

Former Minnesota Home and Center for the Blind now houses the Group Health Plan Como Annex. Photo by Dave Shippee.

Group Health Moves In

By Laurie Nelson

Although the brown brick building at 1605 Eustis St. looks from the outside much as it did last summer, a metamorphosis is taking place on the inside. Rooms, corridors and lounges that have been home for blind residents of Minnesota for over 50 years now are home for two departments of the Group Health Plan Medical Center and will soon furnish medical administrative office space also.

Since August, when the last residents of the former Minnesota Home and Center for the Blind moved out, the building, now called the Group Health Plan Como Annex, has been almost completely remodeled. The Departments of Chemical Dependency and Mental Health have been functioning on the second floor since Feb. 9 and await only final decorating touches. They were formerly housed at the main clinic building at 2500 Como Ave. Administrative offices will occupy the first floor of the new building when the remodeling is completed.

While things have been going smoothly at the new clinic building, one might wonder if the lives of the former residents have been going as smoothly since the build-

ing was sold to Group Health Plan, Inc. by the National Federation of the Blind of Minnesota last year for \$533,000.

Norris Ellingson, who lived at the Home for the Blind for seven years, relocated at the Twin City Linnea Home on Como Avenue. "I like it here real well, but I liked where I was before, too. Blind people feel more at home with people who are in the same boat," he said.

When asked about the need for a home specifically for the blind, Ellingson responded, "I don't need it, but some people do. There we understood each other's problems. However, they (the Federation of the Blind) figured the general public would accept us better if we were out. But I know how the world really is—this notion that the world is the same for the blind is visionary."

One former resident who says that moving out of the home was a good step, is Bill Laack. He now lives by himself at 29th and Lake Street in Minneapolis and continues to pursue his career as a piano tuner. One statement summed up his feelings about the move: "I should have left a long time ago," he said.

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Crimewatch Program Organized

by Jim Brogan

In response to the rash of burglaries in the St. Anthony Park area over the last few months, residents have begun to organize a crime prevention program. At a meeting Thursday, March 12, at the St. Anthony Park Lutheran Church, the Crimewatch program will be explained to all volunteer blockworkers and the public.

Patterned after systems already at work in other communities in the Twin Cities, the program involves coordination between the neighborhood and the police department as well as a concerted effort within the neighborhood itself to tighten security and stay alert to suspicious activity.

An ad hoc committee, consisting at present of three Park residents, Mike Lovett, Dave Maschwitz and Ann Copeland, recently met with the police team A-1 commander, Lt. Thielen, whose jurisdiction includes St. Anthony Park, to learn the extent of the crime problem and the best procedures for putting an end to it.

Thielen said there were 55 burglaries in St. Anthony Park between Sept. 9, 1980, and Jan. 4, 1981. In the last month there have been 14 more.

The majority of these burglaries have occurred between 5 and 10 p.m., most frequently on Sundays and Wednesdays.

"The most common method of entry," said Thielen, "is to pry open the back door or smash a rear window." Generally, there has been an alley or an open field behind the house, allowing the burglars a convenient route of approach and escape. It is not unusual for two or three houses in close proximity to one another to be broken into on the same evening. The most common items stolen include televisions, stereos, microwave ovens, jewelry and cash.

The police department is now directing more attention to St. Anthony Park and has assigned it an extra patrol car. In the team A-1 area as a whole, bounded on the north by the St. Paul city limits, on the west by the Minneapolis city limits, on the east by Western Avenue and on the south by University Avenue, there may be as many as eight

police cars on patrol at any one time.

Thielen encourages anyone who witnesses a burglary, or behavior that might indicate a burglary, to make use of his police team. "Don't be afraid to call the police," he says. "Let us use our expertise and take a look at it." The response time by one of the eight patrol units to a telephone call can be four minutes or less, he said.

To a large extent, however, it is up to neighborhoods to guarantee their own security, and it is for this reason that Lovett, Maschwitz and Copeland have begun to work with the police department to organize a neighborhood Crimewatch program. Essentially, this program will involve establishing a network of

community residents looking out not only for themselves but each other and the community at large.

Volunteers will be organized by block and given detailed maps of their immediate vicinity with the names and telephone numbers of participating neighbors. They will be instructed how to secure their homes against break-ins, how to conduct a "home security survey," how to identify all valuable possessions by number with an engraving tool and register that number with the police, and in general, how to prevent further crime in the neighborhood. Police have noticed that in neighborhoods where these programs have been put into operation, the incidence of burglary and related crimes has fallen off dramatically.

Seminary Plans Student Housing

by Dawn Stavish

Construction of a 51-unit student apartment complex at Luther-Northwestern Seminaries will begin this spring and is expected to be completed within 18 months.

The complex will be located between the American Lutheran Church Media Center and the Burntvedt housing in Lauderdale. Consisting of one, two and three-bedroom units, it will house the growing numbers of seminarians who are married and have children.

"We have found that current students are more apt to have children because of their changing demographics," said Neal Engbloom, assistant to the president of the seminary. "Five years ago, the average student went straight through high school and college and entered the seminary single at about 22 or 23 years of age. This has changed. Most now have completed both high school and college and then begun another career before decid-

ing to enter the seminary."

"It is not an effort to increase the number of seminarians, but rather to help them with housing," said Engbloom. "Housing is considered a service of this college as with any other college. The addition of apartments should make it easier for others to find apartments in St. Anthony Park."

Engbloom said that parking space for at least one car per apartment will be provided. "This will alleviate some of the parking problems in the Park," he said.

He also stressed that the building will not cover the athletic field. The architecture is planned to blend in well with the existing structures, he added. The \$2.5 million cost of the complex is being financed by the Seminary Appeal Program of the American Lutheran Church. Churches throughout the United States are contributing to this cause, Engbloom said.

Groundbreaking ceremonies were held Feb. 25.

Park Bugle 2

SERVING RESIDENTS OF NORTH AND SOUTH ST. ANTHONY PARK, COMMERCE AND INDUSTRY

Your District 12 Delegates:

Each February, 15 delegates and six alternates are elected to the District 12 Community Council to serve one year terms beginning in March. An equal number of people is elected from north St. Anthony Park, south St. Anthony Park and the Midway Civic and Commerce Association.

North St. Anthony Park Delegates, 1981-82

GALE FROST has spent most of his life in St. Anthony Park. He was the first president of the St. Anthony Park Association and for years he and his father were in charge of the Fourth of July fireworks. Since his retirement from the sales department of the Farm Oyl Co. he has been director of the State Fair Museum in Heritage Square.



Frost



Haley



Kemp

GREG HALEY has served on the council continuously since 1976. He is one of the 3 co-chairs and is chair of the Physical Committee. He has lived in the Park for eight years is a former president, vice-president and chair of the Planning Committee of the St. Anthony Park Association. As chair of the planning committee he has worked for the past four years on the residential parking permit system. Haley, an architect, is currently serving on the St. Paul Heritage Preservation Commission.

JACK KEMP is joining the council for his first term. He has lived in the Park for ten years while serving as minister of the St. Anthony Park United Church of Christ. He is a member of the St. Anthony Park Association and was on the Community Education Advisory Council for several years.

STEWART MCINTOSH began working at Park Hardware in 1972, moved to the community in 1973, and purchased the store in 1977. McIntosh is entering his second year on the council and served as an alternate to the CIB Task Force for Residential and Economic Development last year. He has also served on the St. Anthony Park Association Board of Directors and was chair of the Fourth of July celebration.



McIntosh



Rohricht



Bacon

JOANNE ROHRICHT is also serving a second term on the council. She has lived in the Park for nine years and is current president of the Bugle Board of Directors. She has been membership co-chair and on the board of directors of the St. Anthony Park Association. Rohricht is a graduate student at United Theological Seminary.

South St. Anthony Park Delegates, 1981-82

ROBERT BACON is beginning his first term on the council. He is a St. Paul native and has lived in the Park over 25 years. He has a dealership for Rusco Windows. Bacon is especially interested in conservation of natural resources.



Clark



Eagles



Moerer

KATHLEEN CLARK is a lifelong resident of the Park. She has served three terms on the council and is one of the co-chairs. She is president of the South St. Anthony Park Association and has served on a number of its committees. Clark is a data entry clerk for St. Paul Ramsey Hospital.

SHERMAN EAGLES was chair of the citywide Citizen Participation Task Force on Boundaries for the formation of district councils. He has served 5 terms on the council, is a former co-chair, and is currently chair of the Housing Task Force. A computer programmer for Control Data, Eagles is concerned with housing and energy issues.

VICKY MOERER was active in community affairs in LaCrosse, Wisconsin, before moving to the Park 18 months ago. Housing and future development are her immediate concerns. Moerer is a teller at St. Anthony Park Bank.

PHYLLIS NELSON has lived in the Park for three years and is completing her second term on the council. She served on the CIB Streets and Utilities Task Force and is a member of the Housing Task Force.



Nelson



Huestis



Lutz

Midway Civic & Commerce Association Delegates, 1981-82

BILL HUESTIS is the owner of Road Rescue, Inc. and LP Gas Equipment, Inc. and has been in business in the Midway area for 24 years. He has served on the council for nearly three years and is one of the three co-chairs. An active member of MCCA, he will be the 1981-82 president and is presently chair of the Economic Development Committee.

ANN LUTZ joined the council in December to fill the unexpired term of another employee of First Security State Bank. As a personal banker with that firm, she assists customers with loans, and she plans to continue her interest in helping people by serving on the Human Services Committee. She is serving as treasurer of the council.



McAnally



McCann



Rinsem

JOE MCANALLY is a chemical engineer who is now manager of corporate services for the H.B. Fuller Co. He has been with Fuller for 30 years. He will be serving his first term on the council and is especially interested in the areas of rehabilitation and housing.

CHARLES MCCANN has been a painting contractor in the Midway area for 24 years. He has remodeled the two office buildings at 970 Raymond and 2380 Wycliffe. Now serving his second term as a council member, he is also past state president of the Painting Contractors Association.

BRAD RINSEM represents MCCA on the council and is a six-year resident of the Park. An MCCA member for three years, he is entering his second term on the council. He is a former treasurer of the St. Anthony Park Association and has chaired the June Festival and the August steak fry. He is a vice president of St. Anthony Park Bank.

Council Consider Cable—Again

The St. Paul cable television franchise was a recurring topic for the District 12 Council in January. Following a community Cable TV Forum on Jan. 7, the council agreed to support the proposal of the Cable Cooperative.

