BUS EST Serving the co

JUNE 1990
FREE COPY Serving the communities of St. Anthony Park, Lauderdale, VOLUME 16, NO. 12
FREE COPY Serving the communities of St. Anthony Park, Lauderdale, Falcon Heights and West Como Park.

Park Festival, Arts Fair, Arts Tour sure to please

The 21st annual Arts & Crafts Fair & Festival will wind around Como & Carter on Sat., June 2, from 9 a.m.-4 p.m. Festivities actually begin the previous evening at 6 p.m., with a 4-H Ice Cream Social & St. Anthony Park Community Band concert in the Park-Bank drive-in parking lot. Saturday starts off at 7 a.m. with an all-you-can-eat pankake breakfast at St. Anthony Park Methodist church. Then the Festival & Arts & Craft Fair begins at 9 a.m., lasting until 4 p.m. Festival-goers will find food concessions all day along Como & Carter, sidewalk sales, a kids' space at the drive-in bank, live music and entertainment. Scheduled to appear at the band shell on Carter Ave. are:

9–9:30 a.m. Jugglers 9:30–1:30 Ducktails

9:30–1:30 Ducktails
10:30–11:30 St. Anthony Park School of Dance
11:30–noon Morris Dancers

noon–12:30 Hungarian Dancers 12:30–1 p.m. To be announced 1–1:30 p.m. Morris Dancers 1:30–2 p.m. Jugglers

2-2:30 p.m. Hungarian Dancers 2:30-3 p.m. St. Anthony Park Gymnastics Club

3-4 p.m. Hill Brass Group

The Festival is sponsored by the St. Anthony Park Merchants and Professionals Association, under the direction this year of Paul Kirkegaard (coordinator), Diane McGuire, Paula Arnold, and Frank Blomgren.

Over at the library, a book sale of fiction & nonfiction withdrawn from the St. Paul libraries will start at 9 a.m. in the lower level of

Festival to 9



Photo by Kay Shaw
Paul Kirkegaard, Frank Blomgren, Paula Arnold, and Diane McGuire of the Park Festival planning committee were joined by young Megan McGuire. They look forward to a day of fun on June 2.

Photo by Truman Olson

Betsy Cole, chair of the board of Quality Tool, is pleased to have a full shop of workers to replace former employees who have been on strike since last fall.

Strike doesn't stop Quality Tool

By Mary Mergenthal

Last month, the Bugle ran a story about the seven month strike of union workers at Quality Tool, a metal stamping and fabrications plant on Energy Park Drive near Raymond Ave. That article presented information about the strike, based on an interview with the union steward. Now, having had the opportunity to speak to the company's owners, we would like to present more details of this story—a long and painful experience for many people.

There are differing interpretations of the events leading to the strike at Quality Tool. One item about which Quality Tool board chair Betsy Cole and William H. Roe, president, are very definite is that they made it clear to workers that Quality Tool could not afford a strike. When negotiations reached a standstill, the owners offered interest arbitration.

"In interest arbitration, each side gives its best shot and a third party chooses," said Betsy Cole.

"This [interest arbitration] has never been done in Minnesota before, because no company wants to lock the union in," said Cole. "The international union, the local and the committee

recommended the contract we offered. When that happens, it's unheard of to strike, but our workers chose to strike anyway."

The strikers insist that Quality Tool management was trying to "bust the union."
Cole insists: "There's a difference between supporting labor and supporting the union. There never was a wage cut. We offered to pay based on job skill, not' seniority. We offered training. Suggesting interest arbitration was the most non-union busting option possible."

Quality Tool to 9

South St. Anthony parents fight for buses

By Phil Holt

Students who live in South
St. Anthony Park within a mile
of St Anthony Park Elementary
School may have to walk to
school next year. Students
were previously bused to
school because the old
Raymond Avenue bridge was
considered dangerous by
school district transportation
officials. The new bridge is
now finished and the district
feels that next year children in
that area should walk to
school.

Parents Paula Almer and Kathy Badger recently organized a meeting of 26 people at St. Cecilia's Catholic Church to discuss their reasons for wanting the busing to continue. They are concerned that students will have to cross the intersection of Raymond Ave. and Energy Park Drive.

The lastest count by the City of St. Paul shows that at least 22,263 vehicles go through that intersection each day.

Mark Baloga, who represented City Councilperson Paula Maccabee, said the construction of the proposed University Transit Way and possible commercial development at the intersection could markedly increase construction and traffic through the intersection.

Other safety issues were discussed, including the lack of pedestrian railings on the Raymond Avenue bridge, the limited visibility around the area of the viaduct, the access to the railroad tracks and the lack of "safe homes" along the industrial section of Raymond Avenue. Parents maintain that all these hazards would be too much for sixth grade student crossing guards to handle.

Mr. Harold Turnquist of St. Paul Public School Transportation Department attended the meeting to listen to concerns. He stated that according to state law, the district must transport children if they live two or more miles away from school and has an option to transport children who live one mile from school. If there are "extremely hazardous traffic conditions," according to Turnquist, the district may choose to bus children within one mile.

Rep. Alice Hausman commented on the meeting. "I saw a good exchange between the Transportation Department and the parents," citing the note-taking by the transportation officials. She recommended talking with the School Board. "I think we need to specifically look at the guidelines."

School Board member Eleanor Weber echoes the concern of the parents, "I believe that busing is going to continue. I think a need still exists."

The parents are planning to get the issue on the agenda of the June District 625 School Board meeting.

St. Anthony Park Community Council

This space brought to Bugle readers by the St. Anthony Park Community Council.

Edited by Bobbi Megard

June meetings & events

- St. Anthony Park Festival and Crafts Fair 9 a.m.-4 p.m. Como at Carter.
- Physical Planning Committee, 5 p.m.

Human Services Committee, 7 p.m.

13 Community Council meeting 7 p.m.

!!!RECYCLE!!!

- 18 Bookstart, M-Th., 9-10:30 a.m. Continues for 6 weeks.
- 27 Housing Committee, 5 p.m.

Environment Committee, 7 p.m.

!!!RECYCLE!!!

Note: All Meetings held at the SAPCC meeting room unless otherwise indicated.

Council actions at a glance

Actions in May included:

- Recommended to Ramsey County, the City of Falcon Heights and the City of St. Paul that Cleveland Ave. be repaired from Como Ave. to the City limits, but not widened, and that assurances be received that Cleveland Ave. will not be widened in the future. The Committee also strongly recommended that Cleveland Ave. not be widened beyond the City limits but strongly recommended repair of the roadway from Larpenteur to County Rd. B.
- Approved the University of Minnesota plan for Phase I of the Busway with the following conditions: That the proposed landscaping be fully in place before the Busway becomes operational and that the speed limit shall not exceed 45 miles per hour.
- Stated that the approval of the plan for Phase I does not constitute approval of building the Busway in phases.
- · Approved a \$50 contribution to the Bookstart program for 1990.
- · Recommended that the Langford Park Booster Club sponsor a Kidsday activity this year.
- · Supported the position of the West Side Community Council to improve the Early Notification System (ENS) between the St. Paul School District and the district councils and other neighborhood
- · Supported the reinstatement of the Parks mini-grant program by the City of St. Paul.
- Notified the Mayor and appropriate City Departments regarding a vehicle repair shop operating in a residential area.

The St. Anthony Park (District 12) Community Council is a group of 21 citizens elected to serve the District 12 area of St. Paul, including residents of St. Anthony Park, and representatives of commerce and industry. It is one of 17 citizen participation councils in the city.

The council meets the Wednesday after the first Thursday of every month. All meetings are open to the public. Check for loca-

William Baker, Jonathan Bentley, Lis Christenson, Joan Hurley-Clemens, Melissa Coffey, Kurtis Dale, Lesley Jo Garrett, Daniel Goodman, John Grantham, Sandra Jacobs, Greg Kneisl, Alice Magnuson, Heidi Myers, Carol Osip, James Pfau, Michael Russelle, Jack Sheldon, Bill Slettom, Tim Smith, Warner Shippee, Richard Tennyson.

Office hours 9 a.m.-3 p.m., M-F; messages received on office answering machine at other times.

St. Anthony Park Community Council Office 890 Cromwell

St. Paul, MN 55114

District 12

292-7884

What's missing from this picture?

If you said, "daylilies, blue spruce, and historic railings from the old bridge," you're thinking along the same lines as the Council, which will launch a community landscaping project for the new Raymond Avenue bridge this summer. The project is called "Bloomin' Bridges," and volunteers are needed to plant and care for conifers and hardy perennials on the southwest approach to the bridge.

To lend an historic touch to the project, sections of the old railing will be used in this and several other nearby sites. Activities will include a planting session, weekly waterings, and a project picnic. No previous gardening experience is needed,

and volunteers will be assisted by master gardeners. Participation is open and accessible to all members of the community; hours and amount of participation are flexible.

The project should be lots of fun and give community members—both individuals and families—an opportunity to work together to add a touch of beauty and history to a very important community landmark. Participants will also learn about drought-resistant planting to protect the environment. For more information about this and other community plantings for which the council needs volunteers, call 292-7884.

Bookstart

Bookstart is a program in which 4-6-year-olds discover the fun and joy of reading. Several stories will be read each day along with activities to promote creativity and imagination. Classes are June 18-July 26 on M, T, W, Th from 9-10:30 a.m. (No class Wed., July 3) Register by calling the community council office (292-7884), or in person on June 12 from 9-11 a.m. at the So. St. Anthony Rec. Center.

The program is looking for junior and senior high school students who would like to share some time with the children in the program. This would involve helping out with crafts and activities along with a chance to use imagination and creativity to help children discover what fun books can be. To help, please call Lesley Garrett at 645-5965. Scheduling is flexible—for example, every Monday.

Used books in good condition for use by the youngsters in the program are welcome. Books should be suitable for ages 4-6. Cash donations will help buy new books for each child to take home at the end of the sessions. All donations are tax-deductible. Make your contributions to: St. Anthony Park Community Council, Bookstart Program, 890 Cromwell Ave., St. Paul, MN 55114.

Two crime prevention positions available

Part-time (20 hours/week) position for CrimeWatch and Outreach Organizer to coordinate crime prevention efforts and the blockworker network in St. Anthony Park.

Part-time (10-15 hours/week) position to coordinate commercial CrimeWatch project in North St. Anthony Park commercial area.

For both positions, send resumé and cover letter by June 15 to: Roberta Megard, Community Organizer, St. Anthony Park Community Council, 890 Cromwell, St. Paul, MN 55114 or call 292-7884. (One individual may hold both positions.)

Highschoolers, take note

Are you interested in your neighborhood and in addressing issues involving those who live in St. Anthony Park? The Human Services Committee of the Council is looking for teens to serve on this committee.

The Committee is anxious to involve high school students. This is an excellent opportunity to get involved in your community, give insight into the needs of the student population, and meet community involvement requirements for graduation.

If you are interested and would like more information, call Lesley Garrett, Human Services Committee Chair, 645-5965, or Bobbi Megard, Community Organizer, 292-7884.

Recycling report

During the month of April, there was a notable rise in the amount of recycling picked up curbside in St. Paul. The St. Paul Neighborhood Energy Consortium (NEC) reported that in March, 669 tons of recyclables were picked up curbside in the neighborhoods that they serve. In April the total was 755 tons. Each month curbside pickup makes small gains; however, tonnage went up 13% for the month of April.

"We usually see a significant rise in recycling participation after any large promotional mailing," reported Martha McDonell from the NEC. "During the end of February and in March we mailed out the 1990 neighborhood calendars and stickers. People have really responded positively to the recent neighborhood promotion and to the environmental concerns raised during Earth Week.'

Curbside recycling tonnage in our neighborhood, District 12, was: 32.8 tons in Jan., 33.9 tons in Feb., 39.8 tons in March, and 33.7 tons

For more information about the curbside recycling program in our neighborhood, call the St. Paul Neighborhood Energy Consortium at 644-SORT or 292-7884.

RECYCLING DAY, AUG. 8, WILL BE COMBINED WITH A COLLECTION OF CANNED GOODS FOR THE MERRIAM PARK EMERGENCY FOOD SHELF. RESIDENTS MAY PUT FOOD SHELF DONATIONS ON THE CURB ALONG WITH THEIR RECYCLING AND THEY WILL BE PICKED UP BY SUPER CYCLE. COMMUNITY VOLUNTEERS WILL THEN COLLECT THE ITEMS AND DELIVER DONATIONS TO MERRIAM PARK COMMUNITY CENTER. WATCH FOR MORE INFORMATION IN THE JULY ISSUE OF THE BUGLE.

Neighbors

Sarah Nobles will give a piano recital at St. Anthony Park Lutheran Church, 2323 Como Ave., on Sun., June 10 at 4 p.m. Although a resident of St. Anthony Park, Sarah, age 15, has been studying this year at the North Carolina School of the Arts as a high school freshman and piano major.

She has been invited to compete as a semi-finalist in the Young Keyboard Artist Association's International Piano Competition (YKAA) in Oberlin, Ohio, in July. The recital will preview Sarah's YKAA pieces and help earn her way to music camp in Saugatuck, Mich., where Sarah's current teacher, Eric Larson, will further prepare her for the competition.

Admission is \$6 at the door. Larger donations will be accepted and appreciated.

Please note the program is not suitable for children under 6.

Sarah is the daughter of James Nobles and Lena Rothman, a resident of St. Anthony Park. The recital is sponsored by the Carter Avenue Frame Shop, The Bibelot Shop, Omega Travel, Dr. Paul Kirkegaard, Dr. David Gilbertson, Speedy Market, Mannings In The Park, and Miller Pharmacy.

A special note of thanks goes to Jean Krinke, Sarah's former piano teacher of 11 years, for her wonderful instruction and direction.

Carol Osip, a resident of St. Anthony Park, was presented the 1990 Faye Lyksett Award by the League of Women Voters of St. Paul at its recent annual meeting. This award is given each year to a League member who has been outstanding in service to the League and the community. Osip, a member since 1980, is employed as the Lead Psychologist for the St.



Paul Schools. She is co-chairperson of the St. Anthony Park Community Council. Ann Copeland, also of St. Anthony Park, will serve as president of the St. Paul League for 1990-91.

David Pinto, Falcon Heights, was one of three Minnesota students named a Presidential Scholar. He, along with all 141 national winners, will spend a week in Washington, D.C., in June. Pinto is a student at Roseville Area High School.

Sara Zimmermann, St. Anthony Park, was honored recently as the top women's track and cross country team member at

the University of Minnesota. A total of 136 men and women were given awards at the first student-athlete awards dinner for all university sports teams. All varsity athletes with at least a 3.0 GPA were included.

Singer/songwriter Adam Granger will celebrate the release of his new solo album, "Collection," with a concert at the Cedar Cultural Center on Fri., June 8 at 8 p.m. In this concert, he will be joined by three members of the Fabulous Minnnesota Barking Ducks-Karl Smelker, Lee Tedrow and Dave "Burnie" Benson. Granger's album, released under the Jeep label, features all original material and mixes ballads, folk and country rock.

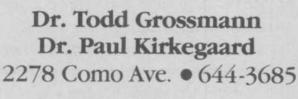
Granger, who lives in St. Anthony Park, is a former member of the Powdermilk Biscuit Band and was an occasional host on Garrison Keillor's Prairie Home Companion. He has also received an award from the Minnesota Music Academy for his virtuosity on



Adam Granger

the solo acoustic guitar and also for work done with the group "The Eclectic Brothers."

A graduate of Murray High School, Dr. James H. Merrell, now of Poughkeepsie, N.Y., was one of two professors recently awarded the 1990 Bancroft Prize in American history by Columbia University. His work, The Indians' New World: Catawbas the Their Neighbors from European Contact through the Era of Removal, was published for the Institute of Early American History and Culture, Williamsburg, Va., by the University of North Carolina Press. Dr. Merrell is an associate professor of history at Vassar College.



Your neighbors in St. Anthony Park

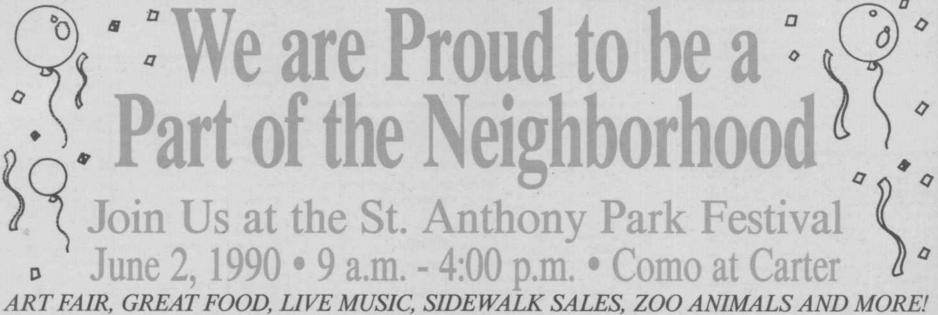




River City Mental Health Clinic

Providing individual, group, marriage and family therapy.

> St. Anthony Park Bank Building 2265 Como Ave. 646-8985



ART FAIR, GREAT FOOD, LIVE MUSIC, SIDEWALK SALES, ZOO ANIMALS AND MORE!

