Kids and teachers foster community at St. Anthony Park Nursery School

Harvard educated Sheila Richter brings great knowledge, much enthusiasm and determined vision to the high-energy world of daycare.

by Judy Woodward

It’s another day at the St. Anthony Park Nursery School, two small rooms in the basement of the United Church of Christ that make up a world of fantasy and lessons in life for the 20 three-to-five-year-olds who attend three mornings a week.

Long a fixture in the neighborhood, the St. Anthony Park Nursery School is much more than a convenient place to learn finger painting and circle games. Lisa Christenson, the current chair of the Parent Board that runs the non-profit co-op school, said, “We’re unique because our director has a very strong sense of trying to make the school a community of parents and children. Politicians talk community, but she lives it.”

It doesn’t take visitors very long to discover that the calm center of all the happy noise and bustling toddler activity is occupied by school director and lead teacher, Sheila Richter. Combination idea woman, arbitrator, facilitator, comforter — and blessed with peacekeeping skills that the UN might envy — the Harvard-educated Richter has been part of the school staff since 1979. Her personal involvement with the nursery school began even earlier, when her own children attended in the early 1960s. She has definite views on how it should function. “I don’t want this to be just a place where parents drop their kids off and pick them up.”

Richter elaborated on her vision for the school, “We live in a culture where it seems as if everybody has moved away from their family of origin. Our school is in the business of building a network for families so that parents can feel supported in their job as parents. It gives me great pleasure that our families continue to be friends after their children leave nursery school.”

The school emphasizes parental involvement in the children’s education and with each other. Parents meet every other week, sometimes to discuss early childhood issues, sometimes just to have fun. The tins made in nursery school tend to last. Richter said that when she is invited to high school graduations of former students, she runs into “all the same faces from nursery school. Everyone’s just 12 years older.”

Richter’s enthusiasm for her young students is obvious. “I love the fact that they’re so open at this age. You can deal with emotions, anger or embarrassment in ways that are impossible with older kids. With young children, you can use every situation as a learning situation.”

Back at the paint table, Richter is about to transform a tangle into an opportunity for

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Library proceeds to construction stage

by Jennifer Thorson

The St. Anthony Park Community Council unanimously approved plans for the library renovation and addition to the St. Anthony Park Branch Library on April 15.

The council heard a brief presentation from Arlene West, chair of the library renovation design team, and Philip Broussard, project architect from Architurn.

“We think we have made a lot of progress on the issues covered by design team and community members,” West said. “I am very pleased with the plans. We have to give Philip Broussard a lot of credit. He’s been patient and receptive to input from a variety of people.”

Broussard humbly added, “I think we did the best we could,” before explaining the details of the latest plans to the council.

He addressed the new plans for parking. In response to many neighbors’ concerns about placing staff parking off the alley near the side entrance of the library, plans have been altered to allow only one handicapped space. Arrangements have been made with the St. Anthony Park United Church of Christ for library staff to use their lot.

Broussard then turned to the drawings of the design. The side entrance, which is being modified to comply with the disability mandates that all buildings be handicapped accessible, will be embelished to create a “grander entrance,” he said. Landscaping will create a

Candidates eye Megard’s seat

by John Marino

In the wake of Bobbi Megard’s December announcement that she is running for mayor of St. Paul, three fellow DFL candidates thus far have emerged to run for her seat on the city council representing Ward 4.

Vying for the important DFL endorsement are Judy Benanav, Tretia Brown, and John Van Hecke. Delegates to the April 12 DFL endorsing convention will be named on March 4 at the precinct caucuses. Candidates from other parties have yet to make any announcements.

The following are thumbnail sketches of the DFL candidates:

Judy Benanav — For the past nine years he has owned his own company, the Workers Compensation Reinsurance Association. He was the deputy commissioner of the Minnesota Department of Labor and Industry from 1983 to 1987 and also worked for the state Senate as an attorney.

“We have to work with business, labor, and community groups, and I think I’m the candidate who brings all those elements together,” he said.

Benanav stresses the importance of making urban housing and housing maintenance more affordable.

“We need to maintain our housing stock, encourage residents to rehab their homes. You can use city funds to some extent, provide more low income loans and keep middle income families in the city. We can’t be a city without a middle class; encourage them to stay by fixing up their homes.”

He also would work to attract more light industry to St. Paul by cleaning up the so-called brown fields created by previous industry that has left the city.

“It’s land that had been used by industry years ago before we understood what the dumping of toxic materials did to the soil,” Benanav said. “That land needs to be cleaned up. I would put resources into that and I think businesses would like to get involved in that, too. Make incentives, whether taxes or whatever. There needs to be a partnership with government and business.”

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PARK BOGLE

FEBRUARY 1997 VOLUME 23, NUMBER 8

P.O. BOX 8126, ST. PAUL, MN 55108
Foci Optiks vacates University Avenue shop

by Jennifer Thorsen

C

characterized by one business leader as the "SAU (I) of the
school hall," Foci Optiks closed its doors last
month. The retail store on
University Avenue and Raymond
specialized in "seriously fun eyewear."

Over the last year, Foci Optiks' owner, Cunningham stood tall as an outspoken opponent of the opening of a billboard hall next door to his store. At an October forum sponsored by the Physical Planning Committee of the St. Anthony Park Community Council, Cunningham joined many business and property owners from the area in voicing their concerns, opinions and displeasure with the decision of landlord Tom Leonard to lease his space at 2418-2424 University to Bishop Nguyen, prospective owner of the hall. During the discussion, Cunningham said he was "having trouble accepting" that the billboard hall might actually come into being.

"I'm concerned about the direction of the neighborhood," he said, "and I'm looking at leaving." As of December 1, leaving wasn't an option for Cunningham. He was told to vacate his space - a space also owned by Tom Leonard. Cunningham said his lease had been up since July, and he had not renewed it because he was waiting to see what would happen with the prospective hall. "I was totally against the whole thing," Cunningham said recently, "and I had already been figuring that Leonard would do that." Cunningham said Leonard

believed that he had been calling the City of St. Paul in an attempt to stall Nguyen's license application, and intimated that the prospective pool hall owner also wanted his space.

Cunningham bitterly remarked that he had expanded his shop by 500 square feet and made an estimated $10,000 in improvements to the space in the last two-and-a-half years. Now, Cunningham is working out of his home in Golden Valley. He is uncertain about Foci Optiks' future. But, he said, "I'm still looking for a place to make a living, and I hope that neighborhood can work that whole corner into retail."

Leonard did not return the
Bagle's calls. Currently 2418-2424 University plus Cunningham's former space remain empty. However, Nguyen's license application has been approved by the City of St. Paul.

St. Anthony Park Nursery School . . . from page 1

learning. Gently, she tries to focus on the dispute. "What's the problem?" she asks patiently.