At the Jan. 28 Human Services Committee meeting, the whole council was invited for a discussion of possible municipal ownership of the cable system.

The council then voted to reaffirm its interest in having the city take sufficient time to explore municipal ownership. District 12 first urged City Council to do this in a letter in December 1979. The council also asked that if municipal ownership is feasible the city develop a proposal for the implementation of cable TV under this system so that it can be evaluated by residents.



**DISTRICT 12
COMMUNITY COUNCIL MARCH 1981**
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THIS SPACE BROUGHT TO YOU BY DISTRICT 12 COMMUNITY COUNCIL



by Kay Simonsen

Kathleen Clark's earliest memories of community involvement originate during her childhood years. Her mother often sent her around the neighborhood collecting donations for different charity groups.

Clark can still remember her mother's advice as she was growing up, "Stand for something or fall for everything." Now, many years later, Clark is active in her community and takes a strong stand for the South St. Anthony Park Association.

Being born and raised in the area, Clark says, "I'm proud to have always lived in this good community." She feels that St. Anthony Park is enriched with a diversity of people. Clark defines the community as a "small town" within the Twin Cities.

Big or small, Clark loves the area and its people and does quite a

Kathleen Clark. Photo by Sal Skog.



Weatherization Project Begins

by Steve Wellington

A neighborhood weatherization program was officially launched Feb. 19 by the St. Anthony Park Association Housing Services Committee.

An outgrowth of last year's city-wide energy mobilization project, the program is attempting to organize home weatherization on a block-by-block basis. Initially, four blocks will be selected for the demonstration program. Free energy audits will be available to residents of the demonstration blocks.

Keeping in mind feasibility, acceptability and payback periods,

bit of work to help both. "I enjoy being involved," says Clark. One group she works actively with is the District 12 Council. She feels this group is important because, "It is the only vehicle between us and downtown. And so far, it has served as a good arm of communication."

Clark is serving on two council committees: the Housing Task Force and the Physical Committee. The housing committee surveys all land in the area available for housing and determines how housing would affect the area. The physical committee works with the physical aspects of the community such as transit problems and routes between the two university campuses.

Clark was a major supporter in the construction of the South St. Anthony Park Recreation Center located on Territorial Road and Cromwell Avenue. This multi-purpose building houses a gymnasium, warming room and

game room, as well as meeting and kitchen facilities. South St. Anthony Park needed a facility of this nature, Clark says, and refers to it as "the miracle on Territorial Road."

Clark is also a member of the Capitol City Theater Group. "I went to one meeting and ended up getting elected as president," she says. Her leadership abilities are no secret. But she does like to sing and enjoys this opportunity.

Besides her community functions, Clark works at St. Paul-Ramsey Medical Center in the data processing department, a position she has held for three-and-one-half years. Despite her work with computers, Clark is a people person. "People need people, and computers can't replace that," she says.

In looking to the future, Clark has an optimistic attitude. "I just hope I live to a ripe old age to do the things I want to do yet."

f.y.i.

March 1981

FOR YOUR INFORMATION

CONSUMER NEWS FROM ST. ANTHONY PARK BANK

wherefore art thou?

More and more bank statements are being returned to us by the Post Office, due to incorrect or invalid addresses. If you've moved, or are planning to do so, please let us know your new address. Also, please include the types of accounts you have at St. Anthony Park Bank and your account numbers, so we can be completely accurate in changing our records.

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Park Bugle 4



The Age of Gutenberg, we are being told, is drawing to a close. What the new age will look like is unclear, but surely cable TV will be part of it. People who know the most about cable TV are saying that no one, including themselves, can yet imagine the possibilities and directions cable will open up.

For people who prize the printed word and already are disaffected by TV, cable is a troubling phenomenon. Yet perhaps those most wary of cable should be those most carefully following its progress and trying to influence the decisions being made.

In St. Paul, city officials have been struggling for several years to decide who shall control cable TV. In January the council was poised to award a franchise to one of six bidders, but at the last minute it voted instead to postpone a decision in order to study municipal ownership.

Some say this delay was a ploy by council members to dampen suspicions that their decision was being bought. Others wonder if councilman George McMahon, who has taken up advocacy for municipal ownership, is making this issue into his own starting blocks for a race for mayor.

No doubt personal agendas are involved. Perhaps, however, council members also recognize that the issue they have on their hands is more complex and far-reaching than they had realized. Until now, cable's primary use around the country has been as an expanded entertainment vehicle—TV with more choices. But cable will evolve into much more, and its impact on our lives will stem from the things it does beyond entertainment.

Cable will become a utility, connecting homes with police, fire and rescue services, with government offices, other utilities, banks. Cable also will become a major communication medium, connecting homes with newspapers, libraries, other information sources not yet developed.

Cable's power to effect our lives will be enormous. Given that power (as well as the huge profits to be made), control of cable TV should reside in an organization citizens can influence. Either cooperative ownership or city ownership offers this, and City Council should choose one of these two avenues for developing cable.

Over a year ago District 12 Council urged study of city ownership, then in January (after the city had rejected that approach) voted to support the Cable Cooperative franchise. Council members have been on target. Municipal ownership deserves careful study. City Council should not be swayed by arguments that further examination will set back the timetable. We will be living with cable TV the rest of our lives.

M.H.



The Cleland home. Photo by Sal Skog.

Old House Has Served Well

by Polly Cleland Helmke

The house at 2090 Commonwealth Ave. has been loved and appreciated by the Cleland family for 43 years and for a wide variety of reasons.

My mother, Hazel Boss Cleland, was attracted by its "old house" ambience from the beginning, decades before preservation of such houses became fashionable. She and my father, Spencer Cleland, never made any significant structural changes.

Dad was interested in the historical significance of the house as one of the first residences north of Como Avenue in St. Anthony Park, built about the same time the Hatch Act of 1887 provided funds to hire faculty for the developing agricultural college.

Four growing children reveled in the roominess of an eight room house with an extra attic bedroom and unlimited storage space. As we moved away and came back with our own families, traditions multiplied. The stairs had the same familiar creaking sounds, and brother Burton's marble collection waited in my old playhouse under those stairs for new generations of children.

After my father died in 1968, Mother never considered moving. She was seldom alone. Friends and relatives were in and out. Her sister, Mabel Boss, was often with her for long vacation periods.

During World War II Mother and Dad began renting a room to students. First it was for economic reasons, but later Mother enjoyed the company and the new friendships. She requested foreign students because they stayed all year, watching the house and watering plants when she was away.

A few years ago, the big old house assumed another role. Because of its generous size, it became a factor in enabling Mo-

ther to have the only great wish of her declining years, to remain in her own home.

At first just she and Teferi Fufa, a graduate student from Ethiopia, were living in the house when family members noticed that Mother's memory was slipping. This was the summer of 1976. That fall and winter she managed alone, always saying, "Teferi and I are getting along just fine." But it was clear that her capacity for handling basic household tasks had greatly diminished. Teferi observed that she often made a meal of toast and coffee. Her brother, Wallace Boss, took over the paying of her bills and initiated long family discussions about whether Mother could continue to live at home.

Mother and Aunt Mabel spent the summer of 1977 at their cottage, as usual, with the expectation that a plan for Mother's care would emerge by fall. Almost the last day of the summer season, however, Mother fell and broke a bone, which resulted in two months' hospitalization.

While logic might have dictated that this was an appropriate time to move Mother into a long-term care facility, her own expressed wish was to go home.

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Park Press Board Meeting, Feb. 26, 6:30 p.m., Muffuletta
Staff meeting, March 2, 6:30 p.m. District 12 office.
Advertising deadline, March 12; copy deadline, March 16.
Bugle published March 25.

The Bugle's purpose is to provide a medium for exchange of information, ideas and opinions in the community.

Opinions and commentary by readers are welcome and may be submitted as letters to the editor or as guest columns. Letters must be signed and should not exceed 200 words. Readers wishing to submit guest columns are asked to contact the editor.

News items are also welcome. Inclusion will be determined by newsworthiness and available space; materials may be rewritten or edited for printing.

Opinions expressed in the Bugle by the editor, columnists and contributors do not necessarily represent the opinions of the Board of Directors, Park Press, Inc.

Send all materials to Bugle Editor, 2380 Hampden St., St. Paul, 55114.

Letters to the Editor

Thanks Second Graders

It is with pleasure and gratitude that the University of Minnesota Hospitals staff and patients acknowledge the second grade students at St. Anthony Park School for their generous contributions to the Heart Helpers Fund for the sixth consecutive year.

This program was aimed at assisting children who receive their care and treatment in the Variety Club Heart Hospital and Clinic and who require extras that can be provided only from funds donated by students and their families. The money is used to purchase toys, gifts, games and is also used to provide recreational activities to those who can be transported outside of the hospital.

Three teachers at St. Anthony Park have coordinated collections for this year's effort. They are Lois Swartz, Betty Thelander and Frances Olson. Students in their classes developed a slogan last year that says it best for all of us: "If your heart is full of love, you always have something to give."

On behalf of all involved in our Heart Hospital's program, our warmest thanks to the teachers, the students and their families that have helped again this year.

Robert M. Spano
Director Social Services Department

(Editor's note: This year the second graders contributed \$103.)

Park Bugle



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Streets to Change in Como Park

by Ann Bulger

St. Anthony Park residents who commute downtown through Como Park may soon have to change their driving patterns, St. Paul Parks and Recreation Department designer Bob Broughton told St. Anthony Park Association members at a meeting Feb. 10.

The new routes are part of a \$20 million, five-year plan for redesigning Como Park. It is the final version of the concept developed over the past two years by a committee representing Districts 6, 10 and 12.

If the plan is approved, Midway Parkway would be realigned to go straight east to Lexington rather than hook south to Horton Avenue as it does now. Lexington Parkway would be realigned to run behind the hill and the Hamm's waterfall near the pavilion.

Como Boulevard would become a one-way street on the south and east sides of the lake. Therefore, cars returning from downtown would have to travel around the north side of the lake

and back to Midway Parkway, or cut across Front Street to Lexington, then turn north. Direct entrance to Como Park from the east would be limited.

A two-level parking deck with one level below grade and the other nine feet high is also part of the plan. It would replace the present amusement park area, which would be scaled down to include only kiddie rides and would be moved near the picnic grounds. Additional parking space would be provided south of McMurray Field, near Jesamine Street; a free trolley would shuttle passengers from this lot to the zoo area. The combined free parking facilities would be able to handle about 1000 cars.