Family Fun For Everyone

St. Anthony Park Merchants and Professionals Association

Ahlgren & Ahlgren Attorneys, 646-3325 Bane/Holtzclaw CPA, 644-1074 Bibelot Shop Inc., 646-5651 R.W. Bjorndahl, D.D.S., 646-1123 Dr. Linda Budd, Psychologist, 644-8235 Carter Avenue Frame Shop, 645-7862 Children's Home Society of MN, 646-6393 Commonwealth Healthcare Center, 646-7486 Country Peddler, 646-1756 Courtyard Antiques, 645-6992 James Dodd, D.D.S., 646-1123 H.B. Fuller Company, 645-3401 Todd Grossmann, D.D.S., 644-3685 Group Health, Inc., 641-6200 Warren Hansen Organization, 647-1627 Edelweiss Design, 698-8457 Paul Kirkegaard, D.D.S., 644-3685 Knudsen Realty, 644-3557

Learning Square, 644-8877 Mannings in the Park, 641-0808 M. Mariano & Co., 645-7655 Ann McCormick's Hairstyling Salon, 644-3926 Micawber's Bookstore, 646-5506 Joseph Michels, Architect, 646-4759 Miller Pharmacy, 646-3274 Milton Investment Co., 644-5113 Muffuletta, 644-9116 Nelson Financial, 647-0135 Omega Travel, 646-8855 Park Bank, 647-0131 Park Bugle, 646-5369 Park Hardware, 644-1695 People Management, 644-9160 Rev. John Reigstad, Family Counselor, 642-1654 River City Mental Health, 646-8985

State Farm Insurance, James Roehrenbach, 644-3740

St. Anthony Park Barber Shop, 644-9791 St. Anthony Park Block Nurse, 642-9052 St. Anthony Park Clinic, 646-2549 St. Anthony Park Community Council,

St. Anthony Park Library, 292-6635 Sal's Park Deli, 646-Deli Ken Schivone, Attorney, 646-4745 Pam Sherman's Bakery, 645-7578 Speedy Market, 645-7360 Transformed Tree, 646, 3996 Twin City Linnea Home, 646-2544

292-7884

Wellington Management, 292-9844 Julian Zweber, Attorney, 646-4354

Editorial/Commentary

He's been a pal

When I was a kid in school, my spelling teacher used to find ways to help us learn the things she knew we'd need to know forever. One was principle ends in "le" because it's a rule. "You can always remember the other one, because the principal is your pal.

She was right. It's been helpful to know about principles and I have been helped by knowing a principal who's a pal.

Principal John McManus of Murray Junior High School is retiring any day now. The community is losing a pal. If you've had kids at Murray during Mr. McManus' tenure, you know it's true. He's been a principal who knew kids by name, who cared about the ups and downs of their lives, who enjoyed them.

He's also been a principal who cared intensely about this community and about the school's place in it. He pushed hard for Site Management, knowing that a school is better if decision-making is closer to home.

He's been rightfully proud of the quality programs Murray offers—and he's made sure that success is shared with others.

Even if you never knew Mr. McManus, know now that you're losing a pal... one who made a difference in this community in quiet, intentional ways.

We'll miss you, John. We wish you well.

Vote for buses

We're pleased that St. Paul School District officials seem to be willing to listen to the valid concerns of South St. Anthony Park parents. We hope that those officials will share that concern for the safety of children with the School Board and that the School Board will vote to continue busing so six-year-old kindergartners won't have to brave the perils of a dangerous intersection on their way to St. Anthony Park Elementary School.

By Mary Mergenthal

Bügle

2301 Como Ave., Box 8126 Como Station St. Paul, MN 55108 646-5369

The Park Bugle is published by Park Press, Inc., a nonprofit organization guided by an elected board of directors. Currently serving on the board are Jeri Glick-Anderson, Beverly Boche, Jim Christenson, Bruce Dalgaard, Don Ellis, Paul Kirkegaard, Ed Kohler, Stewart McIntosh, Nathan Morris, Steve Saxe, Glen Skovholt, Bill Slettom, Willard Thompson, Connie Tressel and Steve Wellington.

The Bugle is a community newspaper serving St. Anthony Park, Lauderdale, Falcon Heights and west Como Park. The Bugle reports and analyzes community news and promotes the exchange of ideas and opinions in these communities. In carrying out its work, the Bugle strives to promote freedom of expression, enhance the quality of life in the readership communities and encourage community participation in these endeavors.

The *Bugle* is published the last Thursday of each month. It is mailed free to residents of St. Paul's District 12, part of St. Paul's District 10, Falcon Heights and Lauderdale and distributed through local businesses. Subscription rates are \$8 per year, \$4 for senior citizens.

Editor: Mary Mergenthal, 644-1650 Assistant editor: Kathy Malchow, 646-1288 Advertising and business manager: Kathy Magnuson, 645-2475 Advertising representative: Rachel Larson, 644-5188

Opinions expressed in the *Bugle* by the editor, columnists and contributors do not necessarily represent the opinions of the Board of Directors, Park Press, Inc.



Copyright©1990 Park Press, Inc., St. Paul, Minnesota. All rights reserved.

Diving into the dumpster

By Joel Schurke

Author's note: This article is the first of a three part series on solid waste. The intent of this series is to provide a bit of insight and analysis on the very personal issue of garbage. Concerns of the environment are a very popular media topic currently and all too often the coverage given to specifics is too short. The viewer or reader is made aware of the existence of a problem but is left without a sense of what can or what needs to be done to work toward a solution. The objective of this series is to dive a little deeper into the dumpster and take some of the mystery out of a few technical, economic and political aspects of the solid waste issue.

For those for whom this information is new, I hope that it provides an impetus for action. For those for whom this is old-hat, I hope the bibliographies serve as a stimulus for renewed interest.

Just imagine 75 acres of pizza, 190,000 watches, 50,000 TV's, 62,500,000 newspapers or 2,740,000 disposable diapers. Hard to fathom isn't it? But this is only a small, very small part of what we in the U.S. consume each day and it all contributes to our solid waste stream.

The use of the word stream to describe the flow of municipal solid waste just doesn't quite cut it. Describing solid waste production as a swelling, flooding river that is about to peak is more appropriate. It reflects a reality from which we have been conveniently protected by the garbage man and his compactor truck. By providing quick and inexpensive removal of the seven bags of garbage each average household contributes weekly, disposability has become a way of life.

The Fresh Kills landfill in Staten Island, New York, receives New York City's daily load of 24,000 tons. This island landfill was a valley in 1948 when the landfill opened. Now these mounds rise 250 feet above the island. And from beneath these growing monuments ooze 2 million gallons of leachate (the liquid seeping from the contents of the landfill) each and every day.

By comparison to the recent past, today's new landfills are marvels of modern engineering. With triple liners to keep leachate from escaping and leachate collection systems to collect any that does, groundwater supplies are far safer than before. The only problem is there aren't any new landfills.

Siting landfills is a process that ranks in popularity

Letters

Small town in the city

Dear editor,

We were once again reminded last Saturday, May 5, of the benefits of living in a neighborhood like St. Anthony Park with a fine group of local merchants and professionals. Elyse, our second grader, had a flat tire on her bicycle, and she was concerned about missing a beautiful spring Saturday of bike riding. Without Park Hardware, she would have missed a large portion of the day waiting for one of her parents to drive somewhere to get a new tube and fix the bike. Instead, she and her friend Meredith walked to the hardware with their bikes where they not only were able to purchase the new tube, but the friendly salesman installed it on the spot and they were able to ride home by 9 a.m., all for \$5.11. Next time you think about heading to the mall or the discount store, remember how important our local

businesses are in making this a terrific place to live.

Sincerely,

Jim, Sandy and Elyse Christenson

Seminary commentary

Dear editor,

I am not sure how to comprehend Warren Hanson's commentary on page 5, May issue. If he is trying to be funny about the church and its ministry, I am not sure what his point is. If he is taking a critical look at the church and its seminary, it still begs the question-what is his point? Basically his commentary contains several gross errors, at least in terms of information about Luther Northwestern Seminary.

Hanson states the lack of biblical precedent for women in ministry. The Lutheran ministry as we know it today does not have much biblical precedent even for men! It is a with raising taxes. No one really wants one in their neighborhood, so the siting process usually stalls when decision makers decide and announce candidate sites. Such announcements can make activists out of couch potatoes. The best available sites for constructing new landfill facilities are eliminated as political and legal opposition builds. Meanwhile existing landfills, which may not be located on the best available sites, are expanded to fill our needs.

In effect, the inability to site new landfills may actually have a very positive net result. It forces a search for alternative solutions that may in fact be far better for the environment. But the alternatives may require an active role in managing solid waste by recycling and composting; or they may demand better research, development and understanding like recycling, composting and incineration.

The use of the word stream to describe the flow of municipal solid waste just doesn't quite cut it. Describing solid waste production as a swelling, flooding river that is about to peak is more appropriate.

It seems quite clear now that there won't be any miracle solutions that allow us to continue conveniently tying up and tossing out our seven bags each week. Even the "environmentally correct" plastic bags have been largely exposed as a fraud (photodegradable plastics need sunlight to deteriorate and most garbage buried underground is left in the dark).

Garbage is big business. There are basically two players in the national garbage game: Browning Ferris Industries (BFI) and Waste Management Inc. The garbage truck may say Jim's Trucking but chances are it is owned by Waste Management or BFI. With increasing amounts of legislation and ever growing profit margins, aggressive managers have replaced the mom and pop management of smaller operations while keeping the name to retain consumer confidence.

Solid waste to 12

ministry to the people of God as interpreted through the Lutheran confessional documents of the 16th century and as evolved through the centuries.

As for the oversupply of Lutheran ministers—far from it. The Lutheran church, like many other denominations, has a shortage of pastors. There are 875 vacancies in Evangelical Lutheran Church in American parishes with only 276 new candidates for the ministry graduating from eight ELCA seminaries this year.

So there are no surplus pastors "stacked up in makeshift warehouse space" at the seminary. In fact there are empty residence hall rooms because of the decline in enrollment.

If Mr. Hanson intended to be either humourous

or critical, I wish he could have made a more intelligent argument.

Sincerely,

Y. Franklin Ishida

Pat on the back

Dear friends,

Congratulations on the numerous awards you received recently from the Neighborhood Press Association.

I think you can be proud of all of the awards, especially the one for best continuing design, because of the continuing excellence the award signifies.

You perform a valuable service to the community and I'm pleased to see the recognition you have received.

Sincerely,

John Marty Senator 63rd District

NEXT ISSUE

June 28

DISPLAY AD DEADLINE

June 14

NEWS & CLASSIFIEDS DEADLINE

June 18

Commentary

HomeWords

Quest For Food

(or, If This Is Progress, I'll Eat It)

By Warren Hanson

avemen didn't eat meals. Not meals as we think of them anyway. In fact, it may be more accurate to say that, for our primitive forebears, life was just one long,

It began at dawn, when the members of the Cro-Magnon family - father Ed, mother Connie, and children Ginger and Ed, Jr. — lifted their heads from their petrified pillows and heard the first growlings of the day. Not from the wilderness outside the cave, but from the emptiness inside their stomachs. And so they staggered out into the steaming sunlight, ready to make their first selections from the marginal menu that surrounded them.

The pursuit of food was these people's primary occupation — aside from avoiding being some other creature's meal — and their entire day was devoted to scraping up enough sustenance to stay alive. It was not an easy task.

Upon first stepping out from the mouth of the cave, the first thing into Ed's own mouth might have been a few succulent leaves - something small and light to suppress his raging appetite. If he was lucky, the leaves might have a few - um, pardon me - bugs on them, providing much-needed protein and a dash of extra flavor.

Connie perhaps favored a few berries, if she could find them. And the kids liked the crunchiness of dried seeds gathered from the ground — the original snap, crackle and pop.

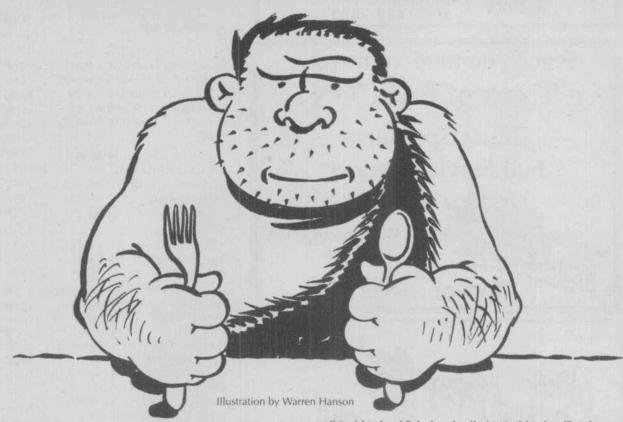
Finding these appetizers would often start the family on a day-long hike in pursuit of food. These morning treats were only for getting their systems started in the morning, but were hardly enough to keep them going all day long. And so they trekked on, in a constant search for more nourishment.

Next along their journey they may have found a patch of leafy greens. Supplemented with a handful of tender plant shoots, this stop provided a crisp, fresh, tasty course in their day-long meal. But it was still not nearly enough to satisfy them, so they trudged on.

Over a hill and down in a valley they possibly found a pool of water. It wasn't the fresh, clear water that we would like to imagine. It had stuff in it. Living stuff and not-so-living stuff. And it was probably green or brown and had been stewing there for who-knows-how-long. But Ed and Connie and the kids got down on their hands and knees and ladled handfuls of the ooze into their mouths with relish. Yuck!

With this disgusting soup still dripping from their chins, the clan wandered on again, still hungry. And after some time their search was rewarded with the meat course. (I'm not going to go into too much detail here. I'm sure you will understand.)

You must realize that, by this time, Mr. & Mrs. Cro-Magnon and their kids had put on a lot of miles (without putting on a lot of weight), and much of the day had passed. Now, as the sun was beginning to descend, they turned toward home, still hoping to find a few more nibbles to keep the pangs of hunger from disturbing their sleep. And their hopes were not unrewarded. In a thicket they found some sweet red berries and a fruit tree.



Ginger and Junior were especially delighted at finding this treat and ate ravenously - double handfuls of sweet, sticky delights. Within a short time, the fruits and berries were gone, and the family, still mildly hungry despite their day's efforts, headed back to the cave.

The quest of our aboriginal ancestors for food was on my mind last Saturday night, as I found myself engaged in one of the most bizarre rituals I ever hope to endure - a Progressive Dinner.

For those of you unfamiliar with the form, a Progressive Dinner is the modern equivalent of the prehistoric family's quest for food — an endless march from one location to another in the hope of getting full, which never happens.

Typically the person with the idea for this nonsense contacts five or six couples and assigns each couple one course in a multi-course meal. The idea is that, if each couple has to prepare only one item, they can go wholehog - creating, for instance, the most incredible tossed salad in history. Each couple gets to be host for a little while, each couple ends up with only a small mess in the kitchen, and everyone gets to enjoy a first-class meal in the company of friends over the course of an entire evening. Last Saturday night was a warm, pleasant evening, and so it was decided that we would walk from home to home - sort of a meals on heels. And some people think that all this is fun!

The first house we went to served appetizers. We were passed a tray of what looked like leaves with little brown things wrapped inside them, providing protein and a dash of extra flavor. Sound familiar? Ed and Connie would have felt right at home. I took a couple, just to be polite, but left

On our walk to the next house, I whispered a complaint to my wife about the appetizers. She jabbed me in the ribs with her elbow, setting off a growl in my stomach that shook the very ground over which we trudged.

The next couple served salad. I think it's hard to get creative with salad, and these people proved me right. Basically lettuce, with a few unidentifiable shoots and crunchy things for interest. But try as they might, they could not surmount the fact that salad is salad - what I call "rabbit food." In fact I called it "rabbit food" right out loud at the table, eliciting another jab to the ribs.

I had barely enough fuel to make the trek to the next stop, where we were served soup. It was sort of brownish green, with greenish brown stuff floating in it. I stared into my bowl for a long time, sure that I would be able to witness life spontaneously generate before my eyes. I was aroused from my brown study by my wife's elbow, indicating to me that it was time once again to move on. My empty stomach was beginning to convulse with

Meat! Ah, finally a course that I could sink my teeth into. Finally real food for real people. I could hardly wait! My mouth watered as our hostess placed a huge platter before us on the table. But just as I was about to help myself, she announced what the dish was. (I'm not going to go into too much detail here. Suffice it to say that we had once had this at home when I was a child. But it hadn't been a meal, it had been a pet. We called him Bunkie.) Fortunately, there were some potatoes and some parsley around the edge of the platter, so I did eat something at this stop.

Finally, we tramped toward the last home of the night. It was nearly midnight. I was nearly ready to faint. My wife told me to grow up.

We sat at the table as the host walked in from the kitchen bearing the most glorious mountain of dessert I have ever laid eyes on. Finally! Something I could eat! He held the magnificent creation hovering over the center of the table as his wife came up beside him and struck a match. All of a sudden, the wonderful dessert burst into flames! The rest of the group appeared dumbstruck, eyes wide in astonishment. But I sprang into action. Grabbing the pitcher of ice water from the buffet behind me, I quickly dowsed the flames, saving the night!