An outraged 4-year-old in a blue-and-green sweatshirt sums up the situation. "You took my paint!" he accuses a small girl dressed in yellow. "I need to paint, too!" she responds with irrefutable 3-year-old logic.

A small knot of interested young onlookers has gathered, and Richter asks for suggestions.

Eric, who has wandered over from the nearly completed runway site, has an idea. He points out that there's an extra chair at the paint table. "So they can both paint." The group recognizes an ideal resolution when it hears one. There's a small moment of silence while Richter quickly and unobtrusively sets up an extra place for painting. The boy in the blue-and-green sweatshirt and the little girl take their places side by side and peacefully pick up their brushes.

Calm prevails once more, as the children of St. Anthony Park Nursery School get on with the important business of growing up.

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Phots by Susan Dean

Council-sponsored meetings are listed each month in the Bugle Community Calendar (see page 13). Copy is welcome!

Office: 270 Cornell Ave., St. Paul, MN 55114
292-7884

This space paid for by the St. Anthony Park Community Council
"Ask Us" answers health concerns

by Cheryl Rushenberg

N}

early everyone who lives in St. Anthony Park is aware of the Block Nurse Program. This innovative program of neighbors helping neighbors has received many awards and serves as a model for other communities nationally. When the Block Nurse Program began in 1982, it was a revolutionary medical model that brought health care back into the home with home calls made by a professional nurse who also resided in the same community.

Now, after 15 years, the St. Anthony Park Block Nurse Program serves all people who need supportive services to live independently at home and has acquired an encyclopedia of knowledge and experience to help families and people who are dealing with issues of aging.

The headquarter is just inside the St. Anthony Park United Methodist Church office doors and is staffed by Lynn McClean, program director, and Judy Probst, resource coordinator. This summer they decided it was time to update and inform neighbors in a personal and community-minded way by setting up an information booth on the main street of the park. You may have seen the "Ask Us" signs and Probst outside Speedy Market and the Bimbet; you may have even stopped to chat or ask a question. Many people were surprised to learn Probst could be of help even when the older person of their concern did not live in the area.

One woman is particularly happy that she ran an errand to Speedy Market because in her chance conversation with Probst she learned where she could get some special socks that her mother, who lived in a nursing home outside the metro area, needed. Most people resist making a telephone call, but sharing a concern about an elderly neighbor's care or a concern about one's own aging process is not difficult when you can talk face-to-face with a trained and empathetic listener like Probst.

McClean also underscored the difficulty of communicating by phone: When you don't know all the helping options that are available and how their program customizes their support to the individual needs, it is hard to make the initial contact. Perhaps you are just a little socially isolated and you wait for family or friends that don't drop by and when they do it's just a little too short. You could have a visit from a "friendly visitor" and have your day brightened regularly.

New volunteers are able to give someone a ride to the bank or the library, which is often a need in the long season of winter when perhaps it is safer to take a ride than drive even if one still has one's driving privileges.

Another important area of service is that of giving respite care, caregiver support, and even adult day care. Also, the tax season will soon be here and help with figuring taxes is available.

With the change of seasons, the "Ask Us" campaign is still going on but has moved indoors to local bank lobbies. Judy Probst can be found at the First Bank of Midway on Wednesday, February 5, and ParkBank on Wednesday, February 19.

The compassion and concern of the community is exemplified in the Block Nurse Program by its dedicated long-term staff, and committed volunteers and a supportive St. Anthony Business Association, which is sponsoring the "Ask Us" information campaign.

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A fine design

Don't let anyone ever say that architecture doesn't matter. It does. Case in point: the St. Anthony Park Branch Library, which since 1917 has enlightened hearts and minds through good design. Now — 80 years after the library's doors and stacks first swung open — our outstanding bibliophiles are about to receive a top drawer renovation by architect Philip Broussard. It features a larger adult reading room, new children's area, additional meeting room, office and storage spaces, sundered by a bit of basic civic improvement for the dedicated staff. In this picture-perfect community, it's easy to adopt the "let's-not-alter-anything" sort of attitude. But change, as the historic American creed, always inching forward and desperately grasping for the latest developments in art and science. Here in temperate St. Anthony Park, architect and community find a design that magically keeps the past and present in equal harmony. And the result is artists without pompousness, symmetrical without being forced, and engaging in every way.

So, savor the drawing on the front page. The idea celebrates the library's Italian Renaissance flavor that architect Charles Hamler set forth eight decades ago. Broussard's design accentuates the building's historicism. In fact, the new dome honors an American treasure — Thomas Jefferson's Monticello of 1769. But the inspiration for Jefferson's petite mansion races back even further to Palladio's Rome.

Kudos to architect Philip Broussard and the St. Anthony Park Library Association for recreating a refreshing building that propels its enliven people's imaginations for decades ahead. It must make Andrew Carnegie proud.

NEXT ISSUE FEBRUARY 27
Deadline: Display ads through February 13
News & classifieds through February 14

3201 Como Avenue, Box 8126, St. Paul, MN 55108 646-5369

The Park Bugle is published by Park Press, Inc., a non-profit organization guided by an elected board of directors. Currently serving on the board are Cindy Ahlgrims, Elizabeth Anderson, Susan Barfield, Andy Collins, Grace Dreyer, Kier Eldean, Connie Hillhust, Catherine Hoveland, Paul Kirkgaard, David Nuewen, Steve Plagman, Alisa Potter, Jasene Schacht and Mariana Spencer. The Bugle is a community newspaper serving St. Anthony Park, Linden Hills, Falcon Heights and Northsore Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in those communities. The Bugle strives to promote freedom of expression, enhance the quality of life in the northsiderhoods and encourage community participation.

The Bugle is printed at Woodtype Valley Printing and published the last Thursday of each month. It is distributed free by Independent Delivery Service to residents of St. Anthony Park, Northsore Como Park, Falcon Heights and Linden Hills and to local offices, free distribution.

Subscription rates: 12 per year, $8 for senior citizens.

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Opinions expressed in the Bugle, advertisements and contributions do not necessarily represent the opinion of the Board of Directors, Park Press, Inc.

Circulation: 1,500

Editor...David Agee, 446-5269
Managing Editor...Teddy Hensley, 646-4669
Business Manager...Wendy Hensley, 646-4669
Production...Joyce Russell, 446-5269
Photographer...Trumpee Olson

LETTERS

Kids and seniors celebrate the holidays

In December we had a very busy month at Seil Hi-Rise. Along with our own Residents Council Meeting, we invited the St. Anthony Park Community Council into our Community Room for its annual open house and meeting. Several of our residents stayed after the open house to "servea'day" at the meeting and found it a well-run, timely meeting, with news of so much happening around our neighborhood.

