

Mayor George Latimer spoke with a resident at Victory House dedication. Photo by Diane DuBay.

## Home for alcoholics dedicated

by Tom Krøstad

Lyle Tollefson and other members of the staff and supporters of Victory House came to a District 12 Community Council meeting with some apprehensions last April.

To hear the 55-year-old Tollefson tell it, they were afraid there might be some community opposition to their plan to move Victory House, a board and lodging facility primarily for recidivist alcoholics, to a location in an industrial area within a few blocks of Saint Anthony Park residences.

To the surprise of Victory House supporters, there was little opposition. Even Harold Feder, the president of Fisher Nut Co. and potential new neighbor for Victory House, gave an unsolicited speech supporting the project. The council voted 12-2 to approve the plan.

On Nov. 1, Victory House opened its doors at 2300 Wycliff Drive.

On Dec. 4 the main building at the new facility was dedicated to the memory of the man who first brought Victory House into being.

Bob Dischinger was Victory House's first director. Revered by Tollefson and others long-connected with the program, Dischinger was a Baptist minister and teacher.

He chose an inner city ministry and worked with government agencies and private hospitals to begin Victory House. Tollefson took over the top spot when Dischinger died a few years ago.

Virginia Dischinger, widow of Bob, was present at the dedication, along with St. Paul mayor George Latimer and several other city and county council members.

About 65 persons gathered in the food service area of the new hall. In short talks, several of the speakers mentioned they came very close to living in halls like the one being dedicated today.

Latimer told the group, "During a time when too many people are turning away from helping people, this building stands as a testament to those who still do care."

"Show me a person who never leaned on someone at some time during their lives and I'll show you a liar. All of us need help at some time in our lives. Some of us get help early and it lasts. Others get the help when it's needed. And to the shame of us all, some people never get the help they need. This shelter gives a few of those people a hand."

Recently, Tollefson described the workings of the facility while he was at work in the Victory House office. The conversation was conducted in spurts between phone calls and visits.

The house, Tollefson explained, is a home for indigents who have liquor or, occasionally, drug-related problems. While it is not a full-fledged treatment center, there are stringent rules against liquor consumption on the premises. Some who come to the house choose to go sober. Others suffer occasional relapses. Still others, Tollefson freely admits, drink as much as they ever did. But they do it elsewhere.

Victory House provides a place to live for hardcore alcoholics

who usually end up going through detoxification repeatedly at county facilities. This service is what makes Victory House unique to the Twin Cities area. The county must let those wanting to go through detox do so. But the process costs significant amounts of money.

Tollefson says he has residents that would go through detox nearly continually. Victory House is home for some of these repeaters, for whom the detoxification process seems to do little permanent good.

Tollefson said that the cost of three days, the typical stay in detox, is roughly equivalent to a two-week stay at Victory House. While he admits the primary purpose of the house is not treatment, he says some of the residents have been known to try and quit the habit on the premises.

Victory House has been in existence since 1973. Until the last few weeks it was located at 255 N. Smith St. in downtown St. Paul, near United Hospital. It was founded through a collaboration of Shoreview Treatment Hospital and the HRA. Tollefson, a reformed alcoholic for ten years, was the facility's first manager, then its director.

Tollefson said there are three major age groups of male alcoholics in the facility now. (Women can also be housed there; at present there are none.)

There are those still in their 20s who "are supposed to be out looking for a job every day," those in their late 30s and 40s, who have been known to drift from job to job, and those in

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## Local area still on list of waste process sites

by Robin Nelson

The three-square mile industrial area adjacent to north St. Anthony Park and surrounding south St. Anthony Park is still on the state's list of metropolitan "proposed areas" for hazardous waste processing facilities.

In action Dec. 17, the Minnesota Waste Management Board reduced the list of sites being considered from 28 to 16 sites. Formal public hearings will be held in early 1983, and the board will select "preferred areas" in June.

The Board's recommendation of the area around St. Anthony Park, known as Site A, received mixed response from the 30 people who attended a public hearing Nov. 29. Two major concerns were aired at that meeting.

The first was concern about having a waste facility so close to a neighborhood.

The Board responded by stating that a majority of hazardous wastes are currently being produced in the metro area. Sites outside the metro area would be both difficult and expensive to reach.

The type of facilities that would be operating if either of the two metropolitan sites were selected would either be storage/transfer

facilities or chemical treatment stations. There are no incinerators designated for the St. Paul area sites.

The second major concern brought up by several people was regulatory control over the sites once facilities start operating. Many people expressed skepticism about the effectiveness of control by the Pollution Control Agency.

One man stated that unless proper controls are enforced over the sites, a temporary transfer/storage facility, for instance, may keep waste stored over a couple of years before shipping it out.

Board members were quick to point out that in order to use one of the sites, a private developer must first apply for the necessary licenses. The Board also emphasized that the developer would be in business to make money. A transfer/storage facility would not be able to make money if it did not ship the wastes out.

Most of the people who attended the meeting listened to the Board's recommendations and seemed to agree that the metropolitan area should take responsibility in treating its own hazardous wastes. But they emphasized, it must be done properly and safely.

## Students will demonstrate computer use at Murray fair

Two free January events will help people learn more about computers' possibilities for careers and family use.

The first is a Community Career Fair, to be held Wednesday, Jan. 19 from 7-9 p.m. at Murray Junior High School, where Murray students will be demonstrating the use of the school's 13 computers.

Most of the popular small computers will be available to examine and use. Salespeople will demonstrate the computers' capabilities and help families think about possible home applications.

The program is being sponsored by the Murray PTSA and Project Together, in response to suggestions from area parents and students.

The public is welcome.

The second event will be a Computer and Advanced Technology Career Fair, to be held from 9-12 a.m. on Friday, Jan. 28.

More than 20 Twin Cities area high technology companies and post secondary training programs will send representatives to talk with students about the requirements and opportunities of "hi tech" companies.

The Computer Career Fair is being cosponsored by the St. Paul Public Schools Guidance, Math, Science and Technology supervisors and Project Together.

Further information about either event can be obtained by calling Project Together, 645-9474.



# To assess or not to assess, that is the question for City Council

To assess or not to assess, how much, and when, are some of the decisions City Council is struggling with in regard to costs of snow plowing and street maintenance.

Public information meetings are being scheduled in each area of the city prior to a public hearing before City Council sometime in January or February.

On Jan. 12 at 7 p.m. in the auditorium at Merriam Park Community Center, District 12 residents can meet with representatives of the Department of Public Works, the Valuations Department, the Budget Office, and Councilman Robert Fletcher to ask questions and state opinions about the proposed assessments policy.

The center is located at 2000 St. Anthony Ave., one block south of I-94 and one block east of Cleveland Avenue.

Residents are faced with a 75 cents per front foot assessment on their 1983 tax bills to pay for snow plowing and other maintenance. This special assessment was approved by the former City Council in December, 1981.

Mayor Latimer has forwarded a recommendation from the Department of Public Works to the current Council that the 1984 assessment be 94 cents per front foot in order to cover more of the actual costs of the work.

Summer street work has been assessed against property for 10 years, but the winter maintenance costs have come from the General Fund.

City Council members must decide how much street maintenance assessment to allow and how much to try to take from the City General Fund Budget. A notice will be sent to all property owners on Dec. 27 that will state the exact amount of the proposed assessment.

Definite date of the formal public hearing before City Council required before the assessment is enacted was not available at *Bugle* press time. Call District 12 after Jan. 15 for exact date and time if you wish to attend.

## Radical changes proposed for city services; will be topic Jan. 5

1984 may bring changes George Orwell never dreamed of in the way that services are defined and delivered to St. Anthony Park by the city of St. Paul. In his most recent State of the City address, Mayor George Latimer proposed a new direction for both city administration and the citizens.

Services would be defined as either essential or responsive. Essential services would continue to be paid from city funds; responsive services would have to exist through user fees or other special funding. Neighborhoods would have more of a voice and more of a choice in what services they receive—but choose they must. Everything now offered will not be funded. Dick Broeker, aide to Latimer, will explain the new

proposal at a joint meeting of the District 12 Council and the Merriam Park Community Council on Wednesday, Jan. 5 at 7 p.m. in the auditorium of the Merriam Park Community Center. The center is at 2000 St. Anthony Ave. (one block east of the intersection of Cleveland and St. Anthony avenues.)

District 12 residents are urged to attend. This proposal is a radical and creative departure from the way the city is currently managed.

St. Paul has contracted with the Rand Corporation to do a major study of the way that city services are currently funded and how much they actually cost. Rand

will also do a fund projection for the future. The study proposes to set up a pilot "revenue center" in which services provided by the city would be placed on a pay-as-you-go basis. The center would have to respond to the market for its services in the most cost effective way. Otherwise, the services could be purchased from another vendor—either from the private business sector or from a community group.

The plan has a number of far-reaching and innovative proposals, but it is moving rapidly toward some pilot implementation. Neighborhood residents need to be aware of this and need to ask some hard questions about the decisions that will affect their future.

### Tselos Lectures

Educational opportunities provided by retired St. Anthony Park professors through Community Education will continue in the winter term.

The following special interests will be presented through lecture and discussion by Dimitri Tselos, professor emeritus in art history. To register for the series (\$8) or for single sessions (\$2 each), call the Community Education office, 645-2456.

Classes will be held on Thursday evenings at Murray Junior High School, 7-8:30 p.m. If transportation is needed, call 645-6043.

- Jan. 20— The Story of Food in Myth, Legend, Language, Doggerel and Diet
- Jan. 27— What Is in a Name? More than Meets the Eye, Ear, Brain or Funnybone
- Feb. 3— The Romantic Garden in Europe and America in the 18th and 19th Centuries (slide presentation)
- Feb. 10— An Educator's Tour of Modern China (slides)
- Feb. 17— An Educator's Tour of Scandinavia and Russia (slides)
- Feb. 24— Modern, Medieval and Ancient Greece

District 12's energy auditors are reducing the backlog of requests for home energy audits. Now is a good time to request yours.

#### Energy Audit Request

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Address \_\_\_\_\_

Phone Number H: \_\_\_\_\_ W: \_\_\_\_\_

Mail to: District 12 Community Council  
2380 Hampden Avenue  
St. Paul, Minnesota 55114

### Council delegate elections

Elections for delegates to the District 12 Council will be held in February. Three delegations of five delegates and two alternates each will be elected from north St. Anthony Park, south St. Anthony Park, and the west Midway commercial area.

Delegates serve for one year from March to March. Delegates are expected to attend the District Council meeting on the second Wednesday of each month and to serve on one Council subcommittee.

Interested persons should submit a personal resume and a short statement of reasons for interest in serving on the District Council to the District 12 office

### Tree trimming assessment

District 12 residents may have tree trimming assessments of 83 cents a front foot on their property tax bills in 1984. Cost will be \$41.50 for a 50-foot lot. Tree maintenance assessments are levied by the city about every four years.

City Council will hold a public hearing on the proposed tree trimming assessments on Jan. 6 at 10 a.m. in Council Chambers, third floor of City Hall.

### Learn about heating with wood

As natural gas prices climb, more and more city dwellers are returning to their forefathers' practice of heating with wood.

"People need to be aware of some primary safety considerations when they use wood burning appliances," according to Paul Stegmeir, St. Anthony Park resident who is a nationally known consultant on heating with wood.

Stegmeir will conduct a workshop on heating with wood on Tuesday, Jan. 25, at 7:30 p.m. in the community room of the St. Anthony Park Library.

In addition to safety considerations, he will discuss the economics of using wood as an alternative fuel. He will also instruct people how to operate and maintain wood burning appliances for the optimum performance, efficiency and safety.

The preregistration form below should be sent to the District 12 Office, 2380 Hampden Ave., St. Paul, 55114 by Jan. 20. There will be a \$2 charge for the workshop, except for those residents who have had a District 12 Energy Audit.

### HEATING WITH WOOD WORKSHOP

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Telephone: (h) \_\_\_\_\_ (w) \_\_\_\_\_

\$2 fee enclosed \_\_\_\_\_ (Make check to District 12 Council)

No fee required, I had D-12 Energy Audit on \_\_\_\_\_ (date)

### DISTRICT 12 COMMUNITY COUNCIL

N ☆ E ☆ W ☆ S

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## Smith's thesis becomes best seller

by Judy Williams

Elizabeth Smith wrote her master's thesis at the University of Minnesota on activities for children in the Twin Cities. When she completed the project, which was for her library science degree, many of the people she had interviewed wanted copies of her work.

Requests for copies grew so heavy, in fact, that Smith approached Nodin Press, Minneapolis, about publishing it. They agreed, and the result was *Exploring the Twin Cities with Children* (written under her former name, Elizabeth S. French), which has sold 20,000 copies and is in its third edition.

The book is a guide for anybody who wants to help children explore the metropolitan area. It lists over 100 places and activi-



Elizabeth Smith. Photo by Jon Madsen.

ties in the Twin Cities that will appeal to children, ranging from apple farms to factory tours to the zoo and also including seasonal events, such as the circus.

