

PARK Bugle

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Serving the communities of St. Anthony Park, Lauderdale, Falcon Heights and Energy Park.

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Area pharmacy ends sale of tobacco

By Kathy Walters

Falcon Heights Pharmacy permanently stopped selling all tobacco products and supplies on D-Day, November 15, a day on which people are encouraged to stop smoking.

Lowell Anderson, co-owner of the pharmacy, said the main reason he and brother Bruce decided to take this action was that selling tobacco was inconsistent with the operation of a business involved with health care.

"We are in the health care business, not the disease business," said Anderson. "We need to promote wellness, not sickness."

Anderson, past president of the Minnesota Pharmaceutical Association and co-owner of the pharmacy since 1966, is very aware of how smoking affects people. According to Anderson, a person who has smoked has only a one in seven chance of quitting; a thousand people die from smoking-related diseases each day in the United States.

Anderson believes his is one of the first pharmacies in the United States to stop selling tobacco products. He hopes others in the community will listen to his message and that they, too, will act to help the

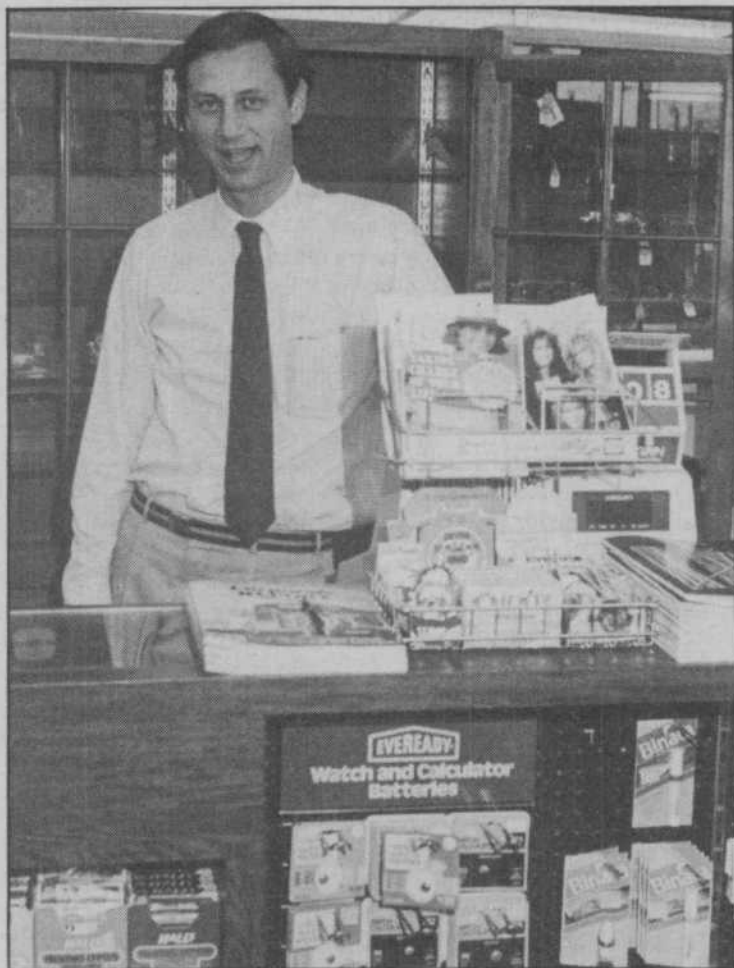


Photo by Terry Johnson-Caffrey

Lowell Anderson, co-owner of Falcon Heights Pharmacy.

public become more aware of the harmful consequences of smoking.

Falcon Heights Pharmacy averaged \$25,000 per year in tobacco-related sales. Anderson said the pharmacy will now focus on supplying home health products to customers.

"Today people have to leave the hospital much sooner due to the high costs," stated Anderson. "It is our intention to

supply products that have an emphasis on helping people, especially the critically ill, get better."

Anderson is confident the pharmacy will survive without tobacco products. He is excited about the new home health care market and feels good about being co-owner of a pharmacy that helps people feel better rather than sicker.

New magnet elementary decision imminent

By Ann Bulger

The final decision on a desegregation plan utilizing magnet elementary schools will be made by the St. Paul Board of Education on December 11 at a special meeting at 360 Colborne. One week prior to that, on December 4, the district-wide plan will be presented, following recommendations from the various community committees.

The community-planning committees are looking at ideas for single-focus magnet schools, in addition to enrichment curriculums. St. Paul's new superintendent of schools, Dr. David Bennett, proposed that committees look at single-focus schools as a means of drawing students of all races to achieve desegregation. This concept worked in Milwaukee, where Bennett previously worked.

At a public meeting at the school district headquarters on November 1, eleven presenters gave possible single-focus magnet plans. In addition to the oral presentations, 25 other possibilities were summarized in written handouts. These plans could be combined in many ways by the committees.

Among those giving presentations were Judy Anderson, a St. Paul teacher who lives in St. Anthony Park, and Dr. William Schrankler, principal of St.

Anthony Park Elementary. Anderson's plans dealt with the School of the Future and emphasized survival in an information age with no set of facts or procedures to fit all situations. Subjects would be integrated; children would solve problems in the arts and sciences through reading, writing, computing, speaking, and media productions.

Schrankler presented the Math-Science Magnet School. He quoted an old Chinese proverb, "I hear . . . I forget; I see . . . I remember; I do . . . and I understand." Mathematics and science would be coordinated into hands-on experiences at this school. The recognition of patterns within relationships would be emphasized.

Other presentations included: Gifted/Talented Magnet, Technology Magnet, Creative Arts Magnet, Montessori Method, World Languages Magnet, Outdoor Environment Magnet, Individual Education Plan Center, Wellness Magnet, Fundamental School.

Written proposals included ideas from a Community Education Center to a Country Day School to a Year-Round School, among many others.

Magnet schools may be open for citywide enrollment, with students from the home area

Schools to 6

Bears, baklava, boxes and more—buy holiday gifts close to home



Photo by Terry Johnson-Caffrey

An impish Warren Hanson and his poster.

By Mary Mergenthal

This holiday season, instead of purchasing brand-name gifts from companies which set out to capitalize on your gullibility or seasonal vulnerability, why not stay close to home and purchase your gifts from neighbors who sell goods and services in which they take great delight and personal pride? These artists and artisans paint and bake and sew for the sheer delight of it!

Some seem to enjoy what they're doing so much that they can't stop. They end up making more than they can use, so they sell the results of their enjoyment. Some begin with a skill, fine-tune it for years, and finally make it a full-time venture.

So, here it is. The *Bugle* holiday wish book, designed to help you find the special gift for that special friend or relative. Gifts on this list come with "down-home" connections. When Aunt Lizzie unwraps her gift you can tell her about the person who made it. When Uncle Harry

laughs over his, you can describe the home and the special community in which you purchased it.

Run now for your Christmas list. Then sit back and match the names on your list with these unique and varied gifts. Happy shopping!

Linda and Fred Foster seem unlikely authors of a book of puns about steers. But authors they are—and illustrators, publishers and marketers as well! the story of how they came to produce "Steer Crazy!" is even more unlikely. A friend in Colorado received a cow skull

Shopping to 14

Early deadlines

Because of the impending Christmas season, the *Bugle* has early deadlines for the January, 1985 issue. The ad deadline is December 6, while the want ad and news deadline is Dec. 10.

District 12 Community Council NEWS

December 1984

This space brought to Bugle readers by
District 12 Community Council.

Edited by Ann Copeland.

District 12 to prepare agenda items for 1985

A number of major issues will be before the District 12 Council during 1985. Preliminary proposals of Capital Improvement Budget projects for the 1986 and 1987 fiscal years will be considered at the February Council meeting. Residents with ideas for improvements they would like to see in the area should contact Council members.

In addition, the Council expects to deal with issues concerning the plans for the University of Minnesota Busway, Highway 280 renovation, the redesign of the Raymond/Hampden intersection, projects to celebrate the 1985-87 Centennial of St. Anthony Park and potential programs to meet needs of 19- to 34-year old residents of the area.

Ongoing programs such as the Block Nurse program, the Community Gardens, the neighborhood composting project and the boulevard tree replacement efforts will continue to receive attention.

The District Council subcommittees meet on the first Thursday of the month. The Physical Planning Committee which deals with land use and development issues meets at 5 p.m. The Human Services Committee meets at 7:30 p.m. Both meet at the District 12 Office unless prior notice is given in the *Bugle*.

The District 12 Council meets regularly on the second Wednesday evening of the month at 7 p.m. Meetings have recently been alternating between the community room of the St. Anthony Park Library and the weight room of the South St. Anthony Recreation Center. Exact locations are given in the *Bugle* Calendar each month. All meetings are open to the public and residents are urged to attend.

Council elections will be held in April. Residents who would be interested in running for a place on the Council should contact the District 12 Office.

Give a Gift to Your Older Neighbors is theme for Block Nurse fund drive

Give a Gift to Your Older Neighbors is the theme for a December fund drive by the St. Anthony Park Block Nurse program.

"Foundations and corporations want to know what *our* neighborhood has been willing to contribute toward this unique program," Jean Donaldson, chairperson of the Advisory Board, said. "We know we believe in it because many of us are working with it, but the funding community wants to see dollars as well as personal commitment."

The program has received unusual publicity for its size and length of service. The Midwest Alliance in Nursing recognized it, as well as the District 12 Council, Ramsey County Public Health Nursing, and the University of Minnesota School of Nursing, with an award for outstanding collaboration among agencies. Neighborhoods, USA awarded District 12 honorable mention in the 1984 Neighborhood of the Year contest for its part in the Block Nurse program.

Major articles have appeared in nursing journals, the St. Paul *Dispatch*, and the *Metro Monitor*. The program has been lauded on local as well as Japanese television. The TV segment in Japan sparked a visit by 16 members of the Japanese Nursing Association who were in the U.S. looking at potential models for home care in

their country.

"In spite of all this publicity and acclaim we sometimes feel we are living an almost hand-to-mouth existence," Donaldson said. "Because of the restrictions on reimbursements for home care we need donated funds to keep the program in operation." Currently 26 percent of the costs of the program are paid by the clients themselves on a sliding fee scale, 24 percent is reimbursed through state and federal government health payment programs, and the remaining costs are paid from grant funds.

Over the two years of its existence the program has received major grants from the H.B. Fuller Co., the Medtronic Foundation, the F.W. Bigelow Foundation and the St. Paul Foundation.

"The health payment community is just now beginning to look at the whole issue of long term care," according to JoAnne Rohricht, chairperson of volunteer efforts for the Block Nurse program. "Everyone has been afraid to touch the issue because there are so many unknowns. Insurance firms have little data on which to base potential charges. The government is rapidly backing out of major funding commitments."

"Almost anyone who hears about the program agrees it makes sense," Rohricht

continued. "The idea of using neighborhood nurses and resources to care for elderly residents is attractive. Anyone with elderly parents can appreciate the importance and the relief to families of support and help in the local community where their parents live."

Rohricht was also concerned that St. Anthony Park residents and the funding community know that the Block Nurse Program Board of Directors is working with both insurance companies and policy makers to find ways that this cost-effective model can fit into the system.

The Board has also prepared a set of criteria for groups wishing to have a block nurse program in their neighborhoods. To date programs are beginning in Portland, Oregon and Utah. Several District Council groups in St. Paul have inquired about having the program in their areas also.

"But in order to prove its effectiveness we have to keep it in operation," Donaldson said. "To do that we need money and we need to be able to say to funding sources our neighborhood believed in this enough to invest money. Our people have a lot of pride in St. Anthony Park and I think they will support this as another example of an innovative program in this community."