We really appreciated not only all the wonderful goodies supplied by the Luther Society but driving our open house but the inclusion of our residents into the immediate neighborhood.

Later, we again welcomed the Community Council's Abby Struck and Brian Hobanik back to our Community Room. Sensory and tests carried ecologically-sound and economical items, which lessened the generation gap. Everyone gained a new understanding of each other plus gained a Christmas present — all decorated with ideas and supplies furnished by the Community Council.

At the end there were lots of thank yous, come again, and Merry Christmases. It felt so nice to be a part of the community.

Su Olson, president
Seil Hi-Rise Resident Council

Memories from the Bugle archives:


16 YEARS AGO — Murray Junior-Senior High School addition dedicated. — Ann Wynia enters second term in the City Council. — H.J. Fuller plans to move from the Park.


— Elaine and Eugene Johnson inspect their future home at the new 1666 Coffman residence. — St. Paul Academy student and Park resident Kira Gergerson wins state tennis championship.

6 YEARS AGO — Flower shop opens in Milton Square. — St. Anthony Park residents find Winter Carnival medals. — Luther Seminary opts to raze historic Aasgaard Hall. — St. Anthony Park Scouts celebrate diamond jubilee.

2 YEARS AGO — St. Paul City Council Member Bobbs Megan and anniversary at the former Holy Childhood Catholic Church rebuilds organ. — St. Anthony Police begin serving Falcon Heights.

Thanks, readers, for contributing to the Bugle fund drive

With the contributions from those listed below, our fund drive has collected $13,331. Thanks to these recent contributors and all the past contributors who have helped us approach this year's goal of $15,000.
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APRIL 20
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MAY 11
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YOUTH NEWS

Bandy — A great ice sport for kids

by Pete Keith

What game combines the fast skidding of hockey, the constant motion of soccer, and the club swinging of golf into a high speed, high energy, action-packed sport? It’s the “new” game called bandy, and a group of local St. Anthony Park kids are in the middle of all the action.

Bandy is most like hockey, except that the players use a small ball, and the sticks have a curved blade, like those used in field hockey. The standard rink is about twice as long and twice as wide as a hockey rink, but unlike hockey, there is no body checking. The end result is a game that “encourages more speed and fitness, rather than physical size or physical contact,” said Tom Farnsworth.

Tom and Judi Farnsworth have three sons who are active in bandy, Jonathan, age 14, Peter, age 10, and Philip, age 8. The kids play in a youth program at the John Rose Oval in Roseville. Philip best likes “skating hard and then scoring.” And Peter, who also plays hockey, said that “at first bandy was more difficult because the stick is harder to use.”

Owen Selz, age 11, is another St. Anthony Park local who loves bandy. What Owen really appreciates about the sport is “playing on a team, and skating, and skating . . .” Owen’s mom, Catherine Perry, is also a champion and local organizer of bandy.

Bandy, while relatively new to the United States, is actually quite old, and pre-dates the more familiar and popular sport of hockey. Bandy is very popular in Scandinavia and the former Soviet countries. In the U.S., it’s really only being played in Minnesota, and only for the last several years.

One of bandy’s early organizers in the U.S. is Magnus Skold, vice president of the American Bandy Association, and also the general manager of the U.S. Men’s National Team. Magnus is originally from Sweden, where bandy was “one of the sports you grew up with, just like soccer or hockey.”

The first Minnesotans to take up bandy were mostly adult men in their 30’s and 40’s, former hockey players, still interested in skating fast and hard, but less interested in the physical contact of standard hockey. Now, men and women are playing. And bandy has expanded into youth leagues, for both boys and girls.

One of the catalysts for bandy’s recent surge in popularity is the Rose Oval. Bandy requires a very large rink, and one with consistent ice through the winter season. According to Magnus, the Oval can maintain high quality ice from November through March, even when the outdoor temperature reaches 50 degrees. The Oval was the site of the 1995 Bandy World Championships, which Magnus helped organize. This event stimulated a tremendous interest in bandy, particularly amongst the youth.

The Youth Bandy program in Roseville has different age and experience groups. The younger group starts at age 5, and they play on a smaller rink. The older kids range in ages up through high school and play on the full sized rink, with the full sized goal, and eleven on each team. According to Kendra Verheten, the Director of Minnesota Youth Bandy, the

Bandy to page 16

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Triesta Brown — In 1995 Brown ran for the DFL, endorsement against Megard, then a strong incumbent, and got 28 percent of the vote on the first ballot. She considered that strong enough support to try again. Brown is a self-described “DFL-activist” and has served on the Capital Improvement Budget Committee since 1992. She wants to expand the budget process to include a citizen committee “that looks at the entire budget.”

Currently, the citizen committee “only looks at the capital portion, not the staffing issues,” she said. For example, the mayor and city council might OK a project, with enough money budgeted for the capital side, “but there isn’t enough money on the operations side, so it’s scrap[ed].”

She supports redeveloping neighborhoods and while she agrees there should be some downtown development, she questions to what extent, given the needs of the neighborhoods.

“We have several neighborhood business nodes; we need to make sure that there are more resources that are devoted to those needs,” she said.

She wants to see more than just the one person from Ward 4 on the 18-member Planning Commission.

“We have effectively lost most of our voice on issues that affect zoning and land use. So, what happens is that neighborhoods end up appealing commission decisions because it makes decisions on an area they know very little about.”

One project on which Brown is very gang-bang would be the launch of a comprehensive effort to educate immigrants who have not yet mastered English, so that they could speak basic English to a 911 emergency operator.

It would save lives, time, and money, she said.

John Van Hecke — Megard’s campaign manager in 1995, he recently resigned his post as president of the Snelling-Hamline Community Council in order to run for Megard’s seat.

“I approach this race as a neighborhood activist,” he said.

“In the most immediate sense,” he added, “there is a proposal to expand Ayd Mill Road to connect I-94 and I-35E. Because I live about 500 to 600 feet from Ayd Mill Road, I’ve gotten involved with the neighborhood advisory task force.”

In the process of fighting the expansion, he said he “became aware of the power the government has over neighborhoods, and it’s important to me that people from the neighborhood have a seat at the table.”

A former board member of University Neighbors Investing Together for Economic Development (University United), he supports re-development. Van Hecke cites the 40 Acre Study as a good example of how business and community interests can cooperate.

“It sort of assesses most of the zoning along University Avenue,” said Van Hecke.

“There is the opportunity for some wholesale zoning changes and from a planning and zoning standpoint, how far can the businesses extend into the neighborhood? It’s important to me that we negotiate these things because we see phenomenal re-development. The Midway shopping center is a really good example of how these things work."

