HANDYMAN** will expertly do all the little jobs around your home. 642-9985.

**GENERAL CONTRACTOR** with old house experience. Repairs, replacements, additions of windows, doors, decks, roofs, etc. Kitchens, baths, and family rooms. Local neighborhood references are available. Call Terry 645-9369. License id# 20067213.

**PAINTING PLUS**. Interior, exterior painting and staining. Specializing in spray textured ceilings. Free estimates. 633-5565.

**HILLIARD E. SMITH** general contractor. Carpentry work, block, stone, cement work. Interior, exterior remodeling, insulation, underpinning porches. 46 years in the Park. Small jobs are our specialty. Licensed, bonded, insured. 644-0715.

**CLEANING**. Established business. Thorough, honest, reasonable and St. A.P. resident eight years. Mary 789-7560.

**WINDOW WASHING** inside and out. "You'll see the difference." Call Larry 780-0907.

**APPLIANCE REPAIR**: Reasonable rates, friendly service. St. Anthony Park references. Call Ron Wagner at 491-1854 or 377-1310.

**HOUSECLEANING** - no job too small or big. Quality work you can always depend on! Rita 776-9534.

**CARLSON PAINTING**: interior and exterior, furniture repair/refinishing, wallpapering, free estimates. 429-0894.

**DEADBOLTS INSTALLED**, locks rekeyed. Free estimates. North Country Lock. 674-5644.

# INNOVATORS

## Additions Repairs Renovations

Bathrooms • Offices  
Kitchens • Ceramic Tile

Local References

# 645-9369

Licensed, Bonded and Insured  
ID# 20067213

Also: Replacement Windows  
Home Offices • Basement Additions  
Exit Windows for Emergencies

*Wicker Repair  
Chair Caning  
Some Antique Wicker For Sale  
General Furniture Renovation  
Stained Glass: Repair/or Commissioned  
Stencilling: Wall/Furniture*

**646-3351  
Susanne**

## Burton's Rain Gutter Service

• Clean • Repair • Install  
Rainleader Disconnects • Chlmney Caps

## ROOF SNOW & ICE REMOVAL

Licensed • Bonded • Insured

**Burton R. Johnson**  
1864 GRAND AVE.

Serving area since 1973

**699-8900**





**Library . . . from page 1**

more "plaza-like" appearance.

The most noticeable change, however, is the addition of a children's reading room behind the current building. The addition will be round, scaled for children and built with materials that "match the original as closely as possible," Broussard said. Matching the roof tile and terra cotta cornices will be easier than matching the brick, he said. The brick used on the original structure has not been produced for years.

Making the addition round has several advantages. Broussard said, "The design is simple . . . and it will not compete with the original, because the addition will have its own finesse and character."

Inside the library, the circulation desk, restrooms and staircase will be relocated, and a sun-lit reading room for adults will fill the corridor between the original library and the children's room.

Community Organizer Abby Struck asked West and Broussard if the "paperwork"—or approval of the site plan by the city—had been received. West reported that final approval had not yet been received, but that barring any "gross surprises, it's moving along fine."

Kathy Stack, a library administrator, plans to apply for a grant from the state to provide additional funds for accessibility. Stack said the library will learn if they received the grant on February 5.

The community council approved the plans unanimously. The library design team appears before the city zoning board on January 27, and upon receiving approval, will start seeking bids in early February. ■

**Bandy . . . from page 6**

interest in bandy is growing for girls as well as boys. This year there are 10 girls who are playing in the Roseville youth program.

Last October, the St. Anthony Park bandy players and their families travelled to Sweden on a bandy excursion. During their nine day visit, the kids played bandy with Swedish youth teams in several cities, including Uppsala and Ljusdal. They also attended the World Cup tournament, and did lots of sightseeing.

Skold, Verbeten, and Furry helped organize the trip to Sweden. In all, 17 kids and 23 adults, most of whom are involved in the Roseville bandy program, took advantage of the opportunity to travel to Sweden. They all came back with tremendous enthusiasm for the sport.

For this year, a trip is being planned that will send two boys teams and one girls team to Sweden in October to play in tournaments. Later, the first ever Youth Bandy World Cup will be held in December at the Rose Oval. Tryouts for these teams began in January.