We walked home in silence, my wife several steps ahead of me, refusing to speak. She entered our house and went right to bed. I entered our garage and went right to

The Progressive Dinner. A strange ritual indeed. But one at which Ed and Connie and the kids would feel right

all purpose HOME service

· APPLIANCE REPAIR · AIR CONDITIONING · HEATING · GENERAL CONTRACTING · HOME REPAIRS · ENERGY CONCERNS

LICENSED, BONDED, INSURED

JAMES W. WARNER

645-3116

Sharrett's Liquors 645-8629 Call for FAST DELIVERY 2389 University Avenue

Corner of Raymond and University Avenues

"Simple Wills are Simply Awful"

Thursday, June 7, 1-2:30 p.m. St. Anthony Park Branch Library Auditorium

"Fox, Sheep and Wolves: or What Happens When the Courts Get Hold of My Estate"

> Wednesday, June 13, 7-8:30 p.m. Fairview Community Center, Room 203

"Mental Incapacity, the State and You"

Thursday, June 14, 7-8:30 p.m. St. Anthony Park Branch Library Auditorium

Please join us. These lectures are open to the public at no charge.



Attorneys at Law, 2239 Carter Avenue, St. Paul, Minnesota 55108. (612) 646-3325

Complete Wood Refinishing

Antiques

·Cabinets - new and old Anything made of wood

All exclusively done by hand by a second generation craftsman

John call 488-3428 or leave message

sales, custom installation and service on all major brands

· pleated shades · duette shades · window toppers • aluminum mini- and micro-blinds vertical blinds • roller shades • wood shades vinyl . shade repair

Lowest prices and fastest service Residential and Commercial 6am-10pm Mon-Sun

Make an old room new again. Call today!

642-1970



WILLIAM HOLDEN PAINTING

Interior and Exterior • Insured
Excellence Guaranteed • Free Estimates
Wall & Celling Repair
489-2423

When you think of travel... Think of FALCON

Cruise Specialists
Full Service Agency



1255 W. Larpenteur Ave. Roseville

avel (

646-1099

Were people!
all about People!

COMMONWEALTH HEALTHCARE CENTER of St. Anthony Park



2237 Commonwealth Avenue St. Paul, Minnesota 55108 (612) 646-7486

A Vantage Healthcare Center

professional painters= paper hangers



- Interior & Exterior Painting
- Staining & Varnishing
 Residential & Commercial
- Patching & Sheetrock Repair
- Taping & Ceiling Spray Texturing

Experienced in water damage repair interior and exterior

Jim Larson 644-5188

Licensed • Insured • Bonded • D2237

larson decorating=

Council yields to U of M busway

By Steve Briggs

The St. Anthony Park
Community Council has okayed
the first phase in the University
of Minnesota's plan to link its
city campuses via private bus
transitway through St. Anthony
Park.

Construction may begin in the fall, if plans and funds are approved soon by St. Paul and Minneapolis city governments and state/federal highway agencies.

The district council's vote on May 9 ended a 20-year bout between Park residents and University about when, where, why and how the busway would be built. The council's consent followed a two-hour town meeting in which many of the 55 residents attending voiced concerns about speed, safety, security, noise, air pollution, bridge construction, property values and land-scaping along the transitway.

University planners said the 3.4 mile, \$22 million project will help the Park by removing bus traffic from city streets, by adding 4,000 parking spaces in three lots outside the neighborhood and by increasing traffic safety while shortening the inter-campus commute by at least 10 minutes.

The University plan calls for two phases, due to the way federal funds are allocated. While the council recognized that, its vote to approve construction called on the University to build the entire route as one project, if possible, or to build phase two immediately after phase one.

During first phase, the busway will be built from the Mpls. campus to the intersection of Raymond Ave. at Energy Park Drive. Subsequent meetings will tackle the second phase, and the university planners promised to appear at district meetings to keep the councilors apprised of their progress.

University planners appeared to make very little progress at overcoming neighborhood skepticism. There were no dissenting council votes; however, some council members and residents are wary of the plans' hanging questions about the second phase. The questions include:

- When will construction start on the second half? University planners say it could begin in early 1991, if plans are approved.
- Will there be enough funding to complete both phases? That remains to be seen, because some bridge funds were denied during the state legislative session. One of two bridges may be deleted from the plan.
- Will a bridge be built over Raymond Ave.? Or, will the buses leave the private busway before Raymond Ave. and travel part of the route on Energy Park Drive? If bridge funding is restored, University planners say, the bridge can be built. Without those funds, the idea of a fully separate busway will be replaced by a plan that puts buses on Energy Park Drive east of Raymond for part of the trip.
- Will the proposed bus turnaround at Bailey Hall on the St. Paul campus change the size or aesthetics of the tree-lined mall? Neighbors are skeptical, but the University insists there will be "no significant encroachment onto the mall."
- Will the Minnesota State Fair Board agree to siting the busway on its property and to opening its lot to University parking? State Fair parking negotiations have traditionally been arranged on a year-by-year basis, but the University is attempting to negotiate a multi-year parking contract that would also allow the busway to locate on State Fair property. In return, the fair would have access to the busway and its parking lots during the Minnesota State Fair.

Despite the uncertainties, the council approved the plan so that federal funds could be allocated. If not spent soon, the monies called "interstate substitution funds" would be lost, the planners warned. They added that if approval is delayed

or denied at the city, state or federal level this spring, the entire project could be scrapped.

The Busway Route

The proposed busway route runs parallel to the railroad tracks from the Minneapolis campus at 4th Street, just west of Oak St., to Westgate Industrial Park at the Minneapolis/St. Paul city limits. From there the route bisects the industrial park and rejoins the rail corridor under Hwy. 280 and travels eastward to Raymond Ave.

Phase two would cross
Raymond Ave. on a new bridge
just south of the present railroad bridge, continue easterly
along the railroad tracks and
then turn north, crossing the
tracks on a second new bridge.
The busway will cross Como
Ave. at street grade, at a controlled crossing, and travel
north on Minnesota State Fairground property to a state fair
lot, then turn west and
culminate at a turnaround near
the commons.

The plan calls for a 24-foot roadway and 28-foot width from curb to curb, located inside a 90-foot-wide corridor with landscaping. In some places the corridor narrows to 60 feet due to lack of access to a wider corridor. Landscaping will be more extensive than the usual construction project, University planners stated, and the landscaping costs are already included in the price.

While Light Rail Transit (LRT) has not been ruled out, the planners said that LRT is a \$1.24 billion dollar project that won't occur for perhaps ten years, if at all. However, the route and roadbed were planned with wide, sweeping turns to accommodate LRT if and when it becomes viable for inter-campus transportation.

Three parking lots will be added, including 800 spaces at the former Snitzer property near Westgate Industrial Park; about 1,600 at the western terminus near the Minneapolis campus and 1,600 on the state fairgrounds.

Speed will be a maximum of 45 mph, and security will be provided by the University's

Busway to 16

We Help Save Memories

Picture Maker takes the shortest amount of time to provide the highest quality photofinishing at the most competitive prices.



SHARE YOUR MEMORIES!

- Second Set of Prints, 1/2 Price with Same Day Developing OR
- Package: 24 Exposure Film, Processing and Enlargement–\$14.95

Expires 6/30/90

This Summer—try Picture Maker and see the difference.

Our customers agree their memories are worth it!



Black & White Service • Slides • Enlargements to Poster Size • Film

 Photo Labels • Movie Film to Video Tape Transfer • Photo Buttons • Camera Batteries •
 Photo Business Cards and More!

Rosedale Commons (Home of Children's Palace, TGI Fridays & Old Country Buffet.)



CONCRETE SIDEWALKS, STEPS, ETC.

Chimney and Fireplace Work -Also Chimney Cleaning Plastering, Stucco and Sandblasting

CALL MARK A. LARSON

642-5090

28 Years in Business



A CANCEL OF THE PARTY OF THE PA

The 1990 Legislative Session has come to a close. If you have any questions or need information concerning this past session, please give me a call at 296-3824.

State Representative

Alice Hausman

We also package and ship china, paintings, and other household items. Shipping of pre-packed items too. Free estimates and pick up available. "Foam-In-Place"



The shipper who does the packing tool 1543 W. LARPENTEUR AVE.

(Northeast corner of Snelling) • ROSEVILLE 644-2858

Neighbors

Five youth and four adults from St. Anthony Park United Church of Christ will take part in a week long work camp in Paducah, Kentucky, participating in Habitat for Humanity. Allan Flinn, Laura Hallen, Wendy Peterson, Ean Pierson, Katie Swadburg, Peg Keenan, Al Pierson, Joanne Pierson, along with Kathy Nelson, their associate minister, will make the trip. Along with 27 others from the Minnesota Conference of the United Church of Christ. they will be responsible for finishing one house in four days.

Bernice Flowers Strane of St. Anthony Park was honored at a birthday tea in May to celebrate her work with the Girl Scouts.

She became a Girl Scout in 1921 and has been a troop leader for Cadette Troop 63 since 1925. "I'll work with them until the day I die, if I retain my health. Retirement is like a second childhood. You're free to do what you want to do. I want to do Girl Scouting." A tree will be donated to Como Park in Strane's name. Those wishing to contribute to this gift may mail donations to Marlyn Heffron Witte, 4829 Dillon St., White Bear Lake, MN 55110.

Peter Wyckoff of Falcon Heights, a senior at Roseville High School, was one of 31 winners of the Dain Bosworth Scholastic Achievement Award. He was honored for his academic excellence. Also recognized was his first grade teacher at Brimhall Elementary School, Delores Cox, selected

by Wyckoff as the teacher who was most inspirational during his school years.

Vernon Ruttan, Regents' Professor of Agricultural and Applied Economics at the U of M, has been elected to the National Academy of Sciences. He lives in St. Anthony Park. Election to the academy is widely considered the highest honor for an American scientist, second only to the Nobel Prize.

Area residents celebrating college graduations:

Charles A. Flinn III, son of Charles A. Flinn, Jr., and Judy Flinn, from Colorado College in Colorado Springs. He earned a B.A. degree in History/Political

Anthony Genia, Jr., son of Tony & Anne Genia, from the U of M School of Medicine. He will serve a residency at University Hospital in Albuquerque, N. Mex. A second son, James Genia, will receive a Juris Doctor degree in Law from William Mitchell Law School.

Eugenia Durham and Martha Namarra, from Luther Northwestern Theological Seminary.

St. Anthony Park United Methodist Church

Nursery School

Como at Hillside **Register Now for Summer** or Fall Classes Ages 3-5 646-4859



COURTYARD ANTIQUES

"Things your forebears couldn't do without."

...Early 19th Century Glass, English and Chinese Ceramics, Jewelry, Prints, Paintings, Tables, Mirrors, Primitives, Maps..

SPECIAL USED BOOK SALE, MAY 31, JUNE 1 and 2 History, Biography, Children's and Adult Classics

Open Tuesday-Saturday, Noon to 5 Carter at Como - Back of Muffuletta

Double Hung WINDOW SASH REPLACEMENTS

Are Your Windows Broken, Drafty, Loose or Painted Shut?

Solve the Problem With Window Sash Replacements - Attractive - Energy Efficient - Easy to Operate No Remodeling Necessary

JSV CONSTRUCTION, INC. 699-1160

Con Overgard winners

The Con Overgard Awards are presented each year by the Association in memory of a former member, Mr. Con Overgard, who lost his life after falling off a ladder when working as a parent volunteer at the St. Paul Open School. Mr. Overgard and his wife Elaine had a strong interest in education while raising their four children.

These awards are given to two 8th grade students at Murray Junior High School, one for excellence in social studies and the other for excellence in English. Winners are selected by the faculty in these two departments This year's choices are Tiffany Bell and Kristin Ulstad.



Tiffany Bell received the award in social studies, where she does A work. She gets A's in all of her subjects: advanced science, advanced math, physical education,

Challenge English, and band, where she plays the clarinet. Math is her favorite. She scores in the 99th percentile in standardized tests. She attended Galtier Math & Science Elementary School and

plans to go to Central High next year. She sings with the choir at Pilgrim Baptist Church and recently traveled with the choir to Chicago.

Tiffany was the only Murray student to return on a Friday evening to demonstrate the Edunetics computer program to a group from a science fraternity. Her teachers say she is "very capable student in all areas. Her work is done neatly and on time. She treats her classmates and teachers with respect and is well-liked by her peers. She is a top-notch student and carries herself tall and proud." You may have seen Tiffany on the Channel 4 news in a recent series on Parent Power. She lives in the North End area: parents are George and Joyce Bell.

Kristin Ulstad was the winner in English. She is also an A student in all of her classes: advanced math.

advanced science. Challenge social studies, German and band, where she plays the flute and piccolo. In April, she entered her science project



on "Acid Deposition" in the State Science Fair at Moorhead. She won a purple ribbon, was judged as originator of one of the best 8th grade projects, and won a gold medal. She was also selected by the Bell Museum of Natural History to be one of two Minnesota students to participate in the JASON project, a 3-day, all-expense-paid trip to work with Dr. Robert Ballard, the honored oceanographer who discovered the Titanic in the Atlantic. Kristin, too, was a recent TV star, appearing on Channel 11 and on a cable station at the

Kristin also scores in the 99th percentile in national tests. She attended James J. Hill Elementary and plans to go to Central next year. Her parents are Bjorn & Karen Ulstad. She lives in the West Como neighborhood. Kristin is on the gymnastics team at Central and enjoys swimming. She won a certificate for finishing in the top 10% at the State Math Fair in Duluth, where the Murray team took first place.

Her teachers say, "Kristin has specific strengths in math, reading and language arts. She draws from a wide background of knowledge and offers much insight to classroom discussions. She's super-probably one of the finest students we've had at Murray.'

This year, we honor five former members of our Association who have died during the past year. We honor these members by donating money to the St. Anthony Park Branch Library to purchase books in the memory of the deceased. These books are selected to reflect the interests of those being honored: Lowell Satre Victor Fadden James R. Christianson Frank Kaufert

Jean Lambert.

No June meeting of St. Anthony Park Association

The St. Anthony Park Festival is just around the corner. Stop and see Association board members. Watch for the schedule for the 4th of July in the Park celebration events to be mailed sometime in late June. Don't forget to put this on your calendar. See you there!



St. Anthony Park Association

President: Mel Boynton

644-6746

Publicity: Chris Brown Mahoney

646-5296

FESTIVAL SALE! 10% **OFF** ALL **STOCK** JUNE 2

2238 Carter Avenue, St. Paul 646-5506

BOOKSTORE

Hours

Monday - Friday 9:30 am - 6:00 pm Saturday 9:30 am - 5:30 pm Sunday 11:30 am - 5:00 pm

SUMMERTIME SUNDAY SUPPER

Muffuletta's answer to that nagging Sunday night question:
What's open?
Well-we are-and we will be all summer long. Relax on our patio with a crisp garden salad, some fresh seafood off the grill, a cool drink-or our special "Sunday Supper" of roasted spring chicken with our chef's choice of fresh herbs picked from our patio garden.

Now there is more to Sundays at Muffuletta than our "award winning" Sunday Brunch.

Sunday dinner served from 5 to 9 pm through the summer of 1990.



2260 Como Ave. on Milton Square 644-9116 (Take I-94 to 280, exit on Como and head East . . . 6 blocks)



First Column

Jerry Thole Jerry Thole, President First Bank Midway

How to pay for college (and live to tell about it!)

Financing your child's college education could be the second-largest expense you'll ever have. The good news is, according to a recent *Money* magazine survey, college graduates earn about \$325,000 more over the course of their career than people with a high-school diploma. A college education, then, is a great investment.

How to pay

The bad news is, great investments cost money. Using its Student Need Advisor Program (SNAP), a multipurpose computer software program, First Bank can estimate college costs far into the future, then recommend savings and investment programs to meet those costs. What's more, if your child is entering college within the next two years, SNAP can analyze your family's finances to determine your child's eligibility for a Stafford Student Loan or Pell Grant.

The financial-aid labyrinth

Determining your child's eligibility for a Stafford Loan or Pell Grant ahead of time is critical, because you're expected to pay the rest. Briefly, here's how the financial-aid process works:

Step 1: Complete a Family Financial Statement. This quantifies your income and cash savings, real estate and investment equity, current and next year's taxes, household expenses, family size and number of children in college. This information is used to calculate the contribution you will be expected to make toward your child's education.

Step 2: Determine your need. Your contribution then is compared to the cost of attending your child's college of choice. The difference between your contribution and the cost is your financial need. Financial aid officers can opt to award scholarships, grants, work study or direct aid. Any remaining need then can be met by certifying your child for a Stafford Student Loan.

Financing your contribution

The process may sound simple, but there's a hitch. Just because the government says you can afford to make a certain contribution doesn't mean you have the money available.

Again, that's where First Bank can help. A representative of First Bank's Education Funding Programs Division can explain various options for financing your contribution. Some of these include:

* Savings accounts, certificates of deposit, annuities and mutual funds.

* PLUS loans. These are non-need-based loans taken out by parents to finance their contribution.

Typically, repayment doesn't begin until after graduation or when your child leaves school.

* SLS loans. Similar to PLUS loans, these are non-need-based loans taken out by independent undergraduates and graduate students to fund their contribution.