Small Talk

The National Kitchen and Bath Association defines a “small” kitchen as one covering less than 150 square feet. This category, of course, includes the popular size 10-by-12 kitchen. Deficiencies aside, small kitchens can be made to look and feel larger by utilizing any number of space-saving strategies. The first of these involves considering the manner in which people enter and leave the kitchen. If a door can be relocated or removed to improve a kitchen’s overall layout, the task should be undertaken. It may also make sense to combine a cooktop and oven in a single space-saving unit. Lastly, design cabinets with adjustable shelves, rollouts, dividers, and other interior fittings. The more flexible the storage capacity, the larger a kitchen effectively becomes.

Small kitchen size can present a challenge. At THE TRANSFORMED TREE our design professionals can help you maximize storage space and usable counter space when you redo your kitchen. As the top remodeling contractor in the area, and in business for 24 years, we offer services from computer aided design to complete remodeling. If you are considering remodeling or adding to your home you will find our professional staff very helpful and always anxious to answer your questions.

Join us for our Annual Progressive Dinner

Be a galloping gourmet on Saturday, February 22, 1997. Please join us for our 11th annual progressive dinner. What a great opportunity to meet neighbors, and enjoy a special meal.

**SCHEDULE OF EVENTS**
5:30 - 7:30 Appetizers at the United Methodist Church, Hillside and Como
7:30 - 9:30 Main Dish
9:45 - 9:45 Dessert and Coffee
To participate, mail the following form to arrive by February 12, 1997 to Diane Young, 2147 Hoyt Ave., St. Paul, MN 55108.

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[ ] Prefer vegetarian entrée
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C E N T E

Martial arts training should be made available to all people," asserted Shu Lee, founder and chief instructor of the School of Classical Japanese Martial Arts. The school is part of a martial arts system called Kaze Arashi Ryu (pronounced Ka-zay Ay-rash-ee Ryu), which describes itself as a Samurai combat system.

Lee, a Twin Cities native, holds a fourth degree black belt in Kaze Arashi Ryu. He is the only certified instructor in this style in Minnesota. He recently returned to the state after having lived in other parts of the country for 17 years. Lee’s parents, originally from China, came to the United States in the late 1940s. At that time, Lee’s father was a graduate student at Columbia University, majoring in chemistry and physics. His father was hired by 3M, and the family eventually relocated to Minnesota. Early in 1996, Lee, who works in marketing research, wanted to open his own martial arts school. He decided to locate the school at 2500 University Avenue West because of its affordability and its location. "It’s very much the philosophy of our style to attract all kinds of people from all walks of life," said Lee. "That’s why I chose this city location, as opposed to a suburban one."

Unlike karate, judo, aikido, and kickboxing, the Kaze Arashi Ryu system has the dubious distinction of being one of the lesser-known martial arts. Indeed, there are only a few schools in the world. This lack of notoriety is somewhat intentional. Lee said, "The system is very classical in its approach. It’s not about ‘flash.’ It doesn’t promote tournament competition and other things that could give it more exposure." However, Lee maintained, "This is a very practical, useful style." He continued, "It’s a combat art. The motions are circular and soft and derive their effectiveness from yin-yang, not strength nor quickness."

As a child, Lee studied judo. Later, he trained in aikido. Then, in 1987, while a graduate student at Carnegie-Mellon in Pittsburgh, he met and studied with Nels Hennum, a Kaze Arashi Ryu instructor. Lee trained with Hennum for nearly 10 years.

Although essentially a Japanese system, practitioners of Kaze Arashi Ryu trace its history to the mountain warrior priests of Tibet. From there, it went to China, then to Japan. While the roots of Kaze Arashi Ryu are feudal past (and lived from 1846), the modern version is by priests of a shrine on Mount Hua. Learning the Sunpreserved.

Upon coming through the system on to his who brought Kaze Arashi Ryu to believed that the style’s future is Samuel, a former Navy man; also and contributors to the art. Today Nishiyama — heads the organization.

You should think of Kaze Arashi Ryu, "It’s where you study a number. So, Kaze Arashi Ryu includes Jutsu, a defense art that uses these controls: Atemi Jutsu, the art of hitting by using and defending against weapons and Jo Jutsu, which are.

Lee holds several classes every week. Jutsu and atemi jutsu are the basic disciplines are based on empty hand developed by the Samurai during the.

Univer

restricted by the authorities. Aikido mats. Students use striking, joint

Taisabuki (body positioning/shifts

During class Lee moves from good. Nice job!" he said to a boy need to stand a little closer to the leverage," he told another student high-level instructor — a black hakama is a skirt-like garment worn

accentuates his graceful moves at punch from an opponent. He says simultaneously uses his outerstrut.
PIECE

Ryu stretch far beyond Japan’s 100 AD), Shiro Nishiyama, who 1922, is credited with formulating if this system. Shiro was educated at Shugendo at the Dewa Shrine in 1922. Part of his education was martial arts that he had

g his studies, Shiro traveled being as personal martial arts

ment officials. Shiro passed his 40th, Akhiro Nishiyama. Akhiro, training for the first time in the 1970s, side of Japan. A Westerner. Lee

one of the chief practitioners Nishiyama’s daughter — Akemi

Ryu like a university,” said Lee. disciplines, not just a single style:**

following disciplines: Aiki Ju

swipes and joint locking

vital points and pressure points

Ken Jutsu, which are blade

and self-defense classes. each in discipline. “Aiki Ju

curriculum,” said Lee. These

and techniques. And they were

where weapon use was

Jutsu, blade weapons. “Our system,” remarked Lee, “has preserved many of the ancient battlefield techniques. Training today is as it was in the past. But, in our modern times, it has become the art of improving mind, body, and weapon coordination through combat training.”

Many people, women in particular, enter martial arts through personal safety courses. In response to that need, Lee offers a weekly self-defense class. “It’s more beginner oriented,” said Lee, “It has fewer techniques. It emphasizes empty-hand defenses against body grabs and weapon attacks.”

A

beginning martial arts student often wants to know how long will it take before getting a black belt. Lee maintained, “If someone trains regularly, say up to three times a week, and progress two ranks a year, they could possibly attain black belt in three to four years.”

First, new students must master movements, balance, and proper

falling and rolling techniques. Since many techniques involve controlling an opponent through joint manipulation, students spend time on strengthening and stretching. Students progress by taking tests. “Tests put a student in a stressful situation,” admitted Lee. “But, they show how she or he will react. And the goal is to see what the student knows, to see how she or she responds.”

Most martial arts schools have colored belts indicating kyu — ranks before black belt. Although Kaze Arashi Ryu has eight kyu levels, it only has three belt colors: white, brown, and black. This is much more in keeping with traditional Japanese martial arts. There are also several black belt levels: Oka Iri (“entrance to secrets”) equivalent to a first to second degree black belt, Moku Raku (“catalogue”) equivalent to a third-

Avenue Samurai

by Natalie Zett

and Akemi Jutsu are practiced in, and through practice

with partners.