District 12 Centennial Planning Committee to start organizing two-year series of events

In 1885 the first steps were taken to turn the cow pastures, lake, and scenic hills of St. Anthony Park into the residential community we know today. The St. Anthony Park Co. incorporated in January, 1985 and in March the land was subdivided. In 1887 the city of St. Paul woke up to the potential of this area on its northwest corner and annexed it.

"This two-year sequence of events gives us a unique chance to look at where we've been and where we want to go," said David Liset, chair of the District 12

Centennial Planning Committee. "We can use the Centennial observance as the impetus for a celebration of our history and for planning and implementation of future projects."

The first meeting of the planning committee was held at the St. Anthony Park Library on November 26 to start putting together a two-year observance. Representatives of churches and organizations in the neighborhood were sent letters of invitation to meet and begin the planning process. The meetings will also be open

to anyone who would like to work on the series of events.

"We tried to think of all the groups in the Park when we sent the letters of invitation for the first meeting," Liset said. "But I always have a fear of leaving someone out. I hope any interested group or person that did not receive a letter will call the District 12 Office and get their name on the list for future meeting notices. It really should be a community-wide effort."

Avoid stress—have your home energy audited

As temperatures plunge, the stress factor on residents rises in direct proportion to the size of the heating bill. A number of residents in District 12 have managed to lower both their blood pressure and their heating costs after a visit from the Neighborhood Energy Auditor.

The auditor goes over the house from attic to basement to check out potential areas of heat loss. He also checks the fur-

nace and prepares a check list of actions that the resident, either owner or renter, can take to save energy costs. A record of energy use over the past year is provided by NSP with the payer's permission to help the auditor calculate energy use and potential savings.

Because of the thoroughness of the audit the process takes from 2 to 4 hours depending on the size of the house and

the complexity of the calculations involved. The resident is billed \$10 toward the audit cost on the NSP bill. District 12 residents desiring an audit should return the coupon below to the office at 2380 Hampden Ave., St. Paul, MN 55114.

Name _____
Address _____
Telephone—Home: _____
Work: _____
Furnace-Gas _____ Oil _____ Electric _____

The District 12 Community Council is a group of 21 citizens elected to serve the District 12 area of St. Paul, including residents of north and south St. Anthony Park, commerce and industry. It is one of 17 citizen participation councils in the city.

The council meets the second Wednesday of every month. All meetings are open to the public. Check for location.

Marsha Anderson, Robert Bacon, Michael Baker, Sara Brandon, James Christenson, Jane Dietl, James Dommel, Jean Donaldson, Hal Dragseth, Sherman Eagles, Quentin Elliott, Gertrude Gordanier, Bill Kidd, Don Martin, Charles McCann, Gail McClure, Kent Paulson, Akiva Pour-El, Judy Stenzel, Kathleen Young

District 12 Community Council Office
2380 Hampden, St. Paul, 55114

646-8884



Home blood pressure screening available

Home blood pressure screening is available to St. Anthony Park residents who have difficulty in leaving their homes. Nurses who are working with the Block Nurse program as volunteers have agreed to help with the screening between November 15 and March 15.

Please call Anne Kersey, R.N., at 646-8574 for an appointment or more information.

District 12 Council votes to support LRT

District 12 Council voted to support the idea of Light Rail Transit on University Avenue but reserved the right of final approval on details until a more comprehensive plan is prepared. The Council was concerned that stops on the proposed line be located for the maximum helpfulness to businesses and residents along the line.

Digest

Give my regards to Broadway

In its day, Murray High School wasn't regarded as a breeding ground for Broadway performers. But it may be now.

Laila Robins, a 1977 graduate of Murray, is currently starring opposite Jeremy Irons in *The Real Thing*. Directed by Mike Nichols, *The Real Thing* won three Tony Awards in 1984: Best Actor (Irons), Best Play (Tom Stoppard) and Best Director (Nichols).

Robins was active in music and theatre at Murray. After graduation she went on to earn her B.A. from the University of Wisconsin-Eau Claire in music and her Master of Fine Arts from Yale Drama School.

Robins is the daughter of Dr. Janis and Brigita Robins, who still live in St. Anthony Park.

New area hotel

Development at Energy Park just keeps marching on; next year construction will start on a 100-room hotel in Bandana Square West, which is also occupied by a SHARE Medical Clinic.

The Sunwood Inn will be a "no-frills" hotel in that it won't have food or beverage facilities, according to Bill McGivern of the St. Paul Port Authority. Since the hotel will be connected to Bandana Square East via skyway, he believes that visitors to Energy Park commercial and industrial firms will keep the hotel busy.

The developer is Dan Brutger's Brutger Companies, which owns and operates the Sunwood Inn in St. Cloud. As you recall, Brutger was called on by the state to help in the development of the Metrodome.

Holiday celebration

Most of the businesses in the Carter-Como area will be participating in a Holiday Open House Sunday, Dec. 2.

Refreshments will be served, and hours are 2-6 p.m. The open house coincides with Park Bank's annual open house.

N-Waste shipments

Even though the shipments haven't started yet, Northern States Power's plans to ship nuclear waste via the Burlington Northern Main Line is still under heat from officials in both Minnesota and Wisconsin.

On Nov. 16 the St. Paul City Council passed a resolution



Laila Robins (left, as Golde) and Sue Bulger (as Yenta) in the 1977 Murray High School production of *Fiddler on the Roof*. This photo is from the 1977 Murray yearbook, the *Pilot*.

urging Gov. Rudy Perpich to investigate the shipments and their necessity.

In addition, city officials are to determine whether area police, firefighters and hospitals are properly trained to deal with a potential spill of the nuclear waste.

A similar resolution is being considered by the Minneapolis City Council.

It appears, however, that the resolution won't be heeded, since Perpich has already indicated that he won't intervene in the shipments. His counterpart in Wisconsin, Anthony Earl, has asked the Nuclear Regulatory Commission to delay the shipments until a series of public hearings are held to determine the necessity of the shipments.

Thirty shipments are planned for the next five years. Spent fuel rods—which are still highly radioactive—will be shipped from NSP's Monticello plant to a storage facility in Morris, Ill. NSP says the shipments are necessary because Monticello's storage capacity will be full at the end of this decade.

It's likely that when the shipments do start there will be citizen protests. A shipping cask was sighted in Fridley, which led protesters to that site; in addition, there was another protest outside NSP's headquarters on the Nicollet Mall in Minneapolis.

Music in the Park

Music in the Park, the highly

regarded chamber music series held in the St. Anthony Park United Church of Christ, returns at 4 p.m. on Dec. 2, with a program featuring the Ensemble Capriccio, Paul Schoenfield and Marvin Dahlgren.

The two items on the program, "Three Country Fiddle Pieces" by Schoenfield and "Quartet in E" by Antonin Dvorak, should have something for everyone. "Fiddle Pieces" was written by Schoenfield in 1979 for amplified violin, piano and percussion. According to Roy Close, music reviewer for the St. Paul Pioneer Press, "Fiddle Pieces" is "one of the liveliest and most entertaining suites I've heard in some time . . . it demands virtuosic technique from both principal performers, but its ebullient spirit comes straight out of bluegrass, ragtime, blues and Latin rhythms."

Schoenfield began his musical studies at the age of six and was a student of Rudolf Serkin, Julius Chajes and Ozan Marsh. He made his New York recital debut at the age of eighteen; in describing his performance the *New York Times* called him "a man of exceptional talent." He has since concertized throughout the United States, Europe and South America and has been a regular participant at the summer Marlboro Music Festivals.

Assisting on "Fiddle pieces" will be Cheryl Minor Stewart, a member of Ensemble Capriccio and a violinist with the Minnesota Orchestra.

Performing with Schoenfield on "Quartet" will be the entire Ensemble Capriccio: Stewart on viola, Chouhei Min (associate concertmistress with the Minnesota Orchestra) on violin, and Mina Fisher (of the Minnesota Orchestra) on cello.

Season and single tickets are available at Micawber's Bookstore and The Bibelot Shop or at the door the day of the concert.

The series is sponsored by the St. Anthony Park Arts Forum with partial funding by the State Arts Board.

—Kevin Reichard



The Ensemble Capriccio, from left to right: Chouhei Min, violin; Cheryl Minor Stewart, viola/violin; and Mina Fisher, cello.

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IF YOU WOULD LIKE TO APPLY for a ParkBank 24hr. Banking card or if you are a customer who has received a 24hr. Banking card but have not picked up your PIN yet, please stop by the Drive-in Center. A Park Banker will be available to help you get acquainted with the convenience and safety of the 24hr. Banking machine.

Holiday Open House

Please join us on Sunday December 2 at the Main Bank building between the hours of two and six p.m. as we begin the holiday season. Refreshments will be served.

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Editorial / Commentary

Flynn and Fletcher's legacies

In addition to being the only woman on the St. Paul City council, newly elected Kiki Sonnen will have a more direct challenge on her hands—to fulfill the legacy established by Bob Fletcher and Thomas Flynn, her predecessors.

The voters of the Fourth Ward have come to expect the responsiveness and outspokenness that Fletcher established in his time on the council. And while Flynn shunned the politics of confrontation that made Fletcher a success, he went quietly about his work, immersing himself in such issues as liquor license reform and the University of Minnesota transitway. According to observers, Flynn did well; Councilman Vic Tedesco said recently that Flynn was one of the best he's ever seen.

So the voters of the Fourth Ward may be a little spoiled. Sonnen served as Fletcher's and Flynn's legislative aide, so she must also be credited when their successes are mentioned. And even though she just took office, Sonnen has started well by hiring as her legislative aide Molly O'Rourke, District 10 community organizer, showing her dedication to community groups.

While Sonnen finds her own "voice" on the Council, it's important that she not abandon projects started by Flynn. He was a behind-the-scenes participant in the busway struggle; it's a project with which she'll have to stay involved. The same goes for the NSP shipments of nuclear waste.

And there's one project that Sonnen should push hard for. Before he left office, Flynn was working on a comprehensive liquor licensing plan that would take into account the nature of the business—whether it be dance hall, restaurant or corner bar—when the license is issued. Obviously a corner bar and dance hall don't have the same needs, and this plan takes those differences into account. The plan makes sense, and it's one that should be championed by Sonnen.

Kevin Reichard
December, 1984

Help wanted

The *Bugle* is in need of a delivery person to distribute newspapers to area businesses. We need a dependable, reliable person who has a large vehicle and can work two days at the end of the month. The pay is \$75. For further information, call Kevin at 646-5369 or 647-0214.

Park
Bugle

2380 Hampden, St. Paul, MN 55114
646-5369

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Thanks for your support!

Readers continue their generous support of the *Bugle* with contributions to the annual development campaign.

All told, 176 individuals and businesses have contributed \$2,421 as of Nov. 19. The following contributions were made since the development campaign started:

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(Please print)

Please make your check payable to Park Press Inc. Send this card along with your check to: *Bugle*, Annual Campaign, 2380 Hampden Ave., St. Paul, MN 55114.

Letters

Thanks

On November 1 a dinner was held at Como Park High School to honor the varsity football team. As a parent and fan, I think I can speak for the other parents in saying these boys earned our praise and loyalty for their talent, effort and spirit. We also appreciate all those businesses in St. Anthony Park and Como areas who contributed food and door

prizes for our dinner.

Sandy Berglund

Impressive

We had 75 beautiful, enthusiastic and polite children with us on Halloween evening. It was a real pleasure to see them. We were especially impressed with their politeness. It was a real tribute to the fine homes they come from in our cherished

community.

Especially impressive were Andy McIntosh, Wendy Peterson, the Chien and Lovett children, Jim Rogen and many others impossible to recognize. Congratulations to St. Anthony Park youth.