With careful — and early! — financial planning and a thorough knowledge of the financial-aid process, you can acquire the funds your child will need to get a good education.

Thanks to you, First Bank and the Olympic Festival recruited more than 10,000 volunteers in record time! We appreciate your spirit and look forward to seeing you at U.S. Olympic Festival - '90, July 6-15.



2383 University Ave., St. Paul 646-8866

Member FDIC

School News

Holy Childhood

Congratulations to Jessica Soler, a third grader, on winning honorable mention at the Minnesota Forestry Fair.

The 7th & 8th graders attended an assembly at Central High School on the importance of law in their daily lives. The kindergartners attended a musical puppet presentation, "Jack and the Beanstalk," at the Howard Conn Fine Arts Center in Minneapolis, while grades 1 & 2 attended the Minneapolis Planetarium.

Our German teacher, Angela Fairbrother, has been selected as one of four finalists for the "Educator of the Year" award sponsored by the Rotary Club.

Colleen Brennan

Murray Junior High

On June 4, students at Murray will participate in special field trips. Eighth graders will go to Valley Fair for the day, while seventh graders may go bowling or roller-skating. Final exams will be on the last two days of school, June 6 and 7.

Murray wishes the best of luck to Mrs. Audrey Anderson who is retiring. She has been a reading and study skills teacher at Murray since 1981.

Murray's facilitator, Mrs. Carol Strahan, will be on sabbatical next year to earn a degree in elementary counseling at the University of Wisconsin at River Falls. She has been at Murray for nine years, so we will miss her, for she plans to work in a grade school after the completion of her degree.

The principal, Mr. John McManus, will end his career in education this June, retiring from the position he has held at Murray for six years. He will be sorely missed, for he has worked hard to make Murray the excellent Science/Math Magnet that it is.

Daniel Larson

Science and math teachers at Murray received an award on May 18 from the K–12 committee of the Minnesota High Technology Council.

Cathy Wick, Murray math teacher, is one of three from Minnesota to be nominated for a Presidential Award for Excellence in Mathematics Teaching.

Yasmin Lucas-Rivera, an assistant principal at Murray Junior High for the past three years, was awarded one of twenty-eight fellowships in the Bush Principals' Program.

Como High School

Gail Brinkmeyer is a new member of the National Forensic League. She gained her membership by earning 25 points for competing in speech and debate activities.

The citywide honors night for the top ten seniors of each high school was held May 24.

Josh Larson received an award for participating in Boys

State. He has also had four years of perfect attendance. Dave Davis won the Encyclopedia Britannica Salute to Excellence Award, and was named a Commended Scholar by the National Merit Corp. He was also recognized as a member of the Rotary Club Youth Leadership Conference. Heather Nielsen was recognized for her participation in the Minnesota House of Representative Student Page Program. Marianne Hanlon was recognized as a National Merit Scholar finalist.

Graduation will be June 7, 8 p.m., at the Civic Center.

Marianne Hanlon

Ramsey Junior High

Kerstin Beyer recently won second place in recitation in Level 1 of the state high school level German competition. Her prize was for a recitation, "The Short Life of Sophie Scholl."

Beyer and another Park resident, Nunia Mafi, were named to the National Honor Society.

Murray student wins trip

By Mary Mergenthal

Kristin Ulstad from Como Park, a Murray Junior High eighth grader, recently won a specialty award at the State Science Fair—and what a special award it was. She and a boy from Champlin, Minn., were the only two students from the state selected to travel to Hamilton, Ontario, to serve as guest researchers on the JASON project, exploring Lake Ontario with Dr. Robert Ballard in search of two sunken 1812 warships.

Kristin's winning project was a presentation on "The Effect of the Prevailing Winds on Acid Deposition in the Twin Cities Metro Area." She compared the acidity of snow in up-wind and down-wind areas of the metro area. After collecting about 360 total samples of snow from farflung areas, Kristin tested each sample in a pH meter and recorded the results.

Like other students at the Moorhead competition, Kristin had to explain her project to many judges. She figures that between this year's competition and last year's she has had about 50 judges quizzing her on her understanding of science.

In Ontario, the students, joined by six more from Florida, Pennsylvania, Maryland, and Hamilton, got to see Niagara Falls ("One of the best parts of the trip," according to Kristin). Then they got to work as scientists.

"We took the tugboat Twolan to different stations," she said, "and sat in the control room as the TV beamed messages back from underwater by fiberoptic cable."

They had dinner with Ballard, the oceanographer in charge of this project. He is the man who uncovered the mysteries of the sunken Titanic.

"It was good to see science people in action," Kristin said. "I don't think I'll end up doing underwater research though. I'm more interested in studying environmental issues."

CHILDREN'S HOME SOCIETY CHILD CARE

Announces a special opportunity for families with young children

RECEIVE THE FIRST WEEK OF CHILD CARE FREE WHEN YOUR CHILD STARTS ATTENDING OUR ROSEVILLE CHILD CARE CENTER DURING THE MONTH OF JUNE, 1990

(Applies to new enrollments only)

- · AGES: 16 months 5 years
- OPEN: 6:30 a.m. 6:00 p.m.
- · Call now to enroll. Openings are limited.
- Breakfast, Hot Lunch and Snack
 State
- Professional Staff
- Structured Learning Activities



1910 W. County Rd. B PHONE: 636-4495 or 646-7771



Quality Tool from 1

The eight month strike has rubbed nerves raw. "Strikers have vandalized neighboring businesses, have threatened workers who crossed the picket line, and have followed up those threats with harrassing, destructive, and life-threatening actions. They have threatened our lives, broken windows in our building and painted graffiti on outside walls, mutilated a cat on our doorstep, broken picnic tables which were outside for workers' use," says Cole.

"The National Labor Relations Board has twice filed charges against the union for misconduct. The union filed against the company, and lost.

A mass picket was planned by the union in early April. It was this event which drew widespread attention. Members from some other unions came to show support of Quality Tool strikers. Numbers of protesters were not huge. "They worked for months," says Cole, "and expected 500-600 people... they got about 50.

Cole says that at the beginning of the strike, she and her family and others worked day and night to keep the company producing the metal parts for which it is noted. Quality Tool supplies, among many others, the 17 divisions of UNISYS worldwide and won a supplier-excellence award from that company.

"We slept here and worked day and night," Cole recalls. "The strikers wrote to all of our customers but our customers insisted that they'd 'hang in' with us."

Cole and Roe are accused, by strikers, of being unfair to Hmong employees. The business owners, on the other hand, insist that it was the union that was unfair. They point out that the union local provided no interpreter for the Hmong workers during contract negotiations and that the Hmong never fully understood what it meant to

"We get calls on a regular basis from Hmong who want to come back to work," Cole says. She and her family were close to those workers, were eager to see them treated well, offered them any training needed, and were more than pleased with their work ethic. They've watched union workers turn on fellow members, who happened to be Hmong. "They were brothers one day, enemies the next," she says.

"Now we have permanent replacements-brave, tough, courageous, skilled employees-and more customers. We have a full shop again, with 50 skilled workers. We're alive and

Festival from 1

the library. On the library lawn, over 100 exhibitors (at last count) will display and sell their wares. Tartan-kilted pipers will parade between 10 & 11 a.m. Hostesses wearing flower garden hats will distribute programs showing locations of all artists. Warren Gore, president of the Library Association, and long-time director of the set-up and take-down crew, will doff his straw boater to the crowd during the day.

Several demonstrations of arts and crafts are also scheduled. New Bugle area exhibitors this year are: Harry Forsberg (wooden clocks, cider press, animated toys); Sue Miao (Chinese knotting); Vince Schroder (redwood/cedar furniture); Barbara & Anna Burk, Trygve Hansen (crafts made by kids); Lilith Grant (drawings, pastels, watercolors); Karen Fillmore Nave (children's clothing); and Denise Tennen (clay sculpture & pottery).

New items are faces carved in pine knots, metal sculpture, handmade baskets, wheat weaving, needlewoven necklaces, teetertotter kids, Bauernmalerie, quilts, woven hats, muslin bunnies, etc.

1990 Art Fair Committee members are Jane Donaho, Madeline Johnson, Susan McIntyre, Janet Quale (coordinator), Joan Dow Styve, and Arlene West. Money raised will enable the Fair's sponsor, the St. Anthony Park Library Association, to pay for various Branch Library needs, design and purchase a bronze historic marker for the building, and contribute \$500 to help the Friends of the St. Paul Public Library replace the St. Paul bookmobile.

On Sunday, June 3, from 2-4 p.m., a new event will complete the festive weekend. Sponsored by the St. Anthony Park Arts Forum, it's the University Ave. Studio Arts Tour. Many "arts" spaces will be open to the public from 2-4 p.m. to show off their works of paintings, pots, and fiber arts. Scheduled to be on the tour are:

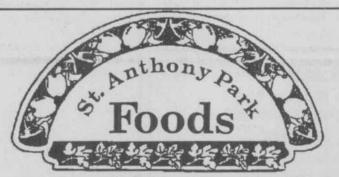
761 Raymond

2375 University Northern Clay Center (Peter Leach) Raymond Ave. Gallery (Joe Brown) 2388 University Film in the Cities (Jim Dozier)

2242 University Artists M. Sweger Breimhurst, Kay Chovan, Ruth Donhowe, Ann DuPrey, Lon Mangle, Gladys Oxendale 2402 University The Weavers Guild (Cathy Daly) & Artists Gail Blake, Marle Janis, Tim Harding, Harold Stone, Julie Nauman

2482 & 2500 Univ. Timothy Hasentstein, Christine Pradel-Lien

Tickets, at \$5, are available at The Bibelot Shop, Micawbers, and during the St. Anthony Park Arts & Crafts Fair & Festival. Coordinator of this event is Pat O'Connor, president of the St. Anthony Park Arts Forum.



Your Cooperatively-Run Natural Food Store St. Paul 645-6742 1435 Cleveland Ave. Hours: Mon.-Sat. 9-8, Sun. 10-6

WHAT IS THIS BOOK **BEST USED** FOR? oathtaking □ gift □ doorstop □ hotel dustcatcher ☐ study □ table decoration Instructions: □ check only one check out Kerygma Study Course

DISCOVER THE BIBLE program

33-Session Program begins Sept. 20 at St. Anthony Park **United Church of Christ** Register Now. Call 646-7173.

Como Bike Shop

779 W. Wheelock Pkwy. 488-9078

Burly Redline

Blowout

basic Burly child trailer starting at: \$219.00

all models of Redline BMX bikes starting at: \$135.00

plus our everyday low prices on all Fuji bikes and accessories



By Carol Weber



What Can A Real Estate Company Offer You?

The real estate companies are changing to meet the needs and the demands of the 1990's. The business today is much more interesting and provides the consumer with a variety of services. Today, under one umbrella, a real estate company can offer:

- · On-site mortgage financing counseling
- Relocation services for both the incoming buyer and out-going
- New-home sales department for new construction options
- · Retirement services for senior options
- Exceptional homes division for meeting the needs of the public desiring a more unique property
- On-line computers for faster

- and more efficient business
- · Professional marketing including television, picture ads in newspapers and magazines.
- · Professional on-going training of sales personnel

All these services help us to promote better quality service for faster results. If you wish any further information on these services please call us at: Edina Realty, Inc. 636-3760

If there is anything we can do to help you in the field of real estate, please call Edina Realty, 2803 Lincoln Drive, Roseville.

Phone: 636-3760. We're here to

Yahanda

We put Spring into Formal Wear. Wedding Gowns • Prom Dresses • Tuxedos

\$3.00 OFF*

\$3.00 OFF Any Dry Cleaning Order *Per order, not per garment

Spring Drapery Special 20¢ OFF per pleat

Professionally Laundered SHIRTS 99¢

Above offers valid on INCOMING orders only. Cannot be combined with other offers. Good through June 28, 1990.



1441 No. Cleveland Ave. 645-4994 M-F 7:30 am-7 pm, Sat. 8 am-3 pm

Sharpe Image Cleaners MAIN BRANCH 6613 Penn Ave. Richfield, MN

866-2279

M-F 6AM-9PM SAT 8AM-5PM SUN NOON-3PM

Plymouth Sharpe Image Cleaners 11329 Hwy. 55 AT (West Medicine Lake Blvd.) Plymouth, MN

545-9906

M-F 6:30AM-7PM SAT 8AM-4PM

Plymouth Sharpe Image Cleaners 4 Season Shopping Mall Hwy. 169 & Cty. Rd. 9 Plymouth, MN

559-2550

M-F 8AM-8PM SAT 9AM-5PM

Park Bugle

At leisure for 20 years

By Kathy Malchow

Don Harvey knows how to have fun on Wednesdays. For 20 years he's gone to the basement of the St. Anthony Park United Methodist Church nearly every week to put his brush to canvas-painting being his favorite activity at the Leisure Center.

He, along with 50-60 other retired folks, enjoy "structured leisure," thanks to the organizing talents in 1970 of Ethel Burtch and the Rev. Charles Nelson. Burtch was a member of the Methodist Church then; Nelson was its pastor. On June 17, 1970, 85 people arrived for the first Leisure Center get-together. "We decided to use the Methodist Church because it has a lot of room," says Har-

Most, if not all of those first participants were members of one of the Park's churches: St. Anthony Park United Church of Christ, St. Anthony Park Lutheran, Corpus Christi, and St. Matthew's Episcopal, besides the Methodist. Each church paid (and still does pay) \$15/month for membership privileges. Those who come play cards, sew, make craft items, or paint for about an hour and a half in the morning; then they sit down to lunch about noon, followed by a program, which could be

anything from musical entertainment or a slide show on

Programs have been coordinated since 1980 by Henrietta Miller, current Leisure Center vice president. She's been retired since that time from an administrative position at the University and took on this assignment "immediately after I retired." Her husband, Phil, is in charge of a Leisure Center newsletter that's printed once a month.

Henrietta described one programming feature ("Birthdays") that happens every month, usually on the third Wednesday. "We celebrate the birthdays for the month on that day by having the birthday people sit at a special table for lunch, and we have cake and ice cream for them." Each birthday celebrant is asked to stand and give a short speech.

Lunch is cooked by the Center's only paid staff member. The remaining kitchen helpers are church volunteers. In 1970 the cost for lunch was 60¢; now it's \$2.50 per person-still a bargain compared to restaurant rates for a nutritious meal.

Besides collecting the \$2.50 per meal, which hardly pays for the cost of the food, Leisure Center fundraisers include selling crafts at booths at the Park Festival and at the Methodist Church's Country Bazaar in the fall. Nancy Wenkel has been in charge of sewing and crafts for 16 years. She's not an older person, but enjoys coordinating projects such as making lap robes for the nursing home or baby quilts to sell at the booths. On the day of the Bugle's visit, crafters were making cardboard stars to decorate the Leisure Center's booth at the Park Festival. Others were using the sewing machines to make items that may end up at Alley 109, a distribution agency run by Ramsey County Social Services. Still others were making small black hats as favors for Father's

Wenkel sees the Leisure Center as an "outlet for the many retired professional people in the neighborhood." She is grateful for the many neighborhood resources that make programming activities for these older residents an easier task. She and several Center members (whose officers this year are Hazel Duncanson, president; Henrietta Miller, vice president; Nina Jorgenson, secretary; and Clayton Mullin, treasurer) were not shy about saying the Center is eager to welcome new faces. Although the group started out being affiliated with only the five St. Anthony Park churches, Duncanson stressed that anyone over age 55 is welcome. The only membership requirement is meeting



Henrietta Miller and Don Harvey have been mainstays of the St. Anthony Park Leisure Center program for many years. Don is a

attendance. "You go three times and then you belong," Harvey said. "It's open to any-

(There was some debate that day about the low end of the age limit, i.e., should it be 55 or 60? It was recalled that the youngest members in 1970 were not under 60, but that nowadays, since people are retiring younger, those age 55-60 are welcome, too.) Church affiliation is also no longer a requirement; nor is location of residence.

So on Wed., June 13, the Leisure Center will celebrate 20 years of good times as many

families would-with a slide show of favorite memories from over the years. Some slides will no doubt feature Don Harvey, the Leisure Center's only active charter member, as he enjoys the Wednesday company of his family of friends.



LAW OFFICES

Suite 204, St. Anthony Park Bank Building 2265 Como Avenue, St. Paul, MN 55108-1700

KENNETH G. SCHIVONE, P.A. Kenneth G. Schivone, Attorney Complete Legal Services Including Commercial Law, Real Estate

646-4745

JULIAN J. ZWEBER, Attorney

General Legal Practice Including Real Estate, Wills, Probate, Disability Planning, Small Business

646-4354



The Transformed Tree

Remodelers and Home Additions

Cabinetmakers Custom Kitchens

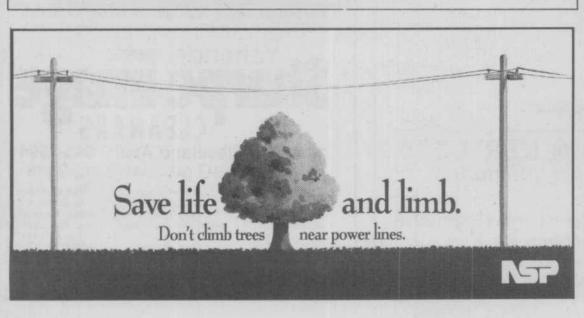
General Contractors

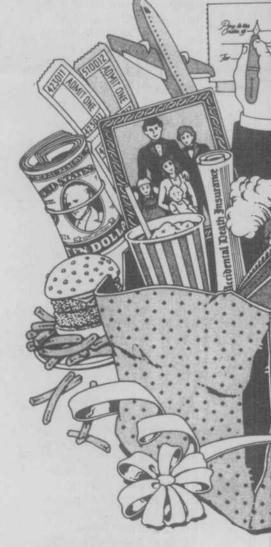
Experienced, Dedicated Craftsmen In our 16th year of business

licensed/bonded/insured

646-3996

2239 Carter Ave. in St. Anthony Park





Our checking account is

We've put so much in our Park Club account that all of it won't stay in the package!