A student teaching. “That’s a student. He also assists. “You

and use your hips to get

wears the traditional garb of a

Aikido practitioner. A

on the pants. The hakama,

how to redirect a blow

left of the attacker, and

attacker’s line of attack.

The combination sends

blocking off in another

with the defender, Lee, safely

way. All this seems effortless

is part of a dance, and

may look like a dance,” said

be cautioned, “It’s anything

not a simple matter of

series of moves. Although

some step-by-step procedures to

beginners, the ultimate aim is to

students respond to each

between art

by-numbers.”

Weapons classes are also a part of Arashi Ryu. Students learn to

with the Jo Jutsu, various length

staffs and spears, and Ken

to fourth-degree black belt, and Menkyo (“license”) equivalent to a fifth- to seventh-degree black belt. There is also a Menkyo Kaiden (“everything passed”) equivalent an eighth-degree black belt.

Lee enjoys visiting other martial arts schools in the community. “I try to forge relationships with them based on mutual respect,” he said. “After all, as martial artists everywhere, we should recognize that we are part of a larger community beyond the confines of the four walls of our individual dojo.”

Lee encourages all who are interested to not just observe a class: “Step on the mat and give it a try! Just watching is okay, but there is a world of difference if you can actually feel the techniques.” Students should wear loose fitting clothing like sweat pants and t-shirts. If they

decide to continue training, they will need to buy a uniform similar to the one wore by the instructor, except that the jacket will be white, not black.

“An instructor,” Lee mused, “I find my biggest, most rewarding challenge is working with so many different types of students. I believe that while not everyone may want to get a black belt, there’s something in the art for everyone. I want to pass on to people what the arts has given to me: self-confidence from knowing that you can defend yourself if you have to.”

The School of Classical Japanese Martial Arts — Kaze Arashi to Seishin Kobujutsu Kai — is located at 2500 University Avenue West, Suite C4, above Pathfinder Bookstore. Classes are held at various times on Monday, Wednesday, and Thursday as well on the first and third Saturdays. For more information, contact Shu Lee at 827-3915 or send e-mail to shule@nieseh.com.

Photo by Andrea Rigg

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growing ecumenism movement through two lectures at Luther Seminary on Tuesday, February 25 at 10 a.m. and 4 p.m. He also leads a response session on Wednesday, February 26, at 10:45 a.m. All presentations meet in the chapel at Mendon and Fulham streets.

Langford Park/ South St. Anthony registrations

Sign up for girls volleyball — ages 11 to 14 — continues through February 7 at Langford Park. Also St. Anthony Park, youngsters — ages 7 to 16 — can register for NSSA soccer on Saturday, February 8 from 10 a.m. to noon at Langford Park. Call 299-5765 for information.

Junior royalty winners

Per Hanson and Katie Connstock plus Anna Burk won the titles of Prince Anthony and Princess Antonia at the 38th annual Langford Park Winter Sports Days last month. The winners are 7th grade students at Murray Junior High.

Community Council hopes to boost voter participation

Inspired by low voter turnout in last year’s St. Anthony Park Community Council elections, the full council entertained some, er, unorthodox suggestions for polling places in an effort to get out the vote. Community organizer Abby Smack said 97 North St. Anthony Park residents voted last April. This April, residents could be voting at Seal High Rise, St. Anthony Park Elementary School, Murray Junior High or area businesses. One council member even suggested printing ballots in the Bugle. “Is it the location or lack of interest?” North St. Anthony Park council representative Carol Weber asked. “What we need is a controversy,” she continued, only half-jokingly. More seriously, she raised the question, “How can we stimulate people to be interested in taking the time to vote?”

Business representative Ellen Watters recognized that current voting sites — the library in the north and the Cronwell Recreation Center in the south end of the neighborhood require a “special trip” of voters — and moving the polling places may help boost participation. The nominating committee of the council is creating an election strategy aimed at getting out the St. Anthony Park vote. Watch for your polling place before the April elections.

— Jennifer Thorson
MUSIC

Music in the Park Series presents acclaimed violinist Janet Packer with pianist Orin Grossman in recital on Sunday, February 9, 4 p.m. at St. Anthony Park United Church of Christ. The concert spotlights well-known masterpieces of Bach and Ravel plus a tour de force arrangement of Memories of Der Rosenkavalier by Mary Mageau, a Minnesota native. Single tickets cost $11 (advance) or $13 (door). $6 student rush tickets are available. Advance tickets are sold through The Biblete Shop and Micawber's Bookstore. For information call 646-5266.

Mark the calendar for Friday, February 21, when The Marrows take center stage at the Music in the Park Series' seventh annual family concert. Playing the music of Jamaica and Trinidad, musicians Mick LaBrìola, Brian Alexis and Marcus are set to perform at the St. Anthony Park Library at 6:15 and 7:30 p.m. This series is made possible through major grants from Target and the Lilian Wright and C. Emil Bergland Foundation.

EXHIBITS


CLASSES

Peg Houch is offering watercoloring classes for young people — grades 4 to 8 — on Saturday, February 8 and 15 from 10 a.m. to noon at St. Matthew's Episcopal Church. The classes cost $24. Call 645-4453 to register.

TALKS

Artist Vera Wong considers "With Open Eyes: Drawing Life from Nature" at the Como Park Conservatory on Thursday, January 30. Lecture cost $10. For information call 487-8272.