Smith, who lives in Lauderdale, attributes much of the book's success to the help of her son, John, who visited the places listed

in the book with her and gave her a child's perspective on them.

Smith has a bachelor's degree in home economics and two master's degrees, one in library science and one in textiles. She currently works as a technical librarian at 3M.

She is pleased with the success of her book and enjoyed the challenge of transforming a thesis into a commercial publication.

"The size of the book was my idea," she said. "It fits in a glove compartment and it folds flat." There are many illustrations, so that children may also use it as a coloring book. But, "It's not just limited to children," Smith said. "Everyone uses it."

Smith's brother, Lynn B. Sandness, did the illustrations. He is an art instructor at the University of Minnesota in Duluth.

## Bulletin Board

St. Anthony Park Neighbors For Peace is one of the groups to be housed in the newly formed Peace Institute at Luther Northwestern Seminary in St. Anthony Park. Residents and friends are invited to visit the facility at an open house in Aasgaard Hall, Como Ave. and Hendon street, 7 p.m., Jan. 20.

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The January meeting of Unit 8, St. Paul League of Women Voters, will be held Monday, Jan. 17, at the home of Judy Probst, 2271 Commonwealth Ave., 644-0492. Newcomers are welcome.

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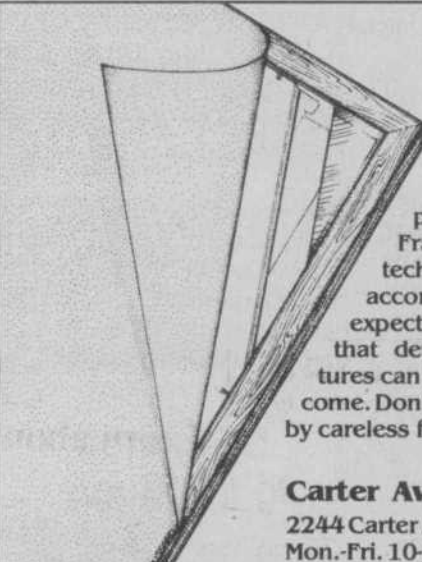
St. Anthony Park Community Education is looking for instructors to teach after school and/or adult evening programs. Salaries start at \$8.03 an hour. For further information call Bernie at 645-2456 by Jan. 17. Instructors will teach during the spring session, which starts the week of April 4, 1983.

Winter registration will be Jan. 3-14. Classes begin the week of Jan. 17.

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French classes for adults and children will be offered by the Alliance Francaise of the Twin Cities during winter term, Jan. 3-March 12. All classes will be taught at the organization's center in Baker Court, 821 Raymond Ave.

For further information, call the Alliance Francaise Center, 644-5769 or 644-7491.



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January 1983

FOR YOUR INFORMATION

CONSUMER NEWS FROM ST. ANTHONY PARK BANK

## Dear Friends,

We're entering a new year which promises to be full of changes and excitement in the banking industry. We're looking forward to 1983 with great anticipation. We hope it will be equally as exciting and fulfilling for you and your family.

Chances are good that you've heard reports that there are new ways to deposit your money and enhance your financial future. St. Anthony Park Bank is certainly a part of this progress, and you'll be hearing a great deal in the coming months about new ways to earn more interest on your available income through an account that will provide you greater flexibility in withdrawals and money management.

But before we move into this new era of banking services, let's review the past year which has been a time of change and progress for St. Anthony Park Bank and its customers. Nineteen eighty-two will be remembered as the year when:

- St. Anthony Park Bank first offered several new plans to deposit your money, including the High Yield Fund, the 7 to 31 Day Savings Account, the 91 Day Wonder, All Savers Certificates and 3½ Year Certificates.
- We met and conquered the computer, although the machine won several skirmishes along the way. The result is a stronger, more effective method of reporting to you on a timely basis.
- St. Anthony Park Bank added four new board directors, including Ann Copeland, William Teeter, Paul Jessup and Gordon Donhowe.

As in the past, it was a year when members of the St. Anthony Park Bank family played leading roles in the community life we enjoy in the Park. Mary Ann Wiatros co-chaired the St. Anthony Park Festival in June with Mary Johnson of Heritage II and Michael Jaruch from Europa Unlimited. Brad Rinsem coordinated the Park Steak Fry this summer and served as a board member for the association.

And the bank provided several programs which measurably helped the community and provided educational background about changes in banking that benefit you, the consumer. The Community Involvement Council, made up of bank personnel and community representatives, made recommendations on the bank's contributions to non-profit organizations. And a seminar on Individual Retirement Accounts and personal financial planning was offered. We hope you took advantage of this seminar; one way we seek to keep you up-to-date on the changes that are occurring in banking.

Yet you can be sure that one thing never changes. St. Anthony Park Bank remains dedicated to its commitment to the residents of the Park. We enjoy being able to offer you all the latest in banking innovation while still being the familiar neighbor you've known in the past.

Very best wishes for the new year,

*Andy Boss*

W. Andrew Boss

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## Editorial

### What should the *Bugle* say?

If you've looked through the *Bugle* before reading this page, you've noticed that there's something different about the newspaper this month. We've set aside some pages to celebrate winter, with a variety of feature stories, creative writing, poetry and even art. Some of the pieces were done by our staff members and some came from local folks whose work is not regularly seen on *Bugle* pages.

We'd be interested in knowing your response to our winter special. We'd be even more interested in knowing your response to the *Bugle's* content generally. We're thinking a lot these days about what should be included in this newspaper. Should we be more creative?—more analytical?—more personal? Should we be more promotional or more provocative? Can we be all of the above?

There's something slightly risky about asking new questions and trying new approaches when things are going well. And for the *Bugle* things are going well. The success of our fund drive tells us our readers wish us well. The awards we receive from our peers tell us we are maintaining a high-quality product.

But we know there's also something risky about getting too comfortable with what has worked. A newspaper that will be the voice of its community must be an evolving newspaper, because communities and the forces that affect them are evolving.

Thus, the *Bugle* staff and board of directors are engaged in a process of self-examination, seeking to identify what makes the *Bugle* successful and what can be done to improve on its success.

One of the areas for improvement already identified is increased involvement in the *Bugle* by its readers. Over the next months we'll be suggesting ways you can contribute your ideas and responses, your skills and special knowledge to this newspaper, to help make it even stronger than it is. We invite you to become part of this voice of the community.

### Bugle Dates

Staff meeting, Jan. 4, 6:30 p.m.  
Park Press Board of Directors, Jan. 5, 6:30 p.m.,  
bank board room, Healy Building  
Display ad deadline, Jan. 13  
Copy deadline, want ads deadline, Jan. 17  
February *Bugle* published, Jan. 26

## Park Bugle

The *Park Bugle* is published by Park Press, Inc., a nonprofit organization guided by an elected Board of Directors. Currently serving on the board are Steve Ahlgren, John Archabal, Bob Bulger, Adele Fadden, Judy Flinn, Lois Glaeser, Joanne Karvonen, Sandy Nelson, Sue Showalter, Glen Skovholt, Liz Solem, Jack Sperbeck, Austin Wehrwein.

The *Bugle* is published the last Wednesday of each month and mailed free to residents of St. Paul's District 12, Falcon Heights and Lauderdale, and distributed through local businesses. Subscription rates are \$8 per year. Ad and copy deadlines are 10 days prior to the publication date.

Managing Editor: Mollie Hoben, 646-3776  
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Writers and photographers: Karen Andersen, Susan Barker, Kathy Berg, Ann Bulger, Jeff Christensen, Diane DuBay, Claudia Lustig, Jon Madsen, Nadene Malo, Robin Nelson, Diane Nelson, Anne Ostberg, Paul Quile, Martha Saul, Joe Suhadolnik, Terri Wilson, Mary Winget

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## Neighbors in the news

**Gordon Donhowe**, St. Anthony Park, has been named Minnesota Finance Commissioner by governor-elect Rudy Perpich. In this position Donhowe will be the chief financial officer for the state, with responsibility for, among other things, the state's budget.

Beginning his duties Jan. 3, Donhowe will be leaving his position as vice president and treasurer of the Pillsbury Company.

**Glenda Martin**, Falcon Heights resident, has been elected president of the Division for Visually Handicapped, a national professional organization for educators of visually handicapped students.

Martin is administrator of itinerant programs for vision impaired, hearing impaired and physically handicapped students in District 287, a regional district serving Hennepin county school districts.

**W.J. "Kort" Kortsmaki**, former St. Anthony Park resident, was one of five men to receive the VIP Citation, an annual award given by the national Future Farmers of America.

Kortsmaki retired from the Minnesota State Department of Education in 1977 after serving as Minnesota FFA executive secretary since 1946.

**Austin C. Wehrwein**, St. Anthony Park resident, has been re-elected to the board of directors of the American Judicature Society, a national organization for improvement of the courts.

### You begin to realize you're aging when:

- by Harold C. Nymon
- You go all out and end up all in.
- You burn the midnight oil—until 9 p.m.
- The little gray-haired lady you help across the street is your wife.
- The gleam in your eyes is from the sun hitting your trifocals.
- Your children begin to look middle aged.
- Your mind makes contracts your body can't meet.
- The only new names in your little black book end in M.D.



The Minnesota outfit: two hats, two down jackets, one wool coat, three scarves, two pairs of gloves, one pair of mittens, union suit, Farmer Johns, wool pants, three sweaters, two pair wool socks, moon boots.  
And when it gets cold, five hats . . .

Retired editorial writer and legal columnist for the Minneapolis Star, Wehrwein is a member of the *Bugle's* board of directors.

Wehrwein is a graduate of Columbia Law School and a former member of the Steering Committee, Reporters Committee for Freedom of the Press. He is a winner of the Pulitzer Prize.

### Subscribe to the Bugle

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\$4 for senior citizens.

To subscribe: write *Bugle* Subscriptions, 2380 Hampden, St. Paul 55114.

### School notes: midyear enrollment; reading for dollars

by Ann Bulger

For the first time in 40 years, a large number of students will be entering the senior high schools in St. Paul at the beginning of second semester.

When there was no summer school offered last summer, many students who were short one or two credits were forced to remain in the junior highs for another semester. Now these students face the difficult task of entering ninth grade in an attempt to pick up the maximum number of credits.

Vern Kenyon, principal at Como Park Senior High School, stated that he expects to receive approximately 40 retainees from Washington Junior High, as well as 1½ teachers. Each student will be placed in classes according to individual need and background. If students can pick up a credit or two each year, they will be able to graduate with their class in 1986.

Reading will be the featured activity when students at St. Anthony Park Elementary School will drop their other subjects at specified times during the day to read for pleasure and for increased speed and comprehension.

Each student will get pledges from neighbors and relatives for a set donation per book to be completed by the end of February. For example, if Uncle Joe pledges 25¢ per book, and Peter reads 12 books, Uncle Joe will owe \$3, with all proceeds going to the Multiple Sclerosis Foundation.

The *Bugle's* purpose is to provide a medium for exchange of information, ideas and opinions in the community.

Opinions and commentary by readers are welcome and may be submitted as letters to the editor as guest columns. Letters must be signed and should not exceed 200 words. Readers wishing to submit guest columns are asked to contact the editor.

Opinions expressed in the *Bugle* by the editor, columnists and contributors do not necessarily represent the opinions of the Board of Directors, Park Press, Inc.

Send all materials to the *Bugle* Editor, 2380 Hampden St., St. Paul, 55114.



# Sweat suits go high fashion

by Susan Barker

While fashion guru John Molloy has labored slavishly to indoctrinate us with his iron-clad Dress for Success philosophy, he is strangely silent on a trend that one day threatens to undermine the blazer-and-bowtie executive look.

I'm taking about what the Big Name Designers are calling fashion activewear, and what we once crudely referred to as sweat suits. Well, times are changing. Sweat suits have gone high fashion velour in colors from tangerine to turquoise. And this Christmas, millions of baffled fashion-conscious folks have found a set of fashion activewear waiting for them under the tree. There's no better time than now to lay down a few guidelines in this long overdue heresy.

Q: My husband raised his eyebrows in contempt when he watched me heading off to the bank in my new fashion activewear. Was I really in the wrong?

A: If the Chinese can wear padded Mao jackets to the State Opera, you can certainly cash a check in your sweat suit. Point out to your husband that sweat suits are the anti-jean jean—the democratic wardrobe equalizer of the '80s.

Remember how they once laughed at the stretch pants of the '50s? And at the polyester pant suits and leisure suits of the '70s? What your husband needs to understand is that you are in the fashion vanguard. And what better outfit could you find to wear while hanging upside down in your new Gravity Inversion Boots?

Q: My mother-in-law took one look at my husband's new burgundy warm-up suit and guffawed, "Why you never even walk around the block!" She was right, of course, but is he really a fraud? (I'll admit the suit looked a little funny with his new Sherlock Holmes cap.)

A: Do safari jackets make for big-game hunters? Do treader pants make for bullfighters? Do Ben Casey blouses make for doctors? You get the point. I say No Sweat is OK when it comes to sweat suits. Just remember that wing tips and fashion activewear definitely do not mix.