A number of secondary roads would also be eliminated, thus opening the park interior to foot traffic. Separate bike and foot paths would go around the lake.

Several objections to the plan were raised by association members. District 12 Community Council member John Rutford expressed concern about the lack of western access for cars returning from downtown.

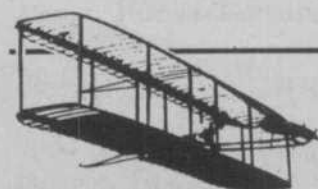
"We are trying to balance having a park with accomodating commuter traffic," Broughton said. He pointed out that the traffic pattern changes were to be made on a one-year trial basis.

Others, worried about security, suggested that opening up the interior of the park might encourage its takeover by teenagers. The drug traffic problem in the Lake Phalen area was cited as an example.

"A park is no better than people's freedom to use it," said one association member.

Broughton said provisions would be made for security as well as for handicapped access. Some of the bike paths might be wide enough to accommodate police cars, he said. The possibility of horseback patrols was also mentioned, but Broughton said that specific measures had not yet been worked out.

The plan will now go before the St. Paul Planning Commission. The District 12 council will also discuss the presentation at the March meeting and decide whether to take a position on it.



HEADWINDS

By James Wesley Brogan

*Whither is fled the visionary gleam?
Where is it now, the glory and the dream?*

—Wordsworth

The poet tells us childhood is a condition superior to the life we come to know as adults. He supposes that we enter the world "trailing clouds of glory" and that the whole of what we call "growing up" is really a gradual falling away from paradise. I have often wondered myself if it is possible truly to take advantage of our years on this earth, or whether we tend to miss our best opportunities and to spend our lives losing the person we might have been.

I am prompted to this speculation by Jacob, my son, who recently celebrated his second birthday by throwing aside all the toys we bought for him and laying with the boxes and wrapping paper. His decline, I am tempted to think, has set in very

early, and yet silly as he is, Jacob may well be smarter than his old man. I guess that would follow logically from Wordsworth's reasoning. No matter how badly you start, you can only get worse, and a toddler is closer to God than I am.

Several months ago, his mother bought him some blocks at a garage sale, and as I'm sure most children do, he quickly began playing with them. I remember how pleased we were when he learned to recognize the letter N and to shout the word "en!" every time we showed it to him. It was his first small victory in what I know to be a never-ending war against the alphabet.

In the set of blocks we have, the letter A is on the same block as the letter N. The A is in red on one side; the N is in blue on the other. Naturally, when I first showed Jacob the N, I turned the block over to show him the A on the opposite face. Little did I know that he would suppose the accident of their appearance on the same block to be a piece of information worth remembering.

So you can imagine our surprise when we recently discovered that along with the letter facing him on any given block we hold up, Jacob is able to tell us what letter

we can expect to find on its other side. The right answer to the letter B, for example, is O, and vice versa, whereas the answer to D is Q. I'll bet most of you didn't know that, but then maybe you are playing with a different set of blocks.

The point is (at least I think the point is) that a child is capable of making connections and indeed constructing entire intellectual systems that never occur to the rest of us. At the moment I can't imagine what good it will do Jacob to suppose that N's and A's are naturally paired in the alphabet, but then he might ask, what good does it do me to suppose that H always comes after G? After all, my system is as arbitrary as his, and neither one tells us much about the way the letters are put to use when we finally get around to making words and sentences.

Who knows? Perhaps Jacob's approach to the alphabet will one day prove more significant than the one I've learned. Perhaps, following Wordsworth and the pattern in the blocks, he will prove that putting my P's and Q's together his way will lead me back to paradise in half the time at a fraction of the cost of what I otherwise would have to spend for radial tires and lead-free gasoline.

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A cash prize of \$50. will be awarded to the person nominated who has lived in the St. Anthony Park Area for the longest continuous* period of time, and still currently maintains a residence here.

All entries will be reviewed by a panel of judges from the Bank and Knudsen Realty Co. The decision will be final, and will be announced in the April Bugle.

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BALLOT

(You can nominate anyone, including yourself.)

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Park Bugle 6

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Winter Sports Day

by Peter Wehrwein

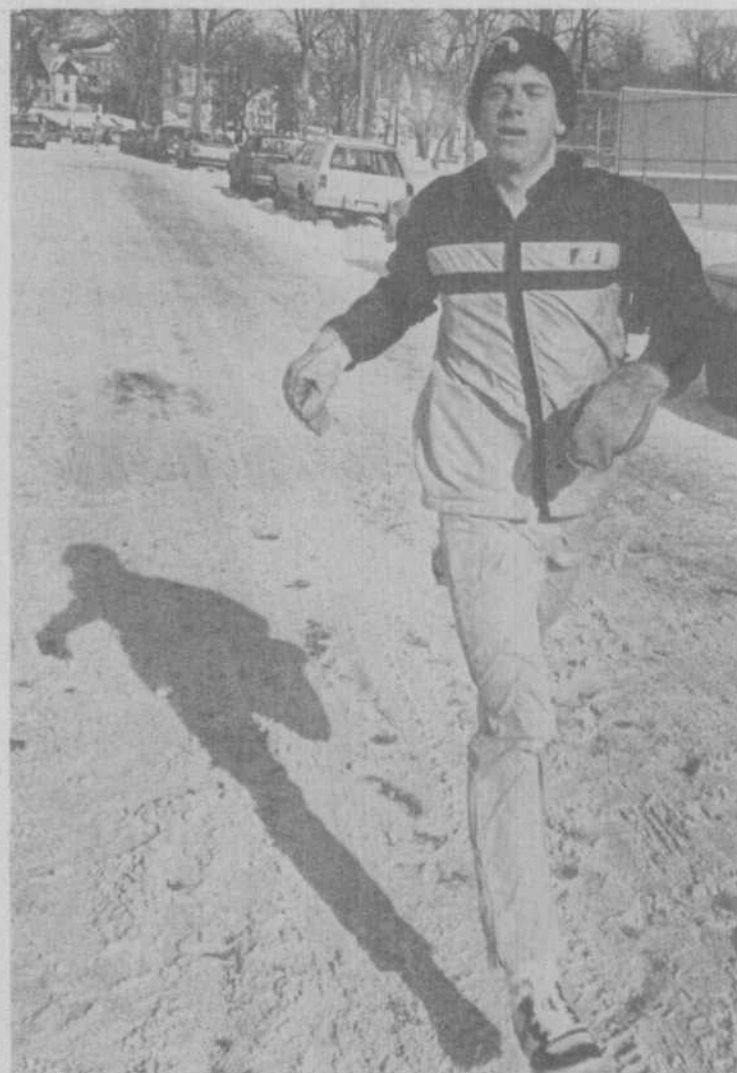
King Boreas and the Queen of the Snows arrived in their royal van too late to see the first place finisher and apparently the other finishers were not worth bothering with. But a snub, even from royalty, was not enough to non-plus the 45 entrants who braved the Langford Four-Mile Run, Feb. 8.

Because of a five-inch snowfall the day before, footing on race day was treacherous. The temperature was a chilly 15 degrees, made worse by a persistent north wind.

The winner of the race was Dan Sparkman with a time of 22:43. A member of the Langford Running Club, Sparkman gave himself an unfair advantage by jumping the gun but made up for it by slipping and falling twice during the race.

His closest competitor was Steve DeBoer, also of the LRC, who stuck with Sparkman for the first three miles before falling back to finish twelve seconds behind the champion. DeBoer was easy to spot in his bright yellow running wear. He did not wear leggings and said that the cold weather does not bother his bare legs until ten degrees or below. He added, "If it is thirty I don't wear a shirt and if it is above fifty, I don't wear anything at all."

The first woman finisher was Heather Guggemos with a time of 30:15. The thirteen-year old Highland Park resident has been



Dan Sparkman finishes first in Four-Mile Run. Photo by Dave Shippee.

racing for three years and has run long distances for seven years.

The race course was a two-mile loop through the northwestern part of St. Anthony Park. Runners began at Langford Park and ran up Gordon Avenue to Eustis. They took the hill that begins at Bourne and then des-

cended. Fortunately the footing was better there than elsewhere. They turned on to Valentine, Brompton and then Como where a few angry fists were shaken at Como Avenue residents who had not yet shoveled their walks. The racers were in a single file a quarter mile long.

The handful of customers at Bridgemans scrutinized the field. The pace noticeably slackened at the sight of the tulip sundaes. There was no pace car, but the race "went very smoothly" according to Kurt Gregner, the starter. The times and places of nearly all the runners were recorded, to the credit of the organizers.

The Langford Running Club sponsored the race. Club president is John Magnuson, 2199 Knapp St. The club also sponsors a race on the Fourth of July.

Participants gave the race high marks, largely for its coziness. Mark Schwartz, 17th-place finisher, liked the race because of the "nice neighborhood effect of it." In fourth place, Steve Quick responded similarly, "I like it because it is challenging, the hills and the friendly atmosphere." Quick said he would be back next year. Nobody asked King Boreas and the Queen of the Snows.



Langford hockey team makes arch for Winter Carnival royalty. Photo by Dave Shippee.

For Local Violinist, Success Creates Chaos

by Garvin Davenport

Kathleen Winkler, violinist and 1980 winner of the coveted Carl Nielsen International Competition, will perform March 22 in the fourth of this year's "Music in the Park" concerts.

The concert begins at 4 p.m. at the United Church of Christ, 2129 Commonwealth Ave. Winkler will perform works by Mozart, Beethoven and Strauss. She will be accompanied by Deborah Berman, piano.

Winkler, 30, was born and raised in Philadelphia. She first played the violin in free lessons offered through the public schools. At 17, she played with the Philadelphia Orchestra. "But it wasn't until I was in college at Indiana," she says, "that I realized the potential that might be there. I was not a child prodigy and actually the success I'm having now is late by most standards."

Late? If so, the young Hamline University music professor seems now to be making up for lost time with a vengeance.

In early June she will make her New York debut at Alice Tully Hall. Later that month she will play in London's Purcell Hall. She is on the subscription series for the Detroit Symphony's 1981-82 series and has just received an offer from the Pittsburgh Symphony.

"I was in shock when that one came," she laughed, referring to the Pittsburgh inquiry. "That's one of the top five orchestras in



Kathleen Winkler. Photo by Nancy Bundt.

the country." In addition, Winkler has already agreed to do concerts in Sweden, Denmark, Norway and Poland.