Novelist and delta griot Arthur Flowers performs at the St. Paul Student Center on February 28, 7:30 p.m., in celebration of African American History Month. Call 624-7434 for information.
<table>
<thead>
<tr>
<th>Date</th>
<th>Event Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1 Saturday</td>
<td>Teen Night, South St. Anthony Park Rec. Center, 7-10 p.m.</td>
</tr>
<tr>
<td>2 Sunday</td>
<td>&quot;Whod A Thought It: Improvisation in African-American Quilting&quot; opens at the Goldstein Gallery, McNeal Hall, St. Paul Campus, 1:30 - 4:30 p.m.</td>
</tr>
<tr>
<td>3 Monday</td>
<td>AA, St. Anthony Park Lutheran Church, 8 p.m. Call 770-2646. Every Monday.</td>
</tr>
<tr>
<td>4 Tuesday</td>
<td>Boys Scouts, St. Anthony Park United Church of Christ, 7 p.m. Call 644-4175. Every Monday.</td>
</tr>
<tr>
<td>5 Tuesday</td>
<td>Primary Day, Ramsey County Commissioner District 3 — Como Park and Falcon Heights. Voting locations call 266-2171.</td>
</tr>
<tr>
<td></td>
<td>Town Meeting, Capital Improvement Plan, Lauderdale City Hall, 1891 Walnut Street, 7:30 p.m. Call 646-4265. Every Tuesday.</td>
</tr>
<tr>
<td>6 Tuesday</td>
<td>St. Anthony Park recycling day.</td>
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<tr>
<td></td>
<td>Leisure Center, St. Anthony Park United Methodist Church, 9 a.m. - 1 p.m. Every Wednesday.</td>
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<tr>
<td>7 Friday</td>
<td>Physical Planning Committee, St. Anthony Park Community Council, 890 Cromwell, 7 p.m.</td>
</tr>
<tr>
<td>8 Saturday</td>
<td>The First Wives Club, St. Paul Student Center's Roxxy Film Series, 7 and 9:30 p.m.</td>
</tr>
<tr>
<td>9 Sunday</td>
<td>Violinist Janet Parker and pianist Omin Grossman, Music in the Park Series, St. Anthony Park United Church of Christ, 4 p.m.</td>
</tr>
<tr>
<td>10 Monday</td>
<td>Como Park recycling day.</td>
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<tr>
<td></td>
<td>Park Press, Inc. — Park Bugle — board meeting, ParkBank, 7 a.m.</td>
</tr>
<tr>
<td>11 Tuesday</td>
<td>Lauderdale City Council, City Hall, 1891 Walnut Street, 7:30 p.m.</td>
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<tr>
<td>12 Wednesday</td>
<td>Ash Wednesday.</td>
</tr>
<tr>
<td>13 Thursday</td>
<td>Falcon Heights City Council, City Hall, 2077 W. Larpenteur, 7 p.m.</td>
</tr>
<tr>
<td>14 Friday</td>
<td>Valentine's Day.</td>
</tr>
<tr>
<td>15 Saturday</td>
<td>The Truth About Cats and Dogs, St. Paul Student Center's Roxxy Film Series, 7 and 9:30 p.m.</td>
</tr>
<tr>
<td>16 Sunday</td>
<td>President's Day.</td>
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<tr>
<td>17 Monday</td>
<td>No School, St. Paul district.</td>
</tr>
<tr>
<td>18 Tuesday</td>
<td>Lauderdale Planning Commission, City Hall, 1891 Walnut Street, 7:30 p.m.</td>
</tr>
<tr>
<td>19 Wednesday</td>
<td>St. Anthony Park recycling day.</td>
</tr>
<tr>
<td>20 Thursday</td>
<td>Langford Booster Club, Langford Park Rec Center, 7:30 p.m.</td>
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<tr>
<td>21 Friday</td>
<td>Falcon Heights and Lauderdale recycling day.</td>
</tr>
<tr>
<td>22 Saturday</td>
<td>&quot;500&quot; Club, City Hall, 1891 Walnut Street, 1 p.m.</td>
</tr>
<tr>
<td>23 Sunday</td>
<td>Raiders of the Lost Ark, St. Paul Student Center's Roxxy Film Series, 7 and 9:30 p.m.</td>
</tr>
<tr>
<td>24 Monday</td>
<td>Como Park recycling day.</td>
</tr>
<tr>
<td>26 Wednesday</td>
<td>Housing and Human Services Committee, St. Anthony Park Community Council, 890 Cromwell, 5:30 p.m.</td>
</tr>
<tr>
<td>27 Thursday</td>
<td>Environment Committee, St. Anthony Park Community Council, 890 Cromwell, 7 p.m.</td>
</tr>
<tr>
<td>28 Friday</td>
<td>master organist Cap'n Jack McDuff, Evenings Under Glass at Como Park Conservatory, 7 p.m.</td>
</tr>
</tbody>
</table>

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Items for the March Community Calendar must be submitted to the Bugle office by 6 p.m., Friday, February 14.
O B I T U R A I E S

Clarence Arlander
Dr. Clarence E. Arlander — age 91 — died on January 12. He lived at 1666 Coffman. Arlander graduated from the University of Minnesota Medical School in 1929. He served as a medical officer in World War II. A member of Elm Baptist Church, he also belonged to Arcana Lodge #187, the Zarah Temple of the Shriners, the Northeast Lions Club and the Hennepin County Medical Society.

Preceded in death by his wife, Ruth, son, Philip, and parents, Eugar and Emily, he is survived by sons, Thomas and David; grandchildren, Scott and Jodi Michel; great-grandson, Christopher Michel; and sister, Florence Peel.

Charlotte Dienhart
Charlotte M. Dienhart died on January 15. She was 73 years old and made 1666 Coffman home. Born in Sioux Falls, Dienhart moved to Minneapolis as a youngster. She received a BS degree from the College of St. Catherine, MS from the University of Iowa, and PhD from Michigan State University.

After 26 years of teaching at Emory University School of Medicine, she retired and moved to St. Paul. She was active at the College of St. Catherine and at Corpus Christi Catholic Church. Preceded in death by her parents, Arthur and Mae, and brother, Arthur, she is survived by her nephews, Paul and Mark; four grandchildren; and a goddaughter.

Robert Forster
Lauderdale resident Robert W. Forster died on January 12 at the age of 73. Forster was a 30-year employee of American Can Company and a member of Peace Lutheran Church.

He is survived by his wife of 52 years, Dorothy; daughters, Dorene Finkhauer and Judy Wallraf; son, Steve; eight grandchildren; and 12 great-grandchildren.

Roberta Frank
St. Anthony Park resident Roberta Frank died on January 14. A member of the St. Anthony Park United Church of Christ, Frank is survived by her husband, Steve Grotehusen; and children, John and Lisa Grotehusen.

Leslie Larson
Falcon Heights resident Leslie W. Larson died on December 24. He was 90 years old. A member of the Midway Lodge #185 and the Scottish Rite, Larson attended North Como Presbyterian Church.

He is survived by his wife, Margaret; daughters, Betty Thomas and Beverly Torrence; six grandchildren; 12 great-grandchildren; two sisters; and a brother.

Clarice Mattson
Clarice C. Mattson, age 84, died on December 28. She once called South St. Anthony Park home and recently lived in Minneapolis. Born in Wright County, she raised her children in St. Anthony Park. When her daughter, Karen, started racing on playground ponds for speedskating medals, Mattson persuaded neighborhood parents to form the Midway Speed Skating Club.

She earned a master's degree in social work from University of Minnesota in 1961. Then, she became a Ramsey County supervisor, working with welfare recipients and as a family counselor. In the 1960s Mattson began cross-country and water-skiing. She was a member of Plymouth Congregational Church.

Mattson is survived by daughters, Norma Williams, Karen Gustineau, and Sonia Cairns; son, Russ; 14 grandchildren; 13 great-grandchildren; and a sister, Florence Hassien.