Q: I washed my new lemon-yellow Calvin Klein fashion activewear suit and the pants shrunk hopelessly. They were so tight that, while jumping on my mini-trampoline, my legs got badly chafed. What did I do wrong?

A: Washing your sweat suit is a definite No-No. Forget the pants, give them to a tiny friend, and remember that one size does not fit all (though a loose-fitting pair covers a multitude of sins).

Next time, buy a pair of navy sweats. They'll never show dirt. Like sponges, they can even soak up spills without a telltale stain. A real timesaver!

Q: When the UPS man came to my door the other day, he looked at my activewear as if I were still in my pjs. Did I really look like I was undressed?

A: Once while at a writers' conference in Vermont, I saw a famous author's wife sporting a pair of ankle-cinched camouflage pants. I thought she was on her way to the artillery range. Well, I was wrong. Later, I read in Vogue that the pants were *tres chic*. So much for my own ignorance.

Eventually, the UPS man will get educated. And too, he might come to welcome the sight of something other than a housecoat or the old robe-and-cough routine (the Oh-I'm-sick-in-bed-with-a-cold trick). Just remember to wear your sweats with conviction and he'll never guess that, as soon as you close the door, it's back into bed.

Above all, remember to wear your fashion activewear with pride. If the time comes when you blanch at your own baggy-kneed profile reflected in a store window, just remember: Don't get self-conscious. Fashion is neither in the eye of the beholder, nor the wearer. It's in the mouths of the fashion gurus who tell us that fashion activewear is definitely IN.



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January 1983

## St. Anthony Park Association

Editor: Sue Stegmeir, 644-3848

## Members to Hear Program on Energy

On Tuesday, Jan. 11, the Association will present a program on residential energy conservation and alternatives. A panel of energy experts will cover topics such as solar and wood heating, furnace conversions and energy conservation for the homeowner. A question and answer period will follow, so bring your concerns and learn more about energy as it relates to each of us.

DATE: Jan. 11; 6 p.m. dinner, program to follow  
PLACE: United Church of Christ  
COST: \$4.25 members; \$4.75 non-members  
If you have not been called by Friday, Jan. 7, call Bridges (645-6946) for reservations.

1982-83 Board of Directors: President, Tom Rohricht; 1st Vice President, Mary Warpeha; 2nd Vice President, Gail Dennis; Secretary, Cindy Ahlgren; Treasurer, Steve Townley; At-Large Directors, Steve Wellington, Dave Maschwitz and Charlie Flinn. Address: P.O. Box 80062, Como Station, St. Paul, Minnesota 55108.

**PLEASE NOTE: CANCELLATIONS** MUST be made BEFORE 6 p.m. Sunday, Jan. 9 or you will be billed for the cost of the meal. To cancel, call Bridges (645-6946) or Peg Van Zanden (644-7451). **BABYSITTING** is available for Association meetings. You must indicate when making reservations that you want the service. Cost is \$1.50 per child per night.

## Board to Meet

SAPA Board members will meet at the home of Gail Dennis, 2246 Commonwealth Ave., at 7:30 p.m. on Tuesday, Jan. 4.

## Membership Renewals

Thank you to all those who have responded to membership renewal notices. If you have not yet responded, plan to drop your check in the mail soon or bring it to the January meeting.

## Crime Watch Update

Our neighborhood Crime Watch network is available to communicate concerns relating burglaries or other suspicious behavior taking place in our community.

Do you know who your blockworker is? Your area number and coordinator? What number do you call in case of emergency?

The new **911 EMERGENCY NUMBER** for the metro area should be used only for emergencies needing police, fire or paramedic attention. If you see a burglary taking place, call this number. If you need to give or obtain information of non-emergency nature, or have questions, call the St. Paul police at 291-1234.

Recently, a message was circulated through area coordinators. If you were not called, contact your blockworker, coordinator or Gail Dennis (645-3227). Area coordinators are: Mike Lovett (Area 1), Anne McCormick (2), Kathy McIntosh (3), Marge Avoles (4), Gladys Shoffner (5), Romaine Clark (6), and Jack Sheldon (7). If you have

questions or do not know your blockworker or coordinator, call Gail Dennis (645-3227).

## Langford, South St. Anthony Rec News

The junior Royalty Coronation will be held at Northwest Como on Friday, Jan. 7 at 7 p.m. First place winners will become Prince and Princess of Langford and will compete in the citywide coronation on Jan. 22. Second place winners will become West Wind Prince and Princess and will compete in the West Wind coronation at Edgumbe Playground on Jan. 18 at 7 p.m.

Dates to remember:

Wed., Jan 26: Booster Club Board Meeting at Lanford Gym. Feb. 1-11: Spring Sports Registration will be held for volleyball, newcombe and floor hockey. Children from 2nd grade and up are eligible. Feb. 5-6: WINTER SPORTS DAYS—Watch for details in the February Bugle.

Rec Center Hours for January:

Langford: Mon-Fri, 3:30-5:30 and 6-9 p.m.  
South St. Anthony: Mon-Thurs, 3-5 and 6-9 p.m.

## Did You Know?

That our neighbor, the St. Paul Campus Student Center, offers a wide variety of programs, art exhibits, movies and mini-courses that are available to Park residents. January activities include:

Weekend hours will depend upon volunteer availability. Hours are subject to change, due to city-wide or district events. Call Langford (645-9588) or South St. Anthony (644-9188) for exact hours.

For more DETAILS, CALL 373-1051 or stop by the Student Center and pick up some brochures.



## VICTORY HOUSE Continued from page 1

their 60s and older; senior citizen alcoholics who have no place to go and nothing to do.

He's hoping that charitable groups can help reach out to his people. While county general assistance pays some 60% of operating costs and Social Security and SSI payments to residents make up much of the rest, there are still gaps.

None of the house's windows have curtains. The men need sweaters, coats and jackets. Additional blankets and pillows could also be used, as well as pictures to spruce up the walls of the place. Tollefson welcomes all contributions.

At the Dec. 4 dedication, Tollefson praised Dischinger for his inspirational leadership and for his devotion to God. He acknowledged that naming the main building of Victory House after someone who had meant so much to him personally was almost a selfish thing to do. But it was also the right thing to do, he said.



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### PEACE LUTHERAN + LAUDERDALE

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Eucharist first and third Sundays. Bible Class &  
Sunday School 9:15 a.m. Wednesday Worship 8  
p.m.

### ST. ANTHONY PARK LUTHERAN

Sunday Worship Services 8:45, and 11:00 a.m.  
—nursery provided. Communion 1st and 3rd  
Sunday. Sunday School 9:50 a.m. Adult educa-  
tion 10 a.m., Youth Sunday evening, program  
and time vary. 12th Night party Jan. 7th, 7 p.m.

### ST. A.P. UNITED METHODIST CHURCH

Worship Service 10:45 a.m. Church School 9:30.

### ST. CECILIA'S CATHOLIC

Mass: Saturday, 5 p.m. and Sunday, 10 a.m.  
Cromwell and Bayless Place. Nursery provided at  
10 a.m. Sunday Mass at the church, 8:30 a.m.  
Mass on Sunday at Seal Hi-Rise, 825 Seal St.,  
handicapped accessibility. Everyone welcome.

### ST. MATTHEW'S EPISCOPAL

8 a.m. Holy Eucharist, 10 a.m. Holy Eucharist.  
Nursery, Sunday School available through 4th  
grade.

### ST. PAUL CAMPUS MINISTRY CENTER

1407 N. Cleveland Ave. Lutheran Community,  
Holy Communion Sunday 10 a.m. Roman  
Catholic Community, Mass Sunday 10 a.m.

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Worship and Church School 10 a.m.

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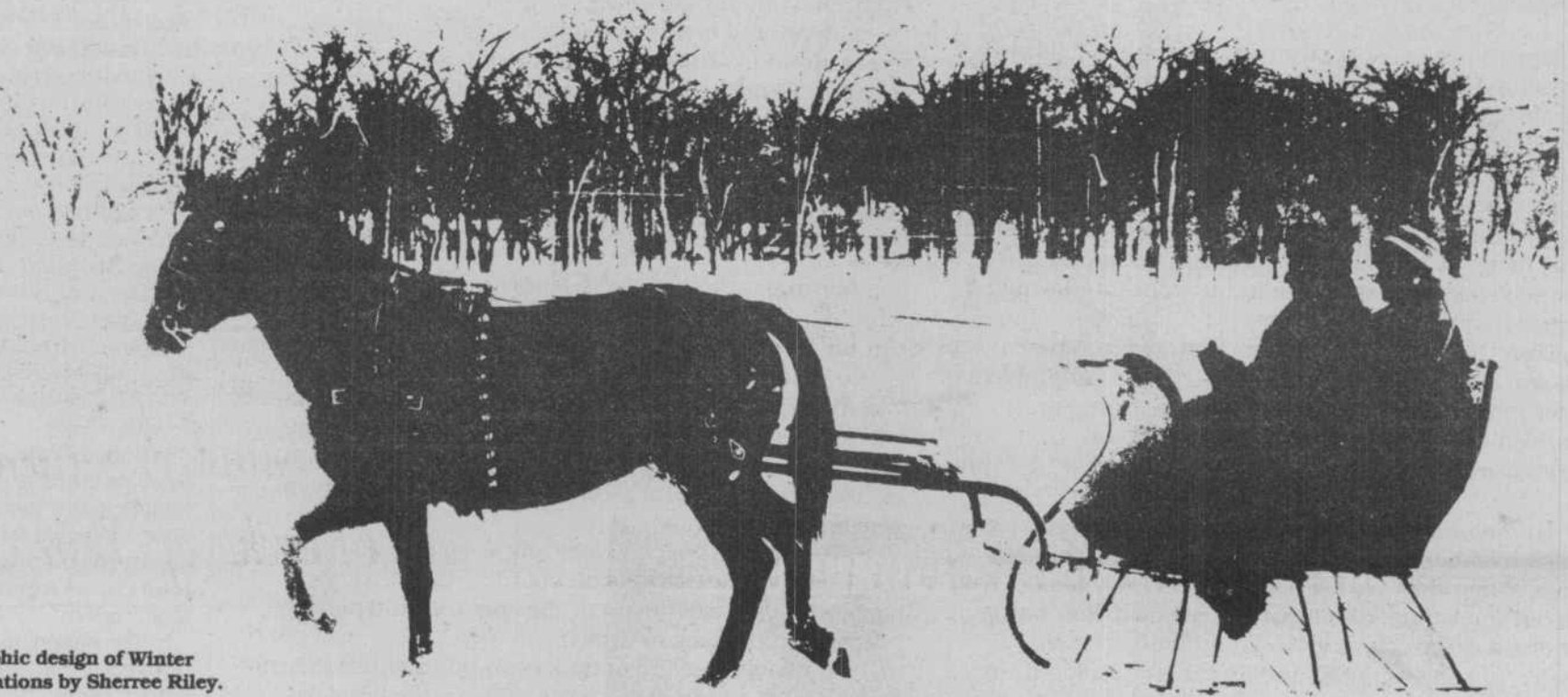
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See us at the St. Anthony Park computer fair  
January 19th—Murray Junior High School



# Winter variations

A special section of the Bugle, January, 1983.



Graphic design of Winter Variations by Sherree Riley.

## Memories of winter in good old days

by James R. Dukart

**T**oday, you can survive a particularly harsh Minnesota winter with a little help from TV *Guide* and a dependable battery in the car. But it wasn't always so.

What was winter like in the days before re-runs of "Dallas" and heated garages? Who cleared the streets for the Model-Ts and horse-drawn coal wagons of winters past? What did Park residents do in the severe winter weather of the 1920s and 1930s?

"People lived quite differently then than they do now," said Matilda Bunting. "It was terrible one year — we just had a wood-burning stove and no furnace since we were rebuilding our house that had burned down in August. We nearly froze that year. The stove did not work really well to keep the whole house warm, and in the morning it was mighty cold in the bedroom."

Bunting has lived in the Park area for 68 years. She remembers a different Park from the one we know today.

"It was just like farming country out here. All just dirt streets. We used to have chickens in the back, with a path leading out to the chicken shed. One year the snow was so high that you couldn't even see a person walking down the path — the snow was over his head," Bunting said.

Winters of this period were not a time when people travelled a great deal or went out very often.

Heck Remington has lived in the Park area since about 1907 and remembers well the problems one had on a winter drive in the early 1900s.

"The streets were all dirt and weren't cleared well in the winter. You see, they would only clear one rut. If you met someone on the road, you had to turn off to let them pass and that's when you got stuck. You really didn't drive cars in the wintertime. It was too much of a problem," Remington said.

Remington also remembers the problems that accompanied coal-burning furnaces.

"In real cold weather, sometimes the fire wouldn't keep overnight. Then you also had clinkers and ashes all the time," he said.

Coal ashes were not always the disdain of Heck Remington, though. He says he used to earn spending money in his teens by hauling ashes away from the neighbors' houses for 50¢. He and his brother would load the ashes into tin buckets on toboggans and pull them down to the swamp to dump. That swamp is now Langford Park.