"Since the Nielsen competition, my life has been in chaos," she admits. "I know I must look like a crazy lady running around, but I don't have a manager yet. I do everything—correspondence, travel, programs. Sometimes I can't practice because of the phone."

Indeed, except for jogging, which helps her relax after hours of practice, almost all her waking hours seem to be consumed by her music and by the business of running her career. On top of everything else, she points out, music is still a male-dominated field and not without its share of special frustrations and harassment for women.

What advice would she have for a promising 14-year-old player? The question gives her pause. "It would depend on talent, of course, but also on stamina, temperament, personality—you

have to be thick-skinned in this business." By "thick-skinned," she means not "callous," but confident knowing who you are and what you want as well as what price you are willing to pay for success.

There is no doubt about Winkler's view of herself. "For me, it's accomplishment or nothing. I don't play games." And the future? "I work to live, and I want to live as well as possible. This year is special, but music is not my whole life."

More time for friends, the possibility of marriage and children—Winkler looks forward to other kinds of fulfillment after her career becomes more settled. In the meantime, it's music, music, music.

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9th Grade at Como 1981-82

by Ann Bulger

The St. Paul Board of Education voted Feb. 17 to move the ninth grades from Murray and Washington junior high schools to Como Park Senior High School next fall.

Superintendent George Young had recommended moving the Washington students next year and Murray in 1982, but board member Eleanor Weber amended the recommendation to include Murray next year. The vote in favor of the move was 6-1; John Magnuson voted against the proposal.

Enrollment projections show that with both ninth grades moving, Como's population will exceed the official capacity of 1408 students. All rooms will be used

every hour of the school day. In addition the change from trimesters to semesters will reduce the number of course offerings, resulting in fewer small classes.

Murray will be a 7-8 grade school next year, with a projected student population of 500.

The board's decision came after a public meeting on Feb. 16, at which parents and staff were given the opportunity to voice their concerns and to question Assistant Superintendent James Phillips.

Earlier, Young had met with members of the Como Area Reorganization Committee. The Committee had recommended moving ninth grades from the two junior high schools to Como at the same time.

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Barbara Hunn, Keys Restaurant manager. Photo by Sal Skog.

Homemade Food Key to Success

by Sal Skog

Barbara Hunn conveys the youthful spirit and enthusiasm of a woman of half her years. "I've always had a lot of energy," said the 43-year-old woman. "You'd have to run this place."

The "place" Hunn referred to is the Keys Restaurant, the establishment at 767 Raymond Ave., that she has managed for the last seven and a half years.

If Hunn's vibrant brown eyes, trim figure and healthy-looking skin don't convince you that she leads an active life as a restaurant manager, her words will.

"Managing the Keys is the best, the most challenging of the jobs I've had. Once I'm here I keep moving all day long. I always find something to do," said the woman who resides in Roseville.

As manager, Hunn does "everything" there is to do at the Keys, from bookwork to dishwashing to cooking. She must also deal with everyday "catastrophes" such as employee injuries and broken dishwashers.

"My first year on the job I thought I was going to die," Hunn said, referring to pressures of managing the Keys. "I used to get all upset; now it's just a routine. I don't get upset anymore, and that's a plus for me."

Hunn has managed the Keys, formerly called Mr. D's, since 1973, when Beverly Oien, a St. Anthony Park resident, purchased the restaurant. Hunn ex-

plained that Oien went to Florida soon after buying the restaurant and was inspired to rename the establishment after the Florida keys.

The Keys is open for breakfast and lunch on Monday through Saturday, and Hunn said that about 400 customers visit the restaurant each day.

"We get a real mixture of people in here," she said, adding that the customers range from businessmen to truckers to presidents of corporations. "I appreciate their business. I have a very, very, excellent clientele that I'm very pleased with," she said.

Hunn described her customers as being "honest and friendly," partly because she is open and honest with them. "They feel I trust them and it works both ways," she explained.

Watching Hunn work, it's easy to see that she is a trusting, open person. As she moves about her restaurant, she stops often to chat with various customers. As an ex-employee stops to say goodbye, she hugs him and he calls her "mom."

Mike Robertson, a 28-year-old native of St. Anthony Park, visits the Keys regularly because he feels "comfortable and serene" in Hunn's restaurant. Robertson thinks Hunn and all of the Keys employees are the greatest.

"I know all the people that work here, and I love 'em," he said. "Barbara and the others give me the red carpet treatment when I'm here."

The employees Robertson speaks of include two of Hunn's four children, Jean and Celine, who work as waitresses. Most of the other Keys employees have been with the restaurant for at least two years. "We're all very close," Hunn said of her workers. "We're kind of a family."

Part of the family atmosphere that pervades the Keys includes the homemade food that the restaurant features and the customers love. "All of our meals, absolutely everything we make, is made from scratch," Hunn said, proudly, and she should know: she cooks regularly and likes to create her own recipes.

"There's nothing I do not enjoy making—but I have to cook for at least 300 people or I'm not happy."

For Hunn, cooking and working for others is a way of life. In years past, she worked as a nurse at the Commonwealth nursing home. Today, as a mother and a manager, she strives to help others.

"I don't make a lot of money at this job, but it's worth it to me. I love the people, and it's a way of serving them."

Film Premiere

Film in the Cities has scheduled the premiere showing of "Agent Orange: A Story of Dignity and Doubt" on Feb. 28, at the New Educational Center Theatre, College of St. Thomas. A reception at 7 p.m. will be followed by the showing at 8 p.m.



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Stations Offer Stimulating & Individualized Learning

by Joanne Karvonen

Most adults remember sitting at their grade school desks trying to complete a never-ending array of worksheets. While the teacher taught reading to one of the "other" reading groups. That teacher wanted and needed a quiet environment for her reading group; she wanted no interruptions from the students at their desks. The morning was often long and monotonous.

In the second grade at St. Anthony Park Elementary School this problem no longer exists, at least not on Tuesday, Wednesday and Thursday mornings. For the past six years teachers Lois Swartz and Betty Thelander have used an individual-stations approach to occupy and educate their students while the teachers themselves work with small reading groups.

Three mornings a week the second graders, including those in Fran Olson's first and second grade split class, leave their homeroom during reading period and file into the stations room, where they are met by three or four volunteers. After consulting an assignment chart prepared in advance by Swartz and Thelander, the children proceed to their assigned stations, where they have twenty minutes to complete an individualized project.

The room has approximately 15 stations; each presents a specific task to be accomplished. Written directions at each station allow the student to proceed with a minimum of guidance from the adult volunteers.

A visitor to the stations room would find one child standing before a large laminated United States map. Her task is to find and mark state capitols. When she marks the last capitol from her list, she informs a volunteer who checks her work and possibly takes time to discuss geography with her.

Other children are listening to a tape on head phones, after which they might write a story or draw a picture. Another child, faced with a row of seven containers, is arranging them according to their capacity. At a nearby station a budding scientist working with a scale answers questions such as, "How many kernels of corn equal the weight of a pencil?"

Four or five children in the adjoining room are working on learning machines which present various levels of reading, math, spelling and French. A library



Second grader works on her own at a station. Photo by Dave Shippee.

station occupies still other children with film loops and a calculator-type math machine.

Making the station program work requires planning and preparation by the teachers. They

construct or purchase materials for each station; they assign students to stations appropriate to their ability; and every four or five weeks they change all the stations.

Both teachers point out, however, that the program would not work at all if it were not for the volunteers—mothers, fathers, grandparents and other interested adults—who give an hour and a half each week to supervise the project.

The stations provide a variety of hands-on, active experiences for young students, with experiences tailor-made for various ability levels. Furthermore, removing most of the children from the homeroom where reading is being taught helps create a quiet environment for the reading

teacher and students.

The children are enthusiastic about stations. They like the variety of activities, and they find the stations a stimulating change from routine classroom work. In the words of one seven-year-old participant, "Stations are sure a lot of fun."

Student Projects

Students Projects Demonstration Night will be held at Como Park Senior High School on Tuesday, March 3, at 7:30 p.m. After a meeting in the auditorium, participants will tour the school to see exhibits and demonstrations in all departments. The public is welcome with ninth-graders and their families especially invited.

March 1981

St. Anthony Park Association

Edited by Jack Sperbeck, 645-6090

News from Langford

Registration for spring sports will be accepted through March 6. This includes volleyball for grades 6-12 and floor hockey for grades 2-12. Newcombe (beginner's volleyball) will be offered for grades 4 and 5.

Mark April 15 and 16 on your calendar. There will be a free performance of "Jack in the Beanstalk" by the COMPAS performing arts group at Langford Park Recreation Center on April 15 at 7 p.m. It's a family affair and will last about 30 minutes.

On April 16 there will be a free Easter egg hunt for children 10 years old and under. It will start at 4 p.m. Don't stay away if it rains or snows; the event will be held indoors.

If you had children participating in sports during the past year, here's another date for your calendar. March 26 is the recognition athletic banquet. All teams, starting with baseball, softball and soccer from last summer through basketball and hockey this winter, will be honored. The potluck dinner will be held at 6:30 p.m. in the Murray Junior High School Cafeteria.

The Booster's Club would like you to attend their monthly meetings. They're held the last Wednesday of each month at Langford. The Booster's Club and the St. Anthony Park Association sponsor a large share of Langford's athletic programs.

Crime Watch To Start Soon

A Crime Watch program in St. Anthony Park will be implemented early this spring. The program will be coordinated through the association's blockworker system. Blockworkers will contact residents and encourage them to watch for potential criminal activity. Should you see anything that looks suspicious, call the police directly.

Dave Maschwitz, who is coordinating the program, says programs like this have worked well in other communities. Tentative plans are to have the program operating by late March or early April.

There have been about 65 break-ins in north St. Anthony Park since September 1980. They've been scattered evenly throughout the community.

The program will encourage you to improve security in your home by installing good locks and joining Operation ID. If you're interested in getting involved in the program, call Dave Maschwitz at 646-8530.

Como Park Plan Discussed at Feb. Meeting

The proposed \$20 million Como Park Master Plan would be implemented over a five-year period, association members were told at the February meeting. Most of the \$20 million would come from the Metropolitan Council. The presentation was made by the Department of Community Services, Division of Parks and Recreation.