Contact Roseville Park Recreation for information. ■

## LIFE IN THE CHURCH: COME AND SHARE

### ✠ BETHANY BAPTIST CHURCH

Skillman at Cleveland in Roseville. 631-0211  
Bethany Baptist Morning Worship 10:45 am  
Sunday School 9:30 am  
Pastor Bruce Petersen  
Filipino-American Worship 11 am  
Pastor Gonzalo Olojan

### ✠ COMO PARK LUTHERAN CHURCH

1376 W. Hoyt Ave. 646-7127 Handicap-accessible  
CPL Contact Ministry 644-1897  
Sunday Schedule (Nursery Provided)  
Rides available for 11 am worship.  
Call 646-7127 by noon Friday  
8 and 11 am Worship. (Communion 1st and 3rd Sundays)  
9 am Children and Family Worship, Voice of Praise Rehearsal  
9:45 am Sunday School  
10 am Adult Forum, Youth Forum  
Monday Schedule  
7 pm Old Testament 301 (Nursery available)  
Tuesday Schedule  
Feb. 4 and 25, 9 am Senior Fellowship Quilting  
Wednesday Schedule  
6:45 am Bible Study at Keys/Lexington  
9:30 am Beginning Adult Handbells  
10:30 am Old Testament 301  
5:15 pm MEAL for everyone (Adults \$3, kids 15 years and under \$2, not to exceed \$10 per family)  
6 pm Choir School, Joyful Ringers  
7 pm Life With God (Adult Ed), Confirmation, CPL Choir  
7:30 pm "MIDWEEK" (High School Youth)  
Feb. 5 only 8:30 pm Compline  
Feb. 12 Ash Wednesday Worship 10 am and 7 pm (Nursery available)  
Feb. 19 and 26 Wednesday Lenten Worship 7 pm (Nursery available)  
Feb. 26 Meatloaf Dinner Fundraiser. Call for information  
Thursday Schedule  
Feb. 20 Meals-On-Wheels  
Friday Schedule  
6:45 am Men's Breakfast Fellowship at CJ Brown in Har Mar  
Pastor: Paul Harris and Nancy Koester  
Seminary Intern: Mike Weaver  
Director of Music Ministry: Scott Rohr  
Director of Youth and Family Ministry: Joe Sheehan

### ✠ CORPUS CHRISTI CATHOLIC CHURCH

2131 No. Fairview at County Road B. 639-8888  
Meaningful liturgies in a new worship space.  
A welcoming community. Handicap-accessible  
Saturday Mass: 5:00 pm  
Sunday Masses: 8:30 and 10:30 am  
Feb. 12 Ash Wednesday 6:45 am Mass and Service of Ashes, Noon and 7 pm Service of Ashes  
Wednesdays Feb. 19 and 26, 7 pm Stations of the Cross

### ✠ LUTHERAN CAMPUS MINISTRY

1407 No. Cleveland Ave., 645-4561  
Sunday Study 9 am, Finding Your Voice  
Sunday Worship 10 am  
First Sunday of the month free meal for students

### ✠ MOUNT OLIVE EV. LUTHERAN CHURCH (A WELS Congregation)

"THE CHURCH WITH A SMILE"  
1460 Almond at Pascal. 645-2575  
Sunday Worship: 9 am  
Sunday Education Hour: 10:30 am  
Wednesdays in Lent 7 pm Service

### ✠ PEACE LUTHERAN CHURCH

1744 Walnut at Ione. 1 block north of Larpenteur. 644-5440.  
Sunday Education: 9:15. Classes for all ages.  
Sunday Worship: 10:30 am. Holy Communion 1st and 3rd Sundays.  
Tuesday Bible Study 10 am. You are invited to join us.  
Pastor Drew Flathmann

### ✠ ROSE HILL ALLIANCE CHURCH

Roselawn at Cleveland. 631-0173  
Sunday Worship: 9:15 am  
Sunday Coffee Fellowship 10:30 - 11 am  
Sunday School 11 am  
Sundays 6 pm Sr. Hi Group  
Wednesdays Jr. Hi Group & Awana 6:45 pm (Sept. - May)  
Wednesday Int'l. Women's American Culture Class 12:30 pm (Sept. - May)