Verna and Ralph Wayne

The Bugle encourages letters to the editor. If you have a point you'd like to make, or just

want to say thanks to someone, mail your letters to *The Bugle*, 2380 Hampden Ave., 55114.

Man at his best?

By Pam Field

Normally I don't buy men's magazines. Personal principle nearly stopped me but time ran out, and I needed to get a copy if I wanted to write about it in this column.

I'm talking about the November issue of *Esquire* (Man at His Best), which sells at newsstands for \$2.50.

This month's cover has an innocent woman with questioning blue eyes dressed in combat fatigues and unstrapped combat cap. Her left shoulder is tilted forward and her sleeve has small holes in it.

Next to her are written the words: THE SECRET LOVE OF A MAN'S LIFE... "It is a sexual turn-on that conceals inadequacies. It is a brutal deadly game but the best game there is. It is for men what childbirth is for women. It is like lifting the corner of the Universe and looking at what is underneath." "Why Men Love War," by Williams Broyles Jr.

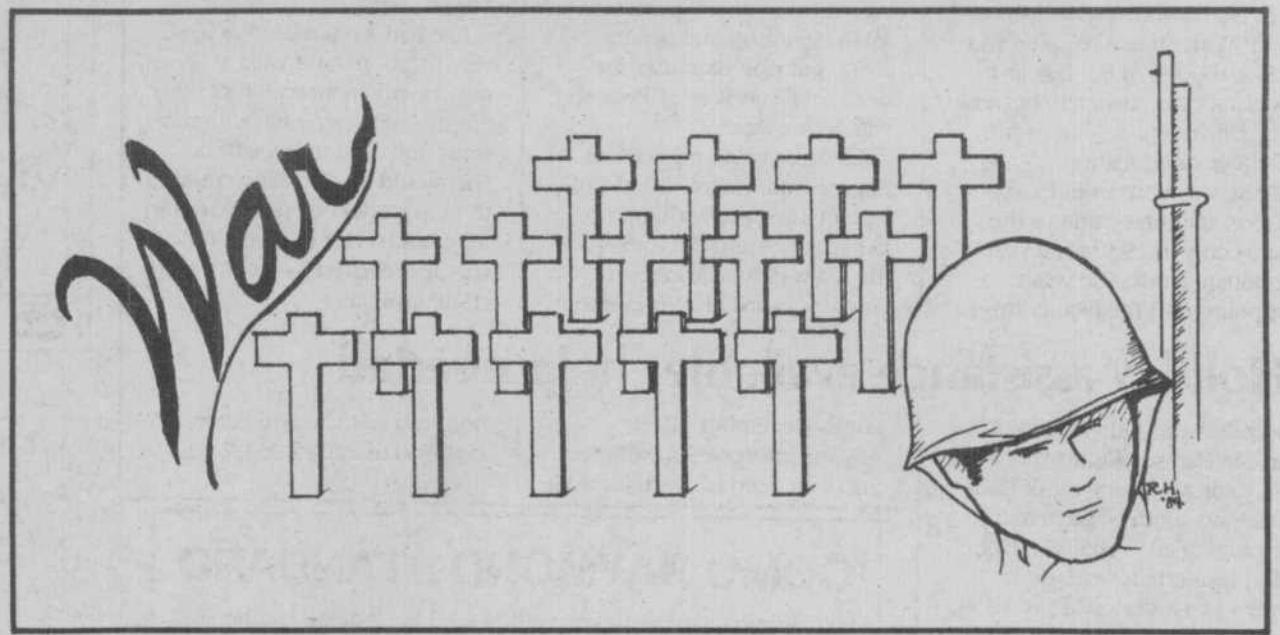
Now, I'm willing to consider all possibilities of explanations of why "men love war" but "it is for men what childbirth is for women"—wait a minute; maybe, I am missing something.

How can giving birth be compared to the brutality of war—to killing?

In six pages of what reads like euphoric recall, Broyles (who was a lieutenant in the Vietnam War) mourns his lost love.

"That's why when we returned from Vietnam we moped around, listless, not interested in anything or anyone. Something had gone out of our lives forever, and our behavior on returning was inexplicable except as the behavior of men who had lost a great—perhaps the greatest love of their lives, and had no way to tell anyone about it."

Certainly different from the countless stories of men who have told me they have been in counseling for years to forget Vietnam.



Illustrations by Ruth Harrison

Broyles goes on to simple logic—"War is the enduring condition of man, period. There is a reason for every war and a war for every reason."

Zzzz.

Then there is a comparison to sports.

"No sport I had ever played brought me to such deep awareness of my physical and emotional limits."

Tried running, sir?

Probably the hardest for me to swallow was depiction of war as an egalitarian tool.

"Despite its extreme right-wing image, war is the only utopian experience most of us ever have. It is, simply, brotherly love."

What frightens me about this story is its falling into hands of youth, who now need heroes more than ever.

"As anyone who has fired a bazooka or an M-60 machine gun knows, there is something to that power in your finger, the soft seductive touch of the trigger. It's like the magic sword, a grunt's Excalibur: all you do is move that finger so imperceptibly, just a wish flashing across your mind like a shadow, not even a full brain synapse and poof! in a blast of sound and energy and light a truck or a house or even people disappear, everything flying and settling back into dust."

I can say—"Maybe it's an aging warrior trying to compensate—or trying to make sense out of his life then—maybe now."

I can chalk it up to one person's version of a romance and chuckle.

I can throw in my recycling and be done with it. But, still, it bothers me.

Memories

By Art Helland

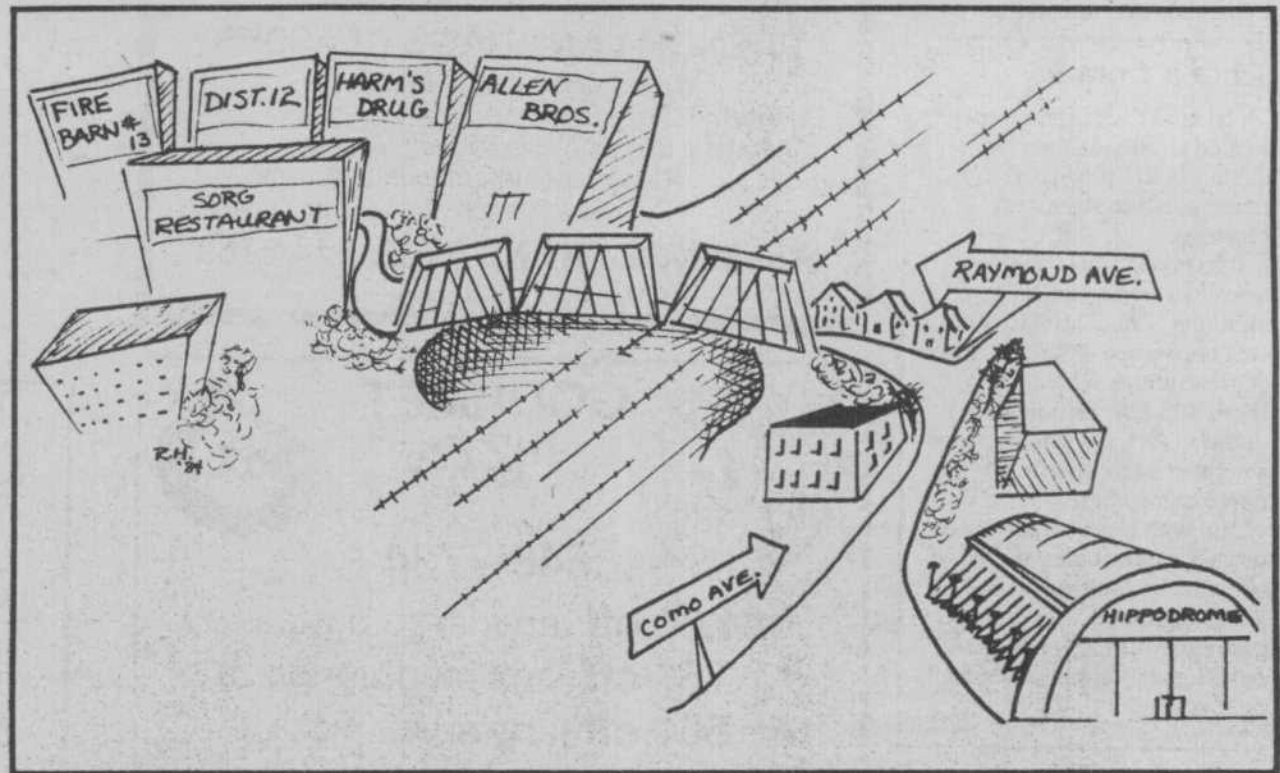
One cannot help but be imbued with a feeling of nostalgia when traveling through the neighborhood of one's youth. Lumps form in your throat when you realize that so many of the old familiar landmarks are no more.

On a recent pilgrimage through North and South St. Anthony Park, I revived the many memories of the events, people and places that made the Park such an interesting and viable place in which to live.

Driving north along Como Avenue, along the State Fair grounds, the Coliseum comes into view. It was here, when the site was the once-proud Hippodrome, where the internationally known Shipstead and Johnson ice shows were born. They evolved from the annual spring carnivals held there in the early twenties. It was here, too, that many of the well-known speed skaters from St. Anthony competed against the best in the country, among them Bobby McLain, Norval Baptie, Everett McGowan, Al Wareham, Walter Nordstrom, Johnny Lindgren and Sig Helland.

Then, proceeding to Raymond Avenue, one drives past Langford Park, remembering the Mechanic Arts High School football team. The team would disembark from the street cars at Raymond and University Avenues and jog all the way to Langford for their practice sessions.

Continuing south on Raymond over the Raymond Avenue bridge, one remembers the old Sorg restaurant which stood across from #13 fire barn and District 12 office. The District 12 office, incidentally, once housed the Nelson sisters' dry goods store in the late teens and part of the twenties. Harm's drug store, with the typical soda fountain in front, was



next door.

Adjacent to Harm's on the south, where the SAP Too Co-op now operates, was the Allen Brothers grocery store. Home deliveries were the norm during the teens and twenties. The store was a scene of hustle and bustle during the day, with several clerks scurrying about filling the wood folding boxes with orders taken over the phone. The Allen brothers closed shop in about 1957.

Then on to Baker School, on which construction began in 1884. One block west of the school there once was a solid block of single-family homes. They

were razed to make way for a park bordered by Territorial Road, Cromwell Avenue and Hunt Place. During World War I, pupils at the school spent an hour each day tending the Victory Garden in the park.

Across from the park at the corner of Cromwell Avenue and Territorial Road was the Congregational Church served by the Rev. Payne. He introduced many children to church Christmas pageants in that building. Nearby, at St. Cecilia's Catholic Church, Father Doyle was the spiritual leader. That church, too, was always open to kids in the neighborhood. Both clergymen served the youth of the area exceptionally well.

This month's contributors

Ann Bulger is a St. Anthony Park resident who is a frequent contributor to the *Bugle*.

John Coffey, a junior from Macalester College, is the *Bugle's* intern.

Pam Field is a Minneapolis free-lance writer who is a regular *Bugle* writer.

Ruth Harrison is a regular *Bugle* illustrator.

Art Helland grew up in South St. Anthony Park

on Territorial Road. He is an amateur historian and a frequent *Bugle* contributor.

Linda Johnson is a Minneapolis free-lance writer.

Terry Johnson-McCafferty lives in St. Anthony Park and is a regular *Bugle* photographer.

Mary Mergenthal is the *Bugle* managing editor.

Chris Scholl lives in south St. Anthony Park and edits the St. Cecilia's newsletter.