"Oh, it was pretty bad down there back then," Remington recalls. "My brother used to catch muskrats down by the swamp."

Gale Frost also remembers the swamp. He says in the

turn to page 9



# Staying alive staying inside

by James Wesley Brogan

When I returned to this part of the country a few years ago from San Francisco, I made certain not to arrive before winter had ended. I would need as much time as possible to prepare for the next one. My memories of winter from childhood in northern Iowa included at least one week each year when the air was so cold or the snowdrifts so deep that schools were closed throughout the region.

Sometimes I suspect that my adventures following high school did not lead me south and then west merely by accident, but that I was subconsciously moving as far from this climate as I could get—without actually having to live near flamingoes. And the longer I stayed away, the harder it became to imagine moving home again. In my mind, as the years passed, the winters became fiercer, the winds more vicious, and the snowdrifts deeper, until I convinced myself that no one in his right mind would ever live here.

Even though I had spent my first 18 years here it was with real curiosity that I returned to the whole problem of winter in the middle west. I was waiting to see, or be reminded, how people managed to survive in temperatures below zero for days or even weeks at a time.

The solution, of course, is quite simple, as you know, and I am embarrassed to admit that I hadn't thought of it earlier. When the weather gets cold, you stay inside! You look out the window. You turn up the heat. You buy a pair of sheepskin moccasins. You put on an extra sweater, or some thermal underwear. You look out the window again. You pull the curtain.

If you have any sense at all, that is, you spend only as much time outside as it takes to get from your house to your car, and then from your car to someone else's house. Even the car is not abandoned to the elements, but plugged into a heat supply. When you go downtown, either to Minneapolis or St. Paul, you do your shopping by skyway. You don't go outdoors unless you have no alternative. Why would you? It's cold out there!

Most Minnesotans take this for granted, but for me, believe it or not, it was a revelation. Whether because of my experience in San Francisco where it almost never freezes, or the natural tendency of my brain to ice up when the mercury drops below 40 degrees, I had formed the impression that people here had no escape from the cold.

Even now I am amazed that arctic conditions can be rendered harmless by the simple expedient of walking inside and pulling the door shut. It seems too easy, like a happy ending to a nightmare, and I worry that our system of protection will somehow break down.

It is true that inside and outside are not perfectly separated, and that there are costs involved in keeping warm. As I am learning reluctantly in my new role as householder, the cold which is supposed to stay out, comes in, and the heat which is supposed to stay in, slips out. The man from NSP who recently did an energy audit for us told me that our house was fine except for the walls and windows and doors, and especially the roof, and especially the basement.

All I have to do now, he suggested, is cover the windows with attractive styrofoam, dig a trench three-feet deep around the perimeter of my house and insulate the foundation, then rip out the ceiling upstairs and pack in another nine inches of fiberglass. Of course, the roof will have to come off so we can replace the rafters with 2 x 12's, but the idea is to get to R-44 from R-11. For

those of you who don't know the insulation game, R-44 is like Boardwalk or Park Place; R-11 is like Baltic. You're losing heat so fast your shingles melt.

None of this would be so bad if the energy auditors had left me my fireplace. All my life I've wanted a fireplace. When I first tried to talk my father into putting one in, he was a complete grouch about it, telling me what a big, dirty mess they were, and how much work it took to keep the fire going. He even insisted that a fireplace took more heat out the chimney than it put in the room, but I had already quit listening. I knew better.

Anybody knows that a fireplace makes a room warmer. That's what it's for. I love to sit in front of a good fire, don't you? It makes me feel warm. And the closer I sit, the warmer I feel.

So here I am, almost 40 years old before I finally get possession of a house with a fireplace in it, and what happens? Everybody suddenly becomes obsessed with energy and energy efficiency.

The price of heating your home gets so expensive you're afraid to strike a match. As soon as you feel comfortable on a cold day, you start feeling uncomfortable because you know what it's costing. Comfortable is too expensive. So you turn the thermostat down to where you're uncomfortable, and then you feel better. Chilly is good. Shivering is ideal. You know you're being efficient, then.

My long-awaited fireplace, the man tells me, is just what my old man said it was—a big loser. Every time I put together a nice little fire, it draws something like 10% of the heat out of the room. God knows what happens when we're down to the embers and leave the flue open when we go to bed. Instead of feeling cozy as I fall asleep, my eyes turn bright red and I swear I can hear thousands of cubic feet of natural gas rushing out my chimney like a Niagara in reverse.

They tell me I needn't lose any sleep over all the fuel my fireplace is wasting. I can board it up if I like: jam some attractive styrofoam in the opening, and perhaps paint it a nice black or brown.

Or, I have a second option. I can buy a super-thermo-heato-matic, a kind of stove you stick in the fireplace with fans and vents and doors and grates and windmills of some kind. If I want to do it right, I have to cut a hole in the floor and run an air duct through the basement to the outside so that the air sucked into the stove will not come from the house.

The heat generated by the logs—if I still get to use logs—will be blown into the room by an electric fan. And if everything goes perfectly, I can bring my efficiency up to around 40%.

Perhaps it's a good solution. I'm sure it's far more efficient than what I have now. But you know, that electric fan I mentioned would have to be plugged in just like a lamp or a TV set. And somehow, the idea of plugging in my fireplace doesn't appeal to me.

One way or another—I'm not sure how it happened—I've been robbed, that's all. The burglars have just made off with my hearth.

## Remember the winter of '82?

by Maridee Farnquist

"Winter will be warmer and drier than usual, January will be milder . . ."

No, that's not the forecast for the winter of 1983, so don't heave a sigh of relief yet. That was the forecast from the Farmer's Almanac for the winter of 1982, and we all know what that was like.

This year the almanac predicts a winter that will be "considerably drier than usual, with periods of severe cold through January." It goes on to say January temperatures will be below normal.

Of course, last year it said we'd have higher than normal temperatures in January. But, as we all remember, the temperatures combined with the windchill factor went as low as 60 degrees below zero on several days.

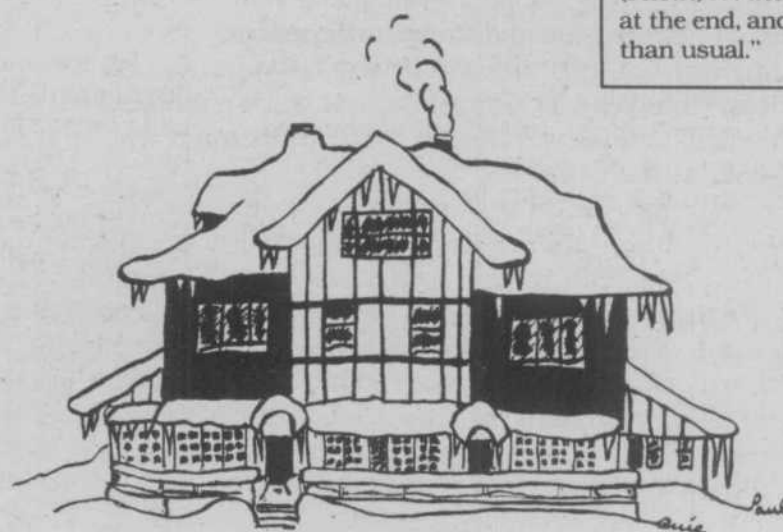
Snowfall was even more memorable than temperatures last January. We set a record for the snowiest winter in Minnesota—a grand total of 95 inches.

The period of January 20-23 last year contributed a great deal to that record. We suffered through the notorious storm that set a record for the most snowfall in a single snowstorm—19.9 inches.

This year's almanac predicts "snow, very cold" for the same four-day period. Local weathercasters warned us of the storm last year, too: the forecast was a possible four to six inches.

February was more pleasant, with five days of record high temperatures in the upper 50s.

This year's almanac says of February, "mild through mid-month (Phew!) . . . with a cold snap at the end, and snowier than usual."





# Coffee to Go

Short Fiction  
by Terri Ezekiel

The snow swirled across the highway and the wind hissed through the '69 Dodge as it inched along in the storm. Pat had told him to stay overnight, but Joe figured he could make it home with no problem.

Now he wasn't so sure. The heater was blasting, but there was only a small circle on the windshield that was without frost and the blowing snow left him almost blind. He was glad that there was no one else on the road at that hour—at least he didn't have to worry about skidding into someone. He hummed along with the radio to keep himself from getting tense, and he thought about the great time he'd had at the bar with Pat that night, playing pool and talking to the bartender about zoology. He and Pat couldn't get over that the guy had a Ph.D. in zoology.

Joe was about 10 miles from home when he saw the lights and the neon sign—Phil's Diner—just off the road. He'd been on this road more times than he could count, but he couldn't remember seeing the place before. Still, he thought, he could sure use some coffee and it looked like a good place to wait out the worst of the storm.

He pulled into the lot and began wrapping himself in his New York Giants hat, his 6-foot long scarf and long fraying gloves for the walk from the car to the diner. The wind had turned the snow into a wall that could not be moved through, but could only be pushed back.

A blast of frigid air accompanied him into the diner, and the patrons shouted for him to shut the door. He looked around, thinking that the place looked like a movie version of a diner, with neat red curtains at the windows, revolving seats covered in red vinyl, a soda fountain in the corner and an old-fashioned jukebox. As he unwound himself from his winter gear and made his way to a seat near the end of the counter, the waitress glided up to him.

"Have a seat, Joe," she trilled. "You look like you could use some coffee, honey."

He wondered absently for a few seconds how she knew his name, but was distracted by her appearance. She had fiery red hair teased into a huge beehive, layers of pancake makeup and crimson lipstick, and was dressed in a black uniform, red ruffled apron and cap. He almost laughed when he saw that the nametag said "Shirley."

"Well, Shirley, I think you're right. Make it hot and black."

Looking around at the rest of the patrons, he was surprised how crowded the place was. He didn't remember seeing many cars in the parking lot. The people looked like old-timers from the area—truckers, mostly. A few seats away, he heard a couple of guys arguing about whether the Yankees or the Red Sox were the better baseball team. Suddenly one of them turned and said, "What do you think, Joe? You're quite a baseball fan."

"How did you—" He stopped and stared at the man, then decided he *had* to be crazy; this guy couldn't have known what a big Yankee fan he was.

"Oh, uh, I like the Yankees, myself," he stammered.

"There, you see," his questioner gloated to his companion, who only grunted in reply.

Joe was beginning to think it was time to get home and into his warm bed when Shirley arrived with his coffee.

"Here you go, honey, this should fix you right up." He swallowed a little and smiled. "Ah, that's real diner coffee."

"What did you expect?" Shirley laughed.

The coffee calmed his jangled nerves and he began wondering again why he'd never noticed the place before. The next time Shirley glided by, he stopped her.



"Shirley, is this place new?—I can't remember having seen it before."

"No, honey, we've been here forever, you just never noticed. You've been away a while anyway, haven't you?" She smiled again, her face cracking into a thousand wrinkles.

Joe began wondering nervously if someone from his family had been in here talking about him.

But before he could think again about leaving, Shirley arrived with some eggs and sausage, the best he'd ever eaten. He relaxed, enjoying the warmth of the place, and soon was drawn into the conversations of those around him. The jukebox clicked on with his favorite songs and he found himself singing along with the music.

It was almost 5 a.m. when he looked at his watch again. He was tired and didn't want his parents to think he'd had an accident in the storm, so he stood up to leave. He was fishing in his pockets for change for a tip when Shirley came up to him.

"You're not leaving, are you Joe? That storm's pretty bad yet."

"Well, it's pretty late and it sounds like the wind's died down a bit," he replied, thinking it had been a long time since he'd heard the wind.

"I don't know about that," Shirley said. "Take a look." He glanced out the window and was shocked to see that the snow was still blowing hard—so hard, in fact, that he could barely see through the glass.

"It's pretty late, Shirley, I've really got to get home," he said.

"You're gonna be sorry," she replied.

Joe slowly bundled up, greeting the concern in the faces of the patrons with a grin. He pushed open the door and stepped out into the storm.

\* \* \*

Pat was out early the next morning looking for Joe. Joe's parents had called, and when Pat heard that Joe hadn't made it home, he jumped into his car to look for him.

Pat was about 10 miles from Joe's house when he saw the old Dodge in a deserted field. He made his way through the snow to the car, afraid of what he was going to find.

But Joe wasn't in the car. Pat looked all around the field, but found no sign of him. He stood by the car, wondering what to do next, when he spotted something in the snow. He ran over, thinking it was something of Joe's, but it was just an old cup, the kind you find in diners. Pat threw it away and walked slowly back to his car.

## WINTER HISTORY Continued from page 7

winter it would freeze over and serve as a hockey rink for him and his friends on cold winter days of the 1920s.

Frost, who moved to the Park area in 1919, said there was no warming house at the swamp, that he and his buddies would simply change into their skates out on the ice and then try to get warm by skating and running around. He also recalled another area winter funland.