When you open a Park Club Account you'll get benefits and services not found in ordinary

St. Anthony Park State Bank St. Anthony Park State Bank 2265 & 2300 Como Aven

An Equal Opportunity Lender and Employer, Member Fl

Bugle wins awards

Once again this year, the *Park Bugle* came away from the Neighborhood Press Association's Better Newspaper Contest with awards for writing, illustration, photography and design.

Sen. John Marty and Rep. Alice Hausman were on hand to receive special awards for their work this legislative session on behalf of the community press.

Bugle staff and contributors won the following awards:

- 3rd place, Continuing Design.
- Truman Olson: 3rd place, Feature Photo.
- Truman Olson: 3rd place, Graphic Unit.
- Warren Hanson: 3rd place, Illustration.
- Selleck: 2nd place for Cartoon.
 Roald Sateren: 2nd place,
- Feature Story.

 Kathy Malchow: 2nd place for
- Historical Feature.

 Mary Mergenthal: 3rd place,
- Historical Feature.

 These awards were given for

These awards were given for items published in 1989. Contest judges were journalism professors and prominent members of Twin Cities press staffs.

Holy Childhood Schola performs area premiere

The area premiere of "Messe Solennelle de la Pentecote" by Emile Paladilhe, will be presented at the 10:30 a.m. Mass on Pentecost Sunday, June 3, at the Church of the Holy Childhood, Midway Parkway and Pascal. Instrumental accompaniment and other choral and instrumental works in the French style will be part of the event.

It is a celebration in honor of the 80th birthday of the Rev. John Buchanan, the retired founding pastor of the church. Over 40 years ago he established a European style choir school within the curriculum of Holy Childhood elementary school and a music tradition that has preserved and presented the works of a great body of sacred music art from past ages to the present.

Plans were already under way for this celebration when it was realized that June 3 is the anniversary of the birth of the French composer Paladilhe in 1844, so it is a double birthday celebration. It is most certainly also a national premiere of the Paladilhe Mass, since very little is known of the composer outside of France and his music is out of print.

The combined choirs of the boys and girls Schola, the men's Schola and the women's choir form the Schola singing for the Mass. Bruce Larsen will conduct. Robert Vickery, director of the women's choir, and concert organist and pianist, is organist. The solo quartet includes soprano Cynthia Lohman (Mpls.), mezzo-soprano Joan Lindusky (South St. Paul), tenor Stephen Schmall (Falcon Heights), and baritone Lawrence Weller (Minneapolis).

Stephen Schmall, director of the boys and girls Schola (teacher in the Holy Childhood choir school) is a former member of the boy choir at Holy Childhood, and Metropolitan Opera Audition award winner four times.

Arts Calendar

By Cathy Daly

Visual Arts

St. Anthony Park Arts & Crafts Fair, Sat., June 2, library lawn, 9 a.m.-4 p.m. Sponsored by St. Anthony Park Library Association.

The St. Anthony Park Arts
Forum will sponsor an Art
Studio, Organization, and
Gallery Tour, Sun., June 3,
2-4 p.m. Included are Weavers'
Guild of Minnesota, Film in the
Cities, Northern Clay Center,
Raymond Avenue Gallery and
private artists. The \$5 tickets
are available at Micawber's
Bookstore and The Bibelot
Shop.

Atelier Branston offers classes for children & adults in the studio of Sarah Burnham Mertz. Classes include Drawing and Painting for Children, Drawing for Adults, Printmaking for Teens and Adults, and Drawing for Teens and Beginning Adults. For further

information and current schedule, call 644-7797.

Summer art classes taught by Lena Rothman are being offered for students who wish to develop their skills in drawing and painting. Day classes for young people offer a sampling of pencil, pastel, and watercolor. Two week sessions are available. There is still space in the July 9-20 session, and the August 1-13 session. Evening classes are also available for adults, teens and children. Limited space available. Call 645-3062.

Drama/Literary

St. Anthony Park Writers' Workshop is open to all aspiring writers. Tues., June 5, 7:30 p.m., 2245 Como Ave. Call 645-1345.

Send information for next month's Arts Calendar to Cathy Daly, 2151 Hoyt, St. Paul, MN 55108, by Fri., June 8.

AT \$8/HR., YOUR WORK WILL REALLY PILE UP.



Earn \$8/hr. for PT work at UPS. You'll also receive paid holidays & medical benefits. For more info. visit us upstairs in the **Dinkydome** at 1501 Univ. Ave. (Open 10am-3pm). Or call our office at **379-6643** and see how well the benefits of UPS stack up against any other job.



Maybe The Best Guarantee You Ever Had..

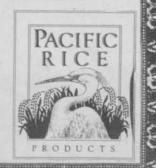


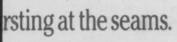
We do hereby guarantee that you will be pleased with our bountiful selection of: ORGANICS — CHEESE, PRODUCE, COFFEE, GRAINS & MORE.

Swer Rice Cake Special
Buy 1 -Get 1 FREE

928 Raymond

646-6686





checking accounts.

Come in today or call us at 647-0131 to learn more about the Park Club Account. It's bursting with value!

st. Paul, MN 55108(612) 647-0131



NATURALLY PURE NEENAH SPRINGS® ARTESIAN DRINKING WATER, IN 5-GAL BOTTLES, DELIVERED

RTESIAN DRINKING WATER, IN 5-GAL BOTTLES, DELIVERED TO YOUR HOME OR OFFICE AT A REASONABLE PRICE.

A SPECIAL NEW CUSTOMER FREE TRIAL OFFER IS AVAILABLE NOW. CALL —



Distributors of Neenah Springs Bottled Water

333-6944

NATURE'S PREMIUM DRINK OF WATER!
ON THE STORE SHELF IN 1 GAL. BOTTLES AT
HAMPDEN PARK FOODS — HAMPDEN & RAYMOND

Road Map

Have you lost your direction with your business or your personal finances? We can map out a plan for you—to get where you want to go. Let us put you on the road map to success...

Give us a call—today.



612 / 644-5093

Norris Waalen, CHTD.

SUITE 120 A 1360 ENERGY PARK DRIVE A ST. PAUL, MINNESOTA 55108

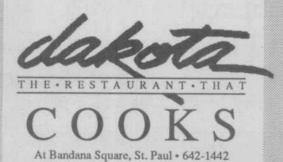
SUNDAY BRUNCH

Order from the menu: \$3.25 - \$8.95

OR

Feast on our delectable
buffet of homemade
muffins, biscuits, granola,
fresh fruits and fruit salads,
vegetable salads, mustard
and honey glazed ham,
turkey stew, sauteed
potatoes, and egg and sweet
pepper souffle:
\$8.95, children \$5.25.

Plus Live 10:30 am - 2:30 pm



Solid waste from 4

As landfills continue to close, local governments turn to multimedia approaches. Multimedia approaches to solid waste management combine a succession of options to reach the goal of producing the least amount of non-reuseable materials. Options include source reduction, recycling, composting, refuse derived fuel, incineration and landfilling.

Source reduction is a new name for an old process. Ask

anyone who lived through the Great Depression or World War II and they will explain the concept in very tangible terms. The basic concept is that you use only what you need and find another creative and appropriate use for for what you don't need—you do not throw it away.

Recycling is now a household word. But one that may not be well understood. Technically what you do at home when you separate newspaper, glass and metal is source separation. This technicality isn't splitting hairs, but splitting the concept. Recycling means returning the material to an original condition so that it can be used again.

This concept has been made painfully clear to recyclers in Minneapolis/St. Paul and Seattle. Source separators took their task to heart and the glutted newsprint market failed. As a result much of what was separated, "recycled," was landfilled anyway. The point is that unless there is a viable market for the materials being separated recycling isn't complete.

Source reduction is a new name for an old process. Ask anyone who lived through the Great Depression or World War II and they will explain the concept in very tangible terms.

Markets for recyclable materials are at the top of the agendas of state and local governments throughout the U.S. As cities initiate curbside recycling programs, what to do with the collected materials becomes an ever growing concern. The most promising mechanism for creating markets for recycled materials is through content legislation. States and municipalities by legislation are requiring that certain percentages of their purchases are of recycled materials or materials that are recyclable.

Recycled glass and metal markets are relatively stable. The recycled paper market is less so; the recycled plastics market is just emerging. And yes, the technology even exists to recycle magazine stock (glossy paper). But as in any business, the distance you are from your market may determine whether you make money or lose money (the process and markets for recycled glossy paper are not available locally so do not include glossy paper in your recycling).

As a consumer you also play an active role in creating and sustaining markets for recycled materials. There are a variety of recycled consumer products available. And there are certainly products that come in packaging that enable source reduction or recycling far more readily than others.

Composting presents a similar problem in markets for the final product. But landfilling yard waste makes even less financial and practical sense. Once in a landfill, the light, air and water necessary for composting are relatively nonexistent and for the most part the material just sits there suffocating for many years. Composting both reduces the volume of yard waste and results in a usable material.

A recent letter to the editor

ST. ANTHONY PARK HEALTH CARE PROFESSIONALS

Nancy Adair, C.C.D.P., 641-0869 Chemical dependency services for women

Bjorndahl & Dodds, Family Dentistry 2282 Como Avenue, 646-1123

St. Anthony Park Clinic, 2315 Como, 646-2549 Dr. David Gilbertson

Grossmann & Kirkegaard, Family Dentistry 2278 Como Ave., 644-3685

Dr. Candace McKay Matthiae, Chiropractic Physician 2301 Como Ave., 644-1147

Group Health Como Clinic, 641-6200 Quality Health Care For Life

Commonwealth Healthcare Center 2237 Commonwealth, 646-7486

River City Mental Health Clinic 2265 Como Ave., 646-8985

Raymond Gerst DDS 2301 Como, 644-2757

Miller Pharmacy 2309 Como Ave., 646-3274, 646-8411

Park Chiropractic, Dr. Timothy Bertsch 645-8393, 1884 Como across from Fairgrounds



with 29 years of tax preparation experience



Catherine Holtzclaw

Dan Bane

FINANCIAL PLANNING

Offering the "FINANCIAL SENSE" financial program.

ESTATE & GIFT PLANNING

Including preparation of Estate & Gift Tax Returns

INDIVIDUAL & BUSINESS INCOME TAX

Including preparation and planning.

FOR AN APPOINTMENT CALL 644-1074

in Newsweek magazine regarding a flap over disposable diapers made the point that landfills close because they get too full not because they get too heavy. This is also true about composting, as yard waste is the second largest segment of the solid waste stream, paper being first.

Refuse derived fuel is a pellet-type of material that is made from materials separated from the waste stream. The material is burned much like coal. These waste-to-energy alternatives, including incineration, are also dependent on the marketability of the fuel they produce. Additionally, the waste stream used to create the refuse derived fuel and fire the incinerator must provide a relatively consistent energy value.

For example, in the case of the refuse derived fuel, a garbage hauler may charge extra for wet garbage that does not provide an energy source. In the case of incineration, the size of the facility is based in part on the volume of garbage it processes.

This design size may raise some challenging issues of who owns the garbage as markets for recyclable materials develop and volume based collection pricing take hold. The garbage generator will have the double incentive of saving money by reducing the volume of garbage generated and the ability to make money on the materials separated and sold. The incinerator may be deprived of the energy value needed in the solid waste stream.

A future view of trends in solid waste management, provided by Peter Grogan, a curbside recycling consultant, includes facilities for appliance recycling, household hazardous waste collection, construction debris reclamation, more legislation and educational curriculum.

Today, the issues of solid waste are complex. It may be difficult to see the forest for the disposable paper products, but personal concern, education and

awareness, peer pressure, legislation and increasing costs will all contribute in making the trees visible once

Joel Schurke was formerly the Bugle's assistant editor. He is now working on a master of science degree in Environmental Health - Environmental Journalism/Hazardous Waste Management at the School of Public Health, University of Minnesota. He works for the Minnesota Technical Assistance Program (MnTAP) assisting Minnesota businesses in reducing their hazardous waste.

Bibliography

"Buried Alive," Newsweek, S. Begley, et al. pp. 66-76, Nov.27,1989.

"Managing Minnesota's Solid Waste," T. Meersman. Jour. Mn. Acad. Science, pp.29-36. Vol. 54, #2, 1989.

"Rubbish!" The Atlantic Monthly, W. Rathje. pp.99-109, Vol. 264, #6, Dec., 1989.

War on Waste, L.Blumberg, et al. Island Press, 1989.

Troots --- Now and THEN



YEARS IN THE EARLY 1900 5 DAN WAS THE BEST KNOWN PACING RACE HORSE IN THE WORLD

HE BROKE THE RECORD FOR THE MILE AT THE MINNESOTA STATE FAIR IN THE YEAR 1909. THIS RECORD STOOD FOR OVER THIRTY YEARS.

THIS IS A PHOTO TAKEN JUST AFTER THE RECORD WAS BROKEN.



MOVIES WERE TAKEN DURING THE EVENT and Now HAYE BEEN MADE TAPES.

mark

2310 COMO AT DOSWELL ST. PAUL OPEN EVERYDAY 7AM - 11PM

TOMBSTONE



12" SAUS OR PEPP

RESER'S GOURMET

SCHROEDER PREMIUM



VAN & FLAVORS

1/2 GAL ROUND

FRESH SWEET CORN

PER EAR



12 PK.

2 LITER.



USDA CHOICE

GATORADE



32 OZ. BOTTLE

NABISCO CHIPS AHOY! COOKIES

12 OZ PKG.

OLD DUTCH



8 OZ. BOX

OUTDOOR BARBEQUE, BALLOONS, ENTERTAINMENT SAT. JUNE 2 DURING THE PARK FESTIVAL.

Prices good through Sunday, June 10.

We reserve the right to limit quantities.

We reserve the right to limit quantities.

Prices good through Sunday, June 10.

We reserve the right to limit quantities

Speaking Briefly

South St. Anthony **Rec Center**

The St. Anthony Park Arts Forum will sponsor several classes at South St. Anthony Recreation Center this summer. The fees charged cover only a small portion of the total cost of bringing arts programs to the neighborhood.

Art Class I, for ages 5-8, will feature printmaking, collage, and 3-dimensional projects. This class, taught by Sarah

Mertz, will meet on Mon. & Wed. from 10:30-11:30 a.m. Fee is \$12.

Art Class II, for ages 9-12, is for students who wish to develop skills in drawing and painting. Lena Rothman will lead the class, which will be held on Tues. & Thurs. from 1-3 p.m.

Printmaking, for ages 13-17, will be held at the Mertz studio, 1539 Branston. The studio, equipped with a press, and the instruction of Sarah Mertz, will help students explore collagraph, woodcut, and paper making. This class will be held on Mondays, 2-5 p.m. The fee is \$15.

All classes begin the week of June 18 and continue for 6 weeks. Please register by calling the recreation center prior to June 12.

Lesley Garrett will host the Bookstart program this summer. Children ages 4-6 will discover the enjoyment of books and reading. Register June 12, 9-10 a.m. Class begins June 18, and is held Mon.-Thurs., 9-10:30 a.m. This is a free program, and will continue for 6 weeks. Kickball will follow Bookstart on Tuesdays, and T-Ball on Thursdays.

A trip to the Minneapolis Planetarium and Minnehaha Falls is planned for Friday, June 22. Participants will see "Dinosaurs" and "Dark of Night," at 9:30 a.m. Bring a bag lunch. After the show the group will go to Minnehaha Falls for a hike and to eat lunch. Register by June 15. Cost is \$2.50. Ages younger than 8 must be accompanied by an adult.

For more information on any of the items listed, call South

St. Anthony Recreation Center, 890 Cromwell, Mon.-Thurs., 4-8 p.m., 298-5770.

Langford Park

Congratulations to all the Langford Park volleyball teams. Over 65 girls participated in volleyball this spring. Season highlights included a great playoff performance by the Pee Wee #1 team (coached by Steve Hill) and a second place finish in the city by the senior girls team.

Registrations are now being taken for all summer classes and special events. Classes include: Tumbling (ages 3-5), Arts and Crafts (ages 6-8), Tennis (ages 7-14), Golf for adult beginners and Recreation for Small People (ages 4-5). Registration for all classes may be accomplished over the phone.

Tuesday mornings the gym

and gameroom are reserved for tots and their parents. This activity offers an excellent opportunity to meet other children and parents from the neighborhood. For more information, call Lori at 298-5765.