Kathy Walters is a St. Paul free-lance writer.

Bugle dates

Dec. 3 Park Press Board of Directors, lower level of Healy Building, 7 p.m.

Dec. 6 Display advertising deadline.

Dec. 10 Want ad and news deadline.

Dec. 26 January, 1985 *Bugle* printed.

Former educator Edwards, 83, dies

By Ann Bulger

Marcia Edwards, who lived at 2349 Valentine Ave., died Oct. 28 at the age of 83. Edwards was a former associate dean of the University of Minnesota College of Education.

She was born in El Paso, Texas, and first came to the university in 1930 for a year of graduate study. She was appointed to the faculty three

years later as an instructor. She became assistant dean of education in 1938, full professor in 1946, and associate dean in 1952. For one year after the death of Dean Wesley Peik, she was acting dean.

Edwards received her first degree from Puget Sound College in Tacoma, Washington, her master's and doctor's from the University of Minnesota. She was awarded an honorary

doctor of science in education by Puget Sound College in 1953.

She had a reputation as a very bright person with a remarkable memory. Students often sought her advice on personal and academic matters. She would do what she could to help students, often working long hours. Her personal touch was appreciated by faculty and students alike.

Holiday assistance available; help needed

Families and individuals who live in Ramsey County north of St. Clair Avenue, west of Hamline and south of Larpenteur, including all of Falcon Heights and Lauderdale, and are in need of assistance in providing a better holiday for their families, can register now through December 14 for holiday assistance at the Merriam Park Community Center, 2000 St. Anthony Avenue. Food, toys and small gifts donated by local residents and businesses are available through this program.

Registration is open weekdays in person only, from 1-4 p.m., and on Tuesday, Nov. 27 from 9 a.m. to 5 p.m. and 6:30-9 p.m.

Donations of unperishable food, new or like-new toys, small gifts and cash donations are being accepted now thru December 14 for the holiday assistance program. All donations/contributions are tax deductible. In addition, volunteers are needed to assist in the preparation and distribution of

Schools from 1

applying to the magnet if they wished to attend. These students would be assigned to a different home school of residence.

Effects on local schools are unknown as yet. If the former McKinley School attendance area is assigned differently than at present, that would mean about 100 fewer students at St. Anthony Park Elementary, since a number of those students are now assigned here.

And with a larger number of magnet elementaries, there is a question on followup at the junior high level. Enrollment policy for Murray Magnet Junior High has not been set for next year.

goods December 12-21.

Anyone interested in volunteering or in need of more informa-

tion, can call Cheryle Peters or Lisa Buchal at 645-0349.

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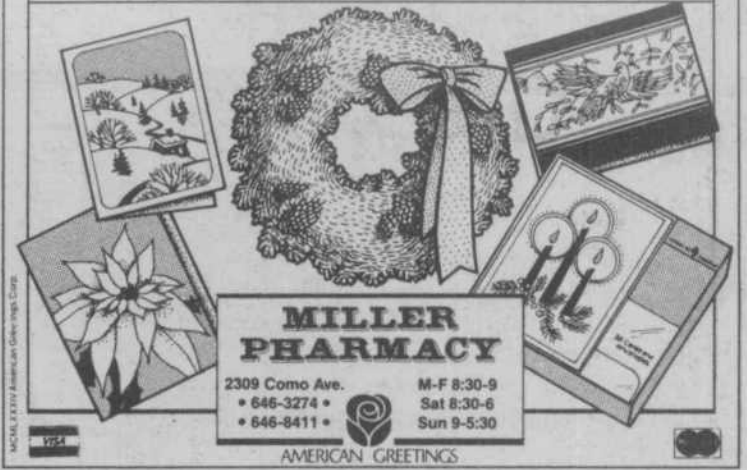
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Challenges and help for the aging

By Chris Scholl

(This is the third in a series about aging in the area.)

Birthday celebrations require some reaction to the passing of each year. For the elderly, the birthday is more than acknowledgement of adding 365 more days and nights to a lifetime. The past year may have been one of change, grief, illness, financial or retirement adjustment. People reaching old age are faced with more changes than at any previous time in their lives. Unfortunately, just when such situations develop, one's resources and support systems for coping with them decrease.

One emotional event is retirement and the new set of circumstances it creates. No longer being a member of the work force results in reduced income, limited (if any) association with job peers, absence of structured work and role of employee, increased leisure time, and change of daily schedule and travel to and from

work. Retirement requires coping with the loss of employment which might have been personally gratifying and a basis of self-worth and self-esteem. Whether withdrawal from the work force is voluntary or mandatory influences these feelings.

The wife who must adjust to a husband who is retired also needs to cope with his retirement for herself. Some men redirect their energy to what has been the wife's territory and responsibility, others learn to share household tasks with their partner, and still others feel lost just "hanging around the house." Retirement is definitely an emotion-laden period in the older adult's life. While some anticipate a life of leisure, a reward for many years of hard work, others see it as an end to a period of productivity and usefulness. Attitude plays an important role in retirement adjustment.

Loss of spouse is another stressful adjustment faced by many in old age. When grieving

a loved one, an enormous amount of physical and emotional energy is expended. Some are left with feelings of fear, anxiety and depression. It is not uncommon for these feelings to manifest themselves through physical ailments for personality changes. Just when a bereaved spouse most needs companionship and support, friends and associates often avoid him rather than feel awkward in knowing how to lend comfort or how to include and accept a single person into a couple-oriented society.

One component of the St. Anthony Park Block Nurse Program is the use of peer counselors. After 30 hours of training in listening skills and age-related concerns, these volunteer visitors avail themselves to their peer elders through referrals made by a block nurse. The volunteers provide emotional support and encouragement, especially to those who are lonely or without family or friends. Some possible issues addressed are retirement, living alone, or adjustment to housing situations. The idea has been successful as older persons often receive one of their cohorts more favorably than they would a younger person. Having shared many of the same experiences and losses common to aging helps develop an understanding and trusting relationship. (Questions regarding the Peer Counseling Program should be directed to JoAnne Rohricht, 645-6043.)

Aging to 16



WINTER SKATING SCHEDULE

State Fair Coliseum

LONG BLADES

9:30-11:30 a.m., Fridays through March 8, 1985
Admission: \$1.50

OPEN SKATING

3:30-5:30 p.m., Saturdays and Sundays
December 1, 1984-March 3, 1985
Admission: Adults-\$1.75
Students (13-18)-\$1.00
Children (12 and under)-50¢

SKATE-JOG NOON SPECIAL

Skate on the Coliseum's ice rink or jog in the 1/5 mile heated concourse.
11:30 a.m.-1:00 p.m., Monday-Friday through March 8, 1985

(Shower facilities available for men and women)
Admission: \$1.00

Above schedule subject to change.

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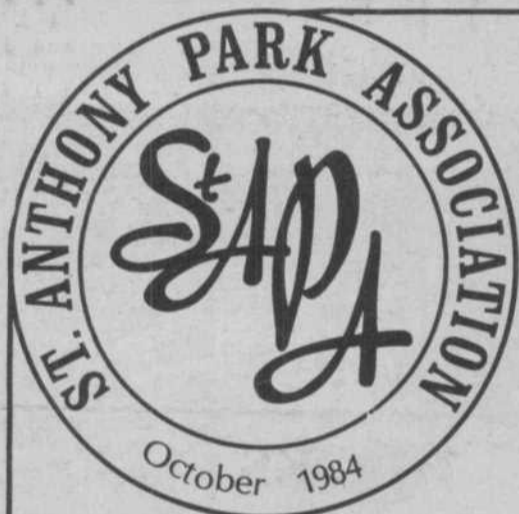
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Annual Holiday Program

This year, as in years past, the St. Anthony Park Association is pleased to present our annual holiday program. We are able to offer these programs through the cooperation of the Arts Forum. This year's presentation is special in that the three performers are talented students who live in the Park:

Brian Krinke—violinist
Accompanied by his mother, Jean Krinke
Kate Bulger—soprano
Accompanied by Nancy Thompson
Tory Herman—pianist

Holiday dinner

Come celebrate the holidays with friends and neighbors at the annual St. Anthony Park Association Holiday Dinner, followed by the program.

This year's holiday dinner is organized by Steve Wellington. Kiki Gore will again offer her valuable expertise in supervising the kitchen.

SAPA Holiday Dinner

Cranberry Juice	Spanokopita (Spinach-Cheese Pie)	Green Salad
Freshly Baked Bread	Greek Chicken Oregano	Rolo (Dessert)

The dinner will be served at 5:45 p.m. on Tuesday, Dec. 11, at the United Church of Christ, Commonwealth and Chelmsford. Dinners are \$5.00 for members.

Reservations

Reservations are limited to a maximum seating capacity. Everyone planning to attend must have a reservation. First priority will be given to member families. Members will be called as usual. Uncalled members can contact Bob Beck at 644-2816 by Thursday, Dec. 6. Nonmembers can make reservations on Thursday, Dec. 6 by calling

Beck at 644-2816. Cancellations can be made by calling Beck before 6 p.m. on Sunday, Dec. 9.

Board Meeting

The December board meeting will be held Tuesday, Dec. 4, in the St. Anthony Park Bank Board Room in the lower level of the Healy Building at 7:30 p.m.

Free Dinner!

Take advantage of a free monthly dinner as only one of the many benefits available when you fill out and send in the coupon below.

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Como Station, St. Paul 55108

Editor: Catherine Furry, 647-1869

Recreation Center News

Holiday Program. A holiday program will be held at the Langford Rec. Center on Tuesday, Dec. 11, at 7 p.m. All children are invited to meet Santa Claus, who will be there with treats. This program is free.

Jr. Royalty Party. A party for all candidates with announcements of this year's Jr. Royalty will be held on Thursday, Dec. 6. Meet at the Langford Rec. Center at 6:30 p.m.

Skating Hours. During Christmas vacation, hours for both South St. Anthony and Langford Rec. Centers are as follows:

10 a.m. - 12 noon*
1 p.m. - 4 p.m.
6 p.m. - 9 p.m.

*Langford only

Exceptions to the above are:

1. No evening hours on Dec. 24 and 31
2. Centers are closed on Dec. 25 and Jan. 1

St. Anthony Park Association Officers 1984-85:
 President: Tom Frost; 1st Vice-President, Nancy Haley; 2nd Vice-President, Margot Monson; Secretary, Jan Nicodemus; Treasurer, Dale Tennison; Directors: Mary Warpeha, Tim Wulling, Verna Mikesh. Committee Chairpersons: Athletic, Stu Peterson; Arrangements, Bob Beck; Commercial, Mary Wagener; Community Information, Catherine Furry; Education, Gail Dennis; Historical, Carlton Qualey; July 4th, Charlie Townsend; Membership, Andy Kline; Program, Nancy Brennan; Public Affairs, Dave Allen.

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Neighbors

Georgette Pfannkuch, St. Anthony Park, will be hosting a special Christmas radio show from 9-11 a.m. on Fresh Air Radio, KFAI-FM (90.3). She will be playing seasonal and children's songs from France and Canada.

In addition, she will be continuing her regular program on KFAI, "Bonjour Minnesota," every other Tuesday morning.

Three area students attending Breck School have been honored in the 1985 National Merit Scholarship Program.

Karen Caperton and **Hannah Elsing** are semi-finalists for a National Merit Scholarship, while **Millie Griffin** received a letter of commendation in honor of outstanding promise for future academic success.

Scholarships will be awarded next spring.

Harry J. Peterson of St. Anthony Park was presented with the Cooperative Foundation Ellerbe Merit Award.