"Where University Village is now used to be just an old cow pasture. It was a great place to ski, with all the hills. Used to just be a big pasture where the university farm school used to graze their cows," Frost said.

Tow mentioned that weather forecasting in the early 1930s was really little more than "a good try at a guess," since radio was still relatively new and information didn't travel nearly as quickly as it does today.

There might have been one winter, though, when Tow could have used some advance warning on the weather.

"I remember the winter of 1936 very well," Tow said. "We had 36 straight days below zero. From Jan. 18 to Feb. 22, it never got above zero. On Jan. 22 it was 34 degrees below zero. The average for these 36 days was 14.9 degrees below. The warmest day was Feb. 3, when it got up to 5 below. That winter was a dilly."

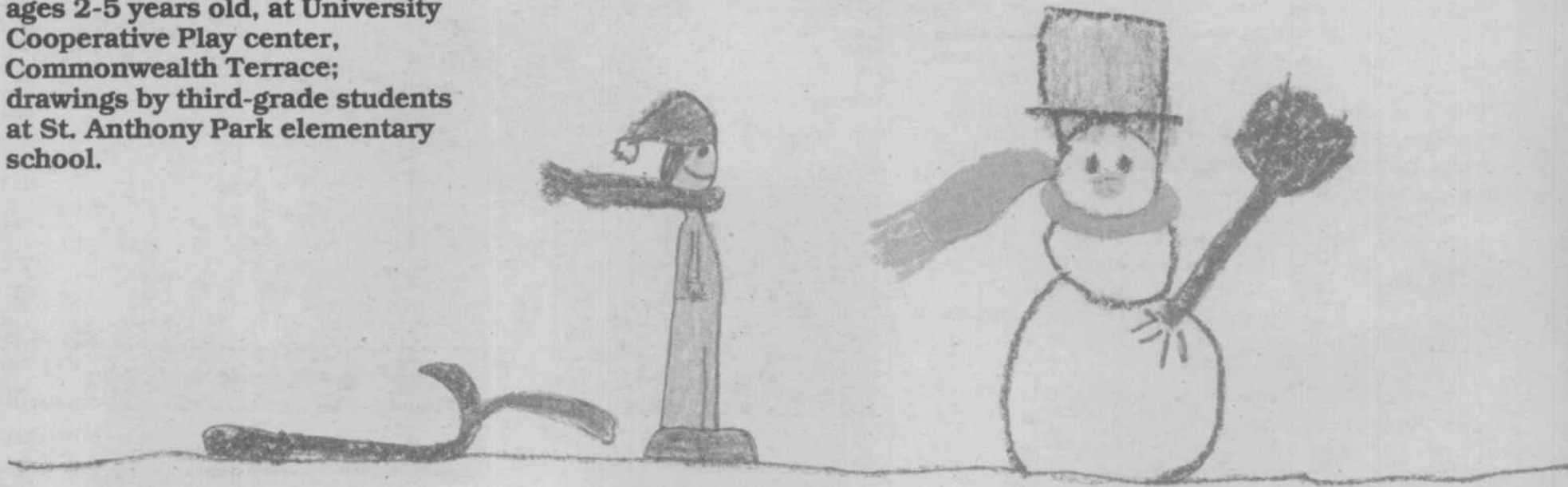
Thirty-six days of sub-zero weather in the days before television and electric heat.

And you thought this winter would be tough!



# Winter is:

Definitions supplied by children,  
ages 2-5 years old, at University  
Cooperative Play center,  
Commonwealth Terrace;  
drawings by third-grade students  
at St. Anthony Park elementary  
school.

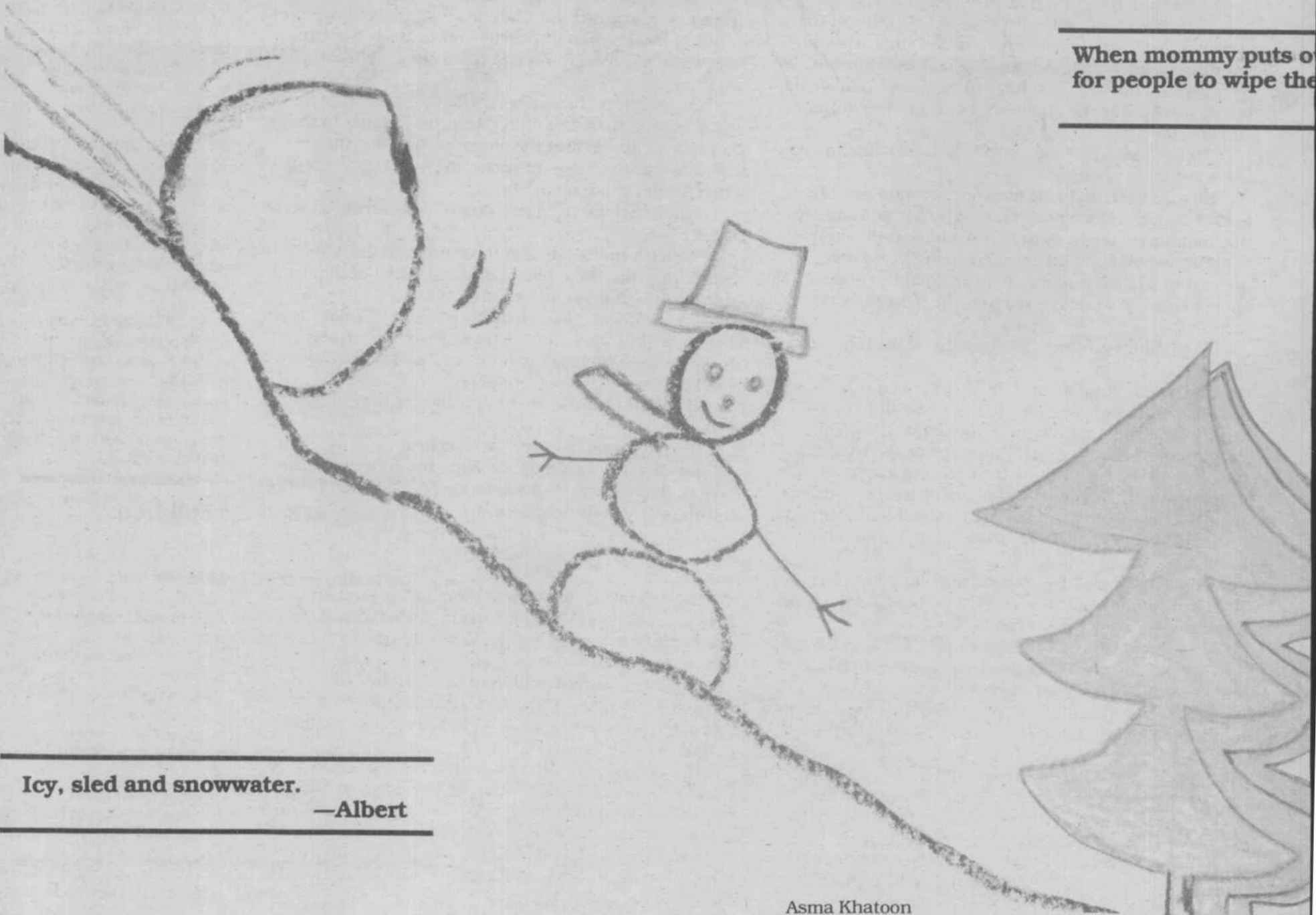


Laura Malchow

---

When snowman will come.  
—Siuful In

---



---

When mommy puts on  
for people to wipe the

---

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Icy, sled and snowwater.  
—Albert

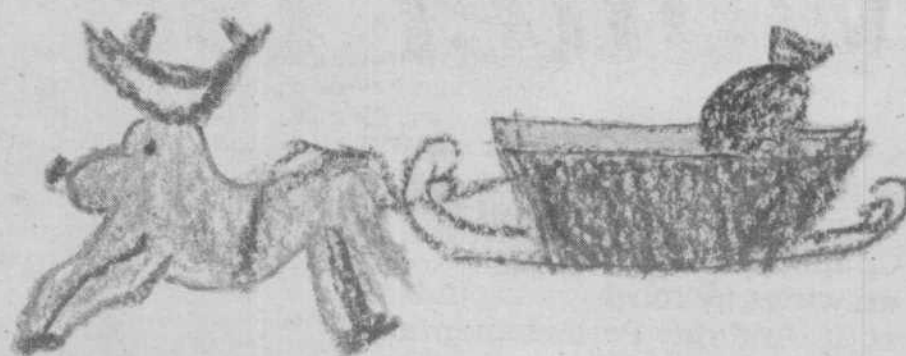
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Asma Khatoon



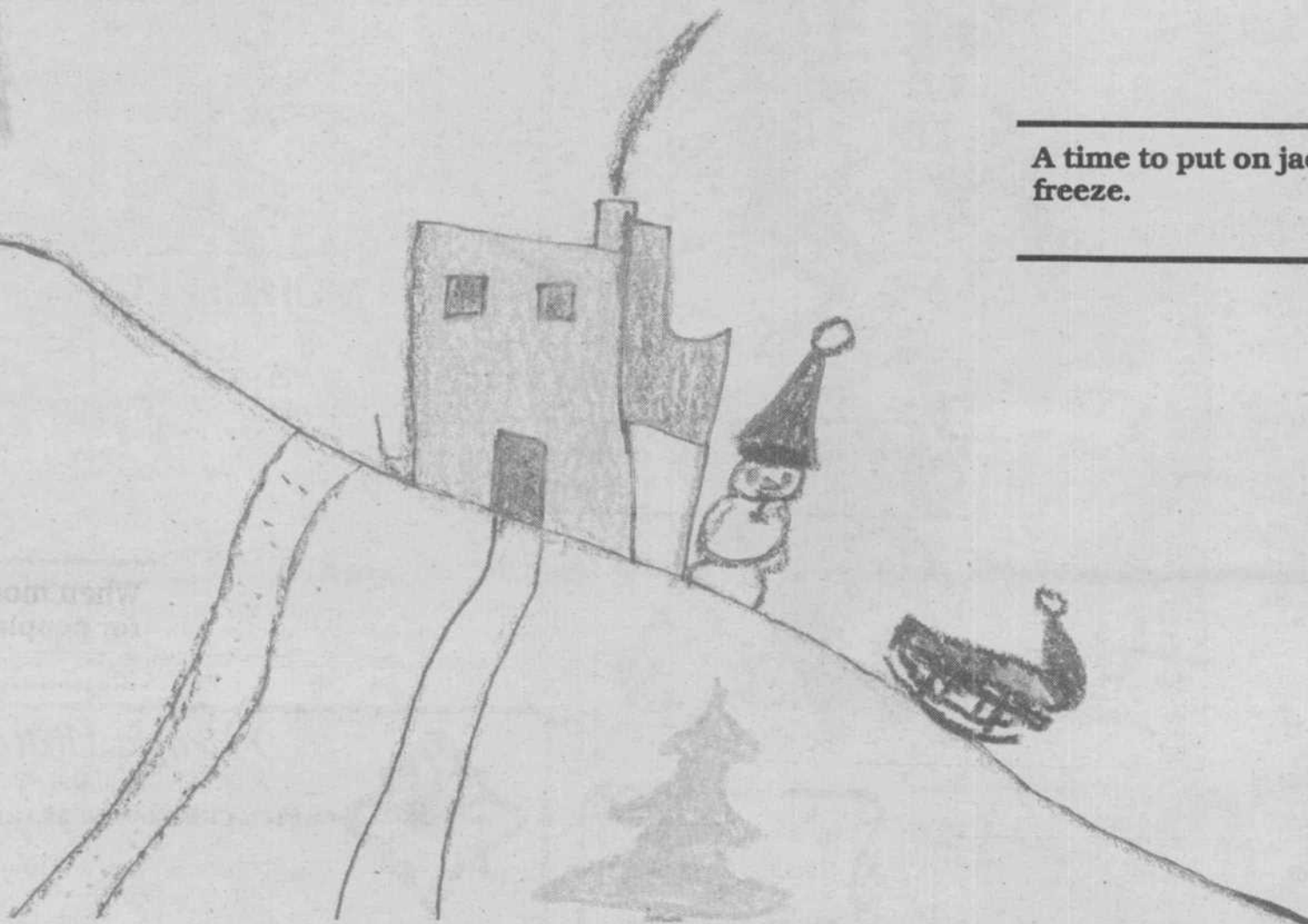
A time to jump in the snow and to  
push other kids in the snow.

—Tony



A time to put on jackets and  
freeze.

—Kamali



Isaac Waterbury

carpet

—Missy



Suzanna Winther

### We also asked the children:

Why is Minnesota cold in winter?

"God wanted it that way so Mom and Dad and me  
could have fun in the snow."

—Albert

"To make the air fresh."

—Itay

Why is it cold in Minnesota and not in Florida?

"Mickey Mouse and his friends need it hot for  
people to see them."

—Tony



# Winter doesn't slow zoo animals

story and photos  
by Jon Madsen

Even when the weather seems too cold for man or beast, there's activity at Como Zoo.