### ✠ ST. ANTHONY PARK LUTHERAN

Como and Luther Place. Handicap-accessible. 645-0371  
Pastor Paul Ofstedal  
Sunday Worship: 8:45 and 11 am. Nursery at both services  
Sunday School, Adult Education and Bible Study: 9:50 am  
Communion 1st and 3rd Sundays  
Faith Chinese Fellowship 1:30 pm Sundays  
信義教會 星期天下午 1:30pm  
English as a Second Language classes Mondays, 1-2:45 pm  
To register call 645-5427.  
Men's Prayer Group Fridays, noon  
Feb. 12 Ash Wednesday and the following Wednesdays in Lent  
5:30 pm Soup Supper,  
7 pm Midweek Lenten Worship  
The theme is "Grappling with God ... God Grappling with Us"  
Feb. 16 Prevailing Winds Concert  
Visitors welcome.  
Our van is available for transportation to and from services.

### ✠ ST. A.P. UNITED CHURCH OF CHRIST

2129 Commonwealth at Chelmsford. 646-7173  
Rev. Dane Packard, Pastor  
Sunday Worship: 10 am, Nursery care provided  
Sunday Education Hour for all ages: 9 am  
Feb. 12 Ash Wednesday  
Weekly Lenten Supper (6:30 pm) and Study (7 - 8 pm) begins for adults and children

### ✠ ST. A.P. UNITED METHODIST CHURCH

THE CHURCH WHERE EVERYONE IS ALWAYS WELCOME  
Como and Hillside. 646-4859  
Sunday Schedule  
Worship 8:45 and 10:45 am  
9:30 and 11:45 am Fellowship  
Wednesdays 9 am - 1 pm, Leisure Center with noon lunch  
Wednesday, Feb. 12 Ash Wednesday Communion 11 am and 7 pm  
Wednesday Feb. 19 and 26, 7 pm Midweek Lenten Worship  
Fridays Youth Activity Night, 7 pm

### ✠ ST. CECILIA'S CATHOLIC CHURCH

Cromwell and Bayless Place. 644-4502  
Saturday Mass: 5 pm  
Sunday Mass: 10 am at church (nursery provided) and 8:30 am at Seal Hi-Rise, 825 Seal St. (handicapped accessibility)  
Daily Mass: 7 am at the Parish Center  
Feb. 12 Ash Wednesday 7 am 12:05 noon and 6:30 pm  
Eucharist and Distribution of Ashes at the church  
Lenten Schedule at the church  
Mondays and Fridays 7 am Scripture and Communion  
Tuesdays, Wednesdays and Thursdays 7 am Eucharist  
Wednesday, Feb. 26, 7 pm Private Reconciliation  
Thursdays 6:30 pm Rosary  
Fridays 7 pm stations of the Cross  
Saturdays 4:15 Private Reconciliation

### ✠ ST. MATTHEW'S EPISCOPAL CHURCH

2136 Carter at Chelmsford. 645-3058  
Sunday Schedule:  
8 am Holy Eucharist Rite I  
10:30 am Holy Eucharist Rite II  
Nursery and child care at both services  
9:15 am Education Hour for all ages  
Feb. 11, 5:30 - 7 pm Shrove Tuesday Pancake Supper to support Youth Ministry. All you can eat. Adults \$3; Children under 13, \$2; Families \$10.  
Feb. 12 Ash Wednesday Eucharist 7 and 10 am and 5:30 pm  
Simple Soup Supper following the 5:30 Eucharist  
Feb. 2, 16 and 26. Sunday Lenten Program "Images for Faith from the Scriptures" led by Professor Vera Chester of the Theology Department at the College of St. Catherine. 4-5:30 pm followed by a coffee social  
The Rev. Grant Abbott, Rector  
The Rev. Lynn Lawyer, Deacon

### ✠ WARRENDALE PRESBYTERIAN CHURCH

1040 Como Ave. at Oxford. 489-6054  
Sunday Worship: 10:15 am (nursery provided)  
Sunday Church School: 9 am  
Dr. Robert Bailey, Minister