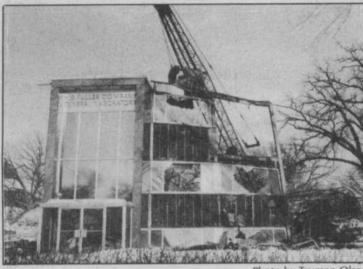
FEBRUARY 1986 FREE COPY 11.000 PRINTED

Bridgeman's closing mourned/p. 6 College options program/p. 8 Share-a-Home/p. 14

Serving the communities of St. Anthony Park, Lauderdale, Falcon Heights and Energy Park.

Park Associates unveil development plans



The toothy jaws of the wrecking crane take the final bites of the H.B. Fuller building above. The demolition makes room for the new St. Anthony ParkBank building. Extensive changes were made in the design presented at community meetings last fall to yield the building in its final form at right.

By Joel Schurke

Prime commercial building sites within established residential areas are a rare and precious commodity to residents and developers alike. Seizing a unique opportunity, Park Associates are proceeding with plans to develop a bank/ office building on the site of the former H.B. Fuller building at Como and Carter.

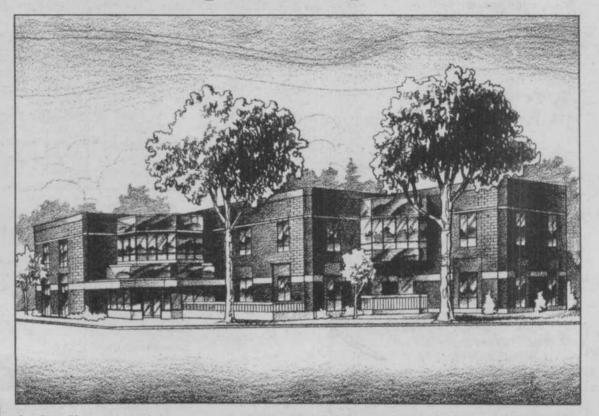
VOLUME 12, NO. 7

Razing the Fuller building was the first step towards raising the new Saint Anthony ParkBank building. The feasibility of renovating the Fuller building to meet developers' needs was investigated by architects and engineers and ruled out by Park Associates. According to W. Andrew Boss, chairman of the board of Park-Bank and a partner of Park Associates, "it ended up being a push" when the cost of renovation was balanced against the cost of a new building. Some

area residents expressed concern over a "schlock" renovation of the Fuller building.

Park Associates' financing for the project was in part contingent upon the involvement of a design review committee that involved area residents. Stephen Wellington, developer/partner of Park Associates and St. Anthony Park resident, commented on the committee's involvement. "They were helpful and constructive; I really enjoyed working with the District 12 committee. Significant modifications in the design were made by members of the committee and Park Associates. Most were aesthetic concerns that produced a design that was far more attractive.

Discussions at community meetings last fall centered on issues of parking, traffic congestion and the design of the building. Some problems are not yet resolved. "The issue of



the Gove Place variance is in front of us. Park Associates would like to landscape 50 feet of Gove Place starting from Como Avenue going north. That would leave the back of Gove Place as an egress for the neighbors, the Mobil station and our parking lot. We feel that it is dangerous being a one-way street and have already raised the issue of changing it." Presently Gove Place is a oneway going north from Como Avenue

The building's design is nearly complete. ParkBank will occupy the first floor and lower level of the two story edifice with the second floor available for professional offices. Placed prominently on the edge of Como Avenue the building's design won't need to compete

ParkBank to 16

Winter Carnival at Langford

The 27th annual Langford Park Winter Sports Days will be held Feb. 8 and 9 at the Langford Park Recreation Center. This official St. Paul Winter Carnival event is co-sponsored by the Langford Park Boosters Club and the St. Anthony Park Association. Co-chairpersons are Tom Ruddy and Stewart McIntosh.

In addition to the traditional skating, hockey and cross country skiing activities plus refreshments, architectural plans and drawings of the expansion and remodeling of

the Langford Center will be on display. Booster Club and Recreation Center committee members will be available to answer questions about the renovation.

On Sunday a crew from Continental Cablevision will be on hand to film the event as part of a 90-minute video on the St. Paul Winter Carnival.

Check the schedule on p.16, grab your skates and come on down to begin your movie career.

See page 16



Photo by Terry Lee Johnson

Chez Nous residents enjoy their home in St. Anthony Park. Front: Debbie Stede, Steven Zengerle, Marilyn Broady. Back: Scott Broady (staff), Peter Perkins, Franklin Keller, Judy Edberg, Joyce Drexler (staff).

By Elly Lahr

Chez Nous.

To the French these words mean "at our house." To the six people who live at 2248 Carter Ave. they represent independence and a home.

Chez Nous is a home like any other home in St. Anthony Park. Its occupants, however, make the home special.

Chez Nous is a private group home for people considered retarded. It was founded in 1981 by Dan Kastrul and is dedicated to maximizing the quality of life for the people who live there.

Kastrul started Chez Nous because he felt that group homes were better able to help people considered retarded than institutions. They offer a

greater emphasis on self-help, allow for more individual attention and provide a more comfortable atmosphere. "I had worked in a home like this at one time," Kastrul said. "I had seen what life in a home as compared to an institution was like, and felt it would be beneficial to set one up."

Kastrul, who has degrees in psychology and public health, spent almost two years developing and implementing his idea. In March of 1983, Chez Nous was opened.

At first, there was mixed reaction to the idea of a group home in the area. "Most of the people had a 'wait and see' attitude," Kastrul said. "While we were determined to locate in the neighborhood, we felt it was important to take the time to answer people's questions."

Since then, Chez Nous has become part of the community. They have had two open houses which have been very well-attended and given the neighborhood a chance to see what Chez Nous is really like. 'The neighbors are super. They have learned to identify with the people who live here," Kastrul said.

Chez Nous is so pleased with their neighbors, in fact, that they have given out two 'Good Neighbor' awards, one to Mary Slind, owner of Villa Sportswear, in St. Anthony Park's business district, and one to Carol

Pearson has lived next door to Chez Nous for three years

Chez Nous to 7

District 2 Community Council

February 1986

This space brought to Bugle readers by District 12 Community Council.

Edited by Bobbi Megard

CALENDAR

February meetings

- Physical Planning Committee, 5 p.m. Human Services Committee, 7 p.m.
- Gardens Task Force, 10:30 a.m.
- 12 District 12 Council, 7 p.m.
- Langford Park Recreation Center Task Force-Meets at Langford Park Recreation Center, 7 p.m.
- So. St. Anthony Blockworkers, So. St. Anthony Rec Center, 7 p.m. *Note: All meetings held at the District 12 Office, 2380 Hampden, unless otherwise noted.

Nominations Sought for District 12 Council

The North and South St. Anthony Park nominating committees are now accepting candidates for the April 8, 1986, elections to the District 12 Council.

For further information residents of North St. Anthony may call: Margot Monson, chair, 644-3749; Jeffrey Budd, 646-3930 or Charles Christopherson, 646-9463. Residents of South St. Anthony should contact: Sherman Eagles-646-6667, Gail McClure-645-7434, or Bob Bacon-645-2992. Residents may also call the District 12 office, 646-8884. Filing deadline is March 11.

Neighborhood tree planting Briefs

North St. Anthony boulevard trees will be replanted by the city in 1990-91; South St. Anthony will be replanted in 1988. That's a long time to wait for trees. Reduction of the city's tree planting budget has extended the timelines for replanting, and if other reductions are necessary the above schedule will also be altered. However, the cooperative program to replace boulevard trees is again being offered by the city and will be coordinated by District 12 in this area. Residents pay one-half the cost of a 21/2-inch balled and burlapped tree and the city of St. Paul will pay the balance of costs over \$75. Under this cost sharing program, the homeowner makes a tax deductible donation to the city for \$75.00 (one-half the price of the tree.)

A city forester will mark the boulevard for the location of the tree, which will then be planted and guaranteed for a year. The species selected will conform to the city's adopted street tree planting plan.

Trees ordered by March 15 will be planted this spring.

Residents interested in paying for a boulevard tree should contact the District 12 office. Checks for \$75.00 should not be sent until the forester has verified that it is possible to plant a tree in that spot as the city has certain restrictions on planting the new tree. Trees cannot be replanted where other trees were recently growing, where the new tree would grow up into wires or where large trees hang over the boulevard from private property.

the 1986 gardening season, approve plot

rental application form and fees, elect

task force and committee chairs, review

the financial report, and discuss policy

and location of permanent garden plots

and of special landscaping plantings.

Recycling Update (clip and save)

The following is a listing of places to take those recyclables you've been collecting in the garage or elsewhere:

MSD RECYCLE-484-5373

615 No. Prior (between Pierce Butler and University)

Mon., Wed., Fri., Sat. 9 a.m.-5 p.m.

Aluminum cans, plastic two-liter soft drink bottles, glass, foil, newspaper and corrugated cardboard.

AMERICAN CAN COMPANY-645-0771 755 No. Prior (between Pierce Butler and University)

Mon.-Fri. 6:30 a.m.-5:30 p.m.

Metal cans (bins for cans outside plant

WALDORF CORPORATION-641-4248 2200 Myrtle (one block south of University at Vandalia)

Mon.-Fri. 7 a.m.-8 p.m.

Buys newspaper, cardboard and office paper. Separate by color. Donate proceeds to your favorite organization or pay yourself for recycling!

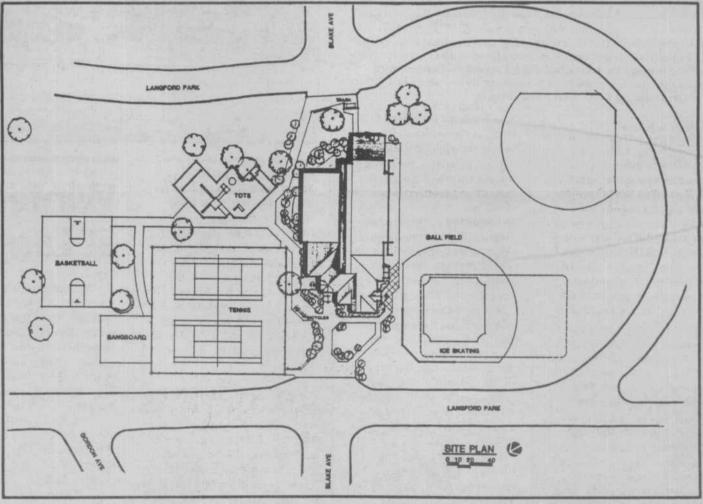
Remove paper from metal and foil labels and metal rings from glass. Paper labels may be left on glass, but sort by color. No window glass.

Community Gardens Task Force to meet

St. Anthony Park Community Gardens Task Force will meet Feb. 8, at 10:30 a.m. at District 12, 2380 Hampden Avenue. 1985 gardeners and others planning to rent plots in 1986 are asked to attend the

The Task Force will review policies for

Langford plans announced



Block Nurse contributions

Contributions to the Block Nurse Program were received from the follow ing individuals:

Grant Abbott Mrs. Emory Barrick Grace Bedbury Jane Bose Jim Christenson Harlan and Ann Copeland Alice Fadden George and Phyllis Freier Lulu Jesness Peter Jordan Jane Keeley Robert and Roberta Megard Louise Rathburn W.F. Robin

R.O. Wagenaar Ralph and Verna Wayne In addition, memorial gifts to Alice Mergens were received from: Dell Annabel Mr. and Mrs. Wm. Bulger Mr. and Mrs. Clifford Christenson Vincent Courtney Agnes Curley Evelyn Gisvold Margaret Linstroth Larry and Nancy Ward Mrs. Richard Vergosen

A community meeting on the remodeling of the Langford Park Recreation Center was held Jan. 23. Architects Steven Kleineman and Fred Shank presented the design option recommended to the city by the local building committee. Community discussion and comment followed.

John Magnuson, chair of the Langford Park Recreation Center Building Committee, said he felt that the recommended design would improve the program capabilities of the center. "It also blends in well with the other buildings and the natural setting of the park," he said.

Following community discussion, additional refinements will be made to the design, and a finalized version will be presented to the community on Feb. 19. District 12 will review the plans and forward a recommendation to the city. After a bidding process, construction should begin in the spring. The building is tentatively scheduled to be complete by fall, according to John Wirka from the city's Department of Community Services.

The District 12 Community Council is a group of 21 citizens elected to serve the District 12 area of St. Paul, including residents of north and south St. Anthony Park, commerce and industry. It is one of 17 citizen participation councils in the

The council meets the second Wednesday of every month. All meetings are open to the public. Check for location.

Marsha Anderson, Robert Bacon, Michael Baker, Timothy Bertsch, Sara Brandon, Paul Braun, James Christenson, Kathleen Clark, Jane Dietl, James Dommel, Jean Donaldson, Hal Dragseth, Sherman Eagles, Quentin Elliott, David Ericson, Judd Fulford, David Liset, Charles McCann, Gail McClure, Joan Osgood, Craig Parker.

District 12 Community Council Office 2380 Hampden, St. Paul, 55114



Those of you who missed contributing to the Block Nurse Program can still do so by returning the coupon with a check made out to the District 12/Block Nurse Program.

YES, I want to make a tax-deductible contribution to the Block Nurse Program:

\$25___\$50___\$100___\$ NAME/FIRM: _

ADDRESS: _

Digest

Falcon Heights council vacancy

At the Jan. 8 meeting of the Falcon Heights City Council a vacancy was declared due to Tom Baldwin being elected mayor. The term to be completed runs through Dec. 31, 1987. Persons interested in applying for appointment to this position may call City Hall, 644-5050, for information and an application. The deadline for accepting applications is Feb. 14 at 4:30 p.m.