"Last winter on days with 30 degrees below wind chill, people were at the zoo," Como zookeeper Mike Thell said recently.

Good crowds attend the zoo throughout the winter, Thell noted, especially on the weekends. "It's a nice time to spend in a casual atmosphere."

The animals that are used to cold weather live outdoors during the winter, but can warm up. The bears have heated dens, the cougars have heated caves and the tiger has a sheltered, heated ledge.

"There have never been any animal injuries or deaths from the cold," Thell said. "All the animals that are unhappy with the cold are taken indoors before the temperatures get too cold," the zookeeper explained.

This winter the seals have a new home in the Aquatic Animal Building. During the winter, Sparky the Seal can occasionally be seen practicing tricks. In the same building are penguins, otters and an inside view of the polar bear pool. With the plumbing completed on the fish tanks, this exhibit should be finished in early 1983.

Flamingos and crocodiles that live outside in the

summer are moved indoors for the winter. Birds, reptiles, monkeys and the cougar cubs are on display in the main zoo building, which the zoo plans to remodel. The bars will be removed and an aviary and reptile house will be built.

Winter hours at the zoo are in effect from September through April. The grounds are open from 8 a.m. until 5 p.m. The buildings open at 10 a.m. and close at 4 p.m. Tours at the zoo can be arranged with prior notice.



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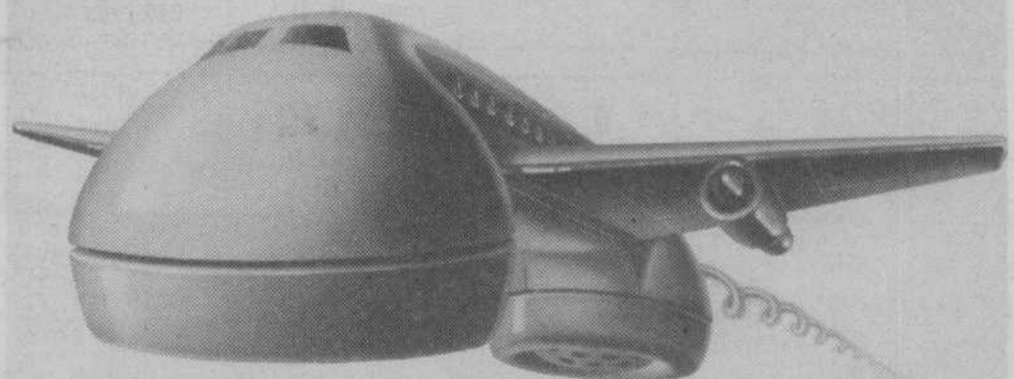
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
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# 'Long bladers' reminisce as they skate

by Diane DuBay

Each Friday morning from November to March a group of senior citizens, many of them former area residents, meet at the Coliseum at the state fairgrounds to relax, reminisce and relive part of a by-gone era when long-blade ice skating was the dominant form of recreation in St. Paul.

Long blades, usually referred to by younger generations as speed skates, are used for the long, gliding strokes of social skating. Individually or in couples, skaters move rhythmically over the ice to the strains of "The Skaters Waltz," "Sweet Georgia Brown" and other familiar music.

"The advantage is in the longer strokes," said 66-year-old long-blader Lawrence Gebhard. "You don't have to push yourself so much."

In the 1920s and 30s, long-blade ice skating was more popular in the area than figure skating or even ice

hockey. There were no high school teams in St. Paul until around 1938, according to the long-bladers, only a few of whom had ever played hockey.

"I tried out for hockey at Macalester College—that's as far as I got with hockey," said Herb Esch.

Most of the long bladers remember spending many week end evenings skating at the old "hippodrome" at the fairgrounds. The Hippodrome has been replaced by the Coliseum; and the live brass bands that played have been replaced by cassette tapes and stereo speakers. The team of horses that dragged a rink planer over the surface of ice has been supplanted by modern maintenance equipment.

The Friday morning long bladers don't mourn the changes, however. The one thing that hasn't changed is the energy and enthusiasm they have for long-blade ice-skating.

"We grew up on skates,"

said Clarence.

Another fraternal duo, Clifford and Harold (Hy) Olson, also shared that experience.

"We were rink rats," said Clifford, adding that as a boy he was kicked out of the Hippodrome at first because he was too young. "Rink rats" sought jobs sweeping the rink or working at the refreshment counter to overcome the age restriction or the price of a ticket.

"I swept the Hippodrome for ten years," said 78-year-old Gordy Larson. Although Larson no longer skates, he enjoys the camaraderie of the group.

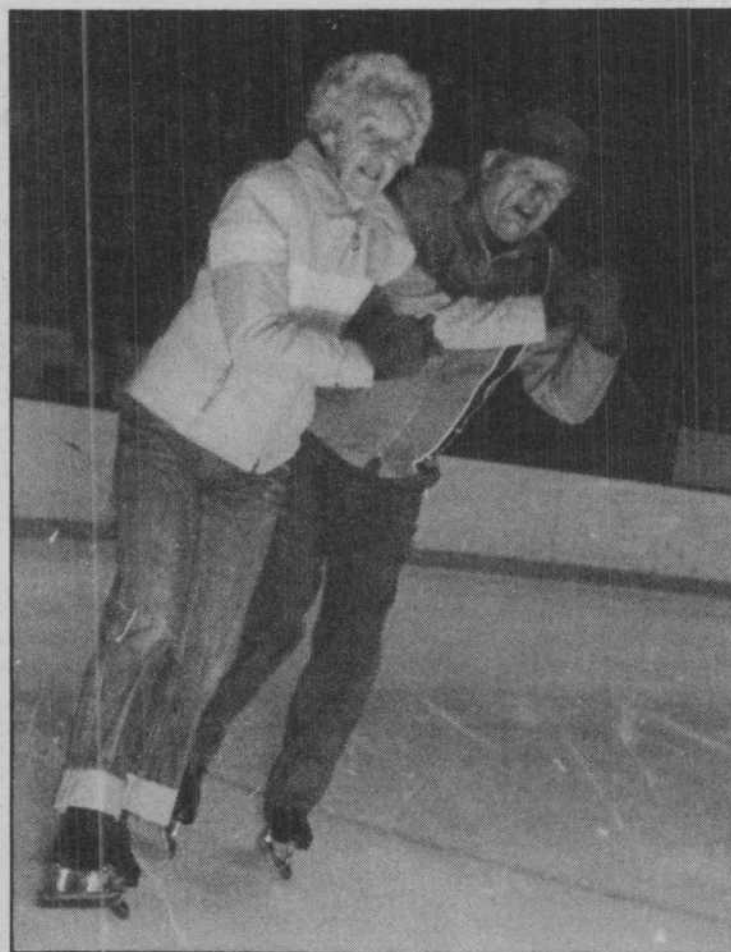
The 40 "regulars" in the Friday morning long-blade group represent the largest number who have gathered at the Coliseum since the time was set aside for this type of skating about five years ago.

It was at the suggestion of Harold Olson that the Coliseum management scheduled the time for long-bladers.

Since that time the group has slowly but steadily increased.

"I've only been at it for the past six years," said Evie Sathre. Sathre said that she tried long blade skating a year ago when her usual recreation, badminton, was temporarily unavailable at the YWCA.

Lee Schway also started skating later in life. "I started when I was 40," he said. "I never even knew how—I got a bunch together and we borrowed our kids'



Evie Sathre and Len Ott on the ice. Photo by Diane DuBay.

skates to learn," he said.

Floyd Bedbury, 47, a Falcon Heights resident and former two-time Olympic speed skater, glides purposefully in and out of the skaters. Bedbury said that he quit racing ten years ago but is now back in training with tentative plans for some competitive skating and coaching assistance to youngsters who are interested in speed skating.

Interest in long-blade or speed skating can mean new skates for as much as \$200. Those who have made that investment think it worth the price but a few skaters haven't been faced with that problem.

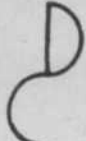
Len Ott prizes his old pair of St. Paul-made Strauss skates.

"There are enough miles on these skates to take you to the moon and back," he said.

Ott's skates are made of kangaroo leather, once prized for its softness and strength, but no longer available.

Some long-blade purists in the Twin Cities prefer the "softer" ice at other rinks. But the Friday morning Coliseum crowd is largely unconcerned with this detail. They're there because they love to skate.

"A 40-foot stroke is thrilling," said Ott. "It is just perfect satisfaction."




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## 14 Park Bugle

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Perhaps you're lucky I haven't written it.  
They were too stout, those threads,  
eleven thousand feet high  
braving the wind through the pass  
and the spiders ... I can't tell you  
about those spiders yet. They keep

spinning in my mind, new webbing,  
enveloping themselves in layer after layer  
of fur that shifts to the view  
like a compounding of myths.  
They're not prepared to be  
exposed. They're waiting behind  
eyes I can't quite look into  
to pass through a winter only they  
and a barren, rock eyed mountain top  
know so far. I can't touch them yet.

When I finally spin the tale of spiders  
it will be something new,  
but such ancient threads I'll use,  
such old, old secrets of weaving  
to mesmerize both watcher and weaver  
that neither will ever again  
fly free. Wait and see.

—Beryle Williams  
(Originally published in  
Dacotah Territory 10, 1975)



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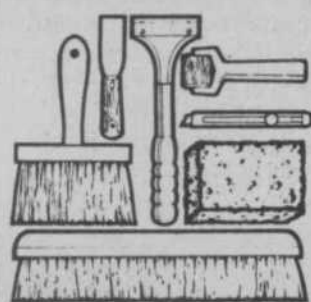
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# While some hibernate, winter athletes thrive

by Richard Bale

As the nights get colder and the days get shorter, the familiar sights and sounds of winter clue us instinctively into hibernation. We get our exercise indoors now, vicariously, watching professionals on Sunday afternoons.

However, for some local residents, winter means gearing up for outdoor activity. Below are some of their ideas for enjoying the Minnesota winter, not merely enduring it.

## Ice climbing: Grebner

In the winter we have a lot of ice in Minnesota. Many people enjoy ice skating, but Kurt Grebner, St. Anthony Park resident, has a better idea. Saturday mornings he gets up early, packs his gear and drives out to his favorite spot in Mendota Heights. There he spends all day slowly climbing up 30-foot cliffs of ice.

Ice climbing is not a common sport. The equipment can get expensive because it must be made very well and there is relatively low demand for it. There are not

many places to climb, either. Not many landowners want someone dangling from their ice cliffs.

But ice climbing offers a personal challenge most sports can't offer. The individualistic nature of ice climbing is what attracts some people to it.

"It goes along with the other activities I do," said Kurt. "It can be done alone or with one or two other people. It provides a challenge."

Safety is very important. "It's fairly safe as long as you pay attention to what you are doing," Grebner said.

## Curling: Dexter

The national sport in Canada isn't hockey, it's curling. "There are four or five curling players for every hockey player in Canada," said Jim Dexter, a member of the St. Paul Curling Club, who lives in St. Anthony Park.

Curling is an old Scottish game, according to Dexter. Teams of four players slide heavy pieces of granite across sheets of ice to a target 140 feet away.

"Curling is very much a touch and finesse game," Dexter said. He added that

people who try it for the first time comment that it's not as easy as it looks.

"It's the only team sport I've seen that men and ladies can compete in on an equal basis," said Dexter. Age is not a barrier, either. The St. Paul Curling Club signed up 62 kids for their new junior program, ages 7-17. The oldest players are in their 70s.

Dexter said an important part of curling is tradition and etiquette. "Players shake hands before and after the games and many times opposing players will compliment each other's shot," he said.

## Ski Patrol: Magnuson

Being a ski patroller is not for everyone. It requires advanced skills in skiing and first aid, a large time commitment and lots of dedication.

But for those volunteers who, like Alice Magnuson, a life-time St. Anthony Park resident, patrol the area's ski slopes, it's an important part of life each winter.

Magnuson explained the lure of ski patrolling as "the satisfaction of helping people and a deep love of skiing."

Ski patrollers work out on the slopes, where they ski the runs watching for skiers who are injured or in trouble. Magnuson and Sharon Nelson, also a St. Anthony Park resident, patrol at Wild Mountain ski area one night each week and one weekend day each month.

When asked about the most common injuries on the slopes, Magnuson chuckled. "The most common injury is to the thumb," she said. "But, we also get our share of lower leg injuries."

To become a ski patroller, a skier must undergo rigorous training and testing, which is conducted by the National Ski Patrol. Magnuson has been patrolling for 11 years.

## X country skiing: Dunshee

Cross country skiing or Nordic skiing, as it is sometimes called, is one of Minnesota's fastest growing winter sports. Every year more and more people are discovering the Minnesota winter on cross country skis.

Bryant Dunshee, a member of the Northstar Ski Touring Club who lives in St. Anthony Park, says one reason for its popularity is that

people of all ages can enjoy it.

"I've seen people start skiing in their mid-60s and I have friends skiing who are 70. And they are good skiers," said Dunshee.

Unlike downhill skiing, cross country skiers don't fly down hillsides. Instead they are free to coast along and enjoy the winter countryside at their own pace.