Genevieve Nelson
Genevieve M. Nelson, longtime principal at St. Anthony Park Elementary School, died on January 12 at the age of 75. She was the principal at St. Anthony Park from 1965 to 1977, after teaching at LaFayette and Homestead schools and being a television teacher at KTCA. Later, she served as principal at Prosperity Heights and at Frogt Lake School before becoming a consultant to the St. Paul schools. The winner of numerous education awards and co-chair of the St. Paul Retired Teachers Association, Nelson also enjoyed photography and rose gardening.

Nelson is survived by her husband, Leonard; sisters, LaVerne Stroman, and Audrey Swenson; brothers, Dennis Swenson, James Swenson, and Leland Swenson.

Lorraine Sporley
Lorraine G. Sporley died in December at the age of 95. Before moving to the Episcopal Church Home, she lived on Grand View Street in St. Anthony Park.

Sporley graduated from Miss Wood's Kindergarten School and taught until her marriage in 1929. Preceded in death by her husband, Charles, she is survived by daughter, Gail Denniss of St. Anthony Park and grandson, Michael Dennis.

Ruth Stowe
Falcon Heights resident Ruth R. Stowe died on December 25 at 73 years of age. Stowe was preceded in death by her husband, Dr. Clarence "Larry" Stowe. She is survived by three daughters, Carol Hamner, Dr. Elton Ingham, and Janice Stowe-Munger; six grandchildren; sister, Gloria Angle; and brother, Richard Sweet.

W. Dixon Ward
W. Dixon Ward, age 72, died on December 19. He was a professor emeritus at the University of Minnesota and lived at 1666 Coffman in Falcon Heights.

Compiled by Ann Bulger
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goes underground for the winter! Let’s get your basement organized. Shelf building and rubbish hauling. Garages too. Call John, 379-2399.

**SCHUMAN BROS. QUALITY PAINTING**
textured ceilings and water damage repairs, professional service at affordable rates. Local references, free estimates, insured: Jonathan, 481-0402. 645-1119 after 5.

**LAVENDER MAID:**
Quality, reliable housekeeping. Specializing in private, regular or occasional cleaning. 415-0293.

**PRUNING:**
Shrubs, hedges, small trees expertly pruned. 30 years experience. Swiss Gardens 642-9985.

**HANDYMAN**
Will expertly do all the little jobs around your home. 642-9985.

**GENERAL CONTRACTOR**
with old house experience. Repairs, replacements, additions of windows, doors, decks, roofs, etc. Kitchens, baths, and family rooms. Local neighborhood references are available. Call Terry 645-9369. License #20067123.

**PAINTING PLUS**

**HILLIARD E. SMITH general contractor:**
Contractor, work block, stone, concrete work. Interior, exterior remodeling, insulation, underpinning porches. 46 years in the Park. Small jobs are our specialty. Licensed, bonded, insured. 644-0715.

**CLEANING**
Established business. Thorough, honest, reasonable and S1. A.F. resident eight years. Mary 798-7560.

**WINDOW WASHING**
in and out. “You will see the difference.” Call Larry 780-9097.

**APPLIANCE REPAIR**

**HOUSE CLEANING** - no job too small or big. Quality work you can always depend on. 776-9534.

**CARLSON PAINTING**
interior and exterior, furniture restoration, repainting, wallpaper, free estimates. 429-0894.

**DEADBOLTS INSTALLED**

**INNOVATORS**

**Additions**
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**Kitchens**
Ceramic Tile

**Local Reference**
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Licensed, Bonded and Insured

ID 20067213

Also: Replacement Windows
Home Offices • Basement Additions
Exit Windows for Emergencies

**Burton’s Rain Gutter Service**
- Clean - Repair - Install
Rainleader Disconnects - Chimney Caps

**Burton’s Rain Gutter Service**
Licensed - Bonded - Insured
Serving area since 1973

**Burton R. Johnson**
699-8900
894 GRAND AVE

**ROOF SNOW & ICE REMOVAL**
Licensed - Bonded - Insured
More "pizza-like" appearance.

The most noticeable change, however, is the addition of a children's reading room behind the current building. The addition will be round, scaled for children and built with materials that "match the original as closely as possible," Broussard said.

Matching the roof tile and terra cotta cornics will be easier than matching the brick, he said. The brick used on the original structure has not been produced for years.

Making the addition round has several advantages, Broussard said. "The design is simple... and it will not compete with the original, because the addition will have its own finesse and character."

Inside the library, the circulation desk, restrooms and staircase will be refigured, and a sun-lit reading room for adults will fill the corridor between the original library and the children's room.

Community Organizer Abby Strack asked West and Brower if the "paperwork"—or approval of the site plan by the city—had been received. West reported that final approval had not yet been received, but that barring any "gross surprises, it's moving along fine."

Kathy Stack, a library administrator, plans to apply for a grant from the state to provide additional funds for accessibility. Stack said the library will learn if they have received the grant on February 9.

The community council approved the plans unanimously. The library design team appears before the city zoning board on January 27, and upon receiving approval, will start seeking bids, in early February.

Bandy... from page 6

interest in bandy is growing for girls as well as boys. This year there are 10 girls who are playing in the Roselle youth program.

Last October, the St. Anthony Park Bandy players and their families travelled to Sweden on a bandy excursion. During their nine-day visit, the kids played bandy with Swedish youth teams in several cities, including Uppsala and Ljungdal.

They also attended the World Cup tournament, and did lots of sightseeing.

Skoller, Vorhees, and Furry helped organize the trip to Sweden. In all, 17 kids and 2 adults, most of whom are involved in the Roselle Bandy program, took advantage of the opportunity to travel to Sweden. They all came back with tremendous enthusiasm for the sport.

For this year, a trip is being planned that will send two boys teams and one girls team to Sweden in October to play in tournaments. Later, the first ever Youth Bandy World Cup will be held in December at the Rino Oval. Tryouts for these teams began in January.

Contact Roselle Park Recreation for information.

BETHANY BAPTIST CHURCH
Skillman in Cleveland on Roselle. 631-0211
Bethany Baptist Baptismal/Worship 10:45 am
Sunday School 9:30 am
Pastor Bruce Penney.
Filipino-American Worship 11 am
Pastor Gonzalo Oljarm.