Dieterich to retire

State Senator Neil Dieterich (DFL St. Paul) from the 63rd district has announced that he will be retiring from the senate at the conclusion of his current term in Dec. 1986. He has served four years in the state house and ten years in the state senate. He is currently chairman of the Public Utilities and State Regulated Industries Committee.

Dieterich, a St. Anthony Park resident, indicated he would be retiring in order to devote more time to his profession as an attorney and to spend more time with his family.

Rose not interested in Senate seat

State Representative John Rose (IR Roseville) has been mentioned as a possible candidate for the state senate seat being vacated by the retiring State Senator Neil Dieterich. Rep. Rose stated that he appreciates the calls he has received urging him to run but said he is not interested in running for the senate at this time.

Falcon Heights planners needed

Terms for three members of the Falcon Heights Planning Commission have expired. These dedicated volunteers who have served since 1980 are Al Stefanson, Erma Olson and Jerry Wallin. Citizens interested in serving on the planning commission may contact City Hall, 644-5050, for further information.

Copeland gets new position

The board of directors of Midway Civic and Commerce Association has selected Ann Copeland to be the association's new executive director. Copeland, a former community organizer for District 12 and a candidate for the St. Paul City Council seat in the 4th Ward. will be replacing Judy Stenzel, who announced her resignation in December. The association has 400 business members. Currently the group is involved in efforts to develop the University Avenue corridor with residential citizen participation from district councils.

Svendsbye resigns

Dr. Lloyd Svendsbye, president of the Luther Northwestern Theological Seminary, has resigned from his positions as president and professor of church history at the seminary. His decision was announced Jan. 17 and is effective June 30, 1986.

Svendsbye has been president of the institution for 12 years, serving first as president of Luther Seminary and later as president of the merged

Luther Northwestern is the largest Lutheran seminary in North America. It is jointly owned by the American Lutheran Church and the Lutheran Church in America, two church bodies which are slated for merger, along with the Association of Evangelical Lutheran Churches, in 1987. The school currently has an enrollment of 841 with a faculty of 63.

Svendsbye's future plans are uncertain. He will continue to serve as vice-president of the American Lutheran Church whose headquarters are in Minneapolis.

Music in the Park features pianist

The next concert in the Music in the Park series will feature Frederick Moyer, a pianist described recently in a New York review as "an immensely fluent and prodigiously gifted young pianist." Moyer will perform at St. Anthony Park United Church of Christ, 2129 Commonwealth, at 4 p.m. on March 2.

The program will include works by Dussek, Max Reger, Liszt/Busoni, "Sonata #4" by eminent American composer, George Walker, and Mussorgsky's "Pictures at an Exhibition." When Moyer performed the world premiere of Walker's work in New York in September 1985 his performance and the sonata earned unanimous praise from critics.

Commenting on the sonata. Walker says, "It has been particularly meaningful to me to collaborate with Frederick Moyer since his grandfather, David Moyer, was my piano teacher at Oberlin College and prepared me for my concert career." New York critic, Tim Page, called the sonata "complex, yet immediately appealing, built, for the most part, on the contrast between stark proclamations and more lyrical passages, leading to a rousing toccata.'



Frederick Moyer

Moyer has performed with numerous major American orchestras and has completed several international tours. After a recent tour in the Philippines a critic commented, "Frederick Moyer is truly a virtuoso minus virtuoso airs."

The March 2 concert, sponsored by the St. Anthony Park Arts Forum, is partially funded by the Northwest Area Foundation and the Metropolitan Regional Arts Council. Tickets are \$6, adult; \$5 senior/student and are available at The Bibelot Shop, Micawber's Bookstore or at the door. Student rush tickets are \$3 at concert time.

Preceding his recital in the Park series, Moyer will appear on MPR's "Live from Landmark" Feb. 20 at 1 p.m. He will conduct a master class, open to the public, the evening after the concert, March 3, at St. Anthony Park United Church of Christ.

Farm and city folk topic of forum Farm crisis topic of forum

"Food, Farmers and City Folk: The Farm Crisis of the 80s" will be the topic of the next St. Anthony Park Life Issues Forum sponsored by area churches. Professor Philip Raup, professor emeritus, Agricultural and Applied Economics, University of Minnesota, will be the speaker at the Feb. 6 meeting held at St. Matthew's Episcopal Church, 2136 Carter, at 7:30 that evening. Cost is \$2 donation or \$5 donation for the series. The series is presented as an opportunity for local residents to share their perspectives on current ethical and theological issues.

Photo by David Miller
The Lyra Concert shown with music director Randy Bourne at the harpsichord.

Period-instrument orchestra to perform

The Lyra Concert, the only period-instrument orchestra in the Upper Midwest, will perform at Luther Northwestern Theological Seminary's Chapel of the Incarnation, Hendon Ave. at Fulham St., on Feb. 23 at 8 p.m. The program appearance marks the orchestra's third program during its inaugural season. Previous performances have been described by critics as "crisp ... confident ... precise." The orchestra attempts to recreate the original sounds of baroque music by using the instruments and playing styles characteristic of the

17th and 18th centuries.

The February concert will feature virtuoso violinist Jean Lamon as guest director in a program of music by Bach, Purcell, Vivaldi, Corelli and Carlo Farina. Lamon, music director of Tafelmusik, a baroque orchestra based in Toronto, is an acclaimed period-instrument performer both in ensemble and solo roles.

Two additional programs will occur at the same location March 16 and April 20. Adult admission is \$8; student/senior rate is \$6. Single tickets are available from Dayton's, Grand Music and at the door on performance night.





Editorial

Taken for granite

Part of St. Anthony Park was buried last month. As the wrecking equipment munched its way through the H.B. Fuller building on Como Avenue, no well-chosen words were spoken. No hats were removed in homage. But then certain manners are excusably discarded in January.

Discarding manners is one thing; discarding buildings is another. In this land of plenty, life is lived with distorted perspectives. All too often bottom lines effect the decisions. The bottom line determines cost-effectiveness, and cost-effectiveness determines the course of action taken.

Perhaps cost-affectedness would be a better euphemism. Using cost-affectedness might increase awareness for considering the impact of today's actions on tomorrow.

Like the building, saving the polished granite that attempted to adorn the entrance to the Fuller building was deemed not cost-effective. Why?

Park Associates could have placed an ad (perhaps in the *Bugle*) to sell the granite and offset their salvage costs. No, too much bother, just haul it away—off the site, out of mind.

Poking around the wreckage of what used to be the Fuller building I uncovered a few whole pieces of the granite. It was a heart over mind decision. I never considered owning a slab of granite, at least not for a few years. Lugging the stones to a nearby snow bank, my backache turned to heartache. I knew I couldn't let them become clean fill.

With numb detachment the foreman of the wrecking crew informed me that the granite was for sale. The blinding relevation that the granite was worth something must have come to him just as I was straightening out my back. The foreman had undoubtedly witnessed the destruction and disposal of many things more valuable. I met his threat of breaking up the granite and hauling it away with as much indignation as I could muster, and then shelled out \$20.

Fingers could point in the direction of Henry Ford. Some have credited Ford with introducing the concept of "disposability" on a national scale. By designing an automobile with a limited lifespan he guaranteed a future market for his product. Somehow he succeeded in getting people to digest the idea. Maybe it was the realization that the bottom line read—job security—at least for then.

Now disposability is part of the American Way—hot dogs, apple pie and disposal of the leftovers. Disposal is kind of a magical thing. Kitchens have disposal units that make garbage disappear with the push of a button. With a tug of a lever gargantuan disposal trucks devour our weekly contributions left in garbage cans, contributions that are not tax deductible. In fact, these contributions raise taxes as landfill costs escalate.

The man who collects my contribution believes that someday today's landfills will be mined for tomorrow's resources. If cost-effectiveness must remain as a determining factor in today's decisions, then perhaps an unwanted increase on the bottom line should be viewed as an investment in tomorrow's world.

By Joel Schurke February, 1985

Thanks to our supporters

Thanks to all who contributed to the *Bugle's* 1985 fund drive. Contributions in 1985 totaled \$8,720 and accounted for 13% of the year's income. The board of Park Press, Inc. is grateful for continuing community support as well as for the ongoing support of advertisers whose investment in the paper creates income to meet the rest of the paper's budget. Recent contributors are listed below.

Grant Abbott
Frances J. Anderson
Olaf and Ruth Berg
Harlan and Ann Copeland
Crystal Emerson
Bemrick Family
Peter and Margaret Birse
Gertrude Esteros
Susan and Joseph Everson
Wendell Frerichs
Elsie Hanson
Julie Himmelstrup

Madeline Johnson
Frank and Ione Kaufert
Pernilla Lembke
Rex and Joan Lovrien
Joanne Martin
Cora A. Martinson
Mertyce Mayne
The Minnesota Chemical Co.
Sandra Nelson
Mark Nolan
Myrtle Nymon
Paul Rosenblatt

Steven and Janie Schomberg Kay Seppala Mary, Sara and Erik Sjowall Palmer and Valborg Sneen Eugene Somdahl Ed and Iris Slettom Julienne Smerlinder David Stoppel Jean White

Letters

Thanks from Down Under

Dear Editor: While each issue of the Bugle contains much of interest and is an excellent publication, somehow I have found a great deal of interest in the November issue I have been rereading tonight, perhaps that is why I have been rereading it. One of the articles I have enjoyed very much and thought was excellently written was "A guide to modern canning" [Warren Hanson, Nov.] and it made me think back to the days when my late Mother used to can vegetables, etc. I thought his carrying it on into what he termed "a more modern version of canning" was very cleverly done.

Another article that caught my eye was "Growing up in St. Anthony Park." While I was in the Park only in my adult days, I could agree with many of the things the writer said about the Park.

The third, and I only mention three articles because of lack of space, was the page containing the pictures of the Raymond Avenue bridge. I have walked across that bridge many times and I thoroughly enjoyed the "closer look" through the medium of the pictures on that page.

Thank you very much for the excellent job you do of reporting what goes on in St. Anthony Park—a place which I feel is unique and which I miss very much.

Robert M. Brooks Turramurra, N.S.W. Australia

Ski for hunger

Dear Editor:
To continue the holiday spirit of opening our hearts to the hungry and homeless, may I suggest that readers consider supporting a local program called SKI TO END HUNGER (STEH).

I will be skiing in the North Star Ski Touring Club's VJC race and tour Feb. 8 at Carver Park and will be happy to accept pledges. I invite skiers of all abilities to join me in this event or to ski in one of the remaining X-C 5 K and up and down-hill events from Feb. 1 through Mar. 9. Pledge cards and further information may be obtained at the St. Anthony Park Library. A more up-to-date listing of events as well as pledge cards and further information may also be obtained by calling me at 645-6294.

Joyce Pusch

CORRECTION

Last month's article on Genevieve Doebbeling was based on material written by Carol Venezia, Ramsey County Community Human Services Department. Note to that effect was omitted.

Bugle dates

February 3: Bugle staff meeting, 2380 Hampden Ave., 7 p.m.

February 10: Park Press, Inc. board of directors, Healy Building, 7:30 p.m.

February 13: Display advertising deadline. February 17: Classified and news deadline. February 26: March *Bugle* printed.

This month's contributors

Ann Bulger is our regular school reporter for Como, Murray and St. Anthony Park Schools.

Alice Duggan lives in St. Anthony Park and is currently working on turning her avocation, words, into a vocation.

Nancy Haley, Park photographer, took the cover photo a few years back but let's face it, winter doesn't change its face much from year to year.

Warren Hanson wrote about the wonders of Bridgeman's last month and it closed. Watch this paper to see what happens to Rambo Foods.

Terry Lee Johnson likes having her camera around her neck. She's looking for a job. Any takers? Elly Lahr is a University of Minnesota journalism

Elly Lahr is a University of Minnesota journalism student who's writing for the *Bugle* for the first time. Welcome aboard, Elly.

Mary Mergenthal is the Bugle editor.

Dave Merk keeps his ear to the ground in search of sports news. He'd love it if sports enthusiasts or participants would call the *Bugle* with scores and news.

Truman Olson got to take photos of a smashed building and a closed store this month. He's hoping there will be something more hopeful to cover next month.

Bob Prifrel helped the Bugle this month by taking photos of some of his favorite fencers.

Steve Probst is a Murray student who dared to stray from his science exhibit to photograph the event for the Bugle.

Joel Schurke is the Bugle assistant editor.

John Shepard may be new to the Park but after this article he thinks he's met everyone in the area. Wait 'till he sees what we dream up for him next month!

Bügle

2380 Hampden, St. Paul, MN 55114 646-5369

The Park Bugle is published by Park Press, Inc., a nonprofit organization guided by an elected Board of Directors. Currently serving on the board are Steve Ahlgren, John Archabal, Marilyn Becerra, Leslie Frost, Catherine Furry, Joanne Karvonen, David Laird, Jr., Jane Lindberg, Robin Lindquist, Ian Maitland, Joanne Martin, Steve Schomberg, Sue Showalter, Willis Warkentien, Austin Wehrwein.

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Advertising Representatives: Distribution Area and Want Ads—Kathy Magnuson, 645-2475 Outside Distribution area—Karol Throntveit, 644-9956

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Insights

Home Words

Store Wars

here comes a time in the life of every citizen when he must answer the call of duty.