A native of Hector, Minn., Peterson graduated from the University of Minnesota in 1934 holding executive positions with the Minnesota Association of Future Farmers of America, he organized the Minnesota Association of Cooperatives and served as its executive secretary until 1956.

Peterson also organized the Cooperative Advertising Coun-

cil, served on the board of directors of the Cooperative League, was a delegate to the Triennial Conclave of the International Cooperative Alliance, was appointed by President Harry Truman to serve on the Missouri Valley Survey Commission and was appointed by Gov. Orville Freeman to serve on his advisory committee for business development.

The Cooperative Foundation was started in 1945 with seed money contributed by **Thomas Ellerbe**, an architect who formerly lived in St. Anthony Park. The Ellerbe Merit Award was instituted in 1975. Peterson is the first Minnesotan to receive the award.

Winston-Seabury Press of Minneapolis has issued *Free to Teach* by **Joe Nathan** in paperback.

Nathan was assistant principal at Murray Magnet School from 1977-81.

Free to Teach has garnered favorable reviews by publications from *The Christian Science Monitor* to *The Pro-*

gressive. His book has been revised and updated for paperback.

In addition, Nathan was named by Dr. Ruth Randall, Minnesota commissioner of education, to serve on the Programs of Excellence Advisory Committee.

Beginning with the 1985-86 school year, up to 100 students with special abilities or career goals that can better be served in other schools will be selected to spend the year at schools with designated "programs of excellence." Both home and host schools will receive state aid for the students and host schools will be honored with incentive grants to use as they wish.

Dr. Timothy Bertsch has purchased the St. Anthony Park Chiropractic Office.

A native of St. Paul, Bertsch graduated from Simley High School in Inver Grove Heights. He attended the College of St. Thomas for his pre-chiropractic training and is a graduate of Northwestern College of Chiropractic in Bloomington.

In its annual piano concerto competition, the St. Paul Piano Teachers Association chose **Guy Molina** of St. Anthony Park as the overall winner Nov. 17. As winner, Molina will be performing a Mozart concerto with the 3M Orchestra in the spring.

Brian Krinke was a double winner in the Music Teachers National Association competition Nov. 17: he was the winner in the junior strings division and the runner-up in the piano division.

Krinke will represent Minnesota in January at the regional competition to be held in Sioux Falls, S.D.

St. Anthony resident **Lowell Weber** ended his 22-year career at Hamline University by accepting a fund-raising job at the University of Minnesota's Medical Foundation. Weber was associate director of

development for planned giving at Hamline. He had also served Hamline as alumni director, assistant to the president, and as an admissions counselor.

The St. Anthony Park Merchants and Professional Association has chosen its officers for the coming year. Nominated were:

President, **Judith Dahlin** of Dahlin's; treasurer, **Marv Chappel** of Park Bank; and secretary, **Steve Townley** of Knudsen Realty.

If you have news items you'd like us to consider for "Neighbors," please call the Bugle office (646-5369) or jot down the information and send it to the Bugle, 2380 Hampden, 55114. Bugle deadlines are available by calling the office.



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Program includes **Duo for Violin and Cello** by Martinu, **Three Country Fiddle Pieces** by Schoenfield, **Quartet in E flat** by Antonin Dvorak.

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"Ordinary" businessman Lynn Bauman retires quietly

By Kevin Reichard

One of the most ordinary—in his own opinion, anyway—businessmen in St. Anthony Park is retiring after 48 years in the business.

Lynn Bauman, who used "ordinary" to describe both his career as a State Farm insurance agent and his retirement plans, is closing up shop. And with him will go a business that employs two daughters and a son.

Bauman settled in the Park after graduating from the University of Minnesota with his business degree. From the start he utilized his family in the business.

"I worked out of my house (on Carter Avenue) until 1950, when I moved into my present building on Como Avenue," he said. "My wife worked with me as secretary."

And his four children—Betty Jordahl, Wendy Hanson, Julie Stahl and Gary Bauman—helped in the office through high school and college. As a matter of fact, Gary still works full-time, while Betty and Wendy work half-days.

"We'd help during the summer through high school and college to make some extra money," said Jordahl. "I think it brought the family together."

"It was just a home-spun, quiet kind of thing."

His seniority in the Park makes him an authority on changes in the area. And for a man who has sold insurance his entire life, it isn't too surprising that his observations pertain to buildings and autos.

"Changes are so gradual, so it's hard to think of how things were like—I started in the streetcar days, you know," he said. "I can say that a lot of buildings have been replaced along Como Avenue."

"I think the most drastic change is the absence of filling stations along Como Avenue," he added. "There used to be a lot of them, almost one at every corner, and there used to be a lot of garages, too."

"The auto industry has gone downhill in the Park," he concluded with a smile.

His career also exposed him

to "characters" who lived in the area.

For instance, Bauman once insured a doctor who lived in the University Quonset Huts. This doctor had the reputation of being a good, upstanding citizen. And that's what everyone thought until his death.

"It turns out he was a medical doctor, but he had a drug ring going," Bauman said. "He was such a nice fellow you couldn't imagine him involved in that sort of thing."

As mentioned, Bauman expects to lead an "ordinary" retirement. After catching up on a few household projects, he expects to do some traveling.

"There's nothing flashy about our family," daughter Betty said. They are, as her father put it, very ordinary.



Photo by Terry Johnson-Caffrey
A retiring Lynn Bauman.

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Photo by Terry Johnson-Caffrey

Maxine and Ricardo Narvaez and their Mexican cat.

Narvaez Spanish influence in Park

By Linda Johnson

In October, Dr. Ricardo A. Narvaez of St. Anthony Park became the first foreign language professor at the University of Minnesota to receive the Emma Birkmaier award for achievements in his field. Emma Birkmaier, professor emerita of foreign languages education at the University of Minnesota, was present at a meeting of the Minnesota Council of Teachers of Foreign Languages to award Narvaez with a large Minnesota-shaped plaque. A few days later WCCO-AM Radio featured him on "Today's Good Neighbor." These two awards are merely the most recent entries in a long list of achievements.

A specialist in Spanish linguistics and culture, Narvaez's accomplishments extend well beyond the academic realm. Not only has he published a

formidable number of books and articles and taught at a wide variety of universities all over the world, he has also dubbed Spanish films, done "voice-overs" for commercials in different Spanish dialects, and escorted a university dean around South America.

Narvaez's international experience and interest in linguistics began in childhood. His father was a prominent newspaperman who wrote for thirty papers in the Spanish-speaking world and used these papers to publicize his pill and salve business.

"He wrote articles for newspapers, and they paid him in ads," Narvaez said. Consequently, although he was born in Puerto Rico, his American

experience dates early in his life. His father stressed the importance of being fluent in two languages, and so, after a vacation in New York City, the family "got the idea to meet in Texas." Ricardo then spent a year in Galveston and in San Antonio, Texas before he went away to a Lutheran boarding school in Austin, Texas at 13. Already, in San Antonio, Ricardo's father told his son "You're smarter than the mayor of San Antonio" because the mayor only knew one language.

At high school in Texas, he got exposure to more languages—Latin, Greek and German. After adding Hebrew in Concordia Seminary in St.

Narvaez to 11

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Dec. 23 Reconciliation Services 4 p.m. at the church, 7 p.m. at the school.

Dec. 24 at the church: Children's Mass 5 p.m., Midnight Mass.

Dec. 25 regular Sunday schedule.

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Christmas Eve Eucharist 11 p.m.

Christmas Day Service of Carols 10 a.m.

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Dec. 16, 6 p.m. Sunday School Christmas Service.

Christmas Eve Services 4:30 p.m. and 10:30 p.m.

Christmas Day Service 10 a.m.

ST. A.P. UNITED CHURCH OF CHRIST

Worship and Church School 10:00 a.m.

Christmas Eve Worship 11 p.m.

ST. A.P. UNITED METHODIST CHURCH

9:30 Church School, 10:45 Worship.

Dec. 2, 4-7:30 p.m. Hanging of the Greens.

Dec. 16, 10:45 a.m. Cantata

Dec. 24, 4:30 p.m. Christmas Eve Candlelight Service.

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Mass: Saturday, 5 p.m. and Sunday, 10:00 a.m. Nursery provided Sunday, Cromwell and Bayless Place.

Sunday Mass 8:30 a.m. at Seal Hi-Rise, 825 Seal St., handicapped accessibility. Everyone welcome.

Dec. 11, 7 p.m. Penance Service.

Dec. 24, 7:30 p.m. Christmas Carols, 8 p.m. Mass.

Dec. 25 regular Sunday schedule.

ST. MATTHEW'S EPISCOPAL

Sunday schedule: 8:00 a.m. Holy Eucharist, Rite I on 1st, 3rd and 5th Sundays; Morning Prayer, Rite I on 2nd and 4th Sundays. 9 a.m. Breakfast. Children's Learning Program at 9:45 a.m. for Nursery-8th grade. 10:00 a.m. Holy Eucharist, Rite II.

Dec. 9 Rt. Rev. Robt. M. Anderson, Bishop of Minnesota, present at 10 a.m. service for Confirmation.

Dec. 16 4:30 p.m. Advent Service of Lessons and Carols.

Christmas Eve: 4:30 p.m. Children's Family Service, 9:30 Carols, 10 p.m. Eucharist.

Christmas Day 10 a.m. Eucharist in the chapel.

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Narvaez from 10

Louis, Missouri, Narvaez got his B.S. from Concordia Teacher's College, Nebraska. Narvaez got a teaching assistantship at the University of Minnesota even without a Spanish major. Later, he wrote his doctoral dissertation in Spanish linguistics.

After five years of teaching English as a Second Language at the University of Puerto Rico, Narvaez took a leave of absence to take preliminary examinations at the University of Minnesota. Upon receiving his doctorate, he was "invited here to be the first linguist in what was then the Department of Romance Languages."

"So," Narvaez smiled, "I resigned my job at the University of Puerto Rico to come here." From then on his career as a Spanish linguist has spanned nations and continents. In 1958 the Fulbright program invited him to teach in Nicaragua, but, perhaps remembering a teaching stint in hot San Antonio, Narvaez said Nicaragua was "too hot" and turned down the offer. The next year the Fulbright program offered him a position at Guadalajara, Mexico which is 5000 feet above sea level and he took them up on their offer. In years to follow, Narvaez taught in Colombia and Spain as well.

Narvaez has never had trouble melding into the cultures he has visited. Not only has his

knowledge of Spanish and dialectology stood him in good stead but the Narvaez name itself is well-known in different parts of the Spanish-speaking world. Narvaez said that it is especially easy to get accepted as a Colombian because there are prominent Narvaez families in Colombia. Also, in 1860 in Spain there was a prime minister by the name of Narvaez. This prime minister is perhaps best known because of the following anecdote related by Narvaez: "When the prime minister was dying, the priest asked him if he had forgiven his enemies. The prime minister answered 'no.' 'Why?' asked the priest. 'I don't have any enemies,' answered the prime minister, 'I had them all put to death.'"

Most of Narvaez's four children have followed in his footsteps. The oldest, Leon, has his Ph.D. in Spanish literature from the University of Minnesota and teaches at St. Olaf college in Northfield. Eric earned his M.A. in foreign language education and has taught Spanish at Lakewood Community College and at the College of St. Catherine. Currently he is president of a company that designs and manufactures foreign language games for use in high schools and junior colleges. "The Spanish games sell the most," said Narvaez. Darcia, his oldest daughter graduated from Luther Northwestern Seminary last spring with an M.A. in theology and now teaches Spanish there. Nona has taken some Spanish but is majoring in anthropology and women's studies at the University of Minnesota.

and Christmas present craft program on Wednesday, Dec. 12 at 4 p.m. will be for children six-years-old and up. Please preregister at 292-6635. There will be a Christmas vacation program of stories, puppets, and films also for children six-years-old and up on Friday, Dec. 28, at 4 p.m. No preregistration for this is necessary.