Highlights of the plan include:

- Reducing traffic congestion by restricting access on roads and highways. This will also reduce the effects of commuter traffic on the park and community.
- More offstreet parking, including a parking deck in the zoo-conservatory area. The two-level deck will be landscaped.
- Free parking lots with gates for security.
- A shuttle system from parking lots to the zoo conservatory area.
- A one-way road system around the lake.
- Provisions for handicapped people, including wheelchair access to the conservatory.

March Meeting

Neighborhood trash collection will be discussed at the March meeting. Chip Peterson, a resident of the area near Macalester College, will discuss a program that was implemented in that area. The program involves contracting with a trash hauler on a truckload basis. Potential advantages are fewer garbage trucks in your alley and lower costs.

The meeting is scheduled for Tuesday, March 10, at the United Church of Christ (Congregational), 2129 Commonwealth Ave. Plan to come for a 6 p.m. meal preceding the program. If you are not called for a meal reservation by Friday, March 6, call Barb or Ric Rowe at 645-1862. The usual child care services will be available (at the church for children up to 4 and with the Latch Key at the elementary school for ages 5 through 10).

Remember, we need to have a donation of at least one dollar per child in order to keep offering the child care service.

Seminary To Build Student Housing

President Lloyd Svendsbye of Luther-Northwestern Seminaries met with the association board in February and outlined plans for additional married student housing units at the seminary. An additional 51 units will be built this summer. The board reacted favorably to the plan.

Child Care Running in Red

Costs of child care provided at the monthly meetings are running far in excess of donations. Please use the child care service, but remember to donate one dollar per child. We want to maintain the service but can't afford to keep losing that much money.

Board Meeting

The March board meeting will be at the Don Breneman home, 2344 Chilcombe Ave., Tuesday, March 3, at 7:30 p.m.



1980-81 Board of Directors: President Hal Dragseth, Vice President Steve Wellington, 2nd Vice President Jane Deitl, Secretary Ann Bulger, Treasurer Don Breneman. Directors Ann Copeland, Stewart McIntosh, Robert Schoffner. Address: P.O. Box 80062, Como Station, St. Paul, MN 55108.

Health Clinic Serves All Students

Sandwiched between the school nurse's office and the counselor's office in Como Park Senior High School is a bright and comfortable facility unheard of in the high schools of 20 years ago: a health clinic. It is a place you can go if you think you may be pregnant or wish to avoid becoming so, if you need a tetanus booster, if you think you may be coming down with something more serious than a runny nose, or if you need a football physical.

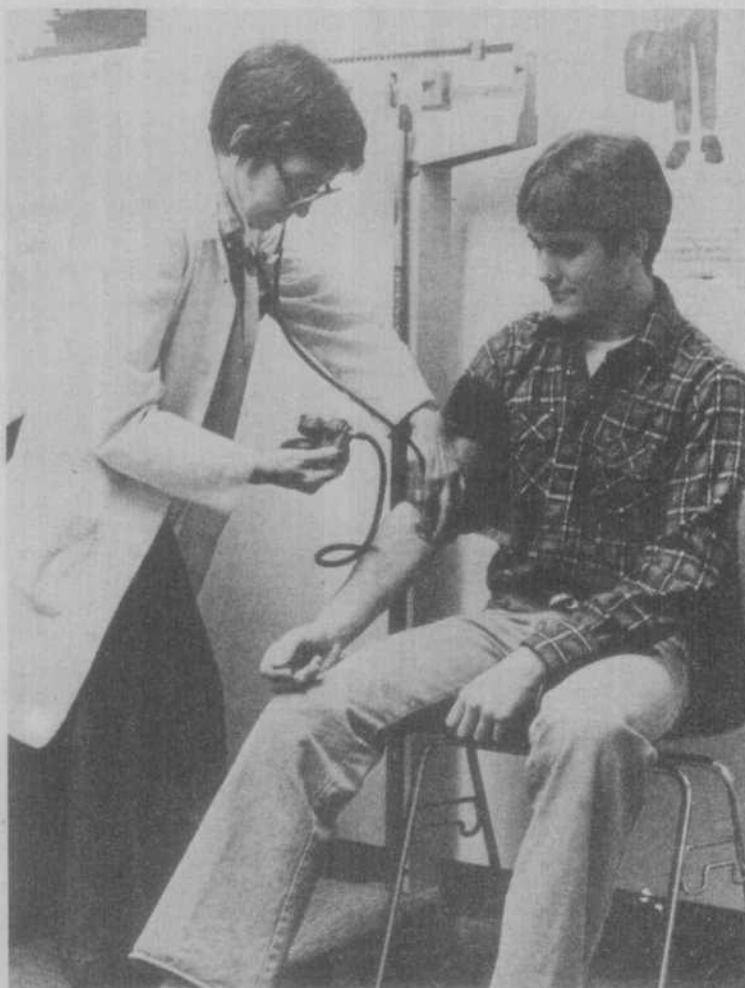
The atmosphere is pleasant but professional. There are examining rooms, offices, the usual medical equipment, plants, and lots of posters, the subjects of which range from population control to Kermit the Frog. It is open from 7:30 a.m. to 4:30 p.m. on weekdays, including school vacations and summer. All students and their families are eligible to use the services, free of charge.

Nurse practitioner Kathy Arnold is in command here. The students who come in for an appointment or who stay to help with the filing seem as ready to joke with her as to tell her their problems. Aiding her either part-time or full-time are numerous other professionals: a social worker, a dental hygienist, a nutritionist and a pediatric nurse associate. St. Paul-Ramsey Medical Center physicians, including an internist, a gynecologist and a pediatrician, hold weekly clinics.

"We are a primary health care center," Arnold said. "We think all our students are benefitting from this program. We see a good cross-section of medical care."

The Como clinic, which opened Oct. 22, 1979, is not the first of its kind in St. Paul. The original opened in Mechanic Arts High School in 1973 after nearly two years of negotiating among administrators, school board officials, faculty, parents and students. It was begun initially to reduce the birth rate among the adolescent population, to reduce absenteeism and dropout rates of student mothers, and to improve the outcome of teenage pregnancies.

Located in a converted broom closet off the cafeteria, that first clinic did not enjoy immediate popularity. Only two prenatal patients were served during the first term. Other health services were added, in an attempt to reduce the stigma of a clinic dealing only with pregnancy.



Student Mike Braun gets his blood pressure checked by clinic attendant receptionist Louise Soby.

The clinic also moved to a larger room. By 1976, when Mechanic Arts closed, nearly half of all students, male and female, were being seen. The dropout rate of student mothers had decreased from 45 percent to 9.6 percent.

The clinic then became two clinics, located in Central and Washington high schools. When the schools were again reorganized, the Washington clinic moved to Como.

Although the services offered cover a broad spectrum, ranging from weight control to drug abuse, teenage pregnancies are still a major concern.

"When someone comes in for birth control, they see the social worker. We ask them to take a good look at what they're doing and whether they're making a good decision, and we discuss all the risks and benefits of the different methods of birth control," Arnold said. "Most of them have been sexually active for at least a year before they come here."

Because community members objected to the dispensing of contraceptives in the schools when the first clinic opened in 1973, they are not dispensed at the Como clinic. Students are instead referred to a special clinic

held at St. Paul-Ramsey hospital and staffed by the same personnel they see at school. Those who receive contraceptives are followed monthly by Arnold or her assistants. All such services are confidential.

In the first seven years of clinic operation in the St. Paul high schools, there has been only one repeat pregnancy among 104 pregnant students. Nationally, the rate of repeat pregnancies among adolescents is 60 percent. According to Arnold, only one mother has failed to graduate.

In its first year, Como clinic logged 3,275 visits; the primary reason for 486 of these was family planning. Immunizations (478) ranked second as the primary reason for attending the clinic. More than 55 percent of the student body were seen that year; that number is expected to increase as students become more familiar with the services. In its final year at Washington, the clinic served more than 80 percent of the school population.

Education is another major goal of the clinic. Pregnant students attend prenatal and parenting classes. An evening series of weight control classes is available for adults and interested students. A new program focusing

Como High

on nutrition, food preparation and healthy lifestyles was instituted this year. Those who wish may attend chemical dependency and adolescent parent support groups.

School principal Bill Funk says that he has heard no adverse community reaction to the presence of the clinic. "It is exceptionally well-run," he said. "Parents say how nice it is to get free physicals. When the state came out with the 'no shots, no school' ruling, it took us a lot less time to meet the requirements than other schools. It's been a bonus. We've had no objections."

Although the school provides space, the clinic is funded by the Family Oriented Primary Care Project. Some of the support services are provided by the St. Paul Maternal and Infant Care

project; both programs are administered through St. Paul-Ramsey. Clinic costs run about \$100,000 per year.

According to administrative assistant Charles Otto, it is unclear whether Reagan administration cutbacks will affect the future of the clinic. Funding is guaranteed through July, he said, and if anything has to be reduced in the next school year, it would probably be the number of hours the clinic is open.

"Anybody with federal funding is concerned," said Arnold. "We're always looking for other funding sources. At least this program gives pregnant girls an opportunity to finish their education. That is a high return in the long run. It ends up saving taxpayers a lot of money."



Kathy Arnold, health clinic director.

Offers Clinic, Day Care

Story and Photos
by Catherine Madison

Day Care Helps Young Mothers Stay in School

High school girls who become pregnant and choose to keep their babies can receive prenatal counseling and medical services at the Como health clinic. They can take child development and parenting classes from Medora Brown in the home economics department. They can attend support groups, both before and after they become mothers.

But what about the babies?



Sylvia Farmer, Como day care center director, and Tommy Florez.

Since Dec. 1, 1980, the babies have been able to attend Como, too. Down the hall from the health clinic is a new day care center for the children of students. Although the current enrollment is about seven, the center may care for as many as eight infants and eight toddlers ranging from six weeks to two-and-one half years old.

In some ways the center is similar to the one that has been operating for several years at Central High School. There are differences, however. According to director Sylvia Farmer, the student parents who attend Central are usually living independently; at Como, most of them still live at home, often with supportive families.

"In both cases it is hard financially," Farmer said. "Our main stipulation for eligibility is that there is no responsible adult at home during the day to watch

the child." The service is free to those who qualify; funds are provided by the welfare department, which licenses the center, and the school system.

Located in an old home economics room, the center is large and well equipped with playthings and art supplies. Lunches come from the cafeteria, and a separate room contains several cribs and a changing table.