My call came on a Sunday, in late afternoon. My dear wife lay stricken with a headache. My children grovelled at my feet, whimpering pitifully for their supper. I made my way slowly, laboriously, to the kitchen, dragging a child on each ankle. Boldly, desperately, I wrapped my grip around the handle of the refrigerator door and gave a pull. The truth was immediately and shockingly evident: there was nothing for supper. Nothing! Zero!

My mission glared out at me with the cold light of that naked bulb before me. There was no avoiding it. I, and I alone, had to go to the grocery store. No mere trip to the friendly aisles of Speedy Market could fill the void that was our kitchen. There was nothing for it but to do battle on foreign soil. I would have to drive to Roseville and enter into combat with the most formidable foe in grocerydom: Rambo Foods!

I prepared a final damp cloth for my wife's throbbing head. I pulled on my coat and tied the draw string tight around my quivering gut. I leaned down and gave each child a kiss and a confident wink. I shoved my hands into my gloves, opened the front door, and turned to give my family a snappy salute. Then, armed with nothing but my checkbook and raw courage, I set out to meet the enemy.

Driving down Larpenteur Avenue, I soon saw the garish lights of the supermarket ahead. I pulled the wheel to the left with both hands, and my steel belted radials whined their protest in the snow as the car turned into the parking lot. A sea of abandoned cars filled the lot, mercury-vapor-blue in the winter twilight. But over the frost-covered station wagon roofs I could see, how could I avoid, the blaze of fluorescent light glaring from the giant plate glass windows of the store, backlighting the paper signs which enticed the innocent with low prices on whole fryers.

I parked in the only spot I could find, some two hundred yards from the front door. I knew the distance would hinder my escape, but the walk now would give me time for reconnaissance and for strategy. I approached the doors, wary but confident, and reached my hand out to open them, but they whooshed apart before I could touch them. "So...they know I'm here," I thought.

Once inside, I strode quickly to the row of nested shopping carts. I took my time and chose mine carefully, giving each a couple of test pushes, rejecting those with faulty wheels or with wilted lettuce leaves clinging to the bottom. I knew that, before it was all over, my cart would become a part of me. It would have to be a cart that I, and my family back home, could count on. It was not a choice to be made in baste.

I made my selection. The plastic handle felt good in my lightly perspiring hands as I pushed forward. A sense of calm came over me, and I felt that I

could handle anything that might lie ahead.

But my calm was shattered in the first aisle, as I found myself assaulted from both sides by cunning bargains. These were the overstocked and outdated products, marked down to such puny prices that they practically leaped off the shelf and into the cart by themselves. Fortunately, I saw through this ploy and escaped with nothing more than a box of Grape Nuts. And I made it through the deli, where you can buy the same cheese as in the dairy case but at twice the price.

As I turned left and was about to start down the first main aisle, I stopped. I heard myself gasp, and the wires of my shopping cart jangled a metallic echo of my shock. There, before me, lay a scene of chaos and destruction that was totally unexpected. I whispered loudly without realizing it, "I'm too late!"

If I had only thought about it beforehand, I could have spared myself the overwhelming sense of despair that engulfed me. Of course. It was Sunday evening. The scene that lay before me was the aftermath of an entire weekend of grocery shopping by hundreds and hundreds of bargain hunters.

In a stupor, I slowly pushed forward. I peered down the aisle on my left, fully expecting to see medics at work over fallen shoppers. It was the bread aisle. But there was no bread. Only a couple of packages of hot dog buns, an opened package of cinnamon rolls, and a bag of English muffins trampled on the floor. But wait! Is that one lone loaf of Swedish wheat bread on the lowest shelf? I wheeled my cart madly around and headed down the aisle, but just as I was reaching for the bread, a hand shot from around the corner and grabbed it.



Illustration by Warren Hanson

Then a woman, her hair frizzy and her eyes wild, went rushing past me, squeezing the life out of that loaf of bread as she clutched it with both arms to her body, cackling with glee.

The story was the same in vegetables. There was virtually nothing there but that fake green plastic lettuce that divides the sections. Even the tofu was gone. I shook my head as I turned toward the meat cases. All that remained were something called tur-

key sirloin, a few unrecognizable chicken parts, and some beef parts that were a little too recognizable for me. I grabbed a package of turkey sirloin and wheeled toward the dairy case.

I could see from a distance that there was still some yogurt on the shelves, and there appeared to be several different brands. I was encouraged. But as I drew closer I saw that the only flavor remaining was several companies' versions of Pina Colada. If the dairy executives could only see this, they'd drop that flavor in a minute, I thought. Still, I had a family to feed. I took six.

I steered into the frozen food section. Baby peas in butter sauce, fruit punch with 10% real fruit juice, and reduced calorie spaghetti with mushroom sauce were all thawing into puddles on the floor. I took the last remaining box of frozen sole in light batter and headed for the check-out.

A young woman named Jenni (her badge told me) stood zombie-like beside a cash register that looked like R2-D2. She didn't look at me, but took my meager booty off the conveyor belt whisked it over a grid that looked like a runway map of Mpls.-St. Paul International Airport. With each whisk, a beep sounded from somewhere and the name and price of the whisked item appeared on a little screen. Since Jenni was too shell-shocked to notice, I put my head down the runway map and looked to see if my name would appear on the screen. But it didn't.

I wrote a check, bagged my own groceries (it only took half a bag), and went out to try and find my car in the lot. It wasn't hard. Mine was the only one left. I walked across the two hundred yards of barren, snow-packed asphalt, threw my bag onto the seat and drove home.

On the way, I went over the details of the battle in my mind. I had entered the store with confidence. I had kept my composure in the face of unspeakable adversity. And I had escaped with groceries. But still, the question nagged at me: had I won or had I lost?

I arrived at home and wrapped my hand around the doorknob, only to be jerked forward as the door was opened by children from the other side. "What's for supper, Dad?" "Well, kids, we're having Grape Nuts, turkey sirloin, sole in light batter, and Pina Colada yogurt!"

The looks on their faces gave me the answer I had been looking for: I had lost.

By Warren Hanson

Neighbors

Recent University of Minnesota graduates include John Ewan, Robert Mitteco, Mark Carlson and Constance McGeorge, all from Falcon Heights, and Judith Hess and Jeffrey Tate from Lauderdale. Barbara Christiansen, St. Anthony Park, graduated in December from Upper Iowa University in Fayette.

Felicia Lucas of Falcon
Heights, a former Park resident,
has been named media representative for the Minnesota
Dietetic Association. In this
assignment, Lucas, who is a
public health nutritionist and a
registered dietitian, will serve
as a spokesperson providing

nutritional information to state media.

Park resident Beverly
McKinnell is heading a gala
Mardi Gras event Feb. 1 at
International Market Square,
Minneapolis, as a benefit for
the League of Women Voters of
Minnesota. McKinnell is director of development for the
state League.

Soprano Marian Hoffman and pianist Julie Himmelstrup, St. Anthony Park, will celebrate their ten years of musical collaboration with a recital at the Ordway Studio Theatre on Feb. 25 at 8 p.m. The program, "Souvenirs from Here and There," will feature two works by Minnesota composers Dominick Argento and Stephen Paulus as well as many of the performers' favorite songs by

Purcell, Handel, Brahms, Liszt, Kjerulf and Grieg. Himmelstrup is in her seventh year as coordinator of the St. Anthony Park Music in the Park series. Tickets are available from the Ordway Box Office or Dayton's.



Julie Himmelstrup and Marian Hoffman

Commentary

The "Chatterbox Cafe" revisited

A Tribute to Bridgeman's: A St. Anthony Park Institution

By John G. Shepard

"Almost anyone in town who has normal hearing and eats a slow lunch at the Chatterbox is a better source of straight poop than the *Herald-Star*."

Garrison Keillor

For the last week this scathing indictment of Lake Wobegon's only newspaper has been haunting me like a malignant echo. Now, I know what you're thinking—that St. Anthony Park is *not* Lake Wobegon, that the *Bugle* is a far cry from the *Herald-Star*. Garrison Keillor himself made that amply clear when he dropped by Micawber's book store last October to sign copies of his newly published *Lake Wobegon Days*. He was asked his view on the matter point blank by *Bugle* editor, Mary Mergenthal: "In this neighborhood some people seem to think they live in Lake Wobegon. What do you think of that?" To which he replied unequivocally, "No. Lake Wobegon is not a college town."

I had read that too, so at the *Bugle's* January editorial meeting, when I gladly agreed to Mergenthal's request to do an article about the recent closing of Bridgeman's restaurant on Como Ave., at Carter, I was harboring no illusions about meeting up with Pastor Ingqvist or Clarence Bunsen or any Norwegian bachelor farmers in the course of my investigations. At the time I had no idea how wrong Garrison Keillor might be about the location of his own home town—but then there was no reason for me to suspect otherwise. After all, I read the final word on the matter in the *Bugle*.

I had been to Bridgeman's on Como several times since moving to the Park last April. My wife and I had hiked down there for breakfast and basked in the morning sun which poured into our booth through the big east-facing windows. We also stopped by for ice cream cones once or twice when the thermometer pushed its way up into the nineties last summer. Following another visit, my stomach stayed up half the night trying to digest a late-evening patty melt vying for limited space with a plate of french fries and a chocolate malt, all of which were as undeserved as they were delicious. With these experiences under my belt (so to speak) I figured that my background work for the story was complete.

On the face of it the restaurant looked to me like any other Bridgeman's at which I had eaten. The servers, in their hair nets and nylon-acetate uniforms, were well scrubbed and friendly. Glossy color photos on the menu tried to seduce me into eating impossible combinations of ice cream. And at night the scene was bathed in bright fluorescent light the color of vanilla ice milk. Nothing about the place suggested that it was anything but a modern franchise ice cream parlor-cumrestaurant harbored in a quiet neighborhood of a decidedly cosmopolitan pair of cities.

"Glossy color photos on the menu tried to seduce me into eating impossible combinations of ice cream."

Then I called Alma Christlieb. She was the first person on my list of potential sources for the story which my more knowledgeable colleagues at the *Bugle* had put together for me.

I scribbled madly while she repeated in various phrasings over the phone how much she regretted that the restaurant had been closed. "I knew a lot of people there, it was a nice place to meet friends," she said. "I miss it very much, and there are some very special people I used to meet there for meals." I was curious who some of them were. "Oh, a few of the ladies who belonged to my antique club and circle at church," was her reply.

We talked a little about the food that was served. She said she often had brunch there "with coffee," and that "the home cooked food made it very nice." The pies also were delicious, she said. She apparently liked them all: apple, pumpkin, banana cream, and lemon meringue. I couldn't help but wonder who produced these creations—kind enough as they were to give out free slices on occasion.

"It sounds like the staff there were pretty friendly," I ventured.

"The waitresses took care of us very well," she said.

"One of the girls always remembered my birthday—
our birthdays were on the same day, and we would
exchange gifts."

I found Cora Martinson in her home several blocks from Bridgeman's. She told me she was in the habit of spending at least one full day at the restaurant each week. It was a practice which she developed during her years as a missionary in China.

Since taking up residence in St. Anthony Park ten years ago, she found Bridgeman's to be more than well-suited for her needs. On the chosen day (it was never the same day of the week) she would arrive about nine or ten in the morning and set herself up at the two-person table against the back wall next to the food preparation area. "They called it my office after a while," she said.

Until late afternoon she carried on her extensive correspondences, chatted with the staff and others—including, it turns out, Alma Christlieb—whom she came to know in the course of her visits. "I met many interesting people," she said. "I made it a point to talk to strangers."

She testified to the quality of the food as well; her favorites being bacon and eggs for breakfast ("in spite of all this talk about cholesterol") and a bowl of chicken soup for lunch ("didn't need much for lunch since I wasn't wiggling around too much"). When pressed, she also acknowledged that the pies were very good indeed. But mainly it was the atmosphere at Bridgeman's which she appreciated so much. "You can't believe how friendly a place it was. They never chased me out and I was there all day! I think our neighborhood needs a place like that," she said with conviction.

It began to dawn on me that maybe this Bridgeman's was a little different. My only experience trying to spend a full day at a restaurant lasted all of two hours before I was kindly but firmly shown my way to the door. And the idea of a place where strangers sitting at different tables became good friends was a novelty.

I shared my surprise at these findings with Frank Forbes on the telephone. He, I had been told, was a member of the men's "Round Table" group which dominated the southeast end of the restaurant each weekday morning around nine o'clock.

"Where are you from?" was his response to my comment.

"South Minneapolis, most recently," I said.
"You never lived in a small town before," he
concluded—as if I were perhaps unaware that St.
Anthony Park was two hundred miles from the nearest
city.

He then proceeded to describe the interesting mix of constituents to be found any given morning at the Round Table. There were doctors, a judge, university professors (such as he), janitors, ex-cable car drivers, Republicans, Democrats—everyone, it seemed, but the Norwegian bachelor farmers.

"We talked about everything," he said; "sports—they were great on athletic contests, community events and

politics to some extent. The Democrats and Republicans needled each other quite a lot."

Barney Berntsen was another member of the men's Round Table. I caught up with him at the St. Anthony Park Lutheran Church where he is a maintenance worker. He was on his morning coffee break—an occasion which two months ago would have found them a block away at Bridgeman's.

If there were an award for having been Bridgeman's most loyal customer, it might well go to Berntsen. "For a number of years now," he told me, "I have been eating there three times a day." I wondered how he had been feeding himself since the restaurant closed. "Eating at home," he said with a noticeable lack of enthusiasm.

I also spoke with Mary Nelsestuen who let it be known that the eclectic men's club had not been the only show in town. She distinguished her women's "non-smoking Round Table" from the men, whom she referred to as the "smoking Round Table." For four years her group had been at Bridgeman's every Monday morning at 8:45, "as soon as the children were off to school." Their agenda? "It was real relaxed and low key," she said. "Most of us had coffee and a roll—occasionally the breakfast special—and we talked about school and community issues and issues related to women in the home."