Scout wreaths

Cub Scout Pack 22 will take Christmas wreath orders until Dec. 12. Wreaths will be delivered by Dec. 15. The cost is \$7.50 for the small size, \$14 for the large size.

Call 644-3639 to place your order.

Teddy Bears

Commonwealth Healthcare Center in St. Anthony Park, 2237 Commonwealth Avenue, is holding its Fourth Annual Holiday Bazaar entitled "Teddy Bear's Holiday" on Saturday, Dec. 8, between 1 p.m. and 5 p.m. This event is sponsored by the home's Resident Council. Community members, families and friends are encouraged and welcomed. The craft booths, Grandma's Attic, Pantry Kitchen, and refreshments will be displayed in the Therapy Level of the home.

Amber

The Romans used it for trading. You were fascinated by it in biology class. It's a yellow-colored fossil used for jewelry. It's amber and it will be on display Nov. 30, 10 a.m.-7 p.m., in the Center Court area of Bandana Square. Michael Jaruch and Edzio Rajtar, specialists in Polish and East European imports and owners of the shop Europa Unltd., will host "Amber—The Gold of the Sea," a trunk show and sale of amber jewelry.

Bandana holidays

Music will echo around glittering Christmas trees, poinsettias and garlands when the 35-member Land of Lakes Choir-boys perform at Bandana Square on Dec. 1. Since 1976, the 8- to 15-year-old boys have displayed their talents throughout the United States, Canada and Europe. They have performed on radio and television and have recorded three albums. The choir will sing for shoppers at 1 p.m. At 2:30 p.m., the Greater Friendship Missionary Baptist Church choir will perform in the Center Court.

On Dec. 2, Richard Ooms, an actor who plays Scrooge at the Guthrie Theater, will read Christmas poems at 1 p.m. At 2 p.m., the Metropolitan Boys

Briefly to 12

Speaking Briefly

Let's Dance

Contra and square dancing is on the card Dec. 15 at 8 p.m. at the Oddfellows Hall (2380 Hampden) with The Run of the Mill City Dance Band, complete with live calling.

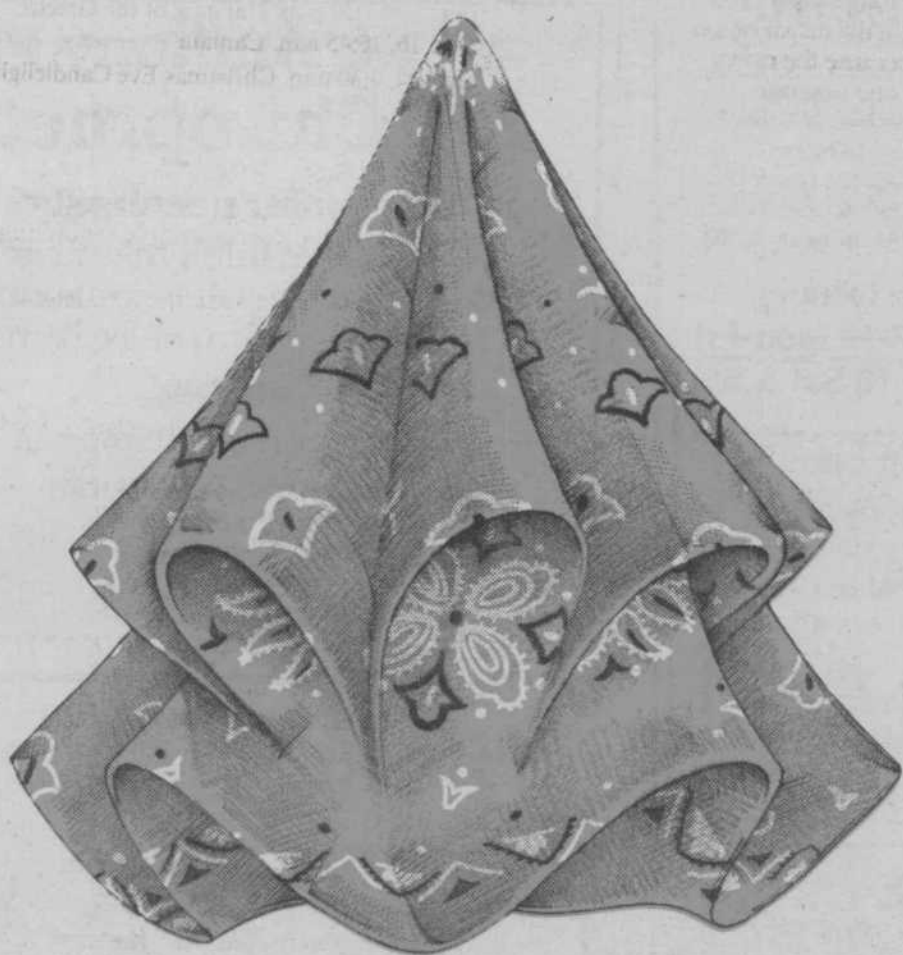
Admission is \$3.50. For more information call 690-4831.

Bake sale

Girl Scout Troop 502 will host a bake sale from 9 a.m.-1 p.m. at Park Hardware Hank, 2290 Como Ave., on Dec. 1. Proceeds will be used for troop activities.

Library programs

December will bring some holiday programs for children at the St. Anthony Park Library, 2245 Como Avenue. Trims for the Tree craft program on Wednesday, Dec. 5 at 4 p.m.



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Speaking Briefly

Briefly from 11

Choir will present a half-hour program similar to that which they perform at Orchestra Hall, Minneapolis, during the holidays. The Scherzo Trio will perform from 2:30-4:30 p.m.

Children can visit and have pictures taken with Santa Claus from noon to 5 p.m. both days. Carolers and carriage rides are also on the agenda.

Field trip

Spend a day enjoying Christmas as it used to be. Join the Ramsey County Historical Society's "On the Trail of History" tour to three historic homes decorated for the holidays, with a stop for lunch in Bandana Square.

The trip is set for Saturday, Dec. 8, and includes a visit to Gibbs Farm Museum for a look at Christmas in the country and the Alexander Ramsey House for Christmas in the city during the Victorian age. The tour will then continue to the American Swedish Institute for a Scandinavian Christmas as celebrated in this 1903 mansion.

There will be time to browse in the unique gift shops at these historic sites as well as at Bandana Square after the luncheon at Polly's. The tour leaves Saturday morning from the Public Library in downtown Minneapolis and from Landmark Center in downtown St. Paul at 9 p.m. returning at 4 p.m.

The cost for the escorted Christmas House Tour is \$24 (\$27 for non-members of the Society) and includes travel by luxury motorcoach, lunch,

Mergenthal named assistant editor

Mary Mergenthal of St. Anthony Park has been named assistant editor of the *Park Bugle*.

A graduate of St. Olaf, Mergenthal is a free-lance writer and editor of the local supplement to the *Lutheran Standard*. Her interests include music (she directs three local choirs and volunteers at St. Anthony Park Elementary), 4-H and Welsh language studies.

In addition, there are five new board members of Park Press, Inc., publishers of the *Bugle*.

Ian Maitland of North St. Anthony teaches at the University of Minnesota's School of Management. Educated at Oxford in England and Columbia University, his academic specialty is business, government and society.

Marilyn Becerra of North St. Anthony works for the Minneapolis *Star and Tribune*.

Jane Lindberg, a resident of Lauderdale, previously served on the Lauderdale City Council and edited the Lauderdale city newsletter.

Robin Lindquist of North St. Anthony works for Park Bank.

Joanne Martin of South St. Anthony is involved with the St. Anthony Park Gymnastics Club and is a graduate of the University of Minnesota.

guides and admission fees. Tour payment is due by December 4. To reserve space call or write the Tour Director, Ramsey County Historical Society, 323 Landmark Center, 75 West Fifth St., St. Paul 55102. Phone: 222-0701.

All aboard!

Stuff the turkey, hang the mistletoe, trim the tree, and visit the Twin City Model Railroad Club this holiday season. The Twin City Model Railroad Club will entertain the public at its new and permanent home at Bandana Square this year.

A state-of-the-art model railroad is beginning to take shape at the Club's new headquarters on the second floor of Bandana Square. The model will require three to four years of work before completion. The Model Railroad Club will display the progress made after one year's work, when the doors of its new home are open this holiday season.

The Club will hold its traditional train shows for ten days in December.

The dates of the December train show are Friday, December 14 through Sunday, December 23. The Club will be open weeknights from 6:30-10 p.m. The Saturday and Sunday hours will be noon-5 p.m.

Visitors will be asked to donate 50¢ per person or \$1 per family. The Twin City Model Railroad Club is a non-profit organization. Proceeds go to defray costs of model materials.

Late fees

For those who weren't aware or have forgotten, the St. Anthony Park Branch Library wants to inform people again of the St. Paul Public Library systemwide policy of returning overdue books. If they are overdue and left in the outdoor bookdrop or at the return desk inside the library without your name and address there will be

a \$2.00 fee added on to the overdue charge. Please save yourself some money.

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Photo by Terry Johnson-Caffrey
Ron Eggert.

Doctor, mayor... merchant, chief?

By John Coffey

Ronald Eggert, besides being a doctor, is also mayor of Falcon Heights. He thanks his tree for that.

Eggert, an internist and rheumatologist in the Lowry Medical Arts Building, spends his Tuesdays not on the golf course but in the Falcon Heights village office, where he has served as mayor since last November. He might not be doing so if not for the tree he tried to plant in his front yard.

In 1978, he said, he planted a linden tree in front of his home, only to find from city officials that he could not, because the city's utility company had the rights to his yard. His problems with the "illegal tree" caused him to look into city council affairs, attending meetings regularly. He ran successfully for city council in

1979, where he served for four years until running for mayor. He won the race when his opponent dropped out.

Eggert, 43, is a Connecticut native who studied medicine at Dartmouth College and Cornell University. He thought of living in the Twin Cities only after doing postgraduate work at the Mayo clinic in Rochester, studying there from 1967 - 1971. "Originally my intent was to go back East," he said, "but my wife and I liked the Twin Cities." He and his wife have three children.

As mayor, Eggert stresses involvement from members of the community. "Being a part of the community should be more than keeping up the house and mowing the lawn," he said. One of his chief complaints as councilman was that local government did not give citizens a voice in government

decisions, especially development projects. "When the city undertakes a project it should enlist the cooperation of those involved," he said.

Eggert feels it is necessary to keep busy outside the doctor's office, as do his three colleagues at the Lowry Building. "The philosophy in the office is that it's important to do something non-medical (in free time)," he said. Each doctor takes one day off per week, and the others pick up the slack. Eggert regrets not being able to spend more time with his family and says he often finds his nights occupied with town meetings. Still, he said, he enjoys "seeing things happen" as mayor.