Sometimes, particularly when the flu season is at its peak, there appear to be more helpers than children. Student volunteers work one hour per day and are required to have had at least one early childhood development class or some background working with children. The opportunity to put into practice what they have learned is apparently a popular one; Farmer said she plans to institute a limit of three or four workers per hour next trimester.

The mothers are required to spend at least one hour per day working with the children. "One of our main concerns is the parent-child component," Farmer said. "We are teaching a young person taking on early responsibilities how to handle them and how to be independent. There is an 80 percent chance that these students will finish their education and become self-supporting individuals. Even two years after high school, most of them will not have had another pregnancy."



Student Marie Forlita reads to Two-Feathers Deschampe.

Farmer, a sociology major who has specialized in early childhood development and infancy programs, and Liz Rollin, her assistant, implement weekly programs for the volunteer workers. They provide more than a babysitting service.



Jutka Oberfrank, Como student, amuses one of the children.

"I strive to do a lot of stimulating things. We work on textures, visual stimulation, listening abilities and broadening their attention spans. These children are coming from high-risk factors, having very young parents. They need that total overall stimulation to learn," Farmer said. "I don't always see that taking place in home day care centers. Here we can really concentrate on it."

Some of the weekly themes include concepts such as "more" and "all gone" and "loving actions." The workers use games, snacks and play time to emphasize the messages they are trying to communicate. Exercises and baby massage are also part of the program.

Farmer said that other members of the Como staff, such as teachers and counselors, have expressed interest in using the day care center for their own children. "It would be nice to get to the point where we could have an adjusting fee scale," she said. "We've had some raised eyebrows because the fee set by the welfare department is so much higher than in other day care centers."

The welfare department estimates costs at \$12.94 per child per day, Farmer said. At present the service is available only to those who qualify. If school reorganization sends Murray Junior High School's ninth-graders to Como next fall, Farmer predicts an increase in demand. "We are seeing a surge of pregnancies in the junior high age range," she said.

Farmer said she is not worried

about the future of the program. "I don't feel we're going to be threatened by funding cutbacks," she said. "If an established program promotes more dependence on the welfare system, it would be looked on critically. What I see is that we have taught these girls to be independent. Without these intervening services, they would be frustrated and would have no resources to get a job. This way we're doing a good service for the total community."

"Scared, really scared," was how LeAnn felt when, as a high school junior, she found out she was pregnant.

"But I knew I wanted the baby. Abortion never came into my mind," she continued. "It wasn't his fault that I got pregnant. I didn't think I should take it out on him."

Her son Tommy is now a busy toddler at the Como Park Senior High School day care center. His mother spends her lunch hour with him. When he is taking his nap, she quietly rocks another baby to sleep, freeing the center attendants for other tasks.

Now 18, LeAnn sees herself as one of the lucky ones. She will graduate in June, and she plans to marry Tommy's father a few months thereafter.

"I'm really lucky that I see the father of the child steady. He is really helpful and pays for all his clothing. He picks him up every day after school. Some of the girls have to worry about who their kids will look like," she said.

LeAnn used the school health clinic services throughout her pregnancy. "It's nice to go there. They make you feel welcome, and you're not afraid to talk to them about your problems," she said.

Although many of her friends use the various services provided by the clinic, she said that "a lot of people are still afraid that their parents will find out. I worked there during the summer, and I know that's not true."


LeAnn also attends a weekly support group in which she and other young parents can discuss the problems of living on welfare or at home with their families. "We mostly talk about boys, though," she said.

Parenthood has brought no great surprises, LeAnn said, probably because she has had extensive babysitting experience. "it was exactly what I expected. I figure I'll learn the rest as I go along."

She returned to school one week after her son was born. She said she was not subjected to any harassment from fellow students. "No one says anything. They know it might happen to them someday," she said.

LeAnn said she would like to become a beautician after she graduates from high school. Someday she might even like to be a social worker, she added. Also in the future, although not soon, she would like to have one more child.

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The Corpus Christi Women's Guild is sponsoring a Day of Recollection on Thursday, March 12, at the church, 1449 Cleveland Ave. Father Leo Lowley will conduct the spiritual exercises based on the theme "Going to Jerusalem."

Howley, who teaches at the Religious Education Center at St. Thomas College, recently spent five months in Jerusalem studying scripture.

The day will begin with coffee and registration at 8:30 a.m. Following the conference, Mass and luncheon, the program will conclude at 2:30 p.m.

Total cost including lunch is \$5. For reservations call Helen Getten, 636-6977 or Jan Kuhl, 633-8366, by March 6. Women from Corpus Christi, surrounding parishes and churches in the community are welcome.

Seniors to Show Art

by Paula Sebesta

Art work by several residents from Commonwealth Healthcare Center will be shown at the St. Anthony Park Library, March 5 to 27. A reception honoring the participants will be held at 2 p.m. on March 5 at the library. The reception will be cosponsored by the nursing home and the library. Refreshments will be served.

Residents participating in the art show are Cora Winton, Oscar Schaffer, Nick Koep, Eleanor Bernsten, Myrtle Panchot, Ann Baragary, Ruth Masterman, Leonia Goodman, Lee Schintz, John Jacky, Marian Pell, Mary Lou Rosecrans and former resident, Pilar Aguilar.

One of the principal exhibitors will be Oscar Schaffer. During warm weather Park residents can usually spot Oscar on the patio of Commonwealth Healthcare Center caring for the plants and flowers. Oscar has written a poem about flowers.

My favorite affair is flowers
They feel so soft and kind
If one could add a day of hope
I'd buy an infinite bouquet.

These sentiments are also expressed in Oscar's paintings of flowers, his favorite subject.

The community is invited to the art show and reception.

(Paula Sebesta is activity coordinator for Commonwealth Healthcare Center.)

World Day of Prayer will be celebrated Friday, March 6, at 10 a.m. at the St. Anthony Park United Church of Christ. This ecumenical service is planned by St. Cecelia's and Corpus Christi Catholic churches, St. Anthony Park Lutheran Church, St. Anthony Park United Church of Christ and St. Anthony Park United Methodist Church.

This service is open to the public and coffee will be served following it.

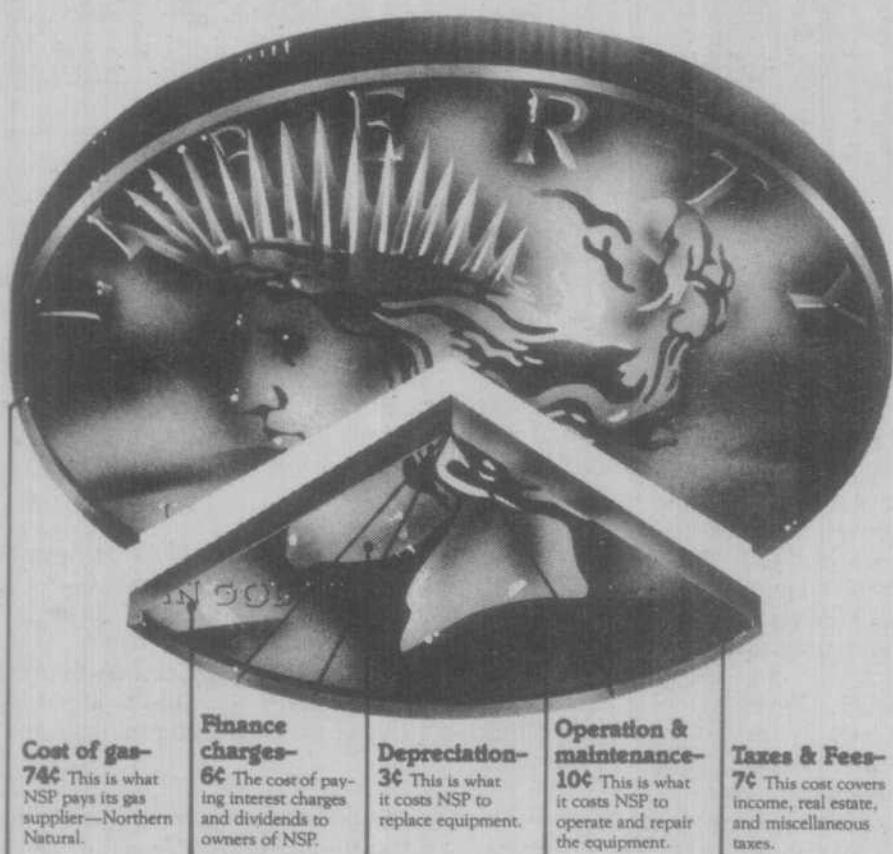
World Day of Prayer is sponsored nationally by Church Women United, carrying on a tradition begun in 1887 as a day of prayer for missions. CWU makes grants to support projects in this country and other countries related to issues identified in the People's Platform for a Global Society: food, human rights, shelter, health, education, environment, family stability, employment, justice and peace.

Auditions

The St. Anthony Park Drama Club is preparing two one act plays for production during the June festival. The plays are "Village Wooing" by George Bernard Shaw and "Fantasy of Colors" by James Ashworth, a Park resident.

Auditions will be held March 8, 2-5 p.m. and March 9 and 10, 7-9 p.m., at a place to be announced. Copies of the plays will be available at the library.

Natural gas prices are rising. And here's where those dollars are going.



Before the 1978 National Gas Policy Act became law, gas producers were required to keep a ceiling on the prices they could charge interstate pipeline suppliers (such as Northern Natural) and distributors (such as NSP). The gas producers argued that those regulated prices didn't allow enough capital for them to find new gas supplies.

Congress agreed and passed the National Gas Policy Act. It allows gas producers to charge higher prices that will provide them with the necessary funds to explore and develop new resources.

Northern Natural Gas is the company that supplies natural gas to NSP. During the past year, Northern Natural received permission from the Federal Energy Regulatory Commission to increase the cost of the natural gas it sells to its distributors, including NSP. NSP then passed this increase along to its natural gas customers.

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Building Named After 80 Years

by Jim Brogan

Until early this year the familiar two-story brick building at the intersection of Como and Carter Avenues in St. Anthony Park has sported a variety of assumed names. Referred to most recently as "the Bridgeman's building," or "the Bibelot" after two of its better-known tenants, the structure has survived almost 80 years without ever having an official name of its own.

On Jan. 16, however, the current owners, a group of local businessmen who bought the building in 1973, christened it the Charles Evenson building after the man who originally had it constructed at the turn of the century.