"There were doctors, a judge, professors, janitors, ex-cable car drivers, Republicans, Democrats—everyone, it seemed, but the Norwegian bachelor farmers."

A bright and thoughtful Tasha Baizerman (she certainly sounded "above average" to me) informed me that Bridgeman's was also a popular spot for the junior high crowd. She said that she and a small group of friends went there at least three times a week after school for french fries. "After a game or a dance there would be up to twenty of us," she added. "We were really comfortable there and I guess we kind of took it for granted. We'd spend only a little bit of money and I wonder if that was a problem."

I was beginning to get the picture. As it came into focus, Bridgeman's—and for that matter St. Anthony Park—was looking less and less like the chunk of 1986 cosmopolitan real estate which I had supposed it to be. But I didn't fully grasp how far off-base I was until I paid a visit to Slim Bodlund in his room at the Twin Cities Linnea Home near Como and Raymond.

Bridgeman's to 7



Photo by Truman Olson

A somber reunion outside St. Anthony Park's own "Chatterbox Cafe." Paying tribute to the Bridgeman's restaurant, which has been closed since early December, were John Schomberg, Tom Laird, Cydra Carter, Heather Brasel, Nathan Eklund, Tasha Baizerman, Jennifer Needle, Leah Blackmore, Becky Anderson, Mary Nelsestuen, Ann McCormick, Cora Martinson, Peggy Sparr, Lindsey Sparr, Peter Sparr, Barney Berntsen, Wayne Hanson, Arnold Steen, an unidentified Norwegian bachelor former, Tom Loucks, Frank Forbes and Arvid Johnson.

Bridgeman's from 6

I had not known Slim before, and I gathered right away that that placed me in a definite minority. "Everybody knows me," he said straight off, "especially at Bridgeman's. I used to go down there three, four times a day. When I come down there everybody says, 'How-ya do'in, Slim? Where ya been? You haven't been around!' You know, they just worry about me. I'm well known-I'll tell you that, my boy; that's the truth.

You might say I've been here since about 1944; you could say that, easy," he continued. "I was a young whipper-snapper at that time." I asked him to tell me what Como Avenue had been like back then. He complied readily.

We talked about the old days, about his driving street cars on Como Avenue and school buses for Capitol Columbia Transit and about working as a janitor at the old Breck School which used to be on the grounds of what is now the seminary. Somehow we kept straying off the narrow subject of Bridgeman's restaurant and into this larger world of events and people that seemed to belong to a time and a place all to themselves. It was a world which, I sensed, time has in many ways forgotten and which, I would wager, the decades have not much improved.

Is it Lake Wobegon? Garrison Keillor, on authority of the Bugle, says it can't be so. But if it were, then by Keillor's own word the Bugle would be the last place to find out. Instead he would have us take in a slow lunch at Bridgeman's where, alas, if we were still able to do so, we might get to the bottom of the matter yet.

Chez Nous from 1

and says she is delighted to have them for neighbors. "I rather enjoy having them here," she said. "They are good neighbors to me and I guess I am a good neighbor to them."

Earl Bergerud, a St. Anthony Park resident, is the Association for Retarded Citizens St. Paul president. He believes that homes like Chez Nous give citizens who are considered retarded the chance to develop a normal lifestyle. "The best thing about Chez Nous is that it is able to bring people from an institutional setting into a real home setting."

Six people live at Chez Nous.

They attend classes during the day, relax, eat meals and attend dance and art classes at night. They play football, go shopping, go to movies and slide down the hill in their backyard.

The people who reside at Chez Nous range in age from 22 to 34. They all have reached different stages in their social development and speech programs. They attend Developmental Achievement Centers (DACs) six hours per day to improve their skills. The staff at Chez Nous estimates that within three to five years everyone who lives there will be employed.

Pete Perkins, one of the members of the house, has begun to reach that goal. He works at Merrick DAC on a project given to them by Northwest Orient Airlines. The other five residents attend

Midway Training Services.

In addition to Kastrul, Joyce Drexler, Scott Broady and John O'Phelan work full-time at Chez Nous. Drexler has a degree in sociology and a teaching degree. Both Broady and O'Phelan are full-time college students. Chez Nous also has nine part-time staff members.

Broady is the brother of Marilyn Broady, one of the residents at Chez Nous. He started to work at Chez Nous in April 1983 and believes that the home has greatly improved the lives of his sister and the other residents. "This is some of the most consistent living they have experienced," Broady said.

In the three years that Joyce Drexler has worked at Chez Nous she feels that the people who live there have developed a great deal. Steve Zengerle, for instance, washes the dinner dishes, a task that she would not have imagined his doing three years ago. Drexler sees this trend continuing, but is not sure what direction it will take. "We don't know what they can do because for years they haven't been asked to do anything," Drexler said. "Now they are settled in, so it's time to start trying new things."

Over the past three years, the staff at Chez Nous has seen some wonderful things. They have witnessed small progressions in the lives of residents which result from residents feeling more at ease with themselves. "There's a lot of change in social skills," says Kastrul. "They're able to make friends and to do a lot more for themselves.

Another wonderful change which delights the staff is the increased involvement of the community in the life of the home. Some neighbors have volunteered to accompany groups on outings or to relate to the residents in other ways. "What's so special when a volunteer comes," says Kastrul, "is that the residents know that person has chosen to come to be with them. That makes all of us happy! When that happens all of us are able to change from viewing these people as retarded to considering them friends.'

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February

Editor: Mary Sjowall, 645-4949

February Meeting

The February meeting of the St. Anthony Park Association will be held on Feb. 11 at the St. Anthony Park United Church of Christ. The church is located at the corner of Chelmsford and Commonwealth. The dinner costs \$4.50 and will be served at 6 p.m. The program will begin at 7 p.m. Liz Flinn will be phoning members for reservations for the dinner, please have the number of people attending ready for her when she calls. If you have additions or cancellations please contact Barb or Jack Sheldon at 646-0657 before 6 p.m. Feb. 9. If you are unable to attend and do not cancel by that time you will be charged for the dinner. All members are encouraged to attend and non-members are also welcomed.

Board Meeting

The board meeting for the St. Anthony Park Association will be held at 7:30 p.m. on Feb. 4 in the ParkBank board room at the Healy Building at the corner of Como and Doswell

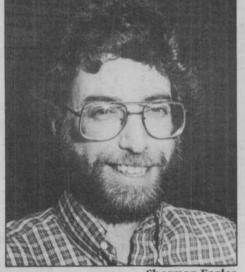
St. Anthony Park Association Officers 1984-85. President: Nancy Haley; 1st Vice-president, Andy Kline; 2nd Vice-President, Margot Monson; Secretary, Jan Nicodemus; Treasurer, Mary Atwood; Directors: Tom Frost, Verna Mikesh, Warren Gore, Committee Chairpersons: Arrangements, Barb and Jack Sheldon; Commercial, Stewart McIntosh; Community Information, Mary Sjowall; Education, Nancy Brasel; Langford Park Booster Liason, Ann Kersey; Membership, Karen Davis; Public Affairs, Tim Wulling; July 4th, Steve Bishop.

February Program

Pretty as a picture Let's see what develops

Our neighborhood, it is often said, is pretty as a picture. But pictures never change and real life does. With diverse needs and lifestyles, our neighborhood, too, is growing and changing. Come and hear about ideas and recent projects in the area. Sherman Eagles, co-chair of District 12, and Steve Wellington, president of Wellington Management Inc. and managing partner of the St. Anthony ParkBank Office project, will dialogue about development issues. Eagles also served as chairperson of the Housing Task Force.

Photos by Terry Lee Johnson





Steve Wellington

Questions to be addressed will include who is consulted in such projects and how conflicts that may arise can be resolved. This neighborhood is unique in that it is a combination of old and new, of yesterday and tomorrow. It works because we listen to each other today.

Langford Park Activities

Family Skating Party (all ages) Sun., Feb. 2 from 1-4 p.m. Refreshments will be served.

Winter Sports Days (all ages) Join us for a day of fun and excitement on Sat., Feb. 8 and Sun., Feb. 9. Festivities begin at 6 p.m. on Saturday and at noon on Sunday. Details elsewhere in Bugle.

Spring Sports Registration

This will be your chance to sign up for the following spring sports: volleyball, newcomb, floor hockey and soccer. Sign-up night will be Tues., Feb. 11 from 6:30-9 p.m.

Valentine's Day Party (grades 1-6) Take part in our heart hunt and other activities on Thurs., Feb. 13, at 4:30 p.m.

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Local students use college options

By Mary Mergenthal

It's predictable that when the legislature makes a decision some people will cheer and some will wail. The Post-secondary Enrollment Options Act signed into law as part of the 1985 Omnibus School Aids Bill is no exception.

Included in those cheering are about a dozen local high schoolers who are among the estimated 1,600 students across the state taking advantage of the opportunities provided by the bill. These 11th or 12th graders are now college students as well, and they like it.

Damon Howatt, a Central High School senior, was enrolled in calculus and a course in great plays at the University of Minnesota last semester. He's continuing calculus and taking medieval history this semester. "It's working out really well," says Howatt. "It's different because they put more responsibility on students. Transportation is no problem because I can take the inter-campus bus and then catch a city bus back to Central. I don't think the teachers even know there are high school students in the class. We're just part of the group."

Central junior Jill Rinehart has experienced scheduling problems but still likes the program. She wanted to take advanced French but couldn't get it first semester. This semester she could have taken the class but couldn't arrange her high school classes around it. So she's still hoping to try that again next fall and, in the meantime, has taken her second choice, American studies. "Part of the reason I enrolled," says Rinehart, "was to get college experience and to see if the courses were more difficult than Quest classes at Central. I haven't found that they are though I find there are fewer things on which to be graded which creates more pressure.

The program is receiving quiet praise, if not rave reviews, from local school adminstrators as well as students.

Tom Kelly, Como High School counselor, calls the program "an excellent opportunity for the right kids, but not for all kids. It gives them a chance to move into areas in which they've been proving they can do a good job." Students from Como are doing well in their college courses, he says, but there are logistical problems related to transportation and credits.

Gus Haugan, Ramsey High School counselor, commented that some students are finding it necessary to enroll in evening extension classes in order to get around conflicts with the high school schedule.

To enroll in the program, students must be carrying less than a full load, defined as six courses. The Advanced Vocational Technical Institute or college may require students to meet certain criteria for acceptance and courses may have prerequisites or be on a spaceavailable basis.

Seventeen high school students are enrolled at Hamline University. Scott Pratt, associate director of admission at Hamline's College of Liberal Arts, reports that he's hearing positive reports from the students and that the first semester has gone smoothly. "We're dealing with the program conservatively," he says. "We're not offering extra sessions or encouraging lots of participation but we're offering our services for those who need or want them on a space-available basis.

Many students didn't find out about the program in time to take advantage of it last fall because it was passed late in the legislative session. The growing interest now is likely to produce even more registrations next fall than it has for second semester.

If everyone is cheering, who's wailing? State education groups are less than enthusiastic about the program for several reasons. They appear to be objecting on the basis of concern about diverting state funds from high schools to post-secondary institutions as well as from concern that tax dollars can and are going to private schools.

The Minnesota Federation of Teachers has filed suit to forbid payment of state money to institutions with religious affiliations. At its recent convention, the Minnesota School Boards Association called for major changes in the bill including limiting which courses students could take and how long they could participate, insisting on early notification by students and changing the way credit for courses is given.

Students to 18

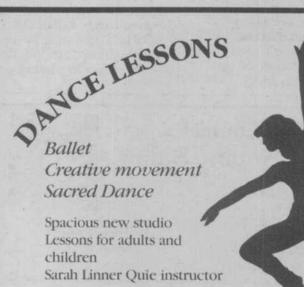
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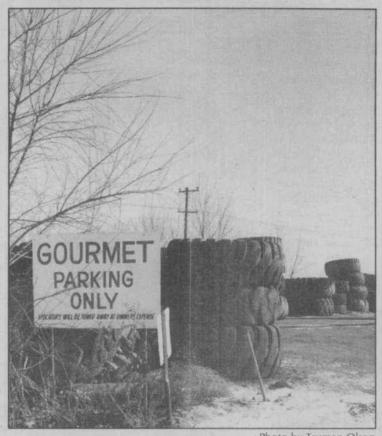


Photo by Truman Olson

When local businesses put up a sign they expect the law-abiding citizens of the area to do as they're told. Something seems to have gone wrong in this photo taken in South St. Anthony Park a few years ago.

ARM AND SHOULDER PAIN



Neck strain from poor posture, or from an accident of some kind, can result in a variety of shoulder, arm or hand problems, with accompanying pain. The cause is often an irritation or "pinching" of the large nerves in the neck as they leave the spine and extend into the extremities. An understanding of these conditions can help you avoid problems and suffering.

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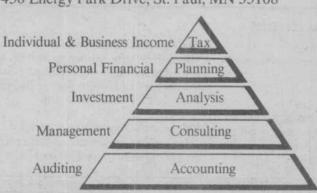
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Business

After successfully marketing the Luther Place Condominiums, Sharon Bassett and Nancy Lorimer have joined Providence Realty. Providence Realty is a full service real estate company serving the neighborhoods of St. Anthony Park, Prospect Park, Falcon Heights and Roseville. They are also marketing consultants for 1666 Coffman, a condominium project on Larpenteur Avenue. Jill Green is serving as the interim manager of Micawbers bookstore.