Cross country skiing not only offers good sights, but also good exercise.

"Aerobically it is considered one of the best exercises for improving your breathing and circulation," Dunshee explained. The kicking and gliding motions help tone arms and legs, and the smooth movements of skiing are much easier on knees than many activities.

The University of Minnesota golf course is a good place locally to start skiing. It is not a difficult terrain and there is plenty of room to learn. Como Park also has some areas and open stretches for skiers to practice their racing form.

# St. Paul campus stays alive in winter

by Kent Lundberg

Winter is a time of change. It affects people, animals, the earth—everything. In preparation for this season, many people are busy on the St. Paul campus of the University of Minnesota.

Morris Mittenness, Superintendent of Farm and Grounds, is in charge of all the soil and crops on the campus. In preparation for the spring, Mittenness sees that 200 acres are plowed each fall, some of it on the land east of Fairview and north of Larpentur avenues. Animal waste is recycled through the research plots.

Les Potts supervises landscaping and its maintenance. In the fall, leaves have to be chopped up and trees wrapped and pruned. Traps are set out to prevent rabbits from ruining the trees. Potts has students to assist him with these projects.

The same crew that worked on research plots in the summer does the snow removal in the winter. Eight people are employed full time and ten people part time to do this work.

Mauritz Linder, research plot coordinator, oversees the harvesting of 40,000 to 50,000 plantings of soybeans. Since

research on soybeans is one of the major research activities on campus, harvesting the beans before winter weather comes is important. The beans must be dry when they are stored for evaluation and testing.

About the time school starts in the fall, the workload in the dairy barn increases. Hay has to be put in the barn and the animals are brought indoors. Some 160 cattle are kept during the year, according to Jim Paulson, herdsman and dairy technician.

Down-filled jackets strapped with back packs pass in and out and around brick structures of education. Green, blue, yellow, red, gold tops strut the sidewalk, brighten the snow. At the traffic light students fasten zippers, adjust mittens, stomp snow, check watches. Wind chill holds breath in slow motion. Crunching feet crisp the cold. In the next block, a giant crane labors in the earth. Beginning new structures for students in down-filled jackets next year.

Kathy Diedrich

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# Californian encounters real winter

by Tom Krogstad

I was only taking my coat off at Bridgeman's one afternoon. But the space around the booth was small. I ended up knocking over a ketchup bottle, a creamer and the water on a neighboring table into someone's lap.

It's the little things that seem to be most difficult in adapting to my first-ever winter. Like dealing with excess clothes.

I am a Californian, but more than that, I am a Southern Californian, a suburban Southern Californian. Yes, it snows in California. But mostly in

northern California or in the awe-inspiring Sierra Nevadas (which stretch through central California). It even snows for a few weeks of the year in the mountains surrounding the greater Los Angeles metropolitan basin.

We treat snow like a plaything. Going to the mountains during the winter is like going to the beach in any season. The natural elements are there to be enjoyed. For a while. Then it's back to the comforts of home.

I have seen snow before. I've played in it many weekends. In fact, I'm proud to say that I once spent 10 days in the snow. In a well-stocked luxury cabin with pool room and indoor hot tub.

It's too much of a hassle, all this winter stuff. Every time I leave my apartment I feel like I'm General Patton

preparing for war with the elements.

And the temperatures. I had never been out in anything less than 30 degrees. And that was the extreme in the mountains. Recently, we here in Minnesota had what was called a ridiculously warm heatwave for November. These record highs were matching record winter lows for my hometown.

More recently, the temperature cascaded down again. Late one night, I refused to leave a friend's house. It was 0 degrees outside and I thought that was the temperature at which human blood freezes.

I was disappointed nobody makes longsleeved, woolen Hawaiian shirts. I have found out that acrylic is a synonym for useless. My few sweaters were all 100 percent

useless.

Living here, I understand why General Motors still makes big cars and Chrysler still makes tanks. Acres of metal mean relative safety when mother nature decides to turn the freeways into icy slip-and-slides.

Walking (slowly, to avoid the Minnesota shuffle) is the only other way to get around. But what do you do with freezing thighs? You have to be continually aware of your movement and anything else around. It means no laissez-

faire movement. Less wandering. More determination to get out of the cold.

Walking also means looking at the snow outlining the leeward sides of trees like bony skeletons. Seeing squirrels stuff their pouches with nuts, I think walking might be the force that makes me turn to love the winter. If I can only keep my nose warm until I get home.



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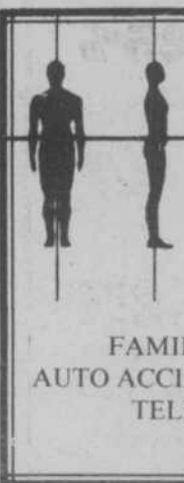
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School resumes

Northern Lights 4-H Club, 2228  
Doswell, 7 p.m.

American Legion Post #34, Lutheran  
Church, 7:30 p.m.

**Tuesday/4**

St. Anthony Park Association board  
meeting, 7:30 p.m.

**Wednesday/5**

Leisure Center, Methodist Church,  
10 a.m., movie and literature from  
Arthritis Foundation

Twelfth Night Dinner with  
Renaissance Music, St. Matthew's  
Episcopal Church, call 645-3058

Public meeting on Mayor Latimer's  
Self Reliant City, District 12,  
Merriam Park Community Center,  
2000 St. Anthony Ave., 7 p.m.

**Thursday/6**

District 12 Physical Committee,  
2380 Hampden, 5 p.m.

District 12 Human Services  
Committee, 2380 Hampden,  
7:30 p.m.

St. Anthony Park Writers' Workshop,  
1395 Chelmsford, 7:30 p.m., call  
644-6090

**Tuesday/11**

St. Anthony Park Association,  
United Church of Christ, 5:45-8 p.m.

Parent Group, Como Park Senior  
High, 7:30 p.m.

**Wednesday/12**

Leisure Center, Methodist Church,  
10 a.m., Jerry Jensen, minister of  
education, Corpus Christi Church

District 12 Council, public meeting  
on street assessments, 7 p.m.,  
Merriam Park Community Center,  
2000 St. Anthony Ave.

St. Anthony Park Neighbors for  
Peace, St. Paul Campus Ministry,  
lower level, 1407 Cleveland, 7:30  
p.m., call 645-6294

**Thursday/13**

St. Anthony Park School  
Association board meeting, St.  
Anthony Park Elementary School,  
7 p.m.

**Saturday/15**

Recycling Unlimited pick-up at St.  
Anthony Park Drive-In Bank, 10 a.m.  
- 3 p.m.

**Monday/17**

League of Women Voters, Unit 8,  
2271 Commonwealth, 7:30 p.m.

**Wednesday/19**

Leisure Center, Methodist Church,  
10 a.m., Larry Cutkomp, "A Look at  
Republic of Tanzania" on Indian  
Ocean

Computer Fair, Murray Junior High,  
7-9 p.m.

**Tuesday/25**

Heating with Wood Workshop,  
community room, St. Anthony Park  
Library, 7:30 p.m.

**Wednesday/26**

Leisure Center, 10 a.m., Methodist  
Church, Northwestern Bell,  
"Breaking the Barriers"

**Friday/28**

No school for students, elementary,  
junior and senior high schools, St.  
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**Monday/31**

Cub Scout Pack meeting, Methodist  
Church, 7 p.m.

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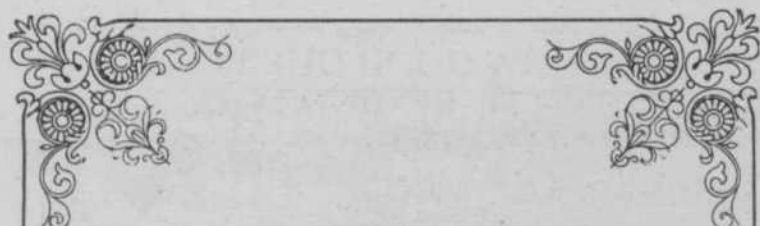
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### Contribute clothes

St. Anthony Park School Association is again seeking community support in collecting items for the St. Paul PTSA Clothing Center.

Any outgrown or unused clothing, infant through adult, is needed, especially infant through children's size 12. Clothing may be brought to St. Anthony Park School and put in the room directly across from the principal's office.



**New Year's Eve Party**  
Lunch • Favors • Set-ups • Live Music  
9:00-? \$12.50/person  
Sponsored by American Legion  
Post 451  
2350 Territorial Road  
Reservations: 644-6836, 644-1516

**FRENCH LANGUAGE CLASSES**  
Adults and Children (6-14)  
Winter Term: Jan. 3 - Mar. 12

**FRENCH COURSES:** Reader's Theatre  
Art History  
French Cooking

**ENGLISH COURSE:** Traveling in France

**L'ALLIANCE FRANCAISE:** 644-7491, 644-5769


### We're Not Going South for the Winter!

See Us For:  
Snow Shovels  
Ice Choppers  
Anti-Freeze  
Jumper Cables  
and other  
winter needs.

**NOLL  
HARDWARE  
STORE**  
789 Raymond Avenue  
646-5408



**Piano Tuning**  
**Special \$25.00**  
Martin Illig  
645-5035  
Tuner for Schmitt Music Centers






**IF YOU DO NOT HAVE A  
CHIROPRACTIC CONDITION,  
CHIROPRACTIC WON'T HELP  
YOU; BUT IF YOU DO,  
NOTHING ELSE WILL.**

Call for a no obligation  
consultation.

*Physical*  
*Health*  
*Psychological Nutritional*

**St. Anthony Park Chiropractic**  
**Dr. John Finger Jr.**  
2301 Como Ave • Suite 102  
645-8393

**GREETING  
CARDS  
FOR ALL  
OCCASIONS**

*American Greetings*  
The Fresh Idea Company

**MILLER  
PHARMACY**  
646-3274 • 2309 Como Avenue • 646-8411  
Hours: M. - Sat. 8:30 a.m. - 9:00 p.m.; Sun. 9:00 a.m. - 5:30 p.m.

**Make a  
New Year's Resolution**



Don't wait until spring to take care of those repair jobs you've been putting off. Fix up now with **H.B. Fuller®** adhesives and caulks for do-it-yourself projects.

Shape up your home in 1983 with **H.B. Fuller** products.



As 1983 arrives,  
we swell with pride and growth,  
and wishes for the coming new year.

Thank you, all.

**PARK HARDWARE HANK**

**IF YOU'VE FORGOTTEN HOW GOOD OUR PIZZA IS, HERE'S SOMETHING TO REMIND YOU:**




\$2 off small pizza any combination expires 1-30-83	\$3 off large pizza any combination expires 1-30-83
--	--

**2 for 1 specials**  
Mon. 9-11 p.m.

**Margarita Night**  
Wed. 9-11 p.m.

**ALL AMERICAN BAR**

2554 Como Ave.  
646-1236 • 646-1339  
Mon. - Sat. 5 - 11 p.m.

**OUR PIZZA IS MADE FRESH!**



HAIR Professional cuts, styles and perms at special prices ... with this coupon

HAIR \$4.00 off —all \$18 Hair Cuts & Styles

HAIR \$20.00 off —all \$65 Perms & Body Waves with Annette, Kathy, Sis

HAIR \$2.00 off —all \$10 manicures

HAIR \$3.00 off —all \$10 ear piercings

HAIR • Featuring: Matrix, Redken, KMS Product • OWNER: STEPHEN PRIOR

Expires 2-1-83

HAIR ATTENTION SENIOR CITIZENS

HAIR Specials Just For You!

HAIR Every Monday-Tuesday-Wednesday With Sis

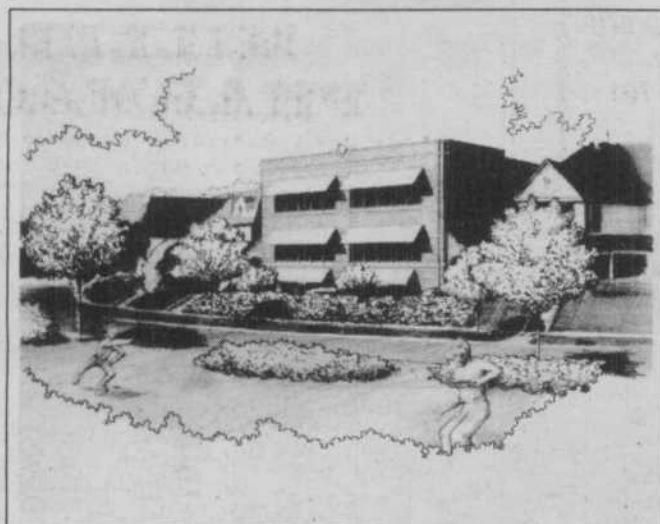
1. Shampoo & Set \$7.00 (\$10.00 value)
2. Perms—\$30.00 (\$45.00 value)
3. Hair Cut \$12.00 (\$15.00 value)
4. \$3.00 off all other services

HAIR NOW IN YOUR AREA AT 1500 COMO AVENUE S.E. (1 Mile West of Hwy. 280 on Como) 331-2845

## SPECIAL NOTICE

NOW BEING OFFERED BY KNUDSEN REALTY AT PRICES WELL BELOW MARKET VALUE

### THE BAYLESS PLACE CONDOMINIUMS IN ST. ANTHONY PARK



### FINALLY...!

Thoughtfully designed, incredibly well built, and unbelievably spacious condominium homes in St. Anthony Park. Located at 921 Bayless Avenue on Hampden Park, first 1/2 block to MTC route 16 which goes south to University Avenue, or North to the St. Paul Campus and North St. Anthony Park.