Charles Evenson was a druggist, and it is a testimony to the strength of his influence that his building continued to house a drugstore long after he passed away. It also housed a restaurant for a number of years, and in 1916 it served as the temporary headquarters for the St. Anthony Park Bank while that institution's own building was under construction.

der construction.

The naming of the building was calculated to coincide with the completion of some recent remodeling on the second floor. Joe Michels, an architect and part owner of the building, held an open house to show friends and interested persons the results of his work. The space, which had previously served as offices for doctors and dentists, and more recently the Minnesota Dairy Association, is now being shared by Michels and three attorneys, Steven C. Ahlgren, Kenneth G. Shivone and Julian Zweber.

What Michels describes as "opening up the entryway and trying to create a more attractive space" is characterized by use of wood interiors in combination with selective attention to the concrete and brick of the building's original structure. People passing by the street entrance on Carter Avenue will notice the use of wood and glass in the new front door. With a small effort, one may envision the many improvements inside. Charles Evenson, were he alive today, would surely be pleased.

Piano & Flute Recital

Susan Leitzke and Marty Butorac, students at Lawrence University, Appleton, Wisconsin, will present a program of flute and piano music on Sunday, March 22, 8 p.m., at St. Anthony Park United Church of Christ, 2129 Commonwealth Ave.

Leitzke is a graduate of Murray High School and has studied flute with Mary Roberts Wilson and Ernestine Whitman. The program will include selections by Baroque and French composers.

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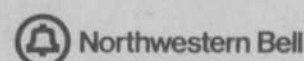
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Cougar Wrestlers: 'A Great Season'

by Peter Wehrwein

Where competitive sports are concerned, Como Park Senior High School is one of the smaller kids on the block. The football team had to earn its two wins

and live with its six losses. The basketball team had a comfortable residence in the league's basement. Hockey has played to a modest .500 record. When home takes the field at Como, it is rare when Cougar fans are

anything more than wishful and appreciative.

This year's wrestling team, however, is different. Heed the 7-1 conference record, the 12-1 overall record and the oft-repeated

phrases of coach Wayne Hopkins: that he has "never had such a winning attitude before" and "as a whole it has been a great season" and "we want to be number one, no other place." Not only is this group winning; five members of its twelve-man varsity team are St. Anthony Park residents, and three Park residents are on the junior varsity squad.

At a recent meet, junior Garth Willis, 2267 Commonwealth Ave., handled his opponent with ease. The 23-2 score was an accurate reflection of a one-sided match in which the loser, from Hill-Murray, lagged behind Willis in both skill and strength. The only advantage he had was Willis's asthma, afflicting him for the first time this season.

It is not always so easy. Because so many wrestlers "suck weight" (otherwise known as dieting) in order to qualify for the 119-pound division Willis wrestles in, he often is wrestling with excessive brawn. His 14-2-1 record is the result of five years of experience plus lessons learned from three wrestling brothers.

"I don't know (why I like wrestling)," he said. "It makes you part of something. Wrestling is the only sport where somebody doesn't have to be 6'2" and 280 pounds to be good."

Junior Frank Jensen, 2376 Bayless Place, won his match 7-3. If wrestlers go outside the 30-foot boundary circle, the referee calls them back to the center to begin again. Jensen's opponent, who was something of a "fish" in wrestling parlance, struggled mightily for this border. Like a boxer going into the clinches, it saved him from wrestling's knockout, the pin, and gave him a few seconds' rest. Jensen seemed to tolerate this outward-bound squirming but allowed little respite after it was reached. Back at center, he was intent upon winning.

Mike Humphrey, 2121 Scudder St., looks like a wrestler—crew-cut, compact shoulders, bulging biceps, long arms, short legs. One can almost hear experts praising his low center of gravity. The basis of wrestling seems to be leverage, or pulling up or down on one end of the limb so the other end will eventually make its way to the mat. Humphrey is a short lever, it appears, and harder to turn in any direction because of that. He has a 14-2 record.

The 155-pound junior had the best opponent that night and

won 6-2 in the most exciting match. When one wrestler "rides" another for most of the three two-minute periods, a match is tedious. But when they tussle, as Humphrey and his opponent did, it is easy to feel the urgency and excitement. Humphrey remained nonchalant, collected; where Jensen trotted, Humphrey ambled.

"Average, not my best," was his description of the match. "Sometimes your mind just isn't in it. They (Hill-Murray) are not a very good team and it takes a lot to get psyched."

The other two Park wrestlers did not compete that night. Dave Johnson, 2251 Hillside Ave., has an 11-5-1 record; his 185-pound division match was forfeited by the other team. A rookie, Johnson says he likes wrestling because it "is a sport that is one-on-one. If you lose there is nobody else to blame."

Because he had cauliflower ear, Mike Braun, 954 Cromwell Ave., was sitting in the stands. He has a 9-3 record and a 73 percent success rate in scoring the first takedown, a variety of moves used to take an opponent off his feet and down on his back. Braun said the first takedown gives him an "upper psychological edge" that goes to the credit of 90 percent of all winning wrestlers.

The Park people who wrestle on the junior varsity squad are Jay McClure, Mark Testor and Bob Crosby. McClure and Crosby are juniors; Testor is a sophomore.

The Cougars will be participating in the regional meets on the last two weekends in February. The state championship meet is held March 5 through 7 at the St. Paul Civic Center.

Atlantis Lectures

Dimitri Tselos, 1494 Branstion St., will teach a non-credit course on Atlantis, the lost continent, at the University of Minnesota, March 31-May 6.

The course, entitled "The Fabulous Island Continent Atlantis in Fact and Fiction" will consist of six lectures, illustrated with slides. Registration is required in person (101 Westbrook Hall) or by mail (forms available at 111 Coffey Hall, St. Paul campus).



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by Kathy Egerton

This month's Friends and Neighbors meeting, Tuesday, March 3, 2-4 p.m., will feature Randy Wall playing the piano and singing ragtime and native songs.

Similar announcements for monthly Friends and Neighbors meetings appear frequently in the *Bugle*. But what exactly is this organization, and who are its members?

Friends and Neighbors is a unique group of Lauderdale residents ranging in age from 65 to 85. Approximately 25 members meet each month at Lauderdale

City Hall for both recreational and informational meetings.

According to president Margaret Dynan, musical performances and sing-a-longs are popular, as are card parties. Other special programs feature presentations by individuals, such as University of Minnesota Faculty members who have traveled to a foreign country and are willing to share their slides and experiences.

Friends and Neighbors has also sponsored health programs and medical screenings. Company representatives from Northwestern Bell and Northern States Power have spoken to the group.

An active community organization, Friends and Neighbors is indeed a neighborhood group.

Most of its members live within five blocks and walk to the meetings. Even if you live outside the area, new members are always welcome!

Other upcoming events:

- Wednesday, March 4 and 18: Ramsey County Library preschool story hour, 9:30 to 10:30 a.m.
- Wednesday, March 18, 6:30 p.m. Civic Club annual meeting. All members are encouraged to attend.
- Saturday, March 14, 8 p.m. Civic Club card party. Admission is \$1.

All of the above events will take place at Lauderdale City Hall.

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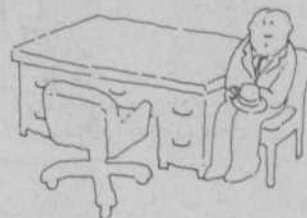
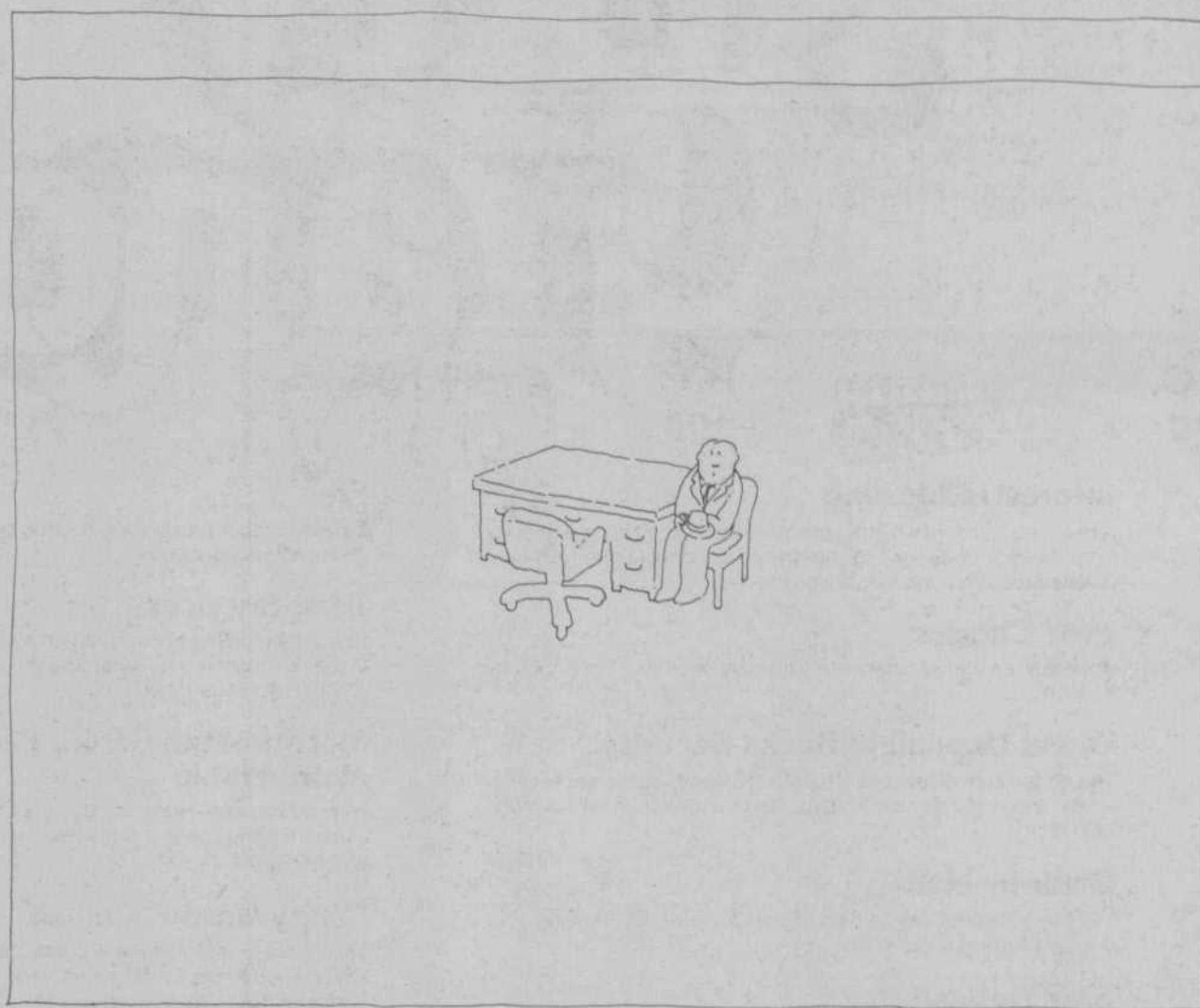
Michelle Nicolette, a St. Anthony Park resident and early childhood educator, will be conducting Saturday story hours at the St. Anthony Park Library on March 7 and 14 at 10 a.m. Nicolette will include a Charlie Brown puppet show on March 7, when the theme of the program will be "Magic." The following week she will center activity around St. Patrick's Day. The library staff will continue to offer Wednesday morning story hour at 10 a.m. throughout the month.