Village Optics closed their St. Anthony Park office on Jan. 18. Plans are in the making for opening at a new location in Pavilion Plaza in Roseville. St. Paul Mayor George Latimer cut the ribbon to officially open Sherwin-Williams St.Paul

2230 Carter Av

Commercial Store at 2313 Wycliff. The facility specializes in selling paint and associated products. T.R. Kelly's, a new fashion shop in Bandana Square, features separates and sportswear. Chapeau Rogue in Bandana Square, means "Red Hat" in French, and that's what makes up the bulk of Chapeau Rogue's merchandise. The collection ranges from European berets to veiled hats. Court International is complete. The building at 2550 University Avenue features two 80-foot atriums, six glass-enclosed elevators, 800 parking spaces, a fitness center and a restaurant. Ginni Graham's, a classic clothing shop in Bandana Square, offers sophisticated dressses, party dresses, lingerie and accessories.

through the printing presses, co-op members met on Jan. 27 to discuss the store's future. Having voted in November to accept the board's merger recommendation, the membership support for such action may be slipping. A "rescue team's" effort to increase membership activity spurred by membership action at a December meeting may pay off, literally. By eliminating paid positions with volunteer support SAP has reduced its costs. The bottom line is community support, not only through purchasing but through volunteering.

-Joel Schurke

Co-operation

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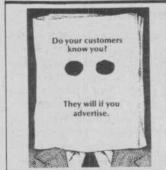
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Legend has it, tortellini was inspired by beautiful Baroness Catherine De Medici, in mid-1500 Florence, Italy. One day, De Medici's head chef discovered the baroness, sleeping, and quite nude. Inspired, he scurried to his kitchen and passionately captured the woman's essence with tortellini, a rounded pasta filled with spinach, cheese, and spicesa symbol of his great admiration for her navel.

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Speaking Briefly

Minnesota Strikers'

Members of the Minnesota Strikers Professional Soccer Team will conduct a free soccer clinic for all members of the community on Feb. 1, 10 a.m. at St. Anthony Park Elementary School. After the clinic some players will be available to answer individual questions on Minnesota's newest professional sport. This clinic should conclude around noon. Prior registration is not necessary.

Afterschool art program

The Minnesota Museum of Art will be conducting one of their exciting Afterschool Art Programs at St. Anthony Park Elementary School. This program is designed to increase a child's visual awareness and encourage self-expression. The Art Program explores the basic art elements-line, shape, form, color, and texture-through a variety of materials including charcoal, tempra paint, watercolor, clay and pastel. Elementary school age children in grades 1-6 are encouraged to enroll. The programs will be conducted from 4-5 p.m. on Tuesdays beginning Feb. 11 and continuing for 6 weeks. The fee, which includes all materials, is \$21. Registrations are limited to the first 15 enrollees.

Rollerskating & pizza party

Presidents' Day, Monday, Feb. 17, will be celebrated with a roller skating party at Saints North followed by pizza (all you can eat) and games at Circus Pizza. Buses will depart from both Merriam Park and Langford Recreation Centers at 9 a.m. and return around 2 p.m. Fees are \$6.50 for youths, \$4.50 for adults, including everything. Call Langford (298-5765) or Merriam Park (298-5766) to reserve a place for this enjoyable activity.

Skiing at Afton Alps

An evening of downhill skiing is planned for Feb. 27 at the Afton Alps Ski Area. Buses will pick up participants at Langford and Merriam Park Recreation Centers at 4:30 p.m. Cost is \$7.50 if a person has ski equipment. To rent equipment, there is an additional \$5 fee. The basic cost includes transportation. Call Langford (298-5765) or Merriam Park (298-5766) to register.

Library programs

"Mushy Valentine Films," a children's film program for Valentine's Day, will be presented at the St. Anthony Park Branch Library, 2245 Como Ave., Feb. 11 at

During February there will be a preschool storytime for threeand four-year-olds every Friday morning at 10:30 a.m. Preregistration is required. Call 292-6635 for information.

"February Heatwave" is the name of the children's program Feb. 25 at 4 p.m. There will be stories, films and puppets for children of all ages. Wear summer clothes and bring a beach towel. Ants will be provided.

Seniors' driving course

A 55-Alive Mature Driving Refresher Course has been scheduled for Feb. 18 and 19 from 10 a.m. to 3 p.m. at the Falcon Heights City Hall, 2077 W. Larpenteur. The course, which is sponsored by the American Association of Retired Persons, is open to all persons 55 years of age and older. Upon completion of the eight hours of retraining, a certificate is issued. This certificate makes persons 65 or older eligible for a discount on their car insurance premiums. The course fee is \$7 per person. Call 644-5050 to register.

Boy Scouts collect food

The Boy Scout Indianhead Council is sponsoring a Scouting for Food drive in the Twin Cities area. Local troop 254 in Lauderdale will go door-to-door Feb. 8, 10 a.m. to 3 p.m., collecting canned food for area food shelves. Call scoutmaster Dennis Sherman, 644-5747, with questions.

Murray 10-year reunion

Attention all 1976 Murray graduates. If you have not yet been contacted regarding the 10-year reunion, please call one of the following with your current mailing address: Joe and Leslie Mettler, 644-7147; Mark and Linda Ficcadenti, 429-0914 or Lynn and Brenda Hoven, 426-7835.

International potluck and auction

The Community Child Care Center is sponsoring a potluck dinner followed by a community service auction at the Commonwealth Terrace Community Center, 1250 Fifield Ave. on Feb. 21 at 6:15 p.m. Because of the international "flavor" of the community and school, the dinner should represent a diversified selection of culinary specialities. Preferred admission is a dish to share for the potluck, but those who wish are welcome to attend and pay for dinner. Admission then is \$3.50 for 12years-old and up. \$2 for 2-11-yearolds and free for children under Dinner reservations are required by Feb. 11. Auction proceeds will go to the Community Child Care Center for use for program supplies and instructional materials. Auction items in past years have included babysitting, artwork and outings in the Twin Cities area. A movie will be shown for children during the auction. Call 645-8958 with questions.

A look at the Metropolitan council

League of Women Voters, Unit 8, will meet Feb. 17, 7:30 p.m., at 831 W. Nebraska Ave. The topic will be the Metropolitan Council and some of its advisory boards with a reveiw of some of the League's positions on metropolitan issues. The meeting is free and open to the public. For rides or information call Judy Probst, 644-0492.

Journaling

A course entitled "Journaling and Spiritual Growth" will be taught by Sister Monica Kaufer at St. Matthew's Episcopal Church, 2136 Carter, on Feb. 19 and 26 at 7:30 p.m. Cost for the two classes is \$5.

St. Paul, the city that works

The board of governors of the University of Minnesota St. Paul campus is sponsoring a series of noon programs at the St. Paul Student Center during February. St. Paul government leaders will speak under the overall title. "St. Paul, the City That Works." David Lanegran, chairman of the City Planning Commission, will lead off the series on Feb. 20. His topic will be "Dreamers and Charlatans: Planners and Developers of the Twin Cities." The Feb. 21 speakers will be David Morris and Gayle Summers, from the mayor's office. Their topic will be "St. Paul, the Entrepreneurial City." On Feb. 27 James Bellus, director of the Department of Planning and Economic Development, will speak on "The Transformation of Downtown St. Paul." Neil Dieterich, state senator from District 63, will be featured Feb. 24. His topic will be 'A Lame Duck Tells It Like It Is."

Ward 4 councilmember Kiki Sonnen will speak on "Politics from Neighborhood to City Hall" on Feb. 28. The first three lectures will be held in the North Star Ballroom. Dieterich and Sonnen will speak in the theatre in the Student Center.

Yoga in Falcon Heights

A yoga class for adults, providing an opportunity for gentle exercise of the body and relaxation for the mind, is offered at Falcon Heights United Church, 1795 Holton, Falcon Heights. The class meets on Thursday evenings at 6:30 p.m. and is open to the public with a \$1.00 donation per session requested to cover expenses. Newcomers are welcome the first Thursday of each month at 6 p.m. For more information, call 646-2681.

Children's **Dental Health Month**

February is nationally recognized as Children's Dental Health Month. Primary (baby) teeth play an important role not only for proper chewing of food, but also in order to hold space for the permanent teeth to erupt. This is the month to emphasize care needed for these teeth such as brushing, flossing, proper nutrition, and regular dental checkups.

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Minnesota realists on display

"Classical Realism-The Atelier Tradition: Paintings and Drawings by Minnesota's Premier Realists" opened Jan. 27 in the Paul Whitney Larson Gallery on the St. Paul campus of the University of Minnesota and continues through Feb. 14. Among the artists exhibiting will be Richard Lack, founder and director of Atelier Lack, Inc., a nationally renowned private school of drawing and painting. The "Atelier," French for studio-school, follows a very disciplined style of instruction that strives to emulate the artistic quality of such greats as Rembrandt, da Vinci, Michelangelo and Jacque-Louis David. The exhibit is free and open to the public. Call 373-1051 for gallery hours.

Seniors' breakfast

The Fairview Senior Program's continental breakfast program, located at 1910 W. County Road B, Roseville, is held twice each month at 10 a.m. in the Senior Center. In addition, men's and women's breakfast groups meet monthly. All include speakers or other presentations of interest to seniors. For information on these or other classes and services of the Senior Center call 633-3997.

Shrove Tuesday pancakes

The youth of St. Matthew's Episcopal Church, 2136 Carter Ave., will serve a Shrove Tuesday pancake supper Feb. 11, 5:30-7 p.m.



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Old-time movies

There'll be silent movies with Paul Murphy at the piano in the Community Room of St. Anthony Park Branch Library, 2245 Como Ave., on Mar. 7 at 7 p.m. To top it off the Library Association will be serving popcorn and beverage. See the next Bugle for more details.

Basses needed

The Community Chorus which is just beginning rehearsals needs more basses. Interested singers should contact Gretchen Schampel, 644-1118 evenings. The next rehearsal of the group will be Feb. 4, 7 p.m. at Luther Northwestern Seminary's Chapel of the Incarnation, Hendon Ave. at Ful-

Lenten reflections series

"Public People-Personal Reflections on Life" is the theme of the Lenten series starting in February at St. Anthony Park United Methodist Church, 2200 Hillside. Programs with speakers, discussion, informal coffeetime will be held five Sunday evenings from 7-8:30 p.m. February 16 former Governor Elmer L. Andersen will open the series. He is chairman of the board of H.B. Fuller Company, member of St. Anthony Park Lutheran Church, and active in community organizations includ-

The speaker on Feb. 23 is Howard Schultz, former Hamline University and Minneapolis Lakers basketball player as well as coach at Hamline and Murray High School. He is owneroperator of Acadian Candles, Inc. On March 2 Dr. Robert Winter, orthopedic surgeon with Twin Cities Scoliosis Center will speak. He is a world lecturer and member of Mendota Heights United Church of Christ. Joyce Lamont, WCCO personality since 1947, is scheduled on March 9. She is author of a cookbook and

moderates a Sunday morning radio program "Prelude."

On March 16 Bishop Emerson Colaw, bishop of the Minnesota Conference of the United Methodist Church, will speak. He is a world traveler, author, former pastor of a 3000-member church in Ohio and moderator of the radio program "Dialogue."

Cathedrals at brunch

All women in the community are invited by the women of St. Anthony Park United Methodist Church to a brunch on March 1 at 10 a.m. Professor Stanley Bagley, Regents Professor of Biochemistry at the University of Minnesota, will present an illustrated tour of English cathedrals. Please make reservations through your church or the Methodist church, 646-4859.

Fifties auction

Going once. Going twice. Sold to the lady in the poodle skirt, bobby socks and angora sweater.

The theme for the St. Anthony Park School Association's (SAPSA) annual dinner and auction to be held Feb. 21 is "Back to the 50's and 60's," and participants are encouraged to dress accordingly. Dinner will begin at 6:00 p.m. at the St. Anthony Park Elementary School, and the auction will follow at 6:45 p.m. until 8:00. Kent Eklund will be the auctioneer again this year. Entertainment will be provided for children four years and older while the auction is in progress.

Some items which have been donated by local businesses and individuals for the auction are: \$100 Series E Savings Bond-ParkBank; Gift Certificates from The Bibelot, Lederviva and the Villa Sportswear; camp physicals by Dr. Gilbertson; a Norwegian hat from Dahlin's Yarn and Knitwear; two shampoos and conditioners from St. Anthony Park Barbers; one-half hour consultation with Bane C.P.A.; continental breakfast for two delivered to the door; a personal tank of gas and car wash; and a special surprise item to be announced the evening of the auction.

Tickets are \$3.00 for adults and \$1.50 for children. Volunteers will be calling the families of the school children during the week of February 10, but anyone who wishes to attend may call Alyce Holmes, auction chairperson, at 646-4698 to make reservations.

Proceeds from this event will be used for the benefit of all of the children at St. Anthony Park Elementary School.

Black History month for children

The diverse contributions of Black Americans and several of the leaders who have contributed to social change will be recognized during Black history month at The Children's Museum at Bandana Square. Call 644-5305 for details about special presentations every Sunday afternoon in February and Feb. 14 as well. The museum also features a variety of other special presentations during the month and regular story hours, classes and Thursday night movies. President's Day, February 17, marks the one-year anniversary of The Children's Museum's move to St. Paul.

French for seniors

French language and culture will be the focus for Thursday afternoon classes at the International Institute of Minnesota, 1694 Como Ave. The class is offered specially for those 55 years or older. Registrations will be accepted through Feb. 5. Classes begin Feb. 13. Tuition is \$20. Call 645-0191 for information about this and other language opportunities for students of all ages.