The Bayless Place Condominiums may be the perfect place for four Park residents who have no need for their larger homes, but have hesitated to move out of the Park because of that very special feeling that comes from living in Wonderful St. Anthony Park. There is plenty of room for all your personal treasures, and excellent security system to protect them all, and No Maintenance! Yet you are just minutes from your current residence and the life-long friendships which have formed.

Built to be extremely energy efficient, and designed for large furniture, house guests, and entertaining, these brand new condominiums will be highly sought after as heating and maintenance of larger single family homes gets more and more expensive.

Sound interesting? Bring a friend or neighbor! Or, call for more information and a free brochure showing floor plans, room sizes, prices, etc.

From the upper \$80's.

**KNUDSEN REALTY**  
644-3557 • 2190 Como Ave.

## WANT ADS

### SERVICES

HOME REPAIRS. Painting, plumbing, carpentry, miscellaneous repairs. Reasonable, free estimate. Dave 722-7965.

RELIABLE (IN-HOME) TYPING SERVICE. (St. Anthony Park Area) Rates vary. Phone 644-2113.

GUITAR LESSONS: Beginning-Intermediate. Ages 11 and up. 721-7960 eves.

PIANO TUNING: MacPhail certification. Please call Dorothy Tostengard. 631-2991.

ACCOUNTING & TAXES General Ledger thru published financial statements. Payroll and Employer Quarterly Payroll Tax Returns. Analyses and management controls. TAX QUESTIONS? We maintain a complete library on the Internal Revenue Code and Regulations that is updated weekly. LUNDGREN SERVICES 644-7590.

JERRY WIND QUALITY PAINTING. Conscientious work. Reasonable rates. Interior. Exterior. Local references. Free estimates. Call Jerry. 293-0033.

QUALITY PAINTING-PAPER-HANGING—HOUSECLEANING. Excellent references. "NOW YOU CAN GET GOOD HELP." Call GOOD HELP & COMPANY. Michael Glen. 644-3846.

### HELP WANTED

DAYTIME BABY SITTER for 1 1/2-year-old boy. Your home or ours. Plays well with other kids. Call Dan 644-3505.

EDITOR'S ASSISTANT. Approximately 8 hours/week. Performance and Instruction Journal. Resume to R.A. Swanson, 425 Votek Bldg. University of Minnesota, St. Paul, MN 55108.

### HOUSING SOUGHT AND OFFERED

HOUSE SITTING. Responsible married couple (law and ag students), experienced, references. 645-2799.

GARAGE. \$35/month. Storage only, near Hamline U. 645-8015.

### FOR SALE

CHILDREN'S CLOTHES, 0 to 12. Snowsuits, boots, toys, furniture. Quality resale. Some new. Another Generation. 1344 Thomas at Hamline. 644-9645.

INFANT CAR SEAT. \$10, used few months. LIVING WORLD AQUARIUM, 28 gallon, accessories, quiet light pump, \$85, HQ RAILROAD, accessories, \$60. Mrs. John Dow, 644-8642.

DRY OAK WOOD. \$50 a stove cord. Delivered and ranked. 1-689-4182.

BULK BIRD SEED by the bag, by the pound, at Park Hardware Hank.

### NEEDED

WANTED TO BUY: Older baseball cards, other sports cards. 644-5082.

ST. ANTHONY PARK NURSERY SCHOOL needs one or two large tricycles. Please contact us if you have one we could purchase. Patty Hanson, 646-4538.

WOODEN DUCK DECOYS WANTED, any quantity, cash paid. 690-0664.

### MISCELLANEOUS

FRENCH CLASSES FOR ADULTS AND CHILDREN (ages 6-14) start Jan. 3; Reader's Theatre Art History, French Cooking, English course: Traveling in France. L'ALLIANCE FRANCAISE: 644-7491, 644-5769.

BALLET CLASSES for ages 7-18 and CREATIVE DANCE for ages 4-6 will be continuing on Saturday mornings at the UCC Church (2129 Commonwealth) with Sarah Linner Quie instructing. Beginning and intermediate levels offered. 7 week session Jan. 8—Feb. 19, \$25. Enrollment limited to 12 students per class. Preregister by sending \$10 to S.L. Quie, Questions? Call 642-1797.

START YOUR TOTAL FITNESS PROGRAM with a fun, safe exercise class. Sarah Quie will be continuing to teach the Ruth Stricker Program at the Lutheran Church on Monday and Thursday and on Grand Ave. Monday through Friday. For more information call 642-1797 or 699-0794.

ST. ANTHONY PARK NURSERY SCHOOL now accepting applications for Fall, 1983. We serve 3-5 year olds, 3 mornings a week, 2 1/2 hours at the Congregational Church. Families who have previously had children in the school will have priority until Jan. 30.

THE SWEDISH RHYTHMICAL EXERCISE CLASS starts its Winter session Monday Jan. 10, 4-5 p.m. at the St. Anthony Park Branch Library. 8 weeks, \$29. Instructor: Ragnhild Stockenstrom-Dalroth. 642-9236 Register at the 1st session.

BINGO BUS TO PRIOR LAKE, 7 nights a week. Bus and bingo package \$22. St. Paul departures 5:20 p.m. Har Mar (Bishop's Buffet), 5:45 p.m. Midway Center (Applebaum's). 722-6924 for reservations.

AA: St. Anthony Park group meets every Monday 8 p.m. SAP Lutheran Church. Call 645-5427 or 645-2329.

CLASS OPENINGS AVAILABLE: St. Anthony Park GYMNASIICS CLUB has a few spaces for boys and girls age 5 and up. For more information call Joanne Martin, 645-6985.



**Campus Barber Stylists**

A Prosperous New Year From Your Friends—

Terri—Coreen—Al—Kim

1435 Cleveland, St. Paul 644-5021

# Kenra

If your hair is not becoming to you ... you should be coming to us. We recommend KENRA hair products.





Now. At St. Anthony Park Bank, the new meets the old. St. Anthony Park Bank now offers you two new accounts.

### INSURED HIGH YIELD FUND

- Earns money market rates.
- Instant liquidity.
- Minimum balance: \$2500.
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- Earns money market rates.
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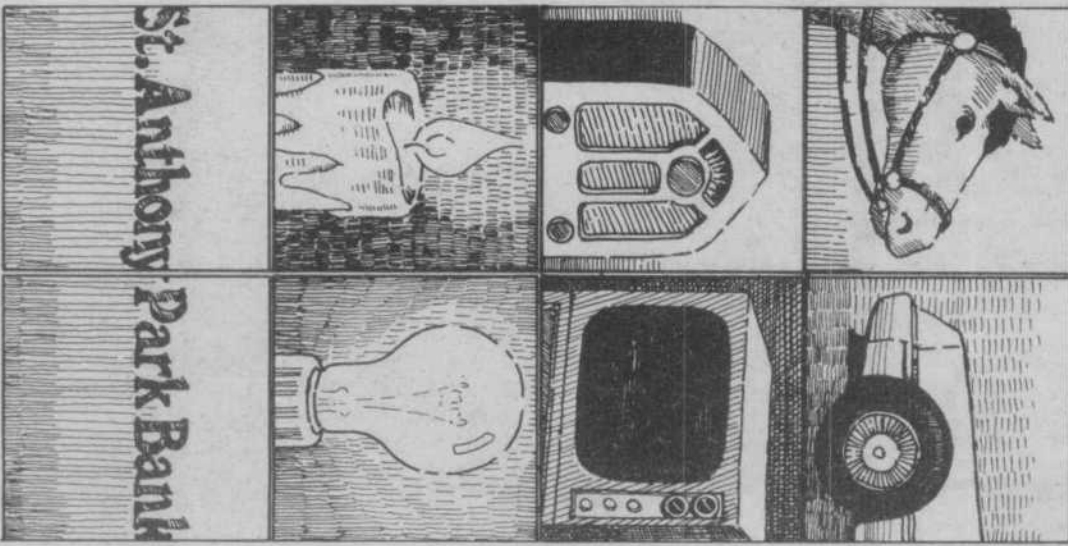
Now you've got the best of both worlds. Your money will earn interest on a daily basis at the bank you know and trust.

For information on new ideas in banking, talk it over with your neighbors.

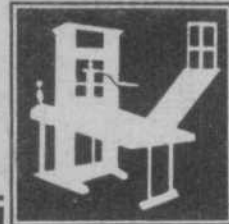
## St. Anthony Park Bank

An Equal Opportunity Lender and Employer • Member FDIC  
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High Yield questions? Call the HIGH YIELD HOTLINE at 647-9530.

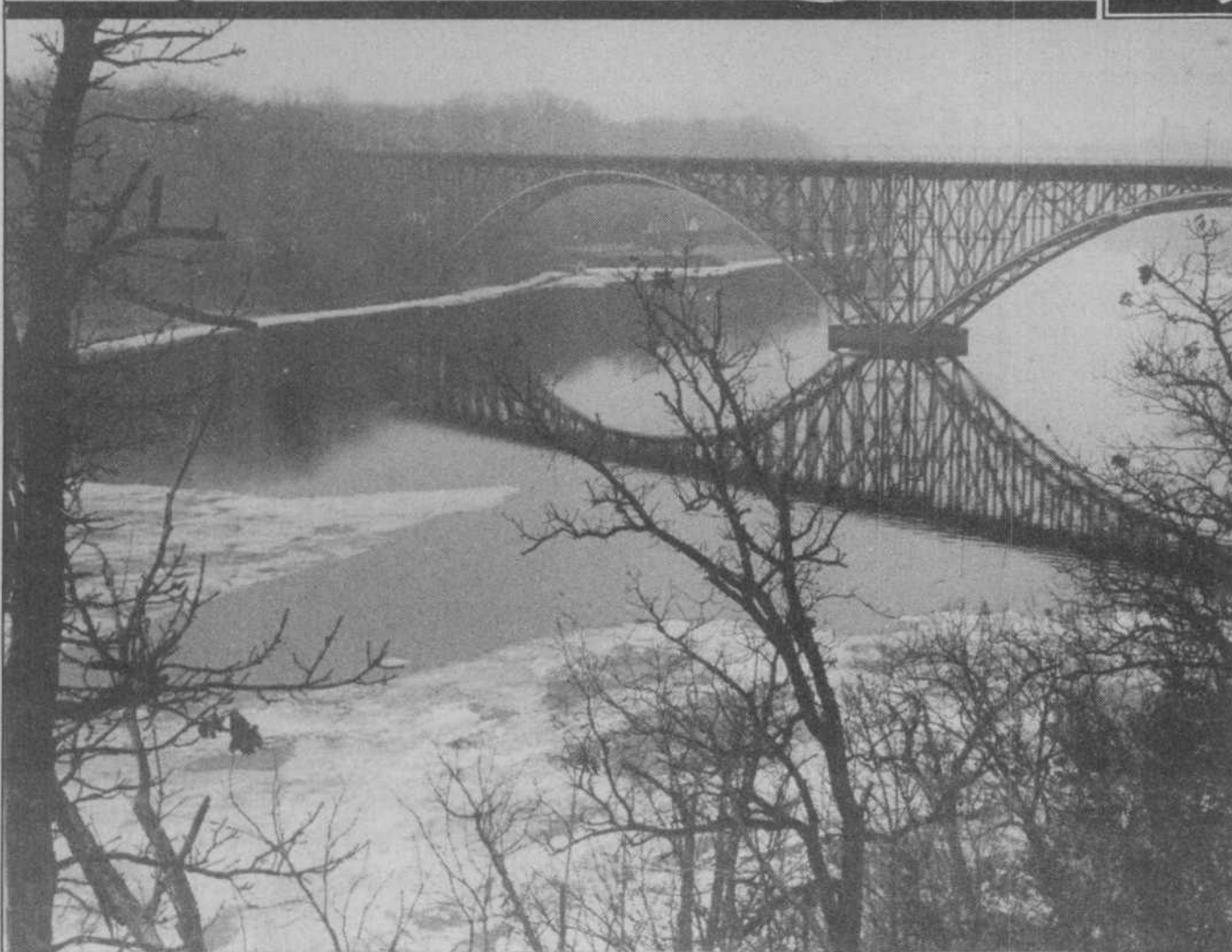


# Park Bugle



JANUARY 1983

FREE COPY



The Mississippi slows  
its mighty rush  
To make its journey quietly  
beneath the ice  
Ready for its winter dreaming  
Resting until the new spring

Photo and words  
by Karen Andersen