Oliver!

"Oliver!" will be presented at Murray Magnet Junior High School, Thursday, Friday and Saturday, Feb. 26, 27, and 28 at 7:30 p.m. in the school auditorium. The production is directed by Murray music teacher, Felix James and staged by Max Metzger, well-known in St. Paul theatre circles.

James says "Oliver!" will be the first of a series of musicals to be produced by the school. Students in the cast include Julie Libera, Kim Sturm, Mike Merry, Steve Parizek, Mary Jo Tischler, Tyson Conner, Heather Kelsey, Julie Johnson, Jeff Beattie, Shelly Wethammer, Carla Baron, Tim Poor, Kathy Green, Barb Pfankuch and David Scamp. Joe Kudla, professional actor, will play the role of Fagin.

Tickets will be \$2 for adults and \$1 for students.



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CLELAND:

continued from page 4

Her children decided to support her in that wish. It was possible only because Burton, who lives in the area, was willing to provide coordination.

There was a joyful reunion when Mother came home that Thanksgiving. Scott Cleland, her grandson, had moved into 2090 to "housesit," joining Teferi. Aunt Mabel returned from St. Louis to help. Burton installed special stair railings for Mother's use going up and down stairs. Our family drove from Ann Arbor to cook the turkey dinner, picking up Bob in Chicago on the way.

Aunt Mabel, Scott and Teferi stayed on. After Christmas a college student moved in to work for room and board. Five bedrooms were now in use, with each of the other four people a factor in Mother's support system.

The big house had a new lease on life, a new mission. It could take on five people of diverse lifestyles, ages, habits and motivations, and they could live their own lives. Yet Mother's needs were met, with each of the others providing something special.

With variations, this arrangement of support continued for three years. Aunt Mabel gave an enormous amount of help, moving back to St. Louis only when Mother's continuing care was assured. Agnes Chik, a home economics senior from Hong Kong, replaced the first student and stayed for a year, providing "Grandma" the quality of respect and solicitude valued in Chinese culture. Scott was the resident humorist for a long time, a great buddy for his grandmother and seemingly never too impatient to

repeat again and again who was coming for dinner and who would cook it.

Romance flourished and Teferi moved out to marry Agnes, who by then was working in another city. Later Agnes and Teferi came back, and currently Agnes is Mother's primary caregiver. Their baby daughter Duretti has won Mother's heart.

While the house has provided space for this special form of care for an aging person, the point could be carried too far. Mother herself "cast bread upon the waters" by caring for her parents and her husband in their final years and by cultivating a wide support system of friends, neighbors and relatives. She is reaping the benefits.

Mother has needed occasional trips to the hospital for management of a chronic disease, and how many more times she will be able to return to 2090 is not at all certain. However, no one can take from her the past three years in her own beloved home. She is a content person, enjoying company, responding to humor and holding her own in an occasional bridge game.

The 43 years at 2090 Commonwealth represent exactly half of Mother's life. The old house has served her well all these years.

Polly Cleland Helmke now lives in Ann Arbor, Michigan.



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ST. ANTHONY PARK'S COMMUNITY CALENDAR

Items for the Community Calendar should be sent to District 12 Council, 2380 Hampden, St. Paul, 55114, by the 15th of the month. They should state event, date, place, time; please include your name and phone number.

February

Wednesday/25

District 12 Human Services Committee meeting, 2380 Hampden, 7 p.m.

Langford Booster Club meeting, 7:30 p.m.

Thursday/26

Housing Task Force meeting, 2380 Hampden, 7 p.m.

Musical "Oliver!" Murray Magnet School auditorium, 7:30 p.m.

SAP FOODS Board Meeting, at SAP Too, 7 p.m.

Friday/27

Puchinello Players—"A Hatful of Rain", North Hall Theater, St. Paul Campus, 8 p.m.

Musical "Oliver!" Murray Magnet School auditorium, 7:30 p.m.

Saturday/28

Puchinello Players—"A Hatful of Rain", North Hall Theater, St. Paul Campus, 8 p.m.

Boy Scout Paper Drive, curb pick-up North and South St. Anthony Park, and drop off at parking lot on Como and Commonwealth.

Musical "Oliver!" Murray Magnet School auditorium, 7:30 p.m.

March

Monday/2

Birthday dinner, American Legion Post #34, 6:30 p.m. St. Anthony Park Lutheran Church

Tuesday/3

St. Anthony Park Association Board Meeting, 7:30 p.m.

Thursday/5

Reception for opening of Commonwealth Health Care Center Art Show, Branch Library, 2:00 p.m. Show continues until March 27.

Physical Committee meeting, 2380 Hampden, 5:00 p.m.

Friday/6

NO SCHOOL—St. Paul Public Schools.

World Day of Prayer, St. Anthony Park United Church of Christ, 10 a.m.

Sunday/8

Auditions for SAP Drama Club 1 act plays, location to be announced, 2-5 p.m.

Annual Unit 8 League of Women Voters Fundraiser, 1452 Hythe, 6:30 p.m.

Monday/9

Auditions for SAP Drama Club 1 act plays, location to be announced, 7-9 p.m.

Tuesday/10

NO SCHOOL St. Anthony Park Elementary School.

St. Anthony Park Lion's Club, Copper Dome on Como Ave., 12-1 p.m.

St. Anthony Park Association Dinner, United Church of Christ 5:45 p.m.

Auditions for SAP Drama Club 1 act plays, location to be announced, 7-9 p.m.

Wednesday/11

NO SCHOOL—SAP Elementary School.

District 12 Community Council meeting, 2380 Hampden 7 p.m.

Thursday/12

PTSA Board meeting at SAP Elementary School, 7:30 p.m.

Crimewatch meeting, Lutheran Church, 7-9 p.m.

Friday/13

NO SCHOOL—St. Paul Public Schools.

Sunday/15

Turkey dinner, St. Cecilia's Church, 11:30 a.m.-4:30 p.m., Cromwell and Bayless Avenues.

Monday/16

BUGLE DEADLINE

SSAP Booster Club, Activities Room of Rec Center, 7 p.m.

League of Women Voters meeting Unit 8, "CMAL-Metro Decision Making Consensus", 1840 Asbury, 645-8814, 7:30 p.m.

Sunday/22

Music in the Park Concert, Kathleen Winkler-violin-Deborah Berman-piano-, United Church of Christ, 2129 Commonwealth, 4 p.m.

Flute/piano recital, Susan Leitzke and Marty Butorac, 8 p.m., St. Anthony Park United Church of Christ.

RECYCLING North and South St. Anthony Park.

SAP Lion's Club, Copper Dome on Como Ave., 12-1 p.m.

Wednesday/25

Human Services Committee meeting, 2380 Hampden, 7 p.m.

Child Sponsored

The South St. Anthony Park Association, Sherman Eagles and Sue Conner are co-sponsoring a child from Northern Ireland for the summer. The child will live in the Eagles/Connor home for five weeks. Air fare and related expenses are expected to be \$500-\$600.

Financial contributions are being sought; checks made out to "The Children's Program of Northern Ireland, Inc." may be sent to Eagles/Connor, 980 Hampden Ave., St. Paul, 55114.

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GROUP HEALTH: continued from page 1

Alice Gilyard moved to the Dan-
ebo Home on West River Road
when the home closed last year.
What she misses most is St.
Anthony Park. She exclaimed,
"It was such a good location and
I sure miss it. I can't go to my
church in St. Anthony Park any-
more although I'm still a mem-
ber there. There was so much
going on at our home, like carol-
ers at Christmas time and a
woman who read to us each
week."

Gilyard especially enjoyed the
variety of people she lived with
at the Eustis Home. "I miss the
people. Everybody here is old,
and we're so far from every-
thing," she said.

A number of blind people, both
residents and outsiders, expressed
their belief that the home was
intentionally phased out over the
past several years by the Federa-
tion and then closed on the
grounds of low occupancy. Ar-
chie Erickson, who led a cam-
paign to save the home, said the
Federation didn't recognize the
home's worth as a center for
Twin Cities blind people.

Erickson said, "There were activ-
ities for the blind there that
didn't go on anywhere else and
now don't go on at all. We had
plans for a jogging and bicycling
track on the land. People who
lived elsewhere were always wel-
come there."

However, a majority of Federa-
tion members voted in Decem-
ber 1979 to sell the home and use
the money for other purposes.
According to Joyce Scanlan,
president, a broader blind popu-
lation will benefit from the sale.
She and a group of other Federa-
tion members designed the pro-
gram that is determining how
the proceeds will be spent.

Activities that will be funded by
the sale of the home include pro-
viding consultant services to the
blind and those involved with
the blind, working with nursing
home administrators and staffs
to ensure fair and proper treat-
ment of the blind and advocat-
ing for blind people who have
civil rights problems.

Health Festival

A free health festival is sche-
duled for Feb. 25 and 26 at the
University of Minnesota, Min-
neapolis Campus. Workshops
and exhibits will show partici-
pants how their lifestyles today
can affect their health in the
future.

Festival hours are 11 a.m. to 4:30
p.m. on Feb. 25, and 11 a.m. to
2:30 p.m. on Feb. 26.



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AA: St. Anthony Park group meets
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MARCH 1981



Park Bugle



And they're off!...
Langford Four-Mile Run.
Photo by Dave Shippee.
See page 6.