Falcon Heights seniors

The Falconeers Senior Club has elected its 1986 officers. President is Willis Warkentien; vice president, Evelyn Dilger; secretary, Lillian Lindig and treasurer, Sylvia Duren. The group meets at 1 p.m. on the second and fourth Mondays of each month. All seniors are welcome.

School News

New principal named at Como High

Fred Kaiser has been named interim principal at Como Park High School, replacing Keith Bergstrom, who died on Jan. 9. Kaiser's most recent assignment has been as principal of the evening school held at Central High School. A veteran of 31 years in the St. Paul system, he has served on the staff at Harding, Murray, Cleveland, and Como Park, when it was a junior high. He then became assistant principal at Highland Park.

Kaiser is a graduate of Harding, class of 1951. His wife, the former Sue Perfect, was the homecoming queen of the class of 58 at Murray. Kaiser did graduate work at the College of St. Thomas, after receiving his bachelor's and master's at the University of Minnesota.

'The St. Paul Public Schools have the best programs of any large city school district in the country, bar none," states Kaiser. "I'm happy to be at Como and have never been greeted so warmly by kids as in this school." He is spending his first couple of weeks meeting students in the halls and the lunchrooms, as well as getting to know the staff.

"Imagery is important to any school-I want to project the best possible image for Como." -Ann Bulger

Elementary students to dress as book characters

The Tin Woodman, the Cat in the Hat, and Nancy Drew may be seen walking down the halls of St. Anthony Park Elementary School on Jan. 31, when students and staff will be dressing as their favorite book characters. The event is sponsored by the Student Council, with Midge Huffman as their advisor. Pat Marrin, school librarian, will feature favorite books for the month of February. Black history month will also be commemorated at the school during February.

-Ann Bulger

School news to 12





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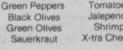
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School news from 11

Central High celebrates winter

Snow Days activities at Central will include sleigh rides, a talent show Feb. 11, coronation of royalty Feb. 13 and a dance on Valentine's Day. In addition, the entire month of Feb. will feature events celebrating Black history

The name of St. Anthony Park resident Debbie Larson was inadvertently omitted last month from the list of Central students chosen for the Science Training Encouragement Program sponsored by the 3M corporation. -Mary Mergenthal

Roseville school news

Roseville students in grades K-8 may participate in gym-swimmovie days during mid-winter recess Feb. 17-21. There will be opportunities for indoor games, movies and swimming from 1 to 4 p.m. on Feb. 17, 19 and 21. Cost is \$1.50 and may be paid at the door. No pre-registration is necessary but there is a limit of 150 partipants.

John P. Pinto, Falcon Heights, was named a semifinalist in the National Merit Scholarship program.



Jesse Zepeda, Murray 8th grader, gets his volcano ready for blast-off as Alistair Burns watches. The proof that it did erupt is shown at right.

Murray holds science fair

The Second Annual Science Fair was held at Murray Magnet Junior High School Jan. 14. A total of 53 projects and 15 papers were entered in the fair, almost double the number of entrants from last year. The entries were judged on Jan. 13 by a team of 25 judges from the community with backgrounds in science. The next night the fair was open to the public, with over 300 people attending.



All entries received a participant ribbon, and thirteen medals were awarded to winners in the various categories. Medal winners were: For projects: 8th grade-first, Benjamin Warde, The Effects on Flight of Varying Wing Angles"; second, Robert Williams, "The Effect of Colored Lights on Chlorella"; third, James Cooper, "Small Mammal Population Study"; 7th grade-first, Jeff Zupfer, "How Does the Shape and Angle of an Airplane Wing Affect Its Lift?"; second, Andy McGrath, "Web Construction of Spiders"; third, Heather Brasel, "Heat Conduction in Different Materials.'

For papers: 8th grade-first Shawn Molstad, "The Journey of Voyager"; second, Charlie Wu. "Comets, Asteroids, and Meteors"; third (tie), Jennifer Fuelner, "Lasers" and Tracy Stein, "Continental Drift"; 7th gradefirst, Anne Smith, "Walking for Your Health"; second, Nathan Eklund, "Alzheimer's Disease": third, Sideth Niev, "Air Pollution and How It Affects Plants."

Entrants winning medals had their projects on display at the district administration building at 360 Colborne from Jan. 15 to 18. They will go on to the Regional Science Fair at Macalester College in March. Regional winners then compete at the State Science Fair in April. The fair is sponsored by the Minnesota Academy of Science.

-Ann Bulger

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St. Paul Superintendent's proposals may affect local schools years, there have been 70 to prehensive program that will

By Ann Bulger

What will be the impact of the proposals written by St. Paul Schools' Superintendent David Bennett on our neighborhood schools? Early in December, the superintendent published a 110-page document entitled, "Strategies for Excellence and Equity." This was intended to be a draft for discussion purposes of planning initiatives for the public schools, most of them for implementation next year. After public hearings and written comments on these proposals, the superintendent was to make recommendations to the board of education on January 21. After further hearings on the recommendations, the board will vote on these

The document covers 19 different topics, ranging from learner outcomes to capital improvements to specialty magnet programs to drop-out prevention. While all of these topics would affect our local schools, some have a direct and specific impact.

One section of the plan deals with "Open Plan Classroom Modification." Most of the elementary schools constructed or added to in the early 1970s were designed with an open plan, without fixed walls around each classroom. The superintendent is suggesting that these classrooms be enclosed; the estimated cost to do this at St. Anthony Park Elementary is \$71,250 (total cost of the district plan would be over \$2,000,000). The staff at St. Anthony Park has changed its method of teaching with the flexible spaces. Sixth grade teacher Blanche Burroughs says, "It would destroy our team-teaching approach to have our rooms enclosed with permanent walls. We need flexible space, with at least accordion-type movable walls."

The other proposal with a specific impact on St. Anthony Park is that dealing with the old McKinley School attendance area. McKinley was closed in 1967, and students from this area have been assigned to elementary schools throughout the district. For almost 20

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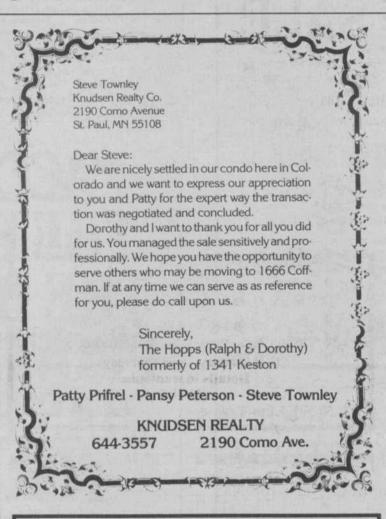
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years, there have been 70 to 100 students from the McKinley area at St. Anthony Park. The superintendent's proposal divides the McKinley area into five areas, each with a permanent school assignment. St. Anthony Park is not included in the five schools, so would lose a significant number of kindergarten students next year if this were adopted. Kindergarten students with siblings at St. Anthony could request to attend the same school

Bennett is also recommending that secondary schools house specialty magnet programs in addition to the comprehensive program that will continue at each school. Those affecting local schools are an expansion of the gifted/talented program at Central High School and development of a science and mathematics magnet program at Murray Junior High in 1986-87. In 1988-89, Como Senior High would develop a transportation magnet program containing support services for air, land and water transportation. The junior high programs are to be exploratory in nature while the senior high programs will teach skills for entry-level employment.



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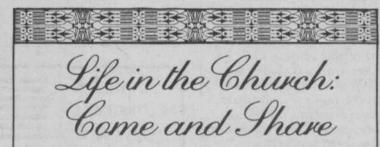
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LENT 1986

Ash Wednesday Liturgies Feb. 12 5 p.m. in church

7 p.m. in school

7:30 p.m. in church (Newman)

Reconciliation Communal Services
March 4, 7:30 p.m. in church (Newman)

March 12, 7:30 p.m. in school March 23, 7:30 p.m. in church

Vespers (Fridays at 7 p.m. in church) Feb. 21, March 7, March 21

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9:45 Nursery and Children's Learning Program Thursday, Feb. 4, 7:30 p.m. Life Issues Forum: Food, Farmers and City Folk: The Farm Crisis of the 80's. Prof. Philip Raup.

Shrove Tuesday Pancake Supper Feb. 11, 5:30-7

Ash Wednesday Holy Eucharist with Ashes 7 a.m.,

10 a.m. and 7:30 p.m. (main service). Evening Prayer Wednesdays during Lent 7 p.m. Wednesdays Feb. 19 and 26, 7:30 p.m. Journaling and Spiritual Growth with Sister Monica Kaufer. Cost for the two nights \$5.

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New home-sharing opportunity in Lauderdale and Falcon Heights

By Alice Duggan

It sounds like a creative plan, but one that is also sensible and down-to-earth. Like many good ideas, it grew in the imaginations of many people. Lutheran Social Service (LSS) already had their version in place about the time the Maplewood City Council was exploring it as a possibility for the northern suburbs. The LSS plan is called Share-a-Home, a partnership between a homeowner and another person who may be a single person, perhaps a student, needing low-cost housing and having time, everyday skills and companionship to offer. The homeowner may be an older person who is overwhelmed by routine tasks, loneliness or concerns of safety.

It's a simple idea but not always an easy one to implement. LSS has been matching such people in Minneapolis for five years and in St. Paul for one year, so it seemed an obvious choice to implement the program in the northern suburbs. The interested communities-Falcon Heights, Lauderdale, Hugo, Little Canada, Maplewood, North St. Paul, Oakdale, Roseville and Vadnais Heights-joined forces. They formed a Share-a-Home Commission and employed LSS to set the program in motion.

Now that the service is available, how does it work? How does a match turn into a happy solution and not a disappointment? The answer seems to lie in a careful, painstaking selection process. A social worker guides the applicants through the process which includes individual interviews, a joint interview to clarify mutual expectations, two written references for each applicant and finally the signing of a contract. The partners may choose a two- or three-week trial period before the signing of the contract. Some contracts



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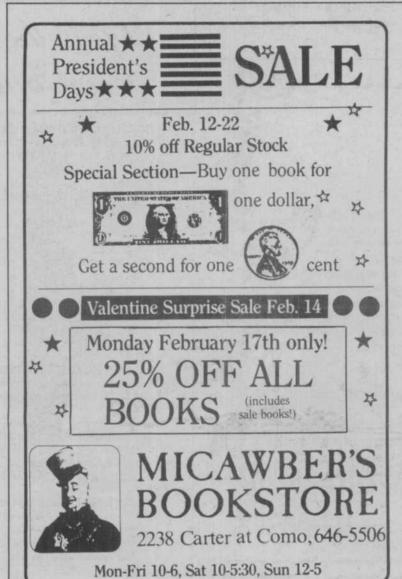
2262 Como Avenue

include minimal rent; others none. Then, after the pair begin sharing a home there is follow-up by a social worker.

There's a small fee for initiating the process and a larger fee for successfully finishing it.

Deborah Paulsrud, who supervises the Share-a-Home Program in St. Paul, feels the program has had good results. "There's been good followthrough on commitment," she says. Some of the benefits she's seen, beyond low rent and leaves raked, have been a sense of security and companionship and the enjoyment of a new perspective—getting in touch with a different generation.

Interested parties can call Share-a-Home at 221-2623 or, as a first step, LaVanche Peterson, City Clerk of Lauderdale, at 631-0300 or Falcon Heights City Hall at 644-5050.



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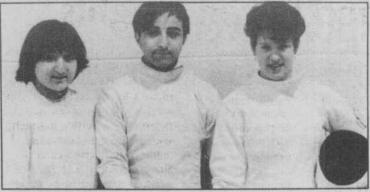
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Local fencers compete in Junior Olympics

Five neighborhood young people will be competing in the 1986 national Junior Olympics fencing championships Feb. 14-17. They are Matt and Missy Cutler from Lauderdale and Andy Buchanan, Miles Phillips and Jenni Prifrel from St. Anthony Park.

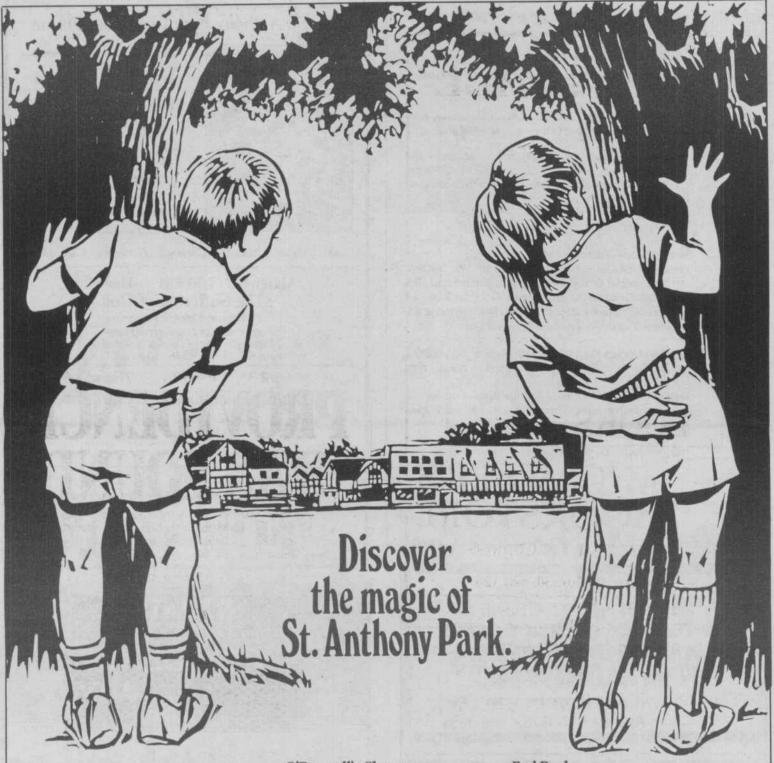
Phillips will attempt to defend his title as under-20 epee champion which he earned at the 1985 nationals. The other young fencers will compete with over 400 young men and women in nine events involving foil, epee and saber.