In June, Langford Park is offering several special events. On June 15, all boys and girls (ages 6-13) are invited to participate in the city-wide track meet. This event will be held at 10 a.m. and is free. Register at Langford Park.

Langford will take a field trip to the Minneapolis Planetarium to see "Dark of the Night," a show about dinosaurs, on June 22. Afterward there will be lunch at Minnehaha Falls. Cost is \$2.50. Please register by June 15.

The Langford Open Golf Tournament will be on Fri., June 29. All 13-18-year-old golfers are invited for 18 holes at Phalen Golf Course. Cost is \$12 and includes green fees and golf cap. Please register by June 22.

For more information on any of these programs, call Lori, Mike or Michelle at Langford Park, 298-5765.

Roseville Area Seniors

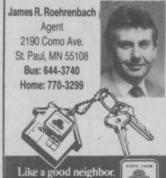
Seniors in Falcon Heights, Lauderdale, and Roseville may take part in a number of activities each month sponsored by the Roseville Area Senior Program at Fairview Community Center, 1910 Cty. Rd. B. Possibilities include seeing a movie, taking in an educational program, participating in an art exhibit, taking a day trip, and much more. An Orientation Coffee is scheduled each

WE SPECIALIZE IN TRIM PAINTING

Bob & Dennis Finn 488-2761

Announcing money-saving news for people with State Farm Homeowners Insurance.

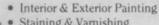
If you've insured your home with State Farm continuously for at least three years, you now qualify for a premium discount which could mean savings for you. For details, please call or stop by.



State Farm is there

State Farm Fire and Casualty Company Home Office: Bloomington, Illinois

professional painters= paper hangers



Staining & Vamishing

Residential & Commercial

Patching & Sheetrock Repair

· Taping & Ceiling Spray Texturing

Experienced in water damage repair interior and exterior

Jim Larson 644-5188

Licensed • Insured • Bonded • D2237.

larson decorating

Ann McCormick's Hair Styling Salon June Festival Perm Special

Tuesday-Saturday by appointment

644-3926

1540 Fulham, St. Paul (in St. Anthony Park)



Life in the Church: Come and Share

BETHANY BAPTIST CHURCH

Skillman and Cleveland. 631-0211

9:30 am Sunday School, 11 am Worship, 7 pm Evening Service. Pastor Bruce Petersen.

COMO PARK LUTHERAN CHURCH

1547 Sheldon St. at Hoyt Ave. 646-7127

CPLContac Dial-A-Devotion 644-1897. Sunday Worship: 8:30 and 10 a.m except June 24: Worship is 10 am at Como Lakeside Pavilion.

Communion first and third Sundays. Education Hour for all ages: 9:35 am. Nursery provided 8:15 - noon.

CORPUS CHRISTI CATHOLIC CHURCH, 1939-1989

1449 North Cleveland at Buford. 644-0992. Saturday Mass: 5:00 p.m. at the church. Sunday Masses: 8:30 am at the church. 10:30 am at Corpus Chrtisti School.

MOUNT OLIVE EV. LUTHERAN CHURCH (A WELS Congregation)

"THE CHURCH WITH A SMILE" 1460 Almond at Pascal. 645-2575. Sunday Worship: 9 am. Vacation Bible School July 30 - August 3.

PEACE LUTHERAN † LAUDERDALE

Walnut at Ione. 644-5440.

Sunday Worship: 10:30 a.m. Eucharist 1st and 3rd Sundays. Sunday School and Bible Class: 9:15 am. Wednesday Worship: 7 p.m.

ROSE HILL ALLIANCE CHURCH Roselawn at Cleveland. 631-0173

Sunday Worship: 9:30 a.m. and 6 p.m. Nursery at both. Sunday School for children, college and adult: 10:45 am. Wednesday Adult Bible Study: 7 pm. Pastors: Gary Russell and Steve Valentine.

ST. ANTHONY PARK LUTHERAN

Como and Luther Place. 645-0371 Sunday Worship: 8:45 and 11 am. Communion first and third Sundays. Vacation Bible School July 9-13.

ST. A.P. UNITED CHURCH OF CHRIST

2129 Commonwealth at Chelmsford. 646-7173 Sunday Worship: 9:30 am.

continued next column

Nursery care provided.

June 3, 9:30 am Pentecost. Pat Green preaching, "The Power Is On!"

11:30 am All-church picnic at Langford Park.

June 10, 9:30 am Kathy Nelson preaching," The Cost and the Joy of Discipleship."

10:45 am Education Hour: "Refugee Sponsorship," led by Cheryl Rademacher.

11:30 am 4th - 8th graders will go to a Twins game. June 16, Nine members of congregation leave to Paducah, Kentucky, to work on a home with the Paducah Habitat for

Humanity. June 17, 9:30 am Pat Green preaching, "Come to a Complete Stop!"

June 24, 9:30 am Pat Green preaching, "Querencia: Finding A Safe Place To Be.

7 pm Faith & Fiction Book Club to discuss Grand Opening by Jon Hassler. All visitors welcomed. Call church for further schedule details.

Rev. Dr. Patrick Green, minister.

Rev. Kathryn Nelson, associate minister.

Mike and Susan Mullin, Mission Workers, La Chappelle, Haiti,

ST. A.P. UNITED METHODIST CHURCH

Como and Hillside. 646-4859

Sunday Worship June 3: 10:45 am. Confirmation Day. Child care Sunday Summer Worship: 9:30 am. Child care provided. Saturday, June 2, 7-11 am Festival Pancake Breakfast. Register now for summer and fall nursery school .

ST. CECILIA'S CATHOLIC CHURCH

Cromwell and Bayless Place. 644-4502

Saturday Mass: 5 p.m.

Sunday Mass: 10 a.m. at church (nursery provided) and 8:30 a.m. at Seal Hi-Rise, 825 Seal St. (handicapped accessibility).

Daily Mass: 7 am at the Parish Center.

ST. MATTHEW'S EPISCOPAL CHURCH

2136 Carter at Chelmsford. 645-3058

Sunday Services with Holy Eucharist: 8 and 10:30 am. Nursery and child care provided at both.

WARRENDALE PRESBYTERIAN CHURCH

1040 Como Ave. at Oxford. 489-6054 Sunday Worship: 10:15 am (nursery provided). Sunday Church School: 9 a.m. Rev. Richard M. Brundin.

month for newcomers to learn about the programs available and to tour the facilities. Next orientation is Thurs., June 7, at 10:30 a.m. Call 633-3997 for a reservation.

Driving update

AAA's Senior Driver Improvement Program will be given at Como Park High School on June 25 & 26, 6-9 p.m. and June 27, 6-8 p.m. Those age 55 and over who complete the course qualify for a 10 per cent reduction on their auto insurance premiums for three years, according to Minnesota law. The class updates driving skills and teaches the latest steering and braking techniques. Pre-registration is required. Cost is \$20. For information and to register, call 297-2466.

Musical Trolley

MacPhail's popular Musical Trolley classes for children ages 4-6, will be offered at Bandana Square from June 18–29. Times are M–F, 9:15–10:30 a.m. or 11 a.m.– 12:15 p.m. Call 627-4020 for information. Cost is \$68.

Parlez-vous Français?

The summer session for French classes at Alliance Francaise begins Mon., June 11. Classes are available at all levels in the evening and during the day. The school offers a summer day camp for children ages 5-12 during the month of July. Individually tailored programs for working people and businesses are also available. Call 644-5769 to

request a schedule of classes for the summer session. Alliance Francaise is located in St. Anthony Park at Baker Court, 821 Raymond Ave.

Musicians wanted

The St. Anthony Park Community Band, organized nine years ago, will play a series of Tuesday evening concerts this summer. Rehearsals have been going on in the Como Park High School band room since April, and will continue into the concert season.

First concert of this season will be at the St. Anthony Park Festival on Fri., June 1, 7 p.m., in the ParkBank drive-in area. Other concerts will be given at the Commonwealth and Lyngblomsten Care Centers, Seal Hi-Rise, Sholom Home, and Como Park pavilion.

With a present membership of about 20, the band welcomes additional members, especially those who play tuba or drums. Anyone interested in joining the band should call Paul Husby, director, at 642-1559. Rehearsals are on Tuesday evenings beginning at 7:15.

Music Man

Como Lakeside Community Theatre, a newly-founded theater group, makes its debut performing *Music Man* at the renovated Como Pavillion.

Music Man runs June 6–23, Wed.–Sat., 7 p.m. Tickets are \$3 for adults, \$1 for children.

Summer season tickets include three productions: *Music Man, Arsenic and Old Lace,* and *Finian's Rainbow.* \$7 for adults, \$3 for children; group rates on request. For information, call 224-2485.

Parents without Partners

Parents without Partners has a number of adult and family activities in the *Bugle* area. June activities include a toddler play group, Father's Day breakfast, discussion group and miniature golf. Call Holley, 641-1624, or Jean, 644-2445, for orientation dates.

Peace Camp

A "Peace Camp" for children in grades K-6 will be held at Falcon Heights United Church of Christ, 1795 Holton St. Scheduled from 6:30-8:30 p.m., June 25-29, activities will focus on special projects associated with these themes: Let peace begin with me, taking care of the earth, peacemakers/resolving conflict, exploring our interconnectedness. For more information, call 646-2681.

Book discussions

The Faith & Fiction Book Club will meet Sun., June 24, 7-8:30 p.m., at the St. Anthony Park United Church of Christ for an informal discussion of Jon Hassler's book, Grand Opening. This novel by one of Minnesota's best authors is the story of a Minnesota family involved in the life of a small town in 1944. Copies of the book are available at Micawber's. Read the novel and join the discussion at 2129 Commonwealth Ave. Newcomers are welcome. For more information, call the church office at 646-7173.

The Falcon Heights Book Club will discuss Manomides' *On Evil* on Thurs., June 21 at 7 p.m. Meetings are held at Falcon Heights United Church of Christ, 1795 Holton St. For more information, call 646-2681.

Tree survey

The University of Minnesota Urban Forestry class taught by David French has been making an inventory of trees in St. Anthony Park and noting the trees' condition. Students have been surveying trees north of Como Ave., between Como and Raymond. They will now make recommendations about where new trees are needed and what species they would suggest. Call 625-8194 for time and place of their report.

In a Child's Garden

A new permanent exhibit, "In a Child's Garden," opens at the Children's Museum of Minnesota on June 15. The museum is located at Bandana Square in Energy Park.

"In a Child's Garden" is a 5,000 square foot outdoor garden exhibit designed specifically for children. Visitors enter the garden through an indoor passage inside the museum. The garden has five areas, raised flower beds called "Z is for Zinnia" and "Dozens of Dahlias;" "Vegetable Patch," reached by a Beanpole Promenade; the "Scensorium," reached by an arched bridge; "Hanging Garden;" and "Water Works."

The museum has new hours: Sun. & Thurs., 10 a.m.-6 p.m.; Wed.-Sat., 10 a.m.-8 p.m.; Mon., 10 a.m.-6 p.m. (summer only); and time for members only on Sat. and Sun., 9-10 a.m.

Central reunion

The Central High School Class of 1960 will hold a 30year reunion Aug. 3, 4, & 5 at the Bloomington Marriott and the St. Paul Hotel. Call Ralpha Tilsner Burstein at 452-7108 or Cathy Cairncross Milota at 920-7656 (h) or 827-2966 (w) for more information on planning or reservations.

Zoo school

Como Zoo and the Docents offer an educational program for children ages 7-12 through their summer zoo school. Como Zoo Docents will help children learn about Como's animals and their care at the zoo. Children will participate in educational games and crafts. Sessions are offered either the week of July 16-20 or July 23-27 from 9 a.m. noon. The cost for each session is \$30. Enrollment is limited and will be filled on a first-come, first-served basis. Call Don McIlrath, 483-3127.

Bandana Square concerts

Bandana Square's 6th annual free summer concert series will feature concerts on both Friday and Wednesday evenings this year, beginning at 6:30 p.m. each night.

Friday concerts

June 8—Wolverines

June 15—Great American Songbook

June 22—Boogiemen

June 29—Philip Brunelle Brass Ensemble

Wednesday concerts begin July 11.

15% Off Custom Framing

Professional framing at an attractive price. Get the picture?

The art in your home deserves to be enhanced and protected by proper framing. And at 15% off, now is the time to have it done. This coupon and full payment are required at the time you order, and no other discounts apply. Offer good during June, 1990.

Hours: Tuesday-Friday, 10:00-5:30; Saturday 10:00-4:00. Closed Sunday and Monday. 2278 Como Avenue, next to The Bibelot. 645-7862

CARTERAVE. FRAME SHOP

ARTISTS AT WORK -

A unique company in the service of housecleaning

- · weekly
- •occasional

restorative cleaning

bi-weekly
 Office Hours: M-F 9-6

331-5283

Member, Better Business Bureau

body science

SPINAL MANIPULATION • NON-SURGICAL INTERVENTION • DRUGLESS NUTRITIONAL THERAPEUTICS • AUTO, SPORT, WORK COMP INJURIES

Dr. Candace McKay Matthiae

Chiropractic Physician

2301 Como Avenue

Suite 202

St. Paul, MN 55108

644-1147

INNOVATORS

Additions

Repairs

Renovations

Bathrooms • Offices Kitchens • Ceramic Tile

Local References

771-1268

Licensed, Bonded and Insured

M. Mariano & Co. for Hair

- Contemporary Hair Design for Men, Women & Children
- Professional Hair Care
 Products by Aveda, Image and Nexus
- Complete Nail Services
- Open Tues.-Sat. including Tues., Wed., & Thurs. evenings until 8 p.m.



Terrie Zarembinski, Betsy Davies, Charrie Roen Maureen Mariano

2301 Como Avenue

645-7655



Is Pain A Way of Life For You?



We all have aches and pains now and then, but when they're so constant or recurrent that you end up 'living with them', it may be time to seek help. Chiropractic has brought relief to sufferers of back pain, stiffness, numbness, headache, arthritis, painful joints, bursitis

and neck pain...and it might help you, too. Why not make an appointment for an initial consultation at no obligation?

Dr. Timothy Bertsch PARK CHIROPRACTIC 1884 Como Avenue 645-8393

Free Classes on the use of Macintosh computers and

the Apple LaserWriter.

Learn How to Type a Report or Create a Resumé

Twenty-Seven Classes Every Week (with three

- advanced classes on making "Forms & Flyers")
- No Computer Experience Needed
- Classes are two Hours Long and Size is Limited. so Please Call Ahead to Reserve Your Spot!

Burnsville 114321 Nicollet Court

892-0200 6:00PM Tuesday

6:00PM Thursday 12:00PM Friday

Uptown 3028 Hennepin Ave S. 822-7700

9:30AM Monday 6:00PM Wednesday

6:00PM Thursday

Richfield

W 66th & Lyndale Ave S 866-1900 6:00PM Tuesday 9:00AM Wednesday 6:00PM Wednesday Dinkytown II

325 14th Ave SE 331-3080 6:00PM Saturday

Minnetonka

13879 Ridgedale Drive

593-1143

12:00PM Tuesday

6:00PM Thursday

6:00PM Tuesday

6:00PM Tuesday

9:00AM Friday

St. Paul II 1437 Cleveland Ave N

644-8374 6:00PM Wednesday 12:00PM Thursday 6:00PM Thursday

5:30PM Thursday 5:30PM Friday

IDS

80 S 8th St, Ste 180

338-1541

9:00AM Thursday

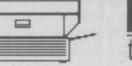
St. Paul I 1669 Grand Ave

3:00PM Saturday
Forms & Flyers (Advanced) 6:00PM Monday

9:00AM Tuesday Stadium Village

612 Washington Ave SE 379-2452 12:00PM Monday 6:00PM Monday

6:00PM Friday





Speaking Briefly

Gibbs Farm in June

The Ramsey County Historical Society is pleased to announce its Sunday program at Gibbs Farm Museum, corner of Cleveland and Larpenteur.

June 3-Dairy Day

June 10-From Sheep to Shawl

June 17-Carriages, Once a Way of Life (Fathers accompanied by children of any age admitted free.)

June 24-1920s Wedding Day.

Admission to the museum is \$2.50 for adults, \$2 for seniors, and \$1 for children 2-18.

Give blood June 5

The American Red Cross Bloodmobile will make a stop at St. Anthony Park Lutheran Church on Thurs., June 5, from 2:30-8 p.m. Make a reservation if possible by calling Lois Anderson, 488-4482 (home), or 646-6564 (office), or the church (645-0371). Drop ins are welcome, but reservations are preferred.

Kids "flip over books"

"Library Kids Flip Over Books" is the theme of the St. Paul Public Library summer reading program. Kids can register starting Mon., June 11, at the St. Anthony Park Library, and receive a reading record to write down books they read or have read to them. A button will be given after 10 books; after 25 books they'll receive a library book bag and have their name posted on the giant paper jungle gym. For reading 40 books, they will earn a summer reading program certificate. At the end of the summer, there will be a drawing for paper back book prizes and Micawber's gift certificates donated by the St. Anthony Park Library Association.