COMO PARK LUTHERAN CHURCH
1376 W. Hoyt Ave. 646-7127 Handicap-accessible
CPL Contact Ministry 646-4197
Sunday Schedule (Nursery Provided)
Rides available for all 11 am worship:
- Call 646-7127 by noon Friday.
- 8 and 11 am Worship: Communion 1st and 3rd Sundays.
- 9 am Children and Family Worship, Voice of Peace, Rehearsal.
9:45 am Sunday School.
10 am Adult Forum, Youth Forum
Monday Schedule:
7 pm Old Testament 301 (Nursery available)
Tuesday Schedule:
Feb. 4 and 25, 9 am Senior Fellowship Quilting
- Wednesday Schedule:
6:45 am Bible Study at Key's Leasing.
9:30 am Beginning Adult Handbells.
10:15 am Old Testament 201.
11:15 pm Meal for everyone (Adults $3, kids 13 years and under $2, not to exceed $10 per family).
- 6 pm Choir School, Joyful Ringers.
7 pm Life With God (Adult led). Confirmation, CPL Choir.
7:30 pm MIDWEEK (High School Youth Group).
Feb. 5 and 8-10 pm Complete.
Feb. 12 and 20 Worship Wednesday 10 am and 7 pm
(Nursery available)
Feb. 19 and 26 Wednesday Lenten Worship 7 pm
(Nursery available)
Feb. 26 Mens' Fellowship Fundraiser. Call for information.
Thursday Schedule:
Feb. 20 Meals-On-Wheels.
Friday Schedule:
6:45 am Men's Breakfast Fellowship at CJ Brown in Har Mar.
Pastor: Paul Harris and Nancy Koester
Seminary Intern: Mike Weaver.
Director of Music Ministry: Scott Baker.
Director of Youth and Family Ministry: Joe Sheehan.

CORPS CHRISTI CATHOLIC CHURCH
2311 No. Fairview at County Rd. B. 639-8888
Meaningful liturgies in a new worship space.
- Growing community. Handicap accessible.
- Saturday Mass: 5:00 pm.
- Sunday Mass: 8:30 and 10:30 am.
- Feb. 12 Ash Wednesday 6:45 am Mass and Service of Ashes.
- Noon and 7 pm Service of Ashes.
- Wednesdays Feb. 19 and 26, 7 pm Stations of the Cross.

LUTHERAN CAMPUS MINISTRY
1407 North Cleveland Ave. 645-4651
Sunday Study 9 am, Finding Your Voice
Sunday Worship 10 am.
- First Sunday of the month free meal for students.

MOUNT OLVIE EV. LUTHERAN CHURCH
(A WELS Congregation)
THE CHURCH WITH A SMILE
1460 24th Ave. at Park. 695-2978.
- Sunday Service 9 am.
- Sunday Education Hour: 10:30 am
- Wednesdays in Lent 7 pm Service.

PEACE LUTHERAN CHURCH
1744 Walton at Jane. 1 block north of Lamphere. 644-5440.
- Sunday Education: 9:15. Classes for all ages.
- Sunday Worship 10:30 am. Holy Communion 1st and 3rd Sundays.
- Tuesday Bible Study 10 am. You are invited to join us.
Pastor Dave Hattemann.

ROSE HILL ALLIANCE CHURCH
Rosedale at Cleveland. 631-0173
Sunday Worship: 9 am.
- Sunday Coffee Fellowship 10:30-11 am.
- Sunday School 11 am.
- Sundays 6 pm, 9th Group.
- Wednesday Jan-July: Women's American Culture Class 12:30 pm

ST. ANTHONY PARK LUTHERAN
Corno and Lamar Place. Handicap-accessible. 645-0371
Pastor and Associate Pastor.
Sunday Worship: 8:45 and 11 am. Nursery at both services.
Sunday School, Adult Education and Bible Study: 9:30 am.
Communion 1st and 3rd Sundays.
Faith Chinese Fellowship: 1:30 pm Sundays.
信義教會 星期天下午 1:30pm
English as a Second Language classes Mondays, 1-2:45 pm.
- Register to call 645-9542.
- Prayer Group: Fridays morning.
- Feb. 12 Ash Wednesday and the following Wednesdays in Lent.
5:30 pm Soup Supper.
- 7 pm Midweek Lenten Service.
- The theme is "Grasping with God... God Grasping with Us."
Feb. 16 Prevaling Winds Concert
Visitors are welcome.
- Room available for transportation to and from services.

ST. A.P. UNITED CHURCH OF CHRIST
2129 Commonwealth at Chatswood. 646-7173
Rev. Dave Packard, Pastor.
Sunday Worship: 10 am. Nursery care provided.
Sunday Education Hour for all ages: 9 am.
Feb. 12 Ash Wednesday
- Weekly Lenten Supper (6:30 pm) and Study (7-8 pm) begins for adults and children.

ST. A.P. UNITED METHODIST CHURCH
THE CHURCH WHERE EVERYONE IS ALWAYS WELCOME
Corno and Holland St. 646-4859
Sunday Schedule:
- Worship 8:45 am and 10:45 am
- 9:30 and 11:45 am Fellowship.
- Wednesday 5:30 pm, Lesson Center with noon lunch.
- Wednesday, Feb. 12 Ash Wednesday Communion 11 am and 7 pm.
- Wednesday Feb. 19 and 26, 7 pm Midweek Lenten Worship.
- 7 pm Youth Activity Night.

ST. CECILIA'S CATHOLIC CHURCH
Corno and Barlow Places. 644-4502
Saturday Mass: 5 pm.
- Sunday Mass: 10 am (church nursery provided) and 8:30 am at Sea Hi-Rise, 825 Sea Hi (handicap accessible).
- Daily Mass: 7 am at the Parish Center.
- Feb. 12 Ash Wednesday 7 am and 12:05 noon and 6:30 pm.
- Eucharist and Distribution of Ashes at the church.
- Lenten Schools at the church.
- Mondays and Fridays 7 am Scripture and Communion.
- Wednesdays and Thursdays 7 am Eucharist.
- Wednesday, Feb. 26, 7 pm Private Reconciliation.
- Thursday, 6:30 pm Rosary.
- Friday 7 pm stations of the Cross.

ST. MATTHEW'S EPISCOPAL CHURCH
2156 Center at Chatswood. 645-3058
Sunday Schedule:
- 8:30 Holy Eucharist. More info.
- 10:30 Holy Eucharist. More info.
Nursery and child care at both services.
- 9:15 am Education Hour for all ages.
- Feb. 11, 9:30 - 7:00 Thursday, Parish Pancake Supper to support
Youth Ministry. All you can eat. Adults $3; Children under 13, $2.
- Families $10.
- Feb. 12 Ash Wednesday Eucharist 7 and 10 am and 5:30 pm.
- Simple Soup Supper following the 5:30 Eucharist.
- Feb. 26, and 26. Sunday Lenten Program "Images of Faith from
the Scriptures" led by Professor Vera Chiller of the Theology
Department at the College of St. Catherine. 4:50 pm followed by a coffee social.

The Rev. Grant Abbott, Rector
The Rev. Lynn Lawyer, Deacon

WARRENDALE PRESBYTERIAN CHURCH
1040 Como Ave. at Oxford. 489-6054
Sunday Worship: 9:30 and 11 am (church nursery provided).
Sunday School: 9 am. Dr. Robert Bailey, Minister.