Fencers from all over the United States will converge on St. Paul for the event which will be held at the St. Paul Radisson Hotel and Landmark Center. The location of the competition in St. Paul is largely due to the efforts of St Anthony Park resident and Minnesota Excalibur fencing coach Robert van der Wege.



Missy and Matt Cutler and Jenni Prifrel

Photo by Bob Prifrel



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Muffuletta In The Park

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Sports

By Dave Merk

Central High School's boys' varsity basketball team has jumped out to a 9-0 start so far this season. Their undefeated record has earned the Minutemen the number one ranking and first place in the St. Paul City Conference. Coach Dan Brink attributes his team's success to aggressive, power basketball. Brink said he has five players averaging 10 points per

... Central's hockey team has not been quite as successful this year. The hockey Minutemen have managed only a 2-9 record thus far. One of the team's bright spots this season has been the play of Park resident Chris Coury. Coury, one of the Minutemen's co-captains, scored a school record six goals against Pine City early this season....

... Como Park's girls' varsity basketball team has struggled to a 3-7 record thus far this season. Coach Brian Wold stressed the need for improved shooting, but said the team's rebounding game has been strong. The Cougars' starting center, Park resident Karen Williams, has been playing good basketball, according to Wold. Wold said he looks for Williams, a junior, to be an outstanding player as her game further develops. Park resident Kristen Copa, a senior reserve, has also been playing well lately, said Wold....

.....This season has been a slow one for the Cougar boys partially due to the loss of three players because of ineligibility said Coach Charles Portis. Because of that loss, Portis and the team have struggled to a 1-6 start. However, Park resident Matthew Hausman has sparked the team by averaging 13.9 points per game. Hausman is currently 8th in conference scoring. Portis expects Tom Knoblauch to also be a star player in the near future. Knoblauch is scoring around 12 points per game this season....

....The Cougar hockey team has also been slumping so far this season, posting a 3-8 record. The Cougars have lost four games by one goal, said Coach John Brodrick. "We haven't been able to win the big ones, or the close ones," Brodrick said. Park residents Kurt Mehlhoff (senior), John Karvonen (junior), and Peter Mayer (junior) are all members of the squad....

.....Murray Junior High School's girls' basketball team finished out the season with a 3-5-1 record. Murray boys will begin their basketball season in late February.....

....The Murray wrestling team recently finished their season by taking 4th place in the city tournament. Coach Kevin

Sports to 16

Sports from 15

McKim was pleased with his team's showing in the tournament's eight-team field. Clem Tucker, who was undefeated during the regular season, won 1st place in the 105 pound category. Besides Tucker, the Murray squad had five wrestlers finish second in the tournament.....

.....The Langford Park hockey program is in full swing, despite January's continued warm temperatures. The melting ice isn't stopping the outdoor practices at Langford, but director Dan Berchem has all the teams practicing with boots instead of skates-which would tear up the already weak ice. The Langford program consists of five teams, each consisting of different age groups. Berchem said most kids are expected to provide their own equipment, but that the park provides all goalie equipment. One of the stars from the 8th-9th grade league this season has been Tony Buraglio. Berchem said Buraglio is a stand-out player who has been scoring a lot of goals. There are a few girls playing in the program this season. Shana Lohse and Kris Hogenson, who have both been playing in the program for many years, are members of the 8th-9th grade team. "Girls play just as much as the guys," Berchem said. Other activities at Langford right now include basketball, ranging up through 5th and 6th graders. There is also a beginners' figure skating class for children K-4th grade.

ParkBank from 1

with its neighbors for attention. Jack Boarman, president of Boarman Architects, architects for the new building, spoke of his design inspirations. "Architectural setting creates an order. The design is not a carbon copy of existing structures, but reflects the order of the existing buildings. When I look at the library across the street I see materials ... brick, gable archways, scale relationships ... I see these elements as generation potential [for the design]."

Creating landmarks has its price. The \$1.8 million dollar investment incorporates the use of brick, stone, copper and glass. Although admitting to being perhaps a bit presumptuous, Wellington dubbed it the "Ordway approach." A poetical claim by Boarman heralds the building to be "not a bright new star, but a friendly new neighbor." Galactic encounters aside, the new construction is scheduled to start in April with completion this November.

Langford Park winter sports events

SATURDAY, FEBRUARY 8 -

6-9 pm — Family skating, cross country skiing and family hockey all at Langford. An informal evening with your friends and neighbors on the general rink, the hockey rink, and in the Park. Great food and beverages will be available at the refreshment stand in the building.

7 pm — Langford Hockey Teams vs Moms and Dads of the players—Langford Hockey rink.

SUNDAY, FEBRUARY 9

Noon-5 pm — Refreshment stand open in the gym. Come for lunch at the Park. Family skating on the general rink. Cross country skiing at Langford.

12:30 pm — Winter joggers Fun Run — 4-mile and 2-mile divisions. Register by noon at Langford. Entry fee \$1.00.

12:30 pm — Langford Dyna-Mites vs Highland Ponies Hockey Game— —Langford Hockey Rink (Mites are 1st—3rd graders).

1:00 pm — Royal Coronation: Langford's Prince Anthony and Princess Antonia; Appearance of the 1986 St. Paul Winter Carnival Royalty King Boreas and Queen of the Snows and the rest of the Court. Raffle drawing.

2-3 pm — Open hockey on the hockey rink.

2 pm — Skating Races—Divisions for:
Preschool, Grades K-1st, 2nd-3rd, 4th-5th, 6th-7th, 8th9th, and special family relay races for parents and children. Races held on the general rink. Gift certificates for
winners. Ribbons for all participants. Raffle drawing fol-

3 pm — Over-30 Hockey Game. Men and Women. No checking and no slap shots. Figure skates allowed on hockey rink.

3:30 pm — Medallion Hunt for \$50.00 Savings Bond. Entrants restricted to 6th grade and under. Winner will draw ticket for last raffle prize.

Indoor activities and raffle prizes will be available.

(All times approximate)







Photo by Terry Lee Johnson

The St. Anthony Park Life Issues Forum



Feb. 6 7:30 PM Thursday
Food, Farmers
and City Folk:
The Farm
Crisis of the 80's

Prof. Philip Raup,
Professor Emeritus,
Agricultural and Applied
Economics, U or M

St. Matthew's Episcopal Church

Carter and Chelmsford

March 6 7:30 PM Thursday The Suffering of God Professor Terence Fretheim,

Professor Perence Frederit,
Professor Old Testament and Dean,
Luther Northwestern Theological Seminary,
St. Anthony Park Lutheran Church, Como and Luther Place

April 3 7:30 PM Thursday Ethical Dilemmas in Health Care

Dr. Paul Quie,
Professor of Pediatrics and Interim Director,
U of M: Center for Biomedical Ethics,
St. Cecilia's Roman Catholic Church, 2357 Bayless Place

Refreshments following each forum event.
Cost: \$2 donation or \$5 donation for entire series.

Sponsored by St. Matthew's Episcopal Church, St. Anthony Park UCC, St. Anthony Park UMC, St. Anthony Park Lutheran Church, Corpus Christi Roman Catholic Church, and St. Cecilia's Roman Catholic Church.



a lecture series

A LA LA Establish and A

David Morris, Pres., Instit. for Local Self-Reliance Gayle Summers, Assistant to the Mayor Feb. 21, Noon, North Star Ballroom

Dreamers and Charlatans:
Planners and Developers of the Twin Cities
David Lanegran, Chair., City Planning Comm.
Feb. 20, Noon, North Star Ballroom

A Lame Duck Tells It Like It Is Neil Dieterich, State Senator, District 63 Feb. 24, Noon, The Theatre

The Transformation of Downtown St. Paul James Bellus, Dir., Dept. of Plan. & Econ. Develop. Feb. 27, Noon, North Star Ballroom

Politics From Neighborhood To City Hall Kiki Sonnen, Councilmember, Ward 4 Feb. 28, Noon, The Theatre

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Community Calendar

February

Family Skating Party, Langford Park, 1-4 p.m.

3 Mon.

CPR classes, St. Anthony Park Elementary School, 6:30-9 p.m. Also Feb. 10 and 24. \$7 for all three classes. Call 646-8884 or 645-2456.

Boy Scouts, St. Anthony Park United Church of Christ, 7 p.m. Call 644-4175. Every Monday.

Parent Teacher organization, Como High School library, 7:30 p.m.

AA, St. Anthony Park Lutheran Church, 8 p.m. Call 645-5427 or 645-2329.

4 Tues.

St. Anthony Park United Methodist Women, 12:30 p.m., Betty Schilling speaking.

Lauderdale Friends and Neighbors, City Hall, 1891 Walnut, 2 p.m.

AA, 1407 Cleveland, 7:30 p.m. Meets every Tuesday, Call 646-0127 or 645-2329.

St. Anthony Park Association board, Healy Building, 7:30 p.m.

5 Wed.

Leisure Center, St. Anthony Park United Methodist Church, 10 a.m. Al Schmid—"Charting the Stock Market".

6 Thurs.

District 12 Physical Committee, 2380 Hampden, 5 p.m.

District 12 Human Services Committee, 2380 Hampden, 7 p.m.

Isabella meeting, Murray Junior High auditorium, 7:30 p.m. Life Issues Forum, St. Matthew's Episcopal Church, 7:30 p.m. Prof. Philip Raup, "Food, Farmers & City Folk: The Farm Crisis of the 80's."

St. Anthony Park Writers' Group, 2252 Commonwealth, 7:30 p.m. Call 644-6090.

8 Sat.

Boy Scouts for Food, Lauderdale, 10 a.m.-3 p.m.

Winter Sports Days, Langford Park, 6-9 p.m.

9 Sun.

Winter Sports Days, Langford Park, 12-5 p.m.

10 Mon.

Falconeers Senior Club, Falcon Heights City Hall, 2077 W. Larpenteur, 1 p.m.

11 Tues.

Children's Valentine film program, St. Anthony Park Branch Library, 4 p.m.

St. Anthony Park Association, St. Anthony Park United Church of Christ, 6 p.m.

Spring sports registration, Langford Park, 6:30-9 p.m.

District 12 Community Council, 2380 Hampden, 7 p.m.

Falcon Heights City Council, City Hall, 7 p.m.

Shrove Tuesday pancake supper, St. Matthew's Episcopal Church, 5:30-7 p.m.

Lauderdale City Council, City Hall, 7:30 p.m.

12 Wed.

Leisure Center, St. Anthony Park United Methodist Church, 10 a.m. Valentine (love) songs music by Libby McDonald and Mary Jane Munson.

13 Thurs.

Valentine's Day party, Grades 1-6, Langford Park, 4:30 p.m.

St. Anthony Park School Association, St. Anthony Park Elementary School, 7 p.m.

14 Fri.

Northern Lights 4-H Club, St. Anthony Park Elementary School, 4 p.m.

Winterfest Dance, Como High School commons, 8 p.m.

Snow Days Dance, Central High School, 8 p.m.

15 Sat.

Contra dancing, Oddfellows Hall, 2380 Hampden, 8 p.m. Run of the Mill City Dance Band. All dances taught, \$3.50. Call 690-4831.

16 Sun.

Lenten program, St. Anthony Park United Methodist Church, 7 p.m. Elmer L. Andersen speaking.

17-21 Mon.-Fri.

Winter break. No school in Roseville.

17 Mon.

President's Day. No school in St. Paul.

League of Women Voters, Unit 8, 831 W. Nebraska, 7:30 p.m., "The Metropolitan Council." Call Judy Probst, 644-0492.

18-19 Tues., Wed. 55-Alive Mature Driving

Refresher Course, Falcon Heights City Hall, 10 a.m.-3 p.m. Call 644-5050.

19 Wed.

Leisure Center, St. Anthony Park United Methodist Church, 10 a.m. Birthdays.

20 Thurs.

"St. Paul, The City That Works," North Star Ballroom, St. Paul Campus Student Center, noon. David Lanegran, Chairman, City Planning Commission speaking on "Dreamers and Charlatans: Planners and Developers of the Twin Cities." Sponsored by Board of Governors, St. Paul Campus.

Band concert, Como High School auditorium, 7:30 p.m.

21 Fri.

"St. Paul, The Entrepreneurial City," North Star Ballroom, St. Paul Campus Student Center, noon. Speakers: David Morris and Gayle Summers of Mayor's office.

Community Child Care Center International potluck dinner and community service auction, Commonwealth Terrace Community Center, 1250 Fifield Ave., 6:15 p.m.

St. Anthony Park School Association dinner and auction, St. Anthony Park Elementary School, 6 p.m.

23 Sun.

Lenten program, St. Anthony Park United Methodist Church, 7 p.m. Howard Schultz speaking.

Lyra Concert, Luther Northwestern Seminary Chapel of the Incarnation, Hendon Ave. at Fulham St., 8 p.m.

24 Mon.

"A Lame Duck Tells It Like It Is," The Theatre, St. Paul Campus Student Center, noon. Speaker: State Senator Neil Dieterich.

Falconeers Senior Club, Falcon Heights City Hall, 1 p.m. Central High School Advisory Board, school library, 7 p.m.