Storytellers, jugglers, clowns, and puppets will entertain twice each week. The June schedule is:

June 14, 3 p.m.— James Wedgwood, ventriloquist

June 15, 10:30 a.m.- James Wedgwood, ventriloquist

June 21, 3 p.m.-P. T. Flamdazzle, mystify ing feats of juggling & fun

June 22, 10:30 a.m.-P. T. Flamdazzle, mystify ing feats of juggling & fun June 28, 3 p.m.—Debra Price, storyteller June 29, 10:30 a.m.— Debra Price, storyteller.

Vickers drafted

Arlene Vickers of Roseville has announced she will be a candidate for the Minnesota House seat in District 63A. District 63A includes Falcon Heights and Lauderdale. She will run in the Independent Republican Primary election in Sept. Vickers said her decision was in response to a petition drive that collected over 600 signatures urging her to run. She is an attorney, a former interim executive vice-president of the Suburban Area Chamber of Commerce, and a former research attorney for the Minnesota House. She lists four key issues in her campaign: education, crime & drugs, affordable health care and the environment. District 63A is currently represented by DFLer Mary Jo McGuire.

Busway from 6

own police force or metro police, depending on studies and negotiations underway between the departments.

About 300 bus trips per day will be made. A topographical map study of the St. Paul campus mall is under way now, and planners assured the audience that "the integrity of the mall will not be compromised in any way" by the development of a bus turnaround.

Planners added that the University has shown good faith toward completing the entire project, since it has acquired nearly all the privately-owned land that it needs to build the second phase of the busway.

Some audience members asked, "Why not build the St. Paul phase first?" Planners responded that the Minneapolis campus suffers the worst traffic and parking problems. The University hopes to have one parking lot ready for use by the U.S. Olympic Festival in early July.

HE CROMWEL

Restaurant and Bar Thur.-Sat. 5-9 p.m. 10 oz. Steak Dinner \$6.95

Complete Menu

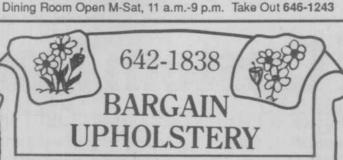
Mn. State Lottery Sales

Pull Tabs

Live Music Fri. and Sat. nights 9-1

Steaks Salad Bar \$4.95 11:00-1:30 M-F Snacks

2511 University at Highway 280



Call for free estimate 797 Raymond at University



Find the home of your dreams, a love affair for life. Nancy Meeden

227-9144 Office 641-1506 Home



CHECK OUT **OUR RATES**

on auto, renters, boat, homeowners, and landlord insurance. Non-smoker, clean driver and good student discounts. Holley Kramer 645-7495

2147 University Av. W. (at Vandalia)



Community Calendar

IUNE

Como Park recycling day.

Falcon Heights recycling day.

Ice Cream Social, ParkBank Drive-in, 7-8:30 p.m.

2 Sat.

Art Fair & Park Festival. Como & Carter, 9 a.m.-4 p.m.

3 Sun.

Celebration for Rev. John Buchanan, Holy Childhood Church, Midway Pkwy & Pascal St., 10:30 a.m. Premiere of Paladilhe Mass.

Dairy Day, Gibbs Farm Museum, noon-4 p.m.

Studio Arts Tour, Raymond & University, 2-4 p.m.

We Care, St. Anthony Park United Church of Christ, 2129 Commonwealth Ave., 8 p.m. Call 641-1664 or 780-8317. Every Sun.

4 Mon.

Women for Sobriety, St. Anthony Park Library, 5:30 p.m. Call 224-0328. Every Mon.

AA, St. Anthony Park Lutheran Church, 8 p.m. Call 645-2329 or 770-2646. Every Mon.

5 Tues.

Toastmasters, Hewlett Packard, 2025 W. Larpenteur, 7:30 a.m. Call Monique, 641-9514. Every

South St. Anthony Old Timers, Professor's at Har Mar, 1 p. m.

Lauderdale Friends & Neighbors, Lauderdale City Hall, 1-4 p.m.

Blood drive, St. Anthony Park Lutheran Church, 2:30-8 p.m.

St. Anthony Park Writers' Workshop, 2245 Como Ave., 7:30 p.m. Call 645-1345.

AA, 1407 Cleveland, 7:30 p.m. Call 646-0127 or 645-2329. Every Tues.

6 Wed.

Leisure Center, St. Anthony Park United Methodist Church, 10 a.m..

Music Man by Como Lakeside Community Theatre, Como Lake pavilion, Wed.-Sat. through June 23.

Thurs.

Last day of school, St. Paul Public & Roseville Area Schools.

St. Anthony Park Community Council Physical Planning Committee, 890 Cromwell, 5 p.m.

St. Anthony Park Community Council Human Services Committee, 890 Cromwell, 7 p.m.

8 Fri.

Bandana Square Summer Concert Series, 6:30 p.m. Wolverines.

10 Sun.

"From Sheep-To-Shawl," Gibbs Farm Museum, noon-4 p.m.

Sarah Nobles plano recital, St. Anthony Park Lutheran Church, 4 p.m.

11 Mon.

Como Park recycling day.

Falconeers Senior Club. Falcon Heights City Hall, 1-3:30 p.m.

Park Press Inc. Lauderdale City Hall, 7:30 p.m.

12 Tues.

District 10 Community Council, Lyngblomsten Senior Center, Midway Pkwy. & Pascal, 7 p.m.

Lauderdale City Council, City Hall, 1891 Walnut, 7:30 p.m.

13 Wed.

District 12 recycling day.

Play Group for infants & toddlers & their parents, So. St. Anthony Rec. Center, 9:30-11:30 a.m. Every other Wed.

Leisure Center, St. Anthony Park United Methodist Church, 10 a.m. 20 yr. anniversary.

St. Anthony Park Community Council, 890 Cronwell, 7 p.m.

Falcon Heights City Council, City Hall, 2077 W. Larpenteur, 7 p.m.

Smoking Cessation Support Group, American Cancer Society, 2265 Como Ave., 7 p.m. Call 644-1224. No charge.

14 Thurs.

James Wedgwood, ventriloquist, St. Anthony Park Library, 3 p.m. Also June 15, 10:30 a.m.

Falcon Heights-Lauderdale Lions Club, Countryside Restaurant, 2851 N. Snelling, 6:30 p.m. Call 646-5717.

15 Fri.

Falcon Heights/Lauderdale recycling day.

City Wide Track Meet for ages 6-13, Langford Park, 10 a.m.

Bandana Square Summer Concert Series, 6:30 p.m. Great American Songbook.

16 Sat.

Contradancing, Oddfellows Hall, 2380 Hampden, 8 p.m. Call 642-9118.

17 Sun.

"Carriages, Once a Way of Life," Gibbs Farm Museum, noon-4 p.m.

18 Mon.

Bookstart, So. St. Anthony Rec. Center, 9-10:30 a.m. Mon.-Thurs. for 6 weeks.

20 Wed.

Bookmobile at Seal Hi Rise, 9:30-10:30 a.m.

Leisure Center, St. Anthony Park United Methodist Church, 10 a.m. Birthdays.

Block Nurse Program, Inc. board of directors, Park-Bank, 2265 Como, 4-6 p.m. Call 339-7774.

Langford Booster Club, Langford Park, 7:30 p.m.

21 Thurs.

P.T. Flamdazzle, juggler, St. Anthony Park Library, 3 p.m. Also June 22, 10:30 a.m.

Falcon Heights book club, Falcon Heights United Church of Christ, 7 p.m Manomides' On Evil.

22 Fri.

Trip to Mpls. Planetarium & Minnehaha Falls from Langford Park & So. St. Anthony Rec. Center, 9 a.m.

Bandana Square Summer Concert Series, 6:30 p.m. Booglemen.

23 Sat.

Fare SHARE distribution and registration for July, St. Anthony Park Lutheran Church, 8-10:30 a..m.; Seal Hi Rise, 10 a.m.; Holy Childhood Church, 10 a.m.-noon.

24 Sun.

"1920s Wedding Day," Gibbs Farm Museum, noon-4 p.m.

Faith & Fiction Book Club, St. Anthony Park United Church of Christ, 2129 Commonwealth Ave. 7-8:30 p.m. Jon Hassler's Grand Opening.

25 Mon.

Como Park recycling day.

Falconeers Senior Club, Falcon Heights City Hall, 1-3:30 p.m.

27 Wed.

District 12 recycling day.

Leisure Center, St. Anthony Park United Methodist Church, 10 a.m. Antique show.

St. Anthony Park Community Council Housing Committee, 890 Cromwell.

St. Anthony Park Community Council Environment Committee, 890 Cromwell, 7 p.m.

Falcon Heights City Council, City Hall, 7 p.m.

28 Thurs.

Debra Price, storyteller, St. Anthony Park Library, 3 p.m. Also June 29, 10:30 a.m.

Falcon Heights-Lauderdale Lions Club, Countryside Restaurant, 2851 N. Snelling, 6:30 p.m. Call 646-5717.

29 Fri.

Langford Open Golf Tournament for ages 13-18, Phalen Golf Course. Call 298-5765.

Bandana Square Summer Concert Series, 6:30 p.m. Philip Brunelle Brass Ensemble.

Items for Community Calendar may be submitted to Kathy Malchow, 646-1288, or Bugle office, 646-5369, by 6 p.m. Mon., June 18.

Old Science Renovation, Inc. Furniture Refinishing and Repair

Look for our booth at the S.A.P. Festival, June 2nd.

- Antiques/Restoration
- Wood and Metal Stripping Furniture Touch-up
- Upholstery
- Colored Lacquering
- · In-Home Woodwork and Cabinets Caning
 Free Estimates
 Pick-Up and Delivery

Call Terry 379-0300

611 University Ave. S.E. Minneapolis

COMO RAYMOND AMOCO





Convenience store and gas open 24 hours Mechanics on duty 7 a.m. - 11 p.m.

2102 Como Avenue at Raymond • 646-2466

OMEGA

TRAVEL **OPEN** 646-8855 MON.-FRI.

2300 Como at Doswell (Park Bank Drive-Up)

CALL US. OUR SERVICE IS FREE.

Gutter Service

SERVICE · Clean · Patch · Repair · Install

 Rainleader Disconnects - Chimney Caps Serving area since 1973 Licensed • Bonded • Insured

Burton R. Johnson

699-8900

Come and explore the beauty the power the magic...



spheres + geodes polished stones jewelry bells . gongs rattles + drums wands + fetishes

crystal points + clusters

STONEHENGE rocks & rituals 781 Raymond Ave. St. Paul, MN 55114 (612) 649-0470

OPEN: Mon - Sat 10 am - 6 pm

I-94 to Hwy 280, exit University Ave. left on Raymond Ave.

Obituaries

Douglas Bruhn

Douglas Bruhn, age 26, died on May 7, 1990. A resident of Lauderdale, Bruhn is survived by his parents, Lawrence and Hazel Bruhn of Lauderdale: three sisters, Virginia Waldron, Susan Harris, and Charlotte Bruhn; one brother, Larry Bruhn; and several aunts and

Loretta Shields Campbell

Loretta Shields Campbell, age 93, died on April 5, 1990, in Davis, Calif. She and her husband, John N. Campbell, lived in St. Anthony Park from 1950 to 1978 before they moved to Davis. He was professor and first director of clinics at the School of Veterinary Medicine. She was a homemaker, an active community leader, president of the Minnesota Veterinary Medicine Auxiliary, and a 50-year member of the P.E.O. Sisterhood.

Loretta Campbell is survived by three children: John, Jr., of Red Lake Falls, Minn.; Robert, of Davis, Calif.; and Marian of South Pasadena, Calif; five grandchildren; and one greatgrandchild. Campbell's husband died in 1985.

Selmer Engene

Selmer (Sam) Engene, a longtime professor in the Department of Agricultural Economics at the University of Minnesota, died on April 23, 1990, at 83. He had suffered a heart attack two days before his death.

He received his undergraduate and doctorate degrees at the University of Minnesota. He served as a professor there from 1957 until his retirement in 1974. From 1965 until 1974, he worked on a Ford Foundation project to develop a profession of agricultural economics in Argentina. In recent years, he had lived in the University residence on Coffman

Preceded in death by his first wife, Carol, and his second wife, Sibyl, Prof. Engene is survived by his wife, Margaret; a sister, brother, four stepchildren; and several step-grandchildren and great-grandchildren.

Eugene Jamison

Eugene Jamison, a resident of Como Park, died on April 13, 1990, at the age of 70 years. Jamison was a member of the Rosetown Memorial #542 American Legion, the Veterans of Foreign Wars, and the Disabled American Veterans. He was a parishioner at Holy Childhood Catholic Church.

Jamison's survivors include his wife, Beatrice; his sons, Thomas of New Ulm and Michael of West St. Paul; his daughters, Beverly Johns of St.

Paul and Marilyn Joyce of Center City; 16 grandchildren; and one great-grandchild. He is also survived by six sisters and two brothers

Dorothy King

Dorothy King, a former resident of Como Park, died on May 2, 1990, at 79 years. She was preceded in death by her husband, Everett. King is survived by her son, Raymond King of New Orleans; her daughter, Carolyn Kochel of Ladysmith, Wisconsin; her four grandchildren; and three sisters.

Dorothe Lyddy

Dorothe Lyddy, a Falcon Heights resident, died at 70 years of age on May 8, 1990, of cancer. She is survived by her husband, Louis Lyddy; seven children, Susan Snow of Eagan; Diana Woldt and Daniel Lyddy of Lexington; Patricia, James, Mark and Michael Lyddy of Falcon Heights; six grandchildren; four sisters; and one brother.

Howard Newell

Howard Newell, a former resident of St. Anthony Park. died at age 72 on May 1, 1990. He was a member of Epsilon Sigma Phi and NARFE White Bear Chapter #1232 and had lived in Maplewood in recent years. Newell was preceded in death by his wife, Merle. He is survived by two children; two brothers; and one sister.

Clyde Pemble

Clyde Pemble, a graduate of Murray High School and well-known developer, died on May 4, 1990, at 56 of lung cancer. A native of St. Paul, Pemble graduated from Murray in 1951.

Pemble worked in commercial and residential development and was head of the state Housing Finance Agency for five

He is survived by his wife, Jeanne; one son, Steven Pemble; three daughters, Elizabeth Spillman, Kathleen Bramhall, and Jennifer Schmitz; three grandchildren; mother, Loretta Pemble; and sister, Diane Carlson

Elsie Worch

Elsie Worch, a longtime resident of St. Anthony Park, died at 77 years on May 11, 1990. Formerly living on Chelmsford St., she had moved to Commonwealth Ave. in recent years. She was a member of the St. Anthony Park Association and a former treasurer of that group.

Worch was preceded in death by her husband, Albert. She is survived by two aunts, Ida Sauter and Bertha Paull of Crystal Lake, Illinois, and several cousins.

Sharon Elliott Zecher

Sharon Elliott Zecher, a Murray High School graduate recently living in Arcadia, Calif., died on May 5, 1990, at the age of 48. She was a member of the Murray class of 1959, along with her twin

She is survived by her husband, Robert Zecher; her children, Lisa Roberts. Encino, Calif., and Tammy Watkins, Indianapolis.; her mother, Svea Elliott of St. Paul: and four sisters and one brother





Stationery Supplies • Photo Finishing • Russell Stover Candies • Free Blood Pressure Test • Copy Machine Service



2290 Como Avenue 644-1695

Your first and likely your only stop.

Hours: Monday-Friday 8:30-7:30

Saturday 8:30-5

Sunday 11:30-4:30

We Cater to Cowards

Complete Family Dentistry

Charles E. Kath, D.D.S., P.A.

Located in Energy Park, near Bandana Square

Extended hours, early A.M. and lunch hour appointments available (645-0449), as well as 24 hour emergency service (426-7343).

1493 Energy Park Drive, St. Paul

Attention SENTORS

645-0449

A 5% savings is available when paying balance on day of treatment. An extra 5% savings is offered to Senior Citizens for additional services.



INTRODUCTORY OFFER

Reg. \$96.00

Includes: BASIC TEETH CLEANING **INITIAL EXAMINATION** COMPLETE X-RAYS **EVALUATION FOR** COSMETIC DENTISTRY

NEW PATIENTS ONLY PLEASE

Payment Requested The Day Of Appointment With Coupon • Limit One Per Patient

Not Valid With Any Other Offer Offer expires June 30, 1990

Bugle Classifieds

Classified deadline: June 18, 6 p.m. Next issue: June 28

· Type your ad.

· Count the words. A word is numbers or letters with a space on each side. A phone number is 1 word.

• Figure your cost: 30¢ x number of words.

· Send your ad & check to Bugle Classifieds P.O. Box 8126 St. Paul, MN 55108 or deliver to the drop box at the rear of the Bugle office at 2301 Como Ave. by 6 p.m. on deadline day.

 Call Kathy Magnuson, 645-2475 or the Bugle office, 646-5369, with questions.

Notices

AA: St. Anthony Park group meets every Monday 8 p.m. StAP Lutheran Church. Call 770-2646 or 647-9446.

BIKE FOUND. Describe to claim. 645-1858.