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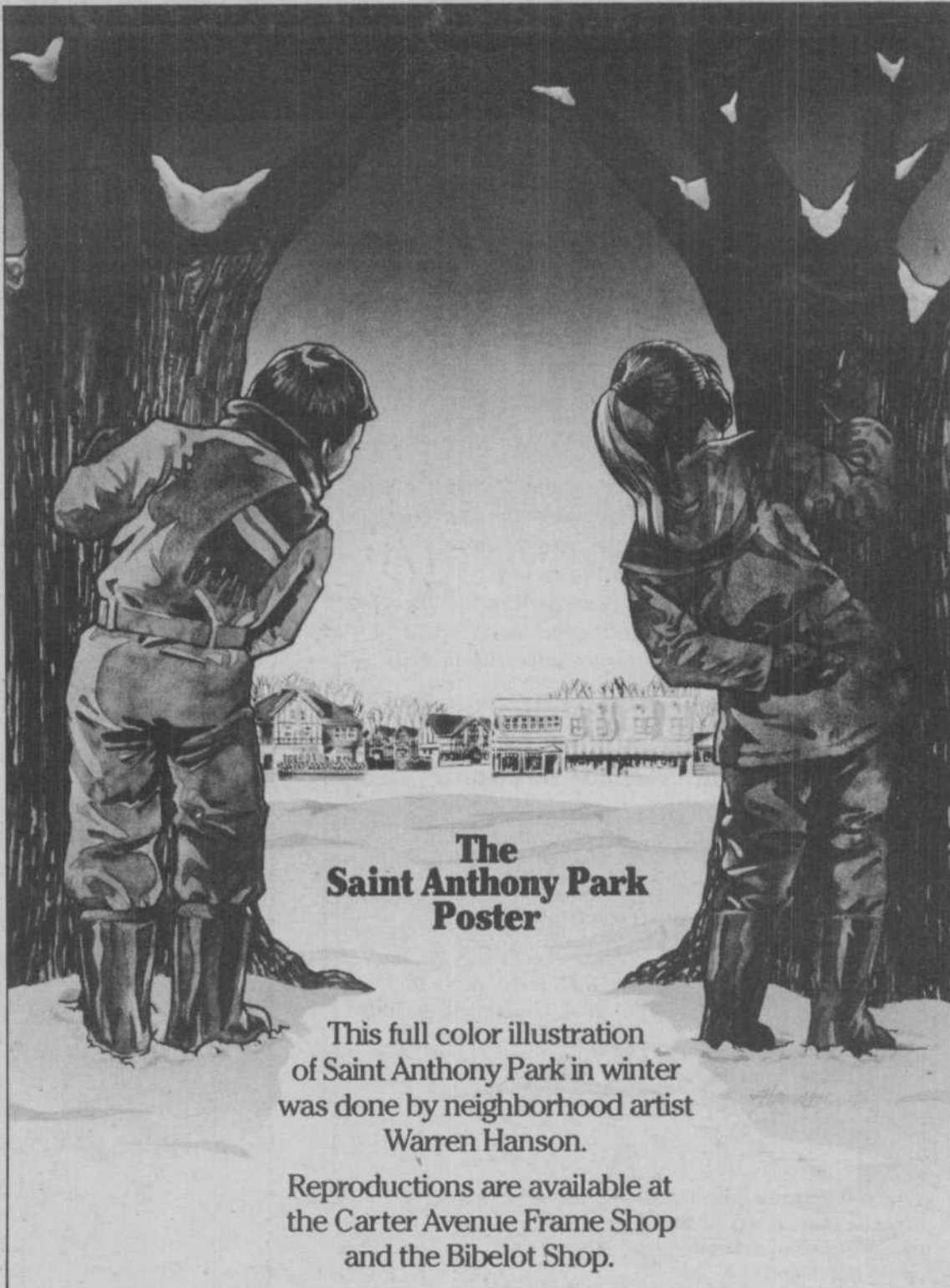
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 Saint Anthony Park
 Poster**

 This full color illustration
 of Saint Anthony Park in winter
 was done by neighborhood artist
 Warren Hanson.
 Reproductions are available at
 the Carter Avenue Frame Shop
 and the Bibelot Shop.

Shopping from 1

inlaid with mosaic. She decided to enter the piece in an art show and wrote to Fosters for name suggestions. Before they finished, Linda and Fred had gathered over 50 steer puns for possible names. That was two years ago but in the meantime the idea of compiling the puns into a book and illustrating them was born. Soon "steerling silver" and "polysteer" were

more than words and Fosters were on their way to discovering the joys and challenges of moving from the idea stage to the market place. "Steer Crazy!", published by The Chelmsford Press, sells for \$3.95 at Micawber's, the Bibelot and Bandana Square. By next year, Fosters hope to market the book in Texas. "Meanwhile," says Linda, "we have lots of boxes in the living

room!" Judy Dodds, Falcon Heights, is a calligrapher. She enjoyed making her own cards so much that she began to concentrate more and more on the art. She has fine-tuned the skill and has begun doing it for others. Her Christmas specialty—hand-lettered napkins—would make a great hostess gift or gift for a teacher. She has a variety of holiday motifs available or will

personalize the napkins by calligraphing a chosen design or name. Both dinner and beverage napkins are available. Twenty-five dinner napkins with a design from her selection cost about \$2. Add a bit more for personalized names. Dodds will take special orders for personalized napkins or calligraphed poems or quotes for framing until December 15. Call her at 645-4223. Describ-

ing the work, Dodds, whose husband is a dentist in St. Anthony Park, exclaims, "I just love doing it!" Another Falcon Heights artist, Joan Hallen, does stenciling. She started a few years ago when her mother's room



Photo by Terry Johnson-Caffrey
Dr. Fred Army and Packey Howatt.



Photo by Terry Johnson-Caffrey
Mary Ann Williams and Becky Ferdman.

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needed painting. She studied stenciling and tried her hand at stenciling the entire room. She now has nearly 150 hand-cut designs and has done about 30 rooms. But if you don't want to order a bedroom for Christmas, call Hallen at 644-9296 about her stenciled wooden welcome signs. For \$20 you can give the "country look" with hearts, houses, pine trees and snow or geese all stenciled on a door or wall hanging. Other items include Shaker peg racks for clothes or mugs, candle holders and other wall hangings.

Warren Hanson is a St. Anthony Park commercial artist who has developed a poster depicting St. Anthony Park's business district. The poster grew out of another project in which Warren did an ad for Park merchants for *Minneapolis/St. Paul* magazine. Later, he took the art and produced a 16" x 24" poster. "I've tried to capture the charm and magic this neighborhood has. It's difficult to put into words. I hope the poster helps to capture it," says Hanson. Signed prints are available at the Bibelot Shop and Carter Avenue Frame Shop for \$10.

Just down Raymond Avenue

from Hanson is Barbara Brooten, who paints on porcelain. She got into this reluctantly she says. "I had a friend whose husband died. She was very lonesome and begged me to take a painting class with her. I didn't want to at all, but finally agreed to go, just to help her out. Within a year I was hooked and she had quit!" Brooten recalled. For the last 15 years, she's been hooked on painting florals, birds and animals on plates, jewelry boxes, trivets and a variety of small items. Plates range from \$8-\$30 and jewelry boxes sell for \$10-\$15. Call Brooten at 646-5286 to place your order.

Not far away, Susan Stein, who has been sewing for years, continues to use quilting skills which have made her famous. This year she has several styles of country dolls, selling for \$15 to \$20, pieced and quilted wall hangings, and, especially for Christmas, a simple nativity scene in wool in earth tones. The three puppet-like figures sell for \$15. Call early before she runs out! You can reach her at 644-1478.

Sewing is an avocation for Joan Clawson as well. She's done lots of crafts, quilting and soft sculptures in her day, but



Photo by Terry Johnson-Caffrey
Frederick and Linda Foster.

now she's "into" Teddy Bears. "Each one leads to another—they're each different. And they're so much fun!" Clawson exclaimed. The bears are jointed. Joan and her husband, Carlyle, make their own joints which will, she asserts, "outlive the bear!" Paws and feet are made of suede from England;

each bear is named and comes wearing a Harris tweed scarf. They're made from a variety of colors and fabrics and come dressed or undressed. You get to choose! Prices range from \$25-\$40. Call 645-9933 to arrange to meet your special bear.

Wood keeps lots of Park

people busy. "Packey" Howatt enjoys woodworking as a hobby. With three boys active in baseball and hockey, he's taken to turning out items which are functional as well as decorative—stained ski racks

Shopping to 16

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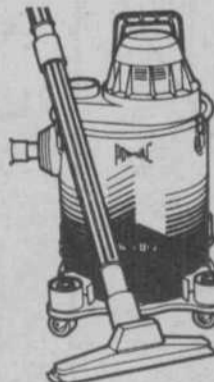
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Aging from 7

Some of the local churches are participating in a program similar to the one above, except they involve themselves with many varied needs and all ages of parishioners and neighbors. Several persons in the St. Anthony Park Lutheran Church and at St. Cecilia's Catholic Church have received "Befriender" training through the Community Care Unit at Wilder Foundation in St. Paul. Also, Corpus Christi Catholic Church began befriender training of five of their parishioners in November and intends to train another group next fall. By listening, understanding, and accepting, these befriender

ers strive to create an atmosphere which allows people to express their feelings, to cry, to discuss their losses and talk about their problems. These volunteer parish workers are supportive and caring listeners who visit the hospitalized and homebound, provide transportation and offer encouragement in time of grief, stress or depression. In addition to receiving referrals from their pastors, befrienders also coordinate their services with the District 12 block nurse program, occasionally taking requests to visit someone in the community who is not affiliated with a local church.

As part of their training,

befriender, as well as peer counselors learn the importance of touch, especially with the bereaved and the elderly. In later years, touch contact compensates for other sensory losses such as failing eyesight or impaired hearing. Older adults cherish the hand squeezed with empathy or the shoulder grasped with understanding, which affirms feelings of worth and self-acceptance. Other suggestions for the use of touch with the elderly and in nursing homes are rubbing hand lotion into dry hands, offering to polish fingernails or trim toenails and brushing hair. (Next Month: *The Future of Aging.*)

Shopping from 15

and hockey and baseball equipment holders. Ski racks for four pairs of skis and poles sell for \$22. Larger racks are also available. Clean up the back hall with a hockey holder for the wall which will keep skates, two sticks and pucks in order for an entire season for \$8.50. A call to 644-8977 will put you in touch with "Packey."

Just down the street, Dr. Frederick Arny uses wood in quite a different way. His wood is from all over the world, is never stained or painted and becomes bracelets, pendants and puzzles. Arny was a doctor in St. Anthony Park for 30 years and he's been doing wood-working since he was a high school student. Bracelets sell for \$5-\$10 and a call to 644-3112 will get you a special gift with a St. Anthony Park connection.

Eldora Rasey paints her wood using Norwegian rose-maling. She's been rose-maling for about nine years. She sells jewelry boxes made by her retired carpenter husband, Dale. Those boxes are rectangular and sell for \$25. She also paints bentwood boxes in varying sizes, ranging in price from \$5-\$15. Call her at 644-8188 to choose yours.

A number of neighbors worked on the "St. Anthony Park is 'Home Cooking'" cookbook which was produced by parents of St. Anthony Park Nursery School students and features recipes of local cooks. The book sells for \$6.95 at the Bibelot Shop and Micawber's.

Speaking of recipes, why not hire two St. Anthony Park neighbors to do your special Christmas baking? Mary Ann Williams will make a 9" x 13" pan with two dozen servings of baklava for you for \$9. Baklava is the famous Greek dessert featuring paper thin pastry layered with walnuts, cinnamon, and cloves and covered with honey sauce. "There's lots of butter in it!" she promises. She's not Greek, but she got hooked when her seventh grade daughter made it in school some years ago. "I figured, if she could do it, I could too. Now I could sit and make it all day. It's so much fun!" Place your order for this tantalizing delight by calling 646-6291 before Dec. 15.

Becky Hirdman is another Park neighbor who loves to bake. Her favorite thing is bread and she'll make you Norwegian cardamon bread with raisins, Swedish limpa, or

molasses bread with raisins and rye (caraway is optional) for about \$1.50 per pound loaf depending on ingredients. She also produces old-fashioned cookie assortments featuring ginger molasses, peanut butter and snickerdoodle cookies or candy such as nut goodies or fudge. Hirdman achieved noto-

riety this past year with her own cookbook, "Going Crackers" which she sells and is also available in area stores. You can buy a sample package of four different kinds of crackers from the book for \$2.75 for a box of four dozen crackers; call 645-1817.