Cub Scouts pack meeting, St. Anthony Park United Methodist Church, 7 p.m.

25 Tues.

Senior Parents' meeting, Como High School library, 7:30 p.m.

"February Heatwave." Children's program, St. Anthony Park Branch Library, 4 p.m.

26 Wed.

Leisure Center, St. Anthony Park United Methodist Church, 10 a.m. Verie Maas—slides of Colorado rafting trip.

Falcon Heights City Council, City Hall, 7 p.m.

Langford Boosters Club, Langford Park, 7:30 p.m.

27 Thurs.

"The Transformation of Downtown St. Paul," North Star Ballroom, St. Paul Campus Student Center, noon. Speaker: James Bellus, Director, Department of Planning & Economic Development.

28 Fri.

Elementary schools inservice day, St. Paul.

"Politics From Neighborhoods to City Hall," The Theatre, St. Paul Campus Student Center, noon. Speaker: Council Member Kiki Sonnen.

Items for Community Calendar can be submitted to Kathy Malchow, 646-1288, or *Bugle* office before Feb. 17.

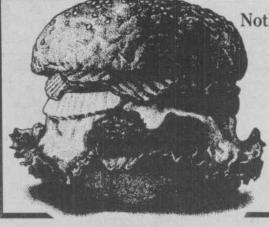


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Obituaries

Emily Nelson, longtime Lauderdale resident, died Dec. 21. She and her sister Inga will be remembered for the huge three-season flower garden on the lot behind their home. Thousands of individual plants—flowering bulbs in the spring, roses in summer and mums in the fall—entertained thousands of people over the years.

The two were also well-known for entertaining neighbors and seminarians in their home and for delighting those guests with all sorts of culinary delights.

Miss Nelson was employed at the hardware store in St. Anthony Park for many years.

Luella Quammen died Jan. 15 at the age of 78. She had lived in the Park for many years and is survived by three daughters, a son and nine grandchildren.

Mary Francis Keyes died Jan. 11 at the age of 85. She'd lived in St. Anthony Park about 40 years and is survived by two sisters and several nieces and nephews.

David Evans who grew up in St Anthony Park died Dec. 15 in Texas. For many years his family lived on Doswell Ave. across from College Park (then called Partridge Park). Evans was 72 years old.

Martha Kortesmaki died Jan. 8 in Minneapolis. She and her husband Waino lived on Doswell Ave. in St. Anthony Park for many years. They were active in the Lutheran Church and Finnish activities and welcomed countless Future Farmers of America into their home.

Rodney Rowe, who formerly lived on Branston St., died Jan. 17 in Brainerd at the age of 59. He had moved there at his retirement in 1984. He had been active in the St. Anthony Park community and was a tireless worker for many years at the AFS chicken barbeque on the Fourth of July.

Keith Bergstrom, former principal at both Como Park Senior and Murray Junior High Schools, died on Jan. 9, three weeks after suffering an aortic aneurysm. He was 58.

Ironically, he had never missed a day because of illness during his 34 years with the St. Paul schools. He had accumulated 385 days of sick leave.

After serving as principal at Highland Park, Hazel Park, and Monroe, Bergstrom came to Murray Magnet Junior High as principal in April, 1982. After two-and-a-half years there, he was transferred to Como Park Senior High in Sept., 1984. For many local students who attended Murray and then Como, he was their only principal at the secondary level.

"He was a kids' principal," said his teachers. This was evidenced by the huge brown paper banner, six by fifteen feet, that Como students had covered with notes urging their principal to get well, and sending their prayers and good

wishes. It was sent to the hospital and later taped to the wall at the funeral home as a touching tribute.

June A. Gray, Lauderdale, died Jan. 2 at the age of 81. She had lived in the Lauderdale area for many years and owned two stores in the area. She is survived by one daughter, seven grandchildren, one greatgrandchild, two sisters and a brother.

Ralph Anderson, age 58, died suddenly Jan. 24 while on the job as custodian at St. Anthony Park Lutheran Church. He was a longtime Park resident, a skilled fisherman and a regular member of the Bridgeman's 8 a.m. roundtable. He was a well-known figure in the neighborhood due to his business which brought him to many area homes to repair water damage or install gutters.

Anderson was a leader in the community in assisting people with drug and alcohol problems and was instrumental in establishing the Alcoholics Anonymous group which meets at St. Anthony Park Lutheran Church.

Students from 8

The legislation is not scheduled for review until 1987 but given the interest and concerns of these groups it seems likely that legislators will be proposing some changes during the upcoming session.

In the meantime, students like Howatt and Rinehart will try it out and hope the program will still be around for them and their peers next fall.

Energy audits

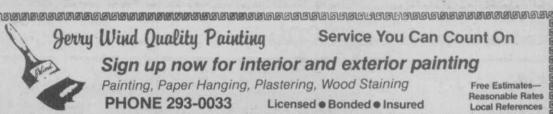
During a snowy winter a trained eye can learn a great deal about the energy efficiency of a house, simply by looking at the roof.

Lack of snow in certain areas and ice build-up can often indicate poorly insulated areas, particularly attic *bypasses*.

These "bypass leaks" can cut the effectiveness of attic insulation by 30 to 70 percent, while wasting valuable energy.

The Saint Paul Neighborhood Energy Consortium reminds homeowners that a home energy audit can be a valuable and inexpensive way to locate attic bypasses. Your state-certified neighborhood energy auditor is specially trained in the area of attic bypasses as well as furnaces, foundations, walls and windows. You will receive the information you need to make the right decisions regarding your home's energy efficiency. The cost of the audit, which typically lasts two hours, is \$10 and is billed by NSP.

Homeowners interested in obtaining more information about finding and sealing attic bypasses, or about home energy audits should contact the Saint Paul Neighborhood Consortium at 644-5436.





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3. Send your typewritten ad and a check made out to "The Bugle" to **Bugle** Classifieds, 2380 Hampden Avenue, St. Paul, MN 55114. 4. Ads may also be left at the St. Anthony Park Branch Library or the Bugle office.

If you have further questions call Kathy Magnuson, 645-2475; or the Bugle office, 646-5369.

Next issue: February 26

Classified deadline: February 17

Messages

HAPPY VALENTINE'S DAY LAURA AND ANDREW!

MARA: Congratulations on passing your skating test!

GRIFF: Happy birthday. Would that we all were so young at 82!

HAPPY VALENTINES to my favorite wild turkeys at 2600. May the wind be at your back, the sun always on your shoulders and may your toes be forever wet.

REMEMBER MARCH 17 is St. Patrick's Day. Send a message to your favorite Swede. Send typewritten message and payment (30s a word) to the *Bugle*, 2380 Hampden, St. Paul, Mn. 55114 by February 17.

Miscellaneous

AA: 1407 Cleveland Group meets every Tuesday 7:30 p.m. at above address. Call 646-0127 or 645-2329.

AA: St. Anthony Park group meets every Monday 8 p.m. StAP Lutheran Church, Call 645-5427 or 645-2329.

WANTED: OLD TOYS—cast iron, die cast, tin. 644-1866.

WANTED: OLDER ELECTRIC TRAIN. 571-4139.

WANTED: USED LEGO SET 642-1482.

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Now is winter oak trimming time.

Roger Gatz 645-5000

Trimming—Stump & Tree Removal

JULIE HIMMELSTRUP, pianist, in recital, Feb. 25, 8:00 p.m., ORDWAY STUDIO THEATRE. Tickets: \$8.00 adult, \$5.00 student. ORDWAY BOX OFFICE, 224-4222, or send check with SELF-ADDRESSED, STAMPED ENVELOPE to HIMMELSTRUP/HOFFMAN RECITAL, 1333 Chelmsford St., St. Paul, Mn. 55108.

FEBRUARY 16 hear Elmer Andersen 7 p.m. at the Methodist church. February 23, 7 p.m., Howie Schultz speaking, Methodist church.

BACK TO THE 50's and 60's— SAPSA Dinner and Auction February 21, 6-8 p.m. at St. Anthony Park Elementary School. For reservations call 646-4698.

Services

HOME REPAIR small job specialist. Expert carpentry, remodeling door and window replacement. Tom Oberg 698-3156. SASH CORDS replaced. 698-

3156. Tom Oberg.
PIANO AND HARPSICHORD tuning and reconditioning. I can

ments. Robin Fox, 642-9118.

PIANO TUNING AND REPAIR,
MacPhail certified. Call Dorothy

help you in buying used instru-

Tostengard, 631-2991.

CLEANING CARE FOR YOUR HOUSE, apartment or office. JP Services, 642-1044.

HOUSE CLEANING: Experienced, Reasonable Rates. Alison Houck, 645-4453.

INSTANT PASSPORT, Naturalization or LD. photos at International Institute of Minnesota, 1694 Como, 9:00-4:30 weekdays. English and Citizenship classes. 647-0191.

LOVING DAYCARE for your child(ren) in my home near Como/Raymond. Please call 644-9274.

ROOF ICE AND SNOW RE-MOVAL. Bob Finn 488-7190.

PRUNING—Fruit and small shade trees: University-trained professional. Call 646-4762.

Help Wanted

PART TIME MECHANICALLY skilled custodian. Hours flexible. Write #106, 2250 Luther Place, St. Paul, Mn. 55108.

CHILD CARE NEEDED for 4month-old daughter in our Merrian Pk. home. Light housekeeping. 8:30-5:30, M-F. Non-smoker. References. 644-8176. CHILDCARE NEEDED: Quality part-time child care needed for two-year-old. Preferably with other children of similar age in your home. 646-1911 (after 6 p.m.).

NEEDED: Full-time nurturing daycare for 4-month-old infant beginning Apr. 1. 646-5959.

For Sale

FULLER BRUSH PRODUCTS. 646-6417, Terry.

SHAKLEE PRODUCTS. Order by phone. U.P.S. delivery. 645-2475.

MUST SELL, Japanese Arita dinner set. Green rose-leaf pattern. Matching tea set. Unused. Total 46 pieces. Also unused Japanese Satsuma coffee set. Crackle pattern. Bargain prices. 644-5567.

83 HORIZON, 4 DR, low mileage, no rust (Texas car), A/C, cruise, tinted glass, manual 5-speed trans., \$4600. Call 645-2361.

Instruction

Painting

Interiors

Paperhanging

GOOD HELP & COMPANY

NOW YOU CAN GET GOOD HELP

VIOLIN LESSONS in Lauderdale \$4.00, 644-4198.

Language classes for adults and children starting February 4. French, German, Spanish, Swedish for ages 4-7 and 8-12. 11 languages for adults at beginning, intermediate, advanced levels. International Institute of

Minnesota, 1694 Como. 647-0191.

NEED TO GET IN SHAPE? Exercise class designed for all levels and ages in St. Anthony Park. Fun, safe, effective workout all done to a variety of music. Instructor: Sarah Linner Quie has been teaching exercise professionally for 8 years. Tuesday: 11:15-12:15; Thursday: 5:45-6:45. Call to register: 642-1482. Location: 2481 Como Avenue in Aasgaard Hall.

DANCE LESSONS WITH SARAH LINNER QUIE will begin the next session Monday, March 3. Creative Movement for ages 4-6, Ballet for ages 7-18, Sacred Dance—Exercise for Adults. Classes taught in large spacious studio in Aasgaard Hall: 2481 Como. Call to register 642-1482.

LESSONS—Piano, clarinet, sax, trombone. Masters Degree/ experienced. Lauderdale. 644-4198.

ST. ANTHONY PARK NURSERY SCHOOL at United Church of Christ is receiving applications for September 1986. Families with children who have been or are currently enrolled in nursery school have preference through January 31. All other applications will be received after January 31. For information, call Sheila Richter at 644-9677 or Kathy Wellington at 647-0362.

Housing

LARGE CONTEMPORARY
DUPLEX FOR RENT. Two bedrooms. Dining area. Fireplace.
Large closets. Appliances.
Laundry. Street level entry.
NORTH ST. ANTHONY PARK.
No pets. Single, couple, family.
Call evenings, weekends.

PROFESSIONAL COUPLE seeking permanent housing (duplex, house) in NStAP area by Apr. 1. Call 644-0245.

RECREATION ROOM APART-MENT—furnished—all utilities \$165.00 male graduate nonsmoker, 644-6353.

For Rent

FOR RENT Carpeted Fireside Hall available now for meetings, lectures or exhibits. Groups or clubs. Per occurrence, monthly, etc. Reasonable rate. Also seeking retail tenants. Call 644-5113 or 645-5531, Milton Investment.





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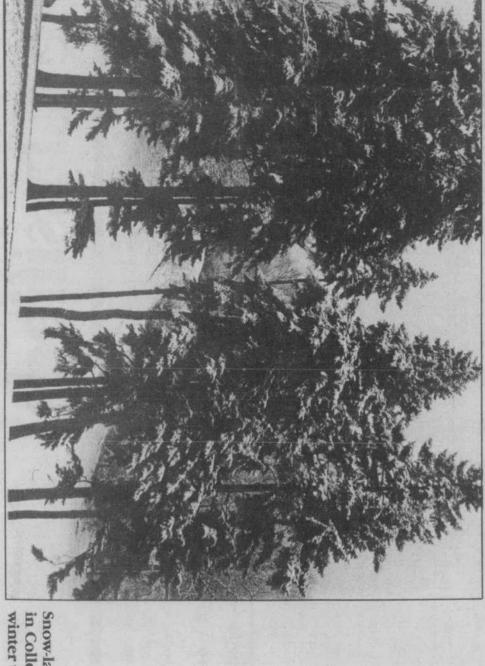


Steve A., Carolyn, Pam, Jaimie, Steve B.









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