CATHOLIC CHARITIES-ST. ANTHONY RESIDENCE located at 2300 Wycliff, St. Paul, MN 55114, will receive and use USDA donated foods. No person because of race, color, national origin, sex, age, religion or handicap shall be excluded from participation in, or be denied the benefits of, or be otherwise subjected to discrimination in our USDA donated food program.

For Sale

MARY KAY PRODUCTS. For consultation call 642-1505.

MOTOROLA VOICE PAGER with charger. 631-9040.

FOR SALE: 1985 Jeep Cherokee. 4-door, 4-wheel drive, 4-cyl., 5-speed, 22 mpg, AC, cruise control, stereo cassette, 56,000 M; 1/3 the price of a new one! 646-0583.

FESTIVAL SPECIAL—JUNE 2 ONLY! 75% off selected posters, prints, & ready-made frames. 10-50% off framed art. Carter Ave. Frame Shop.

UPHOLSTERED CHAIR, studio couch, dresser and chest. Excellent condition. 646-6782.

CAMP TRAILS BACKPACK, never used, \$35. One person tent, camp knife. 631-0459.

FURNISHINGS: Area rugs, lamp, chairs, drafting table, Rodale composter, misc. 645-2031.

HERBS, NUTRITION, CLEAN WATER, safe, doctor recommended, FDA approved. Celebrating our second decade. Call Jim 647-0858.

Housing

NEW CONSTRUCTION TWO-BEDROOM. Finished 10/15/89. The Cromwell House Apartments, 1053 Cromwell Ave., the newest and nicest residence in all St. Anthony Park. Over 1,000 sq. ft., central heat & air, dishwasher, mini-blinds, separate entrance, deck, laundry, underground parking and more. Very private and secure. \$670/month. Free brochure with floor plan. 631-3048.

UNIVERSITY STUDENT SEEKS ROOM in Park starting fall quarter. Kitchen privileges preferred. Will do outside and inside work, shopping, etc. (612) 644-2563.

LARGE CONTEMPORARY DUPLEX FOR RENT. Two bedrooms. Dining area. Fireplace. Large closets. Appliances. Laundry. Street level entry. Handicapped accessible. North St. Anthony Park. No. pets. Single, couple, family. Available July 1. Telephone evenings, week-ends. 647-0838.

ONE BEDROOM CARETAKER APARTMENT available 7-1-90. Address: 2238 Doswell, 1/2 block from central St. Anthony Park. \$385. Call evenings: 647-0362

WALK TO ST. PAUL CAMPUS! Super starter in So. St. Anthony Park. 2 bedrooms and den. Newer roof, furnace, gleaming wood floors. Large kitchen. 973 Manvel. \$64,900. Peggy Sparr, Edina, 639-6383.

PRIME SOUTHEAST-WALK TO DINKYTOWN. 2+ story. Spacious rooms, Gorgeous buffet. Updated kitchen and bath. 937 17th Ave. S.E. Offered at \$74,900. Peggy Sparr, Edina 639-6383.

RENTAL: Quiet efficiency and one-bedroom, Falcon Heights. 644-9448, Chuck.

AS A RESIDENT OF ST. ANTHO-NY PARK, you know your home has an "extra-special" location. If you are thinking of selling, check our "extra special" plan. We call it Co-op Marketing and we provide just the services you need. You'll get the right price and pay just \$2,750! That's it-\$2,750. Call for our brochure. Smith Realty, 379-2317.

Home Services

HOME REPAIR small job specialist. Expert carpentry, remodeling, door and window replacement. Tom Oberg. 644-8765.

SASH CORDS replaced. 644-8765. Tom Oberg

LARRY'S PAINTING. Exterior, interior, spray ceilings, texture ceilings, drywall, paper hanging. Free estimates. 222-4227.

PAINTING PLUS. Interior, exterior painting and staining. Specializing in spray textured ceilings. Free estimates. 646-8230.

GENERAL CONTRACTOR with old house experience. Repairs, replacements, additions of windows, doors, decks, roofs-etc. Kitchens, baths and family rooms. Local neighborhood references are available. Call Terry 771-1268.

JOE HUGHES SEWER CLEANING, 644-2343

SCHUFMAN BROS. quality painting. Interior/exterior. Textured ceilings/water damage repair. Quality work at affordable rates. Free estimates. Insured. Jonathon,

JOE HUGHES CONCRETE WORK. 644-2343.

PROFESSIONAL WALLPAPER HANGING, painting and preparation. Free estimates, references, six years experience. D. J. Bellandi. 483-0419.

REMODELING, ALL TYPES: carpentry and home repairs, kitchen and old house specialist. References. Call Mark for estimates. 488-6625.

R.C. PAINTING-DRYWALL-HOME REPAIR. Interiorexterior. Taping, textured ceilings, carpentry. "No job too small." References. Free estimates. 722-7369.

LAVENDAR MAID: A quality, reliable housecleaning service providing regular or occasional cleaning. Free estimate. 724-0342

WE SATISFY ALL YOUR PAINT-ING NEEDS. Professional painting, interior, exterior, paperhanging, patching, taping, staining, ceiling spray texturing. Water damage repair, and more. Family business in the Park-40 years. Jim Larson, 644-5188.

WE SPECIALIZE IN TRIM PAINTING. Bob & Dennis Finn, 488-2761.

PLUMBING, ALL TYPES. Prompt, quality service, reasonable rates. Bob, 426-9650, License #M3944.

BURTON'S RAIN GUTTER SERVICE. Clean, patch, repair, install, rainleader disconnects, chimney caps. Licensed, bonded, insured. 17 years' experience. 699-8900.

GUTTERS CLEANED. Bob & Dennis Finn. 488-2761.

LANDSCAPE CONTRACTOR specializing in landscape makeovers. Trees, shrubs, evergreens, retaining walls, patios, decks, aggregates, grading, sod. Orfei Contracting. 780-1418.

CARPENTER/BUILDER. Home remodeling and improvement. 25 years' experience. Licensed, bonded and insured. Jerry Doy 825-9091.

MAID IN THE USA. Low cost two person cleaning team. Refs. Call 331-3184, or 623-4530.

ROTTEN WINDOW SILLS AND TRIM REPLACED. Tom Oberg. 644-8765.

MAID IN HEAVEN. Immaculate cleaning at affordable rates. Free brochure. Lesli, 729-7552.

CONCRETE SIDEWALKS, STEPS, ETC. Chimney and fireplace work-also chimney cleaning. Plastering, stucco and sandblasting. Call Mark A. Larson, 642-5090.

NEED A VACATION FROM THOSE ENDLESS HOUSEHOLD CHORES? Putting me to work in your home will give you the rest and relaxation you deserve. Satisfaction guaranteed, references given. Call Fave at 489-6356. Thanks!

RAIN GUTTERS CLEANED. SERVING THE ST. PAUL AREA FOR OVER 10 YEARS. London Sweeps Chimney Services, 464-1369

GREAT LAWN CUTTING SERVICE. 645-5187.

MORE TREES PLEASE. Tree planting-shrubs, hedges. Roger's Tree Service, 776-9534.

TREES, SHRUBS, HEDGES trimmed or removed. Hard to reach stumps removed. Roger's Tree Service, 776-9534.

PROFESSIONAL PAINTER. Interior & exterior. Free estimates. Eric, 331-3162

DEADBOLTS INSTALLED, locks re-keyed & sold, emergency openings, free estimates. Midway Lock & Key, 646-2032.

Instruction

THE CHILDREN'S CIRCLE, a Waldorf-inspired preschool in St. Anthony Park for 3 to 5 year olds, is now accepting applications and visits for our June summer program and the 1990-91 school year. For more information call Peggy Carlson-Robin, 642-0981.

PERCUSSIONIST (Children's Theatre Company, St. Paul Chamber Orchestra extra) and teacher (Carleton College, St. Thomas College) now accepting students at all levels in South St. Anthony Park studio. For more information, please call 646-4667

June 1990

ST. ANTHONY PARK NURSERY SCHOOL is now accepting applications for the fall of 1990. School is held on Tuesday, Wednesday and Thursday mornings for children ages 3-5. For more information call Sheila Richter, 644-9677 or Mary Hess, 645-0314.

REGISTER NOW FOR NURSERY SCHOOL beginning Sept., 1990. St. Anthony Park United Methodist Church Nursery School, Como & Hillside. Morning & afternoon classes available for ages 3-5, Tuesdays, Wednesdays, & Thursdays. For information call 646-4859.

SUMMER MATH: Children (K-8) learn math concepts using Mortensen Math & other hands-on materials. Trained Mortensen consultants, at the Math Enrichment Resource Center (MERC) near Fairgrounds. 645-2706 for application, fees, schedule.

PERFORMANCE ASSOCIATES UNLIMITED: Professional vocal training for all ages and levels. 487-0362.

EXPERIENCED PIANO TEACH-ER now accepting students, beginners and intermediate. Lauderdale location. 645-7068.

Wanted

WANTED: OLD TOYS-cast iron, die cast, tin. 644-1866.

TOP CASH PAID. Older Furniture (All Types)-Also Rugs-Pictures-Frames-Clocks-Toys-Lamps-Glassware-Bronzes-Indian Items-Crocks-Stained Glass Windows-Mirrors-Quilts-Dolls-Neon Signs-Duck Decoys-Fishing Items-"ANYTHING OLD." Call 227-2469 Anytime!!!!

UNITED METHODIST COUNTRY FESTIVAL, Oct. 27, accepts consignment items. Margaret MacGregor, 644-8455.

UNITED METHODIST COUN-TRY FESTIVAL, Oct. 27, seeks garage sale items. No clothes. Marion Hartwick, 644-2420.

Professional Services

YOU HAVE A WILL, SO YOUR FAMILY'S FUTURE IS SECURE. OR IS IT? Taking care of the ones you love isn't as simple as it seems. To be sure your wishes are carried out, you need the help of someone who really knows estate planning. Ahlgren & Ahlgren. Attorneys at Law. 646-3325.

INSTANT PASSPORT PHOTOS -\$7.50 International Institute of Minnesota. 1694 Como Ave. across from fairgrounds. Hours Mon.-Fri., 9 a.m.-4:30 p.m. 647-0191.

ADULT DEVELOPMENT COUNSELING. Judith Naomi Scott, L.P. Personal and career counseling. Stress management, interpersonal issues, treatment aftercare. Psychological testing. 641-0568.

ONE OFFICE AVAILABLE in executive office suite with other professionals in St. Anthony Park. 646-3325. SEEKING ATTORNEY OR OTHER ESTABLISHED PROFES-SIONAL to share attractive three office suite with two attorneys. In new St. Anthony Park Bank Building. Share secretarial staff, copier, fax. word processor, and other professional support services. Conference room and parking available. Call 646-4354.

WORDS ARE HEALING! Learn how to start a therapeutic writing process. Use a journal, writing exercises, and group support for personal growth. 8-week therapy group starts in June. \$200. Call 641-1902 for registration form/brochure. Space limited. Judith Weyl, MA, LMFT, licensed therapist, 2301 Como Ave., St. Paul.

Help Wanted

CHOIR DIRECTOR, beginning Sept.; salary commensurate with experience; letters of inquiry and application to personnel committee, St. Anthony Park United Methodist church, Como & Hillside, St. Paul, 55108.

SOCIAL WORKER. FT MSW plus experience working with families. Crisis program, focus on prevention of child abuse. Need assessment skills. Schedule includes some oncall. Resumés to J. Burns, Children's Home Society of Minnesota, 2230 Como Ave., St. Paul, MN 55108. Equal Opportunity Employer.

CALLER NEEDED for SAP Association. In your home. Call Mel 644-6746.

Yard Sales

YARD SALE, June 15 & 16. Friday, 10-5; Saturday, 9-12. 1499 N. Cleveland Ave. Household items, furniture, new woven rag rugs. Clovia Sorority.

GARAGE SALE. June 22-23, 9-5. 2286 Doswell. Household and children's items, toys, bikes and sports equipment.

FOR SALE: Kids clothes. Top quality, excellent condition. Girls: 0-4T, Boys: 0-12 mos. Maternity clothes, large sizes. Thurs., June 7, 6-8:30 p.m. Rain Date June 14. Also, electric stove, corning top, \$125. 1753 Fulham St., Lauderdale.

YARD SALE June 30, 8-? Many old collectables, Misc. household tools-clothes, size 20. 2359 Chilcombe Ave.

Child Care

CHILDCARE NEEDED. Summer part-time childcare needed for 4 and 6 year old in St. Anthony Park home. Approximately 20 hours weekly, afternoons and early evenings. Flexible starting date. Call 646-1911.

ROSEVILLE-FALCON HEIGHTS. Fun home atmosphere and excellent care for your child. Openings Mon.-Thurs. 644-0648.

LOOKING FOR ST. ANTHONY PARK FAMILY with whom to explore nanny sharing arrangement. Please call 649-0853.

PART-TIME SUMMER DAYCARE NEEDED. M-W-F 2-6 p.m. One block from St. Paul campus.

Hooke teaches gentle exercise

By Laura Ballman

If aerobic classes are rockets to fitness, then Anne Hooke's classes are the kites to health. She specializes in a type of fitness called Swedish Exercise, with an emphasis on people 35 and

Because of her students' average age, the classes are not aimed at the typical "aerobicizer." This is the key to her popularity. Since 1976, Hooke, who lives in Lauderdale, has been teaching up to 12 classes a week at Fairview Community Center in Roseville. Instead of chasing after the quintessential 1990s neon-decked jock, Hooke finds real people. These may be people who have never participated in a sport beyond Sunday afternoon strolls through Como Park. Many of the women in particular grew up in an era when females were not encouraged to participate in sports. Hooke literally taught one student how to skip. Then it becomes as much an emotional experience as physical.

Most aerobic classes begin with the cardiovascular workout, followed by strengthening exercises.

Hooke reverses this. She finds that by getting the dreaded calesthenics out of the way, the class members forget their tiredness. They are left with more energy, so the drop-out rate is rather low. Ninety percent of Hooke's students complete each eight-week session. In the fitness industry, this is

"I am very radical [in my approach] to this whole business of teaching exercise," says Hooke. "We know people [in our society] have a problem with body image and loneliness; we are numbed out." In an essay expounding on this theory, Hooke writes, "Like so much of our culture, even an aerobics class is often a lonely place. All the pews face forward with the slim bodied goddess in her elevated spot up front. She's plugged in so you can't talk (or joke) with her. And your neighbors? Well, you never have been introduced. So you are left to judge and be judged. Who is coordinated: who is trim (not fat); who has spent the most on the outfit." While some might find this description of the usual aerobic class a bit harsh, its truth speaks when witnessing the opposite.

Swedish Exercise provides the foothold for a much more gentle atmosphere. Like other aerobic and calesthenic classes, Swedish Exercise is based on free standing movements. It evolved in the early 1900s when northern European public schools began mandatory exercise classes, of military background. While soldiers need a strict regimen, Swedish civilians did not. In response, a flexible, natural moving fitness method sprang up.

None of the movements are jarring. It might be compared to low impact aerobics. Just as many calories are burned per hour, with less stress on the joints. Even the calesthenics are incorporated in a more relaxing way. For instance, a calf stretch is done leaning against the wall instead of putting a lot of pressure on the knee. Instead of structured counting, muscles tighten to the music, at each person's own pace.

The idea of moving at one's own pace is essential to the feeling in Hooke's program. When Hooke leaps into a moving circle, some students jog, some walk, some run. Anything goes. She also varies the music, using it in "surprising" places. A jig.



Photo by Truman Olson Anne Hooke teaches Swedish exercise to "real people" at Fairview Community Center.

A waltz. A Broadway show tune. No Madonna. Like the music, the workout clothes are an eclectic bag of oldies. The nearest a leotard gets to this bunch is in the form of a matched shirt. The whole converted cafeteria is filled with different clothes, ages and body types.

These differences in attitude do relax the class. Students (and teacher) laugh and chat throughout the hour. A grandpa skips next to a

grandma. One can suddenly see him sixty years ago, hopping home from school. By being interactive and spontaneous, Swedish Exercise lets anyone feel free. Joyous.

Unfortunately for the neighborhood, this is Anne Hooke's last year teaching. She is moving on to help organize a national YMCA senior fitness program. A little too close, perhaps, to neon lycra style, Hooke is also considering Swedish Exercise videos.



PARK EXCITING NEW RETAIL/OFFICE SPACE CROSSING IN ST. ANTHONY PARK AT RAYMOND AVE. AND ENERGY PARK DR.

Ample free parking • Quick, convenient in & out • Excellent accessibility and visibility
Traffic of over 25,000 cars per day at intersection
Within walking distance of St. Paul Campus of the U • Densely populated, actively developing area

OPENING FALL 1990! FOR LEASING INFORMATION CALL JUDY SCHUMACHER. 292-9844



"NEIGHBORHOOD

The Park is a very special neighborhood, often characterized as "Not just a place to live ..., but a way of life!" Knudsen Realty has been a St. Anthony Park neighbor for nearly 30 years in the same location. We continue to be the neighborhood's ONLY full service Realtor. When you need us, please call or stop by. We're just down the street, at 2190 Como Avenue.

KNUDSEN REALT

644-3557



TIRES • BATTERIES • EXPERT REPAIR CERTIFIED MECHANICS

The

Station in the Park 2277 Como Avenue 644-4775 • 644-1134