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Area election results full of surprises

Area residents affirmed their "liberal" tendencies by supporting mostly DFL candidates in the Nov. 6 elections.

The team of Walter Mondale and Geraldine Ferraro easily carried St. Anthony Park, Falcon Heights and Lauderdale (see box), beating out eventual winners Ronald Reagan and George Bush.

And in staying out-of-stride with the electorate at large, Park and Lauderdale voters

supported Joan Anderson Growe, while winner Rudy Boschwitz carried Falcon Heights.

In the remainder of the races, the eventual winner was also a winner in this area.

Some notes on the election results:

- Mary Jane Rachner, the outspoken IR housewife who ran for Congress against incumbent DFLer Bruce Vento, lost in every Ramsey County

municipality except one: North Oaks, the adopted home of Walter Mondale. She easily won there: 1122-741.

- Gus Hall, presidential candidate of the Communist Party, received three votes for Ramsey County Municipal Court Judge in Falcon Heights. He was joined in the write-in column by Worms, Lyndon LaRouche, Marcie Leier (IR state chairwoman and a frequent target of Rachner) and Roger the Dog.

- Write-in candidates for president were frequent. Rev. Jesse Jackson received 10 votes, Gary Hart eight, and Bill the Cat, Lee Iacocca, Harold Stassen and George Will three. Ghengis Khan received a vote in Arden Hills.

- In addition to the "specific" write-ins—those who were designated for a specific post—there were a number of write-ins who were not assigned by election judges to a specific office. This list included Zippy the Pinhead (a popular cartoon character), Bob Lurtsema, former Twin Bombo Rivera, Andy Rooney, John Glenn and Ann Copeland.

Ann Copeland? Copeland, the District 12 community organizer, received one write-in vote. She says that she didn't cast the ballot.

"I have no idea of who voted for me," said Copeland. "I don't know who would do such a thing."

"St. Anthony Park" envelopes Precincts 2, 3, 4, 5 and 6 of Ward 4; because of this, Energy Park residents are included in the St. Anthony Park results.

	St. Anthony Park	Falcon Heights	Lauderdale
President			
Mondale/Ferraro	4014	1419	955
Reagan/Bush	2210	1355	531
Senate			
Joan Anderson Growe	3202	1150	786
Rudy Boschwitz	2876	1617	692
Congress			
Bruce Vento	4120	1711	1058
Mary Jane Rachner	1226	935	370
Chief Justice			
Douglas Ahmdahl	3174	2011	1002
Jack Baker	833	315	231
State House—63A			
John Rose		1649	629
George Marks		1049	807
State House—63B			
Ann Wynia	3851		
Curt Lilleboe	1342		
Ramsey Co. Municipal Court			
Margaret Marrinan	2793	1541	748
John Kirby	1447	836	482
Ramsey Co. Municipal Court			
Alberto Miera	2007	1259	723
Tom Weyandt	1605	793	391
City Council			
Kiki Sonnen	2662		
Janet Dieterich	2400		
Referendum:			
Mayor 4-year term			
Yes	3461		
No	1291		
Referendum:			
Council 4-year term			
Yes	1857		
No	2836		



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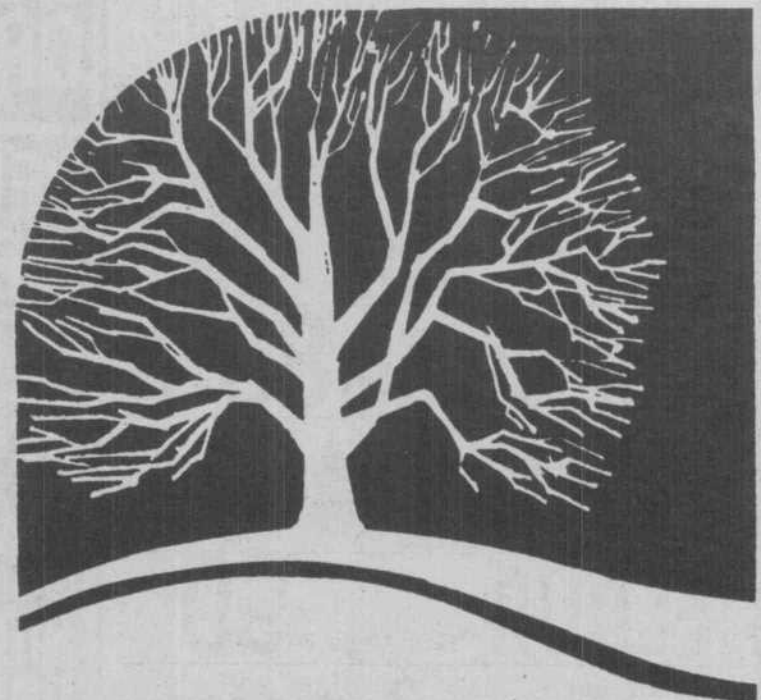
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You are invited...
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This message brought to you by the St. Anthony Park Merchants and Professionals Association.

St. Anthony Park runners of all ages setting records

By Pam Field

One of its members has not missed a day of running in 13 years and that probably typifies the Langford Running Club.

The group of runners recently completed a race which put them in the running of a pending world record, according to John Magnuson of St. Anthony Park, a member.

On October 27 six members ran in the Edmund Fitzgerald 100K (62 miles) race and totalled six hours, one minute, which exceeds existing records of team efforts in that race, said Magnuson.

The race started in Little Marais, Minn., where each

runner completed ten miles, before being relieved by another runner, he said. This was accomplished as carloads of runners drove along the race direction, to be on hand and provide replacements at the end of each ten miles.

The group started in 1974 after putting on a race for a July 4 celebration. Since then it has met every Saturday morning at 7:30, where any number of a total of 25 "gather for a Saturday social hour," according to Magnuson.

Winning a regional championship two weeks ago qualified nine St. Anthony Park grade schoolers for the national event.

The group of girls, ranging in age from seven to ten, calls itself the St. Anthony Park Champs.

They have been running as a group since August, when they "were playing around the house and talking about it," said Erskine Caperton, father of one of the girls.

Since then they have won a state championship November 10 and the regional one November 17, when they ran against participants from four other states.

The girls will continue to meet three times a week to have team work-outs, he said. Becky Caperton, student at Breck School, is a coach and



The St. Anthony Park Champs. Back row, left to right: Erin Cooper, Rachel Allyn, Mindy Hockin, Bea Foster, Nikki Lockhart. Front row, left to right: Katrina Freiling, Bridget Hockin, Linda Caperton, Amanda Loriner.

mentor for the girls, said Caperton.

"It's good experience, for me and them," said Becky, 13.



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Help Wanted

WANTED: A COOK for the Leisure Center, St. Anthony Park United Methodist Church, to prepare lunch for senior citizens every Wednesday. This is a paid position. Call 646-4859 to apply or for additional information.

ADMINISTRATIVE ASSISTANT needed a.s.a.p. The position requires a competent well organized person, who can deal with some direct client contact, keep track of administrative detail in support of the Program Director of Post-Legal Adoption Services at the Children's Home Society of Minnesota. Typing and clerical skills essential. Excellent fringe benefits. Please list references and educational qualifications. Send Resumes to: CHSM, Marietta Spencer, 2230 Como Avenue, St. Paul 55108. Telephone: 646-6393.

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Personals
 HAPPY BIRTHDAY! Make someone's day special by sending your greeting in the Bugle want ads.

Miscellaneous
 AA: St. Anthony Park group meets every Monday 8 p.m. SAP Lutheran Church. Call 645-5427 or 645-2329.

AL-ANON: St. Anthony Park group meets every Thursday 7:30. SAP Lutheran Church. Call 647-0724.

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 LESSONS—clarinet/sax, experienced teacher, professional musician, masters degree. 644-4198.

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This is winter? Heidi
 Just, bedecked with
 ski equipment,
 bemoans the lack of
 snow. Jeff Rohr,
 shovel firmly in
 hand, likes things the
 way they are.

Photo by Terry Johnson-Caffrey



DECEMBER 1984
 VOLUME 11, NUMBER 6
 FREE COPY
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PARK Bugle

Community Calendar

PARK Bugle
 2380 Hampden
 St. Paul, MN 55114

1 DEC

Recycling Unlimited pick-up at St. Anthony Park Drive-In Bank and First Security Bank, 10 a.m.-3 p.m.

League of Women Voters, Unit 8, Brunch, 8:30-11:30, Ramada Inn. Call 644-9176. Topic: Juvenile Justice.

2 Sun.

Music in the Park concert, St. Anthony Park United Church of Christ, 4 p.m.

Advent Vespers, Northwestern Seminary Chapel, 6:30 p.m.

4 Tues.

St. Anthony Park Association board, Healy Building, 7:30 p.m.

5 Wed.

Leisure Center, Methodist Church, 10 a.m. Birthdays and reading by Cora Peterson.

Trims for the Tree craft program, St. Anthony Park Library, 4 p.m., children age 6 and up. 292-6635.

6 Thurs.

District 12 physical committee, 2380 Hampden, 5 p.m.

District 12 human services committee, 2380 Hampden, 7:30 p.m.

Bugle display ad deadline.

Writers workshop, 1486 Raymond, 7:30 p.m. Call 644-6090.

7 Fri.

Mistletoe Magic dance, Como High School, 8:30 p.m.

8 Sat.

4th Holiday Bazaar, "Teddy Bear's Holiday," Commonwealth Healthcare Center, 1-5 p.m.

9 Sun.

Service of Lessons and Carols, St. Anthony Park Lutheran Church, 4 p.m.

10 Mon.

Falconeers Senior Club, Falcon Heights Community Center, 1 p.m.

Murray School Association, 7:30 p.m.

Bugle news and want ad deadline.

11 Tues.

St. Anthony Park Association, United Church of Christ, 5:45-8 p.m.

12 Wed.

Leisure Center, Methodist Church, 10 a.m. Musical program by Kate Bulger.

Christmas present craft program, library, 4 p.m., children age 6 and up. 292-6635.

District 12 Council, St. Anthony Park Library, 7 p.m.

13 Thurs.

Choir concert, Como High School, 7:30 p.m.

14 Fri.

Northern Lights 4-H Club, 4 p.m., St. Anthony Park Elementary School.

15 Sat.

Recycling Unlimited pick-up at St. Anthony Park Drive-In Bank and First Security Bank, 10 a.m.-3 p.m.

Contra and square dancing, Oddfellows Hall, 2380 Hampden, 8 p.m. \$3.50 admission.

16 Sun.

Sing-along "Messiah," St. Anthony Park Lutheran Church, 10 a.m.

17 Mon.

Cub Scout pack meeting, Methodist Church, 7 p.m.

18 Tues.

Band and choir concert, Murray Junior High School, 7 p.m.

19 Wed.

Leisure Center, Methodist Church, 10 a.m. Christmas dinner. Short message by the Rev. Sedoris McCartney. Sing-along led by Veri Maas.

20 Thurs.

Band concert, Como High School, 7:30 p.m.

21 Fri.

Last day of school for 1984 St. Paul and Roseville Schools.

26 Wed.

No Leisure Center.

28 Fri.

Recycling Unlimited curb-side pick-up, North and South St. Anthony, Lauderdale, Falcon Heights.

Stories, puppets, films, for children age 6 and up, library, 4 p.m.

Items for Community Calendar should be submitted to Mary Mergenthal, 644-1650.

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